



# RED SUSPENDERS DAY



# THE GRIDLEY HERALD

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FRIDAY • MAY 14, 2021 • VOL. 141 NO. 20

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# 60 Years of Red Suspenders



Happy 60th Anniversary! Countless hours of work from these volunteers, members of the Gridley Area Chamber of Commerce and local Firefighters, coupled with the support of local businesses, the Gridley Police Department and more have made yet another Red Suspenders Day a possibility for our community! Photo by Seti Long

By Seti Long

**GRIDLEY, CA (MPG)** - After a year hiatus, Red Suspenders Days is back to celebrate its 60th anniversary and our younger generations, with the 2021 theme of "Celebrating our Youth."

With COVID-19 still a concern to many, the Gridley Area Chamber of Commerce has put forth a strong effort to maintain social distancing precautions. Handwashing stations, along with hand sanitizing spots, will be located throughout the expanded footprint of the event - booths, vendors, and more will be spread out throughout the downtown corridor and parks. Visitors are asked to wear their masks and to abide by social distancing standards.

Festivities begin Friday, May 14th, with Unjustice Court. Even the most innocent might get a trip to the slammer for the fundraiser, but they won't leave hungry. Those arrested

for Unjustice Court will be treated to lunch courtesy of Our Town Pizzeria & Deli, while they enjoy their socially distanced jail experience and wait for someone to post their bail.

Things will really start to heat up Saturday, May 15th, with the traditional **Little League Pancake Breakfast** at Railroad Park (downtown). This year, there are no pre-sale tickets, just head on down to Railroad Park (downtown Gridley) between 7:00-10:00 am for your fill.

Beginning at **8:00 am**, the **Classic Car Show** and vendor booths open to the public. Cars, trucks, and motorcycles will be on display for your viewing pleasure with judging for: Best Engine, Best Interior, Best Paint Job, Best of Show, and People's Choice.

As for vendors, Red Suspenders Days marks the official kick-off of the Gridley Farmers Market. Dhillon

Farms will be on hand with fresh fruits and vegetables, while a total of 75 other vendors will be spread throughout the Red Suspenders Day festival area. Non-food vendors include but are not limited to: Scentsy, Paparazzi, doTerra, Pure Romance, Origami Owl, crafts, purses, kids' toys and more.

Since "Celebrating Our Youth" is the theme this year, children can expect many events to be geared towards their entertainment. There will be pony rides and a petting zoo. The Princesses will be in attendance, and much more!

The **Bed Races** will energize the crowd at **9:30 am**, with the **parade following at 11:00 am**. The Parade will have an extended route, running from Virginia, to Hazel, to California streets and three announcing stations located at: Virginia St., Hazel St., and at the Hazel/California St. turn. If fire conditions permit, 20 different

CALFIRE units will be a part of the parade, along with flight units (helicopters) arriving later in the day. This year, the annual Firemen Games may look a little different, due to water conservation efforts, but will begin at **1:00-4:00 pm** at Rotary Park.

The WSB band will provide music for those in Daddow Park while they shop, play, and eat from one of the 14 different food vendors on hand for the day. Items such as kettle corn, coffee, shaved ice, apple fries, gourmet sandwiches, hamburgers, tacos, and more are all set to be available. Of course, the Gridley Lions Club will have a fundraising booth selling hot dogs, and the **Gridley Museum's Drive-Thru Tri Tip Dinner** will wrap up the day's festivities from **4:00 -7:00 pm**. See Gridley Museum for purchase.

Cheers to 60 years of Red Suspenders Days and here's to more years to come! ★

# Butte College Names Frazer Employee of The Year

By Seti Long

**GRIDLEY, CA (MPG)** - Butte College recently named Nurse Practitioner Jordan Frazer, MSC, NP-C, Employee of the Year!

Nurse Practitioner Frazer grew up in Gridley, completing his undergraduate work in Nursing at Chico State in 2003 before working at Enloe Medical Center in the Emergency Department and Trauma ICU. He then moved on to work for Mountain Lifeflight as a flight nurse in the Susanville area, and decided to pursue his Master's in Nursing degree at Graceland University. In 2010, Frazer finished his Nurse Practitioner training, with a specialization in Emergency Medicine and Neuro-trauma.

Nurse Practitioner Frazer returned to Gridley in 2011, working as a Nurse Practitioner while also flying for CalStar Air Medical. In 2013 he left flight care and turned his attention to his work as a Nurse Practitioner with a focus on family medicine and pain management. In 2019, he joined the Butte College healthcare team and now serves as the Director of the Student Health Center.

Of his experience at Butte College, Nurse Practitioner Frazer writes, "I feel like I've found the opportunity I was seeking to spend time with patients, form trusting relationships,



Nurse Practitioner Jordan Frazer with daughter Clary. Photo provided by Stacy Frazer

and address health in a multi-faceted manner. The freedom I'm given to give students extra attention when they need it, free of the restriction of third-party payors, has been a refreshing

change from traditional practice, where quantity is valued over quality."

Nurse Practitioner Frazer's thorough care and dedication during one of the hardest years on record was no doubt one of the reasons that Butte College recently named him Employee of the Year. Dean of Student Services, Jo Anna Tauscher Birdsall said of Nurse Practitioner Frazer's selection, "the President and VP's of her leadership team select the individual who has made a difference for the academic year ending. Jordan was chosen based on his work and collaboration surrounding COVID-19 and campus operations."

His wife and fellow physician assistant, Stacy Frazer, PA-C, says, "I feel... it's well deserved. He's a talented man who works incredibly hard to do the best job possible. He never slacks and never quits. Every place he's ever worked has been lucky to have him. So am I."

Frazer continues to go the extra mile, saying, "Still in love with Emergency Medicine I joined Butte County Fire in 2013 and continue to serve as a Firefighter/Engineer." All while being a dedicated family man and artisan - he enjoys working on his small farm with his family, playing with his 5-year-old daughter, and creating intricate leatherwork masterpieces. To the man who can seemingly do it all - Congratulations! ★

## Coach Jimenez Plays his Last Game



Coach Juan Jimenez prepares to hit the gridiron one last time, as he retires from the Grizzlies, a semi-pro football team out of Chico. Photo by Seti Long

By Seti Long

GRIDLEY, CA (MPG) - Whether you attended Manzanita School or Gridley Schools, many students will remember Coach Juan Jimenez.

Jimenez began coaching in the Oroville area but

eventually made his way to Manzanita School and later Gridley Schools in the '90s. His coaching specialty focused mostly on basketball and football. At one time, Jimenez says he had a basketball school at Manzanita through Gridley Parks and Recreation and

had the honor of coaching Festus Ezeli, who went on to play for the Golden State Warriors.

Since moving away from coaching high school sports, Jimenez has been playing semi-pro football with the Grizzlies out of Chico. The team is part of the Pacific Coast Football League and travels to play other area teams in the league. About his foray into semi-pro sports, Jimenez says, "I actually started coaching. At first, we didn't have enough offensive linemen, so then I dressed down one game and ... I've been playing for the last five years!"

Jimenez has enjoyed playing but says he is ready to retire. He donned his pads and jersey for the last time as he took the field with the Grizzlies against the Capital City Fury from Sacramento at Harrison Stadium in Oroville, Saturday, May 1st. The Grizzlies went in sitting (0-3) for the season. Hopefully, Coach Jimenez can get one more win for the road! ★

## Big Debut for Gridley Pony Plop!



Say hello to Chocolate, one of the ponies that will be plopin' this coming Saturday! Photo provided by Will Sheffield

By Seti Long

GRIDLEY, CA (MPG) - Something new is coming to Red Suspenders Days this year and it is kinda messy – but that's the fun! A heard of half-pint horses

will bestow on Gridley, the honor of hosting our very own Pony Plop Bingo contest!

Yes, you heard right. The Pony Plop Bingo arena will be located on the northwest corner of Hazel and Virginia streets in Downtown Gridley. Down from the Auburn area, the most adorable ponies will be heavily fed and then turned loose on a grid comprised of 288 squares within the arena. As the ponies meander around the grid, doing what ponies do, they are expected to leave piles of "plop" behind. The goal of the Pony Plop is to be the owner of the square that gets the most "plop" at the end of the day. The biggest pile of plop wins the grand prize of \$500!

Those interested in seeing how much plop they can collect on their square can purchase one for just \$10 on Red Suspenders Day. Bingo Squares go on sale at 7:00 am and are first come, first serve. The plopin' starts at noon. All proceeds benefit the Gridley Area Chamber of Commerce. ★

## Gridley Library Accepting Book Donations

Gridley Friends of The Library

GRIDLEY, CA (MPG) - Gridley Friends of the Library has an ongoing paperback book sale in the lobby. The selection is constantly changing so take a look whenever you're in the library. We need books to supply our lobby book sale and our

quarterly book sale. We are always glad to receive your "pre-owned" books, paperback or hard back, as long as they are in good condition--no torn covers, stains, mold or water damage. Mysteries, thrillers, westerns and adventures are particularly popular, especially recent releases. ★

## Open House on RS Day

By Bonnie Schnepel, Gridley Christian Church

GRIDLEY, CA (MPG) - Gridley Christian Church is celebrating God's faithfulness over the 136 years we have been shining the light of His love in the local community. On Red Suspenders Day the sanctuary will be open for viewing. A historical display highlights the history of Gridley Christian Church. An antique pulpit Bible printed in the 1860s will be part of the display as well as various pictures and documents.

The church was founded on May 10, 1885, with 28 charter members. The

main part of the church building was completed in 1900 and the side room was added in 1922. The basement was added in the 1950s.

