

Local Youth **Takes Massive** Elk PAGE 2

Youth Sports in Full Swing **This Fall** PAGE 8



THE GRIDLEY E FRIDAY • OCTOBER 15, 2021 • VOL. 141 NO. 42

PROUDLY SERVING OUR AREA SINCE 1879

Orchard Hospital Receives \$1 Million CSEA, GUSD

900 NSIDD

KALEIDOSCOPE HOSTS **ICE CREAM FOR ART!**



PAGE 3

SYCAMORE MIDDLE SCHOOL VOLLEYBALI HAVING **GREAT SEASON**





Bill Harkey does it again! Mr. Harkey has focused his philanthropic endeavors on Orchard Hospital, contributing to its success. Harkey (Right), seen here with his million-dollar donation to the Orchard Hospital Renovation Campaign, is pictured with Orchard Hospital CEO, Steve Stark (Left) and Orchard Hospital's Foundation and Grants Coordinator, Julie Bunn (Center). Photo provided by Orchard Hospital

By Seti Long

GRIDLEY, CA (MPG) - It is one thing to support an organization, but Bill Harkey has truly dedicated himself to supporting our community and institutions, most notably our local Hospital

the first child born in the Biggs- hospital's groundbreaking ceremo-Gridley Memorial Hospital (BGMH), currently known as Orchard Hospital. Preceding the origins of BGMH in 1949, the Harkey family played a key role in its conception and eventual construction, specifically Harkey's grandfather, William Pinckney

Your Perfect Pumpkin Pick is at Wheelers!

nies. The Harkey family is believed to have been the stakeholders in the hospital, later members of the Hospital Foundation, and throughout the years and generations, remained active in supporting the hospital through service and financial donations. This Continued on page 3

Come to New Agreement

By Seti Long

GRIDLEY, CA (MPG) - After months of collaboration and after fighting through a declaration of impasse, the Gridley Unified School District and California Schools Employee Association negotiation teams have come to an agreement with regard to a ratified pay schedule.

On October 6th, at the regular meeting of the GUSD Board, President Eric Waterbury presented the tentative agreement between the CSEA and GUSD to the Board for a vote. The language of the tentative agreement outlines that a one time, off-salary schedule payment of \$2,000 for in-person instruction is to be prorated by FTE for the year 2020-2021 for all bargaining CSEA employees, including another one-time payment, in lieu of retroactive pay, for the year of 2020-2021 in the amount of \$2,250 to be prorated by FTE. Retroactive to July 1, of 2021, the current salary schedule will be increased by 7%. In addition to that pay increase, the negotiating parties agreed to a 2% increase to the salary schedule for the 2022-2023 school year. The board voted 7-0 in favor of the 3-year agreement, President Eric Waterbury thanking the CSEA negotiating team for returning to the table to continue the negotiation process and make this tentative agreement a reality. Other changes made to the salary schedule were the positions of "Bus Driver" was moved from pay-range 18 to 18.5 an increase of \$.46 to the initial salary pay step 1, SLPA's moved from payrange 22 to range 25 – an increase of \$3.56 to the initial salary pay step 1, and range 26 was removed completely from the salary pay schedule. As for health and welfare benefits, the parties agreed to increase the yearly health benefit cap by \$235.00, effective July 1, 2021, which raises the overall cap to \$9,240. The increase is intended for all unit members, those unit members not receiving healthcare benefits Continued on page 2

CROSS COUNTRY DOES WELL AT 5K RUN

Harkey has the distinction of being Harkey, who was present at the



PAGE **10**

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Change Service Requested



By Seti Long **GRIDLEY. CA (MPG)** - What's better than shopping local? Shopping local and having fun quality time with the family while doing so! You can do both by head-

ing out to Wheelers Ranch and Feed to pick your perfect pumpkin this harvest season! Wheelers has a variety of sizes to choose from,

including large carving pumpkins, medium carving pumpkins, sugar/small pumpkins, fall decorative Cinderella pumpkins, fall decorative gourds and mini pumpkins. Your little ones will have a blast choosing their perfect pumpkin, taking pictures next to the painted signs, or on top of the giant pumpkin! This year's HUGE pumpkin, an Atlantic Giant Pumpkin grown by Brian Werner of Biggs, CA, weighs in at a whopping 1425 lbs. and is a hit with all the kiddos that visit the ranch.

Unfortunately, this year able (and pet-able) animals



When it comes to cuteness, Werner's Giant Pumpkin is no match for Wheeler's smallest pumpkin, Davis Dunlap, pictured here with Mom and owner of Wheeler Ranch and Feed, Kayla Dunlap. Photo by Seti Long

Wheelers is not holding at the store. Pumpkins their annual Fall Festival, range from \$1-\$12 each, but they encourage famiare farm-fresh and ready lies to come out, shop for the Halloween pumpkins, to visit their Boutique for something fun to wear to and visit with all the loveyour next Fall get-together!

Wheelers is open Monday through Saturday, 9:00 am - 6:00 pm and for carving! Don't forget is located at 3247 Smith Ave, in Biggs. Come on down and pick your perfect pumpkin!



www.GridleyHerald.com

The New Pi-Line



By Josh F.W. Cook

Are you feeling a bit out of shape? Need to drop a few pounds? Has your spine been vertebrally subluxating, and you need it aligned? There is a secret health spa and workout facility (gym) on Highway 99 just across from the expanded Grumpy Habaneros Mid Valley Tractor John Deere dealership. You will notice a discrete recently remodeled warehouse facility that remains unmarked. There is an entrance, and if you find it ask for a guy named Dr. Josh. ***

There seems to have been some confusion regarding the Feather Flyer from the Pi Line of last week. The Feather Flyer is a van that serves as the City of Gridley's municipal bus service. In the same column was a reference to the Gridley Municipal Utility Service buying a flying drone camera to inspect electrical infrastructure. So to be clear, the Feather Flyer does not fly - it is a Ford Econoline Van-type passenger vehicle with windows. I know there have been some spectacular campaign promises in recent campaigns

for City Council, but we do not have flying cars or vans. I attribute some of the confusion to the City of Gridley website that has a page entitled - BUS, TAXI, AND AIR SERVICE. The Feather Flyer provides Dial-a-Ride service within the Gridley city limits to residents Monday through Friday 8 am-4 pm. You call 846-1945 to schedule a ride. Tickets can be purchased at City Hall - 685 Kentucky Street - or you can buy the ticket when you get picked up. The City website clearly states that people wanting to fly need to go to Sacramento International Airport.

From our "Only in Biggs" file today: Only in Biggs do you find a piece of farm equipment parked along the road with a 3 dollar ACE Hardware "FOR SALE" sign with \$480,000 or best offer and a cell phone number scribbled in with a Sharpie pen. But someone did buy the thing within three days. ***

Halloween is the night of October 31, the eve of All Saints' Day, commonly celebrated by children who dress in costumes and go door-todoor asking for candy. Since Halloween is on a Sunday, be prepared for kids to be out and about on Saturday night as well as the Sabbath. This is one of those theological conundrums that surface from time to time. Some denominations of religionists will consider "trick or treating" on Sunday as part of the celebration of all Saints

Other religionists will see the highly commercialized version (Americans purchase nearly 600 million pounds of candy a year for Halloween) of running around grubbing candy and dressing up in scary costumes as something better done another day because the spiritual basis of the event seems lost. I myself shifted from celebrating Halloween to celebrating Día de Muertos or Día de los Muertos because my Order of Restored Christianity already spends a lot of time researching, writing about, and celebrating dead ancestors and their history. Moreover, Día de los Muertos does not cause me to have to search for a gym because I ate too much candy.

day, and it will be Kosher.

