

THE HELMSLEY CENTER



Avera 
St. Mary's Hospital

801 E. Sioux Ave.
Pierre, SD 57501

605-224-5901

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WHAT AVERA BRINGS TO CENTRAL SOUTH DAKOTA

- Access to expert care in 60 medical specialties, bringing a full spectrum of health and preventive services to the region
- Quality at national benchmark levels
- Highly trained physician team that serves patients close to home
- A growing range of care available locally including a hospitalist program; ear, nose and throat; dermatology; rehabilitation and interventional pain management; physical medicine; expanded orthopedic services; and radiation oncology

- A strong and robust telemedicine program which brings specialized medicine to our community through advanced communication and video technologies
- AveraNow virtual visits on your smartphone, tablet or computer so you can see a provider anytime, anywhere

Can you find all 120?

Encased in the Helmsley Center's first floor are 120 small, green Amazonite stones — also known as the hope stone and said to have healing properties. They represent Avera St. Mary's Hospital's 120 years of service.



THE HELMSLEY CENTER

Avera is dedicated to maintaining the health and well-being of rural communities. Because of The Leona M. and Harry B. Helmsley Charitable Trust and generous donors like you, comprehensive cancer care is now available in central South Dakota. The expanded services offered at the Helmsley Center will continue to strengthen health care in our region.

Avera Cancer Institute

The Helmsley Center is home to the sixth Avera Cancer Institute. Here, residents have access to the same advanced cancer care technology and treatments that you expect to find at major medical centers.

Medical Care

Avera Medical Group specialties including orthopedics; dermatology; ear, nose and throat; and urology are located in the medical office section of the Helmsley Center.

Support Services

New dining options, a meditation room, a multicultural room, comfortable seating and more await patients and visitors alike. A healing garden will offer a place of quiet solitude and reflection.



INSIDE THE HELMSLEY CENTER

FIRST FLOOR

AVERA CANCER INSTITUTE

RADIATION ONCOLOGY

We provide the most advanced technology in the region for radiation-based treatments.

ONCOLOGY & HEMATOLOGY

This clinic provides the full spectrum of medical oncology treatment options for patients with cancer.

