



Soldiers Need Care Too

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AMERICAN RIVER Messenger

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SEPTEMBER 27, 2019

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FEATHERED FRIENDS
OF FAIR OAKS



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Airshow Takes to the Skies



Airshow action takes to the skies on next Saturday and Sunday. In addition to the U.S. Navy Blue Angels, the show features an extensive roster of spine-tingling acts. Photos courtesy CCA

By Liz Fox Johnson,
California Capital Airshow

SACRAMENTO REGION, CA (MPG) - The California Capital Airshow (CCA), presented by Sacramento County in partnership with the City of Rancho Cordova, brings thrills, chills and jaw-dropping excitement to the skies over Sacramento October 5 and 6. Headlined by the world-famous U.S. Navy Blue Angels, this year's show is packed with hours of entertainment in the air and on the ground that people of all ages can enjoy.

CCA kicks off the weekend on Friday evening with Blues & Brews, a performer meet and greet that offers

fans a chance to meet their favorite airshow performers and enjoy some of regions best beer and spirits at the airshow's first-ever brew fest. The event

features live music, access to a variety of display aircraft, yard games, food trucks and more. Blues & Brews takes place on Friday, October 4 from 6 p.m. to 9 p.m. at Mather Airport's Mather



Jet Center Hangar 1. Admission to is free and open to the public. Food is available for purchase from Sacto MoFo food trucks. Wristbands for beer

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Improvements Planned for the Community Clubhouse and District Playgrounds

Story by Shaunna Boyd

FAIR OAKS, CA (MPG) - The Measure J Bond Oversight Committee (BOC) met on September 3 to hear updates about some upcoming Fair Oaks Recreation and Park District park improvement projects.

District Administrator Mike Aho explained that the District hopes to replace the front door of the Community Clubhouse with one that is ADA (American's with Disabilities Act) compliant. They also plan to set up an independent Wi-Fi system for the building that the public can access while using the parks. The Wi-Fi, new ADA-compliant door, and other aesthetic improvements to the front entrance are planned as part of the larger Village Park, Plaza Park, and Amphitheatre improvement project, which will hopefully be funded by both Measure J and Prop. 68 funds.

Other enhancements and renovations to the interior of the Community Clubhouse are planned as a separate project to be funded entirely by Measure J funds. Aho explained that most of the proposed improvements to the Community Clubhouse will take place at the same time as the Village Park, Plaza Park, and Amphitheatre project. Aho said, "We don't want to impact that area twice."

Aho shared the District's "working list" of priority improvements for the Community Clubhouse: remodel restrooms in the downstairs meeting room, install new energy-efficient lighting in the main room. Other possible improvements include replacing the stage curtain, improving the face of the stage and the under-stage storage area, renovating the back stairway, replacing trim and floorboards, remodeling the Fireside Room off the foyer, purchasing assisted-hearing devices to be available for those with hearing impairments, upgrading the audiovisual equipment used for presentations and events, and increasing the size of the storage room door so it's easier to get the equipment

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History Takes Its Place in The Village

A Local Monument Honors Fair Oaks Early Beginnings

Story and photos
by Paul Scholl

FAIR OAKS, CA (MPG) - An Historic achievement was accomplished this week in Fair Oaks, one that took the kind of leadership between neighbors that will live on for many years to come.

A team of community members pulled together to complete the Fair Oaks Founder's Monument project with a dedication ceremony held on September 20 in the Fair Oaks Village.

The project was the original brainchild of Karyn Barthmore, then Honorary Mayor with the Fair Oaks Chamber of Commerce. She helped raise the initial funding through her campaign efforts in 2015 and 2016 to build the local monument to the history of Fair Oaks for visitors and locals to enjoy.

Over the many early months, and then years, the project hit a number of challenges to the design and implementation, pushing it back and requiring the help of local government and agencies to accommodate the monument's location. But everyone involved saw



"I knew when I heard about it that I wanted to be a part of raising money for this cause" said Karyn Barthmore, then Honorary Mayor for the Chamber of Commerce

the importance it would have to the community and worked to overcome each challenge. Barry Brown led the

project to completion as the Project Coordinator. He helped pull together numerous community organizations for the planning,

development and additional funding needed to get the job done.

The beautiful monument

Continued on page 3

Soldiers Need Care Too

Volunteers Assemble Care Packages on 9/11

Story by Shaunna Boyd

RANCHO CORDOVA, CA (MPG) - On Wednesday, September 11, Move America Forward (with support from the Rancho Cordova Chamber of Commerce) held its second annual Packathon to commemorate the 18th anniversary of the terror attack on September 11, 2001. The event was held at Move America Forward's Rancho Cordova headquarters, where volunteers worked together with veterans, active-duty military members, and Gold Star parents to assemble care packages for soldiers serving on the front lines in Afghanistan and Iraq.

The organization shipped 911 care packages — which include letters of support along with food and personal care items — and volunteers packed approximately 500 additional boxes. Danny Gonzalez, director of communications for Move America Forward, said, "I ask that everyone do something nice for a soldier, even if it's just thanking them for their service. ... Let's make 9/11 a day when Americans come together and really unify as one people and make it a day of service."

The Packathon's Master of Ceremonies was former Sacramento Sheriff John McGinness, a decorated veteran with more than 30 years of experience in law enforcement. McGinness said that many servicemembers "answered the call" to join the military because of the events of 9/11: "It's extraordinary and it speaks to the character, the courage, the valor, the selflessness that really truly is abundant in our society and in our great nation."

