



It's about The Cause

Fair Oaks Welcomes
38th Honorary Mayor
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TRAVEL
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with Newest Ship
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AMERICAN RIVER Messenger

"Written by the people, for the people"

Volume 11 • Issue 18

Serving Fair Oaks, Orangevale & Sacramento County

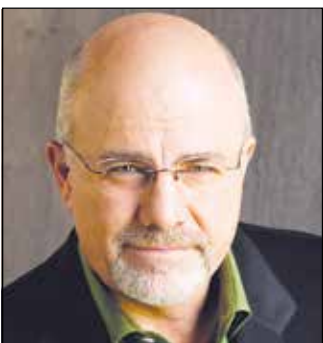
September 16, 2016

FAIR OAKS COMMUNITY UPDATE WITH SUSAN PETERS



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DAVE RAMSEY: WHAT'S THE DEAL WITH DEFERRED COMP?



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POPPOFF!

with Mary Jane Popp



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Ready for Takeoff!



The Show will feature tons of military jet noise and a heart-pounding lineup of performances and entertainment for the whole family. Shown above: USAF Heritage flight demonstration featuring an Air Force F-16 and a vintage WWII P-51 Mustang. At right: Royal Canadian Air Force CF-18 Hornet Demonstration team.

SACRAMENTO, CA (MPG) - The California Capital Airshow (CCA), presented by Sacramento County, in partnership with the City of Rancho Cordova, is ready to paint the town Blue and Gold with the arrival of the world famous U.S. Navy Blue Angels! The Airshow will open its gates the weekend of October 1st and 2nd at Mather Airport with a heart-pounding lineup of performances and entertainment for the whole family. A variety of pre-sale ticket options are available online now at californiacapitalairshow.com/buy-tickets.

To kick-off the fun filled weekend, the Airshow will host a Performer Meet and Greet on Friday, September 30th, with a FREE 'Paint the Town Blue and Gold' block party from 6:30 p.m. to 8:30 p.m. Fans are encouraged to come meet the Blue Angels, hangout with their favorite

Airshow performer and the Kings Dancers, win door prizes, listen to music, take selfies and so much more. The block party will be located in midtown in front of LowBrau at 1050 20th Street in Sacramento between J and K Streets. Tell your friends as this is going to be a party to remember!

In addition to the awe-inspiring Blue Angels performances on Saturday and Sunday - October 1st and 2nd - the skies over Sacramento will be screaming with the likes of the US Army Golden Knights, Royal Canadian Air Force CF-18

Continued on page 2

Detectives Seek Information on 36-Year-Old Double Homicide Cold Case

SACRAMENTO COUNTY, CA (MPG)

- On Saturday, July 26, 1980, a married couple was brutally murdered in their home located in the 8100 block of Donnanwood Way in Orangevale. The victims, John and Christoria Bilkei (66 and 69-years-old respectively), each died as a result of numerous stab wounds. The crime scene indicated there had been a violent physical struggle between the victims and the suspect(s) prior to their murder. Detectives also believe items of personal property were taken from the couple's residence.

On behalf of the children and grandchildren of John and Christoria Bilkei the Sacramento County Sheriff's Department's Cold Case Team is asking for the public's help in solving this decades old case by identifying the suspect(s) who committed this senseless double murder thirty-six years ago.

Anyone with information regarding this cold case is urged to call Sheriff's Homicide detectives at (916) 874-5057, or the Sheriff's 24-hour non-emergency number at (916) 874-5115. Those who have information and wish to remain anonymous may call (916) 874-TIPS (8477). You may also leave an anonymous tip on the Sheriff's website; just go to www.sacsheriff.com and click on "Cold Case" under "Tips and Alerts". Please reference Sacramento County Sheriff's case number #80-54812.

Source: Sacramento County Sheriff

**WE SUPPORT
OUR MILITARY**

Ag Overtime Law Will Hurt Family Farms and Farm Workers

**From the Office
of Senator Nielsen**

SACRAMENTO, CA (MPG)

- Governor Brown signed Assembly Bill 1066 (D-Gonzalez), on September 12th, 2016, a measure that will require farmers to pay overtime after eight hours or 40 hours

per week. Vice Chair of the Senate Budget Committee Senator Jim Nielsen (R-Gerber), a life-long farmer and advocate, issued the following statement: "Last year's agriculture production was down from the previous year*. Farmers continue to suffer from the historic drought

and ongoing burdens of the state's regulations. "It is inarguable that this new mandate will have significant negative impacts on farmers and farm workers.

"Farmers, ranchers and growers cannot afford this mandate. To keep their family farms in operation, they will hire one crew for eight

hours or less; and a second crew for another.

"Farm workers will end up working for one farm in the morning, getting back in their cars to drive to another farm to work the afternoon shift.

