

AMERICAN RIVER

M E S S E N G E R

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Volume 3 Issue 24

Serving Citrus Heights, Fair Oaks, Carmichael, Orangevale & Gold River

Second Edition for December 2008

RT Offers Free Rides on the 16th Annual Holiday Bus



2008 Holiday Bus Schedule

Date	Day	Route(s)
16-Dec	Tuesday	21
17-Dec	Wednesday	24, 25
18-Dec	Thursday	26
19-Dec	Friday	28
20-Dec	Saturday	81
21-Dec	Sunday	67, 68
22-Dec	Monday	30, 31
23-Dec	Tuesday	34
24-Dec	Wednesday	36
25-Dec	Thursday	56
26-Dec	Friday	54, 65
27-Dec	Saturday	80, 84
28-Dec	Sunday	72, 75
29-Dec	Monday	61
30-Dec	Tuesday	62
31-Dec	Wednesday	63
1-Jan	Thursday	51
2-Jan	Friday	83
3-Jan	Saturday	72 - 75
4-Jan	Sunday	55

Continuing a 16-year tradition, RT employees and their families painted the exterior of the Holiday Bus with colorful candy canes and ornaments. Rick Sloan, RT graphic designer, pre-painted the outline on the bus, which allowed participants to complete the design using a "paint-by-numbers" technique.

The Sacramento Regional Transit District ushered in the holiday season with free rides on the RT Holiday Bus. As a thank you to riders, the bright and festive Holiday Bus will travel on a

different route each day from through Sunday, January 4, 2009.

In the spirit of giving, passengers will have the opportunity to place a cash donation in the farebox or contribute a non-perishable food item. All donations will benefit River City Community Services, a non-profit organization that provides emergency food and housing assistance to more than 24,000 clients annually in Sacramento County.

For Holiday Bus route and schedule information, call 916-321-BUSS (2877) or visit www.sacrt.com.



Many local kids helped paint the bus. From L to R: Lucas Solomon (age 9), Nathan Solomon (age 5), Rachel Solomon (age 6). They are the children of David Solomon, RT senior architect.

Adopt Two Cats at County Shelter for the Price of One

"Home for the Holidays" Animal Adoption Event Now Underway

Sacramento County is holding their annual "Home for the Holidays" adoption event at the County Animal Shelter, located at 4290 Bradshaw Road, Sacramento, through the

month of December. The goal is to place every adoptable shelter animal in a loving home by the end of the year. As incentive, the shelter is featuring a special promotion of two cats or kittens for the price of one.

"The need to find homes for our animals is especially great this year because of the influx of animals due to the economy," said Pat Claerbout, Shelter Director. "We have seen increases in dogs and cats coming in and over a 30 percent increase in rabbits."

Adopting more than one cat at a time has many advantages:

- Kittens or cats paired together can make great play partners and keep each other exercised;
- They provide each other with mental stimulation, and older cats can teach kittens proper behaviors, and;

· They will groom and watch out for each other.

The total adoption fee for two cats is \$81, including spay/neuter surgery, appropriate vaccinations including rabies, a Microchip ID and a one year animal license (excluding cities in Sacramento County).

"Many cats come to our shelter together so this is a great opportunity for us to try to place these in the same home," said Claerbout. "Best of all, adopting two cats saves the lives of two Shelter animals."

The public can watch the adoption process by keeping an eye on the Christmas tree mounted atop the Shelter facility. For every animal adopted, a light is lit on the tree. By the end of the year last year, the tree was be glowing with hundreds of lights that symbolized a shelter animal had found a new home.



Sac Firefighters Vote To Forgo Pay Raise

Metro Fire's Labor & Management Are Working Together In Tough Economic Times

As the current national and state economic crisis continues to worsen, Sac Metro Fire has continued to meet its financial obligations without any decrease in the level of emergency protection its citizens receive, while simultaneously ensuring that no employees have lost their jobs. This success story is primarily due to the cooperative relations of management, directed by Fire Chief Don Mette, and labor, led by Local 522 Vice President Captain Pat Monahan. Both parties recognize the importance of maintaining a united front as they work together to cut costs and save taxpayer dollars through these tough economic times. With approximately 80% of its operating budget generated through property taxes, Metro Fire's current economic challenge is primarily the result of the collapse in housing prices.

Over two years ago, labor groups and management began proactively working together to address potential future budget shortfalls. Two primary goals were agreed upon as the framework for difficult economic decisions: Attempt to avoid decreases in essential emergency services, and try to avoid layoffs of personnel. Since then many administrative positions have been restructured or eliminated, with all parties agreeing to suspend any new hiring except as needed to replace essential personnel. Since then, no new recruit academies have taken place. In addition to these efforts there has been a dramatic decrease in overtime costs, with approximately 39,000 less hours of overtime occurring when compared to the previous 18 months. Fire crews stepped up and took on additional responsibilities in many areas of station maintenance, including painting projects and the installation of appliances such as dishwashers and garbage disposals. This saved a considerable amount of money by decreasing the need for outside contractors. Training schedules and delivery methods were also adjusted in order to realize significant fuel savings.

Unfortunately, despite these and other cost-cutting efforts, no one could accurately forecast the devastating economic condition we are currently



Photo courtesy of Sac Metro Fire

Photo by Wes

experiencing. In October of 2007, Local 522 and Local 150 were notified by the District of the need to meet with regards to the financial status of the organization. The labor groups agreed to meet with management and face the economic challenge head on. Subsequent to these meetings, the membership of Local 522 and Local 150 gave overwhelmingly support (90+%) to the loss of a 4% pay raise scheduled for January of 2009. Labor also agreed to forgo an equity adjustment of 4% for the year 2008 as well as an equity adjustment of 4% for the year 2009. These represent a total of 12% in pay concessions by the labor groups of Metro Fire.

Although the decision to forgo these monetary increases was very difficult, management and labor both recognize the critical importance of ensuring

the financial stability of Metro Fire. These contractual concessions are the result of the current trust and respect that has been demonstrated in the labor-management relations. Solid economic planning combined with the firefighters' willingness to accept personal monetary loss has helped to ensure the financial solvency of the Sacramento Metropolitan Fire District.

Metro Fire continues to monitor economic conditions, and while district personnel remain committed to the goals of no essential service reductions and no layoffs, should future property tax revenues fall more dramatically than already forecast, service level impacts and layoffs are possible.

For additional information, contact Captain Jeff Lynch, Metro Fire Public Information Officer, at (916) 616-2432. *Metro Fire Press Release.*

New System Helps Match Fingerprints Faster; Speeds Investigation

Sacramento County Coroner first in State to send fingerprints of deceased persons to Department of Justice in "real time"

Sacramento, CA -- The Sacramento County Coroner's Office announced recently that they have completed a multi-year project that enables them to scan and electronically send fingerprints of deceased persons to the California Department of Justice (DOJ) for possible matches. According to Coroner Gregory Wyatt, this new system replaces the process of taking fingerprints the old fashion way with ink onto a fingerprint card, then either submitting by fax or physically delivering a copy of the card to the DOJ for a search in their database.

This sometimes took several hours to several days and required the use of limited personnel resources.

Wyatt said this delay impacted decedent identification and subsequent next-of-kin notification as well as impacting the potential for early suspect identification in homicide cases. "The most critical piece in any homicide investigation is arguably the decedent's identification. The sooner we can identify the decedent, the sooner the homicide detective will be able to identify potential suspects," stated Wyatt.

Although several Coroner/Medical Examiner offices in California have used electronic means to capture decedent fingerprints in the past, the Sacramento County Coroner's Office is the first in the State to submit electronic prints to the DOJ

in real time. "This project will save precious financial resources beginning immediately," stated Wyatt. The project was supported by Sacramento County District Attorney Jan Scully, Sheriff John McGinness, the DOJ, the Sacramento County Cal-ID Program, and Cross Match Technologies, Inc.

"This is another example of local and state government working together with private industry to solve a problem and develop a solution that will not only save taxpayers money, but will enhance the public safety of the community as well," Wyatt said. A portion of the funding for this project came from assessments on DMV registrations and traffic fines.

For more information about the project, contact Ed Smith, Assistant Coroner, at 874-9254.

Citrus Heights City Council Selects New Mayor and Vice Mayor

At their regular meeting on December 11, 2008, the City Council elected James Shelby as mayor and Jayna Karpinski-Costa as vice mayor for the next twelve months. Each year, in December,

the City Council selects one of its members to serve a one-year term as mayor and vice mayor. James Shelby was elected to serve as a member of the City's first City Council in November 1996. He was

subsequently re-elected in 2000 and 2006. He served as Mayor in 2001 and 2004. Jayna Karpinski-Costa was elected in November 2004 and re-elected in November 2008.



Lobbyists Will Love the Obama Era

Barack Obama promised the end of the era of lobbying as we know it during the campaign, but the National Marine Manufacturers Association didn't get the message. Nor did the National Automobile Dealers Association. Nor did anyone else who can make a remotely colorable case for getting any precious drops of the bailout money sloshing around Washington.

Obama has banned lobbyists from contributing to his transition committee. No one can work on the transition on an issue that has been part of his lobbying work in the past year. After the transition, no one can lobby the Obama administration for a year on any issue he worked on during the transition.

The Obama team thought of everything, except banning failing executives from firing up their corporate jets and heading to Washington to petition for billions of dollars in federal aid. That's what the CEOs of the Big Three automakers just did. They are only the tip of the spear of a massive lobbying push for an auto bailout that includes auto dealers and suppliers, union officials, the U.S. Chamber of Commerce and practically every elected official in Michigan.

The Paulson plan started the free-for-all. Wave around a money clip stuffed with \$700 billion, and you'll attract attention. According to a New York Times article headlined "Lobbyists Swarm the Treasury for Piece of Bailout Pie," "the Hispanic Chamber of Commerce and other Hispanic business groups met with Mr. Paulson to push for minority contracts in asset management, legal, accounting, mortgage services and maintenance jobs, like plumbing and masonry."

Billy Graham once said, "I just want to lobby for God." Interest groups lobby for mammon. So their lobbyists are swarming like

hyenas to a kill or, simply, self-interested people contemplating the prospect of free money. Top lobbying firms like Patton Boggs, Akin Gump and others have new shops devoted to winning bailout funds.

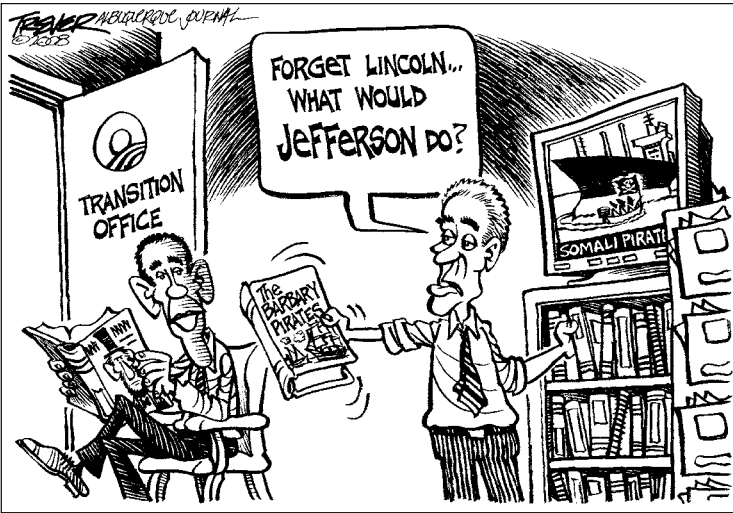
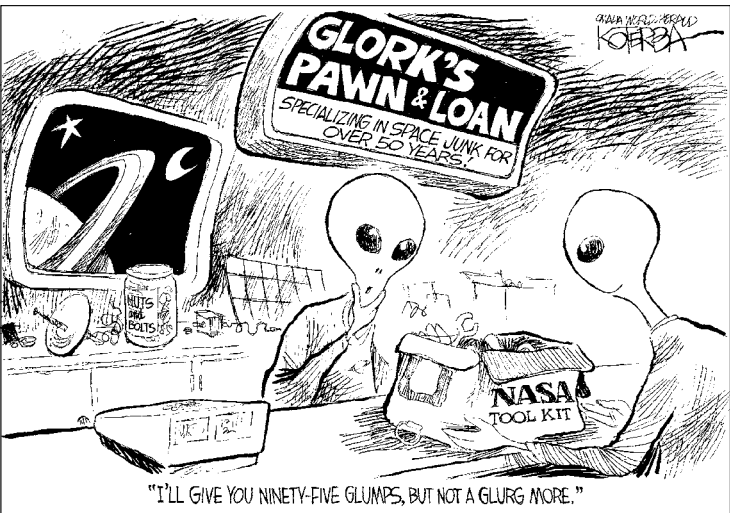
Lobbyists for business exist to gain whatever tax, spending or regulatory favors they can for their clients. The more Washington taxes, spends and regulates, the more work they naturally have. So it doesn't matter how much Barack Obama abhors lobbying in theory, as long as he favors a bigger, more activist government -- with the second \$350 billion tranche of Paulson's funds, a \$25 billion auto bailout and \$600 billion stimulus bill all on the table -- his Washington is going to team with well-appointed lobbyists.

Obama's economic program has been grandiosely compared to the New Deal. FDR's tax and spending programs -- unsurprisingly -- played political favorites. It is impossible for a government composed of ambitious politicians to wield massive economic powers in an utterly neutral way. "Reporter Thomas Stokes won a Pulitzer Prize for his investigative research that exposed the Works Progress Administration for using federal funds to buy votes," notes historian Burton Folsom, author of the new book "New Deal or Raw Deal?" "Whatever the good intentions, the funds quickly became politicized."

Folsom gave a lecture in Washington making this point the other day. A professor at Hillsdale College, he explained to his cab driver when he arrived that he had flown in from Michigan. "Oh, you're here for the money?" his car driver replied. No, but he might be the only one.

Rich Lowry is editor of the National Review.

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by Ron Getty

California's latest reported budget deficit is expected to reach \$28 billion over the next two years. This comes after the disgraceful recently approved \$143 billion budget that purportedly fixed an \$18 billion deficit. In comparison, 10 years ago, California's budget was \$42 billion with no deficit.

The proposed budget deficit fixes include raising and broadening sales taxes, increasing vehicle license fees, imposing an extracted oil tax, and raising excise taxes on beer, wine and liquor. In addition, K-12, University of California (UC) and California State University (CSU) funds would be reduced. State employees would have to take required unpaid time off. The truth is these are political gewgaws, gimcracks, and doodads that don't fix a budget deficit.

If you were able to make budget deficit problems disappear by ringing a bell, would you do it? Let's ring the bell for some examples of cutting the budget deficit along with

Ring the Bell

some relief for taxpayers:

The state of California employs 345,000 people who average \$85,000 annually in pay and benefits, costing taxpayers \$29 billion. In comparison, private industry per capita pay and benefits averages \$45,000. If we were to scale state employees' pay and benefits to an average equal to that of private industry, the resulting \$40,000 reduction per state employee would cut the budget deficit by \$13.8 billion.

The Department of Consumer Affairs sets licensing standards for 225 professions from accountants to veterinarians. Its budget is \$251 million and covers 2.4 million professionals. An annual licensing fee of \$105 per professional would cut the budget deficit by \$251 million.

California could "farm out" prison labor by employing some 125,000 nonviolent prisoners at \$10 an hour for manual labor. This move would generate \$2.5 billion, halving the Department of Corrections-Adult Operations budget.

The UC and CSU systems receive \$6 billion from the state's general fund. They have \$10 billion in endowments and have voluntary annual donations of \$1.5 billion. We should cut the taxpayers' umbilical cord for UC and CSU, making them self-reliant using their own financial resources. These systems should not be funded with involuntary philanthropy from the wages of taxpayers who'll never get a UC or

CSU education from their forced donations.

California's 9,300 K-12 government schools have 300,000 teachers, plus another 25,000 bureaucrats and support personnel. There are 4,000 school psychologists and 1,000 school librarians. The California Department of Education has 2,500 employees. This massive K-12 public employment project needs streamlining, especially when the price tag of pay and benefits is \$20 billion. The 4,000 school psychologists cost \$300 million in pay, benefits, and overhead. We should dump the school psychologists and hire them by the hour -- when or if they are really needed.

To help taxpayers, the state should exempt home-schooling families and families sending their children to private schools from paying the portion of their property taxes that goes to public schools. The same exemption should be given to senior citizens so they don't pay to send someone else's grandchildren to public schools.

Increasing the sales tax by 1.5 percent would be an extra burden to low-income wage earners, increasing the average sales tax to 10 percent. Sales taxes are regressive for low-income people in relation to higher-earning individuals. At the very least, all food and clothing items should be exempt from sales taxes for purchases under \$500.

To increase hiring of low-wage and

unskilled workers as well as reduce unemployment, the state should repeal minimum-wage, prevailing-wage, and other anti-employment work laws. State laws mandating wages, breaks, and hours block low-wage and unskilled workers from being hired, often forcing them on welfare, which costs taxpayers to support them.

These few examples show how to cut the budget deficit by \$23 billion in one year and give taxpayers a little relief. Budget deficit problems are a malignant cancer of unchecked massive redistribution of workers wages stolen by Sacramento's Robbing Hoods. The same workers in turn receive little or no benefit from their earnings forcibly taken from them.

Californians need to ring a strong message to Sacramento emphatically declaring that increased taxes and spending won't be tolerated. Sacramento must cut taxes and spending as a necessity for the state's fundamental well-being. Not doing so would be the height of arrogant political hubris at the expense of turning taxpayers into tax paupers.

Ron Getty is the senior staff member of a tax attorney with his practice located in San Francisco. His background includes an electrical engineering degree and 30 years of sales, marketing and advertising with small to large corporations. A Vietnam Veteran of Chu Lai - I Corps, he brings personal perspectives on veterans and their treatment by the government.

by James P. Gray
Libertarian Party

In October 2007, I wrote a column about the California Highway Patrol's 11-99 Foundation. When a person donated a minimum of \$5,000, he or she was given a license plate frame and a membership card that (coincidentally) could be placed next to that person's driver's license.

Of course, the strong implication was that the donor would receive favorable treatment from the CHP out on the state's highways. And I cited in the column some occasions on which that favorable treatment had actually been given.

I sent a copy of the column to then-CHP Commissioner Mike Brown, along with a handwritten letter, requesting him to investigate the situation, and possibly to discontinue this practice. The reason for that request, of course, was that our system of justice in traffic court and everywhere else should be entirely free from even the appearance of any favoritism.

I received no response to my letter. So a few months later in another column I reported that I had not received a response from Brown, and then sent him a second letter, which again was met only by silence.

But about four months thereafter I learned that the CHP

had a new commissioner named Joe Farrow, so I sent him a letter, along with an explanation of my request and a copy of the previous columns. Within three weeks, I received a telephone call from his secretary inviting me to have lunch with the new commissioner.