Just as a reminder for new readers of the Pi Line, "***" means a new stream of consciousness is starting, and the subsequent few sentences after the "***" are not connected to the previous series of sentences.

Harvest for Walnuts will be tampering off, and harvest for rice is a non-stop sprint to beat the rain. So be cautious behind the wheel as many trucks are moving food around our communities, and the shortage of truck drivers means the ones you see go by have probably been working long hours.

Josh F.W. Cook is an educator and father of five children.





Local Youth Takes Massive Elk



Ayden Owen pictured with his 6x6 Elk as an apprentice for hunt big game. Photo provided by Adrienne Owen

By Adrienne Owen

GRIDLEY, CA (MPG) - Ayden Owen is a local 12-yearold boy who drew a hunt of a lifetime in California.

since he was 9 years old, but in California, you can't big game hunt until the age of 12. Over 500 people put in for the apprentice hunt but there could only be 2 chosen at random and

Ayden was one of those paid off. The bull elk lucky kids.

The season is a 10-day season and opened on Wednesday, September 15th. Ayden hunted 6 out on a few smaller bulls trying to land himself a bull worthy of this amazing experience. It came down to the final day of the hunt when all his hard work, patience, and dedication

Ayden eventually took down was a 6 by 6, scoring 360 after all his measurements were taken.

Ayden would like to Ayden has been hunting of the 10 days and passed thank all his family that helped make this hunt possible, his Dad who accompanied him on this adventure, and a guide named Layn Strickland who donated his time and expertise on this journey. \star

CSEA, GUSD Come to New Agreement

Continued from page 1

set to receive a one-time payment of \$200. Revisions were also made to the "Immediate Family" article and to the "Evaluations" article.

With the Board unanimously passing minutes.

the agreement, the CSEA employees can expect their "one-time" payments to materialize in the months of October and November of 2021, per the GUSD October 6th Board meeting agenda



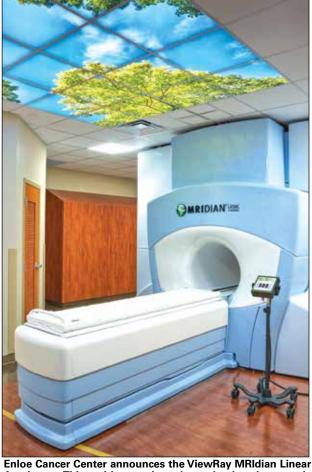
Enloe's Regional Cancer Center Announces MRIdian Linear Accelerator

By Seti Long

BUTTE COUNTY, CA (MPG) - Enloe Regional Cancer Center has announced the roll-out of its latest, state-of the art technology in cancer treatments, the MRIdian Linear Accelerator.

The MRIdian Linear Accelerator marries the medical treatment technologies of Magnetic Resonance Imaging with that of a Linear Accelerator, used to direct radioactive rays to a designated target. In the past, combining these two technologies was thought to be an engineering impossibility, but recent advancements in the field have made that feat possible. The result, says Enloe Cancer Center's Dr. Jonathan E. Clark, Radiation Oncologist, is "cutting edge" technology that can drastically reduce the number of radiation treatments needed while treating cancerous tissues.

This pioneering technology from ViewRay, the MRIdian Linear Accelerator, allows for physicians to treat cancerous tissues with pin-point accuracy, sparing surrounding healthy tissues, and ultimately reducing the number of treatments necessary. Dr. Clark says, "the benefits of this machine is to try and deliver very high dosages in a short amount of time, and those treatments



Accelerator. This exciting, cutting-edge technology is currently being used to treat cancer patients with pin-point accuracy, ultimately reducing the number of treatments necessary. Pho courtesy of John Sutton Photography

can be as short as 3 to 5 treatments," compared to standard methods of treatment that could require as many as 25-35 treatments. Fewer treatments mean a faster recovery and less side effects. Dr. Clark says, "It is a huge leap forward for our field and that has been actually really exciting to be a part of."

Currently, there are as

few as 3 MRIdian Linear Accelerators in the State of California, with Enloe's being the only one currently operating in the north state.

For more information on the MRIdian Linear Accelerator, visit www. enloe.org/services-andtreatments/cancer-care/ radiation-oncology/mridianlinear-accelerator.

Orchard Hospital Foundation Receives Million-Dollar Donation!

Continued from page 1 desire to see Gridley and its

residents continue to benefit from the hospital he was born in has staved with Harkey throughout his life, and in turn, he continues the legacy of his family and the hospital, generously donating his hard-earned money to the advancement of Orchard Hospital.

Harkey's philanthropy includes annual donations to the Orchard Hospital Foundation Golf Tournament, in the amount of \$10,000 or more, and in January of this year, Harkey donated \$25,000 to the Orchard Hospital Foundation. Recently,

announced that Harkey has made another generous donation to the Foundation, this time in the staggering amount of \$1 Million dollars.

Orchard Hospital CEO, Steve Stark said. "It's difficult to convey in writing the level of gratitude Orchard Hospital feels forward the incredible gift Bill and Laurie Harkey made to our Foundation. While Bill and Laurie's generosity directly benefits Orchard Hospital, I see it as a gift to the entire community. The past couple of years has proven to be the most challenging

Orchard Hospital has our hospital has ever faced. Donors like Bill and Laurie recognize the importance of keeping healthcare close to home and we plan to use every penny of their gift to improve the services we provide to the communities we serve. From the bottom of my heart, thank you, Bill and Laurie!"

Harkey's \$1 million donation goes towards Orchard Hospital's Renovation Campaign. Orchard is currently in the process of upgrading their equipment and renovating their existing facilities, with the hopes of expanding to a new facility in the future.

Magalia Resident Arrested During Shooting Investigation

BCSO Press Release

MAGALIA, CA (MPG) - On October 7, 2021, at 5:09 PM, the Butte County Sheriff's Office (BCSO) began receiving calls about a shooting that had occurred near the intersection of Dalton Way and Carnegie Road, Magalia. BCSO deputies were immediately dispatched to the area. Upon arrival deputies located evidence that a shooting had just occurred.

During a subsequent investigation, deputies and detectives determined Jose Sandoval, age 36, of Magalia drove to the intersection of Dalton Way and Carnegie Road. While at the intersection Sandoval saw a vehicle driving on Dalton Paradise Police Officers Way. The vehicle was occupied by two adults and two children. Sandoval recognized one of the adults in the vehicle. After identifying one of the adults in the After an extended amount of about this investigation, vehicle, Sandoval exited his time, deputies were able to vehicle and began pursuing contact and place Sandoval call BCSO detectives at the victim vehicle on foot. under arrest.

While pursuing the vehicle, Sandoval used a semi-automatic firearm to shoot at the vehicle.

During the investigation evidence indicating Sandoval fired multiple rounds at the victim's vehicle was located. One of the rounds struck the driver's side of the victim's vehicle, near the area where one of the children was seated. The shooting was captured on video surveillance. The area where the shooting occurred was in a residential neighborhood.

During the investigation, deputies determined Sandoval resided in the 14000 block of Skyway, Magalia. Deputies and responded to Sandoval's residence and located the vehicle Sandoval drove to the shooting parked in the driveway of the residence.

