

## All Hands on Deck



Courtesy photos



Last month's Public Safety Day and Touch A Truck event was a success. Residents came down to the high school to see and experience firsthand the various vehicles involved in Holliston's public safety arena. Fire engines, police and

### SAFETY

*continued on page 2*

## Superintendent Gets Vote of No Confidence

By PATRICIA ROY

This week, Holliston educators took an overwhelming vote of 'no confidence' in Dr. Susan Kustka as the Superintendent of Holliston Public Schools.

Citing the Superintendent's failure to provide a supportive work environment within Holliston Public Schools (HPS) where educators feel safe and can flourish, 98% of the voting members of the Holliston Federation of Teachers voted "no confidence" in Dr. Kustka as the Superintendent of Holliston Public Schools. The vote, held by secret ballot over the past week, was 303 votes of "no confidence" to just seven votes of confidence.

"Holliston educators care deeply about the future of our school district. Our school community deserves a leader who is able to prioritize developing relationships and can effectively collaborate with all members of our school community," said Holliston Federation of Teachers President Jaime Cutone. "The membership of the Holliston Federation of Teachers is united

in our view that we have no confidence in the leadership ability of Dr. Susan Kustka. It is time that the School Committee hear our concerns and take action to address the issues brought forward."

"Holliston Public Schools raised me. Our teachers, our support staff, and our administrators worked as one to serve the students," said a Robert Adams Middle School educator who wishes to remain anonymous. "Never did I ever imagine feeling the tension and sadness our Superintendent fosters; and that's exactly what our students are being exposed to now."

"Students are no longer at the center of decisions being made at the administrative level," said a Placentino Elementary School educator who asked to remain anonymous. Their sentiments were echoed by another Placentino colleague, who said "Holliston Public Schools deserve a leader whose main priority is helping the kids, not their own agenda."

### VOTE

*continued on page 3*



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**SAFETY**

*continued from page 1*

DPW vehicles were on display to those in attendance.



# Holliston's Annual Touch-A-Truck Fundraiser & Food Truck Festival Is Back

Holliston Newcomers & Neighbors (HNN) invites children of all ages to climb aboard a variety of trucks and vehicles at this year's Touch-A-Truck Fundraiser & Food Truck Festival on Saturday, June 17.

The event will run from 10 am to 2 pm, rain or shine, at the Sam Placentino Elementary School, 235 Woodland Street (off Route 16) in Holliston, MA. The event will be horn-free for the first hour (10 – 11 am), which is ideal for younger children and children with special needs.

We anticipate over 50 trucks, including police & fire, heavy construction, landscaping, tree removal, and highway, will be available for children to touch, climb and explore.

Bring your appetites because food and dessert will be available

from 8 food trucks, including Bird's Nest Braised, Caribbean Press, Grub Guru, Pangea Cuisines, Chubs Ice Cream, Kona Ice, Sweeties Candy and Uncle Joey's Cannoli!

And there's more! Fran Flynn the Strolling Magician will wow you with his magic tricks (10:30 am to 1:30 pm) and the wildly popular DJ The Ooch Experience will provide musical entertainment (11:00 am to 1:00 pm). For an additional fee, and available throughout the event, Roaming Railroad will take children on a train ride and Imagine That will offer face painting.

Event admission is \$10 per child (12 & under) and \$2 per adult. Proceeds support Holliston Newcomers & Neighbors' Community Grant Fund. The HNN Community Grant Fund provides funding for important Holliston events and services, including the Holliston Parks & Recreation Summer Concert

Series, Holliston Town Library free museum passes, Holliston in Bloom, Holliston Rail Trail, as well as equipment purchases for the Holliston Police & Fire Departments.

We encourage you to follow the Holliston Newcomers & Neighbors Facebook page @ HollistonNewcomersAndNeighbors and our website www.HollistonNewcomers.org for ongoing event updates.

The Holliston Newcomers & Neighbors is a not for profit organization. The group coordinates charitable, civic, educational, and recreational events and activities in the town of Holliston, MA. The goal is to encourage association among community members and to foster community spirit. Membership is open to both residents and non-residents of Holliston. If you are interested in joining HNN, please visit our website at www.hollistonnewcomers.org.

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**VOTE**

*continued from page 1*

Educators say that major issues with the Superintendent's leadership include:

- **Educator Voice:** Dr. Kustka has demonstrated an unwillingness to value educator voice, by not addressing concerns brought forth by educators that directly impact students and by not including educator voice in decision making.
- **Collaboration & Communication:** Dr. Kustka has demonstrated an inability to take responsibility for and effectively acknowledge and resolve work-related issues.
- **Professionalism:** Dr. Kustka has demonstrated an inability to consistently maintain the professionalism that is expected by public school educators.
- **Retention Crisis:** Dr. Kustka has demonstrated an inability to take responsibility for the high rate of loss of valuable educators within Holliston Public Schools, and has been unwilling to create a plan that addresses significant retention issues throughout the district that are leading to high turnover rates. In a school district with 375 staff positions, we have had 216 new staff members in the past 2 1/2 years.
- **Equity:** Dr. Kustka has demonstrated an unwillingness to create and uphold an equitable work environment by making decisions that promote deeper inequities.

"A leader's number one responsibility is to foster connection, trust, deep listening and

empathy across their organization. Dr. Kustka not only falls short, but she openly denies these duties as her responsibility," said a Holliston High School educator who wishes to remain anonymous. "Our students and our town deserve better."

"I joined the Holliston Public Schools with enthusiasm, understanding that it is a collaborative and student-centered environment," said an HPS educator who asked to remain anonymous. "I have seen staff morale plummet in the past two years as educators' voices have been stifled, their expertise questioned, and their creativity stripped away. Educators who work in fear of the administration are not able to teach effectively or innovatively; ultimately, student learning outcomes suffer."

The members of the Holliston Federation of Teachers expect the School Committee to take immediate action to address these issues and make the following suggestions:

- **Educator Voice:** Require the Superintendent to value the professional opinions of staff by working with staff in an equitable way to identify issues and seek solutions that address their concerns.
- **Collaboration & Communication:** Expect that the Superintendent actively engage in perspective-taking to understand that work-related issues are shared issues that all stakeholders must prioritize. Enroll the Superintendent in a communications course and hire a consultant to provide training on effective communication with stakeholders. Establish a plan for resolving issues in a more efficient manner. Engage the Superintendent, School

Committee and Union leadership in training through Federal Mediation Conciliation Services.

- **Professionalism:** Work with the Town's Human Resources Director to educate the Superintendent on how to act professionally with all employees. Update the HPS policies to include an anti-hostile work environment policy that includes addressing aggressive behaviors that can lead to a toxic work environment, and include steps for reporting such violations made by the Superintendent directly to the Town's Human Resources Department. Investigate all claims of unprofessional and hostile behavior by the Superintendent in the same manner as claims are handled for other staff members.
- **Retention:** Establish a subcommittee of stakeholders that addresses the reasons why staff are leaving HPS and create a plan that promotes a quality work environment to retain valuable staff. Enroll the Superintendent in leadership training to educate them in how organizational leaders impact workplace culture, how to lead with integrity and compassion, how to inspire staff, and effectively gain buy-in when making major decisions. Require the Superintendent to create a plan on how to gain regular input from staff as it relates to culture and morale and create a process to routinely address issues that lead to turnover.
- **Equity:** Require the Superintendent to practice equitable treatment of staff and require the Superintendent

to be trained on how differential treatment of staff negatively impacts the work environment.

