



Valley and Butte Fire Update

Page 9

Olive Oil Expert Shares Skills at Library Tasting

Page 4



AMERICAN RIVER Messenger

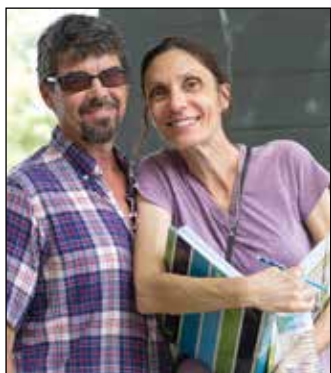
"Written by the people, for the people"

Volume 10 • Issue 21

Serving Fair Oaks, Orangevale & Sacramento County

November 6, 2015

LOCAL FILM FESTIVAL FEATURES "WIN, LOSE, OR DRAW"



Page 2

GRIPPING DRAMA BEHIND "STEVE JOBS" GENIUS CAREER TRAJECTORY



Page 8

POPPOFF!

with Mary Jane Popp



Page 11



Scan our QR Code for a
direct link to our online edition!

PRESORTED STD.
US POSTAGE
PAID
PERMIT 350
Carmichael, CA
Change Service Requested

Creatures Great and Small are Effie Yeaw Stars



A wink and a smile. Junior naturalist Nadine Ozeir (10, above) is enraptured by raptor Pickwick. The one-eyed owl was among educators at the recent Effie Yeaw Nature Fest. Coyote Cody (at right) is a resident of the Wild Things Inc. animal refuge near Newcastle. The rescued baby proved a feisty handful for handler Gabe Kerschner.

Story and photos
by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - Raptors, marsupials, mammals, and reptiles paraded for visitors at the Effie Yeaw Nature Center's recent Nature Fest.

The event temporarily boosted American River Parkway animals with 1,100 wannabe naturalists. Up-close wildlife encounters were the main attraction. "It's fantastic to see raptors up close," said a bird watcher. "You see a golden eagle's talons and realize how she can catch a wolf."

A coyote pup called Cody was another crowd pleaser. A resident of Wild Things Inc., an animal refuge near Newcastle, the rescued baby provoked much oohing and aahing but proved a feisty handful for handler Gabe Kerschner.

All animal educators are deemed unreleasable because of injuries or imprintation on humans. "I love showing you this coyote but I'd rather see him running free in the wild," Kerschner told the pup's admirers. California Raptor Center (UC Davis) and the Nature Center provided other ambassadors.

"This event is central to our mission," said American River Natural History Association President Liz Williamson, "bringing nature to people and

people to nature."

Learn about the Effie Yeaw Nature Center at www.sacnaturcenter.com. ★

SCSO Announces New Assistant Director of Marketing and Strategic Planning



Dave Allen. Photo courtesy of Sacramento Choral Society & Orchestra

FAIR OAKS, CA (MPG) - The Sacramento Choral Society & Orchestra (SCSO) announced the addition of a new board member, Dave Allen, who will serve as assistant director of

marketing and strategic planning, working closely with board directors to further the vision, goals, and success of the SCSO.

Dave Allen is also known as KCRA's "Chopper Dave," who pilots the Sacramento skies in his trusty helicopter, reporting on the day's news from his eagle-eye perspective.

A native of Maine, Dave relocated to Tacoma, WA, and then studied broadcasting at Eastern Washington University. After his first broadcasting job at KXLY in Spokane,

Dave served as a volunteer pilot for the Spokane County Sheriff and helped launch their Air One aviation program. He later produced and narrated a variety of industrial and training videos for the aviation and fire-fighting industries.

After serving in Iraq, graduating from the Army Command and General Staff College, and 23 years as a Military Veteran of the

Continued on page 3

Triple Play!



1. Guaranteed Delivery of the American River Messenger
2. Guaranteed Delivery of The Sunday Sacramento Bee
3. And One Free Car Wash from QUICK QUACK Car Wash (\$69.99 value)

Get a great
deal on this
one year
subscription
for only:

\$28⁰⁰

See inside for details

Wood Burning Restrictions Begin

Download Sacramento
Region Air Quality App
to Get Burn Status

SACRAMENTO REGION, CA (MPG) - The Sacramento Metropolitan Air Quality Management District's annual wood burning law, Check Before You Burn, began Sunday, Nov. 1st. To protect public health, it is illegal to burn any solid fuel, including wood, pellets or manufactured fire logs when particulate matter 2.5 (PM2.5) pollution is forecast to be high.

This law applies to residents and businesses in Sacramento County and the cities of Folsom, Citrus Heights, Elk Grove, Galt, Isleton, Rancho Cordova, and Sacramento through February. You must Check Before You Burn to find out if burning is allowed in your indoor or outdoor fireplace, wood stove, fire pit or chimney.

New to this year's Check Before You Burn season is the Sacramento Region Air Quality app. With this free app—which is available for Android, iOS, and Windows mobile devices—Sacramento County residents can check the daily burn status, obtain the daily air quality forecast, and get current conditions at monitoring sites in the region.

Wood smoke contains invisible particles that are small enough to enter the bloodstream. Breathing wood smoke increases the risk of asthma, heart attack, stroke, and many other health problems. It is especially harmful for children whose lungs are still developing, older adults, and anyone with a pre-existing heart or lung condition.

In addition to the mobile app, residents can get the daily burn status by calling (877) NO-BURN-5/(877) 662-8765. You can also follow on Twitter @AQMD; "like" Spare The Air Scooter on Facebook (www.facebook.com/scooter-thesparetheairdog); or visit www.AirQuality.org or www.SpareTheAir.com. Sign up for daily Air Alert emails at www.SpareTheAir.com. Input your zip code and select the "Daily Air Quality Forecast" box. Read The Sacramento Bee's weather page.

The law applies to all Sacramento residents and businesses with these few exceptions: In homes where wood burning is the sole source of heat; If a financial hardship waiver is approved and renewed each burn season by the Air Pollution Control Officer; and there is an exemption on Stage 1-No Burn days if you use an EPA certified fireplace insert or stove, or pellet stove, and they do not emit visible smoke.

To report a complaint, call (800) 880-9025. First time violations will result in a \$50 fine or the violator can choose to complete and pass a wood smoke awareness course. For more information, visit airquality.org.

Source: Sacramento Metro Air Quality Management District ★

Local Film Festival Features “Win, Lose, or Draw”

By Ben Barber, Photos by Kristene Newbold

SACRAMENTO, CA (MPG) - For the past 16 years, Access Sacramento has sponsored “A Place Called Sacramento” (PCS) Film Festival. Access Sacramento is a non-profit organization that provides media resources to the Sacramento community. The PCS challenges local scriptwriters to write 10-minute scripts about the people, places, and events that make our community such a unique place to live. Every year 10 scripts are chosen to be produced for the festival.

After working as Script Supervisor on the TV pilot RELLIK, Orangevale’s Donna Preston was anxious to keep the production ball rolling. “I wanted to use the PCS Festival as an opportunity to showcase the amazing talent and professionalism of the local Sacramento film community,” explained Preston. Her script,

“Win Lose or Draw,” was one of the 10 scripts chosen. It follows the path of Jimmy Draw, played by Eric Olsson, and Lisa, played by Courtney Conklin. The couple’s relationship is strained when the unexpected death of Jimmy’s father offers a life-changing opportunity. Sarab, played by Michael Ray Clark, a single father mourning the death of his wife, is caught up in the event. Lisa is forced to make some tough decisions as Jimmy’s behavior escalates beyond appropriate levels. “The festival inspired me to write a compelling story with relatable situations and characters,” continued Preston.

Actress Courtney Conklin was no stranger to the PCS, acting in a small supporting role in 2013 for the PCS short film “The Lottery Ticket.” Conklin and Preston became fast friends while working on the RELLIK pilot. “The Lottery Ticket” was written by local writer and producer Brian Jagger who was

asked by Preston to direct the film. Jagger played a major role in making RELLIK a reality for local filmmakers and was excited to show what he could do in his short film directorial debut.

After months of planning, production, and post production, the 10 teams of filmmakers gathered at the Crest Theater, which plays host to the world premiere event each year. After all the films were shown, the audience voted for their favorite; this year’s vote was sponsored by Sacramento Casting. Sacramento Casting is the premier resource in town for connecting actors with filmmakers. They provided the technology for the audience to be able to vote via text message, where as in the past, votes had to be tallied manually from handwritten ballots.

After nervous anticipation it was announced that “Win Lose or Draw” was the audience favorite. “Sacramento is

growing into a fantastic film community and we were lucky to have some of the best cast and crew in the community as a part of this project,” stated Jagger. It wasn’t the only vote for the night; the 10 writers who had the winning scripts had the opportunity to vote for their favorite

film. “Focused,” by Katherine DaSilva, tied with the PCS’s first documentary entry called “Death of Del Paso,” by Phil D’Asaro.

“Win Lose or Draw” is now being entered into the Seattle International Film Festival where it hopes to be accepted and presented for future

audiences. “Win Lose or Draw” will be available for viewing on YouTube courtesy of Access Sacramento. For more information on the PCS and “Win Lose or Draw,” visit the public pages on Facebook.

Source: AccessSacramento.org



Writer and producer Donna Preston with husband, Scott Preston, on the set of “Win Lose or Draw.”



Rob Gore, Trey Van Dyke, Courtney Conklin, and Eric Olsson (left to right) perform in Midtown as crew stands by capturing the scene.



Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens

We offer free training, fingerprinting, CPR/1st aid, 24 hr support, monthly reimbursement

(916) 338-7156



Look for Advertised Sale Items Everyweek at **www.petclubstores.com**

PET CLUB
FOOD AND SUPPLIES

EVERYDAY LOW PRICES
Super Discount Prices! Hot Specials & Coupons
Short term promotions from vendors.
(No Membership Fees)

2344 Sunrise Blvd. Rancho Cordova, CA
916-635-5008

We Only Accept ATM, Cash, & Checks M-F 9-8, SAT 9-7, SUN 10-7 Effective 11/4/15 - 11/10/15

PET CLUB is Excited to Offer: Blue Buffalo, California Natural, Chicken Soup, Earth Born, Evo, Innova, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin Pet Foods

COUPON
FREE
2 CANS OF CAT FOOD
5.5 Oz Tin All Varieties
Frisies (Selected Indoor Included) & 9 Lives
OR
1 CAN DOG FOOD
13 - 13.2 Oz Tin All Varieties
Pedigree & Alpo
With Any Purchase of Pet, Fish Food, or Supply Limit 1 PLU 321
Limit: 1 Coupon Per Family ARM
Effective 11/4/15 - 11/10/15

COUPON
\$150 OFF
ANY PURCHASE OF PET OR FISH SUPPLY
(Excluding Pet Food or Litter)
Cannot be used in conjunction with advertised sale items or similar percentage or dollar off coupons. Limit 1, PLU 324
Limit: 1 Coupon Per Family ARM
Effective 11/4/15 - 11/10/15

