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March 27, 2015

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Citizenship Ceremony Held for Young Americans



Baihong, age 10, and his older sister Manhua Chen, 18 (at left), proudly show off their certificates. A crowd of students witnesses the ceremony (above).

Story and photos
by Sharon Rummery

ORANGEVALE, CA (MPG) - On March 17th, the U.S. Citizenship and Immigration Services Sacramento Field Office held a ceremony at Twin Lakes Elementary School in Orangevale. Seventeen young

people, ages 10 to 24, took their citizenship oath in front of 150 students. When a parent naturalizes, his or her children below the age of 18 automatically become citizens. That was the case for those honored, each of whom received a certificate to show as proof of U.S. citizenship.

The Orangevale students were fifth

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Job Forecast Bright for Sacramento's HIREvent

SACRAMENTO REGION, CA (MPG)

- The region may not have a great forecast for rain, but experts predict a 100% chance of jobs at Sacramento's HIREvent on Tuesday, April 7th from noon to 4 p.m. at The Grand, 1215 J Street. This exceptional employment event will feature private organizations and public agencies from around the region, with a variety of immediate staffing needs ranging from entry-level to management positions.

First impressions will be very important, as all the employers will be eager to hire. Jobseekers should dress to impress and be prepared to pitch their qualifications to company recruiters. Attendees who want to polish their resumes can consult with employment experts offering free one-on-one evaluations.

For more information about this free event, visit www.JobJournal.com and click on "job fairs" or call 888-THE-JOBS (843-5627).

Source: Job Journal

★

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Local Scout Works His Way to Eagle

By Margaret Snider

FAIR OAKS, CA (MPG) - At the Boy Scout Court of Honor on March 14th, Del Campo High School senior Brandon Singer (17) received his Eagle Scout rank in the Boy Scouts of America, Troop 325. He worked his way up through the ranks from the age of eight, earning 39 merit badges as well as the World Conservation Award, On My Honor, Historical Trails Award, BSA Lifeguard, and Thomas S. Monson Award. "I did everything that I could to be active in Boy Scouting," Brandon said, "so it wasn't hard for me because I lived it."

Paul Anderson, local contractor and a Scout leader for 30 years, presented the Eagle Scout badge to Brandon. "Any boy who gets through an Eagle nowadays has pretty much figured out how to do things in life," Anderson said. "In order to accomplish an Eagle project, you learn how to be a project manager, which is a skill that just about everybody needs in their job—how to lead people and how to organize things."

Brandon's Eagle project improved the area surrounding the Mather Navigator

Memorial, which represents the men and women of the United States Air Force who trained as navigators at Mather Air Force Base throughout World War II and beyond. With nearly 90 volunteers, Brandon created a new path with a safer entrance and better wheelchair access, removed the entrance to the old path, added a culvert for proper drainage, and laid new bark around the memorial's center walkway. The group also put up a plaque indicating the monument's use as a sundial. The project logged 250 service hours for the actual site work.

Donations of materials fully supplied the project needs. Contributors included Sacramento County, Lowe's, River City Rentals, and Cascade

Continued on page 6



Brandon introduces Holly Singer, his mother, at his Eagle Scout Court of Honor. "She instilled the kind of morals in me that gave me the personal desire to want this," Brandon said. Photo courtesy of Brandon Singer



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Folsom Lake College Students to Exhibit Works in Bank of America Gallery at the Harris Center



At left; art by David Carillo. Above right; art by Hannah Hughes. Art courtesy of Folsom Lake College



FOLSOM, CA (MPG) - The Harris Center for the Arts will host an exhibition of Folsom Lake College student artists in the Bank of America Gallery. It runs now through May 10th, with a special Artists' Reception on Friday, April 10th from 5:00 p.m. to 7:00 p.m.

The exhibition features a diverse range of media, such as painting, printmaking, sculpture, and drawing. This exhibition is

representative of the wide range of styles supported by the Folsom Lake College Visual Arts faculty and the strong foundation each student receives while pursuing his or her visual arts studies at the college. The exhibition is open to all Folsom Lake College students who have created artwork between the summer 2014 and current spring 2015 semesters. During the April 10th reception, the guests

can vote on their favorite.

The Bank of America Gallery is open to the public every Tuesday, Wednesday, and Thursday from 10:00 a.m. to 2:00 p.m. when exhibits are installed. In addition, the gallery is open one hour before and during intermission of each scheduled performance at the Harris Center.

Regular admission to the gallery is free of charge. When visiting

the gallery on a weekday, a parking permit is required. Permits are available for \$2 per vehicle from automated kiosk dispensers located near the parking lot entrances.

For more information on the Harris Center for the Arts and the Bank of America Gallery, please visit www.harriscenter.net.

Source: Kristy Hart, Folsom Lake College ★

Don't Use It or Lose It

Californians Believe in Conserving Water, Drought or No Drought Residents are Willing to Make Significant Changes to Their Own Water Use

SACRAMENTO REGION, CA (MPG) - As California enters a fourth year of drought, a new statewide poll reveals that the vast majority of Californians (90%) are willing to make significant changes to conserve water both inside and out, and more than 80% believe it's important to conserve water regardless of whether the state is in drought or whether conservation is mandated by local water agencies.

The statewide poll of 801 registered voters—commissioned by the Association of California Water Agencies in partnership with the statewide conservation education program Save Our Water—also found that more than 80% of Californians view the drought and water shortages as “extremely” or “very” serious problems. Some 86% of polled residents believe that California is in a state of persistent water shortage.

The polling also indicates that Californians nearly universally agree that the drought is the most pressing problem facing the state and is more concerning than the economy, education, health care costs, and taxes.

“California is indeed a dry state that can expect to see persistent droughts in its future. This polling underscores the fact that a vast majority of Californians understand this new normal,” said ACWA Executive Director Timothy Quinn. “But the poll also shows that an overwhelming majority of Californians are willing to significantly change their water usage whether we are in a drought or not. This is a sea change in public opinion and bodes well for our future.”

