

BLACKSTONE VALLEY *Xpress*

CROSTOWN ADS AND BUSINESS NEWS

March 25 - April 22, 2022

INSIDE

Blackstone Valley Chamber Expo returns with a flourish

By Rod Lee

The five words that summed up how people were feeling at the Blackstone Valley Chamber of Commerce's 22nd annual Home & Community Expo in the fieldhouse of Northbridge High School on March 12th was "it's good to be back!"

The mood for the event was buoyant. The crowds, long a staple, were back. The Expo was on again, after a two-year hiatus caused by the Covid-19 pandemic.

"The (NHS) parking lot is full," the operator of a shuttle bus explained as he chauffeured attendees back and forth from the Whitinsville Christian School several blocks away.

Not even a cold rain that made for a miserable morning could dampen the spirits of the hundreds who showed up to check out an assortment of vendor booths. Free goodies, a Chowder Festival, an expanded children's zone featuring Bobo the Clown and food available for purchase at the NHS DECA concession stand were part of a celebratory atmosphere.

Handouts were plentiful. "We're giving away two \$50 gift certificates to Galliford's (Restaurant & Tavern) and one family four-pack to Southwick's Zoo, Sarah D'Alessandro said, as she and Bryan Spencer greeted people stopping by. Told by one person that "I've already won a gift card, we were at Galliford's for dinner during Mardi Gras last Saturday night and my name was drawn," Ms. Spencer said "enter this raffle anyway! You might win again!"

Pauline Tranter, a volunteer at the Asa Waters Mansion in Millbury, was beaming, and for good reason.

The historic home in Millbury Center is flourishing, she said.

"Last summer we were booked solid every weekend with brides and it will be a busy summer again," Ms. Tranter said. She has been assisting at the home for fifteen years.

Completed in 1829, the Asa Waters Mansion has seen such notables as Henry Clay, Abby Kelley

Continued on page 2



Daniel Crossin, Kenneth Lewis and Stacey Stanovich were on hand to welcome visitors to the Homefield Credit Union booth at the BV Chamber's 22nd annual Home & Community Expo. Mr. Crossin is vice president of secondary market and mortgage operations, Mr. Lewis is an assistant vice president, market manager and Ms. Stanovich senior universal banker for Homefield. Mr. Crossin is also a former president of the Chamber's Board of Directors.

SAMUEL SLATER EXPERIENCE

A testament to perseverance
PAGE 4

THE LITTLE VINTAGE STUDIO

Opens in Sutton
PAGE 7

LIVING ON WITH LINCOLN

A March puppy
PAGE 15

TALES FROM BEYOND

Charles Haskell ghostly crew
PAGE 16

Anticipation for the first sprouts of spring

By Christine Galeone

The birds have returned from their southern sojourn, and they seem to spend their mornings catching up with their fellow winged creatures. Gardeners are eagerly anticipating the first sprouts to emerge from the thawed earth. Spring has arrived.

The three-month-long season is a time of hope, renewal and rebirth. Although there's so much devastation in the world that most of us would like to see change, the season reminds us that there are still things to celebrate. And Grafton businesses and organizations have embraced that sentiment.

Through its wide selection of seasonal merchandise, **Off the Common Antiques** has been helping people prepare to celebrate Easter, Passover and spring. At the multi-artisan, multi-vendor shop, shoppers can find antiques, handmade items and reclaimed furniture to brighten their homes and holidays. Among the items that the shop currently sells are hand-crafted items and jewelry that reflect the beauty of the season and whimsical Easter décor.

A nearby business that's also helping people prepare for holiday and spring celebrations is the **Grafton Country Store**. The gift shop located on the Grafton Common has a vast array of Easter and spring décor and gifts. It also sells Easter basket fillers and Modern Sprout Hydroponic Grow Kits for



A sampling of the Easter and Spring Decor at Off the Common Antiques. (Courtesy of Off the Common Antiques Facebook page)

those who want to get a head-start on growing herbs. Additionally, the shop is selling Rustic Marlin signs from which 100 percent of the proceeds will go to the World Central Kitchen, a nonprofit that provides meals to hungry people in the Ukraine and elsewhere.

Murphy Academy of Irish Dance has been celebrating one

of its favorite times of the year. The dance school has been busy sharing its love and talent for Irish dancing with audiences at many St. Patrick's Day celebrations in the area, including the Worcester Irish Festival and the Worcester County St. Patrick's Parade.

Continued on page 6



Koopman Lumber was on hand with seasonal products.

con**c**erge
PHYSICAL THERAPY

508-861-1010 | Shrewsbury + Sutton
conciergephysicaltherapy.com



HOW TO GET RID OF
LOWER BACK PAIN

4 EXERCISES, 7 DAYS

scan code or visit bit.ly/3vUsNwq



BLACKSTONE VALLEY CHAMBER EXPO

Continued from front page

Foster, Alexander Graham Bell, Frederick Douglass, Daniel Webster and Horace Greeley make appearances. Facing demolition, the mansion has been saved by the Asa Waters Task Force and Friends of the Asa Waters Mansion. It is still utilized as an entertainment center for concerts, weddings, classes, tours and lectures.

"We have a lot of events coming up, some of them in our big tent, which seats three hundred people," Ms. Tranter said.

These include such spring offerings as a "Yours for Humanity-Abby" play and Anti-Slavery Fair on May 15,

a show featuring internationally known psychic medium Gary McKinstry on May 20 and a lecture—"Into the Garden: Seed Propagation"—on June 15.

UniBank, Milford Federal Credit Union, Gaudette Insurance, Savers Bank, Millbury Federal Credit Union, Package Steel and Lampin Corporation all took on sponsorship roles.

"This is the Republican corner," Joe McKenna said, as he and fellow state legislators David Muradian Jr. and Mike Soter enjoyed their spot in the center of the action. But Rep. Soter did find time to have a cup of chowder with State Sen. Michael Moore, a Democrat.

Contact Rod Lee at rodlee.1963@gmail.com or 774-232-2999.



Pauline Tranter has been a volunteer with the Asa Waters Mansion in Millbury for fifteen years and says the historic home is looking forward to a busy summer with weddings and concerts.

Woodstock Academy to support displaced Ukrainian students

WOODSTOCK, CT – The Woodstock Academy is actively working with global educational partners to welcome students from Ukraine who have been displaced due to the war. The first student was set to arrive on March 21, with a total of five to seven students expected to join The Academy family.

"Like many, we are watching what is happening in Ukraine and we are concerned for the families and citizens who are under attack and are currently being displaced. Also, like many, we are asking ourselves what we can do to support the people of Ukraine," Assistant Head of School for Enrollment Amy Favreau said.

Preparations include working on logistics for international study, equipping the boarding environment, and tailoring to specific educational and medical needs for each student. Tuition, room, and board will be provided free of charge for the remainder of the 2021-22 school year.

"This work is truly in line with our mission statement and who we are as an institution," said Chris Sandford, head of school.

To help support this mission, and welcome more students in need, The Woodstock Academy is seeking financial support from its community partners. To discuss financial support or other ways to help, please contact Associate Head of School for Advancement Jonathan Sturdevant at jsturdevant@woodstockacademy.org, or call (860) 928-6575 ext. 1211.

BLACKSTONE VALLEY Xpress

Published on 2nd and 4th Fridays of the month.
Direct mailed to 63,000 unique homes and businesses each month and available on news stands throughout the region.

2nd Friday: Auburn, Charlton, Dudley, Oxford and Webster, 1/2 all addresses.
2nd Friday BLACKSTONE VALLEY South: Douglas, Northbridge and Uxbridge.
4th Friday: Auburn, Charlton, Dudley, Oxford and Webster, other 1/2.
4th Friday BLACKSTONE VALLEY North: Grafton, Millbury and Sutton.

DIRECTORY

Submit business news and community events to news@TheYankeeXpress.com
Request advertising information: ads@TheYankeeXpress.com

Billing and advertising information [Laura Gleim Igleim@TheYankeeXpress.com](mailto:Laura.Gleim@TheYankeeXpress.com)
(Auburn, Charlton, Dudley, Oxford, Webster) ads@TheYankeeXpress.com
Bill Cronan, Sales (Blackstone Valley) bcronan@TheYankeeXpress.com

The Newspaper Press, LLC / contents copyright 2022
Sally Patterson, Graphic Artist Carol Kosth, Graphic Artist
Contributing writers and columnists: Tom D'Agostino,
Christine Galeone, Rod Lee, Amy Palumbo-LeClaire, Janet Stoica

168 Gore Road, Webster, MA 01570 PHONE: 508-943-8784 FAX: 508-943-8129

WELCOME!

89 Southbridge St.
Auburn, MA
(across from Sword St.)

Vacuums always 75¢

| |
|--|
| <p>BIG KAHUNA</p> <ul style="list-style-type: none"> • BIG KAHUNA CARNAUBA WAX • UNDERCARRIAGE WASH W/ ROCKER BLASTER • x2 PASS FOAMING PRESOAK • HIGH PRESSURE WASH • FOAMING POLISH • SHIELD "HIGH GLOSS TOTAL PROTECTANT" • SPOT FREE RINSE • LASERDRI <p style="text-align: right; font-weight: bold;">\$18</p> |
| <p>DELUXE WASH</p> <ul style="list-style-type: none"> • UNDERCARRIAGE WASH W/ ROCKER BLASTER • x2 PASS FOAMING PRESOAK • HIGH PRESSURE WASH • FOAMING POLISH • SHIELD "HIGH GLOSS TOTAL PROTECTANT" • SPOT FREE RINSE • LASERDRI <p style="text-align: right; font-weight: bold;">\$14</p> |
| <p>SUPER WASH</p> <ul style="list-style-type: none"> • UNDERCARRIAGE WASH W/ ROCKER BLASTER • x2 PASS FOAMING PRESOAK • HIGH PRESSURE WASH • SPOT FREE RINSE • LASERDRI <p style="text-align: right; font-weight: bold;">\$10</p> |
| <p>BASIC WASH</p> <ul style="list-style-type: none"> • x2 PASS FOAMING PRESOAK • HIGH PRESSURE WASH • SPOT FREE RINSE • LASERDRI <p style="text-align: right; font-weight: bold;">\$8</p> |

Sutton Historical Society to Host Speaker

On Tuesday, April 26, at 7 p.m. in Blaxton Hall, Manchaug Mills, 9 Main Street, Sutton, the Sutton Historical Society will host author David Vermette.

David Vermette is the author of the book, *A Distinct Alien Race: The Untold Story of Franco-Americans* (Montreal: Baraka Books, 2018). He is a writer, editor, and researcher. He speaks on the subject of New England's Franco-Americans at historical and genealogical societies and universities. Vermette was born and raised in Massachusetts.

Mr. Vermette's presentation entitled, "Another Border: French-Canadian Emigration to New England" will focus on French-Canadian Emigration to New England. Two million New Englanders are French-Canadian or Acadian descendants, and yet they remain among the least known historic immi-



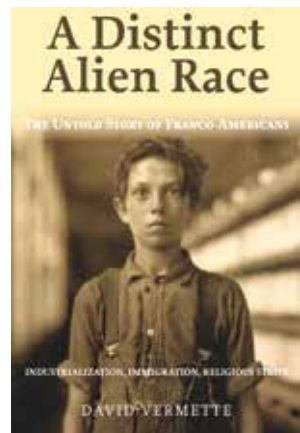
David Vermette

grant communities. This talk will place these late 19th and early 20th century immigrants in a broad historical context that includes the early French presence in North America; the events after the Civil War that drew French-Canadians to the textile industry in particular; and the little-known story of the opposition and conspiracy-mongering they faced, on a national level, when they arrived.

The venue for this presentation is the historic Manchaug Mills in which hundreds of French-Canadi-

an immigrants worked during the late 19th and early 20th century. The Village of Manchaug, recently named to the National Register of Historic Places, was a company-owned Village with over 1600 residents, mostly of French-Canadian descent, living and working in the one-square mile village at the turn of the 20th century. Manchaug, a surviving example of the hundreds of similar textile-manufacturing villages throughout New England, boasts period architecture including a company-store building, the mill office building which currently houses the post office, the Mill agent's home with a distinct mansard roof, as well as many original tenement houses.

This free presentation is open to all Society members and the general public of all ages. Membership in the Sutton Historical Society, a 501(c)3 organization, is open year-round. Applications can be found at suttonhistorical-societyinc.org.



BV Gardeners Club meeting

WHITINSVILLE - The Blackstone Valley Gardeners Club will meet on Thursday, April 7, at 7:00 p.m. and welcome speaker Kate Donovan. Her talk will be about raised bed gardening, the easier way to garden. Guests are invited to attend with a \$5.00 donation, which will go towards the \$25.00 yearly dues if they choose to become a member. The meeting will be held at the Blackstone Valley Methodist Church, 61 Linwood Avenue, Whitinsville. Parking and entrance is in the rear of the building. There is access off of Church Street by the Subway Restaurant. New members are welcomed and encouraged to come.



Dream boldly

with a Home Equity Loan from UniBank.

Home Equity Loan Rates as low as **2.99%** APR

- No closing fees
- Apply at UniBank.com today!

UNIBANK

Connecting all offices: 1.800.578.4270
www.unibank.com

Scan to apply!



Blackstone • Douglas • Grafton • Hopkinton
Milford • Shrewsbury • Sutton • Upton
Uxbridge • Whitinsville • Worcester

MEMBER FDIC/MEMBER DIF • UNIBANK NMLS #583135 *Annual Percentage Rate (APR) effective as May 20, 2021 and is subject to change at any time. Offer of credit is subject to approval. Homeowners and Flood insurance (where applicable) is required for the life of the loan. Up to 80% Loan-to-Value (LTV) of the market value. Other terms, conditions, and fees may apply.

