

Leave No Trace **PAGE 11** 

Risen! Celebrate Easter

He is



# Citrus Heights

**VOLUME 14 • ISSUE 13** 

Serving the City of Citrus Heights & Sacramento County

MARCH 29, 2024

# NSIDE

### **RESTORING SAFETY TO OUR NEIGHBORHOODS**



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### **CELEBRATING** HISTORIC WOMEN **LEADERS**



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### **ALL-SEASON'S** CAFÉ REOPENS





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# An Evening of Magic 66th Annual Community Awards Dinner

Honors Outstanding Leaders



Michael R. Korpiel, DHA, FACHE from Dignity Health was honored with the Lifetime Achievement Award. Chamber Board Chair, Dr. Gabrielle Rasi presented the award to Korpiel.Korpiel receives an original painting of Dignity Hospital in Carmichael from local accomplished painter David Peterson. Photo by Diana Miller Photography

### By MPG Staff

CITRUS HEIGHTS, CA (MPG) - Some events are special, some events are magical. When the Citrus Heights Chamber of Commerce gets together to recognize people and organizations that have contributed mightily to the city, it creates a different level of grat-

itude that has a magic all its own. The 66th Annual Community Awards Dinner, with the theme of "Celebrating Our Community Heroes!" on March 21 did that in grand style at North Ridge Country Club.

"I was delighted and so happ to honor some of the amazing businesses and individuals that make the Citrus Heights community such a wonderful place to live, work and play," said Citrus Heights Chamber of Commerce Executive Director Sheri Merrick. "The evening was magical, and it was amazing having so many of our community leaders in attendance. We look forward to another amazing event next year."

Michael R. Korpiel, DHA, FACHE from Dignity Health was honored with the Lifetime Achievement Award. Chamber Board Chair, Dr. Gabrielle Rasi presented the award to Korpiel.

Continued on page 3

# Family History Week Helps 'Dig for Family Treasures'

FamilySearch.org News Release

SACRAMENTO REGION, CA (MPG) - The benefits of discovering your family history are immense. Knowing where and who you come from can provide a sense of identity and belonging and helps you connect with your cultural heritage. You can even find family members you might never have known who can help you unlock family mysteries and even secrets.

Genealogy is also one of the most popular hobbies in the United States, surpassed only by gardening. It's not surprising that both hobbies have common threads, including roots, trees and a lot of digging to be successful, according to John Edmondson at FamilySearch.org.

A week dedicated to researching your family history, "Digging for Family Treasures," kicks



off April 1, with a full day of genealogical workshops, classes and tours at the Sacramento FamilySearch Center. During the rest of the week, research facilities, archives and libraries throughout the Greater

Sacramento area will provide special tours and activities, culminating on April 6, with another full slate of classes and tours at the California State Archives, Sacramento, located near the state

Capitol. The week will come to a grand conclusion with a presentation by California Secretary of State Shirley N. Weber.

This special Family History Week from April 1 Continued on page 4

### Doggy Dash to Raise Funds



Support all the furry friends of Sacramento by participating in the Doggy Dash. Photo courtesy of Sacramento SPCA

### By Annie Kerr

### SACRAMENTO, CA (MPG)

- The largest 5K/2K dog walk and festival event in the Sacramento area is right around the corner. On April 20, the Sacramento SPCA will hold the 31st annual Doggy Dash at William Land Park from 10 a.m. to 1 p.m. The Doggy Dash is a widely beloved event in the Sacramento area and is a great way to not only have a fun day with your furry friend, but also contribute to the efforts of the SPCA to save and care for animals in need.

Participation in the Doggy Dash helps the Sacramento SPCA provide direct care for more than 40,000 animals each year in the community. Funds raised at this event provide medical care to sick or injured animals, low-cost vaccinations and spay/neuter services, behavior training, humane education programs and so much more.

Registration is now open for the Doggy Dash, with options to register as an individual or as a team. Individual walkers pay \$35, while teams pay \$45. With registration comes a short-sleeved T-shirt and admission into the festival afterwards. On the day of the Doggy Dash, registration opens at 8:30 a.m. and the 2K/5K walk leaves at 10:00 a.m. Note: registration is \$50 on the day of. It is required that all dogs be up to date on their vaccinations to participate.

Immediately following the walk, stay and play at the Bark in the Park festival and enjoy K-9 demonstrations, contests, and more than 100 sponsor and vendor booths to visit, sample and purchase pet-friendly products and more. Bark at the Park Festival admission is free for registered Doggy Dash walkers. There is a \$5 suggested donation for anyone not registered to walk upon entering the festival

As of press time, \$81,000 has already been raised for the 2024 Doggy Dash, with a goal of \$222,500.

The park is located on the corner of Sutterville Rd. and Freeport Blvd.

For tickets, registration, donations, and more information, refer to the SPCA Doggy Dash website.

www.CitrusHeightsMessenger.com

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# Meals on Wheels All-Season's Café Reopens

By Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) -The March 5 relaunch of the All-Seasons Café, a Meals on Wheels program for seniors at the Crosswoods Community Center at 6742 Auburn Blvd. in Citrus Heights, is gaining visibility as more seniors learn about the hot lunch program's return.

Meals on Wheels by ACC, through its All-Seasons Café, offers dine-in lunch service at the Crosswoods Community Center adjacent to the Sylvan Library between 11:30 a.m. and 12:30 p.m. Tuesdays, Thursdays and Fridays.

The city of Citrus Heights and Sunrise Recreation and Parks District (SRPD) partnered to restart the program in response to vocal community support. The program is funded by city grant funding.

"We're hoping that more and more seniors learn that the Citrus Heights All-Season Café has opened," said Zach Golub, who works part time for Meals on Wheels as the local site manager.

Golub worked for Meals on Wheels' prior lunch program at Rusch Park until its closure due to the COVID-19 pandemic. He worked at its midtown Sacramento facility before returning to manage the Citrus Heights café.

"It's good to see it return here," Golub said. "I enjoy my work here and the seniors I meet each day."

Individual round tables set up inside the facility provide a pleasant view of the grounds outside. Wild turkeys and wild rabbits wander by.

Golub said he's checking with Sunrise Recreation and Parks District to see if board games and other materials can be provided at the Citrus Heights site for seniors to enjoy. Café patrons can stay past meal hours to socialize, he said.

"Creating a space for seniors to come and enjoy a hot meal with others is crucial to addressing social, emotional and nutritional needs. Sunrise Recreation and



Parks District is proud to provide the space where seniors can feel connected to one another and the community as a whole," said Kevin Huntzinger, Sunrise Recreation and Parks District district administrator.

Frozen meals are received each week and then warmed as each senior signs in. First-time senior guests are asked to fill out a registration form, Golub said.

Keith Marvin, a long-time Citrus Heights resident, a Vietnam-era U.S. Army veteran and a San Juan High School graduate, enjoyed a hot meal that Golub brought out to him.

"I live just nearby and it's a short walk for me to come here," he said. "I'm grateful that I can enjoy a hot meal here. It's delicious." A sample Friday meal consisted

of grilled chicken parmesan with whole grain orzo and marinara sauce, broccoli and carrots, a fresh Granny Smith Apple and a carton of 1-percent milk.

A table at the front entrance weekly meal hours.



Front of the Crosswoods Community Café at 6742 Auburn Boulevard. Photo provided by Sunrise Recreation and Park District

invites lunch patrons to pick up a Meals on Wheels monthly calendar for all hot meals served at its facilities. There is no fee for lunch but contributions of \$6 per meal are welcome to support the program.

Fliers inside the library promote the new All-Seasons Café but there's little exterior signage outside the Crosswoods Community Center to announce the All-Seasons Café's presence or its

That might soon change as Meals on Wheels is looking to place temporary A-frame signage outside the facility facing the parking entrance, said Krystal Sharpnack, Congregate Manager Registered Dietitian (RD) for Meals on Wheels by ACC in Sacramento.

"We're currently rebranding to align with our national organization Meals on Wheels America and outside flags/signs might take a little while to obtain but it's on with Sunrise Recreation and Parks District," said Citrus Heights Mayor Bret Daniels.

the shopping list," Sharpnack said. The Meals on Wheels at the

Crosswoods Community Center

runs through December under a

one-year contract approved by

the Sunrise Recreation and Parks

District with a goal of serving 20

meals daily, and in time hopes to

Funding for the Meals on

Wheels daily hot lunch program

comes from the city's Community

Support Funds and the 2024

Community Development Block

Grant (CDBG) and is similar

to one that was offered to local

seniors before the pandemic at

return to Citrus Heights will help

our senior residents continue to

thrive via healthy meals and con-

nections with other seniors. Our

City Council had expressed a

strong desire to revitalize this pro-

gram, and we're proud to be able

to do that through this partnership

"The Meals on Wheels program

Rusch Community Park.

serve up to 60 meals weekly.

The Sunrise Recreation and Parks District, Meals on Wheels ACC and the city of Citrus Heights are continuing to publicize the program through social media and general public outreach.

Seniors must be 60 years or better to participate or meet an exemption. For more information or to enroll in Meals on Wheels, call 916-801-7378.





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MARCH 29, **2024** CITRUS HEIGHTS **MESSENGER • 3** 

# An Evening of Magic



Capt. Matt Sammons was named Special Operations Firefighter of the Year. Assistant Chief Chris Greene presented the award. Photo by Diana Miller Photography



Judie Cooper received the Volunteer of the Year award. Photo by Diana Miller Photography



Citrus Heights Hart received the Nonprofit of the Year award. Photo by Diana Miller Photography



Capt. Daniel Hanson was named Police Officer of the Year. Chief Alex Turcotte presented the award. Photo by Diana Miller Photography

Continued from page 1

Sacramento County Supervisor Sue Frost, District 4, received the Community Advocate Award. Past Chair Al Gonzalez presented the award to Frost.

Judie Cooper received the Volunteer of the Year award. Kids Helping Kids was named the Youth Volunteer of the Year. Citrus Heights HART received the Nonprofit of the Year award.

Capt. Matt Sammons was named Special Operations Firefighter of the Year. Assistant Chief Chris Greene presented the award.

Capt. Daniel Hanson was

named Police Officer of the Year. Chief Alex Turcotte presented the award.

Ryan Becker was named the Ambassador of the Year.

In addition, outgoing 2023 Citrus Heights Chamber Board Chair Gonzalez was presented with the award by 2024 Citrus Heights Chamber Board Chair, Dr. Gabrielle Rasi.

Rasi is from the Almond Orchard Dental Care and has long appreciated the Citrus Heights Chamber of Commerce.

"What a wonderful evening we had honoring our community

heroes. This is why I love being a part of our Citrus Heights Chamber of Commerce. I'm honored to be the chair for 2024 and I'm grateful for the passion, time, energy and commitment of our board and our sponsors. Without the help of the board and sponsors, it would not have been such a spectacular evening."

The Citrus Heights Chamber of Commerce thanked its sponsors for making the 66th annual Community Awards Dinner possible

Presenting sponsors were 5 Star Accounting & Business Solutions, LLC; Citrus Heights Water District; City of Citrus Heights; SMUD; and Supervisor Sue Frost.

Diamond Sponsors were Almond Orchard Dental Care; California American Water; Dignity Health, Mercy San Juan Medical Center; Republic Services; California State Sen. Roger Niello; Miller's ACE Hardware; Raising Cane's Chicken Fingers; and SJ Sharif Fine Jewelers.

