

Christmas Care Packages Make the Holiday Bright

Senator Gaines Continues Efforts To Carry Common-Sense Drone Legislation



"Written by the people, for the people"

Volume 10 • Issue 24

Serving Fair Oaks, Orangevale & Sacramento County

December 18, 2015

GOVERNOR BROWN ANNOUNCES APPOINTMENT



Page 2

STAR WARS BATTLEFRONT: GAME PLOTS



Page 8

POPPOFF!



Page 7



Scan our QR Code for a direct link to our online edition!

Lighting Up The Village



Above: A color guard heads the parade that made its way down the boulevard through Fair Oaks Village. At right: The River City Ukulele Orchestra entertains the crowds at Fair Oaks' Christmas in the Village.

Story and photos by Seraphim Winslow

FAIR OAKS, CA (MPG) - Children chase free-range chickens through leaf-strewn streets. The River City Ukes strike up holiday harmonies. People in Santa hats sin chocolate Families gather along the sides of the old-fashioned main street, down which teenagers expectantly look for the first car in the parade to appear. These were some of the scenes at the Fair Oaks Christmas in the Village, sponsored by the Fair Oaks Chamber of Commerce, which took place on Saturday, December 5th.

Though the evening was chilly and the sky overcast, this did not stop the hundreds of bundled-up revelers from enjoying an afternoon and evening of perusing the wares of the arts and craft vendors who set up shop along the village's main street, getting pictures of Santa with the kids, doing crafts at Santa's workshop, or browsing antiques and curios at Fair Oaks' many interesting shops. If attendees got cold, they could warm up with a cup of homemade chili or hot cider, which visitors sipped as they waited for the evening's highlight event: the Christmas parade.

Just when it seemed as if

the remaining twilight would be swallowed up by the dark of night, the parade emcee announced, "I see lights!" All heads turned and all eyes squinted to catch the first glimpse of the head of the parade. The

slow-moving line of classic cars, convertibles carrying local beauty queens, fire engines, trailers pulling wheeled coffee shacks, jazz dancers, dogs illuminated

Continued on page 6

A Holiday **Kick**

Martial Artists Offer A Belt For Socks This Holiday Season

FOLSOM, CA (MPG) - The hard kicking self-defense style of Taekwondo depends on the feet. Keeping feet warm, dry, and healthy is good for everyone, especially hard kicking martial artists, so this holiday the Black Belts at regional Robinson's Taekwondo (RTKD) schools are giving three free lessons for one pair of warm socks to donate to local charity programs in our area. Drop-off socks and step into your first white belt lessons free. RTKD school says: "Go ahead and 'sock it to us!"

RTKD Black Belts will open their doors to show you basic self-defense in three free individual class sessions, one to one. One pair of socks, three free lessons for you!

Socks take a beating when you can't change them often enough and the feet are the foundation of our body. Help those in need stay healthy, warm and dry this holiday season by dropping by one of the participating Robinson's Taekwondo locations near you and make a donation before Dec. 31st. We can schedule your three free lessons at any time in the next three months when you donate and receive our Special VIP Pass. Visit http://www.robinsonstkd.com to find a regional location near your home. Call (888) 249-7853. Now stockings are a holiday icon but can we talk about belts...black belts that is!

Source: Rick Reed

Capitol Pops Concludes 18th Season at Christ the King

Story and photos by Seraphim Winslow

SACRAMENTO REGION, CA (MPG) - Under the baton of Director Kurt Pearsall, the Capitol Pops Concert Band wrapped up its 18th season at an open concert featuring a dozen of the season's most popular tunes. The sanctuary at Christ the King Lutheran Church in Orangevale, where the band performed its last set of the season, was filled with folks in a music-loving holiday mood on Thursday, December 10th at 7 p.m.

The one-hour performance featured three traditional Christmas hymns, "Away in a Manger," "Do You Hear What I Hear," and "Silent Night," as well as some winter songs like "Frosty the Snowman" and "White Christmas." Soloist Susan Skinner was on-hand to wow the crowd with her silky vocal accompaniment to "Have Yourself a Merry Little Christmas."

Founded in 1997, the Capitol Pops Concert Band has performed a rich variety of musical favorites. Thousands of music lovers throughout Northern California have enjoyed this lively and talented group, based in Citrus Heights. They are a self-supporting, not-for-profit musical community consisting of about 65 musicians from a wide cross-section of the Sacramento region.

One of the most creative performances of the evening at Christ the King was Mark Glover's recitation of Clement Clark Moore's famous poem, "'Twas the Night

American River



The bassist and saxophone player of the Capitol Pops Concert Band performed holiday hits at Christ the King Lutheran in

Before Christmas," the words of which the band interspersed with samples of tunes humorously fitting the

1 - Guaranteed Delivery of the American River Messenger

2. Guaranteed Delivery of The Sunday Sacramento Bee 3. And One Free Car Wash from QUICK QUACK Car Wash (\$699) Get a great deal on this subscription for only: See inside for details

gist of each verse. For example, when Glover recited the famous line naming each of the "eight tiny reindeer," the band chimed in with the melody of "Hail, Hail, the Gang's All Here!" Only the savviest name-that-tune fans in the audience could catch every musical reference, and this obviously delighted Pearsall, who led the band with a wink and a nod.

Toward the end of the concert, a truly good time was had by all when the church's pastor, Scott Guemmer, and Susan Skinner led the crowd in rousing sing-along to a Christmas medley, which ended with the pastor and the

Continued on page 3

Christmas Care Packages Make the Holiday Bright



Proud Blue Star Moms pose with their banner during their final CARE package packing party of 2015. The event took place at the Roseville Veterans Memorial Hall. Photo by Henry Sanchez

By Elise Spleiss

SACRAMENTO REGION, CA (MPG)

- It's a family affair and a community affair. The Sacramento Blue Star Moms' tri-annual "packing parties," such as the one held in November that brought together hundreds of packers and other participants from Sacramento and South Placer counties, fill CARE packages with a taste of home for men and women serving in combat overseas.

The 400 Christmas CARE packages prepared at the Roseville Veterans Memorial Hall included essential personal hygiene items along with little added "hugs" like a warm scarf, a good book, and popular

snacks and candies. Each box also included a greeting from the Sacramento Blue Star Moms and a personal message written by grateful men, women, and children here at home.

The day was a family affair. Children and parents waited together in line to fill their boxes, learning about volunteerism and patriotism from being an active part of the event. Area teens from the Del Campo High School Key Club in Fair Oaks worked together as a team. Other participants spent time writing heartfelt letters of thanks to unknown military members.

Members of Sacramento Blue Star Moms were recognized for their service, as were sponsors and supporters in the community

who collaborate throughout the year to aid Sacramento Blue Star Moms in their work. Immediate past and present board members were presented with a flag that flew over Washington D.C. and a letter of appreciation from their respective assembly member. Past First Vice President Heidi Bacon received a resolution from Senator Nielsen's office for her four years of service to Sacramento Blue Star Moms.

Gold Star parents Tom and Patty Shumacher from Granite Bay were honored, along with their son USMC Pfc. Victor Dew. At 20 years old, Dew was killed in Afghanistan in 2010 during Operation Enduring Freedom. The Shumachers are active with the Sacramento Blue Star Moms.

Robert "Cowboy Bob" Rogers, known for supplying military flags for all Sacramento Blue Star Moms events and other military events throughout the region, was presented with a flag flown over Kuwait and a certificate of appreciation.

Blue Star Moms are proud mothers, stepmothers, grandmothers, foster mothers, and female legal guardians living in South Placer county and Sacramento county who have children serving in the military, guard, or reserves or have children who are veterans. Members and friends also volunteer at VA hospitals and help out at other veteran outreach programs including Stand Down, Wounded Warriors, and Homes for our Troops. They also work with veteran organizations such as Veterans of Foreign Wars and the American Legion.

Throughout the year, Blue Star Moms collect items and fundraise to pay for postage to mail the CARE packages. Postage is about \$13.80 for each box.

Packing parties in 2016 are scheduled for Feb. 27th, June 18th, and Nov. 19th at the Roseville Veterans Memorial Hall at 110 Park Drive, Roseville.

The Sacramento Blue Star Moms depend solely on donations to complete their mission. There are no paid positions; participants are all volunteers. You



"Cowboy" Bob Rodgers was given a flag flown over Kuwait and certificate for all he does for Sacramento Blue Star Moms. He puts flags up at every event they have. Photo by Henry Sanchez

can help them support our military by donating items for CARE packages, making a taxdeductible financial donation, attending their events and fundraisers, writing letters to the troops, and participating in CARE package packing parties. Speakers are available to speak to your organization.

To volunteer or donate, contact Tabitha Gomez at (916) 206-6467 or sacramentobsm@ gmail.com.

Source: Sacramento Blue Star

"The Gift: Nativity" **Special Church Event**

Christ the King Lutheran Church in Orangevale for a very special event called "The Gift: Nativity." On December 18th, 19th and 20th at 7, 7:45, and 8:30 p.m., come and join the church as they celebrate the birth of Christ through words, drama, lights, and music. During this free event, there will be holiday treats and arts and crafts

ORANGEVALE, CA (MPG) - Join with lots of free hot chocolate. Christ the King Lutheran Church is located at 5811 Walnut Ave., Orangevale, 95662. For more information about Christ the King Lutheran Church's "The Gift: Nativity," please contact the church at (916) 988-2484 or go online to ChristTheKingOV.

Source: Christ the King Lutheran Church

Governor Brown Announces Appointment



FAIR OAKS, CA (MPG) - Lynn Sadler, 63, of Fair Oaks, has been appointed deputy director of the Division of Boating and Waterways at the California Department of Parks and Recreation. Sadler has been director of the California Public Utilities Commission, Office of Governmental Affairs since

2012. She was assistant public advisor for the California Energy Commission from 2010 to 2012, president and chief executive officer at the Mountain Lion Foundation from 1996 to 2010, and natural resources director at the Planning and Conservation League from 1989 to 1996. Sadler was a legislative consultant for the California State Senate Joint Committee on Science and Technology from 1986 to 1987, assistant director for information and policy coordination at the California Department of Personnel Administration from 1981 to 1982, and a staff member in the Office of Governor Edmund G. Brown Jr. from 1980 to 1981. This position requires Senate confirmation and the compensation is \$122,796. Sadler is a Democrat.

Source: Governor Brown's







Blue Star Mom Betty Brady, Brysom Nussbaum, Grandma Heidi Bacon,



CEREC **TECHNOLOGY** STATE OF

> THE ART TECHNOLOGY **ONE VISIT**

Call The Easterbrook Team

We Make Your Loan Process Easy!

