

AMERICAN RIVER

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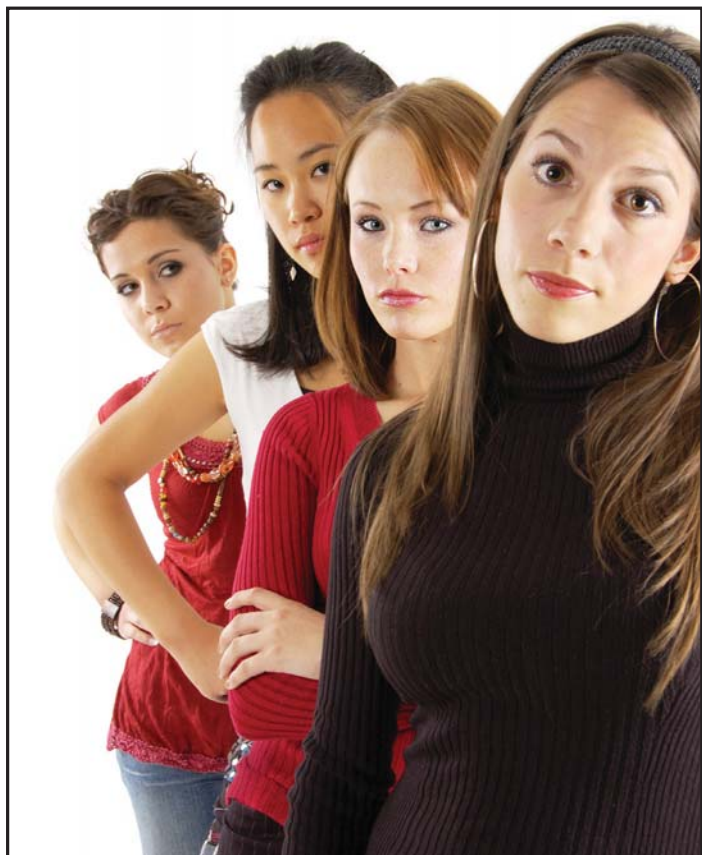
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Second Edition for September 2009

Californians Would Vote to Authorize and Call Constitutional Convention



Support Consistent Across Party Lines

Sacramento - (BUSINESS WIRE) - Californians appear ready to support two measures to call a limited citizen's Constitutional Convention to reform the state's failed governance system, according to a poll conducted by EMC Research for Repair California. After explaining basic details of the proposal, such as who could serve as delegates and what issues would or would not be considered, more than two-thirds of Californians (69 percent) would vote yes on "Proposition 1," or the Citizen's Constitutional Convention Act, which would allow the voters of California to directly call a Convention. A similar supermajority of 71 percent would vote yes on "Proposition 2," or the Call for a Citizen's Constitutional Convention, which would immediately call a limited Constitutional Convention to assemble a representative cross section of people of the state to propose reforms to the state's governance structure. Both measures only require a simple majority of 50 percent of voters to win on Election Day. The poll was conducted September 8-13, 2009 with 1000 registered California voters and has a margin of error of 3.1 percent. "These results confirm what we have heard from Californians across the state who are intensely frustrated with the failure of state

government – and the damage it has caused – and are ready to take power into their own hands to fix it," said Jim Wunderman, President and CEO of the Bay Area Council and a member of Repair California. "We are ecstatic to see support runs deep across party lines, ethnicities and age groups." After sharing details of the Convention, and subjecting voters to opponent and supporter messages, 70 percent of registered Republicans would call the Convention, 71 percent of Democrats and 74 percent of decline to state voters would vote yes. In age groups, support was highest among young 18-34 year-old voters with 73 percent reporting they would vote yes, but 71 percent of those 55 years-old or higher would also approve the measures. Turnout is often considered a key political factor for ballot measures, but the Constitutional Convention measures are strong with low propensity voters (71 percent) and with high propensity voters (70 percent). Support for the Constitutional Convention was particularly high with Latino voters (80 percent). Men registered as decline to state voters were least supportive, with 67 percent saying they would support the measure. Voters are extremely pessimistic about the direction of California. Only 14 percent think the state is on the right track and 77 percent

think the state is on the wrong track.

Voters were asked what their highest priority would be if they were a delegate to a Constitutional Convention limited to governance reform. Their highest priorities were limiting the influence of special interests, reducing waste and bureaucracy, and controlling spending. Their lowest priority was changing Prop. 13.

If the election were held today, without any basic information or positive or negative campaigning, just rudimentary ballot language, the two measures still look strong with 57 percent voting yes on Proposition 1 and 34 percent voting no. Sixty-three percent would vote yes on Proposition 2 and 28 percent would vote no.

Repair California is finalizing two ballot measures to submit to the Attorney General for the November 2010 ballot. The first measure would amend the Constitution to give the voters the right to call a Constitutional Convention, a right currently reserved only for the Legislature. The second measure would call the Convention. As has been successfully and legally done in many other states, the measure would limit the Convention to issues of governance, specifically delineated as (1) the budget process, (2) the election and initiative process, (3) the relationship between state and local governments, and (4) management of state bureaucracy. Delegates would be barred from proposing any tax increases.

If called, the Convention would gather in early 2011, then propose a revised system of governance to the voters in a special election in late 2011.

"We want to make one thing very clear: This effort is as diverse as the state of California," said Wunderman. "We are working with Republicans, Democrats, Greens, Libertarians and Nonpartisans. We are working with every gender, ethnicity and age group. Part of our systemic failure is our dissension into narrower and narrower interests. This Convention can unite us again."

Repair California is a broad-based coalition of Californians dedicated to achieving real reforms that are needed to get California functioning again. While the movement was initiated by the Bay Area Council, it has rapidly spread to include individuals and groups from around the state.

Source: Bay Area Council

"The Gift Of Knowledge" Elks Give 900 Dictionaries



Third-graders at Cameron Ranch School showing their new dictionaries

By Larry Stitt,

Dictionary Project Chairman

Carmichael - In early September each 3rd-grade student in Carmichael elementary schools was given a free copy of "Webster's Dictionary for Students" by Carmichael Elks Lodge #2103. Receiving a gift of a dictionary has been called receiving "The Gift of Knowledge."

Carmichael Elks Exalted Ruler Bob Lowe reports that Lodge members distributed over 900 dictionaries to third-graders at Mary Deterding, Garfield, Mission, Thomas Kelly, Charles Peck, Albert Schweitzer, Starr King, Cameron Ranch, Carmichael and Coyle Avenue elementary schools. The excitement and enthusiasm the

students displayed upon receiving their own personal dictionary indicates this gift of knowledge will motivate their learning of dictionary skills.

Most schools teach dictionary skills in third-grade. The foundation for the concepts of correct usage of words, alphabetical order, and parts of speech develops from learning to use the dictionary. Third grade is also a critical juncture in a child's education -- this is when students make the transition from "learning to read" to "reading to learn." All formal education after third grade is premised upon the student being able to read and to understand what he or she reads. The availability of a dictionary helps build strong readers. Latino children whose

parents are not bilingual were also given Spanish-English dictionaries.

A possible auxiliary benefit was apparent at one of the schools. After several students said their favorite word was "dictionary" and they were told the definition of dictionary is on page 111, many students had no clue as to how to find page 111. Thus, learning dictionary skills may also help students better grasp the concept of numerical order. This is just one example of the many benefits that will accrue from studying how to use their dictionaries.

