



The A's are Coming to Town
PAGE 2

West Coast Sourdough Construction Resumes
PAGE 3



Citrus Heights Messenger

VOLUME 14 • ISSUE 15 *Serving the City of Citrus Heights & Sacramento County* APRIL 12, 2024

SEE INSIDE

SOCIAL WORKER SAVES LIFE



PAGE 4

SPENDING MORE ON SCHOOLS WITH THE NEEDIEST KIDS



PAGE 11

INSPECTOR GENERAL SELECTED



PAGE 12

Celebrate Earth Day by Volunteering



Teamwork makes the dream work, especially when it comes to Earth Day. Photo courtesy of the City of Citrus Heights

By Annie Kerr

CITRUS HEIGHTS, CA (MPG) - Earth Day is held annually on April 22 and celebrates the Earth and all that we can do to help protect our planet. Events are held throughout the country during April to celebrate and help the environment.

This year, City of Citrus Heights officials invite residents to help care for our Earth at two volunteer outings.

“Our community has a strong desire to give back to their city. By chipping-in and volunteering, residents not only help beautify the city but also connect with



Volunteers help out at an event at City Hall in October 2023. Photo courtesy of the City of Citrus Heights

neighbors and build relationships with City officials and community partners,” says Marisa Brown, Citrus Heights Communications Officer.

The first event is Chip-In Day: Creek Clean-Up from 8:30 to 11:30 a.m. on Saturday, April 20 at the Stock Ranch Nature Preserve/Arcade Creek at 7000 Auburn Blvd. Everyone will gather behind Costco, also at 7000 Auburn Blvd. Volunteers must wear appropriate footwear and bring gloves and a water bottle. Bags and some grabbers will be provided. Volunteers of all

Continued on page 3

California Launches Youth Suicide Prevention Campaign

MPG Staff

SACRAMENTO REGION (MPG) - Suicide was the second leading cause of death among youth ages 10 to 25 years in California between 2018 and 2022, with youth ages 10 to 18 experiencing a more than 20% increase in suicide rates from 2019 to 2020 according to the California Department of Public Health.

“Young Californians are facing a mental health crisis like never before,” said California Department of Public Health Director and State Public Health Officer, Dr. Tomás J. Aragón. “While this crisis has been growing for years, the pandemic put a spotlight on the issue, especially those in marginalized and underserved communities. This ‘Never a Bother’ campaign directly addresses this crisis with education, tools and resources informed and co-created by diverse young people across the state.”

The California Department of Public Health stresses that suicide prevention can only be effective when everyone is part of the solution. That includes learning how to support yourself, a friend or a youth in your care before, during and after a crisis; telling a friend or youth in your care that they are never a bother; and encouraging them to reach out for help when needed.

The California Department of Public Health (CDPH) recently launched the “Never a Bother” campaign, a youth suicide-prevention public awareness and outreach campaign for youth, young adults, parents, caregivers and allies.

The campaign to address youth suicide incorporates input from more than 400 Californian youth, and 34 youth-serving community-based organizations and tribal entities with oversight by the state Department of Public Health’s Office of Suicide Prevention.

California is investing \$4.7 billion so every California up to 25 years old has increased access to mental health and substance use supports. The Never a Bother youth suicide-prevention campaign is a major component of this investment in California’s youth, according to the public health department.

Continued on page 4

Join Arcade Cripple Creek Trail Opening

City of Citrus Heights News Release

CITRUS HEIGHTS, CA (MPG) - The City of Citrus Heights is excited to welcome community members and neighbors to Trailblaze: a grand opening celebration of the Arcade Cripple Creek Trail.

On May 5, residents, community members and visiting guests are invited to explore the trail on their own adventure. The event will consist of two parts; attend one or both.

Join city representatives and trail partners for a ribbon-cutting ceremony and community walk to kick off the grand opening at 9:30 a.m. May 5. There will be a short ceremony and ribbon-cutting presentation, and then all guests will be invited to walk 1.6 miles of the trail to the celebration at C-Bar-C Park. The walk is expected to take approximately 30 minutes. Guests can walk, bike or run the distance. A shuttle will be



As the weather warms, the Arcade Cripple Creek Trail is sure to flourish. Photo courtesy of the City of Citrus Heights

provided at C-Bar-C Park for guests who attend the ribbon-cutting ceremony and community walk.

The 9:30 a.m. starting location is at Tempo Park, 13125 Fair Oaks Blvd. in Citrus Heights. The ending location is C-Bar-C Park, 8275 Oak Ave, Citrus

Heights (a shuttle will be provided for those who leave cars at Tempo Park)

The trail-opening community celebration at 10:30 a.m. May 5 includes food trucks and activities for the whole family. The Arcade Cripple Creek Trail has many connecting points to

visit; take a short 15-minute trail walk from C-Bar-C Park to a bridge along the trail. This is a great option for families and children.

The celebration ends at 1 p.m. For more information, call 916-725-2448 or visit www.citrusheights.net. ★



Scan our QR Code for a direct link to our online edition!

PRESORTED STD.
US POSTAGE
PAID
PERMIT 350
Carmichael, CA
OR CURRENT
POSTAL CUSTOMER

The A's are Coming to Town

By Angela Underwood

WEST SACRAMENTO, CA (MPG) - The Oakland Athletics have changed their dugout location and it's at 400 Ballpark Drive, West Sacramento.

Known as the A's, the Major League Baseball team will call Sutter Health Park home for the next three seasons in West Sacramento before moving into a new stadium on the Las Vegas Strip in 2028. The A's are moving, following failed negotiations with the City of Oakland about a new lease for the coliseum there.

"The A's look forward to making Sutter Health Park their home for the next three years through the move to Las Vegas," an Oakland Athletics spokesperson told the West Sacramento News Ledger on April 5.

The home of the West Sacramento River Cats will become the interim venue for the A's, beginning with the 2025 Major League Baseball season. Mayor and Chair of the Financing Authority Martha Guerrero shared her excitement over the partnership.

"We're delighted to welcome the Oakland A's and Major League Baseball to West Sacramento," said Mayor Guerrero. "This is a great honor, and we're looking forward to hosting visiting MLB teams and fans from throughout the region at our beautiful ballpark along the Sacramento River."

As a former affiliate of the A's, "there are many shared connections with the River Cats, its players and the wonderful fan base in West Sacramento," according to the Oakland Athletics spokesperson, who added, "The A's extend their appreciation to the Kings and the City of West Sacramento for hosting the A's."

West Sacramento City



Here is the Sutter Health Park entrance, which will welcome thousands of Oakland A's fans now that the Major League Baseball team will call West Sacramento home temporarily. Photo courtesy of West Sacramento

Manager Aaron Laurel said West Sacramento is ready for the professional baseball team, noting that Sutter Health Park's location offers stunning views of Tower Bridge and downtown Sacramento.

"As the City of West Sacramento prepares to welcome the A's, excitement is building among residents and businesses alike," Laurel said.

According to Laurel, the beer garden Drake's BARN and the French-inspired wine

bar Franquette across the street from the stadium are two businesses that will benefit from the A's new location.

"There are also several other restaurants along West Sacramento's Third Street corridor within walking distance of the ballpark," Laurel said. "Together, with our neighbors across the river in Sacramento, there will be no shortage of amenities available to A's fans and those from visiting teams."

Yolo County Supervisor

Oscar Villegas, who governs the Sutter Health Park region and serves with Mayor Guerrero on the Financing Authority board, said he is proud to support the temporary relocation of "this fantastic franchise" to West Sacramento.

"Hosting the Athletics in Yolo County represents a significant opportunity for economic growth and community enrichment," Villegas said. "I am confident that this will foster a profound sense

of community among our residents."

Residents now have two mascots to be proud of, with A's mascot, Stomper, joining Dinger and Sacramento River Cat's mascot. The A's have captured nine World Series titles, including four since moving to Oakland in 1968.

"We're prepared to accommodate the A's and the River Cats to ensure a seamless transition for both teams and their fans," Laurel said. ★



Celebrate with us with 1 month rent credit!*



Offering AWARD-WINNING Independent and Assisted Living!

Cogir of Stock Ranch is proud to announce our 2024 Best of Senior Living All Star Award.

Experience the difference with an exclusive tour.



CALL DALE MASTERS AT (916) 603-2930

West Coast Sourdough Construction Resumes



Here is how the West Coast Sourdough interior is expected to look. Photo courtesy of West Coast Sourdough

By Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - Last July, San Francisco-based West Coast Sourdough announced plans to open a new 2,400-square-foot sandwich restaurant in Citrus Heights at 6920 Auburn Blvd., Suite 150 in Stock Ranch located across from an Applebee's restaurant by fall 2023.

That intended opening date failed to "rise" as the construction of other locations by the company took priority.

"West Coast Sourdough has opened over 10 new stores in California in the last six months, including locations in the Roseville Galleria, Placerville, Sacramento, Elk Grove and Folsom," said Karndee (Kay) Uppal, president of West Coast Sourdough in a telephone interview.

"Construction work at the Citrus Heights location has since resumed and we're now looking for a June opening date," Uppal said.

In 2023, West Coast Sourdough signed a lease for a 2,400-square-foot end space where other nearby tenants include Crumbl Cookies and Sport Clips, a hair styling salon. The plaza also includes Costco and a Walmart Superstore.

West Coast Sourdough, founded in 2020, serves sandwiches, soups and salads. Uppal said the franchise operates 31 sites throughout California and is expected to grow to 40 locations by the end of the year.

"The start of construction for the Citrus Heights store was caused by a mix of

factors and we did experience delays through the construction permit process, as we are often at the mercy of the involved architects, plan reviewers and engineers involved in the process. It's also how the construction pipeline of our new stores fell," Uppal said.

"Some of our new stores are located as far south as San Diego, so many the various West Coast Sourdough corporate-approved construction crews have had limited availability to start their work," Uppal said.

In an earlier interview, Uppal said the Citrus Heights space is about twice the size of a typical store. The company struck a partnership in 2023 with Peet's Coffee, based in Berkeley, to sell its coffee and coffee-style beverages in all its new locations, including Citrus Heights.

The Citrus Heights store's intended floor plan hasn't changed since it was first announced but some new interior design changes are being incorporated, Uppal said.

The combo of sandwiches and Peet's Coffee is likely to be a consistent part of West Coast Sourdough's business model as it continues to look to future expansion in California. The decision to include Peet's Coffee will depend upon each future location's available space, Uppal said.

In the coming months, West Coast Sourdough expects to hire between 15 and 20 team members, which will be a mix of full- and part-time members. Sandwich makers will probably eventually be cross trained as coffee baristas, Uppal said. ★

Celebrate Earth Day by Volunteering



Young volunteers make a difference in October 2023. Photo courtesy of the City of Citrus Heights

Continued from page 1
ages are invited.

The next event is Chip-In Day: Community Center from 7 a.m. to noon on April 22 (Earth Day). Volunteers will meet at the Citrus Heights Community Center, 6300 Fountain Square Drive. Volunteers will help provide drought-friendly solutions at the Community Center by spreading 30 yards of bark, filling sandbags and planting three crepe myrtle trees. Please wear appropriate shoes, bring gloves and a water bottle. Volunteers of all

ages are welcome at this event, as well.

Volunteers will also assist in revitalizing the Citrus Heights Community Center and adding compost to the soil, which is known to improve plant growth and health.

Volunteers will be fed a pizza lunch on April 22 in thanks for chipping in. You can sign up for these events via the Citrus Heights Volunteer Hub on the city's website at https://www.citrusheightsvolunteers.net/agency/detail/?agency_id=156411. ★

FOLLOW US
for Local News and much more!

Messenger Publishing Group

Facebook: @MPG8dotcom

Got Haz Wastes?



Properly Dispose of Your Household Hazardous Wastes (HHW)

HHW can be a danger to humans, pets, and our environment. Learn how you can help keep Citrus Heights safe and clean by properly disposing of HHW — for **FREE!**

WHAT IS HHW?

HHW is the leftover portion of household products that contain toxic chemicals, such as paint, cleaners, and products with warning labels. These wastes **CANNOT** be disposed of in your regular garbage.