Platinum Sponsors were San Juan Water District; Consolidated Communications; and Sunrise Marketplace.

Gold Sponsors were Flix in Motion; Atlas Disposal Industries; Diana Miller Photography; Quad Air Communications; Munieh Tax Solutions LLC; and State Assemblyman Josh Hoover.

Bar Sponsor was Wise Villa Winery. Media Sponsor was Messenger Publishing Group.

Special thanks go to the North Ridge Country Club service staff and chef. The service was excellent, and the meal was even better. Their team made the night one to remember.

# Something's in the air.

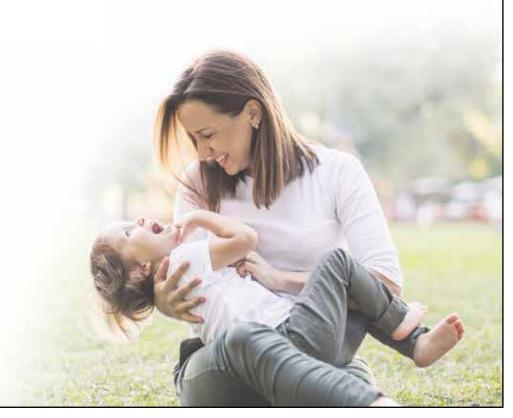
# Get seasonal allergy relief.

It's that time of year. Runny nose, sore eyes, and—bless you. If you're experiencing the effects of seasonal allergies, we can help. Dignity Health Mercy Medical Group offers a variety of treatments to relieve symptoms to get you through the season. Connect with your primary care doctor for a referral and get to know our allergy specialists by scanning here:





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# Cooper Supports Initiative to Restore Safety Family History Week to Our Neighborhoods and Communities



Sheriff Jim Cooper. Courtesy photo

Sacramento County Sheriff's Office News Release

SACRAMENTO COUNTY, CA (MPG) - In 2014, the voters passed Proposition 47 (Prop 47). Those who wrote the initiative deceived the public by naming it the "Safe Neighborhoods and Schools Act." I actively opposed Prop 47 because it was clear to me that this initiative would severely hurt our communities and eliminate much-needed programs to ensure the public's safety. The proposition nearly decriminalized narcotic possession for personal use, including fentanyl, cocaine, heroin, and methamphetamine.

It also made retail theft very lucrative for serial thieves by reducing penalties to virtually the same as receiving a traffic ticket. It also prohibited adding the dollar amounts from multiple thefts, resulting in an illegal industry in which career thieves could repeatedly steal with minor consequences.

However, the most damage caused by Prop 47 was the decimation of mandated drug and alcohol courts that were used to get people help in lieu of jail time. Just in Sacramento alone, drug court participation dropped over 70% because of the so-called "Safe Neighborhoods and Schools Act."

After its passage, I spent eight years in the California Legislature attempting to correct the reckless impacts of Prop 47. After many attempts to amend the proposition, California courts and

Legislative legal counsel deemed that Prop 47 could not be fixed by the Legislature and had to be returned to the voters for any meaningful amendments. In 2020, because the only way to return to common sense and restore public safety was through the action of the voters, I was one of the proponents of Proposition 20 (Prop 20), which would have fixed the problems we are

Once again, the advocates for criminal lawlessness lied to the voters, claiming that Prop 20 would result in "mass prison incarceration." Sadly, that measure failed, and the problem of rampant retail theft, homelessness, and drug addiction has only gotten

all witnessing today.

As Sacramento County Sheriff, I have witnessed first-hand the horrific problems brought about by Prop 47 in our community. It continues to devastate businesses of all sizes and types. Many small community-based businesses have been driven to the brink of closure. Additionally, the catastrophic impacts of Prop 47 on drug addiction left untreated cannot be denied in Sacramento. Without the ability of the courts to mandate drug treatment, many people's lives continue to be ravaged by addiction, leading to homelessness and death.

As Sheriff, I have tried to address the homeless and theft crisis. Through our intervention efforts, data has been collected and analyzed, which shows in Sacramento County alone, 66% of our homeless population has a drug or alcohol addiction. I have also conducted major retail theft operations. One operation named "Operation Bad Elf" netted over 300 misdemeanor arrests for retail theft in just a 7-day period. This is nothing short of unabated lawlessness caused by Prop 47's misguided provisions promoting criminal behavior

with no accountability.

I conducted these operations because I refuse to have the citizens of Sacramento County be victims of the unjust laws created by Prop 47. However, those arrests are still misdemeanors and operations that size are costly to the taxpayer and unsustainable. Furthermore, those addicted to drugs and alcohol will continue to have their lives caught in substance abuse turmoil until we have the courage to mandate their treatment. I will continue doing what the law allows me to keep you safe and increase your quality of life, but it will not be enough.

This is why I am endorsing the Homelessness, Drug Addiction, and Theft Reduction Act Initiative, which is in the qualification phase and if qualified, it will give the voters an opportunity to amend the dangerous and failed aspects of Prop 47.

This initiative will classify repeated retail thefts as a felony if they have two or more theft convictions. It allows for stolen property values to be combined so serial thieves can be charged with a felony if that amount exceeds \$950.

Also, it adds fentanyl to the list of hard drugs that are illegal to possess with a firearm, enacts the "treatment mandated felony" that would give drug addicts the option to get treatment instead of going to jail, and allows drug-addicted offenders who successfully complete drug and mental health treatment to avoid jail time.

This initiative does not repeal Prop 47, does not lead to "mass incarceration," and is necessary because the California Legislature cannot, by statute, fix the chaos created by Prop 47. It must be fixed by the voters.

I urge you to join me in this effort to return our neighborhoods and schools to safer places that have been devastated by Prop 47.

- Sheriff Jim Cooper



Volunteers assist patrons at the Sacramento FamilySearch Center. Courtesy photo

Continued from page 1

to 6 is being organized by the Sacramento Regional Genealogical Council, along with help from several sponsors. It includes tours and other activities in the Sacramento, Sutter, Yolo, El Dorado and Placer County region. Many of the classes and tours require registration by going to the council's website at www.srgcouncil.

On April 1, Family History Week launches at 10 a.m. at the Sacramento FamilySearch Center, 2745 Eastern Ave., with a presentation, "Genealogy: What's in It for Me?" by professional genealogist Sarah Clift. More than a dozen workshops during the day include ones on Angel Island immigration records, documenting heirlooms, using social media for research and tracking a family's military past. Facility tours throughout the day include access to multiple genealogical sites and photo, movie and audio preservation capabilities, will be given throughout the day. The day will culminate with a "Researching Naturalization Records" presentation at 3 p.m.

On April 2, a special viewing of the California Constitutions will be provided at the California Secretary of State Building, 914 Capitol Mall, Sacramento, from 10 a.m. to 3 p.m. Also on April 2, the Yolo County Archives at 226 Buckeye St., Woodland will offer tours from 1:30 to 3 p.m. on its collections and how they can be used for genealogical purposes.

The California State Library's California History Room, 900 N St., will be open for research opportunities from 9:30 a.m. to 4 p.m. and Sacramento FamilySearch will be open from 10 a.m. to 8 p.m. for research assistance on April

On April 3, Sutter County Museum at 1333 Butte House Road, Yuba City, will be open from 9 a.m. to 5 p.m. to share local history and genealogical-gathering information. Also on April 3, two Sacramento Public Library branches will provide overviews of their research capabilities. The Central Branch tour at 828 I St., Sacramento is at 11 a.m. and the Carmichael Branch tour at 5605 Marconi Ave. is at 4 p.m. The California State Library's California History Room will be open for research opportunities from 9:30 a.m. to 4 p.m. and Sacramento FamilySearch will be open from 10 a.m. to 8 p.m. for research assistance.

On April 4, the California Statewide Museum Collections Center, which is home to the California State Parks Archives, will have a 1 p.m. tour at 4940 Lang Ave., McClellan. The California State Library's California History Room will be open for research opportunities from 9:30 a.m. to 4 p.m. and Sacramento FamilySearch will be open from 10 a.m. to 4 p.m. for research assistance.

On April 5, the Center for Sacramento History at 551 Sequoia Pacific Blvd. will conduct presentations on research of its resources, followed by tours of the collection storage vault at 10:30 a.m. and 2 p.m. In addition, Sacramento FamilySearch will be open from 10 a.m. to 4 p.m.

On April 6, the California State Archives at 1020 O St. is headlining a full day of classes designed for both the beginning and experienced genealogical researcher, along with facility tours and displays from local genealogical and historical societies. The 16 classes include "Bad Boys Make Headlines," "Sneaky Pete," "From Arrest to America" and "How Did They Live and Die? Exploring Medical Genealogy." The event runs from 8:30 a.m. to 4 p.m. and the Secretary of State's presentation begins at 3 p.m.

For more information and for more activities, go to www.srgcouncil.org. Or email the genealogical council at info@ srgcouncil.org or call the Sacramento FamilySearch Center at 916-487-2090. ★

# **Sacramento Superior Court Celebrates Historic Women Leaders**

Superior Court of California News Release

### SACRAMENTO, CA (MPG)

Sacramento Superior Court proudly celebrates the contributions of historic women leaders who have blazed trails within the court.

Presiding Judge Bunmi O. Awoniyi is the first Black woman to preside over the unified Superior Court of Sacramento. Judge Awoniyi was appointed to the bench by Gov. Jerry Brown in 2012. During her tenure, she has served rotations in Family Law, Criminal Domestic Violence, Criminal Trials, and Master Calendar for all Criminal assignments. She also served as the Supervising Judge for Family Law and Probate for four years and served two years as the court's

Assistant Presiding Judge. Juvenile CourtSupervising Judge Dena M. Coggins is the first Black woman from the Sacramento County bench to be nominated by a sitting president to serve on the U.S. District Court for the Eastern District of California. Judge Coggins was appointed to the bench

by Gov. Gavin Newsom in March 2021. She presides over dependency matters. Veteran court employee

Ginger Durham is the first



speaks with Judge Dena M. Coggins, Jury Commissioner Ginger Durham and CFO Laetesia Ible in her chambers. Photo courtesy of Sacramento Superior Court

Black woman to serve as Jury Commissioner for Sacramento Superior Court. Durham is a Nationally Certified Court Manager through the National Center of State Courts and has worked at the court for 18 years. In addition to Jury and Interpreter Services, she has also managed the court reporters and court attendants throughout her career, is an active participant in several statewide pilot programs, is the Language Access Representative for the Sacramento Superior Court and is on the bargaining team for the Region 3 Courts in the court's labor relationship with the California Communications Workers

Laetesia Ible is the first

History Month, the Sacramento Superior Court recognizes all women leaders who have made indelible marks on the judicial system. Their courage, determination, and commitment to justice are inspiration for an equitable and inclusive future.

Black woman to serve as

the court's Chief Financial

Officer. Prior to joining

the court in 2023, Ible had

more than 15 years of expe-

rience with Sacramento

County in various fis-

cal roles. She previously

managed the Sacramento

Department's Fiscal Unit

as a Senior Administrative

Analyst, overseeing all

budgetary, purchasing,

accounting, contracting,

and grant reporting for the

In honor of Women's

Probation

County

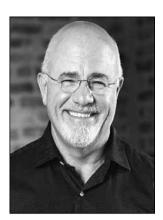
department.

