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AMERICAN RIVER Messenger

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JUNE 9, 2023

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Legion Holds Fundraiser Ball



Attendees saluting as Colors are presented. Center: Incoming 2nd Vice Commander Tim Tribble, with granddaughter Abby; Commander Patricia Lovisone, American Legion, Folsom Post 362; VFW officer Geno Guevara, Chaplain, with his date, Chelsea Clement; Robert Phillips, Quartermaster and other officers from Folsom American Legion Post 362. Photo courtesy of Bruce Robertson Photography

By Elise Spleiss

SACRAMENTO REGION, CA (MPG) - For decades the American Legion and its counterpart, the American Legion Auxiliary have been known for their tireless work helping veterans at home and overseas in a myriad of different ways.

Carrying on this legacy, May 20, 2023 was a special evening of fun and relaxation but with a most important purpose: to raise funds for the American Legion's program signature program, Operation Comfort Warriors (OCW). Attendees



Douglas Chase, Operation Comfort Warriors program director, explains the Operation Comfort Warriors grant program to attendees. Photo courtesy of Bruce Robertson Photography

came from all over Northern California from all levels of the American Legion and American Legion Auxiliary.

The event took place at the Doubletree Hotel in Sacramento.

Sylvia Thweatt, Commander of Post 637, greeted attendees, calling for the opening ceremony with Posting of Colors by the Folsom Marine Corp, singing of the National Anthem, and Chaplain Terry Ledford giving the invocation.

As is tradition with the armed forces, the program continued with eight toasts, each followed by a response to honor our government, active armed forces, military families, others who serve

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Sacramento County Led Workshop on Homelessness

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - On May 23, 2023, the Sacramento County Department of Homeless Services and Housing (DHS) led a workshop on homelessness at the Board of Supervisors meeting to educate and inform the Board, stakeholders, advocates and any interested residents of Sacramento County about the County's response to homelessness. The workshop included presentations by DHS, Regional Parks, Sheriff Homeless Outreach Team and the City of Sacramento, as well as input from critical agency partners Sacramento Steps Forward (SSF) and Sacramento Housing and Re-development Agency (SHRA).

DHS presented some vital information about the diversity of the homeless population, both in race and ethnicity, as well as age, gender, familial make-up, resources and chronic issues. The County also shared examples of various populations in a series of human-centric vignettes, designed to bring personal, humanizing stories that combat generalizations and harmful stereotypes. DHS also shared outcomes of County-funded programs from Fiscal Year 22/23, including encampment outreach, sheltering and rehousing services and programs.

DHS also acknowledged that while the road to homelessness is rarely a single issue, it often is a symptom of compounding issues such as unstable family life, lack of income, chronic health conditions, behavioral health challenges, involvement in the justice system, and many more. However, the only universal characteristic of people experiencing homelessness is that they lack a permanent home; therefore, to truly address the homelessness crisis, we need to increase access to and availability of safe and affordable housing wrapped with appropriate, client-centered supportive services.

While the Board has been increasing investments in diverse programs since 2017, the increase in homelessness rates and the complexity of the challenges faced by the homeless population and the community necessitated the need for a singularly focused staff to work on this issue and to be publicly accountable

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Ceremony Honors Veterans

Fair Oaks Cemetery District's Annual Event

Story by Judy Andrews

FAIR OAKS, CA (MPG) - The 24th Annual Memorial Day Ceremony was held on May 27 at the Fair Oaks Cemetery District. More than 300 visitors and special guests came out to participate in the event that honors fallen soldiers and pays tribute to local veterans. This year's theme, "History of the Purple Heart," paid tribute to the men and women who were either wounded or killed in the line of duty while serving their country.

The program kicked off with a parade through cemetery grounds to the presentation area. Flanked by an impressive display of flags, bagpipe players Kurt Baird, Riley Groeschel, and drummer Mike Marquette led the procession followed by members of the American Legion Riders and VFW 6158 Motorcycle Club.

Chairperson Bob Clouse, Fair Oaks Cemetery District Board of Trustees, officiated the program which kicked off with an invocation delivered by Mark Rice, Retired American



Bagpipers and drummer Riley Groeschel, Mike Marquette, and Kurt Baird lead the Veterans Parade. Photo by Judy Andrews.

Legion Commander. Guest dignitaries included Congressman Ami Bera, State Senator Roger Niello, and Sacramento County Supervisor Rich Desmond. Sacramento native and Purple Heart recipient, Dr. Kevin Cameron, was this year's guest speaker. After serving nearly 14 years in the U.S. Army, Cameron's military career ended after he was wounded in action with his military working

dog during his last deployment to Iraq.

Cameron spoke about the significance of the Purple Heart and what it means to receive it. "We call it an award, but it's not an award anyone asks to get. We go out and we do our duty. The Purple Heart represents the memory of what was sacrificed before us. If it weren't for the veterans who served before me, I would not be here today."

A portion of the program included a Flag Ceremony conducted by Scouts BSA Troop 380. The retired flag will fly next to the cemetery's Veterans Memorial Wall in honor of all veterans. For the past 17 years under the direction of Elizabeth Ruygt, Troop 380 has participated in this event over the Memorial Day weekend.

"It gives the Scouts the

Continued on page 3

Sacramento Suburban Kiwanis Club Hosts Arts Fiesta

By Thomas J. Sullivan

SACRAMENTO REGION, CA (MPG) - Don't miss the upcoming 65th Sacramento Suburban Kiwanis Art Fiesta in air-conditioned comfort at its new location at the Scottish Rite Masonic Center at 6151 H Street in the capital city on Saturday, June 10, from 10 am to 6 pm and Sunday, June 11, from 10 am to 5 pm.

Meet the artists, browse the fine art pieces, and purchase quality art for yourself, your family and friends. Jewelry, painting, photography, pottery, metal work, woodwork, glass, and fine textiles are just some of the styles you'll find on display.

Previously held outdoors at the Pavilions Shopping Center in Sacramento, where high June temperatures were often common, the Suburban Kiwanis Art Fiesta has moved to a new venue, and a different weekend this year, said its president, Caren Daniels Lagomarsino. Parking and admission for the event are free.

"We're very excited about our new location, which will be especially cool inside with plenty of space for our participating artists," she said.

The Sacramento Suburban Kiwanis Club, chartered in 1958, is a community service organization, dedicated to serving the Arden-Arcade community in Sacramento. Its annual Art Fiesta is the longest-running annual art show of its type located west of the Mississippi River. It's also a juried art show, which ensures that all artistic work presented is authentic, with genuine products and original creations.

"The Art Fiesta provides a wonderful opportunity to expose the whole family to local art while supporting these local artists and helping the Sac Suburban Kiwanis fund its many community and youth-assistance programs," Lagomarsino said.

Food is for purchase and consumption in an outdoor patio



Elected 2023 officers of the Sacramento Suburban Kiwanis Club are (left to right) Dr. James Chambers, President-Elect; Donna Judah, Past Division 44 Lt Governor, Rich Kocher, Secretary; Chris Creelman, Immediate Past President; Jim McKelligon, Board Member; and Caren Daniels Lagomarsino, President. Not pictured is Jim Johnson, Treasurer. Photo courtesy of Sacramento Suburban Kiwanis Club

setting at the Scottish Rite Masonic Center. Local food trucks and beverage vendors are slated for the event including Top Notch Food Spot, a hot dog cart, Zintzuni, offering Mexican cuisine; "Party at Pops", offering Southern-style cuisine and sellers of shaved ice and herbal-infused lemonade.

"We're tying the Kiwanis' mission into our event this year in a new way, by offering the non-profit partners with whom we work the opportunity to display information about their organizations and the many shared projects on which we jointly work," Lagomarsino said.

One of the Sacramento Suburban Kiwanis Club's newest non-profit partnerships is with the group Wide Open Walls, which promotes diversity through artistic expression. Participating mural artists have painted large scale



High June temperatures has led the Suburban Kiwanis Art Fiesta to be moved to a new, air-conditioned venue at the Scottish Rite Masonic Center at 6151 H Street, Sacramento. Photo courtesy of Sacramento Suburban Kiwanis Club

works throughout Sacramento including three in Citrus Heights.

"We think art should be part of our daily life and want art to reach a much wider audience," Lagomarsino said.