Mark Cowin, director of the Department of Water Resources, noted that the poll indicates over three-quarters

of Californians have been getting the message about the state's ongoing drought. DWR is a partner with ACWA in the Save Our Water program.

“Clearly, Californians understand the magnitude of this drought,” said Cowin. “Just as important, they understand that they can help California cope through the collective power of individual actions. If we all shut off sprinklers, make the effort to fix a leak, and urge friends and neighbors to do the same, it will make a difference.”

The poll of registered voters was conducted February 22nd through March 1st by the polling firm Fairbank, Maslin, Maullin, Metz & Associates (FM3). Its findings arrive as the State Water Resources Control Board prepares to act on proposed new emergency water conservation regulations today and extend

existing ones as the state remains locked in a grinding fourth year of drought. The Sierra snowpack is at record low levels and January was among the driest months on record.

“This poll's findings stand out among our many years of tracking water issues in California,” said Dave Metz, principal and president of FM3. “We've never seen such a huge majority recognize the severity of the water crisis as well as such a large group that views the water problems as ongoing and warranting continued conservation.”

Metz noted that 83% of those polled said conserving water is “extremely” or “very” important whether or not water agencies are requiring water conservation, suggesting that, for Californians, “conserving water has become more of a core value than simply a reaction to

regulations, restrictions, or other external factors.”

A summary of the poll's findings can be viewed at www.acwa.com/sites/default/files/post/2015/03/summary-key-findings-ca-water-conservation-survey.pdf

The Save Our Water program is using the poll's findings to improve outreach to consumers this summer and to help local water agencies develop their own outreach programs on drought and conservation.

ACWA is a statewide association of public agencies whose 430 members are responsible for about 90% of the water delivered in California. For more information, visit www.acwa.com. For more on the Save Our Water program, visit www.saveourwater.com.

Source: Department of Water Resources ★

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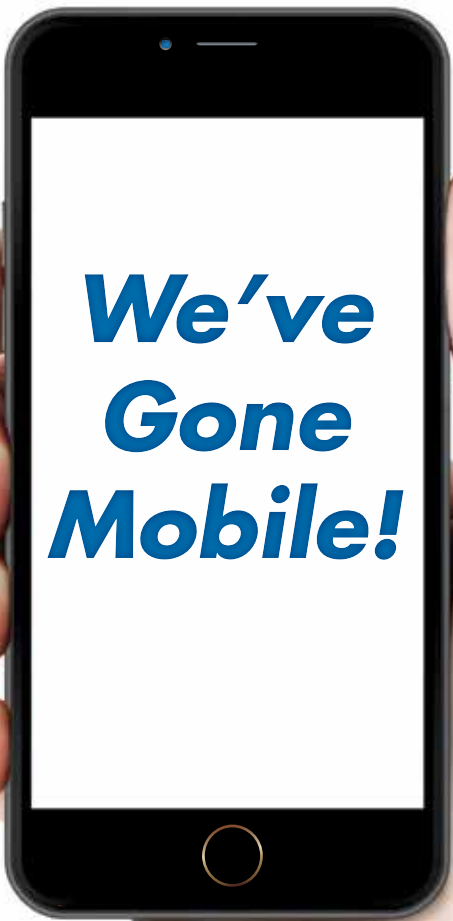
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By Ronnie McBrayer

A desperate executive sought the counsel of an old guru who lived in a mountain cave. The executive was living a harried and hurried life. He was frustrated, his prayers were powerless, and his soul was tired. The holy man listened to his guest for a while, then retreated deep into his cave, returning shortly with a basin.

He scooped water from the muddy little stream passing by the mouth of the cave and offered it to the executive to drink. Of course, the executive rejected it, even though he was very thirsty from his journey. The water was far too dirty.

After a while he offered the water again, but this time, all the silt had settled to the bottom of the basin and the water was clear and pristine. The man readily drank it. The wise man then asked, “What did you do to make the water clean?” The man answered, “I didn’t do anything.”

“Exactly!” said the old monk. “Your life is dark and troubled; it is disturbed and muddy because you are always allowing the water to become agitated. Only when it is calm will you have peace. So do nothing. Be still and let the water settle.”

Be still. That’s harder than it sounds, no doubt, but it is one of the best things for the health of our souls. Learn to turn down the noise (and stop contributing to the noise). Learn to cultivate some distance from this



The Fewer the Words The Better

clamorous world, because distance is a good thing when it comes to things and people who are harmful. Learn, by healthy boundaries to keep the raucous environment that is contemporary society at arm and ear’s length, and you might begin to let the water of your own soul peacefully settle.

I don’t have to work very hard to convince you that this world is a noisy place, do I? Talking heads, radio and viewpoint shows, 24-hour news, analysis on every hand, opinions like arm-pits: Court is always being held, comments are always being made, and there is a constant eagerness to share the oh-so-correct perspective. There’s always someone babbling about something, and the air becomes so saturated with pandemonium, it seeps into our souls.

Jesus understood this. He once instructed his disciples, “When you pray, close the door and pray to your Father who is unseen...do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them.” What a stark and necessary correction. Even in prayer, the “fewer the words the better,” it seems.

“Do not be like them,” Jesus says. That is, “Don’t be like this ear-splitting world that thinks loud opinions will actually be heard. Don’t put on a show with your yammering, bloviated prattle. Shut up. Be still. Get quiet.” It’s good for you, not to mention

how everyone else will appreciate as well.

It’s not unlike the familiar story from Lyndon B. Johnson’s administration as told by Skip Heitzig. Once, at a special dinner, Johnson was hosting a few members of his staff, and he called upon one of the men to say grace. The man, named Jim, began to pray and President Johnson, in his brash, demanding way interrupted. He said, “Speak up, Jim, I can’t hear you.” Jim answered, “With all due respect, Mr. President, I wasn’t talking to you.”

