AMERICAN RIVER

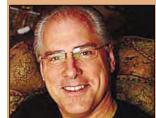
Vietnam Veterans Facility



New Veterans Assistance Facility opens in Downtown Sacramento

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Eric Butorac replaces former team captain Mark Knowles

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Volume 3 Issue 7

Serving Citrus Heights, Fair Oaks, Carmichael, Orangevale & Gold River

First Edition for April 2008

San Juan School District **Receives \$200K from Mercy**



From Left to Right: Steven Enoch - Superintendent of Schools, SJUSD, Richard Launey - President, Board of Education, Dianna Batt - Principal, Coyle Avenue Elementary School, Brian Ivie, President, Mercy San Juan Medical Center, Don Myers - Senior Director, Facilities and Planning, SJUSD

Mercy Hospital President Brian Ivie presented the San Juan Unified School District \$200,000 so Coyle Avenue Elementary School can build a new pickup and drop-off area for parents

office in Carmichael.

Since announcing plans to build a new patient care wing in 2002, Mercy has collaborated with neighbors, the school district and Sacramento County and students. The presentation to determine ways to improve was made on March 25th at a traffic on Coyle Avenue. Mercy board meeting at the district Hospital is also working with the

school district and Sacramento County to apply for Safe Routes to School state funding that would make improvements to the neighborhood that would make the area safer for children. They completed a grant application last November and are waiting to hear back from the State of California.

Sam's Club Gives Back to the Community



PRESORTED STD. **US POSTAGE** PAID PERMIT 32 Rancho Cordova, CA

Manager Larry Turner presenting The Sacramento Young Marines with a \$1200 Grant

By Amanda Morello

Citrus Heights Club presented The Sacramento Young Marines with a \$1200 on Wednesday, March 26th. Sam's Club Manager, Larry Turner along with several other associates, pulled out the BIG check giving it to 5 Sacramento Young Marines that were still

generous donation will help start a scholarship and help with fund the Sacramento Young Marines trip back to Washington DC for The National Memorial Day Parade.

The Citrus Heights Sam's Club has generously given over \$25,000 so far this year to local charities and on Spring Break. This non-profit organizations.

Local Heroes Honored at Gala Dinner Event

The Heart of A Hero 2008 gala People for his work with The Effort improve family life and create a event was held at the Holiday Inn on Date Avenue, Sacramento on March 27th. The event provided a very special opportunity to recognize those who are making a positive impact within our community assisting youth.

The evening raised funds for the Campus Life Connection Teen Centers and youth programs.

The 12th annual gala dinner honored the outstanding effort of those in our community as they enhance the wellbeing and safety of young people.

The Heart of A Hero event has been established to raise

community awareness of the need teenagers have for a safe, stable, and drug/alcohol free environment and how such an environment assists in guiding their energy and actions in a positive direction. The gala also recognized the efforts extraordinary individuals who have assisted youth in the greater Sacramento Valley (Sacramento, Yolo, Placer and El Dorado Counties).

2008 Heart of a Hero Recipients

While all the nominees are heroes receiving a certificate of recognition, these recipients stood out in their individual categories for special honors:

Heart of a Leader

Counselor mentors Jesse Davis of Strategies for Change and Trino Richard Zavala tied in this category. They each received a plaque recognizing their contributions as community leaders who mentor youth through substance abuse, anti-gang and drug counseling. The Gala audience also voted Mr. Zavala as its choice for hero of heroes, and he received accolades and the Award of Heart of the

in Sacramento.

Community Heart

We all get hungry and the Northridge Church of God's "Grab & Go" food assistance program for children received honors in this category. Sam Jones accepted the

center for the North Sacramento community. They were honored with the plaque for Dream Builder's Youth Group programs.

Heart of a Servant

The Cosumnes River Fire District helped children explore

firefighting as a career during its Fire Camp. For two weeks Elk Grove area children participated in realistic fire fighting drills and learned how fire departments do their job. Many area firefighters provided volunteer time

to give kids positive role models during the summer break program.

Brave Heart 2008 Sacramento Sheriff's Sgt. Pam

Irey was leading her Explorer program during the Bull Riding Rodeo event at the California State Fair when one animal broke loose and charged a nearby group of children. Without a thought for her own safety, Irey demonstrated the courage of a true Hero in jumping in front of the charging bull deflecting it from harming the kids. She was injured and hospitalized after being struck and tossed, but not a single child was injured. Her actions made her the outstanding choice as 2008 Brave Heart recipient.

The Campus Life Connection is a non-profit, youth services program free of charge in area communities. www.northareateencenter. Those interested in participating in future Heart of the Hero events may contact Jim Vargas, Executive Director, North Area Teen Center, at 486-9893 or 335-0804, or write to: Heart of A Hero, P.O. Box 397, Carmichael

award for the Fair Oaks program. Pastor Jay Dudley praised the many volunteers who staff the nutrition program providing breakfast to area schoolchildren who would otherwise be hungry in class.

Heart of a Hero

Voices of the Heart

He is well known for his on air radio antics and long partnership with Phil Cowan at Y 92 FM. Broadcaster Paul Robbins was chosen as a singular example of community leadership for his personal 92 mile fundraising run on behalf of Sacramento's Atkinson Youth Services. Sacramento Raley's Stores sponsored the run.

Knowledge of the Heart

Teacher and counselor Scott Evans from Carmichael's Mira Loma High School was selected from among a score local teachers nominated. He stood out for his personal commitment to making education more than facts and figures, providing students with mentoring on issues beyond the classroom.

Spirit of the Heart

The Robinson Community Center has helped change lives,

CA 95609-0397.

Special Economic Report: Silver Lining in a Dark Cloud?

Job demand & hiring trends for local companies in the 2nd Quarter of 2008

When asked if there is any good news in business, sixty-two percent (62%) of Sacramento's 100 top companies surveyed this March say, "Yes". Despite problems in housing, credit and the resulting slowdown in the marketplace workforce managers offered forward thinking, insightful trends and many benefits that often are the flip side of current economic woes.

The HR contacts cited the increased number and quality of job applicants, less concern about retention of skilled workers and greater overall stability in the workforce. That many companies are becoming more 'green' to cut costs, more creative in developing new products, partnerships and markets while learning new processes to improve productivity. Retailers noted that while sales of some new products are down, demand for parts

Some of those contacted by phone noted better customer service, the opportunity to buy at lower prices for capital improvement and being better positioned to grow when the economy improves often result from a downturn. The top company contacts say up and down cycles are part of the business environment. The 'baby-boomers' growing need for healthcare, seasonal upswings in agricultural production, better prices for commodities and a more competitive dollar are helping products in the global marketplace and are all good news.

Hiring Trends Second Quarter 2008 Fifty-six percent (56%) of companies

are hiring in April, May and June but Pacific Staffing discovered most seek only replacements in their existing workforce. Only sixteen percent (16%) of companies expect to add any new workers in Q-2. Forty-three percent (43%) report hiring demand motivated only by attrition. Thirteen percent

(13%) of companies expect to reduce the number of workers thru layoffs in Second Quarter with ten percent (10%) of those attributing it directly to slow business.

Sacramento area employers report a challenge in motivating their workforce as business slows down, as morale problems were noted by seven percent (7%) of companies. Of the 100 Sacramento Regional Top Companies By Industry: 32% are Service, 39% are Manufacturers, 16% are Construction and 13% are Retail.

Demand remains high for computer-related technical skills, sales and manufacturing experience in the upcoming Second Quarter. 100 top companies are also seeking customer service, warehouse, shipping and accounting skills in April, May and June.

For more information & previous workplace hiring and trend surveys go to www.pacificstaffing.com.

www.AmericanRiverMessenger.com

DUTCH TREAT



By Dennis Packard

MY PATROL **YEARS**

There is a Certificate of Merit that is yellow, tattered and torn that hangs in my office under a glass frame. It is not close to me because of any pride issue, it only fills my head with nostalgic when I take a moment to examine it.

It's an 11x 14 document with bold Italian script that recognizes my outstanding service as a, have you guessed? "A patrol boy."

Neverwithoutanimagination when I was ten or twelve, I considered it a great honor to have been chosen to patrol the busy corners of Chicago near our grade school and help the little ones cross the street. If you have concluded that I was a nerd--perhaps you've guessed correctly.

World War II surrounded us on the home front during my patrol years. Posters of John Wayne war movies and cartoon caricatures of Hitler, Mussolini and Hirohito were glued to every billboard. Servicemen were everywhere.

It was an easy illusion to consider myself a soldier when I placed my adjustable white patrol belt across my chest and around my waist each morning. I became a small "John Wayne." It was my duty to save the children from the large German tanks from running them over, well, the streetcars. No child was injured on my watch.

It looks like the bee keepers

and the seedless mandarin orange farmers are not happy with each other. Apparently, the California government had to step in and try to console them. Those cute little bees have no sense then to pollinate seedless mandarin oranges right after they stuffed themselves with other citrus fruit. A seed in a seedless fruit is something I do have to worry about.

Not to make light of it, there is a concern when the farmers lose 40 percent of their crop that is not seedless, but then, after seeing the movie, "The Bees" with 600 hundred curtain climbers, I certainly do have a knew found respect for those little creatures, and I do respect their Queen.

Recently I made the decision to surround myself with two year old children if I have the need to feel happy. Cuddled on a couch with my two-year-old grandchild, Brooke, she made the decision to examine my head like a monkey looking for lice. After her little fingers did some walking across my face she discovered something and looking astonished, whispered, "Gampa, you have liddle mole by your eye."

"So?" I responded.

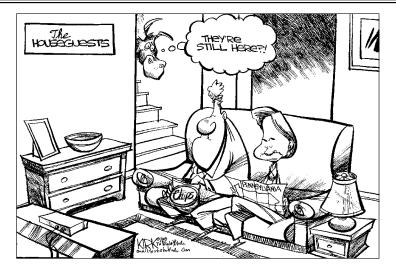
Still inquisitive, and not satisfied with the examination or my discomfort, her tiny index finger continued to travel pass my nose, across my mouth and towards the back of my neck. Again, she informed me with even more enthusiasm, "GAMPA, YOU HAVE A LIDDLE MOLE ON YOUR NECK!"

"Yes, Brooke, Gampa has MANY moles!" I confessed, rolling my eyes.

After a little thought, Brooke brought both her arms in the air and with great delight; she smiled and shouted, "That's COOL Gampa!"

And we both laughed and danced in circles singing, "I love you, a bushel and a peck, a bushel and a peck and a hug around the neck."

Quip for the Day: Among the best home furnishings are children.







The warm tributes to William F. Buckley Jr., the conservative hero who died at age 82, have emphasized all that everyone could appreciate about him: formidable intelligence, the capacious vocabulary, the otherworldly productivity, the playful wit, the graciousness and deep, wide-ranging friendships.

He was a beloved figure who had entered American lore and, in that sense, belonged to all of us. But in the fond reminiscences, it shouldn't be forgotten what he hated. Buckley was an anticommunist to the marrow of his bones, whose lifelong mission was to crush Marxist totalitarianism. In this, he was uncompromising, relentless and -- this is what makes

William F. Buckley Jr., RIP it possible to minimize it now -and can flourish only in freedom.

Buckley was a master debater who took on (and usually beat) all comers, but he insisted that, with communists, there could be no dialogue. He convinced the Yale Political Union in 1962 to rescind an invitation to the head of the Communist Party U.S.A. "We can no more collaborate with him to further the common understanding than Anne Frank could have collaborated with Goebbels in a dialogue on race relations,"

anti-communism Buckley's had many roots. His father, an oilman who did business in a Mexico roiled by revolution, was a committed anti-communist. And Buckley's Catholic faith made him a natural foe of atheistic Marxism. But the deepest foundation of Buckley's anti-communism -- and his politics generally -- was a belief that the individual is paramount

Buckley argued.

This is a man who recoiled at the leveling, deadening conformity of communism and would have died of boredom (or more likely would

have been jailed or executed for

brave, puckish provocations)

within such a system.

Buckley said that communism's "extirpative passion is to eliminate man." How? By eliminating freedom. "Without freedom, there is no true humanity." Even in the darkest days of the Cold War, Buckley realized how difficult it would be to forever extinguish

that hardy ember of humanity that

is the individual. 1959, in Buckley Back excoriated the flabbiness of thought that attended an invitation to Nikita Khrushchev to visit the United States. He concluded: "Khrushchev cannot take permanent advantage of our temporary disadvantage, for it is

the West he is fighting. And in the

West there lie, however encysted, the ultimate resources, which are moral in nature. In the end, we will bury him."

He spoke often of the gratitude we owe our civilizational forebears and regretted that "a country -- a civilization -- that gives us such gifts as we dispose of cannot be repaid in kind. There is no way in which we can give to the United States a present of a bill of rights in exchange for its having given us the Bill of Rights."

But Buckley did his utmost to repay it in kind. Long ago, he himself entered what he liked to call freedom's House of Lords, and he is now due what he once movingly called for: "We need a rebirth of gratitude for those who have cared for us, living and, mostly, dead. The high moments of our way of life are their gifts to us. We must remember them in our thoughts and in our prayers; and in



by Ron Getty

The "war on poverty," through its unintended consequences, is the enemy of the poor and, in fact, is a 500-pound government monkey sitting on the backs of the poor. Fighting poverty is a multi-billion-dollar government boondoggle for bureaucrats using forced philanthropy from taxpayers. For example, a recent audit by the San Francisco budget analyst reported \$70 million of taxpayer funds spent by city departments to help 3,000 unemployed workers find low-wage employment. In the course of helping these unemployed folks find jobs, city employment bureaucrats earned average annual pay and benefits of \$85,000.

Poverty administrators suck in taxpayer dollars, and, unlike Oliver Twist, demand more; they do not ask for more and they never say please. The government minions' misguided attempt to stop poverty ignores fact that progressive politicians' policies regulations help create the poor and poverty. The poor include blacks, Asians, Hispanics, white "trailer trash," immigrants (both legal and illegal), the disabled, drug addicts, the mentally unfit, the elderly, illiterates, and the unskilled. They live in areas of classic poverty: the slums, the "wrong side of the tracks," the projects, the ghetto, the 'hood, the red light district, etc.

The poor are ghettoized by government policies from landuse, zoning, and building codes that restrict low-cost housing to poverty "reservations." The poor could take over abandoned buildings through squatters' rights and make them habitable. Instead, progressive politicians using eminent domain seize abandoned properties and hold them for connected developers to build premium-priced housing with some throw-a-bone-to-thedog affordable units. Politically induced regulations for licenses, permits, and labor codes anticompetitively hamper opening

a business or getting employed.

The 500-Pound Government Monkey

Government laws further criminalize the entrepreneurial poor by declaring street corner pharmacists, penny gamblers, and adult consensual sex workers as criminals. Government treats small businesses that mainly hire lowwage workers as if they were ATMs. Because of legislated employer taxes and employee wage and benefit mandates, the amount of capital available to hire low-wage or unskilled workers is severely constricted. San Francisco small businesses pay \$120 million in payroll taxes to the city coffers, which mean 6,000 minimum-wage

workers aren't hired. Income and sales taxes penalize low-wage workers, taking a higher net percentage of their income than betterpaid workers. Little is left over for the basic necessities of food, shelter, and clothing. Wal-Mart and similar stores offer low-priced goods that allow the poor to stretch those dollars and provide hundreds of minimum-wage jobs at each store. Progressive politicians fight retailers like Wal-Mart and characterize them as the devil incarnate.

Yet these same progressive politicians offer no other lowcost shopping or job opportunity alternatives for low-wage workers. We need to deregulate restrictive administrative and regulatory codes enacted by progressive politicians. These codes weren't designed to help the poor but rather to control the poor, ensnaring them in de facto poverty reservations.

