AMERICAN RIVER

MESSENGER



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Second Edition for June 2009

Volume 4 Issue 12

Serving Citrus Heights, Fair Oaks, Carmichael, Orangevale & Gold River

Celebrate Your Freedom



Archery Demonstrations Hitting the Target at 100 Yards

Fair Oaks - The townsfolk of Bridgewater invite you to join our summer festivities at Fair Oaks Park at Fair Oaks and Madison Avenue. Hundreds of performers all dressed in their finery welcome you and King Henry VIII to our small town. Come and enjoy the pageantry of 1532 England, King Henry VIII and his Court. Watch as the drama unfolds as King Henry becomes tired of Catherine of Aragon and has his eye on the young Anne Boleyn.

Be amazed by the best magicians in the world, laugh at the jugglers and be in awe of the talented belly dancers. Learn how to English country dance or join in an Irish Jig. Village Merchants have handcrafted many items for sale. There are even merchants who will teach you to handcraft your own and crafters who will make items right before your eyes. Jewelry, clothes, weapons, pottery, and don't forget the henna tattoo!

Romance and chivalry is alive! Treat your special ones to a whole day of favors, gifts, games and perhaps even a Handfasting. Come in a Costume or come as you are — Everyone is welcome to Bridgewater! You can even rent clothes for the day!

Taste the pleasures of food

from around the world. Try the exotic foods from the orient, the sumptuous turkey legs, Crepes from France, and from the new world, Kettle corn. For a snack try the funnel cakes or the best Ice Cream ever! The Ale Garden is a nice shady rest stop for those who like to try their favorites or something new in Honey Wine. Bridgewater is featuring the Award winning Mountain Meadow Meade.

Other highlights include; Sacramento Shakespeare Company, three Stages full of world-renowned entertainment, crafts being created right before youreyes, archery demonstrations hitting the target at 100 yards, puppet shows and jugglers.

Event: June 27th and 28th from 10 am to 6 pm both days. Buy tickets at the door. Admission is \$12 for adults and \$6 for children (12 and under) and Seniors \$6 for 65 and over. Family packs for \$30 (two adults and two children). Find out more at Renaissance-Rose.org. This year the Fair Oaks Renaissance Tudor Fayre is benefitting the Sacramento Chapter of the Cystic Fibrosis Foundation and the Bella Vista High School Band. Free Parking at Bella Vista High School



Many local charities depend on fireworks sales to support their organizations.

By David Dickstein

Sacramento County - Soccer clubs, teen centers and summer camps weren't around when John Adams encouraged Americans to celebrate independence from England with "bonfires and illuminations," but the founding father's star-spangled suggestion has certainly helped out a variety of communityprogramsovertheyears.

Designed as a win-win business practice, fireworks resellers in California are required to partner with non-profits in areas that allow the sale and use of state-approved fireworks, which Sacramento Countydoes. Depending on a stand's location, size and aggressiveness of the group and other factors straight out of Marketing 101, a non-profit can make thousands or even tens of thousands in much-needed revenue. So it's no wonder that starting on June 28 hundreds of area groups will keep their fingers crossed that booming business will come their way despite a downturned economy. of those fingers belong to volunteers of the Sacramento County 4-H Club, which can offer something other groups can't when wooing customers to its fireworks stand.

"Weather pending, our kids are going to bring out their animals and have a mini petting zoo," said Lisa Gordon, community club leader for the Citrus Heights 4-H. "It will be a lot fun as long as it's not too hot. Heat isn't good for rabbits."

Fireworks represent the 4-H's largest money-maker, raising funds for leadership conferences, camp scholarships and other activities. From its TNT stand adjacent to the Citrus Heights Raley's Supermarket (7847 Lichen Drive) the group will try to grab its piece of the pyrotechnic pie in an admittedly unsweetened economy.

Non-profits and the fireworks industry agree that the recession and a governor who discouraged fireworks sales due to the high number of wildfires had a negative impact on profits in 2008. A bleak economy and a summer fire threat loom again, but one thing working in favor

of the community organizations this year is a friendly calendar.

"When the Fourth of July falls on a weekend, the non-profits normally see a spike in sales," said Cathy Castilone, Northern California vice president of American Promotional Events, the wholesale distributor of industry-leading TNT Fireworks.

Even better than the weekend, this year America's 233rd birthday is on a Saturday, meaning many among the workforce have that Friday off as a corporate holiday and the next day off as well being a Sunday. As TNT's top competitor agrees, it all helps.

"With this year's July 4th falling on a Saturday, the overall outlook is promising," said Linda Haas, Sacramento-based regional manager with Phantom Fireworks. "Because of a consistent sense of 'All-American' patriotism and a rich history, firework sales are expected to be very healthy."

Also pleased with how the calendar shapes up this month is a Carmichael group accustomed to scoring goals and hoping to

reach a financial one as well.

"The Fourth of July is a great holiday and I'm thrilled it falls on a weekend for our sweet 16th fireworks fundraiser," said Esteban Nava, president of the Carmichael Soccer Club. "We're concerned [over the economy], but I think people will still go out and celebrate.

"Let's just hope there are no fires and that the governor won't go out and tell people not to buy fireworks this year," said Nava, noting that those factors last year slightly hurt its only fundraiser.

Proceeds from the club's TNT Fireworks stand, again in the Crestview Shopping Center at Manzanita Avenue and Winding Way, will help keep fees low, buy equipment and maintain fields for roughly 850 children. Some of the kids will be handing out discount fliers at the Carmichael parade on the Fourth of July, hoping revelers will support their fundraiser and maybe spend a bit more with the final day promotion.

See Fireworks, Page 12

Fourth Graders Honored at Governor's Mansion

Sacramento -- On a beautiful spring day at the Governor's Mansion, 43 fourth graders from the greater Sacramento area were awarded certificates and prizes for their essays in the 30th Annual California Heritage Essay Contest, announced Betty Tice, President,

Assistance League® of Sacramento. The History in a Trunk Program chairperson, Karen Nemetz, Assistance League of Sacramento, said that the "California Heritage Essay Contest" was established in 1979 for fourth grade students who have participated in a History in a Trunk presentation, and who wrote essays about a day at the Governor's Mansion in the 19th century. This year Assistance League members visited 23 schools in the greater Sacramento area and presented their program to 43 classes. The program includes a slide show presentation about the Historic Governor's Mansion and artifacts

from an old trunk that date from the late 19th and early 20th centuries.

Presenting the awards to the students in period costumes, acting as Mr. and Mrs. Albert Gallatin the original owner and builder of the Mansion, were Mr. and Mrs. Al Howenstein (Elk Grove). Al Howenstein who is President of the Point West Rotary Club, and a member of the Assistance League of Sacramento's Advisory Board said,

"I think the essay contest and awards are the highlight of many young lives. It is great for parents, it is wonderful for teachers and for some children it may be the only time they will be honored and recognized. For the awardees, it has the potential for being a life changing experience and for some parents it may awaken their attention to the importance of education. I think the essay contest makes a tremendous impact. "

Mrs. Nemetz said that "Cash prizes from Assistance League along with

certificates and gifts donated by the California State Parks went to the first, second, third and fourth place winners." She said that there was a tie for the first place winner with both students given a \$50 cash prize.

First place winners were Bobby Goforth of Carden School (Arden-Arcade), and Cessair McKinney of Earl LeGette School (Fair Oaks) San Juan Unified School District. The second place Winner with a \$40 cash prize went to Lexie Campbell of Natoma Station School (Folsom), Folsom Cordova Unified School District. The third place winner with a \$35 cash prize went to Jaspreet Dhingsa of Cowan Fundamental School (Arden-Arcade), San Juan Unified School District, and the fourth place winner with a \$30 cash prize went to David Santiago of St. Elizabeth Ann Seaton School, (Elk Grove). Other

local students receiving certificates

and prizes were: (Rancho Cordova)
Folsom Cordova Unified School
Dist. Cordova Lane School; Annie
Gevondyan and Williamson School;
Katrita Le and Joseph Hensel. (ArdenArcade) San Juan Unified School Dist.
Cowan Fundamental School; Hanna
Wong. (Fair Oaks) San Juan Unified
School Dist. Earl LeGette School;
Fligge Schwarter (Corposite of), San

School Dist. Earl LeGette School; Eliana Schwartz. (Carmichael) San Juan Unified School Dist. Garfield School; Victoria Kuzmenko and Starr King School; Haley Eldridge. (Citrus Heights) San Juan Unified School Dist. /Woodside School; Tanner Smith. (Carmichael) Private/Our Lady of the Assumption School; Jessica Wagstaffe. (Arden-Arcade) Private/St. Ignatius Loyola School; Cambria Wilson.

Assistance League of Sacramento is an all-volunteer, community service organization, which was founded in 1966 and chartered in 1968 as a chapter of the National Assistance League©,



Mr. & Mrs. Howenstein (Carol & Al)

and is currently one of 120 chapters. It is a non-profit, non-political, and non-sectarian organization with over 200 members locally whose volunteer efforts are concentrated on programs and services that have benefited the greater Sacramento area for over 40 years.

Additional information about

Assistance League of Sacramento can be obtained by accessing the web site: assistanceleague.sacramento.org, or by contacting alsac@sbcglobal.net. The office is located at 2528 Yorktown Avenue, Suite, C. Sacramento, CA 95821, (916) 488-0828.



It was a historic day when President Barack Obama announced his nomination of Judge Sonia Sotomayor to the Supreme Court. No president had ever nominated a Hispanic woman. Nor had a recent president -- or his nominee -- expressed less genuine interest in the traditional craft of judging.

