

# AMERICAN RIVER

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Volume 5 Issue 4

Serving Citrus Heights, Fair Oaks, Carmichael, Orangevale & Gold River

Second Edition for February 2010

## Death, Taxes and Broken Promises

## Daffodil Days Expected to Raise \$250,000 Locally



Photo by Paul V. Scholl

Ray Young of the Fair Oaks Cemetery District has been waiting a long time for an answer.

By Perry Hartline

The Fair Oaks Cemetery may be dying. Unless promises are kept, the 108-year old landmark faces slow enervation and has possibly ten years left, probably less. For we, the living, ten years is plenty of time to solve a problem, but based on government lust for tax revenues, indifference toward the district and a cruel economy, expectations are low.

In 1981 the Sacramento County Board of Supervisors annexed lands and neighborhoods, nearly tripling the Fair Oaks Cemetery District's area of responsibility. The supervisors promised to protect and preserve the district's historic sacred grounds, and its mission to provide low-cost interment for the people of the community. The district now included Arden, Carmichael, Fair Oaks, Citrus Heights, Orangevale and parts of Rancho Cordova up to Folsom. With the new population base, and the expected standard 1% tax, the cemetery district would continue its mission.

But the funding didn't come and the original Fair Oaks Cemetery District's residents were carrying the debt alone with no help from the newly annexed neighborhoods. Through the years the Supervisors acknowledged the problem, waved at it, nodded sympathetically, then overlooked, ignored and finally dismissed their responsibility to the bin of good intentions and un-kept promises.

As inflation bit down and gnawed away at operating costs the cemetery's prime directive, based on a state mandate requiring cemetery

districts to provide affordable 'low-cost' interment, began to collapse. That was before Proposition 13 turned taxation upside down and, as with everything, over time costs crept up. Without guidance, help, or even acknowledgement from the Board of Supervisors, today Fair Oaks Cemetery is one of the West's most expensive memorial grounds.

### An Apparent Indifference

It appears the Board of Supervisors' mindset toward the FOCD is this: FOCD funding is so low and their needs so minor they can get by on what they've got. This amounts to the board slapping a low-priority label on the cemetery district making it easy to avoid until it started yelling for help. Five years ago the yelling turned to screams, but it appears they aren't loud enough to overcome the apparent carelessness of the Supervisors. Mix in Sacramento County's history of over-spending in good economic times, and rosy yearly but baseless income projections that continually fall short, suddenly the county slams head-on into the reality of an economic collapse, then hits the brakes – with no money set aside in a rainy-day fund – and the Supervisors squealing they didn't see the crash coming.

### The FOCD Directors Meet the Supervisors

The FOCD has three stalwart protectors, District Manager Ray Young, board president Bob Clouse, and attorney Robert Hunt who has taken on the fight to get the board's attention by way of a suit filed

January 19 asking that the 1% tax trickle from the areas annexed in 1981 be diverted in the proper direction, and that the near twenty-year withholding of funds be addressed.

FOCD is the purview of Supervisors McGlashan, Nottoli and Peters. Compared to the monstrous and mounting budget crush and the revenue projections now arcing steeply downward, nobody on the board enjoys being reminded of the commitment to FOCD, no matter how small the amount may be.

The Board of Supervisor's most forward-looking and astute problem-solver, the ever-pragmatic Roberta McGlashan, inexplicably swerves around the cemetery district every time it's put in front of her, and at the same time races away from a personal promise made to FOCD District Manager Ray Young.

"The day Roberta took office she told me, "Ray, if you ever need anything, please call me!" states Young. "Well, I have. I've called; I've tried to talk to her at community meetings, and written letters. She won't respond, and after meetings she hits the door like an offensive lineman heading for the car."

Don Nottoli, McGlashan's conscientious and thoughtful equal, is following McGlashan so closely he swerves around the other side of the problem to avoid rear-ending her. Supervisor Susan Peters is still trying to wrap her mind around problems and appears to have a problem getting started. She can't be troubled with this right now. Yet all three knew at least four years ago FOCD and

other mandated districts were struggling in the muck of budget confusion – well before the State of California and its municipalities began financially imploding.

### A Chronology of FOCD Facts:

- The State Legislature mandates Public Cemetery Districts provide low cost interments to the residents of each cemetery district in California.
- Prior to the passage of Proposition 13 community cemeteries were taxing districts. In 1978, under the requirements of Proposition 13, the taxation system resets and funding becomes a county responsibility.
- In 1981 Sacramento County annexed area property and FOCD's responsibility triples instantly.
- After annexation the county denies the FOCD its 1% share of the newly annexed neighborhoods, though the new neighborhoods pay the same amount in taxes as the original district service area none goes to FOCD upkeep or expansion.
- The County of Sacramento expects FOCD's mission to keep interment affordable to stay intact without funding for a far larger number of families.
- Costs are higher and FOCD interment and service costs becomes more expensive than many private interment grounds. FOCD begs the county for funds or guidance.
- After four years of costly studies and reviews financed by FOCD the district approaches the board on multiple occasions and is either denied a place on the agenda or removed from the agenda, and

Sacramento Region - One of the American Cancer Society's most beloved campaigns, Daffodil Days, celebrates its 37th anniversary in 2010. Organizers expect to raise \$250,000 locally through the sale of daffodils – the first flower of spring and the American Cancer Society's symbol of hope for a world free from cancer. "Right now we are looking for coordinators to promote Daffodil Days in their company, school, neighborhood or place of worship", said Vita Sarginson, corporate relations manager with the American Cancer Society. "Volunteers begin taking orders in February, and the daffodils are delivered in mid-March. A simple how-to guide will lead them straight to success", added Sarginson.

A bouquet of 10 daffodils can be ordered for \$10. Additional items include a bouquet of daffodils and a glass vase that can be ordered for \$20 and two bouquets of daffodils in a clear glass vase that can be ordered for \$35. This year also marks the addition of Birthdays R. Hope, the fifth edition in a special Boyd's Bear collection designed exclusively for the American Cancer Society Daffodil Days. The bear with a bouquet of 10 daffodils can be purchased for \$25.

A unique component of Daffodil Days is the Gift of



Hope. Donations to the Gift of Hope program will allow the American Cancer Society to anonymously deliver daffodils to cancer patients at medical centers in the greater Sacramento area. "Cancer treatment is tough and when patients receive a bouquet of beautiful daffodils it let's them know they're not in this fight alone", said Sarginson.

