

AMERICAN RIVER

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Volume 4 Issue 19

Serving Citrus Heights, Fair Oaks, Carmichael, Orangevale & Gold River

First Edition for October 2009

County Announces Online Building Permit Services

Contractors can now apply and pay for permits, schedule inspections, check status online

Sacramento County has launched a new service designed to make the building permit process easier for contractors and residents. The web-based software, Accela Citizen Access™ provides users the ability to submit, pay for, and track the status of their permit applications online at anytime.

The service provides real-time, direct access to permits via the Internet, 24 hours a day - seven days a week. Citizens, licensed contractors and businesses can apply and pay for permits, schedule necessary inspections, check the status of a permit or inspection, provide detailed comments for the inspector and print an approved permit

directly from the Internet.

Visit <http://www.bldginspection.org/> and click **Online Services on the left.**

“We understand that people expect to do business online, and we hope to continue to expand these online services,” said Steve Pedretti, Director of Sacramento County Engineering. “We also know that time is money for professional contractors who juggle numerous projects and need instant access to the status of their projects. Adding online self-services to our existing public counter operations will help us serve our customers better.”

By providing basic information including the

location of the project, approximate job value, and contractor’s license, permits for projects in the unincorporated County can be purchased using MasterCard, Discover and American Express. Payments on all permits in the County system, such as sewer and water permits, can be made regardless of jurisdiction.

“Regional governments from coast to coast are being challenged as never before,” noted Maury Blackman, CEO and President of Accela. “The most successful agencies will be those that reinvented their approaches and embraced new strategies. Sacramento County is embracing a private-sector approach: everyone wins when customers are empowered.”

County Recognizes Eateries with Best Health Inspection Record



Supervisor Susan Peters with Mark Brooks and Debbie Mahnke of Mark & Monica's Pizza in Carmichael

Carmichael - In recognition of September’s National Food Safety Education Month, several restaurants were recognized for outstanding food safety practices at a Sacramento County Board of Supervisors meeting on September 15. These businesses were selected by the Environmental Management Department to represent nearly 700 restaurants that earned an Award of Excellence in Food Safety certificate countywide.

To qualify for the award, a food-service operation must

not have any major food-safety violations in its three most recent health inspections. Inspections are unannounced and completed up to three times a year. EMD inspects approximately 5,500 restaurants, retail markets, bakeries, bars and schools for food safety compliance annually.

Mark and Monica’s Family Pizza, a family-run business located at 4751 Manzanita Ave, Carmichael, and Save Mart Supermarket, 2501 Fair Oaks Blvd, were chosen to represent Supervisor Susan Peters’ district.

Peters presented the certificates to Mark and Monica’s owner Mark Brooks, manager Debbie Mahnke, and Save Mart’s manager John Martin. In 2008, Kung Fu Fat’s (CSUS), 6000 J Street, was the honoree.

Among the 700 food facilities countywide earning a certificate were Whole Foods Market on Arden Way, Honey Baked Ham on Fulton Ave., Madison Station Café on Madison Ave., Village Drive-In on J Street, and Cupcake Cravings on Arden Way.

EMD director Val Siebal said the award recipients have clearly demonstrated a continuous commitment to high standards of food safety in their establishments. “The Environmental Management Department recognizes the hard work and diligence of employees and management to earn this award,” says Siebal.

Is your favorite food facility a 2009 Award of Excellence for Food Safety recipient? You can view a listing of all award recipients and learn more about the award criteria at www.emd.SacCounty.net/EH/EMDFoodSafetyAwards.htm.

Orangevale’s Relay For Life A Great Success!



One of the many enthusiastic Orangevale Relay for Life Teams of 2009 - Photo from Anne Hively

By Anne Hively

Orangevale - The American Cancer Society’s Relay For Life is about a community taking up the fight against cancer, and the Orangevale community came out in full force. Twenty-one Relay teams (10-24 participants per team), many generous business sponsors, over fifty local cancer survivors, local families, friends and neighbors came out in support of this amazing 24-hour cancer walkathon September 19-20. Extraordinary fundraising efforts surpassed the \$55,000 goal set by this year’s Relay Committee. At the Closing Ceremony Sunday morning Event Chair, Lorraine Silvera, and Event Co-Chair, Linda Valtman, shared the exciting news that Orangevale’s third Relay for Life had raised over \$60,000 to fund cancer research and education, patient services, and advocacy.

Local cancer survivors received a “royal welcome” at the Survivors’ Hospitality Tent. They were given a purple survivor’s T-shirt and a gift bag full of surprises. They also enjoyed a complimentary breakfast, lunch and dinner donated by Walmart, Karen’s Bakery and O’Connors Santa Maria BBQ & Grill. Following tradition, survivors were invited to walk the first lap of the Relay as their families and Relay teams cheered them on. Upon completing their “victory lap” survivors were presented with survivor medallions before walking a second lap with their caregivers.

There were activities and rewards for everyone who attended: uplifting ceremonies, live entertainment, great food,

exciting raffle prizes, spirited team competitions and theme laps, and a fun Kids Camp. Energized by the lively and inspiring atmosphere, many participants walked throughout the night, for cancer never sleeps. Those who camped overnight were treated to free pizza, karaoke, movies, black light volleyball and a free breakfast the next morning.

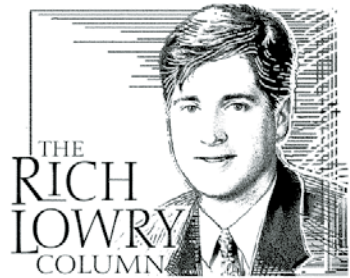
Relay For Life is a celebration of life, survival and hope. At the very uplifting and inspiring Opening Ceremony Saturday morning, U.C. Davis Med Center’s “miracle boy”, Justin King, and his loving mother, Mary, shared Justin’s miraculous story of survival against all odds. At age 27 doctors found a tumor the size of a football silently growing in his stomach and diagnosed it as Non Hodgkin’s Lymphoma. Within months the aggressive cancer spread throughout his body: lymph glands, stomach, abdomen, colon, intestines, and finally into his spine and brain. In spite of trying several experimental treatments and drug trials, Justin finally ran out of options and was sent home. Never underestimate the power of prayer and the fighting will to live. The King family was blessed with a miracle, for Justin’s brain cancer soon disappeared. As a result he was finally eligible for a new type of cancer treatment, a stem cell transplant, which gave Justin back his life. Cancer free for five years, Justin is “living proof” that great strides are being made in the fight against cancer.

The Orangevale community joined Relay teams for the beautiful Luminaria Ceremony of Remembrance Saturday night, an opportunity to remember

and honor loved ones who have fought cancer and perhaps lost the battle. Following an inspirational program that included Dawn Oliphant’s emotional story of a mother’s loss of her son to cancer, a bag piper playing “Amazing Grace” led participants around the luminaria-lit track. As participants walked silently around the track, they gazed on hundreds and hundreds of candle-lit luminaria bags that had been personalized with a name, message and perhaps photo of a loved one who had battled cancer. On a hill next to the track luminaria bags spelling out “HOPE” reminded everyone that there is hope, that a community fundraiser can make a difference in the fight against this terrible disease.

At the inspiring Fight Back Ceremony Sunday morning, Rich Hale, a American Cancer Society “Hero of Hope”, told his own personal story of why he relays and why he has walked over 1000 miles in the past three years – to honor and remember his dear mother who recently died of colon cancer. In spite of having excellent medical insurance, she put off getting a colonoscopy until it was too late. Rich urged all of us to “fight back” by setting aside a 25th hour in at least 1 day of the month to continue fighting cancer all year long: volunteer to help a cancer patient, get preventative tests, advocate and yes, participate in next year’s Relay For Life of Orangevale. In a few short months planning meetings will begin for next year’s Relay. If you are interested in joining the dynamic planning committee, forming a team, or sponsoring our event, please contact Event

www.AmericanRiverMessenger.com



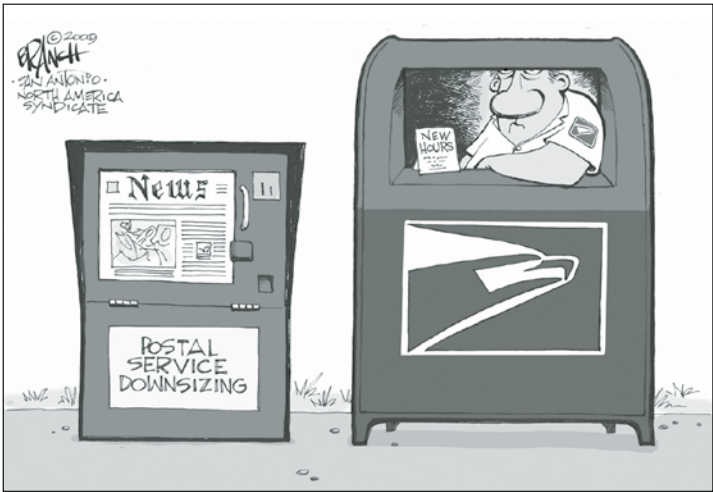
The Obama Snap-Back

A buzz-generating “Saturday Night Live” skit mocked President Barack Obama for not yet having accomplished anything. Not fair. Obama has been on a roll. In nine months, he has breathed life into the Republican Party, boosted pro-lifers, tarnished the reputation of regulation, bolstered traditional values, increased the public’s desire for immigration restriction and shifted independent voters rightward. If only RNC Chairman Michael Steele were so deadly effective. No, Obama hasn’t, as once promised, turned back the oceans. Maybe if he gets a second term. Nonetheless, revivifying conservatism almost before books announcing its death could be published qualifies as a feat almost as miraculous. Obama’s liberal grandiosity has reminded people why they tend to be conservative, something they wanted to forget during the last four years of the Bush administration. Gallup’s surveys in recent months are a long catalog of the Obama snap-back. Fifty-three percent of Americans want government to promote traditional values -- “a return to the prevailing view from 1993 through 2004.” Half of Americans want less immigration -- “a return to the attitudes that prevailed in the first few years after 9/11.” Forty percent of Americans describe themselves as conservative -- “a level last seen in 2004.” Fifty-one percent of Americans call themselves pro-life-- “a significant shift from a year ago.” It all explains the Obama administration’s rush to push sweeping legislation. The fall from grace of George W. Bush coupled with the financial crisis, created a golden hour for American liberalism. The public’s attitudes shifted left, and anything -- a New New Deal! a Greater Great

Society! -- seemed possible. Now, public opinion is returning to its natural state, and the Democrats are left in a race against the clock. They want to pass, by roughly yesterday, a health-care program that won’t take effect until 2013. The fact that the program is unpopular (53 percent oppose it, and 33 support it, according to the latest Fox News poll) only makes its swift passage more imperative. Hurry, before the window closes entirely. Obama and the Democrats have even managed to snap-back attitudes toward regulation. In the wake of the financial crisis, a Michael Moore documentary trashing capitalism would have seemed superfluous. But TARP, the auto bailouts and the \$787 billion stimulus have soured people on government more. According to Gallup, 57 percent of Americans say government is trying to do too many things best left to the private sector. More Americans (45 percent) say there is too much business regulation rather than too little (24 percent). It’s the worst showing for regulation ever in a Gallup survey. “However, a March 1981 Los Angeles Times poll using this question wording recorded a 54 percent ‘too much’ level,” Gallup explains. “This was just after Ronald Reagan took office, and may have reflected Reagan’s emphasis during the 1980 presidential campaign on the need to reduce government involvement in American society.” When Obama suggested he wanted to be another Reagan, surely this wasn’t what he had in mind. But for now, he’s the right’s best community organizer.

Rich Lowry is editor of the National Review and co-author of the new spy thriller “Banquo’s Ghosts.”

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You, Too, Should Care About What’s Happening to Journalism



by Lee Hamilton

extreme theories spread through the blogosphere all combine to influence the dialogue of democracy. You can find the crucial role that an independent media plays in a democracy in any basic journalism text. Unlike partisan commentators and bloggers, its first obligation is to the truth: to provide the basic information that a self-governing people relies on to make discerning judgments. This means that journalists have a heavy responsibility to check the facts and be accurate, since their fundamental role is to foster understanding of issues, players and government, not to stoke contempt or praise for them. The press helps make representative democracy work. If it does its job, it maintains a healthy skepticism of those in power — and of those who seek to defeat them at the ballot box. It should perform vital oversight not only of government, but also of the special interests that seek to influence it. It should provide a forum for public dialogue. It should report comprehensively on issues in a manner that does not reduce them to simple sound bites. And it should strive to help readers, listeners and viewers understand what is significant and what is not. Without a robust, independent and professionally competent media helping Americans understand our government and politics, and giving them the tools to make good judgments about them, our democracy will fail. This historic role of the press is under siege today. In part, of course, it’s being undermined by the sorry financial state that many newspapers and mainstream news programs find themselves in. But it is also being compromised

by the blurring that has taken place in recent years between news and opinion, and, more destructively, between news and entertainment. The media today is more anxious to comment on the news than it is to cover and report it. Hard news and reasoned analysis are foundering as the numbers of reporters shrink, Washington bureaus are slashed or abandoned altogether, and the space devoted to the basic informative aspects of journalism gives way to reporting about politics, polls, personalities and conflicts, rather than the substance of issues. And what has come to dominate the public’s attention instead? Feisty advocates for a particular point of view, belligerent personalities, and wordsmiths promoted for their cleverness and temerity. Television is a particular culprit here. Many interviewers on television now deem it a virtue to offer an avalanche of opinions and a trickle of facts, to prod for angry shouting matches, to exacerbate differences, and to book guests based on their partisanship, not their knowledge. It has reached the point where people attempting to be fair, reasoned and discriminating on many television shows either give up or find themselves in the awkward position of being marginalized. The political center may be alive and well among Americans on the ground, but it is very hard to find on the air — when, for instance, was the last time you saw a program on abortion that wasn’t all about the clash of pro-life and pro-choice advocates, rather than the more subtle views held by many Americans? Moreover, I am amazed at how much airtime is spent interviewing

pundits about their opinions, both informed and ill-informed, and how little time is spent investigating the facts or breaking stories not already covered in the print media. All of this, of course, concerns both responsible journalists and those they cover. The relationship between decision-makers and the journalists who report on them is symbiotic. Journalists need newsmakers, but they also rely on politicians with a deep understanding of a given issue to help them explain it to the broader public. Likewise, politicians and policy-makers rely on journalists to help build public understanding by reporting in depth on the substance of issues, not just the politics and the personalities. A world filled with partisan blogs and hyper-bloviating commentators can work to a politician’s advantage, giving him or her the ability to stoke public support by appealing only to the faithful. But the travails besetting journalism today are alarming to those of us who believe that democracy is not simply a matter of mobilizing the masses; it is instead about searching for common ground among competing interests on difficult issues and then painstakingly building support for compromise and reasoned solutions. All who believe in representative democracy must understand that what’s happening in journalism today has huge consequences for the quality and vitality of our republic.

