

Ride Sally Ride

BY MICHELE TARANTO

The nostalgic song will forever be in Norwood hearts from now on; for the young who have revived the tune, and the old who can remember the day. Bright brown eyes, beautiful face, welcoming personality, and walks around town always wearing a tan coat. If for some reason you haven't met or seen Norwood's newest resident, Mustang Sally has arrived!

Before Sally arrived, Norwood had never had a comfort dog. When the benefits of these animals were gaining popularity in police precincts, Norwood Chief of Police Brooks did not think Norwood was set up for this accompaniment to the force.

"When these dogs first hit the scene a few years ago, I remembered seeing a piece on TV about the dog in Franklin," Chief Brooks said. "And they showed him kind of wandering the halls in and out of offices. The Franklin Police Dept. is a one story building that's very open once you get inside. Our station, on the other hand, is a narrow three-story building



with a lot of security doors and barriers, by design. I just didn't think the dog was a fit, based in part on that.

A tragedy that effected Norwood changed his mind.

Then when Tyler Lawrence was murdered in Boston, po-

lice departments from the area, brought their comfort dogs to our middle school to help comfort the kids," Chief Brooks said. "Tyler was a young man

MUSTANG SALLY
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Summertime Music!

BY BELLA CAGGIANO

The town of Norwood is known for so many of its celebrations and events; the 4th of July event, Norwood Day, the Farmers market, Juneteenth, the Holiday Extravaganza, just to name a few. But often, small festivities are the moments that make ordinary nights into something special.

Throughout the summer, Norwood offers an array of musical entertainment that residents of all ages will enjoy and even create an extraordinary evening.

Summerfest Concerts

The Summerfest Concerts are held every Wednesday evening

from July 5 through August 16, Norwood Town Common, 7-9 p.m. These groups often provide sounds from numerous eras and have the audience on their feet dancing, or at least tapping their feet and bobbing their heads to familiar music.

July 5th - Roundhouse

July 12th - Rick Barron and the Quavers

July 19th - David Tessier's Band of All Stars

July 26th - Squeezebox Stompers

August 2nd - Pan Neubean Steel

MUSIC

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MUSTANG SALLY

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whose mother brought him to Norwood to get him out of Boston, but he was murdered visiting his grandparents on a weekend. Very tragic story that hit many students very hard. Sometime after the comfort dogs visited the school, Officer Baguma brought forward a proposal that we rethink the issue of a comfort dog. I'm glad he did, because having given it more thought I now see the great value in having one. Quite frankly, she is a bigger hit than I even imagined."

Although Mustang Sally is an officially on the Norwood Police Department, she is still in training, but that is not to say she is not already fulfilling her duties or responsibilities.

"Best I can tell, her job is to be calm and furry," Chief Brooks said. "But seriously, she will interact with children, and in some cases adults and senior citizens. (She has already been to the senior center where she was also a big hit.) I believe, as the term implies, she will be a comfort to people who may be in distress, particularly children in a school setting. She is also a natural draw.



We saw that at the Pride Picnic where Officer Baguma had her on the grass and people were walking straight for her, wanting to pat her and take a photo. So she has that effect of drawing people to her, and therefore, towards us."

While the original proposition to bring on a comfort dog was came from Officer Baguma and Chief Brooks was able to clearly see the benefits of a comfort dog, there were other government officials who were brought into discussions.

"I discussed it first with Deputy Chief Padden, and then he and I met with Officer Baguma," Chief Brooks said. "And since

the dog would be in the schools, my next call was to the school superintendent, Dr. Thomson who had the support of the principals at the high school and middle school. I also discussed it with Mr. Mazzucco."

It was only a couple of months that as a group we were able to

talk about the importance of a comfort/therapy dog, then make it a reality," Officer Baguma said. "Once again, I tip my hat to the Chief, the Deputy Chief, the Norwood Police Association, the Town Manager, and the School Superintendent.

Some Norwood residents may remember name submissions were solicited through Facebook and students to name Norwood's newest four-legged recruit.

Early on, several of us suggested the name Sally," Chief Brooks said. "It's a pretty name for a pretty girl, and the mustang connection seemed natural. But we were committed to asking the children and the people of the town for input. And as it turns out, Sally was the clear front runner as we gathered input."

Mustang Sally is partnered with Officer Baguma, both on duty and at home as she will live with Baguma and his family while she is 'off' duty. But their days are not just spent visiting the

community, there is a lot of work done behind the scenes by this new dynamic duo!

"I have already mentioned that Sally has been a big hit, but I want to talk about what a great job Officer Baguma has done with her and with this project," Chief Brooks said. "As I mentioned, she lives with him, and his family, which must have taken some adjustment on their part. And there is a training regimen, which requires him to train three hours per day with her for four days every week."

It feels pretty awesome having a really well behaved dog as a partner," Officer Baguma said. "It almost feels like I/we won the lottery. I am pleasantly surprised to see how her popularity is absolutely skyrocketing, both in and outside of the town."

Norwood residents have welcomed Mustang Sally with open arms. Everywhere she goes, she seems to draw a crowd, and happy faces. She already has an ice cream flavor named after her at Daddy's Dairy and her puppy cards almost sold out immediately, even with a double order!

Mustang Sally met with her siblings at last month's Coffee with a Cop, at Perks, last month. And while she was smaller than others in her family, she was definitely the spunkiest! Her ease with meeting the public was almost like she knew her role as soon as she arrived.

"We believe that she was the pick of the litter," Officer Baguma said. "And also believe that she actually chose us in the end.

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Find Your Voice Reading Program

By MICHELE TARANTO

Norwood children and teens, stay motivated to read over the summer with the Morrill Memorial Library's 2023 Summer Reading Program! The event runs from June 26 through September 5, just before school resumes for the 2023/2024 year.

The process is easy; teens will retain their literacy skills they worked so hard to build during the school year, read some fun, interesting books, and earn badges and prizes!

There are two ways to play:

the Kids Program is for preschool to 5th grade and the Teen Program targets grades 6-12. Each age group will track either reading minutes or Bingo challenges. To get started, register at www.norwoodlibrary.beanstack.org or download the free Beanstack App on their phone, then pick up a registration badge at the library.

Tracking is easy using the Summer Reading Bingo Card on the Beanstack site or app. The younger set will earn beads and prize points while the older crowd will receive raffle tickets are earned for every completed

Bingo square and five bonus tickets for every completed row. Prizes will be raffled off at the end of the summer. The grand prize for the Teen Program is a Kindle Paperwhite!

Stop the dreaded 'summer slide' and join the reading program today! To access the Norwood Public Schools summer reading plans, visit www.norwood.k12.ma.us/curriculum/nps-summer-learning-page. For more information, email norchild@minilibnet or call 781-463-0146.

MUSIC

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August 9th - Southern Rail
August 16th - Hipshot Band
Rain date, if needed, will be August 23

Summerfest is presented by The Norwood Arts Council, a non-profit organization of citizens dedicated to promoting the arts. It is through the efforts of these members, and the contributions from the Town of Norwood, local businesses, and private citizens, that Summerfest is possible. Thank you Norwood Arts Council and all those who donate so the community can enjoy a fun, entertainment evening together!

Concerts on the Common

Concerts on the Common is marking its 29th season at the Walter J. Dempsey Memorial Bandstand on the town common. Every Sunday evening, July 9 through August 27, 6-8 p.m., residents bring folding chairs and blankets and listen to period

music, from marches, to swing, to jazz.

July 9th - Compaq Big Band
July 16th - Roy Scott Big Band
July 23rd - Portrait in Jazz
July 30th - Sharon Community Band
August 6th - Westwood Swing Band
August 13th - SOS Big Band
August 20th - Oberlaendler Hofbrau Band
August 27th - Dan Gabel and the Abletones

Carillon Concerts on the Common

The Carillon Concerts on the Common have returned for its 38th year, Monday evenings, July 10 through August 28, 6:30-7:30 p.m.

The carillon, Norwood's hidden gem, is a 50-bell instrument located in the Memorial Municipal Building (Town Hall) tower. The carillon was a gift to the town by Walter F. Tilton, at the time of the building's original construction in 1928.

