



Support Local Girl Scouts - Donate Cookies

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Fish for Trout at the Annual SMUD Derby

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THE NEWS

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MARCH 22, 2024

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CONGRESS MUST ACT TO STOP PREDATORS FROM USING AI



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American Legion Hall Abuzz with Bunco Fundraiser



Auxiliary President Ramona Tafoya proudly displayed raffle spring baskets at the annual Bunco Tournament/Fundraiser.

Story and photo by Andrew Rose

RIO LINDA, CA (MPG) - Following the March 9 Rio Linda Little League parade, the American Legion Post 521 Hall was the place to be.

It started as a group of American Legion Riders out front welcomed visitors to their venue. One couldn't help but notice their gleaming machines parked on the curb outside the hall at 6700 8th St.

But the afternoon at the post was especially fun because

generous donors tried their luck at the American Legion Auxiliary's Bunco Tournament/Fundraiser.

Spearheading the event was auxiliary President Ramona Tafoya, most graciously working the room while competitors rolled the dice, trying for three-of-a kind. Simultaneously, attendees treated themselves to oversized baked potatoes with all the luscious trimmings (yes, including real bacon bits).

In addition, a raffle gained momentum with attendees hoping to score one of many ornately-decorated

holiday baskets to usher in springtime.

A highly energetic and amiable President Tafoya took time between her hostess duties to explain that event proceeds benefit the American Legion's charities.

She proudly mentioned her husband, Air Force veteran and legionnaire Gilbert Tafoya, and that the American Legion, the nation's largest veterans' organization, has a long list of beneficiaries for such events.

The top priority is providing aid to

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Sacramento County Appoints Deputy County Executive



Sylvester Fadal
Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sylvester Fadal is the new Sacramento County deputy county executive for Administrative Services. The Sacramento County Board of Supervisors approved Fadal's appointment on Feb. 27 and he started the new role on March 3.

"The county conducted a nationwide executive search for the deputy county executive for Administrative Services, and I'm pleased to say we found the best and most qualified candidate within our own ranks," said County Executive David Villanueva. "Dr. Fadal has more than 26 years of public sector human resources management and executive experience that encompasses strategic planning, budget management, process optimization and construction and capital improvements."

Fadal's extensive experience includes overseeing human resources, technology, procurement, contracts and materials management for major construction projects. His previous responsibilities include ensuring contract compliance, adherence to DBE/SBE requirements, implementing PLAs, and managing bus/rail maintenance training and warehouse facilities.

Fadal was the Personnel Services director for Sacramento County in 2021 and became the General Services interim director in October 2023.

Before joining the county, Fadal held various leadership roles at the Santa Clara Valley Transportation Authority for more than 23 years, including chief administrative officer, human resources director, procurement and contracts, Business Services deputy director, Human Resources manager, and Organizational Development and Office of Civil Rights and Labor Relations manager.

Fadal has a Doctor of Business Administration from Argosy University, a Master of Public Administration with emphasis on organization

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SACOG Receives \$22.5 Million for Green Means Go Program

SACOG News Release

SACRAMENTO REGION, CA (MPG) - The U.S. Department of Transportation's Reconnecting Communities Grant will advance transportation design and planning projects to address barriers in disadvantaged areas.

The Sacramento Area Council of Governments (SACOG) has received \$22.5 million from the U.S. Department of Transportation to fund the next phase of SACOG's award-winning Green Means Go program. The planning investment will accelerate infill development in ten areas across the region in designated Green Zones, or areas that have been identified for infill development, to reimagine neighborhoods and address transportation needs. By pairing transportation planning and housing investments together in Green Zones, it will help build more

complete communities where residents can meet their daily needs more wholly within their neighborhoods.

The planning projects span various rural and urban areas within the counties of Sacramento and Yuba, and the cities of Citrus Heights, Isleton, Marysville, Rancho Cordova, Sacramento, West Sacramento, Woodland, and Yuba City. These ten areas share similar issues, busy roadways that limit the ability of community members to safely walk, bike, or roll in their neighborhoods and connect to services and jobs without a car. These investments will help increase connectivity and reduce the reliance on driving, which helps the region meet greenhouse gas reduction goals.

Equitable community engagement is a significant emphasis of the project to ensure the involvement of communities who have been traditionally

left out of planning processes. SACOG will create a Community-Based Organization (CBO) Working Group and leverage the model created by the agency's Engage, Empower, Implement program to build capacity, trust, and partnerships with CBOs from across the region.

Another element of this grant is workforce development in which Valley Vision, a non-profit focused on building a livable region, is leading the efforts to create a pipeline of skilled workers. This effort aligns with the region's Prosperity Strategy and considering the long-term needs as development ramps up in Green Zones once planning has been completed, ensuring that available jobs go to our local skilled workforce.

"Our region is like many in the nation struggling with aging infrastructure that no longer serves us, and local governments



who want to reinvest in areas to meet the needs of communities today and into the future," said Michael Saragosa, SACOG board chair, and councilmember for the City of Placerville, "A huge thanks to the U.S. Department of Transportation for recognizing Green Means Go efforts and for investing in the Sacramento region."

Planning Projects

Below is a list of projects that are subrecipients of the grant. These ten projects across the six-county region all serve a federally designated disadvantaged community.

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Support Local Girl Scouts – Donate Cookies Through Cookie Share Program Today!

Girl Scouts Heart of Central California News Release

SACRAMENTO, CA (MPG) - Did you know that even if you've already stocked up on your favorite Girl Scout Cookies, you can still spread joy and support local Girl Scouts through Cookie Share, a Girl Scout community service project?

Girl Scouts Heart of Central California (GSHCC) is excited to invite you to participate in this meaningful initiative, which offers opportunities to donate cookies and make a significant difference in the lives of young girls in the community.

Cookie Share allows girls to offer virtual

"Cookie Share" cookies that are distributed to the nation's soldiers, local food banks and other charitable organizations. This unique approach spreads cheer through delicious treats and also shows gratitude and support for those who serve local communities and the country.

"Even if you've already indulged in your favorite Girl Scout Cookies, you can still make a difference in the lives of local girls," said Girl Scouts Heart of Central California Chief Executive Officer, Dr. Linda E. Farley. "Through Cookie Share, we offer a unique opportunity to show gratitude to those who support our communities, all while uplifting young girls. Join us in making a lasting

difference and empowering the next generation of female leaders."

Cookie Share proceeds remain within the local community and are dedicated to funding a variety of enriching activities and experiences for girls throughout the year. These include field trips, community projects and outdoor adventures. Moreover, the Girl Scout Cookie Program is one among numerous programs offered throughout the year, all designed to expand the horizons of Girl Scouts, impart vital life skills, and equip them for future leadership roles.

If you're interested in learning more about Girl Scouts Heart of Central California and how you can get involved, visit www.girlscoutshcc.org ★

United Way California Capital Region to Hold United in Purpose Gala Fundraiser



United Way California Capital Region held its inaugural gala last year to celebrate its 100th anniversary. Tickets are on sale for United Way's 2024 United in Purpose Gala on April 20. Photo courtesy of United Way

United Way California Capital Region News Release, Kristin Thebaud Communications

SACRAMENTO, CA (MPG) - Community members are invited to come together on April 20 for an evening of impact at United Way California Capital Region's United in Purpose Gala, presented by U.S. Bank. The event, which will take place at Memorial Auditorium in Sacramento, will raise funds toward United Way's Anniversary Goal to raise \$3 million to help 10,000 local children excel in school by 2025. The evening will include dinner, an inspirational program, fund a need, silent and live auctions, Golden Ticket Raffle, VIP reception with a chance to win a trip to New Orleans, and more. For tickets and sponsorship opportunities: <http://www.uwccr.org/gala>.

"The United in Purpose Gala is more than just a celebration; it's an opportunity for us to come together as a community and make a tangible impact on the lives of local children," said Dr. Dawnté Early, president and CEO, United Way California Capital Region. "With your support, we know our ambitious goal of raising \$3 million to help 10,000 children excel in school by 2025 is entirely achievable. Together, we can create a brighter future for our children and build a stronger, healthier, more

compassionate community."

More than 450 community members came together last spring for United Way's inaugural gala to celebrate the organization's 100th anniversary and to raise \$640,000 to help local children succeed in school.

