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# Citrus Heights Messenger

VOLUME 14 • ISSUE 11 Serving the City of Citrus Heights & Sacramento County MARCH 15, 2024

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## Cogir Gets National Recognition

Story and photos by Carol Feineman

**CITRUS HEIGHTS, CA (MPG)** - Even if most of us can't go home again, as novelist Thomas Wolfe made famous in 1900, the next home we find can provide as many, if not more, positive memories.

Just ask the Cogir of Stock Ranch Senior Living staff in Citrus Heights.

"This is their home," community relations director Dale Masters told the Citrus Heights Messenger this week. "We want to make this chapter of their life just happy and fulfilling."

Cogir of Stock Ranch is at 7418 Stock Ranch Road. More than 60 Cogir Senior Living communities are throughout the United States and corporate headquarters is located a few miles away off Douglas Boulevard in Roseville.

The senior living staff's success in creating a welcoming home currently for 101 seniors ages 67 to 102 was recently nationally recognized.

The independent and assisted-living Cogir of Stock Ranch on Feb. 6 received a Best of Senior Living 2024 AllStar Award from A Place for Mom, an organization that helps families find senior living communities for loved ones.

Award winners represent the top 1 to 2 percent of almost 45,000 senior care



Cogir of Stock Ranch follows three pillars. "Our team identity is based on three pillars: one, human focus; two, creativity; three, excellence," said Cogir community relations director, Dale Masters. "Through every action, we think about and aim to serve a human being with a sense of empathy that makes us unique."

providers nationwide providing exemplary care and support to seniors, based on reviews from residents and families, according to A Place for Mom.

"It's exciting to be able to receive the award and to be acknowledged for doing the best we can for our residents and their families," said Cogir of Stock Ranch

executive director Ricky David, Jr. "Our community has a great culture and a feel for the residents and it's also enjoyable for  
*Continued on page 3*

## Measles Exposure at UC Davis

Sacramento County News Release

**SACRAMENTO COUNTY, CA (MPG)** - Sacramento County Public Health (SCPH) confirms one case of measles in a child who was seen at the UC Davis Medical Center Emergency Department on March 5, 2024, between 12 p.m. and 5 p.m.

Unvaccinated persons or those with unknown vaccination status who were in the UC Davis Medical Center Emergency Department during the aforementioned time are at risk of developing measles from 7 to 21 days after being exposed. These individuals should do the following:

Review their immunization and medical records to determine if they are protected against measles. People who have not had measles infection previously or who have not received three measles immunization may not be protected from the measles virus. These individuals should talk with a healthcare provider about receiving measles, mumps and rubella (MMR) immunization.

Contact by phone or email and notify their health care provider as soon as possible about a potential exposure if they are pregnant, an infant, have a weakened immune system and/or are not immunized, regardless of vaccination history. Do not go to your provider in-person or go to the emergency department for potential exposure.

Monitor themselves for illness with fever and/or an unexplained rash from 7 days to 21 days after their exposure (the time period when symptoms may develop); if symptoms develop, stay at home and call a healthcare provider immediately. If you become ill enough that you need to seek medical attention in person, please wear a mask and inform the registration staff that you have had a measles exposure so that appropriate isolation can occur in the healthcare setting.

UC Davis Medical Center, Sacramento County Public Health (SCPH) and Public Health and Health Departments in surrounding counties are contacting identified patients to assess their immunization status and provide guidance to individuals who were exposed. ★

## Rusch Park Restrooms Closed as District Struggles with Recurring Damage

Story and photos by Thomas J. Sullivan

**CITRUS HEIGHTS, CA (MPG)** - The restrooms on the east side of Rusch Community Park directly behind its administration building could be closed for several more months, according to the Sunrise Recreation and Park District (SRPD). The east side restroom facility at Rusch Park was opened in August 2002 and is situated adjacent to the craft program building.

As of late February, signs posted on the restroom facilities across from the Rusch Park Community Center stated that the restrooms are closed until further notice.

Except for restrooms specifically used inside the gated pool area, there is only one public restroom facility on the east side of the park, where a



Temporary bathrooms are in front of the bathrooms.

basketball court, two playgrounds and a covered picnic area are located.

During weekday hours, park users can use the public restrooms in the main administration building.

The current closure is due to a pair of sewer

ejector discharge pumps which are no longer operational, according to Wayne Edmondson, Sunrise Parks and Recreation District parks and facilities superintendent.

"As of March 1, SRPD has provided

(two) additional portable restrooms for this park site, and there is currently one large ADA unit, and two standard sized portable restrooms now at this location," said Wayne Edmondson, parks and  
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# A St. Patty's to Remember is Underway at The Old Sacramento Waterfront

**Traci Rockefeller Cusack,  
T-Rock Communications  
News Release**

**SACRAMENTO, CA (MPG)** - St. Patrick's Day is back and better than ever at the Old Sacramento Waterfront. Downtown Sacramento Partnership is excited to welcome back these interactive and family-friendly activities – a Leprechaun Hunt (now through March 18) and the region's only St. Patrick's Day Parade and Festival (March 16 from noon to 5 p.m.). Visitors will enjoy a Taste of Ireland (now through March 31) at Old Sacramento Waterfront coffee shops, restaurants and bars that are offering Irish-inspired food and beverages. The community is invited to bring the entire family to the 26th Annual St. Patrick's Day Parade & Festival to witness beautiful floats, learn Celtic history and traditions, and shop local vendors.



Locals celebrate St. Patty's downtown in a former year. Photo courtesy of Downtown Sacramento



The Leprechaun Hunt is a family favorite activity on St. Patty's. Photo courtesy of Downtown Sacramento

Patrick's Day Hunt, click here.  
**26th Annual St. Patrick's Day Parade & Festival – 3/16 from Noon to 5 p.m.**

Families, friends, kids, and the young-at-heart are invited to join hundreds of colorful marchers along with Irish and Highland dancers, pipe and



Don your green, grab a pint, and enjoy the day. Photo courtesy of Downtown Sacramento

drum bands, and a variety of cultural organizations at the Annual St. Patrick's Day Parade and Festival stepping off at 1 p.m. from Neasham and Front Streets.

Emceed by iHeart Media's KISS 107.9 DJ Strawberry, the parade includes more than 40 organizations and groups, and visitors are also encouraged to line the

boardwalks of L, Front, J, and 2nd Streets for the best views of the spirited spectacle.

There will be multiple demo stages with various performances throughout the day, including:

The main Shamrockin' Stage will feature a band playing all day.

The State Parks Stage will focus on entertaining and educating children about Celtic culture.

The Embarcadero Stage will have a Sac Dance Labs taught class, music, and an entertaining magician.

Plus, a Vendor Village will be set-up at K and Front Streets from noon to 5 p.m.

**Taste of Ireland –  
Now thru 3/31**

Eleven Old Sacramento Waterfront coffee shops, restaurants and bars are offering a Taste of Ireland (now through March 31) with Irish-inspired foods and beverages, an array of corned beef offerings, Guinness drinks, and Sean Finnegan's Irish Pub will serve "Sacramento's Best Irish Coffee."

Revelers wanting to get a head start on the fun are encouraged to purchase advance tickets to the St. Patrick's Day Bar Crawl (March 15) here. Spirited community members can arrive early to the Old Sacramento Waterfront on March 16 as music and entertainment starts at noon with performers dancing throughout the district alongside a lineup of local vendors and shops offering "lucky" specials.

The 26th Annual St. Patrick's Day Parade and Festival is proudly produced by Downtown Sacramento Partnership and made possible by the generous support of Brass Ring Amusement, Sean Finnegan's Irish Pub, and XFINITY.

For more information about the Old Sacramento Waterfront please visit [www.OldSacramento.com](http://www.OldSacramento.com) and for more about the Downtown Sacramento Partnership, visit [www.DowntownSac.org](http://www.DowntownSac.org). ★

**KP International MARKET**  
FOOD COURT NOW OPEN  
10971 Olson Drive  
Rancho Cordova, CA 95670  
916.853.8000

Market: 7 Days: 8am-9pm  
Food Court: 7 Days: 11am-7:30pm  
Korean/Mex/Viec: 7:30pm last call  
Chinese/Japanese: 7:00pm last call

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Manila Mango (Ataulfo) 12 ct \$14.99/bag	Chayote Squash \$1.19/lb	Tomatillo Milpero 1 lb \$2.59/bag	Green Peas 1 lb \$2.49/ea

**AMERICAN/HISPANIC GROCERY**

Capri Sun Fruit Drinks 10 x 6.6oz \$3.99/ea	Zulka Pure Cane Sugar 4 lbs \$3.99/ea	Coronation Evaporated Milk 12 Ltr \$2.69/ea	Kellogg's Rice Krispies Treat 16 x 0.75 oz \$6.99/ea	Essentials Bounty Essentials Paper Towels 6 ct \$6.99/ea
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**ASIAN GROCERY**

Flying Lion Plain Sauce 23.06 Ltr \$7.69/ea	Tipo Cream Egg Cookies 4.8 oz \$2.99/ea	Lee Kum Kee Chu Hoi Paste 8.5 oz \$2.99/ea	Oishi Marry's Cracklin 3.17 oz 99¢/ea	White King Sweet Sauce 1 kg \$3.99/ea
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**EUROPEAN GROCERY**

Safal Pure Extra Virgin Olive Oil 2 Liters \$15.99/ea	Ahmad Tea Special Blend 500 gr \$11.99/ea	Orlando Grape Leaves 16 oz \$9.99/ea	Prinika Marinated Cherry Tomato 35.27 oz \$4.69/ea	Goodwill Buckwheat 1.5 kg \$6.99/ea
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**KOREAN/JAPANESE GROCERY**

River Cham 15 lbs \$12.99/ea	Seo Hyeok Soybean Spk 3000 ml \$74.99/ea	Korean BBQ Sauce 840 g \$3.99/ea	Sweet Corn 150 g \$1.99/ea	Red Pepper Powder (Kijochi) 1 kg \$8.99/ea	Food Meat 340 g \$2.49/ea
Sweet Peas Noodles 450 g \$2.99/ea	Squid Peanut Ball Snack 2 pkts 90 g \$1.49/ea	Shin Noodles Spicy 4 x 120 g \$3.99/ea	Orion Turtl Chips Choco 160 g \$3.99/ea	Keurig Dressing Marshmallow Berry 80 g \$2.59/ea	Tomonano Drink 4 kinds 300 ml \$1.49/ea

**HOUSEWARES**

BIGEN SPEEDY HAIR COLOR (REFILL ONLY) \$4.99/ea	ELECTRIC BBQ GRILL \$39.99/ea	ELECTRIC RICE COOKER (10 CUPS) \$14.99/ea	ELECTRIC RICE COOKER (5 CUPS) \$15.49/ea	ELECTRIC RICE COOKER (10 CUPS) \$15.99/ea
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**FROZEN & FISH DEPT**

Sanshoku Dango Sweet Rice Cake 135 g REG. \$4.99/ea <b>\$2.99/ea</b>	Tandoori Plain Naan 1.2 kg REG. \$8.99/ea <b>\$5.99/ea</b>
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**WEEKLY MEAT SPECIALS**

Beef Rump/Bottom Round Roast - Bnds \$4.99/lb	Beef T-Bone Steak \$4.99/lb	Beef Porterhouse Steak \$5.49/lb
Country Style Pork Loin Ribs - Bnds \$2.99/lb	Boneless & Skinless Chicken Thigh Meat \$1.99/lb	Pork Neck Bones \$1.99/lb
Pork Spare Ribs (Single Pack) \$2.99/lb		

**FROZEN & FISH DEPT**

Dried Cod Fish 500 g REG. \$16.99/ea <b>\$12.99/ea</b>	Columbus Pan Roasted Turkey Breast \$11.99/ea	Olive Medley \$4.99/ea
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Advised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE MARCH 13 - MARCH 19, 2024.

