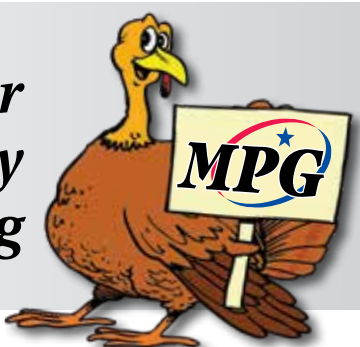




**A Historic Icon  
for More than  
150 Years Reopens**

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**We Wish Our  
Readers A Happy  
Thanksgiving**



# THE GRIDLEY HERALD

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FRIDAY • NOVEMBER 27, 2020 • VOL. 140 NO. 48

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## A Family Tradition



The Barnette family sits down to enjoy more than just a family favorite, a tradition - rice. Photo by Kayllen Barnette

**By Seti Long**

**GRIDLEY, CA (MPG)** - “California Rice - A Family Tradition”, was created by Gridley’s own Kayllen Barnette as her submission to the National Rice Month Scholarship Video Contest put on by USA Rice.

The 17 year-old Barnette researched, compiled, edited and submitted the video as scholarship contest that invites graduating high school students from 6 key rice-growing states (Arkansas, California, Louisiana, Mississippi, Missouri and Texas) to tell a story about U.S. Rice.

As she shared in the video, rice has been a part the Barnette families lively-hood for over 40 years. Her grandfather works for ADM Milling Co in Arbuckle, CA, her father

currently SunWest Milling rice mill in Biggs, where Barnette also works in the clerical department of the mill. Close access to industry in-and-outs helped Barnette create a factual video about rice production in California, the history of Calrose rice, and the role of rice farming to address the loss of natural wetlands for migratory birds and more.

Barnette said that it took a little over 3 weeks of compiling footage, fact checking and editing to create her video submission, which she did predominantly on her own. Barnette says she enlisted her families help for a final review of her video before posting online at reel-ricecontest.com where it would be in competition with other rice videos for a chance at a grand prize scholarship of \$5,000. Although

the voting period has ended, the video can still be viewed at <https://tinyurl.com/yy5mv3py>. Her video had 1202 views and got 218 votes total. Scholarship winners are notified November 25th and announced to the public in early December.

Whether she wins a scholarship or not, Barnette said that the experience was “pretty cool” and that she will always cherish the memories of the family dinner that was a centerpiece of the video. In closing, She says “Rice has been the center of my family for years, and is a part of virtually every holiday meal and Sunday dinner... My family are proud to be part of a state with such a rich tradition in the rice industry.”

You can bet that Rice will be on the Barnette table this Thanksgiving. ★

## NRA says Nice Shot!

**By Seti Long**

**GRIDLEY, CA (MPG)** - The Gridley High School Trap Shooting team is relatively new, started just 3 seasons ago by Principal Justin Kern after the community expressed a lot of interest in bringing the sport to area youth.

It has recently received a grant from the National Rifle Association. This is the second time that the team has received funding from the NRA to support the startup and continuation of the sport. Kern says that he initially looked to the NRA for support in order to keep participation costs low for interested students. The generous grants from the NRA have helped provide 5 shotguns, ammunition, ear and eye protection - “everything you need to be a successful program and do things the right way” says Kern. Students who have their own equipment are welcome to use it, but thanks to the NRA, upfront costs are just \$35 for insurance registration.

Since its start in 2018, the team has doubled in



Sharp shooters from GHS trapshooting team aim for high marks. Photo provided by Justin Kern

size and its members span a range of backgrounds. “I think that the proudest thing for me is just to watch how it’s morphed since we started it.” Kern shares that the first team had 2 girls and now has 12 or 13 young ladies competing. “It’s neat,” says Kern, “We have some kids that have never done it, never

touched a gun in their life. The idea is to watch that kind of progression, throughout the season, and you know, the enthusiasm to do it. It’s just a unique experience that we are able to offer our kids.”

Participants must complete safety training before handling any weapons and register online with

the California Clay Target Association (CCTA), which handles the necessary insurance for such a sport. The program educates students on how to properly use a weapon with students learning about safety, muzzle control, what to do if a gun jams, misfires, and have a good time doing so.