Founded in 1923, United Way California Capital Region has been a transformative force in the Sacramento community for more than a century, serving Amador, El Dorado, Placer, Sacramento, and Yolo counties. The local United Way's Square One approach to ending poverty is grounded in a public health model and uses a three-fold strategy to address community needs from birth and beyond: helping kids excel in school, investing in families and strengthening schools. At United Way's core is the philosophy that families possess the blueprint for their success. United Way supplies books to young children, provides literacy tutoring, addresses housing and food security, leads the region's largest tax preparation initiative, and launched Sacramento's first guaranteed income program. United Way works across diverse school districts, providing case management for foster youth and leading the Community Schools initiative in West Sacramento. For more information or to make a donation, visit www.YourLocalUnitedWay.org. ★

SACOG Receives \$22.5 Million for Green Means Go Program

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City of Sacramento— Reconnecting Old North Sacramento (Del Paso)

Sacramento County— Sacramento County Re-Imagine North Watt Corridor

Yuba County— East Linda Gateway: Lindhurst Corridor Revitalization project

Yuba City— Central City Green Zone Revitalization Plan

City of West Sacramento— US 50 Community Connectivity Project & Sycamore Trail Project

City of Citrus Heights— City of Citrus Heights Sunrise Tomorrow Project

Rancho Cordova— Folsom Blvd:

Transforming Old Lincoln Highway Plan

Marysville— Re-Envision Downtown Marysville Plan

Woodland— East Street Corridor Complete Streets

Isleton— SR 160 Bike/Pedestrian Bridge Design

About Green Means Go

Green Means Go is the Sacramento region's commitment and solution to California's housing, climate, equity, and transportation problems.

The program aims to lower greenhouse gas emissions within its six-county region by accelerating infill development and reducing and electrifying vehicle

trips. Green Means Go is a mechanism to target investment in locally designated Green Zones - areas that cities and counties have identified for infill development that also show a reduction in vehicle miles traveled (VMT). Since launching the program in 2018, twenty-six SACOG member jurisdictions have identified and adopted Green Zones. To date, SACOG has deployed over \$38 million in state funds to support Green Zone investments that explore the intersection of land use, housing, economic and workforce development, transportation investments, equity, and travel choices. ★



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Fish for Trout April 6, 7

Swinging Into Spring



A young angler casts his fishing line into the lake at Rancho Seco Recreational Area. Photo courtesy of SMUD

SMUD News Release

SACRAMENTO REGION (MPG) - SMUD's annual trout derby at the Rancho Seco Recreational Area on April 6 and April 7 features thousands of pounds of trout and prizes up for grabs.

The fishing event has become a tradition for many and has attracted thousands of local participants since it began in 1993.

Anglers reeling in the heaviest catches will win cash and prizes, including an adult and youth grand prize for the heaviest trout caught awarded each day. The grand prize for both age groups is a fishing kayak. The grand prizes are provided by The Fish Sniffer magazine and Angler's Press Outdoors.

Anglers can cast a line into the 160-acre lake from the shoreline or from one of six fishing piers. Small boats with electric motors are also allowed (no gas motors are allowed). In addition to trout, the freshwater lake is home to bass, bluegill, redear sunfish and crappie.

In preparation for the derby, Rancho Seco Lake was recently stocked with thousands of pounds of catchable trout.

Registration takes place on both days of the derby between 6 and 10 a.m., rain or shine. Derby tickets are \$5 per person for the two-day event with a \$12 parking fee at the park gate. A valid California state

fishing license is required for anyone at least 16 years old. Anglers hoping to win a prize must weigh their fish at the official weigh station between 2 and 4 p.m. on the day of the catch. For complete rules, visit smud.org/RanchoSeco.

The 400-acre Rancho Seco Recreational Area offers more than just fishing. The full-service facility offers picnic areas, RV and tent camping sites, a beach and swimming spots. Kayaks, rowboats, paddleboards and fishing boats are available to rent.

The Rancho Seco Recreational Area is at 14960 Twin Cities Road, Herald. The recreational area is 25 miles south of Sacramento, approximately 15 minutes east of Highway 99 on Twin Cities Road. For more information about the derby, camping and safety at the park, visit smud.org/RanchoSeco or call 800-416-6992.

About SMUD

As the nation's sixth-largest, community-owned, not-for-profit electric service provider, SMUD has provided low-cost, reliable electricity to Sacramento County for more than 75 years.

Today, SMUD's power supply is on average about 50 percent carbon free and SMUD has a goal to reach zero carbon in its electricity production by 2030.

For more information on SMUD's Zero Carbon Plan and its customer programs, visit smud.org. ★



Malena Coen, with some help from her brother, Raymond, and a specially-designed training device, was at the tennis court behind the Rio Linda Elverta Community Center the afternoon of March 9. However, she was using the space not to practice her tennis volleys and backhand but tuning up for the softball season with some mean-looking cuts. The Rio Linda student enjoys playing for both the Lady Knights JV team and travel ball as well. Photo by Andrew Rose

Sacramento County Appoints Deputy County Executive

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change from California State University, East Bay, and a Bachelor of Science in Organizational Management from Patten University. He also completed the Negotiation and Conflict Management Training for Senior Executives at Harvard Law School and he possesses a Certificate in Training and Human Resources Management from U.C. Santa Cruz.

Additionally, Fadal has nearly 20 years of experience as a lecturer and area chair over the University of Phoenix MBA Business Program and has worked as an assistant professor for DeVry University's

Keller Graduate School of Business for more than three years.

Departments within Sacramento County's Administrative Services Agency include the Clerk Recorder, Office of Emergency Services, Finance, General Services, Personnel Services, Revenue Recovery, Technology, and Voter Registration and Elections. These departments facilitate the day-to-day operation of Sacramento County. The Library JPA, Sacramento Employee Retirement System and Sacramento LAFCo have a coordinative relationship with Administrative Services. ★

February New Home Sales Were the Best in Region for Month Since 2005

North State Building Industry Association News Release

SACRAMENTO REGION, CA (MPG) - Sacramento-area new home sales continued at a fast pace in February as area homebuilders recorded the region's highest February sales totals since 2005, the North State Building Industry Association reported today.

BIA members sold 762 homes during the month, the best February sales volume since 2005 when 908 homes were sold during the height of the housing boom. The average sales total for the month is 504.

February's sales were up 31% from January and 37% from February 2023. During the first two months of the year, 1,342 homes have sold – 28% higher than last year's total for the same period.

Chris Norem, the BIA's political director and senior policy advisor, said the

continued strong demand was fueled by the benefits of new homes, the fact relatively few existing homes are on the market and gradually decreasing mortgage interest rates. He added the scarcity of existing homes for sale is likely to continue.

"The latest inflation report actually ticked upward, which will likely cause the Federal Reserve to hold off on interest rate cuts," Norem said. "That will likely mean that the number of existing homes on the market will continue to be well below normal, making the availability of new homes a great choice for prospective homebuyers."

As usual, the most sales took place in Roseville with 184, followed by Elk Grove, Sacramento, Folsom and Rancho Cordova. (See charts below.) The BIA's sales figures cover 190 active new home communities in Sacramento, Placer, Yolo, Yuba, El Dorado, Amador and Sutter counties. ★

American Legion Hall Abuzz with Bunco Fundraiser

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veterans in need. In addition, the American Legion nationwide raises hundreds of thousands of dollars for local children's hospitals, schools and scholarships every year.

Tafoya reminds residents of upcoming events, including the

annual crab feed, Easter egg hunt and May poppy program.

Tafoya also wanted wives of area American service veterans to join the auxiliary.

"It's a way to have a great time while supporting a truly worthy cause," she said.

Interested youth whose fathers or grandfathers served in the U.S. military can also qualify to be American Legion Auxiliary Juniors, according to Tafoya..

For more information about Rio Linda's American Legion, call the office at 916-991-9921. ★

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PROPERTY MANAGEMENT

To Stop Predators from Using AI to Exploit Children, Congress Must Act

Commentary by Teresa Huizar

Sexual predators are using a new tool to exploit children -- AI image generators. Users on a dark-web forum shared 3,000 AI-generated images of child sexual abuse in one month, according to the Internet Watch Foundation.

Current child sexual abuse laws are outdated. They don't account for the dangers AI and emerging technologies pose. Lawmakers must act fast to put legal protections in place.