McGinness introduced



Above: The care packages include food, personal care items, and messages of gratitude for active-duty soldiers deployed on the front lines. Right: Volunteers assembled care packages for the troops at Move America Forward's second annual Packathon.
Photo by Shaunna Boyd

Sergeant First Class Jeff Raver of the Northern California Recruiting Battalion, who enlisted in the army at the age of 21 because of the attack on 9/11. Sergeant Raver described the event as "one of the tragic stories for all of us, but something to remember." He said that just a month earlier he had taken a trip to the east coast with his brothers and they had "stood on top of those towers. So, a month later when that happened, it really hit

home. That's why I serve." Sergeant Raver enlisted the very next day, September 12, 2001, and chose to ship out just 72 hours later. After getting through basic training, Sergeant Raver was deployed on his first tour in Afghanistan. "I was able and willing, and I decided to make that commitment."

The event's featured speaker was Colonel Stephanie

Williams, Commander of the 940th Air Refueling Wing at Beale Air Force Base. Colonel Williams is a veteran of Operation Enduring Freedom and Iraqi Freedom, and she also commanded the 385th Air Expeditionary Group at

Al Udeid Air Base, Qatar. On the morning of September 11, 2001, Colonel Williams was an active-duty international guard pilot starting "a normal day, I thought." After watching news footage of the airplanes crashing into the towers, she experienced "disbelief, shock. ... Ultimately seeing the towers collapse ... was very, very surreal. Even having served in active duty in the military for 10 years, it was surreal to see something like that."

At the time of the 9/11 attack, Colonel Williams said many members of the military had "served through mostly a peaceful period, but 9/11 was the start of something new to us. Think about the soldiers, sailors, marines, and airmen today. ... The vast majority joined after September 11, 2001." Colonel Williams said that our nation responded to the terror attack with "strength, honor, resilience, dedication, (and) focus."

To the Gold Star Families, Colonel Williams expressed gratitude: "[I'm] grateful to those who gave all to defend our freedom. ... Thank you for your family's sacrifice and service to our nation. ... Thank you for raising a hero."

Colonel Williams also thanked Move America Forward for hosting the event: "Having been deployed myself, it meant a lot to know that fellow Americans at home were thinking about me and were behind me and my teammates in what we were doing to defend freedom worldwide. ... Thank you for your tireless support of our military members."

If you are interested in sponsoring a care package or volunteering your time, visit www.MoveAmericaForward.org. ★

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\$4.49
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\$7.49
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Improvements Planned for the Community

Continued from page 1
in and out. The District is also interested in collaborating with the Historical Society to set up a permanent display showcasing Fair Oaks history.
All these improvements are still subject to approval by the Board and are dependent on available Measure J funding. Aho said, "It's not a done deal." The District plans to get pricing for all the proposed improvements by the end of the year and then present those prices to the Board. "It's unlikely everything will get done," said Aho. "This list will get pared down due to the budget and District priorities."
The replacement of the rubberized poured-in-place (PIP) material in District playgrounds is scheduled to start sometime in October, with an estimated completion by the end of November. Aho said the District is just waiting for some paperwork from their contractor and

then work will commence. (Upgrades to the playground at Village Park will be done later, as part of the Village Park, Plaza Park, and Amphitheatre project.)
Three playgrounds in the District – at Village Park, Fair Oaks Park, and Phoenix Park – currently have sand play area, but the Board has decided to remove the sand areas during the PIP replacement process. Aho explained that the sand gets on kids' shoes and clothes and is then tracked all over the playground. Over time, the sand grinds into the PIP material, cutting its life in half.
Aho said he anticipates "tremendous pushback" from the community on this issue, knowing that the sand areas are frequently utilized amenities at the playgrounds. "I expect some outrage, so we'll see how that plays out moving forward."
Vice Chair Adria Walker expressed concern about

this decision because the sand play areas are well loved and well used. When asked about the possibility of replacing the PIP material with an alternative that wouldn't be negatively affected by the sand, Aho explained that the PIP material is the most cost-effective option.
If there's a lot of community pushback, Aho said the Board could decide to keep the sand, but it would not be the staff recommendation based on the damage it will cause to the new playground material. "But the Board works for the public, and we work for the Board," said Aho.
Once the District finalizes the timeframe for the work, Aho said they plan to send out notifications to Fair Oaks locals.
Aho also mentioned the possibility of eventually creating a new sand play area at another park in the District that doesn't have the rubberized PIP material. ★

History Takes Its Place in The Village

A Local Monument Honors Fair Oaks Early Beginnings

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structure was created by sculptural artist Phill Evans. The three panels filled with intriguing local historical facts and images, which grew from the original plan of one panel, was overseen by historian and artist Diane Shakal.
The monument can be found in the Fair Oaks Village at the corner of Fair Oaks Blvd. and Winding Way.
Donors to the project were the Charles Kanoff Family, Karyn Barthmore, County Supervisor Susan Peters, Fair Oaks Foundation for Leisure & the Arts, Fair Oaks Theatre Festival, Fair Oaks Rotary, Fair Oaks Recreation and Park District, Woman's Thursday Club of Fair Oaks, Fair Oaks Water District, Fair Oaks Chamber of Commerce, Fair Oaks Historical Society, Fair Oaks Host Lions, Fair Oaks



Barry Brown, Project Coordinator, speaks of the success and challenges of the project at the dedication ceremony. The monument is seen in the background.

Inner Wheel, Veterans of Foreign War Post 6158, American Legion Post 383.
The dedication was moderated by Pete Schroeder. Speakers included, Ken Steen, Barry Brown, County Supervisor Susan Peters, Chris Kanoff, sponsor of Charles Kanoff Memorial, Karyn Barthmore, Jim Pearce and Diane Shakal. The dedication committee included Barry Brown, Karyn Barthmore, Carol Crowthers, Janet McWilliams, Kim Pitillo and Terrie O'Donnell.
To better enhance the monument the group is now raising funds to have the area developed for lighting. ★



After the dedication attendees gathered to admire the project and read of the history of Fair Oaks.

