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Chicken Festival is a Family Fun Event



The 13th Annual Fair Oaks Chicken Festival is fun for the whole family. In the heart of Fair Oaks, the festivities take place on Saturday, September 15 from 10AM to 6PM. All photos courtesy FORPD

By Mary Cattolica, FORPD

FAIR OAKS, CA (MPG) - Want to have some great family fun? The time has come for the 13th Annual Fair Oaks Chicken Festival on September 15. In the heart of the Fair Oaks Village, you'll find the community coming together for a day FULL of live music, food, festivities,

and fun. With free general admission and parking, you won't want to miss it. The streets are lined with craft vendors, community groups, food trucks, and much more. Throughout the festival, you'll hear live music at the Chicken Stock main stage from bands Keep

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Del Campo Loses Football Home Opener

Outmatched by Merced
By Keith Jouganatos

FAIR OAKS, CA (MPG) - A home loss at Del Campo is something Mike Dimino and his team were not used to last season, but it was something they had to get used to during Friday night's 51-15 loss to Merced. The Cougars were undefeated at home last season, which included a 41-14 victory over Merced to start the year.

But from the opening kickoff Merced's offense posed a problem for Del Campo's defense as they got out to a hot start in the first quarter, scoring back to back touchdowns to jump out to an early 14-0 lead. By the second quarter Merced's offense was in hot pursuit while Del Campo's inability to take care of the football was on full display.

Following Dhameer Warren's 20 yard touchdown pass to Noah Leaf to make it 31-7 Merced, Del Campo proceeded to muffle the kickoff, which Merced recovered. One play later Warren struck again, connecting with Xavier Stewart from 26 yards out to make it 37-7 going into half.

The second half wasn't much different for the Cougars.

Following the game longtime Del Campo Head Coach Mike Dimino was not amused at his team's inability to protect the pigskin.

"They literally got two touchdowns in 23 seconds, one touchdown in five seconds," said Dimino.

"I can honestly say that's never happened to one of my football teams before."

There were times when the running game for Del Campo looked solid and gave them the ability to potentially put the ball

Continued on page 12

College Bound Students Earn Shopping Spree and New Laptop for School

SACRAMENTO REGION, CA (MPG) - As part of an annual scholarship opportunity from Kids Helping Kids, 35 low-income graduates from the San Juan Unified School District were offered the chance to shop for their college dorm room supplies.

Kids Helping Kids is a non-profit organization at Del Campo High School that is completely run by a team of students. During the past school year, the team raised more than \$30,000 to support the shopping program where each sponsored student is given a brand new laptop and a \$300 Target gift card to stock up on supplies.

Teachers, counselors, coaches and mentors surrounded the students as they patiently awaited the green-light to shop. The amount of encouragement and support was clearly noted by all in attendance and was reflective of the true purpose of the event.

Del Campo Graduate Michelle Guilford -- who will be attending Sacramento State University for her degree in Education -- spent the morning shopping for bedding essentials and room decorations.



If you are interested in learning more about the Kids Helping Kids nonprofit, or would like more information on how to help sponsor a student, visit their website at <http://kidshelpingkidssac.org>. Photo courtesy Kids Helping Kids

"[The scholarship] is making it a little bit easier," Guilford said. "Not just financially, but I know that I have the tools I need to be successful so I don't need to stress about anything else."

Friends from Encina High School Reante Talton,

Elizeth Valencia and Natasha Kamwendo shared how grateful they were for the Kids Helping Kids program while they shopped for backpacks.

Talton said, "You don't think about a lot of this stuff when you're applying to college and

this is going to help us out so much with the stuff we need. We're just so appreciative."

San Juan Unified Staff members were also eager to guide their students through the aisles. Kate Hazarian, Chair of the board to Kids Helping

Kids and Director of Family and Community Engagement, wanted each of her students to know how deserving they were of the scholarship and how successful they would be in school.

"Part of the mission in our district in the area of equity is to remove barriers for kids to academic success," Hazarian said. "We hope that [with this program] we are removing barriers for kids and helping them make that transition from high school to college."

Contact the Family and Community Engagement team for more information at 916-971-7929.

If you are interested in learning more about the Kids Helping Kids nonprofit, or would like more information on how to help sponsor a student, visit their website at <http://kidshelping-kidssac.org>.

You can also view media coverage of the event from our Facebook Live video and KFBK News Radio.

Source: San Juan Unified School District

★



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Tips for Cleaning Your Property of Wildfire Ash



In the midst major fire season, cleaning up after the fires has both the U.S. and California Environmental Protection Agencies developing plans on clearing the ash without causing damage to creeks and rivers. You can find more information from the United States Geological Survey (USGS) on the effects of ash in the waterways.

SACRAMENTO REGION, CA (MPG) - The Sacramento area has been surrounded this summer by wildfires and the effects have been smoky skies and falling ash. Breathing the bad air has been tough enough, but what's

been falling from the sky is adding another environmental problem for our waterways. Ash contains wood and vegetation, but also chemicals from homes and other buildings caught up in the flames

then sent adrift to fall over the Sacramento region. We can help keep more from ending up in the water by being careful about how we remove the ash on our property. If ash covers your home,

walkway or vehicle, avoid breaking out the hose and washing it down gutter. That untreated ash can pollute the storm drains and eventually the creeks and rivers. Sweeping up the ash from around your home and depositing it in your trash-can is the best way to remove the pollutants.

When it comes to cleaning your vehicles, you should get rid of the ash on your vehicle as soon as possible because it can harm the paint. Taking your vehicle to a carwash will keep wastewater out of the storm drain system by diverting the wastewater to the sanitary sewer system or to a landscaped area where it will not pollute our creeks, rivers and waterways.

The cleaning up after the fires has both the U.S. and California Environmental Protection Agencies developing plans on clearing the ash without causing damage to creeks and rivers.

You can find more information from the United States Geological Survey (USGS) on the effects of ash in the waterways.

Source: SacCounty News ★

County Enters Agreement for EV Charging at SMF



Several locations throughout the county have been identified as prime locations for EV charging stations, including Sacramento International Airport, a crucial component of the regional transportation infrastructure.

SACRAMENTO REGION, CA (MPG)

- The Sacramento County Board of Supervisors approved an agreement with Electrify America, LLC (EA) to install and operate up to eight electric plug-in vehicle charging stations near the ARCO AM-PM gas station at the entrance to Sacramento International Airport.

“With today’s approval, the County is adopting state-of-the-art solutions to reduce greenhouse gas emissions,” said Supervisor Susan Peters, Chair.

The fee-based DC fast-chargers are envisioned to serve as EV filling stations. Customers can use a credit card to charge most electrical vehicle batteries up to 80 percent in 20 minutes.

Several locations throughout the county have been identified as prime locations for EV charging stations, including Sacramento International Airport, a crucial component of the regional transportation

infrastructure.

“I hear more and more from constituents who want the convenience of charging their electric vehicles at Sacramento International Airport,” said Supervisor Phil Serna, District 1, and California Air Resources Board member. “Today’s action by the Board of Supervisors goes a long way to make that happen.”

Sacramento International Airport currently has 12 Level 2 EV chargers and 12 level 1 chargers in the parking garage that serves both terminals, and four Level 2 chargers and one legacy paddle (for older EVs) in the daily lot. There is no fee to use the chargers.

The airport also leases space to SMUD in the Free Waiting Area for one DC fast charger and two Level 2 chargers, which are fee-based.

Charging stations are expected to be operational within 1-2 years.

Source: SacCounty News ★

SMUD Asks Customers to Be Safe Before Digging

SACRAMENTO REGION, CA (MPG) - Fall is approaching, and it’s the time when many begin pre-winter outdoor projects. Whether it’s small like planting a tree, a larger one like building a deck or fence, or a big project such as new landscaping, be sure to include a very important safety step prior to starting any digging job.

