



**Gathering to Stand  
Proud to be  
an American**  
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**Oakmont of Fair Oaks  
Celebrates Their  
Grand Opening**  
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# AMERICAN RIVER Messenger

"Written by the people, for the people"

VOLUME 13 • ISSUE 11

Serving Fair Oaks, Orangevale & Sacramento County

JUNE 8, 2018

**MISS FAIR OAKS PLACES  
SECOND AT NATIONAL  
SCIENCE OLYMPIAD**



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**SACRT AWARDED  
\$12 MILLION TO  
EXPAND SERVICE**



PAGE 3

**STUDENTS LEARN  
RESPECT FOR THE  
FLAG AND COUNTRY**



PAGE 2



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## In Service and In Honor



The local Boy Scout Troop 380 and Cub Scouts (top photo) joined in again this year to volunteer their help in the set up and take down of the event. They are joined by Congressman Ami Bera and Assemblyman Ken Cooley (middle) to honor our military. Warren McWilliams (photo at right), always the patriot, was one of the many locals to attend the event.

**Story and photos by Paul Scholl**

**FAIR OAKS, CA (MPG)** - It was an annual gathering, this weather-perfect moment in time, meant to remember the service and sacrifices of so many of our military and our endless need to honor all they did for our country. Standing with so many who return each year, for an hour or two for somber reflection and the joy of seeing each other again, the sense of community is rarely found deeper than right here.

The Fair Oaks Cemetery District held their 20th Annual Memorial Day Ceremony on a beautiful Saturday morning this May 26th. Every year it is well attended by their surrounding neighbors and many who come back to the grounds to visit the final resting place of their loved ones.

This year the ceremony honored the history of military chaplains. The honored guest speaker was Chaplain, Lieutenant Colonel Gregory D. Jans, Senior Protestant Chaplain, 60th Air Mobility Wing, Travis Air Force Base. Chaplain Jans offered his

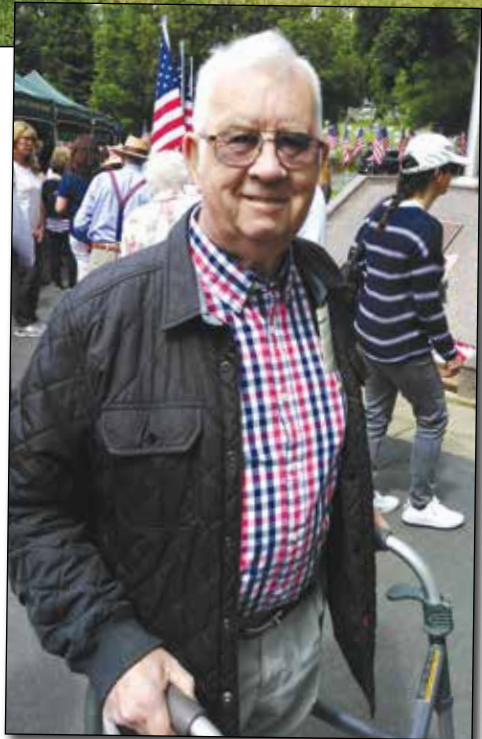
personal stories of his travels and experiences with service men and women and the importance of our military chaplains.

Bob Clouse, chairperson for the FOCD, was the master of ceremonies. The representative speakers for this year included Congressman Ami Bera, State Senator Ted Gaines, Assemblyman Ken Cooley and Assemblyman Kevin Kiley.

Presented to the crowd was the story of the four chaplains. Few had heard of their heroics in WWII and how they gave their lives to save the men they served. The story was read about their actions when a German U-boat sank the USAT Dorchester on February 2, 1943. That night 672 died and only 230 survived. This is a story you should research on the internet to get the entire gravity of their sacrifice.

The cemetery was adorned by 360 large flags along the avenues, over 1900 veteran flags and 9 Jewish stars placed upon the graves of the fallen who served our country.

Much goes into planning and performing this annual ceremony. Bob Clouse,



Bev Dodds, Lois Frazier, Jonathan Cole, Mark Rice, Warren McWilliams, Elizabeth Ruygt, Terri Perrin, District Manager for the Cemetery District and her entire staff all

*Continued on page 2*

## You Can Count on Us For a Good Time!

**FAIR OAKS, CA (MPG)** - Parks and Recreation announces their Summer Calendar.

**Comedy Under the Stars**

**Veteran's Memorial**

**Amphitheatre**

**(7997 California Ave.)**

**Fridays, June 8th | August 10 |**

**October 5**

**Doors open at 7:00pm | Show**

**starts at 8:00pm**

**Ages 18+**

Tickets: \$15 presale per show, \$20 per person per show (cash only) at the door. At the door ticket sales from 7:00pm-8:00pm only, Online ticket sales end at 6:30pm.

Join the Fair Oaks Recreation & Park District and Sacramento's "Laughs Unlimited" for a night full of laughs! Food and spirits are available for purchase in the Theatre. Please, no outside food or beverages. Recommended for an adult audience, no children under the age of 18 years old will be permitted.

**FREE Movies in the Park**

**Village Park (4238 Main St.)**

**June 15 Coco | July 20 Wonder**

**| August 17 Paddington 2**

**Pre-Event activities begin at**

**7:00 PM | Movie begins shortly**

**after sunset**

The Fair Oaks Recreation & Park District and Spanda Industrial General Contractors are excited to announce our FREE summer Movies in the Park series. Come out early to get a good seat and let your kids experience the Wonderful Outdoor World (W.O.W.) Bus before the movie begins. Concessions will be available for purchase (cash only) from the Fair Oaks Host Lions Club and the Fair Oaks Youth Advisory Board (FOYAB).

