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# AMERICAN RIVER Messenger

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## Gathering to Drink and Dine at Shangri-la



Diners enjoy the outdoor patio and welcoming atmosphere at Shangri-la, a new restaurant in Fair Oaks Village. Photo courtesy of Shaunna Boyd

Story by Shaunna Boyd

**FAIR OAKS, CA (MPG)** - Shangri-la is “a gathering place for amazing food and cocktails where guests can stay awhile and enjoy the amenities,” said owner and general manager Sommer Peterson. The restaurant opened in June and it has already become a destination for locals seeking a unique dining experience.

Peterson described the philosophy as “beautiful food with the highest level of hyper-locally sourced fruits, vegetables, and meats.” Everything is made from scratch with seasonal ingredients. “It’s the epitome of farm to fork,” said Peterson. “That should be an expectation for savvy diners.”

Shangri-la serves an elevated style of comfort food — but instead of the typical entrée selections, the dishes

are designed to be shared. “That’s how I like to eat. I want all the flavors,” said Peterson, “I want to try everything.” Peterson said that the family-style experience is more fun: “It’s more social — to break bread and gather around the table. I think it stimulates conversation.”

Along with specially curated food and drinks, Peterson said that creating “a lifestyle vibe involves offering a little bit more.” In addition to the indoor dining room and bar, Shangri-la has seating on the patio with an outdoor bar, fire pits, two bocce ball courts, and a welcoming policy toward friendly dogs and their owners. “We want people to enjoy themselves and know we’re bringing them a beautiful meal,” said Peterson.

After enjoying a meal with friends on the patio of Shangri-la, Rachel

Maskell said, “It’s one thing to have a very beautiful space — and they’ve definitely done that, they’ve got the Palm Springs vibe — but the food is actually so good, which makes me super happy. ... You know it’s fresh.”

When asked about the meaning of the name, Peterson said, “I was trying to come up with a name that really represented the place I was creating, and Shangri-la came to mind ... a mythical, utopian place where people go to escape their troubles, and I think we need that right now.”

With the successful opening and positive local response, it is a surprise to learn that creating Shangri-la was a long and difficult process. “It was more than challenging,” said Peterson. “We got held up with a lot of red tape with Sacramento County.”

Continued on page 3

## Crisis Support for Foster Youth and Families

By Andrea Sandoval, Sacramento County

**SACRAMENTO COUNTY, CA (MPG)** - “The Source,” is a new, free, 24/7 support service for foster youth and resource families living in Sacramento County. The service, implemented by Department of Health Services and the Sacramento Children’s Home, connects foster youth, and former foster youth, up to age 21 and resource families to licensed professionals who immediately provide guidance, support, and connection to critical resources.

The 24/7 hotline is staffed with operators trained to de-escalate situations and help callers work through conflicts and tension to support foster placements. The hotline will prioritize crises and when needed dispatch mobile response teams to provide additional support. The mobile response teams are made up of social workers, behavioral health specialists, as well as peer partners, which could be former foster youth or caregivers to provide assistance in supporting placement stability.

“The Source is designed to provide foster youth and foster families with high levels of support and stability when challenging situations arise,” said Michelle Callejas, Director of Sacramento County Department of Child, Family and Adult Services. “This is the only foster youth/family support line of its kind in Sacramento and we are grateful to the Sacramento Children’s Home for their service and partnership.”

Foster youth and their resource families can access The Source’s crisis hotline by calling or texting 916-SUPPORT or by using the online chat option on their website. The Source team can also provide in-person support at homes, schools, and community locations.

### Available Services:

**Support for Youth** – Support when youth need help handling life’s changes. Help to solve problems and create a plan for the future; **Support for Caregivers** – Assistance to aid overcoming conflicts and challenging situations in the family. Intense, short-term support is available, as well as resources to create a plan for the future; **Referrals** – Get connected to other supports and programs in the community; **Activities** – Have fun attending activities with other youth in the community; **Advocacy** – Support from staff who have similar experiences to youth and caregivers.

“These types of programs are an example of how County departments are listening to the community and partnering with organizations to work to improve

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## SAFE Credit Union to Match Up to \$10,000 in Donations Made to Sacramento Stand Down

By Carole Ferguson, SAFE Credit Union

**FOLSOM, CA (MPG)** - SAFE Credit Union is pledging to donate up to \$10,000 in donations made to the Sacramento Stand Down Association to assist that organization in recovering from a recent theft of \$40,000 of supplies meant for distribution to Sacramento-area veterans. Sacramento Stand Down will hold its annual event on Aug. 9-10 where homeless and other veterans in need gather to receive services, medical assistance, and connect with government agencies and businesses to help get their lives back on track. The items stolen in the theft were designated to be given to veterans at the August event.

