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Rancho Cordova, CA

Volume 3 Issue 6

Serving Citrus Heights, Fair Oaks, Carmichael, Orangevale & Gold River

Second Edition for March 2008

Aerospace Museum Inspires All United Way Opens New Doors



From the mezzanine of the Aerospace Museum of California you can get a birds eye view of featured aircraft including the F-4, Curtis Wright B-14-B Speedwing along with and extensive aircraft engine collection.

Where can you go to see the only remaining Curtis Wright Bi-wing airplane built in 1932, a space exhibit with full scale models of Sputnik I and Explorer I satellites and have fun with physics all in one place? Your destination is the Aerospace Museum of California at McClellan. This is not the small Air Force Museum from the last 20 years but a natural transformation from Air Force to Aerospace. The new museum building opened one year ago and has already seen over 101,200 visitors.

The 37,500 square foot building houses an exhibit hall, gift shop, conference rooms, the Aerospace Learning Center, classroom and a motion-ride flight simulator. The airpark covers over 4 acres and includes a wide range of military and civilian aircraft.

There are two traveling exhibits at the

Museum. Space: Dare to Dream begins in ancient time and explores the history of our fascination with space through the first moon landing with the Apollo program. The visitor can peer through a replica of Galileo's telescope, see full sized replicas of the first two satellites in space which started the space race. Then move around the corner and feel the rumble of a Saturn V rocket. This exhibit runs through August 30.

If you go to the Museum before April 30, you will also be able to have Fun with Physics. Over 30 stations of hands-on activities demonstrate the principles of physics in this exhibit. Many schools are taking the opportunity for field trips to see both exhibits.

Sacramento Aviation history goes back before Orville and Wilbur Wright made

their mark with the first powered flight in 1906. A glider was released from a balloon and flew over the Sacramento Valley for a brief minute the year before. McClellan and Mather Air Force Bases supported national defense and rocket engines from Aerojet sent

The Aerospace Museum of California is working to preserve and showcase the history of aviation and aerospace in the Sacramento region through exhibits and over 38 aircraft on display in the exhibit hall and the airpark.

The Museum's primary focus is to inspire and provide education programs for the youth of the region by relating science and math to flight. Hands-on interactive displays and viewing the aircraft allow the students' imaginations to soar. The education program includes the Aerospace

Learning Center where students learn about flight, navigation, weather, GPS and more on computer simulators. Field trips for schools are tailored to the age and interests of the students and meet California State education requirements. The Museum will also hold three aviation summer camps this year.

You can find the Museum at 3200 Freedom Park Drive, McClellan (916) 643-3192 and on the web at www. aerospacemuseumofcalifornia.org. Museum is open 7 days a week - Monday-Saturday 9 a.m. - 5 p.m. and Sunday 10 a.m. - 5 p.m. (Closed Easter Sunday) Admission is \$8 Adults, \$6 Seniors (65 over) & Youth (13-17), \$5 Children (6-12) while Children 5 and under, Museum Members, Active Duty Military are free. The Museum can be rented for special events after hours.



Steve Heath, Rancho Cordova Mayor Linda Budge and Sacramento County Supervisor Roberta MacGlashlan at opening ceremonies.

Rancho Cordova—United Way California Capital Region today dedicated its new headquarters at 10389 Old Placerville Road in Rancho Cordova with a ribbon-cutting ceremony and the unveiling of a new conference center available for use by any local nonprofit at no cost.

This represents the culmination of a longtime dream," said Steve Heath, president and CEO of United Way California Capital Region. "For nearly two decades, we've been working toward owning our own home. Today, that dream is a reality. By right-sizing our operations into a building that fits just our needs, we no longer have to devote time and resources to managing two large multi-tenant office buildings and, better yet, we have no mortgage. That means we can focus more time, energy and resources on addressing the regional community's most pressing health and human services issues."

Heath was assisted in the ribbon-cutting ceremony by Rancho Cordova Mayor Linda Budge and Sacramento County Supervisor Roberta McGlashan. United Way moved to the 13,600-square-foot Old Placerville Road facility after selling both buildings it owned at Watt Avenue and Folsom Boulevard.

"We are very grateful for all the help we've received making this move and creating a facility that is a true asset for the regional nonprofit community, Heath said. "Intel Corporation has made a substantial donation of video equipment that we can use to enhance participation by volunteers from throughout the five-county region we serve.

"California Moving Systems donated our

move, which not only saved United Way a great deal of money but also assured us of a very smooth transition. United Corporate Furnishings negotiated special, belowdealer-cost rates for us on the relatively few pieces of new furniture we acquired for our new offices. And Harbison Mahoney Higgins did a tremendous job as our general contractor for the building renovations. Despite a very tight schedule, they actually had us in our new building 10 days before our deadline to relocate.'

Heath said that, as has been United Way's practice in the past, it will make its large conference room available to other nonprofits at no cost when United Way is not using it. The facility seats about 90 people theater-style.

"We specifically sought out a building that would allow us to continue that tradition," Heath said. "We view it as part of our mission.

United Way California Capital Region is an independent local affiliate of United Way of America and works with nonprofit partners to create lasting results on local community issues through local United Way Projects: Coverage for Kids, Foster Youth Flourish, Keeping Kids Safe and Turning Teens Toward Success. Governed by a local board of volunteer directors, United Way partners with nearly 750 employers in Amador, El Dorado, Placer, Sacramento and Yolo counties to raise money through workplace giving campaigns.

more information, www.yourlocalunitedway.org.

Parents of 166,000 Students Could Face Criminal Charges

By Bob Unruh

© 2008 WorldNetDaily Reprinted by Permission from WND A "breathtaking" ruling from a California appeals court that could subject the parents of 166,000 students in the state to criminal sanctions will be taken to the state Supreme Court. The announcement comes today from the Pacific Justice Institute, whose president, Brad Dacus, described the impact of the decision as "stunning."

"The scope of this decision by the appellate court is breathtaking," he said. "It not only attacks traditional homeschooling, but also calls into question homeschooling through charter schools and teaching children at home via independent study through public and private school."

"If not reversed, the parents of the more than 166,000 students currently receiving an education at home will be subject to criminal sanctions," he said. WND broke the story of the ruling against Phillip and Mary Long of Los Angeles. The decision from the 2nd Appellate Court in Los Angeles granted a special petition brought by lawyers appointed to represent the two youngest children after the family's homeschooling was brought to the attention of child

advocates. The lawyers appointed by the state were unhappy with a lower court's ruling that allowed the family to continue homeschooling and challenged

it on appeal. Justice H. Walt Croskey, whose opinion was joined by two other judges, then ordered: "Parents who fail to [comply with school enrollment laws] may be subject to a criminal complaint against them, found guilty of an infraction and subject to imposition of fines or an order to complete a parent education and counseling program." The determination reversed a decision from Superior Court Judge Stephen Marpet, who ruled "parents have a constitutional right to school their children in their own home." As WND has reported, the Longs had their children enrolled in Sunland Christian School, a private homeschooling program. But Croskey, without hearing arguments from the school, opined that the situation was a "ruse of enrolling [children] in a private school and then letting them stay home and be taught by a non-credentialed parent." Officials with the school said they asked Pacific Justice to work on the Supreme Court appeal because

the organization "has been in full

compliance with the requirements of the law for more than 23 years."

"We've never been given an opportunity to represent our case in the Court of Appeal," Terry Neven, the president of the school, said. "Consequently, we are excited that PJI will represent us before the California Supreme Court so that the rights of homeschooling families are preserved." The ruling, on which WND previously reported, also issued a further warning of potential penalties for parents, this time in civil court. It said under a section titled "Consequences of Parental Denial of a Legal Education" that "parents are subject to being ordered to enroll their children in an appropriate school or education program and provide proof of enrollment to the court, and willful failure to comply with such an order may be punished by a fine for civil contempt." The school's website notes it offers a homeschool/independent study program that is accredited. It began in Los Angeles in 1986 with 24 students and now serves more than 3,000

"While SCS is a Christian program, we enroll any family desiring assistance in teaching their own children at home.

All we ask is that each family respect our values," the school said. "The future of homeschooling (both public and private) in California requires the reversal of this decision," Neven said. WND also has reported on concerns expressed by Roy Hanson, chief of the Private and Home Educators of California, about the way the ruling was issued. "Normally in a dependency court action, they simply make a ruling that will affect that family. It accomplishes the same thing, meaning they would force [the family] to place their minor children into school," he said. Such rulings on a variety of issues always are "done in the best interests of the child" and are not unusual, he said. But in this case, the court said went much further, essentially concluding the state provided no circumstance that allowed parents to school their own

children at home. Specifically, the appeals court affirmed, the trial court had found that "keeping the children at home deprived them of situations where (1) they could interact with people outside the family, (2) there are people who could provide help if something is amiss in the children's lives, and (3) they could develop

emotionally in a broader world than the

parents' 'cloistered' setting." Further, the appeals ruling said, California law requires "persons between the ages of six and 18" to be in school, "the public full-time day school," with exemptions allowed only for those in a "private fulltime day school" or those "instructed by a tutor who holds a valid state teaching credential for the grade being taught."

For homeschoolers in California, Hanson said, "there may be everywhere from concern to panic, just based on not knowing what the [ultimate] results will be." The Home School Legal Defense Association, the world's premiere international advocacy organization for homeschoolers, emphasized that the ruling made no changes in California law regarding homeschooling.

While the decision from the appeals court "has caused much concern among California homeschoolers," the HSLDA said, there are no immediate changes any homeschoolers need to address. The Longs earlier told WND they also are considering an appeal to the state Supreme Court because of the impact of the order for their family, as well as the precedent that could be construed. They have disputed with local officials over homeschooling and other issues for years, they said. In at least two previous decisions, courts affirmed their right to

homeschool, they said. The current case was brought by two attorneys who had been appointed by the state to represent the family's minor children in a dependency case stemming from accusations of abuse that resulted from the parents' decision to impose discipline on their children with spankings. The case actually had been closed out by the court as resolved when the lawyers filed their special appeal. Phillip Long has told WND he objects to the pro-homosexual, probisexual, pro-transgender agenda of California's public schools, on which WND previously has reported. "We just don't want them teaching our children," he told WND. "They teach things that are totally contrary to what we believe. They put questions in our children's minds we don't feel they're ready for. "When they are much more mature, they can deal with these issues, alternative lifestyles, and such, or whether they came from primordial slop. At the present time it's my job to teach them the correct way of thinking," he said.



DUTCH TREAT



By Dennis Packard

I Lost My **American Pie**

"No Country for Old Men" is a movie that I assumed was about me. It would be an accurate title describing my way of thinking, although these modern changes in our society I probably share with a few other seniors.

I have always considered "FORD" and "CHEVY" a part of America as apple pie, but the world has definitely expanded and is continually changing. And I'm tired of people thinking "outside the box!"

While sipping coffee one morning with my wife, Stacey, I discovered that I was in one of those rare moods when the simple noise of her chomping on toast began to get on my nerves. It made no sense to say anything to her, it was my problem and I continued to flip through the newspaper.

I ran across an article in the paper about Ford Motors that interested me, but I couldn't concentrate. Each bite of toast from across the table seemed to get louder. I wondered if she was taking miniature bites because the one piece of toast was lasting forever.

Twitching, I peeked over my section of the paper to see how much toast was left. I maintained a smile and was ready to wink in case she spotted me. I didn't want to hear, "What's your problem?"

Finally, I made a move and got up from the table to make my own toast. Of course, the evil part of me turned up the toaster control button

from 7 to 9 to make it extra crunchy. Unfortunately, by the time it took for my toast to burn, Stacey was finished and went to the bedroom to finish dressing for work.

I regained my composure and got back to the paper only to get annoyed again with the article on Ford. I must have slept on the wrong side of the

Ford Motor Company named Tata Motors Inc. from India as a top bidder to produce their Land Rover. That's as far away as apple pie as you can get. I tried to console myself with the fact that GM is still number one in sales, but Toyota just crept past Ford and is now breathing down GM's neck. I have to get a life. "The world is one. The world is one." Will that help me doctor if I keep repeating

I refrained from taking my blood pressure that morning. It was probably as high as the day I heard that there are no American flags made in America anymore. What?

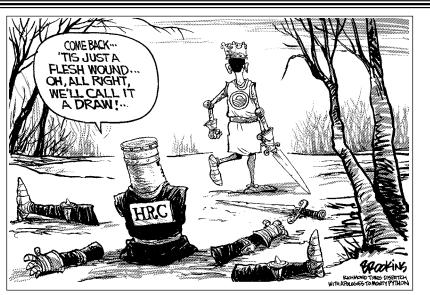
For reasons unknown, I generally read the ingredients on new shampoo bottles before I pour it over my head. I discovered a long time ago that funny could be found anywhere. One brand claimed that it is a "hydrating" shampoo," hydrating meaning any compound made with water. Would that make me a "hydrating" human?

The label also mentioned that it was a blend of Wheat Germ Oil and natural marine and botanical extracts. That made my hair so happy.

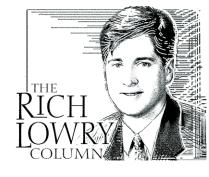
One bottle we used last month smelled like tangerines, almonds, apple blossoms and cantaloupe. I screamed from the shower for my wife to get me some whipped cream and a desert dish, I was getting hungry. But I admit, it was a nice entrée that complimented the oatmeal soap I was eating.

What happened to "HALO?" It not only smelled wonderful, it had a great jingle too, "Halo everybody,

Quip for the Day: Age has nothing to do with learning new ways to be stupid.







Last month, in the words of Nancy Pelosi.

House Democrats struck back against "fear"

and "fear-mongering." They let the terrorist

surveillance program expire, thus making a

stirring gesture of national self-confidence

House Democrats probably can't

sustain their stand against renewing the

program over the long term, so they will

have managed a Pyrrhic defeat, losing on

the policy and exposing a major political

President Bush compromised with Senate

and fearlessness.

vulnerability for the fall.

program monitors the communications of terrorist suspects outside the United States, which the president has the inherent authority to do. The legal and political controversy has arisen because many overseas communications now -- in the age of fiber optics -- travel through the United

States and has gotten entangled with the

Foreign Intelligence Surveillance Act.

FISA plainly isn't meant to apply to foreign communications. Its purpose is to protect people in the United States from being targeted for national-security surveillance unless there is a finding of "probable cause" by a special FISA court that they are an agent of a foreign power. But a judge on that FISA court ruled early this past year that foreign communications must meet the same probable-cause standard under the law. According to Director of National Intelligence Mike McConnell, our intelligence yield dropped off by a

The urgency of the situation led to the quick passage this past summer of the Protect America Act that exempted foreign communications from FISA's restrictions. The act had a six-month sunset. The House has now let it expire.

House leaders shrug and say that the essential authorities remain in place for another six months. This is a dodge. We can continue to surveil current overseas targets, but can't pick up any new targets without FISA's onerous restrictions -- a severe hampering of our intelligence.

House Democrats tell themselves they are striking a blow against the politics of fear. But only if we suffer another mass-casualty terror attack will a politics of untrammeled fear be unleashed on the land. Best to do all we can to avoid it, especially when it involves nonviolations of the nonrights of

It's not as though Democrats don't traffic

summons a dark vision in his speeches of Americans denied economic opportunity and health care by lobbyists and callous corporations. Indeed, Exxon puts our planet "at risk." It's just that terrorists don't make his fright list. In his victory speech after the Potomac Primary, Obama warned of using "9/11 to scare up votes."

Naturally, Obama opposed the Senate's FISA deal, and he even denounced the telecoms that have cooperated with U.S. intelligence as "special interests." Here is a major opening for John McCain. The Arizona Republican will never out-inspire anyone, but he can lead a serious national discussion of what we reasonably should fear, and how Obama, and the Pelosi wing of the Democratic Party of which he is the soaring avatar, discount it at our peril.

Rich Lowry is editor of the National

Democrats on a renewal of the surveillance © 2007 by King Features Synd., Inc. in their own politics of fear. Barack Obama catastrophic two-thirds. program that passed by a 2-1 margin. The Where Have All the Liberals Gone?



by L.K. Samuels

Most local governments covet the sound of coins chinking into tax coffers. And when the possibility of more revenue comes their way, they will do just about anything to grab citizens' wallets or their private property.

Therein lies the problem. When evelopers want cheap land on which to build, they no longer are satisfied to do it the old-fashioned way—i.e., with their own money and resources. Instead, they genuflect in front of City Hall and expect to be showered with tax-funded goodies. They rarely are disappointed.

The power of eminent domain has created a marriage of commercial convenience. Most confiscations of private property nowadays have nothing to do with community projects such as schools, roads, or hospitals. Instead, city governments routinely seize homes and businesses and turn them over for private profit. According to the Institute for Justice, more than 5,000 property owners across the United States had their land seized in the last 10 years for private development.

This wedding of government and business has become the perfect match. Developers get subsidies, special favors, and cheap land to redevelop older areas into massive malls, skypiercing hotels, and deluxe homes. In return, politicians, who are adept at camouflaging human rights violations, get enhanced salaries, buckets of tax revenues, and greater authority. To city fathers, the violation of rights has become a gravy train for the politically connected elite.

But there is a problem. When property is forcibly transferred from one owner to another, the whole process of representative government breaks down. Originally, local self-governing entities were set up as impartial referees to stop people from abusing the rights of fellow citizens. Officeholders were never meant to be aggressive players in society, mimicking mafia dons in criminal activity.

This mission drift has made municipalities feel entitled to victimize hidden agenda. their own citizens as long as they can rationalize the abuse under the auspices of doing something good for the community. But the "public good" can mean anything. It is no accident that almost all dictators in the 20th century framed their community-spirit mantra with the utilitarian ethics of "the greater good for greatest number of people." Obviously, they believed that minority rights can easily be sacrificed for the greater good. After all, doesn't might make right?

Of course, any doctrine promoting aggressive behavior is wrong. When a bully beats up a child at the playground, we instinctively know who is at fault. This is the exact deficiency of eminent domain powers. Many governments have embraced bullying in the name of common-good goals. And yet,

when bullies are on the loose, nobody is safe. Even land-stealing politicians inebriated with grandiose projects are not safe after leaving public office. Their property is also at risk.

In one city, citizens are fighting back. In Seaside, Calif., the legendary baseball player Reggie Jackson plunked down \$50,000 to start the process of building a 250-room hotel and convention center near the ocean. He had just one little obstacle: he owned only a small portion of the proposed six-acre site amidst churches, homes, and business. Buying the needed real estate would be an expensive proposition.

Immediately, Seaside politicians salivated over the prospect of this massive project. They revved up their redevelopment machine and hired slick out-of-town consultants to explain the procedure to nervous property owners. But when the consultants side-stepped questions about possible land seizures, astute observers understood that future preemptive confiscations were their

Local residents and business owners began considering a recall petition against any council member who voted to renew eminent domain powers. Within the week, the Seaside Taxpayers Association, chaired by libertarian activist and high school teacher Eugene Lee, notified the media that they would spearhead the recall drive.

More of a lap-dog than a watch dog, the local newspaper pooh-poohed the idea. It editorialized that the taxpayers' group was "lining itself up in crackpot territory." Interestingly, the editorial did not mention the abuse arising from long-term government threats to seize property. Nor did the paper explain the problem of plummeting property values in active redevelopment zones (sellers must disclose all relevant facts

about their property or face possible

litigation by unhappy buyers). Luckily, more help is on the way. The

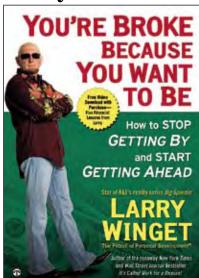
Howard Jarvis Taxpayers Association and other property rights groups have qualified a ballot initiative to curb eminent domain abuses. Scheduled for the June primary election, Prop. 98 will prohibit the taking of any private property in California for private use under any circumstances.

Hopefully, this time the abuses will

L.K. Samuels is a realtor from Carmel Valley. He is editor and contributing author of Facets of Liberty, an anthology of political, economic, and sociological essays (Freeland Press). Samuels managed the Future of Freedom Conference series for five years in Southern California. A more complete biography and a photograph of the author suitable for printing may be found at: The Libertarian Perspective - Biographies and Photographs.

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Living Paycheck to Paycheck?



(NAPSA)-New York Times bestselling author Larry Winget wants you to get one thing straight: Broke is not a condition like being poor. Broke is a situation you find yourself in because you are either underearning or overspending. And it's no one's fault but your own.

Host of the hit A&E show "Big Spender," author of It's Called Work For A Reason and known as the "Pit Bull of Personal Finance," Winget's latest book: You're Broke Because You Want To Be: How to Stop Getting By and Start Getting Ahead (Gotham Books) is a no-nonsense, no excuses motivational guide.

Winget discredits many of the classic "excuses" people use to justify why they are broke such as: "I'm too far behind to ever get ahead"; "I'm not good at math"; or "It's the credit card company's fault," and forces his readers and viewers to take responsibility for their actions.

You're Broke Because You Want To Be is a book with an easily understandable plan. Worksheets help identify personal goals and focus on how to achieve them.

Winget's approach is designed to set you back in the black, whether the aim is to get out of debt, save for a house or simply stop kidding yourself when it comes to savings. For more information, you can visit: www.larrywinget.com.

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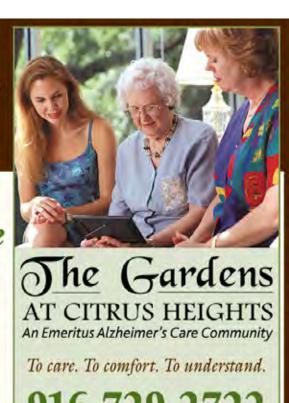


When someone you love has Alzheimer's, the whole family is affected.

That's why we make sure the whole family is involved.

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Change a Disabled Vet's Life for 99 Cents per Month

As the disabled veterans returning from the Middle East push the total number of disabled vets in the U.S. to over three million, one California nonprofit is making it possible for every American to help the men and women who have sustained life-altering injuries in service to their country.

Disabled Veterans Relief Fund (http://www.disabledveteransrelieffund. org) today announced its .99 CENT Fundraiser Program, through which anyone can pledge just 99 cents per month to help disabled veterans and their families - and every person who signs up for the fundraiser will automatically be entered into a raffle for a grand prize valued at \$25,000.

Money raised will be used to further the Disabled Veterans Relief Fund's mission of providing direct and immediate financial assistance to disabled veterans and their children and spouses, as well as to relieve the financial stress families of fallen soldiers face. To that end, funds from the .99 CENT Fundraiser Program will assist disabled veterans in need of reconstructive facial surgery, psychological counseling, housing, disability-equipped vehicles, specialized prosthetic limbs, longterm care in the case of permanent head injuries, daily cost of living, rehabilitation expenses and reeducation programs offered through colleges and trade schools.

