

October 22-November 19, 2021

INSIDE

Kindness is overriding theme at 23rd Pet Rock Festival

By Rod Lee

A list of participating businesses and organizations that could be obtained at the gate answered all questions about what was happening on the field at Wyman Gordon in North Grafton on September 12.

If any doubts lingered, there was enough barking and yelping to provide further confirmation.

The 23rd annual Pet Rock Festival, New England's largest animal welfare event, began at noon on a sunny Sunday and ran until about four o'clock. Emphasizing "kindness to all animals," this year's production featured an amateur dog show and shelter pet parade, more than one hundred pet-related vendors, animal-breed rescues and New England-

based animal shelters, demos, Frisbee dog team, carnival rides, vegetarian food, a doggie water park, agility course, awards and more. Voice Star Billy Gilman headlined the musical lineup.

Among those present with names that indicated they belonged on the premises were "No Mutts Left Behind," "Andrea's Custom Collars," "Cocker Spaniel Rescue of NE," "Ruff Tales Rescue," "Mass Vest-a-Dog," "Pawssion Designer Pet Clothing," "Woof Woof Wagon Pet Boutique and Biscuit Bar," "Happy Tails Market," "Rising Sun Pet Sitting and Dog Walking," "Hot Diggity Dog Pet Care" and "Tufts Paws for People."

You get the idea.

Happy to be on the premises were Chris Sturdivant of Dorchester and Ellen Moran of Worcester, representing the Col. Potter Cairn Rescue Network, which they described as "the largest single-breed rescue operation in the world." This all-volunteer nonprofit helps "all over the country and we pay for the vetting, neutering, spaying and a home-safety visit," the women said.

Also in attendance were Michelle Perrotti of Douglas and Mike Andrade of Worcester, for the Canine Company, which provides "Invisible Fence Brand systems that are high-quality and designed to withstand the wear and tear of

Continued on page 2



Taunya Damon of West Brookfield and her best bud "Little Oliver" joined dozens of vendors at this year's Pet Rock Festival in North Grafton. Ms. Damon adopted Little Oliver after he was left to die at a bench in Worcester and nursed back to health. Her Little Oliver Foundation was founded in 2016 and is one of many organizations represented at the Pet Rock Festival that help save animals from abuse and neglect.

SOUTHWICK'S ZOO
A blaze of light
PAGE 4

HEALTHIER BAKING
Coconut Custard pie for Dad
PAGE 5

WOMEN'S SUFFRAGE
Lucy Stone
PAGE 13

BALD EAGLES
Sutton Historical society
PAGE 13

LIVING ON WITH LINCOLN
Lincoln's good vibes
PAGE 15

TALES FROM BEYOND
Haunted Lake Morey
PAGE 17

Festive Fall gatherings offered in Grafton

By Christine Galeone

The holidays will be here before we know it. And along with them comes warm, friendly gatherings and festive activities for people of all ages.

But there's no need to wait for Thanksgiving. Between now and then, in Grafton, there will be several fun events that people can attend. Many Grafton businesses are also helping people prepare for the holidays in different ways.

On Wednesday Nov. 3 from 5:30 p.m. to 7:30 p.m., the **Blackstone Valley Chamber of Commerce's Women's Success Network** will hold Commerce on the Common. The cocktails and shopping event, which will start at the Town House Tavern and will include door prizes, light fare and a cash bar, supports the women-owned businesses on the Grafton Common.

Continued on page 6



Community Harvest Project

Shrewsbury | Sutton

concerge
PHYSICAL THERAPY

FIRST 5 PEOPLE TO CALL - GET A FREE COPY OF MY NEW BOOK!

(508) 841-5037 | 307 Grafton Street
conciiergephysicaltherapy.com

STOP AGING IN ITS TRACKS

5 Secrets to Fix SHOULDER PAIN

scan code or visit
<https://bit.ly/3CZ3xpd>

We know that giving back moves our community forward.

Unlock your potential

Since 1889, we've upheld a tradition of helping our neighbors. Over the last five years, we've donated nearly \$1.3 million to community organizations and our employees have contributed thousands of volunteer hours to help those in need.

bankHometown

Learn more at bankHometown.com/community

Member FDIC | Member DIF

HADDAD Auto Detail

The **DEEP CLEAN SPECIALISTS**

Inside and Out!

FREE Loaner Car with this ad

Worcester * Westboro

508-755-5250

PET ROCK FESTIVAL

Continued from front page



"I have adopted six dogs. We have friends all over the country," Chris Sturdivant, right, with Ellen Moran, said at the Pet Rock Festival. They were in attendance on behalf of the Col. Potter Cairn Rescue Network.

weather." An investment in the containment system "provides you with years of peace of mind, while provid-

ing your dog with years of security and playtime," they said.

For Jeannie Hebert who is president and CEO of the Blackstone Valley Chamber of Commerce and her fellow organizers, the Pet Rock Festival is an exercise of love they hold close to their hearts.

"I was working the amateur dog show most of the day," Ms. Hebert said. "But I love it! We celebrated twenty-three years, and honestly Wyman Gordon's field is our best venue yet. But as you know the property has been sold, so we find ourselves once again homeless like the animals we assist. We are investigating other properties, but nothing concrete yet.

"The day was perfect, from weather to the attendance, which was just about 2000 give or take a few. More than we expected since COVID-19.

"Pet Rock Fest is a true charity," Ms. Hebert said. "None of us are paid. We are a full volunteer force, and we give away as much funding as possible, just keeping enough seed money to produce the next year's event. We offer grants to shelters and rescues as well as non-profit animal advocacy organizations, and grants to private citizens, many elderly, to help pay vet bills for their companion animals.

"We are unique in that we are not the organization that benefits, but we are the organization that offers support to others in need. We also support educational programs, especially to students in elementary school, to lay the foundation of kindness, responsible pet ownership,

with our legislators to introduce laws that will strongly prosecute perpetrators of animal cruelty. That cannot be tolerated. Ever! There are so many implications of what those who practice animal cruelty can do to others in society. Evil murderers like Ted Bundy, Jeffrey Dahmer and Charles Manson all started by torturing animals and graduated to humans. It is not a rite of passage, it is the making of a monster.

"A blessing of the animals was conducted by Rev. Chad McCabe from the Church of the Nativity in Northborough. He was great and so well-received. Among the many animals he blessed was a beautiful American bulldog suffering from cancer. So touching. There are so many heart-



Michelle Perrotti and Mike Andrade participated in the Pet Rock Festival as representatives of Canine Company, "containment featuring the Invisible Fence brand."

warming stories. Your companion animal is the best and most loyal friend you will ever have. We need to nurture them and keep them safe.

"Our mission is to edu-

cate, assist and support. Remember, "they can't talk, so we will!"

Contact Rod Lee at rodlee.1963@gmail.com or 774-232-2999.

Rockdale RUG & BRAID Outlet

Store Closing/Retirement Sale

After almost 11 years in business, I have decided the time has come to close our store and retire!

We will miss all of our customers who have become friends throughout the years! This is the one part of closing that I will truly miss. Thank you all so much for your support over the years. A special thanks to our employees who have become like family to me! I'm looking forward to spending more time with my family, friends, and granddaughters. We will be closing in December and hope to get a chance to say good-bye to each and every one of you!

With many thanks,
Cindy

Take 20% off all in stock merchandise*

*only 10% off Fall/Winter in stock merchandise
~ All Sales Final ~

10 Sutton Street Northbridge, MA
Wednesday-Saturday 10am-5pm

BVT's Practical Nursing Program recognized by Nursing Schools Almanac

UPTON - With the demand for skilled nurses particularly significant, the Blackstone Valley Tech Practical Nursing (post-secondary) program was recently ranked #3 in the state by Nursing Schools Almanac. This organization annually ranks the best nursing schools in Massachusetts to help aspiring nurses with a resource for selecting their future nursing school.

For the 2021 rankings of LPN programs, the research team at Nursing Schools Almanac compiled an extensive database of student performance on the National Council Licensure Exami-

nation for Practical Nurses (NCLEX-PN). Aspiring practical nurses must pass this examination before commencing practice. Thus, student performance on the exam provides an excellent benchmark for comparing the relative quality of programs.

The ranking methodology focused on the NCLEX-PN pass rates among first-time test-takers. As well as the average number of annual graduates, and previous calendar years, 2011 through 2020 were analyzed, weighted by year, and averages together. They used this metric to rank all of the Mas-

sachusetts' LPN programs accordingly.

•Blackstone Valley Regional Vocational Technical High School: #3

•NCLEX-PN pass rate among first-time test-takers: 95.5%

•Average number of LPN students graduating annually: 17

•Data analyzed: Calendar years 2011 through 2020

"It's an honor to be included in the Nursing Schools Almanac 2021 rankings of the best nursing programs in Massachusetts," said Practical Nursing Coordinator Joann Monks, MBA, MSC, RN-BC, RMA. "This is a tribute to the dedication of our students, faculty, staff, and stakeholders working together in support of our program."

The Blackstone Valley Tech Practical Nursing program proudly serves adult learners in District, out of District, and out of state. For more information, visit www.valleytech.k12.ma.us/pninformationession.

BLACKSTONE VALLEY Xpress

Published on 2nd and 4th Fridays of the month.
Direct mailed to 63,000 unique homes and businesses each month and available on news stands throughout the region.

2nd Friday: Auburn, Charlton, Dudley, Oxford and Webster, 1/2 all addresses.
2nd Friday BLACKSTONE VALLEY South: Douglas, Northbridge and Uxbridge.
4th Friday: Auburn, Charlton, Dudley, Oxford and Webster, other 1/2.
4th Friday BLACKSTONE VALLEY North: Grafton, Millbury and Sutton.

DIRECTORY

Submit business news and community events to news@TheYankeeXpress.com
Request advertising information: ads@TheYankeeXpress.com

Kathy Benoit, Advertising Director kathybenoit@theyankeeexpress.com
Billing and advertising information Laura Gleim lgleim@TheYankeeXpress.com
Tony Discepolo, Sales (Auburn, Charlton, Dudley, Oxford, Webster) tdiscepolo@TheYankeeXpress.com
Bill Cronan, Sales (Blackstone Valley) bcronan@TheYankeeXpress.com

The Newspaper Press, LLC / contents copyright 2021
Sally Patterson, Production Manager Carol Kosth, Graphic Artist
Contributing writers and columnists: Peter Coyle, Tom D'Agostino,
Magda Dakin, Christine Galeone, Rod Lee, Amy Palumbo-Leclaire, Janet Stoica

168 Gore Road, Webster, MA 01570 PHONE: 508-943-8784 FAX: 508-943-8129

Christmas is coming....

Remember to shop local and support the businesses in The Blackstone Valley Xpress
Happy Holidays!

ATTENTION ALL MILITARY SERVICE PERSONNEL

FREE CAR WASH
NOVEMBER 11
THANK YOU
FOR SERVING OUR COUNTRY!

8:00 a.m. to 2:00 p.m.

Offer valid on November 11 only - Rain or Shine - ONE CAR WASH ONLY, PLEASE

Is your future **LASER** bright?
If not, we are looking for **YOU!**



IPG Photonics Corporation is a growing global organization with local facilities in Oxford and Marlborough, MA. What makes IPG unique as a manufacturer is that we make most of our components in-house, allowing our employees long-term stability.

**Jump start your
career at
IPG Photonics,
the World Leader
in Laser
Technology.**



Your career at IPG will offer:

- Annual discretionary bonuses for **ALL** employees
- Competitive starting pay
- Health Insurance benefits effective DAY ONE
- 3 weeks of vacation, 12 paid holidays, sick time
- Tuition assistance
- 401K w/company match
- Overtime available

Rewarding careers include:

- **Entry Level Assemblers** - 1st and 2nd shift - willing to train- no experience necessary!
- **Experienced Assemblers**
- **Technicians:** Electrical, Mechanical, Field Service, Opto-Mechanical
- **Engineers:** Electrical, Mechanical, Opto-Mechanical, Software
- **Finance and IT**
- And MUCH more...

How to contact us:

- By phone: 508.373.1100
- By e-mail: careers@ipgphotonics.com
- By Website: [www.ipgphotonics.com/en/company#\[careers\]](http://www.ipgphotonics.com/en/company#[careers])
- By scanning the QR code
- By texting HOTJOBS to 21000



IPG Photonics is committed to fostering a culture of diversity, inclusion, respect, and professionalism. We view diversity as an opportunity to foster multi-cultural differences as a means of providing a more inclusive and rich company culture.

Equal Opportunity Employer / Affirmative Action M/F D/V

Southwick's Zoo steps into fall in a blaze of light

By Rod Lee

No one would have dreamed, four or five years ago, that any creatures but the live ones already present would have a home at Southwick's Zoo in Mendon.

Here in the fall of 2021 a far different scenario has emerged, courtesy of Southwick's first-ever "Festival of Illumination," in which stationary, larger-than-life, lighted model animals assume a place alongside their celebrated living and breathing counterparts on the paths of the Southwick and Brewer families' venerable complex.

The roar of a resident lion that could be heard piercing the otherwise all-encompassing quiet during an opening reception for the Festival of Illumination on the evening of September 22

seemed to at least one observer to sound like a wail of protest; as if the king of the jungle was saying "how dare you imposters crowd your way onto our grounds?"

But there they were in all their glory—bears and elephants and alligators and giraffes, even a dragon—in what the Zigong Lantern Group (the industry leader in Chinese lantern festivals around the world) touts as a spectacular one-of-a-kind "cultural and artistic expression."

Introduced at the VIP gathering beneath a tent just above the main entrance to the zoo as the person who "spearheaded this Festival of Illumination project," Cindy Brewer Lavoie described the event as "where East meets



Southwick's Zoo Matriarch Justine Brewer prepares to cut the ribbon, capping the kickoff for the Festival of Illumination.



A dragon is one of many illuminated replica animals that will be on display at Southwick's Zoo this fall.

West" and, in addressing having worked with Zigong to put the display together added "we have finally made it to the destination. This is a partnership that I truly believe will last a lifetime." Getting emotional, Ms. Lavoie, who is one of zoo matriarch Justine Brewer's five children, said, in reference to the continents involved in the exhibit, "we told ourselves if we couldn't visit our planet (during a pandemic), we'll bring [the planet] to you."

The Festival of Illumination is open to the public and will run all fall into winter, through January 3, 2022. Combined with Southwick's regular holiday lights show in December and the continued availability of the gift shop, which will remain open, the zoo has thus taken a step toward transforming itself from a seasonal operation to almost a year-round business. Included in this

array of offerings is Galilford's, the zoo's on-the-property restaurant.

In his own remarks to the audience, Justin Corsa, who is CEO of Zigong, said the company "is the largest exporter of lantern art in all of China," with headquarters "locally in Orlando, Florida."

Several years ago, Mr. Corsa said, "we made attempts to find a location in New England" for the Festival of Illumination. "Most sites we looked at didn't have the confidence to do this. Three years ago we met Southwick's Zoo and the lean but incredibly capable people" who run this establishment. "Not a single responsibility they were asked to undertake phased them. They fulfilled their duties admirably. I can't imagine working with any other partner in New England."

