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Evening of Fun Raises Funds

Oakmont Carnival Benefits Alzheimer's Research



Kim Mordecai (center) provides fabulous face and body painting (above photo). Kids bounce enthusiastically in the bouncy castle outside (photo at right).

Story and photos by Shaunna Boyd

FAIR OAKS, CA (MPG) - On the evening of Thursday, July 26, Oakmont of Fair Oaks hosted a carnival-themed event to raise money for the Alzheimer's Association. The fun-filled fundraiser featured food, games and entertainment.

Attendees enjoyed a face painting station, watching the creation of extravagant balloon animals and bidding in the silent auction. The Songbird Trio provided the evening's musical entertainment, and they wowed the crowd with popular tunes such as Johnny Cash's "Walk the Line."

Oakmont's culinary team provided a sumptuous sampling of sweet and savory treats. The offerings included classic carnival fare with elegant upgrades, such as homemade corndogs, lobster rolls, Mexican-style street corn, sliders, caramel corn and funnel cakes. Residents and guests of all ages tried their luck at the



games—ring toss, balloon darts, cornhole, fish bowls and ducks in a pond. The event also featured a bouncy castle and a 3-hole golf putting course.

The proceeds of the event will directly benefit the Alzheimer's Association's most well-known charitable event: Walk
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California Wildfire Relief

By Red Cross

SACRAMENTO REGION, CA (MPG)

- More than 90 wildfires are raging around the country. In Northern California, devastating fires are burning across more than 110,000 acres, forcing residents from their homes. The American Red Cross is there, providing shelter and comfort for those affected.

One of several large wildfires in California, the Carr Fire near Redding, California, is now ranked as one of the top 10 most destructive wildfires in California's history. It is only about 23 percent contained. The fire has destroyed more than 1,000 structures and is threatening just over 4,000 more. Mandatory evacuations were ordered throughout the region, where conditions are unpredictable due to variable winds and blazing temperatures. Steep terrain is also challenging firefighting efforts. The city is home to as many as 92,000 people and is located about 100 miles south of the border with Oregon.

More than 1,000 people sought refuge from the inferno overnight in 11 Red Cross and community run shelters in California. Along with community partners, the Red Cross is providing hot meals and distributing comfort kits to impacted families. Red Cross disaster workers have identified additional shelters, and have numerous cots and shelter items on stand-by to be able to respond quickly to provide more help if needed. The Red Cross is working closely with state and local officials to expand the relief response if necessary to make sure people get the help they need.

HOW YOU CAN HELP

You can help people affected by disasters like wildfires and countless other crisis by making a gift to American Red Cross Disaster Relief. Visit redcross.org or text REDCROSS to 90999 to make a \$10 donation. Your gift enables the Red Cross to prepare for, respond to and help people recover from disasters big and small. Contributions may also be sent to your local Red Cross chapter, or to the American Red Cross, P.O. Box 37864, Boone, IA 50037-0864. ★

Smoke-Related Health Alerts Issued in Sac County

SACRAMENTO REGION, CA (MPG) - The Sacramento Metropolitan Air Quality Management District, in consultation with Sacramento County Public Health Officer, Dr. Olivia Kasirye, is issuing a Smoke-Related Health Statement. Residents are advised to continue to take precautions and minimize outdoor activities due to smoke being transported into Sacramento County from fires in Northern California.

If you smell or see smoke, take the following actions:

- Everyone should minimize outdoor activities if you can see or smell smoke, even if you're healthy
- Children, the elderly and people with respiratory or heart conditions should be particularly careful to avoid exposure when air quality is poor

- Stay indoors with doors and windows closed as much as possible
- Asthmatics should follow their asthma management plan
- Contact your doctor if you have symptoms of cough, shortness of breath, or other symptoms you believe to be caused by smoke
- Those with heart disease should especially limit their exposure since particulate pollution from smoke can cause heart attacks

"Smoke in the air from wildfires can aggravate pre-existing conditions for those with respiratory issues," says Sacramento County Public Health Officer Dr. Olivia Kasirye. "Older adults, people with chronic diseases and young children are most at risk and should avoid



"Smoke in the air from wildfires can aggravate pre-existing conditions for those with respiratory issues," says Sacramento County Public Health Officer Dr. Olivia Kasirye. MPG photo illustration

outside activities if they see or smell smoke."

Check current conditions for the Sacramento region at www.SpareTheAir.com/wildfire.cfm.

To know what you're breathing, download the free Sacramento Region Air Quality

app or sign up for Air Alert emails at www.SpareTheAir.com.

Source: SacCounty News ★

EXCLUSIVE TO MESSENGER PUBLISHING GROUP

Alice Cooper: Rock's Super Villain

A Paranormal Evening with the Godfather of Shock Rock

By Rich Peters, MPG Editor

SACRAMENTO REGION, CA (MPG)

- "You can't shock an audience anymore - that died a long time ago," said Alice Cooper. One of the originators of shock rock, Cooper understands that times have indeed changed since he spearheaded a movement in the early 70s but that hasn't stopped him from continuing to embrace his role as the bad guy.

Rock's villain began playing out his own dark vaudeville in the earliest days of his career. "That started from the very beginning; that was always with us," said Cooper. "I think because we were art students and that was something I saw as being essential for rock and roll. I would see all these bands - that were great bands - and they were all heroes and I just kept thinking, 'Where's the villain?'"

That's when Cooper took it upon himself to become that villain and change rock and roll forever. "Every parent in America did not want their children to see this character," said Cooper. "People would make things up...by the time you got into town you were the worst person ever. We found that funny."

In a life well before the internet and social media, the stories took on lives of their own. "The more of the misinformation, the bigger we got. The parents hated us so much that the kids liked us."

From guillotines and blood to the black attire and mascara, it was all about giving the crowd something that they had never experienced before. "And if you really look at it, it was just really a lot of fun," recalled Cooper. "The audience was really having fun with us. There was nothing satanic about it."

ALICE COOPER

Times may have changed, the stage antics may be a little less shocking, and the internet may have depleted art, but that won't stop the Godfather of his craft from putting on a vintage performance. "It will

than just shock value."

One way that Cooper has been able to continue performing at a high level for the better part of five decades is by interjecting his band with youth and energy. He prides himself not only on theatrics but on the quality musicianship that got him there to begin with.

"Everybody in my band is top of the line," he boasted. "Glen Sobel, our drummer, just got voted best drummer in rock and roll. Nita (Strauss) just got voted best female guitar player. So I've kind of got a premier band. That makes such a big difference to me when I get on stage that my band can blow just about anybody off the stage."

Cooper recently kicked off his "Paranormal Evening" tour. He is set to play locally at Jackson Rancheria on Wednesday, August 15 and his new live album A Paranormal Evening with Alice Cooper at the Olympia Paris drops on August 31. For more information visit www.alicecooper.com. ★



“Rock’s villain began playing out his own dark vaudeville in the earliest days of his career.”