## Sacramento Native Serves in The South China Sea Aboard USS Theodore Roosevelt



Navy Office of Community Outreach News Release

SOUTH CHINA SEA (MPG) - U.S. Navy Quartermaster 3rd Class Krosavanh Phongphet, left, from Sacramento, Calif., and Quartermaster Seaman Apprentice Saraya Phillips, from Newark, N.J., pull down signal flags aboard the Nimitz-class aircraft carrier USS Theodore Roosevelt (CVN 71), March 12, 2024. Theodore Roosevelt, flagship of Carrier Strike Group Nine, is underway conducting routine operations in the U.S. 7th Fleet area of operations. U.S. 7th Fleet is the U.S. Navy's largest forward-deployed numbered fleet, and routinely interacts and operates with allies and partners in preserving a free and open Indo-Pacific region. (U.S. Navy Photo by Mass Communication Specialist Seaman Richard Tinker)



Don't Risk It All

Dear Dave,

My husband is a good, hard-working man, who has been stuck in a job he really doesn't like for almost 10 years. He came to me the other day with an idea to cash out his 401(k) and using the money to open a business. He has always loved the idea of going into business for himself, and I want him to be happy, but I'm not sure this is a good idea. Do you have any advice?

- Renee

Dear Renee,

Yes, I do have some advice. And it can be summed up in one word.

Don't.

I admire your husband's spirit, but the way he wants to approach this turns the entire situation into a trap. Think about it. If his business idea doesn't work out, you guys have lost your retirement savings, and bankruptcy becomes

### Dave Ramsey Says

a very real possibility. Diving head-first into opening a new business just because you're bored with your current situation, or tired of answering to others, is not a good idea.

Look, I get it. Lots of folks have an entrepreneurial spirit. And everyone I know like that wants to live their dream. The problem is these dreams can turn into nightmares, for the entrepreneur and everyone around them, if they don't plan wisely and very carefully ahead of time.

In my mind, one definition of a nightmare in business is "going all in." When you're playing cards, this means betting everything on a single hand. You never go "all in" when it comes to business. So, for the moment, the first question he needs to ask himself is this: How can I live my dream without going all in?

For starters, he needs to find something he truly loves doing and can look forward to every single day. To have any chance of success, he'll have to live and breathe that idea. I know you love this guy and want to help. So, the best thing you can do right now is express your concerns about his idea, and offer to help him think about what he could do every day that

would make him smile. Once he has the answer to that question, the next step is figuring out how to start that business without putting your entire financial world in danger. In other words, how can he save up some money—and start small—instead of blowing your entire savings or going into debt?

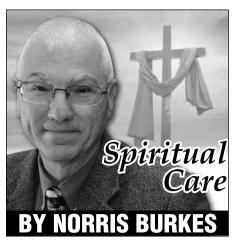
If you have some cash other than your emergency fund or retirement fund, it's okay to use some of that. But never, ever, go into debt to start a business, or pledge every dime you have to something that could be a complete disaster.

It's not an either/or proposition, Renee. He doesn't have to risk it all to get away from a job he hates and live his dream!

Dave

Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions

# Is Your Legacy In the Bag?



It seems the marketing folks won't leave us alone. They are constantly trying to sell us something.

They follow us everywhere. "Buy, buy, buy!" It's the mantra of a marketing world where the word "miracle" is defined by how quickly our plants grow or how white our teeth become.

The solicitations blast through TV commercials, emails, voicemails, texting, even through recorded infomercials wailing in medical waiting rooms. Thankfully, I can ignore most of those sources.

But there's one place I can't escape – the gas pump.

Service stations often use video displays on the pump pontificating such things as the wisdom of buying good rain tires.

Yet, despite all the pleas to buy things, my hospital chaplain experiences tell me that whatever I buy will likely one day be packed away in a plastic garbage bag.

I know this from the numerous

times I was present for the end of life.
Thosemoments usually started with a squawk over the public address system.

"Code Blue, 5 North. Code Blue, 5 North."

That announcement was my cue to join medical staff running toward the Intensive Care Unit. Inside the unit, the resuscitation team would surround the patient while I'd stand a few feet away beside a frantic family member.

We'd watch together as clothes were cut off. IVs inserted. Chest compressions made.

The doctor often held defibrillator paddles and rubbed them together, merging confidence and chance.

"Charge – clear – shock – charge – clear – shock."

Nothing.

"One ampule epinephrine," called the doc to the nurse.

More compressions and more shock.

Heads turned to the monitor. Nothing. The doc placed his stethoscope on his patient's chest.

"I'm calling it," he'd say.

This was the official pronouncement for everyone to cease their lifesaving efforts and allow the time of death to be recorded.

As you might imagine, I'd spend the next few minutes with the family in closing rituals and prayers.

Those were highly meaningful moments to the family, but eventually we came to a rather awkward time of gathering the loved one's belongings.

Of course, the family was unprepared

for this duty, so the nurse would offer the easiest packaging available -- often a plastic bag.

After the family filled the bag, staff would say their goodbyes and I'd walk

the family out of the hospital through the main lobby where the TV typically wailed another pitch to buy one more thing. Those walks often had me wondering

Those walks often had me wondering what it might be like when my time comes.

Will my bags be filled with things the marketers persuaded me to buy? And what will my children do with those bags? Whatever they decide, I hope my phys-

ical possessions aren't the only things I'll pass on to them. I hope they carry a part of my faith as well.

Of course, faith can't be inherited from

parents. That's why it's been said that "God doesn't have grandchildren, only children" — meaning a person must find his or her own faith.

However, it is still a legitimate part of

my faith journey to regularly ask myself questions like: Will there be a part of myself worth commending to my children? What part of me do I wish they would become? And what part of my faith ends with my death?

I guess all those questions can only be

answered superimposed with Jesus' question in Mark 8:36 and repeated throughout modern history by Gandhi, King and Kennedy.

"What does it profit a man if he gains the whole world and loses his soul?"

Keep that question in sight and the answers you find will become a legacy worth sharing. ★

# AMERICAN LEGION POST 637 – CITRUS HEIGHTS, CA Are you or a member of your family a Veteran? We can help with any questions you may have about Veteran benefits. You can also become a member as easy as 1,2,3! Contact us at 916-871-2184 or come to our meeting held the

We look forward to serving you.

**3rd Tuesday of every month** at Citrus Heights City Hall starting at 6:00pm.

# GRACE BAPTIST CHURCH Come and Experience God's Amazing Grace

Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung. Grace Baptist still stands on the Principles, Doctrines and Separation, found and taught in

### SERVICE SCHEDULES

Sunday Schools (All Ages).... 9:45 am Sunday Worship....... 11:00 am Sunday Evening...... 6:00 pm Wednesday Evening...... 7:00 pm

6724 Palm Avenue, Fair Oaks, CA 95628 (Located one block South of Madison; just East of Dewey)
PASTOR CHARLES CARTER

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### *Publisher,* Paul V. Scholl

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# **Social Security Matters**

### Veteran Uncertain About Social Security and Healthcare Coverage



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I'm not sure what I should sign up for in terms of Social Security: I am 64 and I am still employed full time and intend to stay employed until age 70. I am retired from the Navy and receive military retirement payments, and have military TriCare, as well as medical, dental, eye and life insurance through my employer. I don't want to lose benefits, but I also don't want to take Social Security until it reaches the maximum at age 70 (I think that is correct?). I will turn 65 in 4 months. Can you advise me? Signed:

Uncertain Veteran Dear Uncertain Veteran: First of all, thank you for your service to our country. From what you've shared, and since you're still working full time, not claiming Social Security yet is a smart decision. If you were born in 1959 your full retirement age (FRA) is 66 years and 10 months and, if you claim SS before your full retirement age, you'll be subject to Social Security's earning test which would likely make you ineligible to receive SS benefits at this time.

The 2024 earnings limit (limit changes yearly) when collecting Social Security early is \$22,320 and, if that is exceeded, Social Security will take away \$1 in benefits for every \$2 over the limit (half of what you exceed the limit by). If you significantly exceed the limit, SS will declare you temporarily ineligible to collect SS benefits until you either reach your FRA or earn less. The earnings test no longer applies after you reach your FRA. So, if you're now employed full time and plan to stay so until age 70, and you expect at least average longevity (about 84 for someone your current age), delaying until age 70 to claim Social Security is how to get your maximum Social Security benefit.

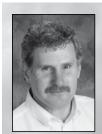
coverage as a veteran: TriCare requires you to enroll in Medicare Part A (inpatient hospitalization coverage) and Part B (coverage for outpatient services) at age 65, but you do not need to take Social Security when you enroll in Medicare. You must, however, enroll in Medicare at age 65 or you will lose your TriCare (military) healthcare coverage. You could choose to delay enrolling in Medicare at 65 because you have "creditable" employer coverage, but if you do so you will lose your current TriCare

As for your healthcare

coverage and need to rely solely on your employer healthcare plan. In that case, you would still be able to enroll in both Medicare and TriCarefor-Life without penalty prior to your employer coverage ending and have coverage under both programs thereafter. I suggest you contact TriCare directly at 1-866-773-0404 to discuss your personal TriCare coverage after age 65. You can also go to www. TriCare4U.com.

Whenever you enroll, Medicare will be the primary payer of your healthcare costs and TriCare will be the secondary payor. Your vision, dental, and prescription drug coverage would be through TriCare (Medicare does not cover those services) or acquired separately. Just remember, you must be enrolled in Medicare Part A and Part B to have TriCare-for-Life coverage after age 65.

This article intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). To submit a question, visit our website (amacfoundation. org/programs/social-security-advisory) or email us at ssadvisor@ amacfoundation.org. ★



# **Dare to Live Without Limits**

by Bryan Golden

**Excuses** 

Excuses are used to justify why a particular goal can not be achieved. In essence, excuses justify failure. By attempting to formulate a plausible reason for failure, any incentive to succeed is eliminated. Excuses condition a person to accept failure rather than to strive for success.

While some people make excuses for why something is impossible, others find ways to get it done. Excuse makers are adept at articulating why something can't be done. Successful people specialize in finding ways dreams can be transformed into reality.

The excuses are many and often rather creative. "I don't have time." "I don't know how." "It won't work." "It's not possible." "What will others think?" "No one I know is doing it." "I tried it once and it didn't work." "The odds are against success." "I will be laughed at.". "I had a bad experience." "My parents discouraged me." "I'm not smart enough."

For every excuse that's been concocted, there is a person who has refused to be limited by it. If you think you can't do something, you will make excuses. If you believe you can succeed, you will find a way. Successful people don't waste a minute dwelling on excuses.

Excuses are a limitation. They prevent accomplishment. As you get in the habit of using excuses, they become an automatic response when facing challenges. Excuses are the path of least resistance that avoid risk and therefore guarantee failure.

One of the reasons people make excuses is because they don't truly believe in themselves. They have self-imposed limitations preventing attainment of their goals. They don't recognize the restrictions they put on themselves. They genuinely believe in the validity of their excuses.

Even though a person may use excuses to justify inaction, feelings of dissatisfaction will still form. Watching others achieve their goals will invariably exacerbate these feelings, even if only subconsciously.

Rather than making excuses, why not concentrate your efforts on finding a path to your desired destination. You may have numerous excuses but you only need one reason for succeeding. One reason to succeed is more potent than dozens of excuses. Additionally, success is infinitely more satisfying than failure. But you have to be willing to discard your excuses. Your reason to succeed can be simply, "I really want this to work." With a burning desire, you will find a way.