DENTISTRY

Can not be Combined With Any Other Offer.

NEW PATIENTS ONLY

DIGITAL X-RAY for

EACH FAMILY MEMBER

NO INSURANCE₽ JOIN OUR CARE CLUB

5315 Elkhorn Blvd. Sacramento, CA 95842 (In the Safeway Shopping Center) (916) 344-5553 Se Habla Español www.ElkhornFamilyDental.net HOURS: Mon-Thurs 9am-6pm • Friday by Appointment

NEW PATIENTS & EMERGENCIES WELCOME

We Accept Most Insurances



ENDER

© 2015 Sierra Pa 1788 417-0015. I

terms

A tradition of care and hospitality

...from our family to yours



www.ciminocare.com

Assisted Living & Residential Care in San Mateo, Sacramento and surrounding areas.

CIMINO CARE® SERVING THE NEEDS OF SENIORS

Going back to our roots, CiminoCare, in addition to our long standing Assisted Living communities, is now providing In Home Care services, allowing seniors to age in place, and remain at home. These services include assistance in: Meal preparation, transportation, personal grooming, and medication management. For those interested in learning more about these services, please call 916-704-0152.

John Easterbrook (916) 224-7653 NMLS# 226555

Patty Aguon (916) 833-5063 NMLS# 994635

20+ Years of Great

Experience



Knowledge

of an Underwriter Fruitridge Villa

Meal Preparation • Hygiene Assistance Transportation Errands • Light Housekeeping Medication Reminders • And More!

Please Call (916) 704-0152 5490 Enrico Blvd., Sacramento, CA 95820

BloodSource Announces Merger with Blood Centers of the Pacific



The joined organizations now form the largest blood supplier in Northern and Central California.

SACRAMENTO REGION, CA (MPG) -

BloodSource is merging operations with San Francisco-based Blood Centers of the Pacific (BCP) and will be a part of Blood Systems, a Scottsdale-based nonprofit organization. Blood Systems, a leader in transfusion medicine services, operates blood centers that serve more than 700 hospitals in 24 states. The joined organizations now form the largest blood supplier in Northern and Central California. The transaction is targeted to close by year end.

As hospitals form regional, state, and national systems, they often seek one blood service provider. As one organization supported by the national resources of Blood Systems, BloodSource, and BCP are poised to respond to larger hospital system opportunities.

"Our organizations share a common mission and commitment to both donors and patients," said Rob Van Tuyle, BloodSource CEO. "We are extremely excited about our collaboration with BCP and Blood Systems, access to the vast resources of these organizations and how together, we can better serve our community."

"BloodSource is a natural fit for Blood Systems," said Dan Connor, Blood Systems President

Folsom Branch

1710 Prairie City Road, Suite 100

Folsom, CA 95630

916.850.1500

and CEO. "Our organizations have already worked together for a number of years and we look forward to expanding our relationship."

BloodSource was founded in 1948 by the Sierra Sacramento Valley Medical Society (SSVMS). BloodSource is committed to the medical needs of our community and will continue to support the SSVMS

BloodSource and BCP will continue to utilize their respective names and serve their existing communities in Northern and Central California. Van Tuyle will be the executive in charge of the two merged organizations. Current BCP CEO and President Dr. Nora Hirschler will retire in spring 2016 as she has planned.

About BloodSource: Since 1948, BloodSource® has saved countless lives through the generosity of its passionate volunteer donor base. Established as a notfor-profit community blood bank, BloodSource® provides blood and medical expertise to hospitals throughout Northern and Central California, and around the world. Donors can save lives in many ways at BloodSource®, through source plasma, platelets, transfusable plasma or whole blood donations. www.bloodsource.org

HOLIDAY CD RATES

7 Month CD at 0 70 % APY*

18 Month CD at 1.00 % APY**

About Blood Centers of the Pacific: Blood Centers of the Pacific operates Shasta Blood Center in Redding, California. Blood Centers of the Pacific is a nonprofit, community based organization that provides blood components to hospitals, physicians and patients throughout Northern California. Blood Centers of the Pacific also houses the Blood Systems Research Institute which conducts medical research to improve blood safety and patient care. Blood Centers of the Pacific, including the Shasta Blood Center, helps 50,000 patients every year with blood donated by community volunteers. www.bloodcenters.org

About Blood Systems: Blood Systems, one of the nation's oldest and largest non-profit community blood services providers - operates community blood centers serving more than 700 hospitals in 24 states, biological products distribution services, a quality consulting group and a world-renowned transfusion medicine research institute, and is a partner in the operation of highvolume donor testing laboratories. www.bloodsystems.org

Source: BloodSource and Blood Centers of the Pacific ★

Fair Oaks Branch

10123 Fair Oaks Boulevard

Fair Oaks, CA 95628

916.293.4910

Capitol Pops Concludes 18th Season at Christ the King

Continued from page 1

vocalist dancing in the aisle. When eight o'clock rolled around, no one wanted the fun to end, so the band responded with a welcome encore.

Concert-goers were encouraged to donate new or gently used coats as part of a national clothing drive called One Warm Coat. This

San Francisco-based organization provides warm clothes to the needy throughout Northern California. It has been organizing coat drives since 1992, donating more than 4 million of them since then and supporting 3,000 coats drives each year.



Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens

We offer free training, fingerprinting, CPR/ 1st aid, 24 hr support, monthly reimbursement





"Caring for the Least"

Union Gospel Mission Sacramento

For more than 50 years, Union Gospel Mission has been serving Sacramento's homeless with shelter, meals, clothing, a rehabilitation program and a life-changing Gospel message. Founded in 1962 by concerned Christians for men in need, the Mission also serves women and children. The Mission is an amazing testament to the good that comes with committed volunteers, inspired leadership and the community's support.

50+ Years of Service We accept donations, clothing and goods, 7 Days a week... and prayers always!



(916) 447-3268

400 Bannon Street • Sacramento, CA 95811 Exec. Director, Pastor Tim Lane • P.O. Box 1108, Sacramento, CA 95812 Tune in our Radio Program: KFIA 710 AM, Sun & Mon 3 PM listen online & visit us at: www.ugmsac.com Facebook.com/UGMSAC

Look for Advertised Sale Items Everyweek at www.petclubstores.com

PET CLUB is Excited to Offer: Blue Buffalo, California Natural, Chicken Soup, Earth Born, Evo, Innova, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin Pet Foods



EVERYDAY LOW PRICES
uper Discount Prices' Hot Specials & Coupe

2344 Sunrise Blvd. Rancho Cordova, CA 916-635-5008 We Only Accept ATM, Cash, & Checks M-F 9-8, SAT 9-7, SUN 10-7 Effective 12/16/15 - 12/22/15

Any Purchase of \$7.00 or MORE OF PET OR FISH SUPPLIES

Sm. Size #00201 or #000A1 with any purchase of pet, fish food or supply. Limit 1 99¢ Value PLU 338 ARM Limit: 1 Coupon Per Family

Effective 12/16/15 - 12/22/15

Cannot be used in conjunction with similar dollar or percentage off coupons & advertised sale items. Limit 1 PLU 331 ARM Limit: 1 Coupon Per Family

Effective 12/16/15 - 12/22/15

IAMS DRY CAT FOOD

•Original •Weight Control

TASTE OF THE WILD GRAIN FREE **DRY DOG FOOD** •Wetlands •Sierra Mountains 30 Lb Bag

Effective 12/16/15 - 12/22/15

9 LIVES CANNED CAT FOOD

All Varieties Limit 1 Case

Original Choice 16 lb Bag Limit 2 Bags Per Family

Weight Control 100% Grain Free

11-12 Lb Bag Limit 2 Bags

RED BARN

Selected Varieties - 3 Oz

Limit 4 Cans with Coupon

Limit One Coupon Per Family Price Valid Only With Coupon

Effective 12/16/15 - 12/22/15

NATURALS DOG TREATS

Treats •Soft Toys All Varieties OUR SUPER LOW PRICE

BONUS COUPON

FANCY FEAST

ELEGANT MEDLEY CANNED CAT FOOD

Effective 12/16/15 - 12/22/15

IAMS DRY DOG FOOD 26 - 30 Lb Bag Only • Lamb Meal & Rice • Weight Control •Mini-Chunk •Lrg Breed Adult

Effective 12/16/15 - 12/22/15

FANCY FEAST GOURMET CANNED CAT FOOD All Varieties 3 Oz Limit 2 Cases

Effective 12/16/15 - 12/22/15

DIAMOND NATURALS **DRY DOG FOOD** 40 Lb Bag

•Chicken •Lamb •Beef •Chicken •Lamp •Deci •Senior 35 Lb •Light 30Lb \$2999 •Large Breed

•Ex-Athlete Effective 12/16/15 - 12/22/15

> **PURINA CAT CHOW** DRY CAT FOOD •Regular •Indoor 16 Lb Bag

Effective 12/16/15 - 12/22/15

•Hairball •Indoor/Weight/Hairball 16 - 17 Lb Bag 🝃 Limit 2 Bags Effective 12/16/15 - 12/22/15

SCOOPAWAY **CLUMPING CAT LITTER**

(Fresh Step Scoop, 20 Lb Box - \$6.99) Limit 2 Boxes

Effective 12/16/15 - 12/22/15

PURINA PRO-PLAN CANNED FOOD SALE • Dog Food Dog Food Grain Free \$1.29 13 Oz **PEDIGREE**

•Adult •Large Breed Adult (36 Lb \$21.99) 46 Lb Bag Limit 2 Bags Per Family

MEOW MIX

DRY CAT FOOD WILDERNESS DRY CAT FOOD, AS MARKED \$5 OFF in store

OUR REGULAR LOW PRICE

WELLNESS **CANNED DOG FOOD** Natural 12.5 Oz Can, Limit 2 Cases Full Case (Reg.Price - Reg. \$2.39 Stew \$2.49 Core \$2.49) **PRECIOUS CAT**

CLUMPING CAT LITTER 18 Lb Bag \$599 Limit 2 Bags Per Family

JONNY CAT PREMIUM CAT LITTER **CAT'S PRIDE**

MEOW MIX CAT FOOD Market Select 2.75 Oz Cup Limit 1 Case FRESH & LIGHT PREMIUM CLUMPING CAT LITTER

NUTRO ULTRA DRY DOG FOOD "Nature's Very Best •Adult •Large Breed Adult 30 lb Bag (Small Breed Adut Ultra 15 lb \$25.99)

