

AMERICAN RIVER

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Volume 5 Issue 13

Serving Citrus Heights, Fair Oaks, Carmichael, Orangevale & Gold River

First Edition for July 2010

Grace Baptist Church Sees a True Revival



Pastor Charles Carter has led his congregation through a long and difficult journey

Fair Oaks - When the alarm went off at the Sacramento Metro Fire Department on August 22nd, 2006, at 1:05 in the morning, it signaled that Grace Baptist Church of Fair Oaks was being completely destroyed by arson.

The fire took 21 fire fighters, 4 engines and 2 truck companies to bring it under control and to keep it from spreading to the many surrounding homes. Sac Metro Fire was able to extinguish the blaze without injuries to civilians or fire personnel.

Fire investigators from ATF, SF Field Division, Sac Metro Fire and the Sacramento County Sheriff's Department all determined that the early

morning fire was intentionally set. Preliminary damage estimates were approximately one million dollars, including the structure and contents.

Through the years, Pastor Charles Carter has held strong to his mission of rebuilding the church. It has been a very tough and long struggle, battling with both the insurance company and the down-turn in the economy.

This coming Sunday, July 11th at 10:30 am, the long-awaited grand re-opening is scheduled to happen. The church was beautifully re-constructed and is a testament to the will power of the church staff, volunteers, and Pastor Carter.

"We want to thank Supervisor Susan Peters and her Staff, as they were very instrumental in our re-building process. They were a tremendous help to us," Pastor Carter said.

The grand re-opening plans to be a joyous one, and the church invites everyone to attend. They have planned a post-service barbeque along with refreshments for those in the community who would like to come by and visit the new church.

The church address is 6724 Palm Avenue, Fair Oaks, just one block off Dewey Drive. There will be plenty of parking, hugs, smiles, congratulations and praise for a job well done. - *Paul V. Scholl*

Ignition Interlock Law in Effect

Sacramento Region - First-time and repeat DUI offenders in Alameda, Los Angeles, Sacramento, and Tulare counties must have an Ignition Interlock Device (IID) installed on vehicles they own or operate under a new law that takes effect July 1, 2010. The law, created through AB 91 (Feuer) calls for a five-year pilot program that runs through Dec. 31, 2015.

"Far too many Californians die needlessly at the hands of a drunk driver," said DMV Director George Valverde. "This law gives the DMV the opportunity to study the effectiveness of IID devices in California."

Director Valverde noted that, in 2008 (latest statistics available), 1,355 vehicle occupants were killed and 28,463 injured in an alcohol-involved collision in California. The programming costs of the pilot program are funded by a grant from the state's Office of Traffic Safety through the National Highway Traffic Safety Administration.

The new law — passed by



Five-year pilot program would study effectiveness in selected counties

the Legislature and signed by Governor Schwarzenegger in 2009 — prohibits an offender from being issued or reissued a driver license by DMV following a suspension or revocation for any DUI violation in a pilot county that occurs on or after July 1, 2010, until an offender provides proof of IID installation and pays a \$45 administrative service fee, in addition to meeting all other reinstatement requirements.

The DMV offers an array of

services to customers 24 hours a day, 7 days a week through its Web site (www.dmv.ca.gov), including online appointments for written and drive tests; vehicle registration and driver license renewals, selection of personalized license plates, changes of address and payment of fees via secure debit transactions. Customers can also effect transactions by calling DMV customer service at (800) 777-0133.

County Animal Care Facility Adjusts Hours

Shelter Operations Services adapt to recommended Fiscal Year 2010-11 budget



Sacramento Region - Beginning Thursday, July 1, the County Animal Shelter adjusted its hours of operation in an effort

to maintain efficiencies and to continue to provide the best services possible to the public.

"We are still going to be open five days a week, including both weekend days when we get the most visitors to the shelter," said Interim Animal Shelter Director Carl Simpson. "We are making changes to our operations and staff to operate within our budget."

The new shelter hours are:

Monday: Closed
Tuesday: Closed
Wednesday: 12:30 - 5:30 p.m.
Thursday: 12:30 - 5:30 p.m.
Friday: 12:30 - 5:30 p.m.

Saturday: noon - 4:30 p.m.

Sunday: noon - 4:30 p.m.

"As before, people will still be able to search online for their lost pets that may have come into the shelter and check out animals for adoptions," added Simpson.

The County Animal Shelter is located at 3839 Bradshaw Road. For more information about the shelter, or to get information about low cost spay/neuter services, animal licensing, rabies clinics, or general shelter information, call 916-368-7387 or visit www.saccountyshelter.net.

Merrill Gardens Hosts USO Fundraiser Event



Paul Devol (SFC) and Robert Devol (SSG), who came up with the idea for the flag and memorial plaque to honor all the veterans at Merrill Gardens of Citrus Heights, are pictured here with their parents, Sgt. Bill McDevitt and their mom Sandy. Photo by Paul V. Scholl.

Citrus Heights - Honoring our military veterans, and especially those who have gone before us, can never really receive enough exposure. Esteem for those who have unselfishly served the United States is held deeply in the hearts of those who love this great country.

Merrill Gardens of Citrus Heights recently held an event in support of our military veterans as a fundraiser for the USO. On June 17th, they held a ceremony which included patriotic music, presentation of colors by the El Dorado Hills Fire Department color guard.

At the event, a plaque was unveiled by Col. Bob O'Kane (Ret.), in honor of the many veterans who have served and lived at Merrill Gardens. A poem "Old Glory" written by Ernie Case was read by LTC Barney

Baxter (Ret.). Paul Devol (SFC) and Robert Devol (SSG), came up with the idea for the flag and memorial plaque to honor all the veterans at Merrill Gardens while attending a "fireside chat" by one of the resident veterans.

Also at the event was a quilt that has traveled the country with the help of many Elks Lodges across our nation. It recognized hundreds of men and women who have served and fallen. Once it has completed its journey to many such events, it is hoped to be installed at the Smithsonian Institute. To find out more about the quilt, contact Wayne Bellows through www.fallenwarriorsmemorial.org.

There are currently thirty-two veterans of the military living at the facility in Citrus Heights. The event raised thousands of dollars for the local chapter of the USO.



Phil Knobel, Major, USAF Ret., William W. Wilson pfc. U.S. Army Air Force, get a closer look at the memorial quilt alongside Ron Lobo, Santa Maria Elks Lodge 1538 and Wayne Bellows of the Fallen Warriors Memorial. Photo by Paul V. Scholl.

Both the USO and residents want to give a big "Thank You" to all those who supported them and

the event with their time, honor and donations. - *Paul V. Scholl*

“Manny is to Baseball as Jerry is to Politics”



by Eric Hogue

Being an Indians fan, I am a scorned lover of the game of baseball. And it’s the same ‘love-hate relationship’ that has me very concerned about my love of California and her political future. I’ve pinned my hopes and dreams to a charismatic ‘player’ before; the outcome is always the same.

Charisma is never a substitute for the fundamentals of the game. When I cheered for Chief Wahoo they featured a left-fielder by the name of Manny Ramirez.

Manny was a rookie back then, displaying a great looking swing that occasionally connected with the baseball. But it was the ‘rest of his package’ that brought the most trepidation.

