# AMERICAN RIVER

#### Hometown Heroes



Volume 3 Issue 21

Honoring local military graduates

Page 3

#### Girl Scouts



Local Orangevale Girl Scouts recognized at a special awards ceremony

Page 7

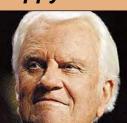
### Gold River Racquet Club



League Leader and National Champions Again!

Page 13

### Happy Birthday



Billy Graham turns 90

Page 16

Serving Citrus Heights, Fair Oaks, Carmichael, Orangevale & Gold River

First Edition for November 2008

# New Fitness Club Brings Life to Shopping Center



Pershing, Cathy Scoto, Mike Putnam, Kevin Babcock

California Family Fitness (CFF) is proud to announce the opening of its' Citrus Heights facility Their newest club, estimated to be 49,000 square feet, is located in Sunray Plaza at Sunrise Boulevard and Antelope Road in Citrus Heights.

"We are thrilled to be a part of the community's growth and development with the opening of our Citrus Heights' facility," said Larry Gury, President and co-founder of California Family Fitness. "Similar to our existing facilities, we are confident that the new club will provide innumerable

health benefits to residents in the Citrus Heights' community.'

The Citrus Heights facility resides in the former Tom Thumb grocery store and is expected to build life and activity into the Citrus Heights shopping center. With the November 1st opening, the community's elected officials and local businesses are eager to see the addition of the CFF facility.

"The City of Citrus Heights is excited to welcome the addition of California Family Fitness to our Miller "In our community

we strive to have active community involvement, thriving businesses, and promote fun family activities. California Family Fitness will provide another outlet for all of our community members, young and old, to enjoy."

The Citrus Heights' facility will provide community members with a variety of amenities such as basketball and racquetball courts, a private women's workout area, and classes for spin and group exercise. The club will also offer City," said Citrus Heights Mayor the renowned "Kidz Klub" for children ages four to eleven, and will include activities such as story time, dramatic play areas, and outdoor playgrounds.

California Family Fitness currently has fourteen different locations based in Northern California. Specific communities include: Carmichael, Carmichael/ Arden, Orangevale, Downtown Sacramento, Elk Grove, Folsom, Avenue Sacramento, Madison I-80, McClellan Sports, Natomas, Rocklin, Rocklin Sports & Fitness, Roseville, and Sunrise-Highway 50. For more information regarding the Citrus Heights facility and grand opening event, please contact Christina Vanskike at 916-448-5802 for further information.

### **Bella Vista Band** Wows the Field!

by Christina Wagner

The award-winning Bella Vista High School Band and Color Guard has added a few more trophies to its mantel after competing in the McQueen Extravaganza, held Saturday, October 4th in Reno, Nevada. There were 12 bands at the contest, and Bella Vista placed first in both marching and color guard categories. The 68-member BV Band and Color Guard performed their "Gangsta Jazz" field show especially well. Even in the face of cold temperatures and the added obstacle of a wind advisory, the Band came within .05 points of winning their Division award and the overall Sweepstakes award.

"I was anxious before the Reno performance," reflects 17-year-old Drum Major Eddie Pineda, son of Edward and Rosalina Pineda. "The Band had worked extremely hard, and I couldn't wait to present our show to the audience." A fourth-year member of the BV Band, Pineda is proficient on both the trumpet and baritone. When asked what prompted him to apply for the position of Drum Major this year, he replied, "The Band needed a strong leader, and I felt I was qualified to fulfill that need. When I was younger, I was a good listener. I believe good listeners become great leaders." Pineda



focuses on his goal of a great performance.

goes on to say that the best thing about his job is "being able to see the students grow as performers and as people. We have a young group and the students are doing an outstanding job of handling their responsibilities. This is one of the most challenging shows the band has ever done, both musically and physically. To me, it doesn't matter whether we finish first or not. I know I'm doing the best I can, and they're giving 100% of their effort each and every day, and that's all that matters."

Pineda and the Band were back in action only days after returning from Nevada, performing at both the BV Homecoming Rally on October 7, and the BV

Homecoming (vs Center High School) on October 10. Both dates provided family and friends a great chance to see just how well the group works together to deliver an entertaining and energetic show. Those wishing to catch the BV Band in action before the end of the marching season are invited to attend their next home football game on Friday, November 14 at their Madison Avenue stadium.

Anyone interested in becoming a part of San Juan Unified's last remaining high school marching band is asked to contact Band Director Ed Moore, at edmoore@ sanjuan.edu. Involvement in a high school band program develops more than just musical skill. It's a chance for students to participate in something that also encourages discipline, leadership, and respect. As Eddie Pineda will acknowledge, "I would like to thank Mr. Moore for giving me this opportunity. He's helped me get to where I am today... I wouldn't be here without him. It is an honor to be the Drum Major for the Bella Vista Band."

**Other Recent Awards** October 18, Del Oro Band Contest in Rocklin:

1st place Division Award 1st place Brass Section Award 1st place Woodwinds Section Award 3rd place (overall) Drum Major Award

October 25, Foothill High School Band Contest in Pleasanton: 1st place Division Award 1st place Color Guard Award 2nd place (overall) Drum Major Award



Twelve bands from California and Nevada competed in the October 4 contest in Reno. Here, the Bella Vista High School Marching Band and Color Guard dazzles the crowd with its "Gangsta Jazz" field show performance. The 68-member group has been practicing this show since early June, and the many hours of work were evident.

### PACE Awards Administrator of the Year to Sacramento Principal Robert Adams

The Professional Association for Childhood Education (PACE) is pleased to announce that Robert Adams, Director/Principal of Creative Frontiers School in Citrus Heights, CA. has been named the Administrator of the Year for the State of California in 2008. This award will be presented to Mr. Adams at the 39th Annual Fall State Conference being held October 17th – 19th at the San Francisco Marriott Hotel in Burlingame.

This recognition is made by PACE: The Professional Association for Childhood Education - the second largest statewide organization for the profession of childhood educators (in PACE has represented private preschool and elementary educators through the state of California as well as nationally with a grass roots level

approach to politics. PACE also provides various training programs for administrators, directors, teachers, business professionals, community leaders, legislators, and advocates who are committed to quality education and development for the children of California. This prestigious award is given in

recognition to the more than 40 years Adamshasservedonvariouseducational

committees and consortiums at the local, county & state level. At the same time, he was the founder and continues to administrate Creative Frontiers School in Citrus Heights, which is recognized as one of only seven private elementary schools in Sacramento County accepted by \*WASC as a Candidate for Accreditation. ("WASC" is the Western Association of Schools & Colleges and has accredited many prominent private schools such as Caltech, USC and Stanford). We are very proud to be bestowing this state-wide award to such a committed administrator and leader from the Sacramento educational community.

### Grand opening of 149,000 square feet of exercise room Citrus Heights' Community **Higher Education Fair**

Childhood Education (PACE) is pleased to announce

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This recognition is made by PACE: The Professional Association for Childhood Education - the second largest statewide organization for the profession of childhood educators (in size, just behind CTA: The California Teachers Association). Since 1955, PACE has represented private preschool elementary educators through the state of California as well as nationally with a grass roots level

approach to politics. PACE also provides various training programs for administrators, directors, teachers, business professionals, community

leaders, legislators, and advocates who are committed to quality education and development for the children of California.

This prestigious award is given in recognition to the more than 40 years he has devoted to the education and development of young children. Mr. Adams has served on various educational committees and consortiums at the local, county & state level. At the same time, he was the founder and continues to administrate Creative Frontiers School in Citrus Heights, which is recognized as one of only seven private elementary schools in Sacramento County accepted by \*WASC as a Candidate for Accreditation. ("WASC" is the Western Association of Schools & Colleges and has accredited many prominent private schools such as Caltech, USC and Stanford). We are very proud to be bestowing this state-wide award to such a committed administrator and leader from the Sacramento educational community.

### Teachers Association). Since 1955,

size, just behind CTA: The California

he has devoted to the education and development of young children. Mr.

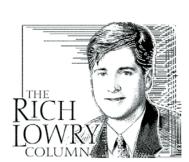
### **Community Business Forum – Anti Camping Ordinance**

The Citrus Heights Regional Chamber's Economic Development Committee, under the direction of Trish Dawson, Vice-President of Economic Development, is hosting a Community Business Forum in combination with the Citrus Heights Police Department to discuss issues related to the City's new Anti-Camping Ordinance.

November 13th 11:30 am to 1:00 pm at

the Citrus Heights Police Department's Community Meeting Room at 6315 Fountain Square Drive A hosted lunch will be provided. The Citrus Heights Police Department's two POP (Problem Oriented Policing) Officers, Ryan Kinnan and Alexi Fanapoulos will discuss security issues along with crime prevention.

RSVP for this event to the Chamber at Chamber@ChChamber.com or call (916) 722-4545.



America as we know it might not exist without the battles of Saratoga and Yorktown, without Gettysburg and Antietam. The world the United States shaped so decisively in the 20th century might have looked different if it weren't for Normandy and Midway.

Battles are so important to history that their names alone -- Vienna, Waterloo, Stalingrad -- can evoke the beginning or end of epochs and empires. Violent conflict is one of the most persistent characteristics of human history, and warfare features the interplay of strategy, weaponry, chance, logistics, emotion and leadership. It is the occasion for folly and brutality, and -- as we remember on Veterans Day -- heroism and sacrifice.

It is for all these reasons that books and TV programming on warfare are so popular; their subject is both fascinating and important, history at its most consequential and dramatic. Nonetheless, military history has been all but banished from college campuses. In an article on this strange deficit in the National Review, John J. Miller chalks it up to "an ossified tenure system, scholarly navel-gazing and ideological hostility to all things military."

History departments dominated by a post-Vietnam generation of professors for whom bottom-up "social history" is paramount, and the only areas of interest are race, sex and class. History focusing on great events and the "great men" central to them is retrograde -- let alone military history that ipso facto smacks of militarism. Hence, the rout of military history from the academy that Miller catalogs.

Edward Coffman, a former military historian at the University of Wisconsin, studied the 25 best history departments

### The War on Military **History**

according to U.S. News & World Report rankings and found that a mere 21 professors out of more than 1,000 listed war as their specialty.

The gatekeepers of the profession practically proscribe traditional military history. John A. Lynn recently looked back at the past 30 years of the prestigious academic journal The American Historical Review. He found no articles on the conduct of World War II. the American Revolution or the Napoleonic Wars. There were articles that discussed atrocities in the English Civil War and in the American Civil War and an article on World War I -- on women soldiers in the Russian army.

That military history has been chased from the academic field is especially perverse given that, when the classes are offered, they are popular with students. And military history, as a discipline, is as vital as ever. Writing on the American Heritage's Web site, Sarah Lawrence College professor Frederic Smoler argues that "the past 30 years have seen a brilliant expansion in the intellectual and methodological breadth of military history," beginning with the publication of John Keegan's 1976 classic "The Face of Battle."

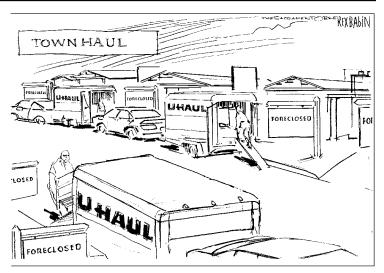
None of this is enough to overcome the deep intellectual bias against military history. New Republic contributing editor David A. Bell locates that bias deep in the social sciences: "The origin of these sciences lie in liberal, Enlightenment-era thinking that dismissed war as primitive, irrational and alien to modern civilization."

Brave men always will be necessary to defend freedom, and what they have done deserves to be remembered, and studied.

Rich Lowry is editor of the National Review.

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### Damn the Economy! Full Taxation Ahead!



by Jon Coupal

These are creepy times for taxpayers the creepiest in memory. Between the state and local ballots, there are hundreds of measures that would increase the burden on taxpayers. If all or most of these tax increases and bonds pass, it will be Halloween every day as taxpayers are compelled to dole out big dollar treats to our political class.

Much of the cause of this tsunami

of tax increase proposals is due to the Obama phenomenon. Political consultants have told their clients in government that this is an ideal time to put tax measures on the ballot because the presidential candidate is driving low-income voters to the polls who will be inclined to support higher taxes for those they see as more prosperous than themselves.

Cynical politicians have gleefully taken the advice, and are proceeding with a policy that can best be summed up as -- with apologies to Admiral Farragut -- "Damn the economy! Full taxation ahead!" How else can they ignore the fact that our state is in a recession and taxpayers are in a vice?

Unemployment is at 7.7 percent, and predictions are that it will go up from here. The home foreclosure rate is setting records, and we continue to see an out-migration of citizens according to the State Department of Finance. And California already rates sixth in the nation in tax burden.

The Wall Street meltdown is threatening the savings of many and threatening those already retired. Additionally, CalPERS and other

funds that provide for public employee retirement have lost, in some cases, as much as 25 percent of their value over the past year.

The chickens are coming home to roost. Bad judgment by elected officials who agreed to contracts with public employee unions based on unrealistic projections of economic growth is resulting in billions of new obligations for already stressed taxpayers who now must guarantee a secure retirement for government workers as their own fortunes sink.

Adding to the uncertainty is the possibility that if Barack Obama is elected president there will be arguments out of Washington that anyone who is already paying income taxes is "rich" and should be prepared to contribute to the welfare of those who pay no taxes.

Unfortunately, in spite of our dire circumstances, California's airwaves are being saturated with false advertising portraying state bond measures as benefiting the economy or as having no impact on taxes. Propositions 1A, 3 and 10 would result in \$32 billion in additional debt,

including interest, which must be paid from the general fund. This means that there will be less for other important state programs. Powerful interests supporting education, transportation and law enforcement will not sit idly by while their budgets are cut to pay off bonded indebtedness, which is so high -- even without this new borrowing -that Wall Street considers California a poor credit risk. The clamoring for new tax increases will be deafening.

So, in a way, this election is the opposite of Halloween. Instead of innocent children wearing spooky costumes, those knocking on taxpayers' doors are tax increase monsters trying to look benign by hiding behind false images of children, a green economy and high speed transportation for all.

Taxpayers would be wise not to open the door.

Jon Coupal is President of the Howard Jarvis Taxpayers Association -- California's largest taxpaver organization -- which is dedicated to the protection of Proposition 13 and promoting taxpayers' rights.

### Fleeting Freedom: The Indecent Assault on Broadcasters

by Don Watkins

The fleeting expletive case before the Supreme Court is about more than broadcasters' ability to air dirty words--it's about whether "community standards" should be allowed to override free speech.By Don WatkinsAs the Supreme Court prepares to hear arguments Nov. 4 in the so-called fleeting expletive case, Federal Communications Commission v. Fox Television Stations, it's clear that much more hinges on its outcome than broadcasters' ability to air dirty words.

The FCC has had the power to fine broadcasters for "indecent" speech for decades. But following Janet Jackson's infamous Super Bowl wardrobe malfunction in 2004, the government declared all-out war on indecency. Congress increased the maximum penalty per infraction tenfold, from \$32.500 to \$325.000; the FCC started issuing fines left and right; and Congressman James Sensenbrenner went so far as to recommend jail time for broadcasters who violated "indecency" guidelines. At the same time, the FCC began issuing fines for fleeting expletives. Suddenly a star's offhand comment on live TV could cost broadcasters hundreds of thousands of dollars.

In the midst of all this, one question never got answered: just what is "indecency"? The Supreme Court had defined it as speech that "depicts or describes sexual or excretory activities and organs in terms patently offensive measured by contemporary community standards." But which Americans count (and don't count) as part of the community? Why are they king? And how are broadcasters to divine their supposedly shared standards? In response to these unanswerable questions, the FCC issued a hodgepodge of rulings in specific cases and told broadcasters, in effect, "You figure it out."

Multiple uses of expletives in Martin Scorsese's PBS documentary The Blues? Indecent, said the FCC. Multiple uses of those same expletives in the movie Saving Private Ryan? Not indecent. Suggestion of teenage sexual activity on CBS's Without a Trace? Indecent. Graphic discussion of teen sexual practices on Oprah? Not indecent. Bono's use of the "F-word" during the 2003 Golden Globe awards? Even the FCC wasn't sure about that one. Initially it said the word was not indecent, but later changed its mind and started handing out the fleeting expletive fines at issue in FCC v. Fox

So what is a broadcaster to do? Engage in self-censorship, cutting any material that regulators might declare

Defenders of the war on indecency admit that the FCC's regulations are murky. But without such restrictions, they say, Americans will be helpless

against the stream of offensive programming pumped into their homes: either we allow the government to wield arbitrary power over broadcasters, or we give broadcasters arbitrary power to subject us to filth.

