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JULY 27, 2018

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Hazel Avenue Improvement Project Phase 2 Completed



The ribbon cutting marked the completion of the second phase of the Hazel Avenue Improvement Project. Phase 2, which began in March of 2016, focused on Hazel Avenue between Curragh Downs Drive and Sunset Avenue.

SACRAMENTO REGION, CA (MPG) - The Sacramento County Department of Transportation (SACDOT) hosted a ribbon-cutting event to commemorate completion of the second phase of the Hazel Avenue Improvement Project.

Phase 2 is part of a three-part project to reduce congestion and improve mobility for all modes of transportation along Hazel Avenue. The full project will improve the roadway from Madison Avenue to U.S. 50. Phase 2, which began in March of 2016, focused on Hazel Avenue between Curragh Downs Drive and Sunset Avenue. The project widened the road-

way from four to six lanes, improved median and roadside landscaping, and created ADA compliant bus stops with new turn-out lanes for buses.

The \$20 million project was paid by District 3 Developer Fees, Measure A Sales Tax funds, State Transportation Improvement Program funds, and finance partners Fair Oaks Recreation and Park District, Fair Oaks Water District, Sacramento Area Council of Governments, Sacramento Municipal Utility District, and Sacramento Transportation Authority.

Source: Sacramento County News ★



Covered California to Increase Rates

By MPG Staff

SACRAMENTO REGION, CA (MPG) - Covered California announced last week that 2019 premiums are going up once again. The 8.7% average increase marks the fifth consecutive year of rising health plans.

"The proposed rates, negotiated with Covered California and filed Thursday with regulators and subject to their final review, mean those who receive a subsidy to help purchase coverage will pay an average of 6 percent more if they renew in the same plan next year, which translates to an estimated monthly premium of \$123 after tax credits," according to an official statement from California Covered. "Subsidized consumers account for 88 percent of Covered California's enrollment, and those subsidies rise along with rates to help offset any increases."

With rising costs and the zeroing out of the federal penalty for not enrolling in coverage, an estimated 260,000 people in California are expected to drop health coverage in 2019, according to Covered California Executive Director Peter Lee. This includes approximately 160,000 people who buy insurance through Covered California and an additional 100,000 people who buy directly from insurers.

Covered California claims the largest reason for another increase in premiums is due to the alarming rate of increased medical cost that is far and away outpacing general inflation and wage gains for workers. ★

**WE SUPPORT
OUR MILITARY**

Students Begin Paid Construction Internship Program Throughout Sacramento Region

SACRAMENTO REGION, CA (MPG) - A total of 28 high school students and young adults donned their tool belts today to begin a paid month-long internship program sponsored by the North State Building Industry Foundation – a program designed to give them skills they would need for a career in the homebuilding industry.

The program is a collaboration between the Foundation, major Sacramento-area homebuilders, a number of trade contractors, and 11 area high schools. Now in its fourth year, the program fills a major need for contractors and students alike, said Rachel Bardis, the Foundation's 2018 chair.

"There is a growing shortage of construction workers in the region, so now is a great time for young adults interested in the trades to find a rewarding career," Bardis said. "The internship program gives participants a great skill set and they are then very likely to find a job when they're

out of high school."

Mo Rahim, vice president for Taylor Morrison, one of four homebuilders participating this summer, agreed.

"This is a great program for us to reach out to the community and expose young talent to a great industry," he said at an event in Elk Grove on the last day of program's first four-week session on June 29, which saw 34 students and young adults learning skills in plumbing, painting, heating, ventilation and air conditioning (HVAC) and framing.

"As an industry as a whole, there is a major labor shortage, and this is a great way to introduce young people to all aspects of the industry."

While the state has been increasing career technical education funding in recent years, area industry leaders have recognized that they need to be involved as well, Bardis added.

"For the past four years, the



The program is a collaboration between the Foundation, major Sacramento-area homebuilders, a number of trade contractors, and 11 area high schools. (Above photo) Foreman Andrew Ruiz shows Jared Delacruz where the wiring will go in the attic.

Building Industry Foundation has coordinated this job-training program," she said. "After students

take part in a series of after-school classes during the school year, they have the opportunity to earn

money in our paid internship program and really get hands-on

Continued on page 3

A World (Language) of Help

By Michael Cella

SACRAMENTO REGION, CA (MPG) - “Buenos días! Lamentablemente, tienes diverticulitis. Debe comer alimentos ricos en fibra y estará bien.”

Imagine knowing no Spanish, yet trying to understand your doctor delivering your test results this way; maybe over the phone. And maybe it’s for a family member, and you’ll have to do your best to explain.

Understanding the language your health care provider speaks is a key component in the outcome of your treatment, according to a landmark 2002 study by the *Institute of Medicine*. The study was requested by Congress in 1999 in order to assess the extent of disparities in the types and quality of health services received by U.S. racial and ethnic minorities and non-minorities. It concluded that more interpreters should be available in clinics and hospitals to overcome language barriers that may affect the quality of care.

That’s where Language World Services Inc. comes in. An interpreting and translation agency that supports over 200 languages, Language World Services employs over 200 people at locations throughout California, as well as a twenty-person call center in Carmichael.

It all started eighteen years ago in a garage.

Language World Services CEO Bill Glasser’s life had inadvertently prepared him for this career, though it wasn’t always evident. Glasser was born in Spain and raised in LA, where he worked in the heavily Spanish-speaking restaurant industry. Having later moved to Sacramento, Glasser found himself laid off from his job in the Sacramento Bee marketing department, and looking for something to do.

Glasser’s friend, who was renting a room from him, had been volunteering as an interpreter at Schreiner’s

hospital on Stockton Boulevard. Despite being called in to volunteer more and more frequently, his friend’s requests for real full-time work from the hospital were consistently rebuffed. That’s when the then-unemployed Glasser recognized the need and started his interpreting business. “We didn’t have any standardization of protocols back then,” Glasser said of the industry. “It was the wild west.”

The majority of Language World Services’ work is in health care and human services. “There isn’t an unimportant call,” says Glasser. “You’re getting a cancer diagnosis, learning your child has a birth defect. As a human being you deserve the right to know what’s going on with your body.”

Immigration naturally plays a huge role in the industry. Glasser’s experience in this realm goes as far back as 1986, when he served as an interpreter for a group of lawyers helping to legalize families when President Reagan passed the Immigration Reform and Control Act.

Things can get especially tricky in this current climate. Individuals and their families’ stories can be heartbreaking, but interpreters are carefully vetted and trained to not take sides. Still, the human element is always a factor, and Glasser is proud of one example where an Indian family was detained at the border and the detention center called for a Punjabi interpreter – a rarity. Plenty of Spanish-speaking interpreters were provided by other agencies, but Language World Services was the one agency able to supply the Punjabi-speaking family with one. Language World Services has also started a program called Language World Serves, which offers volunteer Technological

advances have also altered the translation landscape, though not entirely. Much of the process around the interpreter has become automated, but the actual work is still very low-tech. “A person who speaks two languages brokers the communication,” explains Glasser. While technology companies are dropping millions to create AI that can do the work of the interpreter, speech-to-speech recognition, “The delicate and nuanced electronic activity that the human brain does may not get there,” Glasser maintains.

And there are plenty of problems that technology can’t solve. For instance, Hmong interpreters are harder and harder to come by as they age out of the industry and find new work. Glasser identified young Hmong translators and interpreters as a source of need, and he is always looking to bolster the stable. From first employing form 1099 translators that weren’t tested or trained to now fully vetted employees as staff members at places like University of San Francisco and Children’s Hospital Oakland, Glasser’s focus has always remained on human connection and simplifying the industry. “You understand someone’s language, you have the person,” says Glasser. “My perfect view is to make interpreting professional, to make it not such an exotic boutique service business, but to make it as simple as calling the geek squad.”

Perhaps they can call it the Speak Squad. Then they could tell you, “Good morning! Unfortunately, you have diverticulitis. But if you maintain a high-fiber diet, you’ll be just fine.”

Language World Services Inc. is located at 7220 Fair Oaks Blvd, Carmichael. Call 916-333-547 or visit [languageservices.com](http://www.languageservices.com) for more information. ★

Dignity Home Services: Moving Up While Helping People Who Are Moving Out

By Andrew Rose

SACRAMENTO REGION, CA (MPG) - James Radford, founder and CEO of Dignity Home Services, would like to see his new business succeed. In fact, he truly wants to clean up.

The Missouri native specializes in helping homeowners in transition. When an individual is moving out of their home and needs help with the process, Radford is now the one to call in the greater Sacramento area.