Changing your approach begins with recognizing your own unlimited potential. Any chains holding you back are of your own design. These chains have taken years to forge. They won't be broken overnight. You must believe in yourself. Within

you lies the ability to find at least one reason to succeed. Once you find it, you have to focus on it to the exclusion of all other mental distractions. Any temptation to revert to excuses has to be resisted. Distractions from others will abound. As if you can't do it yourself, other people will suggest excuses for you to use. Ignore these as well.

Your objective is to focus on where you want to go and figure out how to get there. Giving in to any excuse will halt your journey. Should this happen, you have to get up and keep going. Just because you become sidetracked, you don't have to give up. Fighting off excuses is an ongoing bat-

tle. Even the most determined individuals deal with this. Successful people aren't deterred by excuses, they look past them, keeping their destination in clear view.

Starting today, don't make any more excuses. Grab hold of one reason to succeed. Fan your desire. Let no person or thought deter you. You can do it.

"Dare to Live *NOW AVAILABLE:* Without Limits," the book. Visit www. BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. ©2024 Bryan Golden

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### FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01470 Elpis Solutions LLC, 4041 Audris Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Elpis Bookkeeping/Elpis Notary 4041 Audris Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County February 27, 2024 Publish: March 8, 15, 22, 29, 2024 3-29-24 **ELPIS** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01408 Randall Gutfeld, 4840 San Juan Avenue PBM 132, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "River Parkway Flamenco" 8123 Sunrise Boulevard #258. Citrus Heights, CA 95610, Filed with the Clerk of Sacramento County February 26, 2024 Publish: March 8, 15, 22, 29, 2024 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01150 Alpentanzer Schuhplattler 3349 J Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) 'Alpentanzer Schuhplattler/ Alpentänzer Schuhplattler/ STV Alpentanzer Schuhplattler/ STV Alpentänzer Schuhplattler/ Sacramento TurnVerein Alpen Schuhplattler/ Alpentanzer Verein Sacramento Turn Alpentänzer Schuhplattler" 3349 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 13, 2024 Publish: March 8, 15, 22, 29, 2024 3-29-24 **ALPENTANZER** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01363 Monique Lee Davis, 2475 Way, Rancho Stokewood Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Artemis Construction Management' 2475 Stokewood Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 23, 2024 Publish: March 8, 15, 22, 29, 2024 **ARTEMIS** 3-29-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01051 Paul Flick, 486 S. Lexington Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Innovations for Criminal Justice" 486 S. Lexington Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 8, Publish: March 8, 15, 22, 29, 2024 INNOVATIONS

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01442 Erwin Quial, 8300 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) 'AlveoMed Nursing" 8300 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 26, 2024 Publish: March 8, 15, 22, 29, 2024 **ALVEOMED** 

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01234 Debrah Dickenson, 81 Natoma Street Suite 100, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Folsom Smog Test Only" 81 Natoma Street Suite 100, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 16, 2024 Publish: March 8, 15, 22, 29, 2024 FOI SOM 3-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01375

Kathryn LeGro, 6067 Shirley Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bucket List Bridge" 6067 Shirley Avenue, Carmichael. CA 95608. Filed with the Clerk of Sacramento County February 23, 2024 Publish: March 8, 15, 22, 29, 2024 BUCKET 3-29-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01364 Maryna Sys, 5425 Garfield Avenue #125, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "MM Therapy" 5425 Garfield Avenue #125, Sacramento, CA 95841. Filed with the Clerk of Sacramento County February 23, 2024 Publish: March 8, 15, 22, 29, 2024 3-29-24 MM

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01327

Michael Pugliese, 3849 Navaho Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Laseris Incidit" 3849 Navaho Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County February 22, 2024 Publish: March 15, 22, 29, April 5, 2024 **LASERIS** 4-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01267

California RVM Solutions, 3672 Stephen Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Simply Recycle" 4802 San Juan Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 20, 2024 Publish: March 15, 22, 29, April 5, 2024 SIMPLY

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01603

Sacramento, CA 95826, Filed with the Clerk of Sacramento County March 4, 2024 Publish: March 15, 22, 29, April 5, 2024 4-5-24

STATEMENT FBNF2024-01417 E. Moreno, Rosewood Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Sterling Silver Roses & Things" 9032 Rosewood Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County February 26, 2024 Publish: March 15, 22, 29, April 5, 2024

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01681 Niki Staben, 4265 Enchanted Circle, Roseville, CA 95747 and Craig Hall, 8220 Firewood Court, Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "S&H Billiard Supply" 8220 Firewood Court, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 5, 2024 Publish: March 15, 22, 29, April 5, 2024 4-5-24 S&H

STATEMENT FBNF2024-00838 The Anxiety Treatment Center. 10419 Old Placerville Road, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "The Anxiety Treatment Center" 10419 Old Placerville Road, Sacramento, CA 95827. Filed with the Clerk of Sacramento County February 1.2024 Publish: March 15, 22, 29, April 5, 2024

STATEMENT FBNF2024-01478 John A. Morrison, PO Box 655

Publish: March 15, 22, 29, April 5, 2024 RUSH

STATEMENT FBNF2024-01458 Richard Johnson, 4220 Prospect Drive, Carmichael, CA 95608 **Fictitious** 26, 2024 Publish: March 15, 22, 29, April 5, 2024

**GOLD** 4-5-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01537 Duc Pham, 8096 Polo Crosse Avenue, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) 'DMP Construction" 8096 Polo Crosse Avenue, Sacramento, CA 95829. Filed with the Clerk of Sacramento County February 29, 2024 Publish: March 15, 22, 29, April 5, 2024

FICTITIOUS BUSINESS NAME

Sloughhouse Corn LLC, 10276 Altameza Road, Wilton, CA 95693 der the Fictitious Business Name(s) "Sloughhouse Sweet Corn/Davis Ranch LLC" 13501 Jackson Road, Sloughhouse, CA 95683. Filed with the Clerk of Sacramento County March 7, 2024 Publish: March 15, 22, 29, April 5, 2024 SLOUGHHOUSE 4-5-2

FICTITIOUS BUSINESS NAME

Seedstar Inc., 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Seedstar Cannabis" 5711 Florin Perkins Road, Sacramento, CA 95828. Filed with the Clerk of Sacramento County March 7, Publish: March 15, 22, 29, April 5, 2024 SEEDSTAR

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01464 9029 Dominique Fairbank. Sutters Gold Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Gold Country Books/ Gold Country Books and More" 9029 Sutters Gold Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County February 27, 2024 Publish: March 22, 29, April 5, 12, 2024

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01768 Arrow Drillers, 1850 Diesel Drive. Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Arrow

Publish: March 22, 29, April 5, 12, 2024

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01395 Crossing #200, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) Tri-Star Real Estate Group

95834. Filed with the Clerk of

Sacramento County February 23 2024 Publish: March 22, 29, April 5, 12, 2024 4-12-24 TRI FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01575

Studio" 3225 Garfield Avenue, Carmichael, CA 95608, Filed with the Clerk of Sacramento County March 1, 2024 Publish: March 22, 29, April 5, 12, 2024 **CREATIVE** 4-12-24

STATEMENT FBNF2024-01677 Fictitious 2024

SECURE

Mario A Rupert and Gregory Rupert, 6454 Oakridge Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Hex 6454 Oakridge Sacramento, CA 95831. Filed with the Clerk of Sacramento County February 26, 2024 Publish: March 22, 29, April 5, 12, 2024 4-12-24 HEX

Wali Hassanv, 1808 Richmond Street, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Aahoo Document Solutions" 2740 Fulton Avenue 101-16, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 11, 2024 Publish: March 22, 29, April 5, 12, 2024

STATEMENT FBNF2024-01800 Ă1-5, Road

Publish: March 22, 29, April 5, 12, 2024 PHILANTHROPY FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01704 County March 5, 2024 Publish: March 22, 29, April 5, 12, 2024 OWN 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01924

Publish: March 22, 29, April 5, 12, 2024 LAVENDER

El Camino Ace 95833. Filed with the Clerk of Sacramento County March 7, Publish: March 22, 29, April 5, 12, 2024

PHANTOMICE FICTITIOUS BUSINESS NAME

Sacramento County March 12, 2024 Publish: March 22, 29, April 5, 12, 2024

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01912

2024 Publish: March 22, 29, April 5, 12, 2024 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01928 Gateway Foods LLC, 6 Kitaj Court, Sacramento, CA 95835

is doing business under the Fictitious Business Name(s) 'Taqueria La Puerta" 4391 Gateway Suite 650, Sacramento, CA 95834. Filed with the Clerk of Sacramento County March 12, 2024 Publish: March 22, 29, April 5, 12, 2024 TAQUERIA FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01656 California Auto House, Inc, 7333 Roseville Road #5, Sacramento, CA 95842 is doing business

Name(s) "California Auto House. Inc" 8636 Antelope North Road BLDG C, Antelope, CA 95843. Filed with the Clerk of Sacramento County March 5, 2024 Publish: March 22, 29, April 5, 12, 2024 CALIFORNIA 4-12-24

CA 95821. Filed with the Clerk of Sacramento County February Publish: March 22, 29, April 5, 12, 2024 AMERICAS

Fulton Avenue. Sacramento.

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01531 National Vision, Inc., 2435 Commerce Avenue, Duluth, GA 30096 is doing business under the Fictitious Business Name(s) "America's Best Contacts & Eyeglasses" 5899 Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 29, 2024 Publish: March 22, 29, April 5, 12, 2024

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01532 National Vision, Inc.,

Commerce Avenue, Duluth, GA 30096 is doing business under the Fictitious Business Name(s) "America's Best Contacts `& Eyeglasses" Laguna Boulevard Suite 128, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County February 29, 2024 Publish: March 22, 29, April 5, 12, 2024

CONTACTS FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01533 National Vision. Inc.. Commerce Avenue, Duluth, GA 30096 is doing business under the Fictitious Business Name(s) "America's Best Contacts & Eyeglasses" 2395 Iron Point Road Suite 110, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 29, 2024 Publish: March 22, 29, April 5, 12, 2024 EYEGLASSES

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01574 National Vision, Inc., Commerce Avenue, Duluth, GA 30096 is doing business under the Fictitious Business Name(s) "America's Best Contacts & Eyeglasses" 6019 Florin Road Suite 500, Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 1, 2024 Publish: March 22, 29, April 5, 12, 2024

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01848 Victoria Lose, 3432 Gates Way, Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "Journey to Freedom" 3432 Gates Way. Sacramento, CA 95832. Filed with the Clerk of Sacramento County March 8, 2024 Publish: March 22, 29, April 5, 12, 2024 **JOURNEY** 4-12-24

**NATIONAL** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01667 Grace Sur, 9545 Folsom Boulevard, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Beauty Solutions By Grace" 9545 Folsom Boulevard, Sacramento, CA 95827. Filed with the Clerk of Sacramento County March 5, 2024 Publish: March 22, 29, April 5, 12, 2024

FICTITIOUS BUSINESS NAME Michelle Green-Clark, Manzanita Avenue, Carmichael,

CA 95608 is doing business under the Fictitious Business Name(s) "KM Dance Arts" 4615 Manzanita Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 13, 2024 Publish: March 22, 29, April 5, 12, 2024