Let's look at some things that could be done to free the poor from poverty by getting jobs for them and letting them keep what they earn:

· Repeal income and payroll taxes for workers earning below the Federal Poverty Income Guidelines. To increase hiring of the poor, repeal employer payroll taxes for hiring anyone earning below the guidelines.

· Repeal minimum-wage laws to remove wage floors that block the unskilled from employment. Putaminimum \$100 floor on regressive sales taxes that burden low-wage workers.

· Repeal laws on drug sales and consensual adult sex workers so those entrepreneurs won't be criminalized and imprisoned at the taxpayers' expense.

· Allow unrelated families to join together to rent apartments or homes so the impact of high rents can be spread out.

· Permit the poor with cars to offer neighborhood cab without mandated services taxi medallions. Let skilled women do hairdressing in their homes without the costly cosmetologist's license and training.

· Allow people to make sandwiches, salads, and stews in their home and sell the food from sidewalk tables or at work sites without having a licensed kitchen. Government regulation dictates that these gypsy cab drivers, unlicensed hairdressers, and cooks are criminals if they don't have the necessary mandated government permits. The government then makes the price of the permits and licenses unaffordable for someone living in poverty.

In short, we need to stop the "war on poverty" and free the poor from the shackles of government-created poverty. Hard work doesn't get you ahead when you're saddled with a 500-pound government monkey on your back. Get the 500-pound government monkey off the backs of the poor.

Ron Getty is the senior staff member of a tax attorney with his practice located in San Francisco. His background includes an electrical engineering degree and 30 years of sales, marketing and advertising with small to large corporations. A Vietnam Veteran of ChuLai-ICorps, he brings personal perspectives on veterans and their treatment by the government.

American River MESSENGER

"Written by the people for the people"



Publisher - Paul V. Scholl

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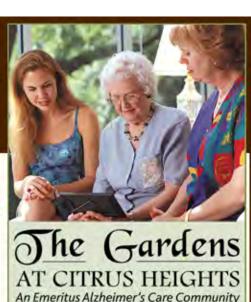


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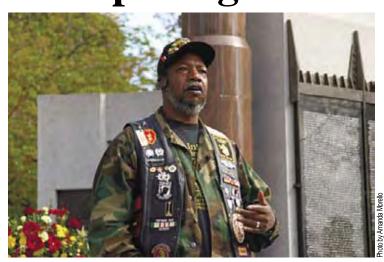
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First Edition for April 2008 Page 3

Vietnam Veterans Celebrate the Opening of a New Facility



by Amanda Morello

Veterans and their families came from all around the Sacramento region to help celebrate the opening of a new Veterans Assistance Facility in Downtown Sacramento. Even though the facility is not quit ready for their doors to be open, the members decided to use "Welcome Home Vietnam Veterans Day" as the official celebration day.

The new facility, run by Vietnam

Veterans of America, Chapter 500, will be located at 796 Del Paso Rd in Sacramento. The facility will provide help to Veterans from Vietnam, Iraq and Afghanistan. The group has made it clear that their will not be any food services or housing at this facility, the main function is to assist Veterans in finding housing, help in claims, assist care-taking families in finding benefits and holding their monthly

The large group wore their ribbons, medals, flew their flags and spent time for remembrance of their fallen brothers and sisters of the Vietnam War. The speakers at the event spoke of tales and feelings that only a Veteran could truly understand the meaning. Chapter 500 Chaplin, Bill MacDonald, who normally has a joyous tone to his speeches, touched on recent events and anti-military slander. His mission this morning was to make sure that the feelings and abuse to Vietnam Veterans and their homecoming, will no longer be the feelings towards any Veterans. Towards the end of the rally, a small group of Iraqi Freedom Veterans joined the festivities. The next generation of Veterans were welcomed with open arms in a true display of Brotherhood.

The official opening of the new facility has not been determined. For more information on the New Vietnam Veterans Chapter 500 location visit their website at www. norcaltrav.com/vva500.htm

Army & Air Force Hometown News

Malaga has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, foot marches, and field training exercises.

She is the daughter of Polima Malaga of Pago Pago, American Samoa, and Selepa Toa of Cedarwood Way, Sacramento, Calif.

Malaga is a 2005 graduate of Fagaitua High School, Pago Pago.

Army National Guard Pvt. **Jackson T. Sheehan** has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, foot marches, and field training exercises.

Sheehan earned distinction as an honor graduate. He is the son of Kevin Sheehan of Stone Corral Place, Gold River, Calif.

Sheehan is a 2005 graduate of Rio Americano High School,

Army Reserve Pvt. Jhomeng **F.** Macalino has graduated from

Army Pvt. Emmely F. Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, foot marches, and field training exercises.

Macalino is the son of Domingo Macalino of Gyan Way, Sacramento, Calif.

Army Pvt. Joseph D. Michaud has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, Army mission, history, tradition rifle marksmanship, armed and and core values, physical fitness, unarmed combat, map reading, and received instruction and field tactics, military courtesy, military justice system, basic first aid, foot marches, and field training exercises.

> HeisthesonofCelestaSiewertsen of 52nd St., Sacramento, Calif., and Ralph Michaud of Broken Spur Way, Plumas Lake, Calif.

Michaud is a 2002 graduate of San Juan High School, Citrus Heights, Calif.

Army National Guard Pvt. Justin D. Becerril has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of received instruction and

weapons, warfare and bayonet training, drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, foot marches, and field training exercises.

He is the son of Sheila Becerril of Achates Circle, Sacramento, Calif., and brother of Jeff Becerril of Orbetello Way, El Dorado Hills, Calif.

Becerril is a 2005 graduate of Rio Americano High School, Sacramento.

Army Pvt. Victor J. Sapp has returned to Alaska after being deployed to Iraq in support of Operation Iraqi Freedom. The soldier is assigned to the 4th Brigade Combat Team (Airborne), 25th Infantry Division at Fort Richardson, Anchorage.

Operation Iraqi Freedom is the official name given to military operations involving members of the U.S. armed forces and coalition forces participating in efforts to free and secure Iraq. Mission objectives focus on force protection, peacekeeping, stabilization, security and counterinsurgency operations as the Iraqi transitional governing bodies assume full sovereign powers to govern the peoples of Iraq.

Members from all branches of the U.S. military and multinational forces are also assisting in rebuilding Iraq's economic and governmental infrastructure, and training and preparing Iraqi military and security forces to assume full authority and responsibility in defending and preserving Iraq's sovereignty and independence as a democracy.

Sapp, a petroleum supply specialist, has served in the military

★ VETERANS POST

by Freddy Groves

Franchise Programs for Veterans

I stopped in at a sandwich shop the other day and got to talking with the owner. Turns out he's a veteran. He had quite a story to tell about how he got started in his shop. It's a franchise, and he went through a veterans program called VetFran.

VetFran, part of the Veterans Transition Franchise Initiative, is a program run by the Department of Veterans Affairs in conjunction with The International Franchise Association to help honorably discharged veterans start franchises of their own by offering financial incentives.

participating franchises (www. franchise.org), and there are a couple hundred of them. Seems like there's a good cross-section of nearly any kind of business you might want, and many are a good match for military training and experience: sandwich shops, tire stores, office and home cleaning, gyms, handyman services, coffee shops, copy centers, tool distribution, vacuums, cleaners, party supplies, glass replacement, computer repair, signs, office staffing, residential remodeling ... and more.

If you're interested, check the Federal Trade Commission's Consumer Guide to Buying a Franchise.Lookforitatwww.ftc.gov. It's a great publication that explains the basics of initial franchise fees, continuing royalties, restrictions on I just checked the IFA list of what goods and services you can

offer, how to decide on a business, checking the litigation background of the franchisor, along with dozens of questions to ask yourself if you're

considering a franchise. At va.gov, the VA's site, search for VetFran or Veteran Franchise. Also see www.vetbiz.gov, a resource site

for entrepreneurial veterans.

As with any business venture, there are caveats. Most businesses take a while to get off the ground. You have to eat and pay bills in the meantime.

Remember: These programs can help you get started, but after that it's up to you.

Write to Freddy Groves in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to columnreply@gmail.com.

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Popcorn for the Troops



personnel Force Afghanistan, Iraq and Kuwait are getting 19 TONS of free popcorn gifts from the folks at home!

What a positive way to show support for the troops!

"It's time to show them how much we care!" said Support Our Troops Chairman Martin C.

SupportOurTroops.Org 3-26-08 shipped 157,140 free servings of popcorn good-will gifts to the U. S. Air Force personnel in the combat areas. That's 45 pallets. That's 2,530 cases! \$220,639 worth! 19 tons! What a gesture of our trust in them, and our honest gratitude for everything they do to protect all of us civilians and our families here at home.

Every case is labeled with "thank-you" signage from the folks here at home. "They do so much every day for us civilians and our families, and we're thrilled to give them a simple taste of home," said Boire. "What a fun way to show them how much we think of them! What a tremendous gesture of

About SupportOurTroops.Org Support Our Troops® is a patriotic family organization aimed at protecting the well-being of the troops and their families. They Support Us - Let's Support Them!T Civilian-led, SOT enthusiastically welcomes civilians, active-duty families, veterans, and folks from

all political parties. We offer simple, easy, everyday methods through which folks can stick up for those who stick up for all of us: official license plates, ribbons, magnets, apparel, and accessories, knowing that it works to benefit the deployed troops (our neighbors) and their families. Support Our Troops is a nation-wide 501(c) (3) non-profit organization with chapters in 37 states to date. Donations at SupportOurTroops. Org help us do wonderful things like this for the troops and their families.

Who manufactured it? Nothing but the best for our troops! Trail's End popcorn is known as America's Best Popcorn. It is produced by Weaver Popcorn Company, one of the largest producers and manufacturers of popcorn products in the world. An 80-year-old, family-owned company located

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WITH THE MOST IMPORTANT PEOPLE.

in Indiana, Weaver Popcorn distributes its products in more than 90 countries.

How is it getting there? It was boxed at the factory in Indiana. Each box was labeled with a large colorful thank-you notice. Then it was palletized, plastic-wrapped and loaded into an 40' overseas metal shipping container and trucked to a sea port to then go by freighter to the U.S. Army troops stationed in Kuwait.

Where did all this popcorn come from? From the American People! SupportOurTroops.org, the Boy Scouts of America, and the Trails End Popcorn Company teamed up to pull this off. The Boy Scouts and Cub Scouts went door to door across America and asked people if they would like to donate \$25 of popcorn treats to the troops. And at \$25 a pop this many people did.

ARMY STRONG."



Sacramento, Calif. for three years. training, the soldier studied the He is the son of Vickie L. Burnett Army mission, history, tradition of Arlington, Texas, and Victor J. and core values, physical fitness, Sapp of Sacramento, Calif. The private graduated in 2004 basic combat training at Fort practice in basic combat skills, from Rialto High School, Calif. real estate **auctions** ELVERTA, CA - 8355 Rasmussen Cr 3BR 2BA 1,080sf+/-, Built 1981, Apre Built 1981. Approx .21ac lot. Opening Bid: \$50,000 Inspections: 1-4pm Sun. Apr. 13th & 20th and 2hrs prior to SACRAMENTO, CA - 1444 Rene Ave Land. Lot only. Taxes approx \$1066 ('07). Del Paso Manor subdivision. Grant. Opening Bid: 51,000 Inspections: 1-4pm Sun. Apr. 20th and 2hrs prior to sale. SACRAMENTO, CA - 4639 Oakhollow Drive 3BR 2BA 1,003sf+/-. Built 1963. Approx .12ac lot. Taxes approx \$3506 (*07) Opening Bid: \$25,000 Inspections: 1-4pm Sun. Apr. 20th and 2hrs prior to sale. Other Area Auctions Above properties sell: 5:45pm, Mon., Apr. 21st at 8355 Rasmussen Cr. Elverta, CA There's strong. And then there's Army Strong. You taught **ELK GROVE** 9189 BUNGALOW WAY 9721 SAGE THRASHER C them right from wrong. You told them they could do anything. Now they want the discipline, leadership EL DORADO HILLS, CA - 3671 Archetto Drive 4BR 2BA 2,025s1+/- Built 2004. Approx .17ac lot. Taxes approx \$7094 ("07). HOA fees \$160/M. **GRASS VALLEY** training and college benefits that come from being in 16002 BREWER RD Opening Bid: \$100,000 Inspections: 1-4pm Sun. Apr. 13th & 20th and 2hrs prior to the U.S. Army. If your son or daughter wants to talk SACRAMENTO about joining, listen. You just might be proud of what they 3269 8TH AVENUE 3341 40TH ST SACREMENTO, CA. 9937 Burline St 3BR 2BA 1,092sf+/-. Built 1977. Approx .147ac lot. Taxes have to say. Find out more at goarmy.com/for_parents. 4345 48TH ST 65 BRENTFORD CIR 7643 MEADOWSTONE DR

9417 HALIDON WAY

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approx \$1640 (107).

Opening Bid: \$25,000
Inspections: 1-4pm Sun. Apr. 20th and 2hrs prior to sale.

Above properties sell: 8:00am, Tue., Apr. 22nd at 3671 Archetto Drive, EL DORADO HILLS, CA



by Dr. Rick Gregory

In the February 26, 2008 Sacramento Bee, an article entitled "Loyalty to faith flexible out West" was printed. This article discussed the changes in spirituality that characterizes adults throughout the US (and CA in particular) as interpreted by a recent report by Pew Forum on Religion and Public Life. The salient statement in the article declared: "The report ... shows that Americans are leaving the religious beliefs they were brought up with, often switching to other faiths or abandoning them altogether." Various explanations were provided for these shifts everything from the strictness of one's childhood religion to the lack to loyalty to institutions in our culture in general. This study was of particular interest to me

What causes someone to depart from genuine, biblical Christianity? Is it a cultural trend? Is it secularism? Is it a "greener spiritual pasture" in some other faith system? Is it an Is it that we are evolving past the simplicity of the Gospel message?

What is it? The answer is in the recognition of what the Scriptures teach concerning Christian perseverance. God's Word states clearly that Christians are protected by the power of God (1 Peter 1:5); kept from stumbling by God (Jude 24); delivered safely to glory by Christ (2 Timothy 4:18); securely clasped in the hand of God (John 10:28-29); and will not be mishandled or "dropped" by Christ Jesus (John 18:9). So, if God has committed Himself to fulfilling the work that He began in a true believer of conforming him/her to the image of Jesus Christ (Philippians 1:6), and the work of redemption goes from foreknowledge to predestination to calling to justification to glorification (Romans 8:29-30), what happens when a person's faith is shipwrecked (1 Timothy 1:19)?

Those who switch between various false religions can do so seamlessly - from one fallacy to another. But the only possible explanation for those who "switch" or "abandon" authentic Christianity is that they have never truly known new life in Jesus Christ. John declares: "They went out from us, but they were not really of us; for if they had been of us, they would have remained with us; but they

that they all are not of us" (1 John 2:19). There is a huge difference between genuine saving faith and a profession of religious faith. I fear that many assume that all "faith" is saving faith and then nurse along unregenerate "professors" and blame secularism or methodologies, etc... for the shipwrecks. While those who are truly born again will concern themselves with falling short of the grace provided by God and with keeping themselves in the love of God, those who are not truly born again ought to turn away from the truth "so that it would be shown that they ... are not of us," and have their need for God's grace confirmed. It is better to know that you are lost and have a chance to repent than to appear saved and hear from our Lord - "I never knew you; Depart from me, you who practice lawlessness" (Matthew 7:23). May we never assume that everyone professing Christ is indeed born again. The proof of redemption is the daily expression of an eternal relationship with Christ. No one who has this will "switch" or "abandon" Him!