In what will certainly come as a welcome news to fans of the Festival of Illumination, Mr. Corsa said

"we will bring a brand-new design every year."

Mr. Corsa could not resist pointing out what an enormous achievement creating the Festival at Southwick's was, "during a hugely challenging year, to bring product overseas in a pandemic, with shipping issues and many other hurdles" to deal with.

Echoing Mr. Corsa's positive assessment of future possibilities for the Festival, Ms. Lavoie said "we have a three-year contract and who knows from there."

State Sen. Ryan Fattman summed up what many in attendance were thinking when he commended the Brewer family for their careful and conscientious management of the property. "I got to know Justine around ten years ago and she said at that time that she had five kids and I thought 'that's good preparation for running a zoo!'" Sen. Fattman said. "Southwick's Zoo is a true institution of the Black-

stone Valley, a combination of culture and commerce. My wife and I are on a date night this evening. We didn't tell our three children we were coming here! To have run a family-run business for fifty-six years, you have to be doing something right!"

For Betsey Brewer Bethel, the Festival of Illumination opens the door to even greater success for Southwick's and her herculean efforts to save endangered and threatened species. "Do you know what day it is?" she asked the crowd. "It's World Rhino Day!" Noting that someone from Chestnut Hill had raised \$1200 toward the cause ("and his little sister saved her tooth fairy money"), she said "hopefully my EARTH program will expand in the next few years and we'll have a learning center."

Contact Rod Lee at rodlee.1963@gmail.com or 774-232-2999.

COX ELECTRIC **GENERAC**

www.coxelectric.com

WE ARE A FACTORY CERTIFIED GENERAC POWERPRO DEALER
AUTHORIZED SALES DEALER • AUTOMATIC STANDBY & PORTABLE GENERATORS

217 Main St • Oxford, MA
508-499-0997

We offer sales and service for all of Generac's Products.



Generac Home Standby Generator

Everything from portable generators to whole home and business automatic standby generators! We have Generac factory trained and certified technicians ready to work on your generator ASAP!

\$50 Off!

ANY NEW SERVICE CONTRACT

MUST PRESENT THIS AD. MAY NOT BE COMBINED WITH ANY OTHER OFFERS. EXPIRES 11/30/21 YX

Call us to arrange a complimentary quote for a new installation or upgrade at your home or business today!

HAWK HILL ORCHARDS

PICK YOUR OWN APPLES

Wed. thru Sun. 10-5

Visit Our Country Store

- Apples
- Fruit Pies
- Dessert Breads
- Chicken Pot Pie
- Apple Dumplings
- Gifts • Jams/Jellies
- Cider • Maple Syrup
- Our Own Honey
- Assorted Baked Goods
- Specialty Sauces and Salsas

83 Carleton Rd., Millbury, MA
508-865-4037



Chinese lanterns lit the way for patrons of an opening reception for Southwick's Zoo's first-ever Festival of Illumination. The event runs all fall, into early January.

Healthier baking in the Blackstone Valley

Coconut custard pie for Dad

By Christine Galeone

Coconut custard pie is one of my dad's favorite desserts, so it's something that I've made and brought to him several times since I learned how relatively easy it is to make it. It's also a great comfort food.

In addition to being fairly inexpensive to make, since most of the ingredients are refrigerator and baking staples, it can be somewhat healthy.

Although the saturated fat in coconut oil is something that people with high cholesterol should probably avoid, a moderate amount of unsweetened coconut flakes could be healthy for people who don't have problems with their cholesterol. Coconut contains protein, fiber, Iron, Magnesium, Copper and Manganese. And many people believe that it has the ability to kill bacteria, reduce inflammation and protect against diseases.

In small amounts (too much can be toxic), nutmeg is also a healthy ingredient. The spice has antibacterial properties, and it's rich in fiber. It's also a source of Iron, Zinc, Copper and Vitamins A, C and E.

The recipe below is also healthier because it requires less sugar than similar recipes. And making the pie crust from scratch is healthier than buying processed refrigerated unbaked pie crusts.

Coconut Custard Pie

Pie Crust Ingredients:

- 2 Cups of Flour
- 1/2 Cup of Butter
- 1/2 tsp. Baking Powder
- 1/2 tsp. Salt (omit if using salted butter)
- 1/2 tsp. white vinegar
- 7 tsp. cold water

Directions:

- Combine flour, baking powder and salt in a large bowl.
- Cut in butter until like peas.
- Sprinkle vinegar over the mixture.
- Sprinkle 1 tbsp. of water over part of mixture, toss with a fork, and move moistened dough to the side of the bowl. Repeat with the rest of the mixture, until it's all moistened.
- Gather dough into ball, and flatten by pressing the side of your hand into the ball (on a floured surface) three times horizontally and three times vertically.

- Roll dough into 1/8 inch thick pie crust.
- Place into pie plate, turn edges under, and flute the edge of the crust.

Pie Filling Ingredients:

- 4 Large Eggs (slightly beaten)
- 2 Cups of Milk (scalded)
- 1/3 Cup of Sugar
- 1 tsp. Almond Extract (or Vanilla Extract)
- 1/4 tsp salt
- 2/3 Cup Unsweetened Coconut Flakes
- Sprinkle of Nutmeg

Directions:

- Pre-heat the oven to 350 degrees.
- In a large bowl, combine the sugar, almond extract and salt.
- Add the eggs to the mixture.
- Gradually stir in the scalded milk.
- Pour the mixture into the unbaked pie shell, and distribute coconut flakes evenly over the filling.
- Sprinkle the pie with nutmeg, and bake the pie for about 40 minutes.

This hearty dessert is especially perfect for the colder months. So, it's a great time to try this recipe. Happy (healthier) baking!



Douglas Historical Society raffle winners announced

The Douglas Historical Society's 275th Anniversary of Douglas Raffle winners were drawn at the Douglas Octoberfest on Saturday, October 2.

The Douglas Historical Society made \$2,600 through raffle ticket sales and all winners were from Douglas! Sarah O'Toole won the third prize of the

Town Seal wall hanging. Frank Iadarola won the \$275 commemorating the town's 275th anniversary and Carol Gogolinski won the Memorial Day Weekend 2022 at Wallis Cove Cabins.

Understanding how much goes into maintaining the historical landmark of the E.N. Jenckes Store Museum, Frank generously turned his

prize money back to the Douglas Historical Society. Carol requested that her weekend be booked by a customer and that the amount be donated to the Douglas Historical Society in 2022.

The Society thanks all who bought tickets and urges everyone to look out for another raffle with fabulous prizes next year.

FOPPEMA'S FARM
 Family Owned & Operated Since 1983
 Last Day Saturday Oct. 30th
Over 18 Varieties of APPLES!!!
 Fall Apples, Lettuce, Carrots, Kale, Eggplant, Heirloom Apples, Tomatoes, Pumpkins, Mums, Corn Stalks, Gourds & Much More...!
 Also featuring: gifts from the garden, baked goods, ice cream, local honey, candy, frozen meat products, specialty gourmet foods and much more...
 1605 Hill St., Northbridge • 508-234-6711
 www.foppemasfarm.com
 Hours: Mon.-Sat. 9 to 6; Closed Sundays
 Massachusetts grown... and fresher!™

Dream boldly
 with a Home Equity Loan from UniBank.
 Home Equity Loan Rates as low as **2.99%** APR
 • No closing fees
 • Apply at UniBank.com today!
UNIBANK
 Connecting all offices: 1.800.578.4270
 www.unibank.com
 Scan to apply!
 Blackstone • Douglas • Grafton • Hopkinton
 Milford • Shrewsbury • Sutton • Upton
 Uxbridge • Whitinsville • Worcester
 MEMBER FDIC/MEMBER DIF • UNIBANK NMLS #583135 *Annual Percentage Rate (APR) effective as May 20, 2021 and is subject to change at any time. Offer of credit is subject to approval. Homeowners and Flood insurance (where applicable) is required for the life of the loan. Up to 80% Loan-to-Value (LTV) of the market value. Other terms, conditions, and fees may apply.

MULHANE
 Home for Funerals
 Honoring, Remembering, Celebrating
 Owned and operated by the Mulhane Family for over 150 years.
 Stuart & Matthew Mulhane
 508.865.2560 • www.mulhane.com



Grafton's Business Scene

Festive Fall gatherings offered in Grafton

Continued from page 1

Sponsored by **Millbury Credit Union**, the event features the **Grafton Country Store**, the gift shop that sells an array of gifts, jewelry, décor and more, **Off the Common Antiques**, the multi-artisan, multi-vendor shop that sells both hand-crafted and antique items and **Quite Fetching**, the barkery, featuring seasonal and custom canine baked goods, and pet boutique. Admission is \$10, and people can register by Oct. 27 at blackstonevalley.org/event/wsn-Commerce-on-the-Common/.

Over in South Grafton, **The Saddle Shed** offers a wide variety of items that people can use to enjoy fall/holiday equestrian activities and events. The shop, which just celebrated its 52nd anniversary this month, sells

horse equipment, accessories, gifts and tack and has winter wear for horses and their riders. In addition to saddles, the shop has recently added new western cowboy boots to its inventory, as well as accessories such as hands-free saddle cell phone cases.

People looking for seasonal fun and a chance to support a good cause could attend the **Community Harvest Project Harvest Home Festival**. The annual event will be held at CHP on Sunday, Nov. 7, from 11 a.m. until 3 p.m. For more information and admission costs, please visit the nonprofit's website, www.community-harvest.org. Among other things, festivities will include kids' activities, a scarecrow contest, apple cannons and pumpkin trebuchets.

The **Grafton Lions Club** has been busy focusing

on fear - "The Forest of Fear." It's the theme for the nonprofit group's annual **Haunted Woods Hayride**. It will be held from 6:30 p.m. to 10:30 p.m. on Friday, Oct. 22 and Saturday, Oct. 23 at 68 Brigham Hill Road. The event, which costs \$15 per person (\$10 each for children under 10), will help fund the group's service efforts, including promoting sight and hearing projects, helping people in need, encouraging children and teens and honoring Grafton seniors.

Finally, did you know that October is National Protect Your Hearing Month? In honor of it, Dr. Mary Ellen Curran Rancourt, who runs **Hear Joy Audiology**, posted some helpful facts and tips about hearing protection on her South Grafton practice's Facebook page. Additionally, she recently posted a resource for parents

with toddlers who have delayed speech. And with new state-of-the-art testing equipment, Hear Joy Audiology can also help people prepare for the holidays by

helping them to hear more clearly.

It won't be long before snow is falling and familiar Christmas songs can be heard nearly everywhere. But, in the

meantime, there's plenty of bustling activity in Grafton.

Contact Christine with your business news items at cmgaleone15@gmail.com.

Troop 107 bottle drive

GRAFTON - Boy Scout Troop 107 will hold its bottle drive on Saturday, November 6, from 9 a.m. - 12 p.m. Bring your deposit bottles and cans to the back of the Grafton Municipal Center, located at 30 Providence Road.

They are taking the following precautions for everyone's safety:

- Please rinse out your bottles and cans ahead of time.
- Please pre-sort your containers: soda cans, beer cans, glass, 1-liter plastic, 2-liter plastic, and smaller plastic ("personal size" drinks).
- When you arrive at the back parking lot, you will

be directed where to leave your containers. Once you depart, scouts and parents will then retrieve them for processing.

• If you need assistance getting the containers from your car, signal an adult leader. Someone will collect them while you remain in your car.

• Scouts and parents will be working in family units, in shifts, with masks and gloves, and maintaining physical distancing at all times.

If you can't make the drop off, the boy scouts can pick up at your home (Grafton only). Contact us at Bottledrive@troop107.

Grafton-MA.org to schedule this and include your name and address. Place your clean and pre-sorted empties in a highly visible spot by 8 a.m. on November 6 and the boy scouts will do the rest.

Money raised from bottle drives supports the scouts' campouts, activities, community service projects, and routine expenses. In addition, 10% of bottle drive earnings are donated to a local charity.

If you are interested in joining Troop 107 or would like more information about Troop events, please contact scoutmaster@troop107.grafton-ma.org.

Gibson's Natural Pet Resort

Lodging & Daycare & Grooming
Training & Pet Supplies



Hours:
Mon.-Thurs.
6:30am to 6pm
Fri. 9:30am-4pm
Sat. 8am-noon
Sun. 5pm - 6pm only

139 Upton St. (Rt. 140), Grafton, Ma 01519
Phone: 508-839-1757 Fax: 508-839-1736

Grafton@GibsonsNaturalPet.com
www.GibsonsNaturalPet.com



We're here with you every step of the way

Licensed Mental Health Counselors

intake@throughthetreestherapy.com

o: (774) 293-1116
f: (774) 389-0308

80 Worcester St.
North Grafton, MA 01536

www.ThroughTheTreesTherapy.com

"With Fall here, it is never too early to prep for Winter!"

**Professional Car Cleaning
Motorcycles & Boats**

Owner: Vic Catacchio Since 1983

218 Worcester St., N. Grafton, MA 01536
774-272-0815 • shineitup2@yahoo.com



GRAFTON FLEA MARKET, INC.

OPEN EVERY SUNDAY
OUTDOOR - INDOOR
6 A.M.-4 P.M.

NEW! Outdoor Beer and Wine Garden Now Open!
• Acres of Bargains • Hundreds of Vendors • Thousands of Buyers

51st Season

Rte. 140, Grafton/Upton town line

Grafton Flea is the Place to be!

Selling Space 508-839-2217

www.graftonflea.com

Remember your mask!

FALL into savings

In Grafton



Town Line Dairy Farm
508-529-6039

- Home Grown Beef & Chicken
- Local Milk
- Honey
- Maple Syrup
- EGGS
- Pumpkins

Home Grown Meats for the local community

Seasonal Produce

Fresh Eggs

Local Products

64 Williams Street, Upton, MA

HOULDEN FARM

139 Old Westboro Road, N. Grafton • (508) 839-2409

Visit Our **SEED AT THE-TABLE FOOD TRUCK** for tons of goodies!

Christmas Tree Sales Start Day After Thanksgiving

LOCALLY GROWN Apples *Our 45th Year!*

Pumpkin Decorating Contest Oct. 23 hosted by **Grafton Recreation**

Sunflower Shanty Beer Garden
Open: Fri. & Sat. till 9pm; Sundays till 6pm

OUR OWN
• Pumpkins • Gourds
• Corn Stalks
• Tomatoes • Cukes
• Lettuce • Peppers
• Broccoli • Squash
• Kale • Beets and more!

We will be open through Dec. 23

(Off of Rte. 30 by Tufts) Hours: Mon.-Fri. 10-6; Sat. & Sun. 10-5

SCHULTZY'S PLACE

Winner of Worcester's Hot Dog Safari's Golden Hot Dog

Try Our Homemade Soups, Chilis and Corned Beef Hash

Seasonal Specials at Schultzy's
\$3.00 OFF a \$15 purchase Mon.-Fri. ONLY
One per table, not to be combined. Exp. 11/30/21

Hrs.: Mon.-Sat. 5:30am-2pm; Sundays 6:30am to 2pm
3 Boston Road (Heritage Plaza) Sutton, MA • (508) 865-6777

Let's Get the party started!