At that lunch, Farrow told me he had taken action in two ways.

First, he issued a strong statement to his troops that they were not to be influenced by 11-99 Foundation membership in exercising their sound discretion about whether to issue traffic citations or anything else.

Second, he had met with the officials of the 11-99 Foundation and was successful in obtaining their promise to cease the distribution of the license plate frames and identification cards by this coming January. In addition, he had also instigated a movement to recall the license plate frames and ID cards that have already been issued.

This is government at its best, and that was the laudatory message I gave to Farrow. Government had been responsive,

responsible, and professional, and had acted with integrity.

Why am I writing about this experience? Because it demonstrates that we can and do have an influence in our government -- at all levels. In fact, if we are persistent, there is little that we cannot accomplish, at least in the long run.

With government, like many other situations in life, familiarity does not breed contempt; it breeds access. Another way of saying this is that government is a "contact sport." So all of us should make advocacy a regular part of our everyday lives. Our form of government depends on it.

Many elected officials have told me that when they receive individually written letters, they attach great significance and weight to them. In fact, they actually have a formula that for every personalized letter they receive, they feel that at least 35 other people in their district probably have the same views. So don't be bashful about writing those letters.

Of course, your letters will

have a great deal more chance of influencing elected officials if you can actually vote for those officials. This means that a letter you send to your own member of Congress will be much more likely to have influence than a letter to a member outside of your district.

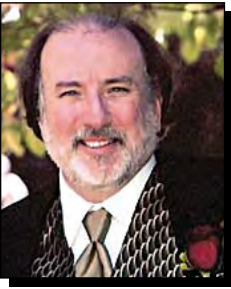
But to take this action a step further, getting a group of 10 to 15 or more voters in your elected official's district who are united and vocal about a certain issue would increase the odds that the person would not only respond to you but even actually meet with you on the subject at a place of your choosing.

Relationships are power. Whatever your issues are you can and should turn your passions into that power. Why? Because if we do not have government at its best, we only have ourselves to blame.

James P. Gray is a judge of the Orange County Superior Court, the author of *Wearing the Robe: The Art and Responsibilities of Judging in Today's Courts* (Square One Press, 2008). His Website is www.JudgeJimGray.com.

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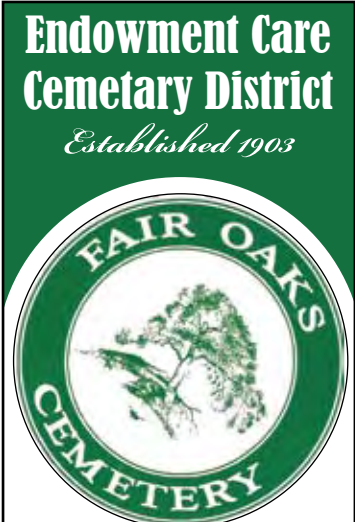
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Bayside of Citrus Heights Opens as a Brand New Church



Baysiders share in worship services

Bayside of Citrus Heights opens as a brand new church with amazing attendance. This church is the eleventh Bayside Church in the Sacramento region. Each church is independent and autonomous but is connected to each other and has the same purposes and core values.

Bayside of Citrus Heights is located at 6540 Sylvan Road which was the building formerly occupied by Sylvan Oaks Christian Church. It is a beautiful building that is only three years old. The church has a warm feel with tremendous children's classrooms. The new church features energetic worship, applicable Bible teaching, and a children's ministry that kids love. November was the first month for this new church and the attendance was 450-500 each weekend!

Bayside of Granite Bay started in 1995 and has become recognized by Outreach Magazine as one of the largest churches in the nation. Four years ago they started planting other Bayside Churches. There is currently

over 15,000 people who go to a Bayside service at one of the eleven locations each weekend.

Everyone is invited to join them for their weekly service at 10am each Sunday. You will experience the friendly atmosphere. Bayside of Citrus Heights is currently rotating speakers and music from the other Bayside Churches as they search for a pastor. Check out the Bayside of Citrus website at baysideofcitrusheights.com.

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POPPOFF!

with Mary Jane Popp

DON'T KNOW MUCH

Did you ever wonder why we sing carols at Christmas or were there really three magi or why do we celebrate with a Christmas tree? Ken Davis not only wondered but found all the answers. He is the author of the "Don't Know Much About" series of books from history to mythology and his latest "Don't Know Much About Anything Else" which covers about all of it. And lots of it is related to the pagan influence.

Let's kick it off with the tree. The arrival of the first Christmas tree in America is credited to German settlers in colonial Pennsylvania. In fact, when George Washington led his troops to Trenton, New Jersey, in 1776, German soldiers gathered around a Christmas tree. As for being an evergreen, that goes back to pagan symbolism. Evergreens were ancient symbols of the renewal of life—a tree that remained alive in the dead of winter. And the tradition of decorating trees appeared in medieval Germany, where a popular play about Adam and Eve performed on December 24 featured a paradise tree—an evergreen decorated with apples.

As for the carols we sing, the idea of joyous songs goes back to ancient Greece, where people danced a choraulein, accompanied by a flute. The dance craze later spread to Europe and the flute was replaced by singing. By 1600, these joyous songs were all attached to the Christmas season.

Now, about those magi? They have been described as wise men or kings. They came to visit the infant Jesus lying in the manger, bearing gifts of gold, frankincense, and myrrh. Right?

Welllllll, in actuality, the magi were hereditary members of a Persian priesthood known for interpreting omens and dreams. They were also known for their astrological skills and practicing magic.

What about mistletoe kissing? It's rooted in two pagan myths.

Considered sacred by the Celtic Druids, the same folks who brought you Halloween, the evergreen mistletoe was a healing plant so holy that enemies would lay down their arms if they happened to meet beneath it. From this custom emerged the mistletoe as a token of peace—eventually romance.

Did you know that the celebration of Jesus' birth date was influence by pagan festivals in ancient Rome where yearend celebrations honored Saturn, their harvest god and Mithras, the god of light. These celebrations became part of Christmas custom for early Christians. Did you know Mexico introduce the poinsettia to America by Dr. Joel Poinsett, the U.S. Ambassador to Mexico? The plant's red and green leaves and resemblance to a star made the poinsettia a popular Christmas decoration. Finally, did you know Christmas was outlawed in America in Boston from 1659 to 1681? During the Protestant Reformation, many Puritans considered Christmas a pagan celebration because it included nonreligious customs. It was also thought to be too Catholic.

You can find out lots more at www.dontknowmuch.com which goes into lots of other incredible information Ken Davis has compiled for all to see.

Have a miraculous MERRY CHRISTMAS!!!

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AmeriMont Academy Rolls Out New Carmichael Location with Ribbon Cutting Ceremony



AmeriMont Academy recently celebrated the opening of their new Carmichael location with a ribbon cutting ceremony presented by the Carmichael Chamber of Commerce on Saturday, November 15th.

AmeriMont Academy local director, Arilda Espinoza led the ribbon cutting ceremony attended by local area businesses, residents and students. AmeriMont Academy uses the Montessori based philosophy and

method program for their high quality educational offerings. AmeriMont Academy provides unique qualities and education for children between the ages of two and six. Parents can view their children remotely from password protected webcams. In addition, children learn two languages including Spanish and Sign Language. Subject areas include geography, science, phonics, math and geometry. The completely renovated facility has a patriotic theme

throughout the academy.

AmeriMont Academy is located at 5739 El Camino Avenue near Fair Oaks Boulevard. Hours of operation are Monday –Friday, 6:30 am to 6 pm. Two, three or five day programs are offered. Part time hours are 8:30 am to 3:00 pm. Stop by for an excellent incentive package. They can be reached at (916) 480-0800 or visit them at www.amacademy.com.



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The Merger of Fair Oaks and Orangevale Little Leagues



The purpose of this letter is to announce to that Fair Oaks Little League and Orangevale Little League have merged! The new league will be known as “Fair Oaks / Orangevale Little League” or “FOVLL. Although several alternative shorter names were considered, “Fair Oaks/Orangevale Little League” was ultimately chartered because it both identifies our new area boundaries and offers historical respect to each league’s 50+ year existence.

The merger eliminates boundary restrictions which have impeded each league’s growth and improves the health and longevity of Little League in our community. The new league will play the majority of its games at Phoenix Field in Fair Oaks as well as the Youth Center field in Orangevale. In 2009 FOVLL anticipates registering 500 players from ages 5 to 16 in seven age divisions including T-Ball, Coach Pitch, Farm, Minors, Majors, Juniors, and Seniors. Our goal is to be at 600 players by 2011. The cost for participation will be \$75 for T-Ball and Coach Pitch divisions, \$100 for Farm, Minors and Majors, and \$150 for Juniors and Seniors. Discounts will apply to siblings playing in the league and further discounts are available for on-line registration. Limited need-based player scholarships and sponsorships are also available. On-line registration will begin 12/1/08. Visit www.FOVLL.com for more details.

Current Little League boundaries were established in the 1950’s. The demographics in our well established community have changed over time resulting in fewer available youth players. Even so, the children of our community have never had more organized recreational options available to them. Clearly Little League is not the only game in town. If Little League is to thrive, we need to assure that our league is best youth baseball option available to the children and parents of our community. This is the clear commitment of our board of directors.

Little League Baseball is the oldest organized youth sports organization in the world and is the standard by which all other youth sports organizations measure themselves. A thriving local Little League not only offers a safe, relatively inexpensive three month sports opportunity for your child, it does so right in our own community frequently a bike ride or a short drive from home.

Little League is a recreational and development youth baseball league which stresses baseball fundamentals, sportsmanship, and fun. With league approval a child can play at the level that she or she will best and most safely succeed regardless of age. New Little League rules (with some limitations) allow a child also playing competitive travel ball to play in the community Little League giving your son or daughter the best of all worlds. Although certain divisions of FOVLL may “Inter-league” with other local Little Leagues, our anticipated increase of players at all levels will improve the quality of our in-house tournaments and allow most, if not all, games to be played at our home fields at all levels below the Junior Division during the regular season.

FOLL and OVLL are presently without debt but we have made the proactive step of merging our leagues now rather than being forced into do so in the future following a financial crisis. That said we are a qualified Not-for-Profit Organization and we are actively seeking financial assistance from generous individuals, local businesses, and civic organizations. If you, your company or your civic organization would like to help 500+ local kids have the best, safest, most enjoyable baseball experience possible, please contact us and we will tell you how you can help. For those able to donate their time, training is available for volunteer coaches, umpire, scorekeepers, and grounds crew. For those who can donate labor and materials, please give us a call. We really could use your help, ideas, insights, and financial support.

If you live in Fair Oaks or Orangevale, this is your Little League! We have a 55 year history in this community. Many of our coaches played in our league as children. Little League is a family tradition and a wholesome activity for the entire family. We urge you to not only register your league age children but to get involved and invest in making FOVLL the best it can be.

Best regards,

Kevin Eggleston & Steve Leland

The North Sacramento Area CHP Invites You To Support The Chips For Kids Holiday Drive

During these difficult economic times, more families are in need of your support.

You can help these families in our community by bringing a new unwrapped toy to the California Highway Patrol, North Sacramento office located in Sacramento. The Holiday Drive ends on Friday, December 19th.

The items collected will be delivered to disadvantaged children in our community through local organizations and churches. The collected items will be delivered just before the holidays.

For more information please contact Officer Lizz Dutton at 338-6710 x 246.

County Solid Waste Facilities Holiday Hours

Based on low customer usage during the holidays and to allow employees time with their families, Sacramento County is announcing holiday hours for two solid waste collection facilities:

- Kiefer Landfill will be open from 6:30 a.m. to 2 p.m. on Christmas Day and New Year’s Day.

Location: 4450 Roseville Road, North Highlands, CA 95660

Operations at both facilities will return to regular hours and be open for business at 6:30 a.m. on the days following these holidays.

Refuse collection will continue as per normal.



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Orangevale Chamber of Commerce

The Holiday season is underway and the New Year is quickly approaching us! I would like to wish you and your families a wonderful and safe holiday season.



I would also like to thank all of you who returned your Distinguished Community Service Award ballots. The votes are counted; you can see the winners at the annual Tree Lighting Ceremony on December 12th at the Community Center. You won't want to miss this time to honor the most distinguished in Orangevale!

Our Juice will be taking on a new look these next few months. If you would like us to put in information about your business let us know. We are always looking for ways to give back to our members.

Just a reminder the membership renewal fee will change January 1st 2009. Renew early and save!

The Planning has begun for the 46th Annual Pow Wow Days. If you are interested in joining the planning committee or would like to be a Vendor please contact our office.

Please feel free to contact the office with any questions or concerns, we are happy to serve the businesses and the community.

Sincerely Yours,
Lorraine Silvera

Rancho Cordova to Honor Two Businesses in January

Nomination Deadline is January 6th

Rancho Cordova - There is still time to submit nominations for the City of Rancho Cordova business awards. Two quarterly awards that honor one small and one larger business will be presented at the January 20th City Council meeting. The deadline for submitting nominations has been extended to Tuesday, January 6th.

Each quarter of the year, the City recognizes two local businesses that have recently made differences in the way they do business. The Neighborhood Pioneer Award is given in the "small" business category (one or two local locations) and the Exceptional Enterprise Award is for

"larger" businesses (companies that might have multiple locations).

Businesses are judged for outstanding achievement in one or more of the following: customer service, green and clean technology, community involvement, expansion, industry achievement, product innovation, workforce development, and/or longevity in Rancho Cordova.

Nomination forms are available on-line at www.cityofranchocordova.org in the Economic Development Department section, at City Hall which is located at 2729 Prospect Park Drive, or by calling Megan McMurtry of the Rancho Cordova Economic Development Department at (916) 851-8782.

The first Exceptional Enterprise

Award was presented in August to Pearson, a software company that moved to the City in 2007, for its high level of community involvement. Auto Expressions, located on Monier Circle, was the winner of the first Neighborhood Pioneer Award. Nominations raved about the high quality of Auto Expressions' customer service.

"Rancho Cordova businesses, from family-owned to Fortune 500 companies, play a vital role in our local community and economy and the quarterly awards recognize their special achievements," said McMurtry.

For more information, please contact McMurtry at (916) 851-8782 or at mmcmurtry@cityofranchocordova.org.

County's Neighborhood Services Seeking Opinions

Surveys gathering information on community identity, concerns, values and more

Sacramento - The Department of Neighborhood Services announces its 08/09 survey, designed to gather input from residents on community values, civic engagement, priorities, services desired, values and more.

"We've been surveying our communities for more than two years now and it's important to

continue the process to monitor trends, identify areas of success and challenge and relay issues to the appropriate departments," said Director Victor Morrison-Vega. "We know that our communities vastly differ in their identities and concerns so we continue the open dialogue to learn and improve County service delivery."

The easy-to-take survey can be accessed on the DNS website: <http://www.msa2.saccounty.net/>

dns/Pages/default.aspx

All residents in the unincorporated region of Sacramento County are invited to participate.

The survey will run through the end of February.

"Since our department was formed in 2005, we continue to move forward in improving communication between the County and its residents to enhance the quality and coordination of services," Morrison-Vega added.

New Lyon Real Estate Agent In Sierra Oaks

**John Gudebski
Lyon's Sierra Oaks Office
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REALTOR® John Gudebski recently joined Lyon Real Estate's Sierra Oaks office where he works

with buyers, sellers, and investors on homes and properties throughout the Greater Sacramento area.

Gudebski has worked in the real estate industry for 5 years. Prior to joining Lyon, Gudebski was self employed where he was a custom home builder. He also worked

as a Chief Executive Officer at Sacramento JET Center.

Gudebski earned his Juris Doctor at Hastings College of the Law, San Francisco. He is also a current member of the Board of Trustees, Sacramento County Day School since 2005.



Carmichael Chamber of Commerce

If ever there was a time to join the Carmichael Chamber of Commerce, this is it. Ring in your New Year with a membership investment full of benefits designed to enhance your business. The Chamber has partnered with The Carmichael Times to provide new and renewing businesses an advertising "savings certificate," that when redeemed, offsets the cost of your membership for the year. Call the Chamber to find out more details about this offer. Moreover, membership in the Chamber offers countless opportunities for networking through committees, event sponsorships, monthly



Peter and Burnie, incoming vice-president and president

luncheon meetings, referrals and advertising opportunities in our newly designed newsletter to be unveiled in January.

The Chamber will be holding its Annual Installation Dinner on January 9th from 6 to 10pm at The Palace. Join us in celebrating a new year, Carmichael's new century, a new President, Honorary Mayor and Board. VIP guests include local political representatives & Jaidan Lujan, a heroic 9yr old Carmichael schoolgirl who delivered her new baby brother. The cost is \$20 - please call the Chamber at 481-

1002 for reservations.

Supervisor Susan Peters will be our Guest Speaker at our January 27th monthly luncheon. Additionally, Carmichael's Geranium Society will introduce "Lady Carmichael's" Mother.

Our beautiful Carmichael scenic postcards have arrived! Packets of 8 are available for \$10 - these are collectible souvenirs of Carmichael's milestone year and a perfect stocking stuffer for the holidays.



Fair Oaks Chamber of Commerce

During this past year the Fair Oaks Chamber of Commerce once again worked to bring a sense of place and well being to the businesses and residents of Fair Oaks. We presented the Fair Oaks Spring Fest, Taste of Fair



Santa visits with the Fair Oaks Chamber 2008 Ambassadors at the December monthly luncheon.

Oaks, Honorary Mayor's Contest, the Fair Oaks Dog Walk, the Mac Huss Memorial Golf Tournament, and Christmas in the Village as events that gave money to worthy causes and brought people together. Businesses were given

opportunities to connect with other businesses, as well as families, so that they could grow and prosper.

It has been a year to remember and enjoy. Thank you to all of the volunteers that made it possible. Happy Holidays.

Special Performance by Adventist Academy Choir



The Sacramento Adventist Academy Choir gave the Citrus Heights Chamber of Commerce a special Christmas performance at their monthly luncheon on December 9th. They sang many traditional Christmas songs for the sold-out business group. Their annual performance is one of the most popular of the year for the Chamber.



Sac County Development Services Launches New Infill Development Website

Goal to Provide Information about Infill Opportunities and Incentives

To promote infill development - the re-use of land or existing developed sites within an urban/suburban area - Sacramento County has launched a new website for land owners and property developers: <http://www.msa2.saccounty.net/infill/pages/default.aspx>

"Infill is smart growth," said Steven Pedretti, Deputy Administrator of Development Services. "We want to do everything we can to promote quality infill projects. This will help reuse obsolete and underused buildings and parcels and revitalize aging commercial corridors." Because infill projects can be challenging due to lack of or aging infrastructure and irregularly shaped lots, the County has created a special program to assist communities, property owners and developers with infill, focusing on key commercial, residential and mixed-use sites. These principles are consistent with the Sacramento Area Council of Governments' (SACOG) Smart Growth Principles.

