



**Egg Artists Raise Funds for Shriners Children's Hospital**  
PAGE 2

**Citrus Heights Chuck E. Cheese Gets a Makeover**  
PAGE 11



# Citrus Heights Messenger

VOLUME 14 • ISSUE 8 Serving the City of Citrus Heights & Sacramento County FEBRUARY 23, 2024

**SEE INSIDE**

## MealPro Makes A Move

## Sacramento New Home Sales Start With a Bang

*North Side Building Industry Association News Release*

**SACRAMENTO, CA (MPG)** - New home sales in the greater Sacramento area started off with a bang in January, fueled by continued strong demand, a scarcity of existing homes for sale and declining mortgage interest rates, the North State Building Industry Association reported today.

BIA members sold 580 new homes during the month, which is 40% higher than December, 32% above January 2023, and 28% higher than the average January in the region.

Chris Norem, the BIA's political director and senior policy advisor, said the robust sales totals should bode well for the home-buying public in the region.

"New homes continue to hold a larger-than-normal share of total sales because they offer high-quality options and because builders can provide incentives such as mortgage buy-downs that aren't available when you're buying an existing home," he said.

"We'd also like to thank Sacramento County officials for working with us to lower their water connection fees for apartments and other multifamily housing options. One of the best ways we can continue to tackle the housing crisis is to reduce unnecessary building fees, and more jurisdictions need to be open to taking a fresh look at whether their fee programs are truly necessary as the regional average is already approximately \$100,000 per home. The only way to restore affordability is to reduce fees and incentivize builders to build more homes to meet the ongoing need."

As always, communities in Sacramento and Placer counties accounted for the vast majority of sales, with 259 sales reported in Sacramento County and 218 in Placer. Roseville saw the highest number of sales of any submarket with 147, followed by Elk Grove, Sacramento, Rancho Cordova, and Lincoln. (See below for detailed charts.)

The BIA's sales figures cover nearly 190 active new home communities in Sacramento, Placer, Yolo, El Dorado, and Yuba counties. ★

**WE SUPPORT OUR MILITARY**

**100 WAYS TO OVERCOME SHYNESS**



PAGE 5

**A BIG MESS**  
By Dave Ramsey



PAGE 9

**PROP 1: A TALE OF MORE EMPTY PROMISES**



PAGE 11



MealPro CEO Andy Sartori. Photo courtesy of MealPro

By Thomas J. Sullivan

MealPro, a market leader in providing nutritionally-balanced, prepackaged meals, based in Citrus Heights, recently announced its strategic acquisition of Folsom-based KidneySoft, an online platform specializing in meals, resources and information for chronic kidney disease patients.

KidneySoft, founded in 2022, first partnered with Citrus Heights-based MealPro in April 2023 to offer pre-packaged specialty renal meals designed by a nephrologist and renal dietician to meet the specific needs of patients with chronic kidney disease



The exterior of the MealPro headquarters at 7433 Greenback Ln. Photo courtesy of MealPro

stages 1 through 5.

"We are thrilled to integrate KidneySoft into our platform," said MealPro CEO Andy Sartori. "We've been partners with KidneySoft for over a year and they have helped build

our medical meals division, so it just makes sense to bring them into our family," Sartori said.

News of the acquisition was reported publicly by MealPro on January 30th. Financial terms of the sale

were not disclosed.

The acquisition of KidneySoft by MealPro brings together MealPro's culinary and nutritional expertise with KidneySoft's educational prowess, Sartori said. Integration of the two companies' separate web and social media platforms is underway, he said.

Founded in 2018, MealPro, headquartered at 7433 Greenback Lane, in Citrus Heights, has been at the forefront of delivering nutritionally-balanced, ready-to-eat meals tailored to the specific health concerns of each individual customer.

The new alliance  
*Continued on page 9*

## City Council Proclamations Include Black History Month

By Shaunna Boyd

**CITRUS HEIGHTS, CA (MPG)** - At a recent meeting, the Citrus Heights City Council issued a proclamation recognizing February as Black History Month. Councilmember MariJane Lopez-Taff read the proclamation and explained that since 1926, Black History Month has served as a time to recognize the heritage and achievements of African Americans. This year's theme is African Americans and the Arts, said Lopez-Taff, "which showcases the historical and contemporary influence African Americans have made in the areas of visual and performing arts, literature, fashion, folklore, language, film, music, architecture, culinary, and other forms of



The City Council recognized February as Black History Month, honoring African Americans for their artistic contributions to society. (Left to right) City Manager Ashley Feeny, Councilmember Tim Schaefer, Vice Mayor Jayna Karpinski-Costa, Mayor Bret Daniels, Councilmember MariJane Lopez-Taff, and Councilmember Porsche Middleton. Photo provided by the City of Citrus Heights

cultural expression."

African Americans have given "valuable and lasting contributions to our community, through an abundance of artistic mediums that empower one

another and uplift our communities in social, spiritual, political, and economic spaces," read Lopez-Taff. "As a result of their determination, hard work, and perseverance, African

Americans have merited exceptional success in all aspects of society."

Lopez-Taff said the Council encouraged residents to reflect on the  
*Continued on page 3*

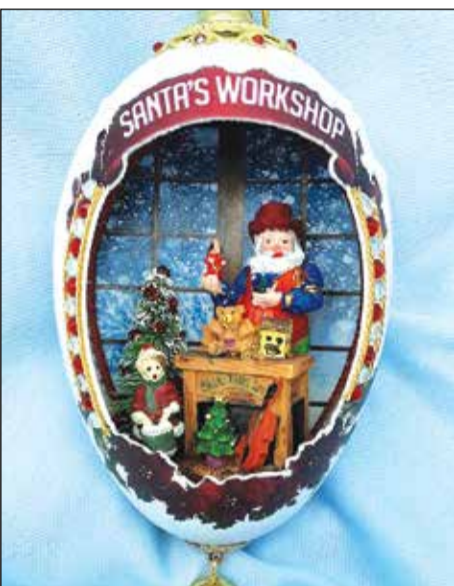


Scan our QR Code for a direct link to our online edition!

PRESORTED STD.  
US POSTAGE  
PAID  
PERMIT 350  
Carmichael, CA  
OR CURRENT  
POSTAL CUSTOMER



# Egg Artists Raise Funds for Shriners Children's Hospital



These eggs and more will be featured in 11 classes on making egg art. Preregister for the classes at [www.norcaleggshow.com](http://www.norcaleggshow.com) or Northern California Eggstravaganza on Facebook. Photos courtesy of Diana Macias

By Carol Feineman

**SACRAMENTO REGION, CA (MPG)** - Local fine artists are invited to be in the 32nd annual Northern California Eggstravaganza Egg 'N' Art Show and Sale that benefits the Shriners Children's Northern California hospital for children in Sacramento.

The show and sale runs from April 12 to April 14 in Elk Grove. All proceeds from the event go to the Shriners Children's prosthetic department.

The Northern California Egg Artists ran the show as a club activity for years and Diana Macias, a club member and a Wilton egg artist, now

organizes the show.

Macias expects that a few hundred eggs will be on exhibit from regional and national artists at the event.

"Some people have never seen egg art and they will be surprised and astonished to see what can be done with an egg and the types of art possible with eggs," Macias said. "It's not what you think when you think of dying eggs for Easter eggs; it's real fine arts. Everything that artists have done in art, all of those arts can be done on an egg. There's no limit to what you can do."

According to the Library of Congress, egg art is one of the oldest

decorative arts. In 2010, a University of Bordeaux (France) team led by Pierre-Jean Texier found etched ostrich eggs in South Africa dating back 65,000 years ago.

Each year, egg artists at the Northern California Eggstravaganza Egg 'N' Art Show and Sale donate artwork that will be raffled with all proceeds benefitting the children's hospital. Show genres include porcelain, carving, beading, jewels, miniaturists and sculpting.

Last year's show in West Sacramento included artists from Berkeley and New York, Texas, Washington and Idaho. This year's show will be in Elk Grove's SES

Hall, with artists from throughout the United States, according to Macias.

Public viewing hours will be from 10 a.m. to 5 p.m. April 13 and from 10 a.m. to 3 p.m. April 14. Admission is free. The SES Hall is at 10428 E. Stockton Blvd., Elk Grove.

While finding out more about egg art, viewers can also learn more about the Shriners Children's Hospital. Shriners volunteers will provide pamphlets and signage about the nonprofit hospital and answer questions.

Event attendees can also make egg art at a "learning table" for \$5 with all proceeds going to the Shriners Hospital. The learning table will be

open from 11 a.m. to 1 p.m. on April 12 and April 13. Children at least 6 years old up to adults can work on the projects designed for beginners. All materials are supplied.

Eleven classes on making different types of egg art will also be offered April 12 to April 14. Class preregistration is required at [www.norcaleggshow.com](http://www.norcaleggshow.com) or Northern California Eggstravaganza on Facebook.

Artists and the public can contact Macias for more information about the upcoming Northern California Eggstravaganza Egg 'N' Art Show and Sale at [leggantdesigns@frontier-net.net](mailto:leggantdesigns@frontier-net.net) or at 916-230-9811. ★



**cogir**  
STOCK RANCH  
SENIOR LIVING



**Offering AWARD-WINNING Independent and Assisted Living!**

Cogir of Stock Ranch is proud to announce our 2024 Best of Senior Living All Star Award.

Experience the difference with an exclusive tour.



**CALL DALE MASTERS AT (916) 603-2930**



# City Council Proclamations Include Black History Month

*Continued from page 1*

“challenges and triumphs of African Americans and look ahead to improve society so that we live up to the ideals of freedom, equality, and justice.”

The Council also recognized Diane Ebbitt-Reihle for her service as executive director of the Citrus Heights Chamber of Commerce, as she recently stepped down from that role to take a new position as the district manager for the Carmichael Improvement District.

Councilmember Tim Schaefer read the proclamation, which detailed Ebbitt-Reihle’s service at the Chamber in her position as executive director since 2020 and serving on the Chamber Board for many years before that.

Ebbitt-Reihle built and maintained relationships with Chamber stakeholders and the community, organizing ribbon cuttings, mixers, luncheons, and events. She was a valued partner with the City’s Economic Development Department, helping to implement programs to assist businesses with COVID-19 support and recovery. And she was instrumental in the creation of the Best of Citrus Heights program, which celebrates local businesses in 40 different categories.

Ebbitt-Reihle’s “outstanding service and commitment to the City of Citrus Heights, her strong support of the Citrus Heights business community, and her love for and devotion to our community have made Citrus Heights a better place to live,” read Schaefer, and he wished her “great fortune on her



Diane Ebbitt-Reihle was honored for her work as executive director of the Citrus Heights Chamber of Commerce by the City Council and members of staff. Photo provided by the City of Citrus Heights

new endeavors.” Ebbitt-Reihle accepted the proclamation, and said leaving that position was “a very hard decision,” but she couldn’t turn down the offer of higher pay. She said she truly enjoyed working with the City of Citrus Heights and its business owners, so she has now moved into a home in Citrus Heights to stay connected to the community. She looks forward to joining her local neighborhood association and attending Council meetings as a Citrus Heights resident.

Councilmember Porsche Middleton said she knew when Ebbitt-Reihle started as executive director “we had something magical in you. You were so proactive and instrumental, in my opinion, in reactivating our businesses during a time when things were just haphazard.” She said

Ebbitt-Reihle’s creativity made a significant impact on the city.

Councilmember Lopez-Taff said, “I know how hard you worked, and you gave your all to the Chamber...The energy that you brought to the job; it wasn’t just a job to you.”

Mayor Bret Daniels said, “Your fingerprints are all over Citrus Heights...so the impact that you’ve made will live long, live on forever in so many different things, so many different events.”

The final proclamation recognized City Attorney Ryan Jones for his promotion to colonel with the California Air National Guard. Jones graduated from University of California Los Angeles, before beginning work on Capitol Hill with the U.S. Senate Judiciary Committee. He attended

Pennsylvania State Dickinson School of Law, and was selected for direct appointment into the U.S. Air Force Judge Advocate General’s (JAG) Corps. Jones was stationed for four years at Charleston Air Force base in south Carolina on active duty in the legal office and as Area Defense Counsel.

After leaving active duty, Jones remained affiliated with the Air Force as a reservist and member of the California Air National Guard, where he is currently the staff judge advocate at the joint force headquarters air component, providing legal counsel to adjunct generals and other senior leaders. Jones is responsible for the oversight of legal matters involving five wings and over 4,800 military and civilian personnel serving at 10 locations in California.

Mayor Daniels commended Jones for his promotion and said his “judicial integrity, exceptional character, commitment to selfless service to the United States of America and the state of California has significantly contributed to excellence in City legal representation, providing solid foundation and infrastructure for its residents.”

City Attorney Jones accepted the proclamation and said, “I really appreciate working for a city and a City Council that’s so supportive of the military, in a community that’s so supportive of the military. It’s my pleasure to work for the military, but my main job is to do this — is to be here and serve the people of Citrus Heights. So, I’m really grateful for that, and grateful that I can do a little bit of both, and

you’re willing to honor that and respect it.”

Councilmember Middleton grew up with a father in the military, so she said she knows “the dedication it takes to get here...I am so very, very proud of you for doing that. And so proud that you are part of our City Council.”

Councilmember Schaefer said that the role of the city attorney is to give good advice that keeps the City out of legal issues, in order to protect the City’s financial security: “There were some times when it was really tough, and we’ve had to make some really difficult decisions, and we’ve enjoyed Ryan’s guidance through that.”