Notify Underground Service Alert North 811 (USA) a minimum of two full business days before beginning to dig to find out if there are any dangerous underground utilities such as electric power lines in the area.

This is a free service.

Whether you are doing the job yourself or hiring a professional, smart and safe digging means calling 811 or visiting usanorth811.org to request a utility-locate before each job; using the website for your notification can save time. The notification is valid for 28 days, so if the excavation project goes beyond this timeframe, notify USA North 811 again.

SMUD and other area utilities such as gas, water and cable television will be contacted to determine whether they have underground

facilities, and if so, the locations will be marked at the excavation site. Underground utility lines are not always located in the street; some utilities may be located in front yard and backyard easements. Digging into an underground electrical line can cause power outages and personal injury or death.

Be aware, it is the law to notify USA North 811 before you dig. Besides the legal requirement, it’s the way to stay safe and avoid financial and legal responsibility for repairs and/or injuries.

Source: SMUD ★

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Chicken Festival is a Family Fun Event

Continued from page 1

on Truckin', FBI, and Take the Money and Run. The headlining band, Take the Money and Run, features a rockin' tribute to the Steve Miller Band.

The Chicken Festival is a great event for the whole family to enjoy. We start out with a pancake breakfast sponsored by the Fair Oaks and Orangevale Grange #354 from 8AM-10:30AM. The festivities kick-off at 10AM, including our Rocky's Roost Kid's Park. For just \$5, your kids can have access to unlimited carnival games and inflatables. It also features kid-friendly entertainment, euro-bungee, face-painting, air brush tattoos and much more. Looking to shop? We have dozens of craft and company vendors lining the streets with all sorts of things to buy for someone else or for yourself.

Do you enjoy a nice cold brew? The Rotary Club of Fair Oaks' Craft Brew tasting begins at 11:30AM and serves until 5:30pm. Only \$3 per taste. Feeling hungry? The SactoMoFo Feed Court will be stocked with tons of delicious eats and treats, and each vendor will have their own special menu item for the day.

If you're in the mood for a good laugh, head to the main stage at 12PM for the 5th



For more information about the Chicken Festival, visit www.forpd.org.

Annual Cluck 'n Crow contest. Community members are welcome to try their luck and cluck away for a cash prize of \$100. The Chicken Stock Plaza Park area is also home to the Great Chicken Contest, featuring the creative chicken creations of people in your community.

The Fair Oaks Chicken

Festival is presented by the Fair Oaks Recreation & Park District and is sponsored by SMUD, Scooter's Coffee, Oak Leaf Dental, K-Love Radio, SactoMoFo, Raley's, Imagine Real Estate, and Central Valley Community Bank. For more information, visit www.forpd.org. ★

Senator Gaines Calls For Special Legislative Session On California Wildfires

From the office of Ted Gaines

SACRAMENTO REGION, CA (MPG) - Senator Ted Gaines (R-El Dorado) today submitted a letter to Governor Brown requesting he convene a special session of the legislature this fall to address California's wildfire crisis.

"The Governor and I were together in Shasta County where we witnessed the Carr Fire devastation, and how these fires can flatten entire communities in minutes," said Senator Gaines. "California must do more to prevent fires, protect property and save lives. I'm calling on the Governor to convene a special session so we can take action on making our state fire safe."

While the legislative conference committee is currently focusing its attention on some wildfire issues, there simply is not enough time for meaningful action to be taken on this worsening fire situation before the legislature adjourns in two weeks.

Senator Gaines proposes a special session this fall dedicated to addressing wildfire-related issues, including: fuels reduction strategies; hardening of the urban/wilderness interface; increased logging and increased biomass use; improved federal, state, and local coordination; innovative strategies for fire suppression and forest management; private party incentives for fuels reductions; specific regional

challenges facing our state; and local autonomy to address specific local fire conditions.

Senator Gaines suggests the solutions come with aggressive timelines, and hard-and-fast completion dates so that all parties can be held accountable. He also asks that the solutions do not place any greater burden on the backs of taxpayers.

"I know that too often the first impulse in politics is to raise taxes to solve any problem, however, this state is sitting on a multi-billion dollar surplus. That money should be used to make California fire safe, protect our citizens and avoid billions in future spending through better prevention," said Senator Gaines. ★

Senator Gaines' Bill to Help Taxpayers Passes Assembly

From the office of Ted Gaines

SACRAMENTO REGION, CA (MPG) - Senator Ted Gaines (R-El Dorado) announced his Senate Bill 1246, a bill that will streamline and modernize the process for expediting property tax refunds to California taxpayers, passed off the Assembly floor.

"I'm pleased to have the Assembly's support on this important taxpayer protection

bill," said Senator Gaines. "SB 1246 is simple and fair, two elements of good governance that are too often missing in California. We must resolve any overpayment issues as efficiently and quickly as possible, and get taxpayers back what is rightfully theirs."

Under current law, an outdated and archaic "refund claim form" is required to be mailed to a member of the public who is owed money due to an

overpayment of taxes, penalties, assessments, interest or other costs associated with local taxes. The claim form must be signed and returned by the taxpayer before the county can issue a refund.

SB 1246 will speed up the process to allow the county to simply pay the taxpayer what is owed when an overpayment or refund is discovered without the time-consuming paperwork required under current law. ★

Which of These Costly Homeseller Mistakes Will You Make When You Sell Your Home?

Fair Oaks / Orangevale - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of homesellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market.

As this report uncovers, most homesellers make 7

deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".

To hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-800-665-3596 and enter 1000. You can call any time, 24 hours a day, 7 days a week.

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California Wildfires Caused by Radical Environmentalists, Not Climate Change



Commentary
by Katy Grimes,
Investigative Journalist

SACRAMENTO REGION, CA (MPG) -

The United States Forest Service was originally founded to protect forests from the ravages of fire to preserve it for future generations. That thinking was abandoned in favor of the flawed “no-use movement,” or the “rewilding” theory, which blames humans for the “degradation of our planet.” “Rewilding the land can repair damage we’ve caused and reconnect us to the natural world,” National Geographic claims.

For decades, traditional forest management was scientific and successful – that is until ideological, preservationist zealots wormed their way into government and began the 40-year overhaul of sound federal forest management through abuse of the Endangered Species Act and the no-use movement.

Traditional forest management had simple guidelines: thin the forest when it becomes too difficult to walk through; too many trees in the woods will compete with one another, because the best trees will grow at a slower rate.

In my recent interview with Rep. Tom McClintock, he stated:

“Our forests are now catastrophically overgrown, often carrying four times the number of trees the land can support. In this stressed and weakened condition, our forests are easy prey for drought, disease, pestilence and fire. The U.S. Forest Service used to be a profitable federal agency,” McClintock said. “Up until the mid-1970s, we managed our National Forests according to well-established and time-tested forest management practices.”

“But 40 years ago, we replaced these sound management practices with what can only be described as a doctrine of benign neglect,” McClintock said. “Ponderous, Byzantine laws and regulations administered by a growing cadre of ideological zealots in our land management agencies promised to ‘save the environment.’ The advocates of this doctrine have dominated our law, our policies, our courts and our federal agencies ever since.”

Today, only privately managed forests are maintained through the traditional forest management practices: thinning, cutting, clearing, prescribed burns, and the disposal of the resulting woody waste.

McClintock said the forest service used to auction surplus timber harvested from national forests. This served two purposes: clearing, cleaning, and thinning the forest, and providing usable timber for a myriad of industries. The timber the forest service auctioned off more than paid for the entire federal agency, and then some. Local governments even received 25 percent of the proceeds of the lumber auctions, while 75 percent went to the federal government.

“Revenues that our forest management agencies once

“Our forests are now catastrophically overgrown, often carrying four times the number of trees the land can support. In this stressed and weakened condition, our forests are easy prey for drought, disease, pestilence and fire.”