The feelings of the membership are summed up by Holliston Federation of Teachers Vice President Amanda Rivera, who said: "This is a difficult day for the Holliston community. No educator wanted to have to take this vote in order to get action on these leadership issues that are negatively impacting students and staff. The Holliston Federation of Teachers has been trying for the past two years to explain to Dr. Kustka and the School Committee our concerns with her leadership style, her opinions about our district and its educators, her educational priorities, and the direction she is taking

our schools that have always been treasured for their creativity, innovative programming and long-standing expert staff. Our hope is that this vote gets the School Committee to take seriously the voices of the educators in Holliston who are deeply committed to the success and well-being of their students and colleagues."

Any change to building leadership at the high school will lead to further instability and could diminish student outcomes, decrease staff morale and take years to return to making effective progress," Cutone said during the meeting. "Holliston High School is a safe space for educators to take risks, be innovative, prioritize student agency and to collaborate with colleagues in meaningful ways."

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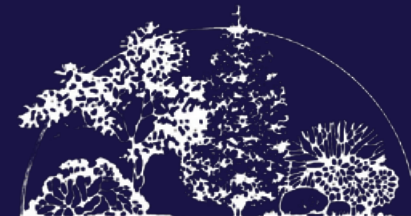
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MAINTENANCE - SEASONAL CONTAINERS - NEW INSTALLATIONS

# Financial Advisor Mark Freeman is a Portfolio Problem Solver

By CHRISTIE VOGT  
CONTRIBUTING WRITER



When work travel became too much for Mark Freeman and his family, he decided it was time to make his hobby his new career. “My mom was a CPA, and she got me into investing right out of college,” he explains. “From my 20s on, I was spending up to two hours a day on Yahoo Finance.” That passion paid off with Freeman finding the perfect professional fit as a financial advisor with Edward Jones. “It’s a job I love doing,” he says.

Prior to his career in finance, Freeman worked as a mechanical engineer and later as a software sales representative. “When I was in sales, I was encouraged to move on quickly after making a sale, and I didn’t enjoy that because I wanted to develop relationships with clients,” he says. “As a financial advisor, this job requires you to understand people and really develop a connection with them so you can provide individualized advice.”

Freeman says that when it comes to personal finance, “a lot of people struggle with try-

ing to figure out how to achieve everything.” They might already be putting away some money for retirement, for example, but soon additional factors come into play. “They start thinking: ‘How do I pay for college? How do I get a bigger house? And how do these things affect each other?’” Freeman explains. “The problem starts getting more complex, and that’s where I come in and start identifying what’s really important to them and putting a plan together to help them achieve their goals.”

With many local financial advisors to choose from, Freeman says his engineering background makes him unique. “I’m always asking ‘Why?’ and I’m always asking what can go wrong,” he says. “When I was an engineer, I used to create predictive equations based on looking at how things performed in the past. And that’s what I’m doing now with people’s portfolios.”



Mark Freeman lives in Holliston with his wife and daughters.

Edward Jones as a company also stands out among its competitors, Freeman says. “When I was interviewing with other companies, they spoke more about what was in it for advisors versus clients. Edward Jones, by contrast, spoke more about how its services benefit clients, and that was important to me.” Freeman notes, for example, that he is transparent with clients about anything that will cost money up front, and he might work with someone for years before receiv-

ing compensation himself.

Integrity is especially important to Freeman given his community connections. He has lived in Holliston with his wife and twin daughters since 2005. “We absolutely love this town,” he says. “When we were looking for a new house about four years after moving here, my wife said I could look wherever I want — as long as it’s in the northeast

corner of Holliston.” Freeman is also a member of the Holliston Lion’s Club and is on the board of Project Just Because.

Freeman insists on crediting his wife when it comes to his success as an advisor and father. “She is the smartest person I know and has really helped me and our daughters through everything,” he says. “Raising kids is challenging, especially with us both having demanding jobs, but we’ve been able to balance it because of how smart and intuitive she is.”

Money is one of the biggest things people argue about in relationships, Freeman says. “So, my job is to eliminate that.” Whether it’s saving for retirement or buying a first home, Freeman concludes that it all comes down to one thing: “I’m giving them advice to reduce stress in their life.”

For more information, contact Mark Freeman at 508-293-4017 or email Mark.Freeman@edwardjones.com.

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## 555 Hopping Brook hearing continued to June 22

By THERESA KNAPP

The Holliston Planning Board will hold a continued public hearing on June 22 related to CRG Acquisition LLC’s application for a Special Permit to build a 550,000 square foot warehouse at 555 Hopping Brook Road.

At the board’s April 13 meeting, the meeting was continued to the June date when it is expected to be the sole item on the agenda.

In previous hearings related to building on this parcel, resi-

dents have had concerns about 24-hour access to the site; deterrents and enforcement of truck traffic on town streets; overall impacts to the town; and, in general, whether this is the right location for the proposed facility.

The public hearing was continued to June 22 at 7:02 p.m.

For more information, including all documents related to this project, visit [www.townof-holliston.us](http://www.townof-holliston.us) or <https://bit.ly/3jbT2Ku>.

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# Vesta Real Estate's Community Shredding Day Was A Success

On April 22, 2023, Vesta Real Estate Group celebrated Earth Day by hosting its 11th annual Community Shredding Day in the parking lot of Holliston High School. Over 175 families attended and were able to watch as their sensitive documents were shredded on site by Pro-Shred. This was a free event for the community, who turned out in a steady stream throughout the morning.

As each car drove in, they were greeted by Vesta Realtor, Doriane Daniels, who handed

out re-usable bags for residents to hold their shredding items in and bring back next year. Donations were collected for "Friends of Holliston Trails". "We were humbled and thrilled to have raised \$1,521 for the trail, which we are delighted to support. The trail is an amazing community resource" said Ed Daniels, Broker at Vesta Real Estate Group.

We are hugely grateful to our sponsors who allow us to provide this service to the community as a FREE event, a Very Special Thanks this year to:

- Edward Moloney of Equity Resources Mortgage
- Guy Oliver of Affordable Mold & Duct Cleaning
- Sandra Hodgdon of Brown & Brown Insurance
- Jay Schadler of Affordable Junk Removal
- Pat Pino of Pino Law Offices

Vesta Real Estate Group is looking forward to hosting another day of shredding in 2024!



Vesta Real Estate Group staff, family and sponsors enjoy the day helping our community.

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## Come Celebrate Pride in Holliston

### Thursday, June 1

**Holliston Pride Flag Raising**  
**Location:** Holliston Town Hall  
**Time:** 6 pm  
 Speakers from Holliston High School Gender Sexuality Alliance, Robert Adams Middle School, and Dr. Barb Fritts, local psychologist who specializes in LGBTQ+ population, Diverse Holliston Strategic Planning Team

### Saturday, June 10th

**Rainbow Pride Craft**  
**Location:** Holliston Public Library Gilman Room  
**Time:** 10:15 am - 1:00 pm

**Holliston Pride Picnic\***  
**Location:** Pleasure Point (Lake Winthrop) - Free parking!  
**Time:** 4-7 pm  
 Bring your own picnic blanket / chairs, food & beverages  
 Face painting  
 Pin making  
 Queer-a-oke (Queer Karaoke)

\*According to Holliston Parks & Rec. No alcohol, grills / open flames, dogs. Residents from outside of Holliston are welcome to attend and park here for the event.

**Dishing Out Drag with Giganta Smalls (Registration required for Zoom link)**  
**Location:** Virtual (Zoom), hosted by Holliston Public Library  
**Time:** 4:00 pm

**Description:** Teens (13-18) are welcome to join her as she dishes on what the life of a drag performer is like and pick up a few tips on make-up and costumes!

Giganta Smalls is the most significant drag queen in captivity and is ready to take the world by storm! Based out

of the forests of Connecticut, she lights up the stage with her quirky personality and charming performances.

