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**SOUTH EDITION: Charlton, Dudley & Webster** 

March 8, 2024

# Charlton's Turner Road Bridge to be Replaced, Senior Center Plans, and New Library Roof

BY IANET STOICA jstoica@TheYankeeXpress.com

he town was able to secure a grant from the MassDOT's Small Bridge Program and the highway department is working with the Pare Engineering firm that has been assigned by the state as the project engineer. "A meeting is

placement project has obtained all necessary abutter agreements to begin work. "We will also be including a pedestrian access to better connect the Charlton Elementary School Parking Lot to the athletic fields and library to hopefully mitigate parking concerns during athletic events. We are planning for construction over the summer

ted the proposals. "The Council on Aging will soon begin their tours of both facilities to review what the sites offer and weigh the cost benefits. A feasibility study will be done to measure the cost metrics vs. construction of a new facility," said Mr. Golas.

A seven-year update for Charlton's Open Space and Recreation Plan needs town volunteers. Open space refers to passive recreation like walking pathways, etc. and reflects on the future of conservation and recreation resources. The year 2017 was the last revision and if there are local residents who are interested and would like to volunteer their time, their involvement would be greatly appreciated. Talent Bank Forms are available on the town website: townofcharlton. net Just type "Talent Bank" in the upper right corner of the home page.

With the funding for the town's library roof replacement already approved, supplier bids were due by February 28. "There was roof leakage on one section of the library roof," said Mr. Golas, "and the gutters and roofing were due for replacement as they had degraded. The \$400,000 project will include new 40-year shingles and rain gutter replacements." Current gutters are built into the roof edging, are copper-lined and are not visible, but the downspouts are viewable. The new roof and gutters should be completed soon.



### **Prestige Salon for Health and Wellness**

BY PATTY ROY

ur salon and day spa is a place where you can relax and let the stress of life go." There's no better way to sum up what the Prestige Wellness Salon and Spa in Webster is all about than the first line of their website.

Safe, sanitary, holistic and luxurious - it's a salon, so of course, they're looking out for your wellbeing. But right now, one year into their flourishing business, let's focus on the holistic. Something that not only makes you look good, but adds to your physical wellness.

Spa owner Lorri Ducharme wants people know about Halo Therapy (also known as dry salt therapy) that can relieve a host of skin and breathing conditions from asthma and allergies to coughs, colds and psoriasis. Even athletes use it to expand their lung capacity, she said. Some folks also find anxiety and stress relief.

It's a wellness treatment that Prestige Salon is pleased to offer its

The Halo Therapy client sits on a bench in a booth that looks similar to a one-person sauna or an oldfashioned phone booth. The booth has a wide, tempered glass door, so there's no need to worry about claustrophobia. (Also, you're in charge of the opening mechanism). It's important, Ducharme notes, that you wear loose, light, comfortable clothing. If you have skin conditions, she suggests you wear a bathing suit or a tank top and shorts to expose areas of your skin that may have eczema or psoriasis or otherwise require treatment.

The salty, curative air is prepared by a "Halo" generator that grinds up 99.9 percent pure sodium chloride and blows it into the booth, explains Ducharme.

'You breathe in the fine, aerosolized particles," she said, adding that is what helps your lungs and

According to WebMD, salt

**PRESTIGE** continued on page 3



scheduled to review plans and for determining a tentative timeline for the bridge's completion. The Small Bridge Program is specifically aimed at bridge replacements under 20 feet in length," said Andrew Golas, Charlton's Town Administrator.

The Main Street Sidewalk re-

following the end of school," stated Administrator Golas.

Additionally, the town has received two proposals for Senior Center space. The Overlook on Masonic Home Road and the Charlton City United Methodist Church on Stafford Street submit-

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# Dudley awarded \$80,394 Green Communities Grant, Selectmen Agenda

BY JANET STOICA jstoica@TheYankeeXpress.com

ccording to the town's website, the state Department of Energy Resources, Green Communities Division has recently approved an award of \$80,394 for projects proposed in the Town of Dudley's Green Communities Competitive Grant application. State DOER staff selects grant

applications to fund based on a number of factors, including energy impacts, emissions reductions, utility incentives, reasonable budget, and efficacy of measures in terms of energy savings. DOER also looks favorably on projects that exhibit innovation and consistency with the Commonwealth's stated clean energy priorities.

The grant funded projects are:

• \$35,403 to the Highway

Department for an air source heat pump

- \$4,431 to the Highway Department for weatherization
- \$30,799 to the Fire Department for weatherization
- \$4,761 to the Pearle L. Crawford Memorial Library for weatherization
- \$5,000 to the Town for administrative assistance in managing the



**Dudley Municipal Complex and Police Facility** 

"The Town is proud of the efforts of its staff, including the Town Planner, the Highway Department Superintendent, the Special Projects Intern and the department heads, who assist the town in applying for and securing grants whenever and wherever money is available that would benefit the town," Town Administrator Jonathan Ruda said.

Additionally, Board of Selectmen were scheduled to meet on Monday, February 26, 2024, and as of this printing, the items to be discussed include fiscal year 2025 draft budget recommendations; permission to hold a toll booth for Dudley Little League donations on

Saturday, April 20, from 9 a.m. to 12 noon on the Dudley/Webster town line as well as permission to hold to Dudley Little League Parade on Saturday, May 4, with a rain date of Saturday, May 11; an amendment to the Regulatory and Compliance Revolving Fund to amend a revenue source of the Regulatory Compliance Account; a review of a mutual aid agreement presented by Police Chief Marek Karlowicz; a cash reconciliation update from the Treasurer/Collector from October 2023 to date; and a Highway Superintendent job description update from Chief Karlowicz.





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The Yankee Xpress/@2024

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### **PRESTIGE**

continued from page 1

is a natural and safe ingredient with no notable side effects. It 0-also can help clear mucus from your airways, has antibacterial properties, is anti-inflammatory,

Ducharme explained, when doctors in the 1800s noticed that Eastern European salt miners were an unusually healthy group who did not suffer the effects of working underground like other miners did.

"It just made so much sense to me," she said.



Spa salt therapy booth

anti-allergic and helps boost im-

You only need to sit the booth for a minimum of 10 minutes to get the benefits for your skin and lungs, said Ducharme.

For added relaxation, "We have an iPod where we play relaxation music," she said.

The therapy is an old one,

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Despite the fact that salt is what's known as an "inhospitable host," (not easily contaminated by pathogens) the spa pays strict attention to sanitizing the booth after every use, Ducharme said.

We disinfect after each guest uses the booth," she said.

Other conditions that Halo Salt Therapy is good for include;



Coffee bar at Prestige Salon and Spa

throat infections or pharyngitis, chronic obstructive pulmonary disease (COPD), bronchitis, sinusitis, tonsillitis and cystic

"It's great to use this to be proactive for things like bronchitis," Ducharme said.

She is also talking to the Dudley Fire Chief about firefighters

using the dry salt booth to clean out their lungs after fighting a fire.

"That's something I would like to get set up for them," she said.

Of course, you should always check with your doctor first. There are conditions such as high blood pressure, cancer or open wounds that are not conducive to the treatment.

Clients can book packages or so single visits.

Pricing begins at a reasonable \$25 for a single visit and packages build in discounts.

Prestige Salon and Spa also offers manicures, pedicures skin care, spray tanning and microblading and powder brows. Try out their excellent coffee bar for an added way to treat yourself!

The salon is located at 118 Main Street, Webster, Online, visit theprestigesalon.com.



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### Nationwide, Local Newsrooms Have Lost 43,000 Reporters

BY JANET STOICA jstoica@The YankeeXpress.com

ocal news reporting has somehow been shoved under the rug. Where have all the local reporters gone? Why have they left? There is certainly room for them in the digital press. Is it because people are reading small as in whatever can be crammed onto the small screens of their handheld devices and their eyes are tiring from the electronic lighting? No time? No energy? Just what is it that has turned so many people away from being involved in their own town as they're not aware of the local news?

