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# AMERICAN RIVER Messenger

"Written by the people, for the people"

VOLUME 14 • ISSUE 01      Serving Fair Oaks, Orangevale & Sacramento County      JANUARY 11, 2019

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## Housing the Hungry, Homeless in Schools



Human beings are scattered in parks and vacant lots like war-refugees, lacking even basic needs we take for granted - a clean bed, a warm shower, and a regular meal. MPG stock photo

**Commentary  
by Tab Berg**

Homelessness is a tragic and growing problem. Human beings are scattered in parks and vacant lots like war-refugees, lacking even basic needs we take for granted - a clean bed, a warm shower, and a regular meal. If you take the time to learn their stories, you can't help but ponder, "there but for the grace of God go I."

The homeless also create real problems - aggressive panhandling impacts businesses, discarded needles and feces accumulate on our streets, waste and urine give rise to dangerous pollution of our rivers & streams, and campfires threaten to loose wildfires on the American River Parkway. Perhaps the fastest growing concern is that the homeless are far more likely to spread

contagious diseases - including some thought to be nearly eradicated in the US.

This dichotomy makes solutions difficult.

Taxpayers, non-profit groups, and churches spend millions of dollars and volunteer hundreds of thousands of hours trying to alleviate this suffering. Some programs, like St. John's Program for Change, are designed to break the cycle of homelessness by providing job-training and life skills; while others exist to provide short-term relief.

One of the later is the Winter Shelter program, supported by HART, the County of Sacramento, and the Sacramento Catholic Diocese. The program supplies meals and overnight shelter during the coldest months, often housing them in local schools or churches.

Given the higher rate of

contagious diseases, mental health problems, IV drug use, and growing segment of homeless population from early prison releases, there is a question of whether housing the homeless in schools and childcare facilities is safe or appropriate - especially when other facilities are available.

The program runs from December 31 to February 24. Schools are vacant for Christmas Break during a portion of that time, but most run while children are in school, where students will be using the same facilities, including bathrooms, within hours of the shelter program.

So far, the schools used have been largely limited to Catholic schools in the Sacramento Diocese — primarily those in working class zip codes with the lowest income levels.

But that doesn't mean

risks should be ignored; rather if such a program is to be successful, every effort should be made to ensure the health and safety of students and the public. The fallout, should an incident occur or a child be harmed, would be catastrophic for the program and the church. And it would drive away public support for other programs to help the homeless.

Last year, a Hepatitis-A outbreak among the homeless spread to the general public, resulting in over 20 deaths and 500 hospitalizations in San Diego. Two years ago a sudden outbreak of Rotavirus, which is transmitted the same way as Hepatitis-A, closed down multiple schools in Sacramento County. Earlier this year, Los Angeles reported an outbreak of Typhus in the homeless

*Continued on page 10*

**Start Your  
New Year  
Right - Adopt  
a Shelter Pet**



**By Allison Harris,  
Sacramento County  
Media**

**SACRAMENTO COUNTY, CA (MPG)** - Want a happy start to your new year? Why not adopt your new best friend from the Bradshaw Animal Shelter? Adoptions are only \$25, and we've already had our first adoption of 2019!

Athena, known affectionately as "Pudding," is a Pit Bull Terrier mix who has lived at the Bradshaw Animal Shelter since Nov. 29, and was also the shelter's first adoption this year.

Over the weekend, Athena's new parents, Cassidy and Agama, drove down from Folsom to adopt her, but she just wasn't available to leave yet, so they had to wait a few more days. Not wanting to let this sweet pup go home with another family, Cassidy and Agama arrived right when the shelter opened. One stood in front of the kennel to keep Athena company while the other waited in the adoption line to sign her paperwork.

Athena was very excited to go home with her new parents, where she will have the opportunity to show off her sweet personality and be her gentle, playful, cuddly self.

The Bradshaw Animal Shelter has a wide variety of animals available to adopt today. Cassidy and Agama may have adopted Sacramento County's first animal in 2019, but it's not too late to adopt your new best friend in 2019.

*Source: Sacramento County.* ★

## Speed Bump Coming for Local Business?

*The latest job demand and hiring trends*

**By Rick Reed**

**SACRAMENTO REGION, CA (MPG)** - Employers are downshifting in the hiring race as 2019 begins. One regional company is reducing workforce by more than fifty percent (50%) as tariff related contract losses impact Sacramento area employment. In direct contacts with regional employers between November 19th and December 17th, Pacific Staffing discovered fifty-six percent (56%) of companies are hiring in the First Quarter of 2019.

Hiring has pulled back  
*Continued on page 3*



Employers are downshifting in the hiring race as 2019 begins. MPG file photo.

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# SMUD Board of Directors Approves 2019 Budget

**SMUD Special Release**

**SACRAMENTO REGION, CA (MPG)** - The elected SMUD Board of Directors approved a \$1.71 billion budget. The 2019 budget provides funding for all capital and operations and maintenance (O&M) programs needed to meet the Board's Strategic Directions in the year ahead and in future years.

The 2019 budget is \$25 million less than the 2018 budget, which is primarily due to lower planned capital expenditures, though SMUD anticipates an exciting and transformational year as the electric company continues laying the foundation for the future. Next year's budget includes funding for many industry-leading initiatives and a variety of programs and investments that support the development of SMUD's load-serving capacity, grid modernizations and compliance with regulatory requirements. Support for outreach and communications to educate customers about SMUD's move to time-of-day pricing is also included.

Some major capital projects for next year include the rebuilding of three major substations that serve large

numbers of residential and commercial customers, hydro generation facilities work and the designing and building of a new energy control facility. Completion of the SMUD Headquarters remodeling project, and new and ongoing technology projects are included as well.

Other major projects include removing and replacing more than 50 circuit miles of cable; automation of a couple of dozen high-voltage switches; upgrades and expansion of the downtown Sacramento electrical distribution network; expansion of the grid into new communities in Folsom and Rancho Cordova; and improvements at a bulk substation that serves the Arden area.