WORLD'S BEST

MERRICK'S PURRFECT BISTRO

NATURAL CANNED CAT FOOD

Original

MARINELAND POWER FILTER SALE MODEL PET CLUB SALE

CASUAL PET BEDDING PRODUCTS PENGUIN 100B Loungers Orthopedic Beds Cat Beds 20% OFF OUR SUPER LOW PRICES PILLOW BED (Small) - \$18.99 PENGUIN 200B ORTHOPEDIC MAT 30"x 40" - \$23.99 PILLOW BED (Large) - \$23.99 CHRISTMAS

Chewy Texture Easy to Digest
Teenies 22 Ct Petite 10 ct
Regular 6 ct Large 4ct

6 oz Pkg. Limit 2 Pkgs with Coupon
Limit One Coupon Per Family

Price Valid Only With Coupon. Effective 12/16/15 - 12/22/15 PLU 355

15 Lb Jug Limit 2 Jugs

10 lb Bag

 *Bully Treats *Filler Bones
 *Bully Nuggets All Varieties
 except Mammoth Bone \$6,99 OUR SUPER LOW PR •Spot •Votoy •Kong All Varieties OUR SUPER LOW PRICE KONG PRODUCTS 20% **MULTI-PET** •Classic •Dental •Air Dog •Chews •Wubba •Stuffin SOFT DOG TOYS OFF

HOLIDAY ITEMS

TETRA BOXED 10 GALLON TANK With Economy Kit

5.5 Oz Grain Free

Just add Heater For Tropical Fish

20 Gal.

50 Gal

Per Family KORDON WATER CONDITIONERS O.S.I. PREMIUM FISH FOOD

ALL VARIETIES Amquel Plus 16 Oz \$5.99 Novaqua Plus 16 Oz. BONUS COUPON

BONUS COUPON **GREENIES** DOG TREATS

ARM & HAMMER **CAT LITTER DEODORIZER**

20 Oz Box Limit 2 Boxes with Coupon Limit One Coupon Per Family Price Valid Only With Coupor

Effective 12/16/15 - 12/22/15

530.676.3400 www.sierravistabank.com

Cameron Park Branch

3311 Coach Lane, Suite A

Cameron Park, CA 95682

*The Annual Percentage Yield is accurate as of 12/4/15 and may change at anytime without prior notice. The APY applies to a Certificate of Deposit (CD) with a 7 month term. The minimum balance to obtain the stated APY is \$1,000. A penalty may be imposed for early withdrawal.

**The Annual Percentage Yield is accurate as of 12/4/15 and may change at anytime without prior notice. The APY applies to a Certificate of Deposit (CD) with a 18 month term. The minimum balance to obtain the stated APY is \$1,000. A penalty may be imposed for early withdrawal.

***The Annual Percentage Yield is accurate as of 12/4/15 and may change at anytime without prior notice. The APY applies to a Liquid Certificate of Deposit (Liquid CD) with a 12 month term. The minimum balance to obtain the stated APY is \$10,000. Additional deposits in amounts of \$500 or greater may be allowed until 7 days before maturity date. Withdrawals of principal before maturity may be allowed, in amounts of \$500 or greater without penalty after the first six days of deposit (or after the first six days following any partial withdrawal) as long as the minimum balance of \$10,000 is maintained. A penalty may be imposed for early withdrawal if the minimum balance is not maintained.

MEMBER FDIC • EQUAL HOUSING LENDER 1

"Splash Brothers" Promote **Water Conservation**

CSN Bay Area, the Golden State Warriors, and Save Our Water Team Up to Raise Awareness During California's Historic Drought

(MPG) - CSN Bay Area (@ CSNAuthentic), the exclusive television home for Golden State Warriors games in Northern California, has partnered with the team and Save Our Water (@saveourwater), California's official statewide conservation program, to produce a public service announcement featuring the "Splash Brothers"—reigning NBA MVP Stephen Curry and All-Star guard Klay Thompson of the NBA Champion Warriors.

As California prepares for a fifth year of drought, Governor Edmund G. Brown Jr. recently issued an executive order that calls for additional actions to build on the state's ongoing response to record dry conditions, including an extension of a mandatory statewide 25 percent water use reduction if drought conditions persist in January 2016. Even as California moves into what is likely to be a wet winter, Save Our Water is urging Californians move beyond shortterm water saving solutions and make permanent changes to

"Splash Brothers" Stephen Curry & Klay Thompson PSA: http://www.csnbayarea.com/ warriors/splash-brothers-psasave-our-water.

"We know California is in a serious drought and our hope with this PSA is to help raise awareness to encourage more Californians to conserve water," said Thompson. "As a community we all need to do our part to help the cause."

Regarded as one of the best shooting backcourt duos in the NBA, Curry and Thompson got the nickname "Splash Brothers" for their ability to shoot the basketball and "splash" the net from long-range, particularly from

SACRAMENTO REGION, CA During the 2014-15 championship season, Curry broke his own NBA record for the most three-pointers in one season with 286, Thompson finished second in the league with 239, and the "Splash Brothers" became the league's most prolific three-point duo with a record 525 threes.

"We appreciate the support of Stephen Curry, Klay Thompson, and the NBA champion Warriors and thank them for their efforts to raise awareness of the Golden State's unprecedented drought and to encourage Californians to conserve water," said Ted Griggs, president and general manager of CSN Bay Area and CSN California.

We are thrilled the Splash Brothers have joined the growing chorus of Californians spreading the word of the need to save water, even during a wet winter," said Jennifer Persike, deputy executive director of External Affairs and Member Services of the Association of California Water Agencies. "Save Our Water thanks the Golden State Warriors and Comcast SportsNet for their contribution in raising awareness that in this drought regular conservation isn't enough—we must take extraordinary measures to save water."

Save Our Water's website is available in both English and Spanish and is filled with tips, tools, and inspiration to help every Californian find new and creative ways to conserve. From tips on how to keep trees healthy during the drought to an interactive section allowing users to visually explore how they can save water both inside and outside the home, Save Our Water can help everyone easily conserve at home and at work, every day. Save Our Water conbeyond the three-point line. nects with Californians on its

Facebook page, Twitter and Instagram accounts.

About Save Our Water: Governor Edmund G. Brown Jr. has directed the first-ever statewide mandatory water reductions in California, calling on all Californians to reduce their water use by 25 percent and prevent water waste. Save Our Water is a partnership between the Association of California Water Agencies and the California Department of Water Resources.

About CSN Bay Area: CSN Bay Area and CSN California, both part of NBC Sports Regional Networks, serve more than four million households in Northern California, Nevada, Southern Oregon and Hawaii. CSN Bay Area, the television home of MLB's San Francisco Giants, NBA's Golden State Warriors, and the official regional sports network of the San Francisco 49ers, also features a robust lineup of Emmy Award-winning news, analysis and original programming. CSN California offers live coverage of MLB's Oakland Athletics, NBA's Sacramento Kings, NHL's San Jose Sharks, MLS's San Jose Earthquakes and is the official regional sports network of the Oakland Raiders. Collectively, these networks deliver more than 600 live sporting events per year, over 1,500 live studio shows, including SportsNet Central, SportsTalk Live, Pregame Live, Postgame Live, Press Conference Live, as well as compelling digital content, up-to-the-minute scores, highlights and breaking news via www.CSNBayArea.com and www.CSNCalifornia.com. Follow both networks on Twitter via @CSNAuthentic.

Source: DWR Public Affairs

Senator Gaines Continues Efforts to Carry Common-Sense Drone Legislation

SACRAMENTO REGION, CA (MPG) Senator Ted Gaines (R-El Dorado) announced plans to introduce a package of six urgently needed and important bills that will protect citizens, property, and emergency responders from drone interference.

"Privacy and public safety issues, including today's heightened threat of terrorism, are among the most important policy issues facing Californians," said Senator Gaines. "We must protect the public's right to privacy and more importantly, their safety, from inappropriate drone use. I attempted to address this new reality with several drone-related bills last session and I vow to continue tackling this problem that impacts the lives of all Californians."

Last session, Senator Gaines introduced a series of drone bills that received unanimous, bi-partisan support from the legislature; however, they were vetoed by Governor Brown. Senator Gaines will be reintroducing those bills as



Senator Ted Gaines (R-El Dorado) announced plans to introduce a package of six urgently needed and important bills that will protect citizens, property, and emergency responders from drone interference. Photo courtesy of Wikimedia part of his drone-related legislative package, in addition to several oth-

ers, including the following:

- Drones over Emergency Zones— Increases the fines for drone interference with firefighting and emergency response activities.
- Drones and Immunity for Emergency Responders—Grants civil immunity to any emergency responder who damages a drone in the course of firefighting, air ambulance, or search-and-rescue operations.

- Drones over Schools-Bans drones from flying over public schools grades K-12, while school is in session.
- Drones over Prisons—Prohibits drones from flying over prisons and delivering contraband.
- Drones over Critical Infrastructure—Restricts drones from flying over critical infrastructure.
- Drone Stalking—Disallows an individual from using drones to violate a restraining order.

"The problem of drone interference will likely be far worse this coming year because one million new drones are expected to be given as holiday gifts," said Senator Gaines. "Drone operators need to understand all air safety laws and use common sense. But if they ignore the law and expose everyone to direct and unnecessary risk, they should be punished. My package of bills will do just that."

Source: Senator Ted Gaines

Coalition and Legislators Partner for Funding of Disability Services

SACRAMENTO REGION, CA (MPG)

- Families, healthcare providers, and supporters marched to the State Capitol recently to highlight the lack of state funding for California's most vulnerable and voiceless population, those with developmental disabilities.

"Increased access to care should be a budget priority," said Senator Jim Nielsen (R-Gerber). "Nearly 50 years ago, the state made a promise through the Lanterman Act that children and adults with developmental disabilities would be cared for. This promise should be kept."

In July, Governor Brown called for a Special Session of the Legislature to address health care. In response, Senator Nielsen along with Senator Jeff Stone (R-Murrieta), introduced a legislative proposal to help the developmental services community achieve additional funding.

Specifically, their measure, Senate Bill X2-4, would provide the Department of Developmental

CLUES

1. Appear like a chick

6. Unit of electrical resistance

13. Convex molding 14. Honey maker

18. English county 19. *Students' winter

21. *Apres-ski site 23. Goose egg

25. Olden-day aerosol can

28. Post WWII military

30. Lorraine's neighbor 35. Word of mouth

40. Orange traffic controller 41. Parting words 43. Bookie's quote 44. Like draft beer 46. Apiece 47. 7 days

a high note

37. Drug smuggler 39. "____

48. Made amends

50. Clarified butter

53. Justice's garb 55. A late time of life

64. ____ profundo

cuckoo

extended 68. Furiously angry

52. Like martini or humor

57. *He stole Christmas 60. *Frosty, e.g.