“When SAFE leaders



SAFE CU employees volunteer at a Stand Down event. Photo courtesy of SAFE CU

heard about the unconscionable theft from Sacramento Stand Down Association, they knew that they needed to step in to help,” said SAFE Community and Advocacy Engagement Manager Amanda Merz. “Assisting veterans is one

of our main pillars of philanthropy at SAFE and we consider it a privilege to help those who have served us.”

SAFE will match donations made to Sacramento Stand Down Association now through Aug. 10, up to \$10,000.

“The veterans that depend on us are in need and now is the time to band together as a community to support them,” said Sacramento Stand Down Association President Randy Smith. “Our promise has been

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# Locals Gather to Drink and Dine at Shangri-la

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... It was beyond what I could have imagined.” A process expected to take one year instead dragged into two, doubling the time and money Peterson put into the venture.

Peterson said she was stuck in design review with the County for months, but it felt more like a “design critique” as they held up the process over minor aesthetic details without citing any code to back up their objections. “I felt it was irresponsible. They had zero sense of urgency to help get this business going.”

“Small business owners are not supported by the County. I definitely saw that firsthand,” said Peterson. “I want to champion for small business owners, especially women.”

Peterson is proud to be a local business owner and is grateful to have talented

people working with her, including executive chef Jodie Chavious, chef de cuisine Russell Middleton, and bar manager Brett Walker. “I’ve built an amazing team here,” said Peterson. “I can have all the amazing ideas but without that support it stays as a concept.”

Peterson grew up in Fair Oaks and recently moved back after living in San Francisco for more than 20 years. “I was born and raised here, and I saw the need for high-quality food and drink in Fair Oaks. That’s what inspired me to start the restaurant. ... It’s been really personal and special to be able to bring this to my home town.”

Shangri-la is located in Fair Oaks Village at 7960 Winding Way. The restaurant is open Tuesday through Sunday from 5:30 PM to 9:00 PM. For reservations, visit [www.shangrilafairoaks.com](http://www.shangrilafairoaks.com). ★

# Governor Newsom Needs to Return Funds Intended for Disadvantaged Families

By Jacqui Nguyen

**SACRAMENTO, CA (MPG)** - Senate Republican Leader Shannon Grove (R-Bakersfield) issued the following statement after the California Supreme Court recently upheld a ruling by the Third District Court of Appeal which had ordered California to use funds collected during a 2012 Mortgage Settlement lawsuit to help struggling homeowners. The settlement agreement collected \$331 million to help financially-distressed homeowners victimized by

unfair lending practices and was intended to provide legal aid, foreclosure hotlines, consumer education and efforts to combat financial fraud.

Instead Governor Brown spent the money on other programs. Since then, two separate court rulings have ordered California to return the funds to their intended purposes. Governor Newsom filed an appeal to one of the court rulings and just recently, the California Supreme Court weighed in.

“Legislative Republicans have been fighting this issue to help distressed

homeowners since 2015. With the recent decision from the state’s highest court, this is a victory for those homeowners and validates what legislative Republicans have been advocating all along. I urge the governor to return the settlement funds to help struggling homeowners and fulfill the original intent,” said Senate Republican Leader Shannon Grove.

*Senate Republican Leader Shannon Grove represents California’s 16th Senate District*

*Source: Senate Republican Caucus Office* ★

# California Deserves a Comprehensive, Independent Audit

By Jacqui Nguyen, California Senate Republican Caucus

**SACRAMENTO, CA (MPG)** - Senate Republican Leader Shannon Grove (R-Bakersfield) issued the following statement in response to the Governor’s announcement of new leadership at the Department of Motor Vehicles and release of results from the DMV Strike Team:

“After years of mismanagement, illegally registering foreign nationals to vote, and changing the voter registration of tens of thousands of Californians, the governor needs to acknowledge that the DMV is structurally-flawed. The only thing the DMV has been good at recently is wasting taxpayers’ time and money.

“Like the mismanaged High-Speed Rail Authority, Democrats’ solutions for failing government bureaucracies seem to throw more money at them and hope for the best.

