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# AMERICAN RIVER Messenger

*"Written by the people, for the people"*

VOLUME 12 • ISSUE 15

Serving Fair Oaks, Orangevale & Sacramento County

AUGUST 4, 2017

**CALIFORNIA'S  
CRUMPLING SEAT OF  
GOVERNMENT LOOKS  
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## Your Water at 100

*Fair Oaks Water District Celebrates a Century of Service*

By Jacqueline Fox

**FAIR OAKS, CA (MPG)** - As the Fair Oaks Water District (FOWD) celebrates its 100th year of service, the agency also is enjoying a pre- and post-drought fiscal report card worthy of the envy of any water municipality in the county.

Even through one of the worst droughts on record that forced many water districts, the FOWD included, across the state to reduce water sales, hence, reduce their revenues, the agency managed to avoid passing on those losses via rate hikes to its customers, unlike many sister agencies statewide. As it entered into its 100th year in operation in January (The official birthday is in March), the FOWD also marked its thirteenth year with zero rate increases, and it did so carrying zero existing debt for the 10th year in a row.

Fiscal belt-tightening, staff reductions and taking the DYI approach to some development programs, have collectively served to keep the FOWD on budget. But customers played a key role in the process, specifically during the drought, even if they don't know it.

In 2015, California, Gov. Jerry Brown ordered unprecedented water conservation policies across the state, including a 36% water reduction mandate for the FOWD and other agencies. To meet the challenge, management and rank and file staff members alike walked the Fair Oaks district, which includes some 37,000 residents and encompasses approximately 6,000 acres. They went out door-to-door delivering some 15,000 conservation information packets to its roughly 14,000 customers in as little as three days.

The grass-roots approach to water conservation also included night patrols to ensure watering rules were not being broken in the cover of darkness. They conducted person-to-person outreach, at doorsteps, on lawns, at local schools and across the community, anywhere it was vital and possible to educate members of the community about conservation and how



Tom Gray (above) has lead the way in good times and bad for FOWD. Photo by Paul Scholl

Fair Oaks Water District early construction photo (at right). Photo courtesy Fair Oaks Water District

critical their part in the process was. A Blue Man Water Drop became the FOWD's official water conservation mascot.

"Our approach was to encourage our customers and show them how to conserve, not punish them for not conserving or assuming they wouldn't by imposing rate increases," said FOWD General Manager Tom Gray who has led the agency since 2004.

According to Gray, the FOWD's conservation budget was roughly \$6,000 in 2015 during the height of the drought and the imposed mandates, a paltry figure compared to surrounding districts, which spent thousands for their programs and outreach and, in many cases, took a more punitive approach via fines and rate hikes.

"During 2015 and 2016 our neighboring water districts spent about \$50,000 to \$60,000 getting their message out," Gray said. "We met the mandate by spending 10 percent of what they spent. We didn't just throw money at it. We helped to empower our customers. But across most districts in California, how they responded was to employ punitive measures and rate increases, and then they said to their customers, 'OK, we'll use that money to tell you all about it.'"

The FOWD reported a 35% reduction in water 2015, down from the previous annual averages of roughly 11,380 acre feet of water to 8,130 acres, all without rate increases or reduced watering days.

"It represented the lowest annual water usage total ever recorded," Gray said. "We met the mandate and our customers are to be praised for their efforts. We believe in them. Instead of charging them more, we wanted to challenge them. We simply

*Continued on page 3*



## Summer Fun in Fair Oaks

By Dot Boyd

**FAIR OAKS, CA (MPG)** - Summer is in full swing and so is the Fair Oaks Chamber of Commerce!

Our 68th Annual Fair Oaks Fiesta had a record turnout to enjoy all of the festivities in Fair Oaks Village including the crowning of the new Miss Fair Oaks, Helen Burch. Ms. Burch was crowned by her predecessor, Ashley Gaston who gave a spirited speech on how being Miss Fair Oaks was a



Dot Boyd, Ambassador Chair, Fair Oaks Chamber of Commerce Photo courtesy Fair Oaks Chamber of Commerce

life-changing experience. The 24th Annual A Taste of Fair Oaks event at North Ridge Country Club was a huge hit. Attendees and vendors

are still talking about it! A portion of the proceeds was awarded to local non-profit organization, Mercey Springs for the work it does to support other local non-profits in need.

We have three Honorary Mayor Candidates this year, all raising funds for great local causes. Cliff Leiker, for Never A Victim, Louis McNerney for Northridge Elementary School and Catrayel Wood for Habitat for

Humanity. This is purely a fundraising race and the candidate who raises the most money by Sept. 12th, will be "sashed" on Sept. 14th by our current Honorary Mayor, Rachel Griffith! Our current Jr. Honorary Mayor, Josh Gumacal will "sash" his replacement, too. Since its inception in 1979, this program has raised over \$360,000 for our community!