TASTE OF THE WILD GRAIN FREE DRY DOG FOOD • Wetlands • Sierra Mountains 30 Lb Bag • Pacific Salmon • High Prairie \$39.99 Effective 11/4/15 - 11/10/15	NUTRO MAX ADULT DRY DOG FOOD • Regular Max • Large Breed Adult • Beef • Senior • Lamb Meal & Rice 30 Lb Bag Limit 2 Bags Per Family \$23.99 Effective 11/4/15 - 11/10/15	PRO-PLAN DRY DOG FOOD • Chicken & Rice 33-35 Lb Bag • Beef & Rice • Lamb & Rice (Sensative Skin & Stomach) • Lite \$33.99 • Bright Mind 30Lb \$39.99 Limit 2 Bags per Family \$31.99 Effective 11/4/15 - 11/10/15	FRISKIES DRY CAT FOOD 16 Lb Bag • Surfing & Turtling • Seafood • Indoor Limit 2 Bags Per Family \$9.99 Effective 11/4/15 - 11/10/15
9 LIVES CANNED CAT FOOD 5.5 Oz All Varieties Limit 1 Case Per Family 35¢ Effective 11/4/15 - 11/10/15	FANCY FEAST GOURMET CANNED CAT FOOD 3 Oz All Varieties Except Elegant Medley Limit 2 Cases Per Family 20¢/\$11.00 Effective 11/4/15 - 11/10/15	JONNY CAT PREMIUM CAT LITTER 20 Lb Bag • Regular • Multiple Cat Formula Limit 2 Bags per Family \$31.99 Effective 11/4/15 - 11/10/15	SCOOPAWAY CLUMPING CAT LITTER PLUS CRYSTALS 25 Lb Box Limit 2 Boxes Per Family \$6.99 Effective 11/4/15 - 11/10/15


NUTRO NATURAL CHOICE DRY DOG FOOD • Chicken, Brown Rice & Oatmeal Formula (Adult & Lrg Breed Adult) • Lite (Chicken Only) • Senior Limit 2 Bags Per Family \$8.00 OFF OUR REGULAR LOW PRICE	FRESH STEP SCOOPABLE CAT LITTER 42 Lb Bag Limit 2 Bags \$11.99	BLUE BUFFALO WILDERNESS DRY DOG FOOD • Chicken • Duck • Salmon • Large Breed Adult • Healthy Weight 24 Lb Bag Limit 2 Bags \$49.99
NUTRO CANNED CAT FOOD SALE • Selected Varieties Max 55¢ Natural Choice 75¢	BLUE BUFFALO CANNED DOG & CAT FOOD • Homestyle • Blue's Stew • Wilderness 12.5 oz • Spca Select • Wilderness 3 & 5.5 oz Selected Varieties As Marked 20% OFF OUR REGULAR LOW PRICES	CAREFRESH PET BEDDING 60 Liter (Ultra Not Included) \$12.99
MERRICK'S CLASSIC NATURAL DRY DOG FOOD • Chicken/Brown Rice/Green Pea 30 Lbs • Beef/Barley/Carrots/Lamb/Brown Rice/Apples Limit 2 Bags ON SALE	FELINE PINE HEALTHY CAT LITTER 20 Lb Bag Limit 2 Bags \$7.99	GRAVY TRAIN DRY DOG FOOD 35 Lb Bag Limit 2 Bags \$13.99
NUTRO CANNED DOG FOOD SALE • Selected Varieties Max 89¢ Natural Choice \$135	FRESH STEP CRYSTALS CAT LITTER 8lb Bag Limit 2 Bags \$10.99	WELLNESS DRY CAT FOOD • Chicken (12 Lb) • Indoor (12 Lb) • Healthy Weight (11.5 Lb) (Salmon, 12 Lb - \$33.99) (3 Free Wellness Cat Can 5.5 Oz With Each Purchase) \$31.99

ADVANTAGE FLEA CONTROL & TREATMENT Dog 1-10 Lbs. (Green) Dog 55+ Lbs. (Blue) Dog 11-20 Lbs. (Teal) Cat 1-9 Lbs. (Orange) Dog 21-55 Lbs. (Red) Cat 9+ Lbs. (Purple) Limit 2 Per Family. Cannot be combined with any other offer. \$4.00 OFF OUR REGULAR LOW PRICE	PARAGON WHIMZEE Dental Dog Treats Limit 12 Cans With Coupon Limit One Coupon Per Family 20% OFF OUR SUPER LOW PRICES	PREMIER Gentle Leader Head Collars \$12.99 Gentle Leader Easy Walk Harnesses \$16.99 Gentle Leader Come With Me Kitty \$9.99 20% OFF OUR SUPER LOW PRICES	MAMMOTH PET PRODUCTS • Tire Bites • Paw Tracks • Flossy Cheeks • Squeaky • Freckles • Soft Pet Toys All Varieties 20% OFF OUR SUPER LOW PRICES	CONAIR PRO GROOMING SUPPLIES • Clippers • Trimmers • Brushes • Shampoo • Deshedding Tool All Varieties 20% OFF OUR SUPER LOW PRICES	PENN-PLAX CASCADE POWER FILTER SALE MODEL TANK SIZE PET CLUB SALE CASCADE 100 20 Gal. \$13.99 Revolutionary CASCADE 150 35 Gal. \$17.99 Bio-Falls Quord CASCADE 200 50 Gal. \$20.99 Filtration System CASCADE 300 100 Gal. \$27.99	TETRA BOXED 10 GALLON TANK With Economy Kit Just add Heater For Tropical Fish \$39.99 Limit 1 Per Family	KENT MARINE WATER SUPPLEMENTS 20% OFF OUR SUPER LOW PRICES	INSTANT OCEAN SEA SALT 50 Gal. Salt Mix \$14.99
--	--	--	--	---	--	--	---	--


BONUS COUPON FRISKIES BUFFET CANNED CAT FOOD 5.5 Oz All Varieties Limit 12 Cans With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 11/4/15 - 11/10/15 ARM PLU 367 43¢	BONUS COUPON WHISKAS TEMPTATIONS CAT TREATS • All Varieties Except Natural - 3 Oz Limit 2 Pkgs With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 11/4/15 - 11/10/15 ARM PLU 449 \$11.99	BONUS COUPON JONNY CAT CAT LINERS Jumbo Drawstring - 5 Ct Limit 1 Box With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 11/4/15 - 11/10/15 ARM PLU 449 \$18.99
---	--	---

Call The Easterbrook Team

We Make Your Loan Process Easy!



John Easterbrook
(916) 224-7653
NMLS# 226555



Patty Aguon
(916) 833-5063
NMLS# 994635

20+ Years of Great Experience

Sierra Pacific MORTGAGE

Knowledge of an Underwriter

© 2015 Sierra Pacific Mortgage, Company NMLS #1728. Licensed in CA by the DBO/RMLA 1728-417-0015. Rates, terms and programs are subject to change without notice. 09/2015

806 Bidwell Street • Folsom, CA 95630



EXPERIENCE THE BEAUTY OF ALASKA

Answer the call of the wild onboard the biggest ship ever to cruise Alaska, *Explorer of the Seas*®.

7-NIGHT ALASKA SAWYER GLACIER CRUISE
JUNE 17 & AUGUST 12, 2016
INTERIORS FROM \$813* USD PER PERSON

Taxes, fees and port expenses of up to \$175.51 are additional and subject to change.

Book today to receive \$50 onboard spending money on select sailings. Plus, receive an onboard coupon booklet!

CWT Vacations
916-638-3536 • lbressani@cwtvacations.com
11230 Gold Express Drive, Suite 311, Gold River, CA 95670

Royal Caribbean INTERNATIONAL

*The pricing and promotions listed on this advertisement are being included by the travel agency and are not the responsibility of Royal Caribbean International or its parent company or affiliates. Contact your travel agency for more information. All itineraries are subject to change without notice. Prices are subject to availability and change without notice. ©2015 Royal Caribbean Cruises Ltd. Ship's registry: The Bahamas. CST#269507-50 • IS#45238 • 8/24/2015

Saluting the Last Raider

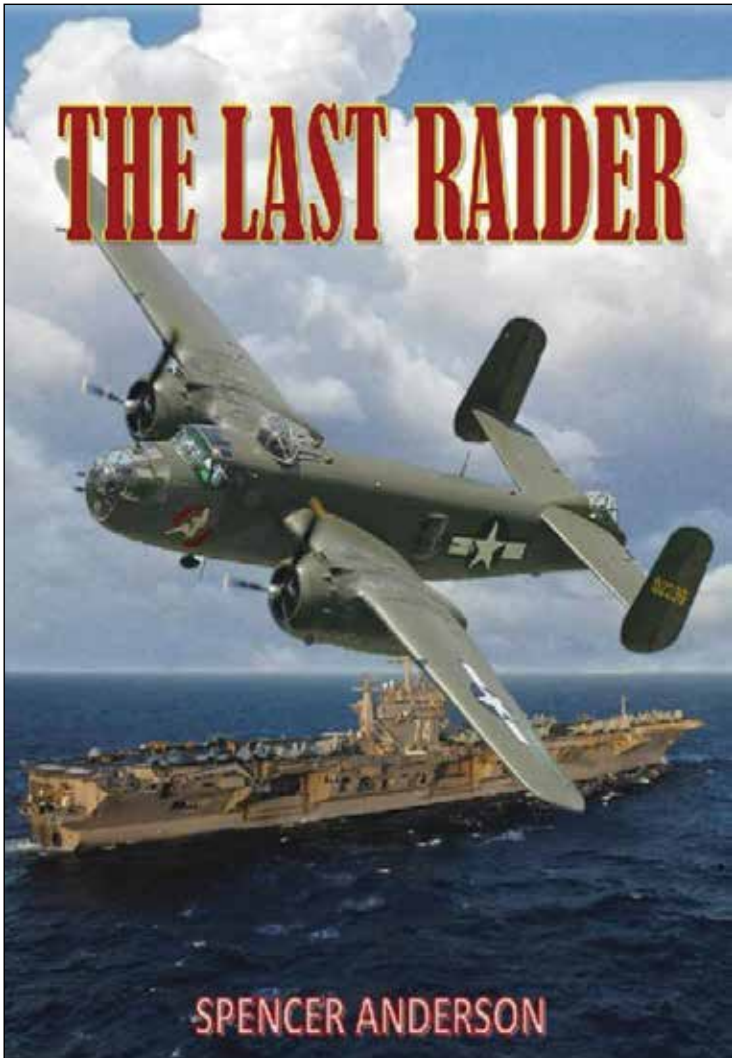
By Sal Arrigo, Jr.

I met Spencer R. Anderson at the recent 10th Anniversary of the California Capital Airshow at Mather Air Force Base. Mr. Anderson, a Vietnam veteran who obtained the rank of Staff Sergeant E-5, enlisted in the US Air Force after he completed his duty as a Civil Air Cadet in Salt Lake City, Utah, and served his country from 1962-1970. Mr. Anderson has also written a book titled, “The Last Raider.” A work of fiction with a sprinkling of real-life combat scenarios, it is a good read for those intrigued by rescue missions and dramatic life situations.

As a communications specialist serving under Marine General Lewis Walt at Da Nang Air Base, Vietnam, it was Mr. Anderson’s duty to monitor telephone land line communications and make sure no one, including General Walt, mentioned any classified information, or happened to express their political opinion of the Vietnam War while using the telephone.

Vietnam was a controversial war, to say the least. The United States was in a turbulent period in its history and our government was not going to make reparations and rebuild Vietnam while putting a drain on our own economy. “Peace with Honor” was how then-President Richard M. Nixon described the Paris Peace Accord in January, 1973. Upon his honorable discharge, Staff Sergeant Anderson was advised not to wear his uniform when landing in the United States, “as you will be spit on and have garbage thrown at you.”

But Mr. Anderson was “proud to represent [his] country” and he



wore his uniform upon landing in San Francisco. “I was not going to hide as people called me names,” he said.

Mr. Anderson had witnessed his buddy die in Vietnam and could not understand how his fellow citizens could treat servicemen and women with such hatred.

Presently, Mr. Anderson and his wife, Carole, follow the air show circuit around the United States enjoying the shows and selling “The Last Raider.” He is also an honorary Colonel with

the Commemorative Air Force, Airbase Arizona, an organization dedicated to honor the military airmen and flyers and to preserve and maintain classic wartime airplanes, such as the B-17 and B-25 aircraft.

