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the Buckets!**

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is BACK!**

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THE GRIDLEY HERALD

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FRIDAY • MARCH 19, 2021 • VOL. 141 NO. 12

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BIG BASS!**



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FOR GROWING
SUCCESS**



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Can't Keep a Good Club Down!



Above: Mason Kaelin, Biggs 4-H President, holds a lamb descended from a family tradition of breeding, raising and showing lambs for 4-H. Right: Kensley Kaelin, Reporter for Biggs 4-H Chapter, cradles a newborn lamb. Photos by Seti Long

By Seti Long

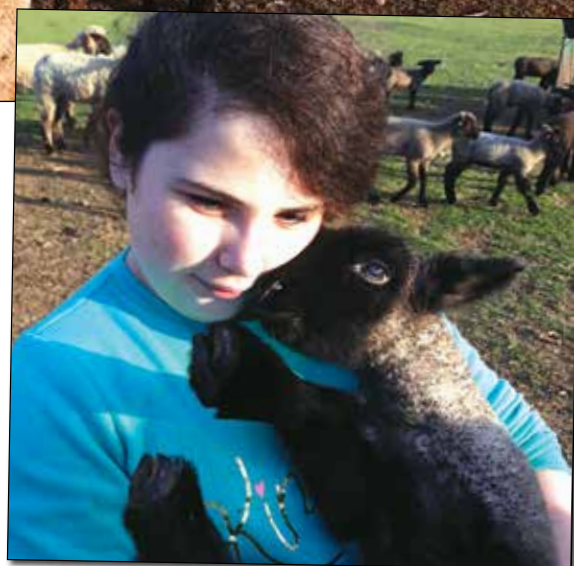
BIGGS, CA (MPG) - Biggs 4-H is doing amazing things during COVID with President Mason Kaelin at the helm, supported by a dedicated bunch of leaders and officers.

A few years back, Biggs 4-H club was few in numbers but now they boast a roster of over 60 members. Animal projects and showings are still a big focus, the Biggs 4-H has expanded their groups to include fishing, archery, crop management, cooking and more. Mason chalks the growth and expanded group offerings to their leadership, "It's all thanks to Mr. Harrison (Community Club Leader) and Ms. Jonna (Phillips - Co-Community Club Leader)."

Although many area fairs closed their doors in 2020, 4-H members were still able to find some socially distanced auctions to sell their projects. But for Mason and the Kaelin

family, showing lambs is a part of life and a family tradition. Lucky for them the Jackpot circuits, which are basically mini-fairs without a carnival that focus on animal showing, continued in full-swing during the COVID lockdown. The Kaelins were forced to travel out of state to show and maintain Mason's competitive edge.

Over the last year, Mason has traveled from Washington and Idaho, down to Arizona to participate in the jackpot shows, typically returning with a title, or two. At the time we spoke with Mason, he, and his cousin Kensley Kaelin, Biggs 4-H Reporter, were prepping 8 sheep to take to Northern Exposure, a jackpot in Corning.



Mason admits that showing sheep is probably the most demanding animal project in 4-H due to all the maintenance, plus it is a 24/7 commitment. His aunt and 4-H Leadership Advisor Amanda Kaelin says of Mason's commitment, "It's impressive. He does that and he maintains honor roll at school.... And he's out every day working with them, and then most weekend showing them,"

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Gridley Lions Drive Through Easter Egg Hunt



**Gridley Lions
Press Release**

GRIDLEY, CA (MPG) - Come enjoy the Drive Through Socially Distance Gridley Lions Easter Egg Hunt on Saturday April 3, 2021.

Traditionally the Easter Egg Hunt has been a large group event for children ages 1 to 9 at Vierra Park on Washington St. This year instead of children lining up in the park to race after the dyed eggs as they have done for generations, the young egg hunters will be in cars that line up on Washington Ave. between the hours of 10 am to 12 noon.

As cars are directed by the Gridley Police into Vierra Park, Gridley Lions will hand out an Easter Gift Bag



for
each
child

between ages 1 to 9 inside each car. There will be no stopping in the park during the time of the Drive Through Easter Egg hunt. Cars will exit as directed onto Haskell Street. Come, let the children wave at the Easter Bunny while receiving sweet Easter treats.

Gridley Lions serve the community of Gridley by raising funds that are 100% returned to projects within Gridley. The Easter Egg Hunt has been an ongoing event for the children of Gridley for many years and The Gridley Lions are pleased to find a way for this tradition to continue as a Drive Through event until we can all return to racing in age groups across the grass of Vierra Park. ★

From the Fields to the Page

By Seti Long

GRIDLEY, CA (MPG) - Local farmer Matthew Sligar has taken his experience farming rice fields to the pages his first children's book "Daddy's Got Dirt."

Since officially joining the family business in 2012, Sligar has found himself not only cultivating rice, but the seeds of creativity. In 2016, Sligar introduced Rice Farming TV - his first crack at bringing the ins-n-outs of the California rice growing business to viewers through quirky, highly entertaining, and educational videos about the various stages of rice growing, harvest and production. His videos garnered him attention from local papers and area news channels. Two daughters and almost 5 years later, Sligar has turned his creative vision towards the penning of "Daddy's Got



Bedtime stories just got an AG-twist and the little ones are loving it! Photo by Noah Ross

Dirt", a children's book that teaches youngsters about agriculture and where their food comes from.

Sligar was inspired

to write his book by his daughters, ages 4 and 1, and the lack of rice stories, or any AG-based literature, they encountered during

story time. "Daddy's got Dirt" serves double purpose for Sligar, addressing some of his daughter's curiosities

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**We
Support
Our
Military**

www.GridleyHerald.com

The New Pi-Line

That's One Big Bass!



By Josh F.W. Cook

According to Aaron Williams of the Max Preps website “Coach, Tyler Rutledge was hoping to get the Wolverines on the field as the 2020 squad is among the best he'd had. Biggs' two top runners return in All-Northern Section back Shavon Gramps-Green (994 yards, 20 TDs) and junior Camren Jackson (649 yards, three scores), and Gregg Slusser is back under center for his senior season. The Wolverines also return their top three tacklers: Gramps-Green, Jackson, and Casen Rivero.” Well, it went well for the Wolverines' first game back winning 51-8. Just a few years ago Hamilton City was in the state championship game. The score was shocking. I predict the game of the year will be East Nicolas and Biggs. Hope it happens.

A few weeks ago I was bemoaning a potential drought, and alas we are having some March showers.

There has been enough people who've gotten the COVID vaccination that I actually know people who've gotten it. There are some complaints that the shot hurts the arm and others say they don't feel anything. I've known about

three people who've gotten kind of a mild reaction to their second shot, but overall it seems like the rollout of the vaccine is giving us some hope that this summer we may be back to normal.

In regards to a new normal, there seem to be a number of businesses that are going to have people working remotely as part of the new normal. Seems to make sense knowing how many meetings can be done by video conferencing.

The FEMA camp (village) will be packing up from the Gridley Industrial Zone and moving away in the next few months. The word from the federal government is it's time for people to either pay rent or move out and they anticipate most people will be moving on. Bruce Yerman, PhD, is working as the local FEMA representative helping to wrap things up and assist people in moving on. He had his house burn down in Paradise. Bruce is a terrific administrator and an incredible humanitarian. The City of Gridley used to have a City Manager. Former Gridley Manager Jack Slota is also working for FEMA as well. FEMA ships Jack to places where there have been disasters and Jack sets up a functioning government. I've heard that one or two of the Gridley FEMA trailers may become the post office in Richvale. My understanding from insiders at the Richvale Cafe is - it's good to have a Richvalean in Congress. Nice to see the government doing something efficient like reusing

an asset to save money. As you look back on the fire it is incredible to contemplate that we experienced what we did... right after the Dam fell apart but before the global pandemic.

A new study came out last week assessing the economic impact of burning down one entire town- the main takeaway: the middle-class people of Paradise are gone. The wealthy and the poor stayed. Middle-class people who got a check from the insurance company for their home have been able to upgrade to a much bigger, cheaper, nicer, home in Idaho, Oregon, and Texas. On a less scientific assessment, it seems to me that Oroville has benefited the most and like Biggs, they are proactively taking steps to increase their infrastructure capacity and expand their boundaries to accommodate new people and new businesses that they're attracting to the area with their airport and their industrial capacities. The double laning of Hwy. 70 is also helping Oroville increase its competitiveness. Oroville has a City Manager; Bill LaGrone who was a police officer in Gridley before taking over in his hometown.

I had the opportunity to get a test Pizza from the soon to open Downtown Hometown Pizza. It was very good. The crust is the key, and the crust was spot on.

Josh F.W. Cook, is a public administrator and educator.



Wow! Sportsman Ernie Haro (left) and Brian Fesler (right) show off their catch that launched them to first place at the Lake Oroville Team Open. Photo provided by Brian Fesler

By Seti Long

GRIDLEY, CA (MPG) - Two local sportsmen got a big surprise when they reeled in one massive bass at the Lake Oroville Team Open, presented by Feather Falls Casino and Lodge, February 27-28th.

Fishermen Brian Fesler and Ernie Haro took First Place for their massive Large Mouth Bass, weighing in at a whopping 11.79 lbs. With the record for Lake Oroville Bass sitting at 15 Lbs., Fesler and Haro's Bass comes close to being one of the bigger pulled from the lake. Fesler appropriately calls it a "Unicorn" and Haro agrees.

The pair have been fishing together for 20 years and were out on Fesler's 2018 Ranger 521L boat when their line landed on the large Bass. Haro was using a Dobyns Rod 704, with 8 lb. test line and hook & worm for bait. He says that "the fish was 30 feet deep, so when I hit him...I felt his weight and he didn't go anywhere...I just said, 'This is a good fish'" but as far as 11 lbs.? 12 lbs.? I had

no clue that's what I was dealing with." Haro shares he was calm and unhurried, partly due to disbelief, but his partner was ecstatic at what might break the surface. "Brian was very excited – shaking!" Haro continues, "I just never thought I'd catch anything that size."

Fesler says, "I'm pretty serious about it. I'm trying to get to the next level," he says of his passion for the sport and the excitement surrounding the catch. He shares that part of team fishing is helping the partner with the fish on the line keep it on, wrangle it successfully to the boat and ultimately net it for the catch. "It's definitely a team effort. A lot of the times they say netting it is the harder part because everything falls on your shoulders if you knock it off." The pair obviously had the netting handled.

Day one of the tournament, the pair were in 54th place. After their big catch, the pair jumped to nearly first place and eventually took home a grand prize of \$4,500 with an additional "Big Fish Winning" of \$400. Fesler enjoyed a bonus due to his affiliation with Ranger boats.

Can't Keep a Good Club Down!

Continued from page 1

while helping other members of the group with their projects.