Mayor Daniels thanked Jones for his legal work for the City, and especially his work for the California Air National Guard: “Thank you for its impact on America’s freedom.” ★

★ **Ray Riehle**  
**US Congress**  
[RayRiehle.com](http://RayRiehle.com)



**It’s all about the economy!**  
**One bag of groceries costs nearly three times what it did just a few years ago. Inflation forces us to pay more for food, fuel, housing, and healthcare. We spend billions of dollars to address homelessness, yet we see more people on the streets every day. Failed policies and out of control spending created this crisis, It will take thoughtful policies to resolve our problems.**

**Are you better off today than you were 2 years ago?**



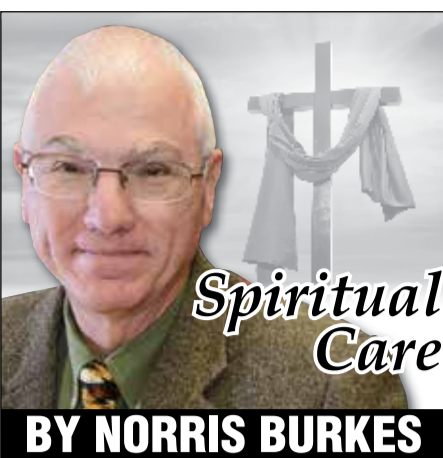
**If you want real change vote for Ray Riehle on March 5, 2024.**



**I’m committed to serving you because Riehle (Really) Great leadership and values matter.**



# Something Stinks? Is it I?



Yes, apparently when it comes to spiritual care, oral cleanliness is next to godliness.

Lisa continued her teaching moment. "We work in close quarters," she said, struggling to smother her erupting smile.

"Chaplains often whisper to nursing staff and lean close in their patient visits. These patients may be sensitive to certain odors, so please make sure you are well acquainted with these products."

I can tell you we all searched the faces around the table, wondering which chaplain inspired Lisa to bring the toothbrushes.

Was it our Catholic priest who drank too much coffee?

Was it I, the one who loved the cafeteria onion rings?

Was it the new intern snacking on tuna crackers?

We all had a side-splitting laugh over Lisa's artful presentation of such a personal matter, but I couldn't help but remember a gathering of 12 — the Last Supper when Jesus predicted one of his disciples (Judas) would betray him.

Like the disciples who muttered, "Is it I, Lord?" we chaplains blew into our cupped hands, taking a quick whiff and wondering, "Is it me, Lisa? Am I the reason you are saying this?"

There are times in our exchanges with people that we become pretty sure something stinks. On those occasions, what is our first reaction? Do we lean close to our friends and examine their smell first? Or do we check our own breath?

We're not perfect and we certainly won't always smell perfect, but our imperfection gives us two choices.

We can deny it and make others suffer or we can celebrate that we are all in the same boat. We're all human and we all have the potential to, well, there's no other way to say it... stink.

The truth is, we are pretty human and the spirit we breathe on people may not always be the freshest one.

It's something we should keep in mind as we enter the Lenten season. Take a hard look at yourself, check your spirit. Examine your intentions. And question your motives.

Ask yourself, "Am I the one who has caused the problem?" or "Am I the one who holds the solution?" These must be among the first questions we ask when we smell something not quite right.

Which leads me to my final paraphrase of Matthew 18:20 — "Wherever two or more are gathered in his name, there will always be imperfections." ★



**A Common Sense Democrat**



**Help homeless people rebuild their lives**

**Crack down on organized theft rings**

**Reduce wasteful spending**

**Invest in School Campus Safety**

“ I would be honored to have **your vote!** I am always in the community, listening. At the Capitol, I will be your voice to fight for our issues.”

I came to the US in 2000 to work on Y2K problems. I am living with my beautiful wife and two children; currently serving on the Folsom City Council.



**A Technologist turned to Public Servant to make a difference. I am not a career politician!**

<https://ykforassembly.com>

Ad Paid for by YK Chalamcherla for Assembly 2024 FPPC #1457318



**AMERICAN LEGION**  
**POST 637 – CITRUS HEIGHTS, CA**  
 Are you or a member of your family a Veteran?  
 We can help with any questions you may have about Veteran benefits. You can also become a member as easy as 1,2,3! - Contact us at **916-871-2184** or come to our meeting held the **3rd Tuesday of every month** at Citrus Heights City Hall starting at 6:00pm.  
**We look forward to serving you.**

**LOCAL ARREST RECORDS**  
**Find out what's happening in your local area**  
**Arrest Logs updated daily**  
[CITRUSHEIGHTSMESSENGER.COM](http://CITRUSHEIGHTSMESSENGER.COM)

ORANGEVALE WOMAN'S CLUB'S  
**BUNCO**  
 LEARN & PLAY *Night!*  
**April 12** DOORS OPEN 6 PM  
 GAMES BEGIN 7 PM  
 ORANGEVALE COMMUNITY CENTER  
**\$25 ADVANCE ONLY**  
 CALL/TEXT 916.849.5261 OR 916.417.9750 FOR TICKETS  
**OPEN TO EVERYONE 18+ (NOT JUST THE LADIES)**  
**Join us for a night of fun, desserts, prizes and raffle baskets!**  
 A fundraiser for the Orangevale Woman's Club, portion of the proceeds will go to support our scholarship fund and other local school needs.





# 100 Ways To Overcome Shyness

No, I can't include all 100 in this column, but I can get you started going from self-conscious to self-confident. You say no way? Way, if you check in with **Dr. Barton Goldsmith** and his "100 Ways To Overcome Shyness." Dr. Goldsmith is a multi-award-winning psychotherapist, syndicated columnist, author, and former NPR radio host, and a top blogger for "Psychology Today." He shared a powerful collection of useful information, so maybe a few of them will get started.

**1. DO YOU OBESERVE NOT ENGAGE?** Want to change that? It's not going to help one bit if you dwell on how your shyness negatively impacts your life. Accept that being shy is something that has held you back, knowing that now you are choosing to overcome that fear of social judgement.

**2. GET SOME EMOTIONAL SUPPORT.** The energy you get from people who care about you is a gift. It's important to remember that people who have close relationships and friendships generally live longer and fuller lives.

**3. POSTURE CAN HELP YOU BEAT SHYNESS.** Remember your parents and teachers always told you to sit up straight and stand with your shoulders back and your head held high? They weren't trying to train you for the military. They probably knew that practicing good posture would have a positive effect on how you perceived yourself and how others perceived you.

**4. SELF-CARE MAKES YOU CONFIDENT.** Do you go out of your way to avoid drawing attention to yourself? Do you eschew makeup, bright

colors, and fashionable clothes? Is your favorite color gray? Grooming and adorning yourself can affect your mood in a positive way, so don't be too shy or afraid to experiment.

**5. NONVERBAL COMMUNICATION.** There are many ways to communicate that do not involve speaking like gestures, posture, and facial expressions. Shy people often avoid communicating through eye contact and facial expressions, and physical touch. Nonverbal forms of communication are easier to practice. Use facial expressions like nods and smiles to send positive messages to others. Facial expressions have the same meanings across many, if not most cultures.

**6. FEELING ALL ALONE.** Mother Teresa said that "the greatest disease in the West today is not disease, it's being unwanted, unloved, and uncared for." Have you ever felt so lonely that you thought your heart would break in two? It's very important to make connections with other people. Isolating yourself is only going to make you feel worse.

**7. GIVING TO OTHERS HELPS ALLEVIATE SHYNESS.** When Dr. Goldsmith was young, he wanted to be a philanthropist, but had no money to start a foundation. Writing has made a difference in his life...a way of giving back. All you need to do is find a way to give from your heart. It's hard to feel shy when someone or something you care about is in need.

Want more? Then check out [www.BartonGoldsmith.com](http://www.BartonGoldsmith.com) for more information and "100 Ways to Overcome Shyness." You have to make the decision to move forward. **YOU CAN DO IT!!!★**



## Dare to Live Without Limits

by Bryan Golden

### The IF in Life



Life is filled with ifs. The ever constant dilemma is, "If I do this, what will happen?" People also lament about the past with thoughts of "If I had only done things differently." Then there is worry about the future with "What will I do if that happens?"

You can't go forward in life when you are caught up in the past. Although you can learn from the past, you can't change it. Getting caught up in thoughts of "if only I had done such and such then things would have been different," is a total waste of time.

Learn the lessons your past has to teach, then focus on the ifs of the present. Rather than becoming stressed when faced with many ifs, be thankful you live in a country that provides the freedom to have so many choices.

IFs serve a valuable role by enabling you to evaluate various options. One pitfall is inaction as a result of becoming overwhelmed by all of the choices. Doing nothing is at times a valid option, but only when it is intentional, not as a result of indecision.

Make the best decision you can and move forward. Don't become immobilized due to paralysis by analysis. Often, a person is afraid to make a decision because they can't guarantee the outcome. Some people even project negative scenarios for every if they are considering.

"What if I change jobs and then I'm unhappy?" "What if I go out on a date and then the other person rejects me?" "What if I paint my living room and then don't like the color?" "What if I get my car fixed and then it breaks down again?"

A person who always assumes a negative outcome for each option most likely doesn't make any decisions at all. Or when they do, they subconsciously program their mind to produce, or attract, the very outcome they feared.

Why not anticipate a positive outcome? It takes no more effort, yet conditions your mind to produce or attract good things. You don't have to be afraid. Make your best pick based on all the information you have at the time. The negative ifs listed above could be altered to provide a better chance of success.

"What if I change jobs and then I'm really pleased with my new position?" "What if I go on a date and then we get along great?" "What if I paint my living room and then love the new look?" "What if I get my car fixed and then it serves me reliably for many more miles?"

So, what if things don't turn out the way you had hoped? Then you come up with some more choices and change what you don't like. Don't be hard on yourself. No one gets it right every time. All you can do is consider all of the options and then make an intelligent, informed decision.

Just as it's pointless to bemoan the past, it is also a waste of energy to fret about the future. When you become engrossed with the ifs of tomorrow, you take your attention away from the ifs of today.

The best way to plan for your future is to pay attention to the ifs of the present. The person who worries about what happens if they are not happy tomorrow, isn't going to be happy today. A better approach is to concentrate on completing the following: "If I'm going to be happy now, then I have to do \_\_\_\_\_ today."

Life doesn't stand still and neither should you. Welcome the ifs as an opportunity to live the way you want to.

**NOW AVAILABLE:** "Dare to Live Without Limits," the book. Visit [www.BryanGolden.com](http://www.BryanGolden.com) or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at [bryan@colunist.com](mailto:bryan@colunist.com) or write him c/o this paper. ©2024 Bryan Golden ★

# GRACE BAPTIST CHURCH

## Come and Experience God's Amazing Grace

Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung. Grace Baptist still stands on the Principles, Doctrines and Separation, found and taught in The Bible.

### SERVICE SCHEDULES

- Sunday Schools (All Ages).... 9:45 am
- Sunday Worship..... 11:00 am
- Sunday Evening..... 6:00 pm
- Wednesday Evening..... 7:00 pm

6724 Palm Avenue, Fair Oaks, CA 95628  
(Located one block South of Madison; just East of Dewey)  
**PASTOR CHARLES CARTER**

CALL FOR MORE INFORMATION (916) 967-3915 [WWW.GBCFAIROAKS.NET](http://WWW.GBCFAIROAKS.NET)

## Thank A Veteran Today

# 6.75%

Initial APR  
**5 Year FIXED RATE**  
CHECK THE EL DORADO ADVANTAGE:

- ✓ FIXED RATE for 5 Years
- ✓ Local Processing & Servicing
- ✓ No Closing Costs on Qualifying Transactions
- ✓ Flexibility and Convenience
- ✓ Have Funds Available for Current and Future Needs
- ✓ Home Improvement, Debt Consolidation, College Tuition
- ✓ Interest May be Tax Deductible (Please consult your tax advisor)

**EL DORADO SAVINGS BANK**  
Serving our local communities for over 65 years

[www.eldoradosavingsbank.com](http://www.eldoradosavingsbank.com)  
CITRUS HEIGHTS • 7895 Lichen Drive • 916-729-1100  
800-874-9779 Se Habla Español

The initial Annual Percentage Rate (APR) is currently 6.75% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for repayment period is 7.625%. The maximum APR that can apply any time during your HELOC is 15%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$200,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) If the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed \$300,000, have a total maximum Loan to Value (LTV) of 65% and may not be a revolving line of credit. Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A \$25 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$85 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.

## Citrus Heights Messenger

Serving Citrus Heights and Sacramento County Since 2006

It is the intent of the *Citrus Heights Messenger* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Citrus Heights Messenger* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Citrus Heights Messenger* are copyrighted. Ownership of all advertising created and/or composed by the *Citrus Heights Messenger* is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to:  
**Citrus Heights Messenger,**  
7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608.  
Subscription rate is \$52 per year in Citrus Heights.  
\$62 within Sacramento County.

*Citrus Heights Messenger* is published weekly.  
Call (916) 773-1111 for more information.

We are proud members of these newspaper associations.

**Publisher, Paul V. Scholl**  
*Citrus Heights Messenger* is a member of **Messenger Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: [Publisher@mpg8.com](mailto:Publisher@mpg8.com).  
**Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.**

## ROOT CELLAR Sacramento Genealogical Society SPRING SEMINAR

ROOT CELLAR welcomes our guest speaker, Michael L. Strauss, AG. Michael has been employed as a forensic investigator for 30 years and works as a research manager and senior genealogist for *Ancestry ProGenealogists*. Michael is a native of Pennsylvania and a veteran of the United States Coast Guard. He is a court qualified expert witness in New York, New Jersey, Pennsylvania, and Virginia. He is a national genealogical lecturer and instructor and is a faculty member at Salt Lake Institute of Genealogy, Genealogical Research Institute of Pittsburgh, and the Institute of Genealogy and Historical Research where he coordinates the military history and research courses. Michael was the film historian for the 2015 Academy Award nominated movie *Finding Vivian Maier*. He has been a Civil War reenactor for more than 25 years.

At our full-day seminar, Michael will present four awesome lectures: (1) Descendancy Research: Another Pathway to Genealogy; (2) Secret Societies: Finding Your Ancestors in Fraternal Organizations; (3) Federal Taxes and Genealogical Records they Created; and (4) That Splendid Little War: Research in the Spanish-American War. Join us in-person; all are welcome.