KM4-12-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01925 Surinder Singh Bedwal, 7733 Charmain Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Twin River ATMS" 7733 Charmain Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County March 12, Publish: March 22, 29, April 5, 12, 2024 TWIN

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01623

Accredited RealEstate Schools Inc, 7840 Madison Avenue #149, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Accredited Real Estate Schools Inc" 7840 Madison Avenue #149. Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 4, 2024 Publish: March 22, 29, April 5, 12, 2024 ACCREDITED 4-12-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01932 Amanda Dugan, 6550 Sutter Avenue, Carmichael, CA 95608 is doing business under the

Fictitious Business Name(s) "Ritual Cookies" 6550 Sutter Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 12, 2024 Publish: March 22, 29, April 5, 12, 2024 FICTITIOUS BUSINESS NAME

Best Choice Logistics Inc, 1922 Naomi Way, Sacramento, CA

95815 is doing business under the Fictitious Business Name(s) "Best Choice Logistics/BC Cab 1922 Naomi Way, Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 15 2024 Publish: March 22, 29, April 5, 12, 2024 **BEST** 4-12-24

FICTITIOUS BUSINESS NAME

Branch Street, Sacramento, CA 95838. Filed with the Clerk of Sacramento County February Publish: March 22, 29, April 5, 12, 2024

STATEMENT FBNF2024-01713 Ryan Stambuk, 3115 Eades Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Off Duty Photography" 3115 Eades Way, Rancho Cordova, CA 95670. Filed with the Clerk

4-12-24

STATEMENT FBNF2024-01622 TNT Industrial Contractors, Inc. 3800 Happy Lane, Sacramento, is doing business CA 95827 under the Fictitious Business Name(s) "TNT Industrial Contractors, Inc." 3800 Happy Industrial Sacramento, Lane. 95827. Filed with the Clerk of Sacramento County March 4,

TNT 4-12-24

STATEMENT FBNF2024-02073 Donna R. Chabrier, 1523 Oak Tree Drive, Roseville, CA 95661 is doing business under the Business Name(s) "Real Experience Group" 1610 R Street Suite 280, Sacramento, CA 95811. Filed with the Clerk of Sacramento County March 15, Publish: March 29, April 5, 12, 19, 2024

REAL FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-02101 Carlos Derreza, 1420 South Avenue, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) 'Derreza Yard Care" 1420 South Avenue, Sacramento, CA 95838. Filed with the Clerk of Sacramento County March 18, 2024 Publish: March 29, April 5, 12, 19, 2024 DERREZA 4-19-24

STATEMENT FBNF2024-02097 LLC, 7924 Fruitridge Aliatta Sacramento, CA 95820 Road. is doing business under the Fictitious Business Name(s) 7924 Fruitridge County March 18, 2024 Publish: March 29, April 5, 12, 19, 2024 4-19-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01917 T-Rex Auto Repair LLC, 2577 Elkhorn Boulevard, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "T-Rex Auto Repair" 2577 Elkhorn Boulevard, Rio Linda, CA 95673, Filed with the Clerk of Sacramento County March 12, 2024 Publish: March 29, April 5, 12, 19, 2024 TREX

STATEMENT FBNF2024-02256 Critical Path Consulting, PO Box 2924, Rancho Cordova, CA 95741 is doing business under the Fictitious Business Name(s) Critical Path Training" 4313 Narraganset Way, Mather, CA 95655. Filed with the Clerk of Sacramento County March 21. Publish: March 29, April 5, 12, 19, 2024

FICTITIOUS BUSINESS NAME

Devin Wayne Ford, 8686 Greenback Lane, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Smalz Studios" 8686 Greenback Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 21, 2024 Publish: March 29, April 5, 12, 19, 2024 **SMALZ** 

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #24CV003632

Rahim Yalqhaz. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 15, 2024, at 9:00 a.m. in Department 54, located at

95814, and show cause, if any, why the petition for Change of Christopher E. Krueger, Judge of the Superior Court 3-29-24 SUPERIOR COURT OF **CALIFORNIA** 

ORDER TO SHOW CAUSE CHANGE OF NAME #24CV003621

COUNTY OF SACRAMENTO

filed a petition with this court for a decree changing the name(s) of Edward James Thompson

813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of

Christopher E. Krueger, Judge of the Superior Court Publish: March 8, 15, 22, 29, 2024 THOMPSON

SUPERIOR COURT OF **CALIFORNIA COUNTY OF SACRAMENTO** 

ORDER TO SHOW CAUSE

CHANGE OF NAME

#24CV003707

Kennedy Mckenzie Gordon has filed a petition with this court for a decree changing the name(s) of Kennedy Mckenzie Gordon to Kennedy Mackenzie O'Shea. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court on May 15, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 29, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: March 8, 15, 22, 29, 2024 GORDON

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE **CHANGE OF NAME** #24CV002615 Jackson Alexander Caine has filed a petition with this court for

a decree changing the name(s)

of Jackson Alexander Caine to

3-29-24

Hamza Mohammad Akhtar. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 6, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 13, 2024 Richard K. Sueyoshi, Judge of

the Superior Court Publish: March 8, 15, 22, 29, 2024 3-29-24 SUPERIOR COURT OF **CALIFORNIA** 

CHANGE OF NAME #24CV002660 Malevka Aliveva has filed a petition with this court for a decree changing the name(s) of Maleyka Aliyeva to Malika

Aliyeva.

**COUNTY OF SACRAMENTO** 

ORDER TO SHOW CAUSE

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 6, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 14, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: March 8, 15, 22, 29, 2024 3-29-24 ALIYEVA

SUPERIOR COURT OF CALIFORNIA **COUNTY OF SACRAMENTO** ORDER TO SHOW CAUSE CHANGE OF NAME

#24CV003856 Tarjinder Singh Kaler has filed a petition with this court for a decree changing the name(s) of Tarjinder Singh Kaler to Tarjinder

sons interested in the above-entitled matter appear before this court on May 15, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any,

why the petition for Change of Name should not be granted. Dated: March 1, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: March 15, 22, 29, April 5, 2024

KALER SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #24CV004736 Mary Kaye Bartholomew aka Mary Kaye Bassett has filed a

petition with this court for a decree changing the name(s) of Mary Kaye Bartholomew aka Mary Kaye Bassett to Mary Kaye Prentice. IT IS ORDERED that all persons interested in the above-entitled matter appear before this

court on May 23, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 12, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: March 22, 29, April 5, 12, 2024 BASSETT 4-12-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV004689 Michael

Montoya has filed a petition with this court for a decree changing the name(s) of Isaiah Michael Fennema-Montoya to Isaiah

Michael Montoya. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 3, 2024, at 1:30 p.m. in Department 53, located at

813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 12, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: March 22, 29, April 5, 12, 2024 MONTOYA 4-12-24 SUPERIOR COURT OF

CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV004443

#2, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "SQY Autos Inc" 8732 Fruitridge Road #2,

SQY Inc, 8732 Fruitridge Road

FICTITIOUS BUSINESS NAME

FICTITIOUS BUSINESS NAME

FICTITIOUS BUSINESS NAME

Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Rush Our Delivery" 4946 Watt Avenue Unit 23, North Highlands, CA 95660. Filed with the Clerk of Sacramento County February

FICTITIOUS BUSINESS NAME

is doing business under the Business Name(s) Spur Realty/Gold Spur Land & Home Realty" 4220 Prospect Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February

STATEMENT FBNF2024-01757 doing business un-

STATEMENT FBNF2024-01807

4-12-24

Construction" 1850 Diesel Drive, Sacramento, CA 95838. Filed with the Clerk of Sacramento County March 7, 2024 Gerry Johnson, 2121 Natomas

Tri-Star Diversified" 4030 Truxel Road Suite D, Sacramento, CA

Janai Lynne Vernott, 3225 Garfield Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Creative Klutz

FICTITIOUS BUSINESS NAME

Larisa Dzyuba, 7045 Patience Court, Sacramento, CA 95842 is doing business under the Business Name(s) "Secure Notary Solutions" 7045 Patience Court, Sacramento, CA 95842. Filed with the Clerk of Sacramento County March 5, Publish: March 22, 29, April 5, 12, 2024

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01409

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01881

4-12-24 FICTITIOUS BUSINESS NAME

Andrea Z Evans, PO Box 4145. Ketchum, ID 83340 is doing business under the Fictitious Business Name(s) "Philantrophy Consulting Group" 205 Raven Ketchum, ID 83340. Filed with the Clerk of Sacramento County March 7,

Karen Ortiz, 2335 33rd Street, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Own It Real Estate" 1610 R Street Suite 200, Sacramento, CA 95811. Filed with the Clerk of Sacramento

Lavender Nail Salon LLC, 1010A Florin Road, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Lavender Nail Salon" 1010A Florin Road, Sacramento, CA 95831. Filed with the Clerk of Sacramento County March 12,

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01805 Daniel W Todd, 2025 W Apt 238. Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Phantomice Interactive" 2025 W El Camino Ace Apt 238, Sacramento, CA

STATEMENT FBNF2024-01911 Xtelnetic LLC, 5252 Sunrise Boulevard Suite 4. Fair Oaks. CA 95628 is doing business under the Fictitious Business Name(s) "Netellix" 5252 Sunrise Boulevard Suite 4, Fair Oaks, CA 95628. Filed with the Clerk of

NETELLIX

Performance Motors Il Inc, 1481 River Park Drive, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Porsche Sacramento" 2200 Auburn Boulevard, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 12,

Park Boulevard

under the Fictitious Business

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01530 National Vision, Inc., 2435 Duluth, Commerce Avenue, GA 30096 is doing business under the Fictitious Business Name(s) Name(s) "America's Best Contacts & Eyeglasses" 2922

STATEMENT FBNF2024-01213

STATEMENT FBNF2024-01268 JDV Distribution LLC, 3710 Branch Street, Sacramento, CA 95838 is doing business under

the Fictitious Business Name(s)

"Jenner Vacation Rentals" 3710

JENNER 4-12-24 FICTITIOUS BUSINESS NAME

of Sacramento County March 5,

Publish: March 22, 29, April 5, 12, 2024 FICTITIOUS BUSINESS NAME

Publish: March 22, 29, April 5, 12, 2024

FICTITIOUS BUSINESS NAME

FICTITIOUS BUSINESS NAME

"Faisal Market And Restaurant" Road. Sacramento, CA 95820. Filed with the Clerk of Sacramento

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-02247

ORDER TO SHOW CAUSE CHANGE OF NAME

Mohammad Rahim Yalqhaz has filed a petition with this court for a decree changing the name(s) of Mohammad Rahim Yalghaz to

813 6th Street, Sacramento, CA Name should not be granted. Dated: February 28, 2024 Publish: March 8, 15, 22, 29, 2024 YALGHAZ

Edward James Thompson and Iridian Eunice McConico has

to Edward James Salcido and Nazare Lenae Thompson to Nazare Lenae Salcido. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 14, 2024, at 9:00 a.m. in Department 54, located at

Name should not be granted.