Impartiality has been supplanted by empathy. The old-fashioned virtue of objectivity -- redolent of dusty law books and the unromantic task of parsing the law and facts -- is giving way to an inherently politicized notion of judging based on feelings. Lady Justice is to slip her blindfold and let her decisions be influenced by her life experiences personal predilections.

Obama and Sotomayor embrace this method of judging with gusto, even though it is deeply antithetical to justice properly understood. This is why Sotomayor is such a radical choice. She represents a judicial philosophy that is neither truly judicial nor a philosophy. The political outcome -- and the personal biases that drive it -- is paramount.

To complement his essentially political conception of the court, Obama has an essentially political conception of a justice. He voted against John Roberts despite his qualifications and his love of the law. Roberts failed the political test, defined by Obama as "one's deepest values," "the depth and breadth of one's empathy."

Obama uses empathy as a code word for judicial liberalism, and few nominees could be as starkly empathetic as Sotomayor. She has the requisite inspiring background. She has been a reliable liberal vote (never mind that the Supreme Court has been singularly unimpressed by her reasoning in cases that have reached it). And she believes that her background is one of her important qualifications.

A Bad Day for *Impartiality*

In a rambling 2001 speech, she disagreed with a colleague who thought judges should transcend their "personal sympathies and prejudices." Sotomayor argued that "the aspiration to impartiality is just that -- it's an aspiration because it denies the fact that we are by our experiences making different choices than others." In sum, she said, "I would hope that a wise Latina woman with the richness of her experiences would more often than not reach a better conclusion than a white male who hasn't lived that life."

This stunning statement of race and gender determinism perhaps explains Sotomayor's decision in the New Haven firefighter case now before the Supreme Court. A white firefighter studied for an exam to get a promotion. He bought \$1,000 worth of books and had someone read them onto audiotapes because he's dyslexic. He passed, but the city declined to promote him because no blacks had qualified for promotion.

Sotomayor thought this blatantly race-conscious action passed constitutional muster. Does her 2001 speech mean that she would have ruled differently if she were white, dyslexic or a working-class firefighter struggling to get ahead? If so, she is manifestly unfit for the highest court in a country that puts the law above tribal loyalties.

Sotomayor's nomination represents an extraordinary personal accomplishment and an important symbolic affirmation for Latinos. Her confirmation, though, would be another step toward eviscerating the constitutional function of the Supreme Court, as empathy trumps impartiality. Rich Lowry is editor of the National Review and co-author of the new

spy thriller "Banquo's Ghosts." (c) 2009 by King Features *Synd., Inc.*©

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By Jon Coupal

On May 19th, California voters made it clear that they are taxed enough and want their elected leadership to prioritize spending using the large amount of tax revenue we already send to Sacramento. That revenue, of course, includes the additional \$12 billion in higher taxes imposed in February that the voters never approved.

But those supporting yet even higher taxes have resorted to the tactic of presenting false choices. They ask, for example, "which do you want to cut, aid to the frail elderly or assistance to vulnerable children?"

A better question than "where will we cut?" is "where will we spend?" The fact is California is still slated to

California Budget: Rejecting False Choices

bring in approximately \$84 billion in fiscal year 08-09, more revenue than any other state -- by far. And this is a level of revenue equal to what the general fund produced just a few short years ago. In presenting false choices, the

spending lobby usually poses the choice as if it were limited to broad program areas such as education or welfare. Actually, there should be substantial cuts in both: Cuts in welfare fraud (estimated to be in the billions -- yes billions with a "b") and cuts in education bureaucracy. Let's curtail categorical funding or save tens of millions by granting local school districts the authority to contract out maintenance and other services to allow school districts to put more money in the classroom.

Why have those who want higher taxes avoided the discussion of selling state assets? Why not sell state-owned property like the state's share of the Los Angeles Coliseum? Is that more important then eliminating health care for needy kids? How about the Integrated Waste Management Board, which has devolved into a soft cushy landing place for termed out politicians? As we run short of money, why is the Legislature taking up the issue of establishing the California Blueberry Commission?

And why do we have two massive but separate tax agencies, the State Franchise Tax Board and the State Board of Equalization? Are there no economies of scale in combining the agencies that could save tax-payers tens of millions of dollars? (The Governor, to his credit, has proposed the combination of those two agencies).

Changing the Sacramento mindset is proving to be very difficult. If you ask any government insider, they will recite a list of reasons why needed reforms won't work. But bureaucratic inertia is no reason to continue to overcharge Californians for necessary services and perpetuate programs that are unnecessary.

And what about the state workforce that the U.S. Census Bureau says is the highest paid in the nation? If public employee union leaders don't want to see their membership decline through layoffs, they should be willing to accept contracts that reflect levels of compensation and benefits more in line with private sector employees who now must work even harder and retire later in order to pay for

Tax Hike on Worldwide American

Companies Will Cast a Long Shadow

in Northern California

public worker salaries and benefits.

The question must also be asked, why do most government functions have to be performed by government employees? Why do we spend nearly \$20,000 a year more than the national average to incarcerate a prisoner? Isn't this an area where legitimate savings can be realized by contracting some of our prison needs to the private sector?

Nobody wants to see basic social services for the state's neediest residents disappear. The question becomes, do the politicians in Sacramento have the will and desire to streamline state government in order to better hold it accountable for the tens of billions of dollars of taxpayer money that it spends every year?

In the midst of this budget crisis comes tremendous opportunity. Now is the time when we can prove once and for all that California really can live within its means. If not now, then when?

Jon Coupal is President of the

HowardJarvis Taxpayers Association - California's largest taxpayer organization -- which is dedicated to the protection of Proposition 13 and promoting taxpayers' rights.



By Tom Tanton, Pacific Research Institute

In a misguided effort to raise government revenue, Congress is pushing an unprecedented \$200 billion tax hike on U.S.-based international corporations. These dollars represent double-taxing companies by removing tax options that have existed for nearly a century, established to allow American companies to compete in marketplaces worldwide.

Regardless of the rhetoric we have heard about supposed "tax loopholes" companies with overseas operations, the informed reader knows that America already has the world's second highest corporate tax rate. Furthermore, foreign affiliates of American companies now pay taxes twice, once when they pay taxes in the country in which they are doing business, as well as in the U.S. In contrast, most of their competitors in these marketplaces only pay territorial taxes and are not required to send additional tax

funds back home. The "loopholes," then, simply level the global playing field for American companies. Why should the U.S. government

encourage growth in businesses abroad? Because doing so is one of the few reliable ways to continue to grow our own economy. Ninety-five percent of the world's purchasing power lies overseas, and supplying that market affords true opportunity. There is room for U.S.-based companies to expana abroad, while many domestic markets are already saturated or in decline.

Typically, these U.S. corporations establish international affiliates to serve local marketplaces where American-made products are otherwise not available. They also maintain jobs here—more than two jobs in America for each job maintained overseas—because the affiliate depends upon the U.S. counterpart for products, supplies, administration, and marketing. In fact, each dollar invested in a foreign country generates \$3.50 of additional investment at home.

But with the proposed changes, effective tax rates for doing international business could approach 50 percent. Companies simply want to compete fairly in global markets without being taxed into last place. Most U.S.-based corporations are

paying more combined taxes than their counterparts in nearly every industrialized country, particularly now that the U.K. and Japan have done away with the same type of double taxation and implemented a territorial system instead.

The unintended, but definitely foreseen, consequences could cripple our economy for years to come, weaken American influence, and further undermine our efforts to meet important challenges of our time. For example, some American companies will have no choice but to relocate to Europe, South America, or Asia where environmental standards are far more lax; and of course that would have an impact on our environment. Similarly, the 3,000 U.S.-based international corporations that would be affected by these tax changes include major contributors to the building and maintenance of our energy infrastructure, including innovative green technologies.

Not only will consumers in other places suffer from less choice and higher prices, American consumers themselves will suffer as companies see markets shrink and their costs increase. As most oil companies serving American consumers are multinational in scope, imposing this double taxation will only drive gasoline prices—already extremely volatile and reaching the highs of last summer—

upwards at exactly the wrong time. If the American companies and their associated jobs are to compete, and if we are to secure a safe environmental future while achieving greater energy security, politicians in Washington can't continue to hamstring our companies just to grab more power and taxes. The fact is, our overseas businesses support sustainable practices throughout the world, which helps to improve the quality of life for Americans as

well as our friends and allies abroad. We ought to be encouraging American companies' efforts to serve foreignanddomesticmarketsandhasten economic development everywhere. But I fear that if Washington's plans to do away with common sense tax treatment succeed, it will be a game-changer for the responsible worldwide American companies that make up nearly one-fifth of total private sector employment in the U.S.

About the Author: Tom Tanton is a former Principal Policy Advisor with the California Energy Commission. He is currently an Environmental Fellow at the Pacific Research Institute.

Sarah Palin Is Right: It is Time for Women to Stand Up to Say 'Enough'



Gov. Sarah Palin

Christian Newswire - Enough is enough! Women, especially mothers and grandmothers, must fight against what has become almost automatic insult through the media, talk show hosts such as David Letterman, and others. Such insults are so commonplace it is not uncommon for even very young ladies to casually accept them, and

degrading feminine terms. Too often, it is women who shoot ourselves in the foot, opposing each other on issues such

as modesty, contraception, and abortion. Sexual slurs are the result of a contraceptive mentality that in reality has only retarded masculine maturity, ironically emasculating men rather than demanding of them virtues that produce good fathers and husbands. Consider near epidemic addiction to pornography among single and married men as an example.