"Through the .99 CENT Fundraiser Program, we hope to be able to cover the expenses that currently prevent disabled veterans from having a better quality of life," stated Disabled Veterans Relief Fund president Ron Young. "We are honored to give a hand up to our solders and their families that have been permanently and forever changed by the ravages of war."

To meet their goal of being able to help every disabled veteran, Young and his team decided to get creative. They knew they needed support from as many people as possible, yet they were sensitive to the fact that many families are feeling the crunch of a sluggish economy. Their solution: Ask for just 99 cents - less than the cost of one fast food meal or one latte - per month.

"We wanted to have a fundraiser that allowed anyone to join in and support our troops," Young explained. "We also didn't want to burden people by asking for big donations that they may not be able to afford. So we decided to hold our .99 CENT Fundraising Program. Just about everyone out there can afford to spend 99 cents per month to help out another family."

Those wanting to help through the .99 CENTFundraisingProgramcansignupat http://www.disabledveteransrelieffund. org/99CENTSignUpFundraise.asp;

Disabled Veterans Relief Fund, a 501(c)3 non-profit organization that does not hire outside fundraising companies, will then debit the user's credit card for 99 cents monthly. No donation is required to enter the raffle, and those able to give more can choose to pledge a higher amount per month. To learn more, visit Disabled Veterans Relief Fund at http://www. disabledveteransrelieffund.org.

Contact: Ron Young

Disabled Veterans Relief Fund info@disabledveteransrelieffund.org http:// www.disabledveteransrelieffund.org

VETERANS POST

by Freddy Groves

PTSD Also Affects Physical Health

Here's another reason for new veterans to get checked for post-traumatic stress disorder and get treated if it's diagnosed: Your future physical health could be at seriously at risk.

In 1997, Dr. Joseph Boscarino took the data from a study, done by the Centers for Disease Control and Prevention, of 1,399 Vietnam-era Army veterans. The study, done approximately 17 years after combat, revealed that 30 percent of them were diagnosed with PTSD.

Boscarino, himself a Vietnam veteran, carried the study many steps forward and concluded that there is a mind-body

connection with PTSD. Serious physical illnesses, such as disorders of the digestive, respiratory and musculoskeletal systems, as well as heart disease and infections, can result years later from untreated PTSD.

The hope was that by showing the mind-body connection, more attention would be paid to veteran stress issues to help eliminate serious physical illness down the road.

Fast forward:

Boscarino has authored a new study, this time with 4,462 Vietnam-era veterans, now 30 years post-service, of whom 2,490 had seen combat.

The results expand on what was known 10 years ago: Stress sets off chronic biological abnormalities in the body, and having PTSD has long-term physical health implications.

Key is Boscarino's belief that therapy

after a traumatic event should happen very soon to avoid physical health problems later, and that health should be monitored. This can have a major impact on the current crop of veterans who are struggling with the VA medical system. Along with immediate therapy after traumatic events, doctors need to be asking stress-related questions of returning veterans, as well as doing more extensive medical tests.

Page 3

Consider this column a clip-and-save: Take it with you next time you go for a doctor appointment, especially if you're being treated for PTSD.

Write to Freddy Groves in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to columnreply@gmail.com.

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DGS Certifies First California Nonprofit Veteran Service Agency

Business Enterprise (DVBE) Alliance today announced the first California nonprofit veteran service agency (NVSA) to be granted a small business bid preference for state contracts.

Success Skills Inc., a California 501(c) (3) nonprofit veteran service agency, was created in response to AB 323, a bill authored by Assemblymember Nicole Parra (D-Hanford). Success Skills plans to utilize the 5% small business preference to win state government and other tax supported agency contract awards. It is expected that these contracts will provide larger and more stable sources of revenue to support veteran services than typical nonprofit fundraising and grant opportunities.

Success Skills Inc. has formed a coalition of successful for profit and nonprofit companies, such as PRIDE Industries, California Emergency Foodlink, Western Blue, Stay Safe Scan and Storage, Stay Safe Shred, Stay Safe Store, and the California Disabled Veteran Business Enterprise (DVBE) Alliance, to help provide employment and employment training, housing, management services for returning wounded warriors and other veterans. PRIDE Industries is one of the largest employers of the disabled in the U.S. California Emergency Foodlink is the 1999 recipient of the prestigious Drucker Award for nonprofit innovation with their truck driver training program. Western Blue was recently recognized as one of Sacramento's five fastest growing companies. The Stay Safe Group of certified California DVBE firms has a track record of successfully completing hundreds of government contracts. The California DVBE Alliance represents approximately 1,000 California businesses run by disabled veterans.

In addition to a central focus on assisting returning wounded warriors, Success Skills Inc., and their coalition, will also assist low income veterans, homeless veterans, and their families. The U.S. Department of Veterans Affairs (VA) estimates that nearly 200,000 veterans are homeless on any given night. The National Coalition for Homeless Veterans conservatively estimates that one out of every three homeless men

box in our cities and rural communities has put on a uniform and served this country. Assemblymember Parra's legislation seeks to help correct this national tragedy.

Ken Shoemake, Director, Success Skills Inc., and a service-disabled veteran, credits Assemblymember Nicole Parra for her leadership in recognizing this national problem and carrying proactive legislation that provides a mechanism other than fundraising and grant opportunities to fund these essential services for California's wounded warriors and other veterans. Mr. Shoemake's for profit company, Stay Safe Shred, was recently announced as the recipient of the 2007 Small Business Partnership Award by the National Institute for the Severely Handicapped (NISH). This award recognizes small business partners for increased employment opportunities for people with severe disabilities. The award will be presented at the annual NISH National Training and Achievement Conference in April in Los Angeles.

Move America Forward Takes Action Against 'Counter-Recruitment'



by Catherine Moy

A well-organized campaign of anti-war, anarchist groups and homegrown terrorist groups has caused an escalation of violent attacks on military recruiting centers across the nation, according to an in-depth report by Move America Forward, the nation's largest pro-troop nonprofit organization.

Attackers since Sept. 11, 2001, have used bombs, human blood, feces, chains, guns and other weapons to destroy government property, block individuals trying to enter recruiting centers, close down recruiters, and terrorize the general public, according to the Move America Forward report being released today.

"This report took a lot of work, but it was necessary to show to the public that the attacks are well-planned, well-orchestrated and they are a threat to our society," said Melanie Morgan, chairman of Move America Forward. "The conspiracy has reached all the way to Berkeley City Hall where the City Council encourages radicals to impede recruiters and even pays their way to harass U.S. Marines."

Move America Forward (MAF) will release the report and a related TV commercial at a press conference this morning at the Press Club in Washington D.C. The commercial focuses on the growing problem of attacks on

The report highlights more than 40 recruiting sites across the nation that protesters have attacked. Some of the sites have had more than one incident, such as Berkeley, Calif., where the left-wing group World Can't Wait has assaulted and battered people entering a Marine recruiting center and employed juveniles in masks to beat elderly people with skate boards and picket signs, set fires and hit police officers.

Among the 40-plus cities and incidents in the report are:

• Bremerton, Wash.; Jule 29, 2007: A 19-year-old Bremerton man slashed 42 government tires at a recruting center to protest in Kitsap County Superior Court.

Hoses • Bulbs • Air Conditioning • Alternators • Shocks • Struts & More

• Pittsburg, Pennsylvania; Oct. 6, 2006: Jeb Bush, brother of President George W. Bush and governor of Florida at the time, was harassed near a demonstration at a military recruitment station and forced to flee. Police tasered two people. After the march left, the front door of the station was smashed.

• Lufkin, Texas: July 3, 2007: After a spate of attacks at a recruiting center which included vandalizing recruiters cars and breaking windows, somebody shot up recruiters' cars in an escalation of the attacks.

• Santa Cruz, Calif.: April 2006: Military recruiters were forced off the U.C. Santa Cruz college campus when a mob of attackers surrounded them.

Specifics on attacks in the report also include more on the Times Square bombing last week, a firebomb at a Texas recruitment office, a "Molotov cocktail" bomb at a Buffalo, N.Y.; recruitment office; and gunfire at a Denver, Colo., recruiters' office.

"Counter-recruitment" is so popular with anti-war activists that entire Web sites have been set up to describe the activity that often turns violent and destructive. Anarchist groups and anti-war organizations

such as the radical Code Pink encourage others to attack and vandalize recruiting centers in action they call "counter-recruitment." After completing their violent acts, the groups often post about them on web sites.

Very few people are caught and prosecuted for the offenses, the report shows.

"We cannot sit by as this violence continues," Morgan said. "Law enforcement has an obligation to our society to stop these actions by capturing the suspects and prosecuting them. properly punish these deviants of society."

Sen. Jim DeMint (R-S.C.), who has introduced legislation to strip the city of Berkeley, Calif., of its federal earmarks for designer lunches and other pork because the City Council encourages forceful protests of the city's sole recruiting center -- will speak at MAF's press conference at 9:30 a.m. at the Press Club in Washington D.C.

DeMint has been an outspoken critic of "counter-recruitment" and especially the ongoing incidents in Berkeley, where the City Council gave free parking and sound permits to Code Pink and enacted a resolution labeling the Marine recruiters there unwelcome intruders.

The anti-war groups continue their siege on recruiters' centers across the country. The fifth anniversary of the beginning of the Iraq War, March 19, 2008, will mark more attacks, according to Web sites of radical groups. The Pittsburgh Organizing Group (POG) plans to hold a "torch-lit march to a modern day castle of abominations -- our local military recruiting office," according to its website.

The POG will try to shut down the office and evict "everything inside of it." The group will bring a "movable cage" to capture recruiters and hold them.

"This violence will not stop until good Americans, lawmakers and law enforcement work together to arrest and prosecute the perpetrators of these attacks," Morgan said.

MAF is calling on U.S. Attorneys to investigate all of the incidents and prosecute the criminals participating in the violence.

Catherine Moy is a nationally recognized award-winning journalist and coauthor of

Aerial View Honors Fallen

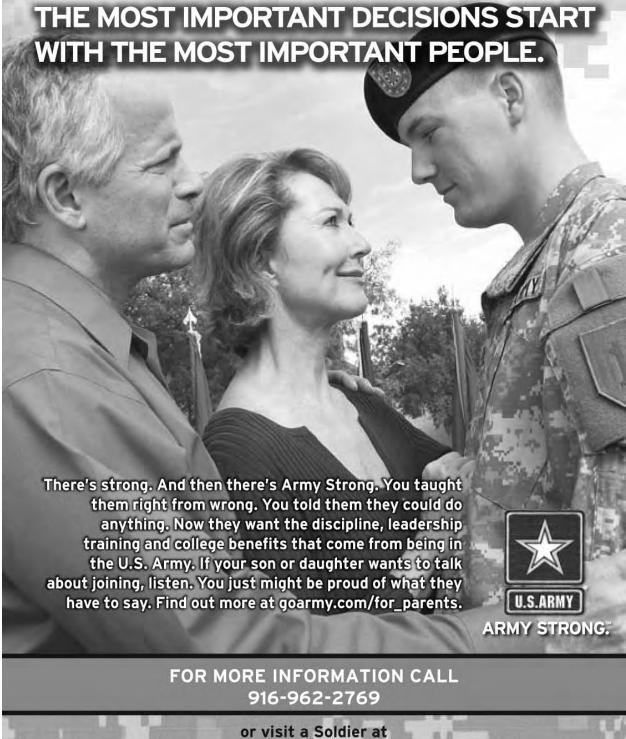


Between the fields where the flag is planted, there are 9+ miles of flower fields that go all the way to the ocean. The flowers are grown by seed companies. It's a beautiful place, close to Vandenberg AFB. Check out the dimensions of the flag. The Floral Flag is 740 feet long and 390 feet wide and maintains

Executive Order #10834. This Flag is 6.65 acres and is the first Floral Flag to be planted with 5 pointed Stars, comprised of White Larkspur. Each Star is 24 feet in diameter; each Stripe is 30 feet wide. This Flag is estimated to contain more than 400,000 Larkspur plants, with 4-5 flower stems each,

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very excited about this opportunity,"

said Gillis. "Anyone who could use

extra income will be enthusiastic when

Affiliates receive a monthly residual

income for direct sales. They also

receive income from independent

sales representatives and managers. A

compensation plan, and several bonuses

- including for signing up - are exciting

technology with those who want more

than the average work day - for people

whose dreams are bigger than that,"

said Gillis. Signing up for the Affiliate

program is easy by using Gillis' referral

Applications are available at: www.

"This is a way we share this new

they hear the details."

for affiliates.

code: delevett.

Lauren Forcella

Dear Straight Talk: I've been cutting since I was 16. I do it every time I'm mad or depressed. Once I see the blood, I feel like everything is going to be okay. It's something I've grown use to. It brings me relief and makes me feel better. My little sister also cuts and I want to tell her it's wrong but how can I, when I do it, too? — Emma

From Katie, 14: Some of my friends stopped cutting once they realized that I, their "little sister," started doing it. I started cutting three years ago during an extremely emotional time. It was how I released my pent-up fears, anger, and depression and kept from exploding. I recently went "too far" and nicked the artery in my wrist. Luckily, a friend tied it off and drove me to a retired doctor.

Cutting is amazingly hard to quit. I know. I'm a work in progress. Some people recommend snapping rubber bands against your wrist. This is a BAD IDEA. It only encourages the habit of self-inflicted pain. Talk to someone who has quit. Find out how

straight talk for teens

Cutting is an Addiction that Requires Help

who would care the most if they found out. Others get people in their life involved. That's what I'm doing. I told my boyfriend and gave him my knife. I also told friends on different sports teams and asked them to keep an eye on me. Recently, I even told my parents. They were shocked, but once they researched it, they became very loving and caring. Admitting it is the hardest part of quitting, but it's best in the long run.

From Ashley, 20: Your parents need to know about your situation. I've never cut, but I was self-destructive earlier in life. It was a stage when I couldn't talk to my parents about anything. My mom found out and sent me to counseling. It seemed the worst thing in the world, but, secretly, I liked having someone to talk to. Now, I'm thankful that my mom forced me to get help.

From Emily, 15: The only way you can convince your sister to stop cutting is for you to stop first. Figure out an alternative to cutting that gives you the same relief. You are her biggest role model. If you overcome the same obstacle she is facing, it will make her want to do the same thing.

From Mary, 17: I know what you mean. I hate seeing cuts on my friends, yet how can I tell them not to cut when I cut, too? I know I need to find another way to deal with my they did it. Some quit by thinking of people problems. You do, too. You and your sister

should help each other.

From Beau, 18: Some people cut for attention, others cut to relieve mental pain by turning it into physical pain, still others need the visual relief of seeing the blood. Cutting is addicting and I have seen many close friends go through it. A good way to quit is to find another activity, like exercise or music that relieves your emotions. It's proven that working-out produces endorphins which counteract the chemicals that cause painful or depressing thoughts. I like running, because along with the endorphins, you feel like you are "getting out" or "getting away." It also helps to talk to someone. I like to think my helping hand stopped friends from cutting.

Dear Readers: Cutting is the new "drug," vet few parents realize their child is "using." If you are a parent, show this column to your child and ask him if he ever cuts. Regardless of the answer, if you haven't seen your child's arms in awhile, be curious and investigate. Cutting is highly addictive, leaves permanent scars, and is indicative of unresolved stress. I recommend counseling for anyone who is cutting.

Write to Straight Talk at www.StraightTalkForTeens.com or PO Box 963, Fair Oaks, CA 95628.

"Stay at home moms in particular are vipconnectz.com. analyst seem to think that in the future Seven "Must-Do" Tax Tips to Save Time and Money This Tax Season

The Future of Telephone Technology

all telephone calls will be made over the

In a recent corporate call, Gillis

discussed just how many multi-

millionaires will be created by this new

technology and how those who are

involved early will have the greatest

by using the power of the internet and

knowing exactly how much it will

cost," said Gillis. "There is a reason this

new technology is growing rapidly - we

The company uses affiliate

marketing to spread the word, which

also allows individuals to tap into this

growing phenomenon, while earning

are connecting the world."

"Imagine calling across the world

internet because of the low cost."

earning potential.

extra income.

(NAPSA)-An accurate, money-saving tax return begins with Form W-2, the Wage and Tax Statement. Review your W-2s carefully to save time and money this tax season.

New Internet Calling Opportunity -

It wasn't long ago that rotary phones

were in fashion. These days, the internet

is a growing means of telephone

communication. Voice Over Internet

Protocol (VOIP) companies, which

offer internet telecommunications

One company, called VIPConnectz!.

offers these international internet-based

telephone services for individuals

and small businesses. The company

uses a flat-rate fee for all international

calls, taking the guess-work out of

"VOIP is a billion dollar industry,"

said Leon Gillis, who is affiliated with

VOIP company VIPConnectz!." Some

services are growing rapidly.

global calling.

Great for Stay-at-Home Moms

After you complete your tax return, check out tip four below to give yourself an instant raise. The American Payroll Association, the nation's leader in payroll education, offers these tips:

1. Ensure the name and Social Security Number (SSN) match your Social **Security card.** Ask the payroll department for a corrected W-2 if they don't match.

2. Double-check the W-2 against your **final 2007 paystub.** Your final paystub can help identify potential W-2 errors. If any figure seems incorrect, contact your payroll department. Things to watch include:

• Box 1 should differ from your final paystub year-to-date gross pay if you participate in a 401(k) or other employersponsored savings plan.

• Box 3 total shouldn't exceed \$97,500-the Social Security wage base.

• Boxes 1, 3 and 5 should be less than your final paystub year-to-date gross pay if you use pretax deductions such as medical and dependent care spending accounts.

3. Determine whether you are missing out on any tax credits. Read the back of your W-2 copies B, C and 2 to determine if you are eligible for any credits.

4. Give yourself an instant raise. Adjust your tax withholding by filling out a new W-4 form after you get married, have a baby or get a big tax refund (more than \$1,000). If you get a big tax refund, it means you are overpaying your taxes and giving the government an interest-free loan.

Making an adjustment could give you more money each payday. The W-4 calculator at www.nation alpayrollweek. com/W4 can help determine the proper withholding allowances to claim on Form

5. Verify you've received a W-2 from every company that paid you during the year. Contact the payroll department of any company that has not sent you a W-2 by mid-February. Have your full name, SSN, employee number and address ready.

6. Expect Form 1099-MISC for any



freelance work. If you earned more than \$600 in a year for contract work from any company, expect a Form 1099-MISC.

7. Search for lost W-2s before getting replacements. Many companies charge a reissue fee to replace a lost W-2. Request a "reissued statement" from your payroll department to replace a lost W-2 if you can't find it after searching for it.

For tips to help you get even more from your paycheck, visit www. nationalpayrollweek.com.

Sacramento Resident Honored at CA State **Employees Charitable Campaign Celebration**

named Department Campaign Chair of the Year for the 2007 California Employees Charitable Campaign, which raises funds for California nonprofits. The 12-year DMV employee received the award at a campaign celebration sponsored by Accenture, where 200 state employees gathered to honor several individuals and departments for their efforts.

"Sara was a great asset to the campaign and a joy to work with," said Kathleen Morris, senior campaign manager for the California State Employees Charitable Campaign. "She implemented great techniques, created excitement and went above and beyond the call of duty."

The DMV training officer worked with a team to create a video for the campaign and organized an event where employees could meet 50 local nonprofits. DMV raised more than \$401,000 for the 2007 campaign. Total, more than 51,000 state employees pledged \$8.7 million to local nonprofits through the campaign.



Sara Sepulveda of Department of Motor Vehicles right pictured with Katie Weber of United Way.

"My most rewarding experience from working on this campaign was hearing the stories that DMV employees shared about the nonprofits that are important to them," Sepulveda said. "I loved getting to know so many of our employees."

Established in 1957, the California State Employees Charitable Campaign is a statewide fundraising effort. The campaign is managed by United Way California Capital Region in Amador, El Dorado, Placer, Sacramento and

Meditation for Modern Living

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You will learn meditative and breathing techniques for calming and centering your mind and developing inner peace. You will learn many new ways of helping you to cope with the modern world, how to improve your personal relationships through better communication, and ways to understand why the people in your life do the things they do. Rev. Paul V. Scholl has been offering meditation and stress reduction workshops since 1995.

He is a Certified Life Coach, Spiritual and Bereavement Counselor and Certified Workplace Chaplain. He is a graduate of the University of Metaphysics and the Church of Divine Man seminary.

Call Osher Learning Center at 781-6290 to register today. This series is free to the public.



Second Edition for March 2008

Citrus Heights Daniels and Remick Announce Candidacy Former Mayor and City Councilmember Bret Daniels and Councilmember Bret Daniels and Councilmember Bret Daniels and City Community Garden in Citrus Heights Community Garden in Citrus Heights Community Garden in Citrus Heights Community Garden in Citrus Heights

long-time resident and former City Council candidate James Remick announced today their joint bid for the available two seats in the upcoming November City Council elections. "Jim and I share the same vision for Citrus Heights", said Daniels, "We will work together in this campaign and we will work together to create a positive change in the vision of the Citrus Heights City Council."

Remick, who nearly won a seat in the last election, said his biggest concernlies with the trend the current Council has with ignoring the will of the people and creating a recipe for the downturn of Citrus Heights property values. "I have watched the council vote to support rent control and to turn current housing into low-income housing. That's not what Citrus Heights needs," Remick said, "We need move-up housing. We want Citrus Heights to be a move-up community, not a move-down community.'

Daniels and Remick said they will work together to stop the current trend that devalues the City and instead focus on ensuring property owners see a sound future in their property values. "We've already lost enough with the downturn in the real estate market," Daniels said, "The last thing we need is the City Council making that worse. That's what we have now and that needs to change.

Daniels and Remick, both experienced business owners, said they will work to create a businessfriendly atmosphere so that Citrus Heights will see an increase in the sales tax revenues that the City must have to survive. "During my time on the Council, we had six straight years of increased sales in the city except for a slight decrease when the Roseville Mall opened. That has changed. Sales have dropped each of the last two years and now vacancies are increasing. With the

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Citrus Heights Lions are having their 12th annual Steak & Scampi Dinner and this will be your golden opportunity to

have a great meal plus support the Lions for

all that they do in your community. Lions put

community first when it comes to service.

If you are in need of glasses but are unable

to pay the high costs, call the Lions for help.

They provide services in many ways. They have supported local schools, sports teams,

scouts, senior citizens, disabled individuals,

other non-profit organization and more.

There is no limit to what they will do to

help. Your donations are needed now! The

dinner will be held on April 5th at 6:00

pm. Call 723-4239 for more information



Bret and Jim in front of the Arborelle Apts on Sunrise Blvd where we believe the City Council has set the stage for additional efforts at rent control and increased low-income housing that will be a detriment to the city.

recent sale of the mall, Jim and I will make sure this is a City where a business wants to be located and people want to shop," Daniels said. Remick added, "My focus will be on revitalizing the Auburn Blvd corridor. It has been an eyesore for too long."