Lee Hamilton is Director of the Center on Congress at Indiana University. He was a member of the U.S. House of Representatives for 34 years.

The Problem of the Prisoner’s Dilemma

by Courtney O’Brien

A classic game theory thought experiment is the problem of the prisoner’s dilemma. You separate two accomplices and give each the option of turning on each other in order to get a reduced sentence. In the end they always do and both lose. In the California version of this game it is the prisoners that go free and the public that loses. In early August, a three-judge panel of the U.S. 9th Circuit Court of Appeals ordered California to reduce its prison population by 40,000 inmates in the next two years. This is the largest federally mandated state prison reduction order ever forced over the objection of state officials. This blatant usurpation of states’ rights is not only unconstitutional, but dangerous to the public safety of Californians. The release order arose out of two lawsuits alleging that prison overcrowding was resulting in an overburdened health care system and the resulting poor care was a violation of prisoners’ constitutional

rights. However, the Prison Litigation Reform Act, which was enacted by Congress in 1996 as a means to protect states from frivolous prisoner lawsuits, made any federal release order, including population reduction, a “remedy of last resort.” Regardless, the court decided that health care reform had not been properly addressed—therefore a mandatory release order was the last resort. Yet the original act was never intended to have such broad interpretation to allow it to be used in such a way. The federal order not only demands the release of mass numbers of prisoners, it also recommends policy in which to “safely” do so. Policy such as “good time credits” which would release prisoners early based on credit obtained by participating in rehabilitative, education, or work programs. Other recommendations included shortening the length and limiting the use of parole, and reducing the arrest of technical parole violators. The federal court ignored the fact that similar recommendations and improvements

have already been made within the state. The California Senate and Assembly in the last few weeks have been scrambling to produce a plan that would decrease prison population in the time granted to them. Amidst fierce debate, the bodies have not produced reform that would adhere to the mandate and still keep Californians safe. Rather, Gov. Arnold Schwarzenegger recently asked the federal courts to delay the order and plans to file an appeal with the U.S. Supreme Court. If this fails, a dangerous precedent of the federal court dictating states’ public safety laws will be set. Across the country, Michigan is facing the potential closing of eight prisons and has declared seven jail overcrowding emergencies—will the federal court demand the early release of thousands of prisoners there as well? Ohio’s prisons are at 132 percent capacity, will the state have control over the fate of their corrections system? Effective policy is needed, but whose? The answer is explicit in the Tenth Amendment of the Constitution, which puts the power in the state’s hands.

But when a bully feels the power of victory once, they often search for others to attack on the playground. Speaking of playgrounds, the early release of 40,000 inmates means their return to almost every local community. The federal three-judge court believes that public safety will not be threatened because of the requirements, collection of good credits, that must be fulfilled before early release, and because the parole system will take on a “gradual increase” of cases to maintain accountability. But if California’s correction system is failing to even provide basic healthcare services why should the public trust that their “good credit” program will work? The mass release of inmates will also strain an already overburden parole/probation system. The court’s answer: that the effect will be “mitigated by the gradual release of prisoners” into the parole program. How is the release of 40,000 prisoners in two years, gradual? According to the California Department of Corrections and Rehabilitation, over half of those released on parole returned to prison for reoffending in 2008. An increase to the parole population of 32 percent over two years will not keep crime rates stagnant, and will certainly not reduce them. The classic game theory, prisoner’s dilemma, is designed to persuade players to make decisions that fail to produce the best possible outcome. If the federal court’s order is unsuccessfully challenged, a precedent will be set—and the game redesigned. Prison overcrowding in California has reached an impasse and new avenues must be pursued, but federal judges ordering the mass release of inmates from state prisons, tramples on the right of states to establish their own public safety laws and must be challenged by California in front of the U.S. Supreme Court.

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“Written by the people for the people”



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A Candid Interview with Assemblyman Roger Niello

Roger and Me... By Perry Hartline

This interview with Assemblyman Roger Niello was initiated at the height of the California budget battle, continued on a hit-and-miss basis through the fight, and was completed when both parties signed-off on the budget, and after Governor Schwarzenegger had marked specific items for deletion.

Hartline: California’s economy is the 8th largest in the world. In your opinion are we a model for America and for other countries?

Roger Niello: We are, because of what we’ve done and not done to solve our economic problems.

Hartline: Is California pointing the way to recovery or is the current budget utterly defensive?

Niello: It’s entirely defensive, it’s a forced reaction to external economic forces. But the good news is, we’ve been compelled to reform many practices that caused the challenges California faces.

Hartline: The Assembly, Senate and the Governor have fought over the budget for two decades. Politicians and political observers say the problem is “structural.” What does “structural” mean?

Niello: “Structural” describes the budget deficit, the year-to-year gap between the costs of financing programs with revenue we don’t have.

Hartline: With that in mind, what’s the single largest obstacle to passing a budget on time?

Niello: The problem is the process. It defies the rules. Since the final budget requires a two-thirds majority to pass, minority party [Republican] input and votes are needed. But the budget hearings in each house only need a simple majority to pass. After that, all issues are reconciled by a joint conference committee, which also require only a simple majority to pass. The final package is usually completed days, and sometimes hours, before the constitutional deadline of June 15. It allows no time for minority party input. Our side has to move like it’s on fire to find and prevent damage. The process has “dysfunctional” built into it.

Hartline: Since the early 1990s the cost of state government has rocketed high above the inflation rate, why?

Niello: Beginning In the early 90’s an increasing percentage of tax revenue has been dependent on California’s highly progressive personal income tax.

Hartline: ‘Progressive’ meaning the more you earn the higher percentage of it the state takes? Now I understand why the Left calls itself ‘progressive.’ (Laughs)

Niello: Yes, exactly. But understand: this drives volatility. Revenues grow rapidly when times are good and business is booming, and they drop, sometimes wildly, when business slows.

When money’s pouring in the state spends all of it and more, but there’s no “rainy day” fund. There’s no money in the bank when the economy drops, nothing to keep up the spending commitments. That’s when borrowing, gimmicks and temporary reductions begin, and we legislators pray for a quick economic recovery so we can catch fill the spending holes. That’s the spending deficit in a nutshell. We’re spending above and beyond the revenue the state brings in. It’s deficit spending like the federal government. The difference between California and Washington is California can’t print money.

Hartline: Setting a one-year budget is a fist-fight, and it goes on longer than the law permits. What about writing a two-year budget?

Niello: I favor a two-year budget,

but either way we need a spending cap. It would kill the dysfunction I mentioned a moment ago. Also, a two year outlook exposes problems sooner. Bear in mind, the issues don’t change much, and a two-year plan would not be twice as hard to create.

Hartline: Does that mean you favor a part-time Legislature?

Niello: The part-time alternative is a difference without distinction. Normally we’re in session January thorough June, and for a month spanning August and September. Then there’s district and constituent obligations that must be met. But seven months is hardly full-time. Because of the extraordinary issues and special sessions, we’ve been very close to full-time in recent years. I understand the public’s angst with the Legislature’s behavior. I have no problem cutting back to five or even three months in normal times. We can get the work done.

Hartline: The Left has been marching around beating the tubs for a tax on services. That means a tax on everything from haircuts to legal counsel. Is there a service tax in the near future?

Niello: The broader based the tax, the less damaging it is. Any tax must be set at the lowest possible rate. With broad based taxes ability to pay is built in, and taxes are shared fairly. I believe property tax is the most damaging of all taxes, and should be particularly low.

These two points indicate a service tax might be reasonable, but only if the rate for all taxes is significantly lower. And if it’s done it must be revenue neutral.

“We’re spending above and beyond the revenue the state brings in. It’s deficit spending like the federal government. The difference between California and Washington is California can’t print money.”

Hartline: What about a flat tax? The Governor sent up that smoke signal in June and again in September.

Niello: A flat tax brings real benefits. A flat rate of, say, 5% before deductions is revenue neutral. It would tame volatility and simplify tax form filing. (Laughs) A thorough consideration of supply-side economics would mean a lower tax rate than 5%. To me 5% is a high number.

Hartline: The Left resents the cuts the governor blue-penciled out when finalizing the plan and is in court contesting the [line item] vetoes and attempting to restore the cuts. Apparently they’re still negotiating the deal after signing the contract. Will the vetoes stand? If not, is the budget wrecked?

Niello: Our severe budget challenge necessitated severe solutions. There’s something in the cumulative effect of the February and July budget deals for everyone (note I don’t say “almost” everyone) to hate. The Democrats aren’t the only ones to challenge the deal.

The difficulty is that the budget reductions are necessary. Success on the part of those who want to save any individual interest group from the hard effects of these reductions will only serve to move California toward the insolvency that we’re struggling to avoid.

Hartline: This budget feels like more of the same, only smoother and it doesn’t smell as bad. What separates it from past budgets? What would you have done differently?

Niello: It stinks less than many prior budgets. There are gimmicks and borrowing I wouldn’t support. But the only alternative was to cut spending further, and we’ll have



Assemblyman Roger Niello

to deal with that in next year’s budget.

Hartline: California is renowned for its generous social programs. Our safety net has become a permanent expectation for some people. Worse, a second and third generation of a “poor” underclass has been spawned, and fraud is estimated at 25%. Republicans capped the time people can stay on welfare and shrank administrative costs. This puts more money in the hands of the truly needy. Is it a step toward state welfare reform? How would you reform welfare?

Niello: The Welfare Reform Act of 1995 worked. Caseloads are reduced and there are fewer permanently dependent people. But you’re right, California is too generous and we have a higher proportion of welfare recipients than other states as a result. Our goal is to help those who’ve been knocked-down in tough times, and help them up quickly.

Reform must emphasize putting people to work, not increasing benefits or dependency. I’ve authored legislation giving counties flexibility in assisting recipients find and keep jobs, rather than mailing them checks. In present economic conditions it’s the best I can do for the people who need help and for the people who pay the taxes.

Hartline: Before the economic crash the Legislature was inventing and funding new social programs every session. At one point even the Governor devised a universal health care plan [Cal-Care]. Isn’t the Great Recession real to the Left and to soft Republicans? Have they learned they can’t budget against projections, and can’t spend money we don’t have?

Niello: That’s the point: What do we do? We need broad reform. We need a spending cap. We must limit spending when revenue is up, and establish a reserve for the [inevitable] downtime. If revenues weren’t volatile, we could reform taxes easily, as we discussed earlier.

This year I authored a performance-based budgeting bill that will lead to a rational budgeting process. Performance-based budget-ing means establishing goals and objectives for each program. Every year all agencies report their results compared to the defined goals and objectives. It requires the Governor and Legislature to review and revise programs, and eliminate them if they don’t get results.

Hartline: State employees are paid more than any in the nation. They enjoy deeper benefits and broader retirement plans than the private sector. Why?

Niello: The problem is unfunded retiree benefits. The sum total

of unfunded pension and retiree health benefits exceeds \$100 billion. This is the next financial crisis, and it’s heading directly at us.

Hartline: Do state employee unions have an exceptional relationship with California beyond the private sector unions and employers?

Niello: State public employee unions can elect allies to their policy boards that govern the agency their members work for. They bring volumes of cash to the election, and their candidates win. Unions in the private sector can’t do that. I think you could call that “unique.”

Hartline: Only New York and New Jersey can boast harsher business environments than California. All three states rank last as places to do business. They shakedown large and small businesses and many have fled to flee to neighboring states. How would you improve the state’s business environment?

Niello: The Left continually disputes these rankings, but that’s unimportant. What’s important is what businesses say. The California Republican caucus hosted a town hall meeting in Reno to learn from businesses that relocated in Nevada. Surprisingly, taxation wasn’t the primary problem. The core problem was government regulation and hostility, specifically at state and county levels. Frustration with our business environment drove them out and keeps them out.

These business people were over-restricted at state and county levels. When businesses challenged a bad government call or needed help, they were met with ambivalence at best. The open-arms, let-us-help you welcome they got in Nevada excited and inspired them.

In significant support of this, a report studying the cost of regulations to small business, requested by the Legislature, was recently released. That cost is pegged at a staggering \$493 billion per year. That’s about one-third of the state’s gross product. All of this cries out for less regulation and real cost/benefit justification for any regulations kept or added.

Hartline: How would you end the hostility?

Niello: I’d correct two regulations immediately. First, I’d change the workweek hours and meal and rest break rules. Employers and employees must be allowed the flexibility to work other than an eight-hour day before overtime pay kicks in. Overtime needn’t begin until forty-hours are completed in a week. Meal and rest break rules are so harsh the issue is now the number one source of class action lawsuits against businesses.

Second, I’d review and correct

environmental regulations. They’re devastating to business. For example, the requirements to retrofit or replace perfectly serviceable diesel trucks deemed ‘too dirty’ by the California Air Resources Board will bankrupt large and small transportation companies. The proposed regulations to meet California’s misguided and convoluted Global Warming Act will ruin even more businesses, not just transportation. We must consider our economic health while hunting for environmental purity.

Hartline: If you were a business owner, what would you do?

Niello: After endless attempts to change the workweek, meal and break rule, and with Global Warming regulations about to land on us like a ton of lead, things look terrible. Small and large business owners must join with legislators pushing for attitude adjustment in Sacramento. Business owners are the soldiers in the trenches every day, they’ve got to show us the way to win a better business attitude in politics and in the state.

Hartline: The Left resents Proposition 13 and wants it killed. Because it’s highly popular that won’t happen immediately. But separating commercial property and taxing it at a higher rate is on their menu. What’s the likelihood of Split-Roll taxing?

Niello: Let them try. It’s not at all likely.

Hartline: Is Split-Roll an attempt to do an end-run around Proposition 13?

Niello: That’s exactly how it will be viewed, and why it won’t succeed.

