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AMERICAN RIVER Messenger

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OCTOBER 19, 2018

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A New Sustainable Community

Fair Oaks EcoHousing Is Under Construction



The mission of Fair Oaks EcoHousing is to create a community-focused, environmentally friendly neighborhood right here in Fair Oaks. Construction on the community began in December 2017 and should be completed in spring of 2019. In the photo at right, Marty Maskall (left), Project Manager, and Brandon Rose, ECOS president, stand next to a perspective sketch at the site of the future Fair Oaks EcoHousing site, their future residence. Above photo by Marty Maskall; Photo at right provided by Marty Maskall

Story by Shaunna Boyd

FAIR OAKS, CA (MPG) - Construction is under way on the Fair Oaks EcoHousing project, located at 4025 New York Avenue. The mission of the project is to create a community-focused, environmentally friendly neighborhood right here in Fair Oaks. The community will integrate private homes into a cohesive village atmosphere with shared amenities and green spaces. Construction on the community began in December 2017.

Marty Maskall, founding member of Fair Oaks EcoHousing, said the community

focus is "smart growth and green design." The project is transforming 3.7 acres of land (which originally had just two homes on it) into a sustainable neighborhood of 30 homes. In December 2013, Maskall had a contract, contingent on project approval, to purchase the property. The purchase closed in June 2015. And next year, in May or June of 2019, families will be moving into the community. Of the 30

homes, seven are still available for purchase.

Maskall leads monthly introductory meetings and site tours for anyone interested

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Yes on 6 Exposes Waste, Fraud and Abuse of Gas Tax Funds

By Dave McCulloch, Capital Media Partners

SACRAMENTO, CA (MPG) - With the election just weeks away, the Yes on Prop 6 Gas Tax Repeal Campaign has released government documents and records showing numerous examples of "epic levels" of waste, fraud and abuse of gas tax funds and other taxpayer resources at Caltrans and local transportation agencies throughout California.

The records and documents were obtained through the California Public Records Act (CPRA) process and cover only materials received back from the CA Dept. of Transportation (Caltrans), local transportation agencies in San Diego, Los Angeles, Orange County, the Bay Area, and Sacramento. Other local government agencies also receive and spend gas tax funds - raising the question of how many more examples of waste of gas tax funds exist.

"These examples of outrageous waste of the gas tax and other taxpayer resources provide the best reason to vote YES on Prop 6 the Gas Tax Repeal Initiative," said Carl DeMaio, chairman of the campaign. "Our existing gas tax funds are being wasted and we demand that these revelations of outrageous expenditures be immediately reformed before we give these people any more of our taxpayer dollars," noted DeMaio.

"These outrageous examples of waste of our gas tax funds is proof that voters cannot trust

Continued on page 4



"Teacher Night" a First at Aerospace Museum

Story and photos by Trina L. Drotar

SACRAMENTO REGION, CA (MPG) - After a full day of teaching school, instructors came from as far away as El Dorado Hills to attend the Aerospace Museum of California's first Teacher Night on September 27. From preschool to high school, teachers inside and outside of the STEM (science, technology, engineering, and math) fields came together to learn what the museum has to offer their students and discover new ways to integrate STEM learning in the classroom. Refreshments and a sneak peek at the museum's new exhibit, "Our Solar System: an interactive journey," including a teacher's exhibit guide, were part of the evening's curriculum.

The museum is located on McClellan Air Force base where it began in 1986 as McClellan Aviation Museum. Director Tom Jones, who has held the position since March, says that the museum is committed to STEM education for students of all ages and to becoming the best on the West Coast. As a Smithsonian Air and Space Museum affiliate,



From preschool to high school, teachers inside and outside of the STEM (science, technology, engineering, and math) fields came together to learn what the museum has to offer their students and discover new ways to integrate STEM learning in the classroom.

exhibits like the 2018 "Art of the Airport Tower" and 2017 "DaVinci Inventions" can be brought to Sacramento.

On the main floor, nestled between airplanes, an SR71 jet propulsion engine, and a history of space exploration, were activities

for children of all ages, and the teachers took full advantage by seeing how parachutes function or engineering with marbles. Others

learned why the moon turns blue and viewed photos of nebulae on one of the many monitors that will accompany the exhibit. Each visitor was treated to a docent led tour of the museum and its grounds.

Upstairs, at the far end, tucked in a hallway, teachers made their way to the Flyers Flight Zone to experience simulated flying on one of the six high-end gaming machines. Museum volunteers, led by Flyers Flight Zone Director Warren Searls, educated the educators and allowed each some hands-on flight time.

"There is a huge shortage of pilots worldwide," Searls said, adding that the Flight Zone is a way to interest fifth through twelfth grade students in flight and perhaps becoming pilots. In 2017, 10,000 students visited the Flight Zone, and many from Title 1 schools received scholarships for the flight simulations. He wants teachers to encourage students to remain in school and consider taking those STEM classes.

Miss Naomi Endsley, from Orangevale's Almondale Academy, was one of the first teachers to try the simulator.

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A Thrilling Production of “West Side Story”

By Tracy Martin Shearer

SACRAMENTO REGION, CA (MPG) - The acclaimed American River College Theatre, whose production of Cabaret was honored with three national awards by the Kennedy Center, opened its 2018-19 season with Leonard Bernstein’s thrilling *WEST SIDE STORY*. The production, which honors Bernstein’s 100-year birthday, features stunning choreography, a spectacular live orchestra conducted by Susan Hamre, and costumes, lights and sets by Elly Award-winners Gail Russell and Kathy Burleson. With a score by Bernstein and lyrics by Stephen Sondheim, *WEST SIDE STORY* is widely regarded as among the best musicals ever written. The show opened October 12, 2018, for a three-week run, closing October 28.

The world’s greatest love story takes to the streets in this landmark Broadway musical that is one of the theatre’s finest accomplishments. In it, Shakespeare’s Romeo and Juliet is transported to New York City as two young, idealistic lovers find themselves caught between warring street gangs. Their struggle to survive in a world of hate, violence and prejudice is one of the most innovative, heart-wrenching and relevant musical dramas of our time. Directed by Sam Williams and choreographed by Williams and Sarah Souther, the production features an energetic, diverse cast and pays homage to the show’s original director and choreographer, Jerome Robbins.

All performances of *WEST SIDE STORY*



Left to right: Nicole Mandy, Isaac Williams, Alysia Sambuca, Zach Ekstedt, Brando Wall, David Mangrobang, Alexandria Wilson. Photo by Brian Williams

will be at the ARC Theatre, 4700 College Oak Drive. Parking is \$2. Lot D, at the corner of College Oak and Myrtle, is adjacent to the theatre. Ticket prices are \$18 (general), \$15 (student, senior, sarta), and \$10 (children 12 and under). Children 3 and under are

not admitted. Group rates are \$14 for 10 or more patrons. For more information, go to ARCTheatre.org or call (916) 484-8234.

Performance days and times are as: Fridays (Oct. 19, 26) at 8pm, Saturdays (Oct. 20, 27) at 8pm, Thursday (Oct. 25) at 6:30pm. ★

Local Museums Offer Scary, Fun & Festive Activities

By Traci Rockefeller Cusack

SACRAMENTO, CA (MPG) - In addition to its fascinating Gold Rush past, the Sacramento area is rich with an amazing array of state-of-the-art museums and historic sites that offer visitors the chance to explore California’s fine art, history, science, and wildlife treasures all year long. This fall, many of the 30 members of Sacramento Area Museums (SAM) are offering fun Halloween and harvest-related events and activities – some for families, children only or specifically for adults. A sampling of the special activities is listed below (but please check with the various museums and/or destinations for other events and more detailed information):

“Spookomotive” Train Rides at the Railroad Museum – October 20, 21, 27 & 28

All aboard for some Halloween fun Old Sacramento style! Guests of all ages will enjoy diesel-powered “Spookomotive” train rides aboard a whimsically decorated train crawling with spiders, cobwebs and cornstalks while staffed with an entertaining “skel-eton crew.” Guests are encouraged to come dressed according to weekly themes or in favorite Halloween attire: Superheroes & Villains (October 6-7), Pirates & Princesses (October 13-14) and Witches & Wizards (October 20-21) and Superheroes & Villains (October 27-28). For more, visit www.californiarailroad.museum.