You can find out more information about Mr. Anderson at www.spencerandersonauthor.com, and more information regarding the Commemorative Air Force at www.azcaf.org. ★

SCSO Announces New Assistant Director of Marketing and Strategic Planning

Continued from page 1

National Guard and Reserves, Dave retired as a U.S. Army Major.

A proud father of two daughters who still reside in Spokane, WA, he enjoys golf, skiing, and

horseback riding, particularly equestrian polo.

“Dave’s diverse background, dedication, and enthusiasm promise to bring a unique skill set to the arts nonprofit organization as the SCSO continues with

our 20th successful concert season,” said Jeannie Brown. “The entire SCSO offers up a harmonious welcome to its newest board member, Dave Allen!”

Source: Sacramento Choral Society & Orchestra ★

Wells Fargo Home for the Holidays

Saturday, Dec 12 at 8:00 PM

Sacramento Memorial Auditorium

1515 J Street, Sacramento

Special Guest Artist Chester Pidduck, Tenor

Guest Chorus Sacramento Children’s Chorus
Lynn Stevens, Conductor

Guest Bell Choir Christ Community Church
Sharon Sower, Director

SACRAMENTOCHORAL.COM



Radiant music for Christmas—A candlelit procession, audience sing-along, new and familiar choral orchestral holiday songs. Merriment guaranteed!



SCSO
20th
SEASON

Get your tickets early!



Sacramento
CHORAL SOCIETY
& Orchestra

Donald Kendrick, Music Director

TICKETS

CCT Box Office
916.808.5181
or TICKETS.com

FALL INTO GOOD HANDS WITH SIERRA VISTA BANK

The Fair Oaks Village Team



As a team Michele, Stacey and Linda bring over 76 years of banking experience to the Fair Oaks Village Office and it shows. Their commitment and devotion to their customers and the community is exceptional. Sierra Vista Bank, Fair Oaks Village Office was voted “Business of the Year” in 2014 by the Chamber of Commerce.

If you have not had an opportunity to meet the team, we welcome you to stop by and see for yourself how Sierra Vista Bank is your partner in success!

SierraVista
BANK

www.sierravistabank.com

MEMBER FDIC • EQUAL HOUSING LENDER

Fair Oaks Village
916.293.4910

Cameron Park
530.676.3400

Folsom
916.850.1500

ANYTHING & EVERYTHING DON'T PAY RETAIL! 1000s OF ITEMS!

We Are A Cross Between A:

- Hardware Store • BBQ Store
- Dollar Store • Garage Sale • Flea Market
- Roseville Auction • Thrift Store
- Christmas Trees (Pre-lit & Unlit)
- Inflatables • Christmas Lights



SAVE THE TAX
FOR CASH!
Or Pay With Credit or Debit Card
For Your Total of \$50 or More
10% OFF STOREWIDE!!!



Basically Anything & Everything You Can Imagine - OPEN BOX!
SLIGHTLY USED At A Fraction of The Cost of New... AND WE LOVE MAKING DEALS!!!
Great Stocking Stuffers & Dad's Gifts. Everything A Fraction of Regular Price!



YOU WILL LOVE OUR STORE!!!



4926 Auburn Blvd.
(Between Madison Ave. & College Oak)
Sacramento, CA 95841

(916) 339-6115
OPEN 7 DAYS • 10AM-7PM

Olive Oil Expert Shares Skills at Library Tasting



Olive oil aficionado Maria Farr (and pooch Cassius) with tools of the taster's expertise. Farr will share olive oil knowledge in a tasting event at Carmichael Library on November 10th.

Story and photo by Susan Maxwell Skinner

Born in Argentina and raised in California, Maria Farr has good reason to bless an age-old staple that oils the wheels of Latino kitchens.

“Most Argentinians are of Italian origin,” said the Carmichael resident. “My mami had a huge can of Italian olive oil under her sink. She used it in everything she cooked. “As a teenager in California, I wanted our food to taste more American. But mami even cooked our French fries in olive oil. Our mashed potatoes tasted of oil and garlic.”

No surprise, Farr grew up with good health, hair, and skin. “Mami gave my hair oil treatments,” she recalls. “Olives produce excellent, healthy oil. If I get it on my hands when cooking, I don’t wash it off, I rub it in. It’s too good to waste. She taught me that.”

Mami also bequeathed her only child a second career. After 20 years of teaching Spanish at Sacramento Waldorf School (Fair Oaks), Farr is now exploring more inherited skills. Her rapport with olive oil has made her one of a very few sensory experts recognized by the international olive oil industry.

Farr will share her knowledge at a free tasting event in Carmichael Library on November 10th. Her program introduces participants to the good, the great, and the ugly of

oil production.

“Certain qualities can only be detected by human taste,” she explains, “whether it’s virgin, extra virgin or not fit for human consumption. The more virgin (pure) your oil, the more of its heathy qualities you’ll ingest. What skill I have was developed by many years of tasting and training,” she says.

Honed by UC Davis study, her sensory talent led to a seat on a panel that helps oil producers. The panelist has since sniffed, sipped, swirled (and occasionally spat) hundreds of oils.

Samples are submitted from olive farms all over the world. Panel protocol requires that sensors are isolated with small cups of oil, water, and sliced apples (for cleansing palates).

“Every taster has their own style,” Farr observes. “Some swallow, some spit. Our observations are tallied. We also give descriptors—like buttery, nutty or peppery—that producers can use on labels.” These tests also identify problems with harvesting, milling, storage, and indicate if improvements are needed.

UC Davis has since discontinued this service but the experts’ mission continues. Farr and panelist friends now work for Applied Sensory, a Fairfield consulting company that tests wines, olive oils, and beer.

“The law requires growers and millers’ products to be tested by a lab and a sensory panel,” she explains. “We’re one of only

seven panels recognized by the American Oil Chemists’ Society. We’re paid a stipend but it’s fun; we feel that we’re also benefiting consumers. People should eat what’s good for them.”

Some professional tasters coset palates by avoiding alcohol she confides. “I don’t eat the morning of a tasting. I have tea, nothing else. I love the smell and taste of olive oil. I don’t want to overwhelm it.”

Love for the humble olive extends to cookery. Farr has established a blog to share recipes and knowledge. “My mother cooked from scratch; that’s what I do, too,” she says. “I can’t just open a box and call it dinner. Like mami, I use olive oil in everything—cakes, breads, I even give it to my dog for his coat. I love exploring new recipes. Friends are my guinea pigs. When they ask for a recipe, I know I’ve succeeded.”

Maria Farr’s Carmichael Library program begins 6 p.m. on Tuesday, Nov. 10th. Registration is required via www.saclibrary.org. The library address is 5605 Marconi Avenue.

Future oil tasting programs are planned for Eskaton (Roseville) on November 19th; Eskaton Monroe Lodge (Freeport Boulevard) on December 11th; and Eskaton (Carmichael) on February 4th, 2016.

You can access Maria Farr’s culinary blog at www.therenaissancekitchen.com. ★

2nd Annual

Sunrise Crafts Fair

Saturday, November 14, 2015
10:00 a.m. – 3:00 p.m.

Rusch Park Community Center
7801 Auburn Blvd. Citrus Heights

Our vendors will be selling hand crafted and homemade items of all kinds!

Refreshments will be available

Raffle prize drawings every 30 minutes during the event

For more information, please contact Jacqueline (916)725-1585

Free
Admission and Parking

Free
Child finger printing

A special visit from Mrs. Claus!



POTOCKI FAMILY CHIROPRACTIC

**WE LISTEN
WE CARE
WE GET RESULTS**

THE NATURAL WAY TO GOOD HEALTH

Consultation, Exam, X-Rays (if necessary), Repair, and Adjustment for

\$45⁰⁰*

* Excludes Medicare and Worker's Compensation.

Potocki Family Chiropractic
5150 Sunrise Blvd.
Suite F1
Fair Oaks, CA 95628
(Corner of Wildridge & Sunrise)
916-536-0400
www.drpotocki.com


COME SHOP WITH US!



EAT HEALTHY. BUY LOCAL.

Earn \$200 per month for just a few hours delivery work per week! CALL 773-1111





Publisher, Paul V. Scholl

American River Messenger is a member of **Messenger Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Editorial5@mpg8.com.
Be sure to place in the subject field "Attention to Publisher."
If you do not have email access, please call us at (916) 773-1111.

AMERICAN RIVER Messenger




Serving Fair Oaks, Orangevale and Sacramento County since 2006


It is the intent of the *American River Messenger* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *American River Messenger* is not responsible for unsolicited manuscripts or materials. The entire contents of the *American River Messenger* are copyrighted. Ownership of all advertising created and/or composed by the *American River Messenger* is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *American River Messenger*, 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. Subscription rate is \$28 per year in Fair Oaks and Orangevale. The *American River Messenger* is published twice-monthly. Call 916-773-1111 for more information. (ISSN # 1948-1918).

We are proud members of these newspaper associations.





SUNRISE MALL FARMERS MARKET

Every Saturday

8:00 a.m. – 1:00 p.m.

6196 Sunrise Mall (parking lot) Citrus Heights, CA 95610

.....

Live Music & Entertainment • Chef Demos
Specialty Gourmet Foods • Artisans/Crafters
EBT/WIC & SNAP Accepted

Open Year-Round Rain or Shine!



Other Markets Near You:

Historic Folsom
Every Saturday
8:00 a.m. - 1:00p.m.
915 Sutter Street
Folsom, CA 95630

Carmichael Park
Every Sunday
9:00 a.m. - 2:00 p.m.
5750 Grant Ave.
Carmichael, CA 95608

Fair Oaks Sunset
Every Wednesday
3:00 p.m. - 7:00 p.m.
8101 Sunset Ave.
Fair Oaks, CA 95628

Bring this Ad with you to any market location and receive **FIVE raffle tickets** to enter to win our **Monthly Farmers Market Gift Basket!**

MPG

ILoveMyFarmersMarket.com



Dare to Live Without Limits

Being Understood



by Bryan Golden

Effective communication is essential to successfully interacting with others. We often take for granted that people know what we mean. Although we assume we are being understood, not enough effort is made to verify that this is actually the case.

Are you understood when communicating with others? When your thoughts, intentions, or ideas are misunderstood, numerous problems result. Time is wasted, mistakes are made, feelings are hurt, your intentions are misinterpreted, or people get the wrong idea.

You can be misunderstood when making a point or when responding to what someone else said or wrote. In order to be understood, you have to know what are the desired end results you would like. If your goal is vague or your thoughts disorganized, you won't be able to communicate in a clear, easily understood manner.

In order to be understood, you must understand and adapt to your audience. You have to adjust your communication approach to overcome any barriers. Obstacles may exist because of: age, gender, background, experiences, education, occupation, assumptions, prejudices, stereotypes, attention level, language, culture, mindset, attitude, or emotional state.

The speed of your speech and vocabulary level should be such that your message is easily discernable. Don't overwhelm your listener. Invite questions. Watch for, and be receptive to signs that your listener wants to

respond or ask questions.

Keep it simple and to the point. Avoid complex or verbose communications. Don't wander by including lots of disjointed or irrelevant topics.

In communications, less is more. People have a limited attention span. Taking an inordinate amount of time to get to the essence of what you seek to convey will lose your audience.

As you are speaking, watch the reaction of your recipient. If they don't exhibit the response you expect, or look confused, ask questions to determine the reason for the misunderstanding and make corrections before proceeding.

Communicating while you are angry or upset is easily misunderstood. You will say things you may later regret. Give yourself adequate time to calm down before speaking or writing. Failing to take this approach results in aggravating situations and creating additional problems.

Pay attention to your voice inflection. It can change your intended meaning. If you are distracted, your inflection may not be what you intended. Additionally, when you have an important message to convey, make sure thoughts are focused.