It may just be all of the above. Since 2005, 43,000 local news

reporters have left the ranks of local papers that have been gobbled up by printing conglomerates that are solely focused on national and international news. When these giant companies like USA Today buy your local newspaper, they are eliminating the local reporters because there isn't room for them in their pages or in their salary budgets. These titans have chosen to obtain their news items from the national press organizations that do not focus on what's going on in your own hometown. They are interested in profit margins to the max only. They have no interest in local stories as their advertising income is from national and international advertisers. Why would your neighbor be interested in



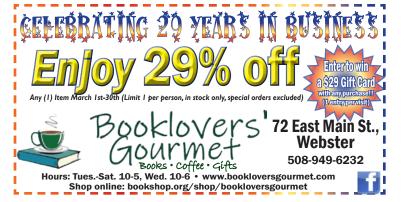
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buying consumer packaged goods, pharmaceuticals, or Walt Disney World goods? Why indeed.

When local news is not reported. local residents become disenfranchised from local events whether it's the local Little League, local entertainment activities, or being involved in their town government. Town meetings? Many towns are hard-pressed to meet quorums for their town meetings these days. Why? No one knows about them because there isn't anyone reading town news because it's not being reported! There is nothing available but for media influencers like Facebook, Instagram, etc. or even the spoon-feeding of agitating 24hour TV news media. Where is the honesty? Where is the un-biased reporting of your local journalist? They are gone, they've bitten the dust, and they are all ancient artifacts.

In our local area, we still have

the Stonebridge Press with its local reporting of Auburn, Dudley, Charlton, Oxford, and Webster news. We also have the monthly Yankee Xpress. But these are weekly and monthly newspapers, not dailies. There once was the Worcester Telegram & Gazette which currently and barely has a local news story unless it's a sensational item. Most of their stories are from USA Today staffers or international press services. Local sports? Forget it. Those reports are usually 48 hours old. The reporting of the local teams is still very well written however. You would be hard-pressed to see any reporting of town meetings, select boards, town councils, or fiscal budgets for any of the five towns listed above. Residents have absolutely no idea what is happening in their town. Budgets are passed at town meetings with low attendance by residents. So, if you're unhappy with a line budget item that was passed at town meeting, you have nothing to complain about if you did not attend. But, then again, how would you know when the meeting was held if there is not a whit of information published in the paper.

Steady rivers of bad economic news, false statements by politicians that have never been fact-checked, sensationalism of anything has given the public a bad taste for journalism. It's become a cesspool of erroneous and false data that never seems to end. Like the old story about gossip that has now become the norm. One person tells another and that person tells another and by the time the story has passed into the ears of listener number 10, the subject has become grossly distorted and sensationalized.

According to George Will of The Washington Post, since 2005 nearly 2,900 newspapers have closed and an average of 5 papers have disappeared every 2 weeks. More than half of the nation's counties (1,766 of 3,143) have become "news deserts" having either no local news source or just one, typically a weekly newspaper. A large majority of the 6,000 remaining newspapers are weeklies.

Will further states that the collapse of trust in journalists is less severe regarding local news sources which might have something to do with the absence of political slant to local box scores or that local traffic light installation.

Local papers are your only remaining source of unbiased and true local news. You should make it a point to acquaint yourself with them and to start a habit of introducing younger family members to their local surroundings. Let's go!

As the Post's motto states "Democracy Dies in Darkness."





# March Happenings at the Charlton Public Library

Visit our website (charltonlibrary.org) for a full listing of programs and events.

#### **MOVIES @ THE LIBRARY**

All showings are on Tuesdays at 1 p.m. at Dexter Hall. No registration required. Free popcorn!

March 5: West Side Story starring Natalie Wood.

March 12: A Star is Born (2018) starring Lady Gaga and Bradley Cooper

March 19: LA LA Land starring Ryan Gosling and Emma Stone

March 26: Yellow Rose starring Eva Noblezada and Princess Punzalen

### **SILVER NEEDLES KNIT & CROCHET GROUP**

Thursdays from 1-3: p.m. Upstairs Reading Room; no registration required

All are welcome, regardless of skill level; no registration required.

Feature: Quilting Presentation With Timna Tarr

Saturday, March 2, 10:30 a.m. -12p.m. Dexter Hall; registration is requested

Timna is known for making fun, colorful, award-winning quilts. She will discuss her design, color choices, and personal stories behind her quilts. Funded in part by the Charlton Cultural Council, a local agency supported by the Massachusetts Cultural Council.

#### **BETTER READ THAN DEAD BOOK CLUB - "TELL ME EVERYTHING" BY ERIKA KROUSE**

Wednesday, March 6, 11 a.m.-12 p.m. Sibley Reading Area; no registration required.

A monthly meetup to discuss entertaining and fascinating true crime books. Books available at circulation prior to discussion.

#### **GENEALOGY GROUP - GENERAL** DISCUSSION

Thursday, March 7, 6-7:30 p.m. Community Meeting Room; no registration required.

The CPL Genealogy Group is a friendly group of people who share an interest in genealogy. The meetings are free and open to the public. Tonight will be a general discussion and story sharing!

### A CELTIC CELEBRATION WITH DAVIS **BATES**

Thursday, March 7, 6:30-7:30 p.m. - Dexter Hall; no registration

Davis will regale the audience with tales and songs from Ireland, Scotland and Wales. Funded in part by the Charlton Cultural Council, a local agency supported by the Massachusetts Cultural Council.

#### **COMMUNITY YOGA**

Saturday, March 9, 9:45-10:45 a.m. Dexter Hall; registration is required.

Join Linda Davis for a free monthly community yoga class. All ages and levels are welcome. Wear comfortable clothing and please bring your own yoga mat.

### **BOOK DISCUSSION - "THE PIANO** TUNER" BY DANIEL MASON

Thursday, March 14, 6-7p.m. Community Meeting Room and via Zoom; no registration required.

Books are available for checkout at the adult circulation desk one month prior to discussion. Zoom link: https://us06web.zoom. us/j/88235025038

Feature: National Quilt Day Exhibit & Demonstrations

Saturday, March 16, 10 a.m. -2 p.m. Dexter Hall; no registration required.

Hosted by Cornerstone Quilters Guild, the room will be filled with many quilts and ongoing demonstrations of quilting techniques that highlight the diverse world of quilting--from traditional to modern to contemporary.

#### **DEATH CAFE**

Wednesday, March 20, 1-3p.m. Dexter Hall; no registration required.

Death Cafés provide a safe environment to gather, eat cake, drink tea or coffee, and enjoy open-minded conversation about dying and death. Questions? Email kwalker4@mac.com.

### **ALZHEIMER'S CAREGIVER SUPPORT**

Thursday, March 21, 6-7:30 p.m. Community Meeting Room; no

registration required.

Led by experienced caregivers and offers information, resources, and strategies specific to caring for someone with Alzheimer's and other Dementias along with support for transitioning to different care settings. No registration Co-sponsored by Tri-Valley and Charlton Public Library.

#### **CRITICAL THINKING DISCUSSION GROUP**

History of the Great American Fortunes (Ch. 2 Astor) by Gustavus Mvers

Friday, March 22, 1-2 p.m. - Sibley Reading Area (Main Floor); no registration required.

No experience with critical thinking discussion groups is necessary. Books/materials are available for checkout one month prior to discussion. Questions? Email saga3@charter.net.

#### **SARJ (SATURDAY ACOUSTIC ROOTS** JAM)

Saturday, March 23, 12 - 1:30 p.m. Dexter Hall; no registration required.

An acoustic only music jam. Open to all 18+. Join us to play or just to listen!!

### **CULE (CHARLTON UKULELE LEAGUE & ENSEMBLE)**

Thursday, March 28, 6-7:30 p.m. Community Meeting Room; no registration required.

Experienced musicians and newbies all welcome. Questions? Email Cule5632@gmail.com

### **LEE IRISH DANCE TOUR**

Saturday, March 30, 1-2 p.m. Dexter Hall; no registration required.

Join us for some entertaining Irish Dancing in Dexter Hall to celebrate the season!

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### Goals Being Accomplished at Bay Path

BY CHRISTOPHER TREMBLAY STAFF SPORTS WRITER

Prior to the season getting underway, coach Randy Schulman and his team set some goals like most teams do. Coming into his inaugural season as a head coach for the Bay Path girls basketball team Schulman thought that he had himself a good team, but one that could also use some improving.