Daniels, who served on the City Council from 1999-2005, said he will ensure that Citrus Heights is a place where people want to live, shop and play. "I want this City to be a place where I want to raise my children and feel safe when they go to school," Daniels said. Remick, a Sheriff's Sergeant in a neighboring department as well as an elected trustee in that agency's \$5 billion pension fund, emphasized the need for an officer on the Council. "This Council has had a police officer on it for most of the time we have been a City. Most Council's in this area have an officer. I'm ready to continue that important trend,

Remick said, "Twice recently I have had serious crimes occurring near my home and I will make sure we have officers in cars regularly patrolling our neighborhoods."

Both Daniels and Remick emphasized they believe the City is doing a good job in protecting the residents under the leadership of Police Chief Christopher Boyd but want to make sure the focus remains with having officers visible in neighborhoods. "I've come to know Chief Boyd well and believe in his leadership," Daniels said. Remick followed by saying, "He is an effective leader but I want to make sure we don't have what you see in law enforcement today...a vanishing visible presence with an increase in specialty units because of targeted funds. We need to do what works best for us, not let a grant writer decide what our officers are doing.'



Lions: Claudia, Linda, Carole and Mary Lee

regarding the cost and location and to make your reservation. Limited space so hurry! If you are unable to attend the dinner, your donation will be greatly appreciated.

Thank you! You could find out more about the Citrus Heights Lion by visiting their website: www.chlions.com

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Express

Initial public meeting taking place Garden (address: 7450 Stock Ranch Road). on Saturday, March 15th at 9:00 a.m. (Rain or Shine)

On February 28th, in response to citizen interest in establishing a Community Garden, the Citrus Heights City Council authorized further action to negotiate a lease for a 1.85 acre parcel of land to become the City's first Community Garden. The parcel is located on the southwest corner of Sylvan Road and Stock Ranch Road (7450 Stock Ranch Road). The site has been offered for lease to the City by John Stock for a total annual sum of \$1.00.

An initial meeting will take place (Rain or Shine) on Saturday, March 15th at 9:00 a.m. at the actual site for the future Community FREE REFRESHMENTS WILL BE SERVED! Participants will be able to share their thoughts and ideas on the site plan and program for how the Garden will be implemented and governed, as well as signup to be part of the organizing committee and potential gardeners.

It has been proven that Community Gardens offer significant value and meaning to both the City where they are located as well as to the local residents. The typical benefits of a Community Garden are many. Besides providing a safe place to garden and harvest fresh produce and flowers, a Community Garden is an opportunity for socializing and community-building. These gardens also serve as a natural teaching

and learning environment for all ages. In addition, the Garden will offer an opportunity for collaboration between the City and other entities, such as the Citrus Heights Water District, which will be providing droughtresistant landscaping around the perimeter of the Garden parcel of land.

The Citrus Heights Community Garden is intended to be community-led and community-managed, so the City is encouraging all interested parties to attend the kick-off meeting on Saturday, March 15th at 9:00 a.m. to express their interest and to learn more about this fun and innovative project. Please visit the City's Web site at http://www.citrusheights.net for more information, or call (916) 727-4770.

RWA Launches Water-Smart Garden Contest

Second Annual Event

Sacramento, Calif. - The Regional Water Authority (RWA) and local water providers today announced the return of a popular contest aimed at showcasing the beauty of waterwise landscapes in the Sacramento region. The second annual Ultimate "Be Water Smart" Garden Makeover Contest opens today and culminates in a \$40,000 front yard makeover for the grandprize winner.

The makeover, which will transform a thirsty yard into an attractive model of water efficiency, will feature a custom water-smart landscape designed by Cheryl Buckwalter of Landscape Liaisons as well as equipment and services donated by RWA's partners.

Runner-up prizes include a professionally designed, custom water-wise landscape plan by Joseph Pattin of Garden Retreats, and two trees in 24-inch boxes chosen for the winner's location using the "River-Friendly Landscaping Guidelines" published by the Sacramento Stormwater Quality Partnership.

Key contest sponsors include Landscape Liaisons, Garden prize, entrants must sign up for and

Shade Tree Program, Pavestone, Bedrock Pavestone, Curb Pro, Capital Nursery and photographer Michelle McKnight.

The contest is aimed at helping local homeowners save water and money by incorporating water-wise gardening concepts such as lowwater use plants and trees into their landscaping. Outdoor water use accounts for more than half of all residential water use in the region. Last year's winning makeover of a front yard in Folsom drew rave reviews and introduced many residents to the idea of attractive, water-efficient landscapes. More than 700 contest entries were received.

"Water-wise landscaping doesn't have to be cactus, as we demonstrated with last year's contest," RWA Chair Joe Dion said. "If we can encourage more people to be water-smart in their yards and gardens, it will help our region save water and energy." Homeowners can enter the contest by completing an entry form that also signs them up for a free Water Wise House

To be eligible for the grand

Front Yard Makeover is Top Prize in Retreats, Atlas Disposal, Roseville complete a free Water Wise House Call with their water provider. During the house call, a trained water efficiency professional will visit the customer's home free of charge to check the irrigation system and provide a custom watering schedule. If requested by the customer, the trained professional will also check indoor plumbing fixtures for leaks and provide free water-saving materials and devices.

> For more information about Water Wise House Calls, please call the "Be Water Smart" Hotline at 888-WTR-TIPS (888-987-8477).

> Entry forms can be downloaded at www.rwah20.org and mailed by June 16 to "Be Water Smart" the Ultimate Water Smart Garden Makeover Contest, 2729 Prospect Park Drive, Suite 220, Rancho Cordova, CA 95670.

> RWA is a joint powers authority representing 22 water providers in the greater Sacramento area. Its primary mission is to help its members protect and enhance the reliability, availability, affordability and quality of water resources. For more information, see www. rwah2o.org.

Big Valley Fed Credit Union Collecting SSPCA Books

SPCA will offer hundreds of Saturday, April 12 through Sunday, thousands of used and new books for April 20, 2008 at 10:00 a.m. Monday Union can be reached at 638-8239, sale! This spring event will be held through Saturday and 11:00 a.m. to the hours are 9:00 a.m. to 5:00 p.m. at the Marketplace at Birdcage (Citrus 6:00 p.m. Sunday. Height) located on Sunrise Blvd – next

For the 42nd year, Sacramento to Long's Drug Store. The dates are next to Applebee's in Gold River, will

Big Valley Federal Credit Union, receipts are available.

be collecting books. Big Valley Credit Monday thru Fridays.

THE SAN JUAN HIGH SCHOOL —DEPARTMENT OF CULINARY ARTS AND BAKING ACADEMY NEEDS YOUR HELP!



Region 4 Officers: Stephanie DeAnda, President, River City HS, Ruth Anne Schroeder, Advisor/ Region 4 Coordinator Bridget Deaton, Vice President, Bret Harte HS, Suzi Schneider, Advisor, Krisina Kovill, Secretary, San Juan HS, Shirley Bowers, Advisor, Ricki Harris, Treasurer, San Juan HS, Sheldon Oliver, Historian, San Juan HS, Sandi

Coulter, Advisor, Tabitha Kelly, Reporter, San Juan HS,

Janice DeBenedetti, Regional Advisor

Senator Darrell Steinberg and his principal consultant Susan Cooper, pose with San Juan Culinary Students, SJUSD Board of Ed President Larry Miles, SJUSD Board of Ed, Vice-President Richard Launey, Information Officer Trent Allen, and Principal Dave Terwilliger.

San Juan High School

The San Juan High School has an outstanding Culinary Arts and Baking Academy Program for its students. San Juan is the only high school in the State of California that has a state-of-the-art baking academy. These students work very hard at their craft, and run an actual restaurant at the school and cater special events, so the students get hands on training. Every year thru the FHA-Hero Program there are Regional competitions, the winners of the Regional competitions go to the State competitions in Riverside, CA on April 12-15th 2008, then on to Nationals in Orlando, Florida on July 13-17th 2008. This year in the Regional's, sixteen culinary students won in their category, and twenty-three Bakery students won in theirs. So this year we have 39 students to send to State competition, along with their teachers/advisors to compete. With the cost of the entry fee, transportation, hotel stay for 3 nights and meals, this group needs to raise \$40,000 for all the students to compete. So they are asking for the community, San Juan Alumni and Faculty for their support to make this opportunity possible. We may have a future Emeral, Rachel Ray or Wolfgang Puck!

Friday, March 14th, 2008 at San Juan High School will be the 1st Annual San Juan Varsity VS San Juan Alumni Basketball Challenge & Dinner. The proceeds from the dinner will go towards the cost of the above competition. This group of students will be serving the dinner. The costs for the dinner & game are \$30 for a single and \$50 for a couple. Please purchase your tickets by RSVP by March 3rd 2008 to 916-350-7657 or sjhsbooster@yahoo.com. Please mail your RSVP checks payable to San Juan Boosters and mail to San Juan Boosters, 7551 Greenback Lane, Citrus Heights, CA 95610.

If you would like to make a direct donation, please make payable to San Juan High School and mail Sandi Coulter, 7551 Greenback Lane, Citrus Heights, CA 95610. Questions-You can reach Sandi at (916) 971-5176 or scoulter@sanjuan.edu. Thanks for your support!

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Fair Oaks News & Views

Saint Patrick's Day Fundraiser The Mortgage Manager by Ed Wacaster

Last night was the Fair Oaks Theatre Festival's annual St Pat's fundraiser dinner at the Fair Oaks house. Several hundred people who attended enjoyed the traditional corn beef and cabbage dinner. Proceeds help fund the plays at the outdoor Theatre in the Fair Oaks village. Fair Oaks Theater Festival can always use donations and volunteers.

They can be reached 916-966-3683 fairoakstheatrefestival. com or PO Box 1231, Fair Oaks, Ca 95628



New Lyon Real Estate Agent in Sacramento

Bob Anderson Lyon's Fair Oaks Office (916) 835-8809

REALTOR® Bob Anderson recently joined Lyon Real Estate's Fair Oaks office where he works with buyers, sellers, and investors on homes and properties throughout the Sacramento

Prior to joining Lyon, Bob worked as a Journeyman at Forrest Company where he performed various home improvements specializing in stone restoration. He also worked as a Marketing Manager at Sacramento Mustang where he established and implemented marketing strategies through technology and hard work.

Bob Anderson earned his High School Diploma from El Camino High School in Sacramento, CA. His family has been involved in the Real Estate Business for over 60 years. He is looking forward in continuing to serve the Sacramento community as his predecessors did, building a bright future for generations to come.

About Lyon Real Estate

Lyon Real Estate, consistently #1 in the Sacramento region. Lyon's 900+ agents in 16 regional offices have access to state-of-the art technology, exclusive price-trending analysis, affiliate mortgage and insurance partners, and a comprehensive marketing program to effectively assist buyers and sellers. Lyon Realtors have the ability to relocate clients anywhere in the United States and around the world.

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Bob Anderson

the financial markets. Worse yet, what a ride it's been for interest rates this year. We went from the mid 6's for a 30-year fixed, down to 5.00% for about four hours, literally. Now we're back in the mid 6's again today. This shows us how important it is to have someone on your team that knows exactly what's going on in the markets and what to do. Better yet, how to advise you what to do.

With the high market volatility that we're experiencing today, things change in an instant. As soon as some tid-bit of news happens, it can move the market up or down. For instance, when the mortgage rates took a steep dive a few weeks ago, I had everyone on the phone I could get hold of telling them this was a great time to refinance gone back to where they started, it's still a great time to refinance or buy that home. Why? Because interest rates are still very low and home prices are still very low. This doesn't happen very often, and you don't want to be slapping yourself in the forehead in a couple of years because you didn't act today.

If you have been paying attention, the amount of solicitous mail you get has increased, and so have the phone calls during dinnertime. Keep in mind, when the finger pointing began a few months ago about whom to blame for this situation in the housing and mortgage markets, it began with the Mortgage Brokers. My career field has been shot at and mutilated in the press and Washington D.C. Guess what? The

ones who really deserve most of the blame, send you things in the mail, or call you during the dinner hour. Make sure you are using a professional that you can see and touch and have a relationship with. I can't stress this enough! To allow someone to handle the biggest investment of your life, and do it in another state, over the phone, is tremendously risky.

In all honesty, those of you who read papers such as this deserve enough credit to not fall prey to those businesses, because I've been harping on this since I started writing this column something like 42 years ago.

You can reach Ed Wacaster, CMPS at 916-725-9902 or ewacaster@rpmmortgage.com

Fair Oaks Recreation Upcoming Events Easter Eggstravaganza

Saturday, March 22nd

· 8:00 am - Noon @ Fair Oaks Park (11549 Fair Oaks Blvd, F.O., CA 95628)

· Presented by the Fair Oaks Recreation & Park District & the Fair Oaks Lions Club

· This is a FREE community event featuring games, egg hunts for all ages, a pancake breakfast, and a visit from the Big Guy Himself - the Easter

· Call (916) 966-1036 or visit www.fairoakspark. org for additional information.

59th Annual Spring Fest

Saturday & Sunday, May 3rd & 4th · 10:00 am - 4:00 pm @ Plaza Park (10219 Fair Oaks Blvd., F.O., CA 95628)

· The two-day event will be held in Village & Plaza Parks. Entertainment is scheduled throughout the weekend including a parade, toilet bowl races, frog jump, children's games, car show, and more.

· Call (916) 966-1036 / (916) 967-2903 or visit www.fairoakspark.org for additional information.

5th Annual KIDS ART Festival

Saturday, April 19th

10:00 am - 3:00 pm @ the Presbyterian Church of Fair Oaks (11447 Fair Oaks Blvd., F.O., CA

A "hands-on" arts festival (visual and performing) for children from the Sacramento region.

Presented by the Fair Oaks Recreation & Park District, the Fair Oaks Library, the San Juan Unified School District, and the Fair Oaks Presbyterian Church of Fair Oaks.

Call (916) 966-1036 or visit www.fairoakspark. org for additional information.

Spring Garage Sale Saturday, April 26th

8:00 am - 12:00 pm @ Fair Oaks Park (11549 Fair Oaks Blvd, F.O., CA 95628)

It's time to spring clean! Registration has begun for the Fair Oaks Spring Garage Sale. Come register for your space at the Fair Oaks Recreation & Park District office or call (916) 966-1036. Fee: \$35 per space. www.fairoakspark.org

Mother / Son Dance

Friday, May 9th

· 6:30 pm - 8;30 pm @ Community Clubhouse (7997 California Ave., F.O., CA 95628)

Presented by the Fair Oaks Recreation & Park District & the Fair Oaks Youth Advisory Board (Non-Profit Group)

Moms...spend a special night out with your little boy. Boys...take mom out for a FUN Mother's Day date. Go out for dinner, then come spend the evening with us! Refreshments, great music, pictures and more are included in the ticket price. Get your tickets in advance at the District office or at the door. This year's dance is SUPER-HERO themed.

· Advance tickets: \$5 per person, At the door: \$8

· Call (916) 966-1036 or visit www.fairoakspark. org for additional information.



Sacramento Republican Women Luncheon

Wednesday, April 2, At 11:30 A.M.

the Sacramento Republican Women, Federated, will hold its luncheon meeting at the North Ridge Country Club, 7600 Madison Ave., Fair Oaks. Guest speaker will be Tom Del Beccaro

Tom is Vice Chair of the California Republican party. He is also the Chair of the CRP's Strategic Planning Committee, the Volunteer Committee and sits on the Operations and Budget Committees. Tom's recently released book, The New Conservative Paradigm, is creating a sensation.

For luncheon reservations, call (916) 733-1623. The cost of the event is

Membership Chair, Jaculin Beigel, 631-8217, is now accepting new members for the organization.



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Thank To M. DONALD, PATERSON, N.S.

OH, OH ... COMING THE ATTRACTIONS LUGBUTT IS HE'LL HAVE TO BE FLAT ON HIG BACK AND HOSPITALIZED BEFORE BOSS HONCHO TAKES KOFF-KOFF-SNIFFLE-E-E-OH,BOY---I FEE GETTING READY TO TAKE HIS SUBTLE HINT.. JUST AWFUL A COUPLA MUST BE COMIN' DAYS OFF. FOWN WITH



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http://www.msa.saccounty.net/communityhazards/report.htm



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Carmichael News & Views

Injured Paramedic Finds New Career Symphonic Winds Plays to Full House in Jewelry Design

David Newton, of Carmichael CA, turns to a new career after becoming injured on the job. Newton was a Paramedic Supervisor in Yolo County until May 3, 2002. In responding to a call Newton was a victim of a "hit and run", leaving him disabled and unable to continue his work as a paramedic.

After spending five years in recovery, including many surgeries, looking for a new job was frustrating. "There wasn't anything that hit me, I couldn't come up with anything I'd enjoy or was physically capable of doing," said Newton.

The California Institute of Jewelry Training (CIJT) was that saving grace, "I was driving by the school and I thought that it seemed interesting so I dropped

Now a full time student of CIJT, Newton is learning how to become a jeweler. With a Masters in Business from the University of Phoenix, Newton hopes to one day have his own store and he is already starting to build up clientele.

"My wife and daughters are very excited that I am learning to become a jeweler, so they can wear all the jewelry and my old employees and co-workers have already mentioned they'd give me jewelry to repair."

Life insurance is a practical way to

The death of a family member can be

devastating to survivors both emotionally

and financially. Life insurance can provide

cash to help with your family's immediate

· Immediate needs include funeral

· Long-term needs include care for a

disabled child or elderly parent expenses

and, in general, the chance for members of

your family to continue to live the life to

Life insurance is not for the people who die, but for people who live. It's wise to

explore options while you are still healthy; health problems can make life insurance

expensive or unavailable. Three forms of life insurance are most common today: Term life insurance. This is temporary life insurance for a specific time period

(one, five, 10 or more years). It can provide

short-term coverage on a limited budget.

Term insurance, however, costs more to

There are two common types of term life

· Level term: the amount of protection

Decreasing term: the amount of

Whole life insurance. Premiums are

remains the same during the coverage

protection gradually declines during the

generally level with cash value growth

Cash values can be borrowed (with

interest charged) during the insured

throughout the life of the policy.

expenses, unpaid medical bills and taxes.

protect your family's financial hopes and

By Michael Lynch

"Your American River Agent"

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and long-term needs.

which they are accustomed.

buy as you get older.

period.

coverage period.



Newton is married and has five children, his wife also a paramedic. His family is very supportive of his new career path.

"I can be creative and with that creativity I can build that into something I can be proud of and something others can enjoy. It gives me the freedom to stand, sit and walk around."

His goal after finishing the program is

Universal life insurance. This offers

many traditional advantages of whole life

insurance (such as protection for life), but

Coverage amounts and premium

payments are flexible to help meet changing

needs during an insured person's lifetime

When you buy life insurance, you buy

and cash surrender value.

also offers flexibility.

(subject to certain conditions).

to work in a jewelry shop for a year to learn about the business and eventually start his own store.

"Now being able to focus on something fun and getting a career is something I can do for the rest of my life!"

For more information contact Valerie Adams at Valerie@jewelrytraining.com or (916) 487-1122

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their appreciation for the obvious skills of the musicians. Dr. Les Lehr. Music Director stated Life Insurance: It's for the People Who Live

entire orchestra stood to applaud those in attendance before they played the selection "Yosemite Autumn."

The program focused on music that celebrates the natural beauty of America. Carmichael resident Michael Callahan performed a euphonium solo of "Beautiful Colorado" by Joseph De Luca. The Sacramento Symphonic

throughout the afternoon by expressing Winds is a 65-piece wind orchestra of top local musicians, many of them professional music educators, led by Dr. Les Lehr. They are in their sixth season under the direction of Dr. Lehr. appreciate the great turn-out." The The orchestra is dedicated to bringing

classical and modern wind music to a variety of audiences and venues. They are members of the Sacramento Valley Symphonic Band Association.

Special thanks go to San Juan Unified Schools, Sacramento Valley Symphonic Winds Association and Metropolitan Arts Partnership for their sponsorship of this event.

The orchestra performs next on Saturday May 31st and Sunday June 1st at the Carmichael Community Band Festival in Carmichael Park.

Formore information and the schedule of future performances go to www. sacwinds.org, or call 916-489-2576.

Creek Week 2008

Join the fun while making a t-shirt, educational and activity booths, difference in your community!April 18 through April 26

An enthusiastic full house enjoyed

the Sacramento Symphonic Winds'

performance of "Visions of America"

Sunday afternoon, March 9, at La Sierra

Community Center. An atmosphere

of mutual admiration seemed to swirl

through the hall, as the performers began

by expressing their gratitude for the size

of the crowd, and the crowd responded

"This is our first full-house. We really

Enjoy, explore, and learn about our local creeks and aquatic life. Bring your family and friends to CREEK WEEK 2008! On Saturday, April 26, 2008 get wet and muddy, create art from trash, help clean up parks and creeks, and mingle with fellow creek lovers. After the clean up, volunteers will be honored at the Sacramento Discovery Learning music and more. For more information to learn how you can become involved, call the Sacramento Urban Creeks Council at (916)

Carmichael Recreation and Park District will be hosting two clean up sites on

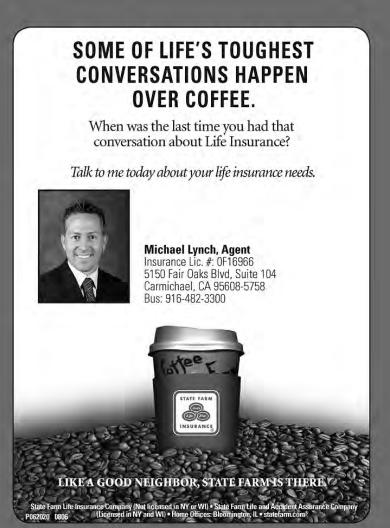
Saturday, April 26, 2008 from 9 a.m. – 11 a.m. Please RSVP to Tracy

Site 1: Carmichael Park - 5750 Grant

Site 2: Del Campo Park – Off Heathcliff

Go to www.creekweek.net to see how you can help or find out about the many activities

scheduled during the week.





Kerth at (916) Center, 3615 Auburn Boulevard. Activities 485-5322 x23. at 12 noon will include FREE barbecue, Brush Up the Boulevard Saturday, April 5 Two active neighbhorhood associations along with the Oaks Boulevard, Saturday, April 5, 9 a.m. - 12 p.m.

Carmichael Chamber of Commerce will clean up Fair

Volunteers from Carmichael Creek and Carmichael Colony Neighborhood Associations will join the Chamber in picking up trash, cleaning up weeds, and inventoring the Boulevard from Fair Oaks and Oak north to California (past the split with Manzanita and on to Manzanita and Cypress).