Oh, that’s exactly what Jesus is teaching his disciples. Too often, far too often, public prayer (much of religious instruction, actually) is not an invitation to stillness and humility before God. It is an invitation to commotion. It is “babble,” or “vain repetition” as the King James Version translates Jesus’ instructions. It is foolish rambling, tedious chattering, words that continue to stack up, but never really mean anything.

I have a friend who noted recently the the words “listen” and “silent” are spelled with exactly the same letters and mean the same thing. And I think stillness is the quickest way to hear God, to “let the water settle,” and find true peace.

Ronnie McBrayer is a syndicated columnist, blogger, pastor, and author of multiple books. Visit his website at www.ronniemcbrayer.me. ★

Why Women Live Longer Than Men

Dr. James L. Snyder

There are all kinds of studies out there usually done by people who have nothing more important in the world to do. It is amazing how they come up with these various topics and studies. There must be somebody somewhere, being paid to come up with the most ridiculous studies they can think up.

Usually, I do not pay much attention to these surveys. I have more important things to do... like living! However, this one caught my attention right away. The title of the study was, “Women Live on Average Four Years Longer than Men.”

I was afraid the Gracious Mistress of the Parsonage would see this study. My fears were allayed when she brought the subject up and drew my attention to it.

Rather smugly, she said, “Look at this article. It says that women live longer than men.”

I was not quite sure what I was in for but I knew I was in for it. Throughout the decades of our relationship the word “it,” has come to mean a variety of things. I never know the definition of “it” until after the incident, which puts me in a great disadvantage.

For example, I know I am in for “it,” when I come back from the store without the main reason she sent me to the store. The “it” is a tongue lashing on the merits of getting everything on the list she puts there. According to her, the items on the list are not suggestions but are put there for a purpose and that purpose being me purchasing said items when I go to the store.

I know I am in for “it,” when I lollygag (a word she uses often when speaking to me) in the backyard instead of getting to the business at hand of mowing the grass. In this occasion, the “it” is a tongue lashing on the

merits of mowing the grass in a more timely manner.

I know I am in for “it,” when I fail to do anything on her “honey-do-list” when she is away for several days. The “it” is a tongue lashing on the merits of doing at least one thing on that list before her return.

When I look at it from this light, it seems to me that more often than not, her definition of “it” is a tongue lashing.

Getting back to women living longer than men do, I was tempted to opine that the reason is they work men to death. However, I knew if I said that I would really be in for “it.”

Being experienced in husband-lore, I smiled and simply asked, “Why do you think that is, Honey?”

I never really understood this matter of “the birds and the bees,” until I got married. Wives have their “honey-do-lists” and husbands defer to his better half as “Honey.” It does not take a birdbrain to figure that one out.

“I’ll tell you why that is,” my wife said with great feeling. “The reason women live longer than men is that men don’t have enough work to do.”

Then she threw an old quote that I have heard all my life, “Man works from sun up to sun down, but a woman’s work is never done.”

I could have said that men do not lollygag around, but just get to the job at hand and gets it done. I knew if I responded like this I would really be in for “it.”

“Another thing,” she said with a smirk, “the reason women live an average of four years longer than men is it takes that long to clean up the mess men have made after they die.”

There are arguments you cannot refute and then there are arguments you should not refute. I am not sure which category this one fell under but I knew I needed

to have a “golden” moment.

Of course, it is hard to argue with statistics. The cold hard facts are that women do live on an average four years longer than men.

If the wife works outside the home, she still has to work inside the home. The man, on the other hand, works outside the home and “lollygags” inside the home. I’m not sure why this is but this is a point on her side of the chalkboard.

There was a time in our marriage when I was out of work and my wife was the primary breadwinner in the home. At that time, I took on the duties of the house and the care of the children. After one week of her coming home to my home-cooked dinners, she graciously assumed the responsibility of cooking supper for the family each night when she got home. It was not a matter of convenience but rather of survival. To say I was a bad cook is to denigrate the word cook.

I do not know if this longevity is different between a single woman and a married woman.

If anybody was an expert on wives, it has to be King Solomon in the Old Testament.

“House and riches are the inheritance of fathers: and a prudent wife is from the LORD.” (Proverbs 19:14 KJV)

“Whoso findeth a wife findeth a good thing, and obtaineth favour of the LORD.” (Proverbs 18:22 KJV)

Perhaps the primary reason women live longer than a man is that women lie about their age. But you didn’t hear it from me.

Rev. James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 866-552-2543 or e-mail jamesnyder2@att.net. His website is www.jamesnyderministries.com. ★



By Marlys Johnsen Norris, Christian Author

Your voice activates or creates positive or negative mountains in your life! The words you speak are full of power therefore; take care of what you speak and how you say it.

Scripture tells us that out of the heart the mouth speaks therefore what you say is either a curse or a blessing! Get rid of the mixture! Be thankful and bless everything and everyone in one way or another. (Psalm 100:4-5)

“Enter his gates with thanksgiving and his courts with praise: give thanks to him and praise his name. For the Lord is good and his love endures forever; his

Move That Mountain Powerful Message

faithfulness continues through all generations”

Take authority over your life using the rule of sowing and reaping. In operation your words therefore always need to sow positive words. Sow them to bring health and happiness into your life. Sow them to bring the same into others lives. Sow them to honor the God you claim to honor and worship. Sow them as a “testimony of your faith in a mighty powerful loving creator who works miracles”! You will be amazed as God moves mightily in your life because you listen, then speak positive words of affirmation and act on this message.

When you think you are hearing God’s voice, take care of what you hear and discern exactly whose voice you are hearing! Satan will attempt to disguise his words so they sound good so you will follow him. His words will lead you

astray, out-of-God’s will- and into the pit of hell. Stay away from becoming a carnal believer because you are listening to the wrong voice. Overturn the enemy’s words by truly listening to the Words of Scripture and the voice of the One True God.