What this argument ignores is that broadcasters' power is not arbitrary. They must earn their market by offering programming Americans choose to consume. We choose to buy a TV (or not). We choose to pay for cable (or not). We choose which channels we and our children watch. Broadcasters can't force us to watch offensive programming any more than an author can force us to read an offensive book.

This is the meaning of free speech: people have the right to say whatever they want, no matter how offensive-and we remain free to listen or not. We don't have to abide by the opinions, prejudices, and errors of our neighbors, but can judge for ourselves whether something is true or false, art or trash, insightful or indecent.

But once the government becomes the enforcer of "community standards," no speech is safe. How long until, say, the Bible Belt declares that the theory of evolution is offensive, corrupts young minds, undermines community values, and must be suppressed? This question is not academic. Bolstered by the indecency precedent, efforts are already underway to regulate "excessively violent" broadcasts.

And if the government can suppress

speech "the community" allegedly deems offensive, then why can't it force broadcasters to engage in speech "the community" allegedly regards as good? In fact, it already does so: Univision was recently fined \$24 million for failing to air a sufficient amount of educational children's programming. On the antiindecency movement's premises, judging the value of programming is not the prerogative of broadcasters, who decide what to air, or viewers, who decide what to watch--it's the prerogative of "the community" (and its self-appointed spokesmen).

This is what is at stake in FCC v. Fox Television. The question is not whether fleeting expletives are indecent, an issue that individuals have a First Amendment right to decide for themselves. It's whether the Constitution grants government the power to trample on freedom of speech, using non-objective laws to dictate what we can say and hear on the airwayes. The Supreme Court should take this opportunity to respond with an emphatic "No!" Anything less would be indecent.

Don Watkins is a writer and research specialist at the Avn Rand Center for Individual Rights. The Ayn Rand Center is a division of the Ayn Rand Institute and promotes the philosophy of Ayn Rand, author of "Atlas Shrugged" and "The Fountainhead.

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# American River

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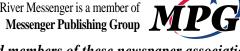
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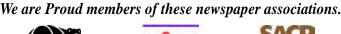
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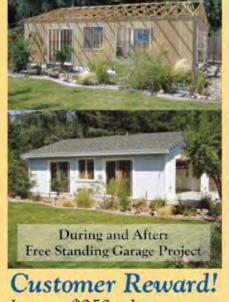












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### Military Graduates Hometown News



Air Force Airman Caren A. Williams has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and military customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate in applied science degree through the Community College of the

She is the daughter of Michelle and John Williams of Los Amigos Drive, Rancho Cordova, Calif.

Williams is a 2008 graduate of Walnutwood High School, Rancho



Air Force Airman 1st Class David **R.** Neely has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and military customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate in applied science degree through the Community College of the Air Force.

He is the son of Linda Vest of Don Juan Drive, Rancho Cordova, Calif.

Neely is a 2000 graduate of Kinney High School, Rancho Cordova.

Army Reserve Pvt. Daphne R. Nunes has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, foot marches, and field training exercises.

Nunes is the granddaughter of Nina Richmond of Patton Ave., Citrus Heights, CA, and Rick Phillips of S. Tipton St., Visalia, CA

In 2005, the private graduated from Bella Vista High School, Fair Oaks,

Army Pvt. Raphaelle T. Jones has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the Army mission, history tradition and core values physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military

justice system, basic first aid, foot marches, and field training exercises.

Jones is the son of Dwayne Bobbit of Canyon Oak Drive, Citrus Heights, CA, and stepson of Tama Wagner of N. 22nd St., St. Joseph, Mo.

In 2007, the private graduated from Del Campo High School, Fair Oaks,

Army Pvt. Ian S. Greene has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, foot marches, and field training exercises.

Greene is the grandson of James Greene of Hans Engel Way, Fair Oaks,

Department of the Army Civilian Susan L. Turley Arrival For Employment at Huntsville Corps of Engineers

Turley, an attorney, is assigned to the Office of Counsel, U.S. Army Corps of Engineers, Huntsville, Ala.

She is the daughter of Dudley S. and

Marilyn Welker of N. College Ave., Thatcher, Ariz.

Her husband, Carl, is the son of Carl and Sue Turley of Knightwood Way, Rancho Cordova, CA

In 1978, Turley, graduated from Thatcher High School, and received a bachelor's degree in 1983 from the University of Arizona, Tucson. She earned a law degree in 1995 from the University of Texas School of Law, Austin.

Army Pvt. Joshua R. Zimmerman has graduated from Basic Combat training at Fort Sill, Lawton, Okla.

During the nine weeks of training. the soldier studied the Army mission and received instruction and training exercises in drill and ceremonies, Army history, core values and traditions, military courtesy, military justice, physical fitness, first aid, rifle marksmanship, weapons use, map reading and land navigation, foot marches, armed and unarmed combat, and field maneuvers and tactics.

Zimmerman earned distinction as an honor graduate.

He is the son of Liane Zimmerman of Winding Oak Drive, Fair Oaks, CA

Army Pfc. Ryan M. Llamas has graduated from Basic Combat training at Fort Sill, Lawton, Okla.

During the nine weeks of training,

the soldier studied the Army mission and received instruction and training exercises in drill and ceremonies, Army history, core values and traditions, military courtesy, military justice, physical fitness, first aid, rifle marksmanship, weapons use, map reading and land navigation, foot marches, armed and unarmed combat, and field maneuvers and tactics.

Llamas is the son of John Alberti of Ranch Ave., Citrus Heights, CA

In 2008, the private graduated from the Highlands Academy of Arts and Design, North Highlands, CA

Army Pvt. James E. Siebrase has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, foot marches, and field training exercises.

mother, Siebrase's Montgomery, resides on Merrywood Drive, Rocklin, CAIn 2005, the private graduated from Bella Vista High School, Fair Oaks, CA

### **Merrill Gardens Honors Veterans** With Flag Ceremony

Veterans living at Merrill Gardens at Citrus Heights will be marking this Veteran's Day, November 11th 2:00pm, with an event that includes a flag retirement ceremony. This is the proper way to dispose of a flag that has become worn, torn, faded

or soiled. Anyone who has a flag that needs to be retired is invited to attend. Each of the Veterans living at Merrill Gardens at Citrus Heights will be introduced and they will have a chance to share their living history stories.

Please call Cathy Reuter, Merrill Gardens Public Relations, at 916-725-7418 for more information. Visit Merrill Gardens at Citrus Heights, 7418 Stock Ranch Road, Citrus Heights, CA 95621

### **Local Elementary School Students** To Honor Veterans

The Sacramento VA Medical Center in Mather, California, will host a Veterans Day Celebration Visitation on Tuesday, November have served their country. 11th, by twelve Elementary students from St. John the advocate and WWII veteran Joe Evangelist Catholic School, Third Grade Teacher, Cynthia Camalita, staff, parents, and Mr. Joe Fraccola. Students will visit with veteran outpatients and inpatients and worked with Ellen Burns Gemma,

presents hand made Veterans Day Greeting Cards to honor veterans of all services and all wars who

In 1999 local area veterans Fraccola organized a patriotic community project to honor our nation's veterans at the Sacramento VA Medical Center. Mr. Fraccola former Principal of St. John the Evangelist Catholic School in Carmichael, in organizing a project for elementary students to make Veterans Day Greeting Cards and present them to patients at the medical center. Now in its 10th consecutive year, the project has been extremely successful with VA veteran patients, family members, staff and the students.

### **Kids Night Out**

Bring the Outdoors In Pizza, Movie, Games, Snacks, Leaf pile to jump in, Crafts, and much more!

Early Bird Special \$13 if you Register before Nov. 7th Regular Fee: \$18 (\$22 NR)

Kids, ages 5-12 years, enjoy an evening of fun activities while parents take the night off! Our experienced staff will keep children entertained in a safe and friendly environment. Register today and everyone can look forward to a fun night out!

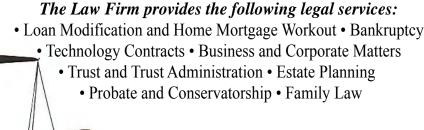
Hosted by the Orangevale Recreation & Park District, located at 6826 Hazel Ave. Orangevale. For more information please call (916) 988-4373.

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### Thank You for Your Sacrifice men like Raymond Jacobs

Veterans Day: A Day to Thank **Those Who Have Served** 

by Senator Sam Aanestad

President Ronald Reagan once told us that; "Some people live an entire lifetime and wonder if they have ever made a difference in the world, but the Marines don't have that problem."

On November 11th, we honor and celebrate veterans here in California and throughout the United States who have bravely served our country. Our nation's more than 23 million veterans deserve our commendation and respect for upholding the traditions and values that embody what it means to be an American. We also must not forget those who valiantly served and sacrificed their lives for our freedom.

The recent passage of the Senate Republican sponsored Gold Star Family License Plate law -which allows families to honor U.S. Armed Service active duty members who died while serving their nation - reminds us that Veterans Day is also about the sacrifices made by families and loved ones.

Other Senate Republican sponsored legislation passed this year would provide for the continuation of the Cal-Vet Home Loan program. This program helps veterans and active duty personnel American achieve the Dream of homeownership making low-interest financing available qualified veterans.

Veterans and their families

have sacrificed so much to preserve our way of life. That's why I proudly authored SB 630 last year on behalf of all veterans in California. The measure authorized \$30 million in lease revenue bonds from the Public Buildings Construction Fund to prevent any further delays with the construction efforts of Veterans Homes in both Redding and Fresno. California's veterans have always answered the call of duty and it is their selfless service that continues to inspire. Veterans Day celebrations

began in November 1919 when the Armistice was signed at the conclusion of World War I. President Woodrow Wilson spoke these words: "To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations..."

With the ongoing wars in Iraq and Afghanistan, this message of noble service still rings true today. What was first known as Armistice Day, and a celebration of those who served in World War I, was officially renamed Veterans Day in 1954 by President Dwight D. Eisenhower. The holiday now honors veterans who served in both times of war and peace.

It is on this day that we remember the sacrifices of

Redding, who died earlier this year.

Jacobs was one of the six United States Marines who raised the first American flag on Mount Surabachi on Iwo Jima on February 23, 1945. This flag was later replaced by the flag in the famous flag raising photograph taken by Joe Rosenthal of the Associated Press. He was the last survivor of either group of flag raisers and is now at rest in the Northern California Veterans Cemetery.

Northern California is home to thousands of men and women who have served this country during wartime, like Quincy's Joe Knadler. He served in the U.S. Navy for almost 12 years and was one of many teenage boys during World War II who didn't let their youthful age prevent them from entering military service and fighting for our freedom.

Veterans like Raymond Jacobs and Joe Knadler have my deepest respect and gratitude as do those who served in Vietnam and still others who are serving in Iraq and Afghanistan today.

Take the opportunity this November 11th to thank your neighbors and friends who have answered the call to serve our Northern California communities. I am proud of all of our California veterans and will continue to do whatever I can to show my appreciation for their selfless service.

Senator Sam Aanestad proudly serves the 4th Senate District covering 12 Northern California counties.

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### straight talk for teens

### When friends want to cheat off you

by Lauren Forcella

Dear Straight Talk: I'm a freshman in high school taking advanced placement classes. I work hard for my grades. As I was leaving Civics recently, after a turning in a test, "Lisa," who was sitting by the door, asked for the answer to one of the questions. I didn't know what to do, so I told her. Then she kept asking about question after question and I kept giving her the answers. It was end of class, so everyone was making noise, and this teacher is oblivious anyway, but still, I didn't like it. Then, when I got an A, and Lisa got an A, too, it made me kind of mad. How can I stop kids from cheating off me without being a snob? It sometimes happens over the phone, too, with friends copying sections of my essays word-for-word. I just don't know how to tell them not to. I want to

have friends. — Lodi, CA From Betsy, 20: I know you want people to like you, but don't sell out. I used sarcasm as my weapon. Someone would whisper, "What's number six?" and I'd say, lightly, "Wouldn't you like to know!" They soon stopped bugging me.

next to me for the last few homework answers. Though appreciative of those who "helped" me, I respected more those who denied me. Taking credit for someone else's work is not only unethical, skipping those last questions could be the difference between an A and a C on your next test. About losing friends, there's the saying: "Those who care don't matter, and those who matter don't care."

From Ashley, 21: The next time this happens, offer to study together. That way you can make friends and still do the right thing.

From Mariah, 16: I'd give them the wrong answers. Or have your parents talk with the school about the oblivious teacher. If they can't tough out the class, they should drop it.

From Farren, 21: Even if you're nice about it, most teens are vicious if you don't let them copy your work. People always asked me for answers in high school and often they hated me because I wasn't necessarily nice about turning them down. If I thought someone was copying my test, I would fill in the wrong answers. Sometimes, if a person normally did their work, I'd let From Emily, 16: I've had them copy my homework. But phases where I asked the person seriously, the slackers didn't deserve it. It sucks that they don't have enough time, or they're going through a rough spot, but that doesn't mean you do their work for them. Free rides don't help people. Just say, "You know, I spend a lot of time doing my work and if you don't understand the material I wouldn't mind helping you, but if you just want the answers, ask someone else."

Letting someone cheat off you is worse than being a cheater. It represents a weak character and repercussions for getting caught will be the same as for the cheater. You work hard to earn an A, so represent that! Be a leader others look up to, not a wimp who dispenses answers.

From Graham, 15: I'm also a freshman in honors. If anyone asks me for homework answers, I say, "No, but I can help you figure it out!" Think of it this way: if people get mad because they can't cheat off you, are those the friends you want?

From Elise, 17: Stand up for what you believe. True friends will understand.

From Peter, 21: People always wanted my help, too, and I'm a nice guy so I'd help them. But letting people copy isn't helping them, it's hurting them - and it's wrong. Refusing to help someone cheat shows you've got morals. If you're worried about your social status, remember: nobody likes a cheater.

More panel comments are on the website at www. StraightTalkForTeens.com.

Write to Straight Talk at www. StraightTalkForTeens.com or PO Box 963, Fair Oaks CA 95628

### POPPOFF!

with Mary Jane Popp

### WOULDA' COULDA' SHOULDA'

It would have been better with red sauce! It should have sounded more sensational! It could have been better if the plot were more viable. Sound familiar? It's the bread and butter lines for CRITICS !!! Don't get me wrong, I too follow in the hallowed footsteps of those who can make or break creative endeavors. But I prefer to refer to myself as a REVIEWER instead. The difference, you ask? In my humble opinion, a Reviewer looks for the best in things and notes the less worthy. A Critic looks for the worst in things, and feels they have bestowed the crown jewels upon you if they give you a kudo or two. Let's be honest. How many times have you agreed with a Critic anyway...those little demi-gods who come from on high? They can be nasty, petty, offensive, and downright derisive!

What training does it take to be a Critic? Must you have gone to a Culinary Institute, attend a Film School, have some sort of degree, or at least appeared in front of a Microphone or Camera? Nope! Nope! And a BIG NOPE! What you do have is a Restaurant Critic with only their own eating preferences to go by...Movie Critics who think "The Attack of the Killer Tomatoes" was an epic...and Radio and TV Critics who couldn't put two sentences together on camera to save their souls. I don't mind if these socalled Critics give me their opinions. After all, this is just entertainment in

many forms. I do hate it when they hold themselves so high their godly towers topple the hard work of those who try so hard to be creative from food to entertainment to fashion. The world as we know it will not end if the meat is a little too well done or movie makers make a stinker or two. Some of the worst movies ever made were box office successes.

It's time we take back our pride... pride in our own decisions without the pontification of others. I'll wear the clothes that make me feel good, not what's in vogue! I'll put ketchup on my eggs, if that's the way I like it! I'll watch "Plan 9 From Outer space" even if they called it a turkey, and not be embarrassed.