"By working with our Infill Coordinator, developers will have instant access to the many regulatory requirements and departments involved," Pedretti added. "We will pull in the resources and contacts necessary to help streamline the infill process as much as possible."

The Infill Program is one of the many programs being undertaken by the new County Development Services group that delivers development - related services, consisting of the Departments of Planning and Community Development, Environmental Review and Assessment, and County Engineering. The group has been working with the private sector for more than a year to examine and prioritize processes and improve service and communication. "Our goal is help bring high quality projects to the Sacramento region in an efficient manner," Pedretti added.

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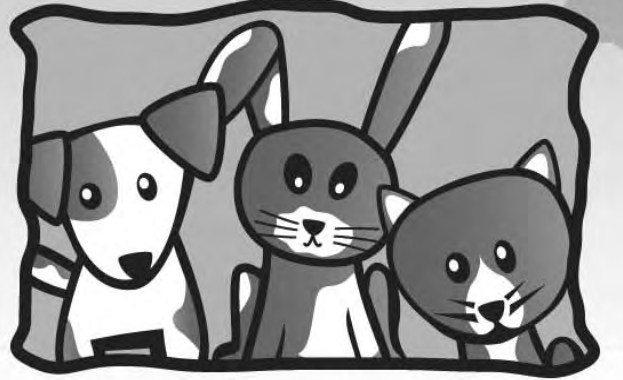
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by Penny Howard

December 15, 1944 dawned cold and drizzly at Twinwood Farm in England. Major Glenn Miller and Col. Norman Baesell tossed their gear aboard the single engine C-64 Norseman and climbed in behind the pilot, Shorty Morgan.

“Happy landing, and good luck”, said Miller’s friend, Don Haynes, as he waved to them. “I’ll see you in Paris tomorrow.”

The small plane taxied down the runway, lifted off, and faded into the heavy mist. That was the last anyone ever saw of the plane and it’s passengers.

All of America and its allies mourned the loss of Glenn Miller, the much loved musician, who gave his all for the country he loved.

Miller was on his way to Paris to arrange entertainment for the troops there. The rest of his band was to follow the next day. Upon arriving in Paris, the band expected him to be there to meet them. Phone calls trying to locate him turned up nothing. No one wanted to believe the worst. They went ahead with their broadcasts, hoping he would soon show up. But as time passed, and there was no word, they had to accept the inevitable, he was gone.

Miller, born March 1, 1904, in Clarinda, Iowa, was a true American hero. From humble beginnings he rose to lead the most popular dance band in America. Then at the peak of his popularity and making thousands of dollars a week, he gave it all up to volunteer for military service during World War II.

In 1940, with the war on in Europe, the military draft in America was stepped up. Concerned for the morale of the servicemen, Miller held weekly radio contests for them, rewarding the winning base each week with a combination radio-phonograph and a stack of records, all paid for with his own money.

After the bombing of Pearl Harbor, his concern for the troops intensified, as he catered to them with USO appearances and radio show. But, he still felt he could be doing more. So, in February 1942, though married and over-age, he registered for the draft, but was never called up. In July he applied to the Navy, which turned him down. Determined not to give up, he wrote to the Army requesting induction, and to be put in charge of a military band.

Glenn Miller’s Final Flight

He must have convinced the Army they needed him. He was ordered to report October 7, 1942. After completion of basic training and officer’s school, he began organizing the Army Air Force Band, recruiting several musicians from his civilian orchestra who had been drafted. The dull marching music of the last generation was not his style, so he began to jazz it up. The top brass was appalled, and immediately called him on the carpet.

“Look Captain Miller”, his commanding officer said, “We played those Sousa marches straight in the last war and we did all right, didn’t we?”

“You certainly did, Sir. But tell me, are you still flying the same planes you did in the last war?”

From then on the band played as Miller wanted it to. Their rendition of “St. Louis Blues”, set to march time is one of his most famous arrangements. It blew everybody’s mind.

The band performed radio broadcasts, played at bond rallies, and recorded V-discs to be sent to the troops overseas. But, Miller’s greatest objective was to take the band to Europe to play for the troops there, to bring a touch of home to the men who were putting their lives on the line every day. He kept pressuing the military to send him to Europe. He finally got his wish.

Only one thing produced mixed emotins for him about going to Europe. Early in 1943 Glenn and Helen, his wife, adopted a baby boy. They were in seventh heaven with little Stevie. Glenn spent every spare moment with him. The adoption of their second child, Jonnie, didn’t come through until several months after Glenn left for Europe. He never had the chance to see his little girl.

The band members, upon arriving in England, were immediately subjected to the horrors of real war by the Nazi buzz bombs that were devastating London and killing thousands of people. But the band went to work anyway, performing a dozen or more radio broadcasts a week, in addition to flying to bases all over England to entertain the troops in person. They performed in large drafty hangars, on flat bed trucks, and in hospitals. The troops, starving for music from home, greeted the band with loud cheers wherever they performed. Even the British fellin love with his music.

General Jimmy Doolittle said, “Next to a letter from home, Glenn Miller’s music is the greatest morale builder of the war effort”.

With the liberation of Paris, Miller, now a Major, was eager to get over there to entertain the troops on the front lines. Plans were completed, authorizing them to go in the middle of December. The band worked almost around the clock pre-recording broadcasts to be aired while they were gone. In eighteen days they recorded eighty-five half hour shows in addition to their live performances.

Miller’s orders, issued by General Eisenhower, were for him to fly to Paris on December 14th. The band would follow later. However, the weather was so bad no military aircraft were flying. But, Miller’s friend, Lt. Don Haynes, ran into a friend, Col. Norman Baesell, who told him he was going to Paris the next day and offered to take Miller. Lt. Haynes drove Miller and Col. Baesell to Twinwood Farm where they waited for the plane to arrive from Abbotts Ripton, a base about one hundred miles to the north. Flight Officer Shorty Morgan was to pick them up there for the flight to Paris.

The small plane had no de-icing equipment. Even at the low altitude they flew, in an effort to avoid icing, the temperature was freezing. It never reached it’s destination.

The world may never know what really happened to the plane. Several outrages rumors surfaced over the years, such as, he was killed in a fight in a brothel in France, or the plane crashed and he was so disfigured he didn’t want anyone to see him. Another rumor had Col. Baesell mixed up with the black market, and he shot Miller and the pilot and landed the plane himself. None of those rumor hold any credibility at all.

The one logical answer most everyone adheres to is that the plane iced up and plunged into the channel. But, in recent years another very valid theory has arisen.

On that same day a large squadron of British bombers were on a mission to bomb Germany, but the weather was so bad they had to abort the mission. They were ordered to jettison their bombs, which were set to go off at ground level, over the channel. One of the navigators, Fred Shaw, was looking down as the bombs exploded. Then he said, “Oh, oh, there goes a Kite in.” That’s what they called the C-64 Norseman.

Since the squadron had not completed thier mission, they were not debriefed when they returned. Not until years later, after seeing “The Glenn Miller Story” at the movies, did Shaw put two and two together. He looked through his old log books and discovered that plane was the only non=fighter reported missing on that day.

It’s been 64 years since Miller’s disappearance, but his music is as popular today as it was then. The Official Glenn Miller Band, led by Larry O’Brian, tours the world giving concerts, and the Glenn Miller Birthplace Society in Clarinda, Iowa puts on a three day festival every June to honor him. Fans, young and old, come from as far away as Japan, Australia, South Africa, England and other countries to revel in his music, which transcends all generations and nationalities.

Yes, Glenn Miller was a true American hero and patriot.

Consider Financial Gifts to Family



Kirk Camunez

At this time of year, you may be thinking about finding the “perfect” gifts for various family members. You can find any number of thoughtful presents, but if you’d like to give something that can have an impact long after the holiday season is over, consider making a financial gift.

You could, of course, just write a check. But you may be able to do more for your intended recipients by finding a more creative gift. Here are a few possibilities:

Stocks — Many people have preferences for products made by certain companies — and they may well enjoy owning the stocks of those firms. Why not surprise your family members with a few shares of these stocks? If you decide to give shares from your own portfolio, you’ll need to know what you originally paid for the stock, how long you’ve held it and its fair market value at the date of the gift. Recipients of your gift will need this information to determine gains or losses if they decide to sell the stock. You’ll also need to determine if you have to pay gift taxes. You can give up to \$12,000 per year, free of gift taxes, to as many people as you want; over your lifetime, you can give up to \$1 million without incurring gift taxes.

Contributions to Section 529 plans — Over the past several years,

college tuition costs have increased significantly. If you have a child (or grandchild) who will be headed off to college in a few years, you may want to open a Section 529 college savings plan. The contribution limits are typically quite high for this type of account, and your contributions may be tax-deductible if you are participating in your own state’s plan. Plus, your earnings and withdrawals will be exempt from federal taxes as long as the money goes toward paying qualified higher education expenses. (However, withdrawals used for any other expenses may be subject to federal, state and penalty taxes.)

Contributions to an IRA — Many people don’t fully fund their IRA each year — so any help you can give toward that goal will be important. While you can’t contribute directly to someone else’s IRA, you can write a check to the recipient for that purpose. For the 2008 tax year, the IRA contribution limit is \$5,000 (\$6,000 for investors who are 50 or older). And the deadline for making contributions for 2008 isn’t until April 15, 2009.

Charitable gifts — You may want to make a financial gift to a charitable organization in the name of a loved one. If this person supports the work done by the charitable group, he or she will greatly appreciate your thoughtfulness. Furthermore, you’ll get an immediate tax deduction for your gift, as long as the group has received 501(c)(3) tax-exempt status.

By making any of these gifts, you’ll brighten your family members’ holidays — and you’ll know that your generosity truly had an impact on their lives.

This article was written by Edward Jones for your Edward Jones financial advisor.

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Emily Wingate
Insurance Lic. #: 0820041
5936 Main Avenue
Orangevale, CA 95662-4911
Bus: 916-988-9146

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Officer Involved in Shooting

Sergeant R.L. Davis, Spokesman
Sacramento County Sheriff's Department/
Rancho Cordova Police Department

The Rancho Cordova Police Officer involved in the officer involved shooting on December 7, 2008 is Deputy Kelli Maness. Deputy Maness is a 10-year veteran with the Sheriff's Department and has been assigned to the Rancho Cordova Police Department for 18 months.

According to the Sacramento County Corners Office, the fatal wound sustained by the suspect was self-inflicted.

December 7, 2008

At 8:50 p.m. on Sunday, December 7, 2008, Rancho Cordova Police responded to a report of domestic disturbance on 3300 block of Mather Field Drive, Rancho Cordova. The Sheriff's Communications received a call reporting two people sitting in

a vehicle having in an argument that appeared to be escalating. A Rancho Cordova Police officer arrived at the scene and began talking to the two subjects in the vehicle associated with the complaint. While the officer was speaking with the subjects, the passenger, a black male, exited the car displayed a handgun and fired several rounds at the officer.

The officer was able to retreat to a position of cover and return fire, striking the subject. Immediately recognizing the subject was injured, the officer requested emergency medical aid. Sacramento Metro Fire personnel responded and pronounced the subject deceased at the scene. The identity of the decedent will be released by the Sacramento County Corners office after notification to family has been made.

The Rancho Cordova Police officer involved in the shooting is ten-year

veteran of the Sacramento Sheriff's Department. As standard practice and in accordance with the Sacramento County Sheriff's Department's policies and procedures, the officer involved in this incident will be placed on paid administrative leave. The circumstances surrounding this incident will be investigated by the Sacramento County Sheriff's Department's Homicide Unit, Internal Affairs, and Sacramento County's District Attorney's Office.

During the exchange of gunfire with the suspect, the Rancho Cordova Police officer was shot one time in the side. Fortunately, the officer's ballistic vest performed the way it was designed, preventing the bullet from causing physical damage to her person. At this point, the officer, clearly fighting for her life, used deadly force to stop the suspect's aggression towards her and the immediate threat to the community.

Sacramento County Coroner's Office Earns National Accreditation

Sacramento County Coroner's Office is First Non-Physician Run Agency to Earn National Accreditation

Sacramento, CA – Coroner Gregory Wyatt has announced that the Sacramento County Coroner's Office is the first non-physician administered coroner's office in the country, and only the fourth in the State of California, to be granted full accreditation from the National Association of Medical Examiners. The accreditation is valid through August 26, 2013.

Wyatt states the accreditation validates the professional, autonomous,



Coroner Gregory Wyatt

rigorous implementation of best practices, standards and quality of death investigations conducted by his office. "This confirms that the citizens of Sacramento County are receiving the best services possible from the skilled and dedicated men and women of the

Sacramento County Coroner's Office," Wyatt adds. The accreditation process took several years to complete and began under the leadership of retired coroner Robert Lyons.

The National Association of Medical Examiners is the national professional organization of physician medical examiners, medical death investigators, and death investigation system administrators who perform the official duties of the medicolegal investigation of deaths of public interest in the United States. For more information about the National Association of Medical Examiners, go to www.thename.org.



12/05/08-0138 hours **Greenback / San Juan** **Felony DUI Arrest**

Officers responded to the scene of a reported vehicle accident and determined the driver who caused the collision was driving under the influence of alcohol. The driver of the other vehicle suffered from minor injuries. Driver: Mackenzie EELLS (4/9/90) was arrested for driving under the influence of alcohol and booked at the Sacramento County Jail.

12/06/08-0504 hours **Olivine Ave** **273.5 PC**

Officers responded to a domestic disturbance and subsequently arrested Joseph Hollyfield (11/12/65) for punching his wife.

12/07/08-0455 hours **6100 Block of Auburn Blvd** **245 w/a Knife**

Officers responded to the above location for a report of an assault with a knife that was in progress. Officers arrived on scene and determined that the suspect, Joseph Conn (05/28/88), stabbed his 17 year old brother and his 20 year old girlfriend while they were lying in bed. The victims' injuries were minor and not life threatening.

Driver Ejected Then Struck By Another Vehicle

On December 7, 2008 at approximately 8:15 p.m., Cody Faught, a 19 year old from Sacramento was driving a 1999 Cadillac STS at an unknown speed on westbound Del Paso Road approaching Sorento Road. Faught lost control of his vehicle causing it to spin clockwise, traveling into the eastbound traffic lanes of Del Paso Road. A white 2007 Toyota Corolla, driven by Theresa Castellanos, a 21 year old from Sacramento, was traveling in the #1 lane of Del Paso Road approaching Sorento Road. The Toyota struck the left rear of the Cadillac. The impact caused the Cadillac to over turn and then strike a utility pole. The driver, who did not appear to be wearing his seatbelt, was

ejected into the #1 lane of eastbound Del Paso Road.

After the initial collision, a bystander stopped to render aid to Faught and as he was doing so, he observed a vehicle approaching eastbound towards him and the victim. The bystander attempted to slow the approaching vehicle but was unsuccessful. The vehicle, a blue 1995 Lexus SC400, driven by Carl Jefferson, a 23 year old from Sacramento, struck Faught and continued eastbound. Jefferson initially left the scene of the accident but returned approximately an hour later while investigators were still on scene. Faught was transported to UCD Medical Center where he died from his injuries. (Sacramento Coroner's Case

08-06546)

The Toyota Corolla came to rest facing in a northerly direction on the south side of Del Paso Road. Castellanos was transported to Mercy San Juan Medical Center and is listed in stable condition. The right front passenger, Mario Cortez was transported to UCD with moderate injuries. A six year old boy sitting in the rear of the vehicle was also transported to UCD with minor injuries.

It is unknown at this time if alcohol and/or drugs is a contributing factor in the first collision, pending a toxicology report. Both of these collisions are still under investigation and charges have not been determined.

66-Year Old Sacramento Man Charged In Anthrax Hoax



United States Attorney McGregor W. Scott announced that a grand jury returned a 13-count indictment today charging MARC M. KEYSER, 66, of Sacramento, with sending anthrax-hoax letters and mailing threatening communications.

This case is the product of an investigation by the Federal Bureau of Investigation and the U.S. Postal Inspection Service.

According to Assistant United States Attorney Benjamin B. Wagner, who is prosecuting the case, KEYSER was arrested at his home in Sacramento on October 29, 2008, after packages he mailed began arriving at offices of newspapers and other organizations throughout the country that contained a CD labeled Anthrax Shock and Awe Terror and a small packet of a granular substance bearing a bio-hazard label and the words Anthrax sample. The mailings caused police, fire, and hazmat teams to respond to emergency calls

in numerous states, causing anxiety, disruption, and costs.

Documents previously filed in the case indicate that KEYSER was interviewed by FBI Special Agents in January 2007 after mailing a similar package containing a cylindrical aerosol canister labeled Anthrax to the Sacramento News & Review. He was specifically advised at that time that any further similar mailings could be prosecuted under section 1038 of Title 18. At the time of his arrest on October 29, KEYSER told agents that he had mailed over 100 packages in late October to newspapers, public officials, restaurants and other locations in Sacramento and elsewhere. He stated that he hoped the "buzz" generated by the media and news reports would heighten awareness of anthrax vulnerability and attract people to his blog and a book he had written.

The indictment charges KEYSER with 10 counts of hoax mailings and three counts of mailing threatening communications. The 10 hoax counts relate to the 2007 mailing to the Sacramento News & Review; a second mailing to that organization in October 2008; a mailing to the Modesto office of Congressman George Radanovich; mailings to a McDonalds and to a Starbucks in Sacramento; and

mailings to the Atlantic Monthly in Washington, D.C., the Charlotte Observer in North Carolina; the Dayton Daily News in Ohio; and the Sacramento Bee and KCRA television in Sacramento. The three threatening-communications counts relate to the mailings to Congressman Radanovich and the McDonalds and Starbucks in Sacramento.

Section 1038(a) of Title 18 was enacted in 2004, following the investigation of several anthrax hoaxes. If convicted, KEYSER faces up to five years in prison and a \$250,000 fine on each of the 10 hoax counts in the indictment. He faces the same penalty on the two threatening communications counts involving McDonalds and Starbucks. The statutory maximum is 10 years for the threatening communication involving Congressman Radanovich, because he is a federal official. The actual sentence, however, will be determined at the discretion of the court after consideration of the Federal Sentencing Guidelines, which take into account a number of variables and any applicable statutory sentencing factors.

The charges against the defendant are only allegations and he is presumed innocent until and unless proven guilty beyond a reasonable doubt.