After losing two World Series’ Manny left Cleveland for Boston; he added himself to a team that won a historic World Series. Eventually Manny soured in Beantown too. Boston let him go (do you ever wonder why?) and he now plays for the ‘Dodger blue’ of Los Angeles ... a team that once believed that Manny would bring them fortune.

None of that has materialized in the land of plenty.

Manny’s dreadlocks, bagging uniform and lack of personal attention to anything that isn’t self-serving has caused the Dodgers – and their fans – great pause; wondering if this well traveled Manny is worth their investment.

Oh sure, Manny can swing a bat – he sure does look good.

But Manny can’t catch a line-drive if you gave him a fifty-foot tuna net.

Manny is a terrible base-runner who

is in great need of his own dashboard navigation device. And his lack of substance at the plate often features his amazing talent of turning a sure double into a loafing single without breaking a sweat.

How can we forget his about Manny’s 50-days of suspension?

While Manny was vacationing during his suspension punishment, he took to braiding more dread-locks, visiting New York night clubs and displaying his nonchalant attitude, lack of concern and refusal to pay attention to anything accountable. All the while, everyone in baseball was racing to a microphone apologizing for his immature behavior.

It’s where the phrase was birthed; “It’s just Manny being Manny.”

I am beginning to sense the same as it relates to Democratic gubernatorial candidate Jerry Brown.

Here is another ‘well-traveled player of yesterday,’ seemingly more concerned about his next government job than the fundamental stability of the state he says he represents.

Like Manny, Jerry displays a good looking swing, but it’s his fundamentals that become the Achilles heel.

Recently Jerry took to criticizing Meg Whitman – his opponent come November – stating that Meg has only produced a 40-page pamphlet of ideas surrounding what she would do as Governor of California.

What is humorous is Jerry’s reply when the media asked of his ‘budgetary batter’s eye.’

Jerry was hit a ‘can of corn’ – a fungo fly-ball to left field from the weak hitting media and Jerry’s stance was similar to the famous swing offered by the late Ted Kennedy when Roger Mudd asked, “Why are you running for President?”

Jerry’s play, “I’ll tell you after the election.”

A real crowd pleasure that Jerry, but way too costly if you’re considering the type of play needed to come back against the late inning deficit of Sacramento’s \$20 billion hole.

Sure the crowd laughed as they walked away ... mumbling under their breath, “Oh, that’s just Jerry Being Jerry.”

The problem; the taxpaying season ticket holders of California’s citizenry, the shrinking private sector and burdened business holders believe it is

time for a leader that instills the confidence of a California rally cap ... not the hilarities of a low-budget stand-up act.

Upon a May weekend’s vigorous workout – as Jerry tells it – he literally ran across a news reporter in the Oakland Hills. Jerry, once again looking to make light of his play, struck up a controversial conversation that compared his opponent to Nazi Germany.

As Jerry tells it, “It’s what guys do ... we get together and talk about these things.”

Really?

In this dialogue between guys Jerry referenced Meg Whitman’s campaign to that of the evil Nazi minister of propaganda. When Jerry was pressed to explain by members of the media his retort was that the reporter had mis-quoted him.

That the tenured reporter didn’t actually have a tape recorder (who uses such in 2010?), and that the reporter should have had a pencil to write down his quote if he wanted it to be used “on the record.”

Again – really; this from the same man who, as California’s Attorney General, was found to be recording (blamed it on a staffer, who was fired) phone conversations to the AG’s Office without the callers knowledge?

Jerry played his “Nazi comment” explanation into a ‘three-run error.’ And just like baseball’s Dodger, Jerry never apologized – he left everyone else in the Democrat Party to explain his lack-luster play in left-field.

For those trying to make sense of his immature, abrasive and illogical comments we scratch our heads.

Why does the media chuckle and respond with a short tenured laugh during each Jerry Brown press conference? To help you understand this disconnect you only have to consider the reality of the political mentality surrounding the coverage of Jerry Brown.

Baseball explains it as “Manny just being Manny,” and California’s political media explains it as “Jerry just being Jerry.”

First Tax Increase in New Healthcare Law Takes Effect

New Tanning Tax Burns Small Business

The first tax in the new health-care law went into effect July 1st, and it falls on the backs of the very people who can least afford it – our nation’s small businesses.

The tax, known as the “tanning tax,” levies a 10 percent tax on tanning services and is predicted to raise \$2.7 billion (over 10 years). The revenue raiser will fall disproportionately on “mom and pop” small businesses, typically owned and operated by women, and is designed to pay for the nearly \$1 trillion health-care law.

“I hardly think this is the appropriate time to raise taxes on our nation’s smallest businesses, the very people who can least afford new and complicated taxes,” said Dan Humiston, president of the Indoor Tanning Association. “This directly violates the promise President Obama made not to raise taxes on the middle class. A tax like this could be devastating to thousands of ‘mom and pop’ tanning businesses across the country.”

The tax could hit an estimated 18,000 small businesses nationwide, jeopardizing thousands of jobs and unfairly hitting working women and college students, who comprise the majority of indoor tanning customers.

“Right now small businesses need to concentrate on making payroll and encouraging customers to come through their doors,” said Bill Rys, tax counsel, NFIB. “New taxes like this amount to a 10 percent increase in the cost of doing business, and that money has to come from somewhere. Higher taxes mean less investment, reduced growth and fewer customers – hardly the prescription for future job growth our country needs.”

Tax paperwork is already a huge burden for small businesses, averaging more than \$74 per hour in compliance costs. The tanning tax is reported and paid quarterly, and business owners are responsible for tracking, filing and collecting payment from customers.

“This tax will prevent job creation and possibly cause the elimination of jobs,” said IFA Vice President of Government Relations David French. “When the nation is struggling to create jobs, imposing a tax on one sector of the business community seems punitive and counterproductive.”

Because tanning is something generally purchased with disposable income, this industry has already been hit hard by the recession. As owner Dan Caskey of Cincinnati Tanning Company said: “I’m already strapped in my business. Times are tough and I need to keep the customers I have. I’m just not sure how I’m going to deal with yet another new cost of doing business. Washington just doesn’t seem to get it – this is a punitive tax levied on me to pay for this healthcare law. We’re supposed to be supporting and encouraging businesses like mine to grow and hire, and taxes like this encourage just the opposite.”

Citrus Heights Historical Society to Host Square Dance Exhibition

The Citrus Heights Historical Society has planned an entertaining and informative evening for their 7 pm meeting on Monday, July 19, featuring an exhibition of square dancing by the Singles and Couples Square Dance Club at the Citrus Heights Community Club House, 6921 Sylvan Road in Citrus Heights.

Officer David Gutierrez of the Citrus Heights Police Department will explain his work with the Gang unit to assist

us in identifying gang activities should we see any.

