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Vol. 1 No. 7

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July 13 - August 9, 2023

Bronze Award Project provided flower pots at Best Buddies dance

The Bronze Award is the highest award that Girl Scout Juniors (fourth to fifth graders) can earn. This project requires 20 or more hours of work and makes a lasting impact on the community. Girl Scouts Cassidy Knapp, Ellie Wallace, and Emma Santomenna had an idea to have an event at the Milford High School's Best Buddies dance.

Now what event to do? They decided to give out small flower pots that the participants would be able to decorate with stickers and grow their own plant in.

Now, to make it reality. These children then scheduled a meeting with Superintendent Dr. Kevin McIntyre to propose their idea. He said yes. The victorious children went to Dollar Tree and Lowes to buy supplies with the generous donation of Petro Home Services.

After that they made posters, flyers, and coloring



Left to right: Ellie Wallace, Emma Santomenna, and Cassidy **Knapp.** Courtesy photo

pages to promote the Best Buddies dance held on May 12. In addition to taking home their own flower pot,

the participants painted their

BRONZE AWARD

continued on page 2

Milford Hawks celebrate graduation, reflect on pandemic start



Milford High School graduation on June 4, 2023. Source: Facebook @Milford-High-School-Massachusetts

By Mia Norris Student Writer

On June 4, students of the Class of 2023 graduated from Milford High School. It was a nice day, with typical New England weather making its presence known with slight rain that rested on top of students'

caps and gowns.

But getting to this day was not an easy route given their fight through the pandemic, and starting their journey with only half of a freshman year which is known

MILFORD HAWKS

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Milford seniors attend Sheriff Evangelidis' Annual Senior Picnic

1,200 Worcester County senior citizens celebrated



Worcester County Sheriff Lew Evangelidis poses for a group photo with the event volunteers before cars begin filtering through SAC Park. Courtesy photo

On Saturday, June 10, 1,200 seniors from across Worcester County filtered through SAC Park in Shrewsbury to receive their FREE Barbeque lunch provided by the Worcester County Sheriff's Office and Worcester County Reserve Deputy Sheriff Association.

This year, Abina Marcos, Joaquin Veira, and Beverly Prescott, Milford residents, were the lucky recipients of a raffle basket from the Sheriff's Office.

"The Sherriff's annual Senior Picnic is always one of my favorite events," said Worcester County Sheriff Lew Evangelidis. "Each summer, it is great to reconnect with friends and familiar faces from all over Worcester County. Our seniors have done and continue to do so much for our cities and towns. They deserve to be recognized and celebrated."

r over a decade, Sheriff Evangelidis and his teams have been celebrating each summer with the Sheriff's Annual Senior Picnic. This year, attendees were greeted with barbecue boxed lunches, raffle giveaways, a goodie bag, scratch tickets, chick-fil-a gift cards, and much more.

With the transition from spring to summer, the Sheriff's picnic becomes a highly anticipated event for the county's senior community. The Sheriff's Office receives support and donations from local companies and organizations such as Table Talk Pies, Dimitria Delights, the Massachusetts State Lottery, Polar Beverage, Atlas Distributing, Chickfil-a Worcester, Chick-fil-a Westborough, and Automatic Rolls of New England.

This year, the picnic was sponsored by the Worcester County Reserve Deputy Sheriff's Association and community partners such as CareOne at Millbury, The Overlook, Christopher Heights Assisted Living, Athol Savings Bank, The Gun Parlor, Mercadante Funeral Home, Falcone Enterprises, NEPBA Local 550 Worcester County Correction Officers, and the Worcester Red Sox. In addition, many vendors attended to showcase their products and services as seniors

SENIOR PICNIC

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BRONZE AWARD

continued from page 1

handprint on large containers filled with herbs, now installed in the PreVoc classroom for kids to use in the café.

The takeaway of this event is that everyone likes to be included. Finally, the girls give thanks to Dr. Alexis Forgit, a special education teacher at the high school, for supporting this trio on their journey.

This article was submitted/written by Cassidy Knapp, a fourth grade student at Woodland Elementary School and reviewed by Ellie Wallace and Emma Santomenna along with their Troop leader.

SENIOR PICNIC

continued from page 2

made their way through the drive-thru.

More than 75 volunteers

from the Sheriff's Office and the Reserve Deputy Sheriff's Association came together to assist with the event.

This press release was submitted by the Worcester County Sheriff's Office



An aerial view of SAC Park during the Worcester County Sheriff's Annual Drive-Thru Senior Picnic. Courtesy photo



Sheriff Evangelidis (left) presents a raffle basket to Milford residents Abina Marcos (passenger seat), Joaquin Veira (driver), and Beverly Prescott (rear seat). Courtesy photo

Milford Compost Facility open Thursday through Sunday

The Milford Compost Facility is open:

- Thursday: 12 Noon 4 p.m.
- Friday: 12 Noon 4 p.m.
- \bullet Saturday: 8 a.m. 4 p.m.
- Sunday: 10 a.m. 4 p.m.

The facility will only accept leaves, grass and brush. There is no charge, however you will need a Milford Transfer Recycling Station Sticker. Stickers are sold only at the Milford Transfer Recycling Station for \$25, credit\debit cards and checks are accepted (No Cash).

The facility is located on Fiske Mill Road, Milford, MA (right after Plains Auto Sales on Route 140 and before Milford Animal Control).

If you have any questions or need more information, please call the Milford Transfer Recycling Station at 508-478-8093 or Transfer Station Office at 774-462-3312.

Source: www.milfordma.gov



Southwick's Zoo to host Boston 25 News Zip Trip

Southwick's Zoo is thrilled to announce its partnership with Boston 25 News to host a Zip Trip on July 14, 2023. The Zip Trip will take place at the event pavilion located across from the Southwick's Zoo main entrance, overlooking the beautiful African Plains.

Southwick's Zoo, family owned and operated, is one of the region's premier wildlife destinations and has captivated visitors for almost 60 years with its diverse collection of animals from around the world. Southwick's Zoo provides a unique experience for families, allowing them to connect with nature, enjoy

interactive exhibits and rides, learn about wildlife conservation and create lasting memories.

Boston 25 News Zip Trips have been a beloved summer tradition for two decades, bringing communities together and showcasing the unique businesses and local attractions of different towns and cities throughout the region. Southwick's Zoo, a treasured destination known for its commitment to conservation and education, is honored to be chosen as one of the venues for Boston 25 News 20th Anniversary of Zip Trips. The event will stream



live on television beginning at 6 a.m. and will include interviews with Mendon newsmakers, special guests, hometown teams, and local heroes. Residents of all ages are encouraged to come out and be part of the audience and share what makes their hometown a great place to live.



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Summer programs, the most exciting time at the library

By Linda Chuss

Samantha Cesario, Youth Services Supervisor at the Milford Town Library, describes the summer reading program as "One of the most exciting but hectic times of the year for us. We connect with families, build relationships with the youth, and switch up our offerings. It's a different pace from the school

"Readers may remember participating in the program long ago – it's been in existence for decades. We expect over 300 youth this year."

There are two ways to participate, either in a program that rewards reading time with incentives, or to attend fun events for babies through 18-year-olds. Events are open to anyone in the specified age range, including visiting family members. Incentive programs

are for youth who register for them.

"It's all totally free, including any supplies needed," Cesario explained.

For reading incentive programs, participants must register at the library before the end of July, then read and track the reading time to earn rewards. Once a week through August 18, visit the library to report the time read. It is a paper system, so no technology is needed.

- Reading as Partners Program is for youth who are not reading independently, and their caregivers.
- The Read and Bead Program is for youth up to grade six, providing beads to create a necklace with, in exchange for minutes reported.
- With the Young Adult Program, for grades 6-12, the

incentive is one ticket for every 30 minutes read. Tickets are entered into a raffle to win one of three baskets.

"We welcome our youth to read what they enjoy and feel successful with," Cesario said. "Every minute counts, from audiobooks, to bedtime stories read to a child, to graphic novels, to digital materials. There are no required titles, though we have copies of the public school summer reading list books. Read and report at your convenience, according to your own pace and schedule."

For events, attend those of interest. Caregivers need to accompany youth under age 10. July events include a live reptile program featuring a Komodo dragon and a Gila monster, making and racing a Lego boat, and a drum and rhythm instrument circle.



With fun activities for babies to high schoolers, and incentives for time spent reading, the summer program is a perennial favorite. Source: Milford Town Library

"We're excited to hold some events in our newly renovated library garden," said Cesario.

To participate in the program, visit the Milford Town Library at 80 Spruce St. For hours and more information, visit milfordtownlibrary.org. For a list of events, visit bit.ly/ MilfordLibraryCalendar

Circus Days coming to Mendon

On Tuesday, July 18, and Wednesday, July 19, the Mendon Lions Club will sponsor The Zerbini Family Circus for two shows at 5 p.m. and 7 p.m.

The colorful Big Top tent will be located at the corner of Route 16 and North Ave. The show is a one-ring presentation featuring a Liberty horse act, amazing trained dogs and rounds out with acrobats, aerialists, jugglers and of course

crazy clown antics.