**FREE Concerts in the Park**

**Village Park (4238 Main St.)**

**Thursdays, June 14th-**

**August 16th**

**6:30 PM-9:00 PM**

Concerts in the Park is a FREE concert series organized by the Concerts Committee, which is represented by the Fair Oaks Recreation & Park District, the Fair Oaks Chamber of Commerce, and the Fair Oaks Foundation for Leisure Arts. Concerts in the Park is dedicated in memory of Kathy Jones. The committee selects bands in October every year for the upcoming summer. For submission requirements contact Ian Roberts at iroberts@forpd.org

**Summer Schedule:**

**June 14-Matt Rainey and the**

**Dippin' Sauce**

**June 21-Jax Hammer | Public**

**Agency Night Hosted by:**

**Fair Oaks Recreation & Park**

**District and Fair Oaks Water**

**District**

**June 28- Two Tone Steiny &**

**the Cadillacs**

**July 5- Metro Swing Band**

**July 12- West Fifth Avenue**

**July 19- Robby James & The**

**Streets of Bakersfield**

**July 26- Jake Gill**

*Continued on page 3*

## Golden State Killer Authors Draw Hundreds to Barnes and Noble

**By Elise Spleiss**

**CITRUS HEIGHTS, CA (MPG)** - It was standing room only at the Barnes and Noble bookstore in Citrus Heights on May 30, 2018. Hundreds of men, women and even children pushed their way through the crowd to reach the 100 chairs set up for the panel of three who had completed and posthumously published the book, *I'll Be Gone in the Dark: One Woman's Obsessive Search for the Golden State Killer* written by Michelle McNamara.

They came to hear the compelling story of one woman's growing obsession to identify the man who, for over 40 years, had come to be known as the East Area Rapist and later the Golden State Killer.

The panel, which answered questions for an hour, was made up of Billy Jensen, investigative journalist and friend of



Billy Jensen, investigative journalist and friend of the late *I'll Be Gone in the Dark* author Michelle McNamara, Paul Haynes, lead researcher, and Michelle's husband, actor and comedian Patton Oswalt addressed the packed Citrus Heights crowd. Photo by Heather Killian

researcher, aka The Kid, and Michelle's husband, actor and comedian Patton Oswalt.

Attendees came from throughout California and beyond, some with a close and personal connection to the 1970s and 80s reign of terror Joseph James DeAngelo unleashed on California. This fear carried on for more than four decades, affecting hundreds of thousands

of lives of single women, couples and families over the course of DeAngelo's suspected crime spree of at least 12 murders, 50 rapes and 120 known burglaries.

McNamara had completed much of the first half of the book before her death. She died in her sleep at 46 years old, the result of complications from taking prescription drugs with an unknown heart problem. Her

own entries end with a sentence added by Oswalt that reads simply, "Michelle McNamara died on April 21, 2016."

The panel spoke of the hardest issue they faced following McNamara's death as working to maintain her unique style of writing to the end. "Finishing the book was like putting together puzzle pieces (from her drafts)." It only worked because they all knew her rhythm.

The epilogue to the book is a five and a half page "Letter to an Old Man" which McNamara wrote. It includes all her questions to the rapist when he is caught and it ends with an ironic challenge, considering her book was published two months before DeAngelo's arrest.

"You'll be silent forever, and I'll be gone in the dark," you threatened a victim once. Open the door. Show us your face. Walk into the light." ★



# In Service and In Honor Northridge Elementary Students Learn Respect for the Flag and their Country



Bagpipers Kurt Baird and Casey Young march in with drummer Mike Marquette.

*Continued from Page 1*  
participated in pulling it together for the attendees to enjoy and honor their loved ones.

The Cemetery District extended a special thanks to Randy Foster of NAPA Auto parts for his donation of 300 flags for the ceremony. Veteran flag decorations were provided by Clean & Sober Living. Refreshments (and there were plenty) were provided by the Orangevale/Fair Oaks Grange and the Fair Oaks Historical society.

Put “Fair Oaks Cemetery District” on the Saturday before Memorial Day on your calendar for 2019. If you’ve never been, this event is one you will want to attend. ★



State Senator Ted Gaines offers his appreciation to Lieutenant Colonel Jans after the ceremony.



Laying of the Wreath was performed by VFW Commander Mike Moore and American Legion Commander Mark Rice.



Bob Clouse addresses the crowd as he introduces the speakers.

*By Suzanne Winters and Elise Spleiss*

**SACRAMENTO REGION, CA (MPG)**

- June 14 is Flag Day. In preparation for this day, nearly 200 students at Northridge Elementary School in Fair Oaks learned all about the American flag during multiple classes on May 7 and May 8. Two members of American Legion Auxiliary (ALA) Unit 383 in Fair Oaks and Desert Storm veteran Pete DePalma spent two mornings with students from kindergarten through fifth grade, sharing the Flag Etiquette educational program created for the auxiliary. In the process they learned a lot more than etiquette.