1 SIMPLE PROGRAM FOR A BEAUTIFUL LAWN SCOTTS AVAILABLE @ KOOPMAN LUMBER



Why use the 4-step program?

- 1) Specifically formulated for New England Lawns
- 2) Promotes a healthy lawn while eliminating pesky weeds
- 3) Protects your lawn from harsh summers and cold winters
- 4) Trusted year after year by thousands of New Englanders!

Shop online any time @ shopkoopman.com

Buy instore at the following locations:
Whitinsville | Uxbridge | Grafton | Sharon

Visit Koopmanlumber.com for more information



Samuel Slater Experience a testament to perseverance

By Rod Lee

Like Samuel Slater, Christopher Robert knows a little something about perseverance.

Which is why the words “congratulations, Chris,” uttered over and over, must have been satisfying for Mr. Robert to hear the evening of March 3, as he greeted well-wishers at the grand opening reception for the Samuel Slater Experience on Ray St. in Webster.

The museum pays tribute to the young Brit and manufacturing entrepreneur who has been called “the father of the American Industrial Revolution.”

Mr. Robert certainly identifies with Samuel Slater’s story. Especially the part, as portrayed in a video that visitors get a chance to see, in which he is discouraged from coming to America for the purpose of building spinning mills. Described as “a

brilliant apprentice with a near-photographic memory and an ambitious nature,” Samuel Slater was indeed having second thoughts during his more than two-month voyage across the Atlantic, saying at one point “I should have stayed in England.”

The video presentation is an immersive one, featuring a ship with sails, rigging and stern fittings and such elements as wind, sea spray and lightning.

Samuel Slater stayed the course, and Chris Robert did too.

Mr. Robert must also have had his misgivings, however, as he set about converting the 17,000-square-foot former National Guard Armory building into a tribute to Mr. Slater and town of Webster community life. Undeterred by the task of updating the wiring, plumbing and heating and dealing with a roof



Samuel Slater Experience founder Chris Robert and Lieutenant Governor Karyn Polito cut the ribbon to officially open the museum, flanked by Ross Lavoie, Selectman Randy Becker, State Rep. Joe McKenna and State Sen. Ryan Fattman.

that leaked and windows that were unsealed and broken, he invested \$6 million of his own money into the project.

“I’ve been through it three times when it was just plywood,” Carl Kaliszewski of Five Eleven Financial in Webster said at the grand opening. “In a year, what a difference.”

Asked a week or so later for some follow-up comments about Mr. Robert, Mr. Kaliszewski said “Chris is kind of a private guy. I know him mostly through local events I attend. I did introduce him at a meeting of the Webster-Dudley Business Alliance in February. I can’t say enough about him. The accolades he is receiving are appropriate. I was dismayed about the political thing” (when Mr. Robert was attempting to put the Indian Princess paddleboat into service on Webster Lake

nine years ago). “The town gave him the hardest time; now he is a hero for creating the museum. They fought him tooth and nail and he was just trying to do something good for the town.”

Mr. Kaliszewski said he and others were fortunate to get an advance look at the Samuel Slater Experience as it began coming together, “to see the progress, Chris’s vision and drive. He is someone who just loves to work within the community.”

Exhibits at the museum range from an 18th-century loom such as women would have used in their homes during that time period to soundly constructed cottages for workers, a typical mill worker’s bedroom and kitchen, the office Samuel

Slater used, an interactive “create-your-own-textile” station, a waterwheel and a trolley car.

Barbara Van Reed, who is managing the museum for Mr. Robert, said “we were honored to have Lt. Gov. Karyn Polito attend the ribbon-cutting ceremony (on March 4th). She noted in her remarks that several people had invited and encouraged her to come. She took a tour afterwards and we have some great pictures of her on the ship and on the trolley, very much enjoying the experience.”

Ms. Van Reed said the museum saw “a steady stream of visitors on the first weekend and we trust that will continue. We’ve booked a number of school field trips

for this school year still, as well as senior groups.”

The museum is open to the public year-round with hours of 10 a.m. to 4 p.m. on Friday and Saturday and noon to 4 on Sunday. Private events and group visits are scheduled separately.

Mr. Robert’s goal in creating the Samuel Slater Experience was to bring history to life and make learning fun for students of all ages.

“Most don’t expect a lively experience,” walking through, Mr. Robert said.

But that’s exactly what they get, in a Disneyesque atmosphere.

Contact Rod Lee at rodlee.1963@gmail.com or 774-232-2999.



Lt. Governor Karyn Polito presents citation to Chris Robert.



The Samuel Slater Guard participated in the Samuel Slater Experience grand opening and fired a volley after the ribbon cutting ceremony.



Enjoying a trolley ride are Bev Robert, Rep. Joe McKenna, Jeannie Hebert, Lt. Gov. Karyn Polito and Monique Messier.

CABINET DEPOT

Call Margaret to get your Free Measurement Free Design & Quote and ask how you can get **FREE GRANITE!***

*Does not include install

**833 Providence Road
Whitinsville, MA
(Rte. 122)
508-372-9023**

KITCHEN AND BATH

Exceptional Price & Great Quality at
CABINETDEPOT.COM SHOWROOM OUTLET
Marscott.CabinetDepot@gmail.com

MULHANE

Home for Funerals

Honoring, Remembering, Celebrating

Owned and operated by the Mulhane Family for over 150 years.

Stuart & Matthew Mulhane

508.865.2560 • www.mulhane.com

Sutton Historical Society membership month and calendar

SUTTON - March is membership month for the Sutton Historical Society, Inc, a 501(c)3 organization, dedicated to preserving our historical inheritance for future generations.

Membership forms can be downloaded at suttonhistoricalsocietyinc.org and will be included in the first quarter newsletter mailed to all members. Membership is \$15 for individuals and \$25 for families. Funds raised through memberships are vital to our continued maintenance and operation of our historic properties—namely, the General Rufus Putnam Museum, the Eight Lots School House, and the M. M. Sherman Blacksmith Shop— as well as support of our many ongoing and scheduled programs.

The Society has released its 2022 Calendar of Events at suttonhistoricalsocietyinc.org.

This year's events include lectures, a museum tour, potlucks, town events, and the annual firing of "Big Ben," our Civil War cannon. The Society is honored to be hosting three speakers.

On April 26, at 7 p.m. in Blaxton Hall, Manchaug Mills, David Vermette, author of *A Distinct Alien Race: The Untold Story of Franco Americans*, will discuss French-Canadian immigration— why they came, when they came, what they faced when they arrived and in the following years, and how they contributed to this country. This presentation is relative to not only Sutton, which boasted cotton

manufacturing operations in both Manchaug and Wilkinsonville, but also to the surrounding Blackstone Valley towns as this immigrant group was the backbone of the cotton manufacturing industry in the region before, during and after the turn of the 20th century.

Christie Higginbottom will share her knowledge of apples at the table and on the farm landscape in the past and will look at the revival of interest today in a presentation entitled "An Infinite Variety of Fruit: Historic New England Apples" on September 6, at 7 p.m. in the First Congregational Church.

On November 1, at the First Congregational Church, Michael Tougas, author, *Until I Have No Country*, will share his knowledge of King Philip's War, one of America's first wars. King Philip was the English adopted name of Metacomb, a sachem of the Wampanoag people. Sutton has several acres of land protected through the Metacomb Land Trust. These presentations are free and open to all members and the general public of all ages.

On June 7, the Samuel Slater Experience Museum, samuel Slater Experience Museum, at 31 Ray Street, Webster which opened on March 4, will open to the Society. This interactive museum tells the story of Samuel Slater, known as the Father of the American Industrial Revolution and the Father of the American Factory System, from his apprenticeship in England, to his journey to America, to his becoming the found-

er of Webster, MA, and everything in between. Few may realize that the Sutton Manufacturing Company, located in Wilkinsonville, was owned and operated by the Slater organization from 1829-1907. There is an admission fee for this event.

Planned fund-raising events include the annual town-wide yard sale on Saturday, June 18 and the 1-week returnable can/bottle drive the week of July 9 - July 17. Start saving your returnable cans and bottles now.

A Wagon/Cart show is planned for October 1, and the Historic Cemetery Tour in the Town Center Cemetery is scheduled for October 29. As always, we will have our locations open for the Annual Chain of Lights town event on December 6.

With so much planned, as well as continued work on our Cemetery Restoration project, the Society is always looking for volunteers

to help out. Reach them at sutton1704@gmail.com and become a steward of Sutton's rich history. Event updates will be posted to sut-

tonhistoricalsocietyinc.org, our facebook page, in local publications, and emailed to members.

Hair's To You

Full Service Salon

Walk-ins Welcome
299 Providence Rd., S. Grafton, MA
774-293-1444

\$5⁰⁰ OFF
ANY HAIRCUT
New Customers ONLY. Exp. 3/31/22

\$15⁰⁰ OFF
ANY COLOR TREATMENT
New Customers ONLY. Exp. 3/31/22

Hiring Booth Rentals!

BUY 2 PRODUCTS GET ONE FREE

CUTS • KIDS CUTS • COLOR • FACIALS

Indoor yard and bake sale

WORCESTER - All are welcome to an Indoor Yard Sale and Bake Sale to be held in St. Christopher's Church Hall on Saturday, April 2, from 9:00 a.m.-3:00 p.m. Come browse our tables to find that perfect treasure or baked good. The church is located at 950 West Boylston Street in Worcester (next to Stop and Shop). A table may be reserved for a fee of \$25 (non-refundable). Call the parish office at 508-853-1492 for more information.

Trivia Night

WHITINSVILLE - Saint Peter Parish in Northbridge will be holding a Trivia Night, Friday, May 13, at the Knights of Columbus, 77 Prescott Road, Whitinsville. Tickets are \$20 per person and should be purchased in advance. Get your tickets early, seating is limited. There will be a cash bar, food for purchase and raffles. Doors open at 6 p.m and the Trivia Game starts at 7 p.m. Teams must be four players and individuals wanting to play will be placed in teams of four. There will be a cash prize for the winning team. Come with your family and friends for a night of fun and to see who will be Saint Peter's first trivia champions. To purchase your tickets please call the parish office 508-234-2156 or email: parishoffice@stpeterrockdale.org

LANDSCAPING & GUTTERS

774.601.3565

Aluminum Gutter Guards • Mulch
 Lawn Maintenance • Gutter Cleaning
 Spring/Fall Cleanups • Fully Insured

**BLACKSTONE VALLEY CHAMBER OF COMMERCE
SIGNATURE EVENT**

ANNUAL CHARITY GOLF TOURNAMENT

MAY 9, 2022

PLEASANT VALLEY COUNTRY CLUB,
95 ARMSBY RD. SUTTON, MA
REGISTRATION AT 10AM

This is a major fundraiser for the Blackstone Valley Chamber, Blackstone Valley Education Foundation and the Blackstone Valley Education Hub. Monies raised will fund important programs to support students and schools in the Blackstone Valley. The mission of this tournament is to enrich education and strengthen leadership among students, teachers, businesses and communities in the Blackstone Valley.

Registration, coffee, raffle and silent auction bidding open - 10AM

Tee time - 11AM

Cocktails and hors d'oeuvres - 4PM

Auction/Raffle closes - 4:55PM

Buffet dinner - 5PM

Event concludes/Auction check out - 6PM

Putting contest on practice tee throughout tournament play.

Single Player: \$250

Foursome: \$1000

Dinner and Programs Only: \$100
(invite your spouse!)

- Lunch and buffet dinner included for all players
- Swag bag included for all players
- Raffle prizes and silent auction items
- Hole In One Contest! You could win \$20,000!

TO REGISTER, PLEASE VISIT [HTTPS://BLACKSTONEVALLEY.ORG/EVENTS/](https://BLACKSTONEVALLEY.ORG/EVENTS/)
IF YOU'RE A MEMBER, DON'T FORGET TO LOG IN TO GET SPECIAL PRICING!

**BLACKSTONE VALLEY
EDUCATION HUB**
The Educational Partner of the
Blackstone Valley Chamber

**BLACKSTONE VALLEY
CHAMBER OF COMMERCE**

**BLACKSTONE VALLEY
EDUCATION FOUNDATION**
Enriching Education. Strengthening Leadership.

Healthier baking in the Blackstone Valley

Cranberries good all year long

By Christine Galeone

Many people are familiar with that old saying, “March comes in like a lion and goes out like a lamb.” But in New England, you just never know. Sometimes, in this part of the country, March is still roaring on the eve of April 1.

As we make the potentially slow or unsteady transition from winter weather to spring weather, it helps to have some recipes that have the warmth and heartiness of winter comfort food and the optimism of spring and summer baked goods. This one for cranberry orange coffee cake is one of them.

Although coffee cake isn’t generally considered a healthy treat or breakfast food, this cranberry orange coffee cake recipe is healthier than many others that contain an abundance of saturated fat and sugar, which can lead to heart disease and inflammation. It’s also a bit healthier because of some of its ingredients.

Walnuts, which are certified by the American Heart Association’s Heart-Check mark, contain more omega-3 fatty acids than any other nuts. They’re also a source of antioxidants, magnesium, vitamin E and selenium, and they might reduce inflammation. They’re considered heart healthy and brain healthy. Cinnamon has antioxidant properties. And orange juice is brimming with vitamin C – and calcium, if it’s fortified.

Cranberries are also a nutritious ingredient. Because they’re rich in antioxidants, contain vitamin C, vitamin E, vitamin K, manganese and a-type proanthocyanidins, which are only found in cranberries, they can benefit most people in several ways. They can help to prevent urinary tract infections as well as oral health problems. They can also reduce inflammation, promote healthy digestion, and help

improve heart health. The only people who may experience a negative impact from cranberries are those with kidney stones and those taking blood thinners.