CANCER CARE EXPERTS



Sreekanth Donepudi,
MD, MPH
Medical Oncology



Daniel Tackett, MD
Radiation Oncology



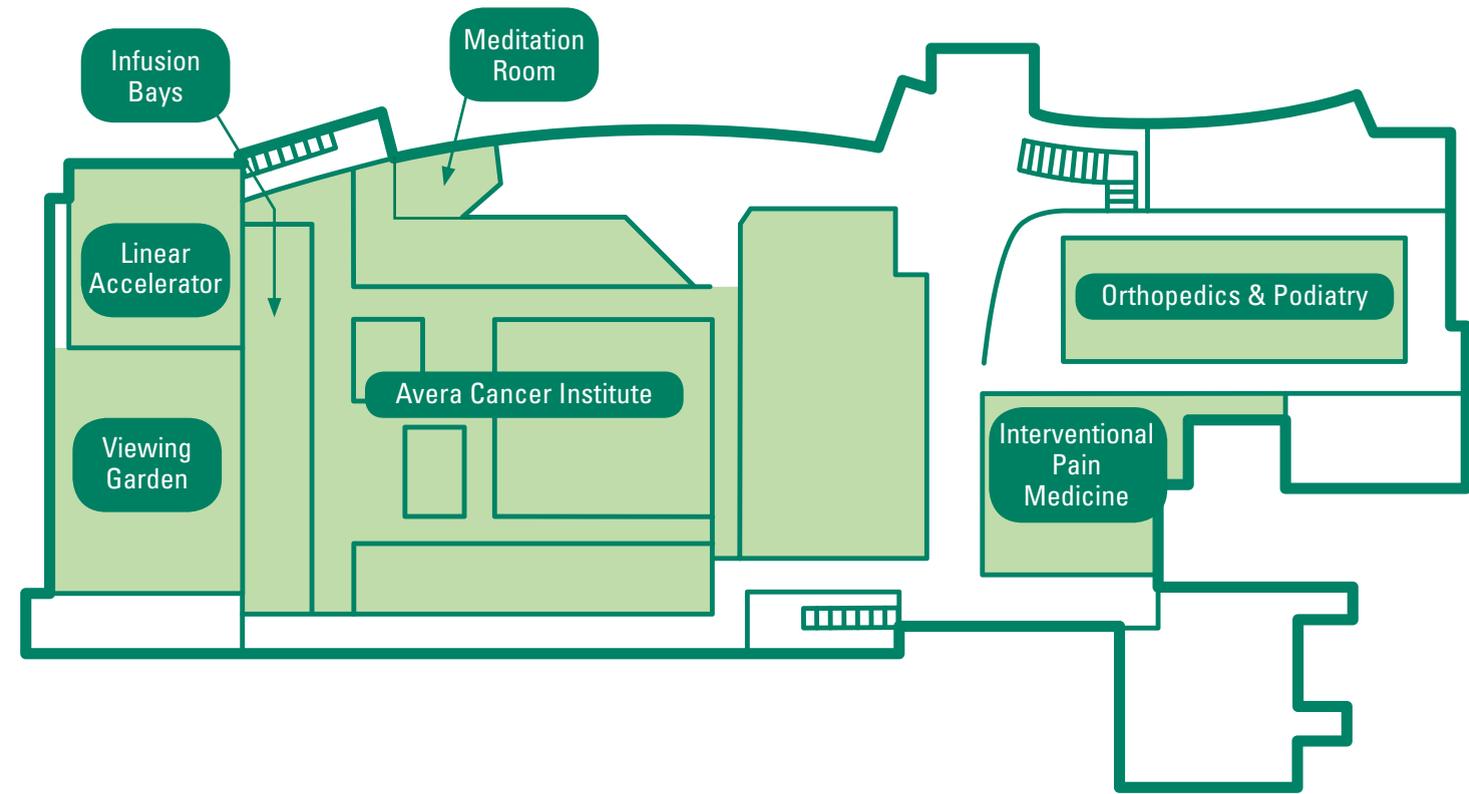
Jamie Hillmer, CNP

ELEKTA INFINITY LINEAR ACCELERATOR

The fully digital, state-of-the-art Elekta Infinity™ linear accelerator offers enhanced imaging and the capability for a full range of radiation treatments.

INFUSION BAYS

Each infusion bay is connected to the oncology clinic so patients can receive care in one location. The suites feature specially designed chairs that recline, heat and massage. Windows offer a view of a garden, creating a calm and comfortable environment.



PHARMACY

Our infusion pharmacy staff uses the latest technology to prepare and deliver medications to the infusion center.

HEALING GARDENS

Peaceful gardens offer a place for patients and visitors to walk. There are two healing gardens located on campus. Grace Garden is located across the street from Avera Medical Group Pierre and an additional garden is located along Dakota Avenue.

INSIDE THE HELMSLEY CENTER

FIRST FLOOR *(Continued)*

MEDITATION ROOM

Patients, their families and guests looking for a place of quiet solitude and reflection can find it in the meditation room. The stained glass came from the decommissioned Catholic Church in Worthing, S.D.