Dated: February 23, 2024

Legal Advertising Hotling 916-483-2299 Legal Advertising Fax 916-773-2999

### LEGAL ADVERTISING

ebruary /, 1964 ) – September 18, 1969 73535 – March 12, 2020

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

### ORDER TO SHOW CAUSE CHANGE OF NAME

Gabrielle Blalock-Tovar has filed a petition with this court for a decree changing the name(s) of Gabrielle Nicole Blalock-Tovar to Gabrielle Nicole Blalock and William Bruce Blalock-Tovar to William Bruce Blalock and Eloise Carleen Blalock-Tovar to Eloise Carleen Blalock

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 28, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 8, 2024

Christopher E. Krueger, Judge of the Superior Court Publish: March 29, April 5, 12, 19, 2024 **TOVAR** 4-19-24

SUPERIOR COURT OF **CALIFORNIA COUNTY OF SACRAMENTO** ORDER TO SHOW CAUSE CHANGE OF NAME #24CV005403

Indira D. Obediah has filed a petition with this court for a decree changing the name(s) of Indira D. Obediah to Indira D. Joshi

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 4, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 20, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: March 29, April 5, 12, 19, 2024 **OBEDIAH** 4-19-24

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV004617

Quoc Tuan Nguyen and Thi Van Dang have filed a petition with this court for a decree changing the name(s) of Hoai Bao Khanh Nguyen to Kathy Nguyen and Hoai Bao Thy Nguyen to Thy Nguyen.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 3, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 11, 2024

Richard K. Sueyoshi, Judge of the Superior Court Publish: March 29, April 5, 12, 19, 2024 4-19-24 **NGUYEN** 

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE **CHANGE OF NAME** #24CV005398 Miguel Marquez Arellano has

filed a petition with this court for a decree changing the name(s) of Miguel Marquez Arellano to Miguel Arellano Marguez. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court on July 16, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 19, 2024 Richard K. Sueyoshi, Judge of the Superior Court

Publish: March 29, April 5, 12, 19, 2024

### NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF ARSENIO FELIPE CASE NO. 24PR000595 To all heirs, beneficiaries, credi-

tors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Arsenio Felipe. A Petition for Probate has

been filed by Michael Felipe, in the Superior Court of California, County of Sacramento, requesting Michael Felipe be appointed as personal representative(s) to administer the estate of the decedent. The petition requests authority

to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows April 10, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William

R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written ob-

jections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within

the later of either (1) four months

from the date of first issuance of

letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code, Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Robert J. Busch Jr., 2228 Longport Court, Suite 110, Elk Grove, CA 95758; 916-859-0370 Publish: March 15, 22, 29, 2024

**FELIPE** 

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARY KATHRYN BAKER CASE NO. 23PR001946

To all heirs, beneficiaries, credi-

tors, and contingent creditors of

and persons who may be otherwise interested in the will or estate, or both, of Mary Kathryn Amended Petition for Probate has been filed by

Eric J. Koontz, in the Superior Court of California, County of Sacramento, requesting Eric J. Koontz be appointed as personal representative(s) to administer the estate of the decedent. The petition requests authority

to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will

be held in this court as follows April 3, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Boad, Sacramento, CA 95826 IF YOU OBJECT to the grant-

ing of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or

a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months om the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file

kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and tele-

phone number of the Attorney . for Petitioner is: Benjamin V Platon, Attorney & Counselor at Law, Certified Specialist Estate Planning, Trust & Probate Law, 9701 Fair Oaks Boulevard, Fair Oaks, CA 95628; 916-674-2066 Publish: March 15, 22, 29, 2024 3-29-24

ADMINISTER ESTATE OF PATRICIA ANN WHITMAN AKA PATRICIA WHITMAN AKA PAT WHITMAN CASE NO. 24PR000678

NOTICE OF PETITION TO

To all heirs, beneficiaries, credi-

tors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Patricia Ann Whitman aka Patricia Whitman aka Pat Whitman A Petition for Probate has been

filed by Leslie D. Whitman III, in the Superior Court of California, County of Sacramento, requesting Leslie D Whitman be appointed as personal representative(s)

to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and

any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court

approval. Before taking certain

very important actions, howev-

er, the executor will be required

to give notice to interested per-

sons unless they have waived

notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will

be held in this court as follows April 19, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state vour objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or

a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in

California law.

YOU MAY EXAMINE the file kent by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Raoul J. LeClerc, P.O. Drawer 111, Oroville, CA 95965; 530-533-5661 Publish: March 22, 29, April 5, 2024 WHITMAN 4-5-24

ADMINISTER ESTATE OF RONALD THOMPSON CASE NO. 24PR000763 To all heirs, beneficiaries, cred-

NOTICE OF PETITION TO

itors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Ronald Thompson A Petition for Probate has

been filed by Tonja Kraynik in the Superior Court of California, County of Sacramento, requesting Tonja Kraynik be appointed as personal representative(s) to administer the estate of the decedent. The petition requests authority

to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows April 25, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826 IF YOU OBJECT to the grant-

ing of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or

a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attornev knowledgeable in California law. YOU MAY EXAMINE the file

kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided n Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Andrew Kern, 755 Baywood Drive, Petaluma, CA 94954, 707-658-4602 Publish: March 22, 29, April 5, 2024 THOMPSON

SUMMONS

CASE NUMBER: 23CV001955 NOTICE TO DEFENDANT: Flora Taylor, an individual; and does 1-20.

SUMMONS (CITACION JUDICIAL)

YOU ARE BEING SUED BY PLAINTIFF: Angela Bradley, an NOTICE! You have been sued.

The court may decide against

response must be in proper legal form if you want the court to hear

vour case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo. ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and

vour wages, money, and prop-

erty may be taken without further

warning from the court.

you without your being heard un-

less you respond within 30 days.

You have 30 CALENDAR

DAYS after this summons and

legal papers are served on you

to file a written response at this

court and have a copy served on

the plaintiff. A letter or phone call

will not protect you. Your written

Read the information below.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Website (www.lawhelpcalifornia. org), the California Courts Online Self-Help Center (www.courtinfo. ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or

more in a civil case. The court's

will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 dias, la corte puede decidir en su contra sin escuchar su version. Lea la informacion a

lien must be paid before the court

continuacion. 30 DIAS Tiene

CALENDARIO despues de que

le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte v hacer que se entreque una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www. sucorte.ca.gov) en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si

no puede pagar la cuota de pre-

sentacion, pida al secretario de

la corte que le de un formulario

de exencion de pago de cuotas.

Si no presenta su respuesta a

tiempo, puede perder el caso

por incumplimiento y la corte le

podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro.

sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes California, (www.sucorte. ca.gov) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperacion de \$10.000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso.

The name and address of the court is: (El nombre y direccion de la corte es): Superior Court of California, 720 9<sup>th</sup> Sacramento, CA 95814 720 9th Street,

The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Robert C. Bowman, Jr. 1451 River Park Drive, Suite 125, Sacramento, CA 95815, 916-923-2800 Date: (Fecha) 5/19/2023

Clerk (Secretario) N. Young Deputy (Adjunto) Publish: March 15, 22, 29, April 5, 2024 **BRADLEY** 



### **CITY OF CITRUS HEIGHTS** NOTICE TO BIDDERS

Puede encontrar estos grupos

SEALED BIDS will be received at the office of the City Clerk, City Hall, 6360 Fountain Square Drive, Citrus Heights, California, until the hour of 2:00 PM on THURSDAY, MAY 2. 2024. at which time the bids will be publicly opened and read for the 2024 BRIDGE MAINTENANCE PROJECT. City of Citrus Heights, California. Any bid received after this date and time will be deemed nonresponsive. Bids received by fax or e-mail will not be considered.

The work to be performed consists, in general, of removing and clearing debris and sediment, repairing slope/footing protections, applying bridge deck treatment, installing bridge identification signs/markings, railing repairs and other minor concrete repairs at 19 bridges in various locations within the City of Citrus Heights.

It is the bidder's responsibility to check the website for any updated information at least 24 hours prior to the scheduled bid opening.

Bidders shall obtain copies of the Contract Documents by logging on to https://www. citrusheightsplanroom.com or by calling BPX Printing and Graphics at (916) 760-7281 or emailing sac@bpxprinting.com. Cost of Contract Documents shall be Fifty Dollars (\$50.00) per set, non-refundable. Shipping and handling costs are extra and prices range depending on the delivery method. At the bidder's request and expense, the Contract Documents can be sent by overnight mail. Bidders can supply their shipper account number to expedite processing. Electronic Contract Documents (PDF format) can also be ordered for a non-refundable fee of \$50 per set. All bidders must purchase a complete set of contract documents (hard copy or PDF format) from BPX Printing and Graphics to be included on the planholders list and to receive addenda notifications. It is the responsibility of each prospective bidder to confirm his/her firm is on the planholders list held at BPX Printing and Graphics to ensure receipt of any subsequent communications, including addenda. Contract Documents are not available directly from the City.

All questions regarding this project are to be submitted in writing by email to **BridgeMaintenance@ CitrusHeights.net** with a CC to **dkehrer@CitrusHeights.net** by **WEDNESDAY**, **APRIL 24**, **2024** at 5:00 PM.

In accordance with the provisions of Section 1770 of the Labor Code of the State of California, the Director of the Department of Industrial Relations has ascertained the general prevailing rate of wages applicable to the work to be done in accordance with the standards set forth in Section 1773 and which is on-file in the office of the City Clerk.

The successful bidder shall pay not less than the specified prevailing wage rates to all laborers, l in the performa bidder will be required to post a copy of the general prevailing rates per diem wages in a conspicuous place at the job site forthwith upon undertaking the public work called for herein. The successful bidder shall also keep an accurate certified payroll record in accordance with requirements set forth in Labor Code Section 1776 and the Contract Documents.

Each bid must be accompanied by cash, cashier's check, certified check or Bidder's Bond made payable to the City of Citrus Heights in the amount of 10% of the total bid amount, such guaranty to be forfeited should the bidder to whom the Contract is awarded fail to enter into the Contract within the time period required by the Contract Documents.

No bid will be accepted unless it is made on a proposal form furnished by the General Services Director and is for the entire work described herein. The bid bonds for the three acceptable lowest bidders shall be retained until the City Council has accepted the successful bidder. All other Bidder's Bonds shall be returned to the bidder five (5) working days after bid opening. The Contract shall be awarded, if an award is made, to the lowest responsive and responsible bidder within sixty (60) calendar days from the date the bids are publicly opened and declared. If the award is

not made within that period, all bids submitted are deemed rejected by the City Council and all remaining Bidder's Bonds shall be returned to the bidder. The successful bidder shall apply for and obtain at its costs any permits required for all work, except as otherwise specified in the Contract

A bidder may propose one or more "equals" or substitutions for products listed in the Contract Documents by manufacturer name, brand or model number, unless the Contract Documents specify that the product is necessary to match others in use. Complete information for products proposed by a bidder as an equal must be submitted to the General Services Director for review. at least ten (10) working days before the time specified for bid opening in accordance with the Instructions to bidders contained in the Contract Documents. The successful bidder will be required to furnish, prior to the performance of any work hereunder,

a payment bond in an amount equal to one hundred percent (100%) of the Contract price, and a faithful performance bond in an amount equal to one hundred percent (100%) of the Contract price The bonds must be approved by the City. The successful bidder shall also furnish a Warranty Bond, in a form acceptable to the City in an

amount of one hundred percent (100%) of the total Contract price plus change orders, to hold good for a period of one year after the completion and acceptance of the work, to protect the City against the results of defective materials, quality of work, and equipment during that time. This bond shall be delivered to the City before the final payment under this Contract will be made. The successful bidder will also be required to furnish insurance as set forth in the Contract Documents. Pursuant to Public Contract Code Section 22300, bidders may substitute securities for any monies

which the City may withhold pursuant to the terms of this Contract to insure performance. Such securities must be furnished on a form acceptable to the City and by a company, acceptable to the City, that is authorized and licensed by the Insurance Commissioner as an "admitted surety insurer" and which maintains at least one officer in California for conducting business. Prior to such approval, the surety shall provide the documentation required by California Civil Code Section

The City of Citrus Heights reserves the right to reject any or all bids or portions thereof, to accept a bid or portion thereof and to waive any minor informality or irregularity.

