AMERICAN RIVER

MESSENGER



Hometown Heroes Honored Page 3



Eagle Scouts Serving Their Community

Page 7



Leadership, Past and Present Page 14

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Serving Citrus Heights, Fair Oaks, Carmichael, Orangevale & Gold River

First Edition for November 2009

We're All Mad Here

Special Commentary from the Howard Jarvis Taxpayers Association



By Jon Coupal Howard Jarvis Taxpayers Association

When the Cheshire Cat told Alice, "We're all mad here," he could have been expressing how two of California's most prominent officials view voters. In a recent San Francisco speech, Gov. Arnold Schwarzenegger told a group of educators that the term limits law -- Proposition 140 approved by voters in 1990 -- was "crazy." Voters knew exactly what they were doing when they approved term limits. They wanted to put an end to having an imperial state government dominated for decades by the same handful of legislative leaders who had been elected by a fraction California voters. They of wanted to change a system in which the status of its leaders morecloselyresembledamonarchy than a repre-sentative democracy. However, our governor, who swept into office promising to "blow up the boxes" and Sacramento, allowed reform himself to become co-opted by the system, especially after losing his reform agenda at the polls in 2005. Further eschewing populist man-date, last his he endorsed Proposition year

93, term limits "reform" that would have "grandfathered" a handful of newfound powerful friends allowing them to serve an addition term. Again, the voters showed they were serious about limiting a politician's time in office by voting "no." Still, this expression of disrespect for the voters by a lame duck governor, who has become known for saying one thing and doing another, while flitting from one issue to the next, is of small consequence. More unsettling is the disdain for the voters' judgment shown by our sitting Cali-fornia Chief Justice Ron George. Recently, George traveled to Massachusetts to tell the American Academy of Arts and Sciences that the initiative process is res-ponsible for California's "dysfunctional state government." He warned of the "dangers of direct democracy" and said "California's lawmakers, and

matter of course, members of the judiciary rarely make public statements regarding cases before them that they have yet to resolve.

The initiative process was placed into our state constitution a hundred years ago so that the public could take action when lawmakers proved indolent, incompetent or corrupt. In the late 1970s, when people were losing their homes due to double-digit annual tax increases, and the Legislaturerefusedtoact, the voters used the power of the initiative to qualify Proposition 13 to limit

annual increases in property taxes. To prevent lawmakers from arbitrarily using other means to reach into taxpayers' pockets, the measure required a two-thirds vote of the Legis-lature to approve state tax hikes, a threshold that was achieved in 1991 and in February of this year.

Without the initiative process, taxpayers would be stripped naked of protection and find the themselves totally at mercy of those in government who have shown themselves more concerned about their statusandperksandrewardingtheir friends than in serving the public. Those in government who question the citizens' wisdom in the use of the initiative process should take note. Voters are not crazy, but as Howard Jarvis would say, "We are mad as hell" and if we need to go back to the initiative to make corrections to state government, we will. Jon Coupal is president of the Howard Jarvis Taxpayers Association -- California's largest grass-roots taxpayer dedicated to organization the protection of Proposition 13 and the advancement rights. taxpayers' of

Gasoline Demand Rises 2.2%



The increased gas consumption means increased gas tax revenues.

Sacramento - (Business Wire) -- Betty T. Yee, Chairwoman of the Board of Equalization (BOE), today, Oct. 28, 2009, released gasoline and diesel consumption figures for July 2009. California gasoline demand rose by 2.2 percent in July compared to the same month of the previous year. Demand for on-road diesel fell a substantial 11.2 percent in July from the same period in 2008. This is the third month of slight

means increased gas tax revenues. Gasoline sold in July generated approximately \$310 million in sales tax during that month, an estimated \$109 million less than generated last year. July sales tax revenues from gasoline would have been about \$35 million less had not the state portion of the sales and use tax rate increased from 5 percent to 6 percent on April 1, 2009.

Diesel fuel sold in California during July totaled 215.77 million gallons compared to last year's July total of 243.10 million gallons, which is a decline of 11.2 percent. California diesel prices were \$2.73 per gallon in July 2009, down 44.9 percent compared to July 2008, when the average diesel price was \$4.97 per gallon. Whilethedieselgallonsreflected in the July numbers are down 27.3 million gallons, indicating a decline of 11.2 percent, the reduction in consumption is likely to be less. The actual decline may be closer to 17.7 million gallons, a decline of 7.3 percent, because the July 2009 figures include refunded gallons of 9.6 million gallons. The gallons included in the monthly consumption numbers are always net of audit assessments and refunds. The July 2009 refunds

were larger than most and may have skewed the actual amount of decline. Last month, the BOE reported that diesel consumption in California declined 8.8 percent in the second quarter of 2009. Diesel consumption generally follows economic activity during a recession. The BOE is able to monitor

gallons through tax receipts paid by fuel distributors. Figures for August 2009 are scheduled to be available at the end of November 2009. All monthly, quarterly, and annual figures can be viewed at: www.boe.ca.gov/ sptaxprog/spftrpts.htm. The fivemember California State Board of Equalization is a publicly elected tax board. The BOE collects more than \$53 billion annually in taxes and fees supporting state and local government services. It hears business tax appeals, acts as the appellate body for franchise and personal income tax appeals, and serves a significant role in the assessment and administration of property taxes.

two-thirds vote imposed at the ballot box for raising taxes." Although George misstated the law -- state taxes require a two-thirds vote of the Legis-lature and are not required to be placed on the ballot -- his hostility to this taxpayer protection provided by Proposition 13 is clear. Even more alarming is the timing of the justice's remarks because there is a case currently pending before the California Supreme Court involving the interpretation of the two-thirds vote requirement for state taxes under Proposition 13 (California Farm Bureau Federation v. State Water Resources Control Board). That case has been fully briefed and is currently awaiting oral argument. As a

the state itself, have been placed

in a fiscal straitjacket by a steep

increase in gasoline consumption.

"While this modest rise in gasoline consumption follows more than 3 years of decline in demand," said Chairwoman Yee, "it's likely a leveling off from the steep declines that began with high gasoline prices." In July 2009, gasoline demand rose 2.2 percent when Californians used 1.284 billion gallons of gasoline compared to 1.257 billion gallons the same month last year. The average California gasoline price at the pump in July was \$2.92 per gallon compared to \$4.51 in July 2008, a 35.3 percent decrease from a record high price. State gasoline consumption had increased 0.45 percent during the second quarter of 2009 - the first quarterly increase in three years. The increased gas consumption

For more information on other taxes and fees in California, visit www.taxes.ca.gov.

Source: California State Board of Equalization

California State Parks Announce Service Reductions To Meet Budget Cuts and Keep Parks Open

Five Historic Parks in Capital District State Museums and Historic Parks are being closed on Mondays beginning November 1

Sacramento - As part of California State Parks, the SacramentobasedCapitalDistrictStateMuseums and Historic Parks will implement service reductions in an effort to achieve required budget savings while simultaneously keeping parks open. With minimal disruption expected for park visitors, the service reductions in the Capital District are effective as of November 1, 2009. In Sacramento, three state historic parks and one museum will be closed to the public on Mondays and include the following: the Governor's Mansion State Historic Park, Leland Stanford Mansion State Historic Park, California State Indian Museum and Sutter's Fort State Historic Park. Outside of Sacramento, but within the Capital District region, Railtown 1897 State Historic Park in Jamestown will be closed on Mondays as well.

The three other Capital District park units--including the California State Railroad Museum, Old Sacramento State Historic Park and the State Capitol Museum--will remain open seven days per week as usual but will experience some program reductions. Depending on the site, service reductions may include selected restroom closures, reductions in tours and other interpretive programs, deferral of building repairs and other ongoing maintenance needs, as well as delay in filling certain vacancies.

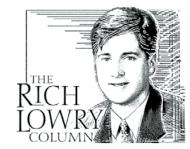
"We trust these necessary adjustments will only be a minor inconvenience to our loyal visitors who support us every day," said Catherine Taylor, District Superintendent of the Capital District. "We also hope that our visitors will understand and appreciate that we are doing our best in these trying times to operate efficiently and to protect our valued state museums and historic parks in the Capital District."

All of the service reductions are consistent with Gov. Schwarzenegger's September 25th announcement that State Parks will remain open by achieving one-time budget savings through the reduction of maintenance and equipment

costs and service reductions. The Capital District State Museums and Historic Parks encompasses seven State Historic Parks and Museums located within the Downtown and Midtown areas of California's Capital City: California State Capitol Museum, California State Indian Museum, California State Railroad Museum, State Governor's Mansion Historic Park, Leland Stanford Mansion State Historic Park, Old Sacramento State Historic Park

and Sutter's Fort State Historic Park. Additionally, two units are in outlying areas: the Woodland Opera House in Woodland, California; and Railtown 1897 State Historic Park located in Jamestown, in the heart of California's Gold Country about 100 miles southeast of Sacramento. Collectively these facilities preserve and interpret the heritage of California's Capital City, and illuminate the many forces that have shaped Sacramento and the Golden State.

EDITORIAL



Republicans needn't trouble themselves to nominate a presidential candidate in 2012. No matter what, President Barack Obama will be running against George W. Bush. Bush will be Obama's eternal foil. At this rate, when Obama his post-presidential writes memoir, it will be titled "An Audacious Presidency, or How I Saved America From That Bastard Bush." His presidential library will have a special fright-house wing devoted to Bush's misrule. He will mutter in his senescence about 43, like the Ancient Mariner about his albatross. Obama clearly wants Bush to be the Hoover to his FDR. Since his predecessor left office with a 34 percent job approval, Obama understandably feels moved to scorn and berate him. But Obama's perpetual campaign against Bush is graceless, whiny and tineared. Must the leader of the free world -- if Obama still accepts that quaint formulation -- always reach for the convenient excuse? No doubt, Obama inherited

formidable challenges, but it's usually thus. The presidency is a miserable job. During our first inaugural marking a presidential transition, John Adams thought he could almost hear George Washington thinking: "I am fairly out and you fairly in! See which of us will be happiest." Obama complains of having to clean up what he charmingly calls "somebody else's mess." Obama took office during a stomachchurning financial crisis, and he now brags "we've rescued our economy from catastrophe."

Who's "we"? When then-Treasury Secretary Henry Paulson and Federal Reserve Chairman Ben Bernanke confronted Bush with the magnitude of the crisis last fall, he told them to do

Obama the Graceless

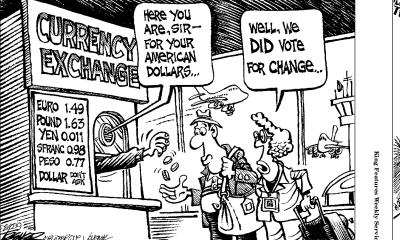
anything necessary to fight it. Bush's support of the ideologically uncongenial TARP legislation, together with Bernanke's expansive actions at the Fed, rescued the system. But Obama takes the credit, while pretending Bush heedlessly let the economy burn -- a tack that is in equalmeasures petty and dishonest.

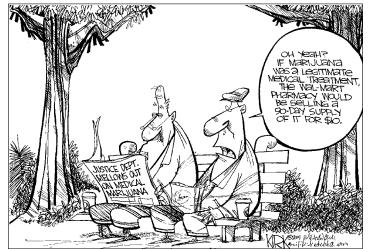
Obama also blames Bush for the deficit, now at \$1.4 trillion. Whatever his own profligacy, Bush didn't compel Obama to spend money nearly as fast as it could be printed, or roughly double the projected debt over the next decade. Obama's motto apparently is "Stop Bush -- before he makes me spend again!" In international forums, Obama acts as if Bush were the former president of another country, or a disgraced former leader ousted in a coup. He might at least credit his -- and his country's -- good intentions in toppling Saddam Hussein and promoting democracy in the Middle East. No, he's incapable of it.

Obama should be grateful that Bush ordered the surge in Iraq against Obama's opposition. If he hadn't, Obama likely would have -- on top of everything else -- inherited a strategically central Middle Eastern country in full-scale civil war. Does Obama express any appreciation, or any humility about his own mistaken call? Of course not.

The acid test of the White House inevitably exposes a president's character flaws: Nixon's corrosive paranoia, Clinton's selfdestructive indiscipline, Bush's stubborn defensiveness. Obama in the crucible is exhibiting an oddly self-pitying arrogance. It's unbecominginanyone, letalone the most powerful man on the planet.

Rich Lowry is editor of the National Reviewand co-author of the new spy thriller "Banquo's Ghosts." (c) 2009 by King Features Synd., Inc.©





Shouldering the Burden of War: Protests End and War Continues

By Paul Gottfried

About three years ago, when antiwar panels and antiwar sloganeering were the order of the day at my college, I predicted such impassioned protests would end -- not when American military involvement in Iraq and Afghanistan was terminated -- but when a Democrat, and preferably one on the social left, became president.

I was right. These days, as I walk among my formerly pacifist colleagues and read their preferred news sources, I don't hear a murmur of complaint about "the president's strategy" for extricating our troops from military danger. It is as if we were living in messianic times, when the wolf is lying down with the lamb. This is all because we now have Obama in the White House and overwhelming Democratic majorities in both houses of Congress.

