



# THE NEWS

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## Tummy's a Rio Linda Mainstay



Jessica Thornhill, who owns Tummy's Sub Shop, is joined by her mother, Julie Ellis on the left and sister Jolene Thornhill on the right.

Story and Photos by Andrew Rose

**RIO LINDA, CA (MPG)** - If there has ever been a Rio Linda dining institution, it's Tummy's Sub Shop on 741 M St. In business for 47 years, the eatery was taken over in December 2022 by Jessica Thornhill.

But Thornhill is no newcomer to the place. Now in her 30s, she started working behind the counter at age 16.

Thornhill literally grew up at Tummy's. While her mother, Julie Ellis, worked there in the 1990s (she's still full-time at Tummy's, along with her sister, Jolene), Thornhill was running in and out of the shop, absorbing the sandwich environment.

Indeed, running Tummy's has always been her dream.

"This is my heart and soul," Thornhill said.

After being away for numerous years with a successful sales career, Thornhill heard once again the siren lure of sandwiches.

When longtime owners and family friends David and Sandy Shinn were getting ready to hang up their roast beef and cheese days, Thornhill decided to buy the restaurant. Thornhill said that she asked her mother and sister to support her endeavor "and they enthusiastically came aboard." Thornhill's father, Chuck Ellis, also joined the family act, assisting with closeout activities at the end of the business day.

While she had some concerns about buying a business during the COVID-19 pandemic and a history-making wave of inflation, Thornhill reminisced, she took the leap.

"I knew what I needed to do to be successful and that's what I did,"

Thornhill said.

After giving herself a couple of weeks to get her ducks and loaves of bread in a row, Thornhill reopened on Dec. 10, 2022. Her menu, which features traditional sub sandwiches, also includes a turkey cranberry wrap and chicken Caesar salad. On Sundays, customers can enjoy a leisurely brunch at Tummy's, including biscuits and gravy, and mimosas.

Adding such items as well as maintaining what has been tried and true for almost a half century, Thornhill said, keeps her "on top of the sandwich game." She kept what was working at Tummy's, which includes a specially-designed ice machine that produces a fluffy, snowlike method to chill beverages.

Meanwhile, a third generation is growing up at Tummy's. Thornhill's daughter, Joslin, 13, and sons, *Continued on page 3*

## Small Business Week Looks at AI

MPG Staff

**SACRAMENTO COUNTY, CA (MPG)** - Capital Region Small Business Week is April 29 through May 4. The City of Rancho Cordova is a sponsor of SacBiz Connect: Small Business Week Resource Expo and Kickoff on April 29. Sacramento County Office of Economic Development is partnering with the City of Sacramento's Office of Innovation and Economic Development to host "BizX, Leveraging AI Technologies to Stay Ahead of the Curve" on May 1 at The Sophia, Home of B Street Theatre.

Capital Region Small Business Week brings together entrepreneurs, seasoned business owners and business experts from public and private entities from across the Greater Sacramento area to celebrate the region's entrepreneurial spirit.

This year's event will focus on exploring the transformative impact of AI (artificial intelligence) in business, healthcare, education, transportation and beyond. A panel of AI and business experts will examine the broader societal impacts of AI, while highlighting the vast opportunities it presents. Attendees will learn how leveraging AI can drive innovation, sustainability and inclusivity, shaping a more equitable and prosperous future for everyone. Small business resource booths and opportunities to network will be available before and after the formal program.

"BizX is just one of several events held during Capital Region Small Business Week, offering a platform to connect our small businesses with local resources," said Sacramento County Economic Development Director Crystal Bethke. "We are pleased to celebrate the vital role our small businesses play in fostering thriving communities and fueling the economic prosperity in Sacramento County."

Entrepreneurs, small businesses and industry professionals are invited to register for the events below at [capitalregion-smallbusinessweek.org/schedule](http://capitalregion-smallbusinessweek.org/schedule).

Day 1, Monday, April 29 is Small Business Procurement Summit from 3 to 4:30 p.m. at The Lounge at Frequency Coworking, 3249 Quality Drive, Rancho Cordova. Small Business Week Resource Expo and *Continued on page 3*

## County Nurses Prepare for Disasters

Sacramento County News Release

**SACRAMENTO COUNTY, CA (MPG)** - Sacramento County's Department of Health Services (DHS) is taking a proactive approach by providing four Nurse Disaster Worker Trainings to ensure County nurses are prepared and well-educated ahead of a disaster.

According to Director of Public Health Nursing, Lynn Svansson, this training is important because, in an emergency, County public health nurses would move into a situation that's different than their normal workday and comfort level. By collaborating with local nursing professionals, our nurses will be equipped to provide safe and effective care to our community.

The four-part nurse training series covers a range of topics, including disaster readiness, a clinical refresher and training for shelter leaders.



Nurses train with a dummy in a hospital bed. Courtesy photo

In March, DHS held its third training event, partnering with California State University Sacramento's School of Nursing faculty, local hospital nurses, nursing honor society members, and student nurses to provide three sessions of the Nurse Disaster Worker Clinical Skills Refresher which began with a

classroom lecture followed by lab work.

"We went through a little bit of dyadic information, as far as taking care of nonobvious emergencies, in shelter situations. They will also be practicing some hands-on skills, basic patient assessments, mobility, how to use some of the equipment, and how

to use some of the first aid equipment that's going to be available to some of these nurses," said Laura Cravens-Ray, assistant professor, California State University, Sacramento.

"Something I really wanted to learn, even before this, was wound care. So, I am really glad *Continued on page 3*



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**Rio Linda Community Update**

*I was trying to help, but I made a mistake*

**By County Supervisor Sue Frost**  
 Through the generosity of the *The Rio Linda News*, this column serves to provide an update about matters affecting the community of Rio Linda.

Last month, the Board of Supervisors heard a presentation about broken families and the struggles of our region's most vulnerable children. The numbers were startling, and the stories were heartbreaking.

We heard about the impact of families suffering from economic stress and children pushed into courts that could result in removal from their families. We also heard about a grant for a pilot program that purports to help - one that other jurisdictions claimed was reducing incidents of children being pushed into the family court system.

I joined my colleagues in supporting this pilot project. But upon reflection, I shouldn't have.

I so was focused on the numbers, the needs of these families, and the struggles of the children - as well as the grant dollars from the state for a pilot project that wouldn't cost county taxpayers or reduce other services we provide - that I didn't take the time to consider the broader issues.

Families are the building blocks of our society

- and I will always step up to strengthen families and support parents. However, I should have looked deeper and realized that this pilot program isn't really the best way to help families and the data presented didn't tell the whole story. Even though my vote wouldn't have changed the outcome, I should have voted "no."

I made a mistake - and I have to own that.

After looking more closely at the pilot program, I'm concerned that it sets a precedent that could be used to justify a wider use allocation of public resources based on racial preferences. In fact, the pilot project itself violates the California Constitution - which prohibits the state from granting privileges or immunities to a citizen or class of citizens that are not granted to the same terms to all citizens. (See California Constitution, Declaration of Rights, Article 1, Section 7B).

I'm also concerned that throwing money at a problem - even though it isn't county tax dollars - without addressing the deeper issues plaguing so many families isn't going to make things better.

Instead of throwing money at the problem, we should be focused on supporting parents. And instead of dividing people by race, we should

be celebrating our shared commitment to our families. The pilot project isn't a panacea - it has insufficient restrictions and not enough accountability and doesn't address the underlying causes of family crises.

The challenges families face in these often conflicting times, the incidents of abuse, and the growing number of children struggling with school or getting into trouble won't disappear with a \$750 check. And doling out those dollars based on race, rather than need, perpetuates divisions in our society.

I know it's not politically expedient to admit you made a mistake, and there was little media attention, so I could have just remained quiet and few people would have noticed. But I think you deserve to know the truth - not just when it's convenient, but also when I mess up.

Thank you for reading and as always, if you want to contact me, call me at 916-874-5491 or e-mail me at SupervisorFrost@saccounty.gov.

*Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Murieta.* ★

**Housing and Infill Workshop**

*Recap and Next Steps*

**Sacramento County News Release**

**SACRAMENTO COUNTY, CA (MPG)** - The Board of Supervisors conducted a workshop at its April 10 meeting to discuss a range of policy considerations related to process improvements, hearing body authority and regulatory and financial incentives to streamline development of housing in infill areas.

The Board of Supervisors directed Community Development Department staff to return with a Resolution of Intention to amend the County's Zoning Code and County Code in ways that would facilitate streamlined housing production and accelerate infill development.