Hartline: California’s public schools take half of every tax dollar, yet it’s not enough. The schools need more money every year. Today we’re ranked near the middle, [23rd] in per-student expenditure and teacher pay is ranked a bit higher [16th], yet we’re near dead last in achievement. This makes no sense. Parochial and private schools do twice as much on half as much. Why can’t our public schools? Do we have too many high-salaried managers? Is it an allocation problem? Have we taken on too many extra-educational responsibilities?

Niello: I don’t have all the answers, but I do know too much influence is wielded by those working in the system to protect everyone else working in the system. This is done at the expense of students’ education. I believe the solution is competition, and not just the charter school option.

Competition forces correction within the protected monopoly that our public school system has become. Next, parental involvement increases school performance. But parents must have broad choices in where and how their kids are educated. Lastly, the Legislature needs to back off and stop trying to manage the system with mandates.

A huge comprehensive study by Stanford University determined the system needs *more funding*. It also described a desperate need for top-to-bottom reform. But their bottom line was, without reform increased funding is wasted money.

Hartline: The feds are giving money to many municipal and state agencies, particularly law enforcement. Will this free up state money to pay for something else?

Niello: Maybe in some cases, and that’s the risk.

Hartline: How so? Are you saying the federal government’s buying control over the states with this money?

Niello: Of course it is, and here’s the danger:

There are three basic categories of “federal stimulus” funds, each bringing an increased level of concern. First are “infrastructure” funds. These come without strings and help the state and local governments fix much needed

infrastructure projects. The money can’t be spent on anything else. This benign funding doesn’t worry me.

Next are the funds intended to assist but not supplant. The funds are aimed at allowing the state to maintain a high level of spending while state revenues are falling. Problem is, it allows the state to avoid the cuts that must be dealt with when federal funding is withdrawn. Accept the funds and you’re marching into history with your back turned. It lets us avoid hard choices until the day comes when we have to turn around and face them.

Third, and the most dangerous, are funds that establish new programs created in Washington. In some cases there are requirements to continue the program at state cost when the federal money is withdrawn. This type of “stimulus” is merely Washington imposing their policies and programs on states. The problem is easy to see. It’s seductive, highly politicized and impossible to get rid of - and it adds to our burden.

Hartline: Even with the budget cuts California will struggle for years. What happens if revenue drops further?

Niello: We’ll be forced to cut further. It’s that simple.

“Growth can’t occur with unemployment like this. The number indicates emotional and financial anguish in individuals and households...All of this is a constriction on freedom and growth.”

Hartline: California’s official unemployment number is 12.2%. It doesn’t count those whose benefits have run out (and are therefore employed in the eyes of EDD); those who’ve not registered with EDD, like the housewife trying to enter the workforce to help the family income; and it doesn’t include recent graduates or people who are underemployed. According to economists the true number is 19.3%. How should we view the official number? It reflects only those drawing their unemployment benefits. Is the 19% number more near the truth?

Niello: The 18% number is pivotal. The greater the spread between these two numbers the more painful and difficult the recovery. Both are dangerously high and are a weight on the economy. Growth can’t occur with unemployment like this. The numbers indicate emotional and financial anguish in individuals and households, but that can never be truly measured. All of this is a constriction on freedom and growth.

Hartline: With one of the America’s highest unemployment rates, and the highest cost of living, California’s not only broke, it’s in debt and our credit’s shot. Do you see a day of reckoning coming? If so, how will it look?

Niello: I must refrain from making predictions. I’m no good at predictions, especially when they’re about the future (laughs). Seriously though, we’re not broke. It’s simply a matter of how the state spends money. Historically we’re a resilient and vibrant state. It’s what we’re known for and why people come here. When Californians are allowed to work and innovate freely we’ll beat any state or country.

We must create an environment that encourages our imagination and determination. We’ve discussed some possibilities that encourage that one way or the other. Rather than fret the specifics of the downside, I’ll do all I can for the upside. I think you understand. It’s our duty for the future.

New Fair Oaks Honorary Mayor Crowned



(L to R) Dustin Buck, Diane Templeton, Angela Talent

Fair Oaks - Diane Templeton was named the new Fair Oaks Honorary Mayor at an event held at the North Ridge Country Club on September 9th. Diane’s challenger in the mayoral fundraising race was Angela Talent. Both participants raised funds for their selected charities, with the fundraising winner being named honorary mayor. Last year’s honorary mayor, Dustin Buck, was on hand to pass the gavel to Diane, who will now be seen around town at many local charity events and luncheons while performing her duties for the Chamber of Commerce.

Blue Star Moms Harvest Festival

The Sacramento Blue Star Moms will hold a Harvest Festival at Royer Park in Roseville on Sunday October 18,2009 from 10AM to 4PM. The admission is free and the event is open to the public. There will be bands, singers, entertainment, shopping at craft and business vendor booths, hands-on craft activities and games for the kids, bounce houses, raffles, good food and beer/wine garden. Enjoy the music of Mike Branson (formerly of the Drifters) and the Soul Shakers. Dinger the Rivercats mascot will be there, Star Eco Station animals, Four Paws for Vets and Joslin martial arts will have demonstrations. There will also be an opportunity to drop off items to enclose in the care packages for the troops. The Blue Star Moms will be packing care packages on November 14th. For a list of suggested items, please visit <http://www.sacramentobluestarmoms.org/>. If you would like them to send a care package to a deployed troop, you may email it to support@sacramentobluestarmoms.org

For more information please call Ellie Ramsey at 916-485-7600.

Professional Soprano In Concert Featuring Courtney Bowles

Concert on October 23rd at St. John’s Lutheran Church

Sacramento, California, Tuesday, September 29 - Courtney Bowles, a professional Lyric Soprano and Steven Johnson, a professional Pianist, will be performing in concert on Friday, October 23, 2009 at 7:00 p.m. Guest Artists include baritone Daniel Yoder, bass guitarist Dean Chance and drummer Brett Chance. Bowles will be performing a mix of classical and pop styles, with songs by Josh Groban, Sarah Brightman, Puccini, and many more.

Bowles hails from El Dorado Hills, attending St. John’s Notre Dame School in Folsom and graduating from Oakridge High School in 2002. Bowles was a recipient of a four-year scholarship to San Diego State for her singing abilities. She graduated SDSU in 2006 with a Bachelor of Music degree emphasizing in Vocal Performance.

Bowles is known for her ability to sing in many musical genres: from her favorite Opera role Musetta in Puccini’s La Boheme to her solo performances in Mozart’s Coronation Mass, Rutter’s Requiem, Faure’s Requiem and Handel’s Messiah with full orchestra. Bowles’ passion for performing started with classical music but has grown to encompass popular styles, that of Josh Groban and Sarah Brightman. She believes having a connection with the audience is the essence of a great performance. Her latest performances include a solo concert series in the Sacramento Area in 2008, as a soloist for the Contra Costa Chorale Summer Series 2009, and as a soloist for the Bach Magnificat in Sacramento 2009.

Bowles currently lives in Walnut Creek, CA where she sings professionally and teaches privately. Teaching has always been a passion for Bowles. She loves helping her students find confidence not only in themselves but also in their voices. She currently has two vocal studios: one in El Dorado Hills and another in Walnut Creek.

“I found Courtney to be an exceptional talent and I am not surprised to see her start her professional career at such an early age,” said Mary Mackenzie, Voice Teacher who has performed at the Metropolitan Opera. “Her amazing ability to connect to the song



Soprano Courtney Bowles

emotionally enhances an audience’s appreciation of the performance.”

Bowles, 25, "Performing throughout my life has prepared me for my career as a performer. I love singing classical music and at the same time adding a new edge to it. Music is always changing but the one thing that remains constant is the raw emotion that comes through it.”

Pianist and conductor, Steven Johnson currently holds the post of Director of Music and Worship at St. John's Lutheran church in Sacramento. Johnson oversees a variety of vocal and instrumental ensembles, a variety of worship services and styles, a concert series. His quest is to bring awareness to the musical community that St. John's is now the "gem of the city" for musicians to come and make music.

Johnson is articulate in a variety of musical styles and is active as a musician on many levels; whether it is accompanying talented artists, performing concertos with full orchestra, conducting choirs or planning community musical events. His sense of musicianship

is unmistakable whether it is in his touch and style at the keyboard or in conducting, all of which emote artistry, passion and fullness of style and expression.

As an active musician, Johnson has a strong desire to nurture and foster relationships with other musicians in the community. Bringing people together to make music for purposes greater than ourselves is powerful in both the human and spiritual realms. Bowles and Johnson have been performing together for 8 years and this relationship shines through in their music.

Tickets are available at the door with a suggested \$10.00 donation (916) 444-0874. The concert will be held at the St. John’s Lutheran Church with a seating capacity of 400. It is located at 1701 L Street in Sacramento, California. For more information about Courtney Bowles please visit her website at www.courtneybowles.com or email her at cb@courtneybowles.com.



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Can't Afford to be Generous?

Blame the Economy: New Study Says One in Three Americans Now Giving Less

Three Out of Four Say Current Economic Climate Has Affected Their Charitable Giving

Christian Newswire - Three out of four U.S. adults say the "current economic climate" has affected their charitable giving and one in three is giving less to charities, according to a new Child Sponsorship Survey just released by World Vision, an international Christian relief and development organization. Most polled say faith-based organizations (67%) and non-profit foundations (63%) should bear responsibility for helping the world's poor.

According to the study, one in five adults (21%) say they're now less likely to sponsor a child because of the economy and more than half (54%) say they would be more likely to sponsor a child if they had more money. Ten percent say they're actually giving more this year, despite the recession. Still, World Vision Child Sponsorship numbers show a modest increase (3%). Revenue forecast is for 8 percent growth in 2009 but private cash donations are expected to be down 3% from 2008.

The survey, conducted by Harris Interactive represents a definite shift from the charitable mood Americans were in less than a year ago. In late October, 2008 seven out of ten Americans said while the worsening economy meant they would probably spend less on holiday shopping, half said they were more inclined to give or receive a charitable gift for the holidays.

Lana Reda, World Vision's VP for Donor Engagement says, "The sputtering economy has made it more difficult for hard working Americans to give what's on their hearts. As the economy gets better, we believe Americans will step up to meet the urgent needs of children and fami-

lies around the world. Our survey speaks to this optimism. Even now, ten percent of Americans are giving more and our sponsors at World Vision have hung in there." Reda has been with World Vision 8 years.

The poll was conducted by telephone by Harris Interactive on behalf of World Vision, an international Christian relief and development organization, between August 28th and 31st, 2009 among 1,006 U.S. adults ages 18 plus.

World Vision is a Christian relief and development organization dedicated to helping children and their communities worldwide reach their full potential by tackling the causes of poverty. World Vision serves the world's poor regardless of a person's religion, race, ethnicity, or gender.

Governor Violates Trust & Sovereign Authority of California Voters

Saxcramento - Christian Newswire -- Last night (Sunday night, October 11th) Governor Arnold Schwarzenegger signed into law Senate Bill 572, authored by Senator Mark Leno (D-San Francisco). SB 572 requires the Governor of California to annually proclaim May 22 as Harvey Milk Day to honor the first openly homosexual politician. The bill also encourages schools to conduct "commemorative exercises" and programs that focus on Milk's contributions.

California Family Council (CFC) is disappointed that Governor Schwarzenegger has placed the interests of a specific group over the educational needs of students. SB 572 wrongly encourages schools to sacrifice students' class time in order to appease special-interest groups. "It is unfortunate that the Governor has chosen to favor a special-interest agenda over students and parents," stated Everett Rice, CFC's Legislative Director.

There are currently three "commemorative" days in California's calendar related to honoring teachers, John Muir, and the California Poppy flower. SB 572 promotes the controversial subject of sexual orientation in public school classrooms with children as young as five years of age.

SB 572 is similar to the bill the Governor Schwarzenegger vetoed last year. In the governor's veto message then, he stated that Milk's "contributions should continue to be recognized at the local level by those who were most impacted by his contributions."

"Despite tens of thousands of California citizens expressing their opposition to SB 572 by phoning or writing his offices, Governor Schwarzenegger has abandoned parents and students to assuage special interest groups," said Ron Prentice, CFC's director. "Commemorating Harvey Milk in public schools, primarily because of his sexual orientation, goes against the values and expectations of the majority of California's parents."

Research has found that student achievement is directly equated with the amount of time a student is engaged in academic learning. Regardless of one's opinion about Milk or the homosexual lifestyle, SB 572 inappropriately pressures schools to divert scarce resources and time away from educational needs, focusing instead on controversial, non-academic topics.

Schwarzenegger also signed into law Senate Bill 54, authored by Senator Mark Leno (D-San Francisco). SB 54 requires California to validate and recognize same-sex marriages performed outside the state prior to November 5, 2008, when California voters approved Proposition 8 in violation of the state constitution and the express will of the voters.

In response to the Governor's signing of SB 54, the California Family Council issued the following statement:

Governor Schwarzenegger and the Legislature continue their disregard for the expressed will of the people of California and the state Constitution which affirms traditional marriage's definition. Article I, Section 7.5 of the California Constitution specifically states "Only marriage between a man and a woman is valid or recognized in California." SB 54 explicitly violates California's Constitution.

"The governor's signing of SB 54 illustrates his disregard for the sovereign authority of California's voting citizens," stated Everett Rice CFC's Legislative Coordinator. "In 2000 and 2008, the voters expressed their desire at the ballot box to protect traditional marriage. They emphatically affirmed that marriage should retain its historical definition and identity. However, today the governor has joined with other elected representatives by choosing to place the demands of special interest groups over more than 7 million California voters."

California Family Council's director Ron Prentice also stated, "It is clear that the governor has forgotten that the people of California are sovereign, and the language of Proposition 8 is unambiguous regarding the people's intent. The signing of SB 54 dishonors the people of California and weakens the laws set forth by them through the initiative process. The failure of our elected representatives to support the people illustrates the need for new leaders who value the people over special interests."

"This is tragic news for California families," state Karen England, executive director of Capitol Resource Institute. "The governor has chosen to completely undermine the will of the people -- the millions of Californians who have twice stated that they intend for only traditional marriage to be recognized in our state. By signing SB 54, the governor thumbs his nose at the initiative process and the voters who trust that their vote means something."

Last year the governor vetoed a bill identical to SB 572 that would have declared Harvey Milk Day in California. In his veto message, the governor cited the local influence of Milk in San Francisco, stating that Milk's recognition should not be mandated statewide.