Have you been holding off on hosting an event? Graduations, Showers, Family Gatherings, Weddings, Bar/Bat Mitzvahs!

Sit back, relax and let us plan your special occasion!




42 Magill Dr., Grafton (508) 839-1945 ext. 222
www.highfieldsgolf.com
AnnMarie Mong • AnnMarie@Highfieldsgolfcc.com

Pro Shop is Open 7am - 6pm Monday - Sunday

The SADDLE SHED

"Everything For Horse & Rider!"

Pets Welcome! 237 Providence Road, Rte. 122 South Grafton, MA 01560

508-839-3016 In business for over 52 years!

English & Western - Farrier Supplies
Western Hats, Boots, Belts, Shirts, Accessories, Tack, Supplies & Gifts!

www.thesaddleshed.com Store Hours: Tues., Wed., Fri. 10am to 5pm; Sat. 10am to 4pm

Time to get your cars, trucks, plows and sanders ready for winter!




STREET CAR SOLUTIONS
StreetCarSolutions.com
508-839-7071

290 PROVIDENCE RD. SOUTH GRAFTON
Hours: Monday-Friday 8-5; Saturday 8-1

COMING SOON!

Pediatric Dental of Grafton



PEDIATRIC DENTIST AND ORTHODONTIST
OPENING AUGUST 2021
(508) 827-8777
78 WORCESTER STREET, GRAFTON, MA, 01536
INFO@PEDIATRICDENTALOFGRAFTON.COM

CALL US NOW TO SCHEDULE AN APPOINTMENT!

Fall in Love with Sound Again!



Have you been putting off taking care of your hearing, tinnitus or hearing aids? Make this Autumn a fresh start.

WE ARE HERE TO HELP!
www.hearjoyaudiology.com for online booking

HEAR JOY IS AN INDEPENDENT PRACTICE



PRECIOUS SOUNDS. LIFE'S PLEASURES

43 Main Street South Grafton, MA
Call 774-293-1515



Dr. Mary Ellen Rancourt has over 30 years of experience as an audiologist, serving newborns to elders.

Choice

100

Graphics

508-949-2024

YOUR #1 CHOICE FOR CUSTOM:

- T-Shirts**
- Banners**
- Lawn Signs**
- Coffee Mugs**
- Embroidery**
- Business Cards**
- Canvas Prints**
- And MORE!**




505 S. Main St, Webster, MA
 Info@Choice1Graphics.com
 www.Choice1Graphics.com

Blackstone River Valley National Historical Park Celebrates Whitinsville's Industrial Story

The historic district of Whitinsville, has a new addition with the installation of interpretive signs installed by Blackstone River Valley National Historical Park (BRVNHP). Three new signs help tell the story about Whitinsville's important role in the industrialization of America. In addition, the Northbridge Historical Commission's National Register Historic District map sign located on Church Street has been restored.

At a ribbon-cutting ceremony hosted by Blackstone River Valley National Heritage Corridor (BHC) on October 12, local and elected officials celebrated BRVNHP's presence in the community. The National Historical Park was created in 2014, and its boundaries include a newly-established historic district in Whitinsville.

"Over the past two centuries, American life has been transformed in every way by the forces of industry pioneered right here in the Blackstone River Valley. These new interpretive signs and restored map, marking the vital role that Whitinsville played in the industrialization of America, will ensure that the history and heritage of our region are preserved for future generations," said Congressman Jim McGovern. I was thrilled to help unveil such beautiful tributes to our

past at this week's ribbon cutting. I'm grateful for the work of the Blackstone River Valley National Heritage Corridor, the National Park Service, and the Northbridge Historical Commission for coming together and bringing history to life in such an informative, thoughtful way."

Locations for the new National Park Service signs include one on the town common at the intersection of Church Street and Linwood Avenue, another in front of the Town Hall Annex at 14 Hill Street, and a third in front of the 1826 Red Brick Mill Building at the Alternatives' Whittin Mill Complex at 50 Douglas Road.

"It has been wonderful to re-affirm our national park's partnerships with the Town of Northbridge and the Northbridge Historical Commission by working with these partners and the National Heritage Corridor to finalize and install the important new wayside interpretive panels and refurbished map," said Blackstone River Valley National Historical Park Superintendent Eric Bretkreutz. "Whitinsville's key role in the Valley's and America's Industrial Revolution, and the amazing mill village system that remains preserved here, is a major part of our national park's interpretive story. It is a pleasure to help the town and our national

park better tell this story in Whitinsville with these beautiful new wayside panels."

The restoration of Northbridge Historical Commission's map was BHC's project with Northbridge Town Historian Ken Warchol. The project was made possible by Blackstone Valley Regional Vocational Technical High School (BVT), which helped clean and refresh the original map and donated the newly printed sign. Sophomore students of the Painting and Design Technology department, led by Tom Lamont, also repainted the existing sign frame. Additional photography and graphic support came from Blackstone Heritage Corridor Photography Ambassador Bob Evans and Experience Design of Providence, RI.

"35 years ago, on November 10th, the Blackstone River Valley National Heritage Corridor was established to celebrate the ongoing story of the American Industrial Revolution," noted Devon R. Kurtz, Executive Director at BHC. "Today, we unveiled the first official National Park wayside exhibit highlighting Whitinsville's contribution to the Corridor's narrative. Together, the BHC and the Blackstone River Valley National Historical Park look forward to sharing more such milestones in the future."

A GLAMOROUS RETRO EVENING TO SUPPORT G.M. WHITIN'S VISION OF COMMUNITY



- HOR'S D'OEUVRES
- SIGNATURE COCKTAILS
- SHAKE AND FLOAT BAR
- LIVE AUCTION
- LIVE ENTERTAINMENT
- CREATIVE ATTIRE WELCOME
- GAMES AND MORE!

Homecoming Gala

NOV 13, 2021

6:30 PM - 10:30 PM

HELD IN THE GYM

\$125 per ticket

(Limited Number Of Tickets To Be Sold)

Purchase tickets online at www.WhitinCommunityCenter.com or by visiting our Member Services Desk

Whitin Community Center

60 Main St. Whitinsville, MA 01588 | 508.234.8184




Thank You To Our Sponsors









American Heritage Museum


Museum Open Wed. - Sun. 10 AM to 5 PM

WWII Symposium:

Pearl Harbor - Inevitable or Infamy?

December 4th

Tickets on sale now.



Extraordinary museum featuring some of the world's most rare tanks, armored vehicles and historic artifacts. Walk through the immersive WWII trench experience and captivating exhibits.

568 Main Street, Hudson, MA

www.AmericanHeritageMuseum.org

(978) 562-9182

Custom Framing • Experienced Designers • Photo Restoration

The Framers's Gallery

567 SOUTHBRIDGE STREET, AUBURN MA
WWW.FRAMERSGALLERYMA.COM
508-832-6111

HAPPY FALL YA'LL
COME IN EARLY
FOR HOLIDAY
CUSTOM FRAMING

Monday-Thursday 9-6
Friday 9-5
Saturday by appointment
Sunday closed



SHREWSBURY

Marble & Granite, Inc



Fall SALE

\$39⁹⁹ Installed


Minimum 40 square feet

**Biggest selection of
marble, granite and quartz.**
ALL MARBLE & GRANITE SLABS ON SITE

620 Boston Turnpike (Rt. 9), Shrewsbury
1/4 Miles East of Home Depot. (BIG BLUE BUILDING)
508-842-9800

Mon.-Thurs. 8-4; Fri.-Sat. 9-4; other times by appt.

WWW.SHREWSBURYMARBLEANDGRANITE.COM



DO YOU HAVE THE RIGHT ANNUITY?

**THERE HAVE BEEN MANY
ENHANCEMENTS AND OPTIONS TO
DESIGN YOUR OWN ANNUITY BASED
ON YOUR NEEDS AND ASSETS**

Do you have:


- CD under-performing? • Outdated annuities?
- Old 401ks, 457's not working for you?
- Interest under prime on savings accounts?
- Living benefits and long-term care?
- Life insurance options?

Worried about Money Market and Mutual Funds Risk?


**SET UP YOUR
NO CHARGE REVIEW!
100% CONFIDENTIAL!**

AL LESSARD, Broker/Agent Since 1981

508-395-2653



MA LICENSE #1875700
NATIONAL PRODUCER # 5415362



Yellcom Computer Services

Sales • Installation • Maintenance • Repair • Training



When disaster strikes, count on Yellcom.
We support computer users at home and at work.

OUR SERVICES INCLUDE:

- Cybersecurity protection services
- Encrypted and verified desktop backups with virtual desktop continuity within minutes
- Managed eMail services - restores, filtering...
- 24/7 Help Desk services - phone, text, email
- Comprehensive cybersecurity assessment
- Encrypted and verified server backups with virtual server continuity within minutes
- Disaster recovery planning
- Network monitoring and management



(508) 320-2356
www.yellcom.net • Sales@Yellcom.net



Come work for an awesome team, and be proud of the work you do!

Job Corps is a career training and education program for students ages 16 through 24 who meet low-income requirements, designed to help students find a path to personal and career success.

We are recruiting for the following positions:

- Assistant Cooks
- New Student - Career Prep Advisor
- Job Placement - Career Transition Specialist
- Driver/Maintenance
- Bookkeeper
- Records Officer
- Residential Advisor
- Administrative Assistant-Education and Training
- Purchasing Agent

We offer a robust benefit package for full time employees working 30 hours a week or more! This includes: Medical/Dental/Vision, Health Savings/Flexible Spending Account, Group Term Life and A&D, Voluntary Life and AD&D, Short/Long Term Disability, 401K (after one year of service), vacation/sick time and 11 paid holidays. Adams and Associates, Inc. is a **100% employee-owned organization** employing more than 2,000 staff members at 17 locations, including 13 Job Corps sites across the country. We provide academic and vocational training services to approximately 11,000 young people from age 16 to 24 each year. Adams has offices in Reno, NV, Columbia, MD, and Worcester, MA to provide support and expertise to our Job Corps locations. We are an **Equal Opportunity Employer.**

Careers Begin Here!

Living well and looking good

Bacteria are to blame for stinky shoes, feet

By Keith Roach, M.D.

DEAR DR. ROACH: My nephew has foot odor. Even after showering, his feet have a bad odor. His shoes smell bad and have to be replaced often. What is the remedy for this problem? – B.C.

ANSWER: Foot odor is caused mostly by bacteria living on your feet. Bacteria thrive in warm and moist environments, so people who sweat a lot from their feet are at high risk. Some people are also colonized with particularly bad bacteria, such as *Kytococcus*

(formerly *Micrococcus*), *Corynebacterium* or *Dermatophilus*. These bacteria do not cause disease, but they break down dead skin cells into unpleasantly smelly chemicals. A careful look at the skin on his feet may reveal small pits in the skin, especially around the heel, after a long day in socks and shoes.

Treatment may include disinfecting skin solutions (such as chlorhexidine), antibiotics (topical erythromycin or clindamycin) and

keeping the feet as dry as possible. This may require application of antiperspirants to the feet, either regular over-the-counter or prescription varieties. He also should wear lighter, more breathable footwear. Washing (and then drying) the feet several times daily and putting on new socks each time may also help during the treatment phase. Although ultraviolet-light

shoe sanitizers exist, I'd recommend getting new footwear while trying to get rid of as much of the bacteria as possible.

To your good health

Blood pressure levels

DEAR DR. ROACH: My husband is 75. I am 68. Our family doctor says that our blood pressure average is fine at 140/80 with no medicine. We thought it should be 120/70, but he says the limit is higher for seniors in order to decrease falls. This is pretty confusing. Do you think it's OK? – S.M.

ANSWER: The best goal for blood pressure has been the subject of controversy. For the overall population, a level of 120/80, slightly less

than the average blood pressure in the U.S. and Canada, is associated with a lower risk of heart disease, stroke and death than a blood pressure of 140/80. But the difference is pretty small. A blood pressure of 160/90 has a significantly higher risk, and at blood pressures above 160 systolic (that's the first or "top" number), the risk for stroke and heart disease rises steeply.

A recent trial (the SPRINT trial) showed that among older people with high blood pressure who had increased risk for heart attack, a systolic blood pressure goal of 120 was better at reducing risk than a blood pressure goal of 140. Both groups had a diastolic (the second or "bottom" number) goal of less than 90. However, the

goal among people at lower risk is not as clear.

Most experts would not treat people with medication unless their average blood pressure is over 140 systolic or over 90 diastolic. In people treated with medication, some experts prefer a goal of less than 130/less than 90, while others would treat to less than 120/less than 90. It is true that more blood pressure medication and more intensive goals can lead to greater side effects, including falls. However, in the SPRINT trial, there was NO increase in fall risk and a slight 0.6 percent increase in the risk of fainting. Nondrug therapy, which includes modest salt restriction, regular exercise and stress reduction, can lower the blood pressure enough that people do not need medication.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2021 North America Synd., Inc. All Rights Reserved

Call today for your FREE In-Home Consultation



Budget Blinds
The Best in Custom Window Treatments

1-888-88-BUDGET

SUPER AUTUMN SALE

Block that damaging SUN
Save 20% on all sliding door treatments
Save 25% on all Honeycomb and Solar/Roller Shades

Cannot be combined with any other coupons or offers. Offer valid until 10/31/21

Independently Owned & Operated by Sue Adams
Local: 508-865-9300

Athenascleanahs@yahoo.com



Athena's Cleanahs

Business & Residential Cleaning Service

Free Estimates • Fully Insured • Decluttering

Carl 774-482-0089 Karen 508-320-0465



670 Linwood Ave #5
Whitinsville, MA 01588
508-234-9090

Upcoming Events

For registration information and a full list of our upcoming events, please visit www.blackstonevalley.org



BLACKSTONE VALLEY CHAMBER of COMMERCE

UNIBANK

MCU
Military Federal Credit Union

43rd Annual Meeting and Awards Ceremony

We are honored to host keynote speaker Governor Charlie Baker. He will be joined by the outstanding Blackstone Valley leaders being recognized for their accomplishments in 2021.

NOVEMBER 17, 2021
7:30 AM TO 10 AM
*REGISTRATION BEGINS AT 7:15

*Pleasant Valley Country Club
95 Armsby Road, Sutton, MA*

Members: \$65
Non-Members: \$75

Scan the QR Code to register or visit blackstonvalley.org



Governor Charlie Baker
2021 Keynote Speaker



BLACKSTONE VALLEY Chamber of Commerce

WOMEN'S SUCCESS NETWORK
A Professional Group of the Blackstone Valley Chamber

COMMERCE ON THE COMMON

Join us for cocktails and shopping as we support the women owned businesses on Grafton Common:

- Grafton Country Store**
2 Grafton Common, Grafton MA, 01519
- Quite Fetching**
1 Grafton Common, Grafton MA, 01519
- Off the Common Antiques**
4 Worcester Street, Grafton MA, 01519

Wednesday, November 3, 2021
5:30 PM - 7:30 PM
starts with cocktails at **Town House Tavern**
1 Grafton Common, Grafton MA 01519

Parking available throughout the Common. RSVP by October 27, 2021

\$10 Admission

Door-prizes
Cash bar
Light fare provided by Whittier Farms

Register at www.blackstonevalley.org



Sponsored by **MCU**
Your Community Credit Union!