I wish the new director and staff well, but fear we are just rearranging deck chairs on the Titanic.

“Senate Republicans have been calling for a comprehensive, independent audit and all Californians have gotten are excuses from the DMV. Californians deserve nothing less than a top to bottom audit of the DMV,” said Senate Republican Leader Shannon Grove.

Senate Republican Leader Shannon Grove represents California’s 16th Senate District which encompasses large portions of Kern, Tulare and San Bernardino counties and including the cities of Bakersfield, Barstow, California City, Exeter, Frazier Mountain, Joshua Tree, Mojave, Needles, Ridgecrest, Rosamond, Taft, Tehachapi, Twentynine Palms, Tulare, Visalia, Yucca Valley and portions of the Kern River Valley. Follow her on Facebook and Twitter.

*Source: California Senate Republican Caucus* ★

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# Fair Oaks Chamber Corner



Julie Anderson employee of Del’s Family Pizza brings a delicious pizza to multi chamber Power Lunch attendees. On the left: Rose Erickson, Fair Oaks Chamber of Chamber of Commerce Secretary; Diana Cralle a Tupperware Home Economist and member of Fair Oaks Chamber of Commerce; And on right: Victoria Ridge of Togo’s Citrus Heights Chamber of Commerce Ambassador and Gary Spainhower, a chiropractor and member of the Rancho Cordova Chamber of Commerce. Photo by Patrick Larenas

By Dot Boyd,  
Fair Oaks Chamber of Commerce

**FAIR OAKS, CA (MPG)** - On August 2nd, it was our chamber’s turn to host the quarterly Sunrise Corridor Multi-Chamber Power Lunch. Over fifty business owners enjoyed an all you can eat buffet and salad bar at award-winning, Del’s Family Pizza! It was a great coming together for business owners and various organizations from Carmichael, Citrus Heights, Rancho Cordova and Fair Oaks Chambers. Philip Norton, Field Representative for Congressman Ami Bera, joined us as well.

It has been a busy summer for our two candidates, vying to replace our current and 41st Honorary Mayor, Keith Wright, and Director of

the OV-FO Food Bank. Jacob Giorgi, President of House to Home Moving, is fundraising for Adopt an-Elder Foundation, a local non-profit serving low income, high-risk seniors. The Foundation relies on grants, donations, and fundraising activities to fulfill its mission. It can take as little as \$1200 to “adopt” an at-risk elder for an entire year. Matthew Mason, owner of Matthew Mason Graphics, is the youngest candidate in the forty two year history of the Honorary Mayor fundraising program. Matthew graduated from Bella Vista High School this past June, and is supporting the BV Visual Arts Department, to help with badly needed art supplies. The candidate who raises the most money by early September will earn the coveted title at the Honorary Mayor’s

Reception on Wednesday, September 11th at North Ridge Country Club! We will also be announcing the new Jr. Honorary Mayor and Miss Fair Oaks Ambassador that evening. You won’t want to miss this wonderful evening!

We are wrapping up the Concerts in the Park summer series on Thursday, August 22nd! Thank you to all of our community partners, sponsors, musicians, volunteers, and attendees for making it another summer to remember!

Please visit <http://www.fairoakschamber.com/> for the event calendar, to donate to the candidates, to purchase event tickets and last but not least, to access our complete Member Business Directory. Your continued support of our member businesses is much appreciated!

See you in Fair Oaks! ★



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Car show begins at 9am. Registration 7:30 - 9am. No early birds.

**Fundraising proceeds benefit the Citrus Heights Police Activities League**



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# SAFE Credit Union to Match Up to \$10,000 in Donations Made to Sacramento Stand Down

*Continued from page 1*  
to help and support our homeless veteran population get back on their feet and though this loss has hit us hard, we will not renege on our promise! Our motto is that no brother or sister is left behind, that promise doesn't have a qualifying statement - it must and will be kept. We thank you for your support and are proud to call you our partner.”  
At last year's two Stand Down events, some 600 volunteers served more than 300 veterans by providing them meals, clothing, medical services, and connections with government agencies, nonprofits, and businesses. Altogether, there are 667 homeless veterans

in Sacramento, according to the 2019 Point In Time homeless count. Stand Down works to help homeless veterans who are disabled or mentally ill receive housing.  
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# Workshop for Businesses Required to Subscribe to Services