HOW SHOULD I DISPOSE OF HHW?

Residents can drop-off their HHW at this location for **FREE:**

North Area Recovery Station (NARS)

HHW Facility
4450 Roseville Road
North Highlands

Open Tu-Th-Fr-Sat 8:30 am – 4 pm
(916) 875-5555

Visit the site for a list of acceptable items and other important information.

www.CitrusHeightsRecycles.com

Get the Citrus Heights Recycles App

What to recycle...when to recycle... and more!



Download on the
App Store

GET IT ON
Google Play

powered by **ReCollect**

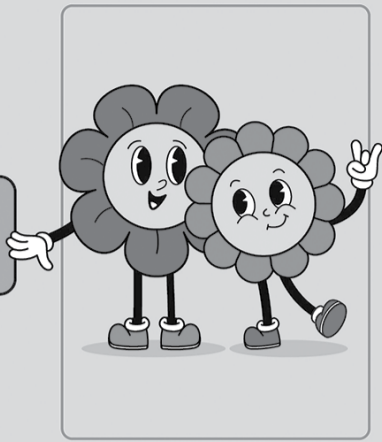
CITRUS HEIGHTS
Solid roots. New growth.

Funded By
CalRecycle

California Launches New Youth Suicide Prevention Campaign

Learn how to help yourself or a friend.

NeveraBother.org



© 2023 California Department of Public Health. Funded under contract # 22-10946



Get Weller Sooner

You are feeling under the weather. You just know you are going to get sick. Can you really talk yourself out of being sick? **Stan Munslow** says you can, and he has twelve powerful ways you can enhance professional care and feel better faster. And here's an even better result. You can do it with less pain and less time with less time in the hospital. It can lower your costs and so much more. That's why he authored **"Get Weller Sooner"** to help make things better in your life. And what I loved when I interviewed Stan is that it starts with you and ends with you, with tools that are not out of your reach. Here is the abbreviated version of what you will learn in **Stan's** book. It doesn't seem too difficult. What do you think?

- 1. THE MIND-BODY CONNECTION.** Because everything is made of energy, and energy is made from awareness, your thoughts have a powerful effect on the very energy that makes up your body. You are as healthy or unhealthy as you think.
- 2. POSITIVE THINKING.** Since your thinking strongly influences your body, including its ability to heal, keeping your thoughts regarding your condition totally positive is vital.
- 3. POSITIVE EXPECTATION.** Your expectations impact your health to such a high degree. They drive virtually every medial outcome.
- 4. INNER STRGNGTH.** You need inner strength to overcome any medical challenge. Know that it is something that resides in everyone. Simply call upon your God-given reserves of inner strength and it's yours.

- 5. BE THE PERFECT PATIENT.** Be the perfect patient who is pleasant to everyone involved in your care and follow directives. It surrounds you in good karma.
 - 6. LAUGHTER.** Laughter has been proven to powerfully aid in healing. Laugh yourself to a speedier recovery.
 - 7. MUSIC.** Music's proven power to heal has been utilized for millennia. Classical music for maximum benefit. Don't rock your boat!
 - 8. AFFIRMATION.** Repeating positive statements about an outcome is used by greats in all fields. But, as well as they work in outside matters, such as building wealth, they are even more effective in improving the goings-on inside your body.
 - 9. NUTRITION.** You are what you eat. Every cell in your body is something you ate within the past seven years. Eat only healthy food while recovering.
 - 10. MEDICINE.** Like placebos, real medicines work to the extent that you believe in them. Expect the best from your medication.
 - 11. PRAYER.** Prayer works and has been proven to work in over 1200 scientific studies. Embrace it. Put together a prayer group to pray for your healing every day.
 - 12. LOVE.** Love is everything. Love is all powerful. A loving spirit is a healing spirit. To love much is to live well and be well.
- So keep these tools at your fingertips, but I do hope you won't need them and you will stay healthy. Dream on, right? **"Get Weller Sooner"** could make a BIG difference in your life. ★

KEEP ON KEEPIN' ON!



SEASON 28 FINALE

SACRAMENTO CHORAL SOCIETY & ORCHESTRA

Donald Kendrick Artistic Director

Rodgers & Hammerstein Celebration

SATURDAY | MAY 4 | 3PM

Experience a delightful afternoon of classic songs from *Oklahoma*, *Carousel*, *The Sound of Music*, *The King and I*, *South Pacific* and more.

Broadway's Dynamic Duo

Jana McIntyre, Soprano
 Krista Wigle, Mezzo
 Sam Faustine, Tenor
 Jerry Lee, Baritone

McIntyre Wigle Faustine Lee

SAFE Credit Union Performing Arts Center
 1301 L STREET, SACRAMENTO

Box Office | Tues - Fri 10am-4pm | 916.808.5181
 or Ticketmaster.com

SACRAMENTOCHORAL.ORG

Continued from page 1

While suicide is a risk within every population, according to the "Never a Bother" campaign, certain factors can overlap with others to increase this risk, due to heightened levels of adversity, negative social conditions, and/or decreases in protective factors. Those factors include youth who are American Indian/Alaskan Native, Hispanic/Latinx and African-American/Black; live in rural communities; experience mental health challenges; and/or are impacted by the foster care system.

The "Never a Bother" campaign resonates with youth, according to the Department of Public Health, as it

validates their feelings of not wanting to be a burden to others. It speaks to their need to know that they are never a bother, that no problem is too small and that it is important to check in with one another before, during and after a crisis.

According to the "Never a Bother" campaign: "If you are experiencing thoughts of suicide, you are not alone. Call or text 988 to reach the Suicide & Crisis Lifeline. Trained professionals can reconnect you with your reasons to keep going and show you ways to cope with difficult days.

Support and coping resources are at NeveraBother.org. ★

Social Worker Saves Child's Life

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - For social workers with Sacramento County Child Protective Services, quick actions can sometimes be the difference between life and death. That was the case during a recent emergency call for Renee, a Sacramento County social worker. When a mother told Renee that her one-year-old child was not breathing, Renee jumped into action and called 911. In the emergency, Renee realized she had to take immediate steps. She pushed on the child's stomach to clear their airway, restoring the child's breathing.



Renee, the social worker who saved a child's life. Photo courtesy of Sacramento County

the recognition, but to help make a difference in her community.

"What brings me the most joy in my career is when a family reaches out and shares how my work has helped to improve their lives and their children's lives or a client makes an effort to thank me for my work years later," says Renee.

Renee is an Emergency Response Social Worker for the Department of Child, Family, and Adult Services (DCFAS) and she has worked for the department for about 17 years. In her role, she focuses on improving child safety and reducing

risks in the communities she serves. Beyond her heroic actions during emergencies, Renee's daily work involves advocating for families, conducting thorough assessments, and collaborating with various agencies to ensure comprehensive support for children and caregivers.

Renee's hard work and dedication to DCFAS are just one shining example of how social workers make a positive difference in families' lives. DCFAS leadership thanks Renee for her compassion and continued work in keeping kids safe. ★

LOCAL ARREST RECORDS

CRIME SCENE DO NOT CROSS

Find out what's happening in your local area at...

CITRUSHEIGHTSMESSENGER.COM

ARREST LOGS UPDATED DAILY

Dave Ramsey Says

you're playing with fire if you take him up on the offer.

I assume your father-in-law is doing pretty well financially, since he can afford to make this offer. But the downside is just too risky. If I were him, I might offer to pay off the mortgage as a gift to my daughter and son-in-law. But a loan? No way. There are no strings attached to a gift that comes from the heart.

Don't get me wrong, Seth. I'm not bad-mouthing your father-in-law. What he's making is a very generous offer, and it's an incredibly nice thing to do. But in my mind, a very important consideration is being left out of the equation, and it's a spiritual issue. The borrower is always slave to the lender. Always. And sadly enough, nowhere is that more true than within a family.

Accepting this offer could bring instant discomfort into the relationship for you and your wife. This money situation is likely to hang over things like a dark cloud. Thanksgiving, Christmas and other special occasions will feel different—and kind of weird—when you're suddenly celebrating with your mortgage lender instead of just good, old dad.

Even if you come from a reasonable, stable family, and it sounds to me like your in-laws are very good-hearted folks, this debt will always be in the back of your mind. But if you're involved with a dysfunctional or controlling family, that tension is going to be right there—constantly. I'd thank your father-in-law for his generosity and for the offer. But in my mind, it's just not worth the risk.

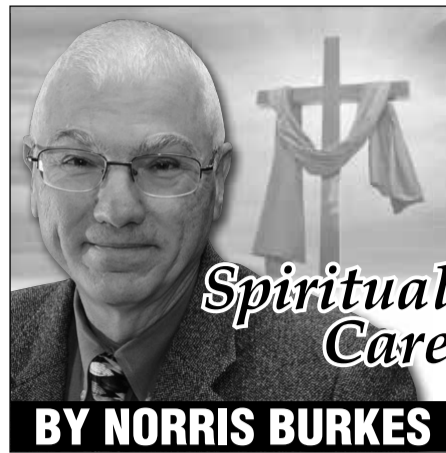
— Dave

Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions ★

— Dave

— Dave

Don't Gamble with Faith



hoping to come up with a win.

Still others rely on some lucky combination that their grandfather passed along to them. "My granddaddy prayed for my grandmother inside that church, and she was healed, so I guess it's a winner."

Yet, still others rely on the big-spin approach and take the one they land on. Others see faith like picking the right card out of a newly shuffled deck.

And some play faith the way they play a bluffing poker hand, refusing to let anyone see the cards of doubt they hold.

The problem with these approaches is they produce a routine of losing, much like those who return each night to the same casino only to lose again.

The faith choice made with these methods usually ends up discarded, much like a Lotto ticket on a gas-station driveway.

Faith has little to do with winning or losing. Faith is too important to treat with the same glibness we use to choose our winning numbers. Perhaps it's more about investing in who we are, not about gambling on what we never had.

Maybe faith comes about when we invest in the search. We find it inspired by the conversations, the discussions, the questions, and the debates that we have with others. In fact, I believe God prefers honest "searchers" or "questioners," even when they challenge him directly, even when they are unflattering.

Jesus suggested faith might well be something compared to a mustard seed. A mustard seed is the tiniest of seeds, yet in ratio, it grows into one of the biggest plants. Faith starts from the smallest beginnings in the hearts of people and produces not a personal profit, but a powerful and personal transformation.

Well, all this talk about winning the lottery made me wonder what might happen if I actually bought a ticket. I mean, if I ever bought just one, what might happen?

I may never know. But if you do happen to win with my divine numbers, please remember my favorite charity – Chispa Project. I think it's fair to say that any gift can be an investment in faith. ★

I'm not sure you played the Powerball this month, but the jackpot will skyrocket past \$1 billion if no one wins,

I know the odds are terribly impossible, but maybe Chaplain Norris's winning numbers can help you win that jackpot.

That's right. Today I will reveal my divinely inspired numbers.

Well, the "divine" claim is probably an overreach, but I do know that if you pick numbers above 31, you're likely to be the sole winner. That's because most people choose their birth dates.

So with that in mind, can I get a drum roll?

Chaplain Norris's winning numbers are 35-40-45-50-55-60. Bonus number 65.

Yup, I know choosing numbers in multiples of five may seem whacky, but statistics suggest that the odds never change no matter how many times you play or what numbers you choose. Your winning odds are similar to getting struck by lightning on your birthday two years in a row.

Truthfully, you really shouldn't take gambling advice from a chaplain. Unless it's "Don't gamble!"

But the whole lotto game provides some analogy for the way folks choose the right kind of faith.

Why is it that we sometimes think faith is all about luck?

We seek out the nearest weeping statue and drive hundreds of miles to light a candle. We say a prayer and hope a god in a good mood hears it.

Sometimes we search for faith like we are playing scratch cards. We scratch at the deep questions of faith,



You're Playing with Fire

Dear Dave,

My wife and I owe about \$40,000 on our mortgage. My father-in-law, who is a very nice and generous man, said he wants to pay off the house for us, then let us pay him back over time. We've borrowed much smaller amounts of money from him in the past, and we were always able to repay it with no issues and no pressure. How do you feel about us taking him up on his offer?