Funds raised through Daffodil Days support the American Cancer Society's research, education and patient service programs. Those interested in participating in Daffodil Days are encouraged to visit the website at [www.cancer.org](http://www.cancer.org) for their sales kit or email us at [SacramentoDaffodils@cancer.org](mailto:SacramentoDaffodils@cancer.org). Orders over \$150 will be delivered on Tuesday, March 23 by FedEx, orders under \$150 can be picked up at various locations in the county.

In addition to raising \$285,000 locally, organizers also hope to raise awareness of the American Cancer Society and its mission to eliminate cancer.

(Cemetery story continued)

prevented from showing their findings or make their plea.

• In the meantime the FOCD's maintenance costs increase and space is at a premium, and running out. With no money to expand the FOCD's is now facing a population bomb.

• On January 19 this year, FOCD attorney Robert Hunt files suit for the revenue withheld when the county increased the district's area of responsibility in 1981, and for their percentage of funds from the annexed areas.

For 20 years the trickle of 1% of taxes per parcel from the annexed areas has been diverted to the County General Fund, and from there it flows to high-use, high-visibility districts (i.e. Metro-Fire, Parks-and-Recreation) and sympathetic programs citizens can quantify or expect to use regularly. Not so for the Fair Oaks Cemetery, though it keeps its promise to the living and the dead, and is a regional historic site.

"The FOCD board members never formally or informally agreed to the 1981 annexation without tax sharing," says attorney Robert Hunt. "But no matter, the annexation went forward. Why would the Fair Oaks Cemetery District agree to take on more responsibility for citizens and families, and all the added costs, without some way to support it?"

With the need for expansion, and projected plot availability due to end in less than 10 years, who indeed? "We're running out of space," says Ray Hunt. "In less than 10 years we'll have to lock the gates, hand the keys to the county and they'll go into the cemetery business." He pauses, "I expect their care will be on the same level they've given it so far. Imagine how it'll look then."

In modern America, a family's history is lost in about two generations. In fewer than ten years we'll lose the Fair Oaks Cemetery District.

# State of Small Business



By John Kabateck, NFIB/CA Executive Director

We have looked at the state of small business in California and our union, and it is not good.

Our Small Business Economic Trends monthly report, which has tracked small business conditions for more than 35 years, shows that small business owners in the (once) Golden State and nationwide are struggling to keep their doors open. Optimism among small business owners declined in the latest report as small business owners experienced weak sales and negative earnings.

In addition, capital spending is sitting on the sidelines. Plans to make capital expenditures over the next few months are near the 35-year record low, as is the demand for credit to finance such projects.

And small business owners continue to cut more jobs than they create, a trend that must be reversed in order for our economy to start thriving again. To put the current conditions in perspective, the numbers we're seeing now are lower than they were in the 1981-82 recession, and have been that

way for many more months.

The fact that the Obama administration is considering extending the 2001 and 2003 tax rates is a welcome step in the right direction. Raising taxes is never a good idea when the economy is trying to recover from a recession. Furthermore, the vast majority of small business owners pay their taxes at the individual level so allowing the 2001 and 2003 lower tax rates to stay in place will benefit those businesses. It will also give small business some sense of certainty they can depend on as they make critical decisions about expanding their business.

Seventy-five percent of small business owners think that now is not a good time to expand their business. And when asked what is the most important reason influencing their plans for expansion, political climate ranks second with only economic conditions receiving more votes.

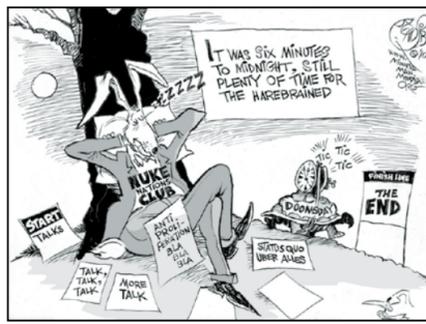
There is uncertainty over how numerous legislative initiatives from Sacramento and Washington will impact the cost of running a business, causing too many small business owners to conclude that they just can't afford to take the risk to expand their business or hire new employees. If our elected leaders want small business owners to resume their traditional role as our state's and nation's job creators, they must realize that uncertainty over their legislative agenda is impeding job growth. They must recognize that incentives and flexibility in an unfettered marketplace, not new

and unanticipated mandates and costs, will help small employers and their employees out of the financial hole they are in and restore their hope and opportunity for economic stability.

We sincerely hope that the Obama administration keeps in the budget released this week a permanent extension of the 2001 and 2003 tax rates. We urge Congress to pass a budget that includes the lower tax rates. This would ensure that small business owners can adequately plan for the future and keep more of their own money to invest in their businesses. We plead with Governor Schwarzenegger and legislators to do everything they can to stop the hemorrhaging of regulations, mandates and new taxes that continue to force more and more Californians to the unemployment line and businesses to Nevada and Texas.

Uncertainty is the enemy of economic growth. If our state and federal leaders truly want to help small businesses, they should alleviate small business owners' fears over taxes as well as job-threatening cap-and-trade regulations, government-run health care, and card-check legislation, which should be eliminated from any legislative agenda in Sacramento and Washington.

Only by creating a climate in which entrepreneurs have confidence in California's and America's direction will we be able to turn this economy back down the path to growth and prosperity.



CARTOONS BY BENDIB



## California Senate Passes California Universal Health Care Act: SB 810



By Yolanda Knaak

While most of the nation is opposing Obama Care, the California State Senate quietly passes SB 810 a bill that imposes Single Payer Health Care for California. Very few Californians are aware of the bill which already passed the State Senate on January 28th, 2010. SB 810 prevents any health care service plan or health insurance policy except for the new California Health Insurance System Plan.

Most Californians know the state needs health care reform, but do we really want to be going to the government for health care? Most people avoid even going to the DMV or the Franchise Tax Board. This bill creates a massive new government bureaucracy. Let us be honest,

what bureaucracy has been efficient or provided accountability?

Let us ask the more important question, who is going to pay for it? Any government provision must be paid for by raising taxes or fees paid by employers. One common problem with socialized healthcare like Canada's or England's is that those needing elective surgery such as a total knee replacement, a total hip replacement or carpal tunnel surgery could be on a waiting list for 2 or 3 years before getting their surgery and sometimes necessary treatments, particularly cancer treatments are not provided at all. Economists are concerned that if SB 810 passes, businesses will exit the state and unemployment will skyrocket. Elderly under Medicare or a Medicare HMO are concerned that their benefits will be cut back in order to pay for healthcare for younger generations who may be considered more of a priority. SB 810 also provides unlimited government funded abortions which many Californians oppose.