Airshow Takes to the Skies

Continued from page 1
and spirits can be purchased for \$40 per person.
Airshow action takes to the skies on Saturday and Sunday. In addition to the U.S. Navy Blue Angels, the show features an extensive roster of spine-tingling acts. Highlights include performances from Team Oracle, the Patriot Parachute Team, the F-16 Viper Demonstration Team, the California Air National Guard F-15 Screaming Eagle, Vicky Benzing Barnstorming and the Aftershock Jet Fire Truck. Spectators can look forward to miles of static display aircraft in all shapes and sizes as well as interactive STEM experiences for kids and families.
"Friday night's Blues and Brews will set the tone for an amazing weekend of flying" said Darcy Brewer, executive director, CCA. "Saturday and Sunday's shows are packed from start to finish and there is just so much to see along the ramp. Bring the whole family because there is something exciting for all ages."
Family-friendly ticket pricing provides admission for up to six children ages 15 and under with the purchase of just one Adult General Admission ticket. Kids under age 5 receive free general admission. Discounted tickets are available through the Airshow Insider program at CaliforniaCapitalAirshow.com. For more information on the Airshow go to CaliforniaCapitalAirshow.com. ★



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A man with a white beard, wearing a green leprechaun hat and a black t-shirt, is carving pumpkins at a table. A large inflatable leprechaun is in the background, and children are watching.

A woman and three children are posing for a photo under a blue canopy at a fair. The woman, wearing sunglasses and a white vest, stands behind the children. The three children, two girls and one boy, are all wearing white chicken hats with red combs and yellow beaks. The girl on the left is wearing a red t-shirt with a Mickey Mouse graphic. The girl in the middle is wearing a grey t-shirt with a graphic and a pink sash. The boy on the right is wearing a grey t-shirt with a green graphic. The background shows other people and fair structures.

Kids tried their luck at the Chicken Festival's "Plucko" game.

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HOW DO I PREPARE FOR A PUBLIC SAFETY POWER SHUTOFF?

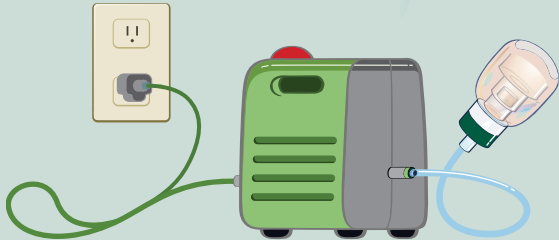
WHAT EVERY PG&E CUSTOMER NEEDS TO KNOW



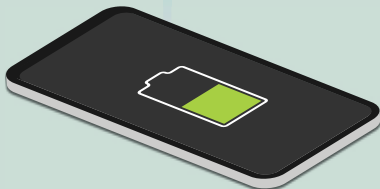
Do you have an **emergency kit** with nonperishable food, one gallon of water per person per day, medications, flashlights and batteries?



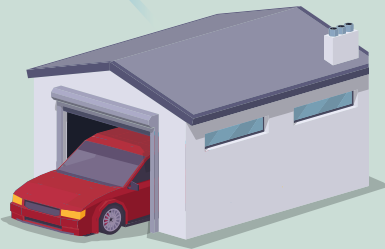
If you own a **generator**, is it safe to operate?



If anyone in your family **depends on electricity for their medical needs**, have you made preparations?



Are your mobile phones **fully charged**? Do you have a **portable back-up charger** or a **solar charger**?



Do you know how to **open your garage door manually**?



Do you have a **personal safety plan** for all members of your family, including your pets?

Public Safety Power Shutoff, or PSPS, is a safety program that proactively shuts off electric power lines when there is an elevated fire risk.

All PG&E customers should be prepared for possible power outages that could last for multiple days.

If power is temporarily turned off, customers should consider these questions:



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Not So Friendly Skies

Americans are taking to the skies in record numbers. In 1977, only 25% had taken a flight. In 2017, nearly 50% flew. Top Travel specialist Pete Trabucco had some tips for me on POPPOFF! Surprises? YES!

1) IT'S EXPENSIVE TO CARRY BECAUSE IT'S HEAVY. Keeping fuels low saves Airlines a lot of money. But it also means if there's rough weather (in flight or an unexpected delay), Airlines are more likely to make an emergency landing because they are running out of gas. 2) DON'T ACCEPT THE FIRST \$200 VOUCHER THEY OFFER. Airlines typically keep increasing the offer until they have enough volunteers willing to give up their seats. If they don't get enough volunteers and have to bump you involuntarily, insist on cash compensation instead. Many Airlines will write a check at the airport). Department

POPPOFF!

with Mary Jane Popp

of Transportation rules say you're entitled to as much as \$1300 in cash, depending on your ticket price and how long you are delayed. 3) SEARCH FOR ONLY ONE TICKET AT A TIME. If you search for, say, four tickets, and the airline has only three at the lowest rate, all four are bumped to the higher-price bracket. 4) YOU'RE NOT IMAGINING IT. In the new aircrafts, especially those used for long-haul international flights, airlines recently shrank the seats by one inch so they could fit an extra seat in each row. 5) IF YOUR FLIGHT IS CANCELED, GET IN LINE AT THE TICKET COUNTER. BUT, also get on the phone. You'll probably reach an airlinephone agent before you get to the frazzled agent behind the counter. 6) DON'T EVER WALK AROUND BAREFOOT ON THE AIRPLANE. That carpet? Everything you can imagine has been spilled on it. This includes vomit, milk, babypee, and blood. Also wipe down those table trays. Don't want to tell you what could be on those. 7) AIRLINES RELEASE BARGAIN TICKETS BY MISTAKE. Every so often, airlines release dirt