With only 15 minutes to spend with each class, Auxiliary President Suzanne Winters, Education Chairman Judy Long and DePalma chose an interactive style of teaching. After introducing themselves they asked each class age-appropriate questions to get the students to think about what they might already know about the Pledge of Allegiance, the 13 colonies, the history of the American flag and other flag trivia.

They discussed what a veteran is, and how veterans throughout history have fought, and are still fighting for the freedom the flag stands for. DePalma showed the students how to do a proper salute, which they practiced with enthusiasm. He then fired a quick succession of questions at them such as, “Why do you say the pledge every morning at 9 a.m.?”; “Who designed our present flag?” (a 17-year-old high school student in 1958); and “Who was Betsy Ross?”

ALA President Winters further described the day, saying, “We went from classroom to classroom to educate K-5th graders about flag etiquette. We had a great time handing out flags to all the students. We gave the kindergarten class new boxes of coloring crayons and a paper flag for them to



Students in eleven kindergarten through 5th grade classes at Northridge Elementary School learned all about the American flag and how to treat it with respect on May 7 and May 8. Here American Legion Post 383 Commander-elect Pete DePalma and a student demonstrate how to correctly fold the flag. Photo by Jessica Norton, San Juan Unified School District

color. The upper grades received flag etiquette booklets.”

American Legion member Pete DePalma, president of the American Legion Riders and Commander-elect of Legion Post 383, volunteered to go as well. He is a combat veteran from Desert Storm. He brought along an American flag to help educate the students on what it stands for, what the stars and stripes represent, what each color of the flag symbolizes - innocence, valour, perseverance and vigilance - and why they are important.

Students in each class helped with a flag folding ceremony. They learned how to respect the flag and its proper disposal upon being retired.

The most fun was the question and answer time with the students. When asked how many flags were on the moon, there were a staggering number of answers. You can only imagine some of the answers when asked how the flags got there – some even may have discovered that aliens may have been

responsible. The upper graders knew about astronauts, Apollo space crafts and the lack of atmosphere on the moon. They even knew how many flags were flying on the moon. The answer was ‘none’ (as there is no wind to make the flags wave).

Everyone was very impressed with all the students, knowing what they have learned will extend into their families and the community. The American Legions sends a big thank you to Neighborhood Liaison Jessica Norton for setting up this event.

American Legion Auxiliary, Fair Oaks, Unit 383 was chartered in September of 2016. They have formed a devoted group of women who have embraced their community. The pillars, which ALA’s foundation rest on, are the rehabilitation of veterans, children and youth, serving the local community and disaster relief activities.

For more information of the American Legion Auxiliary visit [www.al383.org](http://www.al383.org) or email: [webcaptain@AL383.org](mailto:webcaptain@AL383.org). ★

# Oakmont of Fair Oaks Celebrates Their Grand Opening



The official ribbon-cutting launched the grand opening of the new community.

*By MPG Staff*

**FAIR OAKS, CA (MPG)** - Oakmont of Fair Oaks held their grand opening with style with a festive evening event showcasing an “Around the World” theme.

Tasty cuisine, desserts and wines of the world were on hand for all the invited guests to enjoy as they took tours of the newest retirement community in the region. Everything was first class all the way, and the many “tourists” in attendance certainly felt spoiled by the service and the staff. From the valet service, the greeters of the guests, the service of staff and the tour guides, it was like taking a one hour vacation right down the street.

The event was held May 31st at Oakmont of Fair Oaks, located at 8484 Madison Avenue. For more information about Oakmont you can call 916-264-9554.



The management staff of Oakmont were all smiles as grand opening day finally arrives. ★

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## Miss Fair Oaks Places Second at National Science Olympiad



Helen Burch (center) earned second place in the Rocks and Minerals category at the National Science Olympiad at Colorado State University last month.

By Dot Boyd

**FAIR OAKS, CA (MPG)** - Helen Burch, our very own Miss Fair Oaks, competed in the National Science Olympiad at Colorado State University last month. Helen earned

second place in the Rocks and Minerals category. She “rocked” it! Her team, from Mira Loma High School in Sacramento, earned seventh place in their Division. Congratulations to Helen and Team Mira Loma! ★

## You Can Count on Us For a Good Time!

Continued from page 1

**August 2- Moonlight Swing Band**  
**August 9- Lincoln Highway Band**  
**August 16- On Air (Sponsors Night)**

### Kid’s Bike Race

Phoenix Park  
(9050 Sunset Ave.)  
Saturday, July 14  
9:00AM-12:00PM  
Ages: 3yrs. – 10yrs.  
Fee: \$25 pre-registration, \$35 day of registration

Join us for a 1K & 2K fun bike race around the Phoenix Park pathways and into the new Bike Park! Courses and start times differ for each age group. Awards will be given to the top 3 finishers in each category. All participants will receive a race medal. In addition to the race there will be bike decorating, carnival games, and other fun activities to enjoy!

**For more information, call (916) 966-1036 or visit [www.forpd.org](http://www.forpd.org)** ★

## SacRT Awarded \$12 Million to Expand SmaRT Ride Service

On-Demand Microtransit Seen as Solution for Underserved Areas

By Wendy Williams, SacRT

**SACRAMENTO REGION, CA (MPG)** - SmaRT Ride microtransit service may be coming to a neighborhood near you, thanks to a \$12 million grant to expand the on-demand, neighborhood-friendly bus service to twelve Sacramento communities. The Sacramento Transportation Authority (STA) recently awarded the discretionary grant to the Sacramento Regional Transit District (SacRT) to promote shuttle service in residential and commercial areas that are underserved by public transit.