**By Susan Peters, Sacramento County Supervisor**

**SACRAMENTO COUNTY, CA (MPG)** - The Regional Solid Waste Authority (SWA) will be holding a workshop on Tuesday, August 13, to seek input on code changes intended to increase generator waste compliance levels in accordance with mandates required by the State of California. These mandates will affect all businesses that generate four or more cubic yards per week of all solid waste (including trash, recycling and organics).  
The SWA needs business engagement and consensus on developing workable solutions to be successful in meeting these state mandates. Both Sacramento County and the City of Sacramento are under intense compliance pressure from the California Department of Resources, Recycling, and Recovery (CalRecycle) to achieve greater compliance with existing commercial sector recycling regulations

as a result of the Mandatory Commercial Recycling Act (AB 341) adopted by the California Legislature and implemented by CalRecycle. It requires recycling by all businesses that generate four or more cubic yards of solid waste per week. In addition, AB 1826 requires businesses generating 4 or more cubic yards of trash and recycling to recycle their organic waste.  
Currently, SWA code allows businesses to decline recycling services from their trash service provider and seek those services elsewhere. The proposed plan would require SWA franchisees to provide recycling and organics services to a business unless that business provides documentation their recycling services are provided by another recycler or by self-hauling.  
The workshop on requiring businesses to subscribe to services for trash, recycling and organics will held at 1 pm in the County Board Chambers, 700 I Street, in downtown Sacramento. If you have questions, please email [SWAInfo@sacounty.net](mailto:SWAInfo@sacounty.net). ★



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**Mary Jane with her brother Johnny Popp.** Photos courtesy Mary Jane

## *Loss and Hope*

How do I begin to explain how deep a loss can be? Instead, perhaps we should look at the positive side of loss. It may not seem like that at the time, but then you look back and the picture becomes clear. You see, I just recently lost my one and only sibling, Johnny Popp. It comes hard to accept that life will come to an end for each and every one of us. But then I began to remember all the wonderful times we had growing up. Oh yes, we had our squabbles. I was the kid, some eight and a half years younger, who wanted to hang out with my big brother. Not the best scenario for a boy growing up.

There were battles, but the time I remember best is when I was about 17 or 18. We had a disagreement and we were going at it until he just gave me a shot in the arm. No big deal. In the past, I would have just given it right back. But this time, I sat on the bed and began to cry. I remember how he looked at me so confused. He asked why I was crying. I blurted out that I wasn't a little kid any more. I was a grownup woman and he was still treating me like a child. Those eight and a half years melted away as he sat next to me and tears ran down his cheeks. He said how sorry he was that he did not realize I wasn't that

pesky little kid any longer. From then on, Johnny and I were very close. Even though we lived some 2000 miles apart, we talked often. The last few years became difficult for him health wise, but we would speak every morning as I drove to the radio station. The conversation was not especially significant. Who cared? It was just a brother and sister sharing what was happening in our lives.

We had so many trips and cruises with Johnny and Mary Frances. Fun times and lots of laughter. By the way, I introduced them at Indiana University. They would have had their 49 year wedding anniversary coming up soon. I guess I did good as a matchmaker! But Johnny always remained my big

brother. He always worried about me and Rick, my husband, who he really thought of as his brother. He would ask if there was anything he could do for us. There are so many more stories I can tell, but that would take a book to relate. What I will remember from all our conversations is how he always ended them, "Love you and take care of yourselves." My dad used to say the same in his own way. Family comes first.

# Unsecured Property Taxes Are Due August 31

**Sac County Press Release**

**SACRAMENTO COUNTY, CA (MPG)** - Annual bills for Sacramento County unsecured personal property taxes for fiscal year 2019-2020 were mailed on July 12, 2019, and are payable without delinquent penalties through Aug. 31, 2019.

Unsecured property tax bills are mailed to all owners of unsecured property in July of each year. If you owned unsecured property in Sacramento County, such as a boat or aircraft, or if you leased or owned fixtures and equipment related to a business on Jan. 1, 2019, and do not receive a tax bill by Aug. 7, 2019, please contact the Sacramento County Tax Collector's Unsecured Property Tax Unit at (916) 874-7833, between the hours of 9:00 a.m. and 4:00 p.m., Monday through Friday excluding holidays.

Nonreceipt of a tax bill does not excuse delinquency or allow the tax

collector to cancel penalties or collection costs.

Tax bills become delinquent if not paid in the Tax Collector's Office by 5:00 p.m. on Aug. 31, 2019, or received by mail bearing a postmark of Aug. 31, 2019.