Ghost Tours at the Sacramento History Museum – October 19, 20, 26 & 27

The Sacramento History Museum & Alliance are proud to present an all-new season of Old Sacramento Living History’s annual “Ghost Tours: Mayhem in the Museum” over three weekends in October. For those who dare, the engaging tours depart from the Sacramento History Museum (101 I Street) every half-hour from 6:30 to 9 p.m. on the evenings the tours are available. For more, visit www.sachistorymuseum.org.

32nd Annual Safe & Super Halloween at Fairytale Town – October 19, 20, 21 & 28

Dinosaurs will take over Fairytale Town for four nights of safe and fun trick-or-treating and family-friendly activities during the 32nd annual Safe & Super Halloween! Guests can follow dino tracks throughout the park to meet and take photos with different dinosaur species, dig for giant fossils at the excavation site, visit the Reptile Lab to see growing dinosaurs and test their “dino roar” with the roar-o-meter. For more information and tickets, visit www.fairytaletown.org.

Trick-or-Treating in Old Sacramento Starting at the Old Sacramento Schoolhouse Museum – October 28

The Old Sacramento Waterfront invites children to a fun, free and safe trick-or-treating event in the district from 12 to 3 p.m. Costumes are encouraged and interested children can pick up a map at the Old Sacramento Schoolhouse Museum before trick-or-treating their way through the historic district (treats available while supplies last). For more, visit www.oldsacramento.com.

For updated information, please visit www.sacmuseums.org/news-events/harvest-halloween/.

For more information, visit www.SacMuseums.org
Source: T-Rock Communications ★

Fatal DUI in Citrus Heights Appears to be Marijuana Induced Accident

By PIO Sergeant James Evans, CHPD

CITRUS HEIGHTS, CA (MPG) - Filed October 09, 2018: At approximately 6:28 p.m., the Citrus Heights Police Department received several 911 calls regarding a two vehicle traffic collision in the area of Greenback Lane and San Juan Avenue. Officers, along with the Sacramento Metropolitan Fire Department, arrived on scene within minutes and located a 19 year-old female who was identified as one of the involved drivers. The female driver, identified as 19



Christina Diaz

year-old Christina Diaz, subsequently ran from the scene, but was apprehended a short distance away.

Preliminary investigation revealed Diaz was driving a 2004 Toyota Camry west-bound Greenback Lane and intentionally collided with

a Dodge van that was also westbound on Greenback Lane. The occupants in the Dodge sustained minor injuries. Following the initial collision, Diaz lost control of her vehicle, crossed the center median and collided into a Mercedes sedan traveling in the eastbound lanes of Greenback Lane. The driver and sole occupant of the Mercedes was located unresponsive in his vehicle. Lifesaving efforts were unsuccessful and the adult male was pronounced deceased by paramedics on scene. Diaz was found to be driving under the influence of Marijuana. Diaz was

booked at the Sacramento County Jail on suspicion of Assault with a Deadly Weapon, Felony DUI with Injury, Felony Hit and Run, and Gross Vehicular Manslaughter.

The collision is still under investigation by the Citrus Heights Police Department’s Traffic Unit. We are asking anyone who witnessed the collision or who may have any type of video or photos before, during, or after, to please call (916) 727-5818. Please leave your name, contact number, and a brief description of the media.

The dangers of driving under the influence, either alcohol or drugs, are significant and can cause irreparable harm. Drunk-driving deaths are 100-percent preventable. Motorists are encouraged to utilize designated drivers or take advantage of ride sharing services.

“Driving under the influence of marijuana is still illegal in California. This tragedy is an unfortunate reminder of the dangers of drugged driving. Our sincere condolences to the family of the deceased.” - Police Chief Ronald Lawrence ★

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“Teacher Night” a First at Aerospace Museum



(L-R) Flight Zone Directors Joe Williams, Phil Jarvinen, Jerry Blalock, Phil Guemmer, and Warren Searls. The Aerospace Museum is located on McClellan Air Force base where it began in 1986 as McClellan Aviation Museum.

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“I didn’t crash,” she said, a sentiment echoed by other teachers who took turns at flying to New Zealand, Switzerland, and San Francisco.

Endlsey teaches second and third grades and said that she definitely picked up new ideas for her students. Like many others that evening, she had never been to the museum. She said that she’ll bring her students and let them have the chance to see a piece of history and what technology really is. She engaged in conversation with Karen Jones, the museum’s development director and Tom Jones, museum director, about what technology holds in store for the future.

Twin Rivers Unified School District teachers agreed that they would definitely bring

their students, one of several school districts the museum currently facilitates STEM, history, and art learning opportunities with. San Juan Unified School District, UC Davis, Sacramento State University, American River College, University of the Pacific, and charter schools are others.

Director Jones said that the museum has a formal mentorship program with the UC Davis Department of Mechanical and Aerospace Engineering. Sacramento State undergraduate history students are conducting research on the museum’s airplanes and will create videos that may be accessed with QR codes to enhance the static exhibits. At least one Sacramento State graduate student is working on his master’s thesis by building an upcoming exhibit

about Bob Hoover who, among other things, was a revolutionary in aerobatic flying. Sacramento City College owns the Fed Ex jet parked in the outside exhibition area and uses it as its classroom.

Even the youngest students can benefit from STEM learning as Kimberly Dillon, preschool teacher at Discovery Learning Center in Fair Oaks, said. She has brought her students to the museum for several trips and said that they really enjoy climbing the planes. Her guest that evening was her son, Anthony.

“Very cool for kids,” was the phrase most often heard from teachers.

For additional information, visit www.aerospaceca.org. If you go: 3200 Freedom Park Drive, McClellan, CA. ★

Whew! What a Busy Summer In Fair Oaks!

By Dot Boyd
Ambassador Chair,
Fair Oaks Chamber
of Commerce

FAIR OAKS, CA (MPG) - After months of community events, our two candidates for the 40th Honorary Mayor’s race smashed all fundraising records with a combined total of \$51,285 raised this year!! Wow!! Keith Wright and Jim Cralle set the bar very high! Congratulations to both and to Keith for being “sashed” as #40! That brings the total raised for our community and local causes to over \$431,000 since 1979! We already have our eyeballs out for next year’s candidates. Are you a member of the Fair Oaks Chamber? Do you have a favorite local community cause that you would like to support? Let us know.

One more shout out to a summer filled with music at FO Concerts

in the Park! Thanks again to our community partners, sponsors, musicians, attendees, and the countless volunteers selling food, drinks, ice cream and t-shirts each week and a big THANK YOU to Del’s Pizza for donating all of those delicious pizzas!

Next up is our 35th Christmas in the Village event on Saturday, December 1st, from 3 pm to 8 pm, rain or shine. It’s a community favorite and a wonderful family day with music, craft vendors, children’s activities, pictures with Santa Claus, shopping and dining, and of course, the well-loved parade through the Village! Time is running short to sign-up as a vendor, to be a sponsor or even a parade entrant. Promote your business or club and have a great time in Fair Oaks! Last but not least,



Dot Boyd

we always need event day volunteers as this is a major community event.

You can find all of the details at our website and you can sign up to receive our e-newsletter by sending an email to info@fairoakschamber.com or call our Executive Director-extraordinaire, Kim Pitillo in the office at 916-967-2903. We invite you to use www.fairoakschamber.com as your resource for choosing a local business from our business directory including our brand new members and sponsors, to view the community calendar, and so much more. On behalf of the Fair Oaks Chamber of Commerce and all of our members, we thank you for your continued support and patronage.

See you in Fair Oaks! ★



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10 Questions to Ask Before You Hire a Real Estate Agent

Fair Oaks / Orangevale - Not all real estate agents are the same. If you decide to seek the help of an agent when selling or buying your home, you need some good information before you make any moves.