The license classification required for this project is Class "A": General Engineering Contractor,

issued by the State of California. The license must be active and in good standing as of the date of receipt of bids and must be maintained in good standing throughout the term of the contract. For contracts involving federal funds, the license must be active and in good standing as of the date of the Contract award and must be maintained in good standing throughout the term of the contract. Each bidder, and any subcontractor listed in a bid proposal pursuant to Public Contract Code

Section 4104, must be currently registered with the Department of Industrial Relations and qualified to perform public work consistent with Labor Code Section 1725.5, except in limited circumstances as referenced in Labor Code Section 1771.1(a).

Amy Van, City Clerk

Citrus Heights Messenger 3-29-2024

3/22/2024 Date

# Kings Korner By V.G. Harris



The Kentucky Derby is right around the corner, but for the Sacramento Kings this is their version of coming down the home stretch. The recent 2-1 road trip is reason for celebration, and the recent nail-biting win over the Orlando Magic should have every fan applauding.

It's hard to imagine any game that our multi-talented 6th man Malik Monk goes 0-11 from the field, and still the Kings pull out a victory. Still, that's what happened, and once again this frenetic squad continues

What Domantas Sabonis is doing nightly is awe-inspiring, and I for one believe he will eventually set a new NBA record for consecutive double doubles. Imagine leading the league in rebounds for a second consecutive season, as well as leading the league in triple doubles.

Thirteen games to go, and for any naysayers as it relates to matching or exceeding last years 48 wins, I say shame on you. Dream the dream, and get behind these guys.

I love the way they play together, and when someone hits the hardwood, it's a mad dash to see who is going to help him up first!

The smiles these guys bring nightly are genuine, and if you need any more inspiration, I'd recommend watching the movie Hoosiers one more time. I can feel the magic in this team, and I'm beyond excited to see what the last 13 games will look like.

Every team in the NBA passed on Keon Ellis, and it took the Sacramento Kings to see promise in him. Rising from the depths of the G league, this unlikely prospect is having his own version of a coming out party.

The recent injury to popular Kevin Huerter has given Keon a temporary starting spot, and it appears he would like to make a case for it being permanent. Keon had a career-high 19 points in the gritty win over the Magic, and his defense has been consistent the entire season. Fast feet, quick hands, and stamina give Keon an edge that he takes advantage of every night, and like teammates Domantas Sabonis and De'Aaron Fox, he brings his lunch pail to work every night.

This team is full of unselfish players that not only talk the talk, but walk the walk.

Every year 30 teams begin the season with dreams of a championship, and it takes a grueling 82 games before the playoffs begin. This year the Kings have a real shot at either the 5th or 6th spot, which would avoid the uncertainty of a one game playoff in the new format called the play-in for teams in the 7th thru 10th positions.

Over and over again this season, the Kings have beaten teams that are headed for the playoffs, and currently have a 50% winning percentage over teams they've faced with a winning record.

The Kings face a tough 76er squad Monday night, and then play back-to-back games against the Dallas Mavericks Tuesday and Friday nights.

Dallas has an identical record to the Kings, so this mini home stand looms large in determining who will make the top 6 and avoid the dreaded play-in.

Why am I so optimistic? For one, the Kings have finally found some rhythm from the free-throw line, and although their overall percentage for the season is still abysmal, their recent performances are showing great improvement. Couple that with Keon Ellis's sudden offensive outburst, the yeoman like performances nightly from Sabonis and Fox, and the overall team defense that has suddenly hit their stride: hold onto your seats!

Coach Brown has suddenly been able to win some challenges, and that could not have come at a better time.

Sadly, NBA officiating, in my humble opinion, may be at an all-time low, and without a doubt, the league will need to address much needed changes in the off-season.

With heralded 7th man Trey Lyles sidelined with a knee sprain, it's critical that bench players Alex Len and Davion Mitchell continue to shine. Both players have a big upside, and the extended minutes they are likely to see will undoubtedly pay dividends when the I continue to say that matching or exceed-

ing the 48 wins from last season is not beyond this team's capability, so as fans let's give them all the encouragement we can. Buckle up, but by all means get excited.

This is what basketball is all about, and we have a real team to root for!

Give me your thoughts at vgharriskingsfan@gmail.com.

Enjoy the home stretch!

# Rep. Ami Bera Holds Roundtable, **Tours EV Manufacturing Facility**



Office of Rep. Ami Bera News Release

SACRAMENTO COUNTY, **CA (MPG)** - On March 18, Representative Ami Bera, M.D. (CA-06) hosted **Environmental Protection** Agency (EPA) Region 9 Administrator Martha Guzman for a roundtable discussion with regional stakeholders and toured Lion Electric's all-electric truck, bus, and minibus manufacturing facility in Sacramento County.

They were joined by Sacramento Mayor Darrell Steinberg, Sacramento County District 2 Supervisor Patrick Kennedy, Sacramento City Councilman Eric Guerra, Sacramento Metropolitan Air Quality Management District (AQMD)Executive Director and Air Pollution Control Officer Alberto Ayala, and other local leaders to highlight Sacramento's climate successes, showcase EPA investments in the Sacramento community, and discuss potential avenues for continued EPA regional support.

"From the Inflation Reduction Act to the Bipartisan Infrastructure Law, I am pleased to see President Biden's Investing in America agenda at work right here in Sacramento County," said Congressman Ami Bera. "I extend my thanks to Administrator Guzman and her team at the EPA for their continued partnership in supporting critical investments in our region's infrastructure, including electric vehicle manufacturing, that will create job opportunities and pave the way for cleaner and greener transportation options.'

"The Sacramento region's innovative and ambitious plans for utilizing the full range of historic federal investments supported by President Biden's Investing in America agenda — from soil health to electric vehicle charging in disadvantaged communities — constitute a national model," said EPA Pacific Southwest Regional Administrator Martha Guzman. "I applaud local leaders for their commitment to collaboration, and to moving the ball forward on the most difficult environmental justice and climate change challenges."

"Thank you Congressman Bera, and to the EPA, for supporting critical investments in air quality improvement, monitoring and infrastructure projects in neighborhoods most impacted by pollution," said Sac Metro Air District Air Pollution Control Officer Dr. Alberto Ayala. "We are thrilled to highlight the electric, hydrogen, and biomass projects already underway in our region focused on advancing environmental justice and reducing negative climate impacts in our region. Through the Climate Pollution Reduction Grants program, made possible by the Inflation Reduction Act and the Investing in America Agenda, our region has a comprehensive plan ready to address these challenges through innovative and cutting-edge projects. We look forward to advancing our collaborative efforts and driving positive climate action in the Sacramento region for years to come."



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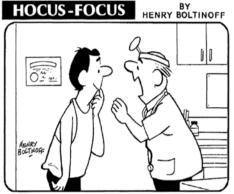


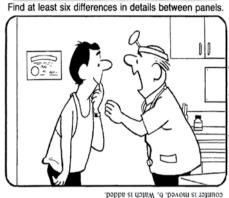


bu Dave T. Phipps

by Gary Kopervas







lower. 3. Pocket is different. 4. Cabinet door is wider. 5. Bottle on counter is moved. 6. Watch is added. Differences: I. Arm is moved. 2. Neck opening of undershirt is

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by BUD BLAKE

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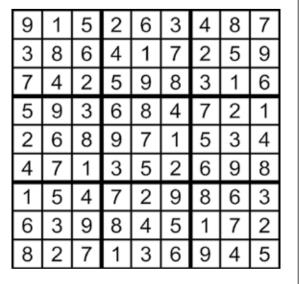
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### **CLUES**

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Acronym, in brief

Aloha!

horse! A horse! My \_\_\_\_ for a horse!"

24. Fail to mention

28. \*Hamlet: "O, this

is the poison of grief" 30. Soap froth

47. Thomas the Engine's

author

50. Brewer's kiln 52. Beer choice

53. Not a verb

57. \*The Tempest: "We are such stuff as

the world's a stage and

merely\_ 64. Primatologist's

69. Hi \_ monitor

70. Wombs

DOWN

2. Purse for the red carpet

4. Set straight

5. Like a knife

7. The "place with the

9. Wild ox of India 10. Plotting (2 words)

11. Multitude 12. Having Everything Revealed, singer and

songwriter

have shuffled off this

22. Tin Woodman's "medicine"
24. "Two cents"?

25. \*Twelfth Night: "If \_\_\_\_\_ be the food of love,

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1. Type of help center 6. Fake tooth

9. What geysers do

13. Lagoon wall

15. Syrup producer 16. Papal court

17. It often comes with

18. External 19. \*Richard III: "A

21. \*Romeo and Juliet: "Parting is such sweet

23. Animal's nose

25. Capone's family

35. Iris holder 37. "He \_\_\_\_, She Said" 39. \_\_\_\_ Apso

40. Cheap form of payment?
41. Bert's roommate

43. Not in favor 44. Hipbone-related 46. The Destroyer, in

Hinduism

warning 48. "Heart of Darkness"

55. Comic crv

are made on"

60. \*As You Like It: "All all the men and women

concern, for short 65. "This land is your land"?

67. \*Macbeth: "Our master's murder'd!" 68. Scoundrel

play on"

condiment 36. Petri dish filler

38. Prima donna

42. Artist's tripod

54. Seize a throne

words)

slope

45. High tea sandwich 49. P rignon's honorific

51. Destroy a document (2

71. "A Visit from St. Nicho-las" beginning

72. Teacher's favorite 73. Got ready for a close up

1. Nordstrom's outlet

3. Cape on Tierra del Fuego

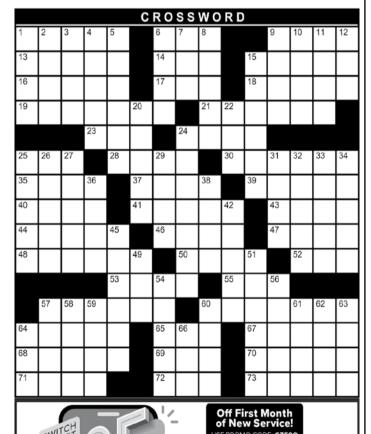
6. Comes before a storm?

helpful hardware folks' 8. Spectrum maker

56. City in Japan 57. Type of sailing vessel 58. Capital of Latvia 59. Outback birds

60. "Blast from the 15. \*Hamlet: "When we 61. "The \_\_\_\_ of Tammy Faye," movie 62. Uncommon 20. Corpulent 63. Went down slippery

> 64. Cathode-ray tube 66. \*Merchant of Venice: But love is blind, and lovers cannot



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31. \*Hamlet: "To be, or not to be: \_\_\_\_\_ is the question" 32. Capital of Vietnam 33. Bar by estoppel 34. Indian restaurant

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# Leave No Trace

# Real Environmentalism in Action

Story and photos by Kristina Rogers

SACRAMENTO, CA (MPG) - On a chilly winter morning, I joined a crew of grassroots eco-activists from the River City Waterway Alliance (a.k.a. RCWA) at Cal Expo entrance 12. Dressed in sturdy gear, friends chatted over coffee and donuts. We gathered to hear team lead David Ingram give an overview of the day's work and then trekked the pathway to the riverbank with carts of buckets, grabbers, and trash bags.