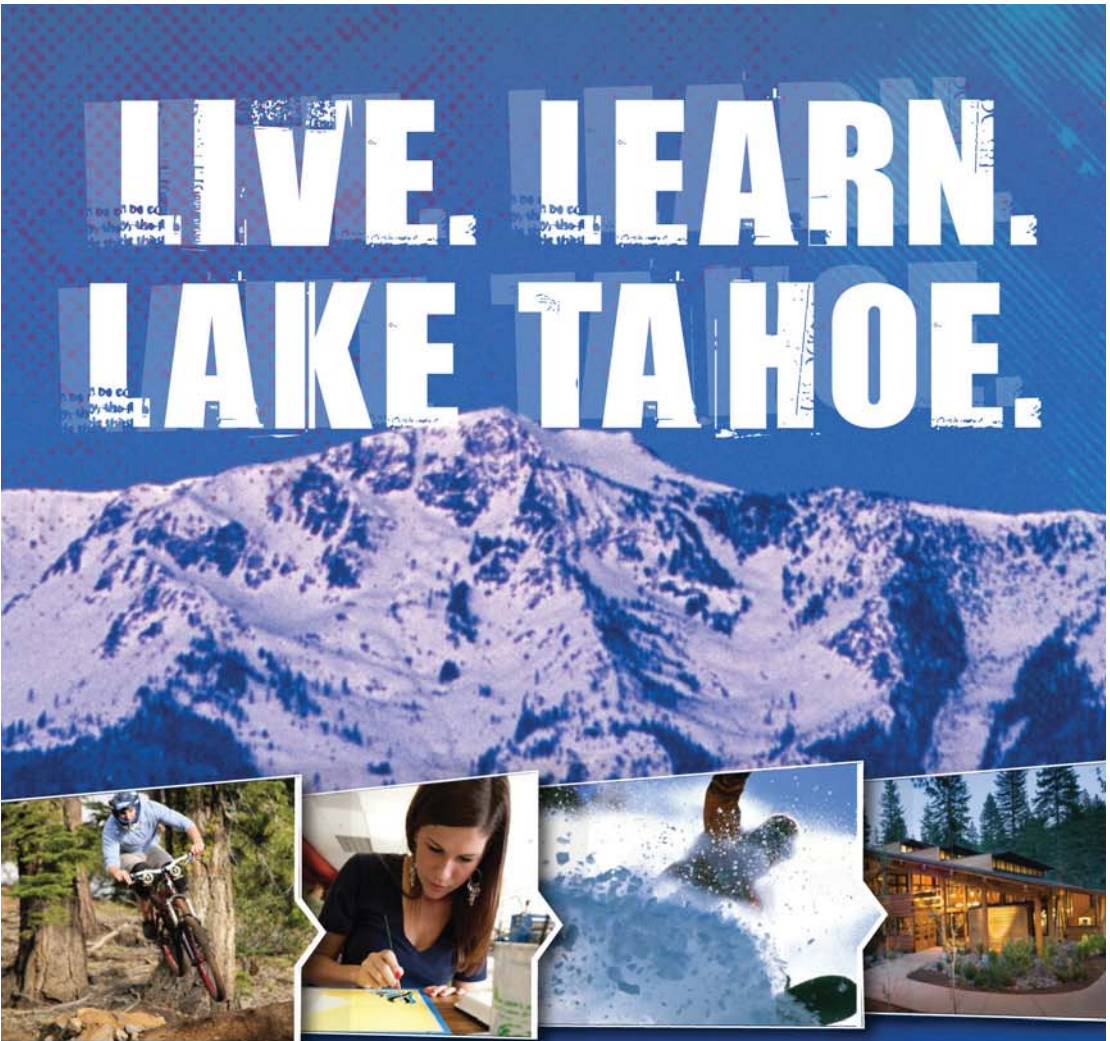
The meeting will be preceded by a 6:30 pm social hour.

Call 725-0935 with questions.



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AMERICAN RIVER MESSENGER

“Written by the people for the people”



Publisher - Paul V. Scholl

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Subscriptions should be mailed to American River Messenger, 7405 Greenback Lane, #129, Citrus Heights, CA 95610. Subscription rate is \$25 per year; \$30 per year in Sacramento and Sacramento county; \$40 per year outside Sacramento county. The ARM is published twice monthly. Call 916-773-1111 for more information. (ISSN # 1948-1950)

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	North American Precis Syndicate • Blue Ridge Press	
	ARA Content • Family Features • WorldNetDaily	
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Member of Citrus Heights, Fair Oaks, Orangevale and Carmichael Chambers of Commerce



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Be sure to place in the subject field “Attention to Publisher”.

If you do not have email access, please call us at 773-1111.

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Widowed Persons Association of California, Inc.

Office Hours
10:00 am- 3:00 pm
Monday through Friday
916-972-9722

Newcomer’s Buffet & Social

Any and all widows or widowers may attend

Third Monday evening at 5:30 pm

In the private dining room at the Plaza Hoff Brau, corner of El Camino and Watt Avenues; cost varies as the choice is from a no-host buffet menu.

This is a public service to all widows and widowers and there is no charge to attend the social other than the meal they chose.

Sunday Support

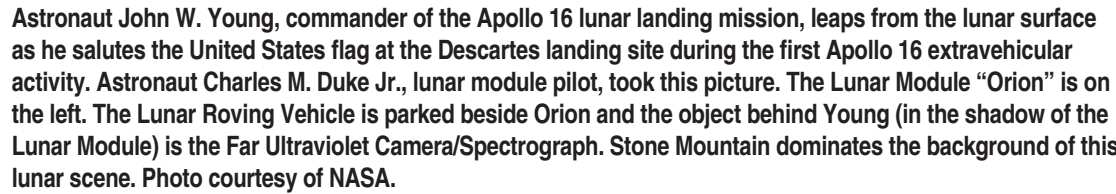
Any and all widows or widowers are invited

Every Sunday from 3:00 pm - 5:00 pm

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Avenue, Suite D-18.

Realizing how difficult it is to go into new social situations when one is first widowed, the Widowed Persons Association of California encourages widowed men and women to come to Sunday Support each Sunday from 3:00 pm - 5:00pm with some going to dinner as a group following the session. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service by WPAC. Participants do not need to be members and there is no charge.

Operation “Greatest Gift”



Summertime DUI Campaign Continues in the City with Increased Enforcement & Awareness

odds of being involved in an alcohol involved collision can be high. In 2008, law enforcement statewide reported that 7,801 people were injured or killed during the three summer months of June, July and August.

A major component of the checkpoints, beyond taking dangerous drivers off the road, is to increase awareness of the consequences of impaired driving and to encourage using sober designated drivers. A DUI checkpoint is a proven effective method for achieving this goal. By publicizing these enforcement and education efforts, the Citrus Heights Police Department believes motorists are deterred from drinking and driving.

The Citrus Heights Police Department will also be partnering in this summer in the Avoid the Capital 15 - DUI Campaign where all law enforcement agencies will put additional officers out on checkpoints and DUI saturation patrols during the Independence Day holiday and during the end of August/Labor Day nationwide anti-DUI effort, Over the Limit, Under Arrest!

Law Enforcement encourages everyone to Report Drunk Drivers, Call 911! Funding for this operation is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

On Thursday, April 22, 2010 at 8:30 A. M., six World War II Veterans and one volunteer guardian departed Rancho Cordova by a donated limousine service for San Francisco International Airport. Upon our arrival, we joined with 32 other WWII Veterans and 11 Guardians from Northern California for our trip to Washington, D.C. to see the World War II Memorial. The memorial was dedicated in 2004 to the 16 million who served in the armed forces. Our home base was at the Hilton Inn Washington Dulles International Airport where we were able to meet other veterans and guardians, and as a group, would be seeing the memorial together.