Advised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE MARCH 13 - MARCH 19, 2024.

# Cogir Gets National Recognition

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staff to come to work here every day.”

Cogir of Stock Ranch staff work hard to attract new residents and keep longtime residents happy.

“Food and staff are the biggies as well as our very engaging level of activities,” Masters said.

The restaurant on the first floor, open from 7 a.m. to 7 p.m., is a popular gathering place for residents, their families and their guests.

“People love our food. The food is farm fresh. There is very little processed food here,” Masters proudly said. “We have a well-stacked salad bar throughout the day. Fresh fruit is always available.”

As for staff, several staff members have worked at Cogir at Stock Ranch for more than two decades. The housekeeping manager has been there for 24 years and one of the cooks has been there for 23 years. At least five other care staff have been there more than 13 years.

Activities range from movie nights, painting, two happy hours with live music every week to excursions, such as Apple Hill, Seaquest and theaters. Some activities, such as chair yoga, have been recently added while other activities, such as entertainment by Dan the Piano Man, has been ongoing Saturdays for the last 13 years.

Every month, staff plans special parties combining food, games and music. In October, residents enjoyed a “Frankenstein does the Blues” Oktoberfest with a live band, bratwurst and beer. In September, residents and their families were treated to a National



Jack Derby, a World War II Army veteran, visits with Cogir community relations director Dale Masters at the wall honoring residents who are veterans. Derby has been a Cogir resident for seven years.



Phyllis Eymann, and her dog, Lassie, moved back to Cogir of Stock Ranch two years after leaving the area. Both were happy to be back in their Citrus Heights home.

Grandparents Day carnival, complete with house-made fair food. This week will be a St. Patrick’s Day event in which live music and corn beef sliders will be featured.

What do residents say about Cogir of Stock Ranch?

Smiling residents at the Cogir living room, restaurant and hallways praised their senior living community, including Angie Ringland, who said, “People are very nice; the helpers are super nice. There’s not a thing wrong with the place.”

Two-year resident Sandy Smith, 92, complimented “the people and the activities.”

Smith appreciates great

customer service, especially since she tries to make patients more comfortable when volunteering weekly at Mercy San Juan Medical Center’s front desk.

“I love the help here at Cogir; they’re the nicest,” Smith said. “We make friends, we hug. They’re the best.”

In the case of resident Phyllis Eymann, she’s proof that someone can return home.

Eymann moved to the Bay Area from Cogir of Stock Ranch to be closer to family but returned two years later to Cogir of Stock Ranch.

“I love it here. I don’t want to be anywhere else,” Eymann said as she and her little dog, Lassie, were socializing with a friend in the Cogir living room.

“When we were returning to Cogir, Lassie smelled we were near this place six blocks away and started wagging his tails and we were finally home at last,” Eymann said.

For more information or to arrange a tour, call Cogir of Stock Ranch at 916-725-7418 or go online to CogirSeniorLiving.com. ★

# Rusch Park Restrooms Closed as District Struggles with Recurring Damage



A bathroom closure sign is in front of the men’s bathroom.

*Continued from page 1*  
facilities superintendent for the Sunrise Parks and Recreation District.

“All these portable restroom units are currently being serviced twice a week with augmented cleanings being provided by park district staff as needed,” Edmundson said.

“We (SRPD) will continue to monitor public use of these restrooms as we move further into the busier season and reevaluate and adjust to public needs as necessary,” he said.

Edmundson was asked to estimate repair and replacement costs incurred by the district to the bathroom facilities at Rusch Park. Sunrise Recreation and Park District has averaged approximately \$5,000 a year in costs over the past few years, adding a single “service call” can cost as much as \$2,500 or more, and depending on reoccurrence, can easily exceed \$10,000 in repairs over a 12-month period.

“SRPD retrofitted the restroom interiors recently by replacing all the porcelain fixtures (sinks and toilets) with stainless-steel models, due to high volumes of vandalism,” he said. “This renovation required over \$10,000 in Sunrise Recreation and Park District (SRPD) funds to complete.”

“We at (SRPD) have not recently done an independent analysis on adding another restroom building at Rusch Park specifically,” Edmundson said. “However, we have added other restroom

facilities throughout our SRPD park system since then, at today’s prices, a new restroom facility of that size would cost well over \$200,000,” he said.

Sunrise Recreation and Park District plans to launch a request for proposals this month in hopes of finding a contractor to perform the needed sewer ejector discharge pump repairs. The deadline for submitting bids is April 5 and Edmundson said the district anticipates awarding the bid during the park district’s upcoming April board meeting.

“This is not the first time such a failure has occurred, and in fact it has failed multiple times in past years due to the sewer ejector discharge pumps being damaged,” Edmundson said, adding that the restroom building has been a frequent target of vandalism. The pumps have become damaged when large materials and solid objects are flushed down the system.

The district has also contracted with an engineering firm to conduct a full system analysis, which found the system needs an upgraded power supply, and the pumps themselves will need to be replaced and upgraded to higher horsepower and capabilities, according to the park district.

“The cost of upgrading the complete existing system is currently unknown at the moment but we are currently out to public bid and we’re asking potential bidders to incur all costs into their submitted bid packages. The RFP closes on April 5th and we expect to know more after that time,” Edmundson said. ★



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**Cogir of Stock Ranch is proud to announce our 2024 Best of Senior Living All Star Award.**

**Experience the difference with an exclusive tour.**



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## March is Museum Membership Month with Special Offers and Discounts

**Traci Rockefeller Cusack, T-Rock Communications News Release**

**SACRAMENTO, CA (MPG)** - Sacramento area museums are proud to present a variety of special membership opportunities during Museum Membership Month happening in March 2024. The benefits of museum membership often extend well beyond financial savings and often include exclusive experiences only available to members. Plus, there's something for everyone – fine art, science, history, and culture – as the local museum community offers memberships at virtually every museum and/or destination.

To help kick-off Museum Membership Month, the collaboration of museums presented a Free Museum Weekend March 2-3 that had limited capacity, required advance registration, and was another resounding success.

To highlight Museum Membership Month that continues through March, many of the local museums are offering special incentives and discounts for enthusiasts who choose to become members of their favorite museums and destinations. A few limited time offers during the month of March include the following:

California Museum – The community is invited to unlock extended benefits at the California Museum – home of the California Hall of Fame – during March Membership Madness. New and renewing members receive three extra months free for a total of 15 months of free Museum admission. Most membership benefits also include discounted or free admission to ticketed public programs, Museum Store discounts, and reciprocal admission at up to 1,700 North American institutions through the Time Travelers Network and/or the North American Reciprocal Museum Association. With four membership levels starting at just \$50, there's a perfect fit for kids, individuals, pairs, and families to explore California's rich history, diversity, and unique influence on the world of ideas, innovation, art and culture. To join the madness, visit [www.californiamuseum.org/march-membership-madness](http://www.californiamuseum.org/march-membership-madness).

Crocker Art Museum – Memberships to the Crocker Art Museum help to strengthen programs and exhibitions that make the Sacramento region a more vibrant place to live, work, play and stay. New members during the month of March will receive free

general admission for 12 months, ArtLetter magazine (except Educator level), invitations to exclusive members-only events and exhibition previews, discounts on lectures, concerts, and classes, discounts starting at 10 percent in the Museum Store, a 10 percent discount on the purchase of gift memberships, and member eNews with exclusive offers and announcements. For more, visit [www.CrockerArt.org/membership](http://www.CrockerArt.org/membership).

Sacramento History Museum – New members who join during the month of March will receive tickets for a historic walking tour. A purchase of a Basic Membership will include two tickets for the popular Gold Fever! Game tour and those who purchase a Premium Membership will receive two tickets for an Old Sacramento Underground tour. Plus, membership includes free admission to the Sacramento History Museum, discounts in the Museum Store, tours, and special events. And, because the Museum participates with the Time Travelers reciprocal program, basic memberships receive benefits at more than 300 museums across the country. Those who become Premium members also enjoy NARM (North American Reciprocal Museum) benefits at more than 1,300 museums nationwide, including free admission. For more information, visit [www.sachistorymuseum.org/get-involved/become-a-member](http://www.sachistorymuseum.org/get-involved/become-a-member).

In addition to these special incentives offered during March, membership has special privileges (which vary by museum) and can include benefits such as the following: free museum entrance all year long, special invitations to member-only events and receptions, preview and/or “behind-the-scenes” opportunities for new exhibits and offerings, free guest admission passes (to share with friends and family), discounts at museum stores and/or advance purchase opportunities on special programs and events, reciprocal admission at museums across the nation, and more.

For more information about upcoming activities offered by Sacramento area museums, “like” them on Facebook at [www.facebook.com/SacMuseums](http://www.facebook.com/SacMuseums), follow them on Instagram and Twitter @SacMuseums or visit the user-friendly website at [www.SacMuseums.org](http://www.SacMuseums.org). Those interested can also sign up for emails to learn more about your Sacramento Area Museums via the website at [www.sacmuseums.org](http://www.sacmuseums.org). ★

## California Continues to Expand Hydrogen-Powered Passenger Rail Fleet



One of the new rail fleets traveling through the countryside. Photo courtesy of Caltrans

**Caltrans News Release**

**SACRAMENTO, CA (MPG)** - Caltrans today announced a \$127 million agreement with Stadler Rail, Inc. for six more zero-emission, hydrogen-powered passenger trainsets, building upon an earlier order to deliver the first four hydrogen-powered intercity trainsets in North America, furthering California's standing as a world leader in clean transportation.

The trains will help California adapt to climate change by strengthening the state's zero-emission passenger rail capabilities. The first trains are expected to enter revenue service in 2027. The trainset design will make them more efficient, lighter weight and more affordable than traditional locomotive-hauled coaches.

The purchase is funded through Governor Gavin Newsom's historic \$10 billion, multiyear zero-emission vehicle package, which included \$407 million for the California State Transportation Agency (CalSTA) to purchase or lease state-of-the-art clean bus and rail equipment and

infrastructure.

The first trains will operate between Merced and Sacramento on the future Valley Rail service – an expansion of the existing Altamont Corridor Express (ACE) and Amtrak San Joaquins services that will eventually connect with the first section of California's high-speed rail service. The trains will also be demonstrated on corridors throughout the state in coordination with intercity and regional rail partners. With this option order, there are 19 option trainsets remaining on the base contract that Caltrans signed with Stadler in October 2023.

“California continues to lead the way to a cleaner, more connected transportation system,” said California Transportation Secretary Toks Omishakin. “By expanding our fleet of hydrogen-powered passenger trainsets, we are showing we are serious about deploying innovative and sustainable transportation options for the people of this state.”