The Sacramento Suburban Kiwanis Club is part of Kiwanis International, a global organization of volunteers dedicated to improving the world, one child

and one community at a time.

The club supports four high school Key Clubs (El Camino Fundamental, Rio Americano, Mira Loma, and Rosemont) in Sacramento County. Key Clubs teach leadership, communication, and community service skills.

Kiwanis, and its family of clubs, nearly 600,000 members strong, help raise more than \$107

million annually and dedicates more than 18 million volunteer hours to strengthen communities and serve children.

Local nonprofits supported by the club include Kiwanis Family House, Boy Scout Troop #53, Sierra Arden Food Closet, the American Legion and Auxiliary Boys and Girls State, Wellspring Women's Center, Sacramento Crisis Nursery, Easter Seals and Just for Kids, a program for children who have an immediate family member diagnosed with cancer, just to name a few.

The Sacramento Suburban Kiwanis meets on the first and third Wednesday of the month at 12:10 pm at Seasons 52 at Arden Fair Mall in the Sonoma Room, 1689 Arden Way, Suite 1065 in Sacramento. If you would like to visit the Kiwanis for lunch, or need more information on membership, call 916-972-7337.

Members of every age attend regular meetings, experience fellowship, raise funds for various causes and participate in service projects that help their local communities.

Kiwanians around the world have come together in partnership with UNICEF to eliminate maternal and neonatal tetanus. Members make an impact throughout the world by participating in Kiwanis International's new global campaign for children, The Eliminate Project, which focuses on ending maternal/neonatal tetanus.

Visit www.kiwanis.org/foundation/impact-and-programs/the-eliminate-project to help Kiwanis finish the fight.

The free 65th Suburban Kiwanis Art Fiesta at the Scottish Rite Masonic Center at 6151 H Street in downtown Sacramento will be held Saturday, June 10, from 10 am to 6 pm and Sunday, June 11, from 10 am to 5 pm.

For more information about the event, follow the Sacramento Suburban Kiwanis on social media or visit: www.sacramento-suburbankiwanis.org/ ★

65th Sacramento Suburban Kiwanis
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Sacramento Suburban Kiwanis

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Ceremony Honors Veterans

Legion Holds Fundraiser Ball



Veterans Parade participants from the American Legion Riders and VFW 6158 Motorcycle Club. Photo by Judy Andrews.

Continued from page 1
 opportunity to learn the true meaning of Memorial Day," she said. "It's their favorite service project and they never waiver on getting involved. They take this project very seriously, and I always receive wonderful comments from veterans on how well and with respect the Scouts do the Flag Ceremony."

A day or two prior to the Memorial Day Ceremony, residents from Clean and Sober Living in Fair Oaks volunteered their time to place flags on the graves of more than 2,000 veterans buried in the cemetery.

This year, the cemetery dedicated two engraved benches next to the Veteran's Memorial Wall to Troop 380 and to Clean and Sober Living for being a large part of the service over the years.

Many Thanks

The following organizations volunteered their time, expertise, and in-kind donations to make this event possible: Fair Oaks Cemetery District Board of Trustees and



Fair Oaks Cemetery District Chairperson Bob Clouse, State Senator Roger Niello, Supervisor Rich Desmond, Troop 380 leader Elizabeth Ruygt. Photo courtesy Elizabeth Ruygt.



Guest speaker and Purple Heart recipient Dr. Kevin Cameron. Photo by Judy Andrews.

Staff, American Legion/Women's Auxiliary and Riders of Post 383, BSA Troop 380, Clean and

Sober Living, Fair Oaks Recreation and Parks District, Orangevale-Fair Oaks Grange, Rotary Club of Fair Oaks, Starbucks – Gold River, VFW Post 6158, and community volunteer cookie bakers.

The Fair Oaks Cemetery District was established in 1902 and is located at 7780 Olive Street, Fair Oaks. Next year's program is scheduled for May 25 (Saturday before Memorial Day). Veterans and their families, neighbors and community members are welcome to attend. ★

Continued from page 1
 including non-military first responders, and our fallen who have died in defense of freedom.

The meaning/explanation of the empty POW/MIA table set for one, set next to the stage, was read by Martha Romano, followed by the final toast made with water, to represent those who have not come home, POW's and MIA's. Chuck Jamison, bagpiper concluded the ceremony with the playing of Danny Boy.

Speaking to the purpose of the Military Ball, Douglas Chace, OCW Program Director, reported on the 69 grants finalized in 2022 which benefited 5,500 veterans. He said, "Last week I submitted our 51st grant request for 2023, providing a grant (an elliptical bike) to our chaplain, Terry Ledford, (U.S. Army Retired). Chace reported they have given out a dozen of the elliptical bikes to veterans. It is reported that exercise equipment is the most requested item from OCW.

Ledford gave his testimony of how the stresses of the military had affected him, saying, "Being in the military can be stressful on the body." Even though he would have liked to make a career in the service he was forced to retire early in 2015 after 26 years in the military. He now has braces on both his feet, making it hard to walk. Recently, he joined the American Legion which gave him direction as he was able to help other veterans. He then reached out to OCW, saying he could not walk well and could not run. He was given a grant and received his elliptical bike in the beginning of May.

Upon receipt of his bike and working with it he felt blessed. He said he felt



Chaplain Terry Ledford, U.S. Army retired, with his new elliptical bike. Ledford is the recipient of an OCW grant for the bike to help him rehabilitate his legs from post military service conditions. Photo courtesy of Bruce Robertson Photography



Active-duty Navy recruiters working out of Roseville enjoy an evening of relaxation. Left to right: Petty Officer 2nd Class, Marcos Maese, Petty Officer 1st Class, Clifford Geller, Petty Officer 1st Class, Darlington Chinedu, Petty Officer 2nd Class, Robert Levans, Petty Officer 2nd Class, Raymond Dacanay. Photo courtesy of Bruce Robertson Photography

freedom for the first time in a long time with his machine, built to imitate running. He said, "First the American Legion gave me purpose and OCW is now helping me to rehabilitate (strengthening his muscles for a longer life)." He thanked the Legion for all they have done and continue to do for him, and Douglas Chace for being there to give him hope again.

Tickets for the ball included a full buffet, live music and dancing, raffle prizes, silent auction, and full bar. The evening ended with dancing until the lights went down and music ended. Attendees gained a new appreciation of our

wounded, ill, and injured veterans and those who care for them.

For more information on Operation Comfort Warriors visit www.legion.org/operationcomfort

While the care at many military hospitals and warrior transition units is extraordinary, The American Legion's Operation Comfort Warriors (OCW) program was created to provide "non-essentials" – items that help wounded warriors recover but don't usually show up as a budget line on government, such as the elliptical bikes, Xboxes, and home exercise equipment, the most requested item. ★

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The Goats Are Back... and Other Fire Prevention Measures



The Department of Regional Parks has lined up sheep and goat grazing for hundreds of acres of undeveloped lands which manned crews cannot access. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - We've got some exciting news! The Sacramento County Department of Regional Parks has initiated its multi-pronged plan to reduce fire risk, defend wildlife habitats and protect our natural resources and the neighborhoods adjacent to the parks.

For its 2023 Fire Fuel Reduction Action Plan, the Department of Regional Parks has lined up sheep and goat grazing contracts, is utilizing maintenance crews to maintain fire breaks, and is issuing fuel break maintenance permits to properties bordering Park properties.

"We're seeing more vegetation than we have in past years thanks to the strong winter storms that passed through," said Liz Bellas, Director of Regional Parks. "Our fire fuel reduction work is going to be particularly critical this year as this vegetation dries out in the late spring."

To decrease the number and size potential of wildfires in our parks system,

the techniques used will be applicable for each area and will include:

Firebreaks – A combination of mowing, soil discing and targeted herbicides will be used where appropriate to create perimeters around open fields, along fence lines and behind neighborhoods. This work is scheduled to be completed by the end of June.

Ladder Fuel Hand-Crews – In limited, hard-to-reach areas, hand-crews will remove vegetation that allows the potential for a fire to climb up or move into urban areas.

Grazing – There are hundreds of acres of undeveloped or protected land in our Regional Parks. Goats and sheep are ideal for vegetation management and are great at eating down weeds, bushes and grass that manned crews cannot get to. Grazing is expected to occur through the end of June.