Cranberry Orange Coffee Cake

Ingredients:

1 cup of Cranberries (rinsed fresh or lightly sweetened dried cranberries)

1 ½ cups of flour

½ cup of Sugar

2 tsp. of baking powder

½ tsp. of salt

½ cup of orange juice

¼ cup of light olive oil

1 well-beaten egg

Topping:

¼ cup of brown sugar

1 tsp. of cinnamon

1 tbsp. of flour

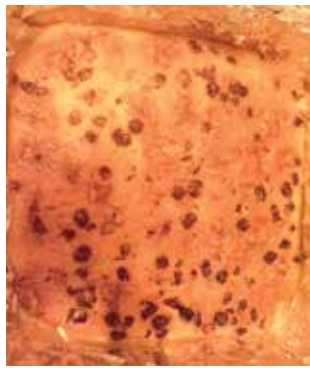
1/2 cup of chopped walnuts

1 tsp. of light olive oil

Directions:

• In a large bowl, mix together the dry ingredients.

• In another large bowl, mix together the olive oil, orange juice and egg.



- In three to four steps, add and stir the dry mixture into the wet mixture.
- Pour the batter into a 9X9” baking pan.
- Mix together the topping ingredients.
- Dot the cranberries throughout the batter.
- Distribute the topping evenly on top of the batter.
- Bake at 375 degrees for 25-30 minutes.

Makes about 16 small servings or 8 generous servings.

*Refrigerating the coffee cake will make it last a little longer.

Since it’s not too hearty and not too light, this cranberry orange coffee cake can serve as an ideal choice for breakfast, brunch or snacks during this unpredictable time of the year. Happy (healthier) baking!

GRAFTON

Continued

It’s also been an exciting month for **Quite Fetching**, the barkery and pet boutique located on the Grafton Common. It just celebrated its 5th anniversary. Earlier this month, it was featured on an episode of “Chronicle.” And it also recently contributed to the **Thimble Pleasures Quilt Guild’s** fundraising efforts to support Guiding Eyes for the Blind.

The **Grafton Public Library** is celebrating the good work done by Cradles to Crayons. Through the end of March, the library is holding a pajama drive for the nonprofit. It’s collecting all sizes of new pajamas for infants through teens. For more information, you can visit the library’s website, www.graftonlibrary.org.

Finally, the **Grafton Food Bank**, another nonprofit that provides vital services to our community and is celebrated by many, is currently holding its annual donations appeal. In a recent statement on its Facebook page,

the organization mentioned that in 2021, the need for the food it provides increased nearly 100 percent over 2019. Donations to the organization, which provides food, resource referrals and emergency help with utilities, to Grafton residents in need of a helping hand, can be sent to the food bank at PO Box 324, Grafton, MA 01519. Donations can also be made through its website, www.graftonfoodbank.org.

While spring is the season in which we can all find hope, renewal and rebirth, it’s also nice to be reminded that we can be part of those things in the lives of those around us. Maybe that’s what those birds have been chirping about.

Please note that this information was correct at the time the column was written. However, because the pandemic is rapidly changing things, it’s best to check the websites and social media pages of any business to see if new changes have been implemented. Contact Christine with your business news items at cmgaleone15@gmail.com.

Pizzeria Bruno
WOOD FIRED BRICK OVEN PIZZA

Classic & Gourmet Pizzas Paninis
Piadinas Salads Gluten Free

27-C Galaxy Pass, (next to Market 32) Sutton, MA
Open: Tues.-Fri. 11:30-9:30; Sat. 4-9:30; Sun. 11:30-9
(508) 917-8182

New England Steak and Seafood

Make Your Easter Reservations NOW!

9 SEATING TIMES AVAILABLE:

| | | |
|------------|-----------|-----------|
| 12:00 noon | 2:30 p.m. | 5:00 p.m. |
| 12:30 p.m. | 3:00 p.m. | 5:30 p.m. |
| 1:00 p.m. | 3:30 p.m. | 6:00 p.m. |

Route 16, Mendon, MA
508-473-5079 508-478-0871
www.nesteakandseafood.com

BLACKSTONE VALLEY Xpress
CROSSTOWN ADS AND BUSINESS NEWS

For advertising: ads@theyankeexpress.com
For news: news@theyankeexpress.com

NOW OPEN

Pediatric Dental of Grafton

PEDIATRIC DENTIST AND ORTHODONTIST

(508) 827-8777

78 WORCESTER STREET,
GRAFTON, MA, 01536

INFO@PEDIATRICDENTALOFGRAFTON.COM

CALL US NOW TO SCHEDULE AN APPOINTMENT!



tasteful displays of new and old items



Something for everyone - the little vintage studio.

Something for everyone - "the little vintage studio" opens its doors in Sutton

By Amy LeClaire

Michelle Brown, owner of "the little vintage studio" of 25 Providence Road, Sutton, had driven by her new location a million times before she decided to stop and inquire about the possibility of setting up shop. The building landlord, Donald Thurber, embraced the opportunity to breathe life to an idea that began ten years ago, while Michelle had rented booths at Barnet's Antiques of Uxbridge and Off the Common Antiques of Grafton. It was finally time to take the next step and have her own place.

"I wanted to have my own shop to play with lighting and music and create a space to become a favorite spot for people to stop in, pamper themselves, or shop for a home item."

The little vintage studio, as the name implies, has a little bit of everything, and a whole lot of new and upcycled items to choose from. The studio reflects Michelle's creative passions, and includes: furniture pieces, Crate & Barrel dishes, wooden spoons and kitchen utensils, high quality teas, French soaps, second hand hand-bags and sweaters, fashion jewelry (malachite and other gemstone earrings and rings), indoor floor mats, and paintings. The ambience is sensual and soothing, scented with handcrafted EV + Yarrow candles (created by Littleton vendor, Michelle Faust) and accented by lovely pillows, and artistic displays.

"Everyone has their favorite shopping place. It's all about the journey—the scents, the lighting, the songs played and the hunt for something old or new. I'd like to be that favorite spot for people to unwind and see what's new."

Stop in to see Michelle and see what's new at the little vintage studio.

Hours of operation: Friday: 11-3 PM; Saturday: 10-4 PM; Sunday: 11-3 PM

The little vintage studio is located on 25 Providence Road, Sutton.



Michelle Brown, owner of 'the little vintage studio'

Adult Day Health Program serving your community

Family Owned and Operated

Reliable partner assisting families
Offering Skilled Nursing,
Personal Care, Case Management,
Recreation, Nutrition
and Transportation Services.



Homey, Fun, Secure, Safe, Clean

CDC/MA COVID-19 Compliant

Ultraviolet Air Cleaning System

TESTIMONIAL: "When my mother's dementia progressed to the point that she was no longer able to live by herself; I was in desperate need of help and found it with the folks at Accord."
-Marcia T

10 Cudworth Road • Webster, MA 01570
508-949-3598
www.accorddaycenter.com



**NOW ACCEPTING
Easter Reservations!**
Sunday, April 17, 2022
(reservations only on Easter Sunday)
Book your table today at
wrightsfarm.com or call 401-769-2856

**WRIGHT'S FARM
RESTAURANT**
84 Inman Rd., Harrisville, RI 02830

Hosting at home?
Check out our Party Pans.
Feeds up to 20 people!

Serving Dine-in
& Take-out

Finish with our
Handmade Gourmet Fudge
available in
Wright's
Gift Shop

Maxwell Luciano's
BANQUET AND CONFERENCE CENTER AT UNION STATION

Easter Brunch at Union Station

Sunday, April 17, 9am - 4pm

Adults: \$32.95
Ages: 6-12 \$20.95
2-5yrs: \$14.95
Plus tax and tip
Breakfast Items,
Hot Entrees,
Salads and Fresh Fruit,
Assorted breads and more ...

Call 508 755-6408 or 508 755-1200
for information & reservations

See the menu at
www.maxwellsilvermansbanquet.com

Validated parking!
Maxwell Luciano's Banquet & Conference Center at Union Station
2 Washington Square, Worcester, MA 01608



**MULCH • WOOD CHIPS • COMPOST
SAND • STONE • LOAM**

605 Quaker Highway (Rt. 146A), Uxbridge, MA
508.278.2628

P.O. Box 77
Uxbridge, MA 01569

Fattman announces \$405,396 in Workforce training grants

BOSTON – State Senator Ryan Fattman (R-Sutton) and the Executive Office of Labor and Workforce Development (EOLWD) announced that three organizations in the Worcester-Norfolk Senate District would be receiving a total of \$405,396 in Workforce Training Fund Program (WTFP) grants. Funded by Massachu-

setts employers via contributions made to unemployment insurance, the Workforce Training Fund helps companies improve productivity and competitiveness by providing resources to invest in the Massachusetts workforce. In partnership with EOLWD, Commonwealth Corporation reviews and awards training grants of up to \$250,000 to Massachusetts businesses and consortia of businesses to fund training for current and newly hired employees. Grants are awarded on a rolling basis throughout the year. In FY21, more than 500 Massachusetts employers were approved for more than \$20 million in WTFP grant-funded training for more than 13,000 workers. The program is a powerful tool to create new jobs, increase skills and opportunities for our workers, and maintain the economic strength and viability of the Commonwealth's businesses.

The following businesses received grants in Senator

Fattman's district:

- Interscope of Northbridge was awarded \$144,200 to train 10 workers; 4 additional jobs are expected by 2023;
- Jeffco Fibres of Webster was awarded \$19,200 to train 9 workers; 4 additional jobs are expected by 2023; and
- Primetals Technologies of Sutton was awarded \$241,996 to train 77 workers; 4 additional jobs are expected by 2023.

“Congratulations are in order for the three businesses in my district that put in the hard work to receive these competitive grants,” said Senator Fattman. “This program serves an important purpose in a time where the way we do business is constantly changing. I look forward to seeing these businesses grow and thrive in our community.”

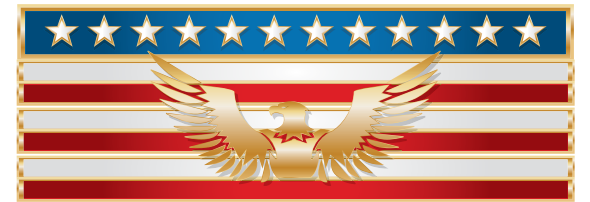


Stevens & Son Lawn Pro

Commercial - Residential

Specializing in
Seasonal Lawn & Shrub Maintenance
Bark Mulching • Lawns Thatched
Shrubs, Trees & Flowers Planted
Sodding & Seeding
Fall Clean-up • Snow Plowing

508-832-7063 • 508-721-7772
Auburn
stevensandsonlawnmaintenance.com



Veterans Advisory Committee here to help

On September 7, 2021, the Town of Grafton Select Board voted to create a Veterans Advisory Committee. It is the mission of the committee to educate our residents and all elected and appointed officials regarding specific areas of interest that impact our veterans and suggest programming and outreach regarding those specific areas of interest. We also assist the Veterans Services Officer (VSO), acting as a liaison between members of the community and the VSO.

To accomplish our mission, we must work together with our local veterans and other veteran and town organizations that are already helping our community. With that in mind, we wanted to introduce ourselves, the committee members: Justin Stone, chair; Bob Detoma, vice chair; Shawn McAvey, clerk; Jim Gallagher, Lucas Remillard, and Ed Piekielek. We welcome the opportunity to work with you solving the issues affecting our veterans to ensure our they receive the care and assistance they deserve.

Please feel free to contact us by email at VeteransAdvisory@grafton-ma.gov.

Justin Stone

THE ULTIMATE WORLD WAR II FIGHTER EXPERIENCE SWEEPSTAKES

Add promo code **YANKEE** for 20% more!
Enter by July 29th, 2022



TR.9 Spitfire

The American Heritage Museum is offering the ultimate WWII Fighter Experience at the Biggin Hill Heritage Hangar near London, England. The sweepstakes winner will fly in the very rare two seat P-51D Mustang, TR.9 Spitfire and TP-40N Warhawk fighters. This is the only sweepstakes opportunity like this in the world! Winner will also receive a \$2,000 travel allowance.

Scan QR Code To Enter Now!


Or visit: <https://ahmus.me/WWII-fighter-sweeps>

American Heritage Museum
HUDSON, MA

TP-40N Warhawk

P-51D Mustang

Prayer



Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in Heaven. Give us this day, our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil (intention), Amen.

If you pray three times a day, three consecutive days, you will receive your intention, no matter how impossible it may seem. Praise and Thanksgiving please the Heart of God.

Believer

Call today for your **FREE In-Home Consultation**



Budget Blinds
-888-88-BUDGET

SUPER SPRING SALE

Block that damaging SUN
Save 20% on all sliding door treatments
Save 25% on all Honeycomb and Solar/Roller

Cannot be combined with any other coupons or offers. Offer valid until 4/30/22

Independently Owned & Operated
by Sue Adams
Local: 508-865-9300



Town Line Dairy Farm
Upton, MA
508-529-6039

- Home Grown Beef & Chicken
- Local Milk
- Honey
- Maple Syrup
- EGGS
- Pumpkins

- Home Grown Meats for the local community
- Seasonal Produce
- Fresh Eggs
- Local Products



64 Williams Street
Upton, MA 

Millbury senior center news

MILLBURY - The Millbury Senior Center, 1 River St., has listed the calendar for the month.

Berg floral arrangement class - 3rd Thursday of each month at 2 p.m. Take home a Floral arrangement that you create. Cost is \$12.50 includes all materials and class. Minimum of 15 people. Call or stop by the center to RSVP a week before classes 508-865-9154

Computer/cell phone classes every Thursday at 2:30 - 3:30 p.m. If you need help or have questions on how to use your devices. Call the center to RSVP 508-865-9154.