Summer is not over yet! The Fair Oaks Concerts in the Park continue every

Thursday through August 24th, from 6:30 pm to 9:00 pm. Bring your lawn chairs and let us do the cooking!

Before you know it, it will be Christmas in the Village on December 2nd! Looking for volunteer opportunities? We welcome your help. Please visit [www.fairoakschamber.com](http://www.fairoakschamber.com) for all the details about upcoming events, sponsorship opportunities and more!

See you in Fair Oaks! ★

## State Fair Wraps Up with Great Numbers

**SACRAMENTO, CA (MPG)** - The California State Fair created memories for the entire community this year. It reached record numbers as the one northern California event where everyone is welcome to come out and enjoy the best of what California has to offer.

"The California State Fair is proud to be recognized as the largest showcase of the rich bounty and diversity of our Golden State," said Rick Pickering, CEO and General Manager of the California State Fair. We celebrated agriculture, livestock, horse racing, unique foods, events, rides, and exhibits... some of which people have never seen before.

Food sales grossed an estimated \$8.5 million, and there was an estimated \$4.2 million in carnival ride sales grossing over \$12.7 million in sales revenue; not including hotel stays and other revenue sources for the Sacramento region.

With it being the Fair's 50th year at Cal Expo, there was a lot to celebrate. New this year was the dedication of "Best of CA: Celebrating Farm Workers' Rich Contributions to Food and Agriculture." There was the return of soccer, with the Sacramento Republic FC playing two games. Sponsored by the Tractor Supply Company, the Junior Livestock Sale of Champions raised \$270,344 for youth, which was the highest amount in the past 10 years.

Despite being one of the hottest July's in 10 years, with 8 days of triple-digit weather during the weekends, 636,628 attendees enjoyed the Fair.

Out of the 17 concerts, 7 completely sold out for the Gold Circle Reserved Seats. More than 32,500 racing fans came to the Miller Lite Racetrack Grandstand for horse racing and special events.

Other notable numbers were: 1,488 beers entered into the Commercial Beer Competition; 2,663 wines entered into the Commercial Wine Competition; 19,662 wine slushies were served in the Save Mart Wine Garden

Overall 19,931 competitive entries were at the State Fair and 6,412 total exhibits. 5,992 free rides from Butler Amusement in support of the CA State Fair's Read to Ride program for local children who turned in 2,996 book reports;

There were 37 corn dogs were eaten by the winner of the Milo's Corn Dog Eating Contest - Molly Schuyler from Plumas Lake, CA. She defeated competitors that came from as far as Philadelphia to compete. 75,000 total corn dogs were consumed at the fair.

9,556 livestock animals were on display; 18,100 Turkey legs were sold; 35,100 Funnel cakes were sold; 11,325 pieces of the fruit were given out through the Save Mart Supermarkets Passport Program at the Kaiser Permanente CA State Fair Farm; 1,963 #50thFairHunt SMUD bags were given out; and 2,060 Dish fireworks were shot into the night sky.

Central Valley Towing helped Fair guests with 7 jump starts, 10 unlock cars, 2 tire changes and assisted in shuttling 5,832 people to and from the parking lots to entrances.

*Source CA State Fair Media★*



# California’s Crumpling Seat of Government Looks Towards a Facelift



Ken Cooley at the Annex Hearing. Photo courtesy Office of Ken Cooley

**SACRAMENTO, CA (MPG)** - Chairman Ken Cooley (D-Rancho Cordova) of the Joint Committee on Rules convened the second of several hearings to examine the condition of the State Capitol Building Annex and the Legislature's options for dealing with California's aging seat of government on July 17th, 2017.

"The functionality of our State Capitol Annex is key to our ability to govern," said Chairman Cooley. "Today's hearing made clear that the current status of our building does not match our basic needs as a co-equal branch of government. Our partners in the Executive branch stand ready to help move us forward to build a 'People's House' we can all be proud of for the next century."

Testimony at the committee began with strong statements of commitment from Marybel Batjer, Secretary, Government Operations Agency and Daniel C. Kim, Director, Department of General Services (DGS) for the Legislature's endeavor. Jason Kenney, Chief, Project Management and Development Branch, DGS then gave a presentation regarding the current conditions and status of the building and what next steps can be taken.

Mr. Kenney remarked on

the fact that the Capitol's East Annex was finished in 1952 and was designed for a part-time Legislature and before modern technology. Today, the Annex's wear and tear has significantly increased beyond its original intended usage. There have not been any significant renovations to the major systems in need of repair. Many "band-aids" have been used, but most upgrades cannot be done while the building is occupied. According to Mr. Kenney, this project offers the Legislature an incredible opportunity to make significant upgrades to security, technology, and the free movement of people. He also spoke about the planning process to identify space for lawmakers and staff during construction and potential Capitol Park impacts.