REP. TOM MCCLINTOCK
(R-CA)

produced – and that facilitated our forest stewardship – have all but dried up,” McClintock said. This has devastated rural communities that once thrived from the forest economy.

Mcclintock Said There Were Once 147 Timber Mills; Now, There Are Only 29 in the Country

McClintock also pointed out that despite the growing population, visitation to national forests has declined significantly as the health of our forests has decayed. “We can no longer manage lands to prevent fire or even salvage dead timber once fire has destroyed it,” he said.

Private forests are still managed properly, but not forests on

public lands.

That sound practice grounded to a halt when the most radical environmentalists took over. Now thick, overgrown and diseased forests have become tinder boxes and are burning down in California, leaving a trail of death and destruction.

What Happened?

In 2012, the Obama administration issued a major rewrite of all of the country's forest rules and guidelines, adding so many rules, regulations and layers of bureaucracy, grounding all forest management to a halt. McClintock said that to even cut one tree down in the national forest, forest managers were forced to apply to the federal government for a study. The other big problem is these burdensome regulatory requirements greatly inflate the cost of forest management, McClintock said. “Between the studies and litigation, the process was endless,” McClintock added.

When forest managers attempted to address public lands ravaged by disease, beetles or fires, they were met with

a wall of bureaucracy. “Public lands take years' worth of environmental review for studies,” McClintock said. “By then, the timber has lost most of its commercial value. Essentially, the public land is abandoned. The laws make it cost prohibitive to salvage.”

The Catastrophic Canard of Climate Change

Gov. Jerry Brown has spent a great deal of time jetting around the world spouting climate change propaganda, and now he calls these year-round wildfires California's “new normal.”

Rep. McClintock pointed out the obvious: the same climate change impacts private lands as public lands, but private forests are not burning down because they are properly managed. Or if a fire does break out on privately managed forest land, it is often extinguished more quickly and easily because the trees aren't so close together, and the underbrush has been cleared away.

We are now living with the result of radical environmentalism ideology – that we should abandon our public lands to

overpopulation, overgrowth, and in essence, benign neglect, McClintock said. “Forest fires, fueled by decades of pent up overgrowth, are now increasing in their frequency and intensity and destruction.”

He added, “Excess timber WILL come out of the forest in one of only two ways. It is either carried out or it burns out.”

McClintock was able to pass legislation last year, which streamlined the environmental reviews for the Tahoe Basin. “The Forest Service regional manager told me it will take their review from 800 pages to 40 pages, and allow them to begin to get the forest there back to a sustainable level.”

But meanwhile, California burns, while Jerry Brown claims these catastrophic infernos are “the new normal,” blames climate change, declares a national emergency and collects billions of dollars from the American taxpayer in federal aid. No amount of money will ever fix California until they undo decades of dangerous climate change regulations and remove 129 million dead trees. ★

LETTER TO THE EDITOR

A “Burning” Response

The headline* reads: “California Burning Thanks to Obama-Era Environmental Regulations.”

The truth of the matter is that forest management practices over the past century have unintentionally contributed to wild fires -- not Obama. Current research points to past practices in conjunction with climate change. This is constructive information to work with.

Your writer, on the other hand, bases her conclusions on sources who clearly have political agendas, who need to sell books and support the conspiracy theory industry. She sprinkles words like *eco-terrorism, extorted, leftist politicians, so-called environmentalists*, and other inflammatory terms and statements throughout. This is not constructive.

This type of “journalism”

– if you want to call it that -- is aggravating. It selects only the “facts” that support its premises and demonizes others to achieve a political point.

I hope it's not the sign of things to come with the Messenger.

Signed,
M J Schroeder
Fair Oaks, CA

*Messenger, August 10, 2018, page 11 ★

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Multicultural Business Expo Relocates to Carmichael

By Trina L. Drotar
Photos courtesy Russian American Media

SACRAMENTO REGION, CA (MPG) - Now in its ninth year, the Multicultural Business Expo has relocated to the Patriot Event Center at Milagro Centre on Fair Oaks Boulevard at Marconi Avenue. Olga Ivannikov, CFO of Russian American Media and the event’s organizer, is excited about the new location. “The expo is going to be both outdoors with canopies and indoors with a hall filled with exhibitors,” she said, adding that local restaurants, breweries, and wineries would be on hand with samples for hungry attendees and exhibitors.

More than 100 businesses and non-profit agencies are expected to exhibit at this year’s event, which, based on the event’s continued growth, should draw more than 2,000 attendees from the greater Sacramento region. “This year we wish to make an emphasis on personal connections,” she said. The face to face meeting is why the event draws so many people.

The expo provides a forum for small business owners to connect with other small business owners or with banks, credit unions, or with many businesses that offer subcontracting opportunities. For students and recent graduates, there will be opportunities to connect with



The Multicultural Business Expo will be held on Wednesday, September 5 from 11 a.m. – 3 p.m. at the Milagro Centre in Carmichael.

businesses that may have job opportunities like the Sacramento Sheriff’s

Department or California Highway Patrol. Mid-career business people will also find opportunities to connect and pass out resumes. The general public can connect with possible service providers, pick up samples, and wander the booths.

Some exhibitors will be familiar names throughout the region. SMUD’s Supplier Emerging Enterprise Development (SEED) team will help small business owners learn about state certification and bid on SMUD contracts. “They’ll provide an overview of our business contracting procedures and explain the SEED program in detail,” said Chris Capra, SMUD’s Public Information Specialist. Exhibiting at this business expo helps SMUD grow its pool of qualified potential contractors and helps business owners learn how to maneuver the state’s certification program, a win-win for both. “SMUD also realizes reciprocal benefits by promoting the economic development of its customers who own the company,” added Capra.

Other exhibitors, like Language World Services, Inc., may be less familiar. This translation and interpretation organization, located in Carmichael, provides services in more than 80 languages for healthcare, law enforcement, conferences, insurance, disaster preparedness, and many other areas. Job opportunities are available throughout the Sacramento region and San Francisco Bay Area.

Exhibitors will be on hand in three different areas. The business expo will feature government and corporate entities offering resources and contracting opportunities to small business owners. Joining SMUD will be Siemens, DGS, and others. Owners interested in business financing, presenting their products or services, investigating export opportunities, and reaching new customers should stop by with business cards.

Students and recent high school graduates may wish to peruse the educational opportunities area. Asher College, Sacramento Employment and Training Agency (SETA), Pacific Charter

Institute, and CSUS will be on hand with information about undergraduate programs, the transfer process for community college students, opportunities for working adults, and the all-important financial aid. Asher College, founded in 1998, is a trade school specializing in medical, business, and IT with campuses in Sacramento, Dallas, and Las Vegas. SETA, now in its fourth decade, features Sacramento Works with offices in Sacramento, Mather, Galt, Rancho Cordova, and Citrus Heights.

Job seekers should be prepared with resumes and proper business attire to meet with the many businesses that will be on hand. Connect with Wells Fargo Bank, SAFE Credit Union, American River Bank, and others to learn about available positions, the hiring process, or to submit your resume in person.

Other exhibitors with business or learning opportunities include GRID Alternatives, a non-profit organization based in Oakland. GRID works in the highly popular field of renewable energy and offers volunteers the opportunity to assist with installation projects, a sort of try before you buy idea. GRID also has training, certification programs, and jobs. ANG Health Care, Inc., located in Folsom, will be on hand to discuss its offerings in skilled nursing, speech therapy, and in-home care services. Insurance companies, accounting firms, medical offices, and health clubs are expected to be on hand to answer questions and provide information.

The expo has grown each year and draws people from Sacramento County and surrounding areas. “We started out as a local community fair and grew into a major business exposition which is organized by a number of non-profits and all major chambers in the Sacramento valley,” said Ivannikov. “We reach out to Rancho Cordova, Roseville, Elk Grove, West Sacramento, Sacramento. We contact all of the multicultural chambers, the Asian Pacific, Hispanic, African American, and the metro chamber.”