“We are grateful to have the support of the STA for our SmaRT Ride program, which could very well change the nation’s transit industry should innovative programs like SmaRT Ride continue to flourish,” said General Manager/CEO Henry Li. “Implementing new approaches to solve mobility challenges is an exciting endeavor and our SmaRT Ride service is proving to be an excellent solution.”

The STA Board of Directors voted unanimously to award the \$12 million grant, which comes from Measure A funding and is guided by a Transportation Expenditure Plan.

“It was a logical decision given SmaRT Ride’s incredible success in such a short amount of time,” said STA Chair and City of Sacramento Councilmember Jeff Harris. “I’m pleased the STA had the foresight to save the funding until a viable opportunity presented itself. We are committed to providing public transportation to areas that are underserved by transit, and we believe SmaRT Ride has the potential to be the answer to this long-standing challenge.”

SacRT is in the process of developing the new service, with the Historic Franklin Corridor and South Sacramento communities identified as the next phase for SmaRT Ride. Service is expected to start in late July. SacRT planners will work with the STA to identify the boundaries of each new phase of the service roll-out. The grant funding is expected to cover operational costs for the next 2-1/2 years.

SmaRT Ride has only been in operation since February 12, when it was rolled out as a pilot service in Citrus Heights. Within six weeks, the pilot was expanded to Orangevale and Antelope, with a connection to the Historic Folsom Station. Ridership on the service has jumped by more than six times since its inception, and the response from the community has been overwhelmingly positive.

“I am very thankful we have the resources to provide quality, on-demand ride share services to our most vulnerable populations,” said STA Director and Sacramento County Supervisor



The STA Board of Directors voted unanimously to award the \$12 million grant, which comes from Measure A funding and is guided by a Transportation Expenditure Plan. Photo courtesy SacRT

Sue Frost. “Providing curb-to-curb service for an affordable price is a tremendous accomplishment, and we look forward to watching the service expand region wide.

Similar to other ride-hailing services, SmaRT Ride relies on a smartphone app to schedule customized trips. The app, known as Microtransit by TransLoc, is connected to proprietary software that allows bus operators to pick-up and drop-off passengers in an efficient manner. The service relies on small, neighborhood-friendly shuttle buses to easily maneuver on residential streets, and they conveniently accommodate people with disabilities.

“We initially saw the pilot service as a way to serve areas that may not have easy access to fixed-route service, but it’s also proving to help people connect to the larger SacRT transit network,” said SacRT Board Chair and Sacramento County Vice Chair Patrick Kennedy. “Interestingly, survey data indicates our residents are also enjoying the freedom to travel within their communities for shopping and dining experiences. SmaRT Ride has turned out to be a service that truly enhances one’s quality of life.”

The cost to ride is only \$2.75 per trip, \$1.35 for those eligible for discount fare (seniors, students and persons with disabilities); or, riders can use their SacRT monthly pass. The low-cost makes SacRT’s SmaRT Ride more affordable than a traditional ride-hailing service, which could cost riders more than five times the amount for a similar trip.

The on-demand service is also generating a significant amount of national attention due to its innovative nature. The pilot is proving to be an exceptional model for other transit agencies who are adopting similar programs. ★

## Empty Nesters: FREE Special Report Reveals 9 Costly Mistakes to Avoid When Selling Your Home

Fair Oaks / Orangevale - Are you an "Empty Nester" who needs a home for the future? Is it time to downsize or to move into another home more suitable for your glorious retirement years?

Like thousands of residents in our area, you may be discovering that after years of non-stop child traffic in and out of your doors, toys on the floor, music floating throughout, suddenly you can hear a pin drop over the quiet hum of the refrigerator. Your rooms are filled with pictures and memories of this wonderful time of your life, but there are many empty rooms gathering dust now that your children have moved on. The freer years ahead are exciting ones to look forward to, and it's time for you to move on as well.

If you find yourself in this situation, you're in vast and good company. And what that means is that

what it takes to get the most out of the equity you've built up in your current home.

To help you understand the issues involved in making such a move, and how to avoid the 9 most common and costly mistakes most Empty Nesters make, a new report called "Empty Nester: How to Sell the Place You Call Home" has been prepared which identifies these issues, and shows you how to steer clear of the mistakes that could cost you literally thousands of dollars.

To hear a brief recorded message about how to order your FREE copy of this report call toll-free 800-665-3596 and enter 1013. You can call any time, 24 hours a day, 7 days a week.

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We are proud members of these newspaper associations.





# MAKE A HEALTHY SPLASH THIS SWIM SEASON

As the weather heats up, Sacramento County residents will be heading to public swimming pools and our lakes and rivers to cool off.

Protect your health this swim season by keeping germs out of the water and off you!

## ANYONE ENJOYING RECREATIONAL WATERWAYS SHOULD:



Not drink recreational water or use the water for cooking.



Avoid algae blooms (brightly colored water) and trash in the water.



Pay attention and follow any warning signs and postings. Do not access a water body if posted warnings indicate it is not safe to do so.



Wash your hands or shower after swimming.



Not enter the water if you have cuts or open sores, as these are pathways for bacteria to enter your body.



Contact your healthcare provider if you have concerns regarding your health after swimming in recreational waters.