Meet with a representative from Senator Moore's office Wednesday, April 13. One Wednesday every month between 11 - 12 p.m. All are welcome to meet and discuss issues of importance or looking for assistance. Any questions please call 508-865-9154

Senior work-off program - for Eligible seniors, 60 or older that are residents of Millbury. Receive up to \$1,500 per year that can be used to pay real estate property tax. In return for voluntary service at a town department. For more information or to pick up an application please call the center at 508-865-9154.

COVID booster vaccine appointments - We will assist Millbury Senior residents. If you do not have access to a computer and need help scheduling an appointment for the booster. Please call the center at 508-865-9154.

Senior center exercise classes

Light exercise - Mondays and Fridays 9:30 - 10:15 a.m. Free.

Tai chi - Tuesdays 9:30 - 10:30 a.m. class is \$3.

Yoga - Thursdays 9 - 10 a.m. Class is \$3.

Senior Center activities

WII BOWLING Mondays at 12:30 p.m.

MAHJONG Mondays at 12:45 p.m.

BLOOD PRESSURE CLINIC Every Tuesday from 9 - 10 a.m.

CRIBBAGE Tuesdays at 1 p.m.

SOCIAL BINGO Wednesdays at 1 p.m.

Bring your pennies.

COLORING Thursdays at 10 a.m.

DULL MENS CLUB Thursdays at 10 - 11 a.m.

No reservations required for any of our activities or exercise classes.

Lunches are served Monday through Friday 12 p.m. at the Senior Center. The menu is available on the town website, www.townofmillbury.org or our Millbury Senior Center Facebook page. A 48-hour reservation is required.

45 River St., Millbury, MA
(508) 865-3377

Look for our **Delicious Lenten Menu!!**

\$5.00 OFF
Orders \$30 or more
(one per party, not to be combined)

Open: Thursday-Sunday
www.scalesseafood.com

Fresh Seafood Year Round

Featured on GOURMET

SCHULTZY'S PLACE

Winner of Worcester's Hot Dog Safari's Golden Hot Dog!

GIFT CERTIFICATES AVAILABLE!!

Homemade Soups, Chilis and Corned Beef Hash

Seasonal Specials at Schultzy's
\$3.00 OFF a \$20 purchase
Mon.-Fri. ONLY

One per table, not to be combined. Exp. 4/30/22

Hrs.: Mon.-Sat. 5:30am-2pm; Sundays 6:30am to 2pm
3 Boston Road (Heritage Plaza) Sutton, MA • (508) 865-6777

*Make this Spring a Fresh Start
Enjoy the Sounds of Spring*



Have you been putting off taking care of your hearing, tinnitus or hearing aids? Make this spring a fresh start.

We are here to help!
www.hearjoyaudiology.com for online booking
HEAR JOY IS AN INDEPENDENT PRACTICE

HearJOY AUDIOLOGY
PRECIOUS SOUNDS, LIFE'S PLEASURES

43 Main Street
South Grafton, MA
Call 774-293-1515

Dr. Mary Ellen Rancourt
Dr. Rancourt has over 30 years of experience as an audiologist, serving newborns to elders.

See an Expert in Cosmetic Dentistry

Jason R. Tubo, DMD, MAGD - Master of the Academy of General Dentistry

Advanced Cosmetic Bonding | Minimally Invasive Dentistry
Completely Digital Treatment (NO impressions!)
Single-tooth implants | Full-mouth reconstruction
Computer-Guided Surgery | 3D Cone-Beam X-ray
Crowns | Veneers | Advanced Esthetics



Whitinsville family dentistry

(508) 234-8107

12 Prospect Street
Whitinsville, MA

www.DrTubo.com

Finding yourself a little addicted to Dr. Tubo's Before and Afters?

See them when they're brand new
Follow Dr. Tubo on Instagram:



@dr.jasontubo

Real People. Real Results.

See more of Jen's case and more REAL Before and After cases actually done by Dr. Jason Tubo at

www.DrTubo.com .



Living well and looking good

Turmeric supplements safe to try for arthritis

By Keith Roach, M.D.

DEAR DR. ROACH: I recently read about turmeric for osteoarthritis. I'm on a limited income. Please tell me more about it, like how much it costs and where I can get it. - W.C.
ANSWER: Turmeric, a spice that has been used for millennia, is the source of curcumin, which has been shown to improve symptoms of osteoarthritis, at least in short-term studies. It is generally thought to be safe, as most people have no side effects or only occasional stomach upset, nausea or diarrhea.

A theoretical concern is bleeding, in combination with anticoagulants, but this appears to be rare. I have had many patients try curcumin, and it has improved symptoms in about half of those who tried it.

Turmeric is easy to find at any grocery store, but when curcumin is used as a supplement, it is usually combined with other supplements to help with absorption. A common one is piperine, derived from black pepper. It's difficult to use turmeric from food to get a pharmacologic effect. The usual dose is 400-500 mg two or three times daily. A month's supply from a reliable online

retailer I found cost about \$10.

Psoriasis
DEAR DR. ROACH: My husband has psoriasis on his hands, and he thinks it's from stress. He had psoriasis a long time ago, and now it reappeared. He is stressed because I am sick. Please tell me what cream he can use. Before, he used some good Yugoslavian cream called Vipsogal. - M.A.M.
ANSWER: Psoriasis is a common skin condition thought to be caused by abnormalities in the immune system. There are several forms, but most people with psoriasis notice plaques or papules on the skin.

Treatment depends on the type and severity of the psoriasis, but the important part is that it needs evaluation before treatment, both to determine the correct diagnosis and assess severity. This includes at least a joint exam for psoriatic arthritis and a careful history to look for other associated conditions, such as in the eye. Severe disease may need systemic therapies, including biological ones.

I looked up Vipsogal and it is a combination of several medicines, especially high-potency steroids. These are the mainstay of treatment for most people with mild to moderate psoriasis and are available in the U.S. and Canada only with a prescription. It's a powerful medicine with the potential for real harm if used incorrectly. Your husband should see a dermatologist.

To your good health

Family history includes puzzling advice about oranges

DEAR DR. ROACH: Sixty years ago, I married into a family that included a woman doctor in the generation before mine. My mother-in-law was always lamenting that she had never understood a little ditty that Aunt Doctor would always say: "Oranges are gold in the morning, silver at noon, and lead at night."

I finally solved the riddle. Every night I drink orange juice, I experience sleep disturbances all night. I shifted to orange juice in the morn-

ing: No more problems. Years later, I have been in two hospitals and rehab facilities that served oranges or orange juice at night. Changing to morning could have a positive effect on the comfort of many hospital patients. - G.R.
ANSWER: From my research, it appears this saying may have been intended to keep people from stealing oranges at night. However, oranges do have acid, which could predispose to heartburn, which might in turn affect sleep. The sugar load in an orange can cause short term high blood sugar, but in some people, the body's response can cause a temporary low blood sugar as well.

If eating oranges at night doesn't bother you, there is no reason not to stop, but oranges are on the long list of things which might cause sleep disturbance.

Black and blue elbows
DEAR DR. ROACH: I am an 86-year-old man in good health. My arms, from the wrist to my elbows on the top side, started turning black and blue two years ago. I've been to two doctors: One said he didn't know why; the other said it was age-related. What can I do for this so I can start wearing short sleeve shirts again? - R.K.

ANSWER: While an exam is necessary to confirm this diagnosis, the location suggests a condition called "solar purpura." The name suggests that sun damage is a cause of the condition, predisposing to bruising. One study found that bioflavonoids, found in many fruits and vegetables, may help. A topical vitamin A-derived cream, such as tretinoin, may help with the appearance. It is otherwise not dangerous.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2022 North America Synd., Inc. All Rights Reserved

Pajama drive

The Grafton Public Library is once again joining the Boston Bruins, DCF/Wonderfund and Cradles to Crayons to collect pajamas for kids in need through February and March. Our collective goal is to collect 5,000 pairs for drop off in Newton by the end of March. Staff will be in pajamas on Fridays and Saturdays to promote the program, and have planned several special events, including a stuffed animal sleepover. Please visit the Library's Calendar of Events at www.graftonlibrary.org/events for details.

Want to help? Donate a new pair of pajamas for children and teens through March 31 at the Grafton Public Library, 35 Grafton Common, Grafton. We are looking for brand-new pajamas, appropriate for all seasons, from sizes 2T through adult medium. Please do not give pajamas that include any family or holiday references, and defer to Cradles to Crayons quality and dignity guidelines, purchasing only items that all children would be both excited and proud to wear and use.

Our most needed sizes are: girls: 5/6 (child S), 7/8 (child M), 14/16 (child XL/adult S), 18/20 (child XXL/adult M); boys: 7/8 (child M), 14/16 (child XL/adult S), 18/20 (child XXL/adult M)

Monetary donations are also accepted online through <https://www.cradlestocrayons.org/boston/donate-now/>.

Alternatively, you can purchase pajamas through the Amazon Wish List of Cradles to Crayons Boston, and they will be shipped directly to them: https://www.amazon.com/registry/wishlist/TJMR8JUUS0US/ref=cm_sw_r_cp_ep_ws_ZmsBzb6XN6MGJ?

For more information about Cradles to Crayons Boston or the Boston Bruins Pajama Drive, please visit <https://www.cradlestocrayons.org/boston/bruins-pj-drive/>. For Library questions, please contact Beth Galloway, Library Director, at 508-839-4649 or gallowayb@graftonlibrary.org.

Beth Galloway, Director Grafton Public Library

Grafton Recreation's upcoming events

GRAFTON - The Grafton Recreation Dept. has listed its spring events.

Adult pickup games: Friday night, April 8, from 7:30-9 p.m. in the Municipal Center gym. We are planning some fun, laughter and good ol' fashioned games on Friday nights. No stress - "just for fun" games such as badminton, yard games, recess games and more. Leave your stress at the door and come play for the night! Register Here

April 10, new disc golf clinic. Have you heard of disc golf? Do you know there is a course at Nelson Park? Julie Ferdella, co-founder, New England Women's Disc Golf will teach you all the basics. All are welcome. Family (age 8+), 12-1:30 p.m. \$10. Adults, 1:30-3:00 p.m., \$5.

May 14, Grafton Gazebo 5K Road Race presented by Homefield Credit Union. Starting and ending at the Municipal Center, this 5k chip-timed and USATF certified run follows scenic roads with a gradual uphill ascent through Grafton Common. Prizes for top 3 Overall Male and Female and awards for top 3 in 10 age groups Male and Female. Cost: 18 and older: \$25.00 (until April 26), \$35.00 (until May 10 and day-of); 17 and under: \$10.00 (until April 26), \$25.00 (until May 10 and day-of). Register at TINYURL.COM/GRAFTON5K2022

Kerri Arsenault, Office Manager Recreation Dept., Town of Grafton

508-839-5335 x1133, E-mail: arsenaultk@grafton-ma.gov
Website: www.grafton-ma.gov or www.graftonrec.com



Augmented Reality Welding Class

ReMAKE 4.0 training invites the daring, the bold, and the free-thinkers to experience and learn the skills necessary to make change and build your career.

This is a 6-week training course design to provide the knowledge and skills necessary to prepare students for an entry-level career in welding.

Free tuition is offered through ReMAKE 4.0.

MassHire Program & Services are funded in part by US Department of Labor (USDOL) Employment and Training Administration grants as well as non-federal funded grants. Additional details furnished upon request.

Wednesdays & Thursday, 6:00 - 8:30pm April 13th to May 19th

- Training prepares students with welding vocabulary, techniques, and basic operations of a welding gun. Lessons will include lecture, demonstration, discussion, online course modules and lab exercises.



Scan for application



For more info contact: Karen Ares / ares.karen@bv-edhub.org

Blackstone Valley EdHub
670 Linwood Ave #5
Whitinsville, MA 01588

REMAKE 4.0
POWERING TODAY'S INDUSTRIAL REVOLUTION



WHY SMALL LOAD CONCRETE?

- Buy ONLY what you need
- Flexibility - according to your schedule
- Less Expensive than bagged and large mixers
- Custom Mix / Pour on the job
- Cost Effective • No Waste
- 1 Yard Minimum

CONCRETE APPLICATIONS

- | Homeowners | Contractors |
|--|---|
| <ul style="list-style-type: none"> • Patios • Steps • Fence Posts • Decks • Retaining Walls • Pool Decks | <ul style="list-style-type: none"> • Gas Stations • Road Work • Footings • Curbing • Sidewalks • Pre-Cast |

Custom-Concrete - Metered Pours
Concrete finishing services available
Also available for delivery on **SATURDAYS...**



34 Providence Road, Sutton, MA
508-770-1200 • www.smallloadconcrete.com

Chorus is primed for exciting 'Golden Jubilee' spring show

By Rod Lee

There have been hard times of late for Wilfred and Janice Tremblay of Sutton and other members of the Westborough Community Chorus. But that does not diminish the enthusiasm they are feeling as the ageless troupe prepares for its big 50th-anniversary spring show.

"COVID hit us hard," Mr. Tremblay said recently. The most glaring example of this was elimination of the chorus's annual fall yard sale, one of its most important and lucrative fundraisers.

Nevertheless, the chorus under new director Andrew Milne is forging ahead with concerts planned for the evening of April 30 and the afternoon of May 1 at the Sarah Gibbons Middle School in Westborough. These will be followed by a formal celebration of the milestone at the Doubletree Hotel in September.

Mr. Milne is a Westborough native and a former recipient of a WCC music scholarship. He earned a Masters in Music Education and Choral Direction from the University of Hartford's Hartt School of Music.

Tickets for "A Golden Jubilee" are \$12 for adults and \$10 for seniors and children. Tickets can be purchased through the nonprofit's website, www.westborocommu-



The Westborough Community Chorus during a recent Christmas-season performance.

nitychorus.com, or by calling 508-485-4469.

Deb Temple, a former director of the chorus for nearly two decades, will participate as director of a production of "Mississippi Mud."