**ALICE COOPER
ROCK & ROLL
HALL OF FAME INDUCTEE**

Alice Cooper recently kicked off his "Paranormal Evening" tour. He is set to play locally at Jackson Rancheria on Wednesday, August 15 and his new live album A Paranormal Evening with Alice Cooper at the Olympia Paris drops on August 31.

be a very similar show (tonight) to the one in the 70s except now it will be accepted a little more as excitement and entertainment more

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Evening of Fun Raises Funds

Oakmont Carnival Benefits Alzheimer’s Research

Continued from page 1

to End Alzheimer’s. According to the Alzheimer’s Association, more than 5 million Americans are currently living with the disease, and it is the sixth largest cause of death in the United States. Oakmont is an assisted living and memory care facility and many of their residents are affected by Alzheimer’s disease. Laura Abono, marketing and event coordinator for Oakmont of Fair Oaks, said, “A good portion of our residents are affected by it, so it really hits home here.” Proceeds will go toward funding research on remedies that can ease the symptoms of the disease and, hopefully, to eventually find a cure. Alzheimer’s research has already made progress, finding that musical therapy can be extremely effective. Oakmont of Fair Oaks, located



Residents and guests enjoy the musical entertainment.

at 8484 Madison Avenue, is a new facility that just opened in June 2018. Although they have only been open for a short time, they are already almost at full capacity. “It shows how much work we’ve put in, and how much we want to help the residents,” said Abono. Oakmont facilities in the surrounding areas of Carmichael,

Folsom and Roseville are also hosting fundraising events throughout the summer to benefit the Alzheimer’s Association. ★



A tot tries her luck at the “ducks in a pond” game.



Artwork and extravagant gift baskets are among the items offered in the silent auction.

Fair Oaks Recreation & Park District Events

By Mary Cattolica, Senior Recreation Leader

NFL Flag Football
Ages 5-14 | \$95 | Registration Deadline: 8/15/18
Fair Oaks Park | See online for dates and details
Ready for football season? Join the Fair Oaks Recreation & Park District for our Jr. NFL Flag Football program! The program teaches youth the fundamentals of football, good sportsmanship, and teamwork through practices and games. The goal of the program is to educate its participants in the game of football as well as to learn skills and lessons that help them succeed both on and off the field. NFL Team jersey included! Register online at www.forpd.org or call (916) 966-1036 for more information.



Ready for football season? Join the Fair Oaks Recreation & Park District for our Jr. NFL Flag Football program!

October 27th: Darington Trail, Moderate 4 miles
November 28th: Middleridge Trail, Easy-Moderate, 2.8 miles
Hikes meet at 9:00AM in the Clubhouse Parking Lot: 7997 California Ave. We will carpool to the trail head. Call (916) 966-1036 for more information. If you’d like to receive email updates on our hiking group, email iroberts@forpd.org.

Charles Dickens Fair
Sunday, December 9 8am-6pm
Location: Daly City
Cost: \$70
Prepare to experience Victoria London as we enter the world of Charles Dickens. Experience the splendor of Ebenezer Scrooge being walked down the street with the Ghost of Christmas past leading the way. Find wonderful handmade gifts for the holidays. Trip includes transportation and entrance into the event. Lunch will be on your own at one of the many restaurants inside. Call (916) 966-1036 for more information. ★



Hikes meet at 9:00AM in the Clubhouse Parking Lot: 7997 California Ave.

FREE Hiking Group
September 26th: Western States Pioneer Trail, Moderate 4 miles

Which of These Costly Homeseller Mistakes Will You Make When You Sell Your Home?

Fair Oaks / Orangevale - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money. This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of homesellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market. As this report uncovers, most homesellers make 7

deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar". To hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-800-665-3596 and enter 1000. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW to find out how you can get the most money for your home.

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Serving Fair Oaks, Orangevale and Sacramento County since 2006

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We are proud members of these newspaper associations.



Child Support Awareness: “Take a Leap of Faith”

SACRAMENTO REGION, CA (MPG) - August is Child Support Awareness Month. The California Department of Child Support Services theme for 2018 is: “They Don’t Need Perfect, They Just Need You.” This August, the Sacramento County Department of Child Support Services (“Sacramento County DCSS”) would like to recognize parents who support their children in every way. As parenting coach Sue Atkins says, “There is no such thing as a perfect parent, so just be a real one.”

Sacramento County DCSS encourages parents to collaborate with their staff to gain understanding regarding child support establishment, modification and enforcement. Children benefit financially and emotionally from the participation of both parents. Financially, a parent’s support can provide housing, food, health insurance, transportation, day care, and for extra-curricular activities. Emotionally, a parent’s active involvement in their child support case can improve a child’s feeling of stability and peace of mind.

The Sacramento County DCSS staff are available to assist both parents paying support and parents receiving support with all aspects of the child support process. In the last federal fiscal year, Sacramento County DCSS staff have managed over 76,000 cases and collected over \$119 million in support.

To recognize and celebrate parents for Child Support Awareness Month this year, Sacramento County DCSS Caseworker Janae K. interviewed obligor Vinny V. regarding his experience throughout his child support case, which opened in 2013. He described himself as closeminded and in denial when his case first opened. Over time, his mindset changed and he has been able to successfully manage his case ever since, which has led to a positive co-parenting relationship with his child’s mother. He encourages others to “take a leap of faith” and collaborate with Sacramento County DCSS on their cases. Here is his story:

Question: What was your initial

reaction to being served?

Answer: I was happy that at least things were moving forward. [It gave me] an opportunity to show that in some way, shape, or form I can take care of my daughter. At that time, I didn’t have any custody or visitation, so I was hoping child support would help the relationship with my child’s mother.

Question: In what ways do you wish you had received more support or guidance?

Answer: In the beginning, a lot of my questions were about where the money was going and how it was being spent. Now I understand that that doesn’t really matter as long as my child is being taken care of. It’s great that [Sacramento County DCSS can] help us as parents avoid the constant debate and power play that goes with money.

Question: What would you tell a parent who thinks his or her child support order is unfair for some reason, such as not being able to see the child or afford the order?

Answer: Take a leap of faith – this works! At first I wanted immediate results, but it doesn’t work that way. Life doesn’t work that way. When I finally put my faith in the system, I started to understand that this is not for the parents, but for the kids. [Sacramento County DCSS] is automatically the enemy because [it is] taking licenses away and attaching wages, but I learned [Sacramento County] DCSS isn’t trying to take sides. They’re just there to do what’s best for the child. Take a leap of faith.

Question: How has managing your child support case successfully changed your life for the better?

Answer: I have a much better relationship with my daughter’s mom now. When you’re trying to convince the opposing side that you’re serious..., you’ve got to put your money where your mouth is. When [Sacramento County DCSS] makes sure the payment is made every month on time, then the other

person can’t argue with that, they don’t have a leg to stand on. When [my daughter’s mom] saw that I was paying on time every month and offering her more beyond that, that made her a believer. She could see I changed my ways.

Question: Do you have any tips for working with Sacramento County DCSS to get through challenges?

