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# AMERICAN RIVER Messenger

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Serving Fair Oaks, Orangevale & Sacramento County

NOVEMBER 25, 2022

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## Fish are a Jumpin'



Giant Chinook leap from the river in their eagerness to follow the uphill flow.

**Story and photo by Susan Maxwell Skinner**

**SACRAMENTO REGION, CA (MPG)** - The 2022 Chinook run is in full swim.

Now cooled sufficiently for spawning, the American River is teeming with migrating salmon. Nimbus Fish Hatchery recently opened ladder gates and is harvesting eggs and milt for artificial fertilization.

The Chinook giants climb to the facility via a \$9.7 million ladder that replaced an antiquated weir system last year. "We've been pleased with its operation," notes hatchery education specialist Laura Drath, "The new ladder works for the fish. Its location opens up more spawning habitat in Nimbus Basin. It also eliminates danger to staff who had to

work on the old weir."

Thirty-pound fish were already leaping as Nimbus technician Ryan Reed winched up ladder gates. Irresistibly drawn to water that courses down ladder steps at 25 cubic feet per second, 100 Chinooks completed the passage in the first hour.

Their weeks-long migration runs the swimmers ragged. Ending a three-year life cycle, reproduction is now a final goal. Many spawn naturally and die in river shallows before reaching the ladder. But more than a century of river alteration means insufficient gravel beds remain to accommodate salmon and steelhead nests.

Much gravel restoration has been recently achieved; salmonids can

be now seen breeding in augmented beds near Ancil Hoffman Park and Sailor Bar. The hatchery is nevertheless tasked to artificially fertilize about nine million eggs in mitigation for Nimbus Dam's impassable barrier. Salvageable fish meat is processed in Oregon for distribution at California food closets.

Eggs hatch in about six weeks. In spring, fry are released to begin their journey to the Pacific.

For now, the primal dance of death continues at Nimbus, as fish pitch ebbing strength at currents, rocks and ladder steps.

Salmon processing continues at Nimbus until mid-December. Anyone may visit the Fish and Wildlife department facility at 2001 Nimbus Road, Gold River. ★

## Park District Takes Control of La Vista Fields

**Story by Shaunna Boyd**

**FAIR OAKS, CA (MPG)** - At the November meeting of the Measure J Bond Oversight Committee (BOC), Fair Oaks Recreation and Park District (FORPD) Administrator Mike Aho shared that the District has reached an official agreement with the San Juan Unified School District (SJUSD) to take over the fields at the La Vista school site for new girls softball fields, which were originally slated for Phoenix Park.

The next steps in this project are to develop a Request for Proposals, which will include both the La Vista fields and improving the parking at Phoenix Park. The results of community outreach for these projects will inform a Master Plan that must be approved by the Board of Directors. Next will come the design, cost estimations, and securing funding for the projects. FORPD took control of the La Vista fields on November 1, and Aho estimates it will be 10 - 12 months to get through the process to design approval.

Aho said there's no way to fund both the La Vista and Phoenix projects through Measure J, so outside funding will need to be identified, and the projects might have to move forward in phases. The District could allocate Impact Fees (of which the District currently has \$1.4 million) for these projects, but Aho said it's good to hold those funds in reserve if possible.

BOC Chair Amy Larsen asked what is specifically required in the Bond language to be completed at Phoenix. Aho explained that with the fields moving to La Vista, the parking is the only improvement that needs to be done at Phoenix. But he clarified that just because projects were identified in the Bond, that doesn't mean the District is required to complete them—just that if there are funds available, those projects need to be on the list to be considered. But he also said, "Politically, we should do it. And if we have the funds, we should be attacking it to try to improve the parking there." So, staff will be working to identify possible funding sources to move that project forward.

Aho was then asked about the possibility of the District taking control of the old school buildings at La Vista. He explained that if SJUSD decides they no longer need the buildings, the agreement gives

*Continued on page 6*

## Celebrate the Season!

**Story by Shaunna Boyd**

**FAIR OAKS, CA (MPG)** - The month of December will be full of festive holiday activities planned by the Fair Oaks Recreation and Park District (FORPD), in partnership with the Fair Oaks Chamber of Commerce. Highlighted here are some of the free activities to help the community celebrate the season.

The season will kick off with a favorite annual event for Fair Oaks residents—the Christmas in Fair Oaks Tree Lighting on December 3 at Fair Oaks Park (11549 Fair Oaks Blvd.). The event will feature live music, craft vendors, food trucks and hot cocoa, games and activities for kids, canned food collection, and photos with Santa and Mrs. Claus. Parking opens at 1:30 PM, and the event will go from 2:00-6:00 PM, with the festivities concluding with the iconic



Santa Claus and Mrs. Claus are already preparing for their arrival in Fair Oaks this Christmas. Photo courtesy of FORPD

tree lighting ceremony at around 5:30 PM. Parking, general admission, kids' activities, and Santa photos are free.

While supplies last, you can pick up free holiday games and crafts at the FORPD Office (4150 Temescal St.). From

December 1-18, pick up a Dreidel game to celebrate Hanukkah. And from December 1-22, pick up a Christmas craft kit to make popsicle stick Christmas trees and Rudolph the Red-Nosed Reindeer ornaments, and a New Years craft kit to make confetti party poppers.

On December 4, check out Fair Oaks Vintage Charm in the Fair Oaks Village. You can see classic cars on display starting at 7:00 AM, and Village shops and restaurants will be open for your enjoyment. Enjoy hot cocoa and coffee at EJ's Little People during a California International Marathon watch party to cheer on the participants as they run past between 7:00 AM and 10:00 AM. Visit Biker Bar from 11:00 AM to 2:00 PM for kids crafts and face painting.

Decorate your house with your best festive light display to participate in the Light Up! Fair Oaks contest.

*Continued on page 3*



# Grant Bolsters CHP's Focus on Sideshows and Street Racing



CHP recently received a federal grant that will support the state's redoubled efforts to crack down on reckless driving behaviors that continue to wreak havoc throughout the state. Photo courtesy of the CHP

### CHP News Release

**SACRAMENTO, CA (MPG)** - Illegal sideshows, takeovers, and street racing remain a major cause of death and injury on California roadways.

The California Highway Patrol (CHP) recently received a federal grant that will support the state's redoubled efforts to crack down on reckless driving behaviors that continue to wreak havoc throughout the state.

Building on the \$5.5 million in the 2022-23 state budget for the CHP to implement the Campaign to Eliminate Street Racing and Sideshows (C.E.S.R.S.), the \$1.5 million Sideshow, Takeover, Racing, Education, and Enforcement Taskforce (STREET) grant will help efforts to decrease the number of fatal and injury traffic crashes attributed to illegal sideshows, takeovers, and street racing.

In 2019-2020, speed was a factor in approximately

40 percent of all fatal and injury crashes in California. In years 2020-2021, preliminary data reflects the number of people killed in crashes caused by reckless driving increased 21 percent from the previous period. The CHP continues to receive a high number of reports on sideshows and street racing and the negative consequences associated with such careless exploits.

"Reckless driving behaviors are a significant threat to all who use California's roadways," said CHP Commissioner Amanda Ray. "The STREET grant will provide for a focused education and enforcement campaign, targeting aggressive driving behaviors, street racing, and sideshow activities."

During the past two years, California has seen significant increases in the number of incidents from unsafe driving behaviors, including motorists exceeding 100 mph on state highways,

illicit street racing and sideshow activities, and speed-related crashes.

To address the issue, from January 1, 2021, to September 30, 2022, the CHP conducted enhanced speed enforcement operations on state routes that have seen an increase in speed-related issues. During this period, the CHP issued 40,593 citations to motorists exceeding 100 mph. CHP also collaborated with allied law enforcement agencies, leading to the creation of street racing and sideshow task forces and social media campaigns posting the dangers associated with high speed, aggressive driving behaviors, and street racing.

The STREET grant allows for a comparable campaign starting this month through September 30, 2023. Funding for the STREET program is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

As an added deterrent, Governor Gavin Newsom recently signed Assembly Bill 2000 (Gabriel), making it illegal for a person to participate and/or engage in a motor vehicle speed contest or in an exhibition of speed in an off-street parking facility. The measure goes into effect on January 1, 2023.

The mission of the CHP is to provide the highest level of Safety, Service, and Security. ★

# Ceremony Recalls Sacrifices



Family and supporters of heroes honored at Patriots Park gathered last weekend for the annual Wall of Honor ceremony.

### Story and photo by Susan Maxwell Skinner

**SACRAMENTO REGION, CA (MPG)** - Carmichael and Fair Oaks stalwarts gathered last Saturday to recall fallen heroes of nation and community. The "Wall of Honor" ceremony was observed at Patriots Park.

Built in 2008, the reserve's stone monument is dedicated to 15 local men – from military, police, CHP and fire-fighting forces – who died in service during Carmichael Park District's 60-year history.

Their sacrifice unites surrounding neighborhoods each November. The named

heroes fell in uniforms of U.S. Army, Marines, Air Force, Navy, CHP, police and firefighting services. Plaques recall sacrifice from Vietnam War years until recent times.

Ceremony attendees included Gold Star families; elected representatives and park district leaders. Congressman Ami Bera was among speakers. "With Veterans Day coming up," said Dr. Bera, "it's appropriate to honor those who served, and those who continue to serve. We remember them with this ceremony and with our own service to our country and community."