Students seeking community service hours are encouraged to join in the effort and will receive a certificate documenting their hours at the end of the project.

The Brush Up The Boulevard effort will begin at the Carmichael Park, 5750 Grant Ave. (by the tennis courts) at 9 a.m. with coffee, juice, donuts, muffins and instructions. The rain date is April 12. Participants will break up into groups and tackle portions of the boulevard. Orange vests, pick-up sticks and trash bags will be provided. Volunteers are encourage to bring their own gloves. For further information, call the Carmichael Chamber of Commerce

We Care About Kids Golf Tourney May 19 The "We Care About Our Kids" Golf at the Ancil

Hoffman Golf Course. The North Area Teen Center (NATC) and the Carmichael Chamber of Commerce will team up with "Sports Guy" Pat Walsh to host the event.

The field of play has been limited to 10 foursomes, ensuring speed and quality of play. Local sponsors have three levels of participation providing company recognition, a cart, tee markers and 18-holes of exciting play and Closest to the Pin and Longest Drive.

Registration forms will be available March 25. Proceeds benefit the non-profit North Area Teen Center and are taxdeductible.

The NATC and The Chamber have developed various programs for kids in our area. These programs provide healthy and safe alternatives for our young men and women and many times assists those who are "at risk." For further information call 481-1002.

Chamber General Meeting, March 25

Law enforcement will be the theme at the Carmichael Chamber of Commerce general membership meeting Tuesday, March 25, noon at Carmichael Park Clubhouse, 5750 Grant Avenue (at Fair Oaks Boulevard).

The speakers are still confirming as we go to press, so make a note to attend and be pleasantly surprised!

The meeting is open to the public and reservations are required. Cost of the luncheon is \$13.50 prepaid and \$15.00 at the door. To secure your seat call the chamber office, 481-1002. Deadline for reservations is 2 p.m. Friday, March 21.



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Orangevale News & Views

Urges need for real action on meaningful budget reform

Sacramento - At a time when Californians are facing some of the highest gas prices in the nation, Assembly Democrats today pushed forth legislation to impose a multibillion dollar tax increase on oil companies and oil produced in California as a way to resolve the state's budget deficit. Assemblyman Roger Niello (R-Fair Oaks) voted against the measure, calling it nothing more than a disingenuous political stunt that will only hurt consumers

headed to the gas pumps. The measure, AB 9xxx, failed passage on the Assembly Floor.

"Besides the fact that taxes never generate the revenues that they are predicted to as people will change their behavior, this bill would have done nothing more than further increase the price of gasoline on consumers, while increasing our demand on foreign oil," said Assemblyman Niello.

"We need to begin work on meaningful budget reform that addresses our underlying spending Political stunts like this do not contribute to the dialogue that will be necessary to solve this year's budget deficit," said Assemblyman Niello.

More than 80 vendor and exhibitor spaces are being prepared for the biggest Orangevale annual tradition. Thousands are expected to attend this highly publicized event. Live entertainment, carnival, parade and Kids Korner are just a few of the attractions. The 45th Annual Pow Wow Days starts on Thursday, May 15th and ends on Sunday, May

available for the event. This is the perfect opportunity to showcase your talents and business. Round the clock security is provided for



the entire event. Two set up times schedules. Registration information can be obtained by calling Lisa Montes at 916.989.3638 or email: powwowdays@comcast.net.

For more information, please contact

Assemblyman Niello Opposes New Petroleum Tax Grange Talent Show Announced

By Chairman, Harold Esola

Are you one of those people who say, "We really need more good things for our young children and the youth as well!"

Please give us your attention because we may have just what you are looking for! The Grange has been around for years and years, and chances are someone in your own family has or does belong! Many people think of it as a farmer's organization but check it out and you will see that it is modern, doing new things in so many fields, and has a new method of recognizing the young members!

So what am I trying to bring to your attention at this time????? We, the Members of Orangevale Grange #354, are hosting the very first Grange talent show in this county! The preliminaries will be held on Saturday April 19th at 6:00 PM, and the Finals will be on Saturday September 13th at 6:00 PM. This will be at the Orangevale Grange Hall, 5805 Walnut Ave., Orangevale, CA 95662. We will be handing out awards, trophies and cash prizes. It is a short notice, but that only means less time to worry about what you should or should not do! If you have ANY talent, and have not perfected it,

this is the place to start out. We will have a trophy for every contestant and when you see the pride it gives a child or young adult to hold this in their hands, you will know the reason behind the Grange success in building accomplished and strong leaders! There is no entry fee, in fact no cost at all except your time and

So if you have an act, or you sing, or do comedy (only clean comedy) or you play an instrument you can bring with you, then call us, sign up and enjoy an evening of fun and old fashion fellowshipping! Call us at 916-348-5552.

Wanted!

Exhibitors, Vendors, Arts and Crafters **Spaces** are available for the 45th **Annual POW Wow** Days May 15 – 18, 2008

still Premium Spaces are still

available to accommodate

The annual fair is sponsored by the Orangevale Chamber of Commerce a non-profit organization and proceeds benefit the support of local business and community activities.

Orangevale Chamber of Commerce at 916.988.0175.

Everyone Loves a Parade!

Have you always wanted to be in a Parade? Gather your Family, Friends, Club, Group or Business and participate in the 45th Annual POW WOW DAYS Parade on May 17th, 2008. Parade participants will march down Greenback Lane, from Starbuck's Parking Lot at Madison/ Greenback to Filbert Ave, beginning at 10 am.

The Orangevale POW WOW Days started in 1963 as "Chuck Wagon Days". In 1964, the name was changed to "Fiesta Days" and change again to its name for more than 40 years in 1965, POW WOW DAYS. Orangevale residents and visitors

gather for several days of games, food, live entertainment, carnival and on Saturday, "The POW WOW Days Parade".

The first parade was held in 1963 and began at Central Avenue ending at the Orangevale Youth Center on Hazel Avenue. In 1965, the parade route was moved to Greenback Lane and then in 1971, moved to Oak Avenue. In 1974, the parade returned to its current route on Greenback

"The Family Tradition" is the theme for this year's Pow Wow Days celebration and parade. Participants will be a variety of business and organizations, clubs, community

groups, sports teams, local, county and town representatives, emergency services and other parade entertainers.

Grand Marshall, Channel 31's, Alan Sanchez, "The Slightly Paid Intern", American Cancer Society Float, Sacramento River Cats Mascot "Dinger", Wheels of Balance BMX Stunt Team, and Dr. Solar are just a few of the parade attractions.

Parade entries are just \$15.00. Call the Orangevale Chamber of Commerce at 916.988.0175 to register today. Ask for a free "Float Building Guide".

Take Advantage of Higher IRA Contribution Limits



Kirk Camunez

If one of your New Year's resolutions is to boost your retirement savings, you can count on some extra help from your Uncle Sam. That's because you'll be able to contribute more to your IRA in 2008. This is a great opportunity for you - so you'll want to make the most of it.

limit for both Traditional and Roth IRAs will increase from \$4,000 per year in 2007 to \$5,000 per year in 2008. And if you're 50 or over, the annual limit will rise from \$5,000 to \$6,000. (Keep in mind, though, that your ability to contribute to a Roth IRA may be limited by your income; see your tax advisor for retirement savings vehicles around. more details.)

the maximum amount to your IRA in 2007, you might think there's even less of a chance that you'll fully fund your IRA in 2008. And it's certainly true that \$5,000 or \$6,000 is a considerable sum especially if you try to pay it all at once. But you don't have to do that. While it might be to your advantage to fully fund your IRA early every year - you'd be giving your money more time to potentially grow - you can make smaller

contributions throughout the year. In fact, you've actually got until the tax filing deadline of each year to fund your IRA for that year. So, if you chose, you could spread your 2008 IRA payments over 15 months - 12 months in 2008, and the first three months of 2009. That means you could put in \$333.33 per month, if you're under 50, or \$400 per month, if you're

Even those amounts might pose a challenge to your cash flow, but you need to consider just how important it is to save for retirement. Many financial experts say that you will need between 80 percent and 100 percent of your pre-retirement income just to maintain your lifestyle - and if you plan on traveling extensively, purchasing a vacation home or incurring other significant expenses during your Here are the details: The contribution retirement years, you may need even more money. That means you'll have to rely on all your available resources - your Social Security, your 401(k) or pension and your other savings and investments, of which an IRA can be a significant part.

And an IRA is one of the best A traditional IRA has the potential to Of course, if you weren't putting in grow on a tax-deferred basis, which means your earnings can potentially grow faster than they would on an investment on which you paid taxes every year. And a Roth IRA's earnings have the potential to grow totally tax-free, provided you don't take withdrawals until you reach age 59-1/2 and you've had your account for at least five years. Furthermore, you can fund either type of IRA with virtually any security you choose -

stocks, bonds, Certificates of Deposit (CD), Treasury bills, etc. Depending on your income level, you might even be able to deduct some, or all, of your Traditional IRA contributions from your taxes. (Roth IRA contributions are never tax deductible.)

As you can see, you'll be helping yourself greatly if you contribute the maximum amount to your IRA in 2008 - and all the years beyond.

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Gold Rivet News & Views Planzer Takes On 5th JDRF's "Ride for the Cure" Disney's Dream Suite Award to Local Family

This October, for the fifth year in a row, Eric Planzer, 20, will be embarking on a 100 mile cycling adventure in Death Valley, CA to raise money in the hopes of finding a cure for diabetes. This will be Eric's fifth year in the event, having cycled in Monterey, Carmel, Asheville, North Carolina and Whitefish, Montana. Diagnosed with diabetes nine years ago, Eric has a very personal interest in finding a cure for the disease. In order to participate in the ride, Eric must personally raise \$4,000. Eric is a one-man grass roots fund raiser who counts on the generosity of the community to help him meet his financial goal. A full time student at Folsom Lake College working 30 hours a week, Eric finds time to volunteer for the Juvenile Diabetes Research Foundation (JDRF) while training and raising money for the ride.

According to Eric, insulin is not a cure or even a temporary solution. A cure for diabetes would be better. It's tough to live as a diabetic. But participating in this "Ride for

the Cure" can be inspiring for diabetics and non-diabetics alike. Knowing that diabetes won't stop a person from riding or knowing that so many people without diabetes care enough to put in so much time fundraising is truly inspirational to Eric. Through events like the ride, local fundraisers and the diabetes camp where Eric works every summer, Eric says he doesn't feel bad about being diabetic. He sees it as a blessing because he has been given so many opportunities and met so many wonderful people. When asked how diabetes affects him, Eric replies, "Diabetes is only difficult if I let it be difficult. The more progress we make toward a cure the better quality of life many people will have, and isn't it just nice to make people happy?"

Persons interested in donating to Eric's "Ride for the Cure" may send donations to: JDRF c/o Eric Planzer, 11633 Star Bottle Court, Gold River, CA 95670



Daffodil Days Overwhelming Success

A new season of hope arrived this week thanks to the American Cancer Society's Daffodil Days fundraising campaign. For nearly three months, dedicated volunteers have been selling daffodils to their coworkers, family and friends in an effort to raise funds for the fight against cancer. Their hard work paid off as they raised more than \$285,000 for the American Cancer Society's research, education and patient service programs.

"We are so thankful for the overwhelming support from local business, schools and other groups. Their incredible efforts enabled us to reach our fundraising goal", said Jennifer Farr, director of special events with the American Cancer Society. "My heartfelt thanks goes out to everyone who participated in this campaign to support important Society programs and resources that help people facing cancer and improve their quality of life", added

Sacramento area residents are truly making a difference in the fight against cancer, one daffodil at a time. American Cancer Society volunteers sold nearly 90,000 daffodils, all of which are being delivered by local volunteers. Additionally, more than 2,400 cancer patients receiving treatment in local hospitals and treatment centers will receive a Gift of Hope bouquet from the American Cancer Society. "Simply put, a Gift of Hope is a bouquet of 10 daffodils in a vase, but it's really much more than that. It reminds cancer patients that they're not alone in this fight", said Farr.

Dollars raised through Daffodil Days enable the Society to offer free programs and services that help people fight cancer with courage and optimism, while providing physical and emotional support and financial information to ease the cancer experience. One such program is the American Cancer Society's free transportation program, Road to Recovery. This program provides cancer patients with rides to and from their cancer-related appointments, often times by volunteers who are cancer survivors

themselves. Daffodil Days contributions also provide the Society with much-needed dollars to fund groundbreaking cancer research. The American Cancer Society has funded 42 Nobel Prize winners early in their careers and has invested more than \$3 billion in cancer research. The aim of the Society's cancer research program is to determine the causes of cancer and to support efforts to prevent help callers through their cancer journe and cure the disease.

"Daffodil Days also allows the

American Cancer Society to educate people about the importance of cancer prevention and early detection and advocate for meaningful public health policies that benefit the community", stated Farr. People wishing to learn more about ways to lower their risk of cancer, or to detect cancer early, can visit the American Cancer Society's Web site at www.cancer.org. The easy-to-navigate site has a wealth of information regarding when an individual should be tested for specific cancers, along with tools like an annual mammogram reminder. For those who would rather pick up the phone, the American Cancer Society is available 24 hours per day, 7 days a week, 365 days a year via their toll-free number 1-800-227-2345. A trained cancer specialist is there to answer questions and

Disneyland awarded an overnight stay in their Dream Suite. The Beigel Family of Gold River, David, Jaculin and their three children were the lucky winners for a night's stay in Walt Disney's Dream Suite.

It was Jac Beigel's birthday, she wished for the big prize as she blew out the candles on her birthday cake while on their short Disneyland

The Dream Squad approached them with very specific instructions on the exact time and location to award the grand prize...there were over 26,000 choices.

In addition to the Dream Suite stay, Jac and her husband David, and children Adam (7), Cara (4) and Eric (3) were Grand Marshall's in the parade. They watched Fantasmic and the fireworks from their private balcony and received other surprises.

There was magic everywhere! The kids squealed with delight at each new piece of magic.

The Dream Suite has been restored to Walt's Disney's original specifications-then improved by imaginers. The Beigels were the 16th family to stay in the Dream Suite and were the first to enjoy the Fantasmic show during their stay. The Disney cast, including their personal concierge, treated them



Discovery Center Hosts Golf Tournament

in grade level, the use of technology

becomes more prevalent and important

for preparing the students for High

Gold River Discovery Center's

School and College.

Gold River Discovery Center is a computer. As they move up each year completing its first year of the K-8grade format! The seventh and eighth grade classes have managed to bring a productive and encouraging year to the

A focus in the upper grades is the use of technology in the curriculum. Every student at our school has a daily opportunity to spend individual time on

Who: Gold River Technology Expansion Program What: Second Annual Gold River Charity Golf Tournament

When: Saturday, April 12, 2008

- 11:30 a.m. Registration, lunch, putting contest
- 1:00 p.m. Tournament begins,

1620 East Natoma Street Folsom, CA

Scramble format.

• 6:00 p.m. Buffet awards dinner and raffle. Where: Empire Ranch Golf Course

Entry Fee: \$125 – Includes green fees, golf car, on-site contest, boxed lunch, buffet awards dinner. Dinner only \$30 for adults, \$10 for children (12 and under)

To Register: Call Marlow Simonetto 916-996-1767 or email GRDCGolfTourney@aol.com.

Men, women, or mixed foursomes. Singles and all levels of players welcome. Sponsorship opportunities are available.

Lost Cat - Gold River

"Mischka," a shy, very sweet 3 year old, Calico/Persian cat, was visiting her human Nana in Comstock Village in Gold River. Last seen in Sutter Village on March 16th. Please call Security (916) 852-5885, Shirley Farenha (916)



technology needs have more than doubled with the expansion of classes. In the tradition of the Gold River's Golf Tournament:

equipment.

In an effort to provide funding for our expansion program Gold River Discovery Center is hosting a Charity

reputation, we strive to be the best

and we will upgrade our program for

our students by expanding our ability

to teach with the new technology



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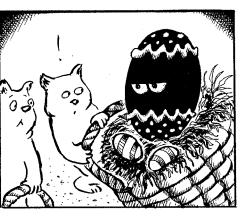


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Hamster Alley by Polly Keener







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Moms and the Recent Los Angeles **Judges' Decision Against Home-Schooling**



By Yolanda Knaak

In light of the February 28th Los Angeles Judicial decision to not allow 2 children to be home-schooled, parental rights advocates are very concerned because of the wording used in the decision. The Judges in the case stated that parents have "no legal right to home-school their children". Both the Pacific Justice Institute and the HSLDA Advocates for Home-Schooling feel they could apply the decision to the whole state and both have petitions against the decision on line. They have also vowed to fight the decision.

One Folsom mom who requested to have her name be withheld, states "I'm horrified (regarding the judicial decision)". Home-schooling works well for her, she has a Bachelors Degree and she teaches her 2 young

children privately. It gives her the freedom to choose any curriculum for her children. Both her children have such a joy of learning and she presents the subjects based on their interests. Her older child is a 1st grader, but educationally is at a 3rd grade level, her younger child is at a higher level as well. Other options she had looked at before deciding to home-school were private schools, but they were very expensive and none in the area stood out for her. Then public schools she looked into had high student-teacher ratios with little private attention. She was also concerned that her advanced children would get bored.

A mom in Rancho Cordova, Christi Underwood, states that she was unaware of the ruling. Homeschooling works well for her 4th grader who had been in private school in the past, but due to the cost was forced to decide on another option. After exploring public school, she felt that it was not an option since the public high school in her district was "undesirable". Her daughter is enrolled in the San Juan School District Visions Home Schooling Program and they send a teacher to the home approximately every 20 days. Christi also has hired a teacher for tutoring. Christi's husband who is a High School teacher also helps with the instruction on some Saturdays.

who also desires to withhold her name, states she is opposed to the ruling as well. Her daughters are in private school, but the cost is becoming a burden to her, so she's looking at other options. She states that public school isn't an option, because of the "homosexual influence" in surveys (allowed without parental consent in grades K-12 by SB 71), school books that teach children as young as Kindergarten about having "2 mommies", and the undetermined influence of SB 777 (deleting gender roles from public schools), which just passed last year. With this new judicial ruling, she is actually wondering if home-schooling will be an option for her in the future.

After exploring decisions moms have had to make regarding educating their children, it helps us to better understand their decision to homeschool. It is too early to tell what impact the new judicial ruling will have on state-wide home-schooling, considering that 2 organizations have vowed to fight the recent decision.

For comments or questions, feel free to contact me at yk@skyq.com. About the author: Yolanda Knaak has a Masters degree from UCLA in nursing and she is an elected member of the Sacramento County Republican Party Central Committee.

Snoozing Cats

Dear Paw's Corner: Why do cats sleep so much? -- Jan B., San Diego

Dear Jan: No one knows, exactly. Many studies have been done, but researchers haven't decided on an exact reason. It is known that, like us, cats need sleep to stay healthy and that their bodies follow biological rhythms, such as the circadian rhythm (the 24-hour sleep/awake cycle). Here are some facts about sleeping

Cats sleep an average of 16 hours

per day -- though not all at once.

· In kittens, growth hormone is released only when they sleep.

· Cats are most active around dawn and dusk, and least active in the middle of the night.

• Older cats tend to sleep more during the day and less at night.

So, how can you help your cat stay healthy? Let it sleep. Younger cats may not mind so much if they are awakened by a human who wants to play, but they will disappear a little later to finish their nap. Older cats could be very put out by being suddenly awakened -- cranky and disoriented -- so let them sleep. Of course, there are a few things to watch

between sleep periods, or sleeps an excessively long time. Most cats roam the house for a few hours each night, hunting, playing and meowing a bit, but if a cat is extremely

for, such as a cat that seems lethargic

restless or meows plaintively for a long time at night, something could be amiss. Excessive meowing often signals loneliness or distress, and is most often heard from kittens and senior cats. But any significant change in sleep habits, energy and nighttime activities should be monitored and discussed with your cat's veterinarian.

Send your tips, questions and comments to Paws Corner, c/o King Features Weekly Service. P.O. Box 536475. Orlando, FL 32853-6475, or e-mail to pawscorner@hotmail.com. (c) 2008 King Features Synd., Inc.

Unionize **Democrats Pass Measure Grandparents Providing Child Care**

Action Will Increase Deficit in a state with a \$16 billion deficit will Spending by \$60 Million Each Year

Sacramento, CA - In a year when the State of California is facing a budget deficit of \$16 billion, Senate Democrats in the Legislature rushed to pass a measure to allow for the unionization of child care workers. Without policy or fiscal committee review, the Senate passed SB 867 by Senator Gil Cedillo of Los Angeles along party lines at its Monday

"It is irresponsible for the Senate to pass a measure that will cost the state an estimated \$60 million at a time when the state has no money," said Senator Dave Cox, Vice Chairman of the Senate Appropriations Committee – a committee whose members are in charge of reviewing proposed bills that require state funding. "This bill should have had a hearing in the Senate Appropriations Committee.

"Think about this for a moment: Increasing the cost of subsidized child care cause the state to pay more for less service. Unionized child care workers will receive higher payments forcing the state to fund fewer child care placements. The bottom line is that the state will be spending millions more for fewer services to families," Cox

Through a program called CALWORKS. family members are paid by the state to take care of their children while the parent(s) work or receive training to become less dependent on welfare.

SB 867 will allow licensed "family child care providers to form, join and participate in 'provider organizations," which is another word for unions. The stated purpose for this bill is to ensure higher quality day care through increased pay and state funded benefits for child care workers.

SB 867 further allows a union that becomes the representative of all family child care providers to charge "fair share" fees to all child care providers.

Even if a grandparent or aunt or uncle objected to unionizing, they could still be subjected to paying union dues. The Legislature's fiscal experts estimate

that the cost of this proposal would be \$60 million each year. Governor Schwarzenegger will determine

the fate of this bill later this year. He has vetoed similar bills twice.

"As Democratic leaders attend press conference after press conference lamenting proposed reductions in education, healthcare and public safety spending, you have to wonder how they conclude that spending \$60 million to unionize child care providers makes sense," Cox stated.

Senator Dave Cox represents the residents of the First Senate District, which includes all or portions of Alpine, Amador, Calaveras, El Dorado, Lassen, Placer, Plumas, Modoc, Mono, Nevada, Sacramento and Sierra Counties. Contact his office at 916-651-4001, or via email at senator.cox(a) sen.ca.gov.