**Date: April 27, 2024 • Time: 10 am - 5 pm, doors open at 9:15 am**  
**Maidu Community Center, 1550 Maidu Dr., Roseville, CA**  
**Cost: \$40 Root Cellar Members; \$55 Non-members**  
(Pre-registration required - Registration ends April 15 - No tickets sold at the door)

To register, go to [www.rootcellar.org](http://www.rootcellar.org)



# Social Security Matters

## Should I Claim Social Security at 68, or Wait Until I'm 70?



**By Russell Gloor, AMAC Certified Social Security Advisor**

**Dear Rusty:** I have a question regarding my SS benefits. I turned 68 this month and work part time. I earned \$28,000 last year but will probably gross \$36,000 to \$38,000 this year. My husband collects his SS, and he earned \$25,000 last year. I was told by a financial planner that I should apply for my benefits now, instead of waiting until I'm 70. I would collect \$1700/month at 68 and \$1944/month if I wait. Which is the smarter move?

**Signed: Seeking Answers**

**Dear Seeking:** I'm sure your financial advisor would agree that your decision on when to claim your Social Security comes down to just a few basic things – 1) how badly you need the money, 2) your life expectancy, and 3) whether you will receive a spousal boost from your husband when you claim.

Because you have already passed your full retirement age (FRA) of 66 years and 4 months, your work earnings won't negatively affect your monthly SS benefit amount. If you claim now, however, your work earnings will affect how much of your SS benefits will be subject to income tax. Assuming you file your income tax as "married/

filing jointly," up to 85% of the Social Security benefits you receive during the tax year will become part of your income taxable by the IRS. If you do not urgently need the extra money that your SS will provide, then waiting longer to claim will also postpone paying income tax on your received benefits, and that may be a consideration.

Your life expectancy is key in making your decision on when to claim. You already know that your benefit will be \$244 per month more if you wait until you are 70 to claim. If you claim at 68 (e.g., this month), you will collect about \$40,800 by the time you reach 70. If you, instead, wait until age 70 to get that extra \$244/month benefit, it will take you about 14 years collecting at the higher rate to offset the \$40,800 you would have received had you claimed now (in other words, you would break even moneywise at about age 84). If your life expectancy is longer, then waiting to claim may be the better choice. Of course, no one knows how long they will live but, for general guidance, average life expectancy for a woman your current age is about 87. Family history and your current health are obviously influencing factors as well. If you wish to get a more personal estimate of your life expectancy, I suggest using this tool:

[www.socialsecurityreport.org/tools/life-expectancy-calculator/](http://www.socialsecurityreport.org/tools/life-expectancy-calculator/).

In the end, if you believe you will attain at least average life expectancy and you don't urgently need the money now, waiting longer will not only give you

a higher monthly benefit in your later years, but also the most in cumulative lifetime benefits. If, however, you have reason to suspect you won't achieve at least average life expectancy, or you need the SS money sooner, claiming before age 70 is likely the better move.

One other thing to consider: If your benefit as your husband's spouse will be more than your own earned maximum SS retirement benefit, then you should claim your SS benefit now. Your maximum benefit as a spouse would be 50% of your husband's full retirement age entitlement and, if that is more than your own benefit will be at age 70, then claiming now to get your maximum spousal benefit would be your best choice. To get a spousal benefit from your husband, your personal FRA entitlement (not your age 68 amount) would need to be less than half of his FRA entitlement. If that isn't the case, then you should make your decision based only on your own Social Security entitlement, as described above.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). To submit a question, visit our website ([amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory)) or email us at [ssadvisor@amacfoundation.org](mailto:ssadvisor@amacfoundation.org).* ★

# California Should Not Tolerate Having So Many Children Struggling To Read



**By Dan Walters, CALMatters.org**

Of all the skills that children may acquire in school, none surpasses reading in importance.

The ability to read and comprehend what's read is the key to all other learning, either formal or personal, and the students in California's schools are not doing well.

Results from the state's latest academic achievement tests, released last October, revealed that fewer than half met standards in English language skills and scarcely a third met those in mathematics.

California's overall score in the National Assessment of Educational Progress, the federal government's program of measuring academic achievement, is equally bleak, ranked seventh from the bottom.

One reason the state fares so poorly is that for decades, California embraced trendy theories of teaching them to read, such as "whole language," while spurning strong evidence that using phonics, a more traditional method, would produce better results.

The conflict, dubbed the "reading wars," was not confined to California, but the state was one of the major battlegrounds given its size.

Ultimately, phonics-based instruction, recast as "the science of reading," won out, at least on paper. But the state has not been insistent on its adoption, and many local school systems have continued to use less effective teaching methods.

Last month, the National Council on Teacher Quality released a report on how well states are implementing the science of reading and California achieved only a mediocre score, once again falling behind other states, such as Texas, Florida, Arkansas, Louisiana and Alabama, that many would regard as regressive.

California won plaudits in some areas, such as setting reading standards in teacher training and including skills in its licensing process, but fell behind in requiring ongoing literacy training and overseeing teacher preparation programs to ensure that the science of reading is being stressed.

"In California, only 58% of fourth grade students can read at a basic level based on the most recent National Assessment of Education Progress (NAEP)," according to the report. "That number falls precipitously for California's historically underserved students."

"Students who are not reading at grade level by the time they reach fourth grade are four times more likely to drop out of high school, which in turn leads to additional challenges for them as adults: lower lifetime earnings, higher rates of unemployment, and a

higher likelihood of entering the criminal justice system.

"These alarming statistics can be largely attributed to inequities in access to effective reading instruction, a problem that strong state policy and bold state leaders can solve."

The brighter side of the picture is that within a few months, California will require teacher preparation programs to stress the science of reading with an eye on meeting the state's new literacy standards.

Newly introduced legislation would make the science of reading mandatory. In the absence of such a mandate, it could take years for full implementation, if ever, because many liberal school districts will continue to resist, falsely believing that phonics are incompatible with educational equity.

California has an odd policy on overseeing what happens in local school systems. It closely monitors their finances and will essentially seize districts that are in danger of becoming insolvent, but takes a more hands-off stance regarding educational outcomes.

Reading is too important to allow local school systems to decide if and when they will adopt the science of reading. As the report on teacher quality points out, a child who can't read is likely to fall behind for the remainder of his or her life.

*Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers.* ★

# CALL A PRO BUSINESS DIRECTORY

**SLS Superior Landscape Services**  
Landscaping and Maintenance

- Sprinkler Repair/Install • Pruning
- Mowing/Trimming • Fertilizing

Insured Lic#794551

(916) 728-5812 • Cell (916) 761-0999  
Dave Cochran Owner • [dave\\_SLS@surewest.net](mailto:dave_SLS@surewest.net)

**A-1 AFFORDABLE ROOFING SERVICES, INC**

- New Roofs • Certifications • Roof Repairs
- Dry Rot Repairs • Roof Inspections • Gutters

**John Fleenor, Contractor**  
1741 L Street, Rio Linda, CA 95673

Cell: (916) 206-1613  
Contractor Lic. #1064966

**GREENWAY TREE SERVICE**

Specializing in Expert Tree Pruning, Tree Removal & Stump Grinding

Free Estimates  
Competative Prices  
Licensed and Insured

**(916) 224-9750**

**HOME IMPROVEMENTS**

**DONALD NAY**  
(209) 768-9219  
[DonPNay@gmail.com](mailto:DonPNay@gmail.com)  
\*\*\*\*\*Experienced Handyman

**Handyman Services**

Repair or Replace? CALL NOW!

- Faucets, Valves
- Clogged Drains
- Toilets, Sinks
- Doors, Windows
- Gates, Fences
- Gutters, Vents
- Electrical, Fans
- Drywall, Paint
- Tile, Wood
- Home Maintenance

**Patch Masters Drywall**  
Acoustic Removal & Drywall Textures

- Acoustic (popcorn) ceiling removal
- Water damage & drywall repair
- Sheetrock installation
- Machine applied textures
- Hand applied texture
- Retexturing & Painting
- BBB Accredited

**Mike Church**  
Owner  
CA Lic# 1004984  
Bonded & Insured

**(916) 847-7783**  
[PatchMastersDrywall@yahoo.com](mailto:PatchMastersDrywall@yahoo.com)  
[www.DrywallPatchMasters.com](http://www.DrywallPatchMasters.com)

**Rio Linda Eye Care**

Laser Surgery • Eye Glasses • Contact Lenses  
• Eyewear for Computer Users

**Dr. William Fleischmann**  
(916) 991-8444

Saturday Appointments Available  
6716 RIO LINDA BLVD., SUITE B, RIO LINDA

**All American Pro Construction**  
Family-owned & operated.

We offer Veterans & Senior Discounts  
Great Craftsmanship & Customer Service

Specializing in Kitchen & Bath Remodels, plus Much More

BIG or SMALL, We Do It All. Give Us a Call.  
**916-504-0188**

CSLB# 1089369, Licensed, Bonded & Insured

**Just Send It Postal**

[justsendit11@yahoo.com](mailto:justsendit11@yahoo.com)  
Phone: (916) 723-8855 • Fax: (916) 723-0208  
Mon.-Fri. 10 - 5 Sat. & Sun. CLOSED

7250 Auburn Blvd. #C Citrus Heights, CA 95610  
[www.justsenditpostal.com](http://www.justsenditpostal.com)

NOTARY \* PRINTING \* SHREDDING

**RETIRED COUPLE**  
HAS \$1MIL TO LEND ON CA. REAL ESTATE\*

**V.I.P. TRUST DEED COMPANY**  
Buys T.D.s and Buys/Lends on Partial Interests

OVER 40 YEARS OF FAST FUNDING  
Principal (818) 248-0000 Broker  
[WWW.VIPLoan.COM](http://WWW.VIPLoan.COM) \*Sufficient equity required - no consumer loans

Real Estate License #01041073 CA Department of Real Estate, NMLS #339217  
Private Party loans generally have higher interest rates, points & fees than conventional discount loans

**DRAINS ONLY**  
THE DRAIN & SEWER CLEANING CO.

Charles Mitchell  
916-868-5771  
[CMJR6348@GMAIL.COM](mailto:CMJR6348@GMAIL.COM)  
4 Picket Ct. Sacramento, CA 95823  
SPB12018-00953

**BOOKER renovations**  
COMMERCIAL & RESIDENTIAL SERVICES | FREE ESTIMATES

We Specialize in Kitchens and Bathrooms  
We can make your dream kitchen

916.459.8864 [Info@booker-renovations.com](mailto:Info@booker-renovations.com)  
Bonded and Insured | Lic #1077630

**TRACTOR SERVICE**

- Mowing • Rototilling
- Discing • Scraper/Loader

Call  
**(916) 991-8431**



Legal Advertising Hotline  
916-483-2299  
Legal Advertising Fax  
916-773-2999

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984  
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969  
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020  
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

Legal Advertising  
7144 Fair Oaks Blvd #5  
Carmichael, CA 95608

FICTITIOUS BUSINESS  
NAME STATEMENTS

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00625  
Wall Hassany, 1808 Richmond  
Street, Sacramento, CA 95825  
is doing business under the  
Fictitious Business Name(s)  
"Dreamland Aahoo Immigration  
Consultant/Next Chapter  
Aahoo Legal Document Prep"  
2740 Fulton Avenue 101-16,  
Sacramento, CA 95821. Filed  
with the Clerk of Sacramento  
County January 24, 2024  
Publish: February 2, 9, 16, 23, 2024  
DREAMLAND 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00674  
New Way Mortgage, Inc.,  
1111 Howe Avenue #510,  
Sacramento, CA 95825 is doing  
business under the Fictitious  
Business Name(s) "Sal You  
Loans/Sal You Loans Team"  
1111 Howe Avenue #510,  
Sacramento, CA 95825. Filed  
with the Clerk of Sacramento  
County January 25, 2024  
Publish: February 2, 9, 16, 23, 2024  
SAL 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00494  
Altaf Hussain, 717 Turnstone  
Drive, Sacramento, CA 95834  
is doing business under the  
Fictitious Business Name(s)  
"Rehmat Traders/Pak Diamond  
Traders" 717 Turnstone Drive,  
Sacramento, CA 95834. Filed  
with the Clerk of Sacramento  
County January 19, 2024  
Publish: February 2, 9, 16, 23, 2024  
REHMAT 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00487  
P&W Kar Sales Inc, 2140  
Marconi Avenue Suite 300,  
Sacramento, CA 95821 is doing  
business under the Fictitious  
Business Name(s) "Sac Autosport"  
2140 Marconi  
Avenue Suite 300, Sacramento,  
CA 95821. Filed with the Clerk of  
Sacramento County January 19,  
2024  
Publish: February 2, 9, 16, 23, 2024  
SAC 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00527  
A.A.Auto Sales LLC, 3335 Gould  
Way, Sacramento, CA 95827  
is doing business under the  
Fictitious Business Name(s)  
"A Class Auto" 3335 Gould Way,  
Sacramento, CA 95827. Filed  
with the Clerk of Sacramento  
County January 22, 2024  
Publish: February 2, 9, 16, 23, 2024  
CLASS 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00671  
East Horizon Stores LLC, 9113  
Skippereen Way, Sacramento,  
CA 95829 is doing business  
under the Fictitious Business  
Name(s) "Kitchen Skyline" 9113  
Skippereen Way, Sacramento,  
CA 95829. Filed with the Clerk  
of Sacramento County January  
25, 2024  
Publish: February 2, 9, 16, 23, 2024  
KITCHEN 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-09442  
Jessica Ocenosak, 11010  
Orleans River Court, Rancho  
Cordova, CA 95670 is doing  
business under the Fictitious  
Business Name(s) "Critical  
Security Forums/Party Creations  
by JO" 11010 Orleans River  
Court, Rancho Cordova, CA  
95670. Filed with the Clerk of  
Sacramento County December  
26, 2023  
Publish: February 2, 9, 16, 23, 2024  
CRITICAL 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00574  
999 Thai Inc, 3609 Don Julio  
Boulevard, North Highlands,  
CA 95660 is doing business  
under the Fictitious Business  
Name(s) "Yummy Thai Sushi"  
1501 N C Street, Sacramento,  
CA 95811. Filed with the Clerk  
of Sacramento County January  
23, 2024  
Publish: February 2, 9, 16, 23, 2024  
YUMMY 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00618  
Alberto Vazquez, 7874 Claypool  
Way, Citrus Heights, CA 95610  
is doing business under the  
Fictitious Business Name(s)  
"Mango Media" 7874 Claypool  
Way, Citrus Heights, CA  
95610. Filed with the Clerk of  
Sacramento County January 24,  
2024  
Publish: February 2, 9, 16, 23, 2024  
MANGO 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00538  
Alberto Vazquez, 7874 Claypool  
Way, Citrus Heights, CA 95610  
is doing business under the  
Fictitious Business Name(s)  
"Alamo Stairs" 7874 Claypool  
Way, Citrus Heights, CA  
95610. Filed with the Clerk of  
Sacramento County January 22,  
2024  
Publish: February 2, 9, 16, 23, 2024  
ALAMO 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00481  
Steven R Hill, 6929 Fair Oaks  
Boulevard #712, Carmichael, CA  
95608 is doing business under  
the Fictitious Business Name(s)  
"Get Vin Verification" 1401 21st  
Street #7715, Sacramento, CA  
95811. Filed with the Clerk of  
Sacramento County January 18,  
2024  
Publish: February 2, 9, 16, 23, 2024  
GET 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00454  
ACE Auto Works LLC, 8030  
14th Avenue, Sacramento, CA  
95826 is doing business under  
the Fictitious Business Name(s)  
"ACE Auto Works" 8030 14th  
Avenue, Sacramento, CA  
95826. Filed with the Clerk of