One of the first goals for the Minutemen was to capture the Colonial League and that has been checked off. Bay Path has accomplished goal number one, something that hasn't happened in some seven years. Goal number two would be to make the State Tournament; the girls have qualified to participate in the Division 2 Tournament, but it will not be easy as they have moved up from Division 4. The team has also qualified for

the State Vocational Tournament, where last winter the team fell to Mashpee in the play in round.

Two other goals still on the table for Bay Path to achieve are to get into either the Clark Tournament or the Central Mass Tournament.

"The Clark Tournament is historical and it would be a great honor to be part of it, you get to see teams that you normally don't see throughout the year," said Schulman. "Last year they added a girls bracket with four teams in the large and four in the small division; this year they're expanding it to be eight teams in each division as the boys have."

At the time of this writing the Minutemen were currently 12-2 overall and 8-0 in the league. Their two losses came early in the season, the second and third games, to tough Division 1 schools. According to the coach, despite the losses, the girls continued to battle to the



The Bay Path Voke Tech Minutemen girls' basketball team. Photo submitted

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end of each game.

After opening the season 1-2, Bay Path reeled off 11 straight wins and Schulman believes the team never deviated from what they were doing right out of the gate.

"Honestly, there was not much difference to why we turned things around to have success," the Bay Path coach said. "The girls continued to play hard every game, night in and night out. This team is a pleasure to coach and the girls are following game plans and I am very excited about our potential."

Bay Path will have another shot at Acton/Boxboro, one of the two teams to beat the Minutemen early in the season near the end of the season. The second meeting will show the first-year coach how the young team has improved and handles the situation the second time around.

Schulman noted that the Minutemen do not have that one

prolific scorer that can take over a game. Instead, he has five girls that can average 6-10 points per game and on any given night a different athlete will step up to be the leading scorer and carry the team.

One of the key players to the team's success has been guard Alison Welton. The junior has not only been a playmaker for the Minutemen but can do it all for the team while averaging 10 points a night.

Another junior, Kendall Bond, has been putting up 10 points and grabbing 10 rebounds per contest as the team's center this winter.

"She's a forward, but we needed her to step up and be our center. She is our biggest girl, but not nearly as big as the other teams we play," Schulman said. "Most games, if not all of them, we are playing a team with a bigger center, but it doesn't bother her – she continues to battle. She also sees the floor well and is a great passer."

Anika Ferrantino, another guard, has been a solid player all year long and is probably the best defensive player on the squad. According to the coach, the sophomore guard is looking and wants to cover the opposition's best player, she wants that challenge. The sophomore is averaging around 9 points per game during the season.

Having only two seniors, Bay Path is a very young team when it takes to the court. Maggie Mullaly and Noalani Perez are the co-captains of the team and although they both find themselves coming off the bench they have contributed to the success the team has been having.

Schulman doesn't go with a set lineup night after night; his starting lineup rotates depending on who the squad is playing. All of the

**BASKETBALL** 



### Peeps Diorama Contest

Glady E. Kelly Library, 2 Lake Street, Webster Saturday, March 23, 12 p.m.

Recreate your favorite story or literary scene using the library's supplies and marshmallow peeps. The Dioramas will be on display in the library for a month. Patrons are invited to vote for their favorite. All ages invited to take part, including families, teens, and groups of adults who are looking to get creative.

### **BASKETBALL**

continued from page 6

girls have not only bought into the premise, but they put forth their best effort and know everyone will get her share of minutes.

Two sophomores who have been impressive and played some decent basketball are Gabi LaPan and Allie Klar. The duo have been with the team since their freshman campaign and have shown that they can take their game to the next level.

Arianna Gonzalez, a role player, Hannah Cavan, a very scrappy player and Kortnie Adams, a great defensive player who can shoot the 3, have all been involved with the success of the team. Sophomore Aliyah Gonyea and freshman Kayla Schroeder round out the Bay Path team.

As the team finishes up the first season under Schulman, the coach is looking forward to what else they can accomplish.

It has been great coaching these girls," Schulman said. "It's been very exciting and I am looking forward to seeing what they can accomplish during the tough part

of the schedule over the last four games."

Bay Path earned the right to play in the Clark Tournament Girls Large Division as the number 7 seed. Unfortunately, the Minutemen could not upset the number 2 Northbridge squad and were eliminated in a tough, hard fought 44-39 contest.



### Prayer

thy kingdom come, thy will be done on earth as it is in Heaven. Give us this day, our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil (intention), Amen.

If you pray three times a day, three consecutive days, you will receive your intention, no matter how impossible it may seem. Praise and Thanksgiving please the Heart of God. Believer

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### Justin Hayward and Christopher Cross to perform at Indian Ranch

wo of the most iconic voices in rock are coming to Indian Ranch. The voice of The Moody Blues Justin Hayward and five-time Grammy Award Winner Christopher Cross will perform at the Webster Sunday, July 7. Tickets are on sale now at www.indianranch.com. A limited number of Low Dough Early Bird General Admission tickets will be available for just \$32.50 through March 8th, while supplies last.

Having chalked up over fifty years at the peak of the music and entertainment industry. Justin Hayward voice has been heard the world over. Known principally as the vocalist, lead guitarist and composer for the Moody Blues, he is an enduring talent that has helped to define the times in which he worked. Over the years the band has sold more than fifty-five million albums and received numerous awards. In 2018, along with the other members of The Moody Blues, Justin was inducted into the legendary Rock and Roll Hall of

Born and brought up in Swindon in the UK early when his grandfather bequeathed him his large collection of 78 rpm recordings.

"It opened a world of imagination to me," says Hayward. Having taught himself to play the ukulele, he soon progressed to guitar and by his early teens he was playing in local groups. Upon leaving school at 17 he answered an advertisement in Melody Maker newspaper and successfully auditioned for UK Rock and Roll hero Marty Wilde.

'I got the job playing guitar for Marty – it was a dream come true for me," he said. He credits Marty with encouraging him to become a songwriter; he made several recordings with Marty's 'Wilde Three' and also appeared with them at the London Palladium. They remain close friends to this day: "Marty is still my hero," Hayward said.

Having released a couple of solo singles, he joined the Moody Blues in the summer of 1966. Hitting his stride immediately with the single "Fly Me High," he followed it up with the classic hit songs "Nights in White Satin" and "Tuesday Afternoon" from the seminal album Days of Future Passed." The album went on to become a favorite of the NASA astronauts and was taken aboard the Atlantis shuttle spacecraft by chief astronaut "Hoot" Gibson on many missions.

Hayward created other classic, era and genre-defining hits "Question," "The Voice," "The Story in Your Eyes," "I Know You're Out There Somewherei" and "Your Wildest Dreams." These laid the foundation for the incredible success story of the Moody Blues - as well as his solo work - which continues to this day.

Christopher Cross burst onto the music scene with his 1980 selftitled debut album, winning five Grammy Awards, including—for the first time in Grammy historythe "Big Four" most prestigious awards: Record of the Year (for the single "Sailing"), Album of the Year, Song of the Year (also "Sailing"), and Best New Artist.

In a career spanning more than four decades, Cross has sold over 10 million albums. His music has garnered five Grammys, an Oscar, a Golden Globe, an Emmy nomination and five Top 10 singles.

Within a year of the first album's release, Cross joined music royalty Burt Bacharach to write "Arthur's Theme," for the movie Arthur, which won an Academy Award for Best Song. With his 1983 release, Another Page", Cross was again in the Top 10 with the singles "All Right" and "Think of Laura." His song, "Swept Away," composed for the hit television series, Growing Pains, was nominated for an Emmy.

Cross started his own label and, since 2007, has released 8 albums of new material, including "A Christopher Cross Christmas" and "The Café Carlyle Sessions", jazz treatments of hits and favorites born out of a residency at the famous Hotel Carlyle in New York City. "Take Me as I Am" released in 2018, features richly-crafted melodies and elegant guitar work. The latest project for Christopher Cross Records is aptly titled "The Complete Works". Released in 2020, it celebrates his 40th anniversary as a recording artist and is a collection of all 12 previously-released CDs, one CD of singles and bonus tracks, and a pink vinyl containing one track from each album chosen by Christopher.

Indian Ranch offers music lovers a chance to see some of the greatest country, classic rock and pop bands steps from Lake Chargoggagoggmanchauggagoggchaubunagungamaugg. Nestled between pine trees, the amphitheater offers the



Justin Havward

ability to see the stage from anywhere in the audience. More than a concert venue, Indian Ranch opened Samuel Slater's Restaurant and is also home to the Indian Princess paddlewheeler and Indian Ranch Campground.