**Registration Link:** [https://us02web.zoom.us/join/register/6516801218473/WN\\_UqQFTMHMQuepcc0JMiKoQ#/registration](https://us02web.zoom.us/join/register/6516801218473/WN_UqQFTMHMQuepcc0JMiKoQ#/registration)

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 HOLLISTON TOWN HALL 6 PM

**JUNE 10 PRIDE PICNIC**  
 PLEASURE POINT (LAKE WINTHROP) 4 PM

**#HOLLISTONPRIDE**

Scan the QR code for more information about local Pride events and Holliston businesses supporting Pride.

# Outdoor Entertaining in the Summertime



**John Szolomayer**  
Real Estate Advisor

## REAL ESTATE INSIGHTS

Having guests over is a great way to celebrate milestones or have fun with friends and family, but you need a place to entertain. How is your outdoor entertainment area? Here are a few things you can do to improve your outdoor living space for guests this summer.

### Build a fire pit

While you don't require warmth in the summertime, a fire pit can be a great way to gather in any season. There are commercially available fire pits that use gas, propane or wood, so you'll want to choose what works for you. Make sure it's situated in a safe place to prevent injuries or unintentional fires. Build or place seating around it to create a cozy spot for gathering.

### Install a water feature

Water can also make a great focal point for outdoor entertainment spaces. A fountain keeps the water flowing and provides guests with relaxing white noise. If you're ready for more maintenance, you can install a koi pond with plants to create a relaxing setting in your yard.

### Focus on seating

The key to entertaining is to ensure that you have seating. Choose comfortable outdoor seats, maybe a sectional sofa or chairs on a deck or patio. You can also have additional seating,

such as folding lawn chairs or stools.

### Sunshades for hot days

The summertime can be hot, but that doesn't mean you have to take the party inside. Consider adding a sunshade to protect you and your loved ones from the sun. You can install a roof system, an awning or sunshades to keep your outdoor space cool.

### Cooking and beverages

Having friends and family over means pulling out all the stops on hospitality. You can create a cooking space outside to entertain. A barbecue, smoker, outdoor burner, refrigerator or wet bar can be installed depending on the size of your area and entertaining interests.

Information provided by John Szolomayer, RE/MAX Executive Realty. For more information, John Szolomayer can be reached at 508-259-4788 or JohnSzolomayer.com

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A MESSAGE FROM THE HOLLISTON FEDERATION OF TEACHERS (HFT) – AFT MASSACHUSETTS

# Holliston Educators Vote “No Confidence” in Superintendent Dr. Susan Kustka

303 Votes Of “No Confidence”, 7 Votes Of “Confidence”

*“Holliston educators care deeply about the future of our school district. Our school community deserves a leader who is able to prioritize developing relationships and can effectively collaborate with all members of our school community. The membership of the Holliston Federation of Teachers is united in our view that we have no confidence in the leadership ability of Dr. Susan Kustka. It is time that the School Committee hear our concerns and take action to address the issues brought forward.”*

— HFT President Jaime Cutone

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**Professionalism:** Dr. Kustka has demonstrated an inability to consistently maintain the professionalism that is expected by public school educators.

**Retention Crisis:** Dr. Kustka has demonstrated an inability to take responsibility for the high rate of loss of valuable educators within Holliston Public Schools, and has been unwilling to create a plan that addresses significant retention issues throughout the district that are leading to high turnover rates. In a school district with 375 staff positions, we have had 216 new staff members in the past 2-1/2 years.

**Equity:** Dr. Kustka has demonstrated an unwillingness to create and uphold an equitable work environment by making decisions that promote deeper inequities.

Educators say that major issues with the Superintendent’s leadership include:

**Educator Voice:** Dr. Kustka has demonstrated unwillingness to value educator voice by not addressing concerns brought forth by educators that directly impact students and by not including educator voice in decision making.

## The members of the Holliston Federation of Teachers expect the School Committee to take immediate action to address these issues and make the following suggestions:

**Educator Voice:** Require the Superintendent to value the professional opinions of staff by working with staff in an equitable way to identify issues and seek solutions that address their concerns.

**Collaboration & Communication:** Expect that the Superintendent actively engage in perspective-taking to understand that work-related issues are shared issues that all stakeholders must prioritize. Enroll the Superintendent in a communications course and hire a consultant to provide training on effective communication with stakeholders. Establish a plan for resolving issues in a more efficient manner. Engage the Superintendent, School Committee and Union leadership in training through Federal Mediation Conciliation Services.

**Professionalism:** Work with the Town’s Human Resources Director to educate the Superintendent on how to act professionally with all employees. Update the Holliston Public Schools (HPS) policies to include an anti-hostile work environment policy that includes addressing aggressive behaviors that can lead to a toxic work environment, and include steps for reporting such violations made by the Superintendent directly to the Town’s Human Resources Department. Investigate all claims of unprofessional and hostile behavior by the Superintendent in the same manner as claims are handled for other staff members.

**Retention:** Establish a subcommittee of stakeholders that addresses why staff are leaving HPS and create a plan that promotes a quality work environment to retain staff. Enroll the Superintendent in leadership training to educate them in how organizational leaders impact workplace culture, how to lead with integrity and compassion, how to inspire staff, and effectively gain buy-in when making major decisions. Require the Superintendent to create a plan to gain regular input from staff as it relates to culture and morale, and create a process to routinely address issues that lead to turnover.

**Equity:** Require the Superintendent to practice equitable treatment of staff and require the Superintendent to be trained on how differential treatment of staff negatively impacts the work environment.

*“This is a difficult day for the Holliston community. No educator wanted to have to take this vote in order to get action on these leadership issues that are negatively impacting students and staff. The HFT has been trying for the past two years to explain to Dr. Kustka and the School Committee our concerns with her leadership style. Our hope is that this vote gets the School Committee to take seriously the voices of the educators in Holliston.”*

— HFT Vice President Amanda Rivera



To support teachers on this issue, please contact the Holliston School Committee and ask them to take action on the recommendations stated above.

For updates follow Holliston Federation of Teachers - HFT on Facebook.



Your Money, Your Independence

# Establish Access When Things Are Good, Not When Times Turn Bad



Glenn Brown

Planning for the unexpected when things are good is a necessary evil.

This is true for electing work benefits, insurance, estate planning and access to equity.

When engaging in discovery with new clients, I often encounter misconceptions or bias against Home Equity Line of Credit (HELOC).

Their mindset is to seek one only when there is a large home repair or renovation project. True, it can be used for this purpose and the interest could be tax-deductible. But there's other benefits to consider in using access to the equity you've built as a tool.

Let's take a step back, make we sure understand the tool.

**What's a HELOC?** - A second mortgage that allows you to borrow money using the equity in your home as collateral - a se-

cured line of credit. There is an underwriting approval process with a hard credit pull and home appraisal, which determine terms including duration (usually 10-15 years), variable rate benchmark (-/+ Prime Rate) and credit limit.

Most banks/credit unions allow 70% or 80% Loan-To-Value (LTV) minus mortgage balance. For example, your house now appraises for \$800K. At 70% LTV is \$560K less mortgage balance of \$400K means potential \$160K HELOC. At 80% LTV, \$640K - \$400K = \$240K HELOC.

Upon closing, you're provided a checking account to move money into and out of the HELOC as you please. If you do borrow, you will only owe interest for a monthly payment. However, keep the balance at \$0, then no interest or fees.

**And that's the strategy - keep the balance at \$0 for the "what ifs" in life.**

Take a dual-income household with slightly positive cash flow each month. When bonuses or RSUs vest, they build savings, pay cash for big expenditures, take vacations, etc. They could be approved for ~\$150K HELOC but choose not to plan and apply.