CRIME REPORTS

From The Sacramento County Sheriff

	Time	Crime	Address	Location Type
Fair Oaks				
2008-11-22	00:00	Larceny/Theft	7600 block of Kreth Rd	Residence/home
2008-11-22	08:30	Larceny/Theft	5000 block of Vista Del Oro Way	Residence/home
2008-11-22	12:00	Larceny/Theft	6700 block of Judistine Dr	Vehicle
2008-11-22	22:00	Burglary From Vehicle	5500 block of Willow Oak Way	Vehicle
2008-11-22	22:02	Larceny/Theft	5400 block of Dewey Dr	Retail/dept/discount store
2008-11-23	12:30	Burglary From Vehicle	4000 block of Bannister Rd	Vehicle
2008-11-23	13:00	Burglary From Vehicle	Fair Oaks Blvd / Bannister Rd	Vehicle
2008-11-24	02:00	Burglary From Vehicle	10800 block of Fair Oaks Blvd	Vehicle
2008-11-24	05:10	Burglary From Vehicle	4900 block of Vir Mar St	Vehicle
2008-11-24	14:00	Burglary Residential	7200 block of Eagle Rd	Residence/home
2008-11-24	15:00	Burglary Residential	8300 block of Madison Ave	Residence/home
2008-11-25	23:00	Burglary From Vehicle	7100 block of Spicer Dr	Vehicle
2008-11-25	23:59	Larceny/Theft	5900 block of Spring Glen Dr	Other/unknown
2008-11-26	01:00	Burglary From Vehicle	8600 block of Rolling Green Way	Vehicle
2008-11-26	02:00	Burglary From Vehicle	4800 block of Vir Mar St	Vehicle
2008-11-26	13:00	Burglary Residential	7900 block of Canyon Dr	Residence/home
2008-11-26	19:30	Burglary From Vehicle	4900 block of San Juan Ave	Residence/home
2008-11-26	19:47	Larceny/Theft	8800 block of Madison Ave	Retail/dept/discount store
2008-11-26	23:00	Burglary From Vehicle	5200 block of Long Canyon Dr	Vehicle
2008-11-28	17:00	Burglary From Vehicle	Sunset Ave / Runway Dr	Vehicle
2008-11-29	02:35	Burglary Business	5100 block of Sunrise Blvd	Commercial/office building
2008-11-29	09:00	Larceny/Theft	5700 block of Audrey Way	Highway/road/alley
2008-11-30	07:30	Burglary From Vehicle	10900 block of Fair Oaks Blvd	Parking lot/garage
2008-11-30	20:30	Vandalism	8600 block of Pershing Ave	Vehicle
2008-12-01	05:00	Burglary From Vehicle	5900 block of Moss Creek Cir	Parking lot/garage
2008-12-01	06:50	Larceny/Theft	7300 block of Rochelle Way	Residence/home
2008-12-01	08:00	Burglary From Vehicle	11300 block of Fair Oaks Blvd	Vehicle
2008-12-01	09:37	Robbery	5300 block of Sunrise Blvd	Grocery/supermarket
2008-12-01	13:10	Simple Assault	4500 block of Bannister Rd	School/college
2008-12-01	16:45	Vandalism	8100 block of Sunset Ave	Church/synagogue/temple
2008-12-01	18:00	Burglary From Vehicle	9300 block of Winding Oak Dr	Vehicle
2008-12-01	20:30	Burglary From Vehicle	12400 block of Fair Oaks Blvd	Vehicle
2008-12-01	23:59	Burglary From Vehicle	5500 block of Mckay St	Vehicle
2008-12-02	09:30	Burglary Residential	4300 block of Palacio Way	Residence/home
2008-12-02	13:30	Weapons Violation	8100 block of Plumeria Ave	Residence/home
2008-12-02	18:25	Vandalism	7800 block of Sunset Ave	Residence/home
2008-12-03	16:00	Burglary From Vehicle	4000 block of Bannister Rd	Vehicle
2008-12-04	11:30	Larceny/Theft	6100 block of Kifisia Way	Residence/home
2008-12-04	11:35	Burglary Residential	8000 block of Archer Ave	Residence/home
2008-12-05	21:00	Vandalism	8200 block of Ashcrest Ln	Highway/road/alley
Carmichael				
2008-11-22	23:45	Burglary From Vehicle	4900 block of Keane Dr	Vehicle
2008-11-23	01:00	Stolen Property	5900 block of Casa Alegre	Residence/home
2008-11-23	06:50	Burglary Business	7200 block of Fair Oaks Blvd	Retail/dept/discount store
2008-11-23	12:30	Larceny/Theft	5100 block of Arden Way	Commercial/office building
2008-11-23	23:00	Simple Assault	4900 block of Kenneth Ave	Residence/home
2008-11-24	07:06	Burglary From Vehicle	6100 block of Fair Oaks Blvd	Residence/home
2008-11-24	07:15	Burglary Residential	3500 block of California Ave	Residence/home
2008-11-24	08:20	Burglary Residential	3100 block of Garfield Ave	Residence/home
2008-11-24	19:30	Larceny/Theft	5000 block of Marconi Ave	Vehicle
2008-11-24	21:00	Burglary Residential	2500 block of Carmichael Way	Residence/home
2008-11-24	22:45	Burglary From Vehicle	5100 block of Boyd Dr	Vehicle
2008-11-25	06:30	Burglary Residential	3200 block of Root Ave	Residence/home
2008-11-25	15:15	Larceny/Theft	4700 block of Manzanita Ave	Retail/dept/discount store
2008-11-25	16:00	Burglary From Vehicle	5300 block of Marconi Ave	Vehicle
2008-11-25	18:00	Burglary From Vehicle	6500 block of Fair Oaks Blvd	Vehicle
2008-11-25	19:52	Larceny/Theft	4000 block of Manzanita Ave	Grocery/supermarket
2008-11-25	20:00	Larceny/Theft	5900 block of Lincoln Ave	Vehicle
2008-11-25	20:30	Vandalism	5200 block of Nyoda Way	Vehicle
2008-11-25	23:00	Vandalism	6300 block of Stanley Ave	Residence/home
2008-11-27	11:00	Burglary From Vehicle	4300 block of Hackberry Ln	Vehicle
2008-11-27	23:00	Burglary From Vehicle	5400 block of Canfield Ave	Vehicle
2008-11-28	15:00	Burglary Residential	3700 block of Walnut Ave	Residence/home
2008-11-28	18:31	Narcotics	4700 block of Marconi Ave	Residence/home
2008-11-29	07:10	Burglary From Vehicle	7800 block of Fair Oaks Blvd	Parking lot/garage
2008-11-29	10:00	Larceny/Theft	6200 block of Meadowvista Dr	Residence/home
2008-11-30	20:57	Robbery	7200 block of Fair Oaks Blvd	Parking lot/garage
2008-12-01	00:30	Burglary Residential	2400 block of Werbe Ln	Residence/home
2008-12-01	12:53	Larceny/Theft	4700 block of Manzanita Ave	Grocery/supermarket
2008-12-01	16:50	Burglary Business	5800 block of Fair Oaks Blvd	Residence/home
2008-12-01	17:00	Larceny/Theft	6500 block of Landis Ave	Residence/home
2008-12-02	22:00	Aggravated Assault	4000 block of Triplett Ct	Residence/home
2008-12-03	00:00	Vandalism	5700 block of Windmill Way	Retail/dept/discount store
2008-12-04	00:00	Larceny/Theft	3000 block of Garfield Ave	School/college
2008-12-05	00:00	Larceny/Theft	3500 block of Mission Ave	Public use area
2008-12-05	18:55	Robbery	5900 block of Sutter Ave	Residence/home
Orangevale				
2008-11-22	10:00	Vandalism	9200 block of Loma Ln	Residence/home
2008-11-22	17:30	Burglary Business	9000 block of Pecor Way	Other/unknown
2008-11-22	20:45	Larceny/Theft	8900 block of Greenback Ln	Retail/dept/discount store
2008-11-23	06:12	Robbery	8800 block of Greenback Ln	Restaurant/fast food
2008-11-23	21:30	Vandalism	8800 block of Greenback Ln	Restaurant/fast food
2008-11-23	22:05	Narcotics	5600 block of Greenacres Way	Residence/home
2008-11-25	08:30	Burglary Residential	9200 block of Madison Ave	Residence/home
2008-11-25	11:30	Larceny/Theft	7000 block of Bobby St	Residence/home
2008-11-25	12:00	Burglary Residential	6500 block of Hickory Ave	Residence/home
2008-11-25	12:01	Burglary From Vehicle	5800 block of Illinois Ave	Vehicle
2008-11-25	18:45	Aggravated Assault	8200 block of Bridgewood Ct	Residence/home
2008-11-25	20:00	Burglary From Vehicle	6400 block of Wigwam Dr	Vehicle
2008-11-26	08:00	Burglary Residential	5800 block of Hazel Ave	Residence/home
2008-11-28	21:00	Vandalism	9100 block of Central Ave	Vehicle
2008-11-29	02:30	Vandalism	8800 block of Greenback Ln	Retail/dept/discount store
2008-11-29	06:45	Simple Assault	9400 block of Drift Way	Residence/home
2008-11-29	08:00	Larceny/Theft	6700 block of Hazel Ave	Residence/home
2008-11-29	11:30	Burglary From Vehicle	Oak Ave / Beech Ave	Vehicle
2008-11-30	19:30	Vandalism	8900 block of Elm Ave	Vehicle
2008-11-30	22:00	Vandalism	5300 block of Main Ave	Vehicle
2008-12-01	20:40	Robbery	Hickory Ave / Central Ave	Highway/road/alley
2008-12-02	09:00	Vandalism	6300 block of Main Ave	Other/unknown
2008-12-02	17:25	Larceny/Theft	Palmaire Way / Trajan Dr	Highway/road/alley
2008-12-02	19:00	Burglary From Vehicle	6100 block of Beech Ave	Vehicle
2008-12-03	10:15	Burglary Residential	8200 block of Northwind Way	Residence/home
2008-12-04	21:00	Burglary From Vehicle	5600 block of Walnut Ave	Vehicle
2008-12-05	21:00	Vandalism	5900 block of Main Ave	Other/unknown

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Burning Cleaner Doesn’t Have to Burn a Hole in Your Wallet

AQMD Offers Incentives to Replace Old Wood-Burning Fireplaces and Stoves

The Sacramento Metropolitan Air Quality Management District is offering Sacramento County residents up to \$750 towards the cost of replacing an old wood stove or fireplace with a new, less polluting natural gas device, pellet-fueled stove or Environmental Protection Agency (EPA) certified wood stove.*

The incentive amount depends on the device being replaced, what it is being replaced with, and whether the residence is located in a federal Environmental Justice area. Switching to a natural gas appliance will provide you with the largest incentive amount. New to the program is a \$150 incentive to simply remove a device with no replacement. Contact the District for specific details on this option.

In addition, installing a wood burning fireplace insert in an open hearth fireplace no longer qualifies for an incentive – the insert must be gas or electric.

Residents must work with a participating retailer to receive any incentive, but the discount is given at the time of purchase so there is no extra rebate paperwork to complete.

Just follow these five simple steps and you are on your way to a warm, energy efficient and lower polluting fire this winter.

1. Get an application in either English or Spanish

- Online at <http://www.AirQuality.org/woodstove/voucher.shtml>

- Call (916) 440-WOOD (9663)
 - Fax (916) 874-7896
 - E-mail woodstove@airquality.org
 - In person at 777 12th Street, 3rd Floor
2. Select a new appliance from a participating retailer and make a commitment to purchase it. The retailer will verify that the existing unit qualifies for replacement/retrofit.
3. Make your purchase during the program timeline (September 1, 2008- June 30, 2009). Purchases made outside the timeline will not qualify for the incentive.
4. After verification, your selected retailer will notify the AQMD with information about your purchase. This must occur within four weeks after voucher issuance.**
5. After retail installation, your selected retailer will notify the AQMD and submit the required documentation at which time the AQMD will then reimburse the retailer.

Low Income Program Available

As part of the wood stove/fireplace change out program, the AQMD offers a Low Income Program that pays for the entire cost of a natural gas or EPA certified wood burning device and its installation.

Participants can either be homeowners or renters, but they must meet low income guidelines set by the Community Resource Project (CRP), which implements the program on behalf of the District. CRP is a not-for-profit organization.

To find out if you qualify for the Low Income Program, please call (916) 567-5220.

Wood smoke generated from residential wood burning is a common source of particulate matter, hydrocarbons, nitrogen oxides and toxic air contaminants. It causes almost 50% of the PM 2.5 emissions in Sacramento County. This fine particulate matter is scientifically linked to serious health impacts including difficulty breathing, decreased lung function, heart attacks, acute and chronic bronchitis, asthma attacks, upper respiratory illnesses and premature death in people with heart or lung disease.

Check Before You Burn was established under Rule 421 – Mandatory Curtailment of Wood and Other Solid Fuel Burning to reduce the harmful pollution that comes from indoor and outdoor fireplaces, wood stoves, firepits and chimineas. It is the AQMD’s responsibility to protect public health and achieve clean air standards.

To check the daily burn status, visit www.SpareTheAir.com or www.AirQuality.org or call 877-NOBURN-5 (877-662-8765).

A cleaner burning fire will still warm your home while emitting less harmful pollution into the air, which helps everyone breathe easier all winter long.

To get a voucher application, visit the Incentives page at www.AirQuality.org or call (916) 440-9663 (WOOD). The program ends on June 30, 2009.

Burlington Coat Factory One Warm Coat to Provide Warm Coats to People in Need

Second Annual Warm Coats & Warm Hearts Drive Reaches Citrus Heights

Citrus Heights, CA (Grassroots Newswire)-Once again,Burlington Coat Factory, the retail authority in coats, One Warm Coat, a national nonprofit organization that assists in the donation of free coats, and ABC’s Good Morning America are joining forces to bring warmth to the needy in the greater Citrus Heights area. The Second Annual Warm Hearts & Warm Coats Drive officially kicks off November 24, 2008, and runs through January 16, 2009. Coats collected will be distributed free of charge to children and adults in local communities.

Anyone wishing to donate coats for men, women, or children can do so in the drop-off box located in the Burlington Coat Factory store at 6145 San Juan Avenue. Coats should be in good condition, with working fasteners, and no rips or stains. Donors will receive a receipt for tax purposes.

“Our goal is to ensure that people in need in the local communities in which we have stores will have warm coats this winter. We, along with our partners, are committed to sharing the warmth with the less fortunate during the cold winter months,” said Charles Pina of Burlington Coat Factory in Citrus Heights. “We salute One Warm Coat for its dedication to those in need and Good Morning America for its powerful media presence. We are proud to be working alongside them.”

Coats will be distributed to the needy by Union Gospel Mission.

“Donating one warm coat is a simple and doable way to show those in need that you care,” said Sherri Wood, president of One Warm Coat, “and the generosity of Burlington Coat Factory and Good Morning America is making the process easy for volunteers to do just that. We and the people we serve are grateful.”

The 2007 Warm Coats & Warm Hearts Drive resulted in the collection of more than 175,000

coats for people in need across the country.

For more information or to find a list of Burlington Coat Factory stores, visit www.BurlingtonCoatFactory.com.

One Warm Coat is a national nonprofit organization that assists in the donation of coats. OWC helps individuals, groups, companies and organizations across the country collect coats and deliver them to local agencies that distribute them free, to people in need.

The organization’s mission is to ensure that anyone who needs a coat has one. Providing this simple, yet vital, need helps people live productive lives year round. Since inception, more than 750,000 coats have been collected and distributed through One Warm Coat activities.

For more information about One Warm Coat, visit: www.onewarmcoat.org/

For more information about sponsorship opportunities, visit: www.onewarmcoat.org/sponsoropportunities2.html

Regional Sewer Clogs Can Double During Fall and Winter Months

Increase related to improper disposal of fats, oils and grease in residential kitchens

Each year as fall sets in, cooks throughout the region fire up their ovens and stoves to prepare cool-weather comfort foods, like roasts, chili and cream-based soups. And every fall, the number of sewer blockages increases by up to 50 percent compared to summer months.

What’s the connection? Full of flavor, many of our favorite comfort foods are also laden with fats, oils and grease, significant causes of costly sewer blockages and overflows in the Sacramento region.

“Fats, oils and grease poured down the sink and garbage disposal accumulate in sewer pipes throughout the year,

particularly during fall and winter holidays when cooking increases,” said Patrick Schroeder, Sacramento Area Sewer District (SASD) Senior Civil Engineer. “This ultimately restricts the flow and causes blockages.”

Much like the way fat accumulates in human arteries, causing blockages and heart attacks, improper grease disposal can lead to sewer overflows in residents’ homes and neighborhoods. This results in costly plumbing repairs for sewer service providers and homeowners. Nearly 80 percent of grease related sewer blockages and overflows in the SASD service area originate in residential areas.

“Residents can easily help prevent sewer blockages and overflows through proper disposal of fats, oils and grease,” said Heleana Galvan, SASD

Communications & Media Officer. “We encourage residents to follow some simple tips that can help save time, money and the environment.”

Stop Sewer Clogs – Can Your Fats, Oils and Grease during the holidays and year-round following these easy steps:

- Pour cooled fats, oils and grease into a container, such as an empty can and dispose of it in the garbage.
- Before washing dishes, scrape leftover food from pots, pans and dishes into the garbage using a spatula or plastic utensil.
- Use sink strainers to prevent food scraps from going down the drain.

For more tips and other helpful information about fats, oils and grease disposal, visit www.stoptheclog.com, or call 916-875-FATS (3287).

Study Design and Architecture In Florence, Italy

Get an in-depth view of Florence, Italy, by visiting and studying its historic buildings through a two-week travel study program offered by the College of Continuing Education at Sacramento State. Open to the public, the program takes place in Florence from June 13 - 28, 2009. Participants will study the history of Florentine architecture while earning three units of undergraduate or graduate academic credits. You do not need to be enrolled at Sacramento State to participate.

The program, now in its ninth year, is lead by Andrew Anker and Jim Kenney, architects and professors with the Sacramento State Department of Design. Anker and Kenney will lead students on daily walking tours,

outdoor excursions, and sketching sessions. Study of the Renaissance masters will be emphasized. A three-day weekend getaway to Venice or Lake Como is planned as an optional package, or for more adventuresome guests, independent travel is always encouraged.

Registration for the travel study program is \$3,400 and includes 14 nights in a three-star Florence apartment, three units of university credit, all ground transportation, entrance fees, an evening celebrating the Festival of San Giovanni, and two group dinners. Airfare is not included.

Save the Date! Attend a free information session on the Florence travel study program from 6-8pm on

Dec. 11; Jan. 7, Feb. 19, or April 8. The sessions will be held in Napa Hall, located at Sacramento State, College of Continuing Education, 3000 State University Drive East.

For more information about the program, please contact Professor Jim Kenney, (916) 278-6375 or kenney@csus.edu.

Visit the program website at: <http://www.cce.csus.edu/programs/travelStudy/italy09.html>.