If it passes the Assembly committees and the Assembly, it will then go to the governor's desk for his signature before passing. Remember that we have a representative government and our elected officials want to hear

from their constituents. If you want to make your views known regarding California Universal Health Care Act SB 810, contact the California State Assembly Committee on Health: 916-319-2097 or 916-319-2075, committee chair, Dave Jones: 916-319-2009 and vice chair, Nathan Fletcher: 916-319-2075. The other committee members can be looked up on the internet. Other contacts are your Assembly Member, local Assembly Members are,

District 9: Dave Jones, his phone # is 916-324-4676, and District 5: Roger Nielo, his phone # is 916-349-1995. If you want to contact Governor Arnold Schwarzenegger, his phone # is: 916-445-2841, his fax # is 916-558-3160 and his address is: State Capitol Building, Sacramento, CA 95841.

Most Californians agree that we need health care reform, but let us ask ourselves do we really want to give that much control to the government?

For questions or comments: Contact yolanda@skyq.com.

About the author: Yolanda Knaak has a Masters Degree from UCLA in Nursing and works as a Home Health Nurse. She regularly offers her political commentary to MPG.

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Graphics & Layout: Tandra Banerjee  
 Distribution Assistant: Gabriel Scholl  
 Advertising Sales: Laure Rauch • Perry Hartline • Cathy Schaefer • Marion Solo

Contributing Writers:  
 Tim Reilly, Mary Jane Popp, Lauren Forcella  
 Marlys Johnsen Norris, Kay Burton, David Dickstein  
 Pastor Ray Dare, Susan Skinner, Amanda Morello  
 Laura Snyder, Dave Ramsey

Accounting: Nicholson & Olsen CPA  
 Web Master: RJ at thesitebarn.com • JWS Promotions  
 News Services: King Features Syndicate • PRWEB NewsWire  
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**ENPA** **afcp** **SACP**

**Widowed Persons Association of California, Inc.**

Office Hours: 10:00 am - 3:00 pm  
 Monday through Friday  
 916-972-9722

Newcomer's Buffet & Social  
 Any and all widows or widowers may attend  
 Third Monday evening at 5:30 pm

In the private dining room at the Plaza Hoff Brau, corner of El Camino and Watt Avenues; cost varies as the choice is from a no-host buffet menu.

This is a public service to all widows and widowers and there is no charge to attend the social other than the meal they chose.

Sunday Support  
 Any and all widows or widowers are invited  
 Every Sunday from 3:00 pm - 5:00 pm

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Avenue, Suite D-18.

Realizing how difficult it is to go into new social situations when one is first widowed, the Widowed Persons Association of California encourages widowed men and women to come to Sunday Support each Sunday from 3:00 pm - 5:00pm with some going to dinner as a group following the session. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service by WPAC. Participants do not need to be members and there is no charge.

**City of Citrus Heights Housing Assistance Programs**

**Up to \$40,000 in Down Payment Assistance Available to Citrus Heights Home Buyers**

Did you know the City of Citrus Heights offers up to \$40,000 in down payment assistance loans to eligible first-time home buyers? These funds won't last forever. Loans are reserved on a first-come, first-serve basis and the program expires soon! Contact NeighborWorks® Sacramento today to find out more about the program and learn how you get into a new home. Jennifer Remley, a recent program participant, says, "We are so thankful for this program and are grateful we were able to participate." For more details and to fill out an application, contact NeighborWorks® at (916) 452-5361 ext. 227. Additional information is also available on the City's Web site at [www.citrusheights.net](http://www.citrusheights.net).

**Are you looking for a LOW or NO interest home repair loan?**  
 No application fee!  
 100% legitimate & backed by the City of Citrus Heights

The City of Citrus Heights has a home repair loan program designed to assist low-income Citrus Heights homeowners with essential repairs, such as:

- Leaky roofs
- Broken windows
- Plumbing problems
- Inadequate heating
- Water damage
- Broken HVAC units

To be eligible, the home must be owner-occupied and the family must qualify as low-income. Residents can receive up to \$60,000 in low and no interest financing. All of the City's programs have no application fee and all costs may be financed. If you are interested, please contact the City's non-profit program administrator: Mercy Housing California at (800) 995-0431 ext. 4412. TDD/Hearing Impaired: (800) 735-2929.



# God Bless Charlie A. Williams, Soldier

Fair Oaks, California -- Pfc. Charles A. Williams was killed February 7th, 2010 of a non-combat injury in Kandahar at Camp Nathan Smith, Afghanistan, according to officials at Fort Riley, Kansas. Williams was stationed at Fort Riley before being deployed last year.

Williams was an automation technician with the 97th Military Police Battalion, United States

developed since joining the Army. He spoke of Charlie's expertise in his duties managing the tactical command centers, of which 670 soldiers relied for technical support. He spoke of how Charlie was the "Go to Guy" in their command with technical issues. He spoke of how the many soldiers of his company respected and admired Charlie for his talents and his leadership.



Mrs. Mary Martinez and Mr. Daniel Martinez, Charlie's parents, are escorted by Brigadier General Jeff Foley.

Army Garrison, 1st Infantry Division, 18th Military Police Brigade, supporting Operation Enduring Freedom. Williams was 29 years old.

Charlie is survived by his mother, Mary Martinez and his stepfather, Daniel Martinez, of Fair Oaks, California.

A memorial mass was performed February 18th at Holy Family Catholic Church in Citrus Heights. A private family vigil was held the night previous. The Celebrants of the mass were Father Ruel Mesa and Deacon Mark Holt. Offered throughout the mass were a reading from the Book of Wisdom, a reading from St. Paul to the Corinthians, and music of both hope and healing.

The guest speaker was Commanding Officer Lt. Clint Davis. Brigadier General Jeff Foley presented the awards to Mary and Daniel Martinez on behalf of the United States Army.

Lt. Davis spoke of the relationships Charlie had

In the speech by Brigadier General Foley, he stated "Wars are won by soldiers like Charlie."



Pfc. Charles A. Williams

and he was always willing to help. They said that Charlie had a great sense of humor, that he was the very best at his trade, and that he was the epitome of Army values. Of Charlie, they said, he may have been an only child, but in the Army he had

standing honor guard of over two dozen American flags, honoring their fallen fellow countryman. Their show of support was overwhelming.

Williams was interned with full military honors. He was the first to be interned at the Fair Oaks

Cemetery in the new military memorial garden.

Funeral services were performed by Reichert's Funeral Chapel of Citrus Heights.