SMUD continues to be in a strong financial position. In 2017, Fitch and S&P upgraded SMUD's credit ratings to AA, from an already impressive AA-, while Moody's continues to rate SMUD Aa3. To maintain these credit ratings, which continue to be the highest in three decades, SMUD has a strategic financial target to maintain strong operating cash flow. Forecasted 2019 operating cash flow cover is 1.76

times operating cash flow, which exceeds the SMUD Board's minimum target of cash flow cover of 1.5 times operating cash flow and supports a higher level of proposed capital spending. The higher credit rating produces a lower cost of borrowing.

SMUD customers continue to pay significantly less for electricity than most Californians, and as of September 1, 2018, more than 30 percent less than customers who are supplied by neighboring PG&E.

As the nation's sixth-largest, community-owned electric service provider, SMUD has been providing low-cost, reliable electricity for more than 70 years to Sacramento County (and small adjoining portions of Placer and Yolo Counties). SMUD is a recognized industry leader and award winner for its innovative energy efficiency programs, renewable power technologies, and for its sustainable solutions for a healthier environment. SMUD's power mix is about 50 percent non-carbon emitting. For more information, visit [smud.org](http://smud.org).

Source: SMUD Media ★

# Sac County Airport Firefighters "Brave the Shave"



Sacramento County Airport Firefighters "Brave the Shave" in honor of Captain Anderson. Photo courtesy Sacramento County

**Sacramento County Special Release**

**SACRAMENTO COUNTY, CA (MPG)** - Sacramento County Airport Firefighters shaved their heads as part of the second annual "Brave the Shave" in honor of Captain Tim Anderson, a Sacramento County Airport Firefighter who lost his life to cancer in 2017. Brave the Shave was started one year ago by Tim's son Mason, when his mother Lacey was diagnosed with breast cancer just 6 months after his dad, Captain Tim Anderson died.

After hearing the news

of his mom's diagnosis, Mason at 10 years old wanted to have a shaving party in an effort to turn a difficult situation into something positive. Mason challenged local area firefighters to shave their heads with him as a way to honor his dad and support his mother. In 2017, 112 firefighters in 4 states and 2 countries shaved their heads in support of the Anderson family.

Mason's mom Lacey is now cancer free and this year Mason would like to open Brave the Shave up to all firefighters and their families affected

by cancer in an effort to make December Firefighter Cancer Awareness month. Firefighters and anyone else wanting to offer their support were asked to shave their heads in the month of December and post the pictures or videos to Mason's Facebook page Brave the Shave with Mason Anderson or his Instagram Brave the Shave Mason Anderson. This year's goal is 150 shaved heads. Mason is only 57 shaved heads away from meeting that goal!

Source: Sacramento County Media ★

# Start Planning Your New Year's Resolutions

**Sacramento County Special Release**

**SACRAMENTO COUNTY, CA (MPG)** - As we ring in the New Year: See how Sacramento County can help you keep your 2019 New Year's resolutions. Whether it's eating healthy,

traveling or volunteering in the community, the County is here to help.

- Get more exercise in by cycling the miles of trails at our Regional Parks.
- Get a new furry family member and adopt a pet from Bradshaw Animal Shelter.

- Get involved in the community and volunteer with a Sacramento County organization.
- Get healthy and visit Be Healthy Sacramento, a hub for data, education and health tips. Also, visit the Health and Social Services webpage

to learn about vital information and services.

- Get traveling and visit one of Sacramento International Airport's new nonstop destinations including León (Mexico), Washington D.C., Detroit, Boston, Maui, Oahu, Kona and many more!

- Get yourself and your family a good emergency preparedness plan in place before an emergency strikes – and, sign up for Emergency Alert Notifications! Find out more at <http://www.saccounty.net/news/>

★

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# Fair Oaks Chamber Corner



There's a new rooster in town! Have you seen Hermie, yet? Drive by the corner of Fair Oaks Blvd and California Ave in Fair Oaks Village.

**By Dot Boyd  
Ambassador Chair  
Fair Oaks Chamber  
of Commerce**

Happy New Year! We're off to a fast start with our 3rd Annual Best of Fair Oaks Awards Night, on Thursday January 24th at North Ridge Country Club! Come celebrate local businesses and find out who the winners are for 2018! Tickets are available at [www.bestoffairoaks.com](http://www.bestoffairoaks.com). This popular event will sell out in advance, so don't miss out!

We have a new Board of Directors for 2019, sworn

in by Assemblyman Kevin Kiley at the December luncheon. Look for the list and a photo in the next issue. Here's to another banner year!

There's a new rooster in town! Have you seen Hermie, yet? Drive by the corner of Fair Oaks Blvd and California Ave in Fair Oaks Village and you can't miss him. Here's the backstory: two Bella Vista HS students, Matthew Mason and Alayna Nash, had the idea of a mural for a community project in their Advanced Drawing and Painting class. Their muse,

the real rooster Hermie, was named by Julie Mietus. Julie says, "Hermie is named after my dad, the one and only Herman John Ravizza. He bought the building in the early 1970s and even now at the age of 96, it's still the one thing he asks about every day." Matthew, who leads the FO Chamber Youth Ambassador Council, said that it took the two of them about thirty hours to complete the mural, often under the watchful eye of Hermie, scattering about like he does daily. I asked Matthew what his art teacher, Ms. Garman thought of their finished work and if they have received their grade yet. He said, "she was proud of their accomplishment and it will for sure be a passing one!" I'm sure Herman and Hermie would agree!

Thank you for shopping locally! Your support of our member businesses helps us give back to our community year after year. Our Member Directory is always available at [www.fairoakschamber.com](http://www.fairoakschamber.com). See you in Fair Oaks! ★



**By County  
Supervisor  
Susan Peters**

Through the generosity of *The American River Messenger* this column serves to provide an update about matters affecting the unincorporated community of Fair Oaks.

**January Community Coffee Meeting**

On Wednesday, January 30, I will be holding my first Community Coffee Meeting for 2019 and the guest speaker will be Captain Santos Ramos, the commander of the Sheriff's North Division. Among the unincorporated communities served by his division are Arden Arcade, Carmichael, Fair Oaks, Foothill Farms and North Highlands.