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Building Sustainable Community

Fair Oaks EcoHousing Is Under Construction

Continued from Page 1

in becoming a member of the EcoHousing community. The meeting includes a short video featuring the Nevada City Cohousing community, which is the inspiration for Fair Oaks EcoHousing. Both communities share the same architect and have a very similar design, with rows of private homes facing each other, large porches on the front and back of each home, a shared pool, a club house, and a side area for parking.

Community members will own their own homes and be part of a homeowners association to fund the operating costs and maintain the shared spaces. Members will be able to participate in shared gardening, and prepare meals in the club house made from ingredients grown in the community gardens. Maskall said that prices for new homes in the Fair Oaks EcoHousing community are comparable to other new homes on the market that utilize green design and construction, ranging from approximately \$360,000 up to \$680,000.

At a recent introductory meeting and site tour on October 13, attendees all shared similar motivations for considering membership: a sense of true community.

Cisca van Beek is originally



Community members will own their own homes and be part of a homeowners association... Photo by Shaunna Boyd

from Holland, and she said cohousing communities are very common there and in many other places across Europe: "There are countless benefits; the communities are great places to raise kids."

Scott and Joyce Hedges explained that people are so busy these days that it's difficult to create a sense of community. They are looking for a sense of belonging and a connection with others.

Erin Huff currently lives in Oak Park with her husband John and their two-year-old daughter. Huff has been interested in cohousing and pocket neighborhood ideas for quite a while. She is considering Fair Oaks EcoHousing because of the "intentional cohesive community building."

Current members also attended the meeting to share their reasons for joining the

community and to get a look at the progress on their homes.

Lorri Reynard, who is originally from New York, chose to join because "the community aspect really resonated with me; I want to know my neighbors."

Denise Knight lived in Fair Oaks in the past and loves the area. In addition to the social aspect, she said she became a member in order "to have all the amenities but share the work."

Roslyn Eliaser said, "I love the idea of having the privacy of my own home but within a community... You can accomplish so much more together."

Both the members and prospective members share a strong desire to become part of a collaborative community where neighbors know each other and work together.

For more information, visit FairOaksEcoHousing.org. ★

Yes on 6 Exposes Waste, Fraud and Abuse of Gas Tax Funds

Continued from Page 1

California government agencies with even a penny more of their money until efficiency and accountability reforms can clean up these excessive expenditures," said Carl DeMaio, Chairman of Yes on Prop 6 Gas Tax Repeal Campaign. "Voters can send a strong message by voting YES on Prop 6 to repeal the costly and unfair gas and car tax hikes," DeMaio concluded.

Facts about this massive hike:

–Voting Yes on Prop 6 will repeal the car and gas tax, and ensures that any future car and

gas taxes must be approved by the voters

–On Nov 1, 2017, Californians became subject to an additional tax of 12.5 cents more per gallon (20 cents more for diesel)

–Estimates suggest it will cost an average family of four \$779 or more per family, per year

–The tax also hits business owners who rely on transporting goods, raising the cost of everything from apples to bread, and everything in between

–Vehicle license fees (car tax) will increase as much as \$175

a year - striking the wallets of hard-working families across the state

–The tax revenue goes into the state's General Fund, meaning there's zero guarantee the money will be used to actually fund the transportation "fixes" they claim will happen

–Nearly 1 million signatures were collected to qualify the measure on the November ballot; just over 550,000 were required

For more information go to GasTaxRepeal.org ★

What to Say to Someone Caring For a Loved One With Dementia



by Rebecca Graulich

SACRAMENTO REGION, CA (MPG) - "Have a nice day," doesn't seem quite right to tell an exhausted and stressed person caring for a loved one with dementia. Well-meaning people often feel awkward, not knowing what to say to family caregivers. Here are some tips.

Do not share your morals. A husband caring for his demented wife may simultaneously be seeing another woman. A daughter who promised not to institutionalize her father may put him in a memory-care unit. Before caring for someone with dementia, these people might have opposed the actions they are now taking. Caring for a loved one who has mentally and emotionally degenerated is life altering. These

caregivers probably wrestled with themselves before coming to terms with their decisions. Your disapproval is at best hurtful and certainly not helpful.

Don't start a sentence with, "If I were you..." You are not that person and unless you've walked a similar dementia path, you can't imagine what you would do. Well-intentioned suggestions come across as, "I know better than you." If a caregiver wants your advice, he or she will ask for it. Otherwise, keep quiet.

Telling a caregiver to "take care of yourself" is stress inducing. The speaker may feel virtuous but the directive is burdensome. Sure, caregivers can minimize their stress by eating healthy foods, exercising, socializing and getting lots of sleep. Most caregivers know this. They also know that caring for oneself compounds their responsibilities.

It takes time to obtain and prepare healthy foods. Workouts require scheduling. Socializing involves coordinating multiple schedules. Arrangements must be made for someone to watch the person with dementia.

And then there's sleeping. If anxiety attacks or worry don't keep caregivers up at night, the demented person wandering the house or demanding to eat at 2:00 a.m. will. Insomnia is part of the dementia equation.

So, what do you say to a family caregiver? There is plenty to

say, all with a common theme: what you will do.

Caregivers need less responsibility, more time to themselves and fun. Tell the caregiver how you plan to meet these needs. Offer to:

1. Entertain the care recipient so the caregiver can leave the house or take a nap.
2. Enable the caregiver to have pre-scheduled time alone. Arrange for the care recipient to attend an adult day program or set up a calendar of care days with family and friends.
3. Bring healthy food and dine with the caregiver. If dropping off a meal, use disposable dishes. Don't expect the caregiver to wash and return dishes.
4. Wash the caregiver's car, mow her lawn, clean his house. Shoulder a responsibility.

If – and only if – you've cared for a loved one with dementia, then share what worked for you as a caregiver. Otherwise, do more and say less. Your behavior will speak volumes to an overwhelmed person caring for a loved one with dementia.

Rebecca Graulich, founder and Executive Director of Caregiver Pathways, is hosting Care Partnership Day for family caregivers on October 20. For more information or to contact Rebecca, go to www.caregiverpathways.org. ★

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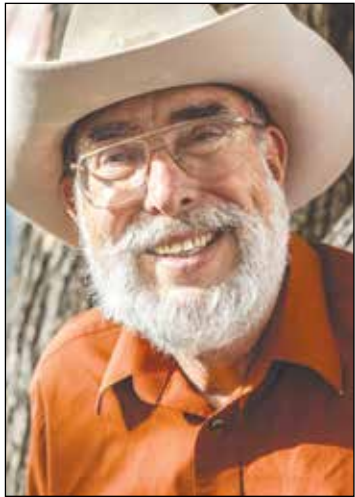
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Slim Randles’ HOME COUNTRY



Connoisseur is European for Smart Aleck

Our resident cowboy, Steve, brought us the shocking news: cowpuncher Three-Chord Cortez, that bunkhouse balladeer, plans to study opera, in hopes an aria or three will make him even more attractive to girls during a serenade. Apparently, singing *La Donna Mobile* might be more effective than “You don’t know what lonesome is ‘til you start herding co-o-o-ows” ... especially if she doesn’t speak European. I thought I’d jot down a few

opera-watching truths for ol’ T.C. just to help him out.

1. Take off your hat. You can keep jujubes in it if you want.
2. If you like a particular aria, you can yell *Bravo!* if it’s a man, *Brava!* if it’s a woman, or *Bravisimo!* if it’s an *isimo*. It’s considered poor form to yell “Eeeee-HAAA!” or “You get ‘em, Hon!”
3. One of the strangest operatic devices is called *recitative* – pronounced rest-a-TEEF – (don’t

ask), and is a combination of singing and speaking that is used when the composer wants to hurry through a song because he wasn’t too fond of it in the first place but it was in the contract and he wants it out of the way quickly. Feel free to mention recitative to a woman at half time. Operas have two half times.

The speaking part of the *recitative* is done like a machine gun, and then you break into song when you get tired of that, and it

can happen in the same sentence. For example:

“*Don’t make me come down there, don’t make me come down there, don’t make me come down there and k-i-i-i-I-I-I-i-ck your bu-u-u-u-tt.*”

4. That bit of music they play before the curtain goes up is called the overture, and not foreplay.
- It’s to give you a hint of what’s to come, in case you decide to leave early. You might listen to the overture and say, “That

allegretto tickles my fancy, but if that tenor duet goes on for more than two minutes, I’ll get the scours.”