Exalted Ruler Bob Lowe said the Carmichael Elks Lodge is proud to participate in the nationwide "Dictionary Project" as one of the Lodge's many programs benefiting Carmichael youths. The Dictionary Project furnishes dictionaries nationwide to as many third-graders as possible. The Project has distributed over 10 million dictionaries since 1995, and over 2.4 million in 2008 alone. Last year 6322 individuals or groups made donations to fund this outstanding program.



Latino third-grader at Albert Schweitzer School receiving both a Spanish-English and an English dictionary from Elks PER Larry Stitt and teacher Jean Hurley

Business Expo At Sunrise Mall

The Citrus Heights Regional Chamber of Commerce presents its 21st Annual Business Expo at Sunrise Mall on October 10 & 11, 2009. The show hours are 10:00 am to 9:00 pm on Saturday and 11:00 am to 6:00 pm on Sunday. Attendance and parking is free to the public.

This annual community event will be showcased in the established and attractive setting of Sunrise Mall, set among its already 100 plus retailers. Make this a fun, family event with mall attractions such as

restaurants and movie theater along with the featured Business Expo exhibitors including: Corner Chiropractic, Flexibly Fit, Mary Kay Cosmetics, Tupperware, Merrill Gardens at Citrus Heights, National Online Information Center, SMUD, Capital Mechanical, Servpro of Citrus Heights, Roseville and Carmichael, Bath Fitters, Nationwide Insurance, Grocery Outlet of Citrus Heights, Sunrise Recreation & Park District and the City of Citrus Heights. Services and products the

exhibitors will showcase in the Business Expo include: health & recreation, city & park services, skin care, muscle therapy, home improvement, fire & water restoration, energy conservation program, green energy, house ware products, educational programs, retirement living and insurance services.

For more information on available exhibitor space, or for general information, call the Chamber office at (916) 722-4545 and ask for Renee Larscheid.

7th Annual Fair Oaks Dog Walk

Fair Oaks - This year's Fair Oaks Dog Walk takes place on Saturday October 3rd, 2009. The event features a two-mile walk for dogs and their humans along the beautiful American River Parkway. Along the way, attendees will enjoy free treats and water, live music, vendor booths and raffle prizes. The many fun events include doggie contests such as

musical sit (canine version of musical chairs) and the parade of pooches, many in unusual costumes!

Registration for this family event begins at 8:30 a.m. in the Fair Oaks Village Park and the walk begins at 9:00 a.m. The registration fee is \$10 for the first dog and \$5 for each additional dog. T-shirts are available to order with your pre-registration. Additional information

and online registration is available on the website: [HYPERLINK "http://www.fairoaksdogwalk.com"](http://www.fairoaksdogwalk.com) www.fairoaksdogwalk.com.

Proceeds benefit FORDOG (Fair Oaks Responsible Dog Owners Group), TEAM (Teaching Everyone Animals Matter) and the Fair Oaks Chamber of Commerce.



The E.F. Hutton of Prostitution

TheradicalactivistgroupACORN is the E.F. Hutton of prostitution. It stands ready to provide discreet advice on setting up a brothel and engaging in other, associated acts of criminality. When ACORN talks, pimps and hookers listen.

This has been established by an audacious video sting operation undertaken by guerrilla conservative documentarian James O’Keefe, 25, and his sidekick Hannah Giles, 20. O’Keefe posed as a pimp and Giles as a prostitute seeking help getting a mortgage for a brothel. In cities around the country, workers for ACORN -- the Association of Community Organizations for Reform Now -- happily obliged.

Posted at the new Web site BigGovernment.com and aired on Fox News, the videos are yet another indication of the loosening grip of the legacy media. A couple of 20-somethings crafted a devastating expose with just a hidden camera and some gumption. The Census Bureau immediately severed its ties with ACORN.

In Baltimore, ACORN staff told Giles that if she makes \$96,000 a year selling sex, she should tell the government she only makes \$9,600. Her occupation, meanwhile, should be reported as “performing artist.” If the conversation had gone longer, surely she would have been advised how to apply for a National Endowment for the Arts grant.

O’Keefe notes that they want a house for 13 underage girls who will be imported from El Salvador to work as prostitutes. Only three -- not all 13 -- of the girls can be listed as dependents, ACORN prudently advises. And so long as they are under 16, they will make O’Keefe and his partner eligible for the child tax credit.

So it went in other ACORN offices. In Washington, D.C., O’Keefe and Giles were told they could lie in their loan application

for the house. “We are looking out for you,” an ACORN staffer said, reassuringly. In Brooklyn, Giles was told to identify herself in loan documents as a “freelancer” and to bury cash proceeds of her work in the backyard.

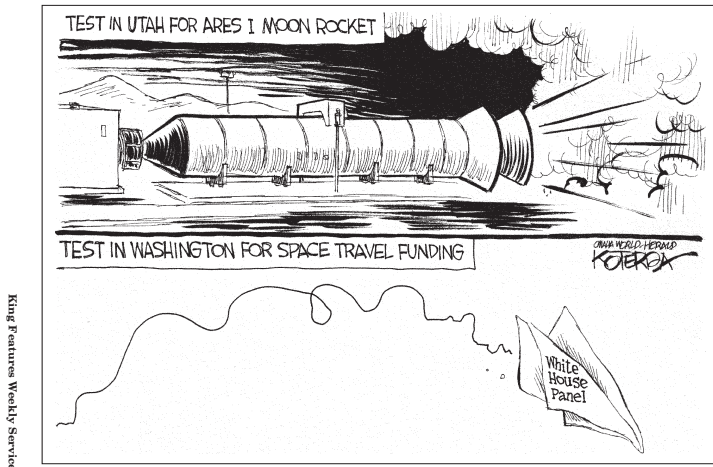
The ACORN staff comported itself in keeping with founder Wade Rathke’s philosophy of “maximum eligible participation.” The idea is to sign up as many people as possible for government benefits. It has its roots, Matthew Vadum of the Washington-based Capital Research Center writes, in the 1960s New Left vision that “called upon activists to pack the welfare rolls to spread dependency, bankrupt the government and cause uprisings against the capitalist system.”

If the revolutionary fires no longer burn as bright, ACORN still has radical aspirations and a marginal commitment to the existing political and legal system. Unsurprisingly, its voter-registration efforts are synonymous with fraud. For all its disgust with capitalism, ACORN is well-heeled, between its membership fees (O’Keefe and Giles were repeatedly urged to sign up), foundation grants, corporate shakedowns and government funding. By one estimate, it has garnered \$53 million in federal funds since 1993.

This must stop. After the voter-registration scandals of last year, Republicans agitated for a congressional investigation of the group. Democratic Rep. John Conyers initially agreed, then relented. “The powers that be” in the House wanted him to back off, he explained. Time for the powers that be to reconsider.

Rich Lowry is editor of the National Review and co-author of the new spy thriller “Banquo’s Ghosts.”