The exterior of the church building looks very similar as when it was built. Obviously, there have been many changes to the interior of the building over the years. What has not changed is our great God who still changes lives today as He did in 1885. The church building is located on the corner of Hazel and Washington Sts. The church also has a food booth near the church's main entrance. Come visit us at Gridley Christian Church- Where Everyone is Family. ★

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# 100 RED Suspenders!



Lynne and Larry show off this year's hot Red Suspenders Day gear! Don't miss out, get your t-shirt or red suspenders for just \$15! Photo by Seti Long

By Seti Long

**GRIDLEY, CA (MPG)** - Red Suspenders Days received quite a surprise from Welch Workwear.

Curious about their suspenders, a volunteer working with the

Chamber of Commerce, contacted the company with multiple inquiries. After some exchanges, Welch Workwear decided to donate something special to the Chamber in honor of Red Suspenders Day - 100 pairs of Red

Suspenders! Welch Workwear, out of Oregon, has had a love for making suspenders since founder Fred Welch started the business in 1967. Their website shares the story of the family-owned business and even features a "Suspender History" at welchworkwear.com. Today, they are partnered with Kinco, but continue to make the "strongest suspenders on the market" and pride themselves on unmatched quality made in the USA.

The Welch Red Suspenders are sure to become a Red Suspenders Day classic. They have been printed with the text "Red Suspenders Days, Gridley CA" and will be on sale to the public Saturday, May 15th at Red Suspenders Days for \$15.00! Do not forget your 2021 60th Anniversary "Celebrating Our Youth" Red Suspenders Day commemorative T-Shirt designed and made by Mrs. B Designs! You can purchase yours at Red Suspenders Days for just \$15 for adults, \$12 for youth, and \$10 for infant onesies! ★

# Hoses vs Hydrants



The last match-up, held in 2019, pitted fireman against fireman in the epic Guns -vs- Hoses game. No doubt some of these players will be returning to the field this year to claim victory! Photo by Josh Porcayo

By Seti Long

**GRIDLEY, CA (MPG)** - Just when you thought the dust was settling on the Little League main baseball field, CALFIRE arrives to set it ablaze - in competition!

The annual Guns -VS- Hoses baseball game, thought to be established in the year 2000, has been a friendly rivalry between Gridley Police Department and the Gridley Fire Department/CALFIRE Station 74 and tradition the evening before Red Suspenders Day. The last few years have seen some local crews running light and lean, so players step up to augment the rosters.

This year, the dueling teams will be comprised of just our area Firefighters, hence the title of this article. The game begins at 7:00 pm Friday, May 14th at Vierra Park. A Home-Run Derby will be held just before the game and anyone can join in. For just a \$10 buy in, each person gets 10 tries at hitting a home run. The most home runs out of 10 wins the pot!

The snack bar will be open and operating during the game, with proceeds benefiting the Gridley Little League. Come on out and see which side puts the game away and wins bragging rights for the year! ★



2019 Home Run Derby Champion, Cody Cloyd, poses during the annual Guns -vs- Hoses softball game at Vierra Park on May 17, 2019. Photo by Josh Porcayo

# RED 74



Station 74's bold sign is glowing RED just in time for Red Suspenders Days! Photo provided by Mike Conaty

By Seti Long

**GRIDLEY, CA (MPG)** - Gridley's CALFIRE - Butte County Fire Station 74 has had a little work done and thanks to Gridley High School and Sutter Buttes Manufacturing, the freshly painted fire house has a flashy new sign.

The sign is more solid than flashy, constructed out of heavy steel. Station 74 Fire Captain Mike Conaty says that the sign was "a combination of local effort." The materials were provided through Butte County Fire, Gridley High School Ag Welding and Fabrication class cut and welded the design together, and Sutter Buttes Manufacturing powder coated it.

The new sign was designed by the Gridley crew, and is the traditional

Maltese cross with the words "Truck", "Engine", and "Rescue" on each arm, "74" in the center and "Gridley Fire" at the crown. All of which reflect the station's equipment and heart. Captain Conaty says of the design, "we kept it simple and to the point .... We keep our roots with "Gridley Fire" - and we take that pretty seriously."

The sign has been outfitted with colored LED lights and Gridley CALFIRE plans to put them to good use during the holidays, or for special months like "breast cancer awareness month" where they plan to turn the sign pink. Gridley CALFIRE - Butte County Fire, Station 74 will thank the Ag Mechanics Class that brought their design to life, with a special honor later this month. ★

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# The New Pi-Line



By Josh F.W. Cook

A new addition to Red Suspenders Day - Donkey poop gambling. A series of squares will be drawn on the ground and numbered. The animal is released into a cordoned the area around

the squares, and on which-ever square the animal relieves itself will cause the person who purchased that rights to that unfortunate square to be the designated "winner," and the prize is \$500. The shortage of available donkeys (ask yourself when did you last see a donkey) has necessitated changing to a horse and the event's name to be changed to Pony Plop. The money from the sale of these squares is pooled, and the cost of the horse and the \$500 prize are subtracted. The rest goes to support the local non-profit for

the benefit of the community. In true Gridley style, the second place "winner" is awarded the animal by-product, which can be used as fertilizer for one's garden. The bed races have always been the scene of much wild, emotionally driven wagering; this pony plop will fit right into the history of interesting community events. Tickets are only sold on the day of the event. Hoping for a less than scorching weather for all of these festivities.

\*\*\*  
Josh F.W. Cook, is a public administrator and educator. ★

## Targeting Mosquito-Breeding Sources

### Butte County Mosquito & Vector Control District Press Release

Commencing on Tuesday, May 4, 2021, the Butte County Mosquito and Vector Control District (District) will conduct aerial surveillance of un-maintained swimming pools and other "backyard breeders" such as, boats holding water, ponds without circulation, unused tires, un-maintained hot tubs, and other man-made objects that hold water. "It is crucial for the District to locate and treat these suspected mosquito-breeding sources early in the mosquito season to prevent larger populations from hatching off in the summer, when virus is most active" said Matt Ball, District Manager of Butte County Mosquito and Vector Control District.

Public health officials expect the mosquito transmitted West Nile virus (WNV) to be a serious public health concern in California this year. Last year WNV continued to be extremely active in Butte County, as well as the rest of the state and country. "Undoubtedly the number of human cases could have been far worse in the state last year if it had not been for this program and others like it," Ball said.

The Butte County Sheriff and the District have again joined forces in this

effort to protect the public's health. The Butte County Sheriff's helicopter will be available to assist in most of the flights that will be required to accomplish this project.

The District has decided to start the helicopter surveillance program in May this year. The hope is to locate problem-breeding sources earlier in the mosquito season lessening the severity of urban mosquito populations later in the year. Mosquito larvae have already been located in many urban mosquito-breeding sources and if the District delayed the program any longer, several generations of mosquitoes would hatch from these areas heightening the likelihood of virus transmission later in the summer.

Residents are urged to protect themselves from mosquitoes by avoiding peak mosquito activity times, wearing repellent, and preventing mosquito breeding on their property. Residents should inspect their properties for any standing water and do what is necessary to remove the water and safeguard their property to ensure water will not stand in the future where applicable. Residents are encouraged to report mosquito breeding areas and mosquito problems to the District at 530-533-6038, 530-342-7350, or [www.ButteMosquito.com](http://www.ButteMosquito.com) ★

## MEMORIAL NOTICE

### Ronald Wesley Moore

June 17, 1959 to May 4, 2021

Ron passed away suddenly at his home in Washington on May 4th. He has survived by his wife Cathy Moore of Metaline, Wa. Two son's Aj Moore of New Orleans, Nicholas Moore of Chico, Ca and one daughter Cherokee Moore of Yuba city, Ca. One Brother Bob Moore and Tisha of Chico, Ca. One sister Laura Jean Moshiri of Redding and numerous nieces and nephews. One grandson Brixton Cassady



Beatty of Washington. Ron is proceeded in death by his parents Joseph and Shirley Moore of Metaline, Wa and one brother Kenneth Moore from Metaline, Wa. Ron was a long time resident of Gridley. He was a Gridley police officer for 19 years. He was also the city D.A.R.E officer for 9 years. Ron enjoyed riding his Harley, fishing, golfing, and more than anything hanging out with his family. There will be a memorial held in his honor on May 21, 2021 at 1:00pm at Daddow Park gazebo in Gridley.

## MEMORIAL NOTICE

### Sheila Jean Melton

August 3, 1958 to May 3, 2021

Sheila Jean Melton was born in Oroville California, in 1958 to parents Bill and Betty Melton.

She is survived by her daughter, Katrina Morgan, and grandson Justin Melton, brother Steven Melton (Dee), brother Kenneth Melton (Belinda), sister Yalline Bossard (Tim), sister Frieda Jensen (Richard), brother Wade Melton, sister Barbara Brock (Doug) and her spouse of 34 years, Kevin Scott.

Celebration of life will be held Sunday May 16th at 11:00 am at Vierra Park, Gridley.






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*Presenter: Shane Barker – owner of Clout Consulting, LLC is a digital marketing consultant who specializes in ecommerce, influencer marketing, product launches, sales funnels, targeted traffic, and website conversions to drive sales. He has consulted with Fortune 500 companies, influencers with digital products, and a number of A-List celebrities, and is an instructor at UCLA.*


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## CORNER

# Earthquake Preparedness

Each year 12,000 -14,000 earthquakes are reported; that's an average of 35 earthquakes a day. When earthquakes strike a populated region, they can cause extensive property damage. Buildings and bridges can collapse, and gas, water, electric and phone service can be disrupted. Earthquakes can also cause serious injuries and fatalities. Scientists cannot predict precisely when or where one will occur. It's important to know what to do before, during, and after an earthquake:

**BEFORE ...**

Identify safe spots at home and work:

- Under sturdy tables or desks
- In structurally sound or strongly supported doorways.
- In a small room or hallway
- Never take cover near windows or heavy furniture that can tip over, such as bookcases and entertainment units. Avoid poorly supported doorways, such as those with metal frames.