Dr. Rick Gregory Senior Pastor Grace Bible Church 5010 Hazel Avenue, Fair Oaks, CA 95628

Loyalty to Faith "Lord, Help My Unbelief"? archaism in the Christian faith? went out, so that it would be shown went out, so that it would be shown this ways more complicated. Well, that something about the Hand of God in



By Marlys Johnsen Norris a moment of his personal darkness

Some people find the simple message of the Gospel hard to believe. Their view of God is often complicated and not substantiated by any Scriptures. They create a god of their own making because they are not familiar with the book God wrote about Himself. He created all that is, therefore they believe He has to be far more intellectual and

is partially true for everything about God--He is certainly far superior to any of the ideas and ways of man. Plus man just cannot truly comprehend the ways of miracles God performs, even though he may believe the mind and ways of God are infinite and divine. Without a doubt God does have the answer to everything!

There is a story in the Bible about such a person as this who struggled to believe. Unbelief makes faith in God without effect. (Romans 3:3) In and search to understand, his desire for the "Truth" overwhelmed him. He surrendered himself to the One He desired to worship and He bowed and prayed this simple prayer. God met him there and did something supernatural in his life that enlightened everything and He quickly "believed".

His simple prayer was this, "Lord, help my unbelief". (Mark 9:23) If you are doubting and questioning your own life why not earnestly say that prayer? I confess, many years ago I had to pray that prayer too, and my doubt miraculously disappeared and true faith was birthed within me.

We all have doubts that invade our lives during the search to find and know God. He desires to prove and have us know His love and He seeks us and does everything possible to draw us with His grace and mercy of His Divine Soverienty. Picture God reaching His hands outward toward you, all you must do is walk closer and draw into His loving arms.

If you prayed that prayer, intimacy with God will become your reality.

Marlys Johnsen Norris LIFE MESSAGE WORKSHOPS "Intimacy Begins Going God's Way" Marlysj@sbcglobal.net

LIVING FOR GOD TM



By Calvin and Lisa Wulf

"Idol Time"

Do not run until your feet are bare and your throat is dry. But you said, "It's no use! I love foreign gods, and I must go after them." Jeremiah 2:25 (NIV)

The alarm clock rings, "Time to get up." The grandfather clock chimes, "Time to go to work." The computer beeps, "Time for your next appointment." The time clock punches, "Time to go home." The microwave dings, "Time for

YARD SALE

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Saturday, April 20

8:00 am—3:00 pm

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dinner." The cuckoo clock sings, "Time for bed."

We live on the clock. It tells us when to go out and when to come in. We either try to beat the clock or kill time. So the pressure mounts. We juggle our lives to keep as many clocks in the air as possible. If one should fall, the whole system

Ever notice that the clock is often the focal point of a room? It's given an honored place on the mantel. Even churches aren't immune. The cross used to be center stage. Today many sanctuaries have no cross but there's a clock in the back so the preacher can get us out on time.

shatters.

Jesus never said, "Hurriest thou for we are late!" We don't see him rushing around. Yet he accomplished everything that was necessary. That's because he fixed his eyes on the Father, his compass, and not on the clock.

Let's getreal. Time consciousness fuels our modern world so we can't eliminate clock tyranny altogether. But we can make better use of our

compass. God gives us all the time we need to do what he has for us. Want to stop dividing life into

seconds and minutes? Here's how: · Try an experiment. Take off

your watch for a bit. · Evaluate your schedule. Do

you need so many timetables? · Follow God's clock. It runs on eternal time.

Does your wristwatch have you by the throat? Perhaps now is the time to stop juggling and let your timepieces fall to the ground. Don't let clock worship eclipse God's plan for your life. Free up your hands and eyes to follow the one true

compass.

Living for God (TM) offers resources on Christian living. Readers may check out the ministry's latest workshop, Doing the Disciplines with Jesus and His Friends, at www.livingforgod.net or call (719) 578-8837.

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Little Methodist Preschool 9849 Fair Oaks Blvd., Fair Oaks 95628

Open House and Vendor Fair

Free food, activities for children, great shopping with wonderful vendors, coupons for fall registration (one week free)

April 24 4:30-7 pm.

916-0368

by Wilson Casey

1. Is the book of Joshua in the Old or

New Testament or neither? 2. According to James, the effective prayers of what type of man availest

much? Patient, Holy, Righteous, Elderly 3. What did Moses command should be done to a woman caught in adul-

tery? Forgiven, Stoned, Beheaded, Loved 4. According to Colossians, what do

we have through Jesus' blood? Love,

Eternity, Hope, Redemption 5. Which has the fewest words of any book in the Bible? Titus, Jude, III

John, Amos 6. In Isaiah 53, "We hid from Jesus our ..."? Faces, Sins, Grief, Hands

ANSWERS: 1) Old; 2) Righteous; 3) Stoned; 4) Redemption; 5) III John; 6) Faces For more teasers, log on to

www.TriviaGuy.com © 2008 King Features Synd., Inc.

Supreme Court Hears Ten Commandments



I am pleased to inform you that the Supreme Court of the United States has granted the ACLJ's Petition for Writ of Certiorari in the Ten Commandments case out of Utah - Pleasant Grove City v. Summum (No. 07-665).

We're delighted that the Supreme Court agreed to take this critical case - it's exactly what we were hoping for. This is a significant step in preserving America's religious heritage.

The Supreme Court is faced with a dramatic opportunity: preserve sound precedent involving the well-established distinction between government speech and private speech - or permit a twisted interpretation of the Constitution to create havoc in cities and localities across America.

The lower court's decision - if left unchecked - would ultimately force local governments to remove longreligious, and historical displays. So the ACLJ is hard at work to see that the Supreme Court takes the necessary steps to correct this flawed reasoning.

In August 2007, the U.S. Court of Appeals for the Tenth Circuit split 6-6 over a request for the full appeals court to rehear two cases involving demands that the Utah cities of Pleasant Grove City and Duchesne City erect monuments containing the "Seven Aphorisms" of a group called Summum. The federal appeals court had ruled in favor of Summum in both cases, saying the group could insist upon erecting its own "Seven Aphorisms" monument in the city parks because the cities already displayed monuments of the Ten Commandments, which were donated decades ago.

The ACLJ contends that the lower court made a serious error in confusing government speech with private speech. We urged the high court to take the case, maintaining that unless the lower court's decision is overturned, cities and states will be forced to face a troubling choice: remove longstanding monuments ... or permit any group to display any monument in public places.

Our brief notes that "a host of standing and well-established patriotic, federal, state, and local government

bodies are now sitting targets for demands that they grant 'equal access' to whatever comparable monuments a given group wishes to have installed, be it Summum's Seven Aphorisms, an atheist group's Monument to Freethought, or Rev. Fred Phelps's denunciation of homosexual persons."

The Supreme Court granted cert in this case and is apparently holding the companion case from Utah - Duchesne City v. Summum (No. 07-690).

American Center for Law and Justice P.O. Box 90555, Washington, D.C. 20090-0555Phone: (800) 296-4529

American Center for Law and Justice is a d/b/a for Christian Advocates Serving Evangelism, Inc., a tax-exempt, not-for-profit, religious corporation as defined under Section $50\hat{I}(c)(3)$ of the Internal Revenue Code, specifically dedicated to the ideal that religious freedom and freedom of speech are inalienable, God-given rights. The Center's purpose is to educate, promulgate, conciliate, and where necessary, litigate, to ensure that those rights are protected under the law. The organization has participated in numerous cases before the Supreme Court, Federal Court of Appeals, Federal District Courts, and various state courts regarding freedom of religion and freedom of speech.

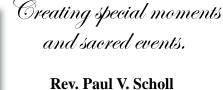
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Pastors Andrew Webb & Robert Price

Office Hours:

9 am to Noon ~ Tuesday - Friday

Wednesdays: Senior's Bible Study: 1st & 3rd.

10 am - 11 am Evening Adult Study: 7 pm - 8:30 pm

Sundays: Worship ~ 9:30 am Sunday School ~ 11 am For All Ages www.oakavefmc.org

Grace Baptist Church

6724 Palm Avenue Fair Oaks, CA 95628

Pastor Charles Carter

(916) 967-3915

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Service Schedules

Sunday Schools (All Ages) 9:45 am Sunday Worship 11:00 am Sunday Evening 6:00 pm Wednesday Evening 7:00 pm

Come and Experience God's Amazing Grace (Located south of Madison; just east of Dewey) Call for More Information

First Edition for April 2008

Citrus Heights News & Views Public Feedback Solicited on Community Center Concepts A Sacramento Food Bank and Family Services recently awarded and staff of the school hold an Sacramento Food Bank and Staff of the school hold an Sacramento Foo

workshop reviewed initial conceptual designs and obtains feedback. The City of Citrus Heights will be developing a 26,000 to 32,000 square foot one-story community center and meeting facility on a 1.9 acre parcel located on the northeast corner across the street from the existing City Hall complex. The building will be a

multi-function meeting facility with the following key elements: banquet room with a 1,000 person capacity (approx.); flex meeting space; commercial grade kitchen; space for programming and/or activities that are focused on young children, pre-teens, teens, and senior citizens; space for an Emergency Operations Center (EOC) and an emergency shelter in the event of a disaster. Williams+Paddon has been



leading the design phase of the project. The City of Citrus Heights has placed a high importance on "green-building", so the future facility will utilize sustainable, renewable and recycled resources. The City hosted a public workshop on Thursday, April 3rd at 6:30 p.m. in the City Council Chambers. The intent of this workshop was to present the public with the initial conceptual designs for the Citrus Heights Community Center and obtain feedback/input on the selected as the architectural firm direction and facility amenities.

This was an opportunity for the public to get involved in the design of the Community Center and provide the City will suggestions on what will work best to meet the needs of the local community. It is anticipated that the Citrus Heights Community Center will break ground in late 2008, with a potential grand opening in the fall of 2009. Please visit the City's Web site at http://www.citrusheights. net for more information, or call (916) 727-4770.

E-Waste Recycling Fundraiser

Non-Profit Group: Woodside K-8 Teacher Organization is having a unique School, San Juan Unified School District Kindergarten – 8th grades

Address: 8248 Villa Oak Drive, Citrus Heights, CA 95610 **Phone:** (916) 971-5216 FAX: (916)

726-7169 Event: Electronic Waste Recycling

Fundraiser **Purpose:** To raise funds for the purchase of new computers for the computer lab. Current computers are over 9-years-old.

Date: Saturday, April 12, 2008 **Time:** 9:00 a.m. – 3:00 p.m.

The Woodside K-8 School Parent-

event to help raise funds to purchase new computers for the computer lab by holding its first annual E-Waste Recycling Fundraiser at Woodside School on Saturday,

April 12, 2008, from 9:00 a.m. to 3:00 p.m. Families and businesses in the greater Citrus Heights, Roseville, Orangevale, Carmichael, and Fair Oaks area are invited to drive by Woodside K-8 and donate their used/outdated electronic equipment and computer waste. Additionally, cash donations towards the purchase of the new computers will also be accepted.

All e-waste and cash donations are tax deductible. Receipts will be given for all donations on the day of the

Items accepted include: televisions, computer monitors, VCRs/DVD players, computers, laptops, printers, cell phones, telephones, radios, cameras, and computer equipment.

Items not accepted include: household appliances, furniture, garbage or green waste, lamps/light bulbs, microwave ovens, vacuum cleaners, and bathroom electronics.

Holy Family Church Honored

plaques to Holy Family Catholic School in Citrus Heights honoring its years of dedication and support of their organization.

The Sacramento Food Bank provides food, clothing and various other services to those individuals and families in the community who are in need. Holy Family School

(Pre-school -8th) has collected food items each month for over 20

annual Christmas Stocking Mass where each child and teacher provide a fully stocked Christmas stocking to the Food Bank. These stockings are distributed to children in need by the Food Bank.

Traditionally, Holy Family School a most consistent donor to the Food Bank within the Sacramento Dioscese.



Sister Arlene Connelly, Principal and Stephanie Jones, Vice Principal

Tax Alert from Citrus Heights-based Expert Sandra Stanley



Don't Forget Deductions for Long Term Care Insurance **Premiums**

As the April 15 tax deadline looms, filers should not overlook the deductions allowed for long term care insurance, according to Citrus Heights-based Sandra Stanley, Partner of LTC Financial Partners LLC, the nation's most experienced long term care insurance agency.

"People with LTC policies can deduct substantial sums," says Stanley, "and those who don't have policies, but want them, can set themselves up now for deductions next year." According to the Internal Revenue Code, the 2008 deductible amounts can be as high as --

* \$3,850 if you're 70 or over* * \$3,080 if you're over 60 but

not over 70*

not over 60*

* \$580 if you're over 40 but not over 50*

* \$310 if you're 40 or under* *Before end of taxable year, if medical expenses exceed 7.5% of

adjusted gross income

But the tax benefits may not end there. "When people start taking their benefits, there can be additional deductions in some cases," Stanley says. "When a policy is designed to pay on a per-diem basis, a limited portion of the benefits may be excluded from taxable income." Also, when a policy is paid for out of a Health Savings Account (HSA), there can be tax advantages. "HSA's are funded with pre-tax dollars, and long term care premiums are eligible medical expenses, according to the IRS (Publication 502)."

For businesses, the tax breaks can be especially attractive, Stanley says. "For example, when small business owners pay the premiums -- for employees or themselves -- it's generally deductible as a business expense." The selfemployed, S-corporation owners, and C-corporation owners are NOT subject to the 7.5% rule that limits the medical-expense deductions of individual taxpayers.

LTCFP does not prepare tax returns or offer tax advice as part \$ \$1,150 if you're over 50 but of its service, "but we team up with

tax experts to make sure their clients have the benefit of our special knowledge," she says. "Nobody knows more about the economics of long term care insurance than we do, and we're glad to meet with anyone's accountant or tax attorney." LTCFP has formed strategic alliances with financial planning organizations including banks and the National Association of Estate Planning Attorneys.

How can you make sure you don't miss out on the eductions? "We're glad to consult with anyone's tax preparer," says Stanley. More than 400 LTCFP experts are available by phone or Internet. Requests for help, at no change, may be made at www.ltcfp.us/SandraStanley.

Sandra Stanley, a secondgeneration Californian, has been in the financial service industry since 1999. Her hustand Bob, who was born and raised in the Sacramento area, has recently joined her in their family business. This familyoriented team offers expertise to seniors in particular, understanding their health needs as well as their financial concerns.

Representing all of the major top-rated insurance companies, Sandra and Bob are able to provide their clients with a variety of products that will satisfy their

Cancer Survivors Dinner

Cancer survivors and their families are invited to attend the 2nd annual Citrus Heights Relay for Life Survivor Dinner on Monday, May 19th at 5:30 p.m. in Rusch located at 7801 Auburn Boulevard in Citrus Heights.

"The complimentary dinner is our way to show support for survivors in our community and to also invite them to attend the City's Relay for Life that will take place

on June 7th and 8th," said Mary Purvis, chairperson of the dinner.

Cooking the dinner will be the Citrus Heights Lions Club. Jerry Still will be the main chef. The Park's Patio Room. Rusch Park is menu will include a full-course spaghetti dinner.

The Classic Dancers will provide after-dinner entertainment.

Reservations are required to attend the dinner and may be made by calling Purvis at (916) 725-3824. Also contact her for more

information or to give her additional names of cancer survivors.

"Invitations are being been mailed out but survivors who do not receive an invitation are most welcome to attend if they call to make reservations," said Purvis.

Sponsors of the dinner are the Citrus Heights Relay for Life Committee, the Citrus Heights Lions Club, Safeway, Sara Lee Bakery, and Sunrise Recreation & Park District.



Need Information from Sacramento County? Call Center Now Open Late!

Customer Service Reps are ready to take your call Monday through Friday 7 a.m. - 9 p.m.