“These clean-energy trains are the future,” said Caltrans Director Tony Tavares. “California is

building a climate-resilient transportation system that will help every community move around the state in a safe and sustainable way.”

The vehicles will be based on Stadler's successful Fast Light Intercity and Regional Train (FLIRT) concept, extending work done with the San Bernardino County Transportation Authority to develop self-powered multiple-unit trains using zero-emission hydrogen fuel cells without the need of a separate locomotive.

“We are very proud to be providing additional hydrogen trains to the California State Transportation Agency and Caltrans. With our multiple units, we are jointly driving the decarbonization of rail transportation in the U.S.,” said Stadler CEO Martin Ritter. “We thank CalSTA and Caltrans for their trust and look forward to deepening our partnership.”

California continues to build momentum in its nation-leading effort to harness clean renewable hydrogen power, critical to cutting planet-warming pollution and expanding the clean energy economy statewide. Caltrans' purchase of the first four trainsets in October came one day before the U.S. Department of Energy announced California will receive up to \$1.2 billion as one of the country's hydrogen hubs to accelerate the development and deployment of clean renewable hydrogen. ★

## Sacramento County Behavioral Health Serving Those in Need

**Sacramento County News Release**

**SACRAMENTO COUNTY, CA (MPG)** - Sacramento County Behavioral Health Services (BHS) provides programs, services, outreach, education, and engagement to eligible residents of Sacramento County with prevention and early intervention, outpatient services, case management services, crisis intervention and stabilization services, and inpatient psychiatric hospitalizations to better connect individuals to necessary supports, including mental health and substance abuse services.

**Community Outreach Recovery Empowerment (CORE) Program**

CORE provides specialty mental health outpatient services at 11 sites throughout Sacramento County. In addition to these sites, services are delivered in the community, wherever requested. Each CORE site has a co-located peer run community wellness center, which is open to any Sacramento County adult seeking meaningful activities.

CORE sites have the capacity to serve 7,700 throughout the system at any point in time. Each program includes flexible dollars for preventing or helping resolve homelessness. Of the 7,700, as of February 2024, there is an available capacity for 3,115.

**Mental Health Urgent Care Clinic (MHUCC)**

MHUCC is a 24/7 resource with a team of peers, clinicians, and medical staff who can assist in a calm and supportive environment. If anyone is having an immediate mental health and/or co-occurring substance abuse need and contemplating using an emergency room, the clinic is a great alternative for care. The County is also working to open a second MHUCC.

**Substance Use and Prevention Treatment**

Sacramento County Behavioral Health provides a range of substance use treatment programs for the prevention and treatment of alcohol and drug use/abuse. We contract with an array of community-based service providers throughout Sacramento County. The range of services provided through these organizations includes outpatient treatment, medication-assisted treatment, withdrawal management (detoxification), residential treatment, perinatal services, and sober living environments/recovery residences.

**Programs Earmarked for People Experiencing Homelessness and Mental Health Crisis**

While persons experiencing homelessness that have mental health treatment needs can access any of the County's behavioral health services and programs, there are specific teams and programs designed to serve the unique needs of these clients.

**Full-Service Partnerships (FSPs)**

FSPs provide individually tailored intensive services for clients who are most at risk – including those experiencing homelessness and have a serious mental illness. Clients receive intensive case management and mental health services as well as HUD funded housing subsidies. Not all persons that are living with a mental illness and are homeless qualify for an FSP. Currently there are 12 FSPs capable of serving a total of 2,751 eligible individuals – with availability for 379 additional clients – many of which are earmarked for seniors and transitional aged youth (TAY).

The County also has and is expanding three programs for those who meet medical necessity (Medi-Cal), have a mental health diagnosis (can be provisional) and are justice involved (exiting incarceration). ★

Community Justice Support Program (CJSP) serves 175 persons, Transformative, Healing, Renewing, Inclusive, Voice, Empowerment (THRIVE) FSP – currently in contracting - 200 persons, and THRIVE Adult Outpatient Program – three walk-in locations under development – 750 persons.

**Flexible Integrated Treatment (FIT) Program**

Serving youth under age 21 with a mental illness and their families experiencing homelessness or at imminent risk of homelessness. In addition to mental health services, FIT can also assist with housing services and support. FIT serves approximately 9,000 youth annually with outpatient mental health services that includes flexible dollars for preventing or helping resolve homelessness.

**Homeless Engagement and Response Team (HEART)**

Staffed with counselors and peers HEART uses a phased approach to help encampment and shelter residents enroll in needed behavioral health services and support. From rapport building to offering basic services to building enough trust to offer behavioral health assessments and eventually, referrals – the timeline for these phases can be weeks or years. The team's goal is to reach enrollment phase so that encampment and shelter residents will consent to and can obtain the behavioral services they need.

In 2023, HEART had 3,200 outreach encounters with people experiencing homelessness in encampments and shelters.

Nearly 600 were screened for mental health services, 463 were admitted to outpatient programs, and 123 were linked to a full-service partnership (FSP) intensive outpatient program.

Sacramento County has capacity for 2,751 FSPs with nearly 400 available for use – including those for targeted sub-populations like transitional aged youth.

**Permanent Supportive Housing (PSH)**

PSH units offer long-term stable housing and services to support individuals and families who need ongoing assistance to maintain housing stability and prepare to enter the job market, school, and other community activities. Each of these projects also include a subset of units that are specifically funded through the Mental Health Services Act (MHSA) or No Place Like Home (NPLH) dollars and are earmarked for those with living with a severe mental illness.

Some facts are that there are 434 dedicated apartments across 16 projects since 2008, 264 MHSA funded units currently in operation (plus 33 units waiting for natural turnover, 137 NPLH funded units currently in operation, 175 Units currently in the pipeline in varying stages of construction, 138 MHSA funded units, and 37 NPLH funded units.

**Additional Intensive Treatment Programs and Beds**

Sacramento County Behavioral Health Services also funds a variety of programs and services that serve those experiencing more acute behavioral health challenges, such as severe mental health needs or substance abuse.

There are 484 Acute Psychiatric Hospital Beds, 98 Psychiatric Health Facility (PHF) beds, Youth specific beds in planning, 266 Subacute beds, a plan to add a 64 Bed Mental Health Rehabilitation Center, 14 Adult Residential Treatment (ART) beds, 210 beds in Safe Stay Communities in 2024/25 Behavioral Health Bridge Housing, 60 Crisis Residential beds, and 104 Augmented Board and Cares beds. ★

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# Five Solutions to Some of California's Woes



**Commentary**  
by Ted Gaines

California's biggest problem is up for debate. Sadly, there are many contenders vying for that dubious distinction. But instead of focusing on the problems, we need to be focused on solutions. Without rank, here are five chronic California problems where state leadership has completely failed and one simple idea for each to help improve governance and boost our quality of life.

**Budget:** This budget year, California faces a nearly \$40 billion deficit. To avoid such massive shortfalls, California should adhere to the state's "Gann Limit," a law passed by the voters in 1979 that limits annual budget growth to a combination of population growth and inflation. The Gann Limit is ignored or avoided by legislative trickery, but it provides a simple structure that would avoid the massive budget growth that contributes to massive deficits whenever state revenues drop. Gann addresses California's spending problem.

**Housing:** One of many reasons housing is so expensive is excessive government fees, which can run as high as \$135,000 for

building a single-family residence. Right now, an El Dorado County man is battling these fees in his *Sheetz v. County of El Dorado*, California case currently before the US Supreme Court. I hope he wins, but the state doesn't need to be forced into fairness by a court decision. Developer fees serve a specific purpose but have morphed into a revenue source for governments. They should all be reviewed to ensure they are meeting their purpose only and not as a backdoor funding source for general government operations. This could help lower housing costs.

**Crime:** California's empowered criminals do not fear punishment and retailers are paying the price. Governor Newsom just recently witnessed this himself at a Target store. Thieves can afford to be cavalier, and casually stroll out of stores with arms full of merchandise because we've essentially eliminated punishment for shoplifting anything under \$950 in value. I'm encouraging Californians to sign the petition to repeal Prop. 47 that has wreaked havoc on our state and give prosecutors the ability to charge smaller retail thefts as felonies once again.

**Insurance:** The only thing leaving the state faster than its residents might be its insurers, who are pulling out of all or some of California's markets seemingly by the day. California must repeal Prop. 103 and make it easier for insurance companies to adjust rates and offerings. While this may lead to some price

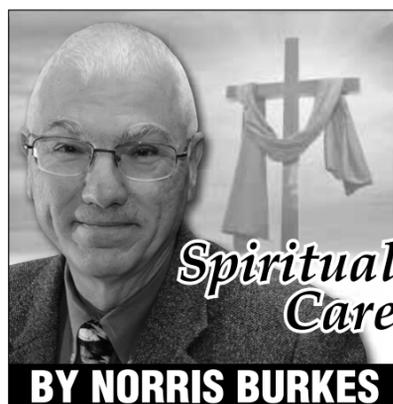
increases in the short term, providing a framework for more insurers to write policies here will lead to more competition, more choice, and more options for consumers.

**Homelessness:** This problem may be most emblematic of the California Way, where taxpayers pay the most but get the least. Cities in some of the state's most beautiful and valuable areas have been overrun by a permanent cadre of homeless, many of whom are obviously mentally ill and who, by their own admission, are addicts. The state must dramatically expand the concept of forced care in Governor Newsom's "Care Court" proposal, to promote the health and safety of the homeless, but also to reclaim our streets, parks, and sidewalks for their intended purposes.

President Reagan once said there are no easy answers, but there are simple answers. And it won't get better overnight. California holds all the promise it ever did and it can again be a national leader in all that is right and good. It has been in decline, but this can all be turned around by showing the political will to implement simple ideas that would reverse some of the state's chronic problems. With the right choices, our future is bright.

*Sen. Ted Gaines (Ret.) is a member of the State Board of Equalization representing 34 counties in Northern, Eastern and Southern California. For more information, visit [www.boe.ca.gov/Gaines](http://www.boe.ca.gov/Gaines). ★*

# Nonsensical Prayer Slams into Reality



After my recent Sunday sermon, a vehicle parked in front of my church rolled up hill and slammed into the pastor's bumper. Yup. That pickup truck just put itself in gear and gave my Camry a big boo-boo.

At this point, I ask that you suspend your disbelief.

Let's move on to the spiritual point that you expect from this columnist.

After hearing the all-too-familiar crunching sound, I went to the rear to examine the trunk damage.

As I placed my hand on the door handle, I found myself praying a nonsensical prayer.

"Pull-ease God, just allow the trunk to be operable. Please allow my car to remain drivable until it can be fixed."

I have a name for these kinds of prayers – "nonsensical."

I call it that because I know that no matter what I pray, the damage is already done. It's a prayer after the fact, as if my plea would change history.

I think you'd agree that these kinds of prayers are about as ludicrous as someone claiming they were hit by a parked car.

However, while my prayer seemed futile, it also was a very human prayer.

Prayers that come from our disappointments and hurt often will not make sense to the casual listener. That's because they're spoken in a language of the heart that's not easily translated.

I learned this from a cancer patient who once told me that her prayers no longer made sense. She had stage-three breast cancer and wondered aloud whether it was crazy to ask God to heal her after the cancer had progressed into this advanced stage.