On Friday, after a delicious continental breakfast, we departed by bus to the memorial which celebrates a GENERATION OF AMERICANS who emerged from the Depression to fight and win the most devastating war in world history. Americans and their allies triumphed over tyranny. An unprecedented unity at home saw the nation become the world's breadbasket and industrial arsenal. In spirit of sacrifice, Americans rationed at home and channeled the nation's might to help restore freedom to millions.

As we all approached the memorial, some in wheel chairs with guardians, in excitement, we observed the beautiful Twin ATLANTIC and PACIFIC pavilions that symbolized a war fought across two oceans. Inside the Pacific entrance, we also observed various combat theatres of operation's inscription, BURMA, INDIA, SOUTHWEST PACIFIC that are overlooking various combat zones, BUNA, NEW GUINEA, PHILIPPINES.... where our military forces fought the war. Several of our veterans were involved in these theatres of operations. It somewhat brought memories of our involvement when we were 19 - 20+ years of age. We were happy and curious veterans mingling throughout the memorial taking notice of various inscriptions by President Roosevelt, President Truman, General MacArthur, and General Eisenhower; The Freedom Wall's 4,000 gold stars commemorate the more than 400,000 American who gave their lives in the war; On each side of the memorial's ceremonial entrance,

12 bas-relief sculptures recall scenes of America at war. In this scene a family gathers around its radio to hear President Franklin D. Roosevelt ask Congress for declaration of war after Japan bombed Pearl Harbor; Wreath of oak and wheat on each of the memorial's pillars symbolize the nation's industrial and agricultural strength, both which are essential to the success of the global war effort; The 56 U.S. states, territories, and District of Columbia that united in a common cause are inscribed on the pillars; Inscriptions at the base pavilion fountains mark key battles of the war, and all those who served, received the WWII Victory Medal that also adorns the pavilion floors. The memorial, Ideals of Democracy, placed between the Washington Monument and the Lincoln Memorial reflects the importance of WWII in preserving and internationalizing democratic ideals won under George Washington and defended under Abraham Lincoln. This memorial continues America's story of striving for freedom and individual rights.

Our next journey was a bus trip to a park for a delicious picnic lunch.

After lunch, we were bussed to the KOREAN MEMORIAL. "Freedom is not free" The memorial finds the expression of American gratitude to those who restored freedom to South Korea. Nineteen stainless steel sculptures stand silently under the watchful eye of the sea of faces upon a granite wall ---reminders of the human cost of defending freedom. These elements all bear witness to the patriotism, devotion to duty, and courage of Korean War Veterans. There were many Korean visitors enjoying the sculptures of U.S. and our Allies military personnel defending freedom.

The last journey was to the VIETNAM VETERANS MEMORIAL. The memorial recognizes and honors the men and women who served in one of America's most divisive wars. The Vietnam Veterans Memorial is a place where everyone, regardless of opinion, can come together and remember and honor those who served. By doing so, the memorial has paved the way towards reconciliation and healing, a

process that continues today. The Vietnam Veterans Memorial accomplishes these goals through the three components that comprise the memorial: the Wall of names, the Three Servicemen Statue and Flagpole, and the Vietnam Women's Memorial. The Vietnam Veterans Memorial serves as a testament to the sacrifice of American military personnel during one of this nation's least popular wars. The purpose of the memorial is to separate the issue of the sacrifices of the veterans from the U.S. policy in the war, thereby creating a venue for reconciliation.

During our pilgrim of the memorials, we veterans were greeted and honored for serving our country by many visitors. Some of them requested to be photographed with us which we gladly obliged.

Being a part of the memorial's history, made all of us veterans proud and credited in helping to preserve our freedom. The memorials are awesome and the visits fabulous.

On our return to the hotel, we had an enjoyable bus tour by driver Mamma Gwen who highlighted the Marine Memorial and U. S. Government Buildings in the general areas.

For Dinner at the hotel, we were treated with a marvelous gourmet dinner and exchange of gratitude for the opportunity to visit the World War II Memorial with volunteer “guardians”. We are blessed with good health to have made this special once in a lifetime visit, the World War II Memorial.

On Saturday April 24, 2010, we departed by bus to Dulles International Airport for our return flight to San Francisco. Thereafter, exchanges of farewells were made to all our veterans and guardians who will be returning home to their loved ones. Our return to Rancho Cordova was by a donated Shriners' passenger van.

On behalf of the WWII Veterans who had the opportunity to see their World War II Memorial through the efforts of the Freemasons of California, we extend our sincere thanks and appreciation to you, and through you, to volunteer “guardians” for making this trip a reality.

From back to front: Riley West, Hanna Lewandowski, Erika Rice, Megan Gisin, Laurel Pyle, Natalie Cowlshaw, Kendall Derry, Ella Treiterer, Peyton Garvey, Sarah Kelly, Shannon Fuchs, Kaitlin Derry, Britney Johnson, Paige Garvey, and Alexa Gisin

The American River Futbol Club U13 girls' soccer team, Freedom '98, placed an impressive 2nd at the Zephyr Cup Tournament! The tournament was a near perfect shut-out accomplishment for this tough ARFC team with only one goal scored on them in 5 games!

They won their first game 2-0 against Nevada's Elite '98. In game 2, they defeated AYSO 7-0. A 4-0 win followed in game 3 against NorCal Pibas. Game 4 was

the semi-finals against Santa Rosa United which ended in a 0-0- tie. Freedom '98 would win a round of penalty kicks to advance them to the finals against Diablo FC. This final and 3rd game of the day proved to test both teams. ARFC held Diablo FC until the only goal against them was scored in the last 30 seconds of overtime. Freedom '98 played an aggressive technical tournament and displayed tremendous teamwork! Congratulations to the

girls and their coaches, Beth Fuchs and Jeff Lewandowski.

American River Futbol Club is the Division 1 competitive soccer program for the ARYSL and is in it's second year. The club is affiliated with both CYSA-North and US Club Soccer and offers an alternative to higher-priced programs in the Sacramento and El Dorado Counties. For more information, visit their website at www.americanriverfc.com.

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Wed. Jul. 21 \$10

Howie Mandel
Thurs. Jul. 22 \$10

Martina McBride
Fri. Jul. 23 \$49

Lonestar
Mon. Jul. 26 \$15

Village People
Tues. Jul. 27 \$10

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Wed. Jul. 28 \$10

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Foghat
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The Dusty Baker International Baseball Academy 2010 “Showcase Plus”

Sunday, July 18 - Friday, July 23, 2010

Why Attend Dusty's Showcase?

- **Six full days** (not a typical two-day showcase!)
- **First three days are instruction-only** by former professional baseball players, scouts and high school coaches.
- **Led by Guy Anderson** (recently inducted into the *National High School Coaches Hall of Fame*)
- **Instruction focused on fundamentals at primary position** and hitting: live hitting on the field as well as station hitting to develop proper balance, timing, and bat speed
- **Pitchers individually coached and evaluated** by Dave Stewart or other professional instructors during the first three days.
- **Thursday and Friday showcase demonstrates skills in actual game conditions** in front of college coaches and MLB scouts.