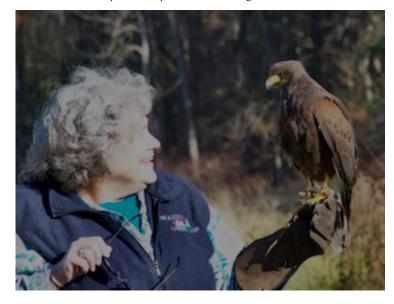
Tickets are on sale now for Justin Hayward and Christopher Cross on Sunday, July 7. A limited number of Early Bird GA tickets will be available for just \$32.50, until March 8th. Gates open at 11:30 a.m. and show time is 1p.m.. Tickets are available online at indianranch.com, by calling 1-800-514-ETIX (3849) or at the Indian Ranch Box Office. All events are rain or shine. No refunds. Indian Ranch is located at 200 Gore Road in Webster.



### March Photo Exhibit

he Beauty of Nature" by Gail Alexander will be featured at Booklovers' Gourmet, located at 72 East Main Street, Webster from March 1-30 in the cafe gallery. The exhibit is free and open to the public during regular business hours: Tuesday-Saturday 10 Dudley. She graduated from Nichols College with a bachelor's degree in business and has spent her career at a large local company.

She has always had a love of animals and enjoys spending time with and around them. She spent many years showing her Thoroughbred horse, AliBaba,



a.m.-5 p.m., Wednesday 10 a.m.-6 p.m., closed Sunday and Monday. A meet the artist reception will take place on Saturday, March 9, 2 a.m.-4 p.m. For more information call 508-949-6232 or email deb@ bookloversgourmet.com.

About the artist: Gail is a life long resident of

ocal 4 Life invites you to

experience the March full

moon and learn about the

Farm, 33 Koebke Road in Dudley,

As in past years, the event will

night sky at its Annual Worm

Moon Walk on Walnut Lane

Massachusetts, on Saturday,

March 23 at 6:30 pm.

Worm Moon Walk

in the dressage arena, even once qualifying and showing at the regional championships in New York. She also spent time training and competing her two Olde English Bulldogges, Apple and Nikita, in the sport of Nosework (think police dogs trained to sniff out drugs, except instead of sniff-

ties. Its staff and volunteers have

educational children's workshops

at local farms and businesses, and

contests that promote the impor-

Local 4 Life provides diverse

offered unique events, such as

family outings at local farms,

tance of supporting local.

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ing out drugs, her dogs sniffed out specific odors). Both she and her dogs have won many titles in the

Upon the passing of her beloved horse, she found herself with lots of time on her hands and in need of a new hobby so she picked up a camera and has been hooked ever since. She would take her dogs hiking with the camera in tow. When the dogs became physically unable to hike with her, she would head out by herself whenever and wherever it struck her fancy. That is where she really learned to appreciate nature and all its beauty. She is drawn to water, so many of her photographs are around rivers or oceans or ponds and has a special spot in her heart for raptors: but loves photographing all kinds of birds and animals, and anything else that catches her eye. Nowadays, it is not unusual to find her out and about with some

tures", always with a camera in Her work has been displayed in a juried show titled "The F-Stops Here" at Hygienic Gallery in New London, CT. Most recently five pieces of her work were displayed at Workspace Gallery in Manchester, CT in their "Perspectives of

Time" show. She has since become

a member of the gallery and later

cal conservation. These programs

towns and impacted people of all ages in those communities.

For more information, visit

www.local4life.org or their Face-

book page, www.facebook.com/ Local4LifeMA, or call Erin at

have spanned six surrounding

friends or spending time with her two granddaughters on "advenin 2024, more of her work will be on display and for sale at the gallery as well.

"It wasn't until I started taking pictures that I began to realize that there is great beauty in everything around us. Life gets so busy and we run from place to place or task to task, that we often

don't notice the little things right in front of us - like the quirkiness of the birds at the feeder or how majestic the eagle is soaring overhead. Photography has taught me to slow down and enjoy what is right in front of me."

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1.1/2 LB. HAM STEAK OR
1.1/2 LB. COOKED CHICKEN WINGS

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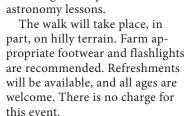
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### Case Management Accelerated Training program is a success

he Executive Office of Health and Human Services awarded Tri-Valley, Inc. of Dudley a

Workforce Development grant earlier this year. Using those funds and operational parameters, a Case

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Management Accelerated Training (CMAT) program was developed and launched in September 2023. The intense training program consists of both classroom learning, fieldwork with current case managers, and remote learning days. Partnering with local universities and community-based organizations has provided a broad range of learning opportunities. Students are those who do not have a fouryear degree and seek employment and career opportunities in the human service sector. Students represent a wide range of skills, knowledge, and desire to complete this 11-week certificate program.

In most cases, case managers are required to have a bachelor's degree. Due to the workforce challenges, many companies have begun considering employees without a degree but expect a level of experience or knowledge. The CMAT program content is designed to provide comprehensive information and education about the field of human services in general and case management specifically. The fieldwork has allowed hands-on experience and immediate feedback which has proven very helpful to the students. Upon completion, an employer who hires a CMAT student should have a level of confidence in their ability to perform the job at a high level.

In order to complete the training, each student is held to attendance and workload requirements. They will have completed a Boston University certificate program in Person-Centered Case

Management, become a "Dementia Friend", completed three weeks of fieldwork and eight weeks of class work. They are also required to complete a research project, present their findings, update their resume, and attend a Job Fair hosted by Tri-Valley. It is our hope that the graduating students will all obtain employment in the sector of their choice following the completion of the program.

The first session saw 18 students graduate and almost all are now employed in the human services field or working to obtain an advanced degree. Our second session is now underway, with a third session scheduled to begin in September 2024. Visit trivalleyinc. org/cmat for program details and

# Will Noonan Set to Headline Comedy Night at Slater's

Special Guest Dan Boulger and Host Dan Donahue



omedy returns to Samuel Slater's Restaurant at 200 Gore Road, Webster, on Friday, March 15. The show will feature Will Noonan plus special guest Dan Boulger and host Dan Donahue for a night of laughs. Doors open at 6:30 p.m.; show starts at 7:30 p.m. Tickets are on-sale now at samuels-

Will Noonan was named "Boston's Best Comedian 2018" by The Improper Bostonian magazine aand is sometimes known as "The Honda Guy" for his job as spokesman in Honda commercials on TV and radio all over New England. He has appeared on "Laughs" on FOX and HULU, "Gotham Comedy Live" on AXS-TV and his comedy albums are played often on Sirius XM. He is a regular on "The Anthony Cumia Show" with Artie Lange and Anthony Cumia. He has appeared on The Oddball Comedy Festival

with Louis CK, Amy Schumer and Sarah Silverman, and told a story on NPR's "This American Life." He's appeared on MTV as a comedian and was named Comedy Ambassador and a Moment Maker by Skype. He is also sometimes a fill in radio host for WAAF in Boston. Will is the creator and host of the popular iTunes charting podcast "High Pathetically with Will Noonan" which is always available for free on iTunes, Stitcher, & willnoonan.com. Also, his past joke memes and standup shots continue to attract millions of views on sites such as Reddit, Imgur, 9Gag and The Chive. In Europe he is known for his acting in the beloved Katie Fforde film series which airs in Germany, Spain and France on PBS. He's also starred in commercials for Staples, Ocean Spray, and LastPass among hundreds of others.

Dan Boulger began his comedy career in late 2004 only one week into his freshman year of college. Quickly becoming a favorite in the New England area, Boulger started performing nationally after winning the Boston Comedy Festival in 2006 at the age of 20. He has since received recognition form both

audiences and industry alike having performed on Comedy Central, The BBC, and the HBO Aspen Comedy Festival. Due to his age he is an ideal college performer and has appeared on several high profile college tours such as the Comedy Central Live and College Humor Live tours and has been able to be the supporting act for many famous comedians including Dennis Miller and Zach Galifianakis

Dan Donahue is an electrician by day, fast-progressing Boston comedian by night. Much of his humor comes from his experiences on the job. He has performed on Scamps Comedy-produced shows around New England as an opener and host, working with comedians including Juston McKinney, Mike McDonald, Christine Hurley, Paul Nardizzi and more

Tickets for Comedy Night at Slater's with Will Noonan & Guests on Friday, March 15, 2024 are onsale now at samuelslaters.com. Samuel Slater's Restaurant is located at 200 Gore Road in Webster, MA outside of Worcester and less than an hour's drive from Boston, Providence, Hartford and Springfield.