Answer: Honesty, willingness and open-mindedness. A lot of people are in denial about their situation with the [other parent] and you’ve got to get honest with yourself about what happened and why you have to pay this money now. [Being] open-minded [lets you] see that child support is for your child, it’s not a weapon used by your ex to get at you.

Sacramento County DCSS provides the following benefits to those who open a child support case:

- Research to locate absent parents
- Establishment of parentage, including free genetic testing when appropriate
- Customer education regarding court processes, calculation of child support, and child support enforcement actions
- Accurate accounting
- Automated enforcement, including wage garnishment, tax intercepts, liens, and license suspension
- Modification of child support orders when appropriate
- Preparing stipulations for court approval when the parents agree upon a support amount

To contact the Sacramento County Department of Child Support Services:

- Website: www.DCSS.SacCounty.net
- (866) 901-3212
- 3701 Power Inn Road, Sacramento, CA (across the street from the Family Law courthouse)
Open 8 a.m. – 5 p.m., Monday - Friday (except holidays)
Source: SacCounty News ★

The Path from Welfare to Workforce



Career Connections Job Club is one of several opportunities offered through DHA’s Employment Services division. Participants, through their case worker, can locate a community volunteer opportunity to build work skills, access a job matching tool that connects participants with opportunities through DHA’s subsidized employment providers and direct hire program.

SACRAMENTO REGION, CA (MPG) - Unemployment often feels like a maze. It can be hard to know where to turn – for CalWORKsrecipients; the Career Connections Job Club is there to help.

Offered through the Department of Human Assistance’s Employment Services Division, Career Connections Job Club is an interactive employment training program that provides strength-based skills training and an enthusiastic support team to help clients get back on their feet. After being assessed by their caseworker to determine employment barriers and overall eligibility, participants referred to Career Connections Job Club receive child care and transportation assistance, interview practice, resume rewrites, guidance in pursuing specialized certificates and learn innovative strategies for competing in today’s job market. Job Club staff work with participants to demystify the process and keep them on track with clear, achievable goals.

The journey to self-sufficiency can be particularly difficult for those without a strong support network. Before they even walk through the door participants have often already tackled a number of challenges that day – finding safe and affordable childcare, navigating public transit or arranging a ride,

coordinating their schedule to fit an eight-week course. Career Connections Job Club staff know this and work hard to ensure participants receive the encouragement they need. This often comes from other participants as well and many leave with valuable friendships as well as outside resources to help them stay focused.

In the words of a Job Club veteran, “I have truly grown so much since I first started over one year ago...what once was a laissez faire attitude of mine has been taken over with a whole new amazing outlook on life. I feel great. This is exciting and honestly I would not be where I am today without you.” Another participant wrote to say, “I felt so down until you all believed in me, my courage then grew and miracles happened.”

By the end of the nearly two-month training, participants feel differently about themselves. In addition to having one-on-ones with Workforce Coordinators, Vocational Assessment Counselors and Social Workers, participants receive any necessary referrals for services such as wellness counseling and homeless assistance to help tackle any personal barriers they may be facing. Participants found this approach so helpful that 96 percent of all survey respondents said they would recommend the program to

family and friends. Career Connections Job Club is one of several opportunities offered through DHA’s Employment Services division. Participants, through their case worker, can locate a community volunteer opportunity to build work skills, access a job matching tool that connects participants with opportunities through DHA’s subsidized employment providers and direct hire program. Participants who meet the criteria of a job are referred to the employer and scheduled for an interview. This provides employers with pre-screened candidates and CalWORKs families with quality jobs.

Employment is about more than just a paycheck. It provides purpose and drive, opens up new social communities and future possibilities. It’s crucial not only because it pays the rent but because of the self-confidence it fosters. For parents in particular, finding employment has a lasting ripple effect on their relationships with their partners and children. For these reasons and more, Career Connections Job Club is just one of many employment assistance programs offered by the Department of Human Assistance for Welfare to Work participants. DHA strives to provide clients with every opportunity to overcome obstacles and improve their lives.

Source: SacCounty News ★



Avoid being a hot mess & Be Garbage-Wise!

Sacramento County’s Department of Waste Management and Recycling would like to remind residents to be careful when disposing of fireworks, hot coals or hot ashes from summer-time backyard bar-b-ques.

Coals, ashes, and fireworks may continue to be hot and smoldering long after the celebrations are over. They still have the ability to start a fire. If these items are not properly cooled prior to disposal, they can easily ignite a garbage cart, a garbage truck, or even the facility they are brought to.

How you can help!

- Hot coals, ashes, or fireworks, should NEVER be placed in your garbage, green waste or recycling carts.
- Cool coals, ashes, and spent fireworks for several days by placing in a grill, a fireplace, or a non-galvanized metal container.
- Never place used coals, ashes or fireworks in plastic, paper, or wooden containers.
- Do not place other combustibles in the cart with these items.
- Soak charcoal, ashes, and spent fireworks in water before disposing in your garbage cart.
- Place cooled items in a non-galvanized metal container with a tight lid before disposing in the garbage cart.

Visit our website at SacGreenTeam.com for more information about our services or email us at sacgreenteam@saccounty.net



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Please dispose of unused prescription and over-the-counter medications responsibly.

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1. Remove pills from containers and put them in a clear zipper bag. Keep medicated liquids and creams in original containers.
2. Recycle your empty containers, but first scratch off or black out personal information.
3. Find a medication collection bin near you, and place the zipper pill bags, liquids, and creams in the bin.

Only household prescription, over-the-counter, and pet medications are accepted.

Controlled medications are accepted at select locations. Sharps and business waste are not accepted in the bins.



dontflushyourmeds.com

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Goodwill for Fashion: Who Knew?

By Andrew Rose

SACRAMENTO REGION, CA (MPG) - Goodwill Industries in the Sacramento area hosted *Style with a Purpose* at the Alta Arden Goodwill location last weekend. Though this particular event had a *Back to School* theme, it was fun for all who attend. According to Goodwill representatives, the goal was to make fashion accessible to everyone, to break down the stigma attached with thrifting, to promote eco-fashion and to have on-hand style advice for shoppers free of charge. Regional Manager for Goodwill Industries, Hope Pearson, expressed her excitement. “It’s not your average thrift store,” Pearson maintains. “Our quality is much higher than most thrift stores.”

The happening on August 4 featured a number of fashion experts in the Sacramento area and welcomed men, women and children to get their fashion groove on. Stylists pre-selected clothing items for people of all sizes, and other items were also showcased. During the event, guests were able to browse “style stations” where stylists offered personalized fashion advice. This was Goodwill’s second stylists event in the Sacramento area. The first one, held on April 28, was a rousing success. In the process, Goodwill attracts new shoppers to its organization by pointing out how people can, through a little hunting, acquire amazingly inexpensive ways to enhance their wardrobe.