Slurs against femininity are part of the much broader assault on women due to widespread rejection of the prophetic wisdom of Pope Paul VI in his

encyclical Humanae Vitae, wherein he predicted the impoverishment of women through contraception and abortion. As the women of a nation go, so goes

the nation is an old adage indicating that it is the power of woman that restores,

safeguards, protects and enriches culture. It is crucial now that women,

sadly, even to refer to each other in regardless of religious affiliation, step up to apply feminine genius to uphold the universal wisdom of natural law. It is at the hands of women that either gender can hope to reclaim both self-respect and mutual respect that not only can, but will heal the culture to defeat antilife forces that threaten at every turn.

The Leaven is a personal Christian charitable non- profit organization, founded by Alton and Juliana Davis in gratitude for healing from contraceptive abortion which they experienced in the early 1970's due to ignorance of emotional and psychological effects of abortifacient contraception. They offer their personal testimony as a powerful force to inform and then to begin the healing process for others who may have used contraception and consequently may experience the need for healing in their marriage and family life.

Contraception hurts women, and in so doing it hurts all of society, every man, woman, and child.



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Military Graduates - Hometown Heroes



Air Force Airman Jason A. graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force. He is the son of Karen and Gregg Huestis of Kenebee River Court, Rancho Cordova, Calif. Huestis is a 2008 graduate of Christian Brothers High School, Sacramento, Calif.

Air Force Airman Whitney A. Murdock graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force. She is the daughter of Richard Murdock Sr. of Lilac Canyon Court, Rancho Cordova, Calif. Murdock is a 2007 graduate of Cordova High School, Rancho Cordova.





Air Force Airman Patrick C. Leins graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force.

Leins is the son of Twila Leins of Peoria Drive, and Matt Leins of El Sol Way, both of Citrus Heights, Calif. The airman is a 2007 graduate of Mesa Verde High School, Citrus Heights.

Army Pfc. Steven S. DellaCruz has graduated from basic combat

training at Fort Jackson, Columbia, S.C. During the nine weeks of training, the soldier studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, foot marches, and field training exercises.

He is the son of Dan DellaCruz of Buttonwood Way, Citrus Heights, Calif. The private is a 2002 graduate of

John Swett High School, Crockett, Calif.



Air Force Airman Briana M. **Schrum** graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force.

She is the daughter of Darin Schrum of Shady Oak Drive, Fair Oaks, Calif., and Dana Schrum of Bootjack Drive, Sacramento, Calif. The airman is a 2006 graduate of Casa Roble High Orangevale,

Air Force Airman Kathryn N. Broome graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force. She is the daughter of Jennifer Porter

and the stepdaughter of Christopher Porter of Ellsworth Circle, Fair Oaks, Calif. The airman is a 2008 graduate of Del Campo High School, Fair Oaks.



Force Airman J. Corral graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force. He is the son of Linda Gallardo of Madeline Way, Citrus Heights, Calif. Corral is a 2007 graduate of Folsom High School, Calif.

Army National Guard Spec. Robert A. Pletcher is returning to the U.S. after a deployment to the Iraqi Theater of Operations in support of Operation Iraqi Freedom. Operation Iraqi Freedom is the

official name given to military operations involving members of the U.S. armed forces and coalition forces participating in efforts to free and secure Iraq. Mission objectives focus on force protection, peacekeeping, stabilization, and counter-insurgency security operations as the Iraqi transitional governing bodies assume full sovereign powers to govern the peoples of Iraq.

Members from all branches of the U.S. military and multinational forces are also assisting in rebuilding Iraq's economic and governmental infrastructure, and training and preparing Iraqi military and security forces to assume full authority and responsibility in defending preserving Iraq's sovereignty and independence as a democracy.

The specialist, a military police with three years of military service, is assigned to the 40th Military Police Company, based in Los Alamitos, Calif. He is the son of Julie C. Buhiert

of Main Ave., Orangevale, Calif. Pletcher is a 2005 graduate of Del Campo High School, Fair Oaks, Calif.



Air Force Airman Edward V. Ford graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force. Ford earned distinction as an

honor graduate of the course. He is the son of Elwyn and Lenea Ford of Upham Court, Carmichael, Calif.

The airman graduated in 2004 from El Camino High School, Sacramento, Calif.

Army Pvt. Brian R. Parker has graduated from One Station Unit Training (OSUT) at Fort Knox, Ky., which consisted of basic military training and advanced individual training (AIT).

The first nine weeks of initial entry training, or basic combat training, the trainee received instruction in drill and ceremony, weapons, rifle marksmanship qualification, bayonet combat, chemical warfare, field training and tactical exercises, marches, military courtesy, military justice, physical fitness, first aid, and Army history, traditions, and core values.

During AIT, the soldier completed the seven-week cavalry scout course. The training included subjects and instructions to operate, maintain and fire M2/M3 Bradley fighting vehicles; call and adjust fire on enemy targets, recognize friendly and threat vehicles; conduct reconnaissance and security missions, perform foot patrols, conduct land navigation, locate and neutralize mines; and operate and maintain scout vehicles.

He is the son of Patti Parker of Arnold Way, Mather, Calif., and grandson of Kathy Kay of Georgetown Drive, Rancho Cordova, Calif. The private is a 2007 graduate of

Cordova High School, Rancho Cordova.

Army National Guard Maj. Lorraine Januzelli is returning to the U.S. after a deployment to the Iraqi Theater of Operations in support of Operation Iraqi Freedom. Operation Iraqi Freedom is the

official name given to military operations involving members of the U.S. armed forces and coalition forces participating in efforts to free and secure Iraq. Mission objectives focus on force protection, peacekeeping, stabilization, security and counter-insurgency operations as the Iraqi transitional governing bodies assume full sovereign powers to govern the peoples of Iraq.

Members from all branches of the U.S. military and multinational forces are also assisting in rebuilding Iraq's economic and governmental infrastructure, and training and preparing Iraqi military and security forces to assume full authority and responsibility in defending and preserving Iraq's sovereignty and independence as a democracy.

Januzelli, a public affairs commander with 15 years of military service, is normally assigned to the 128th Mobile Public Affairs Detachment Company, Draper, Utah.

She is the daughter of Maureen C. and Kenneth L. Fox of Marchese Court, Fair Oaks, Calif. major graduated from Highlands High 1982 School, North Highlands, Calif.



Send A Card To Iraq

If you go to the web site at www.letssay-thanks.com you can pick out a thank you card and the Xerox Corporation will print it and it will be sent to a soldier that is currently serving in Iraq. You can't pick out who gets it, but it will go to some member of the armed services. It is Free and it only takes a second. Wouldn't it be wonderful if the soldier received a bunch of these? Make the site a favorite and send one every day!

For more information contact Joe Fraccola,

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Red, White & Blue Saturday, June 27th 9:00 a.m. Sunrise Blvd. (Parade route: North of Madison at Uplands Way to northwest corner of Sunrise Mall parking lot at Greenback) **Come Celebrate our** 10th Anniversary Parade! Parade Attractions: Floats, Vintage Cars, live animals, Marching Bands Wells Fargo Stage Coach, Giveaways, and more! Pancake Brunch (\$5 - Rotary Club of Citrus Heights) Sunrise Mall Parking Lot, 9:30 a.m. to Noon

Float & Vintage Car Display: Sunrise Mall until Noon

Sponsored by the City of Citrus Heights and Local Businesses. For more information, call (916) 727-4718 · www.citrusheights.net Page 4 The Messenger **Second Edition for June 2009**

Local Business Makes Philanthropy a Priority Despite Rough Economy

time for us, but I always knew we

were receiving the best possible care."

\$25,000 for Mercy San Juan's

Neonatal Intensive Care Unit

(NICU). That money was used for

the purchase of high tech incubators,

designed specifically for the hundreds

of premature infants treated at Mercy

San Juan every year. The incubators

arrived at the hospital just a couple of

weeks ago and are now in use. "These

incubators provide the vital protection

and controlled environment that

Citrus Heights FREE PARK CONCERT

The 30's-40's-50's Dance Band has its first free park concert of the year in June.

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with a few shade trees, a cement

pad for dancers, and a covered

patio-like area with several

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In 2008, the company raised



Lawson Mechanical Contractor's \$25,000 Donation to Mercy Foundation Helps Provide Vital Equipment for Premature Babies at Mercy San Juan Medical Center

began their annual golf tournament Sacramento - The Neonatal in 2007 to celebrate the company's Intensive Care Unit at Mercy San Juan Medical Center has three new state-60th anniversary and as a way to of-the-art incubators for its tiniest give back to the community. The patients, thanks to the generosity money raised during the tournament of a local company. The incubators is then donated to a local organization arrived in May and are now being identified by a committee within the used by Mercy San Juan's smallest or company. For three years running, sickest babies. Lawson Mechanical that recipient has been Mercy Contractors donated \$25,000 raised Foundation, which is responsible for at its 2008 golf tournament to raising philanthropic support for the Sacramento area Mercy hospitals, Mercy Foundation for the purchase including Mercy San Juan Medical of the incubators to help give these premature babies a better chance Center. For David Lawson, Mercy for a healthier beginning. Lawson holds a special place in his heart. Mechanical has also committed "Both of my sons were born at Mercy San Juan," he explains. "With my to donating the proceeds from its 2009 tournament to Mercy as well. oldest, my wife went into premature labor at 24 weeks. It was a stressful

Lawson Mechanical's donations come at a time when many companies are cutting back on their philanthropy due to the downturn in the economy. Executives at Lawson Mechanical, however, say giving back to the community is even more of a priority now, when the need is greatest. "In spite of the troubled economic times," says David Lawson, Operations Manager, "Lawson and our partners in the construction community remain committed to improving lives over the long-term."