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Congress Needs A Five-Day Work Week



by Lee Hamilton

Looking at ways to make Congress a stronger, more effective institution, it’s easy for reformers to get dispirited by the sheer complexity of the task. How do you even begin to fix the budget process, or reduce the hold of campaign money on members’ attention, or change the lopsided power equation between Congress and the White House? Yet there is one small improvement that Congress could put into effect right now that would go a long way toward making it a more successful body: extend the congressional work week.

I don’t mean to suggest that members of Congress are sloughing off. Far from it: they work extremely hard. It’s just that much of their work involves tasks other than legislating. Most of the year, they devote only three days a week to this fundamental responsibility; the rest of the time, they’re raising money, giving speeches, politicking in the

district, traveling on fact-finding visits, meeting with lobbyists and constituents, and attending to the myriad other responsibilities that contemporary members of Congress believe to be part of their job.

Only during the middle days of the week is their attention focused on the hard and often tedious work of crafting legislative language on difficult policy issues — the core, in the end, of their constitutional reason for being.

Even then, if you spend some time on Capitol Hill, you cannot help but be impressed by the frenzied pace that legislators maintain during the few days they’re there. They rush from one committee hearing to another; they hold countless meetings with lobbyists or groups of constituents, interrupted by a quick dash to the floor for votes; they give speeches, spend much time with the media, attend receptions and fundraising events, and put out dozens of telephone calls. The members of Congress I meet generally seem very tired, and it’s no wonder, given the schedule they keep.

Which is why I often think of a piece of advice I got from the great New York Times newsman James “Scotty” Reston shortly after I arrived in Congress in the mid-1960s. “Make sure,” he told me, “that you take the time to put your feet up on the table, look out the window, and think.” When I repeated this to some members

of Congress recently, they just laughed — they recognized good advice when they heard it, but also recognized that getting even a few minutes to reflect at peace seems an impossibility these days.

The manic schedule that members of Congress maintain costs them more than the chance to get their thoughts in order. I would argue, in fact, that it hurts their ability to be effective as legislators. For the simple truth is that good legislating takes time. It demands the patient pursuit of consensus, the working through of alternatives, the ability to test ideas in debate, and a willingness to build the broad consensus that is necessary for effective legislation.

All of this is pretty much impossible if you usually devote only three — or three and a half — days a week to the work of the Congress. Many members don’t have the opportunity to get to know one another well, and therefore to build the trust required to work across party and ideological lines. Time for debate and deliberation — key constitutional responsibilities — gets constrained.

The opportunities multiply for pursuing delaying tactics, playing against the clock, or, in the Senate, threatening a filibuster. Leaders have more leeway to circumvent good democratic process by cramming complex legislation into last-minute, must-pass legislative vehicles. The cramped congressional

schedule, in other words, curtails the deliberative process and encourages the dysfunctional habits that the American people have come to identify with Congress.

This is why returning to a five-day work week on Capitol Hill, at least for three out of every four weeks, is so important.

I recognize that it is politically difficult to pull off — the jet airplane has made returning home to the district so easy that members of Congress feel they must do so every Thursday evening or risk alienating their constituents and the local media. But if they’re interested in producing good legislation, there is no substitute for time spent doing so.

A longer work week in Washington would give them the chance to build the ties they need to work together, to craft legislation without constantly looking at the clock, to overcome the delaying tactics that have so frustrated policy-makers in recent years, and to make more rapid progress on the truly difficult issues that confront Congress with such regularity these days. It might even, every so often, give them a chance to put their feet up on the table, look out the window, and spend some time pondering what’s best for the American people.

Lee Hamilton is Director of the Center on Congress at Indiana University. He was a member of the U.S. House of Representatives for 34 years.

The Problem of the Prisoner’s Dilemma

by Courtney O’Brien

Looking at ways to make Congress a stronger, more effective institution, it’s easy for reformers to get dispirited by the sheer complexity of the task. How do you even begin to fix the budget process, or reduce the hold of campaign money on members’ attention, or change the lopsided power equation between Congress and the White House? Yet there is one small improvement that Congress could put into effect right now that would go a long way toward making it a more successful body: extend the congressional work week.

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Courtney O’Brien is the Legislative Assistant for the Public Safety and Elections Task Force at the American Legislative Exchange Council

AMERICAN RIVER
MESSENGER

“Written by the people for the people”

Publisher - Paul V. Scholl

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Drexel University Adds Six Colleges to its Transfer Partnership

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Juvenile Arrested for Orangevale Church Fire

Captain Christian Pebbles Sacramento Metropolitan Fire District

Orangevale - September 15, 2009 - shortly after 7:00 am Fire Companies responded to a structure fire at the Church of Jesus Christ of Latter-day Saints located at 7950 Hazel Ave. The fire was extinguished and a large amount of smoke was removed from the building. Metro Fires Arson Unit discovered a 15 year old female had responsible for the fire. During the interview the suspect admitted starting the fire and stated she hated the church and she worshiped the devil. The suspect was arrested and taken into custody charged with felony arson to a commercial structure. No injuries were reported and the fire damage to the Church is estimated at over \$2,000.00

CHPD Reports Road Rage Incident

September 9: Multiple family members were traveling in a mini-van eastbound on I-80 between the Greenback Lane and Antelope Road exits. An unidentified suspect quickly drove up behind them then moved into the lane along the passenger side. He yelled at the victims before firing multiple rounds at the vehicle. A passenger was struck by one bullet but the injuries were not deemed to be life-threatening. The suspect was described as a white male with short curly hair driving a late 1990's green sedan. It was last seen traveling eastbound on Antelope Road. Anyone who witnessed the incident, or those with information about the suspect or suspect vehicle is asked to immediately call the Citrus Heights Police Department at (916) 727-5500 or the Sacramento Crime Alert at (916) 443-HELP or 1-800-AA-CRIME



Cruise Sale



AAA Travel Citrus Heights is having a two week cruise sale September 17- 30

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“Good Old Fashioned” Jewish Food Faire

Congregation Beth Shalom in Carmichael is again celebrating the rich heritage of Jewish food and cooking on Sunday, October 18th. The time is 9:00 am to 3:00 pm. Admission and parking are free. Our theme this year is “From Generation to Generation.” There will be traditional, modern and vegetarian Jewish food and baked goods. Special this year will be signature pastries and bread from Canter’s Deli of Los Angeles. You may eat at the fair and then purchase your favorite items to take home. You may also pre-order food from the Beth Shalom web site at cbshalom.org, thus assuring that you have your favorites to enjoy at home. There will be apple strudel, rugallah, Bubbe’s very chocolate brownies, sour cream coffee cake, mandlebrot, kugel, cabbage rolls, cheese blintzes, traditional borscht and both chicken and vegetarian matzo ball soup. We will also offer chopped liver, BBQ brisket, kosher beef “hot dawgs,” real Jewish dill pickles, falafels and pita bread, and hummus, cucumbers and spices. You can also enjoy lox, eggs, onions, bagels and schmears. Beverages include seltzers, Dr. Brown’s sodas and a special “Cawfee Cart.” While enjoying the food, you can kibbutz in our Kibitz Café! Members and friends of Beth Shalom have been holding a weekly “Bake-In” for two months to prepare lots of home cooked pastries for the faire. We will feature Judith Spivak as our “Artist-in-Residence” who will do henna tattoos with a Jewish feel. There will be a kid’s area with arts and crafts during the day in partnership with Shalom School. There will be 30 booths of unique and reasonably priced items including jewelry, pottery, bath and body luxuries and gifts for the home. Many of the crafts are home made and make special gifts for the holidays. There will be music and entertainment throughout the day, including the Congregation Beth Shalom Band performing Jewish music with a beat. The Sacramento Blood Source mobile unit will be there for walk-in donations. Several booths will be set up to inform the community about opportunities for social action projects, some close to home and others around the world. There will be a raffle for cash prizes and the ever-popular used book and CD sale. Plan now to enjoy a relaxed day taking in all the events and learning more about Jewish cooking, food and culture. Please call the temple office at 485-4478 for a brochure. The temple is at 4746 El Camino Ave, near Mission Ave, and there will be parking lot attendants to direct you to the free parking.