While *Style with a Purpose* is designed to be a fun event, it supports a serious cause. Each purchase to Goodwill helps improve lives of people who



For more information about *Style with a Purpose* and Goodwill in this area, go to www.goodwillsacto.org. Photo courtesy Goodwill

use the organization’s services. All purchases of merchandise from Goodwill’s stores benefit the nonprofit’s mission of helping people with disadvantages achieve self-sufficiency. In 2018 alone Goodwill Sacramento Valley and Northern Nevada provided more than \$20 million worth of resources to those in need. Some community organizations benefitted are Next Move Homeless Services, Francis House Center, Wind Youth

Services, People of Progress, and Community Link Capital Region. “Our business wouldn’t be possible without donations from our community,” Pearson asserts. What’s more, Goodwill is instrumental in helping people in the community rebuild their lives with its job assistance programs. Goodwill was founded in 1902 in Boston by Methodist minister Rev. Edgar H. Helms. Helms enacted the progressive idea of collecting household

items and clothing in upper class sections of the city. These goods were resold or given to people in need. Thus, the Goodwill credo of *not charity, but a chance* was put into place. Helms’ simple vision is now a nonprofit organization with assets of more than \$5.5 billion. Helms described Goodwill Industries as an “industrial program as well as a social service enterprise... a provider of employment, training and rehabilitation for people of limited

employability, and a source of temporary assistance for individuals whose resources are depleted.”

Goodwill Industries gets results. In 2017, more than 38.6 million people utilized in-person and technological services from the organization to build their professional lives. Also last year, the organization’s Good Neighbor program, which provides emergency assistance on a referral basis to agency clients, directly served 72,937 people across 35 countries.

More than a century after Goodwill’s founding, events such as *Style with a Purpose* help perpetuate the success of the organization by bringing in a new, often younger clientele. Betsy Appleton, who puts together the blog goldwilldigger.com, reminds people that dressing snappy is affordable, thanks to Goodwill. On the blog, Appleton describes herself as “a 20-something navigating the waters of adulthood with champagne taste on a beer budget.” As a guest on NewsChannel 5’s *Talk of the Town* program in Nashville, Appleton provided frugal fashionistas with a few tricks of the trade. When asked about her best tip for going through the racks, Appleton advised that it’s a different experience than walking to a rack in a department store. In fact, she claimed, some elbow grease is required. Appleton explained the digging in being a Goldwill digger. “One is to be patient,” she asserted. “Things aren’t going to jump out at you. You have to spend time there, be patient, and be persistent.”

Appleton added that the reduced monetary investment in clothing bought from

Goodwill lends itself to experimentation. A recreational fashion designer can feel free to take the scissors to alter a Goodwill garment, because it didn’t cost a lot of money. “There’s no harm in doing a little DIY with Goodwill pieces. You don’t have a lot invested in them to make them unique and fit you.” Appleton was awarded Goodwill of Middle Tennessee’s 2016 Ambassador of the Year.

Heather Donaldson, creator of *Style with a Purpose*, received her inspiration for this event from a similar happening in Nashville, in which her sister Elisabeth participated. A critical care nurse, Heather Donaldson started thrifting out of financial necessity, and now keeps doing it for fun and with a sense of social consciousness. “When I was musician living in Los Angeles, I never had any money but needed clothing that would make me look like a star. Goodwill quickly became my best friend,” she reflects. “I could find unique items made of rich fabrics that were often hardly worn. Now that my pocketbook is not as tight, I don’t thrift out of necessity, I thrift because I worry about this planet and the effects of fast fashion on the environment. I still find beautiful clothes for a fraction of retail prices and I use what I save to travel and enjoy life.”

Donaldson served as a stylist for the event along with Caitlin Alfstad, Dev Anglin, Hagen, Keia Mae, Tuyen, Vince Vicari, and Xochitl. Each stylist offered unique advice to shoppers and those in attendance.

For more information about *Style with a Purpose* and Goodwill in this area, go to www.goodwillsacto.org. ★

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Crossword Puzzle on Page 7

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8	7	2	9	3	4	1	5	6
9	4	5	7	1	6	3	2	8
3	6	1	8	5	2	9	4	7

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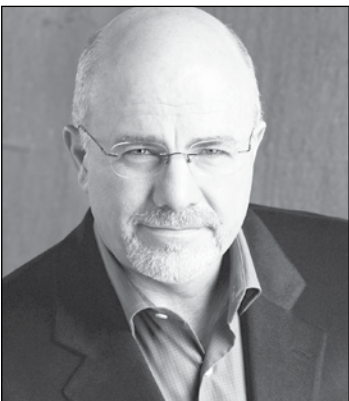
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- Monty

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If you use your 401(k) they'll charge you a 10 percent penalty, plus your tax rate. That means you'll probably lose anywhere from 25 to 50 percent to the government. I don't know about you, but I think they already get too much of our money.

I love the fact that you want to get rid of your car payment, but I don't want you to cash out your retirement plan to make it happen. If you can pay off the car in 18 months or less, I'd advise living on a strict, written budget, and throwing as money as possible toward the car debt until it's out of your life forever.

If it would take longer than 18 months to pay it off, I'd get rid of the car. To do this, you'd have to sell it for as much as you can get, then go to a local credit union for a small loan to cover the difference. If it's your only car, you'd need to ask for an extra \$2,000 to \$3,000 to buy a little beater to drive until you can save up and get into something better.

I hate all kinds of debt, Monty. But being \$5,000 to \$6,000 in the hole is a lot better than having \$18,000 in debt hanging over your head!

—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 12 million listeners each week on 575 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

High-Speed Rail? What About High-Speed Public Safety?



Commentary by Senator Ted Gaines

SACRAMENTO REGION, CA (MPG) - The unbelievable devastation wrought by the Northern California fires of 2017 has given way to an inspiring rebirth. Santa Rosa, ground zero for the damage, is alive with the sound of skill saws and the constant rapping of hammers, as homeowners – by the thousands – rebuild their lives and homes.

Those fires are mercifully out, but their effects will be far reaching and spread across the entire state. In their aftermath, another set of problems is smoldering in Sacramento, challenging utility ratepayers, the insured, and taxpayers for years to come.

The legislature has established a committee to look at a bill offering solutions

to our wildfire problem and the costs and liabilities for fire damages. That sounds good until you remember this is the same legislature that didn't invest in adequate forest management, even as the state's general fund grew by tens of billions of dollars in the past six years. That sounds good until you remember that this legislature is fixated on plastic straw banning and a thousand other trivialities. That sounds good until you remember that Governor Brown, who will ultimately sign any committee-generated legislation, is more concerned with preventing .0001 degree fluctuations in global temperature 100 years from now and European popularity than he is with the actual pressing issues affecting Californians.

With that in mind, here's one easy prediction from the committee: Your costs are going up.

You will pay, one way or another. Your electricity rates – already about 60-percent higher than the rest of the nation – will go up, as the state lets the utility responsible for the fires pass costs along to you.

Your insurance rates – already skyrocketing for

rural homeowners looking for fire hazard insurance – will shoot even higher to cover increased costs pushed on them by the state.

Your taxes, already the highest in the nation, will only push higher as the committee and Governor decide that what has really been fueling our fire epidemic is taxpayers keeping too much of their money. Look for some surcharge or other way to milk taxpayers as a "solution" to California wildfires. Maybe even a reintroduction and expansion of the illegal fire tax that was supposed to help with wildfires in the first place (how did that work out?).