Whatever is a mountain in life you praying for. it will be removed with these words “In Jesus name tell the mountain to “go”. It is important to “speak to the mountain” to leave you, asking our Heavenly Father using the name of Jesus. If you have a mountain to be removed, it will be activated by the shed blood and power of Jesus as you speak His name. Remember Jesus said, “I and the Father are One”. Finish with Praise to God for the forthcoming answer!

Marlys Johnsen Norris Christian Author of 7 books Marlysjn@gmail.com ★



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American Legion Barbeque Blues Dinner and Dance

FAIR OAKS, CA (MPG) - American Legion Post 383 is hosting a barbeque steak (limited chicken) dinner! The event will have Rhythm and Blues and Jazz and Rock music by the band Crystal Image on Saturday, April 11th. It is located at Veterans of Foreign Wars (VFW) Post 6158, 8990 Kruitof Way, Fair Oaks (off Hazel Ave.). Doors open at 5:00 p.m. and dinner will take place at 6:00 p.m. with a no host bar. Kick up your heels to live music starting at 7:00 p.m. There will be drawings throughout the evening. Donations in advance are singles \$20; couples \$30 (couples at the door are \$20 each). Donations to support our local veterans, active duty military, and their families in need. They also support American Legion Baseball, the Junior ROTC, California Boys State and other veteran events supporting Americanism. For more information, please contact Ben at (916) 718-6856 or Mark at (916) 204-8151. *Source: Sheila LaPolla* ★

Newly Planted Trees Will Beautify County Landfill



The Sacramento Tree Foundation (SacTree) held a volunteer tree planting event at the Kiefer Landfill located in the southeast area of the County. The event's goal was to plant 135 native oak trees on the hillside that faces commuters from Rancho Murieta, eventually covering the barren hill with a beautiful landscape while helping to filter ground water and provide habitat for the native wildlife. Photo courtesy of Sacramento County

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Department of Waste Management and Recycling provided just the right environment for a volunteer tree planting event held by the Sacramento Tree Foundation (SacTree): the Kiefer Landfill located in the southeast area of the County. The event's goal was to plant 135 native oak trees on the hillside that faces commuters from Rancho Murieta, eventually covering the barren hill with a beautiful landscape while helping to filter ground water and provide habitat for the native wildlife. “At the County Department of Waste Management and Recycling, sustainability is a real priority,” said Director Paul Philleo. “One of the most sustainable things we can do is plant trees. As these trees mature, the public land surrounding the landfill will be home to a nice visual landscape and provide a sustainable canopy for the future.” Thanks to the many volunteers led by Sarah McKibbin, SacTree’s Urban Ecology Project Manager, the tree planting was a great success. “SacTree’s mission is to build healthy, livable communities in the Sacramento region by growing the best urban forest in the nation,” said McKibbin. “By extending and connecting our forestry, we receive the benefits of planting in unpopulated areas and we would like to invite everyone to volunteer with us and advance our goal for the community.” The tree sprouts were originally planted in pots as acorns by local third graders. The volunteers who planted the trees were mostly high school students who worked on hand and knee throughout the morning. *Source: Sacramento County* ★

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Arthur Murray Celebrates 103-Year Dance Legacy in Folsom

FOLSOM, CA (MPG) - Arthur Murray celebrates 103 years of teaching the world to dance with the opening of their newest location in Folsom on April 6th. Offering a range of dance programs suited to any skill set—from beginners to seasoned dancers—they welcome kids and adults from 5 to 95 years young and singles as well as couples. “I am excited to serve and share the magic of partner dancing in a community where the culture of many art forms flourishes,” said Kate Castor, franchisee and owner of Arthur Murray of Folsom.

Arthur Murray is holding a grand opening special of one free first lesson from April until the end of June. They are also hosting a grand opening celebration that is open to the public on Saturday, June 6th from 5:00 p.m. through 8:00 p.m. With a red carpet, lots of dancing, and a professional show, it will be an elegant night to remember.

Arthur Murray started teaching dance in 1912 at the Grand Palace in New York City. His great love for teaching and his active involvement in the American social dance scene created a platform for success, and so he became the “Pioneer of Social Dancing.” What began as dance lessons soon turned to books, radio, and the famous TV show *The Arthur Murray Dance Party* that he hosted with his wife, Katherine Murray. Through the years, his passion created the legacy of unparalleled dance instruction, forefront of the latest dance styles, techniques, and continued excellence in customer service. Today there are over 280 Arthur Murray dance studios in 21 countries



Kate Castor stands in front of the new location of the Arthur Murray Dance Center.

across the globe.

Arthur Murray Dance Center of Folsom is passionately committed to enhancing people’s lives through the benefits and joy of dance in a fun, friendly learning atmosphere. Whether someone wants to learn dance as a hobby, for competition, or just for fun, Arthur Murray Dance Center provides the proven methods and gifted teachers to transform everyone into a dancer. Their team of enthusiastic, caring, and highly trained instructors make today’s most

popular dances fun and easy to learn. Private lessons and group lessons are offered six days a week in all forms: Ballroom, Swing, Salsa, Bachata, Country-Western, Tango, wedding dances, and competitive styles. They can get you dancing as soon as your very first lesson.

Grand opening specials are now available. For more information, call (916) 895-5600 or visit www.ArthurMurrayFolsom.com.

Source: Kate Castor



Local Scout Works His Way to Eagle

Continued from Page 1

Rock.

“Paul Anderson was my go-to guy,” Brandon said. “He’s done this several times and he gave me a lot of good pointers on how to do everything throughout my Boy Scouting career. He’s really been a very strong model for me.”

Brandon also benefited from previous experience working with his dad, Scott Singer, who was in landscaping. “He’s very motivated,” Scott Singer said. “Once he sets his mind to doing something, he does it wholeheartedly and not halfway.”