Get general information about County services, department information or report a neighborhood nuisance such as barking dogs, abandoned vehicles, illegal dumping, road and sidewalk maintenance.

Call 916-875-5656 or register an issue online at

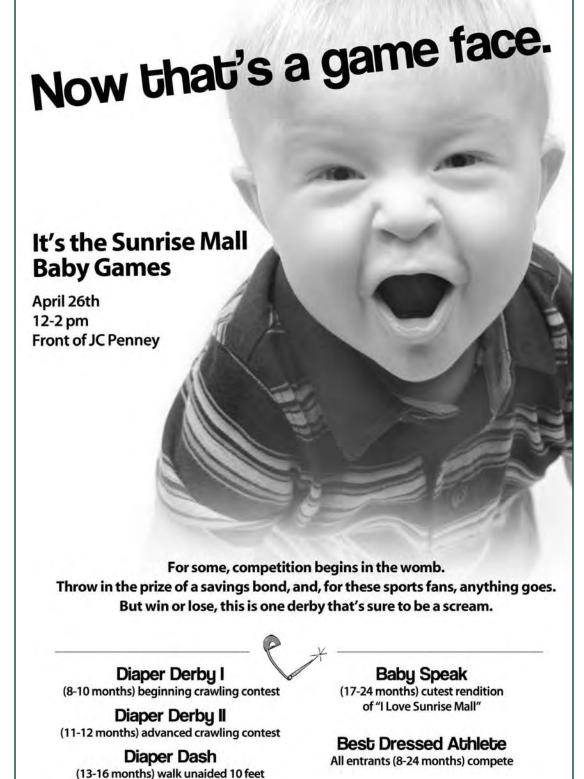
http://www.msa.saccounty.net/communityhazards/report.htm

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Entry is free.

For more information & pre-registration form visit www.sunrisemallonline.com or Sunrise Mall Customer Service now through April 23rd.

American River Messenger The Best Place to Advertise Your Local Business Page 6 First Edition for April 2008

Fair Oaks News & Views

New Lyon Real Estate Agent A Feast of Color at Chroma in Fair Oaks East Office What do April, paintball and fish have in common? These Parts of Color at Chroma when the common of the

Debby Drew Lyon's Fair Oaks East Office (916) 224-2394

REALTOR® Debby Drew recently joined Lyon Real Estate's Fair Oaks East office where she works with buyers, sellers, and investors on homes and properties throughout the Sacramento area.

Drew has worked in the real estate industry for six years. Prior to joining Lyon, Drew worked as a REALTOR at Keller Williams where she assisted sellers and transactions. She also worked as a Loan Consultant II at Summit Funding where she originated home loans for purchase and refinance.

Drew earned her License in Real Estate from American River College. She is involved in SAR, Orangevale Chamber of Commerce, Avon Breast Cancer Awareness and teaches a youth cooking class as a volunteer.

Lyon Real Estate, consistently #1 in the Sacramento region. Lyon's 900+ agents in 16 regional offices have access

buyers with listing and purchase to state-of-the art technology, exclusive price-trending analysis, affiliate mortgage and insurance partners, and a comprehensive marketing program to effectively assist buyers and sellers. Realtors have the ability to relocate clients anywhere in the United States and around the world.

> For instant access to homes available across the United States, regional facts and trends, and a unique buyer instant notification program, please visit www.GoLyon.com

are all part of the long history of April Fools Day – the Feast of Fools, the Festival of Color. In ancient India people threw colored powders at each other. In the streets of 16th century France, those who clung to the tradition that the new year started in April found a paper fish stuck to their back!

The artists at Chroma Gallery continue the April celebration with a new show, "A Feast of Color at Chroma". No April Fool's high jinks here, the colored pigments will be on canvas, paper or board in the radiantly hued landscapes and still life paintings for which the gallery is known.

There might be a surprise or a chuckle here and there – stop in and see for yourself! The show runs from April 10th through May 4th, with the Second Saturday reception from 5 PM to 9 PM, April 12th, and you can be sure that's no April Fools joke!

Now in its tenth year, Chroma Gallery - Northern California's premier plein-air gallery features the works of 20 local artists. Committed to capturing radiant light and color in their artistry, their emphasis is on the Northern California landscape. Besides landscape paintings,



A Merry Heart Doeth Good Like A Medicine by Adrienne Hostetter

still life paintings, photography, collage and sometimes the avant-garde in the bold display of color at Chroma.

Chroma Gallery is located at visitors will also find vibrant Sunrise Blvd., in the Village of www.thechromagallery.com

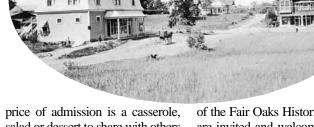
Fair Oaks. Open Thursday -Sunday from noon until 5PM, Second Saturday until 9PM or by appointment. Phone (916) 966-6020 for more 10030 Fair Oaks Blvd, just off information visit the website at

Fair Oaks Historical Society Meeting

The Fair Oaks Historical Society will hold it's second quarterly meeting and potluck dinner on Tuesday, April 22nd, at 6:00 p.m. at the Fair Oaks Community California 7997 Clubhouse. Avenue, Fair Oaks.

Lee and Mary Scott, current owners of the Murphy-Scott Building (circa 1902), will show historic slides and discuss the history of the building. The building is located near the corner of California Avenue and Fair Oaks Boulevard and is shown as number 14 on the Fair Oaks History and Walking Tour map which will be available at the meeting.

Social hour begins at 6 p.m. followed by dinner at 6:30. The



salad or dessert to share with others which makes this the best potluck in town!

Society members, their friends and others interested in the activities of the Fair Oaks Historical Society are invited and welcome to attend gathering. (For a map and membership information, see their website: www.fairoakshistory.org.)

Woman's Thursday Club of Fair Oaks April Meeting

The Woman's Thursday Club of Fair Oaks will hold its April meeting on Thursday, April 10,2008, at the

Woman's Thursday Clubhouse, 10625 Fair Oaks Boulevard, Fair Oaks, CA. The meeting will begin at 12:30 PM with refreshments. The speaker will be Leslie

about the operation of Sacramento Casa and the need for support. Also, the Garden Section will have plants and seedlings available at the clubhouse for a donation. For more information, please call Marilyn

Beltran, Lead Case Manager and Educational Advocacy Coordinator Pearce (916) 961-8415 for Sacramento Casa. She will talk THE 59TH ANNUAL 2008 Fair Oaks Spring Fest





Fun For The Whole Family! In Fair Oaks Village

Saturday May 3rd Featuring the Ben Ali Shriner's Sunday May 4th

Registration at 7:00am Race begins at 8:30am

May 3rd and May 4th

Food Vendors Craft Vendors

Rides

Entertainment

Children's Games Toilet Bowl Race Frog Jumping

For More Information call: 916-967-2903 or visit www.fairoakschamber.com to download the Schedule of Events.



Fabric Sale Fundraiser for Cancer

Attention quilters, crafters, sewers, knitters and bargain hunters!

The Sacramento Chapter of the National Ovarian Cancer Coalition (NOCC) is hosting a "Purge your Stash" Fabric and Yarn Sale on Saturday, April 26 from 8:30 am to 3:00 pm. All fabric will be sold at just \$2.00 per yard! Members of over 10 local quilt guilds have donated fabric to NOCC for this event, and 100 % of the proceeds will go to the Sacramento chapter as means to support their ongoing ovarian cancer awareness, education and research.

In addition, yarn will be donated by the Sacramento Chapter's NOCC Knitters, and sold at the event. The NOCC Knitters are ovarian cancer survivors and members of the Sacramento Chapter who sell their homemade knitted items and donate proceeds from the sales back to the Chapter.

The event is open to the public and will be held at the Fair Oaks Methodist Church, 9849 Fair Oaks Blvd, Fair community efforts in promoting Oaks. For more information, www.ovarian.org.

please contact Linda Neil at 359-2616.

The National Ovarian Cancer Coalition is a 501 © (3) charitable organization whose mission is to raise awareness and promote education about ovarian cancer. The Sacramento Chapter is committed to educating the community through its various programs and events, and is committed to improving the survival rate and quality of life for women with ovarian cancer. For more information, contact local chapter president, Gina Dayton at 916-497-1420 or visit



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First Edition for April 2008

Carmichael News & Views

A Wake Up Call to America: **Study Shows Few are Planning for Long-Term Care**

By Michael Lynch State Farm®

"Your American River Agent"

Wake up, America! A financial crisis could be looming for which you are not prepared. This is the loud and clear conclusion of a recent Roper study about long-term care which shows that most Americans

could be one of the largest expenses they'll ever face – their long-term care. The American Society on Aging (ASA) released the study.

"This study is a real wake-up call for people to start thinking about long-term care," said ASA's Jim Emerman. "People need to take the first step of getting some guidance about their long-term care needs.

SOME OF LIFE'S TOUGHEST

CONVERSATIONS HAPPEN

OVER COFFEE.

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conversation about Life Insurance?

Talk to me today about your life insurance needs.

Michael Lynch, Agent

5150 Fair Oaks Blvd, Suite 104

Carmichael, CA 95608-5758

have done little to prepare for what Careful planning can help preserve was funded by State Farm⁴, found your options and protect your assets if you ever need long-term care in a nursing home, an assisted living facility or even in your own home."

But the Roper study of people 45 and older shows how few are actually taking that important first step. More than four in five (86 percent) of the people surveyed said it was important they have enough money to be able to choose a longterm care setting if they or a loved one needs it. But only 37 percent have actually started saving money to cover those costs.1

At the same time, while the overwhelming majority (89 percent) believes it's important or very important to have some type of private or government coverage for long-term care, only 17 percent have bought insurance that specifically provides it.²

Long-term care is for people who need help taking care of themselves after an injury, illness, stroke or disease. While most people think of it simply as moving into a nursing home, it can also include having a healthcare aide come to your home or staying in an assisted living facility. Surprisingly, 40% of the people who need long-term care are actually quite young, working adults under the age of 65 who need

Why aren't people planning for this vital need? After all, we plan for retirement, for college and other considerable confusion about longterm care. For example, almost half the people surveyed mistakenly believe their health insurance or disability insurance will pay for long-term care. Others are not aware that Medicaid will only cover longterm care if you've used up almost all your financial resources. And, in the most telling comments of all, half said since they won't need long-term care until they're older, so there's no need to think about it now.5 It's time to wake up and change that way of thinking.

Given the fact that 71.8% of people over the age of 65 will need some form of long-term care, families need to consider longterm care insurance as part of their financial plan. Long-term care insurance can help protect assets, preserve choices and provide independence.

Families should at least be discussing their individual needs with someone they trust.

1 The Roper survey findings will be posted on statefarm.com® at www.statefarm.com.

2 Study conducted by Roper ASW, August 2002. Released by State Farm Mutual Automobile Insurance Company and the American Society on Agency (ASA), April 2003.

3 GAO analysis of information from the Department of Health and Human Services and the Institute for Health Policy studies at the University of California, San Francisco. As cited in, "Long-term Care: Current Issues and Future Directions, General Accounting Office Report to the Chairman, Special Committee on Aging, U.S. Senate." (GAO/HEHS-95-109). April 13, 1995: pg. 7. The level of coverage provided by longterm care insurance depends on the type of policy you purchase. Some types of care received may not be covered by long-term care insurance.

4 State Farm Mutual Automobile Insurance Company Home Office: Bloomington, Illinois statefarm.com®. The American Society on Aging is not an affiliate of State Farm. The Long-Term Care Insurance policy 97058 is underwritten by State Farm Mutual Automobile Insurance

5 Lewin Group estimates based on the Brookings-ICF Long-term Care Financing Model, 1992. As cited in, "Long-Term Care: Knowing the Risk, Paying the Price." Health Insurance Association of America (HIAA). 1997: pg 12. The level of coverage provided by long-term care insurance depends on the type of policy you purchase. Some types of care received may not be covered by long-term care insurance.

LTC102-39 Rev. 5/27/2003





Saturday, April 26, 2008 10 a.m. - 3 p.m.

Carmichael Clubhouse, 5750 Grant Ave. Award winning geraniums will be on display and for sale. The event will include ceramic handmade pots for sale, and free advice on potting and planting geraniums. For more information call Nancy Blair (916) 332-1493 or the District Office (916) 485-5322.

Organic Garden Club Flower Show and Sale

Saturday, April 12, 2008 Carmichael Clubhouse, 5750 Grant Ave.

10 a.m. - 3 p.m.

Come enjoy and purchase organically grown plants (shrubs, small trees, flowers, and so much more) This event is Free and open to the public. For more information call Joyce at (916) 944-4955 or the District Office at (916) 485-5322.

We Care About Kids **Golf Tourney May 19**

The "We Care About Our Kids" Golf at the Ancil Hoffman Golf Course.The North Area Teen Center (NATC) and the Carmichael Chamber of Commerce will team up with "Sports Guy" Pat Walsh to host the event.

The field of play has been limited to 10 foursomes, ensuring speed and quality of play. Local sponsors have three levels of participation providing company recognition, a cart, tee markers and 18-holes of exciting play and Closest to the Pin and Longest Drive.

Registration forms will be available March 25. Proceeds benefit the non-profit North Area Teen Center and are tax-deductible.

The NATC and The Chamber have developed various programs for kids in our area. These programs provide healthy and safe alternatives for our young men and women and many times assists those who are "at risk."

further information For call 481-1002.

Retired Senior Volunteer Program Neighborhood Emergency Training

April 16 Wednesday, 3727 Marconi Ave. 9 - 11 am

According to the Sacramento Area Flood Control Agency website: Sacramento's risk of flooding is the greatest of any major city in the country and fourth in the world. Experts recommend that people be ready to provide for themselves for at least one week, possibly longer.

In order to be prepared for an impending disaster of any type, the Retired Senior Volunteer Program (RSVP) is offering a two-hour Neighborhood Emergency Training (NET) class on Wednesday, April 16th from 9:00 am to 11:00 am. The class will be held at 3727 Marconi Avenue, Sacramento. All age groups are welcome to attend.

RSVP Sacramento is a Senior Corps program grant funded by the Corporation for National and Community Service. The Sacramento County Department of Human Assistance sponsors RSVP Sacramento.

To make a reservation, please call, email or fax:

> Gail Hoberman (916) 875-4459

Hobermang@saccounty.net

Laureen Anderson (916) 875-3664 Andersonl@saccounty.net

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Orangevale News & Views Smoke Kills Without A Sound Time for Some Financial Spring Cleaning? moving them all to one provider, and the same time, you may find other



Did you know that the one thing that almost all fatal fires have in common is the lack of a working smoke alarm?

Smoke is the biggest killer in home fires and smoke is a silent killer. Most home fires happen during the night when the family is the home, without making a sound. Without any early warning, the fire continues to grow and the smoke becomes worse until the opportunity to escape is gone.

One of the easiest, least expensive ways to protect your family, your property and your possessions, is to have a working smoke alarm in your home. Smoke alarms will provide you and your family with much needed early warning of the danger from the smoke and fire.

Metro Fire conducted a smoke alarm installation event on April 3rd at the Heritage Oak Glen Mobile Home Park on Almond Avenue. They replaced batteries and install alarms as needed for no charge.

The operation was conducted with the valuable assistance of the Orangevale Rotary Club, with the help of Curtis Mussman, and his

American Cancer Society

Relay For Life of

Orangevale

Teams are forming and

The 2nd annual Orangevale Relay For Life will take place at

Louis Pasteur Middle School September 6-7, 2008. Relay

For Life brings the community together to celebrate cancer

survivors and to remember those who have lost their battle.