*Continued on page 3*

## A Special Education

**By Seti Long**

**GRIDLEY, CA (MPG)** - Before Gridley’s newly elected City Councilmembers, Catalina Sanchez, Mike Farr and J. Angel Calderone, will officially join the dais on December 7th, they have quite a bit of information to absorb.

The new councilmembers are being installed during unique circumstances. Gridley City Attorney Tony Galyean, who helped direct a special orientation held Friday, November 13th, reflected that this is the first time in several years that three seats on the council have new councilmembers in their place. The City is also currently in a unique position as it is without a City Administrator.

At orientation proceedings, councilmembers Sanchez, Farr and Calderone were introduced to department heads and provided packets of important documents compiled by each department. That included the Fair Political Practices Commission form 700, which candidates must disclose their financial holdings each year and file with the state to protect against and mitigate “conflicts of interests” while retaining transparency.

They were then briefed by Galyean, who broke down the Brown Act, the city’s governmental structure and later his role for the city. The Brown Act, which ensures that local government business is conducted at open, public meetings so that constituents can keep control over their government, restricts councilmembers from engaging in discussions when 2 or more of them are present outside of a city meeting, including email responses. Galyean, then relayed the important difference between a City Administrator model versus a City Manager model of government. In this model, “The city administrator is a chief executive for purposes of administering the will and the desire of the Council, as he acts as a primary administrative employee, giving direction and personnel oversight over people within the city administrative offices.” The City Administrator model ultimately lays the responsibility of managing city personnel, ordinances, policies and overall operations at the feet of the Council, unlike the City Manager model, where all department heads would report to the City Manager and be subject to their control. Thus, all city personnel are at-will employees subject to the Council’s discretion. Galyean’s job is to

*Continued on page 3*



# The New Pi-Line



**The new Pi-Line  
Honoring Publisher  
W.D. Bursleson  
By Josh F.W. Cook**

Sad to note the passing of Gary Little, Walt and Hazel Little's son. He was well known and well-liked by many. He developed his own variety of peach and was quite an entrepreneur. Gary was the Bishop when my parents came to town, and he coached several family members who played softball; he was kind, dutiful, and fun. I guess his passing occurred just after the newspaper deadline, and I have received a couple of inquiries about why such news was not published. Now it is.

\*\*\*

Last week, an advertisement in this prestigious and respected journal of local importance invited people to hear a message from Dr. Russell Nelson, President of The Church of Jesus Christ of Latter-day Saints. The short video message launched an international effort to share stories of gratitude on social media and tag each post with the marker #givethanks. So far, there have been over 5 million stories shared with that hashtag. The Church is inviting everyone who

believes in the power of gratitude to share stories of Thankfulness this week. In times of depression, annoyance, sadness, despair, and frustration, the premise is that focusing on gratitude is actually a tool to heal. In my Military Chaplaincy training, I did graduate work at the Jesuit University of San Francisco, and my first Chaplain Assistant assignment was with a Jewish Rabbi, Captain Matt Friedman. In the military, the pluralistic (lots of faiths, not just one) approach to religious practice taught me to appreciate and study many faiths' thoughts and ideas. I thought today I would take some time to share the best thoughts I found from the various religions I encountered while in uniform. I am ever thankful to all of the Soldiers and Airmen who shared how they connect to God. Below are some thoughts on gratitude from other faiths I have come to respect and admire. Catholicism gives us these: "Let us remember the past with gratitude, live the present with enthusiasm, and look forward to the future with confidence." Spoken by Saint John Paul II, and St. Theresa of Calcutta offered: "The best way to show my gratitude to God is to accept everything, even my problems, with joy." From the wisdom of the Sikh, we find these two quotes: "Attitude of gratitude brings you opportunities beyond your concept. And when the prayer becomes the vibration of the soul, mind, and

self, we can create a miracle." And for the more orthodox Sikh, the words of Siri Guru Granth Sahib Ji: "In the most horrible hell, there is terrible pain and suffering. It is the place of the ungrateful." From Judaism and Rabbi Jonathan Sacks we have this: "Thankfulness has an inner connection with humility. It recognizes that what we are and what we have is due to others and above all, to God." For the more Protestant leaning of the Christians, the Episcopal Rev. Canon Heather L. Melton "If you are never enough, or never have enough, all you do is grapple with trying to overcome scarcity and get enough or be enough. But, if we live a life of gratitude and give thanks that we are enough and that we have enough, we'll find a lifestyle of abundance." Understanding that religiosity is on the decline, I would invite you to consider the number of people who believe religion helps them cope with and find meaning in life. I am one of the believers, and for the last column during Thanksgiving month, I wanted to share that if the current state of the world has you feeling unsure or unhappy, grab onto gratitude and share a few of the things that are going right in your life with someone else. Do it in person or on digital media. Together, we can create a bubble of hope and happiness that will give others a place to start.