65. Tropical American

69. Container for liquids 70. Island off Manhattan

71. "Lights out" signal

73. *Toboggans

line, 1980s-90s

6. Be obedient

7. "For ____ a jolly..."

10. Brezhnev's country

20. Remember this battle site!

25. *Popular hot winter beverage

26. Can be hot or cold, according to

8. Subway in Paris

9. Japanese soup

11. Track event

22. Baseball stat

meteorologists

24. Autumn attraction

12. Half dozen

15. Get cozy

DOWN

1. The

*Some delivery

restrictions

may apply.

72. Weary traveler's destination

2. Shakespeare's hometown river

, as in breath

3. A meal order for takeout

4. Pierrot or Harlequin, e.g.

, Washington's offensive

67. Index and middle fingers

15 Jananese-American

la vie!"

ACROSS

Souls" 17. "C'_

delight?

24. *Snow

propellant

alliance

Services with the means to fund targeted rate increases for regional centers and providers through any General Fund surplus revenues. It would also pay the same for Medi-Cal providers through funding from the Department of Health Care Services with these increases being made retroactive to July 1, 2015.

The Legislature denied a public hearing for SBX2-4, preventing it from being debated. This roadblock deprived funding for the developmental services community.

Providers have endured a decade of rate cuts and freezes.

The state is projected to receive an additional \$3.6 billion in unanticipated tax revenue according to the non-partisan Legislative

Senator Nielsen and his colleagues continue their push in support of funding for the developmental disability community.

"State revenues are strong. Helping Californians with developmental disabilities must be the first item discussed in this year's budget before anything else," said Senate Republican Leader Jean Fuller (R-Bakersfield).

Michael Ziegler, PRIDE Industries President/CEO said, "We appreciate the leadership of Senators Nielsen and Stone in championing critical funding for services supporting individuals with intellectual and development disabilities.

"We support any initiative that can restore and ensure communitybased programs that serve our most vulnerable citizens.'

Senator Jim Nielsen represents the Fourth Senate District, which includes the counties of Butte, Colusa, Glenn, Placer, Sacramento, Sutter, Tehama and Yuba. To contact Senator Nielsen, please call him at 916-651-4004, or via email at senator.nielsen@senate.ca.gov.

Source: Office of Senator Jim



YES! START MY SUBSCRIPTION NOW! NAME PHONE (_____)_____ EMAIL _ (OPTIONAL) * To opt-out of delivery of the Sacramento Bee, simply check this box MAIL YOUR PAYMENT TO: ARM MESSENGER PUBLISHING GROUP

As a valued American River Messenger subscriber, you receive the Sunday Sacramento Bee as part of your subscription. BOTH NEWSPAPERS FOR ONLY \$28 FOR 1 YEAR!

7144 FAIR OAKS BOULEVARD, SUITE 5

CARMICHAEL, CA 95608

Offer available to new and current subscribers. To take advantage of this unique opportunity please call (916) 773-1111.

STATEPOINT CROSSWORD • WINTER FUN

CROSSWORD 16. Russian author of "Dead

Want The **Best** Deal On TV & Internet?

Call Now and Ask How! 1-800-318-5121

ADD HIGH-SPEED INTERNET dish ₄∧

27. Ann Patchett's novel "Bel 29. *Donut-shaped sled

31. *Chionophobia is fear or dislike of this 32. Supplemented 33. Computer programmer

34. Glorify 36. With little fat

38. Make a sketch

42. "Two and a Half Men" star 45. Popular anise-flavored liqueur

49. *He's busy during cold and flu

season

51. Runs off

54. Indian vegetable fritter

56. Inhabit

57. Greek personification of Earth

58. Invitation request 59. a.k.a. The Islamic State

60. *Capricorn or Aquarius 61. Tom, not Tabby

62. Battery fluid 63. Famed loch

64. Club alternative

66. Mother Teresa, e.g.

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 5

Adoption

PREGNANT? CONSIDERING ADOPTION? Call us first. Living expenses, housing, medical, and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 1-877-879-4709 (Cal-SCAN)

Announcements

Hot Flashes? Women 40-65 with frequent hot flashes, may qualify for the REPLENISH Trial free medical research study post-menopausal women Call 855-781-1851 (Cal-SCAN)

DID YOU KNOW 7 IN 10 Americans or 158 million U.S. Adults read content from newspaper media each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6019 or email elizabeth@cnpa.com

Antiques/Collectibles

Old Railroad Items Wanted: lanterns, locks, china, paper, etc. Call (916) 663-2463 (MPG 12-31-15)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 12-31-15)

I buy old Porsche's 911, 356 1948-1973 only. Any condition. Top \$\$ paid. Finders Fee. Call 707-965-9546 or email porscheclassics@yahoo.com (Cal-SCAN)

Wrist Watches, Pocket Watches **Costume Jewelry** Cash Paid and will pick up Call (916) 991-7850

Autos Wanted

or (916) 607-7890

CASH FOR



We Buy Any Car, Truck or Van, Running or Not. Sacramento

Auto Transport 916.612.2998 DONATE YOUR CAR, TRUCK

OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Deductible, Free Towing, All Paperwork Taken Care Of. 800-731-5042. (Cal-SCAN)

Donate Your Car to Veterans Today! Help and Support our Veterans in need, Fast - FREE pick up. 100% tax deductible. Call 1-888-830-6173. (Cal-SCAN)

Got an older car, boat or RV? Do the humane thing. Donate it to the Humane Society. Call 1- 800-743-1482 (Cal-SCAN)

Cable/Satellite TV

Dish Network - Get MORE for LESS! Starting \$19.99/ month (for 12 months.) PLUS Bundle & SAVE (Fast Internet 1-800-357-0810. (Cal-SCAN)

DIRECTV Starting at \$19.99/ mo. FREE Installation. FREE 3 months of HBO SHOWTIM E CINEMAX, STARZ. FREE E CINEWAA, STARZ. FREE HD/DVR Upgrade! 2015 NFL Sunday Ticket Included (Selec t Packages) New Customers Only. CALL 1-800 385-9017

Cemetery / Funeral

Crypt 40, Tier 4 Carmol East, \$9,000, East Lawn Fab 40 Memorial Park, quite location, beautiful marble, low price, Sacramento, CA. Please contact between 8am-

5pm (916) 410-0862 (MPG 11-20-15) Niche, glass front, Sierra Hills - East Lawn on Greenback Lane \$2,600 (916) 944-1548.

Child Care

Child care and Pre-school, with a lot of TLC. Kinderreadiness, structure learning, activities, andtrins. Please call Ms. Linda (916) 879-3519 (MPG 12-25-15)

Computer Service

VERNON'S COMPUTER SERVICE

Any Computer - Any Service 24hrs/7days-Low Prices! 916-339-3738 (MPG 12-31-15)

Electrical Services

RETIRED MASTER ELECTRICIAN, problem solver! 30 yrs experience, senior discounts, Save big - don't replace panel - rebuild it. Lic.# 513168, 916-595-3052 (MPG 12-31-15)

Financial Services

SOCIAL SECURITY DISABILITY BENEFITS. Unable to work? Denied benefits? We Can Helpl WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-966-1904 to start your application today! (Cal-SCAN)

Reduce Your Past Tax Bill by as much as 75 Percent. Stop Levies, Liens and Wage Gamishments. Call The Tax DR Now to see if you Qualify. 1-800-498-1067 (Cal-SCAN)

Sell your structured settlemen or annuity payments for CASH NOW. You don't have to wait for your future payments any longer Call 1-800-673-5926 (Cal-SCAN) FIREWOOD SEASONED/SPLIT

P/CORD-Walnut: \$215; Euc \$250; Oak: \$295. 1/2 Cords avail. Delivery Rates: \$25-\$65 Call Lori 916-704-1709

Health & Medical

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain relieving brace -little or NO cost to you. Medicare Patients Call Health Hotline Now! 1- 800-796-5091 (Cal-SCAN)

Stop OVERPAYING for your prescriptions! Save up to 93%! Call our licensed Canadian and International pharmacy service to compare prices and get \$15.00 off your first prescription and FREE Shipping. 1-800-273-0209 (Cal-SCAN)

Help Animals

SPCA Thrift Shop Helpless animals need your donations. The Real Non-Profit. Will pick up. Call 916-442-8118. 1517 E Street for donations-10-4pm

Help Wanted

Housekeeper in Watt and Marconi area needed for 4-5 hrs per week. Please call JJ at 916 481-5558. (MPG 12-11-15)

ATTN: Drivers - \$2K Sign-On **Bonus!** Love Your Truck, Love Your Job! 401K + Great Benefits. Avg \$1100 Weekly. CDL-A Req - (877) 258-8782 www. drive4melton.com (Cal-SCAN)

Help Wanted / Drivers Drivers: Local, Home

Nightly! Sacramento Flatbed Openings. Great Pay, Benefits! CDL-A, 1yr Exp. Req. Estenson Logistics www.goelc.com 1-855-561-7645

Insurance/Health

Lowest Prices on Health & Dental Insurance. We have the best rates from top companies! Call Now! 888-989-4807.

Landscaping

CREATE YOUR **PARADISE**



Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System

Installs/Repairs, All Types Concrete Work, Fence Installation. **Retaining Walls-**All Types, Drainage

Systems-all types, Landscape Lighting, Residential/commercial

American Landscape Design & Installation, Est 1987 American Construction & Property **Maintenance Company** WE ACCEPT VISA & MASTER CARD

Medical Supplies / Equipment

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can fatal. Approved by Arthritis Foundation, Therapeutic Jets, Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN) CPAP/BIPAP supplies at little

or no cost from Allied Medical y Network! Fresh sup-delivered right to your Insurance may cover all . 800-421-4309. (Cal-SCAN) Life Alert. 24/7. One press of a

button sends help FAST! Medical Fire, Burglar. Even if you can't reach a phone! FREE Brochure. CALL 800-714-1609. (Cal-SCAN)

Moving Services

STEADY MOVES You rent the truck... we will

make sure it is loaded/ unloaded PROFESSIONALLY! (Lic#322945) Email msmith 2661@comcast.net

Music Lessons

Guitar Lessons – Beginner to Advanced. \$10/half hour. \$15/hour. freddiebbalbert1@yahoo.com. (MPG 12-31-15)

Personals

MEET SINGLES RIGHT NOW! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try Call now 1-800-945-3392. (Cal-SCAN)

Find the love you deserve! Discover the path to happiness. New members re-ceive a FREE 3-minute love reading! Entertainment pur-

Pets/Animals

DOG RESCUE Gary (916) 334-2841

Please Adopt or Foster Because so many really great dogs are dying for a good home.