Seinfeld's "SoupMan" Invades West Coast



Nothing Else Compares'

The Original SoupMan Line of Gourmet Soups Now Available at Raley's Supermarkets in California and Nevada

"The soups that made Seinfeld famous" are now available at all Raley's Supermarkets throughout northern California and Nevada. The Original SoupMan line of gourmet frozen soup is the creation of Al Yeganeh, the legendary soup chef who inspired the "Soup Episode" on TV's Seinfeld. There are six varieties of Yeganeh's Zagat-rated frozen soup available, including Broccoli & Cheese, Tomato Basil, Chicken Vegetable, Italian Wedding Style, Minestrone, and Seafood Bisque. Retail prices range from \$3.99 to \$5.99.

Yeganeh, founder of the "Soup Kitchen International", located at Eighth Avenue and 55th Street in New York City, has been producing premium, gourmet soups for a loyal following of devotees since 1984. Long before Mr. Yeganeh was the inspiration for the famous Seinfeld "Soup Episode", locals and tourist alike waited for hours in all kinds of weather for a taste of his much-heralded crab bisque, jambalaya, or mulligatawny.

In 2005, Yeganeh and his company launched an international franchise of soup shops and a retail line of soups called The Original SoupMan. There are currently 40 franchise locations in the U.S. and Canada. The retail line is now available in over 2,500 supermarkets, nationwide.

About The Original SoupMan

Beginning in 1984, legendary soup man, Al Yeganeh, set the standard for mouth watering, world-renowned soups at his New York City location, Soup Kitchen International. Now with the new retail line of premium,

gourmet, "heat-n-serve" soups, and The Original SoupMan stores, Al and his team will give the whole world the opportunity to experience soup as it was meant to be. For a complete press kit and more information, visit www.ORIGINALSOUPMAN.com or call (877)-SOUPMAN.

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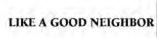


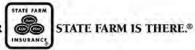
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What God Promises about Your Future



By Pastor Ray Dare

A lot of people spend their lives worrying about tomorrow. They never enjoy today because they're worrying about tomorrow. Why are we afraid of the future? One reason is we don't know what the future is going to bring. It's unknown. It's beyond our control. But the Bible says it is possible to live without fear, without dread. It is possible to face your future with confidence. So what does the Bible say about your future? The Bible says three things about your future.

God will guide you when you're confused. "Trust in the Lord with all you heart. Never rely on what you think you know. Remember the Lord in everything you do, and HE WILL SHOW YOU THE RIGHT WAY." Proverbs 3:5-6 (GN). The rest of your life is uncharted territory. Nobody's

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and Fulton)

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of Jesus' entry into Jerusalem.

Maundy Thursday

March 20 - 6:30 p.m.

chancel and handbell choirs.

March 21 - 7:00 p.m.

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been there, so you get a little uptight about it. But God has - God has seen your future and God knows the best path for you. In your future, you're going to experience some new problems, some new pressures, and some new decisions and you're not going to know what to do. Where are you going to go for guidance? The best way to understand the future is to ask someone who has already been there, and that would be God. He has promised to guide you.

God will provide for you when you have a need. Jesus said, "So don't worry about having enough food and clothing....Your heavenly Father already knows...you need them and he will give them to you if you give Him first place in your life and live as He wants you to." Matthew 6:31-33 (LB) When God is your Father, you don't have to worry about how you're going to make it. Remember how carefree life was as a child? I didn't worry about a thing! I didn't worry about how my father was going to pay the mortgage or the car payment or the SMUD bill. That was his problem! I trusted him to provide for my needs. Your kids feel the same way about you. They trust you to care for them. That's the way God wants you to feel about Him. God wants you to trust in Him as a little child. God wants to care for you. He wants to be your father, or maybe the father you never had. He has promised to provide for you.

God will be with you when you

commemorating the night Jesus died for

us. During this Tenebrae worship we will

journey through the last Words of Jesus.

Service includes candles, music by the

feel alone. This is one of our greatest fears, the fear of abandonment. But regardless of what you go through in the future, you won't go through it alone. This is a basic truth taught over and over in the Bible. There is never a time in your life when God is not with you. He never leaves you. He's with you all the time. And God will be with you no matter what you

go through in the future. Isaiah 43:2, "When you go through deep waters and great troubles, I will be with you." You will never be without God in your life. He's always there.

You have two choices in life: You can either face the future as a cynic, a doubter, with negative thoughts, expecting the worse, or you can face the future expecting God to be with you and His goodness and His mercy to follow you all the days of your life. There are over 6,000 promises in the Bible. In light of all that God has promised, what in the world is there to be afraid of? It really comes down to this: Am I going to trust God? God says, "Listen! I have upheld you since you were conceived and I have taken care of you from your birth. Even when you are old, I will be the same. Even when your hair has turned gray, I will take care of you. I made you and will take care of you. I will carry you and save you!" Isaiah 46:3-5 Pastor Ray

Pastor Ray Dare, New Community Christian Church www.YourNewChurch.org

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March 16: Palm Sunday - 8:45 a.m. - Traditional Worship Service; 11:00 a.m. – Contemporary Worship Service

March 20: Maundy Thursday - Communion Supper Service with readings and music. Call for details.

March 21: **Good Friday** – 7:00 p.m. Service of Darkness; "Selections from Brahms' Requiem."

March 23: **Easter** – 6:45 a.m. Sunrise Service – bluff overlooking the river (call for location);

8:00 a.m. Traditional Service; 9:30 a.m. Traditional Service; 11:00 a.m. Contemporary Service

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celebrate this glorious Resurrection Day with the chancel and bell choirs and trumpet and trombone instrumentalists leading us in joyous, inspirational praise and traditional music. (featuring Fanfare for Easter Morning and the Anthem Jubilate Deo)

Living in God's Perfect Will for Your Life



By Marlys Johnsen Norris

If you have ever experienced living in God's perfect will for your life, you have experienced -- the ultimate blessing-- this life has to offer. Living in the "perfect" will of God offers a sense of fulfillment nothing else can give a human being. It is like having a divine appointment in your life. You recognize that you are being led and guided every second by God's Holy Spirit. There is an inner-knowing and a peace that surpasses any kind of peace that the world gives and it is absolutely wonderful. This is a time that you "know" beyond the shadow of a doubt that God is with you! He is your Emanuel! It may possibly be the closest thing to heaven we will ever experience in this life.

Most of us live in God's permissive will or possibly don't live in His will at all. We have not come to that place where we are surrendered and committed in our journey to know and love God. We live day to day taking everything God provides for us for granted and without much thought about the One who provides all we have. Our prayer life is missing along with all the acts of loving obedience the Word of God instructs to a person who claims to believe and have faith in God. God's permissive will offers everyone His unconditional love while one may actually live far from Him and know little about Him.

Sometimes people think the ways of God

are too simple and they search in all the wrong places. God will seek us until we find Him and then the great adventure begins!

Most likely it is not until one truly "knows" the living God, they actually desire and pray to be living in His "perfect" will for their life. Even then, we do not understand completely the ways of God and we live in His permissive will most of the time, but there are those special times we actually experience the "call of God" on our lives and we move into living in God's perfect will and we do it with a very willing spirit. Pray and "seek to live in His perfect will for your life" and see what happens.

"Seek ye first the kingdom of God and His righteousness and all things will be added unto you." (Matthew 6:33)

Marlys Johnsen Norris LIFE MESSAGE WORKSHOPS "Intimacy Begins Going God's Way" Marlysj@sbcglobal.net

Easter Words by Lila Fraizer

Holy Week is the most sacred time in all of Christendom. From Palm Sunday, through Maundy Thursday, Good Friday and Easter Sunday we are reminded of the experiences of our Lord's death and resurrection more than two thousand years ago.

The idea that the day of Christ's crucifixion is called "good" had bothered me for years. Then I found a logical explanation. "Good Friday" in Old English means "Holy" or "of God." Good Friday, God's Friday, is the day that God came to earth.

Scholars tell us that the word "Easter" comes from the name of the Anglo-Saxon spring goddess Eastre, and her festival. The early Christians called the festival Pasch, a derivative of the Hebrew word "pesah" meaning Passover, or Deliverance. (Early Christians observed Easter with an all-night vigil hearing the story of Jesus' Passion, crucifixion and resurrection.)

The American Heritage Dictionary defines "paschal" as pertaining to Passover or Easter. It also says the paschal lamb is the meat eaten at the feast of the Passover. In my experiences the paschal lamb has always meant Jesus Christ. Some churches use a paschal candle during the Easter services symbolizing Christ's appearances after the resurrection. For some it is lighted at the beginning of the Easter vigil and placed on the altar and relighted at each service through Pentecost.

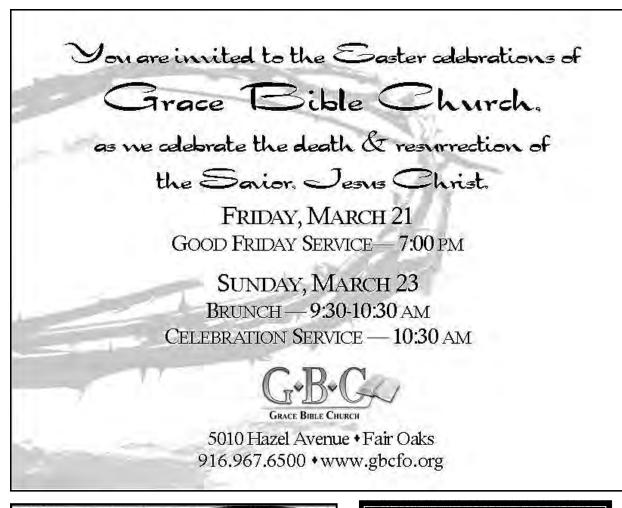
Easter isn't one day; rather, it is a season of 50 days sometimes called Eastertide, and goes from Easter Sunday to Pentecost. Ascension Sunday falls within this timeframe.

My dictionary was of little help in explaining the word "Maundy." Maundy Thursday, or Holy Thursday, is the day before Good Friday and commemorates Jesus' Last Supper in the upper room. Maundy refers to Jesus washing the disciples' feet, or washing the feet of the poor. Foot washing is often the center of a Maundy Thursday service. Further searching found the word Maundy to

come from Old French, Mande - a new commandment (John 13:34. Love one another just as I have loved you.)

Tenebrae in the Roman Catholic Church is the office of matins and lauds sung on the last three days of Holy Week. The word "tenebrae" means darkness and in some churches is a part of the stripping of the church (removal of the candles, the cross and whatever else is on the alter) in preparation for Good Friday services. Sometimes a tenebrae service starts with 12 candles, plus the Christ candle, lighted. The candles are all snuffed out and the Christ candle may even be hidden to signify the darkness which comes with Christ's death.

Some people would like us to jump from the high of Palm Sunday to an even greater high of Easter Sunday and skip the events of Good Friday. But if we think only of the resurrection we miss the whole idea of Christ dying to save us, which is what Easter is all about.







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by Wilson Casey

1. Is the book of Iscariot in the Old or New Testament or neither?

2. Which disciple doubted Jesus had risen unless he could see nail marks in His hands? Peter. Andrew. Thomas. *Thaddeus*

3. According to the apostle Paul, more than how many people saw the risen Christ at one time? 100, 300, 500, 1000

4. After the resurrection, Jesus first ate fish and ... ? Bread, Wine, Honeycomb, Manna

5. For how many pieces of silver did Judas betray Jesus? 10, 20, 30, 40

6. Where was Jesus crucified? Samaria, Colossae, Golgotha, Horeb ANSWERS: 1) Neither, 2) Thomas, 3) 500, 4) Honeycomb, 5) 30, 6) Gol-

> For more teasers, log on to www.TriviaGuy.com

gotha



Easter Worship Services

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Christ The King Lutheran Church 5811 Walnut Ave,

between Greenback and Madison Orangevale 988-2484 www.christthekingOV.org



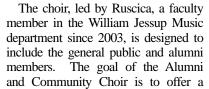
William Jessup Celebrates CD Release with Concert RILEY REVIEWS

Rocklin-William Jessup University's Alumni & Community Choir will release its first CD entitled "Bow the department since 2003, is designed to Knee" on March 18, Tuesday evening at 7:30pm. The release concert will be held in the Academic Warehouse and will be free to the public.

"Bow the Knee" recorded at Adventure Church Christian with members of the Alumni & Community Choir, and was produced by Tom Ruscica. The 10 song release features

an exciting blend of contemporary and strengthen the music ministries of Christian choral music and will appeal to a wide range of audiences.

"Bow the Knee' is a CD that best reflects who we are as a professional choir: relevant, exciting, and full of good news. It's our wish that this CD ministers to every individual who listens," said director Tom Ruscica.



proactive ministry that provides opportunities for individuals who have musical experience. With membership being recruited largely at the local church level, the choir is intended to help bolster

area churches while also being involved in a collegiate level performance group.

For more information regarding this event you can email the music department at music@jessup.edu or call Tom Ruscica at: (916) 577-2274. You can also visit the William Jessup University Website at www.jessup.edu.

About William Jessup University

Founded in 1939 by William Jessup, the University moved to Rocklin, California, in August 2004. WJU is the first and only WASC accredited private four-year university to have its main campus located in the greater Sacramento area, offering degrees in many different disciplines, including Business Administration, Christian Education, English, History, Intercultural Studies, Liberal Studies (Teacher Education), Music, Pastoral Ministry, Psychology, Public Policy and Youth Ministry. WJU also offers an adult Degree Completion Program at its campuses in Rocklin and San Jose in Counseling Psychology, Management & Ethics and Christian Leadership. For more information, please visit www. jessup.edu or call (916) 577-2200.

Tim Riley

THRILLING BRITISH **HEIST CAPER MAKES** "BANK JOB" GREAT FUN

THE BANK JOB (Rated R)

Though inspired by the true story of an infamous 1971 bank robbery that took place on London's Baker Street, "The Bank Job" is a highly-charged heist thriller that is not hobbled, at least creatively, by a surfeit of public knowledge of the real crimes. In the matter of the real bank job, frenzied press reporting quickly came to an end when the British government issued a news blackout. Then as now, speculation is entirely appropriate, given the swirl of corruption, murder and sex scandals that potentially engulfed a large number of players. The intrigue is ripe and fascinating, because the concealed truth is plausibly explosive.

The story offers a field day for inventive writers, and Dick Clement and Ian La Frenais, a top British writing team, are little known for their big screen scripts on the American continent, with the exception of "Flushed Away" and "Across the Universe." However, their flair for naturalistic dialogue reveals itself in "The Bank Job," considering that the plot revolves around a rather motley crew of petty criminals who are cleverly seduced into staging a daring robbery than far exceeds the group's normal ambitions. The ringleader of the so-called "walkie-talkie robbery" gang is used car dealer and part-time hustler Terry Leather (Jason Statham), who at the film's opening is neck-deep

in trouble with some nasty loan sharks. Wisely having avoided the big league scams, Terry nonetheless falls for the ostensible foolproof offer from old flame Martine (Saffron Burrows), a beautiful model from the old neighborhood who ran into serious trouble when returning to England with a suitcase full of blow. Martine convinces Terry that the opportunity of a lifetime resides in the underground vault of a Lloyds Bank in central London, where a roomful of safe deposit boxes is certain to yield millions in cash and jewelry. But what Terry and his hapless crew don't realize is that the boxes also

contain a treasure trove of dirty secrets. Owing her liberty to an MI5 operative, Martine is doing the bidding of agent Tim Everett (Richard Lintern), who is after the contents of one safe deposit box owned by West Indies black power militant Michael X (Peter De Jersey), a vicious slumlord and drug trafficker immune to government prosecution as long as he retains possession of incriminating photos of a member of the royal family. Once in control of the blackmail goods, the government would be able to shut down the brutal firebrand's sleazy operation. Terry's crew, which includes aspiring photographer Kevin (Stephen Campbell

Moore) and part-time porn actor Dave Shilling (Daniel Mays), proves to be almost as competent as they are intrepid in carrying out a mission of tunneling under a Chinese take-out joint to reach the bank's vault.

With a lookout posted on a roof overlooking the bank, the robbers communicate by walkie-talkies, and soon their chatter, often humorous and suggesting marginal ineptitude, is overheard by a ham radio operator who alerts the police. An element of suspense is introduced by the frantic efforts of the police to locate the crime scene. And though the robbers are successful in their efforts, there's a palpable feeling they might have been better off if they had been apprehended. As it turns out, some very nasty people become compromised by the loot that includes incriminating documents and diaries. Soho porn king Lew Vogel (David

Suchet) is extremely agitated at the discovery that his ledger of payoffs to corrupt police and government officials is among the stolen items. Assisted by crooked cops on his payroll, Vogel proves far more adept than the authorities at tracking down the criminals. This turns out to be a painfully ugly scene, as Vogel mercilessly tortures one of the crew in a very disturbing, extremely violent fashion. Since the highest echelons of the British government are touched by the robbery, the stakes become increasingly complicated, with Terry desperate to find the way out, if only because he doesn't want to lose his wife Wendy

daughters. "The Bank Job" is full of subplots, though they are mostly centered on sleaze, corruption, scandal, duplicity, double-dealing, murder, and even mayhem. Exciting and suspenseful, this caper fits in nicely with other classic British heist films. That Jason Statham got his start with director Guy Ritchie in notable British crime stories "Snatch" and "Lock, Stock and Two Smoking Barrels" is good enough reason that he's the mastermind in "The Bank Job." For those who enjoy this type of crime story, "The Bank Job" does a bang-up job of delivering a ton of

(Keeley Hawes) and his two young

DVD RELEASE UPDATE

Since the movie of the week features London, it's only fitting to pick the DVD release of "Outlaw," starring Sean Bean as a former paratrooper who returns from a tour of duty in Iraq to the present day lawless streets of London. The hero is appalled by what he sees in his homeland, and therefore assembles a group of like-minded souls who settle upon a form of vigilante justice. "Hitman" is also being released for home entertainment. Timothy Olyphant is a soulless assassin known only as Agent 47. So devoid of emotion, he makes no move on Olga Kurylenko. It makes no sense at all, because the pretty Olga is set to be a Bond Girl in the next James Bond adventure coming our way in November. Most likely, Olga is showing more flesh here than she ever will as 007's plaything. The "Hitman" DVD has an alternate ending, but I doubt it involves Agent 47 and the mysterious Russian girl settling for domesticity.



"Be Kind, Rewind"

Running time: 101 minutes MPAA rating: PG-13

Director Michel Gondry's "Eternal Sunshine of the Spotless Mind" is one of my favorite films, so I was really looking forward to seeing "Be Kind, Rewind."

The film stars Jack Black, Mos Def and Danny Glover. Glover is the owner of a small video rental shop in Passaic, N.J., that must be the only video store in the universe that still rents VHS — and VHS only.

Glover's assistant is Mike (Mos Def). Together they try to eke out a living and keep the business afloat in spite of the aggressive attempts by the city to gentrify his block and shut the store down.

Mike's buddy Jerry (Jack Black) is a tin-foil-hat-wearing kook who lives in a trailer down the street. One night while trying to sabotage the power station, Jerry somehow becomes "magnetized."

He walks into the video store the next day and accidentally erases every tape in the store.

The boys panic when their regular daily customer Miss Falewicz (Mia Farrow) shows up for her daily rental. She wants to rent "Ghostbusters." They tell her to come back in a few

Feverishly, the pair videotape a 20minute version of the film, which they rent to the woman. She shows it to her nephews, who realize the DIY version they're watching isn't the actual movie. But they don't care. They want to see more handmade remakes of movies.

Almost overnight, people from the neighborhood are wrapped around the building with requests for Mike & Jerry's films.



Jack Black

Because of Gondry's reputation, I knew "Be Kind, Rewind" would have a kooky, ridiculous and nearly unbelievable premise.

I didn't care.

I was swept away by the sweetness and innocence of the film. "Be Kind, Rewind" is like a modern-day fairy tale. There's an almost Frank Capraesque charm to the film that makes it endearing.

"Be Kind, Rewind," although not as good as "Eternal Sunshine of the Spotless Mind," is a wonderful, sweet little movie that's well worth your

time and money. **GRADE: B**

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A Lifetime of Memories Preserved for the Future

The message of every life is valuable and should not be buried with the mortal body and forgotten. Every one has a desire for their life to hold meaning and purpose and to have made some kind of beneficial difference in their world. Future generations that will come will have an interest in learning about their beginnings and why they happen to consider certain values and beliefs important. It is time for everyone to write them down!

There are three ways one can leave something lasting and tangible for future generations: They can be written as a Memoir, Legacy or Testimony.

MEMOIRS are for certain people who enjoy writing every detail and memory about their life. However there are interesting ways to do this and it can be an on going project. Others find this too much of a chore to do. Their option is to write their LEGACY which is a life message they want to leave for future generations to consider, hopefully

First Friday of every month.

2216 Sunrise, Rancho Cordova

Second Thursday of every month

California Publishers & Authors

First and Fourth Saturdays

3:00 p.m. Booklovers Bookstore

SW corner off Madison & Manzanita,

Third Tuesday of Every Month Sierra

7:15 p.m. Placerville SDA Church

Missouri Flat Road Exist off Hwv 50

Right onto Missouri Flat, immediate

right onto Mother Lode 916-600-3720

Take 2nd driveway into church parking.

toward Placerville Contact: Nicole Carlson

Sacramento Writers

6:45p.m Ascension Lutheran Church

(1st street North of Fwy. off Antelope)

7607 Garden Gate Drive, Citrus Heights

Second Saturday of every month Northern

10:00 a.m Merrill Gardens Senior Center

(off San Juan just East of Greenback) First

7418 Stock Ranch Road, Citrus Heights

Sacramento Christian Writers

Antelope & Hwy 80

Signal turn left

Carmichael

Christian Writers

Fellowship Hall

California Writers -Non-Fiction Network

living and implementing in their life. It is all about what is valued most in their life. Such as, living life by the "Golden Rule" and how it impacted their life. Then, there are those who have had a spiritual awakening and want to leave a TESTIMONY of a "defining moment" that changed life's direction and moved them into God's plan for their lives. They want to share the lasting influence it had to change and transform their lives.

A file cabinet called "the brain" compliments the machine we call a computer and it adorns most every home in our culture. Every event of a person's life is filed and stored away in their memory bank and at any given moment, recollection of an event can now be recorded and slipped into the recall bank of the computer. Story after story can be recalled, written and stored making their recollection of memories, saved forever and is tremendously easier than ever before.

We are willing and are available to

hold Workshops in your home with five or six people. The Workshop presents several new fresh ideas of just how one might begin. We have put together this informative information for interested families. A booklet of ideas and lots of questions will be given to each participant to help them stir-up memories they have long forgotten. The Workshop is only three-hours long. Cost is only \$45.00 per person.

Marlys is the author of five books with two articles in two other books. She writes a bi-weekly column on the church page of the American River Messenger. She is an active member of four writing groups in the local area and loves helping beginning writers get started writing their poems or stories.

Contact: Marlys Johnsen Norris (916) 961-0575 P.O. Box 5144, Fair Oaks, California 95628 or Marlysj@sbcglobal.net.