\*\*\*

*Josh F.W. Cook is an educator and public administrator.* ★

## GUSD Provides Coronavirus Checklist

By Seti Long

**GRIDLEY, CA (MPG)** - With increase COVID19 cases in our area and Gridley schools remaining open for in-person instruction during the surge, Gridley Unified School District is providing information to families in order keep themselves and their students safe.

Currently, all students are required to be screened for COVID symptoms, including fever, daily by an adult prior to attending school. The District provided free thermometers to students but has extra on hand if parents or guardians need one. Additionally, a link to the CDC Self-Checker has been posted on the GUSD home page and the district expects all staff, students and parents to self-screen each day.

If a student exhibits symptom of COVID or is feeling ill, they need to remain at home. Students coughing, sneezing, with nasal congestion of runny nose at school may be sent home and an adult on their emergency contact list must be available to pick them up within 30 minutes of the call.

In the event that a student tests positive

for COVID19, GUSD in coordination with Butte County Department of Public Health (BCDPH) will notify people who were within 6 feet of the person who tested positive for 15 minutes or more, which is considered "close contact". In accordance with current BCDPH guidelines, if an outbreak of 5% of more of student body population of any GUSD campus were to occur, the campus will temporary close for a period of at least 2 weeks.

Additional information circulated by the district addresses other COVID19 exposure questions and states that a sibling of a student that has been in "close contact" or potentially exposed can attend school – GUSD does not consider that student to have been exposed. If someone in the household has symptoms and is being tested, the students MUST stay home. If there are no symptoms present and someone in the household is still being tested, the student may go to school.

For updates and information on the GUSD reopening plan in place to mitigate the spread of COVID19 in Gridley schools, please visit GUSD.org. ★

## Goats on the Ridge: Reducing Fuel with Grazing



Goats can reduce flashy fuels like grasslands over large landscapes in just a few hours. Photo provided by BCFSC

**Butte County  
Fire Safe Council**

**PARADISE, CA (MPG)** - When the days are hot and dry, running power equipment is a potential disaster waiting to happen. So when there is grass and low-to-ground vegetation, other options may be explored. Under a grant from CAL FIRE, local goat herders are able to bring their animals onto land impacted by the Camp Fire to reduce vegetation in key community areas.

Aside from their nimbleness, goats are a preferred fuels reduction method since they mimic natural grazers and return some of the ecosystem processes back to the land. "We just saw how successful they were being used in Bidwell Park down in Chico, and we saw lots of potential for their use here in the Camp Fire foot-print," says Calli-Jane DeAnda, Executive Director of the Butte County Fire Safe Council (BCFSC).

The goats are moved through the treatment areas by herd dogs. "We are really happy with how the goats are able to navigate the post fire environment. With all of the regrowth we have seen in the last two years and invasion of non-native species, the goats are a crucial tool" says Jeff Gould, Program Manager with the BCFSC.

If you are interested in joining the effort or for grazing on your property contact jgould@buttefiresafe.net to learn more. ★

## Fire Safe Council Receives Chipper Funding



**Butte County Fire Safe Council  
BUTTE COUNTY, CA (MPG)** - Managing vegetation on your property is one of the most direct ways you can provide a safe space for fire fighters to work during a wildfire. The Butte County Fire Safe Council offers No-Cost chipping services to residents who sign up. Cut material must be stacked neatly with stem bases facing towards the road. Call Valerie at the main office to sign up @ 530-877-0984. Funding for the Chipper Program provided by PG&E. Photo provided by BCFSC

### TRIM-A-TREE SALE

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# NRA says Nice Shot!