July 10th - Annie Gao, Irvine, California
July 17th - Sergei and Daniel Gratchev, Middlebury College, Vermont
July 24th - Sydney Nguyen, Wellesley

College, Massachusetts
July 31st - Milo Brandt, Groton, Massachusetts
August 7th - Simone Browne, New York, New York
August 14th - Margaret Pan, Somerville, Massachusetts
August 21st - Jennifer Herrmann, Boston, Massachusetts
August 28th - John Whiteside, St. Stephen's Episcopal Church, Cohasset, Massachusetts

Find more information about individual concerts, visit the concerts' Facebook page at [TownofNorwoodMA!](https://www.facebook.com/TownofNorwoodMA/)



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Rebecca Alliance: Parents Music Association Scholarships

Tiago Almeida: The Ron Marshalsea Trade School Scholarship

Eve Andrews: Norwood High School Scholarship, The Cathy Shachoy Friendship Club Award, The Taylor Lynch Memorial Scholarship

Noah Beaudet: Leighton Sumner Thompson Awards, Norwood High School Boosters Club Scholarships, Wayne Clement Memorial Scholarships

Kelsey Bishqemi: Walter J. Peterson Scholarship

Patrick Brady: Lydon & Murphy Insurance Scholarship

Shannon Brady: Bay State Federal Savings Charitable Foundation Scholarship, The Leighton Sumner Thompson Awards

Quinn Burgess: Wayne Clement Memorial Scholarships

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Niko Faller: Backstage Boosters Drama Awards, Norwood Theatre Scholarship, Parents Music Association Scholarships CCM, The Technical Design Award

Brookes Foley: miaa mssa marines

Christina Fontaine: Erna H. Kiley Award

Caroline Forrest: The NHS Girls' Basketball 'Boost-hers' Scholarship

Josef Grant: The Taylor Lynch Memorial Scholarship

Joseph Greene: Parents Music Association Scholarships, The NHS Swim & Dive Leadership Beyond the Lane Award, The Edward H. and Dolorita F. Doherty Memorial Scholarship

Benjamin Guarin: Parents Music Association Scholarships

Mary Kate Gunning: George S. Usevich Scholarship, Ken Nolet Memorial Scholarship

Audrey Haberlin: Friends of Visual Arts Norwood Awards, Norfolk County Teachers Association Book Award, The Carol and Michael Poirier Scholarships

Keira Haberlin: Friends of Vi-

sual Arts Norwood Award, Paul and Margaret Eckhardt Memorial Scholarship, The Carol and Michael Poirier Scholarships, Charles L., Robert and Katherine G. Donahue Memorial Scholarship, The Visual Art Award

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Olivia LeSavage: The Actor Award

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Tyler Lovell: Dick Kief Norwood Community Media Scholarship, John "Jake" O'Connor Scholarships

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John Mulvey: Jean Brady English Department Award

Zeina Najjar: The Norwood Community Media Television Award

Emma Naughton: Norwood Public Schools Food Services Scholarship, The Dance/Choreography Award

Jenna Naumann: Friends of Norwood Girls' Soccer Scholarship, Friends of Norwood Hockey Scholarships The Clifford Scholarship, Friends of Norwood Hockey Scholarships The Matt Brown Scholarship, Gillooly Funeral Home Scholarships, Kevin P. Morrison Memorial Scholarship, Michael J. O'Leary Memorial Business Scholarship, Norwood High School Boosters Club Scholarships, The Friends of Norwood High School Girls' Lacrosse Scholarship

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Lina Nicholas: Malcolm and Catherine McKinnon Nursing Scholarship

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Keira O'Donnell: Everett Learnard and Dino Fiore Science Awards, Parents Music Association Scholarships, Norwood Woman's Club Scholarship, The Color Guard Award, The Daughters of the American Revolution

Brady O'Neil: Friends of Norwood Hockey Scholarships The Joe Cur-

ran Scholarship

Rachel O'Neil: Norwood High School Boosters Club Scholarships

Kevin Otto: ROTC

Payton Otto: Students Against Destructive Decisions Award

Tallys Rezende: Norwood High School P.T.O. Scholarship

Morgan Roach: Friends of Norwood Hockey Scholarships The Thomas J. Brown and Jeffery Brown Scholarship, Gregory Hart Memorial Scholarships, John "Jake" O'Connor Scholarships, John F. and Margaret P. O'Connell Memorial Scholarships, Norwood High School P.T.O. Scholarship stem, Paul and Margaret Eckhardt Memorial Scholarship, The Rick Vail Memorial Scholarship

Samantha Rose: John P. Piccirilli Scholarship, Leighton Sumner Thompson Awards, Norwood High School Alumni Association Scholarship

Konrad Schletzbaum: Friends of Boys' Soccer Scholarship

Saheli Shah: Dr. Timothy J. Curtin, DDS Memorial Scholarship

Casey Sheehan: Honey Dew Donuts Scholarship, Michael Patrick Mahoney Scholarship, The Rick Vail Memorial Scholarship, Charles R. Donnell Memorial Award, Norwood High School Boosters Club Scholarships

Paul Sheehan: Norwood High School Boosters Club Scholarships

Zachary Smith: Paul Alberta Scholarship

Kevin Sople: Gregory Hart Memorial Scholarships, Norwood High School Boosters Club Scholarships, The Friends of Norwood High School Boys' Lacrosse Scholarship

Margaret Stenstrom: Norwood Teachers Association Scholarship

Kiley Sullivan: Norwood Gymnastics, Norwood High School Scholarship, Norwood Public Schools Food Services Scholarship, The Norwood High School Gymnastics Scholarships

Lauren Sullivan: Post Prom Party Committee Scholarship

Michael Walsh: Friends of Boys' Soccer Scholarship, Friends of Norwood Hockey Scholarships The Matt Brown Scholarship, Gregory Hart Memorial Scholarships, Norwood High School Scholarship

Caleigh Wetnika: The Norwood High School Gymnastics Scholarships

Jacob Zhang: Army SPC Keith D. Benson Scholarships, Susan J. Simoni Memorial Scholarship, Parents Music Association Scholarships, The Donald B. Fleming, Jr. Memorial Latin Scholarship, The Leighton Sumner Thompson Awards

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BSAC PET CORNER



A Big Thank You!

The Bay State Animal Cooperative would like to thank supporters from Norwood and surrounding communities for their show of support at June's fundraiser. The annual car/dog wash featured wonderful weather, adorable pups and touching acts of kindness and generosity. Over \$700 was raised to help defray medical expenses provided to cats in our foster care network prior to their adoption.

We couldn't do this without our dedicated group of volunteers. Special thanks goes out to students from Walpole High School and Norfolk Aggie, student volunteers from the Norwood Farmers Market group and Roz from Dirty Dawg Wash. We also had several new faces in addition to our core returning group.

BSAC is a 501(c)3 charitable/non-profit organization funded entirely by donations and operated completely by volunteers. We practice a no-kill philosophy while providing humane resources and services aimed at reducing animal overpopulation and unnecessary suffering for companion, stray, relinquished and feral animals.

If interested in volunteering for this event next year, please visit our website at www.baystateanimals.org and fill out an online volunteer application. Additional volunteer opportunities are listed

on the website as well. Thank you all for your support!

Meet Sophie (for adoption or foster care)



Sophie is 11 years old and has lived happily with her current family since she was adopted at 6 weeks. She came into the family a nervous kitten, overtime she learned to settle down but still finds anything new (people or items) quite stressful. Unfortunately, as this family introduces more and more grandchildren Sophie has become more and more unhappy. She gets very nervous when the kids are around or when new people come into her life, this can sometimes turn into aggression. She would love someone who has experience with cats and will understand the time it will take for

her to get comfortable and bond with them. Once this happens, she will show that she craves attention and loves to sit on your lap (with a blanket!). Sophie loves to sit and look out the window however she can get a little territorial if another cat walks by. Just let her chill out until she calms herself. Sophie doesn't jump on counters or scratch furniture. Her favorite spot is a corner of the couch where there is a blanket for her to curl up for napping. She uses her litter box at all times. She does not eat excessively, but she is a little overweight. She has maintained her present weight for the last 5 years or so. She is large but healthy as of this adoption posting. Her family is heartbroken that she has to leave but it will be for the best if she can be loved in a home that does not stress her out and that would be one without children or other animals.

Meet Ollie & Earl; A Truly Bonded Pair!

Need immediate foster but are also ready for adoption!!!

They are not brothers, but they look alike. Earl is almost 12 and has a pink nose. Oliver

(Ollie) is almost 7 and has a black nose.

Earl enjoys pats but does not like to be held.

Ollie is a lover, loves attention and will intervene if Earl is getting attention but will hide when he hears a strange voice. Once Ollie knows you, he will want to sit near you and cuddle.

Earl needs a little more love and care, but he is worth it! Unfortunately, Earl has a cardiac condition requiring daily medications. Though he is currently acting like a kitten, he is surely compromised and needs a new owner ready to take on this challenge. It's all about making sure Earl lives a healthy retirement and he will thank you for your efforts every day!

Young children would be fine for Earl, but I think Ollie would be afraid initially as kids can scream and run quickly. Older children would be fine for both.

Earl and Ollie could probably live with other cats but it's unclear if they would tolerate dogs.

Though not related, but they are like brothers. They play and sleep together.

They are indoor cats and are up to date on all shots.

Can you help?

Or consider adopting these loves! Apply at www.baystateanimals.org

Meet Gabby

Gabby is an 11 year-old independent kitty whose human has moved to a nursing home. Gabby takes her sweet time to adjust to



new folks and reacts cautiously. Her new foster has reported that she's "a completely different cat" since she was taken in just a few short weeks ago. Gabby is exploring, rubbing against her legs, and purring up a storm. It's clear that it takes her some time to feel comfortable. Can you give Gabby her new lease on life with a new human? She's so deserving. Pick Gabby if you are patient, have no other cats (as we are unsure how that might affect her), best in a home without young children.

A compassionate soul is what Gabby seeks.



www.baystateanimals.org

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Keeping Pets with Families



By MICHELE TARANTO

It can be heartbreaking to hear. Someone has to give up a member of their pet family due to financial or hardship constraints or an unexpected setback. The volunteers, and specifically CAPI founder and President Kandi Finch, have stepped up to try to assist their owners in

order to keep beloved pet.