Executives at Lawson Mechanical

30's-40's-50's Dance Band

FREE PARK CONCERT - (Hear a

Sunday 14 June 2009

5:00 - 7:00 PM

17-piece big band really swing!)

EVENT:

DATE:

TIME:

is so crucial to the survival of our most premature and fragile babies," explains Dr. Robert Kahle, Mercy Regional Medical Director of Women's and Children's Services.

"I know that had my son been born when my wife went into premature labor, I would want him to have the best possible equipment to help him thrive during an incredibly fragile time of his life," says Lawson. In 2007, Lawson Mechanical earmarked their donation for the refurbishment of one of the Mercy San Juan's oncology rooms. The money raised at their 2009 golf tournament (to be held this October) will also benefit Mercy San Juan however the specific department has not been identified yet.

David Lawson says the first year his company hosted their golf tournament they raised \$15,000 for Mercy. Last year that number rose to \$25,000. And this year, he is confident that number will rise again, despite the current state of our economy. "We are committed to partnering with Mercy Foundation to improve the lives of those in need in our community."

Established in 1954, Mercy Foundation is responsible for raising philanthropic support and community awareness for the works of the Sisters of Mercy in the areas of healthcare, education, affordable housing, and care for the poor and elderly in the greater Sacramento region. Mercy San Juan Medical Center is a 260-bed facility serves more than 150,000 people each year from north Sacramento County, south Placer County and beyond with a broad array of quality programs and services. Doctors are the cornerstone behind teams of healthcare professionals who have earned national recognition for Mercy San Juan's Trauma Center, Cardiac Services, Family Birth Center, Neonatal Intensive Care Unit and Bariatric Surgery program. Mercy San Juan is part of Mercy, which also operates Mercy General Hospital, Mercy Hospital of Folsom and Methodist Hospital

picnic tables. Bring chairs and/or

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blankets if desired.

Chris Miller

PHONE:

Recreation District c/o



By Laura Snyder

My seven-year old finally earned enough money to buy himself a toy he's been eveing at Wal-Mart. It's a race car that comes with all the accessories needed for a Pit Stop. There were extra tires, an oil can, a fuel pump, and tools for washing windows and checking the engine.

He showed me what his version of a pit stop was. Rolling the car into a cardboard "pit stop" area, he then turned the car completely upside down and took all the tires off. Rather than explain how turning the car upside probably didn't really happen at pit stops, I watched him put two news tires and two of the old ones right back on because he only had two extras. The race car didn't really have a gas tank filling spot to put the gas pump, which I think was a major design flaw, so he improvised by using the tail pipe. Every tool was employed in some way.

From watching races on TV, he knew that he had to work quickly. Miniature oil cans and tools flew hither and yon as he serviced his race car at a frantic pace. Finally, he threw up his hands as if he

Laura on Life The Pit Stop

had just roped a calf. In his mind he was victorious in beating his imaginary clock. I applauded as I was expected to do, but my mind flew to Monday morning.

It was a school morning just like any other. I woke the kids early enough, but they tend to dally. I suspect the dallying is due to intense thought about what they could possibly do that would convince me to keep them home from school.

It isn't until ten minutes before the bus is scheduled to arrive that they are ready to accept their fate.

Then things start speeding up. My husband and I are the selfdesignated pit crew. One eye on the clock and barking out orders like a drill sergeant, we station ourselves in the fover waiting for the inevitable crisis and ready to deal with anything that comes our way.

"Don't forget your library book!" He runs to dig it out of his

"Do you have P.E. today?" I ask one of them.

"Yes"

"Then you can't wear sandals. Where are your sneakers?" She runs to find them.

"What's that on your face?" He shrugs. "Go wash it off, quickly!"

"Have you got your...lunch money?... snack? ... science project? ... permission slip?"

"Mom, I can't find my other

"Okay, everybody! Listen up! She can't find her sneaker. It looks like this. You – Look in the kitchen! You, the living room. You, under your bed. Honey check outside."

The youngest says "It might be in the mailbox."

My husband and I looked at each other, momentarily shocked. He makes a sudden decision,

"I'll go look in the mailbox!" "Right." I said as I ran to check

the bathroom.

"Found it!" someone yells.

"Okay great! Backpacks loaded! Jackets on! Shoes on!"

"Wait a minute. Where do you think you're going?"

"What? What did I forget?"

"Have you looked in the mirror? You look like a couple of weasels were mating on your head last night... and one is still in there. I think it's dead, but don't move until I pull a comb through it."

"Kisses! ... Now get out of

My husband and I watched them run out the door just as the bus comes around the corner. We shut the door and throw up our hands in victory and give each other a double high five. We did it! ...again.

Laura Snyder is a nationally syndicated columnist, author & speaker. You can reach Laura at lsnyder@ lauraonlife.com Or visit her website www.lauraonlife.com for more info.

POPPOFF!

with Mary Jane Popp

UPDATING

Have you settled for less than the best? You know...the cut rate jacket not the designer line, the economical car not the sports model? What about the he or she in your life? Have you settled for less than Mr or Ms right instead of who you deserve? Have you ever said...If only I knew how to rope in someone gorgeous, or rich, or honorable, or more interesting? Let's just say someone with class. These types do not respond to the same old flirtation techniques. You need a unique set of skills to steal the heart of an extraordinary mate. According to Leil Lowndes, author of "Updating" How to date out of your league, you are looking for pain and self-destructive lives when you settle. Leil is a Communications Consultant who says you never have to settle again. She explains how to get the man or woman who once seemed out of your league...NO MORE!

Leil gives you secrets in her straight-shooting style 1) To Get a Gorgeous Partner: Don't swoon too soon. Fabulous looking folks actually like someone better if they seem unimpressed at first! Snooty huh? 2) To Get a Wealthy, High-Class Partner: Decorate your home with class, not crass. You'll learn why a TV or certain type of common carpeting in your living room can knock you out of the running. In fact, take the "How Classy Is Your Home?" Quiz to see where your dwelling stands on the totem pole. I won't tell you where mine stood, but then I've

been married for 34 years...so there! 3) To Get A Principled Partner: Don't get caught in one teeny little lie. One fib and your entire credibility goes out the door. And the mate with integrity soon follows. Well, maybe a teeny weeny one? Just my opinion. 4) To Get an Interesting, "Oneof-A Kind" Partner: Just don't do anything "normal." Leil shows you how to be a desirable "nut" who will win the hearts of those creative types. I got this one down. I've never ever been NORMAL!

For the guys, there are four types of women:

1) Drop-dead gorgeous

2) Rich or High Class

3) Loving and faithful

4) Creative, Interesting, or Famous. Each one of these has a certain approach to hit a home run. For instance, there are proven dos and don'ts for getting a gorgeous woman such as... 1) Talk to her...but be the first to walk away.

2) Show no sexual interest in her at all at first.

3) Never mention her looks, but compliment her on other qualities.

4) Go for one who (here's a stretch of imagination) might look as though she's your sister.

Bottom line is you have to understand human behavior and apply easy-to-master strategies to connect with the partner of your dreams. It does require self-awareness and a willingness to change bad habits. Leil also offers a complete program for screening out the duds. It's all up to you. Good Luck!





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by Marlys Johnsen Norris

Protective words every mother

uses in the early years of raising

their child are: stop, be careful, and

no. These words are most usually

some of the first words the child will

Calvin and Lisa Wulf

"Let your conversation be always

full of grace, seasoned with salt, so

that you may know how to answer

"I don't get it," he muses as he

clicks off the TV. "Why is everyone

in these sit-coms so rude? Put-downs

seem to pass for humor these days."

it's the kids on the shows that bother

me. They say such disrespectful

things and the parents just ignore it

and end up looking like buffoons."

thing it's only a TV show."

and hip. Others call it rude. We see

bad-mannered children on television

and we meet pushy people waiting for

the cashier. Ask anyone who works in

a restaurant and they'll tell you even

Christians can be snooty. We chop

up people like we cut down trees.

Or is it? Some people call it sassy

"Yeah, I know.

"I know," she responds. "Actually,

everyone." Colossians 4:6 (NIV)



by Pastor Ray Dare

You can sum up the entire Bible in two words. Loving Relationships. But how do you love someone you don't like? Do you really have to love them? Yes. Can't I just ignore them? No. Do I have to like them? No. Jesus never demanded that you have warm feelings toward everybody, but He did say you must love everyone. You have to learn to love them. How?

Experience God's love yourself. God wants you to not just know that He loves you. He wants you to feel it. Why is that so important? Because unloved people are unloving people. The starting point is understanding how much you matter to God.

Forgive others who've hurt you. It is impossible to love one person while hating somebody else and being full of resentment. A bitter heart is a divided heart. You cannot fully love somebody else if you're still reacting to somebody from your past.

You think loving thoughts.

How to Become A More Loving Person

Don't run away from people who challenge your love. It's easy to love people you get along with. But God's going to teach you real love by putting you around people who are difficult. How do you learn to think loving thoughts towards those kinds of people? By focusing on their hurts, their problems, their needs. When somebody's hurting you it's because they're hurting. You look beyond the hurtful things they're doing to you and see where they are hurting.

Begin acting in a loving way. Even though I don't feel it, I'm supposed to act loving. Isn't that being hypocritical? That's not hypocritical. That's loving in advance. Loving by faith. Luke 6:27-28, "Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you." Jesus says four things you do to people who hurt you. 1. Love them. How do you love an enemy? You stay committed to them by overlooking their faults. That's the loving thing to do. You don't leave them-you love them. Ephesians 4:2 "Be patient with each other. making allowances for each other because of your love." A mature person is patient, making allowances for the faults of others.