Detectives obtained a search warrant for Sandoval's residence. During the service of the search warrant and subsequent investigation, detectives located additional evidence related to the shooting. Detectives also located evidence Sandoval is an active member of a criminal street gang.

Sandoval was arrested for numerous charges to include the following felony charges: Assault with a semi-automatic firearm, shooting at an occupied vehicle, being a prohibited person in possession of a firearm and ammunition, committing a felony while released on bail, personally using a firearm while committing a felony, and participating in a criminal street gang. This investigation is ongoing. If anyone has information they are encouraged to 530-538-7671.

Kaleidoscope Hosts "Ice Cream for Art!" Arts Festival

By Cindy Scott

GRIDLEY, CA (MPG) - Craft tables, a youth karaoke contest, art displays, and



homemade ice cream from Johnson's U-pick Farm will combine to create an entertaining and interactive arts festival tomorrow afternoon, Saturday, October 16.

Children and youth in grades K-12 are invited to participate in the karaoke contest. Cash prizes for first place are \$100 high school, \$75 middle school, and \$50 K-5. Those interested can see the Kaleidoscope Gridley Arts Council Facebook page for more information.

Craft tables featuring rock painting, rainbow star folding, and other crafts will engage children and adults alike. Local artists will also have their work on display.

Mark and Jenny Johnson with youth. added homemade ice cream to their local u-pick farm. held Saturday, October 16, They will be on site selling ice cream made from the fruits and nuts grown on their farm. Proceeds will benefit Kaleidoscope and

Mark Johnson makes ice cream with fruit and nuts from his u-pick farm. Sales from Johnson's U-pick Farm Ice Cream at tomorrow's arts festival will benefit Kaleidoscope Gridley Arts Council. Photo provided by the Johnson family

This growing season, arts in Gridley, especially

The arts festival will be at Daddow Park, Gridley's downtown park, from 4:00-5:30 pm. Admission is free. Please see the Kaleidoscope Facebook page for more their efforts to promote the information.

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Gridley Parks & Recreation is excited to announce it's





Gridley Thumbs and Roots

when the ground is dry.



By Barbara Ott

I'll take the spitting rain we've received! I'll take drooling rain. I'll take dribbling rain. I'll take off and on-again rain. I'll take dripping here and there rain. I'll take steady rain off and on again over many days. I'll take rain. I hope not to see too much all at once

Not rain that causes heavy run-off. Ideally, I want it to rain steadily off and on again every day for at least a week. The first bit of this rain should be enough to moisten the top soil. Then it stops for a short fifteen minutes or so...then rains steadily but not strongly. Enough to water below the top soil but not enough to cause plugging of the storm drains. Once that has happened, in our rain series I want it to rain steadily for at least a week in an off and on pattern. Enough to water tree roots and began to go down to the aquifer. No flooding of streets, no washing away of top soil, no deluge of rain that causes damage. Then I

want it to rain in a pattern of steady rain throughout our rainy period of October to March or April. Within this rain wish is that there will be steady snow in the mountains so the watershed has its regular spring run-off. No flooding, no gully washers, none of the ugly potential of life-giving rain. Sweet, wet and wonderful please. I foresee my rain barrel filing quickly. I see the land sighing as its thirst is quenched. I see the fires in the forest sizzling out. I see the great underground aquifer filling up. It is a beautiful rain-washed world. Here where it is so dry, we dream of perfect, healing rain. I wish to be complaining about it raining too much.



We think we can get away with evil. We can hide in the shadows, and we rob and destroy others. Packages taken off front porches after delivery, cars and trucks hijacked from driveways, and purses snatched from shopping karts or people's shoulders.

Now-a-days everything is captured on i Phones, video, security cameras, even police body cams. Actions are preserved hours, days, even years, or history. They will come back to bite us when we lie or profess to have no knowledge of wrong doings.

We will eventually be caught for our wrong doings, and what we did in secret will be found out. Someone will tell. Guilt will eat at us until we give ourselves up.

The one thing that is true is that our God

Knows All, Sees All, or because they feel and Remembers All. We are often surprised and stunned when we are called out by others through God's handy work. We will be found out.

The Holy Spirit serves as a conscious guide to bring us back to the right side of life God's Word serves as a nudge to correct our ways so we can repent, and wash clean our hearts of evil.

Young people in our world today do not have a moral compass or elder guide to help them grow in a peaceful loving life. Gangs have replaced families. Guns have become power sticks to get revenge. They can be tested to kill "just because."

Many people live in fear, hunger, and pain, no longer do they have homes to go to in order to find strength and support. On the streets they have to fight to survive. Under bridges they feel they have to do anything to protect what little they own.

They steal out of need

food & Farm

they have to. Some have become professional thieves. Why? Because they want to feel better or to eat or be warm.

The answer to this is an All-Knowing God, who uses people to be His hands and feet to put an end to this evil.

Food banks, clothing closets, shelters, and church meetings all come from God to meet the needs of those in need. We stop stealing, shootings, killing, and out casting by reaching forth out of love to the hurting world.

Step out in faith, one step at a time, and see where God can use you to change the world with His love.

The Gridley United Methodist Church would like you to help use spread this love with our projects like the Blessing Box or our Cuddles for Kids program. Visit us on Sunday at 10 am and found out how you can help us spread love. We are located on the corner of Magnolia and Haskell Streets.

Slim Randles

You have to know Bert really well before he'll share his secret with you, but if he does, it's as though he's revealed the reason for life and sunshine and the main reason our dogs think we're smart.

Oh, Bert gets down in mail?" the dumps just like the rest of us, but he has discovered a way to jerk himself out of the bar ditch by his own belt loops, and he finally broke down and explained how he could remain so cheerful during a year and a half of basic house arrest

Mail Order Madness

mail order madness." What?

Slim Randles' HOME COUNTRY

"What you do is buy stupid stuff. Cheap stuff. Maybe even stuff you'll never use, but maybe it's a pleasant color, or lead you to daydreams where you become dang near adequate."

"For example?" asked Doc.

"Okay," Bert said, "ask yourself this ... what's the very best part of ordering something through the

Our mouths still hung open.

"Anticipation," Bert said. "I love it. You can do it with a computer, or just send off for a catalog. The simplest way to get anticipation kinda mail is to get those catalogues. List your address and name.

below your name.

"Then you add a note telling the catalog folks not to give your name out to anyone else or little old ladies will pull out their whiskers, one at a time. It doesn't hurt to add that the chairman of the board mustn't find out what has been ordered. Then be sure the item you order is really cheap and makes no earthly sense at all. Hey, why waste money? Think porcelain frog soap dish here.

"This will immediately start a flood of catalogs coming your way. You have now broken once and for all the evil shadow of boredom. Besides, you know you've secretly wanted a porcelain frog soap dish anyway."

Pick up "Home Country: Drama, dreams

California Budget Includes \$5.2 Billion for Emergency Drought Relief

California's state budget will allocate \$5.2 billion over three years to fund droughtrelief projects. The money is intended to secure water supplies and implement the 2014 Sustainable Groundwater Management Act. The funding will also go to a state water efficiency program as well as to the Healthy Soils program. That effort is intended to improve carbon sequestration in the soil and build up organic matter to help retain water.