The name of this newly formed non-profit organization is Charley's Angels Pet Initiative (CAPI). Based right here in Norwood, the goal and mission of the group is simply: keep families and pets together through hard times. This will hopefully be done initially with donations of pet food and accessories through food pantry bins; long term, assistance with medical expenses, and much more. CAPI is definitely a moving force. Volunteers will also reach out and relationships with local Councils on Agings, housing authorities, and rescues/shelters to provide direct, personal assistance.

"It breaks my heart every time I hear about someone having to surrender rehome, or euthanize their pet because they cannot afford to keep it," Finch said. "I feel that the people who need a pet the most might not be able to afford to have one."

While CAPI is a register 501 (c) (3) non-profit organization run exclusively by volunteers, they are not your typical animal group and are filling a very specific and needed niche in pet ownership.

"We are not a rescue," Finch said. "We are here to help support anyone trying to keep pets and their humans together. We will partner with any agency, clinic, veterinarian, ACO (Animal Control Officer), or shelter where we can to help."

While CAPI is just in its infancy stage, the idea has been swirling in Finch's head for quite some time. For the past few years, she has been known to transport small, hurt wildlife across the state for either rehabilitation or medical care. This is her chance to bring it home and help family pets.

"I am doing this for my love of animals," Finch said. "I have been thinking about it for several years and decided after talking to like-minded friends, to stop talking and do it. Way too much sad

news about animals in the news lately."

Many may relate to the Charley's Angels reference to the tv show of days past, but the name of the organization has a much deeper meaning to Finch.

"I rescued my dog Charley in August of 2016," Finch said. Over the years, I have noticed how gentle he is.

He seems to know when he is around people who are challenged in any way, whether it's wheelchairs, cane/crutches. He is also sensitive to seniors. He is training to be a therapy dog; he already achieved his Canine Good Citizens certification.

When I was trying to think of a name it occurred to me that (a little cheeky) he is an angel and hopefully he will be helping us to help other animals who are in need. What a better name than Charleys' Angels? These angels come in 2 and 4 legged versions."

CAPI will initiate its assistance in Norwood, Westwood, Walpole, and Canton, but that list will hopefully grow throughout most of Norfolk County.

CAPI is currently accepting donations in the form of food, toys, blankets, bowls, etc, in addi-



tion to direct monetary and gift cards. Right now, their service is limited to dogs and cats, but who knows for the future?

"I don't foresee anything we cannot do with the help of our communities," Finch said. "I have had a vision from food pantries to training to needed grooming, nail clipping, K9 vests and so so much more. Please help us- there is definitely a need for this - I hope you can help."

Volunteers are also very welcome to help join in the cause. For more information on donating or volunteering, visit CAPI's website at www.charleysangel-spinitiative.org. CAPI will also have a table at the Norwood Farmers Market Pet Dat, Tuesday, July 11, 2-4 p.m. Charlie will even be there with some of his friends.

Happy 4th of July!

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Systemic Health

Informing a 42-year-old man that he was losing his vision due to uncontrolled diabetes stands out as one of the most difficult moments in my clinical practice. He had disregarded medical recommendations, putting both his vision and his life at risk. Unfortunately, this story is all too common, underscoring the impact of systemic health on eye health and emphasizing the importance of regular eye exams and following medical advice.

Over 80% of our understanding of the world is through our eyes. Visual impairment not only affects individuals and their loved ones, but also poses an annual economic burden exceeding \$100 billion in the US alone.

The human body is a marvel of interconnected systems and extensive research has demonstrated that comprehensive eye care is a vital component of overall healthcare.

There are numerous systemic health conditions that can affect the eyes, including Alzheimer's, Arteriosclerosis, Autoimmune Conditions (such as Rheumatoid Arthritis, Sjogren's, Crohn's), Diabetes, Dyslipidemia, Shingles, Hypertension, Multiple Sclerosis,

Sickle Cell, and Thyroid Dysfunction. These conditions can cause problems from dry eye to vision loss.

Common medications can also impact ocular health, including Alpha-Blockers (Tamsulosin, Dutasteride), Amiodarone, Antibiotics (Fluoroquinolones, Tetracyclines), Anti-Cholinergics (Antihistamines, Antipsychotics, Antispasmodics, Cyclic Antidepressants), Chloroquine/Hydroxychloroquine, Ethambutol, Gabapentin, Isotretinoin/Vitamin A, PDE5 Inhibitors (Sildenafil, Tadalafil), and Tamoxifen. Continuing these medications is important for many patients, but awareness of their potential risks and regular eye exams are essential to identifying ocular side effects.

Comprehensive eye exams not only detect ocular conditions but also identify previously undiagnosed medical conditions like diabetes, hypertension, giant-cell arteritis, Lyme disease, and autoimmune conditions. Serious eye conditions, including ocular tumors and infections, can jeopardize systemic health and are detectable through a thorough ocular exam.

Lifestyle factors, including diet, exercise, alcohol, and tobacco use, have a significant impact on ocular conditions like macular degeneration, cataracts, and thyroid eye disease. Discussing these factors with your doctor and working together to mitigate risks is essential.

The good news is that preventing or mitigating the effects of systemic conditions on ocular health, and vice versa, is straightforward. The best method for preserving eye health and vision is through regular, medically-focused eye exams, adherence to treatment plans, and lifestyle adjustments. Recognizing the interplay between systemic health and eye health enables us to take proactive steps toward early detection, prevention, and overall well-being.

Call 781-352-4849 today or stop in for a comprehensive exam or eyewear consultation at Modern Eyes, 696 Washington Street, Norwood.

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Four Points by Sheraton – Norwood Wins Prestigious Awards

Two Employees Recognized for Outstanding Contributions

BY JANE LEBAK

Norwood is home to one of the finest hotels in North America, and it's all thanks to the teamwork and creativity of its employees.

At the most recent Marriott Select Brand Awards, the Four Points by Sheraton – Norwood location was recognized from among all Four Points by Sheraton hotels with three key awards.

Shoumala Ghosh won General Manager of the Year and Diamond Hotel General Manager of the year. Jayme Dalipovic received the Sales Leader of the Year award. The hotel itself was awarded Diamond Hotel Status, meaning it placed in the top three Marriott Select Brand hotels within North America.

“We’re absolutely thrilled to be recognized in this fashion,” says Jaime Whynot, Director of Conference Sales and Rooms. “Our hotel ranked in the top four hotels in the categories of Room Cleanliness, Maintenance and Upkeep, and Elite Appreciation. We ranked number one in the categories of both Food and Beverage, and Staff Services.”

There are 291 Four Points by Sheraton hotels worldwide, and 127 in the United States.

Although this is not the first

year the hotel achieved Diamond Status, this is the first time Shoumala Ghosh and Jayme Dalipovic were recognized for their unique contributions.

Jayme Dalipovic joined the Marriott brand in 2008, then transferred to the Norwood location in 2011 as the banquet manager before moving to the catering sales office in 2016. She’s worked hard to learn every part of what it takes to create an amazing event for her clients.

From weddings to bar mitzvahs to corporate summer barbecues at the outdoor pavilion (those are her innovation!) Jayme leaves nothing to chance. Mindy Keyes, Director of Catering, Sales, and Marketing, says, “With her culinary background, she can meet every need. Clients—especially brides—love that she can suggest new ideas, such as late-night snacks, stations, and cocktails, all up-to-date with the latest trends.”

Weddings are Jayme’s specialty. Since coming onboard, she’s brought in more weddings every year, with 39 booked in 2022, and she’s on track to exceed that in 2023.

One client wrote that Jayme “was always there if we needed to double check something with the cake vendor, DJ, flowers, etc.

**FOUR
POINTS
BY SHERATON**

Norwood

**Business
spotlight**



Then the day of really blew us away.” Her flexibility and creativity are why she secured this award. “We’re so proud to have her on our team,” says Keyes.

Shoumala Ghosh began with Marriott twenty years ago and became the Four Points by Sheraton – Norwood general manager two years ago. “This was in the depth of the pandemic,” says Keyes, “when morale was at an all-time low.”

Shoumala recognized that while each department functioned well, there wasn’t a cohesive sense of each one contributing to the whole. Her first action as General Manager, therefore, was to emphasize how teamwork is vital to the hotel’s mission and the comfort of the guests.

Keyes says, “Shoumala has

strived to give transparency. Every employee now has access to reviews coming into the hotel, and she encourages honest conversations between employees and their managers.” These steps have resulted in improved morale, quick communication, and streamlined operations. Keyes says, “Our guests don’t see the teamwork, but they see the effects of it in their smooth experience, from check-in to check-out.”

This sense of community extends beyond the walls of the hotel. Keyes says, “Shoumala ensures that we give back to the community, not only locally but globally.” When the crisis broke in the Ukraine, the hotel hosted a drive for high need items delivered directly to refugees. Keyes says, “Under her leadership, the hotel hosted a back-to-school

drive for a local low-income community. We organized a Halloween costume drive and food pantry collection. Shoumala also encourages employees to take advantage of company paid volunteer days throughout the year.”