The Relay involves forming a team and keeping one of your

team members on the track during the entire 24 hours. 28

teams have already registered !! Contact Lorraine Silvera,

Contact Relay Chair, Ann Hively, if you'd like to donate

your time and talents to the Relay planning committee: 425-

2406. Together we can make a difference. Join us in the

Contact Ann Hively, Event Chair (425-2406) or Lorraine

Orangevale Grange #354 presents the 3rd Annual

Saturday, April 26 + 11am - 3pm

Orangevale Grange + 5807 Walnut Ave + 95662

www.grangefamilyfair.org

Come have a FUNTASTIC time!

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GRANGE

Team and Sponsor packets will be available.

Silvera, Team Coordinator (806-8261)

get more information: 806-8261.

fight against cancer!

Team Captain Coordinator, to pick up your team packet and

exciting plans are underway!

If you know someone, a senior citizen or a neighbor, who cannot check or install their own alarm, please be a good neighbor and help them to do it. If you have any doubts about whether or not your smoke alarm is working, and you are unable to check it yourself, call Sacramento Metropolitan Fire District and we will come to your home and check your smoke alarm for you. If you do not have a smoke alarm and you are physically unable to install one, call Metro Fire and we will come to your home and install a smoke alarm for you.

There is no charge for this service. Call (916) 566-4000 and ask for the Community Services Division and we will schedule one of our crews to come out and help you with vour smoke alarm.



Anne-Laure Boyd Lyon's Roseville Office (916) 225-5375 alboyd@golyon.com

REALTOR® Anne-Laure Boyd recently joined Lyon Real Estate in Roseville where she works with buyer's and sellers of homes and properties in Sacramento and Placer

Anne-Laure lives in Orangevale with her husband Michael and their daughters Lilly-Marie and Trinity. Michael is a local plumbing contractor. Anne-Laure is looking forward establishing herself in her

or www.GoLyon.com.

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County.

Prior to joining Lyon, Anne-Laure was a Top Producer in the Bay Area. She sold homes in Marin and Sonoma County where she lived for 25 years. She earned her Bachelor Degree from Sonoma State University where studied she Business/ Marketing.

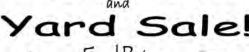
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For information on the market place, regional facts and trends, please visit www.anne-laureboyd.com

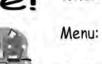
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Saturday, April 12, 7am - Noon Where: East Valley Four Square Church 7801 Hazel Ave

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Kirk Camunez

You may or may not engage in many of the typical activities of "spring cleaning" - de-cluttering the attic, reorganizing your closets, touching up the paint, etc. - but you can almost certainly benefit from "sprucing up" your financial

As you survey your financial landscape, what areas might you want to tidy up? Here are a few suggestions:

portfolio of Clear your portfolio of "redundant" investments. Over time, you may have built a sizable investment portfolio. But if you have too many investments that look alike, you may actually be hindering your progress toward your goals. After all, if you own a dozen stocks of companies in the same industry, they're all likely to be buffeted by the same economic forces. Look for opportunities to replace some of these "redundancies" with different types of securities, taking into account your risk tolerance and time

Organize your financial records. If you're like those of us who file our taxes at the last minute, now is the perfect time to organize your financial records, because you've probably got them close at hand. And it's not just a matter of having your brokerage and 401(k) statements in nice, neat piles. Once you've got these documents together, you might see opportunities to consolidate some of your accounts. For example, you may have IRAs with different banks and financial services companies, By

moving them all to one provider, and the same time, you may find other possibly rolling over an old 401(k) into an IRA, you could save some fees and reduce your paperwork, but, more importantly, you may find that such a move actually helps you better manage your investments. You'll know exactly what you're invested in, and it will be easier to follow a single investment strategy. Also,

with all your IRAs in one place, it will be much easier for you to manage the required minimum distributions you must start taking when you turn 70-1/2. (These distributions are not required for Roth IRAs.)

Review your "systematic" investments. Many years ago, you might have started systematically moving money from your checking account into an investment. But perhaps the circumstances of your life have changed and this money could better be used elsewhere. Scrutinize your automatic investments to see if they still make sense for you.

Check your beneficiaries. Beneficiary designations on financial documents - insurance policies, IRAs, 401(k)s, etc. are extremely important, because they supersede even the instructions in your will. Over time, your family situation may have changed, through death, divorce, remarriage or the birth of new children, so you should periodically review all your beneficiary designations.

Examine your insurance coverage. When you have a young family, you need a certain amount of life insurance coverage to provide for some major expenses - such as your mortgage, college for your kids, perhaps some retirement funds for your spouse. But when your children have grown, your mortgage is paid and your spouse has decades' worth of retirement savings, your insurance needs may change considerably. At uses for insurance. Take some time and review your insurance coverage

with your financial advisor. By following these "spring cleaning" suggestions, you can help put your financial house in order for the seasons to follow.

Take action soon.

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APRIL 15 DEADLINE FOR IRA CONTRIBUTIONS ISN'T.

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First Edition for April 2008 Page 9

Gold River News & Views Rancho Cordova to Host Drive-through E-Waste Recycling Event Blight Busters Goes into Action April 9th Rancho Cordova - The Rancho Resource Department



The photo shows Rancho Cordova Vice Mayor Dan Skoglund and Mayor Linda Budge (right) stand beside a huge pile of e-waste during a tour of CEAR in Rancho Cordova. The City's e-waste recycling event will feature "drive-through" service.

The City of Rancho Cordova will host a free e-waste recycling event in the City Hall parking lot on Saturday, April 19th from 9 to 2 p.m. City Hall is located at 2729 Prospect Park Drive, near the south Zinfandel exit on Highway 50.

"Participants won't even have to get out of their vehicles," said Steve Harriman, Rancho Cordova's Integrated Waste Manager. "They can open their doors or pop their trunks and we will unload for them."

E-waste that will be accepted includes oil, and cleaning supplies.

computer equipment such as desktop and notebook pc's, monitors, keyboards, mice, zip drives, and printers. Other items that can be dropped off are televisions, VCR's, stereo equipment and speakers, copy machines, telephones and cell phones, digital cameras, PDA's, scanners, and fax machines.

What will not be accepted are household appliances, furniture, tires, and hazardous waste such as fluorescent light bulbs, pesticides, car batteries, paint, used

The event is sponsored by California Electronic Asset Recovery (CEAR) INC and Allied Waste Services in conjunction with the City of Rancho Cordova. CERA INC is a California state approved electronic waste collector and recycler.

"For optimal security, CEAR INC shreds all computer hard drives and their secure facility is monitored 24/7 by surveillance cameras," added Harriman.

For more information about the disposal event, please contact Harriman at (916) 851-8718.

Rancho Cordova Police Department to Offer Summer Youth Academy

Chief Reuben Meeks is proud to announce the Rancho Cordova Police Department's 2008 Youth Police Academy. The Academy will be open to eligible children who are 11 to14-years-old and who reside within the city limits of Rancho Cordova.

Academy cadets will be introduced to the core functions of policing, including criminal investigations, traffic enforcement, and crime scene processing. Cadets will have the unique opportunity to interact and learn from law enforcement officers in a safe environment and learn through team building exercises, classroom instruction, and numerous hands-on training activities.

There are two session dates: June 9, through June 20, 2008 (two weeks); and July 14 through July 18, 2008 (one week). The Academy is free of charge and is not intended for children with disciplinary problems. The Academy is not a "boot camp" for troubled youth.

Visit the Rancho Cordova Police Department website at www. ranchocordovapd.com for details and an application. For more information about the Academy contact Shannon Ludington at (916) 875-5709.

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Rancho Cordova - The Rancho Cordova "Blight Busters" will visit a neighborhood in the Mills Ranch West section of the City on Wednesday, April 9th. Specific parameters are North of Coloma Road, south of Ambassador, east of Sierra Madre Court, and west of Rossmoor.

"The Blight Buster campaign is an integral part of our Growing Strong Neighborhoods project," said David Sander, Rancho Cordova Council Member. "Our goal is to identify and correct blight and nuisances that can impact safety and property values."

During their visit, Blight Busters will be on the lookout for visible junk and rubbish, non-operative or unregistered vehicles on streets or vehicles parked on driveways and lawns, illegal home businesses, and unlicensed animals. They will also be looking for construction without permits and health and safety violations.

In addition, Sacramento Metro Firefighters will install home smoke alarms and batteries free of charge. All residents and businesses in the target area have been sent a postcard about the upcoming visit. They have been invited to contact the City if they need help fixing a nuisance at their home, want to report a blight problem, or need help dealing with landlords on a nuisance issue.

Members of Blight Busters include Rancho Cordova code enforcement officers, building inspectors, and animal service officers. Also on the team are City police officers, Sacramento Metro Firefighters, and representatives from the Rancho Cordova Weed and Seed group.

For additional information about the impending Blight Buster visit, please contact Kerry Simpson, Neighborhood Services Manager for the City. For information about the smoke alarm installations, contact the Fire Department at (916) 566-4000.

Rancho Cordova **Seeks Applicants** for Building **Appeals Board**

Rancho Cordova, CA-- A Building Board of Appeals is being established by the City of Rancho Cordova that will hear property owners' appeals of decisions made by the Building Official regarding the application and interpretation of the building codes. The City Council is tentatively scheduled to make appointments at its May 19th meeting.

The Board will be made up of five to seven members who have professional backgrounds in contracting, building, and law as well as members of the general public. The group will meet on asneeded basis, when appeals are requested by property owners, but not more than

once a month. The Board will hear cases that relate to structures or conditions that have been declared sub-standard, unsanitary, or hazardous and the property owners' responsibility to rehabilitate, reconstruct. correct, or make abatements. When making decisions, Board members will weigh professional input given in staff reports and provided by applicants and consultants. Application requirements include being at least 18 years old and have professional experience as a residential or commercial general contractor; electrical, mechanical, or plumbing contractor; electrical, mechanical. civil, or structural engineer; architect; fire service representative; attorney; or utility representative. Public members-at-large

will also be considered for appointment. We are looking for people who have an interest in serving the community and may have a professional knowledge regarding building and safety," said Tom Trimberger, Chief Building Official for the City of Rancho Cordova. Applications are available at the City Clerk's Office that is located at 2729 Prospect Park Drive or on line at the City's website at www. cityofranchocordova.org. The deadline for returning the completed application to the Clerk's Office is Wednesday, April 30th.

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Rancho Cordova, CA - Stacey Peterson was recently named the new Human Resources Manager for the City

of Rancho Cordova. She is responsible for recruitment and employee selection, training and development, employee relations, and the classification and compensation program.

Formerly at Sacramento County's Department of Health and Human Services, Peterson was instrumental in strategic planning, recruitment, payroll administration, employee/ relations, classification, policy development, and internal communications.

Peterson received B.A. and Master's degrees in psychology from Sacramento State with emphasis on organizational development and personnel management.



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Information Sought on Unsolved Carmichael Bank Robbery



On March 25, 2008, a lone male robbed the Bank of America located at 6705 Fair Oaks Boulevard, Carmichael, California. The robbery occurred at approximately 1:30 p.m. when the robber entered the bank and mumbled something that was not understood to one of the bank tellers. The robber then demanded money and threatened physical harm to the teller. No weapon was seen and shortly after making his demand the robber exited the bank. No

description of a getaway vehicle was

The robber is described as a black male, late 30's – mid 40's, 5'8" to 6', approximately 200 lbs., black hair that was dirty with a gray spot on top and a black beard. The robber was wearing a torn yellow shirt over a dark tank top, dark pants and white tennis shoes. He also had a black backpack with a large zipper pocket.

The Sacramento Violent Crimes Task Force, comprised of FBI agents and Sacramento County Sheriff's Department robbery detectives, are seeking information on this unidentified male bank robber. Anyone with information regarding this robbery is asked to contact the FBI in Sacramento at (916) 481-9110, the Sacramento Sheriff's Department at (916) 874-5115



BANK OF AMERICA 6705 FAIR OAKS BLVD. CARMICHAEL, CA.

or Crime Alert at (916) 443-HELP. Callers can remain anonymous and may be eligible for a reward of up to

Felony Warrant Issued on Bethann Colyer



On December 19, 2007, at approximately 10:50 p.m. Garron Engstrom was driving a Honda CRV carrying eight passengers on northbound Eastern Avenue at Whitney Avenue. Bethann Colyer was driving while intoxicated on westbound Whitney Avenue at Eastern Avenue at approximately 50-55 mph when she failed to stop for the red traffic signal. Scott A. Crouch Jr., a passenger in Engstroms vehicle died at the scene, (Sacramento Coroner's Case # 07-06633). Engstrom had seven other passengers in the vehicle. One passenger had major head trauma and

seven other passengers had moderate to severe injuries. Those passengers included: Jessica Mendoza-18 year old from Gold River was transported to MSJ hospital- massive head trauma, Bart Kirby- a 19 year old was transported to MSJ with a broken pelvis, lacerated liver, and major head trauma, Jason Doverspite- an 18 year old from Carmichael was transported to Kaiser North with head trauma, Jessica Rosser- an 18 year old from Gold River was transported to Sutter Roseville with complaint of pain to her head and was admitted, Ian Smith- an 18 year old from Carmichael was transported to UCD with a broken neck, Benjamin Harrington- an 18 year old from Auburn was transported to UCD with major head trauma, Michael Huwitta 20 year old from El Dorado Hills was transported to UCD with broken ribs, collapsed lungs, and head trauma. The driver of the Honda, Garron Engstrom was transported

hands and face. All occupants in the Honda CRV were not wearing their seatbelts except the driver and right front passenger (Mendoza).

On March 28, 2008, District Attorney Jan Scully filed charges against Bethann for 191.5 PC- Gross Vehicular Manslaughter and 23153 VC- Driving under the influence with injury, with enhancements for each of the eight additional victims who were injured. These charges came after a lengthy investigation by CHP Officers with the assistance of our MAIT Team.

Bethann was arrested approximately 12:28 p.m. on Manzanita Avenue just north of Winding Way as she was leaving the "Dubs Daily Dose" bar in Carmichael. At the time of her arrest, she was suspected of having alcohol in her system and she had admitted to smoking marijuana earlier in the day. She was booked into the Sacramento County Jail for her warrant.

Citrus Heights Home Invasion Robbery

to Sutter Roseville with cuts to his

On 03/22/08 at approximately 0330 hours, Citrus Heights Police Officers responded to the 5800 block of Woodbrook Court on the report of a home invasion robbery. It was discovered that two armed and unidentified male subjects had kicked in the front door to the residence and confronted the victim in his bedroom.

After confronting the victim, the suspects demanded specific items from the home. When the victim was unable to meet the suspect's demands, he was assaulted several times by one or both of the suspects. The victim was struck in the face with a firearm causing injury to his eye and forehead.

The suspects were described as black male adults between 6'01" and 6'04" tall weighing between 200 and 230 pounds. They were both

dressed in all black clothing with one suspect wearing a black face mask and the other wearing a multi-colored face mask. Both suspects were armed with handguns.

Two firearms and miscellaneous personal items were stolen from the home during this robbery.

Anyone with information in this case should contact the Citrus Heights Police Department at (916) 727-5500.



CITRUS HEIGHTS POLICE DEPARTMENT



6701 Auburn Blvd. (7-11 Market)

Officers responded to a suspicious occupied vehicle at the location. Once there, Male suspect was contacted and found to be on probation with search and seizure terms. A subsequent search revealed him to be in possession of a controlled substance as well as probation violation. Suspect was arrested and transported to jail.

03/17/08-1225 Hrs 6073 Greenback Ln. (M&B Creekside Liquor) Robbery

The male victim, liquor store clerk, attempted to stop four subjects from stealing alcoholic beverages and was struck by one of the suspects. The suspect used his fists and hit the victim on head causing a visible injury. The suspects successfully took one bottle of an alcoholic

beverage and fled the area. Area check for the suspects met with negative results.