— Seth

Dear Seth,

I understand you and your wife have been fortunate in these kinds of situations over the years. And I know your father-in-law would probably be a lot easier to work with than a mortgage company when it comes to the size and frequency of payments. But I still think

AMERICAN LEGION
POST 637 – CITRUS HEIGHTS, CA
 Are you or a member of your family a Veteran?
 We can help with any questions you may have about Veteran benefits. You can also become a member as easy as 1,2,3! - Contact us at **916-871-2184** or come to our meeting held the **3rd Tuesday of every month** at Citrus Heights City Hall starting at 6:00pm.
We look forward to serving you.

GRACE BAPTIST CHURCH
 Come and Experience God's Amazing Grace
 Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung. Grace Baptist still stands on the Principles, Doctrines and Separation, found and taught in The Bible.

SERVICE SCHEDULES
 Sunday Schools (All Ages).... 9:45 am
 Sunday Worship..... 11:00 am
 Sunday Evening..... 6:00 pm
 Wednesday Evening..... 7:00 pm

6724 Palm Avenue, Fair Oaks, CA 95628
 (Located one block South of Madison; just East of Dewey)
PASTOR CHARLES CARTER
 CALL FOR MORE INFORMATION (916) 967-3915 WWW.GBCFAIROAKS.NET

6.75%
 Initial APR
5 Year FIXED RATE
 CHECK THE EL DORADO ADVANTAGE:

- ✓ FIXED RATE for 5 Years
- ✓ Local Processing & Servicing
- ✓ No Closing Costs on Qualifying Transactions
- ✓ Flexibility and Convenience
- ✓ Have Funds Available for Current and Future Needs
- ✓ Home Improvement, Debt Consolidation, College Tuition
- ✓ Interest May be Tax Deductible (Please consult your tax advisor)

EL DORADO SAVINGS BANK
 Serving our local communities for over 65 years

www.eldoradosavingsbank.com
CITRUS HEIGHTS • 7895 Lichen Drive • 916-729-1100
800-874-9779 **Se Habla Español**

The initial Annual Percentage Rate (APR) is currently 6.75% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for repayment period is 7.75%. The maximum APR that can apply any time during your HELOC is 15%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$200,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed \$300,000, have a total maximum Loan to Value (LTV) of 65% and may not be a revolving line of credit. Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A \$525 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$85 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.

Citrus Heights Messenger
 Serving Citrus Heights and Sacramento County Since 2006

It is the intent of the *Citrus Heights Messenger* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Citrus Heights Messenger* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Citrus Heights Messenger* are copyrighted. Ownership of all advertising created and/or composed by the *Citrus Heights Messenger* is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to:
Citrus Heights Messenger,
 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608.
 Subscription rate is \$52 per year in Citrus Heights.
 \$62 within Sacramento County.

Citrus Heights Messenger is published weekly.
 Call (916) 773-1111 for more information.

Publisher, Paul V. Scholl
Citrus Heights Messenger is a member of **Messenger Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com.
Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

We are proud members of these newspaper associations.

Protect and Heal your whole family with Affordable Chiropractic Memberships

All-inclusive monthly memberships from \$35-\$55 per visit. CALL or TEXT us today!

- Affordable memberships - plan for your health
- All inclusive - services and therapies
- Relieves pain from head/back/neck/sciatica
- Improves mobility, maintains flexibility
- Family owned and operated
- 20+ years experience serving the community

AMERICAN RIVER CHIROPRACTIC
 2280 Vehicle Drive, Suite 110 Rancho Cordova, CA 95670
916-776-6362
americanriverchiropractic.com
CALL or TEXT today!

Social Security Matters

When Should My Wife Claim Her Social Security Benefit?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I just saw an article which said that certain spousal options were going away, but there are still good options for when a spouse can claim. I am filing for my Social Security to start in October when I turn 70. My wife's full retirement age (FRA) is in December, and she now plans to file then for half of what my FRA benefit would have been (our original plan was for both to file in August). My wife's main reason for delaying until her FRA is to lock her into my maximum benefit if she has to someday change to Survivor's Benefit. Will this be gone for us? Neither of us was born before January 1, 1954. Please advise. **Signed: Planning for Both**

Dear Planning: I expect that the article you refer to was speaking of the option to claim only a spousal benefit first and allow one's personal SS retirement benefit to grow. That option

was available only to those who were born before 1954 and had reached full retirement age. As you now know that option is not available to you.

Assuming your wife's highest benefit entitlement will be as your spouse, your current strategy – you claim your maximum benefit to start in October at age 70 and your wife starts her benefit in December at her FRA – is a good one which will yield the maximum possible monthly benefit for both of you. But for clarity, your wife's survivor benefit as your widow has nothing to do with when she claims her spouse benefits now.

The only thing which will affect your wife's benefit as your surviving spouse is her age when she claims the survivor benefit. If she has already reached her FRA of 66 years and 8 months when you pass, she will get 100% of the amount you were receiving when you died, instead of the smaller spousal amount she was receiving while you were living. Her survivor benefit would only be less than 100% of yours if she claimed it before reaching her full retirement age (which, of course, we hope would not be the case).

Just so you have the complete picture, your wife could, if desired, claim her Social Security

to start at the same time as you in October but, since that would be earlier than her FRA, the amount she would get would be less than 50% of your FRA entitlement. Her spouse benefit would be reduced by 0.694% for each month earlier than her FRA it starts. For example, if your wife starts her spousal benefit in October when your benefit starts, she will get about 98.6% of the amount she would get if she waited until December to start her benefits. That's a permanent reduction, so if your wife's life expectancy is at least average (about 87), it's likely still wisest for her to wait until her FRA to start benefits. But in any case, when your wife claims her spousal benefit now will have no effect on the survivor benefit she will get as your future widow.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★



Dare to Live Without Limits

by Bryan Golden

Spirit



Great spirits have always encountered violent opposition from mediocre minds.

– Albert Einstein

You are a great spirit. You have goals, desires, and aspirations. When you share your plans for the future, are your ideas encouraged or opposed? If the people you speak with encourage you, you are in the minority. Unfortunately, it's more common to be denounced than praised.

But don't be deterred. The opposition you receive puts you in the company of some of the greatest minds the world has ever known. Your challenge is to stay on track without allowing others to derail you.

It's important not to allow others to extinguish your spirit with any adverse reaction. Constructive criticism is one thing, but that's not what you will typically be offered. Rather, people will line up to tell you why you will fail. If their intent were positive, they would make suggestions on how to succeed.

Your spirit needs to be fanned to make it strong. To do this, you have to seek out those who will encourage and help you along your journey. These people may be hard to find. If you don't personally know anyone, you will benefit from reading about people who have arrived at where you want to be.

Tune out all naysayers. There is no need to be rude. Just don't pay attention to their negative comments. You don't have to argue with them. You probably won't convince them anyway. It's not important they believe you. It is imperative that you don't listen to them.

The amount of resistance you receive will be proportional to how much you want to accomplish. The greater the goal, the louder the voices in opposition. One reason more people don't accomplish their goals is because they allow others to discourage them.

Your spirit helps drive you forward. Your spirit gives you the strength to get up should you trip and fall. Your spirit must be preserved as the great asset it is. In addition to protecting your spirit, you must recharge it on a regular basis.

Here are some things to think about to help you maintain your spirit.

- You are unique. There is no need to be someone else. It's ok to incorporate positive character traits you observe in others into your own character. But you will still be you. The more secure you are with yourself, the stronger will be your spirit.
- You don't need the approval of others. Although it's nice to get support from family and friends, it is certainly not essential for you to attain your dreams. Most people who accomplish their goals do so in spite of the attempts of others to discourage them.
- You don't need to impress anyone. Do what you need or want to do. Few people if any care about your opinions, so why should you be concerned with theirs. Besides, most people are so concerned with their own lives, they rarely pay attention to anyone else's.
- You have the power and ability to solve problems and overcome adversity. Regardless of what challenges you face, you can find a way to get past them. Tap into your spirit when you need strength.
- It's your life. Live it the way you want. Be considerate of others. Don't take any actions that cause harm to other people or yourself. Do what you can to help others. The best way to show others the power of their spirit is to maintain yours.

The greater your spirit, the more opposition you will experience. So, if people are lining up to tell you how wrong you are, you are on the right track.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. ©2024 Bryan Golden ★

WE SUPPORT FIRST RESPONDERS 

CALL A PRO BUSINESS DIRECTORY

SLS Superior Landscape Services
Landscaping and Maintenance

- Sprinkler Repair/Install • Pruning
- Mowing/Trimming • Fertilizing

Insured Lic#794551
(916) 728-5812 • Cell (916) 761-0999
Dave Cochran Owner • dave_SLS@surewest.net

A-1 AFFORDABLE ROOFING SERVICES, INC

- New Roofs • Certifications • Roof Repairs
- Dry Rot Repairs • Roof Inspections • Gutters

John Fleenor, Contractor
1741 L Street, Rio Linda, CA 95673
Cell: (916) 206-1613
Contractor Lic. #1064966

GREENWAY TREE SERVICE

Specializing in Expert Tree Pruning, Tree Removal & Stump Grinding

Free Estimates
Competative Prices
Licensed and Insured
(916) 224-9750

All American Pro Construction
Family-owned & operated.
We offer Veterans & Senior Discounts
Great Craftsmanship & Customer Service
Specializing in Kitchen & Bath Remodels, plus Much More
BIG or SMALL, We Do It All. Give Us a Call.
916-504-0188
CSLB# 1089369, Licensed, Bonded & Insured

Patch Masters Drywall
Acoustic Removal & Drywall Textures

- Acoustic (popcorn) ceiling removal
- Water damage & drywall repair
- Sheetrock installation
- Machine applied textures
- Hand applied texture
- Retexturing & Painting
- BBB Accredited

Mike Church
Owner
CA Lic# 1004984
Bonded & Insured
(916) 847-7783
PatchMastersDrywall@yahoo.com
www.DrywallPatchMasters.com

Rio Linda Eye Care

Laser Surgery • Eye Glasses • Contact Lenses
• Eyewear for Computer Users

Dr. William Fleischmann
(916) 991-8444
Saturday Appointments Available
6716 RIO LINDA BLVD., SUITE B, RIO LINDA

THE MASON MAN
LICENSE # 810329
VISUALIZE & CUSTOMIZE MASONRY / FENCING / CONCRETE
CALL FRED FRANKLIN - THE MASON MAN
916.826.9796
VCMASONRY@ICLOUD.COM

Just Send It Postal

justsendit11@yahoo.com
Phone: (916) 723-8855 • Fax: (916) 723-0208
Mon.-Fri. 10 - 5 Sat. & Sun. CLOSED
7250 Auburn Blvd. #C Citrus Heights, CA 95610
www.justsenditpostal.com

NOTARY * PRINTING * SHREDDING

RETIRED COUPLE
HAS \$1MIL TO LEND ON CA. REAL ESTATE*

V.I.P. TRUST DEED COMPANY
Buys T.D.s and Buys/Lends on Partial Interests

OVER 40 YEARS OF FAST FUNDING
Principal **(818) 248-0000** Broker
WWW.VIPLoan.COM *Sufficient equity required - no consumer loans

Real Estate License #01041073 CA Department of Real Estate, NMLS #339217
Private Party loans generally have higher interest rates, points & fees than conventional discount loans

DRAINS ONLY
THE DRAIN & SEWER CLEANING CO.