Keyes says, “Shoumala tells us this is not her win—it’s the team’s win. But it’s also a win for our guests, for corporate clients hosting summer barbecues, and for brides throwing the perfect wedding.”

Four Points by Sheraton – Norwood is located on Route 1, convenient to I-95, I-93, and Gillette Stadium. For more information, please visit <https://www.marriott.com/hotels/travel/bosof-four-points-norwood/>

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Norwood Italian Lodge #1235 2023 Scholarship Awards

The Norwood Italian Lodge #1235, a local chapter of the Sons and Daughters of Italy in America, recently held its Annual Scholarship Awards Dinner, on May 31st, 2023, at Conrad's Restaurant, in Walpole, Norwood Lodge President, Steve Eosco, greeted the 44 members and guests who supported the event. Scholarship Chairwoman Toni Eosco made several introductions, recognizing lodge members, Barbara Campagna and Winnie Carfagno, for their volunteer work on the lodge's scholarship committee. Toni Eosco also recognized Denise Furnari, the Massachusetts Grand Lodge Sons and Daughters of Italy in America President, for agreeing to be the guest speaker. Furnari has served four years as the state president and recently completed her term of office. Members expressed their appreciation with thanks and applause. Scholarship award presentations took place shortly after a delicious dinner buffet.

The Italian Lodge has a long history of supporting youth, education, and Italian culture. Through the volunteer work of its members to raise funds, and

through the addition of memorial funds and other generous donations, the Norwood Italian Lodge #1235 awarded two \$1,000 Scholarships.

Committee member, Barbara Campagna, made the first



Nicole Martin (left) and Jenna Naumann

award presentation to Jenna Naumann, a graduate of Norwood High School. Jenna is the daughter of William and Gina Naumann, and granddaughter of lodge member, Mary Ann Naumann, of Norwood. Jenna will pursue her degree in business at the University of Maryland. Scholarship committee member, Winnie Carfagno, made the second scholarship presentation to Nicole Martin, a graduate of Walpole High School. Nicole is the daughter of Ava (also a lodge member) and Michael Martin, and the granddaughter of lodge

member, Terry Holland, and the great niece of lodge member, Carmela Thornton. Nicole will pursue her degree in elementary education at Quinnipiac University in Connecticut. Lodge members congratulated both of these excellent students. In addition to outstanding academic records and community service, they earned high praise from their coaches and counselors. Lodge members wished them success in their new challenges and endeavors.

Grand Lodge President and Norwood lodge member, Denise Furnari, delivered remarks to the membership and congratulated the scholarship winners, encouraging them to always remember their Italian roots and their families who have supported them over the years, and to consider joining a filial lodge when they complete their university degrees.

For information about Norwood Italian Lodge membership, contact President Steve Eosco, at 781-769-7865, or visit the lodge Facebook page at Norwood Italian Lodge #1235 Sons and Daughters of Italy to learn more about the Lodge.

Congratulations Officer Baguma!

Norwood Police recently shared and congratulated Officer Geoff Baguma and his selection as a 2023 Black Excellence On The Hill Honoree as part of the Massachusetts Black and Latino Legislative Caucus (MBLLC).

The MBLLC was created in 1973 and remains a voice for Massachusetts' communities of color in the Legislature. The MBLLC also seeks to empower constituents to gain a deeper sense of political awareness on issues concerning them and their greater communities. Officer Baguma was nominated by State Representative John Rodgers.

Officer Baguma is a 17-year veteran of the Norwood Police Department and serves as the School Resource Officer (SRO) for the Coakley Middle School. Prior to serving as SRO, he was assigned as a motorcycle officer and School Liaison Officer to the Cleveland Elementary School. He was instrumental in organizing "Still I Rise," Norwood's first Annual Black History Month event, this year. He also created the Norwood Juneteenth Committee, which just held its second annual June-



teenth Celebration on the Town Common in June, 2023.

Officer Baguma is a role model for students and has implemented positive change throughout the Norwood community. He is proud to be rooted in the community where he grew up.

Congratulations on the well deserved selection Officer Baguma!

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Senior Corner

By MICHELE TARANTO

If you are 60 years or older, you are eligible to utilize the Norwood Senior Center, located at 275 Prospect St., Norwood. Through this town-run organization, they offer an abundance of entertainment,

informational workshops, meals, exercise groups, hobby classes, social opportunities, and so much more! To sign up to utilize their many benefits, or for more information, visit http://www.norwoodma.gov/residents/senior_center, call 781-762-1201,

or email seniorcenter@norwoodma.gov.

A Message from Chief Brooks to the Norwood Senior Center

We've been doing a lot of work the past year on traffic enforcement. During COVID we backed off because we didn't want officers interacting with motorists too much, for everyone's safety. But as traffic volume decreased, speeds and crashes increased.

So now that COVID is somewhat behind us, our officers are back at traffic enforcement at even higher levels than before. But most of our efforts are focused on violations that cause crashes – speed, red lights, stop signs, not stopping for pedestrians and texting while driving – and at places where crashes occur. We call this data-driven enforcement. And after we've run what in the old days we used to call a "trap" (we don't call it that anymore), we often advertise on Facebook, Twitter etc. that we were out there and what we were doing.

If only the person stopped knows we're out there, there is a limited educational effect. But if we let our 10,000 followers know, it has greater impact.

You may know that Massachusetts police officers are required to train at least 40 hours every year after they graduate the police academy. But did you know that we average about twice that? We are very proud of our high training standards, and we believe they help us achieve the high rate of success that we and our community enjoy.

This month, we're back at the range under the guidance of our firearms training team led by Lieutenant David Benton. Not only do we line up to qualify, but we also shoot "on the move," in and around our radio cars, working as pairs, shooting off-hand, way up close, way back, etc. As long as I've been a cop, I've always loved the range. But I also love what our officers and community get from our commitment to quality training.

Tuesday Night Dinners at the Norwood Senior Center

Tuesday night dinners have begun at the Norwood Senior Center! Call for more details.

Norwood Senior Center Summer Hours

The Norwood Senior Center has begun their summer hours: Mondays, Wednesdays, & Thursdays, 8 a.m.-4 p.m., Tuesdays, 8 a.m.-7 p.m., Fridays, 8 a.m.-1 p.m.

Can the Fire Department Easily Enter Your House?

What if there was an emergency and the fire department had to enter your home? In order to avoid breaking in a window or door, try purchasing a firefighter key box outside your home. Just put an extra key

in the box and then call the fire department so they can make note of where the box is and the combination. You could also ask them if a traditional lockbox (like a Realtor uses) would be a good solution.

In the unfortunate occasion an emergency occurs, Norwood FD will be able to get into your house quickly to assist. You can find a fire emergency box or lockbox at your local hardware store or on Amazon.com and search for fire department box or lock box.

Still Beware of Scams

There has been a lot of information lately warning not only seniors, but all ages, to beware of scams, phone, online, mail, etc. But always be aware of your surroundings from people looking to steal directly, such as pickpocketing or grabbing wallets from purses from distracted shoppers.

Years ago, I was pickpocketed in Paris when I was in my early 20's. I was on a bus with a friend and two young girls began kissing my hand and talking in French. I had my bag around my neck and through arm as we are suggested to do, however, they put a piece of paper over my bag. The point was to distract me while they did their job. When I finally realized what was happening, they had already unzipped my bag!

The point of kissing my hand and talking very fast in a language I was unfamiliar with was to distract me! I learned a very valuable lesson that day. And by the way, the same girls tried the very same thing a few hours later to me on a sidewalk. Apparently, they did this so often they didn't even recognize me from before!



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CITATION ON PETITION FOR FORMAL ADJUDICATION

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road, Canton MA 02021
781-830-1200
DOCKET NO. NO23P1439EA

Estate of: Marguerite Lillian Duffy
Also known as: Marguerite L. Duffy
Date of Death: 03/13/2023

To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by **Kathleen A Bero** of **Newport RI** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Kathleen A. Bero** of **Newport RI** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond of unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have the right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 07/12/2023.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court
Date: June 5, 2023
Colleen M. Brierley, Register of Probate

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A VIEW FROM THE HILL

The End Of It All

BY AUSTIN HENRY

The curtains have closed. The students have left. The class of 2023 has joined the world.

On May 6, the class of 2023 got all bedazzled up and we danced the night away at our senior prom, and for many of us, I think this was the start of an end.

Prom being a milestone that many look forward to makes it also a sobering reminder of the less than a year left before college. Classes began to loosen up as final quizzes were given and I think I expected to be more emotional than I was.

I mean, it was the end of my high school career and so many years of hard work had led up to this, yet I felt very little stress towards the upcoming graduation and the start of college. I chalked it up to it just not hitting me yet because surely it would hit me when I get to my last week of high school.

Fast as the flash, May 6 turned into May 27, and yet I still felt the same.

Going to school on the final day just felt like a normal day. It just felt like I was gonna be there tomorrow. So naturally, I figured that it would hit me the next day. Although when the next day arrived, no strong emotions came with it, it felt normal.

Once more I just chalked it up to thinking that I would feel it on graduation day.

As I sit here writing this, it is the day after my graduation and I think now it's finally hit me.

I'm done. There's nothing more to do for high school. No more essays or quizzes, no more late nights illuminated only by the lamp that sits atop my working desk.