I was tempted to spout the "chaplain answer," the answer that would gush with

god-speak. Instead, to this very scared mom on our oncology unit, I admitted what I knew to be true: I knew nothing. "I'm not sure that God is looking for dialogue from us that makes sense," I said, "because I'm not sure we are expected to be doing sensible things at a moment like this."

Looking for sensible words in our prayers can be as senseless as expecting patterns in the wind. "Sensible" prayers are our attempt to find a formula or to cast a holy spell with which we make God do as we wish.

We've invented all kinds of prayer systems, but in the end, the only thing that gets us through the hardest times are the prayers that resonate in our hearts.

When it comes to the language of prayer, God uses the human heart as a universal translator by which he is best able to hear us. The prayers we express at a time like this don't always align with sensible theology.

Jesus suggested that the best way to find alignment with spiritual things is to find a closet in which to pray.

I love how The Message translates Jesus' words from Matthew 6:6:

"Here's what I want you to do: Find a quiet, secluded place so you won't be tempted to role-play before God. Just be there as simply and honestly as you can manage. The focus will shift from you to God, and you will begin to sense his grace."

The gist of the teaching is: When it's just you and God in the closet, you have no witnesses. You needn't care what your prayers sound like. The only thing that will matter is that God hears you.

All of which tells me that whether it is backing into a parked pickup or hitting the wall of reality, the prayers of a fearful heart will always find the ear of a loving God.

By the way, I was able to open the trunk by following the method of many a TV evangelist. I placed one hand on the ailing part of the car and one hand on my Bible and just "beeelieved."

Sadly, the trunk lid bounced back on my head. You should have heard my knot-headed prayer then.

So, may I just say that should you decide to visit our church, we have two parking lots. You might prayerfully consider parking in the rear parking lot, away from the silver Camry. ★

# County Charts Its Green Journey with New Dashboard

## Sacramento County News Release

**SACRAMENTO COUNTY, CA (MPG)** - Sacramento County is launching a new, easy-to-use "Sustainability Dashboard," which charts the County's course on its way toward achieving greenhouse gas (GHG) reductions and adapting to climate change.

The Sustainability Dashboard lists each of the County's specific measures to reduce GHGs and adapt to climate change with a color chart that indicates whether the efforts for the measure have begun, and some goals have been achieved; whether efforts for the measure have started; or if efforts for the measure have not started:

"You don't have to be an expert on environmental or sustainability issues to get a handle on the work we're doing," said John Lundgren, Sacramento County's Sustainability Manager. "This website is designed for anyone who has an interest in understanding the County's progress on specific efforts for providing a cleaner,

healthier environment for everyone."

For instance, one of the measures, Establishing Safe Routes to School, is labeled green to indicate it is in progress and goals such as completing the County's updated Active Transportation Plan have been accomplished.

The measure Incentivize Infill Development is labeled yellow as efforts have begun in support of the initiative.

The measure Establish EV Parking Code is marked red as efforts have not yet begun on the measure.

"Dashboard users can also see clearly what the County is doing to adapt to increasing temperatures, sea levels, flooding, wildfires, and changing water supplies," said Lundgren.

"We have launched this site to foster transparency with the public and demonstrate accountability towards the progress of our initiatives," said Lundgren.

Learn more about the dashboard at [green.saccounty.gov](http://green.saccounty.gov). ★

## ROOT CELLAR Sacramento Genealogical Society SPRING SEMINAR



ROOT CELLAR welcomes our guest speaker, Michael L. Strauss, AG. Michael has been employed as a forensic investigator for 30 years and works as a research manager and senior genealogist for *Ancestry ProGenealogists*. Michael is a native of Pennsylvania and a veteran of the United States Coast Guard. He is a court qualified expert witness in New York, New Jersey, Pennsylvania, and Virginia. He is a national genealogical lecturer and instructor and is a faculty member at Salt Lake Institute of Genealogy, Genealogical Research Institute of Pittsburgh, and the Institute of Genealogical and Historical Research where he coordinates the military history and research courses. Michael was the film historian for the 2015 Academy Award nominated movie *Finding Vivian Maier*. He has been a Civil War reenactor for more than 25 years.

At our full-day seminar, Michael will present four awesome lectures: (1) Descendancy Research: Another Pathway to Genealogy; (2) Secret Societies: Finding Your Ancestors in Fraternal Organizations; (3) Federal Taxes and Genealogical Records they Created; and (4) That Splendid Little War: Research in the Spanish-American War. Join us in-person; all are welcome.

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(Pre-registration required - Registration ends April 15 - No tickets sold at the door)

**To register, go to [www.rootcellar.org](http://www.rootcellar.org)**



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**Paul V. Scholl**

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# Social Security Matters

## Will My Benefit Increase if I Work While Collecting Disability?



**By Russell Gloor, AMAC Certified Social Security Advisor**

**Dear Rusty:** I will be 64 in March and currently receive Social Security Disability Insurance (SSDI) payments. My full retirement age is 67, but I'm thinking about trying to return to work.

If I work and my earnings exceed the monthly disability payment limits, but do not exceed the annual limit, how will my disability payments be affected? Will working while receiving Social Security disability payments change my Social Security benefit amount when I reach my full retirement age of 67? **Signed: Mending**

**Dear Mending:** Social Security doesn't go by annual earnings when it comes to disability (SSDI) - they go by monthly earnings. If your work earnings in any one month of 2024 exceed \$1,550, that will be a flag to SS that you are no longer disabled (\$2,590 per month if you're blind). If that happens for a few months in a row, they will most likely stop your SSDI payments. Often, this happens retroactively - they won't find out until sometime later that you repeatedly exceeded the monthly limit - but they will likely cancel your SSDI benefits and require you to repay any benefits you received in months you exceeded the monthly

SSDI earnings limit, or months they deem you were capable of working without restriction.

I suggest you consider enrolling in Social Security's "Ticket to Work" program. While enrolled, you can work and will have a rolling 9 month "Trial Work Period" over 5 years, during which you can earn more than \$1,110/month (in 2024) without jeopardizing your SSDI benefits. If, after completing your 9 month trial work period, you are taken off of SSDI (because you're no longer considered disabled), and you again become disabled and unable to work, your SSDI benefits can resume without requiring you to go through the entire application process again. You can test your ability to work, will be able to work some and can earn more than the limit in some months, which makes the Ticket to Work program your best option. Read more about it here: <https://choose-work.ssa.gov/>.

As for whether working while on SSDI will improve your benefit at your full retirement age (FRA), that depends. Your current SSDI benefit is equal to your FRA entitlement from your earnings record at your disability onset date (but paid to you prior to your FRA). The method for determining your benefit under SSDI is complex and depends on the age at which you became unable to work and the number of Social Security credits you had accumulated at that time. Although SS retirement benefits normally require you earn at least 40 SS quarter credits and are based on your highest earning 35 years, those approved for SSDI can get benefits with fewer than 40 credits

and less than 35 years of lifetime earnings. Since each case is unique, I cannot say whether your earnings while on SSDI will improve your FRA amount, but Social Security will monitor your earnings and increase your benefit if appropriate.

FYI, your SSDI benefit would normally automatically convert to become your regular SS retirement benefit at your FRA at the same amount you were receiving while on SSDI. It's possible that the limited earnings you may have from working while on SSDI may increase your benefit, but that's impossible for me to predict. Your benefit is based on your lifetime earnings history (adjusted for inflation), not on your contributions to Social Security while working.

So, if you are on SSDI and wish to try returning to work, and you think your monthly earnings will occasionally exceed the SSDI limit, I suggest you contact Social Security (1.800.772.1213 or your local office) to explore enrolling in the Ticket to Work program. That would be your best option to avoid jeopardizing your SSDI benefits, and your benefit amount will be automatically adjusted by Social Security if appropriate.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). To submit a question, visit our website ([amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory)) or email us at [ssadvisor@amacfoundation.org](mailto:ssadvisor@amacfoundation.org).* ★

# Fewer Students And Higher Absenteeism Plague California's Public School Financing



**By Dan Walters, CALMatters.org**

California's public schools live - or die - by the numbers.

They are utterly dependent on how much money the state budget allocates each year under Proposition 98, a formula adopted by voters in 1988 that only a few wonks in and around the Capitol profess to understand - and even they often disagree.

Prop. 98 computations are also subject to political horse-trading during each budget cycle. Whatever number emerges is then distributed to school districts, primarily based on "average daily attendance."

California is one of only a few states that use attendance to distribute state aid and a perpetual debate over whether it should continue is becoming more intense because two major factors in school attendance - enrollment and student absences - have been regressing.

California experienced rapid population growth over the last two decades of the 20th century, due to a wave of migration from other states and a baby boom. That translated into a 50% increase in K-12 school enrollment, eventually topping out at 6.3 million kids.

After reaching a plateau, however, enrollment started declining as the state began

losing population, thanks largely to movements to other states, and as the state's birth-rate dropped dramatically.

"Demographic projections suggest enrollment will continue to decline across the state over the coming decade," according to a recent report by the Public Policy Institute of California. "The California Department of Finance (DOF) projects that declines will persist at roughly 40,000 to 60,000 students per year, resulting in enrollment levels below 5.2 million by 2032."

The inexorable decline in enrollment is exacerbated by a startling large number of students who may be enrolled but are chronically absent - what once was known as playing hooky.

During the early months of the COVID-19 pandemic almost all of California's schools were closed, but even with online classes, attendance took a nosedive. After schools were reopened, however, chronic absenteeism - students missing from the classroom 10% or more of the time - continued to be a problem. Prior to the pandemic 12% of the state's students were chronically absent, but in the first year after schools reopened the rate was 30% and since then has declined marginally to 25%, according to a new PPIC study.

PPIC researchers learned that the most absence-prone children these days are in kindergarten or the early primary grades while, prior to the pandemic, high schoolers were most likely to be missing classes.

"High levels of absenteeism among the youngest students is particularly concerning since absenteeism

tends to have a snowball effect: a student is more likely to be chronically absent in later grades if they are chronically absent in earlier ones," PPIC's report noted.

During the pandemic, school finances were bolstered by billions of dollars in federal relief funds and a temporary respite from attendance-based state aid, but both of those programs have expired, so districts are beginning to feel the full impact of enrollment declines and absenteeism.

As the gaps between income and outgo widen, school officials throughout the state are contemplating school closures - which almost always generate neighborhood opposition - while pressing the state to change the attendance-based system.

"Between 2012 and 2021, nearly 700 schools across the state were closed, resulting in roughly 167,000 students being displaced," Policy Analysis for California Education, a multi-university research project, reported recently, adding that "Black students were more likely to experience school closure than any other racial subgroup. Black students represent nearly 14 percent of the student body in schools that were closed."

Demography is destiny and California's school conundrum of declining enrollment, high absenteeism and unstable attendance will become more intense. It warrants urgent attention by the state's political figures, from the governor downward.

*Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers.* ★

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Ride Share Admin Services LLC, 2108 N Street Suite C, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "OPOLI" 2108 N Street Suite C, Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 7, 2024  
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Amanpreet Singh Chahal and Sarbjot Kaur Deol, 3998 Audris Way, Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "Cold Stone Creamery" 2070 Fair Oaks Boulevard Suite 120, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 9, 2024  
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COLD 3-15-24

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Rafre, Inc., 6732 Lincoln Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Fred's Total Service Co." 6732 Lincoln Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 1, 2024  
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FREDS 3-15-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00958  
Andrey Rudenkiy, 117 Rock Canyon Court, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Flooring Doctor" 117 Rock Canyon Court, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 6, 2024  
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01205  
Amarjeet Garcha, Po Box 2039, Folsom, CA 95763 is doing business under the Fictitious Business Name(s) "Folsom Landscape Maintenance" 6228 Main Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County February 15, 2024  
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FOLSOM 3-15-24

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Makarios Home Care, LLC, 8134 Donawood Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Makarios Home Care, LLC/Makarios Care Facility" 8134 Donawood Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County February 14, 2024  
Publish: Feb 23, March 1, 8, 15, 2024  
MARKARIOS 3-15-24

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Brad Schultz, 7610 Community Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Britech/Britech Appliance Repair/Britech Carpet/Britech Sound" 7610 Community Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 5, 2024  
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Publish: March 1, 8, 15, 22, 2024  
BURGER 3-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00819  
Julio Cesar Gonzalez-Fernandez, 6000 Landing Point Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "JG Flooring" 6000 Landing Point Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 31, 2024  
Publish: March 1, 8, 15, 22, 2024  
JG 3-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01236  
Thomas Emerson, 4022 Sunrise Boulevard Suite 120 #298, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "A Perfect View Landscape" 4022 Sunrise Boulevard Suite 120 #298, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County February 16, 2024  
Publish: March 1, 8, 15, 22, 2024  
PERFECT 3-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01060  
Paw-sabilities Unlimited, LLC, 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "The Dawg House" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County February 8, 2024  
Publish: March 1, 8, 15, 22, 2024  
DAWG 3-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01244  
David Ivan Najera Guerrero, 7300 Rutherford Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Kaiju Automotive Repair" 7300 Rutherford Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 16, 2024  
Publish: March 1, 8, 15, 22, 2024  
KAJU 3-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01133  
Cindy J Finch, 7405 Greenback Lane #173, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Cali Loves Wine Tours & Events" 5557 White Fir Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County February 13, 2024  
Publish: March 1, 8, 15, 22, 2024  
CALI 3-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01080  
Rudolph O. Del Real, 339 Rivertree Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "R & R Construction" 339 Rivertree Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County February 8, 2024  
Publish: March 1, 8, 15, 22, 2024  
R&R 3-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01470  
Elpis Solutions LLC, 4041 Audris Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Elpis Bookkeeping/Elpis Notary" 4041 Audris Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County February 27, 2024  
Publish: March 8, 15, 22, 29, 2024  
ELPIS 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01408  
Randall Gutfeld, 4840 San Juan Avenue PBM 132, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "River Parkway Flamenco" 8123 Sunrise Boulevard #258, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 26, 2024  
Publish: March 8, 15, 22, 29, 2024  
RIVER 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01150  
Alpentanzer Schuhplattler, 3349 J Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Alpentanzer Schuhplattler/Alpentanzer Schuhplattler/STV Alpentanzer Schuhplattler/STV Alpentanzer Schuhplattler/Sacramento Turnverein Alpen Alpentanzer Schuhplattler/Sacramento Turn Verein Alpentanzer Schuhplattler" 3349 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 13, 2024  
Publish: March 8, 15, 22, 29, 2024  
ALPENTANZER 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01363  
Monique Lee Davis, 2475 Stokewood Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Artemis Construction Management" 2475 Stokewood Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 23, 2024  
Publish: March 8, 15, 22, 29, 2024  
ARTEMIS 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01051  
Paul Flick, 486 S. Lexington Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Innovations for Criminal Justice" 486 S. Lexington Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 8, 2024  
Publish: March 8, 15, 22, 29, 2024  
INNOVATIONS 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01442  
Erwin Quial, 8300 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under

the Fictitious Business Name(s) "AlveoMed Nursing" 8300 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 26, 2024  
Publish: March 8, 15, 22, 29, 2024  
ALVEOMED 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01234  
Debrah Dickenson, 81 Natoma Street Suite 100, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Folsom Smog Test Only" 81 Natoma Street Suite 100, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 16, 2024  
Publish: March 8, 15, 22, 29, 2024  
FOLSOM 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01375  
Kathryn LeGros, 6067 Shirley Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bucket List Bridge" 6067 Shirley Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 23, 2024  
Publish: March 8, 15, 22, 29, 2024  
BUCKET 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01364  
Maryna Sys, 5425 Garfield Avenue #125, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "MM Therapy" 5425 Garfield Avenue #125, Sacramento, CA 95841. Filed with the Clerk of Sacramento County February 23, 2024  
Publish: March 8, 15, 22, 29, 2024  
MM 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01327  
Michael Pugliese, 3849 Navaho Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Lasers Incidit" 3849 Navaho Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County February 22, 2024  
Publish: March 15, 22, 29, April 5, 2024  
LASERIS 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01267  
California RVM Solutions, 3672 Stephen Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Simply Recycle" 4802 San Juan Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 20, 2024  
Publish: March 15, 22, 29, April 5, 2024  
SIMPLY 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01603  
SQY Inc, 8732 Fruitridge Road #2, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "SQY Autos Inc" 8732 Fruitridge Road #2, Sacramento, CA 95826. Filed with the Clerk of Sacramento County March 4, 2024  
Publish: March 15, 22, 29, April 5, 2024  
SQY 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01417  
Mary E. Moreno, 9032 Rosewood Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Sterling Silver Roses & Things" 9032 Rosewood Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County February 26, 2024  
Publish: March 15, 22, 29, April 5, 2024  
STERLING 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01681  
Niki Staben, 4265 Enchanted Circle, Roseville, CA 95747 and Craig Hall, 8220 Firewood Court, Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "S&H Billiard Supply" 8220 Firewood Court, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 5, 2024  
Publish: March 15, 22, 29, April 5, 2024  
S&H 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00838  
The Anxiety Treatment Center, 10419 Old Placerville Road, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "The Anxiety Treatment Center" 10419 Old Placerville Road, Sacramento, CA 95827. Filed with the Clerk of Sacramento County February 1, 2024  
Publish: March 15, 22, 29, April 5, 2024  
THE 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01478  
John A. Morrison, PO Box 655, Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Rush Our Delivery" 4946 Watt Avenue Unit 23, North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 27, 2024  
Publish: March 15, 22, 29, April 5, 2024  
RUSH 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01458  
Richard Johnson, 4220 Prospect Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Gold Spur Realty/Gold Spur Land & Home Realty" 4220 Prospect Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 26, 2024  
Publish: March 15, 22, 29, April 5, 2024  
GOLD 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01537  
Duc Pham, 8096 Polo Crosse Avenue, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "DMP Construction" 8096 Polo Crosse Avenue, Sacramento,

CA 95829. Filed with the Clerk of Sacramento County February 29, 2024  
Publish: March 15, 22, 29, April 5, 2024  
DMP 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01757  
Sloughhouse Corn LLC, 10276 Altameza Road, Wilton, CA 95693 doing business under the Fictitious Business Name(s) "Sloughhouse Sweet Corn/Davis Ranch LLC" 13501 Jackson Road, Sloughhouse, CA 95683. Filed with the Clerk of Sacramento County March 7, 2024  
Publish: March 15, 22, 29, April 5, 2024  
SLOUGHHOUSE 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01807  
Seedstar Inc., 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Seedstar Cannabis" 5711 Florin Perkins Road, Sacramento, CA 95828. Filed with the Clerk of Sacramento County March 7, 2024  
Publish: March 15, 22, 29, April 5, 2024  
SEEDSTAR 4-5-24

## ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV002730

Avinash Tuta and Kavayalakshmi Vintha has filed a petition with this court for a decree changing the name(s) of Charvikreddy Tuta to Charvik Tuta.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 23, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 8, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: March 1, 8, 15, 22, 2024  
TUTA 3-22-24

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV001191

Jesus Daniel Resendez has filed a petition with this court for a decree changing the name(s) of Jesus Daniel Resendez to Quentin Lemieux.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 30, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: January 24, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: March 1, 8, 15, 22, 2024  
RESENDEZ 3-22-24

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV003632

Mohammad Rahim Yalghaz has filed a petition with this court for a decree changing the name(s) of Mohammad Rahim Yalghaz to Rahim Yalghaz.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 15, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 28, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: March 8, 15, 22, 29, 2024  
YALGHAZ 3-29-24

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV003621

Edward James Thompson and Iridian Eunice McConico has filed a petition with this court for a decree changing the name(s) of Edward James Thompson to Edward James Salcido and Nazare Lenae Salcido.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 14, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 23, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: March 8, 15, 22, 29, 2024  
THOMPSON 3-29-24

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV003707

Kennedy Mckenzie Gordon has filed a petition with this court for a decree changing the name(s) of Kennedy Mckenzie O'Shea to Kennedy Mackenzie O'Shea.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 15, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 29, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: March 8, 15, 22, 29, 2024  
GORDON 3-29-24

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV002615

Jackson Alexander Caine has filed a petition with this court for a decree changing the name(s) of Jackson Alexander Caine to Hamza Mohammad Akhtlar.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 6, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 13, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: March 8, 15, 22, 29, 2024  
CAINE 3-29-24

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV002660

Maleyka Aliyeva has filed a petition with this court for a decree changing the name(s) of Maleyka Aliyeva to Malika Aliyeva.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 6, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 14, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: March 8, 15, 22, 29, 2024  
ALIYEVA 3-29-24

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV003856

Tarjinder Singh Kaler has filed a petition with this court for a decree changing the name(s) of Tarjinder Singh Kaler to Tarjinder Singh.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 15, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: March 1, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: March 15, 22, 29, April 5, 2024  
KALER 4-5-24

## NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF DAVID ROBERT BIEDERMAN CASE NO. 24PR000415

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of David Robert Biederman.

A Petition for Probate has been filed by Mary Barr and Brent Biederman, in the Superior Court of California, County of Sacramento, requesting Mary Barr and Brent Biederman be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows March 27, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney

for Petitioner is: Mark F. Omellas, McKinley, Conger, Jolley & Galameau, LLP, 3031 W. March Lane Suite 230 West, Stockton, CA 95219; 209-477-8171  
Publish: March 1, 8, 15, 2024  
BIEDERMAN 3-15-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF LENA AMARIS CLARK SHARIAH CASE NO. 24PR000014

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Lena Amaris Clark, Lena Amaris Clark Shariar.

A Petition for Probate has been filed by Monica Anne Clark Johnson, in the Superior Court of California, County of Sacramento, requesting Monica Anne Clark Johnson be appointed as personal representative(s) to administer the estate of the decedent.

A hearing on the petition will be held in this court as follows March 27, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Monica Anne Clark Johnson, PO Box 276562, Sacramento, CA 95827; 510-693-7516  
Publish: March 1, 8, 15, 2024  
SHARIAH 3-15-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF CURT W. STAFFORD, AKA CURTIS WAYNE STAFFORD CASE NO. 24PR000111

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Curt W. Stafford, aka Curtis Wayne Stafford.