Authorities Arrest Oregon Fugitive

For the past eight and a half years Timothy Allan Clements, 54, has been a fugitive from justice. After his arrest on Tuesday morning by detectives assigned to Sacramento Police Department’s Career Criminal Apprehension Team (CCAT) he will soon face a judge in Oregon who will sentence him for sexual assault crimes he committed in Eugene, Oregon, in the early 1990s. The FBI in Eugene and Sacramento worked closely with the Eugene Police Department and the Sacramento Police Department CCAT team to develop information that Clements had assumed the identity of a dead man, William George Hamister, 62, and was residing in the South Sacramento area. Clements previously plead guilty to four counts of Sexual Assault in the First Degree and one count of Sodomy in the First Degree and was scheduled for sentencing on February 13, 2001. Clements’ life on the run began after he failed to appear for sentencing and his whereabouts since then have been unknown. Further inquiries regarding this investigation should be directed to Detective Jeff Donaca, Eugene Police Department, 541-682-5193.

Some Banks Come and Go

ONE BANK STAYS THE SAME

Timothy Allan Clements, 54

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RCFE # 347004346



by Pastor Ray Dare

Your life is the sum total of your commitments. Nothing affects your life more than the commitments that you choose to make. In fact, your commitments have three profound effects on your life. First, they show your values. I may say something is important to me, but what I choose to commit my time, talent and treasure to really shows what's important to me. Second, your commitments shape your life. If you were to tell me what you are committed to, I could tell you who you are now and what you will be in the future because your commitments shape your character and your character shapes your future. That's the third thing -- Your commitments determine your destiny and even the destiny of others. Of course the most important commitment you're going to make is your commitment to Jesus Christ. Life here on earth -- 60, 80, 100 years -- is brief

One Thing Christianity Cannot Be

compared to the years you're going to spend in eternity. If you serve Christ, you're going to spend eternity with Him and your rewards and responsibilities are going to be based on how you used your life here on earth. That involves commitment. The destiny of nations and even churches are also determined by the commitments that people make. A hundred years ago a man named Lenin stood in front of, less than 100 people (there were less than a 100 communists at the time) and said, *"We must train men and women who will devote to the revolution not merely spare evenings, but the whole of their lives."* The world was changed as a result of the commitment those people made that day. Today over two thirds of the world's population is communist. Just over 100 years ago, Henry Varley said to his friend D.L. Moody, *"The world has yet to see what God can do, through and for the person who is totally committed to Him."* D.L. Moody said, "I will be that person." The world was changed. The Bible says, *"The Lord searches all the earth for people who have*

given themselves completely to him." 2 Chronicles 16:9a (NCV) God is looking for people to use in this world. God is looking for people to bless in this world. God is looking for people He wants to strengthen in this world and the only qualification is -- you must be committed. C. S. Lewis said, *"The only thing Christianity CANNOT be is moderately important."* It's either all or nothing. Serving God demands and deserves everything we've got or let's forget the whole thing. The one thing serving the Lord cannot be is moderately important. From the depths of my heart I want to be a fully committed follower of Jesus Christ. I want to give my whole life, not just a part of it. I challenge you to make that the goal of your life too. It is the best and wisest decision you will ever make with your life. It doesn't take great people to do great things. It just takes committed people. I challenge you to be one of those people

See you Sunday, Pastor Ray

New Community Christian Church
www.YourNewChurch.org



by Marlys Johnsen Norris

One of the most famous paintings is of Jesus walking and carrying a sheep. The story in the Bible is about Jesus as the Shepherd leaving the flock of sheep to find the one lamb that was missing or lost. My friend--that is how deeply concerned the Son of God is about every single soul living on this continent who are wandering aimlessly without a Shepherd to lovingly care for them. This is how much He loves you! So many have gone astray and wandered into various areas of sin. Although the sense of guilt is there, one doesn't know how to escape and they feel trapped. The enemy of their souls would like them to believe they are trapped forever—but the Almighty Son of

Jesus Our Shepherd – Psalm 22-23-24

God is standing with outstretched arms ready to embrace them and lead them into His marvelous light of love and protection. He laid down His life for His sheep and His sheep hear His voice and know Him. Scripture tells us that He and the Father are One and Creator of all that is (John 10 & 17) Nothing is impossible with God who promises never to leave or forsake you. It is when the Shepherd of the Psalms embraces us, and we respond-- we experience renewal and restoration. He is the Way, the Truth and the Life and His presence and relationship opens our spirit to all truth. He guides us onto the path of righteousness as we commune with Him and we are refreshed. We can rejoice for it was His life, grace and mercy that has provided our place in the House of the Lord forever.

Marlys Johnsen Norris
NCPA Award Winning Author

Marlys5934@sbcglobal.net
"Intimacy Begins Going God's Way"
"Recipes for a Happier Marriage"
"God Moves Mountains, It was a Miracle"

BIBLE TRIVIA

by Wilson Casey

1. Is the book of Jude in the Old or New Testament or neither?

2. Whom did God choose to replace Moses to lead the Israelites? Aaron, Jacob, Joshua, Caleb

3. Which disciple betrayed Jesus for 30 pieces of silver? Peter, Judas, John, Matthew

4. From Matthew 12:24, who is the ruler of the demons? Lucifer, Satan, Devil, Beelzebub

5. Who was Simon Peter's brother? John, James, Andrew, Matthew

6. Which Psalm is the shortest? 23, 117, 120, 150

ANSWERS: 1) New; 2) Joshua; 3) Judas; 4) Beelzebub; 5) Andrew; 6) 117

For more trivia, log on to www.TriviaGuy.com.
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Biblica Offers Free Downloadable Resources for Unemployed

New online Biblica devotional offers support, encouragement for job seekers

Christian Newswire - It's more than the loss of a paycheck. When employees are laid off, they lose their sense of security, confidence, and professional identity. They lose their emotional equilibrium and struggle with sometimes-overwhelming fear, shame, depression, grief, anger, and insecurity. Worst of all, they lose a sense of hope for the future. Individuals experiencing job loss need emotional and spiritual support to help them cope. For this reason, Biblica has created a free, online, downloadable resource, "Employing Hope: Rebuilding Life When You've Lost Your Job." "We are experiencing an economic crisis unlike anything most of us have been equipped to handle,"

said Biblica Outreach Director Sues Hyde. "People need hope and encouragement to remain emotionally and spiritually strong in these tough times. Our hope at Biblica is that they'll use these resources and find them helpful, and that they'll feel comfortable sharing them with others in similar circumstances." Twenty short Scripture-based readings and an introduction address the reality of unemployment while giving hope and encouragement through God's Word. Each one-to two-page devotional ties in applicable Scripture, gives reflection questions to consider, and suggests practical steps to take. "Employing Hope" devotionals are located at www.biblica.com/

outreach/unemployment. They can be downloaded as a pdf file, e-mailed to friends and family, and printed out for further study. About Biblica (formerly IBS-STL) Biblica's vision is to transform lives through God's Word by translating, producing, and distributing Bibles, Scripture materials, and other Christian resources through ministry, distribution, and retail channels so people around the world may become disciples of Jesus Christ. Biblica operates in 46 countries and is the sponsor and copyright holder of the New International Version® family of contemporary-English Bible translations. For more information, visit www.Biblica.com.