If the tax bill is not paid by the delinquency date, a 10% penalty and collection cost will be added. DMV registration may be withheld on boats if unsecured property taxes are reported delinquent. If a tax bill remains unpaid after Oct. 31, 2019, additional collection costs and monthly penalties at the rate of 1.5% will be added to the base tax.

Payments may be made by mail or in person at the County Tax Collector's Office located at 700 "H" Street, Room 1710, Sacramento, CA 95814, between the hours of 8:00 a.m. and 5:00 p.m., Monday through Friday, holidays excluded. For credit/debit or eCheck payments please visit the Sacramento County Property Tax Bill Information System website. ★

# Social Security Phone Scam

***By Shelly Orio,  
Sac County DA's Office***

**SACRAMENTO REGION, CA (MPG)** - District Attorney Anne Marie Schubert is alerting Sacramento County residents about a Social Security number phone scam.

receiving phone messages advising them that their social security number has been frozen, and if they want to learn more they need to press a number on their phone. This is not true.

press the number or button requested to learn more information. Do not engage a caller as your voice may be recorded.

Learn how to report these impersonations at the link provided: <https://blog.ssa.gov/is-that-phone-call-from-us/>. ★





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## CLUES

ACROSS

1. Takes as spoils
6. Toothy fish
9. Cookbook abbr.
13. Cavern
14. Opposite of hence
15. Planktonic tunicate
16. Hipbone-related
17. \*Studio link at beginning of "The Wizard of Oz"
18. Shylock's practice
19. \*It made the house pitch and the kitchen slither
21. \*Nikko and others
23. \*Wheel of Fortune \_\_\_\_\_ request
24. Printer cartridge color
25. Public health org.
28. Judo gym
30. Porter's dead gear
35. Bumpkin
37. Tap a baseball
39. Velázquez or Rivera
40. Share a boundary
41. Gardening tool
43. Prelude to a duel
44. Birth-related
46. Affirmative
47. Cannabis plant
48. Drew Barrymore's "Never Been \_\_\_\_\_"
50. Gulf V.I.P.
52. Cook's leaf
53. Underwater "nose"
55. Naught
57. \*Lion's lack
61. \*a.k.a. Tin Man
65. \*Relating to sight
66. Greek H
68. Upholstery choice
69. Like kale or spinach
70. 100 lbs.
71. The Three Musketeers' swords
72. Advil target
73. Like certain dog?
74. People of Denmark

DOWN  
1. Not of the cloth

2. Kind of child
3. Relating to ear
4. \_\_\_\_\_-la
5. Basic unit of time
6. \*Dorothy's last name
7. Grow gray
8. With ample space
9. Undertaking
10. \*Munchkins' favorite color, in Baum's book
11. Light on one's feet
12. \_\_\_\_\_ a visit, 3rd person singular
15. What cat did on the window sill?
20. Bragging mother, turned to stone in Greek mythology
22. Rowboat propeller
24. Become gelatinous
25. \*Baum's middle name
26. Home to Burj Khalifa
27. #40 Across, 3rd person singular
29. \*"Over the Rainbow" singer
31. DIRECTV competitor
32. Paparazzi's target
33. Old World lizard
34. \*Sleep-inducing flower
36. #66 Across, pl.
38. No I in it
42. Endangered odd-toed ungulate

45. Ivy League likely applicant
49. "Can you \_\_\_\_\_ it?"
51. Took part in Stonewall events, e.g.
54. Olden day doctor's prescription
56. Parkinson's disease drug
57. Type of pop
58. 14 oil-producing countries
59. Wyoming's neighbor
60. Excessively abundant
61. W on a bulb
62. Dignified manner
63. Sheltered, nautically
64. Monster's loch
67. \*Number of Wizard of Oz Oscar awards

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**Solutions on Page 7**



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# A Race Full of Meaning

Story and photos  
by Paul Scholl

**SACRAMENTO REGION, CA (MPG)** - The annual Fab 40's 5K Run keeps growing year after year. The event, sponsored by East Lawn Memorial Park, saw well over 1,000 runners appear on Saturday morning, July 27th in the perfect weather for a race around the 40's.

Proceeds from the huge fundraising event go to support the Alzheimer's Association of Northern California. Families from all over the area come together to support the cause and to honor their loved ones who have passed from the dreaded disease.

This annual event would not be possible without the

volunteer support of the entire staff from East Lawn and the dozens of sponsors who help make the day a big success.