Mason, ever humble, would not list his accomplishments in detail, but the young man has brought home multiple wins, including cash prizes, banners, chairs and Grand Champion titles. His grandfather, Doug Kaelin says, "You can't compete in this

like anything else, unless you put the time in," and paints a great picture of the dedication of his grandson. It is a lot of "responsibility, but reward" says Doug Kaelin, obviously proud. The 4-H Club Community and the Kaelin family tradition of raising and showing lambs intertwine in a way that reflects the salt-of-the-earth mindset of our area

and exemplifies the 4-H mantra. Amanda adds, "It just speaks to the dedication of the family...because you're not going to get to that level with just a one and done kind of thing.... There's competition in it but everyone's there to see everyone else succeed." She closes with part of the 4-H motto, "Make the Best, Better. That's what you guys do."

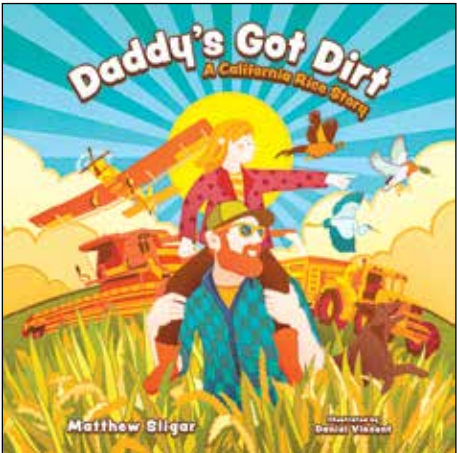
From the Fields to the Page

Continued from page 1

about farming and educating them about the long hours his job requires. "I thought not only would it be interesting for them to learn about how rice is grown but to know what it is I'm doing when I wasn't home so they could relate to that," Sligar told the Appeal Democrat.

Sligar shares that he wrote the book while out in the rice fields working and then set to work during the off-season to make his concept a reality. Illustrated by Daniel Vincent, the book is filled with vivid, full-page graphics of farming machinery and animals, rhyming text and more. Children are invited to learn about the food-to-table process in a fun and interactive way, featuring tractors, animals and more.

Publishing costs for the book came in higher than Sligar had anticipated. In a testament to our farming community, local AG-based businesses and their larger sister corporations rallied behind the book as sponsors to help offset print costs. Sponsors, in no certain order, include: S & S Family Farms, Williams Ag Service, Inc., Farmers Rice Cooperative, Butte County Rice Growers Association, Sohney Family Farms, Sutter Buttes Manufacturing, Montna Farms, 100 Gorrill Ranch, Sun Valley Rice, California Rice, California



Book cover image of Daddy's Got Dirt: A California Rice Story. Provided by Matthew Sligar.

Family Food, N & S Tractor, Rice Farming Magazine, The Zenith, CLAAS, The Rice Foundation, and USA Rice.

First released in September of 2020, the children's book now boasts a 5-star customer rating on Amazon and is available in kindle and print versions. The best way to get your hands on a copy is to purchase it directly from Sligar on his website, RicefarmingTV.com for \$19.99. There is a \$4.00 additional cost due to shipping, but Sligar says the benefit of ordering direct is that he can autograph the copy!



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14 Miles of Fun! Liberty Tax Cuts the Ribbon

By Seti Long

GRIDLEY, CA (MPG) - It's official! The spring 14-Mile Yard Sale is back!

This year, the largest yard-sale in our area is set to be held Saturday, April 17, 2021 rain or shine. The shopping fun starts at 8:00 am with hard copy and virtual maps available to the

public Friday, April 16th so that eager shoppers can plan their route.

If you would like to participate in the 14-Mile Yard Sale and have your location on both the hard copy and virtual maps, the Chamber asks that you apply and submit a fee of \$15 to the Chamber by noon, Tuesday, April 13th. Application

forms are available at the Chamber of Commerce located at 890 Hazel St. The office is open Mondays from 10:00 am to 2:00 pm. Applications can be submitted any time through the Chamber's drop-in mailbox, just be sure to include your completed application and fees in a sealed envelope. ★

By Seti Long

GRIDLEY, CA (MPG) - The staff of Gridley's Liberty Tax celebrated their Grand Opening in its newest location in Gridley with a ribbon cutting ceremony put on by the Gridley Area Chamber of Commerce Wednesday, March 10th.

Although the weather was a little volatile, Liberty Tax provided merchandise and goodies for those that ventured out to celebrate with them, including the chance to spin the wheel of prizes and win a free tax preparation.

Owner of the Gridley branch of Liberty Tax, Elizabeth Adams and her husband Aaron says that the Gridley location has been on their radar for about three years, with their original office in Oroville and second location in Paradise. Recently, the stars aligned, and the perfect location became available in Gridley. "Now it's time. We could be there, could be closer and make it more convenient for everybody!" Says Adams, so they jumped at the chance. ★

Adams shares that at Liberty Tax, a lot goes in to making their customers



Gridley Area Chamber of Commerce and Liberty Tax didn't let last week's storm rain on their parade! Liberty Tax celebrated their Grand Opening with a ribbon cutting March 10th. Pictured Left to Right: Joan Clark, Lisa Van De Hey, Cathie Mills, Bob Trueax, Lynne Spencer, Skyla-Rae Isackson, Elizabeth Adams and Aaron Adams. Photo by Seti Long

and their community feel like family. "It's because we are franchise. We are able to be in an area where it's our friends, it's our family, people we've grown up with that we're able to help in the community." In a typical year, Adams says her branches of Liberty Tax hold multiple community events such as BBQ's and fundraises to build a strong bond with their communities. She says, it's "because everything we do, we're doing to help people. I do taxes to make it less confusing and less frustrating dealing with the government. So, we try to continue and give back to

the community also."

Every year in March, Liberty Tax celebrates a different group of pivotal players during Appreciation Month. The first week of March 2021 was teacher appreciation week, followed by first responders, military, and veterans. Adams shares, "We usually give out 10 free returns in those lines, and then for following years, returning customers always get a discount in the month of March."

Head on into the Gridley branch of Liberty Tax, located at 1639 CA-99 Gridley or call for your appointment today at (530) 456-2569. ★

Gridley Rotary Holds First Virtual Speech Contest

By Lisa Van De Hey

GRIDLEY, CA (MPG) - As we have learned to be more adaptable the past year, in particular students and teachers with Zoom education, service organizations such as Gridley Rotary Club have met regularly on Zoom with the opportunity to have informative programs from as far away as Costa Rica and Africa while keeping members safe.

Contestants for Gridley Rotary Club's annual Speech Contest representing Gridley High, Live Oak High and area home schools were able to speak to Rotarians with their parents in attendance

February 25, with the following winners announced by President Bob Bowling: First place receiving \$200-Kayllen Barnette; second place receiving \$100-Harjot Gakhal; third place-Monica Rodriguez receiving \$50 and fourth place winners Thomas Bowers, Harneet Gill and John Paul Bowers each received a \$25 gift card.

Gridley Rotary had a socially-distanced meeting Thursday, March 18 at 12:15 p.m., with Butte County Supervisor Tod Kimmelshue presenting the program. The meeting was held under the pavilion at St. Timothy's Episcopal Church, 410 Jackson Street. ★

Notice to the Residents of the City of Biggs

City of Biggs

BIGGS, CA (MPG) - The City of Biggs is performing maintenance to its electric substation.

The process requires switching over to a backup circuit during the time that the substation is down for testing and maintenance, and then switch back to the main circuit after maintenance

completion. This will result in an electric power outage of 10-30 minutes occurring at each of the following estimated times:

Sunday March 21, 2021 at approximately 11:50 PM

Wednesday March 24, 2021 at approximately 11:50 PM

The exact time and duration is an estimate, subject to change. ★

State Tries to Block Local Control Over Needle Programs



James Gallagher

By Curtis Grima,
Office of James Gallagher

YUBA CITY, CA (MPG) - Assemblyman James Gallagher (R-Yuba City) alerted the public of a new attempt to circumvent local control over dangerous needle giveaway programs. Gallagher is encouraging California counties, cities and members of

the public to make their voices heard in opposition to the proposed regulatory changes by the California Department of Public Health (CDPH).

"Everyone saw what a disaster the needle giveaway program was in the City of Chico," said Gallagher. "The state should be spending more time on vaccine delivery and opening schools and less time trying to put needles in the hands of drug addicts."

CDPH states that some local governments that do not support the establishment of authorized Syringe Exchange Program (SEP) are taking steps to circumvent the intent of state law

by blocking SEPs from operating through restrictive local ordinances. By changing the regulations, CDPH is attempting to completely eliminate local control over the establishment of these needle giveaway programs.

Gallagher is urging every City government, County government and concerned community member to log their opposition to the regulations.

How to Oppose the Proposed CDPH Regulations - Email regulations@cdph.ca.gov with "Syringe Exchange Program Regulatory Consistency" in the subject line. Deadline for comments is April 5th. ★

MEMORIAL NOTICE

Jose Cruz De La Torre

Jose Cruz De La Torre, age 69, of Biggs, Ca passed away peacefully on Saturday, March 13, 2021.

He was well known for his big personality, quick wit, infectious smile, and compassionate spirit. Giving back to the community as a restaurateur was one of his greatest joys in life. Jose was drafted during the Vietnam War and served in the United States Army as a Paratrooper. Serving his country was an especially revered honor to him and he made it a point to support Veteran causes as much as possible. He was also a gracious supporter of St. Jude Children's Hospital and Los Angeles Mission.

Jose was preceded in death by his father, Juan; his mother, Esther; and his son, Pedro. He is survived by his two children, Macrino and Melissa; his sisters, Petra, Valentina, Lupe, and Luz; his brothers, Pedro, Onesimo, Juan, and Mariano; and many nieces and nephews. A private funeral service will be held in his honor on Tuesday, March 23, 2021.

Arrangements entrusted to Gridley-Block Funeral Chapel.

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Help GHS Fill the Buckets!



Leadership Students Damian Mendoza and Morelia Marquez need your help!!! Photo provided by Jennifer Davidson

By Seti Long

GRIDLEY, CA (MPG) - Gridley High School Leadership Class needs your help with their continuing fundraiser “Pennies for Patients!”

Last Friday, the Leadership Class kicked off their fundraising efforts for the Leukemia and Lymphoma Society with a free drive-in movie night at the high school. Students sold popcorn and drinks, with all proceeds going to the charity.

This weekend, March 20th, these driven students will take to the streets, literally, as they continue to raise funds for this well deserving charity with their “Bucket Blast” event. Students will be posted at the major intersections along Highway 99 with

donation buckets for their collection campaign, in-keeping with safe social distancing practices. Leadership Advisor Jennifer Davidson says, “If you’d like to donate to a worthy cause just hold your donation out the window at a stoplight and we’ll come to the car to collect it from you!”