The Wall of Honor commemorates the following heroes:

- Deputy Robert French
- CHP Officer Ronald E. Davis
- Army Specialist James E. Schlottman
- Army Lieutenant Robert S. Byrnes
- Air Force Captain Olin E. Gilbert Jr.
- Army Sergeant Larry H. Morford
- Firefighter Dean W. Rhoades
- US Navy pilot Lieutenant J. G. David A. Warne

- Marine and firefighter Sergeant Brian E. Dunlap
- Deputies Kevin P. Blount and Joseph M. Kievernagel
- Army Sergeant Ronald L. Coffelt
- Army Specialist Raymond N. Spencer Jr.
- Deputy Danny Oliver
- Corporal Bruce R. Verhoeven
- Deputy Patrick Blount

Anyone may visit the Patriots Park Wall of Honor at 6827 Palm Ave, Fair Oaks. ★

# California DAs to CDCR: Explain Early Release of Violent Criminals

### CDAА News Release

**SACRAMENTO REGION, CA (MPG)** - The California District Attorneys Association (CDAА) wants the prison system (CDCR) to explain why it is releasing violent prisoners who haven't earned sufficient rehabilitation credits early from prison. In some cases, they have re-offended and committed even more serious crimes.

To qualify for release, prisoners are supposed to earn credits for good behavior under Prop 57, but that often does not appear to be the case.

In a series of reports, Julie Watts of CBS News revealed the process by which CDCR is releasing prisoners is hidden from the public, arbitrary, and dangerous.

"They're doing it in secret because they don't want to be called out," El Dorado County District Attorney Vern Pierson told CBS.

"The public has a right to know what these people are doing to rehabilitate themselves," said Yolo County District Attorney Jeff Reising.

Watts reported that Sacramento mass shooting suspect Smiley Martin had

earlier been denied parole after a fight with a fellow inmate and other criminal activity while behind bars. Yet because his domestic violence conviction did not qualify as a violent crime, the CDCR deemed him qualified for early release. A year after he was denied parole, police said Smiley was caught on camera opening fire into a crowd of gang rivals near the state capitol.

"CDAА calls upon CDCR officials to immediately explain the system for releasing violent criminals – especially those who have not fully engaged in rehabilitation

programs," said Greg Totten, CDAА Chief Executive Officer. "It needs to stop now. This is not reform. This is an anti-transparent experiment that is gambling with public safety."

SB 1391, a separate piece of legislation related to Prop 57, also frees prisoners, specifically those who were juveniles convicted of crimes as adults.

One possible beneficiary is convicted murderer Daniel Marsh who said he got "an exhilarating feeling" after he stabbed an elderly Davis couple 120 times to death. He may now be eligible for early

release, according to the Davis Enterprise.

Marsh was just days shy of his 16th birthday at the time of the double homicide. He was sentenced to 52 years to life in prison, but he could get out after only serving 10 years. The case is being heard by the Third District Court of Appeal in Sacramento.

The California District Attorneys Association is a statewide training and advocacy organization representing elected district attorneys, city attorneys with criminal divisions, and more than 3,500 prosecutors. ★

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# OV-FO Community Foundation Welcomes New Executive Director



Brad Squires who established the Orangevale-Fair Oaks Food Bank and OVFOCF (left) and new Executive Director, Josh Hall (right). Photo by MaryAnne Povey

By MaryAnne Povey

**ORANGEVALE-FAIR OAKS, CA (MPG)** - There's a new guy heading up the Orangevale-Fair Oaks Community Foundation (OVFOCF)! Welcome to Josh Hall who's to step in for longtime community organizer Brad Squires who led the organization from its inception. Squires established the Orangevale-Fair Oaks Food Bank and then the OVFOCF which oversees multiple community programs serving the Orangevale and Fair Oaks areas. He'll remain on the organization's board of directors and will continue supporting Josh and the team as they expand the work being done for many years to come.

As the new Executive Director, Josh will oversee the day-to-day operations of the ever-expanding community service organization including the Orangevale-Fair Oaks Food Bank, The Big Day of Service, the Homeless Assistance Outreach Team (HART) and the Orangevale Teen Council (OTC).

"We are very excited to have Josh on board to lead the way," said Brad Squires, "The foundation is in great hands, and I

look forward to working alongside him to expand our programs that help Orangevale and Fair Oaks communities flourish."

Josh is no stranger to the community, having moved to Sacramento in 2004, then leaving for a few years before returning to the area in 2016. It is here that he and his wife Kelly and their family have made their home in Fair Oaks. Prior to his new position as Executive Director, Josh served as Lead Pastor of Fair Oaks Church where he began partnering with OVFOCF including being part of the first Big Day of Service in 2018.

"Kelly and I love this community," said Josh, "We've been growing and serving in new ways in recent years with HART, Big Day, OTC, and working to build on the strong foundation of our local community. I'm thrilled to help serve and continue to lead and help the foundation continue to flourish in the days ahead."

Be sure to follow the Orangevale-Fair Oaks Community Foundation at [www.ovfocf.org](http://www.ovfocf.org) to hear about the latest happenings in the community and learn more about how you can help! ★

# Celebrate the Season!

Continued from page 1

Register by December 6, and the community will view and vote for their favorites from December 12-18. The winner will be announced on December 19.

The Holiday Night Market will be held on December 6 from 5:00-9:00 PM at Shangri-La restaurant (7960 Winding Way). You can sip and snack while browsing artisanal products from more than 20 vendors. Santa will be there for photos, and donations will be accepted for the non-profit SPARKLE Foundation, which benefits women in need.

The next holiday shopping opportunity will be the Holiday Shopping Fair at Rollingwood YMCA (9373 Winding Oak Drive) on December 7 from 9:00 AM to 1:00 PM, with local vendors offering crafted and homemade goods, including jewelry, clothes, baked goods, and other gifts. Only cash payments will be accepted at this event.

Also on December 7 is the Jingle & Mingle Village Stroll. Attendees will be given a bell so they can jingle through the Village shops while searching for those perfect holiday gifts. Wear your favorite ugly Christmas sweater, and the best ones will be awarded prizes. Pre-registration is required for this event.

December 8 is the Holiday Food and Craft Fair from 4:00-8:00 PM at Fair Oaks Park (11549 Fair Oaks Blvd.). Common Kettle's Farmers Market presents a variety of local food and craft vendors, and attendees will enjoy dinner, beverages from local breweries, and live music.

Take photos with Santa



Do some caroling and jingling to get ready for this Holiday Season in Fair Oaks! Photo courtesy of FORPD

on December 9 from 4:00-7:00 PM at Fashion Rewind Trading Co. (10127 Fair Oaks Blvd.) to celebrate their anniversary. Chrysti Tovani, of I LOVE Fair Oaks, will be available to take portraits, and donations will be accepted for the Orangevale-Fair Oaks Food Bank.

Then on December 10, bring your pets to Phoenix Dog Park (9050 Sunset Ave.) for photos with Santa from 1:00-4:00 PM. The event is free, but donations would be appreciated.

Also on December 10 is Meristem's Annual Winter Faire from 10:30 AM to 3:00 PM at Meristem's Stegmann Hall (9200 Fair Oaks Blvd.). Enjoy live music and crafting activities while shopping one-of-a-kind gifts, including art, homemade crafts, and baked goods.

On the evening of December 10, join Orangevale-Fair Oaks Community Foundation's Procession of Holiday Lights from 5:30-7:00 PM. Decorated cars, trucks, and trailers will drive along Central, Filbert, Oak, and Main avenues in Orangevale. Bring your own decorated vehicle to join in the fun,

or find a viewing spot along the route. Donations will be collected for Homeless Assistance Resource Team (HART) of Orangevale-Fair Oaks. Find more details in the full Holiday Guide.

Wild Runners sporting goods store (10149 Fair Oaks Blvd.) will celebrate Posada Navideña on December 15 at 6:00 PM. This family event will include food, drinks, and music—as well as sweets-filled pinatas. Bring a new unwrapped toy for donation and get a taco in exchange.

Come to El Gallo Mexican Restaurant (11773 Fair Oaks Blvd.) for dinner on December 16 from 6:00-8:30 PM and enjoy an evening of Christmas carols performed by local musician Pete Schroeder. He will also be caroling at other locations with the Rotary Club of Fair Oaks, so check out the Holiday Guide for more details.

The Snowman Scavenger Hunt will take place December 16-19 at parks throughout Fair Oaks. Clues about their hiding places will be released online on December 16. Find the hidden snowmen and write down the letters on each to unscramble the magic word. Scan the QR code, and enter the word for a chance to win a prize.

Enjoy holiday-style disc golf on December 19 from 4:00-7:00 PM at Miller Park Disc Golf Course (8480 Sunset Ave.). At this Disc Golf Glow Throw, the baskets will be lit with holiday lights and glow tape will be available to decorate your disc.

Celebrate Christmas Eve with FORPD's Festive Holiday Playlist. Click the link in the Holiday Guide to listen to this curated collection of favorite holiday songs.

The full Holiday Guide with details about all offered activities can be viewed at [https://issuu.com/forpd/docs/2022\\_holiday\\_guide](https://issuu.com/forpd/docs/2022_holiday_guide). ★



A local favorite, annual event for Fair Oaks residents is the Christmas in Fair Oaks tree lighting on December 3 this year at Fair Oaks Park. Photo courtesy of FORPD

# Round 2 Small Business and Nonprofit Grant Now Open

Sac County News Release

**SACRAMENTO COUNTY, CA (MPG)** - Round 2 of the Sacramento County Small Business & Nonprofit Grant Program is now open. Small businesses and nonprofit organizations adversely affected by the pandemic are invited to apply for relief grants.