The national CyberTipline -- a reporting system for suspected online child exploitation -- received a staggering 32 million reports in 2022, up from 21 million two years prior. That figure is sure to grow with the rise of AI.

AI platforms are "trained" on existing visual material. Sources used to create images may include real children's faces taken from social media, or photographs of real-life exploitation.

Advanced AI-generated images are virtually indistinguishable from unaltered photographs. Investigators have found new images of old victims, images of "de-aged" celebrities depicted as children in abuse scenarios, and "nudified" images taken from otherwise benign photos of clothed children. Much of this technology is downloadable, so offenders can generate images off-line without fear of discovery.

Using AI to create pictures of child sex abuse is not a victimless crime. Behind every AI image, there are real children. And studies show that a majority of those who possess child sex abuse material also commit hands-on abuse.

Adults can also use platforms like ChatGPT to better lure children. Criminals have long used fake online identities to meet young people in games or on social media, gain their trust and manipulate them into sending explicit images, then "sextort" them

for money, more pictures, or physical acts. ChatGPT makes it shockingly easy to masquerade as a child or teen with youthful language.

President Biden recently signed an executive order geared at managing the risks of AI. But we need help from lawmakers.

We need to update the federal definition of child sexual abuse material to include AI-generated depictions. As the law stands, prosecutors must show harm to an actual child. A defense team could claim that AI material is not depicting a real child, even though AI images often pull from material that victimizes real children.

We must adopt policies requiring tech companies to monitor and report exploitative material. Only three companies were responsible for 98% of all CyberTips in 2020 and 2021: Facebook, Google, and Snapchat.

Many state laws identify "mandatory reporters," or professionals who are legally required to report suspected abuse. Employees of social media and tech companies ought to have mandated reporting responsibilities.

We need to rethink how we use end-to-end encryption, in which only the sender and receiver can access a message or file. While it has valid applications, end-to-end encryption can help people store and share child abuse images. To illustrate how many abusers go undetected, consider that out of the 29 million tips CyberTipline received in 2021, just 160 came from Apple, which maintains end-to-end encryption for iMessages and iCloud.

Even if law enforcement has a warrant to access a perpetrator's files, a tech company with end-to-end encryption can claim that it can't help. Surely an industry built on innovation is capable of developing solutions to protect our children.

AI and social media are evolving every day. If lawmakers act now, we can prevent wide-scale harm to kids. ★

Kings Korner

By V.G. Harris



Overall, it was an auspicious week for our Sacramento Kings, in spite of a frustrating loss to the New York Knicks.

The difference was defense, and it was a noticeable change in the way the team collectively played defense. Davion Mitchell brought his usual tenacity to the hardwood, but Keon Ellis joined him in bringing a ferocity that was contagious, and resulted in a three-game stretch that was undoubtedly the best defense by the team this year.

Back-to-back wins over the Milwaukee Bucks and Los Angeles Lakers had pundits gaping, and wondering who are these guys?

I have to repeat what has been expressed over and over again, and that is this team can beat any team in the NBA on any given night.

The playoffs are still a new phenomena for this team, and whether they can bring that same intensity to the court over a seven-game stretch remains to be seen, but for the naysayers out there I say, do not count this team out!

Our 2022 acquisition Domantas Sabonis not only is leading the league in double-doubles and triple-doubles, he is currently 5th overall in assists.

If you're a fan that watches from home and you haven't been to Golden 1 to see Domantas in action, you're missing a real treat. Grab a ticket while you can and get out to see this gladiator of the hardwood work his magic.

Currently the Kings are in a tenuous 6th place position in the Western Conference, with the Memphis Grizzlies coming in Monday night, followed by a road trip with stops in Toronto, Washington, and Orlando. As always, this road trip will loom large, but if the Kings can somehow manage a winning record in the three-game trip, 6th or even 5th place is not out of the question.

I have been critical, and rightfully so, of coach Brown's inability to win challenges this season, but whether skill or luck, recently the Kings have

been coming out on top. Keep up the good work Coach Brown. And, what is going on with the free-throw shooting? All of a sudden, the Kings are outperforming opponents, and actually looking like professionals from the charity stripe. With less than 20 games remaining in the regular season, finding a rhythm going into the playoffs couldn't come at a better time, and will be critical if the Kings want to advance to the second round.

So, the question many are asking: Can the Kings match or surpass last year's 48-win total? Surprisingly, I have talked to a lot of fans that don't believe they can do it, but I am firmly in the other camp. I think this team has a higher level to their game, just as they've shown in the recent improvement on defense.

Although I have not been a big Keon Ellis fan, I am all about giving out credit where credit is due, and this young man has been bringing a real NBA game to the court. His defense at times is smothering, and it was never so evident than last week, when he threw a blanket over perennial all-star Damian Lillard in last week's blowout win against the Bucks.

If 2nd-year forward Keegan Murray and veteran Harrison Barnes can harness some of the scoring they're capable of, the next 16 games could be a rocket launch into the playoffs.

Both Keegan and Harrison have shown signs of the players we know them to be, so keep your fingers crossed.

Coach Brown remains committed to Kevin Huerter for reasons that remain a mystery to me. He has obvious other options, and I remain puzzled as to why he's not employing the principle of playing the best player, or even who is hot at the moment.

Fans are all over the board as it relates to Huerter, and I would love to see him find some of the magic he displayed last season. ★

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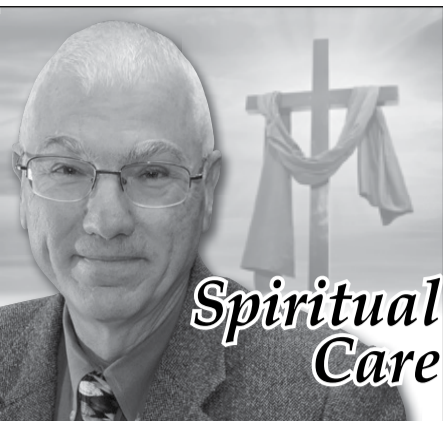
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The ABCs of Prayer Are Elementary



BY NORRIS BURKES

to do one prayer phrase per breath, so they bring sleep quickly.

However, the third prayer – “God forgive me for being” goes deeper, helping me face my own inadequacies.

During one recent nap, I voiced this prayer fairly quickly until I got to three letters not commonly used – I, J and K.

The letters had me searching my conscience for what I needed to ask. I remembered my wife commenting about the time I spent on the phone away from our family.

“God, forgive me for being Inattentive. Help me to be attentive and remember where you’ve placed me in the moment.”

Since I had justified my phone usage as important business, I found it necessary to also ask God to “Forgive my desire to be Justified. I don’t like being wrong. I like being right and just – sometimes at the expense of my relationships.”

The next letter was much harder. “Forgive me, Lord, for Killing. Forgive me,” I prayed, “for the times I’ve killed – or at least squelched – the image of God I saw in others.”

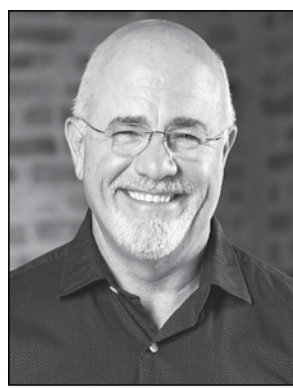
This word was inspired by a hard saying from Jesus. Recorded in the modern translation of the Bible called “The Message,” it reads:

“I’m telling you that anyone who is so much as angry with a brother or sister is guilty of murder. Carelessly call a brother ‘idiot!’ and you just might find yourself hauled into court. Thoughtlessly yell ‘stupid!’ at a sister and you are on the brink of hellfire. The simple moral fact is that words kill.”

When I use the first two prayers, I’m usually asleep before I’m halfway through. However, the forgiveness prayer will often keep me awake as I work through the entire alphabet.

But like most naps, these ABC naps often keep me awake a bit past my evening bedtime. These are the moments I’ve tried to explain to my wife how my “praying” is keeping us both awake.

“Hmm,” she says, “Maybe next time you should reverse the alphabet. Start with ‘Z’ and ask God to ‘Forgive my desire to be so Zealous.’” ★



Well-Meaning, But Misguided

Dear Dave,

Our son will be graduating from high school in May, and then heading off to college in August. He will also be working during the summer to save up money for school. When classes begin, do you think he should continue working a part-time job, or would it be better for him to focus solely on his studies?