The meeting will be held in the Fair Oaks Water District Conference Room in Old Fair Oaks Village (10326 Fair Oaks Blvd) at 7:30 am. As usual, I'll provide a brief update on County issues and then we'll have our guest speaker followed

## FAIR OAKS COMMUNITY UPDATE

by Questions and Answers.

Besides being responsible for the area's patrol activities, Captain Ramos has the Problem Oriented Policing (POP) and the Homeless Outreach Team (HOT) Units under his command. It should be an interesting discussion.

And coffee, of course, will be provided.

**Volunteer for Homeless Point-In-Time Count**

Volunteer registration for the 2019 Homeless Point-In-Time Count is now open. This biennial count is a county-wide special census required by the U.S. Department of Housing and Urban Development and provides a snapshot of who is experiencing homelessness on any given night.

The count will be conducted during the evenings of January 30 and 31. Sacramento Steps Forward, a nonprofit organization committed to ending homelessness, is partnering with California State University Sacramento's Division of Social Work and the Institute for Social Research in this effort and is in need of volunteers. Participants will be trained and grouped in teams to canvass the community in organized deployments during the two evening counts, rain or shine.

Volunteering does not require any prior experience but you must: be 18 years of

age or older; have a strong interest in helping people who are experiencing homelessness; and attend the required training to learn to safely conduct accurate counts with teams within carefully pre-mapped territories. For more information about volunteering, please email [Volunteer@SacStepsForward.org](mailto:Volunteer@SacStepsForward.org).

**The Grand Jury Needs You**

Grand Jury service is often referred to as being a "citizen watchdog" of local government with the crucial role of monitoring and reviewing government actions.

The Sacramento County Superior Court is now accepting applications for Grand Jury service for the 2019-20 Term. To be eligible you must be a U.S. Citizen, at least 18 years old, a resident of Sacramento County, and not currently serving in any elected office.

For more information, call the Office of the Civil Grand Jury at 916-874-7578, or go online to [sacgrandjury.org](http://sacgrandjury.org) where you can also download an application.

The application deadline is January 25, 2019.

*Susan Peters represents the Third District on the Sacramento County Board of Supervisors. She can be reached at [susanpeters@sacounty.net](mailto:susanpeters@sacounty.net).* ★

## Speed Bump Coming for Local Business?

*The latest job demand and hiring trends*

*Continued from page 1*

from this same time one year ago when sixty-five percent (65%) planned to hire in January, February and March. While the pace of hiring among top Sacramento regional employers has fallen throughout 2018 companies report finding applicants and specific skilled workers remain a top challenge in the new year.

While not a single company surveyed planned first quarter layoffs in 2018, in the first three months of 2019 seven percent (7%) are reducing workforces. Staff reductions are attributed to seasonal change and slower demand for products and services. Forty-four percent (44%)

of hiring in the first quarter is for attrition, or replacements, among existing workforces while employers seek just forty-two percent (42%) for growth.

By talking to top regional firms each quarter since 1992, Pacific Staffing has learned there are always hiring challenges for employers, regardless of economic direction. In this first quarter of the new year seventeen percent (17%) of employers also report a continuing challenge with finding enough applicants, despite the slowdown. Others also citing increased minimum wage and hiring specific skilled trades as workplace concerns.

Sales, customer service, accounting/finance, technical, warehouse and shipping experience is in high demand through March. Drivers for route and delivery remain scarce.

The most active sector is Service companies with Manufacturers second, followed by Construction and Retail through January, February and March of 2019.

Sacramento Regional Top Companies Polled by Industry were Service (54%), Manufacturers (25%), Construction (19%) and Retail (2%)

For more information, employment blogs & market surveys go to [www.pacificstaffing.com](http://www.pacificstaffing.com).

*Source: Pacific Staffing* ★

## Governor Brown Announces Mountain Appointment

**SACRAMENTO, CA (MPG)** - Governor Edmund G. Brown Jr. recently announced the appointment of Caryl Mountain, 59, of Fair Oaks, to the California Board of Vocational Nursing and Psychiatric Technicians.

Mountain has been director of nursing at Sacramento City College since 2016 and an online instructor at the

University of Phoenix since 2006. She was a professor at Shasta College from 1997 to 2016. Mountain is a member of the California Organization of Associate Degree Nursing Program Directors, National League for Nursing and Sigma Theta Tau.

Mountain earned a Master of Science degree in nursing administration and

education from Sonoma State University and a Doctor of Nursing Practice degree from California State University, Fresno. This position does not require Senate confirmation and the compensation is \$100 per diem. Mountain is a Democrat.

*Source: Office of Gov. Brown* ★

## 7 Deadly Mistakes That Will Cost You Thousands When You Sell Your Home in Fair Oaks

Fair Oaks - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of homesellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market.

As this report uncovers, most homesellers make 7

deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".

To hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-844-542-3916 and enter 1000. You can call any time, 24 hours a day, 7 days a week.

Get your free special report NOW to find out how you can get the most money for your home.

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**SACRAMENTO, CA (MPG)** - Unexpected, unscripted and unforgettable! Monster Jam®, the most action-packed motorsports experience for families in the world today, returns to Sacramento with a new level of high-flying, four-wheel excitement! Be prepared for another high-octane weekend of Monster Jam Triple Threat Series events featuring six different competitions of speed, racing and freestyle stunts at the Golden 1 Center from January 18–20, 2019.

Featuring eight of the most intense athletes of Monster Jam, Central Valley fans will witness a fierce battle for the championship with each Triple Threat Series competitor contending in customized high-powered vehicles: Monster Jam Speedsters, Monster Jam ATVs and of course, the iconic Monster Jam trucks in six events sure to leave fans on the edge of their seats.

Monster Jam drivers are trained, world-class male and female athletes who have mastered not only the physical strength and mental stamina needed to compete, but the vital dexterity to control 12,000-pound machines capable of doing backflips, vertical two-wheel skills and racing at speeds up to 70 miles per hour to produce jaw-dropping, live motor sports action seen around the world. Now across all Monster Jam events, fans in every city



**Monster Jam®, the most action-packed motorsports experience for families in the world today, returns to Sacramento with a new level of high-flying, four-wheel excitement!**

will have the chance to vote for the winner in the two-wheel and freestyle competitions by real-time, in-stadium fan voting on their smartphones.