"We're taking this feedback from the board and will put together a Resolution of Intention to present back to the board in the coming months," said Todd Smith, planning director. "Our overall goal is to increase the amount of infill development in the

unincorporated county and this guidance will become our north star as we move forward with this process."

High quality infill development benefits the region through investments in aging communities, reducing vehicle miles traveled and associated emissions, and generally improving the quality of life for residents.

In February 2023, the Board of Supervisors adopted a Resolution regarding the County's Development Review Process Improvements that provided general direction to staff to address process-related constraints to improving the built environment in Sacramento County.

The Board subsequently discussed infill and housing at the September 19, 2023, Board retreat. As it relates to housing and infill, the Resolution acknowledges the unprecedented housing supply and affordability crisis, identifies the need to facilitate equitable investment in and economic development

of existing communities, particularly within aging commercial corridors and Environmental Justice communities, and public improvements to help catalyze such investments.

The Resolution further expresses the Board's general support for amendments to County codes and regulations that allow for more ministerial/by-right development and more approvals at the staff level or lower hearing bodies. Infill development is highlighted as a priority in the goals, policies, and implementation measures of the Sacramento County General Plan.

The recommendations made and potential process improvements suggested at the housing and infill workshop are very much in line with the February 2023 Resolution. A Resolution of Intention related to this workshop will come before the board in the coming months. To stay up to date on all of the County's infill efforts and to subscribe to project updates, visit SacramentoCountyInfill.com ★

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# SETA Director Appointed

# Small Business Week Looks at AI

## Sacramento County News Release

**SACRAMENTO COUNTY, CA (MPG)** - The Sacramento County Board of Supervisors at its April 9 meeting authorized the County Executive's appointment of Anita Maldonado as the Sacramento Employment and Training Agency (SETA) executive director. The Sacramento City Council, at its April 9 meeting, also confirmed Maldonado's appointment. Maldonado's appointment is effective, as of April 10.



**Anita Maldonado.** Photo Courtesy of Sacramento County

programs and efforts to heighten awareness regarding issues that impact youth and underserved communities.

Maldonado also has nearly eight years of teaching experience as an adjunct faculty member of the Franklin University Public Administration Department, where she has taught multiple online courses that cover public and nonprofit governance and leadership.

Since 2020, Maldonado served as the Chief Executive Officer of Social Advocates for Youth, where she was responsible for the oversight of Youth Crisis, Career and Educational, Counseling, and Housing service programs. Prior to her current role, Maldonado served as the Chief Executive Officer of California Human

Development. Maldonado also worked for IMPACT Community Action as the Chief Operating Officer.

Maldonado also possesses a Ph.D. in higher education from Kent State University and a master's degree in public administration and Bachelor of Arts degree in political science from the University of Akron.

SETA, a joint powers agency of the City and County of Sacramento, was formed in 1978. SETA connects residents to jobs, business owners to employees, education and nutrition to children and assistance to refugees. For more information, visit the SETA website at [www.seta.net](http://www.seta.net).

"We are thrilled that after a national recruitment, Dr. Maldonado has been appointed as SETA's new executive director," said Sacramento City Manager Howard Chan. "SETA plays a pivotal role in our community providing workforce development and serving family and early-childhood needs. Dr. Maldonado's extensive experience, as well as her vision for this position, will benefit her greatly as she leads this important organization into its next chapter." ★

*Continued from page 1*

Kickoff is from 4:30 p.m. to 7 p.m., also at The Lounge at Frequency Coworking in Rancho Cordova.

Day 2, Tuesday, April 30 is Exporting and Importing for Small Businesses online from noon to 1:30 p.m. The SBDC (Small Business Development Center) Capital Summit is from 2 to 5 p.m. at the Mahany Fitness Center, 1545 Pleasant Grove Blvd., Roseville.

Day 3, Wednesday, May 1, is 1 Million Cups Sacramento from 8:30 to 10 a.m. at the Carlsen Center for Innovation and Entrepreneurship, 6000 J St. Library 1520, Sacramento. The Mentor Sprint is from 10:30 a.m. to noon at the Carlsen Center for Innovation and Entrepreneurship, 6000 J St. Library 1520, Sacramento. The Webinar: Resources for Your Small

Business is from 1 to 2 p.m. The BizX Presents: Leveraging AI Technologies to Stay Ahead of the Curve is from 3 to 6 p.m. at The Sofia, 2700 Capitol Ave., Sacramento.

Day 4, Thursday, May 2, is BBB Sacramento Women's Conference from 8:30 a.m. to 3:30 p.m. at Frequency Coworking, 3249 Quality Drive, Rancho Cordova. The May Marketplace Small Business Pop-Up Fair| is from 4 to 7 p.m. at The Lounge at Frequency Coworking in Rancho Cordova.

Day 5, Friday, May 3, is the SBA Small Business Awards Luncheon and Expo from 10 a.m. to 2 p.m. at the Double Tree by Hilton. 2001 Point Way, Sacramento.

For more information about Capital Region Small Business week, visit [capitalregionsmallbusinessweek.org](http://capitalregionsmallbusinessweek.org). ★

# Tummy's a Rio Linda Mainstay

*Continued from page 1*

Christopher, 10, and Jerson, 2, are familiar faces around Tummy's, as well as Jolene's son, Julio, 11, and daughter, Jazmine, 4. The upcoming Tummy's brood underscores the family-run atmosphere.

While Thornhill maintains that they bicker from time to time like any family ("there's an ongoing sisterly feud on whether to strategically place pickles or tomatoes first"), she said that her family "has a true abiding affection for each other that sees us through."

When asked why they would choose a sandwich shop for a family-centered business, Thornhill's response is, "Our love

language is food."

"I make sure Mom's happy. I make sure sister's happy. I couldn't do it without them," Thornhill added.

Thornhill said that she thinks about the restaurant when she is home at night.

"I'm always trying to constantly improve," Thornhill said.

In the years to come, Thornhill said, Rio Lindans "can always count on me to keep Tummy's Sub Shop going."

The eatery is open seven days a week. For more information, call 916-991-5507 or visit Tummy's Sub Shop on Facebook. ★

# Sacramento Native Relays Instructions to Sailors Aboard USS Dewey

# County Nurses Prepare for Disasters

*Continued from page 1*

that we got to learn," said Darya Eslamian, public health nurse II at Sacramento County. "It's very important to have these trainings so when a disaster does happen, we are not trying to scramble and trying

to learn everything. We are as prepared as possible."

To learn more about the third part of the nurse disaster training series, which included collaboration efforts with Sacramento State, watch the "Sacramento County

Nurses Prepare for Disasters with a Training in Partnership with Sac State" on the County YouTube channel. More information regarding the fourth part of the training series will be provided as it becomes available. ★



## Navy Office of Community Outreach News Release


**PHILIPPINE SEA (MPG)** - Boatswain's Mate 2nd Class Tramain White, top left, from Sacramento, California, relays instructions to Sailors on the aft-missile deck aboard the Arleigh Burke-class guided-missile destroyer USS Dewey (DDG 105) during a replenishment-at-sea with the Henry J. Kaiser-class underway replenishment oiler USNS Yukon (T-AO 202) while conducting operations in the Philippine Sea, March 29. Dewey is forward-deployed and assigned to DESRON 15, the Navy's largest DESRON and the U.S. 7th fleet's principal surface force. U.S. Navy photo by Mass Communication Specialist 1st Class Samantha Oblander.



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# Rep. Ami Bera Votes for Series of Bipartisan Bills to Support Ukraine and Israel

Office of Rep. Ami Bera News Release



Representative Ami Bera, M.D. (CA-06). Courtesy photo

WASHINGTON, D.C. (MPG) - On April 20, U.S. Representative Ami Bera, M.D. (CA-06) released the following statement after voting for a series of bipartisan security supplemental bills which provide critical security assistance to Ukraine and Israel, bolster security and stability in the Indo-Pacific, and deliver essential humanitarian aid to civilians in Gaza:

"I am proud to vote to advance these critical pieces of bipartisan legislation to ensure that America rises to meet this important moment in history.

"As a senior Democrat serving on the House Foreign Affairs Committee and the House Permanent Select Committee on Intelligence, I am keenly aware of the numerous national security challenges facing our nation and our allies and partners.

"The Ukrainian people continue to wage a valiant fight against Vladimir Putin's unprovoked and illegal invasion. Now in its third year, Ukraine is in dire need of assistance to replenish defense stockpiles and give brave Ukrainian soldiers the support they need to win their

(NJ-03), urging the Biden administration to help facilitate the scaling up of safe, timely, and sufficient delivery of humanitarian aid to civilians in the Gaza Strip. As the humanitarian situation in the Gaza Strip continues to unfold amid ongoing conflict and instability, it is critical that we provide essential supplies including food, clean water, and medication. This bill provides additional funding to ensure humanitarian aid reaches civilians in Gaza, Haiti, and Sudan.