For Mr. and Mrs. Tremblay and many others, the chorus is a family affair. Janice Tremblay's sister and a niece belong. Will and Janice Tremblay have been part of the chorus for many years.

Although Westborough-based, "75% of chorus members live outside of the town of Westborough," Mr. Tremblay says. "We come from all over the place," he said.

Linda Duncan of Westborough is a founding member of the group and says the chorus actually began as "an anniversary chorus" for the town of Westborough's 250th

birthday in the 1970s. "We even made a record, a big 78 RPM," Ms. Duncan said on March 8. "We tried to stay together but couldn't. We got together at Jim Harvey's house and decided to ask Faith Newark to become director of a new local chorus. She told us 'I always wanted to do this but I didn't think the town was big enough'" to support it.

The Westborough Community Chorus is a non-auditioned singing group. The WCC welcomes all who want to become members and share in the enjoyment of entertaining area residents. The chorus typically puts on two shows a year.

Contact Rod Lee at rodlee.1963@gmail.com or 774-232-2999.

Top Reasons to Go Solar with SUNRUN



- Get price protection from rising utility rates
- Save \$\$\$ on your monthly electricity costs
- No cost installation programs available
- Add value to your home
- Reduce your carbon footprint and combat global climate change on a local level

"Hi, I'm Matt Lafond, a homeowner and Sunrun customer. Let me be your local solar consultant."

Text or email today to schedule a FREE in-home consultation.

cell: 339-222-6364 email: matt.lafond@sunrun.com
gosunrun.com/mattlafond



BEAT THE PRICE INCREASE!

LG SAMSUNG GE Whirlpool FRIGIDAIRE
WASHERS, DRYERS, STOVES, REFRIGERATORS & MICROWAVES

WEBER GRILL SALE!



OVER 2,000 APPLIANCES
IN STOCK FOR PICKUP
OR FAST DELIVERY

MATTRESS SALE

TWIN: REG. \$299 - NOW \$199
FULL: REG. \$499 - NOW \$269
QUEEN: REG. \$599 - NOW \$199

BIG REBATES
ON FULL KITCHEN
PACKAGES

INSTANT FINANCING
UP TO \$10,000!



AMANA DISHWASHER
#ADB100AGB
\$399⁹⁹
WAS \$499.99

LG WASHER
#WT7100CW
\$749⁹⁹
WAS \$899.99

MAYTAG DISHWASHER
#MDB4949SKZ
\$699⁹⁹
WAS \$759.99

LG FRONT LOAD WASHER
#WM3400CW
\$799⁹⁹
WAS \$899.99

AMANA WASHER OR DRYER
#NED4655EW
\$479⁹⁹
WAS \$599.99

MAYTAG WASHER OR DRYER
#VEDC46HW
\$599⁹⁹
WAS \$749.99

WHIRLPOOL FRENCH DOOR REFRIGERATOR
\$2199⁹⁹
WAS \$2499.99

MIDEA REFRIGERATOR
Stainless Steel Bottom Freezer
\$1099⁹⁹
WAS \$1199.99

AMANA GAS RANGE
#AGR153CBAS • Stainless Steel
\$549⁹⁹
WAS \$649.99

GE FRONT LOAD WASHER
#GFWSOSSNWW
\$849⁹⁹
WAS \$999.99

WHIRLPOOL REFRIGERATOR
#WRQA59CNKZ • Counter Depth
\$2199⁹⁹
WAS \$2399.99

WHIRLPOOL ELECTRIC STOVE
#WFE3550LS • With Air Fry
\$899⁹⁹
WAS \$999.99

AMANA MICROWAVE
#JYM3160RFSS
\$259⁹⁹
WAS \$329.99



We Repair Bikes!

PRE-SEASON BIKE SALE!

e-bikes In Stock

NO CREDIT? BAD CREDIT? NEW EASY FINANCING TERMS ON EVERYTHING IN THE STORE!

WHITCO

**140 MAIN STREET
SPENCER, MA
508.885.9343**

**SEE WHITCOSALES.COM
FOR 100'S OF DEALS!**

Store Hours: Mon.-Fri: 10am-9pm • Sat: 9am-8pm • Sun: 12:00pm-7:00pm



Lions President Diane Seely at Uxbridge Municipal Building ready for planting.

Lions Beautify Uxbridge Project really digs pansies

The Uxbridge Lions are preparing those huge flower pots once again to continue to Beautify Uxbridge, maintained for many years by the late Marie Potter and her family and friends and in recent years by the Uxbridge Lions and volunteers. Now it is the Lions Beautify Uxbridge Project. A Spring Pansy Sale is planned to keep the dream alive.

The Lions Club will set up their garden tent at the Ux-

bridge Senior Center at 37 S. Main Street, on Saturday, March 26, from 10 a.m. to 1 p.m. to take pre-orders. Delivery for those orders will be Saturday, April 9, from 10 a.m. to 1 p.m. Pansy purchases can also be made on April 9, while supplies last. Forms for Pre-orders can be obtained at the Senior Center, or by Text at 508-450-2451, by Message at Uxbridge, MA Lions Club, or by Email uxbridge.ma.lions@gmail.com up to April 1.

Pansies are known for their versatile and colorful varieties and are extremely popular with flower growers all over the world. Whether you call them Johnny Jump Up, Love in Idleness or Three Faces in a Hood, you can buy a Pansy Oval, Pansy Market Basket or Pansy Bowl for \$20. The proceeds from the Pansy Sale will benefit the Lions Beautify Uxbridge Project. As a bonus, buy two items and receive a ticket into a drawing for a Spring Garden Basket worth \$50.

Donations for the Lions Beautify Uxbridge Project can be sent to Uxbridge Lions Club, P.O. Box 455, North Uxbridge, MA 01538.

Carl Palmer candidate for selectboard



To the editor,

I'm writing this letter to the citizens of Grafton to introduce myself as a candidate for Select Board. I have been a proud member of this community for 27 years and would be humbled and honored to serve on the board in the town that I call home. I am running because I believe in my heart that we need accurate representation of the people that live in this town. I want to be the voice of common sense for all voters and for those that feel like maybe they haven't been heard.

My family is originally from Grafton, I grew up in Worcester and moved back to Grafton when I was 27 years old and have lived here ever since. I have raised my family here in Grafton; I've been with my lovely wife Christina for the past 23 years and together we have four children, 3 of whom attended Grafton schools. Two of my sons are in law enforcement, one is a Massachusetts State Trooper and the other is in the Department of Corrections. My stepson is a Software Engineer, and my youngest (my daughter) is a Business major at Worcester State University.

I have been an IT professional for 25+ years, the last 7 spent in the area of Cyber Security as a Sr. Cyber Security Analyst. Being in Cyber Security I have to investigate issues with a very analytical nature and mind, I would take the same common sense approach to addressing issues in our town. I understand full well that all of us just really want what is best for the town of Grafton and its residents.

I have also spent the better part of my life trying to give back to the community. I have coached town sports for 14 years. At a previous IT job I developed and managed an IT equipment donation program where I donated previously used IT equipment to non-profits in need and when all my kids left the nest I volunteered for Big Brother, I care.

My goal is for the town of Grafton to be as fiscally responsible and to continue to receive its fair share of state and local aid in order to maintain and update the high level of services this town provides. I also fully support our small businesses, I support our men and women in law enforcement (I BACK THE BLUE) and our first responders; I support our veterans, I'm in favor of affordable housing for the elderly as well as maintaining our conservation lands. I'm also a bit of a history buff and therefore have a deep concern for preserving the small town charm that we all enjoy living here in Grafton.

For all that that know me, people know me as a man of my word, I try to be the best person that I can be. I will count on and listen to constituents for continual input to aid the board with ideas for tough to solve problems. I would like to be your voice on the select board and I would like to count on your voice and your vote on Tuesday, May 17, to help me get there. Thank you for the opportunity to introduce myself to you, please find my "Carl Palmer For Grafton" Facebook page at the following link <https://www.facebook.com/profile.php?id=100078541159743>. I look forward to your comments; let me know what you think, thank you for your time.

Carl Palmer



SHREWSBURY

Marble & Granite, Inc



Biggest selection of marble, granite and quartz.
30 COLORS MARBLE & GRANITE SLABS ON SITE

30

COLORS

ON

SALE

620 Boston Turnpike (Rt. 9), Shrewsbury
1/4 Miles East of Home Depot. (BIG BLUE BUILDING)

508-842-9800

Mon.-Thurs. 8-4; Fri.-Sat. 9-4; other times by appt.

WWW.SHREWSBURYMARBLEANDGRANITE.COM

THE COUNSELING CENTER
AT MILLBURY, MA



GET THE HELP YOU NEED CLOSE TO HOME

World-Class Substance Abuse & Mental Health Outpatient Treatment

The Counseling Center offers a full range of treatment for adults and adolescents in a serene and comfortable atmosphere with flexible scheduling during day and evening hours.

CALL NOW (508) 785-4990

Now here's a tip!

by Jo Ann Derson

- Glass and chrome will shine if you clean them with newspaper. You can mist the paper with water first, but not too much. Rub ... and the shine comes right out, plus no streaks or lint!
- When you are frying up ground beef, add a tablespoon or two of water. It will help the excess grease to pull away from the meat, making it easier to drain off.
- Fresh versus frozen in the seafood aisle: Unless you're at the docks, most seafood in the grocer's fresh fish case is thawed from frozen. Always ask. It's much cheaper to buy frozen and thaw it yourself.

(c) 2021 King Features Synd., Inc.

Grafton FLEA MARKET

Looking to go into business for yourself OR Looking to expand your current business?

Reach 1000s of people a week

Open Every Sunday Starting April 3rd



The Grafton Flea Market is an indoor/outdoor market with hundreds of dealers and has been in operation for over 50 years. Conveniently located at 296 Upton St., Rte. 140 on the Upton-Grafton Town Line

For more information call 508-839-2217 or visit www.graftonflea.com

KOVELS® Antiques & Collecting

By Terry and Kim Kovel

Stoneware Crock

There were many small potteries making stoneware and other ceramics for use in the kitchen, bedroom or farm. Most utensils made in America by the 1800s were made with thick pottery sides in simple shapes with almost no decoration.

The most expensive examples collected today have a design or name on the crock to trace for the age and maker. But unsigned pieces are often identified when sold at auctions. That takes an expert; a family legend is not enough.

Conestoga Auction Company often sells antique and vintage stoneware. Is the side curved or straight? Is there a shaped rim? Is the interior glazed in the same color as the outside or is the inside different? Are there quirks in the shaping of the bottom? These clues can be recognized from a picture, but contact the auction and ask how they knew the maker of the unsigned piece.

This crock is similar to others attributed to Shenfelder Pottery of Reading,



This 1-gallon stoneware crock has the impressed mark of Daniel Shenfelder pottery, proving it was made about 1870 in Pennsylvania. Photo Credit: Kovels

Pennsylvania. It has an impressed mark of the numeral "1" inside a coggle wheel circle. It has a blue hand-painted leafy branch on the outside. "Daniel Peter Shenfelder Reading Pa." is a known mark. The Conestoga catalog said it was "attributed," not definitely identified, but the auction house is close to the pottery building and has sold many stoneware utensils. This crock sold for \$170 after 10 bids.

Whirligigs

Whirligigs were invented centuries ago. They are both toys and tools, indicators of wind direction and the weather. Sources disagree

on where the first were made; it was probably in China about 400 B.C. or by Native Americans about 550 B.C. The whirligig must have a spinning part and a base and many were made in fanciful shapes. The oldest known pictures of a whirligig were in tapestries made in medieval times.



Photo Credit: Kovels This folk-art whirligig shows President Theodore Roosevelt with his monocle and top hat riding a cycle while holding a red paddle that catches the wind and spins. It sold at auction for hundreds of dollars. Photo Credit: Kovels

There are many names and many shapes of whirligigs. Old sources call them pin-wheels, gee-haws, whirlyjigs or whirlys. Vintage examples have waving arms, flags, angels' wings, a man chopping wood, horses running and

much more. They are also popular children's toys or garden ornaments.

A political whirligig was sold by Garth's Auctions in Ohio a few years ago. It is a figure of President Theodore Roosevelt with a top hat and monocle riding on a penny farthing cycle. Roosevelt served from 1901 to 1909, so it must have been made after 1901. He is holding a red counterbalance vane that turns the bike with the wind. The handmade whirligig sold at Garth's for \$865.

Current prices

- Souvenir tablecloth, California, yellow map, cities, multicolor drawings of famous landmarks, turquoise ground, red scallop border, cotton, 1950s, 50 inches square, \$85.

- Advertising, trade sign, boot, figural, sheet iron, tall shaft, stacked heel, painted black and orangey tan, western detailing, late 1800s, 26 1/4 inches, \$780.

TIP: Use protector pads on the bottom of furniture feet. Replace them periodically when they become dirty or very flat.

Looking to declutter, downsize or settle an estate? Kovels' Antiques & Collectibles Price Guide 2021 by Terry and Kim Kovel has the resources you're looking for.

(c) 2021 King Features Synd., Inc.

Get shred-dy for Lions shred event

UXBRIDGE - April means it is time for spring cleaning and the Uxbridge Lions Club means to help you do it. Saturday, April 23, from 8:30 to 11:30 a.m., bring your documents, files, old checks and mail to be securely shredded to be recycled, right before your eyes. Those electronic devices you never quite know what to do with will be guaranteed to be securely destroyed. The location is the VFW Parking Lot at Route 16 and Cross Road in Uxbridge.

For a donation of \$5.00 for a copy paper sized box or for each electronic device, Pellegrino Trucking will shred and send for recycling the paper products while OnSite Computers will handle the secure destruction of electronic devices including phones, electrical cords, DVDs, cameras, USB cables, flat screen monitors, keyboards, radios and stereos.