I'm done. It's weird. Not scary, not sad, just strange. I feel that now it's on me more than ever. There's less guidance and far fewer rules. It's interesting to think that nothing is stopping me from just leaving Norwood and disappearing into the world.

Although even with this opportunity, there's a love I have for this town that binds me to it and I am so happy to say it is my home.

It will be unusual not to see the same faces that I have seen every day for so many years, but not in a bad way. It's no longer I am growing up, it's now I have grown up and there's a whole world at my fingertips that I know I will get to experience in full over the rest of my life.

I am excited, and truthfully a little nervous, to head out on my own but that is okay! I think everyone feels this way at this point in life.

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Norwood Sports

Norwood Girls Track Looking Toward The Future

By CHRISTOPHER TREMBLAY

Participating in the Tri Valley League is never easy, and it becomes even harder being a girls track team in Norwood. The Mustangs have had a difficult time going up against the likes of Medfield, Westwood, and Hopkinton, to name a few over the years. And although Norwood Track Coach Alanna Keady knows that Norwood will never be on the same level as some of the TVL powerhouses, she is hoping to get her girls involved on a competitive basis.

“We didn’t have the greatest of seasons with only one win, but it’s tough when you’re going up against schools with huge numbers in the TVL,” the Mustang Coach said. “Although our numbers are nothing like the other TVL competitors, our numbers were up this year. I believe that we had the most girls take part in about five years; we were around 40 and that’s a good start.”

Not only are the numbers starting to improve, but the Mustangs also fielded a very strong sophomore class and will only see three seniors depart from this year’s squad. Unfortunately, one of those senior runners will be Tina Fontaine, who has been a fixture for Norwood in both the 100- and 200-meter runs. Fontaine, who was the Mustangs top point scorer this year, qualified for



both events in the past season but elected not to participate. With her remarkable ability to score points on a regular basis, she will surely be missed on the track.

Another senior graduating was Payton Otto, a sprinter who excels in the 100. Despite joining the team midway through the season to hook up with her friends and have fun before leaving Norwood, she was supportive of the squad and tried to help them win. The final senior running for the Mustangs was foreign exchange student Lise Marie, from France. According to Keady, Marie was one of the team’s best 200-meter runs with a time around 30 seconds.

As the seniors depart the

school, Keady has six juniors, which will be led by Jordyn Robinson, moving up to become seniors next season and taking control of the team. Norwood doesn’t have captains, just senior leaders, so Keady is looking for those now seniors to step up and guide the younger girls and give them a positive mindset while looking up to them.

Robinson, who was a big point earner for the Mustangs this past year, takes part in the hurdles, sprints, and her best event, the high jump.

“She is a very versatile individual; an athlete that you can move around to help the team out on any given day,” Keady said. “She

can help us out in so many different ways and is one of those individuals who just wants to help the team out in any way that she can.”

Emerging from the strong sophomore class this past year, Keady had two girls (Natalie Martin and Catherin Cronin) qualify for the MIAA Track and Field Division 3 Championships in their events.

Martin ran the mile and posted her best time of 5:28.84 for the year and came in seventh place during the TVL Championship Meet. According to Keady, Martin is an amazing runner with top talent and unfortunately didn’t have her best performance at the Division 3 Meet running a time of 5:38.80. The incoming junior next fall will be adding cross country to her resume in addition to two seasons of track becoming a full-time Norwood runner.

Cronin will once again run the 800 for Norwood. This past year she had a qualifying time of 2:29.77 in the event, but much like her teammate, she too didn’t have one of her better performances at the Divisional Meet. She crossed the finish line with a time of 2:34.84.

“As sophomores, just to get there was a big accomplishment and hopefully it will help them in the future,” Keady said. “Natalie and Catherine will be our lead-

ers in the distance category and hopefully will once again qualify in their individual events. Having a partner to train with helps push you and both girls are up for the challenge.”

As for next spring, Keady is hoping that a sprinter emerges for the Mustangs and steps up to take Fontaine’s spot, although they will be big shoes to fill. The Norwood coach is also hoping that the team can improve upon their one-win season, although she knows it will be tough, in addition to finding a diamond in the rough with the incoming ninth graders as well as boosting the team’s numbers (Keady is wishing to get to 50 girls next year).

Over the past years, Norwood has not had huge numbers, if any at all, in the field events and the coach wants to try to expand those events.

“We had no throwers at all this year and that puts you in a bind right away during a meet as you are already finding yourself down 20 points or so,” Keady said. “We need to try to grow the numbers and get some girls in those events. For some reason, Norwood girls are scared of the throwing events. We will be looking for some help in this area so that we can build upon that for the future; you can’t win if you’re already down in points because you don’t have any bodies to take part in those events.”

Hamwey to be Inducted into Bellingham’s Hall of Fame



Bellingham Bulletin sports writer Ken Hamwey will be inducted into the Bellingham Athletics Hall of Fame on Friday, Nov. 17, at the Coachmen’s Lodge.

The 80-year-old Hamwey, a Bellingham resident who’s worked for the Bulletin for 16 years, was a unanimous choice of the selection committee. In addition to the Bulletin, the veteran sports journalist continues to write feature stories in semi-retirement for Local Town Pages, focusing on seven communities — Medway, Millis, Norfolk, Wrentham, Holliston, Natick and Franklin.

Hamwey, who’s been a Bell-

ingham resident for 51 years, graduated from Natick High before earning a bachelor’s degree from Babson College. He started his newspaper career in 1967 with the Framingham News, now the Metrowest Daily News. During his first year as a sports reporter, his stories focused on Bellingham’s new football program that achieved varsity status in 1967 and was coached by George Anderson. Early on, his reporting ranged from high school and college sports to the professional beat where he covered the Boston Celtics and the New England Patriots.

“I’m honored and humbled to be selected for induction into

Bellingham’s Hall of Fame,” Hamwey said. “It’s heart-warming to have a wonderful community like Bellingham recognize me for my reporting. Some of my fondest memories during a 56-year career involve Bellingham’s athletes and teams.”

Hamwey covered the Blackhawks’s baseball and softball teams in 2014 that won state championships on Flag Day, June 14.

“It turned out to be a banner day for the town,” Hamwey said. “The baseball team defeated Monument Mountain Regional and the softball team upset two-time champion Grafton. Both triumphs were in Worcester. The

boys competed at Holy Cross and the girls captured their crown at Worcester State.”

Hamwey also covered many of the high school’s elite players and coaches. He broke the story on Rick Santos when he was chosen to compete in the Hula Bowl after a dynamic career at the University of New Hampshire. He was on the scene when the Blackhawks won two state titles in field hockey during the coaching reign of Ron Bonollo. He also covered the BHS boys basketball team that defeated Bromfield for a state championship in 2003.

HAMWEY

continued on page 17

Norwood Sports

Norwood's Jammalamadaka Proving His Worth

By CHRISTOPHER TREMBLAY

Norwood's Partha Jammalamadaka has been playing tennis since the sixth grade when his dad got him into the sport. Immediately, he fell in love with the sport and found it satisfying when he made a shot. Since that day, he has continued to improve his game, so by the time he got to high school, he wanted to join Norwood Tennis Coach John Churchill's squad.

The then freshman figured that he'd be able to make the team in some aspect, most likely down the ladder somewhere. Following the tryouts Jammalamadaka was totally beside himself when the coach told him that he'd be playing first singles as a freshman.

"I really thought that I'd be playing doubles that first year," Jammalamadaka said. "Whenever I played with my dad, we always played doubles, so I was not used to playing singles at all. During the Covid year, a lot of kids moved on from tennis to other sports; it was nerve wracking to be playing first singles. I was not sure what to expect that year."

To be thrown into the number one position on the team was stressful for Jammalamadaka as he was unsure of the situation that he was getting into with the high school team. He found it to be somewhat crazy as he didn't believe that his talent was that

of a number one singles player, especially as a freshman. Playing in that top spot saw the first-year high school player squaring off against a majority of talented seniors who were much more experienced in his opinion.

"He was our strongest player on the team as only a freshman and was awarded the top position," Churchill said. "He finished the year 6-10, which is remarkable for a freshman. He had wins over six different seniors that year and went to extended matches four times."

Although he put together a rather successful first season, Jammalamadaka was not quite on par at the beginning of the season playing singles. After he recorded his first win against Westwood, he realized that things weren't that bad and that he might actually have a chance of picking up some more wins. That win not only got the freshman excited, but also raised his expectations hoping to go at least .500 for the season.

"I was not exactly thrilled with my six wins as I did not meet my goals," Jammalamadaka said. "I wanted to work on my game, but my family went to India that summer so there was no chance of practicing, but as soon as I got back I worked on my technical issues and raised my confidence."

This past season, the now sophomore found that his confidence and mental game on the

court were much better and that his technical skills had improved. He found, however, that the competition was still tough as he was still facing seniors in the number one singles position. Jammalamadaka went 9-7 this past spring.

"The competition was still tough, but I felt that it was a little easier than last year," Jammalamadaka said. "The victories I did get were earned and not freebees. Coming into this year, I was better prepared to who I was going up against while last year I had no idea what I was up against. I knew more about the teams and the types of players they had; my confidence was also high."