We pay special attention to the six key areas that scouts, coaches and recruiters look for in every player:

- **Attitude** – The ability to be coached and be critiqued
- **Running** - Overall quickness at position, timed on the bases
- **Throwing** – Arm strength, proper throwing fundamentals, position mechanics
- **Catching the Ball** – Proper Mechanics, Glove and Body Position, Ball Transfer
- **Hitting** – Hitting with Consistency, Fundamentals, Mechanics, Mental Approach
- **Hitting with Power** – The ability to drive the ball

The total cost for the entire week is \$795.00, and includes:

- **Three days of professional “skills” instruction** to enhance defensive, pitching and hitting skills.
- **Two days of showcase games** in front of college coaches and recruiters.
- **All hotel expenses.**
- **All food expenses.**
- **Daily transportation** to and from the field.
- **Evaluation** from our staff on individual skills.
- **Nightly lectures** in the hotel on baseball skills

The Dusty Baker International Baseball Academy also offers sessions for younger athletes the following weekend (Sunday, July 25 – Friday, July 30, 2010)

- **SESSION I** – Ages 9-12
- **SESSION II** – Ages 13-15

For more information regarding The Dusty Baker International Baseball Academy please visit our website: www.dustybakerbaseballcamp.com or call Bruce Carmichael (530) 644-3067



GET REAL BEAUTY (PART I)

Could it be that Grandma had her act together when she passed on her practical beauty tips? Could it be true that if it helps inside, it can make things better on the outside? Could it be that the word kitchen doesn't have to mean drudgery, but a way to bountiful beauty? TRUE! TRUER! TRUEST! Ask Riquette Hofstein, the woman who heads up the fastest growing beauty beat in Beverly Hills...Riquette International. If the name sounds familiar, it should. She has shared her ways with the likes of David Letterman, Regis and Kathie Lee, Sally Jesse Raphael, and a host of

POPPOFF!

with Mary Jane Popp

other Tube types too long to list. Her motto in life is “Everyone is beautiful”, and she has dedicated her life to making it so.

The author of International Beauty Secrets and the best-seller Grow Hair In 12 Weeks as well as the originator of Kitchen Cosmetics, Riquette is a one person dynamo destined to make her mark on the entrepreneurial world of beauty. Born in Cairo to French parents and raised in Paris, Riquette has traveled to the ends of the earth to find the beauty secrets of the ages from London to Zurich to Australia to the Far East.

Her application of skills is simple... “I can do it, so can you, because no one else will. Care for yourself.” So let's start with a couple quick tips. Got dry skin? Raid the fruit department of your local supermarket, and try her Sinfully Rich Dessert Mask...one-half cup ripe fruit, 1 tsp. honey, one-half

cup whipping cream. Whip the cream till it just starts to hold its shape. Mash the overripe fruit. Combine fruit and honey to whipped cream. Apply with pastry brush to face. Leave on 10 minutes, then rinse. Sure I should wear it or eat it? Riquette assured me the Mask is marvelous. Here's one for your hands, a special glow with Riquette's Golden Hands Mask. Gather one-quarter cup corn meal, 3 Tbsp milk, 1 drop almond oil. Mix corn meal with milk, and heat over a low flame til it forms a paste. Add a drop of almond oil, and let it cool. Spread on hands for 10 minutes, then rinse.

And then there's...Ooooppps!!! Out of space for this edition of POPPOFF! Got a bunch more beauty bonus tips for you, so don't miss next our next time together for POPPOFF. Meanwhile, stay beautiful from the inside out!

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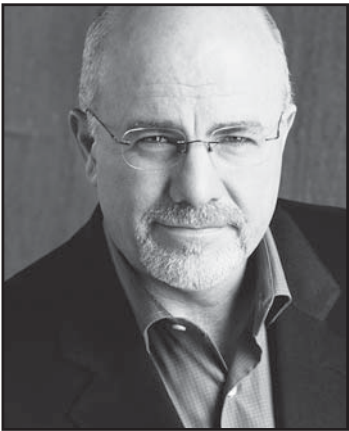
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Dave Says



Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers – *The Total Money Makeover*, *Financial Peace Revisited* and *More Than Enough*. In them, Ramsey exemplifies his life’s work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

Travel Sports are a Luxury

Dear Dave,

My husband lost his job a few months ago. He’s found another one since then, but we’re still trying to rebuild our finances. At the same time, our daughter plays softball on a travel team. It’s a great character-building experience, but the costs involved can be pretty high. Do you think we should cut down on the travel team activities for a while?

- Natasha

Dear Natasha,

You’re right. Playing sports can

be a great part of the character-building process. But she can learn character lessons playing in a softball league at your local park. She doesn’t have to travel all over the place to learn those kinds of things.

If you have kids, there’s a pretty good chance you’re going to spend some money to help encourage their hobbies and interests. That comes with the territory, and it should be a fun and rewarding experience for everyone. You just have to take a look at your financial situation—and the kid’s desires and abilities—and make sure it’s a reasonable amount of money.

In your situation, playing on a travel team right now is a luxury. You don’t need to be footing the bill for hotel rooms and gas and stuff while you’re trying to get back on solid ground financially. Chances are, this child is not going to make a living playing softball. Even if she is that good, she can still sharpen her skills in a home town league until you guys are back on your feet.

I’m not opposed to kids playing on these kinds of teams per se. But you can’t allow the cost and time involved to undermine the needs of your family or blow your budget!

- Dave

Dave Explains Paying Off the House

Dear Dave,

My wife and I are following your plan, and we’re in the middle of paying off our debts using the debt snowball. When we told my mother-in-law that by doing this we’d be able to pay off our house within 10 years, she told us that would be a stupid

move. She couldn’t give us a reason why she thought it was stupid, but we couldn’t convince her otherwise. How can we explain things to her?

- Jason

Dear Jason,

Okay, she’s telling you it’s a bad idea, but she has no idea why it’s a bad idea? It sounds to me like she’s the dumb one if she thinks you should behave a certain way, but can’t even tell you why. If someone can’t tell you why they have an argument against something, then they have no argument in the first place!

A lot of talking heads think it’s smart to not pay off your home. They’ll tell you things like it’s better to borrow money against your house and invest it in the stock market. What they won’t tell you is that there’s virtually nothing there by the time you adjust for risk and taxes. Why in the world would you take a chance on losing your home over something like that?

Another line they’ll throw out is that you don’t want to lose your tax deduction. This one’s really silly! If you have a \$200,000 loan at five percent interest, you’ll pay about \$10,000 a year in interest. Now, let’s also say you make \$70,000 a year, and you’re in the 25 percent tax bracket. That \$10,000 tax deduction is saving you \$2,500 in taxes. In essence, you’re sending \$10,000 to the mortgage company to keep from sending the government \$2,500. That’s pretty stupid! You’d be better off to be debt-free and give \$10,000 to some charity or your church. That way, you’ll save on taxes and do some good with the money.

By paying off your home, you decrease risk and gain a ton of security!

- Dave

**Please visit www.davesays.org for more financial advice.*

Is Fatherhood Dying?

Expert Reveals How Redefining Masculinity Can Close the Gap in Single Parent Households

If you know a child in a single-parent home, that child is most likely being raised by Mom.

According to the latest U.S. Census figures from November of 2009, 84 percent of the custodial parents in the 13.7 million single-parent households in the U.S. are mothers. Only 16 percent of custodial parents are dads. Many fathers blame the court systems, which they believe favors the mothers in most cases, but one expert believes that men have more control over that paradigm than they might think.