Radford says that he sets his business apart from other home cleaning services through a “solid, precise process.” In one fell swoop, Radford and his colleagues will haul items for residents, as well as clean carpets and windows.

The amiable man of thirty nine understands that his clients, leaving their homes, are often facing a challenging transition. Radford recognizes their situation and makes it his personal mission to help them any way he can. If needed, he will even assist clients with selling, storing, or disposing items removed from their homes. “I take it from a servant’s heart and a servant’s approach,” Radford maintains.

In this process, he emphasizes an expedient manner of serving them. “We do everything,” he proclaims. “What can take people two or three months, we can do in six or seven days.”



James Radford and his wife, Kate, with their children (L-R) Abigail, Silas and Joel.

Radford started his business when a friend of his fell and broke her hip. She needed to move out of her house immediately for assisted living and turned to James for help. Radford had a background in janitorial service, and was eager to pitch in. “Hey, why don’t we bring a crew out?” he thought, and Dignity Home Services was born. The job was done in five days and Radford was off and cleaning.

That was last February, and he now employs a crew of 10-12 people. The Dignity in Dignity Home Services extends to Radford’s employees as well as his clients. Instead of considering them mere laborers, Radford provides his workers with the opportunity to grow with him. “Everybody’s involved in the business,” he

asserts. Radford encourages his associates to literally buy into his vision, giving them the option to become stock holders. What’s more, he lets them in on the company’s internal workings, such as teaching them how to read profit and loss statements.

Radford asserts that this high level of employee involvement is his recipe for long term growth. Thus, the plain talking Eagle Scout from the Show Me State plans to enable his associates to grow their own businesses through franchising. His goal is to build a nationwide company in this manner.

On his road to success, the father of three (Joel is 16, Silas is 12, and Abigail is 4) also involves himself in the Roseville community as an active participant in Boy Scouts Troop #1051. His wife, Kate, serves as Director of Children and Youth for Roseville Baptist Church. She also pitches in to develop their homegrown business.

Dignity Home Services serves the following areas: Carmichael, Citrus Heights, El Dorado Hills, Grass Valley, Orangevale, Rancho Cordova, Rocklin, Roseville, and Sacramento. Radford provides free estimates and can be reached at 916- 247- 2425. Online, he can be found at <http://www.dignityhomeservices.com>. ★



The Dignity Home Services crew. Radford provides free estimates and can be reached at 916- 247- 2425 or online at <http://www.dignityhomeservices.com>.

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Students Begin Paid Construction Internship Program Throughout Sacramento Region

Continued from page 1
experience.”
Interns are paid \$11 an hour.
Other builders participating this year are Anthem United, Lennar and USA Properties at developments in Elk Grove, the Vineyard area, Roseville, Folsom and Natomas.
Also involved are the following trade contractors: Black Diamond Electric, Central Valley Painting, Creative Design Interiors, CVC, Deal Mechanical, Eagle Lathe and Plastering, Fenceworks, Fletcher Plumbing, Hutton Lovewell, L&S Framing, Marticus Electric, Production Framing, Rayco Electric, Sommercial Concrete, Timberlake Cabinets, Timberworks and Villara Building Systems.
High schools involved in the program are Cosumnes Oaks, Laguna Creek, Monterey Trail, Pleasant Grove, Sheldon, and William Daylor in the Elk Grove Unified School District, and five schools in Placer County – Center, Lincoln, Oakmont, Placer, and Whitney.
In addition, a number of young adults aged 18-22 enrolled in a separate Foundation training program are participating in the hands-on internship program.
Interns enrolled in the first session found the program to be extremely beneficial.
“It was a good opportunity to learn something new and taught me what hard work means, what it takes to earn money,” said Robert Langamon, 17, an incoming senior at Cosumnes Oaks High School, on the last day of the first session.
And Jared Delacruz, 21, said he’s ready to begin a career as a heating, ventilation and air conditioning (HVAC) tradesman.
“I’ve always been interested in construction. My family has been in construction and some have been general contractors,” he said. “The internship was really helpful in helping me understand what I’d like to do, and now I know I’d like to work in HVAC,” he said.
Building Industry Foundation programs have a great track record in placing graduating students into jobs. In April, of 57 graduating seniors who participated in last year’s summer internship program, 54 were hired by contractors at a Foundation-sponsored job fair.
Source: The Write Stuff Communications ★

AMAC: Trend Toward a Four-Day School Week is Gaining Momentum Across the Country

SACRAMENTO REGION, CA (MPG) - Schools across the country are opting to give teachers and students a day off on Fridays. It’s a way to save money, they say. According to the National Conference of State Legislators “approximately 560 districts in 25 states have one or more schools on a four-day schedule.”
Teachers and stay at home moms seem to like the trend but households where both parents need to work to make ends meet, it poses difficulties. “Families with children too young to stay at home alone will have the added expense of daycare,” points out Dan Weber, president of the Association of Mature American Citizens [AMAC].
Weber says that in addition many low-income parents rely on subsidized school breakfasts and lunches and that having to feed their kids an extra day a week can pose a problem. The Department of Agriculture says more than half of the nation’s high-poverty schools offer breakfasts and lunches to students at no cost.
Meanwhile, there’s evidence to suggest that the savings for school districts that adopt shorter school schedules are minimal at best.
Paul Hill, a Research Professor at the University of Washington Bothell, is an expert in the field of public education. In an interview published in The Atlantic he was asked why school superintendents, if they know the savings may not be significant, elect to shut down on Fridays.
His response: “They hope to save money even if the odds are low. But there are two other reasons people go to it: at least initially, I think superintendents were enthusiastically thinking they could find a way to get more time for teachers to collaborate and maybe actually improve instruction. But the other was that teachers and families with stay-at-home moms and so on were all pretty glad to have that one day extra on the weekend where they could do things like take their kids to the doctor. So it was a combination of hope for academic benefits and real family and quality-of-life benefits.”
Weber says it would appear that the benefits of the four-day school week accrue principally to stay-at-home parents and teachers. “They would not outweigh the disadvantages for students and households where both parents work. Consider also the fact that the remaining school days would be longer under such a revised schedule and could prove to be difficult, especially for younger students.”
Source: Association of Mature American Citizens ★

Which of These Costly Homeseller Mistakes Will You Make When You Sell Your Home?

Fair Oaks / Orangevale - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.
This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of homesellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market.
As this report uncovers, most homesellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".
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Women’s Empowerment Gala Raises Funds to End Homelessness for Women and Their Children

SACRAMENTO REGION, CA (MPG) - Five hundred guests at Women’s Empowerment’s 17th Annual Celebration of Independence Gala raised more than \$214,000 to support the organization’s job training program for women and mothers experiencing homelessness in Sacramento. The event, which took place at the DoubleTree by Hilton Hotel in Sacramento, had 75 graduates of the program in attendance dressed in ballgowns donated by the community. The evening included a formal dinner, live and silent auctions, live music and inspiring speeches from program graduates.

Mayor Darrell Steinberg presented Amanda Buccina and Rennie Jemmings of Sutter Health with the 2018 To Heal the World Award, created in honor of Women’s Empowerment’s founding social worker Erie Shockey. The award recognizes a local hero who inspires others to engage in social change and make Sacramento a better place for all. The two nurses were honored for providing street medical care to people who are homeless in Sacramento.

“This event is a powerful reminder that when we come together as a community we can break the cycle of homelessness,” said Lisa Culp, executive director, Women’s Empowerment. “From the generosity of our donors to the inspiring words of our program graduates, the Gala was a magical night of celebration. The critical donations raised that night will fund our vital mission of ending homelessness through empowerment and



Women’s Empowerment graduates celebrate overcoming homelessness in front of 500 attendees at the organization’s 17th Annual Gala in May. Photo by Jon Wallenhaupt

employment.”

Women’s Empowerment was featured on NBC’s The TODAY Show in 2015 for offering the most comprehensive job-readiness program in the Sacramento area designed specifically for women who are homeless and their children. The award-winning organization has graduated 1,527 homeless women and their 3,684 children. Last year, 92 percent of graduates found homes and 77 percent found jobs or enrolled

in school or training. The program combines self-esteem courses, job training, health classes and support services to help homeless women across diverse ages, races and cultures. Women’s Empowerment is funded through private donations from the community and receives no government funding except for in-kind rent from the County of Sacramento. To make a donation: www.womens-empowerment.org. ★

The Job Search: New Light on an Old Issue

By Andrew Rose

SACRAMENTO REGION, CA (MPG) - Countless people have been there. It’s daybreak, and the angst sets in. Midsummer is traditionally the time of year when recent high school and college graduates focus on career issues. Meanwhile, many people who have been out in the workforce for some time are looking to rebuild their professional lives.