According to Churchill, the sophomore was much more dominant this year. Within his nine wins, eight were in straight sets (last year he only had two straight set wins); the other win was decided in a Super Tie Breaker in which he won 10-5. Over his last seven matches of the season, Jammalamadaka won six of those matches with his only loss coming against Hopkinton, a team that was seeded fifth in the Division 2 State Tournament.

"He did have some early trouble with a high number of double faults, but he worked hard on being more reliable with that first serve," the Mustang Coach said. "He did a much better job over the last part of the season by not making those unforced errors."

He continued to improve over the course of the season and found the kind of shots he could use to win matches."

"Originally I was too worried about my opponent and how they were going to take advantage of my serves, especially those players that were backboards and sending my serves back," Jammalamadaka said. "It was frustrating and annoying, but it was basically my own fault and not playing consistent. I was continually playing over aggressively."

The opponents that had success against the sophomore were athletes that were able to neutralize his power and go at him with a more offensive game.

"Partha has a lot of potential, and if he works to improve his game during the off-season he should come back even stronger," Churchill said. "He needs to work on his backhand and mental hurdles. He should be in a better space come next year, but that is not anything against the season he had this year. It was a big accomplishment to have a Norwood player go over .500, I have never seen anyone do it and I've been here since 2009."



Jammalamadaka already has recorded 15 wins over his first two years on the team playing in that number one position. Churchill noted that to do so is remarkable.

With the year having gone by the wayside, the now incoming junior will be looking to continue to improve his game, which in retrospect improve his record. As for continuing to play tennis after high school, things are still too far away for him to start considering. However, he would like tennis to be a part of his future in some way or another, but right now he's looking toward his final two seasons with Norwood.

HAMWEY

continued from page 16

Others to be inducted include Carrie Wernig (field hockey), Mike Trudeau (baseball), Justin Bernard (football), Bob McManus (hockey), Justin Park (hockey), Beth Thornton (field Hockey), Joanne Paquette (field hockey coach), Dave Gibbs (basketball coach), Rick Smith (contributor) and the 1996 field hockey team.

Hamwey, who'll be inducted as a contributor, left the Metrowest Daily News in 1973 and was hired at the Providence Journal where he spent the next 35 years working for the four-time Pulitzer-prize-winning newspaper. He finished his career there as the paper's Night Sports Editor, retiring

in 2008. On Hamwey's last day in Providence, the Rhode Island State Senate read aloud a citation for his efforts and contributions to R.I. athletics. Two years later, in 2010, he was honored by the Mass. Interscholastic Athletic Association (MIAA), which presented him with its Distinguished Friend Award.

At the Metrowest News, which included editions of the Milford News and Country Gazette, Hamwey wrote a popular weekly column — "Yesterday's Heroes" — that focused on athletes' and coaches' past achievements. Many of Bellingham's top-notch coaches and athletes were featured in that column.

In 2007, Hamwey began covering sports for the Bellingham

Bulletin. As Sports Editor at the Bulletin, he launched a column similar to Yesterday's Heroes called "Where Are They Now," reporting on former Bellingham athletes. For the next 16 years, he extensively covered Bellingham sports while also filing stories for Local Town Pages.

Hamwey's upcoming induction will be his second Hall of Fame honor. He was inducted into the Millis Athletics Hall of Fame last year.

Hamwey and his wife Pauline, who taught at Macy School for 35 years, have been married for 34 years. His son, Travis, is a 1989 graduate of Bellingham High and a 1993 graduate of UMass-Dartmouth.



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Calendar of Events

July 5

Summerfest Concert Town Common 6:30-8:30 p.m.

Roundhouse will be kicking off the Summerfest concert series! For more information about each individual concert on our Facebook page @TownofNorwoodMA. Musical Wednesday nights should be on everyone's summer schedule!

July 6

Thursday Fun Club - Kirby! Morrill Memorial Library, 3 p.m.

Thursday Fun Club is just a space for kids to come to the library and do activities around a theme they enjoy! Each week's program will focus on something different. This week's theme celebrates everyone's favorite Nintendo hero: Kirby! Celebrate our favorite pink character with games, activities and crafts! For ages 5 and up. Registration required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

July 7

Speak Now: a Taylor Swift Party Morrill Memorial Library, 3 p.m.

Calling all Swifties! Drop everything now, and join us at the library on Friday, July 7 for a Speak Now release party! Come hang out with fellow Swifties, and enjoy some fun Taylor Swift-themed crafts and games! For all ages. Registration required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

July 8

Blessing Boutique First Baptist Church, 71 Bond St. 10 a.m.-noon

Stop in at the boutique to browse some great summer clothes and shoes for the family, kitchen items, tableware, linens, books, jewelry, and a whole lot more. Check out their first Christmas in July sale!

July 9

Concerts on the Common Town Common, 6:30-8:30 p.m.

Opening night for the 29th season of the Concerts on the Common series! The Compaq Big Band kicks off the popular

musical series. Information about each individual concert on our Facebook page @TownofNorwoodMA. Bring chairs, blankets, even a picnic and enjoy!

July 10

Carillon Concert Town Common, 6:30-7:30 p.m.

Annie Gao, from Irvine, CA, will be performing. Best listening spots are on the Town Common or in the upper parking lot behind the Town Hall off Central Street. Tours of the bell tower are available after most concerts. Rain or shine.

July 11

Women's Business Networking Meeting, 8 a.m.

The Women's Business Networking (WBN) group is a non-profit organization for women in business or residents of Norwood and surrounding towns. The group meet two mornings per month and in addition to providing referral business, the women share and support business ideas and community events/fundraisers. If you would like more information about the organization, call 781-799-7068, or email wbnofnorwood@gmail.com.

Norwood Farmers Market-Pet Day! Town Common, 2-6 p.m.

Welcoming our four-legged friends to the Norwood Farmers Market! There will be nail cutting (cats must be in carriers), Morgan, a dog who loves when children read to her, non-profit organizations, a dog trainer, and more! Also, visit the Town Common to check out a variety of vendors, including farm stands, bakeries, fish, baseball cards, non-profit organizations, specialty foods, and more! There will be games for the kids and music. It's all happening on Tuesdays on the town common!

July 12

Meet 'n' Greet w/ NPD Dog Mustang Sally Morrill Memorial Library, 1:15 p.m.

Come and meet Norwood Police Department's first therapy dog officer, Mustang Sally! Sally and her human, Officer Geoff Baguma, will be on hand to share how Sally came to Norwood, what a police therapy dog does, and what Sally's daily routine and training looks like. Then

it will be time for the photo ops with Officer Baguma and Sally! For families of all ages. Registration required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

Norwood Woman's Club Meeting Conrads, Norwood, 7:30 p.m.

The Norwood Junior Woman's Club is a women's social group that serves the Norwood community.

New members are always welcome! For more information, email Norwoodjwc@gmail.com or visit their website at Norwoodjwc.org. The club is sponsored by the General Federation of Woman's Clubs, one of the largest and oldest women's volunteer service organizations.

Summerfest Concert Town Common 6:30-8:30 p.m.

Rick Barron and the Quavers will be rocking the Common tonight!! For more information about each individual concert on our Facebook page @TownofNorwoodMA. Musical Wednesday nights should be on everyone's summer schedule!

July 13

Thursday Fun Club - Bluey! Morrill Memorial Library, 3 p.m.

Are you a huge Bluey fan? Come celebrate Bluey and Bingo and Mom and Dad with some fun, creative activities! Registration required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

Artist-in-Residence: Traveling to Haiti Through Haitian Arts Morrill Memorial Library, 7 p.m.

"Traveling to Haiti Through Haitian Arts: Genesis, Evolutions, Perspectives," is a lecture about the past and present forms of Haitian artwork, in the Simoni Room. Haitian art emerged internationally in the 1940s and blossomed thereafter, thanks to some distant connections with WWII and its cultural aftermath in Europe. Best known first for its most popular genre, "native painting," it has since blossomed to incorporate different techniques and styles, including pop art, impressionism, cubism, and environmental art, while incorporating new experiences (natural disasters, environment, migration), without losing

its Haitian essence. This lecture will cover the genesis, evolution, and current perspectives on Haitian art and will feature some artworks on-site. Registration required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

July 15

Midsummer Moonlight & Music Old Parish Cemetery (480 Washington St. (rear-Railroad Ave.), 7:30 p.m.

Gates open at 7 p.m. Rain date, July 17.

July 16

Concerts on the Common Town Common 6:30-8:30 p.m.

The Roy Scott Big Band is back and always a crowd favorite! For more information about each individual concert on our Facebook page @TownofNorwoodMA. Bring chairs, blankets, even a picnic and enjoy!

July 17

Carillon Concert Town Common, 6:30-7:30 p.m.

Sergei and Daniel Gratchev, from Middlebury College, VT, will be performing. Best listening spots are on the Town Common or in the upper parking lot behind the Town Hall off Central Street. Tours of the bell tower are available after most concerts. Rain or shine.

Calm Your Mind: Mindfulness Workshop Morrill Memorial Library, 6:30 p.m.

Emily Egan Bright will explain the concept of meditation and mindfulness followed by some techniques and exercises that will engage the participants. This program is free and open to anyone 18 or older. Registration required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

July 18

Norwood Farmers Market-Kids Day! Town Common, 2-6 p.m.