Diane Boyer-Vine, Legislative Counsel, next spoke on the law and legal precedent for Capitol projects. She remarked that the Legislature is the law-making branch and that this is reflected in the law governing the Capitol, with the exception of the first floor that houses the Governor and Lieutenant Governor and is overseen by DGS. She also described the funding that was set up by SB 836 of 2016, which also outlines legislative control over the

building and its zoning.

One of Chairman Cooley's primary considerations has been to engage security partners from the beginning so that safety components are integrated into the initial design as opposed to attempting to fit these needs as an afterthought into an already re-constructed building. To conclude the Joint Rules hearing, a presentation on public building design considerations by Senate Chief Sergeant-at-Arms Debbie Manning, Assembly Chief Sergeant-at-Arms Bryon Gustafson, and California Highway Patrol Chief Chris Main reinforced the need to make security discussions a priority. Many security considerations in the Capitol have been a reaction to incidents at the Capitol or elsewhere and are outside of the basic architectural design. A more in-depth look at the particular security needs will be delivered to the Joint Committee on Rules during a closed meeting on August 22, 2017.

The Assembly maintains a website for the Architectural Program for California's Capitol at <http://annex.assembly.ca.gov/>. The full video of the hearing is posted on the website.

Source: Office of Ken Cooley ★

# Taking to the Skies



The Airshow will take to the skies this September Exclusive discounts are available for this patriotic event. Photo courtesy CCA

**SACRAMENTO REGION, CA (MPG)** - It is time to get your tickets for the big show! The California Capital Airshow (CCA) will take to the skies on September 9 and 10 at Mather Airport, and tickets are now available.

"The California Capital Airshow is a full-sensory experience," said Darcy Brewer, executive director of the California Capital Airshow. "We're excited to bring the Sacramento region two full days of non-stop entertainment and unparalleled access to the world of aeronautics and aviation."

The California Capital Airshow illuminates a century of American aviation and ingenuity with miles of aircraft, from the spine-tingling civilian and military jet performances including the Patriots Jet team, U.S. Navy F-18 tactical demonstration, U.S. Air Force Heritage Flight starring the A-10 Thunderbolt II, world-class aerobatics, barnstorming, warbirds, and more.

In preparation for this massive family-friendly festival, the Airshow has launched a new website, [CaliforniaCapitalAirshow.com](http://CaliforniaCapitalAirshow.com), to provide attendees a preview of what to expect both in the air and on the ground.

"Exploring exciting displays and interactive exhibits as well as pilot meet-and-greets

are a great way to start the day," Brewer explained. "Attendees will want to be on site and ready for the action before noon, when in-air demonstrations and fly-bys begin or all things shiny, fast and loud take to the skies."

New for 2017 is the National Aviation Heritage Invitational (NAHI) competition, updated premium venue chalets, a Kid's Stage, and so much more than just what's roaring across the skies.

The Airshow is presented by Sacramento County in partnership with the City of Rancho Cordova. The Airshow runs from 9 a.m. to 5 p.m. each day.

Airshow Insiders will have first dibs on deeply discounted tickets, up to 50 percent off. Anyone can sign up to become an Airshow Insider. Just enter your name and email address on the homepage of [CaliforniaCapitalAirshow.com](http://CaliforniaCapitalAirshow.com) and receive a link to purchase tickets before the public!

Tickets will be available for all fans on August 1 at noon online or Rancho Cordova Chamber of Commerce. Prices will increase incrementally until the event on Sept. 9 and 10. Military

discounts are also available at the ITT offices at Travis and Beale Air Force Bases.

Established in 2004, the annual California Capital Airshow uses the power and magic of flight to entertain and amaze tens of thousands of attendees every September at historic Mather Airport for one of the largest and most prestigious demonstrations of a century of military and civilian aircraft on display and in the sky. Year round, the California Capital Airshow 501c3 is dedicated to inspiring a life-long passion for STEM learning and innovation, with a variety of youth events, presentations and scholarships that help drive the future of aeronautics and encourage young people to reach for the stars. For more information please visit [CaliforniaCapitalAirshow.com](http://CaliforniaCapitalAirshow.com)

Source: CCA Media ★



"Exploring exciting displays and interactive exhibits as well as pilot meet-and-greets are a great way to start the day," Brewer explained. "Attendees will want to be on site and ready for the action before noon, when in-air demonstrations and fly-bys begin or all things shiny, fast and loud take to the skies." Photo courtesy CCA



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# Your Water at 100

## Fair Oaks Water District Celebrates a Century of Service

Continued from page 1

said to them ‘You know your yards better than we do. Water wisely. We challenge you. It was incredible.’”