Leadership student Elesia Fuentes, who has been part of the “Bucket Blast” over the last two years, says, “It’s an awesome way to raise money along with Pennies for Patients. We have a lot of fun doing it every year and I’m excited to see how much we will raise this year!”

GHS Leadership Students will be out with their collection buckets beginning at 10:00 am Saturday morning until noon along the Hwy 99 Corridor in Gridley. ★

Dear Dietitian

Food Addiction



Commentary
by Leanne McCrate

Dear Readers,

Many of us know someone who has struggled with an addiction. Perhaps a loved one has tried to quit smoking, or a friend is addicted to heroin or methamphetamine. The American Psychiatric Association defines addiction as a complex condition, a brain disease manifested by compulsive substance use despite harmful consequences. (1). Although food addiction is not included in the DSM (Diagnostic and Statistical Manual for Mental Disorders), it is estimated that as many as twenty percent of Americans struggle with some type of food compulsion (2).

One may automatically assume that food addiction only affects overweight individuals; however, the scientific literature shows otherwise. While some individuals with obesity may display behaviors similar to individuals addicted to drugs [3], estimates suggest that only 24.9% of overweight/obese individuals report clinically-significant symptoms of food addiction, and 11.1% of healthy-weight individuals also report these symptoms [2].

Studies have found parallels between food addiction and other substance abuse disorders, such as opioid addiction. Some of these include:

1. Changes in brain chemistry in response to the substance – For example, dopamine is released in response to certain foods. Dopamine is a chemical that plays a role in the reward center in our brain and allows us to feel pleasure. If we experience pleasure and reward, we

are likely to repeat the behavior, possibly even to the point that it is no longer healthy for us.

2. Preoccupation with the substance – One may obsess about a particular food, feel deprived of happiness in the absence of this food, or experience cravings.
3. Impaired control – Once the substance or food is taken in, it is difficult to maintain control of how much is used.
4. Social impairments – This includes changes in your social activities for the sake of the addiction. For example, a person binges on a certain food, then spends hours exercising to burn off those calories rather than spending time with family and friends.

How do you deal with a food addiction?

If you can completely abstain from the problem food, that is your best defense. It may be difficult to completely abstain from sugar since it is in so many foods. You can abstain from sweets or avoid foods with 5 grams of sugar or more per serving.

Another solution is a 12-step program, Overeaters Anonymous, which helps those with food addictions and eating disorders. Theirs is a spiritual —(not religious) program similar to that of Alcoholics Anonymous. Go to oa.org or call (505) 891-2664 to find a meeting near you.

Until next time, be healthy!

Dear Dietitian

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Leanne McCrate, RDN, LD, CNSC, is an award-winning dietitian based in St. Louis, Missouri. Her mission is to educate consumers on sound, scientifically-based nutrition. Do you have a nutrition question? Email her today at deardietitian411@gmail.com. Dear Dietitian does not endorse any products, health programs, or diet plans. ★

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**Tuesday, March 30, 2021,
from 9:00 am to 10:30 am**

Butte College SBDC in partnership with California Department of Tax & Fee Administration, is hosting a FREE Zoom Webinar to help businesses understand their tax requirements and file their taxes online with ease (see details below).

Gain an understanding of sales and use tax, district tax, taxable and nontaxable labor, as well as foreign and interstate taxability. Learn if you need a seller's permit and how to use a resale certificate. Discover exemptions and deductions which may be available to you. Determine how AB 147 and the Market Place Facilitator Act affects your business. Get step-by-step instructions on how to file your Sales and Use Tax Return electronically using California Department of Tax & Fee Administration new online services system. Learn how to pay use tax, figure out deductions, and calculate district tax when it's applicable to your sales. You will finish with the know-how to file your sales and use tax return completely online!

Presenter: Jim Dahl, California Department of Tax & Fee Administration.

TO REGISTER:

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LOG ONTO: www.buttecollegesbdc.com/events/basic-sales-and-use-tax-online-filing-webinar**

Instructions: When you register for this webinar, a webinar link will be emailed to you prior to the event. This training is an online webinar Only.



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SPARKY'S CORNER

Recruitment for Volunteers

The Butte County Fire Department is a combination fire department using both career professional and citizen volunteer firefighters. There are 17 volunteer companies throughout the county. Butte County Fire, Company 74 serves the communities of Biggs and Gridley.

Volunteer firefighters actively participate in all aspects of emergency calls. There are four levels of volunteers in Butte County Fire Support: Emergency Medical Services, Firefighter, and Operators. Anyone can participate up to their individual abilities and comfort levels.

Becoming a volunteer firefighter is an exciting and rewarding way to serve your community, and is also a great way to get started for anyone interested in a firefighting career.

To learn more, contact your local Butte County Fire station or visit Butte County Fire online at: <http://www.joinbcbd.org/>

Thank You, and Be Safe!!

**Sparky the Dog
Gridley Fire Station 74**



Governor Delivers a State of Newsom Address



By Dan Walters
CALMatters

With the nation at war in 1944, tunesmiths Harold Arlen and Johnny Mercer wrote an uplifting song for a morale-building movie, “Here Come the Waves.”

“You’ve got to accentuate the positive, eliminate the negative, latch on to the affirmative,” Bing Crosby crooned. “Don’t mess with Mister In-Between.”

It’s doubtful that Gov. Gavin Newsom, born in 1967, ever saw the movie or heard the song, but he was humming it last week in an elaborately staged State of the State address in an empty Dodger Stadium.

Newsom boasted that California, with himself at the helm, has survived the COVID-19 pandemic and “so now, we look ahead to better days with the California can-do spirit – with the energy and optimism that defines us – we will beat this virus and realize our dream of a California for All.”

It was clearly a campaign speech by a politician who faces the likelihood of a recall election later this year, using his official pulpit to persuade voters that he’s been working hard for them and thus deserves to remain in office.

Newsom overstated the positive – a half-truth,

for instance, that “California’s death rate has remained one of the lowest per capita in the nation” – and downplayed the negative. He glossed over the complete meltdown at the Employment Development Department, an erratic vaccination program and his passive attitude toward reopening schools until the recall was on the verge of qualifying.

Newsom dismissed the negatives in one brief passage: “And look, we’ve made mistakes. I’ve made mistakes. But we own them, learn from them, and never stop trying.”

And he referred to the recall only obliquely, saying, “We won’t change course just because of a few naysayers and doomsdayers. So to the California critics, who are promoting partisan power grabs and outdated prejudices, and rejecting everything that makes California great, we say this: we will not be distracted from getting shots in arms and our economy booming again.”

There is a larger issue – whether in his obvious desire to persuade Californians that he’s managing the pandemic well, he’s allowed political factors to influence it.

Newsom insisted last week that “we listened to the experts and were guided by the evidence” in managing COVID-19, but which activities were shut down and which were allowed to continue had tinges of politics from the earliest days of the crisis a year ago.

“We were the first state to issue a stay-at-home order, which helped us

avoid early spikes in cases,” Newsom boasted, and that’s true. But he also eased up a few weeks later in response, as he acknowledged at the time, to complaints about millions of jobs being erased, and then cracked down again when infection rates spiked upward.

Thus began a roller-coaster ride of openings and closures that seemed to coincide with the political influence various interest groups wielded, leaving many Californians confused and eventually angered about the seemingly arbitrary nature of Newsom’s decrees.

Overtly political aspects became especially evident in recent weeks when the recall movement neared the threshold of 1.5 million signatures on petitions to force an election. Suddenly, the state eased up on restrictions by redefining its county-by-county “tiers” and Newsom, after months of passivity, pushed hard to reopen schools.

Newsom cited lower infection rates as his rationale, but he had done that previously in easing up on restrictions only to reimpose them when infections spiked upward. He’s betting that easements will continue and that as children return to classrooms, businesses reopen, unemployment rates drop and Californians’ mood brightens, he can accentuate the positive and beat the recall.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

Scientists Stunned After Shocking Discovery Reveals True Cause of Fatigue

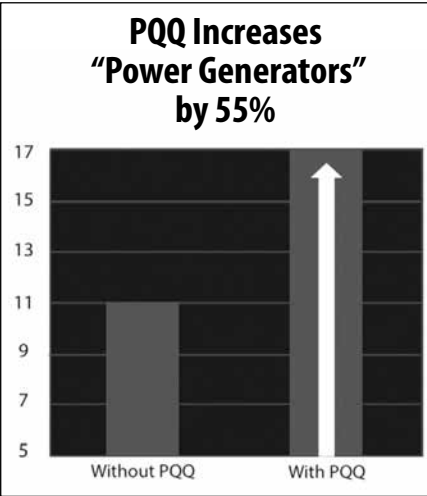
New research finds unlikely source for why some seniors have an endless supply of energy

Royal Palm Beach, FL – For the millions of American’s suffering from fatigue there is finally hope.

A new study reveals our energy levels don’t have to decline with age.

Published by the *National Institutes of Health*, this peer-reviewed study caused shockwaves in the scientific community. That’s because it runs counter to everything scientists have believed about energy levels and aging for years. But the evidence is undeniable.

According to the research, which analyzed 142 scientific papers, the key to gaining more energy with age lies inside our cells — in our mitochondria.



Mitochondria play a critical role in generating metabolic energy. They are responsible for converting the food we eat into energy we can use. A paper published by the *Department of Cell and Developmental Biology* even called them “the gatekeepers of cell death,” because of how vital they are to the survival of our cells.

However as we age, the number of our mitochondria declines. In addition, the mitochondria become susceptible to DNA damage, decreased in function, oxidative stress and even mutations. All of which results in excess fatigue, accelerated aging and poor health.

But thanks to this study, America’s No. 1 anti-aging doctor has been able to develop a new, all-natural solution that helps seniors increase the number of their mitochondria, so they can rewind the clock on old age.

“By taking this one compound you can quickly restore the mitochondria inside your cells,” explains Dr. Al Sears – founder and director of the world-renowned Sears Institute for Anti-Aging Medicine.

“And, once your mitochondria levels are restored, you will have so much energy that you will feel decades younger.”

Unique Discovery Restores Mitochondria

For more than 20 years, Dr. Sears has been considered America’s No.1 anti-aging pioneer. He has authored over 500 scientific papers and has appeared on dozens of media outlets including ABC News, CNN, Lifetime, and many more.

Now, his latest discovery — a unique molecule that restores mitochondria inside cells — is taking America by storm. Seniors all across the country are stocking up on this new, all-natural energy-booster.

Sold under the name **Ultra Accel II**, this advanced formula allows users to experience the type of energy they’d expect from a 20-year-old. And, those who’ve been lucky enough to get their hands on **Ultra Accel II** are seeing remarkable, almost unbelievable results.