This makes a guy a *connoisseur*, you see. *Connoisseur* is European for smart aleck.

And finally, 5. Don’t forget to clean your boots.

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| Folsom Residents Free Pick-up Service Call (916) 461-6730 folsom.ca.us/hazmat | Elk Grove Special Waste Collection Center 9255 Disposal Ln., Elk Grove (916) 627-3232 elkgrovecity.org/recycle |
| Yolo County 44090 County Rd. 28H, Woodland westsacrecycles.org Waste Management’s At Your Door Special Collections SM (800) 449-7587 wmatyourdoor.com | Sacramento Recycling and Transfer Station 8491 Fruitridge Rd., Sacramento 311 or (916) 264-5011 Businesses call (916) 737-4870 sacrecycle.org |

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Crossword Puzzle on Page 7

| | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | L | E | P | T | | A | D | S | | | H | E | A | P | |
| C | E | L | L | O | | M | O | T | | | H | O | R | D | E |
| A | E | S | O | P | | O | N | E | | | A | L | G | A | E |
| B | R | E | W | E | R | S | | N | E | W | Y | O | R | K | |
| | | | S | K | A | | T | O | O | K | | | | | |
| S | O | B | | | A | L | A | R | | N | E | W | E | L | S |
| A | C | H | E | | | P | L | O | W | | D | U | P | L | E |
| L | E | A | R | | | H | E | L | I | O | | S | E | A | L |
| P | A | N | I | C | | | E | L | L | S | | S | E | M | I |
| A | N | G | E | L | S | | E | D | A | M | | S | A | G | |
| | | | | | O | K | A | Y | | G | A | S | | | |
| C | L | A | S | S | I | C | | P | E | N | N | A | N | T | |
| E | A | G | L | E | | | O | R | E | | T | E | N | O | R |
| S | T | R | U | T | | | R | U | N | | R | E | T | R | O |
| S | E | A | M | | | | N | E | T | | A | R | E | N | T |

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Sudoku Puzzle on Page 7

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 6 | 5 | 1 | 9 | 3 | 8 | 4 | 7 |
| 7 | 3 | 8 | 5 | 4 | 2 | 1 | 6 | 9 |
| 1 | 4 | 9 | 8 | 6 | 7 | 5 | 2 | 3 |
| 3 | 8 | 2 | 6 | 7 | 5 | 9 | 1 | 4 |
| 5 | 9 | 1 | 4 | 2 | 8 | 7 | 3 | 6 |
| 6 | 7 | 4 | 3 | 1 | 9 | 2 | 8 | 5 |
| 4 | 5 | 7 | 2 | 3 | 1 | 6 | 9 | 8 |
| 9 | 2 | 6 | 7 | 8 | 4 | 3 | 5 | 1 |
| 8 | 1 | 3 | 9 | 5 | 6 | 4 | 7 | 2 |

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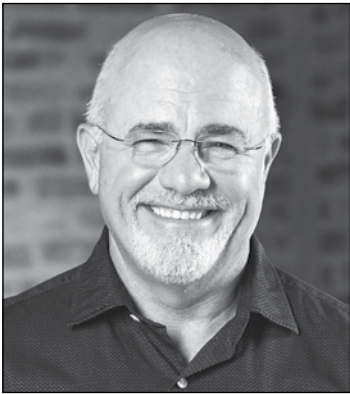
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Dave Says

Spending money in the budget?

Dear Dave,
We are debt-free except for our home, and we have six months of expenses set aside in our emergency fund. Every time we do our monthly budget, we set aside a small amount of personal spending money for us both. Do you see anything wrong with this?
-DeAnna

Dear DeAnna,
There's absolutely nothing wrong with having a little fun money calculated into your monthly budget when you're in good financial shape. The problems start when couples don't agree on these kinds of things — or worse — when they start hiding stuff and lying to each other about where the money's going.

People either grow together or they grow apart when they get married. When you start hiding things from your spouse you're essentially keeping separate lives. That's a bad sign in any marriage, and in many cases, this kind of thing leads to divorce.

Having an agreed-upon budget isn't just telling your money what to do. It's also an important part of a healthy sharing and communication process between husband and wife!
—Dave

Close up small business?

Dear Dave,
I have a small business, and I love what I do. Unfortunately, things haven't been going well

the last several months. On top of that, I've committed a lot of money to advertising in the coming year. Recently, I got a great job offer from a company that would pay me twice what I'm making now. What do you think I should do?
-Hugh

Dear Hugh,
If it were me, I'd want to keep my options open. Closing your business would mean giving up all your customers. I'm not sure that's a good idea when the offer has just been made, and you know so little about the actual job.

If you think this new job is something you might like, why not accept the offer and see if you can continue your other work on the weekends? That would help cover some, if not all, of your advertising commitment. Plus, it would keep some money rolling in if the new job doesn't work out.

If you find you like this new job, then you've got a great income and something you like doing on weekends that pays. If you keep your business open — even on a small scale — there's always a chance it will begin to grow again. Who knows? It might give you the opportunity to jump back into it full-time somewhere down the road!
—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The *Dave Ramsey Show* is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★



Make It Fun and It Will Get Done! The Secret to Being Organized Pam Young's Corner One Shell-Stickin' Day a Year

Have you ever heard someone say, "I had one of those days today."? I call "one of those days" a shell-stickin' day. You know how some hard boiled eggs refuse to let go of the egg white? If you're making deviled eggs and you need the white part to be intact as a nest for the egg yolk mixture, you know how aggravating one of those shell-stickin' eggs can be. I'm sure you've had to give up on some eggs in the process, because invariably chunks of the egg white tear off and leave half nests that just won't work.

I'm the stubborn sort and I'll go to great lengths to fight a shell-sticker, searching for that crucial place where the thin membrane is holding onto its beloved egg white. In 50% of the cases the egg wins and I either eat the mutilated egg white and throw the yoke in with the batch of other yokes or, depending on how many shell-stickers in the batch, decide to make egg salad instead of deviled eggs. It's sort of the egg version of when you have lemons make lemonade. But what can you do when you have one of those shell-stickin' days?

The other day was a shell-stickin' day that refused to give me a break from one negative situation to the next. It started off when I woke up and thought it was about 6-ish. I looked at the clock and it was 3:41. Argh! At that early time it's a toss-up whether my body will go back to sleep or start its day. It decided to start its day.

That afternoon, on my way to a doctor's appointment for a pain in my leg that's been hanging around like an unwanted tune that keeps repeating in my mind, I was listening to the radio and this guy was being interviewed about his involvement in The 48-Hour Project. I was intrigued especially when he said he was from Ridgefield, Washington about five miles from me. He said there are 150 chapters around the US and Portland, Oregon was going to show their 11 winning films that night at the Hollywood Theater.

I love old movie theaters and it sounded fun. The guy said each film is about seven minutes and the people involved in making the films draw a genre out of a hat (comedy, horror, western, chick flick etc.) and they have 48 hours to produce a movie. He said a few years ago one of his films got shown at Cannes. I was impressed and talked Terry into going that night.

I now realize no one in his right mind and who has a talent for making movies would ever agree to make a movie in 48 hours in the first place! I can understand the fun in a race to the finish, but when a final product is involved, that product is for sure going to be less than a final product that took the time it needs to take to be good.

I've always appreciated quality products that reflect the time it takes to create them, and a movie thrown together in 48

hours is going to reflect just that, a movie thrown together in 48 hours. To give you just a sense of that part of my shell-sticken day, the best of the 11 quickies we endured was a horror movie in which the serial killer was a Roomba. (Perhaps the creators thought they'd chosen the comedy card.) I think I'd better have enjoyed watching 11 elementary school talent show films. The popcorn was really good, but when I hobbled out of the Hollywood Theater, I

felt bad I'd dragged Terry into this.
When you have one of those days, the best thing you can do is to realize how great your life is the majority of the time. Maybe we need a few of those shell-stickin' days to truly appreciate all the good in our lives. Here's to those shell-stickin' days, may they restrict themselves to coming once in a blue moon.