The race is managed each year by Rich Hannah and the great team from CapitalRoadRace.com. Big Jim Hall from KHITS 101.5 announces each year, getting 99.9% of the names correct as they cross the finish line. It is a total team effort from everyone involved, with the feeling of cooperation, love and support permeating the experience for the participants.

For more information or to find support see [alz.org/norcal](http://alz.org/norcal).

To join in next year see [Fab40s5k.com](http://Fab40s5k.com). ★



Sal Arrigo gets in on the race fun.



Ainsley's Angels join in the race every year.



Big Jim gets 1049 names right!



There were over 1050 runners this year.



Above - The Kid's Race starts it all!

Right - Josh Tuttle of East Lawn gets an on air interview with Good Day Sacramento.



Warming up is important for every runner.



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# Citrus Heights Native Serves Aboard A Most Versatile Combat Warship

By Dusty Good,  
Navy Office of  
Community Outreach

**CITRUS HEIGHTS, CA (MPG)** - A 2010 Mesa Verde High School graduate and Citrus Heights, native provides key support as part of combat operations aboard future USS Billings, stationed at Naval Station Mayport, Florida.

Petty Officer 2nd Class Anthony Galvan serves as a mineman responsible for daily scheduling of operations.

Galvan credits success in the Navy to many of the lessons learned in Citrus Heights.

“Growing up in my hometown, my parents taught me the value of respect,” said Galvan. “Everything in the Navy is about respect.”

LCS is a fast, agile, mission-focused platform designed for operation in near-shore environments yet capable of open-ocean operation. It is designed to defeat asymmetric “anti-access” threats such as mines, quiet diesel submarines and fast surface craft.

The ship’s technological benefits allow for swapping mission packages quickly, meaning sailors can support multiple missions, such as surface warfare, mine warfare, or anti-submarine warfare. Designed to defeat threats such as mines, quiet diesel submarines and fast surface craft, littoral combat ships are a bold departure from traditional Navy ship-building programs. The LCS sustainment strategy was developed to take into account the unique design



**Petty Officer 2nd Class Anthony Galvan.** Photo by Senior Chief Mass Communication Gary Ward

and manning of LCS and its associated mission modules.

According to Navy officials, the path to becoming an LCS sailor is a long one. Following an 18-month training pipeline, sailors have to qualify on a simulator that is nearly identical to the ship. This intense and realistic training pipeline allows sailors to execute their roles and responsibilities immediately upon stepping onboard.

Galvan is now a part of a long-standing tradition of serving in the Navy our nation needs.

“Joining the Navy gave me the opportunity to make something of myself,” said Galvan.

Galvan is part of a warfighting team that readily defends America at all times.

“Serving in the Navy has allowed me to travel and see the world,” said Galvan.

Galvan is playing an important part in America’s focus on rebuilding military readiness,

strengthening alliances and reforming business practices in support of the National Defense Strategy.

“Our priorities center on people, capabilities and processes, and will be achieved by our focus on speed, value, results and partnerships,” said Secretary of the Navy Richard V. Spencer. “Readiness, lethality and modernization are the requirements driving these priorities.”

As a member of one of the U.S. Navy’s most relied upon capital assets, Galvan and other sailors know they are part of a legacy that will last beyond their lifetimes.

Serving in the Navy, Galvan is learning about being a more respectable leader, sailor and person through handling numerous responsibilities.

“Serving in the Navy means everything,” said Galvan. “It gives me a means to life for myself, a way to keep myself going.” ★

# Veterans Community Center to Hold Hawaiian Luau Fundraiser

**Veterans Community Center  
Press Release**

**CITRUS HEIGHTS, CA (MPG)** - The Veterans Community Center is hosting a Hawaiian Luau Fundraiser from 5:00 p.m. to 8:00 p.m. on Saturday, August 17, 2019, at 6921 Sylvan Rd, Citrus Heights, California 95610. This event is open to the public, friends, family, and all those who support our local veterans. The funds from the event will help the Veterans’ Community Center to provide a free and safe place for all veterans in Northern California.

This will be a great time to show support for all veterans and the Center! Tell families and friends to come and spend a great evening with food, fun, and live Hawaiian entertainment. There will be a raffle, silent auction, vendor shopping, and a chance to tour the Veterans Affairs Mobile Resource Center.

Parking will be at the Citrus Heights City Hall parking lot with free chauffeured limo transportation to and from the event. Tickets are only \$35 for general admission and \$50 for VIP seating.

