AMERICAN RIVER



Grace Baptist: The Little Church that Could

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Dianda's of Fair Oaks **Earns Outstanding Food Safety Award**

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"Good Boy" A Cat with **Ten Lives**

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Volume 6 Issue 18

Serving Citrus Heights, Fair Oaks, Carmichael, Orangevale & Gold River

Second Edition for September 2011

Golden Matchmaking

By Julie Parker

Imagine a safe haven, a sanctuary, for dogs who are old, sick, have been displaced, abandoned and/or homeless; an idyllic place where they receive love, medical attention and opportunities to be placed in a loving home. They are never euthanized.

This canine oasis exists in rural Elverta: Homeward Bound, Golden Retriever Rescue and Sanctuary, Inc.-created by Jody and Mike Jones, and inspired by their Golden, Chelsea. Home Bound serves the entire Sacramento region.

Chelsea had been hit by a car, and her injuries were severe. "She's not going to make it, they told us," says Jody Jones. "Michael said to Chelsea, 'If you make it, we'll take care of Goldens forever."

Chelsea did, indeed, beat the odds. While she was recuperating, the Joneses volunteered with Bay Area and Sacramento rescue groups and witnessed the groups' ongoing challenge of finding foster homes. They decided to do something about it by starting their own rescue (Homeward Bound) out of their home. They had acquired about eight dogs when Animal Control informed them it was illegal to runnel a kennel from their house.

Fortunately, a friend of Jody's offered them a lease on family property, but there weren't any fences, let alone yards. "It was flat open," says Jody. "We put the dog crates in the barn, and everybody had to be put on a leash." They have since built yards, fencing around the barn, a pond, and a building for dog training and classes for families who adopt, and for the volunteers. "My personal goal was to have someplace where other people could come and spend time with the dogs; bathe and groom them, work with them. The dogs get the exercise they need and people feel better for having come to help."

Goldens arrive at Homeward Bound for various reasons - rescued from shelters, found roaming in the streets, surrendered by owners who are relocating and can't take their dog or are in such dire financial straits they can no longer afford to care for the dog. They take in six to eight dogs weekly, all of whom immediately receives a veterinary exam, is spayed or neutered, vaccinated, and tested for heartworm..

They receive dogs from the entire state of California. "We have two that just came in from Taiwan. There's a group of young adults that are getting dogs off the streets of



Homeward Bound: "When you come out here, you lose your focus over life and just enjoy the dogs." Photo by Julie Parker.

Taiwan. They have a sponsor who is flying them to the United States."

They take dogs that are afraid of thunderstorms ("only get those once in a blue moon out here") and separation anxiety ("we look for someone who works out of their home").

Potential owners are interviewed and homes visited to procure the best possible match. Diane Brownell, a twelve-year-volunteer at Homeward Bound, recalls one in particular.

"Neal is blind. He wanted to foster either a dog which was overweight or had behavior problems. He took a dog from us named Cinnamon and she was very heavy. He was able to walk both his guide dog and Cinnamon at the same time. He got her trimmed down to the point where she could be adopted out, and someone did adopt her. About a year later, they returned her, saying she had become incontinent. Everyone was hoping Neal would take her back, and he did. It wasn't too long before he said, 'Let's just call it a permanent foster.' Neal was probably the

most profound match I've had." Their newest program, Save Our Seniors, focuses on dogs that are unwanted due to their advanced age - ten, twelve, fourteen years old. Jones says, "I can take the senior dogs from rescues throughout the US Arkansas, Missouri, Mississippiand fly them in here; have them two or three weeks and then someone finds out I have the special ones and they're adopted. So, I say, okay, fly in another one."

Continued on Page 12

Hazel Avenue Improvement Project Phase 1 Completed

Sacramento County - The Sacramento County Department of Transportation (SACDOT) hosted a ribbon-cutting event to celebrate completion for Phase 1 of the Hazel Avenue Improvement Project. Phase 1 is part of a major roadway infrastructure project to improve Hazel Avenue from U.S. 50 to Madison Avenue, to reduce congestion and improve safety and mobility for all modes of transportation in this corridor. Information about the Phase 1 ribbon-cutting event is as follows:

The event was held Saturday, September 17 @ 10:00 A.M. at the Nimbus Fish Hatchery. Speakers included Supervisor Roberta MacGlashan, Chair of the Board of Supervisors, Senator Ted Gaines, Former Assembly Member Roger Niello, from Congressman Dan Lungren's Office: Marilyn Erbes, and from Assembly Member Alyson Huber's Office: Tim Reardon

According to Supervisor MacGlashan, "Hazel Avenue is a vital north-south unincorporated area corridor, is one of the most congested roadways in the region and is in great need of improvement. Completion of this Phase 1 project is a big step forward in Sacramento County's efforts to improve this corridor. The bridge widening came first, and future project phases will complete the widening from Curragh

Drive to Madison Avenue. The Phase 1 project provides immediate benefits for motorists, users of local recreational facilities, bicyclists, pedestrians and equestrians. In addition, this \$22 million construction project helped support local businesses, material suppliers and contactors during this continued downturn in the economy."

Mike Penrose, Director of the Department of Transportation added, "This is the start of the largest roadway project ever undertaken by Sacramento County. Hazel Avenue has a current traffic demand of up to 55,000 vehicles per day and was designed to handle just 36,000. It's easy to understand why it's critical that we improve this roadway. Widening the bridge was a natural path first step in moving forward to implement future project phases which will widen Hazel Avenue up to Madison Avenue. When completed, improvements to Hazel Avenue will reduce congestion and improve safety.'

Roadway improvements completed in Phase 1 project work included:

- Widening Hazel Avenue from four to six lanes over the American River Bridge from U.S. 50 to
- Curragh Downs Drive. · Construction of new bicycle, pedestrian and equestrian facilities and improved connections to the American River Parkway.
- bicycle/pedestrian/equestrian modes from vehicle traffic on the bridge over the American River. Architectural treatments on the

· Bike lanes and a barrier separating

bridge structure and decorative street lighting. • Traffic signal modifications at

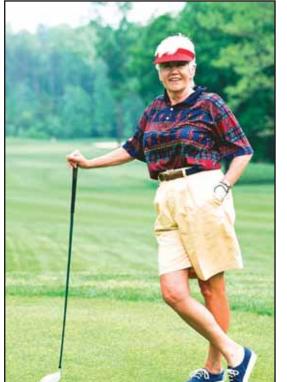
Curragh Downs Drive. Phase 1 project construction costs are \$22 million and were covered with a combination of Developer Fees, Measure A Sales Tax funds and State and Federal funding

Source: Dan Regan, Communication & Media Officer, SACDOT

Sunday Funday!



Dust Off Your Golf Clubs



Citrus Heights - Charlie McComish, owner of ProPartners, and Jack Corry, owner of PuroClean have joined efforts to launch the "First Annual ProPartners ~ PuroClean Golf Day" for women golfers, and men caddies to benefit the "Domestic Violence Intervention Center" located in Citrus Heights.

Create your team and join Mayor Jeannie Bruins as she and her caddie, Chief of Police Christopher Boyd, support the cause. Get involved, donate raffle prizes, sponsor team or sponsor a hole.

The First Annual ProPartners and PuroClean Golf Day for women golfers will be on Thursday, October 6th, 2011 at the Foothills Golf Center. Co-sponsors include ESPN, 1340 AM sports radio, and The Eagle Classic Rock-96.9 radio station, and fellow Citrus Heights business owners SaveMart, Sunrise Market Place, AquaPerfect, Bozzuto, Farmers Insurance, and Cimino.

The fun starts with lunch at 11:30 a.m. followed by a 9-hole shotgun start at 1:00 p.m. The day culminates with awards, raffle prizes, Artisans tables with beautiful hand crafted works and much more.

For more information contact 916-718-5610 or you may visit The Domestic Violence Intervention Center and Family Care Center at 6060 Sunrise Vista Dr., Ste. 2340 and 2560, Citrus Heights, CA 95610.

24/7 Crisis Hotline: 916-728-7210.DVIC and Harmony House is a nonprofit 501 (c) (3) agency, which seeks to eliminate barriers by offering proactive prevention and intervention strategies to women, children, youth, and families of our community. DVIC is a wellness-based organization that serves the victims and families our community and surrounding region.