Tiered focused monitoring review of BVT

UPTON – During the week of November 15, the Department of Elementary and Secondary Education’s Office of Public School Monitoring (PSM) will conduct a Tiered Focused Monitoring Review of Blackstone Valley Regional Vocational Technical High School. The Office of Public School Monitoring conducts a review in each district and charter school every three years to monitor compliance with federal and state special education and civil rights regulations. Areas of review related to special

education include student assessments, determination of eligibility, the Individualized Education Program (IEP) Team process, and IEP development and implementation. Areas of review related to civil rights include bullying, student discipline, physical restraint, and equal access to school programs for all students.

In addition to the onsite visit, parent outreach is an important part of the review process. The review chairperson from the Office of Public School Monitoring will send all parents of students with disabilities an online survey that focuses on key areas of their child’s special education program. Survey results will contribute to the development of a report. During the onsite review, the Office of Public School Monitoring will interview the chairperson(s) of the district’s Special Education Parent Advisory Council (SEPAC). Other onsite activities may include interviews of district staff and administrators, reviews of

student records, and on-site observations. Parents and other individuals may call Michael McDonald, Public School Monitoring Chairperson, at (781) 338-3746 to request a telephone interview. If an individual requires an accommodation, such as translation, to participate in an interview, the Department

will make the necessary arrangements.

Within approximately 60 business days after the onsite visit, the review chairperson will provide the district with a report with information about areas in which the district meets or

exceeds regulatory requirements and areas in which the district requires assistance to correct or improve practices. The public will be able to access the report at www.doe.mass.edu/pgs/review/cpr/reports/.

Support the advertisers in the Blackstone Valley Xpress

FEED THE BIRDS

SEED SAVER CARD

Available throughout October
Pre-buy any denomination, receive
15% off seeds throughout the year!




4 Cedar St., Sturbridge, MA
508-347-BIRD

www.TheBirdStoreandMore.com



Adult Day Health Program serving your community

Family Owned and Operated

Reliable partner assisting families
Offering Skilled Nursing,
Personal Care, Case Management,
Recreation, Nutrition
and Transportation Services.





Homey, Fun, Secure, Safe, Clean

CDC/MA COVID-19 Compliant

Ultraviolet Air Cleaning System

TESTIMONIAL: “When my mother’s dementia progressed to the point that she was no longer able to live by herself; I was in desperate need of help and found it with the folks at Accord.”
-Marcia T

10 Cudworth Road • Webster, MA 01570
508-949-3598
www.accorddaycenter.com



www.FESTIVALOFILLUMINATION.com

FESTIVAL OF ILLUMINATION

and
Winter Wonderland

PURCHASE
TICKETS



NOW to JANUARY 2

Wednesday to Sunday Evenings
5:30pm to 10:00pm

Now to November 24 Walk-thru
November 26 to January 2 Drive-thru including Winter Wonderland



Southwick's
ZOO

Mendon, MA



SCHULTZY'S PLACE

Winner of Worcester's Hot Dog Safari's Golden Hot Dog!

Try Our Homemade Soups, Chilis and Corned Beef Hash

Seasonal Specials at Schultzy's
\$3.00 OFF
 a \$15 purchase
Mon.-Fri. ONLY

One per table, not to be combined. Exp. 11/30/21

Hrs.: Mon.-Sat. 5:30am-2pm; Sundays 6:30am to 2pm
 3 Boston Road (Heritage Plaza) Sutton, MA • (508) 865-6777

Facebook

Dine out and do good - BVT's SkillsUSA Chapter charity dinner schedule

UPTON - Blackstone Valley Regional Vocational Technical High School (BVT) students, in coordination with the BVT SkillsUSA chapter and the Culinary Arts program, will organize and host a series of fundraising dinners this school year to benefit charitable organizations and causes. The proceeds will benefit the Be

Like Brit Foundation and the BVT SkillsUSA chapter.

Each all-you-can-eat dinner includes a themed buffet, dessert, and beverage is held on a Thursday evening (except for the October dinner) at the Three Seasons Restaurant, which is on the school campus at 65 Pleasant Street in Upton.

Dine and unwind with a great cause in mind. Please consider attending one or more of these delicious dinners:

- Nov. 4 - Roast Turkey
- Dec. 2 - Ham Dinner
- Jan. 6 - Roast Chicken

- Feb. 3 - Roasted Pork Loin
- March 3 - Lasagna
- April 7 - Chicken Parmesan
- May 5 - Porketta

Tickets are \$15 for adults and \$8 for children under 12. Dinner seating times are at 5:00, 5:30, and 6:00 p.m. - seats are limited, and reservations are required. Make your reservations today by contacting Kathleen Manoojian at 508-529-7758 x3109 or kmanoojian@valleytech.k12.ma.us. For additional information about BVT's giving back events, please visit www.valleytech.k12.ma.us/givingback.

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Millford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills.

New England Steak and Seafood

Casual Elegance Dining and Banquets

PRIME RIB AND STEAKS
 -Prepared over our open pit-

FRESH SEAFOOD & LIVE LOBSTERS

CHICKEN & PASTA DISHES

APPETIZERS • SALADS • SOUPS

COMBINATION DINNERS

KIDS VALUE MEALS (12 & UNDER)

TRY OUR FAMOUS Cinnamon Rolls & Chowder

Lunch: Wed-Thurs-Fri Open 11:30am Dinner: Daily 3:00pm to close
 Sunday Noon to close - Closed Tuesdays

Serving this area with the finest steak and seafood for over 65 years

508-478-0871 • 11 Uxbridge Rd. ~ Rt. 16 Mendon

See Our Menu on our website
www.nestekandseafood.com or on Facebook

Facebook

PHANTOM GOURMET

Lions Shredapalooza recycles paper and electronics

Everyone loves a "palooza" so the Uxbridge Lions are cashing in on the craze. Saturday, November 6, from 9 a.m. to 12 noon, the Lions will hold their second recycling shred event of the year at the VFW parking

lot on Route 16 and Cross Road in Uxbridge. The fundraising event supports community organizations and individuals and contributes to Lions' charities such as sight and hearing research, disaster relief and

diabetes education and more.

Once again, with services supplied by Onsite Computers of Uxbridge and Pellegrino Trucking Co. of Sutton, paper and electronics are securely shredded and guaranteed destroyed for \$5 per copy paper sized box or for \$5 each for the disposal of devices such as phones, electrical cords, DVDs, cameras, USB cables, flat screen monitors, keyboards and radios and stereos.

A clearly marked lane with Lions volunteers will greet vehicles and assist in removing materials to be shredded. People are invited to witness the shredding or to receive a Certificate of Guaranteed Destruction for electronics.

Scales SEAFOOD & MORE

45 River St., Millbury, MA
 (508) 865-3377

Fresh Seafood Year Round

\$5.00 OFF
 Orders \$30 or more (one per party, not to be combined)

www.scalesseafood.com

HELP WANTED! INQUIRE WITHIN

Featured on PHANTOM GOURMET

See an Expert in Cosmetic Dentistry

Jason R. Tubo, DMD, MAGD - Master of the Academy of General Dentistry

- Advanced Cosmetic Bonding | Minimally Invasive Dentistry
- Completely Digital Treatment (NO impressions!)
- Single-tooth implants | Full-mouth reconstruction
- Computer-Guided Surgery | 3D Cone-Beam X-ray
- Crowns | Veneers | Advanced Esthetics



Whitinsville family dentistry

(508) 234-8107

12 Prospect Street
 Whitinsville, MA

www.DrTubo.com

Finding yourself a little addicted to Dr. Tubo's Before and Afters?

See them when they're brand new
 Follow Dr. Tubo on Instagram:



@dr.jasontubo



Real People. Real Results.

See more of Jen's case and more REAL Before and After cases actually done by Dr. Jason Tubo at

www.DrTubo.com

A leader of Women's Suffrage, Lucy Stone, transports Audiences back in time



Judith Kalaora as Lucy Stone in *I Now Pronounce You Lucy Stone™*, one of many historic figures featured in the company's repertoire. Photo ©Chris Cavalier Photography

GRAFTON - History At Play™, LLC (HAP, LLC) has garnered nationwide applause for their one-woman living history performances, chronicling the lives of legendary women who changed society. The fiery performance *I Now Pronounce You Lucy Stone™* has received accolades from journalists, actors, and historians alike and was featured on the WGBH Forum, a series of lectures and performances selected by WGBH to be streamed online.

Now, HAP, LLC brings Lucy Stone's incredible story live and in-person to the Apple Tree Arts, 1 Grafton Common, Grafton, on Sunday November 7, at 2:00 p.m. This one-time-only event is free and open to the public,

and is generously sponsored by the Grafton Historical Society in partnership with the Grafton-Shrewsbury LWV. *I Now Pronounce You Lucy Stone™* is approximately 60 minutes, followed by real-time audience Q&A. Suitable for all ages. For more information, visit <http://graftonhistoricalsociety.org/>, email graftonmahistory@gmail.com or call 508-839-0000.

This program is supported in part by a grant from the Grafton Cultural Council, a local agency which is supported by the Mass Cultural Council, a state agency. www.massculturalcouncil.org.

In this presentation of *I Now Pronounce You Lucy Stone™*, History At Play™, LLC Founder and Artistic Director Judith Kalaora is Lucy Stone: the first woman from Massachusetts to earn a college degree, a fierce abolitionist, and women's rights activist. Challenging discrimination is not easy, but Lucy Stone is never one to take the easy road. Even Susan B. Anthony credited Lucy Stone for her involvement in the tumultuous women's rights movement. The fight

for suffrage is ferocious, so come along for the ride.

HAP, LLC was founded in 2010 by Artistic Director Judith Kalaora in order to create immersive living history experiences and to chronicle the lives of influential and often forgotten women. Kalaora is a professional educator, award-winning playwright, and living historian. She graduated Magna cum Laude from Syracuse University and completed the Globe Education Program at Shakespeare's Globe Theatre of London, England.

Josh Lederman, NBC News Political Correspondent, attests: "History At Play connects the dots between the characters that made up our past and the events they shaped that still influence our lives." Jordan Rich, of CBS WBZ Radio, states that Judith Kalaora, the Founder and Artistic Director of History At Play, LLC, is "a one-woman force of nature and inhabits these women...it takes people like her to bring these stories to life...these lost pieces of history."

History At Play™, LLC (HAP, LLC) has garnered

international applause for their solo and ensemble Immersive Living History Experiences, chronicling the lives of influential and often forgotten figures. Since 2010, the HAP, LLC Troupe has brought the legacies of historical figures to life in museums, libraries, univer-

sities, historical societies, senior living communities, and schools across the United States. History At Play™, LLC is now available for booking both LIVESTREAM events as well as in-person live theatrical performances. Visit HistoryAtPlay.com to learn more and email info@

HistoryAtPlay.com, or call +1.617.752.2859 for booking inquiries.

BLACKSTONE VALLEY Xpress
ads@theyankeexpress.com
news@theyankeexpress.com

Bald Eagle presentation

On Tuesday, November 2, at 7 pm, the Sutton Historical Society will host Bill Reid, Chief Ranger of The Last Green Valley, for a presentation entitled, "The Return of the Bald Eagle." The Last Green Valley is a National Heritage Corridor covering 35 towns in Eastern Connecticut and South-Central Massachusetts with a rich history in a surprisingly rural landscape. With 84% forest and farm, The Last Green Valley is the last swath of dark night sky in the coastal sprawl between Boston and Washington DC. Information on this National Heritage Corridor can be found at thelastgreenvalley.org.

Chief Ranger Reid's presentation will showcase how our country's majestic national bird (*Haliaeetus leucocephalus* as it is named scientifically) is benefitting from enhanced protection and innovative efforts to boost its wild population in Southern New England. He will speak about bald eagles and the work to increase their ecological success within our region. With bald



eagle sightings throughout Sutton, this presentation should prove quite interesting to our citizens.

This free event is open to all members and the general public of all ages. The Sutton Historical Society, Inc. is a 501(c)3 organization. We are always seeking new members and gladly accept donations. Membership forms and information about our organization and programs can be found at our website suttonhistoricalsocietyinc.org.

**THE COUNSELING CENTER
AT MILLBURY, MA**

GET THE HELP
YOU NEED
CLOSE TO HOME

World-Class Substance Abuse & Mental Health Outpatient Treatment

The Counseling Center offers a full range of treatment for adults and adolescents in a serene and comfortable atmosphere with flexible scheduling during day and evening hours.

CALL NOW (508) 785-4990

GENERATIONS

A place to nourish your body, mind & spirit
Herbal Apothecary & Gift Shop

Native American Goods ♦ Pottery ♦ Jewelry
Essential Oils ♦ Crystals ♦ Workshops
Organic Herbs & Teas ♦ Honey ♦ Natural Remedies
Therapeutic Massage ♦ Reiki ♦ Meditation

escape from today's stress to an oasis of serenity

East Main Plaza - 129 East Main Street - Webster MA 01570
508-987-3310 www.generationshealingcenter.com

RETAIL METAL SALES

Open To The Public





Mild Steel • Stainless Steel
Aluminum • Abrasion Resistant
Hot Rolled • Cold Rolled

Sheared • Plasma Cut • Bent
Rolled • Saw Cut • Punched
Drilled • Welded • Fabricated

Whether you need 1 piece
or a truck load, we can
accommodate you!



ACCURATE METAL

Sales & Fabrication

A Division of Industrial Transfer & Storage, Inc

508-765-4929

529 Ashland Ave • Southbridge
accuratemetalsales.com
Hours: Mon-Fri 7am-5pm

We're Hiring!

Welders • Fabricators
Riggers • Class A Drivers
send resume to
Info@accuratemetalsales.com

Paws corner

Ticks plague this playful Bulldog

By Sam Mazzotta

DEAR PAW'S CORNER:

I don't get it. My bulldog "Chester" was out in the yard with me on a cool morning while I raked the first leaves of fall. When he came in, he had four ticks around his neck! They were hungry, too. I pulled the ticks off, but every time he goes outside now, he has one or more ticks burrowing into his fur. I thought cool weather causes ticks and fleas to die off. What's happening? – Burt G.

DEAR BURT: Believe it or not, tick (and flea) activity can increase in early fall. Temperatures are still warm enough for these pests to thrive, especially under fallen leaves and in high grass. And they're always hungry, so they'll latch onto a warm body as soon as they get the opportunity.

You're doing exactly the right thing to combat ticks. As soon as Chester comes

inside, you're checking his coat for ticks and removing them as soon as you see them. And you're raking the leaves in the yard regularly so that they don't build up.

Here's a few more things you can do that may reduce the number of ticks in your yard:

- Keep the grass mowed right up until the first hard frost.
- Cut back tall grasses and underbrush on your property.
- Move woodpiles away from the house.
- Don't let Chester roll in the leaf piles, and block his access to untamed areas of brush or tall grasses.
- Use a flea-and-tick-prevention collar or treatment on Chester. Talk to his veterinarian about the best product to use.
- If heavy tick infestation doesn't abate, consider treating your yard with a flea-and-tick spray made for this purpose.