An anonymous university career advisor in Fresno reminds individuals to focus on the foundation of the career search. “The commonality is what I call your sales documents,” she proclaims. “This would be a resume and cover letter. A resume is not just a fact sheet; it’s a sales sheet.” She warns that even a quality resume submitted is a waste of time if it is not effectively targeted to an appropriate job prospect, calling it the “spray and pray” method.

While shooting straight for the dream job is enticing, the advisor proclaims, a structured game plan is the most effective tool. She illustrates her point, noting that after three-decades in helping people find work, “How the heck do I have any business applying for a job as a senator?”

Marty Nemko, author of *Careers for Dummies*, would concur, maintaining that too many job seekers don’t have realistic expectations of their abilities. “About seventy-five percent of people think they’re above average,” Nemko reports. He also maintains that many job seekers have the exact opposite problem, that they don’t have enough self-confidence to pursue the work they are meant to do. As a result, they sell themselves short with low paying and unfulfilling work.

Nemko will also maintain that the traditional progression from high school to university isn’t necessarily the right way to go for long term career success. Ironically, such a proclamation comes from a man who obtained his doctorate in educational psychology from UC Berkeley. “I didn’t succeed because I earned a Ph.D.,” Nemko asserts. On the contrary, Nemko holds that elbow grease, not his advanced degrees, paved the road to his success. He reflects on his own unfulfilling high school and university experience, being forced to absorb information that he ultimately didn’t need to know. “I would have done better learning on my own.”

The two experts would concur that higher education isn’t always the pathway to success for a teenager who is looking toward their career future. The university advisor notes that modern high schools are doing a better job than before with helping students establish careers after graduation. She notes examples of programs that train students as nursing assistants and diesel mechanics. Such individuals are able to hit the ground running with solid careers after graduation. “College isn’t for everybody,” the advisor reminds.

Nemko advises careerists to focus on the process



Marty Nemko was called “career coach extraordinaire” by U.S. News and is the author of the just-published, *Careers for Dummies*. Photo courtesy Marty Nemko

of employment, and that the dream job probably won’t fall into someone’s lap. When asked about mistakes job seekers make, Nemko laments that too many are unwilling to lay the necessary groundwork needed to find fulfilling employment. “I think they spend too much time on the sidelines, thinking about the perfect career.”

Similarly, the university career advisor asserts the importance of keeping an endpoint in mind, along with plans to get there. Working with students and alumni who are planning or retooling their careers, she will ask them, “What’s your game plan? What do you want to end up with, and what do you want to do?” She holds that this advice applies not only to those who are starting out in the work world, but also for established professionals who long for a change. She notes the importance of acknowledging one’s interests and how they might apply on the job market. The advisor reflects on meeting with an accountant who was sick of his job, and wanted something entirely different. His wife noted that he was good with children, and truly enjoyed his time as a little league coach. After hitting on that one insight, the dissatisfied professional clarified the objective of his career shift and asked, “How do I go from being a CPA to being a school counselor.” The advisor notes that he was off and running from there.

Marty Nemko was called “career coach extraordinaire” by U.S. News and is the author of the just-published, *Careers for Dummies*. ★



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“California at Bat” Chronicling the State’s Baseball History Opens July 29 at the California Museum

SACRAMENTO, CA (MPG) - The California Museum announced “California at Bat: America’s Pastime in the Golden State” will open on Sun., July 29, 2018. The all-new exhibit chronicles California’s baseball history from the Gold Rush to present, revealing its legacy of all-stars and the contributions of female, African American and other players who broke barriers to broaden its enduring appeal. Featuring more than 200 rarely-seen artifacts, highlights include uniforms, equipment and ephemera from Jackie Robinson, Joe DiMaggio, Ted Williams, Willie Mays, Sandy Koufax and others, along with objects from Pacific Coast League teams and from Edmonds Field, home of the Sacramento Solons until 1960.

“We are thrilled to present ‘California at Bat,’” said California Museum Executive Director Amanda Meeker. “Although the major leagues didn’t arrive until the 1950s, Californians have enjoyed baseball for 160 years. This exhibit offers an unprecedented opportunity to view artifacts representing the sweep of California baseball from 19th century town ball to the legends of baseball’s Golden Age and the heroes of the modern era.”

Curated by the California Museum, “California at Bat” was developed in collaboration with Stephen Wong, author of three Smithsonian Books, including “Game Worn: Baseball Treasures from the Game’s Greatest Heroes and Moments” (2016). A renowned baseball historian and collector, Wong contributed expertise and more than 80 artifacts from his per-



Highlights include New York Yankees rookie uniform game worn by Joe DiMaggio in 1936, the only season of he wore number 9. Born and raised in the San Francisco Bay Area, DiMaggio is best known for his 56-game hitting streak in 1941, a standing record in 2018. Photo courtesy California Museum

- **San Francisco Giants home jersey game worn by Willie Mays (b. 1931) in 1965, the season he led the NL with 52 home runs and won his second NL MVP Award.** Considered the game’s greatest all-around player, Mays has lived in California since



Highlights include San Francisco Giants home jersey game worn by Willie Mays in 1965, the season he led the NL with 52 home runs and won his second NL MVP Award. Considered the game’s greatest all-around player, Mays has lived in California since moving with the Giants in 1958. Photo courtesy California Museum

sonal collection illustrating many of baseball’s most famous players. Highlights include:

- **New York Yankees rookie uniform game worn by Joe DiMaggio (1914-2000) in 1936, the only season of he wore number 9.** Born and raised in the San Francisco Bay Area, DiMaggio is best known for his 56-game hitting streak in 1941, a standing record in 2018.
- **Boston Red Sox home uniform game worn by Ted Williams (1918-2002) in 1950, the season his career nearly ended after breaking his arm in the All-Star game.** The San Diego

- moving with the Giants in 1958.
 - **Los Angeles Dodgers road jersey game worn by Sandy Koufax (b. 1935) in 1966, the last year of his MLB career and the year he won a third Cy Young Award.** A resident of California since moving with the Dodgers in 1958, Koufax is also remembered for sitting out Game 1 of the 1965 World Series when it fell on Yom Kippur, and for pitching baseball’s eighth perfect game on Sept. 9, 1965.
- “As a native Californian who is deeply passionate about baseball and the history of the game, I’m proud and honored to have been

a part of ‘California at Bat,’” said Stephen Wong. “I’m delighted to share my collection with members of the public in this extraordinary new installation revealing the state’s significant contributions to baseball.”

Contributions of Californians who broke barriers are also explored. For example, Jackie Robinson (1919-1972), the first African American to play MLB in the modern era, is heralded through a 1947 Brooklyn Dodgers team-autographed ball, along with a ticket and program from his April 15, 1947 debut. In addition to ending the segregation that had relegated African Americans to the Negro Leagues since the 1880s, Robinson was also the first to win a NL MVP Award, reflected by his 1949 trophy on display.

Accomplishments of California women are shown through uniforms from the All-American Girls Professional Baseball League of the 1940s and modern softball Olympians, while artifacts from Japanese American and Mexican American leagues emphasize the sport’s role in facilitating social and political networks in disadvantaged communities.

In addition, the exhibit surveys the state’s baseball history before the arrival of the majors in 1958. Uniforms, equipment and ephemera revisit the Pacific Coast League’s Sacramento Solons, San Francisco Seals, Oakland Oaks, Hollywood Stars, San Diego Padres and Los Angeles Angels, while objects from Edmonds Field, home of the Sacramento Solons until 1960, recall the local baseball park experience.

“California at Bat” will open in a public event on Sun., July 29 from 12:00 to 4:00 p.m. Highlights include \$5.00 reduced admission; presentations by Stephen Wong, Matt Stone and Alan O’Connor; 19th century “base ball” demonstrations; Home Run Challenge and Speed Pitch games; baseball card evaluations; beer garden (21+); food trucks; hands-on kids’ activities and more. For details on the exhibit continuing through Dec. 30, 2018, visit <http://www.californiamuseum.org/baseball>.

Source: California Museum ★

Society for the Blind Receives Donation for Device Lending Library

Sacramento Senator Lions Club Gifts \$10,000



Society for the Blind staff members show Sacramento Senator Lions Club representatives the device lending library that the club helped to fund with a recent grant.

SACRAMENTO REGION, CA (MPG) - Society for the Blind received a \$10,000 grant from the Sacramento Senator Lions Club to fund a device lending library in the organization’s Low Vision Clinic. The lending library will allow patients to borrow low vision devices such as hand-held magnifiers and portable electronic devices to determine if they are a good fit. These devices enlarge text or convert text to speech so people with vision loss can continue to read.