Once I was naïve enough to wonder why the critics of our war in Iraq on the right and on the left did not join hands in a common enterprise. The answer is that the Democratic Left, with few exceptions, was never opposed in principle to military entanglements overseas. While rightwing opponents of Bush's foreign policy were marginalized and vilified for their dissent by GOP commentators and the mainstream conservative movement, the Democratic Left engaged in griping as a means of taking power. As I noted in a column two

years ago, the only "conservative" columnists featured in the New York Times were frenetically in favor of an American mission to impose democracy by force. Not coincidentally, these columnists, David Brooks, Bill Kristol, and David Frum, are closer to the liberal left on social issues than to many on the antiwar Right. Domestic politics for most of the Left has always trumped mostly bogus antiwar rhetoric. The Left can take or leave that issue, depending on other interests.

Pacifist sentiment on the left has usually been selective, in the same way that the Democratic Left only began to notice the House Committee for Un-American Activities, organized by Congress to fight subversion in 1938, when Communist sympathizers were being called to testify in 1946. When the same committee went after those who were suspected of being pro-fascist during World War II (that is, during what historians call the Good War), the Left found no reason to object, any more than it now cares to notice the threat to our civil rights posed by the hate crime legislation that the Democratic Congress is getting ready to pass.

Despite my habituation to such hypocrisy, I was nonetheless taken abackbyarecentcolumnbyTheNew York Times-syndicated columnist Bob Herbert about shouldering the burden of war. Herbert, who had protested the belligerence of the Bush administration, still believes that "the war in Afghanistan made sense once but does so no longer." Moreover, "thewarinIraqneverdid."

In spite of these reservations, Herbert's thinking about the war has changed in the last year. He began to perceive that "so few are willing to serve at a time when the nation is fighting two long wars is a profound indictment on the society." Herbert would like to deal with this imbalance by reinstating the draft, although he admits that it might not work. He reminds his readers that "we should all be pitching in. We shouldn't be leaving the entire monumental burden to a tiny portion of the population," namely to those unlucky few who keep going back on multiple tours in Iraq and Afghanistan.

The question is how to furnish the government with more troops, particularly since "instead of winding down our involvement in Afghanistan, we are now ratcheting it up. Herbert cites "a comment that President Barack Obama made in a recent address to the Veterans of Foreign Wars. " Here the president, while "not chiding those who are not serving," also noted that "less than one percent wears the uniform." Although Herbert no longer sees any sense in increasing our commitment to the pacification of Afghanistan, and presumably to sending more soldiers there, he also wishes us to jump to our feet when his adored leader gives marching orders.

I doubt such a column would cause any discomfort among my selectively antiwar colleagues or among those Church of the Brethren intellectuals, whom I heard for years denouncing Republican warhawks at our college assemblies. Such people have no problem with military engagements or infringements on civil liberties, providing they are not being carried out by Republicans or others identified with the Right. Although anti-Republican war protestor Herbert may take the cake for utter hypocrisy, I could easily imagine millions of onetime shrieking opponents of "Bush's wars" demanding that we stand united behind Obama's ratchetedup struggle in Afghanistan. It is our redeemer president who is asking us to put our lives on the line for his war. In the world of partisan politics, that is entirely different from having a Republican president doing the same.

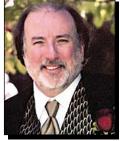
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Keeping Alive the Memory of American Public Religion

MESSENUEN

"Written by the people for the people" Publisher - Paul V. Scholl



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by Charles G. Mills

Glen Cove, NY - Revolutionaries and totalitarians always try to erase the people's link to the past. Hitler discontinued the teaching of Latin in the German schools. Stalin renamed the second largest city in Russia because it was named for Saint Peter. Henry VIII despoiled the English churches of their relics, including the incorrupt bodies of saints, and Cromwell whitewashed over all the murals in the churches. During the Spanish Civil War, the communists destroyed the body of Saint Louis Bertrand, which had been miraculously uncorrupted after over 350 years. The French vere particularly malicious in their etermination to erase all public igns that France is a Catholic ountry. It is still illegal in France for civil servants to wear small crosses on chains around their necks at work.

In recent years, the youth of America have been bombarded with lies designed to deprive them of true knowledge of our country's past. Most Americans today falsely believe that the Constitution says that there shall be separation of church and state. Few realize that the prohibitions on such things as school prayer only came about recently and that religion used to be an important part of public life. A replacement of history by politically correct propaganda is made easier by our dismal system of education. Ignorance and stupidity are no longer bars to a college education, and few college graduates can say 50 intelligent words about the history of religion in America. We need to correct this situation.

Patricia Diarie "Trish" Scholl August 2nd, 1958 – August 6th, 2009

To My Loving Wife: "Happy Anniversary" November 11th, 2003

The United States were created out of 13 very different colonies. The largest of these, Virginia, was the most important in the Southern region, a heavily Protestant region that was also home to significant and influential pockets of Catholicism and Judaism. The new state with the largest non-slave population -- Massachusetts -- was the most important in the four New England states. Three of these states had anti-Catholic laws, and two had established state churches and legal systems quite hostile to all other churches, even the Church of England. Between New England and Virginia, the Middle Atlantic states were home to many different denominations of Protestants, as well as Catholics, Quakers, and Jews. One of these states was founded by Catholics and another by Quakers.

Part of the genius of our Constitution is that it was able to accommodate these diverse states and religions. The Bill of Rights forbade Congress to get involved. Congress could not abolish the government churches of Massachusetts and Connecticut, or tell any state how many churches it might recognize. Above all, Congress could not chose a national church or group of national churches.

Early in our history, the Supreme Court held that Pennsylvania could not champion atheism, but the Court allowed considerable room to refrain from promoting Christianity. Later, the Mormons practiced polygamy in Utah and claimed a religious right to do so. The Court rejected this claim several times. The Court often characterized America as Christian, although in context this was never understood to exclude Judaism. Federal money supported a Catholic hospital in the District of Columbia, and Indian Tribal money went to religious schools, all with the approval of the Supreme Court.

In 1947, the Supreme Court changed everything. In effect, the Court re-wrote the Constitution to forbid not only any state help to a particular religion or group of religions, but all state action that preferred religion to irreligion. This ruling gradually led to a prohibition on prayer and the Bible in public schools and to self-corruption by religious colleges to keep federal aid.

We need to make sure that future generations know the whole true story. We must not shy away from teaching them sensitive subjects such as New England intolerance in the early days of the Republic, the split in many churches over slavery, the Pope's efforts to end the War Between the States, Mormon and Hawaiian polygamy, Supreme Court-imposed communist control of Russian Orthodox churches in America, religious prejudice, and the illegitimate role of the Court in banishing religion from so many public places.

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Charles G. Mills is the Judge Advocate or general counsel for the New York State American Legion. He has 40 years of experience in many trial and appellate courts and has published several articles about the law..



Robert E. Hardnick



Air Force Airman Robert E. Hardnick graduated from basic military training at Lackland Air Force Base, San Antonio, Texas. The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force. He is the son of Alicia White of Data Drive, Rancho Cordova, Calif., and Robert HardnickofSt.ClairAve.,Cleveland,Ohio.

Hardnick is a 2007 graduate of Glenville High School, Cleveland.

Perry W. Knight

Air Force Reserve Airman 1st Class Perry W. Knight graduated from basic military training at Lackland Air Force Base, San Antonio, Texas. The airman completed an intensive,

eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force.

Knight earned distinction as an honor graduate of the course. He is the son of Lyn Dilworth of Cordova Lane, Rancho Cordova, Calif., and Weaver Knight of 43rd Ave., Sacramento, Calif.

Kyle J. Maxwell

Army Pvt. Kyle J. Maxwell has graduated from Basic Combat Training at Fort Sill, Lawton, Okla.

During the nine weeks of training, the soldier studied the Army mission and received instruction and training **Rancho Cordova**



Air Force Airman Matthew T. Gary graduated from basic military training at Lackland Air Force Base, San Antonio, Texas. The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force. Gary is a 2008 graduate of Cordova High School, Rancho Cordova, Calif.

Jessy R. Farris

Army Pvt. Jessy R. Farris has graduated from Basic Combat Training at Fort Sill, Lawton, Okla. During the nine weeks of training, the soldier studied the Army mission and received instruction and training exercises in drill and ceremonies, Army history, core values and traditions, military courtesy, military justice, physical fitness, first aid, rifle marksmanship, weapons use, map reading and land navigation, foot marches, armed and unarmed combat, and field maneuvers and tactics. Farris is a 1998 graduate of Bella Vista High School, Fair Oaks, Calif.



Adam R. Carroll Army Pvt. Adam R. Carroll has graduated from Basic Combat

Anum S. Naseem



Air Force Airman Anum S. Naseem graduated from basic military training at Lackland Air Force Base, San Antonio, Texas. The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force. She is the daughter of Henna Naseem of Innovator Drive, Sacramento, Calif., and niece of Saima Ali of El Segundo Drive, Rancho Cordova, Calif. Naseem is a 2008 graduate of Inderkum High School, Sacramento.

Spencer R. Marshall

Army Pfc. Spencer R. Marshall has graduated from the Infantryman One Station Unit Training at Fort Benning, Columbus, Ga. The training consists of Basic Infantry Training and Advanced Individual Training.

During the nine weeks of basic combat training, the soldier received training in drill and ceremonies, weapons employment, map reading, tactics, military courtesy, military justice, physical fitness, first aid skills, and Army history, core values and traditions. Additional training included development of basic combat skills and battlefield operations and tactics, and experienced use of various weapons and weapons defenses available to the infantry crewman. The Advanced Individual Training course is designed to train infantry soldiers to perform reconnaissance operations; employ, fire and recover anti-personnel and anti-tank mines; locate and neutralize land mines and operate target and sight equipment; operate and maintain communications equipment and radio networks; construct field firing aids for infantry weapons; and perform infantry combat exercises and dismounted battle drills, which includes survival procedures in a nuclear, biological or chemical contaminated area. He is the son of Charlene Marshall of Quail Vista Lane, Citrus Heights, Calif. The private graduated in 2005 from Casa Roble High School, Orangevale, Calif., and received an associate degree in 2009 from Sierra College, Rocklin, Calif.

Ian J. Thulin

Air Force Reserve Airman Ian J. Thulin graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force. He is the son of Kim Thulin of

Springvale Way, and Paul Thulin, both of Citrus Heights, Calif. Thulin is a 2006 graduate of Mesa Verde High School, Citrus Heights.

Tim V. Razumovsky

Tim V. Razumovsky graduated from the Army ROTC (Reserve Officer Training Corps) Leader Development and Assessment Course, also known "Operation Warrior Forge," as at Fort Lewis, Tacoma, Wash.

The 32 days of training provide the best possible professional training and evaluation for all cadets in the aspects of military life, administration and logistical support. Although continued military training and leadership development is included in the curriculum, the primary focus of the course is to develop and evaluate each cadet's officer potential as a leader by exercising the cadet's intelligence, common sense, ingenuity and physical stamina. The cadet command assesses each cadet's performance and progress in officer traits, qualities and professionalism while attending the course.

Cadets in their junior and senior year of college must complete the leadership development course. Upon successful completion of the course, the ROTC program, and graduation from college, cadets are commissioned as second lieutenants in the U.S. Army, National Guard, or Reserve. The cadet is a student at Wentworth Military Academy, Lexington, Mo. He is the son of Slava and Liva Razumovsky of Plum Tree Court, Citrus Heights, Calif. Razumovsky is а 2008 Futures High graduate of School, North Highlands, Calif.

Anton Nemdyshkin

Army Pvt. Anton Nemdyshkin has graduated from the Infantryman One Station Unit Training at Fort Benning, Columbus, Ga. The training consists of Basic Infantry Training and Advanced Individual Training.

During the nine weeks of basic combat training, the soldier received training in drill and ceremonies, weapons employment, map reading, tactics, military courtesy, military justice, physical fitness, first aid skills, and Army history, core values and traditions. Additional training included development of basic combat skills and battlefield operations and tactics, and experienced use of various weapons and weapons defenses available to the infantry crewman.

The Advanced Individual Training course is designed to train infantry soldiers to perform reconnaissance operations; employ, fire and recover anti-personnel and anti-tank mines; locate and neutralize land mines and operate target and sight equipment; operate and maintain communications equipment and radio networks; construct field firing aids for infantry weapons; and perform infantry combat exercises and dismounted battle drills, which includes survival procedures in a nuclear, biological or chemical contaminated area. Nemdyshkin is the son of Yulia Nemdyshkina of Rampart Drive, Carmichael, Calif.



Michael D. Cox

Army Pvt. Michael D. Cox has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the Army mission, history, tradition and core values, anti-tank mines; locate, neutralize physical fitness, and received instruction and extract mines; map reading and practice in basic combat skills, and ground navigation; operate and military weapons, chemical warfare and maintain communications equipment bayonet training, drill and ceremony, and radio networks; construct and marching, rifle marksmanship, armed camouflage mortar firing positions; and unarmed combat, map reading, operate and maintain mortars and field tactics, military courtesy, military fire control equipment for individual/ justice system, basic first aid, foot crew served weapons firing positions. marches, and field training exercises. He is the son of Valerie Cox of and Jayson Ubil of Olivine Kimberly Way, Carmichael, Calif. Cox is a 2004 graduate of El Camino High School, Sacramento, Calif.

John W. Krecek

Army Pvt. John W. Krecek has graduated from the Infantryman One Station Unit Training at Fort Benning, Columbus, Ga. The training consists of Basic Infantry Training and Advanced Individual Training.