It's fun to experience new styles, new ideas, new opinions, even new tastes. But the bottom line is...I eat, drink, wear, and watch what I want, when I want, because I want to... not because someone else tells me to. I gotta' be me...good, bad, or indifferent...even if it is a fashion faux pas, nes pas? You might discover your opinions are pretty special...one-of-a kind. Cloning isn't particularly clever! Be proud of who you are, the way you look, and the way you think! Like the snowflakes that fall from the Heavens, you are different and beautiful in your own way!

Check out the "POPPOFF" Radio show Monday thru Friday on AM-950 KAHI 10 AM - Noon for provocative fastpaced informational and entertaining radio listening!





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### Cool Hand Luke's Steakhouse & Saloon Opens in Citrus Heights

Cool Hand Luke's Steakhouse and Saloon celebrated their grand opening with a ribbon cutting conducted by the Citrus Heights Regional Chamber of Commerce on October 29th. Restaurant owners Nezar and Laurel Jabbar and Chris and Sara Johnson were on hand for the ribbon cutting along with Citrus Heights historian Jim Van Maren, Chamber President Diane Pleines, Chamber CEO Bettie Cosby, Chamber Ambassadors and several members.

Cool Hand Luke's is the latest restaurant and much-needed addition to the dining scene in Citrus Heights located in the Copperwood Square shopping center at 7040 Sunrise Boulevard. When creating this restaurant concept, Nezar and Chris wanted to create a quality restaurant the local community could enjoy for years to come. To this end, they enlisted the help of Jim Van Maren resident historian who provided several pictures of historic Citrus Heights to decorate the restaurant and even an actual



Cool Hand Luke's specializes in steaks, seafood, chicken, ribs & a

full saloon. They are open Monday through Thursday from 4-10pm, Friday and Saturday from 4-11pm and Sundays from 12-9:30pm. Happy Hour is available Monday-

wagon parked on the restaurant's Thursday from 4-6pm and all day on Sunday. A banquet room is available and large parties are more then welcome. Visit Cool Hand Luke's for a tour of historic Citrus Heights, the best in steakhouse fare, and a true welcoming environment.

### Children's Eyeglasses are in Great Demand!

Lions clubs all over the world are collecting eyeglasses to help people who would otherwise go without. In the Lions District 4-C5 (our local area) hundreds of thousands of glasses are collected a year but there is a big shortage of children's eyeglasses. Please help the children and don't throw those old eyeglasses away!! The students at Sylvan Middle School are working together with Lions and have started a campaign to collect children's eyeglasses. Please bring your eyeglasses to the office at Sylvan Middle

School located at 7137 Auburn Blvd in Citrus Heights. Also another great drop-off point for

one day only, will be in the San Juan High School Gymnasium, 7551 Greenback Lane on Saturday, November 8th. Look for the Lions table at a craft fair between 9:00 am until 3:00 pm. where Lions will gladly accept your old eyeglasses or call the Lions at 723-4239. For more information about the Lions, please visit their website: www. chlions.com Thank you!



### Mr. Schultz, the Little Wanderer!

was busy driving throughout the

area trying to find me. I didn't

mean to hurt them, I just followed

my nose. I am thankful to be

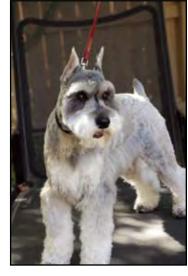
origin, dated back to the

The Schnauzer is of German

The Miniature

home.

15th century.



My name is Schultzie; I am registered in the American

Kennel Club as Mr. Schultz Esq. of Gold River. My adopted mom and dad, Jackie and Stan Mendel of Gold River, call me Schultzie. Sometimes, when I am not paying attention, I am called Schultz, and when I hear MR. SCHULTZ, I stand at attention, like a statue.

I am a Miniature Schnauzer, age 4 years and I weigh about 15 lbs. My coat is silver/white, many people have said I have a beautiful coat and that I am a very mellow guy. I guess I take after my birth Mom and Dad who were both Show Dogs.

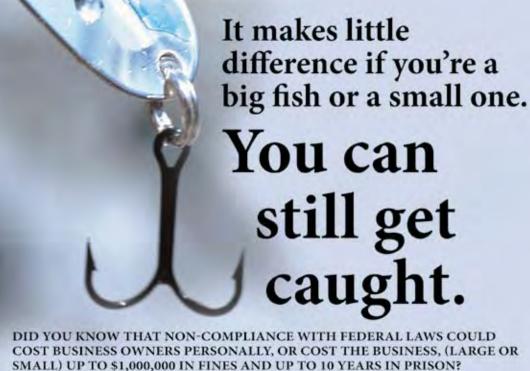
Recently, I scared my Mom and Dad without meaning to. They had taken off my collar with all of the pertinent information, because they thought I would never have the opportunity or desire to wander away. Well I showed them!

The back gate was open; my Dad was working with the pool

car looking for help there was my Schnauzer is derived from the Mom walking on Gold Country Standard Schnauzer and is said Blvd looking for me. Shirley to have come from mixing of asked her if "she was looking for Affenpinschers and Poodles with a lost dog?" Mom was crying as small Standards. she ran to the car, she said her The Miniature Schnauzer is prayers had been answered. Dad

viewed primarily as a charming and attractive companion that is seldom interested in wandering... Schultzie begs to differ.

Kay Burton is a pet columnist and supporter of the Sacramento SPCA and other animal rescue groups. To share your family pet story with our readers, Email: Kayburton1@comcast.



Business owners know there are laws every business must follow. However, results of a recent survey by zTelligence and Fellowes Inc., (July 2005), showed only 13.1% of business owners recognize the term "FACTA." That could mean that

- nearly 87% of all business owners aren't aware that FACTA: Is federal legislation that went into effect June 2005
- Can shut a business down whether you have two or two
- thousand employees

  Can result in major fines by the FTC for non-compliance
- Provides another avenue for lawyers to file lawsuits against businesses on behalf of customers or employees
- FACTA is only one piece of legislation that affects business. There are others:
- · HIPAA Security Rule Gramm, Leach, Bliley (GLB) Safeguard Rule Numerous individual state laws (such as the Texas Whistle

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916.995.2697 tlamm@prepaidlegal.com equipment, so I went out to check on him and kept smelling all of the fun smells. I followed the route my Dad takes when we go for walks. I didn't know I was LOST until this very nice lady stopped her car asked me if I was lost. Since I really couldn't answer her she picked me up and put me in her car. Her name is Shirley Bowles, a Gold River resident (I now call her Aunt Shirley, my Guardian Angel.) While in the



ph. 916-536-0000 fx. 916-536-0105

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### Red Light Enforcement Program Now Includes Sunrise & Oak

#### **Citrus Heights**

In an effort to reduce collisions and make City streets safer, Citrus Heights began to issue citations for red light photo enforcement program violations at Sunrise & Oak, October 11, 2008, 12:01am. Cameras and violation sensors have been monitoring both northbound and southbound traffic at this intersection since September 11, 2008.

The program is seen by City officials as an important step to improve the safety and flow of local traffic. However, the City was giving drivers

who live, work, or travel through Citrus Heights a 30-day grace period before actual citations were issued.

"Photo enforcement has a greater deterrent effect if drivers are aware it's out there," said Sergeant Mattke, Program Manager for the new safety initiative. "It is important to us that all Citrus Heights drivers know we're using photo enforcement and that they have time to learn about this new safety program."

We started using the red light cameras at Sunrise & Oak on September 11, 2008, but for the first thirty days, we issued only Warning Notices. The Notices explained that beginning

October 11, 2008, actual Citations would be sent to violators, who will then be responsible for paying the \$381 fine listed on the Citation." It should be noted right turns on a red light, without stopping, is also a violation. One must come to a complete stop behind the limit line to make sure the intersection is clear of traffic and pedestrians, before continuing with the right turn.

A person can view their violation, by going to the coming to the police department or viewing it on the Redflex website listed on the citation. For information you may contact Sergeant Mattke, program manager at (016) 727,5500

### 5 Year Old Dies In Traffic Collision While Sitting On Grandmas Lap

#### **Citrus Heights**

On October 14, 2008 at approximately 3:25 p.m., Joni Kelley, a 52 year old from Antelope was driving a gold 1996 Toyota Camry west on Iroquois Court. Kelly pulled up to a driveway at 7911 Iroquois Court and for unknown reasons her foot came off the brake and onto the accelerator. The Camry lunged forward approximately 40 feet and struck the unoccupied residence. After the initial impact the Toyota rolled back into the street. Five year old, Alexander Martinez was sitting in the drivers' seat

on his grandma's lap when the accident occurred. The impact caused both front airbags to be deployed. A witness immediately pulled Alexander from the crash and began to give him CPR. He was transported to Mercy San Juan Medical Center (MSJ) where he died from his injuries (Sacramento County Coroner's Case #08-05506). Kelley was also transported to MSJ and is listed in critical condition with major head trauma.

Kelley was driving on a suspended drivers' license. It is unknown at this time if alcohol and/or drugs (pending blood results) or a medical condition is a factor in this collision. A child safety seat was not located in the vehicle.

This collision is still under investigation.

As a reminder, all children 6 yrs or 60 lbs shall be restrained in a child restraint system and in the back seat. No matter how close or far away you are from home you should never let your child ride on your lap or let them steer the car under any circumstances.

### Sutter Medical Group Holding Coat Drive for Kids

Sutter Medical Foundation is holding a coat drive for needy children to wear this winter. They are hoping to collect 1,000 coats to meet the needs of 1000 children in the Placer and Sacramento communities. The coat drive began on October 15 and run through Saturday, November 15.

Sutter Medical Foundation will work with local charities and schools to distribute the coats.

New or gently used children's coats,

ages zero to 18, may be dropped off at three locations:

· Sutter Medical Foundation at 3 Medical Plaza Dr., Roseville

Roseville Family Practice at 3100

Douglas Blvd., Roseville

· Orangevale Family Practice at 8680 Greenback Lane, Orangevale

Special containers will be placed in the lobby of each drop off location for convenience. For more information call 916-774-8367.

Sutter Medical Foundation is a notfor-profit organization supporting the quality medical services provided by Sutter Independent Physicians, Sutter Medical Group, Sutter Neuroscience Medical Group and Sutter West Medical Group. Serving the counties of Sacramento, Placer, Nevada, Amador, and Yolo, Sutter Medical Foundation physicians are dedicated to providing exceptional services, listening to patients' needs and ensuring that patients play an important role in their health care.

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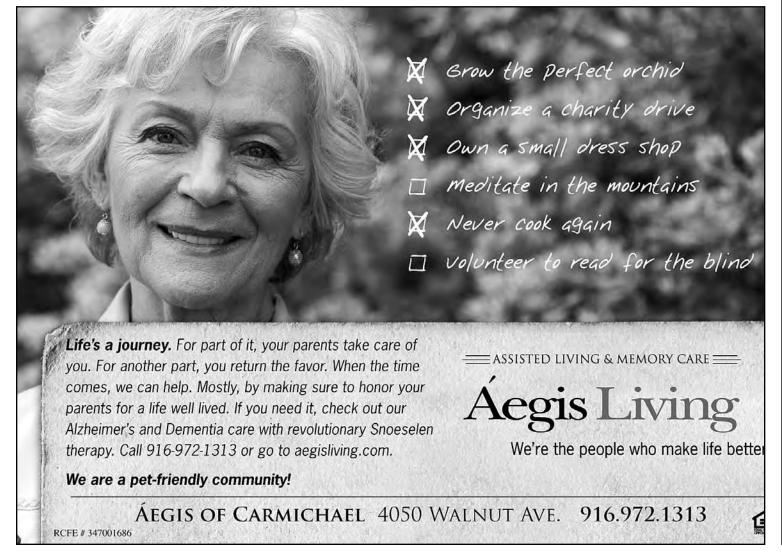


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### City Council Member Ken Cooley Elected Vice Chair of Internationally Renowned California Seismic Safety Commission

#### Rancho Cordova



Councilman Ken Cooley

Rancho Cordova Councilman Ken Cooley has been unanimously elected to serve as Vice Chair of California's internationally-renown Alfred E. Alquist Seismic Safety Commission. The Commission investigates earthquakes, researches earthquake-related issues and reports and makes recommendations to the Governorand Legislature concerning policies and programs to reduce earthquake risk.

Fifteen of the 20-member Commission are members are appointed by the Governor and confirmed by the Senate. One member is appointed by each

of the following: the Senate Rules Committee, the Speaker of the Assembly, the Building Standards Commission, the State Architect's Office and the Governor's Office of Emergency Services. Commissioners are chosen for their expertise and experience. Cooley was nominated by the

League of California Cities to represent California's cities on the Commission in 2005 and was appointed by Governor Schwarzenegger in 2007. He was confirmed by the California State Senate earlier this year. He has a keen interest in earthquake safety and has a long history working on seismic issues both in and out of the State Legilature where he worked from 1977 to 1985 and 1988 to 1991. Cooley, who was Chief of Staff to the late Assemblyman Lou Papan from 1977 to 1985, had become Chief Counsel to the Assembly Committee on Finance and Insurance in 1989 when the Loma Prieta earthquake struck. He worked closely with members of the Senate and Assembly and Seismic Commission staff to develop public policy responses to that earthquake. He was similarly engaged in response to the 1994 Northridge quake, as counsel to State Farm Insurance, for whom he continues to work.

"I am honored to be selected for leadership on this critically important Commission,' stated Councilman Cooley. "California's earthquake peril puts cities statewide at risk," he continued. "In a large earthquake, our community of Rancho Cordova will play an important support role since we are home to the statewide headquarters for the Governor's Office of Emergency Services and since the long runways and base facilities at Mather Airport are well-suited to providing a staging area for recovery and the jumping-off point for immediate statewide response. This appointment ensures that our residents are represented in the region and the state, should a seismic event occur in our environs."

Cooley was elected to Rancho Cordova City Council in 2002 and was officially sworn in as a 'charter' councilmember on July 1, 2003, the day the City incorporated.

He and his wife Sydney have lived in Rancho Cordova since 1977.

Rancho Cordova City Hall is located at 2729 Prospect Park Drive, Rancho Cordova, CA 95670, phone 916-851-8700, www.cityofranchocordova.org.

### Singles Black & White Ball November 15

Christian Singles Network, will hold a Black & White Ball for single adults Saturday, November 15, from 7 PM to 11:30 PM. at Carmichael Presbyterian Church in Carmichael, 5645 Marconi Ave., near Fair Oaks Blvd.. The evening features DJ dance music of all types from 8-11:30 by Dale Chessey of AllStar Entertainment, and a dance lesson in the Nite Club Two Step by Siggy from 7-8 PM. Dress in party attire, semiformal or formal (men jacket and tie suggested). The ticket price of \$15 presale or \$20 at the door includes a light buffet, desserts and the dance lesson.

CSN dances are non alcohol. Christian Singles Network, Northern California's largest inter-church singles group founded in 1992, has over 7,500 singles on its roster and holds dances every 3 to 4 weeks. Call the number below for directions or more information. The music is a mix of rock and roll, ballroom, Latin, country and Christian music.

Membership is not necessary to attend, although members get a \$5 discount at the door. All ages and all denominations are welcome Most attendees fall between the ages of 35 to 65. CSN has been holding dances 16 years, drawing singles from the Sacramento, the foothills, and beyond to Reno and the Bay Area.

Pre-sale tickets are available at Berean Christian Bookstore, Sacramento; Wayside Bookstore, Rocklin and Auburn; Jireh's Bookstore in Placerville; and on line at www.christiansinglesnet.com, or by mail through CSN, P.O. Box 909, Meadow Vista, CA 95722. Volunteers receive a discount or attend free for helping. Call the office to volunteer.