“Thanks to the Sacramento Senator Lions Club, our patients will now have access to vital assistive devices that allow them to maintain their independence,” said Shari Roeseler, executive director, Society for the Blind. “We could not have established this much-needed lending library without this grant.”

Society for the Blind operates a full-time Low Vision Clinic in Sacramento and a satellite office in Roseville. It is one of the longest running community-based clinics in the region. The Low Vision Clinic provides care, vision rehabilitation, low vision devices and transportation assistance to more than 375 people

each year. Clinics are staffed by three optometrists with special training in low-vision eye care and serve patients with cataracts, glaucoma, age-related macular degeneration, diabetic retinopathy and other congenital and degenerative eye diseases. Clinic staff includes an occupational therapist who works with patients with some functional vision, teaching them techniques to use their remaining vision safely and effectively and providing training on assistive devices.

“The Senator Lions are pleased to make this gift in celebration of the Lions Club International Centennial,” said Senator Lion Vicky Brady, who coordinated the Centennial Gift. “Our longstanding dedication to assisting people with vision loss continues through this contribution to Society for the Blind.”

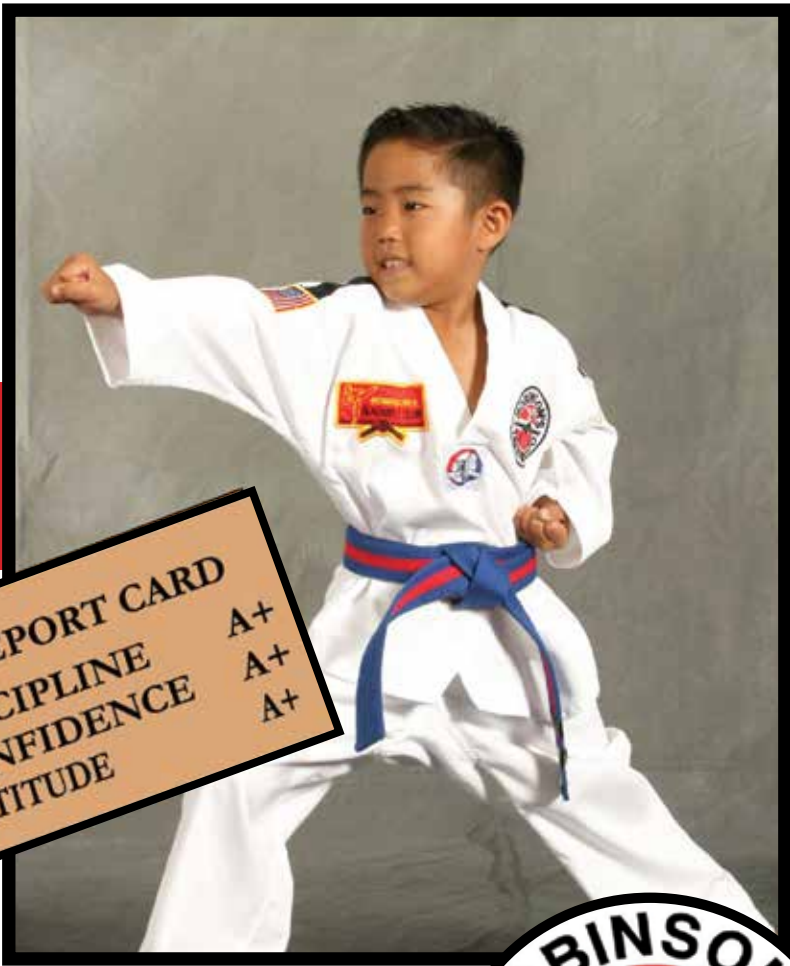
For more than 60 years, Society for the Blind has created innovative ways to empower individuals living with low vision or blindness to discover, develop and achieve their full potential. Society for the Blind has grown from a dedicated group of volunteers to a nationally recognized

agency and the only comprehensive rehabilitative teaching center that provides services for a 27-county region of northern California. The nonprofit provides low-vision eye care, life and job skills training, mentorship, and access to tools to maintain independence for 6,000 youth, adults and seniors experiencing vision loss each year. For more information or to make a donation, visit SocietyfortheBlind.org.

The Sacramento Senator Lions Club was chartered in Lions Clubs International in 1954. The Senator Lions Club belongs to District 4-C5 and resides in the Crocker Zone of the Sacramento Region. The club participates in local community service projects including sponsoring the UC Davis Children’s Hospital; providing meals, toys and clothes to the needy via their Salvation Army partners; sponsoring the Sacramento Zoo’s Sensory Garden and Fairytale Town’s Japanese Garden; and more. To learn more, visit SacramentoSenatorLions.org.

Source: Kristin Thébaud Communications ★

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Got a Business? Unsecured Property Taxes Due by August 31

SACRAMENTO REGION, CA (MPG) - Annual bills for Sacramento County unsecured property taxes for fiscal year 2018-2019 were mailed on July 13, 2018 and are payable without delinquent penalties through August, 31, 2018.

Unsecured property tax bills are mailed to all owners of unsecured property in July of each year. If you owned unsecured property in Sacramento County, such as a boat or aircraft, or if you leased or owned fixtures and equipment related to a business on January 1, 2018, and do not receive a tax bill by August 7, 2018, please contact

the Sacramento County Tax Collector’s Unsecured Property Tax Unit at (916) 874-7833, between the hours of 9:00 a.m. and 4:00 p.m., Monday through Friday excluding holidays.

NOTE: Non-receipt of a tax bill does not excuse delinquency or allow the tax collector to cancel penalties or collection costs.

Tax bills become delinquent if not paid in the Tax Collector’s Office by 5:00 p.m. on August 31, 2018, or received by mail bearing a postmark of August 31, 2018.

If the tax bill is not paid by the delinquency date, a 10%

penalty and collection cost will be added. DMV registration may be withheld on boats if unsecured property taxes are reported delinquent. If a tax bill remains unpaid after October 31, 2018, additional collection costs and monthly penalties at the rate of 1.5% will be added to the base tax.

Payments may be made by mail or in person at the County Tax Collector’s Office located at 700 “H” Street, Room 1710, Sacramento, CA 95814, between the hours of 8:00 a.m. and 5:00 p.m., Monday through Friday, holidays excluded.

Source: SacCounty News ★

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Crossword Puzzle on Page 7

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A	M	I	T	Y		A	G	A			S	H	O	R
R	A	N	E	E		Y	O	U			P	I	K	E
C	H	A	R	L	I	E		N	A	R	N	I	A	
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Sudoku Puzzle on Page 7

8	6	5	1	3	7	9	4	2
7	9	1	2	6	4	8	5	3
2	4	3	9	8	5	1	6	7
9	2	6	4	5	1	3	7	8
3	5	7	8	9	6	2	1	4
4	1	8	3	7	2	5	9	6
5	8	4	7	1	3	6	2	9
6	7	9	5	2	8	4	3	1
1	3	2	6	4	9	7	8	5

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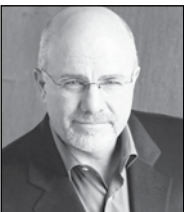
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Dave Says

Hiring the right person

Dear Dave,
I own a small business with two employees, and I have a bit of a hiring conundrum. I'm looking at two candidates for a position, and on paper they're evenly matched. I've interviewed each of them four times, and I'm still undecided. I was hoping you had an idea for determining which is best for the job.
-Bryan

Dear Bryan,
As an entrepreneur, that's a great problem to have. I'm glad you understand the wisdom of interviewing potential hires more than once. Sometimes business owners hire a person after just one meeting. That's a really bad idea. Have you let your team members talk to them? Sometimes other people — especially those who might be someone's co-worker — will pick up on things you missed during a formal interview. You might also think about scheduling a meeting with each of the candidates off-site. People tend to be more at ease in an informal setting, like a restaurant or coffee shop, and this could lead you to discover new things. Sometimes, a more relaxed setting allows you to see the whole person, and decide if you like who

they really are. It can also lead someone to say things that might cause you to hire them — or not hire them.

Something we always do at my company is a final interview over dinner. Spouses are invited to this meeting, and we encourage them to speak into the situation. I'm not talking about a big test, just conversation and a friendly, family atmosphere. You can tell a lot about a person by how they talk to, and interact with, their spouse. And sometimes a spouse, if there is one, will catch things you missed during other interviews.