Annual Encroachment Permits – Residents who live adjacent to Regional Parks' properties are able to apply for free annual encroachment permits to maintain a fire break

behind their property line. These allow residents to string-trim grass and weeds for up to 50 feet beyond their private property line. To request a permit, provide your name, address and contact information to Regional Parks at parksinfo@SacCounty.gov.

Additionally, the Ranger Division will continue its increased education and enforcement efforts related to illegal fires and cooking along the parkway in an effort to reduce the number of new fire outbreaks.

Visitors to Sacramento County Regional Parks should be aware of the following regulations:

Open flame fires are NOT allowed, and barbecuing is only permitted in designated picnic areas.

Smoking is only allowed in developed picnic areas, asphalt surfaces, golf courses and levee tops along the American River Parkway.

Visit the Regional Parks website to learn more about the 2023 Fire Fuel Reduction Action Plan for Sacramento County Parks. If you see a fire burning in our Regional Parks, please call 9-1-1 ★

DOVIA Recognizes Volunteer Managers and Volunteers



DOVIA Sacramento 2023 Awards Winners from Left to Right: Lynn Pesely (Manager), Guest Speaker: Colby Haskell (Miss Sacramento County 2023), Rose Luo (Youth), and Thuy Nguyen (Individual). Photo courtesy of DOVIA

DOVIA News Release

SACRAMENTO REGION, CA (MPG) - Directors of Volunteers in Agencies (DOVIA) celebrated volunteerism on Thursday, May 18th with a reception honoring the nominees and winners of the Youth Volunteer of the Year, the Individual Volunteer of the Year and Volunteer Manager of the Year awards. The reception was held at Eskaton Village Carmichael, 3939 Walnut Avenue, Carmichael.

Six youth volunteers were nominated for Youth Volunteer of the Year, twenty individual volunteers were nominated for Individual Volunteer of the Year and three volunteer coordinators were nominated for Volunteer Manager of the Year.

The winners are: Youth Volunteer of the Year

Rose Luo - Rose is a longtime teen participant at the Sacramento Public Library's Arcade branch. She re-joined the volunteer team after the library reopened to the public during COVID-19 and immediately took on a more prominent volunteering role. A talented artist and dedicated helper, she soon shouldered two monumental tasks: illustrating their seed library dividers to better advertise the collection and assisting with teen events every Saturday.

Individual Volunteer of the Year

Thuy Nguyen - Thuy serves in the Outpatient Services Department, Kaiser Permanente South Sacramento. She escorts patients to their assigned bed, helping get them ready for surgery. She checks on patients after surgery providing whatever comfort items are needed. Thuy served as one of their Volunteer Trainers. In this position she helped with training new incoming volunteers; however, she also assisted with review and update of all documents. This requires working closely with the department liaison to assist with communication and information disbursement.

Fast Forward 2022 - When COVID hit, and volunteers were given an opportunity for "leave of absence," everyone except Thuy decided to take leave. Outpatient Surgery was suddenly not an option. Instead of taking the easy route, Thuy walked in and said, "Where do you need me?" She became an ambassador.

Here is a list of the types of services she performs: wheelchair round up and cleaning, Personal Protective Equipment distribution, Admissions Kits preparation and distribution, Greeter/Ambassador coverage and training, member escorts and general information. All these services helped to coordinate visitation, navigation, and safety.

Volunteer Manager of the Year

Lynn Pesely - Lynn Pesely is the Coordinator for the Sacramento Medical

Reserve Corps. During the COVID-19 pandemic she supported Sacramento County's testing and vaccination clinics and other efforts supplying hundreds of volunteers. 424 volunteers served a total of 28,000 hours, an economic value of \$1.4 million, for COVID-19 response at vaccination and testing clinics, COVID-19 Hotline, case investigation, after-hours calls, courier, and logistics.

The silver lining of COVID-19 was the 700 volunteers who stepped forward to help in a time when most people were staying home. Volunteering not only helped strengthen the Sacramento County Office of Emergency Services/Public Health COVID-19 response effort, it helped the Sacramento Medical Reserve Corps volunteers (MD's, RNs, LVNs, EMTs, Dentists and more medical professionals and non-medical volunteers) to make it through the pandemic by giving them a reason to get up and get dressed in the morning to go out and help the community which also helped give the volunteers purpose.

Lynn often had too many volunteers trying to secure the same shifts – a good problem to have! Sacramento Medical Reserve Corps volunteers often served multiple days a week, including overnight and weekends. Sometimes 20 volunteers were deployed a day at 5 different locations. During the COVID-19 response, 20 volunteers served 500+ hours, earning a Gold Presidential Service Award and 6 of those served 1000+ hours. 15 volunteers served 250+ hours earning a silver presidential service award, and 51 volunteers served 100+ hours earning a bronze Presidential Service Award. The volunteers who came onboard during COVID-19 are now dedicated to the Sacramento Medical Reserve Corps program, continue to volunteer for a variety of events, have started friendships with other members, and some even support the Sacramento Medical Reserve Corps Foundation with donations on the Big Day of Giving. In addition to the COVID-19 response, Lynn's volunteers have also supported the Sacramento County Office of Emergency Services' response to wildfires and the recent winter storms and flooding.

DOVIA (Directors of Volunteers in Agencies) of Sacramento provides a forum for exchange of information on relevant issues facing professional volunteer managers. Through collaborative efforts, DOVIA is committed to promoting service and emphasizing professional growth and development of the volunteer administration profession. DOVIA Sacramento hosts monthly educational programs featuring relevant topics in the field and semi-annual training seminars. For more information, visit www.doviasacramento.org

For more information about the awards, contact Lyndsey Dammann, Awards Chair, at awards@doviasacramento.org or call (916) 334-1072, ext. 3. ★

Students Ride FREE on SacRT



A study by the University of Texas found that RydeFreeRT not only improved school attendance, but it also reduced transportation barriers to get to jobs, internships and extracurricular activities. Photo courtesy of SacRT

SacRT News Release

SACRAMENTO, CA (MPG) - The Sacramento Regional Transit District (SacRT) is entering year four of the RydeFreeRT fare-free rides for youth program. Launched in 2019, RydeFreeRT was the first unrestricted youth fare-free ride program in the country. The program allows all 265,000 youth living in SacRT's service area, from transitional kindergarten to 12th grade, including home-schooled students, foster and unhoused youth to ride all buses and light rail trains for free, all day, any day of the year.

The RydeFreeRT program has helped boost student ridership, which now accounts for nearly 25% of all SacRT bus and light rail rides over the last year compared to 8% before the launch of the program in 2019. In fact, student ridership is on pace to carry nearly 3.5 million youth in FY 2023, double what it was in 2019 pre-pandemic. This demonstrates that students and youth are one of the most price sensitive groups impacted by transit fare.

"We value our young people and that means helping them get to school, jobs, and activities," said SacRT Board Chair and Sacramento County Supervisor Patrick Kennedy.

The ridership growth is a testament to the success of the program, which initially aimed to reduce truancy and absenteeism in schools. However, a study by the University of Texas, which evaluated the program, also found that RydeFreeRT not only improved school attendance and reduced congestion

from vehicle pick-up lines, it also successfully reduced the transportation barrier to get to jobs, internships and extracurricular activities after school and on weekends.

"We're introducing a new generation of riders to transit," said SacRT General Manager/CEO Henry Li. "Research shows that people who ride public transportation at a young age are more likely to use it as adults, building ridership for life."

As students head into summer break, SacRT is reminding them and their families that youth in kindergarten through 12th grade can continue to ride the entire SacRT transit network, including SacRT buses, light rail, and SmaRT Ride on-demand microtransit service for FREE! To ride free, students need to show a valid RydeFreeRT card.

New RydeFreeRT cards with a valid date of June 1, 2023, through June 30, 2024, are being delivered at various school locations and Sacramento Public libraries. The current RydeFreeRT card is still valid through June 30, 2023. Cards are also available at the SacRT Customer Service and Sales Center at 1225 R Street in Sacramento (adjacent to the 13th Street light rail station).

The RydeFreeRT program is possible with funding from all member jurisdictions that comprise of SacRT (the cities of Sacramento, Citrus Heights, Elk Grove, Folsom, Rancho Cordova, and the County of Sacramento).