Sacramento County January 17,  
2024  
Publish: February 2, 9, 16, 23, 2024  
ACE 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-09340  
BHC Murase Group, 3667  
Recycle Road #8, Rancho  
Cordova, CA 95742 is doing  
business under the Fictitious  
Business Name(s) "Super  
Muscle Parts" 3667 Recycle  
Road #8, Rancho Cordova, CA  
95742. Filed with the Clerk of  
Sacramento County December  
20, 2023  
Publish: February 2, 9, 16, 23, 2024  
SUPER 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-00737  
Tiffani Harter, 9002 Oak Avenue,  
Orangevale, CA 95662 is doing  
business under the Fictitious  
Business Name(s) "Jump the  
Groove Consulting/Jump the  
Groove Consulting & Coaching"  
9002 Oak Avenue, Orangevale,  
CA 95662. Filed with the Clerk  
of Sacramento County February  
1, 2023  
Publish: February 2, 9, 16, 23, 2024  
JUMP 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00444  
Daniel Joseph Palermo, 1175  
Reston Drive, Folsom, CA  
95630 is doing business under  
the Fictitious Business Name(s)  
"Sterling Mortgage  
Services/Sterling Mortgage  
Home Loans/Palermo Real  
Estate Services/Roy's Umbrella/  
Sterling Mortgage Solutions"  
1175 Reston Drive, Folsom, CA  
95630. Filed with the Clerk of  
Sacramento County January 17,  
2024  
Publish: February 2, 9, 16, 23, 2024  
STERLING 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00354  
Yegor Lyashenko, 7820 Daffodil  
Way, Citrus Heights, CA 95610  
is doing business under the  
Fictitious Business Name(s)  
"LYKO Build" 7820 Daffodil Way,  
Citrus Heights, CA 95610.  
Filed with the Clerk of Sacramento  
County January 11, 2024  
Publish: February 2, 9, 16, 23, 2024  
LYKO 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00620  
Rooney's Plumbing Co, 2114  
59th Street, Sacramento, CA  
95817 is doing business under  
the Fictitious Business Name(s)  
"The Plumber" 2114 59th Street,  
Sacramento, CA 95817. Filed  
with the Clerk of Sacramento  
County January 24, 2024  
Publish: February 2, 9, 16, 23, 2024  
PLUMBER 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00193  
Zumwalt & Associates Inc,  
3301 Sunrise Boulevard Suite  
J, Rancho Cordova, CA 95742  
is doing business under the  
Fictitious Business Name(s)  
"Zumwalt & Associates Erosion  
Control" 3301 Sunrise Boulevard  
Suite J, Rancho Cordova, CA  
95742. Filed with the Clerk of  
Sacramento County January 5,  
2024  
Publish: February 2, 9, 16, 23, 2024  
ZUMWALT 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00656  
Fernando Soria, 705 Claire  
Avenue, Sacramento, CA 95838  
is doing business under the  
Fictitious Business Name(s)  
"Soria Painting Sacramento CA"  
705 Claire Avenue, Sacramento,  
CA 95838. Filed with the Clerk of  
Sacramento County January 25,  
2024  
Publish: February 2, 9, 16, 23, 2024  
SORIA 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00244  
The Sushi Sac Inc., 1200 K  
Street Suite 7, Sacramento, CA  
95814 is doing business  
under the Fictitious Business  
Name(s) "Sushi Paradaisu/Sushi  
Paradise" 1200 K Street Suite 7,  
Sacramento, CA 95814. Filed  
with the Clerk of Sacramento  
County January 9, 2024  
Publish: February 2, 9, 16, 23, 2024  
SUSHI 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00616  
Jesus Rios Courier LLC, 6722  
Fair Oaks Boulevard #204,  
Carmichael, CA 95608 is doing  
business under the Fictitious  
Business Name(s) "Jesus Rios  
Private Investigations" 6722  
Fair Oaks Boulevard #204,  
Carmichael, CA 95608. Filed  
with the Clerk of Sacramento  
County January 24, 2024  
Publish: February 2, 9, 16, 23, 2024  
JESUS 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00472  
Out Loud Bags LLC, 1718 J  
Street, Sacramento, CA 95811  
is doing business under the  
Fictitious Business Name(s)  
"Midtown Loud" 1718 J Street,  
Sacramento, CA 95811. Filed  
with the Clerk of Sacramento  
County January 18, 2024  
Publish: February 2, 9, 16, 23, 2024  
MIDTOWN 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00578  
Keri Esquibel, 1463 Barona  
Street, West Sacramento, CA  
95691 is doing business under  
the Fictitious Business Name(s)  
"Strand & Co Hair Lounge" 2220  
J Street Suite 5, Sacramento,  
CA 95816. Filed with the Clerk  
of Sacramento County January  
23, 2024  
Publish: February 2, 9, 16, 23, 2024  
STRAND 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00708  
Shengli Gong 9369 Tavemor  
Road, Wilton, CA 95693 is doing  
business under the Fictitious  
Business Name(s) "GL Foot  
Spa" 805 Wales Drive #1,

Folsom, CA 95630. Filed with  
the Clerk of Sacramento County  
January 26, 2024  
Publish: February 2, 9, 16, 23, 2024  
GL 2-23-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00757  
Dexter Distribution Group LLC,  
2300 Cabot Drive Suite 150,  
Lisle, IL, 60532 is doing business  
under the Fictitious Business  
Name(s) "Wholesale Trailer  
Supply" 1470 Vinci Avenue,  
Sacramento, CA 95838. Filed  
with the Clerk of Sacramento  
County January 29, 2024  
Publish: Feb 9, 16, 23, March 1, 2024  
WHOLESALE 3-1-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00824  
Gaskin-McPherson LLC, 657  
Tarryton Isle, Alameda, CA  
94501 is doing business under  
the Fictitious Business Name(s)  
"Regalia Crest Apartments,  
3536 Watt Avenue" 3536 Watt  
Avenue, Sacramento, CA  
95821. Filed with the Clerk of  
Sacramento County January 31,  
2024  
Publish: Feb 9, 16, 23, March 1, 2024  
REGALIA 3-1-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00310  
Kellie Velasquez and Carlos  
Velasquez, 7612 Zephyr Hills  
Way, Antelope, CA 95843  
is doing business under the  
Fictitious Business Name(s)  
"Palette Cakes" 7901 Fair Oaks  
Boulevard Suite C, Carmichael,  
CA 95608. Filed with the Clerk  
of Sacramento County January  
10, 2024  
Publish: Feb 9, 16, 23, March 1, 2024  
PALETTE 3-1-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00403  
Pamela Willowover, 1125  
Los Robles Boulevard #A,  
Sacramento, CA 95838 is doing  
business under the Fictitious  
Business Name(s) "Real Brand  
Marketing" 1125 Los Robles  
Boulevard #A, Sacramento, CA  
95838. Filed with the Clerk of  
Sacramento County January 12,  
2024  
Publish: Feb 9, 16, 23, March 1, 2024  
REAL 3-1-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-09518  
Café Diem LLC, 2359 Jay King  
Walk, Sacramento, CA 95818  
is doing business under the  
Fictitious Business Name(s) "Ca  
Phe Diem" 2359 Jay King Walk,  
Sacramento, CA 95818. Filed  
with the Clerk of Sacramento  
County December 29, 2023  
Publish: Feb 9, 16, 23, March 1, 2024  
CAFE 3-1-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00506  
Tycoon Management Group  
LLC, 901 H Street Suite 120,  
Sacramento, CA 95814 is doing  
business under the Fictitious  
Business Name(s) "The Organic  
Loose Leaf" 901 H Street  
Suite 120, Sacramento, CA  
95814. Filed with the Clerk of  
Sacramento County January 19,  
2024  
Publish: Feb 9, 16, 23, March 1, 2024  
ORGANIC 3-1-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-09475  
Harjinder Kaur, 1501 E. Street,  
Sacramento, CA 95814 is doing  
business under the Fictitious  
Business Name(s) "Capital  
Grocery" 1501 E. Street,  
Sacramento, CA 95814. Filed  
with the Clerk of Sacramento  
County December 28, 2023  
Publish: Feb 9, 16, 23, March 1, 2024  
CAPITAL 3-1-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00754  
Big Bay/B Records LLC, 4500  
Tynebourne Street Apt #303,  
Sacramento, CA 95834 is doing  
business under the Fictitious  
Business Name(s) "Big Bay/B  
Records LLC/Big Bay/B" 4500  
Tynebourne Street Apt #303,  
Sacramento, CA 95834. Filed  
with the Clerk of Sacramento  
County January 29, 2024  
Publish: Feb 9, 16, 23, March 1, 2024  
BIG 3-1-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00053  
Sandie Moreno, 5915 Spring  
Glen Drive, Fair Oaks, CA  
95628 is doing business under  
the Fictitious Business Name(s)  
"Caring Mobile Phlebotomy"  
5915 Spring Glen Drive, Fair  
Oaks, CA 95628. Filed with the  
Clerk of Sacramento County  
January 2, 2024  
Publish: Feb 9, 16, 23, March 1, 2024  
CARING 3-1-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00262  
WD Investment Company LLC,  
9494 Vallejo Drive, Orangevale,  
CA 95662 is doing business  
under the Fictitious Business  
Name(s) "B & L Properties/5th  
Street Apartments" 9494  
Vallejo Drive, Orangevale, CA  
95662. Filed with the Clerk of  
Sacramento County January 9,  
2024  
Publish: Feb 9, 16, 23, March 1, 2024  
B&L 3-1-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00848  
Bloo Investments Inc, 4541  
Woodhawk Way, Antelope,  
CA 95843 is doing business  
under the Fictitious Business  
Name(s) "Melas Auto Sales"  
4541 Woodhawk Way, Antelope,  
CA 95843. Filed with the Clerk  
of Sacramento County February 1,  
2024  
Publish: Feb 9, 16, 23, March 1, 2024  
BLOO 3-1-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00033  
Ex-Cell Auto Group, LLC, 6385  
Auburn Boulevard Suite B-7,  
Citrus Heights, CA 95621 is doing  
business under the Fictitious  
Business Name(s) "Ex-Cell  
Auto Group, LLC" 6385 Auburn

Boulevard Suite B-7, Citrus  
Heights, CA 95621. Filed with  
the Clerk of Sacramento County  
January 2, 2024  
Publish: Feb 9, 16, 23, March 1, 2024  
EX 3-1-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00042  
Foxborough LLC, an Oregon  
limited liability company, 5800  
Meadows Road Suite 240, Lake  
Oswego, OR, 97035 is doing  
business under the Fictitious  
Business Name(s) "Foxborough  
Apartments" 7795 Antelope  
Road, Citrus Heights, CA  
95610. Filed with the Clerk of  
Sacramento County January 2,  
2024  
Publish: Feb 9, 16, 23, March 1, 2024  
FOXBOROUGH 3-1-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-09515  
Hadi Pizza, Inc, 612 E. Bidwell  
Street Suite B, Folsom, CA  
95630 is doing business under  
the Fictitious Business Name(s)  
"Pizza Guys" 612 E. Bidwell  
Street Suite B, Folsom, CA  
95630. Filed with the Clerk of  
Sacramento County December  
29, 2023  
Publish: Feb 16, 23, March 1, 8, 2024  
HADI 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00659  
Rosenquist Consulting  
LLC, 2108 N Street Suite  
N, Sacramento, CA 95816  
is doing business under the  
Fictitious Business Name(s)  
"Cybersecurity Insights/cyber-  
securityinsights.us" 2108 N  
Street Suite N, Sacramento, CA  
95816. Filed with the Clerk of  
Sacramento County January 25,  
2024  
Publish: Feb 16, 23, March 1, 8, 2024  
CYBERSECURITY 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00955  
Tiffany Laurel Gordon,  
7541 Franklin Boulevard #5,  
Sacramento, CA 95823 is doing  
business under the Fictitious  
Business Name(s) "Callz R-US"  
7541 Franklin Boulevard #5,  
Sacramento, CA 95823. Filed  
with the Clerk of Sacramento  
County February 5, 2024  
Publish: Feb 16, 23, March 1, 8, 2024  
CALLZ 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00965  
Earthquake Publishing LLC,  
6231 Oak Valley Lane, Citrus  
Heights, CA 95621 is doing  
business under the Fictitious  
Business Name(s) "Earthquake  
Publishing/Earthquake Writers  
Group" 6231 Oak Valley Lane,  
Citrus Heights, CA 95621. Filed  
with the Clerk of Sacramento  
County February 6, 2024  
Publish: Feb 16, 23, March 1, 8, 2024  
EARTHQUAKE 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00417  
Jaime Rosas Rodriguez and  
Victoria Mejia, 4990 Del Norte  
Boulevard, Sacramento, CA  
95820 are doing business under  
the Fictitious Business  
Name(s) "Sprinklers Landscape  
Management" 4990 Del Norte  
Boulevard, Sacramento, CA 95820.  
Filed with the Clerk of Sacramento  
County January 16, 2024  
Publish: Feb 16, 23, March 1, 8, 2024  
SPRINKLERS 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00919  
Affordable Trenchless &  
Plumbing Inc, 4206 Barrett Road,  
Carmichael, CA 95608 is doing  
business under the Fictitious  
Business Name(s) "Affordable  
Trenchless & Pipe Lining" 8037  
Fair Oaks Boulevard #109,  
Carmichael, CA 95608. Filed  
with the Clerk of Sacramento  
County February 2, 2024  
Publish: Feb 16, 23, March 1, 8, 2024  
AFFORDABLE 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00862  
Edivine, Inc, 6701 Almond Ave,  
Orangevale, CA 95662 is doing  
business under the Fictitious  
Business Name(s) "Almond  
Home Care" 6701 Almond Ave,  
Orangevale, CA 95662. Filed  
with the Clerk of Sacramento  
County February 1, 2024  
Publish: Feb 16, 23, March 1, 8, 2024  
ALMOND 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00909  
Trade Key Virtual Media Inc,  
11230 Gold Express Drive 310-  
160, Gold River, CA 95670 is doing  
business under the Fictitious  
Business Name(s) "Sacramento  
Web Design Group/Sacramento  
Web Design" 11230 Gold  
Express Drive 310-160, Gold  
River, CA 95670. Filed with the  
Clerk of Sacramento County  
February 2, 2024  
Publish: Feb 16, 23, March 1, 8, 2024  
SACRAMENTO 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00896  
TPA REI Group, Inc, 5716 Folsom  
Boulevard #115, Sacramento, CA  
95819 is doing business under  
the Fictitious Business Name(s)  
"Plumfun Media" 8880 Cal Center  
Drive Suite 400-129, Sacramento,  
CA 95826. Filed with the Clerk  
of Sacramento County February 2,  
2024  
Publish: Feb 16, 23, March 1, 8, 2024  
PLUMFUN 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00219  
Barbara Fontenot, 2641 Riverpine  
Court, Carmichael, CA 95608  
is doing business under the  
Fictitious Business Name(s)  
"Barbie Elliot Designs" 2641  
Riverpine Court, Carmichael,  
CA 95608. Filed with the Clerk  
of Sacramento County January  
8, 2024  
Publish: Feb 16, 23, March 1, 8, 2024  
BARBIE 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00981  
Jaylen Richard Johnson, 5150