## KEEP IT CLEAN IN PUBLIC POOLS, SPAS AND WATER PARKS

1 Stay out of the water if you feel ill.

2 Shower before you get in.

3 Have everyone get out to take bathroom breaks every hour.

4 Shower before you get in.



Environmental Management Department | [www.EMD.SacCounty.net](http://www.EMD.SacCounty.net)

# RECYCLE IT RIGHT!

Today more than ever, we have to **re-educate** ourselves about what should and should not be placed in the recycling cart and **change our recycling habits**.

Starting March 2018, stricter rules are being enforced on the quality of recyclable materials that will be accepted by the international recycling markets. **Now, only contamination of up to 0.5% in a bale of recyclable materials will be accepted.**

Currently, the contamination level is having a significant impact on the County's recycling program. **If there is no market willing to buy these recyclable materials, they could end up landfilled** – and that's not good for managing landfill space, our recycling program, or our environment!

**If you live in our service area, visit our website at:**  
[SacGreenTeam.com](http://SacGreenTeam.com)

## HOW YOU CAN HELP!

**Recycle It Right** by making sure the right materials are placed in the right cart at home or at work.

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Empty and clean. No liquids or food soiled items.



Glass bottles and jars



Metal beverage and food cans



Plastic bottles and containers



Rigid plastic containers



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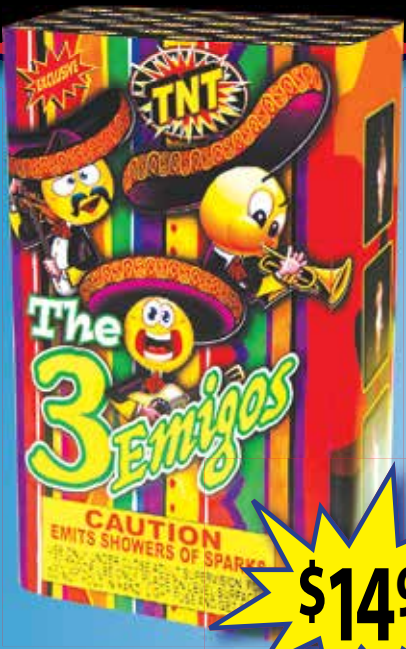
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**Crossword Puzzle on Page 7**

C	A	M	P	S		P	T	A		T	A	C	T
U	R	I	A	H		E	A	R		C	O	C	O
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A	L	I	A	S		M	E	N	U		S	A	K
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A	R	M	O	R		A	N	A		R	A	I	S
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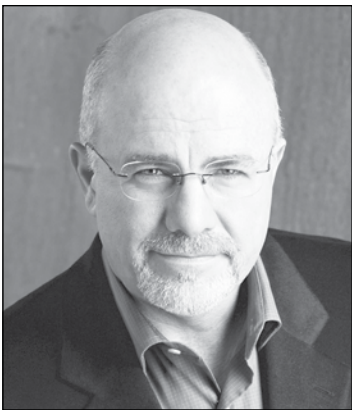
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# Dave Says

## It takes two

Dear Dave,  
My husband has an old car that has become a real sticking point between us. He bought it for \$2,400, and it needs about \$4,000 in repairs and restoration. Together, we bring home \$50,000 a year, and I feel like this car is interfering with our ability to save money and pay off \$35,000 in debt. We already have two decent cars we drive to work, so what should I do about this?  
-Stacy

Dear Stacy,  
There are lots of guys out there who like shiny toys — especially cars. I get it, because I’m one of them. But these kinds of things are luxuries, and stuff like this should wait until the household and finances are in order. The family should always come first. Dumping money into this while you two are struggling financially doesn’t make sense. On top of that, it’s causing problems between you two on a deeper level. I’m sure your husband isn’t a bad guy, so try sitting down

with him and explaining how it makes you feel. Let him know what it’s doing to your finances and your marriage. You might even write the financial side down, so he can see exactly what kind of shape you two are in and where the money is going.

Once you do this in a kind, but concerned, manner, it may be a real eye-opener for him. On top of that, you might consider giving him a little incentive to get on board with the idea of getting your finances in order. Suggest that once the debt is gone, and you’ve got some savings in place, there might be a little extra cash on hand to help get that car up and running.  
Good luck, Stacy!  
—Dave

## Postpone the marriage?

Dear Dave,  
My fiancé and I are planning to be married in less than a year. We’ve both been through your class at church, and the other night we started wondering if we should wait to have the wedding until we’re both completely debt-free. Would you give us your opinion?  
-Michelle

Dear Michelle,  
Congratulations! I hope you two will have long and happy lives together.  
To answer your question, I don’t

think there’s a reason to wait. When two people know they really love each other, they should get married whenever they feel in their hearts the time is right.

At this point, you shouldn’t be thinking about money as anything except an indicator of where you’re going. It doesn’t matter who got into debt or how, because everyone makes mistakes. But if you’re both serious about getting out of debt, living on less than you make, and are in agreement about how the dollars are going to be handled, then — where money is concerned — you’re ready to be married.