As John H., from Bradenton, Florida reports: “I’m a 70-year-old man and I’ve been taking **Ultra Accel II** for 2 ½ months. On a recent treadmill test, I was told that I did as well as several patients tested who were in their 20s.”

As Karyn E. from Palm Beach, Florida says “I noticed more energy within 24 hours of taking Ultra Accel. I was thrilled to have all that extra strength and endurance. Then after a few months, I ran out and within a week, all that extra energy disappeared. Now, I’ll never be without **Ultra Accel II**.”

Study Confirms 100% Success Rate

Scientists recently gathered a group of men and women suffering from high levels of fatigue.

Over an eight-week period they gave the subjects a daily dose of **Ultra Accel II**’s core compound. The results? All of the participants felt a significant improvement in energy levels. And the study reported a 100% success rate in boosting the energy levels of those suffering from fatigue.

That’s because PQQ (CoQ10’s more powerful cousin) — the core ingredient in **Ultra Accel II** — is the only natural molecule that can increase the number of mitochondria — the power

generators inside your cells.

In one study, mice fed PQQ increased the number of mitochondria in their cells by more than 55%, in only eight weeks.

In addition to feeling more energized, users often report feeling mentally younger, with fewer “senior moments” and brain fog. That’s because the key compound has been shown to stimulate the production of NGF, which helps trigger the growth of new brain cells.

“I’ve been taking **Ultra Accel II** continuously for over 12 months and I’ve found my energy levels to be as high or higher with less exercise. People can’t believe I turn 50 this year,” reports Wayne L.

And Jerry M. says he “noticed a difference within a few days... my endurance doubled. I love it. There really is something about **Ultra Accel II** that I can FEEL. It’s not just in your body either. You can feel it mentally, too. This is something I’ll be taking for a long time.”

Demand For Ultra Accel II Soars

“For too long, millions of Americans have suffered the life-ruining effects of fatigue and lethargy,” says Dr. Sears when asked about the remarkable success of **Ultra Accel II**.

“Until now, there’s never been a science-backed solution that actually works and guarantees real results,” continued Dr. Sears, “but with the release of **Ultra Accel II** that all changes and now you can unlock an endless supply of all-day energy, at any age.”

Due to the unprecedented demand and recent media exposure, people are struggling to get their hands on this low cost, prescription-free energy booster.

However, through our partnership with the Sears Institute for Anti-Aging Medicine we’ve managed to secure a small supply exclusively for readers of this publication. For the next 48 hours only we’ve able to offer a special discounted supply of **Ultra Accel II**.

How To Try It Risk-Free

Ultra Accel II is not available in any store at any price.

The only way to get this potent energy booster is by calling the Sears Health Hotline at 1-800-762-4710 within the next 48 hours and taking advantage of this special offer.

Dr. Sears is so confident in this product he’s protecting customers with a 100% money-back guarantee on every order. “Just send back the unused bottles within 90 days of purchase, and I’ll refund every penny of your purchase price,” he adds.

The Hotline will be taking orders for the next 48 hours only. After that, the number will be shut down allowing them to restock.

Call 1-800-762-4710 to secure your limited supply of **Ultra Accel II**. It’s completely safe and no prescription is required. Those who call within the first 24-hours qualify for a significant discount. To take advantage of this great offer use Promo Code **NP0321UA184** when you call.

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Housing Authority of the County of Butte Public Housing - 3 Bedroom Units Wait List Open

HACB now accepting applications for Public Housing Waiting Lists for three (3) bedroom units located in Biggs/Gridley, Chico, and Oroville.

Public Housing is a form of housing in which the property is owned by a Housing Authority. The aim of Public Housing is to provide affordable housing to low income tenants. Applicants are limited to specific available units designated by the Housing Authority.

Applications can be obtained online at www.butte-housing.com or at 2039 Forest Ave, Chico CA.

Applications can be mailed or dropped off at 2039 Forest Ave, Chico CA 95928

For more information, call the HACB office at (530) 895-4474, TDD (800) 735-2929 or visit our website at www.butte-housing.com



EMPLOYMENT OPPORTUNITY CITY OF GRIDLEY Accounting Technician Salary \$3650 - \$4437 / mo.

The City of Gridley has an immediate opening for an Accounting Technician to assist with processing utility bills, customer payments and inquiries, accounts receivable, accounts payable, payroll, benefits, general ledger bookkeeping and clerical/receptionist type duties. Excellent benefits package. Applications are online at www.gridley.ca.us and are due Friday, March 26th at 1 pm.



Gridley Thumbs and Roots Slim Randles' HOME COUNTRY



By Barbara Ott

It rained! Now let's wish for more. It was announced on the radio that Sacramento County has entered watering restriction for this season due to drought. If we get rain it will help but it seems that a drought is here. Before this rain event I was debating whether or not I needed

to water my fruit trees. Not yet now, but soon. A friend of mine lost her home to the fire in Berry Creek and has moved to Beaverton, Oregon. She is looking forward to gardening in a different environment. One that has more rain. For those of us who are still in California we still need to deal with a Mediterranean climate. My wish is that we get rain in our rainy season, as short as it is.

The maple trees are starting to get leaves. The big tree next door is looking red and rich. My small Japanese maples in the front have buds but no leaves. The Japanese maples in pots in the back are busy with tiny leaves showing up. I love the

first leaves of the Japanese maples. They are intense in color and have such tender pointy leaves. I've chosen to do a type of bonsai with the potted trees. They will be larger bonsai instead of little bonsai. Bonsai is simply stated as trees in pots. Therefore, if the pots are small, medium, or large the trees in them are Bonsai. We'll see how it goes when I need to trim the roots in the bigger pots.

Another plant that is starting to grow that I always look forward to is the tree lily. It grows to about four feet tall and tops itself with bright yellow, large lilies. It is slowing adding more stems which is a wonderful thing because that means more lilies. ★



Slim Randles

We hadn't seen our pal, Steve the cowboy, at the philosophy counter at the Mule Barn truck stop for a while. After a week's absence, he showed back up for his daily ration of caffeine, and it was obvious he'd lost some weight, if not attitude.

"Hospital again," he said. We nodded. Steve has internal workings situations from time to time. Usually, these happen during a cold snap when the bunkhouse needs extra firewood. He swears this is just a coincidence.

He appreciates doctors a lot, it turns out. Especially

I'll bet that Steak had more Miles on it than my Pickup

young, cute, female-lady-type doctors. He has two of them that look after him. To quote Steve: "Cuter'n a pocketful of baby mouses!"

But nurses? That's another thing entirely.

"They run this nurse in on me," he said, "to give me one of them baths, you know?"

Doc grinned. "Cute, was she, Steve?"

"Cute? Doc, her face looked like it had worn out two bodies. She had the exact aerodynamics of a milk carton, and the human kindness of a meter maid. I didn't stand a chance!"

"Food any better this year?" asked Herb.

We had heard all about 12,000 mile-an-hour toast last year and how they had used it as heat shields on the space shuttle.

"Boys, they don't have

food in that hospital. They just want to tease you by telling you it's edible stuff. You just take our special Sunday dinner. They called it ribeye steak."

We waited while he sucked down another cup of coffee and asked Loretta to bring him something that wasn't good for his situation.

"Ribeye sounds good, Steve."

"Ribeye? RIBEYE? Say listen, guys, I don't know what gopher they cut that off of, but it was sure as sin a long-distance gopher. That was so small and tough ... I'll bet that steak had more miles on it than my pickup."

Brought to you by Packing the Backyard Horse by Slim Randles. Available at Amazon.com. ★

Thoughts to Ponder

by Kathy Neal



The United Methodist Church

During the pandemic lockdown on thing that has surfaced that causes even more pain and problems than a virus is loneliness. It is even above homelessness, hunger, and disease.

The elderly are locked down from family, churches closed to members, schools closed to lessons and friendships. But the one thing that causes depression, anxiety, and in some cases things worse, is the feeling of loneliness.

Some find help with TV, pets, or hobbies. But when loneliness hits, it is hard to resolve. It is a struggle that God never intended us to go through. That's

why when Jesus left this earth on His trip to glory He left a third of the trinity, the Holy Spirit, with us inwardly to face life daily.

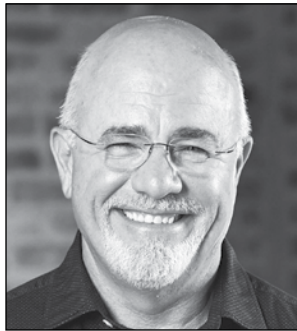
God also created us to have companionship and friendship. Adam had Eve. Noah had his wife. Abraham had Sarah. Jesus had His disciples and friends through out His ministry. Martha, Mary, and the other women followed and helped with the needs of the Messiah.

When Jesus left for His Kingdom He sent the Holy Spirit to dwell with us. When we are too broken to pray or ask for help, He intercedes to the Father. When we are tempted, He offers strength. When we are lonely, the Spirit, offers peace, comfort, and companionship. We can talk openly with the Creator through the Spirit. When loneliness overcomes us, we can cry out for help.

This is the very reason people need God, Jesus, and the Holy Spirit. Through the mighty three, we as believers can meet any challenge, conquer every mountain, and cross any river with His power. For those who are suffering now, learning to trust in a higher power is a necessity.

God's power, strength, and love never leaves us alone. Jesus said: "Never will I leave you, even to the end of the age. My peace I give you." Hallelujah! Praise God! "Be not afraid", is spoken over and over throughout the Bible. Have courage, God is with us! There is no better friend, pilot, warrior, or companion than the Lord Almighty. Seek Him and all other things will come to you.

If you find yourself lonely, seek, knock, and ask!!! God is only a request away. ★



Raise them to Become Great Adults

Dear Dave,

Why do you seem to put so much emphasis on teaching young children about money? Isn't there time for that later when they're older?

—Cyndi

Dear Cyndi,

I firmly believe that one of the best ways you can make sure your kids are ready to face adulthood when the time comes is to teach them how to handle money at an early age. The reason? Learning about money, and how to manage it in a wise, mature fashion, is about a lot more than just dollars and cents.

There's a quote from author Andy Andrews I really love. He says, "The goal is not to raise great kids. It's to raise kids who become great adults." If you think about it, there's a subtle but powerful

Dave Ramsey Says

distinction here. Kids might behave well out of a sense of obedience or even fear, but that doesn't mean they'll do what's best for them once they're on their own. To raise kids who later become great adults, you have to begin instilling good character traits in them at an early age.

Work equals money. When you teach kids to work, you're teaching them responsibility. Whether it's chores around the house or a job at the mall, work involves accountability and following through on tasks. Work shows kids they are in control of their actions, and that they will reap the rewards or consequences of those actions.

Teaching kids to save teaches them patience. Today's world is one of instant gratification, and saving money makes you slow down and think. It also shows kids they can't have every little thing they want the moment they want it.