"As Ranking Member of the House Foreign Affairs Indo-Pacific Subcommittee, I am committed to maintaining peace, stability, and prosperity in the Indo-Pacific. This bill provides funding to strengthen the security of our partners in this vital region.

"As a small minority of extreme Members try to stifle progress, I am proud to stand with a strong bipartisan majority that believes that America must continue to lead the free world in efforts to end the war in Europe, contain the conflict in the Middle East, and prevent a war in Asia. I call on my Senate colleagues to promptly pass these critical pieces of legislation and send them to President Biden's desk for signature." ★

battle for freedom and democracy. While long overdue, this bill provides urgently needed support to aid Ukraine in defending its homeland and countering Russian aggression.

"Last weekend's unprecedented drone and missile attack by Iran on Israel underscored the strength of Israel's defense capabilities. This legislation replenishes Israel's Iron Dome and David's Sling missile defense systems and provides other critical security assistance to further strengthen the security of Israel and its people. I remain supportive of the Biden administration's efforts to restore stability and avoid further escalation in the region.

"In December, I introduced H. Res. 935 alongside Rep. Andy Kim

# Kings Korner

By V.G. Harris



The Sacramento Kings are officially out of the playoffs, and the 2023/2024 season is over.

The question that everyone should be asking is, is there reason for optimism? I say unequivocally, yes!

Kings center, and indefatigable big man Domantas Sabonis, has now completed two consecutive seasons as the NBA's number one rebounder, outproducing every other player in the entire league. Add to that herculean feat the fact that he led the league for the first time in his career in triple doubles with 26, and you have the picture of an indispensable player.

If there was an iron man award given in the NBA, no doubt Domantas would receive this award as well. Playing in all 82 games, the Kings center led by example all season, undoubtedly playing through numerous nagging injuries, just as he did last year when he played the bulk of the season with a broken thumb.

So, with the fastest point guard in the NBA in De'Aaron Fox, and a center like Domantas Sabonis leading the way, why are the Sacramento Kings sitting on the sidelines, watching the playoffs from afar once again?

Because no one player, or even two, can do it alone.

Whether a healthy Malik Monk would have been enough to give the Kings the extra fuel they needed to finally defeat the New Orleans Pelicans after suffering through five straight defeats in the regular season is anyone's guess.

Make no doubt about it, Malik Monk is magic to this team, and if Monte McNair does nothing else, he must sign Malik to a long-term deal.

Domantas needs someone with girth next to him, and if either coach Brown can figure out how to effectively use Alex Len, or it becomes necessary to draft or acquire a free agent, by next season Domantas can't be the only player capable of averaging a double-double.

By all rights this team should be meeting the Oklahoma City Thunder, and were it not for our own implosion caused by missing free throws, or games taken away by way of atrocious officiating, the Kings would

undoubtedly be in the first round for the second straight year.

That is not the case, and we all must shake away the cobwebs and buckle down to reason with a remedy that is realistic.

First acknowledge there is no first-round pick, so focus on the second round and scour the NCAA, Europe, and beyond to find the Kings a legitimate player capable of not just making the team, but able to make a significant contribution.

I like overall what I see in the growth of Keon Ellis, but there will need to be an expansion of his playing skills if he is to be a starter on this team.

Trey Lyles' time has come, and he needs to replace Harrison Barnes in the starting lineup.

If that is a knock on Harrison, it should not be taken as such. Trey is 28 and provides more girth and rebounding potential than Barnes. Lyles has a three-point shot that is good, and with more playing time I'm convinced he can surpass the 40% mark on a consistent basis.

Coach Brown, after tinkering with his bench substitutions for the entire season, finally tightened down for the final two games, and played a total of four off the bench in the win over the Golden State Warriors. This needs to continue and should not be an aberration.

As I recede into the offseason, and turn my attention to baseball, it's the win over the Golden State Warriors that I will focus on. Yes, the win that sends a message to a team that says, "the torch has been passed," and we have not forgotten last season's humbling loss that took away our chances to advance to the second round.

As the sun sets on this roller coaster we call the NBA, let's be sure to applaud De'Aaron Fox who finished 8th in the NBA in scoring with a 26.6 ppg scoring average. De'Aaron, like his teammate Domantas Sabonis, is the epitome of bringing his lunch to work, and not a game goes by that De'Aaron doesn't leave it all on the hardwood.

Congratulations to this mighty team, to their effort, and to their commitment. We will all be back next year to root you on to even greater heights!

All the best!

# May is Mental Health Awareness Month

By Scott Knight, The Jason Foundation



Since 1949, Mental Health America and its affiliates across the country have led the observance of May as Mental Health Awareness Month by reaching millions through the media, local events, and screenings. It raises awareness of trauma and the impact it can have on the physical, emotional, and mental well-being of children, families, and communities. Cities and businesses across the country hold various events to support mental health and open up the lines of communication. Many websites provide ideas for businesses to support their employees during May and beyond.

According to the CDC, suicide rates in our country increased by 36% between 2000-2021. Suicide was responsible for 48,183 deaths in 2021 alone, which is about one death every 11 minutes. We know that many mental health disorders-including depression, bipolar disorder, borderline personality disorder, and PTSD-come with heightened risk of suicidal thoughts or attempts. While seeking help for suicidal thoughts or behaviors is critical regardless of the cause, securing a specific diagnosis may help the individual receive treatment-especially ongoing treatment -that is best suited to their mental health needs.

Mental Health America says that up to 60% of people who die by suicide have major depression, and research suggests that the majority of suicides are related to a psychiatric condition. If you or someone

you know is depressed, there are effective treatments available. Talking to your doctor is a fantastic first step, and you can also visit the National Alliance on Mental Health Illness to learn more about support groups that you might find helpful.

The Jason Foundation is another valuable resource. JFI is dedicated to the prevention of the "Silent Epidemic" of suicide through educational and awareness programs. On its website, you will learn about warning signs and risk factors associated with people who may be struggling with mental health issues and suicidal ideation. JFI's website also has more information about finding a Jason Foundation location near you. We know that four out of five individuals considering suicide give some sign of their intentions, either verbally or behaviorally. In 80% of those considering suicide, we have an opportunity to recognize the warning signs and intervene. Take the time to educate yourselves on the warning signs and risk factors associated with suicide. This knowledge may help you save the life of a friend or loved one. ★

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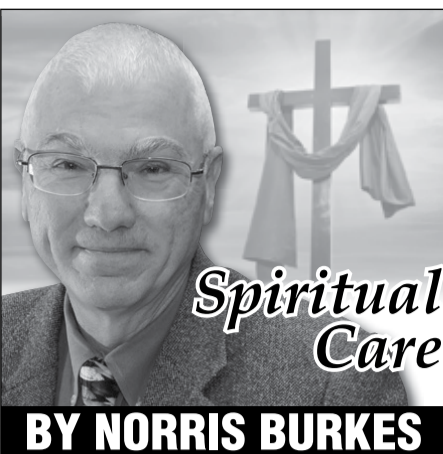
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# The Pantless Chaplain



**BY NORRIS BURKES**

Whenever I meet fellow veterans, we'll often engage in some good-natured ribbing. I set up the first joke by announcing that I'm an Air Force vet, which inevitably invokes the response, "Oh, you mean you're a 'Chair Force' vet."

I understand that nickname because Air Force members occupy a lot of chairs doing heavily technical work in places like the Space Force and Cyber Command.

I first met those seat-techies in 1994 while on my first active-duty assignment at Onizuka Air Force Station in Sunnyvale, Calif.

Declassified that same year, Onizuka was dubbed the "Blue Cube" because of its shape, color and lack of windows. Outside the cube, sat three parabolic dish antennas that the chair jockeys in blue jumpsuits used for "flying" military satellites.

A few miles away, I sat in a chair in our chapel offices on Moffett Field, a Navy base acquired by the Air Force that same year. My workday often included planning worship, counseling and meeting with our staff.

In these days before 9/11, chaplains, like most military officers, wore a simple uniform of sky-blue shirt and dark-blue Poly/Wool pants that resemble blue Dockers. We called the ensemble our "Blues." Add the rank, name tag and a Protestant cross, and I became an instant chaplain.