If you use humor, make sure it's appropriate to the situation and doesn't offend anyone.

Whereas it's OK to poke fun at yourself, don't do it to others. You may not mean anything offensive, but many people don't react well to being joked about.

A friendly, positive attitude makes your message easier to understand. When someone thinks you have a negative message, they get defensive and won't be receptive to what you are trying to convey.

Using questions to get your point across is very effective. It encourages more listener participation than simply making statements. It holds their attention and allows them to feel they are part of a conversation rather than just being lectured to.

Adapt to your audience. Be clear and concise. Ask open ended questions to verify that you have been understood. Don't just ask yes or no questions such as, "Did you understand me?"

Being understood is a two way process. You have to deliver a clear, easily understood message and your audience must interpret it correctly. When people have no idea of what you said, nothing has been accomplished.

As the deliverer of a message, it's your responsibility to ensure it's understandable. Don't become offended if your message is not readily understood. Learn from each experience how to improve.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. © 2011 Bryan Golden. ★



By Marlys Johnsen Norris, Christian Author

Haven't you felt like there was something missing in your life for a very long time? You have been on the heart and mind of the Heavenly Father since the day of your birth. Our creator is anxiously waiting to hear from you. Every one of His creations

Ask, Seek, and Knock

is important to Him and He desires a very intimate personal relationship with you.

The words of scripture were written long ago and they will confirm to you how important you are to God. Over and over again, you can read about His personal love for you and all of His creation and how you will be reconciled to God through the death of His beloved son, Jesus Christ.

It is important to enjoy one's personal relationship through prayer and take every request one has before God. "Ask, and it will be given to you, seek and you will find, knock and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who

knocks it will be opened. Or what man is there among you who if his son asks for bread, will give him a stone? Or if he asks for a fish, will give him a serpent? If you then, being evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him?" (Matthew 7:6-11)

He will answer, and when He does it is extremely important to thank and praise Him. God loves those who have good manners and sincerely appreciate His answers to their prayers.

Marlys Johnsen Norris is the Christian author of seven books. You may contact her at Marlysjn@gmail.com. ★



ARCADE CREEK MANOR ANNUAL BAZAAR



Saturday, November 7, 2015 9am-3pm

White Elephant • Clothing Book • Christmas Decoration • Baked Goods
Jewelry • Handmade Crafts • Cake Walk • Floral • Prize Drawings • Snack Bar

6548 Auburn Blvd, Citrus Heights, CA
(Corner of Auburn and Van Maren)

Dedicated To Local Charities

The Lakeview Village Ladies Club



Craft Fair

Cafe and Bake Sale



Jewelry, Linens, Art, Toys, Books, Christmas Items, and much more!

Saturday, November 7th
9:00 a.m. to 2:00 p.m.

Lakeview Village Clubhouse
6211 Summerset Lane, Citrus Heights
Near Auburn Blvd. & Van Maren Lane

916-725-0223



Grace Baptist Church

Come and Experience God's Amazing Grace

Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung.

Grace Baptist still stands on the Principles, Doctrines and Separation, found and taught in The Bible

Service Schedules

Sunday Schools (All Ages) 9:45am
Sunday Worship II 9:00 am
Sunday Evening 6:00pm
Wednesday Evening 7:00pm

6724 Palm Avenue, Fair Oaks, CA 95628
(Located one block South of Madison; just East of Dewey)
Pastor Charles Carter (916) 967-3915

Call for more information



Union Gospel Mission Sacramento

For more than 50 years, Union Gospel Mission has been serving Sacramento's homeless with shelter, meals, clothing, a rehabilitation program and a life-changing Gospel message. Founded in 1962 by concerned Christians for men in need, the Mission also serves women and children. The Mission is an amazing testament to the good that comes with committed volunteers, inspired leadership and the community's support.

50+ Years of Service
We accept donations, clothing and goods, 7 Days a week... and prayers always!



(916) 447-3268
400 Bannon Street • Sacramento, CA 95811
Exec. Director, Pastor Tim Lane • P.O. Box 1108, Sacramento, CA 95812
Tune in our Radio Program: KFIA 710 AM, Sun & Mon 3 PM
listen online & visit us at: www.ugmsac.com Facebook.com/UGMSAC



United Methodist Church of Rancho Cordova

Invites you to our **ANNUAL HOLIDAY FAIRE**

Hosted by United Methodist Women
Date: Saturday, November 7th, 2015
Time: 10am - 2pm
Luncheon: 12:00 Noon, Tickets on sale - \$12
For Luncheon tickets contact:
Emily Willis (916) 363-8313 or ewillis@cwo.com
For more information about the Holiday Faire
Contact Deloris Coppin: (916) 989-1460

United Methodist Church
2101 Zinfandel Dr., Rancho Cordova
(916) 635-4242

River City Chorale's Christmas Concert

Begin the Season with Us!



Hear a wonderful variety of Christmas music - exciting new song as well as beloved favorites!

Friday, Dec., 4 - 7:30pm First Baptist Church of Fair Oaks 4001 San Juan Ave. Fair Oaks	Saturday, Dec., 5 - 7:30pm Faith Presbyterian Church 625 Florin Road Sacramento	Sunday, Dec., 6 - 7:30pm St. Mark's Lutheran Church 7869 Kingswood Dr. (Near Sunrise Mall) Citrus Heights
---	--	---

Advance Tickets \$15.00 At the Door \$20.00 • RiverCityChorale.org or Call 916-331-5810



THANK A VETERAN TODAY

CALL A PROFESSIONAL

Business & Service Directory

LANDSCAPE SERVICES

SLS

Insured
Lic#794551

Superior Landscape Services
Landscaping and Maintenance

• Sprinkler Repair/Install • Pruning
• Mowing/Trimming • Fertilizing

(916) 728-5812 • Cell (916) 761-0999
Dave Cochran Owner • dave_SLS@surewest.net

NOTARY SERVICE

Notary Public of the State of California
Professional, Quick, Easy and Affordable.

Theresa L. Kain
916.340.4350
TLKNotary4U@gmail.com

By Appointment Only.
Call or Email for Details.

TK

CONCRETE LANDSCAPE SERVICE

CONCRETE
LANDSCAPE
SERVICES

Commercial/Residential

All concrete
finishes including
stamp, salt, sand,
broom, expose
aggregate

11151 TRADE CENTER DRIVE
SUITE 204
RANCHO CORDOVA, CA 95670
Ron Davis Bus Development
concretelandscapeservices.com

Ofc (916) 688-1550
Cel (707) 280-5545
Fax (916) 682-1884
Insured & Bonded

PARALEGAL SERVICES

Living Trust • Living Will

Includes: Trust, Will, Powers of Attorney,
Family Residence Deed
Single \$450 • Couple \$495

Call Lynda K. Knight (916) 214-1215
1337 Howe Ave. Suite 103, Sacramento

HORSE RANCH SERVICES

★HHR★
Hughes Horse Ranch

Providing Quality, Caring and
Professional Horse Boarding
in Carmichael since 1983

DRY STABLES
AND RUN

\$200/MONTH
916.944.3119

• Large Covered Pipe Corral Stalls
• Individual, Secure Tack Lockers
• Horses Fed Alfalfa Twice Daily
• Automatic Water Systems

• Cement Wash Rack
• Riding, Grazing and Turn Out Pastures
• Arena • Trailer Storage
• Riding Distance to Ancil Hoffman Park

HOME OWNERSHIP

1st Time Home Buyer??

Charles
Vines

Broker Associate
(916) 216-9349
DRE# 01789423

Me out

QR Code

Scan QR Code to see YouTube Video

CONSTRUCTION SERVICES

Brasiel's Construction Company

Specializing in
Residential Remodel and Repair
In addition to other services, we do
bathroom remodels, kitchen remodels,
pest report repairs and entire home makeovers.

Call for a free estimate:
Office Phone (916) 725-4061 • Cell (916) 745-2447
E-mail garybrasiel@surewest.net
Website: www.brasielscostructioncompany.com

LET'S FACE IT!

Some jobs are just too
big to do-it-yourself!
Whatever it is that you need done,
Call A Professional!
Check out the advertisers
on this page. They are
waiting to hear from you!

Illustration of a person using a power tool on a wall.

PET SITTING SERVICE

Professional, Loving
PET CARE
Established Reputation
Kennel Free Environment
Lots of TLC

Call Madeline
(916) 723-1608

CALL
773-1111
TO ADVERTISE
IN YOUR
LOCAL
HOMETOWN
NEWSPAPER

GOT LOCAL NEWS?

Call 773-1111

MPG

Messenger
Publishing
Group

DRUG AND ALCOHOL REHABILITATION

CLEAN & SOBER
LIVING
CSTL, Inc.

HELPING PEOPLE AND THE COMMUNITY WITH
THE ALCOHOL AND DRUG PROBLEM!
18 YEARS IN BUSINESS!

DETOX (916) 965-3386 SOBER LIVING (916) 961-2691

DENTAL CARE

Dr. John C. Riach
Dr. Michael B. Holm
Dr. Guy E. Acheson

AMERICAN RIVER DENTAL

Appointments 7 a.m. to 7 p.m. • New patients welcome
IV Sedation-Nitrous Oxide • Orthodontics

10350 Coloma Rd. 362-9247

GENERAL CONTRACTOR

A Retired General
Contractor and Son

All Home Repairs

• Carpentry • Plumbing • Texture
• Kitchen and Bath Repair
• Tile Work • Painting
• Flooring - Linoleum and Wood

License # 684476 25 Years in
Citrus Heights

Call Tim at 916-495-6183

COMMERCIAL JANITORIAL SERVICES

FRANCHISE OPPORTUNITIES AVAILABLE

Anago

OF SACRAMENTO

The Superior Choice for
Commercial Cleaning

Commercial
Janitorial Service

Call to schedule your
FREE Quote

916.782.3300 • www.ANAGOSAC.COM

COMPUTER SERVICES

Zinsky's

PC Configurations
"Don't replace it - REPAIR IT!"
Custom Desktop Computer Configurations
• PC Repair • Home Wireless Networking
• Installations • Viri & Spyware Eradication

Alan Zinsky
Phone: 916-622-2269
Zconfig@sbcglobal.net
Bus. Lic. # 305312 • B. E. A. R. Reg. #84416

www.zinskyspcrepair.com

IF YOU'RE READING THIS
SO ARE YOUR CUSTOMERS

Advertise
Your
Business
Here

CALL 773-1111

PAINTING SERVICES

Anni The Painter

One Room
at a Time
Okay!

• Perfectionist
• Fun Ideas • Kid's Rooms
• Cabinets • Bathrooms
• Kitchens • Etc.

New Molding Installs • Small Jobs OK!
Lic # 733938 • Free Bids
916-532-6194

SOCIAL GROUPS

NEWCOMERS AND
NEIGHBORS

New to the area? Want to liven
up your social life?

Activities include Cards,
Bunco, Movies,
Book Reviews, Monthly
Luncheons and more...

www.nngsa.org

BARTER

ITEX Advantage

Just don't ask to see our cape.
Join thousands of businesses that have discovered
the benefits of bartering.

ITEX

Call Susan 916.779.5210 | sacramento.itex.com

Illustration of a man in a suit holding a cape with the ITEX logo.