Charles Mitchell
916-868-5771
CMJR6348@GMAIL.COM
4 Picket Ct. Sacramento, CA 95823
SPB12018-00953

To ADVERTISE CALL
916.773.1111

TRACTOR SERVICE

- Mowing • Rototilling
- Discing • Scraper/Loader

Call
(916) 991-8431

Legal Advertising Hotline
916-483-2299
Legal Advertising Fax
916-773-2999

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 - September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 - March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 - March 21, 1988

Legal Advertising
7144 Fair Oaks Blvd #5
Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01464
Dominique Fairbank, 9029 Sutters Gold Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Gold Country Books/ Gold Country Books and More" 9029 Sutters Gold Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County February 27, 2024
Publish: March 22, 29, April 5, 12, 2024
GOLD 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01768
Arrow Drillers, 1850 Diesel Drive, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Arrow Construction" 1850 Diesel Drive, Sacramento, CA 95838. Filed with the Clerk of Sacramento County March 7, 2024
Publish: March 22, 29, April 5, 12, 2024
ARROW 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01395
Gerry Johnson, 2121 Natomas Crossing #200, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Tri-Star Real Estate Group/ Tri-Star Diversified" 4030 Truxel Road Suite D, Sacramento, CA 95834. Filed with the Clerk of Sacramento County February 23, 2024
Publish: March 22, 29, April 5, 12, 2024
TRI 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01575
Janai Lynne Vernott, 3225 Garfield Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Creative Klutz Studio" 3225 Garfield Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 1, 2024
Publish: March 22, 29, April 5, 12, 2024
CREATIVE 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01677
Laris Dzyuba, 7045 Patience Court, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Secure Notary Solutions" 7045 Patience Court, Sacramento, CA 95842. Filed with the Clerk of Sacramento County March 5, 2024
Publish: March 22, 29, April 5, 12, 2024
SECURE 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01409
Mario A Rupert and Gregory Rupert, 6454 Oakridge Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Hex & Cult" 6454 Oakridge Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County February 26, 2024
Publish: March 22, 29, April 5, 12, 2024
HEX 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01881
Wali Hassany, 1808 Richmond Street, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Aahoo Document Solutions" 2740 Fulton Avenue 101-16, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 11, 2024
Publish: March 22, 29, April 5, 12, 2024
AAHOO 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01800
Andrea Z Evans, PO Box 4145, Ketchum, ID 83340 is doing business under the Fictitious Business Name(s) "Philanthropy Consulting Group" 205 Raven Road A1-5, Ketchum, ID 83340. Filed with the Clerk of Sacramento County March 7, 2024
Publish: March 22, 29, April 5, 12, 2024
PHILANTHROPY 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01704
Karen Ortiz, 2335 33rd Street, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Own It Real Estate" 1610 R Street Suite 200, Sacramento, CA 95811. Filed with the Clerk of Sacramento County March 5, 2024
Publish: March 22, 29, April 5, 12, 2024
OWN 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01924
Lavender Nail Salon LLC, 1010A Florin Road, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Lavender Nail Salon" 1010A Florin Road, Sacramento, CA 95831. Filed with the Clerk of Sacramento County March 12, 2024
Publish: March 22, 29, April 5, 12, 2024
LAVENDER 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01805
Daniel W Todd, 2025 W El Camino Ace Apt 238, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Phantomice Interactive" 2025 W El Camino Ace Apt 238, Sacramento, CA 95833. Filed with the Clerk of Sacramento County March 7, 2024
Publish: March 22, 29, April 5, 12, 2024
PHANTOMICE 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01911
Xtelnetic LLC, 5252 Sunrise Boulevard Suite 4, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Netellix" 5252 Sunrise Boulevard Suite 4, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 12, 2024
Publish: March 22, 29, April 5, 12, 2024
NETELIX 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01912
Niello Performance Motors II Inc, 1481 River Park Drive, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Porsche Sacramento" 2200 Auburn Boulevard, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 12, 2024
Publish: March 22, 29, April 5, 12, 2024
PORSCHE 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01928
Gateway Foods LLC, 6 Kitaj Court, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Taqueria La Puerta" 4391 Gateway Park Boulevard Suite 650, Sacramento, CA 95834. Filed with the Clerk of Sacramento County March 12, 2024
Publish: March 22, 29, April 5, 12, 2024
TAQUERIA 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01656
California Auto House, Inc, 7333 Roseville Road #5, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "California Auto House, Inc" 8636 Antelope North Road BLDG C, Antelope, CA 95843. Filed with the Clerk of Sacramento County March 5, 2024
Publish: March 22, 29, April 5, 12, 2024
CALIFORNIA 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01530
National Vision, Inc., 2435 Commerce Avenue, Duluth, GA 30096 is doing business under the Fictitious Business Name(s) "America's Best Contacts & Eyeglasses" 2922 Fulton Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 29, 2024
Publish: March 22, 29, April 5, 12, 2024
AMERICAS 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01531
National Vision, Inc., 2435 Commerce Avenue, Duluth, GA 30096 is doing business under the Fictitious Business Name(s) "America's Best Contacts & Eyeglasses" 5899 Sunrise Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 29, 2024
Publish: March 22, 29, April 5, 12, 2024
BEST 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01532
National Vision, Inc., 2435 Commerce Avenue, Duluth, GA 30096 is doing business under the Fictitious Business Name(s) "America's Best Contacts & Eyeglasses" 7721 Laguna Boulevard Suite 128, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County February 29, 2024
Publish: March 22, 29, April 5, 12, 2024
CONTACTS 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01533
National Vision, Inc., 2435 Commerce Avenue, Duluth, GA 30096 is doing business under the Fictitious Business Name(s) "America's Best Contacts & Eyeglasses" 2395 Iron Point Road Suite 110, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 29, 2024
Publish: March 22, 29, April 5, 12, 2024
EYEGLASSES 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01574
National Vision, Inc., 2435 Commerce Avenue, Duluth, GA 30096 is doing business under the Fictitious Business Name(s) "America's Best Contacts & Eyeglasses" 6019 Florin Road Suite 500, Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 1, 2024
Publish: March 22, 29, April 5, 12, 2024
NATIONAL 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01848
Victoria Lose, 3432 Gates Way, Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "Journey to Freedom" 3432 Gates Way, Sacramento, CA 95832. Filed with the Clerk of Sacramento County March 8, 2024
Publish: March 22, 29, April 5, 12, 2024
JOURNEY 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01667
Grace Sur, 9545 Folsom Boulevard, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Beauty Solutions By Grace" 9545 Folsom Boulevard, Sacramento, CA 95827. Filed with the Clerk of Sacramento County March 5, 2024
Publish: March 22, 29, April 5, 12, 2024
BEAUTY 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01986
Michelle Green-Clark, 4615 Manzanita Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "KM Dance Arts" 4615 Manzanita Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 13, 2024
Publish: March 22, 29, April 5, 12, 2024
KM 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01925
Surinder Singh Bedwal, 7733 Charmain Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Twin River ATMS" 7733 Charmain Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County March 12, 2024
Publish: March 22, 29, April 5, 12, 2024
KM 4-12-24

2024
Publish: March 22, 29, April 5, 12, 2024
TWIN 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01623
Accredited RealEstate Schools Inc, 7840 Madison Avenue #149, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Accredited Real Estate Schools Inc" 7840 Madison Avenue #149, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 4, 2024
Publish: March 22, 29, April 5, 12, 2024
ACCREDITED 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01932
Amanda Dugan, 6550 Sutter Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Ritual Cookies" 6550 Sutter Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 12, 2024
Publish: March 22, 29, April 5, 12, 2024
RITUAL 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01213
Best Choice Logistics Inc, 1922 Naomi Way, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Best Choice Logistics/BC Cab" 1922 Naomi Way, Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 15, 2024
Publish: March 22, 29, April 5, 12, 2024
BEST 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01268
JDV Distribution LLC, 3710 Branch Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Jenner Vacation Rentals" 3710 Branch Street, Sacramento, CA 95838. Filed with the Clerk of Sacramento County February 20, 2024
Publish: March 22, 29, April 5, 12, 2024
JENNER 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01713
Ryan Stambuk, 3115 Eades Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Off Duty Photography" 3115 Eades Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County March 5, 2024
Publish: March 22, 29, April 5, 12, 2024
OFF 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01622
TNT Industrial Contractors, Inc., 3800 Happy Lane, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "TNT Industrial Contractors, Inc." 3800 Happy Lane, Sacramento, CA 95827. Filed with the Clerk of Sacramento County March 4, 2024
Publish: March 22, 29, April 5, 12, 2024
TNT 4-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02073
Donna R. Chabrier, 1523 Oak Tree Drive, Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Real Experience Group" 1610 R Street Suite 280, Sacramento, CA 95811. Filed with the Clerk of Sacramento County March 15, 2024
Publish: March 29, April 5, 12, 19, 2024
REAL 4-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02101
Carlos Derreza, 1420 South Avenue, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Derreza Yard Care" 1420 South Avenue, Sacramento, CA 95838. Filed with the Clerk of Sacramento County March 18, 2024
Publish: March 29, April 5, 12, 19, 2024
DERREZA 4-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02097
Aliatta LLC, 7924 Fruitridge Road, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Faisal Market And Restaurant" 7924 Fruitridge Road, Sacramento, CA 95820. Filed with the Clerk of Sacramento County March 18, 2024
Publish: March 29, April 5, 12, 19, 2024
FAISAL 4-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01917
T-Rex Auto Repair LLC, 2577 Elkhorn Boulevard, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "T-Rex Auto Repair" 2577 Elkhorn Boulevard, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County March 12, 2024
Publish: March 29, April 5, 12, 19, 2024
T-Rex 4-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02256
Critical Path Consulting, PO Box 2924, Rancho Cordova, CA 95741 is doing business under the Fictitious Business Name(s) "Critical Path Training" 4313 Narraganset Way, Mather, CA 95655. Filed with the Clerk of Sacramento County March 21, 2024
Publish: March 29, April 5, 12, 19, 2024
CRITICAL 4-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02247
Devin Wayne Ford, 8686 Greenback Lane, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Smalz Studios" 8686 Greenback Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 21, 2024
Publish: March 29, April 5, 12, 19, 2024
SMALZ 4-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02323
Victor R Garcia and Victor M Garcia, 7659 Denio Way, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "CH Cafe & Grill/Ericas Cafe/Garcia's Family Cafe" 6215 Sunrise Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 25, 2024
Publish: April 5, 12, 19, 26, 2024
CAFE 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02196
CR1F Group LLC, 5000 Birch Street #100B, Newport Beach, CA 92660 is doing business under the Fictitious Business Name(s) "Credit 1 Finance Group" 5000 Birch Street #100B, Newport Beach, CA 92660. Filed with the Clerk of Sacramento County March 20, 2024
Publish: April 5, 12, 19, 26, 2024
CREDIT 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02078
Elias Caraska, 5518 Auburn Boulevard, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "D & W Hobbies" 5518 Auburn Boulevard, Sacramento, CA 95841. Filed with the Clerk of Sacramento County March 15, 2024
Publish: April 5, 12, 19, 26, 2024
HOBBIES 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02206
Mary Gwaltney, 3416 American River Drive Suite B, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "The Center for Educational and Social Success/ Cognizant Counseling and Assessment" 3416 American River Drive Suite B, Sacramento, CA 95864. Filed with the Clerk of Sacramento County March 20, 2024
Publish: April 5, 12, 19, 26, 2024
CENTER 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01918
Silverstreak Registration & Permit Services LLC, 8146 Greenback Lane Suite 101, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Silverstreak Registration & Permit Services" 8146 Greenback Lane Suite 101, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 12, 2024
Publish: April 5, 12, 19, 26, 2024
SILVERSTREAK 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02219
Britanie N. Page and Collin W. Page, 8468 Central Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Page Financial Group" 8468 Central Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 20, 2024
Publish: April 5, 12, 19, 26, 2024
PAGE 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02183
German Palomares Karrom, 4 Hondo Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "G Welding Services" 4 Hondo Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 20, 2024
Publish: April 5, 12, 19, 26, 2024
WELDING 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02153
John R. Watt, 7007 Main Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Scorched Fabrication" 7007 Main Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 19, 2024
Publish: April 5, 12, 19, 26, 2024
SCORCHED 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01708
Pomme Miel Businesses LLC, 4100 Redwood Road Suite 20A-123, Oakland, CA 94619 is doing business under the Fictitious Business Name(s) "PizzaFomo" 12401 Folsom Boulevard, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County March 5, 2024
Publish: April 5, 12, 19, 26, 2024
PIZZAFORNO 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01775
Peter Frank Ochoa, 2201 19th Avenue, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Universe Network Services" 2201 19th Avenue, Sacramento, CA 95822. Filed with the Clerk of Sacramento County March 7, 2024
Publish: April 5, 12, 19, 26, 2024
UNIVERSE 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02411
Denis Voyku, 9329 Orangevale Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "DV Transportation Services" 9329 Orangevale Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 28, 2024
Publish: April 5, 12, 19, 26, 2024
TRANSPORTATION 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02378
ESM Trading Company Inc, 7817 Wooddale Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Crazees 4 Pasta/Florian Cafe and Deli" 2204 Sunrise Boulevard, Rancho Cordova, CA 95670. Filed with