03/17/08-1311 Hrs 5413 Sunrise Blvd (Music Go Round) 496 P.C. Officers responded to the location for a subject attempting to sell three stolen guitars. Officers detained 27 year old male and determined he was in possession of three stolen guitars. During the investigation suspect admitted to burglarizing a residence in Roseville where he took

guitars. Ultimately all of the stolen property was recovered and suspect was arrested for the listed charge. 03/17/08-2005 Hrs

Auburn / Sandalwood DUI Officers responded to a solo pick up vs. tree at this location and found the driver, female, 32 years old, was under the influence of alcohol.

She was arrested for DUI. 03/19/08-1545 Hrs

Shoplifting/272 PC 7000 Auburn (Costco) Male, 38 years old, was shopping with his two small children in the store when he decided to steal a GPS unit by concealing it in a backpack.

03/19/08-1646 Hrs Fair Oaks / Poppyfield

A passerby reported a male was assaulting a female by pulling her hair and holding her down on the ground. Officers responded and

When he left the store they were detained by store security and handed over the CHPD. Suspect was cited release for 484 and 272 PC

subsequently arrested male, 28 years old, for assaulting his girlfriend. Suspect was booked into the county jail.

03/19/08-1806 Hrs 7400 block of Willowcreek Dr 243(b) PC, 647(f) PC CHPD Officers responded to a report of a two intoxicated juveniles causing a disturbance. Upon arrival officers encountered two male juveniles who were intoxicated from drinking vodka and cough syrup. One young man became hostile with the officers immediately. He attempted to kick one officer and then spit on two officers. He was arrested and transported by paramedics to MSJ for clearance. At the

hospital he continued to spit at officers and hospital staff. Once cleared for custody he was transported to Juvenile Hall. The other young man was cooperative throughout the contact, was transported to the hospital for treatment, and released to his mother. 03/20/08-1330 Hrs **CHPD Parking Lot** 10851 VC

A woman came to the front counter and reported her boyfriend stole her car during a domestic dispute outside the PD. The victim and her boyfriend, male 24 years old, arrived at the PD in the victim's car. The victim drove them here because they were fighting during a drive to Citrus Heights from Sacramento. The woman walked away from the car and the suspect assaulted her, took her keys, and then drove away in her vehicle. Vehicle: white Buick Century.

Sunrise / Greenback

A CHPD officer stopped a vehicle for a traffic violation and contacted driver male 47 years old and passenger male 39 years old. The contact led to a search and the discovery of methamphetamine in both subject's possession. Both males were arrested for 11377 HS and transported to county jail.

03/20/08-0434 Hrs Farmgate/Birdcage

UP TO BE ...

DUI/20002 CVC

A CHPD officer investigated a hit and run in which the automatic gate was struck by a vehicle at the Birdcage Village apartments and the suspect vehicle left behind its front license plate. A short while later officers from a local Private Patrol Operator located the suspect vehicle which led to contact with the owner, male 23 years old, at his home. Suspect was found to be intoxicated and admitted to striking the gate and fleeing. Suspect was arrested for DUI and booked into the county jail.

The Spats





CRIME REPORTS

From The Sacramento County Sheriff Time Crime

Fair Oaks

2008-03-21	12:30	Burglary Residential
2008-03-21	17:30	Vandalism
2008-03-21	21:00	Burglary Residential
2008-03-22	09:10	Robbery
2008-03-22	10:00	Simple Assault
2008-03-22	10:30	Burglary From Vehicle
2008-03-23	16:00	Larceny/Theft
2008-03-25	18:00	Burglary From Vehicle
2008-03-25	18:45	Aggravated Assault
2008-03-26	03:50	Burglary Business
2008-03-26	10:00	Burglary Residential
2008-03-26	14:00	Aggravated Assault
2008-03-26	17:00	Burglary From Vehicle
2008-03-26	19:00	Burglary From Vehicle
C		
Carmichael		
2008-03-21	07:00	Burglary Business
2008-03-21	07:30	Burglary Business
2008-03-21	12:00	Burglary From Vehicle
2008-03-21	18:00	Burglary Residential
2008-03-21	18:00	Larceny/Theft
2008-03-22	12:00	Burglary From Vehicle
2008-03-22	16:20	Vandalism
2008-03-22	17:39	Narcotics

2008-03-22 19:00 Burglary From Vehicle 2008-03-22 20:30 Burglary From Vehicle 2008-03-22 22:00 Burglary From Vehicle 20:30 Robbery Burglary From Vehicle 02:00 Burglary Residential 09:00

2008-03-23 2008-03-24 2008-03-24 2008-03-24 Vandalism 2008-03-24 Burglary From Vehicle 2008-03-25 Vandalism 2008-03-25 Larceny/Theft 2008-03-25 Larceny/Theft 2008-03-25 Robbery 2008-03-26 Drunkenness 2008-03-26 12:00 **Burglary Business** 2008-03-26 Weapons Violation

Orangevale 2008-03-22 09:00 Vandalism 2008-03-22 20:00 Burglary From Vehicle 2008-03-23 **Burglary Business** 2008-03-23 Burglary From Vehicle 2008-03-23 Larceny/Theft 22:00 2008-03-24 14:15 Larceny/Theft 2008-03-24 17:00 Robbery 18:10

Weapons Violation 2008-03-24 2008-03-24 18:15 Simple Assault 2008-03-26 Burglary Residential Burglary From Vehicle 2008-03-26

Address

8500 block of Kermes Ave 6600 block of Mercy Ct 6800 block of Oaklawn Way 8800 block of Madison Ave 8400 block of Ranchita Way 8300 block of Greenback Ln 5700 block of Dewey Dr 8100 block of Deseret Ave 8100 block of Walnut Villa Way 8000 block of Madison Ave 4500 block of Oxbow Ridge Pl 4600 block of Pennsylvania Ave 5400 block of Greenbrier Way 4300 block of Donnybrook Way

5800 block of Manzanita Ave 5800 block of Manzanita Ave 5700 block of Cypress Ave 5700 block of Angelina Ave 6100 block of Orsi Cir 3600 block of Walnut Ave 5800 block of Sutter Ave 5700 block of Marconi Ave 4700 block of Hazelwood Ave 6200 block of Rampart Dr 2900 block of Linden Ln 7300 block of Fair Oaks Blvd 1900 block of Shelfield Dr 5300 block of Retreat Way 4600 block of Meyer Way 5700 block of Jeff Way 3100 block of Kaiser Way 7300 block of Fair Oaks Blvd 6000 block of Kenneth Ave 6700 block of Fair Oaks Blvd

5000 block of Marconi Ave 6600 block of Madison Ave 5800 block of Winding Way 6000 block of Woodminster Cir 6000 block of Main Ave 8900 block of Greenback Ln 6300 block of Old Orchard Way 9100 block of Kendrick Way Greenback Ln / Hazel Ave Orangevale Ave / Benning St 8200 block of Sanwood Ct 6500 block of Skyview Dr 5700 block of Filbert Ave 8100 block of Donnawood Way

Location Type

Residence/home Public/government building Residence/home Financial/bank/savings loan Highway/road/alley Vehicle Residence/home Vehicle Residence/home Commercial/office building Residence/home Residence/home

Vehicle Residence/home Convenience store Restaurant/fast food Vehicle Residence/home Vehicle Vehicle Parking lot/garage Highway/road/alley Vehicle Vehicle Convenience store Vehicle Residence/home Residence/home Vehicle Other/unknown Other/unknown Residence/home Financial/bank/savings loan Residence/home Parking lot/garage Residence/home

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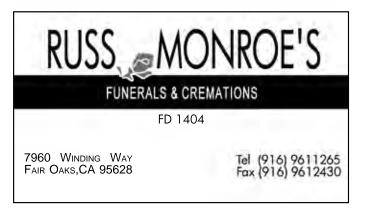
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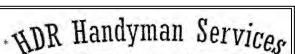
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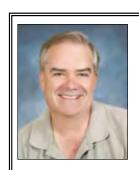
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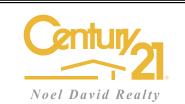
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- Pack cargo 12 Sandwich
 - cookie
- 13 Floral
- neckwear
- 14 Stephen King
- pooch
- 15 Chicken -
- 16 Naked 18 Cruelness
- 20 Wimbledon
- game Ahab or Kirk
- (Abbr.) 23 Humor
- 24 Wood-shop tool

28 Ace or joker

- 31 Greek mountain 32 Credit's
- 34 Rink surface 35 Slave of old

opposite

- 37 Boaz, to
- Naomi 39 Ocean
- 41 Formerly
- 42 Head Hun 45 Approved
- 49 Saskatchewan city
- 51 Memorization method
- 52 Academic 53 Time of your
- 54 Highland hillside 55 Sans siblings

life?

- 56 Scepter
- 57 Shrill bark
- **DOWN**
- 1 Stir-fry
- cookware 2 Operatic solo
- 3 Clarinet insert
- 4 Tyro 5 Quick looks
- 6 Japanese
- money

- Catcher's aid
- Panoramic
- Prepare to run away
- 10 California town 11 Knocks 'em
- dead
- 17 Chop
- 19 Carnelian variety
- 22 Forbidden
- 24 Bro's kin
- 25 Citrus cooler
- "Cheers" seat
- 27 Sifted

29 - Victor

30 Lawn moisture 33 Watch sound 36 Aggressively

Answers on Page 14

38 Within reach

lively

- 40 Pub order 42 Bullets
- 43 Roger Rabbit, e.g.
- 44 Open slightly 46 Days gone
- by 47 List-ending
- abbr.
- 48 Profound
- 50 Past

Upcoming Sac State Rowing Events

Advanced Notice of Rowing **Events at Lake Natoma**



As May draws near the Sacramento State Aquatic Center is preparing for Regatta Month. We will have 6 major rowing regattas this year at Lake Natoma in Gold River, California.

 West Coast Conference Rowing Championships May 2, 2008

Collegiate rowing regatta.

Racing from 10am-1pm Preferred parking is \$7.00, overflow parking is \$5.00.

· Western Intercollegiate Rowing Association Championships May 3 &

Gonzaga, Cal Berkeley, UC Irvine, Humboldt State, St. Mary's, Long Beach, San Diego State, Chapman and many other universities will be racing. Racing from 8am-6pm Saturday and

8am-1pm Sunday Admission is \$5.00 to event, Preferred parking is \$7.00, overflow

parking is \$5.00. Southwest Junior Rowing

Championships May 10 & 11, 2008 Features top junior crews including Capital Crew, Berkeley, and Stanford.

Racing from 8am-6pm Admission is \$5.00 to event. Preferred parking is \$7.00, overflow parking is \$5.00.

Sporting

No Ordinary Joe

Twelve years into his NBA career,

Joe Smith has shown at least one

extremely admirable trait: He's a

Now on his eighth team since being drafted first overall in the 1995 draft by

the Golden State Warriors, Smith never

really lived up to the expectations he set in his two stellar years at the University

of Maryland. Averaging about 20

points and 10 rebounds per game,

Smith truly resurrected that program.

Nothing underscored that point better

than the night the Terrapins defeated

the No. 1-ranked North Carolina Tar Heels at Cole Field House, 86-73.

I was at that game in 1995, and I

closed R.J. Bentley's saloon that night

in downtown College Park. Maryland

head coach Gary Williams, hanging

out in the back corner booth, did too.

Before he left, he was asked by the

students to make a speech. At that hour,

he didn't want to, but he did say a few

words about how hard the program was

Joe Smith came out of nowhere, and

he was something incredibly special.

As a center, he wasn't dominating in the

paint, and he wasn't as big physically as

the other big men he faced off against

working to make the campus proud.

By Mark Vasto

· Pacific Coast Championships May 17, 2008

Featuring collegiate, open and master's crews.

Racing from 8am-4pm

Admission is \$5.00 to event, Preferred parking is \$7.00, overflow parking is \$5.00.

PAC-10 Rowing Championships

May 18, 2008 Sac State, Stanford, University of Washington, University of Oregon, Cal Berkeley, UCLA, USC, Humboldt State, LMU, and many other universities will be racing in this event.

Racing From 8am-2pm Admission is \$5.00 to event. Preferred parking is \$7.00, overflow parking is \$5.00.

· NCAA Women's National Rowing Championships May 28, 29, 30, and June 1, 2008

A woman's national rowing championships featuring the best women's collegiate crews in the

Racing from 8am-3pm on Friday, 8am-11am Saturday, 9:45am-12pm Sunday

Admission TBA, Preferred parking is \$7.00, overflow parking is \$5.00.

Spectators will be able to watch the final 300 meters of each race along the beach at Nimbus Flat State Park.

Or the Start of the races at China Wall along the bike trail.

For more information contact the Aquatic Center at 916.278.2842, aquaticcenter@csus.edu, or www. sacstateaquaticcenter.com We look forward to seeing you there!

in the ACC, but he was so "sweet." His footwork, his ability to sort of slide

around players and get the rebound, and to score points without being flashy

And he was a nice guy off the court, too. I remember seeing him waiting in line for the Vous (the once legendary

bar in downtown College Park). It was hard not to spot him (He was what ...

6-11?) in that line filled with the usual fraternity/sorority crowd. Watching him there, I couldn't help but intervene.

"Joe ... everyone knows you're 19,"

I said to him. "You don't have to wait

on this line ... in fact, you have to get inside as quick as you can!" But that's

the type of kid Joe was. He didn't want

Remember, at that time, Maryland

was just coming off the NCAA death

sentence in the wake of the Len Bias death. Well. Joe left Maryland -- the

to cut the line.

was really something to behold.

Defending World Team Tennis Champs Announce New Roster



The Sacramento Capitals picked up two new players today in the World TeamTennis draft concluded in Miami, Florida.

Eric Butorac, a 6'3" left hander will replace former team captain Mark Knowles, who will forego the season to await the birth of his second child. The Rochester, Minnesota native turned pro in 2003 and has three career ATP titles. His current doubles ranking is 45. The Caps picked up Butorac as the second pick in the first round as a result of the trade with St. Louis involving marquee player Anna Kournikova.

Joining Butorac will be 16 yearold Belgium junior player Tammy Hendler. Hendler, a right hander, is the current 18th (career high 5th) ranked junior player in the world. Born in South Africa, she trains in Braderton, Florida. The Caps have a successful track record of drafting up and coming young female phenoms like Nicole Vaidisova, Anastasia Pavlyuchenkova and Michelle Larcher De Brito.

Returning are fan favorites Elena Likhovtseva and Sam Warburg. Likhovtseva was the 2008 first round Caps protected draft pick. Likhovtseva has played with the Caps for seven years and twice won the WTT MVP Female Player of the Year honors. She is the 2007 Australian Mixed Doubles champion. The 24 year-old Warburg, returns for his third year with the Caps. Warburg recently beat three top 100 players in a row at the Sony Ericsson Open. He was also a Caps protected player in the draft. Warburg, a two-time All-American, prepped at Jesuit High School.

The Caps will have two marquee players this year, Lindsey Davenport and Dmitry Tursunov. Davenport helped lead the Caps to titles in 1997 and 1998 and was a marquee player last season. Davenport began touring again after the birth of her son last year. The 26 year-old Russian star is currently ranked 35th in singles. Early this year, Tursunov won the tour event in Sydney, Australia. Popular coach Wayne Bryan returns to lead the team to a record seventh WTT title.

Sacramento Capitals co-owner Lonnie Nielson feels all the pieces are in place for another successful "We'll be competitive, no doubt about it. I guarantee our fans that the players

will leave it all on the court this season in quest of our seventh title."