Owner: let cats roam freely outdoors

DEAR PAW'S CORNER:

Your point about cats being at grave risk outdoors is just silly. Are there some dangers? Sure there are. Small dogs are subject to the same dangers, as well as all the other animals that live outdoors. Are you suggesting that we should keep all snakes, hedgehogs, frogs, mice and turtles inside at all times because it's a dangerous world outside? I dare say not!

There is always going to be a bigger animal outside. All animals are free. It is us, as humans, who put the boundaries on animals and cage them in. Do you think that cats didn't exist centuries ago? Of course, they did! How do you think they survived? They learned how to survive. Is it important to help those animals in need of a comforting shelter, good food and lots of love? Yes! But please don't cage in the freedom they need in or-

der to survive for centuries to come. – Ellen I.

DEAR ELLEN: Those are ... interesting points. You're right, I do harp on the importance of keeping cats inside. And for that matter, small and large dogs. And, if they are being kept as pets, snakes, hedgehogs, frogs, mice and turtles.

Why? Because it keeps them exponentially safer and healthier. Staying inside reduces the chance of getting ticks and fleas. It keeps them safe from attacks by other domestic animals, coyotes, as well as (in my neck of the woods, New England) packs of wild turkeys. Keeping cats inside protects other wildlife – cats are hunters, and they love catching songbirds, hedgehogs, snakes, frogs, mice and turtles.

Readers, what are your thoughts on this issue? Write me at ask@pawscorner.com and sound off! (c) 2021 King Features Synd., Inc.

Sutton Cultural Council seeks funding proposals

SUTTON - Proposals for community-oriented arts, humanities, and science programs are due November 1. Organizations, schools, and individuals may apply for local grants that support cultural activities such as community-oriented arts, humanities, and science programs in the Town of Sutton. Proposals are due to the Sutton Cultural Council by November 1.

According to Council chairperson Pamela Nichols, the grants can support a variety of artistic projects and activities in Sutton – including exhibits, festivals, field trips, and performances in schools, workshops and concerts.

The Sutton Cultural Council is part of a network of 329 Local Cultural Councils serving all 351 cities and towns in the Commonwealth. The LCC Program is the largest grassroots cultural funding network in the nation, supporting thousands of community-based projects in the arts, sciences and humanities every year. The state legislature provides an annual appropriation to the Massachusetts Cultural Council, a state agency, which then allocates funds to each community.

There is a new online process. Applications must be submitted online through the Massachusetts Cultural Council https://massculturalcouncil.smartsimple.com/s_Login.jsp

This year the Sutton Cultural Council will distribute approximately \$6,600 in grants. Previously funded projects have included Concerts on the Common, support of Sutton Public Library programs, Sutton Historical Society rack cards and QR code support and a petting zoo project for the Sutton Preservationist 4-H Club.

For local guidelines and complete information on the Sutton Cultural Council, contact Pamela Nichols at 508-579-1609.

SENIOR NEWS LINE

Do we really need a booster shot?

By Matilda Charles

Depending on when we went for the COVID vaccine, we could be eligible for the booster now ... or not. Elderly seniors, as well as those in nursing homes and the immunocompromised, were first in line early in the year. The rest of us straggled in over the next several months. At this point, it's unknown whether there should be a six- or eight-month wait before the booster.

The Pfizer booster (called Comirnaty) is now available to those 65 and older and some others depending on risk and medical conditions. At this writing, Moderna is asking for authorization, and there is no booster yet for the J&J vaccine.

Do we actually need a booster? We're all wondering (my pharmacist says half of their calls are about boosters), and the answers are a mixed bag.

A pulmonary physician at a major university hospital said if we're under 65 and relatively healthy, no, we don't need one.

The U.S. Department of Health & Human Services says that the vaccines we already received will start to wear off, so yes, we should get the booster, starting with seniors and nursing-home residents.

The Centers for Disease Control and Prevention is calling for booster shots only for the immunocompromised, but not others.

The World Health Organization is calling for a moratorium on shots until poor countries get theirs.

While we wait for real answers, keep your vaccine record card where you can find it. You'll need it, should you decide to get a booster.

What am I going to do? I'm going to stall. I'm going to wait to see how the booster plays out. With the highly contagious Delta variant being such a menace right now, I'd like to see if perhaps that's going to be added to the booster vaccine.

(c) 2021 King Features Synd., Inc.



JOHN THE ROOFER CO.

MA HIC # 111318 MA CSL # 97139

“70 YEARS STRONG!”

“Hire the BEST, because you live under that roof!”

• Shingles	• Vinyl Siding
• Rubber & TPO	• Replacement Windows
• Standing Seam Metal	• Carpentry Services

TOLL FREE 866-906-ROOF (7663)

www.johntheroofer.com

PERFECT PAW

46 Providence Road, Northbridge



• Family Owned
• Award Winning Groomer

(508) 779-7448

Theperfectpaw.net
facebook.com/ThePerfectPawMA

FOR YOUR PERFECT PET

154 Riverlin St.
Millbury, Ma. 01527
508-865-8155

• Grooming
• Daycare
• Boarding

by Kelly Hauk



BEST OF CENTRAL MASS
Best Pet Groomer 2016 & 2017

www.barknbubblesmillbury.com



Living ON with Lincoln

Lincoln's good vibes

By Amy LeClaire

Losing Lincoln has made me pause, as in, how did this happen? Is he really gone? My gaze falls on the border of my back yard, where he'd find a wedge of shade, prop his head up, and smile up at me. "Can you believe how extraordinary this day is? By the way, you are looking fantastic in those old pajamas."

I miss him terribly. The honeymoon phase just never ended with us. We got along so well. My backyard suggests the unease (and adaptation) that goes along with unwanted change. Lincoln's favorite (and least favorite) animals are ever-present, blissfully ignorant in their natural tendencies to go on and just be. The bunnies, unwatched, hop freely about while the squirrels skitter and stare, forever suspicious. The crows, unrattled, cluster like a group of smokers. I let them be. It was Lincoln's job. He would have showed them who's boss. Now he's gone. Uninvited, they make themselves comfortable in an unwatched yard.

Life without Lincoln is certainly different. A sense of unease settles in my chest with a tired sigh. My dog, my partner in crime, had an amazing life. His pictures, along with his story, live on to remind me of all that he was. and all that he gave.

The camera's eye captured his exuberance and love for life. I peruse his pictures and relive moments captured as they were and are. The two tenses, past and present, entangle foolishly. Lincoln was robust, hiking and swimming only a month before his passing. What the heck happened? Why hadn't he been able to hobble on to the ripe age of fifteen, to then curl up to sleep on his favorite shag? Dogs give us everything we need. Why must their lives be so short?

A short video clip (taken only weeks following his diagnosis) finds me. The clip captures a joyous moment for both of us. I had devised a new plan of action for his health and the weight of the news (one to three months to live - tops) had been lifted. I was going to stop obsessing on an ultra-sound report and start celebrating, instead, Lincoln's behavior. He was not a doom-and-gloom-type of a dog. He was an athletic, happy-go-lucky Golden with good vibes. I had made a conscious decision to live like Lincoln, and honor each day as though it would be the last. I would keep dancing—and with Lincoln by my side.

I'll never forget the day I had brought him to Pappas Recreation Complex, Auburn, home of my Outdoor Zumba class. It wasn't the first time he had come, but it ended up being his last. I push play and there he is, resurrected on the screen of my iPhone. Lincoln, I miss you! I choke up watching him gallop from the car and straight into the arms of Joanne, his beloved Zumba Auntie. She hugs him. He receives her love by grabbing

her pocketbook and parading about the pavilion with a happy wiggle. "I'm back! Let's get this party started!" I remember watching him and thinking to myself, he's untouched and blissfully ignorant. I may be in pain, but he is not. Lincoln is the same. He is going to go on and on. He's going to be okay.

The pocketbook memory dangles ruefully in my mind's eye. My plan had bought him



Lincoln at nine weeks.

an extra six months of happiness. I could have used a lifetime. My melancholic dip makes me even sadder. The gloom and self-absorption are un-Lincoln-like. He did not dwell in struggle, but thrived in the joy of living life to the fullest. His legacy has left a mark more obvious than a muddy paw print. It's not what we lose, but how much we give while alive that matters in the end.

"You are blessed, Mom. The grass is greenest where you water it. Pay attention to good vibes." I picture him facing me as he always did. Every day spent together was his best day. It didn't matter if we were on vacation or watching a ball game. His contentment was as big as his head.

Lincoln treasured every aspect of suburban life, especially (and incidentally) its prevalent green grass. He would gallop around the house while my husband mowed the lawn. He loved to be a part of someone else's chores. "You are so good with the tractor. This calls for some ball chewing. Hold on." Snow blowing sessions were equally as gratifying to Lincoln. He'd force his way through the doorway entrance upon sight of winter hats and gloves. A snow storm called for epic measures of elation. He had to be first in line. "IT'S SNOWING OUT! EXCUSE ME!"

Lincoln was born amid a snowstorm, on December 26th, 2010. He adored every aspect of snowfall. He'd come to the deck door after hours of play, costumed as a Christmas tree, snow bulbs hanging from the long Golden fur at his belly and



Another great day.

paws I'd do my best to gently tear the snow balls from his body, but doing so was like pulling hair from someone's scalp. Occasionally, he'd look at me and show his teeth. "I'm sorry, Lincoln. Almost done." He'd soften to my voice. "I know you're only trying to help." (Bitterness was not who he was). Then he'd lie down on a linen, forest green tablecloth repurposed for his needs, and groom himself like a cat while I poured him a bowl of goat's milk.

Lincoln possessed perpetual good vibes (as dogs do) and was rarely in a bad mood. I think about the pup-

pies I've yet to meet and wonder if they'll ever fill Lincoln's big shoes. Will they retrieve socks, shoes, and pocketbooks as he did? Will they create games in the snow, play defense in a game of football, and fetch countless balls? Will they remind me to live each day as though it's my last, and be fully present? The puppies, I'm thinking, will have their own personalities.

In any event, I plan to share with them all that Lincoln left behind, especially his good vibes.

Tell me your dog story.
Write to me at
amyleclaire@hotmail.com

Prayer

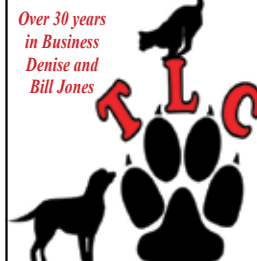


Jesus

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in Heaven. Give us this day, our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil (intention), Amen.

If you pray three times a day, three consecutive days, you will receive your intention, no matter how impossible it may seem. Praise and Thanksgiving please the Heart of God. **Believer**

WWW.TLCPETHAVEN.COM



Over 30 years
in Business
Denise and
Bill Jones

**Dog and Cat
Grooming & Boarding**
Luxury Suites Available
Doggie Daycare
In-Home Services Available

PET HAVEN & Mobile Groom-In-Vans
68 US Route 146, Sutton MA • 508-865-3180



Good vibes

The Mane Place

510 W. Hartford Avenue, Uxbridge, MA 01569
(508) 278-7563
www.themaneplace.com

- Feed for Farm Animals
- Saddles and Tack
- Poultry Supplies
- Hoodies and Tees
- Cards & Gifts
- Dog Treats and Coats
- Dog and Cat Food
- Supplements
- Grooming Supplies
- Wild Bird Food



PoulinGrain
A Family Feed Company

Mon Closed • Tue - Fri 9 AM - 5 PM
Saturday 8 AM - 4 PM
Sunday 9 AM - 1 PM



Moon



CLASS B CDL DRIVERS

Must possess a valid Class B drivers license, current medical card, proof of a DCL self certification, clean driving record and experience in the waste and recycling industry.

Positions offer full-time, year-round work with a family owned company servicing the industry for over 80 years. Full vacation & benefit package. Wages in proportion to ability and experience.

MECHANIC WANTED

Pratt Trucking/Little River Recycling Oxford, MA

Job Summary: Pratt Trucking is a family owned and operated company in Oxford, MA. We are searching for a qualified mechanic to work on our fleet of Garbage Trucks, Roll Off Trucks, Hook Lift Trucks, and other equipment. Top Wages Paid, Weekends Off, and Benefits!

Responsibilities: Performs physical tasks in the shop or field in support of operations including, but not limited to: inspection, troubleshooting, repairs, and maintenance of equipment. Provides unscheduled repairs of equipment; reviews equipment status with operational personnel and performs scheduled maintenance of trucks and equipment. Inspects, repairs, maintains, and makes recommendations and performs modifications to functional parts of a variety of equipment and machinery. Diagnoses maintenance requirements on diesel engines, transmissions, drive lines, differentials, electrical circuits, hydraulic systems, and chassis through diagnostic aids, inspections, and interpretation of equipment reports with assistance. Disassembles, overhauls, and replaces worn parts on equipment as required. Reads and interprets work orders to perform required maintenance and service. Demonstrated commitment to a clean and safe working environment.

Qualifications and Skills: Knowledge of Mack, Cummins, GMC, Chevrolet trucks. Knowledge of troubleshooting/diagnostic tools. Experience as a heavy duty truck mechanic. Ability to work safely in a shop environment. Mechanical skills should include, but are not limited to, mechanical, electrical, pneumatic and hydraulic troubleshooting and repair of trucks and equipment.

Benefits: Health Insurance, Top Wages! Over-time optional. **Job Type:** Full-time. **Experience:** Driver's License (Required), Diesel Mechanic: 1 year (Required), Diesel repair certification (Preferred), Trash industry experience (Preferred), Class A or B CDL (Preferred), Welding experience (Preferred)

Salary based upon experience (top wages paid)

Apply now in person at Pratt Trucking
22 Town Forest Rd • Oxford MA 01540
(508) 987-1187

or apply online at: www.pratttrucking.com

HALLOWEEN HAPPENINGS IN SUTTON CENTER



Jack-o-lantern photo by April Eaton Brown.

The Sutton Historical Society and The Sutton Fourth Committee are partnering to bring the community a Halloween event on the Common.

The Sutton Fourth Committee will be hosting a jack-o-lantern display and contest on the Sutton Town Common from Friday, October 29, through Sunday, October 31. For a fee of \$5 per entered pumpkin and registration at go.rallyup.com/suttonpumpkins2021, participants can reserve a spot for their carved pumpkin. All pumpkins must be dropped off on the Sutton Town Common on October 29 between 6 p.m. and 8 p.m. The Sutton Fourth Committee will provide LED lights for the pumpkins, no candles required. Pumpkins will be displayed on the Sutton Town Common for two days leading up to Halloween.

The Sutton Fourth Committee will choose the top three pumpkins with awards for 1st, 2nd, and 3rd place. All proceeds go directly to The Sutton Fourth to help fund our next Fourth of July Celebration. Questions regarding this event can be submitted at the aforementioned website.

Let's light up Sutton Center with an amazing nighttime display of creatively carved jack-o-lanterns.