"I am disappointed at the insensitivity to this vital industry. And sadly I say,

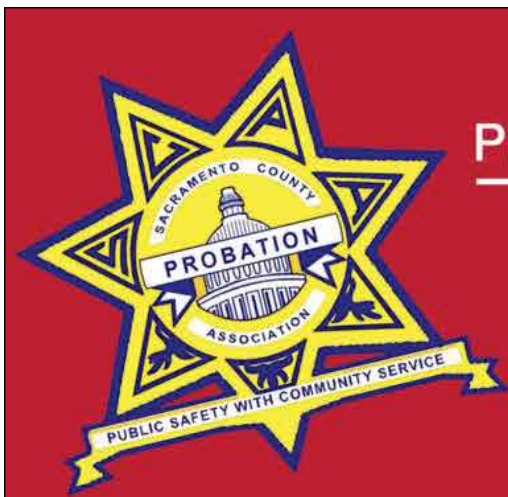
stay tuned for loss in salary for workers and higher prices for consumers."

*This first set of data indicates that production value fell by \$9.5 billion, or nearly 17 percent compared to 2014, to a total of \$47,071,513,000 as stated in an August 30 report by the California Department

of Food and Agriculture.

Senator Nielsen represents the Fourth Senate District, which includes the counties of Butte, Colusa, Glenn, Placer, Sacramento, Sutter, Tehama and Yuba. To contact Senator Jim Nielsen, please call him at 916-651-4004.

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The California Capital Airshow is Ready for Takeoff!

Continued from page 1

Hornet Demo, US Air Force F-16 Viper, 'FIFI', the iconic B-29 Superfortress and more. Fans won't want to miss our nod to honoring the 75th anniversary of Pearl Harbor with an emotional tribute that will showcase the service, sacrifice and heroism demonstrated during the activities throughout the Pacific theater during WWII. This theatrical production will be emotionally narrated and beautifully choreographed to music with thundering pyrotechnics. For a complete list of performers visit californiacapitalairshow.com/lineup/the-performers/.

But the fun certainly doesn't stop here! While entertainment in the sky is endless, it continues on the ground:

- Blast-off at Aerojet Rocketdyne's Space and Aviation LaunchPad or explore, play and learn at one of the other interactive kid's activity zones for fun, hands-on science and engineering activities including flight simulators, robots and more!
- Star in your very own video! Grab your friends and family and race to SMUD's Powering Forward exhibit for a cool photo project to take home your own Action Flipbook.

- Stop by Lasher's Elk Grove Dodge Chrysler Jeep Ram Autograph Tent to meet your favorite Airshow performer and take a photo. You can even command the ramp at the Dodge Ride-n-Drive in a new top-of-the-line Ram Truck!
- Experience the sights, smells and sounds of historic World War II aircraft in Warbird Alley. Get up close and touch the airplanes, talk to the crews, teach the kids and then watch these planes FLY! You can also re-live history by purchasing a ride in the world's most famous flying B-29 Superfortress. A limited number of seats are available each day.

"The whole family can enjoy a weekend filled with thrilling performances while exploring aircraft displays, attractions and interactive exhibits designed to promote science, technology, engineering and mathematics (STEM)," said Darcy Brewer, executive director of the California Capital Airshow. "At CCA we use the power and magic of flight to inspire young people. Our unique environment provides rare opportunities to meet pilots, crew, engineers and cutting-edge innovators who have used their STEM education to literally change the world!"



In addition to the awe-inspiring Blue Angels performances on Saturday and Sunday (shown above) - October 1st and 2nd - the skies over Sacramento will be screaming with the likes of (clockwise below) 'FIFI', the iconic B-29 Superfortress, the US Army Golden Knights and the US Air Force F-16 Viper team.

Bring your sunscreen, hats, and comfortable shoes, because the Airshow is ready for takeoff! Gates open Saturday and Sunday at 9:00 a.m. and close at 5:00 p.m. each day – flying will begin around noon. The much-anticipated show features tons of jet noise, jaw-dropping aerobatics, stomach-churning aerial jumps, and gravity defying routines that will leave you speechless and wanting more!

"The Airshow is a fantastic value for a full day of fun and the memories made will last a lifetime. Once inside the gates, you'll be amazed at the abundance of entertainment on the ground and in the sky!" added Brewer.

Airshow tickets are on sale now at californiacapitalairshow.com/buy-tickets/. Pre-sale discount pricing expires at midnight on September 30th.

The following sponsors and community partners have generously contributed to the 2016 California Capital Airshow: Sacramento County, City of Rancho Cordova, Aerojet

Rocketdyne, Sacramento Jet Center, Lasher Auto Group, Dr. Pepper Snapple Group, Budweiser, Fox 40 and iHeart Media.

Visit the California Capital Airshow website for news and attractions. Want to get the inside scoop on the Airshow? Become an Airshow Insider via the home page on the CCA website. Fans can follow the Airshow on Facebook and Twitter (@calcapairshow) and Instagram (capitalairshow).

Established in 2004, the California Capital Airshow 501(c)(3) is an exciting, family-friendly annual event designed to honor the Sacramento region's rich aviation heritage and veterans while using the power and magic of flight to inspire young people. CCA gives back to the community through scholarships, charitable group donations and exciting educational youth programming throughout the year. For more information, please visit www.californiacapitalairshow.com.