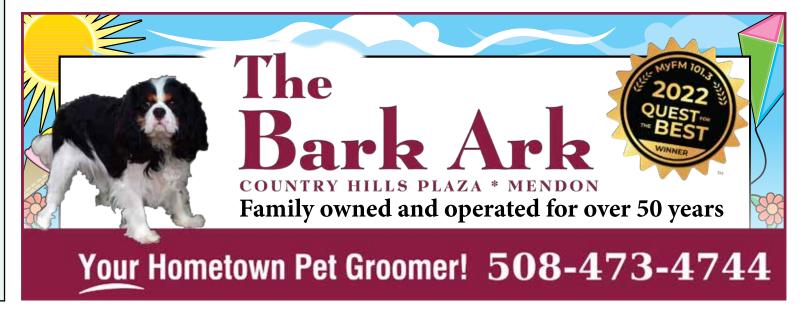
Advanced discount tickets are on sale at Willowbrook Restaurant and Charles River Bank in Mendon. Advanced prices are \$15 kids, under age 2 are free. Tickets sold at the box office will be \$18. Parking will be free at Clough School and the town field off North Ave. All proceeds will go to the Lions Scholarship fund and other Lions charities.

Mass.gov lists swimming pools, wading pools and spray decks

Sites include Casey Pool in Milford

Did you know the Massachusetts Department of Conservation & Recreation maintains a list of swimming pools, wading pools and spray decks for people to enjoy? The list is available on www.Mass. gov and includes locations throughout the state such as the Sen. P. Eugene Casey Memorial Swimming Pool in Milford.

For more information and a full list of sites throughout the state, visit bit.ly/MassSwimmingPoolsEtc. Be sure to check the DCR Park Alerts for updates on park closures and advisories.



Financial advisor Mark Freeman is a portfolio problem solver

By Christie Vogt Contributing Writer

When work travel became too much for Mark Freeman and his family, he decided it was time to make his hobby his new career. "My mom was a CPA, and she got me into investing right out of college," he explains. "From my 20s on, I was spending up to two hours a day on Yahoo Finance." That passion paid off with Freeman finding the perfect professional fit as a financial advisor with Edward Jones. "It's a job I love doing," he says.

Prior to his career in finance, Freeman worked as a mechanical engineer and later as a software sales representative. "When I was in sales, I was encouraged to move on quickly after making a sale, and I didn't enjoy that because I wanted to develop relationships with clients," he says. "As a financial advisor, this job requires you to understand people and really develop a connection with them so you can provide individualized advice."

Freeman says that when it comes to personal finance, "a lot of people struggle with trying to figure out how to achieve everything." They might already be putting away some money for retirement, for example, but soon additional factors come into play. "They start thinking: 'How do I pay for college? How do I get a bigger house? And



how do these things affect each other?" Freeman explains. "The problem starts getting more complex, and that's where I come in and start identifying what's really important to them and putting a plan together to help them achieve their goals."

With many local financial advisors to choose from, Freeman says his engineering background makes him unique. "I'm always asking 'Why?' and I'm always asking what can go wrong," he says. "When I was an engineer, I used to create predictive equations based on looking at how things performed in the past. And that's what I'm doing now with people's portfolios."

Edward Jones as a company also stands out among its competitors, Freeman says. "When I was interviewing with other companies, they spoke more about what was in it for advisors versus clients. Edward Jones, by contrast, spoke more about how its services benefit clients, and that was important to me." Freeman notes, for example, that he is transparent with clients about anything that will cost money up front, and he might work with someone



Mark Freeman lives in Holliston with his wife and daughters. Courtesy photo

for years before receiving compensation himself.

Integrity is especially meaningful to Freeman given his community connections. He lives in nearby Holliston and his office is in Hopkinton. "I love the local community," he says. "I'm also glad to sponsor organizations like the HCA Arts Center and to be a director on the board at Project Just Because."

Freeman insists on crediting his wife when it comes to his success as an advisor and father. "She is the smartest person I know and has really helped me and our daughters through everything," he says. "Raising kids is challenging, especially with

us both having demanding jobs, but we've been able to balance it because of how smart and intuitive she is."

Money is one of the biggest things people argue about in relationships, Freeman says. "So, my job is to eliminate that." Whether it's saving for retirement or buying a first home,

Freeman concludes that it all comes down to one thing: "I'm giving them advice to reduce stress in their life."

For more information, contact Mark Freeman at 508-293-4017 or email Mark. Freeman@edwardjones.com.

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Milford Regional breaks ground in Medway



Approximately 45 people attended a groundbreaking ceremony for the Milford Regional community-based satellite location—Milford Regional in Medway. Pictured front row, L to R: Milford Regional Physician Group President Patrick McSweeney, MD, and Milford Regional Medical Center President and CEO Edward J. Kelly. Back row, L to R: Medway Town Manager Michael Boynton; President of Lobisser & Ferreira Construction Corporation Joe Ferreira; State Rep. Jeffrey Roy; Medway Select Board Chair Glenn Trindade; Milford Regional Board of Trustees Building Committee Chair Brian J. Earley; Lobisser Companies President Kevin Lobisser; and Office of Massachusetts Senate President Karen Spilka's District and Special Projects Director Susan Nicholl.



During the June 7 groundbreaking ceremony for the new Milford Regional community-based satellite location, State Rep. Jeffrey Roy presented a citation from the Massachusetts Legislature commemorating the occasion. Pictured L to R: State Rep. Jeffrey Roy; Milford Regional Physician Group President Patrick McSweeney, MD; Milford Regional Medical Center President & CEO Edward J. Kelly; Office of Massachusetts Senate President Karen Spilka's District and Special Projects Director Susan Nicholl.

On the morning of June 7, approximately 45 individuals attended a groundbreaking ceremony for Milford Regional's newest community-based satellite location--Milford Regional in Medway. Representatives from Milford Regional Physician Group, Milford Regional Medical Center and Lobisser & Ferreira, as well as state legislature and Medway town officials were present for the ceremony.

The new healthcare facility, located at 68A Main Street, will be 22,000 square feet and

is expected to open in Spring 2024. Services will include adult and pediatric care; obstetrics and gynecology; urgent care and laboratory and radiology services. The facility

aims to provide expanded healthcare services to Medway and neighboring communities.

This press release was submitted by Milford Regional Physician

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MILFORD HAWKS

 $continued \ from \ page \ 1$

to be a crucial year in the development of social connections and academic head starts. And even after these challenges, the members of this class were finally able to walk across the stage and celebrate their accomplishments together.

Starting off the ceremony, students proceeded onto the football field accompanied by the MHS Band. After welcoming remarks from Principal Joshua Otlin, Class President Tessa Scrimgeour spoke about her time at Milford High and spoke directly to her classmates.

Mentioning the experience

and effect of the pandemic, and talking about the impact of the students that made a difference to her journey at Milford.

"The Class of 2023 is a unique group of students that I have been fortunate to work for and be a part of. Graduation was a beautiful, slightly chilly, day where I got to watch peers and friends be recognized and celebrated for their years of hard work and dedication," Scrimgeour said. "Members of this class have already made lasting impacts in our community, and I am incredibly excited and grateful to see everyone's next steps in life. With this new freedom I encourage everyone to continue to push themselves to learn, to teach others, and to

give back to whatever community they find next."

Next, salutatorian Jessica Calarese and valedictorian Haley Jansons spoke about memorable moments within the halls of Milford High.

When asked about her reflections on graduation, Jansons said, "I'm very proud to have been a part of the Class of 2023. We got especially close and tighter knit this year, so it was very heartwarming to see everyone together celebrating at graduation."

Following these speeches Principal Otlin once again came to the podium to make one final address to the class before the students crossed the stage and graduated.

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Summer Eye Safety

By Roger M. Kaldawy, M.D. Milford Franklin Eye Center

We all use sunscreen to protect our skin, but don't forget to protect your eyes as well. Summertime means more time spent outdoors, and studies show that exposure to bright sunlight may increase the risk of developing cataracts and growths on the eye, including cancer. The same risk applies when using tanning beds, so be sure to protect your eyes from indoor UV light as well. Sunlight reflected off sand and water can cause photokeratitis, the condition responsible for snow blindness, so beach- and pool-goers: Take note.

Independence Day is just around the corner. Your 4th of July holiday usually ends with enjoying professional fireworks and maybe even lighting a few of your own in the backyard. Before you light your first bottle rocket or sparkler, let's talk about the dangers of fireworks and how to keep you and your loved

ones safe

Most firework injuries happen in a one-month span from late June to late July. Each year approximately 16000 people visit an emergency room because of a fireworksrelated injury, and there are 18 deaths. The number of people sustaining minor injuries not requiring an ER visit is thought to be much higher. The most common injuries are to the hands and fingers, legs, head, face, ears and arms. Sometimes people pick up packs of fireworks at the grocery store thinking they're safe because they're small and don't produce large displays. Often, these are the fireworks we give or use close to children. Consider the number of ER trips these common, "safer" fireworks cause each year. Many of us think the people most at risk of getting injured are those lighting the fuse, but bystanders are the most at risk. Those on the sidelines account for 65% of all ER visits for firework-related injuries.

Eye injuries caused by fireworks are very common and can have devastating effects. Your eyes are delicate, and any fireworks injury could potentially cause permanent damage. Sparks, flames, smoke, and flying pieces of debris are all hazards inherent in any display. The four most common eye injuries are: detached retina, scratches on the cornea, ruptured eyeball and burns. Any eye injury can lead to long-term vision problems or even blindness. If your eye has been hurt, seek medical attention right away. Please leave fireworks to the professionals and let's all enjoy a safe 4th.

UV radiation, whether from natural sunlight or indoor artificial rays, can damage the eye's surface tissues as well as the cornea and lens. Unfortunately, many people are unaware of the dangers UV light can pose. By wearing UV-blocking sunglasses,

you can enjoy the summer safely while lowering your risk for potentially blinding eye diseases and tumors. It is important to start wearing proper eye protection at an early age to protect your eyes from years of ultraviolet exposure.

