



Across

- 1 Relating to the ability to acquire knowledge
- 6 It's better fresh
- 8 Healthful routine
- 9 Native American symbol
- 10 Not turned on
- 12 Memory-enhancing green vegetable
- 14 Rainbow color
- 16 Plant of the future
- 17 Health giving supplement, 2 words
- 21 Spoil
- 22 Indian herb which can support mental alertness, focus and clarity of mind
- 24 Early South American people
- 27 Healthy diet that can address of all of the major diseases
- 29 Moving force
- 31 "Barbara ___" (Beach Boys classic)
- 32 Go downhill fast
- 33 Buddhist flower
- 34 Joi de vivre

Down

- 1 Orange root vegetables high in vitamin A, and also antioxidants
- 2 Joke
- 3 School of thought
- 4 Word with "ear" or "peace"
- 5 "Have some"
- 6 Foods high in these have been shown to slow age-related memory loss
- 7 Popular lettuce
- 11 Vibrant
- 13 Swiss ___ : green vegetable used in salads
- 15 Edward, for short
- 18 Dream creatively
- 19 Light brown
- 20 Spa areas where toxins can be sweated out
- 22 Blacksmith's block
- 23 Hurry, old-style
- 25 Salad veggie in slang
- 26 "___ Am" (Alicia Keys album), 2 words
- 28 ___ reaction (feeling)
- 30 Round green vegetable