For more information: visit www.russianamericanmedia.com/our-events/business-career-expo/ or call 916-677-9397. If you visit: The Multicultural Business Expo will be held on Wednesday, September 5 from 11 a.m. – 3 p.m. at 6241 Fair Oaks Blvd., Carmichael, CA 95608. ★



Job seekers should be prepared with resumes and proper business attire to meet with the many businesses that will be on hand.

FUTURE FORWARD

KNOW WHERE TO START—TALKING TIPS FOR PARENTS

- ★ Know the facts. Understand that marijuana negatively affects the developing teenage brain
- ★ Talk often—build strong trust
- ★ Have shorter, more frequent conversations
- ★ As they become teens, the conversation needs to change
- ★ Listen! Conversations go both ways
- ★ Remember, kids watch what you do along with what you say

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Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

Crossword Puzzle on Page 7

W	O	K	E	N		E	M	S		F	U	S	S
A	N	I	M	A		S	O	U		C	I	R	C
S	T	E	E	R		P	A	S		A	L	G	A
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			R	O	W		A	I	D	E			
R	A	F		W	E	E	D		Z	O	S	T	E
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D	O	T	E		P	L	U	T	O		A	C	A
I	M	A	G	O		S	C	A	G		R	O	T
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A	L	T	O			S	E	T		T	A	R	T

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Sudoku Puzzle on Page 7

9	3	8	1	7	5	4	2	6
4	1	2	3	6	9	5	8	7
7	5	6	2	4	8	1	3	9
2	7	3	9	5	1	6	4	8
5	4	9	6	8	7	2	1	3
6	8	1	4	2	3	9	7	5
3	2	5	7	1	6	8	9	4
8	9	4	5	3	2	7	6	1
1	6	7	8	9	4	3	5	2

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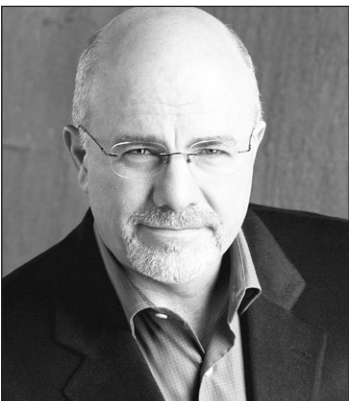
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Communicate
and work together

Dear Dave,
My wife and I are not on the same page when it comes to money and our two teenage daughters. I think they should be learning the value of work and money, but she doesn't want them to work. She regularly hands them spending money and buys them expensive gifts. I want our girls to have some nice things, but this is starting to cause problems in our relationship. Do you have any advice?
—Stan

Dear Stan,
Kids should learn to work and make money at an early age. We've given nice gifts to our kids, but the difference is they also worked and made money for themselves. The gifts we gave them were for special occasions. Showering our kids with money and expensive toys all the time was not our way of life.
In this situation, your wife is allowing them to be nothing but consumers. I know she loves them, but they're not learning how to work, and they're not learning how to save or give. This is setting them up for a lifetime of unrealistic expectations. If something doesn't happen to change things, you're going to end up with two spoiled little girls, who think they should be given everything their entire lives.
Still, I think the biggest problem is you and your wife are experiencing a communication and marital breakdown. If the kids weren't in the picture, I've got a feeling the same problems would exist. The difference is they would manifest themselves in other ways.
Obviously, your wife needs to stop being so impulsive where the kids are concerned. Try sitting down with her, and gently explaining your feelings.

Dave Says

Let your wife know you love her and how generous she is, but you're worried this is having a negative impact on your children. Maybe you could try to establish some guidelines as to when really nice gifts are appropriate, too. There's a middle ground you can reach, but it's going to take some time and effort. Most of all, it means the two of you are going to have to communicate and work together for the good of your kids.
—Dave

Impress them!

Dear Dave,
I just graduated from college recently. Is it a waste of time to apply for a job if you have a degree in the proper field, but no real work experience?
—Daniel

Dear Daniel,
Absolutely not! The only sure-fire way to ensure you'll miss out on a job is by not applying for the position.
Send a copy of your resumé to every job opportunity for which you have a reasonable chance of being hired. Then, when you get an interview, go in there with your head held high. Be articulate, enthusiastic, and carry yourself with purpose. Use your style, intelligence, education, and confidence to sell yourself and your ability to jump in, learn quickly, and get the job done.
I've met lots of people who say they have 20 years of experience. But in a lot of cases it's more like one year of experience 20 times. That kind of "experience" is useless. I've also met many sharp, educated people without experience, but you can tell they're the kind who will put their minds to work, think outside the box, and figure out a way to get the job done with excellence.
As an employer, if I've got a choice between the two, that's the one I want on my team!
—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The *Dave Ramsey Show* is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

FBI Seeking Individual Who May Have Information
Regarding the Identity of a Child Sexual Assault Victim

SACRAMENTO REGION, CA (MPG) - The Federal Bureau of Investigation (FBI) is seeking the public's assistance with obtaining identifying information regarding an unknown male who may have critical information pertaining to the identity of a child victim in an ongoing sexual exploitation investigation. Photographs and an informational poster depicting the unknown individual, known only as John Doe 40, are being disseminated to the public and can be found online at the FBI website at <http://www.fbi.gov/wanted/ecap>.
The video depicting the unidentified male, John Doe 40, shown with a child, was first noted by the National Center for Missing and Exploited Children in October of 2017; therefore, the video is believed to have been produced prior to this date.
John Doe 40 is described as a White male, likely between the ages of 30 and 40 years old. He appears to be heavy-set with dark colored hair. John Doe



Photographs and an informational poster depicting the unknown individual, known only as John Doe 40, are being disseminated to the public and can be found online at the FBI website at <http://www.fbi.gov/wanted/ecap>.

40 could be heard speaking English in the video. Anyone with information to provide should submit a tip

online at <https://tips.fbi.gov/>, or call the FBI's toll-free tip line at 1-800-CALL-FBI (1-800-225-5324). The public is reminded no charges have been filed in this case and the pictured individual is presumed innocent unless and until proven guilty in a court of law.
This individual is being sought as part of the FBI's Operation Rescue Me and Endangered Child Alert Program (ECAP) initiatives, both of which represent strategic partnerships between the FBI and the National Center for Missing and Exploited Children. Operation Rescue Me focuses on utilizing clues obtained through in-depth image analysis to identify the child victims depicted in child exploitation material, while ECAP seeks national and international media exposure of unknown adults (referred to as John/Jane Does) who visibly display their faces and/or other distinguishing characteristics in association with child pornography images.
Source: FBI ★

Slim Randles' HOME COUNTRY



The other night it was hot. Hot during the day, hot at night. Heat seems to define summer for us, in many ways. But in spite of that, after a day in the outdoors, we built a fire. A small fire. A "hat" fire, which mountain people define as one you can put in your hat. Why so small? Because it was hot and we didn't need the heat. Why the fire?