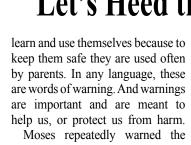
2. Do good. You do good to those who do bad to you. You look for ways to give, to help them, to be positive, to respond in giving. Love is giving. You go the second mile with that difficult person. 3. "Bless those who curse you." You build up people who put you down. Don't get into a criticism match, don't get into a fighting match, and don't walk away from them. You bless those who curse you. It may take a little ingenuity, a little creativity. What can you say positive about the person? Encourage them. 4. "Pray for those who mistreat you". Prayer will not only change them, it will change you. You cannot pray for and hate a person at the same time. Your attitude will change.

Think of that person or people you're having the most difficult time with right now. Say to God, "Fill me with Your love. Help me to realize how much I'm loved." Forgive those in your past and start thinking loving thoughts and doing loving actions. I Corinthians 13:4 says "... love never fails."

See you Sunday, Pastor Ray New Community Christian Church

www.YourNewChurch.org

Let's Heed the Warnings!



Moses repeatedly warned the people of Israel to "Be careful." Meaning to be careful to "obey" He wanted people to heed and follow God's instructions because he knew that when they do that, things will go well for them. "Be careful to obey all these regulations I am giving you, so that it may always

go well with you and your children after you." (Deuteronomy 12:28)

It is easier to disobey than to obey, but disobedience in the eye of God is sin. The root of all future trouble comes from not heeding the warning. Unheeded warnings can be tragic consequences and a warning from a loving yet, Holy and Just God will especially be severe.

Marlys Johnsen Norris INTIMACY BEGINS GOING GOD'S WAY Rinorris@sbcglobal.net

"That's Rude" by Calvin and Lisa Wulf

We've learned to tolerate rudeness because it's easy to look the other way. Sometimes we even think it's funny. Maybe that's because humor is often based on a put-down.

But have people become objects of no value because of our tolerance?

What we see in the movies and on TV

What we see in the movies and on TV tends to desensitize us so we not only accept rudeness but we're also quick to act it out. But when the tables are turned and we're the target of someone else's scorn, it can cut us to the heart.

Could it be that we have a stewardship responsibility to build people up rather than cut them down? Instead of diminishing others, we can show them God's blessing instead.

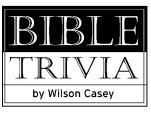
How then do you keep your conversation full of grace? Think on these things:
•How's your attitude? Are you looking the other way and condoning rudeness?
•How's your life? Do hurtful remarks somehow escape from your mouth?
•How's your faith? Don't give disrespect a space in your heart.

It's time to stop laughing at sitcom rudeness. After all, today's humor could be tomorrow's heartache. So let's put away our chainsaws. Rather than hacking people up we could plant a forest of blessings instead.

Living for God (TM) offers resources on Christian living.

Check them out at www.livingforgod.net or call (719) 578-8837.

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1. Is the book of 1 Timothy in the Old or New Testament or neither?
2. What did the Lord cast down among the Israelites who complained about their wilderness misfortunes? *Fire, Hail, Stones, Winds*

3. From Romans 3, who have sinned

and fallen short of the glory of God? Jews, Gentiles, Heathens, All 4. What idol fell and broke after the Ark of the Covenant was placed nearby? Edrei, Dagon, Molech, Golden

5. Who built an altar and called it "Jehovahnissi"? Isaiah, Baal, Moses, Malachi

Malachi
6. What was the name of John the
Baptist's mother? Elisabeth, Miriam,
Sarah, Ruth
ANSWERS: 1) New; 2) Fire; 3) All;

ANSWERS: 1) New; 2) Fire; 3) A
4) Dagon; 5) Moses; 6) Elisabeth
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A Study Guide to the Most Reliable Self-Help Book of All Time

Christian Newswire -- The Bible has solutions to all of life's challenges. However, many don't search its pages for answers because of a misguided feeling that it's too complicated or doesn't speak to contemporary issues. In her new book, "Big Picture of the Bible--New Testament," Lorna Daniels Nichols provides a study designed to help seekers and believers more fully understand God's Word and, as a result, strengthen their spiritual journey with the God of the Universe and His Son, Jesus Christ.

Set in a highly efficient format containing maps, timelines, and notes on Bible history and culture, Ms. Nichols' book is a valuable tool for individual or group study. Each well-organized chapter contains recommended Bible readings and thoughtful questions that bring about enriched understanding of God's Word as it illuminates the fulfillment of God's Plan of Redemption and Salvation

through Jesus Christ. Additionally, Ms. Nichols has organized the study in chronological sequence, bringing continuity to Bible events that the new or not-so-new Christian will find very useful. Lesson plans coinciding with each chapter are available as FREE resources on Big Picture Ministries' website at www.bigpictureofthebible. com. These lesson plans are perfect for homeschool, Christian education, and church Bible study groups.

"Big Picture of the Bible--New Testament" is the culmination of Lorna Nichols' twenty-eight years of project design, implementation, and management experience, combined with her passion to help others enter into a more meaningful relationship with God. Co-founder and President of Big Picture Ministries, LLC, Ms. Nichols and her husband are also teachers and leadership mentors at Grace Church--Saint Louis. About "Big Picture" she says, "My prayer

for you is that God will plant in you a strong desire to read His Word more oftenandmoreconsistently. Everything you need to live a successful life is in God's Word. God wants to speak to you. Allow Him to lead you into a deeper, more personal encounter with Him through the pages of the Bible."

Ms. Nichols' complimentary book, "Big Picture of the Bible--Old

- Testament, "was recently honored as a:Finalist of the 2009 Benjamin
- Franklin Award for Religion category.
 Finalist in the Best Cover category of the 2009 National Indie Excellence
- Awards.
 Finalist in the Religion category of the 2009 National Indie Excellence

To order visit www.bigpictureofthebible. com or call 877-421- 7323. Contact Abigail Davidson at 360-802-9758, or abigail@winepressgroup.com for interviews or review copies.

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Puzzles are on Page 7 Magic maze

Weekly SUDOKU — Answer 3 4 9 1 2 5 7 8 6

8 1 2 7 6 4 9 5 3 7 6 5 9 3 8 2 1 4 4 8 7 2 1 3 5 6 9 9 2 6 5 8 7 4 3 1 1 5 3 4 9 6 8 7 2 6 9 8 3 7 2 1 4 5 5 3 1 8 4 9 6 2 7 2 7 4 6 5 1 3 9 8

Answers Solution time: 21 mins.

King Crossword -

L P U T I N A S M
T I M I D CANISTER

1. Miss Wormwood 2. Extremely harsh

Trivia Answers

Fibonacci numbers are 0 and 1 and each number that follows is the sum of the previous two: 0+1=1 1+1=2, 1+2=3,

7.1956

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and send an email to publisher@mpg8.com.

Answers **PORTLY WORDS**

4. The first two

or cruel

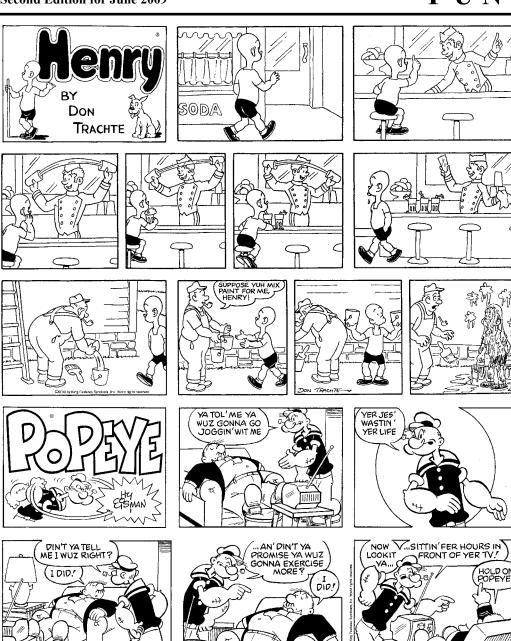
3. Quito

2+3=5, etc. 5. A Timex watch 6. William Faulkner

8. Cabbage 9. Bouvier

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10. Chicago



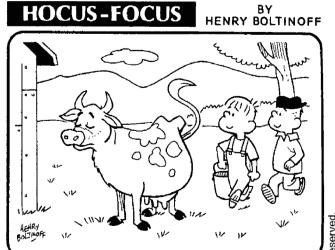


by Jeff Pickering

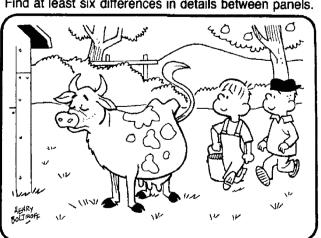




IL WAS WIPED OUT BEFORE I COULD TURN AROUND!



Find at least six differences in details between panels.

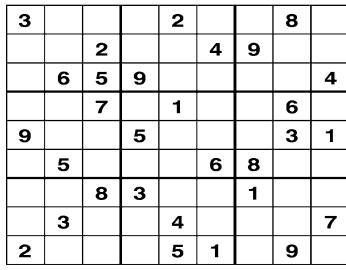


5. Tree and scenery is added. 6. Boy's right arm is visible. Differences: 1. Apples added to tree. 2. Overall buttons are missing. 3. Cow has more spote. 4. Cloud is missing.