New RydeFreeRT cards are available at schools, public libraries and SacRT Customer Service and Sales Center.

Learn more about the program at rydefreert.com. ★

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(Across from the Auto Mall)

bobsyclecenter.com



By County Supervisor Sue Frost

Through the generosity of the American River Messenger, this column serves to provide an update about matters affecting the unincorporated community of Orangevale.

I have always worked hard to listen to the community - and then be a strong voice for my constituents. That's why I do extensive public outreach, including a district-wide poll like the one we did last month.

For the past few years reducing the impact of homelessness has been the top priority for people in the 4th district - and county-wide. Homelessness is still an issue, but the rising impact of crime on our families and business is now. Almost one-third of the public now cites crime as their top issue.

Even more alarming, nearly 1/4 of residents in District 4 report having been the victims of a crime in the last three years. It's no wonder that 2/3 of voters feel that we need MORE police patrols, not less.

I have always believed that keeping the public safe is government's highest and most fundamental responsibility. That is why public safety has always been my top priority with policy as well as in the County Budget. I will continue to give the Sacramento Sheriff and Sacramento County Probation my strongest support and stand by those who

Orangevale Community Update

To Ensure We Have Fewer Victims, I Will Stand With Law Enforcement

keep us safe.

I believe deeply in justice - and redemption. But my deepest commitment is to the people I represent, the Constitution I swore to uphold, and to the innocent victims of crime.

Sacramento County Sheriff's Department has a tough beat - covering one of the largest and most populated jurisdictions in the state while keeping more than 600,000 residents safe. Our Probation Department supervises over 22,000 adults on probation - ensuring that they fulfill their sentences, stay out of trouble, and become productive members of the community.

I will continue to stand by our First Responders - but our job is made harder and our residents are made less safe by radical policies and crazy laws being passed by the State Legislature.

Instead of dealing with the growing concern with crime, the Legislature is busy passing bills like AB 418 to ban Skittles and AB 2098 to strip licenses from doctors who share information about COVID treatments or information that bureaucrats haven't approved.

Even worse than wasting time, money, and energy on senseless or reckless legislation, some legislators continue to push "decarceration" and pro-criminal policies that will make it harder for our brave Deputies to keep us safe.

Assembly Bill 742 will drastically ban the use of K9 units for arresting dangerous criminals - putting officers' lives in jeopardy. SB 1007 requires the state to

provide free telephones for convicted criminals in our jails and prisons - making it easier for them to continue coordinating illegal activities or smuggling drugs into jails. Their wrong-headed bills even SB 809 would actually prohibit businesses from asking about or considering criminal history in hiring decisions - allowing criminals to hide past behavior like robbery or theft from potential employers.

Over the next months, the Board of Supervisors will begin the budget process to set priorities and fund programs - including the budgets for Sheriff & Probation, as well as funds for jails, the DA, and the courts. Some activists are still pushing the "defund police" agenda - and during the budget talks, they are sure to be loud voices during Budget discussions. I will be sharing details about those hearings in my next newsletter as well as on my social media. I hope you will take the time to make your voice heard - I need your support to help ensure that keeping our citizens safe remains the top priority for the County of Sacramento (despite the reckless laws the Legislature keeps pushing.)

Thank you for reading - and as always, if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@sacounty.gov. Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Murieta ★

Sacramento County Led Workshop on Homelessness

Continued from page 1 and accessible.

In late 2022, the Board created DSHS, which became official in January of 2023 and will assume most of the budget and programs from existing departments on July 1, 2023. Part of DSHS's mission as a newly created department is to increase the diversity and accountability of its programs and outcomes.

The goals for year one are to increase communication from the County both internally to County employees and externally to those living unsheltered, advocates, stakeholders, residents and business owners.

This includes increasing engagement in the community, both with those being served and those wanting more information about the department, the County and the overall work being done to address homelessness in the region.

DSHS is committed to sharing outcomes. Reporting out data on the number of people that have engaged with our programs and services, the number of people currently being served and results of those that have exited programs and services.

The County is also making a concerted effort to be better storytellers, both in sharing the successes of our clients and programs, but also in our own

journalistic reporting. While the County has historically relied on trusted reporting from its local media partners, the need for accuracy and consistency has never been greater. To this end, the County will use its own communication channels to their fullest extent and work to position County staff and trusted partners as the source of information, not the media. The County will also endeavor to not just share the wins and successes, but also the process and the lessons learned from shortfalls.

In conjunction with the workshop, the County and staff from the City of Sacramento also reported on the six-month status update of the City/County Partnership Agreement.

Homelessness is a Countywide issue that impacts everyone. Meaningfully addressing the various aspects of each person's homelessness requires creative collaboration and sustainable solutions. On June 7, staff will provide a more in-depth look at the funding surrounding homelessness Countywide. The County is investing more than ever in creating and managing diverse programs, dynamic partnerships and impactful solutions that will work towards the mission of ensuring homelessness is rare overall and brief when it occurs. ★

Blue Star Museums Offer Free Admission to Military Personnel and Families

T-Rock Communications News Release

SACRAMENTO, CA (MPG) - Six Sacramento area museums are participating in Blue Star Museums - a partnership between the National Endowment for the Arts and Blue Star Families, in collaboration with the Department of Defense and museums across America - to offer free admission to the nation's active-duty military personnel and their families, including National Guard and Reserve, through Labor Day on September 4, 2023. The six local museums participating in the 2023 Blue Star Museums program include the following: Aerospace Museum of California, California Automobile Museum, California Museum, Crocker Art Museum, Fairytale Town, and the Sacramento History Museum.

The free admission program is available for those currently serving in the United States Military - Army, Navy, Air Force, Marine Corps, Coast Guard, including Reservists, National Guardsman (regardless of status), U.S. Public Health Commissioned Corps, NOAA Commissioned Corps, and up to five family members. Qualified members must show a Geneva Convention common access card (CAC), DD Form 1173 ID card (dependent ID), or a DD Form 1173-1 ID card for complimentary entrance into a participating Blue Star Museum.

Before planning a visit, guests are encouraged to contact the individual museums for hours of operation and note some are normally closed on Mondays and in observance of holidays such as Memorial Day and Labor Day. For more information or a complete list of participating Blue Star museums, please visit <https://www.arts.gov/initiatives/blue-star-museums>.

For more information about upcoming activities offered by Sacramento area museums, "like" them on Facebook at www.Facebook.com/SacMuseums, follow them on Instagram and Twitter @SacMuseums or visit the user-friendly website at www.SacMuseums.org. Those interested can also sign up for emails to learn more about your Sacramento Area Museums via the website at www.sacmuseums.org.

Blue Star Families builds communities that support military families by connecting research and data to programs and solutions, including career development tools, local community events for families, and caregiver support. Since its inception in 2009, Blue Star Families has engaged tens of thousands of volunteers and serves more than 1.5 million military family members. With Blue Star Families, military families can find answers to their challenges anywhere they are. For more information, visit bluestarfam.org. Follow Blue Star Museums on Twitter @NEAarts and @BlueStarFamily, #bluestarmuseums. ★

DA Thien Ho Opens Registration for Crime Lab Youth Shadow Day

Sacramento County DA News Release

SACRAMENTO COUNTY, CA (MPG) - District Attorney Thien Ho announces open registration for the Crime Lab Youth Shadow Day. This year, there will be an in-person or virtual option.

Participating students will meet criminalists who are experts in the various fields of forensic science. They are provided an interactive learning experience in areas including evidence preservation and chain of custody; bullet trajectory; presumptive blood testing; crime scene investigations (CSD); real drug chemistry display; and TRACE case examination.

IN-PERSON

When: July 21, 2023 ~ 9:00 a.m. to 12:00 p.m. (lunch will be provided)
Where: District Attorney's Crime Lab

~ 4800 Broadway Street, Sacramento 95820

VIRTUAL

When: July 28, 2023 ~ 9:00 a.m. to 12:00 p.m.

Where: Broadcasted live via Zoom from the Crime Lab

The program is open to current Sacramento County high school students. Priority will be given to senior high school students. Space is limited to 60 students each session and on a first come, first served basis. Please register early.

Students will need to submit completed registration forms and a signed permission slip, which can be downloaded at www.sacda.org.

The deadline to apply is Monday, July 3, 2023.