But the Answers Can Only Be Found
in the Silent Glowing of the Coals

Because we need the fire.
It is the hearth. It is the touchstone to our past. It is a link with countless generations of ancestors who have sat here looking at the flames licking up on the chunks of firewood and taking us back endless years, countless years, to what was then. Through the flames and later the glow of the coals, we can see things that we can't see at any other time. We can hear music in the crackling. We can be comforted by the fire, which is our best friend as well as a potential destroyer, at the same time.
How many times have we looked into the flames of a small fire, just like this? It's beyond counting. Sometimes the fire has been in a fireplace with all kinds of louvers and vents and controls, and yet even then we shut off the lights and sat quietly, looking into the fire and taking ourselves back to our beginnings. It is important that we do this, so important to our emotional health that we willingly pay extra for a modern city house or apartment that has a fireplace.
It doesn't make any sense at all.
No sense at all until you look into the fire and those same questions come along. Who am I? Am I doing what I'm supposed to be doing? Is my life being spent for the right things? What more can I be doing?
Do we remember other fires in faraway places? Places where the weather

is different, the animals are different, the people are different. Remember using wood from other kinds of trees? Remember sitting around the fire with others who are only with us now during these quiet times by the fire and in the sanctuary of memory?
We ask ourselves these questions, but the answers can only be found in the silent glowing of the coals, and we can only hope we stack up right in the long run.
Because when we look into the coals, at the end of a long day, it's our way of going home.
Listen to "Home Country with Slim Randles" on your local classic country music station. ★

STATEPOINT CROSSWORD • THE 1930s

- CLUES
- ACROSS
- 1. Stopped from sleeping
 - 6. Emergency responders
 - 9. Much ado
 - 13. Carl Jung's inner self
 - 14. Old French coin
 - 15. Approximately
 - 16. Castrated bull
 - 17. "Swan Lake" step
 - 18. Relating to pond scum
 - 19. *Great Depression state
 - 21. *The Maltese Falcon" author
 - 23. * ____ Row
 - 24. ____-de-camp
 - 25. Churchill's "so few"
 - 28. *Subject of "Reefer Madness"
 - 30. Herpes ____, a.k.a. shingles
 - 35. Cain's victim
 - 37. *Johnny Vander Meer and Ernie Lombardi
 - 39. Go "Boo!"
 - 40. Shower with affection
 - 41. *Now demoted planet identified in 1930
 - 43. Antioxidant-rich berry
 - 44. Insect, post-metamorphosis
 - 46. Slang for heroin
 - 47. College cadet program
 - 48. Elongated shape
 - 50. Shining armor
 - 52. Fifth note
 - 53. One less traveled
 - 55. Loudness knob
 - 57. *First FIFA World Cup location
 - 61. *FDR's brainchild
 - 65. Linoileums, for short
 - 66. Hole-in-one
 - 68. Mr. Simpson to Marge
 - 69. *Seabiscuit sound
 - 70. QB exclamation
 - 71. Imitating
 - 72. *Johnny Hodges and Jimmy Dorsey played it
 - 73. Group of exercises
 - 74. In the Queen of Hearts'
- DOWN
- 1. Yellowjacket
 - 2. Cognizant of
 - 3. Capital on the Dnieper
 - 4. Mideast V.I.P.
 - 5. Limited in scope
 - 6. Sports award
 - 7. Bygone bird
 - 8. Uncooked seafood
 - 9. *""The Mummy" or "City Lights"
 - 10. Egg on
 - 11. *Cab Calloway's improvised singing
 - 12. *Gandhi's ____ March
 - 15. Brooches with low relief carving
 - 20. Pipsqueak
 - 22. Wood-shaping tool
 - 24. Cited as evidence
 - 25. *Dominant mass media in the 1930s
 - 26. Mushroom cloud maker
 - 27. Prenatal
 - 29. Snaky swimmers
 - 31. Melee memento
 - 32. Fiesta fare
 - 33. One of the Muses
 - 34. *Third ____
 - 36. Building block
 - 38. Just for men
 - 42. Nose of a missile
 - 45. Military offensive
 - 49. India's smallest state
 - 51. Disinterested response
 - 54. Nursemaids in India
 - 56. Parkinson's disease drug
 - 57. Arm bone
 - 58. Cambodian currency
 - 59. ____ of measurement
 - 60. 1960s boots
 - 61. Remaining after deductions
 - 62. Another spelling for #4 Down
 - 63. *""It Don't Mean a Thing (If It ____ Got That Swing)"
 - 64. *Colbert showed them in "It Happened One Night"
 - 67. Pool shark's weapon

CROSSWORD														
1	2	3	4	5		6	7	8		9	10	11	12	
13						14				15				
16						17				18				
19					20			21	22					
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40					41				42		43			
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Crossword Puzzle Solutions on Page 6

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 6

5 Year FIXED RATE
Home Equity Line of Credit Loan

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14-1

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By Marlys Johnsen Norris,
Christian Author

When we claim to believe in God and call ourselves Christians we become acutely responsible and accountable for every word we speak or write, as well as actions we do in front of anyone. We claim to have Jesus in our heart and life, therefore our ultimate purpose is to learn what He teaches and just how He lived and loved in his life before the world. All of us need to learn how our lives exemplify and express the love of God to others?

(Note, if we have someone who really loves us and has journeyed with God many more years, often they will point out our weak area. Their hope is that we will take the hint and grow spiritually in a specific area where it is desperately needed. Regretfully, sometimes the person is not yet ready! I know because it happened to me but

“Accountability”

God’s Spirit taught me the truth.!)

How did Jesus exemplify the love of God for all of us? Why was He so different from us as a man and woman? And how was He different? What did He say or do that made a profound difference? Why and what made Him the Savior of the world? How are we as a Christian to exemplify His perfect love in our lives?

Just how do we add up? Of course we fail from time to time because our human nature has not yet been transformed, healed and changed by the love of God. Others do see it clearly and often try to help us realize we need to do something different in our lives. We must become mature and accountable for everything we do, act and say!

God’s enemy is at work to bring about problems into all lives. He attempts to make us unfaithful and discredit the existence of God in our lives. He is losing the battle! The battle is not about you! God is on our side and it is our job to praise Him in spite of problems we will face.

The focus of our lives must not be “me, myself and I” but **the One who is Sovereign and loves us with a divine purity of love!** Once we fully understand that concept of true love God has for everyone,

God’s Holy Spirit has reached our inner-spirit. We see what we need to do! And out of obedience, we do it! We are to obediently enrich our lives because of His (and others) personal love and concern for us to become just like His blessed Son, Jesus. Father God is praying with His Agape love for us all the time.

There are times when we need to quit reacting and be totally blind to the actions of others.

Love is always giving more and never keeping score!

“Love takes no account of the evil done and gives no attention to the suffered wrong.”

(1 Cor 13:5)

Amplified Bible reads: “God’s love in us does not insist on its own rights or its own way, for it is not self seeking; it is not touchy or fretful or resentful; it takes no account of evil done to it pays not attention to a suffered wrong.”

We can almost hear the angels of God sing “Hallelujah” when we surrender and submit to His call to change any area of our life.

Marlys Johnsen Norris
Award Winning Christian
Author of 7 Books

‘MESSAGES IN THE DUST FOR THE SEARCHING SOUL’
Marlysjn@gmail.com ★



By Pastor Ray Dare

A lot of people spend their lives worrying about tomorrow. They never enjoy today because they’re worrying about tomorrow. Why? Because we don’t know what’s going to happen tomorrow. But when you make Jesus Christ is your Shepherd you need not fear, Psalm 23:6

Because Goodness will follow you. *“Surely goodness will follow me all the days of my life.”* What does he mean by that? Obviously David had disappointments in life. Not everything good happened to him. He’s not saying, “Surely, only good things are going to happen to me.” That’s not true. Bad things happen to good people. He’s saying only goodness will follow. Good things will always come out of whatever happens even the bad, the evil, the difficult; God will

Pastor Ray’s Encouraging Words

Why You Need Not Fear

insure that good will come out it; somehow, someway at some time.

Because Mercy will follow you. Not only goodness will follow you but “...mercy will follow me all the days of my life.” Mercy means that when you’re going through a tough time, a valley, a difficulty -- even one that you’ve brought on yourself -- God is there to help you out.

As a parent have you ever followed your child around picking up after them? God is constantly picking up our messes. When you make a mistake, things you get out of order and mess up. God is behind you, picking it all up, putting it back together, working it all out. That’s mercy.

Heaven is waiting for you. *“... and I will dwell in the house of the Lord forever.”* God says, “I’ve got this great life planned for you and surely goodness and mercy will follow you through it, but that’s not the end! With God it just keeps getting better and better. The best is yet to come!