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Tickets are affordably priced for the whole family with seats starting at just \$20 each. Pit Passes available to purchase for \$15 each.

Tickets and Pit Passes will be available for purchase online at Ticketmaster.com, charge by phone at 800-745-3000

or visit the Golden 1 Center Box Office. Ticket prices are subject to change, venue/ticketing fees may apply.

For all the latest news, announcements and updates, be sure to watch the Monster Jam 2019 Season Kickoff Show live streaming on [www.MonsterJam.com](http://www.MonsterJam.com). ★



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The Housing Authority of the County of Butte is currently accepting applications for its Farm Labor Housing property in Gridley, CA. We have 2 Bd. units available at this time. Rental assistance is available and provided by USDA Rural Development for those that meet USDA Rural Development guidelines. For more information contact our office at (530) 895-4474 or TDD 1-800-735-2929.

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# First 5 to Administer Prenatal Care Contract



The purpose of the CalWORKs Home Visiting Initiative (HVI) is to support positive health, development, and well-being outcomes for pregnant and parenting women, families, and infants born into poverty.

## Special Sacramento County Release

**SACRAMENTO COUNTY, CA (MPG)** - On Tuesday, Dec. 11, the Sacramento County Board of Supervisors authorized the Department of Human Assistance to execute an agreement with First 5 Sacramento Commission (First 5) in the amount of \$4,800,000 for the coordination, oversight and monitoring of the CalWORKs Home Visiting Initiative Program.

Program implementation will begin on Jan. 1, 2019 and runs through Jun. 30, 2020.

The purpose of the CalWORKs Home Visiting Initiative (HVI) is to support positive health, development, and well-being outcomes for pregnant and parenting women, families, and infants born into poverty, expanding their future educational, economic, and financial opportunities, and improving the likelihood that they will exit poverty.

Combining home visits with CalWORKs provides an opportunity to connect

parents with necessary professional resources to assist in improving their parenting skills and household order, and ensuring that their children have a safe and nurturing environment that allows them to thrive and grow.

New parents and caretakers receiving CalWORKs will be paired with student nurses and other trained professionals who will make regular visits to the participants' homes to provide guidance, coaching, access to prenatal and postnatal care, and other health and social services.

"We are thrilled to award this program funding to First 5. They will get the HVI program off the ground and running," said Ann Edwards, Director of the Sacramento County Department of Human Assistance. "Providing mothers and their unborn and young children care and resources is our number one priority. These services will set them up for success and a positive life outcome."

Source: Sacramento County Media

# Homeless Initiatives are Working – County Expands

**SACRAMENTO COUNTY, CA (MPG)** - In 2017, the Sacramento County Board of Supervisors approved funding and implementation of four major initiatives to address critical needs of those experiencing homelessness and to help reduce the homeless population. Subsequently, two associated augmentations were added to further address the needs of all vulnerable population groups. The first programs began in October of 2017, several began in 2018 and many are in the process of becoming operational. In just one year's time, the County has achieved phenomenal results from these new initiatives.

- Improve the Family Crisis Response and Shelters (October 2017)
  - o 146 families served in shelter
  - o 50 moved to permanent housing
- Preserve Mather Community Campus (October 2017)
  - o 351 individuals served in transitional housing
  - o 116 moved to permanent housing
- Full Service Rehousing Shelter (March 2018)
  - o 91 individuals in scattered-site shelters
  - o 19 moved to permanent housing
- Flexible Supportive Re-housing Program (February 2018)
  - o 191 individuals enrolled
  - o 94 moved into permanent housing
- Transitional Aged Youth (May 2018)
  - o 115 served with prevention, diversion and intervention services
  - o 35 moved to permanent housing
  - o 32 maintained housing through services
  - o 17 entered emergency shelter

- Unincorporated County Navigation Services (April 2018)
  - o 177 served through outreach and rehousing services
  - o 30 moved to permanent housing

In total, 416 individuals have moved into permanent housing since the start of the first initiative in October 2017.

"We are thrilled to share the success that our programs have had in this first year. In some programs, success has been demonstrated in mere months," said Ann Edwards, Director of the Department of Human Assistance. "We are reaching people we have never been able to engage and they are seeing a real difference in their lives."

On Oct. 16, 2018, the County Board of Supervisors endorsed the investment strategy for nearly \$20 million in new State funding to combat homelessness in partnership with Sacramento Steps Forward and the City of Sacramento. On Dec. 11, the Board of Supervisors approved the acceptance of more than \$11 million that the Department of Human Assistance will directly administer, building of the existing initiatives to reduce homelessness.

State funding comes through the State's new Homeless Emergency Aid Program (HEAP) and the California Emergency Solutions and Housing Program. The funds will provide additional emergency shelter for both families and individuals through Emergency Family Shelter and the Full Service Rehousing Shelters (FSRS). The FSRS is a scattered-site model using master leasing of vacant homes in the region to house up to

five persons in addition to a fulltime house monitor. Residents are provided with intensive case management services and rehousing assistance to help them exit the program into stable, permanent housing with the support they need.

The funding also will create a Flexible Housing Pool (building on the Flexible Supportive Rehousing Program) that will offer both services and re-housing assistance to help households in shelter or working with navigation programs to move into housing more quickly.

For the first time, clients experiencing homelessness who are engaged in Adult Protective Services or jail diversion will be offered this practical assistance to resolve their homelessness. The County will also administer a new expunge-ment clinic to help remove barriers to housing and employment.

To be eligible to administer and receive the HEAP funds, the Board of Supervisors declared a shelter crisis on Oct. 16. Other cities declaring a crisis and participating in the program include the City of Sacramento, Elk Grove and Citrus Heights.

On Dec. 12, The Board of Supervisors heard and adopted the proposed Sacramento County Homeless Plan that is required to facilitate participation in the State's No Place Like Home (NPLH) program. This program provides funding for new permanent supportive housing for people who are experiencing homelessness, chronic homelessness, or who are at risk of becoming chronically homeless, and who are also living with a serious mental illness and in need of mental

health services. In NPLH developments, the County will provide a 20-year commitment to comprehensive services, including behavioral health services.