the Clerk of Sacramento County March 27, 2024
Publish: April 5, 12, 19, 26, 2024
CRAZEE 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01150
Alpentanzer Schuhplattler, 3349 J Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Alpentanzer Schuhplattler/ STV Alpentanzer Schuhplattler/ STV Alpentanzer Schuhplattler/ Sacramento Turn Verein Alpentanzer Schuhplattler/ Sacramento Turn Verein Alpentanzer Schuhplattler" 3349 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 13, 2024
Publish April 12, 19, 26, May 3, 2024
ALPENTANZER 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02425
Bashar Bazingan, 3822 El Camino Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Lockwise" 3822 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 28, 2024
Publish April 12, 19, 26, May 3, 2024
LOCKWISE 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01842
Scott Greenwood, PO Box 3087, Carmichael, CA 95609 is doing business under the Fictitious Business Name(s) "Redwood Creek Engineering" 2617 K Street Suite 125, Sacramento, CA 95816. Filed with the Clerk of Sacramento County March 8, 2024
Publish April 12, 19, 26, May 3, 2024
REDWOOD 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02444
Evergreen Commercial Management, Inc., 2485 Natomas Park Drive Suite 360, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Evergreen Management Company" 2485 Natomas Park Drive Suite 360, Sacramento, CA 95833. Filed with the Clerk of Sacramento County March 29, 2024
Publish April 12, 19, 26, May 3, 2024
EVERGREEN 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02234
Astronaut LLC, 2108 N Street Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "New House Press" 2108 N Street Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County March 21, 2024
Publish April 12, 19, 26, May 3, 2024
NEW 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02299
Herrada, Inc., 6970 Sunrise Boulevard, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "3 Rios Taqueria" 6970 Sunrise Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 25, 2024
Publish April 12, 19, 26, May 3, 2024
RIOS 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02334
Kiana O. Flores, 6017 Telesco Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Cat's Meow - Full Body Waxing & Aesthetics" 4719 Manzanita Avenue #3, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 26, 2024
Publish April 12, 19, 26, May 3, 2024
CATS 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02423
Priority Construction, 11013 Jackson Road, Sacramento, CA 95830 is doing business under the Fictitious Business Name(s) "Priority Construction" 11013 Jackson Road, Sacramento, CA 95830. Filed with the Clerk of Sacramento County March 28, 2024
Publish April 12, 19, 26, May 3, 2024
PRIORITY 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01698
Trade Key Virtual Media Inc., 11230 Gold Express Drive Suite 310-160, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Regen Nutraceuticals/ Zen Nootropics/Hemp Healthy Naturals/Purelve Natural Wellness/Ayurveda Science of Life" 9915 Fair Oaks Boulevard Suite C, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 5, 2024
Publish April 12, 19, 26, May 3, 2024
REGEN 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01781
Trevor Hubby Performance LLC, 2345 Aerostar Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Sutter Park Fitness" 533 53rd Street Suite 110, Sacramento, CA 95819. Filed with the Clerk of Sacramento County March 7, 2024
Publish April 12, 19, 26, May 3, 2024
SUTTER 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01984
Anulani, LLC, 3845 Sierra Gold Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Serene Furniture - Home Decor" 5128 Auburn Boulevard, Sacramento, CA 95841. Filed with the Clerk of Sacramento County March 13, 2024

Publish April 12, 19, 26, May 3, 2024
SERENE 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02293
Pro Haircuts LLC, 8391 Folsom Boulevard Suite 5, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Pro Haircuts" 8391 Folsom Boulevard Suite 5, Sacramento, CA 95826. Filed with the Clerk of Sacramento County March 22, 2024
Publish April 12, 19, 26, May 3, 2024
PRO 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01866
Frost The Tran, 7205 Alpine Drive, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Chic Nails & Spa Salon" 3443 Laguna Boulevard Suite 136, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County March 11, 2024
Publish April 12, 19, 26, May 3, 2024
CHIC 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01546
H & F Performance Training LLC, 1850 Fairchild Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Coerver Sac Sierra" 1850 Fairchild Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 29, 2024
Publish April 12, 19, 26, May 3, 2024
COERVER 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02452
Hampton Educational Services, LLC, 3400 Cottage Way Suite C, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "California Learning Center" 3400 Cottage Way Suite C, Sacramento, CA 95825. Filed with the Clerk of Sacramento County March 29, 2024
Publish April 12, 19, 26, May 3, 2024
CALIFORNIA 5-3-24

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV004736
Mary Kaye Bartholomew aka Mary Kaye Bassett has filed a petition with this court for a decree changing the name(s) of Mary Kaye Bartholomew aka Mary Kaye Bassett to Mary Kaye Prentice.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 23, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: March 12, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: March 22, 29, April 5, 12, 2024
BASSETT 4-12-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV004689
Isaiah Michael Fennema-Montoya has filed a petition with this court for a decree changing the name(s) of Isaiah Michael Fennema-Montoya to Isaiah Michael Montoya.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 3, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: March 12, 2024

Citrus Heights Rents Increased 0.7% in March

Apartment List News Release

CITRUS HEIGHTS, CA (MPG) - Currently, the overall median rent in the city stands at \$1,663, after rising 0.7% last month. Prices remain down 0.2% year-over-year. Read on to learn more about what's been happening in

the Citrus Heights rental market and how it compares to trends throughout the broader Sacramento metro area.

The median rent in Citrus Heights rose by 0.7% over the course of March and has now decreased by a total of 0.2% over the past 12 months. Citrus Heights's rent growth over the

past year has is similar to both the state (-1.0%) and national averages (-0.8%).

Three months into the year, rents in Citrus Heights have risen 0.7%. This is a similar rate of growth compared to what the city was experiencing at this point last year: from January to March 2023 rents

had increased 0.5%.

If we expand our view to the wider Sacramento metro area, the median rent is \$1,735, meaning that the median price in Citrus Heights (\$1,663) is 4.2% lower than the price across the metro as a whole. Metro-wide annual rent growth stands at 0.1%, above the rate of rent

growth within just the city.

Rocklin is currently the most expensive, with a median rent of \$2,416. Sacramento is the metro's most affordable city, with a median rent of \$1,644. The metro's fastest annual rent growth is occurring in Roseville (3.8%) while the slowest is in Sacramento (-1.6%).

Legal Advertising Hotline
916-483-2299
Legal Advertising Fax
916-773-2999

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 - September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 - March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 - March 21, 1988

Legal Advertising
7144 Fair Oaks Blvd #5
Carmichael, CA 95608

ORDER TO SHOW CAUSE CHANGE OF NAME

Publish: March 29, April 5, 12, 19, 2024
OBEDIAH 4-19-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV004617

Quoc Tuan Nguyen and Thi Van Dang have filed a petition with this court for a decree changing the name(s) of Hoai Bao Khanh Nguyen to Kathy Nguyen and Hoai Bao Thy Nguyen to Thy Nguyen.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 3, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: March 11, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: March 29, April 5, 12, 19, 2024
NGUYEN 4-19-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV005398

Miguel Marquez Arellano has filed a petition with this court for a decree changing the name(s) of Miguel Marquez Arellano to Miguel Arellano Marquez.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 16, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: March 19, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: March 29, April 5, 12, 19, 2024
ARELLANO 4-19-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV005556

Marie Irene Kiene has filed a petition with this court for a decree changing the name(s) of Marie Irene Kiene to Siobhan Aine Luckie.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 5, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: March 22, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: April 5, 12, 19, 26, 2024
KIENE 4-26-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME

Publish: March 29, April 5, 12, 19, 2024
RICE 4-26-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV005370

Britney Casey has filed a petition with this court for a decree changing the name(s) of Arriana Harper Abbott to Arriana Levi Roberts.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 4, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: March 18, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
ROBERTS 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV002984

Raitavea Casey has filed a petition with this court for a decree changing the name(s) of Za'ryah Marie Ja'el McDaniel to Za'ryah Marie Casey.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 7, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: February 21, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
CASEY 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV006327

Maksym Heorhitsu has filed a petition with this court for a decree changing the name(s) of Maksym Heorhitsu to Maksym Nahuliak.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 31, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 3, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
HEORHITSA 5-3-24

Alaa'i Ezzeldin Ahamed has filed a petition with this court for a decree changing the name(s) of Alaa'i Ezzeldin Ahamed to Alaa'i Ezzeldin Alshabrawy.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 30, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: March 29, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
AHAMED 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV006411

Faegheh Ghaderinasrabad has filed a petition with this court for a decree changing the name(s) of Faegheh Ghaderinasrabad to Fae Ghaderi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 1, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 4, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
GHADERI 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV000860

Wynette O. Gardner aka Oleta Wynette Gardner has filed a petition with this court for a decree changing the name(s) of Wynette O. Gardner to Wynette Gardner.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 5, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: February 21, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
CASEY 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV006327

Maksym Heorhitsu has filed a petition with this court for a decree changing the name(s) of Maksym Heorhitsu to Maksym Nahuliak.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 31, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 3, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
HEORHITSA 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV006327

Maksym Heorhitsu has filed a petition with this court for a decree changing the name(s) of Maksym Heorhitsu to Maksym Nahuliak.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 31, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 3, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
HEORHITSA 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV006327

Maksym Heorhitsu has filed a petition with this court for a decree changing the name(s) of Maksym Heorhitsu to Maksym Nahuliak.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 31, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 3, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
HEORHITSA 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV006327

Maksym Heorhitsu has filed a petition with this court for a decree changing the name(s) of Maksym Heorhitsu to Maksym Nahuliak.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 31, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 3, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
HEORHITSA 5-3-24

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows May 2, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address, and telephone number of the Attorney for Petitioner is: Paula S. Hall, 9048 Brooks Road South, #165, Windsor, CA 95492; 707-836-1563
Publish: April 5, 12, 19, 2024
GARDNER 4-19-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV000904

Shirley Rosano has filed a petition with this court for a decree changing the name(s) of Shirley Rosano to Shirley Rosano.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 7, 2024, at 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address, and telephone number of the Attorney for Petitioner is: Tabitha Eaden Thompson, 8662 Farewell Court, Elk Grove, CA 95624; 916-730-3947
Publish: April 5, 12, 19, 2024
COLEMAN 4-19-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV000904

Shirley Rosano has filed a petition with this court for a decree changing the name(s) of Shirley Rosano to Shirley Rosano.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 7, 2024, at 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address, and telephone number of the Attorney for

with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address, and telephone number of the Attorney for Petitioner is: Robert A Gordon, 40 Hanford Street, Suite B, Sutter Creek, CA 95685; 209-267-1685
Publish: April 5, 12, 19, 2024
ROSANO 4-19-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV000678

Patricia Ann Whitman aka Patricia Whitman has filed a petition with this court for a decree changing the name(s) of Patricia Ann Whitman to Patricia Whitman.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 7, 2024, at 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address, and telephone number of the Attorney for Petitioner is: Tabitha Eaden Thompson, 8662 Farewell Court, Elk Grove, CA 95624; 916-730-3947
Publish: April 5, 12, 19, 2024
COLEMAN 4-19-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV000904

Shirley Rosano has filed a petition with this court for a decree changing the name(s) of Shirley Rosano to Shirley Rosano.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 7, 2024, at 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address, and telephone number of the Attorney for

Petitioner is: Raoul J. LeClerc, P.O. Drawer 111, Oroville, CA 95965; 530-533-5661
Publish: April 5, 12, 19, 2024
WHITMAN 4-19-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV0001312

Tabitha Eaden Thompson has filed a petition with this court for a decree changing the name(s) of Tabitha Eaden Thompson to Tabitha Eaden Thompson.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 7, 2024, at 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address, and telephone number of the Attorney for

Petitioner is: Tabitha Eaden Thompson, 8662 Farewell Court, Elk Grove, CA 95624; 916-730-3947
Publish: April 5, 12, 19, 2024
COLEMAN 4-19-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV000904

Shirley Rosano has filed a petition with this court for a decree changing the name(s) of Shirley Rosano to Shirley Rosano.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 7, 2024, at 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address, and telephone number of the Attorney for

Petitioner is: Tabitha Eaden Thompson, 8662 Farewell Court, Elk Grove, CA 95624; 916-730-3947
Publish: April 5, 12, 19, 2024
COLEMAN 4-19-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV000904

Shirley Rosano has filed a petition with this court for a decree changing the name(s) of Shirley Rosano to Shirley Rosano.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 7, 2024, at 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of

Kings Korner

By V.G. Harris



California Enjoys Healthy Water Supply But Battles Over Its Uses Continue to Fester



By Dan Walters, CALMatters.org

The water systems less vulnerable to climate change – and “equity.” It notes that “for more than 95 percent of Californians, safe, reliable, and affordable water is perceived to be a daily guarantee, but for approximately 1 million Californians, there is a persistent struggle to access water fit for human consumption.”