cheap tickets. They're not doing it as a favor. It's an accident. Once these tickets are released, there's no going back. That's from Jamie Campbell, travel blogger and creator of the Gaijin Crew. The best way to catch these slip-ups and make the most of them is to sign up for mailing lists from sites such as Airfarewatchdog, which scans the internet for cheap fares. Another site that specializes in helping travelers find mistake fares is Secret Flying. 8) KNOW YOUR RIGHTS. The more you know about your rights as an airline passenger, the better. "Airlines don't want customers to know much about their passenger rights, which is not all that surprising when they could owe up to \$700 for each passenger if their flight to or from Europe is delayed or canceled," said Thomas Busson of ClaimCompass. Airlines flying to and from Europe are subject to EU passenger laws. "While U.S. regulations only cover passengers facing cases of overbooking and luggage problems, European regulation goes further." Peter Trabucco breaks down their secrets for a safer, happier and cheaper flight. Check out Pete and his books at PeteTrabucco.com. FLYIN' HIGH! ★

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CLUES

ACROSS

1. Same as Amir
6. Graduate degree
9. Rotisserie skewer
13. Wispy clouds
14. *Run-DMC performed at "Live _____", 1985
15. Elbow room
16. Portfolio content
17. Some special effects
18. Noncommittal response
19. *N.W.A. songwriter turned actor
21. *Marshall Bruce Mathers III
23. Last letter of Hebrew alphabet
24. Two-fold
25. Tit for _____
28. Serve soup, e.g.
30. Done at "inspiration point"
35. Eurasian mountain range
37. Jack of all trades' sphere of expertise
39. More painful
40. Little bit, in Mexico
41. Open-mouthed
43. Classic TV's Mr. Cleaver
44. Friend from Mexico
46. Power system
47. Batman's cave, e.g.
48. Ketchup, to some
50. *a.k.a. Detective Tutuola
52. "To Kill a Mockingbird" author
53. Bangkok native
55. Yoga turf
57. *She likes dollars, she likes diamonds
60. *SAG and Golden Globe awards recipient
64. 2 halves of a diameter
65. Exchange for money
67. Watery-eyed
68. Turn upside down
69. To add, often used with "out"
70. Shockingly graphic
71. *Cobbler, cobbler, _____ my shoe"
72. Up and down nod
73. Horace's poem

DOWN

1. South American blackish-purple berry
2. Catchall abbr.
3. Gaelic tongue
4. Not slouching
5. Something regularly observed
6. Debilitating spray
7. *The Notorious one
8. Opposite of bonjour
9. Distance from wingtip to wingtip, e.g.
10. Pay as you earn tax system
11. Ballistic missile acronym
12. Golf peg
15. Expression of pleasure, pl.
20. Boss, in Swahili
22. Vitruvian one
24. Ancient Roman silver coins
25. *""The hate you give..." artist
26. Scent
27. Like unspoken agreement
29. *Snoop's last name?
31. Loose hood

32. Cattle enclosure in African village
33. Chill-inducing
34. *Beats by _____
36. Fireplace fodder
38. *"" _____ Rap Battles of History"
42. Possible allergic reaction
45. Bested
49. Sigma _____ Epsilon
51. Babble out
54. *Drake's tattoo of the The Beatles' " _____ Road"
56. Bind
57. Super garb?
58. Port in Yemen
59. Orange peel
60. Cleaning cabinet supplies
61. Wyatt Earp's card game
62. Desert quality
63. Jekyll's alter ego
64. Cuba Libre ingredient
66. Israel Kamakawiwo'ole's strings

Crossword Puzzle Solutions on Page 7

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 7

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By Marlys Johnsen Norris, Christian Author

A believer and follower of the teachings and life of Jesus Christ, our prayers for our life must exemplify the love and care He lived out for the whole world. He listened, followed and obeyed the words of His Heavenly Father even through suffering and pain He endured on the Cross before the end of His sacrificed life on earth for all of us.

Today we have the sacred words of the Holy Bible to guide and direct the paths of our lives. People all over the world, now read the words of the Bible and follow them to the best of their ability. Many Americans are missionaries who live among them, teaching and helping them to know and follow God’s direction for their lives. They minister to them as examples of the love of Jesus, ultimately blessing them in many

What Do You Think Your Image is Today?

different ways. Every one of us has some kind of image that others observe about us. Often times we have a different image about ourselves. Sometimes good and sometimes poorer! What do you think is the image God sees about you? Think about it!

Whatever it might be, we need to take that image and lay it at the foot of the Cross. No matter what it appears to be, surrendering it completely into God’s hands takes it out of the scope of our hands and into His. It is only then, God will take the image we have made and miraculously transform and create it to be what He desires for our lives to become.

We may be very surprised how God will gift us to be vessels of His love and to be a part of bringing others to the knowledge about the Savior of their soul. He will guarantee our life will be supremely better than what we could ever think it is today. Only the Holy Spirit of God has the magnificent power and ability to do it!

If you read and hear the Word of God and do not do it – Life will never change! Do it and you will be

washed by His Holy Word as it washes the inner man and renews your life.

“Jesus gave Himself for you and He will sanctify and cleanse you with the washing of water by the Word of God.” (ref. Ephesians 5:26) *“Flesh gives birth to flesh, but the Spirit gives birth to spirit. You should not be surprised at Jesus saying “You must be born-again.” (John 3:6-7)*

Trust in God with your whole heart and soul! Believe in Almighty God and He will not disappoint you. He designed a plan before you were ever born and when you willingly yield to Him, He takes over. You will be amazed and awed by His creative love plan just for you! You will be blessed beyond any blessing of love you have ever received from any one before. He is a great and wonderful loving God be ready to give Him Honor and Praise one day in the future.