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Fun for all ages! Sponsored by the Hugh and Harriet Crawford Endowment

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Saturday, March 23 10:00-1:00

Take Great Photos with your Smartphone – The quality of smartphone cameras is improving rapidly. Their capabilities extend far beyond what some people primarily use them for... taking selfies. In many situations, they work quite well as stand-ins for 35mm cameras. It therefore is no longer necessary to drag around a heavy camera to avoid missing that great picture opportunity.

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This class is for those interested in producing high-quality images with their smartphone cameras.

Please note: This class will not cover the taking of selfies

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### **CRAWFORD LIBRARY BOOK GROUP**

Monday, March 25 6:00-7:30

Book: The Death of Mrs. West-

Author: Ruth Ware

Books are available at the circulation desk for checkout

one month prior to discussion. No registration required.

\*Meeting fourth Monday of each month.

#### "RESPECT YOUR ELDER" AN HERBAL WORKSHOP

Presented by: The Dudley Agricultural Commission and the Pearle L. Crawford Memorial Library

Saturday, March 30 10:30-12:00

From Elder flower tea to Elderberry syrup, come learn why this potent plant, and several others, are easy herbs to know and use. This hands-on workshop will explore practical skills, facts, folklore, tips and tricks! Learn to naturally support yourself and family when hit by colds and flus!

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### **GUEST READER STORY TIME**

Monday, March 11, 18 & 25 5:30-6:30

Each week there will be a guest reader along with activities.

We are excited to welcome our guest readers!

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BY AMY LECLAIRE

uke's two-year-old birthday was as interesting as he is. January 31, the last day of the month, came with a memorable twist. I woke up with inspiration for my pup's party. The Golden girls of the 'hood had been invited. Party hats sat on the kitchen table. Pup cakes chilled in the fridge. The LIVING WITH LUKE

### Luke's Birthday Gash

only problem was - the birthday boy had a peculiar itch.

'What's the matter, Luke?" He used his back leg to scratch the fur below his chin, on the right side of his neck. Something in the location of that itch had me concerned.

"Oh my gosh!" A closer look at his neck revealed a gash about three inches long, one that felt braided and raised, almost as though a small twig was attached to his skin. My mind raced through suspects. Had yesterday's roughhousing with Rosie caused the bruise? Not likely, I thought to

myself. The gash was too deep for a dog's nails. Besides, it was already closed and dry. How had I missed this? The gash was wild, undomestic. Wild. The word floated through my mind, and that's when the culprit emerged.

"Jim!" Luke followed me to the bottom of the stairs to help investigate the conflict that was his wild birthday gash. "I think that possum in our yard scratched Luke!" Luke's Daddy trotted down the stairs with bedhead. "Are you ready to play, Daddy?" My heart sank to Luke's innocence. His exuberance can be problematic, yet his intentions are so good. Here's the story.

Luke had recently managed a remarkably long staring contest with a possum who sat stunned at our front steps one night. "Leave him, Luke." My son swiftly guided him back indoors. The full story now crystalized in my mind. That very possum stared at Luke with small beady eyes and a triangular face. "You have a big head." Luke stared back. "You're ugly." His face creased with desire. "Let's wrestle and call it a day." The plot thickened.

Well, apparently, that possum had



Above, handsome birthday boy at 2 years old on Jan. 31, 2024, Luke is ready to celebrate. Below, Luke and Mandy await birthday pupcakes!



Days turned into weeks. We thought the possum had found a new home to visit, perhaps one without a beast four times his size. the brain of a bird. He returned. Jim looked out the kitchen window. The fur on Luke's back was raised. He was obsessed with something and non-compliant. "Luke! Come!" Something wild settled in the air. Luke rarely ignored us. A visit to the backyard confirmed suspicion. The possum lay dead beside our deck. "Let's go in the house, Luke!" A guilty dog was led inside. Meanwhile, Daddy grabbed the shovel to finish Luke's dirty work. Little did he know of the shocker to come. The possum was gone! He had played possum! Of course he had! Possums literally play possum. I later learned that the behavior is involuntary and triggered by fear or stress. Still, a marsupial native

becoming an itch that couldn't be scratched.

'That possum needs to go. Luke could have lost an eve with those

from a low budget thriller while I drove to the animal hospital. That possum, having felt harassed, was pushing Luke's buttons. Small yet tenacious, the possum has evolved with survival skills to match its claws. Rarely does the possum carry rabies. I turned my blaring music down and thought about this some more. Resurrected from a fake death, and unbeknownst to my family, the marsupial returned to the shrubs at the border of our back yard. Luke had been jutting his head in and out of the shrubs a few days ago. Now it all made sense. Pleasantly surprised to see



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### **REAL ESTATE**

# It's Time to Prepare Your House for a Spring Listing

f you're thinking of selling your house this spring, now is the perfect time to start getting it ready. With the market gearing up for its busiest time of year, it'll be important to make sure your house shines bright among the competition. Here are some valuable tips

you can

get your

house

ready.

market-

ter and

organize.

First im-

and if

Declut-



pressions matter,

BY MARK MARZEOTTI

vour house is a mess, that can easily turn off potential buyers. Before listing, take the time to declutter and organize each room. Decluttering is about more than just tidying up – it's about creating a sense of space and openness that allows potential buyers to envision themselves living in your home. Declut-

tering and organizing your space will go a long way in appealing to potential buyers. Decluttering will help the buyers see themselves living in your home. Less clutter inside a home also helps a place appear larger and cleaner, which should attract more buyers.

Deep clean your kitchen and bathrooms. The kitchen and bathrooms are focal points for many buyers, and often influence their overall opinion of the house. Ensure these spaces dazzle by giving them a deep cleaning. Pay attention to details like scrubbing grout lines, polishing fixtures, and decluttering countertops. A sparkling kitchen and bathroom can leave a lasting positive impression on potential buyers.

Maintain your yard. Your home's exterior is the first thing potential buyers see, so it's important to make a good impression from the moment they arrive. A wellmaintained yard not only enhances curb appeal, but also shows buyers the home has been well taken care of. Take the time to spruce up your yard by mowing the lawn,

trimming bushes, and clearing away any debris or dead plants. Remember, the goal is to create a welcoming environment that entices buyers to step inside and imagine themselves living there. A beautifully landscaped front yard can elevate an ordinary house into a charming home and will help your home sell faster and for more money.

Find a Listing Agent. A skilled listing agent is your partner in minimizing stress when selling your home. Lean on your agent for advice on decluttering, staging, and enhancing your home's appeal to potential buyers. Their insights into market trends and recommendations for reliable contractors and stagers are invaluable. The Marzeotti Group can help you with all of that. We will take care of professional photography including drone photos and staging advice to make it look its best, and put your home on the multiple listing

By decluttering, deep cleaning, and tidying up your house, you can create a welcoming environment

that resonates with buyers and increases your chances of a successful sale. Connect with The Marzeotti Group or a trusted real estate agent

for advice on what you need to do to get your house ready to sell this spring.





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### LUKE

continued from page 12

that his feisty friend was alive and well, Luke couldn't' resist another shot at play. One more sniff. One more poke. Until the possum, enshrouded by a shrub that became his bodyguard, lashed out at Luke's neck with knife-sharp claws.

"I think a possum scratched Luke."

Dr. Yen wiped her glasses. "I just want to kiss you all over!" Luke slurped his vet's face, then tap danced around her.

"It could be."

"What about a rough playdate?"

"It could be."

"A sharp stick?"

"It could be."

Watch for redness, swelling or discharge. Luke is going to be fine." I spent a few hundred dollars

on could-be's and a few shots but

had the assurance I needed. Luke was going to be fine. The sting of the possum saga faded with that of the veterinarian bill. It was time to party!