When you teach kids to give, you're teaching them generosity. A willingness and desire to give doesn't always come natural to us when we're young. Parents should encourage

and model the act of giving, because generosity is a wonderful character trait and a powerful weapon in the fight against selfishness and greed.

Finally, teaching kids to spend responsibly is a great way to teach wisdom. All kids totally get the idea that spending money is fun. That's a no brainer. But when you get involved in teaching spending as something that should be thought through and done with care and reason, you're imparting the idea of using good judgment and thoughtfulness before taking action.

I hope this helps, Cyndi!

—Dave

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 16 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★

GRIDLEY UNITED METHODIST CHURCH REOPENS

The Gridley United Methodist Church is starting Sunday services at 10 am.

We are located on the corner of Haskell and Magnolia streets. Now that Butte County is in the red tier we will be starting services following Covid-19 protocols. Please come a little early so we can check you in. We will have to wear a mask and social distance.

We do have masks if you don't have one.

Please come and enjoy worship in our welcoming church.

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www.GridleyHerald.com

Sutter County's Award-Winning High School Student Speech Contest Returns

Sutter County Press Release

SUTTER COUNTY, CA (MPG) - The County of Sutter's high school speech contest, which won national recognition for engaging youth in the local government process, returns May 6.

The "Public Business From The Floor" high school speech contest was designated the best entry in the category of Civic Engagement and Public Outreach in the National Association of Counties 2020 Innovation Awards competition.

The speech contest, open to all high school age students who either

attend a public or private Sutter County school or live in Sutter County, was designed to foster an understanding of the right of Americans to petition their government and to provide the opportunity to directly address the County Board of Supervisors on matters under their jurisdiction.

The speech contest is sponsored by the 20-30 Club of Yuba City-Marysville. In addition to providing cash prizes, members of the club in previous competitions have joined the Board of Supervisors as judges.

"The speech contest is an outgrowth of our

Board's desire to engage the youth of this community and build an understanding and appreciation for how local government functions," said Board Chairman Dan Flores. "The success of the program, which was recognized by NACO, is the result of the effort of the students, their teachers, their parents, and the participation of the 20-30 Club. This is a community that values its youth, and that was reflected in the award from NACO."

Unfortunately, as a result of COVID-19 concerns, there was no competition in 2020. But the competition returns on

May 6 at 6 p.m. at a location still to be determined. Tentatively, the competition will be held at the chambers at Yuba City Hall, where the Board of Supervisors is conducting its regular meetings, but the County may establish an outdoor location to promote in person participation. Students will have the option of participating in person or by Zoom.

Under the rules of the competition, students have up to three minutes to address the Board of Supervisors on any topic that falls under its jurisdiction. Participants must ask the Board of Supervisors to take a specific action

on a topic, such as adding, changing, or removing a local ordinance, authorizing funding for something, or advocating for action by the state or federal government.

The speech contest takes place at a real meeting of the Board of Supervisors, attended by members of the public and subject to coverage by the media. The event will be streamed live on the County's video portal.

Students interested in participating can receive additional information about the contest and officially sign up by sending an email to speechcontest@co.sutter.ca.us ★



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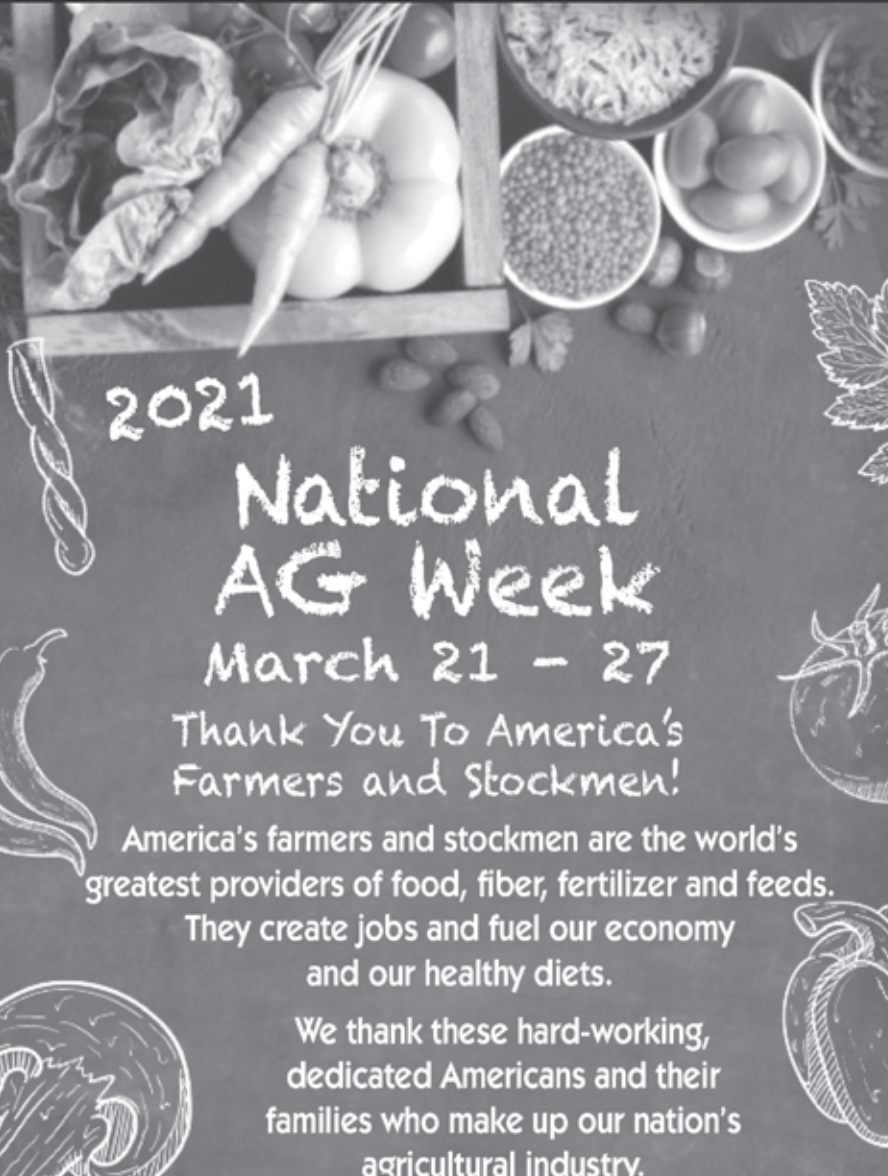
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 This Business is Conducted by: Limited Liability Company

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: February 19, 26, March 5, and 12, 2021 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-0000198

The following persons are doing business as: **SHASTAN HOMES**
1823 Wisteria Lane Chico, CA 95926
Valley View Builders, 1823 Wisteria Lane Chico, CA 95926
 Date Filed in Butte County: February 9, 2021
 The Registrant commenced to transact business under the above business name on: 1/1/1977
 This Business is Conducted by: Corporation

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: March 5, 12, 19, and 26, 2021 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-0000236

The following persons are doing business as: **IRON SHARPENS IRON K9 CLINIC**
1158 Wonder Lane Oroville, CA 95965
Ryan Walker Clark, and Dawn Michelle White, 1158 Wonder Lane Oroville, CA 95965
 Date Filed in Butte County: February 17, 2021
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: A Married Couple

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: March 5, 12, 19, and 26, 2021 (The Gridley Herald)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE #21CV00439

1. Petitioner Cynthia Faye Brandt filed a petition with this court for a decree changing names as follows:

Present name Cynthia Faye Brant	Proposed name Cynthia Faye Hill
---	---

2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing April 21, 2021 9:00 a.m. Department 1, Superior Court of California, County of Butte, North County Courthouse 1775 Concord Avenue Chico, CA 95928
 Publish: March 12, 19, 26, and April 2, 2021 (The Gridley Herald)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE #21CV00367

1. Petitioner Beverly Anne Lewis filed a petition with this court for a decree changing names as follows:

Present name Beverly Anne Lewis Gabriel Zaine Lewis Clinton River Lewis	Proposed name Beverly Anne Murray Gabriel Zaine Murray Clinton River Murray
---	---

2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing April 7, 2021 9:00 a.m. Department TBA, Superior Court of California, County of Butte, North County Courthouse 1775 Concord Avenue Chico, CA 95928
 Publish: March 12, 19, 26, and April 2, 2021 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-0000189

The following persons are doing business as: **BIRDY LEARNING LLC**
56 Hanover Lane Suite 100 Chico, CA 95973
Birdy Learning LLC, 56 Hanover Lane Suite 100 Chico, CA 95973
 Date Filed in Butte County: February 5, 2021
 The Registrant commenced to transact business under the above business name on: 1/27/2021
 This Business is Conducted by: Limited Liability Company

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: February 26, March 5, 12, and 19, 2021 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-0000276

The following persons are doing business as: **VAN FARM**
357 W Liberty Road Gridley, CA 95948
Van Sa Ho, 357 W Liberty Road Gridley, CA 95948
 Date Filed in Butte County: February 26, 2021
 The Registrant commenced to transact business under the above business name on: 2/22/2021
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: March 5, 12, 19, and 26, 2021 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-0000225

The following persons are doing business as: **BODY WORKS TOTAL RELAXATION MASSAGE**
2300 Lincoln Street Oroville, CA 95966
Tracy Armster, 2279 A Street Oroville, CA 95966
 Date Filed in Butte County: February 16, 2021
 The Registrant commenced to transact business under the above business name on: 2/16/2021
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: March 5, 12, 19, and 26, 2021 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-0000254

The following persons are doing business as: **URIOSTEGUI AUTO DETAILING**
1374 Hwy 99, Gridley, CA 95948
Alejandro Uriostegui, 1374 Hwy 99, Gridley, CA 95948
 Date Filed in Butte County: February 23, 2021
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: March 19, 26, and April 2, 9, 2021 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-0000170

The following persons are doing business as: **FOOTHILL MILL AND LUMBER COMPANY**
6633 Pentz Road Paradise, CA 95969
Foothill Mill and Lumber Company Incorporated, 3575 Ayres Holmes Lane Auburn, CA 95602
 Date Filed in Butte County: February 3, 2021
 The Registrant commenced to transact business under the above business name on: 11/1/1985
 This Business is Conducted by: Corporation

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: February 26, March 5, 12, and 19, 2021 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-0000212

The following persons are doing business as: **VALADEZ BEE SERVICE**
110 Turner Avenue Gridley, CA 95948
Perfecto Valadez Gonzalez, 164 Turner Avenue Gridley, CA 95948
 Date Filed in Butte County: February 12, 2021
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: March 5, 12, 19, and 26, 2021 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-0000269