The Uxbridge Lions have stopped tallying how many

Country music dances

UXBRIDGE - New England Country Music Club Dance will be held Sunday, April 3 with the Rustic Country Band.

Dances are held at the Progressive Club, 18 Whitin St., Uxbridge, doors open at 12:30 p.m. with live music 1-5 p.m. www.facebook.com/NECountryMusicClub

tons of paper have been recycled through these Shred Events over the years, but they figure Pellegrino shreds 2000 pounds each time.

On Saturday, April 23, drivers need only follow the signs and guidance of Lions members at the VFW Parking Lot. No need to even get out of the car.

Fundraisers like this enable the Uxbridge Lions Club to support many community activities like the Uxbridge Senior Center, UHS scholarships, local youth baseball and softball, and individuals needing assistance with sight or hearing issues.

The Uxbridge Lions meet the third Wednesday of each month at the Uxbridge Senior Center at 7 p.m. Contact President Diane Seely at dmseely@hotmail.com for information. New members are always welcome to join the largest service organization in the world whose motto is "We Serve."

Willard House & Clock Museum programming in April

N.GRAFTON — In celebration of its 50th anniversary, Willard House and Clock Museum is rolling out a variety of engaging programs and events, starting this April.

"While Willard is known as a center of expertise for horological subject matter, we are also a museum of 18th century life in all of its facets. Some of my personal favorites are period music, entertainment and eating birthday cake in celebration of Simon Willard's 269th birthday! We are always looking for events which add a new dimension, above and beyond horology to attract diverse interest in the museum among our community," says Executive Director and Curator, Robert C. Cheney, "a museum's 50th anniversary is a rarity among small museums today and is a worthy milestone for a celebration."

The museum is kicking off the celebration with Simon Willard's 269th birthday on Saturday, April 2, from 12:00 to 3:00 p.m. Visitors can enjoy birthday cake, special tours and children's activities.

Mr. Potter's 19th Century Magic Show comes to the museum on Saturday, April 23, from 1:00 to 3:00 p.m. Vet-



Grain Thief at Willard House & Clock Museum.

eran magician, Robert Olson, brings Richard Potter's 1800s magic to audiences, using original and recreated props (cards, coins, ribbons and boxes) as well as costumes and the language that was used during that period— all used to carry the audience back in time. His prior appearance here was standing room only! Learn more about Richard Potter: https://geniimagazine.com/wiki/index.php?title=Richard_Potter

Though a generous donation from Gaudette Insurance of Whitinsville, award winning Americana string band, Grain Thief kicks off the Willard House & Clock Museum Music Series on Saturday, April 30, from 7:00 to 8:00 p.m. Weather permitting, the performance will be held in the Willard barn. Weather not permitting, the concert will be held in the museum's main gallery. Check out Grain Thief: <https://grainthief.com/home>.

Lucente Jewelers

Turn Your Old Jewelry into

CASH

HIGHEST PRICE PAID

for your Diamonds, Gold, Silver & Platinum

GOLD IS TRADING AT AN ALL-TIME HIGH!!



Available for a private consultation

508-839-0028

Rte. 122, One Hollywood Dr., North Grafton

HRS.: Mon., Tues., Wed. & Fridays 10am-4pm

Paws corner

Surrendering a pet

By Sam Mazzotta

DEAR PAW'S CORNER: When my grandmother passed away last fall, she left behind two beautiful cats. No one else in the family

wanted to take care of them, so I took them in. However, I'm financially unable to care for them long-term, and the apartment complex

I live in does not allow pets. I'm on borrowed time (and money) at this point, and praying that my apartment manager doesn't find out about the cats. I contacted a shelter nearby to find out if they will accept the cats. They said there is a "surrender fee" of \$200. No way can I pay that; I'm on a fixed income. What alternatives do I have? - Sherrie R.

DEAR SHERRIE: I'm sorry to hear about your predicament. You have extended your home and finances to care for two cats in need,

and I salute you for it. But you're right: the current situation is not ideal for you or the cats.

When preparing to surrender a pet, the receiving shelter will request that you try every possible option first. Many shelters will provide advice and limited assistance for pet owners going through this. One option would be for you to contact family members and friends directly (not on public social media posts) to ask if they would be able to adopt the cats.

If a surrender to the shelter is the last resort, contact your family to see if they can chip in for the surrender fees. After all, you've already taken on the cost of food, supplies and maybe medical care for them. You've taken on the risk of losing your

lease, too. Speak calmly with your relatives about sharing the cost. Best of luck.

Pets keep owners fit and healthy

DEAR PAW'S CORNER: I've read that pets can keep seniors healthy, through reducing stress, etc. How does that work? - Joel P.

DEAR JOEL: Researchers have found that seniors who own pets have a reduced rate of stress-related ailments, so they've theorized that having an animal companion helps seniors feel less alone and somewhat empowered as they care for a cat, dog, fish or other pet. The unconditional love and affection that pets provide can help their owners feel needed and important, and can help to enhance their quality of life. So, the simple act of caring for a pet can

create a longer, happier life for many people.

But there are more benefits to pet ownership. Owners are more likely to interact with other animal lovers. They tend to exercise more than pet-less people - especially dog owners, who must take their pooches for frequent walks.

Of course, if a senior doesn't want a dog or cat, the idea shouldn't be pushed. Owners must be able to care for, walk and feed their pets, and provide training and activities. Not everyone can meet these requirements. There also are financial considerations, such as regular veterinary care, food and medicine.

An alternative to owning a pet is to visit one (or have one visit) occasionally. There are organizations across the United States that sponsor pet visits for seniors who love animals but cannot care for one full-time. These visits help provide some of the health benefits of pet ownership to those who otherwise would not receive them.

If nothing else, take time out to say hello to the neighbor's dog, or spend time with relatives and their pets. They'll love the attention, and you'll love the stress relief that pets can provide.

(c) 2022 King Features Synd., Inc.



Colin's Property Maintenance

- Tree Removal
- Tree Trimming
- Bobcat Work
- Storm Damage
- Clean Outs
- Trash Removal

Fully Insured **774-230-9080** Free Estimates
 CHARLTON, MA
 ~ Servicing Worcester County ~

**154 Riverlin St.
 Millbury, Ma. 01527
 508-865-8155**

- Grooming
- Daycare
- Boarding

by Kelly Hauk



BEST OF CENTRAL MASS
 Best Pet Groomer 2016 & 2017

www.barknbubblesmillbury.com

WWW.TLCPETHAVEN.COM

Over 30 years in Business
 Denise and Bill Jones



Dog and Cat Grooming & Boarding
 Luxury Suites Available
 Doggie Daycare
 In-Home Services Available

PET HAVEN & Mobile Groom-In-Vans
 68 US Route 146, Sutton MA • 508-865-3180



Come work for an awesome team, and be proud of the work you do!

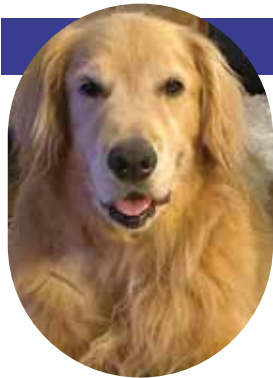
Job Corps is a career training and education program for students ages 16 through 24 who meet low-income requirements, designed to help students find a path to personal and career success.

We are recruiting for the following positions:

- Assistant Cooks
- Bookkeeper
- Residential Advisor
- Residential Coordinator
- Medical Clerk part-time, 20 hours/week
- Career Transition Specialist

We offer a robust benefit package for full time employees working 30 hours a week or more! This includes: Medical/Dental/Vision, Health Saving/Flexible Spending Account, Group Term Life and A&D, Voluntary Life and AD&D, Short/Long Term Disability, 401K (after one year of service), vacation/sick time and 11 paid holidays. Adams and Associates, Inc. is a **100% employee-owned organization** employing more than 2,000 staff members at 17 locations, including 13 Job Corps sites across the country. We provide academic and vocational training services to approximately 11,000 young people from ages 16 to 24 each year. Adams has offices in Reno, NV, Columbia, MD, and Worcester, MA to provide support and expertise to our Job Corps locations. **We are an Equal Opportunity Employer**

Careers Begin Here!



Living ON with Lincoln

A March Puppy

By Amy LeClaire

New England winters are far too long. By late February we're craving sunshine, inspiration and sandals. We need something to look forward to, something more fun—something that smells like a puppy.

I couldn't be happier with news that fell on my lap last Thursday night (on February 24). We were number 11 on Cloverdale's list for a 2022 puppy, a confirmation made last June with Lincoln's nod of approval. The dogs were part of his ancestry. So, when Cloverdale's beautiful Molly gave birth to a litter of eight puppies during a January 31 blizzard (requiring immediate attention from owner Jane Zimmerman, who prepared for the safety and care of her dame's scheduled caesarean section), puppy parents sighed in relief. Meanwhile, my husband and I counted our blessings. We would receive a puppy from the next litter, having moved up to spot #3; and though no birthing timelines are ever exact, we estimated a late spring litter.

In the meantime, we would enjoy a clean home, perhaps a few spontaneous vacations, and a few more lazy mornings. Everything was falling into place. Yet something was amiss. Our Empty Nested home was beginning to feel like a blank piece of paper with a checklist. Floors, done. Grocery shopping, done. Work projects, done. Tasks were stitched together in one suspicious line. As a creative (dogless) person, I felt a bit frayed at the seams. I missed the

mayhem and mess of a dog. I missed coloring outside of the lines. Nothing is more motivational to a story deadline than the heated stare of a ninety-pound Golden, a ball wedged at the side of his mouth, muddy paws. "Can you wait a few minutes, Lincoln?" His head tilted to the word wait. Then he'd lay to rest, head over paws, and that expression alone (what about Lincoln?) forced me to be more productive. There's time for work. There's time for play.

Amid both, have you ever noticed how dogs lighten our loads, and make what's, perhaps, too-perfect, a bit more precarious? Take the dog involved in a serious training session; but he's more interested in the scent of ketchup on the expert's sleeve. Or (in Lincoln's case) the one who finds the small, obscure spot of exposed leather in the backseat of a new car that's been covered with a mat. A dog lives with innocence and irony and, in the process, they pull us away from the noise of life. "Look at that person going for a walk!" His big blonde head would bloom to the sight of a new person, head out window. "We'll go for a walk later, Lincoln." He'd freeze to

my words, connecting fully with my promise. "Sounds good." Then he'd move back to the window, a new moment upon him.

"Would you like a puppy from this litter, Amy?" The text message fell over me like confetti. I grabbed my phone, paced, and checked for punctuation, for meaning. "Is this really happening?" A peppery heart beat and follow-up phone call led to a blessed truth. Cancellations happen. We had moved up on the list and were able to take home a puppy from the litter of Molly and Mister Big, a Martha's Vineyard stud. I used a foolishly large Sharpie (the first writing utensil available) to etch down doodles of puppy notes on a calendar, then hung up. "We're getting a puppy!! And it's happening in one month!" I spat the news to my husband, then allowed it to sail off with me to Impact Fitness, where I was scheduled to teach a 6:30 Zumba class. I parked and collected my thoughts. I agreed to get back to Jane in one day with a firm decision. There was no pressure. That puppy would be scooped up in seconds should I decline. But my heart knew. I found myself typing. "We'd love

to take home a puppy from your current litter and, additionally, keep our spot for the fall litter!" Who needs an entire day to think? Fate had just lined up two puppies in the time frame we had hoped for—six months apart in age. The next litter was going to be available in the fall (at the earliest).

"I can feel your puppy. I can even smell him." Margaret, one of my Zumba members, sensed my good news as I breezed into class. I couldn't hold back my love for my March puppy. He was already with me.

Luke was about to be blessed with love.

"Thank you for including me in his name, Mom." The pup's name had emerged easily. A biblical name meaning Healer, it came with hope in the wake of global illness, political unrest, and mental instability. It came with good news and presence. Dogs do this for us. They remind us that we will all be okay. Along with that, it came with connection to Lincoln. "Both your names begin with the letter L and have the hard C sound, Lincoln."

"But mine has two syl-



Lincoln reminds me - everything will be okay.

lables. Luke only has one." "No one will ever compare to you Lincoln."

I see him smiling up at me, a touch of humor in his eyes. "I guess he can have my light blue ball."

Stay tuned for more puppy news as, together, we celebrate more dog adventures in Living with Luke.

Write to me - amyleclaire@hotmail.com



Every day is a good day.



A Senior Lincoln guards his blue ball.

PERFECT PAW
46 Providence Road, Northbridge



*Healthy Pet, Healthy You
Means a Healthy Life!*

• Family Owned
• Award Winning Groomer


(508) 779-7448

Theperfectpaw.net
facebook.com/ThePerfectPawMA

FOR YOUR PERFECT PET

Gibson's
Natural Pet
Resort


Lodging ~ Daycare ~ Grooming
Training ~ Pet Supplies



Hours:
Mon.-Thurs.
6:30am to 6pm
Fri. 9:30am-4pm
Sat. 8am to noon
Sun. 5pm to 6pm only

139 Upton St. (Rt. 140), Grafton, Ma 01519
Phone: 508-839-1757 Fax: 508-839-1736

Grafton@GibsonsNaturalPet.com
www.GibsonsNaturalPet.com



Tales from beyond

The ghostly crew of the Charles Haskell

By Thomas D'Agostino

The eerie accounts of the Charles Haskell and its fated crew stand to this day as one of the most retold tales of the New England coastal ghosts. The ghostly phenomena witnessed by a whole crew makes this following account all the more reputable.

The Charles Haskell was built in 1869. She was a beautiful schooner that any captain would be proud to sail, but tragedy beset the boat before it ever left port. A workman making one last inspection slipped and broke his neck. Such a tragedy makes superstitious sailors think twice about boarding a cursed ship. The original purchaser immediately backed out of the sale, and the schooner sat dormant

until a brave captain named Clifford Curtis purchased the boat and set sail for Georges Bank with his crew.