California Rice Plantings Drop by 21% In 2021

Rice plantings in California are at the lowest level since 1992. Farmers are expected to harvest 405,000 acres this year. That's down 21% from 2020. Medium-grain rice remains the dominant variety grown in California, with much of that coming from the Sacramento Valley. All told, California accounts for nearly 70% of the U.S. medium- and short-grain rice supply.

Thoughts to Ponder

by Kathy Neal

during the pandemic.

coffee and whispered,

of course, but it doesn't and laughter from the

He looked up from his hurt to add the title American heartland" 'Purchasing Coordinator' www.lpdpress.com.

Hope is a Good Thing

Dear Dave,

What is the main difference between people who follow your plan, stick with it and succeed, and those who fall off along the way? – Damon

Dear Damon,

I've walked with thousands of families through financial problems. Some of them were speedbumps that just needed to be smoothed out, while others seemed like mountains. The biggest factor I've noticed separating those who stick with it and gain control of their finances, from those who give up and go back to their old ways, can be boiled down to one simple word-hope.

Hope is stolen when we misunderstand failure and

Dave Ramsey Says

believe lies. One of the biggest lies that robs people of hope is the one that says failure is permanent. The moment we start seeing failures of the past as predictors of our futures, it extinguishes that ember of hope. Failure happens to all of us at times. It's natural, and it is normal. The way to reach your goals, though, is to keep failure in its cage. And failure is caged when we begin to understand it isn't permanent.

Winston Churchill once said, "Success is going from failure to failure without loss of enthusiasm." If we believe failure is here to stay, we lose enthusiasm. And that leads to an inability to re-focus on success. People often make dumb, short-term decisions when they're in financial difficulty. If you talk yourself into believing you'll never be able to save enough money to pay cash for a car, you'll lose hope and borrow the money. Debt not only robs you of the ability to build wealth, but it's also usually the result of losing hope.

Have you done something stupid or wrong in the past that you are still reliving daily? Is that memory haunting you, and stealing your hope? Remember, the past only has power over you if you let it have that power. Don't get me wrong. The past can hurt, and it can be disappointing. But you can either give in to it and let it control you, or you can learn from it and make a conscious decision to keep moving forward.

The choice is yours!

- Dave

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions.

Pistachio Harvest Nears Robust **1 Billion Pounds**

Pistachios are called an alternate-bearing crop because they produce heavier yields one year and lighter yields the next. This was supposed to be an "off" year for California orchards. But the harvest has been robust. It is expected to meet or exceed 1 billion pounds. That's just below 2020's high-yield year total of 1.05 billion pounds. Pistachios rank fourth among California's agricultural commodities, behind milk, almonds and grapes.

USDA Earmarks \$100 Million to Support Loans for Meat and Poultry Processing

The U.S. Department of Agriculture is allocating another \$100 million in funding to promote community and private-sector lending to expand meat and poultry processing. The effort seeks to safeguard the food supply chain, which suffered serious disruptions during the pandemic. Overall, the Biden administration's Build Back Better Initiative plans to invest \$4 billion to strengthen the food chain and promote competition.



GRIDLEY HERALD www.GridleyHerald.com

Dear Dietitian

Too Much Sugar



Commentary by Leanne McCrate

Dear Dietitian,

I've been working hard on eating healthy this year, and I read your column regularly. I have been surprised at how much sugar is in foods that I thought were good for me. Do you have a list of these foods?

Thank you, Angela

Dear Angela,

Remember, it's the food company's job to make a product that takes good, not necessarily one that improves your health. An easy way to do that is to add sugar. The American Heart Association recommends women consume no more than six teaspoons (25 grams) of added sugar per day, and men should have a maximum of 9 teaspoons a day (38 grams) (1). However, we take in a whopping 17 teaspoons of sugar each day (2). Reducing our sugar intake to the recommended level could result in a 13-pound annual weight loss for men and an 18-pound weight loss for women! We wouldn't even have to give up sugar completely – just cut back!

Below is a list of foods you may think are healthy but actually contain a lot of sugar:

- 1. Granola a seemingly wholesome food, but beware: granola is typically made with honey or brown sugar. To add insult to injury, a serving size is $\frac{1}{4}$ to $\frac{1}{2}$ cup. Who eats 1/4 cup of cereal in the morning?
- 2. Yogurt-These tasty, creamy dairy foods are often fruit-flavored and sugar-sweetened. Look out for cane sugars, as these are just like regular sugar. Luckily, there are several low-sugar varieties on the market that are just as delicious!
- 3. Sports drinks- Originally designed to get nutrients into your body quickly, sugar adds an energy rush. There are several low-calorie and sugar-free alternatives on the market.
- 4. Trail mix a quick snack to take along

the way, they often include chocolate or sugar-coated raisins to add a touch of sweet to the salty. There is an easy fix: make your own. Measure 1/4 cup of your favorite nuts and add a few raisins to sweeten. Delightful and less expensive!

- 5.Breakfast cereals Perhaps because they are primarily marketed to children, the cereal aisle is filled with sugar! Your best bet is to buy an unsweetened cereal and add fruit to sweeten it.
- 6.Flavored oatmeal These are often marketed for their convenience in single-pack servings that you can take on the go. Opt for the old-fashioned oatmeal that cooks in 5 minutes. Not only is it naturally without sugar, but it is also higher in fiber than the flavored packs.
- 7. Protein bars When we think of protein, we often think of a healthy nutrient that will stay with us longer than a carbohydrate snack. Be sure to read the label; it usually comes with a considerable amount of added sugar.
- 8.Coffee drinks there's nothing like a shot of caffeine with a shot of sugar to get you going in the morning! These drinks are insanely popular, calorie-packed, and, more often than not, sugar-laden. Make your coffee at home and take it to work. You will be surprised at how much money and calories you'll save.
- 9.Nut butter mixed with chocolate -Really? The chocolate gives it away, right?
- 10. Fruit juice If you can enjoy a ¹/₂ cup serving of your favorite fruit juice, go ahead. But if you guzzle more, be aware that fruit juice is a concentrated source of fructose, or fruit sugar. Consider eating the whole fruit and getting a boost of fiber.

Until next time, be healthy! Dear Dietitian

References

1-2. How Much Is Too Much? The growing concern over too much added sugar in our diets. (n.d.) Retrieved from https://sugarscience.ucsf.edu/ the-growing-concern-of-overconsumption.

Leanne McCrate, RD, LD, CNSC, aka Dear Dietitian, is an award-winning dietitian based in Missouri. Her mission is to educate consumers on sound, evidencebased nutrition. Do you have a nutrition question? Email her at deardietitian411@ gmail.com. Dear Dietitian does not endorse any products, health programs, or diet plans. ★



LOCAL FISHING

Lower Yuba River, Parks Bar Bridge to Sycamore Ranch Park; salmon on their redds. Steelhead taking... Use: Imitation Salmon Eggs. (g) Rainbows taking...Use: Elk Hair Caddis under indicator. (a) South Fork Feather River, Onion Valley to mouth at Little Grass Valley Res. Plenty of little bows. Fly fish...Use: Elk Hair Caddis. (a)

SAN FRANCISCO BAY-DELTA

Halibut located at Angle Island and Alcatraz Island. 19 caught. Use: Anchovy Cut Bait (b) Delta; bass located at Broad Slough and Montezuma Sloughs. Several hitting...Use: Rattletrap. (g)

COASTAL WATERS

Sport Dungeness crab season opens Nov 6, 2021. Commercial season Nov 15th. Pending Domoic Acid testing. (caused by red algae, can be fatal to humans). Testing safe to date. Bodega Bay; very few salmon caught. Use: Anchovy Cut Bait. (g)