The following persons are doing business as: **RC CASTLE CONSTRUCTION**
1019 Normal Avenue Chico, CA 95928
Gary Charlesworth and Shawna Ralston, 1019 Normal Avenue Chico, CA 95928
 Date Filed in Butte County: February 24, 2021
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: General Partnership

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: March 12, 19, 26, and April 2, 2021 (The Gridley Herald)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE #21CV00440

1. Petitioner Christian Anthony Dunn filed a petition with this court for a decree changing names as follows:

Present name Christian Anthony Dunn	Proposed name Christian Anthony Watson
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2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing April 21, 2021 9:00 a.m. Department 6, Superior Court of California, County of Butte, North County Courthouse 1775 Concord Avenue Chico, CA 95928
 Publish: March 19, 26, and April 2, 9, 2021 (The Gridley Herald)



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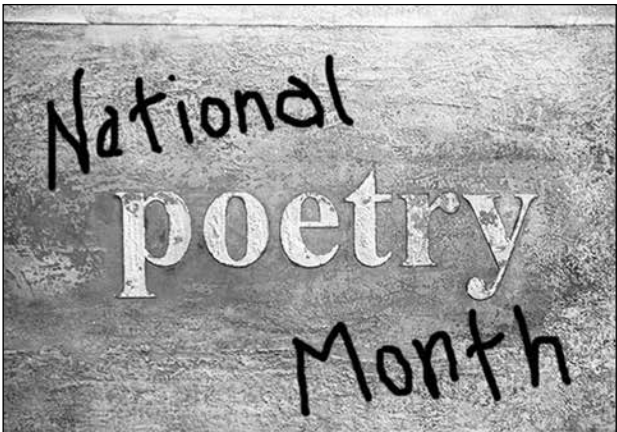
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Poem-A-Day Project

By David Read,
Yuba Sutter Arts

MARYSVILLE, CA (MPG) - One of the earliest poems some of us may have heard or even committed to memory begins, “I think that I will never see a poem as lovely as a tree.” The famous poem by Joyce Kilmer who died in France during WWI, was parodied by Mad Magazine many years later. “I think that I shall never hear a poem lovelier than a beer.” This all leads us to April which was designated National Poetry Month back in 1996. It is an annual celebration of poetry organized by the Academy of American Poets as a way to increase awareness and an appreciation of poetry in the United States.

Yuba Sutter Arts & Culture is celebrating poetry month in Yuba-Sutter with our new Poem-A-Day community poetry reading project. All are invited to join us to be video recorded reading a poem at Yuba Sutter Arts & Culture reciting or reading poems that are 25 lines or under. Participants can either bring their own poem that they have written or found, or we will have poems available to choose from. Appointments will be taken on a first-come, first-serve basis by calling (530) 713-8784 or by emailing abbie@yubasutterarts.org. If emailing, please mention one of the



At least one poem per day will be posted on Facebook and YouTube, celebrating Poetry Month between April 1st and 30th, 2021. Courtesy photo

two days available for filming and the preferred time you would like to come read your poem in your email. There is no age restriction, but participants must be able to read or recite their poem. We are looking for participants of all ages!

At least one poem per day will be posted on Facebook and YouTube, celebrating Poetry Month between April 1st and 30th, 2021. Filming dates are Thursday, March 18th, from 4 – 7pm and Saturday, March 20th, from 9am – Noon at Yuba Sutter Arts & Culture, 624 E Street in Marysville.

“It is important that we keep art at the forefront of our lives especially during these challenging times,” said Abbie Cesena, Managing Director of Yuba Sutter Arts & Culture. “We thought that community members sharing poetry with each other would be a fun and simple way to participate in

an art project that doesn’t take too much time and yet has great meaning,” she added.

For more information about other 2021 programs during our 40th anniversary year, contact Yuba Sutter Arts at 530-742-ARTS or email david@yubasutterarts.org.

Yuba Sutter Arts is a non-profit organization whose mission is to provide arts programming, education, advocacy, assistance and service to artists, organizations and residents of Yuba and Sutter Counties. The official agency for Yuba and Sutter of the California Arts Council, its programs include the Yuba Sutter Youth Choir, the Women's Creative Circle, Shakespeare Readers’ Theatre, Arts in Education, Very Special Arts Festival, Art Crawl, “Stand as I” Open Mic Nights, Harvest the Arts, Arts in Corrections, Third Sunday Jazz Jam, Art Everywhere and much, much more! ★

CLG NEWS UPDATES

Provided by Citizens for Legitimate Government (CLG) Seelegitgov.org

Effort to recall Newsom gathers over 2M signatures, enough for possible ballot measure | 13 March 2021 | The effort to recall California Gov. Gavin Newsom (D) has gathered over 2 million signatures -- a number of signatures, if validated, that could force a measure on a ballot. The leaders of RecallGavin2020 announced this week that their effort reached over 2,060,000 signatures as of Wednesday. “The People of California are speaking loud and clear. We have cleared another milestone. Politics as usual in California are over as we know it to be,” Orrin Heatlie, Chairman of The California Patriot Coalition, RecallGavin2020 Committee, said in a statement.

The Biggest COVID-19 Vaccine Skeptics? Frontline Health Care Workers By **Lawrence Solomon** | 11 March 2021 | (Opinion) What do frontline health care workers and first responders know about COVID-19 vaccines that politicians and their public health advisers don’t? According to a January analysis by Gallup, 51 percent of health care workers and first responders polled in December were unconvinced of the merits of getting vaccinated, even if the vaccine “was free, available, FDA approved and 90% effective.” ...The frontline workers proved to be as defiant as Gallup’s survey of their intentions anticipated. In California, over half of Tehama County’s hospital workers at St. Elizabeth Community Hospital, an estimated 50 percent of frontline workers in Riverside County, and 20 percent to 40 percent in L.A. County refused the vaccine, according to a report in the Los Angeles Times.

US Border Patrol Arrests 22 Wanted Fugitives at Texas Ports of Entry | 13 March 2021 | U.S. Customs and Border Patrol (CBP) over the past week arrested a total of 22 wanted fugitives at various entry points along the U.S.-Mexico border in Texas. Among them was a person who was wanted for injury to a child charges, and another person who was wanted for assault on a family member. All of those arrested were turned over to local authorities to face charges.

Sen. Cruz: US Military ‘Launching Political Attacks’ Against Tucker Carlson, Requests Meeting | 14 March 2021 | Sen. Ted Cruz (R-Texas) said he requested a meeting with the head of the U.S. Marine Corps after one of its units tweeted statements insulting Tucker Carlson, along with unusually bellicose comments about the Fox News host. “Under Biden, the military is launching political attacks to intimidate Tucker Carlson & other civilians who criticize their policy decisions,” Cruz wrote on Twitter, saying he requested a meeting with the commandant of the Marines. “Officials in uniform are being used for the campaign. I’ve demanded a meeting with the Commandant of the USMC to put a stop to it.” Cruz, in a letter to Defense Secretary Lloyd Austin, wrote that he is “deeply troubled” by how the Pentagon has “[mobilized] systematic, public attacks against television host Tucker Carlson that in substance, tone, and political resonance are inexplicably inappropriate.”

49 percent of GOP men say they won’t get vaccinated - PBS poll | 11 March 2021 | Nearly half of U.S. men who identify as Republicans said they have no plans to get the coronavirus vaccine, according to a new PBS NewsHour/NPR/Marist poll released Thursday. The study, which surveyed 1,227 U.S. adults from March 3 to March 8, found that approximately 30 percent of Americans overall said they do not plan on getting vaccinated. The poll found a higher amount of opposition among Republicans, with 41 percent saying they would not get one of the three federally approved coronavirus vaccines and 49 percent of Republican men saying the same. ★

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LEGAL ADVERTISING

The Gridley Herald Adjudicated For and By the County of Butte, Adjudication No. 27207–October 29, 1951

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TRUSTEE SALE NOTICES

T.S.No.:2019-01443-CA
A.P.N.:066-270-050-000 Property Address: 13661 FRITZ COURT, MAGALIA, CA 95954
NOTICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE § 2923.3(a) and (d), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 08/14/2002. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Trustor: Wesley Kawagishi and Julie Camacho-Kawagishi, Husband and wife as Joint Tenants Duly Appointed Trustee: Western Progressive, LLC Deed of Trust Recorded 08/22/2002 as Instrument No. 2002-0043440 in book ---, page--- and of Official Records in the office of the Recorder of Butte County, California, Date of Sale: 04/19/2021 at 03:30 PM Place of Sale: ON THE STEPS OF THE COUNTY COURTHOUSE NUMBER 1 COURT STREET, OROVILLE, CA 95965 Estimated amount of unpaid balance, reasonably estimated costs and other charges: \$ 61,787.23. THE TRUSTEE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, OR SAVINGS ASSOCIATION, A SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as: More fully described in said Deed of Trust. Street Address or other common designation of real property: 13661 FRITZ COURT, MAGALIA, CA 95954 A.P.N.: 066-270-050-000 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and

expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$ 61,787.23. Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this Internet Web site <http://www.wal-tisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx> using the file number assigned to this case 2019-01443-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. **TS#2019-01443-CA 3-26-21**

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF JACQUELINE WARD-WILLIAMS
CASE No. 21PR00083
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Jacqueline Ward-Williams aka Jacqueline Ward Williams deceased
A Petition for Probate has been filed by Kenneth Marble, in the Superior Court of California, County of Butte, requesting Kenneth Marble be appointed as personal representative to administer the estate of the decedent.
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court as follows March 30, 2021 9:00 a.m. in Dept 1. at Superior Court of California, County of Butte, 1775 Concord Avenue Chico, CA 95928.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the attorney for the Petitioner is: Raoul J. LeClerc
P.O. Drawer 111
Oroville, CA 95965
530-533-5661
Publish: March 5, 12, and 19, 2021
WILLIAMS 170622 3-19-21
NOTICE OF PETITION TO ADMINISTER ESTATE OF PATRICK FRANCIS GATZ
CASE No. 21PR00079
To all heirs, beneficiaries, creditors, and contingent creditors of and