Come and play golf in the "First Annual ProPartners-PuroClean Golf Day"

By Leslie Carrara

Citrus Heights - As the seasons change, Citrus Heights' sure event is upon us again.

Mark your calendars for Sunday FunDay on Sept. 25 from 11 a.m. to 4 p.m. at Rusch Park, at the corner of Antelope and Auburn Blvd. in Citrus Heights.

According to Sabine Branscum, community events coordinator for Citrus Heights, everything except the food and drinks is free. This includes the rides, face painting, balloons, jump houses, pony rides and bungee

jumping. "It's a great, free community event that is put on by the City of Citrus Heights and Sunrise Recreation and Park District, sponsored by SMUD and various other local businesses,"

Branscum said. This year, Association Experience will be providing musical

entertainment, performing pop, Latin, and rock music. As Branscum said, they offer a variety.

Sponsors contributing to Sunday FunDay include PG&E, SureWest. Allied Waste, Crocker Art Museum and a host of others.

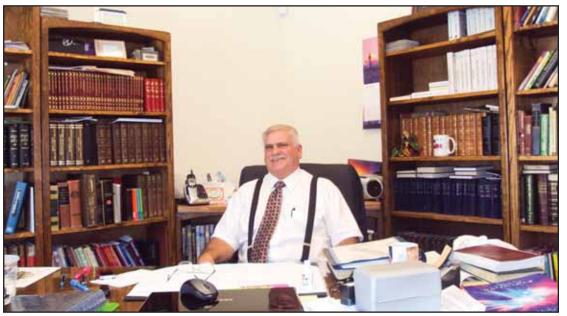
Source: City of Citrus Heights Connections Newsletter.



link to our online edition!

Page 2 The Messenger **Second Edition for September 2011**

The Little Church that Could A New Postmaster Takes Over in Fair Oaks



"We're just a typical, simple, fundamental, Bible preaching church." Photo by Julie Parker

By Julie Parker

"This has been the greatest pastorate I've ever had," says Pastor Charles Carter of the Grace Baptist Church. "You know you hear about the honeymoon period for a pastor in a church? My honeymoon period has never ended. I've been here a full eight years and have never had a cross word with any of my folks. It's been marvelous; an absolute joy.'

Hailing from Texas, the silverhaired pastor was raised by a single mother, his father having died before he was born. Although it was not "a Christian home," he joined the church at age 16. Carter could no longer tolerate watching his mother's abusive relationship and was afraid of what he might do to the abuser. "He beat her so bad, almost killed her, dumped her in the emergency room and left, never to be seen again. She became a Christian two years after I did, living in Idaho. She remarried and has been with him ever since. Nice guy."

Carter attended Pacific Coast Baptist Bible College in San Dimas, and became an associate in a church in Colorado. "The pastor had a tremendous heart for missions in Mexico, so we built churches for the locals down there; had a ball with that. That was a lot of fun." He took a break from the ministry to begin a delivery service. "It got the best of me, so, in 2001, I felt moved to go back into fulltime ministry, and came to this church in 2003."

His biggest challenge at the Grace

Baptist Church was the August, 2006 arson fire, which burned down the main section of the building. The subsequent four year battle with the insurance company to pay up the claim upped the challenge ante. The ministry persevered, however, and ultimately received an insurance settlement.

"It was good for me, because it expanded my faith and trust; I had to learn how to study all over again. I lost about half of my library in the fire, and the other half was packed in boxes. It actually got me to a point where I think pastors ought to be; the basics. That's what our church is about. We're a traditional church. We don't have contemporary services or contemporary music. We're just a typical, simple, fundamental, Bible preaching church."

Happily, their youth programs are returning. "This fall, on Wednesday evenings, they'll be starting the King's Kids Program, teaching grades first through sixth."

The church supports the Sacramento Rescue Mission, and with their Fourteen Missions Project, assists missionaries in other places in this country and others. For instance, in the Philippines, a motorcycle tricycle was needed, and in Joplin, a missionary needed financial assistance to rebuild a church lost in a recent tornado. The Project has had a hand in establishing anywhere from 180 to 200 churches. "I love missionaries." They also offer their support in the building of orphanages.

Grace Baptist Church is not associated with the Southern Baptist Fellowship. "We are an independent, autonomous, local New Testament Church. Everything we do is in-house. We don't owe anybody, other than our monthly

don't need it." His wife is the church pianist and Sunday School teacher. She is also working a full-time job. Carter would like to offer her some relief.

bills. I don't believe in creating debt

for churches. We pay as we go. If

we don't have it, I guess we just

Because the church only works with people within its membership, they are looking for new members that may be able to fill some of its needs. "I've been praying for three things: someone who plays piano, the organ and someone who will take a Web ministry."

His vision also includes building a Sunday School wing on the back part of the church, and to take down the small building and build a new auditorium. "I'd like to see the church start what's called Reformers Unanimous. It's not a 12-step program, but a complete church-run program. They deal with all forms of addiction, and they've had a huge success ratio.

"I've had a ball here. This has been an absolute dream for a pastor. I don't make the most money, but I've got the greatest people in the world. We have diverse ethnicity

Mexican-Americans, African-Americans. And then you have the By Leslie Carrara

Fair Oaks - The community of Fair Oaks has a new Postmaster running the show at the post office.

Local boy Edward West, 42, of Fair Oaks took over the post office on Aug. 1 of this year, and was sworn in by Congressman Dan Lungren on Aug. 18 at a Chamber of Commerce luncheon.

West began his career as a mail carrier in Rocklin and then worked as a customer service supervisor in Folsom. Before becoming the Postmaster, he worked as a station manager in El Dorado Hills. All in all, he has 20 years of postal experience behind him.

"To get the position of Fair Oaks Postmaster to further serve my community is awesome," he said.

Married to Traci, they have a 15-year-old son, Tyler, and all are involved in the Sunrise Community Church on Greenback Lane in Fair Oaks. A former Little Leaguer, Tyler is now "heavily into" karate. West noted. His wife works, as a workers compensation claims adjuster. Tyler attends Bella Vista High School, as



Edward West, 42, of Fair Oaks was sworn in by Congressman Dan Lungren.

did West, who graduated in 1987.

West's family is involved with Walk on Water (WOW) through their church. WOW is a program at the church helping disabled children and teens. They have activities every other Sunday. West does lighting

and sound, whereas Tyler is actually working with the kids, he said.

Meantime, West has a staff of 68 employees he oversees. Postmaster Ed says, "Stop in and say 'Hi"" sometime."



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Fair Oaks Presbyterian Church Kicks Off Fourth Upward Sports Season



Upward Sports enters a new Youth Basketball Season. Photo courtesy Upwards Basketball.

Fair Oaks - Upward Basketball started at Fair Oaks Presbyterian Church three seasons ago with 39 children. The next season they had 155 children and last season 280. This season they expect 400 children to be playing basketball and cheerleading has now been added.

Why has this sports activity grown so fast? The reason is that the children and the parents love it. The time commitment is one hour of practice a week and one hour of game a week. It also is done in a healthy competitive environment. The program features the child and not the game. Learning the difference between winning and losing is learning about consequences. Upward believes each child should learn that they are special and also learn to love each other.

While many sports leagues are into winning at all cost, Upward is designed for the kids to learn fundamentals and have fun doing it. "It is

the best sports experience." We believe that every child is a winner.

Early registration started on September 12th and will go until October 16th. Final registration will go until October 22nd.

For more information go to www.fopc.org and click on Upward Sports. You can also call Fair Oaks Presbyterian Church during office hours, Monday through Friday, 9:00 to 5:00 at (916) 967-4784.

PAL Flick Night The Place for Families to Be

By Leslie Carrara

Citrus Heights – The place for families to be Friday, Sept. 30 is Rusch Park for "Friday Family Flick Night, and it is free!

The History and Arts Commission and the Police Activities League (PAL) are presenting "Despicable Me". The event is made possible through gold and silver sponsors in the community. Gold sponsors at \$150 each include Citrus

Heights Pet Hospital, Robinson's Taekwondo, Rusch Park Neighborhood Association and Sunrise MarketPlace. State Farm Insurance Agent Esther S. Nelson provided a silver sponsorship at \$75. Proceeds benefit PAL programs, including softball, tennis classes and basketball.

"For the community, this is being able to bring the families together for a free, safe night," said School Resource Officer Elena Calderon. "It's open to anyone and everyone."

