

Bodies in Motion



Experience the health benefits of an ancient art form of belly dancing, combined with a modern twist, promoting community, happiness, exercise, and health.



Instructor: Nadirah Bray

Starting September 16th

Saturdays

10-11 AM

**At the Imperial
Beach Library**



Imperial Beach Branch • 810 Imperial Beach Blvd., Imperial Beach, CA 91932 • (619) 424.6981



san diego county library

www.sdcl.org