Many relationship experts say if a couple can agree on four important things — kids, money, religion, and how to handle the in-laws — they have a great statistical chance of a happy marriage. I believe this, too. And make sure you meet with your pastor for some good, pre-marital counseling before the big day. With all this going for you, I think you two will be okay.  
God bless you both!  
—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

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### CLUES

ACROSS  
1. \*Kids' getaway, pl.  
6. School org.  
9. Inoffensive manner  
13. \_\_\_\_ Heep of "David Copperfield"  
14. \*Corn unit  
15. Cuckoo for what puffs?  
16. Charleston, e.g.  
17. Genetic info carrier, acr.  
18. Bornean ape  
19. \*Beachwear  
21. \*Popular U-pick fruit, pl.  
23. \*Water sport equipment  
24. Drug abuser  
25. Scholastic aptitude test  
28. Fastened with stitches  
30. Type of discrimination  
35. Tongue-\_\_\_\_  
37. Musical finale  
39. Slow, musically speaking  
40. Dramatic part  
41. Fielding mistake  
43. Bulgarian, e.g.  
44. Richard Bachman to Stephen King  
46. Carte du jour  
47. Sushi restaurant libation  
48. \*Gastronomic outing  
50. Email folder  
52. Like Tom Thumb  
53. Bathtime bubbles  
55. Philosophical system  
57. \*Chilled brew  
61. \*It's out for summer  
64. Monetary worth  
65. Kum Ba \_\_\_\_  
67. More ill  
69. Tanks and such  
70. Nurses' org.  
71. Reason to strike  
72. Nessie's loch  
73. To the \_\_\_\_ degree  
74. Moves like a pony

DOWN  
1. Something to chew on  
2. Speedy steed  
3. Like a tennis skirt  
4. Puts in a backpack  
5. Arabic elders  
6. \_\_\_\_meter or \_\_\_\_scope  
7. \*Limited with SPF  
8. Plural of #2 Down  
9. Millimeter of mercury  
10. Antioxidant-rich berry  
11. \*Soft-serve server  
12. #  
15. Cattle pen  
20. Daughter of a sibling  
22. Always, in verse  
24. Disrobe  
25. Spaghetti \_\_\_\_  
26. Garlic mayonnaise  
27. Denoting the final purpose  
29. Live bait  
31. \_\_\_\_pool  
32. Donald Trump to Jared Kushner  
33. \*Garden bean support  
34. \*Blockbuster  
36. Kind of principal  
38. Popular steak condiment  
42. Relating to runes  
45. Train's "Hey, Soul \_\_\_\_"  
49. Pool stick  
51. \*Warm-weather garb  
54. Israeli statesman Moshe  
56. Food grinder  
57. Rocky's nemesis \_\_\_\_ Drago  
58. Kind of package  
59. Trees of genus Ulmus  
60. Sonny and Cher and Abbott and Costello  
61. Mohammad Reza Pahlavi, e.g.  
62. Hedgepodge  
63. "\_\_\_\_ we forget"  
66. \*Unwelcome guest at #48  
Across  
68. High \_\_\_\_, as in an image

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### Crossword Puzzle Solutions on Page 6

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Solutions on Page 6

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\*The initial Annual Percentage Rate (APR) is currently 4.50% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for the repayment period is 6.375%. The maximum APR that can apply any time during your HELOC is 10%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$100,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed \$200,000 and may not be a revolving line of credit. Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A \$475 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$50 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.

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By Marlys Johnsen Norris,  
Christian Author

**Boundaries to stop the Holy Word of God from penetrating into your life's souls come from the "enemy of God" – Satan!** He is a liar from the beginning of time. He is the one who wants to enslave and kill anyone who has ever invited Jesus Christ into their heart and life. His boundaries take a person into a form of "bondage and slavery" (cults of all kinds) that is hard to escape if

## Let Loose of Boundaries That Enslave You!

one stays there. *I know because I was there years ago!*

Boundaries accepted have been set by the enemy of your soul when God's message of "truth" is stopped! Truth that is written or spoken comes available only from the Holy Word of God.

Yes, moving into any form of boundaries against what God teaches most always brings a form of conviction! Conviction when accepted and applied always brings changes to move into the abundant life God promises in His Word. Hundreds of loving promises to be claimed and received when one decides to follow the teaching of the Bible. (NOTE: If you have a Bible, go to the back and look up the word "Promises" and then read them all and find one that applies to your situation.

You will find FREEDOM

AND HAPPINESS when you choose to follow God's Way for your life. His love for every one of us is far beyond anything we have ever known or will know ever! His desire is for you to know and love Him and to receive a brand new life living with Him into eternity one day. I promise you, you will never be sorry if you let loose of those boundaries that imprison and bind from living a full happy life. My prayers are with you!

Marlys Johnsen Norris  
Christian Author of 7 books  
"God Moves Mountains, It was a Miracle" "Recipes for a Happier Marriage"  
"Senior Gleanings" "Message in the Dust for the Searching Soul"  
Each \$20 w SH  
Marlysjn@gmail.com P.O. Box 114, Orangevale, Ca 95662 ★



By Pastor Ray Dare

Have you felt let down by life? Everybody gets disappointed from time to time. You may be facing some very serious disappointment. You may feel let down by another person or even by yourself. Things have not turned out the way you were expecting. The Bible gives us three things to remember when we're feeling let down by life. What you focus on in life determines your happiness. If you'll focus on these truths your discouragement will lift.

**God has chosen to love you.** "God the Father chose you long ago, and the Spirit has made you holy...May you have more and more of God's special favor and wonderful peace." 1 Pet. 1:2 (NLT) God wants you to know that He knows everything about you and He still loves you, understanding that gives you

## Pastor Ray's Encouraging Words

### When Life Let's You Down

peace. That's why Christianity is called "Good News". It's base on His mercy, not your merit, His grace, not your goodness. You'll never deserve it. You'll never be good enough for it. God has chosen to love you.