“These extremes are becoming the new reality, and that new reality requires a new approach,” Newsom said, adding, “I’ll remind all of you the water system in California was designed for a world that no longer exists.”

The updated plan describes itself as a “call to action, an all-hands-on-deck endeavor, in which everyone has a role – state agencies and departments with water, regulatory, and climate responsibilities; regional water and resource managers and stewards at every scale across water sectors; and individual Californians.”

It assumes that California will build two major projects: the Sites Reservoir on the west side of the Sacramento Valley to bank 1.5 million acre-feet of water during high precipitation years, and a 45-mile-long tunnel that would carry water from the Sacramento River to the head of the California Aqueduct near Tracy, bypassing the Sacramento-San Joaquin Delta.

“We’re seeing real progress,” Newsom said of the \$16 billion project. “My goal is to get that permitted by the time you kick me out.” Newsom described it as “foundational (and) critical if we’re going to address the issue of climate change. It is a climate project. It is one of

the most important projects this state can advance.”

Environmental groups contend that the tunnel would deprive the Delta of flows needed to maintain water quality for wildlife. Its future is linked to persuading – or compelling – farmers to reduce their diversions from the San Joaquin River and its tributaries, thereby allowing more water to flow through the Delta.

Environmentalists are pressing the state Water Resources Control Board to mandate reductions by updating Delta water quality standards, but that effort collides with historic water rights. Newsom wants diversions to be reduced through “voluntary agreements” rather than by decrees that would lead to legal battles.

The new water plan dances around the issue, endorsing the concept of voluntary agreements but declaring that the water board needs “increased capacity to halt water diversions when the flows in streams diminish (and) modernize the water rights system in a manner that respects water right priorities and aligns with current public values and needs.”

Within those vague words lies what could be a monumental battle.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. He began his professional career in 1960, at age 16, at the Humboldt Times in Eureka, while still attending high school, and turned down a National Merit scholarship to continue working as a journalist.

Our Sacramento Kings find themselves in the middle of a Western Conference quagmire, and at this moment, as the Kings prepare to face off with the Oklahoma City Thunder, it’s anyone’s guess as to who will be in 7th and 8th place when things wrap up in a week.

Sacramento began their road trip with a disappointing loss to the Knicks, a team that they should have defeated. After a close three-and-a-half quarters, the Kings disappeared in the last two minutes of the game, and a competitive game with two minutes remaining turned into an 11-point loss.

To the Kings’ credit, they bounced back the very next night and narrowly missed defeating the vaunted Boston Celtics. An up-and-down game, the Celtics took control in the 4th quarter, and with less than two minutes remaining had a seven-point lead.

Showing the stuff that has made them the beloved team they are, led by lightning-quick De’Aaron Fox, the Kings threw a blanket over the Celtics, and drained shot after shot down the stretch. With 15 seconds left and the Kings holding a one-point lead, the Celtics missed the go-ahead shot and Keegan Murray snagged the rebound.

With only seconds remaining, the Celtics stripped the ball and hit a floater in the lane to go up by one point. Now, with only seven seconds in the game, the Kings called a timeout and advanced the ball into the forecourt.

Drama is an understatement, as would-be hero De’Aaron Fox drove into the paint and leaped high for one of his patented eight-foot jump shots to win the game. The ball came off the rim and Keegan Murray collected the rebound while shooting the putback in one motion. The shot narrowly missed, and who of all people was there for the potential winning tip, was none other than Colby Jones. Not who you expected in a pivotal game with under a minute to play, but there he was nonetheless. Colby tipped the ball and was karate chopped across the face, falling to the hardwood. The ball slid off the rim, while every official on the court collectively swallowed their whistles.

Yes, the team with the best record in the NBA stole a game from the Sacramento Kings, that without a doubt should have been decided with no time on the clock from the charity stripe. But once again, the zebras looked the other way, and instead of allowing the game to be played with integrity, it was simply awarded to the home team.

In the industry I have worked in for over 45 years, I have to complete continuing education every year, and the same can be said for real estate agents, cosmetologists, and accountants. If I don’t pass the continuing education classes, the state simply doesn’t renew my license. In other words, I’m out of a job.

Wow, can you imagine that? Actually oversee the abilities of referees during the offseason, to assess if they have the required skills to officiate at the highest level in the sport of basketball. Oh, would I love to see that.

I hope everyone can get on the same page, and raise their voices for giving our gladiators the officiating they deserve.

Meanwhile, the Kings have 48 hours to lick their wounds and try to upset a team that has already put 53 wins in the win column. The Thunder are a tough team, and the Kings are tasked with defeating them on their home court. Can they do it, and keep alive the hope of avoiding the dreaded Play-in? I, for one, believe in this group, and my prognostication of 48 wins this season remains alive.

Anyone out there want to join me in my optimism?

Domantas Sabonis continues to amaze with a consistency that no Kings player has ever demonstrated. His double-double streak is a nail-biting watch every game, all the while still leading the NBA in triple-doubles!

Yes, it’s a magical season for the big man, so enjoy this while you can. No one plays tougher, takes more punishment, and plays with more effervescent joy that has a ubiquitous quality that every player on the team has embraced!

Love this team! Send your thoughts to vgharriskingsfan@gmail.com.

Go Kings!

★

Local Classifieds

Advertise in your local community newspaper
Call 916-773-1111

Announcement

Prepare for power outages today with a Generac Home Standby Generator. Act now to receive a FREE 5-Year warranty with qualifying purchase. Call 1-844-439-5645 today to schedule a free quote. It's not just a generator. It's a power move. (Cal-SCAN)

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 20% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-424-7581 (Cal-SCAN)

NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 1-855-667-0380 (Cal-SCAN)

Autos Wanted

DONATE YOUR CAR TO KIDS. Fast Free Pickup – Running or Not - 24 Hour Response - Maximum Tax Donation – Help Find Missing Kids! Call 1-888-491-1453. (Cal-SCAN)

GOT AN UNWANTED CAR?? Your car donation to Patriotic Hearts helps veterans find work or start their own business. Fast free pick. Running or not! Call 24/7: 1-877-529-0495. (Cal-SCAN)

Tiene un vehiculo no deseado? Donelo a Patriotic Hearts! Recogida rápida y gratuita en los 50 estados. Patriotic Hearts ofrece programas para ayudar a los veteranos a encontrar trabajo o iniciar su propio negocio. Llama ahora: 1-844-244-5441 (24/7) (Cal-SCAN)

Get your deduction ahead of the year-end! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous year-end tax credit. Call Heritage for the Blind Today at 1-844-491-2884 today! (Cal-SCAN)

Cable Plans

DIRECTV Sports Pack 3 Months on Us! Watch pro and college sports LIVE. Plus over 40 regional and specialty networks included. NFL, College Football, MLB, NBA, NHL, Golf and more. Some restrictions apply. Call DIRECTV 1-888-641-5762 (Cal-SCAN)

Computer Service

Zinsky's
PC Configurations
"Don't replace it - REPAIR IT!"
Custom Desktop Computer Configurations
• PC Repair • Home Wireless Networking
• Installations • Virus & Spyware Eradication
Alan Zinsky
Phone: 916-622-2269
Zconfig@sbglobal.net
Bus. Lic. # 305312 • B. E. A. R. Reg. #84416
www.zinskyspcrepair.com

Cellular Plans

Switch and save up to \$250/year on your talk, text and data. No contract and no hidden fees. Unlimited talk and text with flexible data plans. Premium nationwide coverage. 100% U.S. based customer service. For more information, call 1-844-908-0605 (Cal-SCAN)

Financial

Over \$10K in Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief 1-888-231-4274. (Cal-SCAN)

Wesley Financial Group, LLC Timeshare Cancellation Experts. Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 866-675-2404 (Cal-SCAN)

Fitness/Yoga

Your Fitness Genie
Virtual Sessions
Your Fitness Genie
Avoid Assisted Living
*Keep Strength and Mobility
Be Active, Call Today!
Jenn@YourFitnessGenie.com
(916)768-8767

GOT LOCAL NEWS?

Call (916) 773 1111

For Sale

'V-8 (Cadillac Engine) in 1995 Oldsmobile Aurora. 64,000 original miles. Must take whole car. Transmission is no good. \$500 or best offer. Call 530-742-9144 and leave message. (TFN)

'84 Corvette, 88,000 miles, engine is extremely strong, 4 speed tranny, get's up and goes. Interior needs work. Primed. First \$2,500 drives it away. 530-742-9144 leave message. (TFN)

Hall Rentals

VFW Post 6158
8990 Kruithof Way,
Fair Oaks, CA
916-966-1663
vfw6158.org/rent-our-hall/
Call or come by

Health/Wellness

JOIN FOR FREE - NO KITS OR QUOTES & FREE WEBSITE. CTFO (Changing The Future Outcome) Has the best CBD oil available. Products for health, beauty, weight or hair loss and even for your pets. Check out these products: canderson.myctfo.com (TFN)

Help Wanted

KP International MARKET
Many Positions are Available. Please no phone calls. Apply in person.
10971 Olson Dr.
Rancho Cordova,
CA 95670

Insurance/Health

SAVE BIG on HOME INSURANCE! Compare 20 A-rated insurance companies. Get a quote within minutes. Average savings of \$444/year! Call 1-844-410-9609! (M-F 8am-8pm Central) (Cal-SCAN)

Insurance/Health

DENTAL INSURANCE from Physicians Mutual Insurance Company. Coverage for 400 plus procedures. Real dental insurance - NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-844203-2677 www.dental50plus.com/calnews #6258 (Cal-SCAN)

Internet

DIRECTV OVER INTERNET - Get your favorite live TV, sports and local channels. 99% signal reliability! CHOICE Package, \$84.99/mo for 12 months. HBO Max and Premium Channels included for 3 mos (w/CHOICE Package or higher). No annual contract, no hidden fees! Some restrictions apply. Call IVS 1-855-404-2509 (Cal-SCAN)

Home Remodel

Jacuzzi Bath Remodel can install a new, custom bath or shower in as little as one day. For a limited time, we're cutting all installation costs in half and offering a FREE safety upgrade! (Additional terms apply. Subject to change and vary by dealer. Offer ends 6/30/24 Call 1-833-985-4766 (Cal-SCAN)

Home Remodel

Safe Step. North America's #1 Walk-In Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1888-989-5749 (Cal-SCAN)

Need Help?

Hire a Pro!

Landscaping

YARD SERVICE
ONE-TIME CLEANUP
Mow, Weed, Prune & Haul
NEED: Landscaping bark?
Gutters cleaned?
Light fence work?
CALL 916/205-9310
or 916/627-9000!