The Capitals will play their 23rd season of World TeamTennis action July in Allstate Stadium, Westfield's Galleria at Roseville, July 3-23. For the second consecutive year, the defending title-holders will host the



Eric Butorac

World TeamTennis Championship Weekend, July 24-27. The Capitals won a league-record 6th King Trophy last July with an exciting win over the New York Buzz of Schenectady, N.Y. Season tickets for 2008, including Championship Weekend tickets, are on sale now at 916-638-4001 ext.111.

Kevin Johnson Lends Support to Health and Fitness Basketball Camp for Local Youngsters



Terps never got past the Sweet 16 with him. A few years later, Juan Dixon arrived on the scene, never missed a shot, and the Terps were national champions. It's safe to say that Joe Smith helped make that happen, too. Now, Joe Smith has the chance to get a ring, this time teaming with LeBron Johnson appeared to lend his support that they can use in growing up to be to help youngsters make healthy food the national average. According to James and the Cleveland Cavaliers.

winning over winning personalities and substances over substance, Smith is a champion anyway.

Good luck, Joe.

Mark Vasto is a veteran sportswriter and publisher of The Parkville (Mo.)

In a sports society that seems to value

to young students at The Health Net & Legends Fitness Challenge basketball camp held at Robertson Community Center. The basketball camps are led by Cardte Hicks, former women's professional basketball player and her

Johnson warmed the young crowd by talking of his playing days in the NBA and how the lessons he learned then translate into having a happy and

responsible and healthy adults. Johnson gathered everyone for a group photo, then stayed much longer than was planned to sign dozens of autographs for the youngsters.

The Health Net & Legends Fitness Challenge basketball camps are a result of a community collaborative aimed at addressing the obesity epidemic among Sacramento's low-income and underserved youth in third through

On Wednesday, March 26, healthy life today. He offered a few eighth grades. The goal of the Health Sacramento Mayoral candidate Kevin simple life lessons to the participants Net & Legends Fitness Challenge is children in California is higher than choices and increase physical activity in their daily lives. Four core partners - Health Net of California, Sacramento Kings, The Legends: Kids First and There Are No Limits - came together to create a series of four, 3-day basketball

The Health Net & Legends Fitness Challenge basketball camps address the alarming obesity trends among Sacramento's youth. According to recent

studies, the prevalence of overweight experts, if trends associated being overweight and obese continue, this generation of children will be the first to have a shorter life expectancy than their parents. Camp students take part in a variety of physical fitness activities, self-esteem building and nutrition classes. For more information go to www.thelegends.org or www. openthelid.org.

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Gold River offers an array of healthy fitness and social activities so everyone enjoys the summer break. Take tennis lessons from a former #1 NCAA collegiate, Kelly Wilson. Or how would you like to take a swimming lesson from 1984 Olympic Gold Medalist Jeff Float? Or better yet, join the Gold River Stingray swim team and you can be coached by Jeff! You can also train with 4-time Sacramento area High School Volleyball Coach of the Year, Gil Villarreal. We are packed with highly experienced instructors in every area of the Club. Want to relax after your work out? The Hard Court Café can serve you lunch on the patio or on our new Trex deck overlooking our US Open blue stadium tennis court.

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MOVIE REVIEWS

My Blueberry Nights

Two-thirds into "My Blueberry Nights," during yet another banal heart-to-heart about love and hope, loss and regret and doing something about it, the camera view of the conversing couple is interrupted by a cutaway shot of an elevated train whizzing along a clackety track. The train is shown in slow motion and intentionally blurred in the yellowish glow of urban streetlights. The couple isn't riding on the train, nor are they about to. For all we know the train could be miles away. But the director felt the need to show us this train, right at that very moment, just as he found it essential to spice up a tender kiss with an intense split-second, anatomical close-up of an oozing slice of fresh blueberry pie.

This is typical Kar Wai Wong, as those familiar with Cannes Film Festival darlings "2046" and "In the Mood for Love" will attest. Art house aficionados who might have fancied his decorative, film noir style in those Chineselanguage works might not be so gaga over the Shanghaiborn director's English debut. Subtitles can oftentimes mask a contrived, cliché-riddled script, and the absence of them here has the film straddling, to quote David St. Hubbins of Spinal Tap, the fine line between stupid and clever.

Benefiting from all this pseudo-coolosity is pop star Nora Jones in her feature debut as Elizabeth, owner of a broken heart only seconds into the movie, complements of a twotiming boyfriend. Jones' less than compelling turn as the driver of Wong's melancholy, quasi-road picture is softened by the pretentiousness of her director and cinematographer, Darius Khondji, who at least does know how to lens attractive people and interesting locales, something "My Blueberry Nights" does boast.

Elizabeth, or Lizzie as she'll go by later on, in addition to Betty in one scene for reasons I'm obviously not hip enough to understand, has vagabond shoes longing to stray from New York – this despite sharing sparks with Jeremy, the Dr. Phil of British-born Manhattan diner owners and obnoxiously played by Jude Law. The bloke is sweeter than the pies he pushes on his newest late-night regular.

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security cameras and desserts factor in the meaning of life, Elizabeth splits the Big Apple and winds up serving burgers and beer at dives in Tennessee, Arizona and Nevada - all this to find herself and save up money to buy a car. She also writes postcards to Jeremy that contain spilled guts, but no contact information, forcing him to pine and wear out the Yellow Pages in hopes of finding the hole in the wall employing the right Elizabeth. The hopeless romantic doesn't even know her last name.

At each stopover Elizabeth makes acquaintances with lost souls who find her shoulder ripe for crying on. Making her own life seem like rainbows and unicorns in comparison are an alcoholic cop named Arnie (David Strathairn) and the woman he can't let go, his unsatisfied, unfaithful floozy wife Lynne (Rachel Weisz). Their story isn't worth describing here, let alone being told by two acclaimed actors who obviously thought they'd be making magic by working with Wong. Not faring much better is Natalie Portman as sassy gambler Leslie, who literally takes Elizabeth for a ride through the desert after a high-stakes poker game. Leslie prides herself on her ability to read others, including her trusting travel partner. But the revelation Elizabeth gets from her, a discovery that will send the New Yorker back where she started, is so elementary, so, well, stupid, that if you haven't rolled your eyes or checked your watch by now, you certainly will leading up to a bland ending that, predictably, serves up fresh blueberry pie for dessert. It's not worth the calories.

> 1 of 4 Stars, rated PG-13, 111 minutes, blueberrynightsmovie.com

info@jewelrytraining.com

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& The Roots Band

plus special guests

RILEY REVIEWS



Tim Riley

"DRILLBIT TAYLOR" **DOESN'T ALWAYS** STRIKE COMEDY **GOLD**

DRILLBIT TAYLOR (Rated PG-13)

A comedy about three young outcasts confronting their high school misfortunes sounds like the storyline for "Superbad." That hilarious movie was produced by Judd Apatow, who's in the business of churning out recent runaway comedy hits such as "Knocked Up" and "Talladega Nights." Not surprisingly, his fingerprints are all over "Drillbit Taylor," the latest in the pantheon of comedies with distinctly youthful flavor. Yep, a trio of anxious freshmen enters high school, only to find that they have descended to a level of hell that even Dante could not contemplate.

Best friends Wade (Nate Hartley), the freakishly skinny, bespectacled wannabe magician, and chubby Ryan (Troy Gentile), channeling the persona of Jack Black, are humiliated from day one when they show up at school wearing the same bowling shirt. They become instant targets for the seriously deranged Filkins (Alex Frost), a psychotic bully prone to violently erratic behavior, especially after Wade intervenes on behalf of the extremely nerdy and short Emmit (David Dorfman), who's been unceremoniously stuffed inside a school locker.

Of course, Emmit desperately latches on to Wade and Ryan because there's absolutely no way anyone else will even talk to the dweeb. The wisecracking Ryan would rather ditch their new acquaintance, but circumstances conspire to keep them together. Suddenly, the idea of high school as this great place to be turns into a daily living hell. After a series of unfortunate events caused by Filkins' reign of terror, the boys realize that the habitual apathy of the school system dooms their remaining days unless they take drastic action. Principal Doppler (Stephen Root) is oblivious to the mayhem created by Filkins and more inclined to blame the victims.

After some Internet research, the freshmen decide they need to hire a personal bodyguard. The film's funniest moments involve a succession of interviews with a wide variety of applicants at a local coffee shop. Some prospects are truly inept; others are prohibitively expensive. Though living very comfortably in an upscale neighborhood, the boys can only hire a bodyguard that an allowance can afford. Enter Drillbit Taylor

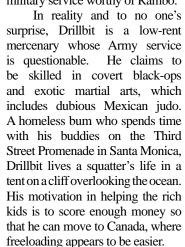


1. **10.000 B.C.** ... Steven Strait, Camilla Belle 2. College Road Trip(G) Martin Lawrence, Raven-Symone 3. Vantage Point(PG-13) Dennis Quaid, Matthew Fox 4. **Semi-Pro**(R) Will Ferrell, Woody Harrelson 5. **The Bank Job**(R) Jason Statham, Saffron Burrows 6. The Spiderwick Chronicles (PG) Freddie Highmore, Mary-Louise Parker 7. The Other Boleyn Girl (PG-13) Natalie Portman, Eric Bana

8. **Jumper**(PG-13) Hayden Christensen, Samuel L. Jackson

9. Step Up 2 the Streets ..(PG-13) Briana Evigan, Adam G. Sevani 10. **Fool's Gold**(PG-13)

Matthew McConaughey, Kate Hudson © 2008 King Features Synd., Inc. (Owen Wilson), wearing old Army fatigues and spouting a resume of military service worthy of Rambo.



To keep his cash flow running, Drillbit initiates his credulous charges in a ridiculous boot camp, leading to several hilarious missteps. Notwithstanding his grandiose claims, Drillbit is no match for Filkins, let alone any minor altercations. Before the kids become too suspicious that their valuables seem to mysteriously disappear, Drillbit ends up being mistaken for a substitute teacher, and suddenly he's teaching a number of courses. He tells his homeless buddies that the secret to impersonating a teacher is to constantly hold a coffee mug while hanging out in the teacher's lounge.

A few complications set in when his substitute act draws attention from the pretty English teacher (Leslie Mann), and suddenly he's more interested in the romantic possibilities. When his clients become weary of the drifter's act, Drillbit not unexpectedly, having developed a bond with the kids, has to fess up to his deception, and in the process becomes the savior he had promised to be.

Suffering from misdirection and too many twists, "Drillbit Taylor" drills the empty patches of comedy too many times. To be sure, there are plenty of funny things happening, but the plot lacks cohesion. The kids are likable, though the pint-sized member of the trio gets too annoying. Owen Wilson delivers his trademark slacker routine as if he was sleepwalking, but at least he's amusing for the most part.

DVD RELEASE UPDATE

Asian martial arts cinema is becoming more accessible by means of DVD releases. From acclaimed director Johnnie To, who racks up bushels of Hong Kong Film Awards nominations, "PTU: Police Tactical Unit" follows a band of night patrol cops on a tough night, when a gang leader is mysteriously murdered and a detective loses his gun to four young thugs. The PTU finds itself in the middle of a war between two gangs, building towards an explosive and violent conclusion. "13: Game of Death" tempts a jobless man in serious debt to complete 13 increasingly gruesome tasks as he is lured into a violent game of life and death. Adapted from a Thai manga graphic novel, this film examines how far one would go for wealth.

9	2	6	8	7	4	3	1	5
5	7	8	3	2	1	6	9	4
3	4	1	9	6	5	8	7	2
7	8	9	4	3	2	1	5	6
6	5	2	7	1	9	4	3	8
4	1	3	6	5	8	7	2	9
8	6	7	5	9	3	2	4	1
1	3	5	2	4	6	9	8	7
2	9	4	1	8	7	5	6	3



"10,000 B.C."

Running time: 109 minutes MPAA rating: PG-13

"10,000 B.C." is the latest specialeffects epic from Roland "Independence Day" Emmerich. It's a story about an outcast caveman who takes a small group of his tribemates on a rescue mission to save the woman he loves and other tribe members from a marauding band of slavers from a much more technologically advanced people.

Most of the criticism being leveled at "10,000 B.C." is that it's historically inaccurate - which is true. "Quest For Fire" it ain't. Heck, "The Flintstones" were more true to history than "10,000 B.C."

So what?

I loved "300" BECAUSE it wasn't The History Channel. I loved all the over-the-top effects, the bombast and its wonderful self-indulgence. But "10,000 B.C." doesn't have the same sense of fun as "300" did. It tries too hard to take itself seriously, when it should've been a full-on, pedal-to-themetal joyride.

Sure, the film does attempt some ridiculous fun, like during the scene where the group of cavemen are attacked in an African jungle by a flock of enormous chickens. Yes, chickens. What should've been a fun, over-the-top action scene, sadly, is played seriously, like we're supposed to be on the edge of our seats worried that our heroes are in actual danger.



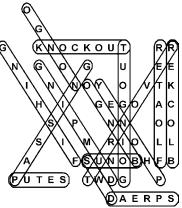
The film isn't a total disaster, thank God. There is a breathtakingly exciting mammoth-hunting sequence early in the film that is a pure adrenaline rush. And the final battle is darned good. The problem is the entire movie should've been like that, instead of trying so hard to be epic and coming off as yabba-dabba-dumb. **GRADE: C-**

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Magic maze

Answers

SCRABBLE TERMS (**к/и∕оск**ои(т)



Trivia Answers

1. Permanent teeth

2. Frederick Forsyth 3. Billie Holiday

4. A venomous cell used by jellyfish and other marine creatures.

5. Between Oman and Iran

6. An industry dominated by a few sellers

7. A hearing by all judges of a court

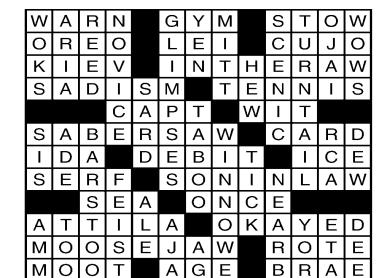
8. A disorder characterized by

uncontrollable swearing 9. A illogical or absurd predicament

10. A quail

King Crossword Answers

Solution time: 21 mins.



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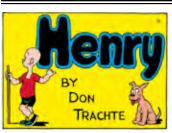
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by Jeff Pickering

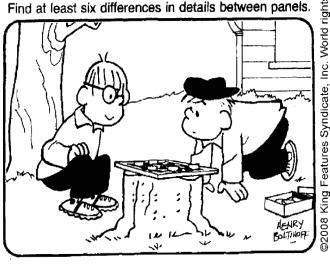






BY HENRY BOLTINOFF **HOCUS-FOCUS**





5. Tree stump is faller. 6. Boy's left arm can't be seen. moved. 3. Garage is gone. 4. Shirt zipper is missing. Differences: 1.Boy's pants are black. 2. Box has been

1. ANATOMY: What are succedaneous teeth also known as?

2. LITERATURE: Who wrote

the thriller novel "The Day of the

3. MUSIC: The autobiography "Lady Sings the Blues" was the story of

what singer?

4. SCIENCE: What is a cnidocyst?

5. GEOGRAPHY: Where does the

Gulf of Oman lie?

6. BUSINESS: What is an oligopoly?

7. LEGAL: What does it mean when

a case is heard "en banc"? 8. PSYCHOLOGY: What is

coprolalia? 9. LANGUAGE: What is a

"Catch-22"?

10. NATURAL WORLD: What kind of bird is a bobwhite?

Support the Fair Oaks Discovery Learning Center by Shopping at Barnes & Noble in Citrus Heights!

Barnes & Noble Booksellers, Citrus Heights, will celebrate the Week of the Young Child (April 13 – 18th) with a fundraising event for the Discovery Learning Center in Fair Oaks.