Then the following happens:

**Job-Loss** - Instead of coming from a position of strength, you're now at the mercy of a lender - good luck on those terms, even if approved.

**Bank Balance Sheets Gone Mad**

- Fall 2008 saw banks stop issuing new HELOCs almost 2 years. Some tried to reduce, even close HELOCs, but regulators stepped as it is secured line of credit. As long as the collateral (house) and borrower uphold terms of agreement, the banks couldn't change terms - even if you lost your job. Same is not true for credit cards.

**World Gone Mad** - Remember when we'd shut down for 2 weeks to end a pandemic but instead laid off 38 million by end of April 2020? Banks stopped issuing new HELOCs and slowed new mortgages until October. And those with high limit HELOCs at \$0 balance became cash buyers of vacation homes from cash-seeking sellers. More opportunistic planning occurred using cash-out refi in 2021 on new property to lock in a low, fixed rate.

**Economic Downturn** - Banks reduce lending in anticipation of economic slowdowns. Regardless of your opinion on recession, we can all agree banks need deposits in order to underwrite new loans/lines. What's been a recent problem banks are having to maintain? Deposits. Declining deposits equals declining new lending applications.

There are more strategies to consider for HELOCs. Like using as an emergency savings proxy to reduce opportunity costs or delay/spread out taxation from selling investments over calendar years to meet unexpected cash needs.

Talk to your Certified Financial Planner to learn more.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com.

Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

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# Cookies and Community

## Gaetano's Bakery Brings North End Quality to Holliston

BY JANE LEBAK

Nestled at the junction of 16 and 126 is Holliston's answer to the best Italian pastries and cookies.

Gaetano's Bakery highlights their fancy Italian pastry, cookies, and cakes, but this unassuming shop holds so much more. "We make everything here," says Gaetano. "Cakes and cupcakes, cream puffs, cannoli. We've got pizzas and calzones if you want to stop by for lunch. A lot of people who want Italian food will go to Bertucci's for dinner and come next door to us for dessert."

Bakery assistant Amber Rose adds, "Plus, Gaetano makes the best cup of cappuccino in town."

Gaetano (that's his first name, by the way) moved to Holliston in 2017, and he's been a part of the community ever since.

Gaetano has been professionally baking for over 40 years. He began as a young boy working with at his father at a bakery in the North Shore. "Summertime, with no air conditioning, it used to be a thousand degrees in back." He laughs when he remembers. "We'd spend the whole day hauling bread in and out of ovens, but I found something there that never let me go."

For Gaetano, the joy of baking is not just in the cookies, but in the community. The bakery has a family atmosphere, with lots of

laughter and regulars known by name. "We get to know our customers," says Gaetano. "They tell us about their lives."

"Gaetano talks to everyone as if he's known them all his life," says Amber. "You could be walking in the store the first time, and he talks to you the same." Gaetano says that's because he's Sicilian. "It's a comfortable atmosphere. We're always laughing about something, joking around, just making everyone feel welcome."

Customers tend to stop in the first time for coffee and a cookie, just to try it. "But then they start coming back for everything," Gaetano says. "Birthday cakes, cookie trays for parties, wedding cakes—whenever they're getting together with family or friends, they think of us first."

Amber says, "My favorite customers are the ones who want a box of cookies and then go back and forth in front of the cases. A few of these. Some of those. Oh, do you have these, too?" They get so excited. For some customers, these cookies are nostalgic, and tasting them again brings them right back to their childhood."

A sign over the display case says, "I'll have one of everything." It's a gift made by a loyal customer.

The biggest sellers are the pistachio macaroons. Gaetano says, "Come Thanksgiving and

## Business Spotlight

Christmas, people stand in line out the door, waiting for cookies to come out of the oven. Customers will be walking outside with the box lids open and the hot cookies steaming in the cold."

Amber adds, "One customer brings them to tailgate parties." It turns out, he brought them once, and ever since, everyone demands he bring nothing else. "He came in asking for five pounds to take on a plane to Philadelphia. The host said, 'You're bringing those pistachio cookies, right?' and he said, 'I guess I am.'"

Another customer came in with an emergency request for a wedding cake. "Normally there'd be no way to do this," says Amber. "We need at least a week's advance notice. But because it was such a unique circumstance, Gaetano got it done in a few days. The community is that important to him."

A glance at the online menu shows an overwhelming selection

## Gaetano's Bakery



Gaetano and Brea Rose show off the cookies at Gaetano's Bakery.

of cookies, pastries, and cakes that rotate through the bakery. While not every option is available every day, if a customer knows they're coming in for one specific item, they can call ahead. "We're flexible," says Amber. "Moreover, if it's not on the menu, just ask. Nine times out of ten, Gaetano can make it."

One break with tradition is the list of allergy-friendly offerings. The menu offers gluten free bottomless cheesecakes, gluten free cannoli, gluten free cakes, and even vegan options for froyo.

The famous pistachio macaroons? Also gluten free.

"It's about making what people love, in the way they need it, when they need it," says Gaetano. "People tell me what they want, and I'm here to bake it for them."

Gaetano's bakery is located at 412 Washington Street in Holliston, at the junction of routes 126 and 16, and you can visit online at [www.guyscakes1.com](http://www.guyscakes1.com).

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## Calling all Registered Democrats in Holliston

Holliston Democratic Town Committee (DTC) members are hosting an in-person caucus to select delegates to attend the 2023 Massachusetts Democratic State Convention. The Holliston caucus will convene at 10:30 a.m. Saturday, June 24, 2023. All Democrats registered to vote in

Holliston are invited to participate, and are encouraged to run for delegate to represent Holliston at the State Democratic Convention. The convention will take place September 23 at the Tsongas Center in Lowell where Massachusetts Democrats will gather to vote on a party platform. This is an exciting opportunity for Democrats to shape their party!

Caucus registration will begin June 24 at 10:00 a.m., where voter registration status will be confirmed. Registration will close

at 10:45 a.m. Everyone in line to register at 10:45 will be admitted to the caucus. Anyone admitted after 10:45 will be designated as a guest and will not be able to run for delegate or to vote.

The caucus is open to the public and press, but only Holliston's registered and pre-registered Democrats are eligible to participate. Pre-registered Democrats must be at least 16 years old on the caucus date. Same-day registration is allowed. Delegates must be present at the caucus to be elected (except persons serving in the U.S. Armed Forces, with prior notice). Those wishing to vote and/or run are encouraged to check their voter registration status and update if needed prior to the caucus here: <https://www.sec.state.ma.us/OVR/>.

Holliston Democrats will be voting to elect 10 delegates and 4 alternate delegates to represent the town at the State Democratic Convention. Those not selected as a delegate or an alternate, and who meet the qualifications, can apply separately to be an add-on delegate in the following categories: youth, minority, disabled, LGBTQ+, or ask about being a convention volunteer.

For more information, visit [www.hollistondems.org](http://www.hollistondems.org) on the web or check out Holliston Dems on Facebook. If you plan to run for a delegate or alternate seat, please contact Cynthia Burrow at [cjpburrow@gmail.com](mailto:cjpburrow@gmail.com).

CONTACT: Cynthia Burrow, 508-429-2641 or [cjpburrow@gmail.com](mailto:cjpburrow@gmail.com) Holliston Democratic Town Committee

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# When can you choose retirement?



Mark Freeman

## FINANCIAL FOCUS

If you're like most people, your work has been a central part of your life. So, wouldn't it be nice to have the flexibility to decide when you no longer want to work?

Many people of retirement age have achieved this type of control. In fact, two-thirds of workers ages 65 and older say they work primarily because they want to, not because they have to, according to a 2021 study by Edward Jones and Age Wave. But that means that one-third of workers in this age group feel financially compelled to work. This doesn't necessarily mean they dislike the work they do — but it's probably fair to say they would have liked the option of not working. How can you give yourself this choice?