"We don't know why the governor suddenly changed his mind and decided to impose a radical social agenda in every classroom," stated England. "One possible explanation is the influence of the governor's Hollywood friends. After a biopic on Milk received Academy Award recognition earlier this year, Hollywood political activists began lobbying the governor to sign the resurrected Harvey Milk Day bill. It seems that the governor places more value in the opinion of his Hollywood friends and their values than the values of the people who voted him into office."

The Harvey Milk Day bill was so controversial that the governor dedicated a phone line in his office to calls regarding Harvey Milk Day.

"The people of California have clearly spoken out against same-sex marriage and Harvey Milk Day, yet the legislature and the governor continue to push their agenda on our children," stated England. "Parents are outraged that their young children -- including kindergarteners -- will be forced to participate in activities 'commemorating' the life of a man known for his sexuality. Parents and voters are deeply disappointed and outraged by the governor's signing of these two unnecessary, agenda-pushing bills."

Sources: Christian Newswire and Capitol Resource Institute

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Free State Tax Filings

A Billion Dollars; Serious Money for Californians

By Raoul Lowery Contreras

Sacramento -- To paraphrase a WWI French General, California’s economy is floundering, its tax base is disappearing, unemployment is at modern record levels, poverty is growing, the state is drowning in red ink -- so now, now is the time to attack, to find a nugget of hope and treasure that can help people and the state, that can cut back on state expenditures and to, again, help people who need it.

There’s a billion dollars on the table in federal Earned Income Tax Credit (EITC) that California can help bring home to an estimated 600,000 California families that they are entitled to now but don’t get and can get with just a tiny tweak by the State Legislature in next week’s Governor-called Special Legislative Session.

That’s a BILLION dollars for families that really need it, EITC-eligible people who generally earn less than \$25,000 or \$30,000. These are families that are being devastated by this once in a lifetime economic disaster that is eroding the basic ability to endure such hard times.

The Federal government and 20 other states have a program of free filing of federal and state tax returns that assists families to file federal and state taxes and the service is free, it’s called “IRS Free File.” This is the program

that will help deliver a Billion dollars in checks to the families who so need the money now, not down the road if and when new programs are developed. This program exists now and has been used for nearly a decade.

This is a public/private partnership between the IRS and the American software industry. It provides free online tax preparation and filing to low and middle income families throughout the country. Any family earning \$56,000 or less can use this system free of charge. This program is seven years old and has been used by millions of families and it doesn’t cost public taxpayers a cent.

California is not part of that system. It has its own program (Ready Return) that doesn’t complete the federal return so when one uses the California system that filing is not made with the Internal Revenue System (IRS) so an estimated 600,000 families are not filing for the federal earned income tax credit and getting a billion dollars in checks mailed to them like those who use IRS Free File. We must remember that President Ronald Reagan commented on the Earned Income Tax Credit as its being the most effective way to fight poverty in the country.

That being the case why doesn’t the state switch to IRS Free File?

If it does, the state can stop

spending millions on its own program. If it does, the state can take those saved dollars and spend them on programs the public needs of law enforcement, schools, roads and all the other necessary things the State needs to do. If it does, an estimated \$3 or \$4 per state return can be saved. That could amount to millions.

Yes, I’m being redundant. There are millions of dollars that can be saved here if the Legislature will do this for everyone earning less than \$56,000 through Free File. Those people make up 70 percent of those that file income tax forms and that is a lot of people, people.

Combining the millions that will be saved with a billion dollars coming to California to those 600,000 families that aren’t automatically getting that money now, we are talking a mini-Gold Rush here, aren’t we?

If I were a state assembly person or state senator I would count the hundreds of thousands of Californians who would benefit by one thousand million dollars from using IRS Free File, count the millions saved in the state budget next year and thereafter and be thankful that I would have the opportunity to vote on ending the California program and joining a national system that does what it does. I would vote to do this for all California.

Gifts to Lawmakers Are a Slap at Taxpayers



By Jon Coupal

Two years ago, when then Assemblywoman Sally Lieber introduced a bill to prohibit the spanking of children, she was ridiculed for what many Californians considered to be frivolous legislation. In light of recent revelations of the “S & M” tinged escapades of a married, middle-aged lawmaker and one or more lobbyists, some capitol observers are wondering if Lieber should have targeted an older demographic.

Although the just-resigned legislator, who described his conduct to a colleague unaware that he was also sitting before an open microphone, now says he made it up, it calls into question just what services and gifts are provided by lobbyists in an effort to influence legislation. After all, the lobbyist with whom the official claimed to have this special relationship had business before a committee on which he served as vice-chair.

The Sacramento Bee recently completed an analysis of gifts, over and above campaign contributions, that are provided to California lawmakers. The Bee found that between January 2008 and June 2009 lobbyists gave legislators, their staffs and relatives about

\$610,000 in gifts.

While interest groups are limited to \$420 annually in gifts to an individual lawmaker, loopholes allow unlimited gifts directly to their relatives and friends. The more than 2,700 registered lobbyist employers are eligible to give the \$420 maximum to each leader and to most staffers.

In addition to fine dining, popular gifts are tickets to sporting events and concerts ranging from Billy Joel to Britney Spears and free travel to destinations from Hawaii to Hungary -- free travel and expenses can be provided to exotic locals so long as the lawmakers participate in a conference or gathering.

While 30 lawmakers accepted gifts totaling over \$5,000, and some much more in the period examined by the Bee, 30 offices, to their credit, accepted less than \$100 per month.

While average taxpayers, those lucky enough to still have jobs, may be brown bagging it for lunch, it is more than ironic to find that on the list of restaurants at which lawmakers had dined on someone else’s dime was the Humuhumunukunua’pa’a Restaurant in Hawaii.

Lawmakers accepting these gifts insist that these gratuities have no influence on their legislative activities. Really? Then why do lobbyists bestow them? This is what causes many critics to call it legalized bribery.

Former Sen. Sheila Kuehl told the Bee that she sees gifts as a problem, not because they influence votes, but because they cause the public to lose confidence in the politician who accepts them. While her point about public confidence is correct, it is more than likely that some legislators

will tilt toward those who have made them feel important with gifts of travel, fine dining and concert tickets. If the gifts do nothing else, they buy access so that lobbyists can make a pitch for the interests of their clients. This is access to lawmaking that is not available to average Californians.

Also of interest are those who gave the most. These include lobbyists representing utilities, alcoholic beverage distributors, entertainment companies and unions representing state employees. Considering the latter, how can anyone argue with a straight face that accepting gifts from state labor groups, on whose pay and benefits a lawmaker will decide, doesn’t create a clear conflict of interest?

Of course, these are only the gifts that are reported. There can be no doubt that there are other services provided to lawmakers by lobbyists that slip under the radar -- unless, of course, someone is foolish enough to brag in front of an open mic.

While it may be impossible to completely root out influence peddling and bribery in the halls of the Capital, if the highest paid legislators in the nation, who receive an additional \$173 per day in expense money, want to wine and dine with lobbyists, let them go dutch. However, since the Legislature sets its own rules on what gifts can be accepted, don’t expect members to adopt vows of poverty or chastity anytime soon.

Jon Coupal is president of the Howard Jarvis Taxpayers Association -- California’s largest grass-roots taxpayer organization dedicated to the protection of Proposition 13 and the advancement of taxpayers’ rights.

Mercy General Hospital Offers Free Living With Loss Workshop

Sacramento - **Living with Loss** is an interactive, edu-cational and experiential grief and loss program that runs for 6 weeks. The program looks at and honors the full dimension of the person: cognitive (thinking), affective (feeling), somatic (body), social (interaction) and spiritual (meaning).

The 6-week sessions provide education on anticipatory grief, grief, and mourning that make up the constellation of complex feelings and actions associated with

the death of a loved one. Participants identify their own process, and normalize their experience-which doesn’t mean it is not painful, while learning about the dynamic of grief and are given tools to cope and find hope. The sessions are in a closed group format, in other words, a “drop-in” model is not used. The format allows participants to establish trust and more fully share with one another.

Participants are asked to commit to attending all 6 sessions

as they build upon each other. The sessions are free of charge and donations are accepted.

The workshop is free but registration is required by calling (916) 453-4552. Workshop Facilitator is Nancy Cook, MDiv, MSW, BCC at Mercy General Hospital, Greenhouse A Conference Room, 4001 J Street, Sacramento, CA 95819. Six-week session meets every Wednesday from October 21– November 25 from 6:00 to 8:00 p.m.

Fair Oaks Villas, Residential Care Homes for the Elderly, Opens in Fair Oaks, CA



Fair Oaks and Sacramento area seniors and their families have additional choices for quality senior living now that CiminoCare has opened Fair Oaks Villa, three lovely residential care homes for the elderly at 7959 Orange Avenue in Fair Oaks. CiminoCare, which has owned and managed senior communities since 1988, brings many years of operating senior care facilities to the homes and programs, along with staff with years of experience according to Tina Barringer, Community Relations Director.

“Sacramento area residents and family members now have a more intimate homelike option with all the experience and professionalism we offer at our larger assisted living communities” Ms. Barringer said. “We are excited to offer this additional alternative to families seeking care for their loved ones.”

Residential Care Homes for the Elderly are designed to allow

seniors to continue living with as much autonomy as possible in a home like setting. They blend housing with supportive services such as meals, laundry, housekeeping, activities and assistance with medications, dressing, bathing, eating and other activities of daily living. It also includes health monitoring and some health-related care.

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Triple Fatal Accident on Highway I-80

On October 2, 2009 at approximately 1:55 a.m., Nancy Jellison, a 49 year old from Auburn was driving silver 2005 Honda CRX on westbound I-80 just west of Antelope in the #5 lane at approximately 65 mph. Michael Neal, a 51 year old from Sacramento was driving a 1987 Honda Accord on westbound I-80 approaching the rear of the Honda CRX. Jellison looked in her rear view mirror and observed the Accord approaching to the rear of her vehicle at a high rate of speed. She began to accelerate forward in attempt to avoid being struck, however, the right front of the Accord struck the left rear of her vehicle. The impact caused the Honda to travel out of control crossing over the #4, #3, and #2 lanes then back to the right, crossing all westbound traffic lanes and traveling onto the dirt shoulder where the passenger side of the vehicle struck a tree. The adult two female passengers in the rear of the Honda were pronounced dead at the scene. The right front passenger, a 26 year old female from Sacramento was transported to Mercy San Juan Medical Hospital and has died from her injuries. Neal was transported to Sutter Roseville Hospital with broken ribs and pelvic injuries. Neal is suspected of being under the influence of alcohol and drugs and driving on a suspended driver's license. He has not been booked into the Sacramento County Jail due to his hospitalization. Jellison and her passenger Laraine Jellison, a 66 year old from Auburn, did not sustain any visible injuries but had complaint of pain. All parties involved in this collision were wearing seatbelts. This collision is still under investigation.

Danger in the Dark: Women's Safety & Self Defense Alert

Criminals seek the dark and target the unaware. With the time change comes greater danger. **As days get darker earlier with the season's change criminals get bolder.** Dark mornings and earlier nights invite trouble for those unaware of their surroundings. **Robinson's Taekwondo** is offering a **free** clinic on personal safety and self-defense. **Women are especially vulnerable** as they are often exposed to danger as they pick up and drop off family members in school or shopping mall parking lots. Plan to attend this **safety awareness and simple self-defense** clinic, our instructors will help raise awareness of dangerous situations and locations, show how to escape an attacker's hold and give everyone who attends a safety 'mindset'. Dark Dangers Safety & Self Defense Free Clinic will be held in two sessions beginning on **Friday, November 13, 2009 at 6:30 p.m.** and again, **Saturday, November 14, 2009 at 11 a.m.** This 90-minute clinic will be held at all 18 Robinson's area locations. Taking personal responsibility for your safety, increased awareness of trouble spots and simple self-defense skills can save lives. Visit any of the eighteen Robinson's Taekwondo locations throughout the Sacramento area, or reserve space now for this **free safety clinic** at www.robinsonstktd.com.



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Domestic Violence, it Affects Us All

By Jeff Slowey, Councilmember City of Citrus Heights

Citrus Heights - In case you did not know, the month of October is "Domestic Violence Awareness month." In my opinion, one of our true short coming as a people is our inability to end the terrible epidemic of Domestic Violence (DV) and Abuse. I have been involved with the City of Citrus Heights for over 10 years and Domestic Violence and Abuse rank in the top three crime statistics year after year. Please understand it is not due to lack of efforts of the 3 year old Citrus Heights Police Force (CHPD). Domestic violence is one of those crimes that is difficult to prove and treat because many of the victims refuse to press charges. Did you know that the average DV call the CHPD receives requires at minimum 2 Officers to respond and lasts 43 minutes? That's a lot of time off the streets handling situations that often proven fruitless. A tragic side effect is the children that have to witness these pathetic displays from their supposed adult role models. There is a wonderful organization in Citrus Heights dedicated to the victims of Domestic Violence that folks need to know about. The Domestic Violence Intervention Center (DVIC) is a group dedicated to offering services to Domestic Violence victims and their families. The organization itself was started many years ago by 5 wonderful women who had huge hearts and big dreams. Over time, as with many things, their idea grew larger and larger and took on a life of its own. Through a generous grant from the City of Citrus Heights, the DVIC acquired a SAFE house for the victims and began seeking donations from corporate sponsors. In order to actively compete for limited state funding and grants, the board of directors felt some changes we needed and brought in outside assistance to help run and manage operations. Elaine Whitefeather of Whitefeather Bassigner Associates, Inc. (WBA) took over as interim Director of operations in May of 2008 and things have taken off from there. Elaine brings with her a tremendous wealth of information and experience in opening numerous different SAFE houses, as well as state and national recognition to our cause. (I say our cause as I should mention I believe in putting actions behind my words. I have been on the Board of Directors of the DVIC for the past two and a half years.) The Board President, Carla Newman is also the DVIC's outreach manager and she travels around the area extensively putting out the DVIC name and mission. This all takes place at the local DVIC headquarters at 6060 Sunrise Vista # 2240, Citrus Heights as well as at a not be named location of our SAFE house, know as Harmony House. The slogan of the DVIC is "Partners for Peace" and it truly is representative of the mission of these wonderful men and women, all of whom dedicate their time for gratis! The best news is that last September Harmony House re-opened its doors for abuse victims. Some of you may recall the house was briefly opened late last year but soon had to close due to lack of volunteers. Well we are now a cleaner, leaner organization with more volunteers and do not plan on shutting the doors again. I guess the question begs to be asked - "Why are we all keeping quiet around this ongoing epidemic?" I do not claim to understand the emotional roller coaster that abuse victims travel, but in my opinion we need to talk about the cause and effects and we need to talk about them loudly! The more we bring the topic to the forefront of folks thinking, the more resources we can garner to fight it! I am a husband and a father of three daughters, plus one granddaughter. While no one in my family has ever been a victim, I want to make sure that if the need ever arose, there was an avenue they could seek. We should all feel truly blessed that there is an organization right in our back yard that can assist anyone who needs it. The DVIC is always looking for new, hard working members and volunteers. I would be remiss if I did not say they would also welcome any and all financial contributions to assist them in eradicating this disease. Please join us for a fund raiser on Saturday Oct. 17 at the corner of Sunrise Blvd and Greenback Lane as we celebrate "a day of healing." Lastly if you know or suspect someone is suffering from Domestic Violence or Abuse, take the time to talk to them about seeking help. Many will not admit to it out of embarrassment or pride, but friends help friends and don't let things lie. Give them the contact number for the DVIC or any other assistance program for that matter. Above all else, stay on top of them and let them know that Domestic Violence and Abuse is not ok with you. Perhaps maybe, through all our efforts taken together, we can put a dent in the alarming number of abuse victims throughout the Sacramento region. As always, I would welcome any suggestions you might have around this topic and if they have merit, will present them to our full board of directors. Feel free to email me at jslowey@citrusheights.net To reach the DVIC, please call (916) 728-5613. In an emergency, please contact the 24 hour crisis line at (916)-728-7210