Families are invited to support the fundraiser, from April 8-18th, at a number of

• A storytime event on Tuesday, April 8, at 10:30am, featuring stories and songs

special events including:

 Educational activities, games, a raffle, and storytime with a special visit by Biscuit the Dog on Saturday, April 12,

from 11:30am – 2:00pm • A Pajama Storytime with guest children's author Stefanie Cruz, who will sign

copies of her book, Delta & Dawn; Mother & Baby Whale's Journey especially for the fundraiser

 An on-going opportunity to take donations for Child Protective Services, including such needed children's items as stuffed animals and pajamas, as well as items for teens including gift cards from stores, clothing, sheets and towels

Established the Discovery Learning Center's preschool day care program is committed to the developmental growth of the child. With multiage grouping, children are encouraged to make choices,

problem-solve, and move

about in an environment that

offers attractive, interesting, and stimulating materials.

During this Barnes & Noble will donate a percentage of every sale made with a special Bookfair voucher to the school. Vouchers will be available in the store during the event.

Please help support the Discovery Learning Center by shopping at Barnes & Noble, 6111 Sunrise Blvd. in Citrus Heights, on April 8 - 18, with a Bookfair voucher. For more information, contact Barnes & Noble Community Relations Manager Mike Troyan at (916) 853-1389.

BOOKSELLERS

Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging * * * HOO BOY!

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MAGIC MAZE • SCRABBLE

LBOYVSQNKHEBYWT ROLGJGEBYWURPNK G I G(K N O C K O U T)D B R R ZNXGVOSGQKUOMEE KIIGNENOYCOAVTK YWUHSIQPGEGONAC LJHFSEPCANNYHOO X V U S S I Q M P R I O N L L MKAJHFFSUNOBHFB EPUTESCTWDGBZPY X V U T R Q P O M D A E R P S

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Bingo Blocker **Bonus**

North dealer.

DWS Fishing Floater Going out

Knockout Non-go Passing

Setup Spread

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All Answers on Page 12 **Contract Bridge**

PREPARING FOR THE

Both sides vulnerable. ♣K 10 9 4

The bidding: North East

declarer to rush headlong into the declarer to rush headlong into the play. Speed has its reward in some games, but bridge is not one of them.

South went down quickly on this deal, where he lost a slam he could have made by playing more slowly. He won the heart lead, played a diamond to the ace, returned a low trump and finessed the jack. The finesse suc-

East still had the K-10-9, South had to lose two trump tricks and go down

ceeded, but West showed out, Since

The hand demonstrates an important principle of play. South's view from the start should have been one of He should realize that making the slam is a virtual certainty if the trumps are divided 2-2 or 3-1. His only real concern should be a 4-0 trump division.
South should conclude that the slam

is unlikely to be made if West has all four trumps, but that it can be made if East has them. Accordingly, South should lead a low trump toward dummy at trick two! After West shows out, dummy's queen loses to the king, but declarer later has no trouble finessing East out of his 10-9-4.

The principle that applies here is a fundamental one. Declarer shapes his play to cater to the normal 2-2 or 3-1 division, and at the same time makes allowance for the abnormal 4-0 divi-

It is true that declarer will some-It is true that declarer will some-times cost himself a trick by guarding against a bad break, but he will gain many more points in the long run by taking whatever steps he can to improve the likelihood of making his contract.

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Pow Wow Days

Gather your Family, Friends, Club, Group or Business and participate in the 45th Annual POW WOW DAYS Parade on May 17th, 2008. Parade participants will march down Greenback Lane, from Starbuck's Parking Lot at Madison/Greenback to Filbert Ave, beginning at 10 am.

Family Tradition" is the theme for this year's Pow Wow Days celebration and parade. Participants will be a variety of business and organizations, clubs, community groups, sports teams, local, county and town representatives, emergency services and other parade entertainers. Grand Marshall, Channel 31's, Alan Sanchez, "The

Slightly Paid Intern", American Cancer Society Float, Sacramento River Cats Mascot "Dinger", Wheels of Balance BMX Stunt Team, and Dr. Solar are just a few of the parade attractions. Parade entries are just \$15.00. Call the Orangevale

Chamber of Commerce at 916.988.0175 to register today. Ask for a free "Float Building Guide".

Camellia City Flute Choir Presents Spring Concert Celebrating its 10th year, the Camellia City

Flute Choir will present its 2008 Spring Concert on Saturday, April 26th at 2pm at the Lutheran Church of the Good Shepherd, located at the corner of Morse & Arden; 1615 Morse Ave. in Sacramento. The program will include selections from "The

Magic Flute" by Mozart, "The Hebrides Overture by Mendelssohn, and "Flute & Vegetables" written especially for flute choir by Johathan Cohen, as well as pieces by Brahms, Verdi, Gounod and McMichael. Camellia City Flute Choir was founded by its

director, Martin Melicharek in 1998. Two of the seven original members still perform with the group, which has grown to a dozen flutists, many of whom are area music teachers. A large portion of the growth has been in the addition of lower range flutes; altos, basses and a contra bass, giving the group a 6 octave range!

Martin Melicharek serves as conductor and arranger. The flutists are Edna Comerchero, Pat Walton, Mary Suthers & Virginia Thigpen on C flute, Mary Reed and Kari Zimny on C flute/piccolo, Gail Clark on C flute/alto flute, Marjorie Phillips & Karen Biork on alto flute. Jeanne Brown & Sharon Guilliford on bass flute & Sue Geddes on contra bass flute. Admission is free!

Teens With A Voice

Teens speak up and reach out to the community with their 3rd annual, teen-organized charity fashion show for cancer awareness.

Mesa Verde High School students are exercising their voices and reaching out to the community once again. On Friday, April 11th, the student body will be holding their 3rd annual charity fashion show to raise money for the American Cancer Society. The twohour show will be held from 7-9pm in the Performing Arts Center located on campus at 7501 Carriage Drive, Citrus Heights, CA 95621. Tickets are \$5 in advance and \$7 at the door.

The event is entitled "Runway Eradicate" and has rapidly grown each year. With such sponsors as Calvin Klein, Men's Wearhouse and Kevin Michael Salon, this year's event is sure to be a success. The night will be filled with high fashion entertainment, prizes, refreshments, cancer awareness and a ton of fun. As the event is solely planned by teens, it is phenomenal to see as they not only "talk the talk" but also "walk the walk" in bringing the community together to support cancer research.

Sacramento Philharmonic League's 15th Annual **Garden Tour**

Saturday & Sunday, May 3 & 4 10:00 am - 4:30 pm Carmichael, CA Advance Tickets \$30, Day of tour \$35

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Page 16

Lauren Forcella

Dear Straight Talk: My daughter, "Paige," is 14. Her mother and I divorced four years ago and my ex has always said ugly things about me. Somehow Paige seemed to know these things weren't true and we had a great relationship. Three months ago, Paige was very disrespectful to me over the phone and I told her I wouldn't tolerate such behavior. I cut off her cell phone after a threat to do so. During this time, I was pursuing a new custody agreement to prevent my ex from using the children to gouge me financially. Paige told me to stop pursing the new agreement or she'd never see me again. I tried to explain why I couldn't do this and now she won't talk to me except to threaten to ask a judge to let her refuse visitation with me. What should I do? — Paige's dad

Dear Paige's Dad: I hope you study each word by Beau, Jennifer, and Bird. Advice on this topic doesn't get better. As for Shelby's advice: it's a harsh delivery, but you can take it to the

From Beau, 18: My parents divorced

straight talk for teensDivorced Dad Gets Help Winning

Back Estranged Daughter

when I was one, and I constantly went back and forth between homes. Children think they are responsible for their parents' divorce, and in a custody battle they think they must love one parent more than the other. Since your daughter can't safely show affection for you around her mom, she sets up a defense mechanism that shuts you out. I've been there. My mom talked bad about my father, too, and I felt I had to agree with her to be safe. Just remember, your daughter loves you. Give her some space while gently reassuring her that you're there. Don't talk bad about her mother, and above all, tell her/show her that you love her at every opportunity. My dad eventually became one of my closest friends. He gave me space and he was there for me no matter what.

From Shelby, 16: Shutting off her cell because of one rude conversation was about the stupidest thing you could do! A girl's cell is her life! For starters, hook her phone back up.

From Jennifer, 14: She is going to want to see you. Let her cool off for three weeks or so, to where she starts feeling bad about what she said. Then turn on her cell and ask her to lunch. Discuss how her life is going — and please, seem interested! Tell her you want her to be happy and to be with you. Ask what she likes to do, then do those things with her. (Hint: No 9,000-mile hikes! Maybe

bowling, movies, shopping, something a 14-year-old girl likes — and let her bring a friend.) When you're winning her back, don't have your girlfriend or wife around; give her time just with you. Don't speak badly about her mom, and don't ask, "What's your mom saying to you?" Finally, apologize. But don't say, "I don't know what I did to make you so mad." That's not an apology, that's placing blame back on her.

From Bird, 17: My father and I had the worst relationship. He favored my little brother who was easier to deal with than his 12-year-old daughter, who just wanted to be on the phone or go to the mall. I remember (with regrets) saying, "I wouldn't care if my father died." I despised his girlfriend and wouldn't stay at his house because of her. Now my dad accepts that and makes time just for me. Somehow our harsh conflict has made me cherish him and we get along better than ever. He treats me like an adult and we talk on a mature level. Regarding the new custody agreement, if it is morally right, push on with it. Your daughter will eventually understand.

Write to Straight Talk at www.StraightTalkForTeens.com or PO Box 963, Fair Oaks, CA 95628.

Sacramento Does Not Deserve a Bailout

By Jon Coupal

In recent weeks, Governor Schwarzenegger, legislative leaders and the Legislative Analyst's Office (LAO) have called for eliminating what they term "tax loopholes" to help close California's staggering \$16 billion budget deficit.

But one person's loophole is another person's legitimate advancement of public policy. This is especially true with those tax credits or deductions that are both broad based -- benefiting large segments of society -- and which result in a significant societal benefit. Nothing illustrates this better than the deduction for home mortgage interest. This deduction is unquestionably essential for vast numbers of California homeowners who seek to keep their homes.

Is the home mortgage interest deduction a loophole? Speaker Nunez has suggested as much and, if he and other Democrats in the legislature pursue the elimination of this deduction successfully, it would constitute a \$5 billion tax hike affecting 6.8 million

taxpayers. (Of course here is a good spot to interject that such predictions of additional revenue are vastly overblown. Just ask Pete Wilson who raised taxes in 1991 and managed to lose revenue. We'll save the discussion of the differences between static and dynamic scoring of revenue proposals for another time. For now, we'll just suspend reality and assume that tax increases will actually increase government revenue.)

Eliminating the home mortgage interest deduction is simply a bad idea -- and the timing of this proposal could not possibly be worse. Have those who floated this idea been on Venus? California is in its worst housing market

decline in the last 15 years, and only 25 percent of California families can afford an entry level home. Eliminating this deduction would be the equivalent of bayoneting the wounded -- on your

Well, if we can't touch the home mortgage interest deduction -- or other broad based credits like the child dependent tax credit -- are there any tax credits that taxpayer advocates would be willing to put on the table? And if not, why not?

Our adversaries, seeking to appear more reasonable to the public, argue that the failure to put any "loophole" on the table renders us toadies of the rich and powerful who benefit from some of the these credits. They also claim that our intractable position would give us a forever static tax code.

But now is the time to call their bluff. Here's how.

Those of us who represent taxpayers must remember our starting point. Specifically, that government is too big, too wasteful and too corrupt to be entrusted with any more money than we give it now. While Perata pounds the table saying we must have tax increases for education, the bureaucracy continues to spend money as usual -with no effort to prioritize its programs. That "California doesn't have a revenue problem, it has a spending problem" may be a worn out expression -- but only because it is so true.

As to "loopholes," it is simply a matter of law, not just policy, that any elimination of a tax credit is a tax increase and must receive a two-thirds vote of each house. However, for those who complain that fiscal conservatives are inflexible and hard-hearted, we offer this caveat. We would consider the elimination of narrowly based tax credits that are designed solely to benefit a narrow group of beneficiaries and which advance no legitimate public policy if, and only if, this review were completely separate from a discussion of revenue increases. And only way to accomplish this is to accompany the elimination of these true "loopholes" with broad based tax reductions to offset the additional revenue.

Two important clarifications. First, tax reductions must be truly broad based, preferably rate reductions in the personal income tax or sales tax. Second, even a whiff of manipulation with what constitutes an adequate offset should scuttle any deal. Too often we have seen that so-called "revenue neutrality" in the Legislature really means a tax increase -- sometimes in the tens of millions of dollars.

The fallout from this strategy should be amusing because it would put the majority party on the defensive. Let them explain why they would not support a tax reduction for average Californians, as opposed to some powerful special interest.

But lest anyone think we are under the influence of the latest recreational pharmaceutical, we doubt that the Democrats are truly interested in a good faith effort to review California's tax code in order to eliminate "loopholes" for any reason other than to extract more revenue from businesses and citizens. For that reason, we will continue to oppose the elimination of any tax credit. Because even if some tax credits actually deserve the label of "loophole," government simply does not need more money.

Jon Coupal is President of the Howard Jarvis Taxpayers Association - California's largest taxpayer organization - which is dedicated to the protection of Proposition 13 and promoting taxpayers' rights.

SMUD and Woodside Homes Agree to Build Almost 1,500 Solar Homes

largest utilityhomebuilder partnership in the nation

Nearly 1,500 solar-powered, super energy-efficient SolarSmart homes will be built in the Sacramento area in an agreement between SMUD and homebuilder Woodside Homes. The deal is the largest to date between any utility and homebuilder in the United

In the agreement, the latest SMUD has signed with what is becoming a long list of homebuilders, SMUD provides funding to buy down the cost of solar and energy efficiency equipment in all the homes. The 1,487 homes contracted in the Woodside Homes deal will be built starting this year in subdivisions near Rancho Cordova. They are expected to

be completed in 2012. Residents of these SolarSmart homes may save as much as 60 percent annually on their electric bills through the energy-efficient features and the solar roof tiles that generate electricity. SolarSmart homes also boast many energy efficiency measures to help customers reduce their bills year-round. The energy efficiency measures include efficient HVAC systems, radiant barriers in attics, added insulation, duct sealing and energy-efficient compact fluorescent

The SMUD customer community also benefits from solar home developments in terms of lower power costs for all customers. SolarSmart homes save and produce the most energy on hot summer days, so less electricity will be needed to serve these homes. That is the same time when power is most expensive for a utility to buy. These new SolarSmart homes are expected to shave about two megawatts off the peak demand.

The homes also deliver environmental benefits. They have a smaller "carbon footprint" than conventional new homes. Carbon footprint is the amount of greenhouse gas emissions produced. Cumulatively, the 1,487 SolarSmart homes could reduce carbon emissions that are equivalent to taking about 700 cars off the road or planting about 1,000 acres of trees.

The Woodside Homes deal is the tenth agreement SMUD has signed with builders since last year to construct SolarSmart homes. So far, SMUD has agreements in place to build more than

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4,000 SolarSmart homes. Next year, more than 30 percent of new homes in SMUD service territory will be SolarSmart.

As a partner, SMUD provides incentives of about \$6,000 per home to buy down the cost of the solar electric systems and provides rebates for energy efficiency upgrades. The rebates and incentives, combined with attractive tax credits, make the options more affordable for most homebuyers. And in a slower housing market, builders see the options as a way to offer prospective homebuyers more significant value in the form of lower energy bills and a more "green" home.

SMUD has been a national leader in developing solar technology for more than 20 years. SMUD has helped customers install and own solar electric systems on existing homes. SMUD began partnering with homebuilders to install solar panels during construction in 2001, and prior to 2007, partnered on more than 200 solar-powered homes in the SMUD territory. For more information about SMUD and its solar and other renewable energy programs, visit smud.org.



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