You can start by asking yourself these questions:

- **When do I want to retire?**

You'll want to identify the age at which you wish to retire. You may change your mind later and move this date up or back, but it's a good idea to have a target in mind.

- **What sort of retirement lifestyle do I want?**

When you retire, do you anticipate staying close to home and pursuing your hobbies, or do you hope to travel the world? Would you like to spend your time volunteering? Open your own business or do some consulting? Clearly, some of these choices will require more resources than others, so you'll want to follow a financial strategy that aligns with the retirement lifestyle you intend to pursue.

- **Am I saving and investing enough?**

As you chart your course toward your retirement journey, you'll want to assess the sources of income you'll have available. If you think you may be falling short of achieving your retirement goals, you may need to consider saving more.

- **When should I start taking Social Security?**

You can begin collecting Social Security benefits as early as 62, but your monthly payments will be much bigger if you wait until your "full" retirement age, which will likely be between 66 and 67. Your decision about when to take Social Security will depend on several factors, including your other sources of income and your family history of longevity. Of course, as you're probably aware, the Social Security system is facing significant financial stress, so it's possible that we may see changes to Social Security, based on actions Congress could take. In any case, you might want to be fairly conservative in estimating how much Social Security can contribute to your retirement income.

By addressing the above questions, you can get a clearer sense of when you might reach the point at which work is optional. But you'll also need to consider other factors, too, such as how much you enjoy working or when your spouse or partner is planning to retire. In any case, the sooner you start planning for this next phase of your life, the better position you'll be in when it's time to make the transition.

If you would like to discuss your personal situation with a financial advisor contact:

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## Sports

# Panthers' Frassinelli would Welcome Deep Tourney Run

## Lacrosse Captain A Top-notch Defender

By KEN HAMWEY  
STAFF SPORTS WRITER

Bobby Frassinelli is a top-notch defender for the boys lacrosse team at Holliston High and there's no doubt that his leadership, instinctive nature and intensity has played a key role in the Panthers' quest for another berth in the state tournament.

A senior captain, the 6-foot, 170-pound Frassinelli wants another opportunity to compete in the playoffs after Holliston split a pair of matches last year. The Panthers, who finished their regular season at 5-13, defeated Lenox, which had a 16-4 record, then bowed to Hanover. The new tourney format allows teams with sub-.500 records to qualify based on strength of schedule and margin of defeat.

At Local Town Pages deadline, Holliston was far better off than last year, not relying on its strong schedule or its margin in defeats. The Panthers' record was 8-6 and they're in good position to land a favorable seed in the playoffs.

"At the start of the season, my goals were for our team to improve daily, get to the tourney again and go deeper than last year," Frassinelli said. "We're a super young team that has freshmen and sophomores in the rotation, but we're talented. We can not only qualify for the playoffs, but also advance if we continue to give 100 percent, remain cohesive and stay healthy."



**Bobby Frassinelli is a National Honor Society student who will attend Purdue University next fall and major in computer science.**

Frassinelli's personal goals speak volumes about his team-first nature.

"I want to help the players around me and leave the program in good hands," he emphasized. "Another objective is to improve my defensive ability."

Holliston coach John Mulvaney was eager to get Frassinelli back in action last year after he played in only one match as a sophomore. The Holliston native suffered a dislocated shoulder in the opener against Norwood and the injury forced Frassinelli to the sideline for the rest of the season. He underwent physical therapy and it took five months of rehab to regain his health.

"Bobby has many strengths," Mulvaney offered. "He's got a



**Instincts, technique and intelligence are necessary attributes to stop an attacker and Holliston's Bobby Frassinelli displays all of those traits on defense.**

strong work ethic, he's intense, coachable and instinctive. His lacrosse IQ is high, he's coachable and technically sound. On defense, he's a step ahead of his opponents. A team-first player, he does what's needed and he knows how to adapt. When he was injured, he still came to every practice and every match."

A captain who leads by example, Frassinelli also takes that role to another level. "I try to be supportive of every teammate," he said. "I'm always positive, encouraging and willing to help our young players to improve."

The 18-year-old Frassinelli likes defense — a lot!

"Technique and strategy are always in play," he said. "There's a reliance on footwork and positioning. Instincts and intelligence are needed to stop an attacker and communication is a must. The key to success is to be disciplined and patient, avoid giving up your position and know that you can trust your teammates to protect your back."

Two matches in his junior year remain memorable — an 8-6 loss to Dover-Sherborn and a 7-6 double overtime victory over Assabet Valley.

"Dover-Sherborn is a powerhouse team but we played them close all the way," Frassinelli

noted. "I guarded their best attackman and held him scoreless until he got his only goal in a scramble. The Assabet game was a back-and-forth battle. Our midfielder, Nick Cotting, scored, giving us a hard-earned victory."

Frassinelli is acutely aware that the Panthers lost 13 seniors to graduation, leaving the team a bit inexperienced. But, he greatly admires three junior teammates and the attributes they possess.

"Co-captain David Villa leads by example and by being vocal," Frassinelli said. "A defender, he's got great stick skills and is very physical. Sean MacLeod is our goalie and he's got good composure and instincts. He clears the ball very effectively. Midfielder Harry Smith is quick, good in transition and his shot is fast and accurate."

Frassinelli also admires Mulvaney and his son Ryan, who is the Panthers' defensive coordinator. "Coach Mulvaney is an excellent leader who's positive, encouraging and motivating," he said. "He knows how to help us improve. And, Ryan has a high lacrosse IQ on defense, knows the technical stuff and he promotes cohesive play."

Frassinelli, who started playing lacrosse at age seven in Holliston's youth program, is a

National Honor Society student who will attend Purdue University next fall and major in computer science. He plans on playing club lacrosse there.

Calling his parents (Michael and Katie) role models for emphasizing leadership and showing support and encouragement, Frassinelli relies on an athletic philosophy of winning, reaching one's potential and having fun. "It's important to be your best self," he said. "Losing motivates me because I like to win."

Life lessons that Frassinelli has learned from playing lacrosse and basketball should be valuable going forward.

"I've learned to stay calm and composed in pressure moments, to communicate with teammates and to overcome adversity, he said. "I've also learned to be mentally tough and how to be a leader. Our team has matured a lot and it's hard work and being flexible that are important."

A deep tourney run would be a welcomed situation for the Panthers. And, it would also be greeted by Frassinelli with great joy and satisfaction.

Bobby Frassinelli's team-first approach and the supportive style he so often displays with teammates are attributes worthy of reward.

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# The b.LUXE beauty beat

## Balayage or Highlights? Here's a Little Secret...

By GINA WOELFEL

**Client:** "I'd like to lighten my hair today."

**Stylist:** "Great! What do you have in mind? Or better yet, did you bring an inspiration picture?"

**Client:** "No, I don't have any pictures, I just want a blonde balayage."

**Stylist:** "Ok, we can highlight your hair a number of ways. What kind of look are you going for?"

**Client:** "Oh no, I don't want highlights, I just want a blonde balayage."

Balayage or Highlights? Confused about what to ask your hairstylist for? You're not alone. If you're fretting on which service is best for you, stop worrying! Here's something I bet you didn't know:

Balayage is simply a highlighting technique to get you to the desired look you want. In recent years, though, the word Balayage has become synonymous with dark-rooted, blonde hair, and most clients that request it are actually just looking for that specific style. In reality, multiple techniques are used to attain that look. Balayage, Foilage, Baby lights, Teasylights and Foil Highlights are all just different names for coloring techniques used to lighten (and sometimes darken) your hair.