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POPPOFF!

with Mary Jane Popp

LIFE AFTER DEATH... THE DEEPAK CHOPRA WAY

He is the world’s leader in mind-body medicine. Author of over forty-five books, Dr. Deepak Chopra, is the founder of the Chopra Center for Well Being and President of the Alliance for a New Humanity. But Deepak Chopra has waited twenty years to write Life After Death: The Burden of Proof, the first major book on the afterlife in decades. If you have pondered what lies on the ‘other side’ as many of us have, he intends on changing questioning minds. I have to tell you that I certainly was curious, and was prepared to challenge this man when we spoke. But I have to admit that I was blown away by his tying together the great traditions, beliefs, and religions with cutting edge science. Now I was ready to listen. Faith takes a back seat to rational

proof. In fact, Chopra told me the afterlife is a field where science is quickly advancing over worn-out religious beliefs. According to Chopra, the assumption that no knowledge can be gained about the “other side” is being disproved on many fronts. At the University of Virginia, an ongoing program has located hundreds of children who remember past lives, including details about former lifetimes that can be factually verified. Information theory is having an influence on cutting-edge physics. It theorizes that like matter and energy, information cannot be destroyed. In other words, survival of the soul may be a matter of conserving information. Also in physics, quantum field theory has led to experiments (at Princeton among other places) where ordinary people can change reality through intention alone--they can make a computer generate numbers, for example, in a certain pattern. This goes a long way to showing that the mind is not confined to the brain. Cross-cultural studies are showing that societies as diverse as Tibet and modern America display exactly the same near-death phenomena. He takes us far beyond the Christian theory of heaven and hell, showing why the only conception of death that makes sense must allow the freedom to experience everything. Life After Death aims

to give everyone a chance for freedom, here and in every world to come. “Whatever it is that occurs at death,” Chopra says, “I believe it deserves to be called a miracle. The miracle, ironically, is that we don’t die.” Marrying science and wisdom, he builds the case for an afterlife that merges seamlessly with material life: “The idea that I have a fixed body locked in space and time is a mirage.” So, what I gathered from our conversation on my radio show POPPOFF is that who we meet and what we do and experience in the afterlife reflects upon our present beliefs, expectations, and level of awareness here. As Deepak told me bluntly, it is seamless. Therefore, life and death are both miracles. I must admit it got me thinking because when I was in grade school learning my definition of God. It was that God always was and always will be. And isn’t it strange that energy has a similar definition as energy cannot be created or destroyed, it only changes form. Deepak Chopra got my attention. You can find more attention getters at: www.chopra.com. Oh what the mind can tell us... if we only bother to listen. Join Mary Jane for the KAH! Noon News Monday - Friday and then again for POPOFF 10 PM - Midnight.

Hundreds of Thousands of Students Will Refuse to Speak on October 20th

Christian Newswire -- Stand True, Christ-Centered Pro-life, will hold its sixth annual Pro-life Day of Silent Solidarity on Tuesday, Oct. 20. Last year students from over 4,700 campuses in 25 countries participated in the event, and Stand True expects even more this year. Last year Stand True heard back from participants about 58 girls who canceled their abortions on the day of the event due to the efforts of the students. These students stand in solidarity with each other to bring attention to the holocaust that is killing almost 4,000 babies every day in the United States alone. “The students are speaking loud and clear; they want an end to legalized child-killing” said Bryan Kemper, President of Stand True Ministries. “We are getting thousands of e-mails, comments and internet messages from students thanking us for giving them a peaceful way to stand up and be counted.” Here are just a couple of the comments we have received from the students: “I got one girl to not get an abortion because I took a ZERO in class for this and she started crying. She pulled me into the bathroom and told me she was pregnant and was going to have an abortion and she said because of how much this meant to me she

didn’t! We both sat in the bathroom and cried for a few minutes and she put the baby up for adoption!” “She’s about a month or so pregnant. I have her for a couple of my classes. She kept glancing at my shirt all day and she took a flier. But she didn’t say anything. Then today in 6th I was getting up and she came up to me. And in front of the whole classroom she began weeping and fell into my arms. She said she didn’t want to have an abortion anymore. She said she wanted to receive Christ right there.” Students will not only remain silent but will also wear red armbands and/ or red duct tape on their mouths, and distribute educational flyers to anyone who asks why they are silent. Many home-schooled students will also participate in the event by visiting local malls and other public areas to distribute flyers. Participating students are instructed to be respectful to teachers and other officials and to speak with them when required. “Thousands of American babies are permanently silenced every day by the violent act of abortion,” said Kristan Hawkins, Executive Director of Students for Life. “This is a day for pro-life students to honor those children as they stay silent as an act of

solidarity with these innocent victims.” “This is a way for us to challenge students of all ages to be bold advocates for the almost 4,000 pre-born who are murdered every day in our country,” said Timmerie Millington of Survivors. “They have an opportunity to stand with their fellow classmates and an obligation to be a voice for the voiceless. By standing in united solidarity across the world, students everywhere can identify with the preborn children, and our silence will proclaim ‘stop killing our generation!’ We can and must be warriors for the preborn!” Over the past few years many schools have tried to stop students from participating and have tried to quash their First Amendment rights. Every year, attorneys from the Alliance Defense Fund defend these students and file lawsuits to protect their rights. Legal help for students involved is available from the Alliance Defense Fund 1- 800- TELL-ADF). The Pro-life Day of Silent Solidarity is a Project of Stand True - Christ Centered Pro-life and co- sponsored by Students for Life of America, Generation Life, Priests for Life, Survivors, Abort73.com and Lifenews.com.

Mister Hot Shot!

Sonny Burton is a seven-month, nine-pound, mischievous, strong-minded, Bolognese, residing in Gold River; He is wowing this community with his gregarious personality and charm. A Fundraiser for the Sacramento SPCA is held every year in this community. Sonny’s mom, Kay, has organized this event for 15 years. Sonny’s first public appearance was at 4 months... he did not accept this honor very well; he refused to wear his costumes, did not appreciate his leash and preferred playing around. This highly intelligent, rare toy breed originated as far back as the Roman Times. Because of its beauty, grace and charm, the Bolognese became a favorite of the nobility during the Renaissance and is now becoming a favorite in Gold River, California.



Sonny lives with his mom, Kay, this writer, and Brian of Gold River and his two tolerant sisters. They are Bebe, age ten, also a Bolognese and Daisy, age five, a Maltese. Although he is called Sonny, his name is Santino, which was primarily chosen due to both his Italian descent and his owner, Kay’s, Italian descent. Sonny, who loves everyone, has an enormous

enthusiasm to life. He enjoys his morning rides with his sisters in their “Dads” convertible, with the top down, all completely harnessed for the auto. On these daily trips, in Gold River, he has met many new friends that are walking, running, and bike riding or jogging. When Sonny sees his newly acquired friends, he whimpers loudly, his tail wags enthusiastically, he does everything to get their attention and... he does. There have been several phone calls and emails from local pups requesting a reservation for a play date with Sonny at his home. “Puppy or adult, the Bolognese will steal your heart.”

Kay Burton is a longtime columnist and supporter of the SSPCA and other rescue groups. To share your family pet story with our readers, email: kayburton1@comcast.net

Rancho Cordova Celebration Wins National Award



Rancho Cordova City Council Members and City officials pop bottles of confetti at last year’s 5th Anniversary Celebration at City Hall. The City’s celebration events garnered several awards including a recent Savvy Award from the City-County Communications and Marketing Association, a national government public relations and marketing organization.

The Rancho Cordova 5th Year Anniversary Celebration has won another award – this time from the City-County Communications and Marketing Association (3CMA). Nancy Pearl, the City’s Communications Department Director, picked up the first place SAVVY award at the 3CMA national conference last week in Scottsdale, AZ. The City’s 5th Anniversary Celebration also won

awards from the Sacramento Public Relations Association, the California Association of Public Information Officials, and at the international Summit Awards competition. Judges, who are marketing and communications experts and local government professionals, wrote, “Excellent and very detailed planning, execution, and illustration of event results. Using the ‘five’ theme, it was also used consistently

in the branding.” Rancho Cordova’s SAVVY was in the Special Events – One-Time Event category for cities of 16,500 to 79,000 population. Rancho Cordova, which celebrated its 5th birthday last year, began the celebration with a series of five pre-party barbecues in five City parks that featured the City’s five Council Members each hosting one of the barbecues throughout the month of June. The grand celebration took place July 1, 2008 at City Hall and included live music and entertainment, a barbecued dinner, and a confetti-laced finale. Five 5-year-old residents were featured as torch bearers at the barbecues and at the July 1st event. The events were planned and coordinated by committees of City staff and residents. “We knew we had a great community celebration but it is heartwarming to be recognized by other government public relations and marketing authorities,” said Pearl who headed the planning and execution teams. The City of Rancho Cordova, CA was incorporated in 2003. City Hall is located at 2729 Prospect Park Drive; (916) 851-8700 (phone), (916) 851-8787 (fax), www.cityofranchocordova.org (website).

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by Pastor Ray Dare

I want to talk a little bit about one of the enemy’s favorite tricks: Condemnation. He loves to remind people of their past failures and their past mistakes. Has he ever done that to you? Sure he does. It’s one of his favorite tricks. He knows that if he can keep people feeling guilty, unworthy and ashamed that we will never be all God wants us to be. He also knows that if he can fill us with the negative emotions we will never fully understand and exercise our authority over him. Some folks think when they make a mistake that God’s ready to kick them out of the kingdom of God. That is so far from the truth. When you are born again, when you ask Jesus to come into your life, when you make a decision to have a personal relationship with Jesus, the Bible says you are born again. There’s a birth that has taken place. You have been born into the family of God. Now you’re a child of God. Now friends, it doesn’t mean you’re a child of God on Monday and Tuesday and when you make

Replace Condemnation With Confidence

a mistake on Wednesday and Thursday, you’re a child of the devil. It doesn’t work that way. You’re a child of God. You’ve been born into the family. It’s not one week on and two weeks off. You may think, “Pastor Ray, you’re giving people too much security.” Friend, listen to this carefully: God wants you to be secure. God wants you to be secure. You’ve got to understand that. God wants you to be so secure that when you make a mistake and you fail Him, you run to Him quickly for forgiveness. You don’t turn around and run away from Him. You say, “Pastor Ray, this sound too good to be true. I served God at one time. I served Him for a year or so, but then I made a terrible mistake. Do you mean to tell me that God didn’t kick me out of the kingdom right then? Do you mean to tell me God didn’t excommunicate me? Do you mean to tell me that God would receive me back into Himself?” That’s exactly what I mean to tell you. God wants to receive you. This is the message of the Gospel. See, I’m not saying that when you are born again you’re not going to have some fruits of good work. Don’t get me wrong. I’m just saying those good works don’t get you saved. And they don’t keep you saved. It’s the gift of

God. Ephesians 2:8 says, “It is by grace you are saved through faith; not of yourselves. It is the gift of God, lest any man should boast.” We must understand that salvation is a completely and totally free gift. If you don’t understand that then you’ll be tempted to try to pay back your salvation with your good works. God doesn’t want it to be that way. The problem is that one day you’re not going to be able to do as many good works you think you should. Then all of a sudden you’re going to feel condemned. Here’s what I want you to see today: God is not the one that condemns you. If you’ve made mistakes in the past, get up and go on and don’t let that stop you from being your best for God. Don’t get on the sidelines. Don’t quit going to church. Don’t quit being involved. Do you best for God and go on like never before. The Apostle Paul said, “... forget the things of the past and press toward the mark of the prize of the high calling of God in Christ Jesus.” Philippians 3:13-14

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by Marlys Johnsen Norris

It is not until one diligently begins to study the Scriptures written by the Heavenly Father’s inspiration over 5,000 years ago to guide and direct our lives does one start to understand and appreciate the faith of our Jewish forefathers and how everyone in the human race is related and connected since the time of Noah. Christians are “adopted” into the same family when they accepted their Jewish Messiah as Savior and Lord of their lives. It is disconcerting for one who knows and loves God to comprehend the great division among us. Oh yes-- everyone has gone off in their own ways, some straying far from those original roots and following false teachings. Others have not strayed as far away but the enemy

Grateful For Our Roots

of their soul has caused division and deception and stirred up strife and division amongst Gods people. The Bible’s teachings are the only true sources needed to follow in obedience that will bring us all back to our senses and to where God desires us to be in this life. God’s Holy Word calls mankind to “love one another as He has loved us” and instructs us to even to do good to our enemies. The Jews and the Christians best understand this teaching while others have gone off in some other kind of tangent away from what God Almighty has instructed. They follow erroneously the words and teachings of mere men that lead them astray. God does not call us to be tolerant of evil. When hatred and all kinds of animosity becomes the order of the day, that one is not walking in the perfect will Creator God has given for anyone’s life. If they do not return to the “roots of true faith” the end result of their “sowing and reaping” from that kind of lifestyle will ultimately be eternal death in the Lake of Fire according to the Scriptures.