Even without rate increases, the FOWD has managed to also reinvest approximately 40 cents on every dollar from water sales revenues back into its budget for capital improvements for more than a decade, paving the way for several key projects including the installation of three new ground water wells, construction of a new administrative building, the conversion from a flat-rate system to metered service, implementation of an in-house billing system and the replacement of thousands of feet of water lines across the service area.

“We run a darn good business,” said Gray. “Why have we been able to run the business through a drought and all kinds of things, and still have a prudent reserve? It’s because we have 100% full accountability here. We run a hard line with development, customers and everything else. If a dollar is owed we get a dollar, we don’t right off anything.”

There are currently 30 full-time employees on the roster, down from roughly 40 in 2004. Staff parties are rarely catered, but involve pot-lucks and home-cooked meals. FOWD board members, says Gray, go to JC Penny for their portraits, and consultants are shunned if in-house know-how can do the job for less. Case in point: when crafting the FOWD’s “Five-Year Financial and Water Rate Development Plan” in 2011, instead of paying thousands of dollars to an outside source, board members rolled up their sleeves and did it themselves.

This year, the FOWD is again debt-free and enjoying annual revenues of \$8.25 million. After expenses, the agency is projecting



The staff of FOWD have been integral to their success. Photo courtesy FOWD

cash reserve of \$7.4 million. It has again absorbed rate hikes imposed by the SJWD, from which it buys 90 percent of its surface water, but it did so at a cost of roughly \$400,000. Still, no rate increases.

It would not be too far off the mark to say the district has a rich heritage of accountability. Originally founded as the North Fork Ditch Company in the late 1800s, the area’s water was delivered via wooden water tanks carried into the agriculturally dominated farms of the community by horses. When North Fork notified its customers it had applied for a rate increase, angry Fair Oaks residents put their foot down and, in 1917 new management assumed leadership and changed the agency’s name to the Fair Oaks Irrigation District.

Inherent in Gray’s management approach is the same degree of community accountability. To best serve the constituents, the play book must often be reexamined and, if necessary, rules will be broken.

“I say this all the time: ‘Our policies and procedures are a cookbook.’ We are using them as a guide and it’s my job to help steer my team using the cookbook with variances. If we go by the cookbook every time and not give ourselves the room to vary our

approach based on the human element in the situation, then we are failing to abide by our mission.”

Even with the drought now doused by one of the wettest and coldest winters on record, the fees for buying water are again rising. Earlier this year, the SJWD notified the district that, over the next five years, the annual price tag for its water will be climbing to as high as \$3,027,400, representing a 182% jump or a cumulative annual increase of \$1,950,000 for the FOWD from 2006 to 2021. 2017 increases are already paid for, but what happens next year remains unclear.

“I’m not saying there are going to be increases or not,” says Gray, adding that the board of directors will be conducting an “accelerated budget process” for 2018, which it expects to be completed in October.

“We let our customers know this is what we are up against and we will see,” Gray said. “But, I know that I can’t cut another position.” ★

**The Fair Oaks Water District**  
**Founded: March 26, 1917**  
**by the Fair Oaks Water Takers Association**  
**Initially Named: Fair Oaks Irrigation District**



### By County Supervisor Sue Frost

*Through the generosity of the American River Messenger, this column serves to provide an update about matters affecting the unincorporated community of Orangevale.*

I would like to pose a hypothetical to the readers of the American River Messenger. If you have a yearly income of \$40,000, a bank account with \$600 in savings, and you find out you have \$1,000 owed to you after you finish your tax returns, what would you do? Personally, I would save the money. Then, I would review my monthly expenses, find places to make some cuts, and do everything reasonably possible to increase my savings to a much higher number. Neglecting to do this could ultimately lead me to homelessness if I lost my job and couldn’t quickly find one.

I pose this question to you because Sacramento County was faced with this dilemma in the budget negotiations this past month, as we have a shockingly small amount in our reserves. We only have about 1.5% of our money in reserves when it should be closer to 15-20%. Of the larger counties in

## Orangevale Community Update

### Kicking the Can Down the Road

California, we have by far the lowest reserves, with the next lowest being Riverside with 9.2%, and the average being 26%. In hard numbers, our reserves are about \$300 million shy of where we should be. We also have a \$1.2 billion unfunded pension liability (and yes, you read that number right) but that’s a story for another article.

So when I entered into budget negotiations with the knowledge that we had an increase of \$47 million available funds this year to allocate, I thought it would be under the context of everyone making a deep commitment to increasing our reserves. But that is not what happened and instead, many of our discussions revolved around how to fund various new projects with the new money we had at our disposal. This was frustrating for me, because many of these new projects have great merit and I would gladly support most of them if we had the reserves to justify the expenditures.