About CCE

The College of Continuing Education at Sacramento State develops and delivers certificate and degree completion programs, conference and training services, and personal enrichment courses that foster community, regional, economic and workforce development. www.cce.csus.edu

Nye Triplets Thriving in Citrus Heights

by Bonnie Sedgwick

These days it seems like it is all the rage for celebrities to have twins. Well, Robin and Brian Nye of Citrus Heights, did them one better. They had triplets.

When the Nyes found out that Robin was pregnant, they did not know that this pregnancy was going to more than double the number of children that they had. “I was shocked when I found out”, said Robin. Life was already busy with 8 year old Dermot and 4 year old Nolan, but on November 5, 2007, they were joined by Madison, Wyatt, and Lilly.

Robin was placed on bed rest at the beginning of September 2007. Her babies were scheduled to be delivered on November 5. Early that morning, Madison decided that she was not going to wait any longer. She broke her Mom’s water and was the first to be delivered by c-section later that day. At

3 pounds 4 ounces, Madison was the smallest of the three. She was followed by her brother Wyatt (4pounds 5 ounces) and sister Lilly (4 pounds 1 ounce).

The Nyes knew that there was a good chance that since they had multiples, some or all of the babies would have complications. Robin said, “The nursing staff at the Mercy San Juan NICU told us that they had never heard of or seen a set of triplets come home on the same day.” The Nye triplets came home together on November 21st after spending a little

over two weeks in the NICU. Robin attributes their health to prayers from family members and fellow church members and blessings.

These days, the nights on the couch with babies suffering from reflux and the late night feedings are over. The babies celebrated their first birthday on November 5. They had an enjoyable time with cake and their family.

Brian and Robin have arranged their work schedules so that one of them is always home with the children. The triplet are walking now so you will probably find the Nyes chasing after Wyatt the mellow one, Lilly the bully, or Madison the drama queen.

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Films and DVDs for the Whole Family



by David Dickstein

The Tale of Despereaux
Opens Dec. 19; rated G
thetaleofdespereauxmovie.com

Despereaux Tilling is a sorry excuse for a mouse. He has oversized ears and zero interest in scurrying or tracking down crumbs, but loves music and books ... and a human -- a princess no less. When the radical rodent is ratted out by his brother and banished to the dungeon of rats for breaking mouse rules, he must save himself and the Princess Pea from an evil servant and angry rat. The animated adventure is based on the Newbery Medal-winning book by "Because of Winn-Dixie" author Kate DiCamillo. Voice cast includes Matthew Broderick, Emma Watson, Dustin Hoffman and Sigourney Weaver.

Marley & Me
Opens Dec. 25, rated G
marleyandmemovie.com

Seemed like a good idea at the time when a newspaper columnist and his wife (Owen Wilson and Jennifer Aniston) adopt a yellow lab puppy to get a taste of parenthood. But when the pooch proves to be neurotic and uncontrollable, and the situation only gets worse when



children arrive, this "man's best friend" thing is truly put to the test in this canine comedy. Not sure how the movie will deal with some of the more serious elements of John Grogan's autobiographical book of the same name -- the passage on the dog's passing is "Old Yeller" times 10 -- but hoping the movie has real substance than just slapstick.

Bedtime Stories
Opens Dec. 25, rated PG
bedtimestoriesmovie.com

A hotel handyman's life is changed forever when the bedtime stories he tells his niece and nephew start to mysteriously come true in this adventure comedy starring Adam Sandler. Skeeter, as he's named, attempts to take advantage of the phenomenon, incorporating his own aspirations into one outlandish tale after another. It's the children's unexpected contributions that turn Skeeter's life upside down. Also stars Guy Pearce, Courtney Cox and Keri Russell.

Family DVDs
Classic Christmas Favorites
(ages 4-13, now available, not rated): Not every Christmas TV special many of us grew up with are in this four-disc collection, but the nine Rankin/Bass features and a

deluxe edition of the classic "How the Grinch Stole Christmas" make this a solid buy. All the features hold up years later, including my favorite, "The Year Without a Santa Claus," complete with the whimsical Heat Miser and Snow Miser. Can't get their song out of my head. Grade: A

Dr. Seuss' Horton Hears a Who! (ages 3-11, Dec. 9, G): Movie adaptations of Dr. Seuss classics are hit and miss (mostly the latter). This one, a box office hit from March, gets it right. The computer-animated treat features Jim Carrey as the voice of an imaginative elephant who hears a cry for help coming from a speck of dust, and despite being labeled as nuts, Horton is determined to help. Steve Carell puts words in the mouth of Whoville's microscopic mayor. Grade: A

The Goldilocks and the 3 Bears Show (ages 5-10, Dec. 16, not rated): It's no "Hoodwinked," but this modern, irreverent, CGI-animated take on another classic fairy tale yields solid laughs and fun at the expense of Goldilocks, who here is a spoiled TV star who moves in with the three bears for a "Big Brother"-type reality show. Heard but not seen are Brooke Shields, Jamie Lynn Spears and Tom Arnold. Grade: B+

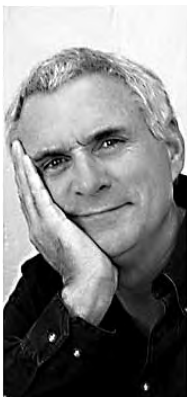
Sacramento International Airport Debuts Recognizable Voice

Security Messages Designed to Grab Attention with Humor, New Voice

International Airport debuted new voice messages reminding travelers of checkpoint rules, parking prohibitions, unattended baggage and more over the Thanksgiving travel holiday.

"After listening to the same voice over and over again, it becomes too easy to tune out the messages that are some of the most important to keep in mind" said Hardy Acree, Director of Airports. "The new messages not only seem fresh with a new voice, but they interject just enough levity to make the

messaging memorable." Travelers have noted the familiar sound of the voice overhead and many have theories as to who the mysterious voice is. Who is it? Jack Gallagher. The talented local comedian, playwright, author and actor worked with a script and ad-libbed to perfect the flow and tone of the dialogue. "I had a lot of fun in working with the Sacramento International airport on this project. The goal is to get travelers to pay attention to these critical messages with out boring them,"



said Gallagher. "As someone who travels frequently and hears these messages delivered the same way in airports all over the country, I think we accomplished our goal by making the messages more lighthearted." Sacramento County Airport System is responsible for planning, developing, operating and maintaining the county's four airports: Sacramento International Airport, Executive Airport, Mather Airport and Franklin Field. For more information on the system, visit www.sacairports.org

Superhero Dog and Sassy Cat Deliver ‘Bolt’ Load of Laughs



A film review by Tim Riley

BOLT (Rated Pg)

Animation films present a set of challenges, usually to be overcome with some new technique or creative approach. With a pedigree forged from the union of Walt Disney and Pixar Animation Studios, "Bolt" is a pioneering piece of technical marvel otherwise known as Disney Digital 3-D. This is Disney's first animated feature to be conceived and designed for 3-D, meaning that it's an in-house production where quality control is paramount. The filmmakers save the best 3-D moments for big action sequences, avoiding the pitfalls of excessive and unnecessary gimmicks.

Despite the amazingly well-done animation, "Bolt" is more interested in its story, than dazzling with its effects. This movie should be equally enjoyable in the absence of the 3-D format. Like most Disney films, "Bolt" fills the screen with laughs and adventure, but pulls on the emotional heartstrings with tender efficacy. Bolt (voiced by John Travolta), a white-haired canine, lives in the fantasy world of Hollywood, where he's the star of an immensely popular TV series about a pooch with incredible super powers whose every day is filled with adventure, danger and intrigue.

He's very attached to his owner and TV co-star Penny (voiced by Miley Cyrus), who's constantly in danger and needs to be rescued by Bolt. The villainous star of the TV series is Dr. Calico (Malcolm McDowell), whose fiendish plot for world domination is abetted by cats acting as accomplices. Indeed, Dr. Calico is a low-rent James Bond

villain, more or less on par with Dr. Evil from the Austin Powers movies. Living in his fictional world, Bolt has come to believe that he's been genetically engineered to have amazing powers, including incredible strength, laser vision and a powerful superbark. Bolt is accustomed to stopping speeding cars or ripping up asphalt by exercising sheer physical power beyond all reason. Breaking loose from his on-set trailer when concerned for Penny's safety, Bolt is accidentally packed in a crate and shipped to New York.

Once in Manhattan, Bolt finds that reality begins to challenge his delusions, discovering that daredevil stunts don't go according to plan. Wandering aimlessly through the city streets, after several predictable mishaps in the urban jungle, Bolt takes hostage a scrappy, streetwise alley cat named Mittens (voiced by Susie Essman), embittered at having been abandoned by her human owners.

Convinced that Mittens is one of Dr. Calico's henchmen, Bolt insists that the sarcastic feline will show him the way back to California, a plan that takes root when they find a Waffle House place mat with a map of the United States. Indeed, the story requires that you suspend major disbelief about the resourcefulness of domesticated animals.

At a rest stop somewhere in fly-over country, Bolt and Mittens encounter Rhino (voice of Mark Walton), an eager hamster sealed in a plastic ball who spends too much time watching television. As a

result, Rhino happens to be a diehard fan of Bolt's adventures who has memorized the details of the dog's numerous missions. Leaving the safety of his RV, Rhino heeds the call of duty, living out his ultimate fantasy by teaming up with Bolt for a real-life adventure.

Given that this is an animation film where little of the action passes for even remotely credible, "Bolt" takes tremendous liberties with reality, though it goes down smoothly because of the humor. It's fun for adults and children, though for different reasons, to watch the trio of mismatched animals traversing the country in search of Hollywood. Memorable encounters include a break-out from the pound and getting advice from pesky pigeons, whether the obnoxious New York wise guys or the aspiring screenwriter types in Tinseltown.

The wonderfully delusional Bolt is the star of the show, but he is frequently at risk of being upstaged by the sassy Mittens, who has to undertake the task of teaching the superhero dog how to act like an ordinary pooch. Nevertheless, there's an enjoyable dynamic between cat and dog, trading on the usual suspicions, though Mittens gets the best lines, often dripping with sarcasm. Aside from a few disturbing images, particularly of raging fire threatening the lives of animals, "Bolt" is terrific family-friendly entertainment for audiences young and old. Disney delivers great animation and laughs, a nice combination.

The 30's-40's-50's Dance Band Final Performance for the Year

DATE: Saturday 20 December 2008

TIME: 6:30-9:30 pm

EVENT: Dinner and Dance (for Elks members & guests)

PLACE: Rancho Cordova Elks Lodge #2484

11440 Elks Circle, Rancho Cordova, CA 95742

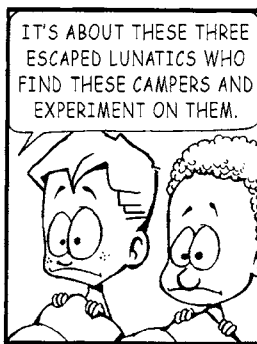
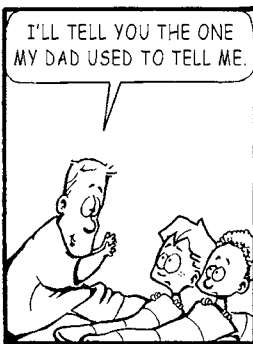
COST: \$15 per person

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Amber Waves



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by Dave T. Phipps

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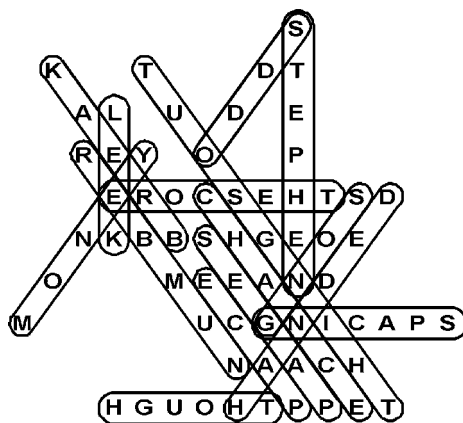
Answer

2	3	6	4	9	8	1	7	5
8	4	1	7	3	5	6	2	9
7	5	9	6	1	2	4	3	8
3	1	4	2	7	9	8	5	6
6	9	7	5	8	3	2	1	4
5	2	8	1	4	6	7	9	3
4	6	5	9	2	7	3	8	1
9	7	3	8	6	1	5	4	2
1	8	2	3	5	4	9	6	7

Magic maze

Answers

EVEN —



Puzzles are
on Page 12

King Crossword

Answers

Solution time: 27 mins.

M	O	P	U	P		E	R		T	S	P
B	U	R	R	O		I	O	U		E	T
A	R	E	A	L		G	U	E	S	S	E
		S	L	I	G	H	T		P	L	E
I	T	S		O	A	T		B	R	A	D
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S	E	D	A	T	E		H	A	N	D	L
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R	A	M	I	S		A	R	M		E	W
A	L	E	E		P	R	E	E	N	S	
B	L	E	S	S	E	D		T	A	S	E
B	E	T		P	O	E		E	V	E	R
I	N	S		A	N	N		S	E	D	G

Trivia Answers

- Kidney stones
- House Un-American Activities Committee
- Barbed wire.
- Hoyas
- 90
- "The Tale of Peter Rabbit"
- Someone who pretends to be what he or she is not
- Ben & Jerry's ice cream
- Buddhist shrine
- Strait of Gibraltar



by Pastor Ray Dare

Nothing worthwhile ever happens without patience, persistence and perseverance. Does an artist paint a masterpiece with one stroke of the brush? Of course not. He has to stay at it, one stroke at a time. That's the way life is. You have to stay at it, and little by little your life becomes God's masterpiece.

I believe that a person's greatness is determined by what it takes to discourage that person. You can tell a lot about someone by watching how they respond to setbacks or failure. It reveals character. So let me ask you: What does it take to discourage you?

When things don't go your way? When your expectations are not met? When you fail to reach a goal? When someone criticizes you? Welcome to the club!

You may be discouraged today.

Keep On Keeping On

You may be discouraged because you haven't reached one of your goals yet. You may be discouraged because you're not where you wanted to be in your career. You're not happy with where you're at in life. Maybe you're discouraged about your finances. Or you're discouraged about your health or you're discouraged about a prayer you've been praying but the answer hasn't come yet.

Does God have anything to say? God says, "These things I plan won't happen right away. Slowly, steadily, surely, the time approaches when the vision will be fulfilled. If it seems slow, do not despair, for these things will surely come to pass. Just be patient. They will not be overdue a single day." Habakkuk 2:3. The same is true in your life. God has a plan for your life. Your life has a divine destiny. What you need to understand is that God's delays are not God's denials. Just because you haven't had the answer yet, that doesn't mean God isn't going to do it. God says, "Don't become discouraged."

When you drive up to the mountains, on the way you see majestic oak trees scattered throughout the foothills. It takes God 60 years to grow those

majestic oaks! In your own backyard tonight a mushroom may spring up. It only takes God 6 hours to grow that mushroom. Let me ask you a question. What would you rather be? A majestic oak or a mushroom? Nothing worthwhile ever happens easily. It takes time.

What is it that you're tempted to give up on today? God says, "Don't do it. Don't give up; Look up, because I want to help you." You've heard me say before, great people are really just ordinary people with an extraordinary amount of determination. They simply don't know how to quit. They just keep on "keeping on." So let me say to you, don't give up! Don't give up on that dream. Don't give up on that marriage. Don't give up on that kid. Don't give up on ever finding the right person. Don't give up on your ministry. Don't give up on that vision. Why? Because God is with you and God has promised to help you if you will persevere. Psalm 138:8 (NLT) "The Lord will work out his plans for my life—for your faithful love, O Lord, endures forever..."

See you Sunday, Pastor Ray
New Community Christian Church www.YourNewChurch.org



by Marlys Johnsen Norris

Every years end for two thousand eight years, believers have celebrated the special day we call Christmas. This day so long ago, December 25, God/Creator of the Universe and all life that exists, came to earth in the form of a child--born in a lowly stable to become the glorious Savior/Redeemer for the whole world. His miraculous birth to Virgin Mary, His sinless life, His message of love, grace and mercy, His death and His Resurrection prove His

Christmas is for Everyone

Deity as the true Messiah. No other great religious leader has ever lived a sinless life, then died and came back to life, as did Jesus Christ of Nazareth. We celebrate His birth day each year recognizing His status as Almighty God who loves us so much He gave His life to reconcile us (after we rebelled and sinned) back to Himself.

His teachings in the Scriptures of the Bible give us guidelines to enrich our life like nothing else can do. He wants to live in every heart. Reading His Word, we learn to live life--pleasing to very Holy and Just God, who will judge our every decision, act and word when this life ends. His judgment will ultimately grant us the privilege to enter or not enter into His eternal home (called heaven) where we will live for all eternity.

It is through the Scriptures we learn to actually "know" about Him and to "know" Him and what He

desires for our lives to become and He empowers us by His Holy Spirit to be. Lives full of love, kindness and goodwill for our fellow man, but most of all to love Him with our whole heart, mind and soul. A glorious adventure into a life filled with answered prayers and blessings we most likely don't deserve, but because we have answered His call and accepted His Holy Word inviting His Beloved Son into our lives, we become His adopted heirs to an abundant life here on earth. This is when--we truly understand the concept of Christmas and its sacred meaning. Have a Merry Christmas!

Marlys Norris
Award Winning Author for
"Recipes for A Happier Marriage"
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George Foreman: Heavyweight for Jesus

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Christian Newswire - Uproar Entertainment is pleased to release "THANK YOU JESUS!" by ex Heavyweight Champion GEORGE FOREMAN. Recorded live on December 17th and 18th, 1979, this album captures the energy and vitality of George Foreman preaching in the streets of Houston, Texas. In biting

25 degree weather, George carried his message to the people. On this recording you will hear George speak. George Foreman, the man who grew up "waiting for the next man to beat up." George Foreman, the man who says that when he fought he had to have a special referee to "keep him from hitting a man when he was down." George Foreman, the same man who now has only love in his heart. Love for everyone, but most of all for Jesus

Christ. This is George's own story, in his own words. Listen to him tell this story. I know you will feel as if you are right there with him. "Thank You Jesus!" ISBN #9781929243808 is available at www.heavyweightforjesus.com and is distributed to the Christian marketplace / Book Stores / Libraries by Ingram Book Company. For more information contact David Drozen, Uproar Entertainment at uproard@aol.com or 818-889-3757.

Our World Is Changing Fast



Just days after the election was decided, President-elect Obama was making his course clear - pledging to quickly sign as many as 200 executive orders overturning a host of President Bush's orders from the past eight years.

And with the increase in the liberal majority in Congress, that won't be all. We also expect to see a number of new "riders" - bits of legislation dropped into major bills - to increase funding for Planned Parenthood and push the pro-abortion lobby's agenda more aggressively.