ShelterMOU @hotmail.com

Pet Sitting

Professional, Loving PET CARE

Established Reputation Kennel Free Environment Lots of TLC

Call Madeline (916) 723-1608

Plumbing

FRANK'S PLUMBING SEWER & DRAIN \$8900 CLEANING

LOW COST **REPAIRS & INSTALLS** *Faucets *Disposals *Toilets *Water Heaters

'FREE ESTIMATES" SENIOR DISCOUNTS 916-988-1525

Sprinkler Repair Water Conservation Tech. 30 year Journeyman Plumber Sprinkler repairs valves/ Sprinkler clocks-Drip Systems-Plumbing

Email: water.conservation916@ yahoo.com Call Mike (904) 515-8715

(MPG 11-27-15)

Tractor Work

TALL WEEDS, blackberrys cut. dirt moving, discing, trenching, rototill, bobcat backhoe. Dave #571637 916-988-3283

Want to Buy

CASH PAID ON THE SPOT FOR YOUR EXTRA DIABETIC TEST STRIPS UP TO \$30 PER BOX! We buy One Touch and most brands. For FAST LOCAL PICKcall Rache



CASH FOR DIABETIC TEST STRIPS! Up to \$35/Box! Sealed & Unexpired. Payment Made SAME DAY. Highest Prices Paid!! Call Juley Today! 800-413-3479. www.CashForYourTestStrips (Cal-SCAN)

FRANCHISE OPPORTUNITIES



Commercial Cleaning Own vour own business

- · Leave your day time job · Work a few hours at night
- · Local support, training, and financing Guaranteed accounts
- Attain \$1k \$25k in monthly revenue As low as \$1000 down
- Hanked top 100 fastest growing franchises in America

- Entrepreneur Magazine Anago

of Sacramento 916.782.3300 www.ANAGOSAC.COM

Wanted to Buy

Wrist Watches, Pocket Watches, Costume Jewelry Cash Paid and will

pick up Call (916) 991-7850 or (916) 607-7890

Work Wanted

Caregiver/Companion, live-in or hourly. Lots of experience, please call 916-612-8029 (12-18-15)

I do pruning, weeding and planting, interior painting, garage and house cleaning. And de-cluttering and organizing. I transport to medical, other appointments, shopping etc. and Security background. References. College grad. Tim 916-334-8903, 503-460-7149. (MPG 12-31-15)

Yoga

Making Your

Your Fitness Come True! **Genie** 15 Years of Experience

· Weight Loss · Injury Recovery Senior Fitness • Yoga • Pilates Safe, Effective, Functional Be Active, Call Today!

(916)768-8767 Classified Advertising

Sell Your Stuff! Reach 1000's of Readers

> Every Week!

CALL

773-1111

LEGAL ADS FOR SACRAMENTO COUNTY? We Can

Call 483-2299

Do That!

M|SН Α С Н O Н M U M 0 0 0 В Ε Ε Ν S Ε G 0 G 0 Ε S Τ Ε S S Ε Χ S R S 0 Ν 0 W Α Ε R D 0 R F С Cl F Α S Ε С Ν О Ε Ν O R Μ U Ν D 0 Α Ε C S 0 Ε 0 В D D Ν Т S O W Α Ε Α C Ε Ε K Н 0 Ν Ε G Ε D R D Ε 0 Ε R В Ε D G Ν С Н SN R 0 W Α Ν M Ε Ε С S S P В Α 0 Α Ν Α G Ε S D J Ε P S S D S

Crossword Puzzle on Page 4



taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include

NOTICE TO READERS

total less than \$500 must state in their advertisements that they are not license DISCLAIMER

with the local Better Business before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

BEST JOB IN THE WORLD



Apply in person at 5757 Greenback Lane, Sacramento, CA 95841 or email your resume to: mikes@eastlawn.com

GALL 773-1111 TO advertise in your EWSPAPER

PROFESSION Business & Service Directory

LANDSCAPE SERVICES



Superior Landscape Services Landscaping and Maintenance

- Sprinkler Repair/Install Pruning
- Mowing/Trimming Fertilizing

(916) 728-5812 • Cell (916) 761-0999 Dave Cochran Owner • dave_SLS@surewest.net

Paralegal Services

Living Trust • Living Will

Includes: Trust, Will, Powers of Attorney, Family Residence Deed

Call Lynda K. Knight (916) 214-1215 1337 Howe Ave. Suite 103, Sacramento

House Cleaning Services

Communication just as important as great cleaning Serving greater Sac since 1987

 Professional cleaners · Detail oriented



residentialcleaningsacramento.com

Single \$450 • *Couple* \$495

Sparkle Clean Agency

· Floor cleaning on hands and knees Move ins/outs

Call for FREE estimates 916-483-2009 Clean Agency annspklcln@gmail.com

COMMERCIAL JANITORIAL SERVICES FRANCHISE OPPORTUNITIES AVAILABLE



Commercial Janitorial Service

The Superior Choice for **Commercial Cleaning**

CUSTOM CABINETS

by Charles Ferguson.

over 30 years experience

Contactors License No. 446488 C-6

(916) 455 -1225

www.everwoodcabinets.com

Call to schedule your FREE Quote 916.782.3300 • www.ANAGOSAC.COM



Phone: 916-622-2269 Zconfig@sbcglobal.net

Alan Zinsky

Bus. Lic. # 305312 • B. E. A. R. Reg. #84416 www.zinskyspcrepair.com

Family Law Attorney 916.488.2701

Divorce Domestic Partner Cases

PeytonFamilyLaw.com

insky's PC Configurations

COMPUTER SERVICES

Installations • Viri & Spyware Eradication



18 YEARS IN BUSINESS! DETOX (916) 965-3386 **SOBER LIVING (916) 961-2691**

CONCRETE LANDSCAPE SERVICE



Ofc (916) 688-1550

11151 TRADE CENTER DRIVE

concretelandscapeservices.com

their license numbers on all advertising cslb.ca.gov or 800-321-CSLB (2752). Equal Opportunity Employer

Home Ownership

1st Time Home Buyer??











Cel (707) 280-5545 Fax (916) 682-1884 Insured & Bonded

All concrete

finishes including

stamp, salt, sand,

broom, expose

aggregate

Ron Davis Bus Development

FAMILY LAW **BARBARA PEYTON & ASSOCIATES**

Custody & Support Serving Sacramento for over 30 years

"Don't replace it - REPAIR IT!" Custom Desktop Computer Configurations • PC Repair • Home Wireless Networking



By Marlys Johnsen Norris, **Christian Author**

God has given me a supernatural ability to see or discern the future potential a person can have when they seek His will for their life. There was a time recently when I could sense a deep hurt in a young woman seated in front of me. As a gentleman sang a beautiful song, I felt led to put my hands on her shoulders to let her know someone cared. When the song was finished, she turned around and began to share her heartfelt pain. She shared the depth of her personal pain with me for several minutes. Then, God spoke words of

Future Potential

comfort and faith as tears flowed from her eyes. I asked if I might pray with her and she agreed. The words of my prayer were words I believed God was speaking directly to her to encourage her heart and help her believe that God cares deeply about what she was going through. Sometimes, we just know we are in a time of God's appointment and this was certainly one of those times for me. God wants everyone to know how precious they are to Him.

When one submits to be living in the will of God for their lives, He will bring about events to help others and for us it will be a time of fulfillment of happiness, joy, and peace beyond anything one has ever enjoyed.

When one listens to the awesome voice of God and is obedient, He will bless everyone in the process. Our calling to function with God is often missed by a person's disobedience, because they are thinking about self rather than honoring the God they claim to pray and worship on Sundays. All rejection and disobedience actually

dishonors the one they claim to love with their heart and soul.

God is not the author of confusion! (I Cor.14:33) He is the God of love and peace, which extends to the hearts of those who truly know and love Him. The genuine love of God is active and pierces like a double-edged sword, cutting away the evil sin the devil invades into every life from the beginning of creation.

Listen—God may be speaking to you! Then, have faith and act on what God says. Submission and obedience are important if you want to be used of the Holy Spirit to be in God's perfect will for your life. Then, honor him and bring Him Glory for what He does in your life! Bless someone's life every single day you live on this earth. Prove your love to be like the love of Jesus Christ by working with Him when He speaks to you.

Marlys Johnsen Norris is the Christian author of seven books. You may contact her at Marlysjn@gmail.com.



A Film Review by Tim Riley

KRAMPUS (Rated PG-13)

For the first scene of "Krampus," don't be fooled by Bing Crosby's classic holiday song, "It's Beginning to Look a Lot Like Christmas," blaring in the background of a big box story opening its doors to Christmas shoppers on Black Friday.

Based on ancient folklore traced back through centuries of European culture, a horned beast named Krampus captured disobedient children during the Christmas season.

You could say that the nasty demon with cloven-hooves was the anti-Santa Claus.

It is also possible to think that Krampus might find Black Friday his favorite day of the year, if the European myth should somehow take hold over here. After all, the frenzied scene of deranged shoppers mauling each other for toys would be fertile ground for the demon's mayhem.

Somewhere in snowy Pennsylvania, the Engel family is only days away from Christmas. Patriarch Tom (Adam Scott), a workaholic, constantly travels or stays on the phone.

His wife Sarah (Toni Collette), a harried mom, strives for Martha Stewart-like perfection.

Teenager Beth (Stefania LaVie Owen) is looking for ways to escape the family to spend time with her boyfriend.

The pre-adolescent yet sensitive Max (Emjay Anthony) wants to believe in Santa Claus but has become disillusioned after too much squabbling with family members.

The Christmas spirit at the Engel household is about to be crushed with the arrival of dreaded houseguests,

Riley **Reviews**

DARKLY COMIC TONE FOR CHRISTMAS SPIRIT IN "KRAMPUS"

namely Sarah's sister Linda (Allison Tolman) and her extended family.

A loutish brute, Uncle Howard (David Koechner, always ready for this type of role) is perpetually loud and obnoxious. It might have something to do with the fact that he's a Pittsburgh Steelers fan, though being a Philadelphia Eagles fan would do just as well.

Howard and Linda's brood of three bratty children are equally abrasive and insufferable. The chubby Howard Jr. (Maverick Flack) just might eat everything in sight. His sisters Stevie and Jordan (Lolo Owen and Queenie Samuel) dress like tomboys and lack good manners.