“When it comes to deciding who gets the kids, it’s natural for judges to want to place them with the parent who is nurturing and sensitive,” said Michael Taylor, motivational speaker, life coach, and author of *A New Conversation With Men* (www.coach-michaeltaylor.com). “Let’s face it. In most cases, it’s difficult to cast most fathers -- even the good ones -- in that light. But I don’t think it’s out of reach for any man to become that person, and to exude it in his daily life.”

Taylor believes that the greatest

challenge we have in our society right now is to redefine masculinity.

“Most men are tired and frustrated with their lives and are looking for something new and different,” he said. “Men want to learn to be genuinely happy with their lives but most of them do not know how to accomplish this. They are sold on the bill of goods by the past generation that men are aloof and authoritarian, and that’s part of being a man. The first thing we need to do is discard all the media and culture madness that has created the problem in the first place. I believe that every man can learn to be a great husband, a great father and a trusted friend. To get there, we need to break the bonds of a culture that has taught us all the wrong things about what it means to be masculine, and embrace a new paradigm of masculinity that empowers them to reach their full potential.”

The cornerstone for this new paradigm, according to Taylor, includes developing stronger connections to the ideas of love, compassion, understanding, acceptance and forgiveness.

“These qualities are not signs of weakness,” Taylor said. “They are actually signs of strength, and when men reject these aspects of themselves, it leads to all sorts of dysfunction and unhappiness. We’ve grown up in a culture that teaches men that marriage is a prison, and that being monogamous is somehow not manly, when in fact, the successful and happy husbands and fathers out there know that to be the opposite. If we can reverse these beliefs, I believe we will begin to see a dramatic reduction of issues like high divorce rates, high school dropouts, domestic abuse and high incarceration rates.”

About Coach Michael Taylor

A proud father of three grown children, Coach Michael Taylor is happily married and resides in Houston, Texas. He is also a self educated entrepreneur, author, personal coach and radio show host. Taylor has been facilitating workshops and seminars for more than 15 years and has reached thousands through his books, seminars and radio show.

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by Marlys Johnsen Norris

Just what would you do if the enemy of your soul has taken from you the most important relationship of someone you love dearly? And the separation was not because of death. You might have suspected something was drastically wrong for several years due to the lack of loving communication. Now, most recently the separation was positively confirmed by the person closest to them. This may be someone’s personal dilemma this morning.

Questions fill one’s mind and questions: How shall I respond? What can I do? What should I say? Can I do anything to make it better or change things? Should I merely remain totally

Loss of a Relationship

silent and leave it completely in the hands of God? One recognizes at this point God is the only one who has the power to change or correct what has happened. This person’s heart has been grieving for a long time and today they know why! Today this question has been answered because you are a believer and follower of Jesus Christ they want nothing to do with you.

One will pray and believe God will do something in His time to correct this terrible hurtful situation. Prayer for supernatural wisdom only can come from God. One must leave them alone because one just might mess it up further. Letting go of the relationship completely, as though surrendering and committing, this situation into the hands of God, appears to be the only alternative. Believing, trusting and claiming the promise of God is what will sustain someone hurting that says,

“Then I will give them a heart to know Me, that I am the Lord; and they shall be my people and I will be their God for they shall return to Me with their whole heart”. Jeremiah 24:7 .

If there is a divine delay, WAIT PATIENTLY AND PRAY. He that is within you is greater than the enemy who has stolen your loved one from you. If God has not answered your prayers stay in the faith and trust God. God has a bigger and better answer than you ever imagined. His reward may be a glorious resurrection. Believe!

Marlys Johnsen Norris, Author
Marlys5934@sbeglobal.net
“Intimacy Begins Going God’s Way”
“God Moves Mountains, It was a Miracle”
“Recipes for a Happier Marriage”
“Senior Gleanings”



By Pastor Ray Dare

It’s easy to get a distorted image of yourself, by what other people say to us and by what we think about ourselves... our own negative self-talk. Faulty data produces a false image of self and leads to feelings of insecurity and inferiority. When you operate of faulty data, you think things like, “I just don’t measure up. I’m not good enough. I’m a failure. I’m a loser. God doesn’t love me. God can’t help me. I’ll never make it in life.”

God does His deepest work in your life when He deals with your identity. Who you are; how you see yourself; your self-perception. The way you see yourself affects every area of your life. If you think you are “such and such” a person you tend to act in accordance with that image

Let God Give you a New Identity

of yourself. So God does His deepest changes in your life by changing the way you see yourself.

God sees your potential when nobody else sees it. God sees what you can become, what He made you to be. God says, “Let me show you how I see you.” Through eyes of love, unconditional love. When you see yourself the way God sees you, it’s going to change your life. And you can start acting in a whole new way. So how does God see you?

- **God Says You Are Acceptable**
“... Christ has accepted you.” Romans 15:7
“Even if my mother and father forsake me, the Lord will receive me.” Psalm 27:10
- **God Says You Are Valuable**
“God feeds the birds... and you are far more valuable to Him than any birds!” Luke 12:24 (LB)
- **God Says You Are Lovable**
“The mountains and hills may crumble, but my love for you will never end; so says the Lord who loves you.” Isaiah 54:10 (GN)
- **God Says You Are Forgivable**
“... Through what Christ did for

us, He decided to make us holy in his eyes, without a single fault -- we stand before God covered with his love.” Ephesians 1:4 (LB)

- **God Says You Are Capable**
“I have strength for all things in Christ who empowers me -- I am ready for anything and equal to anything through Him who infuses inner strength into me, that is, I am self-sufficient in Christ’s sufficiency!” Philippians 4:13 (Amp)

So who are you going to believe? What other people say about you? What you think about yourself? Or what God says about you? My recommendation to you is that you print this page, cut out the above outline of “God’s View Of You” and carry with you for the next few days or weeks. Read it over again and again and begin to see yourself in a brand new way. The way God sees you. And let God give you a new identity.

See you Sunday, Pastor Ray
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Guitar, Acoustic Unused with accessories. \$85 Cash. 362-7118 (MPG)

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Prayers & Novenas

THANKSGIVING NOVENA TO ST. JUDE O Holy Saint Jude, apostle and martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need. To you I have recourse from the depth of my heart and humbly beg to whom God has given so great power to come to my assistance. Help me in my present and urgent petition, in return I promise to make your name known and cause you

to be invoked. Saint Jude pray for us all who invoked your aid. Amen.

Say three Our Fathers, three hail Marys and Glorias. Publication must be promised. This novena has never been known to fail.

I have had my request granted and will fill to publish my thanksgiving. (MPG)

Wanta go to heaven without dying? Rent the exciting movie "Left Behind" Pray aloud, "Lord Jesus, forgive my sins, come into my heart!" He Loves You! (MPG)

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Demolition Derby and RV Destruction Madness Wants You!

Two Wild Nights of Metal Mayhem at 2010 California State Fair

Sacramento Region - Instead of watching the action from the stands, do you want to be a part of the adventure? Now is your chance to become one of the proud and the few at the California State Fair as Metal Mayhem is open to anyone who wishes to participate. Metal Mayhem is two nights of ground-pounding action on Saturday, July 31 and Sunday, August 1, 2010 as contestants slam into each other with two-wheel drive Demo Derby cars. Prepare yourself for some serious demolition action as these dedicated drivers participate in the crash for the cash. These two wild nights on wheels promise to be the adventure of a lifetime for young and old alike. As an added bonus, Sunday night, don't miss "RV Destruction Madness." An unbelievable sight to behold when these behemoths of the open road go head-to-head. It

might be best described as a storm of sheet metal on wheels. Derby Drivers go metal to metal during these events and the most aggressive ones that have done the most damage to their opponent's vehicle will be selected by the judges to advance to the evening's main event.