Marlys Johnsen Norris
NCPA Award Winning Author
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“Intimacy Begins Going God’s Way”
“Recipes for a Happier Marriage”
“God Moves Mountains, It was a Miracle”

BIBLE TRIVIA

by Wilson Casey

1. Is the book of Hebrews in the Old or New Testament or neither?

2. “Let everything that hath breath praise the Lord” is found in what book? *Psalms, Proverbs, Numbers, Jeremiah*

3. What did Abel do for a living? *Carpenter, Keeper of sheep, Tax collector, Tentmaker*

4. Who was the first woman judge in Israel? *Deborah, Sarah, Jezebel, Lydia*

5. To whom did Jesus say, “Get thee behind me, Satan”? *Andrew, Rizpah, Elijah, Peter*

6. Who prayed three times a day at an open window? *Daniel, Jonah, Stephen, Solomon*

ANSWERS: 1) New; 2) Psalms; 3) Keeper of sheep; 4) Deborah; 5) Peter; 6) Daniel

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We Accept All Competitors’ Coupons

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No Extra Charge For Trucks, Vans or SUVs That Accomodate Our Automatic Car Wash

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\$3.00 OFF Any Car Wash

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Special 50% Off 1st Month Care
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Announcements

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Donate Your Car. Children's Cancer Fund! Help Save A Child's Life Through Research & Support! Free Vacation Package. Fast, Easy & Tax Deductible. Call 1-800-252-0615. (Cal-SCAN)

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AAAA* DONATION Donate Your Car, Boat or Real Estate, IRS Tax Deductible, Free Pick-Up/Tow Any Model/Condition Help Under Privileged Children, Outreach Center. 1-800-928-7566 (NANI)

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Other people making it big while you work more and more just to stay caught up with your bills? Spiraling costs and debts? Your business owning you rather than you owning it? Never having the freedom to enjoy the fruits of your labor? Improve life's journey with an unequalled business opportunity, and product that improves everybody's health. For information how to become a part of one of the fastest growing company call 916-205-8118. (Serious enquires only) (MPG)

Do you dream of owning your own business? Pre-Paid Legal Services, Inc. is a publicly traded company on the NYSE and is expanding its services in your area. Full-time/part-time marketing opportunities available. For more information on how to become an Independent Associate of this fascinating company or if you would like to know more about our legal service plans, call today! Tony Lamm, Independent Associate, at 916-773-1421. (MPG)

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Computer Care Complete PC Care and Maintenance. Installs, upgrades, virus removal, wireless. Affordable prices - Same-Day Service. Call Todd 916-529-5954 (MPG)

Brand New Laptops & Desktops
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PROVIDING PERSONAL CARE w/ love and dignity. Rooms available Call 916-721-4721 (MPG)

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SAWMILLS FROM ONLY \$2,990 Convert your Logs To Valuable Lumber with your own Norwood portable band sawmill. Log skidders also available. www.NorwoodSawmills.com/300n -FREE Information: 1-800-578-1363 x300-N. (Cal-SCAN)

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Homeowners Don't Short Sell Your Home as a first option. A home can generate \$2,600,000 of tax-free income. Let me help you create additional income & front page 1040 deductions BK/ CR 916-868-1041 (MPG)

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Reverse Mortgages If you are a senior citizen, you have no doubt heard of a reverse mortgage. For ALL of the information and none of the obligation, call Len Lamb at 728-6653. (MPG)

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House for Rent 3 Bdrms/Bath/FR/LV. Located near of office. El Camino/Walnut Ave. \$825/mo - No Pets. 1st Mo. Plus Deposit. 916-971-1717 (MPG)

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Smith's: Full Maintenance, Sprinkler, Pruning, Aeration, Gutter Cleaning, Hauling. 967-7543 or see www.SmithsLandscape.com (MPG)

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Handyman, JR Handyman Service Randy 916-880-6742 Joel Carter 916-637-3825 (MPG) **Household Helper.** You Name It! Hauling, Gutters, Tree Trim, Spot Carpet Clean 613-8359 (MPG)

Handy Guys Small Jobs, Senior Discounts Gutter Cleaning - Deck's Woodwork 916-519-5135 Free Estimates (MPG)

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25 PEOPLE WANTED To lose up to 30lbs in 30 days! Dr recommended! 888-233-4967 hmhealth4u2@hotmail.com (MPG)

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In-Home Caregivers Wanted
Room and Board. Needed in your home for 35 year old man with early dementia. \$900/month. Some housekeeping needed. 916-989-9135. (MPG)

MOVIE EXTRAS NEEDED! Earn \$150-\$300/Day. All Looks, Types, Ages. Television, Feature Films, Commercials & Print. No Experience Necessary. FT/PT 1-800-340-8404 ext 1007 (NANI)

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LOGISTICS TRAINEE Earn as you learn. Good pay, medical/dental, \$ for school. No experience needed. HS grads ages 17-34. Call Mon-Fri 1-800-345-6289. (Cal-SCAN)

OWN A COMPUTER, Work From Anywhere. Two Step Process. Request Online Info, Review. Set-up phone interview. \$1500PT / \$5000FT. Serious people ONLY! Training Provided: www.rjglobal.com (Cal-SCAN)

AREA MANAGER Full/Part Time Great Pay! Place and collect donation canisters for a non-profit organization who helps families who have children with Cystic Fibrosis and other chronic health problems. Call 1-800-254-0045 www.ifcchildren.org (MPG)

WANTED-AVON Party Hostess
Earn 50% Total Party Sales 50% off Hostess order! Hostess privilege catalog Hostess and Guest Gifts Call Elizabeth 916-295-0185 (MPG)

Pathologist Perform general anatomic & clinical inpatient/outpatient pathology services. Travel to other unanticipated sites may be required. Kolbeck, Bauer & Stanton Medical Corporation, 3637 Mission Ave., Ste. 5, Carmichael, CA 95608. (MPG)

Urgent F/PT Sale Reps needed Latest telecommunications products. \$\$\$ Commission, Bonuses, Residuals Training available call 916 612-6621 (MPG)

Aide for Group Home Graveyard Shift. Requirements: One-year Experience, Good DMV Record. Located in Carmichael. Call 916-487-6758. (MPG)

Health Care Marketing. We are successful business entrepreneurs looking for people passionate about health & business. Go to www.myprotandimbusiness.com and watch a video News clip. Leave your name and email address to learn more, we will get back to you. (MPG)

\$\$\$ WORK FROM HOME \$\$\$
Earn Up To \$3,800 Weekly Working from Home assembling Information Packets. No Experience Necessary! Start Immediately! FREE Information. Call 24 hrs. 1-888-202-1012 (NANI)

\$\$\$ START NOW \$\$\$
Earn Extra Income Assembling CD Cases from home! No Experience Necessary. Call our Live Operators for more information! 1-800-405-7619 Ext 2181 www.easywork-greatpay.com (NANI)

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Earn \$1,200 - \$4,400 Weekly Working From Home Assembling Information Packets. No Experience Necessary! Start Immediately! FREE Information. Call 24hrs. 1-888-298-2090 (NANI)

Earn up to \$500 weekly assembling our angel pins in the comfort of your home. No experience required. Call 813-699-4038 or 813-425-4361 or visit www.angelpin.net (NANI)

Local typists needed immediately. \$400+ PT - \$800+ FT weekly. Flexible schedules, work from home, training provided 1-800-207-6917 (NANI)

Earn up to \$30 per hour. Experience not Required. Undercover shoppers needed to judge retail and dining establishments. Call 800-742-6941 (NANI)

Pharmaceutical/Medical Sales Rep Earn \$45,000 - \$80,000 Per Year Account Executive, Manager, Sales Representative Entry to Upper Level/Paid Training, Bonuses, Call Toll Free 800-723-5414 x7215 (NANI)

Earn \$1100 Weekly Assembling Toys From Home. NO selling & NO recruiting needed! www.safwal.com (NANI)

SALES, Seeking Business minded Marketing rep's, New Technology/ Globally. Training available, F/PT, Residual Income, Commission, Fax Resume 916.910.2002 (MPG)

We are seeking dynamic customer service oriented individuals with great communications and typing skills needed to work on behalf of our company this service representative will earn up to \$3000 monthly any job experience needed. Email at danelopez1980@yahoo.com if interested (MPG)

MAKE A DIFFERENCE. For More Information: (916) 383-9785 ext. 15 (MPG)

Wanted: 29 Serious People to Work From Home using a computer. Up to \$1,500-\$5,000 PT/ FT www.REBvision.com (MPG)


Exp & professional filing clerk needed to organize and file for private residence. Must have own trans. Hrs: 12:30-5:30pm, m-w-f \$12/hr. \$180.00/wk flat. Resume to: FAX: 916-638-9951. (MPG)

Government Jobs-\$12-\$48/hr Paid Training, Full benefits. Call for information on current hiring positions in Homeland Security, Wildlife, Clerical and professional. 1-800-320-9353 x 2100 (NANI/G)

TIRED OF BEING BROKE? Get paid daily. No experience required. Local training. 888-211-4268 www.happyandhealthyfamily.com (MPG)

STRESSED OUT? Work from home & get paid daily! www.happyandhealthyfamily.com 888-211-4268 (MPG)

ASSEMBLE MAGNETS & CRAFTS FROM HOME !! Year-round Work! Excellent Pay! No Experience! Top US Company! Glue Gun, Painting, Jewelry & More! TOLL FREE 1-866-844-5091, code 5 **Not available MD** (NANI)

Single Again Magazine Online is seeking an independent sales contractor to generate advertising sales for our nationally recognized website. We are a website designed for the divorced, widowed and separated that offers real advice and articles to help people rebuild their lives. This is a part-time, extra income opportunity that you can work at from your home. Compensation is commission only, but the commission is a generous rate. Check us out at www.SingleAgain.com. To apply, send your email to publisher@singleagain.com. 

Matheson Trucking, Inc. is now hiring an Executive Administrative Assistant to be the primary support for the CEO, CFO and COO. Supports front desk, prepares and maintains documents, schedules meetings and travel. Must have 5-7+ years exp supporting a corporate environment; excellent verbal and written communication skills; proficient in MS Outlook, Word, Excel and PowerPoint. Must be professional, friendly and a team player. Fax resume to 866-418-9913 (MPG)

Help Wanted - Drivers

SLT - IMMEDIATE OPENINGS for CDLA teams, O/O's welcome and paid percentage. \$1,000 bonus. \$1100 week average pay for company teams. Hazmat & 2 yrs experience. 1-800-835-9471. (Cal-SCAN)

Help Wanted - Medical

Geriatric Home Care Specialists is currently seeking CNAs, HHAs and Caregivers willing to work in Placer, Sacramento, and El Dorado counties, with at least two years experience in caring for the elderly. We offer hourly, overnight, and live-in shifts. Please call 916-630-8588 for more information. (MPG)

Help Wanted - Sales

OVER 18? AVAILABLE TO TRAVEL? Earn Above Average \$\$\$ with Fun Successful Business Group! No Experience Necessary. 2wks Paid Training. Lodging, Transportation Provided. 1-877-646-5050. (Cal-SCAN)

Would you like to be Mentored by a Millionaire? Proven System, Perfect timing. 24 Hr Recorded Message. CALL NOW!!! 888-279-7875 (MPG)

Self-Made Millionaire offering Apprenticeships. Earn While You Learn From a Self Made Millionaire. 24 Hr Msg. CALL NOW. 800-219-7757 (MPG)

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House Cleaning Sparkling clean home guaranteed. Professional petcare. Experienced, dependable, reasonable rates. Call Madeline 916-723-1608. (MPG)

DeAna's HOUSEKEEPING
Immaculate, Fast, Honest, Dependable. I care about what I do. Call me, 916-549-4915 (MPG)

QUALITY WINDOW CLEANING
PLEASE CALL MARK AT 612-8949. (MPG)

Homesitters on Wheels, Office needs two RVers with RV's for PetSitting 916-483-5146 (MPG)

Landscaping

Lawn and Garden Service Bi-weekly or monthly Call for FREE estimates 965-8224 (MPG)

LawnmowerService Mow & Edge your lawn 4 times per month for a fee. Call Bob 916-456-5281 (MPG)

Tall Weed Cutting Low Rates 916 524-7477 (MPG) **Full Yard Maintenance, one time clean-ups & tree trimming.** See our website: www.terrabellagarden.com or c/c Randy for info at 454-3430 or 802-9897. (MPG)

Lawn Service - I can mow and edge your lawn. Reasonably priced. Call for a free estimate at 916-934-9944 (MPG)

Legal Services

Need an Attorney? Have a legal situation? Looking for extra income? Contact Eicka Mitchell at 916-729-7364 or ericamitchell@prepaidlegal.com (MPG)

BANKRUPTCY LAWYERS: Credit Card Debt, Foreclosure, Repo, Wipe Out Bills, Free Consultation 971-8880 (MPG)

Men's Suits For Sale

Men's Suits Men's 42 Jacket, 36-38 Waist Assorted used men's suits in very good condition. \$25-\$35 each. Buy one or all. Call 773-7337 (MPG)

Miscellaneous

Reach over 30 million homes with one buy. Advertise in NANI for only \$2,795 per week! For information, visit www.naninetwork.com (NANI)

FREE DIRECTV's Best Package 5 Months! 265+ Channels + Movies with NFL Sunday Ticket Order! FREE DVR/HD Upgrade! Other packages from \$29.99. Details Call **DirectStarTV 1-800-620-0058** (NANI)

Brand New Laptops & Desktops Bad Credit, No Credit – No Problem. Small Weekly Payments – Order & get FREE Nintendo Wii system! 1-800-804-5010 (NANI)

Receive \$1000 in Groceries! Real relief program helping people just like you! Pay only \$4.90 for your grocery voucher. Use on your favorite brands! Consumer Advocate Response introductory price. 1-800-430-9507 (NANI)

DIRECTV's Best Package FREE 5 Months! 265+ Channels + Movies with NFL Sunday Ticket Order! FREE DVR/HD Upgrade! Other Packages from \$29.99. Details Call **DirectStarTV 1-800-279-5698** (NANI)

AIRLINES ARE HIRING – Train for highpaying Aviation Maintenance Career. FAA approved program. Financial aid if qualified – Housing available. CALL Aviation Institute of Maintenance (888) 686-1704 (NANI)