"There are so many people to thank, so many who supported us" said Mary Martinez. Special "Thank You's" from the Martinez family include; The CAO Sgt. Stuart Elliott, the staff of the Fair Oaks Cemetery, especially Ray Young, for all their caring support, Brigadier General Jeff Foley, Lt. Clint Davis, the Sacramento chapter of the Blue Star Moms, the California National Guard, the Citrus Heights Police Department, the California Highway Patrol, all the military support staff who brought Charlie home, and all those men and women who served with him. Additional thanks from the Martinez family also go to those of Holy Family Catholic Church of Citrus Heights for all their love and support, including; Father Ruel Mesa, Deacon Mark Holt, performing members of the choir who served at the memorial mass, and the many church members who offered their love and support at this difficult time.

We, as a nation, owe Charlie A. Williams, and the "Charlies" of all the Armed Forces our gratitude and respect. These brave men and women give of themselves to do what is asked of them to secure our nation and to forward freedom throughout the world.

When one "Charlie" gives his life in the line of duty, we should all take a moment, no many moments, to pray for their safe arrival in heaven.

We should offer our prayers and condolences to their

families and loved ones, where-ever we or they may be. We should offer these prayers from a soulful look inside, that place where real grief resides, and feel the loss as every soldier's mother feels her loss. It is through grieving another's loss that we understand true sacrifice.



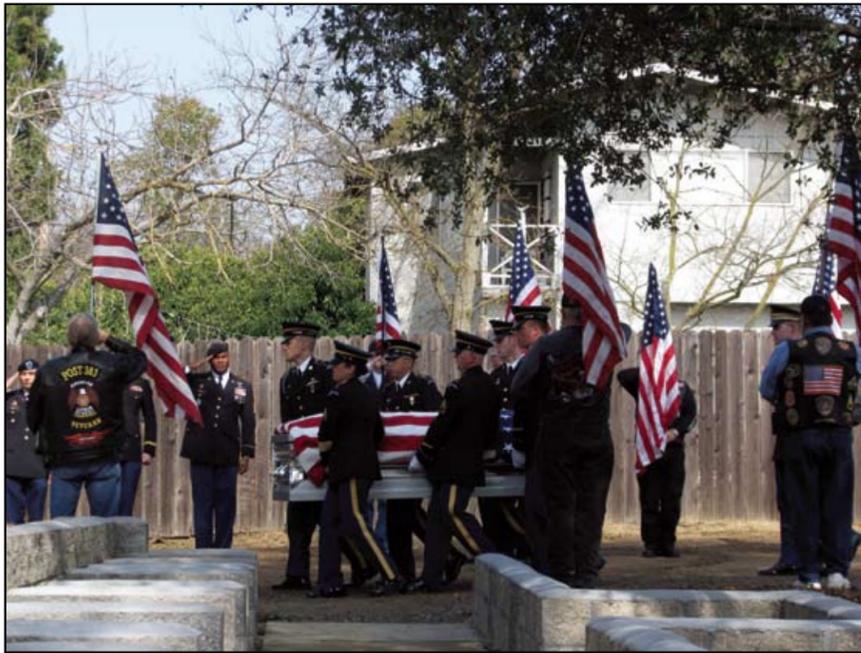
Charlie is honored by "Taps".

Mrs. Martinez called me a few days prior to the ceremony and asked if I would come out to take a few pictures and to write a short story on Charlie for the local community. I have never been so honored to perform such a task for our military. This is especially for Charlie. Mrs. and Mr. Martinez displayed the grace and honor throughout that is nothing short of amazing to those of us who have never lost a child to the battle for freedom. If only through this one article, this newspaper, our readers, and this community we can offer any form of healing and prayer for their loss, so may it be. I ask that you take a few moments in prayer and honor the sacrifice of the Martinez family.

God Bless Charlie A. Williams, Soldier.

By Paul V. Scholl, Publisher

Photos by Paul V. Scholl, MPG



Charlie is carried to his final resting place in the Fair Oaks Cemetery.

Charlie had many attributes as a soldier. His commanding officers had said he had great dedication, a passion for his work, that he was a great teacher, that he valued his friendships,

many brothers and sisters.

Charlie decided to enlist at age 27, and was very influenced by his grandfather, now deceased, in his decision to serve our country by joining the Army. He was serving his first deployment when he died at Camp Nathan Smith in Afghanistan.

"Charlie loved God and his country. He was doing what he loved to do," offered his mother Mary. "We are both very proud of him,"

The Patriot Guards, a local group of retired military, served at the memorial mass and the graveside ceremonies by offering a



Three volleys are fired for Charlie.



Mary and Daniel are presented with the American Flag by Brigadier General Foley.



# POPOFF!

with Mary Jane Popp

## BAD BOSSES

Do you have a nightmare from hell boss? Maybe he or she is like the Meryl Streep character in the hit movie "The Devil Wears Prada" type. Take heart, you are not the only one. **Dr Gini Graham Scott** is an expert on workplace relationships and has authored "A Survival Guide For Working With Bad Bosses" that can help you find your way. According to the Dr. Scott, there are techniques you can learn to make the job more bearable, and even rewarding, even if you can't sit down with the boss to seek changes and don't want to leave because you desperately need the job or see it as the next step up a career ladder.

For example, some techniques include:

1) Using a relaxation technique to calm yourself down. And no, that does not include dreaming about

your boss leaving town for good. 2) Using a mental imagery technique to think of better ways to carry out assigned tasks. Now don't get any ideas like hiring an assistant either.

3) Forming a mutual support group if other employees are in a similar situation. I guess misery loves company.

4) Looking to family members, friends, and significant others as a support group, and share your stories with them. But be sure you put away the dishes before you spin out of control during the narration. 5) Keeping a private office score card for each crazy thing that your boss asks you to do and rewarding yourself with a treat after a particularly difficult day or week. Do you think there's enough chocolate in the world to make it all better?

Perhaps your boss is just clueless, disorganized, a bad communicator or otherwise just a big fat problem, then there are other techniques.

But just how bad is your boss? Dr. Scott has a "How Bad Is Your Boss Assessment Quiz" on her site to give you some guidelines. The Quiz goes into eleven areas of boss behavior like: Aggressiveness,

Control, Decisiveness, Communication, Gamesmanship, Sex in the Office, It's a Crime, Trust and Keeping Promises, Fairness and Flexibility, In Search of Perfection, and A Lack of Training. Your boss fit into any one or more of these areas? You'll find out when you take the Quiz. You'll find out if your boss is the dream come true boss or Mayday! Mayday! Get ready to crash!

After you take the Quiz, there are lots of techniques at Dr Scott's website at [www.badbosses.net](http://www.badbosses.net). Of course, the book will give you lots of tips to make your life easier. It's enough that we have to work our hearts. I don't think we mind working hard if we are appreciated, but when you have to deal with a hell situation everyday, it can become unbearable. By the way, you can send in your stories of the boss from hell and they will be featured on the site (with names changed to protect the innocent as well as the guilty) along with tips on what to do. Hey, they might even be considered for her next book. Good luck surviving!