Everyone of any age and any degree of skin pigmentation is susceptible to UV damage. Children are particularly susceptible to UV damage. People with light colored eyes may have an increased risk of certain eye diseases tied to UV exposure, including eye cancer. Some studies show that people with certain eye diseases such as retinal dystrophy may be at greater risk for UV-related sun damage.

Cataract is a clouding of the eye's lens. The lens must be clear in order to focus light properly onto the retina. Extensive exposure to the sun is one of the major reasons why we develop cataracts. Cataract surgery is by far the most



common surgery performed in the United States.

According to a national Sun Safety Survey conducted by the American Academy of Ophthalmology, only about half of people who wear sunglasses say they check the UV rating before buying. The good news is that you can easily protect yourself. In order to be eye smart in the sun, the American Academy of Ophthalmology recommends the following:

Wear sunglasses labeled "100% UV protection": Use only glasses that block both UV-A and UV-B rays and that are labeled either UV400 or 100% UV protection.

Choose wraparound styles so

EYE SAFETY

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Roger M. Kaldawy, M.D.



Dr. Arroyo, M.D., MPH



Michael R. Adams, O.D.



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Kerry Crutchley appointed to Chief People and Culture Officer of Central One Federal Credit Union

Central One Federal Credit Union is happy to announce the promotion of Kerry Crutchley to Chief People and Culture Officer.

Kerry has been an invaluable asset to Central One's Human Resources department since 2014, most recently as the Vice President of HR. She holds a master's degree in human resources management, is SPHR certified, is an active Board Member of ONE Worcester, Organization for Nonprofit Excellence, and was

recently appointed a Board Member of the Boys and Girls Club of Worcester.

Dedicated to the development of an exceptional culture at Central One, Kerry has spearheaded numerous employee-first initiatives and plays a pivotal role in the internal culture committees to ensure employees feel recognized and valued.

Central One congratulates Kerry on her well-deserved promotion and wishes her continued success in her new role.



New mattress and box spring recycling option

The Town of Milford has partnered with Green Team Junk Removal to give residents more flexibility with mattress and box spring collection.

If you can't use the drop off at the Transfer Station, please call Green Team Junk Removal at 508-361-0519 to schedule a pickup at your house. Items must be dry in order to be recycled. For more information, visit www.gogreenteamjunk.com/

Each unit is \$75 - mattress is \$75, box spring is \$75 -and prices subject to change.

Mattresses and box springs can still be taken to the Transfer Green Team

Junk Removal Station, and there is a \$30 fee for each box spring or mattress

at that location. For more information, see the town website at bit.ly/Milford-

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Why would you want to drive for the MWRTA? There are a plethora of reasons! For starters, there's a \$2000 sign on bonus, a 401k, and paid vacations. Health insurance and dental coverage is provided by Blue Cross Blue Shield. And if you need flexibility in your schedule, this is the place to find it.

Driving for the MWRTA allows you to work part or full time. You can be a demand response driver, assisting the elderly and people with disabilities, or, if it better suits your needs, you can drive a fixed route to different stops throughout your shift. If you don't have a class C CDL, worry not, as you can get hired with just a regular driver's license. Then, instead of paying thousands of dollars out of pocket for a CDL, MWRTA will pay to train you while you spend nothing. That's right, you'll get paid for something you would normally have to pay for!



Employment spotlight

If you're seeking employment within a company that cares, MWRTA is the place you're looking for. Helping people is their number one priority. Whether it's getting folks to and from work, or transporting them to life-saving medical appointments, you'd be making connections that will leave you feeling fulfilled every day.

MWRTA values diversity, both in the people they employ and those they serve. Their goal is to make everyone feel welcome, comfortable, and accepted. So, whether you're a retiree looking for a new career, or you're sick of commuting on the Mass Pike, MWRTA offers



a professional and fulfilling work environment. There is room for growth and advancement opportunities and a flexible schedule along with a great benefits package.

For more information on how to drive for the MWRTA, please check out the website at MWTRA.com/careers, call 508-935-2222 or email jobs@ mwrta.com

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Milford Town Library Calendar of Events

80 Spruce Street, Milford • 508-473-2145 • MilfordTownLibrary.org • HOURS: Mon. – Thurs. 9-9 • Fri. 9-6 • Sat. 9-5 • Sun. CLOSED

By Reference Department

Summer Reading Programs Underway

The Summer Reading Program is open to all youths birth-18 and has programs, events, incentives and more. Watch the website, milford-townlibrary.org and social media for more details. For more information about any programs or events, call Samantha Cesario, scesario@milfordtownlibrary.org, 508-473-2145 ext.216.

July Youth Events: Beach Jar Terrariums (Registration Required)

Tuesday, July 18 2:30 - 4 p.m. Craft a seasonal terrarium in a mason jar using sand, rocks, wood, and shells. Location: YA Room

Sunprints Ages: All

Tuesday, July 18 5 - 6:30 p.m. Join us in the garden to make unique works of art using just special paper and the sun. Location: Garden. Rain location: Granite Room

Lego Challenge: Sailboats (Ages 6-11)

Wednesday, July 19 2 - 3:30 p.m. Players will have 35 minutes to build a working sailboat followed by a race. Caregivers are also welcome to build. All passable creations receive a prize. Location: Children's Program Room

Movie and Myo Snack-Mitchells vs. The Machines

Wednesday, July 19 2:30 - 4:30 p.m. Mitchells vs. the Machines and Shark Attack Popcorn. Location: YA Room

Talewise: Storytelling with science (Ages: 5-12)

Thursday, July 20 2 - 4 p.m. In this action-packed story, two unlikely heroes work together to save their town (and the planet) from a super-polluting mastermind. Throughout the adventure, volunteers will help the performer conduct several exciting experiments that bring this story to life. Together we'll explore Newton's Laws of Motion, air pressure, chemical reactions, and more. Location: Granite and Quarry Rooms

Pen a Poem Performance

Thursday, July 20 6 - 7 p.m. A recitation and reception to celebrate the hard work of the poets who completed the Pen a Poem Workshop. Family and friends welcome; snacks will be provided. Location: Children's Program Room

Teddy Bear Picnic Ages: all

Friday, July 21 12 - 3 p.m. One of our favorite summer programs returns. Pack a picnic lunch and bring your favorite stuffed friend for outdoor activities a story at 12:30 p.m. Don't forget something to sit on. Location: Garden. Rain location: Granite Room.

Drum Circle and Rhythm Session with Mike Leo Ages:

Tuesday, July 25 2 - 3:30 p.m. Join Mike Leo for a drum circle and rhythm session. This hour and a half long program will be split into two 45-minute sessions. The first session is a combination drum and rhythm circle where participants will become familiarized with their instruments, their origins, and

some tips on how to play them. The second session will put the concepts learned and confidence gained into action as part of a live interactive concert.

Mike is a guitarist and vocalist who will lead the group through a whole bunch of well-known songs. The group becomes the Rhythm Section, and everyone becomes both audience and performer. Location: Granite & Quarry Rooms

NEW! Heritage Recipe Collective

A new initiative debuts this month which seeks to celebrate and share the personal family recipes within the Milford community. Erin, our Circulation Department Assistant Librarian, a passionate baker and cook. will be facilitating the collective.

The idea originated from a cherished cookbook her mother gifted her that had beloved recipes from their home community going back almost 100 years. She was also inspired by some of the many local cookbooks from the Paul E. Curran Historical Collection.

In addition, this project will celebrate Milford's many cultures. Erin hopes that members of our community feel welcome and to be part of something that celebrates something special about this community while also reminding them of precious home connections

To get things off to a delicious start, Erin will be trying a recipe from a vintage Milford Junior Women's Club cookbook. Stop by the week of July 18 for a yummy sample and learn how you can contribute some of your own recipes to

the collective.

Tech Tuesdays

Join us on the first Tuesday of each month from 10-11 a.m. for a free drop-in library tech help session. We can help you get started on all the tech available at or through MTL—Libby, hoopla, Meescan (self-checkout), CWMARS app & more. Bring your questions and devices to the Information Desk for assistance.

ESL Drop in Classes

During July, drop-In ESL Classes will be held on Tuesdays at 7 p.m. All adults who want to improve their English listening and speaking skills are encouraged to attend these free classes. Classes are held in the ESL classroom on the lower level of the library. No registration is necessary. Class materials will be provided.

Durante o mês de julho, as aulas de ESL serão realizadas às terças-feiras às 19h. Todos os adultos que desejam melhorar suas habilidades de escuta e fala em inglês são incentivados a participar dessas aulas gratuitas. As aulas são ministradas na sala de ESL no nível inferior da biblioteca. Nenhum registro é necessário. Materiais de aula serão fornecidos.

Durante julio, las clases de ESL sin cita previa se llevarán a cabo los martes a las 7 p.m. Se anima a todos los adultos que deseen mejorar sus habilidades para escuchar y hablar en inglés a asistir a estas clases gratuitas. Las clases se llevan a cabo en el salón de ESL en el nivel inferior de la biblioteca. No es necesario registrarse. Se proporcionará material de clase.

English Learning Lab

An English Learning Lab, featuring iPads loaded with language tools such as Mango Languages and Transparent Languages remains available Monday - Thursday 9:30 a.m. - 8:30 p.m., Friday, 9:30 a.m. - 5:30 p.m. and Saturday, 9:30 a.m. - 4:30 p.m. Students can borrow iPads and wireless headphones for self-paced, in-library use of these tools to learn English. Go to the Reference Desk to sign up for 30, 60 or 90-minute sessions. We thank the Milford Rotary for their sponsorship.