These techniques aren't just for blonding anymore. The brunette Balayage is huge this summer and the perfect way for all you darker haired beauties to boost your brown tresses.

With that, let's chat about our two most popular coloring services - Balayage and Foil Highlights.

Balayage, pronounced BAH-LEE-AHGE, means "to sweep" in French, and is, by far, the most requested color service at The b.LUXE Studio. Highlights are hand-painted directly on the hair to create a natural gradient from dark to light. The lightened pieces appear more naturally placed and lived-in, which mimics what the sun does to our hair naturally. This free-form color

application can be heavy or subtle, depending on how the stylist sections your hair. But, (and this is a big but) Balayage is not for everyone and can only lift (lighten) hair about 3-4 shades. So, if you're a dark brunette looking for light, honey-blond highlights, this technique is not for you.

But, fear not, blonde-seekers! The Balayage "look" you so desire is still well within your reach.

If your hair does need a considerable amount of lift, your stylist will need to use foil highlights.

Now, I'm sure for some of you, the word "foils" is conjuring up painful memories of the overly-streaky highlights of the early aughts. But, take a deep breath. Today's highlighting techniques and products are far superior to their predecessors and allow for precision placement and tone.

Here's a breakdown of both services:

### BALAYAGE:

- Free-hand, non-foil highlighting technique that can lift hair 3-4 shades
- Creates a soft, natural gradation of lightness, usually deeper closer to the root and lighter towards the ends, giving that beachy-blond, lived-in look.
- Takes between 2 to 5 hours, depending on the length and thickness of your hair.
- Maintenance: Every 12-18 weeks with a gloss/toner refresh around the 6-8 week mark to revive your blonde tone. With the darker root and no obvious demarcation line of regrowth, Balayage is considered a more low-maintenance highlighting technique with more time between appointments.

### FOIL HIGHLIGHTS:

- Foiling is the preferred method for that all-over, big, blonde look.
- Color is usually placed evenly along the whole section of hair, from root to tip.

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- Sheets of foil are used as a platform for color and lighter. They encapsulate and separate highlights to boost lift while processing.
- Your stylist may choose to use one color or multiple colors for a more multi-dimensional result.
- Foil highlights take between 2 to 3 hours and are very precise and can be placed close to the root or mid-shaft to achieve a Balayage effect when hair needs to be lifted more than 3-4 shades. (See, we told you not to worry!)
- Maintenance: Every 6-10 weeks.

A few important things to remember...

You DON'T need to be well-versed in cosmetology to book a color appointment, but you do need to plan ahead. First, bring a few pictures to show your hairdresser the exact style and color you want. Why? Well, for ex-



ample, your idea of what honey-blond looks like may be wildly different than what your stylist thinks. An "inspiration photo" lets your hairdresser know exactly what you want and how they'll go about getting it.

Be flexible. Describe the "look" you want and let your stylist use their expertise to suggest what method would work best for you.

Lastly, (and we can't stress this enough), before any new color service, book a consultation. At b.LUXE, we offer them virtu-

ally or in-person, and they're always complementary. These 10 minute appointments are game-changers and give your stylist the chance to analyze your hair, gauge the timing of your appointment, and determine what it will take to achieve and maintain the hairstyle you desire.

We look forward to seeing you (and your inspiration pictures) at the studio this summer!

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Free to all antique & classic Cars & Trucks  
Breakfast in the Barn*

# Car Show June 18

For the last 20 years, vintage and classic cars have been on display at the Holliston Historical Society grounds @ 547 Washington Street in Holliston. Drivers and the public enjoy a big breakfast in the barn and admire the beauty of these classic cars from years gone by. The grounds open @ 8AM and trophies are

awarded @ 10 AM. Come hungry. Proceeds help fund the mission and the many programs offered by the volunteers of the Holliston Historical Society

For the last 20 years, vintage and classic cars have been on display at the Holliston Historical Society grounds @ 547 Washington Street in Holliston. Drivers

and the public enjoy a big breakfast in the barn and admire the beauty of these classic cars from years gone by. The grounds open @ 8AM and trophies are awarded @ 10 AM. Come hungry. Proceeds help fund the mission and the many programs offered by the volunteers of the Holliston Historical Society

# Thanks To Yanks Donates To Service Dogs Organization



Thanks to Yanks a local charity dedicated to those who serve in the military. Made a donation to Clear Path for veterans New England this donation was specifically made to support them in their mission to supply service dogs to veterans. In this

donation picture is the McIsaac family, Connor, Ellie, Logan, Jacob, Maggie and Gavin with Michael Shain, founder and president of Thanks to Yanks, with Mr. Nicholas Nadeau who is a veteran and also the manager and administrator of

the service dog program at clear path for veterans New England you can find information on both thanks to Yanks and clear path for veterans New England on their respective Facebook pages.

**RECYCLE THIS NEWSPAPER**

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# Have you read the new Town Administrator's newsletter?

The Town Administrator Newsletter recently debuted under the moniker, "Holliston Hometown Newsletter."

Town Administrator Travis Ahern told the Select Board at

its March 7 meeting that the quarterly newsletter already had 857 people subscribe as of that date.

The eight-page electronic document includes informa-

tion for town meeting, updates on town projects, important deadlines, lists seasonal jobs, and much more. To subscribe, visit [www.townofholliston.us/](http://www.townofholliston.us/) subscribe

# Project 351 Regional Earth Day Service in Holliston

The following article was submitted by Pranav Govindarajan, Project 351 Regional Leader and Ambassador 2020

On April 22, 2023, the Project 351 team of Ambassadors and Alumni from local communities belonging to Region 8 came together to celebrate Earth Day by serving at the Holliston Senior Center. This event was made possible by Ms. Lisa Borchetta and the Senior Support Foundation, who generously allowed us to utilize the space for a day of service.

The day was filled with service projects that aimed to make a positive impact on the environment and the community. It was truly inspiring to see the team's commitment to serving the community even in the face of in-

clement weather. I am thrilled to report that we had a very successful day, with rock painting, book sorting, weeding, and planting perennial bulbs and flowering plants all completed.

Our team's unwavering dedication to supporting the local community through our Earth Day service projects fills us with confidence that our efforts will continue to have a positive impact for years to come. Of particular note is the positive influence our service will have on the senior and student populations. Seeing the fruits of our labor, we believe they will be filled with a sense of pride and happiness that will undoubtedly brighten their day.

The rock painting project allowed the Ambassadors and Alumni to express their creativ-



ity while also creating decorative pieces that were displayed around the Senior Center for all to enjoy. Through the book sorting project, we organized hundreds of books by genre, making it easier for anyone to find the books they love. These books will be donated to local schools and communities in need. We will be donating these books to local schools and communities that direly need them. The weeding project helped beautify the garden and make it a safer and more pleasant space for the seniors to spend time in. Finally, the plant-

ing of bulbs and flowering plants brought new life to the garden and allowed the team to express the importance of caring for the environment.

In addition to taking an interest in our community and helping to make it a better place, we were able to gain a greater appreciation for the environment and the importance of giving back.

We would like to extend our sincerest thanks to Ms. Borchetta, the Senior Support Foundation,

and the Project 351 leadership team for their continued inspiration, dedication, and encouragement. It is through their efforts that young people like us are able to come together and make a positive impact on our communities.

We look forward to continuing our work in Holliston and surrounding communities with Project 351 and making a difference in the lives of those around us.



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# Holliston Newcomers & Neighbors Announce the 2023 Grant Recipients

The HNN Community Investment Committee is pleased to announce the 2023 HNN Community Grant Fund Recipients!