I'm impressed that you're taking this seriously, and devoting some real time and energy to hiring. Your thoughtfulness leads me to think you'll make the right decision!
—Dave

You must pay a price to win

Dear Dave,
What can someone do if they can't convince their spouse to begin planning and saving? I've tried for years to persuade my wife to join me in following your plan, but I can't get her to start thinking about our financial future and stop living in the moment.
-Donald

Dear Donald,
It sounds like your wife, for whatever reason, is not willing to pay a price for a short period

of time. I'm sorry to say it, but that kind of thinking is a one-way ticket to a lifetime of mediocrity. If you're unwilling to pay a price to win, then you're going to end up paying the price that comes with never having paid a price.

In essence, you're asking me how to get her to grow up. I'm not sure there's a way to convince her at this point. If she's not willing to delay getting or doing things she wants, that's a sign of immaturity. You can't change that within another person. It must be a conscious, willing decision on her part.

Maybe you could try letting her know that being careful with your money and planning for the future doesn't mean you can't have any fun. It just means you may have to delay certain things for a little while. My wife and I do and have lots of cool things now, because we saved like crazy and sacrificed years ago. We lived like no one else, so now we're able to live like no one else. In other words, we paid a price to win!
—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The *Dave Ramsey Show* is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

All the Right Moves to Protect Us From a Disaster

Commentary
by Andrew Grant

SACRAMENTO REGION, CA (MPG) - The recent Trump Administration decision to fund additional flood protection couldn't come a day sooner. But with the threat of floods and fires raging throughout the state, it is easy to overlook that the Bay Area remains at constant risk from a major earthquake. Along with the tragedy of such a catastrophic event, what impacts the Bay Area directly affects members of our community; almost 90,000 people commute from the Sacramento Region to the Bay Area each day for work.

Given the alarming results of a major disaster in either area, it only makes sense that the federal government move disaster response personnel and material outside of the Bay Area to areas within our region with capable infrastructure and well-insulated from flooding. The U.S. government should move the Federal Emergency Management Agency's (FEMA) Region IX Center from Oakland to Sacramento County — preferably co-located with or near California's Office of

Emergency Services at Mather. The current office, in downtown Oakland, above BART, and atop the Hayward fault — is too vulnerable to withstand a major earthquake; its loss could seriously impact federal assistance.

Co-locating state and federal resources makes economic sense and (importantly) facilitates the critical rule that disasters are local; unless utterly catastrophic, the feds remain a supporting element. With a modern state operations center already in place, federal officials can seamlessly integrate. Material goods and equipment can fly in and stage at Mather's massive airfield. The National Guard, often called upon in disasters, is stationed nearby. Another critical step is relocating federally-controlled disaster support materials from the Bay Area to the Sacramento region, which would ensure these materials are removed from a potential disaster zone and made accessible for victims. The material is now in an equally precarious location, manmade land vulnerable to earthquakes at the base of the San Francisco Bay. Proximity is important, but with San Jose traffic and vulnerable

bridge crossings, flexibility to shift routes is a better bet. With highway 80, 5, and 99, three major airfields, and rail lines, Sacramento is unique in its ability to hold and deliver material to the Bay Area. Given the potentially enormous scale of a response, the Sacramento River could even be used to barge material to anywhere without being disrupted by traffic or a failed part of the infrastructure.

There have been previous failed attempts to move FEMA's resources to our Region. But we cannot wait any longer. Sacramento's economy and job market would undoubtedly benefit from bringing those resources here, while also sharing in the Bay Area's economy and in times of crisis, be its most important partner.

Andrew Grant is a combat Marine veteran who served as CEO of the Northern California World Trade Center. He is also a former official of the US Dept. of Homeland Security, a member of a national incident response team for presidential-declared disasters. He is currently a candidate for U.S. Congress in Sacramento County (CA-7). He lives in Folsom. ★

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ACROSS
1. Imposing house
6. ____ de deux
9. Fan's approval
13. Cordial disposition
14. Eastern title
15. Water border
16. Wife of a raja
17. "If ____ Give a Mouse a Cookie"
18. Cautious gambler
19. "He won a golden ticket"
21. "C.S. Lewis' fantasy realm"
23. "____'s Island"
24. "One of Three Bears"
25. Disreputable vagrant
28. "Matilda" creator
30. Nancy Drew's focus, e.g.
35. "Put a lid ____!"
37. Cheap trinket
39. Small Asian ungulate
40. Approximately
41. Florentine iris
43. Member of National Socialist German Workers' Party
44. Type of wave
46. Per person
47. Design detail
48. Exactly right
50. Grassy land tracts
52. "But I heard him exclaim '____ he drove out of sight'"
53. Living quarters
55. "12-year-old tribute from District 11"
57. "A boy raised by wolves"
60. "The Wind in the ____"
64. Like a haunted mansion
65. Dashboard unit
67. Shinbone
68. One Beatle
69. Word of possibility
70. Lack of muscle tension
71. Opposite of sun-kissed
72. Lt.'s inferior, in the Navy
73. As opposed to wants

CROSSWORD

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DOWN

1. Designer Jacobs
2. Wet nurse
3. Columbus' caravel
4. "The Howard ____ Show"
5. Pupil protector
6. "Pay as you earn" tax system
7. "Four score and seven years"
8. Finnish steam bath
9. Keep it up!
10. Mischievous Norse deity
11. S squared in a square
12. p in mph
15. Bounced
20. Idealized image
22. "Ivan in 'The One and Only Ivan,'" e.g.
24. Plural of more than one, linguistically speaking
25. "Puss" footwear
26. Same as rip
27. Botch
29. *Tortoise's opponent
31. They have their pluses and negatives
32. "The Fox and the ____," sing.
33. Hardwood drinking bowl
34. *Rabbit hole wonderer

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By Marlys Johnsen Norris,
Christian Author

Regardless of whether you are a believer and follower of Jesus or not . . . you will enjoy reading this book by Dr. James Dobson. (Counselor and founder of Focus on the Family) He shares his personal stories about friends, questions about his personal journey and personal insights. He shares about questions and experiences we all will have

When God Doesn't Make Sense

during our lifetime regarding our Creator/God. His writing opens up a lot of doors to truth and knowledge as well as answers to many questions we all seek.

Most everyone believes in a "god of some form" and some people come under conviction when the Father/God of the Holy Bible is mentioned. Truth may reveal that they do not know anything about Him because they have never read the book or anyone who has a personal relationship with Him. Hey, we all have traveled that road in the beginning!

E-mail me if you would like to know anything! One thing we all know is sure –

HE LOVES ALL OF US!

Some of us do claim to believe and have faith in the One who brought us into existence. However, there are times we question why God does not answer! He puts our lives on hold! Also, there are times of

personal struggles and pain we wonder why He is no hurry to answer our prayers. We question His all knowing love and sovereign power to take care of us as His created child. He is capable of "moving our mountains!"

We pray to be in His perfect will for our lives and instead of waiting patiently, some gripe and complain because they didn't get their way immediately. Folks, we are not to be spoiled children and have a lot to learn. God is not our servant and spoiler. God has a perfect time to answer every prayer we send to Him. We always have something to learn! God be with you dear one.

Marlys Johnsen Norris
Christian Author of 7 Books
"Recipes for a Happier Marriage" Recommended by Pat Boone
Marlysjn@gmail.com ★



By Pastor Ray Dare

There is a myth that says successful people do everything right. They don't. The fact is, successful people probably make as many mistakes and stumble and fail as many times as non-successful people. They just don't let it get them down. They don't give up. They keep on keeping on. They learn from those failures and they become better and better. They don't live a perfect life, they stumble and fall. But they get up and keep on going.

The best baseball players in the world, only hit the ball three out of ten tries! The best quarterbacks only complete about six out of ten passes. Winners in the stock market make money on only two out of five investments. You're not such a failure. If at first you don't succeed congratulations you're

Pastor Ray's Encouraging Words

Winners Never Quit

normal! But winners resolve to stick with it. They keep on keeping on.

Resolve means a conscious act of the will. It is a choice. I am choosing. I will not give up. Regardless of economic conditions. Regardless of problems at work, problems in the business, you don't give up.

Proverbs 24:16 "For though a righteous man falls seven times, he rises again." Even good guys fall. Even righteous people stumble. They make mistakes. They lose money. Even righteous men fall. But the difference is they get up again. They keep on going. That's the mark of a winner. Quitters never win, and Winners never quit.

You don't have to be discouraged. It's your choice. It's what you're choosing to look at. Is the cup half full or half empty? You have a choice. You can choose to think on God's word and you can choose to think on the promises of God. You can choose to think about what He promises you rather than looking at your circumstances. That is a choice.