For questions, please email YouthPrograms@sacda.org. ★

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I Feel Sorry for My Good-Looking Friends

Dr. James L. Snyder

The one place in our humble residence I would prefer to avoid, especially in the morning, is my bathroom. The Gracious Mistress of the Parsonage has her bathroom, and I have mine.

I make visiting my bathroom in the morning as quick as possible. As I walk into my bathroom, on the right side is that awful thing called the mirror. Whenever I look into it, some old man looks back at me and then smiles.

I have asked The Gracious Mistress of the Parsonage if I could put a curtain in front of my mirror so that I would only see it when I had to.

She would laugh and say, "Oh, you silly boy, you need that mirror to help you look the best you can."

Many of my friends spend a lot of money and time to keep themselves as young looking as possible. They exercise, go on a strict diet, and some even have surgery to make them look better than they are.

I have one friend, a very wonderful lady, whom I've known most of my life. One thing about this young lady is that she wants people to think she's young and works tirelessly to keep looking

young.

She has had several facelifts to make sure all of the wrinkles disappear. Whenever she sees a wrinkle, she has to stop whatever she's doing and take care of it, no matter the cost.

I don't see her often anymore, but whenever I do, I usually say something like, "Is that a new wrinkle on your face? I think it's a wonderful wrinkle."

She will laugh and then disappear into the bathroom in a few moments to check out that wrinkle. Sometime that week, she will be at her doctor getting rid of that wrinkle.

Many try to show how young they look whenever we have a family get-together. They walk around smiling, hoping somebody will notice how young they look.

For some of them, when we plan to get together, it takes several weeks to prepare for that get-together. I can get together overnight and have no problems with that.

Whenever I meet one of those people, and I know who they are, I always compliment them on their good looks. They always smile back and thank me.

Then, out of nowhere, I

sometimes say, "You don't have as many wrinkles today as you did the last time I saw you." I laugh, but they usually don't join in.

It must be a very hard job to stay young anymore. On the other side of the mirror, I have an easy life of looking as old as possible. Every wrinkle on my face is an opportunity to celebrate that I'm still getting older.

In the Old Testament, Job had an issue with wrinkles. "And thou hast filled me with wrinkles, which is a witness against me: and my leanness rising up in me beareth witness to my face" (Job 16:8).

I can relate to Job, but then I remembered what the Apostle Paul said in Ephesians 5:27,

"That he (Christ) might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish."

My life, even my wrinkles, is in the capable hands of God.

Dr. James L. Snyder lives with the Gracious Mistress of the Parsonage in Ocala, FL. Call him at 1-352-216-3025 or e-mail jamesnyder51@gmail.com. His website is www.jamesnyderministries.com. ★



It's Not A Joint Venture, It's A Marriage

Dear Dave,

When my wife and I got married, she had about \$70,000 in savings and I had a lot of debt. We bought some property from her parents to build a home on, and she made a 20% down payment on the land from her savings. We've paid off some debt, and she has more in savings now. But I feel guilty and it seems unfair to ask her to pay on our debt with her savings since most of it is debt I brought into the marriage. How do you feel about this?

— Sonny

Dear Sonny,

This question tells me you're a good guy with a good heart. But let me ask you a thing or two. When your wife gets sick, is it

Dave Ramsey Says

unfair for you to take care of her? You didn't cause it. It's not your fault. Of course, it's not unfair. I'm not mad at you, buddy. I'm just throwing your own logic right back at you.

Maybe these next lines will sound familiar: for richer or for poorer, in sickness and in health. The old "Book of Common Prayer" continues the vows and says, "Unto thee, all my worldly goods I pledge." This is called oneness. It's called unity. And it's what a good marriage should be about.

Do you get what I'm saying, Sonny? The two of you are in this together. This is not a business partnership or joint venture. It's a man and a woman pledging themselves, and all they have and are, to each other. I understand your feelings, but if you're not careful, that kind of guilt will stand in the way of you two creating a successful marriage—both financially and emotionally.

When you got married, the "me" and "mine" became "we" and "ours." You got all her stuff, the

good and bad, and she got all of yours. Now it's time for you to work as a team to make the bad stuff go away and the good things even better. What's fair (and what's right) is to combine all of your income, all of your assets and all of your liabilities.

I know it's uncomfortable, but you've got to choose courage. Ask her to go all in on this with you and attack your debt together. Work toward making your dreams come true together as one.

That's what's fair, and that's what's best when you're married.

— Dave

Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of "The Ramsey Show," heard by more than 18 million listeners. He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, He also serves as CEO of Ramsey Solutions. ★

What If I Delay but Die Before Claiming Social Security?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: Hypothetically, if I plan to sign up for Social Security at 70 and pass away before that, I will get nothing. My spouse would still get a boost in the amount she receives because I made more, but everything I put into the program vanishes. I haven't reached my full retirement age yet and I still have income, but if I sign up now at 63 my benefits will be withheld due to my income. Then at full retirement age (presuming I elected to claim earlier) a re-calculation will take place and my monthly amount would be adjusted. Well, what happens if I decide to wait until 70 but pass away before I claim? Are my contributions repaid in a lump sum, or will I (or someone else) still lose everything? Signed: Uncertain About My Future

Dear Uncertain: You are correct that if you pass away before collecting your earned Social Security benefits you won't personally get anything. Social Security has, since inception, been a "pay as you go" program where those currently working and contributing to Social Security pay benefits for those currently receiving Social

Security. That means that if you die before collecting, the monies you contributed will have already been used to pay other recipients, but the contributions you made may still entitle your dependents to benefits on your record. For those who are in their early 60s, average longevity is mid-80s, meaning your spouse would likely collect benefits on your record for more than two decades, any minor children could collect until they are adults, and any permanently disabled child you may have would get benefits from your record for the rest of their life as well.

The Social Security payroll taxes you contributed were not put into a private account in your name. And, on average, it is to the beneficiary's advantage the program doesn't work that way because that personal account would be depleted fairly quickly after you claim - rather than getting benefits for the rest of your life, you'd only get benefits (plus interest) from your personal account, which would run dry pretty fast. FYI, we have researched this very carefully and found that, on average, all payroll taxes contributed to Social Security by an individual will be recovered within about 5 years of starting benefits. The actual length of time to recoup one's contributions varies somewhat depending on lifetime earnings and contributions made, but lower earning beneficiaries will recover everything contributed through payroll taxes within about 3 years, while it could take as much as 5 years for higher earners to get back everything they've paid into the program. And

for clarity, since self-employed individuals pay both the employee and employer portion of the payroll tax, it does take longer for those who own their own business to recoup what they've contributed. Nevertheless, on average, most who claim benefits will get considerably more from the program than they paid in Social Security payroll taxes.

As to your specific question, if you die before collecting, the contributions you made weren't deposited in a personal account for you and won't be paid out in a lump sum. Rather, the payroll taxes you paid while working were used to pay benefits to beneficiaries receiving at the time, and those working and contributing after you die will fund the benefits paid to your spouse or disabled adult child until they die, or to your minor children until they are adults. The Social Security benefits you earned aren't just for you - your eligible dependents will also benefit from your record.

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By Marlys Johnsen Norris, Christian Author

As a Christian believer and follower of Jesus Christ we should be continually and constantly aware of the presence of God in our lives! This morning was one of those times for me. Much too often I do assume it is so, but sadly much like the world around us, we never really appreciate or think about it.

We pray often to be in God's will for our lives. Do we ask to be in His perfect will? Don't we want to hear His voice and to follow His guidance in all our affairs? We ask for His help in all the affairs of our lives to intercede and bless our lives.

No matter what we are

Be Aware of God's Presence

doing then every moment of our daily lives, we must be aware of His loving presence always in and with us. Yes, regardless of what we are doing God's promises are there. Always there regardless of what we are doing or not doing.

It is a miraculous wonder to know every one of us can talk to Him about everything every moment of our day. Yes, because of His enormous greatness as our Creator, He loves and cares for every one of us! He hears and knows about all of our concerns.

Knowing all that God has accomplished on the Cross for us these thoughts came to me this morning as I was conversing with Him. How can I show God how much I deeply love and appreciate all He has done in my life? How can I help others to understand His intimate personal love

for them? How can I write something to spark their knowledge of His awesome love and presence in their lives and to understand His greatness?