Families are invited to bring a picnic basket with dinner items. Free punch and popcorn will be served, as well as a PAL sponsored concession stand. The flick night opens at 6:00 p.m. and the movie will be shown at sundown.

Source: cops.citrus heights.net

Sacramento Eateries Recognized for Outstanding Food Safety Record

Sacramento Region – In recognition of September's National Food Safety Education Month, restaurant and food-service operations were honored by the Sacramento County Board of Supervisors for outstanding food safety practices.

Each September, the County's Environmental Management Department (EMD) gives a Food Safety Awards of Excellence certificate to food facilities that had no major violations in its three most recent health inspections.

EMD selected a food establishment from each supervisorial district to receive their certificate at today's Board of Supervisors meeting: Witter Ranch Elementary School, Natomas; Chada Thai Cuisine, Sacramento; El Palmar Mexican Restaurant, Carmichael; Dianda's Italian Bakery and Café, Fair Oaks; and Iron Wok, Elk Grove.

In 2011, nearly 800 facilities earned a Food Safety Award of Excellence certificate countywide. EMD's Environmental Health Division inspects approximately



Sharise Dianda of Dianda's Restaurant with Roberta MacGlashan. Photo provided by Kerri Aiello, County of Sacramento.

5,500 restaurants, retail markets, bakeries, bars and schools for food safety compliance annually. Inspections are unannounced and completed up to three times a year.

Search for the most recent food facility or restaurant inspection report at www.foodinspect.saccounty.net.

Flowers for Seniors

By Leslie Carrara

Fair Oaks - Seniors at home or in medical nursing facilities started receiving a pleasant surprise recently – flowers.

Flowers for Seniors, a non-profit branch of Support for Home, delivers carnations to senior citizens in skilled nursing, assisted living, rehabilitation and memory facilities, as well as private homes, beginning last June. They delivered flowers to Eskaton Fair Oaks Thursday, Sept. 15.

The total number of seniors receiving flowers per facility is anywhere from 100 to 200, depending on the list provided by the facility. Flowers are donated by local and regional shops, including Strelitzia Flower Company, Forever Yours Flowers & Gifts and Bloem Decorations, according to Carlotta Sanchez, Flowers for Seniors client services and staffing manager.

Companies in the area are donating cards and ribbons, assembly and

distribution. On this particular day, Forever Yours Flowers & Gifts donated carnations, Support For Home provided organization and printing, assembly was completed by Winding Commons and Vitas Innovative Hospice Care did the delivery.



Cori Deck, community liaison for Vitas, said that the flowers bring happiness to the seniors. "It's a little pickme-up," she said. "It's a way to have companionship and to visit seniors." Sanchez said that the flowers provide "memories, especially because we give them carnations. When they were growing up, a lot of the flowers they used were carnations." She added that this type of flower was commonly used in corsages and boutonnières.

Other companies donating at the present time include First Call Hospice; Windsor El Camino Care Center; Comforcare Senior Services; Winding Commons Independent Living; Advanced Home Health, Inc.; Davis Healthcare Center; Asian Community Center Nursing Home; Vitas Hospice; Folsom Convalescent Hospital; Support For Home; Greenhaven Estates; and Interim Health Care.

If you want to donate flowers or assembly and distribution time, please contact Flowers for Seniors at 482-8484.

Source: www.flowers for seniors.org



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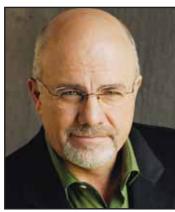
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Dave Ramsey is a personal money management expert, national radio personality and the author of three New York Times bestsellers - The Total Money Makeover, Financial Peace Revisited and More Than Enough. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

Prepping for an Emergency

My husband needs a liver transplant within the next two years, because he has Hepatitis C. We make about \$70,000 a year, but we have \$25,000 in debt. He's still able to work right now, and we have health insurance, but how can we prepare for the operation and medical bills? - Nikki

Dear Nikki,

God bless you guys. It's going to be tough, because you're going to face a lengthy loss of income, and sky-high medical bills even if everything goes well. I'm really sorry you have to go through this. Life can be hard enough without major health issues knocking you for a loop.

The good news is that there's something you can do about all this, and it all starts with saving. First, set aside an emergency fund of three to

Dave Says

six months of expenses as quickly as you can. In your case, I'd recommend leaning toward the six month side. Second, you guys need to have no life for the next year or two, and get very serious about paying off as much debt as possible after you get your emergency fund in place. I'm talking about following a very strict budget, and living on rice and beans. Bottom line? The less debt you have, the better off you'll be.

Wouldn't you love to be debt-free and have six months of expenses in the bank before they perform this operation? You can do it, if it becomes important enough to make it priority one!

- Dave

Who's Liable?

Dear Dave,

I attend a small church with about 100 members. There is a \$97,000 mortgage at 8.75 percent on the building, and the note was signed only by the pastor. In the event of default, are the members of the congregation liable?

- Charlene

Dear Charlene.

Unless you signed the note, you are not liable. If the pastor signed the note personally, or on behalf of the congregation, it would actually depend on the wording in the note as to who is liable in case of default.

But this whole situation is kind of silly, and I'll tell you why. If everyone in the congregation gave an extra \$83 a month in their tithe – that's only about \$20 more every Sunday - you could have this mortgage knocked out in a year! There's absolutely no reason for your church to be in debt

12 months from now.

This is a prime example of what happens when a church adopts the same mentality as the rest of the world. The Bible itself warns us that the borrower is slave to the lender! - Dave

I want to Open a Franchise, But ...

Dear Dave,

I've always been intrigued by the restaurant business and wanted to open one of my own. Recently, the opportunity presented itself to open a McDonald's franchise. I really want to do this, but it would take years for me to save up the money. Is it okay to borrow money to start a business?

Dear Jim,

It will take longer to save up the money and open the business debtfree, but that's exactly what you should do. Most small businesses fail within the first five years. One of the main reasons for these failures is the struggle to repay debt.

If you're into restaurants, try starting small with a catering business out of your home. This will give you a taste of managing your own food service business, and let you know if you really like that kind of work.

It will also give you the opportunity to make and save some money. That way, when your restaurant dream becomes a reality you can honestly say that you own the business instead of it owning you!

- Dave

* For more financial help, please visit daveramsey.com.

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Gasoline 92 Cents Per Gallon Higher Than One Year Ago

Sacramento Region - Average retail gasoline prices in Sacramento have risen 1.4 cents per gallon in the past week, averaging \$3.86/g yesterday. This compares with the national average that has fallen 0.1 cents per gallon in the last week to \$3.66/g, according to gasoline price website SactoGasPrices.com.

Including the change in gas prices in Sacramento during the past week, prices yesterday were 92.2 cents per gallon higher than the same day one year ago and are 19.2 cents per gallon higher than a month ago. The national average has increased 5.1 cents per gallon during the last month and stands 93.3 cents per gallon higher than this day one year ago.

"Late last week we started to see a drop in wholesale gasoline prices,

DeHaan adds.

websites of 2008.

Sacramento Republican Women Federated Event



Carol Heymeyer

Monthly Lunch – October 5th

The Sacramento Republican Women Federated will be holding their monthly lunch on October 1, 2011 at the Northridge Country Club located at 7600 Madison Avenue in Fair Oaks. Our featured speaker will be Carol Heymeyer, who is working as

which is the price stations pay. Such news means the national average may begin moving lower," said Patrick DeHaan, GasBuddy.com Senior Petroleum Analyst. "While I'm hopeful we'll start to see lower retail gasoline prices in the days ahead, we have seen considerable volatility and I'd hate to see the market move higher in the days ahead, negating any expected drop in retail prices,'

Source: GasBuddy.com operates over 200 live gasoline price-tracking websites, including SactoGasPrices. com. GasBuddy.com was named one of Time magazine's 50 best websites and to PC World's 100 most useful

a Deputy District Attorney in Contra

Costa County on a volunteer basis. As

a trial attorney in both private practice

and with the San Francisco District

Attorney's Office, she counts more

than 44 jury trials and many more

court trials. Carol will be speaking

on Voter Fraud and Redistricting.

should be made by October 1, 2011

by calling (916) 733-1623 or visiting

ourwebsite: wwwsacramentorwf.org/

men Federated is the largest Republican Women's group in the

Sacramento area. Chartered as a

National Federation of Republican

Women Club in 1932, we educate

women in Republican principles,

increase the effectiveness of

women in the political cause and

are leaders in our community.

