



**BOYS & GIRLS CLUBS
OF SOUTH COUNTY**

FLAG FOOTBALL CLINIC



Clinic Description

Clinic will start with some stretching then we will start with different stations, and every station will be a different drill, from throwing, flag pulling, catching and more. After drills we will play a scrimmage. 2 half's of 20 minutes each. We will be taking registrations on this day. **We will only be accepting cash, and we won't have any change to give back as well.**

Date: 10/26/19

Time: 9am- 10:30am

**Location: Boys &
Girls Club of South
County**

**Completely free for
any children
enrolled in
before/after school
program Flag
Football team.**

**Please bring athletic
clothes, comfortable
shoes, and plenty of
water!!**

OSCAR HERNANDEZ

Sports Park Director

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