Also, as the horrific incidents of this past weekend show, we're seeing worldwide efforts of the radical Muslim mission to "take the world for Islam."

Why? Because we have a plan. We are engaging. We are positioned to fight back and are already at work, from our strategic location across the street from the Supreme Court of the United States and just down the street from Capitol Hill. For us, the election was just the beginning.

We will be vigilant - our Government Affairs team in D.C.

will be keeping you informed and fighting every bill proposed in Congress that threatens your values - but we need your help to do this ... to make sure your voice is heard and your influence felt.

- The Freedom of Choice Act - tragically reversing the partial-birth abortion ban - Mr. Obama has declared he will sign it into law quickly.
- The so-called "Fairness Doctrine" jeopardizing Christian and conservative talk radio - could be reinstated.
- Defamation of Religions - the United Nations (U.N.) could vote any day now on this dangerous resolution, one that would criminalize Christianity around the world.
- Of course, a possible vacancy on the Supreme Court bench and many existing vacancies in federal appeals courts across the nation - critical appointments that will impact our lives and those of our children and grandchildren.
- And more!

Help us fight for your values. We will do battle all the way to the Supreme Court of the United States when necessary - and alongside our European Centre for Law and Justice (ECLJ), we'll fight for protection of Christians in international courts and at the U.N. Your freedoms are at stake here. Your gift will help in the fight for life, in the right to express your faith in public, in the battle for judges who respect the

Constitution - every value you hold most dear. Please let me hear from you quickly. Thank you.

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8790 Oak Avenue
Orangevale, CA 95662

Corner of Oak and Beech

(916) 988-8815

Pastors Andrew Webb & Robert Price

Office Hours:
9 am to Noon ~ Tuesday - Friday

Wednesdays:
Senior's Bible Study: 1st & 3rd.
10 am - 11 am
Evening Adult Study: 7 pm - 8:30 pm

Sundays: Worship ~ 9:30 am
Sunday School ~ 11 am *For All Ages*
www.oakavemc.org

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Pastor Charles Carter

(916) 967-3915

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Free Christmas Dinner!

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Other Upcoming Events at Carmichael Church:

Use Your Brain for Success - Jan 24
And Male-Female Differences in Thinking. 11:00am & 3:00pm - Brain expert Arlene Taylor, PhD

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Carmichael Seventh-day Adventist Church
4600 Winding Way - Sacramento, CA 95841
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BIBLE TRIVIA

by Wilson Casey

1. The main stories of Jesus' birth are in Chapters 1 and 2 of Matthew and which other book? *Mark, Luke, Romans, Revelation*
 2. From Matthew 1: 18, when Mary became pregnant, she and Joseph were in what relationship? *Married, Engaged, Just friends, Strangers*
 3. For the journey to Bethlehem, how did Mary and Joseph travel? *Bible not specific, Walked, Rode donkey, Boat*
 4. At the birth of Jesus, who was king of Judaea? *Solomon, Herod, Balak, Belshazzar*
 5. What was the home city of Mary and Joseph? *Capermaum, Nazareth, Aphek, Shechem*
 6. Of these, which wasn't a gift from the wise men? *Silver, Myrrh, Gold, Frankincense*
- ANSWERS: 1) Luke; 2) Engaged; 3) Bible not specific; 4) Herod; 5) Nazareth; 6) Silver
- For more trivia, log on to www.TriviaGuy.com.
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Made It Home for Christmas

*A brother calls from Alaska
another calls collect
A sister calls from south L.A.
As we guess who's calling next*

*As we grow a little older
each one's sure to realize
how Dad and Mom worked and saved
to put presents before our eyes*

*Our family spans the world now
spreading all that we have learned
from cold showers every holiday
to every Christmas we have earned*

*Christmas Day is changing
We're getting older every year
but it's warmth abounds in memories
and in wishing you were here*

*So from Mom and Dad's prayers go out
to our families and their youths
to their hopes and dreams of doing well
and in living Christmas truths*

*Written for my father just a few months prior to his passing in 1987.
Paul V. Scholl*

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NEW TO MARKET. New Mexico Ranch Dispersal 140 acres - \$89,900. River Access. Northern New Mexico. Cool 6,000' elevation with stunning views. Great tree cover including Ponderosa, rolling grassland and rock outcroppings. Abundant wildlife, great hunting. EZ terms. Call NML&R, Inc. 1-866-360-5263. (Cal-SCAN)

UTAH RANCH DISPERSAL. Experience the fun and relaxation of having your own 40 acres in the great outdoor recreational area of the Uintah Basin. Starting at only \$29,900. Call UTLR 1-888-693-5263. (Cal-SCAN)

NEW ARIZONA LAND Rush! 1 or 2-1/2 "Football Field" Sized Lots! \$0 Down, \$0 Interest. \$159-\$208 per month! Money Back Guarantee! 1-877-466-0650 or www.SunSitesLandRush.com (Cal-SCAN)

MONTANA LAND BARGAINS (A Safe Haven) 20 Acres w/ Road & Utilities- \$29,900. 40 Acres w/ New Cabin- \$89,900. 160 Acres at \$99,900. Financing available. Fully guaranteed. 1-888-361-3006 www.WesternSkiesLand.com (Cal-SCAN)

LAKEFRONT OPPORTUNITY. Nevada's 3rd Largest Lake. Approx. 2 hrs. South of Carson City. Lake Front - \$89,900. Lake View - \$29,900. 38,000 acre Walker Lake, very rare home sites on paved road with city water. Magnificent views, very limited supply. New to market. www.NVLR.com Call 1-877-542-6628. (Cal-SCAN)

MONTANA'S BEST LAND DEAL 20AC- Ponderosa Pines, County Road & Utilities. Was: \$99,900. Now: \$79,900. 160AC w/New Log Cabin Was: \$199,900. Now: \$149,900. 208AC w/Huge Storage Barn Was:\$299,900.NOW:\$249,900. Affordable financing, discounted prices. Absolutely beautiful land. Call 877-229-7840. Visit www.WesternSkiesLand.com While we talk! (Cal-SCAN)

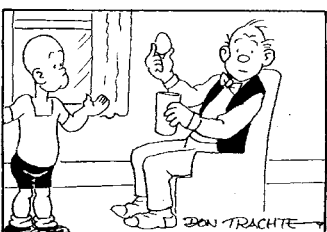
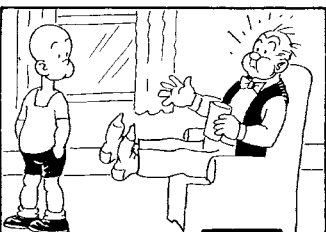
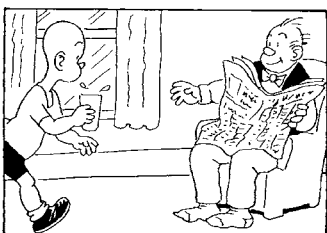
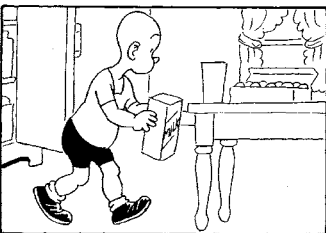
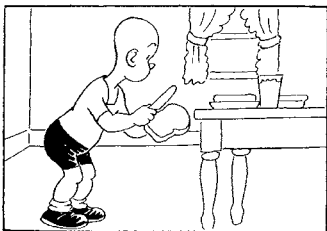
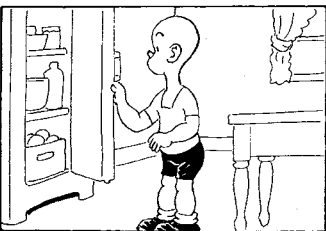
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Henry

BY
DON
TRACHTE



Popeye

BY
STEFAN



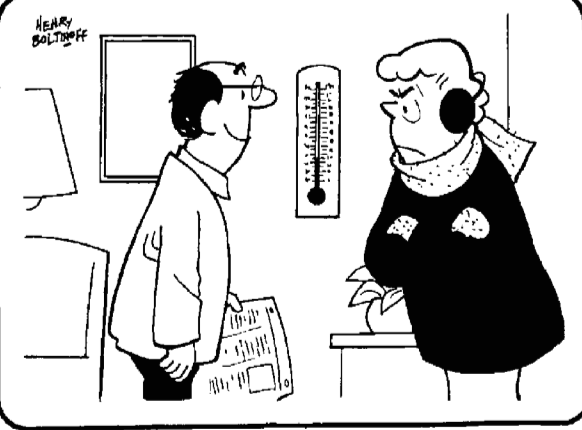
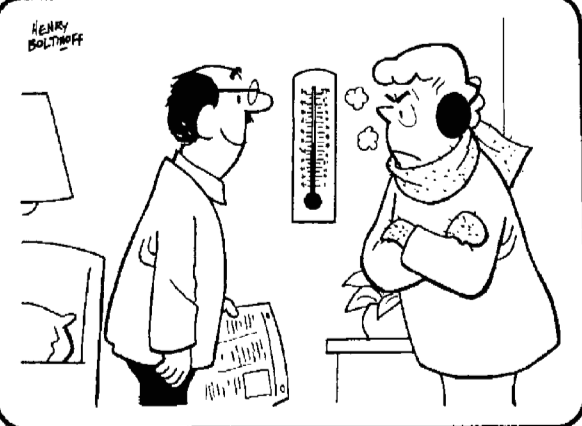
The Spats

by Jeff Pickering



HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Blouse is black 2. Breath "puffs" are gone 3. Picture has been added 4. Pillow is missing 5. Temperature is lower 6. Moustache is gone.

Trivia

test

by Fifi
Rodriguez

- MEDICAL: What common condition would you be suffering from if your doctor said you had nephrolithiasis?
- U.S. GOVERNMENT: During the 20th century, what did the acronym HUAC stand for?
- INVENTIONS: What 19th-century aid did Joseph Glidden invent that helped tame the West?
- NICKNAMES: What are Georgetown University's sports teams known as?
- MATH: What is the Arabic equivalent of the Roman numerals XC?
- LITERATURE: In which book do the characters Flopsy and Mopsy appear?
- LANGUAGE: What is a poseur?
- SLOGANS: What product is known as "Vermont's Finest"?
- RELIGION: What is a stupa?
- GEOGRAPHY: Where are the Pillars of Hercules?

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Weekly SUDOKU

by Linda Thistle

2		6		9		1		
	4				5		2	
7			6					8
3				7				6
	9				3	2	1	
		8	1	4			9	
4					7		8	
		3			1	5		
	8		3	5				7

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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MAGIC MAZE ● EVEN —

K Q N K H D A T X U R P M J G
D A X V S Q E N K S I F D A X
V K T Q T M O M D T J H F C A
Y W A L P U U D R E P N L J H
F D R E Y B O Z X P V T R Q O
M K R E R O C S E H T S D I H
F E N K B B S H G E O E D B Z
D O Y W V M E E A N D T R Q O
M N L K I H U C G N I C A P S
F D C A Z X W N A A C H V U S
R Q O H G U O H T P P E T N M

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Break
Chance
Handed
Keel

Money
Number
Odds
Pace

Pages
Song
Spacing
Stephen

The score
Things out
Though

All Answers on Page 8

Contract Bridge

EXACTLY THE RIGHT MEDICINE

West dealer.
Both sides vulnerable.

NORTH

♠ Q J 5
♥ 10 8 7 4
♦ A 6 3
♣ J 9 2

WEST

♠ 10 7 3
♥ A 5 2
♦ K 9 4
♣ A K 6 5

EAST

♠ 9 8 6 2
♥ K
♦ Q J
♣ Q 10 8 7 4 3

SOUTH

♠ A K 4
♥ Q J 9 6 3
♦ 10 8 7 5 2
♣ —

The bidding:

West	North	East	South
1 ♣	Pass	2 ♣	2 ♥
Pass	3 ♥	4 ♣	4 ♥

Opening lead — king of clubs.

When this deal arose in a team match, both Souths wound up in four hearts on the bidding shown. The contract appeared doomed because declarer had four seemingly inescapable losers — two in hearts and two in diamonds. But one of the declarers proceeded to prove that this was an inaccurate assessment.

At the first table, South viewed the dummy with despair and assumed the hand was a lost cause. He ruffed the opening club lead and led the queen of hearts at trick two, losing to East's

king.

After ruffing the club return, a second trump was conceded to West's ace. West then returned a heart, exhausting the South hand of trumps. Declarer was thus unable to ruff dummy's last club, and eventually lost two diamonds and a club to finish down two.

At the second table, South gave a lot more thought to the situation, trying to visualize a lie of the opposing cards that would allow him to make the contract. He, too, led a heart after ruffing the opening club, and ruffed East's club return.

But at this point, there was a significant departure in the play. At trick four, declarer crossed to dummy with the ace of diamonds, then ruffed a third club in his hand. Next came the A-K-Q of spades, after which he exited with a diamond.

The situation South had hoped for now materialized. East won the diamond with the queen, but since he had no more red cards, he had to return a club or a spade. This allowed declarer to ruff with his carefully preserved last trump while discarding dummy's remaining diamond, and the contract was home, dummy's 10-8-7 of trump winning two of the last three tricks.

Declarer was admittedly lucky to find such a favorable lie of the opposing cards, but his was the type of luck that seems to follow those players who live by the credo "Never say die."

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COUCH THEATER

DVD

PREVIEWS

BY
DNA
SMITH

PICK OF THE WEEK

"Mamma Mia!" — If you're looking for the Ultimate Karaoke Chick Flick of 2008, then look no further. Based on the hit Broadway show, "Mamma Mia!" isn't so much a musical as it is a contrived story that puts the cast in situations that allow them to belt out old ABBA hits.

"Mamma" stars Amanda Seyfried as Sophie, a young bride-to-be who sends a letter to three men inviting them to her wedding. One of the men could be her long-lost father. Hilarity, middle-aged romance involving Meryl Streep and over-the-top musical numbers ensue.

This movie has everything: A pretty ingenue; catchy, kitschy tunes; and hunky guys in exotic locales. I'm not even a woman, but doggone it, watching this movie made me feel pretty.

DOG OF THE WEEK

"The Mummy: Tomb of the Dragon Emperor" — This is a bad year for big-budget action/adventure films about archaeologists. Like this year's Indiana Jones fiasco, "The Mummy" makes the same mistake: Focusing the story on the son of the hero rather than just giving us a great flick about the hero.

This installment of the "Mummy" franchise has Rick O'Connell (Brendan Fraser) and his wife (Maria Bello) in a bad British accent filling in for Rachel Weisz) coming to the aid of their impetuous tomb-raider-in-the-making son (Luke Ford) who is up against a bad guy who wants to resurrect a bajillion terra cotta warriors so he can take over the world.

There are also Yetis. But not enough to warrant buying this DVD. Rent it if you're curious.



Rowan Atkinson is Mr. Bean

KIDS & FAMILY

"Mr. Bean: The Ultimate Collection" — This seven-disc boxed set is a must-have for all fans of Rowan Atkinson's bumbling, lovable dweeb, Mr. Bean. The set includes every episode of the classic series, both theatrical films, 16 episodes of the animated series, deleted scenes and sketches that never made it on TV.

TV SERIES

"The Biggest Loser: Boot Camp" "Aqua Teen Hunger Force" Vol. 6 "Ice Road Truckers" Season 2 "Petticoat Junction" Season 1 "Naruto" Uncut Box Set Vol. 1 "The A-Team" Season 1

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Got Local Events?

Get the word out!

Call 773-1111

KING Crossword

Answers on Page 8

1	2	3	4	5		6	7	8		9	10	11
12						13				14		
15						16			17			
			18			19			20			
21	22			23					24			
25			26			27		28				
29				30			31			32	33	34
			35				36		37			
38	39	40				41		42		43		
44						45			46			
47				48				49		50	51	
52				53				54				
55				56				57				

ACROSS

1 Trounce
6 Blunder
9 Recipe meas.
12 Pack animal
13 Chit
14 H look-alike
15 "He's — nowhere man ..."
16 Conjectured
18 Minimal
20 Begged
21 "Monty Python" opener
23 Feedbag morsel
24 Sitcom surname
25 Busy one

27 Spandex material
29 Tranquelize
31 Knob
35 Its participants must form a line
37 Confederate soldiers
38 Harold of "Ghost-busters"
41 Upper limb
43 Lamb's mama
44 Sheltered
45 Overuses the mirror
47 Holy
49 Shocking weapon

52 Wager
53 "The Raven" writer
54 Each
55 Office holders
56 — Arbor, Mich.
57 Marsh plant

DOWN

1 Biz deg.
2 "— Town"
3 Ironed
4 Kazakhstan river
5 Target of the Salk vaccine
6 Septua-genarian's next milestone
7 Defeat soundly season...
8 Wish otherwise
9 Magnetic flux unit
10 Trusty horse
11 Rice field
17 Arose suddenly
19 Greek physician
21 Picks out of a lineup
22 Pirouette pivot
24 Support system?
26 Hydrophobia
28 Entry on a to-do list
30 "— the

32 Not naked
33 Legislation
34 Storm center
36 Eden, for one
38 Shul VIP
39 Early "Tonight Show" host Steve
40 Is introduced to
42 Apportions
45 Toiler
46 Basilica section
48 Hot tub
50 Work unit
51 Catcher's place

Memorial for Shirley Ann Duggins



Shirley Ann Duggins
03/04/1939 - 11/10/2008

from the Chase Family of Fair Oaks

On November 10th, 2008 at 07:52 pm in Paradise California, we lost our loving Mother. She fought a long and courageous battle. Our beautiful wonderful Mother spread her wings and flew to Heaven to join our wonderful Pop. We're going to miss you mom, more than words can ever say. We're just happy you're no longer in pain. Your tiny little body tried so hard to hold on. We all know you are pain free now and bank in the loving arms of your wonderful husband and our wonderful Pop. We know you have been lost and lonely without him these last eight years. Mama, give Pop a big hug and kiss

and tell him we all love and miss him dearly. Someday we will all rejoice in the presence of our Lord. Our family will then all be together again. Our Mother is survived by her loving brother Gene Long of Centeridge Arkansas, her daughters Deborah Chase of Fair Oaks, California and Pam Bean of Flagstaff, Arizona, Audra Myers of Paradise, California, Tammy Duggins and Christina Duggins of Bullhead City, Arizona. Her only son, is Jimmy Davis of Bullhead City, Arizona. She is also survived by 18 grandchildren, 28 great-grandchildren, and many loving neices and nephews. Her Memorial will be announced at a later time. For details call (916) 966-2265.

Four Wheelers Reach Out To Those Less Fortunate

21st Annual 4X4 Gold Country Toy Run

Orangevale - Four wheel drive enthusiasts from throughout the region recently showed their helping hands to make this Christmas a special season for hundreds of underprivileged children living throughout the Sacramento area.