Ray Crock, founder of McDonalds wrote an autobiography, he called it "Grinding It Out." When he started McDonalds he was 52 years old. That tells us that it is never too late to try again, to start over. Just think about all the millions of people that have been helped financially because he gave them jobs. He made millionaires of the suppliers. All because one guy at the age of 52 decided to go for it, to try again, to grind it out!

What is it in your life that you need to grind out? What are you tempted to give up on? God says, "Don't do it!" "Don't give up, look up and let me give you the staying power you need."

Don't allow discouragement to get the best of you. So what if you've failed at something, that's normal. Great people are not people who never make mistakes or fail, great people are people who refuse to give up. You resolve to grind it out.

Pastor Ray
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CA Democrats Paint Rosy Picture of Failing California



By Katy Grimes, Investigative Journalist

SACRAMENTO REGION, CA (MPG)

The future of California is not looking as rosy as the state's Democrat Party politicians want us to believe. Whenever challenged on the stability of his economy, Gov. Jerry Brown's knee-jerk retort is, "California is the fifth largest economy on the planet," as if the size of the economy in the most populous state in the nation is relevant. With nearly 40 million people, California now feels and looks like a Banana Republic in the cities, as well as rural areas in the state.

Whether you are forced to check the public defecation map to navigate the streets of San Francisco, are on the 57 freeway in Santa Ana looking at miles of homeless tent cities and camps, or you are dodging heroin-addicted homeless zombies around the State Capitol and on residential streets in Sacramento, the results are the same — Nearly one-third of the nation's homeless population lives in

California.

California today is not the California I grew up in. And our Democrat politicians keep telling us to just get used to it.

Too many tax-paying Californian earners are leaving California for lower tax, higher-liberty states, willing to forgo the beautiful California weather for more freedom. This does not bode well for California's future any longer, with the tone deaf Socialist-Communist-Democrats saying we'd all better get used to this. And lest I forget to mention it, this is Jerry Brown's California where our four-term governor wants to outlaw private ownership of automobiles, supports universal single-payer health care, and issues in-state "visas" for illegal aliens... and constant tax increases are the only way the state and its largest cities seem to operate.

Even while watching the significant outmigration of the middle class, as well as hundreds of millionaires and billionaires, nearly every city has a tax increase on the November ballot.

Solving Growing City Budget With Tax Increases — AGAIN

In 2012 when Jerry Brown was getting his Proposition 30 sales and income tax increase on the wealthiest Californians, Sacramento city voters also passed Measure U, a "temporary tax" to allow the City to enact a half-cent sales tax for six years with all revenue going to the City's General Fund.

Proponents claimed the "temporary measure" was

needed to stop the loss of city services and jobs blamed on the recession. The City of Sacramento said Measure U was needed to restore and protect City services. "The intent was to restore police and fire services, park maintenance and other essential services that were cut between 2008 and 2013." The city made it appear unthinkable that voters would deny police, fire and parks their rightful budgets.

Most city residents already noticed the loss of city services along with skyrocketing city utility/services bills.

"Budget officials initially projected the tax would generate \$31.8 million in the current fiscal year," sacbee.com reported in 2015. "Instead, Measure U dollars are now expected to reach \$41.5 million this year and remain nearly \$10 million above original projections for the next four years."

But Measure U is set to expire in March 2019. So what does Mayor Darrell Steinberg and the City Council do? They put Measure U back on the ballot for November, to double the size of the tax and make it permanent, saying "inclusive economic growth" makes it necessary. "I'm confident when people see what we can do with a full penny, they will respond favorably," Steinberg said.

If you aren't familiar with "inclusive economic growth," you may want to pour a whiskey when you read, "Inclusive growth is economic growth that is distributed fairly across society and creates opportunities

for all," according to many "Sustainable growth" organizations. It's largely used in third-world countries, so I'm curious why Sacramento Mayor Darrell Steinberg chose this feel-good wording... unless perhaps he agrees that Sacramento is turning into a third world city.

In 2017, a city report found a 30 percent spike in homelessness over the past two years, which many in the region felt underestimated the problem.

And to our south, L.A.'s homelessness surged 75% in six years.

At the root of the financial problem in nearly every California city, as well as at the state, is swelling pension obligations, — though no one in Sacramento City Hall wants to admit this is what the Measure U tax increase is really about. "As the costs of pensions and employee salaries increase, the city of Sacramento is forecasting budget deficits beginning next year," sacbee.com reported. "Those gaps are expected to reach \$25 million by 2022."

In April, legislative Democrats killed three bipartisan bills that would have made significant changes to the future of California's pension system. Rather than agreeing to reduce the risk taxpayers face in the \$1.2 trillion public pension and health obligations, particularly if we face another recession, Democrats killed the bills, opting to grow the state employee pyramid scheme instead. "Sen. Connie Leyva, D-Chino, countered that she wanted to find ways to encourage more people to

join pension programs instead of 401(k) plans," sacbee.com reported. "I just think we need to do everything we can to get our young people into defined-benefit plans," she said, proving that their only plan is to bring in more state employees.

"CalPers, CalStrs and the State health plan have a total of \$1.2 trillion in unfunded liabilities. For years CalPers has been lying about their return on investment, claiming it to be 7.5%. Instead in 2014-15, per State Senator John Moorlach, it is actually 2.4%."

The pension overhaul bills the committee rejected were:

- Republican Sen. John Moorlach's Senate Bill 1032, which would make it easier for local governments to separate from CalPers without paying the hefty termination fees that CalPers charges to fund pension obligations for defunct agencies. If an agency quits CalPers without paying the fees, CalPers slashes the pensions it provides to the agency's former workers.

- Moorlach's SB 1031, which would prohibit pension funds from providing cost-of-living adjustments to retirees if the pension fund has less than 80 percent of the assets it would need to pay the benefits it owes. Most retired public employees can receive cost-of-living adjustments of 2 percent each year, but some contracts allow up to 5 percent. Moorlach's proposal would have applied only

to state workers hired after Jan. 1, 2019.

- Democrat Sen. Steve Glazer's SB 1149, which would have allowed new state workers to opt for a 401(k) plan instead of a pension. The concept is attractive to younger workers who do not intend to be career civil servants. The University of California is offering a similar plan, and 37 percent of new workers are choosing 401(k) plans instead of pensions.

Which came first — the explosion of homeless on California streets, rivers, parkways and highways, or the unfunded pension crisis? Irresponsible politicians created both.

There is so much that's wrong with California, but not so much that it could not be fixed if we could just rid ourselves of the irresponsible, selfish, malignant, unstable Democrats in government — the same Democrats who put labor unions over people, illegal aliens over citizens, and their own power over the well-being of their constituents. Even New York Magazine agrees: Democrats Must Be More Ruthless — When They Have Power — NYMag.

For more information about California's public pension crisis, visit Sen. John Moorlach's PENSION CRISISpage — the only CPA in the California Legislature tells the unvarnished truth.

Visit: <http://www.flashreport.org/blog/2018/07/17/ca-dems-paint-rosy-picture-of-failing-california/>

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Valencia Oranges 4 lb Bag 2.99	Enoki Mushroom 200 g 3/\$2	Japanese Sweet Potato 99¢	Young Thai Coconut 9 ct 15.99	Red Mangos 5.99	Yellow Onions 3 lb 99¢

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Quaker Sugar 67 oz \$9.99	Quaker Sugar 67 oz \$9.99	Quaker Sugar 67 oz \$9.99	Quaker Sugar 67 oz \$9.99	Quaker Sugar 67 oz \$9.99	Quaker Sugar 67 oz \$9.99

ASIAN GROCERY

Yonkeon Rice 20 lb Bag 2/\$5	Sunlee Soybean Oil 99¢	Pineapple Chunks 99¢	Hot & Spicy Buy 2 Get 1 FREE!	Hot & Spicy Buy 2 Get 1 FREE!	Hot & Spicy Buy 2 Get 1 FREE!
Yonkeon Rice 20 lb Bag 2/\$5	Sunlee Soybean Oil 99¢	Pineapple Chunks 99¢	Hot & Spicy Buy 2 Get 1 FREE!	Hot & Spicy Buy 2 Get 1 FREE!	Hot & Spicy Buy 2 Get 1 FREE!

EUROPEAN GROCERY

Yonkeon Rice 20 lb Bag 2/\$5	Sunlee Soybean Oil 99¢	Pineapple Chunks 99¢	Hot & Spicy Buy 2 Get 1 FREE!	Hot & Spicy Buy 2 Get 1 FREE!	Hot & Spicy Buy 2 Get 1 FREE!
Yonkeon Rice 20 lb Bag 2/\$5	Sunlee Soybean Oil 99¢	Pineapple Chunks 99¢	Hot & Spicy Buy 2 Get 1 FREE!	Hot & Spicy Buy 2 Get 1 FREE!	Hot & Spicy Buy 2 Get 1 FREE!