STATEPOINT CROSSWORD • FAMOUS ATHLETES

CLUES

ACROSS
1. Hassan Rouhani's
language
6. Filling station filler
9. " ____! In the Name of
Love"
13. Like closed curtains
14. Paleontologist's estimate
15. Unit of electrical energy
16. Bitter
17. Between generations?
18. Harbor city of Ancient
Rome
19. *Tennis great
21. Kind of can
23. *Golfer Trevino
24. Hefty competitor
25. Island strings
28. Queen of Carthage
30. Mexican ranch
35. Salty septet
37. Chow
39. In no manner
40. Up it in poker
41. Polynesian dance, pl.
43. Like a broken horse
44. Kelly Clarkson and Phillip
Phillips
46. Hindu Mr.
47. Julia Roberts' Brockovich
48. Dairy choice
50. NCAA tourney position
52. "Owner of a Lonely
Heart" band
53. Affirmative
55. Indigo extract
57. *1968 Olympic figure
skater
61. *Bruce no more
64. Bad car
65. ____ Tzu
67. Be of use
69. Wine ripening
70. Caribou kin
71. Dots and dashes code
72. A ____ move
73. *Result of first Lewis-Holyfield
title fight
74. Like Tin Man after being helped

DOWN
1. Health and Human Services org.
2. Parentheses, e.g.
3. Hard to find
4. Top of a DQ cone
5. Truly
6. Lady singer
7. Eastern title
8. Part of a calyx
9. Average
10. Sounds of reproof
11. Medley
12. Church sound
15. *Bull and Wizard
20. Black Beauty's cry
22. *Mike Tyson bit one
24. Hungarian stew
25. *Fastest man on Earth
26. Japanese sword fighting
27. To ____ a table
29. Clobber

31. Do, re or mi
32. Characterized by great caution
33. Friend, slang
34. *Credited for crushing Hitler's
myth of Aryan supremacy
36. Narcissist's love
38. *a.k.a. The Sultan of Swat
42. Napped leather
45. "I'm just ____."
49. X
51. Electrical current generator
54. End of a shoelace
56. Concluding portion of a poem
or essay
57. Old Glory
58. Children's construction block
59. What exhaust pipes do
60. Opposite of stereo
61. Jester's remark
62. * ____ "The Pearl" Monroe
63. Do like phoenix
66. *He floated like a butterfly?
68. Light-emitting diode

CROSSWORD

Grid with numbers 1-74.

Want The Best
Deal On TV
& Internet?

Call Now and Ask How!
1-800-318-5121

All offers require 24-month commitment and credit qualification.
Call 7 days a week Mon - Fri 9am EST Promo Code: 9162015 *Offer subject to change based on premium channel availability.

Get
DISH!

promotional prices
starting at only...
\$19.99/mo.
for 12 months.

ADD
HIGH-SPEED
INTERNET
\$14.95/mo.
where available

dish AUTHORIZED RETAILER

© StatePoint Media

Load your
events up!

Go to www.mpg8.com, choose one of our publications
click on EVENTS and add your EVENTS
to our calendar. We make it easy!

You can reach 175,000
readers for just \$68!
(916)- 773-1111

MPG

SUDOKU

GOT KNEE PAIN?

Get a Pain-Relieving Knee Brace
At Little or No Cost to You
You May Qualify for Free Shipping
We Ship the Knee Brace
Shoulder Braces, Ankle Braces,
Back Braces Also Available

Medicare Patients
Call Us Right Now
1-800-984-0360

Sudoku grid with numbers 1-9.

For Solutions See Page 7

Come back every week for Crossword and Sudoku!

Adoption

PREGNANT? CONSIDERING ADOPTION? Call us first. Living expenses, housing, medical, and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 1-877-879-4709 (Cal-SCAN)

Announcements

Hot Flashes? Women 40-65 with frequent hot flashes, may qualify for the REPLENISH Trial - a free medical research study for post-menopausal women. Call 855-781-1851 (Cal-SCAN)

DID YOU KNOW 144 million U.S. Adults read a Newspaper print copy each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6019 or email elizabeth@cnpa.com (Cal-SCAN)

DID YOU KNOW 7 IN 10 Americans or 158 million U.S. Adults read content from newspaper media each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6019 or http://prmediarelease.com/california (Cal-SCAN)

Antiques/Collectibles Wanted

Old Railroad Items Wanted: lanterns, locks, china, paper, etc. Call (916) 663-2463 (MPG 12-31-15)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 12-31-15)

Wrist Watches, Pocket Watches, Costume Jewelry Cash Paid and will pick up

Call (916) 991-7850 or (916) 607-7890

Autos Wanted

WE BUY CARS! Running or Not. Any Make, Model or Year. Call today for an INSTANT OFFER. Free Towing/Pickup. Top Dollar. We're Local! 1-800-844-3595 (SWAN)

CARS/TRUCKS WANTED! Top \$\$\$\$ PAID! Running or Not. All Years, Makes, Models. Free Towing! We're Local! 7 Days/Week. Call Toll Free: 1-888-416-2330

Donate Your Car to Children's Cancer Victims Today! Help and Support ACCF! Fast - FREE pick up. 100% tax deductible. Call 1-800-258-1429 (NANI)

I buy old Porsche's 911, 356, 1948-1973 only. Any condition. Top \$\$ paid. Finders Fee. Call 707-965-9546 or email porsche-classics@yahoo.com (Cal-SCAN)

A-1 DONATE YOUR CAR FOR BREAST CANCER!

Help United Breast Foundation education, prevention, & support programs. FAST FREE PICKUP - 24 HR RESPONSE - TAX DEDUCTION 855-246-2246 (NANI)

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND.

Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 800-731-5042. (Cal-SCAN)

Donate Your Car to Veterans Today! Help and Support our Veterans in need. Fast - FREE pick up. 100% tax deductible. Call 1-888-830-6173. (Cal-SCAN)

Got an older car, boat or RV? Do the humane thing. Donate it to the Humane Society. Call 1- 800-743-1482 (Cal-SCAN)

Bathroom or Kitchen Remodeling

WAIT! Before You Spend MORE to Get LESS Call (916) 798-8388 License No. 998108 (MPG 10-2-15)

Business Services

I Will Ghostwrite Your Memoirs or personal Story. Professional writer of 30 published books. Guaranteed Quality Services www.ProfessionalWriterJayNorth.com Free Consultation Jay North 805-794-9126 (Cal-SCAN)

Cable/Satellite TV

Dish Network - Get MORE for LESS! Starting \$19.99/month (for 12 months) PLUS Bundle & SAVE (Fast Internet for \$15 more/month.) CALL Now 1-800-357-0810. (Cal-SCAN)

DIRECTV Starting at \$19.99/mo. FREE Installation. FREE 3 months of HBO SHOWTIME CINEMAX stanz. FREE HD/DVR Upgrade! 2015 NFL Sunday Ticket Included (Select Packages) New Customers Only. CALL 1-800-614-8506 (NANI)

DIRECTV Starting at \$19.99/mo. FREE Installation. FREE 3 months of HBO SHOWTIME CINEMAX, STARZ, FREE HD/DVR Upgrade! 2015 NFL Sunday Ticket Included (Select Packages) New Customers Only. CALL 1-800-385-9017 (Cal-SCAN)

Career Training

AIRLINE CAREERS. Get FAA approved maintenance training at campuses coast to coast. Job placement assistance. Financial Aid for qualifying students. Military friendly. Call AIM 888-686-1704 (NANI)

MEDICAL BILLING TRAINEES NEEDED! Train at home to process Medical Billing & Insurance! **NO EXPERIENCE NEEDED!** Online training at Bryan University! HS Diploma/GED & Computer/Internet needed. 1-888-734-6711 (NANI)

25 DRIVER TRAINEES NEEDED! Become a driver for Stevens Transport! **NO EXPERIENCE NEEDED!** New drivers earn \$900+ per week! PAID CDL TRAINING! Stevens covers all costs! 1-888-734-6714 drive4stevens.com

Cemetery / Funeral

Crypt 40, Tier 4
Carmel East, \$9,000, East Lawn Fab 40 Memorial Park, quite location, beautiful marble, low price, Sacramento, CA. Please contact between 8am-5pm (916) 410-0862 (MPG 10-2-15)

Computer Service

VERNON'S COMPUTER SERVICE
Any Computer - Any Service 24hrs/7days-Low Prices! 916-339-3738 (MPG 12-31-15)

Dry Wall Repair

Quality dependable work, 40 years experience, small jobs specialty, Jim Walker LIC #612936 Call (916) 333-9174 (10-30-15)

Electrical Services

RETIRED MASTER ELECTRICIAN, problem solver! 30 yrs experience, senior discounts, Save big - don't replace panel - rebuild it. Lic.# 513168, 916-595-3052 (MPG 12-31-15)

Financial Services

SOCIAL SECURITY DISABILITY BENEFITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-966-1904 to start your application today! (Cal-SCAN)

Reduce Your Past Tax Bill by as much as 75 Percent. Stop Levies, Liens and Wage Garnishments. Call The Tax DR Now to see if you Qualify. 1-800-498-1067. (Cal-SCAN)

Sell your structured settlement or annuity payments for CASH NOW. You don't have to wait for your future payments any longer! Call 1-800-673-5926 (Cal-SCAN)

Franchise Opportunity

Turn-key Baskin-Robbins Franchising Opportunity in Auburn, CA. We build it, you buy it. Don't miss out on the opportunity to become your own boss. Call 781-737-5530 or email franchiseinfo@baskinrobbins.com.

Health & Medical

OVERWEIGHT? We have helped thousands of people across the USA since 1980. Guaranteed products, 100% money-back if not satisfied. Call Linda or Frank. (800) 319-5558 or www.WeBeSlim.com (SWAN)

Stop OVERPAYING for your prescriptions! Save up to 93%! Call our licensed Canadian and International pharmacy service to compare prices and get \$15.00 off your first prescription and FREE Shipping. Call 1-800-356-4170 (SWAN)

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 93% on all your medication needs. Call today 1-800-273-0209 for \$10.00 off your first prescription and free shipping. (Cal-SCAN)

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain-relieving brace - little or NO cost to you. Medicare Patients Call Health Hotline Now! 1- 800-796-5091 (Cal-SCAN)

Handyman

QUALITY LABOR & MAINTENANCE
Yard Work, Hauling, Gutter Clean, Odd Jobs
You Name It!
(916) 613-8359

Help Animals

SPCA Thrift Shop Helpless animals need your donations. The Real Non-Profit. Will pick up. Call 916-442-8118. 1517 E Street for donations-10-4pm (MPG)

Help Wanted

Housekeeper in Watt and Marconi area needed for 4-5 hrs per week. Please call JJ at 916 481-5558.