Holliston Public Library - Museum Passes to Boston Children's Museum, New England Aquarium, Museum of Fine Arts and Ecotarium

Holliston Parks & Recreation - Summer Concerts in the Park

Holliston Police Department - One Automated External Defibrillator (AED)

A goal of the Holliston Newcomers & Neighbors is to give back to our community. One of the ways this is accomplished is



in the form of grants. The HNN Community Grant Fund money is raised during the various fundraising activities held throughout the year. The 2022 fundraising

events that contributed to the 2023 HNN Community Grant fund were Prize A Day for the Month of May Calendar Raffle, Touch-A-Truck, Great Pumpkin Trail Walk and Gingerbread House Decorating. HNN wishes to thank all those that attended these events as well as the volunteers who organized them.

If you would like to join us in making a difference in our community, check us out at hollistonnewcomers.org. HNN - Building Friendships, Building Community

## EQ LGBTQIA+ AGING PROJECT

- LGBTQIA+ Bereavement Support Groups  
The LGBTQIA+ Bereavement Support Group is the first statewide initiative to address loss in the LGBTQIA+ community. The program is funded by the Department of Public Health and it is facilitated by The LGBTQIA+ Aging Project. All groups require pre-registration. For more information on the LGBTQIA+ Bereavement Program contact Bob Linscott at 857.313.6578 or blinscott@fenwayhealth.org

- Weekly Zoom Drop-in Group for LGBTQIA+ Older Adults

Since the very beginning of the pandemic, the Aging Project has offered a weekly Zoom drop in group for LGBTQIA+ older adults. These are informal discussion groups that keep people feeling connected during these challenging times. One group meets on Mondays from 11:30 AM to 12:30 PM, and for those who like a smaller group, there is a second drop in on Thursdays from 11:30 AM to 12:30 PM.

New members are always welcome and can be matched with a current member to talk before their first group if that feels more supportive.

Register in advance for this meeting:  
<https://us02web.zoom.us/join/9112812023>

**WE WANT TO HEAR FROM YOU!**  
Have an upcoming event? Do you have a concern about things happening around town? Email us at [editor@hollistontownnews.com](mailto:editor@hollistontownnews.com) and let us know!

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# June 2023

Great  
Outdoors  
Month



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>***RESERVATIONS ARE REQUESTED IN ADVANCE. CALL THE SENIOR CENTER AT 508-429-0622</b></p>			<p><b>1</b></p> <p>9:00 Walking Club 9:00 Pilates (Zoom) 10:30 Energy Focus Movement 11:30 <b>Keefe Tech Presentation</b> 12:30 Photography</p>	<p><b>2</b></p> <p>9:00 8th Grade Day of Service (Rain Date) 9:30 <b>Select Chat ***</b> 9:30 Friday Crafters 1:00 Tune Timers</p>
<p><b>5</b></p> <p>9:30 Coloring and Coffee 11:00 Yoga 12:00 <b>Weekly Lunch***</b> 1:30 Tai Chi 1:30 Game Day</p>	<p><b>6</b></p> <p>9:00 Walking Club 10:00 Writers Group 10:30 Energy Focus Mvmt 12:30 Zumba Gold 2:00 <b>Coffee with Holliston Police***</b></p>	<p><b>7</b></p> <p>9:30 Walking Fitness 11:00 Yoga 12:00 <b>Weekly Lunch***</b> 1:00 BINGO</p>	<p><b>8</b></p> <p>9:00 Walking Club 9:00 Pilates (Zoom) 10:30 Energy Focus Movement 12:30 Photography</p>	<p><b>9</b></p> <p>9:30 Friday Crafters 1:00 Tune Timers 1:30 Book Club - Presentation <b>"Looking for a good book?"</b> by Lorna Ruby</p>
<p><b>12</b></p> <p>9:30 Coloring and Coffee 10:00 Atty Jay Marsden 11:00 Yoga 12:00 <b>Weekly Lunch***</b> 1:30 Tai Chi 1:30 Game Day</p>	<p><b>13</b></p> <p>9:00 Walking Club 9:00 <b>Monthly Breakfast***</b> 10:00 <b>Legal Hour with Attorney Marsden*** ??</b> 10:30 Energy Focus Movement 12:30 Zumba Gold 1:00 <b>Libby Training by Holliston Public Library</b></p>	<p><b>14</b></p> <p>9:30 Walking Fitness 10:00 <b>Hopkinton Audiology ***</b> 11:00 Yoga 12:00 <b>"Summer Sizzler" ***</b> 3:00 Council on Aging Meeting</p> <p><b>Flag Day</b> </p>	<p><b>15</b></p> <p>9:00 Walking Club 9:00 Pilates (Zoom) 9:30 Senior Support Foundation Meeting 9:30 <b>Veterans Coffee Hour***</b> 10:30 Energy Focus Movement 12:30 Photography</p>	<p><b>16</b></p> <p>9:30 Friday Crafters 1:00 Tune Timers</p>
<p><b>19</b></p> <p><b>Closed for Juneteenth</b></p> 	<p><b>20</b></p> <p>9:00 Walking Club 10:30 Energy Focus Movement 12:30 Zumba Gold</p>	<p><b>21</b></p> <p>9:30 Walking Fitness 10:00 <b>Podiatry***</b> 11:00 Yoga (Zoom) 12:00 <b>Weekly Lunch***</b> 1:00 BINGO 1:30 Tai Chi</p> <p> <b>Hello Summer!</b></p>	<p><b>22</b></p> <p>9:00 Walking Club 9:00 Pilates (Zoom) 10:30 Energy Focus Movement 12:00 <b>Lunch and a Movie*** "Kinky Boots"</b> 12:30 Photography</p>	<p><b>23</b></p> <p>9:30 Friday Crafters 12:00 <b>Dementia Friendly Lunch and Learn***</b> 1:00 Tune Timers</p> <p><i>Lion's Club Free Luncheon; Sunday, June 25th ***</i></p>
<p><b>26</b></p> <p>9:30 Coloring and Coffee 10:00 <b>Legal Advice w/ Attorney Bergeron***</b> 11:00 Yoga 12:00 <b>Weekly Lunch***</b> 1:30 Tai Chi 1:30 Game Day</p>	<p><b>27</b></p> <p>9:00 Walking Club 10:30 Energy Focus Movement 12:30 Zumba Gold</p>	<p><b>28</b></p> <p>9:30 Walking Fitness 11:00 Yoga 12:00 <b>Weekly Lunch***</b></p>	<p><b>29</b></p> <p>9:00 Walking Club 9:00 Pilates 9:30 <b>Java with Jay ***</b> 10:30 Energy Focus Movement 12:30 Photography</p>	<p><b>30</b></p> <p>9:30 Friday Crafters 1:00 Tune Timers</p>

# Senior Center Lunch Menu

## Monday, June 5

CHICKEN SALAD ON WHOLE WHEAT PITA WITH LETTUCE, Fresh Carrot Sticks, Vegetable Soup, Coffee Ice Cream with Chocolate Cookies

## Wednesday, June 7

MUSHROOM & SWISS QUICHE, Green Bean Salad, Beef-Barley Soup, Buttermilk Biscuits, Fresh Frozen Fruit Pops

## Monday, June 12

SPINACH & CHICKEN FETTUCINI ALFREDO with Tomato-Mozzarella Salad, Tapioca Pudding

## Wednesday, June 14

Turkey Hot Dogs, Sweet Potato Fries, Baked Beans, Pickle, Chocolate Chip Ice Cream Sandwiches

## Monday, June 19

CLOSED FOR JUNETEENTH

## Wednesday, June 21

Baked Pork Chops, Butternut Squash, Oven- Roasted Red Potatoes, Vanilla Layer Cake

## Monday, June 26

Turkey Burgers with lettuce and tomatoes on whole grain bun, steamed asparagus, warm Brownies with whipped cream

## Wednesday, June 28

Linguini with White Clam Sauce, Minestrone Soup, Tossed salad and Strawberry Ice Cream with Fresh Strawberries

PLEASE SIGN UP AT LEAST 2 BUSINESS DAYS IN ADVANCE -

Call the Center at 508-429-0622 for reservations. Monday & Wednesday meals are a \$3 donation and include a drink and dessert (unless noted).