Um laboratório de aprendizado de inglês, com iPads carregados com ferramentas de linguagem, como Mango Languages e Transparent Languages, permanece disponível de segunda a quinta, das 9h30 às 20h30, sexta, das 9h30 às 17h30 e sábado, das 9h30 às 16h30. . Os alunos podem emprestar iPads e fones de ouvido sem fio para uso individual dessas ferramentas na biblioteca para aprender inglês. Vá ao Centro de Referência para se inscrever em sessões de 30, 60 ou 90 minutos. Agradecemos ao Milford Rotary pelo patrocínio

Un laboratorio de aprendizaje de inglés, con iPads cargados con herramientas de lenguaje como Mango Languages y Transparent Languages, permanece disponible de lunes a jueves de 9:30 am a 8:30 pm, viernes de 9:30 am a 5:30 pm y sábados de 9:30 am a 4:30 pm. Los estudiantes pueden tomar prestados iPads y auriculares inalámbricos para usar estas herramientas en la biblioteca a su propio ritmo para aprender inglés. Dirígete al Mostrador de Referencia para inscribirte en sesiones de 30, 60 o 90 minutos. Agradecemos al Milford Rotary por su patrocinio

Center Book Group

The Center Book Group will meet on Tuesday, July 18 at 10 a.m. at the Milford Senior Center to discuss Killers of the Flower Moon: The Osage Murders and the





Affordable Junk Removal: Community ties and a commitment to customer service

There are plenty of reasons to call a junk removal service. Maybe you're planning to move and need to clear out the basement and attic before your open house. Maybe you've spent way too much time at home lately and are feeling the need to declutter.

But figuring out who to call can be a pain. If you contact one of the big haulers, they route you to a phone center where they've never even heard of your town, plus their pricing seems vague and full of extra fees. No wonder you've let the stuff pile up—it's too much of a hassle to get rid of it!

Or you can call Affordable Junk Removal and let a local small business with deep community roots take care of everything.

Jay Schadler started his business in 2003. Back then, it was just him and a beat-up pickup truck taking small jobs and working nights and weekends when he could. As the years rolled on, his business grew, but his commitment to customer service never wavered. Now he's got a staff of ten, along with ten trucks, servicing eastern and central Massachusetts and northern Rhode Island.

Affordable Junk Removal specializes in house and estate cleanouts. If your garage, attic, or office is overflowing with stuff, take back your space and let the pros do the heavy lifting. Jay and his team have han-

Business sp⊗tlight

dled it all. They've dismantled above-ground pools, hauled away ancient hot tubs, taken down old fencing, and stripped away worn carpeting. They'll come for a single item, or they'll clean out an entire house. And they can take almost anything. They can't accept hazardous materials, brush, dirt, or concrete, but everything else is fair game for them to take away.

Not everything ends up in a landfill—not if Jay can help it. He first tries to either recycle or donate items. Only after he tries to repurpose items do they end up at the transfer station.

Working with Affordable Junk Removal is simple. First, you can load stuff yourself if you want by renting a 15-cubic-yard dumpster for a week and chucking up to a ton of your unwanted stuff. If you need to get rid of more weight, then Jay prorates that tonnage—you never pay for what you don't use.

If you don't want to be bothered with the dumpster, they've also got a driveway special where they'll take away a truckload of your unwanted things if you pile it up. Or if you don't want to lift a finger, then you can point at the items, and the team will fill up their truck



more peace of mind.

Jay and his team beat the big waste haulers on both price and customer service. When you call Affordable Junk Removal, you aren't connected to an anonymous call center. Your phone call goes right to Jay.

And speaking of pricing, Jay is upfront about it. His website shows the truck sizes and prices, so you can save time knowing your costs before you call for an appointment. There aren't any hidden costs or surprise fees with Affordable Junk Removal.

Affordable Junk Removal is fully licensed and fully insured, and they'll treat your property with care and respect.

They also have a thriving

commercial business, working with contractors and roofers to clear away debris and keep the job site clean. They can even handle commercial and residential emergencies with same-day service.

Jay and his family are deeply involved in the community. He and his wife, Christine, run the Corner Market restaurant in Holliston as well as Resellables, a thrift store in Bellingham. It's not uncommon for someone to reach Jay at the restaurant, order a sandwich, and then schedule a junk removal appointment. Yes, the local small business really can handle everything!

For more information, contact Jay Schadler at (774) 287-1133 or visit Affordable Junk Removal online at www.take-awayjunk.com.

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LIBRARY

 ${\it continued from page }~10$

Birth of the FBI by David Grann. Grann chronicles a series of murders within the Osage Native American community in Oklahoma in 1920s. The tribe owned valuable oil fields and a deliberate effort was made to execute them and take control of the oil wealth.

This work of non-fiction will be adapted this fall into a feature film by director Martin Scorsese with a largely Native American cast.

To reserve a copy or to learn more about the Center Book Group, please call the Information Desk at 508-473-2145, ext. 219 or email Anne at aberard@milfordtownlibrary.org.

Yearbooks for Sale

A small number of old Milford High School (Oak Lily & Ivy) yearbooks are available for the bargain sum of \$1each. Here are the years currently available: 1942, 1943, 1945,

1954, 1957, 1959, 1964, 1998, 2009 and 2011. A St. Mary's High School yearbook for 1953 is also available. All proceeds benefit the Friends of the Milford Town Library.

If you have yearbooks you'd like to donate, we'd be happy to take them. In particular, we are seeking St. Mary's yearbooks to fill in our collection. If you are seeking a specific year, we maintain a wish list. Please ask at the Information Desk 508-473-2145 ext.219 to either buy or donate.



John Eldridge was a proven public spokesperson

A common theme of the signage on the walls of Marty's Kitchen restaurant in Milford encouraged all patrons to do the right thing by standing up for their beliefs. That mantra captures the life and world of John Eldridge, a Milford restauranteur and respected Blackstone citizen who passed from this world on Memorial Day weekend at the age of 79. Above all else, John was a catalyst for open communication. He was a person who served his country well and became one of the most vocal public servants the Town of Blackstone will ever experience. Those who interacted with him will confirm that Eldridge possessed a strong moral compass and never strayed in his commitment to expand the political dialogue to capture all views. He was a person who maintained his integrity throughout his life while encouraging others to follow suit. As a school committee member and selectperson in Blackstone, he promoted a style of transparency which continues to serve as a model for all. Proud to know him, I had an opportunity to visit with him several times be-

fore he passed. Typical of this humble man, he shared that he was accepting of his health situation, but he wished he could have done more before being called to his maker. He also conveyed apologies to his family and friends that he would exit before his upcoming 80th birthday in August.

John was well known as a voracious and spirited orator. He grabbed every opportunity to convey his message accompanied by occasional flailing gestures. His speaking venues included public forums, town board meetings and just about any conversation. He was a throwback to the legislative and public speaking environs fostered by Marcus Cicero within the Senate of early Rome or Greek philosopher Demosthenes. Every patron of his restaurant received hot coffee from Nancy coupled with a full plate of breakfast garnished with politics from John.

Blackstone Valley Tech viewed John Eldridge as a culinary arts tradesperson as well as a respected public official. Former BVT School Committee member Art Morin of Milford



John Eldridge Show. Courtesy

and student interns would comment on how impressed they were by John's wide range of experiences. Linking his messages and opinions with practical field-based experiences was just one of John's techniques for influencing his listeners. Ever cognizant of the benefit of an informed citizenry the "John Eldridge Show", with its capable tech support by Ashley on local cable, provided another source of inside information blended with data reference for pondering. They do not make many like John Eldridge and I convey appreciation to his family for sharing him with us.

Dr. Michael F. Fitzpatrick, Superintendent-Director Blackstone Valley Vocational Regional School District

EYE SAFETY

continued from page 7

that the sun's rays can't enter from the side.

If you wear UV-blocking contact lenses, you'll still need sunglasses.

Wear a hat along with your sunglasses; broad-brimmed hats are best.

Remember the kids: It's best to keep children out of direct sunlight during the middle of the day. Make sure they wear sunglasses and hats whenever they are in the sun.

Know that clouds don't block UV light: The sun's rays can pass through haze and clouds. Sun damage to the eyes can occur any time of year, not just in summer.

Be extra careful in UVintense conditions: Sunlight is strongest mid-day to early afternoon, at higher altitudes, and when reflected off of water, ice or snow.

By embracing these simple tips you and your family can enjoy the summer sun safely while protecting your vision ... And if you have a cataract and it's time for surgery, remember that new technologies exist to optimize vision and outcome: Bladeless laser cataract surgery is a major advancement in cataract treatment, is FDA approved and embraced by top Ophthalmologists in the US and around the world.

At Milford Franklin Eye

sample to editor@milfordfreepress.com.

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who live in the area and are interested in writing for our publication. If interested, please send a résumé and writing

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Retirees: Talk finances with your grown children



Mark Freeman

FINANCIAL FOCUS

When you're retired, you'll likely have some financial concerns — just like all retirees. However, if you've invested regularly and followed a long-term financial strategy, you should be able to address most issues that come your way. But there's one important action that's sometimes overlooked by retirees: sharing their financial situation with their grown children. And this knowledge can benefit everyone in your family.