Source: CCA





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**By County Supervisor
Susan Peters**

Through the generosity of the **American River Messenger**, this column serves to provide an update about matters affecting the unincorporated community of Carmichael.

**Community Information
Meetings on Measure B**

Next month's Community Coffee Meeting in Fair Oaks on Wednesday, October 19, will feature an informative presentation about Measure B, the half-cent transportation sales tax proposal that will be on the November ballot which is expected to raise \$3.6 billion over 30 years to repave streets, repair aging roads and bridges, and fund new highway, connector and interchange projects as well as provide funding for Regional Transit.

Sacramento County Department of Transportation Director Mike Penrose and Sacramento Transportation Authority Executive Director

FAIR OAKS COMMUNITY UPDATE

Jeffery Spencer will be the guest speakers. This information meeting will be at 7:30 am at the Fair Oaks Water District, 103266 Fair Oaks Boulevard. Measure B is being sponsored by the Sacramento Transportation Authority and you can learn more by visiting sacta.org.

I also will be holding a similar information meeting in nearby Carmichael on Thursday, October 6 in Carmichael Park Clubhouse as well as another meeting in Arden Arcade on Tuesday, October 25, at the Arden-Dimick Library Community Room. Both meetings will be held 6-7 pm.

**Whiskers & Wine
Sacramento County's**

Bradshaw Animal Shelter's non-profit partner, TEAM (Teaching Everyone Animals Matter), will present the 7th Annual Whiskers & Wine benefit, 5:30-9:00 p.m., Saturday, October 1, at the shelter located at 3839 Bradshaw Road.

This annual fundraiser benefits the shelter, including treatment for special medical needs for animals, medications, medical equipment, activities that improve the comfort of the shelter animals, volunteer activities and more. Tickets are \$75 for VIP and General Admission are \$60 in advance, \$75 at the door.

The event will include a special buffet dinner created by

Broderick Roadhouse, beer and wine tasting, live music, silent and live auction items, and a raffle plus a full dessert bar. Tickets and more information can be obtained online via WhiskersandWineSacramento.org.

**Capital Air Show
Soars Again**

There will be plenty of high flying excitement next month during the weekend of October 1-2 when the California Capital Air Show returns to Mather Airport.

Headlining the performances will be the United States Navy Blue Angels. Also on hand will be an exciting array of jets, world-renowned aerobatic performers, and historic aircraft that will thrill and inspire aviation fans of all ages.

Mather Airport is located in Rancho Cordova off Highway 50. Formerly an Air Force Base, the airport was converted to civilian use and is part of Sacramento County's Airport System.

For more information about tickets and presentations, go online to californiacapitalairshow.com.

Susan Peters represents the Third District on the Sacramento County Board of Supervisors. She can be reached at susan-peters@saccounty.net. ★



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Q&A with Buyers & Sellers

This column is here for you as a resource in sorting out buying and selling property. When you ask a question we answer here so everyone benefits. What don't you know about buying and selling property? Let me help.

It's easy, just email your question to us and we share the answer so everyone can learn from it. Email: ellenherrle@hotmail.com or leave a message at 916-761-2108.

Q: I've been renting for many years with no complaints, so why are all my friends saying it's time to buy now?

Rodger, Carmichael

A: It's good you found happiness as a renter, but what else do you have to show for the money? Renting works for many, but

most should consider it a short-term prospect as your money is building equity for someone else! Buying a home is an investment that will likely return more than you pay in more ways than you can imagine. Advantages include equity but extend to taxes, insurance and more.

Likely most important in the long run is this place is yours! And, to paraphrase the old saw, 'there is no place like home!' Having roots in a community can extend for generations beyond four walls rented by the month.

Recent news suggests now is the time with improving inventory of homes, low interest rates and stories about rising rental costs in the capital city among the most expensive in America. News from [realtor.com](http://www.showcaserealestategroup.com) says Sacramento is also one of the top ten hottest real estate markets, which bodes well for

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Tickets will sell out fast so don't miss your chance to attend the **"Best of Fair Oaks"** event.

This year's event will be held:

Where: North Ridge Country Club, 7600 Madison Ave, Fair Oaks, CA 95628

When: Thursday January 19, 2017 • 5:30 to PM-7:30PM

Cost: Contact the Fair Oaks Chamber of Commerce for details. To purchase tickets for this event please call 916-967-2903 or go to **FairOaksChamber.com**.

Contest Rules

Business must be located in Fair Oaks.

All votes must be received no later than December 31, 2016 at 3:00 pm at the office of Messenger Publishing Group.

Only one vote per category per person. All voting entries must have complete information or the votes will not be counted.

Best of Fair Oaks winners will be presented at this year's "Best of Fair Oaks" event.

**Publisher,
Paul V. Scholl**

American River Messenger is a member of **Messenger Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Editorial5@mpg8.com. Be sure to place in the subject field "Attention to Publisher." If you do not have email access, please call us at (916) 773-1111.