But the icing on the cake is taken by the clan's Aunt Dorothy (Conchata Ferrell), a politically incorrect, hard-drinking naysayer who makes it clear she didn't even like children when she was one. It doesn't take long for the cranky Dorothy to complain about the food and decorations.

Tensions flare at the first family dinner when Max's cousins make fun of his letter to Santa Claus, causing him to bolt to his room. Tearing up the letter, he tosses it into the wind outside his bedroom window.

Of course, this is a big mistake. A freakish blizzard soon arrives to cut off electricity and heat. Cell phones and the Internet get no service. The suburban neighborhood becomes a ghost town. And then ominous snowmen appear in the front yard.

A delivery man shows up with strange packages.

Against common sense and everyone's wishes, Beth decides to go looking for her boyfriend. When she fails to return, Tom and Howard set out as a search party, only to encounter true menace in a subterranean

Retreating back to the Engel home, Tom and Howard warn the others of what becomes readily apparent. Strange, unexplained events are leading to palpable fear that something has gone terribly wrong. Soon enough, the house is under attack from the weird minions of Krampus.

Only Max's immigrant grandmother Omi (Krista Stadler), who speaks German most of the time, is able to explain that the chaos is caused by the mythical Krampus, who comes to punish the naughty and unleash darkness and mayhem.

All hell breaks loose as the twisted doppelgangers of beloved holiday icons, from frost-bitten snowmen and cherubs, taken on a monstrous life of their own, laying siege to the fractured family's home and forcing them to fight for survival.

Cuddly teddy bears turn feral and cute little dolls become satanic creatures bent on killing. Even tasty little gingerbread men come alive, gleefully using a nail gun as a nasty weapon. A jack-in-the-box stages a real fright.

Touted as a horror-comedy, "Krampus" lives up to its billing, with some amusing humor interspersed with the family quarrels and the need to take caution with certain holiday baked goods. The horror part is nicely delivered by the imaginative use of making toys deadly dangerous.

But the siege by demonic cookies and toys is just a prelude to bigger things to come.

As if to signal Armageddon, the house is invaded by evil elves bent on a deadly mission. And then, Krampus, a hulking beast, finally makes his presence known.

"Krampus" aspires to be a dark and subversive alternative to traditional classic holiday fare, and it does have something to offer if you are game for some twisted holiday

Yet, "Krampus" is not likely to be a holiday classic in its own right, and it certainly is not the type of familyfriendly entertainment designed for the enjoyment of younger children.

After seeing "Krampus," I am taking no chances. A letter to Santa Claus is in the mail as soon as I find a stamp. And I am not asking for anything for myself, for fear of a strange package showing up at my door. ★

Christmas in Fair Oaks Village

Continued from page 1

in strands of colored lights and, of course, Santa Claus, made its way slowly up the boulevard and past the little shops lined up along the homey town square reminiscent of Main Street, U.S.A. Beating out time for the event was the award-winning Bella Vista High School marching band. There was a radiant nativity scene on wheels, presented by the local Church of Jesus Christ of Latter Day Saints, featuring live actors representing Mary, Joseph, and other holy figures from that mystical night of nights.

Even the local tattoo parlor celebrated the coming of Christ with a hot blast of fire from its tailpipe. Nearly every group of marchers threw out candy and treats to admiring crowds of children who watched it all with glee from the sidelines.

After the celebratory procession, the magical moment came for the lighting of the Fair Oaks Christmas tree, which rose majestically from the center of the town square. It was a fitting consummation of an event that this community obviously knows how to do in style, marking the festive start of this little town's favorite holiday.





Bring the entire family to this extraordinary concert season entitled

International Holidays

at the Crowne Plaza Sacramento Northeast.



1 14th Season 5

The Sacramento Symphonic Winds is a 60-piece adult symphonic band conducted by Dr. Les Lehr. Selections during the season will include The Phantom of the Opera by Lloyd Webber, White Christmas by Berlin, Peter and the Wolf by Prokofiev, Suite of Old American Dances by Bennett, a Broadway sing-a-long, and more!

Save the Dates!

December 20, 2015 2:30 pm

LOCATION: CROWNE PLAZA SACRAMENTO NORTHEAST, 5321 Date Ave., Sacramento 95841

TICKETS SOLD AT THE DOOR: GENERAL ADMISSION \$15; STUDENT/SENIOR (65+) \$10; CHILDREN 10 AND UNDER FREE https://maps.google.com/maps?q=5321+Date+95841

Contact Ph. (916) 489-2576 • www.sacwinds.org

POTOCKI FAMILY **CHIROPRACTIC**

Fair Oaks, CA - December 2015:

This is the time of year to be thankful for what we have and help those in need. This year Potocki Family Chiropractic Center will be hosting a toy drive throughout the entire month of December!

We are collecting unwrapped, packaged gift donations for children of all ages! All new patients and patients who have not been seen in the past 6 months that bring in an unwrapped toy will get a · Consultation · Exam · Set of x-rays · Report of

findings · First adjustment At no charge!!

Consultation, Exam, Set of X-Rays, Report of Findings, Repair, and First **Adjustment for**

* Excludes Medicare and Worker's Compensation.

Call our office to schedule your appointment! Spots fill up fast! All donations will be welcome!



Thank you for your donation!

Potocki Family Chiropractic 5150 Sunrise Blvd. Ste F1 Fair Oaks, CA 95628

(Corner of Wildridge & Sunrise)

916-536-0400

www.drpotocki.com

Grace Baptist Church Come and Experience God's Amazing Grace

Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung.

> **Grace Baptist still stands on the Principles, Doctrines and Separation,** found and taught in The Bible

Service Schedules

Sunday Schools (All Ages) 9:45am Sunday Worship II 9:00 am Sunday Evening 6:00pm Wednesday Evening 7:00pm

6724 Palm Avenue, Fair Oaks, CA 95628 (Located one block South of Madison; just East of Dewey) **Pastor Charles Carter (916) 967-3915**

Call for more information



Paul V. Scholl American River Messenger

is a member of Messenger **Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Editorial5@mpg8.com.

Be sure to place in the subject field "Attention to Publisher." If you do not have email access, please call us at (916) 773-1111.



Serving Fair Oaks, Orangevale and Sacramento County since 2006

It is the intent of the American River Messenger to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The American River Messenger is not responsible for unsolicited manuscripts or materials. The entire contents of the American River *Messenger* are copyrighted. Ownership of all advertising created and/or composed by the American River Messenger is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to American River Messenger, 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. Subscription rate is \$28 per year in Fair Oaks and Orangevale. The American River Messenger is published twice-montly. Call 916-773-1111 for more information.

We are proud members of these newspaper associations.



(ISSN # 1948-1918).







Wake Up To **Your Dreams**

Can you harness the power of your dreams to influence your awake times? Are your dreams like a world theatre that reflects your life...sometimes in strange ways? Justina Lasley says you are the director. She actually looks forward to sleeping. She claims you can make a difference in your own life with "Wake Up To Your Dreams." Lal is founder and director of the Institute for Dream Studies in South Carolina. "Dreams are God's answers to our prayers," according to Lasley. "We're praying for things and sleeping right through it." So she shared some tips on how to capture the power of your dreams.

- 1) Get serious. Dreams are elusive. Those who can't remember dreams may not want to or care to. If you are serious, get a journal to log your dreams and a pencil.
- 2) Get sleep. It takes about three hours of sleep to achieve rapid

Fair Oaks EcoHousing

A Family-Friendly Green Neighborhood

· Safe and Supportive Community

for People of All Ages

· Close to Fair Oaks Village

· 30 Townhomes and Flats

· Large Clubhouse and Gardens

POPPOFF!

with Mary Jane Popp

eye movement, the lightest stage of our sleep cycle where the most vividly recalled dreams occur. The longer we sleep, the longer this level

- 3) Always be ready. While easy to have, dreams are hard to remember, fleeing from our memory seconds after we wake. Keep that journal handy turning to them even before turning on a light. Justina even writes in the dark. You can connect the notes later.
- 4) Don't move. When waking up, it only takes a slight movement to jolt you miles from your dream.
- 5) Daydream. You can dream during the day as much as you dream at night. Your dreams are really thoughts or images.
- 6) Explore meanings. Rather than assume the worst in a dream, find out how else they could be viewed.
- 7) Look for symbols. Only a few jotted remembrances of each dream will begin to tell a story about the dreamer.
- 8) Trust yourself. It's important to not rely solely on dream dictionaries when decoding them. A more reliable source is you. Ask yourself what the dream means to you.
- 9) Lose control. Some people spend years mastering the skill

of lucid dreaming, the ability to control one's dreams. Justina would rather relax and have her subconscious write the script without the disruption of any music or sleeping

So what about those symbols that come up in dreams? Want some of the symbols and what they might mean? Animals represent primitive aspects of yourself, including raw desires and sexual nature. Babies can signify innocence, warmth, new beginnings or the desire to have a baby. Demons can actually indicate denied emotions and the need to change your behavior for the better. Money alone usually means self-worth. Exchanging money in your dream may convey anticipation for life changes. Roads may indicate your direction in life and a need to reflect on your current path. Teeth, or more specifically losing teeth, may commonly reflect a hidden fear of getting old and being seen as unattractive.

According to Lasley, dreams contain the truths we need for healthy living. They contain the reality of our human existence... interweaving our past, present, and future. Check out www. dreamsynergy.org for more exciting facts about dreams and Justina Lasley. Sweet dreams!★

Join us for a

monthly site tour

For more information, visit

FairOaksEcoHousing.org

25 Minute Educational Presentation and a Free Luncheon



East Lawn Funeral Homes, **Cemeteries & Crematory**

Reservations Required

Please RSVP for the day of your choice. Seating is limited to 30 attendees per seminar.





This is not a sales seminar. It is a 25-minute educational presentation that focuses on the importance of advance funeral planning and all of the options available, including Veteran's FREE Emergency Planning Guide.

benefits, cremation, and burial choices as well as key consumer advice. In addition to a catered meal, each attendee will receive a

FREE LUNCHEON SEMINARS

Sierra Hills **Memorial Park**

5757 Greenback Lane, Sacramento, CA 95841 RSVP: (916)732-2020 or online at www.EastLawn.com

Wed, January 27 @ 11:30 a.m. Wed, March 23 @ 11:30 a.m.