You might be surprised by the concern your children have for your financial well-being. Consider these findings from a 2023 study by Age Wave and Edward Jones:

- 66% of millennials (generally defined as ranging from 27 to 42) worry that their parents or in-laws may not have enough money to live comfortably in retirement.
- 83% of millennials would rather know their parents are financially secure in their retirement, even if it means their parents pass on less money to them.

If you have children in this age range or older, or who soon will be, how can you address their concerns and potentially improve your financial outlook? Communication is the key. By openly communicating with your family about your financial status, you can reduce anxieties and misperceptions. If you're in good financial shape, your adult children may

be reassured that you won't be needing their assistance. And if you are feeling some financial pressures, you can inform your children of the steps you are taking to improve your situation.

One such step may be to reduce your cost of living — the less you spend day to day, the better your ability to preserve your investment and retirement accounts. You may be able to reduce costs in many small ways, such as ending streaming services you no longer use, but you could make an even bigger impact by downsizing your living arrangements. In fact, 72% of today's retirees have downsized or are willing to downsize to reduce their housing costs, according to the Age Wave/Edward Jones survey. Downsizing isn't for everyone, but if it's a possibility for you, it may be worth considering because the savings could be significant.

You may also be able to reduce or consolidate your debts. Start by understanding how much and what kinds of debt you have. Then, consider ways to lower your payments, such as refinancing. For example, if you're carrying a balance on multiple credit cards, you might be able to transfer the amounts you owe onto a single card with a more favorable interest rate.

Here's another move to consider: Adjust your investment mix to possibly provide you with more income in retirement. During your working years, you may have invested primarily for growth — after all, you could be retired for two or more decades, so you'll need to draw on as many financial assets as possible. But once you're retired, your investment focus may need to shift somewhat toward incomeproducing opportunities. Keep in mind, though, that you'll still need some growth potential to

help keep ahead of inflation.

One final suggestion:

Let your children know if you already have a strategy in place to meet the potentially high costs of long-term care, such as a nursing home stay. This burden is certainly something you won't want your children to take on.

By informing your children about your financial picture, and how you're trying to improve it, you can ease everyone's minds — so keep the lines of communication open.

If you would like to discuss your personal situation with a financial advisor contact:

Mark Freeman Edward Jones Financial Advisor 77 West Main Street, Hopkinton, MA 508-293-4017 Mark.Freeman@edwardjones.com

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Pictured are Michael Shain, the founder and president of Thanks To Yanks, and Kim Briggs, the Relationship Branch Manager of UniBank Milford. UniBank recently made a generous donation of eight \$25 gift cards to be used by Thanks To Yanks to support local veterans. For more information on both organizations, visit them on Facebook.

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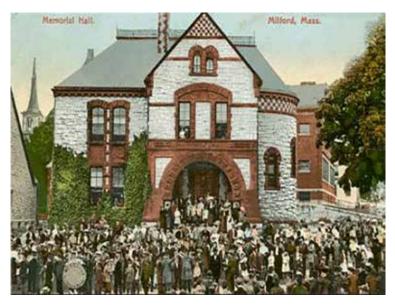
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Visit Memorial Hall on Thursdays

Milford Memorial Hall is open to visitors on Thursdays from 1 to 4 p.m., and also by appointment.

The building was built in 1884 to commemorate the Civil War and has "one of the finest displays of Civil War artifacts in the country," according to the Milford Historical Commission's webpage. It also contains local memorabilia and an extensive collection of articles written about the town offering everyone the opportunity to study our heritage and family genealogies, according to www. milfordma.gov/historical-commission.

According to Wikipedia.
org, the building was "designed
by Milford architect Frederick
Swasey in the Richardsonian Romanesque style, the
hall was built in 1884 from
local Milford granite and



Milford Memorial Hall. Source: www.milfordma.gov

Longmeadow brownstone. The building features carved brownstone figures and panels."

The building was added to the National Register of

Historic Places in 1985, and underwent a restoration in 2001–2002.

Milford Memorial Hall is located at 30 School Street.

Library offers museum passes to summer fun

Did you know the Milford Town Library offers more than 20 passes to museums and attractions in Massachusetts and Rhode Island. The tickets provide admission at a discount price (some offer free admission).

The sites include:

- Battleship Cove
- Boston Harbor Islands
- Davis Farmland
- EcoTarium
- Harvard Museums of Science
 & Culture

- Historic New England
- Institute of Contemporary Art Boston
- Isabella Stewart Gardner Museum
- Mass Audubon
- Massachusetts State Parks
- Museum of Fine Arts
- Museum of Science
- New England Aquarium
- Peabody Essex Museum
- Providence Children's Museum
- Roger Williams Park Zoo
- Salem Witch Museum

- State Police Museum and Learning Center
- The Patriots Hall of Fame
- Tower Hill Botanic Garden
- Trustees of Reservations
- USS Constitution
- Worcester Art Museum
- Zoo New England

For more information about each pass, or to make a reservation, visit bit.ly/Milford MA library passes. Additional questions can be answered by the Circulation Department at 508-473-2145 ext. 218.



Milford Humane Society Pet of the Month



Angus, affectionately known as "Big Beef," arrived at the Milford Humane Society as a stray.

He is a young active cat who enjoys the attention of the volunteers, playing with string toys and hanging out with other feline friends. Angus will wind around your legs to be near you and likes to be petted.

For more information on Angus or the other cats at the Milford Humane Society please visit www. milfordhumane.org.

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AAA issues tips for driving near Philadelphia after I-95 collapse

On June 11, a heavily traveled section of I-95 in Philadelphia collapsed after a tanker truck carrying flammable material caught fire, and repairs are estimated to take weeks or months.

For travelers heading to or through the area, AAA offers the following advice:

- The most up-to-date detour information can be found at www.pa.gov/i95updates.
- For travelers from Rhode Island and Massachusetts, going by train may be a good

- alternative.
- While AAA does not route motorists on I-95 heading to places like Washington and Virginia, it does use the New Jersey Turnpike, which will likely see traffic volumes increase. Plan accordingly.
- Additionally, the Pennsylvania Turnpike may be an alternative for southbound drivers.
- The airport is not affected and there are multiple routes into downtown for visitors to the city.

Vice President of Public and Government Affairs for AAA Northeast Mary Maguire says, "Drivers should plan ahead, pack their patience, and stay connected as commuting routes and times will be fluid in the days, weeks and months ahead...This is a frustrating situation, so remain calm and courteous behind the wheel and don't engage is aggressive driving behaviors."

This information was taken from a press release submitted by AAA.







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Foster Care Essentials celebrates selection as a Stop & Shop community bag program beneficiary

Foster Care Essentials has been selected as a beneficiary of the Stop & Shop Bag Program for the month of July.

The Stop & Shop Community Bag Program, launched in May 2019, is a reusable bag program that facilitates community support to make a difference in the communities where shoppers live and work.

Foster Care Essentials was selected as the July beneficiary of the program by store leadership at the Stop & Shop located at 40 Franklin Village Drive, Franklin. Foster Care Essentials will receive a \$1 donation every time the \$2.50 reusable Community Bag is purchased at this



location during the month of July unless otherwise directed by the customer through the Giving Tag attached to the bag.

"We are so grateful that Stop & Shop has chosen us for this program," said Sharon Bryant, Co-Founder/CEO of Foster Care Essentials. "The donations will help us purchase essentials for families that care for foster/kinship children."

Foster Care Essentials is a nonprofit based in Franklin, MA. Founded in 2022, Foster Care Essentials has helped many foster families by providing essentials such as clothing, diapers, and personal hygiene products for foster children. Learn more about Foster Care Essentials by visiting our Facebook page. www.facebook. com/fostercareessentials.

For more information on the Stop & Shop Community Bag Program, visit stopandshop.2givelocal.com



Recent Home Sales

Date	Milford	Amount
06/27/2023	4 Bodio Circle	\$700,000
06/26/2023	17 W Walnut Street	\$592,000
06/23/2023	9 Joan Circle	\$650,000
06/23/2023	7 Harding Street	\$460,000
06/23/2023	26 Governors Way #D	\$460,000
06/22/2023	12 Blanchard Road	\$455,000
06/22/2023	18 ½ Whitney Street	\$500,000
06/20/2023	24 Church Hill Street	\$326,000
06/16/2023	25 Tanglewood Drive	\$575,000
06/16/2023	3 Essex Avenue	\$270,000
06/16/2023	3 Quirk Circle	\$730,000
06/16/2023	8 Nicholas Road	\$560,000
06/15/2023	5 Walker Avenue	\$695,007
06/15/2023	354-356 Main Street	\$630,000
06/14/2023	45 W Walnut Street	\$448,000
06/14/2023	4 Nancy Road	\$480,000
06/14/2023	19 Alden Street #D	\$305,000
06/12/2023	10 Shadowbrook Lane #45	\$270,000
06/09/2023	25 Shadowbrook Lane #20	\$280,000
06/09/2023	21 Ferguson Street	\$580,000
06/07/2023	3 Hemlock Lane	\$225,000
06/05/2023	25 Shadowbrook Lane #1	\$279,900
06/05/2023	12 Lawrence Street	\$590,000
06/01/2023	15 Shadowbrook Lane #28	\$260,000
05/31/2023	1 Sabatinelli Road	\$470,000
05/31/2023	9 Godfrey Lane	\$455,000
05/31/2023	1 Zain Circle	\$632,000
05/30/2023	4 Vassar Drive	\$551,000
05/30/2023	102 Purchase Street	\$600,000
05/30/2023	48 Howard Street	\$650,000
05/26/2023	45 Silver Hill Road	\$295,000
05/26/2023	11 Blanchard Road	\$415,000
05/26/2023	321 Main Street	\$580,000

Source: www.zillow.com / Compiled by Milford Free Press



The house at 354-356 Main Street in Milford recently sold for \$630.000. Photo credit www.zillow.com



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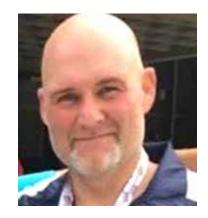
OBITUARY

James M. Landry

MILFORD - James M. Landry, 57, of Milford and formerly of Norwood, died unexpectedly on June 29, 2023 at Cape Cod Hospital. Jim was the loving husband of Jennifer M. (Kelley) Landry for the past 27 years. He was born, raised, and educated in Norwood, the son of the late Francis A. Landry and the late Mary M. (Sheehan) DiCesare. He was a 1984 graduate of Norwood High School and later received a full football scholarship to attend the University of Rhode Island where he received his Bachelor of Science degree in Human Development in 1988.