AMERICAN RIVER Messenger

Serving Fair Oaks, Orangevale and Sacramento County since 2006

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Crossword Puzzle on Page 5

A	L	A	R	M	T	E	C		P	U	M	A
M	A	N	I	A	A	N	A		P	A	G	A
P	I	T	O	N	O	D	D		E	C	L	A
	C	I	T	I	E	S	R	A	G	T	I	M
		S	A	D		R	E	A	L			
C	B	S		C	U	B	E		H	E	A	R
R	O	P	E		C	A	S	K		G	R	A
I	R	O	N		T	A	C	I	T		E	T
M	A	R	I	A		L	I	T	E		S	I
E	X	E	D	R	A		N	E	R	D		O
				C	R	U	D		R	A	P	
H	E	I	G	H	T	S		C	A	R	R	I
I	S	S	U	E		H	E	R		T	O	L
S	A	L	A	D		E	R	A		E	M	I
S	U	E	R			R	E	M		R	O	A

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Sudoku Puzzle on Page 5

1	7	6	2	8	5	9	3	4
9	3	2	7	4	6	1	8	5
5	4	8	3	1	9	2	7	6
8	9	1	4	7	3	5	6	2
2	6	3	9	5	8	4	1	7
7	5	4	1	6	2	3	9	8
4	8	9	6	2	1	7	5	3
6	1	7	5	3	4	8	2	9
3	2	5	8	9	7	6	4	1

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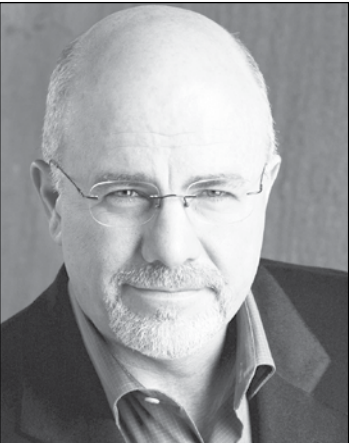
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Private school is busting savings

Dear Dave,

Our three kids are enrolled in a private Christian school. It's a great place, and we truly believe our kids are getting a wonderful, faith-based education, but the tuition is pretty expensive. We've already had to start digging into our savings to make this happen, and the kids are only in elementary school. Should we keep them enrolled, or should we transfer them to public school?

- Maureen

Dear Maureen,

I understand wanting your kids to get the best education possible. Private schools can provide some advantages academically, while a good Christian school might offer spiritual advantages. But the bottom line is this: If you can't cash flow it, you shouldn't do it. All of my kids went to public schools, and they are good,

Dave Says

moral people and strong Christians. In the process, they learned how to interact with people of all faiths, no faith, and how to display their faith and beliefs adequately in their personal lives and in the marketplace.

The truth is, you'll find great things and bad things in any school, private or public, Christian or not. And no matter where your kids go to school, as parents, you still have to teach them about the world — the good and the bad, the right and the wrong. Life can't be lived inside a protective bubble.

—Dave

What's the deal with deferred comp?

Dear Dave,

I work for a fire department in Mississippi, and I've been trying to get information on the state's deferred comp plan. No one here seems to know a lot about it, so I was wondering if I should keep looking for information or is it not worth the bother?

- Brandon

Dear Brandon,

Deferred comp simply means you are electing to defer and receive a portion of your compensation at a later time or date.

People who use these types of plans have a portion of their compensation withheld and directed into an investment of some kind instead, and you aren't taxed on it immediately. It's sort of like a pre-tax investment, but it's not transferrable to an IRA or 401(k).

I would only do deferred compensation after I've done everything else in terms of saving 15 percent of my income for retirement, including a Roth IRA. These are funded by after-tax dollars, but they grow tax-free. But I wouldn't do any of this until after I had paid off all my debt, except for my home, and had an emergency fund of three to six months of expenses in place.

Good question, Brandon!

—Dave

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover*, *EntreLeadership* and *Smart Money Smart Kids*. The *Dave Ramsey Show* is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.



Charisma Code

Charisma. Do we really know what it is? We do know some people have it and let's be honest, others lack the "it" factor. As we inch closer and closer to choosing a President, there's one question we should be asking, "Do Americans pick candidates based on their personality and charisma or their policy and platform?" Non-verbal communication specialist, cultural anthropologist, and author of "The Charisma Code," Robin Sol Lieberman takes a stab at what makes each candidate attractive to supporters and how we all have different codes of appeal within us. You can even assess your own charisma type in life, love and business. Robin breaks them down into charisma colors...Green, Orange, Red, and Blue for the candidates we have been dealing with. We've all seen and heard about experts analyzing body language in court. How does that transfer to the campaign trail? Here are some pertinent characteristics.

HILLARY CLINTON—Green Charisma (Matches Oprah's type) Strong, resourceful, respectful, smooth, sincere,

POPPOFF!

with Mary Jane Popp

cool, heavy, empowering, experienced, self-assured, level, predictable, intellectual, steady, fixed, competent.

DONALD TRUMP—Orange Charisma (Matches Einstein's type) Eccentric, unconventional, flexible, spontaneous, inspired, open, intelligent, skillful, unique, strange, different, odd, wild, unfixed, free, genius, risk-taker, novel, big-thinker, visionary, creative, careless, instinctual.