In the above picture (left to right): Judy Thomas, Dot Pedroli, Maggie Budd, Peggy & Dick Testa, and Corinne & Tony diGirolamo, with Kathy Belhumeur, pianist, and George C. Brown, director, are seen at Blaire House of Milford singing a collection of patriotic songs and American standards.

# The Joy Of Music

The Milford Senior Center Singers and Thanks To Yanks, a local charity dedicated to serving those who serve, teamed up for a new mission.

The goal is to bring music and friendship to those who live in nursing homes, assisted liv-

ing facilities and long term care housing.

There is no cost to the organization to have the singers perform and patriotic gifts are given to all who attend.

Additional performances are planned locally for June.

For more information, please reach out to Thanks To Yanks on Facebook.

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Do you have a concern about things happening around town?

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# Monthly Programs At Senior Center

## Coffee and Coloring

Mondays, 9:30-11:00 am Join us for relaxing adult coloring. This is a great way to unwind. All supplies are provided.

## Game Day

Mondays, 1:30-4:00 pm Join us for a fun time playing cribbage, dominoes and more! No experience required.

## Legal Advice w/Atty. Bergeron

Fourth Monday of the Month 10:00 - 12:00 pm Attorney Bergeron continues to offer free 15-minute legal advice through the Senior Center. You have the option of either talking with him over the phone or meeting in person at the Center. Call the Senior Center to sign up.

## Monthly Breakfast

Second Tuesday of the Month 9:00 am (\$4 Donation Requested) **VETERANS EAT FREE** Start your day with a smile and a hot cup of coffee while en-

joying classic breakfast favorites. You must sign up 2 business days in advance by calling the Center.

## Writers' Group

First Tuesday of the Month 10:00 am—12:00 pm Instructor: Lois Hosmer All pieces are welcome. Enjoy a morning of listening, writing, and camaraderie. Hope to see you there.

## Legal Hour w/Atty. Jay Marsden

Second Tuesday of the Month 10:00 — 12:00 pm Attorney Jay Marsden can meet with individuals for a complimentary 30 min consultation. You must call the Senior Center in advance to schedule your consultation.

## Monthly Programs

### Podiatry Clinic

Wednesday, June 21st 10:00 am -1:00 pm Dr. William Cooper will be at the Senior Center with appoint-

ments starting at 10am. Reserve your time by calling the Center. A fee of \$40.00 is due at the time of your appointment and checks must be made out to Dr. Cooper.

## BINGO

1st and 3rd Wednesday 1:00—3:00 pm Come for lunch and stay for BINGO! Have some fun playing and making new friends.

## Veterans Coffee Hour

Third Thursday at 9:30 am Metro West Director of Veterans Services, Sarah Bateman, will be hosting a Coffee Hour the 3rd Thursday every month at the Senior Center. All are welcome!

## Photography

Thursdays, 12:30 pm-2:00 pm Instructor: Carmen Chiango Join the class as they share photos and learn how to improve techniques. Beginner to advanced photographers are welcome.

## Friday Crafters

Fridays 9:30-11:30 pm Open to all types of sewing, knitting

and crafts! Our craft group is happy to help you with your personal projects. They will also teach you a new craft project once a month. A great time to chat and learn from each other.

## Walking Club \*NEW\*

Every Tuesday and Thursday 9:00 Meet at Fatima Shrine for a 2- hour walk (you can leave early if needed) **MUST CALL SENIOR CENTER TO BE PUT ON LIST**—(so we know we should wait for you!)

## Book Club

Second Friday of the Month 1:30 pm Join us for great books and thought-provoking conversation! Books are listed on the next page. The Holliston Public Library can assist with getting books and can be reached at 508-429-0617. New members are always welcome.

## Tune Timers Band

Fridays, 1:00-3:30 pm Come

to the Center every Friday to listen to the Tune Timers Band. There is plenty of room for dancing and singing. A fun-filled afternoon is guaranteed.

## Book Store & Good-As-New Shoppe Open Daily

Whether you are interested in a good romance novel, mystery, or biography, our Book Store has a great selection of gently-used books at very reasonable prices. While you are shopping for books, stop by the Good-As-New Shoppe for household items, puzzles, dishes and other novelty items. Sponsored by the Senior Support Foundation, all monies raised help fund programs and events held at the Senior Center.

## Lunch and a Movie

Fourth Thursday of the Month 12:00 (\$3.00 Donation Requested) Join us for a good movie, paired with a variety of delicious; soups, salads, sandwiches AND movie snacks.



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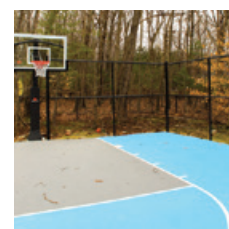
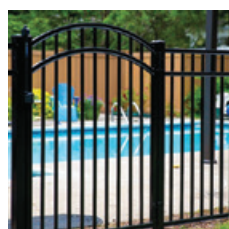
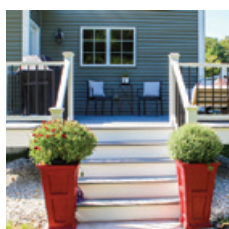
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# Walk This Way!

Last month's annual "Walk, Bike and Roll" to school was a success, as usual! Holliston Police helped students and parents navigate their way on foot and bike to schools.

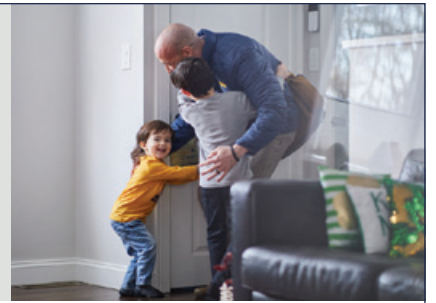
Courtesy photos, Holliston Police Department Facebook page



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# Real Estate Corner

## Recent Home Sales

Date	Holliston	Amount
05/18/2023	30 Winston Road	\$760,000
05/18/2023	230 Norfolk Street	\$700,000
05/17/2023	798 Central Street	\$844,900
05/15/2023	29 Shaw Farm Road	\$560,000
05/15/2023	24 Roy Avenue	\$685,000
05/12/2023	200 Rolling Meadow Drive	\$895,000
05/08/2023	9 Rolling Meadow Drive	\$950,000
05/05/2023	79 Fiske Street	\$950,000
05/03/2023	13 Hill Street	\$564,000
05/03/2023	14 Fiske Pond Road (3.5 acres)	\$975,000
05/02/2023	72 Alden Road	\$550,000
04/28/2023	207 Hill Street	\$720,000
04/28/2023	110 Union Street	\$535,000
04/28/2023	52 Front Street	\$500,000
04/28/2023	82 Anne Marie Drive	\$785,000
04/27/2023	21 Walnut Road	\$764,500
04/26/2023	26 Hanlon Road	\$845,000
04/25/2023	41 Pleasant Street	\$1.05 mil
04/24/2023	64 Goulding Street	\$527,000



705 Adams Street in Holliston recently sold for \$1.30 million.  
 Source: www.zillow.com / Compiled by Local Town Pages

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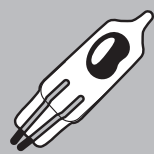
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# The Summer Market is Expected to be **HOT HOT HOT!**

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