Sacramento Republican Wo-

The cost is \$25 and reservations

International Peacemaker Speaker, Majd Lahham to Speak

Northminster is honored to host the Presbyterian Church (USA) International Peacemaker of the Year, Majd Lahham, who will speak on the Christian presence in the Middle East. Majd is a member of the Greek Orthodox Church in Damascus and serves as assistant director of the program for Iraqi refugees with International

which provide education, vocational training, community service projects, relief items and psychosocial support.

Majd is a timely voice in understanding the areas of conflict in Syria and the Christian presence that seeks peace and reconciliation. Please join us as we share a

Orthodox Christian Charities, luncheon with our honored guest speaker.

For more information, call (916) 487-5192 or visit wwww.northminsteronline.org.

Event Info: Northminster Presbyterian Church, Sunday, September 25, 11:00 a.m., 3235 Pope Avenue, Sacramento.



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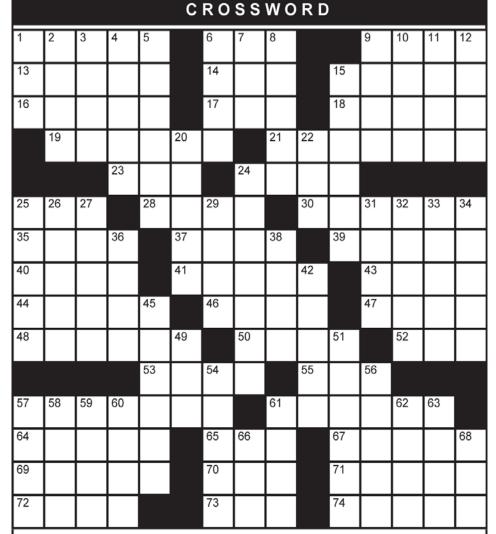
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1. Lively dance in 2-4 time

6. *A main ingredient of custard

9. Back talk 13. Single-cell protozoan 14. Second person pronoun

15. *Type of flour used in many cakes and cookies 16. Surfaces or coats, v.

17. Cash giver 18. "Played" during school 19. Hurries

21. *Chocolate square 23. To do this is human 24. *Some candy bar

wrappers are made of this 25. Ceiling prop 28. It goes up and down 30. Run off

37. *Type of chocolate 39. *The sweet in sweet 40. Child's inanimate friend

35. Flying saucers

41. Press it to activate

43. Hindu princess 44. Russian prison 46. Actress Lollobrigida

47. Leo or Libra, e.g.

50. Arial, e.g. 52. Often rushed in tennis 53. Snoopy

48. 7-

Goo Dolls 57. *Final course

61. *Reduce to pure state, as in sugar 64. Frenchman's love 65. Top seed

69. Mexican revolutionary 70. Contend 71. Suggestive of the supernatural

72. Popular Scandinavian

67. Beats with a whip

73. Bugling animal 74. Rub out

name

CLUES

1. Between generations 2. Wet nurse 3. Bulgarian money

4. Like one with high BMI 5. *Baked confection 6. Young hawk

7. Acquired 8. Southern soup 9. Best in 10. Also spelled "eon"

11. Japanese vodka 12. Eye infection

15. Greater than sum of 56. Oil tanker parts? pl. 57. Letterman, to his buddies? 20. Wear away 58. African chieftain

22. Relieve from 59. Same as solos 24. Add vitamin D to milk, e.g. 60. Pout 25. *A Judy Blume character 61. Smell badly

26. State of entanglement __ prosequi 29. Opposite of yin 31. Mongrels

Disease often associated

32. Once more

62. Novelist Roberts 63. Armor chest plate 66. Zip or zilch 68. Examine or watch

with dogs

play

34. "All the news that's fit to

42. Where deer and antelope

49. Neither here ___ there

54. One of Ben Franklin's

36. Member of eastern

European people

38. Bingo-like game

45. Plural of genus

51. *English

inventions

For Solution See Page 7



By Pastor Ray Dare

You will be hurt in life; count on it. One of the most important life skills you can learn is how to get over a hurt. The Bible says, "Get rid of all bitterness, passion, and anger. No more shouting or insults, no more hateful feelings of any sort. Instead, be kind and tender-hearted to one another, and forgive one another, as God has forgiven you through Christ." Ephesians 4:31-32 (TEV) How do you do that? When somebody hurts you, when somebody offends you, how do you let go of it?

First thing you need to remember when you get hurt is never retaliate! The Bible says, "Don't say, 'I will get even for this wrong.' Wait for the LORD to handle the matter." Proverbs 20:22 (NLT) If you don't do this, relinquish your right to get even, then you'll fall into the trap of resentment and you'll become a bitter, angry person. All that

By Marlys Norris,

Christian Author

Some people believe they can live

without God in their lives. They miss

their true destiny and walk a path

completely out of the will of God for

their lives. Scripture clearly tells us

"Do not be wise in your own eyes,

fear the Lord and shun evil. This will

bring health to your body and nour-

ishment to your bones." (Proverbs

3:7) "Blessed is a man who finds

wisdom, the man who gains under-

God who created heaven and

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standing. (Proverbs 3:13)

The Freeing Power of Forgiveness

resentment and bitterness and the grudges that you have towards all the people who have hurt you will not take away your hurt! In fact, it only intensifies the hurt. When you're being resentful the only person you're hurting is yourself. You're not hurting that other person. They're out there having a grand-old time. They've gone on their merry way while you're stuck stewing & brewing, making yourself miserable.

Researchhas shown that resentment has tremendous emotional, physical and spiritual consequences. The Bible's been saying that for a couple thousand years. Science is just now catching up to the Bible. The fact is, you can't hold-on to a hurt and enjoy life too. You've got to let it go.

When you're walking down the road of life and you get hurt, your road splits; you come to a fork in the road and you have to make a decision. You have to decide, "Am I going to get bitter...or am I going to get better?" It's your choice and you can't do both. You can't be bitter and better at the same time, it just doesn't work. You have to decide which road you're going to walk

down. "Am I going to walk down the road of health and emotional freedom, or am I going to walk down the road of bitterness and resentment towards the people who hurt me?"

There's only one way to get over a hurt. Getting even doesn't take away the pain. There's only one way to get over a hurt ... forgiveness. Freedom is found in forgiveness. You're never going to stop hurting until you forgive that other person. Forgiveness is the key that sets you free. You free the other person and in freeing them, what you discover is, you free yourself.

You say, "Pastor, they don't deserve to be forgiven!" I didn't say they did. In fact, you're probably right; they don't deserve to be forgiven. I'm not saying forgive them because they deserve it. I'm saying forgive them for your own sake! I'm saying forgive them so you can get on with the rest of your life free from the misery of resentment. For your own sake, you've got to let it go.

See you soon, Pastor Ray

New Community Christian Church www.YourNewChurch.org



By Reverend Kevin Kitrell Ross

If you are presently facing a health challenge and desire to be healed of it, recognize the truth that you can be healed, despite the diagnosis

Here are some things you can do immediately to move down the road to your health and well-being:

T – Tell the Truth about your health condition.

Uncover the facts and don't withhold them from yourself. You do not have to empower the facts as being the Truth of your being by accepting

T.O.U.G.H. Talk on Health

a doctor's diagnosis. However, acknowledge the appearance and do not operate in denial.

O – Own your power with your

Health is an inside job and you have power to change what's going on inside of you through your thinking, feeling and diet. Take 100% responsibility for changing the inner environment in thought and deed that gave rise for the condition for disease to thrive.

U – Unschedule yourself with dates of doom and gloom regarding your health.

Just because the doctor has said you only have a few days to live, you do not have to schedule your funeral. Keep yourself and your eyes focused on what you want to create with your health, not on what you've been told runs in the family or is common to your culture.

G – "Grow through" rather than simply "go through" the health challenge.

challenge.

It is in taking a radical approach to discovering the root cause of the challenge and committing to learning how to prevent it that you secure your

H – Hold to God's unchanging hand.