Come to one of many special events at the Norwood Farmers Market this season! On Kids Day, the Market is partnering with the Norwood Recreation Department offering outdoor games and even spin art! Of course, the Town Common will be hopping

with a variety of vendors, including farm stands, bakeries, fish, baseball cards, non-profit organizations, specialty foods, and more! There will be games for the kids and music. Meet your neighbors, purchase a fresh dinner, and have some fun!

July 19

Turn the Page Book Group-'The High Season' Morrill Memorial Library, 10 a.m.

This month, the group will be discussing 'The High Season,' a novel written by Judy Blundell. For questions, email Patty Bailey at pbailey@minlib.net or call 781-443-8864. Registration required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

Turn the Page Book Group-'The High Season' Morrill Memorial Library (Virtual) 6:30 p.m.

This month, the group will be discussing 'The High Season,' a novel written by Judy Blundell. For questions, email Patty Bailey at pbailey@minlib.net or call 781-443-8864. Registration required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

Summerfest Concert Town Common, 6:30-8:30 p.m.

A night you will not want to miss... David Tessier's Band of All Stars will be performing! For more information about each individual concert on our Facebook page @TownofNorwoodMA. Musical Wednesday nights should be on everyone's summer schedule!

July 20

Sensory-friendly Lego Club for Adults Morrill Memorial Library 12:30 p.m.

Join in on a creative Lego adventure. Just bring your imagination – the library will provide the Legos! The Club is free, inclusive, and open to anyone ages 18+. It is specially designed for adults with intellectual and developmental disabilities. Registration is required. To register, fill the form below, or call the Reference Desk at 781-769-0200 x2.

Thursday Fun Club - A Royal Tea Party!

CALENDAR

continued from page 18

Morrill Memorial Library, 3 p.m.

Calling all royalty! You are invited to “Royal-Tea!” Put on your best royal outfit and join in for high tea! We will provide the “tea” and snacks for our noble friends, along with a few stories and activities. For preschool and up. To register, fill the form below, or call the Reference Desk at 781-769-0200 x2.

July 21

**Great Writers: A Look at the Life & Works of Agatha Christie
Morrill Memorial Library (Virtual)
12 noon**

Agatha Christie is the most famous mystery writer in the world. In fact, the Guinness Book of World Records goes further and lists Christie as the best-selling novelist of all time. Her novels have sold roughly 2 billion copies, and her estate claims that her works come third in the rankings of the world’s most-widely published books, behind only Shakespeare’s works and the Bible. Who was this remarkable woman? How did she come to write her indelible works? Why is she still such a popular literary figure? These and other questions will be explored along with a real life mystery about Christie’s dramatic disappearance in 1926 that remains substantially unsolved to this day. Registration required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

July 22

**Blessing Boutique
First Baptist Church, 71 Bond St.
10 a.m.-noon**

Cool down from the summer heat and think about Christmas in July! There will be all kinds of festive things to choose from. You can also stock up on your kitchen items and tableware, jewelry, books, summer clothes, and all kinds of unique finds!

July 23

**Concerts on the Common
Town Common, 6:30-8:30 p.m.**

Portrait in Jazz will bring a different vibe to the common tonight! For more information about each individual concert on our Facebook page @TownofNorwoodMA. Bring chairs, blankets, even a picnic and enjoy!

July 24

**Find Your Voice Through S.T.E.A.M.!
Morrill Memorial Library, 2 p.m.**

Join staff from the Children’s Museum of Easton for this STEAM-focused program for elementary school aged kids! STEAM stands for Science, Technology, Engineering, Arts and Math and CME will bring an activity from each discipline for kids to try. For ages 5-10 years old. Registration required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

Carillon Concert

Town Common, 6:30-7:30 p.m.

Sydney Nguyen, from Wellesley College, will be performing. Best listening spots are on the Town Common or in the upper parking lot behind the Town Hall off Central Street. Tours of the bell tower are available after most concerts. Rain or shine.

**Stuart Plumer Author Series: A
Conversation with Anita Diamant
Morrill Memorial Library, 6:30 p.m.**

Anita Diamant will be in conversation with Library Director Clayton Cheever discussing her body of literary work. It will be in the form of a Q & A session. About the author: Anita Diamant is the author of thirteen books. Her most recent, published in 2021 is *Period. End of Sentence: The New Chapter in the Fight for Menstrual Justice*. Her first novel, *New York Times* bestseller, *The Red Tent*, was the winner of the 2001 *Booksense Book of the Year*. It has been published in more than 25 countries. Her other best-selling novels include *The Boston Girl*, *Day after Night*, *The Last Days of Dogtown*, and *Good Harbor*. Registration required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

July 25





**Women’s Business Networking
Meeting, 8 a.m.**

The Women’s Business Networking (WBN) group is a non-profit organization for women in business or residents of Norwood and surrounding towns. The group meet two mornings per month and in addition to providing referral business, the women share and support business ideas and community events/fundraisers. If you would like more information about the organization, call 781-799-7068, or email wbnofnorwood@gmail.com.

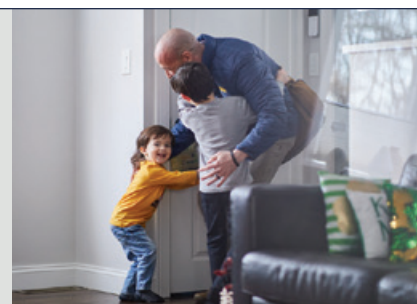
**Norwood Farmers Market
Town Common, 2-6 p.m.**

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check out a variety of vendors, including farm stands, bakeries, fish, baseball cards, non-profit organizations, specialty foods, and more! There will be games for the kids and music. It’s all happening on Tuesdays on the town common!

**Titles on Tap Book Group
Napper Tandy’s, 7:30 p.m.**

Titles on Tap is sponsored by the Morrill Memorial Library and the groups meets at Napper Tandy’s, in Norwood. Titles on Tap is a social book group for readers in their 20s and 30s and for the young at heart. We go in for stories that are shaken, not stirred, and we don’t mind taking our love of lit outside the library walls. Titles on Tap meets once a month in the left-hand bar of Napper Tandy’s to eat, drink, be merry, and discuss the latest reading selection.

July 26

**Summerfest Concert
Town Common, 6:30-8:30 p.m.**

Your feet will not be still during this performance of the Squeezebox Stompers! For more information about each individual concert on our Facebook page @TownofNorwoodMA. Musical Wednesday nights should be on everyone’s summer schedule!

**Cooking with Scraps w/ Cookbook
Author Lindsay-Jean Hard
Morrill Memorial Library (Virtual)
7 p.m.**

Do you feel bad about throwing away food scraps that could be used? Well, feel guilty no more: Lindsay-Jean Hard is here to help people learn how we can make use of those scraps, keep them out of landfills, and still have enough left over for your compost pile! Pulling from her book *Cooking with Scraps*, Lindsay-Jean will answer all of our questions about minimizing (or, in a perfect

world, eliminating) food waste. Registration required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

July 27

**Thursday Fun Club - A Dino-mite Party!
Morrill Memorial Library, 3 p.m.**

Preschool and up
Registration required

This week, it’s all about the dinos. Join us for all things dinosaurs! Have a dino-riffic time stomping and roaring, exploring and playing with all the other dino-kiddos! For pre-school and up. Registration required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

**Reading Freedom: Books in the
Age of Mass Incarceration
Morrill Memorial Library, 7 p.m.**

Kelly Brotzman, director of Prison Book Program, will review the contours of modern mass incarceration, paying special attention to access to educational programs. She will discuss her program’s role in providing incarcerated people with reading material and survey current horizons in prison reform. Registration required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

July 28

**Sensory-Friendly Friday Movie
Morrill Memorial Library, 1 p.m.**

This program is specially designed for adults with intellectual and developmental disabilities. The July movie is *Minion: The Rise of Gru*, rated PG. Registration required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

July 30

**Concerts on the Common
Town Common, 6:30-8:30 p.m.**

Coming from one of Norwood’s neighbors, the Sharon Community Band plays for your pleasure. For more information about each individual concert on our Facebook page @TownofNorwoodMA. Bring chairs, blankets, even a picnic and enjoy!

July 31

**Noticing and Naming Skin Color
Story Time with Story Starters
Morrill Memorial Library, 4 p.m.**

This interactive story time will be presented by Story Starters and include a 5-minute overview of Story Starters and their program offerings, their read-aloud approach for caregivers, followed by a storytime geared toward children ages 3-5, and art project that reinforces the theme of noticing and naming skin colors. This program encourages active involvement from caregivers and children. Registration required, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

**Carillon Concert, rain or shine
Town Common, 6:30-7:30 p.m.**

Milo Brandt, from Groton, will be performing. Best listening spots are on the Town Common or in the upper parking lot behind the Town Hall off Central Street. Tours of the bell tower are available after most concerts.

**Advice for Writers from Literary
Agent Doug Grad
Morrill Memorial Library (Virtual)
7 p.m.**

Are you a writer or aspiring writer looking for some support? Join the Tewksbury Writing Group’s monthly meeting to hear guest speaker and literary agent Doug Grad. Registration required, visit www.norwoodlibrary.org/morrillcalendar/, or call 781-769-0200.