In addition to meeting State requirements for NPLH, the County's Plan serves as a building block for all partners within Sacramento County to implement shared strategies that make a measureable impact on homelessness. The Plan was endorsed by the City of Sacramento and County Continuum of Care on Dec. 12.

"The County Homeless Plan reflects countless hours of collaboration with County departments, community groups, stakeholders and other jurisdictions within our region," said Cindy Cavanaugh, Director of Homeless Initiatives. "The Plan lays out comprehensive strategies and concrete actions for Sacramento over the next several years. While pleased with early results of our homeless initiatives, this Plan says that, as a community, we are not letting up."

Sacramento County will be eligible for \$5,087,737 through the noncompetitive NPLH funding for housing developments, and is eligible to apply for a share of \$400 million in competitive funds. The Board of Supervisors will approve development applications for the first round of NPLH competitive funding on Jan. 29.

With the initial success of the Sacramento County homeless initiatives and additional funding sources for expansion, collaborative community partnerships, and dedicated service providers, Sacramento County recognizes that change is possible for our community and the lives of its valued residents.

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- bat or \_\_\_\_phobe
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  - Old-fashioned "over"
  - Group of countries
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  - Sailing vessel with two masts
  - \*"Up the Down Stair \_\_\_\_" by Kaufman
  - Philosopher Marx
  - Poetic although
  - Whaling writer
  - Soak some ink
  - Golf course
  - Hawaiian dish
  - \*"Slouching Towards Bethlehem" essayist
  - Tax break
  - Singer Yoko
  - Bodily fluids
  - Three-ply snack
  - Parkinson's disease drug
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  - Special way of doing something
  - EU money
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  - One little piggy?
  - Plunder
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  - Known for its cabs
  - Sports award
  - \*re
  - \*"But I heard him exclaim, \_\_\_\_ he drove out of sight, Merry Christmas to all..."
  - Wander about
- DOWN**
- \*Dr. Seuss's \_\_\_\_
- alphabet book
- Chowder protein
  - "A \_\_\_\_ is a \_\_\_\_"
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  - British peers
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**Solutions on Page 7**

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By Marlys Johnsen Norris, Christian Author

God has provided hundreds of wonderful stories about admirable men in the Bible for us to learn the various things they went through with dignity and courage. They were men who counseled with God and lived faithfully by their faith as God spoke and inspired their journey through life.

1. **The first man in the Bible was never born and never had a birthday.** He owned nothing but he was physically perfect. He was a great zoologist and gave every animal a name. He even donated a rib for the first woman to come into existence. Did you guess it? His name was ADAM.
2. This man was the father of the oldest man in the world and he lived a godly life in spite of a very wicked generation. He

## Stories About Six Wonderful Men In The Bible

is the only man in 3,000 years that did not die but walked into heaven. His name was ENOCH

3. This man was radiant with righteousness as he lived in a dark world. He saved his family of seven because of his personal faith in God. He heard the voice of God and became a ship builder in the desert. He put the family and one of every animal into it. He never had to launch his ship because the sea came up and flood the land and lifted the ship up to the top of a mountain. His name was NOAH
4. He left his beautiful home to live in a tent after he left a great city because of God's request. He traveled across the desert and lived in a tent for 100 years. He became the father of a great nation. He had his first son when he was 100 years old. His name is ABRAHAM
5. This man believed God when no one else would. He was a general. He used Trumpets to conquer land and destroy a city. His name was JOSEPH
6. This man was an adopted child and lived amidst the wealth of the day. He enjoyed Unlimited

education but in spite of this he choose to identify himself with the poor people. He was forced to live in the desert for forty years and was chosen to be the leader of three million people he let out of bondage. God gave Moses a wonderful promise! **"I will raise up for them a Prophet like you from among their brethren, and will put My words in His mouth and He shall speak to them all that I command Him."** (Deut18:18) He was faithful as he talked with God and followed His words faithfully. He died an unknown death and was buried by no man. His name is MOSES  
Men (and women) of our world today need to take note! Ignoring, dishonoring or not believing in our Creator/God is a mistake you will be accountable to answer Him one day in the future. Paul echoed this when he wrote to Timothy: **"Hold fast the pattern of sound words which you have heard from me, in faith and love which are in Christ Jesus."** (2 Timothy 1:13  
Marlys Johnsen Norris  
Author, Stephens Minister, Teacher  
Marlysjn@gmail.com  
PO Box 114, Orangevale, Ca ★



By Pastor Ray Dare

God always operates in your life by faith. That's why you need goals in your life, because a goal is a statement of faith. A goal says, **"I believe God wants me to accomplish something by a certain date."** If you don't have a date, it's not a goal. It's a wish. It's a dream. It's a desire. But wishes are a dime a dozen; they're worthless. The only thing that will change your life is setting a goal. So, I want to encourage you as we start this brand-new year to set some goals by FAITH. A FAITH goal has five characteristics, they are:

**Focused:** That means it is specific. If you use the words "more" or "less," it's not a focused goal. "I want to be less angry" or "I want to weigh less" or "I want to be more like Jesus" are not goals because you can't

## Pastor Ray's Encouraging Words

### Set Goals by Faith

measure them. You must be specific.

**Attainable.** If you set an unrealistic goal, it's just going to discourage you. If you say, "I'm going to pray two hours a day." You're probably setting yourself up for failure. Set a goal that stretches you and then trust God will help you stretch.

**Individual.** That means it's personal. You cannot set goals for other people because you can't control them. You can't set goals for your children, husband, boyfriend or girlfriend. You can only set goals for yourself, because you can control only you and not anybody else.

**Trackable.** Trackable goals can be measured. They're verifiable. You set a date and say, "By June 30th. Or "By Dec. 31st, I want to accomplish this." Make it trackable.

**Heartfelt.** Your goals must be heartfelt, something you're motivated to do, something you're passionate about. If you're not motivated to do it, you won't.