**HAVE A PLAN**

- Family members can become separated during an earthquake. Be prepared by creating a plan for how to reach one another. Establish an out-of-area contact (such as a relative or family friend) who can coordinate family members' locations and information should you become separated. Make sure children learn the phone numbers and addresses, and know the emergency plans.
- Prepare a family disaster supply kit. Families with children should have each child create their own personal pack.

**DURING ...**

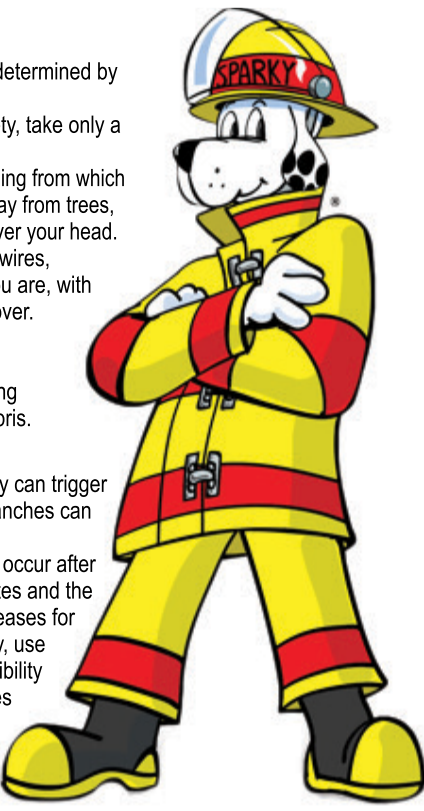
- Stay Calm. The precautions you should take are determined by where you are when the earthquake begins.
- If inside, take cover and if you must move for safety, take only a few steps and stay there until the shaking stops.
- If outside, stay at least 10 feet away from any building from which window glass and other debris could fall. Move away from trees, streetlights, and power lines. Crouch down and cover your head.
- If in a vehicle, park in a location away from trees, wires, buildings, bridges and overpasses. Stay where you are, with your safety belt fastened, until the earthquake is over. Never stop under or on a bridge.
- If in a coastal area, move to high ground.
- If in a mountainous area, watch for and avoid falling rocks, broken roadbeds, landslides and falling debris.

**AFTER ...**

Earthquakes are dangerous, but the disasters they can trigger such as fires, floods, landslides, tsunamis and avalanches can be more devastating.

Expect aftershocks, smaller earthquakes that can occur after a major quake. Monitor radio news reports for updates and the latest emergency information. The risk of injury increases for those who go outside too soon. If you lose electricity, use a flashlight. Never use candles because of the possibility of a gas leak and the danger of fire. When authorities say the event has ended, check your home for structural damage, gas leaks, and fire. Report any problems to the appropriate authorities.

Record any damage that has resulted from the quake.



Thank You, and Be Safe!!

**Sparky the Dog**  
Gridley Fire Station 74

Source: FEMA, National Earthquake Information Center

# Gridley Thumbs and Roots



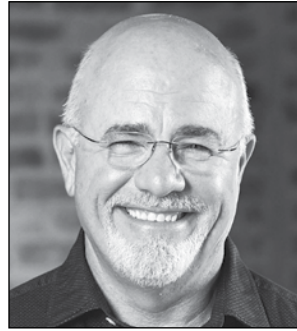
By Barbara Ott

The riotous growth of Spring has begun. The lawn, the flowers, the bushes and the trees are busy growing larger. The lawn looks like a ragamuffin within two days of being mowed. The spring flowers are getting bigger each day and the oncoming summer flowers are trying to catch up. Some of the Spring

annals like Columbine are setting seeds while the perennials like Saliva and Abutilon are awash with so many flowers the bees are swarming in a frenzy. The fruit trees are sending out new growth that is hard to keep up with. Usually keeping up with the trees is not a problem, but I do the many prunings a year to keep my fruit trees about five feet tall. It looks to be a good Aprium year. My espalier Aprium is loaded with fruit. It looking like the O Henry doesn't have much fruit but my Flame dwarf is loaded as usual. Sadly, it is a beautiful small tree that produces a lot of fruit that is rather tasteless. My new peach tree June Delight is growing very well, maybe it will fruit

next year, we'll see.

This year has been a great artichoke year here. The plants are huge and so are the artichokes. This is not always a wonderful thing due to bugs inside of the artichokes. This year so far, the bugs have not come. The ants were busy putting aphids on the Columbine buds and seed pods. It has been great to eat home grown artichokes without bugs. As far as the strange aphid infestation on the Columbine pods, it's not a big problem because I only save part of the seeds each year and there are plenty of uninfected plants from which to collect seeds. Water your plants well with the heat we are experiencing this Spring. ★



## Good News and Bad News

Dear Dave,

My wife and I are in our late twenties, we have no debt, and our household income is about \$180,000 year. We're thinking about building a home, but we're not sure whether to build just for us, or maybe building a multi-family place so we could live upstairs, rent the rest, and make some money. Your advice would be appreciated.

—Joel

Dear Joel

If you're looking strictly at quality of life considerations, like privacy and having a little room to yourselves, a single family home is the way to go. But, if making extra money is important to you at this point, a multi-family structure might work. The good news is your tenants

## Dave Ramsey Says

would be right there. The bad news is your tenants would be right there!

From a landlord's perspective, living next to or above your tenants means you can keep an eye on things a little better. Your tenants might also take better care of the place with you around. But those kinds of situations aren't always beautiful things. When you're living a floor or wall away from someone, you're all up in their business, and they're all up in your business. It's not for everyone.

If you're planning to have kids soon, I'd recommend going the single family route — specifically because of the quality of life. Looking at the other side, you'll make money with a multi-family construction, but it'll probably be a pain in the butt. You'll be giving up some things if you go that route.

Let me put it this way, Joel. I've owned a ton of investment real estate in my life, and my wife didn't want to live in any of those properties. Still, there's nothing inherently

wrong with either decision. Just make sure your mortgage is a 15-year, fixed rate loan, and the monthly payments are no more than 25 percent of your combined take home pay. Save up for a down payment of at least 20 percent to avoid PMI, too.

Take a hard look at the numbers, and make sure you and your wife have a long, long talk about everything. You two should be in complete agreement about every aspect of this situation before moving forward!

*Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions.* ★

# Thoughts to Ponder

by Kathy Neal



now put on a shelf.

God gives us permission to grieve when we experience the death of a dream, or a life we once knew — as season of life. It's how we handle the experience that counts.

Imagine Abraham and Sarah felt the same way when after long years of trying and growing old that a promise made by God was left unfulfilled. No heir. Now almost a hundred years old, they were lost and downtrodden. But in God's timen — God's own good time — a baby was born. Faith, hope renewed.

I read in a paper a thought I wrote down just for these times. As we grow older, retire, move, or are displaced due to fires, flood, or pandemic we experience depressive thoughts and feelings.

We feel we are no longer needed or useful. We feel our lives have peaked or are over. We speak and no one hears. We offer help and it is refused.

Thank goodness that at 40 years Moses left Egypt; at 80 years he returned to lead a band of exiles to a new land, at 120 years he brought them to the borders of the Promised land. That is faith and hope.

As our world and live change in these years of chaos, let's remember we still have a purpose, a battle to fight, and people to save, and a Lord to serve (no matter how small or insufficient). Remember no matter our circumstance He wants us to spread His word and ways.

Find a way to feel useful, even if it is giving a smile to someone to show our and the Lord's love to someone standing on the corner at Walmart. You still have a purpose in God's Kingdom. That is why we are here.

Come find your purpose at the Gridley United Methodist Church. Search with us on Sunday's at 10 am. We are located at the corner of Haskell and Magnolia Streets. ★

People change. Places change. Towns cease to exist. Older people retire. Small towns get smaller. Stores close and move. Malls stand empty. Jobs diminish. Older buildings that hold years of memories burn and many are leveled.

Towns and small cities lay in ashes as the world continues to turn. Then we return home to the devastating scene and our hearts are broken. The once surviving, joyful places we called home are no more. All at once we feel, ah! Old. Our childhood memories flood forth and we are lost.

The older we get the less important and needed we feel. Just like familiar places we once roamed are

# Slim Randles' HOME COUNTRY



Slim Randles

Larry Phillips has a special look about him these days. Oh, he's a happy enough guy anyway. Has Sharon and the kids and is proud of all of them. His job's not bad and he makes a living. Bowling on Tuesday nights, that sort of thing.

But it's more than that. You see, Junior's a yearling now, and he's looking good.

Of course, Junior is just what Larry and the family call him. He has a real name, registered with the Jockey Club, that is about that long and means Junior

## Junior's a Yearling Now

will be eligible for having his shot at racing someday.

Of course, being a yearling, he's too young to ride. That's at the very least a year off. But Larry has this pasture and he loves watching Junior run around on it. He sees those churning legs flying through the pasture grass, but what Larry is really seeing are those legs churning up the dirt on the home stretch of the Kentucky Derby in two years. Churning up the dirt with Junior out in front of the rest of them, of course.

Larry and Sharon bought Junior's mother after saving up for a long time.