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****ALL Satellite Systems are not the same.** HDTV programming under \$10 per month and FREE HD and DVR systems for new callers. CALL NOW 1-800-799-4935 (NANI)

ATTEND COLLEGE ONLINE from Home. "Medical," "Business," "Paralegal," "Accounting," "Criminal Justice." Job placement assistance. Computer available. Financial Aid if qualified. Call 800-510-0784 www.CenturaOnline.com (NANI)

OLD GUITARS WANTED! Fender, Gibson, Gretsch, Martin, D'Angelico, Stromberg, Rickenbacker, and Mosrite. Gibson Mandolins/Banjoes. 1930's thru 1970's TOP CASH PAID! These brands only please. 1-800-401-0440 (NANI)

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DISH NETWORK. \$19.99/mo. Why Pay More for TV? 100+ Channels - FREE! 4-Room Install - FREE! HD-DVR Plus \$600 Sign-up BONUS. Call Now! 1-866-747-9773. (Cal-SCAN)

Richmond's Hunting Club Come hunt with us - 20K acres. Doves, Quails, Pheasants, Ducks and Geese. For information: Dennis Sanders 530-913-5817 or Les Edwards 530-458-3814 (MPG)

TUPPERWARE
Please call for a Free Catalog. Chris Krcmar 916-483-1671 (MPG)

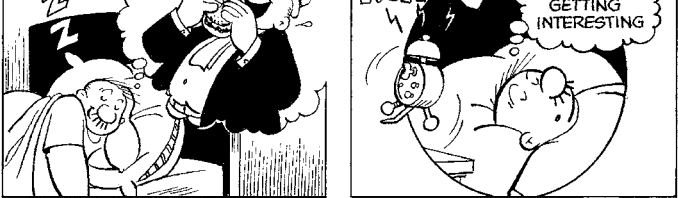
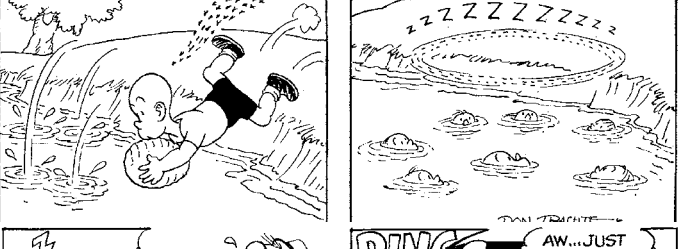
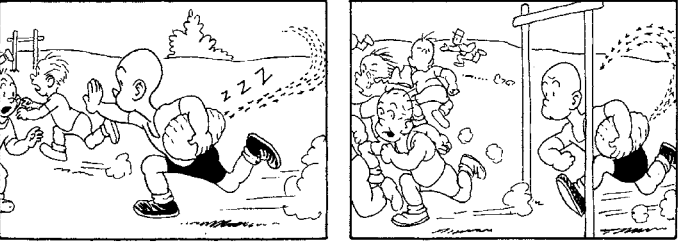
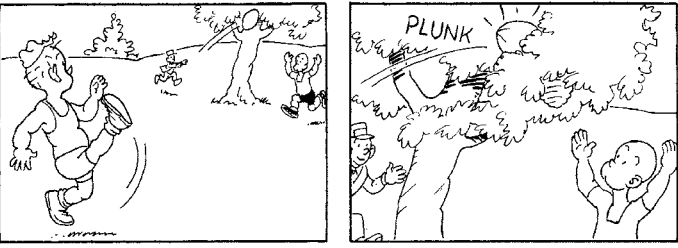
Miscellaneous Items For Sale

STOP Paying Too Much for TV! Get Dish w/FREE install plans. FREE HBO & Showtime \$ FREE DVR upgrade. Call FREE for full details! 877-479-3573 (NANI)

Discounted Steel Buildings Big & Small. Get the Deal of Deals! Placement to Site. www.scg-grp.com Source #03V. Phone: 916-248-4416 (MPG) **The Fair Oaks Cemetery District** is accepting sealed bids until 3:30 pm Oct. 14,


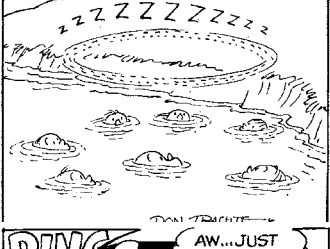
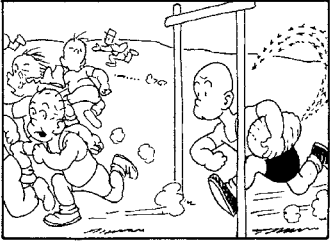
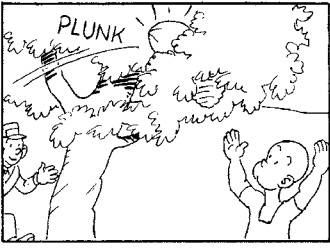
Henry

BY
DON
TRACHTE



PoPeye

HEY CYSMAN



AH! ALL THE PROMISES OF A NEW DAY.

...THE PROMISE OF A FRESH BEGINNING.

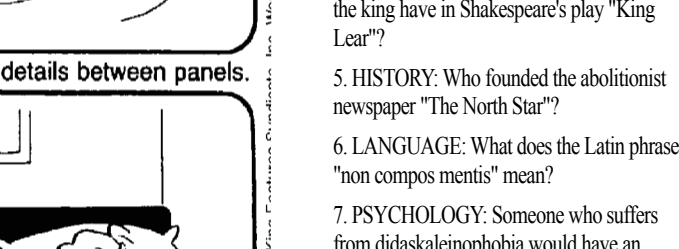
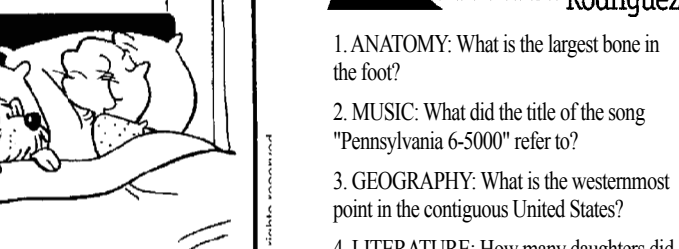


THE PROMISE OF POPEYE PICKING UP THE TAB...

FOR A THREE-BURGER LUNCH

BAH!

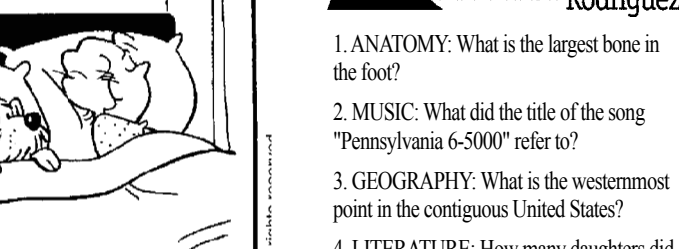

I'VE BEEN A VICTIM OF BROKEN PROMISES BEFORE!

by Jeff Pickering




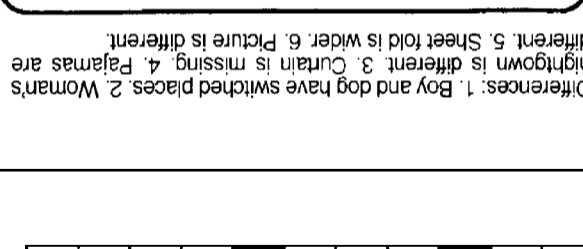

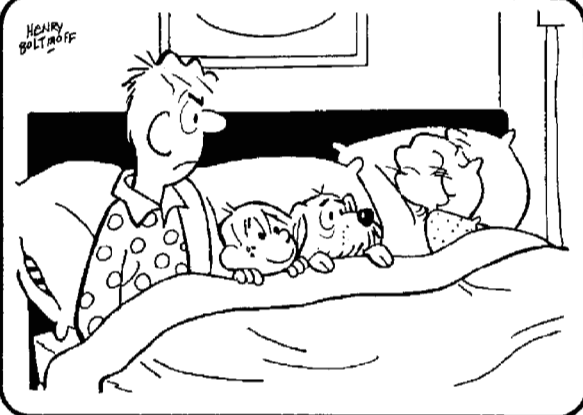
THE EARLY BIRD CATCHES THE WORM!

WHAT HAPPENS IF THE WORM SLEEPS IN?


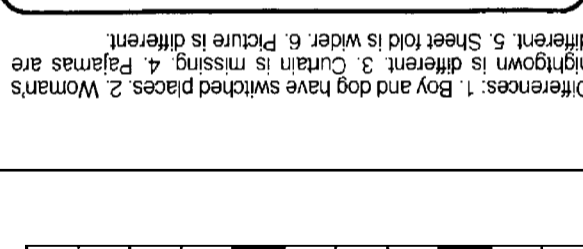

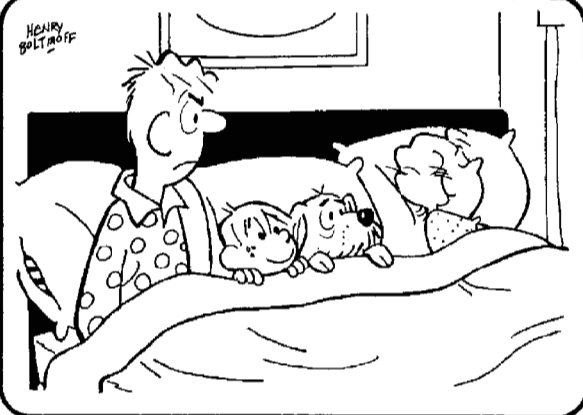


HOCUS-FOCUS

BY
HENRY BOLTINOFF




Find at least six differences in details between panels.



Trivia

test

by Fifi Rodriguez



1. ANATOMY: What is the largest bone in the foot?

2. MUSIC: What did the title of the song "Pennsylvania 6-5000" refer to?

3. GEOGRAPHY: What is the westernmost point in the contiguous United States?

4. LITERATURE: How many daughters did the king have in Shakespeare's play "King Lear"?

5. HISTORY: Who founded the abolitionist newspaper "The North Star"?

6. LANGUAGE: What does the Latin phrase "non compos mentis" mean?

7. PSYCHOLOGY: Someone who suffers from didaskaleinophobia would have an abnormal fear of what?

8. COMICS: What is the name of the family dog in the "Dennis the Menace" comic panel?

9. SCIENCE: How fast can a bolt of lightning travel?

10. TELEVISION: In what fictional city does the soap opera "All My Children" take place?

Weekly SUDOKU

by Linda Thistle

		2	5					7
5				8		9		
	7			3	2		6	
		3			1	4		
9	1		2					5
		8		6			1	
		1			4	3		6
2				5			7	
	6		8			2		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

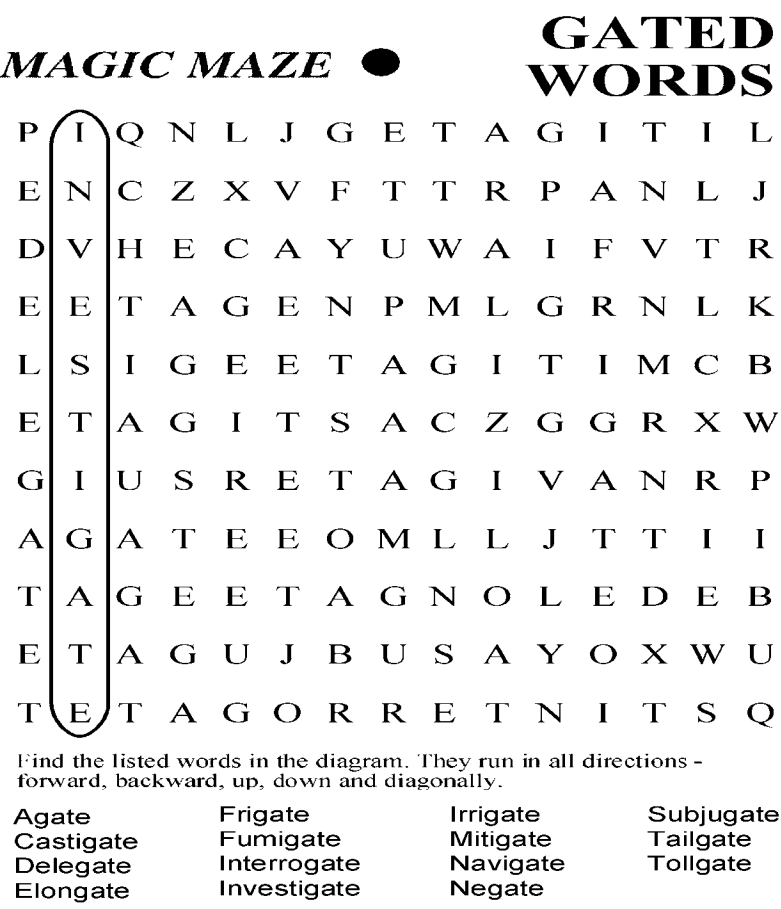
DIFFICULTY THIS WEEK: ★ ★

★ Moderate ★ ★ Challenging
★ ★ ★ HOO BOY!

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MAGIC MAZE

GATED WORDS



Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Agate Frigate Irrigate Subjugate
Castigate Furnigate Mitigate Tailgate
Delegate Interrogate Navigate Tollgate
Elongate Investigate Negate

All Answers on Page 10

Contract Bridge

MAXIMUM SECURITY

Fast dealer.
East-West vulnerable.

NORTH

♠ 1 9 8 3
♥ K 6 2
♦ K J 5
♣ A Q 4

WEST

♠ A K 4
♥ 8 5 3
♦ 10 6 4 2
♣ J 8 7

EAST

♠ Q 10 7 6
♥ 7
♦ Q 9 8 3
♣ K 10 5 2

SOUTH

♠ 5 2
♥ A Q J 10 9 4
♦ A 7
♣ 9 6 3

The bidding:
East South West North
Pass 1 ♥ Pass 2 NT
Pass 3 ♥ Pass 4 ♥
Opening lead — king of spades.

Card-reading — the ability to figure out how the opponents' cards are divided based on bids and plays they have or haven't made — is a crucial element in the play of many hands.
Consider this deal where West leads the king of spades, on which East plays the seven. West continues with the ace and another spade, East playing the six on the ace and the ten on dummy's nine.