The application is available through the [sac4smallbiz.org](http://sac4smallbiz.org) website and will be open from November 1, 2022, at 8 a.m. PST through December 15, 2022, at 5 p.m. PST.

Funded with a portion of the County's American Rescue Plan Act allocation, the County Board of Supervisors has approved this Program to support 750 small businesses and nonprofit organizations with

grants of \$10,000 in one-time financial assistance. Grant funds for this Program can be used to reimburse small businesses and nonprofit organizations for costs related to the negative economic impacts they have experienced due to the COVID-19 pandemic and the related health and safety restrictions.

To be eligible, applicants must operate from a commercial location within the unincorporated County, received \$2.5M or less in annual gross revenue in 2020 and have 25 or less full-time equivalent employees. Applicants can check whether their address is within the unincorporated County online at [assessorparcelviewer.saccounty.gov](http://assessorparcelviewer.saccounty.gov).

For a complete list of eligibility criteria and for additional information about the Program, please visit [sac4smallbiz.org](http://sac4smallbiz.org). ★



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# Resident Remembers His Service in the Korean War

By Elise Speiss

**CITRUS HEIGHTS, CA (MPG)** - James R. Evans, now 91, was a Boatswain's Mate 1st class in Korea from 1950 to 1953.

Evans joined the U.S. Navy in 1950 when he was 19 years old. After bootcamp training in San Diego, he was assigned to the USS Mount McKinley (AGC-7/LCC-7), the lead ship of the Mount McKinley class of amphibious force command ships. According to Wikipedia, "she was an amphibious force flagship, a floating command post with advanced communications equipment and extensive combat information spaces to be used by the amphibious force's commander and landing force commander during large-scale operations."

As a Boatswain's Mate (BM), Evans worked much of that equipment. The BM is still known as the 'backbone of the Navy.' Evans' job was outdoors where he performed almost every task for deck repair and maintenance including



James R. Evans served as a Boatswain's Mate 1st class in the Korean War 1950-53. Photos courtesy of James R. Evans

the big guns, small boat operations, navigation, logistics, flag hoist signaling, and plotting and tracking weather. He was literally a 'Jim of all trades.'

Following his service in the Navy, Evans worked with the California Division of Mines in Washington DC, and other government entities evaluating and mapping mining properties among other tasks. Known as the 'Rock Doctor,' he is a certified mineralogist. His entire career was land management and mining for 50 years, retiring at age 75.

Evans was born and raised in Whittier, California, and was married to Dolores who passed away in 2013, just short of their 59th anniversary. They had eight children, 20 grandchildren and 24 great grandchildren. He has been a resident of Citrus Heights for 42 years.

Evans' hard work and dedication to his country right out of high school was an example of the patriotism and hard work of young men and women in our country at one of the most important times in our country. ★

# UC Davis Health Nurse Honored for 'Rocking' Nursing World

UCD News Release

**SACRAMENTO, CA (MPG)** - The National Black Nurses Association (NBNA) has named Aron King a 2022 Under 40 Awardee. King, an assistant nurse manager at UC Davis Medical Center and a 2021 graduate from the Betty Irene Moore School of Nursing at UC Davis, is one of only 16 nurses in the nation to receive the honor.

"These nurses are our present and our future. They are the next generation of nurse leaders," said Martha A. Dawson, NBNA president. "We look forward to honoring these NBNA young notables under the age of 40 who are rocking the nursing world through professional and educational achievement, leadership and civic involvement in their NBNA chapters and in the communities they serve."

After caring for patients as a bedside nurse for 8 years, King entered the master's-degree leadership program at the School of Nursing in 2019. He said through that educational experience he began to see the bigger picture of how he could serve the Black community and inspire future Black nurses. He joined the Capitol City Black Nurses Association, founded by School of Nursing alumni, to advocate for the needs of nurses and optimize health outcomes in communities where health disparities persist.

"Health care is in a battle to undo decades of valid mistrust in communities of color. From unjust medical trials to the treatment of undocumented people and those battling drug addiction," said King, the organization's former secretary who now serves as an executive board member. "Winning the trust of these communities means having a workforce that has representation. We have work to do."

In July, King served as the keynote speaker for the School of Nursing 2022 Commencement. In July, he joined Piri Ackerman-Barger, School of Nursing associate dean for Health Equity, Diversity and Inclusion, to present to an international audience of nursing researchers understanding how microaggressions in health professions schools can poise students for inclusion. She



The National Black Nurses Association (NBNA) has named Aron King a 2022 Under 40 Awardee. Courtesy photo

said King is deeply deserving of this honor.

"Aron is being recognized for his commitment to high quality practice, his accomplishments as a leader and his work as a scholar," Ackerman-Barger explained. "It is an honor to have him join us once again as he pursues his Doctor of Philosophy (PhD) at the School of Nursing."

Next month, King enters the school's PhD program. He expects with the rigorous research program and the demands of his nursing career, the lift to continue the drive to end disparities will be heavier.

"The role of a nurse is not limited to the bedside and we as nurses shouldn't measure our worth by looking at technical skills," he said. "We are advocates and leaders in patient care. We need to be proactive in our approach by investing our energy in preventive interventions."

NBNA honored this year's winners at its 50th Annual Institute and Conference in Chicago. NBNA is comprised of nurses at all levels and serves as the voice for Black nurses and diverse populations to ensure equal access to professional development, promote educational opportunities and improve health. ★

# Public Health Awarded Grant for Child Safety Seats



Education classes and training on the installation and use of child safety seats will be available for parents and caregivers. Courtesy photo

Sac County News Release

**SACRAMENTO COUNTY, CA (MPG)** - Sacramento County Public Health, along with partner agency Mercy San Juan, will educate parents and caregivers on how to properly secure children in a safety seat.

The \$71,500 grant from the California Office of Traffic Safety (OTS) pays for a variety of community outreach events, including education classes and training on the installation and use of child safety seats to parents and caregivers, specifically focused on underserved and refugee communities.

The car seat safety program includes

Child safety seat inspection events and education classes. Child Passenger Safety Technician (CPST) training and recertification courses. Child safety seats at no cost for families in need. Partnering with local organizations on car seat safety community outreach efforts in underserved communities.

The program runs through September 30, 2023.

"The OTS grant funding is critical in helping families, caregivers and education professionals keep children safe," Dr. Olivia Kasirye, Sacramento County Public Health Officer said. "Protecting children is everyone's top priority, and properly secured car seats are one significant way to prevent harm to children in the event of a crash."

"Like seat belts for teens and adults, correctly installed car seats are the best protection for children while they are traveling," OTS Director Barbara Rooney said. "Car seat programs are an important traffic safety ally."

Sacramento County residents can contact Riley Stoltenburg at StoltenburgR@sacounty.gov or call (916) 875-6094 for more information.

Funding for this program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration. ★



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**BACK from 2019!**

## MESSIAH SING-ALONG

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## Thanksgiving Fact or Fiction

Let's take a look at some of the stories we hear about the Pilgrims, like who they were and how they lived. First of all, they didn't call themselves Pilgrims. They called themselves "Saints" and "First Comers." Of the 102 people on the Mayflower, only 50 were so-called Pilgrims. The others were members of the Church of England who had signed on simply as laborers, soldiers, or those who were looking to gain property in the "New World."

**MYTH** In pictures and pageants we see them in black and white clothing with buckled shoes and top hats. **FACT.** They didn't wear buckled shoes. The myth that they dressed like this stems from the popular clothing style of the day in England. They didn't wear buckled hats either. They simply wore much cheaper leather laces to tie up their shoes and hold up their pants. They also didn't wear only black and white. Their common garb was quite colorful. They only wore black and gray on Sundays. The rest of the time they wore heavily dyed clothing in many colors that could be achieved with natural dyes. Here's an example, a Pilgrim by the name of Brewster left his clothing in his will to someone. Here's what he left... "one blew clothe suit, green drawers, a violete clothe coat, black silk stockings, skyblew garters, red grograin suit, red waistcoat, tawny colored suit with silver buttons." Seems pretty bright to me.

Then came the meal both Pilgrims and Native Americans ate. Turkey and

all the fixins' right? **MYTH.** Yes, wild turkey was on the menu but what about mashed potatoes? **FACT.** Dream on.

At the time that first Thanksgiving happened, most Europeans had never even seen a potato.

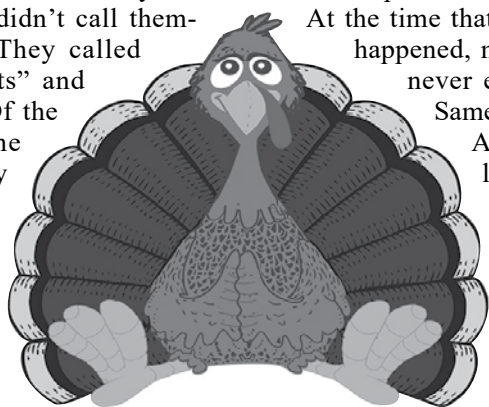
Same goes for the Native Americans. Corn was likely on the menu, but mushy, turned into a thick porridge that you can slurp down with a spoon. **MYTH.** It was all turkey and corn. **FACT.** Turkey, venison,

lots of lobsters and other seafood even eels and mussels, and all the vegetables that they had planted from onions, beans, spinach, lettuce and other greens was on the menu. **MYTH.** Had to have pumpkin pies. **FACT.** Pilgrims liked pumpkins. But they hollowed them out, filled them with milk and honey to make a custard, and then roasted the orange orbs in hot ashes. No pies! They were out of luck because you need butter and wheat flour. They didn't have much of either.