Thank you Heavenly Father for every word you bless me to write so as to help someone to surrender and to understand accepting your love! My prayer is: May they become "born-again" finding freedom from sins as your Holy Spirit draws them into experiencing your love - accepting your beloved Son Jesus as their personal Savior and Lord of their life today!

Marlys Johnsen Norris Christian Author of 7 Books Coming: "Diamonds of God's Blessing for Life's Journey" Marlysjn@gmail.com PO Box 114, Orangevale, CA 93552 ★

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A Dad's Daughter

It's fascinating when you think about dads and daughters. Either they are the little princess or the daughter that my mother would always accuse me of being... "just like your father"... especially when I got one of my stubborn streaks going. Of course it didn't help when I would thank her for saying that. Don't know why she always got angry when I thanked her. Like...right! My dad has been gone a very long time, and I do miss him still.

He was a strong man with a short fuse, but got over it just as quickly. Sounds like yours truly. Dad passed on so many lessons without even realizing he was doing it. He never gave up was the best. He was born in Ilasco, Missouri, but his mom took him back to Romania when he was just two years old. His father was a brilliant man who spoke some 11 languages with little education. He just had the knack for it. But he did not have the knack for being a responsible father. He did not return to Romania with his family. He became an interpreter for the Ford Motor Company in Detroit, Michigan when it was a real powerhouse. When my dad was fourteen, he had to declare whether he would stay in Romania or return to the USA. Here's where I can say my dad was as strong. He literally said he was born in the USA and wanted to return. But no one gave him a hand... not even his own father. His own father told him..."I gave you wings, now fly." BUT DAD NEVER GAVE UP!

He worked long and hard, lying about his age to get whatever job he could get. I don't have enough time to share the whole story, but he became a Furrier and made it to Metro Golden Mayer studios in Hollywood to design fur coats for the stars including Betty Davis. When ulcers took their toll on his health, he worked his way up to making airplane wings in a plant and then turned to, of all things, taking on the arduous task of becoming an Ironworker. Yup, walking



I think it's important to realize that dads do have a significant influence on their daughter's life. My dad taught me to never give up, no matter what the situation. I would like to think he would be proud of my accomplishments today.

on those two inch girders several stories up in the sky, including the Sears Tower in Chicago. And I can tell you, he succeeded in every job he took on...right to the end when cancer took over and his heart gave out.

So why do I tell you this abbreviated version of my life with dad? I think it's important to realize that dads do have a significant influence on their daughter's life. My dad taught me to never give up, no matter what the situation. I would like to think he would be proud of my accomplishments today. He got to see the beginning of my work in Television and Radio, but not my writing a book and my sharing stories with you in this column. But I do think about dad often, and his words still ring in my ears. NEVER GIVE UP! I won't dad.

Happy Father's Day.
Love, Mary Jane.

COBRA, Health Insurance, Covered California, Medicare: Researching Plans

By Tim Coughlin



If you've been covered by group health insurance through your employer for a while and now find yourself in need of getting your own health insurance or choosing between COBRA, Covered California, or Medicare, evaluating the numerous options can feel overwhelming.

Determining plan premium costs, Covered California "Premium Assistance" amounts, Medicare costs based on income, plan deductibles, copays, out-of-pocket maximums, and making sure the doctors you want to see accept the plans are essential to making a good decision. Not being familiar with all the rules, enrollment deadlines, provider network, and the pros and cons of each option can result in paying more than you need to or getting coverage that doesn't best meet your needs.

The services of a local insurance agent can help make the process of choosing the right plan easier by saving you a significant amount of time and effort trying to sort out all the options. People new to this process may not know that they don't pay fees for the services of an independent agent. Instead, agents are paid by the insurance companies.

When looking for an agent, you will want to consider what the agent specializes in since insurance agents can represent various kinds of policies as well as how long they have been in the industry. Reading their reviews can help you learn more about their quality of service.

If you work with a "captured" insurance agent who only represents one carrier, you may miss out on more affordable policies or plan options with stronger coverage. By working with an independent insurance agent who represents multiple carriers, you'll be provided with several coverage options to consider. And when you work with your neighborhood insurance agent, you will also benefit from their knowledge of the local market and can count on their services for the years to come.



Tim Coughlin is an award-winning independent agent in Gold River specializing in Medicare and health insurance for over 35 years. He can be reached at (916) 346-4417, by email at tim@summitindins.com, or through the agency website; summitindins.com. (LIC # 0669552)

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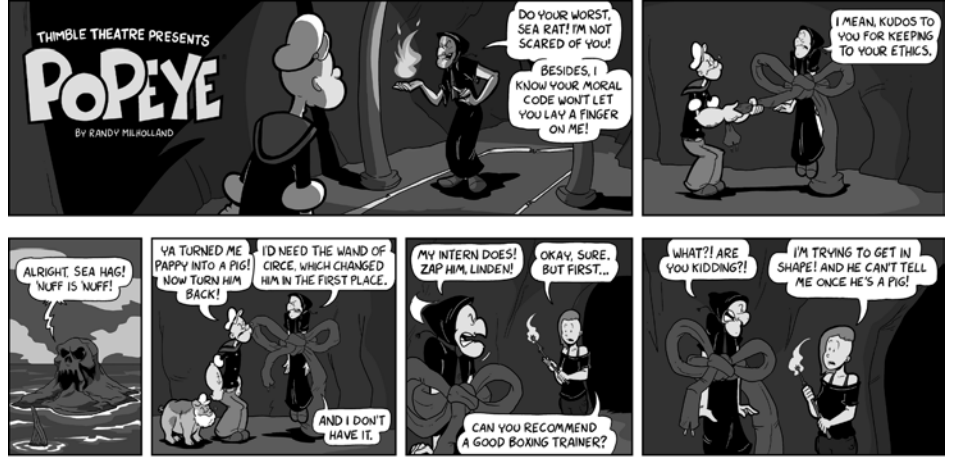
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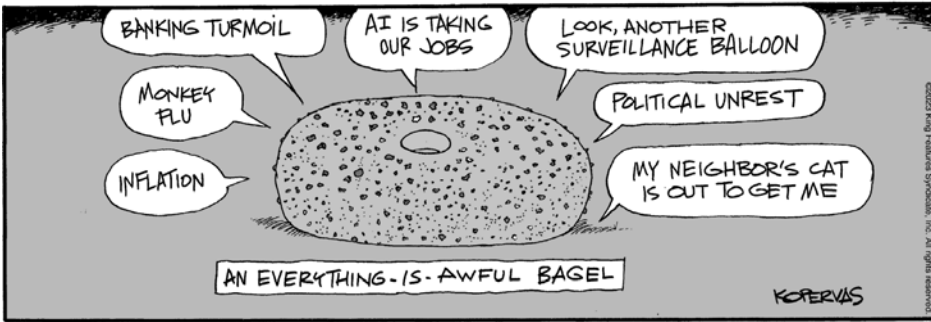


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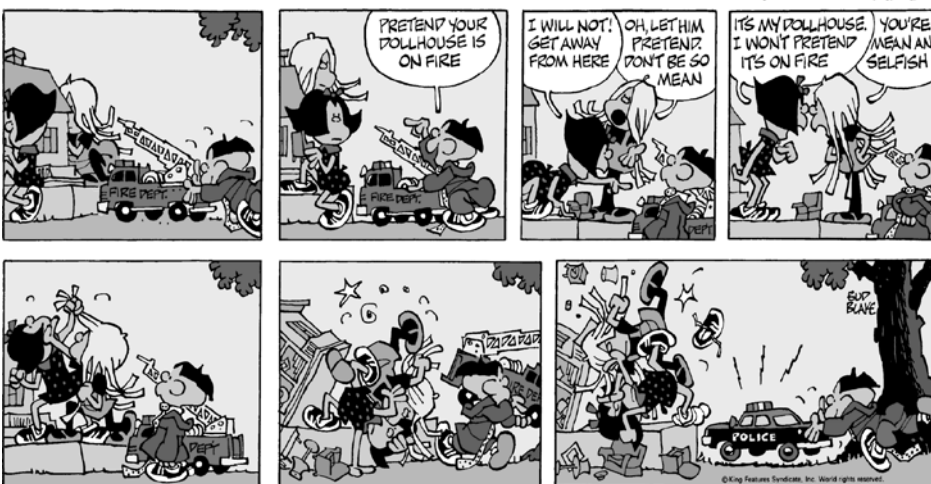
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New Humle Beer House to Open in Sylvan Marketplace



The Humle Beer House will occupy a suite at 7086 Auburn Blvd., in Sylvan Marketplace.