**God is working in you.** Amid your problems, God is working behind the scenes. Even though you don't recognize it, even though you don't feel it, even though you may feel like God is a million miles away and you are all alone. You are not alone. God is working. You may feel like your situation is hopeless, it is not. As long as you've got God in your life, your situation is not hopeless. He always has a purpose beyond your problem. Always. 1 Peter 1:7 says, "These trials are only to test your faith... It is being tested as fire tests and purifies gold...So if your faith remains strong..."


**God is watching over you.** 1 Peter 1:5-6 (NCV) "God's power protects you through your faith until salvation is shown to you at the end of time. This makes you very happy, even though now for a short time different kinds of troubles may

make you sad." You may be going through difficult times right now and you feel like giving up. The situation may seem unbearable. Inside you're basically saying, "God, I can't take it anymore. I just can't take it any more!" But you're going to be alright because God is watching over you and His power is protecting you. Life will let you down. Circumstances will let you down. People will let you down. But God will never let you down.

In a world of disappointment Jesus came to say, there is hope. You can choose to live the rest of your life disappointed about what didn't happen or what did happen in the past, or you can choose to live in the hope of what Jesus is planning for your future. You get to choose. What will happen if you choose to trust Him? You will not be disappointed. Romans 9:33b says, "Anyone who trusts in Him will never be disappointed."

Pastor Ray  
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**O SON OF MAN!**  
Veiled in My immemorial being and in the ancient eternity of My essence, I knew My love for thee; therefore I created thee, have engraved on thee Mine image and revealed to thee My beauty.  
from the "Hidden Words of Baha'u'llah"

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# Sacramento County DA Reports



## Former Teacher Sentenced for Attempted Possession of Child Porn, Use of Concealed Camera

**DATE:** April 30, 2018  
**CASE:** Scott Macmillan (Case #17FE001087)  
**PROSECUTOR:** Deputy District Attorney Bruce Chang, Cyber Crimes Unit

The Honorable Robert Twiss sentenced Scott Macmillan to 30 days county jail, 3 years probation and required him to register as a sex offender. On October 19, 2017, Macmillan pled no contest to attempted possession of child pornography, attempted use of a concealed camera to take photos of an adult victim for sexual purposes, and use of a concealed camera to take photos of a minor for sexual purposes. Macmillan was a teacher at Heron School in Natomas. Several students noticed he appeared to be taking photos of female students' private parts with his cell phone. Some students started watching Macmillan and managed to record him as he used his phone to record a 12-year-old student under her desk. One student notified school authorities, who notified the Sacramento Police Department. Police found Macmillan's phone in his car with multiple images of what appeared to be the chest and genital areas of girls. An adult staff member also reported that Macmillan had approached her with his cell phone as if he was trying to take a photo or video under her skirt.

## Career Criminal Convicted for Attempted Murder of Officers

**DATE:** May 18, 2018  
**CASE:** Justin Hurst (Case #16FE017117)  
**PROSECUTOR:** Deputy District Attorney James Wax, Career Criminal Prosecution Unit

Justin Hurst was convicted by a jury of attempted murder and assault with a semi-automatic firearm on a peace officer, reckless evading of a peace officer, possession of an assault weapon, possession of a short-barreled shotgun and four counts of felon in possession of a firearm. The jury also found true enhancements that Hurst intentionally discharged a firearm and that he knew and intended to fire at peace officers. On September 1, 2016, two Citrus Heights police officers contacted Justin Hurst, who was asleep in a parked vehicle. Hurst was on Post-Release Community Supervision and had a felony warrant. Officers directed Hurst to keep his hands on the steering wheel, but he instead sped away and led the officers on a high-speed chase in a residential neighborhood. During the chase, Hurst fired multiple rounds at the officers. Hurst crashed his car into a resident's fence,

and was taken to a hospital to treat his injuries. A search of his car revealed 13 cartridge casings, four firearms and boxes of ammunition.

Additional allegations that Hurst has a prior 1999 strike conviction for first-degree burglary and three prior convictions for being a felon in possession of a firearm will be determined at his sentencing hearing.

If those allegations are found true, Hurst faces a maximum sentence of 42 years to life in prison. Sentencing is set for June 29, 2018, at 2:00 p.m. in Department 21 before the Honorable Steve White.

## Defendant Convicted of Multiple Child Sexual Assault Charges

**DATE:** May 18, 2018  
**CASE:** Andrew G. Young Jr. (Case #13F07569)  
**PROSECUTOR:** Deputy District Attorney Brian Morgan, Special Assault & Child Abuse Unit

Andrew Young Jr. was convicted by a jury of 7 counts of committing lewd and lascivious acts on a minor under the age of 14, and one count of committing a lewd and lascivious act on a minor under the age of 14 with force. The jury also found true that Young had suffered a prior conviction for committing a lewd and lascivious act on a minor under the age of 14.

The victim was a family member who was between the ages of 12 and 13 when the sexual assaults were occurring.

Young faces a maximum sentence of 440 years to life in prison. Sentencing is set for June 15, 2018, at 1:30 p.m. in Department 27 before the Honorable Steven Gevercer.