That winter, as the ship was anchored in the fishing grounds of Georges Bank, a terrible storm blew in. There sat many other fishing vessels moored in the bountiful shoals. The captain feared other boats might lose their anchor lines and smash into the Haskell. He ordered the lines cut for maneuvering purposes. This proved to be a fatal move as the ship crashed into another schooner, the Andrew Johnson, out of Salem. Salem's vessel sank quickly, taking all ten crew members to their graves. The Charles Haskell was damaged but stayed afloat.

A few months later, the vessel was repaired and set sail once again for Georges Bank. The crew fished for several days undisturbed until the most terrifying incident changed their lives forever. As the midnight air descended to an intolerable chill, ten phantom fishermen in oilskins floated over the railing of the boat. They silently began manning invisible nets, baiting unseen hooks, and going about the tasks of a well-seasoned fisherman. Captain Clifford Curtis and his crew stared in disbelief at the apparitions. At one point, the captain mustered enough courage to approach the specters but was immediately froze

in his tracks when they turned towards him with black holes of the dead for eyes and unearthly disdain on their faces.

The ghostly crew resumed their duties until dawn. At that point, they climbed over the railings and vanished into the sea. The Charles Haskell sailed at breakneck speed for the Port of Gloucester. Unfortunately, breakneck speed in those days was not enough for them to reach dry land safely before another night saw them once more, in the company of the phantom fishermen. This time as the ghostly crew pulled in their invisible nets and lines, they climbed over the railing, stared at the captain and



crew for a few moments, then began walking across the water towards Salem Harbor.

Once in port, the schooner was immediately abandoned and never saw the fishing grounds of Georges Bank again. Some say that the Charles Haskell sat in the Gloucester port until it fell into ruin, as no one would dare board the haunted ship. Another account states that a Nova Scotia merchant purchased the vessel and took it away. Either way, Gloucester was eventually rid of its haunted schooner. As for what

became of the ten ghostly crew members, many who fish Georges Bank will tell you that sometimes they see things or receive help from unseen hands. Perhaps the spirits are still hard at work helping the fishermen from Salem before finally coming to port after such a long time at sea.

Thomas D'Agostino and his wife Arlene Nicholson are seasoned paranormal investigators, authors, and co-organizers of Paranormal United Research Society. You can find out more about them by visiting www.tomdagostino.com.

RETAIL METAL SALES

Open To The Public



**Mild Steel • Stainless Steel
Aluminum • Abrasion Resistant
Hot Rolled • Cold Rolled**

**Sheared • Plasma Cut • Bent
Rolled • Saw Cut • Punched
Drilled • Welded • Fabricated**

*Whether you need 1 piece
or a truck load, we can
accommodate you!*



ACCURATE METAL
Sales & Fabrication
A Division of Industrial Transfer & Storage, Inc

508-765-4929
529 Ashland Ave • Southbridge
accuratemetalsales.com
Hours: Mon-Fri 7am-5pm

Design Services
Mig & Stick Welding
AWS D1.1

QUALITY BUILDING MATERIALS

FOR ALL YOUR NEW CONSTRUCTION AND REMODELING NEEDS!

PROFESSIONAL SERVICE • FREE DELIVERY • ESTIMATING

Lumber & Plywood • Windows • Doors • Millwork • Roofing • Insulation • Decking
Rail Systems • Siding • Hardwood • Fasteners • and Much More!



C&S LUMBER
CO., INC.

Family Owned And Operated Since 1952.
124 Main St., Millbury
cslumberco.com • 508-865-4822

Mon. - Fri. 7:30 a.m. - 5 p.m. • Sat. 7:30 a.m. - Noon





- The movie "The Godfather" does not contain the words "mafia" or "la cosa nostra" because of a deal struck between the producer and the mafia.
- Limping became a fad in Victorian England when young women admired the genuine limp of Alexandra of Denmark, bride of the Prince of Wales, and went around fake limping (the "Alexandra Limp."). Shopkeepers even sold pairs of shoes with one high and one low heel!
- The stick – as in a small tree branch – was inducted into the U.S. National Toy Hall of Fame in 2008.
- In 1858, a brawl involving 50 congressmen broke out on the U.S. House floor. It ended when someone knocked off a man's wig, which was then accidentally put on backwards, causing both sides to laugh and stop fighting.
- God and Jesus are the only characters in "The Simpsons" to have five fingers on each hand and five toes on each foot.
- New Zealand is not part of any of the world's seven recognized continents but is instead situated upon the submerged continent of Zealandia.
- Former NASCAR driver Dick Trickle drilled a hole in the front of his safety helmet

- and installed cigarette lighters in his race cars so that he could smoke while racing. NASCAR permitted it during race caution periods.
 - A startup company called Juicero lost \$120 million of investor money after customers realized the contents they put in their \$700 juicing machine, which squeezed bags of pre-sliced vegetables into juice, could actually be squeezed faster by hand.
 - Valentina hot sauce was named for the intrepid Valentina Ramirez Avitia, who at 17 posed as a man to join the Mexican Revolution. She made it all the way to the rank of lieutenant before being expelled upon the accidental discovery of her braids.
 - Missing a remote? Try looking where you last sat: A 2011 study found that 49% of the time it was in a couch, while 8% were found in the bathroom, another 8% in a dresser drawer, 4% in the fridge/freezer (your guess is as good as ours on that one) and 2% turned up outside.
 - Twelve-year-old Rhiley Morrison swallowed 54 magnetic balls to see if he could get metal to stick to his stomach, as well as what they looked like when he went to the toilet. He survived the experiment after six hours of surgery and a two-week hospital stay.
 - In 2016, the Swiss city of Lausanne banned "silent disco" events because they were too noisy.
- (c) 2022 King Features Synd., Inc.

Q & A with The Car Doctor

John Paul is AAA Northeast's Car Doctor. He has over 40 years' experience in the automotive business and is an ASE certified master technician. He will answer reader's questions each week. You can find the Car Doctor podcast at www.johnpaul.podbean.com or other popular podcast sites. Email your car questions to jpaul@aanortheast.com. Follow John on Twitter @johnpaul and friend him on facebook [mrjohnpaul](https://www.facebook.com/mrjohnpaul)



Q. I have a 1993 Nissan. It is a good car despite its age. However, as the battery aged, putting on the heater, and defroster may kill the battery. What help can you give me to help the battery to maintain the heating load, and not die?

A. In this case, the battery may not be the entire problem. Any car, even as it ages should be able to run using the heater and defroster without any battery issues. I would start with a test of the battery and then look at the alternator output. The minimum output at 2500 RPM engine speed is 60 amperes. Prior to testing the alternator look at the drive belt. If the belt is slipping, the alternator won't be able to maintain the battery.

Q. I'd like your opinion on two vehicles I'm considering. One is the Kia Niro EX Premium, and the other is the Subaru Crosstrek Sport or Limited. I was pretty much settled on the Crosstrek, but the gas mileage on the Niro has me considering it. I've never had a Kia, so I'm concerned about reliability. Any thoughts?

A. The Subaru has an advantage. If all-wheel-drive is an important feature, it may be worth any trade-off in miles-per-gallon over the Kia. Regarding Kia quality, over the past couple of years, there has been some engine issues with select models, but overall reliability has been quite good. If the Kia Niro fits your needs and you like it, I would not hesitate to buy one.

Q. I have a 2014 Honda CRV with 52,000 miles. When I am accelerating normally from 25 mph to around 40 mph, sometimes I feel the engine is bogging down and has this shuddering/vibration. Is this a known issue and what can I do to fix it?

A. If the engine is running properly, I would be looking at a possible transmission issue. Honda did issue a technical service bulletin with a computer up-

date and transmission fluid replacement. In some cases, the transmission may need to be replaced. Since you are out of warranty, I would try changing the transmission fluid (use only Honda fluid); in many cases this cures this symptom.

Q. We are the original owners of a 1995 Chevy Suburban 1500. We have done all maintenance on the truck except we have never replaced the timing chain or water pump. Do I need to replace these items, or can I just wait? I don't want to do any damage to the motor, it only has 101,000 miles on it.

A. If the vehicle has been properly maintained the timing chain should last the life of the engine. Regarding the water pump, at this age a replacement could be considered as preventative maintenance. If you decide not to replace the water-pump, periodically check it for leaks

and wear at the shaft bearing. If there are no leaks and no movement in the water pump shaft it could last for many more miles.

Q. My Toyota Corolla has 90,000 miles on it. When should the serpentine belt be replaced? Recently I had front and rear brake work done and the shop recommended belt and brake fluid replacement. Can you give me an estimate on how much it would cost?

A. There was a time when fan belts (drive belts) were replaced every three years or 36,000 miles. Over time with improvements in belt design we are now seeing the typical life of a serpentine drive belt 10 years or 100,000 miles on average. Regarding brake fluid replacement, AAA engineering studies have shown that it is beneficial to replace brake fluid every three years. The typical cost is \$80-\$130 depending on labor rates.



Quality construction since 1975

• Custom Homes • Additions • Garages

FULLY INSURED & LICENSED #008182

Website: Heneyconstruction.com
 Email: djh@heneyconstruction.com
 Mobile: 508-922-9253 Office: 508-476-7900 X12

MA & ISA Certified Arborist

Full Circle

T·R·E·E·C·A·R·E

Insect and disease diagnosis and treatment #16339

Specimen and ornamental tree and shrub care

Since 1989

Dwight A. Bristowe
 Office: 508-476-3258
 Cell: 508-523-9631
www.FullCircleTreeCare.com

KEARNS



COLLISION Repair

FREE ESTIMATES • QUALITY SERVICE

1734 Providence Rd., Northbridge, MA • 508-234-5211
 Thomas F. Colonair Jr.
www.kearnscollision.com



Landscape & Masonry Materials

SPRING HAS SPRUNG!

Bulk Loam • Mulch • Stone • Compost
Garden Fertilizers • Controls • Repellants
Grass Seed • Drainage Pipe • Fire Pits
Bluestone • PA Fieldstone • Granite • Flagstone
Cobblestone • Palletized Stone • Wood Pellets
Chimney Supplies • Concrete & Mason Sand
Concrete & Mortar Products
UniLock Pavers and Walls

Delivery Available

Homeowners & Contractors Welcome!



2677 Broncos Highway
Nasonville, RI
 (Former Roots & Shoots)
401-769-4286

Monday - Friday 7am - 4pm • Sat. 7am - 12pm



COMPLETE AUTO GLASS SPECIALISTS

- Chip & Crack Repair
- Windshield Replacement
- FREE Mobile Service



MOBILE AUTO GLASS SPECIALIST

Insurance Company Preferred Shop.

- Certified technicians to your location
- In-shop service • Free mobile service
- Foreign & domestic auto, truck, bus, motor home, windows & sunroofs
- Saturday service
- Construction equipment, heavy duty vehicles
- Free pick-up and delivery within a 10 mile radius
- Fabrication of flat glass
- Quality workmanship guaranteed
- Customer safety and satisfaction is our first priority
- Vehicles equipped with convertible or vinyl roof
- Servicing customers for over 25 years

201 W. Main Street, Dudley, MA 01571
800-479-7697 • 508-949-1327

Monday-Friday 8am to 5pm • Saturday 8am to 12pm

Visit Us at roysautoglass.net

WANTED

Junk Cars & Trucks • Large Equipment
 (Tractors, backhoes & trailers)

PAYING \$150-\$600 CASH



• NO TITLES NEEDED

• FREE PICK-UP

7 DAYS A WEEK!

CALL 401-639-9398

King Crossword

ACROSS

- 1 Taj Mahal city
- 5 Chatter
- 8 Pugilist's weapon
- 12 Regrets
- 13 Half of bi-
- 14 Bygone Peruvian
- 15 Diamond parts
- 17 Miles away
- 18 Thai or Korean
- 19 Oscar contenders
- 21 Leaves
- 24 Medit. nation
- 25 Buckeye State
- 28 Take five
- 30 Yoga pad
- 33 Mafia boss
- 34 Emulate Lincoln
- 35 Bedazzle
- 36 Dict. info
- 37 Nick and Nora's pet
- 38 Arm bone
- 39 Fireplace residue
- 41 Luminary
- 43 Charlton Heston film
- 46 Seraglio
- 50 Aware of
- 51 Endless time or space
- 54 Burning heap
- 55 Automobile

| | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | | 5 | 6 | 7 | | 8 | 9 | 10 | 11 |
| 12 | | | | | 13 | | | | 14 | | | |
| 15 | | | | | 16 | | | | 17 | | | |
| 18 | | | | | | | 19 | 20 | | | | |
| | | | 21 | | 22 | 23 | | 24 | | | | |
| 25 | 26 | 27 | | | 28 | | 29 | | | 30 | 31 | 32 |
| 33 | | | | | 34 | | | | | 35 | | |
| 36 | | | | | 37 | | | | 38 | | | |
| | | | 39 | 40 | | | 41 | | 42 | | | |
| 43 | 44 | | | | 45 | | | 46 | | 47 | 48 | 49 |
| 50 | | | | | 51 | 52 | 53 | | | | | |
| 54 | | | | | 55 | | | | 56 | | | |
| 57 | | | | | 58 | | | | 59 | | | |

- 56 Sci-fi fleet
 - 57 Declares
 - 58 Lock opener
 - 59 Faxed
- DOWN**
- 1 Met solo
 - 2 Weaponry
 - 3 Mortgage again, for short
 - 4 Italian cheese
 - 5 Actor Brynner
 - 6 Moreover
 - 7 Galileo's birthplace
 - 8 Decreases
 - 9 Casual planet
 - 10 Cicatrix
 - 11 Old salts
 - 16 Rock's Brian
 - 20 Refer to
 - 22 Messes up
 - 23 Plane assignments
 - 25 Peculiar
 - 26 Garden tool
 - 27 Foot soldiers
 - 29 Sports figure?
 - 31 Bristle
 - 32 Chai, e.g.
 - 34 Diamond Head locale
 - 38 Seventh
 - 40 Loafers, e.g.
 - 42 Sashimi fish
 - 43 Conks on the head
 - 44 "May It Be" singer
 - 45 "Casablanca" cafe owner
 - 47 Teeming
 - 48 Harrow rival
 - 49 Island in a computer game
 - 52 Scot's refusal
 - 53 Saute

© 2022 King Features Synd., Inc.