Know that God's will for you is to prosper and be in health as your soul

Kevin Kitrell Ross is the host of Design Your Life weekly radio program, online at www.unity.fm, every Wednesday at 10:00 a.m. He is also the Senior Minister/ Spiritual Director of Christ Unity Church of Sacramento, online at www.christunity.com . Feel free to join them for one of their two services 9:00 a.m. and 11:00 a.m. Christ Unity Church is located at 9249 Folsom Boulevard, Sacramento.

I'm not Broke, I'm Just Financially Challenged

By Rev. James L. Snyder

As I was listening to the President give his speech on the country's economy last week I was simultaneously trying to balance my checkbook. Math was never my strong suit. In fact, when it comes to math, I do not wear a suit at all. I would wear my birthday suit but it is too wrinkled and believe me,

spandex is stretching it too much.

Oddly enough, my checkbook balance is never the same as the balance on the statement from the bank. My bank's haughty assumption is that they are right and I am wrong.

The thing that gripes me is, as much money as I am paying my bank through all of the miscellaneous fees, I should not have to balance my checkbook. That should be a service gladly rendered by my financial institution.

The last time I was in my bank, I coyly suggested this to the teller and she looked at me, laughed as though I was telling her a joke and then handed me a lollipop. Believe me; balancing my checkbook is no joking matter.

As I was working over my checkbook, I was groaning, moaning and sighing rather deeply. Enough so, that it disturbed my residential companion. Finally, she said to me in that sarcastic tone of voice reserved just for me, "What's got you so disturbed tonight?"

At first, I did not want to tell her. After all, it is my responsibility to balance the checkbook. We have a wonderful give-and-take relationship. My responsibility is to deposit money into the checkbook while her responsibility is to make sure the checks fly out of our checkbook as quickly and smoothly as possible. Then, somebody at our financial institution came up with the brilliant idea of the check card. Now the money flies out faster than it ever did before.

Our money flies faster than the

speed of sound, but occasionally my groans do catch-up, and tonight was one such night.

I looked at my wife, swallowed several times, and then blurted out, "I think we're broke."

After I said that, I did feel a little bit relieved. However, it did not last long.

"What do you mean 'we're broke?""

The way she emphasized the word "we're" caused me a little bit of uneasiness.

"I mean," I tried to explain; "we have run out of money."

"Why should that get you all riled up," she said with a little bit of chipper in her voice. Just a little more than I was comfortable with under our present circumstances. "The President's on television right now telling us that the country's broke. So I guess that means were all in the same boat."

Both of us were quiet as we listened to the President continue his speech on the economy. Actually, I was a wee bit more concerned about the economical condition of my checkbook then the country's economy.

I'm broke simply because I have more bills than I have money.

The country is broke because it spends money on things other than bills. And, when the government runs out of money all it has to do is to print more money. The thing that really aggravates me is that if I would treat my checkbook like the government treats its checkbook the government would have me arrested and thrown in jail for the rest of my life. Which, upon further thought, maybe a plan out of my desperate economic disposition. For in jail, the government would pay all my bills.

In jail, I would not have a grocery bill. All of my medical needs would be taken care of by good ole Uncle Sam. I certainly would not have to save money for a rainy day.

Further consideration brought me to the conclusion that I may not

like some of the people in prison. After all, there may be former politicians who are locked up for some scandalous activity they were caught at. Who wants to spend their time with that crowd?

Just as I was sinking deeper into the slough of despondency, my wife, as usual, came to my rescue. If I gave her a nickel for every bright idea she has come up with in our married life I would be broke. Which, by the way, maybe why I am broke now.

Her amazing solution was simply this, "We're not broke, we're just financially challenged."

Why do I never come up with all of these brilliant ideas? Being broke is one thing but being financially challenged is something altogether different. I do not want to be broke. Now, thanks to my wife, I am no longer broke I am simply financially challenged.

That sounds so much better. I worried my heart sick thinking I was broke when in reality I was merely financially challenged. I wonder if I could somehow get this message to our dear President. If I can get him a message I would simply say this, "Mr. President, our country is not broke as you are insinuating. We are simply financially challenged."

Everybody has his or her own solution to problems. Especially if it is a political problem. I like how the Bible puts it. "There is a way which seemeth right unto a man, but the end thereof are the ways of death" (Proverbs 14:12 KJV).

Someone said it like this, "a rose by any other name is still a rose."

The Rev. James L. Snyder

is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife, Martha, in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamessnyder2@att. net. The church web site is www. whatafellowshipcom.

earth has a beautiful fulfilling life for each person who decides to walk in the Way He has set before us in His write peoples names or even dates I

Tooting Your Horn!

each person who decides to walk in the Way He has set before us in His Holy Word. He loves you to the "uttermost". The book of Proverbs can help you read and understand how deeply God desires each one of us to take steps of faith and have our lives blessed by Him. Stay in tune with God! One of my favorite Scriptures is "Delight yourself in the Lord and He will give thee the desires of your heart. Commit your way to the Lord, trust also in Him, and He shall bring it to pass. (Psalm 37:4-5)

As you read the Bible and His message to you Underline those precious words that speak to your heart and soul. Every time you read them you will be encouraged and understand more than you did the first time you read them. If the passage seems profound as to where you are that moment in time - put a * to indicate it is important and you want to read it again and again. I have done

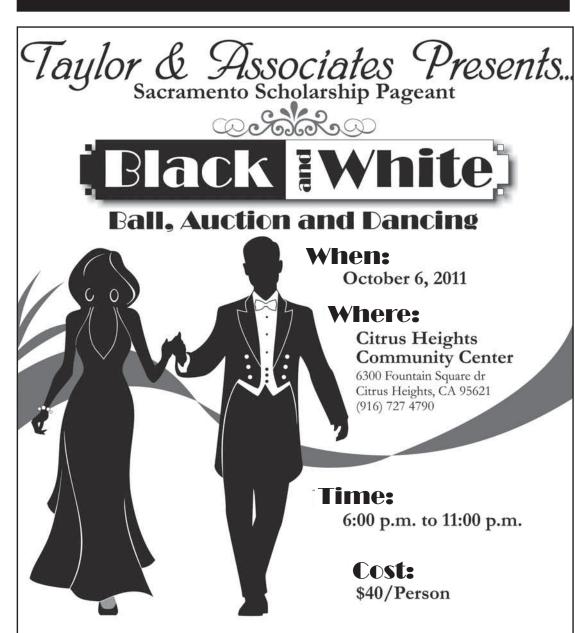
this for years in all of my Bibles and have been blessed. Sometimes I write peoples names or even dates I want to remember. Someday I pray whatever I have marked will bless someone, somewhere.

Every promise written in God's

word has a condition we must meet to see it answered. If the promise is for someone – pray for them and write their name next to the promise. Then wait for God to answer your prayer and mark the date answered. People believed this many years ago, but it is no longer true - Leaving your Bible without an indication that you never read it - is not a significant religious thing to do. People will pick up and read a old Bible with notes in it, otherwise it will hardly be touched, maybe even given away to some worthy cause.

Marlys Johnsen Norris, Author Marlys 5934@sbc global.net "Intimacy Begins Going God's Way" "God Moves Mountains, It was a Miracle"

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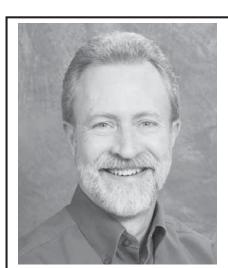




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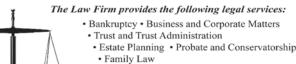
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STRAW DOGS (Rated R)

Sam Peckinpah's controversial 1971 film "Straw Dogs" captured the scary intensity of a story about shocking violence and the exploration of the darkest human behavior.

Now director and screenwriter Rod Lurie updates Peckinpah's tale of psychological terror by moving its setting from rural England to a small town in the Deep South.

This review will skip the comparisons with the original because the Peckinpah classic is forty years old and today's audience is not likely familiar with it anyway.

The setting of Blackwater, Mississippi is not the bucolic paradise that it appears to be at first glance. It's immediately obvious that the central figure is a fish-outof-water.

David Sumner (James Marsden), a bespectacled Hollywood screenwriter, and his actress wife Amy (Kate Bosworth) move to her small hometown in the South after her father's death.

David's first visit to Blackie's bar should have been enough of a clue to this Harvard-educated country club sort of intellectual that he was entering hostile territory.