Join Mary Jane for the **KAHI Noon News Monday - Friday and then again for POPOFF 10 PM - Midnight.**

## GENEALOGY SEMINAR

**Root Cellar - Sacramento Genealogical Society** - will hold its Spring Seminar Saturday, March 27, 2010 at the Fair Oaks Presbyterian Church, 11427 Fair Oaks Blvd., Fair Oaks, California, 9am to 3:45pm. Guest speaker Daniel M. Lynch, author of "Google Your

Family Tree", will present four sessions: Introduction to Google for Genealogists; Using Google for Genealogy Research; Google News Archive, News Timelines and Google Alerts; Google Images, Video and other Tools for Genealogy.

Fee: \$22/members; \$27/non-members; \$32 after March 12 or at the door as space permits. Optional lunch \$7. Raffle prizes. Registration form at [www.rootcellar.org](http://www.rootcellar.org) or contact Sammie Hudgens, (916) 481-4930.

## Meditation for Your Heart, Mind and Soul

February 25th, Thursday, 6:30 to 9:00 pm

Learn Simple Meditation & Stress Reduction Techniques; how to regain your lost energy; balance overwhelming stresses and find new clarity in your life.

### Workshop includes:

- Reducing Your stress while gaining more personal energy
- Countering effects of modern life anxieties and stresses
- Learn simple techniques to use anytime, anywhere
- How to re-energize Your Daily Life

## Setting Spiritual Boundaries

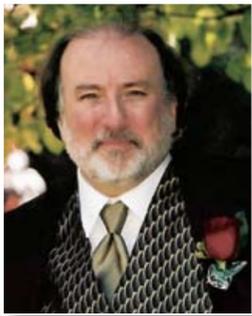
March 11th, Thursday, 6:30 pm to 9:00 pm

### Workshop includes:

- How to establish and recognize boundaries
- How aspects of the human energy field work
- How to manage your spiritual boundaries in intense settings
- How different belief systems affect boundaries
- How to deal with control issues and emotional reactions of others

## Workshops offered by Rev. Paul V. Scholl

Rev. Paul has been teaching stress reduction and meditation workshops since 1995 at many continuing education and spiritual centers. He is an ordained Interfaith Christian minister, spiritual and grief counselor. He has served as a hospice chaplain and hospice volunteer trainer. He has also served in the fast-paced publishing industry for more than twenty-five years.



Next Class Date:  
March 18th:  
Meditation -  
Heart, Mind & Soul

Christ the King Retreat Center, 6520 Van Maren Lane, Citrus Heights, 95621  
To register email Rev Paul at [go2dlyt@aol.com](mailto:go2dlyt@aol.com), or call 916-773-1111.

Each workshop is \$20.

# Hometown Hero



**Air Force Airman Haurilio A. Solorio**

## CITRUS HEIGHTS

**Air Force Airman Haurilio A. Solorio** graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force.

He is the son of Christine Carpintero of Crosswoods Circle, Citrus Heights, Calif.

Solorio is a 2009 graduate of San Juan High School, Citrus Heights.



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**A Musical Treat St Francis Episcopal Church**

*An Evening with Dr. Orlando Tognozzi and Friends*  
Sunday, March 21st • St. Francis Episcopal Church  
11430 Fair Oaks Blvd. in Fair Oaks  
Concert at 4:00 PM, Dinner Following • Tickets \$25.00

This wonderful concert will include Jazz, Classical, Big Band, Broadway selections, and a tribute to Nat "King" Cole, performed by Dr. Tognozzi, Estelle Marguerite Clugston, and Tavifa Mordovtseva. Tickets can be reserved by calling the church office at (916) 966-2261. The concert at 4:00 PM will be followed by dinner in the Parish Hall.

**E-Waste Collection Fundraiser**

When: Saturday, March 6 9am-1pm  
Where: Fair Oaks United Methodist Church  
9849 Fair Oaks Blvd. Fair Oaks, CA 95628

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**San Juan High School to Hold Their 3rd Annual San Juan Alumni Basketball Challenge & Dinner**

San Juan High School will be holding their 3rd Annual San Juan Alumni Challenge on Friday, March 12th, 2010. The alumni challenge includes a delicious dinner prepared by the San Juan Culinary Arts & Baking Academy followed by a basketball game of the San Juan Varsity Basketball Team VS the San Juan Alumni Basketball Team. The dinner will be at 6:00 pm in the San Juan Cafeteria, with the basketball game starting at 8:00 pm. This event will support the San Juan Boosters Club. If you were a former SJ Basketball player that would like to pull those old high-top tennies out of the closet and join the alumni team, we are looking for you. So if you would like to play some hoops, please contact our alumni coach, David Fear-SJ Class of 2000 at [davidfearjr@fearcorp.com](mailto:davidfearjr@fearcorp.com) or call (916)759-4924.

The pricing for the evening is \$30 per person for dinner & game, or \$50 for a couple. If you are not able to join us for the dinner, maybe you can come for just the game for a \$5 per person.

For more details, please contact Tom at (916)718-4929 or visit the website at <http://sjhsboostersclub.tripod.com/>. This event is sponsored by the San Juan Boosters Club and the San Juan Alumni Association.

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by Marlys Johnsen Norris

Looking at a range of mountains, the only mountain we can see is the one closest to us.

However, we know that there are other mountains and hills beyond what we can actually see. We know they are there, because maps and other knowledge have advised us. The Bible is the book that also gives us important information – our roadmap for life.

Knowing “about” Jesus life and ministry is much like only seeing that first mountain. If we do not travel further back into the mountains of his ministry

# Be Connected - “Know” Him!!

and life, we do not see or really “know” Him Many people only know about Him but knowing “about” Him is only religion and leaves a lot to be desired and still unknown. Only knowing “about” Jesus is not Christianity, One is still unconnected!

When one begins to actually “know” Jesus - one accepts all He did for mankind. He becomes a best friend who is closer than a brother. One will honor Him by following His teaching and precepts to be reconciled back to the Father-God. He IS God’s beloved Son. When one travels into the Words of the Bible, one gets a clearer glimpse of the character and love of God. He is there in both the Old and New Testaments. Jesus is the Way, the Truth and the Life through whom one learns to

walk into God’s will for their life.

Only Jesus blesses abundantly!