- 1. COMICS: What was the name of Calvin's teacher in "Calvin & Hobbes"?
- 2. LANGUAGE: What does it mean "draconian"?
- 3. GEOGRAPHY: What is the capital of Ecuador?
- 4. MATH: What is the sequence in Fibonacci numbers?
- 5. ADVERTISING SLOGANS: What product "takes a licking and keeps on ticking," according to its 1950s advertising slogan?
- 6. LITERATURE: What Southern author often wrote novels set in the fictional "Yoknapatawpha County"?
- 7. ENTERTAINERS: In what year did actress Grace Kelly become the Princess of
- 8. FOOD & DRINK: What vegetable is used in making sauerkraut?
- 9. TELEVISION: What was Marge Simpson's maiden name on the sitcom "The Simpsons"?
- 10. HISTORY: In what U.S. city was the Democratic National Convention held in
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Weekly **SUDOKU**

by Linda Thistle



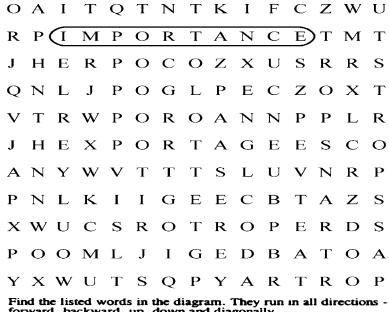
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging **★★★** HOO BOY!

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$MAGIC\ MAZE$ lacktriangleWORDS



Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Davenport Importance

South dealer.

Newport Passport Portage Portico

Portray Portugal Report

Sports Teleport Transport

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Answers on Page 6

Contract Bridge

GUESSWORK NOT NECESSARY

Both sides vulnerable. NORTH **♥**1082 ◆ A Q 10 9 4 3 WEST **EAST ♥**J94 **♥**AQ653

SOUTH **↑** A Q **∀** K 7 ♦ KJ862 **♦**K Q 10 3 The bidding: South West North East Pass Pass Pass

4 NT Pass

Opening lead — nine of clubs.

In today's deal, it is easy to see, after the opening club lead, that if East was dealt the king of spades, the diamond slam can be made by drawing trumps, discarding two of dummy's hearts on South's high clubs and later taking a winning spade finesse. But if West has the king of spades, this line of play will fail, and the contract will be Alternatively, the contract may be

made by a different method of play if

East was dealt the ace of hearts. In that case, all South has to do is to lead a heart toward the king. The actual location of the king of spades thus becomes immaterial, since a spade can be discarded from dummy on a good club. It would appear, therefore, that

South is on a straight guess as to which line of play to adopt. He has an even-money shot on the location of the spade king, and also on the heart ace. If he guesses wrong, however, he goes down without getting an opportunity to try the other line of play. But the fact of the matter is that there

really isn't any guesswork involved at all. With proper play, South can test both possibilities before he is defeat-

After winning the club lead with the ace and drawing a round of trumps, three more clubs are cashed, on which two hearts are discarded from dummy. Dummy is then entered with a trump, and a heart is led. In the actual case, since East has the ace, the hand is over. He takes the ace and returns a spade. Declarer puts up the ace and discards dummy's remaining spade on the king of hearts.

And what if West turns up with the ace of hearts? In that case, West captures the heart king and returns a heart, ruffed in dummy. Now the spade finesse is taken, and if East has the king, the slam is home.

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The Fireworks Supercenter

The Fireworks Supercenter opens Sunday June 28th at 12:00 noon, and then daily, Monday through Saturday 10:00AM - 10:00PM.

The Fireworks Supercenter has 3 new locations in northern California, the main Supercenter, the Mega Center is located at 6521 Hazel Ave in Orangevale. For a list of all the locations go to, www. theFireworksSupercenter.com.

The Fireworks Supercenter has both TNT and Phantom fireworks, and has the largest selection of fireworks than any booth in Northern California.

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Fireworks Safety



If you're among the many who will enjoy the thrill and tradition of setting off an amateur fireworks display, here are some safety tips to remember this season:

- Always store fireworks in a cool, dry place.
- Observe local laws and the directions on each firework.
- Use only state-approved "safe and sane" fireworks. In general,
- if the firework flies, rotates or explodes, it's not state-approved.
- · Light fireworks on a hard, flat and level surface to ensure stability, and keep a safe distance.
- · Only use fireworks outdoors, away from homes, dry grass or
- · Have an adult present and a water hose or bucket ready for use.
- · Never point or throw fireworks t another person or pets.
- Never attempt to re-light or fix a "dud" and don't modify a firework.
- Soak used fireworks in water overnight.
- · To report a fire emergency, call
- 9-1-1.
- · Report the sale or use of illegal fireworks to your local police or fire department. Local police and fire departments plan to deploy extra personnel to rigorously enforce the law.



KING Crossword

Answers on Page 6

10 14 13 12 15 16 17 18 19 20 21 22 23 25 26 28 29 30 27 32 34 31 33 35 37 36 38 39 40 42 43 44 45 47 48 50 49 51 52 53 54 55 56 57

ACROSS

- 1 Donate
- Floor cleaner Sail support
- 12 Mideast gulf
- 13 First lady?
- 14 Reverberate
- 15 Approach
- 16 Quebecois,
- 18 Half a pair of
- winter boots
- 20 Teeny bit
- 21 October
- birthstone 23 Deposit
- 24 Southwest-
- ern saloons 28 Vegan's
- no-no 31 Lingerie item

32 Shy

- 34 Hot tub 35 Collections
- 37 Flour
- receptacle 39 Hostel
- 41 Con game
- 42 Sent packing 45 Grassy plains
- 49 Australia's
- capital
- 51 Audition
- hope
- 52 Bedouin
- 53 Where (Lat.) 54 Story

56 Soviet

- 55 Depend (on)
- spacecraft 57 Counterfeit

DOWN Group of

- hoodlums
- Notion
- Osso buco ingredient
- 4 Establish
- Garage worker
- Eggs
- Calligraph-
- er's supply Seance VIP
- 9 Severe trial 10 Carpet style
- 11 Coloration
- quality 17 Rock concert
- need 19 Skewer
- 22 Actor
- Lorenzo
- 24 Couric's network
- 25 Exist
- 26 Countrywide
- 27 "The Jungle" author

29 Gorilla

- 30 Paving
 - 33 Rotary phone feature

material

- 36 Persnickety 38 Intelligence
- 40 Born
- 42 Cicatrix
- 43 Tortoise's opponent
- 44 Conga, e.g. 46 Ark builder

47 Earthenware

- pot 48 Appear
- 50 Bat stat

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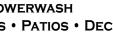
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The Messenger Page 9 **Second Edition for June 2009**

4-H State Ambassadors - Youths Who Excel



Shelby Wagner and Melissa Withrow

Sacramento County 4-H is pleased to announce the recent selection of Shelby Wagner and Melissa Withrow as 2009-2010 California 4-H State Ambassadors. The 4-H State Ambassador position is one of the highest service opportunities and recognition attainable in the California 4-H Youth Development Program. 4-H State Ambassadors are youth who have excelled in the areas of leadership and community service, and have been selected to serve the 4-H Youth Development Program in roles that promote leadership through education and service.

Twenty 4-H youth from around California were selected to represent the program this year. It is a working honor, which means that during the coming year these young leaders, and the rest of their team, will serve as State 4-H representatives at various local, sectional and statewide programs and activities; coordinate the planning and implementation of the 2010 4-H State Leadership Conference at UC Davis; provide donor stewardship support to the California 4-H Foundation; and identify needs in the 4-H Youth Development Program and either develop or recommend

Wagner, 17, has been a member of Clover 4-H Club in Fair Oaks since she was eight. Her projects have included baking, sewing, rabbit, and more recently archery and market goat. Withrow, almost 18, joined the Wilton 4-H Club ten years ago and has been involved in the dairy cattle, dairy goat and ATV safety projects. Both have held numerous offices within their clubs and have participated in a wide array of community service activities. For example, this past year, working together as Sacramento County 4-H All Stars, they organized a car wash and a garage sale to raise money to donate to the Sacramento County Fair. Their hard work paid off,

and they were able to present a

check for \$480.00 to TJ Plew,

General Manager of the fair, to

help pay for awards for 4-H and

FFA exhibitors. This donation

because other longtime donors

especially appreciated,

strategies for improvement.

were unable to contribute this year. 4-H State Ambassadors are expected to make a 14-month commitment to the program. These young women are ready for the task ahead and are excited to fulfill their responsibilities.

Metro Fire District to Discuss Closure of Station 33

Public Forum Meeting Announcement

The Sacramento Metropolitan Fire District will be holding one public forum meeting to hear the concerns of our citizens regarding the Metro Fire Station closure of Fire Station 33. The meeting will be held at Fire Station 32 located at 8890 Roediger Lane, Fair Oaks, 95628. It will take place on June 27, 2009, from 8:00 – 9:30 am.

During this forum, Metro Fire staff will present the budget picture and the reasoning behind the fire station closure. Fire Station 33 is located at 5148 Main Avenue, Sacramento. 95838 in the Fair Oaks area. This fire station will be closed except on high hazard days (red flag days) as approved by Operations. Operations Chief

Geoff Miller and other representatives from Metro Fire will be in attendance to answer questions and address Should anyone have concerns concerns following the meeting please contact the Sacramento Metropolitan District Administration building at (916) 566-4000.

SAFE CU Members Give \$9,000 for Fight Against Cancer

SAFE Credit Union's recent participation in the American Cancer Society's Relay for Life in Citrus Heights raised nearly \$10,000 for the fight against cancer.

SAFE fielded a team of 75 walkers at the May 30 event in the Sacramento area community. Before the event, SAFE branches invited members to make donations and sponsor participants. SAFE's efforts raised \$9,142 for the local American

Cancer Society chapter. SAFE's team was among 27 teams and nearly 400 people turned out for the event. A total of more than \$67,000 was raised.