But to make matters worse, David seemingly thinks it is a good idea to hire Amy's former boyfriend Charlie (Alexander Skarsgard) and his crew of redneck hillbillies to perform construction work on their dilapidated barn.

David and Amy take up residence

Riley Reviews

BRUTALITY, VIOLENCE AND MENACE COLLIDE IN "STRAW DOGS"

in the sturdy family farmhouse. He views it as the perfect place to work on his screenplay about the pivotal Battle of Stalingrad during World War II.

While the locals mostly drive pickups and standard American sedans, David rides around in his vintage Jaguar convertible, as if he were on his way to lunch at the Polo Lounge of the Beverly Hills

David is something of a squish that smiles softly and tries too hard to be engaging, but comes across as a wimpy nerd. His effete attitude shines through when he tries to order a Bud Light in the midst of a hard-drinking crowd.

On the other hand, David's wife, having once been the town's beauty queen and prominent cheerleader, slips back into being the hometown celebrity, even if her old friends are jealous.

But Amy has enough good sense to insist that they drive her father's old car instead of the Jaguar when attending to the town's Friday night football game ritual.

Meanwhile, tensions build in the Sumner marriage and old conflicts re-emerge with the locals, notably when Charlie brings a primal menace to the jobsite, leering at the sweaty Amy when she goes jogging braless.

The sense of intimidation grows when Charlie and his crew, including former football teammates Bic (Drew Powell), Norman (Rhys Coiro) and Chris (Billy Lush) push the limits of David's tolerance.

Tension builds slowly at first, as Charlie and the gang annoy David by blasting loud music and flaunting their lackadaisical work ethic, leaving work early to go hunting.

One of the workers has no problem with walking into the Sumner house uninvited, retrieving beers from the refrigerator and then complaining that they are not cold enough.

Meanwhile, a subplot involves former football coach Tom Heddon (James Woods), a violent, angry drunk, who gets absolutely obsessed that his teenage daughter has caught the attention of the mentally challenged Jeremy (Dominic Purcell).

When the coach's daughter goes missing, Heddon takes the law into his own hands, enlisting Charlie and his boys to help him search for her and setting into motion a series of events that ultimately leads to an explosively violent confrontation.

Leading up to the extremely brutal and violent climactic showdown at the farmhouse, it appears that both David and Amy had made a series of bad decisions that aggravate the situation.

To what purpose does the teasingly sexy Amy decide to suggestively flash Charlie and his crew after taking a shower? It's red meat thrown to the wolves.

What makes David so obliviously accommodating to Charlie and his buddies that he hires them in the first place and then decides to go hunting with them in the offseason to prove his manhood?

Despite the mistakes made by the Sumners, it is abundantly clear that director/screenwriter Lurie expects the audience to cheer David's ultimate transformation into fierce protector of his wife and the farmhouse.

The central actors are engaging, complex characters. Though James Woods gives another over-the-top performance, he is something to

"Straw Dogs" may lack the necessary subtlety and nuance, as well as psychological ambiguity, but it delivers the goods on vengeful violence. That may be enough for contemporary filmgoers.

Tim Kovar, broker/realtor and author, 916-549-4340 DRE# 01831154

MEET THE AUTHOR

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American River Messenger.com



Public Tours New Rancho Cordova Police Facility

Cordova Police Department hosted an Open House at the new Police Station on Wednesday, August 31st. The public toured the newly-opened building that is located at 2897 Kilgore Road from 3 to 5 p.m.

The ribbon-cutting ceremony took place at 5:30 p.m. Participating in the ceremony were Mayor that is across the parking lot from rented facilities.

Rancho Cordova – The Rancho Robert McGarvey, Vice Mayor David Sander, and City Council Members Linda Budge, Ken Cooley, and Dan Skoglund. City Manager Ted Gaebler, Police Chief Doug Diamond, and Sacramento

County Sheriff Scott Jones. Also open during the tour was the City's new Neighborhood Service Center at 2880 Gold Tailings Court the new Police Station.

The City purchased both buildings at different times several years ago and set aside financing for remodeling. The Neighborhood Service building houses the City's Code Enforcement and Animal Services Divisions. Both the Police Department and Neighborhood Services were formerly located in



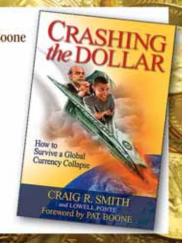


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DIGNITY

Is dignity the missing link to understanding? Could it be that when humans are treated like they don't matter, they are likely to have more aggression, hatred, and violence be the result? That comes from Dr. Donna Hicks, an associate, Weatherhead Center for International Affairs, Harvard University. Dr. Hicks tells it like she sees it in her book "Dignity" the essential role it plays in resolving conflict. This is the first comprehensive exploration of dignity, its role in human conflict, and its power to improve relationships of all kinds. We shared and looked at the confrontational truths on my POPPOFF Radio

According to Dr. Hicks, the desire for dignity is universal and powerful. It is the motivating force behind human interaction in families, in communities, in the business world, and in relationships at the international level. When dignity is violated, the response is likely to involve aggression, even violence, hatred and vengeance. On the other hand, when people treat one

POPPOFF!

with Mary Jane Popp

another with dignity, they become more connected and are able to create more meaningful relationships. Yet, surprisingly, most people have little understanding of dignity. So Dr. Hicks examines the reasons why and offers a new set of strategies for becoming aware of dignity's vital role in everyday life.

The good doc then told me there are ten Essential Elements of dig**nity.** Here are five:

- 1) Acceptance: Approach people as being neither inferior nor superior to yourself.
- 2) Inclusion: Make others feel that they belong.
- 3) Fairness: Treat people justly and you would treat anyone else.
- 4) Benefit of the Doubt: Treat people as trustworthy.
- 5) Accountability: Take responsibility for your own actions. Then Dr. Hicks went on to list the
- ten Temptations to Violate Dignity, which include these five:
- 1) Taking the Bait: Don't let bad behavior of others determine your
- 2) Saving Face: Don't lie or deceive yourself. Tell the truth about your
- 3) Avoiding Conflict: Don't avoid confrontation when your dignity is
- 4) Blaming Others: Don't blame or shame others into deflecting your

My one negative observation to Dr Hicks exploration about dignity was how to factor in those who do not deserve dignity such as Islamic terrorists, serial killers, and suicide bombers to name just a few. In essence, she means those who have no conscience for their actions. How can they be included? Dr. Hicks agreed that, for this type of person, dignity may not apply. Having interviewed serial killers in prison, and having looked into those vacant eyes as they described the murders to me like you and I tell what we had for dinner, I really don't think they care any more about dignity than they did the lives they took. Maybe, it's because they don't care about themselves either. But, for the rest of us relatively sane and normal folks, perhaps it is prudent to follow some of Dr. Hicks' ideas about dignity, both for ourselves and others.

One last thought from Dr. Hicks. With alternatives to forgiveness, so both sides can repair the relationships without losing their own dignity in the process may be the path to healing. As Dr. Hicks illustrates, if dignity tears us down, dignity can build us back again. Oh, if only that were true for this crazy world to be a saner place.

Join Mary Jane for the KAHI Noon News Monday-Friday and then again for POPOFF 10 PM-Midnight.

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By George Valverde – Director, California Department of Motor Vehicles

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- Leave plenty of space between you and the light rail vehicle, particularly if it's sharing the road with vehicular
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Q: I recently moved and need to submit new information for the DMV's records. Can I do this online?

A: Yes. You can download a "Change of Address" form from the DMV website and submit it to your local field office. Besides submitting a form, you can also change your address online at www.dmv.

ca.gov if you are eligible. It's fast, convenient, and secure! Simply go to the DMV Web site, and then click on "Change of Address" under the "Online Services" tab at the top of the page. From there, it explains the process and you'll be able to start this process. Please note the restrictions on the page to be sure you are eligible for this particular online transaction. Either way, you can utilize the DMV Web site for this process. Save time. Go online!

The DMV is a department under the Business, Transportation and Housing Agency, which is under the direction of Acting Undersecretary Traci Stevens. The DMV licenses drivers, maintains driving records, registers and tracks official ownership of vehicles and vessels, investigates auto and identity-related fraud, and licenses car dealers, driving schools, and traffic violator schools. For more information about the DMV, visit www.DMV.ca.gov.

