

2017 Pre-Participation Physicals

Mar Vista High School Athletics in partnership with South Bay Urgent Care

July 22nd 7:30AM to 9:30AM



WHEN: Saturday July 22, 2017 from 7:30 AM to 9:30 AM

WHERE: South Bay Urgent Care

ADDRESS: 1628 Palm Ave, San Diego, CA 92154

COST: \$20 (CASH ONLY) - All funds will go directly to specific sports and Mar Vista Athletics

WHAT TO BRING:

- Medical Forms (see attachment) or download at <https://drive.google.com/file/d/0B9zm6GSINUBYMEdEamM0ekpXOWc/view>
- Medical Forms must be signed by a parent for consent-No Exceptions.
- Please fill out the first page (Medical History Page)

HELPFUL TIPS

- Do NOT drink any caffeinated beverages or energy drinks FOUR hours BEFORE your screening time.
- If you USE or WEAR contact lenses or eye glasses please WEAR or BRING them with you.

If you have any questions, please contact:

- Coach Arciaga: Robert.arciaga@sweetwaterschools.org or 619-628-5759
- Bonni Arnold: bonni.sbuc@gmail.com or 619-591-9999