– Brenda

Dear Brenda,

There’s really nothing wrong with either approach, especially during a kid’s first semester in college. As a parent, though, I’d urge you not to fall into the trap of thinking his

Dave Ramsey Says

grades will go down if he holds a job while in school. Research actually shows that, on average, kids who work while in college carry higher grade point averages than those who don’t.

The reasons for this differ, depending on who you ask, but I think a lot of it has to do with them having to learn to manage their time—and their lives—more effectively. Lots of kids could pay their way through school, and not have to worry about student loans, if they just used some of the time they spend watching television and on social activities at a job.

We never required our kids to work during the school year, but they were self-starters. And when they came home for the summer, there was no such thing as just lying around the house all day. They had jobs, and they made money. Of course, some of it went toward having a little fun during their time

off. But we made sure they set some aside for the next school year, too.




Long story short, the philosophy of not wanting kids at college to work so they can spend all their time studying is well-meaning, but misguided. For the most part, kids who work while they’re in school will make better grades and develop into more mature and well-rounded individuals.

I hope this helps, Brenda!

– Dave

Dave Ramsey is an eight-time national bestselling author; personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions ★

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<p>LIFEPOINTE FAMILY OF CHURCHES 7200 Rio Linda Blvd. lifepointenaz.com (916) 991.4624</p> <p>SUNDAY 9:30AM COFFEE & FELLOWSHIP 10AM ALL AGE CONNECTION GROUPS 11AM WORSHIP SERVICE NURSERY (0-3YRS) KIDZ CLUBHOUSE (4YRS - 6TH GRADE)</p>	<p>ZION LUTHERAN CHURCH 3644 Bolivar Ave. North Highlands (LCMS) (916) 332-4001</p> <p>ZionLutheranNH.org Sunday Schedule 9 a.m. Traditional Worship 10:30 a.m. Praise Band Worship</p> <p>OR, if you prefer, you can worship in your car in the parking lot <i>Tune your radio to 88.7</i></p>	<p>Calvary Lutheran Church 5th and L Streets Rio Linda <i>Pastor Kirsten Moore</i> Sunday Worship 10:30 a.m.</p> <p><i>Children's Bible stories & crafts during adult worship</i> (916) 991-2135 www.clcrl.org Mail@clcrl.org <i>Open Arms, Open Hearts</i></p>
<p>Church of Christ <i>Worship God's Way</i> <i>Minister Eric Smith</i></p> <p>6818 4th Avenue Rio Linda, CA 95673 (916) 991-2668</p> <p>Church 10:30 a.m.</p>	<p>LOOKING FOR A PLACE TO WORSHIP?</p> <p>Check out one of these churches in your community.</p>	<p>NEW BEGINNINGS FELLOWSHIP <i>Pastor Deonte Walters</i></p> <p>10th and O Streets</p> <p>(916) 991-2918</p> <p>Sunday School 9 a.m.</p> <p>Sunday Worship 10:30 a.m.</p>
<p>Rio Linda Seventh Day Adventist Church 7535 - 10th St. and U Rio Linda</p> <p>Sabbath School 9:15 a.m. Worship Services 11 a.m.</p>	<p>North Metro Church of Christ 4191 Norwood Ave., Sacramento 95838 (916) 923-1147 <i>Minister Pete Savage</i></p> <p>SUNDAY Bible Classes: 10 a.m. Worship: 11 a.m. Worship: 6 p.m. Wed. Bible Classes: 7 p.m.</p>	<p>LIBERTY MINISTRIES CHRISTIAN FELLOWSHIP <i>Pastor Shannon Fannin</i> Liberty Ministries extends an invitation to come and join us for Celebration Worship Sunday 9 a.m.</p> <p>Youth Extreme & Food Closet</p> <p>(916) 922-6442 4840 Marysville Blvd. www.libertymcf.net</p>
	<p>NEW LIFE CHRISTIAN CHURCH 2037 Elkhorn Boulevard</p> <p>(916) 991-3001</p> <p>Adult Sunday School: 9 a.m. Sunday: 10 a.m. Sunday Evening: 6 p.m. Wednesday: 6 p.m.</p> <p><i>Pastor Jeff Duncan</i></p>	

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Social Security Matters

How Do Survivor Benefits Work for a Married Couple?



By Russell Gloor,
AMAC Certified Social
Security Advisor

Dear Rusty: How does Social Security handle the death of one spouse? Say, for example, the husband receives \$2,000 per month in Social Security and his wife receives \$1,000 per month. How is the death of either spouse handled? **Signed: Concerned spouse**

Dear Concerned: Benefits to a deceased beneficiary stop as soon as Social Security (SS) is notified of the death (notification usually done by the funeral director who handles arrangements). Benefits are not paid for the month of death, only for the preceding month when the beneficiary was alive for the entire month.

A surviving spouse is entitled to the higher of two benefits – their own personally earned SS retirement benefit, or an amount based on the deceased spouse's benefit at death. In the example you cite, and assuming the surviving spouse has reached full retirement age (FRA): if the husband dies first the wife will receive the husband's \$2,000 monthly benefit instead of her previous \$1,000 amount. But if the wife died first, the

husband would continue receiving only his \$2,000 monthly amount because that is more than his deceased wife was receiving. Note in either case, the surviving spouse would be entitled to a one-time lump sum "death benefit" of \$255.

The surviving spouse would need to contact Social Security to claim the "death benefit" and - unless the surviving spouse was previously receiving only a spousal benefit – also to claim the higher monthly amount, if eligible. If the surviving spouse was previously receiving only a spousal benefit from the deceased (and not entitled to SS retirement benefits on their own), then Social Security would automatically award their higher survivor amount when notified of the death.

If a surviving spouse has reached full retirement age (somewhere between 66 and 67 depending on year of birth) and is eligible for a survivor benefit, the amount of the survivor benefit will be reduced (by 4.75% for each full year earlier). The survivor's benefit reaches maximum at the survivor's full retirement age.

If a surviving spouse has not yet reached their FRA, and if they are entitled to (not necessarily collecting) their own Social Security retirement benefit, the surviving spouse has the

option to delay claiming the survivor benefit until it reaches maximum at their full retirement age. And if the survivor's personal SS retirement benefit will ever be more than their maximum survivor benefit, the surviving spouse also has the option to claim only the smaller survivor benefit first and allow their personal SS retirement benefit to grow (to maximum at age 70 if desired).

With Social Security there is hardly ever a simple answer to a question but, in the example you use, if both are over their SS full retirement age:

- If the husband dies first, the wife will get 100% of the amount (\$2000) the husband was receiving, instead of the small amount (\$1000) she was previously receiving.

- If the wife dies first, the husband's monthly benefit will remain at \$2000, and he will get no increase in his monthly amount.

- In either case, the surviving spouse will be entitled to a one-time lump sum death benefit of \$255.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★

Many Californians Rely on this Farmers Market Program. Newsom Wants to Cut It

By Sarah Portnoy,
CALMatters.org

When we think of a farmers market in California, we usually picture vibrant displays of beautiful, albeit expensive, fruits and vegetables, and perhaps a tempting array of pricier prepared foods. However, the roots of farmers markets in California trace back to the late 1970s, when they first emerged in low-income areas.

They were designed to facilitate a direct connection between farmers and consumers, an arrangement that proved to be a win-win for both small-scale farmers and those seeking affordable, fresh produce.

Today, farmers markets may be more prevalent in affluent neighborhoods, but a key program has been working diligently to uphold their original spirit, making fresh fruits and vegetables accessible to all Californians. The Market Match program has successfully placed fresh produce into the shopping bags and kitchens of low-income Californians at more than 293 farmers markets across the state. Since 2010, this program has empowered shoppers who receive CalFresh benefits, allowing them to double their funds for exclusively California-grown fruits and vegetables.

Frank Tamborello, the executive director of Hunger Action Los Angeles, aptly describes the Market Match program as a "win-win-win." It helps fight hunger while promoting healthy eating habits and supports California farmers, boosting the small-farm economy and contributing to environmentally sustainable agriculture.

Despite its evident benefits, the program faces a looming

threat from budget cuts as state leaders work to close a multibillion-dollar deficit. Gov. Gavin Newsom proposed a \$33.2 million cut from the three-year, \$35 million California Nutrition Incentive Program, a move that would effectively end Market Match once the remaining funds dry up. Since 2015, the state has supported the program by matching federal funds through a grant from CNIP, enabling substantial expansion over the past nine years.