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EUROPEAN DELI

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Sacramento County DA Reports



Defendant Sentenced for 13 Counts of Sexual Assault
DATE: June 29, 2018
CASE: Andy Kelly (Case #17FE019449)
PROSECUTOR: Deputy District Attorney Monica Robinson, Special Assault and Child Abuse Unit

The Honorable Geoffrey Goodman sentenced Andy Kelly to 129 years to life in prison. On April 20, 2018, a jury convicted Kelly of 13 counts of sexual assault including committing an act of oral copulation or penetration on a child 10 years old or younger, intercourse with a child 10 years old or younger, and lewd or lascivious acts with a child under the age of 14. From 2015 to 2016, Kelly molested a young family member. DNA evidence was recovered and corroborated the child's description of what happened to her.

Defendant Sentenced for Kidnapping, Carjacking, Sexual Assault
DATE: June 29, 2018
CASE: Eddie Ray Jones Jr. (Case #16FE019308)
PROSECUTOR: Deputy District Attorney Kevin Jones, Adult Sexual Assault Prosecution Unit

The Honorable Patrick Marlette sentenced Eddie Ray Jones Jr. to 65 years to life in prison. On January 11, 2018, a jury convicted Jones of two counts of kidnapping during a carjacking, two counts of robbery and one count of oral copulation by force or fear with kidnapping and use of a dangerous or deadly weapon or firearm allegations. The jury also found true a use of a firearm allegation on all counts.

On September 10, 2016, Jones was inside a restaurant on Mack Road when the female victim entered the restaurant with her 2-year-old granddaughter. After purchasing food to go, the victim returned to her vehicle and began placing her granddaughter in her car seat. Jones approached the victim from behind, told her he had a gun and pointed it at her through his coat pocket. He proceeded to order the victim into the vehicle and to drive. Over the next hour, the victim was forced to drive around while Jones smoked drugs. He then pulled out the gun, switched seats with the victim and drove to a secluded area where he forced the victim to orally copulate him. He then stole money from the victim's purse, dropped her and her granddaughter off on the side of the road and drove off in her vehicle. Jones was arrested later that month after leading police on a high-speed vehicle chase and attempting to escape on foot.

The victim was able to describe Jones' distinctive tattoos and picked him out of a photo lineup. DNA evidence found on the victim's

shirt was also analyzed by the District Attorney's Crime Lab and was a match to Jones.

Defendant Sentenced for Sexually Assaulting Two Family Members
DATE: June 29, 2018
CASE: Robert Dew (Case #17FE000718)
PROSECUTOR: Deputy District Attorney Monica Robinson, Special Assault & Child Abuse Unit

The Honorable Trena Burger-Plavan sentenced Robert Dew to 20 years in prison. On May 22, 2018, a jury convicted Dew of eight counts of committing lewd acts on a child under the age of 14. The jury also found true a multiple victims allegation.

In 2016, Dew sexually assaulted a 5-year-old family member. During the course of the investigation into the assault, it became known to law enforcement that Dew had also sexually assaulted another family member from 2000 to 2002.

Defendant Convicted for Murder of Moped Business Partner
DATE: July 13, 2018
CASE: Kyle Billy Fletcher (Case #15F02336)
PROSECUTOR: Deputy District Attorney William Satchell, Homicide Unit

Kyle Billy Fletcher was convicted by a jury for the first-degree murder of Daniel Aiello and possession and transportation of methamphetamine for the purpose of sales. The jury also found true that Fletcher personally used a dangerous weapon.

Daniel Aiello had known Kyle Billy Fletcher for several years and was his business partner at Midtown Moped, a moped shop on X Street in Sacramento. On April 14, 2015, Mr. Aiello accused Fletcher of embezzling from the business and informed him that he filed a police report. On April 15, 2015, the Sacramento Police Department responded to a report of loud noises at the business. Officers found Fletcher in the process of moving a surveillance system from the business to his vehicle and detained him. Shortly after, officers located Mr. Aiello deceased inside the business with a belt around his neck. Officers also located approximately 50 grams of methamphetamine in Fletcher's vehicle. An autopsy was performed and the cause of Mr. Aiello's death was determined to be strangulation.

Fletcher faces a maximum sentence of 30 years to life in prison. Sentencing is set for August 24, 2018, at 9:30 a.m. in Department 11 before the Honorable Trena Burger-Plavan. ★



Road Mental Health

Do you tailgate? Do you go to slow in the fast lane? According to Clinical Forensic Psychologist Dr. John Huber, your driving style reveals a lot about your mental health. Dr Huber is the chairman of Mainstream Mental Health, a non-profit organization that brings lasting and positive change to the lives of individuals that suffer from mental health issues. Are any of these you?

TAILGATERS: For drivers who leave a football width of space between you and them are likely reckless individuals with little thought for the long term future. If the car in front slams their brakes, an accident could immediately occur. These individuals are prone to have difficulty in being patient.

DRIVING SLOW IN THE FAST LANE: These individuals may either be completely oblivious to their actions or they may

POPPOFF!

with Mary Jane Popp

exude an unusual amount of arrogance. When an individual drives slow in the fast lane, they are saying "they know best" and that others need to heel to that will. These drivers may be exercising their control issues on anyone unlucky enough to be behind them.

THE DISTRACTED DRIVER: Texting, Face Timing, Snapchatting or even excessive talking on the phone can cause a deadly accident. Those who partake in any of these activities behind the wheel are prone to have issues with prioritizing (choosing distraction over safety) and maturity.

REPEATEDLY HITTING THE BRAKES: When the lights of the car in front of you flash more than the lights on your Christmas tree, your patience may be getting the ultimate test. Those who hit their brakes too often may have self-confidence issues because this type of driving is overly cautious.

NOT SIGNALING: Not bothering to flick a switch telling the person behind you that that you are about to turn may reveal that the individual is indifferent to others. It also reveals that person is likely to be self-centered.

THOSE WHO HONK RIGHT WHEN THE LIGHT

TURN GREEN: If patience is a virtue, then these types of drivers are surely missing the rule. Over aggressions is another mental health characteristic we may find with these individuals. Or they could be late to work and need to focus on learning to manage time more effectively.

SPEEDING/WEAVING IN AND OUT OF LANES: If you are out on the road and get passed by someone who appears to be playing a real life version of the video game "Grand Theft Auto," get out of the way. These individuals are not only reckless but are likely over confident and have some anger issues.

R O A D R A G E PROVOCATEURS: Anyone who gets out of their car with the intention of carrying out physical violence against another driver is someone who has self-control issues. In addition, they may have a penchant for violence. Avoid them at all costs.

Do you recognize any of these folks? If so, take note and perhaps rethink your actions or be aware of the other guy or gal. Check out www.mainstreamhealth.com for additional information. A little courtesy can go a long way! HAPPY AND SAFE DRIVING! ★

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By County Supervisor
Sue Frost

Through the generosity of the American River Messenger, this column serves to provide an update about matters affecting the unincorporated community of Orangevale.

In June, the United States Supreme Court issued a decision in the case of *Janus v. AFSCME*, ruling that the First Amendment protects public employees from being required to pay money to a union without their consent. As this was a high profile case that drastically changes the way unions operate, I wanted to use my monthly article to discuss the history of this issue, how I believe this will impact Sacramento County, and why I support the decision.

In 1977 the Supreme Court ruled that even though public employees cannot be required to financially support its political activities, they are still required to pay the union a “fair-share” fee to pay for the union’s collective bargaining activities (the costs the union incurs in negotiating their wages, pensions, benefits, work conditions, grievance procedures, etc.). This fair-share fee was only a small bit less than paying the full fee, and as such, less than 800 of our roughly 11,000 employees elected to only pay the fair-share fee.

But now with this latest ruling, any union member can cease paying the entirety of their union

Orangevale Community Update

Fair Ruling on Fair Share

dues while still receiving all the benefits of being a union member. New employees will be given the option of whether to pay into the union or not, and existing employees can leave the union whenever their union contract has to be renegotiated (every three years).

From the County of Sacramento’s perspective nothing will change — we will still negotiate contracts with unions just as we always have. But from the union’s perspective everything is changing. Almost half of our union employees have contracts up for renegotiation this year, and I expect a large number of employees to opt out of their union dues. This will force the unions to cut staff and limit the number of donations they make to political campaigns.

It is important to note that this Supreme Court decision does not impact all public sector unions the same. Public safety unions like the Sheriffs, Firefighters, and Probation are not worried about the impact, because they focus on service to their members, and don’t tend to plunge into unrelated political fights that their membership doesn’t support. I do not expect union membership in these public safety organizations to dwindle.