Jim was the proud and devoted father of Jacalyn Landry and Zachary Landry of Milford. He leaves his sister Cheryl Frasca and her husband Michael of Norwood; brother John Landry and his wife Kelly of Norwood, and his sister-in-law, Jessica Noble and her husband Michael of Maynard; his father-in-law, Michael Kelley of Milford; and his stepfather, John DiCesare of Norwood. Jim was the adored uncle to Michael Frasca, Christina Frasca, Anthony Frasca, Sean Landry, AJ Noble, Liam Noble, and Conor Noble. Jim was deeply loved and will be missed by his Aunt Theresa A. (Sheehan) Collins Holland, Aunt Connie (Landry) Omdahl, Aunt Barbara (Nyhart) Sheehan; and all of his cousins. Jim was blessed with many lifelong incredible friends who always supported him and his family during the many challenges they faced. James was predeceased by his mother, Mary Landry DiCesare; his father, Francis Landry; and his mother-in-law, Carol Kelley.

Jim loved Jen, Jacalyn, and Zachary with all of his heart. They were his entire world. Jim's work ethic was amazing, and all he ever wanted to do was to take care of his family. As a result, he and Jen started Jen's Transportation, Inc. to



provide other families who have children with special needs with caring, reliable, and safe transportation to and from school, home, or work.

Jim was an avid Patriot's Football fan! Over the years, he went to numerous games at Gillette Stadium with Jen, Zachary, and his friends. Jim and his family continued to attend football games at his alma mater, University of Rhode Island. Jim also enjoyed spending time walking down the Cape, exercising with his family, having a good meal, and drinking a nice cold beer.

Jim and his family believed in supporting the Milford Special Olympics, the Aaron Zenus Foundation (Sweet Inspirations), and the Michael Lisnow Respite Center. Within these organizations, they have met some wonderful families and developed many treasured friendships.

A Mass of Christian Burial was held Friday, July 7 at 11 a.m. in St. Mary of the Assumption Church, 17 Winter Street, Milford. Burial followed in St. Mary's Cemetery, Cedar Street. Calling hours were Thursday, July 6 from 5 - 8 p.m. in the Buma Funeral Home, 42 Congress Street, Milford. In lieu of flowers, donations can be made to The Michael Lisnow Respite Center (hopkintonrespite.org), or to the Aaron Zenus Foundation (aaronzenus. foundation). Funeral arrangements were under the direction of the Collins Funeral Home (collinsfuneral.com), 37 Lincoln Street, Marlborough.

SCHOOLS -

Attention BVT Class of 2016, destruction of student records set for August 1

BVT to comply with records regulations

In accordance with state and federal regulations, special education (IEP) and 504 student records shall be destroyed seven years after the student leaves the school. For the Blackstone Valley Regional Vocational Technical High School Class of 2016, this date is August 1, 2023.

The Class of 2016 may request special education and

504 records before the August 1 shred date by written request. Be sure to indicate the year of graduation, and name while attending school, to Blackstone Valley Regional Vocational Technical High School, Student Services Record Dept., 65 Pleasant Street, Upton, MA 01568.

Student transcripts (a record of grades) shall be destroyed 60

years after the student leaves the school. For the Class of 2016, that date is August 1, 2076. An alum from that class may request a transcript from their graduation date: May 2016 through August 1, 2076.

If you want to retain your records, learn how at www. valleytech.k12.ma.us/studentrecords.



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SCHOOLS -

Milford Lodge #1356, Sons and Daughters of Italy awards 'Study in Italy' trip to Milford High School Student



Patrick Murray Jr Lodge President and winner of the Study in Italy Scholarship (left) Winners of the Dr. Peter J. Morganelli scholarship Left to Right; Fionn Diorio, Alana Parrott and Isabella Shady. Courtesy photo



Sons and Daughters of Italy Junior Lodge Members. Courtesy photo

On Wednesday, June 7 a summer study program in Verona, Italy was awarded to a Milford High School student Patrick Murray.

The "Study in Italy" summer program is sponsored by the Sons and Daughter of Italy (Milford Lodge) along with the Senator Louis P. Bertonazzi Foundation and Dr. Peter Morganelli Scholarship. A Milford High school graduate who has compiled a minimum B average and four years of Italian has been selected to study in Italy since 1998. Sponsored by the three local organizations, the "Study in Italy' Program is the only one of its kind in Massachusetts.

At the same ceremony the Milford High School senior recipients of the Dr. Peter Morganelli Scholarship sponsored by the Milford Lodge Sons of Italy were also announced. The Scholarship winners for 2023 are Fionn Diorio, Peter Morganelli, Alana Parrott and Isabella Shady.

The Junior Lodge this year included eleven students from Milford High School under the guidance of Mrs. Lisa Bertonazzi-Valaouras and Sara

Ruscitti. Additionally families and legacy scholarship recipient members attended.

Highlights from the event include a speech by Senator Bertonazzi thanking and acknowledging our new graduates for investing time to learn about other cultures. He conveyed his message to the new graduates that upon entering the world that we will always

encounter differences and they will be better for it.

A special thank you to Sam Allegrezza of the Marchegiano Club for the gracious donation of event space. The cooperation between our organizations in efforts to preserve our Italian heritage culture is unparalleled.

This press release was submitted by the Sons and Daughters of Italy.



... — ... —

745 South Main St., Bellingham



SCHOOLS

BVT Scholarships and Awards: A springboard for success!

Nearly \$7 Million in Student Scholarships awarded

The Blackstone Valley Vocational Regional School District is proud to announce its Class of 2023 Scholarship and Award Recipients.

As BVT's newest graduates prepare to advance their career training, awards totaling nearly 7 million in renewable value are a springboard for success allowing its recipients the financial freedom to implement their career plans across various pathways.

"Some students purchase new tools, clothing, and equipment to launch their careers while others use financial aid to cover tuition at colleges or universities," said Superintendent-Director Dr. Michael F. Fitzpatrick. "The assistance of these scholarships and awards set our graduates in motion toward a bright future to contribute as well-trained, educated, and skilled members of the workforce."

The following is a list of the scholarships and awards earned by members of the Class of 2023, including immediate plans for career training. Students are listed alphabetically by last name. Scholarship amounts reflect the first-year total. For more details, visit www.valleytech.k12.ma.us/ scholarshiprecipients2023.

MILFORD

Jack Abbiuso – University of Massachusetts Lowell (Computer Science) – Dean's Academic Achievement Scholarship: \$12,000

Jaclyn Bader – University of Massachusetts Amherst (Mechanical Engineering) – John & Abigail Adams Scholarship: \$1,714, UMass Amherst Dean's Award \$2,000

Logan Betti – University of Massachusetts Lowell (Computer Science) – John & Abigail Adams Scholarship: \$1,454

Jason Cardente -

Worcester Polytechnic Institute (Electrical Engineering) — Gene Haas Foundation Machining Technology Scholarship: \$2,250, WPI Presidential Scholarship: \$20,000, WPI Theory and Practice Award: \$2,000

Colin Chambless – Georgia Institute of Technology (Aerospace Engineering) – Massachusetts Marine Corps League MetroWest Detachment: \$1,000, Valley Tech School Committee Academic Award: \$200

Dilon Costa – University of Massachusetts Lowell (Electronics Engineering) – John & Abigail Adams Scholarship \$1,500 Thays De Assis – Wentworth Institute of Technology (Architecture) – BVT Teachers Association Scholarship: \$500

Mayra Desousa -

Bridgewater State University (Health Sciences) – Andrew Cocaine Memorial Scholarship: \$1,000, Marcelyn Karagosian Memorial Scholarship: \$500, NHS/ NTHS Scholarship: \$500.00

Jake Ferreira — Wentworth Institute of Technology (Electromechanical Engineering) — Milford Hopedale Youth Soccer Association: \$500

Marcella Ferreira – Roger Williams University (Construction Management) – Herman Buma Memorial Scholarship: \$500

Rillary Madruga Ferreira

- University of Massachusetts Amherst (Civil Environmental Engineering) - Greenleaf Garden Club of Milford - Hazel M. Schroder Scholarship: \$500, GWCF General Scholarship: \$1,000, Milford Rotary Scholarship: \$1,500, UMass Amherst Flagship Award: \$10,000, UMass Amherst Grant: \$6,705, Yvette Manosh Memorial Scholarship: \$1,000

Kevin Flores – *Worcester* State University (Psychology) – John & Abigail Adams Scholarship: \$900 Joshua Gagnon – Old Dominion University (Theatre) – Milford Performing Art Center's George and Viola Memorial Award: \$400