CREATE YOUR PARADISE

Winter Yard Cleanups,
Complete Landscape Design/Installation,
Sprinkler System Installs/Repairs, All Types Concrete Work,
Fence Installation,
Retaining Walls-All Types, Drainage Systems-all types,
Landscape Lighting,
Residential/commercial American Landscape Design & Installation, Est 1987
American Construction & Property Maintenance Company
WE ACCEPT VISA & MASTER CARD
(916)612-0776
Lic#690968

MPG

ADVERTISE IN YOUR LOCAL COMMUNITY NEWSPAPER
CALL (916) 773-1111
MPG8.COM

RETIRED COUPLE

HAS \$1MIL TO LEND ON CA. REAL ESTATE*
V.I.P. TRUST DEED COMPANY
Buys T.D.s and Buys/Lends on Partial Interests
OVER 40 YEARS OF FAST FUNDING
Principal (818) 248-0000 Broker
WWW.VIPLoan.COM *Sufficient equity required - no consumer loans
Real Estate License #01041073 CA Department of Real Estate, NMLS #339217
Private Party loans generally have higher interest rates, points & fees than conventional discount loans

Miscellaneous

DID YOU KNOW Newspaper-generated content is so valuable it's taken and repeated, condensed, broadcast, tweeted, discussed, posted, copied, edited, and emailed countless times throughout the day by others? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecilia@cnpa.com (Cal-SCAN)

The difference in winning and losing market share is how businesses use their advertising dollars. CNPA's Advertising Services' power to connect to nearly 13 million of the state's readers who are an engaged audience, makes our services an indispensable marketing solution. For more info call Cecelia @ (916) 288-6011 or cecilia@cnpa.com

Music Lessons

Guitar Lessons
Beginner to Advanced . \$20/half-hour; \$30 full hour. 916-507-6658, freddiebbalbert@gmail.com (12/31/2024)

Real Estate

RETIRED COUPLE \$\$\$\$ for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company www.viploan.com Call 1-818-248-0000. Broker-principal DRE 01041073. No consumer loans. (Cal-SCAN)

Roofing

BERNARDINO ROOFING
Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER!
FREE ESTIMATES
SENIOR DISCOUNTS
Lic.#817945 43 Years Experience
916.920.0100
www.bernardinoroofing.com

Tree Service

BP TREE SERVICES LLC.
TREE & STUMP REMOVAL
TREE TRIMMING/ SHAPING
FREE ESTIMATE
10% OFF WITH THIS AD
Insured. Workman's comp. Arborist
916-722-6321
BPTreeServices.com
VISA / MASTER CARD
California Contractors Lic #1036031

Travel

Alaska, Europe, Hawaii plus dozens of other popular trips! Starting at \$1649 per person (double occupancy required). YMT Vacations plans everything, leaving you to relax and enjoy. Call 1-844-301-9235 for more details. Use promo code YMT2024 for \$250 off. Limited time only. (Cal-SCAN)

We Support Our Military

COMICS & PUZZLES

The Spats



by Jeff Pickering



Amber Waves



by Dave T. Phipps



Out on a Limb



by Gary Kopervas

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



Differences: 1. Railing is different. 2. Handle is added to plunger box. 3. Sleeve is rolled up. 4. Leak is added to lunch. 5. Pipe is thinner. 6. Bite is missing from sandwich.

TIGER



by BUD BLAKE

GRIN AND BEAR IT



Just Like Cats & Dogs

by Dave T. Phipps



G	L	A	M	I	N	N	E	S	O	T	A	U	G	L	Y	I	V	O	R	Y	P	S	I	H	A	W	A	I	M	A	E	N	A	D	S	I	L	O	L	L	A	M	A	S	I	L	I	A	D	A	U	B	S	L	A	Y	S	A	L	O	N	E	T	N	A	I	M	P	A	C	T	A	D	D	R	E	D	D	E	N	S	A	R	C	H	E	S	L	A	N	L	A	B	O	R	S	L	A	V	E	L	C	A	P	I	T	A	N	I	N	A	N	E	G	A	I	N	T	I	M	E	R	A	N	D	S	A	N	N	A	I	D	E	S	A	P	E	S	D	O	G	C	E	N	T
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

STATEPOINT CROSSWORD • NATIONAL PARKS

- CLUES**
- ACROSS**
- Rhymes with, and similar in meaning, to blob
 - Refrigerator sound
 - Action word
 - Left, in Russia
 - Departed
 - Locomotive hair
 - As opposed to St. in a city, pl.
 - French cordial
 - Type of lily, pl.
 - *Voyageurs National Park location
 - Like Andersen's duckling
 - Poacher's ware
 - Unit of pressure
 - *Volcanoes National Park location
 - Dionysus' female followers
 - U.N. labor agency
 - Camels' relatives
 - Pelvic bones
 - Smears
 - "___ of the land"
 - Gertrude Stein's reception room
 - Sicilian rumbler
 - Strong influence
 - To sum
 - Blushes
 - *Utah national park
 - What blanket and landing have in common
 - State before birth
 - Eastern European
 - *Yosemite's famous monolith (2 words)
 - Cockamamie
 - Effect of pain?
 - First weekly news magazine in U.S.
 - South African currency, pl.
 - Tolstoy's Karenina
 - The 15th of March
 - King Kong and Koko, e.g.
 - Hot one in a bun
 - Copper coin
- Down**
- Type of shot
 - Strauss of jeans fame
 - Often found under a range
 - Herzegovina's partner
 - Kind of roll, in school
 - Together
 - *___ Verde National Park
 - *Shenandoah National Park location
 - Twelfth month of Jewish civil year
 - Frost-covered
 - Like certain relief
 - ___ is a byproduct of ___ (2-3-letter words)
 - ___ for alarm
 - See nor hear this? pl.
 - Faux ___
 - Opposite of seeker
 - Winged
 - One of Florence Nightingale's concerns
 - American Indians of Yucatan
 - Islam's Supreme Being
 - D in LED
 - *White ___ National Park in New Mexico
 - Financial help
 - *Need one to navigate

CROSSWORD

1	2	3	4		5	6	7		8	9	10	11	
12					13				14				
15					16				17				
18					19				20				
					21				22				
23	24	25					26			27	28	29	
30					31	32	33			34			
35					36				37		38		
39					40				41		42		
43					44				45		46		
					47				48	49			
	50	51					52				53	54	55
56							57				58		
59							60				61		
62							63				64		

SWITCH & GET \$25

Off First Month of New Service!
USE PROMO CODE: GZ590

Consumer Cellular

CALL CONSUMER CELLULAR 888-804-0913

© 2023 Consumer Cellular Inc. For promo details please call 888-804-0913

Classified Advertising

Sell Your Stuff!
Reach 1000's of Readers Every Week!

MPG

916.773.1111

8	4	6	7	9	1	3	5	2
1	5	9	2	3	6	7	4	8
2	7	3	5	4	8	1	6	9
7	3	5	6	2	9	8	1	4
4	1	2	8	5	3	6	9	7
6	9	8	1	7	4	2	3	5
9	2	4	3	1	7	5	8	6
3	8	7	9	6	5	4	2	1
5	6	1	4	8	2	9	7	3

SUDOKU

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE-STEP WALK-IN TUB 1-855-576-5653

5		2		6	7	4		
2	3	5			1			
3			2	9	8		4	
6	8	1	7			3		
	4			7	5		6	
8	7	9		5		2		

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your legal advertising **916-773-1111**

All Legal Ads Published by Messenger Publishing **MPG**

California Spends More on Schools with The Neediest Kids

Here's How It's Succeeded and Failed

By Carolyn Jones,
CALMatters.org

A decade after California revolutionized the way it funds schools, nearly everyone agrees the initiative has done what it was meant to do: improved math and reading scores and brought more resources to students who struggle the most.

And nearly everyone also agrees that the Local Control Funding Formula, as it's known, could use a tune-up. Black and Latino students' test scores have improved but still lag behind their white and Asian peers, and schools in affluent areas still spend far more per student than schools in poorer neighborhoods.

But overall, researchers and superintendents say, the system introduced under Gov. Jerry Brown has remade California's schools for the better.

"Gov. Brown had a good idea," said Adam Clark, superintendent of Mt. Diablo Unified in Concord. "(The funding formula) has given school districts the tools and resources to really address the needs of students. And it gives parents and the community a voice."

Jaime Green, superintendent of Trinity Alps Unified in Trinity County, put it more succinctly: "Without LCFF, our district would not be open."

Under the Local Control Funding Formula, the state gives school districts a base amount of money calculated by attendance, but funnels extra funds for low-income students, English learners and foster youth. Districts have freedom to spend the money on whatever programs they think will help their students, with guidance and accountability through a public local planning process.

Prior to the funding formula, California schools were financed through local property taxes, a system that had been in place for 40 years. Districts with lower tax revenues got extra money from the state, up to a certain limit, and the state doled out dozens of grants for specific programs.

Districts like Trinity Unified, located in California's poorest county, barely stayed afloat under that system because the extra money was not enough to cover expenses, especially considering the large number of students living in poverty.

The overall amount of spending was low due in part to Proposition 13, the 1978 ballot initiative that capped property taxes and resulted in deep cuts to state spending. By the mid-2000s, California was near the bottom of states nationally in school spending, student test scores and nearly every other educational measurement. Linda Darling Hammond, president of the State Board of Education, described it as "a broken system."

Simplifying and Decentralizing School Funding

Brown, who was elected to his second stint as governor in 2010, said he got the inspiration to overhaul school funding from Mike Kirst, who served as president of the State Board of Education during both of Brown's stints as governor. Kirst and his colleagues had proposed the idea of a weighted formula a few years earlier, but it was shelved when the economy crashed in 2008.

Gathering support from legislators, teachers unions, parent groups and school boards, Brown, Kirst and their allies helped get the funding formula enacted in 2013.

The simplicity, along with shifting power away from the state, appealed to Brown.

"I liked the idea of reducing complexity, of giving money where it was most needed," Brown said in December at a conference on the impact of the funding formula. "You need goals, you need standards, but you have to let local people do their thing."

It coincided with a trio of other



The Wellness Center at College Park High School is a place where students can find a quiet and relaxing environment without leaving school. Pleasant Hill, March 15, 2024. Photo by Manuel Orbeago

big changes in California education: passage of Proposition 30, a sales tax which raised about \$6 billion annually for schools; introduction of the Common Core reading and math curriculum; and the Smarter Balanced standardized testing system.

Within a few years, the improvements were obvious in California classrooms. By 2019, before the pandemic, reading and math scores in all grades had improved, graduation rates rose, suspensions and expulsions fell, and more students met college admission requirements for the state's public universities. A report by the Learning Policy

Overall School Spending is Still Unequal

Another problem is the overall amount of school spending generally, some said. Even though low-income schools now have much more money than they did a decade ago, it's not enough to address the needs of students facing complex challenges. And schools in affluent areas still spend far more per student, thanks to parent donations and local bonds and taxes.

Jack O'Connell, who was State Superintendent of Public Instruction prior to the Local Control Funding Formula, agreed. While he considers the

who meet more than one of the formula categories should be counted twice, not once. Schools should receive extra money for English learners who are also low-income, for example.

Basing School Funding on Enrollment, Not Attendance

In Trinity Alps Unified, in the mountains of Trinity County in Northern California, the funding formula has made a world of difference — not just for students but for the entire community, said superintendent Green. Prior to the funding formula, the district received less than \$12,000 per student from all sources; now it's closer to \$20,000.

violate Proposition 209, the affirmative action ban that prevents the state from linking money to students' race or ethnicity.

Gov. Gavin Newsom last year introduced a tweak to the funding formula that directs extra funding to specific schools based on high rates of student turnover, low-income students or students whose parents didn't graduate from high school. The equity multiplier, as it's known, is intended to reach students who have the highest needs.

'Deep inequities' in California

But that's not enough, said Natalie Wheatfall-Lum, director of TK-12 education policy at Ed Trust-West, an education research and advocacy organization. California should repeal or scale back Proposition 209.

"We still have deep inequities across the board," Wheatfall-Lum said. "But by fixing LCFF we have a huge opportunity to support racial equity. ... The stakes are very high. How we fund schools is the foundation of our education system."

Ed Trust-West also recommends that the state hold districts accountable for the academic performance of specific student groups, such as Black and Latino students, and pay more attention to the progress of English learners, whose test scores have barely budged since the finding formula was introduced.

But money isn't always the answer, Brown noted at a conference in December. Bumps in school funding, while helpful, can't be expected to solve problems as deeply embedded as poverty, racism and inequality, he said. Factors beyond school play a huge role in students' outcomes.