Real Estate Corner

Type of Land Plans Available at Norfolk County Registry of Deeds

Norfolk County Register of Deeds William P. O'Donnell recently reminded homeowners that only a certain type of land plan is recorded at the Norfolk County Registry of Deeds, and it is not a plot plan.

"One of the questions we hear frequently from homeowners at the Registry of Deeds is, 'Can I get a copy of my plot plan?'" O'Donnell said. "Plot plans are not recorded here at the Registry. What is recorded are land plans, which simply provide the overall dimensions of a property. Sometimes a land plan may get recorded that shows a structure on the lot, but more often than not at the Registry of Deeds it does not.

There are times when homeowners require a plot plan when doing a capital improvement, such as an addition to their home or installing a swimming pool. A

plot plan, or site plan, contains retained and proposed buildings. Again, the Registry of Deeds does not record these types of plans here in Norfolk County. There are communities where the building department may have filed plot plans showing the locations of structures as well as various dimensions of those structures and the dimensions of the structures relative to the lot.

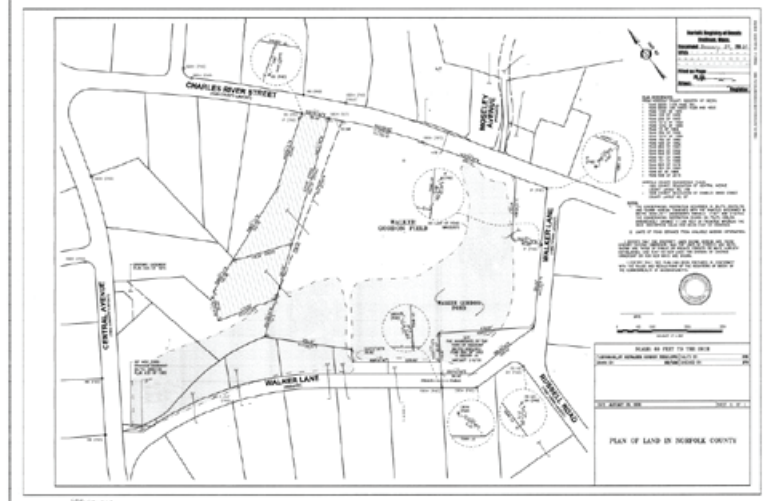
"Plot plans are not always available to the public," O'Donnell said. "In some cases, they may only be accessible to the property owner or a licensed surveyor. Also, remember that these plans may not be up-to-date or accurate as changes to the property may have been made since the plan was filed. It is always best to consult with a licensed surveyor or other professional before relying on any plot plan for legal

or construction purposes."

Many times, a mortgage plot plan will be compiled as part of a real estate transaction or mortgage refinancing. Homeowners should check their records first if they are in need of a mortgage plot plan. Also, in some cases, town building departments may have an accurate copy of a property's plot plan and/or the property's as built plan. If not, the homeowner would have to contract a surveyor if they need to have a plot plan created.

Land plans, which are recorded at the Norfolk County Registry of Deeds, provide the overall dimensions of a property.

"On property deeds, there is a section which lists the metes and bounds (description) of the property," O'Donnell noted. "Most deeds also contain a cross reference to a land plan Book



and Page number recorded here at the Registry. Land plans can be useful if there is a question amongst neighbors about a property line or just highlighting other dimension issues that relate to the property.

The Norfolk County Registry of Deeds has available for view-

ing documents and plans going back to the Registry's beginnings in 1793. Non-certified copies of our documents and plans can be viewed and printed free of charge via our website, www.norfolk-

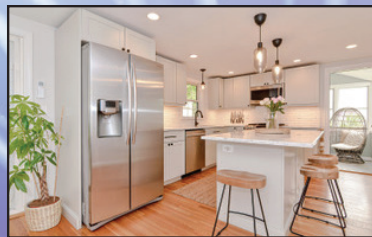
LAND PLANS
continued on page 21

*Wishing everyone a Safe and Happy 4th of July!
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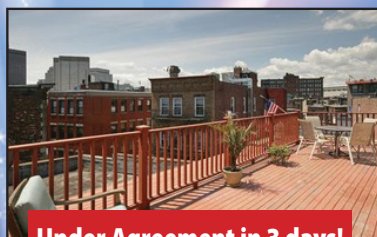
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Real Estate Corner

Register O'Donnell's "Suits for Success" Program Donates to Boston's St. Francis House

Dedham, MA – Norfolk County Register of Deeds William P. O'Donnell donated two car loads of smart casual clothing and business attire totaling more than 150 articles of clothing to St. Francis House in Boston through the "Suits for Success" program, May 16.

The often-taken-for-granted suit or dress clothes hidden away in the back closet and only occasionally seeing the light of day may seem to some like an unfortunate necessity. However, for those looking to regain self-sufficiency, quality clothing can be that extra push they need and help them on the path to success.

"These clothes will be put to good use and appreciated by the thousands who come to St. Francis House each year for a

fresh pair of clothes in times of need," said Keri Thomas, St. Francis House Vice President of Programs and Services. "It is so valuable and necessary in getting individuals ready for the next step and help them to become more independent."

St. Francis House's mission is to rebuild lives by providing refuge and pathways to stability for adults experiencing homelessness and poverty. They aim to transform lives using a holistic approach to understanding and addressing behavioral health, housing, and employment needs.

Register O'Donnell remarked, "We're happy to assist St. Francis House. I thank all those who donated to our 'Suits for Success' program, and I hope other local residents and businesses

will consider making a clothing donation. The program is truly needed, and it's a great resource for the community."

St. Francis House has been aiding the community since 1984. They provide a range of services, including clinical care, behavioral health services, and job counseling. They also offer food, clothing, and affordable and low-threshold housing to those in need.

"Donations like this help ensure the physical and emotional safety of our guests and assist in the process of changing the trajectory of their lives and moving beyond homelessness," said Thomas. "It offers choices to

SUITS

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LAND PLANS

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deeds.org. Copies of land plans that do not contain non-certified copy language are available for a fee of \$1 per plan (size 8 1/2 x 11 inches) plus an additional \$1 per plan for postage. Larger plans, 11 x 17 inches or 18 x 24 inches, cost \$2 per plan plus an additional \$1 per plan for postage. If you desire a copy of a plan from the Registry and you know the plan Book and Page number, send in a mail request to the Norfolk County Registry of Deeds, 649 High St., Dedham, MA 02026, along with a check made out to the Norfolk County Registry of Deeds for the appropriate amount. If you are not sure of your land plan Book

and Page numbers or have further questions about land plans, you can call the Customer Service Center, Monday through Friday, 8:30 a.m.-4:30 p.m. As always, the Norfolk County Registry of Deeds is more than able and willing to assist our customers, the citizens of Norfolk County."

To learn more about these and other Registry of Deeds events and initiatives, "like" them on Facebook at facebook.com/norfolkdeeds, or follow on Twitter and Instagram at @norfolkdeeds.

The Norfolk County Registry of Deeds is located at 649 High St., in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a

need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org. Residents in need of assistance can contact the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.



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Real Estate Corner

SUITS

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people who have had total control of their lives taken away, and this is the final touch that can help individuals land a job and help them on their path to becoming self-sufficient.

Since the Registry started the "Suits for Success" program in February 2009, it has collected more than 10,000 articles of clothing.

The "Suits for Success" program, developed by Register O'Donnell, partners with groups like Interfaith Social Services of Quincy, Father Bill's & Main-Spring of Quincy, the Veterans Affairs Boston Healthcare System Voluntary Service Program, Circle of Hope in Needham, United Parish's Thrifty Threads, St. Francis House in Boston, Suits and Smiles in Jamaica Plain, and InnerCity Weightlifting on our 'Suits for Success' program to assist those who are in need of clothing as well as household items. The mission of "Suits for

Success" is to collect donations of suitable clothing to be distributed to individuals who may need appropriate attire for employment interviews.

"During the past decade, we have learned that programs like 'Suits for Success' work," said O'Donnell. "This program has given many people a valuable resource to help them on the path to success and may ultimately help them achieve self-sufficiency. It is rewarding just to help others in our community who are less fortunate."

If you would like to stay up-to-date on upcoming Registry of Deeds events, programs, and real estate information, you can sign up for our Registry email updates at www.norfolkdeeds.org, like us on Facebook at www.facebook.com/norfolkdeeds, or follow us on Twitter at www.twitter.com/norfolkdeeds.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County. The Registry is a



St. Francis House residents and staff help Norfolk County Register of Deeds William P. O'Donnell, carry in the more than 150 articles of smart casual clothing and business attire donated through the "Suits for Success" program, May 16.

resource for homeowners, title examiners, mortgage lenders, municipalities, and others with a need for secure, accurate, and accessible land record informa-

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↓ 11%

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↑ 2%

23
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↑ 64%

15
Avg. Days on Market
↓ 17%

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Based on data from MLS Property Information Network, Inc. for property type(s) single family condominium in the price range \$0 - \$999,999,999 for the period February 2023 - May 2023. May 2023 stats are compared to previous 3 months' average. Source data is deemed reliable but not guaranteed.

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