**MYTH.** They loved cranberry sauce. **FACT.** By fall of 1621, Pilgrims were essentially out of sugar. So no cranberry sauce. It was a new little berry to them. Native Americans made dyes out of cranberries. **MYTH.** It was called Thanksgiving. **FACT.** That first get together was in fact a harvest festival celebrated in October not November. They were just grateful to be alive as half of their company died during the first bleak winter.

Let's face it, we have so much to be thankful for...family and friends, good eats and lots of football. ★

**HAPPY THANKSGIVING AND BLESSINGS TO ALL!!!**



By Marlys Johnsen Norris, Christian Author

**GOD is the only source and origin for true love!** His book of love, the Bible confirms this *"Beloved, let us love one another, for love is of God; and everyone who loves is born of God and knows God."* (1 John 4:7) He created love as well as the empty hole that exists within all of us for true love to reside. Mankind has a hard time realizing that love that endures, sustains, fulfills, satisfies does not come from another human being but from our Creator. *"In this is love, not that we loved God, but that He loved us and sent His Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought*

## Falling Away From Faith ... Starved For LOVE?

to love one another." (1 John 4:10-11)

True Love is implanted in us when we make a genuine commitment to live by God's standards for life. Once that happens God miraculously provides His love within us that never ends. When we "know" Him, He plants His perfect genuine love in our hearts to love others. Another place Scripture tells us that others will know us by our fruit! That means our actions, acts and our words.

Every human being has a deep inner need to experience genuine love. Unfortunately many search for it in wrong places and are never satisfied. Wholeness and a good self-image only comes from a personal intimate relationship with God. Sadly people run from God because the conscience is seared by the sins they have committed. **Friend - GOD LOVES**

**YOU unconditionally no matter what you have done.** He understands and He waits patiently for each of us to realize we want and need Him. His Holy Spirit nudges all of us many many times until we come to that place "we are ready" and then, exciting transformation takes place as He fills us with His genuine love that lasts forever.

You will be amazed once you experience the true love and power of God in your life. The words of the Holy Bible will come alive and enrich your life beyond any hope or dream you have ever had. God to will become more real than life itself. Join the huge family throughout the world as soon as possible!

Marlys Johnsen Norris, Christian author of seven books; American River Messenger Columnist since 2006. Marlysjn@gmail.com. ★

## Orangevale Community Update

### Election Results that Impact Sacramento County



By County Supervisor Sue Frost

Through the generosity of the American River Messenger, this column serves to provide an update about matters affecting the unincorporated community of Orangevale.

Since the election on November 8th, I have seen a tremendous amount of analysis from people about how it will impact things on a national level with regards to the United States House of Representatives and the United States Senate. But on the state and local level, there were some issues that were voted on that will have major importance to us on the local level that I have seen very little coverage on - even by local papers. For my monthly article, I want to highlight the three most impactful ones so that you can know what to expect. And even though the votes are still being counted, each of these three I am going to describe below have enough votes counted for us to know with high confidence how they are going to wind up.

First is Measure A, which was a local vote for all residents of Sacramento County

that would have raised the sales take by a 1/2 cent per \$1.00 spent, raising around \$212,500,000 annually until 2063 to spend on various transportation purposes like roads, public transit, vehicle emission reduction. Normally when local taxes are voted on, if the measure discloses exactly where the money will be spent (which was the case here) it needs to get 66% or more votes in favor in order to pass. But a quirk in the law allowed this one to only need to get above 50% in order to pass, which made it seem like a foregone conclusion that it would easily get enough votes in order to pass. But in a huge surprise, even though the "yes" campaign spent well over \$2,000,000 the measure appears to have failed - which will likely put a stop in the near future to more local transportation taxes showing up on the ballot.

Second is Measure B, which was a local vote in Sacramento County to allow the County to tax cannabis. This appears to have passed by well over the 50% needed, which will very likely result in cannabis dispensaries soon being allowed in unincorporated Sacramento County. The County Board of Supervisors will now need to have a meeting, likely in the first part of 2023, to talk about

what sort of tax to place on cannabis operations, as well as what sort of restrictions to put on cannabis dispensaries (such as how many to allow, where they can be located, what hours they can operate, etc.). I will be sure to alert you before this meeting will take place with details so you can make your voice heard.

Lastly is Proposition 31, which was a statewide vote that would ban the sale of most flavored tobacco products across California. This passed overwhelmingly, which means these products will soon be banned. Sacramento County earlier this year put a ban in place in the unincorporated county, but these products could still be bought in neighboring cities like Citrus Heights, Folsom, and Roseville. With the ban in place, these cities will not be allowed to sell these products anymore.

Thank you for reading - and as always, if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Murieta. ★

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# Out & About

## with MaryAnne Povey



Remember thinking as a kid, how it seemed like forever for Christmas to arrive? Now don't you wish you had that much time to get everything done? Well, all I can say is get your shopping done early so you'll have time to enjoy all these fantastic, family-fun activities happening in our community! Here goes...

The OV Parks Tree Lighting Ceremony is set for December 2, 6 pm - 7:30 pm at the OV Community Center, 6826 Hazel Avenue. Come see Santa, Buddy the Elf, and enjoy performances from local choirs, bands and free treats from the OV Women's Club and the OV Grange, and more!

How about some holiday jazz? The Rhythm Club Band is putting on a Holiday Jazz Concert at the OV Grange, December 3rd, 2 pm & 7 pm. Advanced tickets are \$15 available at <http://allevents.ticketspice.com/holiday-jazz-live> Get your tickets while you can!

Christmas lights at Dovewood Court! Opens December 3 - December 27, 5:30 pm - 10 pm. Walk or drive through. There's close parking at the OV Grange for a donation that goes to helping kids in the community. Also, don't forget to stop by

Dairy Queen on your way in or out! Try their Oreo Hot Chocolate Blizzard, Candy Cane Chill, Frosted Sugar Cookie Blizzard or one of their many delicious menu items! Yum!

Watch or be part of the 2nd Annual OV Holiday Parade of Lights on December 10th! Staging for participants starts at 4:30 pm behind Green Oaks, and the parade starts at 5:30 pm. The parade route goes north on Filbert, right on Oak, right on Main, right on Central and right on Filbert and ends at Green Oaks Elementary School. Bring a pair of adult sized sweatpants or make a cash donation to help the homeless in our community. Collection will be at the end of the parade at Santa's sleigh.

Breakfast with Santa is happening at the OV Grange, 5807 Walnut Avenue, December 11th, 8 am - 10:30 am! Also see the OV Women's Club Gingerbread House Contest. Gonna be a great morning of fun and holiday festivity!

Hope you all have time to enjoy making memories with family and friends and remember the true spirit of the holidays! Wishing you all a very happy and blessed holiday season! ★

## Hinkle Reservoir Replacement Underway!

By MaryAnne Povey

**ORANGEVALE, CA (MPG)** - The San Juan Water District is asking all of its customers including Orangevale to stop irrigation watering effective November 1, 2022. Here's what you need to know!

The reservoir that holds the treated water from the San Juan Water District, aka the Hinkle Reservoir, has been doing its job for over 40 years, and although it's still maintaining the high-quality water we expect, it's overdue for a liner and lid replacement. The demand for water must be cut back drastically so the reservoir can be drained and put out of service for repairs. The project is expected to take six months.

According to Joe Duran, Orangevale

Water Company (OVWC), General Manager, "We are asking everyone to do their part. If everything goes smoothly without hiccups, we should be done by April 2023, or sooner."

"We appreciate everyone's support in reducing their water use and completely stopping outdoor irrigation," Duran added, "Our hope is that at this time of year, cutbacks will have the least impact on outdoor landscapes. It's typically when people reduce water use."

If you have any questions or concerns, please feel free to call OVWC at 916.988.1693, stop by at 9031 Central Ave, or go to [orangevalewater.com](http://orangevalewater.com) or [www.sjwd.org/hinkle-project](http://www.sjwd.org/hinkle-project) for more information. ★

## Park District Takes Control of La Vista Fields

Continued from page 1

FORPD the option of purchasing them. Aho said that could be really beneficial to the District, since the buildings could be used as a community/youth center, which is something they've been hoping to move forward with for years. But Aho cautioned that those buildings are old and SJUSD isn't putting money into maintaining them since they are currently out of use. Such old buildings can be expensive to renovate and to maintain, so the District would have to look carefully at whether they could really afford them.

But Aho said the La Vista buildings would make a great site for a community center since there is ample space for sports and free play around the buildings, which is a necessity for the youth programming that is vital to a community center. And the District's reserved Impact fees are also currently in position to be earmarked for a community center should the opportunity arise.

Aho also presented an update about the ongoing construction in the Fair Oaks Village. The project—which includes a new Amphitheatre building, updates to the Community Clubhouse, and improvements at both Plaza and Village parks—is currently well underway, with trenches for utilities cut into the ground and the plumbing installed for the new amphitheatre.