For more information, to receive more information about activities, or directions call the 24 hour event line at (916) 658-0606 or the CSN office

at (530) 878-8606. The website, well as information about upcoming www.christiansinglesnet.com, includes directions to the dance as and parties

# Weekly SUDOKU Answer 7 8 3 6 9 4 2 1 5 4 6 1 7 2 5 3 9 8 5 2 9 8 3 1 4 6 7 8 9 5 3 7 6 1 2 4 6 3 7 1 4 2 8 5 9 1 4 2 5 8 9 6 7 3 2 7 4 9 6 3 5 8 1 9 5 6 4 1 8 7 3 2 3 1 8 2 5 7 9 4 6

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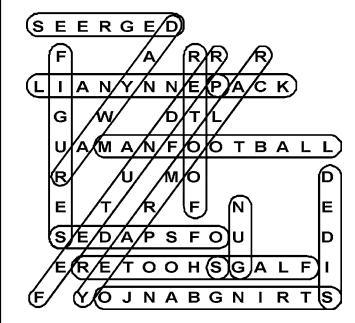
### Trivia Answers

- 1. Steven Spielberg
- 2. "Midnight Cowboy"
- 3. Pink, "Get the Party
- Started"
- 4. 28
- 5. Blarney Castle, Cork, Ireland
- 6. 1928, Herbert Hoover
- 7. Aristotle
- 8. Pendragon
- 9. Joint Photographic Experts Group
- 10. "A Tale of Two Cities," Charles Dickens

- Magic maze

Answers

SIX —



### — King Crossword -Answers

Solution time: 21 mins.

COP

O G



### FBI Arrests Sacramento Man in **Anthrax Hoax Mailings**



Letters sent to Congressional Offices and media outlets

Late this afternoon FBI agents arrested Marc M. Keyser, 66, of Sacramento, California, and charged him with three counts of sending a hoax letter after he allegedly mailed over

120 packages containing a CD entitled "Anthrax: Shock & Awe Terror". Attached to the CD was a sugar packet containing a white powdery substance and a label depicting an orange biohazard symbol and the words "Anthrax Sample". The packages were sent to a number of addresses nationwide including: over 100 major media outlets across the country, the office of a national news magazine in Washington, DC, a Congressional District Office in Modesto, California, a newspaper in North Carolina and to at least two restaurants in the Sacramentoarea. Several of these packages have been collected and sent to the FBI Laboratory at Quantico, Virginia, for

processing. At this point none of the contents have tested positive for biohazardous material. It is likely that many other mailings will be received over the next few days. Recipients of these mailings are advised to contact their local FBI office so that these packages can be collected and preserved for evidentiary purposes. The arrest is not connected to another series of powder hoax mailings sent to financial institutions announced by the FBI last week. Keyser was arrested at his residence without incident and is in custody at the Sacramento County Jail. He will make his initial appearance in federal court tomorrow at 2:00 p.m.

### Suspects Arrested in Connection to Homicide On Watt Avenue



Sergeant Tim Curran, Sheriff's Spokesman

Sacramento County Sheriff's Homicide detectives have arrested two suspects for the October 25, 2008, murder of 28-year-old Ricky Bufford. On October 29, 2008, detectives arrested 21-year-old Sacramento resident Brandon Chatman after he voluntarily met them at the Homicide Bureau for questioning. On October 30, 2008, Homicide detectives arrested 20-year-old Sacramento resident Shawn Jones at the Sacramento County Main Jail where he had been in custody since October 28th on unrelated charges.

On October 25, 2008, at 9:56 p.m. Sacramento County Sheriff's deputies responded to a call from an employee at a gas station/convenience store at the corner of Watt Avenue and Auburn Boulevard reporting a car had pulled into the parking lot of the business and a passenger in the car had been shot. Witnesses were administering first-aid to the victim when deputies arrived. Soon thereafter, paramedics arrived and pronounced the victim dead at the scene.

Sacramento County Sheriff's Homicide detectives arrived to investigate the shooting. They learned Ricky Bufford was a passenger in a car that had gone to the upper-deck of the light-rail station at Watt Avenue and Interstate 80. The victim was in the car with the driver, a 24-year-old female, and two other passengers; a teenage female, and a 5-year-old boy. They were parked in the loading zone on Watt Avenue, when their vehicle was approached by the suspects. There

was a verbal exchange between the victim and the suspects just before one of the suspects pulled a handgun from his waistband and fired one shot which struck the victim in the upper body. The driver then drove to the business at Watt Avenue and Auburn Boulevard.

Detectives believe the shooting was sparked by the verbal exchange between the victim and suspects. However, they do not believe the shooting was gang related. The investigation is on going and detectives anticipate additional arrests in connection to the case. Anyone with information about the case is urged to call Sheriff's Homicide detectives at (916) 874-5115, or Crime Alert at (916) 443-Help. Callers can remain anonymous and may be eligible for a cash reward up to \$1,000.00

Jones is scheduled to be arraigned on October 30, 2008, at 1:30 p.m. in Department 61. Chatman is scheduled to be arraigned on October 31, 2008, at 1:30 p.m. in Department 62.

### Pay for college without going broke

### Fair Oaks man teaches free workshops to help parents save thousands in process

FAIR OAKS---Parents that are planning on sending a child to college in the next few years, but aren't quite sure how to pay for it can now rest a little easier.

Tary Farnholtz of Dollars for College, Inc. has been educating parents in the community about what to do if they haven't saved enough for college.

'It's really sad, but most parents that we talk to have done real well financially, but never found the time to save for college, and now they're facing a bill of \$18,000-\$45,000 a year, and they don't know who to turn to,' he says. 'Further, most of the time, all they hear is to not even bother applying for any aid because they make too much money. However, most of the time, that is simply not true...even if they make a sixfigure income.'

Tary's affiliation with College Planning Specialist of Carlsbad, CA who have worked with over 3000 families in the last 15 years ranging from single moms to corporate CEO's, swears he can help anyone get through the process and save a bundle....no matter how good of a student they have or how much money they make.

'Simply put, we show parents the truth that they aren't hearing anywhere else about how the college process really works, and how they can get their child into a top school, help that student pick a career that will suit them and pay them well, and save thousands of dollars in the process.'

Parents will have a few opportunities to hear Tary speak. He is teaching his class 'How to Give Your Kid a 4-Year College Education...Without Going Broke!'

The workshop dates are Saturday, November 8th, 10:15-11:45am. held at the Fair Oaks Library, 11601 Fair Oaks Blvd., Fair Oaks, CA 95628. Thursday, November 6th, 6:15-7:45pm. held at the Carmichael Library, 5605 Marconi Avenue, Carmichael, CA 95608.

'We'll discuss everything from the greatest myths about the college process, to how to send your student to a fancy private school for less than the cost of a junior college...it'll be like learning how to get a brand new Lexus for the price of a used pick up truck,' he grins.

Topics will also include why private scholarships and 529 plans are a waste of time, how to double or even triple the amount of free money you receive from each school, and how to avoid the one mistake that will kill your chances of getting any money at all that almost every other parent will make this year, and much, much more.

'They will learn a ton, and I do my best to make the class fun,' he says. 'It's like I'm giving them a super bright flash light to navigate a pitch black cave, while all the other parents continue to stumble around blindly!

Don't forget: the class is totally free, but seats are limited by the size of the room and many families have had to be turned away at the door of recent workshops due to no reservation being made. You can reserve a seat by calling (916) 966-8800 or schedule a FREE, no obligation, one-hour consultation.

### **Madison Avenue Beautification Project - Completed**

**New Median Trees and** Landscaping

Supervisor Susan Peters (District 3) and the Sacramento County, Department of Transportation (SACDOT) are pleased to announce completion of a tree and landscaping project to beautify medians along Madison Avenue between Date Avenue and Ogilby Way. The project was completed during October and included the planting of 110 new trees and 4,000 new landscape shrubs. Madison Avenue is a vital transportation corridor for the communities of Old Foothill Farms, Carmichael, Orangevale and the City of Citrus Heights and connects the eastern portion of Sacramento County with the I-80 corridor.

According to Supervisor Peters, "This project has dramatically improved the appearance of this stretch of Madison Avenue. We have gone from plain black asphalt capped medians to beautifully landscaped medians - it makes a huge difference to the aesthetics of this corridor as well as helps the environment. Improving communities and working to attract and retain both commercial enterprise and customers for local businesses are priorities for Sacramento County and this project helps to accomplish both. We know that residents and businesses care about the appearance

of their community and roadways."

Mike Penrose, SACDOT Director, had this to say about the project, "Medians provide many benefits for roadways. primarily in terms of safety. However, it's a big plus when we can

take advantage of space within an existing median to create an attractive landscaped area. The community benefits, roadway users have a more pleasant route for their journey and we support commercial enterprise with a more attractive place to do business."

Improvements that have been completed as part of this project include:

Removal of asphalt caps in the edians and replacement with decorative stamped and colored edge treatments.

Planting of 110 new trees (including 33 native oaks) and 4,000 new shrubs in

Installation of an automatic irrigation system.

An additional benefit of this project is that trees planted in medians shade the surrounding asphalt and help to reduce local "heat island" affects and extend the life of the asphalt. The term "heat island" refers to urban air and surface temperatures that are higher than nearby rural areas. Many U.S. cities and suburbs have air temperatures up to 10°F warmer than the surrounding natural land cover.

Trees remove harmful gasses from the

environment including carbon dioxide, a gas that has been identified as a major cause of the "greenhouse effect." Other pollutants that are removed from the environment by trees include sulfur dioxide, ozone, nitrogen oxides as well as particulates. In return, trees produce helpful oxygen. The young trees that have been planted on Madison Avenue will have a small positive impact on the environment right away which will increase as the trees continue to grow. In this way the planting of the trees are an investment that will pay off for our citizens and our community over time.

The improvements cost approximately 800 000 to complete. Project costs were funded by a Community Development Block Grant (CDBG) from the Sacramento Housing and Redevelopment Agency (SHRA), the County Tree and Preservation Fund (CTPF), Measure A Sales Tax funds and by mitigation fees from neighboring residential and commercial developments.

Sacramento County has increased efforts to beautify corridors throughout the unincorporated area. From art in public places type installations on roadway projects to the numerous landscaped medians seen throughout the unincorporated area - Sacramento County is committed to improving the appearance of streets and neighborhoods.

### Citrus Heights Group Loses Over 4,000 Pounds to Help Fight Hunger

#### **Citrus Heights**

According to Feeding America, 99% of food banks surveyed experienced an increase in the number of low-income American's turning to, soup kitchens and food pantries for assistance this year [1]. To help support these needs locally, Weight Watchers members from Sunrise Village Shopping Center joined the fights against two global epidemics hunger and obesity - by participating in the Lose for Good campaign.

As part of Lose for Good, the group coordinated a food drive to support the Food Closet at Carmichael Presbyterian Church which provides food assistance to singles and families throughout the northern Sacramento area. Within six weeks, the group lost over 4,000 pounds and was able to collect over 1,500 pounds of food. "If you think about it, our world is a little out of balance. There are those of us who have a lot of excess stuff including food, and there are those of us who have a lot less and need help," said Lisa Benadom, Food Drive Coordinator and Weight Watchers Leader. "These are tough economic times, and we're so glad to be helping the food closet. They are staffed by 100% volunteers and really depend on donations – especially now with

the current economic conditions." The group was inspired to take action when they learned startling statistics; more than 1.6 BILLION adults worldwide are overweight [2]; and 862 million people went underfed in 2007 [3]. "It's amazing to see how acts of charity and kindness, in addition to getting healthy, really motivated our group to keep up with their weight-loss efforts," said Benadom. "The members were able to so much food - and they're so excited that their losses will do so much good. Their loss will truly be someone else's gain."

On a national level, for every pound Weight Watchers Members lost between September 7th and October 18th, Weight Watchers will donate the cost of one pound



Only a fraction of the 1,500 pounds of food that was donated to the Carmichael Presbyterian Church Food Closet; on behalf of the 4,120 pound weight-loss success of local Weight Watchers members.

of food – UP TO ONE MILLIONS DOLLARS – to two hunger fighting organizations - Share Our Strength and Action Against Hunger.

[1] Of 180 food banks surveyed, 99% experienced an increase in the number of clients served within the past year, Feeding America

[2] There are 1.6 billion overweight people in the world, World Health Organization [3] There were 862 million people in the world in 2007 that were underfed, Bread for

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### Community Expo a Resounding Success



by Roberta MacGlashan

On Thursday, September 18th at 6:00pm, I was pleased to host a community meeting that brought almost 100 County staff from numerous County departments to the residents of Orangevale, Fair Oaks, and Gold River. This meeting served as an exposition of County services, providing the most comprehensive access to essential County services that has ever been available to residents of Orangevale, Fair Oaks, and Gold River at one location.

The evening began with a brief period of networking between the public and County staff, with a light dinner provided by the County. However, it quickly moved into several comprehensive presentations from the Departments Neighborhood Services, Transportation, and Planning on the subjects of code enforcement, road funding and traffic controls, and group homes, respectively. I cannot thank these staff members

enough for the hours of work they put into developing these truly valuable and comprehensive presentations on issues that you, the public, ask about most often.

From the more than 5,000 lane miles of roadway throughout the County, to the funding sources for pavement maintenance, to the astronomical increases in the cost of construction materials in recent years, the Department of Transportation was able to distill an amazingly complex issue down to an easily understood 30 minute presentation. I think everyone who attended came away with a much better understanding of the enormity of the County road

The event concluded with an additional hour of one-on-one question and networking time for the community to interact with County staff. I saw hundreds of people asking great questions, taking advantage of the opportunity to talk to the departments that provide the most basic services in the community. From the County Engineer to Water Resources to the Sheriff's Department, everyone was there.

I would also like to thank the CHP, Park Districts from Fair Oaks and Orangevale, and the Fair Oaks Water District for their participation. This "expo" was a resounding success that I hope to repeat in the coming years. For

those who came with so many good questions, thank you for adding to the evening with your insightful and positive participation to the event. For those who weren't able to be present, I hope you will be able to attend future meetings. In the meantime, do not hesitate to contact my office at (916)874-5491 any time you have questions or concerns about the services in vour area.

If you weren't able to attend this meeting, don't worry. More community meetings are being planned, and I will keep you informed of plans for the next meeting in the Fourth District. In the meantime, please feel free to attend my monthly Community Cabinet meetings to gain information about County services that interest you. In Orangevale, we meet the first Friday of the month at Annie's on Greenback Lane at 7:30am. In Fair Oaks/Gold River, the meeting is the third Wednesday at Dianda's in the Fair Oaks Village, also at 7:30am. We have revised the schedule for November, December, and January because of the holidays. In Orangevale, we will meet in November, but not in December or January. In Fair Oaks/Gold River, we will meet in January, but not in November or December. Please feel free to call my office at (916) 874-5491 if you have any questions in the meantime.

### **New ADA Lawsuit Measure Shows Legislature Can Work Together**

The recent budget battle at the State Capitol has got a lot of people thinking that the Legislature is a partisan-deadlocked place where nothing ever gets done. Admittedly, the State Capitol is often the place of warring ideologies that can grind legislative action to a halt. But while this year's budget battle was raging, legislation was being developed by a bi-partisan group of legislators that will help to correct what I believe had become a huge problem for our state.

Disability lawsuits, many of them frivolous and nothing more than legal extortion, continue to be filed against businesses up and down the state. Sometimes, small, family-run businesses that are trying to earn an honest living while providing jobs and a service to the community are actually being put out of business by these lawsuits. In many cases, lawsuits aren't filed, but rather, a threatening letter is sent to the business that extorts a sum of money from the business in order to avoid the lawsuit.

The Federal Americans with Disabilities Act of 1990 (ADA) was watershed legislation that affirmed and protected the rights of millions of Americans with disabilities to full and equal access to all public facilities. Equally important, the ADA has also helped the public understand that disabilities do not diminish a person's right to live a full life. Unfortunately this worthy intent has been perverted by a cottage legal industry that was developed by attorneys who do nothing more than file lawsuit after lawsuit against businesses that are not in complete 100% compliance

For many years, legislators who believed like I do that these lawsuits and threatened lawsuits were unfair, tried in vain to pass laws that would bring sanity to ADA enforcement. Recognizing that many business owners were just not familiar with

with the Act.

the complexities of ADA law and inconsistencies between state and federal requirements, many of these legislative attempts would have simply enacted a "right to fix" provision that would have allowed businesses to fix the ADA violations before being sued. Unfortunately, year after year, these efforts went down to defeat in the Capitol.

This year, however, legislation that was being developed for the better part of the 2007-08 legislative session was finally approved and signed by the Governor that will bring certainty to the implementation of ADA laws in California. This new legislation will encourage business owners to work with state-certified access specialists (CASp) that will be trained specifically to survey business sites to assess where the business is deficient according to accessibility standards and then make recommendations for the business to follow in order to bring their facility into compliance. Business owners who take the proactive steps of hiring a CASp and following the CASp recommendations would be eligible to request a stay of any lawsuit and early settlement conference through the courts in order to bring the parties together for a quicker resolution to the access dispute.