In California, every problem is an opportunity to put more fees, charges, and other costs on the backs of the people working harder than ever but falling farther behind.

This state took in billions of extra, unanticipated revenue this year alone. Governor Brown has an obsession with the High-Speed Rail, which will burn billions of taxpayer dollars in perpetuity. That's real money that could do good if it isn't wasted by irresponsible Sacramento politicians. So here's a novel idea: Put our existing resources where they will

actually count.

Instead of High-Speed Rail, how about High-Speed Public Safety? Governor Brown and the committee members should commit to providing CalFire every resource it needs to quickly implement the California Fire Plan, a ready-to-go, comprehensive roadmap to slashing California's fire risk for Fall of 2018. This plan shows that CalFire already knows what to do, it just doesn't have the resources to do it. This project should be paid for with existing money, to protect every Californian from the infernos that too-often wreck property and steal lives.

We will never stop lightning strikes and sparks, and every hot, dry area with trees will have fires. But we can do a far better job than we have done at managing our forests and cutting down risks, all without burning taxpayers and ratepayers in the process. Let's hope Governor Brown and the committee members agree.

Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, El Dorado, Lassen, Modoc, Nevada, Placer, Plumas, Sacramento, Shasta, Sierra and Siskiyou counties. ★



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- _____ estate deal
- He was the greatest?
- Main artery in the body
- **"The War of the Worlds" invader
- *Typical temporal setting
- Shape with an ax
- Combustible heap
- Fleur-de-
- *Scully's first name in "The X Files"
- Huey, Dewey or Louie to Donald Duck
- Crematorium jars
- Ponies at a party
- #30 Across' sister
- _____ of arms
- Midwest V.I.P.
- Military no-show
- **"Buffy the Vampire Slayer" spin-off
- Hippocrates' promise, e.g.
- *David Bowie in "The Man Who _____ to Earth"
- *The Dagobah _____ in "The Empire Strikes Back"
- Lack of guile
- Bad-mouth
- Form of arthritis
- National Institute of Health
- **"Foundation" series author
- *Stanislaw Lem's famous novel
- Single-cell protozoan
- Famous Dolly, e.g.
- Absurd
- West African country
- "Eureka!"
- Neil Diamond's "Beautiful _____"

DOWN

- Memory _____ mattress
- Certain something
- _____friendly
- Poet's "below"
- Like U.S. and U.S.S.R. in WWII
- Conjunction in comparatives
- *Heuristically programmed algorithmic computer, for short
- Enlighten
- Biblical pronoun
- Ethiopian currency
- Initial stake, as in poker
- Swedish shag rug
- Shiny cotton
- Not asleep
- One of #35 Across
- "Miss America" contest, e.g.
- **"Star Wars" creator
- Shoemaker without shoes, e.g.
- Hose woes
- *Captain of Nautilus
- "La Vie en rose" singer
- #23 Across, past tense
- Cause for food recall
- *One of the "fathers of science fiction"
- Proofreader's mark
- "_____ good example"
- It's black or white and lives in Africa
- Office errand boy
- Barn sound
- Bureaucratic task
- Relating to ueva
- Capital of Vietnam
- So be it
- Dispatched
- Avian wader
- Center of authority
- Iron horse track
- Research facil.
- Visually perceives
- Bar association
- **"Doctor _____"



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Solutions on Page 6


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By Marlys Johnsen Norris,
Christian Author

Many people do not realize that “secular humanism” is a religion that our government established in our school system years ago to cast down the reasoning of truth written in the Holy Bible. Assuming we will survive today is proving otherwise. All “Sin” is like a cancer and its wages are finally death! The only way our nation will escape the wrath of God is for us to reestablish God’s holy standards in our lives and for our country. The disintegration of the family is most devastating symptoms of a sick and dying nation that existed until

“Godly or Godless?”

the recent election of a non-politician for our president. Because he is now a follower of God, he has already improved important areas of our country. *“God will swing the pendulum back if (and when) His people obey.” (II Chronicles 7:14)*

“If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways, then will I hear from heaven, and will forgive their sin and will heal their land.”

The greatest force against evil is a person who is mighty in their faith and able to detect and reject Satan’s lies. *“For we wrestle not against flesh and blood: but against principalities, against powers, against the rules of the darkness, of this world. Against spiritual wickedness in high places.” (Ephesians 6:11-12)* What happened to the responsible accountability to our Creator God who loves us?

EVERY “FALSE CULT AND PHILOSOPHY” IS ONLY AN EXTENSION OF “THE LIE”

OF SATAN -- WHICH TELLS PEOPLE THAT THEY CAN “BE AS GODS” DECIDING FOR THEMSELVES -- WHAT IS GOOD AND WHAT IS EVIL.

Some of these include: Liberal Theology, Cults, Pornography, Equal Rights Amendment, Abortion, Homosexuality, Socialism, Communism, Secular Humanism, drugs, broken marriages, divorce and every kind of immorality. When one turns away from the moral law of God in his own conscience, his foolish heart is immediately darkened to take the wrong path for life.

An American who loves our country, we need to hold our Supreme Court accountable for dishonoring God and making laws contrary to our original constitution that were based on God’s Holy Word honorable men of old placed into law!

Marlys Johnsen Norris
Christian Author of 7 Books:
“Messages in the Dust for the Searching Soul”
Marlysjn@gmail.com ★



By Pastor Ray Dare

When you come to the end of today, when it’s all said and done, when you lay your head on your pillow tonight; what will you have accomplished? What is the most important thing you could do today? 1 Corinthians 14:1 says, *“Make love your greatest aim.”* Why love? Of all the things God could have said, why love? The Bible tells us why in 1 Corinthians 13...

Without love all that I say means nothing. *“If I speak in the tongues of men and/or angels, but have not love, I am only a resounding gong or a clanging cymbal.”* He says words without love are nothing, ineffective. The Corinthians were caught up in this. They were proud of their spiritual gifts. They said, “We can speak in the tongues of man and angels.” God says, “You’re

Pastor Ray's Encouraging Words

Make Today A Success

majoring on the minors.”

Without love all that I know means nothing. *“If I have the gift of prophecy, and can fathom all mysteries and all knowledge... but have not love I am nothing.”* God says, “It doesn’t matter.” *“Knowledge puffs up but loves builds up.”* There’s something better than being right, and that’s having the right heart. The world is not looking for more knowledge; the world is looking for love.

Without love all that I believe means nothing. *“If I have faith that can move mountains, but have not love I am nothing.”* There is a misconception that all being a Christian involves is believing certain truths, doctrines, holding certain beliefs. Someone says, “I’m a Christian...I believe in Jesus.” Big deal so does the devil! The question is do you love Jesus? Do you love other people?

Without love all I accomplish means nothing. *“If I were burned alive for preaching the Gospel, but I didn’t love others, it would be of no value whatever.”* You could rack up a list of impressive achievements and accomplishments -- but without

love it won’t matter.