Market Match has routinely reported increases in low-income shoppers using their benefits at farmers markets. Last year, 9% of the roughly 574,000 visits were first-timers, underscoring the program's positive impact on both consumers and local farmers.

The potential loss of this program threatens low-income Californians' nutrition, especially those who live in food deserts where corner stores and vacant lots are more prevalent than full-service grocery stores. In such neighborhoods, an orange can cost more than a soda, highlighting the disparities in accessing affordable, nutritious food.

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The proposed cuts would also significantly impact rural farmers who rely on the revenue generated from weekly market sales. It's a steady source of income in an era defined by its unpredictability.

In the wake of the pandemic, the number of food-insecure households in California surged as costs for fresh produce increased. A USC study last year revealed that 1 in 3 households in Los Angeles County experience food insecurity, indicating a dire need for programs like Market Match. Cutting this essential program would exacerbate the challenges faced by low-income shoppers in bringing home nutritious food for their families, compounding the intense pressure to simply put food on the table.

Access to healthy, affordable and culturally appropriate food is a fundamental human right. As Californians confront the potential loss of the match program, we must recognize its profound impact. In a state known for its agricultural abundance, we cannot allow budgetary decisions to compromise the well-being of others in our community. ★

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01148
 Rajinesh Chand, 3243 U Street, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "One Step Smog Check" 2590 Valley Road, Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 13, 2024
 Publish: March 1, 8, 15, 22, 2024
 ONE 3-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01294
 Hot Off The Griddle LLC, 1583 W El Camino Avenue, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Burger Bros" 1583 W El Camino Avenue, Sacramento, CA 95833. Filed with the Clerk of Sacramento County February 21, 2024
 Publish: March 1, 8, 15, 22, 2024
 BURGER 3-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00819
 Julio Cesar Gonzalez-Fernandez, 6000 Landing Point Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "JG Flooring" 6000 Landing Point Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 31, 2024
 Publish: March 1, 8, 15, 22, 2024
 JG 3-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01236
 Thomas Emerson, 4022 Sunrise Boulevard Suite 120 #298, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "A Perfect View Landscape" 4022 Sunrise Boulevard Suite 120 #298, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County February 16, 2024
 Publish: March 1, 8, 15, 22, 2024
 PERFECT 3-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01060
 Paw-sabilities Unlimited, LLC, 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "The Dawg House" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County February 8, 2024
 Publish: March 1, 8, 15, 22, 2024
 DAWG 3-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01244
 David Ivan Najera Guerrero, 7300 Rutherford Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Kaiju Automotive Repair" 7300 Rutherford Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 16, 2024
 Publish: March 1, 8, 15, 22, 2024
 KAIJU 3-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01133
 Cindy J Finch, 7405 Greenback Lane #173, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Cali Loves Wine Tours & Events" 5557 White Fir Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County February 13, 2024
 Publish: March 1, 8, 15, 22, 2024
 CALI 3-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01080
 Rudolph O. Del Real, 339 Rivertree Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "R & R Construction" 339 Rivertree Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County February 8, 2024
 Publish: March 1, 8, 15, 22, 2024
 R&R 3-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01470
 Elpis Solutions LLC, 4041 Audris Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Elpis Bookkeeping/Elpis Notary" 4041 Audris Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County February 27, 2024
 Publish: March 8, 15, 22, 2024
 ELPIS 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01408
 Randall Guffeld, 4840 San Juan Avenue PBM 132, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "River Parkway Flamenco" 8123 Sunrise Boulevard #258, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 26, 2024
 Publish: March 8, 15, 22, 2024
 RIVER 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01150
 Alpentanzer Schuhplattler, 3349 J Street, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Alpentanzer Schuhplattler/Alpentanzer Schuhplattler/STV Alpentanzer Schuhplattler/STV Alpentanzer Schuhplattler/Sacramento Turnverein Alpen Alpentanzer Schuhplattler/Sacramento Turnverein Alpen Alpentanzer Schuhplattler" 3349 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 13, 2024
 Publish: March 8, 15, 22, 2024
 ALPENTANZER 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01363
 Monique Lee Davis, 2475 Stokewood Way, Rancho

Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Artemis Construction Management" 2475 Stokewood Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 23, 2024
 Publish: March 8, 15, 22, 2024
 ARTEMIS 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01051
 Paul Flick, 486 S. Lexington Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Innovations for Criminal Justice" 486 S. Lexington Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 8, 2024
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 INNOVATIONS 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01442
 Erwin Quial, 8300 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "AlveoMed Nursing" 8300 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 26, 2024
 Publish: March 8, 15, 22, 2024
 ALVEOMED 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01234
 Debrah Dickenson, 81 Natoma Street Suite 100, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Folsom Smog Test Only" 81 Natoma Street Suite 100, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 16, 2024
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 FOLSOM 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01375
 Kathryn LeGro, 6067 Shirley Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bucket List Bridge" 6067 Shirley Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 23, 2024
 Publish: March 8, 15, 22, 2024
 BUCKET 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01364
 Maryna Sys, 5425 Garfield Avenue #125, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "MM Therapy" 5425 Garfield Avenue #125, Sacramento, CA 95841. Filed with the Clerk of Sacramento County February 23, 2024
 Publish: March 8, 15, 22, 2024
 MM 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01327
 Michael Pugliese, 3849 Navaho Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Lasers Incidi" 3849 Navaho Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County February 22, 2024
 Publish: March 15, 22, 29, April 5, 2024
 LASERIS 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01267
 California RVM Solutions, 3672 Stephen Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Simply Recycle" 4802 San Juan Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 20, 2024
 Publish: March 15, 22, 29, April 5, 2024
 SIMPLY 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01603
 SQY Inc, 8732 Fruitridge Road #2, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "SQY Autos Inc" 8732 Fruitridge Road #2, Sacramento, CA 95826. Filed with the Clerk of Sacramento County March 4, 2024
 Publish: March 15, 22, 29, April 5, 2024
 SQY 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01417
 Mary E. Moreno, 9032 Rosewood Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Sterling Silver Roses & Things" 9032 Rosewood Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County February 26, 2024
 Publish: March 15, 22, 29, April 5, 2024
 STERLING 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01681
 Niki Staben, 4265 Enchanted Circle, Roseville, CA 95747 and Craig Hall, 8220 Firewood Court, Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "S&H Billiard Supply" 8220 Firewood Court, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 5, 2024
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 S&H 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00838
 The Anxiety Treatment Center, 10419 Old Placerville Road, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "The Anxiety Treatment Center" 10419 Old Placerville Road, Sacramento, CA 95827. Filed with the Clerk of Sacramento County February 1, 2024
 Publish: March 15, 22, 29, April 5, 2024
 THE 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01478
 John A. Morrison, PO Box 655, Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Rush Our Delivery" 4946 Watt Avenue