SALT WATER FLY FISHING

2-of 6 Articles

Casper State Beach; small, white sandy beach. Barred Surf Perch, 8 yellow/rust bars, eyes above the upper lip. Use: Foxy Crab #6 (b)



Top to bottom Foxy Crab #6, Elkhair Caddis

LAKES RESERVOIRS AND RIVERS

Pyramid Lake, Nev. South Nets; place your 5-ft ladder into the lake. Fly cast shooting head lines with a 10-lb leader. Tie dropper fly and lead fly loosely. Spray cast 180 degree arc from the ladder. Lahontan Cutthroat Trout await. Use: Birdsnest Nymph #6 dropper w/ #6 Prince Nymph lead. (a) Sacramento River Salmon; Sac Metro area, fish won't bite. Barge Hole, or Jelly's Ferry, nine chinook taken. Ord Bend; fish won't bite. Use: K15 Kwikfish w/ Sardine Wrap. (g) American River; chinooks staging at the mouth, but not moving. Rio Vista Bass Derby; update: {Striper 24 ¹/₂"...Sturgeon 41"} so far...

EASTERN SIERRA WATERS

Twin Lakes; at 8563-ft elev. Upper Twin Lake (400AC) called "The California Alps". Record 26lb, 8oz German Brown trout still stands. Lower Twin Lake (250AC) 26lb, 6oz. Access by boat, tube or bank. Fly fish... Use: Earth Worm dangled under slider bobber. (b)

SEDIMENT REMOVAL PROJECT Update

The sediment and tree stump removal from the Yuba City boat ramp area will be completed Oct 15,2021.

FEATHER RIVER CONDITIONS

Oct 15, 2021 Stage: 27.1 ft Flow: 1691 CFS Unchanged Oro Dam Water Level: 629.77-ft Unchanged

You can't step in the same river twice (nothing ever stays the same) ~ Brownie

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Butte County Sheriff's **Office Press Release**

Pine Avenue, and located a to believe Hernandez and second male in the backyard Huerta exited the taxi while of a residence. The deceased it was moving. Detectives



CHICO, CA (MPG) - On October male was identified as Victor 03, 2021, at 3:54 AM the Butte County Sheriff's Office (BCSO) received a 9-1-1 call from the owner of a local taxi company. The caller told BCSO dispatchers that he individuals in the area of Lone Pine Avenue, Chico. BCSO deputies were immediately dispatched to the area and contacted the taxi driver. The taxi driver was injured during the assault and was immediately transported to a local hospital.

While responding to the call, BCSO dispatch began receiving multiple calls about a male prowling at residences near Lone Pine Avenue. Deputies arrived in the area, located a deceased detectives gathered evimale in the roadway on Lone dence that gave them cause at 530-538-7671.

Hernandez, age 28, of Chico. The male located in the backyard of a residence was identified as Jose Huerta, age 22, of Willows.

During the subsequent had been assaulted by two investigation detectives determined the taxi driver picked Hernandez and Huerta up in the Chico area and began driving them to a location in the unincorporated area of Chico. Prior to arriving at the location Hernandez produced a handgun and fired the handgun multiple times inside of the taxi. Hernandez and Huerta also assaulted the taxi driver. After the assault Hernandez and Huerta exited the taxi.

During the investigation

determined Hernandez was injured during the assault and/or while attempting to exit the taxi. An autopsy will be conducted to determine Hernandez's cause of death. During the investigation detectives also located evidence that Huerta entered a trailer located behind a residence on Lone Pine Avenue and took item(s) from the trailer. Huerta was arrested for

the following felony charges: Assault with a deadly weapon resulting in great bodily injury, violating the terms and conditions of his probation, and burglary. This investigation is on-going. If anyone has information about this investigation, they are encouraged to call BCSO detectives *



Butte County

BUTTE COUNTY BOARD OF SUPERVISORS NOTICE OF PUBLIC HEARING AMENDMENT TO THE ZONING ORDINANCE CONCERNING EXCEPTIONS TO

AGRICULTURAL BUFFERS (BUTTE COUNTY CODE SECTIONS 24-83 and 24-84); APPEAL SUBJECTS AND JURISDICTION (BUTTE COUNTY CODE SECTION 24-266); AND, THE AGRICULTURAL BUFFER IMPLEMENTATION GUIDELINES

NOTICE IS HEREBY GIVEN that the Butte County Board of Supervisors will hold a public hearing on **October 26, 2021** at 11:30 a.m. or shortly thereafter in the Butte County Board of Supervisors' Chambers, 25 County Center Drive, Oroville, California. At a public hearing held on September 23, 2021, the Butte County Planning Commission unanimously recommended adoption of the Zoning Code Amendment and Amendment to the Agricultural Buffer Guidelines to the Board of Supervisors

SUMMARY OF TEXT AMENDMENTS TO THE ZONING ORDINANCE AND THE AGRICULTURAL BUFFER GUIDELINES

This is a County-initiated amendment to the Butte County Zoning Ordinance (Butte County Code Chapter 24) regarding Agricultural Buffer Setbacks (Butte County Code Section 24-83), Exceptions to the Agricultural Buffers (Butte County Code Section 24-84), Appeal Subjects and Jurisdiction (Butte County Code Section 24-266) and the Agriculture Buffer Guidelines. The following specific amendments are proposed:

- Exceptions to the 300-foot agricultural buffer would be subject solely to ministerial projects, such as building permits. All applicability of exceptions to discretionary projects, such as subdivision, will be removed (Sections 24-83 and 24-84).
- 2) Adding in Exceptions to Agricultural Buffer Setbacks to Zoning Administrator Decisions that may be appealed to the Planning Commission (Section 24-266).
- Under the Agriculture Buffers Guidelines (Resolution No. 08-166), existing roads within a private easement, or that have dedicated right-of-way to the County, or another type of undevelopable feature that lies within the buffer are now included as part of the measurement of the buffer.

The proposed amendments are in alignment with direction of the Agricultural Buffer ordinance and Guidelines provided by the Board of Supervisors workshop on February 9, 2021 and the proceeding Planning Commission hearings held on August 19, 2021 and September 23, 2021.

In compliance with CEQA Guidelines Section 15061(b)(3) exemption ("Common Sense"), this project is exempt from CEQA review

Comments may be submitted in writing at any time prior to the hearing or orally at the meeting listed above or as may be continued to a later date. If you challenge the above application in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice or in written correspondence delivered to the Board of Supervisors at, or prior to the public hearing. For information call or send an email to Mark Michelena, (530) 552-3683 or <u>mmichelena@buttecounty.net</u>. For the latest information on how to submit public comment and/or participate at the meeting, visit bcadmin.net/meetings or contact the Clerk of the Board at 530-552-3300.

Halloween Safety

Vehicle verse pedestrian fatalities double on Halloween, and Halloween is one of the top three nights of the year for accidents, injuries, and deaths. Since CAL FIRE/ Gridley Fire Department would like everyone to have a fun Halloween weekend, we wanted to hit on a few more points this week for kids, parents, and drivers.