The rest of the day unfolded with the fanfare of a two-yearold dog's birthday party. I lit the candle of his cupcake. He sat smiling like a dolphin; chin raised to the jubilee of the birthday song. "Happy Birthday to Luuuuke. Happy Birthday to you!" Friends and family clapped and belted out the song as though Luke was the only dog on the planet. He knew the moment was all about him. "It's my birthday!" His eyes bloomed while I blew out the candle, tore off the wrapper, and fed him a freshly baked, all-natural pumpkin cupcake that took all of three seconds to eat. Like a child denied sugar, he wore the cupcake like a second skin, savoring the taste and

He wore frosting on his nose and chin. Most of all, he wore what it looks like to be a dog loved.

\*The opossum, in this story, was referred to as a possum for syllabic reasons, and for a smoother read.

Write to Amy - amyleclaire@

Follow Luke on IG - livingwithlukevalentino





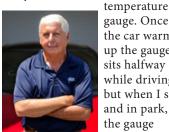
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### A non-dealership fix for GPS?

I have a 2020 Honda CRV (touring) the ques-• tion I have is regarding



BY IOHN PAUL

gauge. Once the car warms up the gauge sits halfway while driving, but when I sit and in park, the gauge goes down in temperature towards the

cold marking. Is this normal fluctuation?

In most engines once they come up to temperature, • they tend to stay at that temperature using a combination of the thermostat and cooling fan. For some Honda models, they tend to cool a bit when sitting and return to the normal zone when on the road. I would consider it normal.

I have a 2016 Subaru Forester. Recently, the GPS stopped working, and I hardly used it. I do not want to bring it to a dealership. Do you know of any place I can bring it to that can fix it for me?

Any auto stereo store should be able to help • with this although depending on what is wrong a complete replacement may be cheaper than repairing what you have. The other issue may be the Subaru Starlink System, if it ran on the older 3G cellular network there is nothing you can do other than upgrade the system, at your expense.

In 2017 I bought a new Chevrolet Silverado • with the V-8 engine and 8-speed transmission. Within a year, the transmission started to bang" and "thud" when slowing and stopping. The frequency of this increased with more miles on the truck. At 30,000 miles, the Chevy dealer drained and refilled transmission with Mobile One "blue" at no charge. This has lessened the occurrence but not eliminated the bang and thud. The Chevy dealers' service department will flush and refill for \$311.00 if I want to give that a try. An internet query reveals

numerous problems with these GM 8-speed transmissions and why hasn't GM ordered a recall to install new transmissions?

The 8-speed transmission has been quite problematic with shift quality the bang and thud as well as a slight vibration is pretty characteristic of the transmission that being said it does seem to last a long time with owners reporting more than 200,000 miles without any repairs. This is most likely the reason that Chevrolet has not come up with a replacement plan. It would not be a typical recall because the transmission is still operational and does not affect the safety of the vehicle again, I would continue to work with the dealer. Let them do the fluid flush if they feel it is worthwhile and also check to see whether there's any software changes that will improve the shift quality. Later model vehicles are using a 10-speed transmission that has been jointly developed with Ford, time will tell if it is better.

On 12/15/23 I purchased a 2017 Ford Explorer • with 70,000 miles and on 1/17/24 the engine started making bad knocking banging sounds and stalled out. I did not try to restart, but rather waited until it cooled and found no oil on the dipstick. Could the engine be blown? Is the vehicle salvageable? I was told it spun something, what would this other than no lubrication?

The engine in the Ford Explorer has had some • issues, but typically at much higher mileage. The idea it had little or no oil in the engine after a little more than 30 days is certainly a problem. At this point, the engine needs to be completely inspected to find the cause of the failure. I suspect the timing chain may have failed which resulted in the knocking banging sound. I assume there is no warranty. At this point a used engine may be the best solution to get your Explorer back on the road.

Can you please explain how the dashboard feature • of telling me the tire pressure works? Are the readings that are displayed on the dash cluster accurate? My tire pressure gauge and the car's reading never seem to match up. Also, can you recommend a good tire gauge? I have four of them, and I get a slightly different reading from each one.

The direct style pressure sensor uses a pressure • sensor transmitter/transducer built into the valve stem that sends information to the onboard computer. These systems are typically pretty accurate, powered by a non-replaceable battery with about a 7-10-year life. Regarding tire gauges, a quality

> **CAR DOCTOR** continued on page 15





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### TIPS ON FINANCIAL PLANNING dennis.antonopoulos@edwardjones.com

### What Should You Do with Your Tax Refund?

t's almost that time of year when many people start receiving their tax refunds. If you get one, what will you do



BY DENNIS ANTONOPOULOS

course, the answer will depend somewhat on how big your refund is. Last year, the average refund amount was about \$2.750. ac-

cording to the Internal Revenue Service's Filing Season Statistics report.

Whatever the size of your refund, you'll want to maximize its benefit. Here are a few suggestions.

• Contribute to your IRA. If you were to receive about \$2,750, it would go a long way toward funding your IRA for the year but any amount would help. You still have until April 15 to contribute to your IRA for the 2023 tax year, but if you've already "maxed out" on it, you could use your refund for 2024, when the annual contribution limit for a traditional and Roth IRA is \$7,000, or \$8,000 if you're 50

or older. And by getting an early start toward fully funding your IRA for the year, you can reduce the pressure of having to come up with large amounts later.

• Build an emergency fund. Your tax refund could help you start or expand an emergency fund. It's a good idea to keep up to six months' worth of living expenses in such a fund, with the money kept in a liquid, low-risk account, separate from the funds you use for your daily expenses. You might need to draw on this fund for unexpected expenses, such as a major home or car repair or a medical bill that's not fully covered by your insurance. Without such an emergency fund in place, you might be forced to dip into your IRA or other retirement accounts to pay for these types of costs, and such a move could be expensive, resulting in taxes, penalties and lost opportunities for growth.

• Contribute to a 529 plan. If you have children or grandchildren and you'd like to help them further their education someday, you might consider investing in a 529 education savings plan. With a 529 plan, earnings and withdrawals are federally tax free, provided the money is used for qualified education expenses. Based on where you live, your 529 plan may provide state tax

though, that 529 withdrawals could affect financial aid packaccount.) A 529 plan can be used trade school programs, some K-12 expenses and even to help repay some student loans.

probably wish we could reduce our debt loads. Your tax refund may give you a chance to do just that. But which debts should you tackle first? You could follow the "snowball" method by paying off the smallest of your loans or debts as quickly as possible. Or you could choose the "avalanche" route by making minimum payments on all debts and using extra funds - such as your tax refund — to pay off the debts that carry the highest interest rates. Either method could help you save money in the long term.

able asset — so use it wisely.

This article was written by Edward Jones for use by your

certified master technician. He will answer readers' auestions each week. Email your questions to jpaul@aaanortheast.com. Follow John on Twitter @johnfpaul and friend him on Facebook at mrjohnfpaul.

benefits, too. (It is possible, ages, depending on who owns the to help pay for college, accredited

• Pav down debts. Most of us

Your tax refund can be a valu-

local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert Street, Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@ edwardjones.com. Edward Jones Member SIPC

**CAR DOCTOR** continued from page 14

pencil gauge Dill/Milton/Ingersol Rand are usually accurate within one PSI, some digital gauge and dial gauges do a little better at 1.5 percent accuracy which on a tire that uses 35 PSI is about ½ pound. The fluid filled gauges are very accurate. But for typical vehicle use almost any gauge that is accurate to 1 PSI is fine. Now if it were aircraft, racing (bikes/mo-

torcycles/cars) or other extremely critical needs then a fluid filled or digital gauge that is periodically checked with a "master gauge" is what you would want. Overall, I have found the TPMS sensor. and a quality gauge agreed within one PSI. Even though a TPMS can deliver accurate alerts when properly maintained, it is not a replacement for manual air pressure checks, which you should do monthly.