I encourage you to read the 23rd Psalm today. When the Lord is your shepherd, you don’t have

to fear anything. You don’t need to fear poverty because you’ll have everything you’ll need. You don’t need to fear loneliness, for He is with you. You don’t need to fear mistakes, for He guides you on the right path. You don’t need to fear failure, for He restores your soul. You don’t need to fear the future, because goodness and mercy are going to follow you all the days of your life. You don’t need to fear death, because you will dwell in the house of the Lord forever. God is beneath you in green pastures. He is beside you in still waters. He is with you in the valley. He is around you in the presence of your enemies. He’s upon me anointing your head with oil. He is before you leading you in the right paths. What more could you want? That covers it all. Jesus is all you need. The Good Shepherd provides protection, provision, peace, providence, His presence, and paradise. That wraps it all up!

Pastor Ray
New Beginnings Church
10am Sundays, You’re invited!
www.NBC4U.org ★

SMUD Board Appoints Three Unopposed Candidates

SACRAMENTO REGION, CA (MPG)

- Acting at the request of county voting officials, the Sacramento Municipal Utility District (SMUD) Board of Directors appointed two incumbent Board members and a first-time Board member to serve as SMUD directors because no other candidates filed to challenge them in the November election.

At a special meeting Monday evening, the Board appointed Gregg Fishman (Ward 3), Dave Tamayo (Ward 6), and Heidi Sanborn (Ward 7). Fishman and Tamayo are unopposed incumbents, while Sanborn ran unopposed for the Ward 7 seat, from which current Director Bill Slaton is retiring at term’s end.

Legislation enacted in 2014 establishes an appointment procedure for municipal utility districts if no candidate or only one candidate files for candidacy by 5:00 p.m. on the 83rd day before the election (August 15th). The law requires the Board to make the appointment no later than August 22nd. Although the Board made the appointments yesterday, the appointed directors will not take office until January 1, 2019.

The rationale behind the legislation is to spare SMUD customers the expense of an election in the event that a candidate is running unopposed.

Last Thursday, SMUD received

a Certificate of Facts notice from the county stating that only one candidate each had filed for SMUD Board Wards 3, 6 and 7, and requesting that the Board make the appointments.

The SMUD Board of Directors represents seven wards, different geographic areas, in SMUD’s service territory. They cover all of Sacramento County and small adjoining portions of Placer and Yolo Counties.

More information about the SMUD Board of Directors, and locations and boundaries of the represented wards is available at smud.org/Board.

Source: SMUD ★

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Wed., Oct. 10 11:30 am to 12:30 pm EAST LAWN Sierra Hills Memorial Park & East Lawn Mortuary 5757 Greenback Lane, Sacramento, CA 95841 To RSVP or More Info: 916.732.2020 Lic. #FD-1242	Thurs., Sept. 6 (Dinner @ 6:30 pm) Thurs., Oct. 11 11:30 am to 12:30 pm EAST LAWN Memorial Park & Crematory 4300 Folsom Blvd., Sacramento, CA 95819 To RSVP or More Info: 916.732.2000
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Railroad Museum Encourages Interested Volunteers to Attend Special Open House



Each year, more than 500 men and women volunteer for the California State Railroad Museum's programs – including weekend excursion train operations, track construction, restoration and maintenance, even clerical work. Photo courtesy California State Railroad Museum

SACRAMENTO, CA (MPG) - All aboard for inspiration! California State Parks, the California State Railroad Museum & Foundation and Old Sacramento State Historic Park (SHP) are now recruiting adults (18 or older) who are interested in volunteering to help communicate the West's fascinating heritage of railroading and the California Gold Rush. For those interested, a special, drop-in Volunteer Open House is scheduled for Saturday, September 8, 2018 from 1 to 3 p.m. in the Stanford Gallery located at 111 I Street in Old Sacramento (next door to the California State Railroad Museum). Volunteer applications are being accepted now through Friday, September 14, and will be followed by an interview and selection process before training begins.

Each year, more than 500 men and women volunteer for the California State Railroad

Museum's programs – including weekend excursion train operations, track construction, restoration and maintenance, even clerical work. A background in history is not required to become a volunteer. In fact, most of the volunteers in the popular program began with little knowledge of railroads or the Gold Rush. As individuals become more familiar with the Museum's varied and frequent programs, many volunteers take on additional responsibilities, such as conducting research or giving talks to community organizations. New docents can choose to work in the Museum interacting with visitors from around the world, working in the railroad restoration shops on rare and unique railroad equipment, work on the Sacramento Southern Railroad, or other jobs in this dynamic and fun environment.

Volunteering represents a serious commitment of at least 84 volunteer hours annually, but the hours are flexible and the rewards can be tremendous. Docents receive perks such as a discount at the Museum Store, preferential and/or early access to selected special events, and the pride of working at North America's finest and most visited railroad museum that is also a proud Smithsonian Affiliate. Volunteer applications can be downloaded at http://www.parks.ca.gov/?page_id=25583 and completed forms can be emailed to allaboard.csrsm@parks.ca.gov or mailed/delivered to the Volunteer Coordinator, California State Railroad Museum, 111 I St., Sacramento, CA 95814. For more information, please call 916-445-0269 or visit www.californiarailroadmuseum.org.

Source: T-Rock Communications ★

Get a Job Kit Program Graduates Formerly Homeless Women



The latest graduates of Women's Empowerment's Get A Job Kit paid training program stand with their certificates as they celebrate the program's 100th graduate. Photo courtesy KTC

SACRAMENTO REGION, CA (MPG) - Women's Empowerment's paid training program, The Get A Job Kit, celebrated its 100th graduate in July. The program also graduated its first two lead supervisors who will oversee production. The Get A Job Kit provides formerly homeless women with 120 hours of training in production, customer service, quality assurance, forklift operation, shipping and receiving industries. Over four weeks, trainees are paid to assemble the Get A Job Kits to fill customer orders while receiving hands-on training, performance evaluations and relevant job experience. Women's Empowerment is one of the only nonprofits in Sacramento providing paid job training to formerly homeless women, allowing women to gain financial stability while getting the work experience they need to succeed. More than 70 percent of The Get A Job Kit graduates have secured stable employment.

"We serve many homeless women who are ready to work

but lack current job experience or have been out of the workforce for more than three years. The Get A Job Kit offers an innovative solution to this problem, providing women with hands-on training, invaluable work experience and a paycheck," said Lisa Culp, executive director, Women's Empowerment. "I could not be more proud of the 100 women who have worked hard in this program and now are more prepared than ever to land a job that supports their families."

The Get A Job Kit was launched under Women's Empowerment's name in 2014 after the business was donated by local entrepreneur Shirley Willey who created and ran the business for nearly 25 years. The Get A Job Kit has appeared on The Oprah Winfrey Show and CNBC, and in the Wall Street Journal, Washington Post and Los Angeles Times. The award-winning kit is an all-in-one career organizer designed to help organizations across the country empower job seekers of all

ages and backgrounds. All profits from the sales of The Get A Job Kit are reinvested in the program, ensuring homeless women can continue accessing this vital paid training. Since launching the small business, Women's Empowerment has sold more than 20,000 kits to Career Technical Education programs, high schools, veteran programs, nonprofits, vocational and technical colleges and anti-recidivism programs. For more information or to purchase The Get A Job Kit: www.getajobkit.com.

"The Get A Job Kit was the next step I needed to regain my confidence and fill that gap in my resume," said Get A Job Kit graduate Kristin Hawkins who is now working as a property manager of a 48-unit community where she now lives. "And to receive a paycheck was so helpful. I really earned that paycheck by working hard every day."

For more information: www.womens-empowerment.org.

