

Workshop Schedule

Saturday	8 AM	8:30 - 9:40	10:00 - 11:10	11:40 - 1:00	1:20 - 2:30	2:50 - 4:00	
Human Health and Nutrition	Welcome by <i>David Lapp</i>	The Urgent Threat of Hormone Disrupting Chemicals <i>Ella M. McElwee</i>	Informed Choices About Vaccines <i>Charmaine Rusin</i>	Noon Keynote by <i>Edwin Blosser</i> "Healthy People Start with Healthy Soils"	Q & A <i>Edwin Blosser</i>	Learning the Root Cause of Illnesses <i>Morley Robbins</i>	
Special Events		External Uses of Natural Clay <i>Neil Bosshardt</i>	Internal Uses of Natural Clay <i>Neil Bosshardt</i>		Medicinal Use of Salt <i>Neil Bosshardt</i>	Global Effects of COVID-19 <i>Jon Stoltzfus</i>	
Homemaker's Tent	Please visit with exhibitors	Using Heritage Grains <i>Omar Beiler</i>	Building a Strong Immune System <i>Kim Fuhrmann</i>		Please visit with exhibitors	Q & A <i>Kim Fuhrmann</i>	Preparing Healthy Lunch Boxes <i>Panel Discussion</i>
Gardener's Tent		Garden Fertility Using Moderation Balance and Diversity <i>Dean Painter</i>	Growing Herbs for your Family's Health <i>Rosanna King</i>			Soap Making Using Herbs and Flowers <i>Tanya Bucci</i>	Berry Care for the Homeowner <i>Sage Dennis</i>
Farmstead Tent		Bad Investments <i>David Crill</i>	Family Finances: Living Like a Steward <i>Richie Lauer</i>			Bookkeeping: Understanding Your Cash Flow <i>Ted LeBow</i>	Beekeeping for Beginners <i>Eli St. Amour</i>
Horse Arena		Difficult to Hitch <i>Noah Esh</i>	General Training <i>David & Henry King</i>			Equine Denistry <i>Noah Esh</i>	General Training Continued <i>David & Henry King</i>
Dairy Demos		Butter Making Demo <i>Martha King</i>	Sheep Milk Kefir <i>Emanuel Beiler</i>			Butter Making Demo <i>Martha King</i>	Sheep Milk Yogurt <i>Emanuel Beiler</i>
Children's and Other Activities		These demo times, subject to change, will be posted on event day.					
Friday 5 - 8:00 PM	Evening Keynote by Kim Furhman "Firm Foundations for Health"	Large Corn Box Open 8:30 - 2:00	Miniature Goat Demo Every Hour	Horse Treadmill Demo	Sheep Herding & Shearing (9:40-10:00, 1:00-1:20)	Barrel Train Rides	

Overview of Events

Friday Evening

Our Friday evening keynote speaker will be **Kim Fuhrmann**, whose topic is Firm Foundations for Health, the Fourteen Pillars, a no nonsense approach to taking charge of your health.

Saturday

Healthy People Start With Healthy Soils. Listen and learn from **Edwin Blosser** of Midwest Bio Systems as he brings the noon Keynote address. Afterward, Edwin will hold a Q&A session in the Human Health and Nutrition Tent.

Also in the Human Health and Nutrition Tent, **Ella M. McElwee**, of Health by Choice, Inc. will address The Urgent Threat of Hormone Disrupting Chemicals. **Charmaine Rusin** will inform listeners about Vaccine Choices. Mineral expert and wellness coach, **Morley Robbins**, will speak on the Root Cause of Illnesses.

Join **Neil Boshardt**, of Redmond, Utah in the Special Events Tent for sessions on uses of natural clay, both internal and external. After lunch, Neil will return to enlighten us on the medicinal uses of Salt, followed by **Jon Stoltzfus** from Christian Aid Ministries, who will give an update on how the COVID lockdown has affected the needy.

In the Homemaker's Tent, we can learn about heritage grains from **Omar Beiler**, of Beiler's Heritage Acres. **Kim Fuhrmann** will share simple strategies for building a happy and healthy body, followed by a Q&A session after lunch. Lastly, you can glean tips on healthy lunches "to go" from a panel of seasoned lunch box "packers"

Find out how to boost your garden's fertility from agronomist **Dean Painter**, of Fertrell Co, followed by a session on medicinal herb culture by herbalist educator, **Rosanna King**. After lunch, **Tanya Bucci, M.A.** will demonstrate the practical art of soap making using herbs and flowers. The final session in the Gardener's Tent will be conducted by Fertrell's **Sage Dennis**, who will share his expertise on Berry Care for Your Homestead.

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