During the nine weeks of basic combat training, the soldier received training in drill and ceremonies, weapons employment, map reading, tactics, military courtesy, military justice, physical fitness, first aid skills, and Army history, core values and traditions. Additional training includeddevelopmentofbasiccombat skills and battlefield operations and tactics, and experienced use of various weapons and weapons defenses available to the infantry crewman.

The Advanced Individual Training course is designed to train infantry soldiers to perform reconnaissance operations; employ, fire and recover anti-personnel and anti-tank mines; locate and neutralize land mines and operate target and sight equipment; operate and maintain communications equipment and radio networks; construct field firing aids for infantry weapons; and perform infantry combat exercises and dismounted battle drills, which includes survival procedures in a nuclear, biological or chemical contaminated area. Krecek is a 2005 graduate of the La Vista Center, Orangevale, Calif.

Andrew J. Ubil

Army Pvt. Andrew J. Ubil has graduated from the Direct Fire Infantryman One Station Unit Training at Fort Benning, Columbus, Ga. The training consists of Basic Combat Training and Advanced Individual Training.

During the nine weeks of Basic Combat Training, the soldier received training in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, physical fitness, first aid, and Army history, core values and traditions. Additional training included development of basic combat skills and battlefield operations and tactics, and experiencing use of various weapons and weapons defenses available to the infantry crewman.

The Advanced Individual Training course is designed to train indirect fire infantry soldiers to employ, fire and recover anti-personnel and

exercises in drill and ceremonies, Army history, core values and traditions, military courtesy, military justice, physical fitness, first aid, rifle marksmanship, weapons use, map reading and land navigation, foot marches, armed and unarmed combat, and field maneuvers and tactics. He is the son of Linda Maxwell of Crystal Blvd., El Dorado, Calif., and grandson of Ida Plenert of Orval Way, Carmichael, Calif. Maxwell is a 2006 graduate of Del Campo High School, Fair Oaks, Calif.

Training at Fort Sill. Lawton. Okla. During the nine weeks of training, the soldier studied the Army mission and received instruction and training exercises in drill and ceremonies, Army history, core values and traditions, military courtesy, military justice, physical fitness, first aid, rifle marksmanship, weapons use, map reading and land navigation, foot marches, armed and unarmed combat, and field maneuvers and tactics. Carroll is the son of Shawn Carroll of Beauchamp Court, Carmichael, Calif.

private is a The 2008 graduate of Casa Roble High Orangevale, School, Calif.

Ave.,

Ubil is the son of Patrice

Citrus Heights, Calif.

Samantha N. Smith

Samantha N. Smith has entered Basic Cadet Training at the U.S. Air Force Academy, Colorado Springs, Colo., in preparation to enter the first academic year at the academy. The six-week, two-phased orientation program must be successfully completed by the cadets prior to entering their freshman year. The training prepares men and women to meet the rigorous mental and physical challenges experienced by new cadets.

Phase one involves personal inprocessing, orientation, and training in the fundamentals of being a cadet. Cadet trainees are prepared to adjust from civilian to military life and disciplines, and learn proper wear of the uniform, saluting policies and procedures, drill and ceremony, marching, and living quarters standards.

During phase two, cadets train outdoors living in tents while learning to function in field conditions. Cadets apply and practice team work, cohesion and learn to deal with physically and mentally demanding situations. They complete the obstacle, confidence, leadership reaction assault, and courses, and participate in a rescue mission termed Operation Warrior. the daughter of She is Steven and Jacqueline Smith of Ward Lane, Fair Oaks, Calif. Smith is a 2009 graduate of Del Campo High School, Fair Oaks.

Lungren to Honor WWII Women Pilots at Mather's Annual Veterans Day Celebration

Gold River - When the City of Rancho Cordova and the folks at the VA Medical Center in Mather host the 4th Annual Veterans Day Celebration Nov. 11, four of the pilots being recognized will be World War II-era veterans of the WASPs -Women Airforce Service Pilots. Fromroughly 30,000 applicants, about 1,000 daring young women were chosen for service from 1942 to 1944. Though they were not allowed to fly combat missions as women are today, they were champs at ferrying airplanes from coast to coast or test-flying recently repaired aircraft in places like California's Minter Field near Bakersfield. Some even had the job of towing targets so aircraft piloted by men in the then-Amy Air Corps could practice shooting and calibrating their onboard guns. The WASPs suffered 38 casualties during their service.

Doodle

According to the book "Yankee Gals" (National is in the process of being minted), Geographic Society, 90 pages, members of Congress were urged

\$21) they delivered 12,652 planes, including 77 different kinds of aircraft, ranging from fighters to bombers. But it all ended in December of 1944 when the need and mission of pilots changed. Even though they served as military officers, they essentially were considered a civil air patrol until the end. It wasn't until 1977 that they were granted U.S. military veteran status just about the same time women were once again invited to fly for the U.S. military. Earlier this year Congressman Dan Lungren (CA 03) cosponsored legislation drafted by Rep. Ilena Ros-Lehtinen. (FLA. 18) to award the Congressional Gold Medal to the WASP. Four of those ladies reside in California's Third District, represented by Lungren. Though eventually these ladies will be invited to Washington to receive a replica of their gold medal (it

to honor these women pioneers as soon as possible. Most of them are in their late eighties, and 14 of the estimated 300 survivors have passed away just since the legislation was signed by President Obama in July.

Though the WASP might be the main attraction at the Rancho Cordova/Mather event, they are just a part of the overall theme of the day: "Women in the Military". Other speakers who will recognize the contribution of women - who now make up 20 to 25 percent of the active duty in some branches of the service include Brig. Gen. Mary J. Kight, assistant adjutant general for the California National Guard, and Barbara Ward, Deputy Secretary for Women and Minority Veterans Affairs for the State of California.

Congressman Dan Lungren serves as Ranking Member on the House Administration Committee in addition to serving on the Judiciary and Homeland Security committees

To Honor and Remember Veterans Day, November 11



La Sierra High School Vietnam Veterans Memorial, Earl J. Koobs Nature Area 5325 Engle Road, Carmichael Gates Open 10 A.M. to 2 P.M. East parking lot La Sierra Community Center and Garfield Elementary School's playground Colors presented at 11A.M. We hope you join us on this special day to honor and remember those who served our country. If any questions, call Linda and Keith Jones at 944-2393 or the Garfield Elementary School Office at 575-2349

You Are Invited Veterans Day, Wednesday, November 11, 2009 Sylvan Cemetery, Citrus Heights

The Citrus Heights posts of The American Legion and The Veterans of Foreign Wars will hold a Veterans Day service on Wednesday, November 11, 2009 at the Veterans Memorial and gazebo located at the 4th District Roberta MacGlashan, Sylvan Cemetery District at 7401 Auburn Blvd., Citrus Heights. This service will honor those who served our community, state and nation. This event is hosted by The

American Legion, Citrus Heights Heights Boy Scout Troop #228,

Post #637, Cdr. Carol J. Watson (962-1590) and The Veterans of Foreign Wars, Citrus Heights Post #5991, Cdr. Charles Thomas. Invited speakers are Supervisor Citrus Heights Mayor James Shelby, Citrus Heights Police Chief Christopher W. Boyd and the Citrus Heights City Council Members. Others present will be Citrus

the Folsom Harmony Express and Kelly Gorton playing "Taps."

Order of Activities: 10:30 a.m.: Veterans assemble at

south end of cemetery. (Spanish-American War section) The Procession along the "Avenue of Flags"

11:00 a.m.: Memorial Service in the cemetery's gazebo with local leaders and performers.

How Do I Communicate With Someone Suffering From Memory Impairment?

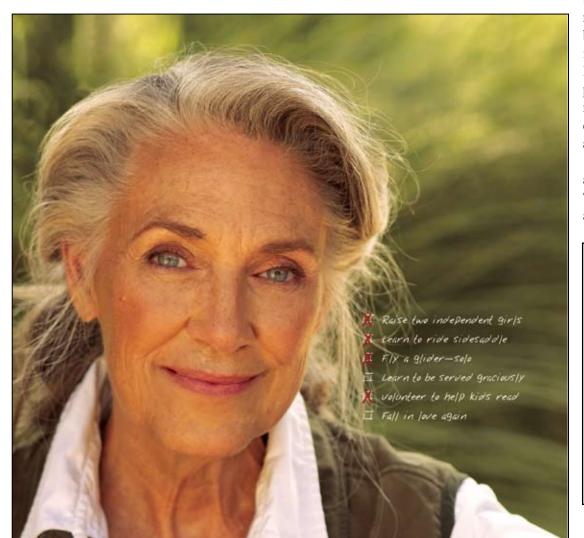
People with dementia may ask the same questions repeatedly, believing they have not asked before. For the memory impaired person, each time is the first time.

Reminders that he or she has already asked that question will not help and may serve to agitate the person. Your first motto should be: be kind, don't remind. Memory loss is not something you can control therefore, you should never

confront, correct or reason with someone who is suffering from impaired memory. Asking questions that depend on memory may only heighten their stress and yours. Compassionate communication is the key here, so keep it simple. Give short explanations and never provide several options in the same sentence. Validation is crucially important in preserving ones dignity and is a far kinder method than

correcting. Be patient, cheerful and reassuring and, no matter what, do not take it personally. То learn more about Aegis' nationally recognized program, dementia

"Life's Neighborhood TM", visit us at http://www.aegisliving.com/ or call Chris Schoonveld at Áegis Carmichael -916-972-1313 of



Laura on Life Recycling Judges



By Laura Snyder

Recycling has become a hot topic of late. Many people believe that we are using our planet's resources faster than it can replenish them. The obvious answer is to reuse those resources over and over.

It seems like common sense, but is amazing how much time and money is spent simply trying to convince our population to get on board with this world-wide project.

Our small town only recently began a recycling program where the trash man would pick up all recyclable material in the same bin. You don't have to separate it by type. This is good because I'm almost certain that I could not possibly fit five trash cans under my sink. I'd need one for every category: paper, plastic, glass, aluminum and non-recyclable trash. I'd have to hide them all over my kitchen. "Honey, where are we putting the aluminum cans this week?"



"Where do the glass jars go?"

- "The crisper drawer in the refrigerator."
- "Hmm...No fresh vegetables this week either, huh?"
- "I was thinking we could go out for dinner this week."

So, yeah, putting all the recyclable material in one bin is the best option. However, to my way of thinking, this means that there is somebody at the other end of the line that has to separate them by hand. It was okay when I thought a big machine and a couple of bulldozers were processing the recently acquired garbage, but now I had to think about that guy wading through my recyclables and judging whether they are worthy.

A paper plate is certainly recyclable, but what if that paper plate had peanut butter on it? As far as I know, peanut butter is not on the recycling list. So does the plate go in the recycling bin or not? If I toss it in there indiscriminately, is the recycling judge going to be calling me a moron in seven different languages? Perish the thought!

I'll simply wash my paper plate before I toss it in the recycle bin. This, of course, negates the purpose of paper plates, which is playing right into environmentalists'

plans. Why cut down trees in the first place if you're going to wash your paper plates anyway? I like trees as much as the next guy, but sometimes, I just don't want to wash dishes. In that argument, the tree loses.

Now, if we could engineer a tree that grew plates, we wouldn't have to cut it down. We could just go around picking plates off our trees and since they'd be organic, we could simply toss them in the garden when we're done eating... even if there was peanut butter on them.

I worry about things like whether the cap on the milk jug is the same kind of recyclable plastic as the jug. Can you recycle colored newspaper as well as black and white? If a glass jar has a paper label do you have to separate the two? Is used Kleenex recyclable?

If only I could simply leave it to the recycling judge to figure all that out. I want to be responsible and a good steward of the planet, as I suspect many people do. At the same time, I have an unhealthy empathy for the nameless recycling judge. I was taught that our actions can sometimes cause adverse consequences for other people and, apparently, the planet. I don't want to make the recycling judge's job even harder and I don't want him to think badly of me. So, like most people, I'll simply

do the best I can and hope that the recycling judge will understand.

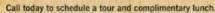
Laura Snyder is a nationally syndicated columnist, author & speaker. You can reach Laura at lsnyder@lauraonlife.com Or visit her website www.lauraonlife.com for more info.

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Sara Evans, country superstar and Red Cross Celebrity Cabinet member

Rancho Cordova Principal Wins \$1,000 Prize Donation from Horace Mann



(L-R) Leland Nunes, St. John Vianney School assistant vice president and annual fund chair; Horace Mann insurance agent Tom Ventura; and St. John Vianney School principal Julia Boen. Nunes said he plans to use the funds to update the school's computer labs.

Rancho Cordova - Horace Mann insurance agent Tom Ventura presented the prize donation to winner Julia Boen, a resident of Rancho Cordova and principal of St. John Vianney School, as part of the flag-raising ceremony on Monday November 2nd at the St. John Vianney School gym on Coloma Road in Rancho Cordova.

Boen claimed a \$500 prize for

herself, plus another \$500 to donate

to the St. John Vianney School.

The money comes from The Horace Mann Companies as part of its "Win \$ Win" Sweepstakes. The next "Win \$ Win" Sweepstakes will run from Jan. 4 to April 2010. Open to educators and other school employees across most of the United States, the next Sweepstakes will award a total of \$65,000. The prizes/donations will range from a grand prize/donation of \$20,000 to numerous prizes/ donations of \$2,000, \$1,000, and

\$500. Half of the total amount is given to the prizewinner, with the other half donated in the winner's name to one or more not-for-profit, education-related organizations.