Fair Oaks Boulevard 101 #137,  
Carmichael, CA 95608 is doing  
business under the Fictitious  
Business Name(s) "Pool Kings"  
5339 Moody Lane, Carmichael,  
CA 95608. Filed with the Clerk  
of Sacramento County February  
6, 2024  
Publish: Feb 16, 23, March 1, 8, 2024  
POOL 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00798  
Victory Investments, LLC, 25  
Quinta Court B1, Sacramento,  
CA 95823 is doing business  
under the Fictitious Business  
Name(s) "Surface Solution" 25  
Quinta Court B1, Sacramento,  
CA 95823. Filed with the Clerk  
of Sacramento County January  
30, 2024  
Publish: Feb 16, 23, March 1, 8, 2024  
SURFACE 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00751  
Rubios Tacos and Grill LLC,  
5825 Manzanita Avenue #1,  
Carmichael, CA 95608 is doing  
business under the Fictitious  
Business Name(s) "Rubio's  
Tacos & Grill" 5825 Manzanita  
Avenue #1, Carmichael, CA  
95608. Filed with the Clerk of  
Sacramento County January 29,  
2024  
Publish: Feb 16, 23, March 1, 8, 2024  
RUBIOS 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-01014  
Arshkeerat Inc., 5376 Calabria  
Way, Sacramento, CA 95835  
is doing business under the  
Fictitious Business Name(s)  
"Rivera Mart" 907 Rivera Drive,  
Sacramento, CA 95838. Filed  
with the Clerk of Sacramento  
County February 7, 2024  
Publish: Feb 16, 23, March 1, 8, 2024  
RIVERA 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-01072  
Jennifer Ware, 3501 Bradshaw  
Road Space 8, Sacramento,  
CA 95827 is doing business  
under the Fictitious Business  
Name(s) "Creative Harmonies  
Holistic Healing" 3501 Bradshaw  
Road Space 8, Sacramento, CA  
95827. Filed with the Clerk of  
Sacramento County February 8,  
2024  
Publish: Feb 16, 23, March 1, 8, 2024  
CREATIVE 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-01075  
Quinton Boucher, 1848 2nd  
Avenue, Sacramento, CA 95818  
is doing business under the  
Fictitious Business Name(s)  
"Quinton Boucher, CPA" 1848  
2nd Avenue, Sacramento, CA  
95818. Filed with the Clerk of  
Sacramento County February 8,  
2024  
Publish: Feb 16, 23, March 1, 8, 2024  
QUINTON 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00888  
Carol McCoy, 3230 Arena  
Boulevard #245-171,  
Sacramento, CA 95834 is doing  
business under the Fictitious  
Business Name(s) "Top of  
Mind Recruitment" 2429 Laurel  
Clark Avenue, Sacramento, CA  
95834. Filed with the Clerk of  
Sacramento County February 2,  
2024  
Publish: Feb 16, 23, March 1, 8, 2024  
TOP 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-01061  
Justin Diston, PO Box 348498,  
Sacramento, CA 95834 is doing  
business under the Fictitious  
Business Name(s) "Gold Ticket  
2024" 1573 Sandmark Drive,  
Sacramento, CA 95835. Filed  
with the Clerk of Sacramento  
County February 8, 2024  
Publish: Feb 16, 23, March 1, 8, 2024  
GOLD 3-8-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00910  
Julie Vang, 801 Evans Street,  
Sacramento, CA 95838 is doing  
business under the Fictitious  
Business Name(s) "JVL Beauty  
Salon" 2550 Valley Road #3,  
Sacramento, CA 95821. Filed  
with the Clerk of Sacramento  
County February 2, 2024  
Publish: Feb 23, March 1, 8, 15, 2024  
JVL 3-15-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-01030  
Lide Share Admin Services  
LLC, 2108 N Street Suite  
C, Sacramento, CA 95816  
is doing business under the  
Fictitious Business Name(s)  
"OPOLI" 2108 N Street Suite C,  
Sacramento, CA 95816. Filed  
with the Clerk of Sacramento  
County February 7, 2024  
Publish: Feb 23, March 1, 8, 15, 2024  
OPOLI 3-15-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-01115  
Amanpreet Singh Chahal and  
Sarbjot Kaur Deol, 3998 Audris  
Way, Rancho Cordova, CA  
95742 are doing business under  
the Fictitious Business Name(s)  
"Cold Stone Creamery" 2070  
Fair Oaks Boulevard Suite 120,  
Sacramento, CA 95825. Filed  
with the Clerk of Sacramento  
County February 9, 2024  
Publish: Feb 23, March 1, 8, 15, 2024  
COLD 3-15-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-00839  
Rafre, Inc., 6732 Lincoln  
Avenue, Carmichael, CA 95608  
is doing business under the  
Fictitious Business Name(s)  
"Fred's Total Service Co." 6732  
Lincoln Avenue, Carmichael,  
CA 95608. Filed with the Clerk  
of Sacramento County February  
1, 2024  
Publish: Feb 23, March 1, 8, 15, 2024  
FREDS 3-15-24

"Flooring Doctor" 117 Rock  
Canyon Court, Folsom, CA  
95630. Filed with the Clerk of  
Sacramento County February 6,  
2024  
Publish: Feb 23, March 1, 8, 15, 2024  
FLOORING 3-15-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-01205  
Amarjeet Garcha, Po Box 2039,  
Folsom, CA 95763 is doing  
business under the Fictitious  
Business Name(s) "Folsom  
Landscape Maintenance" 6228  
Main Avenue, Orangevale, CA  
95662. Filed with the Clerk of  
Sacramento County February  
15, 2024  
Publish: Feb 23, March 1, 8, 15, 2024  
FOLSOM 3-

Legal Advertising Hotline  
916-483-2299  
Legal Advertising Fax  
916-773-2999

**LEGAL ADVERTISING**  
*Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984  
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969  
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020  
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988*

Legal Advertising  
7144 Fair Oaks Blvd #5  
Carmichael, CA 95608

**ORDER TO SHOW CAUSE  
CHANGE OF NAME**

Anton, Russ Magdalin.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 1, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: January 26, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Feb 9, 16, 23, March 1, 2024  
**ANTON** 3-1-24

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#24CV001398**

Suzannah May Amable aka Suzannah May Berrigan has filed a petition with this court for a decree changing the name(s) of Suzannah May Amable aka Suzannah May Berrigan to Suzannah May Sweeney.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 15, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: January 26, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 9, 16, 23, March 1, 2024  
**SUZANNAH** 3-1-24

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#24CV001277**

Thao Thi Thu Rodriguez has filed a petition with this court for a decree changing the name(s) of Thao Thi Thu Rodriguez to Thao Thi Thu Nguyen.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 15, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: January 24, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 9, 16, 23, March 1, 2024  
**THAO** 3-1-24

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#24CV001528**

Guy Preston Kimbrell has filed a petition with this court for a decree changing the name(s) of Guy Preston Kimbrell to Guy Preston Sperry.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 16, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: January 30, 2024

Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 9, 16, 23, March 1, 2024  
**GUY** 3-1-24

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#24CV001204**

Draid Samir Albert and Shaylene Cornelison has filed a petition with this court for a decree changing the name(s) of Draid Samir Albert to Draid Samir Batta and Samiya Anne Albert to Samiya Ann Batta.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 9, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: January 24, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 9, 16, 23, March 1, 2024  
**ALBERT** 3-1-24

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#23CV001436**

Willie De'Chon Kinsey Sr. has filed a petition with this court for a decree changing the name(s) of Willie De'Chon Kinsey Sr. to El Imothus Hati Nofre Ahk Alim Bey.  
IT IS ORDERED that all persons interested in the above-en-

itled matter appear before this court on April 23, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: January 8, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 16, 23, March 1, 8, 2024  
**WILLIE** 3-8-24

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#24CV001402**

Olena Holovko has filed a petition with this court for a decree changing the name(s) of Olena Sergeyevna Holovko to Olena Walters and Polina Holovko to Polina Walters.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 15, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: January 26, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 16, 23, March 1, 8, 2024  
**OLENA** 3-8-24

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#23CV002200**

Gerome Amog has filed a petition with this court for a decree changing the name(s) of Gerome Amog to Gerome Corpus Guevarra.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 28, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 5, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 16, 23, March 1, 8, 2024  
**AMOG** 3-8-24

**NOTICE OF PETITION TO ADMINISTER ESTATE**

**NOTICE OF PETITION TO ADMINISTER ESTATE OF PATSY EADEN COLEMAN  
CASE NO. 23PR001312**  
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Patsy Eaden, Patsy Jean Eaden, Patsy Eaden Coleman, Patsy Davis.  
A Petition for Probate has been filed by Tabitha E. Thompson, in the Superior Court of California, County of Sacramento, requesting Tabitha E. Thompson be appointed as personal representative(s) to administer the estate of the decedent.  
The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.  
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.  
A hearing on the petition will be held in this court as follows March 28, 2024, 1:30 p.m. in Dept 129, Room 214; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826  
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

**NOTICE OF PETITION TO ADMINISTER ESTATE OF CORNELIA CLEMENT  
CASE NO. 24PR000340**  
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Cornelia Clement.  
A Petition for Probate has been filed by Chelsea Clement, in the Superior Court of California, County of Sacramento, requesting Chelsea Clement be appointed as personal representative(s) to administer the estate of the decedent.  
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.  
A hearing on the petition will be held in this court as follows March 19, 2024, 1:30 p.m. in Dept 129, Room TBD; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826  
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

**YOU MAY EXAMINE** the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.  
The name, address and telephone number of the Petitioner is: Chelsea Clement, 6944 Beach Avenue, Orangeville, CA 95662; 916-390-3231  
Publish: Feb 23, March 1, 8, 2024  
**CLEMENT** 3-8-24

**NOTICE OF HEARING**

**NOTICE OF COURT HEARING AND TEMPORARY RESTRAINING ORDER-JUVENILE ORIGINAL ORDER  
CASE NUMBER: JD242750-4**  
Superior Court of California, County of Sacramento  
William Ridgeway Family Relations Courthouse  
3341 Power Inn Road  
Sacramento, CA 95826  
Protected Person: SABRINA CHAPPELLE  
Person to be Restrained: JERMAINE DAVIS, SR.  
Child's Name: CHAPPELLE/DAVIS MINORS  
Other Protected People: KAYLEE CHAPPELLE, RAELYNN CHAPPELLE, ACHILLES DAVIS, JERMAINE DAVIS, JR., KEIARA DAVIS-CHAPPELLE  
Your Hearing Date: (Court Date) Original Court date of January 5, 2024  
A request to reschedule the court date was granted. Your court date is rescheduled for the day and time listed below.  
Date: March 22, 2024 Dept: 130, Time: 8:30 am  
Name and address of the Court: Superior Court of California, County of Sacramento  
Sitting as the Juvenile Court  
3341 Power Inn Road  
Sacramento, CA 95926  
Publish Feb 23, March 1, 8, 15, 2024  
**CHAPPELLE** 3-15-24

**SUMMONS**

**SUMMONS (CITACION JUDICIAL)  
CASE NUMBER: 23CV009805**  
**NOTICE TO DEFENDANT:**  
All persons unknown claiming any legal or equitable right, title, estate, lien, or interest in the Property adverse to Plaintiff's title, or any cloud of Plaintiff's title to the Property and Does 1 through 5  
**YOU ARE BEING SUED BY PLAINTIFF: Tracy K. Sharp.**  
**NOTICE!** You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.  
You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information

**NOTICE TO BIDDERS**

SEALED BIDS will be received at the office of the City Clerk, City Hall, 6360 Fountain Square Drive, Citrus Heights, California, until the hour of **2:00 PM on WEDNESDAY APRIL 10, 2024**, at which time the bids will be publicly opened and read for the **Auburn Boulevard Complete Streets Project – Phase 2 Rebid**, City of Citrus Heights, California. Any bid received after this date and time will be deemed non-responsive. Bids received by fax or e-mail will not be considered.