Brandon’s mom, Holly Singer, helped him all the way through, mostly by being a driving force. “It was just something he has looked forward to for a very long

time,” Holly Singer said. “It was my pleasure and honor to be by his side to help him.”

Brandon’s grandfather, Donald McCann, also influenced him in many ways. He was a Marine for 35 years and passed away in 2011. “My grandpa was, is still, pretty much my hero,” Brandon said. “I spent more time with him than almost anyone else, and he drove me to do everything right the first time. I just want to be the man that he was.”

Each Scout troop is sponsored by a church, a school, or another community organization. Troop 325 is sponsored by The Church of Jesus Christ of Latter-day Saints on Cordova Lane, of which Brandon is a member. He plans to fulfill a two-year mission after high school. The

church will assign him either to a location in the United States or to another country, and he may need to learn a new language. “I know that through it I will be blessed and the lives of others will be,” Brandon said.

Currently, Brandon is a commander in charge of 115 cadets in Air Force Junior ROTC; when he returns from his mission, he hopes to join the Air Force as a pararescue specialist. College is also part of his future goals.

“Of all the boys that I’ve seen over the last almost 30 years go through the scouting program, Brandon is one of the most dynamic and self-motivated boys that I’ve dealt with,” Anderson said. “I couldn’t recommend him higher.” ★

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10:30 - Easter Egg Hunt

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Arthur Murray and his wife, Katherine, dance at a party.




Holy Week
AT NORTHMINSTER
March 29 - April 5, 2015

PALM SUNDAY

March 29, 10 a.m.

Palm waving and joyous music to celebrate the triumphal entry of Jesus into Jerusalem.

MAUNDY THURSDAY COMMUNION

April 2, 7 p.m.

A service of quiet reflection, singing hymns and reading the scriptural accounts of the last hours of Jesus' life on earth. Included will be the “washing of hands” and the Sacrament of the Last Supper.

GOOD FRIDAY

April 3, 7 p.m.

A time of worship remembering the arrest, trial and crucifixion of Jesus. Special choir, handbell music and a short meditation by Pastor Jack help us to reflect on the events of this day.

EASTER SUNDAY

8 a.m. Family Service

April 5

A joyous and fun celebration of the resurrection of Jesus Christ led by our youth. Come sing hymns and praise songs and hear an inspirational message by Pastor Jack.

10 a.m. Traditional Service

A celebration of the resurrection of Jesus Christ featuring choirs, handbells, hymn singing and an uplifting message by Pastor Jack which call us to proclaim, “He Is Risen!”

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Citizenship Ceremony Held for Young Americans

Continued from Page 1

and sixth graders who traditionally stage a Patriots' Pride observance each year. They decorated their auditorium for the ceremony, and gathered to honor those being sworn in.

In a happy coincidence, Baihong Chen, 10, a student of Twin Lakes, was among those sworn in. Speaking to TV reporters, he said he appreciates the many freedoms available in the U.S., as compared to his home country, China.

Andrey Mudik, 15, of Citrus

Heights, who came here at age four from Ukraine, was among those sworn in. "In a few years, I'll be able to vote in an election," he said, and added that he hoped for the opportunity to study to be a surgeon.

The keynote speech was given by teacher Michelle Wohlenberg, whose mother, Doris Soto, emigrated from Germany. Wohlenberg told of her mother's journey as Soto stood beside her daughter, too shy to address the group. She'd been sworn in as a U.S. citizen 48 years before, to

the day.

USCIS Sacramento Field Office Director Monica Toro swore the young people in, saying, "Each of us brings our culture and our experiences from our countries. That's what makes our country great."

The Orangevale students sang the national anthem to start the event, and America to end it. They also sang a song, Away to America, as video images of their military-member relatives were projected. ★

LETTER TO THE EDITOR

Prom and Graduation Safety Comes First

From Lori Martin:

Prom holds lifelong memories, and I did not go. I played sports at high schools in San Joaquin County but graduated from Tracy High in 1993 in a wheelchair. I never planned to end school like that.

When I was 16 in 1992, a drunken driver hit me head-on. The collision caused a coma, brain injuries, and paralysis with

multiple broken and dislocated bones. I stayed in two hospitals for 7 months and 17 months of therapy followed. Not a life a teenager expects.

Some teens believe drinking alcohol is mixed in with the fun. That is wrong, especially if driving is included. Why copy a drunken driver? My dreams for life unexpectedly ended after a drunken driver hit me.

I cannot drive and hear perfectly now, but can talk and walk. That is a huge achievement.

My letters in newspapers throughout California and speeches at Central Valley schools brought more sober drivers to the roads.

Teenagers, show us you have learned: Do not drink and drive. This saves lives, including yours.

Lori Martin ★

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For the Love of Books

Book Review by Amy Shane
amy-shane@att.net



CROCHETER'S SKILL-BUILDING WORKSHOP
by Paige McKenzie

- ◆ Publisher: Storey Publishing
- ◆ Release date: December 2, 2014 ◆ hardcover, 256 pages
- ◆ Intended audience: Adult/Crafts ◆ Rating: ♥♥♥♥♥

On the Book Jacket: This fresh, fun guide from expert Dora Ohrenstein covers all of the basic crochet techniques and so much more, from choosing yarns to finishing! It includes more than 70 stitch-along swatches that each teach a particular technique, as well as five projects (a hat, shawl, neck warmer, bag, and scarf) that put those techniques to use. The swatches offer not just a variety of stitch patterns but also a variety of shapes and can serve as the building blocks for sophisticated and creative projects of your own design.

Amy's Review: Emerging from history and gaining speed, crocheting is everywhere, from the everyday crafter, to the runway. This book, provides the knowledge to go past the traditional granny squares, to the sophisticated, elevating crocheters to the possibility of fascinating, with inventive new ways to crochet.