Tickets can be purchased in person from Monday through Friday between 9:00 a.m. and 1:00 p.m. at the Veterans

Community Center located at 6921 Sylvan Rd, Citrus Heights, California 95610, or by contacting Michelle via email [VCCEvents95610@gmail.com](mailto:VCCEvents95610@gmail.com) or phone at 530-961-2649. Deadline to purchase tickets is August 7, 2019.

Be a sponsor! General sponsorship is \$200 and includes 2 general admission tickets and a half-page ad in the event program. Premier sponsorship is \$350 and includes 2 VIP tickets, a banner display, and a full-page ad in the event program. Contact Michelle Grant at [VCCEvents95610@gmail.com](mailto:VCCEvents95610@gmail.com) for sponsorship information, advertising, and volunteer opportunities. ★

**Schedule of Events:**

**5:00 PM - 6:00 PM**

Social Hour - Raffle, Silent Auction, Vendor Shopping, Visit the Veterans Affairs Mobile Resource Center

**5:00 PM - 8:00 PM**

Chauffeur Limo transportation from Citrus Heights City Hall parking lot to Center

**6:00 PM - 7:00 PM**

Hawaiian Buffet Dinner

**7:00 PM - 8:00 PM**

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# A Personal Blast Off!

By Sal Arrigo, Jr.

**SACRAMENTO REGION, CA (MPG)** - It all started in northern New Jersey at Kittle Field, a part of the Stokes State Forest Service. I was 10 years old and my Dad and I were about to blast off my first Estes model rocket. I was hooked after that experience. Fast forward to July 16, 2019, and I was at the U.S. Space Center in Huntsville, Alabama, ready to witness the world record attempt of the launching of 5,000 model rockets simultaneously in honor of the 50th anniversary of the moon landing and the Apollo 11 astronauts.

To achieve the record, the Rocket Center said the launch must meet the following criteria: Use commercially available rockets and build them following basic manufacturer guidelines; Pass 30 meters (or about 100 feet) in altitude; Have an independent specialist verify the counting method. An independent specialist is anyone who can claim a general level of experience or knowledge in the specific field of our record attempt (someone who has experience with model rocketry or aerospace engineering.)

Part of the verification process is determining that a record number of rockets exceeded the 100-foot threshold. The launch at the US Space Center successfully launched 4,923 model rockets. Although confident that the 100-foot mark was achieved, (the previous world record was 4,231 model rockets successfully launched), the Space Center said it may take up to 16 weeks to receive confirmation from the Guinness World Records officials.

What fascinates us with the moon and the stars and the planets? The Apollo 11 astronauts represented all those people like us who thirst for adventure, and we are fascinated when someone actually lives our dream for us. I met a volunteer named Eli, who works as a Planetarium Specialist at the US Space Center. He told me he has a love of rockets and enjoys “educating people about his work.” We discussed how many people, approximately 3,000, came to witness the model rocket launch.

One aspect of the launch was the number of children who witnessed the event, and it makes sense since children from all over can enjoy Space Camp at the US Space Center. It is one of the most popular programs, and according to the US Space



Image of a Saturn V rocket like the one that carried the Apollo 11 space capsule to the Moon.  
Photo by Sal Arrigo, Jr.

Center it is “designed to inspire and motivate youth to push the boundaries of human exploration just as generations before them did. Space Camp is internationally popular, with visitors from all 50 states and more than 60 foreign countries.”

As you start to grasp the history that

surrounds you at the US Space Center, one does not need to go any farther than to stand face to face with two of the most iconic symbols that represent our space program – the Saturn V rocket and the Space Shuttle. I have to admit I am still in awe of seeing these two monuments, and part of

the generation that welcomed them to our side. What was it like to be in these vehicles for our space explorers? Fortunately, we had a president that also wanted to know the answer.

In September 1962, President John F. Kennedy gave a speech that focused the United States on landing men on the moon. The President said, “... the vows of this Nation can only be fulfilled if we in this Nation are first, and, therefore, we intend to be first. In short, our leadership in science and in industry, our hopes for peace and security, our obligations to ourselves as well as others, all require us to make this effort, to solve these mysteries, to solve them for the good of all men, and to become the world's leading spacefaring nation.”