For more from Pam Young go to www.cluborganized.com. You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, lose weight and get your finances in order, all from a reformed SLOB's point of view. Pam's books are also available on Amazon. ★

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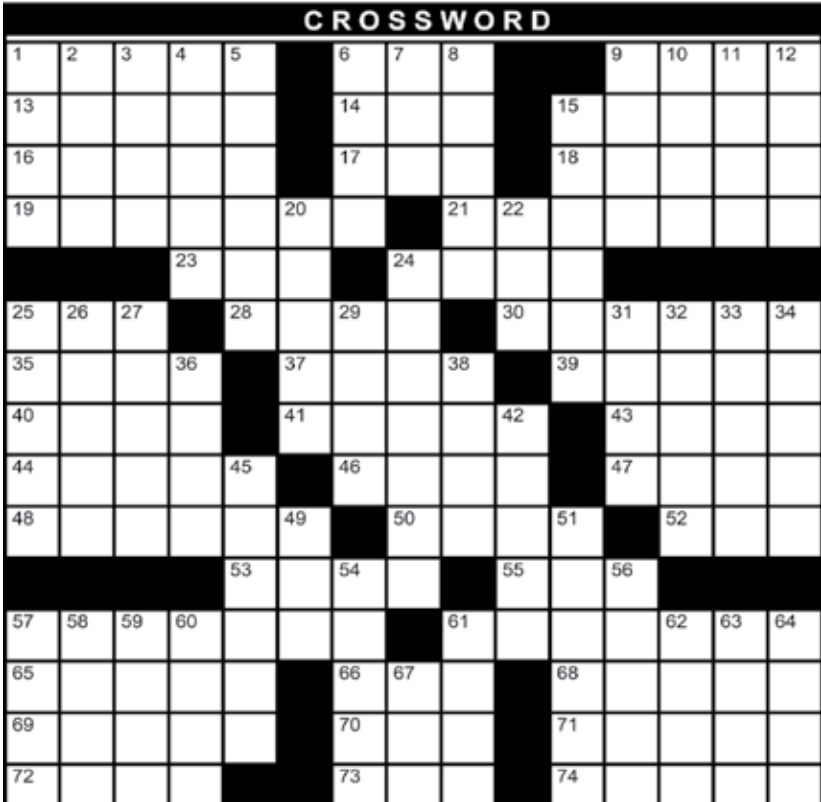
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CLUES

- ACROSS
1. Got some shuteye
6. Pop-ups, e.g.
9. Mound
13. String quartet instrument
14. Wisecrack
15. Batu Khan's posse
16. Famous fabulist
17. *Number of World Series won by the Senators
18. Blue-Green scum
19. *One of two baseball teams to play for both leagues
21. *Home of team with most World Series titles
23. Reggae precursor
24. "The Man Who Mis ____ His Wife for a Hat"
25. Have a bawl
28. Wing-shaped
30. Handrail's main supports
35. It often runs deep
37. It cuts a furrow
39. Double, in French
40. Shakespeare's tragic monarch
41. Sunny prefix
43. Notary Public's mark
44. Run on a bank, e.g.
46. Building extensions
47. 18-wheeler
48. *One of two teams to win in its only appearance
50. Dutch cheese
52. Actors' group
53. OK
55. * ____ house Gang
nickname for 1934 World Series victors
57. *Fall ____
61. *Baseball league award
65. Bald symbol
66. Bauxite, e.g.
68. Andrea Bocelli, e.g.
69. Walk like a peacock
70. *R in RBI
71. Old but in
72. Clothes line
73. Tennis divider



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Crossword Puzzle Solutions on Page 6

- DOWN
1. Union foe
2. Sinister look
3. "What ____ can I say?"
4. Works the soil
5. Brown v. Board of Education city
6. ____ 'n' Andy
7. *He pitched the only World Series perfect game
8. Shorthand
9. Sacred
10. "Cogito, ____ sum"
11. Month of Purim
12. Sneak a look
15. Sold
20. Actor Fienness
22. Long time
24. Streetcar named Desire, e.g.
25. Planktonic tunicate
26. 2018 movie " ____ 's 8"
27. Edible cannabis substance
29. Away from wind
31. Weak one
32. The Three Musketeers' swords
33. Camel's cousin
34. *Commissioner Emeritus of

- Baseball
36. Great Lake
38. * ____ card
42. Missouri River tributary
45. Skeleton's hiding place
49. Hit the slopes
51. "I think I can, I think I can..." , e.g.
54. Oak fruit
56. Expression of contempt
57. ____ pool or ____ pit
58. Like the White Rabbit
59. Taj Mahal city
60. Shantytown
61. Closely confined
62. A chip, maybe
63. Fate of Norse mythology
64. Turkey dance
67. Poe's Morgue

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| | 6 | 7 | 4 | | | | | 5 |
| | | | | | 1 | 6 | | |
| 9 | | | 7 | | | 3 | 5 | |
| 8 | 1 | | | 5 | | 4 | 7 | |

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 6

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By Marlys Johnsen Norris,
Christian Author

IN THE BEGINNING MOST PEOPLE WERE JEWS! THE BEGINNING “CHURCH” WERE ALL BELIEVERS IN GOD’S BELOVED SON, JESUS CHRIST. AFTER DYING ON THE CROSS FOR THE BEGINNING REBELLIOUS SINS OF ADAM AND EVE THAT FELL ON EVERYONE BORN AFTER THEM. TO REDEEM MANKIND FROM OUR SINS. AFTER DEATH JESUS THEN MIRACULOUSLY ROSE FROM THE DEAD – MANY SAW HIM!

Then somewhere in history all kinds of people of different heritages accepted Jesus, His death and Resurrection. They all were called Christians. The Catholic church as born and became a powerful force until Martin Luther had a personal

God’s Legacy From the Old Testament

Revelation, and began the Lutheran Church. From here several different churches were born because mankind always has different ideas they believe about the move of God they like to promote, thereby Methodists, Presbyterians, Church of God, Pentecostal churches came into existence. Plus God’s favorite angel He cast to earth and the enemy of God who promotes ideas to take people away from truth and the sacrificial death of Jesus Christ. Thereby many religious cults are born and continue to exist with false ideas and beliefs.

The Jewish faith continued to exist with the original traditions and beliefs. Many, still not fully recognizing, appreciating or accepting some prophetic Scriptures in the Old Testament about the birth of the Son of God that have come true. Nor accepting Jesus as the Son of God and Messiah they desire. Yet, some have and are blessed!

Our Jewish brothers and sisters have a wonderful legacy and connection to the Family of God given them at birth while Christians become an “adopted” child of God. Once a person (regardless of heredity) accepts Jesus death on the Cross and His resurrection, their names are written in

the Lambs Book of Life. The Holy Bible tells us that -- One day every single life will stand before God! The question will be asked “If” Jesus became their Lord and Savior and give an account of their life! Their destiny will be heaven or hell!

TWO CHOICES: If one will walk before God, as David walked, in integrity of heart, and in righteousness to do according to all God commands and will keep His statues and judgments, then God will establish a place in His Kingdom for them. But, if anyone will turn away from following God, their children will not follow and keep His commandments and His statues which He set but go and serve other gods and worship them God will cut them off and cast them from His sight. (ref. 1 Kings 9 4-6)

Today may very well be your last day for someone to make this decision. Will you choose to go with God or reject Him? This will be the most important decision of your life here as well as in eternity!

Marlys Johnsen Norris
Christian Author of 7 Books
“Messages in the Dust for the Searching Soul”
Marlysjn@gmail.com Box 114
Orangevale, Ca 93552 ★



By Pastor Ray Dare

Your life is the sum total of your commitments. Nothing affects your life more than the commitments that you choose to make. In fact, your commitments have three profound affects on your life.

First, they show your values. I may say something is important to me, but what I choose to commit my time, talent and treasure to really shows what’s important to me. Second, your commitments shape your life. If you were to tell me what you are committed to, I could tell you who you are now and what you will be in the future. Because your commitments shape your character and your character shapes your future. That’s the third thing -- Your commitments determine your destiny and even the destiny of others.