Ana Guaman – University
of Massachusetts Amherst (Building
& Construction Technology) –
BVT Teachers Association
Scholarship: \$250, John &
Abigail Adams Scholarship:
\$1,714, Magee Family
Education Scholarship: \$10,000

Ealasaid Grady Harper — Framingham State University

(Hospitality & Tour Management) –
Presidential Scholarship \$4,000

Brendan Hawkins – *HVAC* Technician – Derek Yancik Memorial Scholarship: \$500

Maximilian Hunter

Maine College of Art & Design (Animation & Game Art) – Merit Scholarship from Maine College of Art and Design (MECA): \$60,000

Allison Kee – University of New England (Medical Biology) – Trinity Church GFS Scholarship: \$1,000, University of New England Nor'Easter Scholarship: \$4,400, University of New England Presidential Scholarship: \$23,000, University of New England Success Grant: \$2,000

Anthony Magalhaes -

University of Massachusetts Lowell (Mechanical Engineering) – Gene Haas Foundation Machining Technology Scholarship: \$2,500

Alexander Mairs

University of Massachusetts Lowell (Mechanical Engineering) – John & Abigail Adams Scholarship: \$1,500

Ashley McIsaac – Lasell University (Forensic Science) – John & Abigail Adams Scholarship: \$1,000, Lasell Early Action Award: \$1,000, Lasell University 1851 Grant: \$1,000, Lasell University Award: \$7,000

Lyanna Pimentel – Maine College of Art & Design (Animation & Game Art) – Maine College of Art Merit Scholarship: \$19,000

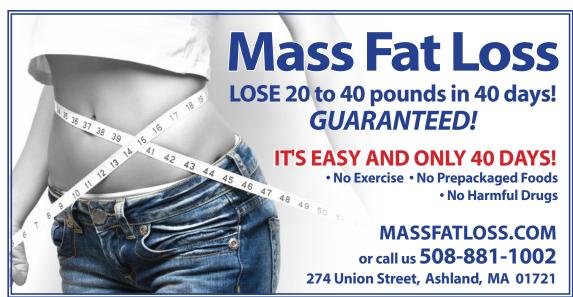
Morgan Pitts – Assumption University (Nursing) – Presidential Scholarship: \$28,000

Lily Rice – University of Massachusetts Amherst (Graphic Design) – Chancellor Art Tuition Credit: \$6,000, Flagship Award: \$1,714, UMass Amherst Grant: \$8,341

Joshua Schorn – University of Massachusetts Lowell (Chemical Engineering) – Knights of Columbus Scholarship: \$1,000

Tifuh Tah – University of Massachusetts Amherst (Mechanical Engineering) – HSPC Scholarship: \$2,500





SCHOOLS

Milford Public Schools Highlights

Districtwide News

Milford Public Schools
Families: Lunch will be served
throughout the summer for children ages one to eighteen years
old at Memorial Elementary
School from 11 a.m. to 12:30
p.m. Monday through Friday,
ending August 18. There will be
fun activities and special guests
throughout the summer. Lunch
is free. No registration or paperwork required.

DMH Behavioral Health Hotline: The Department of Mental Health has launched a new Behavioral Health Help Line that people can call or text at 833-773-2445 or at www.masshelpline.com/. The helpline can help individuals and families navigate the behavioral health system and access treatment, including mobile crisis services. It is available 24 hours a day, seven days a week, in more than 200 languages. For more information, visit www. masshelpline.com/faq/. Anyone with questions or concerns about the helpline, can email the helpline director at Mio. Tamanaha@mass.gov.

Save the dates:

8/28, 8/29: No school for students; full professional day for teachers

8/30: First day for students grades 1-12; PreK Open House and Kindergarten Meet and Greet (by appointment)

8/31: First day for PreK 9/1: No school; school offices open

9/4: Labor Day: No school; school offices closed

9/5: Kindergarten Meet and Greet

9/6: First day for Kindergarten students

9/22: Early release day for K-12; PreK closed; school offices open

9/25: Yom Kippur: No school; school offices open

Milford High School

Congratulations to the Class of 2023. The Milford Public School community wishes all graduates the best as they enter their post-secondary education and/or career.

MHS initiated a MHS CARE Closet in fall of 2022. The closet houses personal hygiene items, school supplies, clothing, nonperishable food items, etc. Donations to the MHS CARE Closet can be sent to care of Caitlyn Small (casmall@milfordma.com). Products will be available during school hours via the House B office.

This summer, Milford will be replacing the MHS turf field and track surrounding the turf field. There will be no access to the turf field and track through late August. This summer, the MHS softball field will be under construction during August and will not be available to the public.

Stacy Middle School

On May 30 and June 1, a group of students interested in the field of automotive engineering visited MassBay Community College Automotive Engineering School. Students spent the day with an instructor and explored the engineering labs, learning about cars and the automotive engineering field. This opportunity was part of Stacy Middle School's College and Career Exploration programming efforts. The ASA grant funded the field trip bus, and MassBay provided program materials. Students interested in exploring automotive engineering applied and were selected to attend the field trip. Mrs. Burke, grade six science teacher, organized and supervised the event.

On May 19, Stacy Middle School sent five student teams to represent middle school science classes at the One 8 Applied Learning Showcase in Boston. Students showed their work and received feedback from industry professionals.

On May 31, a group of Waters Company engineers visited 6 Red to talk about Machining, Inspection and the Complexi-

ties of the Shapes of objects. Students got to collaborate and discuss what engineers do at work as part of SMS career exploration initiative.

On June 8, 15 Stacy Students visited the Omni Controls Inc to learn about the world of industrial robotics. Students worked with engineers onsite to make mini robots.

PTO Meetings are held on the third Wednesday of each month unless otherwise posted.

Woodland Elementary School (WES)

WES held grade level Field Days for students during the month of June. Students and staff enjoyed interacting during the various activities. Special thanks to PTO representatives and volunteers for making each day special for the students.

Principal Kearnan is pleased to announce WES 9th Principal's Council recognition for 5/26/23. WES teachers nominate students from their classes that exemplify certain values that are important to us at Woodland. Respect, effort, inclusiveness, leadership, and helpfulness are examples of the types of prosocial, positive behaviors we value at Woodland and in our community. WES wants to recognize and celebrate students that demonstrate these behaviors consistently in class, in school, and in our community. WES hopes the students who have earned and deserve this nomination will be celebrated and recognized in our community and at home.

Respect Grade 3: Maddison Burke, Tanvi Asu, Trinity Rubick, Owen DiGiando, Jonathan Castro-Guaman, Evelyn Duchi, Sofia de Faria, Isabella Chagnon, Jake Caldwell, Ester Martins, Milina Pereira, Connor Nelson, Camille Lelis, Julianna Pereira, Yago Mendes

Respect Grade 4: Jullianna Villarroel, Shadeeza Duran Chapa, Mishelle Muyulema Chimborazo, Helysa Ludgerio, Mirella Oliveira, Rhyana Abdon, Anthony Gusniay Guanam, Lisbeth Tenezaca Lema, Cassidy Knapp, Yedxier Soto Colon, Livia Pereira, Matthew Nnyanzi, Owen Taylor, Jonny Tan, Jerimiah (Jay) Bembry, Lucas Santiago, Jullya De Assiss

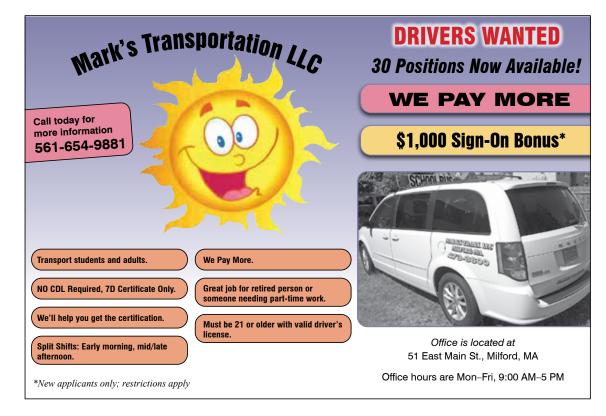
Respect Grade 5: Nicholas Quickmire, Arya Dunham, Sophia Long, Marley Valenca, Nashwan Sayyed, John Pilamunga Cajilema, Brandon Healey, Izabella Kelly, Demos Gkalios, Lauren Santos, Evan Ballard, Esther Dos Santos, Yasmin DeAssis, Isabelle Braga

Principal Kearnan is pleased to announce the tenth Principal's Council recognition for 6/16/23. The tenth Council has been nominated for the value of Leadership. Leadership looks all kinds of ways. There are quiet leaders that say little and lead by example and action. There are vocal leaders who lead with words. There are charismatic leaders that others gravitate towards. These students exemplify a type of leadership that our teachers admired and could depend on. They could count on these friends to show others the way to do things and move toward a common goal. We thank these leaders for making Woodland a better community.