Relay For Life is the American Cancer Society's signature activity. It offers everyone in a community an opportunity to participate in the fight against cancer. Teams of people camp out at a local high school, park, or fairground and take turns walking or running around a track or path.

"SAFE members were very generous in their support for this event. Community support defines so much of what credit unions stand for, and Relay for Life is one of many wavs SAFE fufills that role," said SAFE President and CEO Henry Wirz. Established in 1940, SAFE Credit Union maintains assets in excess of \$1 billion and serves more than 127,000 members through 20 branches in the greater Sacramento region.

Fair Oaks Chamber of Commerce, Fair Oaks Foundation of Leisure and Arts, and Fair Oaks Recreation & Parks District

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Fair Oaks Teen Scores Perfect On SAT

An Accomplishment Achieved by Less Than .02% of Students

Fair Oaks teen Diana Li has recently accomplished a rare feat achieved by less than .02% of approximately 1.5 million students nationwide: she scored a perfect 2400 on the SAT! As if this were not impressive enough, Diana also scored a perfect 800 on both the Chemistry and Math SAT 2 exams. For most students seeking admission to competitive colleges and universities across the country, the SAT looms as one of the most challenging and critically

important entrance Diana, a junior at Mira Loma

High School in Sacramento, prepared for the May exam by taking a course with Kaplan Test Prep and Admissions. An aspiring Supreme Court Justice, Diana is state president of the California Association of Student Councils and a star member of her school's dance team. She hopes to attend one of several Ivy League schools, where she plans to pursue a double major in political science and international

business. Diana is fluent in Chinese and is also learning to master Spanish. She is the daughter of Jun Min Wang and Xin-Nong Li. While she studied vigorously for the SAT several months leading up to test day, Diana recommends that students not cram the night before.

For more information or to arrange an interview with Diana, please contact Russell Schaffer at: 212.453.7538 or russell.schaffer@kaplan.com.

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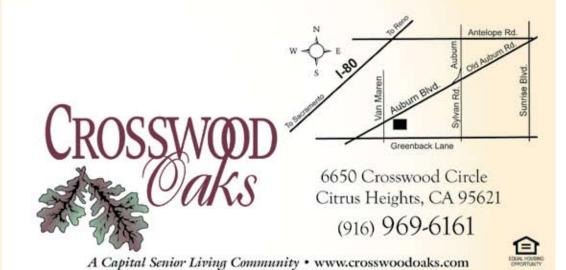


More than neighbors...

"It didn't matter what they told me, I was sure I'd lose my independence when I moved to a retirement community. But my daughter was worried about me living alone; I wasn't eating right, and, frankly I was lonely.

I moved to Crosswood Oaks, and I'm having the time of my life. The funny thing is that my daughter still worries because now I'm never home. I told her to stop worrying - I'm with my new friends."

Take a tour and stay for lunch. Talk to our residents about why they made the move to retirement at Crosswood Oaks.



Page 10 The Messenger **Second Edition for June 2009**

A Silver Lining by Sal Arrigo, Jr.

Run, Sal, Run

My doctor has been hounding me, my son has been teasing me, and a colleague at school is always asking when I am going to start my fitness running program. Okay, a fitness program that I religiously followed 25 years ago will need to be altered 25 years later. I'm no longer that kid who could get in top physical condition overnight; I will need patience. I will need to mentally throw away what I did years ago and develop a new attitude. "If you're looking for immediate results you need to get that thought out of your head right now," states Rich Hanna, Race Director for Capitol Road Race Management, Sacramento's Premiere Race Management Timing Company.

"You first need to make sure you get running shoes that are properly fitted for your foot," Rich said. During our conversation I mentioned that it is going to take time for me to get back in good physical condition and that I can't give up when the muscles become sore and I start feeling discouraged. Rich suggested finding a workout partner so that we can keep "pushing one another." For starters, one must



Sal Arrigo, Jr.

develop a plan of attack because as Rich told me, "it will take 2-3months before it becomes a habit and you actually want to work out." So, everyone, follow along and you to can develop a nice routine to get back in shape. As my doctor told me, the first step is to s-t-r-e-t-c-h! Get those legs loosened up, lean against a wall, fence, car, and stretch out. Start by walking first, then slowly jog, and then walk again. Rich said "you'll do more walking then running" when you begin and you need for your body to slowly build up stamina. Even though it may be tempting to accelerate my workout, my goal is to build

up my cardiovascular rate and to be consistent in my routine. This means I need to workout 4 to 5 times a week; Rich suggested to work out for at minutes each Rich said there are people he knows that have a "Family

Workout Night" and they encourage one another to get in better physical condition, which in turn does help a person's mental condition as well. It's also a great way to set an example for younger kids if they see their parents staying healthy. "They're learning a lesson for life," said Rich. In fact, why not join me and Rich on July 25, 2009 for the

2nd Annual Alzheimer's Aid Society 5K Memorial Run/ Walk at East Lawn. Go to www. memory5K.org for details. It's a great family event and a healthy way to spend the morning. Sal Arrigo, Jr. has worked in the field of Gerontology for more than 25 years. He is a professor at Sacramento St. University and American River College. Sal is also the Development Chair for the Alzheimer's Aid Society and will have A Silver Lining as a regular column in this newspaper. You can

contact him at 916-448-7001.

Sayonara Community Center Field Trip



Thanks to Maloof Sports & Entertainment thirty eight elementary school age children from the Sayonara Community Center in Citrus Heights were able to attend opening day with the Sacramento Monarchs. Donations for the refreshments were provided by Fair Oaks Presbyterian Church.

This was a very exciting opportunity for the children as most of them had never seen a real basketball game before. After the game, the children were able to go down to center court and have a group picture taken.

The Sayonara center is sponsored by Campus Life and the City of Citrus Heights and provides an after school experience for the children in that area. They spend time doing homework, having something to eat and then time with recreational activities.

Again thanks to Maloof Sports and Fair Oaks Presbyterian for providing this wonderful experience.

Mary Purvis is Honored by County for Her Many Acts of Kindness



Mary Purvis (front row, second from left) is congratulated by her family and friends at a reception after the Sacramento County Board of Supervisors named her an Outstanding Senior Volunteer for 2009.

Mary Purvis, a long-time Citrus Heights philanthropist, was recently named one of Sacramento County's Outstanding Senior Volunteers for 2009 and honored at a Sacramento County Board of Supervisors meeting.

Purvis is well-know and involved in almost every Citrus Heights event. She owns and coordinates many Citrus Heights beauty pageant titles. She and her pageant participants work and provide assistance at community fund-raisers and activities. The list includes the Firemen's Fill the Boot and numerous events sponsored by

the Chamber of Commerce, civic organizations, Shriner, and the City of Citrus Heights. She and her pageant ambassadors have done face painting at Sunday FunDay, the Cancer Relay for Life, and Rusch Park events. Her only condition is that no fee can be charged.

When no one else could find a place, Purvis located a place for the Capital Pops Concert Band to practice in Birdcage Market. She has helped at registrations and ice cream fundraisers for the Citrus Heights Community Marching Band.

Purvis also carries out many acts of kindness anonymously. She helped

several parents find resources when they were losing a child to a terminal illness. She has found employment for people; located transportation for the elderly and handicapped; and purchased groceries, school supplies, and clothing for those in need.

Purvis was nominated by Heart for Parks at Sunrise Recreation and Park District. They wrote, "Mary is the goto person in Citrus Heights, having been there since before cityhood. She is a willing volunteer and is deserving of recognition for serving the people in her community, her City, and her County."

Purvis was one of nine seniors honored this year. The Sacramento County Board of Supervisors and the Sacramento County Adult and Aging Commission join together to recognize outstanding senior volunteers who are nominated by senior and neighborhood centers and other agencies.

The other outstanding 2009 Senior Volunteers and the agencies that nominated them are Charles Beal, Senior Center of Elk Grove; Richard Dunn, Hart Multipurpose Senior Center; Al Diener, Folsom Parks & Recreation District; Georgia Giguere, South County Services; Bob Inman, Cordova Senior Activities Center; Kaoru "Bernice" Ouye, Asian Community Center; Lonnie Ratzlaff, Stanford Settlement Neighborhood Community Center; and Ophelia "Fifi" Zeff, Sierra 2 community Center -Sierra Curtis Neighborhood Association.

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Assemblyman Niello Recognizes the Messenger Publishing Group as the Small Business of the Year



Assemblyman Roger Niello presents the award to Paul Scholl, owner and publisher of the Messenger Publishing Group

Sacramento – Assemblyman Roger Niello (R-Fair Oaks) has recognized the Messenger Publishing Group, and Publisher/Owner Paul Scholl as the 5th Assembly District Small Business of the Year.

as the 5th Assembly District Small Business of the Year. The Messenger Publishing Group consists of four local newspapers: the American River Messenger, the Carmichael Times, the Natomas Messenger, and The Mercury that provide the only conservative voice in the Capitol region.

Paul Scholl began his

Paul Scholl began his publishing career over 25 years ago and has worked in a variety of settings from large corporate newspaper groups to small newspapers and magazines. Mr. Scholl has used all of his

experience to produce the best in community newspapers promoting strong principals, strong families, love of country and the willingness to support and care for the community.