## Defendant Convicted for Sexually Assaulting Two Family Members

**DATE:** May 23, 2018  
**CASE:** Robert Dew (Case #17FE000718)  
**PROSECUTOR:** Deputy District Attorney Monica Robinson, Special Assault & Child Abuse Unit

Robert Dew was convicted by a jury of eight counts of committing lewd acts on a child under the age of 14. The jury also found true a multiple victims allegation.

In 2016, Dew sexually assaulted a family member when she was 5 years old. During the course of the investigation into the assault, it became known to law enforcement that Dew had also sexually assaulted another family member from 2000 to 2002.

Dew faces a maximum sentence of 22 years in prison. Sentencing is scheduled for June 29, 2018, in Department 11 before the Honorable Trena Burger-Plavan. ★



# POPPOFF!

with Mary Jane Popp

**“On Course” Become a great leader and soar.** He shared some great directions to achieve that dream on my POPPOFF Radio Show. Here are the top ten.

## Lead On

Do you think you can be a good leader? It seems like we could really use some good ones these days? Here are some facts you need to ponder. 52% of employees say business leaders aren't ethical. 70% feel their opinions don't count. And this one is sad for a country that always moved forward with new ideas, 79% report they're not managed in a motivating way. **Ken Pasch** has some definite ideas on how that can all change. He has had the experience needed from his time in the military and retiring from the Air force as a Colonel to his work with Johnson and Johnson to founder of KiVisions which advises good people on how to become good leaders. Now comes his latest endeavor to make dreams come true,

1) Know why you want to be a leader. What's driving your desire? If your primary motivation is to unlock, engage, and optimize human potential, Ken says you are **“On Course.”** 2) Will that “desire to lead” sustain you through the dark times (and yes, there are likely to be dark times)? Before you “sign up”, commit to becoming a great leader. 3) Do you have what it takes to accept and learn from criticism, regardless of whether that is delivered constructively or negatively? 4) Next, let's delve into a key differentiator for leaders: Do you have or are you willing to learn the Mindsets that will allow you to be mindful of the impact your actions have on others? 5) What actions will you take to achieve your goals? Concentrate on the Skillsets that will make you a leader others will follow. One critical example: Become a master communicator but don't mistakenly believe you must be a charismatic orator.

6) How will you measure your results? Most of what you will do as a leader will be subjectively based. You must incorporate subjective metrics into your toolkit. 7) What will you do with the knowledge you gain? In addition to applying what you learn, share it and build a pipeline of leaders. 8) Do you have the courage to allow innovation? There is a risk, but there's a greater risk by stifling the creative spirit. 9) When others measure your results, who gets the credit, who gets the blame? Ken's recipe is Share the credit, take the blame. 10) This is the True Leader's Code. Be dauntless. Do what needs to be done, by when it needs to be done, in a manner consistent with your values, and especially on days you don't feel up to it. Too many are counting on you to fulfill your calling, your purpose, your mission.

These are some simple ways to get started. Check out [www.KiVisions.com](http://www.KiVisions.com) for more information on Ken Pasch, and get the details in **“On Course”** to make those dreams come true. Just BELIEVE! ★

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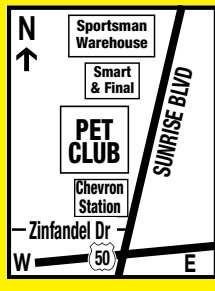


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# A Gathering of Those Who Stand Proud to be an American

Story and photos by Paul Scholl

**FAIR OAKS, CA (MPG)** - Driving into the grounds under a huge flag of the United States, greeted with big smiles from staff and volunteers, you felt the first sense of the reverence of the upcoming event. A growing crowd of true Americans were gathering together to pay tribute to our military's sacrifices.

The 51st annual Memorial Day Tribute was celebrated on Monday, May 28th. Once again, a few thousand people attended to honor our veterans.

The flags lining the cemetery on this day were the very flags presented to each of the families at their loved one's veteran funeral service. Each of the families had donated their flags to Mount Vernon enabling them to have them be flown in honor of their loved one this Memorial Day.

The ceremony opened with a T-38 Talon flyover by the 1st Reconnaissance Squadron of Beale Air Force Base, followed by the presentation of colors by the California Army National Color Guard.

Ayanna Navarro performed a rousing and spectacular rendition of the National Anthem.

Sergeant Major DeGeorge gave the opening comments, followed by

the invocation by Chaplain Stephen Driedger.

The meaning of the flag-folding ceremony was read aloud as it was performed. The solemn understanding of what each fold means and the history behind the ceremony makes one realize how important the symbolism is of our nation's flag.

One of the annual ceremonies performed at this event is the playing of the hymns of each of the military branches. As each hymn was played those who served in that branch of the military stood and saluted. It is always amazing to see how many in this one crowd served our country over the years.

The Mount Vernon staff would like to thank all those who joined in to help make this event a success. This includes the local Boy Scouts, Cub Scouts, American Heritage Girls, Veterans of Foreign Wars members and so many more.

Additional appreciation is offered to Sacramento Metro Fire District for their display of the enormous United States flag at the entryway, and to Vista Springs Water for providing water for patrons to the event.

And in remembrance of those fallen in their service, "The sun of their lives has long set, but their sacrifice shall shine forever." ★



The Flag-Folding ceremony.



May they all rest in peace.



The Presentation of Colors by the California Army National Color Guard.



Guest speaker Command Chief Master Sergeant James.



Skydivers Keith Wyatt and Brian Genereux entertained the onlookers with their delivery from above of the United States and POW flags.

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