It was the same uniform I'd worn for monthly weekend duty as a USAF Reservist, so I quickly mastered the routine for daily wear. We had no one inspecting us for proper haircuts, uniforms or shoe shining. We were all friends and "trusted professionals."

With a 7:30 a.m. daily start, I'd often suit up in my darkened bedroom on summer mornings, leaving the exhausted mother of our four children asleep.

Early one morning I decided to bypass office work to make a few visits around the cube. I walked through classified work areas introducing myself and giving an encouraging word. I returned to the office before lunch with a feeling that I had done some good chaplain-type work.

"Good," that is until I was greeted by Janet, our chapel manager and Non-Commissioned Officer in Charge (NCOIC).

Janet was a law-and-order manager, good with regulations and policies. She had a sharp eye for detail that helped her chaplains stay sharp too.

I knew something was up when she asked, "What are you wearing today, Chaplain?"

Her question sent me inspecting my shirt for uneaten breakfast.

"Look farther down," she said.

Forget the friendly "Chair Force." I was beginning to feel like a recruit standing before his drill instructor.

Finally, unable to hold her snicker, she said, "Those can't be your uniform pants."

"Why?" I asked, still staring at my well-worn blue pants.

"They look more like Levi Dockers® than official Air Force Blues."

Suddenly I was the picture of patriotism – a red face on a white man wearing blue pants.

She was right. In my haste to dress in my darkened room, I'd donned my Levi's Ultimate Chino Straight Fit instead of my Air Force Poly/Wool pants.

There's no telling how many airmen on my morning rounds noticed Dockers on their new chaplain. But just like the people in Hans Christian Andersen's fable, "The Emperor's New Clothes," they'd said nothing.

But the sergeant, like the little boy of the story, was the only one brave enough to call out her proud chaplain for his "nakedness."

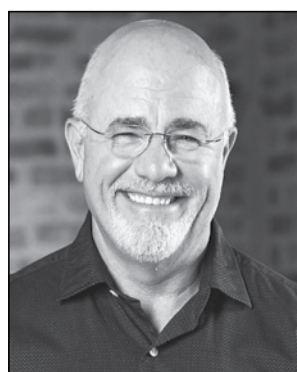
I tried minimizing my mistake with the adage, "No one's perfect. We all put our pants on one leg at a time."

"Still," she said, "Perhaps chaplains ought to heed the Jesus protocol and 'Be perfect, therefore, as your heavenly Father is perfect'" (Matthew 5:48).

But, but..." I stammered as she reloaded.

"And I think even Jesus might tell you that perfection begins with first choosing the right pants."

And with that, I returned home to change pants. Obviously, my argument no longer had a leg to stand on. ★



**A Safety Net, Not a Hammock**

Dear Dave,

My husband and I are in a bad situation, and we're thinking about taking my parents up on their offer to move in with them. We both work two jobs. I'm a medical transcriptionist with a small business on the side, and he's a warehouse clerk who is also trying to get a business off the ground. Combined, we bring home about \$70,000 a year, plus we have \$80,000 in debt between credit cards and a car loan. On top of all this, our rent went up 18% at the first of the year, and we can't afford the increase. Should we move in with my folks?

– Melissa

Dear Melissa,

I'm not opposed to families jumping into a situation together to solve a problem. That includes

## Dave Ramsey Says

grown children moving back home for a short period of time. Sometimes, when the right people are involved (and proper boundary expectations are established and agreed upon), it can work out well for everyone. I just want you to be very careful that you're not using a move like this to mask the real problem.

I'm going to shoot straight with you. The real problem isn't an 18% jump in rent. The real problem is what that rent increase revealed about you both—the fact that you have weak careers. You guys are like two hamsters in a wheel right now. Neither one of you is afraid of work. That much is obvious. And you're working four jobs between the two of you, so there's no lack of effort. But you're not gaining any traction. You're not making a lot of money, and the debt hanging over your heads isn't helping either.

Your parents are obviously good-hearted people, Melissa. If you do this, I want you, your husband and your folks

to go into it with this mindset—your stay with them is a brief stopover on your way to prosperity. Don't go into this—any of you—with an attitude of the world is mean, rent went up, and we can't make it out there. This is a safety net, not a hammock. Use this time to begin addressing your financial issues, and take a long, hard look at your career and income situation. If you use this opportunity wisely, you can emerge in a better place with your money and with getting ahead in your careers.

God bless you all!

– Dave

*Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions* ★

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<p><b>Church of Christ</b> Worship God's Way Minister Eric Smith</p> <p>6818 4th Avenue Rio Linda, CA 95673 (916) 991-2668</p> <p>Church 10:30 a.m.</p>	<p><b>LOOKING FOR A PLACE TO WORSHIP?</b></p> <p>Check out one of these churches in your community.</p>	<p><b>NEW BEGINNINGS FELLOWSHIP</b> Pastor Deonte Walters</p> <p>10th and O Streets (916) 991-2918</p> <p>Sunday School 9 a.m. Sunday Worship 10:30 a.m.</p>
<p><b>Rio Linda Seventh Day Adventist Church</b> 7535 - 10th St. and U Rio Linda</p> <p>Sabbath School 9:15 a.m. Worship Services 11 a.m.</p>	<p><b>North Metro Church of Christ</b> 4191 Norwood Ave., Sacramento 95838 (916) 923-1147 Minister Pete Savage</p> <p>SUNDAY Bible Classes: 10 a.m. Worship: 11 a.m. Worship: 6 p.m. Wed. Bible Classes: 7 p.m.</p>	<p><b>LIBERTY MINISTRIES CHRISTIAN FELLOWSHIP</b> Pastor Shannon Fannin</p> <p>Liberty Ministries extends an invitation to come and join us for Celebration Worship Sunday 9 a.m.</p> <p>Youth Extreme &amp; Food Closet (916) 922-6442 4840 Marysville Blvd. www.libertymcf.net</p>
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02323  
Victor R Garcia and Victor M Garcia, 7659 Denio Way, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "CH Café & Grill/ericas Café/Garcia's Family Cafe" 6215 Sunrise Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 25, 2024  
Publish: April 5, 12, 19, 26, 2024  
4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02196  
CR1F Group LLC, 5000 Birch Street #100B, Newport Beach, CA 92660 is doing business under the Fictitious Business Name(s) "Credit 1 Finance Group" 5000 Birch Street #100B, Newport Beach, CA 92660. Filed with the Clerk of Sacramento County March 20, 2024  
Publish: April 5, 12, 19, 26, 2024  
4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02078  
Elias Caraska, 5518 Auburn Boulevard, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "D & W Hobbies" 5518 Auburn Boulevard, Sacramento, CA 95841. Filed with the Clerk of Sacramento County March 15, 2024  
Publish: April 5, 12, 19, 26, 2024  
HOBBIES 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02206  
Mary Gwaltney, 3416 American River Drive Suite B, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "The Center for Educational and Social Success/Cognizant Counseling and Assessment" 3416 American River Drive Suite B, Sacramento, CA 95864. Filed with the Clerk of Sacramento County March 20, 2024  
Publish: April 5, 12, 19, 26, 2024  
CENTER 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01918  
Silverstreak Registration & Permit Services LLC, 8146 Greenback Lane Suite 101, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Silverstreak Registration & Permit Services" 8146 Greenback Lane Suite 101, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 12, 2024  
Publish: April 5, 12, 19, 26, 2024  
SILVERSTREAK 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02219  
Britanie N. Page and Collin W. Page, 8468 Central Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Page Financial Group" 8468 Central Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 20, 2024  
Publish: April 5, 12, 19, 26, 2024  
PAGE 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02183  
German Palomares Karrom, 4 Hondo Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "G Welding Services" 4 Hondo Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 20, 2024  
Publish: April 5, 12, 19, 26, 2024  
WELDING 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02153  
John R. Watt, 7007 Main Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Scorched Fabrication" 7007 Main Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 19, 2024  
Publish: April 5, 12, 19, 26, 2024  
SCORCHED 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01708  
Pomme Miel Businesses LLC, 4100 Redwood Road Suite 20A-123, Oakland, CA 94619 is doing business under the Fictitious Business Name(s) "PizzaForno" 12401 Folsom Boulevard, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County March 5, 2024  
Publish: April 5, 12, 19, 26, 2024  
PIZZAFORNO 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01775  
Peter Frank Ochoa, 2201 19<sup>th</sup> Avenue, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Universe Network Services" 2201 19<sup>th</sup> Avenue, Sacramento, CA 95822. Filed with the Clerk of Sacramento County March 7, 2024  
Publish: April 5, 12, 19, 26, 2024  
UNIVERSE 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02411  
Denis Voyku, 9329 Orangevale Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "DV Transportation Services" 9329 Orangevale Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 28, 2024  
Publish: April 5, 12, 19, 26, 2024  
TRANSPORTATION 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02378  
ESM Trading Company Inc, 7817 Wooddale Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Crazee 4 Pasta/Florian Café and Deli"