One day God is going to do an audit on your life. He is not going to focus on your accomplishments, how many languages you spoke, how many degrees you had or what your bank balance was. He’s going to look at one thing: how you treated people. Galatians 5:6, *“If you are a follower of Christ Jesus all that matters is your faith that makes you love others.”* He says, all that matters is that you love others. If you miss that, you just missed the most important thing in life. Wealth, fame, success, things - minus love equals zip! Nothing! A wasted life!

I say a little prayer every day that goes like this and I encourage you to pray it as well, *“Lord, help me to love you more and love other people more, even if I don’t get anything else done today, if I love you more and love other people more it will be a successful day.”*

Pastor Ray
New Beginnings Church
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FREE and Confidential Support to Keep Our Community Healthy

By John Perry, co-founder,
Clean & Sober Recovery
Services

SACRAMENTO REGION, CA (MPG) - If you’re struggling with a loved one’s drug or alcohol abuse, you might be relieved to learn that Clean & Sober Recovery Services offers FREE and confidential family support every Sunday to help families in the Sacramento region.

These meetings are run by a volunteer board-registered interventionist/family counselor and “veteran” family members who understand the roller coaster ride of a loved one’s dependence on drugs or alcohol.

The meetings are interactive, and you’ll be able to seek information in a supportive group setting. Please do NOT come with the person you are concerned about! These meetings are ONLY for people who are

concerned about a loved one’s drug or alcohol abuse.

We offer these meetings every Sunday from Noon to 1:30 PM at 9198 Greenback Lane, Suite 101, in Orangevale. You can simply show up for any meeting or call (916) 990-0190 for more information. Note: we do NOT hold meetings on holidays.

No one plans to become dependent on alcohol or other drugs. It usually starts very innocently as a social “lubricant” or a study aid to help students get through long nights of schoolwork. At some point, though, drugs or alcohol become essential to make it through the day, and your loved one will begin to withdraw from the family or manipulate others in order to function and survive.

Everyone may be in denial about alcoholism or addiction (“Substance Use Disorder” or SUD) because no one

understands what is happening, or it is too terrifying or painful to admit there seems to be a problem.

SUD is considered a chronic brain disease that can be kept in remission through treatment.

You’ll learn about the risk factors for SUD including early childhood trauma, family genetics, mental health issues and the age of first exposure to drugs or alcohol.

You’ll discover that you didn’t cause your loved one’s SUD, and you can’t cure it or control it. But you can learn to “untangle” it.

As you learn about treatment and recovery, you will find that there are many ways and many resources to help your loved one recover from their addiction or alcoholism. We’re here to help you find the best path forward toward a healthier, happier family. ★

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Sacramento County DA Reports

Defendant Sentenced for Child Sexual Assault
DATE: July 23, 2018
CASE: Kristopher Jordan (Case #16FE018631)
PROSECUTOR: Deputy District Attorney Brian Morgan, Special Assault & Child Abuse Unit
The Honorable Stephen Acquisto sentenced Kristopher Jordan to 50 years in prison. On June 15, 2018, a jury convicted Jordan of seven counts of committing a forcible lewd act on a child.
In 2014, Jordan started sexually assaulting an 11-year-old male family member.

Gang Members Convicted for Multiple Murders
DATE: June 29, 2018
CASE: David Javier Jaimes & Alex Martinez Camacho (Case #14F01928)
PROSECUTOR: Deputy District Attorney Morgan Gire, Gangs & Hate Crimes Unit
David Javier Jaimes and Alex Martinez Camacho were convicted by a jury for the first-degree murders of Gladis Quinteros and Enrique De La Cruz as well as attempted murder. The jury also found true the special circumstance that both defendants committed multiple murders. Enhancements for personally discharging a firearm causing death and committing the crimes for the benefit of a criminal street gang were also found true.

On May 21, 2013, Jaimes and Camacho were in a car with fellow North Sacra Norteño (“NSN”) gang members. While driving on Birdcage Street, they saw who they believed was a rival Sureño gang member talking with another man and woman. The defendants got out of the car and shot the victims multiple times. The victims died at the scene. The defendants fled and the case went unsolved. A month later, Jaimes and Camacho were again in a car with other gang members. The defendants mistakenly believed they saw Sureño gang members in a truck and followed them. While stopped at the intersection of Arden Way and Morse Avenue, one of the gang members in the car opened fire on the truck, critically wounding the passenger. A nearby sheriff’s deputy heard the shots and pursued the suspect vehicle. During a highspeed chase, a handgun was thrown from the vehicle and was later recovered.

An examination of the handgun revealed a connection to the murders on Birdcage Street. It was also linked to a series of shootings in Sacramento and Citrus Heights. Further investigation showed Jaimes and Camacho were responsible for the vast number of those shootings.

Jaimes and Camacho each face a maximum sentence of life without the possibility of parole plus an additional 180 years to life in prison. Sentencing is set for September 21, 2018, at 9:00 a.m. in Department 12 before the Honorable Maryanne Gilliard.

Defendant Convicted of Foothill Farms Murder
DATE: July 26, 2018
CASE: Robert Gene McCormack (Case #16FE012920)

PROSECUTOR: Deputy District Attorney Omar Singh, Homicide Unit
Robert Gene McCormack was convicted by a jury of the second-degree murder of Kert Lackey and for being a felon in possession of a firearm. The jury also found true the allegation that McCormack personally discharged a firearm causing death. The Court found true that McCormack has a prior 1998 strike conviction for assault with a deadly weapon.
Robert McCormack and his girlfriend invited her ex-boyfriend, Kert Lackey, to their house for dinner. That night, McCormack overheard a loud conversation between his girlfriend and Mr. Lackey. McCormack struck Mr. Lackey twice in the head with an aluminum bat. When Mr. Lackey attempted to fight back, McCormack barricaded himself in the house. Mr. Lackey walked down the driveway toward his car, McCormack exited the house with a loaded 9mm semi-automatic handgun and shot Mr. Lackey seven times. Mr. Lackey died immediately at the scene.
McCormack faces a maximum sentence of 60 years to life in prison. Sentencing is set for August 17, 2018, at 9:00 a.m. in Department 34 before the Honorable Pamela Smith-Stewart.

DV Offender Convicted of Attempted Murder, Child Endangerment
DATE: July 30, 2018
CASE: Randy Wallace (Case #17FE015903)
PROSECUTOR: Deputy District Attorney Allison Dunham, High Risk Domestic Violence Unit
Randy Wallace was convicted by a jury of attempted murder with the allegations of premeditation, personal use of a firearm and personal discharging of a firearm causing great bodily injury found true. Wallace was also convicted of two counts of willful child endangerment and making criminal threats.

Wallace and the victim had just ended their relationship. On August 28, 2017, the victim was with her two young children doing errands. When she ran into Wallace on the street, the two got into a verbal altercation. Wallace told the victim he was going to shoot her. He then went into a nearby house, came out holding a gun and shot at the back-rear door and window of the victim’s car where her children were sitting at the time. One of the children received a number of cuts and scrapes from the glass window shattering in his face, including a laceration to his eye. Wallace then shot the victim in the chest, stomach and back of the leg. He hit the victim in the head with the back of the gun before fleeing the scene. Wallace was apprehended on October 5, 2017. The victim suffered life-threatening injuries, but she survived. Wallace has a history of domestic violence and was on active probation at that time of this offense.