Wayne Watts, a longtime Sacramento resident, told me he's been cleaning up this part of the American River Parkway since 1985. "I've got grandkids and great-grandkids and want them to have a place to go." Watts explained, "We've had these camps for generations, but COVID made it worse. Pandemic health restrictions allowed illegal campers to be left alone, and camps grew. We are working to get where Mother Nature can heal itself again."

Off the path, we were greeted with muddy rubbish hanging from brush due to seasonal rains and flooding. Margarita Chavez stepped into a thorny bush to pull out discarded blankets and clothing. Chavez is a well-known trash dash warrior. Her twin sister Myrna Gonzales was there to help, too. The twins proudly shared they'll celebrate a 70th birthday soon, yet you'd never know from their energy level. The sisters say this volunteer work keeps them young.

Meanwhile, Watts found a small propane canister: "These are used to cook and other things. People toss 'em when



Myrna Gonzales shows off the day's work.

empty. If there's a fire, they burn hot and explode like shrapnel. They are dangerous to firefighters, so we try to pull them out as fast as possible."

Discarded illegal camping items harm the environment and animals. Heavy layers of tarps, tents, and blankets choke streams. Plastic containers, bike parts, and broken glass disrupt wildlife's nesting spots. Needles, batteries, abandoned prescription drugs, and used wipes taint the soil. It should concern every Sierra Club member and climate change activist who understand when exiting a natural space, you are to leave

To naysayers who ask why

again, Ingram and his friends have an answer. "Why brush your teeth or take a shower when you will just get dirty again? Every piece of trash removed will never return to that waterway. If we do nothing, it will get worse."

In 2023, the River City Waterway Alliance removed 1,134,313 pounds of trash from our natural spaces. This includes 441 shopping carts, 23,819 batteries, and 9,485 needles. In addition, when they deep clean an area, it becomes "RCWA Clean" and is maintained by volunteers and parks. Now, that's sustainability.

Clean up events are frequent at Arcade Creek, American clean up when it will get trashed River, Steelhead Creek, Bannon Island, and the Sacramento River. The group has over 223 videos on their YouTube channel. It's fascinating to see the creativity they use to get to the garbage along difficult riverbanks.

David Ingram, along with RCWA co-founders, Kathleen Ford, Lisa Sanchez, and Mark Baker, are active leaders collaborating with the county. Sacramento County Parks Department helps haul the garbage out once it's in a pile. They've also advocated for more funding. Sanchez assisted in getting county parks a budget increase, paying for new equipment and a few new maintenance workers. City council members are starting to step up

too. Lisa Kaplan (District 1) and Karina Talamantes (District 2) have been hosting RCWA events in their areas.

Back at the clean-up site, my arms were tiring, and the "almost 70" twins were running circles around me. I'm thinking about attending more RCWA events and giving up my gym pass! Meanwhile, a volunteer hit the jackpot and found a "landfill" left by campers. It's a deep garbage hole hidden under the dirt and contains years of garbage. Another volunteer is putting discarded needles and batteries in a special bucket. I asked Kathleen Ford about the more unusual items they stumbled upon. "We find all manner of things. Old vintage Coke bottles, beer cans with pull tabs, and blow-up dolls. We see a surprising amount of fake money, like movie prop money. And believe it or not, lots of vacuum cleaners and lawnmowers." Once, they even found a 1960s salon-style hair dryer.

Incredibly, this spot is right next to the bustling Arden shopping area. Most folks don't know how close they are to a beautiful outdoor space. I certainly didn't. That may be why it's a haven for illegal campers. Close to society, yet so far away. But for the wildlife, it's their haven too. And the natural world needs our help.

The River City Waterway Alliance challenges Sacramento's local groups, climate change activists and environmentalists to join them and make a sustainable difference!

People can visit the Facebook page for River City Waterway Alliance to find clean-up events and extra information.

# **Deadline For Admission Applications Extended at Sacramento State**

Sacramento State News Release

SACRAMENTO, CA (MPG) - Sacramento State remains committed to ensuring accessibility and inclusivity, and to providing equal opportunities for all qualified individuals seeking access to higher education. To support these ideals, we are extending the Fall 2024 admission application deadline for non-impacted undergraduate programs to May 1. The deadline for admitted students to submit their intent to register for the fall semester has been extended to June 1.

With the significant Department of Education delays in processing the 2024-25 FAFSA, we want to ensure that students and their families have enough time to accurately complete their FAFSA applications. In addition, Sacramento State has launched two first-in-the-nation programs, the Black Honors College and Combat U,

that are providing current students, incoming students, and prospective students with unique learning opportunities they won't receive anywhere else.

Sacramento State has bold new enrollment goals focused on increasing enrollment and graduation rates for former foster youth, community college transfer students, Native American and Indigenous students, and our out-of-state and international students. Extending our admission application deadline will provide time for students to learn more about financial aid packages, as well as new and existing

We continue to engage with incoming and prospective students and invite interested individuals to join our hive. We encourage you to spread the word about the May 1 admission application extension, and the April 2 FAFSA deadline.

# February New Home Sales Were the Best in Region for Month Since 2005

North State Building Industry **Association News Release** 

SACRAMENTO REGION, CA (MPG) -Sacramento-area new home sales continued at a fast pace in February as area homebuilders recorded the region's highest February sales totals since 2005, the North State Building Industry Association reported today.

BIA members sold 762 homes during the month, the best February sales volume since 2005 when 908 homes were sold during the height of the housing boom. The average sales total for the month is 504.

February's sales were up 31% from January and 37% from February 2023. During the first two months of the year, 1,342 homes have sold – 28% higher than last year's total for the same period.

Chris Norem, the BIA's political director and senior policy advisor, said the continued strong demand was fueled by the benefits of new homes, the fact relatively few existing homes are on the market and gradually decreasing mortgage interest rates. He added the scarcity of existing homes for sale is likely to continue.

"The latest inflation report actually ticked upward, which will likely cause the Federal Reserve to hold off on interest rate cuts," Norem said. "That will likely mean that the number of existing homes on the market will continue to be well below normal, making the availability of new homes a great choice for prospective homebuyers."

As usual, the most sales took place in Roseville with 184, followed by Elk Grove, Sacramento, Folsom and Rancho Cordova. (See charts below.) The BIA's sales figures cover 190 active new home communities in Sacramento, Placer, Yolo, Yuba, El Dorado, Amador and Sutter counties.

# **Protecting Yourself from EBT Theft**

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - California has been experiencing an increase in the occurrence of Electronic Benefits Transfer (EBT) theft. The California Department of Social Services (CDSS) is providing security tips and information on how to protect your benefits that can be found on their website at www.cdss.ca.gov in English and Spanish.

### **How EBT Theft Occurs**

EBT Skimming occurs when a thief places a device on a retailer's card-swiping machine to copy your EBT card information so they can steal your EBT benefits.

EBT Scamming occurs when a thief deceives you into giving out your personal information so they can steal your EBT benefits. Personal information includes your EBT card number, EBT PIN number, social security number, or bank information.

### **How to Protect Your** Benefits with ebtEDGE

A new mobile app and web-based portal called ebtEDGE provides new features for EBT cardholders in California, allowing them to better protect their CalFresh and CalWORKs benefits. Features include

freezing and unfreezing your account, monitoring transactions for suspicious activity, blocking online and out-of-state transactions, changing your pin, and more. The free app is available for download in the Apple App store and Google Play store. Webbased access is available at www.ebt.ca.gov/

### **How to Report EBT Theft**

If you think your benefits may have been stolen, you should immediately call the customer service telephone number on the back of your EBT card, 877-328-9677, and the Sacramento County office at 1-800-560-0976.

In addition to calling to report EBT theft, you must turn in a completed EBT 2259 form to the nearest Sacramento County office within 90 calendar days from the date of the theft. You can find the forms and more details online at ha.saccounty.gov/benefits/ Pages/EBTCashBenefits.aspx. The county will investigate and process the claim within

10 business days. To learn more about how to protect yourself from EBT theft, visit www.cdss.ca.gov or view the CDSS "Watch Out for EBT

Scams" videos in English or Spanish.



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### MARCH 29, 2024

# Five Tips to Help Safely View the Upcoming Solar Eclipse

this spectacle. Looking at a

solar eclipse without proper

protection may cause serious

eye damage, including blurry

vision that can last months,

or even permanent problems

Prevent Blindness, the

nation's leading volunteer

eye health and safety orga-

nization, has been spreading

awareness since 1908 about

preventing blindness. Below

are five tips from Prevent

Blindness to help safely

Get protected. It is unsafe

to look directly at the sun at

any time and during a partial

or total solar eclipse, other

than if you are in the path of

totality during the brief total

phase. Proper eclipse view-

ing glasses, which are heavily

tinted – much more so than

regular sunglasses - can

enable you to see the moon

track across the orb of the sun

until it creates a total eclipse,

Avoid fakes. Use certi-

fied solar eclipse glasses,

specifically ones that have

been reviewed by the

revealing the sun's corona.

view the solar eclipse:

such as "eclipse blindness."



Glasses are essential when watching a solar eclipse. Photo by

By Dr. Premilla Banwait. Vice President of Clinical Programs, UnitedHealthcare

### SACRAMENTO, CA (MPG) -For people in Sacramento and hundreds of millions more nationwide, the upcoming solar eclipse offers a great opportunity to view a rare celestial event.

A solar eclipse occurs when the moon blocks any part of the sun. On April 8, virtually everyone across the country will have the chance (weather permitting) to see at least a partial solar eclipse, while over 31 million people in a narrow path from Texas to Maine will have the opportunity to witness a total solar eclipse. In Sacramento, the eclipse coverage will reach a maximum of 34.3% at approximately 11:15:59 AM PDT.

While the solar eclipse is a fun and educational opportunity for everyone, there are precautions you should take to help maintain your eye health while safely viewing

International Organization for Standardization and look out for fake viewers that may be sold. A list of vendors that sell certified solar eclipse glasses is available here. And make sure to read and follow any instructions packaged with or printed on the glasses.

Don't add other devices. Even while wearing approved solar eclipse glasses, it's important not to look at the sun through a camera, telescope, binoculars, or any other optical device. Doing so may concentrate the solar rays and damage the filter, enter your eyes, and potentially cause serious injury.

Use caution during the moment of totality. If you are planning to watch the eclipse from along the 13-state path of totality, eclipse glasses should be worn during the entirety of the partial eclipse phase and may only be removed once the moon completely blocks the sun. Once the sun reappears, glasses should be replaced.

Consider a comprehensive eve exam. If you or a loved one experience eye discomfort or vision problems following the solar eclipse, visit a local eye care professional for a comprehensive exam. Importantly, comprehensive eye exams may also identify vision problems while helping with the potential detection of other health issues, including diabetes, heart disease and some types of cancer.

The upcoming solar eclipse can be a fun and educational opportunity, provided you take the necessary precautions to protect your eye health.

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