The grants from the NRA have provided shotguns, ammunition, eye and hearing protection for the Gridley High School Trap Shooting team. Photo provided by Justin Kern

Continued from page 1  
In the era of COVID, there are many positive benefits of the Trap Shooting team. It is one of few sports that members

can compete safely while socially distancing because it does not require contact with others. Scores are submitted electronically into the system to compete with

other area teams part of the CCTA. It transcends borders and allows everyone to participate, “removing the excuses why we can’t do something,” says Kern as he explains that even those with physical handicaps that would prevent them from participating in traditional sports can be involved if they so desire. Kern thanks the community and the NRA for its generous support of the program and teases that there is an additional surprise coming from the NRA for the Trap Shooting team. “I’m very excited, the kids will be excited when it gets here,” says Kern, but until it shows up, it remains top secret. ★

# A Special Education

Continued from page 1  
represent the Council and City’s interest as a whole, ensure that all Council, and subsequently Gridley, is operating legally, and refer to specialized legal counsel if necessary. The 4-hour crash course on each department outlined the basic structure, status and mode of operations by each department head. Sanchez, Harr and Calderone were briefed by department heads: Ken

Lowe, Assistant Chief of Butte County Fire Department CAL FIRE and City of Gridley Fire Chief; Danny Howard, Utility Director; Elisa Arteaga, Interim Finance Director; and Chief Rodney Harr, Interim City Administrator and Police Chief. The department heads shared department history, discussed key issues, ideas and took questions from the councilmembers.

Galyean reminded Sanchez, Farr and Calderone that even with the huge amount of information provided to them at orientation, much of their education would be “hands-on” and come after being installed. Councilmembers finalized the day’s education with tours of city facilities, familiarizing themselves with the assets entrusted to them by the community that they now serve. ★

# Kit Gifts from the Chamber



Chamber President Lynne Spencer illustrates what goes into the COVID kits created by the Gridley Area Chamber of Commerce. Photo by Seti Long

By Seti Long

GRIDLEY, CA (MPG) - Gridley Area Chamber of Commerce is watching over local businesses during the COVID 19 pandemic. The chamber has been creating COVID kits for local businesses, not just those that are members of the chamber, and has already delivered many to area businesses. The kits include boxes of disposable masks, hand sanitizer, printed signs –“Face Coverings are Required for Entry” and COVID19 fact sheets for businesses to

post inside or at the entry to businesses. The PPE is nicely packaged in clear plastic totes for protection and easy storage. “These will be nice for the businesses,” said chamber president Lynne Spencer of the kits, which portion out some of the COVID supplies provided to Chambers throughout earlier this year. The Chamber reminds the public that COVID 19 kits are for businesses only. For more information about the kits, please contact the Gridley Area Chamber of Commerce at (530) 846-3142. ★

# Butte County Burn Permit Suspension Lifted

CAL FIRE Press Release

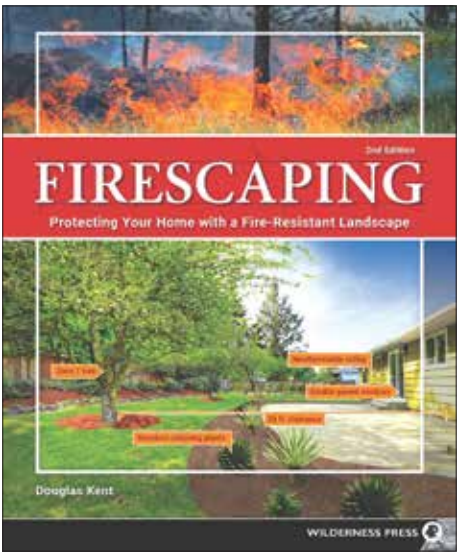
BUTTE COUNTY, CA (MPG) - Effective Monday, November 16th, 2020 at 8:00 am. The burn permit suspension in Butte County will be lifted. CAL FIRE Butte Unit Chief John Messina is formally canceling the suspension, and burning may resume when the Butte County Air Quality Management District (BCAQMD) declares a permissive burn day. Cooler temperatures, higher humidity, and the forecast arrival of winter weather have begun to diminish the threat of wildfire. Property owners and residents are asked to use caution while conducting debris or agriculture burns, follow all guidelines provided, and maintain control of the fire at all times. Individuals can be held civilly and criminally liable for allowing a fire to escape their control and/or burn onto neighboring property. Residents wishing to burn must verify it is a permissive burn day prior to burning. Visit beaqmd.org or call 855-332-9406 (agricultural) or 855-332-9407 (residential) for burn day status and to familiarize