To enter, an educator/school employee may receive a code from a Horace Mann agent during the contest time period. Or, an educator can get a code by following the directions and completing an online entry form as noted on the entry Web site at www.horacemann. (which also includes com complete rules and conditions). Horace Mann (Horace Mann Educators Corp. (NYSE: HMN) is the largest national multiline insurance company focusing on educators' financial needs. Horace Mann provides auto and homeowners insurance, retirement annuities, life insurance and other financial solutions. "Founded by Educators for Educators" in 1945, the company is headquartered Springfield, Ill. For more in information about the company, visit www.horacemann.com.

California Automobile Museum to Hold Docent Class



For anyone who's dreamed of owning and showing off a worldclass car collection - without having to wipe up the drips or check the tires - the California Automobile Museum's docent program might just be the answer.

The 25th Docent Training Class will begin on Thursday, January 7, 2010, at the Museum. They are seeking men and women interested in automobiles and their history who wish to become docents. Docents are volunteer teachers/ tour guides who interpret the Museum's story to people from around the globe; they are the Museum's personal outreach to its visitors. The California Automobile Museum's world-recognized docent course is a unique and enjoyable educational experience as well as an opportunity to get involved as a key volunteer in a fascinating Museum.

This21-weekprogramispresented by the docent training coordinator and taught by 45 subject-matter experts in automotive history, the world's many makes and makers of automobiles, and interpretation skills. These teachers will acquaint the class with the Museum and teach the history of the automobile, the early industry and its entrepreneurs, the cars in the Museum, the effects of the automobile on our lives and times, and how to present these topics to visitors of all

MUSEUN

ages. Also included are field trips to other automotive museums.

Extensive prior knowledge of cars isn't required, but candidates should enjoy working with people, have an interest in sharing automotive history, be at least 18 years old and able to donate two four-hour docent shifts monthly for two years following graduation. A \$95.00 fee covers the extensive course materials and a

year's Individual Membership in the California Vehicle Foundation, host organization to the California Automobile Museum. Scholarships may be requested.

The Museum contains a fascinating array of cars dating from the early 1900s to alternative power vehicles of the future, along with many exhibits illustrating automotive themes in American life. Being a docent is a wonderful opportunity to meet interesting people and talk cars and car lore. For further information call the California Automobile Museum at (916) 442-6802 or visit www.CalAutoMuseum.org.

The mission of the California Automobile Museum is to educate and entertain while preserving and promoting the automobile and its influence on our lives.

Specials for Veterans & Active Duty Personnel

(location in Gold River) **VETERANS AND ACTIVE** DUTY PERSONNEL EAT

FREE ON VETERANS DAY, Wednesday, November 11, 2009 Valid Veteran and Active Duty

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 - Current Leave And Earning Statement (LES)
 - Veterans Organization Card
 - (i.e. American Legion And VFW)
 - Photograph In Uniform
 - Wearing Uniform
 - Available during business hours on November 11, 2009 at

participating Applebee's only. Dine-in from limited menu only. Beverages and gratuity not included. Veterans and active duty military simply show proof of military service. To inquire about participating

Applebee's Restaurants call 888-592-7753. http://www.applebees. com/vetsday/default.aspx

Energy Efficiently Heating Your Home: Free Workshop

Date:

Saturday, November 14, 2009 9 a.m. - 12 p.m. Time: SMUD Customer Location: Service Center 6301 S Street, Rubicon Meeting Room, Sacramento, CA **Ouestions:** Contact: Paul Gillaspy – pgillas@smud.org

SMUD energy specialists will explain and demonstrate how to optimize a home's comfort and energy efficiency during the colder months of the year. This class will include information on caulking, weather stripping, windowcoveringsandinsulation. Attendees will also learn about HVAC (heating, ventilation and

air-conditioning) replacement options, related energy code requirements and techniques to improve furnace efficiency.

The workshop is free. Class size is limited and pre-registration is required. Customers can register online at smud.org, e-mail etcmail@ smud.org, or call 916-732-6738.

Wall of Honor Event Nov. 7



Carmichael Recreation and Park District invites you to join us in Honoring Our Fallen Heroes Last year the Carmichael Recreation and Park District opened its newest park Patriots Park at 6827 Palm

Avenue, Fair Oaks, CA 95628 off Dewey Drive. Patriots Park offers the latest in park design features. Included in the park is a "Wall of Honor" to provide a lasting monument to residents of the District who

gave their life while serving their country or community. Patriots' Park Wall of Honor Tribute

Saturday November 7, 2009 at 10 am

2009 Nominees include

Spc. James Edward Schlottman Sgt. Brian E. Dunlap Sgt. Larry Morford Capt. Olin E. Gilbert. 2008 Nominees will also be recognized. For more information call (916) 485-5322 x24



What if your spouse dies today? Will you be on welfare tomorrow? Will you lose the house? What will you do next What if I brought you a check for half a million dollars? Would that help - at least a little bit - for a while?

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Commercialize Our Community Parks or NOT?

As a community, do we want a private "retail sales" business in our community park(s)? Who should decide, the community of Orangevale or Orangevale Recreation and Park District, a public agency that is publicly funded, and publicly owned, and which was created only for our recreational needs? Should private individuals be able to make a living, from having their commercial "retail sales" business, located within a community park? Is it in the public interest to have a disc golf pro shop in Orangevale Community Park for the following reasons; Such a facility will improve and expand recreational opportunities within Orangevale Community Park, will provide an additional revenue stream to park district to help support it's park and recreational

programs, and will provide additional recreational instructional services to members of the public? Seven years ago, the Board of

Directors for Orangevale Recreation and Park District, decided by a 4/5 vote, that it was in the public interest to lease park district property, to private third party individuals, so they could locate their disc golf pro shop in Orangevale Community Park, where there has been a preexisting disc golf course, since 1983.

What if the park district and the business owners, misrepresented the reasons and or the purposes, for which the disc golf pro shop, was wanted, and or, to be allowed in the community park? When it comes to a community park, which is the park district responsible to, the disc golf pro shop, their disc golf club, park users, or the citizens, constituents and property tax payers of Orangevale? What if the Board of Directors, for this special independent recreation and park district, did not have "statutory power" to lease and or rent park district property to private third parties, for an "additional revenue stream" for the park district, what then would you say?

As a citizen of Orangevale for 42 years, and a constituent, these are important issues to me, and I would very much like to know if these issues are important to you as well? We have two legal options as constituents of this special district, (a recall and an initiative petition) to prevent and stop this special park district from "commercializing" our community park(s). Sincerely,

Terry Benedict

Veterans to be Honored by Memory Day Care Program

Local seniors are invited to a VeteransDaycelebrationat2p.m. on Wednesday, November 11th at The Club Carmichael Park, the memory day care program of the Chateau at Carmichael Park Retirement Community. Featuring Major Horvath National Guard, of the will also include the event recognition of Veterans in attendance, "Patriotic Music by Julian" and refreshments.



The community is located at 7125 Fair Oaks Blvd. at Grant Avenue adjacent Carmichael Park. to Those interested in

attending should RSVP to Program Director Linda Zisko at (916) 482-2850. For directions or additional information about the Chateau at Carmichael Park, call (916) 481-7105. The community offers remarkably affordable, high quality independent living as well as memory care, including the memory day care offered by The Club.

Hope vs. Appeasement

By Dr. R.B.A. Di Muccio

In his inaugural address, President Barack Obama reached out to the world's rogue leaders, telling them, "We will extend a hand if you are willing to unclench your fist."

No doubt, this sentiment and the worldview that underlies it have endeared President Obama to some. including the Nobel Committee. But it has also exposed his administration to charges of "appeasement."

That, of course, is a very strong term. What does it really mean? And does it really apply here?

Unfortunately, appeasement has become a loaded and misused concept, going back to historians' efforts to understand British policy toward Germany in the 1930s. Today, the "appeaser" claim is often just lazy shorthand for policies judged to be insufficiently resolute. This is not only unfair, but it has contributed to the very dilution of the term. So, it's important to clarify what appeasement is and is not.

Appeasement is not just any "weak" approach to any type of international actor. It is also not the pursuit of so-called "reciprocal influence strategies" between actors that share "mutual interest and mutual respect." Both types of approaches to foreign relations certainly exist and happen all the time. But both are distortions of what appeasement really is. The former emanates from the tired hawkish refrain already mentioned. The latter coincides with the rise of neoliberal political science and ideology. The neoliberals twisted themselves into tautological knots to divine a rational reason for Neville Chamberlain's stubborn accommodation of German aggression. But the "Munich" analogy has become appeasement's exemplar precisely because it was neither a randomly irresolute response to the German threat, nor an attempt to use reciprocity to influence a like-minded fellow player. What it actually was is very instructive. In reality, appeasement is a unique

form of international relations that displays three necessary ingredients: The first is a rogue actor that

seeks to upset a given status quo.

This actor does not accept as legitimate existing power structures or prevailing norms, as these are the very root causes of the actor's dissatisfaction. The second is a central status quo actor that views the rogue actor's grievances as legitimate and its aims as rationally limited. Finally, the status quo actor believes that the rogue actor's "limited" aims must be disposed accommodation of through concession, rather than or through direct confrontation. Needless to say, foreign policy is an incredibly complex phenomenon not easily reduced to simplistic characterizations. Nevertheless, rarely since the 1930s have these

core traits of appeasement more fully come to life than in the Obama administration, or more specifically in its handling of Iran. Consider:

We have the perfect rogue actor in Iran, which is clearly an anti-status quo state, not least in terms of its obvious taunting of the nuclear non-proliferation regime. We have a classic foil in the Obama administration, which has repeatedly suggested that Iran's grievances have been partly caused by the West's own actions and which has stated time and time again that Iran's desire for "peaceful" nuclear technology is "legitimate." Finally, the conciliatory farce that culminated in direct negotiations last month in Switzerland was only the most recent manifestation of the administration's belief that Iran can be "incentivized" out of its nuclear-weapons ambitions.

The unmistakable reality that will eventually confront President Obama is that Iran's successive demands are simply links in a chain at the end of which is the very overthrow of the status quo. The Iranian regime has indicated repeatedly that its nuclear aims are not limited; and this means by definition that its aims are not legitimate. It seems that only the Obama administration has not becomeaware of these truths already.

Moreover, the Iran example shows that while the appeasement of rogue states is counterproductive in principle, it has the added windfall of sometimes being utterly immoral

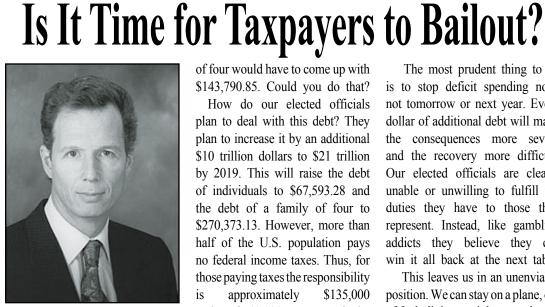
in practice. All at once, appeasement rewards recalcitrant actors for their bad behavior while guaranteeing the abject sell-out of oppressed groups within the rogue state. We saw this play out in sharp relief with the Obama administration's wholesale abandonment of the Iranian pro-democracy movement. To be fair, Obama is not the

first modern president to engage in bona fide appeasement. Both Bill Clinton and George W. Bush used essentially an all "carrot" and no "stick" approach to dealing with North Korea, causing an unending cycle of successively more dangerous crises in the process. Incredibly, Obama appears to be doubling down on this approach.

President Obama's inaugural flourish has turned out to be the exact opposite of his actual strategy for dealing with the world's tyrants. Rather than first establishing that rogue actors have unclenched their fists, the Obama administration first extends its hand in the hope that the bothersome players will somehow see the light and fall into line. Unfortunately, these overtures are being made to precisely the sorts of actors that are perfectly built to be emboldened by them. As a result, we know in advance what the tragic outcome will be.

It may have been Obama's talk of "hope" that won over the Nobel Committee. But hope cannot be the strategic underpinning of U.S. foreign policy, any more than it should have been the lynchpin of Neville Chamberlain's approach to dealing with Hitler or of successive U.S. administrations in handling Pyongyang. Today, as then, the stakes are far too high.

Dr. R.B.A. Di Muccio is a guest commentator for The Center for Vision & Values at Grove City College. A former assistant professor and chair of the international relations program in the Political Science Department at the University of Florida, he is now vice president of research for a global business advisory firm. He received his Ph.D. in international relations from the University of Southern California.



by Robert L. Hale

Are the doom-and-gloom stories of the next crisis about to change life "as we've know it" ever going to cease? Not likely. These crises -- global warming, global cooling, foodshortages, the population boom, and more -- generally benefit their promoters. In the end, the predicted disasters rarely materialize. At least, not the disasters we have been told will befall us. More often than not, change brings substantial benefits to virtually everyone.

This column is not an attempt to strike fear of some new crisis. Its intent is to inform readers what our elected federal officials have done and are doing with our earnings and our financial future.

The Mid-Session Review -Budget of the U.S. Government - Fiscal year 2010 is hardly bedtime reading. But it is sobering. The U.S. taxpayers (you and me) are more than \$11 trillion dollars in debt. The number is so huge most people cannot comprehend it and simply ignore it.