Need to include a couple of additional politicians who have influence this election like...

BERNIE SANDERS—Red Charisma (Matches Martin Luther King Jr's type) Revolutionary, authentic, radical, responsive, real, courageous, contrary, passionate, fearless, direct, forward, all-in, uncompromising, bold, willful, convinced, firm.

BARACK OBAMA—Blue Charisma (Matches Marilyn Monroe's type) Cool, charming, enchanting, smooth, receptive, attractive, magnetic, reserved, modest, enjoyable, hypnotic, melodic, nurturing, calm, responsive.

In her book, Robin debunks charisma as an elusive quality reserved for only "special people." She sheds light on charisma as an innate power, a force that infuses the most basic communication and gestures with passion and purpose, magnetically attracting people and opportunities. "Charisma is the currency of connection," she told me on POPPOFF. She added, "Charisma inspires engagement, motivates

teams, and elicits commitment. It opens doors, dissolves borders, and makes any culture feel like home. According to Robin, "The people who are the best connectors are often the biggest influences, and those who influence culture change the world.

Robin left her California home when she was only 16 with a mission to travel the world, experience a diversity of cultures, and develop global relationships. Without being able to speak the languages, she started her world-wide journey in Kenya, and went on to Nepal, Sumatra, Sulawesi, Bali, and Nicaragua, among other places. At every stop, she was struck by a powerful force for connecting without words: Charisma. She also believes everyone can tap into this soul force. She breaks down this Charisma code into three components...Confidence, Magnetism, and Connection. As an advisor who works beside representatives of the United Nations, Robin Sol shares how charisma supports the U.N.'s new 17 sustainable development goals which frame global focus over the next 15 years and include: an end to poverty and zero hunger, ensuring responsible consumption and production, as well as decent work and economic growth for all, quality education and gender equality, clean water and sanitation, and widespread improvements in industry, innovation, and infrastructure. It's called "The Charisma Code" Communicating in a language beyond words.



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57	58	59	60					61			62	63	
64						65	66			67			68
69						70				71			
72						73				74			



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Crossword Puzzle Solutions on Page 4

- humiliation
- DOWN
- Band aid
 - Nonclerical
 - Naysayer's favorite prefix
 - Civil unrest, pl.
 - Newbery Medal winner " Magee"
 - New Mexico art colony
 - "Howards _____" (E. M. Forster)
 - Core of personnel
 - Deal with the devil, e.g.
 - Tangerine grapefruit hybrid
 - "Howdy, _____!"
 - Casino chip
 - Long John Silver's appendage
 - Something concluded
 - Pleasurable interjection
 - Officially cancel
 - Reason for punishment (F. Dostoyevsky)
 - Laundry booster
 - Mushroom's reproductive structure
 - Canaanite deity
 - Mars, to the Greeks
 - Fraction, e.g.

- Plural of sputum
- "The Book _____" (M. Zusak)
- "The Famous Five" author _____ Blyton
- "The _____ Runner" (K. Hosseini)
- _____ incognita, a.k.a. unknown land
- Curved like a foot
- Creation of the right side of the brain
- One who darts
- Theater guide
- Movie trailer, e.g.
- Snake's warning
- Biblical twin
- _____ of Man
- _____ gum, food additive
- Pack like sardines
- Pelvic parts
- Corner pieces
- Old-fashioned "before"
- Position

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1			2	8			3
							8
5		8		1			
	9		4		5		2
	6	3	9		8	4	1
7		4			2		9
				2		7	3
	1						
	2			9	7		1

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 4

Upwards Sports Basketball Season Begins Practice Nov. 28th

FAIR OAKS, CA (MPG) - Upwards Sports Basketball, a nationwide youth Recreation League Basketball program, is designed to help young players develop athletically, mentally, socially and spiritually. The program has expanded tremendously in our local area, from 39 players in 2007 to 395 players last season. Why has it grown so much? Upward Sports promotes a positive sports environment where participants learn constructive lessons of teamwork and cooperation, where the emphasis is on the child, not just the game. Life lessons and friendship are encouraged. Because of the program's benefits, many families return each year and encourage others to join, which is a main contributor to the program's growth.

Upwards Sports Basketball is open to both girls and boys, serving youth in Kindergarten through 6th grade. Online registration is available through



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Who Are you Voting For?

what we believe as an American citizen? Lies, arrogant remarks, attacks and conduct not becoming the future president of our country is way beyond an average persons boundaries. What shall we do fellow citizens?

Unless one of the candidates comes to handling themselves in a respectful manner, we have no choice at all than to just stay home and not vote at all for the first time in our lives. And will that be the responsible thing to do? Will the lack of our vote bring America down to a new low and a president that will ultimately destroy America?