Writers Meetings

Third Monday Sacramento Suburban Writers 7:00 p.m. Fair Oaks Library South of 9:00 a.m. International House of Pancakes Madison on Fair Oaks Blvd., Fair Oaks

> Third Saturday of every month California Writers Luncheon Meeting \$13.00 non members 11:30 a.m. Ohana Garden Buffet (Go direct to Back Room) Arden & Watt, Sacramento

Third Tuesday of Every Month Sierra Christian Writers 7:15 p.m. Placerville SDA Church Fellowship Hall Missouri Flat Road Exist off Hwy 50 toward Placerville Contact: Nicole Carlson Right onto Missouri Flat, immediate right onto Mother Lode 916-600-3720 Take 2nd driveway into church parking.

Fourth Thursday of Every Month Sonrise Christian Writers 7:00 p.m. Fair Oaks Library Fair Oaks Blvd. just south of Madison Contact: Marlys Norris 961-0575

First Friday of every month. Non-Fiction Network of California Writers 9:00 a.m. International House of Pancakes Special Speakers ea. Mo. 2216 Sunrise, Rancho Cordova

Second Thursday of every month Sacramento Christian Writers 6:45p.m Ascension Lutheran Church Ethel Herr's Book Antelope & Hwy 80 Introduction to Christian Writing (1st street North of Fwy off Antelope) 7607 Garden Gate Drive Citrus Heights

Second Saturday of every month Northern California Publishers & Authors 10:00 a.m Merrill Gardens Senior Center Special Speakers 7418 Stock Ranch Road, Citrus Heights (off San Juan just -1st signal East of Greenback)

First and Fourth Saturdays Sacramento Writers 3:00 p.m. Booklovers Bookstore Assignments & Critique corner Madison & Manzanita, Carmichael,

Third Monday Sacramento Suburban Writers 7:00 p.m. Fair Oaks Library Special Speakers South of Madison on Fair Oaks Blvd., Fair Oaks

Third Saturday of every month California Writers Luncheon Meeting \$13.00 non-members 11:30 a.m. Ohana Garden (Go Direct to back room) Special Speakers 1731 Zinfandel Drive, Rancho Cordova

Got Events Coming Up?

Send us your entertainment news!

737-1111

Divine Savior Catholic Church will be hosting an

ALL you can eat Crab Feed

on March 29th.

Doors open at 5:30. Tickets can be purchased for ONLY \$35.00 per person by stopping by their office at 9079 Greenback Lane, Orangevale. They will be offering a No host bar, raffle and silent auction. Final day to purchase tickets is March 15th.

For more information or questions please call 989-7400 between 8 and 4 pm.



Butch and Dougie by Alex Howell







1. **Vantage Point**(PG-13) Dennis Quaid, Matthew Fox 2. **Jumper**(PG-13) Hayden Christensen, Samuel L. Jackson

3. The Spiderwick Chronicles (PG) Freddie Highmore, Mary-Louise

4. Step Up 2 the Streets ..(PG-13) Briana Evigan, Adam G. Sevani 5. **Fool's Gold**(PG-13) Matthew McConaughey, Kate

Hudson 6. **Definitely, Maybe**(PG-13) Ryan Reynolds, Abigail Breslin 7. **Be Kind Rewind**(PG-13) Jack Black, Mos Def 8. **Juno**(PG-13)

Ellen Page, Michael Cera 9. Welcome Home Roscoe Jenkins(PG-13) Martin Lawrence, Louis C.K. 10. There Will Be Blood(R)

Daniel Day-Lewis, Paul Dano © 2008 King Features Synd., Inc.

Trivia Answers

1. Maine 2. Billy Idol

3. Mary Quant

4. Yokum

5. Warren Harding, in 1920. The 19th amendment giving women the right to vote was ratified earlier that year.

6. Montana

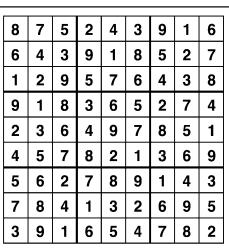
7. Ostrich

8. Alva 9. O. Henry

10. Checkers

King Crossword **Answers**

Solution time: 27 mins. PAW APT SCHOO



Magic maze **Answers**

— PASSED AWAY IN 2007

Good Samaritan Dies After Stopping to Render Aid at Traffic Collision



at approximately 10:45 p.m., a 44 year old man from Sacramento was killed after he stopped to render aid to parties involved in a roll over traffic collision. Kaili Jackson, a 20 year old

from Sacramento was traveling southbound on SR-99 south of Elkhorn Boulevard in a 2002 white Toyota Tundra. For unknown reasons, she allowed her vehicle to drift into the center divider where it struck the guardrail and overturned coming to rest

in the fast lane. A 44 year old man from Sacramento stopped on the right hand shoulder and walked across the lanes and asked the occupants in the Tundra if they were okay. Christina Garner, a 31 year old from Sacramento was driving a blue 1998 Jeep Cherokee on southbound SR-99 in the fast lane. As she approached the collision scene she observed the Tundra in the lane up ahead and she attempted to move to the slow lane but was unable to due to a silver Toyota Camry occupying the lane next to her. Garner applied her brakes and steered to the right in attempt to avoid the Tundra but was unable to. Garner's Jeep struck the

Tundra and then struck the pedestrian.

The pedestrian was pronounced dead at the scene (Sacramento Coroner's Report # 08—01463). The name of the pedestrian is not releasable pending notification of next of kin. Jackson and her passenger, Jeffrey Jackson were transported to UCD for complaint of pain. Jackson does not have a California Driver's License issued to her. Garner was not injured.

Southbound SR-99 was closed at Elkhorn Boulevard for approximately 2 hours. Drugs and/or alcohol do not appear to be a contributing factor.

This case is still under investigation.

Task Force Charges Ponytail Bandit with Roseville Bank Robbery



Sacramento, CA: The Sacramento Violent Crimes Task Force (SVCTF), comprised of Federal Bureau of Investigation Agents and

Sacramento County Sheriff's Department Robbery Detectives, and the Roseville Police Department have officially charged Morgan Michelle Hoke, aka Ponytail Bandit, with the May 23, 2007, robbery of the Wells Fargo Bank located at 2000 Douglas Boulevard, Sacramento, CA. Hoke was charged in United States District Court, Sacramento, California. Hoke, who was arrested in Bangkok, Thailand, in February of 2008, is responsible for bank robberies in Roseville, Austin, Texas, and Lynnwood, Washington (three total). Hoke

was nicknamed the Ponytail Bandit due to the ponytail hairstyle that she wore under a baseball cap during each robbery. Hoke appeared on the television show America's Most Wanted prior to her capture. Anyone with information regarding this robbery is asked to contact the FBI in Sacramento at (916) 481-9110, the Sacramento Sheriff's Department at (916) 874-5115, or Crime Alert at (916) 443-HELP. Callers can remain anonymous and may be eligible for a reward of up to \$1,000.00.

Rapist's New Trick

Be sure every woman is aware of this M.O. Share it with your wife and daughters. Know what money you are carrying... This was the first I have heard of a scheme like this. I wanted to pass it along. Be safe! Something very serious to pay attention to. Criminals are coming up with craftier, less threatening methods of attack, so we have to be extra cautious.

The Victim's Story

I live in Alexandria, VA, but I often work in Lafayette, LA, staying with friends when I'm there. As you know from America 's Most Wanted TV

program, as well as the news media, there is a serial killer in the Lafayette area. I just want to let you know about an 'incident' that happened to me a few weeks ago, and could have been deadly.

At first I didn't go to the police or anyone with it because I didn't realize how serious this encounter was. But since I work in a jail and I told a few people about it, it wasn't long before I was paraded into Internal Affairs to tell them my story. It was approximately 5:15 am. In Opelousas, La. I had stayed with a friend there and was on my way to work.

I stopped at the Exxon/Blimpie Pie station to get gas. I got \$10 gas and a Diet Coke. I took into the store two \$5 bills and one \$1 bill (just enough to get my stuff). As I pulled away from the store, a man approached my truck from the back side of the store (an unlit area). He was an 'approachable-looking' man (clean cut, clean shaven, dressed well, (etc.).He walked up to my window and knocked. Since I'm very paranoid and 'always looking for the rapist or killer,' I didn't open the window. I just asked what he wanted. He raised a \$5 bill to my window and said, 'You dropped this.' Since I knew I had gone into the store with a certain amount of money, I knew I didn't drop it. When I told him it wasn't mine, he began hitting the window and door, screaming at me to open my door, and insisting that I had dropped the money! At that point, I just drove away as fast as I could. After talking to the Internal Affairs Department and describing the man I saw, and the way he escalated from calm and polite to angry and volatile...it was determined that I could have possibly encountered

the serial killer myself. Up to this point, it had been unclear as to how he had gained access to his victims, since there has been no evidence of forced entry into victim's homes, cars, etc. And the fact that he has been attacking in the daytime, when women are less likely to have their guard up, means he is pretty BOLD.

So think about it...what gesture is nicer than returning money to someone that dropped it????? How many times would you have opened your window (or door) to get your money and say thank you.... Because if the person is kind enough to return something to you, then he can't really be a threat....can he????

Please be cautious! This might not have been the serial killer... But anyone that gets that angry over someone not accepting money from them can't have honorable intentions. The most important thing to note is that his reaction was NOT WHAT I EXPECTED! A total surprise! But what might have happened if I had opened my door? I shudder to think!

March 31, Monday 6:00 - 7:15 PM Orangevale Recreation and Park District Community Center Fair Oaks Community Meeting April 2, Wednesday 6:00- 7:15 PM Fair Oaks Recreation And Park District McMillan Center Bldg (south of the FO Library) 11549 Fair Oaks Blvd Agenda Introductions by Serveant Fric Buehler

0.00	Problem-Oriented Policing (POP) Unit Supervisor
6:05	Regional County news from Board of Supervisors, Chief Aid for Robe McGlashan, Ted Wolter
6:08	local County news from Department Neighborhood Services, Area Manager, Steve Young
6:10	Sheriff POP Projects presented by Problem Oriented Policing (POP) Sheriff Deputies Dave Kirby and Mike Hatfield
6:25	Residential Burglary Presentation by
	Community Services Specialist, Sherrie Waugh
6;55	Traffic issues, from California Highway Patrol, Officer Tim Gretler
7.00	Comment Material Conference of Parameter Property Comment

7:00 Sacramento Metropolitan Fire Department, Fire Prevention, Community Services Officer, Jill Conner 7:05 Community Building Initiative: First 5 Sacramento Commission. Program Planner, Jill Beyers Community grants program provides up to \$5,000 for activities and projects that benefit children 0-5 years.

Light Refreshments served

CITRUS HEIGHTS POLICE DEPARTMENT



DUI Arrest

Madison / San Juan (Fire Escape)

Officer stopped Chris Spurlock (10/2/78) for a vehicle code violation. After talking to Spurlock the officer determined he was intoxicated and was subsequently arrested for driving under the influence. Spurlock was booked into county jail.

03/04/08-0202 Hrs 496 PC Arrest Old Aburn / Tiara

Officer stopped Steven Richardson (3/15/86) for a vehicle code violation. Richardson initially identified himself to the officer by using his brother's name. Richardson's real identity was discovered and he was arrested. Incident to arrest a checkbook belonging to another party was located. Richardson was booked into county jail.

03/06/08-1910 Hrs

8325 Elgin Ct

6919 Franela Way

Officers responded to a domestic disturbance and subsequently arrested jeffrey baragia (6/4/63) pushing his wife into a door frame causing her to receive injuries.

03/06/08-0014 Hrs **Auto Burglary**

Officers responded to a neighbor's report of an auto burglary in progress. Prior to arrival the suspect exited one victim vehicle and broken into a second. Upon arrival officers contacted the suspect, Winifred Salas (10/4/87), who dropped two car stereo's from under his shirt. Salas arrested and booked into county jail.

03/08/08-1050 Hrs 459 (roof top entry)

6029 Greenback Lane

Officers responded to 6029 Greenback Lane (Star of Siam Thai restaurant) for a burglary report. Upon arrival officers discovered the burglars made entry through an air vent on the roof.

03/08/08-0953 Hrs

459 (rooftop entry)

7054 Sunrise Blvd.

Officers responded to 5024 Sunrise Boulevard (Alonzo's Pizza) for a burglary report. Upon arrival officers determined this to be a rooftop entry.

03/08/08-0106 Hrs

Greenback & Mariposa

Officer was traveling west bound Greenback. As he passed San Juan High School, the officer saw a silver vehicle traveling east bound in a west bound traffic lane. The officer estimated the vehicle speed at approximately 40 MPH. The vehicle nearly collided head on with the officer and another vehicle. The suspect pulled into a driveway as the officer activated his full emergency equipment and began to make a U turn. The suspect accelerated out of the driveway and again began to travel the wrong direction on Greenback at approximately 40 MPH in an attempt to evade officer.

DUI Collision

Early Sunday morning, Citrus Heights Police officers discovered a suspect driving recklessly in the wrong direction of Greenback Lane near San Juan

Greenback Lane/ Fair Oaks Boulevard

High School in the city of Citrus Heights. An officer and an uninvolved motorist had to take evasive action to prevent being struck by the wrong-way driver. The CHPD officer tried to conduct a traffic stop of the vehicle for reckless driving and the suspicion that the driver may be intoxicated. The driver evaded the officer during a brief vehicle pursuit. Although traffic was light, the suspect became involved in a traffic collision at the intersection of Greenback Lane and Fair Oaks Boulevard. The suspect struck a vehicle near the intersection. The force of the collision caused the victim vehicle to be propelled into the front of a nearby business. The driver of the suspect vehicle and the two passengers of the victim vehicle were transported by ambulance to the hospital. All of the involved parties are in stable condition with moderate injuries. The eighteen-year-old suspect, Fernando Juarez (05/30/89), was arrested for evading police, driving while intoxicated, and driving without a license.

CRIME REPORTS

From The Sacramento County Sheriff

	Time	Crime	Address	Location Type
Fair Oaks				• •
2008-03-04	22:17	Narcotics	Papaya Dr / Palmdell Way	Highway/road/alley
2008-03-05	18:00	Vandalism	4000 block of San Juan Ave	School/college
2008-03-06	14:30	Drunkenness	Manzanillo St / Sunset Ave	Highway/road/alley
2008-03-06	18:00	Burglary From Vehicle	4600 block of Kenneth Ave	Vehicle
2008-03-06	19:40	Larceny/Theft	5400 block of Dewey Dr	Grocery/supermarket
2008-03-06	20:30	Burglary From Vehicle	8000 block of Westcamp Rd	Vehicle
2008-03-06	22:30	Vandalism	4800 block of Sunset Terrace Ln	Vehicle
2008-03-06	23:00	Burglary Residential	8000 block of Withrow Ct	Residence/home
2008-03-07	16:00	Burglary Business	10500 block of Fair Oaks Blvd	Other/unknown
2008-03-07	17:50	Burglary From Vehicle	8800 block of Timm Ave	Vehicle
2008-03-08	16:28	Larceny/Theft	5400 block of Dewey Dr	Grocery/supermarket
2008-03-09	07:15	Homicide	7900 block of Archer Ave	Residence/home
2008-03-09	10:00	Burglary From Vehicle	Bridge St / Capitola Ave	Vehicle
2008-03-09	16:45	Simple Assault	4700 block of San Juan Ave	Liquor store
2008-03-09	21:00	Burglary From Vehicle	4800 block of Skyway Dr	Residence/home
2008-03-10	01:55	Burglary From Vehicle	4400 block of Las Encinitas Dr	Highway/road/alley
2008-03-10	10:45	Burglary From Vehicle	Bridge St / Capitola Ave	Vehicle
Commished				
Carmichael	10.20	D1 D: d4:-1	4200 blasta of Hastalana I a	D: 1
2008-03-04	18:30	Burglary Residential	4200 block of Hackberry Ln	Residence/home
2008-03-04	21:54	Vandalism	5900 block of Telesco Way	Residence/home
2008-03-04	22:30	Vandalism	6000 block of Telesco Way	Residence/home
2008-03-05	09:58	Drunkenness	5500 block of Woodleigh Dr	Residence/home
2008-03-06	12:05	Burglary From Vehicle	3900 block of Maudray Way	Vehicle
2008-03-06	12:20	Drunkenness	2400 block of Mission Ave	Parking lot/garage
2008-03-06	18:00	Simple Assault	4700 block of Knapp Way	Residence/home
2008-03-08	16:20	Burglary From Vehicle	3300 block of Mission Ave	Parking lot/garage
2008-03-09	20:05	Narcotics	Fair Oaks Blvd / Stanley Ave	Highway/road/alley
2008-03-09	22:30	Vandalism	6100 block of Oakgreen Cir	Highway/road/alley
Orangevale				
2008-03-05	22:00	Burglary Business	8800 block of Greenback Ln	Restaurant/fast food
2008-03-06	02:00	Vandalism	6100 block of Hazel Ave	Rental storage facility
2008-03-07	00:00	Burglary From Vehicle	8300 block of Juglans Dr	Vehicle
2008-03-07	20:00	Burglary Residential	9600 block of Virlin Ct	Residence/home
2008-03-08	00:04	Vandalism	8300 block of Juglans Dr	Vehicle
2000 02 00	05.00	D 1 D 1	(10011 1 (3) 5)	0 1

6100 block of Main Ave

9200 block of Castlemont Cir

7300 block of Redwing Ct

9100 block of Terramore Dr

7300 block of Hickory Ave

7900 block of Hazel Ave

7700 block of Hazel Ave

5800 block of Pecan Ave

Specialty store

Residence/home

Residence/home

Residence/home

Church/synagogue/temple

Vehicle

Vehicle

Vehicle

Burglary Business Burglary From Vehicle

Burglary From Vehicle

Aggravated Assault

Burglary Business Simple Assault

Vandalism

Vandalism

2008-03-08

2008-03-08

2008-03-09

2008-03-09

2008-03-09

2008-03-09

2008-03-09

2008-03-10

05:00

22:00

18:00

19:00

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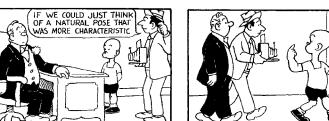






























The Spats

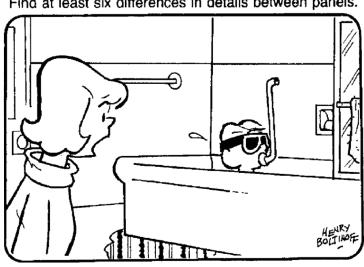
by Jeff Pickering





BY HENRY BOLTINOFF **HOCUS-FOCUS**

Find at least six differences in details between panels.



visible. 5. Snorkel is longer. 6. Soap dish is higher. Differences: 1. Towel is missing. 2. Mom's hair is longer. 3. Puddle is bigger. 4. Water in tub is not

Afflicting approximately one in every 199 people in the United

States, Lewy Body Dementias (LBD) are a collection of related

brain disorders. The common ties between these disorders are the

presence of "Lewy bodies" (abnormal protein deposits) in the brain

and varying combinations of certain cognitive, motor and psychiatric

Lewy Body Dementia exists either in pure form, or in conjunction

with other brain changes, including those typically seen in Alzheimer's

disease and Parkinson's disease. However, the symptoms of Lewy

Body Dementias vary from person to person and can change from

day to day, making it very difficult to diagnose.

- U.S. STATES: Which state's capital
- is Augusta?
- 2. MUSIC: Who sang the 1980s hit
- 3. GENERAL KNOWLEDGE:
- What fashion designer introduced the
- 4. COMICS: What was L'il Abner's
- last name in the comic strip?
- 5. U.S. PRESIDENTS: Who was the first president for whom women could cast a ballot?
- 6. GEOGRAPHY: What state lies directly below the Canadian province of Alberta?
- 7. ANIMAL KINGDOM: What bird
- is the fastest runner on land? 8. SCIENCE: What was inventor
- Thomas Edison's middle name?
- 9. LITERATURE: What was the pen
- name of William Sydney Porter? 10. LANGUAGE: What kind of game
- is "draughts" in Great Britain?

Lewy Body Dementia Seminar April 5th

Weekly **SUDOKU**

by Linda Thistle

		5		4			1	
6			9			5		
1	2				6			8
9					5		7	
	3		4			8		
		7		2		3		9
5			7		9		4	
	8			3		6		
		1	6					2
Place a number in the empty boxes in such a wa								

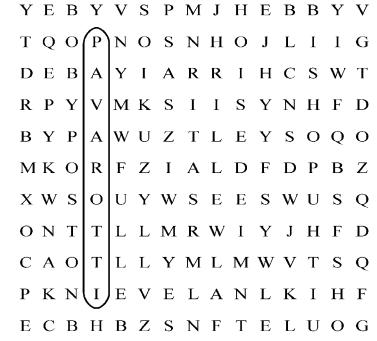
that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging **★★★ HOO BOY!**

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MAGIC MAZE ● PASSED AWAY



Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Bill Walsh Bishop Falwell

Helmsley Knievel Pavarotti Poston

Rizzuto Schirra Sills Snyder

Tammy Faye Wyman Yeltsin

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All Answers on Page 12

Contract Bridge

PIÉCE DE RÉSISTANCE

South dealer. North-South vulnerable. NORTH ↑ A 7 6 2 ▼ A 9 8 4 ♠K 10 8 ♥ 6 2 ♦ Q J 10 5 SOUTH East

The bidding: West **South** 1 ♥ 4 ♥ North 3 ♥ Pass

Opening lead — five of clubs.

Assume you're in four hearts and West leads a club. You can see at a glance that if either black-suit finesse ing the club finesse.

East wins dummy's queen with the king and shifts to the queen of dia-monds. It doesn't particularly matter

were to succeed, you'd make the con-

whether you win this diamond or the next one with the ace; sooner or later you'll have to try a spade finesse to make the contract. When you do, East turns up with the king, and you go

If by any chance you played the hand this way, you could try to assuage yourself by blaming the bad luck you had in losing both finesses. You could argue that the odds were 3-1 that at least one of the finesses would succeed. But this argument could be shot down by your partner, who might say with some asperity that you had blown an ice-cold con-

All you had to do, he might say, is go up with the ace of clubs at trick one, draw trumps, lead the queen of spades and finesse. True, you'd lose the queen to the king and East would cash the king of clubs before shifting to a diamond, but this would not stop you from making the contract.

You'd win the diamond with the ace, cash the jack of spades, cross to dummy with a trump and discard a diamond on the ace of spades. You could then concede your remaining diamond to the enemy, but you would six hearts, two have 10 tricks spades, a club and a diamond - to show for your efforts.