The advantages of the early settlement conference significant for both businesses and people with disabilities. For businesses this early resolution means avoiding additional damages and costly attorneys' fees and expenses, which can accumulate quickly if litigation proceeded without the benefit of the early settlement conference. For Californians with disabilities, the quick resolution that would occur as a result of the conference means a speedier removal of disputed barriers, which would allow access to these sites in a

Sutter Rehabilitation Institute

at Sutter Roseville Medical Center



much more expedient timeframe.

Other provisions of the legislation will ensure that state and federal ADA laws are in agreement with one another.

At two recent ADA workshops that I held for small businesses in my district, many of the small business owners expressed great frustration at the frivolous nature of these lawsuits and the extortion tactics being employed by attorneys who weren't necessarily out to help the disabled, but rather to line their own pockets.

But through the frustration was a common theme. Business owners want to comply with the law. Business owners realize that as frustrating as these ADA lawsuits have become, noncompliant facilities can be very frustrating for the disabled. Unfortunately, the increasing number of lawsuits filed in cases of non-compliance have pitted portions of the business and disability communities against one another.

SB 1608 reflects a strong bipartisan commitment to address the affected communities in a fair and equitable manner. I believe that this legislation will go a long way toward addressing the issues and will promote increased compliance without the need for litigation, thereby reducing the antagonistic relationships between business and the disabled communities.

### BREWFEST 2008 a Hit

The Orangevale Chamber of Commerce held their 3rd Annual Brewfest on Friday October 24th at the Orangevale Grange Hall on Walnut Avenue.

Attendees sampled brews from California's Premier Northern

The feast included bratwurst and hot dogs, barbequed by chief cook Mitch Clouse. Music was provided by Karaoke By Diane, which led to dancing and karaoke from the locals. Proceeds from the event go to support the Orangevale Chamber of Commerce, who wish to thank all those who attended, volunteered and supported the event.



### **Girl Scouts Earn Highest Awards**

### Orangevale

On Monday, October 13, 33 local Orangevale Girl Scouts from the Girl Scouts Heart of Central California council were recognized at a special awards ceremony held at Divine Savior Church in recognition for earning the highest awards available for their age

Six of the girls representing Almond Service Unit Girl Scout Troops 243, 391 & 1701 earned the Girl Scout Silver Award which represents a girl's accomplishments in Girl Scouting and her community as she grows and works to improve her life and the lives of others. The first four requirements of the Girl Scout Silver Award help girls build skills, explore careers, gain leadership skills, and make a commitment to self-improvement. The Girl Scout Silver Award is the highest award a Girl Scout Cadette (Grade 6-8) can earn. Some of the requirements include 15 hours of leadership and earning



Fourteen of the 33 Almond Service Unit Girl Scouts who were present at the recognition event on October 13, 2008 at Divine Savior Catholic Church.

three Interest Project badges. The entire process has a total of 6 steps and includes an outreach to the community. Earning her Girl Scout Silver Award from Troop 243 is Ashley McLemore. From Troop 391 are Samantha Manos, Beka

Shade, Maria Fagundes & Shivani Naranyan and from Troop 1701 is Danielle Miranda.

Twenty-seven girls representing Almond Service Unit Girl Scout Troops 13, 423, 556, 868, 891, 940 & 2007 earned the Girl Scout Bronze Award, the highest honor a Girl Scout Junior (Grade 4-5) can earn. It requires her to learn the leadership and planning skills necessary to follow through on a project that makes a positive impact on her community. Working towards this award demonstrates her commitment to helping others, improving her community and the world, and becoming the best she can be. Earning her Girl Scout Bronze award from Troop 13 is Kate Baca. From Troop 423 is Jean. From Troop 556 are Stephanie, Madison, Collette, Blair, Josie, Zoe & Hallie. From Troop 868 are Rachael, Alexandra, Annie, Jordyn, Sara & Allison. From Troop 891 are Sarah Morairty, Ciara Needles & Hanna. From Troop 940 are Megan Dooley, Leigh Ann Simin, Katie Guest, Emily Sutter and Rachael King and from Troop 2007 are Samatha, Majken, Kelli

& Kelsey. The Almond Service Unit Girls Scouts of Orangevale, families and friends are very proud of the hard work, dedication and achievements these young ladies have earned. For more information on Girl Scouts and the Girl Scout Bronze & Silver awards visit www.girlscouts.org or www.girlscoutshcc.org.

You are cordially invited to attend a sneak preview of the new Sutter Rehabilitation Institute the only free-standing inpatient rehabilitation facility in Northern California. Join us for hors d'oeuvres and a tour of our new facility. Plus, enter to win a Nintendo Wii™. Tuesday, November 18, 2008

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### **Transition to Retirement:**



**Kirk Camunez** 

If you're a "senior" member of the baby boom generation generally defined as those born between 1946 and 1964 — you've seen a lot in your life: the Cold War, the first moon landing, the birth of the Internet and much more. But in just a few years, you may face something you probably never thought you'd see: your retirement. To make a smooth transition to this stage of your life, you'll need to become familiar with a few key financial topics.

Consider the following:

Retirement plan income — For the past few decades, you may have been building financial resources for retirement through an employersponsored plan — such as a 401(k) or a traditional pension — and possibly an IRA. Now, however, it's time to determine just how much retirement income these vehicles will produce. A traditional pension will provide you regular payments based on your years of service and salary, but you have much more flexibility and latitude when it comes to taking withdrawals from a 401(k) or IRA. How much you withdraw directly affects how long your money will last, so you may want to consult with a professional financial advisor to determine the appropriate withdrawal rates for these accounts, based on your projected retirement lifestyle, life expectancy, risk tolerance and other

Health insurance — Well before you retire, consult with your employer's benefits office to learn if you can receive some type of health insurance as a retiree. Many large employers extend health care coverage to retired workers, but as health care costs have risen,

### What "First Wave" **Boomers Should Know**

some companies have cut back or eliminated this benefit. Generally speaking, you won't be eligible for Medicare until you are 65. If you retire before that age and your former employer doesn't cover you, you'll need to find some health insurance to fill the gap.

Social Security — You can begin collecting Social Security benefits at age 62, but you'll get larger monthly checks if you wait until you reach "normal" retirement age, which, if you are in the first wave of baby boomers, will be about age 66. When should you start taking payments? It depends on a variety of factors, including your health, family history of longevity and other sources of income.

Further employment — If you decide to do some type of work after retirement, whether for financial or personal reasons, you'll need to factor this income into your overall retirement income strategies. For instance, if you're earning a reasonable amount from a post-retirement job, you may want to delay taking money from your 401(k) or traditional IRA (though you'll have to start taking distributions when you reach age

70-1/2). Also, according to the Social Security Administration, if you start collecting Social Security when you're younger than your full retirement age, you will lose \$1 of benefits for every \$2 you earn above a certain annual amount (\$13,560 in 2008). Once you reach full retirement age, you can keep all your benefits, no matter how much you earn.

So, there you have them — just a few of the financial issues you'll need to explore as you lead the baby boom cohort into retirement. By taking your time and exploring all your options, you can make the transition pleasant — and rewarding.

> This article was written by Edward Jones for your Edward Jones financial advisor.

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**COMICAL "PINEAPPLE EXPRESS" ROLLS WITH VIOLENT EDGE** 

PINEAPPLE EXPRESS (Rated R)

The Judd Apatow comedy factory is at it again, cranking out yet another vehicle for slackers to get their share of laughs. In the tradition of "Superbad" and "Knocked Up," incidentally two comedies in which Seth Rogen was either the star or writer or both, along comes "Pineapple Express" where Rogen wears multiple hats as a key player in front of and behind the camera. For such a busy guy, it's interesting that he's usually playing the goof or loafer

with a serious lack of motivation. Not surprisingly, "Pineapple Express" offers more of the same for Rogen in his role as Dale Denton, a giant loser with a serious fondness for weed. A disheveled process server who stalks his prev with a variety of costumes, Dale is not going anywhere in life, a point underscored by the fact that he's dating barely legal high school girl Angie (Amber Heard).

Dale has a grudging business relationship with the laconic drug dealer Saul Silver (James Franco), deigning to visit his shabby apartment only to purchase some of the primo product. Unable to form complete thoughts into coherent sentences, Saul seems

to be enjoying a rare new strain of marijuana called Pineapple Express. Perhaps too stoned to know better, Saul appears only too willing to turn a business relationship into something more meaningful, if only to engage in some conversation beyond a

transaction for illicit contraband.

While staking out a residence in an attempt to deliver a subpoena, Dale witnesses a cold-blooded murder committed by the city's most dangerous drug lord, Ted Jones (Gary Cole), who's assisted in this crime by a crooked cop (Rosie Perez). Fleeing the scene of the crime in great haste, Dale drops the remnants of his Pineapple Express joint. This piece of smoking evidence, of course, is all that the evil drug lord and dishonest cop need to pick up a trail leading right back to the drug-dealing Saul.

When Ted's goons arrive on the scene, Dale and Saul are suddenly thrust into a wild odyssey that puts them on the run, after discovering they are not just suffering from pot-induced paranoia. The long, weird journey to escape harm puts them in some awkward and often bloody, violent situations, such as when they confront drug middleman Red (Danny McBride), who's only too eager to sell out his buddy Saul when pushed around by nasty, brutal thugs.

Only slightly less frightening is the encounter that the duo must endure by showing up for dinner at Amber's house, since Dale had promised so many times to meet her parents (Ed Begley, Jr. and Nora Dunn), who are in turn absolutely stunned and appalled by Dale's

RILEY REVIEWS by Tim Riley erratic behavior. Of course, it's absurd that Dale is going through this courtship effort when his life is in mortal danger.

First Edition for November 2008

For all their attempts at a getaway, Dale and Saul are slightly more consumed with a nearly insatiable desire to keep sampling the potency of Pineapple Express. This puts the loopy guys in more danger, though Dale appears more tuned into their predicament than the largely oblivious Saul. At one point, Saul thinks that hiding in a dumpster may be the best alternative to constant flight.

The charm, if that's the appropriate word, of "Pineapple Express" is the developing friendship between the more uptight Dale and the perpetually unaware Saul. In a relationship forged by circumstances, these putative buddies have a weird, genial bond that makes them likable even when things get violently out of control in the climactic showdown with warring drug gangs.

Chemistry (an interesting word to use when talking about a drugfueled plot) is very much present between Seth Rogen and James Franco. These guys are fun to watch, even in the most stressedout situations. "Pineapple Express" is probably the best stoner comedy since the first "Harold and Kumar" movie, when the love of weed made the principals crave White Castle burgers. Meanwhile, Judd Apatow is just hoping that the target audience will crave this brand of humor, and most likely the younger crowd will prove more accepting of the elements of gross-out comedy mixed with violence.

Job's Daughters Bethel 292 Parents' Club

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The committee would like to especially thank our sponsors and the many small businesses that made the Relay become a force for fighting cancer in our community:



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You can make a difference! Be a part of the planning committee, become a team captain, or join a team to participate in the 3rd Annual Relay For Life of Orangevale, September 12-13, 2009. For more information, contact Jenn Todd at 916.747.1178.

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#### By Pastor Ray Dare

How do you trust God when times are tough? When the economy is not good? When you've lost your job, lost your house, when you've lost your health, when things aren't going your way? The Bible tells us in Philippians 4:6-7, "Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

Don't worry about anything. "Don't be anxious about anything..." That obvious, but how do you do it? How do you overcome the habit of worrying? You replace it. You don't quit bad habits; you replace them with new, good habits. Instead of worrying, the Bible tells us to pray.

Pray about everything. "... but in everything by prayer..." If it's worth worrying about then it's worth praying about. You say, "But I don't have time to pray!" Sure you do. Take the time you spend worrying and begin praying. Turn your in Tough Times?
worries into prayers because lovely and admirable, think

God cares for you and wants to help you.

Thank God in all things. "... with thanksgiving..." The Bible does NOT say be thankful FOR everything. It says "In every circumstance give thanks." Not for every circumstance. What's the difference? Even out of bad God can bring good. In every circumstance, no matter how bad it is, you can give thanks to God because (a) You know He has a purpose bigger than the problem, (b) He will give you the power to overcome the problem, and (c) You will grow through the experience if you allow it to help you grow. In every circumstance, even in tough times, I can be thankful because I know God is greater than the problem.

You may think, "But how can I be grateful when I've lost so much? I've lost my job, I've lost my health, I've lost my house, I've lost income. How can I be thankful in that situation?" You don't look at what you've lost. You look at what you have left. And you have a lot left! You're still alive and you still have a lot of blessings if you'll look around count them. Gratitude is a stress reliever because it gets your eyes off the problem onto the positive things in your life.

Think about right things. "Finally whatever is true and noble and right and pure and about such things and the God of peace will be with you." None of us uses our brain to the potential God has given us. Whatever you put in your brain is what's going to come out. It's like a computer. Garbage in, garbage out. So, if you want to change your life, you need to change what you're thinking about. What's the result? The result is peace; God's peace. How do you get the kind of peace that helps you to trust in the tough times? You don't worry about anything, you pray about everything, you give thanks in all things, you think about right things and the peace of God will be yours as you trust

Would you pray this prayer in your heart? "Dear Lord, help me not to worry about anything but to discuss everything with You rather than worry. Help me to thank You in every situation, realizing that there's always something to be grateful for. Help me to think about the right things, to spend some time with You, reading the Bible to fill my mind with positive things, not the negative garbage that's out in the world. I ask for Your peace in my heart, in Jesus name, Amen".

See you Sunday, Pastor Ray New Community Christian Church www. YourNewChurch.org

### How Do You Trust Love & Passion for Life



by Marlys Johnsen Norris

In the past few days I have heard people say such things as: 'You need to love your life and should have a passion for life." Reflecting on those words about loving life or having a passion helps one to realize we only just lived it the best

we knew how, never once thinking about the value it should hold.

Have you noticed some people's focus is having a profound fear of dying? Yet they lack any expression of loving or having a passion for their life? They are living but their focus is more on losing an opportunity to live! Some people's fear is so strong they could not even talk about death or face the fact that one day they certainly will die. It seems that their denial intensifies their fear.

Then, there are those few fantastic people who have truly grasped the value of loving their life and that passion has moved them in the direction of serving their family, community, church, state, government and world. These are the people whose passion and love for life excels in numerous ways. They have such caring natures

and don't we love them for it? We never see or hear these people complaining about their lot in life or even the stress caused by some problem they face. They become our hero's as they forget about themselves and focus on solutions to help all of us.

There is a wonderful Scripture that comes to mind as I think about these people that says, "If you lose your life for My sake, you shall find it." Another words, when we spend our lives helping and giving to others, we do find the abundant and plentiful life God provides.

Marlys Norris Award Winning Author for "Recipes for A Happier Marriage" "Intimacy Begins Gong God's Way" Senior Gleanings Marlysj@sbcglobal.net

### **Cancer Survivor Reveals How She Used Faith To Beat Cancer**

Phyllis B. Weichenthal Shares How Her Faith in the Holy Spirit Kept Her Fighting and How It Can Help Others in "This is Cancer, But You Will Overcome It!"

from Victory Graphics & Media

This is Cancer, But You Will Overcome It! from Victory Graphics and Media is a must-read book for anyone who has dealt with adversity in their life. In this inspirational and spiritual first-hand account, Phyllis B. Weichenthal explains how she overcame a cancer diagnosis and grueling treatment through her belief in the Holy Spirit.

Weichenthal's book details the story of her diagnosis, the treatment, and her state of mind

during her illness. Her story serves as a guideline for others so that they too can find wholeness in spirit, body, and soul through the Holy Spirit as well.

Focusing on how to make the spirit and soul whole, This is Cancer, But You Will Overcome It! Weichenthal guides readers to spiritual wellness. Her story is engaging from start to finish and reads like a story being told by a friend. It will leave an everlasting impression for survivors, friends, family, and fighters alike.