Hosted by the Sacramento-based Hi-Landers Four-Wheel Drive Clubs, this year's 21st annual 4X4 Gold Country Toy Run at Lake Natoma drew 218 participants, many representing 15 different clubs participating from the California Association of Four Wheel Drive Clubs.

"We really felt that people were giving extra this year," said Deann MacDougall, one of the event organizers. Four wheelers donated 646 toys and gifts, 12 bicycles, and 214 sleeping bags that were made available to needy families from last year's proceeds.

When the Hi-Landers club volunteers dropped off the toys, they learned from the non-profit organization that they were in real need of sleeping bags, bicycles, and the toys for the older children. "We had the largest donation by far of any group with the sleeping bags," MacDougall said.

The weather was cool and crisp, many of the vehicles were decked out in their finest Christmas theme decorations, and the parade-like run began at promptly at 10 a.m. The parade route took the four-wheelers north on Hazel Ave., south on Douglas Blvd., through the historic town of Folsom and returned to the lakeside staging area.

Upon return to the park, the participants found Santa Claus sitting in his decorative chair listening to requests from the many children who were present.

Moments later, a red Jeep Rubicon pulling a trailer full of toys and gifts pulled up in front of Santa and members



of the Sierra Treasure Hunters 4X4 Club sprang into action and began unloading the trailer. There were more than 200 toys that were purchased by the Sierra Treasure Hunters club children.

"Our kids raised over \$1200 this year through recycling cans and bottles, collecting donations from members, and doing extra clean ups at the campsites," said Kathy Medley, one of club moms involved with the project. "We were all very proud of these kids as this was a record for the club and the kids had a great time shopping for the needy children." Medley said.

Vehicle judging was close, but in the end, Bebe Theison of the Rock n Roll

4X4 Club took the top trophy with a Hummer H3 decorated with animated reindeer and a forest scene. Runner up honors went to Anthony Davis, driving a Toyota Tacoma that sported a snowman holiday scene.

The Grass Valley Four Wheelers captured a huge trophy for having 36 members participating in the event... the most for any club.

"We are absolutely thrilled with this year's turnout, the number of toys and sleeping bags, and mostly knowing that due to the generosity of the four-wheel drive community, many underprivileged children in this area will have a much happier Christmas," MacDougall said.

Statement by Assemblyman Niello Regarding the ARB's Adoption of the AB 32 Scoping Plan

Assemblyman Roger Niello (R-Fair Oaks) issued the following statement today in regards to the California Air Resource Board's adoption of the AB 32 Scoping Plan:

"It is unfortunate that in the face of so many outstanding questions about the economic analysis of the scoping plan that the ARB would choose to move forward with adoption of the scoping plan prior to obtaining a more clear and analytically rigorous economic analysis. In the last month, a report from the non-partisan LAO, in addition to the ARB's own peer review, have both stated clearly that the economic analysis that was

performed in the scoping plan is incomplete and uses flawed methodology, while significantly underestimating the costs and overstating the benefits."

"The people of this state deserve to have as full and fair analysis of the economic impact that the scoping plan as possible. The ARB is violating the public trust by recklessly adopting such a flawed draft plan that may have a huge impact on the lives of Californians."

"While the scoping plan was adopted today, I would strongly encourage the ARB to continue to further study these economic impacts and delay any action on actual implementation of AB 32 until we have a better



Assemblyman Roger Niello

understanding of economic impact."

Sacramento Hospice Consortium Seeks Volunteers to Care for Terminally Ill Patients

Life prepares few of us for death. That is why hospice volunteers as members of a team of trained professionals play an important role in providing care, companionship and support to terminally ill patients and their families. The Sacramento Hospice Consortium is offering training classes beginning January 9 in Carmichael and February 5 in Auburn for people interested in

becoming hospice volunteers.

More than 300 volunteers currently work with seven hospice programs serving the Greater Sacramento area, but more help is needed. Volunteers take a series of classes including History and Philosophy of Hospice Care, Concepts of Death and Dying, Communications Skills, and Grief and Bereavement. Training is

designed for both those wishing to become hospice volunteers and those caring for and supporting a dying family member or friend.

For more information or to register, call the Sacramento Hospice Consortium Volunteer Response Line at (916) 388-6288. The cost for 24 hours of training is \$35.

Board of Supervisors Augments Sheriff's Budget

Recently, the Sacramento County Board of Supervisors voted to augment the Sheriff's Department's budget by approximately \$25,000 to provide an added security force to the Arden-Arcade area shopping malls this holiday season. The program, known as the Grinch Patrol, began the day after Thanksgiving (the busiest shopping day of the year),

and continues throughout the holiday shopping season. This special funding appropriation is intended to augment existing Sheriff's Patrol and private security.

Uniformed deputies on bicycles, motorcycles, and in marked patrol cars will patrol the shopping malls as a highly visible security force. Undercover deputies will also be

assisting during the operation. The goal of this program is to deter criminal activity and instill peace of mind in the area's holiday shoppers. The Grinch Patrol began in 2006. Last year over 100 grinchies, who tried to ruin the holidays for shoppers, were arrested during the operation.

*Sergeant Tim Curran,
Sheriff's Spokesman*

Wild Things Wanted!

California State Fair Seeking Weird, Wild & Wacky Collections for Display

Do you collect belly button lint, unique bobble heads, air sick bags, toilet seats, lawnmowers, fishing tackle, Jackalopes, or discarded trash? If so, the California State Fair wants YOU! The theme of the 2009 California State Fair is Weird, Wild & Wacky West. To celebrate that theme, the State Fair is looking for the strangest California collections to be potentially displayed at

the 2009 California State Fair in Sacramento.

"No collection is too big or too small, but all collections should be extremely weird, wild or wacky," said State Fair CEO and General Manager Norb Bartosik. "Anything unusual is open for consideration. But we want to display the very strangest collections of 'stuff' we can find."

California collectors (residents or businesses) of any age are encouraged to contact the State Fair exhibits department via email

or phone with a description of their collection, including quantity of items, size of display and current location. Digital images of the collection will also be accepted (email size limit 2MB). Responses and additional questions may be directed to wackycollections@calexpo.com or 916-263-3045.

For more information, please visit the State Fair website at www.bigfun.org. The 2009 California State Fair will run August 21 – September 7, 2009 at Cal Expo in Sacramento, CA.

Dusty old film reels or tapes in the attic?

AUA specializes in copying family memories to DVD from 8 & 16mm film and all tape/digital formats.

AUA masters to Gold Standard DVDs and also provides editing services to create custom family DVDs from stills, tape, & digital sources.

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www.auadigital.com

Because Disaster Could Strike At Anytime, Preparation is Essential

The Neighborhood Emergency Training (Net)
Tuesday, January 13, 2009 – 9:30am – 11:30am

Are you prepared for a disaster or do you believe it will never happen?

In order to be prepared for a disaster of any type, the Retired Senior Volunteer Program (RSVP) is offering a free, two-hour Neighborhood Emergency Training (NET) class on Tuesday, January 13, 2009 from 9:30am to 11:30am. The class will be held at 3727 Marconi Avenue, Sacramento. All age groups are welcome to attend. The class information may save you, your family, your important documents and your pets.


Class Topics:

- Be Prepared at Home/Family
- Be Prepared to Evacuate
- Prepare Pets
- Avoid Water Hazards
- Prevent Home Accidents
- Recognize Suspicious Activities in Your Neighborhood and more.

To make a reservation, please call, email or fax:
Laureen Anderson or Gail Hoberman (916) 875-3664
(916) 875-4459
andersonl@saccounty.net
hobermang@saccounty.net
Fax: (916) 875-3799

RSVP Sacramento is a Senior Corps program grant funded by the Corporation for National and Community Service. The Sacramento County Department of Human Assistance sponsors RSVP Sacramento.

There's a new Sutter office near you!



Greenback Oaks Care Center

5765 Greenback Lane
Sacramento CA
(916) 865-1040

Effective November 17, 2008, Drs. Barrett, Davies, Hilzinger, Nair, Powar and Spinelli are now located at our new offices at Greenback Oaks.

Our team provides a full range of services including:


- Family Medicine
- Preventive Medicine
- Women's & Children's Health
- Cardiology
- Pediatric Gastroenterology

In addition, we offer Sutter Laboratory and Diagnostic Imaging services on-site.

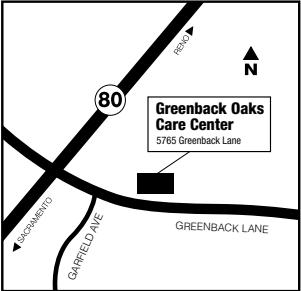
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Joni Hilton

People Are Like Christmas Lights

There are two kinds of people in this world, those who put folks into two categories, and those who don't. But go with me for a minute on this one.

The two groups I'm thinking of are the people who roll with life's punches and ultimately survive the storms, and those who flip out and become hysterical knots of panic, requiring sedation and possibly medication.

It's very much like Christmas lights. If you have just decorated your home or Christmas tree, you know exactly what I'm talking about. On some strands, when one bulb goes out, the whole strand has a nervous breakdown and fritzes into oblivion. These are called "series" lights. They are like your Aunt Thelma who gets a run in her stockings and has to take a Valium. These are the multi-phobic neurotics in every family and workplace, who operate on the edge of hysteria and turn every mishap into a colossal catastrophe. Drama doesn't even begin to describe it.

The other kind of light strand is called "parallel." These stay lit even if one bulb goes out, and this is the kind of lighting everybody wants. These are the people who quietly change lanes if a semi pulls into their lane a couple of blocks ahead. They continue their conversation and maintain a steady mood, eventually passing the truck with nary a glance. Series people gasp and swerve, break into a sweat, and shout, "Did you see that guy? He just pulled right into my lane! Did you see that?"

It is needless to say that parallel people have lower blood pressure, happier lives, and more organized desks. Series people have worrisome levels of caffeine in their blood, lives of chaos and desks covered with papers from as far back as 1997. Series people burst into tears over burned dinners, cancelled plans, and broken appliances. Parallel people take daily setbacks in stride and simply set about finding the solution.

Parallel people hobble around with sprained ankles while series people lie in bed and worry that their ankle will become arthritic. Parallel people go looking for a job if they get fired. Series people go

looking for a bar.

This Christmas, as check-out lines lengthen and tempers shorten, try to be one of the parallel lights that shines brightly, even if others around you burn out. Don't let your whole season be ruined by one rude driver or one grabby shopper. Go with the flow and keep your strand beaming despite the ups and downs inherent in every holiday season.

After all, as I said, these are the light strands everybody wants to have.

Joni Hilton is an award-winning playwright, the author of 16 books, holds a Master of Fine Arts degree in Professional Writing from USC, and is frequently published in major magazines. A former TV talk show host in Los Angeles, she is also a TV spokeswoman across the U.S. for various corporations, and highly in demand as a public speaker. She is Founder of Holy Cow, an organic line of cleaning products (holycowproducts.com), the winner of dozens of cooking contests, and a former model and Miss California. She is married to Bob Hilton, and they are the parents of four children. For book reviews, recipes, purchasing information about her books, and more, simply type Joni Hilton into Google or Yahoo.

Listen to "The Joni Hilton Show" streaming live, weekdays 3-4 pm on www.KAHL.com or 950 AM

Open Letter of Thanks to Supporters of Tort Reform



by Diann Rogers

Dear Friends,

The holidays always provide an opportunity to take stock in those things for which we should all be grateful. While fighting lawsuit abuse and battling amoral personal injury lawyers is not likely not on the forefront of the minds of many, the actions of such lawyers the very foundation of this great country. I am not so naïve as to put tort reform parallel to the very critical issues of the day but I do believe that every time any action is taken for the purpose of greed, publicity or harassment we have a problem. Fighting lawsuit abuse must be in the forefront of our minds in this New Year.

But before I lament on the poor state of our moral soul, I thought it more appropriate to remind myself and you about the progress we

have made and about the very good and decent people willing to put themselves in the crosshairs of the tort reform movement.

- We must be thankful for:
- A President who did understand the need for real tort reform and tried valiantly to seek change;
- Supporters throughout California who truly recognize the need for grassroots activism and its crucial impact;
- Business and community leaders willing to stand up against those who pursue frivolous litigation for unscrupulous reasons;
- Business owners willing to come forward and say they have been victims of lawsuit abuse even when it draws the attention of unprincipled personal injury lawyers;
- SB 1608 – a bipartisan ADA reform that will benefit the business community and the disabled community alike; and
- True advocates of the ADA, who recognize that access and respect are the real issues - not extortion and harassment.

This list reminds me that looking forward is more productive than fretting over what might have been. Citizens Against Lawsuit Abuse has a clear objective – one that is easy to define and encompasses the many. Eliminate lawsuit abuse.

So what now? How do we eliminate lawsuit abuse? There are plenty of ways to make a difference:

- Share our mission with newly elected officials at all levels;

- Seek opportunities to share our message with those who will listen;
- Educate community and business leaders about the importance of doing something to fight lawsuit abuse;
- Gather stories from victims of lawsuit abuse, put a real face on those who lives and businesses have been destroyed;
- Help people understand that this is not an issue of who has the deepest pockets but that your neighbors, friends and even family can be devastated by the despicable actions of a few; and
- Remind all that lawsuit abuse impacts everyone through higher costs on goods and services, destroying local and small businesses, putting people out of work and sending fewer dollars back into our economy.

A lawsuit is filed in this country every 2.8 seconds – you can be certain sure that a substantial amount of those are unnecessary and will only serve to clog our already overburdened court system. I am looking forward to 2009 – we have a new administration that declares itself to be open and forward looking. Here is a very real opportunity to make a big difference without a tax, a fee, a cut or even a bailout. Let's see what happens but let us also make sure we are a part of the solution - not a part of the problem.

Happy Holidays!

Diann H. Rogers,
Citizens Against Lawsuit Abuse

Stay in Touch with Friends and Family Easily, Economically

by David Dickstein

It's that time of year again where we often make that extra effort to get in touch with friends and family for a happy holiday greeting. This year, with the entire world's mind seemingly focused on things related to the economy, alternative and inexpensive options exist to get you through.

So, you've got family from West Coast to East Coast and everywhere in between, maybe even on other continents. And if you're not careful, the chatty Cathy in your house — or Carl respectively — and that might be you — will have your phone bill rivaling that of the national debt.

Luckily, this holiday season you can contact everyone you know on every continent and you can do it for free through this wonderful little thing called the Internet.

Here are some wonderful ways to call, chat, video conference, etc.:

- Instant Messaging (IM). What's so cool about IM? First, it's free to get the software, free to chat with friends, and if you've got a Webcam and a microphone, you don't even have to type. You can look at your friend or family member and chat just like you would in person via video conference. But with this option, unlike in person, you have the added benefit of not having to share your holiday cookies.
- Voice over Internet Protocol (VoIP). The name sounds more complicated than it really is. There two VoIP options—you can go and purchase a monthly service plan and use your normal phone — or you can get the totally free route over the Internet with a microphone. That means you can talk with anyone, anywhere on



Earth, as long as they have a connected computer.

Say goodbye to stamps and hello e-greetings. Unlike "snail mail," electronic greetings or e-greetings are customizable and are another way to say, "I'm thinking of you." And it's super simple whether you're a novice or Internet guru. All you need is your list of email addresses and you're a few clicks away from sending your friends and loved ones personal greetings that are funny, cute, touching and interactive. And you can schedule the time when they go out -- today, tomorrow, three weeks from now, whenever.

To find e-cards simply type "free e-cards" or "e-greetings" into your favorite search engine — or you can try out Blue Mountain, Hallmark and American Greetings' Web sites.

If you're into those form letters people send out with their holiday cards, there is nothing better than having access to a computer with a good word

processing program. With so much available (free) clip art options, along with your own photo library of digital images, you can create a personal newsletter-like form letter that's the ultimate show-and-tell as to where you've been in the last year. Not only that, you can email it to friends and family members, no stamp required. Even better, consider creating a holiday photo blog — simply send a link and they can point, click, and see and read the wonderful things you've been doing all year long.

More information on all of the above options and ideas is available at PC.com, a new consumer Web site for those who might be intimidated by personal computers or wince at the thought of using or buying one. If you are looking for a new computer to do all these wonderful things with, consider PC.com's matchmaker tool. It'll connect you with your perfect PC to get you through the holidays and beyond.



straight talk for teens by teens

Heroin involved in girl-girl drama

by Lauren Forcella

Dear Straight Talk: I was best friends with "Abby" until she got new friends and started drinking and taking drugs. It scared me because my dad was a heroin addict and I don't see him anymore. I made a new best friend, "Suzie", and for the first time I felt happy and fit in. Then, on school trip, Suzie, Abby and I were placed together. This prompted Abby and I to become closer again, but Suzie didn't like Abby, so Suzie dumped me and I was so hurt I hated her for it. I doubted my friendship with Abby would survive, but I had nobody else. Sure enough, Abby lashed out at me horribly when I expressed concern for another friend, "Gina", (who sleeps around, has a drinking problem, and has done heroin a few times). She called Gina's lifestyle "liberating" and accused me of being "up myself". Also, Abby kept telling me she wanted to corrupt me, which made me realize what a bad friend she was. Now I've separated myself from Abby and Gina and want to be friends with Suzie again. Crawling back to Suzie might not be the best choice, but she was the best friend I ever had. Trouble is, when Suzie dumped me I said mean things about her and I'm afraid Abby and Gina will tell her and ruin things.

What should I do? And why did Abby want to corrupt me? — "Sarah"

Dear Sarah: Please let every word from Rose and Kenny soak in. Advice doesn't get better. To "observe your life patterns" as Rose so importantly suggests, I urge you to work with a counselor.

From Rose, 21, Auburn, CA: First of all, stop thinking of it as "crawling back." Everyone makes mistakes and owning up, apologizing, telling the whole truth — that is how to repair things. Before Gina and Abby beat you to it, confess to Suzie. You can't take back the past, but this will give you another go.

Why would Abby want to corrupt you? A million reasons. Maybe she doesn't like herself. If she makes you bad, then she's not that bad. Or maybe she's a bully who enjoys hurting people.

What's more important is why you were attracted to her — twice. She probably reminds you of your dad. My mom was a drug addict and now I realize that all my boyfriends were either drug addicts or alcoholics. There is this desire to make the drug addict love you because addicts always love their drug more than you. I couldn't get the love from my mom, (you couldn't get it from your dad), so people like us

find another addict to prove to ourselves we can get it. We figure this love will save everyone. I wish I would've realized this when I was younger. It just clicked for me recently, after Zach, my boyfriend of three years, died of a heroin overdose.

I can't stress how dangerous heroin is. You need to really observe your life patterns and decide what kind of people to hang with.