2204 Sunrise Boulevard, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County March 27, 2024  
Publish: April 5, 12, 19, 26, 2024  
CRAZEE 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01150  
Alpentanzer Schuhplattler, 3349 J Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Alpentanzer Schuhplattler/Alpentanzer Schuhplattler/STV Alpentanzer Schuhplattler/STV Alpentanzer Schuhplattler/Sacramento Turn Verein Alpentanzer Schuhplattler" 3349 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 13, 2024  
Publish: April 12, 19, 26, May 3, 2024  
ALPENTANZER 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02425  
Bashar Bazingan, 3822 El Camino Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Lockwise" 3822 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 28, 2024  
Publish: April 12, 19, 26, May 3, 2024  
LOCKWISE 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01842  
Scott Greenwood, PO Box 3087, Carmichael, CA 95609 is doing business under the Fictitious Business Name(s) "Redwood Creek Engineering" 2617 K Street Suite 125, Sacramento, CA 95816. Filed with the Clerk of Sacramento County March 8, 2024  
Publish: April 12, 19, 26, May 3, 2024  
REDWOOD 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02444  
Evergreen Commercial Management, Inc., 2485 Natomas Park Drive Suite 360, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Evergreen Management Company" 2485 Natomas Park Drive Suite 360, Sacramento, CA 95833. Filed with the Clerk of Sacramento County March 29, 2024  
Publish: April 12, 19, 26, May 3, 2024  
EVERGREEN 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02234  
Astronaht LLC, 2108 N Street Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "New House Press" 2108 N Street Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County March 21, 2024  
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NEW 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02299  
Herrada, Inc., 6970 Sunrise Boulevard, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "3 Rios Taqueria" 6970 Sunrise Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 25, 2024  
Publish: April 12, 19, 26, May 3, 2024  
RIOS 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02334  
Kiana O. Flores, 6017 Telesco Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Cat's Meow - Full Body Waxing & Aesthetics" 4719 Manzanita Avenue #3, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 26, 2024  
Publish: April 12, 19, 26, May 3, 2024  
CATS 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02423  
Priority Construction, 11013 Jackson Road, Sacramento, CA 95830 is doing business under the Fictitious Business Name(s) "Priority Construction" 11013 Jackson Road, Sacramento, CA 95830. Filed with the Clerk of Sacramento County March 28, 2024  
Publish: April 12, 19, 26, May 3, 2024  
PRIORITY 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01698  
Trade Key Virtual Media Inc., 11230 Gold Express Drive Suite 310-160, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Regen Nutraceuticals/Zen Nootropics/Hemp Healthy Naturals/Purelife Natural Wellness/Ayurveda Science of Life" 9915 Fair Oaks Boulevard Suite C, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 5, 2024  
Publish: April 12, 19, 26, May 3, 2024  
REGEN 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01781  
Trevor Hubby Performance LLC, 2345 Aerostar Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Sutter Park Fitness" 533 53rd Street Suite 110, Sacramento, CA 95819. Filed with the Clerk of Sacramento County March 7, 2024  
Publish: April 12, 19, 26, May 3, 2024  
SUTTER 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01984  
Anulari, LLC, 3845 Sierra Gold Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Serene Furniture - Home Decor" 5128 Auburn Boulevard, Sacramento,

CA 95841. Filed with the Clerk of Sacramento County March 13, 2024  
Publish: April 12, 19, 26, May 3, 2024  
SERENE 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02293  
Pro Haircuts LLC, 8391 Folsom Boulevard Suite 5, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Pro Haircuts" 8391 Folsom Boulevard Suite 5, Sacramento, CA 95826. Filed with the Clerk of Sacramento County March 22, 2024  
Publish: April 12, 19, 26, May 3, 2024  
PRO 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01866  
Dung The Tran, 7205 Alpine Frost Drive, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Chic Nails & Spa Salon" 3443 Laguna Boulevard Suite 136, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County March 11, 2024  
Publish: April 12, 19, 26, May 3, 2024  
CHIC 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01546  
H & F Performance Training LLC, 1850 Fairchild Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Coerver Sac Sierra" 1850 Fairchild Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 29, 2024  
Publish: April 12, 19, 26, May 3, 2024  
COERVER 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02452  
Hampton Educational Services, LLC, 3400 Cottage Way Suite C, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "California Learning Center" 3400 Cottage Way Suite C, Sacramento, CA 95825. Filed with the Clerk of Sacramento County March 29, 2024  
Publish: April 12, 19, 26, May 3, 2024  
CALIFORNIA 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02627  
Paul T. Huff and Olivia M. Huff, 5137 Robertson Avenue, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Tinker's Coin Productions/Sacramento Dialogue/Explorations in Education/Magic Penny Puppets" 5137 Robertson Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 5, 2024  
Publish: April 19, 26, May 3, 10, 2024  
TINKERS 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02628  
Raymond Barnhill, 6112 Jack London Circle, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Hilltop Painting" 6112 Jack London Circle, Sacramento, CA 95842. Filed with the Clerk of Sacramento County April 5, 2024  
Publish: April 19, 26, May 3, 10, 2024  
HILLTOP 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02374  
22 Wood Design, 6745 50<sup>th</sup> Street, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Supurb Handyman Sevices" 6745 50<sup>th</sup> Street, Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 27, 2024  
Publish: April 19, 26, May 3, 10, 2024  
SUPURB 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02696  
Enrique Alejandro Rolon, 3836 Ivy Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Rolyoa Transport" 3836 Ivy Street, Sacramento, CA 95838. Filed with the Clerk of Sacramento County April 9, 2024  
Publish: April 19, 26, May 3, 10, 2024  
ROLOYA 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02482  
Rakesh K Pareenja, 2380 Watt Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Bella Cucina" 2380 Watt Avenue, Sacramento CA 95825. Filed with the Clerk of Sacramento County April 2, 2024  
Publish: April 19, 26, May 3, 10, 2024  
BELLA 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02759  
Dorado Imagery, Inc., 5459 Plantain Circle, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Dorado Craft Works" 5459 Plantain Circle, Orangevale, CA 95662. Filed with the Clerk of Sacramento County April 11, 2024  
Publish: April 19, 26, May 3, 10, 2024  
DORADO 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02752  
Clifton Russo and April Russo, 8136 Ashtead Court, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "High Class Glass" 8136 Ashtead Court, Sacramento, CA 95829. Filed with the Clerk of Sacramento County April 11, 2024  
Publish: April 19, 26, May 3, 10, 2024  
HIGH 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02431  
Mountain Mikes Pizza, 5019 El Camino Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Mountain Mikes

Pizza" 5019 El Camino Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 29, 2024  
Publish: April 26, May 3, 10, 17, 2024  
MOUNTAIN 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01800  
Andrea Z Evans, PO Box 4145, Ketchum, ID 83340 is doing business under the Fictitious Business Name(s) "Philanthropy Consulting Group" 205 Raven Road A1-5 Ketchum, ID 83340 Filed with the Clerk of Sacramento County March 7, 2024  
Publish: April 26, May 3, 10, 17, 2024  
HD 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02640  
Michael A. Cano, 3267 Sanbury Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Both Hands Handyman" 3267 Sanbury Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 5, 2024  
Publish: April 26, May 3, 10, 17, 2024  
BOTH 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02283  
Doua Vang, 2800 Gardendale Road, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Allclean Pro Services" 2800 Gardendale Road, Sacramento, CA 95822. Filed with the Clerk of Sacramento County March 22, 2024  
Publish: April 26, May 3, 10, 17, 2024  
ALLCLEAN 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02798  
Anshul Dixit and Upasna Dixit, 1968 Misty Meadow Drive, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Career and Minds" 1968 Misty Meadow Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County April 12, 2024  
Publish: April 26, May 3, 10, 17, 2024  
CAREER 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02627  
Paul T. Huff and Olivia M. Huff, 5137 Robertson Avenue, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Tinker's Coin Productions/Sacramento Dialogue/Explorations in Education/Magic Penny Puppets" 5137 Robertson Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 5, 2024  
Publish: April 26, May 3, 10, 17, 2024  
TINKERS 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02953  
Kian Nikzad, 1320 D Street Apt D, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Sun Harvest" 1320 D Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County April 17, 2024  
Publish: April 26, May 3, 10, 17, 2024  
SUN 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02936  
Guixiang Tang, 4413 Ravenwood Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Oceanview Massage" 4141 Manzanita Avenue #115, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 17, 2024  
Publish: April 26, May 3, 10, 17, 2024  
OCEANVIEW 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02971  
Babak Bordbar, 12499 Folsom Boulevard, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Magnicent Analytical Accounting Solutions" 12499 Folsom Boulevard, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County April 18, 2024  
Publish: April 26, May 3, 10, 17, 2024  
MAGNICENT 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03000  
Richard A. Islas, 2453 Werbe Lane 166, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Rott10.comapparel Zombie Apparel" 2453 Werbe Lane 166, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 19, 2024  
Publish: April 26, May 3, 10, 17, 2024  
ROTT 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02752  
Clifton Russo and April Russo, 8136 Ashtead Court, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "High Class Glass" 8136 Ashtead Court, Sacramento, CA 95829. Filed with the Clerk of Sacramento County April 11, 2024  
Publish: April 19, 26, May 3, 10, 2024  
HIGH 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02752  
Clifton Russo and April Russo, 8136 Ashtead Court, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "High Class Glass" 8136 Ashtead Court, Sacramento, CA 95829. Filed with the Clerk of Sacramento County April 11, 2024  
Publish: April 19, 26, May 3, 10, 2024  
HIGH 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02431  
Mountain Mikes Pizza, 5019 El Camino Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Mountain Mikes