persons who may be otherwise interested in the will or estate, or both of Patrick Francis Gatz, deceased
A Petition for Probate has been filed by Donna J. Gatz, in the Superior Court of California, County of Butte, requesting Donna J Gatz be appointed as personal representative to administer the estate of the decedent.
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court as follows March 23, 2021 9:00 a.m. in Dept TBD at Superior Court of California, County of Butte, 1775 Concord Avenue Chico, CA 95928.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the attorney for the Petitioner is: Desiree J. Vance
P.O. Box 1081
Oroville, CA 95965
530-965-5672
Publish: March 5, 12, and 19, 2021
GATZ 170622 3-19-21
NOTICE OF PETITION TO ADMINISTER ESTATE OF PATRICIA EARLINE DWELLO
CASE No. 21PR00075
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Patricia Earline Dwello deceased
A Petition for Probate has been filed by Kimberley Robin Henriksen, in the Superior Court of California, County of Butte, requesting Kimberley Robin Henriksen be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court as follows April 06, 2021 9:00 a.m. in Dept 1. at Superior Court of California, County of Butte, 1775 Concord Avenue Chico, CA 95928.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Kimberley Henriksen
150 Haskell Street #38
Gridley, CA 95948
530-434-0370
Publish: March 5, 12, and 19, 2021
HENRIKSON 70622 3-19-21
NOTICE OF SALE OF REAL PROPERTY
IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF BUTTE
CASE No. 21PR00059
NOTICE OF SALE OF REAL PROPERTY
Estate of Ray J. Penix, Decedent. NOTICE IS GIVEN that Kevin D. Penix as administrator of the Estate of Ray J. Penix, deceased, will sell at private sale on or after April 5, 2021, that certain improved residential real property located at 8 Hanging Tree Court, Oroville, California, A.P. No. 069-090-024, subject to confirmation of court. The terms and conditions of the sale are: All cash or part cash and part credit, the terms and conditions of which are ac-

ceptable to the administrator and the court, escrow and title insurance to be equally split, transfer fees paid by estate, prorations as of close of escrow, property to be purchased in its "as is" condition. Ten percent of the amount bid must be paid with the offer and the balance must be paid on confirmation of sale by the court. Bids or offers for this property must be made in writing and directed to the attorney for the administrator at the above address. The administrator reserves the right to reject any and all bids. DATED: March 19, 2021. The name, address and telephone number of the attorney for the Administrator is: Raoul J. LeClerc
P.O. Drawer 111
Oroville, CA 95965
530-533-5661
Publish: March 19, 26, and April 2, 2021
PENIX 170622 4-2-21

Legal Notice

The annual report of the Robert A. “Bob” and Mary E. “Beth” Morrison memorial Education Fund is available for inspection at the principal office of the foundation, 2711 Afton Rd., (PO Box 143) Biggs, CA., phone 530-868-5440 from 8:30a.m. To 5p.m., Monday through Friday. CRN”1849512
Publish: March 19, 2021

(The Gridley Herald)

Notice of Water Rate Increase

Notice is hereby given that the Board of Directors of the Biggs-West Gridley Water District approved an increase in rates for agricultural water service at its noticed regular meeting on February 24, 2021. The rate increase totals 2.0%. The rate tables showing the actual amount of the new rates by class of water service are available by contacting the District office at (530) 846-3317, or by emailing bcedillo@bwgwater.com. Consistent with Proposition 218 and Resolution No. 2018-02, the rates will take effect 30 days from approval and will be imposed for the 2021 irrigation season.

The Gridley Herald 3-26-2021

SPORTS

Football is BACK!

Wolverines Dominate Hamilton Braves in First Game Since 2019

By Joshua Porcayo

GRIDLEY, CA (MPG) - The last time the Biggs Wolverines varsity football team took the field under the lights on a Friday night was November 22, 2019. It was a play-off loss to Los Molinos High School to end the season that still resonates with the team. Almost sixteen months later, the Wolverines got their shot back on the gridiron in a dominant victory against the Hamilton High School Braves.

Friday, March 12, 2021, felt like normal fall football weather in Northern California. In the cold of the night, Wolverine families packed the stands at Hamilton High School relieved to be cheering their beloved football team on after such a long hiatus. Senior quarterback and team captain, Gregg Slusser, couldn't have been more excited to be back out there on the field with his team. "I was just excited right when we got here. I was ready for the JV game to end," said Slusser. Looking poised from the get-go, Slusser commanded the offense under center.

After receiving the opening kickoff, the Wolverines got to work on the legs of senior running back, Shavon Gramps-green. After driving down the field, an unfortunate fumble from Gramps-Green turned the ball over to the Braves inside Hamilton's 30 yard-line. A quick 3-and-out put the ball back into the hands of Gramps-Green who returned the punt for 60 yards. Scoring the first touchdown of the season, Gramps-Green put the Wolverines on the board with a touchdown run, followed up with the 2-point conversion by junior fullback, Camren Jackson, to take the 8-0 lead. Gramps-Green saw the endzone two more times in the second quarter on a 40-yard dash up the left sideline and a 3-yard scamper to



Biggs High School varsity football players hold their helmets high in celebration after beating the Hamilton High School Braves 51-8 on Friday, March 12, 2021. Photo Courtesy of Joshua Porcayo

increase the Wolverine lead.

New addition to the Wolverine offensive powerhouse, Parker Finley, from Etna High School, caught a Slusser pass for 33 yards right before halftime to take a 44-8. With Etna High School choosing not to have a football season this school year, Finley wanted to get back on the field one last time during his senior season. An impressive outing in his first game with the Wolverines, Finley carried the ball nine times for 123 yards on the ground, with one reception for a touchdown. Biggs varsity coach, Tyler Rutledge, had great things to say about Finley in his first showing with the team. "He's been a great addition from Etna. He's a very fast and physical player, and a great compliment to Shavon. Both running backs are hard hitting and fast."

In the second half, Gramps-green and Finley got back to work for the Wolverines. Gramps-green broke what appeared to be a short gain for the first down on 4th-and-3 for a 58-yard run again

down the left sideline for the score. Later in the third quarter, Jackson punched one up the middle for the touchdown to put the Wolverines up 44-8. In the fourth quarter, Biggs running back, Jacob Hartley, got in on the scoring action with a 17-yard power run to put the score away 51-8 for the Wolverine victory. Senior extra point kicker, Cali Navarro, went a perfect 5-for-5 in PATs for the Wolverines.

After an electric performance, Gramps-Green's energy was still felt during a post-game interview. When asked how he felt, Gramps-Green said with excitement, "I'm feeling great. At first I was kinda rusty, a little shaky, I fumbled in the first half, and that was kinda unfortunate, but my team just kept telling me, 'let's go, it's alright, only one mess up', and then we just came back and did what we usually do." And he did. After that fumble, Gramps-Green finished the game with 11 carries for 151 yards and 4 touchdowns. Finley finished with 9 carries for 123 yards and Jackson got in the mix with 11

carries for 45 yards and one touchdown. Coach Rutledge feels good about putting the ball in the hands of any of the running backs on his team.

On the defensive side of the ball, Daniel Santillan finished the game with 12 tackles, Casen Jackson finished with 11 tackles, Sean Castillo had 9 tackles, and Camren Jackson had 8 tackles.

When asked how it felt to be back on the field, Rutledge said, "It felt great. It felt like game one in August. Seeing the parents on the side and the excitement from the kids, it was pretty surreal." The Wolverines have a six game season planned each week until April 16, 2021, with the remainder of the games scheduled at home. With CIF eliminating



Biggs High School varsity running back, Parker Finley (#22), looks for open space along the sidelines for a huge gain against the Hamilton Braves on Friday, March 12, 2021. Photo Courtesy of Joshua Porcayo

playoffs and championships this season, the Wolverines' goal is to send the seniors out with a winning season. ★

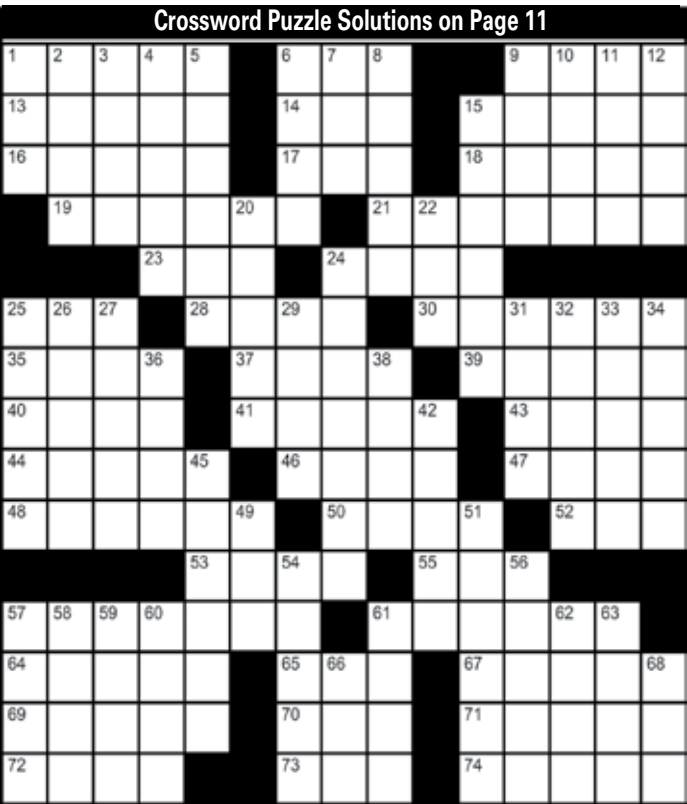
STATEPOINT CROSSWORD • BASEBALL

CLUES

- ACROSS**
1. Turkey trot, e.g.
 6. Dadaist Jean
 9. * ____ crew, Milwaukee Brewers fan base
 13. Poppy seed derivative
 14. Afghan monetary unit
 15. Hotel room option
 16. Category of artistic composition
 17. Between northeast and east
 18. Relating to pond scum
 19. *Babe Ruth's first major league team
 21. * ____ and ____ sport
 23. Dog command
 24. Bald eagle's home
 25. Witchy woman
 28. Back wound?
 30. Siskel or Ebert
 35. Smoothing appliance
 37. Distinctive flair
 39. Stomata, sing.
 40. Burlap fiber
 41. Archeologist's find
 43. Estimated arrivals
 44. Discompose
 46. Cobbler's concern
 47. Merlin or Gandalf
 48. *B in RBI
 50. Close by
 52. Spade for stony ground
 53. Karl of politics
 55. Between ready and go
 57. *Left, center or right one
 61. *Yankees' only #4
 64. Blast from the past
 65. Crew tool
 67. Helped
 69. ____ one's time, past tense
 70. Schiller's poem
 71. Express contempt
 72. What Simon does
 73. Cut grass
 74. Intoxicating

- DOWN**
1. *Eat a hot one at the game
 2. Copycat
 3. *Number of standard baseball positions
 4. Miss Muffet's meal
 5. Vomiting
 6. Highest point
 7. *Scoring unit
 8. Annapolis frosh
 9. Tulip's early stage
 10. Capital of Latvia
 11. Et alibi (2 words)
 12. Water source
 15. Bacchus' attendants
 20. Weasel's aquatic cousin
 22. *Baseball trajectory
 24. Diver's edible reward
 25. Muslim woman's headscarf
 26. Caribbean island destination
 27. Gained access to (2 words)
 29. Hoppy beers
 31. Individual unit
 32. Bottom line
 33. Idealized image
 34. *Katie ____ or ____ at the Bat"
 36. Empty when kids leave
 38. World's longest river
 42. Cut it out
 45. Moved a flock of sheep
 49. Certain John's or Jane's last name
 51. Re-use old ideas
 54. Car sound, to a toddler
 56. Trinity