New beginnings, unconditional love and forgiveness are received through God’s grace and mercy. Plus the gift of eternal life because of the obedience of the Son of God when He came to earth, lived, died, and was resurrected to prove His deity as Savior of the world. “For God so loved the world that He sent His only begotten Son into the world, that through His death and shed blood, mankind would be reconciled to the Father.” (Ref. John 3:16)

Marlys Johnsen Norris  
 \Marlys5934@sbcglobal.net  
 “Intimacy Begins Going God’s Way”  
 “Recipes for a Happier Marriage”  
 “God Moves Mountains, It was a Miracle”



by Pastor Ray Dare

1 Peter 1:6-7 talks about difficult seasons in life. Life is not the same. You have good times, bad times, ups, downs, times of poverty, and times of wealth. Life changes. There are springs, summers, falls and winters. All sunshine and no rain makes a desert. All rain and no sunshine and you need an ark. God allows seasons in our lives. We need the seasons to season us. To prepare us and make us what God wants us to be.

However, I’ve discovered you can take two people in put them in the same set of difficult circumstances and one person is blown away by the situation, they become depressed and discouraged while the other person stays positive, doesn’t get down or depressed or discouraged. What makes the difference? How do you stay positive under pressure? Look for the good in your

# How to Stay Positive

situation. Not everything’s good, but look for the good in the situation. Romans 8:28, “For those who love God, who are called according to His plan, everything that happens fits into a pattern for good.” God specializes in bringing good out of bad. He’s saying you can be realistic and optimistic at the same time. I’m not talking about being a Pollyanna. I’m not talking about psychology, self-help, or psyching yourself up with a phony pep talk. I am talking about affirming the truth. I think Christians of all people ought to be the most positive, optimistic people there are. We have so much to hope for.

See, there are really only two basic approaches to life. You can live by optimism or you can live by pessimism. You can go through life looking at all the bad things, what’s wrong with the market, what’s wrong with your job, what’s wrong with other people, what’s wrong with your present situation and circumstances or you can look for the best your situation and circumstances.

God has established the law of expectation. That law is we tend to get what we expect out of life.

We see what we expect to see. We feel what we expect to feel. We achieve what we expect to achieve. Studies indicate that people who are optimistic and people who are positive live longer, have better health, are happier and accomplish more than people who are not optimistic or positive. One study revealed that sales-people who are optimistic have 37% more sales than ones who are not optimistic.

When Thomas Edison was sixty-seven years old, a great fire burned down his famous laboratories in New Jersey. Not only did he lose several million dollars in his equipment, he also lost the records to most of his life work. The next morning, he walked out among the charred embers and he said this: “There is great value in disaster. All our mistakes are burned up. Thank God we can start anew.” He turned a stumbling block into a stepping stone.

I’ve discovered that the things turn out best for people who make the best of the way things turn out. That’s your choice. See you Sunday, Pastor Ray

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If anyone has information of the whereabouts of **Eileen F. Sheftic**, formerly of 3922 Oak Villa Circle, Carmichael, California please contact Jerome E. Falbo, Esquire at 80 Jefferson Street, Winthrop, Massachusetts 02152. Telephone number 1-617-846-3433. E-mail address is lawfsg@verizon.net. (MPG)

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**INVESTORS:** Hunting for a Bargain Home? Call (605) 838-7795; Gotowww.swpissellshomes.com (SWAN)

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**Prayers & Novenas**

**MOTHER THERESA PREDICTION 2009** You were chosen to receive this novena. The moment you receive it, say: Our Father who art in heaven,

*hallowed be Thy name, Thy kingdom come, Thy will be done, on earth as it is in heaven, give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us and lead us not into temptation, but deliver us from evil. Amen.*

*"Father, please protect and bless the person reading this message..."* GOD WANTED ME TO TELL YOU, It shall be well with you this coming year. No matter how much your enemies try this year, they will not succeed. You have been destined to make it and you shall surely achieve all your goals this year. For the remainder of 2009 and all of 2010, all your agencies will be diverted and victory and prosperity will be coming in abundance. Today God has confirmed the end of your sufferings, sorrows and pain because HE that sits on the throne has remembered you. He has taken away the hardships and given you JOY. He will never let you down. This is a Novena from Mother Theresa that started in 1952. This is a powerful Novena.

**THANKSGIVING NOVENA TO ST. JUDE** O Holy Saint Jude, apostle and martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need. To you I have recourse from the depth of my heart and humbly beg to whom God has given so great power to come to my assistance. Help me in my present and urgent petition, in return I promise to make your name known and cause you to be invoked. Saint Jude pray for us all who invoked your aid. Amen.

*Say three Our Fathers, three hail Marys and Glorias. Publication must be promised. This novena has never been known to fail.*

*I have had my request granted and will fill to publish my thanksgiving.*

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# CHPD Seek Information on Recent Teen Homicide

From Citrus Heights Police Reports

On 2/12/2010, at approximately 0130 hours, CHPD dispatch received a call from a parent who reported their 17-year-old daughter missing. Officers initiated an At Risk Missing Persons (MP) investigation.

During the investigation, officers received information that the MP was last seen at Van Maren Park, located at Fountain Square Drive and Stock Ranch Road. The MP was reported hanging out at the park with friends. At approximately 0600 hours, officers began to search the park. At approximately 0715

hours, officers located a female subject deceased in a portion of the park that is heavily wooded. The female subject resembled the MP from the earlier call. CHPD conducted the investigation due to the suspicious nature of the scene.

The Sacramento Coroner's Office confirmed the deceased body found in Van Maren Park was the same as the Missing Person CHPD had been investigating earlier in the day.

The victim is described as a 17-year-old female living in Citrus Heights. Initial investigation revealed the victim may have

died due to trauma to the body. Anton Adolf Johnson, AKA "Tony," has been arrested by the CHPD. Information was developed by detectives that Johnson was seen at an acquaintances house in Carmichael.

CHPD, with the assistance of the Sacramento County Sheriff's Department, located Johnson at the residence and took him into custody without incident. CHPD is continuing to investigate this crime.

Persons with information regarding this crime are requested to contact the Citrus Heights Police Department at 916-727-5500.

# GARAGE SALE to Benefit Mission

**MARCH 6th-7th**  
**3370 WHITNEY AVENUE**  
**7 AM - 2 PM**

The youth group of Northminster Presbyterian Church will be holding a garage sale fundraiser to help with the cost of their California trip in late March in which they will be serving other Presbyterian-connected mission efforts and also assisting a charity group.

For more information, please call (916) 487-5192.

# Fair Oaks Historical Society

**SECOND SUNDAY Open House Hours - March 2010**

The Fair Oaks Historical Society invites you and your family to visit its History Center which will be open to visitors on March 14th, from 1pm to 4pm, during its monthly Open House. The History Center is located in the Fireside Room of the Fair Oaks Community Clubhouse, 7997 California Street, Fair

Oaks. Docents will be available during this event to help with local lore and fact. Admission to the History Center is free.