Let me give you four areas to make some FAITH Goals in. The Bible says, **"Jesus grew in wisdom and stature, and in favor with God and man."** Luke 2:52. He grew Intellectually, Physically, Spiritually and Socially. Every year we should grow same way. Each year set an Intellectual goal, to learn something new. Set a physical goal, to improve your health. Set a Spiritual goal, to grow closer to God and to be more like Christ. Set a Social goal, to improve your relationship(s).

If you do this, set some goals by FAITH, I guarantee you, you will grow and you will change in 2019! You will not reach all your goals, no one does, but you will have a FAITH driven direction that will grow you and will please the Lord.

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6	2	1	7	8	9	4	5	3
3	8	6	2	1	5	9	4	7
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# American Pickers to Film in California!



Mike Wolfe, Frank Fritz, and their team are excited to return to California.

By Emily Chafetz, CINEFLIXUSA

Mike Wolfe, Frank Fritz, and their team are excited to return to California! They plan to film episodes Of The Hit Series American Pickers Throughout The Region In March 2019! American Pickers is a documentary series that explores the fascinating world of antique “picking” on History. The hit show follows Mike and Frank, two of the most skilled pickers in the business, as they hunt for America’s most valuable antiques. They are always

excited to find sizeable, unique collections and learn the interesting stories behind them. As they hit the back roads from coast to coast, Mike and Frank are on a mission to recycle and rescue forgotten relics. Along the way, the Pickers want to meet characters with remarkable and exceptional items. The pair hopes to give historically significant objects a new lease on life, while learning a thing or two about America’s past along the way. Mike and Frank have seen a lot of rusty gold over the years and are always looking to discover something they’ve never

seen before. They are ready to find extraordinary items and hear fascinating tales about them. American Pickers Is Looking For Leads And Would Love To explore your hidden treasure. If you or someone you know has a large, private collection or accumulation of antiques that the Pickers can spend the better part of the day looking through, send us your name, phone number, location and description of the collection with photos to: americanpickers@cinetflix.com or call 855-OLD-RUST. facebook: @GotAPick ★

# Roadway Winter Prep and Storm Response

Sacramento County Special Release By Matt Robinson, Sac County Media

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Department of Transportation (SACDOT) is prepared to provide quick response to roadway maintenance incidents that result from weather conditions. Crews provide year round response for weather-related incidents, roadway hazards, urgent roadway repairs, pavement maintenance problems, traffic control and detour-signs twenty-four hours a day, seven days a week. Crews are in the field every day all year long performing landscape maintenance, roadside ditch cleaning, roadway repairs, culvert replacement, and street sweeping to remove leaves that can block storm drains. Every year before winter sets in, a “Pothole Sweeps Week” is implemented for the unincorporated street system to get roads ready for inclement weather. Crews also pull debris out from under bridges and complete erosion control projects to protect critical infrastructure. When winter weather hits, crews are available 24/7 for emergency response to clear roadways, remove fallen trees, repair streetlights, fix traffic signal malfunctions and keep traffic moving safely. Flooded roads are monitored and closed when necessary. When roads are flooded, they are posted to the SACDOT website to allow you to check routes for problem areas.



When winter weather hits, crews are available 24/7 for emergency response.

Although crews are in the field every day, your assistance, especially during bad weather conditions, is important. Report roadway issues listed below by calling 311 (or 875-4311) or reporting online at http://www.311.sacounty.net. You can also report with a 311 app on your phone. **Fallen Trees and Branches:** During severe weather conditions, crews may clear just the material in the roadway and move on to the next incident. Additional cleanup work is performed when crews have handled all incidents that require immediate attention. **Please note:** Trees or branches that fall on private roads or property are the responsibility of the property owner. Property owners should contact a private tree service for fallen trees or branches on private property. **Flooded Roads:** Crews respond immediately to flooded roads and attempt to clear what is causing the problem right away. If the flooded road cannot be cleared, signage will be placed to close the road and maintenance crews will work to continue to clear the roadway. **Plugged Culverts:** (a

tunnel carrying a stream or open drain under a road or railroad.) If a culvert is plugged, SACDOT crews will flush the culvert until it’s clear. **Traffic Signal Out:** Technicians are dispatched immediately to make repairs to traffic signals that are out or malfunctioning. **Downed Street Signs and Stop Signs:** Street signs will be replaced as soon as possible. Downed stop signs are a priority and SACDOT’s goal is to have them back up within two hours of notification. **Street Light Out:** When reporting a problem, have the pole number or property address available. The pole number can be found on a sticker approximately 8 feet high, usually on the traffic side of the pole. **Plugged Storm Drains:** A major cause for localized street flooding. Call 311, give the location and the Department of Water Resources will dispatch crews to remove leaves and/or other debris from the drain. **Sandbag Sites:** If your property has a history of flooding, get sandbags in advance at Sacramento County’s sandbag self-serve sites. ★

# Thoughts of Gratitude from Don Troutman, Founder, Clean & Sober Transitional Living

Counting the blessings of a very busy year, I am grateful to be able to offer a place where people who’ve navigated life for years with alcohol or drugs as their North Star can learn healthy new ways to manage life. Over the years, we’ve fine-tuned Mad House to support, reign in and inspire everyone in their recovery (even when they don’t want to or like it). We’ve given them the boundaries they lacked, the boosts they needed, the reasons to get up and show up, and the structure that supports their recovery with integrity. I’m grateful for the opportunity to offer great support and friendship to those who may be estranged from their loved ones. Most of our residents arrive here with damaged families, heartache and destruction in their wake. In early recovery, they may not have anywhere to go for the holidays. Maybe they weren’t invited to join their families. Perhaps there were trust issues that still needed repair. Maybe it wasn’t safe for them to go home. But they