The project also includes increasing the number of parking spaces in the Village, and as part of that process, some parking areas along Park Dr., Temescal St., and all the parking in front of the Community Clubhouse on California Ave. are currently closed for construction. Those should be completed by the end of November, and then sometime early next year the next phase of parking closures will be implemented—along California Ave. in front of the Brew Pub and along Fair Oaks Blvd. "Obviously, that's very impactful," said Aho. "But what we want to do

is have the other parking open before we close this parking." The District will ensure that there is always some parking areas open during the process, but he acknowledged that it will be "very disruptive." But even though the Village is temporarily losing some parking during the construction process, and visitors will have to deal with that inconvenience, there will be more parking overall after completion.

Aho said that winter weather should not significantly impact construction in the Village. The plan is to get the structure of the amphitheatre completed so that crews can focus on interior work during the rainy season—and the updates at the Clubhouse are primarily interior, so that work will continue throughout the winter as well. Aho said the construction timeline is currently on schedule for project completion by December 2023.

The next BOC meeting is scheduled for December 6, 2022. ★

## Robert Rivas Elected as Next Speaker of the California State Assembly

California Farm Bureau News Release

**SACRAMENTO, CA (MPG)** - California Farm Bureau, the state's largest agricultural non-profit, representing over 29,000 members, including over 20,000 small family farms, congratulates Assemblymember Robert Rivas on his caucuses' selection as the next Speaker of the California Assembly. Assemblymember Rivas, from Hollister, is the first Speaker from an agricultural area since Cruz Bustamante in 1999.

"The state needs to hear more voices from rural and agricultural areas," said Jamie Johansson, President of the California Farm Bureau. "Rob has served his community for over 20 years and as an Assemblymember, and Chairman of the Agricultural Committee, has brought that perspective and conviction to statewide solutions. We look forward to working with him to grow more food in this state so we can feed people while protecting the environment and providing continued economic opportunities in urban and rural areas." ★

## Another Step Toward Agreement on California's Water



By Dan Walters, CALMatters.org

For at least a decade, off and on, state water managers and local water agencies have pursued the holy grail of a master agreement to improve the environmental health of the Sacramento-San Joaquin Delta by increasing its water flows.

At any given moment, California's water supply is a zero sum game. Therefore, increasing flows through the Delta to improve habitat for salmon and other species would require local water agencies, particularly those serving farmers, to take less from the Sacramento and San Joaquin rivers and their tributaries.

That's not only a hard sell, but also could interfere with water rights, some of which stretch back to the 19th century. State officials have hoped that so-called "voluntary agreements" would forestall direct action that could touch off a legal donnybrook over those rights.

However, many environmental groups have pushed for direct and mandatory restrictions on water diversions, saying they don't trust agreements that lack the force of law and believe that water rights need to be reconfigured to match 21st century conditions, including the likelihood of semi-perpetual drought.

The pressure for

agreements ramped up in 2018 when the state Water Resources Control Board published its draft of new regulations to protect the Delta, indicating that roughly 40% of natural river flows should make it to the Delta, and most into San Francisco Bay and the Pacific Ocean.

Reaching that figure would require steep reductions in water diversions from rivers for farms and municipal users.

A few months later, newly inaugurated Gov. Gavin Newsom stressed the urgency of the situation in his first State of the State address, saying, "Our first task is to cross the finish line on real agreements to save the Sacramento-San Joaquin Bay Delta. We must get this done — for the resilience of our mighty rivers, the stability of our agriculture sector, and the millions who depend on this water every day."

Later that year, he vetoed a bill that would have adopted, wholesale, all of the environmental laws that existed in the federal government prior to Donald Trump's election as president because the Trump administration had loosened up on water diversions. Had the bill become law, Newsom was warned, it would have short-circuited the drive for voluntary water agreements.

In 2020, Newsom's Resources Agency released a framework for such agreements and earlier this year announced initial agreements with some major water interests that would forestall a legal clash.

However, there were holdouts, particularly agencies that draw water from the Tuolumne River, including

the City and County of San Francisco, which owns Hetch Hetchy Dam on the Tuolumne and transports its water to the city via pipelines. Tuolumne water diverters filed a lawsuit challenging the water board's right to impose diversion restriction and their offers for voluntary cutbacks were rejected as insufficient.

Last week, there was a breakthrough. San Francisco and two agricultural water agencies, the Modesto and Turlock irrigation districts, forged an agreement with the state to increase Tuolumne flows and enhance habitat.

"This collaborative approach holds the promise to do that (work) more quickly and holistically, while improving water reliability to communities, farms and businesses," the state resources secretary, Wade Crowfoot, said in a statement.

Does that mean that the Delta water war is over? Not necessarily.

Environmentalists still don't like the voluntary agreement approach and there still is another unresolved Delta issue: A Newsom-backed tunnel beneath the Delta to carry Sacramento River water to the head of the California Aqueduct near Tracy.

Tunnel opponents believe the flow-enhancing agreements are being sought merely to make the project, which would divert water from the Delta, more environmentally acceptable.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

## Social Security Matters

### When Is My Wife Eligible for Full Survivor Benefits?



By Russell Gloor, AMAC Certified Social Security Advisor

**Dear Rusty:** I heard my spouse will get 100% of my Social Security when I pass if she is at her full retirement age (FRA), which is 66 years and 8 months. But I also heard that full widow benefits for those born in 1958 are available at 66 years and 4 months. Which is correct? Signed: Planning Ahead

Then I heard that her getting 100% of my social security is NOT the case because I started social security at 70. I heard this is because widow benefits are based on my benefit at my full retirement age. So, will my wife get 100% of my Social Security if she starts it at her FRA, or will she get my smaller FRA amount?

My wife is now getting spousal benefits and I also heard that for those getting spousal benefits, Social Security automatically changes that to widow benefits when the other spouse passes. If I die before my wife reaches her FRA, can she tell Social Security to NOT give her widow benefits at that time? Can she wait until she is at her FRA and then start widow benefits to get 100% of mine? **Signed: Concerned Husband**

**Dear Concerned:** I'll be happy to clear all this up for you. There are two "full retirement age" numbers which will be in effect for your wife if you pass first - 1) her "normal" full retirement age (FRA), and 2) her "widow's full retirement age."

Your wife's "normal FRA" is 66 years and 8 months and that is when her personal SS retirement benefit can be claimed without reduction, and when she will no longer be subject to Social Security's earnings test if she is still working. Your wife's "widow's FRA" is determined by subtracting two years from her birth year and the FRA number for that year becomes her "widow's FRA," which is the age at which she becomes eligible for unreduced survivor benefits. In your wife's case her "widow's FRA" is 4 months earlier than her normal FRA, or 66 years and 4 months.

The confusion about whether your wife's survivor benefit will be based on your FRA entitlement, or your age 70 amount usually stems from the fact that a spouse's benefit while both partners are living is based on FRA amounts, whereas your wife's benefit as your surviving spouse is based on the full amount you were receiving when you died. Thus, your wife's current benefit as your spouse is based on your age 66 amount, but her benefit as your widow will be based on your age 70 amount. If you predeceased her, your wife's benefit as your survivor (if she has reached her "widow's FRA" of 66 plus 4 months) will be 100% of your age 70

amount (including any cost of living adjustments subsequently awarded), and that will replace the smaller benefit she is now receiving as your spouse.

Whether your wife's survivor benefit will be automatically awarded depends on whether her current benefit consists of her own Social Security retirement benefit from her own lifetime work record plus a spousal boost from your record. If that is the case, then her survivor benefit will not be awarded until she claims it. If, however, your wife's current benefit is based solely on your record, when Social Security receives notification of your death, they will automatically award your wife's benefit as your surviving widow. If she has already reached her "widow's FRA" when that happens, her new benefit amount will be the same as you were receiving when you died. But if your wife hasn't yet reached her widow's FRA, her survivor benefit will be awarded at that time but reduced by .396% for each month earlier than her FRA. So, if her current benefit is based solely on your Social Security earnings record, your wife will not have the option to delay her survivor benefit until her widow's FRA.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). ★



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31. Chancellor, in Europe
34. Not happening
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37. Local area network
38. Re-attempt
39. Wyatt Earp's card game
40. Common parakeet, colloquially speaking
42. Snake-like fish
43. Not yet a wife
45. \*Like certain toy Cathy
47. Mine device
48. Water nymph
50. Cassette contents
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56. Waincoats
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58. The Fon: "Sit \_\_\_!"
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60. Not this
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62. Homey, alt. sp.
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7. Whirlpool
8. \*Sno-Cone, actually (2 words)
9. Opposed to
10. "As \_\_\_ on TV"
11. Retail posting acronym
13. Blood-red
14. Beginning of essay
19. "Dear Diary" bit
22. Hockey legend
23. "The Office" people, e.g.
24. Veranda on Oahu
25. Ancient Greece marketplace
26. "The \_\_\_ Show" (1976-1980)
27. Sacred song
28. White heron
29. \*Raggedy Ann or Strawberry Shortcake, tenderly
32. \*Professor Plum and Colonel Mustard game
33. Little bit
36. \*Avenues and rail roads game
38. Betty Ford Center, e.g.
40. Spelling contest
41. Superlative of icy
44. Edible herb
46. Quick and skillful
48. Specialty
49. Rose oil
50. Tropical edible root
51. Dwayne Johnson's 2022 role
52. Wooden slat
53. \_\_\_-China
54. Part of a traditional wedding cake
55. Greek Hs
56. \*Play-\_\_\_

**CROSSWORD**

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# Board Appoints Health Services Director

## Sac County News Release

**SACRAMENTO COUNTY, CA (MPG)** - The Board of Supervisors at its October 25 meeting concurred with the County Executive's appointment of Timothy Lutz as Director of Health Services, effective Nov. 7, 2022.