For directions to History Center, please visit our website: [www.fairoakshistory.org](http://www.fairoakshistory.org). To schedule a student tour or request further information please call Lois Frazier, Chief of Docents, at 967-2967.



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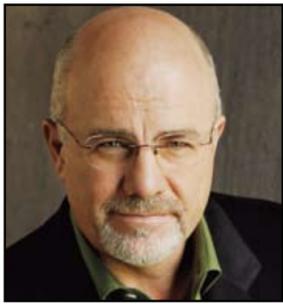
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# Dave Says



Dear Gina,

The big thing is that first you and your husband should be on the same page. You need to come to a decision about exactly what you're willing and able to do. It doesn't sound like it will be much, though. Especially if you're trying to get your own finances in order and still paying on her student loan.

Now, how do you not feel guilty about all this? I think that's a personal journey you'll both have to take. A wedding is a wonderful thing, but it's not any less wonderful when it doesn't cost an arm and a leg. It also doesn't make you child abusers or bad parents just because you're not willing to go \$20,000 into debt to throw a fancy wedding!

I think, too, that you owe this kid some straightforward and honest communication. Most 24-year-olds don't have a firm grasp on reality. Even at that age, they don't think about where the money's coming from. They're just bopping along and assuming Mom and Dad will pull thousands of dollars out of the air for a big Barbie and Ken wedding. She needs to know that things just aren't like that in the real world.

Let her know that you love her and want to help, but you're going to be very limited on what you can do financially. Besides, you can have a great wedding without throwing around lots of cash. A marriage is about love, not dollar signs. And when it comes to the money, a wedding is like anything else you'd buy. My rule of thumb is pay cash or don't do it!

- Dave

## Can't Pay For Her Wedding

Dear Dave,  
Our daughter is 24, engaged to be married, and we can't afford to pay for the kind of wedding she wants. My husband and I have had some financial difficulty over the last few years, and we are finally beginning to slowly dig our way out. On top of this, we're still paying on her student loan from college. Should we let her know the situation up front, and how can we keep from feeling guilty about things?

- Gina

## Drop Coverage?

Dear Dave,

I recently heard someone on television say it was a good idea to cancel the collision and comprehensive portions of your auto insurance coverage if you want to save money. What do you think about this? My husband and I are trying to follow your plan. We have \$1,000 in our emergency fund, and we drive a couple of old, used cars. Would this idea work for us?

- Anonymous

Dear Anonymous,

Obviously you'll save money if you're not paying out as much to the insurance company. But I don't think dropping that coverage is a good idea. Let's say you don't have much money saved up, and then you total your car. How're you going to get to work or to the grocery store? It would leave you in a bad situation, wouldn't it?

If you're driving a couple of beaters, the insurance doesn't cost that much. Cheap cars mean cheap insurance. Self-insuring is a good idea sometimes with some things, but I don't believe in it when you're talking about your cars and you're broke! In my case, I've got enough money to just write a check and buy another car if something happens to mine. But when I added up what the car costs versus what they charge me for insurance, it looks like a decent deal to me. I'm just not willing to take the risk with that much money.

The purpose of insurance is to protect you from risks that you are unwilling or unable to take yourself. That's why I still have full coverage on my car. The cost benefit analysis told me it was a good idea. I suggest you keep it, too!

- Dave

*\*Please visit [www.davesays.org](http://www.davesays.org) for more financial advice.*

## Where's God in This? Come & Explore



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**11:00 AM**

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- ★ **Be Informed:** Find out what types of disasters your area is high risk for and how local authorities will contact you if a storm is headed your way.

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# Jody Wilson from Citrus Heights Named MG CARES ACE ALL STAR Award Winner



Jody Wilson with Sondra Roberts, GM (left) and Collette Valentine, VPO (right))

Citrus Heights -- Merrill Gardens of Citrus Heights pleased to announce that Jody Wilson has been named the Merrill Gardens ACE All Star Award winner for 2009. Jody will be honored at an upcoming Garden Court event in Palm Springs next month. Jody was chosen from an impressive group of ACE award winners from all the Merrill Gardens communities this year. She started with the company one year ago as the concierge and she had made a big impact with her creativity and commitment. Jody has built the concierge program

at Citrus Heights from the ground up and she has impressed everyone with her commitment and creativity. She embraces the "Try it, Fix it, Do it" motto. Residents at the community consistently recognize Jody for her positive attitude saying: "She's better than anyone can imagine, better at everything!" One of the resident's family members even refers to Jody as her father's other daughter because of her special relationship with him. Jody's enthusiasm is contagious and she accommodates all resident

requests with a smile on her face. Team members appreciate her sincerity in the way she interacts with everyone at the community. She does an excellent job communicating with residents and their families as well. Jody has an amazing ability to make everything special and residents have embraced the special events and programs she offers from the concierge desk. Jody is the second MGCARES ACE All Star Award recipient. Stanwood's Active Living Director Amy (Schei) Fierke received the award last year.

# Fair Oaks Presbyterian Church to Hold Auction and Dinner

By Ken Friedman

Fair Oaks -- Fair Oaks Presbyterian Church is having an auction/dinner to raise support for trips around the world as well as supporting our local community. Fair Oaks Presbyterian sends teams out to work with nationals and missionaries using their various talents, skills, and interests to meet the needs of others in these cross-cultural environments.

Our teams go to repair facilities, build accommodations or just assist in helping those in need. This year teams are going to Mississippi (our final Hurricane Katrina rebuilding project), Czech Republic to work with Roma children, Russia to help small churches and their members as well as holding a retreat for women from several communities and to two sites in Mexico to work with children of migrant workers and orphans and special needs kids. In Malawi Africa, we have adopted a village where we are currently building a center that will provide food, education and



medical care to its community. Tickets can be purchased in the church office. This is a really fun event for a worthwhile cause. We are also looking for some positive activities while there. The auction/dinner is one of the major events we have to raise funds to support these trips and activities. The event is on March 13th. The doors will open at 4:00 with the silent auction. Dinner will be served at 6:30, with a live auction about 7:00. The cost of admission and dinner is \$15.00. Tickets can be purchased in the church office. This is a really fun event for a worthwhile cause. We are also looking for some positive activities while there. The auction/dinner is one of the major events we have to raise funds to support these trips and activities. The event is on March 13th. The doors will open at 4:00 with the silent auction. Dinner will be served at 6:30, with a live auction about 7:00. The cost of admission and dinner is \$15.00.