AIRLINE CAREERS start here - Get FAA approved Aviation Mechanic training. Financial aid for qualified students. Job placement assistance. Get started by calling AIM now 888-216-1687 (SWAN)

ATTN: Drivers - Average \$1000+ p/wk! CBBS + 401k + Pet & Rider. Home For Christmas! \$500 Holiday Bonus! CDL-A Req - (877) 258-8782. www.drive4mellton.com (Cal-SCAN)

WORK AT HOME! \$570/WEEKLY** ASSEMBLING CHRISTMAS DECORATIONS + ENROLL into our FREE HOME MAILER PROGRAM + HOME TYPING PROGRAM. PT/FT. Genuine! www.HelpWantedWork.com (NANI)

DRIVERS - No experience? Some or LOTS of experience? Let's Talk! No matter what stage in your career, it's time. Call Central Refrigerated Home. 888-891-2195 www.CentralTruckDrivingJobs.com (Cal-SCAN)

Jake's Barber Shop

RUN SHOP
Saturday - All Day
Sunday - 1/2 Day
Start in November. For more details refer to Jake 916 272-3339 916 967-0763

Seeking Area Coordinator. Manage successful tutoring program in your area. We will provide all back room expenses/ payroll. Great business opportunity for dedicated entrepreneur. 1-800-293-3091 academictutoringservice@gmail.com (Cal-SCAN)

Home Maintenance

Help Needed
I need a backyard fence installed. Please call 916 782-3183

Inhome Childcare

Nenes Smart Start
Small in-home Childcare M-F 7AM-6PM. Infant thru 5 Preschool certified Licensed & Insured, (916) 723-3342 collierh@surewest.net

Insurance/Health

Lowest Prices on Health & Dental Insurance. We have the best rates from top companies! Call Now! 888-989-4807. (Cal-SCAN)

Legal / Public Notice

DID YOU KNOW Information is power and content is King? Do you need timely access to public notices and remain relevant in today's highly competitive market? Gain an edge with California Newspaper Publishers Association new innovative website capublicnotice.com and check out the Smart Search Feature. For more information call Elizabeth @ (916) 288-6019 or www.capublicnotice.com

Legal Services

DID YOU KNOW Information is power and content is King? Do you need timely access to public notices and remain relevant in today's hostile business climate? Gain the edge with California Newspaper Publishers Association new innovative website capublicnotice.com and check out the FREE One-Month Trial Smart Search Feature. For more information call Elizabeth @ (916) 288-6019 or www.capublicnotice.com (Cal-SCAN)

Medical Supplies / Equipment

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

Moving Services

STEADY MOVES
You rent the truck... we will make sure it is loaded/unloaded **PROFESSIONALLY!** (Lic#322945) 916-206-3183. Email msmith2661@comcast.net (MPG 12-04-15)

Miscellaneous

CAN'T BREATHE? 2 FOR 1 SALE All Nasal Sprays NO RX required / offer ends Nov 15/15 Canadian Pharmacy Mention Code: BREATHE 1-888-848-1945 www.riverpharmacy.ca (NANI)

MAKE A CONNECTION

Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: 1-877-909-2569 (SWAN)

YOUNG READERS

- Find the magic of farm life in this wonderful children's book. Check out Richard the Donkey and His LOUD, LOUD Voice at www.RichardTheDonkey.com (NANI)

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: 1-877-737-9447. 18+ (NANI)

DIRECTV \$19.99 month 145+ Channels! FREE HBO Cinemax Showtime Starz! FREE HD/DVR! FREE NFL Sunday Ticket! Local Installers! 1-800-342-1458 (NANI)

If you or a loved one took the blood thinner Xarelto and had complications due to internal bleeding after January 2012 you MAY be due financial compensation. Call Injuryfone 1-800-410-0371 (NANI)

Junk Cars for Cash (\$1,000+) All Cars: Any Condition Cash PAID Same Day! Instant Phone Quote! No Title OK! 1-866-835-9249 (NANI)

A PLACE FOR MOM.

The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-800-217-3942 (NANI)

Life Alert. 24/7. One press of a button sends help FAST! Medical, Fire, Burglar. Even if you can't reach a phone! FREE Brochure. CALL 800-309-8027 (NANI)

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-980-6076 for \$750 Off. (NANI)

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain-relieving brace - little or NO cost to you. Medicare Patients Call Health Hotline Now! 1-800-491-6053 (NANI)

ACCESS YOUR LAWSUIT CASH!

In an Injury Lawsuit? Need Cash Now? Low Rates. No Credit Checks/Monthly Payments. Call Now 1-800-568-8321. www.lawcapital.com (NANI)

DIVORCE, ETC. \$240-\$550*

Covers Children, etc. *Excludes govt. fees! For a Local Office, Call 1-215-717-8499, Ext. 400 or 1-888-498-7075, Ext. 500 BAYCOR & ASSOCIATES Established 1973 (NANI)

Struggling with DRUGS, ALCOHOL, PILLS?

Talk to someone who cares. Call ADDICTION HOPE & HELP LINE for a free assessment. 800-768-9180 (NANI)

Miscellaneous

CASH FOR CARS: All Cars/ Trucks Wanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant Offer: 1-800-864-5960 (NANI)

SOCIAL SECURITY DISABILITY BENEFITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-290-8321 to start your application today! (NANI)

DIRECTV starting at \$24.95/mo. Free 3-Months of HBO, stanz, SHOWTIME & CINEMAX FREE RECEIVER Upgrade! 2014 NFL Sunday Ticket Included with Select Packages. Some exclusions apply - Call for details 1-800-647-1163 (SWAN)

Dish TV Retailer - SAVE! Starting \$19.99/month (for 12 months.) FREE Premium Movie Channels. FREE Equipment, Installation & Activation. CALL COMPARE LOCAL DEALS! 1-800-341-7308 (SWAN)

Music Lessons

Guitar Lessons - Beginner to Advanced. \$10/half hour. \$15/hour. freddiebalbert1@yahoo.com. 530-263-6926 (MPG 12-31-15)

GUITAR LESSONS

Beg. - Adv. GIT grad. Call for prices. 916 723-7021 (MPG 11-6-15)

Personals

MEET SINGLES RIGHT NOW! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-800-945-3392. (Cal-SCAN)

Find the love you deserve! Discover the path to happiness. New members receive a FREE 3-minute love reading! Entertainment purposes only. 18 and over. 800-639-2705 (Cal-SCAN)

Pets/Animals

DOG RESCUE
Gary
(916) 334-2841
Please Adopt or Foster Because so many really great dogs are dying for a good home... **ShelterMOU@hotmail.com**

Sprinkler Repair

Water Conservation Tech. 30 year Journeyman Plumber Sprinkler repairs valves/ Sprinkler clocks-Drip Systems-Plumbing Email: water.conservation916@ yahoo.com
Call Mike (916) 515-8715

Tractor Work

TALL WEEDS, blackberrys cut, dirt moving, discing, trenching, rototill, bobcat backhoe. Dave #571637 916-988-3283

Want to Buy

CASH PAID ON THE SPOT FOR YOUR EXTRA DIABETIC TEST STRIPS UP TO \$30 PER BOX!
We buy One Touch and most brands. For FAST LOCAL PICKUP please call Rachel (916) 505-4673 (MPG 10-03-15)

Want To Purchase Minerals

And Other Oil/Gas Interests. Send Details To: PO Box 13557, Denver CO 80201. (NANI)

Cash for unexpired DIABETIC TEST STRIPS or GIFT CARDS or STOP SMOKING PRODUCTS! Free Shipping, Best Prices & 24 hr payment! Call 1-855-440-4001 www.TestStripSearch.com. Habla Espanol (NANI)

CASH FOR DIABETIC TEST STRIPS!

Don't throw boxes away - Help others. Unopened/ Unexpired boxes only. All Brands Considered. Call Anytime! 24hrs/7days (888) 491-1168 (Cal-SCAN)

Work Wanted

Anytime hauling, house, yard, clean outs, spa, deck, concert, anything anytime 916-271-3365

Caregiver/Companion, live-in or hourly.

Lots of experience, please call 916-612-8029 (11-20-15)

I do pruning, weeding and planting, interior painting, garage and house cleaning. And de-cluttering and organizing. I transport to medical, other appointments, shopping etc. and errands. No job to small. Health and Security background. References. College grad. **Tim 916-334-8903, 503-460-7149.** (MPG 10-31-15)

For Sale

Store Owners or want to be Owners
Have merchandise to stock two small rooms or one large room. Most all new merchandise, Six foot steel shelving Call to come and see make offer Will help you pack West Sacramento Area **Serious buyers only** 916-214-9164

Heating & Air

VICTORIA HEATING & AIR CONDITIONING

Lic#877379
Over 10 Years of Experience
We Provide SERVICE, REPAIR, CHANGE OUT AND NEW INSTALL
• Easy • Fast Response
• Reasonable Price
• We offer a **Special \$50 Diagnostic Fee**
• We will tell you what is wrong with your unit and how much it will cost to fix your unit before we begin work
• Each project is confirmed in writing and one year warranty
• OR, new unit installed with 5 to 10 years warranty
So Don't Wait! Call Us At (209) 338-4475 or (916) 474-0173 (MPG 12-31-15)

FRANCHISE OPPORTUNITIES

Ranked top 100 fastest growing franchises in America
- Entrepreneur Magazine
Anago of Sacramento
916.782.3300
www.ANAGOSAC.COM

Room for Rent

15x18 private bathroom and closet with mirror \$600.00 a month. Please call 916 541-2744

First Time Buyers

Why rent when you can own?
Free list w/pics of homes available for under \$1,500/month*.
Livewithoutrent.net
Free recorded message 1-866-226-7552 ID# 1043 BRE# 00605628

Do You Want to Know What Your Home is Worth?

Home Values Have Increased Over 30% in our Area in the Last Year!
Call Now for a FREE Market Analysis of Your Home **(916) 992-9922**
Dare & Associates
Real Estate
License #01228753 (MPG 10-30-15)

WE SUPPORT OUR MILITARY

PRIMERICA®
S&P MidCap 400 Co. (NYSE:PRI)

Need Extra Income?
Part-Time or Full Time Career

We are: The largest Financial services Distribution Co in North America. We are looking for people who want to succeed. We offer an excellent educational system to teach you our business, with a comprehensive support network, and competitive unique Financial products that are highly desirable by most consumers.

Candidates should:
Be highly motivated, coachable, and desire excellent income, be committed to working hard, and possess a strong desire to win and own your business!

Life or Securities license a plus
No Experience Required
Bi-Lingual a plus
Reliable transportation required
State (CA) Background check

Sharon Cassella- 916-246-9293 ext 102 leave message
Tony ext 101
9845 Horn Road, suite 180 Sacramento, CA 95827

Bob's **BASEBALL TOURS**

See 5 MLB games in 10 Days:
Kansas City Royals, Texas Rangers, Houston Astros, Atlanta Braves & Cincinnati Reds!

We will also attend the College World Series & have a free day in New Orleans
June 18-27, 2016
\$2,050/person based on double hotel occupancy

See 6 MLB games in 10 Days at Milwaukee, Chicago (Cubs), Detroit, Toronto, Boston & New York (Yankees)!

We will also visit Niagara Falls and baseball, football, basketball & hockey Hall of Fame
August 8-17, 2016
\$2,095/person

Coach Bus Trip, Nice Hotels & Quality Game Tickets

For FREE Brochure please call (507) 627-2722.
If no answer, please please spell name & clearly leave address.

AIRLINE CAREERS START HERE

Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance

866-231-7177

AVIATION INSTITUTE OF MAINTENANCE

LET US SAVE YOU TIME & MONEY

REACH 75+ MILLION READERS WITH ONE ORDER, ONE BILL!

► Community Classified 25 words/245+ papers	1x \$650 Statewide \$435 North/\$485 South
► Daily Classified 25 words/41 papers/7 days	7 days \$995 \$650 North/\$650 South
► CLASSIFIED COMBO 25 words/282+ papers	8 days \$1,270 Statewide
► DISPLAY - Community Newspapers 140+ papers Sizes: 2x2; 2x4; 2x5; 2x6	1x \$1,600 2x2 Statewide; \$1,240 2x2 No.; \$1,240 2x2 So.

HOLLYWOOD CALIFORNIA NEWSPAPERS DELIVER!
More info: Call (916) 288-6011; email cecelia@cnpa.com

Specialties Plus

- Machine Repairs (all makes and models)
- Toner Cartridge Refills (using Cartridge World? Take 10% off their price & try mine)
- Free Cleaning (with our cartridge)
- Service Contracts (monthly or yearly)
- Lease or Rent
- High Volume Copying (save wear & tear on your machine)
- We are Local

Specializing in Digital Printers, Copiers, Fax & Multifunction Machines

E-mail: specpluscopiers@gmail.com
(916) 723-8430

Donate A Boat or Car Today!

BoatAngel

"2-Night Free Vacation!"
1-800-CAR-ANGEL
www.boatangel.com

sponsored by boat angel network donors STOP CRIMINAL TRAFFICKING CHILDREN

NOTICE TO READERS
California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

DISCLAIMER
Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!