AVERA MEDICAL GROUP SPECIALTIES

ORTHOPEDICS

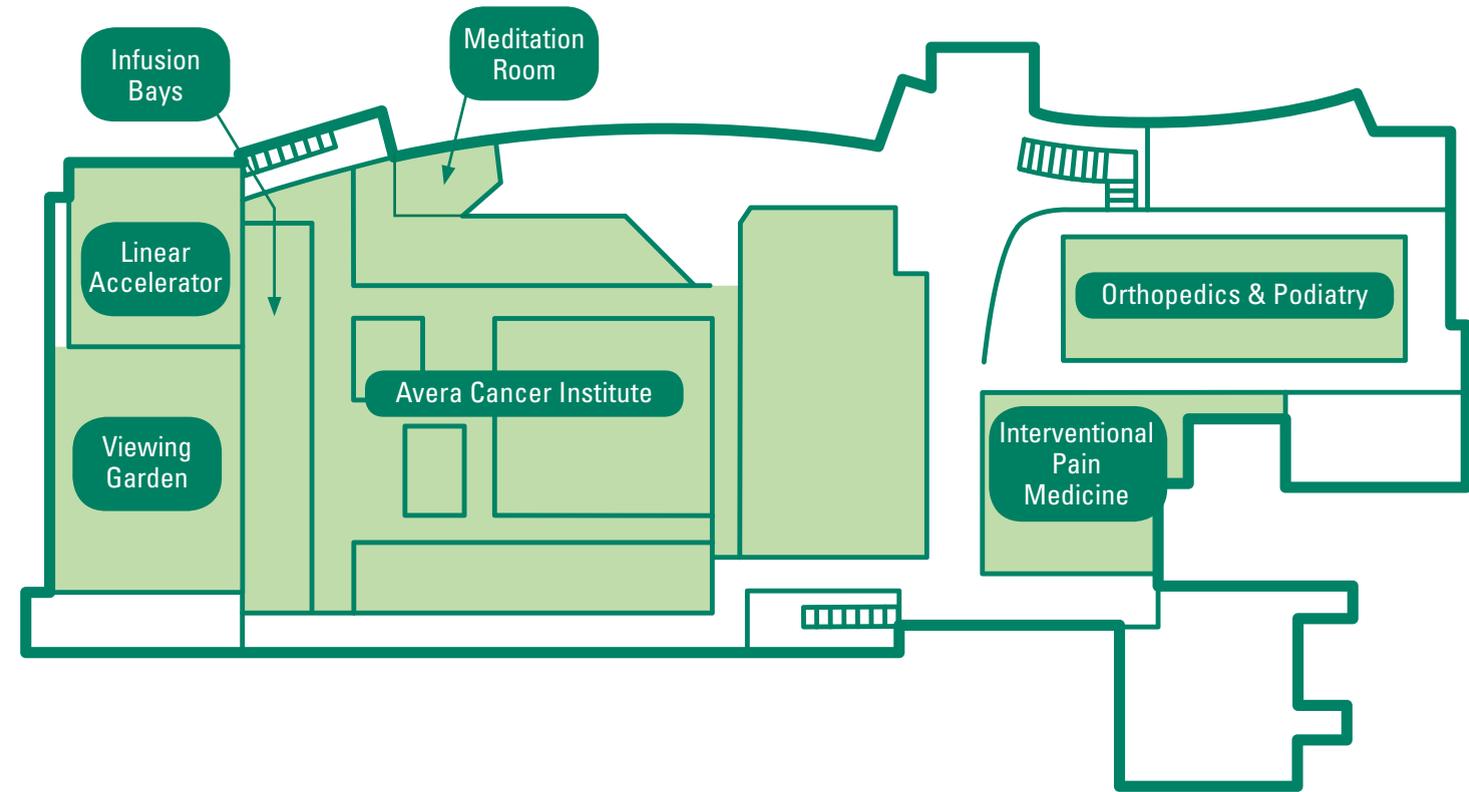
Avera Orthopedics offers expanded services in orthopedic surgery, foot and ankle care, interventional pain medicine, sports medicine, athletic training and therapy.

PODIATRY

The condition of your feet says a lot about your overall health—and often alerts you or your doctor to signs of circulatory disorders, diabetes, arthritis or other diseases. Rely on our experts to help you keep your feet, ankles and legs healthy at every age.

INTERVENTIONAL PAIN MEDICINE

Whether your pain results from injury, illness, trauma, nerve damage, migraine, arthritis or other health conditions and their treatments, turn to our medical specialists who can develop a pain management plan tailored to your specific situation, starting with the least invasive methods first.



BONE, MUSCLE AND JOINT EXPERTS



Gonzalo Sanchez, MD
Orthopedics



David Lonbaken,
DPM, FACFAS
Podiatry



Dan Rasmussen, DO
Physical Medicine and
Rehabilitation



Molly Jahraus, PA-C



Katherine Zimmer, CNP

INSIDE THE HELMSLEY CENTER

SECOND FLOOR

AVERA MEDICAL GROUP SPECIALTIES *(continued)*

DERMATOLOGY

From acne to spider veins, all skin concerns can be handled at the dermatology clinic. Our experts also specialize in Mohs surgery, the removal of basal cell carcinoma and squamous cell carcinoma.

SKIN EXPERTS



Katie Bonnichsen, MD
Dermatology



Wesley Fletcher, MD
Dermatology



Stacy Cwach, PA-C

EAR, NOSE AND THROAT

The ear, nose and throat clinic handles a number of conditions — balance disorders, ear infections, nosebleeds, allergies, snoring, tonsil injections and acid reflux — just to name a few.