To understand the enormity of the numbers, it is helpful to think of a dollar as one second. A million seconds is 11.57 days. A billion seconds is 31.71 years. A trillion seconds is 31,709.79 years. To pay off today's federal debt, each person in the U.S. would have to plunk down \$35,947.71. A family

of four would have to come up with \$143,790.85. Could you do that?

How do our elected officials plan to deal with this debt? They plan to increase it by an additional \$10 trillion dollars to \$21 trillion by 2019. This will raise the debt of individuals to \$67,593.28 and the debt of a family of four to \$270,373.13. However, more than half of the U.S. population pays no federal income taxes. Thus, for those paying taxes the responsibility \$135,000 approximately is \$540,000, respectively. and Prudence would lead a rational

person to stop increasing debt and reduce it. Instead, our elected officials are proposing to almost double our debt over the next 10 years. In 2009, interest on the federal debt will be \$173 billion. Projected interest on the debt in 2019 is \$829 billion! Official projected individual

income tax collections for 2019 are \$2,114 trillion -- more than double the \$904 billion projected for 2009. In 2019, almost half of individual income tax collections will be needed to pay interest on the debt, up from less than 20 percent today.

These figures assume voters do not put a stop to this irresponsible deficit spending. They also assume there are countries willing to continue lending to a country spending far beyond its means. Those that have money generally do not lend to spendthrifts and irresponsible borrowers.

Eventually, the pool of available money will dry up. That day may have arrived, and if not today, it will be soon. What are the consequences?

No company and no country is too large to fail. Those who disagree need only to look back -- GM, AIG, Enron, Washington Mutual, and the host of entities no longer with us. Nor are the Greek, Roman, Egyptian, Prussian, Ottoman, or Spanish empires with us.

The most prudent thing to do is to stop deficit spending now, not tomorrow or next year. Every dollar of additional debt will make the consequences more severe and the recovery more difficult. Our elected officials are clearly unable or unwilling to fulfill the duties they have to those they represent. Instead, like gambling addicts they believe they can win it all back at the next table.

This leaves us in an unenviable position. We can stay on a plane, out of fuel, diving straight to earth, and hope it will defy the laws of gravity. Or we can put on a parachute and get off. The first option provides no chance of survival. The second does.

In political terms, it is time for responsible citizens to take back control of the country. It is time to stop deficit spending and live within our means. This requires budgeting to pay off the debt and discarding all programs that require borrowed money to fund. It takes discipline and responsible leadership -something our elected officials lack.

Those who disagree need to explain how an \$11-trillion dollar debt with plans to increase it another \$10 trillion shows discipline or leadership. It does not take a rocket scientist to figure out that one does not pay off debt by doubling it. Where does government get money? Only from taxpayers. Think about it.

If we continue to incur debt and fail to control spending, say a prayer and prepare for the crash.

Robert L. Hale received his J.D. in law from Gonzaga University Law School in Spokane, Washington. He is founder and director of a nonprofit public interest law firm. For more than three decades, he has been involved in drafting proposed laws and counseling elected officials in ways to remove burdensome and unnecessary rules and regulations.

November Is Pulmonary Hypertension Awareness Month

Pulmonary (PH) Awareness Month.

(NAPSA) - November is the lungs, which can result Hypertension in an enlarged heart. Many PH Association at www. suffer from the disease PH is high blood pressure in but are not diagnosed.

To learn more, visit the phassociation.org.





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Eagle Scouts: Young Men Serving Their Community



Pictured are: Sam Bair, Aaron McGhie, Dallin Johnson, Nick Albano. Not pictured: Logan Crosby

Reaching the rank of Eagle in the Boy Scouts of America is a long process. Only 2% of all boys who start in scouting actually reach the rank of Eagle. Various skills and occupations are introduced to the scouts as they earn Merit Badges. At least 21 Merit Badges must be earned by every boy who wishes to be an Eagle Scout. But the crowning experience is one of leadership. Each boy must select a challenging project that shows his leadership as he directs and completes a service for his community. Sunday, September 20, 2009, The Church of Jesus Christ of Latter-Day Saints and Troop 366 proudly announced five new Eagle Scouts: Nick Albano and Sam Bair of Orangevale, Logan Crosby, Aaron McGhie, and Dallin Johnson of Folsom, California. Nick Albano, son of Anthony and Cristine Albano, graduated from Bella Vista High School and is currently working and attending Sierra College. To

complete his trail to the rank Eagle, Nick organized, of supervised and participated in building and installing four benches to be used at the disc golf area of the Orangevale Park.

Sam Bair, 16, is the last of six boys in the Ron and Mary Bair family to earn the rank of Eagle Scout. Sam worked with Chaplain Clay Anstead of the U.S. Army to provide gifts to the children of Iraqi detainees at Camp Bucca, Iraq. Sam collected donations of hygiene kits, stuffed animals and school supplies from the Folsom/Orangevale communities and mailed them to Iraq. These donations were well received and distributed by the US military bringing good public relations to the next generation. The son of Christopher and Tana Crosby, Logan, is a graduate

of Folsom High School and is currently attending LDS Business College in Salt Lake City. Logan's Eagle project served bicycle enthusiasts on the Folsom

Bike Trail by identifying the streets that intersect with it. He stenciled the names of the streets onto the pavement. This helps the bicyclists know where they are in relationship to the main streets in the area. Logan showed leadership in directing this project with help from his fellow scouts and friends. Jerry and Elaine McGhie's son,

Aaron, attends Sierra College. For his Eagle project Aaron planned and directed the building of retaining walls and a split-rail fence at each end of Humbug Willow Creek Trail Bridge in Folsom. He managed a crew of 15 people. While enhancing the beauty of the area, this project also increases safety for people using the trail.

Dallin Johnson, son of Paul and Debby Johnson, is a senior at Vista Del Lago High School in Folsom. While competing in swim meets at the Lembi Aquatic Center, Dallin was bothered by the lack of a flag pole to fly the flag during the National Anthem. He set out to solve this problem. He raised money for the project with the help of military veteran groups in Folsom and the Folsom swim teams. Once he had the money and building permits, he organized teams of people to put the pole in place. An impressive dedication ceremony was held with full color guard observed by 500 youth, parents and local dignitaries. Five young men, Eagle Scouts, showing service to their community world-wide, can be proud of their achievement.



ROCK DOC By Dr. E. Kirsten Peters

This year is the 400th birthday of science and engineering. It's an occasion worth noting and giving thanks for because each day those twin disciplines improve the lives of billions of people around the world. (Beyond that, science and engineering are awfully fun, so their total effect is sort of like combining doing good all around the planet with the pure joys of playing chess.)

The game all got started in 1609 when a number of people in different parts of Europe started to put two glass lenses together in a new way. One lens was concave (depression going into the lens), one convex (domed outward from the lens). If you join the two by a leather tube, you have a simple telescope – a device made by at least 1609 in the Netherlands and likely in several other countries around the same time.

Galileo Galilei jumped into the telescope game with both feet as soon as the new device turned up - which doubtless contributes to the false notion that he invented the device entirely on his own. He didn't invent the telescope, but he did most certainly see the important applications to which the "best" telescope of the day could be turned - a device about as powerful as a cheap telescope

New Eyes and New Ideas

Christmas today. With that as a starting place, Galileo went to work making night observations of the moon, the stars, and the planets. His progress was rapid, and the implications of his findings launched the scientific revolution and the modern era – the centuries that are marked by us 'geeks' shaping so much of the way humans live.

The key to the whole transformation we're celebrating on this 400 anniversary was to look outward at physical evidence to answer a question, rather than looking back at tradition or looking inward to revelation to settle disputes. With his telescope, Galileo

demonstrated quickly that the moon was not a perfect, spherical body as the ancients had thought, a nicely smooth bowling-ball left over from the first moments of creation. It was a complex planetoid, with highlands, dark lowlands and major craters crisscrossed by little craters - everything that made it "imperfect" to people of 1609, just like the Earth itself.

It was as if perfection itself has fallen to the ground, and old traditions died with the crash.

More remarkably still, even the Sun was found to be imperfect. The brightest, seemingly most pure body in the sky was round enough, but it had moving blemishes, spots right on its face!

The foundations of the ancient way of looking at the universe crumbled, nevertoberevived again.

Galileo also soon made observations of Venus, the planet so bright it's easy to pick out in the sky before the Sun has even fully set some evenings. He

I'd give a grade-schooler for showed that Venus waxes and wanes a bit like the moon as seen from the Earth. That was a crucial observation about the solar system, because tradition and the Church taught that all bodies in the sky revolve around Earth. Galileo's diagrams of how Venus waxed and waned like the moon made it clear that Venus was not revolving around Earth, but was, indeed, revolving around the Sun. (A nice diagram of the waxing and waning of Venus that Galileo saw is available along the right-hand margin of http://en.wikipedia. org/wiki/Galileo_Galilei. You can see it all in the sky, too, if you'd care to verify the evidence in the modern scientific spirit.)

Galileo also looked at Jupiter in the night sky – which his telescope revealed had bodies orbiting around it. Again, the visual evidence made it clear that the Earth was not the center of the solar system.

Galileo, to be sure, stood on the shoulders of others. Copernicus was one obvious giant who had come before him. Good work always depends on a network of earlier efforts. But it's also true a crucial corner was turned in 1609, and nothing has been the same afterward. Let's make a heck of a

big birthday cake – with 400 miniature telescopes on top of it.

Dr. E. Kirsten Peters is a native of the rural Northwest, but was trained as a geologist at Princeton and Harvard. Questions about science or energy for future Rock Docs can be sent to epeters@ wsu.edu. This column is a service of the College of Sciences at Washington State University.



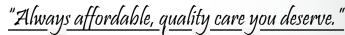


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Crocker Holiday Art and Craft Festival November 27-29 at Scottish Rite Center **Regional artists and** craftspeople provide unique gifts for holiday shopping list

More than 95 regional artists and craftspeople will offer their unique gift items during the Crocker Art Museum's Holiday Art & Craft Festival at the Scottish Rite Center, located across from the main entrance of California State University, Sacramento, at 6151 H Street. Visitors will support the Crocker and local artists while they shop for everyone on their holiday list with an array of gift items and price ranges.

The artist's creations for sale include jewelry, ceramics, paintings, gourmet food, a variety of unique holiday items and more. You can also capture the holiday season by having photos taken with a Victorian Santa Claus in the front lobby. Attendees will also enjoy free parking and a café by Ambrosia Catering. Running from November 27-29, festival admission is free to Crocker members, \$6 for adults and \$3 for seniors, students and children. The Holiday Art & Craft Festival is open Friday 1-7 p.m., Saturday 10 a.m.-5 p.m. and Sunday 10 a.m.-4 p.m. The event is presented by the Crocker Art Museum the Creative Arts and League of Sacramento.



California State Indian Museum Hosts Special Holiday Arts & Crafts Fair

Sacramento - Exquisite handcrafted basketry, pottery, beaded and silver jewelry, unique dolls and other treasures made by talented artisans from all over California will be on display and available as part of the annual "California Indian Arts & Crafts Fair" scheduled for Friday, November 27 & Saturday, November 28 from 10 a.m. to 5 p.m. indoors at the California State Indian Museum. Just in time for the holidays, this much-anticipated arts and crafts fair provides visitors the

chance to shop for unique holiday gifts, decorated gourds, ornaments and other hand-made treasures in addition to learning more about the California Indian culture and meeting talented artists and crafters from all over the state.

Located on the grounds of Sutter's Fort State Historic Park, this event is free with admission to the California State Indian Museum: \$3 for adults (18 & over), \$2 for youths (ages 6-17) and free for children five and under.

Join Santa on Holiday Steam Trains at Railtown 1897 State Historic Park

Santa is taking some time out of his busy schedule to make special appearances at Railtown this holiday season. Steam-powered trains with Santa aboard will operate over the three-day Thanksgiving Weekend plus Saturday and Sunday, December 19 & 20.

New this year --Santa's Starlight Express

On one night only, Saturday, November 28th at 5:30 PM, bundle up and join Santa and his musical friends for a lighted Christmas train. This special train, filled with the music and magic of Christmas, will get you in the holiday spirit as you ride along in the lighted train, caroling as you go.

Tickets are \$19 for adults, \$9 for youth, and free for children 5 and under traveling with an adult. (Advanced tickets are recommended for all riders, as space is limited. Reservations can be made by calling 209-984-3953).

Santa by Daylight

Steam-powered Santa's Express Trains also continue this year during daylight hours, on November 27th, 28th, & 29th, and December 19th & 20th. Trains run each day at 11, 12, 1, 2 & 3pm. Santa will be on board to greet visitors, and will be accompanied by Railtown's Roving Fiddler, Dave Rainwater. Ticket

prices are \$13 for adults, \$6 for youth, and free for children 5 and under. Tickets are available at the depot.

Toy Train Central

The Depot Store at Railtown has a wide selection of toy trains and train related books and gifts for the train fans young and old. Open everyday except Thanksgiving, Christmas and New Years.