John Paul is AAA Northeast's Car Doctor. He has over forty years' experience and is an ASE-

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### The Carriage Inn, North Kingstown, Rhode Island

BY THOMAS D'AGOSTINO

he Carriage Inn, located in North Kingstown, Rhode Island, was founded in 1760 as an inn and tavern stop known as Old Acres. After many changes of ownership and renovations, it became Hoof, Fin & Feathers. In 2008, the restaurant's owner brought in Ghost Hunters of Sci-Fi fame to investigate the strange goings-on inside the historic structure. There were several ghosts that allegedly called the place home. In 2014, the establishment changed hands and was renamed Carriage Inn. In 2017, Roy Ring took ownership. Though some renovations were necessary, he was adamant about keeping the building as close as possible to the original inn, when travelers visited in the 18th and 19th centuries. An upper balcony displays carriages and wagons from a long-gone era and be seen as one pulls into the inn's parking lot. Inside, the old fireplaces and other accouterments transport guests back in time to where life was simple and much



slower. There is also a walledup door that was once the main entrance to that room, showing

yet another almost lost vestige of its former life. It is, at present, a cozy, family-friendly establishment boasting fine dining, an extensive menu, daily specials, and Gary Brogna an atmosphere that is laid back and unpretentious with historic and rustic charm.

Since taking the helm, Roy and his staff have worked to make the Carriage Inn a special place to visit for a drink, a meal, or a special event. They have also experienced a lot of paranormal phenomena that seem to have stayed on through the centuries.

An area near the entrance

shows signs of a catastrophic fire that took place in 1957. The stone wall is charred black, and despite many attempts, Ring could not rid the blocks of the stain. He related a story of one of the ghosts, a little boy who is heard crying because his father was killed in the fire. Not only did people hear the phantom sobbing, but Roy took a photo of the wall and caught a misty figure standing in front of it. The visage of a little girl with burn scars is also seen in the lower rooms near the fireplace. She may have been burned in the great fireplace that

still occupies that room.

Other strange phenomena include shadows passing through the rooms, a drawer that refused to open until it was good and ready, a lock on a basement door that began swinging on its own, and female voices heard upstairs. Female bartenders have been shoved, slapped on the backside, grabbed by the shoulder and turned around. They also had their hair pulled in front of staff and patrons. Ring said he had witnessed their hair raise and get tugged, causing the bartender's neck to jerk backward. He surmised that men did not like women tending the bar back in the day.

There is also a ghost of a woman who wanders dressed in clothing from the 18th or early 19th century. A man dressed in a black suit is also seen carrying a book. Perhaps the book was a ledger or guest book from when the place was an inn for overnight guests. There are also rumors that the inn was once a brothel, and some of the ghosts may be from that era in the building's history. Another child also haunts the inn, pleading for someone to play with him. Cold spots that suddenly come and go and disembodied footsteps are common occurrences at the Carriage Inn. The spirits of the inn are not harmful in any way; they go about their business as they did when they were of mortal frame.

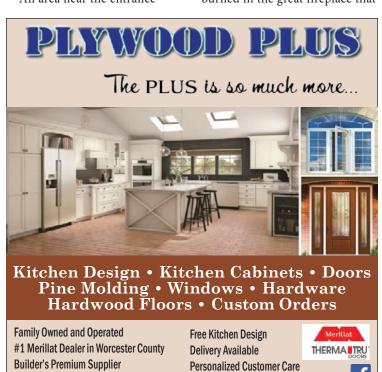
Dining With The Dead 1031 is hosting interactive paranormal investigations and dinners at the Carriage Inn throughout 2024. Guests get a wonderful buffet dinner, and the event includes door prizes and a presentation of the inn and its haunts. The guests then break into smaller separate groups, where each group, in turn, investigates the haunted areas of the inn using the equipment that is provided in each room. Guests are encouraged to use their equipment or phones to record the investigation. All evidence from video to audio is then gone over and sent to the guests via email. Visit www. diningwiththedead1031.com for more information.

Other events, including Psychic Nights and Comedy Shows, are held throughout the year. The Carriage Inn is also available for private parties and catering. 1065 Tower Hill Rd, North Kingstown, RI. 401-294-0466.





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# Nichols College faculty and students offer free tax help to the public

Volunteer Income Tax Assistance (VITA) program provides free tax preparation for those who earn \$60K or less

ichols College is hosting a Volunteer Income Tax Assistance (VITA) program during tax season this year, offering free tax preparation to those in the community whose gross income is \$60,000 or less. The VITA program is sponsored by

The Nichols VITA/TCE staff currently consists of Nichols accounting faculty and students. An expert in the intersection of law, accounting and tax and a former active litigator and municipal court judge, Assistant Professor of Accounting Mike Forte, D.B.A., J.D., created and now leads the VITA/TCE programs at Nichols.

'We are excited to host a VITA/ TCE program at Nichols and provide free tax help to community members this year," said Forte. "There could be people who

are struggling to do their taxes themselves or not filing at all and thereby not able to gain from the credits that they are eligible for. The VITA/TCE program provides them with the ability to do so by offering tax help."

There are many advantages to hosting the program at Nichols, noted Forte. "It provides a service to the community while also offering participating students with an experiential learning opportunity. It also provides other professionals in the community with volunteer hours to help them maintain their certifications.'

Forte said additional volunteers are welcomed. Accountants and lawyers who have continuing professional education requirements are eligible to get them satisfied or partially satisfied by volunteering for the program. Graduate students may also be

interested in volunteering for the program.

Kristian Macris '25, a double major in Accounting and Finance at Nichols who was a student in Forte's tax class, is participating as a volunteer this year and is looking forward to the experiential learning opportunity and perspective that he hopes to gain from the experience.

"I'm interested in getting my MBT or Master of Business and Taxation after Nichols and I am eager to get practical experience in tax. So when Professor Forte approached me about the VITA/ TCE opportunity, I was excited to take it on. There's really no better way of learning accounting, especially with tax, other than just getting in your reps," said Macris.

VITA/TCE program staff can meet clients on campus, virtually or by phone. Volunteers helping

to complete tax returns are certified by the IRS, and reviewers will ensure the accuracy of each completed tax return.

Appointments can be made for anyone whose income meets requirements for the Nichols College VITA/TCE program. Appointments are available on Tuesday and Thursday evenings and Saturday mornings and can be scheduled via phone 508-213-2260 or email vita@nichols.edu.

For more information on the VITA/TCE programs, visit: https://www.nichols.edu/vita. Potential volunteers may contact Michael Forte at vita@nichols. edu or 508-213-2260.

#### About Nichols

Nichols College has earned business accreditation from the prestigious Association to Ad-

vance Collegiate Schools of Business (AACSB International), the longest serving global accrediting body for business schools and the largest business education network connecting learners, educators, and businesses worldwide. Founded in 1815, Nichols College transforms today's students into tomorrow's leaders through a dynamic, career-focused business and professional education. Nichols offers real-world learning focused on professional depth - combined with vibrant living, competitive athletics, and an unmatched alumni advantage - equipping students to exceed their own expectations. www. nichols.edu

# **Dudley Senior Center March calendar**

udley Senior Center packs March calendar with exciting programs and events The Dudley Senior Center is open to all seniors. It is located in the Dudley Municipal Complex, 71 West Main Street. Seniors are always welcome to attend any of our programs and events no matter they you live! Please just a reminder to RSVP for any special events.

**Dudley Senior Center hours** are 10:30 a.m. - 4 p.m. Monday through Thursday. Seniors are welcome to drop in for selfdirected activities, cards, puzzles, movies, knitting or just to hang out with friends.

### **SPECIAL EVENTS AT THE DUDLEY SENIOR CENTER FOR MARCH 2024**

Wednesday, March 13: Is Brown Bag Lunch day with your choice of corned beef or chicken breast sandwich - \$3 per person. Reservations are required, please call or sign up in the senior

Thursday, March 14: Chair Hip Hop dancing in your chair following Tri-Valley lunch. Please call 508-949-3845 if you would like to have a Tri-Valley lunch ordered for you.

Thursday, March 21: Memory Café from 12 - 2 p.m. - cost \$5 per person for Irish Shepherd's Pie with live entertainment by Roger Tincknell, who will lead us in singing songs from Ireland to America-Irish and all-American songs with ballads and instrumentals. Reservations are required, please call or sign up in the senior center.

Wednesday, March 27: A Potluck Lunch at 12 p.m. will be a turkey dinner served with all the fixings. Cost is \$5 per person. Reservations are required, please call or sign up in the senior center.

Ongoing activities at Dudley Senior Center:

Tri-Valley Congregate lunches are served on Mondays and Thursdays at 11:45 a.m. Reservations for lunch must be made two days in advance by calling and leaving a message at 508-949-8015. A \$3 donation is appreciated.