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🗕 by Steve Becker 🕳

Parents Monthly is putting on their 3rd Annual **Summer Camp Fair**

Parents Monthly is the only locally owned and operated business who hosts a Summer Camp Fair for the Sacramento community. Our 3rd Annual Camp Fair will be held at the Westfield Galleria at Roseville, Saturday, April 5th from 10 am to 5 pm.

As summer approaches parents start to consider summer fun for their children. Camping offers kids a great opportunity to experience nature plus a great way to socialize with kids their same age. Other benefits are: boosts self-esteem, team work, self-confidence, leadership, etc.

A variety of camp programs that will be at the event are: Rock Climbing, Gymnastics, Water Sports, Arts & Crafts, Equestrian, Modeling, Robot Making and Tech Camps, Video Production and Much More!!

This event offers an opportunity for parents & their children to actually talk face to face with someone affiliated with a summer program they may be considering. Variety of fun located in one convenient location. There will be handson activities and live bunnies!! There is no cost involved for parents to come out and have some fun with their kids while being educated about programs that are out there for their kids to experience. For more information please contact

Tracy Boley - 916-718-3952 akwinter2003@yahoo.com

PBS Premieres Caring For Your Parents...

On April 2, watch the two-hour special that draws muchneeded attention to the universal reality of caregiving. Caring for Your Parents underscores today's struggle to keep parents at home, tensions between siblings, and the complexity of shifting caregiver roles through an intimate look at five American families. For more information, visit http://www.pbs.org/wgbh/caringforyourparents/. KVIE will air the program on April 2 at 9 pm and repeat it on April 3 at 2 pm,

Call to Artists

The Sacramento Fine Arts Center invites artists to enter our Annual Open Exhibition "Magnum Opus XIX" July 29 - August 16, 2008 at the Sacramento Fine Arts Center Galleries. Open to creators of original art. All media. Exception: no

film or crafts. Awards: Best of Show \$500. Plus over \$3000 in cash and

merchandise awards. Juror: Scott Shields Ph D. Chief Curator/Associate

Director, Crocker Art Museum, Sacramento.

Fee: \$20 per work or 5 for \$80, non-refundable.

Hand deliver: Friday July 11 from 1:00-4:00pm or Saturday, July 12 from 11:00 am - 4:00 pm.

Download prospectus/entry form www.SacFineArts.org or send SASE Magnum Opus XIX, Sacramento Fine Arts Center, 5330-B Gibbons Drive, Carmichael, CA 95608. Information: Sacramento Fine Arts Center: 916.971.3713

Exterior Lighting for Homeowners

When: Wednesday, April 9 Time:

6 p.m. to 8 p.m.

Where: SMUD Customer Service Center, 6301 S Street, Sacramento

What personality does your home take on at night? Have ou ever considered lighting up the outside of your home? Michael Sestak will teach you the different techniques and rules of thumb to lighting the exterior of your house, yard, pool and more.

The workshop is free. Class size is limited and preregistration is required. Customers can register online at: smud.org, e-mail etcmail@smud.org or call 916-732-6738

Carmichael Geranium Society **Festival and Sale**

Saturday, April 26, 2008 10 a.m. - 3 p.m.

Carmichael Clubhouse, 5750 Grant Avenue

Award winning geraniums will be on display and for sale. The event will include ceramic handmade pots for sale, and free advice on potting and planting geraniums. For more information call Nancy Blair (916) 332-1493 or the District Office (916) 485-5322.

Organic Garden Club Flower Show and Sale

Saturday, April 12, 2008 Carmichael Clubhouse, 5750 Grant Avenue

10 a.m. - 3 p.m.

Come enjoy and purchase organically grown plants (shrubs, small trees, flowers, and so much more) This event is Free and open to the public. For more information call Joyce at (916) 944-4955 or the District Office at (916) 485-5322.

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So mark your calendars for April 5th and don't miss "Understanding Dementia and Lewy Body Dementia", an educational seminar. Denise Davis, Program Director for the Alzheimer's Association's Northern California/Northern Nevada-Greater Sacramento Area, said, "I am so excited about collaborating with the Parkinson Association of Northern California (PANC), Lewy Body Dementia Association (LBDA) and the Del Oro Caregiver Resource Center

on such an exciting and timely education symposium for family caregivers and individuals with dementia. We are hoping to continue this collaboration with a care recipient and caregiver support group for persons with Lewy Body Dementia---the first in the Greater Sacramento region!" "Understanding Dementia and Lewy Body Dementia" will be on

Saturday, April 5th. Registration begins at 8:30 a.m. and the seminar starts at 9:00 a.m. at Peace Lutheran Church at 924 San Juan Road in Sacramento. The seminar is free but you must register in advance by contacting PANC.

There will be two excellent speakers. Dr. Shawn Kile, neurologist from the Sutter Neuroscience Medical Group. Dr Kile has a special interest in treating cognitive disorders and has published articles on traumatic brain injury, encephalopathy, complex partial seizures, neurospychiatric disorders, and dementia.

Also speaking will be Dr. Vicki Wheelock, movement disorder neurologist, specializing in Parkinson's disease, Huntington's disease, and dystonia, and she has expertise in deep brain stimulation.

Davis Medical Center. In addition to these two wonderful speakers, the

Dr. Wheelock is an Associate Clinical Professor at UC

collaborators will all be on-site. All four associations are excellent resources and will have lots of resource materials available. If you are interested in respite care for the seminar time period, please contact Del Oro Resource Center (early as this is limited). There are continuing education units available for each of these professions: nurse, CAN, HHA, LCSW, LMFT, RCFE Administrators, and Nursing Home Administrators. Please contact PANC for more information.

The collaborators are reaching out to the Dementia and Lewy Body Dementia community and are planning to form a Lewy Body Support Group. More information about the Lewy Body Support Group, including the opportunity to join, will be available at the seminar.

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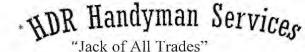
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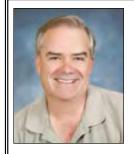
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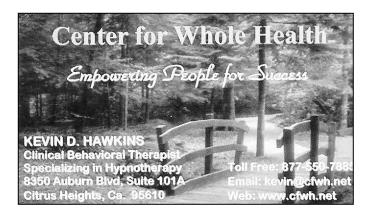
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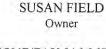
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14 Heart line?

- **lyricist**
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12:00 to 4:00 p.m.

Seventy five Percent of all jewelry profits from the sale of Silpada's sterling jewelry at the Gold River Racquet Club Wine & Art Festival will directly benefit the Gold River Stingray organization.

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Stingrays Begin Swim Clinics

Spring is in the air with the beginning of the Stingrays Swim Clinics starting Monday, March 3, 2008. Each week will focus on drills and skill development of each stroke beginning with freestyle the first week, then backstroke, breastroke and butterfly during each successive week during the month of March. The coaching staff for the clinics includes new coaches Jeff Float and Jenn Fiener along with Stephanie Mongalo and

Masters' coach Sandy McDonald. There will be a Stingrays Swim Team registration day on Saturday, March 8 from 9:00 am-noon at GRRC for all club members that haven't signed up for the summer program. The coaching staff is excited about the positive changes in the program including dry land training and 916-638-7001 x30.

increased practice times for the 6-10 year old age groups. Please log onto your swim team website at www.goldriverstingrays.org for all of the new practice schedules, swim meet schedule, important swim team dates along with downloadable March swim clinic and swim team registration forms.

Head coach Jeff Float is also available for private swim lessons by appointment only around the swim clinic and swim team practice schedules during the upcoming spring and summer months. Private lessons include stroke analysis via underwater photography along with use of the Floatwister vertical swim trainer for balance, coordination and strength development. For an appointment, or to learn more, call Jeff at



Capitals Announce New Partner Bob Cook



Real estate developer Bob Cook has purchased a 50% interest in the Sacramento Capitals, the reigning World TeamTennis Pro League champions. Cook, owner of Bob Cook Development, LLC, was one of the original partners that purchased the NBA Kansas City Kings in 1983 and helped the team move to Sacramento in 1985. He remains a partner in the operation of the Sacramento Kings, the Sacramento Monarchs and Arco Arena with the Maloof family. Terms of the deal were not disclosed.

Lonnie Nielson, owner of the team for 10 years, is pleased to have Cook on board with the team. "He brings tremendous sports business experience to the Capitals

with his ownership in the Kings," said Nielson. "Bob has diverse contacts in the community, and he is interested in seeing the team be even more successful on the court and off the court. I am looking forward to a great partnership.'

Cook is excited to become involved in a business focused on one of his favorite activities. "I love tennis," said Cook. "Lonnie and the Capitals staff have been committed to running a best-in-class operation and that has been reflected in their success on the court and their tremendous fan support. I'm excited to be part of it as we work towards taking the Capitals to the next level."

Cook and Nielson are also collaborating on Le Rivage, a new luxury hotel in Sacramento (pictured - 1., Nielson, and r., Cook). The two, along with other partners John Chandler and Bob Leach, hosted a January 31st ribbon-cutting celebration to launch the new venture. The 105-room boutique hotel will be one of Sacramento's finest additions. Nielson said, "It's

a unique opportunity to create a new energy along the river with this oneof-a-kind development. I'm pleased to partner with Bob, John and Bob. I look forward to many fun nights at Scott's and LeRivage with my clan of 8 kids."

About the Sacramento Capitals: The Capitals will play their 23rd season of World TeamTennis action July in Allstate Stadium, Westfield's Galleria at Roseville, July 3-23. For the second consecutive year, the defending title-holders will host the World TeamTennis Championship Weekend, July 24-27. The Capitals won a league-record 6th King Trophy last July with an exciting win over the New York Buzz of Schenectady, N.Y. Season tickets for 2008, including Championship Weekend tickets, are on sale now at 916-638-4001 ext.111.

About LeRivage Hotel: LeRivage Hotel is 105-room boutique hotel located at 4350 Riverside Boulevard, Sacramento, Calif. For reservations call 800-323-7500.

Dusty Baker International Baseball Academy



Dusty Baker, Manager Cincinnati Reds

The Dusty International Baseball Academy returns this year and celebrates its 25th "Silver" Anniversary. Dave Stewart, Shawon Dunston, Jim Barr are among the twelve former major leaguers and veteran group providing instruction to students age groups; 9-12, 13-15 and 15-20 at the Sacramento area site. Approximately 5800 of the 7900 previous academy participants have moved on to high school, college and profession baseball. This is a fantastic learning experience

young baseball players. Activeoutstandinggraduates

and training program for

are current major leaguers Geoff Jenkins, Derek Lee, and Darren Oliver and the 2007 Cy Award winner Carsten C.C. Sabathia.

a Brochure call 1-530-644-3067, or E-Mail: bdcarmichael@sbcglobal.net

> Visit Dusty's website at www.dustybaker.com



NAYS Annual Spring Youth Basketball Tournament

Last Call! North American Youth Sports Annual Spring Youth Basketball Tournament in the Stockton, California area has several remaining openings!

North American Youth Sports announced today that they still have several remaining openings in their annual spring youth basketball tournament in the Stockton, California area at Bear Creek High School on April 18-20, 2008.

This tournament will feature ten different brackets. They include 5th-6th grade boys; 5th-6th grade girls; 7th grade boys; 7th grade girls; 8th grade boys; 8th grade girls; 9th-10th grade boys; 9th-10th grade girls; 11th-12th grade boys; and 11th-12th grade girls. All grades are based on the grade in which a student is currently enrolled.

The entry fee for this tournament is \$125 and guarantees each team a minimum of two games. There will be awards presented in each bracket.

The entry deadline is March 28,

For additional information or an entry form, please call the toll-free NAYS spring tournament hotline at 1-866-352-5915 or tournament director Cynthia Phipps at 209-482-6555.

Home Delivery Routes Available

Citrus Heights, Carmichael, Fair Oaks & Orangevale. Must have valid CA Drivers License & Current Auto Insurance. Independent Contractor.

American River Messenger 773-1111

Stingray's 3rd Annual Fund Raiser Featuring Silpada Designs Jewelry at Gold River Racquet Club Wine & Art Festival Saturday, April 5th Bob Oliver Baseball Academy Golf Tourney May 8th & 9th

This years golf tournament to support Party. This is a great the Bob Oliver Baseball Academy and the Volunteer Center of Sacramento is set for Friday May 9th, 2008 at the beautiful Lincoln Hills Golf Course. In addition, we will be holding an exciting pairing party at Laughs Unlimited in Old Sacramento on Thursday May 8th.

Our list of invited celebrity golfs includes Hall of Famer Ferguson Jenkins, World Series MVP Dave Stewart, Johnny "Blue Moon" Odom, Doc Ellis, Lloyd Moseby, Bert Campaneris, Jim Barr, Gene Locklear, Billy North & More! This is your chance to golf with these great players, each three some will be pared with a celebrity golfer.

Sponsorships of all levels are still available. Keep in mind that sponsors will be able to choose their celebrity playing partner based on a sponsorship level and a first-come / first-serve basis. There will also be an exciting paring party for where sponsors and their guest can enjoy food, drinks and entertainment with all the celebrity golfers. Contact Frank Kennedy at the Volunteer Center of Sacramento (916)567-3100 x107 or e-mail him at fkennedy@volutneersac.org.

Exciting Pairing Party Thursday May 8th! New this year is our exciting Pairing

opportunity for the sponsors and their guests to meet with all of the incredible celebrity golfers. We will have food, silent auctions and a the comedy of Cash Levy. The party will be held at Old Sacramento's Laughs Unlimited Thursday May 8th Beginning at 6:00 pm.

About Bob Oliver Baseball Academy

Since 1999, Bob Oliver's Academy of Baseball (BOBA) has provided baseball programs to more than 3,000 young people in the Sacramento region.

Bob Oliver has seen that the physical activity and discipline required for team sports such as baseball provide lifelong psychological and emotional benefits to young participants. This belief is supported by a wide variety of social research over past decades. The BOBA program helps young people develop more of the "resilience" they need to combat the negative factors they face



in their daily lives.

By supporting the 2nd Annual Bob Oliver Baseball Academy Proactive Golf Tournament you will be helping both the Volunteer Center of Sacramento and Bob and his dedicated team improve the lives of the regions youth and give them the tools they need to succeed in life.

Don't miss your chance to support Bob and his academy by participating and sponsoring this event. Contact Frank at (916)567-3100 x107 or at fkennedy@ volutneersac.org to secure your position.

Health Net & The Legends Fitness Challenge



Cardte Hicks

Health Net is partnering with The Legends Kids First and the Sacramento Kings to sponsor three-day mini-camps for children in Sacramento. These clinics are free. These clinics, powered by The Legends' Cardte Hicks, a former professional basketball player and motivational speaker are designed to empower youth to take control of their health through nutrition education and physical fitness. The camps are designed for children ages 7-14.

These free fitness challenge programs will provide; the keys

to nutrition, physical activity and a healthy lifestyle, the value of obtaining life skills and building positive self-esteem, and the unique opportunity to play with legendary athletes.

Next Clinic - North Sacramento, March 24/25/26 /9:00-2:00 p.m, Robertson Community Center, 3525 Norwood Avenue.

Volunteer and **Participant Registration:** Please Call: Hicks, Founder, Cardte The Legends: Kids 916-519-1668 or register online at: www.thelegends.org

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AMERICAN LUNG ASSOCIATION® of California

Dana Reeve's Sister Shares Inspirational Story

Sacramento, CA - Celebrating Women's Health Month and Mother's Day, the American Lung Association of California and Deborah Morosini, M.D. – sister of the late Dana Reeve, who died from lung cancer - will honor women with lung cancer and educate community, business and government leaders about the vital role they play in preventing lung cancer at Sacramento's inaugural Inspire Women & Lung Health Luncheon on May 8, 2008. The luncheon will be emceed by KCRA 3 News Anchor Edie Lambert at the Sacramento State Alumni Center from noon to 1:30 p.m. and feature the American Lung Association of California's Honorary Statewide Chair Dr. Morosini as its keynote speaker. Registration will begin at 11:30 a.m.

"When I found out Dana had lung cancer, there are no words to express how devastated I was," said Dr. Morosini. "There is a stigma around lung cancer because so many people think smokers brought it on themselves. It's troubling to think we as a culture blame people for this disease. Nobody deserves to get lung cancer. The fact is, smoking causes lung cancer and if you don't smoke you can lower your risk. But other things can also cause lung cancer and we really don't know much about what those are "

Lung cancer survivors, family members and friends are invited to share their personal stories with the

NAPSA)-In important news for

homebuyers, the tax deduction for private

mortgage insurance is now good through

the 2010 tax year. The extension of the tax

deduction makes mortgage insurance a more

attractive choice for buyers interested in

entering the housing market or refinancing

Mortgage Insurance Tax Deduction

The original deduction approved in 2006 applied only to homes purchased

and premiums paid in 2007. The extension

passed by Congress extends the deduction

an existing mortgage.

New News About the

stories will be incorporated into a special tribute at the event.

Lung cancer kills more women than breast, cervical and ovarian cancers combined, while one in five women diagnosed with lung cancer have never smoked. It is also the leading cancer killer in both men and

The American Lung Association funds lung cancer research and provides patients, families and friends with lung cancer resources and tools, including free online treatment options at www.lungusa. org/lctreatment.

"The American Lung Association of California is alarmed by the increasing number of women dying from lung cancer with more than half dying within one year of diagnosis," said Barbara Beedon, regional vice president of the American Lung Association of California. "Through this luncheon, we want to inspire the community to join the fight against lung cancer and support early detection research, smoke-free living and healthy air initiatives year round."

The luncheon will include remarks from lung cancer specialist and Assistant Professor Sarita Dubey, M.D. from the University of California, San Francisco, and Carol Howle, who will speak about her personal loss of several family members to lung cancer. Sacramento's Honorary Committee

association by March 30. Selected Chair Mayor Heather Fargo will also attend the event.

Tickets are \$150 per person. For event registration information, sponsorship opportunities, and to submit personal stories, visit www. inspire2008.org or contact Trista Jensen at 916.554.LUNG (5864) x241 or tiensen@alac.org.

For more information about lung cancer or the American Lung Association of California, Sacramento's premier health voice on environmental and lung health issues, visit www.californialung. org or call the American Lung Association's free HelpLine at 800. LUNG.USA to speak with a nurse or respiratory therapist.

About the American Lung Association

Beginning our second century, the American Lung Association is the leading organization working to prevent lung disease and promote lung health. Lung disease death rates continue to increase while other leading causes of death have declined. The American Lung Association funds vital research on the causes of and treatments for lung disease. With the generous support of the public, the American Lung Association is "Improving life, one breath at a time." For more information about the American Lung Association or to support the work it does, call 1.800. LUNG.USA (1.800.586.4872) or log on to www.lungusa.org.

Mortgage Insurance

percent tax deductible for families and individuals earning \$100,000 or less when they purchase a home between January 1, 2007 and December 31, 2010. Families earning up to \$109,000 can take advantage of a partial deduction.

"This legislation has the potential to help thousands of low- and moderate-income Americans secure affordable mortgages that keep them in their homes and keep their communities strong," said Steve Smith, Chief Executive Officer of The PMI Group, Inc. "Insured loans are much more attractive in today's market because credit is difficult

The Benefits of Mortgage Insurance

The mortgage insurance tax deduction gives buyers an excellent reason to consider purchasing or refinancing their home with private mortgage insurance, but it is not the main benefit of a policy.

"The median home price in the United States today is over \$200,000, which means

and sustainable, it is vitally important that people have access to safe, affordable, longterm mortgage financing," said Conrad Egan, president and CEO of the National benefits of mortgage insurance is that mortgage with a down payment of as little as 3 to 5 percent."

The Mortgage Insurance Companies of America, a national trade group, has estimated that the deduction can save the average family \$200-\$400* annually.

*PMI cannot provide tax advice. You may want to consult with your own tax adviser concerning the applicability of this new deduction in your particular circumstances under the Internal Revenue Code and the



payment of 20 percent," said David Katkov, President and Chief Operating Officer of PMI Mortgage Insurance Co.

"In order to make homeownership safe Housing Conference. "One of the major it allows borrowers to build equity in a home by securing a predictable, fixed-rate



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By Delia Fling

Whether you are a first time homebuyer, investor or in need of a refinance, RUN, don't walk, to your lender. If you are a regular reader of my column, you know I don't mince words. Now is the time.

The Federal Reserve has been on a mission to keep the credit markets awash in liquidity to help them through problems far more serious than just coping with the sub-prime bubble. The Federal Reserve is the headliner in the Greatest Show on Earth, and their tight rope act is without a net. The force of inflation is being virtually ignored so as to take care of an economy that is "recessioning" (verb t.). Visualize with me that the FED is doing this

blast is another interest rate cut or one of the various market "interventions" whose purpose is to calm the "vippie" credit markets. If the FED succeeds with this strategy, and we hope they do, the economy will start growing more rapidly. If that happens, the need for this accommodative monetary policy will disappear. That means interest rates will start going back up. More prosperity means more disposable income, some to buy houses...result - housing market rebounds.

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balance, but rather with a fire extinguisher

in its hand. Each consecutive extinguisher

In the meantime, the side affect to this strategy will be inflation. With interest rates forced down so aggressively to keep our

Are You Answering? problem. The pressuring down of rates much more than would normally be necessary to stimulate the economy has a boomerang effect. The stimulus will be stronger than anticipated. Prices will rise - and could rise rapidly. This will warrant a significant reversal in interest rates back up. Don't be fooled - this could happen within a year not

> What does this mean? Interest rates are not going to stay low long. Real estate values will start stabilizing as inventories lighten up. Today's opportunity will be in the near distant past.

If you want to take advantage of the current markets, call us for a complementary credit and home valuation. Opportunity is all around you; are you listening?

Delia Fling is a Mortgage Planner with TransPac in Fair Oaks. Contact her for questions or comments at 916-284-0066 or deliaf@transpacllc.com.

County Seeking New Name for Goethe Park

Region's park users and residents asked to weigh-in

The County of Sacramento is renaming C.M. Goethe Park, located along the southern bend of the American River. To gather ideas about possible new names and gauge public reaction to the five names previously suggested, a survey is being launched March 4 through March 30, 2008 at www.sacparks.net.

"It's essential we gather input from a broad spectrum of Sacramento residents and stakeholders," said Director Gary Kukkola. "To find a name that equals the beautiful 444-acre park, we are doing extensive public outreach. We hope to build some consensus before we make our recommendation to the Recreation and Park Commission and Board of Supervisors.'

The renaming process began as a response to citizen requests; the Board of Supervisors voted for the name change in January. Though the Park's namesake was a renowned philanthropist and naturalist. the name was no longer considered appropriate since he was a promoter of a social movement known as eugenics.

"Suggestions from residents are important to us, and we want to hear from everyone," said Dan Gonzales, Recreation and Park Commissioner. Residents wishing to weigh in via telephone, or to receive a survey in the mail, may call 916-875-6961. A self addressed, postagepaid envelope will be included to return their survey.