Sharon took in ironing and Larry worked two jobs for a while until they could afford it. The old mare died a month ago of just being tired, I guess, but she left

Junior behind.

And with Junior ... who knows? Of course the racing competition will be tough, but that's just the name of the game. Look at Junior there. Doesn't he have that look of eagles in his eyes? Can't you picture him getting his picture taken with Larry and Sharon and the jockey in the winner's circle?

It's happened before. Fast horses come from unlikely places, sometimes. You can't see the future, of course. But there's one benefit to having Junior around that's built in and is already in effect.

It's a fact; no one with a yearling ever commits suicide.

*Brought to you by the novel Sun Dog Days, by Slim Randles. From www.unmpress.com.* ★

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1453 Downer Street, Suite A, Oroville, CA 96965  
(530) 534-7100

# Trevor Loudon to Speak at Feather River Tea Party Meeting



Trevor Loudon

By Larry S. Virga, Feather River Tea Party Patriots

**YUBA CITY, CA (MPG)** - The Feather River Tea Party Patriots announced Trevor Loudon will be the Special Guest Speaker at their next meeting, Monday,

May 17, 2021.

Trevor Loudon is a New Zealand author, speaker, and political activist. He is the author of Barack Obama and the Enemies Within and The Enemies Within: Communists, Socialists and Progressives in the U.S. Congress, which was made into a documentary in 2016 titled the Enemies Within. This DVD will be available at the meeting along with his latest book White House Reds, which he will be signing.

Dangerous Documentaries' released Trevor Loudon's America Under Siege: Antifa DVD at a time when political violence and civil

unrest are part of the daily American paradigm, and the film does great work of getting to the bottom of why these anarchist communists are doing what they are doing.

Everyone is welcome. There is no membership requirement and no cost to attend. The Monday, May 17, 2021, Feather River Tea Party Patriots' meeting starts at 6:30 p.m. at Crossroads Community Church, 445 B Street, Yuba City. Doors open at 6:00 p.m.; come early to socialize with like-minded patriots, enjoy the refreshments, and get a good seat.

For more information contact Larry or Carla at (530) 755-4409. ★

# Assembly Education Vice Chair Responds to Passage of Anti-Charter School Legislation

By Joshua Hoover, Office of Assemblyman Kevin Kiley

**SACRAMENTO, CA (MPG)** - Assembly Education Committee Vice Chair Kevin Kiley (R-Rocklin) released the following statement in response to the passage of Assembly Bill 1316 (O'Donnell) on a 5-2 vote: "Our political leaders and the Special Interests they serve have taken another step towards their goal of abolishing charter schools in California. "This attack on hundreds of thousands of families is orchestrated by the same Special Interest responsible for our state being last in the nation in returning students to school. It's also the same Special Interest responsible for California ranking 49th out of 50 for education outcomes in poor communities prior to COVID."

Tellingly, in responding to a question from Assemblywoman Megan Dahle,

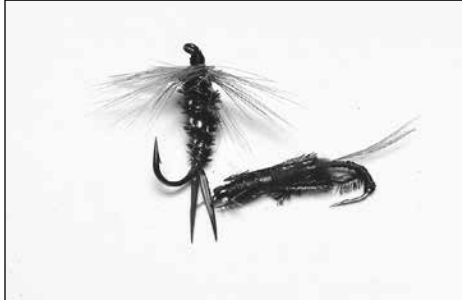
the Chair of the Committee was unaware of one of the most damaging provisions of his own bill.

The following anti-charter school bills have been passed and signed into law under Governor Gavin Newsom's watch: **AB 1505** (O'Donnell, 2019) - Made it easier for a local governing board to deny a charter petition, limited review of charter denial appeals, and placed a moratorium on nonclassroom-based charters. **AB 1507** (O'Donnell, 2019) - Limited or removed access to resource centers for charter school families across the state. **SB 126** (Leyva, 2019) - Added burdensome and costly new requirements to charter schools, which Governor Jerry Brown had previously vetoed. **SB 98** (Budget, 2020) - Penalized growing charter schools by capping their funding while many traditional public schools remained closed. ★



## LOCAL FISHING

Feather River still too low for boats. Bank fishermen catching a few stripers below the Nicholas Bridge. Use: Anchovy cut baits. (g) Lower Yuba River; rainbow trout are active. Use: #16 March Brown Nymph (Mayfly) on lead with



March Brown Nymph and Prince Nymph.

#12 Prince Nymph dropper (attractor). (b) Independence Lake; Thur, May 6, 2021. A 4.7 earthquake awakened me and scared the "bejesus" out of my Brittany Jack. No harm done. Probable awoke a few Lahonten Cutthroat Trout from their slumber. Caught and released 10-pound cuts. Fly fish - Use: Popcorn Beetles. (b)

## SAN FRANCISCO BAY-DELTA

A few stripers still moving through the bay. Halibuts of 8-14 pounds being caught. Use: Anchovy. (a) Stripers spawning at the Sacramento River and San Joaquin River Deltas mouths. Fisherman's Comment: No fresh water coming downriver. Delta; stripers found at Sherman Lake and Three Mile Slough, all males. Some biting on - Use: Rattletraps. (g)

## COASTAL WATERS

Coastal waters producing plenty of rockfish. Fresh bait preferred. Use: Shrimp. (b) Monterey Bay; commercial salmon boats battling NW winds, limiting access. (g)

## LAKES RESERVOIRS AND RIVERS

Donner Lake; Mackinaw up to 15-pounds. Use: Ford Fenders, followed by Pink Rooster Tails. (a) Davis Lake; Honker Cove boat ramp open. Slow troll 15-feet deep. Use: Power Bait, or Worms. (a) Frenchman's Lake; rainbows of 14-inches, trolling slow at 15-foot deep. Use: Rapalas. (a) Folsom Lake; spotted bass are biting in the shallows. Use: Swimbaits. (a) Lake Camanche; Troll slow at 25-30 feet in the river channel. Use: Speedy Shiners. (a) Sacramento River; Verona to Colusa. Striped bass fishing red hot according to RH Guide Service. Trolling plugs. Use: Yo-Zuri Minnow, or P-Line Minnows. Top water plugs. Use: Pencil



Zara Spook

Poppers, Zara Spooks, Jerk baits. Pile Worms, Anchovy cut baits, or live Minnows. (a)

"Last but not least." ~ Brownie

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**Call 530-846-3661 to set up an appointment to view.**

## Housing Authority of the County of Butte Opens Section 8 Housing Choice Voucher Wait List May 9, 2021 - May 22, 2021

Butte/Glenn County residents will be able to apply for rental assistance in securing safe, decent and affordable housing through the Housing Authority of the County of Butte (HACB) Section 8 Housing Choice Voucher Program. Commonly known as "Section 8", the program provides rental assistance so that tenant-paid rent is limited to between 30 and 40 percent of the household's monthly adjusted income.

Eligibility for the program is based on household income. Households must qualify as "Very Low Income," defined by the U.S. Department of Housing and Urban Development as 50 percent of the Area Median Income. Applicants are screened for criminal background history.

The Section 8 Wait List opens from Sunday, May 9 through Saturday, May 22. While all applicants will have an equal opportunity for placement on the Wait List, due to limited funding availability, a one-year pool of applicants will be selected. The one-year pool of applicants will be selected and ordered by means of a random lottery. One application per household will be considered.

Applications will be available online at [www.butte-housing.com](http://www.butte-housing.com) and can be completed and submitted online starting Sunday, May 9 and no later than Saturday, May 22.

**For more information, call the HACB Office at 530-717-2121, TDD (800) 735-2929.**

# LEGAL ADVERTISING

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**TRUSTEE SALE NOTICES**

TS # 20-2785 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED: 8/29/05. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by the duly appointed trustee, as shown below, all right, title and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. TRUSTOR: Alumne, Inc., a corporation DULY APPOINTED TRUSTEE: Foreclosure Specialists, a General Partnership RECORDED: 9/2/05 AS INSTRUMENT NO. 2005-0009381 of Official Records in the office of the Recorder of Plumas County, California. DATE OF SALE:

Wednesday, May 26, 2021 at 11:00 AM PLACE OF SALE: At the main entrance to the County Courthouse located at 520 Main St., Quincy, CA 95971 THE COMMON DESIGNATION OF THE PROPERTY IS PURPORTED TO BE: 58421 State Highway 70, Cromberg, CA 96103 APN: 122-130-012 Amount of unpaid balance and other charges: \$ 402,321.30 Beneficiary may elect to open bidding at a lesser amount. The total amount secured by said instrument as of the time of initial publication of this notice is stated above, which includes the total amount of the unpaid balance (including accrued and unpaid interest) and reasonable estimated costs, expenses and advances at the time of initial publication of this notice. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to fee and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the

highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call the trustee's information line at 530-246-2727; Toll Free: 844-333-6766, or visit this

Internet Website: [calforeclosures.biz](http://calforeclosures.biz), using the file number assigned to this case: TS # 20-2785. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is

to attend the scheduled sale. NPP website and sales line number: [www.nationwide-posting.com](http://www.nationwide-posting.com) Trustee Sales Automated Number: 916-939-0772 DATE: 4/23/21 FORECLOSURE SPECIALISTS A General Partnership P.O. Box 994465 REDDING, CA 96099-4465 530-246-2727; Toll Free: 844-333-6766 Sheena Hunter / Partner Foreclosure Special-

ists is assisting the Beneficiary in collecting a debt. Any and all information obtained may be used for that purpose. NPP0373779 To: GRIDLEY HERALD - PLUMAS 04/30/2021, 05/07/2021, 05/14/2021 NPP#0373779 5-14-21