We all need to sit down and seriously pray every single day that something miraculous takes place within these two people to have their minds, thoughts and words transformed by Almighty God who truly loves them both. Both of them will be responsible to Him in the end and only God has the power to change and transform the ways both are acting and speaking. Let's all pray for A MIRACLE FROM GOD TO HAPPEN SOON

Marlys Johnsen Norris
Christan Author of 6 books
Marlysjn@gmail.com ★

This is the first time in my 82 years as an American I believe we have absolutely no choice at all in either party. Shall I/we go to the poll and merely cast a vote out of duty?

How can we even make a decision when we sincerely believe neither candidate truly represents



By Pastor Ray Dare

There's no such thing as a problem free life. As soon as I get problem A solved, problem B gets a promotion. Life is a school and problems are the curriculum. Every trial teaches us; every difficulty develops us. Many times when we have problems we think that God is punishing us or that we must be out of God's will because nothing is going right. The Bible teaches that God's will often include a positive use of problems in our lives. (1 Peter 4:12,19)

You are probably going through some problems right now that are really tough. What do you do when a problem is about to pull you under? There are four things you ought to remember. If you don't have a problem now,

Pastor Ray's Encouraging Words

About That Problem

save this, because you'll need this next week, or the week after, or in a month.

God sees everything you're going through. We have a tendency to forget that. We think, "God, I don't think You know that the house payment is due in three days." "God, I don't think You know that it's not easy to get a new job." "God, I don't think You know and understand the frustration I feel right now." He does, He knows and He cares.

Regardless of the cause of your problem, God can use it in your life. I don't know why some things happen. Sometimes we bring them on ourselves. Sometimes we're innocent bystanders. Sometimes it's part of genetic heredity. Sometimes it's part of being in a world full of sin. But regardless of what caused the problem, God can use that for good in your life. (Romans 8:28)

God can change the situation. He can heal an illness. He can turn a relationship around. He can reverse financial distress.

He can do anything. But you wonder why isn't He doing it? That's why you need to remember number four.

God wants to change me first. God sees your problem. He knows what's going on. He could change it in an instant. But God is much more interested in you than He is interested in your problem. God is much more interested in how you respond to life than He is in making it easy for you. He wants to grow you, He wants to develop you, He wants to build your trust and stretch your faith. God is much more interested in your character than He is in making everything cool. So, He wants to change you first. Instead of saying, "Lord, change the situation.... Lord, change so and so" say "Lord, change me!" Once you have been changed, you watch for a miracle. You'll see what God wants to do. *New Beginnings Church YOU'RE INVITED, Sunday service at 10 am "We Do Church Differently"* www.NBC4U.org ★



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It's about The Cause

Fair Oaks Welcomes 38th Honorary Mayor



Doug Proctor, Chamber President, candidate Stephanie Mearse, new Honorary Mayor Rachel Griffith, and Kimberly Pitillo, Chamber Director share their big smiles over the fantastic support for local causes at the Fair Oaks Chamber annual event at North Ridge County Club.

By Elise Spleiss

FAIR OAKS, CA (MPG) - Over 100 Fair Oaks Chamber of Commerce former honorary mayors and members gathered on Sept. 8 at the Northridge Country Club to thank Chamber of Commerce member Karyn BarthMoore for her work during this year as Honorary Mayor of Fair Oaks and to announce the new Honorary Mayor.

The three candidates for the new term, New Honorary Mayor Rachel Griffith, Stephanie Mearse, and Don Troutman began work in the spring.

Griffith and Mearse have spent the last six months engaged in nonstop fundraising and other activities in Fair Oaks with the help of family and friends and others in their community.

Troutman started out in the race but had to quickly bow out due to medical reasons. All three have put their heart and soul into raising money for the Fair Oaks Chamber of Commerce and their charities. Troutman is supporting CASILE a Charity near and dear to his heart through his <http://www.clean-and-sober-living.com/>.

Since Fair Oaks is not

incorporated there can be no elected mayor. In 1979 the Chamber came up with the idea of using this opportunity to raise funds for the needs of their city. Candidates for the honor of becoming Honorary Mayor would each raise funds for a cause close to their heart. To date, including this year, \$360K has been raised, with a myriad of charities receiving much needed financial support since. Causes have included park pathways, park projects, benches in the village, money to charities and local schools, the American River, food banks and more.

The total raised by Griffith was \$8,874. Half the total funds raised go to the Chamber of Commerce with the other half divided between the two charities of choice. Griffith chose the Culinary Department at Bella Vista as her project. She presented a check for \$4,437.32 to Mike Barry, the food instructor at the school. She is a chef with her own business. She went through a lot of ‘blood, sweat and tears’ to reach her goal but she says it is worth it. The culinary department needs a facelift, classes have been held in the home economics room since

1960. She will continue to raise funds after the election. Her efforts included dinner nights, skydiving and other events. Culinary is her ‘baby’ and her daughter will be attending Bella Vista next year.

Stephanie Mearse presented a check for \$2,286.97 to her charity, Mercey Springs Foundation. Mercey Springs bridges the gap between charities, making resources available to women who cannot access the larger charities. They are involved helping children and women in need. She and her friends and family attended 28 events to put on fundraisers for their Mercey.