A naming committee comprised of two American River Parkway Advisory Committee members, one Recreation and Park Commissioner and two County staff members will sort through survey responses. The committee will choose a name to recommend based on several factors including community input and compliance with Parks naming policy. (the policy is available on the Parks website)

The five names previously suggested

1) Nisek'aw Park – based on words from the Maidu Tribe of Native Americans meaning "our land"

2) Leidesdorff Ranch- named after a prominent Californian pioneer in the late

3) River Bend Park - based on a geographical feature of the park, as the river makes a significant U-shaped bend at the location of the Park

4) Willow Bar - highlights the Park's gravel bar that hosts variety of



Charles Mathias Goethe

5) Live Oak Park - inspired by the unique abundance of Live Oak trees

staff recommendations to the American River Parkway Advisory Committee, and the Recreation and Park Commission, both in April. Final recommendations should go before the Board of Supervisors for approval in May.

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CHUCK BALDWIN LIVE

Who Looks Foolish, Alamo Heroes or Us?

By Chuck Baldwin

During this week back in 1836, the Alamo fell. For more than 13 days, 186 brave and determined patriots withstood Santa Anna's seasoned army of over 4,000 troops. To a man, the defenders of that mission fort knew they would never leave those ramparts alive. They had several opportunities to leave and live. Yet, they chose to fight and die. How foolish they must look to this generation of spoiled Americans.

It is difficult to recall that stouthearted men such as Davy Crockett (a nationally known frontiersman and former Congressman), Will Travis (only 23 years old with a little baby at home), and Jim Bowie (a wealthy landowner with properties on both sides of the Rio Grande) really existed. These were real men with real dreams and real desires. Real blood flowed through their veins. They loved their families and enjoyed life as much as any of us. There was something different about them, however. They possessed a commitment to liberty that transcended personal safety and comfort.

Liberty is an easy word to say, but it is a hard word to live up to. Freedom has little to do with financial gain or personal pleasure. Accompanying Freedom is her constant and unattractive companion, Responsibility. Neither is she an only child. Patriotism and

Morality are her sisters. They are inseparable; destroy one and all will die.

Early in the siege, Travis wrote these words to the people of Texas: "Fellow Citizens & Compatriots: I am besieged by thousand or more of the Mexicans under Santa Anna. . . . The enemy has demanded a surrender at discretion, otherwise the garrison are to be put to the sword . . . I have answered the demand with a cannon shot & our flag still waves proudly from the walls. I shall never surrender or retreat. . . . VICTORY OR DEATH! P.S. The Lord is on our side. . . . '

As you read those words, remember that Travis and the others did not have the A.C.L.U., P.E.T.A., People for the un-American Way, and the National Education Association telling them how intolerant and narrow-minded their notions of honor and patriotism were. A hostile media did not constantly castigate them as a bunch of wildeyed extremists. As school children, they were not taught that their forefathers were nothing more than racist jerks.

The brave men at the Alamo labored under the belief that America (and Texas) really was "the land of the free and the home of the brave." They believed God was on their side and that the freedom of future generations depended on their courage and resolve. They further believed their posterity

love and devotion. It all looks pale now.

By today's standards, the gallant men of the Alamo appear rather foolish. After all, they had no chance of winning--none. However, the call for pragmatism and practicality was never sounded. Instead, they answered the clarion call, "Victory or death!"

Please try to remember the heroes of the Alamo as you watch our gutless political and religious leaders surrender to compromise and political correctness. Try to recall the time in this country when ordinary men and women had the courage of their convictions and were willing to sacrifice their lives for freedom and independence.

One thing is certain: those courageous champions at the Alamo did not die for a political party or for some "lesser of two evils" mantra. They fought and died for a principle, and that principle was liberty and independence. So did the men at Lexington and Concord. That is our heritage.

Today, however, our national leaders are in the process of turning America over to the very forces that the Alamo defenders gave their lives resisting. On second thought, do they look foolish, or do we?

© ChuckBaldwinLive.com

Your Life Won't Be the Same



Your life soon won't be the same. This historic election year will leave a permanent mark on America's landscape. The only question is: Will this new era be one of freedom, of religious liberties, of life? Or something else?

You and I must decide. The decisions we make, the steps we take, in this pivotal year will paint the picture of our future. On the most critical issues of the day and in vitally important court cases, the ACLJ is hard at work. We are defending the unborn. Fighting for your religious freedom. Striving to preserve your constitutional right to free speech. Working to protect the family. Battling for our national security. Upholding the Constitution of the United States!

But we need you to rally around the help that has arrived. It could not have come at a in the Middle East

better time - in this crucial year of national elections - with so much at stake, including control of the White House, the House and Senate, and any future appointments to the Supreme Court of the United States, as well as dozens of federal judicial nominees stranded, after all these months, still waiting

for confirmation by Senators! In fact, we are hard at work as I write

• Having filed yet more briefs in the two Ten Commandments cases for the Supreme Court (Summum v. Pleasant Grove City and Summum v. Duchesne City)

• Working on an amicus brief (Trunk v. City of San Diego) on behalf of 33 members of Congress in support of the Mt. Soledad veterans memorial

• Working on the Pledge of Allegiance protection case (Freedom From Religion Foundation v. Congress)

· Battling against the re-legalization of partial-birth abortion and the taxpayer funding of the abortionist Planned Parenthood organization

· Working to ensure religious freedom for Christians in the Gaza Strip and West Bank

You do not want to imagine the kind of country this will be if these battles are lost. We will work for your values, faithfully and effectively, with your help. I look forward to hearing from you, and I thank you in

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CBS Show Identifies Popular Homeschooling Guide

Thursday March 6th in a segment titled "Three Ways to Homeschool", CBS identifies The Call to Brilliance by Resa Steindel Brown as a guide parents are using to help nurture their child's natural abilities.

Early Show National Correspondent Hattie Kauffman Reports:

Kauffman (Off Screen): .Nurturing a child's natural abilities is a recurring theme in different types of homeschooling. The Call to Brilliance is

a book parents are using as a guide. Kauffman: "What is it that you are

telling them in this book?" Brown: "Okay, it's really simple; each child is born with the seeds of their own brilliance. If you start from that position and that our job is to find and nurture the passion that leads to that brilliance, amazing things happen."

Kauffman: (Off Screen): Brown says there are many paths to that brilliance. You can view the whole segment as low as #401.

online at: (Starting at 1:54)

http://www.cbsnews.com/sections/i_ video/main500251.shtml?id=3917028n

Orders have been pouring in from parents concerned with their child's education. They express that what brown said on the Early Show resonated with them and are hoping that the book will give them insight and guidance towards a solution to their own unique issues. The Amazon sales rank dropped

March is Women's History Month

National Women's History Month's roots go back to March 8, 1857, when women from New York City factories staged a protest over working conditions. International Women's Day was first observed in 1909, but it wasn't

The U.S. Census Bureau tells us that until 1981 that Congress established National Women's History Week to be commemorated the second week of March. In 19897, congress expanded the week to a month. Every year since, Congress has passed a resolution for Women's History Month, and the

president has issued a proclamation. Take a look at The Center for Moral Clarity website www.centerformoralclarity.,net/ Articles for more information about women who have influenced our American history

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Court Rules: No Merit to Opposition Arguments Against Prop. 98

On Friday, supporters of private property rights including the Howard Jarvis Taxpayers Association, the California Farm Bureau Federation and a coalition of business and faith based groups were awarded a great victory in California's State Superior Court.

For the past few months Proposition 98, a statewide ballot measure that will bring an end to the abusive practice of forcible seizing private property from property owners who don't want to sell their homes and businesses to wealthy and political connected developers, has come under attack principally from those who benefit from California's abusive eminent domain practices -- the League of California Cities and its coalition of redevelopment interests.

Even though Prop. 98 is far more limited in scope than Prop. 90, an eminent domain ballot measure that was narrowly defeated in 2006, opponents of reform have misleadingly nicknamed Prop. 98 the "Son of Prop. 90," alleging all sorts of unintended consequences associated with protecting private property rights.

By rejecting the League's legal challenge to Prop. 98's title and ballot summary that will appear in California voter guides, the court simply didn't buy the Doomsday scenario dreamed up by the California League of Cities and its anti private property rights coalition.

Although Prop. 98 phases out governments' ability to set sales and lease prices on property, the court rejected the attempt by opponents of Proposition 98 to characterize the initiative as merely a "rent control" related measure, finding their claims to be "without merit."

The judge also rejected the attempt by opponents to include a false claim that Proposition 98 would have "far reaching" impacts on land use regulations, finding their arguments to be unpersuasive.

The court ruling confirmed that Prop. 98 does not include any so-called regulatory takings provisions that require compensation to property owners for any and all financial damages to their property. One of the many false arguments opponents of reform made against Prop. 98 was that the measure would limit land use decisions by making them too costly for public agencies to afford. The court's conclusion is also supported by the State's ballot summary that says that Prop. 98's net fiscal effects "probably would not be significant."

Property owners throughout California should be pleased that the court supported the view that Prop. 98 provides real and sensible private property protections without infringing on government's ability to use eminent domain for legitimate public projects that convey water or protect the environment. Prop. 98's eminent domain provisions simply limit government's ability to forcibly seize private property from those who don't want to sell to wealthy and politically connected redevelopment interests. No more, no less.

Backers of genuine property rights protections noted the fact that the League of Cities lawsuit never challenged the State of California for not including any language in Prop. 98's ballot title and summary supporting their previously stated claim that Prop. 98 would somehow limit government's ability to use eminent domain for water projects. This outlandish assertion has been rejected by the State Legislative Analyst's Office, water and private property experts and California's farming community.

"Clearly, opponents of private property rights did not want to test their false claim in court. Prop. 98 does not prohibit the use of eminent domain to build public water projects. Their decision not to test this political scare tactic in the court room really puts the water issue to rest," said California Farm Bureau Federation President Doug Mosebar. "Water supply and conveyance are critical issues for farmers. This ballot measure protects farmland and the water critical to California's food supply. This is why we are strong proponents of Prop. 98."

Since the private property grabbing coalition can no longer claim Prop. 98 threatens local land use decisions or water projects, voters can be certain that it is only matter of time until they conjure up some other fraudulent reason why voters should forfeit their private property rights so that private developers, supported by their public agency allies, can continue to enrich themselves at the expense of private property owners.

Jon Coupal is President of the Howard Jarvis Taxpayers Association - California's largest taxpayer organization - which is dedicated to the protection of Proposition 13 and promoting

How to Legally Eliminate Credit Card Debt Without Bankruptcy or Credit Counseling

Twice a day, someone walks into the office of consumer lawyer Michael Mack, overwhelmed by credit card debt, with the belief that the only way out is through bankruptcy or credit counseling. However, an overlooked legal strategy exists that is a legitimate alternative to bankruptcy and credit counseling.

"What credit card companies and debt collectors don't want you to know is that most of your debt can be legally eliminated without filing bankruptcy or being stuck in a never-ending payment plan," says Mack, who used to represent banks and credit card companies before helping consumers.

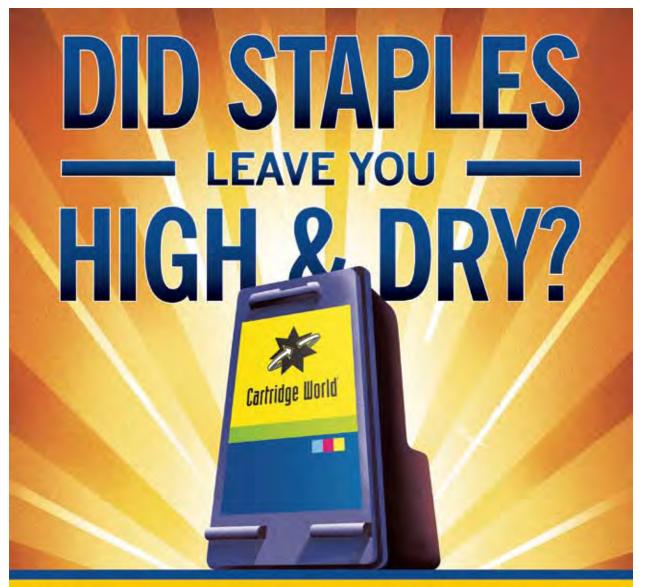
Bankruptcy and credit counseling are both options that generally have a negative long-term effect on a person's credit report. And, because of new bankruptcy laws, many consumers are forced to pay back their credit card debt through a five-year payment plan. What most people don't know, however, is that it is possible to settle debt for a fraction of what you owe, without declaring bankruptcy or ruining your credit.

Those consumers who find themselves deep in debt must be proactive and learn about laws and practical strategies that can protect them against aggressive creditors. "Most consumers in debt can avoid bankruptcy by working out a compromise with the credit card company," says Mack, who is also known as "The Credit Man" (http://thecreditman.com), and is author of the book "How to Instantly Eliminate Credit Card Debt: Without Bankruptcy or Credit Counseling" (Microdebt, 2006). Mack goes on to say that "Most consumers don't realize they have real power. People can settle debt for pennies on the dollar and, in some cases, eliminate their debt completely without paying anything back.

How can this be so? The "dirty little secret," according to Mack, is that many creditors, when pushed, can't prove that the debt is legally owed, and there are laws that

"They won't freely admit that they have a real problem, so if you, the consumer, know what to say, who to say it to and when to say it, you can get the creditor to make huge concessions which can save you from financial disaster," Mack says.

Over the last 10 years, Mack has successfully wiped out more than 125 million dollars in consumer debt for thousands of consumers: "Credit card debt affects people of all ages and all professions. And many of these people would have ended up in bankruptcy court if they had not discovered a legal alternative. Very few people know this solution exists."



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Tips on Pumping Gas

for gasoline.... But here in California we are also paying higher, up to \$3.50 per gallon. But my line of work is in petroleum for about 31 years now, so here are some tricks to get more of your money's worth for every gallon.

Here at the Kinder Morgan Pipeline where I work in San Jose, CA we deliver about 4 million gallons in a 24-hour period thru the pipeline. One day is diesel the next day is jet fuel, and gasoline, regular and premium grades.

We have 34-storage tanks here with a total capacity of 16,800,000 gallons.

Only buy or fill up your car or truck in the early morning when the ground temperature is still cold. Remember that all service stations have their storage tanks buried below ground. The colder the ground the more dense the gasoline, when it gets warmer gasoline expands, so buying in the afternoon or in the evening....your gallon is not exactly a gallon. In the petroleum business, the specific gravity and the temperature of the gasoline, diesel and jet fuel, ethanol and other petroleum products plays an important role.

A 1-degree rise in temperature is a big deal for this business. But the service stations do not have temperature compensation at the pumps.

When you're filling up do not squeeze the trigger of the nozzle to a fast mode. If you look you will see that the trigger has three (3) stages: low, middle, and high. You should be pumping on low speed, thereby minimizing the vapors that are created while you are pumping. All hoses at the pump have a vapor return. If you are pumping on the fast rate, some other liquid that goes to your tank becomes vapor. Those vapors are being sucked up and back into the underground storage tank so you're getting less worth for your

One of the most important tips is to fill up when your gas tank is HALF FULL

I don't know what you guys are paying or HALF EMPTY. The reason for this is, the more gas you have in your tank the less air occupying its empty space. Gasoline evaporates faster than you can imagine. Gasoline storage tanks have an internal floating roof. This roof serves as zero clearance between the gas and the atmosphere, so it minimizes the evaporation. Unlike service stations, here where I work, every truck that we load is temperature compensated so that every gallon is actually the exact amount.

> Another reminder, if there is a gasoline truck pumping into the storage tanks when you stop to buy gas, DO NOT fill up--most likely the gasoline is being stirred up as the gas is being delivered, and you might pick up some of the dirt that normally settles on the bottom.

Hope this will help you get the most value for your money.

Do Share These Tips With Others! Where To Buy USA Gas, This Is Very Important To Know. Read On

ugh we grumbled about it. It might even be good for us! The Saudis are boycotting American goods. We should return the favor.

An interesting thought is to boycott their GAS.

Every time you fill up the car, you can avoid putting more money into the coffers of Saudi Arabia.

Just buy from gas companies that don't import their oil from the Saudis.

Nothing is more frustrating than the feeling that every time I fill-up the tank, I am sending my money to people who are trying to kill me, my family, and my friends.

I thought it might be interesting for you to know which oil companies are the best to buy gas from and which maj or companies import Middle Eastern oil.

These companies import Middle Eastern oil:

Shell205,742,000 barrels Chevron/Texaco 144,332,000 barrels Exxon/Mobil130,082,000 barrels Marathon/Speedway ..117,740,000 barrels Amoc......62,231,000 barrels

Citgo gas is from South America, from a Dictator who hates Americans. If you do the math at \$30/barrel, these imports amount to over \$18 BILLION! (Oil is now \$90 - \$100 a barrel)

Here are some large companies that do not import Middle Eastern oil:

Sunoco...... 0 barrels Conoco 0 barrels Sinclair...... 0 barrels B P/Phillips 0 barrels Hess..... 0 barrels

ARC0 0 barrels

If you go to Sunoco.com you will get a list of the station locations near you.

All of this information is available from the Department of Energy and each is required to state where they get their oil and how much they are importing. But to have an impact, we need to reach literally millions of gas

Buyers. It's really simple to do. Now, don't wimp out at this point.... Keep reading and I'll explain how simple it is to reach millions of people!!

I'm sending this note to about thirty people.

If each of you send it to at least ten more $(30 \times 10 = 300)$...and those 300 send it to at least ten more $(300 \times 10 = 3,000)$.. and so on, by the tim e the message reaches the sixth generation of people, we will have reached over THREE MILLION consumers !!!!!!!

If those three million get excited and pass this on to ten friends each, then 30 million people will have been contacted!

If it goes one level further, you guessed it THREE HUNDRED MILLION

Again, all you have to do is send this to 10 people. How long would

Assemblyman Niello Honors SMUD GM Jan Schori as Woman of the Year



Assemblyman Roger Niello with Honoree Jan Schori and Assembly Speaker-Elect Karen Bass

Her leadership of SMUD her Community Efforts are recognized in Capitol Ceremony

Sacramento - Assemblyman Roger Niello (R-Fair Oaks), honored Jan Schori of Sacramento as the 2008 Woman of the Year for the 5th Assembly District during a special Assembly ceremony at the State Capitol on Monday.

"Jan will be retiring as General Manager of SMUD later this year and her efforts there for the past 29 years, and especially as General Manager for the past 14 are to be commended," said Assembly Niello. "In addition, her community service as an active volunteer are also greatly appreciated and set an example for others to follow."

Under Ms. Schori's leadership, SMUD ranked first in the nation for the district's excellent service to its business customers and has consistently topped the California utility list for residential and business customer satisfaction. SMUD has consistently been a leader on environmental issues and energy efficiency and has pioneered solar power on rooftops and planted hundreds of thousands

of trees locally to save energy. In addition to her work at SMUD, she has been an active volunteer in the Sacramento region for many years, helping youth foster children transition to adulthood through the United Way's Women in Philanthropy initiative. She has received both the Distinguished Service Award from Valley Vision and the 2006 Alexis de Tocqueville

Society Award from United Way.

"She is a model of community and public service, and I am proud to have nominated her for this award at the State Capitol," said Assemblyman Niello

"I am honored to have been named Woman of the Year by Assemblyman Niello. I am inspired by this award and will continue to work to improve the lives of others in our community," said Ms. Schori.

The Woman of the Year ceremony is an annual event to celebrate remarkable women in California who are making a difference in their communities. Honorees from throughout the state were recognized during Monday's special Assembly floor session. Assemblyman Niello awarded Jan Schori with an Assembly resolution in recognition of her community service.

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American Express Addresses **RFID People Tracking Plans**

Promises Full **Patent** Review, Tracking Notice, and Chip-Free Option

The top brass at American Express, chagrined at the of its discovery people tracking plans, met with CASPIAN (Consumers Against Supermarket Privacy Invasion and Numbering) last week to discuss the issue. One outcome of the meeting was a promise by American Express to review its entire patent portfolio and ensure that any people-tracking plans be accompanied by language requiring consumer notice and consent.

The meeting was organized after CASPIAN called attention to one of the company's more troublesome patent applications. patent application, titled "Method and System for Facilitating a Shopping Experience," describes a Minority Report style blueprint for monitoring consumers through RFID-enabled objects, like the American Express Blue Card.

According to the patent, RFID readers called "consumer trackers" would be placed in store shelving to pick up "consumer identification signals" emitted by RFID-embedded objects carried by shoppers. These would be used to identify people, track their movements, and observe their behavior. The patent also suggested such people-tracking systems could "be located in a common area of a school, shopping center, bus station or other place of public accommodation."

Allegations of American Express people-tracking blueprints first came to light at a conference sponsored by the Consumer Federation of America in Washington, D.C. last month. There, Dr. Katherine Albrecht, Founder and Director of CASPIAN, revealed the patent pending plans that she and her "Spychips" co-author Liz McIntyre uncovered in their ongoing RFID research. Soon thereafter, American Express arranged for four of its vice presidents, including the vice presidents of Contactless Payments and Public Affairs, to meet with CASPIAN leaders in a phone conference.

"We are pleased that American Express responded to our concerns," said Albrecht. "It's clear the company is thinking about privacy issues and wants to address them constructively. However, we had hoped that American Express would renounce its people tracking plans altogether and be more sensitive to the fact that placing RFID tags in consumer items, like credit cards, puts consumers at risk for surreptitious tracking by others."

In response to CASPIAN concerns, American Express also promised that it would make a chip-free version of its credit card available to concerned consumers who ask for it. "Offering a chipless credit card is a positive step and should serve as an example to the rest of the industry," said McIntyre. "Consumers don't like RFID technology.

Contrary to American Express ads, most people would rather leave home without it."The complete text and excerpts from the American Express people tracking patent application can be found at:http://www.spychips. com/press-releases/americanexpress-tracking-patent.html ABOUT RFID

Radio Frequency Identification (RFID) is a controversial technology that uses tiny microchips to track items from a distance. These RFID microchips have earned the nickname "spychips" because each contains a unique identification number, like a Social Security number for things, that can be read silently and invisibly by radio waves

ABOUT CASPIAN

CASPIAN (Consumers Against Supermarket Privacy Invasion and Numbering) is a grass-roots consumer group fighting retail surveillance schemes since 1999 and irresponsible RFID use since 2002. With thousands of members in all 50 U.S. states and over 30 countries worldwide, CASPIAN seeks to educate consumers about marketing strategies that invade their privacy and encourage privacy-conscious shopping habits across the retail spectrum. To join or support CASPIAN or to sign up for our mailing list, please see:http://www. spychips.com/get_involved.html

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