Source: Kristin Thébaud Communications ★

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Six District Attorneys Unite to Consolidate Golden State Killer Case in Sacramento County

13 Additional Charges Filed

SACRAMENTO COUNTY, CA (MPG)

- Sacramento County District Attorney Anne Marie Schubert announced today that the case against Joseph James DeAngelo, 72, Citrus Heights, will be prosecuted jointly in Sacramento County, where the defendant is being housed after his arrest on April 24, 2018. This joint prosecution will involve Contra Costa, Orange, Sacramento, Santa Barbara, Tulare, and Ventura Counties. An amended complaint charging all crimes together in one case, as well as 13 counts of kidnapping to commit robbery, was filed today in Sacramento Superior Court.

DeAngelo now faces 13 felony counts of murder with special circumstances allegations of multiple murders, murder during the commission of rape, robbery, and burglary. DeAngelo was charged today in an amended complaint with 13 felony counts of kidnapping to commit robbery with sentencing enhancements for personal use of a firearm and personal use of a knife during the commission of the offenses. He faces a minimum sentence of life in state prison without the possibility of parole. DeAngelo is expected to appear in Sacramento County for arraignment on Thursday, August 23rd at 1:30 p.m. in Department 61.

In announcing this decision, District Attorney Schubert stated, "The joining of this case in one county is in the best interest of victims, the efficiency of the case and the fair administration of justice. I look forward to all counties working together collaboratively in seeking justice in this case."

Circumstances of the Case

Contra Costa County – District Attorney Diana Becton

Four felony counts of kidnapping to commit robbery with sentencing enhancements for personal use of a firearm and



Joseph James DeAngelo

personal use of a knife.

- Between Oct. 7, 1978, and June 11, 1979, DeAngelo is accused of kidnapping and carrying away four women to commit robbery.

Tulare County – District Attorney Tim Ward

One felony count of murder with a sentencing enhancement for personal use of a firearm

- On Sept. 11, 1975, DeAngelo is accused of murdering Claude Snelling during an attempted kidnapping of the victim's daughter from their home.

Sacramento County – District Attorney Anne Marie Schubert

Two felony counts of murder with a sentencing enhancement for multiple murders and personal use of a firearm

- On Feb. 2, 1978, DeAngelo is accused of murdering Kate Maggoire, 20, and Brian Maggoire, 21 as they walked their dog in their Rancho Cordova neighborhood.

Nine felony counts of kidnapping to commit robbery with sentencing enhancements for personal use of a firearm and personal use of a knife.

- Between Sept. 4, 1976, and Oct. 21, 1977, DeAngelo is accused of kidnapping and carrying away nine women to commit robbery.

Santa Barbara County – District Attorney Joyce E. Dudley

Four felony counts of murder with a sentencing enhancement for multiple murders, personal use of a firearm, and special circumstances sentencing enhancements for murder during rape, and murder during burglary

- On Dec. 30, 1979, DeAngelo is accused of raping and murdering Debra Manning, 35, and Robert Offerman, 44, of Goleta.
- July 27, 1981, DeAngelo is accused of murdering Gregory Sanchez, 27, and Cheri Domingo, 35, of Goleta.

Ventura County – District Attorney Gregory D. Totten

Two felony counts of murder with special circumstances sentencing enhancements for multiple murders, murder during rape, and murder during robbery

- On March 13 to 16, 1980, DeAngelo is accused of raping and murdering Charlene Smith, 33, and murdering Lyman Smith, 43, of Ventura.

Orange County – District Attorney Tony Rackauckas

Four felony counts of murder with special circumstances sentencing enhancements for multiple murders and murder during the commission of rape, robbery, and burglary.

- On Aug. 21, 1980, DeAngelo is accused of murdering Keith Harrington, 24, and raping and murdering Patrice Harrington, 27, of Dana Point.

- On Feb. 6, 1981, DeAngelo is accused of raping and murdering Manuela Witthuhn, 28, of Irvine.

- On May 5, 1986, DeAngelo is accused of raping and murdering Janelle Cruz, 18, of Irvine.

Source: Sacramento District Attorney



The Shift

Do we see people as real people? Sounds funny doesn't it? So let's explore what that really means. Maybe it's how we judge people in the unlikely place... maybe a worker in a nursing facility where pay is low and the work is not the prettiest way to make a living. **Kimberly White** made a discovery in her research for her book when she visited a nursing care facility. There is a profound effect when you see people as real people not defined by perhaps what they do for a living. So she put all her findings in "The Shift" How seeing people as real people changes everything. The shift is rooted in the philosophies of the Arbinger Institute, a global organization that helps individuals, teams and companies move from an inward to an outward mindset. Shifting in this way changes everything for the better between relatives,

POPPOFF!

with Mary Jane Popp

coworkers, colleagues, and even neighbors. She told me on my POPPOFF Radio Show that it changed her life, and it can change yours too.

So how can you start?

1) ASK WHAT DO YOU NEED? When we meet someone, one of our first thoughts is, "What do I say?" But when we do this, we're thinking about ourselves... we're focusing on what's comfortable or not embarrassing for us. Kimberly said the staff members she met in the nursing facilities weren't thinking "What do I say?" They were thinking "What do you need?" They were focused on how they could help, and they were enriched by it.

2) PAY ATTENTION. Sometimes the shift can happen just by being around people and paying attention. When you choose to be around others, you have the opportunity to see things in a new and different light, but it requires you to be open and present. If you manage or lead people, immersing yourself among your people is especially important. A leader who is leading people must know them...their strengths, weaknesses, and preferences to

be able to make right decisions for them as workers. The best leadership isn't from on high. It is alongside.

3) LOOK THROUGH THEIR EYES. Sometimes being around people isn't enough, especially when we are entrenched in self-absorption. When proximity doesn't work, spend a few minutes thinking about the inner life and motivations of the people around you. In a work scenario, ask yourself if you know your staff's names?" What do you know about their lives? Have you ever asked them what makes their job hard? This question serves as a way to get to know your staff and identify the crucial issues that create frustration. It also opens up a discussion to solve issues, which benefits everyone.

Maybe we can ask versions of these questions in our personal lives too. The answers begin to reveal the inner life of the person you are talking to...what he or she cares about, feels stymied by, or struggles with. It might change how you view a situation or perhaps even how you view your spouse. Who knows? It might change your life too. ★

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Sacramento County DA Reports



Defendant Convicted for Murdering Jail Cellmate

DATE: August 16, 2018

CASE: Richard Russell Harden (Case #09F01356)

PROSECUTOR: Deputy District Attorney Satnam Rattu, Homicide Unit

Richard Russell Harden was convicted by a jury of the second-degree murder of Evaristo Ramirez and assault with a deadly weapon.

On February 16, 2009, Richard Harden walked into the Home Depot on Folsom Blvd. and attacked an employee with a hammer. Harden was booked into jail and placed in a cell with Evaristo Ramirez. The next day, Ramirez was found unresponsive in the cell. An autopsy revealed that Ramirez was strangled to death and had multiple blunt force injuries to his head and torso.

Harden faces a maximum sentence of 19 years to life in prison. Sentencing is set for September 14, 2018, at 9:00 a.m. in Department 19 before the Honorable Ernest Sawtelle.

Defendant Sentenced for Series of Armed Robberies

DATE: August 17, 2018

CASE: Taher Farraj (Case #17FE007880)

PROSECUTOR: Deputy District Attorney James Wax, Career Criminal Prosecution Unit

The Honorable Tami Bogert sentenced Taher Farraj to 31 years and 8 months in prison. On June 6, 2018, a jury convicted Farraj of three counts of robbery. The jury also found true gun use and intentional discharge of a firearm allegations. Prior to trial, Farraj pled to being a felon in possession of a firearm and being a felon in possession of ammunition.