Pastor Ray’s Encouraging Words

What Christianity Cannot Be

Of course, the most important commitment you’re going to make is your commitment to Jesus Christ. Life here on earth -- 60, 80, 100 years -- is brief compared to the years you’re going to spend in eternity. If you serve Christ, you’re going to spend eternity with Him and your rewards and responsibilities are going to be based on how you used your life here on earth. That involves commitment.

Just over 100 years ago, Henry Varley said to his friend D.L. Moody, “*The world has yet to see what God can do, through and for the person who is totally committed to Him.*” D.L. Moody said, “*I will be that person.*” *The world was changed. The Bible says, “The Lord searches all the earth for people who have given themselves completely to him.” 2 Chron. 16:9a (NCV)*

God is looking for people to use in this world. God is looking for people to bless in this world. God is looking for people He wants to strengthen in

this world and the only qualification is – you must be committed.

C. S. Lewis said, “*The only thing Christianity CANNOT be is moderately important.*” It’s either all or nothing. Serving God demands and deserves everything we’ve got or let’s forget the whole thing. The one thing serving the Lord cannot be is moderately important.

From the depths of my heart I want to be a fully committed follower of Jesus Christ. I want to give my whole life, not just a part of it. I challenge you to make that the goal of your life too. It is the best and wisest decision you will ever make with your life. It doesn’t take great people to do great things. It just takes committed people. I challenge you to be one of those people.

Pastor Ray
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SMUD and D.R. Horton Agree to Build All-electric Homes

Electric Utility Aims to Reduce Greenhouse Gases Through “Electrification”

SACRAMENTO REGION, CA (MPG) - SMUD and top national homebuilder D.R. Horton are teaming up to build 104 all-electric homes in two new neighborhoods. These “all-electric communities” – “Juniper,” which is planned to include 66 homes, and “Independence,” which is anticipated to include 38 homes, are both located in North Natomas and will be priced for first-time homebuyers. The homes are included in the SMUD Smart Home program and are part of a broader electrification effort by SMUD, the first of its kind in the USA.

Groundbreaking for the subdivisions began earlier this summer. The model homes are completed, and the communities are open for sale. Construction will continue through 2019. If built as planned, SMUD will provide \$466,000 in incentives to D.R. Horton for including appliances and equipment to make the homes all-electric. These include heat pump heating and cooling, heat pump water heating, and induction stoves—appliances that are typically more energy efficient and can deliver lower overall energy bills.

Heat pump water heaters can reduce electricity use by up to 60 percent compared to electric resistance water heaters. Instead of using electricity to create heat, heat pump water heaters use a refrigerant cycle to transfer heat from surrounding ambient air into the hot water tank. They also cool the area where they are located, usually in the garage. Induction stoves may cook 50 percent faster than electric resistance stoves, and often as fast as



All-electric homes like the model pictured above in the “Juniper” subdivision in North Natomas include electric appliances that are typically more energy efficient and can deliver lower overall energy bills. The homes will be priced for first-time homebuyers. The homes are included in the SMUD Smart Home program, and are part of a broader electrification effort by SMUD, the first of its kind in the USA. Photo courtesy SMUD

gas. They also use less energy than traditional electric stoves and offer digital control of the temperature, and they have no open flame. The absence of combustion in all-electric homes may result in greater occupant safety.

These homes will help community-owned SMUD meet its aggressive commitment to reach 90 percent reduction in greenhouse gas emissions by 2050 and surpass the state’s greenhouse gas reduction goals of 80 percent by 2050.

These D.R. Horton homes are part of the SMUD Smart Home program, which offers incentives to builders and developers of up to \$5,000 for new single-family homes, and up to \$1,750 for new multifamily units, built to be all-electric. The homes must have all-electric appliances and mechanical systems—no gas line in the home, and no gas service at the property—in order to

meet the minimum program participation requirements.

SMUD customers who own existing homes in the SMUD service territory can also qualify for up to \$13,750 for existing homes that convert from gas to electricity. For example, owners of existing homes may receive up to a \$4,500 incentive to replace an existing gas furnace by installing an electric heat pump space heater. A homeowner may receive up to a \$3,000 rebate to switch out an existing gas water heater for an electric heat pump water heater.

There are also rebates available from SMUD for traditional efficiency measures such as duct sealing, insulation, and windows.

More information about SMUD’s all-electric conversion incentives and other energy-saving information is available at SMUD.org.

Source: SMUD Media ★

Sacramento Singers and Artists Go Underground to Raise Funds

Cabaret to Benefit Sacramento Nonprofit Women’s Empowerment



Rogue Music Project performs at last year’s Cabaret on K to raise funds for Sacramento homeless women and children at Women’s Empowerment. Photo by Manny Chavez Photography

By Kristin Thebaud

SACRAMENTO REGION, CA (MPG) - Community members are invited to go underground on Oct. 27 to attend Cabaret on K, an evening of musical performances with a nod to Halloween, featuring a haunting mix of cabaret, jazz, classical and musical theatre pieces by Sacramento group Rogue Music Project. Guests are welcome to come in costume and will enjoy complimentary desserts and drinks for purchase. The event, sponsored by Capital Public Radio, will take place in the Capitol Plaza Ballrooms basement, 1025 9th Street in Sacramento, and will raise funds for Women’s Empowerment’s job-readiness programs for homeless women

and the group’s onsite center for homeless children. Nearly a dozen local artists will display and sell their work, with 50 percent of art proceeds donated to Women’s Empowerment. Tickets are \$50 at www.womens-empowerment.org. Guests must be age 21 or older.

“Cabaret on K is the perfect opportunity to have a positive impact on your community while celebrating Sacramento’s thriving arts scene,” said Lisa Culp, executive director, Women’s Empowerment. “Guests will enjoy live music and art while helping to end homelessness for women and their children.”

Women’s Empowerment is offering the most comprehensive job-readiness program in the Sacramento area designed

specifically for women who are homeless and their children. The award-winning organization has graduated 1,543 homeless women and their 3,710 children. Last year, 92 percent of graduates found homes and 77 percent found jobs or enrolled in school or training. The program combines self-esteem courses, job training, health classes and support services to help homeless women across diverse ages, races and cultures. Women’s Empowerment is funded through private donations from the community and receives no government funding except for in-kind rent from the County of Sacramento. To make a donation: www.womens-empowerment.org. ★



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EUROPEAN DELI

| | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
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TV

GUIDE

MAGAZINE

CHEERS & JEERS

by Damian Holbrook

Cheers to Last Man Standing
for putting its supporters first. Tim Allen’s (pictured, with Nancy Travis) former ABC comedy kicked off its premiere on Fox with a joke about axed shows being saved by other networks and “loyal kickass fans.” Guess he who laughs *Last* really does laugh best!

Cheers to Forever
for being eternally lovable. A month after Amazon Prime Video bowed its soulful series about a couple’s not-always-happily ever after, we are still in heaven over the big twist and the award-winning work by stars Fred Armisen and Maya Rudolph.

Jeers to NCIS: Los Angeles
for making us worry about another DOA. We love us some suspense,



ABC tried very hard to kill Tim Allen’s *Last Man Standing*, but in the end it backfired and Allen and Nancy Travis (pictured) have the last laugh.

but it really looked like Deeks might die from a brain injury during the Season 10 opener. It’s bad enough they offed relative newbie Hidoko. And we’re still pissed at mother ship NCIS for killing off Kate. And Ziva. And Reeves!

Jeers to How to Get Away With Murder’s
students for living together. After every betrayal, the fact that Laurel, Michaela and the others are sharing a house is proof that they need to enroll in Better Life Choices 101. ★

generally it works (although it still sometimes lops off the last few seconds of a show— especially noticeable if you’re a fan of Chuck Lorre’s vanity cards). The reason for these overruns is very old-school, with schedulers believing if a popular show runs into another show’s time period, it may keep viewers from turning between episodes to the competition. This usually ends up just annoying viewers for the reasons you state in your question. If your device allows you to do it, I always recommend recording a few minutes beyond the allotted time slot—or even recording the following show just to be safe.

