

CALENDAR OF EVENTS

Note: Please confirm any event as the coronavirus is pretty much wreaking havoc on all live events.

FRIDAY, APRIL 3

Spring Native Plant Sale – Apr 3-4. 10am-5pm. Over 120 species of plants available, and horticulturists and knowledgeable volunteers on site to help you plant the garden of your dreams. Herbs and veggies for the edible garden and more. Free admission. CNC, 9135 Willeo Rd, Roswell. 770-992-2055. More info: ChattNatureCenter.org.

SATURDAY, APRIL 4

Arabia Mountain Day Hike – 8am-12pm. A beautiful 2,500-acre park within the Arabia Mountain National Heritage Area that features incredible granite rock outcroppings, wetlands, creeks, pine and oak forests and the remnants of the area's quarrying past. Davidson-Arabia Mountain Nature Preserve, Nature Center, 3787 Klondike Rd, Lithonia. More info: GeorgiaConservancy.org.

RESCHEDULED for Oct 9-11

Tiny House Festival – Apr 4-5. 10am-6pm. Includes a large assortment of tiny residences and micro homes, workshops, presentations, lots of vendors, entertainment, children's activities and more. Turner Field, Gold Lot, Atlanta. TinyHouseFestival.com.

TUESDAY, APRIL 7

Meditation on Twin Hearts – Tuesdays, Apr 7-28. 7-8pm. With Ursula Lentin. This meditation works on the physical, mental and spiritual levels to open the heart chakra and the crown chakra, thereby enabling you to draw down a great amount of high-quality divine energy into the crown. \$10. Center for Love and Light, 1145 Zonolite Rd, Ste 7, Atlanta. WithLoveAndLight.com.

FRIDAY, APRIL 10

Poetry Open Mic Night – 7-7:30pm. With Michael Burke. An evening of splendor with enchanting and thought-provoking spoken word performances from some of Phoenix & Dragon Bookstore's flourishing community of poets. All welcome, including performers and spectators. Free. Phoenix & Dragon Bookstore, 5531 Roswell Rd NE, Atlanta. 404-255-5207. PhoenixAndDragon.com.

SATURDAY, APRIL 11

Oakland Cemetery Spring Plant Sale – 9am-1pm. Sale includes seasonal blooms and a Green Elephant Sale. Free admission. Oakland Cemetery, 238 Oakland Ave SE, Atlanta. ParkPride.org.

MONDAY, APRIL 13

Heartbeat Festival – 11am-3pm. A free, family-friendly event to celebrate and rally Atlantans around the #SharecareMovement for the health and well-being of their communities. Central Park, 507 Central Park Pl NE, Atlanta. More info: nba.com/hawks/heartbeatfestival.

The Spring Extreme – 11am-4pm. Free, family oriented event with interactive showcases and hands-on activities, focused on arts & culture, health & wellness and inspired learning. The Home Depot Backyard, 1 Backyard Way, Atlanta. [Facebook.com/events/580418672474688](https://www.facebook.com/events/580418672474688).

THURSDAY, APRIL 16

RESCHEDULED for Sept 28

Earth Day Leadership Breakfast – 8-10am. Business and nonprofit leaders join students and environmentalists for networking and exploring engaging topics. Features keynote speaker Ryan Gravel, urban thinker and designer. Atlanta Botanical Garden, 1345 Piedmont Ave NE, Atlanta. 404-873-3173. EarthShareGA.org.

Healing Night – 6:45-8:45pm. As part of our Give-Back Program, The Love & Light Institute would like to offer you a night of healing. Varied healing modalities represented; subject to change from one Healing Night to the next. In order to give each participant adequate time with our healers, we have limited participation to 20 people. \$15 & donations. Center for Love and Light, 1145 Zonolite Rd, Ste 7, Atlanta. WithLoveAndLight.com.

FRIDAY, APRIL 17

CANCELLED; Having Virtual activities

Georgia Tech Earth Day Festival – 10am-2pm. Features exhibitors and includes eco-friendly giveaways, recycling opportunities, a clothing swap, an office supply exchange, live music, and organic popcorn. Free. Georgia Tech's Tech Walk. EarthDay.GATech.edu.