95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 22, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: April 5, 12, 19, 26, 2024  
KIENE 4-26-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV004347  
Michael Donald Rice has filed a petition with this court for a decree changing the name(s) of Michael Donald Rice to Michael Dean Tallent.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 2, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 7, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: April 5, 12, 19, 26, 2024  
RICE 4-26-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV005370  
Brittney Roberts has filed a petition with this court for a decree changing the name(s) of Arriana Harper Abbott to Ariana Levi Roberts.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 4, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 18, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: April 12, 19, 26, May 3, 2024  
ROBERTS 5-3-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV002984  
Raitavea Casey has filed a petition with this court for a decree changing the name(s) of Za'ryah Marie Ja'el McDaniel to Za'ryah Marie Casey.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 7, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 21, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: April 12, 19, 26, May 3, 2024  
CASEY 5-3-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV006327  
Maksym Heorhitsu has filed a petition with this court for a decree changing the name(s) of Maksym Heorhitsu to Maksym Nahuliak.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 31, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 3, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: April 12, 19, 26, May 3, 2024  
HEORHITSA 5-3-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV006033  
Alaa'i Ezzeldin Ahamed has filed a petition with this court for a decree changing the name(s) of Alaa'i Ezzeldin Ahamed to Alaa'i Ezzeldin Alshabrawy.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 30, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 29, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: April 12, 19, 26, May 3, 2024  
AHAMED 5-3-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV006411  
Faegheh Ghaderinasrabad has filed a petition with this court for a decree changing the name(s) of Faegheh Ghaderinasrabad to Faegheh Ghaderi.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 1, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 4, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: April 12, 19, 26, May 3, 2024  
GHADERI 5-3-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #24CV006751  
Kimberly Duvall-Hoehn has filed a petition with this court for a decree changing the name(s) of Kimberly Duvall-Hoehn to Kimberly Contreras Hoehn.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 2, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 8, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: April 19, 26, May 3, 10, 2024  
HOEHN 5-10-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV006114  
Melinda Van Egdon and Jason Van Egdon have filed a petition with this court for a decree changing the name(s) of Bo Dale Anderson to Beau David Van Egdon.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 2, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 25, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: April 19, 26, May 3, 10, 2024  
EGDON 5-10-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV007185  
Kelvin Lawson Jr and Kassey Jenae Lawson have filed a petition with this court for a decree changing the name(s) of Knoel Jewel Lawson to Knoelle Jewel Lawson.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 3, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 12, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: April 26, May 3, 10, 17, 2024  
LAWSON 5-17-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV005355  
Arielle Shaunte, Mosteck, Arielle Shaunte Mosteck have filed a petition with this court for a decree changing the name(s) of Arielle Shaunte Mosteck to Arielle Shaunte Buchanan and Aydon Troy Buchanan Neal to Aydon Troy Buchanan.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 4, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 20, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: April 26, May 3, 10, 17, 2024  
BUCHANAN 5-17-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV007012  
Eric Deon Silas has filed a petition with this court for a decree changing the name(s) of Eric Deon Silas to Eric Deon Barnes.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 7, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 10, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: April 26, May 3, 10, 17, 2024  
BUCHANAN 5-17-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV007324  
Carla Annette Smith has filed a petition with this court for a decree changing the name(s) of Carla Annette Smith to Carla Annette Manchester.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 14, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 15, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: April 26, May 3, 10, 17, 2024  
SMITH 5-17-24

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# CDFW Warns Dog Owners to Be Mindful of Salmon Poisoning Disease



Dog owners in California are reminded to take precautions to protect their pets from salmon poisoning disease. Photo courtesy of CDFW

## CDFW News Release

**SACRAMENTO, CA (MPG)** - Salmon Poisoning Disease is a potentially fatal condition seen only in dogs after they eat certain types of raw or cold smoked fish like trout and salmon that are infected with a bacteria-like organism, Neorickettsia helminthoeca, which is transmitted by the parasitic flatworm (or "fluke") Nanophytes salmincola. Nanophytes salmincola occurs naturally in waters of northern California and most of the north state can be considered the native range for the fluke. But dogs throughout the state are susceptible. Dog

owners are advised to be cautious and to keep their dogs away from salmon, steelhead, trout and other freshwater fish carcasses. The parasite cannot survive in cooked fish, is not harmful to humans and does not affect pets other than dogs. If your dog has eaten or is suspected of eating raw fish, watch for signs of the disease. Symptoms are similar to distemper and may include some or all of the following: a rise in body temperature, loss of appetite, vomiting, diarrhea, listlessness and/or rapid weight loss. If signs of the disease appear, promptly take your dog to a veterinarian. Salmon Poisoning Disease is

treatable if caught in time. If untreated, death usually occurs within two weeks of eating the infected fish. Without treatment, 90 percent of dogs showing symptoms die. While all fish caught or originating from streams in California could potentially be infected, the California Department of Fish and Wildlife (CDFW) cautions that trout stocked in some waters in CDFW's North Central Region are more likely to be infected with the flukes that cause Salmon Poisoning Disease. Weekly fish stocking information is publicly available at CDFW's Fish Planting Schedule web page. ★

# Californians are Worried About Crime, Setting the Stage for a Ballot Measure Showdown



By Dan Walters, CALMatters.org

Democrats completely dominate California's state government, and one aspect of that hegemony is their ability to act without compunction.

When doing whatever they want to do, Democratic officeholders don't have to worry about competition from the state's shriveled-up Republican Party nor, for the most part, criticism from equally shrunken political media.

Thus, the Capitol has become an echo chamber rather than a forum for forthright debate about issues.

The syndrome explains why its leaders, including Gov. Gavin Newsom, ignored indications that as California emerged from the COVID-19 pandemic, its law-abiding residents were becoming increasingly worried about crime. The concerns arose, even though voters had approved two ballot measures in the previous decade to lower penalties and in 2020 rejected a measure to get tougher on some crimes.

Democrats were committed to "criminal justice reform," which meant decreasing penalties for crime, reducing the numbers of offenders behind bars and implicitly viewing them more as victims of an unjust society rather than victimizers.

Post-pandemic worries about crime were fueled by videos depicting brazen carjackings, home robberies and smash

and grab assaults on stores. Just before the 2022 elections, the Public Policy Institute of California released a poll that confirmed the shift.

"Californians' perception of crime spiked during the pandemic - as did certain types of crime," PPIC found, adding, "nearly 2 in 3 Californians call violence and street crime in their local community a problem. This includes 31% who call them a big problem, a noticeable increase from February 2020 (24%)."

Changing attitudes are particularly evident in the traditionally liberal San Francisco Bay Area, where stores and restaurants have closed their doors after experiencing multiple crimes. San Francisco voters recalled their reform-minded district attorney. Across the bay, Alameda County's DA also faces a recall effort.

Facts bolster the sentiment. Last July, Attorney General Rob Bonta, a strong criminal justice reform advocate, released annual crime data, revealing that the state's violent crime rate increased by 6.1% in 2022, and property crime was up 6.2%. Homicides dipped, but robberies jumped by 10.2%.

The dissonance between the public's changing attitudes and the Capitol's unchanging commitment to softening criminal penalties reached a climax last year when the Assembly Public Safety Committee rejected legislation that would have reclassified human trafficking of a minor as a "serious felony," thereby increasing punishment for committing it.