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Citrus Heights Scholarship Winners



Citrus Heights – New San Juan High School hosted the Annual Awards Night honoring scholars and athletes from the high school. The San Juan Alumni Association, for the 31st year, awarded seven

seniors with scholarships and since we have the brightest stars, it was hard to choose. Over those years, the SJAA has awarded over \$227, 550 to 183 San Juan students.

The awardees, as shown in the

photo above, are (left to right) Summer Van Bogart, Alina Khil, Brenda Hurtado, Logan Day, Julie Sandoval, Natalie Reznik and Natalie Pinchuk. These students are off to college campuses near and far. Summer Van Bogart will be attending the University of Arizona; Brenda Hurtado will attend the University of California at Santa Barbara; Logan Day will attend the University at Puget Sound; Julie Sandoval will attend the University of California at Los Angeles; Natalie Reznik will attend the University of California at Los Angeles; Natalie Pinchuk will attend Sierra College.

The amounts of funding each will receive is \$1,500, and Julie Sandoval is receiving the Robert G. Cornwell Scholarship in the amount of \$3,000. The event was held at the end of last school year.



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It was a no-win situation Sunday for 49ers coach Jim Harbaugh.

When a penalty flag flew as David Akers connected on a 55-yard field goal to give the hosts a 24-14 lead in the fourth quarter, Harbaugh was faced with an instant dilemma. Should he accept the 15-yard mark off against Dallas, advancing the football for a first down at the Cowboys' 22-yard line with just a seven-point lead, or keep the three points, the 10-point advantage with 11:16 to go in the game, and try holding on for the win?

Could he trust his shaky offensive unit to, at least, run three more plays without committing a turnover and then have special teams convert another field goal with considerably less time left on the clock? Or, should he trust his porous defensive unit to hang on, with the points already on the scoreboard, against a more experienced, prolific Dallas offense?

Which unit should the coach have confidence in? The 49er offense only managed 206 total yards for the day. The defense allowed 427 passing yards. The chances are the Niners would have still had to make a relatively long field goal. No matter the time, the Cowboys would have been airing it out against the weak 49er secondary. No clear choice.

San Francisco is a regrouping team under another new coach trying to come together in short order, and playing it out conservatively in the early going. Perhaps the coaching staff feels a more aggressive style at this point would lead to more costly mistakes by a team that really

doesn't know how (and doesn't have the personnel) to take that approach. In this case, conservatism may have cost them a game, a 27-24 overtime

It's a good thing Harbaugh has a five-year contract, because the long haul is where it's at for him and the 49ers. So far, some things are trending in the right direction. Historically, special teams have typically been deemphasized by the 49ers. This season they are undoubtedly a bright spot. Turnovers have been a huge problem in recent years. Thus far the team has just one in two games. Third-down conversions have been few and far between during the QB Alex Smith era, and the team converted just one of twelve in week one. The 49ers went 8-for-16 in week two.

Still, no-win situations abound for San Francisco. Pro Football Weekly's 10-person panel predicted a Dallas win by nine to one. They saw this game as no win for the Niners.

The off season player lockout particularly hurt teams in transition, such as the Forty Niners. The short preseason allowed little time to build cohesion. The team has been mired in mediocrity through a number of previous regimes, with coaches coming and going like promises. The infinite limbo of the new stadium possibilities and the condition of aged Candlestick Park, among other things, make it an unattractive destination for players.

The team can't win with the fans either. Fabled Candlestick has degenerated into what is

generally considered the worst venue in the league. Ticket holders are disheartened by the situation, and the deteriorating atmosphere around the park, and the team's poor performance through the last decade.

That was never more evident than Sunday. It was too apparent that many, many so-called Niner fans sold their tickets for profit to more rabid Cowboys fans.

To this life-long resident of northern California it is always incredibly annoying to hear any substantial support of the opposition in the home stadiums. That the Dallas fans presence was so overwhelming Sunday was — well — disheartening. What's the deal with this Cowboys craziness around here?

I got a hair cut last week and my super cutter had to mention "Her Team" was playing here this week.

"Are you from Texas?" I asked. Of course the answer was, "No." She added, "I always liked their colors. Blue is my color."

What the heck makes northern Californians root for a nemesis opponent from Texas?

Cute colors. The Star on the helmets. Brainwashing by all the "America's Team" propaganda. Are the female fans infatuated with the "cowboy" idea? Are the males all googly-eyed from watching too many episodes of The Dallas Cowboys Cheerleaders on TV? Did they grow up hating their 49er-fan parents and they have gotten behind the Cowboys just to spite them?

What a bunch of losers.



A Case in Point

The Case Of The **Rambling Roots**

By David Graulich, Esq.

with his neighbor, Simon.

Simon had an impressive 30-yearold Monterey pine tree on his property. Simon was very fond of the tree and even had a pet name for it: Mrs. Robinson. The powerful roots of the pine tree extended beneath the property line into Garfunkel's backyard. Mrs. Robinson's roots were displacing the tiles on Garfunkel's patio and threatened to penetrate the foundation of Garfunkel's house.

Garfunkel sought to confer with Simon about the problem. Simon, who had no need for friendship and who was frequently away from home performing with a folk-music group, replied with a non-committal shrug of his shoulders.

"I've tried talking with the guy," Garfunkel complained to his wife, Cecilia, "but all I get from him is the sound of silence."

Garfunkel decided to take action. He hired Julio, a general contractor, to excavate Garfunkel's backvard and cut off all of Mrs. Robinson's roots on Garfunkel's side of the property line, down to a depth of about

When Simon returned home from a performance at Scarborough Fair, he was enraged to discover that Mrs. Robinson was unstable and dying. Simon alleged that Garfunkel's surgery on the roots had fatally injured the tree. He sued Garfunkel for the costs of replacing the tree with another Monterey pine. .

Garfunkel's attorney, Parsley, asked the judge to throw Simon's case out of court. Parsley's sage advice to Simon was that a private landowner, acting solely on his own property, had an absolute right to sever the roots of a neighbor's tree. Parsley informed the judge, "California law has long recognized

the right of a landowner to remove encroaching roots and branches from his property, and this right is absolute."

Will Garfunkel win?

To find out, let's examine an actual California appellate decision from 1994, Booska v. Patel. The facts resemble the hypothetical dispute between Garfunkel and Simon.

Booska and Patel were neighbors. Booska had a Monterey pine in his yard whose roots extended into Patel's yard, where they were cracking Patel's walkway. Patel hired a contractor to cut and remove the roots that were underneath his own property. Booska sued Patel for negligence, claiming that Patel's actions killed the tree.

Prior to 1994, California courts followed the old English common law of land ownership. The rights of a property owner included the land surface, the air space above the surface, and everything underneath the land surface down to "the center of the earth." A Latin expression often cited by the English courts was translated as, "Whoever owns the soil also owns to the heavens and to the depths."

Patel won the first round when the trial court dismissed Booska's claim. Booska appealed, and the case went before the Court of Appeals, First District, which is based in San Francisco.

That's when California's tree law changed dramatically.

The appellate court reversed the trial court and decided in favor of

Booska. The rights of a property

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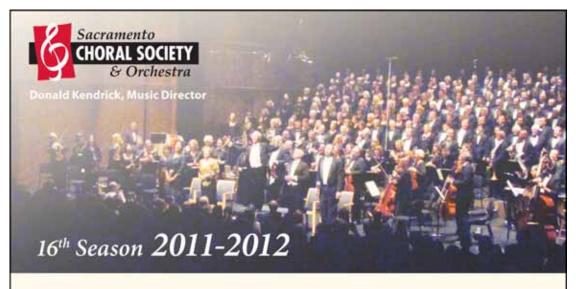
owner, the court said, are "not absolute." A property owner's rights in management of his own land are tempered by his larger duty to act reasonably. "The possessor's right is bounded by the principles of reasonableness, so as to cause no unreasonable risks of harm to others in the vicinity."

In other words, neither Patel nor anyone else in California has an absolute right to do whatever he likes on his property, without regard to the impact on others.

Getting back to our hypothetical case, what should Garfunkel have done differently? One example of a "reasonable" act: get a qualified arborist out to the property to examine the situation. The arborist could have advised on whether the pine tree's roots might be severed, and to what degree, without harming the tree. (Some local governments offer such an advisory service to residents for little or no cost).