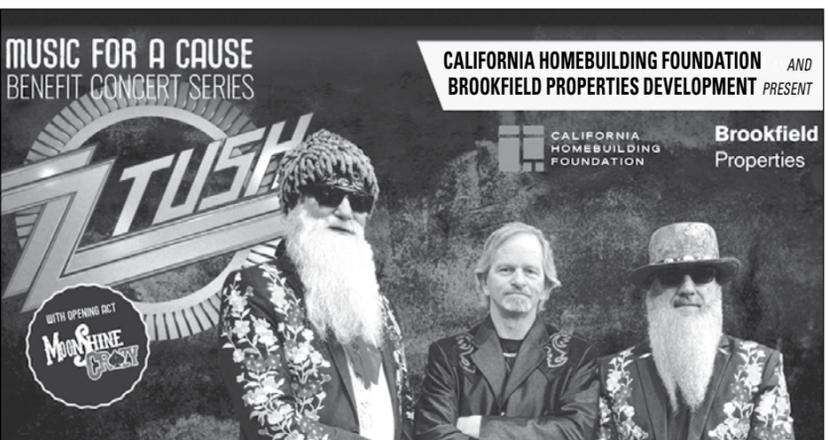
An Amended Petition for Probate has been filed by Vanessa A. Allen, in the Superior Court of California, County of Sacramento, requesting Vanessa A. Allen be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows April 11, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person



Music for a cause stars ZZ Tush is set to perform on May 2. Photo courtesy of California Homebuilding Foundation

**California Homebuilding Foundation News Release**

**FOLSOM, CA (MPG)** - The California Homebuilding Foundation is proud to present our Music for a Cause Benefit Concert Series. These live music events feature high-energy performances by top local tribute bands, guaranteed to play all your favorite hits!

The California Homebuilding Foundation has teamed up with industry leaders to produce exclusive industry events complete with a VIP reception, local beers, great wines, savory eats, and networking with industry peers. All donations and proceeds will help the California Homebuilding Foundation and its programs benefiting California's future leaders and the communities in which we live, work and play.

Concerts are a great place to market for just about any business. By focusing on your target audience, engaging participants creatively, and providing value to potential customers, these events can

be the perfect supplement to your other traditional marketing. Beat the summer slump and take advantage of the great weather and niche audience to get your brand out to potential clients.

With over four decades of philanthropic experience, our foundation supports initiatives such as scholarships, education programs, internships, and housing policy studies, all aimed at nurturing the next generation of industry professionals.

Northern California Music for a Cause Benefit Concert in Partnership with Brookfield Properties

**Starring:** ZZ Tush- "ZZ Top" Tribute and Pop Country Rock Band - "Moonshine Crazy"

**When:** Thursday, May 2, 2024

**Where:** The Zittel Family Amphitheater Folsom

**Industry VIP Reception | 5:00 P.M.**

**Concert | 6:30 P.M.**

For more information, please contact Aubree Downs at [adowns@mychf.org](mailto:adowns@mychf.org) or call 916-340-3348. ★

# Proposed Initiative Establishes University of California Online

**Office of California Secretary of State Shirley N. Weber, Ph.D.**

**SACRAMENTO, CA (MPG)** - Secretary of State Dr. Shirley N. Weber announced that the proponent of a new initiative was cleared to begin collecting petition signatures on January 10, 2024.

The Attorney General prepares the legal title and summary that is required to appear on initiative petitions. When the official language is complete, the Attorney General forwards it to the proponent and to the Secretary of State, and the initiative may be circulated for signatures. The Secretary of State then provides a calendar of deadlines to the proponent and to county elections officials. The Attorney General's official title and summary for the measure is as follows:

**Establishes New "University Of California Online." Initiative Constitutional Amendment.**

California's public higher education systems — University of California, California State University, and California Community Colleges — currently offer courses in person and online. This measure would amend the California Constitution to require creation of an online public university named "University of California Online" with two divisions: one providing online courses for credit towards an academic degree, open to anyone who pays tuition; and one providing free public access to

all online courses not for credit. Requires tuition for for-credit courses to be based on their cost, and additional fees for most out-of-state students. Requires state treasurer to issue bonds to fund University of California Online, repaid from tuition. Summary of estimate by legislative analyst and director of finance of fiscal impact on state and local governments: Operating a new public online university could cost in the hundreds of millions of dollars to low billions of dollars annually. All of the cost is to be covered through student tuition revenue generated by the new university. The measure is not intended to have any direct fiscal impact on state or local governments. (23-0034)

The Secretary of State's tracking number for this measure is 1975 and the Attorney General's tracking number is 23-0034.

The proponent of the measure, Boyd Roberts, must collect signatures of 874,641 registered voters (eight percent of the total votes cast for governor in the November 2022 general election) in order for the measure to become eligible for the ballot. The proponent has 180 days to circulate petitions for the measure, meaning the signatures must be submitted to county elections officials no later than July 8, 2024. The address for the proponent is 237 San Joaquin Street, Laguna Beach, CA 92651. The proponent may also be contacted at [Boyd.UCOCA@gmail.com](mailto:Boyd.UCOCA@gmail.com). ★

**LEGAL ADVERTISING**  
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984  
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969  
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020  
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

**NOTICE OF PETITION TO ADMINISTER ESTATE**

file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Michael Yee, Yee Law Group, 4010 S Land Park Drive Suite B, Sacramento, CA 95822; 916-927-9001  
Publish: March 8, 15, 22, 2024  
STAFFORD 3-22-24

**NOTICE OF PETITION TO ADMINISTER ESTATE OF JOSE HERNANDEZ**  
CASE NO. 24PR000505

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Jose Hernandez.

A Petition for Probate has been filed by Michelle Hernandez, in the Superior Court of California, County of Sacramento, requesting Michelle Hernandez be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows April 4, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California

Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Huck Ingram, 110 Bank Street, Grass Valley, CA 95945; 530-432-1996  
Publish: March 8, 15, 22, 2024  
HERNANDEZ 3-22-23

**NOTICE OF PETITION TO ADMINISTER ESTATE OF STEVEN EDWARD SCHREINDL**  
CASE NO. 34-2021-00312055

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Steven Edward Schreindl.

A Petition for Probate has been filed by Michael Leon Schreindl, in the Superior Court of California, County of Sacramento, requesting Michael Schreindl be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows April 16, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California

Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Michael Leon Schreindl, 19964 Riverside Avenue #152, Anderson, CA 96007; 530-209-4527  
Publish: March 8, 15, 22, 2024  
SCHREINDL 3-22-23

**NOTICE OF PETITION TO ADMINISTER ESTATE OF ARSENIO FELIPE**  
CASE NO. 24PR000595

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Arsenio Felipe.

A Petition for Probate has been filed by Michael Felipe, in the Superior Court of California, County of Sacramento, requesting Michael Felipe be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows April 10, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California

Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Robert J. Busch Jr., 2228 Longport Court, Suite 110, Elk Grove, CA 95758; 916-859-0370  
Publish: March 15, 22, 29, 2024  
FELIPE 3-29-24

**NOTICE OF PETITION TO ADMINISTER ESTATE OF MARY KATHRYN BAKER**  
CASE NO. 23PR001946

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Mary Kathryn Baker.

An Amended Petition for Probate has been filed by Eric J. Koontz, in the Superior Court of California, County of Sacramento, requesting Eric J. Koontz be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows April 3, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under

section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Benjamin V. Platon, Attorney & Counselor at Law, Certified Specialist Estate Planning, Trust & Probate Law, 9701 Fair Oaks Boulevard, Fair Oaks, CA 95628; 916-674-2066  
Publish: March 15, 22, 29, 2024  
BAKER 3-29-24

**SUMMONS**

**SUMMONS (CITACION JUDICIAL)**  
CASE NUMBER: 23CV001955

**NOTICE TO DEFENDANT:** Flora Taylor, an individual; and does 1-20.

**YOU ARE BEING SUED BY PLAINTIFF:** Angela Bradley, an individual.

**NOTICE!** You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Website ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo

han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.

Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California ([www.sucorte.ca.gov](http://www.sucorte.ca.gov)) en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), en el Centro de Ayuda de las Cortes de California, ([www.sucorte.ca.gov](http://www.sucorte.ca.gov)) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gramen sobre cualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gramen de la corte antes de que la corte pueda desechar el caso.

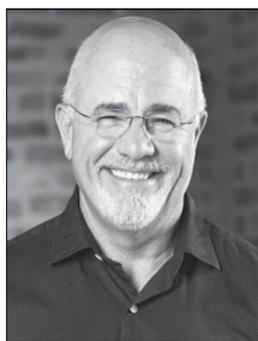
The name and address of the court is: (El nombre y direccion de la corte es): Superior Court of California, 720 9<sup>th</sup> Street, Sacramento, CA 95814  
The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Robert C. Bowman, Jr. 1451 River Park Drive, Suite 125, Sacramento, CA 95815, 916-923-2800  
Date: (Fecha) 5/19/2023  
Clerk (Secretario) N. Young, Deputy (Adjunto)  
Publish: March 15, 22, 29, April 5, 2024  
BRADLEY 4-5-24

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# Kings Korner

By V.G. Harris



## Dave Ramsey Says

### Control Your Mind and Money

Dear Dave,

I'm trying to work my way out of debt, but it seems like something always happens to stall things or knock me backwards. I make \$55,000 a year, I'm single and I have \$15,000 in debt, along with a mortgage payment of \$1,224 a month. I've been trying to live on a budget, but I'm still not sure where all my money goes. Can you help?

- Lindley

Dear Lindley,

I know living on a budget can be hard at first. And honestly, it usually takes folks who are new to doing it about three or four months of practice before they start getting it right and seeing the results.

For starters, your house payment is a little heavy for someone making

\$55,000 a year. I generally recommend keeping your mortgage or rent payment at about 25% of your take-home pay. Sometimes you can slide by paying a little more, but in those cases, you'd really have to be on top of your finances. So, the biggest thing you can do right now is take control of your money, instead of letting it—or a lack of it—control you. And the best way to make all this happen is by consistently living on a realistic, written monthly budget.

Once you start doing this, you've taken your first big step toward having a real gameplan for your money. At that point, the idea of trying to live on a budget ends, and the fact that you are living on a budget, and telling your money what to do—instead of a lack of it dictating what you can do—becomes more of a reality.

Remember the Star Wars movie "The Empire Strikes Back"? At one point during Luke's training, Yoda tells him, "Do, or do not. There is no try." In a larger sense,

Yoda is urging Luke to focus and work harder, instead of continuing with half-hearted attempts and giving up easily. If you want to accomplish a difficult task, Lindley, you have to throw yourself into it completely. You must fully commit, and stop making excuses. You have to focus, and fight to make it happen.

It's no fun waking up broke at the end of every pay period. We both know this. So, put your head down and get your mind in gear. Make. This. Happen.

You can do it!

- Dave

*Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions* ★

I'm sorry to say the Dr. Jekyll and Mr. Hyde season for the Sacramento Kings continues.

The roller coaster ride that is inconsistency raised its ugly head again Sunday, at Golden 1 Center.

In defense of the Kings I will say I saw four quarters of energy defense, and the team collectively played hard.

At the end of the day, regardless of how good your defense plays, you still have to put the ball in the basket.

While the Kings won the free-throw-line contest, their field goal and three-point shooting were abysmal, and I challenge anyone to show me a team in the NBA this season that has scored 14 points in a quarter and still won the game.

A good research project for those that like those things, but the 14 points that the Kings scored against the Houston Rockets in the 3rd quarter of Sunday's game assured the Rockets of another win against Sacramento.