The work to be performed consists, in general, of constructing a 1.0 mile long section of Auburn Boulevard within the Cities of Citrus Heights and Roseville, including curb, gutter, sidewalk, storm drain, water main, pavement rehabilitation, irrigation, landscaping, signing, striping, traffic signal, street lighting, gateway monument structure, and undergrounding of overhead utilities.

It is the bidder's responsibility to check the website for any updated information at least 24 hours prior to the scheduled bid opening.

Bidders shall obtain copies of the Contract Documents by logging on to <https://www.citrusheightspanroom.com> or by calling BPX Printing and Graphics at (916) 760-7281 or emailing [sac@bpxprinting.com](mailto:sac@bpxprinting.com). Cost of Contract Documents shall be Twenty-Five Dollars (\$25.00) per set, non-refundable. Shipping and handling costs are extra and prices range depending on the delivery method. At the bidder's request and expense, the Contract Documents can be sent by overnight mail. Bidders can supply their shipper account number to expedite processing. Electronic Contract Documents (PDF format) can also be ordered for a non-refundable fee of \$25 per set. All bidders must purchase a complete set of contract documents (hard copy or PDF format) from BPX Printing and Graphics to be included on the planholders list and to receive addenda notifications. It is the responsibility of each prospective bidder to confirm his/her firm is on the planholders list held at BPX Printing and Graphics to ensure receipt of any subsequent communications, including addenda. Contract Documents are not available directly from the City.

All questions regarding this project are to be submitted in writing by email to [ABCS2@citrusheights.net](mailto:ABCS2@citrusheights.net) with a CC to [lblomquist@citrusheights.net](mailto:lblomquist@citrusheights.net) by **WEDNESDAY, MARCH 28, 2024 at 5:00 PM**.

In accordance with the provisions of Section 1770 of the Labor Code of the State of California, the Director of the Department of Industrial Relations has ascertained the general prevailing rate of wages applicable to the work to be done in accordance with the standards set forth in Section 1773 and which is on-file in the office of the City Clerk.

The successful bidder shall pay not less than the specified prevailing wage rates to all laborers, workers, and mechanics employed in the performance of the work specified herein. The successful bidder will be required to post a copy of the general prevailing rates per diem wages in a conspicuous place at the job site forthwith upon undertaking the public work called for herein. The successful bidder shall also keep an accurate certified payroll record in accordance with requirements set forth in Labor Code Section 1776 and the Contract Documents.

Each bid must be accompanied by cash, cashier's check, certified check or Bidder's Bond made payable to the City of Citrus Heights in the amount of 10% of the total bid amount, such guaranty to be forfeited should the bidder to whom the Contract is awarded fail to enter into the Contract within the time period required by the Contract Documents.

No bid will be accepted unless it is made on a proposal form furnished by the General Services Director and is for the entire work described herein. The bid bonds for the three acceptable lowest bidders shall be retained until the City Council has accepted the successful bidder. All other Bidder's Bonds shall be returned to the bidder five (5) working days after bid opening. The Contract shall be awarded, if an award is made, to the lowest responsive and responsible bidder within sixty (60) calendar days from the date the bids are publicly opened and declared. If the award is not made within that period, all bids submitted are deemed rejected by the City Council and all remaining Bidder's Bonds shall be returned to the bidder. The successful bidder shall apply for and obtain at its costs any permits required for all work, except as otherwise specified in the Contract Documents.

A bidder may propose one or more "equals" or substitutions for products listed in the Contract Documents by manufacturer name, brand or model number, unless the Contract Documents specify that the product is necessary to match others in use. Complete information for products proposed by a bidder as an equal must be submitted to the General Services Director for review, at least ten (10) working days before the time specified for bid opening in accordance with the Instructions to bidders contained in the Contract Documents.

The successful bidder will be required to furnish, prior to the performance of any work hereunder, a payment bond in an amount equal to one hundred percent (100%) of the Contract price, and a faithful performance bond in an amount equal to one hundred percent (100%) of the Contract price. The bonds must be approved by the City.

The successful bidder shall also furnish a Warranty Bond, in a form acceptable to the City in an amount of **one hundred percent (100%)** of the total Contract price plus change orders, to hold good for a period of one year after the completion and acceptance of the work, to protect the City against the results of defective materials, quality of work, and equipment during that time. This bond shall be delivered to the City before the final payment under this Contract will be made. The successful bidder will also be required to furnish insurance as set forth in the Contract Documents.

Pursuant to Public Contract Code Section 22300, bidders may substitute securities for any monies which the City may withhold pursuant to the terms of this Contract to insure performance. Such securities must be furnished on a form acceptable to the City and by a company, acceptable to the City, that is authorized and licensed by the Insurance Commissioner as an "admitted surety insurer" and which maintains at least one office in California for conducting business. Prior to such approval, the surety shall provide the documentation required by California Civil Code Section 995.660.

The City of Citrus Heights reserves the right to reject any or all bids or portions thereof, to accept a bid or portion thereof and to waive any minor informality or irregularity.

The license classification required for this project is **Class "A": General Engineering Contractor**, issued by the State of California. The license must be active and in good standing as of the date of receipt of bids and must be maintained in good standing throughout the term of the contract. For contracts involving federal funds, the license must be active and in good standing as of the date of the Contract award and must be maintained in good standing throughout the term of the contract.

Each bidder, and any subcontractor listed in a bid proposal pursuant to Public Contract Code Section 4104, must be currently registered with the Department of Industrial Relations and qualified to perform public work consistent with Labor Code Section 1725.5, except in limited circumstances as referenced in Labor Code Section 1771.1(a).

This project is subject to compliance monitoring and enforcement by the Department of Industrial Relations.

- **A 23% DBE goal has been established for this project.**
- **A goal of fifteen (15) trainees/apprentices has been established for this project.**
- **This project is subject to "Buy America" provisions as set forth in the Special Provisions.**

Amy Van, City Clerk

2/14/2024  
Date





## A Big Mess

# Dave Ramsey Says

# MealPro Makes A Move

to be so blunt, but you've got a really big mess on your hands.

Long story short, the money you make at another full-time job is likely to decide whether you can stay in your home. If you've got a mortgage, home equity loan and business debts hanging over your head, the chances of this are slim. You probably need to consider the idea moving into a small, affordable apartment for a while, too. If you do this, get your debts paid off and your finances back in order—which includes living on a budget and saving—you might be able to buy a house again in a few years.

I know the idea of giving up your home and business is hurtful, but sometimes when you have a serious illness, extensive surgery is needed to fix the problem. And right now, you've got a very serious financial illness.

I want you to understand how I'm looking at this,

Tammy. The house alone is not the problem. You borrowed money to open a business, and that was your first mistake. You also have no savings, which is another mistake, and now your business isn't making a profit. See how all of it combined adds up into one big mess?

I love your spirit, and the fact that you want to be an entrepreneur. But you've got to get control of your money first. If you don't, this thing will eat you alive.

— Dave

*Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions* ★

Continued from page 1

enhances MealPro's ability to better serve a specialized food market, Sartori said.

Its 14,000-square-foot home facility, which it owns, employs a staff of 10 who prepare a wide range of chef-crafted meals daily in its fully-equipped kitchens and cold storage facility. Vacuum-sealed meals are made with fresh produce and large quantities of white meat, lean cuts of red meat or fish.

The company has over 1,000 customers who mix, match, or customize their meals from multiple menus depending on their tastes and diet preferences.

Orders placed by phone or online can be picked up in-person at the Citrus Heights facility or home-delivered. Meals scheduled for home delivery are packed in a thermal insulated box and shipped directly to the customer's doorstep, Sartori said.

During busy months, on average, some 6,000 individual meals a week leave the Citrus Heights facility for national distribution, he said. "Some months, the weekly average is much higher."

Chronic kidney disease (CKD) is a growing problem in the United States, affecting more than 37 million people. The disease can lead to a range of complications, including high blood pressure, anemia, and bone disease. One of the most important aspects of managing CKD is maintaining a healthy diet that is low in sodium, phosphorus, and potassium.

"MealPro's renal meals are specifically designed to meet the dietary needs of patients with CKD, Sartori said. The company employs two full-time renal chefs, he said. Patients who follow a consistent renal diet with clinical nutrition compliance can often help slow or successfully manage CKD.

"We have ten different renal meal choices including pasta chicken, spinach prawns and roasted tilapia," he said.

Each 12-ounce portion size (cooked food weight) meal is carefully crafted by a nephrologist and renal dietician to provide the right balance of nutrients, while also being low in sodium, phosphorus, and potassium, Sartori explained. Zero-calorie herbs and spices are typically used as salt substitutes.

"It's like having a nephrologist and personal chef plan and cook all your meals, but at a fraction of the price," he said.

"Our new alliance helps to provide patients going through all states of renal failure kidney-friendly meals and will continue to provide up-to-date patient information, Sartori said.

For information about MealPro's specialty kidney-friendly meal menu, visit: <https://www.mealpro.net/medical-meals/renal-meals/>

"Feel free to contact us with questions at 844-463-2577 or email at [hello@mealpro.net](mailto:hello@mealpro.net) so we can customize the meals in your kidney-friendly meal plan," he said. ★

Dear Dave,

I'm a single mom, and I opened my own small business last year. The business isn't growing at all, and my mom and dad are helping me with the bills. On top of all this, I don't receive any child support payments from my ex-husband. But my biggest concern is our home. I bought it four years ago, and when I opened my business, I did it with a home equity loan. Do you have any advice?

— Tammy

Dear Tammy,

You need to close up your business, at least temporarily, and go find some money-making work. I'm sorry

**Legal Advertising Hotline**  
916-483-2299  
**Legal Advertising Fax**  
916-773-2999

## LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984  
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 - September 18, 1969  
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 - March 12, 2020  
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 - March 21, 1988

**Legal Advertising**  
7144 Fair Oaks Blvd #5  
Carmichael, CA 95608

### SUMMONS

est you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a non-profit legal services program. You can locate these nonprofit groups at the California Legal Services

Website ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.

Tiene 30 DIAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito

en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas información en el Centro de Ayuda de las Cortes de California ([www.sucorte.ca.gov](http://www.sucorte.ca.gov)) en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le de un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incum-

plimiento y la corte le podrá quitar su sueldo, dinero y bienes sin mas advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), en el Centro de Ayuda de las Cortes de California, ([www.sucorte.ca.gov](http://www.sucorte.ca.gov))

o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 o mas de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso.

The name and address of the court is: (El nombre y dirección de la corte es): Superior Court of California, County of Sacramento, 720 9<sup>th</sup> Street, Sacramento, CA 95814

The name, address and tele-

phone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la dirección y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Ali Nabavi, Esq., Coastal Law Firm, APLC, 4533 MacArthur Boulevard Suite 777, Newport Beach, CA 92660, 714-424-6300 Date: (Fecha) October 23, 2023 P. Lopez, Deputy (Adjunto) Publish: Feb 9, 16, 23, March 1, 2024

IVER

3-1-24



# Local Classifieds

Advertise in your local community newspaper  
Call 916-773-1111

### Announcement

Prepare for power outages today with a Generac Home Standby Generator. Act now to receive a FREE 7-Year warranty with qualifying purchase. Call 1-844-439-5645 today to schedule a free quote. It's not just a generator. It's a power move. (Cal-SCAN)

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 20% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-424-7581 (Cal-SCAN)

**NEW AUTHORS WANTED!** Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 1-855-667-0380 (Cal-SCAN)

Become a Published Author. We want to Read Your Book! Dorance Publishing- Truusted by Authors Since 1920 Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution Call for Your Free Author's Guide 1-877-538-9554 or visit [doranceinfo.com/Call](http://doranceinfo.com/Call) (Cal-SCAN)

### MPG8.COM

### Autos Wanted

**DONATE YOUR CAR TO KIDS.** Fast Free Pickup - Running or Not - 24 Hour Response - Maximum Tax Donation - Help Find Missing Kids! Call 1-888-491-1453. (Cal-SCAN)

Donating your vehicle? Get more! Free Towing, Tax Deductible. Plus a \$200 restaurant voucher and a 2-night/3-day hotel stay at one of 50 locations. Call Heritage for the Blind to donate your vehicle today. CALL 1-844-491-2884 (Cal-SCAN)

### Autos Wanted

**GOT AN UNWANTED CAR??** Your car donation to Patriotic Hearts helps veterans find work or start their own business. Fast free pick. Running or not! Call 24/7: 1-877-529-0495. (Cal-SCAN)

### Autos Wanted

Tiene un vehiculo no deseado? Donelo a Patriotic Hearts! Recogida rápida y gratuita en los 50 estados. Patriotic Hearts ofrece programas para ayudar a los veteranos a encontrar trabajo o iniciar su propio negocio. Llama ahora: 1-844-244-5441 (24/7) (Cal-SCAN)

Get your deduction ahead of the year-end! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous year-end tax credit. Call Heritage for the Blind Today at 1-844-491-2884 today! (Cal-SCAN)

### Cable Plans

DIRECTV Sports Pack 3 Months on Us! Watch pro and college sports LIVE. Plus over 40 regional and specialty networks included. NFL, College Football, MLB, NBA, NHL, Golf and more. Some restrictions apply. Call DIRECTV 1-888-641-5762. (Cal-SCAN)

### Cellular Plans

Switch and save up to \$250/year on your talk, text and data. No contract and no hidden fees. Unlimited talk and text with flexible data plans. Premium nationwide coverage. 100% U.S. based customer service. For more information, call 1-844-908-0605 (Cal-SCAN)

### Computer Service

**Zinsky's** PC Configurations  
"Don't replace it - REPAIR IT!"  
Custom Desktop Computer Configurations  
\* PC Repair \* Home Wireless Networking  
\* Installations \* Virus & Spyware Eradication  
Alan Zinsky  
Phone: 916-622-2269  
Zconf@zincglobal.net  
Bus. Lic. # 305312 • B.E.A. Reg. #84416  
[www.zinskyspcrepair.com](http://www.zinskyspcrepair.com)