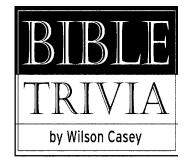
"It is my intention to share a portion of my journey from illness to wholeness. It is not my intention to pretend that mine is the only way to walk out the journey. Rather, perhaps some part of it may help

another," writes Weichenthal.

Originally from Imperial, Nebraska, the author now resides in Granite Bay, California. She is retired from a long career in mental health services where she was responsible for the oversight of substance abuse treatment services offered in thirteen counties in Nebraska.

The book has received much praise from those who make trying to fight breast cancer part of their everyday lives ...

Weichenthal's book is available at local bookstores and online at Amazon.com. Please contact Nick Ammazzalorso or Candice Jacobson if you wish to interview Phyllis B. Weichenthal or request additional information.



- 1. Is the book of Mark in the Old or New Testament or neither?
- 2. What words did Jesus use three times in resisting the temptations of Satan? My father above, God is love. It is written, Thou must repent
- 3. In II Peter 1, what were holy men moved by in regard to prophecy? Kindred spirit, Holy Ghost, Sins, Love of
- 4. From Judges 6, what judge threshed wheat by the winepress? Gideon, Joash, Neco, Hosea
- 5. Who was Saul's daughter that married David? Jephthah, Oholah, Rahab, Michal
- 6. Whom was Shechem the son of? James, Hamor, Jacob, Onan
- ANSWERS: 1) New; 2) It is written; 3) Holy Ghost; 4) Gideon; 5) Michal;
  - For more trivia, log on to www.TriviaGuy.com. © 2008 King Features Synd., Inc.

### Citrus Heights Lions and San Juan High School Alumni

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(NAPSA)-When it comes to finding illumination and inspiration, many people find there is no better source than the

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"The value of the Bible, in whatever medium, was expressed by someone in a faraway land to his missionary friend: 'Make the book talk to us so that we can hear God's voice. Make it speak to us as it speaks to you," said Eric Sigward, who has M.Div. and Th.M. degrees from Westminster Theological Seminary. "In the great hurly-burly of discordant voices, the Bible is a plow. It drags up cultures and civilizations from the bottom, bringing air and light to the dark and confusing

experiences of the human soul." For over 16 years, Logos Research Systems of Bellingham,

Wash., has provided Bibles and Bible resources. Its founding programmers from Microsoft Corporation decided that they would start a

company of their own that would publish Bible-study resources with the look and feel of the word processing program MS Word. Now they produce more than 9,000 titles.

The entry-level collection, "The Christian Home Library," which contains 68 titles, can be purchased at AcornBible.com.

The collection is easy to use. For example, if you type "Goliath" on your computer screen and press "enter," you will open every relevant resource-English, Greek and Hebrew Bibles, word studies, dictionaries, histories, maps, name trees and commentaries.

The resource can help a student proceed further in Bible study than you imagined possible. The basic collection is devoted to family issues-Christian marriage, faith parenting and home schooling. Sigward's theology degrees qualify him to explain the collections and help customers make the right decisions based on their interest and needs.

Logos has partnered with over 100 publishers who have chosen them to make their content available. Products are available in both English and Spanish and range in price from \$41.95 to \$472.95.

For more information, visit www.acornbible.com.

The Bible is not only the best-selling book of all time, it is the best-selling book of the year, every year. In 2005, for example, Americans purchased 25 million Bibles, twice as many as the most recent "Harry Potter" book.

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Pastors Andrew Webb & Robert Price

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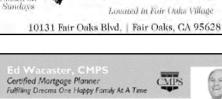
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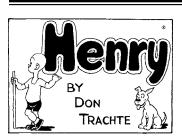
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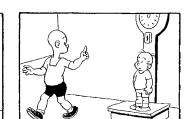
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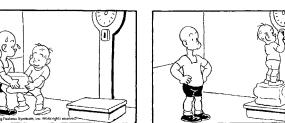






















HOW WOULD YOU RATE ME AS A HUSBAND ON A

SCALE OF ONE TO TEN?

HOCUS-FOCUS HENRY BOLTINOFF

Find at least six differences in details between panels.

Shrub is missing. 6. Picture on box has changed. Differences: 1. Girl's bow is missing. 2. Collar is different. 3. Boy's pencil is gone. 4. Name on briefcase is different.

The Spats



by Jeff Pickering





1. TELEVISION: Who was executive

cartoon show?

in a standard set?

every garage."

the fruit is sweet."

Defarge appear?

legendary King Arthur?

acronym JPEG stand for?

Blarney Stone located?

producer of the "Animaniacs" television

2. MOVIES: Which Jon Voight/Dustin

Hoffman film won Best Picture in

3. MUSIC: Who sang the following

pop lyrics: "Sendin' out the message

to all of my friends, we'll be looking

4. GAMES: How many dominoes are

flashy in my Mercedes Benz"?

5. GEOGRAPHY: Where is the

6. POLITICS: In what year did a

Republican run for president on the

7. FAMOUS QUOTES: Who said,

"The roots of education are bitter, but

8. MYTHOLOGY: According to some

accounts, what was the last name of the

9. COMPUTERS: What does the

10. LITERATURE: In which novel

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does the character of Madame Thérése

slogan, "A chicken in every pot; a car in

### Weekly **SUDOKU**

by Linda Thistle

7			6				1	
	6		7		5	3		
		9		3		4		7
8				7				4
	3		1				5	
	4	2			9	6		
2					3		8	1
	5			1		7		
		8	2				4	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

#### **DIFFICULTY THIS WEEK: ★★**

★ Moderate ★★ Challenging ★ ★ ★ HOO BOY!

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### $MAGIC\ MAZE ullet \ SIX -$

LHECZXUSQNLJGRE  $C \ S \ E \ E \ R \ G \ E \ D \ Z \ X \ V \ T \ R \ E \ P$ NLFJHEACRRARYDW V L I A N Y N N E P A C K N T RPGNWLKDTLIGEIC BZUA(MANFOOTBALL) XWRUSURMOPOMLYD J I E G T E R D F B N A Y C E XWSEDAPSFOUUTSD Q P E R E T O O H S G A L F I O F N Y O J N A B G N I R T S

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Day War Degrees Feet under Flags Of spades Footer Pack Penny nail Gun Man football Shooter

**EAST** 

**♥**0985

**♦** J 10 9

**♣**K 9 7 4

String banjo Year molar

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**Contract Bridge** 

### All Answers on Page 5

RESISTING TEMPTATION

Both sides vulnerable. **NORTH** 

♠ K J 10 4 ♦862 WEST

**♣**J 10 6 2

**SOUTH ♠** A Q 9 8 3 The bidding:

West North East South Pass Pass 3 🏚 Pass Opening lead — king of hearts.

Assume you're in four spades and West cashes the A-K of hearts, then shifts to a trump.

You're bound to lose a diamond trick, come what may, but the danger is that you may lose two. Situations like this occur all the time, and must be treated on a case-by-case basis.

One thing you shouldn't do in this instance is to bank everything on

East's having the king of diamonds. It is certainly tempting to finesse the queen, but that is something you should do only as a last resort.

First you should try to learn where the king is located. Accordingly, after winning the trump return, you lead the queen of clubs. When West follows low, you go up with the ace, making a mental note that East almost surely has the king since West presumably would have covered the queen if he could have.

Next you lead a club and ruff it. If East plays the king on this trick, which is likely, you have a much better picture of the hand than you had at the start. You may still be unable to make the contract, but at least you know West has the king of diamonds. This is because he opened the bidding as dealer and could scarcely have done so without the diamond king.

Your one hope now is that West was dealt the singleton or doubleton king. If he has three diamonds, you can kiss the hand goodbye. So, after another round of trumps, you cash the ace of diamonds, enter dummy with a trump and lead a diamond. Regardless of what East plays, you duck. As it happens, West must win with

the king, and you wind up making the © 2008 King Features Synd., Inc.

by Steve Becker =

# COUCH THEATER

PICK OF THE WEEK

"Get Smart" - Steve Carell and Anne Hathaway star in one of the funniest and most entertaining films of 2008. Agent Maxwell Smart (Carell) and Agent 99 (Hathaway) must discover the identity of a traitor in their midst while thwarting a plot to assassinate the president. This modern-day upgrade of the 1960s classic comedy retains the campy feel, while at the same time delivering outstanding stunts. It's like a cross between the old TV show and "The Bourne Identity."

#### **BOXED SETS**

"Get Smart: The Complete Series Gift Set" — It's no coincidence that on the same day of the movie's DVD release, we get a beautiful, remastered box set of the original Mel Brooks/Buck Henry-created series. All 138 episodes on 25 discs. Tons of extras. A must-have for fans of the

"Star Wars Trilogy" and "Star Wars Prequel Trilogy" — Apparently, George Lucas is down to his last \$50 billion and is rereleasing the two trilogies in their respective boxed sets. The original trilogy boxed set contains the Special Editions and the older, original versions of the films. There's nothing new here; no new special features. So, if you've already got the movies in your collection, you can give these two boxed sets a pass.

"Planet of the Apes 40th Anniversary Collection" — Holy moly! This is an amazing collection. All five movies are digitally remastered, including a director's cut of "Conquest of the Planet of the Apes" featuring more footage than the original release. There are tons of special features, commentary tracks, a lovely booklet, archive footage and "making of" documentaries.

"Barbie in A Christmas Carol" -Barbie "stars" as Eden Starling, a Victorian-era diva who treats her fellow



Anne Hathaway and Steve Carrell star in "Get Smart"

actors horribly by demanding that they all stay and rehearse on Christ mas Eve. However, three Spirits intervene to teach Barbie the True Meaning of Christmas.

### **TELEVISION**

"Futurama: Bender's Game" -This is the latest in a series of animated films based on the canceled cult Fox series. In "Bender's Game," the Planet Express gang searches for a dark-matter mine and stumbles upon a subterranean society populated by drunken knights who look like the robot Bender and sorcerers who wreak their wizardly magic — like turning the cycloptic Leela into a unicorn. George "Sulu" Takei makes a cameo guest-voice appearance. Ohhhh my.

### TV SERIES

- "Reaper" Season 1
- "Primeval" Seasons 1 and 2
- "Project Runway" Season 4 • "JAĞ" Season 7

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Answers on Page 5

35 Alpha

31 Pigs' digs

34 Coquettish

follower

shoes

furniture

40 Shrek is one

39 By word of

mouth

41 House, to

Jose

ation

42 Reverber-

38 Hospital

37 Some women's

#### KING Crossword

### result

						_						
1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15				16					17			
18				19				20				
			21				22					
23	24	25				26				27	28	29
30					31				32			
33				34				35				
			36				37					
38	39	40				41				42	43	44
45					46				47			
48					49				50			
51					52				53			

### **ACROSS**

- 1 Oxidation
  - Police officer
- Runs for
- exercise
- 12 Neighborhood
- 13 Kyoto
- cummerbund
- 14 Lotion

- additive
- 15 Scouts'
- festival
- 17 Carriage 18 Clay, now
- 19 Jailer's implement
- Scrub a
- 21 Pickle
- container 22 Bikini half

NASA mission

- 23 English composition 26 Get back
- 30 Paper quantity
- 31 Get a
- glimpse of
- 32 Helper
- 33 "Nobody the Spanish
- Inquisition!"
- 35 "Don Juan"
- writer 36 Sauce source
- 37 Shell-game need
- 38 Seabird of the gannet family
- 41 Snip 42 Historic time
- 45 Therefore

- 46 Kingston resident
- 48 Fix a hole 49 Cleopatra's
- slayer
- 50 Midi terminus 51 Coaster
- 52 Petrol
- 53 Stereo
- forerunner

### **DOWN**

- 1 Eastern
- prince 2 Kazakhstan
  - river

Paper doll's

dress feature

Apple gizmo

Do what

- 3 Half (Pref.)

28 Altar

29 Chaps

23 Before

role

22 Spelldown

- 24 Gender
- 25 Tree fluid
- 26 In medias -27 Melody

affirmative

you're told

8 New Orleans

recipe

10 No stay-at-

home

11 Faxed

16 Suitable

20 Curved line

21 Daniel Craig

9 Medley

Chart format

- preceder

43 Picnic

- 46 Binge
- 47 Tenet
- hamperer 44 Domini

First Edition for November 2008 The Messenger Page 13

### Gold River Racquet Club USTA League Leader and National Champions Again!

1st Place in the Men's 5.0 Division Broadstone



Chris Gerety, Joseph Gilbert, Patrick Rulz, Novak Nash, Todd Stanley (Captain), Ryan Juinio, Jordan **Boyls, Matt Mancasola** 

Gold River Racquet Club, in Sacramento, California has set the standard on USTA League success and commitment. With over 51 teams competing in 2008 and 3 teams making National berths this year, it is another feather in the cap of this premier Spare Time Club and personally for Director of Tennis, Martin Rothfels. Since 1998, Gold River has had 93 Championship level teams qualify for Sectional or National competition. In 2007, four teams made National events with the Senior Men's 3.5 team winning the National title. Gold River's Mixed 9.0 team placed fourth and the Super Senior 3.5 Men placed second at National's last year. So far this year Gold River has won the National title with the Women's 5.0 team, placed second in the Women's 4.0 team and still has another team vying for a National title with the 10.0 mixed event held at Gold River Racquet Club November 21st-23rd, 2008. That is seven teams in two years with National berths.

In addition to leading the Sacramento area in USTA league commitment, Gold River has inspired and motivated other Spare Time Clubs to pursue this same course. Broadstone Racquet Club is now a National League Champion with a 5.0 Men's team in 2008. Natomas Racquet Club has a 2008 National qualifier with their Men's 4.5 team that competes this October. Rio Del Oro had two National finalists in 2007 with the Senior 4.0 Women, and Senior 4.5 Men. League tennis in Sacramento is a big deal!

"National team title ambitions are a dream of every sports enthusiast. At Gold River, the dreams keep coming true. We are very fortunate to have Spare Time Clubs, a company founded by Bill and Margie Campbell, to foster the camaraderie, and joy of tennis for all these great players", said Marty

Rothfels, Director of Tennis at Gold

River Racquet Club. Gold River 5.0 Women were the talk of the tournament in Palm Springs over the September 26th-28th National event. Lielanie Steers, the administrative professional of the team organized hotels, practice courts, food, and transportation freeing up the players from decisions and leading a very confident and relaxed group of players who captured the title for Northern California. Kelly Wilson, USPTA Professional for Gold River was 16-0 for the season. Kelly played singles each day accumulating a 52-1 record at Nationals. Kelly said," It was a team effort by everyone." Martha Downing, age sixty, is an inspiration and a role model to us all as she encompasses grace, competitive spirit, and the love of tennis we should all emulate. Martha Downing was voted MVP by the team members for the season. Martha won the final singles match in Sectionals and also contributed doubles wins to constantly advance the team. Isabella Kling, Director of Tennis and Manager of the Spare Time Indoor Tennis Center went undefeated for the season at 13-0, dropping only one set in her five National matches. Jennifer Young was also undefeated at Nationals and proved to be an unstoppable force with Isabella. Carmel Hill, USPTA Professional for Broadstone Racquet Club, was a threat in every match she played compiling a 12-1 record for the season. Mary Johnson, who is no stranger to national competition, played with varied partners and was always mentally tough as nails. Sara McCarlie Seghi and Melissa Cole rounded out the team at Nationals providing scouting, training partners and support during the 110 degree event held at Indian Captain Lielanie Steers added a final comment, "Winning a National title with your friends is a lifetime memory for us all."