Marlys Johnsen Norris
Christian Author of 7 Books & articles in 2 others
Stephen’s Minister and Teacher
Marlysjn@gmail.com ★

North Ridge Country Club Announces High School Golf Scholarship Awards

From NRCC

FAIR OAKS, CA (MPG) - The Club provided approximately \$8,000 to high school senior men and women scholarships this year with the money coming from member contributions and cumulative grants now approach \$40,000. The criteria for an award include grade point average (GPA), golf index and accomplishments over the student athletes’ high school career from local, Sacramento area schools, community involvement and work, and character references. The variety and multitude of accomplishments of the high school men and women recipients and all aspects of the student athletes lives and contributions to the greater Sacramento area is impressive. Many of the recipients have been captains of their golf teams, team or league MVPs, have earned all-league honors and gone on to play collegiate golf.

According to Mike Galli, head professional at North Ridge: “While we have a love of golf, our members also believe young people should have more in their lives than just golf. That’s



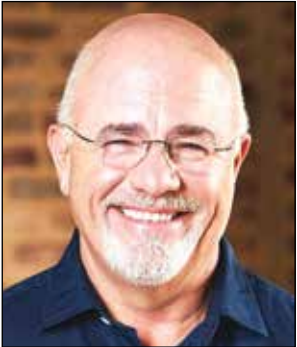
Former award winner Parker Rose. North Ridge is completing its 11th anniversary of offering golf-related scholarships to high school students. Photo provided by NRCC

why we emphasize grades and community involvement as well as golf skills. We are proud of our members for their generosity in making personal contributions to make these awards possible.” Some recipients have gone on to attend such schools as UC Berkeley, Penn State, University of Nebraska, Long Beach State and Cal Poly San Luis Obispo to continue their golf and academic endeavors.

Through member contributions of time and funding, North Ridge also has provided support to such organizations as Youth on Course, Folds

of Honor Foundation, Junior Girls Program, Stanford Youth Solutions, Juvenile Diabetes Research Foundation, Bella Vista, Del Campo and Casa Roble High Schools, Albie Aware Breast Cancer Foundation and others. It is all part of North Ridge’s efforts to be involved in the community. Over the past ten (10) years, including the high school golf scholarships, the Club has donated approximately \$300,000 to the aforementioned organizations.

For more information on North Ridge Country Club, please contact Rink Sanford, General Manager at 916-967-5717. ★



The Partnership, Not the Family, is the Problem

Dear Dave,
My two brothers-in-law and I have been thinking about going into business together as a side project in the real estate world. One of them is an architect and licensed general contractor, one has a successful painting business, and I’m a chief financial officer with a CPA background. Plus, I had a lot of construction experience as a young man. I know you’re not a big fan of business partnerships, but how do you feel about a family business like this? –Dan

Dear Dan,
Going into business with family isn’t my big concern here. I’ve said many times that partnerships are the only ships that won’t sail, and I’m a firm believer in that philosophy. I would encourage you guys to set up a situation where one of you is the owner, then

Dave Ramsey Says

figure out a plan where the other guys get paid off the bottom line – as if they were owners. Trust me, anything with three heads is going to end up being a monster at some point.

Here’s the thing about family businesses. When everyone understands their role and has the best interest of the company in mind, family businesses can be a lot more fun and more successful than non-family businesses. Statistics show the average family business lasts 60 years, while the average publicly-traded company lasts about 15 years.

So, there’s nothing inherently wrong with the family part of the equation. It’s the partnership aspect I’d stay away from. – Dave

Renter’s Insurance?

Dear Dave,
We just helped move our son into a cheap, off-campus apartment a few blocks from where he is attending college. We signed the agreement, and are paying the rent, because he makes very good grades. Do you think renter’s insurance is a smart buy? It’s less than \$12 a month, but the minimum coverage I can get is \$15,000, and he probably has less than \$1,000

worth of belongings there. –Kevin

Dear Kevin,

I’d get renter’s insurance. My guess is it also comes with five or six figures in personal liability coverage, as well. That’s in case he’s out on the patio with his buddies, someone slips and falls, and they decide to sue because daddy’s on the lease.

In a case like this, because there’s so little to start with, it’s not theft or fire taking the contents of the apartment that you’re worried about. It’s the liability portion of the coverage that makes it worth every penny of what you’d be paying. That alone makes it worth \$10 to \$12 a month just to make sure a slip-and-fall doesn’t mess with your life! – Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

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Find Puzzles on Page 6

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C	I	R	R	I		A	I	D		S	P	A	C
A	S	S	E	T		C	G	I		M	A	Y	B
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Sudoku Puzzle on Page 6

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3	2	8	5	1	9	7	6	4
5	8	6	9	3	4	2	7	1
9	3	1	2	7	6	4	8	5
4	7	2	1	8	5	6	3	9
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Circus Vargas: The Big One Is Back!

Preserving an American Tradition Like No Other

Circus Vargas
Press Release

SACRAMENTO REGION, CA (MPG) - The Big One is Back with “The Greatest of Ease” bringing acrobats, daredevils and flying trapeze! Join us in celebrating, Circus Vargas’ 50th Anniversary extravaganza, an homage to the golden era of circus in America!

All aboard our spectacular circus steam engine as we ride the railways back in time, to relive the nostalgia of yesteryear! Marvel at the sights and sounds emanating from the big top, just as audiences did decades ago!

The hypnotic call of the calliope, the sawdust, the sequins, the spangles!

Hurry, Hurry, Hurry! Witness the unusual, the astonishing, the unimaginable! Wonder at the daring and the beauty! Experience the phenomenal, the extraordinary!

Run away with the circus, for two unforgettable hours of nonstop action and adventure, as we transport you back through the ages of circus history and tradition! A magnificent, mega-hit production guaranteed to thrill and enchant children of all ages... only at Circus Vargas, where memories are made and cherished for a lifetime!