Karyn BarthMoore was the winner last year and raised the most by any one candidate in the program’s 37 years. Her charity

was the Fair Oaks Foundation for the Leisure & Arts. Their project is the Founder's Monument that is getting ready to be built and will be located in the Fair Oaks Village.

The new Junior Honorary Mayor is Joshua Gumacal. The winner of this honor becomes a young ambassador for the chamber and the community and has a scholarship attached to it. According to Kim Pitillo, executive director of the chamber, “The youth are the future of Fair Oaks and we are always looking for new youth to get involved”.

For more information on activities in Fair Oaks: Fairoakschamber.com
Source: Face Book, Fair Oaks Chamber of Commerce ★



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Wed, September 21 Dinner

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Senior Computer School (50 +)

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the computer in a relaxed,
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Are you a Senior Citizen (50+)? Do you have a Microsoft Windows computer and want to learn how to use it?


Senior Computer School offers computer classes exclusively for Seniors. Core courses include Computer Fundamentals, Word Processing, Internet, and Excel. Each of these classes is six 2 ½ hour sessions, which meet either in the morning or afternoon on MWF or TTH.

The cost for these core courses is \$30 total for all 6 sessions. The cost includes lessons/manuals. Additional one or two 2½ hour session workshops are offered for \$5 per workshop.

Workshop titles include: Digital Cameras, Computer Maintenance, E Bay, Greeting Cards, Downloading, Windows 7, Storage and Backup Files, Flash Drives, etc, and Database.

Senior Computer School is a non-profit organization staffed by volunteer instructors, assistants, and office staff. We train 40-60 students every month with 8 to 16 students in each class. Step by step instructions are conducted with clearly written lessons. There is no need to take notes as the lessons are provided for you to keep after each session. Assistants provide individual help, as needed during each session.

The Senior Computer School learning center is located at the back of the Rio Americano High School campus, 4540 American River Drive, Sacramento, CA 95864. Free parking is available near the levee road, inside the chain linked fenced area. Look for the Senior banner on the Learning Center.



Courses Offered:

(6 2 ½ hr Sessions) Computer Fundamentals I, Word Processing, Internet, Excel, Graphics

Also Workshops: (1 or 2 2½ hr Sessions)

Digital Camera, Computer Maintenance, Greeting Cards, Downloading, Organize and Edit Digital Camera Photographs, I Pads etc.

Workshops \$5 for each session. Everyone is welcome.

For more information on how to become a Senior Computer School volunteer or to enroll for classes, contact the Sacramento Computer School Learning center at (916) 485-9572 or email to student2917@hotmail.com



Travel Notes:

Carnival's new flagship will spend the remainder of her inaugural season cruising the Mediterranean before embarking on a 13-day repositioning voyage to New York on Oct. 21. With the ship's second cruise out of the Big Apple in November, Carnival Vista will arrive at her new home of Miami to offer year-round Caribbean sailings.

TRAVEL

Adventure | Culture | Fun



Carnival Sets Bar with Newest Ship

By David Dickstein

Clearly, the Fun Ship 2.0 upgrades Carnival Cruises has been making fleet-wide since 2011 are just a tease for something bigger and better. That something, the freshly christened, bar-raising Carnival Vista, comes to America in November.

It's indeed bigger; Carnival's first new ship in four years is the largest in the fleet for both passenger capacity (3,954) and tonnage (133,500). As for better, subjective as that descriptor is, the Vista makes a strong case having on one ship all the Fun Ship 2.0 refurbishments being added to the older vessels, ranging from concept bars and upgraded dining options to inventive entertainment offerings, along with industry firsts among the many new features on board.

At Carnival's invitation, I checked out the bright, shiny ship one sail after its maiden voyage. Exploring and observing from bow to stern, starboard to portside, here are observations made during the 10-day Mediterranean cruise:

First Impressions: Disconcerting as it was to walk onto a Carnival ship and not be awestruck by towering glass elevators, the three-story, vortex-shaped DreamScape is a grand replacement of the atrium's signature piece. The HD LED tube changes graphics several times during a cruise, and is just



Carnival has found an innovative way to combine excitement with exercise with its brand-new, no extra cost SkyRide (shown above right). Created by the founder of Rollerblade, it's like riding a bike, only you're pedaling while suspended on a rail above the deck. And the view! Breathtaking vistas are found inside the ship as well on the three-deck-high screen of the first IMAX at sea.

gorgeous. True to its name, the Vista was designed with views in mind; several dining venues have indoor-outdoor seating. Carnival's fun for all ages reputation is bolstered by new offerings for often underserved older teens and the cruise line's first-ever raft and watertubing adventure called Kaleid-O-Slide.