Broadstone Racquet Club 5.0 Men battled each day with 2-1 wins to capture the National Men's Title for Northern California. The team, captain by Todd Stanley, was a team of great players from all over the Sacramento area that have been close friends and partners for years. Todd compiled a 20-1 season dropping his only match at Nationals. For over 2 decades Todd Stanley has dominated doubles in Northern California with his partner Chris Gerety, who at age 42 went 18-0 for the season, never losing a set in doubles, and winning a pivotal Singles match in the Northern California Sectional event.. This was the first year the USTA Adult league season had the pleasure of Chris Gerety's skills, sportsmanship, and camaraderie. He has been a professional at Gold River for the past 18 years and is one of the best doubles players in Northern California. Joseph Gilbert, Director of Tennis at Rio Del Oro Racquet Club, competed for the first time in USTA League tennis this year and is an incredible player in both singles and doubles. They call him "frumpy" but his on court skills place him in the loose and extremely dangerous category amongst his peers. The pivotal match was the first day with a super tie-breaker against Florida. Pat Rutz, co captain of the team is a bear of a gentleman on the court with a huge game and personality. Pat went undefeated at 15-0 for the season, and was a former USPTA Professional and Director of Tennis at Rio for 10 years in Sacramento. Novak Nash, Tennis Professional for Broadstone Racquet Club, is a monstrous player with 130 mph serves, huge groundstrokes, and a forceful presence in singles and doubles. Novak was always the Aussie in the group providing humor, beers, and determination proving to be a vital part of the team's year long success. Ryan Junio, former professional at Broadstone is the "Man of the Year"

1st Place in the Women's 5.0 Division Gold River



Northern California Section - Mary Johnson, Kelly Wilson, Carmel-Mary Hill, Melissa Cole, Lanie Steers (Captain), Martha Downing, Isabella King, Jennifer Young, Sara McCarlie

in this team's eyes after providing the third set tiebreaker win in the finals to capture the National title. A great left handed serve and volley player, who put it all on the line and said "when you play on a team, you care about your performance and feel the adrenaline from your teammates and that pushes you to a performance I'll not forget" Jordan Boyls and Matt Mancasola rounded out a phenomenal team that will treasure the memories.

Gold River 4.0 Women's team reached the finals and lost the title by one tiebreaker. The final match against Florida was 3-2 and you can't get closer than that. Dana Newell captained a team whose goal was to reach Nationals and go for it!

After losing the first day 3-2, Dana's team turned it around winning their flight with a 4-1 win and a berth into the semifinals. The team made a huge impression winning the semi finals 5-0 and during that win won 4 third set tiebreakers to move into the finals. Denise Hinchman was 19-0 on the season. Oriel Strickland was 18-0 for the year. Kris Law was 17- 0 for the season, and Kim Buffington was undefeated at Nationals going 5-0. Other players contributing vital wins were Karin Bickel, Melissa Turton, Cindy Dean, Julie Carter, Kim Becker, and Rebecca Britton. Team members during the season who helped get this team to their final goal were Melissa Cole, Stephanie Johnson,

Carolyn Cole, Lisa Rothfels, Kiran Lanfranchi, Nancy Katzburg, Laura Faber, Jayna Osborne, and Doreen McCabe.

Gold River will host the National Mixed Championships in November with their own 10.0 Team being very strong. With teams like Amine Khaldi and Kelly Wilson, Isabella Kling and Marty Rothfels, Novak Nash and Carmel Hill, Jeff Shinn and Karen Burns, this team has high hopes for another great performance at the top tier in USTA Mixed Leagues.

"We are indeed unique and fortunate to have such a great community to enjoy the game of

#### 2nd Place in the Women's 4.0 Division Gold River



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### **Election Night Results CA Secretary of** State

96.4% (24,510 of 25,423) precincts partially or fully reporting as of Nov. 5, 2008,

#### at 9:54 a.m. **State Ballot Measures**

1A - Safe, Reliable High-Speed **Train Bond Act** YES: 4,959,358 NO: 4,535,334 47.7%

02 - Standards for Confining Farm Animals

YES: 6,113,393 63.3% NO: 3,555,798 36.7%

### **Summary Report** 2008 General **Election**

Semi-Official Sacramento County, Tuesday, November 4, 2008. Run Date:11/05/08 01:44 Am All Results As Available At Press Time. Votes Percent

Precincts Counted (Of 1330) Registered Voters - Total 684,588

402,448 Ballots Cast - Total Voter Turnout - Total . . . . . . 58.79

#### U S Representative District 3 Vote For 1

(With 696 Of 696 Precincts Counted) Dan Lungren (Rep) 96.039 48.69 Bill Durston (Dem) 88,238 44.74 Dina J. Padilla (P-F) 8,565 4.34 Douglas Arthur Tuma (Lib) 4,186

#### US Representative District 4 Vote For 1

(With 34 Of 34 Precincts Counted) Tom Mcclintock (Rep) 5,773 52.99 Charlie Brown (Dem) 5,104 46.85

#### U S Representative District 5 Vote For 1

(With 592 Of 592 Precincts Counted) Doris Matsui (Dem) 121.805 74.29 34,056 20.77 Paul A. Smith (Rep) L. R. Roberts (P-F) 7,675 4.68

#### State Senator District 1 Vote For 1

(With 455 Of 455 Precincts Counted) Dave Cox (Rep) 78,701 60.19 Anselmo A. Chavez (Dem)

#### **State Senator District 5**

Vote For 1 (With 72 Of 72 Precincts Counted) Lois Wolk (Dem) 10,255 62.53 Greg Aghazarian (Rep) 6,113 37.28

### State Assembly District 4

Vote For 1 (With 82 Of 82 Precincts Counted) Ted Gaines (Rep) 14,055 96.64 488 3.36 Write-In.

### State Assembly District 5

(With 455 Of 455 Precincts Counted) Roger Niello (Rep) 70,170 52.78 Dan Leahy (Dem) 52,357 39.38 Karen Martinez (P-F) 10,227 7.69

#### State Assembly District 9 Vote For 1

(With 350 Of 350 Precincts Counted) Dave Jones (Dem) 68,192 72.71 Mali D. Currington (Rep) Gerald Allen Frink (P-F) 5,667

State Assembly District 10

### Vote For 1

(With 303 Of 303 Precincts Counted) Alyson L. Huber (Dem) 40,378 52.49 Jack Sieglock (Rep) 31,128 40.47 Janice M. Bonser (Lib) 5,263 6.84

#### **Judge Of The Superior Court Office** No. 6

Vote For 1 (With 1330 Of 1330 Precincts Counted) 214,251 96.97 Peter J. Mcbrien

### **Judge Of The Superior Court Office**

6,693 3.03

**COLOR SALE!** 

Vote For 1 (With 1330 Of 1330 Precincts Counted)

Write-In.

Marjorie Koller 209,316 98.56 Write-In 3,052 1.44

#### 03 - Children's Hospital Bond Act. Grant Program. YES: 5,176,800

NO: 4,277,341 45.2% 04 - Parent Notif. Before Terminating Minor's Pregnancy

YES: 4,617,395 47.7% NO: 5,056,551 05 - Nonviolent Drug Offense.

Sentencing, Parole, Rehab YES: 3,823,631 NO: 5,689,619 40.1% 59.9%

06 - Police, Law Enforcement **Funding. Criminal Laws.** YES: 2,839,236 30.6% NO: 6,433,739 69.4%

07 - Renewable Energy Gen-

YES: 3,328,190 35.1% NO: 6,153,681 64.9%

### **Judge Of The Superior Court Office**

(With 1330 Of 1330 Precincts Counted) 210,050 98.59 Kevin R. Culhane

Write-In

Chris Tedesco

#### Trustee Area 3 Los Rios Community **College District**

3,014 1.41

1,569 4.25

5,237 10.20

4,731 9.21

Vote For 1 (With 90 Of 90 Precincts Counted) Terry Cochran 11,729 59.11 Todd Braun 8,003 40.33

#### Trustee Area 5 Los Rios Community **College District**

Vote For 1 (With 163 Of 163 Precincts Counted) 15.399 41.73 Pam Havnes Sharon Owens Thomas 13,751 37.26 3,444 9.33 Tom Kraus 2.570 6.96 Peter Finn

#### Trustee Area 7 Los Rios Community **College District**

(With 230 Of 230 Precincts Counted) Katherine (Kay) Albiani 29,940 58.30 11,311 22.02 John D. Taylor

Steve Edward Miller

Bruce Nelson

#### Governing Board Member Area 4 Sierra Joint Community College **District**

Vote For 1 (With 42 Of 42 Precincts Counted) Elaine Rowen 4,314 56.99 Dennis Michael Cota 3,201 42.29

#### Governing Board Member Area 7 Sierra Joint Community College **District**

Vote For 1 (With 42 Of 42 Precincts Counted) Aaron Klein 3,854 54.92 3,107 44.28 John Vodonick

#### **Governing Board Member Folsom Cordova Unified School District**

Vote For 2 (With 116 Of 116 Precincts Counted) 9,421 20.94 Joanne Reinking Teresa A. Stanley 9,279 20.63 Conrade C. Mayer 7,845 17.44 Marilyn Maggio. 5,661 12.59 Daniel Cheng 3,621 8.05 Dvarl E. Abdo Kumar Kalagara 3,068 6.82 Gary T Johnson 2,730 6.07

#### Governing BOard Member Area 3 Sacramento City Unified School Dist Vote For 1

(With 48 Of 48 Precincts Counted) 3,858 33.59 Donald Terry 3,725 32.43 Vicki Simpson 2,076 18.08 David Chance James Cramer 1,785 15.54

#### Governing Board Member San Juan **Unified School District**

Vote For 3 (With 334 Of 334 Precincts Counted) Larry Miles 43,321 25.37 Lucinda E. Luttgen 41,619 24.38 38,396 22,49 Richard Launev 24,382 14.28 Lance Christensen 22,554 13.21 Joan D. Miller

### **Mayor City Of Sacramento**

Vote For 1 (With 391 Of 391 PRecincts Counted) Kevin Johnson 68,047 57.50 49,686 41.99 Heather Fargo

#### City Council City Of Citrus Heights Vote For 2

(With 71 Of 71 Precincts Counted) Jayna Costa 9,701 27.90 9,269 26.66 Jeff Slowey James "Jim" Remick 8,530 24.53 Bret DanIels 5,280 15.19 Pete Miller 1,916 5.51

### City Council City Of Rancho Cor-

08 - Eliminates Right of Same-

09 - Criminal Justice System.

10 - Altern. Fuel Vehicles and

Renewable Energy Bonds

Victims' Rights. Parole.

47.8%

53.3%

46.7%

40.2%

59.8%

50.6%

49.4%

63.5%

36.5%

**Sex Couples to Marry** 

YES: 5,220,694

NO: 4,792,873

YES: 4,953,343

NO: 4,343,613

YES: 3,783,465

NO: 5,625,858

11 - Redistricting

YES: 4,546,307

NO: 4,453,419

YES: 5,842,902

NO: 3,370,304

12 - Veterans' Bond

Vote For 3 (With 62 Of 62 Precincts Counted) Ken Cooley 8,707 32.30 7,502 27.83 David Sander 7,360 27.30 Robert J. Mcgarvey Debra L. Davis 3,237 12.01

#### Director Ward 2 Sacramento **Municipal Utility District**

Vote For 1 (With 242 Of 242 Precincts Counted) Nancy Bui 25,220 52.05 15,198 31.37 Mark Bahouth John L. Buhl 7,898 16.30

#### Director, Division 6 Sacramento **Metro Fire District**

(With 69 Of 69 Precincts COunted) D'elman Clark 9,041 63.64 5,106 35.94 Robert H. Halleck

#### **Director Cordova Recreation And Park District**

(With 117 Of 117 Precincts Counted) Mark E Baxter 8,463 22.27 6,518 17.15 Perry Metzger 6,466 17.01 Rick Sloan Kendall Tough 5,547 14.59 Kathryn L. Gerwig 4,754 12.51 3,370 8.87 David A. Ivazian David Wayne La Pierre 2,783 7.32

#### **Director Fair Oaks Recreation And Park District**

(With 39 Of 39 Precincts Counted) John O'farrell 6,188 29.10 5,354 25.18 Brandon D Rose Geoffrey A. Simcoe 5,245 24.66 Tel Labelle 4,417 20.77

#### **Director Orangevale Recreation And Park District**

Vote For 3 (With 35 Of 35 Precincts Counted) Mike Stickney 5,537 29.10 5,214 27.40 Steve Caldwell 4,489 23.59 Leonard Hawkins Josh Pino 3,743 19.67

#### **Director Division 1 Sacramento Suburban Water District**

Vote For 1 (With 30 Of 30 Precincts Counted) 3,666 61.25 Frederick Gayle David J. Githens 2.287 38.21

### **Presidential Election Results**

349 electoral

Barack Obama, Dem

63 347 102 votes

05,547,102 voics	WINNER
John McCain, GOP 56,009,353 votes	46% 162 electoral
Ralph Nader, EPF	1% 651,128 votes
Bob Barr, Ind	0%

486,031 votes

Chuck Baldwin, AKI 173,595 votes

Cynthia McKinney, Grn 0% 140,467 votes

Alan Keyes, AIP 34,531 votes

Ron Paul, CST 19,285 votes

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### RILEY REVIEWS by Tim Riley



POLICE DRAMA HITS THE **USUAL NOTES IN "PRIDE AND** GLORY"

PRIDE AND GLORY (Rated R)

We've seen so many movies like the police procedural that unfolds to almost predictable extremes in "Pride and Glory" that the list of films emulated is just too long to publish now. Just for the heck of it, let's say that the recent films "The Departed" and "We Own the Night" inform, to a great degree, what should be expected from director and screenwriter Gavin O'Connor, the son on a New York City cop. Apparently, O'Connor may have a few insights into the law enforcement culture that help him explore the clash of loyalties on full display in "Pride and Glory."

Police dramas have become as generic as uplifting sports stories, and as a result, the title "Pride and Glory" would seem to work for either genre. The concept of pride and glory are very much at risk when an incendiary corruption scandal threatens to undermine the New York City Police Department. During the holiday season, four NYPD officers are dead, killed in an ambush that has the entire force on alert and on edge. With a cop killer on the loose and so much at stake, Chief of Manhattan Detectives Francis Tierney, Sr. (Jon Voight) asks his son, Detective Ray Tierney (Edward Norton), to lead the investigation.

For his part, Ray is reluctant to take on the case because he was burned in the past and has settled into low-risk assignments that keep him off the streets. Moreover, he knows that the cops who were lost had served under his older brother, Francis Jr. (Noah Emmerich), and alongside his brother-in-law Jimmy Egan (Colin Farrell). Right from the start, there is an overabundance of

family ties that are certain to cause grief. This we know from watching too many other police procedurals sounding the same themes.

On the surface, the case looks like a routine drug bust gone terribly, tragically wrong. However, as Ray digs deeper in his investigation, he realizes someone had to have tipped off the drug dealers that cops would arrive on the scene. More unthinkable is the awareness that the informant was somebody on the inside of the police department. Worse still, the evidence starts to point in the direction of his own family members, seeing how both Francis Jr. and Jimmy are in the same precinct that comes under a cloud of suspicion. Naturally, as Ray's probing

into the dark corners starts to produce unwelcome results that the family patriarch doesn't really want to hear about, especially when distrust is likely to touch on all relatives. The hot-headed Jimmy is the most culpable, and this becomes increasingly apparent as he starts threatening drug-dealing lowlifes with an alarmingly aggressive attack. One of the most disturbing moments involves Jimmy's use of a hot iron during an intense interrogation. Increasingly unhinged by erratic behavior, Jimmy even puts his wife Megan (Lake Bell) and kids in jeopardy when having to confront his criminal informants in his own backyard.

Meanwhile, Francis Jr. is caught in the swirling storm of controversy that threatens to ruin not just his command, but also to shred the family reputation. Moral dilemmas begin to run rampant, most of them predictable for the cop genre. Amore affecting story is that of Francis Jr.'s wife Abby (Jennifer Ehle), a victim of terminal cancer who just wants to be sure her husband will take care of their kids. Unfortunately, there's a palpable feeling from the start that Francis Jr. is in way over his head and unable to deal effectively with a band of rogue cops on his watch.

What one expects is that the multi-generational police family will

band together as a tightknit family, upholding their own principles, if not the "blue wall of silence." But, as these things happen, the situation gets wildly out of control, leading to very intense, often brutal action. Aiding and abetting a downward spiral is the extremely volatile Jimmy, who seems to be channeling the energy of every hot-tempered, unstable drug-dealing punk on the

"Pride and Glory" thrusts a family of Irish cops on to rocky moral terrain, compelling a number of difficult choices for dealing with corruption, family loyalty and departmental ties. In the end, the characters are more interesting than the story. Colin Farrell's explosive Jimmy is often shocking. Edward Norton's tortured Ray is the emotional core of the film. Jon Voight excels as the worldly patriarch struggling to keep the family together. Together, and with the other strong supporting characters, they make this formulaic police procedural work quite well.