Circus Vargas presents “The Greatest of Ease,” circus as it should be seen... under the Big Top!

Always fun for the entire family, Circus Vargas’ incredible new 2019 production highlights an amazing cast of world-renowned performers! Death- Defying Acrobats, Daredevils, Aerialists,

Jugglers, Contortionists, Clowns, Motorcycles and much, much, more!

Arrive 30 minutes early for an entertaining, interactive pre-show celebration, where kids can create their own magic under the big top, learning circus skills such as juggling, balancing and more! Meet and mingle with the entire cast after each performance. Capture the fun by posing for pics or selfies with your favorite cast members, all part of an unforgettable Circus Vargas experience!

A small self-contained city on wheels, Circus Vargas is a family operation laid out across whatever parking lot or grass field the Big Top calls home that week. It is owned and operated by a talented young couple who together with their immediate and extended family have managed to produce some of the most incredible productions in live family entertainment in generations all under the Big Top!

Circus Vargas will be performing in:

1151 Galleria Blvd, Roseville, CA 95678 on September 20-29

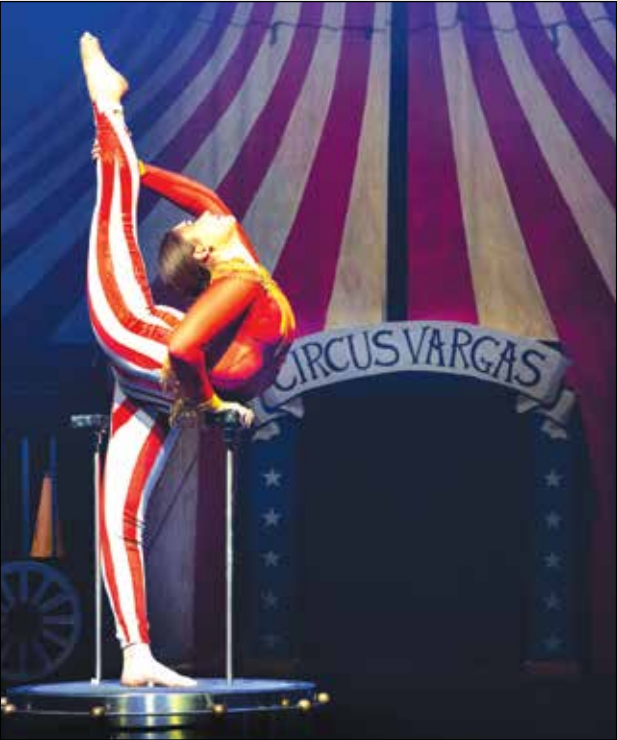
6166 Sunrise Mall, Citrus Heights, CA 95610 on October 3-6 and,

745 Oak Ave Pkwy, Folsom, CA 95630 on October 10-14.

For Circus Vargas more information and to purchase tickets, visit www.circusvargas.com, call 877-GOTFUN-1 (877-468-3861) or visit the box office at each location. Follow Circus Vargas on Facebook and Twitter for updates, discounts and behind the scenes video. ★



The show must go on! Circus Vargas is a community, a friendship and a family. Courtesy Circus Vargas/Wednesday Aja



Circus Vargas presents the human figure in its most graceful and subtle moments. Courtesy Circus Vargas/Wednesday Aja



Circus Vargas features will be valued by those who love dramatic entertainment. Courtesy Circus Vargas/Wednesday Aja



Circus Vargas’ 50th Anniversary extravaganza of acrobats, daredevils and flying trapeze is an homage to the golden era of circus in America. Courtesy Circus Vargas

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SAC SPCA Will Close Adoptable Goods Thrift Store

By Dawn Foster, Sacramento SPCA

SACRAMENTO, CA (MPG) - The Sacramento SPCA announced plans to commence a wind-down of its Adoptable Goods SPCA Thrift Store operations, including the closure of the store at 1517 E Street by year's end.

Sacramento SPCA CEO, Kenn Altine, said, "Since 1977, the Adoptable Goods SPCA Thrift Store has played an integral role in furthering the Sacramento SPCA's mission to help animals and people in our community, contributing more than \$3.2 million towards shelter programs, building improvements and most importantly, the building and remodeling of the Sacramento SPCA's Spay/Neuter Clinic, which performs more than 18,000 life-changing surgeries every year. Unfortunately, the sharp decline in the overall retail environment coupled with rising operating costs and an aging building has made it increasingly challenging to operate a profitable store."

Adoptable Goods will remain open for the rest of the year; however, they will no longer be accepting donations of goods, stating they have more than enough items given by the community to keep the store stocked through the coming months.

The Sacramento SPCA will also continue to accept book donations and items needed at the shelter. A complete list of ongoing shelter needs and other ways to give can be accessed at sspca.org/giving. The Sacramento SPCA asks that all items be brought to the shelter facility at 6201

Florin Perkins Rd., not to the thrift store.

"I am so grateful to the volunteers of the Sacramento SPCA Women's Guild, who many years ago recognized an opportunity to collect and sell gently-used goods donated by the community to help animals in need", said Altine. "We recognize that Adoptable Goods has provided a meaningful channel for members of our community to support the Sacramento SPCA and we are incredibly thankful for their contributions and commitment. We will continue to explore other opportunities for our caring supporters to donate their treasured goods to benefit the animals."

In addition to the Sacramento SPCA's annual book sale – also started by the Women's Guild – the organization plans to hold other annual events such as online auctions like the recent one hosted by Witherell's, where 62 donated collectibles raised more than \$10,000 for the animals.

For more information about the closing of Adoptable Goods, including changes in days and hours of operations and seasonal sales events for Halloween and Christmas, visit sspca.org/thriftstore.