Preliminary
Saturday, July 31 and Sunday, August 1, in the Cal Expo-Rodeo Arena at 1600 Exposition Blvd. in Sacramento, CA 95815. Pit Gate will be open from 1 - 5 pm and demolition starts at 7 p.m. The purse is \$3,000 each night.

Main Event
1st – \$1,400.00 | 2nd – \$500.00 | 3rd – \$250.00 | 4th – \$150.00
All Heats and Consolation
1st – \$100.00 | 2nd – \$50.00
Best Appearing Car - \$50.00
Mad Dog Award - \$50.00
Cost: \$75.00 pre-entry driver fee

| \$100.00 Driver fee if paid at pit gate | \$25.00 fee paid only at the pit gate for each pit crew person
Mail in the pre-entry driver fee (10) days before the derbies.
RV Destruction Derby – Class C Motorhome Purse: \$5,000
Sunday Night Feature Event
1st – \$2,100.00 | 2nd – \$1,000.00 | 3rd – \$750.00
4th – \$500.00 | 5th – \$350.00 | 6th – \$200.00
Best Appearing Motorhome - \$100.00
Limited to (6) Motorhomes
Cost: \$200.00 driver pre-entry fee paid 10 days in advance
Pick up an entry form and the driver's rules at the administration office of the California Exposition & State Fair or online at www.dutchhollandracingpromotions.net.
For more information about the event, call the racing office at (707) 485-8687.

Orchid Fair Coming to Your Local Raley's or Bel Air

Whether you're an orchid novice or natural, stop by your local Raley's or Bel Air for free orchid care tips, great discounts on stunning, exotic varieties and a chance to win a FREE orchid on Friday & Saturday, July 16 and 17 from 11 am - 6 pm.
Representatives from Rocket Farms Growers will be onsite

to help customers with plant identification, orchid care and reblooming questions. The event will be occur in the store's Floral Department.
Nearly 500 different orchid plants will be on sale, including exotic varieties such as miltonia, dendrobium, oncidium and phalaenopsis.
Hourly drawings for FREE

orchids will be held throughout the event.
For more information, please call your store and ask for the Floral Department: Raley's in Fair Oaks, 8870 Madison Avenue, 916-966-2201; Bel Air in Gold River, 2155 Golden Centre Lane, 916-858-0494.

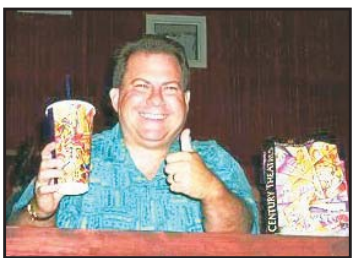
Fair Oaks Historical Society Meeting and Potluck

Fair Oaks - The Fair Oaks Historical Society will hold its third quarterly meeting and potluck dinner on Tuesday, July 27th, at 6:00 p.m. at the Fair Oaks Community Clubhouse, 7997 California Avenue, Fair Oaks. Marina West, the Society's newest lifetime member, and Jim Pearce will present a pictorial history and narrative of the Straith House – The First Mansion on the River in Fair Oaks.
Social hour begins at 6 p.m. followed by dinner at 6:30. The price of admission is a

casserole, salad or dessert to share with others which makes this the best potluck in town!
Society members, their friends and others interested in the activities of the Fair Oaks Historical Society are invited and welcome to attend the gathering. Directions can be found at: www.fairoakshistory.org.
The Society is preparing for its 4th Annual Soup Night fund raiser which will be held on Friday, November 7th. Only 200 tickets will be sold – Tickets will be available at

the July meeting. The monies collected will be used to procure and renovate a permanent facility for the History Center. Artisans and business owners are encouraged to donate artwork, gift baskets, gift certificates, etc. for the raffle to be held at this event. Donors will be listed on the evenings' program as well as on signage displayed at the event.
For further information, please contact Warren or Janet McWilliams at 961-9012 or Marilyn Pearce at 961-8415.

Got Local News? Call 773-1111.



by David Dickstein
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Opens July 30, rated PG
catsanddogsmovie.warnerbros.com
The little ones who appreciated "Cats & Dogs" the most are now 9 years older, meaning chances of their wanting to see the tardy sequel are as good as ever seeing it rain actual cats and dogs. Like the 1991 kiddie comedy that mixed live-action two- and four-legged animals with "Babe"-like CGI-animated talking, a power-hungry pussycat wants to take over the world, starting with her canine enemies. Alec Baldwin, Michael Clarke Duncan and Joe Panoliano return with their voices, joined by newcomers Chris O'Donnell, Roger Moore and, as the title meowing menace, Bette Midler.

Despicable Me
Opens July 9, rated PG
despicable.me
It's a busy month for villains yearning world domination. Three weeks before Kitty Galore puts her diabolical plan in motion, Gru -- watch the trailer and tell me Steve Carell doesn't sound like a Russian Shrek -- is set on stealing the moon. Not sure what that would achieve because he'd be dead, too, but whatever the case his plot hits a snag when he meets three little orphaned girls who see good in the bad guy. The



Free Summer Concerts in Citrus Heights

Citrus Heights - The City of Citrus Heights and the Sunrise Recreation and Park District are proud to once again launch the Summer Concerts in the Park series. The concerts, all of which are free-of-charge, will kick-off on Sunday, June 13th and continue on various dates through August 8th. The concerts take place at Rusch Park, 7801 Auburn Blvd., in Citrus Heights (at the corner of Auburn & Antelope).

Scheduled performers for the upcoming concerts include:-
Sunday, July 11th:
River City Concert Band
(time: 5:00 to 7:00 p.m.)
Sunday, July 25th:
The Swing Masters
(time: 5:00 to 7:00 p.m.)
Sunday, August 8th:
The Blue Blazes
(time: 5:00 to 7:00 p.m.)



3-D CGI-animated feature also features Miranda Cosgrove of "iCarly" fame and Kristen Wiig.
The Sorcerer's Apprentice
Opens July 16, rated PG
disney.go.com/disneypictures/sorcerersapprentice
More evil dwells in this live-action modern-day adventure inspired by the classic Mickey Mouse sequence in "Fantasia," which itself was based on the Goethe poem about an apprentice who gets in over his head with magic. Produced by Jerry Bruckheimer and directed by "National Treasure's" Jon Turteltaub, the film stars Jay Baruchel in the title role, along with Nicolas Cage and Alfred Molina as good and bad sorcerers, respectively. No word yet on whether we'll see marching brooms and buckets.