Whether it's the size differential, or the Rockets just simply shoot better, we don't match up with this team. The Kings have had similar difficulties with the New Orleans Pelicans, and it seems that teams with length, particularly on the perimeter, give our boys a problem.

So, after licking our wounds, let's not forget that the team just came off of wins over a heavily favored Minnesota team on the road, followed up by wins over the Lakers and San Antonio Spurs.

The real question is how do we break away from this moniker that has claimed the Kings as one of the most inconsistent teams in the league?

I don't have all the answers, but I will venture to say that most coaches start with putting the best 5 players on the court to start every game. Sounds logical, but it is not something coach Brown has not even experimented with.

Kevin Huerter, if not on this team, would not be starting for any other NBA team. Why? Because he is the epitome of inconsistency on a team that is already suffering from way too much of that. We need scoring and defense that we

can count on, and we have derived neither from Kevin Huerter. The same can be said of Harrison Barnes, who at times reminds us of the player that won a world championship, but of late has become more of a spectator with a real good seat.

Malik Monk can find other accolades than the 6th man award, and why are we so concerned about an individual award anyway? Malik is the consummate team player, and when he is on the court, magical things happen. Playing alongside De'Aaron Fox the tandem is an oppressive duo to guard, so why not give other NBA teams the best we have from the jump?

Malik not only never starts a game, he never starts the 2nd half either!

Other teams must be smiling from ear to ear as they look over and see Malik sitting on the bench. They have to contain supposed sharpshooter Kevin Huerter who is shooting 36% from three-point range, and putting up a whopping 10.6 points per game.

Harrison Barnes is shooting marginally better from beyond the arc at 39%, and he adds a tepid 12 points per game.

Huerter gets almost the same playing time as Malik Monk, and Harrison Barnes actually gets more! Every game!

Kings fans, it's time to let Coach Brown know that the best players need the most minutes. Seems easy, but apparently not.

I will leave you all with this. If I'm wrong I'll be the first to admit it, but Coach Brown hasn't started Malik this season. Let Huerter come off the bench, and maybe it will wake him up.

Stay tuned for more, but Malik's 15.7 points per game could easily turn into 20-plus per game if he was on the floor more than 26 minutes per game.

Food for thought, and let's not forget about Trey Lyles, who could be contributing a lot more scoring if he was getting more than 20 minutes per contest.

If you have a thought let me know at [vgharriskingsfan@gmail.com](mailto:vgharriskingsfan@gmail.com). ★

**GO KINGS!**

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# COMICS & PUZZLES

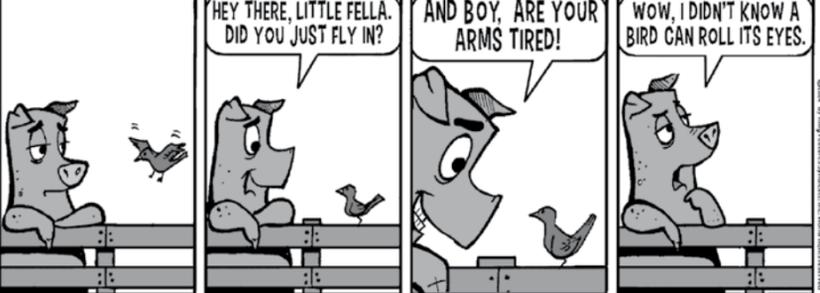
**The Spats**

by Jeff Pickering



**Amber Waves**

by Dave T. Phipps



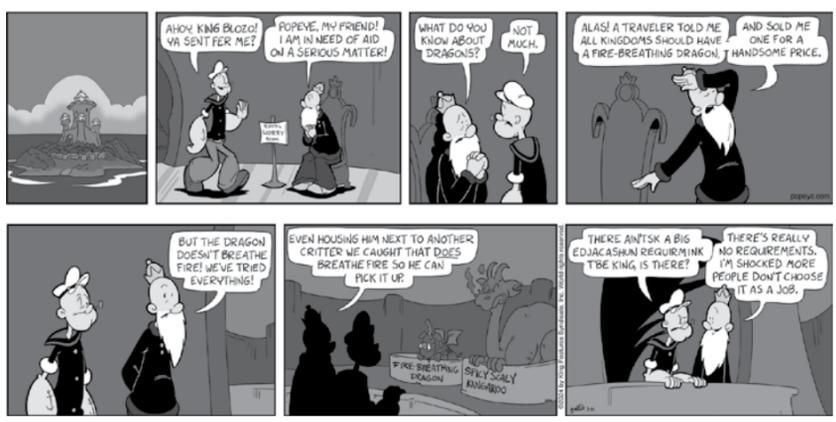
**Out on a Limb**

by Gary Kopervas



**TIGER**

by BUD BLAKE



**HOCUS-FOCUS**

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



Differences: 1. Phone is missing. 2. Chair is larger. 3. Tie is not as wide. 4. Chair is moved. 5. Hand is missing. 6. Window is not as wide.

**GRIN AND BEAR IT**



**Just Like Cats & Dogs**

by Dave T. Phipps



R	O	T	C		A	M	Y		H	I	P							
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**STATEPOINT CROSSWORD • SPRING'S IN THE AIR**

- CLUES**
- ACROSS**
- College cadet program
  - Comedian Schumer
  - Not square
  - October birthstone
  - Dueling weapon
  - Flambé
  - Capital of Azerbaijan
  - Rugged rock
  - Actress Vergara
  - \*What many chicks are doing in spring
  - \*"Me and Bobby McGee" singer-songwriter
  - \*What the weather does in spring across the U.S.
  - Make a seam
  - Old name for 5-iron in golf
  - Facing
  - 20s dispenser
  - Bodily fluids
  - Steak choice
  - Dungeness and snow, e.g.
  - "Chapter" in history
  - African antelope
  - Republic of Ireland
  - Made a feline sound
  - 34th U.S. President
  - Knock-at-the-door onomatopoeia
  - the Great, king of Persia
  - Give it a go
  - Fraternity K
  - Dr Pepper, e.g.
  - \*The Beach Boys: "Spring \_\_\_\_\_, good vibration"
  - Member of Nahuatl people
  - #23 Across, e.g.
  - Articulated
  - Salary increase
  - Umbilical connection
  - Volcano in Sicily
  - Robinson or Doubtfire
  - Bajillion years
  - One-horse carriage
- DOWN**
- What highwaymen do
  - Moonfish
  - Bangladeshi currency
  - Type of purse
  - \*Simon & Garfunkel: "\_\_\_\_\_ come she will"
  - Wealth
  - Safecracker
  - High quality sound reproduction, for short
  - \*Purple flower that starts blooming in spring
  - Fairytale insomnia cause
  - Like repeating tunnel sound
  - Off kilter
  - \*\*Spring \_\_\_\_\_, fall back
  - Spring mattress filler
  - Acronym in a bottle
  - Ceremonial staff bearer
  - Skylit lobbies
  - "Designing Women" star Jean \_\_\_\_\_
  - \*Become soft, as in ground
  - Radices, sing.
  - "Way 2 Sexy" rapper
  - "Battle of the \_\_\_\_\_" movie
  - Swimming competition, e.g.
  - Not amateur
  - \*The \_\_\_\_\_: "Little darlin', it's been a long, cold, lonely winter"
  - Highly skilled
  - \*Official start of spring
  - Make bigger
  - Vanish without this?
  - Elevates
  - Dry plateau in South Africa
  - Oak nut
  - Same as tsar
  - "The Dock of the Bay" singer
  - Joe Biden, once
  - Solemn promise
  - Pinta and Santa Maria companion
  - Vegas bandit's body part
  - \*It gets longer

**CROSSWORD**

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

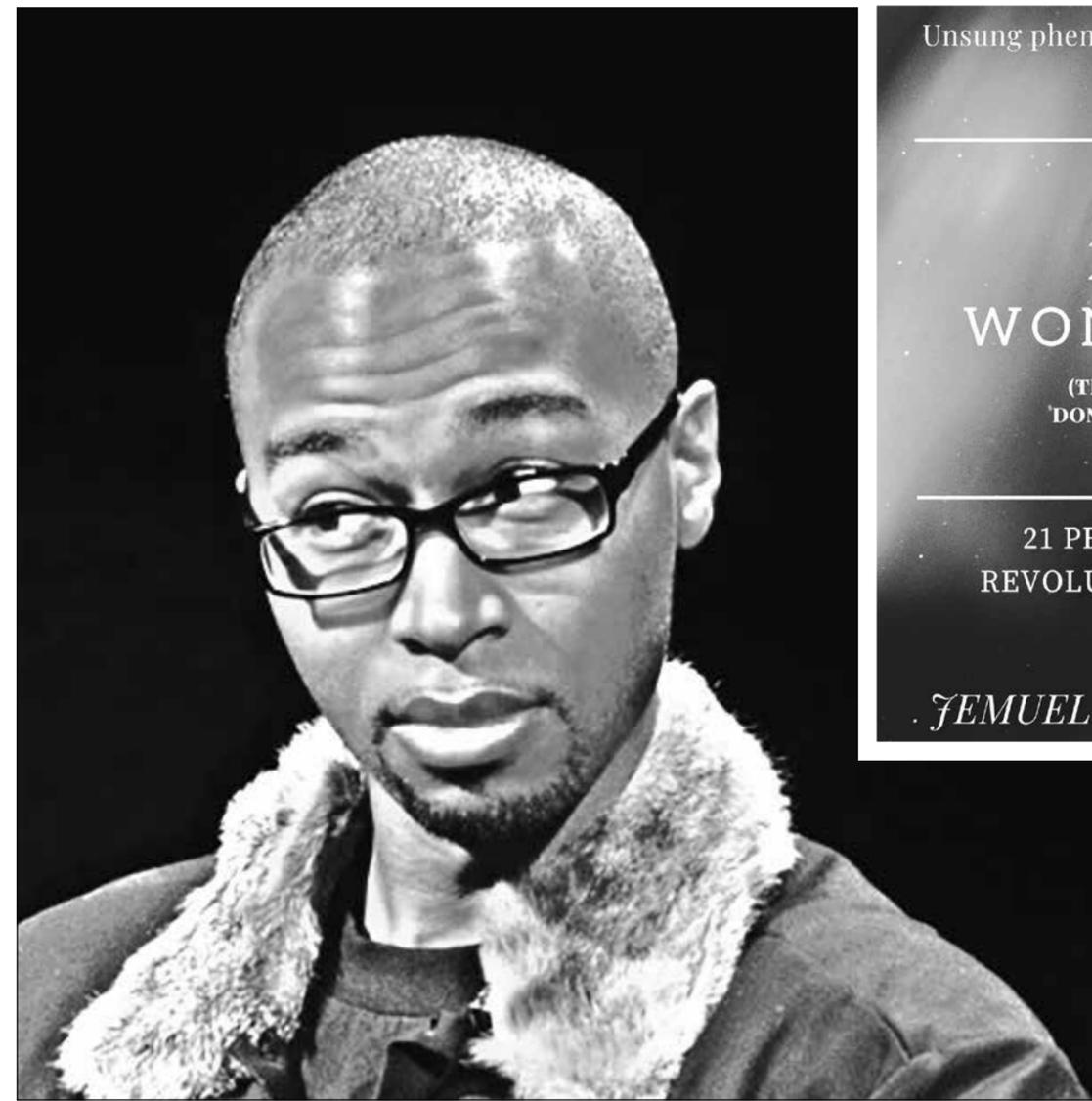
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# Jemuel Johnson Shares Society's Wonders with Readers



Jemuel Johnson. Courtesy photo

By Tamara Warta

Sacramento author Jemuel Johnson's new book, "21 Wonders (That You Don't Know)," tells the tale of influential figures that time has forgotten, including Nikola Tesla, Benjamin Banneker and John Brown.