Founded in 1892, the Sacramento SPCA has been providing homeless animals with individual comfort, shelter, and love for more than 127 years. They provide compassionate medical care to tens of thousands of animals annually and offer a variety of programs and services designed to keep people and pets together for life. ★

Fifth Annual Wildlife Care Association Fall Photo Contest Takes Flight



2018 Winner Dave Labhard's 'Sapsucker in Flight.' Last year East Sacramento is home, and the American River favorite photo location for Dave Labhard, who snapped a moment in time as a Sapsucker took flight from his perch mid river.

By Rick Reed, Rick Reed Public Relations, Inc.

SACRAMENTO REGION, CA (MPG) - One picture on your mobile or your camera. That's all it takes to take off as the 2019 Wildlife Care winner! Get outside and give us your best shot of a bird or birds in your backyard, local park or Sacramento area wild location. Easy!

Submit your picture on the Wildlife Care Association Facebook page as a message with photo attachment. Contest is open October 1 to December 31, 2019. Entries can be made in two categories- Under 12 years old you can enter FREE! Those over 12 are asked to include a minimum \$5.00 donation to WCA on the Facebook donate link for each entry. (Under 18 yrs old? Ask your parents to help!)

Submissions should include your email, the location photo was taken, and your best guess what type of bird this might be. Enter [@wildlifecareassociation](https://www.facebook.com/wildlifecareassociation) on Facebook.

Each photo may be entered once, but individuals may submit more than one. Enter often and donate to help the WCA heroes of nature save thousands of injured, orphaned and displaced wildlife every year. The non-profit wildlife rehabilitation volunteers depend on the community for their support giving wildlife a second chance to live.

The WCA Photo Contest winner will be awarded a special prize including a guided tour of the Dome at McClellan Park, their photo featured in WCA Facebook/Instagram as a hero of nature!

Give us the bird! Snap some shots, submit them and let's see if they fly!

For more information call 916-965-WILD

One picture will be chosen from submissions to determine a winner. WCA staff reserves the right to select a winner from content and other factors including artistic merit. All photos submitted become the property of WCA for its use in outreach, education and fundraising. ★

SMUD Reminds Customers to Ask Utility Workers for Identification

SMUD Press Release


SACRAMENTO COUNTY, CA (MPG) - SMUD employees sometimes need access to a customer's yard to

trim trees or make service repairs. All SMUD field crews carry SMUD-issued photo identification cards at all times, and many wear uniforms

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The Kiwanis Corner

By Sal Arrigo, Jr.

One Key to Success

Key Club is now the oldest and largest student-led service organization for high school students.

The Kiwanis Club of Orangevale - Fair Oaks is happy to announce that we are starting a Key Club at Casa Roble High School. Plans are underway to organize the club with the high school administration and discussions have already taken place as to the inaugural service project for the new club. Although the Key Club is strictly a high school organization, it is important to remember that the parents and guardians of the membership are encouraged to get involved.

One way to do that, and to see what a Kiwanis Club is all about, is to come to a meeting and meet the individuals who are taking such a vested interest in your child. Meet the people who are enhancing the students' leadership skills and encouraging them to pursue their dreams of college.

Regardless of their future choices, the Orangevale - Fair Oaks Kiwanis Club stands behind them. You may ask yourself, why do we do this kind of volunteer work? To a Kiwanian, the answer is simple: seeing that smile on a child's face after accomplishing a project, and ultimately graduating from high school, is reward enough. That look never gets old and it is truly priceless!

Want more information? Find us at facebook.com/KiwanisClubofOFO or email us at kiwanisclubof@gmail.com.

Visit us at the El Gallo Mexican Restaurant, located at 11773 Fair Oaks Blvd., on the second Tuesday of every month. Meetings begin at 6:30 pm. The social meetings change venues on a monthly basis.

Sal Arrigo, Jr. is the president of the Kiwanis Club of Orangevale - Fair Oaks. The Kiwanis Corner will be published monthly. ★



By County Supervisor Sue Frost

Through the generosity of the American River Messenger, this column serves to provide an update about matters affecting the unincorporated community of Orangevale.

We have a moral obligation to be compassionate to one another. That includes not just our family or neighbors, but everyone - including the homeless. There are those who, through their efforts to aid the homeless, have created unintended consequences for the very populations they seek to help. We can't shy away from hard truths in this matter and we need to be able to support solutions that provide the most public good.

The hard truth here is that the enforcement of anti-camping ordinances benefit our entire community, even the homeless. That is why I am pleased that Sacramento County is joining with Boise to support their Supreme Court appeal of the recent court decision that forbids local enforcement of anti-camping ordinances and prevents us from clearing up homeless settlements—and I am urging all cities and counties in our region to join with us by doing the same.

In September of last year, the Ninth Circuit Court of Appeals issued a decision in Martin v. Boise which ruled local governments cannot cite or arrest anyone for sleeping

Orangevale Community Update

Appealing to Common Sense

on public property when adequate shelter beds are unavailable. Because of that ruling, Sacramento County Parks Rangers stopped enforcing our anti-camping ordinance, and as we all have seen, the problems associated with homelessness have increasingly spiraled out of control: aggressive panhandlers are chasing customers from businesses, used needles are being discarded in our parks, human feces is contaminating our water, and fire hazards in open fields are threatening our homes.

One of the first actions I took when I got elected to the Board of Supervisors was to approve a set of four homeless initiatives designed to provide shelter and re-housing services. This was in line with the approach that many of my constituents indicated was the best way to go about the homeless crisis, balanced between compassion with toughness. Our social service programs such as mental/physical health care, addiction treatment, job training, and housing provided a compassionate approach. The anti-camping ordinance allows us to be a little tough.