Story and photo by Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - A new craft brew taproom, Humle Beer House, is coming to Citrus Heights and looking for a summer opening date.

The Humle Beer House will fill almost 1,500 square feet at 7086 Auburn Blvd., Suite 100 in Sylvan Marketplace, said owner Owen Roswald. The taproom will have an outdoor patio, in addition to its interior square footage.

An exterior sign posted at the business location provides public notice of application to sell alcoholic beverages filed on March 20, by the applicant Dual Coast Cards LLC with the Sacramento Department of Alcoholic Beverage Control (ABC).

Interior construction permits have yet to be filed with the Citrus Heights Building Department. News of the opening of the craft brew taproom was recently acknowledged by Meghan Huber, Economic Development & Community Engagement Director in a social media post.

The taproom replaces a former frozen yogurt and smoothie shop. Nearby businesses also located in Sylvan Plaza, located across the street on Auburn Boulevard from Sylvan Middle School,

include Starbucks Coffee, Chando's Tacos, the Ukrainian Credit Union and Haya Sushi.

While Humle Beer House won't brew beer or serve food, it is expected to have between 20 to 22 taps with rotating handles which will primarily feature beer, although hard cider and seltzer will also have a presence, Roswald told the Sacramento Business Journal.

Humle Beer House will be open to guests 21 and older. "Humle" in the name of the business translates into "hops" in Nordic languages, Roswald said. Hops are used to make beer.

At least half of the featured beers will come from local breweries, he said. Taproom customers will be able to bring in food from nearby restaurants.

Roswald, who will own Humle Beer House with Brandon Scott, is said to have family ties to the local craft beer industry. His brother, owner of Claimstake Brewing in Rancho Cordova, is not involved in the Citrus Heights project.

Roswald or Scott could not be reached for further comment concerning an upcoming opening date.

Brenda Miller, a senior vice president with TRI Commercial/CORFAC International, represented the tenant in the taproom's lease, according to the Sacramento Business Journal. ★

Bella Vista Class of 2023 Parades in Style!



Garrett Lane of Bella Vista High School interviews seniors during their parade at Sunrise Mall on Saturday, June 3, 2023. Photo by MaryAnne Povey

By MaryAnne Povey

FAIR OAKS, CA (MPG) - The Bella Vista Class of 2023 celebrated the end of their high school journey by gathering with classmates, decorating their cars, and parading in front of family, friends and fans at the Sunrise Mall parking lot the day before their official graduation.

Staff members Zara Budenbender and Garrett Lane emceed the festivities for

the second consecutive year congratulating the students and interviewing them about the future plans and final "shout outs" to teachers and parents. Over 250 students participated in the parade.

Thank you to Orangevale Live for streaming the event. To get the parade or graduation link, visit the Orangevale Live Facebook page. Best of luck to all the graduating seniors! ★



BVHS 2023 celebrated a car parade a day before their graduation. Bella Vista alumna Zara Budenbender reports for Orangevale Live, streaming the event. Photo by MaryAnne Povey



Bella Vista High School seniors take to the streets and are seen here at the Sunrise Mall parking lot one day before their official graduation. Alumna Zara Budenbender speaks to them via Orangevale Live. Photo by MaryAnne Povey

ASK THE DMV



Making Travel Plans This Year?

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Q1: If I already have my passport, why do I need a REAL ID?

A1: While you can board a domestic flight with a passport, there are several reasons to upgrade your license to a REAL ID. A REAL ID not only allows you to easily board domestic flights but also enter secure facilities such as military bases, federal courthouses, and other federal facilities. It serves as an everyday form of identification and lets you fly domestically without having to risk traveling with your passport. A REAL ID does not replace a passport.

Q2: Can I fly with a temporary ID?

A2: Although the DMV will issue you a temporary ID if you are waiting to receive a replacement, the TSA does not consider a temporary ID an acceptable form of identification for flying. If you need to replace your ID, don't forget to use the DMV's convenient online services, and request to replace your driver's license from the comfort of your home. Create or log into your MyDMV account and have your payment information ready. After completing a request, you'll receive your replacement ID within three to four weeks. If you have not received your replacement within 60 days check the status here.

Q3: What essentials should I have on my travel checklist?

A3: Make your trip a breeze by ensuring you take care of your travel checklist. The DMV offers the following tips to help make your trip as easy as possible:

1. Make sure your license is not expired. If you notice your ID will expire before your flight, or before your return flight, make sure you allow ample time to renew it. You can do this online with the help of the DMV's online services. If you need to renew your license, make it a REAL ID and get ahead of the May 2025 enforcement date. Start your application today!
2. Have a road trip planned? Check your vehicle registration and renew your vehicle registration online if you need to. Make sure you have a renewal notice confirming your current address, your license plate number, the last five digits of your VIN, and your payment information ready to enter online.
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Note: DMV offices are closed on weekends.

For more information or answers to questions not listed here, please visit www.dmv.ca.gov/online

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New Hibachi Buffet to Open in Citrus Heights



The new signage of the Hibachi Buffet restaurant at 5623 Sunrise Boulevard.

Story and photos by Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - Interior demolition has begun at the former China Buffet restaurant at 5623 Sunrise Boulevard by owner Jay Wong who will open his new Asian fusion-themed as Hibachi Buffet this summer.

Wong, originally from Orlando Florida, recently signed a long-term lease to open his restaurant, said Phillip Jarrett, owner/broker of Jarrett Real Estate in Eldorado Hills, in an earlier telephone interview.

"It's our very first restaurant in California," Wong said. He said he expects to hire at least 30 kitchen and customer service personnel for his new restaurant which is

now receiving a thorough refresh inside.

The general menu hasn't been finalized yet, Wong said, but will feature a variety of sushi, hibachi grill and seafood dishes. Customers will be able to watch their dishes being prepared in front of them.

Further details about business hours and the general menu will be posted on social media as the restaurant nears its opening date, Wong said.

The free-standing former 10,600-plus square-foot restaurant built in 1986, is situated on 1.7 acres and includes two outdoor seating areas. Shuttered for over three years, the general physical condition of the former China Buffet and its outside parking area

had deteriorated in recent years.

Inside the freshly painted restaurant, which has a wide-open floor plan, construction crew members were installing new booth partitions and grouting floor tile. The front lobby, kitchen and restrooms were still being built out.

"We're excited to bring Hibachi Buffet to the city of Citrus Heights," Wong said. "Once renovations are fully complete, inside and out, our guests who discover our new restaurant will find it a very special place they will want to come back to."

The new Hibachi Buffet, once open, adds to a reviving restaurant row in Sunrise MarketPlace where nearby Boston's Pizza and El Tapatío now thrive.

The restaurant site was listed for sale or lease for \$4.1 million at a cost of \$1.99 per square foot under a ground lease option as "ideal for restaurant, medical, brew pub/sports bar, retail, residential or other suggested uses."

A former Marie Callender's Restaurant and Bakery, which is located next door at 5525 Sunrise Boulevard still remains on the market. The restaurant abruptly closed in August 2019 when the parent company entered Chapter 11 bankruptcy due to dwindling profits. ★



The Hibachi Buffet main entrance gets some attention in preparation for the restaurant's opening.

Former Marie Callender's Looks for New Purpose



The 5525 Sunrise Boulevard site of the former Marie Callender's in Citrus Heights is available for lease or redevelopment.

Story and photos by Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - A former Marie Callender's Restaurant and Bakery on 5525 Sunrise Boulevard in Citrus Heights remains up for lease or redevelopment by its present owners. The restaurant had abruptly closed in 2019 when its parent company filed for federal Chapter 11 bankruptcy.

Situated along what was once Sunrise Boulevard's historically busy restaurant row, the vacant 9,372-square-foot building which sits on 1.55 acres has been a frequent target of vandalism and transient activity since closing nearly four years ago.

Popular neighboring restaurants along that side of Sunrise Boulevard include El Tapatío, a Mexican restaurant, and a new Hibachi Buffet, which is now under construction and scheduled to open later this summer in the site of a shuttered China Buffet restaurant.