Inspired to write this book, due to the information gaps on particular aspects, Dora Ohrenstein, addresses problem topics such as: tension control, shaping with complex stitch patterns, choosing yarn and advanced skills. Patterns for 77 swatches are included to effectively learn a particular technique, along with five everyday projects, using skill sets from the previous patterns. *The Crocheter's Skill-Building Workshop*, is filled from beginning to end with every resource you need to be successful, including pictures with every skill to help explain each technique in its entirety, leaving no room for error, making

this book and even more of a valuable resource. Each project is beautifully highlighted, with description, photo and how to advice designed for every level of crocheter. Chapter highlights include: fundamental techniques, how to choose yarn, your crochet tool box, as well as skill chapters on shaping and construction, crocheting in the round, advanced shaping and color changing.

An all in one resource guide, *The Crocheter's Skill-Building Workshop*, encourages readers to experiment and try new techniques, while giving them confidence to tackle any project. I was pleasantly surprised with exquisite attention to detail, not only with the informative guidelines, but with the detailed photos throughout, showing each step. Beautifully put together, with literally everything you need in one book, including a glossary of basic terms, and an informative key stitch guide, making this book invaluable for anyone who loves the craft.

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Time: 4:00p.m. - Hors d'oeuvres & drinks
4:30p.m. - 5:00p.m. - Program, followed by Q&A
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CLUES

ACROSS

1. Libra symbol

6. Weep convulsively

9. Under-dress garment

13. Knucklehead

14. *Some Watergate burglars had worked for it

15. On the rocks

16. *"Fear of Flying" author, given name

17. *"___ My Children"

18. Gossipmonger's information

19. *iPod predecessor, debuted in Japan in '79

21. *Its fall ushered the end of Vietnam War

23. Snakelike reef dweller

24. You can't have this and eat it too?

25. Business school reward

28. Tibetan teacher

30. #20 Down, to Shakespeare

35. Miner's bounty, pl.

37. Measles symptom

27. Famous fabulist

39. Dictation taker

40. Signal receiver

41. *Punk rock, e.g.

43. "I'm ___ you!"

44. Kindle content

46. ___ lamp

47. *Travolta and Newton-John, e.g.

48. Historically, they were sent to colonies

50. Sacred Hindu writings

52. *Martial artist

53. Ambience

55. Genetic initials

57. Like a bikini?

60. *Type of men's suit

64. The present

65. Calendar square

67. Forty-niner, e.g.

68. Arabian chieftain

69. "But I heard him exclaim, ___ he drove out of sight..."

70. Plug-in

71. Something necessary but lacking

72. Hi-___

73. Film director Sergio

DOWN

1. Old World duck

2. Countess of Grantham, "Downton Abbey"

3. Seed coat

4. English philosopher John

5. Canine's coat

6. *First clinical CT- or Cat-___ in '71

7. *Subject of 1970s crisis

8. Model-building wood

9. Like a bug in a rug

10. Stretched ride

11. Clickable picture

12. For every

15. Bay windows

20. Eye opener

22. *Arthur Herbert Fonzarelli, ___ "The Fonz"

24. Source of tapioca and a staple in the tropics

25. *Cheryl Tiegs or Beverly Johnson, e.g.

26. Palm grease

29. Sledgehammer

31. At the summit of

32. Of the kidneys

34. *She had a hit TV sitcom

36. Old Woman's home

38. Bee home

42. Military group

45. *Kramer's opponent

49. Small amount of liquid food

51. *"___ House"

54. Actress Winona

56. Out of the way

57. Not all

58. Capped joint

59. Like a decorated cake

60. Cleaning cabinet supplies

61. Backward arrow command

62. Seabiscuit control

63. European sea eagle

64. A Bobbsey twin

66. Present plural of "be"

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*Your benefit should be the most important
consideration in any financial advisor's
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*Our first tax preparation meeting is only
the beginning. In preparing your 2014
returns we will work at getting the most
benefit from the tax codes legally allowed.
2014 is past and much of what can
happen is already etched in stone.*

*We will begin to work on 2015 with
an eye to reducing your taxes and
reaching your financial goals. I value
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That relationship helps me know you
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*We accept donations, clothing and goods,
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SPRING 2015

SONGS OF ETERNITY

(West Coast Premiere)

Requiem For The Living | Dan Forrest
Songs of Eternity | James Hopkins
Sea Symphony | Howard Hanson

Music and texts rich with emotional directness
in a large-scale choral/orchestral tribute to three
major American composers

Special Guest | Composer James Hopkins
present at the performance

Saturday, May 9 at 8:00 p.m.

7:00 p.m. – Pre-concert talk by Donald Kendrick

Community Center Theater
1301 L Street, Sacramento

*Projected
supertitles*

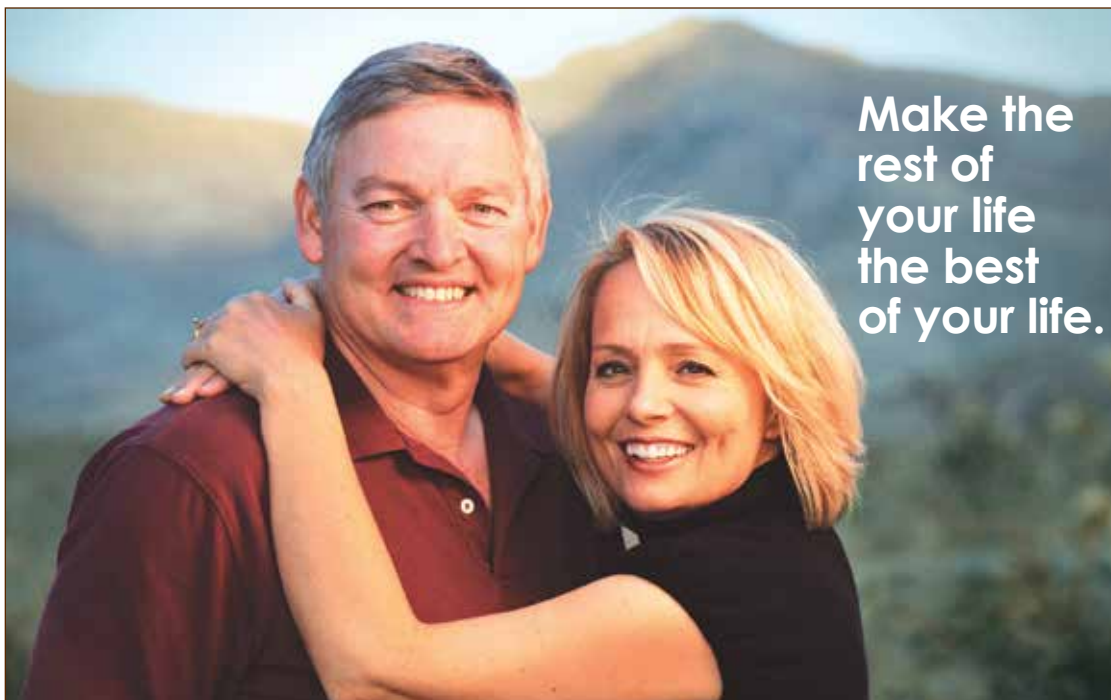
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Every Saturday 8 am – 1 pm.