To compliment this festive display, the Sutton Historical Society will be hosting a Sutton Town Cemetery nighttime tour on Saturday, October 30, from 6 p.m. – 8 p.m. Members of the Sutton Historical Society have been diligently cleaning, restoring, and repairing grave markers in this historic cemetery, located at 4 Uxbridge Road, since 2019. This initial cemetery restoration project blossomed into a partnership with the Blackstone River Valley National Heritage Corridor, has included several local Eagle Scout projects, and has expanded to include other cemeteries in town. During this process, several previously unrecognized veterans have been discovered, a crypt was rebuilt, and much history has been discovered. The Society members are eager to share the stories of the famous and not-so famous individuals interred in this historic cemetery. This event is open to Society members as well as the general public of all ages. Questions can be directed to sutton1704@gmail.com

Mark your calendars for Saturday, October 30, from 6 pm – 8 pm, to join your neighbors for a small-town Halloween event which may include a few surprises.



MA & ISA Certified Arborist

Full Circle
T-R-E-E C-A-R-E

Insect and disease diagnosis and treatment #16339

Specimen and ornamental tree and shrub care Since 1989

Dwight A. Bristowe
Office: 508-476-3258
Cell: 508-523-9631
www.FullCircleTreeCare.com

Clean Slate Estate Inc.
New England's Premier Clean-Out Company

Call (401) 640-9385
Toll Free (800) 989-4521

CALL NOW TO MAKE CASH \$\$\$ WE BUY...

SMALL & LARGE COLLECTIONS OF ARTWORK, BASEBALL & BASKETBALL CARDS, COINS, COMICS, DIAMONDS, GOLD, JEWELRY, POKEMON CARDS, SILVER, STAMPS, TRAINS & TOYS (ANTIQU)

Fully Insured and Bonded

FREE QUOTES www.CleanSlateEstate.com CALL US FIRST

SMALL LOAD CONCRETE
SERVING WORCESTER COUNTY

WHY SMALL LOAD CONCRETE?

- Buy ONLY what you need
- Flexibility - according to your schedule
- Custom Mix / Pour on the job...no "Hot-Loads"
- Less Expensive than bagged and large mixers
- Cost Effective • No Waste
- Environmentally Friendly

CONCRETE APPLICATIONS

Homeowners	Contractors
<ul style="list-style-type: none"> • Patios • Steps • Fence Posts • Decks • Retaining Walls • Pool Decks 	<ul style="list-style-type: none"> • Gas Stations • Road Work • Footings • Curbing • Sidewalks • Pre-Cast

Custom-Concrete - Metered Pours
Concrete finishing services available
Also available for delivery on **SATURDAYS...**

34 Providence Road, Sutton, MA
508-770-1200 • www.smallloadconcrete.com

Countryside Garage Doors
430 Main St., Oxford, MA

We repair all makes and models of Garage Doors and Electric Openers

- Commercial and Residential -

Visit our display by appointment

Renew your home's appeal with a new garage door.
Many new styles and colors to choose from.

Sales • Service • Installation

800-605-9030 508-987-8600

www.countrysidedoors.com email: countrysidedoors@aol.com

Tales from beyond

Haunted Lake Morey

By Thomas D'Agostino

Residual haunts are not intelligent haunts or ghosts, they are a moment in time that has been recorded or taped somehow by the earth much like a DVD or CD and replayed at random. There are many theories as to how this happens. Famous author and researcher Paul Eno has studied and applied the laws of quantum physics to many cases where this occurrence has been prevalent. His theories and findings have helped propel the paranormal field into a higher level of scientific approach, one definitely worth studying.

In the case of Lake Morey, history seems to be mixed with a very strange haunt that seems to be more than just a residual but a powerful recant of one's anger over the feeling that his idea may have been, according to his purports, stolen.

Samuel Morey (October 23, 1762-April 17, 1843) of Fairlee, Vermont, patented several inventions that involved steam power, one in particular, being a steamboat. Between 1790 and 1793, he worked on this project with undaunted enthusi-

asm. On a Sunday in 1792, he made the first successful steamboat run in one of his inventions, a waterwheel steamboat with the wheel situated in the prow of the vessel. Legend says that he chose Sunday morning because the townsfolk were all in church, this way he could avoid embarrassment should the voyage result in failure. His several mile run at an astounding four miles an hour on the Connecticut River was sure to usher in a new age of transportation. He built three known boats during these experiments.

By 1797, Morey improved his boats for commercial use and sought financial backers to help build a fleet. Unfortunately, this business venture would never come to fruition. He did make more improvements on the steam engine as evident in his 1799, 1800 and 1803 patents. In the meantime, a man named Robert Fulton was also very interested in the steamboat and in 1807, launched the first commercial passenger steamer, which ran from New York City to Albany. When Fulton and his financier, Chancellor Robert Liv-

ingston, were hailed as the inventors of the steamboat, Morey was outraged, claiming that they stole his ideas to create their boat. There is record of Livingston riding on Morey's steamboat a few years before. Morey also rode on Fulton's boat and made it known he was not happy that Fulton reaped the benefits of his hard work.

According to local legend, Morey was so disgusted with the situation that he took his boat, the Aunt Sally, to the middle of the lake and sunk it. The lake was later named in his honor, as he resided in Fairlee until his death in 1843. He is buried

in Orford, New Hampshire, but that has not kept his spirit from wandering to his former home.

It is recounted among the citizens of this quaint town that when the moon shines bright upon the earth, the calm plane of the lake is disrupted by the rising of the Aunt Sally. The phantom vessel then floats across the lake, creating no sound or ripple in its wake. Even more eerie, is the visage of a figure that is spied watching the ghostly craft from the shore. It is none other than the countenance of Captain Samuel Morey himself summoning up his steamer to



once again roll along the waters of the haunted lake.

Thomas D'Agostino and his wife Arlene Nicholson are seasoned paranormal

investigators, authors, and co-organizers of Paranormal United Research Society. You can find out more about them by visiting www.tomdagostino.com.



Dining With The Dead 1031

It's more than an event - it's an experience!

Dining With The Dead 1031 is holding two paranormal dinner investigations coming up at the Tavern On Main in Chepachet, RI, on Monday and Tuesday, October 25 and 26. Tickets are available by calling the Tavern on Main at 401-710-9788, 1157 Putnam Pike, Chepachet, RI. Go to www.diningwiththedead1031.com for more info.

Thomas D'Agostino and Arlene Nicholson have researched and investigated the paranormal for over 39 years with well over 1400 cases to their credit. They are the authors of sixteen acclaimed books on ghosts, haunts, and legends of New England.



The husband and wife team has been hosting paranormal investigation dinners for fifteen years at restaurants, hotels, and inns throughout New England. Each event allows you to be the investigator, using equipment alongside us in search of the spirits that roam within the walls of the establishment.

BLACKSTONE VALLEY Xpress
CROSSTOWN ADS AND BUSINESS NEWS
Formerly The Yankee Xpress

For advertising:
ads@theyankeeexpress.com
For news:
news@theyankeeexpress.com

CHASE/harris Septic

85 Dudley Rd.

508.865.2007

Sutton

508.865.2090



&

Portable Toilets

We're still going...so we can keep,

"Keepin-U-Goin"

Willard House & Clock Museum expands Its Plein Air event to include children

GRAFTON - Willard House is pleased to announce the expansion of its October en plein air gathering with a special program for children. The museum will include a plein air teacher dedicated to grade schoolers (K-6). The event is free and open to the public.

The museum will open its grounds to plein air (outdoor) painters and landscape artists of all ages and abilities on Saturday, October 23, from 10:00 a.m.

to 4:00 p.m. The children's program will run from 10:00 a.m. to 2:00 p.m.

The gathering will be sponsored by a long-established supporter of local artists, the Post Road Art Center of Marlborough.

"Willard House continues to attract plein air painters and landscape artists from around Worcester county," says Program Coordinator, Beverly Snow. "We're hoping that the museum ground's autumn colors

will be close to peak by the 23rd."

Randi Isaacson, owner of the Post Road Art Center and named-sponsor for the 2021 series says, "I am delighted to support a family outdoor museum event that promotes the arts with a wide range of participants, from age six to sixty-plus. Introducing children to plein air painting at an early age has a lifelong, timeless benefit and it's a wonderful family activity."

Adult participants are reminded to bring their own supplies while the museum will have paper and pastels on hand for children.

Future WHCM plein air gatherings will be held on November 13, from 10:00 a.m. to 4:00 p.m.

The museum will also post the artists' work created that day on its Facebook, Twitter and Instagram pages. Participants can send images of their masterpieces to beverly@willardhouse.org.

Situated at 1 Boston Post Road East in Marlborough, the Post Road Art Center (PRAC) has served artists, art enthusiasts and children for over thirty years. PRAC has a store filled with frames, art supplies and gifts and features a staff of experienced framers. The center also has a gallery that showcases local artists every month.

In addition, PRAC has a thriving art school and will soon celebrate its tenth anniversary.

For more information about the Post Road Art Center, visit the website at www.postroadartcenter.com, contact Randi Isaacson at randi@postroadartcenter.com or call 508-485-2580.

Located at 11 Willard Street in North Grafton, the Willard House and Clock Museum exhibits more than 80 Willard clocks in the birthplace and original workshop of the Willard clockmakers, along with family portraits, furnishings and other family heirlooms. Works by all three generations of Willard clockmakers, including famed clockmakers Simon Willard Jr. and Benjamin Franklin Willard, are also displayed. The Museum tour includes the original Willard House, built in 1740, the clock-making workshop, in addition to the galleries. Visit the Willard House and Clock Museum website at www.willardhouse.org

For more information about the program, please contact Beverly Snow, Program Coordinator, at 508-839-3500.

BLACKSTONE VALLEY Xpress

The Blackstone Valley Xpress is direct mailed to every home and business in

- Grafton
- Sutton
- Millbury

Focusing in business and community news.
news@theyankeeexpress.com

Millbury Senior Center news

MILLBURY - The Millbury Council on Aging, 1 River St., has listed the following calendar of events.

Flu Clinic at the Millbury Senior Center, Tuesday, October 26, 9:00 to 11 a.m. Masks required along social distancing. For an appointment and to register call the senior center at (508) 865-9154.

Must bring insurance cards when you come in for your shots.

Senior work-off program for eligible seniors, 60 or older that are residents of Millbury. Receive up to \$1,500 per year that can be used to pay real estate property tax. In return for voluntary service at a town department. For more information or to pick up an application please call the center at 508-865-9154

Millbury Senior Center activities

Light exercise classes, Mondays and Fridays 9:30 - 10:15 a.m.

Tai Chi, Tuesdays 9:30 - 10:30 a.m. class is \$3.

Wii bowling, Mondays at 12:30 p.m.

Mahjong Mondays at 12:45 p.m.

Blood pressure clinic every Tuesday from 9 - 10 a.m.

Social Bingo Wednesdays at 1 p.m. Bring your pennies.

Dull Men's Club Thursdays at 10 - 11 a.m.

No reservations required for any of our activities. If you would like lunch ahead of time a 48 hour reservation is required call the center at 508-865-9154. Lunches are served Monday through Friday 12 p.m. at the Senior Center. The menu is available on the town website, www.townofmillbury.org or our Millbury Senior Center Facebook page. A 48 hour reservation is required.

Millbury Senior Center transportation is provided for Millbury senior residents Monday through Friday from 9 a.m. to 4 p.m. We travel one town out in each direction including Sutton, Grafton, Auburn and Worcester. A 48 hour notice is required for scheduling rides (business days). For more information or to schedule transportation call the center at 508-865-9154.

"MEMORY CAFÉ" Please join us Tuesday, October 26, 2 - 3:30 p.m. A Memory Café is a monthly gathering for people with memory loss/challenges and their care partners. It is a time to socialize, make new friends, and have a good time. Fourth Tuesday of each month, refreshments will be served. We are also looking for volunteers to assist with this program! Our Outreach worker, Julie Fitzgerald, is happy to answer any questions, call to RSVP 508-865-9154!

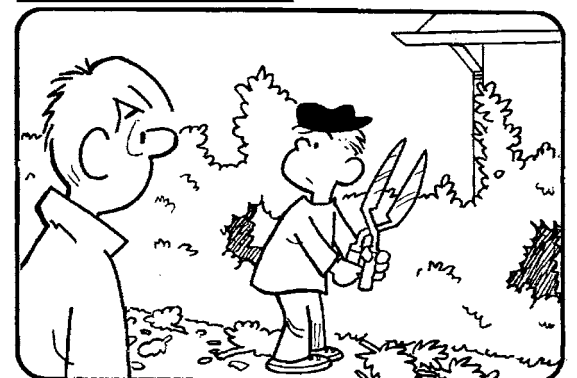
Millbury Friendly Visitor Program is now being provided by telephone. Volunteers call clients to check in with them, chat and hear a friendly voice. For more information on coordinating a friendly visitor. Call the center at 508-865-9154.

Snap applications (Food Stamps) Our appointments are on Tuesdays and Thursdays 10 a.m. - 2:00 p.m. Call for an appointment & required documentation 508-865-9154.

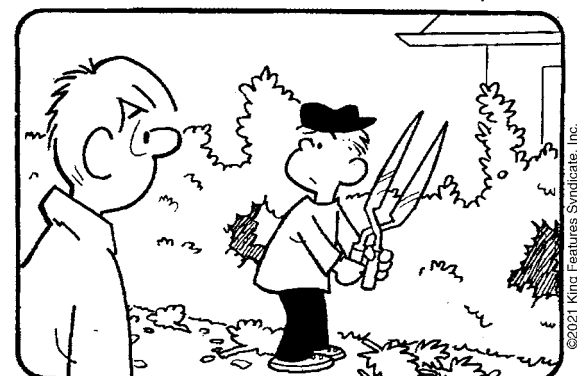
"This project has been funded at least in part with Federal Funds from USDA. This institution is an equal opportunity provider. The SNAP Logo is a service of the U.S. Department of Agriculture. USDA does not endorse any goods, services or enterprises."

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Blades are longer. 2. Drainpipe is missing. 3. Pants are different. 4. Leaf is removed. 5. Window is added. 6. Collar is different.

©2021 King Features Syndicate, Inc.

Liberate Your Property

REMOVAL OF BRUSH, BRIARS, BRAMBLES, VINES, UNWANTED SAPLINGS, DEAD TREES, LOGS, STUMPS, OVERGROWN WEEDS & GRASS!

- BRUSH CUTTING
- PROPERTY CLEARING
- TRAIL GROOMING
- STUMP GRINDING
- FIELD MOWING
- MATERIAL HAULING
- EQUIPMENT TRANSPORT
- GRAVEL/MULCH DELIVERY



DAN KASANOVICH HAULING & RECOVERY LLC
NORTHBRIDGE, MA
CALL/TEXT: 774-280-1691 OR VISIT US AT WWW.DKHAUL.COM

Fully Insured & Licensed in MA

RI Reg #: 41975
HIC #: 190392



- Roofing
- Chimney
- Gutters
- Siding

Working with you every step of the way!