Boston's Pizza Restaurant and Sports Bar at 5511 Sunrise Boulevard at the corner of Sunrise Boulevard and Upland Way replaced a former Logan's Roadhouse which had been located there.

The former Marie Callender's restaurant, located in Sunrise



The former Marie Callender's has been a frequent target of vandalism and transient activity since closing nearly four years ago.

MarketPlace, is situated between Sunrise Boulevard and Birdcage Street and is actively listed for either lease or ground lease by the Sacramento office of CBRE, its listing commercial real estate brokerage. The restaurant site also features public parking in the rear and an exterior patio. A sales and marketing brochure describes the former restaurant as suitable for medical, office, retail, or restaurant use. Calls to two CBRE individual leasing agents Chris Campbell and Scott Carruth on the property listing for comment concerning the brokerage's general sales and marketing plans and objectives for the property were not returned.

While immediate marketing plans for the future of the former Marie Callender's restaurant may not be known at this time, its owners have been described as vigilant in keeping the building as secure as possible, said Kathilynn Carpenter, executive director for Sunrise MarketPlace. "They've also hired a regular landscaping service as well."

"The owners and broker are continuing to aggressively promote and market the site and I wish them well," she said.

A link to the property listing can be viewed at: <https://retailproperties.cbre.us/p/retail-real-estate-listings/Citrus%20Heights-CA-95610/sunriseblvdbldg#highlights>★



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Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE JUNE 07 - JUNE 13, 2023.

We Beat Almost All Online Prices on Premium Brand Pet Foods.
 Including Blue Buffalo, Chicken Soup, Earth Born, Diamond Natural, Pinnacle, Taste of the Wild, & Royal Canin.

PET CLUB FOOD AND SUPPLIES

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COUPON ANY 26 LBS OR MORE PREMIUM DRY DOG FOOD PLU #336 **\$2.00 OFF**

COUPON ANY 14 LBS OR MORE PREMIUM DRY CAT FOOD PLU #337 **\$1.00 OFF**

FREE PURE NESS PET BOWL
 Sm. Size #00201 or #000A1 with any purchase of pet fish food or supply. Limit 1. \$1.29 Value PLU 338 CHM
 Limit: 1 Coupon Per Family Effective 6/7/23 - 6/13/23

Look for Advertised Sale Items Everyweek at www.petclubstores.com

TASTE OF THE WILD GRAIN FREE DRY DOG FOOD •Wetlands •Sierra Mountains •Pacific Salmon •High Prairie •Southwest Canyon 28 Lb Limit 2 Bags per Family \$43.99 Effective 6/7/23 - 6/13/23	CANIDAE DRY DOG FOOD FOR ALL LIFE STAGES •Multi-Protein •Chicken Meal & Rice •Large Breed 40 Lb (Multi Protein •Chicken & Rice •Lamb & Rice 27 Lb Bag) As Marked \$15 OFF Our Regular Prices! Effective 6/7/23 - 6/13/23	SCIENCE DIET DRY DOG FOOD Limit 2 Bags •Lite 30 Lb •Active Mature 33 Lb \$65.99 •Sensitie Stomach 30 Lb \$71.99 •Perfect Weight 25 Lb Effective 6/7/23 - 6/13/23	VICTOR SUPER PREMIUM DRY DOG FOOD Big Bag 50 Lb Limit 2 Bags •Multi-Pro \$49.99 •Professional \$59.99 •Hi-Pro Plus \$64.99 Effective 6/7/23 - 6/13/23
9 LIVES CANNED CAT FOOD 5.5 Oz All Varieties Limit 2 Cases Per Family 59¢ Effective 6/7/23 - 6/13/23	FANCY FEAST GOURMET CANNED CAT FOOD Selected Varieties except Elegant Medley 3 Oz Limit 2 Cases Per Family ON SALE Everyday Effective 6/7/23 - 6/13/23	JONNY CAT PREMIUM CAT LITTER 20 Lb Bag •Regular •Multiple Cat Formula Limit 2 Bags Per Family \$5.39 Effective 6/7/23 - 6/13/23	FELINE PINE HEALTHY CAT LITTER 20 Lb Bag Limit 2 Bags \$11.99 Effective 6/7/23 - 6/13/23

BLUE BUFFALO CANNED CAT FOOD Tasteful •Pate •Flaked Limit 1 Case 3 oz. \$1.19 5.5 Oz \$1.45	BLUE BUFFALO WILDERNESS DRY DOG FOOD 24 Lb Bag Limit 2 Bags •Chicken •Weight Control •Duck •Salmon •Large Breed \$6 OFF OUR REGULAR PRICES	MERRICK'S GOURMET CANNED DOG FOOD •Selected Varieties 13.2 Oz. Limit 1 Case ON SALE
FUSSIE CAT PREMIUM DRY CAT FOOD Market Fresh Recipe •Selected Varieties 2 Lb, 4 Lb, 10 Lb bag As Marked 10% OFF OUR REGULAR PRICES	SHEBA PREMIUM CAT FOOD •Selected Varieties •Pate •Cuts in Gravy Perfect Portion 2.6 Oz Limit 1 Case \$1.09	SCIENCE DIET FELINE MAINTENANCE DRY CAT FOOD 15.5-16 Lb Bag •Adult •Mature \$47.99 •Sensitive Stomach \$51.99 •Lite •Indoor
SWHEAT SCOOP NATURAL WHEAT LITTER (12 Lb Bag - Original \$12.99 Multi Cat \$13.99) 36 Lb Bag Limit 2 Bags Original \$33.99 Multi-Cat \$35.99	PRECIOUS CAT CAT LITTER 20 Lb Box Limit 2 Boxes Cat Attract \$12.99 Touch of Outdoors \$8.99	CAREFRESH PET BEDDING 60 Liter (Ultra Not Included) \$17.99
WELLNESS DRY DOG FOOD 24-30 Lb Bag Large Breed Adult •Chicken •Healthy Weight •Senior •Grain Free Chicken •Grain Free Lamb •Grain Free White Fish \$5 OFF OUR REGULAR PRICES	HEINZ PUP-PERONI DOG TREATS •Beef •Lean •Bacon •Prime Rib 22.5 Oz Pkg Limit 2 Pkgs \$10.99	CHICKEN SOUP FOR THE SOUL DRY DOG FOOD 28 Lb Bag •Adult •Mature •Lrg Breed •Weight Care \$49.99 •Puppy Reg & Lrg Bld \$51.99 •Grain Free \$53.99

ASPEN/PETMATE PET BEDDING •Pillow •Self Warming •Lazy Boy •Orthopedic Foam Beds •Snoozzy All Varieties 20% OFF OUR SUPER LOW PRICES	BARKWORTHIES ALL NATURAL DOG CHEWS •Bully Sticks •Collagen Boost Treats •Snap Sticks 20% OFF OUR SUPER LOW PRICES!	CHUCK IT FETCH GAMES •Ball Launchers •Flying Squirrel •Tennis Balls •Glow Balls •Fetch Toys All Varieties 20% OFF OUR SUPER LOW PRICES	SENTRY FIPROGUARD Flea Control Treatment •Regular •Plus •Max All Sizes 20% OFF OUR SUPER LOW PRICES	PENN PLAX BIRD LIFE BIRD PRODUCTS •Regular •Natural Toys •Ladders •Perches All Varieties 20% OFF OUR SUPER LOW PRICES	HAGEN FLUVAL FILTER SALE MODEL TANK PET CLUB SALE MODEL TANK PET CLUB SALE 107 ... 25 GAL. \$104.99 307 ... 70 GAL. \$159.99 207 ... 40 GAL. \$119.99 407 ... 100 GAL. \$189.99
FRISKIES BUFFET CANNED CAT FOOD 5.5 Oz All Varieties Limit 1 Case With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 6/7/23 - 6/13/23 ON SALE Everyday CHM PLU 367	WHISKAS TEMPTATIONS CAT TREATS •Selected Varieties - 3 Oz Limit 2 Pkgs with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 6/7/23 - 6/13/23 \$2.19 CHM PLU 569	JONNY CAT CAT LINERS Jumbo Drawstring - 5 Ct Limit 1 Box with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 6/7/23 - 6/13/23 \$2.39 CHM PLU 449			