East Lawn Memorial Park & Crematory

4300 Folsom Blvd., Sacramento, CA 95819 RSVP: (916)732-2000 or on-line at www.EastLawn.com

Friday, February 5 @ 11:30 a.m. Friday, April 8 @ 11:30 a.m.

Andrews & Greilich Funeral Home FD136

3939 Fruitridge Road, Sacramento, CA 95820 RSVP: (916)732-2026 or on-line at www.EastLawn.com This presentation will be in **English** and **Spanish**

Wed, February 17 @ 11:30 a.m. **Wed, April 13** @ 11:30 a.m.

f www.EastLawn.com

COME SHOP WITH US!

A STATE OF THE PROPERTY OF THE



SUNRISE MALL FARMERS MARKET

Every Saturday

8:00 a.m. – 1:00 p.m.

6196 Sunrise Mall (parking lot) Citrus Heights, CA 95610

Live Music & Entertainment • Chef Demos Specialty Gourmet Foods • Artisans/Crafters **EBT/WIC & SNAP Accepted**

Open Year-Round Rain or Shine!



Other Markets Near You:

Historic Folsom Every Saturday 8:00 a.m. - 1:00p.m. 915 Sutter Street Folsom, CA 95630

Carmichael Park Every Sunday 9:00 a.m. - 2:00 p.m. 5750 Grant Ave. Carmichael, CA 95608

Fair Oaks Sunset Every Wednesday 3:00 p.m. - 7:00 p.m. 8101 Sunset Ave. Fair Oaks, CA 95628

Bring this Ad with you to any market location and receive FIVE raffle tickets to enter to win our **Monthly Farmers Market** Gift Basket!

MPG

ILoveMyFarmersMarket.com

Living Trust Senior Special

with this ad

If you have a house, you need a Trust. If you have a Trust, it needs to be up-to-date. (Review of existing trust at no charge)

---- SENIOR SPECIAL ----

Asset Protection Program includes the following:

Revocable Living Trust • Powers of Attorney Financial • Powers of Attorney Healthcare Wills • One Residential Trust Transfer Deed No Charge for Notary Services • Prop 13 Protection

Long Term Care Government Benefits Planning



WILL ASSOCIATES

Richard H. Will ELDER LAW ATTORNEY Serving Seniors Since 1975

Avoid Probate — Call Today! (916) 482-8897

1337 Howe Avenue, Suite 103 • Sacramento • www.willassociates.com





Call Now 916.760.7227

www.pinnaclehro.com

*Offer valid for new PES clients only.

8 • American River Messenger December 18, 2015



BER

BE YOUR OWN **BOSS. DRIVE** WITH UBER.

Sign up now and receive an additional \$50 after your first trip

T.UBER.COM/MESSENGERGROUP

Game **Plots**

Star Wars Battlefront: Not the Game You **Are Looking For**

By Noah Howard

In the past few decades. "Star Wars" has easily become the biggest popular culture sensation since Mickey Mouse. Despite the lack of legitimately excellent "Star Wars" films since the release of "Return of the Jedi," the brand has been kept alive and thriving by a robust culture of comics, television, books, and of course, video games. "Star Wars" video games were once so prolific that they had an entire studio dedicated to their creation, LucasArts, which has since been acquired by Disney. But because the release of a new "Star Wars" on December 18th is arguably one of the biggest popular culture events in years, it only made sense for the new contractor of the "Star Wars" license, Electronic Arts, to release the game that everyone has been waiting for.

That game is "Star Wars Battlefront," a game that aims to scratch the fantasy itch of wanting to participate in the vast and glorious battles of the "Star Wars" universe. The new game comes more than a decade after the release of two preceding "Battlefront" titles in 2004 and 2005. Despite their age, those two games are still considered the best "Star Wars" video games ever, and their PC versions still have a dedicated following.

With the release of this new "Battlefront" game, it looks like the thrones of those older



Game reviewer Noah Howard said, "That game is "Star Wars Battlefront," a game that aims to scratch the fantasy itch of wanting to participate in the vast and glorious battles of the "Star Wars" universe.

titles will not be usurped. In the new "Battlefront," EA studio DICE seems to have crafted an expensive cash-in, exploiting the fantasies and excitement of "Star Wars" fans directly preceding the new film. It is by no means a bad game; in fact most of the time it is-no pun intendedan absolute blast.

Yet "Battlefront" clearly sees the player as little more than a source of income, giving only part of a game for the \$60 price tag and expecting players to dig into their wallets quite a bit more (about \$50 more) if they want the full experience. Most of "Battlefront" seems to have been deliberately withheld from players to sell to them separately later on. "Battlefront's" business model does not revolve around moving units, but around selling extra downloadable content (DLC) to people who already own the base game. If the base game was sufficient, this wouldn't be a problem. The original two "Battlefront" games, especially, are some of the most content-rich games ever made. But with only four maps, six special "hero"

characters, and little in terms of solo or local play modes available at launch, the new "Battlefront" doesn't seem like a full-priced retail title. It doesn't even seem finished.

And it very well might not be. Obviously "Battlefront" had to release within the tight window of the new "Star Wars" movie. So, with this limited amount of time, the focus of "Battlefront" had to be on what would look the most impressive in "Battlefront's" explosive gameplay trailers: graphics. It forced "Battlefront" to aim for style over substance.

Don't get me wrong; most people playing it right now are undeniably having fun. But EA needs to learn to treat its customers as more than just their bank accounts. We've been seeing more and more games this past year that trust the player, treating them with intelligence and respect ("Fallout 4" comes to mind). "Battlefront's" strategy is a jarring contrast that has begun to turn some heads the other

To respond to Noah's articles email him at digitalartsnoah@ yahoo.com



Independence + Peace of Mind

Mom's priority? *Independence*. Yours? *Peace of mind* knowing she is happy and healthy when you can't be by her side. At Eskaton, we've found the balance:

- *Hospitality and support services* according to each resident's wants and needs
- Advanced *smart-sensor technology* to detect variations in normal routines allowing for quick response
- *All-inclusive pricing structure*, so there are no surprises

Pick up the phone or go online for more!

eskaton.org

Affordable all-inclusive Orangevale rent from \$2,957 / mo.

Eskaton FountainWood Lodge Assisted Living and Memory Care

916-900-120*°*

License # 347003574







Sacramento County DA Reports

Recent cases of interest

CASE: Lonnie Glenn Schmidt

PROSECUTOR: Deputy District Attorney Dean Archibald, Real Estate Fraud Unit

Seventy-one-year-old Lonnie Glenn Schmidt was convicted by jury of 30 felony real estate fraud charges involving foreclosure consultant fraud, recording false documents, unauthorized use of personal identifying information, second-degree burglary, perjury, grand theft, and attempted grand theft. The jury also found true out-onbail, white-collar crime, and property loss

Between 2009 and 2013, Schmidt falsely promised homeowners facing foreclosure that he would save their homes by eliminating their mortgage. Desperate to believe Schmidt's promises, homeowners who signed up for his program gave Schmidt control over their properties. Schmidt then tried to use those properties as collateral for personal loans or tried to sell them outright for his own profit – all the while charging the victims "rent" to continue living in what had been their own homes.

Schmidt has four prior 1990 federal felony convictions for a tax scam involving conspiracy to impair and impede the IRS, witness tampering, aiding and abetting witness tampering, and conspiracy.

Schmidt faces a sentence of more than 20 years in prison. Sentencing is set for January 8, 2016, at 1:30 p.m. in Department 14 before the Honorable Donald Currier.

This case was investigated and prosecuted by the Sacramento County District Attorney's Real Estate Fraud Unit.

CASE: Ernest Polk

PROSECUTOR: Deputy District Attorney Kristen Ilharreguy, Targeting Armed Recidivist Gang Enforcement Team (TARGET)

The Honorable Lawrence Brown sentenced 27-year-old Ernest Polk to 7 years, 8 months in prison. On November 13, 2015, a jury convicted Polk of being a felon in possession of a firearm, and possession of heroin and methamphetamine for sale while armed with a firearm. The jury also found true allegations that Polk committed the offenses for



the benefit of a criminal street gang

On March 24, 2015, Polk attempted to discard a loaded firearm when he was contacted by law enforcement. After Polk was arrested, he was searched at the jail where officers found heroin and methamphetamine on him.

Polk, a member within the East Side Piru criminal street gang, was on felony probation at the time of this offense for being a felon in possession of a firearm.

CASE: Waylon Douglas Pitchford & Jayson William Weaver

PROSECUTOR: Deputy District Attorney A.J. Pongratz, Prison Crimes Unit

Thirty-eight-year-old Waylon Pitchford and 38-year-old Jayson Weaver have been charged for the murder of 71-year-old Hugo Pinell. Both face the special circumstance of having previous murder convictions, and Weaver faces the allegation he used a deadly weapon. Pitchford and Weaver have also been charged with assault by a life prisoner. Weaver faces a third charge of custodial possession of a weapon.

Hugo Pinell was an inmate along with Pitchford and Weaver at the California State Prison – Sacramento. On August 12, 2015, Pitchford and Weaver assaulted Pinell with an inmate manufactured weapon. Weaver stabbed Pinell 19 times while Pitchford held Pinell down. Pinell was unconscious when he arrived in the infirmary. Despite attempts to save his life, he died from his injuries. This attack provoked a fight involving as many as 70 inmates.

Pitchford has a 2013 pending case for stabbing another inmate with an inmate manufactured weapon. He has a prior 2003 murder conviction in Tehama County, and a 2012 assault by a state prisoner with a deadly weapon conviction in Sacramento

Weaver has a prior 1994 murder conviction in San Diego County, and a 2006 assault by a life prisoner with a deadly weapon conviction in Sacramento County.

Arraignment for both defendants is scheduled for March 11, 2016, at 10:00 a.m. by video conference in Department 9 of the Sacramento Superior Court.



Lisa West Community Outreach Director



Mortuaries & Crematory

Pets Are Family Members Too

By Lisa West

I've seen many family members experience tremendous grief when a loved one passes away. But, those who also grieve quite severely are the ones who lose a beloved pet.

Pets are family members too. They are loved and cherished and sadly they do not live near as long as humans. This often means that within your lifetime you could experience the death of several pets.

Pets are also highly valuable in every day life. Service animals help people in a variety of ways, from being a calming influence, to guiding the blind, and doing household chores for those who are wheelchair bound.

Our K9 police officers and military war dogs – even the family guard dog protect us and have often given their lives in the line of duty.

When you lose a pet there are as many options for memorializing them as there is for their human counterpart. Some states allow your pet to be buried with you but that is not the case in California.