**FICTITIOUS BUSINESS NAME STATEMENT**  
FILE NO. 2021-0000582

The following persons are doing business as: A AND S CLEANING SERVICES  
3031 Oro Dam Blvd East, Oroville, CA 95965  
April Back, 960 High Street, Oroville, CA 95965 and Sierra Leanne Saulnier, 3031 Oro Dam Blvd East, Oroville, CA 95965  
Date Filed in Butte County: April 30, 2021  
The Registrant commenced to transact business under the above business name on: 4-30-2021  
This Business is Conducted by: Copartners  
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.  
Publish: May 14, 21, 28 and June 4, 2021 (The Gridley Herald)

**FICTITIOUS BUSINESS NAME STATEMENT**  
FILE NO. 2021-0000581

The following persons are doing business as: S AND S YARD SERVICES AND MAINTANCE  
3031 Oro Dam Blvd East, Oroville, CA 95965  
Sean Steven Saulnier, 3031 Oro Dam Blvd East, Oroville, CA 95965  
Date Filed in Butte County: April 30, 2021  
The Registrant commenced to transact business under the above business name on: N/A  
This Business is Conducted by: Individual  
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.  
Publish: May 14, 21, 28 and June 4, 2021 (The Gridley Herald)

**NOTICE OF AVAILABILITY OF DRAFT**  
**AGRICULTURAL WATER MANAGEMENT PLAN**

Notice is hereby given that the Biggs-West Gridley Water District's (BWGWD) draft Agricultural Water Management Plan (AWMP), prepared pursuant to Water Code §10820 and following, is now available for public inspection at BWGWD's office at 1713 West Biggs Gridley Road, Gridley, CA 95948, and on its website at [bwgwater.com](http://bwgwater.com). Written public comments on the draft AWMP may be submitted for consideration by the BWGWD Board of Directors until May 14, 2021, at the District office or via email at [emassa@bwgwater.com](mailto:emassa@bwgwater.com). In a hearing to be held at a public meeting beginning at 8:00 a.m., May 19, 2021, the BWGWD Board of Directors will receive oral and written comments on the AWMP, and then will adopt the plan as drafted or modified during the meeting. The May 19, 2021 meeting will be held at BWGWD's office at the address noted above and by telephone as described on the agenda for the meeting.

The Gridley Herald May 7 and 14, 2021

**NOTICE OF CONSIDERATION OF ADOPTION OF AGRICULTURAL WATER MANAGEMENT PLAN.**

Notice is hereby given that Richvale Irrigation District shall hold a public hearing to consider the adoption of the District's 2020 update to the applicable sections of the 2015 Feather River Regional Agricultural Water Management Plan (AWMP). The hearing shall be held on May 20, 2021 commencing at 1:30 pm at 1148 Richvale Hwy, Richvale, CA. The AWMP proposed for adoption is publicly available at the District office located at 1148 Richvale Hwy, Richvale, CA 95974 and at [www.richvaleid.com](http://www.richvaleid.com). Please submit questions or comments concerning the proposed AWMP in writing to the District at P.O. Box 147, Richvale, CA 95974 prior to the hearing date.

Gridley Herald May 7 and 14, 2021

PAID ADVERTISEMENT

Post-lockdown health advisory...

## Top MD Says Better Circulation Is Best Strategy As Lockdowns Fade

Fitness levels plummeted during the lockdown, causing joint discomfort, weight gain, sore muscles, and fatigue.

Now as the world opens back up, a new formula is helping people boost energy and improve circulation before they try to jump back into their busy routines.

Doctors and hospital ERs nationwide report older adults and weekend warriors are overdoing it, pushing too hard to get their lives back to normal right away... without first taking the much-needed steps to improve circulatory blood flow.

Studies show it only takes a few weeks of reduced activity for strength and stamina to fade. After prolonged inactivity, many find their circulation just isn't giving them the oxygen and blood flow they need.

Putting more strain on your body when cells are lacking in oxygen could be a big mistake. Symptoms include occasional joint pain, numbness in the extremities, exhaustion, headaches... even feeling your heart's rhythm is a bit off.

The underlying cause of all this? It's the body's diminished ability to naturally generate its own nitric oxide (NO), the signaling molecule that tells your blood vessels to expand and carry more oxygen.

Nitric oxide production drastically plummets with age.

Studies show by age 40, production of this vital neurotransmitter that tells your blood vessels to relax and dilate falls by 50%. And by 70, it can decline by 75% or more – especially if you're less active. But the good news is you can reverse the decline!

*The New York Times* reports the lockdowns have triggered "dramatic" changes in people's health as they "cut back on physical activity and ate more junk foods."

Nearly a third of the 8,000 respondents in a recent *Obesity Journal* survey admitted they'd gained weight during the lockdowns.

Now, people are eager to get things back to normal. Some hope to go see a ballgame... or hoist a beer with friends at their favorite pub. Others long to visit family members for the first time in over a year.

But first it's important to restore good blood flow, doctors warn. Otherwise, those plans could all go bust.

### 'Let Your Cells Breathe Again'

Dr. Al Sears, the groundbreaking author of 13 books and over 500 scientific papers, understands the growing desire to get things "back to normal" right away. But he says it's important to first make sure the body's blood flow capacity is ready for it.

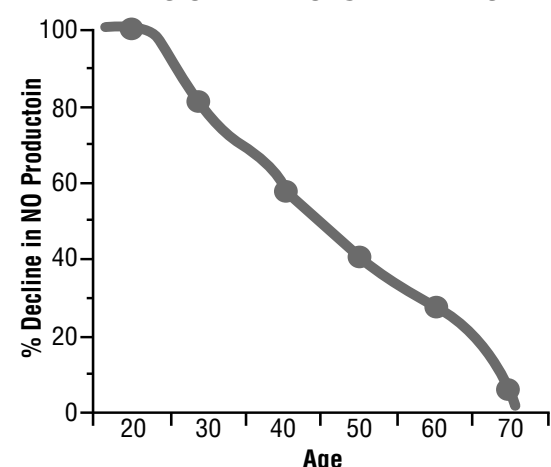
The American Heart Association reports that well over 100 million Americans need to be doing more to support healthy circulation.

"The key to resuming a busy schedule is good blood flow," Dr. Sears says. "Many people don't realize their conditioning has taken a hit."

Patients with sub-optimal circulation often notice their scratches and bruises take longer to heal. They feel fatigued and may find it harder to maintain a positive outlook.

Less than optimal blood flow can even contribute

### AS YOU AGE, YOUR ABILITY TO PRODUCE NITRIC OXIDE DROPS DRAMATICALLY



**REVIVE YOUR NITRIC OXIDE:** Don't settle for diminished blood flow. The right nutrients can roll back the biological clock on the body's ability to generate nitric oxide

to early hair loss.

The answer is supporting healthy blood flow via a boost in nitric oxide.

"It's been called a 'miracle molecule' for a reason," says Dr. Sears. "It basically allows your cells to take a deep breath again."

### Patients Report 'Off the Charts' Results

The discovery of nitric oxide's circulation-boosting benefits won the Nobel Prize in 1998. Since then, scores of studies have confirmed its ability to enhance blood flow by relaxing and opening up blood vessels.

Dr. Sears, founder of the Sears Institute for Anti-Aging Medicine in South Florida, has seen the results in his own clinic. **Primal Max Red** is the leading nutrient formula he uses to restore the body's natural nitric oxide production.

Dr. Sears cited the example of his 48-year-old patient Jeff O.

Jeff thought he was in pretty good shape. But one day he was shocked to learn a blood test showed his nitric oxide was almost completely depleted. So low... it almost didn't register.

Jeff took **Primal Max Red** right away and reported he could feel nitric oxide opening up every blood vessel in his body.

"The results were off the charts," Jeff O. wrote in a thank-you note to Dr. Sears. "My nitric oxide levels measured at the top end of the range."

That's the power of **Primal Max Red** based on accounts from patients of Dr. Sears who are eager to get their post-lockdown lives moving again – but want to do it safely.

### The Key to Strong Circulation

As a medical pioneer who logs about 20,000 miles a year canvassing remote spots of the globe for innovative natural therapies, Dr. Sears empathizes with folks who just want to get the whole lockdown era behind them.

But before jumping back into a hectic schedule, he urges patients to ensure better blood flow and better circulation.

That's where **Primal Max Red's** special formula comes in. Its unique amino acid blend supports multiple pathways to signal your body to ramp up nitric oxide production.

Once it reaches your blood stream, nitric oxide:

- Acts as a super anti-oxidant to eliminate

dangerous free radicals

- Supports healthy blood flow to the brain
- Helps soothe and calm inflamed tissues
- Promotes vigorous blood flow throughout your body, including to your vital organs

Less well known: Nitric oxide helps equip your immune system with the "toxic defense molecule" it uses to help fight off foreign invaders.

Strong circulation and robust immunity go hand-in-hand. Blood flow carries oxygen and nutrients to the front-line immune defenders that protect the body 24/7.

That's one big reason why Dr. Sears is advising patients to secure a supply of **Primal Max Red** now to boost their blood flow – before they try to resume the hectic lives they led prior to the lockdowns.

### How to Get Primal Max Red

To secure your supply of **Primal Max Red**, contact the Sears Health Hotline at 1-800-769-6386 within the next 48 hours.

"It's not available in drug stores yet," Dr. Sears says. "The Hotline allows us to ship directly to the customers."

As an **additional free bonus gift**, anyone ordering from the Sears Health Hotline **within the next 48 hours** will also receive Dr. Sears' in-depth, ground-breaking report detailing oxygen's protective power: **The 8th Element**. This exclusive report dramatically reveals the incredible power of oxygen to energize and empower all your body's defenses.