But while I advocated for far more money to be put into reserves this year, I had to settle for the modest sum of \$4.7 million, which is 10% of the available funds we were to allocate. I supported some vital new projects, like the expansion of some of our services to reduce the growing problem of homelessness, but I could not support others, like doubling the Regional Parks budget.

Saving money is not fun and it doesn’t catch headlines. But I believe you elected me to stand up for the taxpayers in Sacramento County, even if it’s not particularly exciting. Reserves might not seem like a big deal if you are looking at it in the short-term, but over time when another recession hits us we need reserves if we want to avoid the massive layoffs and disruptions of county services that happened in the mid-2000s.

Unfortunately we are not going to solve the problem of our reserves in the near future - we need to make this a priority for the years to come in order to dig us out of this hole. I would like to see us save 20% or more next year, and will be advocating that in the months to come. You have my commitment of continuing this fight until our fiscal house is in order.

Thank you for reading – and as always, if you want to contact me, call me at 916-874-5491 or e-mail me at SupervisorFrost@saccounty.net.

*Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms, and Fair Oaks.* ★



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Subscriptions should be mailed to *American River Messenger*, 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. Subscription rate is \$28 per year in Fair Oaks and Orangevale. The *American River Messenger* is published twice-monthly. Call 916-773-1111 for more information.  
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**Human Resources Manager.** Requirements/Responsibilities: Planning, directing, and coordinating the administrative human resources functions, recruiting, interviewing, and hiring of new staff, consult with management on strategic planning, and serve as a link between an organization's management and its employees. Ensures compliance with CA and Federal employment law. Current valid PhR Cert., BS in Human Resources or a related field, 5 years' experience in HR. Management. Supervisory position.

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# County Making Commitment to Homeless Initiatives

**Sacramento County  
Special Release**

**SACRAMENTO COUNTY, CA (MPG)** - With the approval of the recommended budget for Fiscal Year 2017-18 on June 14, the Sacramento County Board of Supervisors highlighted the County's commitment to addressing homeless initiatives with an additional \$6.2 million directed toward those efforts.

The enhanced funding comes on top of the already more than \$40 million Sacramento County spends annually on homeless services.

"While the County addressed a number of service and program issues with enhanced funding for Fiscal Year 2017-18, our biggest additional investment overall was directed towards efforts to reduce homelessness," said Board Chairman Don Nottoli, Supervisor, District 5.

As the major funder of homeless services—including shelters and transitional housing, re-housing assistance—as well as the largest provider of social services, Sacramento County has committed to working in partnership with government partners and community stakeholders to continue to develop and deliver the most impactful solutions to homelessness.

Following several public workshops in 2016 and 2017, the Board of Supervisors endorsed the following initiatives for FY 2017-18:

- County Initiative #1: Improve Family Crisis Response and Shelters**
- This initiative seeks to shelter more families annually by helping them connect to assistance and return to housing more quickly. The new shelter system will prioritize unsheltered homeless families and improve access for all homeless families through reduced entry requirements and greater accommodation of families with complex needs (such as those with health or behavioral health needs).
  - By using more flexible County



"While the County addressed a number of service and program issues with enhanced funding for Fiscal Year 2017-18, our biggest additional investment overall was directed towards efforts to reduce homelessness," said Board Chairman Don Nottoli, Supervisor, District 5.

general fund dollars, diversion services will be funded to help some families keep their existing housing and avoid a shelter stay altogether.

- Recognizing that some families may benefit from more long-term support, the County will also fund a small transitional housing program offering employment and recovery supports for 19 families experiencing homelessness.

**County Initiative #2: Preserve Mather Community Campus**

- Operating on a unique County-owned property, Mather Community Campus (MCC) has played an important role providing transitional housing, employment services, and recovery support for individuals and families experiencing homelessness in Sacramento since 1996.
- In 2016, the Volunteers of America (VOA) served over 885 individuals, families, former foster youth, and veterans

through eight residential (267 units) and nonresidential programs. In addition to offering life skills, employment preparation and vocational training, VOA currently engages with over 200 businesses in its job placement services.

- This initiative identifies funding to continue operations at MCC.

**County Initiative #3: Full Service Re-housing Shelter**

- This initiative seeks to reach persons experiencing homelessness who have complex behavioral and/or physical health issues that often prevent them from engaging in shelter services.
- The shelter would include 24-hour dormitory accommodations for up to 75 individuals at a time, with consideration for partners, pets and possessions, and include meals, showers and laundry facilities.
- On-site case management would focus from day one on connecting participants to stable income, public benefits and permanent housing as well as

to essential health services.

- As proposed, the Full Service Rehousing Shelter would serve up to 250 to 300 persons annually.