Wallace faces a maximum of 38 years to life in prison. Sentencing is set for August 17, 2018, at 1:30 p.m. in Department 15 before the Honorable Laurel White. ★



Divide Comes Together

Movie and, TV actor, Rancher, Motorcyclist. I can go on and on, but this man has had an incredible career from the 80’s... remember Cody Allen on TV’s “Riptide” and “Melrose Place” in the 90’s, and how about the movies “Titans” and “The Day After Tomorrow?” And don’t forget “Slaughterhouse five” and “Lords of Flatbush.” But his dream was to make a movie on his own ranch in Cool, California and tell a story that makes a statement about life. The area is called the Divide and so the title “The Divide.” By now you know it has to be the one and only **Perry King** who I am honored to call friend. Perry stopped by the POPPOFF Radio Show on FM-104.5 and AM-950 KAH1 to give me an update on the project which began about five years ago, after his mother died. We all learn about mortality when we lose parents and realize we are next in line. So Perry made the

POPPOFF!

with Mary Jane Popp



Perry King and I at my radio studio.

decision to get to it and make his dream come true.
Together with Janet Brown, the script came to life with three separate but still entwined people, all surrounding the life of Sam Kincaid (Perry’s character) who has the beginning of Alzheimer’s. But in 1976 when the movie takes place, little was known about this disease. Sam is estranged from his daughter, his wife is dead, so what is left? It was also a time of great drought in California, and it’s ironic that the movie began production in 2015 during another major drought. **Perry** also directed the movie. It all came together in black and white which signifies perhaps good versus evil. **Perry** loves cowboys and westerns and the purity of nature. He has

incorporated all these elements with the desire to make a promise to all who see this movie. You will take away something that resonates in each of us.
Perry has been making the rounds to film festivals around the world, and is getting awards from actor to director to best film. It seems to be reaching audiences deeply, which was **Perry’s** dream. His next film festival will be the 21st California Independent Film Festival in the Bay area which runs August 24 thru Sept 1. If you want to be the first to see “**The Divide**,” it’ll be screened Aug 25, 6 PM at the Orinda Theatre in Orinda. I’m introducing him. Good friend Derek Zemrak began the Festival, and is my Hollywood insider every Friday on POPPOFF. Here’s the Festival website www.CAIAFF.org. Hopefully, we will get to see “**The Divide**” to be released on the big screen sometime in November. Will keep you posted.
I am honored to call **Perry** good friend. I have interviewed him several times on POPPOFF, and he even turned the tables on me and interviewed me which was a real kick. More on that, and all that makes **Perry King** so special in another column. Suffice to say that this Hollywood icon is very special to all that know him...including me! ★

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California Burning Thanks to Obama-Era Environmental Regulations



By Katy Grimes, Investigative Journalist

SACRAMENTO REGION, CA (MPG) - The largest wildfire burning in California has now claimed the lives of seven Redding residents. More than 38,000 Shasta County residents have been evacuated because of the Carr Fire.

Cal Fire estimates there are more than 300 fires burning across California as of Sunday morning.

“Since 2012, according to state emergency management officials, there has not been a month without a wildfire burning — a stark contrast to previous decades, when fire officials saw the fall and winter as a time to plan and regroup,” the New York Times reported last week about California’s wildfires.

Many are asking why there are so many fires burning again in California.

What’s the significance of 2012?

It is interesting that the New York Times mentioned the 2012 date, but only attributed the wildfire increases to “the recent historic drought,” and “rising temperatures,” caused by climate

change. Nothing could be further from the truth.

Obama-Era Eco-Terrorism Enviro Regulations

Under Agriculture Secretary Tom Vilsack, “The Obama administration finalized a rule governing the management of 193 million acres of national forests and grasslands, establishing a new blueprint to guide everything from logging to recreation and renewable energy development,” the Washington Post reported in 2012. “The rule will serve as the guiding document for individual forest plans, which spell out exactly how these lands can be used.”

These Obama-era regulations introduced excessive layers of bureaucracy that blocked proper forest management and increased environmentalist litigation and costs. This is the result of far too many radical environmentalists, government bureaucrats, leftist politicians and judicial activists who would rather let forests burn, than let anyone thin out overgrown trees, or let professional loggers harvest usable timber left from beetle kills, or even selectively cut timber. Forests are the ultimate natural renewable resource.

In a 2016 Townhall column, Paul Driessen explains:

“Eco-purists want no cutting, no thinning – no using fire retardants in “sensitive” areas because the chemicals might get into streams that will be boiled away by conflagrations. They prevent homeowners from clearing brush around their homes, because it might provide cover or habitat for endangered species and other critters that will

“Hotter, drier, longer forest fires we are witnessing today have nothing to do with ‘dangerous manmade climate change. They have a lot to do with idiotic forest mismanagement policies and practices.”

PAUL DRIESSEN

SENIOR POLICY ADVISOR,
THE COMMITTEE FOR A
CONSTRUCTIVE TOMORROW
(CFACT)

get incinerated or lose their forage, prey and habitats in the next blaze. They rarely alter their policies during drought years.”

“The resulting fires are not the “forest-rejuvenating” blazes of environmentalist lore. They are cauldron-hot conflagrations that exterminate wildlife habitats, roast bald eagle and spotted owl fledglings alive in their nests, boil away trout and trout streams, leave surviving animals to starve, and incinerate every living organism in already thin soils ... that then get washed away during future downpours and snow melts. Areas

incinerated by such fires don’t recover their arboreal biodiversity for decades.”

Government Incineration

In the early 1990’s the Clinton administration embraced the Forest Stewardship Council following the Rio Earth Summit. The FSC was created “to promote environmentally sound, socially beneficial and economically prosperous management of the world’s forests.”

Yale 360 contributor Richard Conniff explained: FSC was to work with the timber industry “to set standards covering the conservation and restoration of forests, indigenous rights, and the economic and social well-being of workers, among other criteria. For industry, FSC certification promised not just a better way of doing business, but also higher prices for wood products carrying the FSC seal of environmental friendliness.”

It was an epic fail. All industries using timber-related products were extorted into becoming “FSC Certified.” Paper products, furniture, construction, cabinets, power poles, and hundreds of industries use timber. “A quarter-century later, frustrated supporters of FSC say it hasn’t worked out as planned, except for higher prices: FSC reports that tropical forest timber carrying its label brings 15 to 25 percent more at auction,” Conniff reported. “But environmental critics and some academic researchers say FSC has had little or no effect on tropical deforestation.”

Prior to FSC Certification, environmentalists refused to acknowledge that timber had

been prized as a renewable, recyclable natural resource, and the timber industry prioritized proper care of forests.