Dr. Sears is so confident **Primal Max Red** will help folks get their lives back to normal that all orders are backed by a 100% money-back guarantee. "Just send me back the bottle and any unused product within 90 days from purchase date, and I'll send you all your money back," he says.

The Hotline will reportedly be open for the next 48 hours. After that, the phone number is suspended to give staff time to restock.

Call 1-800-769-6386 to begin getting life back to normal by securing your supply of **Primal Max Red**. You don't need a prescription, and **those who call in the first 24 hours qualify** for a significant discount. Use Promo Code NP0521RED123 when you call in. All calls will be answered, so call now.

## Pandemic Eases, but California Housing Crisis Worsens



By Dan Walters  
CALMatters

California's COVID-19 crisis appears to be diminishing, with declining infection rates and rising vaccination rates.

If those trends continue, Gov. Gavin Newsom has pledged, the state's economy will be fully opened next month. However, some effects of the pandemic will linger indefinitely and one is a worsening of California's already severe shortage of housing, particularly for low- and moderate-income families.

Many of those families lost their incomes during the public health crisis and fell behind on their rent and mortgage payments. Whether to extend a state moratorium on evictions beyond its current June 30 expiration date is one of the knottiest issues facing Newsom and legislators.

"It remains to be seen if there's appetite in Sacramento to extend the protections past June 30," David Chiu, a San Francisco Democrat who wrote the original eviction moratorium legislation, told CALMatters. "But I don't think any of my colleagues have an interest in seeing a wave of mass evictions."

Get a veteran journalist's take on what's going on in California with a weekly round-up of Dan's column every Friday.

The moratorium may be extended for another brief period, but it can't go on forever because landlords large and small have their own financial obligations and can't survive indefinitely without rental revenue.

Underlying that thorny issue is another: even if their jobs had not been erased during the pandemic, many working families would be struggling to keep roofs over their heads because an overall shortage of housing had driven housing prices and rents to atmospheric levels.

Chiu and other legislators have proposed a variety of measures aimed, they say, at relieving the underlying shortage that drives Californians' housing costs ever-upward and is the primary reason why the state has the nation's highest poverty rate.

Housing bills generally fall into two categories: providing money to increase supply or lubricating the regulatory processes for housing developments. Both approaches, however, are severely limited.

Doubling California's anemic rate of housing production, now well under 100,000 units a year net, would require spending tens of billions of dollars more each year and state and local governments are capable of generating only a tiny fraction of those funds. Obviously, therefore, the key element in meeting the state's goal of 180,000 units a year is attracting private capital.

That's the declared aim of measures to ease restrictions on new developments and/or push local officials to resist anti-development pressures from their constituents.

Chiu offers one of the latter

approaches in Assembly Bill 215, which would put some teeth in the housing quotas that the state periodically issues for regions and their local governments. It would have the state closely monitor whether those governments are zoning enough land for housing and revising other local regulations that inhibit construction. The state could intervene when locals drag their feet and reward communities that are meeting their quotas.

"At the end of the day, the only way to solve the housing crisis is to put more roofs over people's heads," Chiu argues, and that's absolutely true. However, even if every city and county in California diligently met the state's quotas, which have been increased sharply for the next eight-year planning cycle ending in 2030, that alone would not solve the problem.

Attracting enough private capital to meet California's housing needs involves many other factors, such as the availability and cost of building materials, supplies of construction labor and the California Environmental Quality Act's (CEQA) burdensome processes.

Some factors are obviously beyond political control, but Newsom and legislators have been reluctant to deal with those they can affect, such as CEQA reform. We'll know that politicians are serious about housing when they tackle CEQA, which Newsom's predecessor, Jerry Brown, once called "the Lord's work."

*Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★*

## Dear Dietitian

### Sugar



Commentary  
by Leanne McCrate

Dear Readers,

We Americans eat a lot of sugar. Why? Because it tastes good. The American Heart Association recommends six added teaspoons a day for women and eight teaspoons per day for men. While most Americans' sugar consumption comes from soda pop, there is also hidden sugar in many foods.

To be clear, we are talking about added sugar, not naturally occurring sugar found in fruit (fructose) and milk (lactose). Sugar is not inherently bad for you; it's the excessive amount that becomes a problem. Lots of sugar means lots of calories, leading to weight gain and putting one at greater risk for certain diseases such as diabetes and heart disease.

The Food and Drug Administration (FDA) requires food manufacturers to list all the ingredients in their food products on the label. Food labels also must list the amount of sugar in grams per serving. While most of us recognize sugar, or sucrose, other ingredients are very similar to sugar and should be noted:

- Any food with sugar in its name; for example, coconut sugar or date sugar
- Cane juice
- Caramel

- Dextrin
- Dextrose
- Fruit juice
- Fruit juice concentrate
- Glucose
- Glucose solids
- High fructose corn syrup
- Honey
- Maltose
- Molasses
- Nectar; for example, apricot or agave nectar
- Sweet sorghum

• Syrup and any food with syrup in its name, such as rice syrup or maple syrup

### Here are some practical tips for decreasing sugar in your diet:

- Focus on fresh foods. These will not have added sugars.
- Eat five servings of fruits and vegetables each day. These foods will provide fiber, vitamins, and minerals, which will help with cravings. The fruit will also help satisfy a sweet tooth.
- If you like to have sweets in your everyday diet, try to limit it to 100-200 calories a day. You may also consider saving dessert for once or twice a week.

Good health to you!  
Dear Dietitian

*Leanne McCrate, RDN, LD, CNSC, is an award-winning dietitian based in St. Louis, Missouri. Her mission is to educate consumers on sound, scientifically-based nutrition. Do you have a nutrition question? Email her today at dear-dietitian411@gmail.com. Dear Dietitian does not endorse any products, health programs, or diet plans. ★*

# Good Boy, Enzo!

## Butte County Sheriff's Department

**BUTTE COUNTY, CA (MPG)** - On May 7, at approximately 7:00 am, CHP officers in Chico were involved in a vehicle pursuit with the driver of a Honda Accord, identified as Julio Velasco-Barajas, age 27. The officers eventually canceled the pursuit out of an abundance of caution for public safety as the suspect's vehicle was traveling at a speed of

approximately 125 MPH. Shortly later, officers with the Gridley Police Department located the suspect's vehicle and began pursuing the driver. Gridley Police officers also canceled the pursuit because of the risk to public safety due to the speed the vehicle was traveling. The driver continued southbound on Highway 99 and was involved in a traffic collision on Highway 99 at Nevada Street in Live Oak. The driver then got out and ran from the vehicle.

A request was made for a K9 to assist in the search for the suspect. BCSO Deputy Hardwick and K9 Enzo responded to the area. Within minutes, Enzo "alerted" at a shed behind a residence and located the suspect. As Deputy Hardwick made announcements that Enzo was going to be released into the shed to apprehend the suspect, the suspect came out of the shed and was taken into custody without further incident. The suspect was booked into the Sutter County Jail. ★



Enzo, BCSO K-9 Officer. Photo: BCSO

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The Housing Authority of the County of Butte is currently accepting applications for its Farm Labor Housing property in Gridley, CA. We have 2 Bd. units available at this time. Rental assistance is available and provided by USDA Rural Development for those that meet USDA Rural Development guidelines. For more information contact our office at (530) 895-4474 or TDD 1-800-735-2929.

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### CLUES

- ACROSS**
- Like Annapolis Academy
  - Pine juice
  - One in a manger
  - Like a good athlete
  - Modern address
  - Printer cartridge contents
  - Cate Blanchett's movie "\_\_\_ on a Scandal"
  - 2nd largest living bird in world
  - U in UV
  - "Honoré de Balzac's "Le Père \_\_\_"
  - "Nemo's dad, named after a sport fish
  - "\_\_\_ of the morning!"
  - Seaside bird
  - Tax accounting specialist, acr.
  - Back of the neck
  - Chew the fat
  - Country dance formation
  - Greek goddess of fertility
  - Waterwheel
  - "Drunk and, incidentally, Huck Finn's Pap
  - Metallic sounding
  - Quite a stretch
  - Place to dry out
  - Like the White Rabbit
  - Dr. Robert Bruce Banner's green alter ego
  - Sun-\_\_\_
  - Toothy wheel
  - Bad-mouth
  - Made a rug
  - Low-\_\_\_ image
  - "Simba's father in "The Lion King"
  - "Luke's and Leia's father
  - Golfer's sun protection
  - Romanian monetary unit
  - Introverted one
  - Follow as a consequence
  - Pool's wise friend
  - Territory in China known as Las Vegas of Asia
  - Young woman
  - "That '70s Show" dad
  - One-room school house "notebook"

**Crossword Puzzle Solutions on Page 8**

1	2	3	4	5	6	7	8	9	10	11	12
13					14			15			
16					17			18			
19		20			21		22				
23					24						
25	26	27		28	29		30	31	32	33	34
35		36		37		38		39			
40				41		42		43			
44			45		46			47			
48				49		50		51		52	
53				54		55		56			
57	58	59			60			61	62		
63				64	65			66			67
68				69				70			
71				72				73			

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		1		5	3	8	
			9				
3			4			1	
1	6				7	8	
8		7		1		6	
2	5					4	3
3		4				1	
			3				
5	1	9		7			