Unit 23, North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 27, 2024
 Publish: March 15, 22, 29, April 5, 2024
 RUSH 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01458
 Richard Johnson, 4220 Prospect Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Gold Spur Realty/Gold Spur Land & Home Realty" 4220 Prospect Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 26, 2024
 Publish: March 15, 22, 29, April 5, 2024
 GOLD 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01537
 Duc Pham, 8096 Polo Crosse Avenue, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "DMP Construction" 8096 Polo Crosse Avenue, Sacramento, CA 95829. Filed with the Clerk of Sacramento County February 29, 2024
 Publish: March 15, 22, 29, April 5, 2024
 DMP 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01757
 Sloughhouse Corn LLC, 10276 Altameza Road, Wilton, CA 95693 doing business under the Fictitious Business Name(s) "Sloughhouse Sweet Corn/Davis Ranch LLC" 13501 Jackson Road, Sloughhouse, CA 95683. Filed with the Clerk of Sacramento County March 7, 2024
 Publish: March 15, 22, 29, April 5, 2024
 SLOUGHHOUSE 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01807
 Seedstar Inc., 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Seedstar Cannabis" 5711 Florin Perkins Road, Sacramento, CA 95828. Filed with the Clerk of Sacramento County March 7, 2024
 Publish: March 15, 22, 29, April 5, 2024
 SEEDSTAR 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01464
 Dominique Fairbank, 9029 Sutters Gold Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Gold Country Books/Gold Country Books and More" 9029 Sutters Gold Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County February 27, 2024
 Publish: March 22, 29, April 5, 12, 2024
 GOLD 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01768
 Arrow Drillers, 1850 Diesel Drive, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Arrow Construction" 1850 Diesel Drive, Sacramento, CA 95838. Filed with the Clerk of Sacramento County March 7, 2024
 Publish: March 22, 29, April 5, 12, 2024
 ARROW 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01395
 Gerry Johnson, 2121 Natomas Crossing #200, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Tri-Star Real Estate Group/Tri-Star Diversified" 4030 Truxel Road Suite D, Sacramento, CA 95834. Filed with the Clerk of Sacramento County February 23, 2024
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 TRI 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01575
 Janai Lynne Vernott, 3225 Garfield Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Creative Klutz Studio" 3225 Garfield Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 1, 2024
 Publish: March 22, 29, April 5, 12, 2024
 CREATIVE 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01677
 Larisa Dzyuba, 7045 Patience Court, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Secure Notary Solutions" 7045 Patience Court, Sacramento, CA 95842. Filed with the Clerk of Sacramento County March 5, 2024
 Publish: March 22, 29, April 5, 12, 2024
 SECURE 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01409
 Mario A Rupert and Gregory Rupert, 6454 Oakridge Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Hex & Cult" 6454 Oakridge Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County February 26, 2024
 Publish: March 22, 29, April 5, 12, 2024
 HEX 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01881
 Wali Hassany, 1808 Richmond Street, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Aahoo Document Solutions" 2740 Fulton Avenue 101-16, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 11, 2024
 Publish: March 22, 29, April 5, 12, 2024
 AAHOO 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01800
 Andrea Z Evans, PO Box 4145, Ketchum, ID 83340 is doing business under the Fictitious Business Name(s) "Philanthropy Consulting Group" 205 Raven Road A1-5, Ketchum, ID

83340. Filed with the Clerk of Sacramento County March 7, 2024
 Publish: March 22, 29, April 5, 12, 2024
 PHILANTHROPY 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01704
 Karen Ortiz, 2335 33rd Street, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Own It Real Estate" 1610 R Street Suite 200, Sacramento, CA 95811. Filed with the Clerk of Sacramento County March 5, 2024
 Publish: March 22, 29, April 5, 12, 2024
 OWN 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01924
 Lavender Nail Salon LLC, 1010A Florin Road, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Lavender Nail Salon" 1010A Florin Road, Sacramento, CA 95831. Filed with the Clerk of Sacramento County March 12, 2024
 Publish: March 22, 29, April 5, 12, 2024
 LAVENDER 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01805
 Daniel W Todd, 2025 W El Camino Ace Apt 238, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Phantomice Interactive" 2025 W El Camino Ace Apt 238, Sacramento, CA 95833. Filed with the Clerk of Sacramento County March 7, 2024
 Publish: March 22, 29, April 5, 12, 2024
 PHANTOMICE 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01911
 Xtelnetic LLC, 5252 Sunrise Boulevard Suite 4, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Netellix" 5252 Sunrise Boulevard Suite 4, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 12, 2024
 Publish: March 22, 29, April 5, 12, 2024
 NETELLIX 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01912
 Niello Performance Motors II Inc, 1481 River Park Drive, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Porsche Sacramento" 2200 Auburn Boulevard, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 12, 2024
 Publish: March 22, 29, April 5, 12, 2024
 PORSCHE 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01928
 Gateway Foods LLC, 6 Kitaj Court, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Taqueria La Puerta" 4391 Gateway Park Boulevard Suite 650, Sacramento, CA 95834. Filed with the Clerk of Sacramento County March 12, 2024
 Publish: March 22, 29, April 5, 12, 2024
 TAQUERIA 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01656
 California Auto House, Inc, 7333 Roseville Road #5, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "California Auto House, Inc" 8636 Antelope North Road BLDG C, Antelope, CA 95843. Filed with the Clerk of Sacramento County March 5, 2024
 Publish: March 22, 29, April 5, 12, 2024
 CALIFORNIA 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01530
 National Vision, Inc., 2435 Commerce Avenue, Duluth, GA 30096 is doing business under the Fictitious Business Name(s) "America's Best Contacts & Eyeglasses" 2922 Fulton Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 29, 2024
 Publish: March 22, 29, April 5, 12, 2024
 AMERICAS 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01531
 National Vision, Inc., 2435 Commerce Avenue, Duluth, GA 30096 is doing business under the Fictitious Business Name(s) "America's Best Contacts & Eyeglasses" 5899 Sunrise Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 29, 2024
 Publish: March 22, 29, April 5, 12, 2024
 BEST 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01532
 National Vision, Inc., 2435 Commerce Avenue, Duluth, GA 30096 is doing business under the Fictitious Business Name(s) "America's Best Contacts & Eyeglasses" 7721 Laguna Boulevard Suite 128, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County February 29, 2024
 Publish: March 22, 29, April 5, 12, 2024
 CONTACTS 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01533
 National Vision, Inc., 2435 Commerce Avenue, Duluth, GA 30096 is doing business under the Fictitious Business Name(s) "America's Best Contacts & Eyeglasses" 2395 Iron Point Road Suite 110, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 29, 2024
 Publish: March 22, 29, April 5, 12, 2024
 EYEGLASSES 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01574
 National Vision, Inc., 2435 Commerce Avenue, Duluth, GA 30096 is doing business under

the Fictitious Business Name(s) "America's Best Contacts & Eyeglasses" 6019 Florin Road Suite 500, Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 1, 2024
 Publish: March 22, 29, April 5, 12, 2024
 NATIONAL 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01848
 Victoria Lose, 3432 Gates Way, Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "Journey to Freedom" 3432 Gates Way, Sacramento, CA 95832. Filed with the Clerk of Sacramento County March 8, 2024
 Publish: March 22, 29, April 5, 12, 2024
 JOURNEY 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01667
 Grace Sur, 9545 Folsom Boulevard, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Beauty Solutions By Grace" 9545 Folsom Boulevard, Sacramento, CA 95827. Filed with the Clerk of Sacramento County March 5, 2024
 Publish: March 22, 29, April 5, 12, 2024
 BEAUTY 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01986
 Michelle Green-Clark, 4615 Manzanita Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "KM Dance Arts" 4615 Manzanita Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 13, 2024
 Publish: March 22, 29, April 5, 12, 2024
 KM 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01925
 Surinder Singh Bedwal, 7733 Charmain Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Twin River ATMS" 7733 Charmain Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County March 12, 2024
 Publish: March 22, 29, April 5, 12, 2024
 TWIN 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01623
 Accredited RealEstate Schools Inc, 7840 Madison Avenue #149, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Accredited Real Estate Schools Inc" 7840 Madison Avenue #149, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 4, 2024
 Publish: March 22, 29, April 5, 12, 2024
 ACCREDITED 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01932
 Amanda Dugan, 6550 Sutter Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Ritual Cookies" 6550 Sutter Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 12, 2024
 Publish: March 22, 29, April 5, 12, 2024
 RITUAL 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01213
 Best Choice Logistics Inc, 1922 Naomi Way, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Best Choice Logistics/BC Cab" 1922 Naomi Way, Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 15, 2024
 Publish: March 22, 29, April 5, 12, 2024
 BEST 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01268
 JDV Distribution LLC, 3710 Branch Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Jenner Vacation Rentals" 3710 Branch Street, Sacramento, CA 95838. Filed with the Clerk of Sacramento County February 20, 2024
 Publish: March 22, 29, April 5, 12, 2024
 JENNER 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01713
 Ryan Stambuk, 3115 Eades Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Off Duty Photography" 3115 Eades Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County March 5, 2024
 Publish: March 22, 29, April 5, 12, 2024
 OFF 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01622
 TNT Industrial Contractors, Inc., 3800 Happy Lane, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "TNT Industrial Contractors, Inc." 3800 Happy Lane, Sacramento, CA 95827. Filed with the Clerk of Sacramento County March 4, 2024
 Publish: March 22, 29, April 5, 12, 2024
 TNT 4-12-24

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME #24CV001191
 Jesus Daniel Resendez has filed a petition with this court for a decree changing the name(s) of Jesus Daniel Resendez to Quentin Lemieux.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 30, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: January 24, 2024
 Christopher E. Krueger, Judge of the Superior Court
 Publish: March 1, 8, 15, 22, 2024
 RESENDEZ 3-22-24