Operated by California State Parks with assistance from the nonprofit California State Railroad Museum Foundation, Railtown 1897 State Historic Park offers year-round tours plus train rides weekends April-October (selected dates only November-December). Known as "The Movie Railroad," the Park and its trains have been featured in hundreds of feature films, TV shows, and commercials. The Park is located at the corner of Fifth and Reservoir in Jamestown, reached by highways 49/108. Open daily except Thanksgiving, Christmas, and New Year's Day, the Park's operating hours vary by season: April-October, 9:30 a.m.-4:30 p.m.; November-March, 10 a.m.-3 p.m. For more information, call Railtown 1897 State Historic Park at (209) 984-3953, or visit our Web site at www.railtown1897.org



worldwide. publications

Do I need pre-paid legal? Dear Dave,

Do you have an opinion on whether or not pre-paid legal is a product worth purchasing? - Anika

Dear Anika.

radio

I'mnotmadaboutpre-paidlegal. But a lot of folks who recommend and advocate it don't like me very much, because I tell people it's a bad idea. Here's why: Pre-paid legal will cost you about \$300 a year. If you take \$300 a year, and multiply that out over 10 years, you're looking at \$3,000. The truth is that the average American consumer doesn't spend \$3,000 on legal bills in this amount of time.

Lots of people will tell you that you miss out on tons of opportunities by not having a lawyer ready to jump into things. That's a bunch of garbage! Once in a great while you may need the services of an attorney, but think about this: If the average person spent \$3,000 or more over the course of 10 years on legal bills, while pre-paid legal took \$3,000 from each of these people, pre-paid legal would go broke, wouldn't it? They'd be handing out more in legal services than they receive in fees!

On average, you'll come out better if you self-insure by having a good emergency fund in place. That way, you'll have the money to pay for legal services should the need arise. And part of the reason

you'll have the money in place is because you didn't give it to someone else-like pre-paid legal! - Dave

Obtaining the deed

Dear Dave,

We live in Missouri, and we just paid off our mortgage in July. Do we have to contact the mortgage company to get the deed? - Karen

Dear Karen,

It can vary depending on where you live, but I believe Missouri is a Deed of Trust and note state. The deed of trust is the lien against your house, and the mortgage company is supposed to file a release at the courthouse for that Deed of Trust. Next, they should send you a copy, but it's not unusual for things like this to take three or four months.

They'll also send you the original note you signed at closing. This should have "paid in full" stamped or written across it in big, bold letters. That note becomes your property. If they didn't signify that the deal is done, you should write "paid in full" on the front yourself, and keep it in a very safe file forever. The original note is the documentation that you owed money, and the Deed of Trust contains the lien against your house. Typically, they will also send you a copy of the release of lien on the Deed of Trust. Just understand that most mortgage companies move slowly. But don't be afraid to start

rattling a few cages if Christmas rolls around and you still haven't heard from these guys!

- Dave

*Please visit www.davesays.org for more financial advice.



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Dave Ramsey is a personal money management expert, popular national personality and the author of three New York Times

bestsellers – The Total Money Makeover, Financial Peace Revisited and More Than Enough. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age,

and give generously to others. Ramsey offers life-changing financial advice as host of a nationally syndicated radio program, "The Dave Ramsey Show," which is heard by nearly four million listeners each week on more than 350 radio stations throughout United States. His the syndicated column, "Dave Says," can be read in more than 270 print and online

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by Pastor Ray Dare

Once you become a believer, God uses everything that happens in your life. God doesn't cause everything, but God will use everything that happens to you to help grow you. "For those who love God everything that happens fits into a pattern for good. For God...chose us to bear the family likeness of his Son...." Romans 8:28-29 (Ph). One of the most common ways God grows you is through problems.

How do you know if you are growing spiritually? You learn to trust God through difficulty. You trust God in spite of the circumstances; in spite of what you see. You don't demand explanations, because there are some things that we will never understand on this side of eternity. In the Bible, there's a book called Job. It's all about one thing: Will a person continue to trust God if



he loses everything...If everything goes wrong in his life? Job's answer was a resounding, "Yes!" But allow me to make this personal - do you? Do you trust God when things go wrong in your life? There's a story in the Bible about the disciples of Christ going through a terrible storm. After Jesus calmed the storm He turned to His disciples and asked, "Don't you have faith in me yet?" Mark 4:40. The fact is you will go through difficulty in life. Things aren't going to go right. You may lose a job, your marriage, your health, your dream or direction. But will you continue to trust God in spite of the circumstances?

That's what spiritual maturity and faith really is: Facing the facts without getting discouraged by them. Faith is not the absence of problems or pretending that everything's great when it's not. Faith is facing the facts without losing your confidence in God. This is the ultimate test of spiritual maturity. Part of that trust is realizing the fact that God doesn't always deliver you from difficulties but He grows you through them.

God has a purpose behind every problem. "For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all." 2 Corinthians 4:17. He uses circumstances to develop our character. In fact, God dependsoncircumstancestomoldus into Christ-likeness even more that the Bible, because we experience circumstances 24 hours a day. Even if you read your Bible an hour a day, it would still leave 23 hours of circumstances for God to use.

Life is a school and problems are the curriculum. Every time you solve one problem, another one is waiting to take its place. Not all of them are big, but all are significant in God's growth process for you. If you are facing trouble right now, don't ask, "Why?" Ask "What?" Not "Why me?" Instead ask, "What Lord are you trying to teach me?" Then trust God and keep on doing what's right. Never give up - but allow God to grow you up!

See you Sunday, Pastor Ray New Community Christian Church www.YourNewChurch.org



by Marlys Johnsen Norris

It is so natural for an intellectual person to question whether Jesus was truly the Son of God when they have only casually heard about Him. Possibly their early environment as a young person was so centered on "education" or "having fun" and there was nothing more important to their family.

It is not uncommon for people to omit teaching their children about the One who created them. It even happens in nominal Christian homes. Unfortunately this guidance is absolutely off balance, the scales are tipped in only one direction when only one aspect of life is taught. God's dynamic is full of absolutes and truth--He desires everyone to learn.

Life consists of body, mind and spirit and when one area is neglected

a person has an important missing element that actually gives life a sense of purpose and meaning. God created mankind with a "void" only He is capable of filling. Not until His Spirit is invited in and His Spirit resides within a persons life does that person experience living in the will of God foreordained for every life. This is when an exciting new journey begins that will bless a life abundantly as they follow obediently His precepts.

Miraculous deliverance, changes and transformation is experienced by this person. The power of God's Spirit enables this one to find victory over the flesh. No longer is this life focused on self and selfishness but on serving God who has proven His unconditional love when the Son of God, Jesus Christ ransomed His life to reconcile mankind back into the graces of His Heavenly Father. A willing and obedient Son, His purpose was to come to earth and be born in a human baby, lived, taught, and then died as the sacrificial Lamb of God. Then He was miraculously resurrected proving His deity. His death purchased the gift of eternal life to those who will come to Him for He alone is the door

through which one may oneday enter their heavenly home forever.

Marlys Johnsen Norris

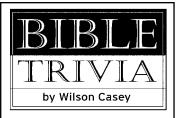
Who Is Jesus?

Marlys5934@sbcglobal.net "Intimacy Begins Going God's Way"

"God Moves Mountains, It was a Miracle"

"Recipes for a Happier Marriage" "Defining Moments"

"Messages for the Searching Soul".



1. Is the book of Joseph in the Old or New Testament or neither? 2. From Proverbs 22, what is fool-

ishness bound in the heart of? Wicked, Poor, Child, Foolish 3. Who led the Israelites over the River Jordan? *Moses, Joshua, Aaron,*

Elijah 4. Which Psalm begins, "O God, thou art my God"? *60, 63, 74, 117* 5. What was the name of Samson's father? *Noah, Manoah, Jesse, Levi* 6. Who wrote the book of Proverbs?

Jude, Moses, Solomon, Isaac ANSWERS: 1) Neither; 2) Child; 3) Joshua;; 4) 63; 5) Manoah; 6) Solomon

Wilson Casey's new book, "Firsts: Origins of Everyday Things That Changed the World," is available from Alpha/Penguin publishing. © 2009 King Features Synd., Inc



"Wait for the Lord and keep his way." Psalm 37:7

"May I take your order?" "Hold on." He pulls the phone away from his mouth. "Yeah, I'll have a Combo 5."

"Please pull up to the window." He drives forward, still talking on his cell. "The car ahead of me is taking forever." "It'll be a minute for the fries, sir."

"And they call this fast food?" he sulks to his friend. "Here's your order. Thanks for waiting. "Can you believe it - that almost three minutes!" took We want what we want when we want it. Microwave ovens are unbearably slow. Even high speed

LIVING FOR GOD (TM) "I Want It Now!" by Calvin and Lisa Wulf

waiting in line for a cup of coffee seems like forever. We all know that the righteous live by speed alone.

Patience is not a virtue in our hurry-up society. But what good is eternity if we only live for the moment? God must have quite a sense of humor to put heaven in our hearts and self-will in our heads. What was he thinking?

Let's all say this together: "I am not the center of the universe." When we put our own self-will first, God can't be in the primary position. It's a scientific principle. Two things can't occupy the same space. Maybe it's time to replace self-will with self-control. Living for God (TM) offers resources You know, God actually does run the universe on his own schedule them out at www.livingforgod. and his perfect will triumphs every time. So when we declare that we simply must have something right now, are we issuing a

downloads take too long. Just challenge? Perhaps we need to be still and know that he is God. So do this the next time you want it now:

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lasts a lot longer than right this minute.

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on Christian living. Check net, http://blog.livingforgod. net or call (719) 578-8837. Copyright 2009 Calvin R. Wulf and Lisa Are Wulf



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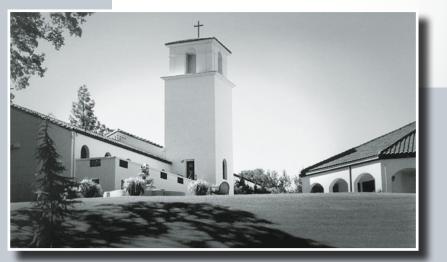
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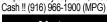
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Prayers & Novenas

THANKSGIVING NOVENA TO ST. JUDE O Holy Saint Jude, apostle and martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need. To you I have recourse from the depth of my heart and humbly beg to whom God has given so great power to come to my assistance.

Help me in my present and urgent petition, in return I promise to make your name known and cause you to be invoked. Saint Jude pray for us all who invoked your aid. Amen.

Say three Our Fathers, three hail Marys and Glorias. Publication must be promised. This novena has never been known to fail.

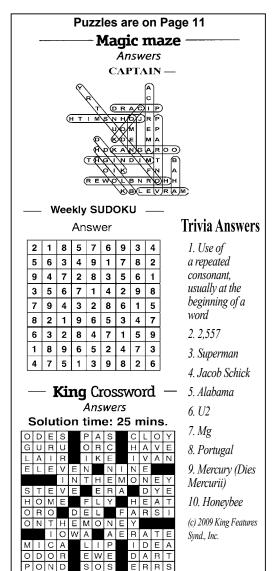
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Of industry

Von Trapp

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Kidd

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Nemo

Midnight

Computer Club

Meeting

The Mission Oaks Computer Club will meet on November

12. 2009 from 1:00 PM to

3:00 PM at the Mission Oaks

Community Center, 4701 Gibbons Drive, Carmichael,

CA. Microsoft rep Jeffrey Asis

will provide an introduction to Windows 7, Microsoft's next

Windows operating system. A problem solving clinic,

led by Adam Lacey of

Applications, Etc, will follow the meeting. First-time visitors

are welcome. For additional information call (916) 366-1687

or visit our website at www.

missionoakscomputerclub.org

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SMUD Customer

Saturday, November 14, 2009

6301 S Street, Rubicon Meeting

Gillaspy – pgillas@smud.org SMUD energy specialists will

explain and demonstrate how to optimize a home's comfort

and energy efficiency during the colder months of the year. This

class will include information

on caulking, weather stripping,

window coverings and insulation. Attendees will also learn about

HVAC (heating, ventilation and

options, related energy code

requirements and techniques

to improve furnace efficiency.

Class size is limited and

pre-registration is required. Customers can register online

at smud.org, e-mail etcmail@ smud.org, or call 916-732-6738.