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YOU SEEM TO BE OKAY, HENRY-- WHAT WAS WRONG?

YOU SEEM TO BE OKAY, HENRY-- WHAT WAS WRONG?

POPEYE

HEY CFSMAN

SNIFF SNIFF

WOT KIN THAT BE?

SNIFF

SNIFF SNIFF

IT'S COMIN' FROM TH' KITCHEN!

OH, IT'S JES' MAW COOKIN'!

WOTCHA COOKIN', MAW?

WOT'S IT SMELL LIKE?

NUTHIN' I EVER SMELT BEFORE

THEN WE JEST GONNA HAVE TO WAIT'N SEE, AIN'T WE, SONNY?

IT FIGGERS...

"SHE DON'T KNOW WOT IT IS EITHER

Henry Boltinoff

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The Spats

by Jeff Pickering

GRANDMA, SOMEBODY SAID THAT YOU HAVE A GREEN THUMB!

YES, THAT'S WHAT THEY SAY.

MAYBE SHE SHOULD WASH HER HANDS ONCE IN AWHILE.

Henry Boltinoff

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HOCUS-FOCUS

BY
HENRY BOLTIHOFF

WELCOME

WELCOME

Henry Boltinoff

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Find at least six differences in details between panels.

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? Trivia test

by Fifi Rodriguez

1. TELEVISION: What was the opening theme song from the comedy variety show "Sonny & Cher"?

2. MOVIES: What was the name of the scene-stealing cat in the movie "Bell, Book and Candle"?

3. MEDICAL: What is the more common diagnosis for rhinorrhea?

4. GEOGRAPHY: What are the names of the four U.S. states whose corner borders meet in one point?

5. COMICS: What is the name of Snoopy's bird friend in "Peanuts"?

6. LITERATURE: Who wrote "The Maltese Falcon"?

7. PERSONALITIES: What is the size of basketball star Shaquille O'Neal's shoes?

8. INVENTIONS: In what year was Velcro invented?

9. AD SLOGANS: What cereal is known as the "Breakfast of Champions"?

10. GENERAL KNOWLEDGE: What was the name of the car driven by Speed Racer?

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Weekly SUDOKU

by Linda Thistle

2				5		1		
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	8			7	2		4	
3		6	4				2	
	9				5			6
8				6		9		
		7			9	3		
6				4			9	
	1		2			5		8

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★ ★

★ Moderate ★ ★ Challenging
★ ★ ★ HOO BOY!

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MAGIC MAZE ● LINE —

ACZWURPMJHRGECZ
MXYUEJUDGESNQNL
JEGRVECRGZTISXV
TRTPICOACHNCLJH
ECAIRUNWGYONWVT
RPNLDAQIKRIAGEC
BZXWMESNEFEDFOU
SRPOMFRGILJKIGE
ELBUODDCBFAYCXW
UTSQPERIFFOONAL
KJHGFDCCKROWFOBB

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Backer
Coach
Double
Drawing

Drive
Item
Judge
Manager

Of credit
Of defense
Of fire
Of inquiry

Of sight
Of work
Score

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All Answers on Page 6

Contract Bridge

ONE FALSE MOVE AND YOU'RE DEAD

East dealer.
East-West vulnerable.

NORTH

♦ 9 6 4
♥ A J 9
♠ A K Q J
♣ 8 5 2

WEST

♦ 10 8 5 2
♥ K 10 8 3
♠ 10 7 6 4 2
♣ —

EAST

♦ A K J 7 3
♥ Q 5 4
♠ 8 5
♣ A 6 4

SOUTH

♦ Q
♥ 7 6 2
♦ 9 3
♠ K Q J 10 9 7 3

The bidding:
East 1 ♠ South 3 ♣ West 3 ♠ North 5 ♣
Opening lead — two of spades.

Assume you're East, defending against five clubs. You win partner's spade lead with the king, South following with the queen. What should you do next?
If you play spontaneously and lead another spade, declarer ruffs, forces out your ace of trumps and later chalks up five clubs with 100 honors.

by Steve Becker

Sample Brews from Northern California's Premier Brewers

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Orangevale Rotary Hosts Tenth Annual "Just A Little Bit Country" Barbeque and Auction

The Rotary Club of Orangevale will hold its annual barbeque and auction to raise funds for local community projects on Sept. 26, 2009, from 5:30 pm until 10:00 pm at Divine Savior Parish Hall, 9079 Greenback Lane (corner of Greenback and Filbert). The dinner will be catered by local favorite O'Connor's Santa Maria Grill.

On auction (silent and live) are travel specials—wine country retreat, Monterey Bay stays, a cruise, timeshare weeks, Tahoe time, and more. Several cases of wine are on offer, as well as an Australian dinner, a Gourmet dinner for 8, and a dinner for Six prepared by local firemen at the firehouse. Hundreds of additional items, such as an Ice Cream Social Basket, a Grill & Panini Press, jewelry, many household decor items, and baskets of all kinds will be up for bid on silent and live auction. Many raffle prizes will be awarded as well.

For tickets or additional information, visit Orangevale Copy Center at 9267 Greenback Lane, or call there at 987-1090.

Just Like Cats & Dogs

by Dave T. Phipps

THIS MALL IS FABULOUS! IT HAS ALL MY FAVORITE SHOPS AS WELL AS GREAT SALES! GOOD THING IT DOESN'T CLOSE FOR EIGHT MORE HOURS!

MISTER BREGER

By Dave Breger

"Gee, fourteen hours ALREADY—at \$5.00 an hour rental on this boat!"

KING Crossword

Answers on Page 6

ACROSS

1 Muppet master Henson

4 Look-alike

8 Low range

12 Literary collection

13 Head light?

14 Easter flower

15 Redo

17 In due time

18 Uncomplicated

19 Mexican's ancestor, maybe

20 Squander

22 Exposed

24 Grounded flock

25 Luthor's enemy

29 Standard

30 Ancient Dead

31 Sea region

32 Carte lead-in

32 Hitchcock classic

34 Vail gear

35 Roddick of tennis

36 Performs, biblically

37 Home of America's largest urban zoo

40 Drink

41 Trickster god

42 Get amorous

46 Ostentation

47 Garfield's pal

48 Lubricant

49 Mediocre

50 Poetic foot

51 Today's "groovy"

DOWN

1 Predicament

2 — fix

3 Guaran-tee

4 More than just that?

5 Undulating

6 — de-France

7 Clause connector

8 Sports jacket

9 "— She Sweet?"