**County Initiative 4: Flexible Supportive Re-Housing program**

- The County proposes a new Flexible Supportive Re-housing Program (FSRP) that would provide highly flexible re-housing and stabilization services to persons who have experienced long-term homelessness, who frequently utilize costly County services (such as behavioral health, emergency response, or jail), but who could, with the right assistance, stabilize in permanent supportive housing.
- The program would provide a highly flexible solution, employing proactive engagement, "whatever it takes services," and ongoing

housing subsidies to engage property owners and stably rehouse the target population.

- As proposed, FSRP would re-house up to 250 individual and family households in the first year of the program.

**Public Housing Authority Resources**

In addition to these initiatives, the Board of Supervisors (acting as the Housing Authority of the County of Sacramento) directed SHRA to initiate the process to increase Public Housing resources for homelessness, including:

- Limited Preference Allocation of 150 "turnover vouchers" annually (see #4 above);
- Up to 375 project-based vouchers over three years to support new or existing permanent supportive housing;
- 50 vouchers over three years to help current supportive housing tenants "move on" to affordable housing and serve

new families in need of the intensive services; and

- 100 vouchers for homeless youth participating in a new federal grant called "P3".

Sacramento County's Director of Homelessness Initiatives Cindy Cavanaugh said, "Over the past year, the County has worked with our partners and stakeholders to build on what's working and to create new solutions and pathways out of homelessness. This year, the Board of Supervisors made a significant investment to not only improve existing programs but to create new County programs that provide concrete support to families and individuals in their transition to permanent homes, employment, and restored lives.

For more information, visit the County's Homeless Initiatives webpage.

Source: Sacramento County Media

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**CLUES**

**ACROSS**

- Pink, as in steak
- "Death \_\_\_\_ for Cutie"
- Rum cake
- Czech or Serb
- "\_\_\_\_ and hearty"
- Equipped with feathers
- Weather \_\_\_\_
- Seed covering
- Desktop pictures
- \*The boss
- 32-card game
- Delhi dresses
- How the weasel goes
- Develop, as in story
- Covered porch
- Jersey call
- \*Storage
- Garden ear
- Wet nurses
- Owned
- Ohio metropolis
- Ingrid Bergman to Isabella Rossellini
- Saudi Arabia money, pl.
- Masseuse's office
- Pastoral
- Right to enter
- Lincoln lumber
- \_\_\_\_ New Guinea
- \*Paper mistake
- \*Learning space
- South Pacific sailboats
- Angler's decoy
- Arm bone
- Black Beauty, e.g.
- Singer Tori
- Skirt opening
- 15th of March
- Who's from Mars?
- Hippocrates' promise, e.g.

**DOWN**

- A requested response
- Wing-shaped
- Feminine of raja
- Be that as it may
- Plural of carpus
- Batman to Bruce Wayne
- \*End of class notice
- \*Worn to school
- Dwarf buffalo
- Out of shape
- \*Found in the back of many yearbooks
- Bob, e.g.
- Golfer's sun protection
- "When a Stranger \_\_\_\_"
- p in mph
- Savory taste
- Wanderer
- Like beer head
- Sacred Hindu writings
- Relating to Scandinavia
- What ball does on New Year's
- Pavlova and Karenina
- Swanky
- Mary \_\_\_\_, businesswoman extraordinaire
- \*Special permission
- Singular of asci
- Equip with sails
- Memory failures
- These lips sink ships
- Enrico, of operatic fame
- D'Artagnan's hat decoration
- Hammerin' Hank

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**Solutions on Page 4**

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By Marlys Johnsen Norris,  
Christian Author

Many many people have their own idea about who God is! Actually their god is one made up using their own particular value system of right and wrong. They may claim to pray or even worship "it" but "it" is not the God who created heaven and earth, including everything in it, you and I! The Word of God proves this! However isn't their

## Who Is The God Of Your Own Making?

god also a god spelled with a small g?

God IS so very much more! He is the great I AM! He is Love! He is a merciful God! He is the same yesterday, today and tomorrow and He never changes. He is our Creator/ Deliverer/ Healer and a Sovereign God who loves us completely and unconditionally..

A god of your own making is *not* good enough for any of us - but it is good that you recognize you do need the One true God. It is a beginning and when one does truly invites the God of the Bible into their heart and life, they will be amazed at the many ways He shows His perfect love just for them. It is only then His very Spirit comes to reside in ones heart and life, He forgives and promises never

to leave or forsake you. He is a healer, deliverer, transforming power that empowers and blesses your life in many many ways for many years!