Similar legislation had repeatedly died in the Legislature but the 2023 rejection touched a nerve and became a media sensation. Newsom and legislative leaders sensed the backlash and quickly revived and enacted the bill.

Having finally gotten the message, Newsom and other Democratic figures began to recast themselves as crime fighters. The governor pledged to crack down on street crime and dispatched dozens of California Highway Patrol officers to bolster Bay Area policing. Legislative leaders now want to fine-tune criminal statutes to crack down on retail theft without materially changing the criminal justice reform measures that the Legislature and voters had enacted.

They also hope to head off a November ballot measure that would go further in undoing some of the previous softer-on-crime decrees. On Thursday, law enforcement groups, big city mayors and major retailers submitted 900,000 signatures for the measure, virtually guaranteeing it a place on the November ballot.

Its heavyweight proponents can easily spend the millions of dollars a full-fledged statewide campaign requires. In a statement, the coalition said "half-measures" are not good enough, an apparent reference to the legislative package.

A head-on collision over crime appears to loom, but it's also possible that the measure's backers and Democratic leaders, including Newsom, could reach a compromise that the Legislature would enact and the ballot measure would be withdrawn. It's happened before.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. He began his professional career in 1960, at age 16, at the Humboldt Times in Eureka, while still attending high school, and turned down a National Merit scholarship to continue working as a journalist. ★

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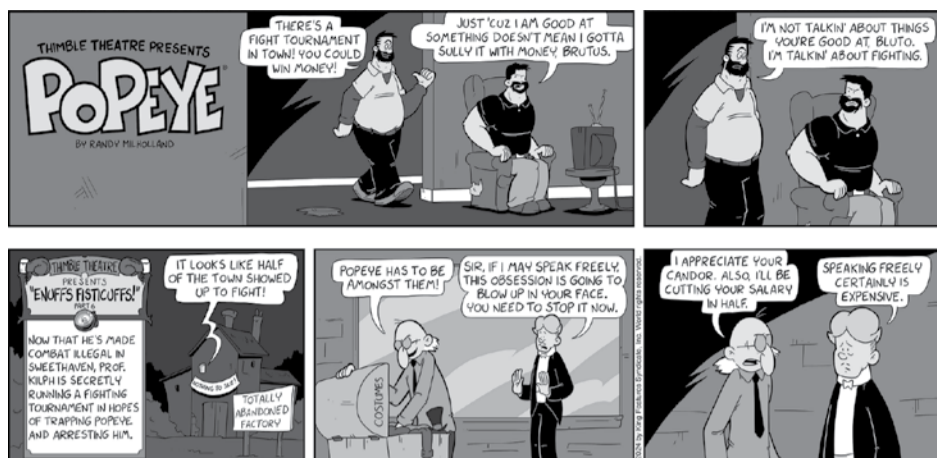


# COMICS & PUZZLES

## The Spats



by Jeff Pickering

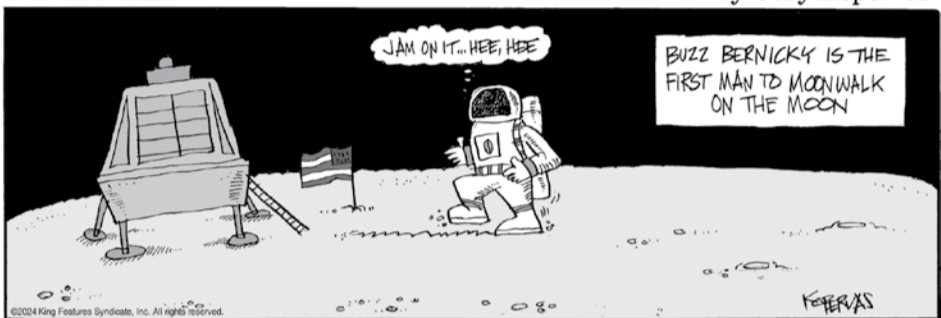


## Amber Waves



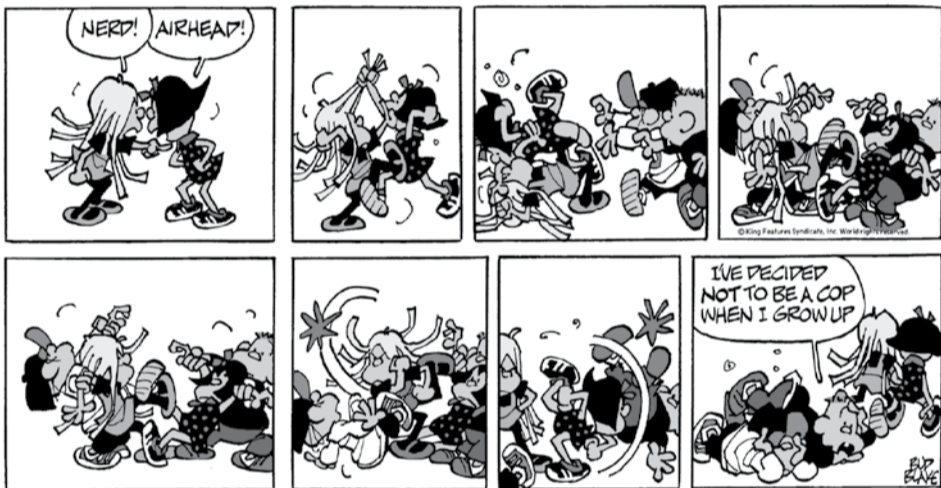
by Dave T. Phipps

## Out on a Limb



by Gary Kopervas

## TIGER



by BUD BLAKE

## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Paper is missing. 2. Foot is missing. 3. Collar is added. 4. Phone is moved. 5. Desk legs are longer. 6. Man is standing straighter.