"Mr. Lutz has demonstrated expertise in community collaboration and leading health and social services teams, and we expect that his extensive experience and passion for public service will greatly benefit the department and the people in Sacramento County," said Chevon Kothari, Deputy County Executive for Social Services. "We look forward to welcoming Mr. Lutz to the County."

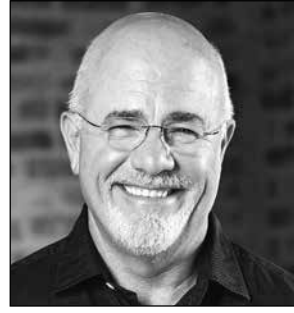
Lutz has nearly 20 years of public service experience leading social

services programs, including more than 12 years of executive management experience. Prior to his appointment with the County, he has served as the Tulare County Health and Human Services Agency (HHS) Director, the County Administrative Officer for Calaveras County, the Director of Fiscal Operations for the Tulare County HHS and as the Executive Director of the Kings/Tulare Area Agency on Aging.

Throughout his career, Lutz has developed and implemented a variety of health programs and services, including behavioral health, human services, public health, primary health Federally Qualified Health Center (FQHC) look-alike clinics, inmate medical and behavioral health services, and homeless initiative services and housing, among others. He also has

extensive experience collaborating and partnering with external stakeholders and community partners to advance health services and shared initiatives.

Lutz has a Bachelor of Arts degree in Psychology and a Master of Business Administration from California State University, Fresno. He also has certificates in Intermediate and Advanced Government Accounting, Advanced Financial Reporting, and Best Practices and Effective Budget Preparation from the Government Finance Officers Association (GFOA), as well as Driving Government Performance from Harvard University. He is also a Credentialed California County Senior Executive from the California State Association of Counties (CSAC). ★



## Being Hounded Isn't the Issue

Dear Dave,

I lost my job a couple of years ago. As a result, I ended up in about \$25,000 of debt through credit cards and a consolidation loan. Now I have a great job making more than I've ever made before, plus a car loan for about \$13,000. The older debts went to collections, but I'm not being hounded by collectors at this point. I want to get control of my money and do things the right way, so how should I handle things?

-Mike

Dear Mike,

Well, being hounded isn't the issue. Morally,

## Dave Ramsey Says

you owe the money. You took money under agreements that you'd pay it back, and that means you need to pay it—both the old and new debts.

I'd start by running two debt snowballs. Let's do one for the car and any other active debts you have first since the collectors aren't after you about the old, dead debt. Then, smallest to largest, start knocking out the debt that's in collections. When it comes to these guys, reach out and get an agreement in writing detailing exactly how much you owe and the monthly payment amounts. Remember, do not give any of these folks direct access to your bank accounts.

There's no upside to not paying what you owe. It's an integrity issue, it's a legal issue, and it's a credit

issue. Did I mention it's an integrity issue, Mike?

You want this stuff out of your life. If you don't take care of it, I guarantee it'll come back to haunt you somewhere down the road!

-Dave

*Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions.* ★

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# Big Sky Champs! Sac State Finishes Regular Season 11-0 with Win in Causeway Classic

**Sac State Athletics News Release**

**SACRAMENTO, CA (MPG)** - Sacramento State finished the regular season with a 27-21 win over No. 24 UC Davis to cap the first undefeated regular season in school history on Saturday in front of a school record 23,073 fans at Hornet Stadium in the 68th Causeway Classic.

The second-ranked Hornets earned their third consecutive Big Sky Conference title, completing the year with an 8-0 league record while winning their 19th consecutive conference game. The team earned the Big Sky's automatic berth into the NCAA FCS Playoffs and will find out its seed during the selection show on Sunday at 9:30 a.m. PT on ESPNU.

Asher O'Hara rushed for two scores and threw another during the game to lead the offense. Sacramento State never trailed in the contest but saw its lead trimmed to 24-21 with 4:41 remaining following a 75-yard touchdown pass from Miles Hastings to Josh Gale.

Following the score, Sacramento State was able to drain nearly four minutes off the clock before Kyle Sentkowski made a 44-yard field goal. Needing a touchdown with only 32 seconds remaining and no timeouts, UC Davis quickly moved down the field with three completions to C.J. Hutton to move the ball the Hornet 45. Hastings then found

Trent Tompkins who was kept in bounds at the 33 as time expired.

Sacramento State scored the game's first points by driving 75 yards on a 10-play opening drive which was capped by a 2-yard shovel pass from O'Hara to Marcus Fulcher. UC Davis immediately answered with a 37-yard field goal from Isaiah Gomez and the Hornets closed the first quarter scoring with a 23-yard field goal from Sentkowski.

After both defenses dug in to start the second quarter, O'Hara scored his first touchdown of the game with a 19-yard rush up the middle. The Hornets needed only three plays during the series to cover 50 yards and move ahead 17-3. However, UC Davis had an answer with Ulonzo Gilliam finding the end zone on a 1-yard rush with just 18 seconds left in the half.

Both defenses came up with interceptions in the third quarter but neither offense could convert the turnovers into points. The only points in the period came from Gomez who made a 37-yard field goal with 9:39 showing.

Sacramento State again turned to O'Hara for a touchdown early in the fourth quarter. The quarterback cartwheeled his way into the end zone on an 8-yard rush to make the score 24-13. The drive was kept alive by a 20-yard run on a fake punt from Cal McGough.

The final stats were



Sacramento State junior tight end Marshal Martin holds up the Big Sky Conference Championship trophy while being surrounded by teammates and fellow students following a 27-21 win against UC Davis in the 68th Causeway Classic on Saturday, November 19 at Hornet Stadium in Sacramento. Photo courtesy of Sacramento State Athletics

nearly identical as the Hornets finished with 426 yards of total offense and the Aggies compiling 420. Sacramento State had 190 yards on the ground and 236 through the air. Cameron Skattebo had a game-high 97 rushing yards while O'Hara added 50.

Jake Duniway completed 14-of-22 pass attempts for 169 yards while O'Hara was 7-of-8 for 67 yards. Running back Marcus Fulcher led the team with six receptions for 50 yards while Parker Clayton had a team-high 73 yards on three receptions.

Marte Mapu, Jeremy Harris and Armon Bailey tied for the team lead with seven tackles each. Mapu had a pair of tackles-for-loss among his total and added three pass breakups. ★

## Hornets Earn No. 2 Seed



Sacramento State junior cornerback Dillon Juniel celebrates after making a play. The Hornets are the No. 2 seed in the NCAA FCS Playoffs and will face the winner of Davidson-Richmond in the second round. Photo courtesy of Sacramento State Athletics

**Sac State Athletics News Release**

**SACRAMENTO, CA (MPG)** — After an undefeated regular season, the Sacramento State football team earned the No. 2 seed in the NCAA Football

Championship Subdivision Playoffs, it was announced today. The Hornets will receive a first-round bye and then welcome the winner of Davidson-Richmond on Saturday, Dec. 3, at Hornet Stadium at 2 p.m. Sacramento State

finished the regular season with a perfect 11-0 record with a 27-21 win over UC Davis in the Causeway Classic on Saturday. The Hornets won their third Big Sky title in as many seasons played and have now won 19 straight conference games which is the second longest in league history.

Tickets for the playoff game went on sale this past Monday, November 21. Tickets start at \$10 for east and west general admission. Reserved chairback seats in section 214 can be purchased for \$20 while admission to the end zone can be bought for \$60. Current Sacramento State students will be admitted free with details to be announced soon. ★

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*Best of Fair Oaks winners will be presented at this year's "Best of Fair Oaks" event (see info below).*

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**When:** Thursday January 26, 2023

**Cost:** Contact the Fair Oaks Chamber of Commerce for details

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# Vending Machines Dispense Gifts for the Needy

*Sacramento-area Giving Machines Are the Only Ones in California*

By Gary Zavoral

**SACRAMENTO REGION, CA (MPG)** - This holiday season, Sacramento-area residents can go to vending machines and purchase clothing for a local refugee family, meals for a needy family, a blanket for a homeless person, essentials for a battered woman, and even chickens for a family in Africa.

It is part of a global effort to promote the true spirit of the holidays by giving gifts to those in need. The Light the World Giving Machines, organized by The Church of Jesus Christ of Latter-day Saints, will be located on the first floor of the Westfield Roseville Galleria and stocked with items that are needed by four regional and three international charities.

The Sacramento-area Giving Machines will be available Nov. 22, 2022, to Jan. 2, 2023. The items available to donate range from \$7 socks to a \$250 children's bedding kit that includes a mattress, blanket, sheets and pillows.

"The Giving Machines will help Catholic Charities of the Diocese of Sacramento in our mission to assist women, children and families in our region who are struggling during these very tough economic times," said Miriam Sammartino, director of Catholic Charities and Social Concerns for the Diocese of Sacramento. "This wonderful program will enrich and transform the lives of those who both give and receive."



Sacramento-area Giving Machines will be available Nov. 22, 2022, to Jan. 2, 2023. The items available to donate range from \$7 socks to a \$250 children's bedding kit that includes a mattress, blanket, sheets and pillows. Photo courtesy The Church of Jesus Christ of Latter-day Saints

The other local charities with items available for donation are Al-Misbaah, Homeless Assistance Resource Team (or HART) and Placer Food Bank.

The initiative has proven to be popular throughout the United States since 2017, and this year has been expanded to reach 28 cities worldwide. The three Giving Machines inside the Roseville mall will be the only ones this holiday season in California. Those unable to visit a machine in person can still participate by making an online donation at [www.LightTheWorld.org/give](http://www.LightTheWorld.org/give).