California does, however, allow a pet cemetery and a human cemetery to sit side by side on the adjoining

property so your pet can be buried in close proximity to you. You can even "pre-arrange" your pets funeral needs in advance at the same time you take care of your own funeral pre-arrangements.

Cremation is a popular choice among pet owners. Where I work, we have East Lawn Pet Loss Center and Sierra Hills Pet Cemetery. We perform pet cremations and our cemetery is dedicated property that will never be used for any other purpose except pet burials. More than 1,500 pets have been interred there since its inception in the early 1990's. In addition there are more than 45 K9 police officers buried in a special section called Garden of Honor.

East Lawn offers presentations and tours for children from schools and churches of the Pet Loss Center and Sierra Hills Pet Cemetery. It can be a good introduction for children into the concept of death and dying.

Lisa West is the community outreach director for East Lawn and her column appears monthly. You can reach her at lisaw@eastlawn.com or (916)732-2020. For previous articles, please visit www.EastLawn.com.

www.EastLawn.com

Earn **\$200** per month for just a few hours of delivery work per week! CALL 773-1111



OFFICE HOURS 10:00am - 3:00pm Monday - Friday (916) 972-9722

fornia encourages men and women to come to Sunday Support each Sunday from 3:00pm - 5:00pm. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service. Participants do not need to be members and there is no charge.

The Widowed Persons Association of Cali-

Sunday Support - Any and all widows or widowers are invited. EverySunday from 3:00pm - 5:00pm

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Ave., Ste D-18



becial Offer: CEMETERY PROPERTY

No Opening & Closing Fees on Advance of Need Property

EAST LAWN Memorial Park & Crematory

> 4300 Folsom Blvd., Sacramento, CA 95819 Tel 916.732.2000

EAST LAWN Sierra Hills Memorial Park & East Lawn Mortuary

> 5757 Greenback Lane, Sacramento, CA 95841 Tel 916.732.2020 Lic. #FD-1242

EAST LAWN Elk Grove Memorial Park & Mortuary

> 9189 E. Stockton Blvd., Elk Grove, CA 95624 Tel 916.732.2031 Lic. #FD-1455



Osborne

Rick

VandenHoek

Jeran

Je

Claudia

Taylor

Matthew

DeGuero

Lynn

Ellsworth



Filetic

Lori

Heald

Liz

Gentile



Baker

Jerry

Govier

Chris

Gaisford

Kim





Steve Moore

Matt Brennan

Each time a memorial space is physically opened or closed, families are charged a fee for the labor. From Black Friday through 12/31/2015, East Lawn will waive this fee on all purchases that are for advance of need. This is up to a \$795 per person value*.

We offer:

Full Graves Mausoleum Crypts **Cremation Spaces**

Bring this ad to receive this special offer!

* Offer good from 11/27/15 through 12/31/15 on pre-need property only.



www.EastLawn.com

The House that Miladin Built

By Seraphim Winslow

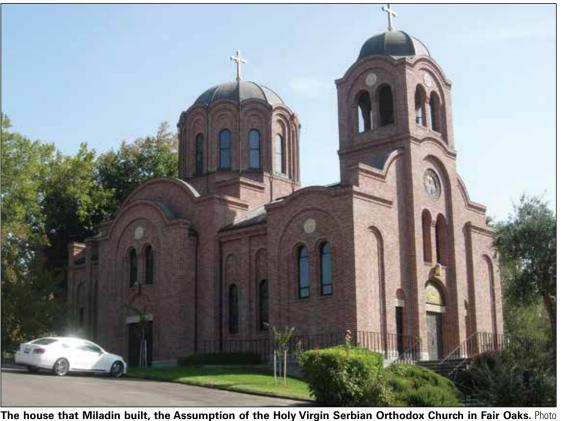
FAIR OAKS, CA (MPG) - From Sunrise to Sunset Avenue, heading west along one of those gorgeous, tree-lined streets that you find all throughout the cozy community of Fair Oaks, look to your right after passing the sign for the cemetery. Turn your gaze upward toward the heavens. You will suddenly gasp as you see one of the most impressive and elegant examples of Eastern Orthodox Church architecture that you've ever seen on the West Coast. You will behold the house that Miladin built.



Fr. Dane Popovic and Fr. Miladin Garic at a recent Serbian cultural festival. Photo courtesy of the Serbian Orthodox Church in Fair Oaks

Since he arrived in 1960, Fr. Miladin Garic was the spiritual force behind the Serbian Orthodox community in the east Sacramento region. Fr. Miladin fell asleep in the Lord on Nov. 24th, 2015, and now lies next to his beloved wife, Nina, in a churchyard on a peaceful hillside facing the very first Serbian Orthodox Church in America, in Jackson, where he also served as priest for several years. Such was the life of this dynamic churchman, affectionately called "Proto Garic" by his flock, that Jesus' words immediately come to mind: "Let your light shine before others, that they may see your good deeds and glorify your Father in heaven."

Miladin Garic was born in Serbia on the first day of the year 1921.



As if mysteriously anticipating the formal title of "stavrofor" (crossbearer) that would be conferred upon him by the Serbian Orthodox Church late in life, young Miladin would be charged with so many heavy crosses of trial and suffering that he was made truly worthy an honorific that many Orthodox clergy take for granted.

When World War II exploded across Europe, Miladin was forced to finish his theological studies in a camp for displaced persons in Italy, where a group of fellow displaced persons, who also happened to be uprooted Orthodox clerics and theologians, got together to help Miladin complete his studies. It was a propitious start to what would turn out to be a long and heroic life in service to God and his

In 1941, when the Axis powers headed by the Nazis carved up Serbia, Miladin joined a resistance army committed to oust the occupiers of his motherland. In this capacity, Miladin was twice wounded in action. He

was decorated with the national Medal for Bravery. His godson, Fr. William Weir, said, "Proto Garic experienced the full extent of tragedies that accompanied the war alongside all of the Serbian people." This became most poignantly true in October 1944, when the fascist Ustashi burned down the house containing Miladin's nearest and dearest: his mother, grandmother, sisters, and two brothers. All died in the fire.

Miladin escaped to Austria with the rise of communism in Serbia. No longer a resistance fighter, he found his way to England in 1948 where he would take up the burden of manual labor, toiling in factories, hospitals and-like so many other displaced Serbs in other countries-in the mines. It was also in England where he would meet his wife, Nina. They married in July of 1948.

In June of 1953, Miladin became Father Deacon Miladin. Less than a month later, a pious and energetic Archbishop of the Russian Orthodox Church with an affinity

Orthodox priest by one of the holiest men of his time, was assigned to minister to a parish Vancouver, Canada. He served that community for seven years, and people there who remember him do so fondly.

After 32 years serving the Christians of Fair Oaks-administering the sacraments, serving liturgies, visiting the sick, conducting funerals, and organizing festivals—Fr. Miladin would eventually oversee what was perhaps his greatest accomplishment: the design and construction of the beautiful, brick Church on Sunset Avenue in Fair Oaks, dedicated to the Assumption of the Virgin Mary; an impressive and elegant example of traditional Orthodox church architecture.

Orthodox Christians often observe that the death of a holy person will occur auspiciously; that is, a sign of God's approval will accompany the passing of those whose lives have been pleasing to Him. Fr. Miladin died less than a week before one of the most momentous events in the history of the Serbian Church in America: the translation of the relics of St. Sebastian to San Francisco and Jackson. This newly canonized saint was the founder of the parish of the little white church in the Sierra foothills. So, at the exact

for Serbia and the Serbs ordained

Fr. Miladin to the priesthood. That

Archbishop was the glorified saint

who is now known throughout the

whole Orthodox world as St. John

Maximovich of Shanghai and San

Francisco. The newly ordained

Fr. Miladin, having been made an

moment when St. Sebastian was returning triumphantly to the spiritual community that both he and Fr. Miladin nurtured and loved, the soil was still fresh—the flowers still fragrant—on that spot of Earth from which St. Sebastian, Proto Garic, and Protonica Nina will be called forth by the Light to arise and greet a glorious and never-ending day. The Orthodox would call this divine favor.

Fr. William Weir, who now serves as a priest alongside Fr. Dane Popovic at the church that Fr. Miladin built in Fair Oaks, described a dinner that took place in Fr. Miladin's honor shortly after his passing. "We turned off all the lights. As emcee, I asked all those who had been baptized by Proto Garic to light the candle on the table in front of them. Next, those whom he married; then, those whose children he baptized; then, those family members for whom he served a funeral, and so on. In a short time, every candle was lit, and the hall was brilliant with the light of the Lord and work of the Lord by our dear, departed Proto Stavrophor Miladin."

May the memory of Protopresbyter Stavrofor Miladin Garic be eternal!

I Only Write Plan F **Medicare Supps!**

This is not rocket science. The best coverage you can get is a Medicare Plan F Supplement. It's what I have personally, and it's what you should have. It costs a few bucks, but is well worth it in the long run.

If you need help with Medicare, call an agent who is on Medicare!

No charge or obligation. See the web site...it will all make sense to you:

www.ancins.com

Alan Canton A.N. Canton Insurance Services • CA Lic # 0F31110 (916) 962-9296 Fair Oaks, CA

 Hardware Store • BBQ Store • Dollar Store • Garage Sale • Flea Market Roseville Auction • Thrift Store

- Christmas Trees (Prelit & Unlit)
- Inflatables
 Christmas
 Lights



SAVE THE TAX FOR CASH!

Or PayWith Credit or Debit Card For Your Total of \$50 or More

10% OFF STOREWIDE $\Omega\Omega$

















Basically Anything & Everything You Can





4926 Auburn Blvd.

(Between Madison Ave. & College Oak) Sacramento, CA 95841 (916) 339-6115 OPEN 7 DAYS • 10AM-7PM





Donateyouroldshoes.org

The event is part of an eagle scout project. The organization receiving donated shoes is "Donate Your Old Shoes".

Where:



(Collection booth will be inside)

6041 Sunrise Mall,

Citrus Heights, CA 95610 When: Saturday, December 19, 2015 12PM - 5PM

We are looking for used or new pairs of shoes. Donated shoes will be sent to third world countries like Haiti, Liberia, and Zimbabwe. Thousands of people around the world are forced to walk around bare foot and our goal is to put shoes on the shoeless worldwide.

How: Simply bring your pair(s) of shoes for donation to the Sunrise Mall and we'll take care of the rest!

CARRIERS WANTED!

American River Messenger: Fair Oaks & Orangevale, Single Copy, 57 stops, \$67.50 Gross per delivery, twice per month. Approx. four hours. Contact: Joe or Jeff in circulation

CALL 773-1111