### Financial

Over \$10K in Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief 1-888-231-4274. (Cal-SCAN)

### Advertising Works!

### Fitness/Yoga

**Your Fitness Genie**  
Virtual Sessions  
Age Well  
At Home  
Avoid Assisted Living  
\*Keep Strength and Mobility  
Be Active, Call Today!  
Jenn@YourFitnessGenie.com  
(916)768-8767

### For Sale

**AVAILABLE.** Buildable Lot. Land Park. Call Tony. 916-248-2766 (3/15/2023)

\*V-8 (Cadillac Engine) in 1995 Oldsmobile Aurora. 64,000 original miles. Must take whole car. Transmission is no good. \$500 or best offer. Call 530-742-9144 and leave message. (TFN)

'84 Corvette, 88,000 miles, engine is extremely strong, 4 speed tranny, get's up and goes. Interior needs work. Primered. First \$2,500 drives it away. 530-742-9144 leave message. (TFN)

### Hall Rentals

**VFW Post 6158**  
**8990 Kruithof Way,**  
**Fair Oaks, CA**  
**916-966-1663**  
[vfw6158.org/rent-our-hall/](http://vfw6158.org/rent-our-hall/)  
Call or come by

### Health/Wellness

JOIN FOR FREE - NO KITS OR QUOTES & FREE WEBSITE. CTFO (Changing The Future Outcome) Has the best CBD oil available. Products for health, beauty, weight or hair loss and even for your pets. Check out these products: [canderson.myctfo.com](http://canderson.myctfo.com) (TFN)

Visit: [mpg8.com](http://mpg8.com)

### Health/Wellness

Stroke and Cardiovascular disease are leading causes of death, according to the American Heart Association. Screenings can provide peace of mind or early detection! Contact Life Line Screening to schedule your screening. Special offer - 5 screenings for just \$149. Call 1-888-892-5598 (Cal-SCAN)

### Help Wanted

**KP International MARKET**  
Many Positions are Available. Please no phone calls. Apply in person.  
**10971 Olson Dr.**  
**Rancho Cordova,**  
**CA 95670**

### Insurance/Health

SAVE BIG ON HOME INSURANCE! Compare 20 A-rated insurance companies. Get a quote within minutes. Average savings of \$444/year! Call 1-844-410-9609! (M-F 8am-8pm Central) (Cal-SCAN)



### Internet

DIRECTV OVER INTERNET - Get your favorite live TV, sports and local channels. 99% signal reliability! CHOICE Package, \$84.99/mo for 12 months. HBO Max and Premium Channels included for 3 mos (w/CHOICE Package or higher). No annual contract, no hidden fees! Some restrictions apply. Call IVS 1-855-404-2509 (Cal-SCAN)

FREE high speed internet for those that qualify. Government program for recipients of select programs incl. Medicaid, SNAP, Housing Assistance, WIC, Veterans Pension, Survivor Benefits, Lifeline, Tribal. 15 GB internet service. Bonus offer: Android tablet FREE with one-time \$20 copay. Free shipping & handling. Call Maxsip Telecom today! 1-855-480-0769 (Cal-SCAN)

### Home Remodel

Jacuzzi Bath Remodel can install a new, custom bath or shower in as little as one day. For a limited time, we're waiving all installation costs! (Additional terms apply. Subject to change and vary by dealer. Offer ends 3/31/24) Call 1-833-985-4766 (Cal-SCAN)

### Landscaping

**YARD SERVICE**  
ONE-TIME CLEANUP  
Mow, Weed, Prune & Haul  
NEED: Landscaping bark?  
Gutters cleaned?  
Light fence work?  
CALL 916/205-9310  
or 916/627-9000

### CREATE YOUR PARADISE

Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/ commercial American Landscape Design & Installation, Est 1987 American Construction & Property Maintenance Company  
WE ACCEPT VISA & MASTER CARD  
**(916)612-0776**  
Lic#690968

### Miscellaneous

DID YOU KNOW Newspaper-generated content is so valuable it's taken and repeated, condensed, broadcast, tweeted, discussed, posted, copied, edited, and emailed countless times throughout the day by others? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email [cecilia@cnpa.com](mailto:cecilia@cnpa.com) (Cal-SCAN)

## RETIRED COUPLE

HAS \$1MIL TO LEND ON CA. REAL ESTATE\*

### V.I.P. TRUST DEED COMPANY

Buys T.D.s and Buys/Lends on Partial Interests

OVER 40 YEARS OF FAST FUNDING

Principal **(818) 248-0000** Broker  
WWW.VIPLAN.COM \*Sufficient equity required - no consumer loans

Real Estate License #01041073 CA Department of Real Estate, NMLS #339217 Insured, Workman's comp, Arborist Private Party loans generally have higher interest rates, points & fees than conventional discount loans

### Miscellaneous

The difference in winning and losing market share is how businesses use their advertising dollars. CNPA's Advertising Services' power to connect to nearly 13 million of the state's readers who are an engaged audience, makes our services an indispensable marketing solution. For more info call Cecelia @ (916) 288-6011 or [cecilia@cnpa.com](mailto:cecilia@cnpa.com)

### Music Lessons

#### Guitar Lessons

Beginner to Advanced \$20/half-hour; \$30 full hour. 916-507-6658, [freddiebbalbort@gmail.com](mailto:freddiebbalbort@gmail.com) (12/31/2024)

### Real Estate

RETIRED COUPLE \$\$\$\$ for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company [www.viplan.com](http://www.viplan.com) Call 1-818-248-0000. Broker-principal DRE 01041073. No consumer loans. (Cal-SCAN)

### Roofing

**BERNARDINO ROOFING**  
Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER!  
\*\*\*FREE ESTIMATES\*\*\*  
SENIOR DISCOUNTS  
Lic.#817945 43 Years Experience  
**916.920.0100**  
[www.bernardinoroofing.com](http://www.bernardinoroofing.com)

### Tree Service

**BP TREE SERVICES LLC.**  
TREE & STUMP REMOVAL  
TREE TRIMMING/SHAPING  
FREE ESTIMATE  
10% OFF WITH THIS AD  
Insured, Workman's comp, Arborist  
**916-722-6321**  
BPTreeServices.com  
VISA / MASTER CARD  
California Contractors Lic #1036031

**NOTICE TO READERS**  
California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at [www.cslb.ca.gov](http://www.cslb.ca.gov) or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

**DISCLAIMER**  
Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

**Need Help?**  
Hire a Pro!





# COMICS & PUZZLES

**The Spats**



by Jeff Pickering



**Amber Waves**



by Dave T. Phipps

**HOCUS-FOCUS**

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



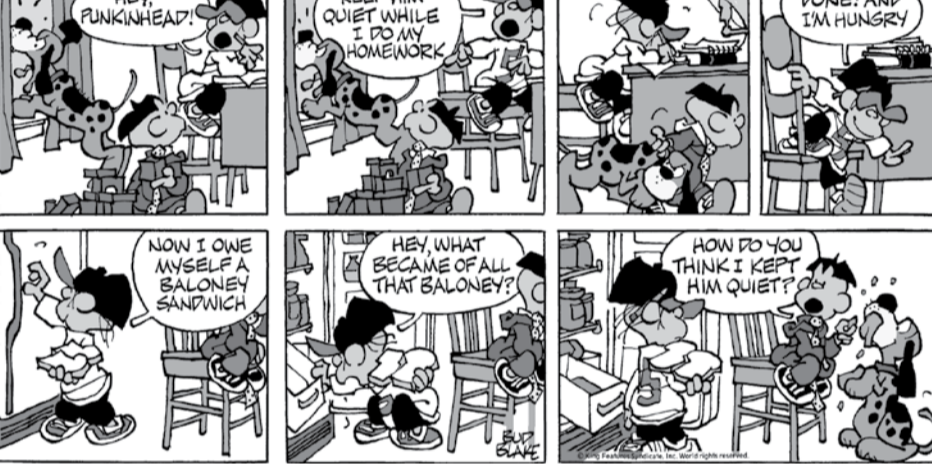
Differences: 1. Flower picture is reversed. 2. Pillow is larger. 3. Nose is different. 4. Pillor picture is reversed. 5. Curtain is wider. 6. Drawer is missing.

**Out on a Limb**



by Gary Kopervas

**TIGER**



by BUD BLAKE

**GRIN AND BEAR IT**



Just Like Cats & Dogs by Dave T. Phipps



A	G	I	S	M		D	O	M			Y	L	E	M				
P	R	O	T	O		A	V	E			W	E	A	V	E			
E	A	T	E	R		L	A	C			O	L	D	E	N			
						B	A	R	B	I	E		C	O	O	P	E	R
						N	I	L			S	A	L	E				
F	D	A				D	I	S	H		D	R	I	L	L	S		
L	U	T	Z			A	L	U	M		S	N	O	O	T			
U	N	T	O			D	A	T	E	D		N	O	G	O			
I	C	I	N	G		P	E	S	O		S	P	I	N				
D	E	C	E	I	T		Y	A	W	S		S	A	E				
						F	I	V	E			E	M	S				
						F	O	S	T	E	R		F	L	O	W	E	R
J	O	I	C	E		O	R	E			K	A	P	O	K			
O	R	E	A	D		O	I	L			E	M	O	T	E			
Y	A	R	N			M	O	T			R	I	S	E	N			

**STATEPOINT CROSSWORD • THE OSCARS**

- CLUES**
- ACROSS**
- Anti-seniors sentiment
  - \_\_\_\_ Pérignon, Champagne
  - Big Bang's original matter
  - Prefix for earliest
  - Call to Maria
  - Bob and \_\_\_\_
  - "Peter, Peter Pumpkin \_\_\_\_"
  - "Le \_\_\_\_ des cygnes"
  - Like yesteryear
  - \*Greta Gerwig's Oscar nominated movie
  - \*He's nominated for playing Leonard Bernstein
  - Nothing
  - White \_\_\_\_ shopping event
  - Federal food safety agency, acr.
  - It ran away with the spoon
  - ROTC happenings
  - Figure skating jump
  - Grad
  - Arrogant one
  - Archaic preposition
  - Passé
  - Scrubbed
  - Sugarcoating
  - Money in Mexico City
  - What DJs do
  - Trickery
  - Swerves
  - Sigma Alpha Epsilon
  - \*Typical number of nominations in one Oscar category
  - Emergency responder, acr.
  - \*"Nyad" nominee
  - \*"What kind of moon?"
  - "Finnegan's Wake" author
  - Mother load offering
  - Java cotton tree
  - Artemis' companion
  - Fat of olives
  - \*What actors do
  - Spinner's product
  - Wisecrack
  - Like Phoenix
- DOWN**
- Cornelius of the movies
  - Snap up
  - 'I' in Greek alphabet
  - Howard of radio fame
  - Death-related
  - One of the Earnhards
  - Spermatozoa counterparts
  - Muhammad's birthplace
  - Review service, with .com
  - Use a ladle
  - At any time
  - \*"No Country for Old \_\_\_\_" multi Oscar winner
  - Suitors
  - Trojan War story
  - \*Just an \_\_\_\_-fashioned love song
  - Slumber
  - Fl., as in fl. oz.
  - \*"A Confederacy of \_\_\_\_" sing.
  - Place above a ceiling
  - Dueler's strike
  - Overnight lodgings
  - Shoelace bunny ears
  - Divine saying

**CROSSWORD**

1	2	3	4	5		6	7	8		9	10	11	12		
13						14				15					
16						17				18					
	19					20			21	22					
						23			24						
25	26	27				28			29		30	31	32	33	34
35			36			37			38		39				
40						41			42		43				
44						45			46		47				
48						49			50		51		52		
						53			54		55		56		
	57	58	59						60			61	62		
63						64	65				66			67	
68						69					70				
71						72					73				

**Switch & Get \$25**

Off First Month of New Service! USE PROMO CODE: GZ590

**Consumer Cellular**

CALL CONSUMER CELLULAR 888-804-0913

© 2023 Consumer Cellular Inc. For promo details please call 888-804-0913

**Classified Advertising**

Sell Your Stuff! Reach 1000's of Readers Every Week!

**MPG**

916.773.1111

6	9	8	5	4	2	3	7	1
3	1	5	8	7	9	2	6	4
2	7	4	3	1	6	9	8	5
9	2	7	6	5	8	1	4	3
4	5	6	1	9	3	7	2	8
8	3	1	7	2	4	6	5	9
7	6	9	4	8	1	5	3	2
5	8	2	9	3	7	4	1	6
1	4	3	2	6	5	8	9	7

**SUDOKU**

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

**SAFE-STEP WALK-IN TUB** 1-855-576-5653

6					2		7	
					8	9		
	7		3				8	5
		7		5		1	4	3
8	3	1		2		6		
7	6				1		3	
			9		7			
4		2						7

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

**LEGAL ADS FOR SACRAMENTO COUNTY?**

**We Can Do That!**

Call to place your legal advertising **916-773-1111**

All Legal Ads Published by Messenger Publishing **MPG**



# Citrus Heights Chuck E. Cheese Gets a Makeover



Manager Midnight Rys welcomes guests at the Citrus Heights Chuck E. Cheese at 6251 Sunrise Blvd.

Story and photos by Thomas J. Sullivan

**CITRUS HEIGHTS, CA (MPG)**

A long-time family favorite in Citrus Heights, Chuck E. Cheese at 6251 Sunrise Blvd. in the Sunrise Hills Shopping Center has wrapped up an extensive interior and exterior remodel.

It's the first substantial top to bottom refresh in some 30 years since the restaurant and fun center opened in 1983, said Midnight Rys, an assistant manager. "It looks cool and brings a youthful, fun spirit to the center for the kids of today to enjoy," she said.

Sunrise Hills is a three-tenant commercial property leased and occupied by National Career Education, Chuck E. Cheese and Montage Salon Studios.