yourself with BCAQMD regulations. **Pile Burning Requirements:** Only dry, natural vegetative material such as leaves, pine needles, and tree trimmings may be burned. The burning of trash, painted wood or other debris is not allowed; Do NOT burn on windy days; Piles no larger than four feet in diameter and in height (you may add to the pile as it burns down); Clear a 10-foot diameter around your burn pile down to bare soil; Have a shovel and water source nearby; An adult is required to be in attendance until the fire is extinguished; Go to www.buttecounty.net/fire and click “Can I Burn Today” for burning guidelines Safe residential pile burning of forest residue by landowners is a crucial tool in reducing fire hazards. State, Federal, and Local land management and fire agencies will also be utilizing this same window of opportunity to conduct prescribed burns aimed at improving forest health and resiliency on private and public lands. For more information on burning, visit the CAL FIRE website at www.fire.ca.gov. ★

# Green Stuff Still Burns, Use it Wisely and it Will Treat You Well

Butte County Fire Safe Council

BUTTE COUNTY, CA (MPG) - What survives after a wildfire largely depends on what preparation was done before a wildfire. Having defensible space is a crucial component, but the way your landscaping is laid out and maintained is hugely important. “The primary job of (Zone 1 Defensible Space) is to withstand intense heat and the onslaught of fire brands... while also providing recreational and nutritional value” says Douglas Kent, author of the recently released 2nd edition of his book *Firescaping: Protecting Your Home with a Fire-Resistant Landscape*. Laying out garden paths with non-combustible mulches such as gravel or decomposed granite act as natural fire breaks and creates patchiness to slow down fire. While at the Butte County Fire Safe Council we encourage the use of California native plants, it is also important to keep up on maintenance of dead, dying and diseased plant material. “Plant lists themselves aren’t of as much importance as the condition and maintenance and age that are paramount to the success of the fire safe strategy” says Kent. Being aware of the placement of landscaping plants is also critical, planting highly flammable plants such as rosemary near the home is tempting but poses a major hazard. Also planting within the 0’-5’ immediate zone is discouraged, at the very least having plants in containers



What survives after a wildfire largely depends on what preparation was done before a wildfire. Having defensible space is a crucial component, but the way your landscaping is laid out and maintained is hugely important. that can be easily moved away from the house. If you would like to schedule a home visit of your property to discuss Fire Safe landscaping, contact Ben Hart at volunteers@buttefiresafe.net Douglas Kent released the second edition of his book in October of last year. It covers factors that influence fire behavior; ways to plan your landscaping design to resist wildfire and provides a suggested plant list for fire resistance. Many California native plants are well suited for Fire Safe landscaping and often require little water. ★

# Man Shot and Killed in Gridley

Gridley Police Department Press Release

GRIDLEY, CA (MPG) - November 22, 2020, at approximately 1805 hours, the Gridley Police Department responded to several 9-1-1 calls regarding possible gun shots heard in the area of Laurel and Washington Streets. While responding, GPD Officers were advised of a possible shooting Victim lying on the ground in the area of the railroad tracks, between Magnolia and Laurel Streets. Upon GPD Officers arrival in the area, a male adult was located with several gunshot wounds to the upper body. Medical personnel arrived on scene and the unidentified adult male victim was transported to Orchard Hospital then life flighted to Enloe Hospital.

After lifesaving efforts were performed by Enloe Hospital staff, the male Victim later succumbed to the injuries sustained in the shooting. The Victim was identified as 37-year-old William Dean Tull of Gridley. At this time, there is no known or identified motive. Evidence was obtained from the crime scene and will be processed by the California Department of Justice, Bureau of Forensic Services. Our condolences go out to the surviving family members and friends of Mr. Tull. The investigation is continuing and anyone who may have witnessed this incident or have any further information, is encouraged to contact the Gridley Police Department, Lieutenant Ruben Quihuiz at (530)846-5670. ★