For Kids:

- Walk, don't run
- · Avoid loose, hanging costumes that can make you trip
- Take a flashlight or wear glow-sticks to help drivers see you
- · Look left, right and left again when crossing and keep looking as you cross the street
- · Stay on the sidewalk when available, if not, walk facing traffic as far to the edge as possible
- Never assume drivers see you
- Don't go into any houses unless you are with your parent or guardian
- Don't get into any cars with strangers
- · Keep your costume away from open fire and candles
- · Remember Stop-Drop-Cover and Roll if your costume catches on fire

For Parents:

- Be aware of possible tripping hazards in your kids costumes
- Plan a safe route for trick-or-treating
- · Never assume drivers see you or your kids
- Check the Megan's Law web site before heading out
- Check your kids treats for tampering
- Keep pets inside (sadly, cruelty to animals is common on Halloween)
- Don't leave lit candles unattended

For Drivers:

- There will be lots of excited kids out who may run into the road unexpectedly
- Don't text or phone and drive
- · Don't drive distracted
- Don't drive impaired, even one drink could kill
- A DUI can cost well over \$36,000 in court fees, bail, impound, and insurance.

Thank You, and Be Safe!!

Sparky the Dog Gridley Fire Station 74

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DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. FREE 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care of. Call 1-844-491-2884 (Cal-SCAN)

DONATE YOUR CAR TO KIDS Fast Free Pickup - Running or Not -24 Hour Response - Maximum Tax Donation – Help Find Missing Kids! Call 1-888-491-1453. (CalSCAN)

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Property is under construction and will soon have 1,2,3, & 4 bedroom units for rent!

The Housing Authority of the County of Butte is currently accepting applications for its Farm Labor Housing

property in Gridley, CA. We have 2 Bd. units available at this time. Rental assistance is available and provided by USDA Rural Development for those that meet USDA Rural Development guidelines. For more information contact our office at (530) 895-4474 or TDD 1-800-735-2929.

The Housing Authority of the County of Butte is an Equal Opportunity Employer and Housing Provider"

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Work Wanted Is it time to declutter and clean your garage and house? I can help! And I prune and weed and wash windows. References, College grad. Call Tim, 916-370-0858. (MPG 12-31-21)

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Experience helpful. Must have DOT physical and be willing to keep logs. No DUIs in the last 10 years, clean MVR.



STATEPOINT CROSSWORD • HOCKEY Crossword Puzzle Solutions on Page 6

CLUES

Crossword Puzzle on Page 6 Ρ s Μ S

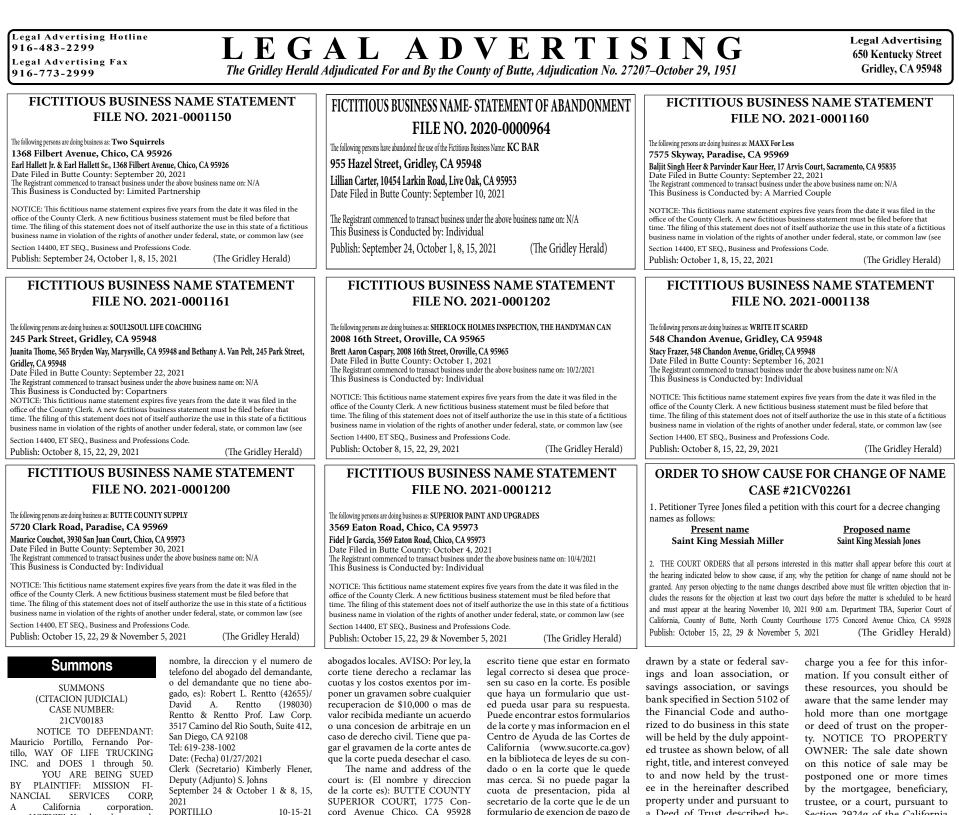


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NOTICE! You have been sued. The court may decide against you without your being heard un-less you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS af-

ter this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right <u>PORTI</u>LLO 10-15-21

SUMMONS (CITACION JUDICIAL) CASE NUMBER: 21CV00432

NOTICE TO DEFEN-Patrick Lynch NT: Patrick Lynch YOU ARE BEING SUED BY DANT: PLAINTIFF: Jaswinder Kaur NOTICE! You have been sued.

The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www. courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www. lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 dias, la corte puede decidir en su contra sin escuchar su version. Lea la informacion a continuacion. Tiene 30 DIAS DE CALEN-DARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www. sucorte.ca.gov) o poniendose en contacto con la corte o el colegio de

cord Avenue Chico, CA 95928 The name, address and telephone

number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Jaswinder Kaur 1490 Hwy 99, Gridley, CA 95948 Tel: 530-301-9258 Original File Date: (Fecha)

02/26/2021 Application for Publication of Summons: Date: (Fecha) 09/17/2021

Kimberly Flener, Clerk (Secretario) V. Cline, Deputy (Adjunto)

October 8, 15, 22, 29, 2021 10-29-21 KAUR

> SUMMONS (CITACION JUDICIAL) CASE NUMBER: 20CV00374 NOTICE TO DEFEN-

DANT: Stephanie M Eaton YOU ARE BEING SUED BY PLAINTIFF: Butte Coun-

formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un

abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia. org), en el Centro de Ayuda de las Cortes de California, (www. sucorte.ca.gov) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso. The name and address of the court is: (El nombre y direc-cion de la corte es): SUPERIOR COURT OF CALIFORNIA, COUNTY OF BUTTE, 1775 Concord Avenue Chico, CA 95928 LIMITED CIVIL CASE. The name, address and telephone number of plaintiff's at-torney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Josepĥ L Selby (#249546) Law Offices of Ferris & Selby 2607 Forest Avenue Suite 95928 130 Chico, CA Tel: 530-366-4290 02/6/2020 (Fecha) Date: Clerk (Secretario) Kimber ly Flener, Deputy October 15, (Adjunto) 22, 29 2021 November and 5, **EATON** 11-5-21

a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: JESSI-CA MCELROY AND MARLIN MCELROY, WIFE AND HUS-BAND AS JOINT TENANTS Duly Appointed Trustee: PROB-ER AND RAPHAEL, ALC Recorded 7/31/2018 as Instrument No. 2018-0025837 in book N/A, page N/A of Official Records in the office of the Recorder of Butte County, California, **IUDGMENT RECORDED 10/09/2020 INT#2020-0042099 Date of Sale: 12/1/2021 at 3:30 PM Place of Sale: Butte County Courthouse, 1 Court Street, Oroville, CA 95965, Main Entrance Amount of unpaid balance and other charges: \$221,491.53 Street Address or other common designation of real property: 1070 OHIO ST GRIDLEY, California 95948 A.P.N.: 009-041-014 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may

Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (855) 976-3916 or visit this Internet Web site https:// tracker.auction.com/sb1079, using the file number assigned to this case FHAC.377-113. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. For sales conducted after January 1, 2021: NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (855) 976-3916, or visit this internet website https://tracker. auction.com/sb1079, using the file number assigned to this case FHAC.377-113 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 9/22/2021 PROBER AND RAPHAEL, ALC 20750 Ventura Blvd. #100 Woodland Hills, California 91364 Sale Line: (855) 976-3916 Candy Herzog, Trustee Sale Officer A-4735594 10/08/2021, 10/15/2021, 10/22/2021 OCTOBER 22, 2021

away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the Cali-fornia Legal Services Web site (www. lawhelpcalifornia.org), the California Courts Online Self-Help Center (www. courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 dias, la corte puede decidir en su contra sin escuchar su version Lea la informacion a continuacion.

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The name and address of the court is: (El nombre y direccion de la corte es): Butte County Superior Court, 1775 Concord Avenue Chico, CA 95928 The name, address and telephone

number of plaintiff's attorney, or plaintiff without an attorney is: (El ty Credit Bureau А Corr NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS

after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Cen-(www.courtinfo.ca.gov/selfter help), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal require-

ments. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia. org), the California Courts Online Self-Help Center (www.courtinfo. ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 dias, la corte puede decidir en su contra sin escuchar su version. Lea la informacion a continuacion. Tiene 30 DIAS DE CALEN-

DARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por

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SPORTS

530 Sports Slow Pitch Softball Back on the Diamond



Slow pitch softball players are back on the diamond Monday evenings enjoying themselves with some friendly competition on Monday, October 4, 2021. Photo Courtesy of Joshua Porcayo

By Joshua Porcayo

GRIDLEY, CA (MPG) -Kawasaki field in Vierra Park is not the most ideal size field for adult slow pitch softball in Gridley but it works for now, and a lot of players enjoy the feeling of hitting a home run over the fence. Ideally, an adult size field would make for many more things within the adult sports world, but for now players come from communities outside the local

area to play and hit dingers. It's usually a good time with friends, family, and new players. Every Fall around September or October players come together for eight weeks of the regular season to make it into the one day of playoffs. The past few years have seen new champions every year.

This year, 530 Sports is seeing new faces on the diamond as well as a few new team names and new

team names are Bombs Over Tokyo, Cheers, Dirty Birds, Mad Batters, Mob City, Pirates, and Softball & Chill.

The season started on Monday, October 4, 2021, and will run until Monday, November 29th. Games are played every Monday from 6:30PM, 7:45PM, and 8:50PM. If you're looking for some fun entertaining Monday evenings, come on down to Kawasaki field in Vierra Park and cheer on managers. This year's your favorite ball player. \star

Sycamore Middle School Volleyball Having Great Season



Sycamore Middle School 8th grade volleyball player, Avery Mendenhall (#11), jumps high for the kill shot during their match against Franklin Elementary School on Wednesday, October 6, 2021, Photo Courtesy of Joshua Porcavo

By Joshua Porcayo

GRIDLEY, CA (MPG) - Middle school is usually the first introduction to the sport of volleyball for many young athletes. It's about pace, stronger, and more that time when many athletes pick up a volleyball high school level. for the first time and slowly get introduced to the fundamentals of the game. It's where the good and bad habits start to form, and the struggles materialize. The game can be a very difficult one, especially as players become more aware of the court, their abilities, their heights, and how to utilize their bodies in the best way to put force behind a strong hit.

Sycamore Middle School in Gridley, CA has some great instructors for the 7th and 8th grade volleyball

grade team) and Michelle Solis (8th grade team) have a way of teaching the fundamentals of the game to prepare them for the faster experienced players at the

This year's teams have shown tremendous progress over the season, with wins in their latest matches against Franklin Elementary School in Yuba City on Wednesday, October 6, 2021 at home. Both 7th and 8th grade teams had players diving for balls, jumping for blocks, executing sets to their outside hitters, and serving consistently over the net.

The Sycamore Middle School 8th grade volleyball team consists of: Aida Sarah Hamman (#22). ★

teams. Mike Erickson (7th Duran (#8), Alexis Alcantar (#2), Avery Mendenhall (#11), Evelina LaBuff (#3), Gemma Donati (#43), Gracie Leishman (#22), Gracie Yost (#7), Isabelle Santillan (#4), Katherine Gonzalez (#24), Sophia Moran (#25), Tory Patterson (#1), Vivian King (#9), and Yalany Romo (#23). The Sycamore Middle School 7th grade volleyball team consists of: Alejandra Gomez (#51), Ammara Khan (#0), Anahi Franco (#3), Analeigh Torres (#35), Ashleigh Sharrock (#42), Audriana Chanes (#5), Ava Campos (#11), Carol Fernandez (#40), Eve Sherer (#23), Gabriela Roque (#53), Isabella Gutierrez (#30), Maddison De La Fuente (#55), Rebecca Solis (#10), and



By Joshua Porcayo

GRIDLEY, CA (MPG) - The sun is still shining bright and it seems a bit warmer than normal this time of year, for youth sports in Gridley, CA. It's been a few weeks of playing games for fall sports with lots of excitement, entertainment, and intense competition. The City of Gridley Recreation Department's soccer season has been underway for a few weeks now. Players, coaches, parents, grandparents, and supporters continue to fill the fields at Gridley High School to cheer on their favorite youth athlete. On Saturday,

soccer and Titans football over a matter of hours and within a few hundred yards of each other.

Every player out on their which are all great things field of play giving it their all, learning the basic fundamentals of the sport, and trying their best to score a goal or touchdown for their team. Some of the greatest life lessons are being learned on those fields; sportsmanship, teamwork, respect, and how to put in hard work to achieve goals. One of the most important lessons young athletes are still learning about life is that when there is competition, there are winners and on the field this weekend, there are losers. Some of the October 16th, at Gridley October 2, 2021, sports fans greatest tests to a person's High School.

were able to catch youth character is when they lose. Does a loss motivate the individual to work harder and overcome that hurdle to win the next game? Or does that loss cause the individual to quit and give up? These moments of sports are some of the most important for coaches to embrace for their young athletes. Not just the outcome of the game or the trophy or medal to be won, but the teachable moments for coaches and players alike.

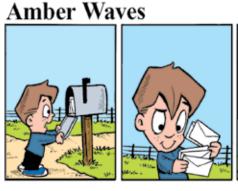
> The seasons are wrapping up here in a few weeks. Make sure to get out and catch your favorite soccer player or football player out ★



Gridley youth soccer players move the ball down field with defenders waiting for the steal during the match on Saturday, October 2, 2021. Photo Courtesy of Joshua Porcayo



WEEKLY COMICS



ADAM SANDLER IN

MOVIE.

Com Bland In alter

HA, GENIUS !

Out on a Limb

FUNNY HA HA

R.F.D.

00PTY, 00PTY, D00PITY D00_

I SAW BONNIE DAY AT

DID YESTERDAY, DAD.