Last year, the Ninth Circuit Court stripped our ability to be a little tough and we were left with fewer ways to push people toward services, making our overall situation much worse. An imbalance was created because Sacramento County geographically has a lot to offer to those living outside with our warm weather and acres upon acres of beautiful parkway to camp in. That hospitable environment is then combined with government services and efforts by non-profits. So without the ability to be

tough and enforce the anti-camping ordinance, there is no real incentive for those living in the parks to stop and that creates a dangerous environment.

The anti-camping ordinance has always been a positive tool. It helps keep our parks and other public areas for everyone to benefit from and enjoy. Homeless advocates have accused of using it as a punishment, a way of depriving homeless individuals of their rights. That has never been true and if the appeal is successful, that will remain to be the case. The ability to enforce the ordinance better enables us to connect the homeless to medical treatment, mental health and drug treatment and even job training. Through the ordinance, we are better serving our community as a whole.

The official homeless count found 5,570 homeless people living in our County in 2019, which is a shocking increase from 3,665 in 2017. I have confidence that if our anti-camping ordinance continues to get restricted, this number will continue to skyrocket when the next count is done in 2021, regardless of how many services we add or how many millions we spend.

Thank you for reading - and as always, if you want to contact me call me at 916-874-5491, or e-mail me at SupervisorFrost@sac-county.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms, and Fair Oaks. ★



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Volunteer Drivers Needed for Meals on Wheels

Photo and story by Margaret Snider

RANCHO CORDOVA, CA (MPG) - Starting out from Neal Orchard Senior Activities Center, volunteer Meals on Wheels driver Patrick Quinn picked up his hot pack and his cold pack for the nine senior participants to whom he would deliver that day. While the senior center serves hot meals on weekdays every week, patrons using Meals on Wheels are generally home-bound. “I’ve worked a lot of volunteer places,” Quinn said. “It’s worth doing.”

Most of Quinn’s stops are fairly uneventful, but each is important. He gets out the individual hot meal and takes it along with a few grocery items to the door of the home. There he hands over the meal or takes it to the table for the participant. “For many of the seniors who rely on Meals on Wheels,” said marketing and outreach coordinator Angela Roberts, “receiving their lunch from a volunteer is their only social contact for the whole day.” Meals on Wheels participants in Carmichael are served out of the Rosemont facility, with the same standard of excellence. Participation is not income based, but primarily based on a person’s home and health needs.

Roberts joined Quinn at the home of Meals on Wheels participant Thelma Wiltscire, who reached 100 years of age on September 13. Wiltscire looks forward to receiving her main meal every week day. She knows each of the drivers who come to deliver. “We have flowers and a card signed by all of us at Meals on Wheels for her,” Roberts said. After accepting the birthday greetings, Wiltscire sat down with her dachshund, Dixie, on her lap.

Oldest of three siblings, Wiltscire passes the time by reading and doing puzzles. She attributes reaching 100 to taking care of herself, and to genetics. “Both our parents were almost 100 years old when they passed away,” Wiltscire said. “And I have Dixie, my baby. She’s a good little one.” Meals on Wheels also may provide food, called Ani-Meals, for participants’ pets. This ensures that participants will not need to feed pets from their own meals.



Thelma Wiltscire, just turned 100, poses with Meals on Wheels driver Patrick Quinn.

Another of Quinn’s deliveries was June Merowitz, 92. She said she has been receiving the hot meals for considerably more than a year. “That way I don’t have to cook it myself, they bring it to me,” Merowitz said. “I sit down and eat it and that’s my main meal for the day. The food is delightful, the people who serve it are delightful, so I have nothing but compliments for it.”

For seniors who are able to travel to senior centers, the All Seasons Café is open for lunch at 11:30 a.m., Monday through Friday, at the Neil Orchard Senior Center, 3480 Routier Rd. in Sacramento – phone (916) 366-3133. The Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael, also has a café with weekday meals at 11:40 a.m.; phone (916) 359-1192. Everyone over 60 can receive a hot lunch at no fee, but must call in advance to ensure there will be enough meals.

“We always need volunteer drivers, especially since many volunteer drivers only drive once a week,” Roberts said. “They are the direct contact between isolated seniors and the program. In addition to delivering nutritious meals, they can meet and socialize with seniors, brightening their day and helping them feel connected to their communities.” Volunteer drivers drive their own vehicles and receive mileage reimbursement. For more information on volunteering, please contact Volunteer Services Specialist Victoria Cristobal at (916) 444-9533 or email volunteer@mowsac.org

For general questions about Meals on Wheels by ACC, or to learn more about applying for the Home-Delivered Meal Program, please call the Meals on Wheels by ACC office at (916) 444-9533, 7:30 a.m.-4 p.m., Monday-Friday. ★

Road Money Rip-Off

Newsom’s Latest Broken Promise

Assembly Republican Communications Press Release

SACRAMENTO, CA (MPG) - If you listened to Democrats’ rhetoric, increasing California’s gas tax was all about filling potholes, repairing bridges and fixing roads.

But now that the money is rolling in, liberal politicians are singing a different tune.

As the legislative session wrapped up for the year, Democratic lawmakers signed off on a plan to rip off drivers by diverting a billion dollars from road maintenance to bike lanes and pedestrian projects.

Not to be outdone, Governor Newsom announced his own raid on road money a week later, putting nearly all the state’s road funds at risk of being misspent on public transit,



bike and pedestrian projects near infill housing.

Under Newsom’s radical plan, anyone who can’t afford to live in a big city will be punished, forced to subsidize wealthy urbanites’ bike lanes while commuting on roads that continue to crumble.

#CaliforniaForAll must ring hollow for drivers stuck in the nation’s worst traffic while Democratic politicians refuse to help.

Source: Assembly Republicans ★

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