"We are excited that the Church has chosen the Sacramento region for this year's Light the World

Giving Machines," said Bruce Anderson, the director of the local effort. "Our region has proven to be very charitable, and we expect there to be an outpouring of support from the public. These giving-focused vending machines offer a unique and memorable way to light the world with love by serving and caring for others both locally and globally."

Since the first Giving Machine appeared in 2017, total contributions have reached \$15 million. As part of its ongoing global humanitarian efforts, The Church of Jesus Christ of Latter-day Saints covers all operational costs, ensuring that 100% of every donation goes to the charitable cause of your choice. A team of

volunteers will be staffed at the Roseville location to assist individuals and families with their donations and to answer questions. Due to the influx in the past couple of years of refugees from Afghanistan and Ukraine, several of the items from the charities will benefit these families.

"The gifts that the public can purchase from these charitable vending machines will help refugees from Afghanistan and the Ukraine get settled here in their new hometown," said Helena Madera-Silmi, resource director at Al-Misbaah, a local Islamic nonprofit organization that assists refugees and others in need of all faiths. "They include clothing, kitchen

utensils and even bicycles for the breadwinner of the family to get to and from work. This is a fun and exciting way to really light the world with true charitable love."

Other Giving Machine charities also are assisting refugee families, as well as those experiencing hunger and homelessness.

"The holiday season is all about bringing joy to others. The Light the World Giving Machines will not only bring joy to families and individuals in our area but also healthy food," said Dave Martinez, executive director of Placer Food Bank, which provides hunger relief to El Dorado, Nevada and Placer counties. "By using these charitable

vending machines, you can really bring the 'merry' into this season, and beyond, through your gift of purchasing food and meals for people of all ages, genders, race and ethnicities – many of whom experience chronic food insecurity or for those who need food assistance during this economic challenging time."

HART has 10 groups throughout the Sacramento region that provide services to those experiencing homelessness and assist them in their efforts to become self-sufficient.

"During this season, Christians celebrate the day when a baby was born to parents who had no room in an inn. This winter, and every winter, there are many of our friends and neighbors who find themselves with no place to live, and that is why our Homeless Assistance Resource Teams exist," said Travis Kimball, who represents the Rancho Cordova HART. "We provide food, shelter and supplies to the unhoused in the greater Sacramento area, and we are so happy to be part of the inaugural Light the World Giving Machines here. We hope area residents will find the true spirit of this season by purchasing something for the needy and find joy in doing so."

For more on the area's Giving Machines, including answers to frequently asked questions, go to <https://www.givingmachinesgreaterSacramento.org/>. ★

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**Vending machines with a twist**

Instead of buying something for yourself, you are donating life-changing humanitarian goods and services to a local or global charity.

**Nov 22-Jan 2**  
**ROSEVILLE GALLERIA**  
**OPEN DURING MALL HOURS**



FIND OUT MORE AT:

**GivingMachinesGreaterSacramento.org**



# WEEKLY COMICS

## Amber Waves



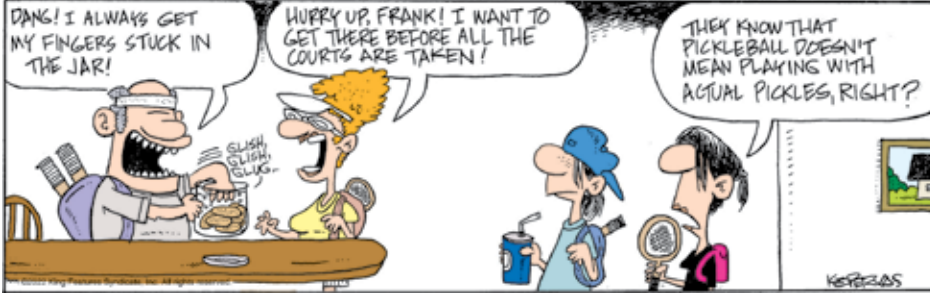
by Dave T. Phipps

## The Spats



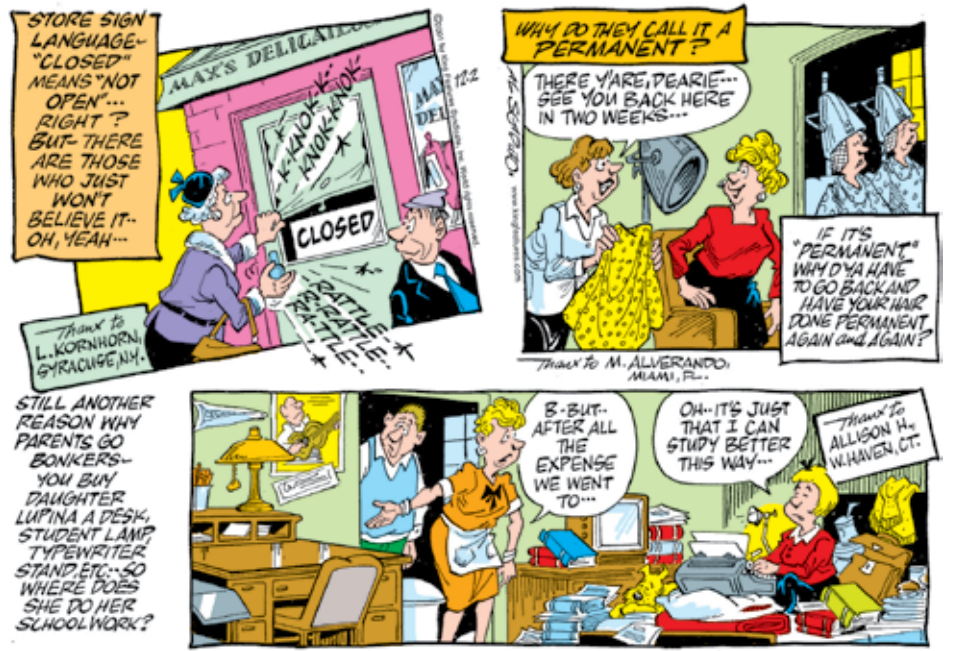
by Jeff Pickering

## Out on a Limb



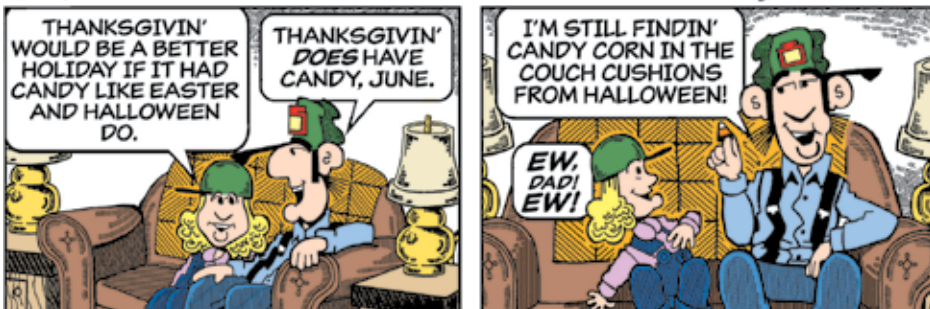
by Gary Kopervas

## THEY'LL DO IT EVERY TIME



BY AL SCADUTO

## R.F.D.



by Mike Marland

## Just Like Cats & Dogs



by Dave T. Phipps

## HOCUS-FOCUS



BY HENRY BOLTINOFF

## GRIN and BEAR IT



## LAFF-A-DAY



"The Pilgrim kids didn't get a toy with their Happy Meal, Otis!"

"That reminds me, Mom -- have you told Dad about your car yet?"

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13.2 Oz Tin All Varieties  
With Any Purchase of Pet, Fish Food, or Supply PLU 368  
Limit: 1 Coupon Per Family CHM  
Effective 11/23/22 - 11/29/22

**COUPON**  
**\$150 OFF**  
ANY PURCHASE OF PET OR FISH SUPPLY  
(Excluding Pet Food or Litter)  
Cannot be used in conjunction with advertised sale items or similar percentage or dollar off coupons. Limit 1. PLU 324  
Limit: 1 Coupon Per Family CHM  
Effective 11/23/22 - 11/29/22

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•Wetlands •Sierra Mountains •Pacific Salmon •High Prairie •Southwest Canyon  
28 Lb Limit 2 Bags per Family  
**\$43.99**  
Effective 11/23/22 - 11/29/22

**CANIDAE DRY DOG FOOD FOR ALL LIFE STAGES**  
•Multi-Protein •Chicken Meal & Rice •Large Breed 44 Lb  
As Marked  
**\$15 OFF**  
Our Regular Low Prices!  
Effective 11/23/22 - 11/29/22

**BLUE BUFFALO WILDERNESS DRY DOG FOOD**  
24 Lb Bag  
•Chicken •Salmon •Duck •Weight Control •Large Breed  
100% Grain Free Limit 2 Bags  
**\$5 OFF**  
Our Regular Low Prices!  
Effective 11/23/22 - 11/29/22

**FRISKIES DRY CAT FOOD**  
16 Lb Bag  
•Seafood •Surfing & Turfing  
Limit 2 Bags per Family  
**\$13.99**  
Effective 11/23/22 - 11/29/22