MPG
773-1111

EARN \$200⁰⁰ per month
for just a few hours' delivery work per week
CALL 916-773-1111 **MPG**

Crossword Puzzle on Page 6

F	A	R	S	I		G	A	S		S	T	O	P	
D	R	A	W	N		A	G	E		J	O	U	L	E
A	C	R	I	D		G	A	P		O	S	T	I	A
	S	E	R	E	N	A		A	E	R	O	S	O	L
		L	E	E			G	L	A	D				
U	K	E		D	I	D	O		R	A	N	C	H	O
S	E	A	S		G	R	U	B		N	O	H	O	W
A	N	T	E		H	U	L	A	S		T	A	M	E
I	D	O	L	S		B	A	B	U		E	R	I	N
N	O	N	F	A	T		S	E	E	D		Y	E	S
			Y	E	A	H		D	Y	E				
F	L	E	M	I	N	G		J	E	N	N	E	R	
L	E	M	O	N		L	A	O		A	V	A	I	L
A	G	I	N	G		E	L	K		M	O	R	S	E
G	O	T	O		T	I	E		O	I	L	E	D	

Game Plots

Metal Gear Skews Child Soldiers

By Noah Howard

“Metal Gear Solid V: The Phantom Pain” (MGSV) has been, for the past two months, dominating the gaming community in discussions about everything from the value of freedom in gameplay to story construction in a game. It takes on numerous dark themes including disease, alliance, and language—largely with success—but when it finally approaches the theme of child soldiers, it stumbles and falls.

It’s admirable that Hideo Kojima, the director, writer, and lead designer of the “Metal Gear” series, at least tried to incorporate such a deep theme into his game, but MGSV needed no extra depth. Even without the child soldiers, it is one of the most symbolically rich and thematically layered games in existence. It encourages and necessitates intense scrutiny, on the same level as a great novel, to fully appreciate.

Though I can hardly say the game is shallow (numerous essays have already been written concerning its symbolic and philosophical implications), “Metal Gear Solid V” handles the theme of child soldiers in a tangential way, lacking in depth or any real feeling of sensitivity. There are the occasional scenes where adult characters will offer some sweet, heroic, or sentimental gesture toward the abused children you encounter over the course of the game, but MGSV finds it sufficient to ultimately turn



Game reviewer Noah Howard said, “It’s admirable that Hideo Kojima, the director, writer, and lead designer of the ‘Metal Gear’ series, at least tried to incorporate such a deep theme into his game, but MGSV needed no extra depth.”

the children into just another type of enemy. Their storyline isn’t tragic; it’s cold and undeveloped. The only real “character” among the children hardly seems like a child at all, but is written and acted just like a shorter version of another soldier. Some may argue that that’s the point: to depict how war changes a child. But MGSV provides no solvency for this dilemma besides dramatized spankings (that sometimes involve joint dislocation) and suppressed kinder-revolutions.

It’s ironic that MGSV came out just a few months before “Beasts of No Nation,” the Netflix original movie that was widely praised by critics for a depiction of child soldiers that was at least honest and heartfelt, if not factually accurate.

After all, Kojima is a middle-aged Japanese man whose closest encounters with actual war were only the movies he watched as a child. His treatment of the theme of war in

previous “Metal Gear” games worked well because it had a layer of sci-fi futurism that acted as a buffer, allowing the message to shine through without worrying about realism or sensitivity. But by taking on child soldiers, Kojima hits a real-life nerve that he should have avoided. It’s difficult to treat such a sensitive and brutal subject with the respect it necessitates without having actually lived through the experience (even “Beasts of No Nation” stumbles here as well).

So while it sounds like I’m trying to dismantle the entire game, I’m not. “Metal Gear Solid V: The Phantom Pain” is a meaningful experience that deserves every ten-out-of-ten score it received. However, it should serve as a cautionary tale to other developers: don’t take on ideas that you can’t do justice.

To respond to Noah’s articles email him at digitalartsnoah@yahoo.com



A Film Review
by Tim Riley

STEVE JOBS (Rated R)

When it comes to handling computers, I am so incapable at times in dealing with technical problems that even the Geek Squad will no longer return my calls. But, at least, articles such as this one flow from the relative ease of using Microsoft Word.

On the whole, it would seem not within my realm of comprehension or even desire to be writing a critique of “Steve Jobs,” the story of the acclaimed pioneer of Apple who made the computer accessible even to the most unskilled users.

This assignment is approached with some trepidation, but with the knowledge that Aaron Sorkin wrote the screenplay based upon Walter Isaacson’s best-selling biography of the Apple founder, it appears the proper roadmap has been drawn.

In a filmed interview stuck inside the film’s press notes, director Danny Boyle, who does a tremendous job here, notes that the “film is an abstraction,” taking events – some of them real, some of them imagined – and pushing them into three acts.

With an almost minimalist style, “Steve Jobs” focuses on the backstage drama attendant to the launch of three new computer products over the course of a fourteen-year period beginning with Apple’s formative years.

First, it’s the launch of Macintosh in 1984, where Michael Fassbender’s Steve Jobs unveils his work in front of a fawning audience that would seemingly fuel the computer genius’ tendency to arrogantly believe that his

Riley Reviews

GRIPPING DRAMA BEHIND “STEVE JOBS” GENIUS CAREER TRAJECTORY

brilliance was undeniable.

Like many brainy masterminds, Jobs is relentless in badgering and hectoring those around him instrumental in facilitating his dream. His most immediate foil is Andy Hertzfeld (Michael Stuhlbarg), who is roundly berated for not being able to get the Macintosh to say “Hello.”

Gal Friday Joanna Hoffman (a nearly unrecognizable Kate Winslet) fares little better in her treatment from Jobs, whose never-ending grievances and demands would be demoralizing to someone with much less tolerance and inexhaustible endurance.

Over the course of what is essentially a three-act play, Jobs’ oldest friend and collaborator, Steve Wozniak (Seth Rogen, playing it straight), endures the humiliation of vainly trying to get the Apple genius to publicly recognize the achievements of the Apple II team.

The personal failings of Jobs are found in his troubled relationship with former live-in girlfriend Chrisann Brennan (Katherine Waterston) and his insensitive unwillingness to accept paternity for their young daughter Lisa (played by different young actors over time).

Arriving backstage on the launch day, Chrisann scratches at the hard exterior shell of the aloof Jobs, making a strong case that his child support payments are woefully inadequate as she and Lisa suffer the hardship of living on welfare.

Even though he doesn’t want Lisa to know him as a father, Jobs takes tentative steps to form a tenuous bond with his offspring, and his interest in her becomes more pronounced when she makes a computer drawing. Only in the third segment would he admit

naming a computer after her.

Another constant person in the picture is Apple CEO John Sculley (Jeff Daniels), the man who ironically fired Jobs from Apple in the early going, but keeps surfacing at the pivotal points in Jobs career up to the end of the third-act launch of the iMac in 1998.

Sculley’s presence also punctuates the tension of Apple boardroom squabbling where Jobs confronts his employers with the same tortured, angry responses that inform even his everyday interaction with other business associates.

The backstage drama of the second act comes just a short four years later in 1988 when Jobs, having been ousted from his position at Apple, pushes the NeXT cube computer, which proves to be anything but the next big thing in the digital world.

The third act wraps it all up with the 1998 launch of the iMac, and the crowds in the auditorium for the event have grown larger and even more sycophantic for the elusive mad genius behind the curtain.

In patented fashion, Aaron Sorkin delivers fast-paced, sharp dialogue in scenes where Jobs walks and talks with such speed that one is in awe of how his pithy one-liners are so clever and worthy of emulation.

Indeed, in situations where Jobs’ arrogance matches his intelligence with ferocious impact on anyone and everything within his path, it’s possible to see him as a Shakespearean creation of hugely melodramatic proportions, maybe like King Richard III but without the hunchback and murderous soul.

Though he may not look very much like his subject matter, Michael Fassbender’s role is a tour de force performance that could easily be remembered when Academy voters are thinking about an Oscar nomination next year.

Above all, “Steve Jobs” is a psychological portrait of a brilliant man consumed by internal conflicts and personal demons. The result is a fascinating character study which ends so abruptly in 1998 that one may hope for a sequel to finish the rest of the story.



GOLD RIVER FAMILY MEDICINE



Open Enrollment –Accepting New Patients

Warren Brandle, MD, and Anita Makowski, PA-C provide comprehensive, individualized, high-quality, and up-to-date medical care to people of all ages in a spotless and modern environment. For your convenience, Gold River Family Medicine accepts most medical insurance plans. We are a proud member of Hill Physicians Medical Group. We offer same day appointments for acute illnesses and injuries.

We are proud to offer the best primary care possible to all of our valued patients. Our medical practice was established because we enjoy the autonomy of being a solo family physician and physician assistant team who develop long-term, highly personal relationships with all who come through our door.

• Warren Brandle, MD, MS, FAAFP

Medical Degree from UC Davis School of Medicine, Residency completion in Family Medicine at UC Davis Medical Center, Fellow of the American Academy of Family Physicians Associate Clinical Professor in Dept of Family and Community Medicine, School of Medicine, UC Davis President of the Sacramento-El Dorado County Chapter of the CA Academy of Family Physicians Named as one of the top family physicians in America 30 years of clinical experience

• Anita Makowski, PA-C

Bachelor of Arts in Biology from Ithaca College Master of Science from Boston College Master’s degree in Physician Assistant Studies from University of Iowa 10 years of clinical experience

We accept the following insurance plans:

Aetna
Anthem Blue Cross
Blue Shield
Blue Shield 65 Plus
CalPERS
CIGNA

Health Net
HN Seniority Plus
Humana
Medicare
Tri-Care
Tri-Care for Life

United Healthcare
United Healthcare Advantage
Western Health Advantage
And other PPO Plans
Medi-Cal not accepted

We are currently rated in the top 1% in the state of CA for patient satisfaction and within Hill Physicians Medical Group.

GOLD RIVER FAMILY MEDICINE

11226 Gold ExpressDrive, Suite 205 Gold River, CA 95670

Hours: Monday – Friday
8:30am – 12:00pm
2:00pm – 5:00pm

Phone: (916) 638-2800
Fax: (916) 638-2830

www.goldriverfamilymedicine.com

Valley and Butte Fire Update



Valley Fire cleanup and debris assessment.

CALIFORNIA (MPG) - The U.S. Environmental Protection Agency (EPA) and its federal, state, and local partners continue the assessment and clean-up of household hazardous wastes in the aftermath of the Valley Fire in Lake County, CA and the Butte Fire in Calaveras County, CA. EPA mobilized to the two fire-impacted areas first to clear properties near public schools in Lake County, then more broadly in fire impacted communities under mission assignments from the Federal Emergency Management Agency (FEMA).

As of the end of October, the number of properties cleared are as follows:

- Butte Fire: 610 parcels have been cleared as of Oct 24th, 2015 (approximately 90%)
- Valley Fire: 632 properties have been cleared as of Oct 27th, 2015 (approximately 61%)

Accomplished and Ongoing Response Activities

EPA has three household hazardous waste task forces and one survey team in Lake County to assess residential properties destroyed by the fire. Each task force conducts air and radiological monitoring, and once completed, begins household hazardous waste

characterization and removal. To date, 981 properties have been identified for household hazardous waste assessment and removal. This number is determined by the County as those properties where Right-of-Entry has been granted by the homeowner.

In Calaveras County, EPA has three teams assessing residential properties following a similar process, and three teams from the California Department of Toxic Substances Control (DTSC) are also working in the area. The cleaned-up properties listed above are for all six teams working in Calaveras County. 678 properties have been identified to date.