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME #24CV003632
 Mohammad Rahim Yalghaz has filed a petition with this court for a decree changing the name(s) of Mohammad Rahim Yalghaz to Rahim Yalghaz.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 15, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: February 28, 2024
 Christopher E. Krueger, Judge of the Superior Court
 Publish: March 8, 15, 22, 2024
 YALGHAZ 3-29-24

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME #24CV003621
 Edward James Thompson and Iridian Eunice McConico has filed a petition with this court for a decree changing the name(s) of Edward James Thompson to Edward James Salcido and Nazare Lenae Thompson to Nazare Lenae Salcido.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 14, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: February 23, 2024
 Christopher E. Krueger, Judge of the Superior Court
 Publish: March 8, 15, 22, 2024
 THOMPSON 3-29-24

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME #24CV003707
 Kennedy Mckenzie Gordon has filed a petition with this court for a decree changing the name(s) of Kennedy Mckenzie Gordon to Kennedy Mackenzie O'Shea.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 15, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: February 29, 2024
 Christopher E. Krueger, Judge of the Superior Court
 Publish: March 8, 15, 22, 2024
 GORDON 3-29-24

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME #24CV002615
 Jackson Alexander Caine has filed a petition with this court for a decree changing the name(s) of Jackson Alexander Caine to Hamza Mohammad Akhtar.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 6, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: February 13, 2024
 Richard K. Sueyoshi, Judge of the Superior Court
 Publish: March 8, 15, 22, 2024
 CAINE 3-29-24

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME #24CV002660
 Malyka Aliyeva has filed a petition with this court for a decree changing the name(s) of Malyka Aliyeva to Malika Aliyeva.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 6, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: February 14, 2024
 Richard K. Sueyoshi, Judge of the Superior Court
 Publish: March 8, 15, 22, 2024
 ALIYEVA 3-29-24





With Mary Jane Popp

Rebirth

Easter! What does it mean to you? I know. It's Easter hunts and chocolate bunnies, family get-togethers and flowers. I can go on and on and I get it. We love all these symbols, but I hope we don't forget what Easter really means down deep. It's a rebirth of faith and hope and sharing too.

Did you ever wonder how the bunny got to be the BIG symbol for Easter? It's cute, but it's also universal and secular in its appeal. But would you believe I was told that the hare, not the rabbit, should be treated as the true symbol of Easter. Historically, the hare is the symbol for the moon. And legend has it, the hare never closes its eyes, not even for a single blink. The reason for having such a belief may be rooted in the fact that hares, not rabbits, are born with their eyes open. Rabbits are born blind. There is also a fertility thing in there some place. Maybe that's why the rabbit is more familiar in America. Rabbits beat hares, hands down, in being way more prolific.

Then comes the Easter eggs. Confusing since bunnies don't lay eggs. Despite claims that Easter eggs were originally pagan symbols, there is no solid evidence of this. It was not until the 28th century that Jakob Grimm theorized a connection with the goddess of his own whom he names Ostara, a suggested version of Eostere. At the Passover Seder, a hard-boiled egg dipped in salt water symbolizes both new life and the Passover

sacrifice offered at the temple in Jerusalem. The ancient Persians painted eggs for Nowrooz, their New Year celebration falling on the Spring Equinox. In Christian times, the egg was a symbol of new life just as a chick might hatch from the egg. Also, the egg may have celebrated the end of the privations of Lent. In Medieval Europe, eggs were forbidden during Lent. It was during Easter that the consumption of eggs resumes after the strict Lenten fast.

Traditions change, but not the true meaning of Easter...rebirth. It can give us new hope, especially after all we have endured with the pandemic, war, hate and negativity in the world. So how can we take all the symbols we have come to love and make a difference in our life? Perhaps we can take it one baby step at a time. Easy doesn't make a difference. Take a chance. Example, there's so much negativity on the internet. Why not check out facts before you jump to conclusions. Remember, not everything you read and see may be true. Besides, with AI, it might not even be the real thing. How about this? Rebirth means little changes like sharing a smile or a positive thought each day with someone who has been difficult. You might be surprised the difference it can make. I will leave you with this quote from Kate McGahan. "True, it's not over till it's over, and even when it's over, it just begins again."

TRUE REBIRTH!



California Tomato Farmers Scale Down Acreage After Huge Crop

California farmers are scaling down their processing tomato acreage this year as processors enter the planting season with boosted inventory. The state's tomato processors planned to contract for 11.6 million tons this year, down about 10% from the 12.9 million tons they contracted for in 2023. In 2023, California growers harvested their largest tomato crop in several years after winter storms replenished water supplies. Processors looking to bolster inventory depleted during the drought paid a record-high price. Now acreage is declining as demand softens for processed tomato products.

Famed Research Farm Seeks Financial Help As Income Declines

The commonplace practice in California of applying precise water to individual plants rather than broadcasting with sprinklers may not have taken off if not for the research trials conducted decades ago at the Nickels Soil Laboratory in Colusa County. The privately owned research farm in Arbuckle is often credited with helping to propel the state's tree nut industry to the powerhouse it is today. Now, just as growers have faced tough times as the price of almonds and walnuts has plummeted, research funding for Nickels has depleted because of shrinking crop revenue.

New federal climate-risk reporting rule imposes softer standard than in California

California is the first state in the U.S. to pass laws that eventually require large corporations to publicly disclose greenhouse gas emissions and their climate risks. The U.S. Securities and Exchange Commission followed suit last week. But it approved a weakened federal regulation that drops a proposed requirement for companies to report emissions from their supply chains and customer use of their products. Opponents argued that the reporting rule would burden farmers, who provide most raw products that go into the food supply chain.

State Completes Vast Groundwater Mapping Project

The California Department of Water Resources has completed a groundwater mapping project that the agency said provides critical information about California's underground water supply. DWR announced the completion of the statewide Airborne Electromagnetic, or AEM, survey project last week. Between December 2021 and November 2023, the agency collected nearly 16,000 miles of AEM data within 95 groundwater basins across California. DWR said the data "is invaluable for identifying the most suitable locations to implement groundwater recharge projects."

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Miscellaneous

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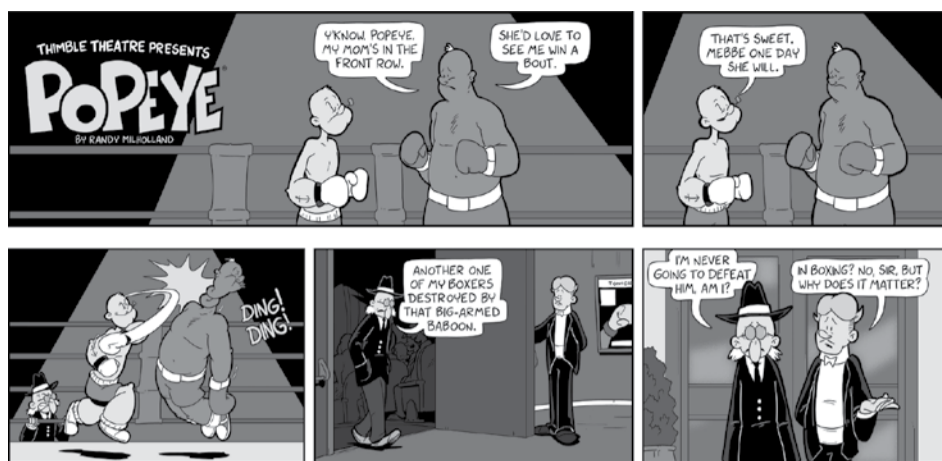
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The Spats