Another reasonable act: get a mediator involved and try to resolve the problem consensually before taking it to court. Litigation is emotionally draining and can create years of hard feelings. Most communities provide mediators and dispute resolution facilitators who specialize in neighbor v. neighbor conflicts. Whether the dispute involves Garfunkel and Simon or you and a neighbor, the services of a skilled mediator can truly be a bridge over troubled waters.

David Graulich, Esq. is a resident of Fair Oaks and an attorney with The Law Firm of Tim O'Connor. David welcomes comments on "A Case in Point" columns and can be contacted at (916) 932-2312 or by email: David@timoconnorattorney.com.



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Golden Matchmaking

Continued from Page 1

"I love the seniors," says Brownell, "because I have health problems and I'm not real fast and they aren't real fast, so we get along real well. And I adopt them. I never adopt one younger than seven. I definitely don't choose the prettiest or the youngest or the most well-behaved. They pick me."

"She loses two or three a year, "says Jones. "She takes the ones nobody else is probably going to take, because they don't want to go through the loss. She goes through the loss and she comes back with a plate of brownies and says let's honor him or her. We have a good cry and then she takes another one."

Diane looks off towards the horizon saying, "I lost my Bear about a month ago and I just found out his sister now has breast cancer. It just breaks my heart. But, the only thing that keeps me going is I know that I'll come back out here and there'll be another old face that needs me."

They also offer the Senior Touch Program for people over 60 on a fixed income. Jones says, "We offer them no-fee adoption. If the dog needs major medical, we cover all of that. We match senior dogs to seniors, who don't want their dog to outlive them."

Whenever possible, Homeward Bound introduces the dogs back into the community. For example, they have senior dogs in senior residences, accompanying them on the bus, to the grocery store, library, park or other excursions.

A few dogs have been placed in Alzheimer's units. "The dog doesn't care if a patient says the same thing over and over. It works."

A lot of work is required to keep Homeward Bound thriving and moving forward, and volunteers from different backgrounds are truly welcome and appreciated. For example, individuals with restaurant and graphic design experience can be helpful for fundraising and marketing projects, and those with available time can help with the ongoing chores. If you are an avid gardener, they could use your efforts for their memorial garden, a work in progress. "You see the best of humanity when you do this; people that are so generous with their time and talents," says Jones.

Fundraising is the largest area in which they need assistance. "We've got about \$25,000 per month in vet bills. That's difficult to cover, given

that our adoption fees are \$250. It doesn't cover what we pay. We have to fix the broken bones of the dog that hit by a car that nobody wants, for example."

They recently lost a couple of valuable creative fundraising individuals, who moved out of town, and are on the lookout for replacements.

On October 8, 2011, 5:00 – 8:00 p.m., the Heidrick Ag History Center in Woodland is the host location for their next fundraiser–Kibble & BidsTM. There will be food, wine and beer tasting, live music, a raffle and silent auction. The public is encouraged to attend.

As Jones glances around, a light breeze produces a whimsical tune as she observes, "When you come out here, you lose your focus over life and just enjoy the dogs."

Brownell agrees. "I love it. Coming out here, when you drive down that levee road, and you see that Homeward Bound sign, you know everything is good."

If you would like more information on Homeward Bound and how you can contribute, visit their website at Homewardboundgoldens.org.

The Cat with Ten Lives

The Trials, Tribulations & Triumphs of "Good Boy" the Cat



This summer "Good Boy" celebrated the 2nd anniversary of his rescue. Photo courtsey of Kay Burton.

The determined little cat dragged his broken body over the hot asphalt between the meat packing plant and an abandoned lumber yard, in an industrial area of Sacramento. Just moments before, he had been hit by two cars while trying to cross a busy street. A plant worker witnessed the accident and watched the little cat get hit by a car, flip up in the air and then get hit by a second car. The wounded little cat limped off toward the plant. The plant worker thought this cat's ninth life was surely near its end.

Somehow the little cat survived and made the plant and yard his home for at least another two years.

Life on the streets is difficult for a lone animal. Evidence suggests this plucky little cat had been living between the plant and yard prior to his near-fatal escape. It also suggests that he never had a real home because of the terrible condition he was in. People were afraid to approach this dirty, mangy-looking cat. Now he was left licking his wounds and fractured hip all alone. His teeth

were badly infected; he had drool hanging off the sides of his mouth, and his once beautiful yellow-green eyes weeped due to a chronic eye infection. He survived by eating dirt to get at the insects for protein and scrounged in the meat plant's dumpster when people who pitied the poor cat weren't throwing him scraps.

On July 18, 2009 Ed and Kasey Jones brought this injured animal home and got him the medical attention he needed. Although he still has medical problems due to his prior environment, he has received the best the world could offer him and more love than he could have ever wanted and is thriving. Now the only discoloration on his once-yellowed fur is the kisses he gets from his owners. Kasey is currently writing a book entitled "You Don't Have to Eat Dirt Anymore" on their experiences and will announce its publication date when it is completed.

Kay Burton is a longtime columnist and supporter of the SSPCA and other rescue groups. To share your family pet story with our readers, email: Kayburton1@comcast.net.

Obama's "Jobs Bill" Attacks Charitable Deductions in Favor of Bigger Government

From www.LC.org

President Obama's proposed "American Jobs Act" will repeal charitable tax deductions for certain taxpayers. Eliminating tax deductions would allegedly raise approximately \$400 billion to support Obama's government stimulus bill and would, in turn, significantly decrease the amount of charitable donations, while increasing government glut. Charities play a significant role in the every-day functioning and survival of Americans nationwide, and Obama is essentially seeking to replace those charities with more government.

Obama's "jobs bill" would mean

that taxpayers with adjusted gross incomes over \$250,000 for married couples filing jointly (or \$200,000 for single taxpayers) may deduct only 28 percent of the value of the charitable contribution. The limitation would affect itemized deductions and certain other tax expenditures that would otherwise reduce taxable income in the 36 or 39.6 percent tax brackets. A similar limitation also would apply under the alternative minimum tax. This section would be effective for taxable years beginning on or after January 1, 2013.

While Obama's proposed "American Jobs Act" would take away money from charities, several

radical left-wing groups, such as ACORN, would become eligible for up to \$15 billion of federal funding. Moreover, the so-called "jobs bill" is just another federal stimulus program.

Mathew Staver, Founder and Chairman of Liberty Counsel, commented: "Rather than another government stimulus plan, the federal government ought to take less of people's money so they can contribute it to nonprofit organizations that benefit society. The "American Jobs Act" decreases the role of charity, while increasing the role of government. It should be just the opposite."

ALS Association Continues Its Fight Against Lou Gehrig's Disease

Sacramento – The ALS Association will be hosting the 11th Annual Walk to Defeat ALS on Saturday, October 1, 2011 at Raley Field, West Sacramento. Registration kicks off at 9:00 am, with the Walk officially getting underway at 11:00 am. Face painters, clowns, and vendors will be entertaining the crowd in the morning. This event is free to the community and includes a complimentary continental breakfast.

ALS, Amyotrophic Lateral Sclerosis, also known as, "Lou Gehrig's Disease" is a progressive degenerative disorder of the upper and lower motor neurons. With ALS, the motor neurons degenerate or die, causing the muscles to gradually weaken and atrophy resulting

in partial paralysis; however, people with ALS can still see, hear, smell and feel. ALS is a terminal disease; once diagnosed the average lifespan is 2-5 years.

At this time, there is no cure or effective treatment for ALS, and although the cause is not completely understood, recent research has brought a wealth of new scientific understanding regarding the physiology of the disease. The recent findings and identification of a new genetic link involved in the processing of accumulated proteins is offering hope to the 30,000 Americans at the mercy of ALS.

The mission of The Greater Sacramento Chapter is to lead the fight to cure and treat ALS through global cutting-edge research, and to

empower people with Lou Gehrig's Disease and their families to live fuller lives by providing them with compassionate care and support.

We implement our mission by focusing on global research, public policy and holistically supporting the needs of patients battling ALS with wrap around care in 24 Northern California counties. The goal of The Walk to Defeat ALS is to raise awareness, funds, provide education and critical resources to its patients, caregivers and the community. We need your help to spread awareness.

Please visit our web site at www. alssac.org for more information on ALS. For more information on the Walk to Defeat ALS visit www.walktodefeatals.org.

www.AmericanRiverMessenger.com





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