10 Plumlike fruit

11 Harmonization

16 Chow

19 Vicinity

20 Cried

21 Asian servant

22 Crony

23 Tarzan's clique

25 Irrational number

26 Indemnify

27 Settled down

28 One of CSN&Y

30 Hoodoo

33 Exile

34 Ground

36 Uncool sort

37 Let the cat out of the bag

38 Irritate

39 Gumbo need

40 Read cursorily

42 Miss Piggy's pronoun

43 Oklahoma city

44 Compete

45 Will Ferrell movie

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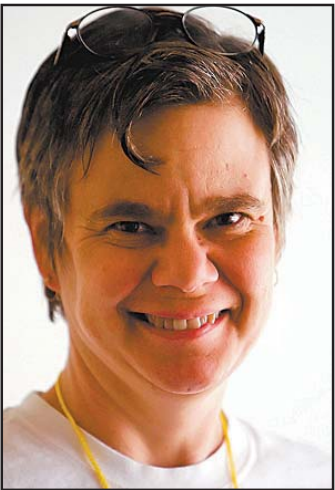
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ROCK DOC

By Dr. E. Kirsten Peters

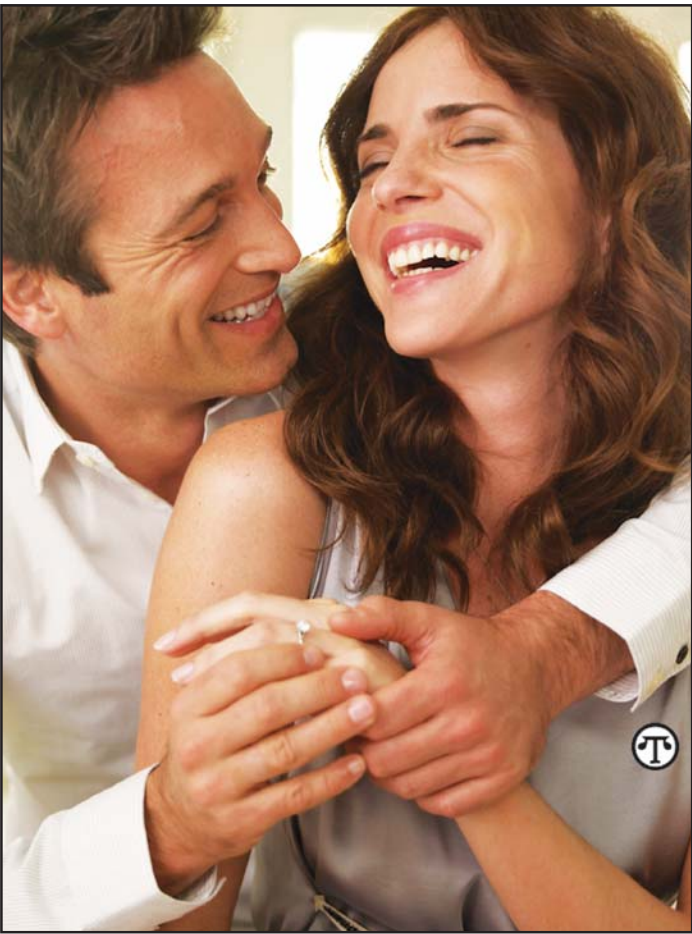
I'm old enough to remember early reruns of the very first Star Trek programs. But it was the second Star Trek series, "The Next Generation," that many of us remember most clearly. TNG (as fans call it) was masterful at blending real physics and fiction. Once, Stephen Hawking, the great British physicist, made a cameo appearance. He has been crippled by Lou Gehrig's Disease, and sits in a special wheelchair. Essentially, he cannot move nor speak, but he communicates via computer and a synthesized voice. He is an active scientist – and a Trek fan. Besides the real-life Stephen Hawking, TNG introduced millions of people to some fundamental physics, including the concepts of black holes, quantum fluctuations, event horizons and more. TNG was hardly the end of Trekking. Other television series and movies were made based on the core idea of Star Trek, until the whole great mission finally petered out in deep space (to the great relief of some innocent parties married to Trekkies, I'm sure). Naturally, the real parts of Star Trek – the fundamental truths of physics – are both alive and well. Here's how I think of them: our universe is made

Real Life Star Trek

of everyday matter and forces we can directly see, but it's also made of invisible or larger scale things that only modern physics and mathematics can describe and help us understand. When I drop my coffee cup off the edge of my desk (which happens all too often, I'm afraid), it falls to the floor. Clearly, gravity is at work. Beyond that, the cup exists in three-dimensional space, and the whole falling process occurred in time. But, as Einstein knew, gravity is much more than a simple force tugging at coffee cups. Here's an analogy that may help a little with the core idea – but be patient and "work with me" on this one, because it will be strange at first. Imagine that the space and time around me and the coffee cup are a bit like fabric – fabric, you could say, with threads in one direction representing space, and threads the other direction representing time. The gravity made by the Earth can be pictured as a depression in this fabric. So, when the coffee cup falls, it moves downhill into the depression that's in the "fabric of space-time." The really cool thing – as TNG fans know well – is that there can be ripples in space-time fabric. These are called gravitational waves, and they cross the vast empty space of the whole universe. On Star Trek, the gravitational waves were represented by shuddering space ships. In the realm of science, they are described by the elegant mathematics of Einstein's general theory of relativity. Some gravitational waves are the left-over echoes of the Big Bang, the event that started it all. Those are the waves of most interest to scientists. There's a facility near where I

live in Washington state that's built on a large scale to detect the waves. Imagine two arms of a very special pipe, laid out on the ground at right angles to each other, each more than two miles long. Inside the pipe are lasers and mirrors to detect the slightest distortion of length – distortions based on gravitational waves passing through them. Prof. Sukanta Bose of the physics department at Washington State University is one of many hundreds of physicists around the world who collaborate on all the complex work needed to make sense of the signals they get from detectors such as that one here in Washington and a sister detector in Louisiana. Because although Einstein's general theory of relativity predicts them, and tiny movements in large objects confirm them, scientists have still never actually seen gravitational waves. "I want to see them in the flesh," Bose said to me recently. "Until we detect them, they are a belief, not yet turned into truth." Bose and others who work in the realm of fundamental physics reflect the core of the scientific spirit. It's abstract work, but I'm hoping to report someday soon that gravitational waves crossing space-time have been detected by Bose and his colleagues around the world. It'll be a great day for science, and for Trekkies too. "Make it so!" Dr. E. Kirsten Peters is a native of the rural Northwest, but was trained as a geologist at Princeton and Harvard. Questions about science or energy for future Rock Docs can be sent to epeters@wsu.edu. This column is a service of the College of Sciences at Washington State University.

What Every Bride and Groom Should Know When Planning A Wedding in Today's Economy



Even in a tough economy, 90 percent of brides intend to stick to their wedding budgets or spend even more.