It wasn't long after that we became “trekkies” and became obsessed with the science fiction television show called “Star Trek” that debuted in 1966 and ended in 1969, just one month before we landed men on the moon. Whether a television show or a real life space drama, we were imagining being on the moon, or being one of the characters on “Star Trek.” I take note when we can see an eclipse, or to see the planets align, or witness shooting stars. What exactly is out there in space?


Now nearly fifty-seven years since President's Kennedy speech, the National Aeronautics and Space Administration (NASA) has announced the creation of the Artemis program. Artemis was the twin sister of Apollo and goddess of the Moon in Greek mythology. The goal of the program is to return astronauts, including the first woman and the next man, to the lunar surface by 2024. American astronauts will also step foot where no human has ever been before - the Moon's South Pole. When Neil Armstrong walked on the moon, it is estimated that 600 million people watched, and I ask you, will you and your family be watching in 2024?

For more information on the US Space Center and the City of Huntsville (the Chamber of Commerce is especially helpful), please visit these helpful websites:

<https://www.rocketcenter.com/>  
<https://www.rocketcenter.com/INTUITIVEPlanetarium/daily#page-title>  
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# 10th Annual Veteran’s Appreciation and Resource Picnic to Be Held

By Elise Spleiss

**CITRUS HEIGHTS, CA (MPG)** - The Citrus Heights American Legion Post 637 is once again gearing up to host the annual Veteran’s Appreciation and Resource Picnic to honor the area’s active duty servicemen and servicewomen, our retired veterans of past wars and conflicts, and their families.

This free event will be held Saturday, August 24, at Rusch Park, 7801 Auburn Blvd. at the Gazebo/Pavilion and picnic area from 10 a.m. to 3 p.m. All veterans and their families and friends are welcome.

The day will begin with the Citrus Heights Community Marching Band featuring some of its new repertoire. The Folsom Marine Corp Honor Guard will present colors, followed by the Pledge of Allegiance, and the National Anthem sung by Air Force Army Veteran James Miranda. Immediate Past Commander Paul Reyes will represent newly elected Post 637 Commander Sylvia Thweatt as Master of Ceremonies.

A special ceremony will again be held to honor an outstanding veteran and this year’s Police Officer of the Year.

Folsom resident Robert Snyder enlisted in the U.S. Navy at the age of 17, retiring after 22 years. Part of his service was on the U.S.S. Enterprise. For his second stint of 22 years Snyder worked for

the Department of the Army out of the Sacramento Army Depot, helping prepare equipment for use in Operation Desert Storm. Twenty-two years later he again retired from service to his country.

K9 Officer Kyle Shoberg of the Citrus Heights Police Department (CHPD) has served the force for nine years. He will be honored as the American Legion’s Officer of the Year for, among a variety of other accomplishments, “his exceptional performance as a K9 handler, Wellness Advocate and as one for the CHPD’s Top Cops”.

Lunch will be a hot dog and hamburger barbeque with all the fixings prepared by Wild Wade’s BBQ of Citrus Heights. Music will be provided by DJ Carlos Verrett.

Dozens of veteran and non-profit resources including Veteran’s Administration representatives will be available to retired and active duty veterans. Scheduled children’s crafts and other activities will be provided by local Pageant ambassadors and princesses.

Picnic sponsors and members of the community are generously donating gift baskets and other opportunity drawing prizes to show their appreciation to our veterans. Raffles will be held throughout the day.

Covered, accessible picnic tables are available or bring your own chairs, blankets and umbrellas. Thank you for your service. ★

# Motorist Killed in Solo Vehicle Collision on I-5

By Mike Zerfas, California Highway Patrol

**SACRAMENTO, CA (MPG)** - On August 1, 2019 at approximately 0937 hours, The California Highway Patrol (CHP) received a call of a solo vehicle traffic collision on the transition road from I-5 northbound to I-80 eastbound. CHP Officers and Sacramento Metro Fire Department personnel arrived on scene and discovered a red Ford Mustang had collided with a tree. The driver and solo occupant of the vehicle, a 19-year old man from Vallejo, was pronounced deceased on scene.

The motorist was driving his Mustang on the transition road at what a witness reported was a high rate of speed when, for unknown reasons, he veered to the right, left the roadway, and collided with a tree. The cause of this collision is under investigation.

Any persons who may have witnessed this collision or who can provide any additional information regarding this collision should call Officer Mike Zerfas at the North Sacramento Area CHP office at (916) 348-2300 or cell phone at (916) 798-0975. Follow us on Twitter @chpsac or like us on Facebook.com/chp-northsac ★

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