SCHOOL TODAY AND SHE OOKED THE SAME AS SHE



FUNNY WEIRD

AND I SAW HER PARENTS WHEN THEY PICKED HER

UP AND THEY DON'T

LOOK ANY DIFFERENT

FITHER.

路



by Gary Kopervas

by Mike Marland

NO, JUNE, I DIDN'T

MEAN THOSE DAYS ARE

GETTIN' SHORTER.

ADAM SANDLER IN YOUR

PAJAMAS

OOPTY, OOPTY

LAFF-A-DAY

087

DOOPITY DOO.

The Spats





THEY'LL DO IT EVERY TIME



BY AL SCADUTO



SIGN OF THE TIMES DEP'T-(WHO'S WHO DIV. PICKING UP YOUNG WOMBO AT SCHOOL ... OUT COME THE BOYS AND IT'S AN ARMY OF LOOK

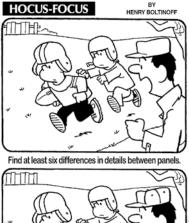


ALIKES











"Not now! I'm right in the middle of baseball

season!'





"Are you mad at me about something,

Mr. Bryant? You haven't delivered any mail

Digital Bootcamp A 4–Part Series Save These Dates October 12, 2021 October 19, 2021 October 26, 2021 Tuesday Tuesday Tuesday 1:00 pm - 2:30 PST 1:00 pm - 2:30 PST 1:00 pm - 2:30 PST In Cooperation With: Brought To You By: SMALL ٢S ΜE RICA BUSINESS DEVELOPMENT CENTER BUTTE COLLEGE NORTHERN CA NETWORK Shane Barker FFILIATE Founder PROGRAM CLOUT **REGISTER NOW!!!** https://us06web.zoom.us/webinar/register/WN_EOcdIFEhQ3y7JAAAjRK2-w Save These Dates: October 12th, 19th and & 26th | 1:00 pm to 2:30 pm PST **Description:** In this 4-part webinar series, you willlearn: How to build a business that focuses on providing great customer experience • How to leverage different online platforms to get more sales How to identify the right metrics to track for business success





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Woman Sentenced for Stealing from Fire Victim

Butte County Superior Court Press Release

BUTTE COUNTY, CA (MPG) -A 31-year-old Oklahoma woman was sentenced to felony probation with a 120-day suspended sentence this afternoon for embezzling over \$63,000 of Camp Fire insurance money from an elderly Camp Fire victim, who had raised the woman from the age of eleven.

Brenda Rose Asbury, 31, of Oklahoma, appeared before Butte County Superior Court Judge Michael Deems after her previously entered plea of no contest to grand theft from the 75-year-old woman she called her adoptive mother. Despite the District Attorney and Probation Department's request that Asbury be imprisoned for 120 days in county jail as part of a formal probation, the judge felt that Asbury's previously served 17 days in jail awaiting her plea, her clean record, and desire to pay back the money

to the victim deserved no further jail time.

District Attorney Mike Ramsey noted the 75-yearold Camp Fire victim had received insurance payments totaling over \$127,000 for the loss of her Paradise home in the November 2018 fire. After relocating to Lake County due to the Camp Fire, the victim had taken the defendant, Brenda Rose Asbury, 31, of Oklahoma, into her new residence to help the defendant escape a bad relationship in Oklahoma. The victim had paid travel costs so that the defendant, whom she called her "daughter", could make it to California.

Ramsey said Asbury convinced the victim to put Asbury's name on the bank account containing the victim's insurance settlement to "protect it" from any attempt by the state to recoup money used for the care of the victim's dying husband. Still distressed from the Camp Fire, the victim agreed to Asbury's

plan and put Asbury on the account, in name only, so that nothing would happen to the money, which was supposed to help the victim rebuild her life.

Ramsey said at no point was Asbury given permission to use any of the money in the account. However, Asbury drained \$63,100 from the account and fled back to Oklahoma.

At sentencing, Deputy District Attorney Dong-Jin Lee noted that "disasters can bring out the best in people, and the worst," and Asbury unfortunately chose to commit the "most despicable of crimes", by taking advantage of the person who had raised her and treated her like a daughter.

Judge Deems placed Asbury on felony probation with the conditions that she participate in a job training program, work full time, or submit proof of 10 job searches a week so she could begin paying back the \$63,100 that was embezzled.

Cross Country Does Well at Sutter High School 5K Run



Emmanual Martinez just before the mile marker in 11th place. Photo provided by Steve Allard

By Steve Allard

GRIDLEY, CA (MPG) - The weather was perfect for a run at the base of the Sutter Buttes. It was partly cloudy with temps hovering around the mid 70's. The varsity boys cross country team fielded seven runners, 1 senior, 2 juniors, and 4 freshmen. The top finisher for the Bulldogs was Emmanual Martinez, 3rd-year runner, who finished the 5 K race at 21:37, 12th overall. In 19th place was first-year runner, Jackson Nelson, clocking 22:49. Emmanuel and Jackson both shaved off nearly a full minute from their previous race. Setting personal records were, freshmen, Zachary Bonnifet, William Yost at the race while Richard (Duffy) Villalobos rounded out the scoring team. Zac finished 25:40 (31st), William &



Giselle Cardenas crossing the finish line. Photo provided by Steve Allard

and Adam Khan had 28:31 and 29:43.

The two varsity girls were Gisella Cardenas (11th) and Angela Gutierrez (11). Gisella completed the race with 31:40, setting a personal record. "I ran so much better today,"

respectively. Tyler Owens improving her time by 2 minutes. Angela crossed the line with 38:22.

> Our lone JV girl runner was Mariela Cortez, a freshman. She ran the 2.3-mile course in 32:33 setting a personal record in her debut sporting event.

Gridley Parks and Recreation Needs Input!

By Seti Long

GRIDLEY, CA (MPG) - The City of Gridley's Parks and Recreation Department is planning a series of public comment Zoom meetings and is inviting the citizens of Gridley to participate.

The meetings are intended to allow for community input as the City prepares to apply for funding from the Rural Recreation and Tourism Grant, through the California Parks and Recreation program that could allot up to \$3 million in funding per grant application. Any funds awarded from this grant would be intended for use towards the realization of the Sports Complex Master Plan

at the Gridley Industrial Park and the Manuel Vierra Park Revitalization.

These meetings will be held in both English and Spanish and are scheduled for the following dates: English Meetings: Saturday, October 16, 2021 from 9:30 -10:30 am; and Tuesday October 26, 2021 from 6:30-7:30 pm. Spanish Meetings: Thursday October 14, 2021 from 6:30-7:30 pm; Saturday, October 16, 2021, 11:00 am-12:00 pm. City Council Meeting: Tuesday, October 18th at 6:00 pm.

This is the first time that a series of public input meetings has been conducted using QR codes to launch the zoom meetings. The flyer with respective QR Codes for each meeting can be viewed at: https:// bit.ly/3oYoflk. A Facebook post by the City of Gridley provides instructions: "Please use the QR Codes with your smart phone camera to attend the Zoom meeting and give us your input! If this is your first time using a QR Code open the camera on your smart phone and hold it up to the QR code to join the meeting. The Zoom meeting will pop up and allow you to join once the meeting has started. For more information about the projects, please contact the City Engineer, Dave Harden, PE at 530-906-1806.

Duffy ran 25:49 and 26:04

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