CALENDAR OF EVENTS

TUESDAY, FEBRUARY 2

Reflexology Practitioner Course – Tuesdays, Feb 2-May 4. 6:30-9:30pm. A 42+ hr, in-class certificate course with Roz Zollinger, Certified Reflexologist and Instructor. Heal Center, 270 Carpenter Dr NE, Ste 505, Sandy Springs. 404-303-0007. HealCenterAtlanta.com.

WEDNESDAY, FEBRUARY 3

Online Kundalini Yoga Embrace Your Warrior Spirit for Emotional Health – 7-9pm. The kriyas and meditations of kundalini can connect you to your heart center and take away your fear of the future. Free. Register: Tinyurl.com/yyae3l6d.

FRIDAY, FEBRUARY 5

Virtual Color Therapy with White – 11-11:30am. Party of a series of energy-centric classes with Jamie that you can take in any order. All virtual classes are recorded so no need to be disappointed if you missed class. \$10. More info & register: JamieButlerMedium.com.

Shamanic Women – 7-9pm. With Vicki Evans. If you're a woman who has had shamanic training or feels called to the shaman's way of life, please join us at our monthly meetings. Limited to 10 people. \$20 via PayPal. Phoenix & Dragon Bookstore, 5531 Roswell Rd NE, Atlanta. 404-255-5207. To register: PayPal.me/vickievanshealing. PhoenixAndDragon.com.

SATURDAY, FEBRUARY 6

Free First Saturday: Scales and Tails – 1-2pm. Join us for a slithery, scaly good time. Dunwoody Nature Center, 5343 Roberts Dr, Dunwoody. 770-394-3322. DunwoodyNature.org.

THURSDAY, FEBRUARY 11

Sacred Sexy Self-Love to Bring Passion into your Life – 6-8pm. It is time to awaken your wildest desires and live a life full of vitality. Become very intentional with your time and energy. Free. Via Zoom. TheWildOnes.community.

FRIDAY, FEBRUARY 12

Lula Lake Day Hike – 11am-3pm. Roughly 4-mi guided hike offers a number of incredible waterfall experiences and vistas atop Lookout Mountain. Space limited; masks required. Lula Lake Land Trust, Core Preserve, 5000 Lula Lake Rd, Lookout Mountain. Register: GeorgiaConservancy.org.

SATURDAY, FEBRUARY 13

Saturday Volunteers – 9am-12pm. For anyone in the community who wishes to volunteer. We welcome high school clubs, service organizations and other groups. To promote social distancing, sign-up is mandatory. Dunwoody Nature Center, 5343 Roberts Dr, Dunwoody. 770-394-3322. DunwoodyNature.org.

Bioenergetic Healing, Part II: Working with Crystals – Feb 13-14. 10am-6pm. Learn the basics of working with the energy field, to detect and correct existing energetic imbalances. Heal Center, 270 Carpenter Dr NE, Ste 505, Sandy Springs. 404-303-0007. HealCenterAtlanta.com.

MONDAY, FEBRUARY 15

Nature Lovers Book Club – 9-10:30am. *Braiding Sweetgrass* by Robin Kimmerer. All nature enthusiasts and book worms invited. Free for members. Dunwoody Nature Center, 5343 Roberts Dr, Dunwoody. 770-394-3322. DunwoodyNature.org.

TUESDAY, FEBRUARY 16

Witch's Brew with Damaris – 7-8:30pm. Do you ever think of someone and the next day they call you? Do you have to be careful what you think because it may happen? Do you feel like you have a hidden power? If you answered yes, this class is definitely for you. \$20. Phoenix & Dragon Bookstore, 5531 Roswell Rd NE, Atlanta. 404-255-5207. PhoenixAndDragon.com.

THURSDAY, FEBRUARY 18

Online Hypnosis Certification Training – Feb 18-20. 10am-7pm, Thurs & Fri; 12-6pm, Sat. This intensive training will have you fully prepared to begin using your new hypnosis skills by the end of the third day. More info & register: AwakenAnanda.com.

THURSDAY, FEBRUARY 25

Wisdom and Healing Through Shamanic Journeys – 7-8:30pm. With Vicki Evans. An opportunity to connect with Spirit and your guides for healing and direction. You can use the journeys to ask about all areas of your life, not just the spiritual side. \$20 via PayPal. Phoenix & Dragon Bookstore, 5531 Roswell Rd NE, Atlanta. 404-255-5207. To register: PayPal.me/vickievanshealing. PhoenixAndDragon.com.

Nature Club – 7-9pm. Due to social distancing guidelines advanced registration is required and limited to 30 participants. \$10/general, \$5/CNC Members. CNC, 9135 Willeo Rd, Roswell. Registration required by Feb 24: 770-992-2055 or ChattNatureCenter.org.

SATURDAY, FEBRUARY 27

Online Transmission Meditation – 7:30pm. A meditation to help the world. Sponsored by Share International USA SE Region. Free. Via Zoom. Info: 404-680-7423, Info-SE@Share-International.us. Share-International.us/se. Tickets: Tinyurl.com/yxv6hd8p.

SUNDAY, FEBRUARY 28

Virtual Vanilla Sunday – Learn all about the fruit that flavors drinks, desserts and sauces in so many recipes, only without the popular ice cream sundae they've grown accustomed to sampling. More info: AtlantaBG.org.