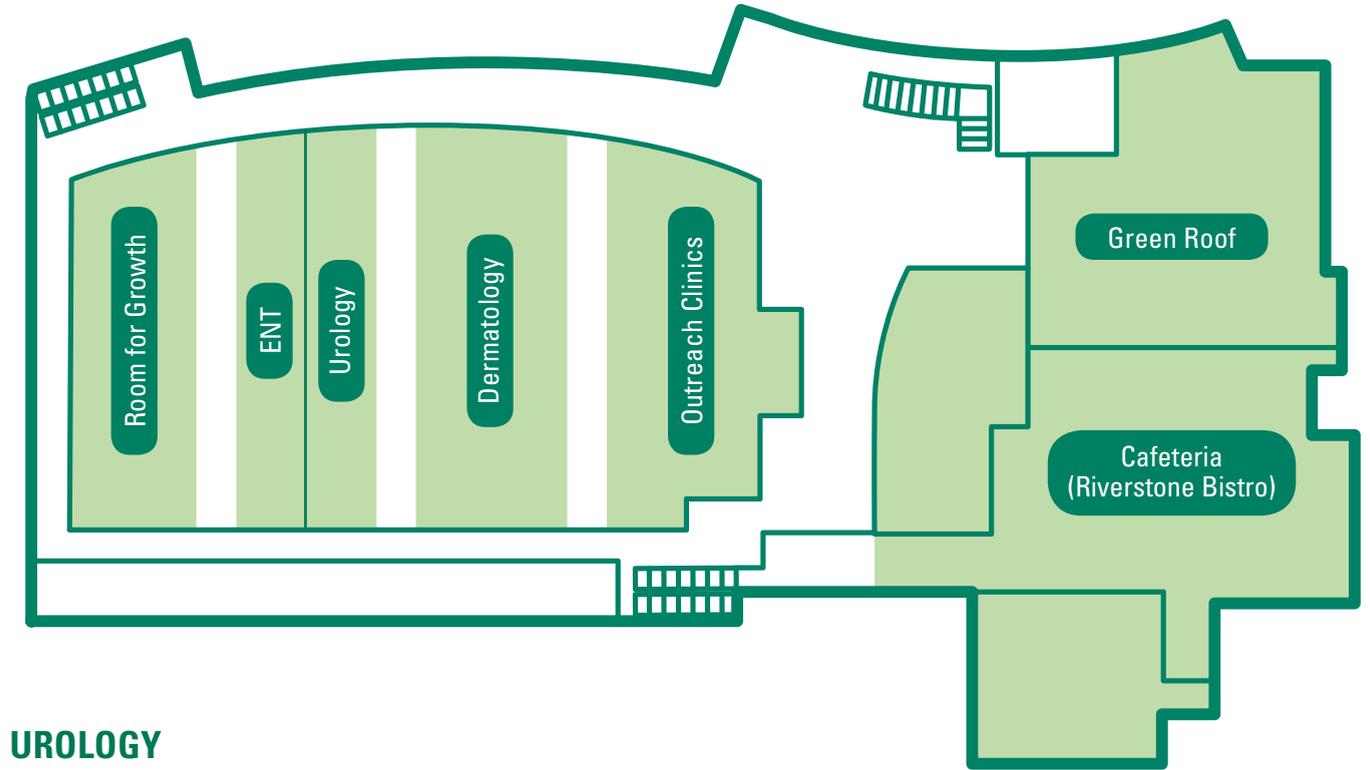
EAR, NOSE AND THROAT EXPERT



Robert Burgess, MD
Ear, Nose and Throat

OUTREACH CLINICS

Some of the traveling specialty clinics offered in Pierre will be located in the Helmsley Center.



UROLOGY

Experienced specialists collaborate and deliver advanced medical or surgical services to address the patient's specific urologic condition.

UROLOGY EXPERTS



Joseph Wyatt, MD
Urology



Sara Granville, PA-C

RIVERSTONE BISTRO

The second floor cafeteria and café with a comfortable seating bay and stone fireplace warmly welcomes staff and visitors to grab a drink or bite to eat, either to enjoy in the dining room or on the go.

INSIDE THE HELMSLEY CENTER

THIRD FLOOR

AVERA ST. MARY'S FOUNDATION

Now found on the third floor of the Helmsley Center, Avera St. Mary's Foundation continues to enhance local health care through financial support from individuals and business partnerships.

HUMAN RESOURCES

Human Resources offers employment application assistance for those looking to begin a career at Avera as well as pertinent on- and off-boarding assistance to employees.

MULTICULTURAL ROOM

This place is for patients and visitors to perform cultural healing and spiritual practices, such as burning sage to honor Native American traditions.