To KNOW and LOVE God - is an exciting adventure and He is the only One who can take you on the greatest adventure of your life. He EMPOWERS ones life as they read His Holy Book (Bible) of instruction and then to, SEEK HIS PERFECT WILL, live and do it - giving a testimony to bless others lives as well. (Matthew 6:33)

Marlys Johnsen Norris  
Christian Author of 6 Books  
*God Moves Mountains,  
It Was A Miracle!*

Marlysjn@gmail.com



By Pastor Ray Dare

Nobody really knows what's in somebody else's heart. You can guess but you don't know. Only God has the right to judge because he can see in the heart. I heard a story that illustrates this point. A group of young men decided to play a practical joke on a young bachelor who worked with them. It was the custom each Thanksgiving for their company to give free turkeys to all employees. Their young friend, a bachelor expressed he had no idea what he'd do with a whole turkey and no desire to cook it. His friends, therefore, confiscated his turkey and replaced it with one made out of paper Mache, the only remains of the original bird being the neck and the tail which protruded from the paper wrappings.

The day before the holiday,

## Pastor Ray's Encouraging Words

### When You Don't Have All the Facts

the birds were handed out. Our friend, unaware of the switch, tucked his bogus bird under his arm and caught the streetcar for home. As he was sitting there a man seated himself on the bench next to him. They were soon engaged talking about the turkey. The young man learned his companion was without a job and down on his luck. He was on his way home with only a few pounds of hamburger meet, to be the entire Thanksgiving meal for his family.

Our friend had a brilliant idea. Why not swap? The man, of course, was delighted. With a great sense of gratitude they made the exchange. Of course, you can imagine the outcome and the man's thoughts when he removed the wrappings from the turkey and his children crowded around, eyes wide-open with anticipation.

When the young man learned what his friends had done, he searched for days for that man who he had unknowingly gave the bogus turkey to. Unfortunately he was never found. The poor, defrauded man, from his vantage point, would never understand the young

man's actions and no doubt thought the worst about him. Yet from the young man's point of view, his motives were pure.

The point is it's unwise to make a judgement about somebody when you know all the facts. Never judge anybody's motives, what they're doing and why, you don't really know what's going on. I Corinthians 4:5 *"Therefore judge nothing before the appointed time. Wait until the Lord comes. He will bring to light what is hidden in darkness and will expose the motives of men's hearts."* The Bible says leave the judging up to God. I have a hard enough time just trying to figure out my own motives about a lot of things, much less knowing yours. So do you. A lot of times we don't understand ourselves. What makes us think we can figure out what makes other people do what they do? We have a hard time just judging our own selves. But one day it's all going to be brought to light.

Pastor Ray  
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Louis McNerney

For over 31 years, The Entrepreneur Source has been building a reputation in business coaching. We are now North America's leading business ownership and franchise coaching organization.

It began in the mid 1980's when we recognized the fact that 70 percent of the population has a strong desire to be self-sufficient, but only a small number find a way to make it happen - a mere 5 percent. Far too many people give up on their dreams too soon, when education and guidance could show them the way to success.

The Entrepreneur's Source also recognized how many franchisors needed qualified franchisee prospects. Given this fact, we began to make the connection.

With nearly three quarters of the population feeling trapped on their current career path and so many franchisors offering the opportunity for business ownership and financial freedom, it only made sense to bridge the two groups.

To this day, no other coaching group looks at the situation from both sides. We pride ourselves on the ability to give our prospects the most comprehensive,

objective, unbiased and meaningful advice available anywhere, allowing them to come to their own conclusions about their future. If business ownership is the ultimate solution, then we have the ability to guide prospects through the entire process.

At **The Entrepreneur's Source**, our vision has always been to be the one source resource for all things entrepreneurial. We also know that coaching should not stop once you're in business. We coach franchise business owners to get the maximum results out of their franchise systems.

We believe everybody can benefit from coaching. We believe we can help our clients discover answers and opportunities to improve their lives. Our discovery and education-based method of franchise and business coaching allows our clients to discover opportunities that are ideally suited for what they are seeking for themselves and their families. We help our clients use business to achieve their Income, Lifestyle, Wealth and Equity goals.

Regardless of whether you are or ever go into business, the insight and knowledge you gain about yourself and your options are priceless.

With **The Entrepreneur's Source** our clients will go from Employment to Empowerment™. We coach them through the career transition and help them discover new opportunities. In other words: we bridge the gap.

If you have ever considered business ownership, give me a call today and I will work with you on your own journey of discovery. It's life changing. Why not live your dream?

For More Information contact Louis McNerney,  
at (916) 335-1126 or Visit his Website [www.theEsource.com/LMcnerney](http://www.theEsource.com/LMcnerney)

### AN IMPORTANT MESSAGE FOR DENTAL OFFICES

#### New EPA Rule Requires Dental Practices to Install Amalgam Separators and Implement Best Management Practices

The Environmental Protection Agency (EPA) recently issued technology-based pretreatment standards under the Clean Water Act to **reduce discharges of mercury from dental offices into municipal sewage treatment plants**.