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 8

## Crossword Puzzle on Page 8

N	A	V	A	L		S	A	P			B	A	B	E							
A	G	I	L	E		U	R	L			T	O	N	E	R						
N	O	T	E	S		E	M	U			U	L	T	R	A						
						G	O	R	I	O	T		M	A	R	L	I	N			
							T	O	P			T	E	R	N						
						C	P	A			N	A	P	E		C	O	N	F	A	B
						L	I	N	E		R	H	E	A		N	O	R	I	A	
						A	L	K	Y		T	I	N	N	Y		A	E	O	N	
						R	E	H	A	B		L	A	T	E		H	U	L	K	
						K	I	S	S	E	D		G	E	A	R		D	I	S	
							W	O	V	E		R	E	S							
						M	U	F	A	S	A		A	N	A	K	I	N			
						V	I	S	O	R		L	E	U		L	O	N	E	R	
						E	N	S	U	E		O	W	L		M	A	C	A	O	
						G	I	R	L			R	E	D		S	L	A	T	E	

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## Sudoku Puzzle on Page 8

4	9	7	1	2	6	5	3	8
6	5	1	8	3	9	4	7	2
2	3	8	5	7	4	6	9	1
1	6	4	2	5	3	7	8	9
9	8	3	7	4	1	2	6	5
7	2	5	9	6	8	1	4	3
3	7	2	4	9	5	8	1	6
8	4	6	3	1	2	9	5	7
5	1	9	6	8	7	3	2	4

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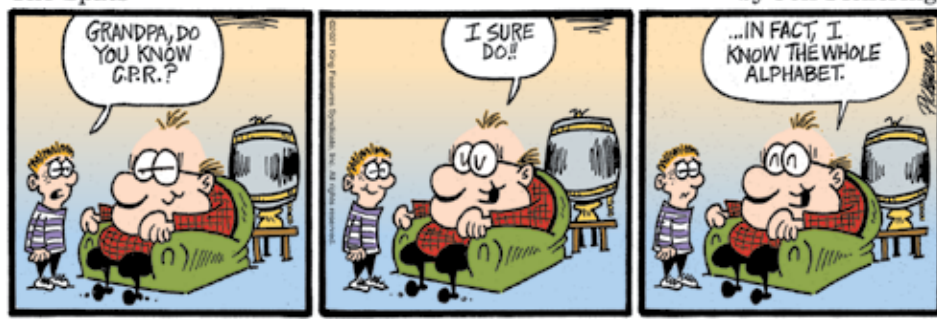
# WEEKLY COMICS

## Amber Waves



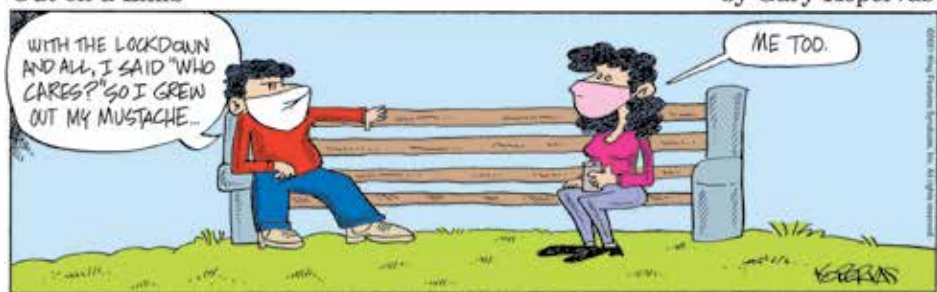
by Dave T. Phipps

## The Spats



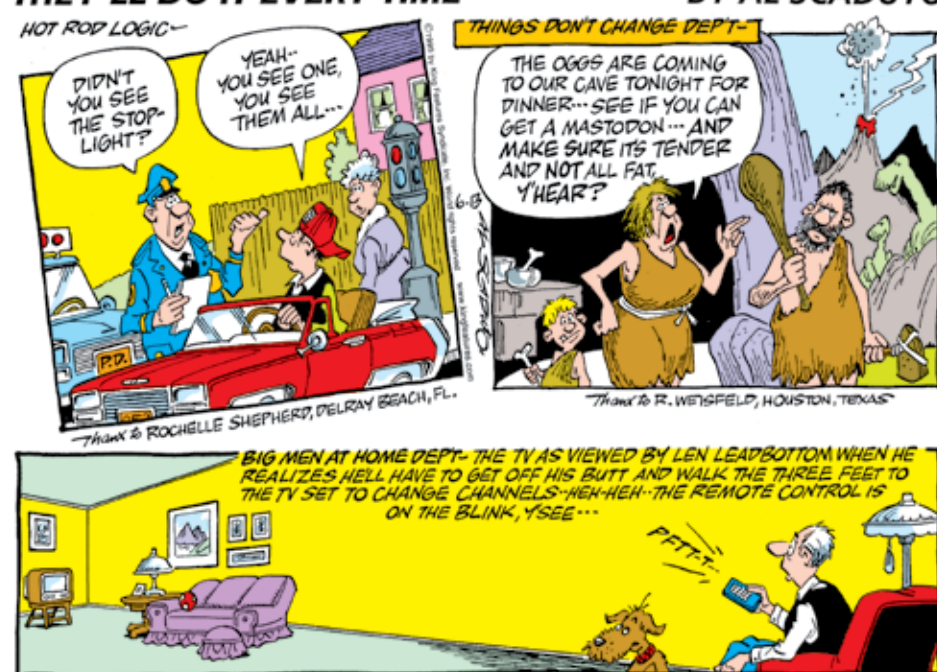
by Jeff Pickering

## Out on a Limb



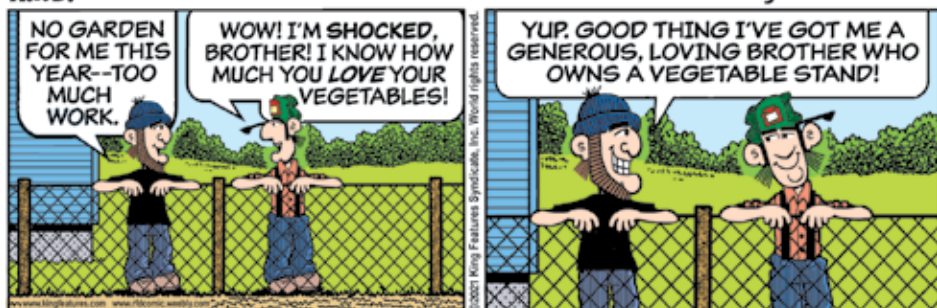
by Gary Kopervas

## THEY'LL DO IT EVERY TIME



BY AL SCADUTO

## R.F.D.



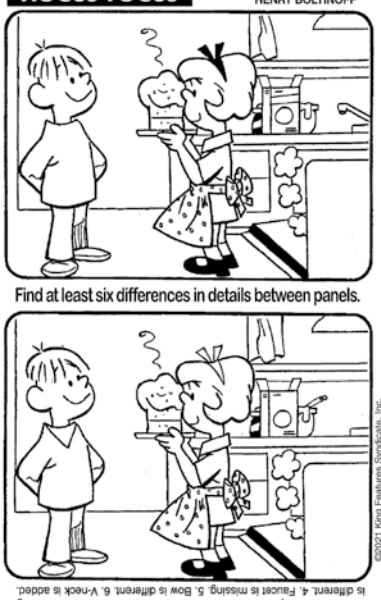
by Mike Marland

## Just Like Cats & Dogs



by Dave T. Phipps

## HOCUS-FOCUS

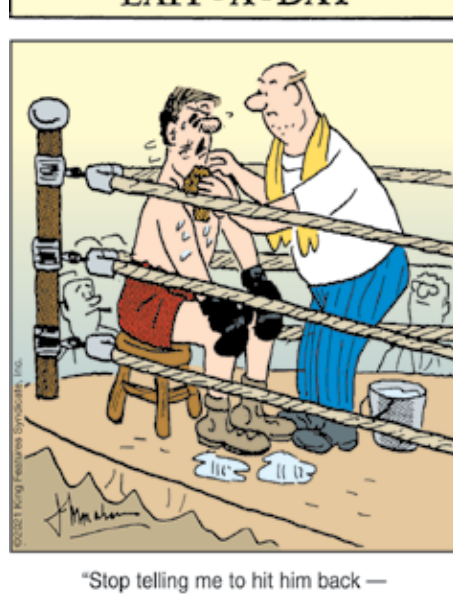


BY HENRY BOLTINOFF

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**Publisher,**  
**Paul V. Scholl**

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# SPORTS

## Lady Bulldogs Volleyball Magnificent on the Court, Finish 5-0 on Season



Gridley High School varsity volleyball senior captain, Ally Mardesich (#7), sets the ball for her teammate during their match against Las Plumas High School on Saturday, May 8, 2021.



GHS varsity volleyball senior captain, Isabelle Hernandez (#15), prepares to serve as fellow senior, Kennedy Tull (#1), waits in ready position.

### Story and Photos by Joshua Porcayo

**GRIDLEY, CA (MPG)** - Although the Gridley High School varsity volleyball team had a shortened season, like most sports have had this school year, that didn't stop the Lady Bulldogs from bringing everything they had to the court every match they played. Even when facing adversity, head coach Elizabeth Ayon and senior captains rallied the team back from deficits to finish strong against their opponents. The Lady Bulldogs defeated all five

opponents, only dropping three sets out of eighteen.

On Saturday, May 8, 2021, the Lady Bulldogs finished their season with a commanding victory over the Las Plumas High School Lady Thunderbirds, three sets to zero. Senior captain, Ally Mardesich, led the team with 22 assists and 5 digs in the match. Senior captain, Kennedy Tull, led the team with 11 digs in the match. Senior captain, Isabelle Hernandez, had 5 kills and 8 digs in the match. And junior, Aubrey Ponciano, had

11 kills in the match.