SHINE CONSTRUCTION INC

CALL FOR A FREE ESTIMATE TODAY

508-278-3300

• SERVING ALL OF NEW ENGLAND •
www.shineconstructioninc.com

Q & A with The Car Doctor

John Paul is AAA Northeast's Car Doctor. He has over 40 years' experience in the automotive business and is an ASE certified master technician. He will answer reader's questions each week. You can find the Car Doctor podcast at www.johnpaul.podbean.com or other popular podcast sites. Email your car questions to jpaul@aanortheast.com. Follow John on Twitter @johnpaul and friend him on facebook mrjohnpaul



Q. I am interested in the Ford Bronco Sport. Looking online to get some info I see several used ones with very low mileage and wonder what and why I am seeing these. I went to my local dealer, they have one on the showroom floor they call a 'buy back' with 902 miles. They also have a new one on the lot. I am not interested in either one. I'm looking for the right options and color. Now and again looking online I see ridiculously high prices for used. Can you figure what is going on? I do want new.

A. The Bronco and Bronco Sport are really popular right now and Ford can't make enough of them. With the semiconductor shortage and limited production, used car as well as new car prices are very high. Used car prices are about 30 percent higher than last year and depending on the model, new cars are selling for \$10,000 over sticker price. If possible, it might make the most sense to wait until spring of next year when hopefully inventory and demand balances out.

Q. What is your opinion on the global chip shortage that the auto industry is facing? Is it real or fabricated to jack up car prices?

A. Regarding the chip shortage, I believe it is real and may continue into the second quarter of next year. Dealers are looking for vehicles to sell and customers are looking for vehicles to buy. I have seen reports of thousands of Ford F-150 trucks parked waiting for chips. I have also seen some reports of manufacturers shipping the vehicles to dealers and letting dealer technicians install the chips when they become available. The problem seems to be affecting every manufacturer, with many shutting down plants or lines for several weeks waiting for chips. And it is not just cars. I was talking with a boat dealer and many larger outboard motors are in short supply due to chip shortages and even high-end appliances that use microprocessors are having problems.

Q. My 2017 Ford C-Max has 24,000 miles on it. You can now see the seat heater wires through the leather upholstery on the driver's seat. I had a 2013 C-Max and drove it 56,000 miles in three years and didn't have this problem. Is this a common issue? Would we have recourse with Ford?

A. I checked AllData, the technical data base that I use, and don't see any technical service bulletins about seat wear. I agree at four years old I wouldn't expect the seats to be worn through. Some wear to leather

seating is normal but not to the point you describe. Over time if the heating element wires wear, this could become a safety issue. I would call this abnormal and see if the dealer/Ford will remedy the issue.

Q. I have a 2013 Acura RDX, it has 63,000 miles on it and runs great, looks like new. It has the standard equipment rear camera but no blind spot or rear cross traffic warning system. I got a quote from installer who works with the Acura dealer of \$1000 a year ago to add these items. I would like your input as to the cost, feasibility, and proper functioning of these aftermarket items.

A. It has been a couple of years since I tried some of these aftermarket units and perhaps they have improved. Based on my past experience they were clunky and didn't work well. I tried a cross traffic alert system and it really didn't do much better than just careful backing out of a space. The system used a modified license plate frame and I believe the sensor range was too narrow. Regarding blind spot systems, the only one I tried was a mirror mounted device and it really didn't work well. Again, these are best when they have a sensor in the mirror and the bumper. I think the biggest problem is the systems are universal and may work okay in one vehicle and not in another. Unless it was a direct replacement for the factory equipment, I would want to try it before I paid \$1000 or more only to find it wasn't what you hoped. Perhaps careful side mirror adjustment would help. This video demonstrates what we recommend at AAA. <https://www.youtube.com/watch?v=6DXAA8z8we8>

Q. I have a 2013 Buick Regal and it is burning oil, the car only has 80,000 miles on it. I took it to the dealer and my local repair shop, and no one could really find anything wrong. The car is using about three quarts of oil every 6000 miles. What do you think I should do, my local garage told me to just add oil, which I have been doing, but is there a better solution?

A. Adding oil is the most cost-effective alternative. Even though the car only has 80,000 miles on it, it is nearly nine years old. At nine years old adding a quart of oil every 2000 miles is perfectly acceptable. General Motors did issue a technical service bulletin numbered 13-06-01-003H: titled excessive oil consumption, this is a technical bulletin only and not an extension of the warranty. Since your car is well outside of the warranty it would be unlikely that GM would do anything to help with the cost of repairs.

BLACKSTONE VALLEY Xpress
CROSSTOWN ADS AND BUSINESS NEWS
formerly The Yankee Xpress

Your source for business, community news and advertising.
ads@theyankeeexpress.com
news@theyankeeexpress.com
Put your ad to work here!

QUALITY BUILDING MATERIALS FOR ALL YOUR NEW CONSTRUCTION AND REMODELING NEEDS!

PROFESSIONAL SERVICE • FREE DELIVERY • ESTIMATING

Lumber & Plywood • Windows • Doors • Millwork • Roofing • Insulation • Decking
Rail Systems • Siding • Hardwood • Fasteners • and Much More!

C&S LUMBER CO. INC.

Family Owned And Operated Since 1952.
124 Main St., Millbury
cslumberco.com • 508-865-4822
Mon. - Fri. 7:30 a.m. - 5 p.m. • Sat. 7:30 a.m. - Noon

VISIT US FOR YOUR NEXT PROJECT!
HOMEOWNERS WELCOME!



Colin's Property Maintenance

- Tree Removal
- Tree Trimming
- Bobcat Work
- Storm Damage
- Clean Outs
- Trash Removal

Fully Insured **774-230-9080** Free Estimates
CHARLTON, MA
~ Servicing Worcester County ~



COMPLETE AUTO GLASS SPECIALISTS

- Chip & Crack Repair
- Windshield Replacement
- FREE Mobile Service



MOBILE AUTO GLASS SPECIALIST
Insurance Company Preferred Shop.

- Certified technicians to your location
- Foreign & domestic auto, truck, bus, motor home, windows & sunroofs
- Construction equipment, heavy duty vehicles
- Fabrication of flat glass
- Vehicles equipped with convertible or vinyl roof
- In-shop service • Free mobile service
- Saturday service
- Free pick-up and delivery within a 10 mile radius
- Quality workmanship guaranteed
- Customer safety and satisfaction is our first priority
- Servicing customers for over 25 years

201 W. Main Street, Dudley, MA 01571
800-479-7697 • 508-949-1327
Monday-Friday 8am to 5pm • Saturday 8am to 12pm

Visit Us at roysautoglass.net



Moments in time

THE HISTORY CHANNEL

• On Oct. 26, 1775, King George III speaks before both houses of the British Parlia-

ment to discuss growing concern about the rebellion in America. He urged Parliament to move quickly to end the revolt and bring order to the colonies.

• On Oct. 31, 1864, Congress quickly admits Nevada as the

36th state in the Union. President Lincoln's proposed 13th Amendment banning slavery was the decisive factor in easing Nevada's path to statehood.

• On Oct. 25, 1929, during the Teapot Dome oil reserve scan-

dal, Albert Fall, who served as secretary of the interior under President Warren Harding, is found guilty of bribery and conspiracy. He was the first former cabinet officer sentenced to prison as a result of misconduct in office.

• On Oct. 30, 1941, President Franklin Roosevelt, determined to keep the United States out of the war while helping those allies already mired in it, approves \$1 billion in Lend-Lease loans to the Soviet Union. The terms: no interest, and repayment would not start until five years after the war ended.

• On Oct. 28, 1962, Soviet Premier Nikita Khrushchev orders the withdrawal of missiles from Cuba, ending the Cuban Missile Crisis. In 1960,

Khrushchev had launched plans to install ballistic missiles in Cuba that would put the eastern U.S. within range of nuclear attack.

• On Oct. 29, 1998, almost 40 years after he became the first American to orbit Earth, Sen. John Glenn Jr. is launched into space again as a payload specialist aboard the Space Shuttle Discovery. Glenn, 77, was the oldest human ever to travel in space.

(c) 2021 Hearst Communications, Inc. All Rights Reserved



Landscape & Masonry Materials

FALL SPECIALS!

**2677 Broncos Highway
Nasonville, RI
(Former Roots & Shoots)
401-769-4286**

Bulk Loam • Mulch • Stone • Compost
Garden Fertilizers • Controls • Repellants
Grass Seed • Drainage Pipe • Fire Pits
Bluestone • PA Fieldstone • Granite • Flagstone
Cobblestone • Palletized Stone • Wood Pellets
Chimney Supplies • Concrete & Mason Sand
Concrete & Mortar Products
UniLock Pavers and Walls

Delivery Available

Homeowners & Contractors Welcome!



Monday - Friday 7am - 4pm • Sat. 7am - 12pm

Resource directory

home

automotive



CAPITOL SIDING & HOME IMPROVEMENT COMPANY, INC.

Custom Exteriors • Vinyl Siding
Replacement Windows
Roofing • Seamless Gutters

MARK SARKISIAN, JR.
markjr@capitolsiding.com
www.capitolsiding.com



30 Auburn Street
Auburn, MA 01501
Tel 508-832-5981
Fax (508) 832-0464

290 Providence Rd.
S. Grafton, MA



Kris Sutton
kris@streetcarsolutions.com

STREET CAR SOLUTIONS

StreetCarSolutions.com
508-839-7071

A.P. Mandella Landscaping

STUMP GRINDING
Chip Removal
LOAM & SEED
Small Backhoe services

Call Anthony @ 508-340-1640
Auburn, MA



Fully Insured
Free Estimates



HEAVY TOWING
& Truck Trailer Repair
508-278-9924

THINKING ABOUT PAINTING YOUR CABINETS?
 More affordable, less disruptive than you may think

WITH **AMAZING** RESULTS

Fine Interior Finishes

econnor117@gmail.com
207.779.7142

"With Fall Coming, It is never too early to prep for Winter!"

Professional Car Cleaning
Motorcycles & Boats
Owner: Vic Catacchio Since 1983

218 Worcester St.
N. Grafton, MA 01536
774-272-0815
shineitup2@yahoo.com

catacchio

**AUTO
DETAIL**

Wishing Well®

7	3	2	3	7	4	5	6	7	2	5	6	5
M	N	E	E	A	P	C	G	K	X	R	O	E
6	5	6	4	5	7	5	7	2	6	2	3	7
O	A	D	R	T	E	I	A	P	F	E	W	C
5	3	7	3	7	5	4	7	3	2	6	8	5
V	M	H	E	I	E	O	L	T	C	O	A	P
4	5	2	3	6	5	2	7	4	5	4	7	3
G	E	T	H	R	R	C	D	R	I	E	H	O
6	2	4	2	4	3	5	6	2	3	7	6	5
T	H	S	A	S	D	O	U	N	S	A	N	D
2	4	2	4	6	7	4	2	8	4	6	4	6
G	I	E	S	E	P	M	S	N	A	I	D	N
7	8	4	6	8	6	8	7	6	8	6	8	8
P	E	E	L	W	O	D	Y	V	A	E	W	N

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

©2021 King Features Syndicate, Inc.

CLEAN OUTS

DONE BY

MrCleanest.com

WE DO EVERYTHING!!
 "Better than the rest" - VERY REASONABLE PRICES TOO!



Estate / Cellar / Attic / Garage
Carpets / Floors / Upholstery
RESIDENTIAL & COMMERCIAL SNOW PLOWING

508-740-1883 DOUGLAS MASS.

GI Joe Figures & Vehicles Wanted



From the
1980s and
1990s

Please call 860-933-5549

Economy Canvas & Awning Co.

Retractable & Stationary Awnings
Boat & Truck Covers and Related Products

Pool Cover Repairs
Over 34 years of service in the community

- Full Awning Service - Installation, Removal & Cleaning
- Manufacture & Repair All Canvas Products





115 Hamilton St., Southbridge, MA **508-765-5921**

www.EconomyCanvasAndAwning.com



13 Cook Street
E. Douglas, MA
508-476-2278
www.SochiasOil.com

FUEL OIL - PROPANE - KEROSENE

SALES • SERVICE • INSTALLATION

Serving: WHITINSVILLE, UXBRIDGE, DOUGLAS, SUTTON, MILLVILLE, MENDON, UPTON, MILLBURY, WEBSTER, GRAFTON, OXFORD, DUDLEY, HOPEDALE

Heating - Air Conditioning
24 Hour Burner Service

Thimble Pleasures Quilt Guild planning spring show



The Thimble Pleasures Quilt Guild continues to prepare for its two-day biennial quilt show which will be held on March 12 and 13. The event will take place at Blackstone Valley Regional Vocational Technical High School in Upton from 10:00 a.m. to 4:00 p.m. each day. The show will showcase over 200 quilts designed and made by guild members. Also featured will be a silent auction, a boutique table, raffle baskets, and a raffle quilt.

Thimble Pleasures Quilt Guild was founded in 1992 and has a membership of 80 women from the local area. One of the goals of the guild is to share their quilting gifts with those in need. Pictured here are lap quilts made by guild members which are awaiting distribution to area nursing homes. Over the years hundreds of lap quilts have been donated to the residents of these homes. In addition to lap quilts, members also make and donate kennel quilts, comfort quilts, chemo caps, and placemats to local residents and groups.

The Thimble Pleasures Guild members invite you to attend our March quilt show to view our treasured quilts and to learn more about our community outreach.

Community Harvest Project hosts 15th annual Harvest Home Fall Festival and 5K November 7


GRAFTON - Community Harvest Project (CHP) will be holding its 15th annual Harvest Home Fall Festival AND 5K on Sunday, November 7. This year's festival will feature in-person and online aspects including a 5K fun run, an online auction, good food and drink, kids activities, a scarecrow contest, pumpkin trebuchets, apple cannons, and a live stream of the 1 pm Patriots game - fun for the whole community. The online auction will feature a mix of items and services from local businesses and community members. The auction will open Sunday, October 31, and will close on Sunday, November 7. The festival will celebrate another year of successful volunteer farming for hunger relief and put the farm to rest for the winter. Registration for the 5K and links to the auction can be found on the CHP facebook page and website. Admission for the festival is \$10 per adult; kids under 5 are free. All proceeds from this event will support Community Harvest Project's mission to engage and educate volunteers to grow fruits and vegetables for hunger relief.

Visit community-harvest.org for more information. Please contact MaryHope Gardner at MaryHope@community-harvest.org with questions.




SHOP EARLY
OCTOBER
IS THE NEW
DECEMBER
Shop Local!

10% off
BOOKS



ANNIE'S BOOK STOP
TODAY'S BOOKS - YESTERDAY'S PRICES

65 James St.
Worcester, MA 01603
(508) 796-5613



Coupon for 10% off books expires October 31, 2021

NOW OPEN



CAPITAL CANNABIS
COMMUNITY DISPENSARY



EXTENSIVE PRODUCT MENU ONLINE AT
CAPITAL-CANNABIS.CO

774-302-WEED (9333) • 93 DAVIS STREET, DOUGLAS, MA 01516

FOR ALL YOUR FUEL NEEDS

NEW BOILER INSTALLS

- Crown Boilers
- Williamson Furnaces
- Oil Tank Installs



ALL NEW INSTALLS COME WITH A 3 YEAR PARTS AND LABOR WARRANTY, AS WELL AS THE MANUFACTURERS WARRANTY.



Central air conditioning and ductless mini splits

We do NOT Sell Biofuel!

Which will help prevent system breakdowns.