## MEMORIAL NOTICE

### Gary Walter Little

November 10, 1937 to November 10, 2020

Longtime local farmer Gary Walter Little passed away at home November 10, 2020 on his 83rd birthday. Born in 1937 to Hazel Pitt Little and Walter Golden Little, he was a lifetime resident of Gridley, California. In his early life, he milked cows, had endless chores and loved hunting and basketball. Gary rode his horse Sally every day until he was 16 and claimed that his worst accidents occurred on horseback. He served a two-year mission for the Church of Jesus Christ of Latter-Day Saints. Returning home, he continued his education, graduating from UC Davis while also playing basketball for the Aggies. He worked for Caltrans as a Right-of-Way-Agent for 13 years before becoming a full-time farmer. He remained active in the Church throughout his entire life and served in many leadership positions, including Bishop. Gary was active in the community. He



was President for two years of his 21 years of service on the Biggs-Gridley Memorial Hospital Board. He was a member of the California Peach Canning Association and served on the Board of Directors for 25 years. Additionally, he served on the Prune Bargaining Association Board. Gary & Janet purchased the West Liberty School that Gary attended as a child for two years until it closed in 1943. They renovated the property and have resided there for 22 years. His true love of life was farming. Gary’s tenacity to meet everything head on made farming his playground as he started buying and selling land. Purchasing and acquiring property was his passion. In the last 20 years of his life, Gary concentrated more on rice farming, loving his land, and feeling peace in his life. He and Janet, his wife of 31 years, share 12 children, 39 grandchildren, and 11 great grandchildren.

# Help Wanted

Biggs-West Gridley Water District is accepting applications for the position of **Full-Time Accounting/Clerical Clerk I**. 40 hour minimum work week will be expected. Position requires a minimum of a High School Degree, or a GED. Position will be open until filled. Information and Applications for this position can be found online at **BWGWD.com**, at the District Office, or by email at **emassa@bwgwater.com**.



# Newsom Displays Hypocritical Arrogance



By Dan Walters  
CALMatters

Gov. Gavin Newsom wasn't born to wealth and privilege but as a youngster he was enveloped in it as the surrogate son of billionaire Gordon Getty.

Later, Getty's personal trust fund — managed by Newsom's father — provided initial financing for business ventures that made Newsom wealthy enough to segue into a political career as a protégé of San Francisco's fabled political mastermind, Willie Brown.

Getty and Brown personify San Francisco's unique culture, one that not only tolerates raffish personal behavior but celebrates it, which is why Newsom's political career didn't suffer when, as mayor, he had an affair with his campaign manager's wife. It would have been a career-buster almost anywhere else.

When Newsom became governor two years ago, after a stint as lieutenant governor under Jerry Brown, he brought his bubble of wealth and privilege with him to Sacramento. He and his "first partner," Jennifer Siebel, shunned the state's Victorian governor's mansion that Brown had renovated, moved into a multi-million-dollar home in the suburbs and enrolled their children in a tony private school.

Newsom tries, in his public appearances, to associate himself with the lives of ordinary Californians and talks a lot about closing yawning economic gaps. Nevertheless, he still comes across as someone unbound by the usual conventions.

That attitude became jarringly apparent last week when the San Francisco Chronicle revealed that although Newsom had publicly beseeched Californians to avoid social gatherings to battle COVID-19, he attended a birthday party at the very expensive French Laundry restaurant in Napa for a long-time advisor, lobbyist Jason Kinney.

At first, Newsom's office insisted that no social distancing rules were broken, which might have been technically true. Belatedly, however, Newsom recognized that to Californians who are sacrificing social lives, family contacts and often their jobs to fight the pandemic, it was what political types call "bad optics."

On Monday, he said "I made a bad mistake... I want to apologize to you, because I need to preach and practice, not just preach and not practice... We're all human, we all fall short sometimes."

The French Laundry incident came just days after Newsom revealed that his children were back in classes at their private school while millions of other California kids are confined to homebound classes via the Internet. It's the sort of hypocritical arrogance that drives voters up the wall.

As Kevin Faulconer,

the outgoing mayor of San Diego and a potential Newsom challenger in 2022 tweeted, "His kids can learn in person. But yours can't. He can celebrate birthday parties. But you can't. He can dine on a \$350 meal at one California's fanciest restaurants during the worst recession in generations. But you definitely can't. Can you believe this? I can't."