Family DVDs
by David Dickstein
13 Ghosts of Scooby-Doo: The Complete Series (ages 4-10, now available, not rated): New to DVD is this 13-episode, two-disc set that originally aired on ABC in 1985. Age is a good thing as animation for Scooby-Doo cartoons was better back then and we get to enjoy the treat that is horror legend Vincent Price among the voice cast. Grade: A-
Hot Potatoes! The Best of The Wiggles (ages 2-6, July 6, not rated): Make fun of The Wiggles if you must, but there's no doubting their popularity and

longevity. A 19-year run has so far yielded 23 million DVDs and 8 million albums sold, and sold-out live concerts worldwide. The hue-happy blokes who make up the Australian singing group are worthy of repeated spins with this collection of 35 of their most popular songs, including "Get Ready to Wiggle," "The Monkey Dance" and my personal favorite, "Fruit Salad." Yummy yummy. Grade: A-
Peanuts 1970s Collection Volume 2 (ages 3 and up, now available, not rated): The prime TV years of Charles Schulz's characters continue with this two-disc set featuring six prime-time animated specials. The 1975 classic "Be My Valentine," Charlie Brown" carries a message of hope beyond the broken hearts, while in "It's Your First Kiss, Charlie Brown," originally aired in 1977, our lovable loser finally gets to first base – in the form of a kiss on the cheek -- with the elusive, little red-haired girl. Other titles range from so-so to good. Grade: B+
Sesame Street: 20 Years and Still Counting (ages 2-6, July 13, not rated): Can't really call this a new title with a straight face, but for the first time on DVD is this anniversary special that originally aired in 1989. Good thing Sesame Street is timeless, so as Bill Cosby hosts the show young viewers and their parents who probably grew up with Kermit the Frog, Big Bird, Grover and gang are sure to have a sunny day where everything's A-OK. Grade: A



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Keep the Internet Open for All



by Joseph Torres

Perhaps the greatest freedom in a democracy is freedom of speech. Throughout our nation's history, people have died fighting not only for our right to speak, but for our right to be heard. The Internet is the greatest communications network ever created because it allows us to speak for ourselves without first asking permission from corporate gatekeepers. The Internet's importance as a forum for speech is the result of the principle called net neutrality, which prevents the phone and cable companies that provide Internet service from discriminating against content online or interfering with the free flow of Internet traffic. But net neutrality and the open Internet may be in serious trouble. Julius Genachowski, the chairman of the Federal Communications Commission

(FCC), has been holding closed-door meetings with Verizon, AT&T, Comcast, and Google that could pave the way for a corporate takeover of the Internet. The big phone and cable companies want to kill net neutrality so they can control and manipulate the content you can access on the Internet. Those who can pay will have their websites sped up; those who can't may have their sites slowed down or even blocked. Guess who'll be able to pay that extra cost? The big corporations. Meanwhile, the small or startup business or the new nonprofit organization will be pushed to the digital margins. The FCC, our nation's communications watchdog agency, is currently trying to modernize its Internet policy framework. Unless it succeeds, the phone and cable companies will be free to censor us online, block the websites we want to see, and track the websites we visit without disclosing their practices. The agency is under immense pressure from the lobbyists to take control of the Internet away from Internet users and turn it over to corporations. The Center for Responsive Politics reports that these companies spent more than \$20 million lobbying the federal government during the first quarter of 2010 alone. Many of these

lobbyists enjoy a direct line to decision-makers in Congress and at the FCC. Glance at a list of the top staffers working on telecommunications just a few years ago, and you'll find name after name now representing industry, unconcerned about advocating for positions they used to oppose. The Sunlight Foundation reported that 72 percent of the lobbyists hired by AT&T, Comcast, Time Warner Cable, Verizon, the National Cable & Telecommunications Association, and the U.S. Telecom Association--the leading opponents of net neutrality--have previous government experience. This figure includes 18 former lawmakers and 48 former Hill staffers who worked for the House and Senate commerce committees that provide congressional oversight of the FCC. The FCC has the power to do the right thing. What the American people want is someone to stand up and fight for them against corporate corruption--whether from BP, AIG or Comcast. It needs to protect the Internet from a corporate takeover. Joseph Torres is a senior adviser for government and external affairs at Free Press. www.freepress.net.



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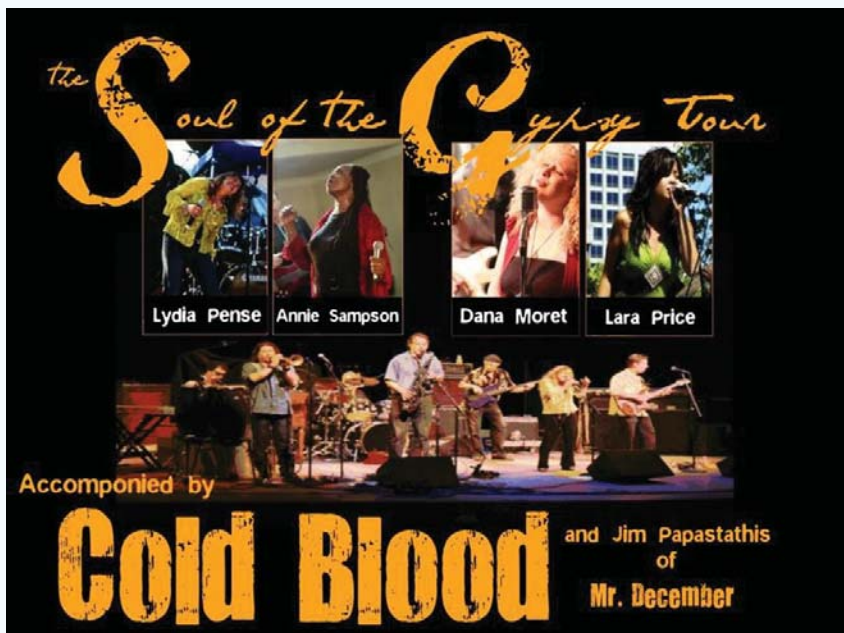
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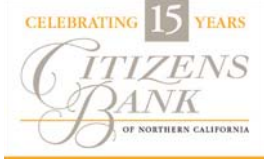
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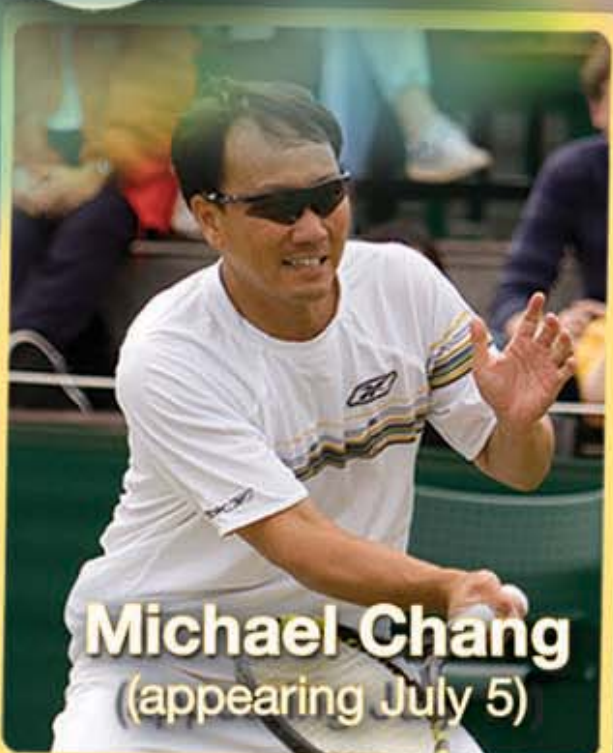
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