DVD RELEASE UPDATE

Selecting programs often seen on PBS and A&E, Acorn Media distributes DVDs of the best of British television to the North American market. "Agatha Christie: Mystery Lover's Collection" features a collection of five mysteries from the Oueen of Crime. From the subtle intrigue of Miss Marple and Hercule Poirot to the frolicsome sleuthing of Tommy and Tuppence and the suspenseful adventure of two young lovers in "The Pale Horse," this collection showcases the full spectrum of Agatha Christie's timeless talents. Among the five titles, "The Body in the Library" stars Geraldine McEwan as Miss Marple investigating the death of a glamorous young woman whose body turns up in the unlikeliest place. David Suchet plays detective Poirot in "The Mysterious Affair at Styles," coming to the aid of an old friend, a recovering war veteran who encounters an apparent murder at a remote English estate.



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First Edition for November 2008 The Messenger Page 15

Well, it's inevitable. Nobody gets out of this life alive, and as long as we all have firm reservations with the Grim Reaper, we may as well plan our own funeral services.

What—you were going to leave them to chance? To your kids, who still think Beavis and Butthead are a classic? Please. If you want any kind of proper tribute, you'll have to write it yourself.

My mom just wanted a simple graveside service, with those in attendance recalling a favorite memory with her. Needless to say, every person present used the word "character" in describing her, and I mean as a noun, not as an adjective

She should have written it herself, embroidered history a bit, and taken out all references to her tiny stature yet legendary temper, her delight in her own appearance, and her uncanny ability to spin a lie quick as a wink, even when unnecessary.

But she didn't, so these and other questionable traits spilled forth as a final remembrance, and even distilled into a gravestone that reads, "Feisty to the Finish."

I want my headstone to say, "I told you we should have stayed with the group." I know it's a lot of letters to engrave, but my eternal amusement will be worth it.

And I'm leaving behind a list of approved anecdotes my children

### Joni Hilton

### **Putting the Fun Back in Funeral**

can recall, all of which illustrate what a wonderful, giving mother I have been. I am also compiling a list of forbidden anecdotes that, if shared, will automatically disqualify the teller from any inheritance.

Eleanor, a friend of mine, just attended her friend's funeral and guess what all the kids mentioned in their talks? Their mother's famous chopped liver sandwiches. They meant it as a compliment, of course, but how could you not shudder to think what your own kids will say is your legacy? Eleanor decided to stop making fudge immediately. For years she's been known for her truly perfect chocolate fudge, but she's announcing to all her kids that from now on they can buy it. No funeral of hers is going to have a fudge theme.

Above all, I shall insist on a closed casket. Nobody else can do my makeup right, and no viewing will be allowed. Instead, a lovelyand retouched—photograph of me at my prime will rest atop the casket lid. Since I am still hoping for a prime, this photo has yet to be

As for music, I plan to choose the catchiest songs of the day, so that whenever my loved ones hear them on the radio it will remind them of me.

I've thought about making one of those goodbye videos with inspiring last words and expressions of love for one and all, but the camera adds 40 pounds—I'm sure of this-so I'll see how the diet goes and then try it. My comedian

kids will probably run it backwards anyway, and laugh like hyenas and miss the whole point.

The tricky part, really, is the timing. Nobody wants to live past the point of real quality of life, yet many of us do, lingering past our time with a heartbeat stronger than a brain. But at least one of my kids, Brandon, has the solution to this problem, and I may borrow his idea. He says when he gets to be elderly, he's going to hire some hit men. They are to come and visit every six months, to ask Brandon who they are. When he can't remember, they're to shoot him.

And then, like I say, follow my instructions for the perfect funeral.

Joni Hilton is an award-winning playwright, the author of 16 books, holds a Master of Fine Arts degree in Professional Writing from USC, and is frequently published in major magazines. A former TV talk show host in Los Angeles, she is also a TV spokeswoman across the U.S. for various corporations, and highly in demand as a public speaker. She is Founder of Holy Cow, an organic line of cleaning products (holycowproducts.com), the winner of dozens of cooking contests, and a former model and Miss California. She is married to Bob Hilton, and they are the parents of four children. For book reviews, recipes, purchasing information about her books, and more, simply type Joni Hilton into Google or Yahoo.

Listen to "The Joni Hilton Show" streaming live, weeknights 6-8 pm on www.KAHI.com

# San Juan 95th Anniversary Picnic



by Barbara Morarity-Van Dyke San Juan Alumni Association

Well threats of rain did not keep the Spartans away. The picnic ran from 11 to 5 on Saturday, October 4th. About 10:30 am the rain drizzle stopped, the clouds parted and the sun came shining through. We did get about half the crowd we usually have, estimating close to 500 in attendance throughout the day(we are still tallying the sign-in forms). The Opening Ceremonies were very impressive with the Citrus Heights Marching Band & California Air National Guard to kick things off. That was followed by a welcome by San Juan Alumni Association President Dick Cowan. We had a wonderful presentation by Assemblyman

school a plaque commemorating their contribution and history in the community. The guest speakers included: San Juan Unified School District Board members, Dr. Patricia Jaurequi(SJUSD Super), Larry Miles & Rick Launey, and Citrus Heights Mayor-Steve Miller. The day included performances by the San Juan Cheerleaders, a Car Show, introductions of the Teacher and Faculty attending, and music by our DJ. We would like to thank the following volunteers who made this reunion possible: The Members of the San Juan Alumni Association, Giusti(65')-Organizer, Richard Dick & Carol Cowan(64')-SJAA President, Ken Habbestad(75')-DJ, Elmer & Joanne Dever(49'/54'), Bobbie Wickham(49')-SJAA Secty, Roger Niello who presented the Maria Ferris-Brugger(61'), John/ Evonne Sotelo-Sweeney(67'), Gary Nelson(73'), Eileen Metzger(63'), Barbara Morarity-Van Dyke(77'), Jerry Still(60'), Marguerite Denman-Hodges(45'), Lucinda Luttgen(56'), Brittany Baily(SJ Gov. President), The Staff & Students of San Juan High, Ward Andrus(SJ Principal), Nicole Kukral(SJ Faculty), San Juan Student Government-Kate Mathany(SJ Faculty), The San Juan Culinary Arts Program-Sandi Coulter(SJ Faculty), The San Juan Boosters Club-Tom Day & Michelle Daniels, California Air National Guard, Dreyers Ice Cream, & Sunshine Equipment Rental. As I left the park at 5:20 after packing up the event, as I was driving home, the raindrops starting coming down on my car, and I sighed

# FamilyLife Supports Local First Responders

FamilyLife Supports Local First this conference is \$129 per person.\* Responders by Inviting Them To **Attend Weekend to Remember Marriage Conference for Free** 

Fire, police and EMT personnel in Stockton and Sacramento offered free event admission in appreciation for their service to the community

FamilyLife, the leader in marriage conferences, presents Weekend to Remember in Sacramento (Nov. 7 -9 and Nov. 14 - 16). Weekend to Remember is a marriage conference aiming to strengthen healthy marriages and heal troubled ones in a fun, supportive and non-threatening environment.

While every couple is encouraged to attend, FamilyLife has invited local area First Responders and their spouses to attend these conferences free-ofcharge in recognition of the sacrifices they make to ensure the safety of their communities and the subsequent toll that their jobs take on their marriages. A First Responder couple includes at least one spouse who is active in the police force, fire department or EMT fields.

FamilyLife conferences scheduled as follows:

· Nov. 7 – 9 and Nov. 14 – 16:

DoubleTree Hotel Sacramento, 2001 Point West Way, Sacramento. Cost for First Responder couples are invited to attend the conference for free and must register by end of day on the Thursday prior to each conference to guarantee admittance.

"This conference is not just for couples looking for an overhaul, it is also a positive way to impact and fine-tune all marriages," said Chuck Douglas, FamilyLife field ministry representative and author of HomeBuilders: Protecting Your First Responder Marriage. "However, FamilyLife decided to give First Responders in the Sacramento area an opportunity to attend these conferences for free, because their marriages are up to three times more likely to end in divorce."

"The Weekend to Remember conference saved our marriage," said George McKinley, a Fair Oaks resident and 20-year veteran of the California Highway Patrol who attended his first FamilyLife conference along with his wife, Debbie, in 1996. "Our relationship was in rough shape, and we are so thankful we found a program that could provide us with Homebuilders the tools we needed to improve our FamilyLife Today radio broadcasts, communication and, ultimately, our marriage.

Couples interested in more information or registering for the upcoming FamilyLife Weekend to Remember conferences can visit www.familylife.com/weekend. First responder couples should call [1-800-FLTODAY] to receive a promotion code, which they will use to register online. All first responders will need to show proper identification to gain complimentary entry into the conference.

To donate to FamilyLife, a 501c3 non-profit organization that assists couples in Sacramento and around the world build healthier marriages and families, please visit www.familylife.

About FamilyLife

For more than three decades FamilyLife, a global non-profit organization founded by Dennis and Barbara Rainey, has focused on the mission of using practical, biblical principles to build healthier marriages and families. FamilyLife, a 501c3, works in 100 countries around the world to help to transform lives and restore hope through its Weekend to Remember marriage conferences. Bible Hope for Orphans orphan care ministry, FamilyLife publications, and the internet. For more information visit FamilyLife.com.



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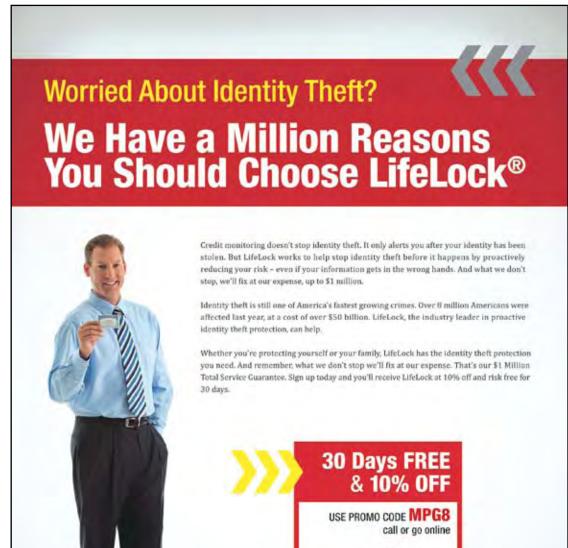
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### Sacramento and Central Valley Students Head Out on Tall Ship Adventures

New captain to guide Hawaiian Chieftain during her education programs

Elementary and high school students from 27 schools in 19 communities in the Sacramento and Central Valley region boarded the tall ship Hawaiian Chieftain for educational programs during the ship's visit. Arriving at Sacramento Marina on Wednesday, October 29, the replica of an early 19th century South Seas trading ship showed school groups the hands-on basics of handling a tall ship, as well as teaching how 18th-century mariners made their living on the sea.

The communities represented by the school groups include: Carmichael, El Dorado Hills, Folsom, Granite Bay, Lincoln, Loomis, Sacramento, Orangevale, Rocklin, and Roseville.

Capt. Michael "Jake" Jacobson of Bellingham, Washington served as master of the Hawaiian Chieftain during her five-week visit to Sacramento. Capt. Jacobson, 54, has sailed with the Historical Seaport since 1989, when he participated in the construction and launch of the tall ship Lady Washington. He has also sailed on the Australian barque Endeavour and the replica of the HMS Bounty.

The Hawaiian Chieftain will open for walk-on tours dockside on Saturdays, 10 a.m. to 1 p.m. A \$3 donation per person is appreciated. The ship will also offer family-oriented Adventure Sails on Saturdays and Sundays at 2 p.m. Passengers are encouraged (but not required) to take part in raising a sail, sing along with a sea shanty, and experience the life of an early 19th century merchant seaman. Tickets are \$55 for adults, \$45 for students,



seniors, and active military, and \$35 for children under 12. Reservations are strongly recommended. For a detailed schedule, visit http://www.historicalseaport.org or call 800-200-5230

About GHHSA – The Grays Harbor Historical Seaport Authority is a not-for-profit, 501(c)(3) public development authority based in Aberdeen, Wash. that owns and

operates the tall ships Hawaiian Chieftain and Lady Washington, the Official Ship of the State of Washington. GHHSA's mission is to provide educational, vocational, recreational and ambassadorial activities and experiences that promote and preserve the maritime history of Grays Harbor, the Pacific Northwest, and our nation while serving the needs of the community.

### Billy Graham to Turn 90 Public Invited to Send Personal father's ministry to share your story or simple

Public Invited to Send Persona Stories, Birthday Wishes

Christian Newswire - For more than 60 years, evangelist Billy Graham has preached the good news of God's love in-person to nearly 215 million people at hundreds of events and countless millions more via television and radio. Now, all of the individuals, churches and ministries he has impacted have a unique opportunity to say something in return.

The Billy Graham Evangelistic Association (BGEA) announced today it is collecting stories and birthday wishes for the evangelist, who turns 90 on November 7, 2008. All who have been personally touched by an aspect of Billy Graham's ministry are welcome and encouraged to visit www.billygraham90.com to share a greeting or a personal story about his ministry they feel would encourage Mr. Graham at this milestone. Submissions will be accepted until November 1.

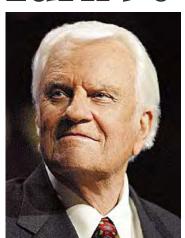
"My father is a humble man who would never expect to be honored and recognized like this on his birthday," said Franklin Graham, BGEA president and CEO and Graham's eldest son. "We urge all who made a commitment to Jesus Christ through my father's ministry to share your story or simple greeting, as nothing could uplift him more on this special day."

Along with providing a place where visitors can submit stories and greetings, www.billygraham90.com also contains resources that churches and other ministries can download to inform others about this birthday celebration. In addition, messages can be mailed to: Billy Graham's 90th Birthday, Billy Graham Evangelistic Association, 1 Billy Graham Parkway, Charlotte, NC 28201.

Following Mr. Graham's birthday in November, all of the greetings and wishes in honor of his faithful decades-long ministry will be combined into books and presented to him during a special tribute dinner with family and ministry friends later in the month.

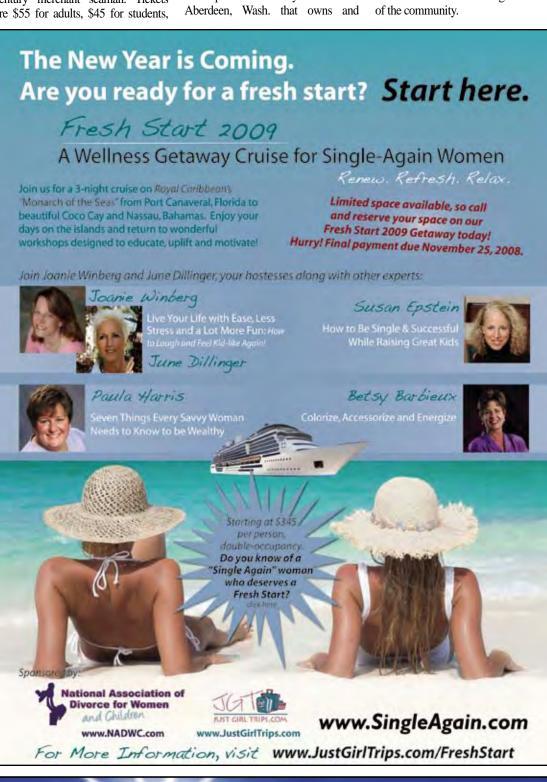
As Mr. Graham turns 90, the impact of his ministry continues to be felt worldwide. In addition to holding international evangelistic Festivals, Franklin Graham has overseen the development of several exciting new projects at the BGEA that are reaching millions of people across the United States and around the globe.

From its headquarters in Charlotte, N.C., the Billy Graham Evangelistic Association



runs a wide range of domestic and international ministries, including: large-scale festivals led by evangelists Franklin Graham and his son Will Graham; Dare to Be a Daniel, a youth evangelism training project; My Hope World Evangelism Through Television; the Billy Graham Rapid Response Team of crisistrained chaplains; and many others through print, television, telephone, radio and the Internet. For more information, please visit www.billygraham.org.









Lawnman is a comprehensive landscaping company serving commercial property owners/managers and residential customers in Northern California since 1992. We're founded on the principle that landscaping is primarily a relationship business.

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