Fast forward to the George W. Bush administration: “In June 2009, a federal judge sided with environmentalists and threw out the Bush planning rule that determines how 155 national forests and 20 national grasslands develop individual forest plans, governing activities from timber harvests to recreation and protecting endangered plants and animals. Clinton appointee, Judge Claudia Wilken of the U.S. District Court for the Northern District of California ruled that the Forest Service had failed to analyze the effects of removing requirements guaranteeing viable wildlife populations (Greenwire, July 1).”

By 2012, the Obama administration issued a major rewrite of all of the country’s forest rules and guidelines.

In 2015, Washington D.C. District Court Judge Ketanji Brown Jackson, an Obama appointee, rejected claims from a coalition of timber, livestock, and off-highway vehicle organizations that the Obama sustainability provisions in the 2012 Planning Rule would cause an economically harmful reduction in timber harvest and land use and an increase in forest fires. “Defendants Klamath-Siskiyou Wildlands Center and Oregon Wild, represented by the Western Environmental Law Center, as well as The Wilderness Society and Defenders of Wildlife, represented by Earthjustice, argued that existing federal law provided ample authority for the

“So-called environmentalists have a very narrow view of nature, not recognizing that without management, which means an appreciable amount of logging, they are actually hurting wildlife and the long-term health of the forest. And now California is on fire.”

KATY GRIMES
INVESTIGATIVE JOURNALIST

Forest Service to promulgate the Planning Rule provisions, which place emphasis on ecologically sustainable forest management,” Earthjustice reported.

As with the Clinton administration in the 1990’s, the Obama administration worked against all drilling, mining, ranching, farming, property ownership, and made it happen through the 2012 eco-terrorism regulations.

So-called environmentalists have a very narrow view of nature, not recognizing that without management, which means an appreciable amount of logging, they are actually hurting wildlife and the long-term health of the forest. And now California is on fire. ★

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Casa Roble Football Preview

The Rams Finally Get their New Field, But Familiar Faces Are All Around

Story by Michael Cella
Photos by Tim Engle

ORANGEVALE, CA (MPG) - It's their first year on a brand new field, but there are plenty of familiar faces at Casa Roble, who will return seventeen starters from a team that went 5-5 last year, losing in the second round of the playoffs by a single point.

All of this has varsity head coach Chris Horner feeling poised about their prospects. "We're a football school," says Horner of Casa, which has a student body of nearly 1300. "When our football team's good, it just changes the feeling on campus." After over a dozen years of experience coaching football at various other levels, this is Horner's



Quarterback Rocky Huston hands off to a running back in recent practice.

second year as varsity head coach.

So far, his goals for the team have extended beyond the gridiron. "I try to not just teach X's and O's, but make better individuals," Horner explains. He tried to accomplish this by bringing in motivational speakers, alumni, and area college coaches every few weeks to lend a fresh perspective, as well as



Casa Roble Rams Head Coach Chris Horner

frequent community service activities. Casa moves from Division 3 to Division 4 this year and will this be playing in a new league, beginning August 17 against Bella Vista, one of the most talented opponents they'll see on the schedule. The wealth of senior leadership in the locker room has the team confident, but they know nothing is earned. They may be returning seventeen starters, but all 22 positions are always up for grabs. "Competition brings out the best," says Horner.

To this end, Casa will bring up several sophomore standouts from a junior



Elijah Johnson enduring the grind.



A snapshot of Rams seniors on the roster: Back row left to right: Justin Hulshoff, Kyle Karras, Tristan Lange, Camren Gates, Riley Mazyk, Jesse Scobee, Raymond Perez, Nick Balcita, Andrew Wyandt, Dylan Boucher, Kolton Gratiyas, Dustin Simpliciano, Austin Ehinger, Illya Vavrenchuk. Front row left to right: Pablo Perry, Will Turner, Robbie Squire, Elijah Johnson, Peter Povey, Jack Johnson, Connor Erickson, Gabe Williams, Logan Candido, Ryan Engle, Ruben Voznyuk, Devin Carmona.

varsity team that went 6-3-1 last year who will challenge the upperclassmen in vying for playing time. All-conference stars Ruben Bonyz, Devin Carmona, Jack Johnson, Luke Triplett, Elijah Johnson and Connor Erickson are all pegged as team leaders, but Casa is always looking for new talent.

The defense returns nine starters, led by a stout linebacking corps, which Horner sees as the strength of the team. But with the offense returning eight starters, the team can lean on a balanced approach without any glaring weaknesses.

This being Horner's second year at coach, it's the first year he's been able to implement an offseason training program, which has him feeling good about his team's physicality. "Our linemen are starting to look really strong," Horner stated.

Whatever their prospects, Horner is most proud of the dynamic he's already seen in his locker room. "I think we've created an environment where these



Ryan Engle leading the sled pack at a recent practice.

guys all genuinely like each other," says Horner. "There aren't a lot of cliques, everyone just gets along." They've already cut the roster from 62 to 48 and making the team has as much to do with attitude as it does with talent.

"We get rid of cool guys," Horner says. "We keep team guys. My guys are integral members of the campus but we try to bring them down a notch, hold them accountable, and make them better young men." ★

There is So Much Fun in Fair Oaks

By Dot Boyd, Ambassador
Chair, Fair Oaks Chamber
of Commerce

FAIR OAKS, CA (MPG) - It may be vacation time, but the Fair Oaks Chamber of Commerce is taking no time off! Last month, the 25th Annual Taste of Fair Oaks was a smashing success. The event committee, led by President Rose Barbray, created a spectacular showcase of restaurants, breweries, wineries, an endless array of silent auction items and an all-around fabulous time for everyone in attendance at North Ridge Country Club.

Our two FOCC Honorary Mayor candidates are in the sprint now, with event after event to raise funds for their respective causes and for FOCC: Jim Cralle for The Rotary Foundation of Fair Oaks and Keith Wright for The Orangevale-Fair Oaks Food Bank. Every dollar counts as a vote, whether you donate via the FOCC website, attend an



Plans are underway for our 35th Annual Christmas in the Village event on Saturday December 1. We can sure use your help! Please call Kim at 916-967-2903 to find out how you can help. Dot Boyd shown above.

event or buy food at Concerts in the Park. All of the money raised stays in our community and the candidate who raises the most will be "sashed" as FOCC's 40th Honorary Mayor on September 12.

Speaking of Concerts in the Park, come join in the fun every Thursday evening from 6:30 – 9:00 through August 16. You can enjoy a variety of live bands in FO Village Park brought to you by our generous community partners and sponsors. Bring your lawn chair and leave the cooking to us because your purchases of pizza, hot dogs, popcorn and ice cream raise funds for Fair Oaks!

What, Christmas in July?! Not exactly, but plans are underway for our 35th Annual Christmas in the Village event on Saturday December 1. We can sure use your help! Please call Kim at 916-967-2903 to find out how you can help.

We invite you to use www.fairoakschamber.com as your resource for choosing a local business from our business directory including our brand new members and sponsors, to view our event calendar, to donate to the candidates and more. We appreciate your support.

See you in Fair Oaks! ★

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