SATURDAY

Historic Folsom Farmers Market
915 Sutter St, Folsom (Historic Folsom Public Plaza).
Every Saturday 8 am – 1 pm.

SUNDAY

Carmichael Park Farmers Market
5750 Grant Ave, Carmichael (corner of Grant and Fair Oaks Blvd).
Every Sunday 9 am – 2 pm.

SUNDAY

Land Park Farmers Market
1944 Sutterville Rd, Sacramento.
Every Sunday 9 am – 1 pm.

WEDNESDAY

VA Mather Farmers Market
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Fire Camp Lets Kids Be Firefighters for a Week

Kathy Jones Memorial Walk to be Held

SACRAMENTO COUNTY, CA (MPG) - Metro Fire recently opened the application period for Fire Camp, a day camp that takes place from July 7th through the 10th. Fire Camp provides local children a once-in-a-lifetime opportunity to experience today's fire service first hand. The program is designed to instill self-confidence, teamwork, and a basic understanding of the firefighting profession in a fun and exciting atmosphere.

Campers are grouped in "strike teams" of eight campers, and each strike team is mentored by two Metro Firefighters. Campers learn valuable life safety skills while discovering what it means to be a firefighter.

To attend Fire Camp, applicants must be 11, 12, or 13 years of age, with preference given to those living within Metro Fire's boundaries. Applications are processed in the order in which they are received, so apply early for a better chance of securing a spot. The deadline to apply is Thursday, June 4th.

In order for the accepted camper to attend, a parent or guardian must attend a Mandatory Orientation Meeting on June 18th at 7:00 p.m. The fee to attend Fire Camp is \$100 per camper.

Fire Camp will be held at Fire Station 21, located at 7641 Greenback Lane in Citrus Heights near Sunrise Mall, on Tuesday, July 7th



Fire Camp provides local children a once-in-a-lifetime opportunity to experience today's fire service first hand. The program is designed to instill self-confidence, teamwork, and a basic understanding of the firefighting profession in a fun and exciting atmosphere. Photo courtesy of Sacramento Metropolitan Fire District

and Wednesday, July 8th from 9:00 a.m. to 4:00 p.m. and on Thursday, July 9th and Friday, July 10th from 8:00 a.m. to 4:00 p.m. (end time for Friday is flexible). In order for any child to attend camp, he or she will require daily transportation to

and from the camp. For applications and more information, visit www.metro-fire.ca.gov. Source: Sacramento Metropolitan Fire District ★



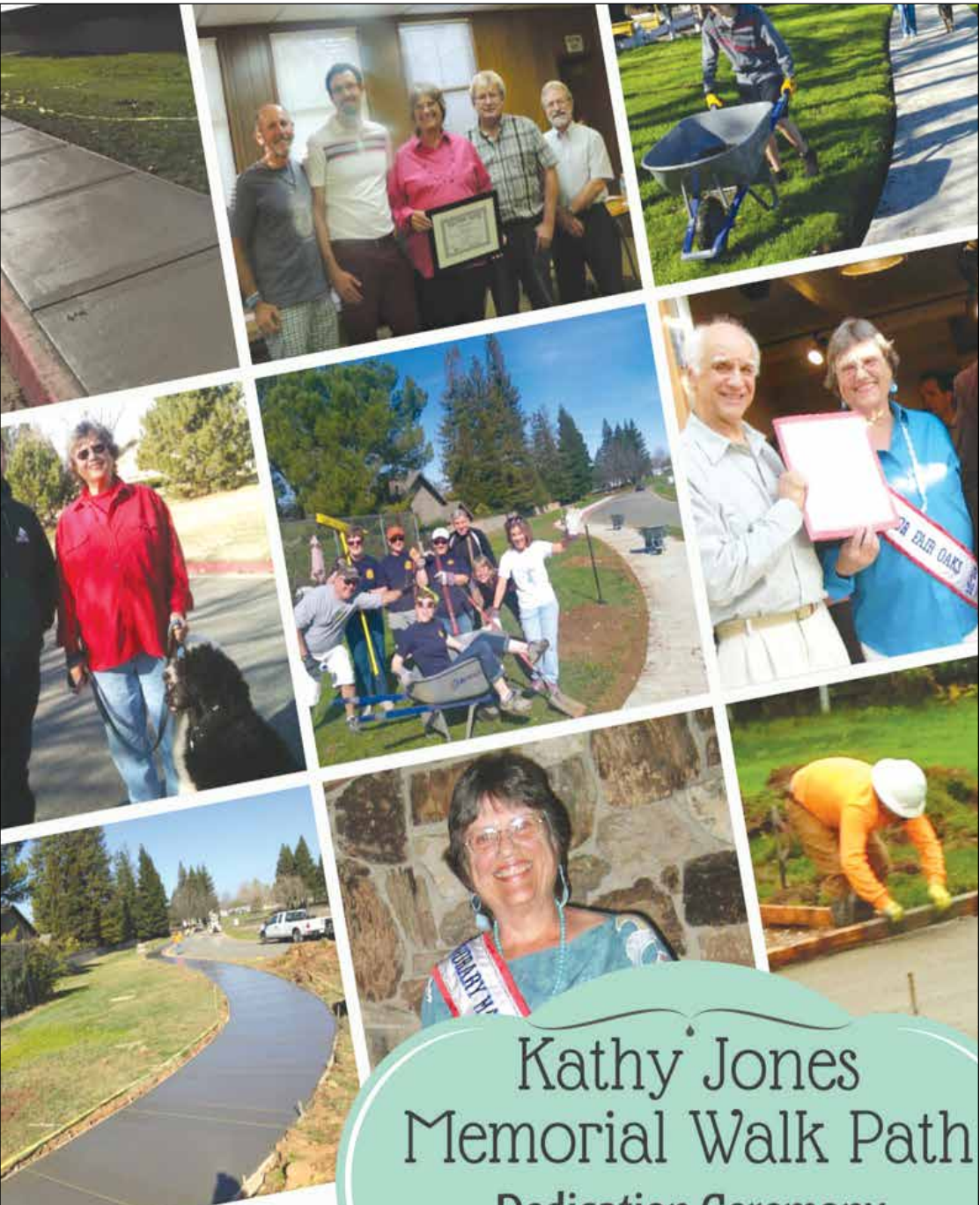
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Kathy Jones Memorial Walk Path