Don Troutman

can create a new “family” here to support them while they get healthy and work on mending relationships that have been damaged. I’m grateful to be able to provide housing that is non-discriminatory and offers the protections of the Americans with Disabilities Act (ADA) to those in active recovery. I am grateful for the opportunity to be of service – and to give others a chance to serve. Our residents can literally walk next door to a meeting and find someone who understands what they are going through. One of our residents said it best: “Being active in a sober living environment

and being able to relate to another alcoholic has kept me clean and sober for over nineteen months and still going strong. For that, I’m grateful.” I am grateful to be able to participate in and be a part of the local economy as a taxpaying business and consumer of goods and services. While we don’t cost taxpayers a penny, we do put tens of thousands of dollars into the local economy and community coffers. I’m grateful to run a business that helps eradicate the shame and stigma of substance use disorder through our words and deeds. Mad House offers an empowering environment where people find the structure, tools, wisdom and purpose that have helped the vast majority of our 6500-plus residents claim long-term recovery from their dependence on drugs or alcohol. They can proudly carry the torch of recovery and light the way for others to follow suit. Recovery, pride and gratitude...what a solid finish to 2018 and great foundation for 2019. ★

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TV GUIDE MAGAZINE

CHEERS & JEERS

by Damian Holbrook

Cheers to A Million Little Things

for scoring one big move. ABC’s freshman hit, starring David Giuntoli, James Roday and Romany Malco will relocate to the plush post-Grey’s Anatomy slot when it returns January 17, giving Thursdays a double dose of soaps about likable people making terrible life choices.

Jeers to The Marvelous Mrs. Maisel

or being all over the place. And time. Prime Video’s showcase for the delightful Rachel Brosnahan (pictured) takes place in the 1950s, but they used tunes by the Go-Go’s and David Bowie last year, and Season 2 opened with “Just Leave Everything to Me” from



The delightful Rachel Brosnahan (pictured) takes place in the 1950s.

1969’s Hello, Dolly! Oy, we’re confused!

Jeers to Riverdale Parents

Hiram (Mark Consuelos), had daughter Veronica arrested, Alice (Madchen Amick) wanted nuns to drug her kid Betty, and even good-guy Fred (Luke Perry) has let son Archie skip weeks of school (albeit to hide from Hiram). No wonder their kids are so messed up!

Cheers to Nailed it!

for cooking up the perfect holiday treat. Netflix’s gut-busting kitchen competition returned with a fresh batch of baking fails that brought down the (gingerbread) house and had us wanting to spend every Christmas with hilarious host Nicole Byer. Sleigh, queen!season was proof this Family has already overstayed its welcome.★

Two of the best Netflix series of recent months—the British import Bodyguard

(at a taut six episodes) and Chuck Lorre’s The Kominsky Method (at eight)—were distinguished and elevated by their economy of storytelling. (Same for Amazon Prime’s Homecoming, with its half-hour episodes.) Bodyguard was just as long as it needed to be—British series tend to be tighter and shorter, and that suits me fine—and if Kominsky left me wanting more, that’s a rather rare feeling these days. Now if Netflix would just go ahead and renew it!

To submit questions to TV Critic Matt Roush, go to: tvinsider.com ★



Keen 2019 Mary Jane Popp

She is a Clairvoyant Master and a visionary. She reads energy fields, and Psychic Kerrie O’Connor is like a tuning fork to help raise your vibrational level. So Kerrie took a look at 2019 and what’s in store.

She says THE THEME FOR 2019 IS MASTERY/LAW OF ATTRACTION/WE CREATE OUR OWN REALITIES. Kerrie told me on POPPOFF that throughout 2019, we will continuously be shown that with every thought, word, action or non-action, we are creating our reality. Then we will be given many opportunities to change what we don’t like and create what we do like.

So here are a few areas to look at. POLITICALLY...Kerrie sees President Trump having some health issues. He won’t tweet about it, but it’s affecting his thyroid and heart areas. The Presidency is not what he thought it would be. He doesn’t like restrictions.

POPPOFF!

with Mary Jane Popp

If he could save face and make himself be the hero, he would walk away from it all. He will be pushing for more money for middle class and poor... especially after June to prepare for 2020. Don’t see him being able to follow through...but it will get many of his loyal people up in arms. Mueller investigation will show collusion, but the White house is already dancing around that. Don’t see impeachment happening after the House goes Democratic. A lot of talk about it, but Democrats will decide it’s not good for the economy etc. But THEY will continue to restrict him. So, a lot of what we have seen in 2018 will continue in 2019. Early summer, there will be something leaked to the media or exposed that will really be embarrassing for most of us, but the President will be the twist master. QUEEN OF ENGLAND. She will face serious health issues in 2019. Brixet will go through another revision...don’t see them breaking from the EU for a couple of years. STOCK MARKETS. It’s roller coaster time again as the markets will continue to follow a pattern of extreme lows and highs. So fasten your seat

belt. Interest rates will go up two or three times over the next year and a half. MORE EXTREMES. Earth is looking to balance herself out. Fires, earthquakes...big earthquakes in California and Washington...flooding and tornadoes in Texas... hurricanes in Florida... heat extremes in New Orleans. MEDICAL BREAKTHROUGHS. Medical marijuana and other plant medicines will continue to be supported. Use of micro dosage of LSD helps with depression and people will be open to getting back to working with plant medicines. ET CONTACTS. Throughout 2019-2022, we will be hearing governments acknowledge their awareness of ET and have known for a long time. This will shake people to the core.

You can check out more about Kerrie O’Connor at www.kerrieoconnor.com or 860-887-1207.

FINAL THOUGHT FROM KERRIE. We are the “Angels Having a Human Experience,” so 2019 is the time to start getting connected to that aspect, and work with mastery and the Laws of Attraction. HAPPY CREATING WITH MORE PEACE, acceptance and LOVE! ★

ASK MATT

BY MATT ROUSH TV Guide Senior Critic

Are Netflix Shows Too Short?

Question: Why is Netflix suddenly making series with only six or eight episodes? Now we feel like we just got into the show and it’s over. —Jean

Matt Roush: You are really barking up the wrong critical tree by griping to me about this issue. I am and always have been of the “less is more” school when it comes to binge-watching, and I can think of almost no Netflix series

of the 13-episode variety that wouldn’t benefit from significant trimming. I’ve gone on record saying many of Netflix’s originals would be twice as good at half the length, and “Netflix bloat” has become almost a critical cliché. (Case in point: I admired some things about the Netflix version of The Haunting of Hill House, but even at 10 long episodes, some clocking in at over an hour, it felt egregiously padded to me.)