**9 LIVES CANNED CAT FOOD**  
5.5 Oz All Varieties  
Limit 2 Cases Per Family  
**59¢**  
Effective 11/23/22 - 11/29/22

**FUSSIE CAT PREMIUM CANNED CAT FOOD**  
•Black Label •Gold Label  
2.8 Oz  
Limit 2 Cases Per Family  
Un-opened Cases Only  
**\$9 OFF**  
Per Case  
OUR REGULAR LOW PRICE!  
Effective 11/23/22 - 11/29/22

**JONNY CAT PREMIUM CAT LITTER**  
20 Lb Bag  
•Regular •Multiple Cat Formula  
Limit 2 Bags Per Family  
**\$5.39**  
Effective 11/23/22 - 11/29/22

**FELINE PINE HEALTHY CAT LITTER**  
20 Lb Bag  
Limit 2 Bags  
**\$9.99**  
Effective 11/23/22 - 11/29/22

**BLUE BUFFALO CANNED CAT FOOD**  
Tasteful •Pate •Flaked 3 oz & 5.5 oz. Limit 1 Case  
**15% OFF**  
OUR REGULAR LOW PRICES

**FUSSIE CAT PREMIUM DRY CAT FOOD**  
Market Fresh Recipe  
•Selected Varieties  
2 Lb, 4 Lb, 10 Lb bag  
As Marked  
**10% OFF**  
OUR REGULAR PRICES

**NATURAL BALANCE CANNED CAT FOOD**  
Selected Varieties 5.5 Oz Limit 1 Case  
(Platefuls 3 Oz 95¢) (Reg Price \$1.19)  
**99¢** (Reg Price \$1.49)  
24-30 Lb Bag

**WELLNESS DRY DOG FOOD**  
Large Breed Adult •Chicken •Healthy Weight •Senior  
Grain Free Adult •Grain Free Lamb •Grain Free White Fish  
**\$5 OFF**  
OUR REGULAR PRICE

**NUTRO MAX ADULT RECIPE DRY DOG FOOD**  
•Adult •Lamb •Large Breed •Mini Chunk  
25 Lb Bag Limit 2 Bags  
**\$31.99**

**CHICKEN SOUP FOR THE SOUL DRY DOG FOOD**  
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20 Lb Box Limit 2 Boxes Cat Attract  
**\$12.99** Touch of Outdoors  
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**HEINZ PUP-PERONI DOG TREATS**  
•Beef •Lean •Bacon •Prime Rib  
22.5 Oz Pkg Limit 2 Bags  
**\$9.99**

**MERRICK'S GOURMET CANNED DOG FOOD**  
•Selected Varieties  
13.2 Oz Limit 1 Case  
**ON SALE**

**SWHEAT SCOOP NATURAL WHEAT LITTER**  
(12 Lb Bag - Original \$12.99 Multi Cat \$13.99)  
36 Lb Bag Limit 2 Bags Original Multi-Cat  
**\$33.99** **\$35.99**

**CAREFRESH PET BEDDING**  
60 Liter (Ultra Not Included)  
**\$16.99**

**MERRICK'S WHOLE EARTH FARMS DRY DOG FOOD**  
•Grain Free Chicken/Turkey •Grain Free Pork, Beef & Lamb  
25 Lb Bag Limit 2 Bags per Family  
**\$10 OFF**  
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**ADVANTAGE FLEA CONTROL & TREATMENT**  
Dog Small (Green) Dog Extra Large (Blue)  
Dog Medium (Teal) Cat Small (Orange)  
Dog Large (Red) Cat Large (Purple)  
Limit 2 Per Family. Cannot be combined with any other offer.  
**\$3 OFF**  
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**PET CENTER 20% OFF**  
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Jumbo **\$22.99**

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Pet-Safe Pet Doors & Patio Panel Pet Doors  
All Models •Aluminum •Plastic  
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207	40 GAL	\$119.99	407	100 GAL	\$189.99

**AQUEON BOXED 10 GALLON TANK**  
With Economy Kit  
Just add Heater For Tropical Fish  
**\$48.99** Limit 1 Per Family

**PENN PLAX PLASTIC AQUA-PLANTS 20% OFF**  
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**KORDON CORAL SEA 50 GAL SALT MIX WITH AMQUEL \$14.99**

**BONUS COUPON**  
**FRISKIES BUFFET CANNED CAT FOOD**  
5.5 Oz All Varieties  
Limit 1 Case With Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
**ON SALE Everyday**  
Effective 11/23/22 - 11/29/22 CHM PLU 367

**BONUS COUPON**  
**WHISKAS TEMPTATIONS CAT TREATS**  
•Selected Varieties - 3 Oz  
Limit 2 Pkgs with Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
**\$1.99**  
Effective 11/23/22 - 11/29/22 PLU 569

**BONUS COUPON**  
**JONNY CAT CAT LINERS**  
Jumbo Drawstring - 5 Ct  
Limit 1 Box with Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
**\$2.39**  
Effective 11/23/22 - 11/29/22 PLU 449



# Casa Roble upset by Capital Christian in second round shootout

By Shaun Holkko, sports editor

ORANGEVALE, CA (MPG) – An additional third quarter touchdown was ultimately the difference Friday night in Orangevale as Casa Roble was defeated by Capital Christian 42-35 in the quarterfinals of the 2022 Division IV CIF Sac-Joaquin Section Football Playoffs.

The No. 2 seed Rams (9-2) earned a first-round bye in the postseason tournament. The No. 7 ranked Cougars (6-5) defeated No. 10 seed Wood (5-6) 48-13 in the opening round.

Casa began with the ball but quickly had to punt. Capital scored on its opening drive as sophomore running back Malakai Taione Tautaina rushed in from three yards out.

On the Rams' next drive, sophomore quarterback Connor

Campbell tossed a 47-yard dime to Cole Owens. The junior wide receiver caught the pass over his shoulder while sprinting down the right sideline before arriving at the end zone for six points. At the end of the first quarter, the game was tied at seven a piece.

Casa took its first lead when Campbell rushed in from nine yards out for the score. Capital tied the game late in the first half when junior quarterback Eddie Brusuelas connected with Tautaina for a 48-yard touchdown. After 24 minutes of play, the two teams were knotted at 14.

The third quarter was where the game was decided. The Rams retook the lead with a five-yard rushing touchdown by Owens midway through the period. However, the Cougars scored twice over a two-minute span, which ultimately was the difference.

First, Brusuelas completed an 18-yard touchdown pass to junior running back Kayo Patu to tie the game. Then about a minute later, Brusuelas threw a 50-yard bomb to senior wideout Kanye Clark for the score. Capital led 28-21 going into the final 12 minutes of play.

Both teams scored two touchdowns in the final period. Campbell opened the quarter with a two-yard rushing touchdown. With about four minutes to go, Brusuelas tossed a 33-yard touchdown pass to Clark.

Casa's next score was set up by a long pass from Campbell to junior wide receiver Logan March. The duo completed the drive as well with Campbell finding March for a nine-yard touchdown strike to tie the game at 35 with two minutes to play.

With less than a minute remaining, Brusuelas found Patu for a six-yard touchdown pass, giving the Cougars the lead for good. Capital won 42-25 and advanced to the semifinals of the D4 postseason bracket. The Cougars will travel to Roseville to take on No. 3 seed West Park (9-1) on Friday night at 7 p.m.

"Last Friday's game was fun and exciting to be a part of but at the same time disappointing that it didn't go our way," Casa coach Chris Horner told the American River Messenger. "Capital Christian made more plays than we did, and they came out victorious. I was proud of the way the boys played and battled till the bitter end. It's a shame that we won't be able to play another week with this group of boys."

Campbell completed 16-of-25 pass attempts for 230 yards, two touchdowns and zero interceptions. The Rams' 6-foot-1, 170-pound sophomore also rushed eight times for 40 yards and two scores.

Owens, who Horner calls "cyborg," hauled in five receptions for a team-high 80 yards and a touchdown. The talented junior added two carries for 11



Casa Roble sophomore quarterback Connor Campbell is tackled by Capital Christian senior defensive back Jayden Nolen during a 42-35 Cougars win over the Rams in the quarterfinals of the 2022 Division IV CIF Sac-Joaquin Section Football Playoffs on Friday, November 11 in Orangevale. Photo by Tim Engle



Casa Roble junior outside linebacker Evan Combs sacks Capital Christian junior quarterback Eddie Brusuelas during a 42-35 Cougars win over the Rams in the quarterfinals of the 2022 Division IV CIF Sac-Joaquin Section Football Playoffs on Friday, November 11 in Orangevale. Photo by Tim Engle

yards and a touchdown as well.

In his final game suiting up for Casa, senior running back Josh Taylor finished with 13 rushes for 58 yards, averaging 4.5 yards per carry. Taylor and senior cornerback Dylan Saucedo are two of the 10 Rams who will be graduating in the Class of 2023 in the spring.

"This was a very selfless group of boys to coach. Each player, when called upon to perform a task did so to the best of their ability and without complaint," Horner said. "Although we were very young as a team fielding lots of juniors and sophomores, this team played with plenty of confidence and swagger like a veteran group."

"Our seniors were integral in the leadership of our younger players keeping the ship steering in the right direction the whole season. One of my favorite group of players I've coached

in a while. This group of seniors will definitely be missed."

Additional reporting by MaryAnne Povey. ★



Casa Roble head coach Chris Horner speaks to his team during a 42-35 loss to Capital Christian in the quarterfinals of the 2022 Division IV CIF Sac-Joaquin Section Football Playoffs on Friday, November 11 in Orangevale. Photo by Tim Engle

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**HOUSEWARES**

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