by Jeff Pickering



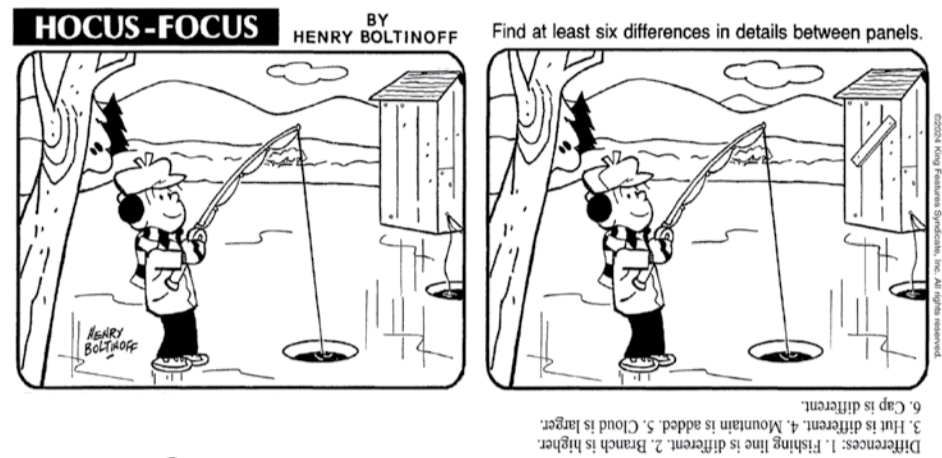
Amber Waves

by Dave T. Phipps



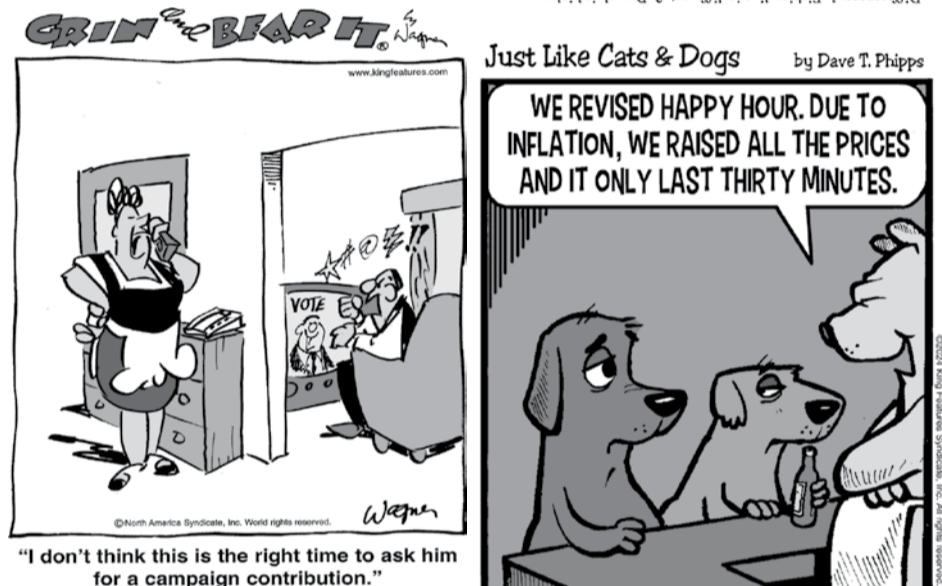
Out on a Limb

by Gary Kopervas



TIGER

by Bud Blake



B	L	O	A	T	A	R	C	C	O	H	O	
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A	N	T	S	N	O	T	D	I	D	S	T	

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CLUES

ACROSS

- Swell up
- Pendulum's path
- Type of salmon
- *Steve Miller Band: "I want to fly like an _____"
- Simon & Garfunkel, e.g.
- Popular winter boot brand
- Ohio city
- Lodge
- Squirrel away
- *Glenn Frey: "The pressure's high just to stay alive 'cause _____ is on"
- *John Travolta in "Grease": "I got _____ they're multipliyin' _____"
- Automated teller
- Clarified butter
- Bad-mouth, slangily
- Stag
- Tartans
- "I'm _____ you!"
- Commies
- Monocot's alternative
- Road's edge
- Living room centerpiece?
- Prefix meaning "left"
- Deadly snake
- Sasquatch's cousin
- Court petitioner
- Blood infection
- Indian flatbread
- Opposite of post-
- Sound of impact
- *Duran Duran: "Her name is _____, and she dances on the sand"
- *The Beatles: "Take a sad song and make it _____"
- *Elvis: "We're caught in a trap, I can't _____"
- Relating to a mode
- Scrooge's exclamation
- Memory failure
- Bouquet thrower
- Number of candles on a cake
- Musketeers' weapons
- Picnic invaders
- *"Just kidding!"
- Did, archaic

DOWN

- *The Go-Go's: "They got the _____"
- 100,000, in India
- Cameron Diaz' Fiona, e.g.
- Hula dancer's hello
- These are held to be true
- Miners' passage
- *Tainted Love: "Once I ran to you, now I _____"
- "Lord of the Flies" shell
- Like the other side of the pillow?
- Certain kind of exam
- Not his
- Antiquated
- Protection from a sword
- To death, in French (2 words)
- _____ B vaccine
- Manna from heaven
- *Bon Jovi: "Tommy used to work on the _____"
- Habituate
- Spaghetti
- *Don McLean: "Drove my chevy to the _____"
- Pains
- Frost over (2 words)
- Capital of Delaware
- *Tennessee Ernie Ford: "I owe my soul to the company _____"
- Geishas' sashes
- "_____ good example"
- Royal topper
- _____ rattle
- Pronoun
- Refused to act, archaic
- City-related
- Giraffe's striped-legged cousin
- *Bruce Springsteen: "Tramps like us, baby we were _____ to run"
- Change a manuscript
- Small amounts
- Make sharper
- Newspaper piece
- Applications
- Midterm, e.g.
- Wharton degree, acr.
- Back then

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8	9	3	6	2	4	1	7	5
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my chevy to the _____

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Beef Cross Rib/Shoulder Roast - Bnls Costilla Cruzada de Terrem! Asada Deshuesada \$4.99/lb	Beef New York Roast - Boneless Carne de Res Nueva York Asado Deshuesada \$4.99/lb	Beef New York Steak - Boneless Carne de Res Nueva York Filee sin Hueso \$5.99/lb
Chicken Drumsticks Piermas de Pollo 79¢/lb	Pork Loin Chops Bone In Chicasitas de Cerdo con Hueso \$2.99/lb	Pork Sirloin Meat Boneless Carne de Salmón de Cerdo Doble \$2.99/lb

FRESH PRODUCE

D'Anjo Pear 89¢/lb	Asparagus Large \$1.49/lb	Russet Potato 10 lbs 2/\$5.00	Yukon Potato 99¢/lb
Avocado Hass 79¢/ea	Green Cabbage 2 lbs/\$1.00	Murcott Tangerine 4 lbs \$3.69/bag	Honey Crisp Apple Organic 79¢/lb

AMERICAN/HISPANIC GROCERY

Fernon Aloe Vera Drink 1.5 liters \$2.99/ea	Wish Bone Salad Dressings 15 oz \$3.49/ea	Electrolyte Beverages 21 oz \$2.99/ea	EED All Purpose Flour 5 lbs \$3.99/ea	El Compite Mesquite Charcoal 15 lb \$11.99/ea
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ASIAN GROCERY

Lee's Full Cream Condensed Milk 14 oz \$2.99/ea	Amira Oat Tamarind Candy 10.5 oz 2/\$3.00	Dynasty Jasmine Tea 20 lbs \$17.99/ea	Pure Cold Dry Latex Sea Grape 7.05 oz \$7.99/ea	Pho Story Beef Flavor Noodle 2.9 oz 2/\$3.00
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EUROPEAN GROCERY

Zeyta Danish White Cheese 800 gr \$10.99/ea	Sofal Special Black Tea 50 T/B \$5.79/ea	Bogachev Condensed Milk 350 gr \$2.99/ea	Babini Sunflower Seeds 300 gr \$4.29/ea	Masamim Coconut Wafers 400 gr \$3.99/ea
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KOREAN/JAPANESE GROCERY

Premium Sushi Rice 4.4 lb \$6.99/ea	Toy Hesh Sunchoon 30pk 3000 ml \$7.49/ea	Korean BBQ Sauce 4 Glaz 840 g \$3.99/ea	Cooked White Rice 12 x 200 \$10.99/ea	Red Pepper Powder (Kimchi) 1kg \$8.99/ea	Q Food Lamechon Meat 340 g \$2.99/ea
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HOUSEWARES

BIGEN SPEEDY HAIR COLOR (REFILL ONLY) ELECTRIC BBQ GRILL \$39.99	ELECTRIC RICE COOKER (4 CUPS) \$49.99	ELECTRIC RICE COOKER (6 CUPS) \$54.99	ELECTRIC RICE COOKER (10 CUPS) \$59.99
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FROZEN & FISH DEPT

Frozen Fish Cake 275 g \$3.99/ea	Columbus Seasoned Roast Beef \$13.19/ea	Green Olives Stuffed with Almonds \$5.99/ea	SriLanka Style Olives \$5.39/ea
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