Genealogical

Association of

Sacramento Meeting

of Sacramento will meet 1pm November 18, 2009 at the Belle

Coolidge Library, 5600 South

Land Park Dr, Sacramento.

own Carol Byers talking

about solving our Brick Wall

problems. We also will be

Our Speaker will be our

The Genealogical Association

workshop is free.

replacement

air-conditioning)

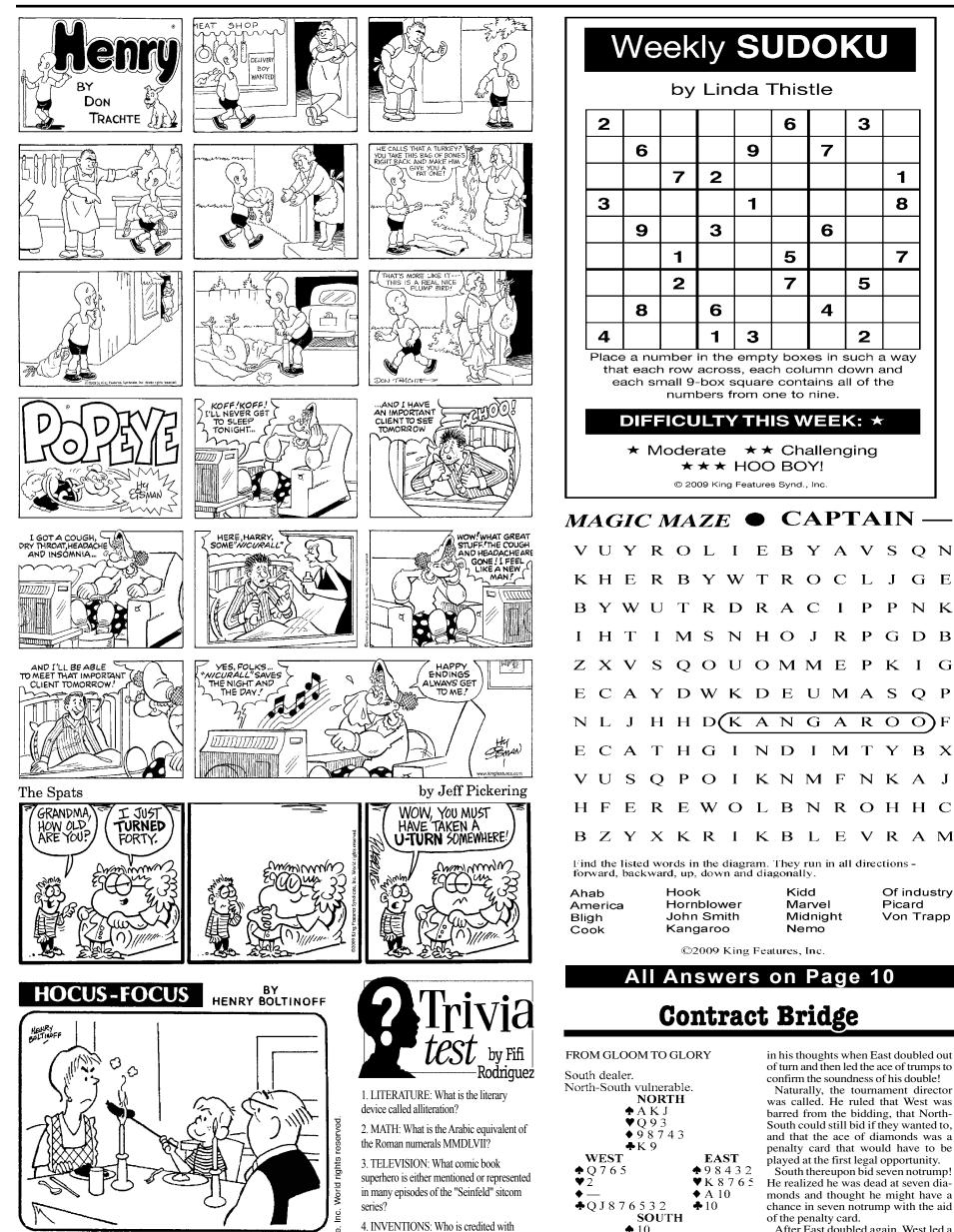
The

Room, Sacramento, CA **Ouestions:** Contact: Paul

Date:

Time:

Location: Service Center



Find at least six differences in details between panels.



is different. 6. Man's nose is larger. 3. Left candlestick is taller. 4. Picture is moved. 5. Earring Differences: 1. Apron is different. 2. Spoon is missing.

inventing the electric razor?

5. MOVIES: What was Forrest Gump's home state?

6. MUSIC: What rock group performed the song "Pride (In the Name of Love)"?

King Features

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7. CHEMISTRY: What is the symbol for the element magnesium?

8. GEOGRAPHY: What modern European country was called Lusitania in Roman times?

9. LANGUAGE: In Latin names for the days of the week, what planet is represented by Wednesday?

10. ANIMAL WORLD: Which insect can sting only once?

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1

WE	ST	E.	AST
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♥2		♥ K	8765
♦		♦ A	10
♣QJ	87653	2 🕴 👫 10)
	SOU	JTH	
	• 10		
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	♦ K O	J652	
	♣A 4		
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South	West	North	East
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1 🔶

3♥

6 ♦

ast Pass Pass Pass

This deal occurred during the national championships in Phoenix in 1962. At one table the bidding went as shown. West's four-notrump bid was conventional and asked partner to bid either clubs or spades.

East obliged with five spades, which West raised to six after South bid six diamonds. When this came around to South, he decided to chance seven diamonds.

At this point, West was considering the possibility of sacrificing at seven spades, but he had not gotten very far

by Steve Becker

Crossword

played at the first legal opportunity South thereupon bid seven notrump! He realized he was dead at seven diamonds and thought he might have a chance in seven notrump with the aid of the penalty card.

in his thoughts when East doubled out

of turn and then led the ace of trumps to

Naturally, the tournament director

was called. He ruled that West was

barred from the bidding, that North-

South could still bid if they wanted to,

and that the ace of diamonds was a

penalty card that would have to be

confirm the soundness of his double!

After East doubled again, West led a spade. Declarer finessed the jack, led the nine of hearts, which held, and continued with the queen. East covered, and South cashed the A-J-10. Declarer was hoping against hope that East would show out of hearts and thus be forced to discard the ace of diamonds, but he had no such luck.

South next played a club to the king and cashed the A-K of spades, but East continued to follow suit.

Finally, in desperation, South played a club to the ace, ready to concede the rest of the tricks for down four (which would have been -1,100). But South's last chance now came home to roost when East turned out to have no more clubs! East had no choice but to discard the ace of diamonds on the ace of clubs, so South made the doubled grand slam to score 2,490 points!

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"sharing" new or interesting happenings in our searching. There could be more information regarding the arrangements with Central Library regarding our (GAS) collection of books housed there. Do try to attend as there is NO meeting in December. Visitors are always welcome at the meeting.

Just Like Cats & Dogs



by Dave T. Phipp

King Crossword

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18				19			20	21				
			22			23					24	25
26	27	28				29				30		
31					32				33			
34				35				36				
37			38				39				1	
		40					41			42	43	44
45	46				47	48			49			
50					51				52			
53					54				55			

ACROSS

- Rhyming
- tributes - de deux
- 5 8 Satiate
- 12 Mentor
- 13 Killer whale
- 14 Possess
- 15 Hideaway 16 Harry's
- successor
- 17 Terrible fellow?
- 18 Football team
- 20 Baseball
- team 22 Placing first,
- second, or third
- 26 Jobs in

29 Mound stat 30 Decorate Easter eggs 31 Dorothy's

KING

- destination
- 32 Soar 33 Warmth
- 34 Acapulco
- gold? 35 Benicio
- Toro 36 Language of
- Iran
- 37 Exactly right 40 "The Music
- Man" locale
- 41 Make bubbly 45 Isinglass
- 47 Back talk 49 Concept
- technology?

51 Lamb's mama 52 Pub missile

50 Stench

- 53 Frogs
 - hangout
- 54 "Mayday!" 55 Messes up

DOWN

- 1 Look
- lecherously 2 Two-way
- 3 One of
- HOMES
- 4 Last
 - 5 Hunting
 - dogs do it
 - "Evan 6
 - Almighty"

- construction 7 8 Pants material 9 Pale purple 10 Eggs 11 Longing
- 19 Compass
 - dir.
- 21 "- Little
- Teapot" 23 Greeting
- 24 Nestling

beast

26 "Scat!"

- hawk
- 25 Himalayan
 - 46 Altar
 - Jima

32 Cows and Landscapes sows 33 Rural outing 35 Morning moisture

- 36 Doctor's due
- 38 Stockpile
 - 39 Scruffs

Answers on Page 10

- 42 Hebrew
- month
- 43 Yukon, for ex.
- 44 Corrodes
- 45 Swab the
 - deck
- affirmative
- 48
- 27 Ripped 28 Smiley in an e-mail, e.g.



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Sacrificing Drinking Water for "Clean" Energy

By Chris Hedges

With coal and oil decried as dirty and blamed for global warming, natural gas is being touted as clean and green by industry and the Obama administration Even the New York Times is onboard, proclaiming that new drilling technologies for extracting natural gas from formerly inaccessible shale bedrock may vastly "expand global supplies." But reports from across America are painting a different picture. This August in Pavillion, Wyoming, federal investigators found drinking water wells contaminated with highly toxic chemicals used by the new natural gas drilling processes. In September in Dimmick, Pennsylvania an 8,000-gallon gas drilling wastewater spill caused a major fish kill in Stephens Creek. And this month in Dish, Texas gas drilling was identified as the cause of carcinogenic and neurotoxic air pollution emissions violating state standards.

These events and others serve as a warning to communities being courted by the fossil fuel industry as it gears up to tap natural gas shale reserves in up to 31 states using new technologies horizontal drilling and high-volume hydraulic fracturing, or fracking.

At the top of the list is New York state, where a just released Department of Environmental Conservation Supplemental Generic Environmental Impact Statement is viewed by many as giving a green light to drill thousands of fracking wells in a vast swath reaching from the

Catskills west to Lake Erie. groundwater. The rest is stored in "The industry is calling the Southern Tier of New York state the Saudi Arabia of natural gas," says Wes Gillingham. program director of the Catskill Mountainkeeper environmental group. "But this region is also the Saudi Arabia for clean drinking water," serving New York City, Philadelphia, western New Jersey and Delaware. Irreversible contamination of that watershed's underground aquifer, he says, would be catastrophic, destroying the drinking water

for fourteen million people. But the oil industry wants the trillions of cubic feet of natural gas locked under the Marcellus Shale that runs across New York, through Pennsylvania into Ohio and West Virginia. It takes 3 to 5 million gallons of water per well to drill down through the shale to the natural gas using the hydraulic fracturing, or fracking, process. The water is mixed with resincoated sand and a cocktail of hazardous chemicals, including hydrochloric acid, biocides and benzene to facilitate the fracturing of the shale to extract the gas.

The toxic brew is injected with extreme force deep within the earth. The drilling is vertical for the first 5,000 to 7,000 feet. Then new technology, developed by Halliburton, allows drills abruptly turn sideways to propelling toxic chemicals and sand horizontally for half a mile. The sand holds open the fissures created, and the gas flows to the surface in steel casings. Much of the toxic water used

to extract the natural gas is left underground, and could seep into



huge open pits or tanks that dot the landscape at drilling sites, awaiting vast fleets of trucks to transport it to already overworked wastewater treatment facilities. Fully developed natural gas fields can include thousands of well pads, surrounded by megacomplexes of compressors, condensate pools, tanks, and mazes of feeder pipelines.

"Living with this type of infrastructure and development is difficult to imagine ... You can feel and hear the compressor engines roaring," says Kathy Chruscielski, a citizen activist with the Texas Oil & Gas Accountability Project. "It's like living next to a 24 hour truck stop. Homeowners suddenly find themselves next door to an industrial zone with very little recourse at the federal and state levels."

Such drilling has already poisoned wells, and threatened property values, in western Pennsylvania, Colorado, Alabama, Arkansas, New Mexico, Kansas, Montana, Virginia, Washington, West Virginia and Wyoming. Farm animals that have drunk the toxic mixture leeching from drilling sites have died. Colorado cattle ranchers report that livestock raised near wells have been victim to falling birthrates and deformed offspring, while anecdotal reports of increased human cancers near wells are increasing.

The natural gas companies insist that the millions of gallons of poisoned water left underground or stored in open pits pose no threat to watersheds. Let us hope they are right. The truth is, no one knows.

"What'samazingisthatwenever seem to learn," says Gillingham. "Whether it is PCBs or DDT, we always embrace these new technologies without invoking the precautionary principle."

The natural gas companies, however, are taking no such risk. Their lobbyists ensured that the industry be exempted by Congress in the Energy Policy Act of 2005 from complying with the Clean Water Act and Safe Drinking Water Act. So today, there is no federal oversight over horizontal drilling and fracking, and wholly inadequate state oversight. Meanwhile, the toxic fracking formulas used by the drilling companies are secret, and not released to the public. We are simply told to trust the natural gas industry, as we were told to trust Wall Street.



Official FBI Surveillance Photo

U.S. Bank branch located inside the Safeway grocery store at 4040 Manzanita Avenue in Carmichael was robbed by a middle aged woman wearing a black trench coat and clear eyeglasses. Making no attempt to conceal her identity the woman walked into the bank and

Carmichael - Last week the tossed a note to one of the tellers demanding money. Although no weapon was observed the note indicated the robber had a gun and would use it if necessary. The teller put money in a large black leather type purse the robber had placed on the counter. The robber then grabbed the purse

and fled the store. The suspect is described as a white female with brown hair, 54 to 58 years old, around 5-foot-7 to 5-foot-8, and weighing 200 pounds. The robbery occurred on October 28, 2009, at 3:37 in the afternoon. This case is being investigated by the Sacramento Violent Crimes Task Force (SVCTF), comprised of FBI agents and Sacramento County Sheriff's Department Robbery Detectives. Anyone with information regarding this robbery is asked to contact the FBI in Sacramento at (916) 481-9110, the Sacramento Sheriff's Department at (916) 874-5115 or Crime Alert at (916) 443-HELP. Callers can remain anonymous and may be eligible for a reward of up to \$1,000.00. go to www.HistoricalSeaport.org



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Pulitzer Prize winning investigative journalist Chris Hedges has spent nearly three decades as a journalist, working for The New York Times, National Public Radio and The Dallas Morning News. He lives in Princeton, NJ.