To submit questions to TV Critic Matt Roush, go to: tvinsider.com ★



Boo

So how far back does this BOO thing go? Halloween straddles fall and winter...life and death. It’s a time of celebration and superstition. It’s thought to have originated with the ancient Celtic festival of Samhain. People would light bonfires and wear costumes to ward off roaming ghosts. The Celts, who lived some 2,000 years ago in the area that is now Ireland, the United Kingdom, and Northern France celebrated the New Year on November 1. This day marked the end of summer and the harvest, and the beginning of the dark and cold winter, a time of year that was often associated with human death. Celts believed that on the night before the New Year, the boundary between the worlds of the living and the dead became blurred. That’s why on October 31, they celebrated Samhain. They thought these roaming ghosts would cause trouble and damage crops. They also

POPPOFF!

with Mary Jane Popp

thought the presence of other worldly spirits made it easier for the Druids, or Celtic priests, to make predictions about the future. Since this was a culture entirely dependent upon the volatile natural world, these prophecies were an important source of comfort and direction during the long, dark winter. Many cultures, including the Roman Empire that conquered the majority of the Celtic territory in 43 A.D. combined the festivals of the Celts.

Then Halloween came to America, but extremely limited in colonial England because of the rigid Protestants. It was much more common in Maryland and the southern colonies. Today’s tradition probably dates back to the early All Soul’s Day parades in England. During the festivities, poor citizens would beg for food and families would give them pastries called “soul cakes” in return for their promise to pray for the family’s dead relatives. The soul cake was encouraged by the church as a way to replace the ancient practice of leaving wine and food for roaming spirits. Merging different ethnic groups and Native American Indians gave America its own

Halloween. The first ones were party-driven and public events to celebrate the harvest. Neighbors would share stories of the dead, tell fortunes, dance and sing. Colonial Halloween festivals added ghost stories and mischief making. In the second half of the 19th century, America was flooded with new immigrants and millions of Irish fleeing Ireland’s potato famine of 1846. Taking from Irish and English traditions, America began dressing in costumes and going house to house asking for money for food. That’s when “trick or treat” was born. Young women believed they could divine the name or appearance of their future husband by doing tricks with yarn, apple parings and mirrors. By the late 1800s, there was a move to mold Halloween into a holiday more about community and neighborly get-togethers than about ghosts, pranks and witchcraft.

That’s some of the history and then all the candy and the spooky movies too. Yes, another “Halloween” movie will be out with all the blood and gore to go with it. Stock up on the treats and save some for your efforts! **HAPPY HALLOWEEN!** ★

ASK MATT

BY MATT ROUSH TV Guide Senior Critic

SHOULD I WATCH GOD FRIENDED ME ON CBS?
Question: Why do many programs run over their 30 or 60 minute time period by a minute or two? I often record programs, and the last minute or two of a story’s wrap-up is lost. The program is recorded precisely at 30 or 60 minutes but the broadcast lasted a minute or two longer. — Ellen Margate, FL
Matt Roush: This practice

has been going on for a long time—and it can be even more confusing with certain cable programs that produce oversized episodes running 15 or more minutes longer than the usual hour with commercials. Those with DVR recorders tend to have less of an issue with this, because the programmers generally provide information about which episodes are expected to run a minute or so longer, and

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Sacramento County DA Reports

Defendants Convicted for Felony Animal Abuse

DATE: September 20, 2018
CASE: Damion Boatman II & George Rodriguez (Case #17FE007269 & #18FE001447)
PROSECUTOR: Supervising Deputy District Attorney Hilary Bagley-Franzoia, Animal Cruelty Unit

Damion Boatman II was convicted by a jury of felony animal neglect and cruelty. On December 30, 2016, a neighbor found an extremely emaciated female Pit Bull dog on her front porch. The dog, Nyla, was so severely starved that the concerned citizen rushed her to an emergency veterinary hospital. Nyla also suffered from severe ear infections, an eye infection, an oozing pressure sore and an extreme skin infection. She was placed on a refeeding schedule for days and recovered more than 25 lbs. in 4 to 6 weeks. A veterinarian from the City of Sacramento Front Street Shelter testified that Nyla would have succumbed within 2 weeks if she had not been found and treated. Nyla appeared so emaciated and impaired that the good Samaritan did not recognize her as belonging to her neighbor. Nyla eventually recovered and was adopted. This case was solely investigated by the Front Street City of Sacramento Animal Shelter and their staff veterinarians.

Boatman is set for sentencing on October 24, 2018, in Department 40 before the Honorable Raoul Thorbourne.

Previously on August 12, 2018, **George Rodriguez** was convicted by a jury of felony malicious and intentional animal cruelty. Two prior occupants of Rodriguez's home testified that from January 2016 to January 17, 2018, Rodriguez engaged in systematic abuse of his animals by beating, whipping, punching and kicking his adult Pit Bull dog and young female German Shepherd puppy. The animals were routinely tied to a tree during the abuse and had no means to escape Rodriguez's extreme punishments. The jury also heard that Rodriguez would laugh after setting off fire crackers near the heads of his dogs while they slept. The animals were treated by shelter veterinary staff and have been adopted. This case was investigated by the Sacramento Police Department and the Front Street City of Sacramento Animal Shelter.

Rodriguez is set for sentencing on October 12, 2018, in Department 19 before the Honorable Ernest Sawtelle.

Both defendants will be banned from possessing, owning, residing with, maintaining or carrying for any animal for 10 years.

Defendant Sentenced to 50-Life for Murder

DATE: October 12, 2018
CASE: Cansio Santiago Ramirez (Case #17FE015184)
PROSECUTOR: Deputy District Attorney Caroline Park, Homicide Unit

The Honorable Kevin Culhane sentenced Cansio Santiago Ramirez to 50 years to life in prison. On August 30, 2018, a jury convicted Ramirez of the first-degree murder of Arturo Soto. The jury also found true a firearm allegation.

On August 15, 2017, Arturo Soto was in a dispute with a friend over a truck sale. Soto met the friend at the friend's auto body shop. When the argument escalated, Soto grabbed a gun, loaded it with a magazine, pointed it at the friend's head and threatened to shoot him. The friend convinced Soto to put the gun down and they got into a physical fight. At that point, Ramirez returned to the shop. During the fight, the friend yelled to Ramirez to grab the gun. Ramirez then approached Soto from behind and shot him in the back, killing him.


Career Criminal Sentenced for Attempted Murder of Officers

DATE: October 5, 2018
CASE: Justin Hurst (Case #16FE017117)
PROSECUTOR: Deputy District Attorney James Wax, Career Criminal Prosecution Unit

The Honorable Steve White sentenced Justin Hurst to 92 years to life in prison. On May 17, 2018, a jury convicted Hurst of attempted murder and assault with a semi-automatic firearm on a peace officer, reckless evading of a peace officer, possession of an assault weapon, possession of a short-barreled shotgun and four counts of felon in possession of a firearm. The jury also found true enhancements that Hurst intentionally discharged a firearm and that he knew and intended to fire at peace officers.

On September 1, 2016, two Citrus Heights police officers contacted Justin Hurst, who was asleep in a parked vehicle. Hurst was on Post-Release Community Supervision and had a felony warrant. Officers directed Hurst to keep his hands on the steering wheel, but he instead sped away and led the officers on a high-speed chase in a residential neighborhood. During the chase, Hurst fired multiple rounds at the officers. Hurst crashed his car into a resident's fence, and was taken to a hospital to treat his injuries. A search of his car revealed 13 cartridge casings, four firearms and boxes of ammunition.

Additional allegations that Hurst has a prior 1999 strike conviction for first-degree burglary and three prior convictions for being a felon in possession of a firearm were found true at sentencing. ★



Friends Church Serves Citrus Heights During 100 Years of American History

By Elise Spleiss

CITRUS HEIGHTS, CA (MPG) - On Saturday, September 29, 2018 more than 100 members and friends of Friends Church in Citrus Heights came together to reminisce about a century of the joys and sorrows, the hard times and the good that brought a family of God together and have kept them going strong five decades later. Attendees included former members, present and past pastors and missionaries and others who have been touched by the presence of this church in their community.