His newspapers not only provide a useful informative service to the citizens of the Sacramento area, but he has continued to support many non-profit organizations. The Messenger Publishing Group has assisted organizations such as the American Cancer Society, the ALS Society, the Alzheimer's Aid Society, Sacramento and the Sacramento Choral Society and Orchestra and many more. Paul Scholl has also supported the local Chambers of Commerce through their annual events and has helped local businesses succeed. Mr. Scholl was honored during a luncheon on Tuesday, May 26th, in Sacramento, organized by the California Small Business Association honoring small businesses from throughout the state.

"The Messenger Publishing Group has provided a voice for individuals, organizations, and businesses in the communities that I serve in the 5th Assembly District and even during these economic difficult times, the Messenger Publishing Group has prospered. Their focus on the community and non-profit organizations has made this a true community service newspaper and Paul Scholl should be commended," said Assemblyman Roger Niello.

Annual Fiesta Days Tennis Tournament a Huge Success



Women's Doubles 3.5 Champions Maureen Joyce & Aide Stein, and second Place Winners Sharon Betossa & Julie Blanford

Gold River - Gold River Racquet Club hosted the 39th Annual Fiesta Days Tennis Tournament on June 6—7 and 13—14. Over 270 adults participated this year, with players of all levels enjoying a wonderful double weekend of tennis. Great matches were held in all divisions, with some matches taking over three hours to complete.

Final matches were closely contested in several divisions. In Men's 3.5 Singles, second seed Rob Vomund defeated Gold River Racquet Club dark horse Young Kim in a three set cliff hanger, 4-6, 6-4, 7-6. In a tournament upset, Chris Ferguson and Vikki Moran defeated the #1 seeded team

of Marisa Schiffman and Dave Schiffman 6-2, 6-7, 7-6, to take the Mixed Doubles 3.0 title. In the most exciting match of the tournament, Don Blessen and Raj Ramsamosj defeated David Hagiwara and Brian Heland of Gold River, 7-6, 4-6, 6-4 to take the Men's 4.5 Doubles title.

The Annual Fiesta Days
Tennis tournament uses the
USTA NTRP numerical
system of player classification,
ranging from 2.5—5.0+.
Players enter Men's and
Women's Singles and Doubles
and Mixed Doubles events
according to their NTRP rating.

The Fiesta Days Tennis Tournament, one of the oldest and largest adult tournaments in the Greater Sacramento Metropolitan Area, is the premier event on the SATA (Sacramento Area Tennis Association) Grand Prix Circuit. The SATA Grand Prix circuit is a series of ten tournaments held at different locations in the Sacramento area. Participants accumulate points towards final standings based on the number of tournaments played and their results in those tournaments. The Grand Prix Adult Finals are held in November. Gold River Racquet Club has hosted the Fiesta Days

tournament for the last 24 years. Gold River Racquet Club is located at 2201 Gold Rush Drive, Gold River, CA, 95670.

The Bow-Wow Beauties "Putting on the Dog" Annual SPCA Fund-Raiser

Kay Burton's Bow-Wow Beauties will hit the doggie runway at 11:30 a.m. on Saturday, June 27 to benefit the Sacramento SSPCA.

Rick Johnson, SPCA Executive Directive, will be the guest emcee for the event in which anything can happen when dogs dressed in canine fashions model their fancy duds to music. The event will be held outdoors in a shady patio area at the Gold River Bel-Air Shopping Center, at the south end next to the Hallmark store. Bel-Air will be selling hot dogs, chili and sodas for \$2.00, starting at 11:00 a.m. All proceeds to benefit the SSPCA.

A large variety of dogs, all sizes and breeds will be dressed in the latest canine fashions. The

pet's performance and a raffle will highlight the Sacramento SPCA annual Fund-raiser.

"The show brings people and animals together and helps make the public aware of the need to rescue and adopt the homeless animals in the Sacramento community."

For more information, email: Kayburton1@comcast.net.



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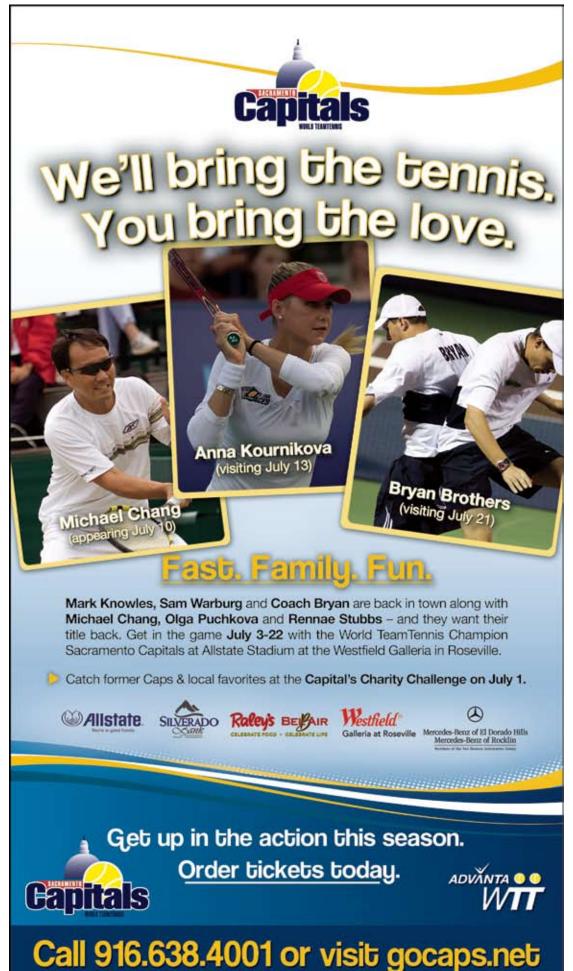
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Fireworks for the Fourth

Contined from Page 1

Spending more for fireworks will be pretty much inevitable as prices are higher on many items due primarily to increased material and transportation costs in China, where 95 percent of America's consumer fireworks are manufactured. To help ease the double-dose reality of thinner wallets and fattened prices, the local fireworks industry is ready to deal.

"This year, more so than in years past, consumers are looking for the best quality and value for their entertainment dollar," said Castilone of TNT's Sacramento office. "Sixteen of our items are now under \$5, seven additional crowdpleasers are listed as 'buy one get one free' and our assortments deliver up to 35 percent more value for the dollar. With deals like these, we hope to help our non-profit organizations raise the critical dollars they need to support their programs while making sure that consumers have an enjoyable Fourth of July celebration."

From Castilone's lips to God's ears is what Love INC – short for Love in the Name of Christ -- is praying for. The group, which brings Orangevale's East Valley Church and other Christian churches together to help provide the needy with food, furniture, clothing and longer-term assistance, will have TNT stands at 3290 Arena Blvd. and at Broadway and 16th St.

"There's a little concern [about the recession], but the scripture tells us not to worry - you don't change anything by worrying," said George Thacher, one of the more active volunteers for the non-profit. "If God believes we're supposed to generate revenues it doesn't matter

what the economy is doing." Though his faith is no doubt just as strong as Thacher's, Matthew Oliver, senior associate pastor at Family Christian Center in Orangevale, is taking matters a bit more in his own hands. For one thing, Oliver, the church's resident pyro expert, has gone a route seldom taken among non-profits by linking once-dual fundraisers involving competitive fireworks resellers. He's also added a second TNT stand to go

along with the church preschool's Phantom booth now brought under one operation. And in another innovative ploy to grab customers, Oliver started a Web site – www. thefireworkssupercenter.com

that offers online pre-paid ordering, making pick up at the main location pyrotechnically painless.

Why all the heavy-duty marketing strategy? Oliver says it's about survival.

"Our fireworks fundraiser has to do well. It could mean the difference between Club Retro surviving or not," Oliver said, referring to the Christian rock club-slash-teen center providing tutoring and counseling for students of several area schools. "Last year our fireworks booth wound up being 70 percent of our budget."

The main stand, dubbed the "TNT Megastore," is on the Family Christian Center's own property at 6521 Hazel Ave. Its new sister TNT site, the "TNT Supercenter," is located at 8121 Madison Ave. next to Carl's Jr. The Phantom stand is in the Dairy Queen parking lot at 9295 Greenback Lane.

Another local church hopes to spark more fireworks business with a picnic on what is traditionally the slowest day of sales, the first. Water slides and lunch will be provided starting at 11 a.m., an hour before Sunrise Community Church's stand in Fair Oaks opens for what promises to be a brisk week of sales, according to the fundraiser chairwoman.

"Weekends are always good, we won't have the fires and we're thinking that people will stay home for the holiday and shoot off fireworks in the neighborhood," said Tammi Schmorleitz of Citrus Heights.

The group's Phantom Fireworks stand made about a third less last year than the prior season, but the stars seem to be aligning for a better outcome this go-around, and that's putting a smile on the fundraiser chairwoman's face.

"It's our largest fundraiser of the year and we rely on proceeds to send kids to summer camp," Schmorleitz said. "We're definitely looking forward to a more successful fundraiser this year. Only time will tell."











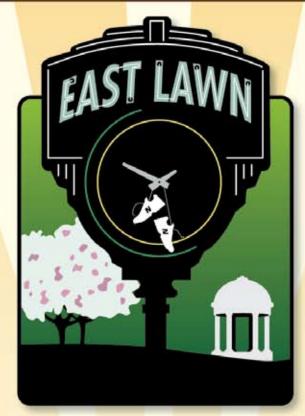


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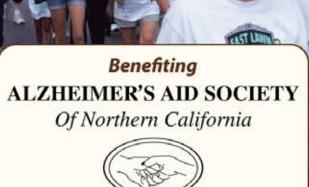
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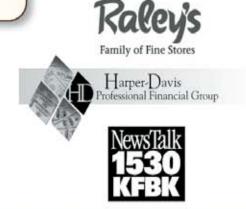
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