(NAPSA) - While the state of the global economy has taken a toll on most Americans, today's bride is more optimistic than ever. In fact, weddings continue to be on the rise and IDEXonline.com reports that the number of weddings in the U.S. will grow by approximately 30 percent within the next decade. Additionally, a recent study conducted by Modern Bride magazine showed 90 percent of brides are either keeping to their original wedding budget or plan to spend more! Despite brides' sunny outlook, style expert and wedding consultant

Michael O'Connor encourages couples to think smart and reprioritize their budget by investing in areas of the wedding day that have longevity, versatility and symbolism – since these items will last a lifetime. "A wedding can take months to plan – yet it's over in a few hours," comments O'Connor. "The dress goes into a storage box, the flowers become today's trash and the only reminder of your wedding music is the bill." Below, O'Connor offers his smart wedding spending and investment tips:

Sharing Memories
This is your big day, so don't skimp on hiring a professional photographer. Make sure to view his or her portfolio and ask for references. A good photographer will know how to capture those spontaneous and emotional wedding moments without making you pose like statues for hours.
Make the Ring Count
Now more than ever, brides are realizing the significance of quality and longevity when it comes to their bridal jewelry, so it is no surprise that 81 percent of brides desire Platinum rings, according to the Conde Nast Bridal Group. Platinum is not only 30 times more rare than gold, but it's also the most durable of all precious metals, so it won't wear down over time. And because of its strength, it holds the diamond more securely. Platinum is the one metal that delivers the high quality and long-lasting features that brides and grooms are looking for today in her engagement ring and his-and-her wedding bands. Check out online retailer BlueNile.com where high-quality Platinum wedding bands start as low as \$255.

Your First Trip as Husband and Wife
Spend time selecting the destination for your honeymoon that is meaningful and exciting to both the bride and groom. After all, couples will remember their honeymoon and recount stories from the trip for the next 50+ years.
For more information, visit www.preciousplatinum.com or www.engagementguide.com.



A Few Minutes of Your Time Will Help Make Fair Oaks a Better Place to Live, Work and Play!

Dear Fair Oaks Residents:

Fair Oaks Recreation and Park District is seeking your input on a comprehensive Parks and Recreation Master Plan. The objective of this plan is to translate the community's values and vision into an action plan for parks, recreation facilities and programs. Three community meetings will be held to give Fair Oaks Residents the opportunity to provide input and help make the plan a success. Community input is the cornerstone of the Master Planning process and the District would like to obtain as much comprehensive input as possible. The upcoming meeting locations, dates and times are identified below.

Community Input Meeting #3
Tuesday September 29, 2009
6:00 P.M. – 8:00 P.M.

MEETING LOCATION
Fair Oaks Veterans
Memorial Amphitheatre

(Located in the Village of Fair Oaks)
7991 California Ave., Fair Oaks,
CA 95628

Please Note: Residents are welcome to attend all three meetings, however, the meetings are designed with the same format and information gathered at each meeting will be compiled into one overall document. If you are unable to attend one of the Community Input Meetings, you can visit the Fair Oaks Recreation and Park District's Website at www.fairoakspark.org and submit your input.

Should you have any questions or need assistance, please contact Todd Sebastian, Assistant District Administrator at 966-1036 ext. 18 rsebastian@fairoakspark.org.

We appreciate your time and look forward to your participation.

If You're a Bride-To-Be, It's the Place to Be.

Sunday September 27, 2009
12:00 noon - 5:00 p.m.

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ROOT CELLAR Celebrates Another Anniversary

Sacramento Genealogical Society will celebrate its 31st year in October, 2009. You are invited to attend our celebration on October 14, 2009 at Citrus Heights Community Club House, 6921 Sylvan Road, Citrus Heights at 7:00 p.m. Special surprises and a genealogy game of “Jeopardy” will be played. Develop your skills and knowledge for family research by participating and/or encouraging the contestants. Meet others from the genealogical community to share information and learn updated resources you can use to find those elusive ancestors. ROOT CELLAR is an active and productive nonprofit organization. Several projects and special events keep our members busy and involved. We are well known for our volunteerism, publications, the Spring Seminar, and especially proud of the ROOT CELLAR library located in the California State Archives Building, 4th Floor, 1020 “O” St. (main entrance near the corner of 10th & O Sts.), Sacramento, CA. The library houses thousands of books, periodicals, pedigree charts and membership surname and locality research files. We are committed to expanding the library through purchases and donations. Check out our library catalog on the website. ROOT CELLAR has a monthly meeting on the 2nd Wednesday of each month except July and August. The time and place remain the same. Resources are not just dedicated to California but also include national and international research. Speakers present information on a variety of topics at each meeting. For a list of upcoming speakers, check the website. ROOT CELLAR also conducts a Genealogy Workshop on the third Wednesday of the month at Merrill Gardens Senior Residence in the Garden Square Room, 7418 Stock Ranch Rd., Citrus Heights, CA from 1 to 3 p.m. You do not have to be a member of ROOT CELLAR to participate. The next two workshop meeting dates are September 16th and October 21st. An informative topic is presented followed by a discussion forum to share information and help each other break down those brick walls. This is a good way to network with the Genealogical community, meet new friends, share information and learn valuable tips on research and resources. We hope you will join us. For questions about the workshop, please call John Jay (916) 331-0963. For general information about ROOT CELLAR - Sacramento Genealogical Society or our library, please visit our web site at www.rootcellar.org, write to ROOT CELLAR at P.O. Box 265, Citrus Heights, CA 95611, or call Sammie Hudgens (916) 481-4930. Looking forward to meeting you at our next workshop or meeting. Marilyn Ulbricht, President (916) 390-6623 ROOT CELLAR - Sacramento Genealogical Society

Woman’s Thursday Club of Fair Oaks October Meeting

The Woman’s Thursday Club of Fair Oaks will hold its October meeting on Thursday, October 8, 2009, at the Woman’s Thursday Clubhouse, 10625 Fair Oaks Boulevard, Fair Oaks, CA. There will be an orientation for new members at 11:30 AM. The general meeting will begin at 12:30 PM with refreshments. The speaker will be Sherri Waugh from the Fair Oaks Orangevale Sheriff Service Center. Her topic will be “Keeping Fair Oaks Safe”. We are excepting donations of canned goods for the food closet, travel toiletries for the Maryhouse and General Mills “Box Tops for Schools”, Campbell’s Soup Label UPC codes and ink cartridges for Northridge Elementary School. If you have any donations, please bring them with you to the general meeting. For more information, please call Cheryl Welch (916) 962-0868.



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Ten Additional Schools Reach 800 or Higher on API