The Dental Office Effluent Guidelines became effective July 14, 2017. This final rule **requires dental offices install amalgam separators and two best management practices**. Dental offices that place or remove amalgam:

- ✓ Must install, operate, and maintain an amalgam separator
- ✓ Must not discharge scrap amalgam into the sewer
- ✓ Must not use certain kinds of line cleaners, such as bleach

Existing dental dischargers must comply and submit a form to Regional San (see links below) by October 12, 2020. New dental dischargers or ownership transfers must comply within 90 days of their first discharge. If any dental practices already had amalgam separators prior to June 14, 2017, they have until June 14, 2027, to replace them with compliant separators. Dentists who never place amalgam or remove amalgam in limited or unplanned circumstances are exempt.

#### Who is affected by this new rule?

This rule applies to offices, including large institutions such as dental schools and clinics, where dentistry is practiced that discharge to a municipal sewage treatment facility. It does not apply to mobile units or offices where the practice of dentistry consists only of oral pathology, oral and maxillofacial radiology, oral and maxillofacial surgery, orthodontics, periodontics, or prosthodontics.

#### Why are these standards necessary?


When dentists remove old amalgam fillings from cavities or place a new filling, mercury in the form of dental amalgam enters the wastewater of the dental office. Mercury from waste amalgam can make its way into the environment from the treatment plant through the land application of sludge or through surface water discharge to the Sacramento River. Mercury is a potent neurotoxin that can have a wide range of health effects. Once released into the aquatic environment, certain bacteria can change mercury into methylmercury, a highly toxic form of mercury that bioaccumulates in fish and shellfish. Eating fish and shellfish is the main source of people's exposure to methylmercury in the U.S.

**Questions?** Contact us at (916) 876-4141 or [amalgamrecovery@sacsewer.com](mailto:amalgamrecovery@sacsewer.com).

**More Information & Compliance Forms:** [www.amalgamrecovery.com](http://www.amalgamrecovery.com)

**EPA's Dental Effluent Guidelines:** [www.epa.gov/eg/dental-effluent-guidelines](http://www.epa.gov/eg/dental-effluent-guidelines)

If you are outside Regional San's service area, call your municipal sewage treatment agency.



This message is brought to you by the Sacramento Regional County Sanitation District (Regional San), which owns and operates the regional wastewater conveyance system and the Sacramento Regional Wastewater Treatment Plant, serving residential, industrial, and commercial customers throughout unincorporated Sacramento County; the cities of Citrus Heights, Elk Grove, Folsom, Rancho Cordova, Sacramento, and West Sacramento; and the communities of Courtland and Walnut Grove.

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2 PM & 7:30 PM  
Sac Memorial Auditorium

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SAT, APRIL 7  
8 PM  
Sac Community Center Theater

EUROPEAN MASTERWORKS  
MOZART REQUIEM  
*Lux in Tenebris* | James Whitbourn  
*Agnus Dei-Lux Aeterna* | Morten Lauridsen

SAT, MAY 12  
8 PM  
Sac Community Center Theater

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*Jubilate* | Dan Forrest

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# Fab 40's 5K Walk Celebrates Their 10th Year

*Benefitting Alzheimer's Association of Northern California*



(All photos taken by Paul Scholl)



**SACRAMENTO, CA (MPG)** - On Saturday, July 29, East Lawn hosted its 10th Annual Fab 40's 5k Run/Walk benefitting the Alzheimer's Association of Northern California. A total of \$250,000 in proceeds has been raised over 10 Years.

The Fab 40's 5K Run/Walk will officially started at 8:30 a.m. inside the 112-year-old historic East Lawn Cemetery. This is the official annual City of Sacramento 5k Championship certified course. The course runs through the Fabulous Forties neighborhood with neighbors lining the streets cheering on the runners and walkers before they reach the finish line back at East Lawn.


Over 1,400 excited participants signed up to enter the race. All ages and athletic abilities entered to help end Alzheimer's disease, which is the 6th leading cause of death in the United States and the 5th in California. In celebration of the 10th anniversary of this event, all participants received a commemorative finisher's medal.

The day included family oriented activities like kids bounce house, balloon animals, face painting, photo booth, music, food, awards ceremony, raffle drawings and much more.

The event was hosted by Alan Fisher, President of East Lawn and Michelle Johnson, Regional Director of the Alzheimer's Association.

A special "Thank You" goes out to Sal Arrigo, who started the event and was the catalyst in building the program that has raised all the funds for research. Sal served as the official race starter.

East Lawn Memorial Park is located at 4300 Folsom Boulevard in Sacramento. For more information about the Fab 40's 5k Run/Walk visit: <http://fab40s5k.org/>. ★



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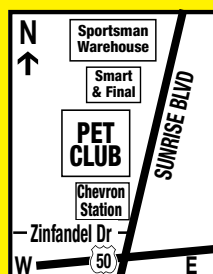
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