Leadership Grade 3: Camden Walker, Ryder Rebecchi,

MILFORD SCHOOLS

continued on page 21



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SCHOOLS -

MILFORD SCHOOLS

continued from page 20

Rian Nashawaty, Bryan Lema Mayancela, Isabella Fournier, Mia Silva, Isaac Marques, Emma Meacham, Penny Wild, Gina Asong, Lilah Kelley Vega, Connor Purtell, Alicia Lins, Shay Schadler, Samyuktha Kodali, Maria Pio

Leadership Grade 4: Jacob Day, Rhea Mendonca-Young, Donovan Voss-Leal, Cayleigh Haynes, Angelo Colesano, Maria Da SIlva, Cece Rizzo, Kaya Moussa, Lais Teles, Geethika Nallu, Elizabeth Jorge, Leah Nelson, Saadiya Sayyed, John Pesantez Namina, Ava Crawley

Leadership Grade 5: Kylie Dupre, Brandon DiGiallonardo, Nola Bullock, Alexandra Powers, Neriah Mutegyeki, Mason Fonseca, Estrella Gudiel Carias, Samuel Webster, Cam Baum, Roberto Canenguez Alfaro, Judah Garay, Maria Dos Santos, Grace Iacovelli, Liam Falk, Melissa DeOliveira, Kerollos Sifien

Memorial Elementary School

Memorial held their annual Memorial Day program in May. Students sang Patriotic songs and recited poems related to Memorial Day. In June, students enjoyed field trips, Fun Day, and a Family Math and Reading Night.

Principal Burns, Assistant Principal Ms. Hinnant, and MES staff send best wishes to MES second grade students as they prepare to move on to Woodland Elementary School.

PTO Meetings are held the first Wednesday of each month at 7 p.m. unless otherwise posted.

Brookside Elementary School

In June, Fun Day and Field Trip took place at Brookside

Elementary School. Grade K went to Southwick's Wild Animal Farm; Grade 1 went to the Ecotarium; and Grade 2 went to Capron Park Zoo. Fun Day was full of morning field games and a magician in the afternoon. Thank you to all families and staff who supported programming.

In May, Brookside hosted "Pages, Popcorn and Pajamas" night, a famly reading event; plus its annual Memorial Day Program where students and staff sang Patriotic songs and recited poetry related to Memorial Day. The event was attended by local veterans.

Brookside held a Grade Two Celebratory Walk to honor second graders moving to Woodland Elementary School. Grade 2 students walked the halls of Brookside. They were announced and received a certificate as they walked through the front door and paraded around the bus loop for families to acknowledge completing their K-2 years at Brookside Elementary School.

This summer Milford will be installing six permanent classrooms at Brookside to support the space needs due to our growing student population across the district. These classrooms will provide students and teachers with modern learning spaces that will fully meet our educational needs. There will be no access to the back of the building until late August.

PTO Meetings are held the first Wednesday of each month at 7 p.m. unless otherwise posted.

Shining Star Early Child-hood Center (SSECC)

SSECC students and staff wish to thank its PTO for sponsoring the June Luau, an event open to students, families and staff of SSECC. Mr. Gerry was the entertainment for the evening.

PTO Meetings are held on

the second Tuesday of each month unless otherwise posted.

Family and Community Network (MFCN)

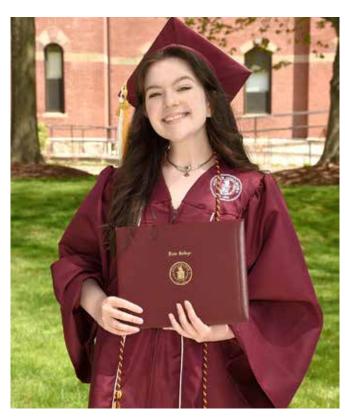
The Milford Family & Community Network CFCE wrapped up its spring session of weekly playgroups catering to young children and their caregivers in May. The MFCN would like to thank families for a great year. The staff enjoyed getting to know families and spending time together in the children's best interest. The MFCN staff is working on fall schedules and wishes to thank Network Helpers for funding upcoming summer playgroups starting in July.

The MFCN Drop-In Summer Playgroups are for children from birth to 60 months and their caregivers. Playgroups will run for four weeks on Tuesdays and Wednesdays from 9 - 11 a.m. Dates include July 11 & 12, July 18 & 19, July 25 & 26, and August 1 & 2. Playgroups are limited in space and are on a first-come, first-serve basis. Numbers will be put outside the door at 8:45 a.m. to reserve a space. A red stop sign will be placed outside the door when a group has reached capacity. The MFCN staff asks that you attend only one playgroup weekly to allow all families to participate. Registration is not required.

MFCN thanks the Board of Celebrate Milford for its very generous donation to further support community youth programs at the MFCN CFCE. The MFCN is grateful to be the recipient of this year's grant.

For more information on these programs, visit www. milfordpublicschools.com/milfordfcn, email familynetwork@ milfordma.com or call 508-277-4981. You can also find and follow MFCN on Facebook at "Milford Family & Community Network CFCE".

Rossacci graduates from Dean College with honors



Valerie Angela Rossacci, daughter of Michael F. and Katherine M. Rossacci of Milford, was awarded a Bachelor of Arts Degree in Theatre graduating Summa Cum Laude as an Honors Scholar from Dean College in May.

Rossacci is a 2019 graduate of Milford High School.

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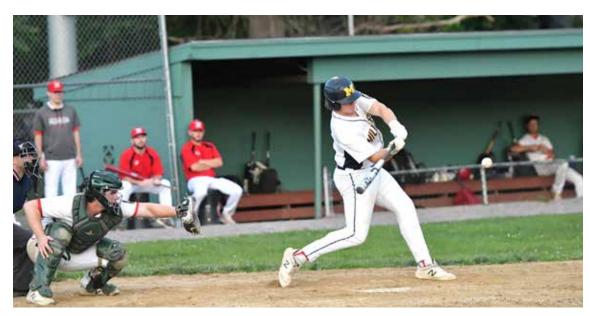
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SPORTS

Fast start for Milford Legion

Post 59 looks to make a deep playoff run



Evan Cornelius has been a two-way star for Post 59. Photo credit: Steve Bassignani

Milford celebrates after one of its early season wins. Photo credit: Steve Bassianani

By Chris Villani Sports Writer

The start of the summer has been nothing short of dominant for the Milford Legion baseball team. Post 59 rattled off nine straight wins to start the season, including seven against Zone 4 opponents. Some of the scores

were so lopsided, the team did not even get to play a full seven innings.

"We have had a lot of contributions from a lot of guys," said Milford manager Steve DiVitto. "We made a concerted effort to try and rotate as many guys into the lineup early on as we can and everyone has done a good job of being ready to go when their number is called."

Milford has been lifted in large part by its depth. The Post 59 pitching staff posted a 1.55 ERA through the first 10 games of the year and the offense combined to hit .341 and score 95 runs.

Milford High graduate Evan Cornelius has been the undisputed ace of the pitching staff and an anchor in the middle of the lineup. Cornelius won each of his first three starts on the mound with a sub-1.00 ERA and hit .387 with the team's only home run.

Another MHS product,

Keith Lee, has been an on-base machine. With six hits, 14 walks, and several hit by pitch, his on base percentage was a whopping .781.

"It's just astronomical," DiVitto said. "He is as disciplined a hitter as we have and he has just been exceptional for us."

Nick Kock hit .386 through the first half of the year and DiVitto praised his play in the outfield as well.

DiVitto also had lofty words for Nipmuc's Colin Burchard, who won each of his first two starts

"He has done a great job," the skipper said. "He has only given up eight hits and two runs in two starts. He has been outstanding and we are happy with how he has taken the bull by the horns here after the high school season."

Milford has had a proud tradition of competing for state titles and, with added depth at the plate to compliment Post 59's arms, DiVitto said he hopes this will be another team that could make it a long summer.

"I think this team has the tools to make a deep run and we play in one of the best zones in the state, it challenges us constantly and we have been up to the task," he said. "You don't make or break your season in the first half, we need to make sure we continue to play well."



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SPORTS -

MHS Volleyball's run ends in state semifinals

Scarlet Hawks will return full roster from final four squad

By Chris Villani Sports Writer

The Milford High School boys' volleyball team featured a brand-new roster this year, but the result was the same. The Scarlet Hawks marched all the way to the final four and once again were among the top teams in the state.

MHS crushed Lowell Catholic and Wayland in the first two rounds before knocking off West Springfield in the round of eight. Along the way, the Scarlet Hawks benefited from a strong regular season performance that earned them the number four seed in the state in Division II and three home matches.

The run came to an end in the semifinals against Westfield, but the results left head coach Andrew Mainini excited to bring his entire team back next spring.

"I told them that we can't come back the same, we have to come back stronger," Mainini said.

Milford also has a major shakeup in store for 2024. The Scarlet Hawks will be moving up to Division I after playing at the D2 level this year.

"We think we are ready," Mainini said. "We want to be in D1, because we think we can compete with everyone there."

Junior outside hitter Alex Guerra racked up a whopping 500 kills this spring and fellow captain Arthur Gomes played particularly well during the tournament.

"We won a few close matches



Milford volleyball celebrates after advancing to the state semifinals for the second year in a row. Courtesy photo

and he was playing out of position," Mainini said. "He really played well in some of our most important games."

Ryan Franklin, a junior middle hitter, also showed strong improvement through the spring.

"At the beginning of the season, he could only tip the ball because he didn't have his timing down," Mainini said. "At

the end of the season, he was really impressive at the net."

Joey Newman had one of the best blocking matches of the season in the Westfield match, the coach added, and Milford would not have been able to go that far in the tournament without setter Owen Callahan.

"He made a ton of progress early on," Mainini said. "He went from JV to being an experienced varsity setter, which was huge for us."

Mainini said he is looking forward to the step to the top division in the state next year.

"We have a lot of young

players who are developing and we need some of them to continue to come a little further along," he said. "And we have one exciting challenge ahead of us."



Email us about an upcoming event or a concern about things happening around town

editor@ milfordfreepress.com



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