Over the five game stretch, Mardesich led the team with 95 assists on the season. Tull and Hernandez led the team on defense with 53 digs to 49 digs, respectively. Sophomore, Kennison Cota, led the team with 41 kills and 15 blocks in the season. And junior, Haven Counihan, led the team with 17 aces.

Coach Ayon had nothing but positive praise to say about her team after a successful shortened season. "I feel nothing but pride in this program right now. These

girls never gave up. We've been waiting for a season since May 2020 and they just kept showing up to the gym hoping for a season. We have some key players and leaders who were willing to do whatever it took for the success of the team and every player was committed to showing up and doing the best they could."

The Lady Bulldogs say goodbye to the following seniors: Ally Mardesich, Ciah Moran, Elesia Fuentes, Isabelle Hernandez, Kennedy Tull, Lupita Soria, and Maribel Garcia. ★

## Gridley Bulldogs Varsity Soccer Kicks Season Off 2-1



Gridley High School varsity soccer goalie, Rafael Cuevas (#54), jumps high for the stop against Corning High School on Tuesday, May 4, 2021. Photo Courtesy of Joshua Porcayo

### By Joshua Porcayo

**GRIDLEY, CA (MPG)** - Gridley High School's varsity soccer team kicked their season off on Tuesday, April 27, 2021 with a 2-1 loss against Wheatland High School. Since then, the Bulldogs have been on a mission to keep the ball in the back of their opponent's net. Freddy Anguiano scored the only goal on an

assist from Alberto Torres in their loss to the Pirates. Ethan Santillan, Kevin Martinez, and Cuahutemoc Alaniz each recorded six individual steals in the match.

On Tuesday, May 4, 2021, the Bulldogs hosted their first home game of the season against the visiting Corning Cardinals. In a dominant 6-1 victory, Anguiano completed the

impressive hat trick scoring three goals in the match. Ricky Ramos scored two goals and Angel Castaneda scored one goal. Hector Palafox had a huge assist in the match while Santillan and Alejandro Rodriguez stole the ball from the Cardinals six times each.

On Thursday, May 6, 2021, the Bulldogs hosted Orland High School in another bout of competition. In a tough battle against the Trojans, the Bulldogs pulled off the 2-1 victory. Ramos and Martinez each put the ball into the back of the net for the Bulldogs with Anguiano assisting each goal. Goalie, Rafael Cuevas, had a tremendous game with 10 recorded saves.

The Bulldogs have seven more games to their schedule with their final match against Chico High School on May 27th at home. ★

## Biggs Basketball Honors Seniors After Quick Season

### By Joshua Porcayo

**BIGGS, CA (MPG)** - Biggs High School athletes transitioned quickly from one sport to the next after the football and cheer seasons ended. For any athlete, that's a difficult thing to do. Team chemistry takes weeks to build and individual performance takes many brutal hours trying to perfect a craft. But sports has been a pivotal part of life and the high school experience, and for these Wolverine seniors, it means everything to get one last chance.

The varsity boys basketball team began their season on Friday, April 23, 2021 hosting Hamilton High School and ended their season at home on Friday, May 7, 2021 against Williams High School. Their season consisted of two games against those



Biggs High School varsity boys basketball senior, Gregg Slusser (#5), lays the ball into the hoop for the basket against Williams High School. Photo Courtesy of Joshua Porcayo

two schools and a game against Wheatland High School. The senior players honored before the game against Williams were: Aiden Solansky, Calixtro Navarro, Casen Jackson, Daniel Santillan, and Gregg Slusser.

The varsity girls basketball team also began their season on Friday, April 23, 2021 away at Hamilton High School

and ended their season on Friday, May 7, 2021 at Williams High School. The Lady Wolverines season consisted of four games against the two schools. On Wednesday, May 5, 2021, hosting Hamilton High School, the Lady Wolverines honored their seniors: Grace Ramos, Jackie Gonzalez, Lilly Resendez, and Megan Shelton. ★

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# Ain't No Party Like A Gator Party!

By Seti Long

**GRIDLEY, CA (MPG)** - Gridley Gators are getting ready to hit the water, so get ready to get wet!

The Gridley Gator 2021 Swim Season registration is now open. The season begins May 24th and if you have a new swimmer, things might be a little different this year. For the 2021 season, new swimmers will be required to try out and must be able to swim 25 yards of freestyle and have a foundation in 2 out of the 4 strokes. For the younger crowd, 6 and under, they MUST be able to swim 25 yards unassisted and with no exceptions.

Gridley Gators offers a summer swim club for children as young as 4 up to the age of 18. The club heavily encourages the support of parents as volunteers to help run the meets and help the team perform to its greatest potential. Parent volunteers are especially crucial during meets. The Gridley Gator invitation is scheduled for June 25th through the 27th.

To register your



Little Gridley Gators invite you to come have some fun in the sun! Photo provided by Misha Rogers



Ready, set, SWIM! Gridley Gators get ready to slay their lanes! Photo provided by Misha Rogers

swimmer or more information, such as pricing and the practice schedule, please visit [gogridleygators.com](http://gogridleygators.com),

visit the Gridley Gator Swim Teams Facebook page, or email [gridleygators@gmail.com](mailto:gridleygators@gmail.com). ★

# Full-Time Arizona Mission Ahead for Gridley Young Man

By Cindy Scott

**GRIDLEY, CA (MPG)** - Chet Gibson will begin his full-time missionary service for The Church of Jesus Christ of Latter-day Saints with at-home missionary training. This training will include full days of Zoom meetings, scripture study, and continued learning of the principles of the Gospel of Jesus Christ. Because he will serve in the Arizona Scottsdale



Chet Gibson will serve as a full-time missionary in Arizona and New Mexico. Photo provided by Chet Gibson

Mission Spanish-Speaking, he will also be learning the Spanish

language. After six weeks of training, he will report to Scottsdale. Mission boundaries include the Phoenix area, east Arizona and west New Mexico.

Gibson will speak to the Gridley 1st Ward, his home congregation, on Sunday, May 16 at 9:00 am at the chapel at 400 Spruce Street. A Zoom link is also available by contacting the family. Gibson's parents are Gary and Katie Gibson. ★

# Just Can't Wait!

By Seti Long

**GRIDLEY, CA (MPG)** - By the time this article breaks, the status might have changed, but people just can't wait for Our Town Pizzeria and Deli to open!

As Owner Levi Dake and partner Eric Gerardo put the finishing touches on the establishment before officially opening to the public, the two have been trying out new recipes and fine tuning some of their favorites. They post mouthwatering pictures of some of their more unique pizzas, their tasty traditionals and fresh deli sandwiches on their Facebook pages, especially when they are giving out some free samples for customer feedback.

Our Town Pizzeria and



Our Town Pizzeria and Deli can't wait to officially open for dining. Photo by Seti Long

Deli has experienced a few delays, as they had previously hoped to open by the first of April. A hungry community is already chomping at the bit to support them, and last Friday, it was evident that our town loves Our Town. Dake had posted on his Facebook page that after a setback, they would be giving out free sandwiches, from 11:30 am -1

pm, or while supplies lasted. A line quickly formed and remained until Our Town was fresh-out of sandos.

One customer in line said, "I can't wait till these guys open!" Neither can Our Town! Our Town Pizzeria and Deli hopes to announce that they are officially open for business, in the next few days to weeks. ★

# State Aims to Define Farmers' Coverage Gaps

California Farm Bureau Press Release

**SACRAMENTO, CA (MPG)** - With California farmers and ranchers finding increasing difficulty in purchasing wildfire insurance for their businesses and properties, the California Farm Bureau welcomed the call by the state insurance commissioner for data on commercial insurance coverage.

California Farm Bureau President Jamie Johansson said he hopes the request from Insurance Commissioner Ricardo Lara will lead to more sustainable insurance coverage for farmers and ranchers.

"We thank Commissioner Lara for leading the efforts to bring certainty back to the wildfire insurance marketplace," Johansson said. "Farmers and ranchers from around the state have told us they have been unable to renew insurance and have not been able to find replacement coverage. Commissioner Lara's action should help us determine the breadth and depth of the problem."

In a notice issued, Lara directed insurance companies to provide data about the

availability of commercial insurance for businesses including farms, ranches, timber harvesting operations, wineries, cotton gins and other agricultural businesses.

"Farm Bureau has been working with Commissioner Lara and insurance companies to stabilize the insurance market for California farms and ranches," Johansson said. "We believe the commissioner's action will help us move toward a long-term solution."

Legislation sponsored by the California Farm Bureau would also address the problem by specifically authorizing the state's insurer of last resort, the California FAIR Plan, to underwrite insurance coverage for commercial farms and ranches. The legislation, Senate Bill 11 by Susan Rubio, D-Baldwin Park, received unanimous support from the Senate Insurance Committee.

The California Farm Bureau works to protect family farms and ranches on behalf of nearly 32,000 members statewide and as part of a nationwide network of nearly 5.6 million Farm Bureau members. ★

# Welcome

INTRODUCING

## Dr. Shailesh S. Nandish

We are pleased to welcome Enloe Cardiologist Shailesh S. Nandish, M.D. as our consulting cardiologist for Orchard Hospital. Dr. Nandish is American Board certified in Internal Medicine, certification in interventional cardiology, and cardiovascular disease. Dr. Nandish attended Bangalore Medical College in India, completed his residency at Southern Illinois University, School of Medicine, and completed his fellowship at the University of Texas Health Science Center.

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To schedule a local appointment with Dr. Nandish, please contact the Medical Specialty Center **(530) 846-9080**.

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