Public Channeling – 8-10pm. Jamie Butler will allow spirit guides to speak directly through her to you. During the 1st hr, the guides will teach lessons and deliver messages, and during the 2 hr, they will answer your questions. April's topic: Ways to Love Your Body. Due to limited seating (50) please register in advance. \$30. Center for Love and Light, 1145 Zonolite Rd, Ste 7, Atlanta. WithLoveAndLight.com.

SATURDAY, APRIL 18

Tour of Jennie Drake Park – 10am-12pm. Jennie Drake Park hosts a high diversity of trees and wildflowers, including uncommon and sensitive species such as Umbrella Magnolia, Wild Geranium, and Blood Root. Our timing should be ideal for seeing some of the high value species found here. Jennie Drake Park, 645 Waterford Rd NW, Atlanta. RSVP: ParkPride.org.

Greener Good Volunteer Day: Celebrating the 50th Anniversary of Earth Day – 10am-1pm. Volunteers needed to restore and beautify the forest; beautify the parking lot; clear the South River of trash and pollution (weather permitting) and more. Constitution Lakes Park, 1305 S River Industrial Blvd SE, Atlanta. ParkPride.org.

WEDNESDAY, APRIL 22

Earth Day at the Garden – 10am-1pm. Celebrate the 50th anniversary of Earth Day. Enjoy special activities for little ones and don't miss Mr. Greg's musical tribute to the Earth at 10:30am in the Lou Glenn Children's Garden. Atlanta Botanical Garden, 1345 Piedmont Ave NE, Atlanta. AtlantaBG.org.

Earth Day Farmers Jam – 6:30-9:30pm. Celebrate 50 years of Earth Day with Farmers Jam: Atlanta's band of local farmers who raise money to plant fruit trees on farms. Pay what can. Monday Night Garage, 933 Lee St SW, Atlanta. Tinyurl.com/wmojtffh.

Wild Woman Moon Circle – 7-9pm. We gather monthly to share our voices and lift each other up as we explore the energies of the New Moon with meditation/visualization, time for sharing, and an intention setting ritual. Santosha Studio, 896 Davis Dr NW, Atlanta. 404-964-4858. Santosha-Studio.com.

FRIDAY, APRIL 24

City Nature Challenge 2020 – Apr 24-27. Atlanta will be joining more than 100 cities around the world in a friendly competition to see which city can document the most species of plants, animals and fungi found in nature using the iNaturalist app. More info: ParkPride.org.

SATURDAY, APRIL 25

CANCELLED (May reschedule)

Garden Faire – 9am-4pm. Includes Pass-A-Long Plants; Ask a Master Gardener; shopping, children's corner, food and more. Rain or shine. Free admission. Historic Bulloch Hall, 180 Bulloch Ave, Roswell. nfmng.net.

All About Kids Expo – 10am-3pm. A free expo offering parents all of the community resources they need from health and wellness, safety, education, child care, important family related topics, entertainment, summer camps and much more. Gwinnett County Fairgrounds, 2405 Sugarloaf Pkwy, Lawrenceville. scnievents.com/kids_expo.

CANCELLED (May reschedule)

Alive! Expo – Apr 25 & 26. 10am-6pm, Sat; 11am-6pm, Sun. The only Green Living Event in Atlanta and the South East. Interactive demos, live health lectures and kids activities. Learn how to integrate natural products and green living into daily life. \$7/day/car. Cobb Galleria Centre, Two Galleria Pkwy, Atlanta. AliveExpo.com.

WEDNESDAY, APRIL 29

Introduction to the Importance of Pelvic Floor Health and Awareness – Apr 29. 7-8:30pm. With Elizabeth Stein. Connect to your pelvic floor and womb space and find out why it's so important to have a healthy connection to this part of your body. Free. Phoenix & Dragon Bookstore, 5531 Roswell Rd NE, Atlanta. 404-255-5207. PhoenixAndDragon.com.

WEDNESDAY, JUNE 24

5-Day Introduction to Biodynamic Craniosacral Therapy: Tallahassee – June 24-28. The School of Inner Health offers a 35-hr course to craniosacral therapy, an elegant and effective system of healing. Learn aspects of the biodynamic paradigm experientially and apply immediately. Taught by Margaret Rosenau. More info: 303-999-9963 or SchoolOfInnerHealth.org.