Industry Firsts: Carnival has found an innovative way to combine excitement with exercise

with its brand-new, no extra cost SkyRide. Created by the founder of Rollerblade, it's like riding a bike, only you're pedaling while suspended on a rail above the deck. And the view! Breathtaking vistas are found inside the ship as well on the three-deck-high screen of the first IMAX at sea. The 187-seat IMAX, combined with the intimate Thrill Theater, a separate screen showing exhilarating multi-dimensional,



The upcharging JiJi Asian Kitchen and Bonsai Sushi Bar (shown above) failed to impress due to ill-trained staff and so-so food, what did wow were the premium Fahrenheit 555 steakhouse (grilled double-cut lamb chops were sublime) and Cucina del Capitano that serves up eggplant parmesan, braised short ribs and fried calamari rivaling the best land-based Italian restaurants.

shorter-length movies, makes the Vista the first nautical multiplex. The first brewery on a North American ship also is onboard, offering three craft beers.

From 2.0 to New.0: Besides cool industry firsts, Carnival Vista offers a "greatest hits" of the line's newest features. SportsSquare, already on the Breeze, Magic and Sunshine, is a fresh and colorful take on such shipboard recreational mainstays as basketball, mini-golf, foosball and ping pong. The equally all-ages SkyCourse, also on those other three ships, is an elevated ropes course featuring two levels of challenge. The best of the Fun Ship 2.0 upgrades are all present and accounted for. Branded bars specializing in rum and tequila drinks, and a cocktail "pharmacy" called Alchemy Bar are popular watering holes, and the best burgers on the high seas come off the grill at Guy's Burger Joint, created in partnership with celebrity chef Guy Fieri.

The Food: Nothing on the ship beats those burgers, not even the surf and turf at the steakhouse, but if your heart is set on trying other fare, newer choices include Seafood Shack, serving up New England-style dishes for an upcharge at lunchtime. On the menu until its gone are fish caught on port days in indigenous waters, and you can even have that fish prepared for that night's dinner wherever you decide to dine. Dishes representing the region you just visited are part of nightly "Port of Call" specials in the main dining room,

and not once did the fish or lamb selections disappoint. While the upcharging JiJi Asian Kitchen and Bonsai Sushi Bar failed to impress due to ill-trained staff and so-so food, what did wow were the premium Fahrenheit 555 steakhouse (grilled double-



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cut lamb chops were sublime) and Cucina del Capitano that serves up eggplant parmesan, braised short ribs and fried calamari rivaling the best land-based Italian restaurants.

That's Entertainment: Playlist Productions-branded shows, coming out of Fun Ship 2.0, put an end to cheesy stage shows with dazzling use of LED screens, contemporary choreography and actual music from this decade. Playlist's newest production, the movie-themed "Flick," had a triumphant world premiere

during our sail. Standards from over 25 movies, including "Titanic," of all films, are sung and danced to with a mystical bent in Cirque du Soleil style. The talented cast and a live seven-piece Cuban-inspired band kill with "Amor Cubano," a hot new show featuring a refreshing playlist of Latin and Caribbean numbers. "America Rocks!," the third new show on the Carnival Vista, invigorates well-worn cruise show favorites from the likes of Bruce Springsteen, Kiss and Lynyrd Skynyrd. Even if the songs are tired at least the technical aspects and high-octane energy of the singers and dancers are mind-blowing.

Unique Accommodations: Carnival debuts two nifty "neighborhood" concepts with Vista. Family Harbor on Deck 2 offers staterooms that sleep up to five people and an exclusive lounge stocked with large-screen TVs, games, refreshments and a concierge. Carnival marketing says the new Havana Cabana suites (for guests 12 and older) on Deck 5 will make you feel like you're staying on an island resort. Believe the hype. The sense of going tropical is complements of special décor, a private lanai and exclusive access to the lively indoor-outdoor Havana Bar that serves complementary Cuban-style food during the day along with specialty coffees and cocktails.

Development Areas: For a new ship with the latest systems available, ventilation inside the casino is surprisingly poor. Exacerbating the problem is the inability to walk around the cloud of smoke when heading from the lobby to key food and entertainment venues on Deck 4. I can't recall another megaship that doesn't have an alternative path to circumvent the gaming area. Also, opting against traditional stadium seating in favor of individual chairs, the design of the 1,400-seat Liquid Lounge where the big production shows are staged is problematic. Without stationary chairs, people were configuring rows that essentially created barricades, removed natural aisles and gave some folks no leg room — a potential fire hazard. Also, only the two back rows are tiered and fastened, so line of sight was lousy for all but the very tall and those in the first rows.

Bon Voyage: Carnival's new flagship will spend the remainder of her inaugural season cruising the Mediterranean before embarking on a 13-day repositioning voyage to New York on Oct. 21. With the ship's second cruise out of the Big Apple in November, Carnival Vista will arrive at her new home of Miami to offer year-round Caribbean sailings. For additional information, contact any travel agent, call 1-800-CARNIVAL or visit carnival.com.

Bottom Line: Overbrimming with novel features and others that improve on the familiar, Carnival Vista sets the bar for the company. Casino notwithstanding, the fleet's biggest and brightest is a breath of fresh air, and ranks among the best ships this frequent cruiser has sailed. ★



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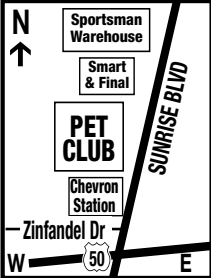
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