The Life and Music of Irving Berlin


Saturday, October 24
7:00 pm to 11:00 pm
The Melody Lingers On
The life and music of Irving Berlin
Sacramento Association of Realtors Building
2003 Howe Ave,
Sacramento CA 95825
Concert followed by Dance, evening dress attire.
Sponsored by the Kiwanis Club of Carmichael.
Proceeds support the needs of children in our community
Tickets \$30/ \$35 at the door, tax-deductible.
For tickets call:
Suzanne 916-838-7830 or
Carolynne 916-979-9758

Orienteering at Mississippi Bar

Take a hike in a beautiful American River park and learn how to use a map and compass at an orienteering meet on Sunday, Oct. 18.
The meet at Mississippi Bar in Fair Oaks is sponsored by Gold Country Orienteers (GCO). Mississippi Bar, on the north shore of Lake Natoma, is part of Folsom Lake State Recreation Area.
Orienteering is a fun and challenging sport for individuals and families. Using a detailed map, compass and a set of clues, you navigate from point to point to find a series of designated places. The sport can be done as a competitive race or a leisurely hike and is great for youth groups, outdoors enthusiasts, adventure racers and anyone seeking a physical and a mental challenge.
This meet will feature two beginner courses and a challenging Line-O course for intermediate and advanced orienteers. In Line-O, there is only a line on the map. You must carefully navigate along that line to find the controls. Beginner instruction will be available.
Registration will be from 9 a.m. to 12 noon. The courses can be started between 10 a.m. and 12:30 p.m. The cost is \$5 for GCO members and \$6 for nonmembers, for each individual or team going out together. It is \$2 for a second map or second course.
To get to the park, take Highway 50 east of Sacramento to the Hazel exit. Go left (north) and over the river to Sunset and turn right. Follow it down the hill and take the left turn onto Main. Turn into the Shadow Glen stables and park in the lot to the right. From the north, take Hazel south to Sunset.
For more information, visit <http://www.goldcountryorienteers.org/> or contact Jennifer at 916-922-8671 or email jkerrt1561@yahoo.com.

Just Like Cats & Dogs

by Dave T. Philippe



KING Crossword

Answers on Page 10

ACROSS

1 Send forth
5 Grier or Dawber
8 Feds
12 A-line creator
13 Mimic
14 Wash
15 Con
16 Revolver
17 Curved molding
18 Unhealthful atmosphere
20 Ascending
22 Heavy weight
23 Tasseled topper
24 Hipsters' jargon

27 Engrave
32 Oklahoma city
33 Peeples or Verdalos
34 Gist
35 Over-whelming
38 Predicate part
39 Exist
40 "Eureka!"
42 Money-back deal
45 Tidbit
49 Object of worship (Var.)
50 Bill's partner
52 Nastase of

53 Teller's companion
54 That girl
55 Have coming
56 Vortex
57 Raw rock
58 Coloring agents

DOWN

1 Mild yellow cheese
2 Revealing fashion
3 Greek vowel
4 Sad, on the Seine
5 Violin virtuoso

6 "Simpsons" storekeeper
7 Carte
8 Brooding, angry look
9 Periodical
10 Always
11 Requisite
19 Collins of "MADtv"
21 Cpl.'s subordinate
24 Boxing tactic
25 Altar
26 Tramp
28 Diarist Anais
29 Native American leader

30 Plant sticker
31 Recede
36 "Beverly Hillbillies" role
37 Permit
38 Hetero-geneous
41 Crooner Don
42 Mature
43 Supple-mented, with "out"
44 Reverberate
46 Dispatch a dragon
47 Green land
48 Photog's choice
51 " the fields we go"

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Orangevale Authors Headline Local Authors Appreciation Day

Dahlynn and Ken McKowen

Orangevale - During the week of October 19-25, Barnes and Noble store patrons who present a voucher from Friends of the Orangevale Library or just mention the Orangevale Library will trigger a donation to the library. The donation, a percentage of the patron's purchase, includes all purchases in the Citrus Heights store, not just books, and costs the patron nothing. The voucher is available at the library. It can be presented every day of the week, even several times a day!

The highlight of the weeklong fundraiser for the Orangevale Library, will be the Saturday, October 24, 11:30 am appearance of Dahlynn and Ken McKowen, who will feature their newly released book *The Wine-Oh! Guide to California's Sierra Foothills*. The first in a series, the *Wine-*

books, as well as travel guides, including national award-winner Best of California's *Missions, Mansions, and Museums*.

Several additional local authors will appear to autograph books and talk to customers beginning at 11:30 am October 24. The roster includes Josh Buhs (*Bigfoot: The Life and Times of a Legend*); Dee Brice (*Virtually His*), Eva Gordon (*Werewolf Sanctuary*), Sharon Latham (*Mr. and Mrs. Fitzwilliam Darcy and Loving Mr. Darcy*), Loucinda McGary (*The Treasures of Venice*), Patti Newman (*Nugget on the Flight Deck*), Corky Oates (*Senor Fideles: Adventurer of the Sierra Nevada*), Marlene O'Neill (*Love Within*), Jeannie Ruesch (*Something About Her*), Linda Joy Singleton (*The Dead Girl and Seer Series*), and Donna Wierzbowski (*Operation Familia*).

In addition to the appearance of the local authors, there will also be a Halloween Story time at 11:30 at the store. So bring the family, along with your voucher, start your holiday shopping and support the library.

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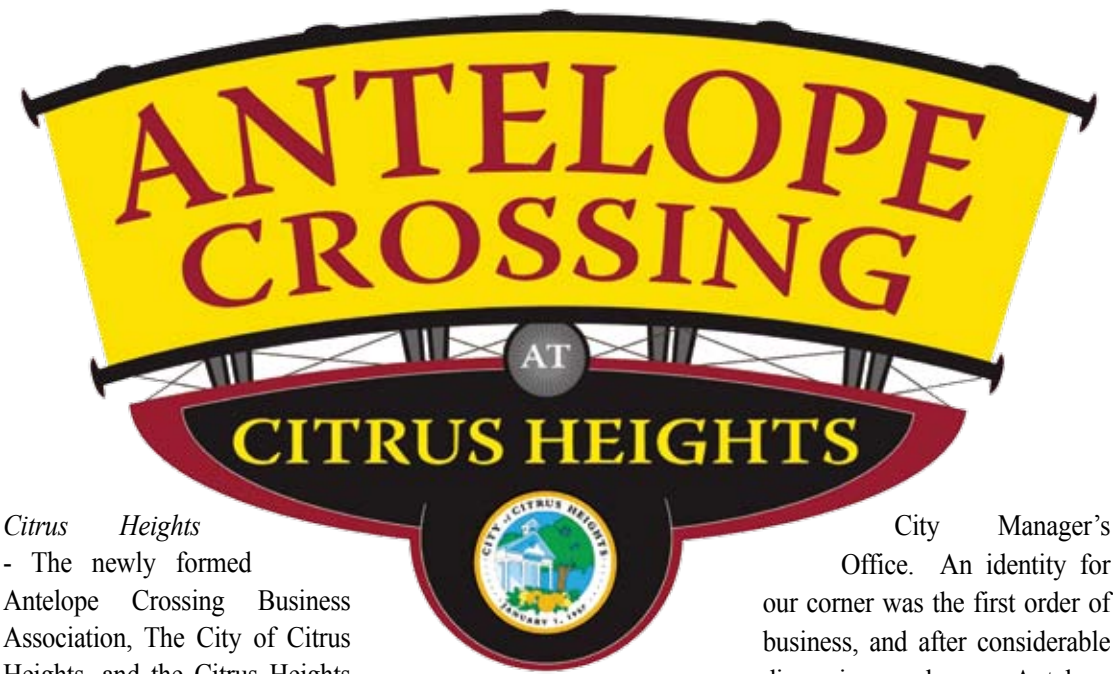
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Antelope Crossing Holds “Spooktacular” Event



Citrus Heights
- The newly formed Antelope Crossing Business Association, The City of Citrus Heights, and the Citrus Heights Chamber of Commerce invite you to a celebration of the completion of the Antelope Roadway and the first event sponsored by the our new organization. This free family event, “Spooktacular” includes a ribbon cutting ceremony,entertainment, costume contest, booths and interactive kids’ activities. The event will be held on October 31, 10:00-4:00, with the ribbon cutting ceremony kicking off the celebration at 10:00 a.m., and the costume contest wrapping up the scheduled events at 3:00 p.m. Activities will take place on both sides of Antelope Road @ I-80, exit #100. It has been almost a year since a property owner, frustrated by the impact of the looming vacancies created by the departure of Albertson’s and Rite-Aid from the corner of Antelope and Tupelo, contacted the City of

Citrus Heights for help. Rhonda Sherman, economic development director, responded by inviting the property and business owners, the Neighborhood Association and the Chamber of Commerce to a meeting to identify the issues and discuss ways to revitalize this corner. Initially the City took the lead in these meetings, hiring one consultant to study the corner and make recommendations for increased visibility and beautification, and another to moderate the discussions. From the onset the City expressed their willingness to partner with the owners, who would take charge of the group under the guidance of the experienced City officials. The initial meetings of more than twenty-five reduced to a small task force that met directly with Monica Alejandro from the

City Manager’s Office. An identity for our corner was the first order of business, and after considerable discussion, we became Antelope Crossing at Citrus Heights. The City developed a logo and banners to hang along the newly refurbished street improvements on Antelope Road. The accomplishments of this group of talented business leaders are truly amazing. This is a real community effort to revitalize the only business area that directly links Citrus Heights to I-80. Looking forward the group is working to Adopt the Overpass, install signage visible from I-80, and plan a spring event. Come join the fun on October 31 from 10:00-4:00 p.m. Your kids can put on their Halloween costumes and all can enjoy the entertainment, booths, and carnival activities. Celebrate with us and check out the businesses the service the community at Antelope Crossing!

Kohl’s Celebrates Grand Opening of New Sacramento Area Stores

Kohl’s opening 30 new stores in California, creating more than 4,200 new jobs statewide



Tanya Lowe, Manager John Clark and Jennifer Sunahara celebrate the Grand Opening. Photo provided by Citrus Heights Chamber of Commerce.

Citrus Heights-Kohl’s Department Stores officially opened its doors to three Sacramento-area Kohl’s stores on Wednesday, September 30 with ribbon cutting ceremony events. The new stores have created approximately 600 new jobs for local residents. Kohl’s is opening 37 stores nationwide this fall, including 35 former Mervyn’s locations. These California stores mark the largest number of Kohl’s locations to open in a single state on the same day. The opening of these stores brings the total number of Kohl’s stores in the state to 121. New local locations include: Citrus Heights, 6135 San Juan Ave, Sacramento (Point West), 1896 Arden Way, and Rancho Cordova, 11051 Olson Drive. As a family-focused, value-oriented company, Kohl’s is committed to the communities it serves. Through Kohl’s A-Team, associates are encouraged to volunteer for local youth-focused nonprofit organizations, and Kohl’s matches their efforts with corporate grants. This year Kohl’s associate volunteers from more than 150 stores in the West are expected to raise more than \$1 million in grants for nonprofits. Kohl’s also sells special Kohl’s Cares for Kids® merchandise, like books and plush toys, year-round with 100 percent of the net profit benefiting children’s health and education initiatives nationwide. Since the program’s

inception in 2000, Kohl’s has raised more than \$126 million. This year Kohl’s awarded nearly \$350,000 in scholarships and prizes to more than 2,000 kids nationwide through the Kohl’s Kids Who Care® Scholarship Program. To celebrate the opening of its newest stores, Kohl’s offered grand opening specials throughout the store on world-class exclusive and national brands for her family, herself, and her home. Kohl’s stores nationwide and Kohls.com feature brands such as Levi’s, Carter’s, Jumping Beans, Nike, adidas, Vans, Hanes, GOLDTOE, Candie’s, Tony Hawk, Simply Vera Vera Wang, Dana Buchman, Bali, Mudd, ELLE Contemporary Collection, Gloria Vanderbilt, and Food Network. In addition, Kohl’s is now the exclusive U.S. retailer for LC Lauren Conrad, a new contemporary lifestyle brand for women designed by Lauren Conrad. Kohl’s offers shoppers a variety of ways to get great values on the brands they love. There are no merchandise or brand exclusions when using offers like Kohl’s Cash coupons or Kohl’s Charge Card discounts. In addition, customers can layer on these discounts and maximize savings during special promotions and sale hours. Every store also offers an industry-leading return policy, gift cards, gift registries, convenient store hours, centralized checkouts and the Kohl’s Cares for Kids® cause program.

New Kohl’s stores also feature an inviting exterior to welcome customers with outdoor seating and music, plus redesigned Juniors’, Intimates, Jewelry, Children’s and Footwear departments. As part of its green mission, Kohl’s is committed to being an environmentally responsible retailer. The company was most recently ranked first among retailers on Newsweek’s list of The Greenest Big Companies in America and was named one of the Environmental Protection Agency’s (EPA’s) 2009 Green Power Partners of the Year. *Based in Menomonee Falls, Wis., Kohl’s (NYSE: KSS) is a family-focused, value-oriented specialty department store offering moderately priced, exclusive and national brand apparel, shoes, accessories, beauty and home products in an exciting shopping environment. By the end of September, Kohl’s will operate 1,059 stores in 49 states. A company committed to the communities it serves, Kohl’s has raised more than \$126 million for children’s initiatives nationwide through its Kohl’s Cares for Kids® philanthropic program, which operates under Kohl’s Cares, LLC, a wholly-owned subsidiary of Kohl’s Department Stores, Inc. For a list of store locations and information, or for the added convenience of shopping online, visit www.kohls.com.*

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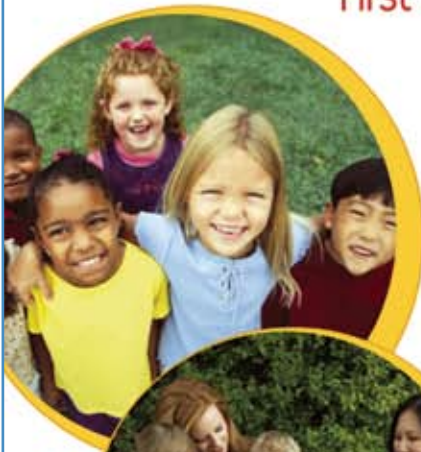
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- playgroups
- art & reading activities
- neighborhood meet-ups

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- **Email** First5grants@saccounty.net

The community grants are provided through the Community Building Initiative (CBI) of the First 5 Sacramento Commission. The Commission uses Proposition 10 (tobacco tax) funds to support the healthy development of children age five and under.



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