Response Background Information

The Governor of California, Edmund G. Brown Jr., issued Executive Orders (B-33-15 and B-35-115) in response to the wildfire in Lake, Trinity, and Calaveras Counties to initiate clean-up of burnt debris and ash. The Department of Resources Recycling and Recovery (CalRecycle) has been assigned to manage the removal and proper disposal of the solid waste and debris left over from the fires. On September 28th, 2015, EPA On-Scene Coordinators (OSCs) from the Pacific

Southwest Regional Office in San Francisco, using Comprehensive Environmental Response, Compensation, and Liability Act (CERCLA) authority, began clearing properties of household waste in a buffer zone around public schools and performing air and radiation monitoring.

On October 3rd, 2015, EPA received two Mission Assignments from FEMA for debris management and to collect, stage, and dispose of household hazardous waste.

For these tasks, EPA manages the categorization, removal, and appropriate disposal of household hazardous waste and orphaned containers at properties with destroyed residential structures within the Valley Fire boundary in Lake County and the Butte Fire in Calaveras County. Items are collected and brought to the staging area, sorted, and properly disposed. Larger items such as drums and household propane tanks are also removed from the properties before CalRecycle removes the remaining debris. Properties are then sampled to ensure that contaminants have been removed and are suitable for rebuilding.

Source: Rusty Harris-Bishop, Environmental Protection Agency ★

Holiday Craft Faire

Shop with 80+ vendors

Saturday, November 7
9am-3pm

Mission Oaks Community Center
4701 Gibbons Drive
Carmichael
972-0336 MORPD.com

Parks Make Life Better!

What is the most important thing that seniors can leave to their loved ones?

Their knowledge and wisdom from their own personal experiences!
Now is the time to preserve your priceless treasures for your family today!

GOLDENLYNK

Call Today! (916) 224-9111 • www.goldenlynk.com

Every life is a treasure, containing priceless nuggets to be collected and shared with the world.

Triple Play!

1. Guaranteed Delivery of the American River Messenger
2. Guaranteed Delivery of The Sunday Sacramento Bee
3. And One Free Car Wash from QUICK QUACK Car Wash (\$6⁹⁹ value)

Get a great deal on this one year subscription for only: **\$28⁰⁰**

YES! START MY SUBSCRIPTION NOW!

NAME _____

ADDRESS _____

CITY _____ ZIP _____

PHONE (____) _____ EMAIL _____ (OPTIONAL)

☐ * To opt-out of delivery of the Sacramento Bee, simply check this box

MAIL YOUR PAYMENT TO:
MESSENGER PUBLISHING GROUP
7144 FAIR OAKS BOULEVARD, SUITE 5
CARMICHAEL, CA 95608

ARM
*Some delivery restrictions may apply.

As a valued American River Messenger subscriber, you receive the Sunday Sacramento Bee as part of your subscription. BOTH NEWSPAPERS FOR ONLY \$28 FOR 12 MONTHS!

IT'S THE PERFECT COMBINATION!

Offer available to new and current subscribers. To take advantage of this unique opportunity please call (916) 773-1111.

A tradition of care and hospitality

...from our family to yours

www.ciminocare.com

Assisted Living & Residential Care in San Mateo, Sacramento and surrounding areas.

CIMINOCARE®
SERVING THE NEEDS OF SENIORS

Going back to our roots, CiminoCare, in addition to our long standing Assisted Living communities, is now providing In Home Care services, allowing seniors to age in place, and remain at home. These services include assistance in: Meal preparation, transportation, personal grooming, and medication management. For those interested in learning more about these services, please call 916-704-0152.

Please Call (916) 704-0152
Fruitridge Villa
5490 Enrico Blvd., Sacramento, CA 95820

Meal Preparation • Hygiene Assistance
Transportation Errands • Light Housekeeping
Medication Reminders • And More!

Holiday Craft Fair

Hosted by the
Citrus Heights Lions Club

Saturday, November 21st, 2015
9am - 3pm

at the
Citrus Heights Community
Center

6300 Fountain Square Drive,
Citrus Heights



- Over **75** Handcrafted Vendors
- Raffle Prizes starting at 10:00
- Homemade Bake Sale
- Breakfast & Lunch Available
- Free Parking & Free Admission
- Plus Much More...

Carmichael



Patriots Park

WALL OF HONOR

Saturday, November 7 at 10AM
6825 Palm Avenue Fair Oaks, CA 95628

Join the Carmichael Recreation & Park District's
annual event honoring our local fallen heroes

Guest Speaker: Sacramento County Supervisor, Susan Peters

Light refreshments will be served

Wall of Remembrance: 12 former inductees will be
honored, along with local fallen hero, Sacramento County
Sheriff Deputy, Danny Oliver



For more information:
Visit us at carmichaelpark.com
or call 916.485.5322



Parks
Make
Life
Better!

WIDOWED PERSONS ASSOCIATION OF CALIFORNIA



The Widowed Persons Association of California encourages men and women to come to Sunday Support each Sunday from 3:00pm - 5:00pm. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service. Participants do not need to be members and there is no charge.

OFFICE HOURS 10:00am - 3:00pm
Monday - Friday (916) 972-9722

Sunday Support - Any and all
widows or widowers are invited.
Every Sunday from 3:00pm - 5:00pm

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Ave., Ste D-18



Every
3
Seconds
Someone's Identity
Gets Stolen.

- STOP ID Theft
- STOP Fraud
- Lost Wallet PROTECTION

ONLY **\$10** | No Contract.
No Risk.
No Obligation.
A MONTH

(916) 586-PATH (7284)

Proven. Personal. Professional. Local.

PrimePath

of America®

Total Financial Wellness

www.PrimePath.org • info@primepath.org



Living Trust Senior Special

with this ad

If you have a house, you need a Trust.
If you have a Trust, it needs to be up-to-date.
(Review of existing trust at no charge)

SENIOR SPECIAL

Asset Protection Program includes the following:

Revocable Living Trust • Powers of Attorney Financial • Powers of Attorney Healthcare
Wills • One Residential Trust Transfer Deed
No Charge for Notary Services • Prop 13 Protection
Long Term Care Government Benefits Planning



WILL ASSOCIATES

Richard H. Will
ELDER LAW ATTORNEY
Serving Seniors Since 1975

Avoid Probate —
Call Today!
(916) 482-8897

1337 Howe Avenue, Suite 103 • Sacramento • www.willassociates.com

SACRAMENTO REPUBLICAN WOMEN FEDERATED HOLIDAY LUNCHEON & FUNDRAISER

Saturday, December 5th 2015, 11:00 am
North Ridge Country Club

Please join us and bring your friends for a truly delightful afternoon.
We'll be entertained by the song styling of Char Booth on the piano.



Our Special Guest hosts will be Sacramento County
Sheriff Scott Jones and John McGinness, KFBK
Radio Personality and Former Sheriff of
Sacramento County. Watch these two inspiring,
knowledgeable, and witty patriots go head to head.



"Toys for the Troops Kids" Program will be
collecting unwrapped toys and cash donations

North Ridge Country Club
7600 Madison Ave., Fair Oaks CA
Admission is \$35 per Person,
Guests are Welcome

Register online by
Wednesday November 25th at:
margiede@comcast.net,
for more information,
Please call (916) 635-5590



POPPOFF!

with Mary Jane Popp

3. Your family and friends are unusually going out of their way to warn you about him.
4. His compliments don't feel personal as if they could be said to just anyone.
5. He sends no cards or roses.
6. His words make you feel a bit insecure and not more secure.
7. His idea of dating is to text message you at the last moment.

Any of these or several strike a chord in your relationship? Then you might want to set some new standards to find Mr. Right. So here are some basic tips.

1. The first step is believing in your heart that you deserve someone great so you'll immediately start to put out the right vibe.
2. You need to accept you for who you are because every guy senses when you are trying too hard, looking too desperate, or acting like you are having fun when you're not.
3. Some men and women desire more what they can't have. Don't make yourself too readily available.
4. Many men date women who

want to change them. If you accept the person you are dating they are and they truly love you, they'll want to change for you. The ones who do this are potential Mr. Right material. I had to interject my big fat opinion before we got to the next tip. In my humble and 44-year marriage experience, find the person you accept and like and then you won't have to worry about change on either side of the relationship. If you like them, why do you want to change them? It gets too messy! OK, no more comments from the peanut gallery.

5. Observe the person you are dating with both your mind and heart. If it feels right in your heart, and your mind accepts what the heart says without hesitation, this is a good indication you might be dating a keeper.

So there are some positive things to look for and some things to get you running screaming away from a relationship. If you want to check out more information, you can go to www.drfrieda.com. I hope you find Mr. Right and hang on! ★

Dating Mr. Wrong? Find Mr. Right!

Are you dating a loser? Why? Is it because you don't know how to seek out Mr. Right? If you want to find Mr. Right, there are signs, according to Dr. Frieda Birnbaum, a research Psychologist, Psychoanalyst, and author of "What Price Power," an in-depth study of the professional woman in a relationship. We really hashed this one out on my radio show POPPOFF because the divorce rate in the U.S. is about 53%, and I wanted you to have the best chance of being on that 47% of the line. So let's begin with the seven signs you are dating the wrong guy. It's best to rid yourself of the bad before you start looking for the good. He is Mr. Wrong if...

1. Your relationship with him doesn't feel right in your gut.
2. You call him more than he calls you.

Fair Oaks EcoHousing

A Family-Friendly Green Neighborhood

- Safe and Supportive Community for People of All Ages
- Close to Fair Oaks Village
- Large Clubhouse and Gardens
- 30 Townhomes and Flats

Join us for a monthly site tour

For more information, visit FairOaksEcoHousing.org

Sacramento SPCA ANNUAL FALL BOOK SALE

Country Club Plaza

2310 Watt Avenue
(Inside the Mall near the former Gottschalk's)

November 12 - 15, 2015
Thursday through Saturday
10 am. to 6 p.m.
Sunday, 11 a.m. to 5 p.m.

Fall in Love with a good book!

(916) 504-2842 • www.sspca.org/book

GEORGE S. 'SPANKY' ROBERTS TAI

SACRAMENTO CHAPTER OF THE TUSKEGEE AIRMEN PRESENTS

5TH ANNUAL GALA

EDUCATIONAL ASSISTANCE FUNDRAISER

Saturday, November 14, 2015
Doors open @ 5:00pm
6:00 pm - 11:00 pm
Tickets \$75 pre-pay \$85 at the door

The George S. 'Spanky' Roberts TAI Sac Chapter of the Tuskegee Airmen invites you to their 5th Annual Gala. Come celebrate with the Original Tuskegee Airmen the 70th Anniversary of V-J Day, the end of WWII, at our 2015 Educational Assistance Fundraiser

Aerospace Museum of California

Mardie Satzer Pavilion
3200 Freedom Park Drive, McClellan, CA 95662

ESKATON

Transforming the Aging Experience

I am Vic. I choose Eskaton.

Experience a community where the surroundings are inspiring and:

- more than 9 of 10 residents like Vic **RECOMMEND** living there,
- you're **INVESTED** in the greater community through our nonprofit Foundation,
- you **FEEL SECURE** with complimentary smart sensor technology,
- you can **BRING YOUR BEST FRIEND** (we are pet-friendly),
- you **ENJOY LUXURIOUS AMENITIES** along with convenient services.

Come to an event here! Experience the Eskaton difference.

Pick up the phone or go online for more!

eskaton.org

Eskaton FountainWood Lodge
Assisted Living and Memory Care
Orangevale
916-900-1201
License # 347003574

Affordable all-inclusive rent from \$2,957 / mo.

Pet Friendly EQUAL HOUSING OPPORTUNITY

A leading nonprofit provider of aging services in Northern California since 1968



U B E R
BE YOUR OWN
BOSS. DRIVE
WITH UBER.

Sign up now and
receive an additional
\$50 after your first trip

[T.UBER.COM/MESSENGERGROU](https://t.uber.com/messengergroup)P