## GRIN & BEAR IT



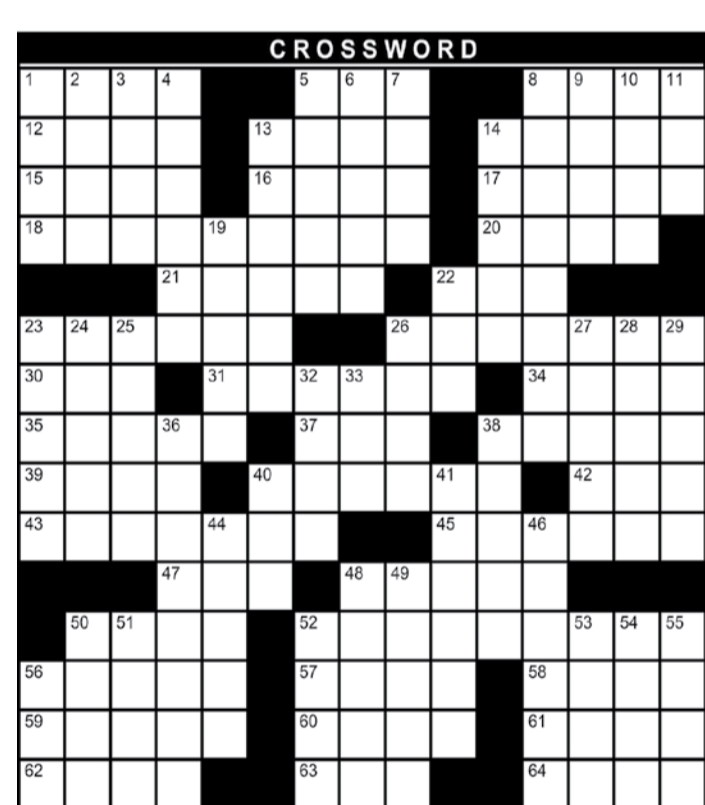
## Just Like Cats & Dogs

by Dave T. Phipps



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- CLUES**
- ACROSS**
- Bars
  - Escape or flee
  - Green gemstone or Heather Graham in "The Hangover"
  - Turning point
  - 34th U.S. Pres
  - Actress Sophia \_\_\_\_\_
  - Each and all
  - Lake, in France
  - Roof overhangs
  - "Lovable mother of seven in "Harry Potter" Mrs. \_\_\_\_\_
  - "Mother in "The Terminator," Sarah \_\_\_\_\_
  - Not safe, in baseball
  - "Hold on!"
  - Uno \_\_\_\_\_, in Mexico
  - Iranian monarch
  - Be a go-between
  - Kind of cuckoo
  - Passing mention
  - Dwelt
  - TV show "\_\_\_\_\_ 911!"
  - "Beloved" mother
  - Like a tennis skirt
  - Scottish kinship groups
  - Spare in car
  - Email folder
  - Vertical dimension
  - Turf alternative
  - Morse Code dash
  - Hippocratic \_\_\_\_\_
  - Thre, to Caesar
  - "Margaret White's telekinetic daughter
  - "Elizabeth Zott of "\_\_\_\_\_ in Chemistry"
  - Vernacular
  - R&R hot spot
  - Capital of Vietnam
  - Yours is as good as mine?
  - Tennis retry
  - Cause anxiety (2 words)
  - Bookie's quote
  - Well-kept secret, for some
  - Teatime treat
- DOWN**
- Do like volcano
  - Honey home
  - Iris holder
  - Human trunk
  - iPad "pen"
  - "Matriarch, \_\_\_\_\_ Munster of "The Munsters"
  - "Nadezhda of "The Americans," \_\_\_\_\_ Elizabeth Jennings, acr.
  - Muhammad's birthplace
  - Melissa Rivers' mom
  - Australian slang for afterno
  - Widely hunted ruminant
  - Follow ems
  - A particular legume
  - Not paths
  - Second 0 in EV00
  - Kinda white
  - "Mrs. \_\_\_\_\_, a.k.a. Marmee
  - Anoint
  - Red Sea peninsula
  - Drive a getaway car, e.g.
  - Goals
  - Like a Harvard building?
  - Plant-based laxative
  - \*\_\_\_\_\_ Bunker, mom to Gloria in "All in the Family"
  - Dance partner
  - Drive-\_\_\_\_\_, for short
  - Like a haunted house
  - Daisy duked, e.g.
  - \_\_\_\_\_ chi
  - Casts a line
  - Popular electric car
  - Newton's first name
  - Foul substance
  - Matured
  - Bob of "The Joy of Painting" fame
  - On top of
  - "High" time
  - Cosine's counterpart
  - In the past
  - \*"Married... with Children" mom

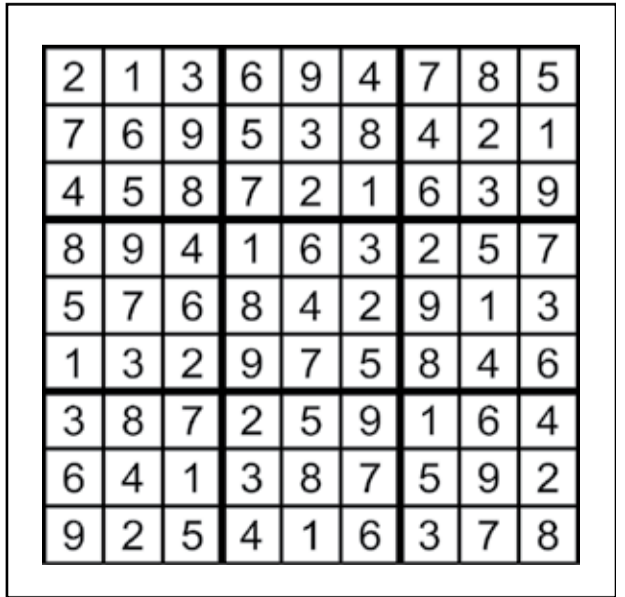


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	1		6					5
7				3	8	4		
	8		2	1				
						2		7
			6					1
			9					
	7		5					4
6	4		3					2
9			1	6	3			

# Media Icon Joey Mitchell Leaves a Legacy of Laughter

By Mary Jane Popp

After 50 plus years on the air, an icon in radio signs off for his final journey. But I'm sure if there is a microphone in the clouds, Joey Mitchell will be at the helm with his joyous voice that always made his fans feel that he truly cared about each and every one.

What can I say about Joey that hasn't already been said... talented, dedicated, award-winning personality, a great sense of humor, total love of family and what meant so much to me was that he was genuinely a really nice guy and gentleman. He greeted everyone he met with a big smile and you felt he knew you forever.

Joey was the first on-air radio guy I worked with when I first came to Sacramento in 1977. It was at the hit country music station, KRAK Radio. I would pop in with the news updates, and truly, I never knew what to expect. There were times I would go into the studio and no Joey...until he popped up from under the board trying to scare me with that silly grin on his face. But it was always in fun. He would try to break me up on the air but little did he know I came from doing a television show in Indianapolis with a crew that did all they could to break me up with antics behind the guests so only I could see. But I loved the friendship Joey shared with everyone, including me, for all these many years.

I think I admired Joey most for his caring about the community, especially when we would host telethons to raise money for so many worthy charities from Easter Seals to the Children's Miracle Network and more. Back in the '80s, there were eight or nine telethons on the air and they were the 24-hour ones. But Joey's energy level never waned. Always professional yes, but with a fun competitive spirit as we would compete for on-camera time, with the ultimate goal of raising as much money as we could for charity. Joey was always game for fun too, like when we were asked to host an event for, I believe, the Opera Association. So we dressed in silly opera garb, and we laughed our way through the event, always ready for anything we could do to help the community.

Stories about Joey were so many I had to limit them, or I would need several pages to tell them all. But I had to share this one from Ken Knoll who did lots of film work in Sacramento. When Joey was named Country Music D.J. of the year and hosted names such as Freddy Fender, Loretta Lynn and Merle Haggard at the Lonesome Armadillo in Roseville, he would do TV funny skits to promote his show. Ken still laughs at this one. Wait until you hear what happened. Ken and Joey came up with the idea to do a skit at the Folsom Zoo in the tiger cage, and yes, with a real tiger. The idea was for Joey to first dress up in lady garb, moustache, and all, and pretend that the tiger was going to attack her/him. Then Joey would change back into guy clothes, and with the magic of television editing, come to her rescue. Funny, right? The trainer assured Joey that the tiger was tame and not to worry. To be honest, Joey



was rather nervous and began sweating some. But being the trooper he was, Joey got into the enclosure. Ken was not sure but perhaps the tiger sensed Joey's fear and began to growl and started to get too close for comfort. It was too close for Joey and he began to shout "please get me out of here." But it was hard to hear him above the laughter of the crew. Suffice to say, Joey was not going into a

wild critter space alone for a long time.

Here's one that will give you a laugh but I'm not sure Joey laughed. Ken told me about the time President Clinton came to town on Air Force One, and we don't know how Joey did it but he planted a bumper sticker on the back of Air Force One promoting the Joey Mitchell Show. Sounds funny now but the Secret Service was not amused, and

he actually got arrested. Don't know if he had to spend time in the pokey but leave it to Joey to come up with this stunt and look for more to do.

Another side of Joey was always wanting to help others in the business. Jennifer Steele, executive producer of the morning news at KFBK, had fond memories of him. She worked with Joey at FM 101.5 for 10 years and knew him more than

30 years. Despite his being a celebrity, she said, he was always a real human being, a mentor, teacher and nice to all.

And Big Jim Hall worked with Joey at KRAK Radio for many years. That's where I met them both. Jim and Joey both began working at KRAK Radio together. One did the morning, and one did the afternoon, and their friendship grew over the many years. Jim said he was always fearless and always wanted to support organizations to help the community. Fondly, Jim said, Joey was an incredible co-worker and friend for 40 years, along with having a caring heart and always being super funny. Jim said he was a joy to work with and to know.

There are many stories to tell and perhaps some of the pictures can tell the Joey Mitchell life and his work, but I asked his son, Joe Jr., who sent me so many wonderful pictures to choose of his dad, if he could tell me his fondest memories of "Dad" Joey. I could not end this piece any better. Here is Joe Jr and his heartfelt thoughts about his dad in his own words.

"My dad was just my dad to me, and I never really appreciated all he had accomplished until I grew older. Many people didn't know he had severe and painful scoliosis that would keep him up nights. Getting up at 3 a.m. was a chore for anyone, but for him, it was a daily struggle to get ready for his radio show. Even though he was in pain, he always had a smile on his face and wanted to make people laugh. It wasn't an act, it was who he was. He truly was an amazing man, husband, father, friend and radio legend who will leave a huge void in our hearts. I strive to be like him. He was my HERO!"

What more can be said about this icon and truly good human being?

And so the memory of Joey Mitchell goes on and I'm sure he is wowing them up there behind the mic with his wit and big smile. We will miss you Joey, but our memories will always be with us. Rest in peace, good friend.

*Editor's note: Joey Mitchell died March 24 after a battle with a lung condition and pneumonia. Photos provided by Joey's family.* ★



Joey ready and eager for retirement.



Joey with the KRAK radio team.



Joey (far right) with Mary Jane Popp (next to him) worked together on local on-air fundraisers to raise money for local causes.



Joey always had a smile and a joke, even if it was on him.