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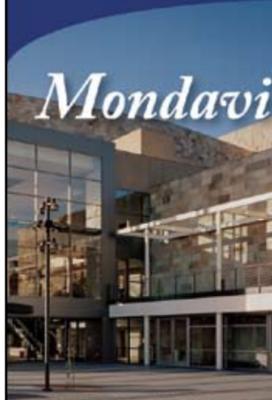


**Carmichael Times**

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# Casting for ABC's *Supernanny*



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Producers want families from every type of background who are ready for the opportunity of a lifetime—a visit from America's number one nanny, Jo Frost!

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Interested moms and dads in need of help with their out of control kids may apply by calling 323-904-4680 or by e-mailing jwalsh@shedmediaus.com



Jo Frost, Supernanny

# Conservative Candidate for US Senate Speaking March 3rd



Assemblyman Chuck de Vore

Fair Oaks - Don't miss hearing Assemblyman Chuck de Vore tell why he will be opposing Barbara Boxer for her US Assembly seat in the 2010 elections. Eminently

qualified, he has served the Republican Party many ways since he was 19 years old, from volunteer to appointed official. Then after a stint in the aerospace

industry for 13 years, Chuck was elected in 2004 to the CA. State Assembly. Chuck serves in the State Assembly for the 70th District. Vice Chair of the Committee on Revenue and Taxation, he also sits on both the Veterans Affairs and the Joint Legislative Audit Committees.

In 1983, he enlisted in the US Army Reserve, earned an ROTC scholarship, was commissioned an officer in 1985, and after 24 years of service, retired from the Army National Guard with the rank of Lieutenant Colonel.

Knowledgeable, articulate and ready to bring another conservative voice and perspective to the National Assembly, Chuck de Vore will tell us what he would like to accomplish in Congress.

All are welcome to join the Sac. Republican Women at their March 3rd Luncheon and Meeting, held at the Northridge Country Club, 7600 Madison Avenue, Fair Oaks. Cost is \$ 25.00 for Luncheon. or \$15.00 dessert and coffee only.

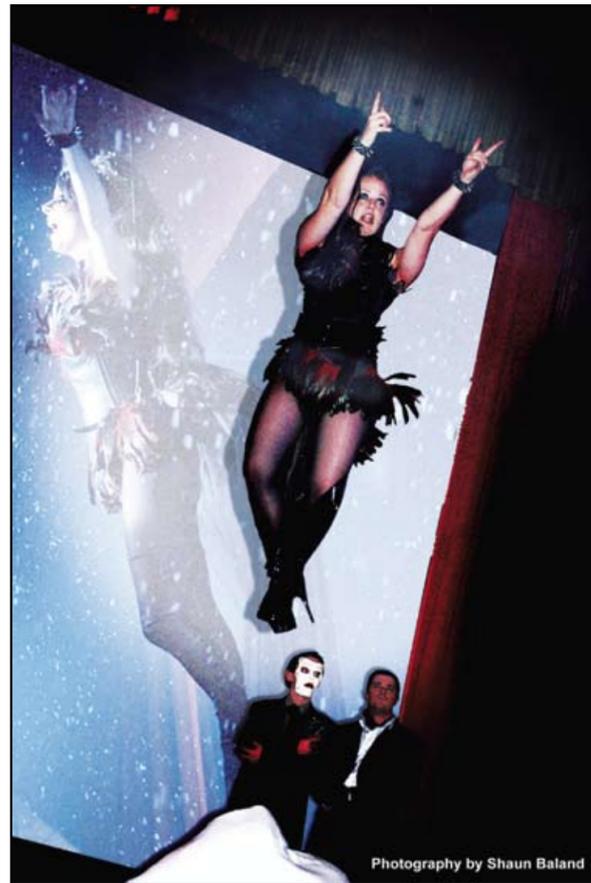
Call Cammie at 916-939-9560 for reservations.

# Repo! The Genetic Opera Comes Live to Sacramento

Sacramento - Amber's Sweets, will perform its theatre production of *Repo! The Genetic Opera* on Saturday, February 27th at 8:00 PM at the Historic Colonial Theatre at 3522 Stockton Blvd. in Sacramento.

*Repo! Live* is a stunning combination of live film, theatre, aerial acrobatics and special effects that form what has been called "the best cast to date" and "a fantastic time". Noted horror activist Spooky Dan Walker enthusiastically stated "Ambers Sweets got everything right" and actress Alisa Burket from the original *Repo!* film was "BLOWN AWAY by how amazing they were!"

The story is set in the not so distant future after an epidemic of organ failures has devastated the planet. Out of the tragedy, a savior emerges: GeneCo, a biotech company that offers organ transplants, for a price. Those who miss their payments are scheduled for repossession and hunted by villainous Repo Men. In a world where surgery addicts are hooked on painkilling drugs and murder is sanctioned by law, a sheltered young girl searches for the cure to her own rare disease as well as information about her family's mysterious history. After being sucked into the haunting world of GeneCo, she is unable to turn back, as all of her questions will be answered at



Photography by Shaun Baland

the wildly anticipated spectacular event: *The Genetic Opera*.

The performance is sponsored by Townsend Raimundo Besler & Usher and The Neillo Company's Rick & Terry Neillo. Tickets are available online at [www.amberssweets.com](http://www.amberssweets.com) or at R5 Records in downtown Sacramento. Amber's Sweets is a grassroots

troupe made up of theatre professionals, students and horror lovers. Producer Tim Meunier, founder of the Sacramento Horror Film Festival and director Ashley Porciuncula, a native to Bay Area theatre have come together to create this thrilling production that leaves audiences feeling like part of the action.

# Citrus Heights Regional Chamber of Commerce Student of the Month



Sean Gudith of Mesa Verde High School (second from right) receiving his award

Citrus Heights - Sean Gudith, a junior at Mesa Verde High School was recognized as the Student of the Month at the Citrus Heights Regional Chamber of Commerce's

February Luncheon. Karla Branen, lead teacher of the Mesa Verde Business Academy says, "Not only is Sean a great student but he also leads by example and

involvement in many extra curricular activities. He was president of the Sophomore Business Academy, this year's Business and Finance Club and achieved a 4.0 on his most recent report card." Sean spoke briefly to the attendees and noted that his plans are to continue in his family's tradition of medicine (his mother is a nurse) by enrolling at UC Davis and ultimately becoming a general physician. Every month, along with the Chamber, Assemblyman Roger Niello, Congressman Dan Lungren and Supervisor Roberta MacGlashan's office present the student of the month with certificates of recognition.

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For more information visit [EngagedSacramento.com](http://EngagedSacramento.com)

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