Nationwide, all of Chuck E. Cheese's restaurants and fun centers are being transformed by the Irving, Texas-based company in a \$300 million remodeling initiative with bright, modern interior décor that features vivid colors and contemporary artwork, new games, a trampoline zone and a new "adult-friendly" menu that creates an inviting and exciting environment for today's families.

A recent inside tour of the refreshed Citrus Heights Chuck E. Cheese shows it's still a great place where a "kid can be a kid" — and adults can still have fun too.

Renovations began on January 21 with the replacement of carpet throughout, fresh paint and the retirement of the large familiar animatronic characters of Chuck E. Cheese



The refurbished exterior of the Citrus Heights Chuck E. Cheese at 6251 Sunrise Blvd. welcomes guests.

and his fellow cast members which has since been replaced by a large, interactive dance floor, she said.

The company is revamping its locations to appeal to a new generation, she explained.

A new jumbo video wall which creates a concert-like experience plays sing-and-dance-along birthday tunes and features original Chuck E. Cheese characters now in digital form, which "meets the demands of kids today, who have higher expectations of realism and special effects," according to the company.

Not to worry. "Chuck E. Cheese himself is still excited to welcome birthday guests in person and looks forward to meeting everyone as they come to play and have fun," Rys said.

New booth seating has been reconfigured throughout the center where a combined birthday area and dance floor is just steps away from the kitchen.

Founded by Nolan Bushnell, the co-founder of Atari, and known as Chuck E. Cheese Pizza Time Theatre, the groundbreaking and innovative concept brought pizza, animatronic entertainment and games

together all under one roof. The first Chuck E. Cheese Pizza Time Theatre opened in San Jose in May 1977.

Outside, what was a non-descript beige exterior wall has been repainted with a large-scale caricature of smiling Chuck E. Cheese against a bubble-themed backdrop.

Popular birthday options continue to include arcade games, pizza, drinks, birthday cake, a reserved birthday table with party set up, and plenty of family fun. At Chuck E. Cheese, children collect game tickets and score arcade prizes the more they play a large assortment of kid-friendly games.

The remodeled Citrus Heights center, which has a staff of 20, Rys said, now creates much more of a relaxing environment for parents. The new booth seating in the main game space also features plugins for adults to charge up their phone for plenty of family photos, or work if they must.

Large screen digital menu boards and self-service kiosks near the entrance of the remodel restaurants make ordering off the menu simple and fast, she said.



**By County Supervisor Sue Frost**

Through the generosity of the Citrus Heights Messenger, this column serves to provide an update about matters affecting the community of Citrus Heights.

As we navigate through the heart of election season, with ballots distributed and, I hope, making their way to the Election's Office, we stand on the cusp of the March 5 Primary Election. It's a pivotal time for our community, and I feel compelled to share my thoughts on Proposition 1, slated for the March 2024 ballot.

This measure, which proposes a \$6.4 billion bond aimed at enhancing mental health treatment and housing, presents several concerns in our ongoing battle against homelessness in California.

While the initiative's provision for 6,800 treatment beds and 4,350 housing units, including dedicated support for veterans, is noteworthy, it doesn't fully meet the needs of the estimated 180,000 homeless individuals in our state. Of all the state's dysfunctions, none is more damaging to California's attempts to "make the pitch" to tax payers than the State's worst in the nation homelessness.

California's homelessness crisis is a glaring challenge, one that Proposition 1, despite its good intentions, might not fully address. It seems to focus on a specific part of

**Citrus Heights Community Update**

**Prop 1: A Tale of More Empty Promises**

the problem, potentially leaving many in need without adequate support.

A concerning aspect of Prop 1 is its mandate for counties to use 30% of their Mental Health Services Act funds for housing. This could significantly cut into the budget for crucial mental health services, especially for preventing homelessness and providing early mental health support.

In Sacramento, where resources are already stretched thin, this could lead to a decrease in vital services. One has to wonder, why hasn't the original Mental Health Services Act of 2004, funded by a tax on millionaires, been able to curb our mental health and homelessness issues.

Adding to our challenges, Prop 1's implementation, particularly in financially strained counties like ours, could be difficult. Redirecting funds might mean cutting back on other essential services, compromising the quality and reach of mental health care.

While building new facilities and homes is important, Prop 1 misses a key piece: ongoing support services like job training, education, and continuous mental health care, all critical for successfully helping homeless individuals reintegrate into society.

Moreover, Prop 1 doesn't fully consider the varied needs of the entire homeless population, which includes diverse groups like families, youth, and the elderly, many of whom don't suffer from severe

mental health conditions or substance abuse issues. We need a broader strategy that addresses the unique challenges faced by all homeless individuals.

While Proposition 1 demonstrates a commitment to addressing homelessness and mental health issues in California, it is not a comprehensive solution. The state needs a more holistic approach that includes a broader range of services and caters to the diverse needs of all homeless individuals.

This should include not only funding for treatment beds and housing but also investment in preventative services, workforce development, and long-term support mechanisms. Such an approach would ensure a more sustainable and effective solution to the complex issues of homelessness and mental health in California.

I do believe in reform, redemption, and rehabilitation. However, for a real change to occur, it's crucial for politicians and their activist partners to shift their focus from unchecked spending to taking decisive, early actions such as enforcing basic laws. This approach could have significantly slowed the homelessness crisis.

Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Murieta. ★

"The new trampoline zone was installed just last week," she said. "Kids are really starting to enjoy it."

The trampoline space is available for younger guests under 52 inches tall. Guests can also take advantage of the space with an all-day jump pass or as a birthday party add-on.


"We're also excited to offer a completely new menu for adults which we think they will like," she said. Four new signature pizzas, with multiple

topping choices, baked to order, brushed with garlic butter, and sprinkled with Italian seasoning are offered in large sizes. A variety of hot wings offered in flavorful sauces and rubs now deliver the heat.

A new menu was rolled out nationwide in December 2023 as part of the company's strategy to offer new flavors and experiences to the millions of parents that visit each year, rather than just the chain's youngest diners, said

Chuck E. Cheese (CEC) Entertainment CEO and President David McKillips in a recent press release.


Chuck E. Cheese at 6251 Sunrise Blvd. in Citrus Heights is open Sunday through Thursday from 11 a.m. to 9 p.m., Friday from 11 a.m. to 10 p.m. and Saturday from 10 a.m. to 10 p.m. Call 916-723-2932 for more information, or visit: locations.chuckecheese.com/us/ca/citrusheights/6251-sunrise-blvd. ★





## Election Information


### March 5, 2024 – Presidential Primary Election


Vote Early and Vote by Mail.

- 

**Feb 5** Ballots begin to arrive by mail. Ballot Drop Boxes are now open.
- 

**Feb 20** Close of registration. Register today!
- 

**Feb 24** 11-Day Vote Centers open through Election Day.
- 

**Mar 2** All Vote Centers open through Election Day.
- 


**Mar 5** Election Day! Last day to turn in your ballot.

**Vote Early! Don't wait for Election Day**

Take advantage of early voting and avoid the lines! You can return your ballot in the mail, at any Ballot Drop Box, or at any Vote Center. No postage is necessary.


**Track your Ballot**

Sign up for "Where's My Ballot?" with Ballottrax, a free ballot tracking and alert system. It is available to all voters who wish to track the status of their Vote by Mail ballot - from printed to accepted. This provides additional transparency to voters on the status of their ballot.



**Vote Early! Vote by Mail.**

Visit [www.elections.sacounty.gov](http://www.elections.sacounty.gov) or Call Toll Free (800) 762-8019







Spring 2024

Donald Kendrick Artistic Director

Presents



EUROPEAN MASTERWORKS

STABAT MATER - Antonin Dvořák

A powerful work that speaks to universal themes of loss, compassion and hope, transcending religious boundaries and resonating with listeners of various backgrounds.

SATURDAY | MARCH 2 | 3PM

SAFE Credit Union Performing Arts Center  
1301 L STREET, SACRAMENTO

Projected Supertitles

Olivia Smith, Soprano Salvatore Atti, Tenor  
Maggie Renée, Mezzo David Soar, Bass



Smith

Renee

Atti

Soar

SAFE CU PAC Box Office | 916.808.5181 or Ticketmaster.com

SACRAMENTOCHORAL.ORG

COBRA, Covered California, Medicare; Comparing Your Health Insurance Options

By Tim Coughlin



Transitioning from employer-based health insurance to COBRA, Covered California or Medicare can trigger many questions;

to use an independent insurance agent. Agents are paid by the insurance companies. You pay the same premium regardless of whether you work with an agent or go directly to an insurance company.

How does my COBRA compare to private health insurance through Covered California? Am I eligible for "Premium Assistance" or "Cost-sharing reductions?" How do the deductibles and copays compare? Which plans let me to keep my doctors?

Finding a Local Health Insurance Specialist

When looking for a good agent (aka "broker") to assist you, look for someone who is an independent agent, who has significant local market experience, who specializes in health and/or Medicare insurance and who has a good number of positive client reviews. A good agent will take the time to understand your situation and objectives, including current doctors and prescriptions before proposing any plans for consideration. Membership in the National Association of Benefits and Insurance Professionals (NABIP) is a good indication of the agent's health insurance specialization and professional commitment.

All good questions...and Medicare can be even more challenging to navigate;

When and how do I sign up for Medicare? How much does it cost? Are Medicare Supplements better, or Medicare Advantage plans?

Rules, Deadlines, and Penalties

Our health insurance and Medicare systems have complex rules regarding eligibility, enrollment deadlines, and costs. Failure to navigate the system effectively can result in penalties, extra costs or worse, an inability to maintain optimal coverage.

Knowing the right questions to ask and comparing your options can be difficult and time consuming.

Help Is Available at No Cost to You

Enlisting the help of an experienced health insurance agent can save you time, money, and stress.

Many people are surprised to learn that there is no costs to you

Tim Coughlin is an award-winning independent insurance agent specializing in health and Medicare insurance for over 35 years in Gold River. He is the recipient of the prestigious Soaring Eagle award from NABIP and maintains 100% 5-Star reviews. He can be reached at (916) 346-4417 or by email: [tim@summitindins.com](mailto:tim@summitindins.com).

This is a paid advertorial



LOCATED IN GOLD RIVER, CA (LIC # 0669552)

**KP International MARKET**  
10971 Olson Drive Rancho Cordova, CA 95670  
916.853.8000  
Market 7 Days: 8am - 9pm  
Food Court: 7 Days: 11am - 3:30pm  
Korean/Mex/Viet: 7:30pm last call  
Chinese/Japanese: 7:00pm last call

NOW OPEN

ENJOY OUR FRESHLY BAKED BREAD & CAKE

10971 OLSON DR RANCHO CORDOVA, CA 95670



**FRESH PRODUCE**

Asparagus Large \$2.69/lb	Carrot 5 lbs \$3.99/bag	Danjo Pear 99¢/lb	Pineapple \$2.69/ea
Fuji Apple 3 lbs 2/\$5.00	Avocado 2 lbs \$2.59/bag	Chayote Squash \$1.19/lb	Ginger Root \$1.39/lb

**AMERICAN/HISPANIC GROCERY**

Laxey's Seasoned Salt 16 oz \$5.99	V8 Splash Berry Blend Tropical Blend 64 fl oz \$2.99	MORTON SALT \$1.49	Morton Salt Regular & Iodized 26 oz \$3.99	No Brand Paper Cups 30 ct \$1.49	Sunny D Tangy Orange Juice 64 fl oz \$1.49
------------------------------------	--	--------------------	--	----------------------------------	--

**ASIAN GROCERY**

Beef \$8.99/ea	Por Lo Ku Mushroom Seasoning 17.11 oz \$7.99	777 Mackerel 15 oz \$4.99	777 Mackerel 15 oz \$1.99	Savvy Coconut Cream 13.5 fl oz \$3.99	Kapal Api White Coffee 3 in 1 5.7 oz \$3.99
----------------	--	---------------------------	---------------------------	---------------------------------------	---

**EUROPEAN GROCERY**

Solid Mediterranean Olive Oil Blend 2 liters \$11.99	Solid Gibraltar Pure Ceylon Tea 454 gr \$8.99	Natalie's Acai Blend Luscious Honey 905 gr \$11.99	ARMY BRAND Chopped Pork 425 gr \$4.99	ARMY BRAND Chopped Pork 425 gr \$5.99
--	---	--	---------------------------------------	---------------------------------------

**KOREAN/JAPANESE GROCERY**

Jyujin Mixed 7 Grains 4 lbs \$6.99	Try Herb Sogongyu 300 ml \$7.49	Chestnut In Syrup 370 g \$7.99	Kyran Pancake Frying Mix 1 kg \$2.49	Choco & Peanut Pie 2 lb \$1.99	All-Purpose Wheat Flour 2.5 kg \$3.99
------------------------------------	---------------------------------	--------------------------------	--------------------------------------	--------------------------------	---------------------------------------

**HOUSEWARES**

MODAMODA SHAMPOO 300 G \$29.99/ea	ELECTRIC BBQ GRILL \$39.99	KAIZEN WOK PAN 30 CM \$14.99	WATERMELON SLICE KNIFE \$3.99
-----------------------------------	----------------------------	------------------------------	-------------------------------

**FROZEN & FISH DEPT**

Frozen Raw Shrimp 41/50 2 lbs REG. \$12.99/ea \$7.99/ea	Shredded Coconut 340 g REG. \$2.99/ea \$1.99/ea
---	---

**WEEKLY MEAT SPECIALS**

Chuck Roast - Bnls \$4.99/lb	Beef Ribeye Roast - Boneless \$6.99/lb	Beef Ribeye Steak - Boneless \$7.99/lb
Ground Beef Lean \$4.99/lb	Pork St. Louis Ribs - Single Pack \$3.99/lb	Pork Sirloin Meat Boneless \$2.99/lb

**FROZEN & FISH DEPT**

Assi Crispy Seaweed Rolls 1.1 lbs \$3.99/ea	Columbus Pan Roasted Turkey Breast \$11.99	Olive Medley \$4.49
---	--	---------------------

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE FEBRUARY 21 - FEBRUARY 27, 2024.

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE FEBRUARY 21 - FEBRUARY 27, 2024.