The total number of San Juan Unified schools with an Academic Performance Index (API) score of 800 or more increased by 10 to 33 with today’s release of API and Adequate Yearly Progress (AYP) results from the California Department of Education. Making the leap to 800 or higher are Carriage Drive Elementary (755 to 801), Coyle Avenue Elementary (792 to 807), Grand Oaks Elementary (788 to 818), Thomas Kelly Elementary (799 to 801), Oakview Elementary (788 to 807), Ottomon Elementary (790 to 822), Trajan Elementary (787 to 848), El Camino Fundamental High School (781 to 801), Mira Loma High School (787 to 802), and Rio Americano High School (795 to 807). The state’s established goal is for every school to reach an API score of 800 on the 1,000 point scale. Pushing past the 900 mark this year was Deterding Elementary (885 to 918). This year’s API scores continue to show growth in San Juan Unified Schools. Over the last six years, 17 San Juan schools have seen their API scores increase by at least 50 points while the District’s cumulative API score has risen by 44 points. “The results of the Academic Performance Index are clear,” said San Juan Unified Superintendent Dr. Pat Jaurequi. “Our schools are improving teaching and learning in the classroom. As educators we know that our work is not done once we reach 800. We will educate and inspire each and every student as more schools reach the 800 mark and those schools already at 800 push even higher.” The state API and federal AYP results report progress in different ways. The state API is an index model that measures year-to-year improvement and provides incentives to educators to focus on students at all performance levels. Schools receive more API points for moving students up from the lowest performance levels. In contrast, the federal AYP system focuses solely on whether or not students score at the proficient level or above on state assessments. Today’s release of AYP results finds that just over half of San Juan Unified schools met their 2009 AYP targets while improvement was noted in the rate of schools meeting the Hispanic and students with disability’s AYP targets. San Juan Unified remains labeled a program improvement district under federal law as certain significant groups of students did not test at the required level of proficiency. As a program improvement district, San Juan Unified is required to notify all parents of its status, set aside 10 percent of its federal Title I funding allocation for professional development district-wide, and secure technical assistance. “The required level of proficiency under the federal AYP system for all significant student groups increased by 11 percent this year,” said San Juan Unified Chief Academic Officer Glynn Thompson. “While some of our significant student groups did not make the required level of proficiency, we did see strong growth among many groups which is a step in the right direction. We are committed to using good assessment data to inform our decisions in improving teaching and learning to be sure that all students are making progress.”



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Generalized Anxiety Disorder vs. General Anxiety About the Economy

(NewsUSA) - Worries about finances have long been a leading cause of anxiety for Americans. When asked what stressed people the most in a recent online poll at the Anxiety Disorders Association of America Web site (www.adaa.org), 45 percent responded “personal finances.” They have good reason to feel stress. The U.S. Department of Labor has been reporting record numbers of people receiving unemployment benefits. Even among those who feel the economy is improving, a majority named it as a source of their stress. Another ADAA online poll confirms that sentiment: Nearly 77 percent said the economic downturn has caused a moderate amount to “a lot of stress.”

If so many people share such deep stress and worry about their bank balances than they did before this financial freefall, does that mean they all have an anxiety disorder? Does it mean anxiety disorders are on the rise? The answer: No. Anxiety is a normal reaction to stressful and uncertain situations. It’s your body telling you to stay alert and protect yourself, in this case to watch your spending, try to save for an emergency, work to keep your job or consult a trusted financial expert.



However, you may have generalized anxiety disorder if you worry about the economy or your finances for many hours every day, you can’t sleep or perform your usual tasks and you’re aware that your fears are irrational. Also known as GAD, this type of anxiety disorder differs greatly

from the normal anxiety we may feel about the economy or any other stressful event. GAD is not triggered by a specific situation: The world doesn’t need to experience an economic downfall for someone to have GAD. Even in the best of times, GAD affects 6.8 million adults, or 3.1 percent of the U.S. population, in any given year, and women are twice as likely to be affected. People with generalized anxiety disorder experience persistent, excessive, and unrealistic worry about issues like money, health, family or work for six months or longer. They don’t know how to stop the worry cycle, which they feel is beyond their control. Physical symptoms of GAD may include fatigue, restlessness, difficulty sleeping, irritability, edginess, muscle tension, and gastrointestinal discomfort or diarrhea. Help can be found by visiting the ADAA Web site (www.adaa.org), where you can find resources to help manage anxiety, find a local therapist, receive an e-newsletter for people living with anxiety disorders or purchase self-help books.



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Serbian Food Festival & Craft Faire

Saturday, October 10, 2009 & Sunday, October 11, 2009

Craft Faire starts at 9 am and doors open for food and entertainment at 11am to 10pm on Saturday.

Craft Faire re-opens on Sunday at 9am until 5pm and food festival at noon to 5pm.

Everyone is cordially invited to this annual event to enjoy wonderful ethnic prepared food and heritage pastries.

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Come join us for great food, entertainment and wonderful crafters!

There will also be guided tours interpreting “The Beauty of the Frescoes” inside the beautiful Serbian Orthodox Church. All her welcome to view and enjoy!

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First 5 Sacramento Community Grants



Social relationships are essential to healthy child development. First 5 Sacramento offers **community grants** up to \$5,000 for small groups of parents or caregivers in Sacramento County who have ideas that bring people together and support on-going connections. The activities need to benefit children age five and under. Examples of grant-funded activities include:

- parenting networks
- playgroups
- art & reading activities
- neighborhood meet-ups

Applying for a Community Grant Is Easy!

- Visit** www.First5Sacramento.net for more examples of activities. Download a grant application.
- Develop an **idea** with your group.
- Call** First 5 Sacramento at 916-876-5865.
- Email** First5grants@saccounty.net

The community grants are provided through the Community Building Initiative (CBI) of the First 5 Sacramento Commission. The Commission uses Proposition 10 (tobacco tax) funds to support the healthy development of children age five and under.



www.First5Sacramento.net

Orangevale Church of Christ Events

The Orangevale Church of Christ on Main Avenue in Orangevale will be hosting a Parents' Night Out on Friday, October 2, 2009 from 6 to 9 PM. An evening off for the moms and dads with the security of a safe Christian environment.

Children ages 4-12 will play Bible games, watch Christian videos, have dinner, sing, pray, and have plenty of fun! The cost is only \$3:00 per child or \$10 a family. Visit www.ovchurch.org or call 988-2011 for more information. Dr. Ken Wilson, author of

the bestselling book, "The Christian Home," will be at the Orangevale church of Christ on Main Avenue in Orangevale, Friday through Sunday, October 9-11 for a "Building Strong Families" seminar. The cost is free! Call 916-988-2011 or visit www.ovchurch.org

Monthly Military Retiree Meeting

Our next monthly meeting is scheduled for 13 Oct 2009 at the North Highlands Park and District Office. Location Watt Ave and Freedom Parkway. The meeting starts promptly at 1030 hrs. Our speaker is Marcie Larkey from the CA Hospice Foundation. They provide a great service to the folks who need it so don't miss out on this event. It will be our last meeting for this Year. Any of you who are interested in eating lunch following the meeting can do so by calling JoJo at 344-6249 at least 24 hrs prior to the 13th. Questions can be referred to our volunteers at 561-7476, Mon-Thurs, 9 to 3PM.

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Local Farmers Insurance Representatives Receive Company's Highest Honor

Fair Oaks - (Grassroots Newswire) September 14, 2009 - The following local representatives for Farmers Group, Inc.(r) has achieved the company's highest award to district managers and agents for "outstanding overall performance." They join a select group of fellow achievers as a member of the prestigious Presidents Council. Locally recognized agents are Bob Nielsen of Fair Oaks, Lou Carlin of Orangevale, and Becky Huddle of Roseville. Presidents Council members will be honored at a conference held at the JW Marriott Hotel on Pennsylvania Avenue, Washington, D.C., September 30th -through October 4th, 2009. "Council selections are based on outstanding customer service, sales production in all insurance lines, overall professional competence and maintenance of the highest quality standards," said Carnahan. "The prestigious Presidents Council membership is attained by only a small percentage of district managers and agents serving Farmers' customers throughout 29 states. This year, 148 individuals earned the distinct honor to attend the conference," Carnahan added. The local individuals represent Farmers' member companies in automobiles, homeowners, life and business insurance.

For more information about Farmers, visit www.farmers.com.



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Events are subject to change