From Kenny, 20, Fresno, CA: Bottom line: stay away from heroin and people who use it. Don't risk being tempted to try it. A lot of kids snort it and smoke it because they've snorted coke or smoked pot or cigarettes, so it seems familiar and safe. It's easy to empty the tip of a cigarette, add a pinch of "black tar" (which is everywhere out there), and inhale — or mix it with water and snort it. Plus, in today's pill culture, kids already use opiates: Vicodin, Codeine, Oxycontin, Percocet, so it's not a big leap to heroin because there's familiarity on all these levels. I have a friend who snorted it over break, then started smoking it. Within two months he was giving oral sex to the dealer to pay for the drug.

Write to Straight Talk at www.StraightTalkForTeens.com or PO Box 963, Fair Oaks CA 95628

USAF Thunderbirds Headline 2009 California Capital Airshow

Airshow Caps Sacramento Area Air Force Week Activities

Today, the 2009 California Capital Airshow was announced as host for the 2009 USAF Thunderbirds September 12-13, 2009 at Mather Airport during the International Council of Airshows Convention in Las Vegas, NV. In addition to confirmation of the USAF demonstration squadron, Sacramento will also host Air Force Week.

"With Sacramento's long history of Air Force presence at two former Air Force bases that have been successfully converted to civilian use, we are thrilled to have the USAF Thunderbirds back at Mather Airport for the 2009 California Capital Airshow" said G. Hardy Acree, California Capital Airshow Board Chair. "Designation as one

of three cities to host Air Force Week in 2009 serves as recognition of the region's rich aviation heritage and support of our service men and women."

The September 2009 show will mark the Thunderbirds' second appearance at the popular Northern California airshow. In addition, the show will host an impressive array of military and law enforcement aircraft, aerobatic and specialty performers, vintage and amphibious aircraft, new aircraft displays, and colorful warbirds.

"We are excited to welcome the Thunderbirds back to the Sacramento region as our headliner," said Darcy Brewer, California Capital Airshow Executive Director. "With the

number of aircraft on static display and the thrilling lineup of civilian and military demonstrations, the show is not to be missed."

Air Force Week culminates with the 2009 California Capital Airshow at Mather Airport September 12-13. The show features performances by the U.S. Air Force Air Demonstration Squadron, the Thunderbirds.

Tickets for the 2009 California Capital Airshow as well as details regarding the event are now live at www.californiacapitalairshow.com

General admission tickets are available for \$12 (\$20 at the gate), reserved seats are available for \$40 and Governor's Club tickets that include VIP parking are available for \$175.

Citrus Heights City to Limit Construction to Ease Holiday Traffic

To better control the holiday traffic and increase safety through the holiday season, the City of Citrus Heights will be limiting the amount of construction allowed in the right-of-way through the City's major collector streets. The City's construction moratorium will be in effect as of Friday, November 21, 2008 and will run through

Friday, January 2, 2009. The streets included in this moratorium are as follows: Antelope Road, Auburn Blvd., Dewey Drive, Fair Oaks Blvd., Greenback Lane, Madison Avenue, Old Auburn Road, San Juan Avenue, Sunrise Blvd., Sylvan Road, Van Maren Lane. The only work permitted in the roadways between November 21, 2008 and

January 2, 2009 will be emergency work and work approved by the City of Citrus Heights General Services Director, City Engineer, or Construction Inspector. All other work will need to be suspended until after January 5, 2009. If you have any questions, please feel free to call the General Services Department at (916) 727-4770.



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Mike Finnerty

Grant Selected for State Bowl!



Koniseti had three TDs in the third quarter

Front Page Sports

The California Interscholastic State Bowl bid didn't come their two years ago when they finished with an undefeated record and a section championship, but for the Grant Pacers football team there is no time like the present.

Sunday afternoon, the Pacers were selected to play in the Open Division game of the CIF State Bowl Championships where they will take on Long Beach Poly of Southern California. The game will take place Saturday, 8:00pm, at the Home Depot Center in Carson, California.

The Selection Committee, comprised of the 10 CIF Section Commissioners, has selected the following teams to participate in the 2008 CIF

State Football Championship Bowl Games Presented by Farmers.

"I was impressed with the Selection Committee, added Event Director Ken Gunn. "They showed depth of knowledge, thorough evaluation of all potential entrants and worked exceptionally well together."

The Pacers (13-0), who play in the Metropolitan League, are coached by Mike Alberghini. Long Beach Poly (14-0, 6-0), the Pac-5 Division Champion from the Southern Section. The Jackrabbits, who play in the Moore League, are coached by Raul Lara.

Grant finished the season undefeated, including a pair of wins against state champions from Idaho and Utah. Its win against Alta (Sandy, Utah) represented the highest

ranked team that anyone from Northern California defeated this season. The Pacers' high-powered offense scored more than 30 points in all but one of their games. They defeated highly rated Granite Bay in the Section playoffs and also earned victories against Burbank in both league and Section finals.

Long Beach Poly won its Section championship with a come-from-behind 20-17 victory against Tesoro Saturday night in the Pac-5 Finals. The Jackrabbits won their second consecutive Pac-5 championship, the toughest division in the Southern Section. They also began the season against Miami Northwestern who is playing for the Florida 6A State Championship.

Courtesy of press release from the CIF

Del Oro Wrestlers Top Oak Ridge in Finals of Natomas Duals

Front Page Sports

Entering this season, the Del Oro High wrestling coach, Dave Sanchez, knew he had a pretty good team. Saturday at Natomas High School in Sacramento, Del Oro showed they were one of the best teams in the area after going 5-0 in the 32-team Natomas Nighthawk Duals, culminating with a 40-30 win over the defending Division II Section Champion Oak Ridge Trojans.

In the tournament semi-finals, Del Oro beat host Natomas 55-11. Prior to

that, the path to Del Oro's tournament success included wins over Freedom High (ranked # 2 in the North Coast Section), Reno (58-16), and Rosemont (78-0).

"It was a great team effort all day," said Sanchez. "We are very proud of the team. This is just the first contact of the season, so there is a lot of work ahead for the team."

There were several great individual performances by Del Oro on the day, beginning with freshman Austin Branum who went 5-0 at 125 pounds that included some impressive

victories over several talented wrestlers. Sophomore Kevin Burrage also went 5-0 at 140 pounds. Juniors Jesse Stafford went 5-0 at 145 pounds, and Tyler Alexander went 4-0 at 171 pounds. Seniors Connor Morgan (130 lbs), Corey Johnson (135 lbs), Justin Mcguire (215 lbs), and heavyweight Bobby Gallagher all went 5-0.

Next weekend Del Oro will be at the Zinkin Classic at Buchanan High school in Clovis where the top two teams in the state will be competing, including Clovis High, the defending state champions.

River Cats Field Staff to Return for 2009 Season

West Sacramento, Calif. – The Sacramento River Cats and Oakland Athletics announced today that Manager Todd Stevenson and the entire 2008 River Cats Field Staff will return to Sacramento for the 2009 season. Stevenson will enter his second season as River Cats Manager, once again joined by Pitching Coach Rick Rodriguez, Hitting Coach Brian McAm and Athletic Trainer Brad LaRosa.

Stevenson guided the River Cats to a Pacific Coast League and Triple-A Championship in his first season as River Cats Manager in 2008. The River Cats finished 83-61 in the PCL regular season to earn the Pacific Conference Southern Division crown and pave the way for the team's championship run.

"Our first season together as a staff couldn't have been any more remarkable," Stevenson said from his home in Arizona. "Sacramento fans are the best in baseball and I look forward to another great year."

Stevenson spent 2007 as manager of the Athletics' Double-A affiliate Midland RockHounds and the previous two seasons (2005-06) at the helm of the Single-A affiliate Stockton Ports. He has a lifetime managerial record of 297-264. The 37-year-old Los Angeles native joined the A's organization in 2004 as

the hitting coach for the short-season Single-A Vancouver Canadians. He spent the previous five seasons in the St. Louis Cardinals farm system at Single-A Palm Beach (2003), Single-A Potomac (1999; 2001-02) and Single-A Peoria (2000).

Stevenson had a seven-year playing career that included major-league appearances with Detroit (1995) and San Diego (1996). He finished his minor league career in 1998 with Triple-A Memphis of the Pacific Coast League. Stevenson was originally drafted out of Culver City (Calif.) High School by the Cardinals in the sixth round of the June 1989 amateur draft but elected to attend Arizona State University. Three years later, in 1992, he was a first-round draft pick (25th overall) by the Toronto Blue Jays.

Rick Rodriguez, 48, will serve his ninth season as Sacramento's pitching coach

in 2008. After three years with the River Cats from 2000-02, he managed the Modesto A's in 2003 before returning to the Cats in 2004. Prior to his first stint with the River Cats, he was pitching coach for Modesto in 1999. Last year, Rodriguez's pitching staff had an ERA of 4.41, 2nd best in the PCL.

Rodriguez played parts of four seasons in the major leagues as a right-handed pitcher. In his major league career, he compiled a 3-4 record and a 5.72 ERA in 31 games. He played in the majors with Oakland (1986-87), Cleveland (1988) and San Francisco (1990).

Brian McAm, 39, is the third hitting coach in the club's history. Last season, his fourth with the Cats, Sacramento hitters batted .270, was third in home runs (177) and second in walks (551). The 177 round-trippers set a River Cats team record. He replaced Joe Sparks in 2005, who serves the Oakland A's as their major league advance scout. Roy White was the River Cats' hitting coach for their first four seasons, from 2000-03.

This season will mark McAm's 12th as a hitting coach in the A's organization, his 13th as a coach in professional baseball. Prior to joining the Cats, he served as Hitting Coach for Midland, after six seasons with Modesto (Single-A). McAm began his professional coaching career with the Vermont Expos (Single-A) of the New York-Penn League in 1996.

Whitney Crowned D-IV Champs!



Taylor Irwin looks for an opening

Front Page Sports

There are teams that go decades without winning a section title in football, and some that have never won a title in their school history, but the Whitney Wildcats (Rocklin) are now the rare exception.

With Whitney opening its doors to the public for the first time back in 2005, and the football team playing in only their second season with a senior class, the Wildcats capped of an undefeated season (13-0) Friday night at Folsom High School by downing the Placer Hillman, 35-14, to capture the Sac-Joaquin Sections Division IV title.

"We just had a plan, we stuck with it, and it paid off," said Whitney head coach Mike Gimenez. "I knew we had the talent, but you need some breaks to go your way, and its tough to win three games in a row."

Whitney came close to securing section championship last season after coming out of nowhere to post an 11-2 record, but fell short in the end with a 34-27 loss to Oakdale in the D-IV section championship game. For Gimenez, the feeling is much better when you're on the winning side.

"Last year was crushing. Words couldn't describe how we felt afterwards when we were done, now it's the complete opposite. It's the greatest feeling in the world."

Just as he has done for the last two years, Whitney senior running back Zack Graves was dominant from beginning to end. Graves carried the ball 37 times for 285 yards and three touchdowns to serve as the catalyst for Whitney's offense.

"It feels great right now," said Graves. "We're really excited about the win. We shut them down

in the first half, our offense was rolling, and now we're section champs."

Graves put Whitney on the board on their first possession of the game with a 30-yard touchdown run, his first of three on the night.

Placer came right back on their first possession putting together a 57-yard drive that took the Hillmen down to the Wildcats 23-yard line. Facing a 4th and 8, Placer attempted a 41-yard field goal only to have the kick blocked by the Whitney line and returned for a 70 yard touchdown by Whitney's Taylor Irwin.

Up 14-0 after the first quarter, Whitney's offense continued to chew up yards on the ground mounting drives of 67 yards and 83 yards that ended with rushing touchdowns by Irwin (21-yards) and Graves (3 yards) that upped Whitney's lead to 28-0 midway through the second quarter that held until halftime.

Needing some sort of break to get back in the game, Placer got what they needed when defensive back Seth Parrish recovered a fumble at the Whitney 2-yard line with 5:01 left in the third. Two plays later, Placer scored for the first time in the game when quarterback Matt Ross found Asher Gotzmer in the left corner of the end zone for a 10-yard touchdown pass that cut the lead to 28-7.

Whitney's offense started to slow down a bit in the second half, which opened the door for Placer to get back in the game. The Hillmen defense held the Whitney offense to no points for the third time in the second half, while Gotzmer (19 carries, 126 yards) and Ross (77 yards passing, 47 yards rushing) led the Placer offense down the field on a 46-yard drive that cut the lead to 28-14 when Ross scored in

a 1-yard keeper up the middle with 5:02 left in the game.

Following the ensuing kick off, and with a slight shift in the game's momentum starting to go Placer's way, Whitney got the ball the 50-yard line and needed just one play to end the game for good. A handoff to Graves around the right side resulted in a 50-yard touchdown run that essentially sealed the victory for the Wildcats.

"The offensive line opened holes all night, and if he (Graves) is going to find them, it's going to be tough," said Gimenez.

Placer's final two plays on offense ended with a sack for a loss, and then a fumble that was recovered by Whitney senior Dominic Pasquale.

In the final two minutes of the game, Graves carried the ball four times that included a 32 yard run that took the ball down to Placer's 2-yard line with only seconds left on the clock. The Whitney offense kneeled down for the final play of regulation as the clock hit 0:00 and the entire Whitney sidelines rushed the field in celebration of their first ever section title victory.

The win was Whitney's second over Placer in the last four weeks thanks to a 34-12 win over the Hillmen in the Pioneer Valley's season finale at Placer High on November 14th.

Now the talk begins about whether Whitney should be considered for a bid to a CIF State Bowl game slated for December 19th in Southern California.

"There's three 13-0 teams in this area, not two. Hopefully we'll be practicing next week so they at least have to give us consideration. Don't forget about us. You've got to at least think about these kids and give us a shot" said Gimenez.

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Sacramento Choral Society Performs Home for the Holidays 2008



Donald Kendrick, Conductor, leads the Sacramento Choral Society and Orchestra

Donald Kendrick, Conductor and Musical Director directed another two elegant performances by the Sacramento Choral Society and Orchestra of the annual event "Home for the Holidays" at the Mondavi Center in Davis on December 13th.

The major orchestral works included the Festive Christmas Overture by David Ott, The Hall Bedecked by Gary Fry, Wexford Carol by Barlow Bradford and Home for the Holidays by Mark Hayes, as well as many other selections.

Kelly Brothers, local television celebrity, narrated "Twas the Night Before Christmas, with the support of the Sacramento Orchestra, while surrounded by his four "very-well behaved" children.

The performance included an audience sing-a-long of many traditional Christmas songs such as O Come All Ye Faithful, The First Noel, Joy to the World and Silent Night, Holy Night.

"We are so pleased with another sold-out performance. We are just so very grateful for all those who have supported us," said James McCormick, President of the Choral Society.

The next performance of the Sacramento Choral Society and Orchestra is scheduled for March 22, 2009 at the Mondavi Center. For more information and to order tickets call 916-536-9065 or go to SacramentoChoral.com.



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Folsom Lake Symphony Orchestra

Folsom Lake Symphony Orchestra Presents A joyful celebration of seasonal Song and Dance Dec 20- 21.

Michael Neumann, Conductor

Performance Dates:

Saturday December 20, 2008 at 7:30pm

Sunday December 21, 2008 at 3:00pm

Featuring Guest Artists:

I. Choral - The Valley Choral Society

Paul Allen, Director

Carol to the King - Wilberg

Jesu, Joy of Man's Desiring - J.S. Bach

The Heavens are Telling (from "The Creation") - Haydn

Gloria (from Mass in G) - Schubert

Ose Shalom - Leavitt

Trinidad Carol ("Virgin Mary Had a Baby Boy")- Wilberg

Hallelujah from The Messiah - Handel

O Holy Night - Rutter

Hallelujah (from the Oratorio Mount of Olives) - Beethoven

II. Dance - The Folsom Civic Ballet

Dance Soloists with Special

Guest - AZAR

Deirdre Hawkins, Director & Choreographer

Selections from the Nutcracker Ballet by Tchaikovsky

Marche, Sugar Plum Fairy, Chinese, Caf (Arabe), Russian, Reed Flutes, Tarantella, Spanish Waltz of the Flowers

Performance at the Jill Solberg Theater at the Folsom High School.

Get tickets on-line at www.folsomsymphony.com

Local Beauties Make a Difference



Mrs. Lucinda White, Mrs. Sacramento • Samantha Carter-Lincoln, Teen Miss California • Karolynn Parker, Pre-Teen Citrus Heights • Stephanie Alvarez, Miss Teen Antelope • Emily Sims, California State Youth Young Miss • Sarah Sims, California State Pre-Teen Miss • Carissa Lolmaugh, Miss N. California Teen • Savannah Thomas, Antelope Princess • Summer French, Miss N. California • Katherine Ramirez, Ms. Citrus Heights Ambassador

California State Youth Pageants, "Let's Make A Difference in 2008" were held recently at two local venues.

The Ms./Mrs. Northern California Representative Classic Women "Let's Make A Difference in 2008" pageant was held at the Clarion Hotel on Auburn Blvd., in Sacramento and the Miss Citrus Heights Scholarship Pageant was held at Rusch Park Auditorium in Citrus Heights. Contestants were judged by sportswear competition, oral presentation and evening gown competition.

Sponsors for the events included Safeway Stores, Mix Master Limousines, Mesa Verde High School Boosters, Cynthia's Dance Center, Terry M. Purvis Company, Elephant Bar Restaurant, Lyon & Associates, Talent Connection, The Balloon Lady, Frank's Carpet, Tom Abbott Photography, Performance Chevrolet, Michael Joe Hair on Computer, Capital Nursery, Extreme Stitch, Music To Go, Artistry

Jewelers, PennysaverUSA, Kniesel's attended the event at Rusch Park Auto Center and the American River Messenger.

Judges for the events were Janice Wright, Renee Bines, Richard Hobbs, Jonnie Wilhite and Angela Dangelo. Over 175 people attended the event at the Clarion Hotel. Well over 100

attended the event at Rusch Park Auditorium.

To find out more about the Miss Teen pageants and how to participate, call the director Mary Purvis at 721-3824. You may also reach her if you are interested in becoming a sponsor, would like to donate or volunteer.



Katherine Ramirez, Ms. Citrus Heights Ambassador • Jennifer Sunahara, Miss Citrus Heights • Kaycee Marie Sturgis, Teen Citrus Heights • Karolynn Parker, Pre-Teen Citrus Heights • Tanya Mullin, Mrs. Citrus Heights

December Corvette of the Month

Carmichael - Ron Holden and Kitty Lund's 1982 Corvette was selected as "Corvette Of The Month" for the month of December by River City Corvettes. Ron and Kitty are Real Estate Brokers with Landmark Pacific Realty in Carmichael. River City Corvettes meets on the first Thursday of each month at 7:00 P.M. The location is the Dante Club at 2330 Fair Oaks Blvd. in Sacramento across from the Pavilions Shopping Center. Guests are always welcome.





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