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Sacramento County DA Reports

Defendant Sentenced for Kidnapping & Child Abduction

DATE: January 4, 2019

CASE: David Watson (Case #16FE019708)

PROSECUTOR: Deputy District Attorney Heidi Brennan, Child Abduction Unit

The Honorable Michael Savage sentenced David Watson to 36 years to life in prison. On March 5, 2018, a jury convicted Watson of kidnapping while personally using a knife and parental child abduction.

In September 2016, the Shasta Interagency Narcotics Task Force conducted a probation search at the home where David Watson and Christina Bell had been residing. Bell, who was home at the time with the couple’s 5-month-old baby, was arrested for child endangerment and drug related charges. Law enforcement took the baby into protective custody and Shasta County Children’s Services placed the child with Bell’s mother, who resides in Sacramento County and obtained legal temporary guardianship of the baby. On October 12, 2016, Watson and Bell went to have a supervised visit with their child at the home of Bell’s mother. During the visit, Watson walked out of the residence with the baby, pulled out a knife and proceeded to leave with the baby. Bell got in the car with him and they fled. Watson and Bell returned to Shasta County with the child. Bell was arrested on October 13, 2016. Watson was found with the baby and arrested on October 15, 2016.

Allegations that Watson suffered a 1987 strike conviction for first-degree burglary and a 1992 strike conviction for assault with a firearm were found true prior to the sentencing.

On January 30, 2017, Christina Bell pled no contest to child abduction and was sentenced to 364 days in jail.

Defendant Sentenced for Attempted Murder During Home-Invasion Robbery

DATE: December 27, 2018

CASE: Demarea Fulbright (Case #16FE002779)

PROSECUTOR: Deputy District

Attorney Scott Schweibish, Career Criminal Prosecution Unit

The Honorable Steve White sentenced Demarea Fulbright to 63 years to life in prison. On May 18, 2018, a jury convicted Fulbright of attempt murder with personal discharge of firearm causing great bodily injury, two counts of robbery with personal use of firearm, and assault with a firearm.

On February 4, 2016, Fulbright and two other perpetrators went to the victim’s home to purchase a gaming system. The victim’s wife, mother-in-law, and three young children were home at the time. Once inside the home, Fulbright and his associates pulled out guns and held the victim’s wife and mother-in-law at gun point as they robbed them of money, electronics, and medication. During the robbery, the victim struggled with Fulbright over the gun. Fulbright shot the victim several times before fleeing. The other associates also shot the victim as they fled the house. The victim was shot between eight and 11 times.

Fulbright was on probation for a misdemeanor domestic violence conviction at the time of this offense.

Defendants Sentenced for Multiple Child Sexual Assaults

DATE: December 17, 2018

CASE: Chantell Gosztyla & Richard Gosztyla (Case #18FE004488)

PROSECUTOR: Principal Criminal Attorney Nancy Cochrane, Special Assault & Child Abuse Unit

The Honorable Steve White sentenced Chantell Gosztyla and Richard Gosztyla to 91 years to life in prison. On November 6, 2018, a jury convicted both defendants of multiple counts of lewd and lascivious conduct against a young family member.

The defendants sexually assaulted the victim together and individually for more than one year. When they were apprehended in Napa County, they had with them passports and \$9,000 in cash. It is suspected they were planning on fleeing the country.



# Housing the Hungry, Homeless in Schools

*Continued from page 1*

community. In fact, nearly every study shows a significantly higher incidence of contagious diseases within the homeless population.

It is shocking that HART and the Sacramento Diocese has not only ignored these warnings, but actually rejected assistance to reduce the risk of exposing students to contagious diseases - some of which can be fatal.

Sacramento County is now considering steps to deal with the associated health and safety risks, but those steps are slow in coming and may not be sufficient if advocates resist or schools fail to take advantage of additional resources being offered.

There are common-sense precautions which do not hinder the Winter Shelter Program in anyway. Public and private entities have offered to help. HART and the schools just need to accept that help.

- 1) Health screenings for contagious diseases by a healthcare professionals — including testing and inoculations to prevent spreading diseases like TB, Rotavirus, Typhus and Hepatitis-A.
- 2) Training by County Department of Health for volunteers and school administration of the proper clean-up and decontamination protocols.
- 3) Megan's List and warrant checks for domestic violence or crimes again children by Law Enforcement professionals.
- 4) Written notifications to all parents in participating schools with information about precautions they can take (such as Hep-A vaccination).
- 5) Inspection by the County Office of Environmental Management before children are permitted to use

the facility after the housing period.

These precautions are not draconian — in fact, the homeless would benefit from increased health screenings. But, at a time when the public is already concerned over failures by government and churches to protect children, these precautions will demonstrate that the Diocese, County, Schools, and HART are as serious about protecting children as they are about serving the homeless.

Reducing the pain and struggle of those experiencing homelessness is an obligation we share as human beings. But putting children at risk is neither humane, nor is it necessary.

*Tab Berg is president and founder of TABcommunications, a Sacramento based public affairs firm. He has served as an advisor to numerous elected officials and organizations.* ★



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# Republican Waldron Denounces DMV for Continued Use of Flawed REAL ID Process

**Jim Stanley, Press Secretary, California State Assembly**

**SACRAMENTO, CA (MPG)** - Assembly Republican Leader Marie Waldron issued the following statement in response to news that the Department of Motor Vehicles waited a month to notify Californians about the federal government's rejection of the state's REAL ID residency verification process and continued to issue card that it knew would require additional documentation:

"It's completely unacceptable that the DMV knew about this issue for a month before even acknowledging something was wrong. The DMV has only been requiring one form of identification to verify residence (current lease, utility bill, etc.) but DHS stated that two forms of identification were needed. This is unacceptable and flies in the face of security for our citizens, which is what Real ID was created for in the first place.

The state must fast-track everybody who received a REAL ID since the DMV was notified of this problem to avoid further delay, wasted taxpayer dollars, lost wages and productivity. I sincerely hope we can work together with the federal government to resolve this issue and minimize the disruption to people who have already been inconvenienced by long wait times and poor service at the DMV.

 ★



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