57. Small door-opening devices
58. One of the hipbones, pl.
59. Whirlpool
60. "Big Little ____"
61. What Jack's beanstalk did
62. It comes to mind
63. Turned to the right, like a horse
66. Commotion or fuss
68. Wine quality



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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 11

Crossword Puzzle on Page 11



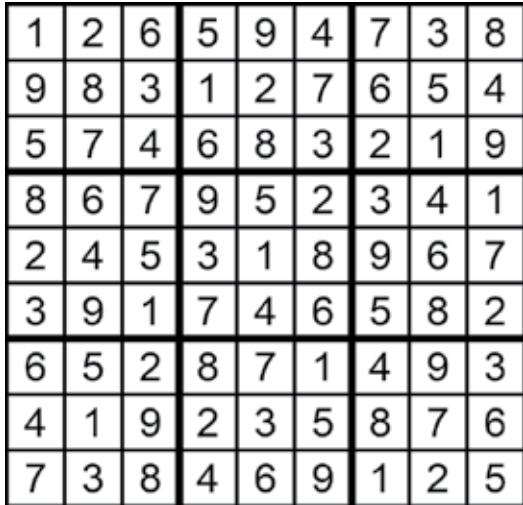
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Sudoku Puzzle on Page 11



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Planting Tips for Growing Success

By Melinda Myers

Increase your growing success by giving your transplants a good start with a few simple planting techniques. Preparing them for the transition outdoors and planting properly will help you grow your best garden yet.

Transplants started indoors from seed or purchased at a local garden center or greenhouse need time to prepare for their outdoor home. Gradually toughen them up with a procedure called hardening off. This process helps them adjust to the outdoor growing conditions, so plants will suffer less transplant shock and establish more quickly.

Start by moving the plants outdoors to a sheltered shady location about one to two weeks before the recommended planting date. Stop fertilizing and water thoroughly when the planting mix is starting to dry. Move plants into an hour of direct sunlight the first day, increasing the time by an hour each day. Make this easier by placing transplants in a wagon, old saucer sled or Gardener's Supply Garden Cart (gardeners.com). Keep frost protection handy or move plants indoors when frost is in the forecast.

Once the plants are hardened off, move them into the garden. Water the planting mix thoroughly the night before planting. If possible, plant in the morning or on a cloudy day to reduce moisture loss and stress on the plants.

Follow spacing recommendations on the plant tags to save money and time. You will need fewer plants to fill the space and allow each plant to reach its full potential.

Press on the sides of the pot to loosen the roots and carefully slide the plant out of the container. Do not pull the plant out by the stem or you may end up with all stem and no attached roots.

Gently loosen any encircling and tightly bound roots. This encourages the roots to explore the surrounding soil and establish a strong root system. Use fingers to tease apart the roots or a sharp knife to slice through the surface roots in a few places.

Plant tomato transplants several inches deeper or set long leggy plants in a trench. This encourages roots to form along the buried stem. Remove the lowest leaves that will be covered by the soil and loosen the roots on the hardened-off transplant.

Dig a shallow trench two to three inches deep. Lay the leggy tomato in the trench and carefully bend the stem so the upper portion remains above ground. Cover the stem with soil and water.

Set stakes and towers in place at the time



Set tomato stakes or towers in place at the time of planting and make sure they are strong and tall enough to support the mature plants. Photo courtesy of Gardener's Supply Company

of planting to reduce the risk of damaging roots and stems when trying to secure tall plants. Make sure the support is strong and tall enough for the plants. Gardener's Supply Vertex tomato cages and supports are flexible, lightweight and can be installed around established plants without damage.

Remove any flowers and fruit on the transplants at the time of planting so plants can direct energy into forming roots, resulting in more flowers and fruit over time. If you cannot bring yourself to do this, try removing flowers on every other plant or row at planting. Do the same to the remaining flowers the following week.

Water new transplants often enough to keep the soil moist, but not soggy wet. Water thoroughly and gradually extend the amount of time between watering to encourage deep, more drought-tolerant roots. Adding a layer of shredded leaves, evergreen needles or other organic mulch will help conserve moisture, suppress weeds, and improve the soil as it decomposes.

Implementing these strategies will help increase your enjoyment and reduce maintenance throughout the growing season.

Melinda Myers is the author of more than 20 gardening books, including *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything"* DVD series and the *Melinda's Garden Moment TV & radio program*. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was commissioned by *Gardeners Supply* for her expertise to write this article. Her web site is www.MelindaMyers.com



PAID ADVERTISEMENT

Americans can finally grow hair so thick “It will cover up your bald spots,” says top US Doctor

Clinical trials show a new hair loss breakthrough can both help men and women naturally regrow a thick, full head of hair – without drugs, surgery, or side effects

Thousands are rushing to get a new hair restoration method based on surprising new studies from the University of California.

It is the world's first and only hair loss solution that revives dead hair follicles. And studies confirm it helps men and women regrow a thick, full head of hair, even after years of balding.

Now, with news of this breakthrough spreading like wildfire — the manufacturers are struggling to keep up with overwhelming demand.

That's because, unlike other methods, it is prescription-free, drug-free, and has no side effects. And while hair transplants can cost \$4,000 or more, this new approach costs pennies on the dollar and doesn't involve going to the doctor's office.

Instead, it leverages cutting-edge technology to prevent hair loss, fill-in embarrassing bald spots, and renourish thinning hair — with results you can see and feel in 30 days or less.

As Jeanne F. from San Diego, CA reports: “When my husband began to use this product, all he had on top of his head was fuzz. His hair began to grow after 30 days and now it is about 2 to 3 inches long!”

Surprising Truth About Hair Loss

It is commonly believed that hair loss is hereditary.

Unfortunately, most people think there is nothing they can do to stop it. However, while many doctors will tell you that thinning hair, a receding hairline, and bald spots are due to your genetics, this is not the whole story.

“While genetics play a role, it's not the main reason you lose hair,” says Dr. Al Sears, the nation's top anti-aging doctor. “And surprisingly it's not just your age, thyroid, hormones, stress, or a vitamin deficiency, either.”

The latest scientific research reveals that hair loss is primarily caused by the stem cells in your hair follicles dying.

“This discovery is a true breakthrough because by reviving these stem cells on your scalp, you can stop hair loss dead in its tracks and trigger new hair growth, even in areas that have been thinning for years,” explains Dr. Sears.

Now, at his world-famous clinic, the Sears Institute for Anti-Aging Medicine in Palm Beach, Florida, Dr. Sears and his team have used this game-changing discovery to develop a brand-new hair restoration formula that is taking the country by storm.

Sold under the name *Re-Nourish*, it is flying off the shelves with men and women of all ages raving about the results it delivers.

“I have seen a significant improvement in hair growth. Previously, you could see thinning areas at the back of my head and now hair has grown over it,” says Peter W. from Ontario, Canada.

And Susan D. from Fort Pierce, Florida reports, “My hair was thinning. So, I began to use



Breakthrough research proves this discovery helps fill-in bald spots, re-nourishes thinning hair, and leads to noticeable growth in as little as 30 days.

Re-Nourish every day on the front part of my scalp. Now I have thicker hair.”

Dr. Al Sears, M.D., is America's leading anti-aging expert. He's authored more than 500 scientific papers, and his discoveries have appeared on more than 50 media outlets including, ABC News, CNN, ESPN, Discovery Channel, National Geographic, Lifetime, and many more.

Regrows Hair In Just 30 Days

Scientists now know that stem cells are the lifeblood of your hair follicles.

Research from the University of California shows they're the reason you're able to grow hair. However, these stem cells aren't always active. In fact, studies reveal they're only active during certain phases of the hair growth cycle.

“Your hair grows in three phases,” explains Dr. Sears. “First, you have the anagen phase, the hair growing phase. Then the catagen phase, when hair gets ready to shed. And finally, the telogen phase, where your hair is pushed from the follicle and falls out.”

As you get older it becomes harder for your hair follicles to complete this three-phase cycle. The results? Your hairs get stuck in the telogen phase. This is when they start falling out and stop regrowing, no matter what you try.

This process doesn't happen overnight, says Dr. Sears.

“At first, your hair dries out, becoming brittle, thin, and harder to style. Then, you start finding hairs on your pillow and down the drain. Finally, you're left with bald spots that age you prematurely.”

Fortunately, *Re-Nourish* puts a stop to this. It revives the dead stem cells in your hair follicles and reactivates your hair's three-phase cycle, triggering new growth in as little as 30 days — even in areas that've been balding for years.

Reawakens Dead Hair Follicles

For years, scientists couldn't figure out why hair follicle stem cells died.

However, a study from the University of California finally found the answer,

It has to do with T-cells — an important immune cell in your body. The researchers discovered these T-cells are the only way to command hair follicles to grow new hair.

More importantly, they showed that T-cells helped revive the stem cells in your hair follicles — spurring new growth, filling in bald spots and natural hairline.

Re-Nourish uses a unique blend of all-natural ingredients. By spraying it on your hair once per day, scientific studies show you can revive dead stem cells and improve the appearance of thicker, fuller hair.

For example, the key nutrient of *Re-Nourish* was tested on a group of severely balding women.

After 6 months, nearly 70% of the women saw significant improvement in hair growth. Their hair was noticeably fuller, thicker, and healthier looking. Most exciting of all, they grew new hair on parts of their scalp that had been bald for years.

In another study, Italian researchers gathered a group of both men and women with thinning hair and applied the core ingredient of *Re-Nourish*. After 12 weeks, they reported a staggering 74% increase in hair growth.

“It's really mind-boggling that my hair started growing back,” says Zan R., another *Re-Nourish* customer.

With results like this, it's no surprise that demand for *Re-Nourish* is soaring. Thousands of men and women are scrambling to get their hands on the limited-supply available.

Re-Nourish is not currently available in any store at any price. But we've secured a small batch for our readers.

Try Re-Nourish 100% Risk-Free

For the next 48-hours, Dr. Sears is offering readers a risk-free trial of *Re-Nourish*.

Dr. Sears feels so strongly about this product that he is backing every order with a risk-free, 100% money-back guarantee. To take advantage of this special offer, simply call the Sears Toll-Free Health Hotline at 1-800-516-6482 now. Use Promo Code NP0321RN123 when you call in.

[EDITOR'S NOTE]:

Due to recent media exposure for *Re-Nourish*, the **Sears Institute for Anti-Aging Medicine** is experiencing unprecedented demand. If the phone line is busy when you call, please try again to avoid missing this special one-time-only offer.

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