I agree with the Supreme Court decision because I fully believe any person should be able to have a career teaching children, fighting fires, or being any other form of public servant without having to pay a private third party for the opportunity to do so. I also believe it will bring some real benefits to the employees of Sacramento County.

Now, unions will have to work harder to justify their importance to the employees. They will need to ensure they are offering real

value to their members, and they will be less likely to pick controversial political fights that end up angering their members who disagree. Public labor unions should be encouraging membership and dues on the merit of the benefits they provide, rather than require employees to pay what is essentially a payroll tax.

There are other good things about this ruling as well, such as lower wage workers seeing a boost to their paycheck and making it easier for them to support their families. The average union dues are over \$500 annually — which means workers who decided to stop paying dues will effectively get an annual raise. This money could be the difference between starting a college account for their kids or not, being able to reduce debt, or simply feeling more secure that the bills are taken care of.

I have no burning desire for unions to die off, or even to shrink. But I do have a desire to ensure that the employees of Sacramento County are given options regarding what they can do with their hard earned paychecks. The unions can come out of this situation alright, just so long as they truly listen to their members, deliver the types of services people need, and stay out of political campaigns that their membership aren’t fully in support of.

Thank you for reading – and as always, if you want to contact me, call me at 916-874-5491 or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms, and Fair Oaks. ★



By County Supervisor
Susan Peters

Through the generosity of the American River Messenger, this column serves to provide an update about matters affecting the unincorporated community of Carmichael.

Free Concerts in Fair Oaks

The annual free Thursday night concert series in Fair Oaks Village continues during August.

The popular program is held in Village Park with all shows beginning at 6:30 pm. The first concert for the month of August on Thursday, August 2, will be Moonlight Swing, a 20-piece swing era big band. The next Thursday, August 9, features the Lincoln Highway, a four-piece Country/Rockabilly band. The final show of the month will be on Thursday, August 16

FAIR OAKS COMMUNITY UPDATE

by the band On Air known for classic rock with power horns.

These concerts are presented by the Fair Oaks Chamber of Commerce, Fair Oaks Recreation and Park District and the Fair Oaks Foundation for Leisure and the Arts. For a complete listing of all the bands, please visit fairoaks-chamber.com.

August Office Hours

I started holding “Office Hours” in 2005 and now it is an on-going program that provides residents the opportunity to visit with me at local venues and talk about issues without the need of having to make an appointment downtown at the County Administration Center.

On Thursday, August 2, I will be setting up my “office” at Village Park in Fair Oaks before the free Thursday night Concert in the Park. I will be available to visit with residents starting at 5:30 pm until the show starts at 6:30 pm.

Please come by for a chat. Visits will be handled on a first come basis.

Help Homeless Students & Their Families

Carmichael HART (Homeless Assistance

Resource Team) and Citrus Heights HART are teaming up with the San Juan Unified School District to host a resource event next month for families in transition on Saturday, September 29. The purpose of the event is to help homeless students and their families.

Connections to services and resources will be offered to those in need at the gathering, including medical, dental, vision and mental health along with clothing and hygiene items, school supplies, counseling, etc. The event will occur from 10 am to 3 pm at Advent Lutheran Church, 5901 San Juan Avenue in Citrus Heights.

The two HART groups are raising funds to cover the administrative costs associated with this event. If you can help, please contact the Carmichael team by going online to carmichaelhart.org.

Susan Peters represents the Third District on the Sacramento County Board of Supervisors. She can be reached at susan-peters@saccounty.net. ★





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18 Lb Bag Limit 2 Bags Per Family

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•Chicken •Salmon •Duck •Indoor
•Weight Control 100% Grain Free
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Limit 1 Bag Per Family 50 Lb Bonus Bag

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FANCY FEAST ELEGANT MEDLEYS CANNED CAT FOOD

Selected Varieties - 3 Oz Limit 6 Cans with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 7/25/18 - 7/31/18

59¢

ARM PLU 568

FANCY FEAST CLASSIC BROTH

1.4 Oz - All Varieties Limit 3 Pkgs With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 7/25/18 - 7/31/18

89¢

ARM PLU 377

ARM & HAMMER CAT LITTER DEODORIZER

20 Oz Box Limit 2 Boxes with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 7/25/18 - 7/31/18

\$1.49

ARM PLU 422

EverGreen Acquires Sunshine Natural Foods

Story and photos
by Trina L. Drotar

SACRAMENTO REGION, CA (MPG) - Not a full year after Badal and Farzana Haider opened EverGreen Fine Nutrition and Beauty on Sunrise Boulevard in Rancho Cordova, the couple acquired Sunshine Natural Foods on Madison Avenue in Fair Oaks.

Sunshine Natural Foods has been in business since 1983, previously owned by Navin and Ulupi Patel who recently retired. The Patels contacted Badal and Farzana about purchasing the store. The first time, Badal explained, it was too soon after opening EverGreen. The Patels, however, contacted the Haiders again in March after not having found suitable buyers.

Sunshine comes with a solid customer base, some who have been shopping there for 15 years or more and driving 10 miles or more to the store which is conveniently located on the northeast corner of Madison Avenue and Fair Oaks Boulevard.

Both stores cater to their customers. Elijah, who works at both stores, was working one recent morning at Sunshine. He greeted each customer with a smile and energy as they entered the store and assisted each in finding what he or she was looking for by asking questions and listening. And he offered to special order products that were not currently stocked.

Badal explained that stock is “based on customer demand,” meaning that the



Sunshine's customers can dispense their own local wildflower honey. For more information: visit www.evergreenfnb.com or call 916-500-3334.

stores may carry different products.

EverGreen offers a large selection of natural cosmetics including lipstick and nail polish and non-food items such as tote bags and shorts. Sunshine has a large refrigerated section and recently began carrying Spoonk

acupressure mats per a customer's request. Sunshine's customers can also press their own peanut butter or dispense their own local wildflower honey.

Customer service goes beyond the meet and greet, however, as the company's website and social media accounts show. The stores regularly offer educational sessions so that customers and the community can learn about products and health issues. In February, EverGreen also participated in raising funds for the Children's Heart Foundation, an organization that Farzana says is important to her.

Fun is also important; EverGreen has hosted in-store henna body painting events, Santa Claus, and often takes its message of health and wellness on the road. Staff has sponsored booths at a local school carnival and attended a trick or treat event at the Sacramento Children's Museum.

Sunshine offers space for community brochures for local Chi Gong classes, Ecohousing, and yoga festivals. Additionally, each store has a kiosk for

research and a broad selection of reference materials.

Badal remains behind the scenes

focusing primarily on the finances and capital improvements in addition to his day work at Intel. Farzana manages both stores with the aid of her assistant managers, Evica at EverGreen and Olga at Sunshine.

Evica brings a quarter century of experience and knowledge to EverGreen and its customers. She has a huge selection of reference books and recently discussed hyperthyroidism and the benefits of lifestyle changes. She's knowledgeable about the varieties of honey on the market and plans to bring in organic, local honey.

Olga, Sunshine's assistant manager, “was part of the EverGreen build from the ground up,” said Badal, adding that she “has a medical degree outside of the U.S.”

Also at Sunshine is Gaylyn, a certified nutritionist and health coach who worked for Sunrise Natural Foods of Roseville for five years. Gaylyn and Farzana are working together to educate newer staff to continue to offer a high quality of customer service and satisfaction with a focus on healthy lifestyles.

For more information: visit www.evergreenfnb.com or call 916-500-3334. If you go: EverGreen Fine Nutrition and Beauty, 4044 Sunrise Blvd., Suite 160, Rancho Cordova or Sunshine Natural Foods, 8121 Madison Avenue, Suite F2, Fair Oaks. ★



Sunshine Natural Foods has been in business since 1983.



Sunshine comes with a solid customer base, some who have been shopping there for 15 years or more.



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6041 Sunrise Blvd.
⇒ Live Music & Entertainment
⇒ 80+ Certified Farmers & Organic Producers
⇒ Specialty Gourmet Foods
⇒ EBT/WIC & SNAP Accepted

Healthy, Wealthy & Wise
Health, Fitness, and Wellness
Body, Soul, Mind & Spirit Fair
Hosted by The Living Smart Farmers Markets

Meet local health professionals as you visit the Farmers Market on Saturday, June 2 and June 23 from 8 am to 1 pm and learn about the products and services available to help you live healthier and happier! Learn about Cancer Fighting foods during the Free Chef Demo. **FREE EVENT.**

ILoveMyFarmersMarket.com