Friends story was told in several rooms by hundreds of photographs covering the walls, plus binders, photo albums, church directories and videos depicting the history of the first 100 years of the first church built in Citrus Heights in 1918.

Guests assembled in the sanctuary for a time of song, reminiscing, worship and prayer. Members old and young told of their deep roots at Friends, growing up both in the 'old' building and in the 'new' church. A theme running through most of the stories was how from their first day at church there was always someone there to come alongside them to help them grow in their faith. They were mentored and trained by those who came before them, learning to pass what they had learned on to others.

Their success after 100 years was attributed to always passing on the baton to the next generation. There are many families with a legacy of up to four and five generations at Friends. Many pastors, church planters and missionaries moved on from Citrus Heights to step out in faith to other congregations and mission fields.

Citrus Heights Vice Mayor Jeannie Bruins presented an official city proclamation to Pastor Tweed Moore. The proclamation recounts Friends history and recognizes it to be a church that "was originally and continues to be a family church, deeply rooted in the community, Christ centered, Bible based and Spirit directed."

In 1914 Walter and Gertrude Leonard with their eight children left their homestead in Oklahoma and followed God's call to settle in a 15 square-mile farming community known as Citrus Heights. Upon their arrival Leonard followed his Quaker background and sought out other Christian families to create a new family of worshippers. With permission from Quaker leadership he founded the Citrus Heights Friends Church on December 2, 1917. They met at the old Sylvan School until their own building was built in 1919. The church they built at 7600 Old Auburn Road was the first church built in Citrus Heights. It was dedicated on June 12, 1921. By 1975 they had outgrown this building and built a new, modern church at 7070 Woodmore Oaks. Their original sanctuary is now the Pioneer Baptist Church which is an official historical city landmark.



Friends and former pastors get together to reminisce about the century of joys that have come to Friends Church in Citrus Heights. Photo by Danelle Moore

Former pastor, Ken Royal, who served in 1985 to 1987 was present. Following his service at Friends he served on and retired from the Citrus Heights Police Department and now lives in Northern Idaho. His great grandparents were founding members. Besides learning every nook and cranny of "the old church" as a child, Royal echoed the testimony of every speaker that this is where "I found Jesus Christ and it changed my life." The term "they grew me" came up often during testimonies. This was done most importantly as those being mentored for future work in the church learned how to apply the principles they were being taught in real life.

Pastor Tweed Moore has been pastor since 1998, who along with his wife Cyndi has served Friends for the longest period. After listing all that has gone on in our country during Friend's work in the community, from the end of World War I, the Depression, Cold War, first moon landing, Vietnam, AIDS, 9/11 and war in the Mideast, he noted how "Friend's Church of Citrus Heights has always been here, a light in the darkness, no matter what the culture around us is doing today." ★

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Grace Baptist Church of Fair Oaks Presents Dr. Al Reichman

Speaking engagement set for November 4 at 6pm Service

FAIR OAKS, CA (MPG) - Dr. Reichman comes from a long line of orthodox rabbis. His paternal grandfather, an orthodox rabbi, immigrated to the United States from Austria. His first exposure to the Gospel was at the age of 8, when a friend invited him to attend a Vacation Bible School. After that summer, two of his sisters attended a youth camp sponsored by the same church and came home having accepted Jesus Christ to be their Savior. His parents had divorced by this time, opening the door for Dr. Reichman and his sisters to freely attend church.

Despite his active attendance in church, it was not until he was a teenager that he finally came to accept Christ as his Savior. During the invitation in the morning service, Al realized that everything he had been taught about Jesus was exactly what his father had taught him about Messiah. This settled in his heart and he readily received Messiah. However, not without cost--his father mourned him as dead and never spoke to him again. The Lord laid a claim on Al's life a year later at youth camp and he surrendered his life to serve the Lord. Following high school, he traveled with a Christian musical drama group for two years.

In 1975 he enrolled in Baptist Bible College in Springfield, Missouri. Upon graduating in 1979 with a BA in Theology, Al was ordained. He and his wife, Michele, embarked on a 17 year pastoral ministry and the continuation of his education. He earned his Master of Theology and Doctor of Theology degrees from Bethany Theological Seminary in Dothan, Alabama, graduating Summa Cum Laude in both programs.

In 1984, Al began to develop a burden for the salvation of his own people. He has been used by the Lord in many churches desiring him to preach the need of taking the Gospel to the Jews, from whence it came. He led the churches he pastored to financially support Jewish Missions in a substantial way. Al has served as Missions Committee



Dr. Al Reichman and his wife Michele. Photo courtesy AMM website

Chairman of the Central West Texas Baptist Bible Fellowship during his time in Texas, Chairman of the Illinois Baptist Bible Fellowship for four years, and Chairman of the Board of Directors for Freedom Flyer Ministries. He has pastored three Baptist churches in New Mexico, Texas and Illinois. Since 1997, the Lord has opened the door for Al and Michele to serve in Jewish ministry. In 2013 the Lord led Al to launch Ahavath Messiah Ministries (Love of Messiah Ministries), where he continues to labor to bring the Gospel to Jewish people, as well as encouraging and teaching churches to do the same. Al travels to churches all across the country sharing his burden of taking the Gospel "to the Jew first, and also the Greek." He is a gifted speaker, who evidences the hand of God on his life and ministry.

Grace Baptist Church is located at 6724 Palm Avenue in Fair Oaks.

Source: Bio from Ahavath Messiah Ministries website with permission ★



By County Supervisor Sue Frost

Through the generosity of the American River Messenger, this column serves to provide an update about matters affecting the unincorporated community of Orangevale.

Recently, Sacramento County was the lead agency in a huge list of area governments to sue the State of California, with the aim to block the Delta Tunnels project. I stand in full support of this decision by Sacramento County, because I believe this nightmare of a project would hurt low-income communities and local farmers in Sacramento County.

The Delta Tunnels project, which is being championed by Governor Jerry Brown in an effort to improve Southern California water supply, has been flawed from the start. The harm these tunnels would create in the Sacramento Delta would be immense, with nearly 700 acres of land becoming unusable during the 13 year construction period

Orangevale Community Update

Flushing Away Our Water Rights

(which will inevitably rise to 15+ years). Not only that, but once the project is fully operational, it will heavily degrade the quality of our water that flows through the Delta due to the diversion of the Sacramento River's clean water flows through the delta tunnels.

I also have a problem with the misinformation being propagated by advocates of the Delta Tunnels project. We have been told that over 100,000 jobs would be created by the project, but in reality there has been zero evidence supported by this claim. In fact, according to the Final Environmental Impact Report, there would only be a peak of around 2,500 jobs during construction, and a peak of 6,500 jobs after the 12th year of construction.

Further, project proponents claim that the \$271 million spent thus far on the project has been entirely paid for by state and federal water contractors. But the truth of the matter, as uncovered by a federal audit, found that over \$84 million has been spent on the planning process, despite clear requirements under the law specifying all costs to be paid by the beneficiaries of the project.

But while Sacramento County and an enormous list of other local jurisdictions are suing this project, this doesn't guarantee this project will be prevented. Three times in the past five years alone, the U.S. House has waived

federal environmental laws to push through projects, so we need to remain vigilant in our opposition and make our voices heard.

I do not think we should simply say "no" to the water problem in California. Instead, I think we need to put pressure on State officials to do everything in their power to hurry up construction of new water storage so that the entire State has enough water to go around. Just north of Sacramento is Sites Reservoir, which when built could have the capacity to store enough water to serve 6.3 million Californians each year. We need to increase our supply, not rob Peter to pay Paul.

Finally, I want to invite everyone to my next Orangevale community meeting on November 14th at 6:00pm at the Orangevale Community Center (6826 Hazel Avenue). This is an opportunity for you to get an update from me and to ask me any questions you may have. Thank you for reading – and as always, if you want to contact me call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murietta, North Highlands, Carmichael, Foothill Farms, and Fair Oaks. ★

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