'More Than Money' to Help High-Needs Students

At College Park High in Pleasant Hill, the district used funding formula money to open a wellness center two years ago. Furnished with couches, comfy chairs, student-created artwork and private enclaves for one-on-one meetings with counselors, the wellness center is a popular place for students to relax and socialize. In addition to mental health services like peer counseling and therapy dogs, the center offers yoga, meditation, games and a quiet place to do homework. A social worker is always present.

Stephanie Perez, a senior at College Park, said the wellness center has been a lifesaver — literally. It's given her a reason to stay in school and motivation to stay healthy.

"If this place wasn't here, I'd be out drinking, smoking, ditching school, getting bad habits," Perez said. "They really care about you, listen to you, give you a shoulder to cry on. I come here to ease my mind." ★



College Park High School students can visit the Wellness Center during school hours and after school to take a break and reset before returning to their activities in Pleasant Hill on March 15, 2024. Photo by Manuel Orbeago for CalMatters

Institute found that an increase of \$1,000 in per-pupil spending over three consecutive years resulted in a full grade level improvement in math and reading.

California now ranks near the national average in school spending, as well as in math and reading scores. Although scores fell in the wake of the pandemic, they didn't fall as far as they did in other states and are slowly beginning to creep upward.

But challenges persist. One common gripe among superintendents is the annual plan required to chart goals and priorities. The Local Control Accountability Plan is a key part of the funding formula's accountability and parent involvement components, but it can be a headache, superintendents said. It entails community meetings, surveys, data analysis and detailed explanations of spending for the public, county and state to review.

The plans are often so dense with jargon that even though they're posted online, reviewed at school board meetings and shared with parents, few people wade through them — thereby not providing the accountability they're intended to.

funding formula a landmark in California education, he thinks the state needs to increase the base amount of money it gives schools. Currently, that amount ranges from \$11,000 to \$12,300 per student, which poses a challenge for middle-class districts without large numbers of low-income students or wealthy parents willing to donate thousands.

"There's no question things are better off now," O'Connell said. "But increasing the base grant might be the best way to help all students."

Kirst said he was confident the funding formula would work, but he's surprised at its political staying power and how entrenched it's become in the education landscape.

He'd like to see the formula adjusted to take into account regional costs of living, so districts in expensive areas get more money. And he'd like to see the poverty measurement change. Currently it's based on how many students meet the federal standards for a free or reduced price meal. But with so many districts now offering free lunch to all students, he said, the state should consider using other criteria.

He also thinks that students

The Raley's Team Up with FirstFruits Farms to Make Record Apple Donation

The Raley's Companies News Release

SACRAMENTO, CA (MPG)- Hunger and food insecurity aren't just about empty stomachs or the worry about where the next meal will come from. Food insecurity also means limited access to quality nutrition, including nutrient-rich fruits and veggies. This spring, select Feeding America food banks in California and Arizona are able to offer more fresh produce to families experiencing food insecurity thanks to a collaborative effort that delivered nearly 58,000 pounds of apples.

Two grocery divisions that operate as part of The Raley's Companies — Bashas', which has grocery stores in Arizona and New Mexico, and Raley's, which has grocery stores in California and Nevada — significantly increased their annual apple donations this year to area food banks through FirstFruits Farms' Take a Bite Out of Hunger initiative.

Raley's delivery of 22,660 pounds of fresh apples to Yolo Food Bank in Woodland, Calif., while Bashas' contributed a combined 35,000 pounds of fresh apples to St. Mary's Food Bank, United Food Bank, Yuma Community Food Bank, and Community Food Bank of Southern Arizona. The two divisions' nearly 58,000-lb. apple donation surpassed last year's 40,000-lb. apple donation.

Customers at Raley's and Bashas' helped earn the sizable donations for their communities by purchasing specially marked bags of FirstFruit Farms apples during January and February. Shoppers increased their apple purchases by 44% compared to last year, which increased this year's donation by 44% as well.

Through its annual Take a Bite Out of Hunger campaign, FirstFruits Farms aims to feed underserved families while bringing attention to the problem of food insecurity in the United States. The two grocery divisions are long-time supporters of the initiative; Raley's has been involved since the program began in 2010, and Bashas' has participated annually since 2018.

"Ensuring the communities we serve have access to quality nutrition is part of our mission every day, so extending that mindset by supporting local food banks is a natural extension of our business,"

said Chelsea Carbahal, Vice President of Community Impact & Public Affairs for The Raley's Companies. "We appreciate the opportunity to align with organizations like FirstFruits that share our community focus and make our giving even more impactful."

In California, an estimated one in 11 residents experience hunger or food insecurity, but the rate is even higher among children under 18. About 14% of California youth face food insecurity, which in turn affects numerous predictors for future success, including health and education attainment.

"During the late winter and spring months, we have a real need for fresh produce donations, which makes the contributions from Raley's particularly meaningful," said Karen Baker, Executive Director of Yolo Food Bank, which received a 22,660-lb. donation of apples on March 27. "Fresh produce is an important element in our fight against hunger for the food insecure population of nearly 21,000 individuals here in Yolo County."

In Arizona, as many as one in seven residents grapple with hunger, and about one in four children experience hunger or do not have regular access to safe, affordable, and nutritious foods.

"Perishable items like fruits and vegetables represent a relatively small portion of the contributions our food banks receive, but they're important elements of creating well-balanced meals for families experiencing hunger," said Milton "Milt" Liu, President and CEO of St. Mary's Food Bank, which received 35,000 lbs. of apples on March 20. "Thanks to Bashas' ongoing support, we're able to extend that generosity in the form of quality nutrition."

Since Take a Bite Out of Hunger's inception in 2010, more than 2.5 million lbs. of fresh apples have been donated in participating retailers' names to local food banks in their communities.

"Every community in the country is home to families who face hunger," said Aimee Peters, Business Development Manager of FirstFruits Farms. "Even as more families face economic hardship, access to nutritious, well-balanced food shouldn't have to be a sacrifice. Teaming up with community-minded grocery stores allow us to make healthy options like apples accessible to families who need them." ★

Sacramento County's Inspector General Selected



Kevin Gardner, Sacramento's new inspector general. Courtesy photo

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors voted unanimously on March 26 to approve the selection of Kevin Gardner as the County's new Inspector General and authorizes the County Executive to sign a contract with Gardner for that position, effective April 2, 2024.

The nationwide search commenced with two collaborative interview panels that were convened for the Inspector General search. One panel was comprised of members appointed by the Community Review Commission, as well as representatives from both the Law Enforcement Management Association (LEMA) and the Sacramento County Deputy Sheriff's

Association (SCDSA).

The second panel included the Chair of the Board of Supervisors, the Sheriff, and representatives from LEMA and SCDSA.

All panel representatives expressed their support of moving forward with recommending Gardner's appointment.

Gardner has 31 years of sworn law enforcement experience, including service with the City of Vacaville and City of Sacramento police departments. During his time with the City of Sacramento, Gardner rose through the ranks, ultimately becoming an Acting Deputy Chief.

Beginning in 2017, Gardner served two years as the Chief of the Division of Law Enforcement for the California Department of Justice, Office of the Attorney General. Most recently, he served as the Interim Director for the City of Sacramento's Office of Public Safety Accountability.

Gardner has a bachelor's degree in administration of justice from Union Institute and University and a master's degree in leadership from Saint Mary's College.

The Office of the Inspector General was created to facilitate the Board of Supervisors'

responsibility to oversee without interfering with the Sheriff's investigation of personnel deployment functions.

The Inspector General ensures the integrity of the citizen complaint process and the thoroughness and fairness of related Sheriff's Office investigations, while fostering positive relationships with the community. The Community Review Commission acts in a supporting role to the Office of Inspector General and acts as a conduit between the community and the Office of Inspector General.

Sign up to receive email or mobile text messages when new Community Review Commission meeting information is available.

The Inspector General works independently on items detailed in the scope of services. The Inspector General will present recommendations relating to these examinations to the Board of Supervisors, County Executive, and the Sheriff.

The Office of the Inspector General is a contract position. The contract, once executed, will be effective beginning April 2, 2024, through March 31, 2026, with the option to renew the contract for one additional two-year term. ★

WE SUPPORT FIRST RESPONDERS

MPG
Messenger Publishing Group

KP International Market
FOOD COURT NOW OPEN
10971 Olson Drive, Rancho Cordova, CA 95670
916.853.8000

NOW OPEN
ENJOY OUR FRESHLY BAKED BREAD & CAKE

FRESH PRODUCE

- Green Onion 69¢ bunch
- Grape Tomato 10.5 oz \$1.79 ea
- Chayote Squash 89¢ lb
- White Corn 89¢ ea
- Red Potato 5 lbs \$2.69 bag
- English Cucumber 99¢ ea
- Yukon Gold Potato 89¢ lb
- Russet Potato 10 lbs \$2.29 bag

AMERICAN/HISPANIC GROCERY

- 123 Vegetable Oil 1 gallon \$14.99 ea
- Garlic Salt 11 oz \$4.99 ea
- Lawry's Garlic Salt 11 oz \$4.99 ea
- Charmin Ultra Soft Toilet Paper 9 rolls \$16.99 ea
- Milo Multi Beverage Mix 1.5 kg \$18.99 ea
- Rena Detergent Powder 5 kg \$10.99 ea

ASIAN GROCERY

- Three Ladies Viet Pho Noodle 2 lbs \$4.99 ea
- First World Sriracha Hot Sauce 2.9 oz \$2.99 ea
- DBS Sweet Soy Sauce 21.5 oz 99¢ ea
- Bin Bin Rice Cracker 3.75 oz \$1.29 ea
- Foo Basted Coconut Water 1 liter \$1.99 ea

EUROPEAN GROCERY

- Ahmad Tea Loose Tea 3 kinds 500 gr \$11.99 ea
- Lavina Karveka Condensed Milk 5.5% 550 gr \$2.99 ea
- Ardoof Red Pepper Sauce Spicy 520 gr \$5.99 ea
- Royal Basmati Rice 20 lbs \$2.79 ea
- Xyarak Gingerbread 5 lbs 500 gr \$2.99 ea

FROZEN & FISH DEPT

- Vinegared Mackerel 120 g REG. \$5.99/ea \$3.49/ea
- Frozen Breaded Oyster 250 g / 10 pcs REG. \$7.99/ea \$4.99/ea

KOREAN/JAPANESE GROCERY

- Noodle Soup 4 x 120 g \$11.99 ea
- Tan Hee Soybean Spk 3000 ml \$74.99 ea
- Canned Silk Worm 130 g 99¢ ea
- Cooked White Rice 3 x 210 g \$3.99 ea
- Mild Spicy 800 g \$2.99 ea
- OH Ye Choco Cake 12 x 30 g \$2.99 ea

HOUSEWARES

- MODAMODA SHAMPOO 300 G \$2.99/ea
- BIGEN SPEEDY HAIR COLOR (REFILL ONLY) \$4.99/ea
- ELECTRIC BBQ GRILL \$39.99
- ELECTRIC RICE COOKER (4.5 CUPS) \$49.99
- ELECTRIC RICE COOKER (6 CUPS) \$54.99
- ELECTRIC RICE COOKER (10 CUPS) \$59.99

WEEKLY MEAT SPECIALS

- Chuck Roast - Bnds \$4.99/lb
- Beef T-Bone Steak \$5.99/lb
- Beef Porterhouse Steak \$6.49/lb
- Country Style Pork Loin Ribs - Bnds \$2.99/lb
- Chicken Leg Quarters \$89¢/lb
- Pork Butt's Boneless \$2.99/lb
- Pork Spare Ribs (Single Pack) \$3.49/lb

FROZEN & FISH DEPT

- Fermented Soybean Natto 2 kinds 50 g \$1.49/ea

EUROPEAN DELI

- Columbus Beef Pastrami \$12.09/lb
- Belmont German Ham \$5.49/lb
- Green Cracked Olives \$3.99/lb
- Red Pitted Green Olives \$4.39/lb

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE APRIL 10 - APRIL 14, 2024.

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE APRIL 10 - APRIL 14, 2024.