HELP WANTED -
Class B CDL driver with air brake, tanker and hazmat endorsements. Must have DOT Medical Card.



LMT Oil, Inc.

Keeping You Warm & Comfortable

508.434.1335

A Full Service Oil Company
24-Hour Emergency Service

WWW.LMTOIL.COM • WE DO ONLINE ORDERING

THOMPSON

Landscaping & Construction



COMMERCIAL AND RESIDENTIAL
SNOW PLOWING

- Leaf Clean-Ups • Lawn Mowing & Yard Work
- Tree Work • Excavation

Eben Thompson

Millbury, MA • 508-523-7790

ThompsonLC.com

Ebthompson36@gmail.com

Free Estimates • Fully Insured

Samuel Slater EXPERIENCE

Help us tell the story as a Slater Experience Guide

Slater Experience Guides are volunteer hosts of the Samuel Slater Experience (SSE) who support and enhance visitors' experiences throughout their tour of the museum.

As knowledgeable emissaries, they greet visitors, assist with self-guided tours, supply transitional and anecdotal information for each exhibit, explain the digital technology and techniques used, and answer specific questions about the Samuel Slater story, the founding of Webster, and the history of the Samuel Slater Experience.

Requirements

Slater Experience Guides are expected to share an interest and enthusiasm for the history of the American Industrial Revolution and the town of Webster.

They should have good people skills and the ability to actively interact with children, school groups, and adults in public speaking settings.

Volunteer Experience Guides are asked to make a one-year commitment and be available for at least two 3-hour shifts per

month during SSE's hours of operation, including at least two weekend days each quarter.

SSE will provide periodic training sessions covering all aspects of the museum, the technology, and the building. Slater Experience Guides must be able to attend Slater Experience Guide Orientation and Training and are expected to review additional material as periodically provided or approved by SSE in order to stay up to date on any changes, additions or deletions, and to broaden their knowledge of our mission.

Benefits

Experience guides will receive a family pass for free entry to the museum during their tenure as volunteers. They will receive a 20% discount in the gift shop, a 20% discount on event rentals, and invitations to special events.

For an application form, contact Reanna Kuzdzal at 508-461-2955 or email rkuzdzal@samuel Slater Experience.org.

Applicants will be asked to come in for an in-person interview.

Holiday Bazaar

St. Peter's Parish in Northbridge will be holding its annual Holiday Bazaar on Saturday, November 6, from 9am-3pm in the Parish Hall, 39 Church Avenue, Northbridge. Come out with your family and friends to enjoy the day. They will have all of your favorites: white elephant table, craft tables with beautiful handmade items, handmade quilts. There will also be tables filled with raffles (you never know what will be there) and the famous silent auction and gift basket raffles. Stay and enjoy a bite to eat with all the old-time favorite foods being served. If you would like more information please contact the parish office at 508-234-2156 or email: parishoffice@stpeterrockdale.org

Apple Festival in Grafton October 23

Come sample some apple products, paint a pumpkin, or play some games at the first annual Apple Festival sponsored by the Union Congregational Church at 86 Main Street in South Grafton on Saturday, October 23, from 10 a.m. to 2 p.m.

The event is a fundraiser for the church and for identified needs in the community. A recent donation was a dozen filled backpacks for kids in the South Grafton Elementary School.

Organizers promise there will be lots of apple products for sale, along with popcorn, cider doughnuts and cotton candy. The church will be open to visitors.

They also thank Stowe Orchards for contributing a bushel of apples for the baked goods sale.

Twice Blessed Thrift Shop

Sacred Heart Church "Twice Blessed" Thrift Shop offering clothing and shoes, jewelry, pocket books, fall decor, come check out the in-store pop up sale. Store hours: Saturday, November 6, 8:30am - 12:00pm (first Saturday each month, except when there is a holiday). "Our thoughts and prayers are with all who are directly impacted by Covid-19." Catholic Community of Sacred Heart Church, 187 Hopedale Street, Hopedale, (508) 473-1900 or visit our website; sacred-hearthopedale.org. Like us on Facebook: www.facebook.com/twiceblessedthriftshophopedale/

Al's

RUBBISH & CONTAINER

77 Providence Rd., Sutton, MA 01590

Phone: (508) 865-4193

Website: www.alsrubbish.com

E-Mail: alsrubbish@gmail.com



Serving the
Blackstone Valley and
the Surrounding Towns
in Worcester County

Support
Local Small
Business

Fall Special

SUTTON, MILLBURY and GRAFTON

Al's Rubbish Provides

- Dumpster Rental Services 7 Days
- All Rentals Include Drop Off and Pick Up
- No Hidden Fees
- Estate Clean Outs
- Furniture/Appliance
- We Recycle

10 yard \$300
15 yard \$350
20 yard \$475

FREE
DROP OFF
AND
PICK UP

3 DAY RENTAL ONLY !!



508-865-4193 • WWW.ALSRUBBISH.COM

RE: Real Estate



Mark Marzeotti

What is an attractive nuisance?

An attractive nuisance might sound like a trendy term for a cute kid or a pet begging for your attention. But it's actually a real estate term, and as a homeowner, you should know what it means.

What is an attractive nuisance?

An attractive nuisance is the name given to any object or structure on a property that can lure people – typically children and elderly adults – into unsafe or even deadly situations.

A swimming pool is one of

the most popular attractive nuisances known to homeowners. If a pool is not guarded by a gate, fence, or other type of enclosure, someone can wander over, fall in, and potentially drown.

Here's a list of common attractive nuisances: trampolines, jungle gyms, swing sets, dangerous animals, including some dog breeds, decorative fountains, Koi ponds.

That last one you might question, but remember that it is possible for someone, especially a small child or an adult with limited mobility, to drown in shallow water.

An unattractive liability for homeowners

When you set up a homeowner's insurance policy, you will likely be asked about whether you have some com-

mon attractive nuisances on your property. But don't think you're completely in the clear if your backyard doesn't have a pool or your kids prefer to play on the swings at the park.

It's not about an object being attractive to the eye as much as it is about appealing to someone's curiosity. And no one is more curious than a child, who can easily get into all sorts of trouble the moment an adult looks the other way.

"The owner of the property has to have it in mind that there may be a chance that a child can stumble onto their property for something that might not be shiny or pretty in the aesthetic sense, but they certainly can appeal to a young person's curiosity. A few more examples:

- An abandoned, rusted-out car that can cause injury
- Discarded appliances that can cause entrapment
- A construction site with dangerous tools or deep ditches
- A tractor or other piece of rideable equipment that could be deadly in the hands of the wrong driver

It's important for homeowners to understand that young children don't really understand what it means to trespass – all they want is to get close to whatever it is that has grabbed their attention.

Does insurance cover attractive nuisances?

In the case of a lawsuit stemming from an injury or death caused by an attractive nuisance, an insurance company will fight for the homeowner if precautions were in place. However, there is a burden of proof for the homeowner.

For example, if someone sued a property owner for an injury or death sustained

in their pool, it wouldn't be enough to prove the pool was fenced in; the homeowner would have to prove that the gate was closed and locked, which can be difficult. Even a "No Trespassing" sign on the property might not be of much help.

Protect yourself and others

Does this mean you have to give up on dreams of owning a home with an Olympic-sized pool with a diving board (that's another attractive nuisance, by the way) or a water fountain that you can dance

in like they did in "Friends"? Not exactly. But you do have to take measures to secure them all and make sure they are properly covered under your homeowner's insurance policy so that you (and future buyers, possibly) can enjoy your attractive nuisances responsibly. A realtor can help you identify these risks in your home and as always help you get the most value from your home in this brisk market. Call a Marzeottigroup team member today at 617-519-1871.

Boating safety courses

The United States Coast Guard Auxiliary Tri-State Flotilla will be instructing five upcoming boating safety classes through the Zoom video conference platform, due to COVID-19 restrictions. Registration is managed through the Milford Community School Use Program, Adult-Boating, at <http://mcs.milford.ma.us> or (508) 478-1119 at least six days prior; keeping in mind that availability is limited and you will receive course materials prior, covered by the registration fee. Participants under the age of 16 must be accompanied online by a registered parent/guardian. For additional USCGAux. information: phil.uscgaux@verizon.net or (508) 478-3778.

Boat America

Oct. 23 and Nov. 20

Two Saturday courses on Zoom 8 a.m. – 5 p.m. (\$75 fee-\$65 Milford residents). An in-person proctored exam will be given to students, in their vehicles, at the Milford High School parking lot on the Sunday following the zoom class at 10 a.m. due to COVID-19 Delta safety restrictions (exams to be given on 10/24 and 11/21). This is a one-day course developed to provide the skills and confidence needed to explore the coast and inland waters by boat. Basic knowledge and skills are needed to have safe and enjoyable boating experiences. This course is perfect for families that have just purchased any type of boat or are planning to in the future, and

also for the boater keeping up with changes to boating regulations and laws. Successful completion of the course will certify any minor, from 12 to 16 years of age, to operate a powerboat, including a personal water craft/jet ski (for 16 and 17-year-old operators), on all Massachusetts waters; in conjunction with the Mass. Environmental Police. Approved by NASBLA it will also cover the requirements to operate a vessel in most other states & many countries where boating safety education is mandatory. Most boating insurance companies offer a discount on premiums for successful completion of this course. These Zoom Boat America courses are limited to 20 students.

Suddenly in Command
October 20, November 17,
and December 8

Three Wednesday evening courses: 7 – 9:30 p.m. (\$5 fee). Imagine you are out on the water when the boat's captain somehow is incapacitated or falls overboard and can't swim back to the boat. Are you prepared to take basic actions to get help, stop or start the engine and take the helm? A little knowledge could save lives and make you feel more comfortable boating when you're not generally at the helm.

Misfortunes can and do happen while on that fishing, diving, adventure, or party charter. Being out on your own boat with that significant other

at the helm, or going out on a friends' pontoon boat can also turn to horror if the skipper is suddenly out of commission. This is a boating safety primer for those not generally at the helm but would like to know what to do, to be better prepared.

The Coast Guard Auxiliary is the uniformed civilian component of the U.S. Coast Guard and supports the Coast Guard in nearly all mission areas. The Auxiliary was created by Congress in 1939. For more information, please visit www.cgaux.org

CLASSIFIED AD

FOR SALE - '01 Dakota w/Curtis Pro snowplow. 74K miles. New tires. Runs well. Truck and plow as is and complete. \$3500.00 firm. 508-380-7888.

Lake Realty
Maureen Cimoch
Real Estate Consultant
Cell 508.769.9211
111 East Main Street, Webster
www.LakeRealty.net
www.WebsterLake.com or .net

curtain factory
OUTLET
Since 1974

8 Sutton Street Northbridge, MA
(508) 234-2944
NEW HOURS:
Wednesday - Saturday 10am-5pm
Closed Sunday, Monday, & Tuesday

DON'T BUY TILL YOU SEE US! Lots of Appliances, Bicycles, Grills, Toys, TV's and Electronics in Stock!

OVER 1,500 BICYCLES IN STOCK

MATTRESS SALE! TWIN: Reg. \$299 NOW \$179.99
FULL: Reg. \$499 NOW \$259.99
QUEEN: Reg. \$599 NOW \$289.99

1000s OF APPLIANCES IN STOCK FOR PICKUP OR DELIVERY

18 CU. FT. REFRIGERATOR Reg. \$799 \$699.99	SIDE BY SIDE STAINLESS STEEL REFRIGERATOR Reg. \$1999 \$1499.99	KITCHENAID DISHWASHER Reg. \$999 \$899.99	OVER THE RANGE MICROWAVE OVEN Reg. \$269 \$229.99	GE STAINLESS SMOOTH TOP STOVE Reg. \$649 \$599.99
DELUXE ELECTRIC DRYER Reg. \$499 \$479.99	GIANT TOY DEPARTMENT		5 CU FT CHEST FREEZER \$199.99	DELUXE DISHWASHER Reg. \$499 \$399.99
FAMOUS MAKER GAS OR ELECTRIC RANGE Reg. \$599 \$499.99	DELUXE TOP LOAD WASHER Reg. \$499 \$479.99	WHIRLPOOL TOP WASHER Reg. \$699 \$599.99	GE TOP LOAD WASHER Reg. \$699 \$699.99	100'S OF FREEZERS IN STOCK

DEHUMIDIFIERS IN STOCK!

GRILL SALE

TV SALE

WHITCO

PRICES GOOD WHILE SUPPLIES LAST
INSTANT FINANCING UP TO \$10,000
Check www.whitcosales.com for special coupons

Mon-Sat 10-9 • Sun Noon-7
140 Main St., Spencer, MA
508-885-9343

Mark Marzeotti Realtor

RE/MAX ADVANTAGE 1

25 Union Street, 4th Floor
Worcester, MA 01608

617-519-1871
MLMarzeotti@gmail.com
www.MarzeottiGroup.com



FIND YOUR
BEST NIGHT'S
SLEEP TODAY!

FOR A LIMITED TIME ONLY



\$579*



\$799*



\$899*

SPECIAL SAVINGS
Sealy® Response
Firm or Plush
Queen mattress only
\$399*



UPGRADE TO AN
ADJUSTABLE BASE

WE ALSO CARRY




www.sundeenfurnitureinc.com

Sundeen Furniture


241 PROVIDENCE ROAD, WHITINSVILLE • 508-234-8777

LAYAWAY / FREE DELIVERY & REMOVAL*

FREE FINANCING AVAILABLE*

Mon Tues Wed 9:30-6 / Thur Fri 9:30-8 / Sat 9:60-6 / Sun 11-5

*See store for details. Copyright 2020 Sealy, Inc. All rights reserved.



BLACKSTONE VALLEY'S LOCAL DESTINATION FOR ALL THINGS CLEAN

- Automatic Tunnel Wash
- Heated Indoor Self-Serve Bays
- Saber Touchless Wash
- Pet Wash Stations
- OPEN 24 hours a day
- Interior Cleaning Services
- 10 Self-Serve Vacuums

Join our **VIP PLATINUM** club
for Free Monthly Washes & Discounts




Gift Cards & Wash Packages Available Online

WWW.FITZYSCARWASHES.COM

85 Worcester St
North Grafton, MA
508-839-5250



Ray's AUTO BODY

Quality Workmanship

Over 35 Years in Business • I-Car Gold Certified
On All Insurance Company Lists
Every Vehicle Must Pass a 25 Point Safety Inspection



FREE RENTAL
NEVER PAY FULL DEDUCTIBLE!

188 Worcester St., (Rte. 122) Grafton, MA

508-839-9508

RS 974 restrictions apply

Any Room, Any Home, Anywhere





Electrical Contractors,
INC.

ELECTRICAL • HVAC • GENERATORS

508-476-9879

MorrissetteElectrical.com

MITSUBISHI ELECTRIC DIAMOND DEALER PARTS

Choose Morrissette & Son as your installer, and receive:

- Upgraded Diamond Dealer Parts & Compressor Warranty to 12 years
(from standard 5 years parts/7 years compressor)
- Financing through the MassSave HeatLoan
- Rebates through MassSave, with processing on your behalf
- Extended Labor Warranty Available
- Highly trained technicians with Installation & Service
- Maintenance Contracts Available