• On April 3, 1776, the Continental Congress, lacking sufficient funds to build a strong navy, gives privateers permission to attack all British ships. Any goods captured by the privateer were divided between the ship's owner and the government.

• On March 31, 1959, the Dalai Lama, fleeing the Chinese suppression of a national uprising in Tibet, crosses into India, where he is granted political asylum. With the beginning of the Cultural Revolution in China, suppression of Tibetan Buddhism escalated, and practice of the religion was banned and thousands of monasteries were destroyed.

• On April 1, 1963, the ABC television network airs the premiere episode of the daytime drama "General Hospital." The enduring soap opera would become the longest-running serial program produced in Hollywood.

(c) 2022 Hearst Communications, Inc. All Rights Reserved

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | N | E | S | A | K | S | A | V | A | | | |
| S | O | F | U | R | A | V | E | H | A | P | | |
| A | I | N | I | N | I | O | I | N | O | | | |
| M | E | R | H | F | U | H | N | E | B | | | |
| | | | | | | | | | | | | |
| V | A | N | L | A | S | H | S | A | V | | | |
| E | A | M | A | V | A | R | O | N | O | | | |
| T | A | M | A | T | S | T | E | R | E | O | H | I |
| | | | | | | | | | | | | |
| S | R | O | T | A | C | A | N | V | A | S | | |
| A | F | A | R | A | F | S | I | L | D | S | I | N |
| A | N | C | A | I | N | I | N | I | A | R | E | S |
| A | G | A | V | A | A | P | A | V | A | A | S | I |

Solution time: 24 mins.
Answers
— King Crossword —

Help tell the story of newly opened Samuel Slater Experience

Volunteers needed

WEBSTER - Slater Experience Guides are volunteer hosts of the Samuel Slater Experience (SSE) who support and enhance visitors' experiences throughout their tour of the museum.

As knowledgeable emissaries, they greet visitors, assist with self-guided tours, supply transitional and anecdotal information for each exhibit, explain the digital technology and techniques used, and answer specific questions about the Samuel Slater story, the founding of Webster, and the history of the Samuel Slater Experience.

Requirements
Slater Experience Guides are expected to share an interest and enthusiasm for the history of the American Industrial Revolution and the town of Webster.

They should have good people skills and the ability to actively interact with children, school groups, and adults in public speaking settings.

Volunteer Experience Guides are asked to make a one-year commitment and be available for at least two

3-hour shifts per month during SSE's hours of operation, including at least two weekend days each quarter.

SSE will provide periodic training sessions covering all aspects of the museum, the technology, and the building. Slater Experience Guides must be able to attend Slater Experience Guide Orientation and Training and are expected to review additional material as periodically provided or approved by SSE in order to stay up to date on any changes, additions or deletions, and to broaden their knowledge of our mission.

Benefits
Experience guides will receive a family pass for free entry to the museum during their tenure as volunteers. They will receive a 20% discount in the gift shop, a 20% discount on event rentals, and invitations to special events.

For an application form, contact Reanna Kuzdzal at 528-461-2955 or email rkuzdzal@samuel Slater Experience.org. Applicants will be asked to come in for an in-person interview.

Resource directory

ads@TheYankeeXpress.com

home

CAPITOL SIDING & HOME IMPROVEMENT COMPANY, INC.

Custom Exteriors • Vinyl Siding Replacement Windows Roofing • Seamless Gutters

MARK SARKISIAN, JR.
markjr@capitolsiding.com
www.capitolsiding.com

30 Auburn Street
Auburn, MA 01501
Tel 508-832-5981
Fax (508) 832-0464

SOCHIA'S OIL & GAS INC.

13 Cook Street
E. Douglas, MA
508-476-2278
www.SochiasOil.com

FUEL OIL - PROPANE - KEROSENE

SALES • SERVICE • INSTALLATION

Service: WHITINSVILLE, UXBRIDGE, DOUGLAS, SUTTON, MILLVILLE, MENDON, UPTON, MILLBURY, WEBSTER, GRAFTON, OXFORD, DUDLEY, HOPEDALE

Heating - Air Conditioning
24 Hour Burner Service

GI Joe Figures & Vehicles Wanted



From the 1980s and 1990s

Please call 860-933-5549

automotive

LEGACY LOCKS & SECURITY

LOCKS • DOOR HARDWARE • KEYS
Commercial • Residential • Industrial

Joshua Young
LegacyLocks508@gmail.com **508-207-2851**

A.P. Mandella Landscaping

STUMP GRINDING
Chip Removal
LOAM & SEED
Small Backhoe services

Call Anthony @ 508-340-1640
Auburn, MA

Fully Insured
Free Estimates

290 Providence Rd.
S. Grafton, MA

Kris Sutton
kris@streetcarsolutions.com

STREET CAR SOLUTIONS

StreetCarSolutions.com
508-839-7071

Economy Canvas & Awning Co.

Retractable & Stationary Awnings
Boat & Truck Covers and Related Products

Pool Cover Repairs
Over 34 years of service in the community

• Full Awning Service - Installation, Removal & Cleaning
• Manufacture & Repair All Canvas Products

115 Hamilton St., Southbridge, MA
508-765-5921
www.EconomyCanvasAndAwning.com

BLACKSTONE VALLEY Xpress
CROSSTOWN ADS AND BUSINESS NEWS

Your source for business, community news and advertising.

ads@theyankeeexpress.com
news@theyankeeexpress.com
Put your ad to work here!

RIVERS EDGE

HEAVY TOWING
& Truck Trailer Repair
508-278-9924

RE: Real Estate



Mark Marzeotti

If you're thinking of selling your house this year, timing is crucial. After all, you'll want to balance getting the most out of the sale of your current home and making the best investment when you buy your next one.

If that's the case, you should know you may be able to get the best of both worlds today. Here are four reasons why this spring may

This spring presents sellers with a golden opportunity

be your golden window of opportunity.

1. The Number of Homes on the Market Is Still Low

Today's limited supply of houses for sale is putting sellers in the driver's seat. There are far more buyers in the market today than there are homes available. That means purchasers are eagerly waiting for your house. Listing your house now makes it the center of attention. And if you work with a REALTOR to price your house correctly, you can expect it to sell quickly and likely get multiple strong offers this season.

2. Your Equity Is Growing in

Record Amounts

Homeowners are sitting on record amounts of equity thanks to recent home price appreciation. Reports show that the average homeowner has gained \$55,300 in equity over the past year.

That much equity can open doors for you to make a move. If you've been holding off on selling because you're worried about how rising prices will impact your next home search, rest assured your equity can help fuel your move. It may be just what you need to cover a large portion - if not all - of the down payment on your next home.

3. Mortgage Rates Are Increasing

While it's true mortgage rates have already been climbing this year, current mortgage rates are still below what they've been in recent decades. In the 2000s, the average mortgage rate was 6.27%. In the 1990s, the average rate was 8.12%.

For context, the current average 30-year fixed mortgage rate, according to Freddie Mac, is 3.85%. And while recent global uncertainty caused rates to dip slightly in the near-term, experts project rates will rise in the months ahead.

When that happens, it'll cost you more to purchase your next home. That's why it's important to act now if you're ready to sell. Contact

Marzeottigroup who can connect you with a trusted advisor to kickstart the process so you can take key steps to making your next purchase before rates climb further.

4. Home Prices Are Climbing Too

Home prices have been skyrocketing in recent years because of the imbalance of supply and demand. And as long as that imbalance continues, so will the rise in home values.

What does that mean for you? If you're selling so you can move into the home of your dreams or downsize into something that better suits your current needs, you have an opportunity to

get ahead of the curve by leveraging your growing equity and purchasing your next home before prices climb higher.

And, once you make your purchase, you can find peace of mind in knowing ongoing home price appreciation is growing the value of your new investment.

Bottom Line: If you want to win when you sell and when you buy, this spring could be your golden opportunity. Call Marzeottigroup.com today or get connected with a local real estate professional so you have the insights you need to take advantage of today's incredible sellers' market.

BVT to host annual golf tourney

UPTON - It's not a day at the beach; it's so much better! It would be a hazard if you didn't register now for BVT's 23rd annual Golf Tournament to be held on Monday, June 13, at Highfields Golf & Country Club. A fun-filled day of golfing will benefit the Valley Tech Education Foundation and Athletic Department activities and programs.

Your registration (individual golfer \$150/golf foursome \$125 per person) includes 18 holes on the championship course, a golf cart, delicious snacks, a silent auction, and raffles, all to help support a special cause. Not a golfer, sponsor a tee, a putting green, or a cart to display

your company name in the program proudly and during the event.

The day promises to be full of fun and friendly competition. For all tournament details, to view sponsorship opportunities, donate a raffle item, access the online golfer registration and payment portal, visit www.valleytech.k12.ma.us/golftournament. Register today to secure your spot.

Maribeth Marzeotti
Broker Associate/GRI/SRES

RE/MAX ADVANTAGE 1

25 Union Street, 4th Floor
Worcester, MA 01608

508-864-8163
MBMarzeotti@gmail.com
www.MarzeottiGroup.com

Maribeth Marzeotti Realtor

Lake Realty

Maureen Cimoch
Real Estate Consultant

Cell 508.769.9211

111 East Main Street, Webster
www.LakeRealty.net
www.WebsterLake.com or .net

DRIVER AVAILABLE
Semi-retired, part time/full time, CDL, medical card, perfect driving record.
774-502-6146

BLACKSTONE VALLEY Xpress
Support the advertisers in the Blackstone Valley Xpress

5-STAR RATING Google

GAF

BBB

Certified

Licensed in MA
Registered in: RI, CT, & NH
Financing Options From ENHANCIFY
We work with Home Insurance Companies

CONTACT US FOR A FREE QUOTE!
508-278-3300
www.shineconstructioninc.com

SHINE CONSTRUCTION INC
NEVER ROOF AGAIN

SERVICES WE OFFER:
Roofing Skylights Gutters
Siding Windows & Doors Decks

THOMPSON
Landscaping & Construction

- DRAINAGE • POOL FILL-INS
- LAND CLEARING • FULL LAWN INSTALLS
- EXCAVATION • STONE & GRAVEL DRIVEWAYS
- PATIOS • RETAINING WALLS • WALKWAYS
- LAWN CARE • MULCH

Eben Thompson

Millbury, MA • 508-523-7790
Ebthompson36@gmail.com
Free Estimates • Fully Insured

Countryside Garage Doors

430 Main St., Oxford, MA

We repair all makes and models of Garage Doors and Electric Openers

- Commercial and Residential -

Visit our display by appointment

Renew your home's appeal with a new garage door.
Many new styles and colors to choose from.

Sales • Service • Installation

800-605-9030 508-987-8600
www.countrysidedoors.com email: countrysidedoors@aol.com

FOR ALL YOUR FUEL NEEDS

NEW BOILER INSTALLS

- Crown Boilers
- Williamson Furnaces
- Oil Tank Installs



ALL NEW INSTALLS COME WITH A 3 YEAR PARTS AND LABOR WARRANTY, AS WELL AS THE MANUFACTURERS WARRANTY.



We do NOT Sell Biofuel!

Which will help prevent system breakdowns.

Central air conditioning and ductless mini splits

HELP WANTED -

Class B CDL driver with air brake, tanker and hazmat endorsements. Must have DOT Medical Card.



A Full Service Oil Company
24-Hour Emergency Service

WWW.LMTOIL.COM • WE DO ONLINE ORDERING



BLACKSTONE VALLEY'S LOCAL DESTINATION FOR ALL THINGS CLEAN

- Automatic Tunnel Wash
- Heated Indoor Self-Serve Bays
- Saber Touchless Wash
- Pet Wash Stations
- OPEN 24 hours a day
- Interior Cleaning Services
- 10 Self-Serve Vacuums

Join our **VIP PLATINUM** club for Free Monthly Washes & Discounts



Gift Cards & Wash Packages Available Online
WWW.FITZYSCARWASHES.COM

85 Worcester St
North Grafton, MA
508-839-5250

Ray's

AUTO BODY

Quality Workmanship

Over 35 Years in Business • I-Car Gold Certified
On All Insurance Company Lists
Every Vehicle Must Pass a 25 Point Safety Inspection



FREE RENTAL
NEVER PAY FULL DEDUCTIBLE!

188 Worcester St., (Rte. 122) Grafton, MA

508-839-9508

Don't spend another summer sweating!



Choose Morrissette & Son as your installer, and receive:

- Upgraded Diamond Dealer Parts & Compressor Warranty for 12-years (from standard 5 years parts/7 years compressor)
- Financing through the MassSave HeatLoan
- Rebates through MassSave, with processing on your behalf
- Extended Labor Warranty Available
- Highly trained technicians with Installation & Service
- Maintenance Contracts Available

In the ceiling, on the wall, ductwork or no ductwork. We provide energy-efficient heating & air conditioning.



© 2021 Mitsubishi Electric Trane HVAC US LLC. All rights reserved.

Morrissette & Son
Electrical Contractors, INC.
ELECTRICAL • HVAC • GENERATORS
508-476-9879
MorrissetteElectrical.com