Johnson also wrote the romance novel, "And The Tears Revived" in 2013,

and a collection of suspense tales, "Needles" in 2021.

Now, he has added historical accounts, recognizing heroes of the past to his repertoire.

"21 Wonders (That You Don't Know)" revolves around 21 unsung revolutionaries of yesteryear.

"I'm essentially giving them their flowers. Isn't that a wonderful thing?" Johnson said.

He is proud to provide recognition to those who did not necessarily receive it in their lifetime or ever for that matter.

"Unfortunately, many figures of massive influence are relegated to the shadows of history or are eventually acknowledged 200 years later," Johnson said. "Better late than never, I suppose."

A busy entertainment entrepreneur, the



Jemuel Johnson's latest book cover is shown here.

within a week during someone's lunch breaks," Johnson said. "This book is for people who have a lust for life, who engage with nonfiction, love harrowing, inspirational and aspirational storytelling, and are honest with themselves that they don't read 500-page books anyway."

Readers will find stories that tell the true struggles and dreams of each of the 21 individuals featured.

"I'm obsessed with people who have been through the fire for a desired result," Johnson said. "I want people so badly to own and develop their gifts. These gifts are their upper hand in life. This is not taught in our schools in a dynamic way."

Outside of his creative

endeavors, Johnson works in ride-sharing for both Uber and Lyft from 3 to 8 every morning for the past five years. The job includes airport drop offs, chatting with truck drivers and assisting those going to and from dialysis appointments.

The wide range of individuals that he interacts with daily serve as inspiration. Through these conversations, which include challenging circumstances such as dialysis treatments, Johnson receives inspiration by hearing and observing how everyone's life counts and the desire that others have to share their perspectives.

"It's an excellent way to meet new faces constantly in a private setting and receive massive amounts of information from people from all over the world," Johnson said.

If you're a history buff, love inspirational stories or just want to support a local author, consider adding "21 Wonders (That You Don't Know)" to your reading list.

Johnson focuses on speciality sales and corporate bulk orders, and has a collaboration with Forever 21.

And if you run into Johnson himself around town, you'll be able to land a signed copy of his latest venture.

"Catch me in traffic! I keep copies and a Sharpie on me at all times," said Johnson with great enthusiasm.

"21 Wonders (That You Don't Know)" can also be bought at thebookpatch.com, a marketplace for self-published books. ★

## An Ode to Wally "Crazy Wheels"

Story and photos by Mitch Barber

SACRAMENTO, CA (MPG) - Larry Shelton was six or seven years old when he started going to West Capital Raceway in West Sacramento. Why did he go? Shelton said, "They had all these guys who were really good." Shelton is now 64.

He remembers often reading, "Baker Wins!" in The Sacramento Bee, and clipping it out of the paper to keep; the namesake West Capital Raceway legend is Wally "Crazy Wheels" Baker. As a young child, Shelton was able to get his picture taken with Mr. Baker, who now lives at The Waterleaf at Land Park, an assisted living facility — the same place where Shelton's mother passed away. In a recent interview for this article, Shelton said, "A couple weeks ago, I stopped by and saw him."

"Crazy Wheels" doesn't race like he used to but his room is like a shrine, reminding him of his younger years with a bevy of old racing photographs and plaques on the wall. His days now consist of activities he enjoys, such as bingo, listening to music performances, and dancing.

He is 96 years old, born in Sacramento, and his daughter DeAnn Baker assisted with the interview in the Waterleaf's lounge. She would occasionally write something down to communicate with Mr. Baker; his hearing abilities have declined with age.

Despite his advanced age, Mr. Baker answered questions enthusiastically, occasionally channeling his younger self, describing his work on engines. It was like a time machine: "You started out with a stock engine...Bigger pistons; special racing pistons...You polish the



DeAnn Baker stands with her dad, Wally Baker, in his room at The Waterleaf at Land Park. Photo by Mitch Barber



Wally Baker stands by one of his earlier hardtops, before they evolved into super-modified racing cars. Photo courtesy of DeAnn Baker

engines...You cut the bottom off...You cut the flywheel all off...I did my own work."

Mr. Baker would visit junkyards for parts and work on his cars in the evenings.

As far as racing goes, Mr. Baker spent much of his time

at West Capital Raceway — where Gary Gerould was the P.A. announcer and there were destruction derbies at halftime — but he made his name at other tracks, as well, like those in San Francisco, Calistoga and L.A.

In a telephone interview, Gerould said, "Wally was always a championship contender — A tremendous competitor."

He gave an anecdote expressing Mr. Baker's intensity: "I remember one time, there was some kind of official's call Wally did not like." Mr. Baker came up to the broadcasting booth. Gerould explained what happened next: "I was receiving the full wrath of his fury." But Mr. Baker realized he was barking up the wrong tree. Gerould said that in the end, "Everything was fine. I was the wrong target."

Some races were 100 laps, although most were 25. In 1972, Tognotti's sponsored three 100-lap races at West Capital. Tognotti had a 1972 Oldsmobile Cutlass for the overall winner of the Tri-Holiday Sweepstakes.

Mr. Baker won the first two, on Memorial Day and the 4th of July, and only needed to place 20th in the final race on Labor Day but he won the third race outright, winning the car.

In the '70s Mr. Baker spent much time racing in Australia where he drove his trademark #100 car.

He won often but there were times he didn't win. When asked about crashes, Mr. Baker said he was in "tons of 'em," also saying, "Oh, yeah. I've had bad crashes."

His worst crash had him unconscious for two days and incoherent for two weeks. Despite the danger involved with car racing, Baker said, "I raced bikes. Motorcycle racing was more dangerous."

His daughter, DeAnn, added, "He flipped a lot of times. He had a lot of injuries, a number of concussions. In fact, we kind of think his state of mind right now is partially due to the number of concussions he had, kind of like the football players. He says all the time, 'It's a miracle. Can you believe I'm still alive?'"

This writer found Mr. Baker easy to talk to and still relatively sharp at 96.

In West Sacramento, DeAnn said the race crowd would hang out at Yolo Club, Vince's and Club Pheasant. Today, Mr. Baker has dinner with family and friends on Wednesdays. His favorite dish is Mexican: steak chicana.

When asked about his wife, who wasn't into car racing, according to DeAnn, Mr. Baker said, "I like everything about my wife." She is to be 95 years old in May, and still takes care of herself in the Hollywood Park home that they bought in 1953. That's more than 70 years ago. In the game of longevity, "Baker wins!" indeed. ★

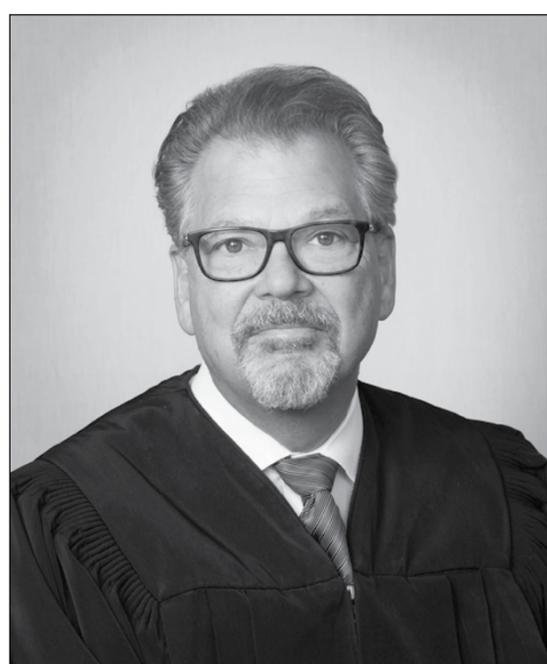
# 2024 Citizens Academy, Accepting Applications Now!

# Judge Michael G. Bowman Selected as the SCBA's Prestigious 2024 Judge of the Year

## Sacramento County Bar Association News Release

**SACRAMENTO, CA (MPG)** - Former Sacramento Superior Court Presiding Judge Michael G. Bowman will be acknowledged by hundreds of attorneys and judicial officers as he is presented with SCBA's prestigious Judge of the Year award at the Sacramento County Bar Association's Bench Bar Reception on April 25. The annual award is given to a judge who has enhanced our system of justice and served the Sacramento County legal community.

Appointed to the bench in 2013, Judge Bowman started his legal career as a Deputy District Attorney in Bakersfield from 1988-1991, then spent the next 22 years as a private criminal defense attorney. At the Sacramento Superior Court, Judge Bowman was elected Assistant Presiding Judge in 2020 and assisted then-Presiding Judge Russell Hom in guiding the court through the COVID crisis. Assuming the office Presiding Judge himself



Judge Michael G. Bowman. Photo courtesy of SCBA

in 2022, Judge Bowman guided the court through many improvements that gained statewide – and even national – attention.

The SCBA and greater Sacramento legal community are lucky to have Judge Michael G. Bowman on the bench. We are excited and honored for the chance to celebrate Judge Bowman's achievements

and impact on our profession. This year's award is well deserved.

– SCBA President Connor Olson

The 2024 Bench Bar Reception will take place on Thursday, April 25, at the Hyatt Regency Hotel, 1209 L Street, Sacramento CA, 95814. To register or sponsor, click here, or for more information contact [bsouza@sacbar.org](mailto:bsouza@sacbar.org)



2023 graduates. Photo courtesy of Sacramento County District Attorney's Office

## Sacramento County District Attorney's Office News Release

**SACRAMENTO COUNTY, CA (MPG)** - District Attorney Thien Ho announces applications are now being accepted for the 2024 Citizens Academy. The Sacramento County District Attorney's Office hosts the program in partnership with the Sacramento Police Department, Sacramento County Sheriff's Office, and Sacramento County Probation Department.

The program is designed to engage citizens from all backgrounds and communities in discussion about public safety and criminal justice issues. Participants learn about our local criminal justice system – including the roles of law enforcement, prosecutors, and the courts. Topics include the anatomy of a criminal case; specialized areas of prosecution; CSI and crime lab analysis; use of force; innovative programs and partnerships; and

community-focused public safety partnerships and initiatives. There is also an opportunity for a field trip to the District Attorney's Crime Lab and Sacramento Police Department's 911 Communications Center.

Representatives from the District Attorney's Office, Probation Department, Public Defender's Office, law enforcement, the judiciary and community organizations will provide information, answer questions and address community concerns.

There is NO cost to participants. The 10-week course is held on Tuesday evenings starting April 2, 2024 – June 11, 2024, from 6 p.m. – 8 p.m. at the Sacramento Police Department's Safety Center (5770 Freepoint Blvd., Sacramento). The deadline to apply is Friday, March 22, 2024.

Application Forms: Visit [sacda.org](http://sacda.org) – on the Homepage and under "In the Community." ★

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