Miss / Teen Citrus Heights Scholarship Pageant Miss \$1000.00 ~ Teen \$500.00 November 13th ~ Rusch Park We welcome Fair Oaks and Orangevale contestants! **Other Titles available** Applications available at: **City of Citrus Heights**

Citrus Heights Chamber of Commerce Rusch Park

Director: Mary Purvis, 721-3824

FALL 2009





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Malcolm Archer Requiem Works by Vaughan Williams, Sir Hubert Parry, Stanford

Soloists: Alison Reid, Soprano Daniel Yoder, Baritone Organist: Stephen Janzen



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Leadership, Past & Present



Keynote speaker LCDR Ted Robinson

Sacramento - Keynote speakers LCDR Ted Robinson, United States Navy retired; Author, Speaker, WWII PT Boat & LST Veteran, and CAPT J. J. O'Connor, Commanding Officer United States Coast Guard Air Station Sacramento spoke on the topic of Leadership, Past & Present, the timeless value and critical importance of the wise application of sound leadership principals necessary to ensure mission success at a recent SeaPower luncheon held at Lions Gate Conference Center in Sacramento.

LCDR Robinson and Captain O'Connor shared their vivid and in some cases harrowing life



by David Dickstein **Family Films**



A Christmas Carol **Opens** Nov. 6, rated G toystory.com

Charles Dickens' yuletide classic has had more remakes than a leftover Christmas ham Now it's Jim Carrey's turn to play the heartless miser who does a 180 after a tough-love lesson from four ghosts on Christmas Eve. In common with the 2004 Tom Hanks film "Polar Express" besides the holiday theme are their director (Robert Zemeckis), a star who plays several roles and the use of performance capture animation. Hopefully the humans won't look as freaky.

experiences as they illustrate the importance and unique Leadership challenges of service to our country. in Sea Service youth organizations sponsored by the Sacramento Council; the Navy Sea Cadets Corps, and the Navy & Marine Corps Junior ROTC units, also were recognized during the event. Those in attendance viewed first hand the many interesting activities and achievements of these organizations. Men and women in the active and reserve military along with civic, service, and veteran organizations were in attendance. As the Radar Officer of the lead boat in the attack LCDR

Ted Robinson is probably the best living person to know what happened that fateful night of August 1-2, 1943 when John F. Kennedy's boat was rammed by a Japanese destroyer. He was also one of some 12 men that went in on the boat that rescued JFK, and was the first to talk to him and his crew as to what happened during and after the ramming. One month later Robinson lost his boat and shared a tent with JFK during his recovery. Ted has witnessed and experienced the testing of leadership under the most difficult circumstances and has a perspective few can offer on the subject of Leadership. Prior to assuming command of CoastGuardAirStationSacramento Captain O'Connor was assigned to the 7th Coast Guard District, Miami, FL where he served as the Chief of Incident Management, responsible for Search and Rescue Operations involving four Coast Guard air stations; managed pollution response operations in an area spanning 1.8 million square miles; and operational oversight of the 7th District's command center managing over 10,000 Search and Rescue and Law Enforcement cases annually. Captain O'Connor has experienced firsthand what it take to lead large and diverse organizations and manage complex operations successfully.

Films and DVDs for the Whole Family

Facebook users. Inspired by Shakespeare's "Romeo and Juliet" and early CGI films

The Fantastic Mr. Fox Opens Nov. 25, rated G fantasticmrfoxmovie.com

George Clooney, Meryl Streep, Cate Blanchett and Bill Murray are heard, but not seen in this animated comedy pitting a fox and his furry friends against angry farmers tired of sharing their chickens. Much of the film focuses on an elaborate hen heist, and with Cloonev in the title role expect an animated based on Pixar's high standards, this animated feature follows a 78-year-old curmudgeon who wants solitude so badly that he ties thousands of balloons to his house in hopes of floating to the wilds of South America. What's supposed to be a solo flight for Carl Fredricksen (voiced by Ed Asner) gets upended by an 8-yearold boy. Except for a touching opening sequence of Carl and his soul mate growing old together, the family adventure lacks the magic and brilliance of its Pixar-Disney predecessors. Grade: B+

The Happy Breed

Spirit, is a member of the "happy breed," the Petit Basset Griffon Vendeen. The PBGV's are French rabbit hounds that are still used for hunting today in their homeland. Spirit, a five year, thirty-two

pound female is a very happy PBGV owned by Pam & Doug

La Vallee of El Dorado County. She is an AKC Champion and Canine Good Citizen as well as a therapy dog. Noted for riding her skate board, and asking for belly rubs, but she can also do parlor tricks like roll over, spin and high 5.

The PBGV's, one of the many



varieties of the French hounds, is of ancient origin. The breed can be traced to the sixteenth century and to the Griffon Vendeen, it's larger, more powerful ancestor.

The name in French means much about the breed: Petitsmall;Basset-low to the ground; Griffon-rough or wire coated; and Vendeen - the area of France which they originated.

Spirit has recently been invited to audition for a movie called "Doggie Boogie, Get your Grr On" in Oakland.

Their web site is: www.pbgvpal.com

Kay Burton is a longtime columnist and supporter of the SSPCA and other rescue groups. To share your family pet story with our readers, email:kayburton1@comcast.net



At the American River Messenger, we know how hard our communities are struggling to survive one of the most difficult economic periods in our history. So to help out, we have begun providing enhanced employment content from the most-respected career and employment resource in Northern California: JobJournal.com

We're partnering with the Job Journal's award-winning website to bring you comprehensive information on employment opportunities, job-search strategies, career planning, upcoming job fairs, and workplace issues for Northern California jobseekers. Click on the help you need to find rewarding work and fulfilling careers, keep up to date with the latest employment trends, and follow news items that reveal the hidden job market.







Planet 51 Opens Nov. 20, rated PG www.planet51.com

galactic This animated adventure-comedy has man the alien creatures playing this time, much to the surprise American astronaut of an (voiced by Dwayne "The Rock" Johnson). Attached is groundbreaking computerа animated generated short, "Live Music," created by 51 animators whose segments were voted in by thousands of

"Ocean's 11." homage to

Old Dogs Opens Nov. 25, rated PG disney.go.com/disneypictures/ olddogs

Suddenly placed in charge of 6-year-old twins he hadn't even known existed, bachelor Dan (Robin Williams) needs the help of his best friend, business partner and happily single (John Travolta) on the verge of the biggest deal of their lives. Sparks fly.



Family Home Entertainment

Up (ages 5-adult, released Nov. 10, rated PG): Merely average

Christmas Story (ages 4-12, released Nov. 3, rated PG): Sure to be confused with the classic "A Christmas Story," this similarly titled live-action feature was the top-grossing Finnish film of 2007. If that's not enough reason to rush out and buy – ho ho ho – the story is delightful, recounting the unique and amazing journey of Santa Claus on his way to becoming the Santa that the world knows and loves. Grade: A

Snow White and the Seven Dwarfs (ages 4-8, released Nov. 24, rated G): The gorgeous Bluray disc of Disney's first animated feature bowed last month, and now comes a nearly-spectacular re-issue (first since 2001) for those of you still watching on standard DVD. Either way, Snow, the wicked queen and those monodimensional miners have never looked better. Grade: A+

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Turn Your Home into a Cabin Retreat



Adding a fire pit to your backyard can be a great escape.

(NewsUSA) - Vacation. Every year, millions of Americans take planes, trains and automobiles to escape to their favorite whether destinations, it's for relaxation, adventure or something in between. But if a dream vacation is not in your budget, consider other options. Each year, DIY Network gives one lucky winner their very own state-of-the-art vacation retreat that is designed by the viewers. Online, viewers vote on the many different phases of each home project, then watch as construction is documented

in TV's only interactive home-

building series, Blog Cabin. Locations for the three cabins thus far include mountain-side retreats and lakefront getaways everything encompass that about a vacation destination. If you are not lucky enough to win the Blog Cabin, there are several ways to incorporate some of the cabin's design elements into your home to experience the relaxation or adventure and create a destination of your own while investing in your home: * Take it outside. More than ever, homeowners are expanding their living space to the outdoors. Whether you add

a fire pit or an entire outdoor kitchen to the backyard, the space will inspire gatherings and a break from the norm. * Upgrade your landscaping. Replicate your favorite vacation spot by trying to mimic its vegetation. If you like the tropics, plant lots of lush, brightly colored plants. Add a tiki bar to the design, and you'll never want to leave home again. * Create a sanctuary for the man of the house. Build him a man cave, a man-only zone in the house where only he has decorative input. Transform the basement, the garage or even the attic into a place where he can play without interruption from his wife or kids. The women of the house will benefit from the man cave by enjoying the rest of the house without interference from the guvs. * Get the kids outside by building them a tree fort or play house. Get them involved in the design, and have it reflect their interests and hobbies. Once it's built, let the kids direct you in how they would like it to be furnished.

For more information on DIY Network's Blog Cabin or ideas on creating a home retreat, visit www.diynetwork.com.

A Fragile Economy Can Mean New Career Opportunities (NewsUSA) - Thinking of a career change? Job opportunities are shifting, and now may be a good time to consider a change. But a new career may mean continuing your education. Consider improving your skill set and future career opportunity bygettingabachelor's ormaster's degree in your chosen field. Working adults can earn degrees at accredited, high-quality

universities online -- a great way

to balance your work and family life while learning a new skill. If making the career leap, consider the transition to a job in a high-growth sector. According to the Bureau of Labor Statistics, growth is expected to be strong for post-secondary teachers through 2016 as well as computer and engineering jobs, and jobs in management. There is expected growth in the transportation and warehouse industry and for aircraft equipment mechanics and service technicians. Homeland security also

continues to be a growth sector for new jobs. According to



The job market is always changing. It is important to make sure you have the skills to stay competitive.

a report from the Homeland Security Research Corporation for 2007-2011, the U.S. Homeland Security market will grow from about \$24 billion in 2006 to \$35 billion by 2011.

All of these industries require skilled and experienced workers. The first step in obtaining those skills is to get a degree in your

chosen field. American Public University(www.studyatapu. com), for example, has accredited online bachelor's and master's degree programs in Education, Information Technology, Transportation and Logistics as well as a well-respected program Homeland Security. in APU's tuition is a fraction of what most "brick and mortar" schools offer, with undergraduate tuition at \$750 per course and graduate tuition at \$825 per course. APU has not raised its undergraduate tuition in eight years, so students can be assured tuition won't drastically increase during their tenure. An

undergraduate book grant also helps students get books at no cost -- one more way to save money and still get a great education. some research Do on accredited, affordable and respected online universities. Earning a degree can be your next step to a brighter future.

Turn Back the Clock on Water Waste in Sacramento

Sacramento (October 30, 2009) - Daylight savings time ends in the United States on Sunday, Nov. 1 when clocks are set back one hour at 2:00 a.m. local daylight time, which becomes 1:00 a.m. local standard time. With the rainy season just getting underway, California American Water is launching a public awareness campaign to remind local residents to turn their sprinklers off - a simple step that can be done when you turn the clock back – to protect the environment while saving water and money during the winter months.

Irrigation experts encourage outdoor water users to reduce their irrigation run times and frequencies during the fall and early winter.

Shorter days mean less sun - and your plants need less water."

According to Soule, water company employees spot residents and businesses with their sprinklers running while it's raining every year. "Not only do we see it happening, we see bills with hundreds or even thousands of gallons of daily water use, and when folks are using that much water in December or January, there's only one likely explanation," Soule said. "Sprinklers running in the winter account for a tremendous amount of water waste." "We want our metered

customers to know they can avoid high water bills by controlling their outdoor use," Soule said.

and air from reaching plant inviting roots, unwanted diseases such as root rot. If there is a long break between rains, California American Water recommends manually watering landscape with a hose and a lowflow hose nozzle. One way to test if soil needs watering is by pushing a screwdriver into the ground. If it goes in easily, the soil is moist and doesn't need water.

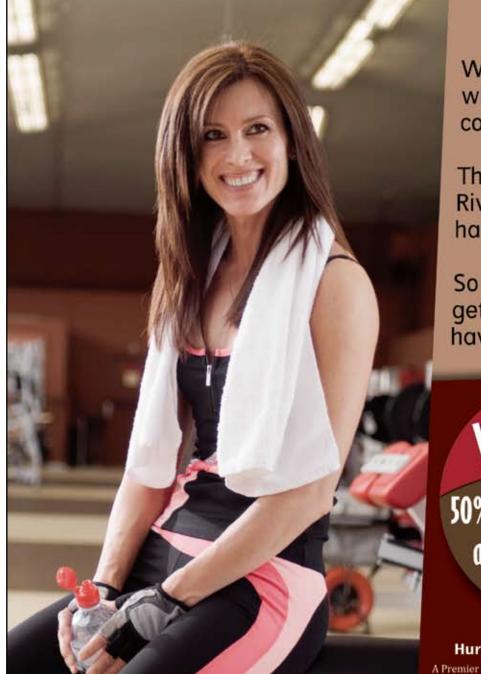
Customers can also sign up for a Water Wise home or business water survey, where a company conservation specialist will go out to the residence and conduct a comprehensive water audit for free. The representative will check the property for leaks and other areas of potential water savings and provide the customer with an in-depth report on their water usage in addition to providing tips on things they can do to save water. Customers can visit the website, www. californiaamwater.com or call our conservation hotline at (916) 568-4201 for more information.



Many of us continue to irrigate more than we need in September, October and November," said California American Water general manager Andy Soule. "When compared to the peak water needs of June and July, outdoor water use in November should be reduced by 60 to 75 percent.

"It's good for their pocketbooks" and good for the environment."

In fact, it's also good for home landscaping. Too much water can be more damaging to plants than drought. Landscaping experts estimate that 90 percent of plants killed die from overwatering. Soggy soil can prevent nutrients



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