Tuesdays at 1 p.m. - Pitch League

Wednesdays at 1 p.m. - The **Dudley Senior Women's Knitting**  group. Come join us if you're interested in creating groovy knitting projects, which help to support our community.

Please call the Senior Center at 508-949-8015 and leave a message or email at coadirector@ dudleyma.gov for any of these Special Events so we have an accurate count.

Senior Center Office Hours are 10 a.m. - 2 p.m. Mondays and Thursdays. We are always open to new ideas for programs/events. Come and share!



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-Lucius Annaeus Seneca

or their third year, Worcester County Sheriff Lew Evangelidis and Worcester County Sheriff's Office staff celebrated the nationally recognized Random Acts of Kindness Week, this

year during the week of February 12th. The goal of this week is to inspire acts of kindness throughout the county.

To spread joy and inspire kindness, Sheriff's Office staff successfully executed their mission to visit every community in Worcester County during the Random Acts of Kindness week. Staff distributed over 3,500 goody bags filled with donated items to lucky individuals they met at various public places. The bags serve as a symbol of support and care from local law enforcement.

Sheriff's Office staff made a stop at the Pearle L Crawford Memorial Library in Dudley as well as a handful of other locations throughout the town.

With its motto, 'Make Kind-

ness the Norm,' the Random Acts of Kindness Foundation was founded during a mid-1990s summer when violence was at an all-time high on the West Coast. Inspiration to start the organization came from a television reporter who noted that people should stop reporting on "random acts of violence" and start 'practicing random acts of kindness and senseless acts of beauty.' This foundation is now the driving force behind Random Acts of Kindness Week in the United States.

This year, Tito's Handmade Vodka and Polar Beverages were the bag sponsors of the initiative. With the support of the two organizations, the Sheriff's Office, and the Worcester County Reserve Deputy Sheriff Association were able to acquire the 3,500 goody bags at no cost.

"Our duty as a law enforcement agency is to build bridges and strengthen the bond between our department and the communities we serve," commented Sheriff Evangelidis. "Our team takes immense pride in contributing towards the betterment of Worcester County and always looks for ways to spread positivity. We understand the significance of ensuring public safety and are committed to reinforcing that message. Let us all strive to make positivity the focus of this week.

The Sheriff's Office hosts community events year-round to engage the residents that they serve. To learn more about the Sheriff's Office, visit their website at www.WorcesterCountySheriff. com, or follow along on social media for consistent updates.





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# **Charlton Garden Club** March Meeting

ome and join us! The Charlton Garden Club's Monday, March 11, 2024 meeting will feature Brian Aho from Bartlett Tree Experts. He will be speaking on Pruning with a Purpose. Charlton Garden Club meetings are open to all interested in gardening and related themes. Whether you're a novice or accomplished gardener, the Charlton Garden Club is a

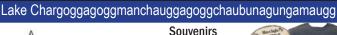
great place to meet other gardening enthusiasts, learn about plants and planting, and to share your gardening tips and experiences. This meeting will be held at 7 pm at the Charlton Public Library. If interested in joining the Garden Club, please contact Co-Presidents, Virginia Charette at (508) 248-7300 or Marcia Liedigk at (508) 434-0506.

### **Food Drive**

imi's Food Drive will be held for the first time from March 10 – 16 at the Black Tavern Historical Society in memory of Christine Ducharme. Christine's family will partner with the Black Tavern Historical Society to collect non-perishable food

items, gift cards and monetary donations to benefit local non-profit organizations and food pantries throughout the community during the Easter season.

Drop off at any time on the front porch of the Black Tavern, 138 Center Road, Dudley.





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# Happenings!

*NOTE: Community bulletin board-type* items are welcome for inclusion in the Happenings! section of the Xpress newspapers. Please allow enough lead time for publication. Email your calendar or event notice to news@ theyankeexpress.com.

#### **SATURDAY, MARCH 9**

• Spring floral arrangement class, 1 p.m. Millbury First Congregational Church 148 West Main St., Millbury. Sandy Michalak of Herbert E. Berg florist will teach participants how to complete their own beautiful, spring, fresh floral arramnement. \$25.00 For class and all materials. Beginners welcome. Advanced registration required by March 2, 2024 by calling janice fortin at 508-826-6381.

#### **WEDNESDAY, MARCH 13**

 Story Time at the Willard House Clock Museum, 11 Willard Street, North Grafton 3:30 - 4:30 p.m. Join us for this free program presented in collaboration with the Grafton Public Library. Preschoolers will enjoy a few stories, a short museum tour and a craft project. Children must be accompanied by an adult. Siblings are welcome.

### **SATURDAY, MARCH 16**

• Blackstone Valley Home Expo 10 a.m. – 2 p.m. Sponsored by UniBank Northbridge High School Field House, Linwood Avenue, Whitinsville Admission \$3

For more information visit: blackstonevalley.org: or contact: loneil@blackstonevallev

- Corned Beef and Cabbage Dinner St. Peter Parish in Northbridge is having a Corned Beef & Dinner Cabbage Dinner on Saturday, March 16th starting at 5:30 pm in the Parish Hall. Bring you family and friends for a wonderful meal and Irish Music by Alto Vista. Tickets are \$17 per dinner and include potatoes, carrots, salad and dessert. To go meals will be available for pick up at 5:00pm and all orders must be purchased in advance. "Pay It Forward" purchase an extra dinner and we will deliver it to someone in need in our local community. Please call the parish office at 508-234-2156 or email parishoffice@stpeterrockdale.org to purchase tickets or if you have any ques-
- The United Church of Christ Federated invites the community to an Easter party from 1-3 p.m. Activities include an egg hunt, face painting, Easter cookie decorating and games (with prizes for all participants), an Easter piñata and the Easter Bunny for photo opportunities. Entrance is free.

The United Church of Christ Federated is at 4 Church Street, Webster.

#### **SUNDAY, MARCH 17**

• From 11 a.m. -3 p.m. at the E.N. Jenckes Store Museum, 283 Main St. Douglas Irish Feast: Corned Beef Delight! The Douglas Historical Society is hosting a St. Patrick's Day celebration featuring a delectable Corned Beef Dinner. Attendees can choose to dine in and savor the festive atmosphere or opt for take-out to enjoy the Irish flavors at home. The dinner is priced at \$15 per person. Community Connection and Gift Shop-

This event is not just about the feast; it's an opportunity for the community to come together. Explore the historic E.N. Jenckes Store Museum and immerse yourself in the charm of 1833. The gift shop will be open to those interested in unique finds and treasures.

Get Involved: The Douglas Historical Society welcomes volunteers to contribute to the success of this event. Those interested in participating can contact Laurie Church at (508)259-7087 or email enjenckes1833@gmail.com for more details.

### **SUNDAY, MARCH 31**

• The St. Joseph's Church in Charlton Easter Sunday Service on March 31 at 10 a.m. will live stream on You-Tube at https://www.youtube.com/ watch?v=FYqLQCOYpUk.

### **THURSDAY, APRIL 18**

• At 7 pm at Vaillancourt Folk Art, 9 Main Street, Manchaug Village, Sutton. Christine Watkins, Sutton Historical Society, will tell the story of the devastating 1924 Manchaug Village fire on its 100th anniversary which burned over 10 acres, left 25 percent of the Village population homeless, destroyed the retail section of the village, and made national news. This presentation will include photos, newspaper summaries, and eyewitness accounts. Come hear how a small community, with the help of generous neighbors, persevered over a tragedy.

#### **HIKES WITH BLACKSTONE VALLEY** HERITAGE CORRIDER HIKES

The following is a list of hikes in Massachusetts being led by volunteer Trail Ambassador Phil. Phil's hikes begin at 10 a.m.

Saturday, March 9: Cormier Woods Hike, Uxbridge

Saturday, March 23: Midstate Trail Hike -Part 1, Douglas

Saturday, April 6: Midstate Trail Hike -Part 2, Douglas

Saturday, April 20: Castle Hill Farm Hike, Whitinsville

Saturday, May 4: Mendon Town Forest Hike, Mendon

Saturday, May 18: Wallis Pond Loop Hike, Douglas

Saturday, June 15: Douglas State Forest Hike, Douglas















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\$600

10 Day rental







Serving the Blackstone Valley and the Surrounding Towns in Worcester County