Dedication Ceremony
Saturday, March 28th
10:00am

Phoenix Park
9050 Sunset Ave.

The Fair Oaks Recreation and Park District cordially invites you to the dedication ceremony for the Kathy Jones Memorial Walk Path. Please R.S.V.P. at (916) 966-1036 or kcoss@fairoakspark.org by March 25.

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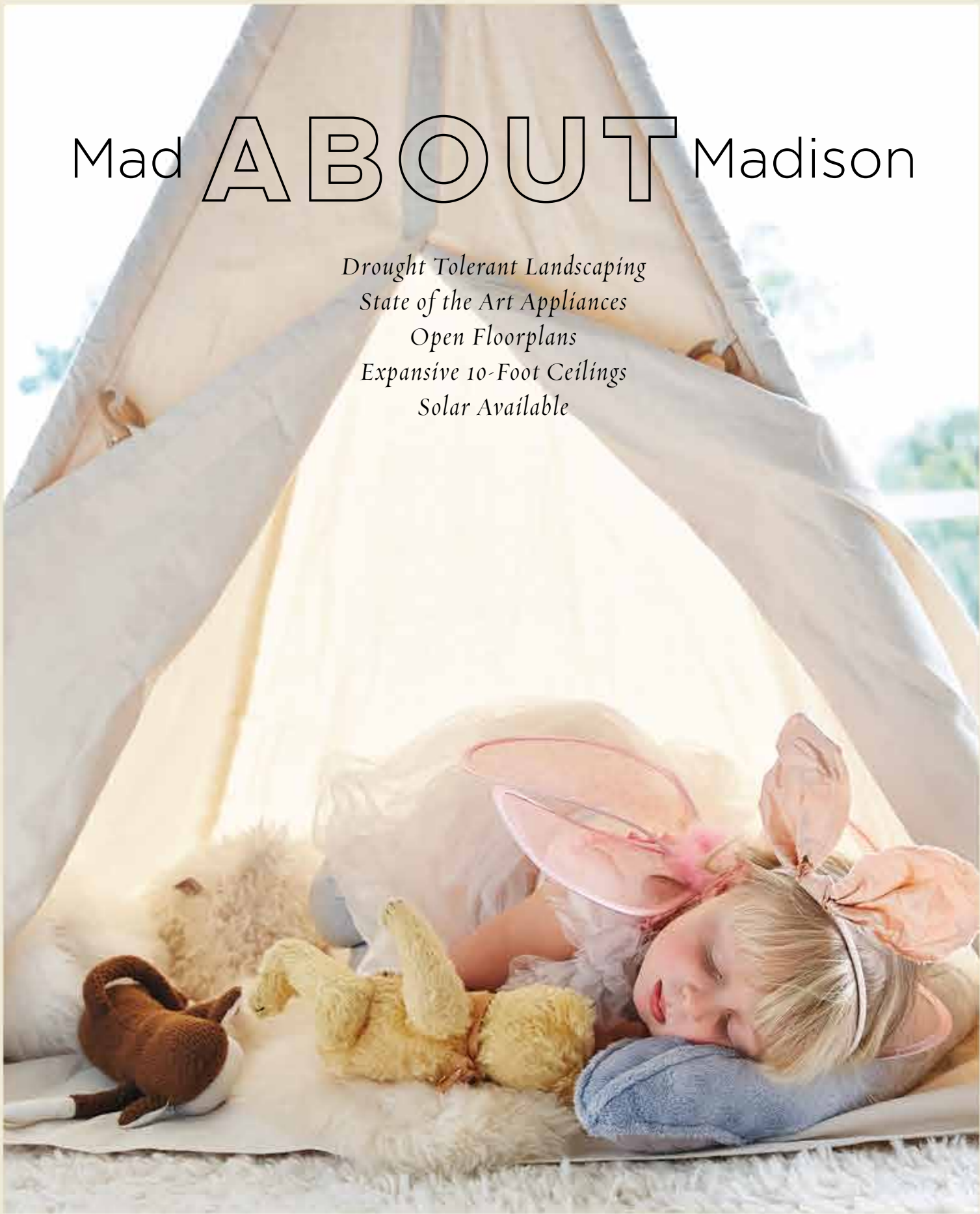
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