On April 15, April 18 and April 24 of 2017, Farraj robbed the same convenience store on Fruitridge Road while armed. Farraj would either ask for change or make a purchase to get the clerks to open the cash register. He would then pull out a silver revolver and grab money from the registers. During one of the robberies, Farraj fired the gun off at the store ceiling. The three robberies were captured on surveillance cameras inside the store. A probation search of Farraj's residence and car revealed clothing that matched the clothes worn by the suspect during the robberies and a .22 caliber silver revolver, which was loaded with 6 rounds.

Farraj has prior convictions for being a felon in possession of a firearm and the sale/transport of marijuana.

Gang Members Convicted of Gun Possession

DATE: August 20, 2018

CASE: Raheem Thomas, Adrien Hines, Isaiah Taylor (Case #18FE002528)

PROSECUTOR: Deputy District Attorney Nicholas Johnson, Targeting Armed Recidivist Gang Enforcement Team (TARGET)

Raheem Thomas and Adrien Hines were convicted by a jury of being a felon in possession of a firearm with a gang enhancement. Isaiah Taylor was convicted of unlawful possession of a firearm with a gang enhancement.

On February 7, 2018, Sacramento County sheriff's deputies had information that Raheem Thomas had an outstanding warrant. When deputies contacted Thomas, he was in the driver's seat of a parked vehicle. When they went to remove Thomas from the vehicle, they found a semiautomatic handgun on the front passenger floorboard. The firearm was fully loaded with a round in the chamber. Thomas later stated that he was a gang member, but denied knowing about the firearm. Adrien Hines and Isaiah Taylor were with Thomas at the time. Hines later gave a statement that the gun will have his DNA and fingerprints on it, but denied owning, using or knowing it was in the vehicle. Deputies also found a firearm in Taylor's front left pocket. The firearm was fully loaded with a round in the chamber. Taylor later gave a statement admitting the gun was his, and that he was a gang member.

Additional allegations that Thomas has a prior 2016 conviction for carrying a concealed gun for the benefit of a criminal street gang and that Hines has a prior 2016 conviction for discharging a firearm at an unoccupied vehicle and a prior 2014 conviction for inflicting corporal injury on spouse will be determined at the sentencing hearing.

Thomas faces a maximum sentence of 17 years in prison. Hines faces a maximum sentence of 16 years in prison. Taylor faces a maximum sentence of 7 years in prison. Sentencing for Thomas and Taylor is set for September 12, 2018, at 9:00 a.m. Hines will be sentenced on October 5, 2018, at 9:00 a.m. Both sentencings will be in Department 39 before the Honorable David Abbott. ★

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By County Supervisor
Sue Frost

Through the generosity of the *American River Messenger*, this column serves to provide an update about matters affecting the unincorporated community of Orangevale.

Every year, our Sacramento County Sheriff's are receiving more and more dispatch calls for people experiencing a mental health crisis. Unfortunately, far too many of these people don't get the help they need and wind up downtown in the Sacramento County Main Jail for a few days because our officers don't have any other option than to arrest them.

The obvious answer, of course, is to send them support instead of send them to jail – which is exactly what Sacramento County started doing last year when my colleagues and I voted to approve funding for several Mobile Crisis Support Teams (MCSTs). I wanted to take the opportunity this month to explain to you exactly how these MCSTs work, what they have experienced since starting, and how we move forward from here.

Each time a service call comes in through 911 involving someone having a mental health crisis,

Orangevale Community Update

An Obvious Solution to a Complex Problem

a Sheriff's car with two people are dispatched to the scene that contains a Sheriff's Deputy trained in crisis intervention training, and a licensed senior mental health counselor. These pairs are permanent partners that ride together in 10 hour shifts.

When the MCST shows up to the scene, they immediately start talking with the person experiencing the crisis to determine what struggles they may have. They go into the situation explaining that they are just there to help, and the mental health counselor often physically shows that they do not carry any weapons on them to calm the situation down. They are then connecting them to services they may need like drug treatment, the brand new voluntary mental health crisis center, seeing a health counselor, or a variety of other things. A day or two later, a peer navigator is reaching out to them to further help connect them to necessary resources.

The team I recently spoke with that patrols Orangevale told me that they have already seen the positive impacts of this program. Almost immediately they were reducing unnecessary arrests, decreasing involuntary mental health confinement in our jail, and making a real impact in homelessness (which are around 35-40% of the calls they receive). Non-MCST Sheriff's are even utilizing the program, as when they are out on the scene and see the MCST could be useful, they will call the MCST out to come help them.

The problem the MCST's are

facing right now is that there are far too many mental health crisis dispatch calls than they can possibly handle. There are only two teams right now that cover north of the American River, and on top of that, they only work 4 days a week from 9am-7pm. We need these teams to cover all hours of the day, seven days a week, and we need more of them.

That's why I am pleased to announce that the County is in the midst right now of hiring the senior mental health counselor who will be a part of the third team north of the American River. I recognize that we still need significantly more teams, but it is a step in the right direction and I believe that Orangevale will feel the difference.

Finally, I want to invite everyone to my next Orangevale community meeting on September 12th at 6:00pm at the Orangevale Community Center (6826 Hazel Avenue). This is an opportunity for me to update you on what is going on in the county, and an opportunity for you to ask me questions. Thank you for reading – and as always, if you want to contact me call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms, and Fair Oaks. ★



By County Supervisor
Susan Peters

Through the generosity of the *American River Messenger*, this column serves to provide an update about matters affecting the unincorporated community of Carmichael.

Parkway Labor Day Weekend Alcohol Ban

This Labor Day Weekend there will be a complete ban on alcohol consumption and possession both on land and in the water within the American River Parkway between Hazel and Watt avenues. An exception exists for Ancil Hoffman Golf Course.

In past years summer holiday weekends had become major problems along the American River making the parkway less of a family friendly outing because

FAIR OAKS COMMUNITY UPDATE

of fights, public nudity, profanity and littering. As a result, the Board of Supervisors restored decorum beginning with the 2006 Labor Day weekend and the ban is also applicable for Independence Day as well as Memorial Day.

Community Coffee Next Month

On Wednesday morning, September 12, at 7:30 am I will be hosting my Community Coffee Meeting in Fair Oaks that will focus on the road projects underway and planned as a result of SB 1 funding. The speakers will be Mike Penrose, Deputy County Executive for Infrastructure and Public Works, and the County's Transportation Director Ron Vicari.

This meeting will be held at the Fair Oaks Water District's conference room, 10326 Fair Oaks Blvd. near Winding Way. As usual, I will give a brief update on what is going on with Sacramento County then introduce our guest speakers followed by questions and answers.

And coffee, of course, will be provided.

Help Homeless Students & Their Families

Carmichael HART (Homeless

Assistance Resource Team) and Citrus Heights HART are teaming up with the San Juan Unified School District to host a resource event next month for families in transition on Saturday, September 29. The purpose of the event is to help homeless students and their families.

Connections to services and resources will be offered to those in need at the gathering, including medical, dental, vision and mental health along with clothing and hygiene items, school supplies, counseling, etc. The event will occur from 10 am to 3 pm at Advent Lutheran Church, 5901 San Juan Avenue in Citrus Heights.

The two HART groups are raising funds to cover the administrative costs associated with this event. If you can help, please contact the Carmichael team by going online to carmichaelhart.org.

Susan Peters represents the Third District on the Sacramento County Board of Supervisors. She can be reached at susan-peters@saccounty.net. ★

Del Campo Loses Home Opener

Continued from page 1

in the end zone. Yet the offense misfired numerous times in the passing game inside and around the twenty yard line, which included a handful of picks that stalled drives and gave Merced the ball back.

Postgame, Dimino, alongside numerous senior players and assistant coaches, gave heartfelt speeches to the team that preached the importance of not quitting and playing hard until the final whistle blows. Body language came into play after the

37-7 halftime deficit.

"We have to be better and will be better," said Dimino postgame.

Del Campo looks to rebound in two weeks after a Week 2 bye when they take on McQueen High School on the road. ★



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