The incident also earned Newsom a tongue-lashing about "layers of bad judgment" in the Sacramento Bee, a newspaper that shares the governor's liberal political leanings.

"He just handed more ammunition to Republican leaders who have decried the state's emergency shutdowns of restaurants, gyms and churches," the Bee editorial said. "If the governor can eat out with friends — and if his children can attend their expensive school — why must everyone else sacrifice?"

"Two years into his first term, and nine months into the COVID-19 pandemic, Newsom still can't get his act together. If Newsom can't get his head into the game, perhaps he should make this governor thing a one-term affair and leave the job open for someone with a desire to lead."

Consider what Faulconer and the Bee said as the opening salvoes of the 2022 campaign for governor. If Newsom continues to ooze hypocritical privilege, his first term could be his last.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers ★

# CLG NEWS UPDATES

Provided by Citizens for Legitimate Government (CLG) See legitgov.org

**Pennsylvania congressman claims state's mail-in ballots are unconstitutional - suit** | 21 Nov 2020 | Congressman Mike Kelly of Pennsylvania, one of President Trump's top House allies, filed a lawsuit Saturday aimed at throwing out 2.6 million mail-in votes in his home state — claiming the state law allowing them is unconstitutional. Meanwhile, Republicans in Michigan are attempting to delay that state's scheduled Monday certification, days after a dramatic battle over the election results in Detroit's Wayne County drew Trump's attention. The Kelly lawsuit seeks to halt the certification of the results of the Nov. 3 election in the Keystone State, The Philadelphia Inquirer reported. Joe Biden's 81,000-vote victory (sic) in Pennsylvania is set to be officially declared on Monday. The case parallels a Friday filing by the Trump campaign itself that asked a federal court to halt statewide certification so that 1.5 million mail-in ballots in seven disputed Pennsylvania counties can be examined for evidence of the fraud and irregularities that Trump insists occurred there.

**Nevada: Total Ballots Cast: 1,327,394, Total Presidential Election Votes: 1,405,376** | 21 Nov 2020 | More votes were cast in the 2020 presidential election than there were ballots cast. From Nevada's own state election site: Total Ballots Cast: 1,327,394. Total Presidential Election Votes: 1,405,376.

**Evidence Shows 'More Than Double' the Vote Margin in Swing States Is From Illegal Ballots** | 19 Nov 2020 | Trump campaign lawyers Rudy Giuliani, Sidney Powell, and Jenna Ellis gave a blockbuster press conference on Thursday in which they ran down the legal case for the president's repeated claim that he won the 2020 presidential election. Giuliani insisted that the evidence the campaign has collected suggests that "more than double" the margin of votes required to flip the election in six swing states are probably illegal, meaning Trump will have won them when only legal votes are counted. Ellis insisted that the legal challenges are not aimed at reversing the preliminary election results, however, but at restoring election integrity.

**Trump Campaign Lawyers: There is a Pattern of Planned Voter Fraud in Multiple States** | 19 Nov 2020 | Speaking to reporters from the Republican National Committee in Washington D.C. Thursday afternoon, Trump campaign attorney Rudy Giuliani presented evidence he says suggests a pattern of planned voter fraud that was perpetrated in multiple states. "As we started investigating, both our investigations and the very brave and patriotic American citizens that have come forward, extraordinary number of people, extraordidanry number of witnesses, and what emerged very quickly is it's not a singular voter fraud in one state. This pattern repeats itself in a number of states. Almost exactly the same pattern, which to any experienced investigator, prosecutor, would suggest there was a plan from a centralized place to execute these acts of voter fraud specifically focused on big cities and big cities, as you can imagine, big cities controlled by Democrats and particularly focused on big cities that have a long history of corruption. The number of voter fraud cases in Philadelphia could fill a library," Guiliiani said, flanked by Attorneys Sidney Powell and Jenna Ellis.

**In sworn statement, prominent mathematician flags up to 100,000 Pennsylvania ballots** | 19 Nov 2020 | In a sworn declaration, a respected mathematician says his analysis of election data and phone interviews with Pennsylvania voters raises questions about as many as 100,000 absentee ballots requested in the key battleground state where President Trump and Joe Biden are separated by just about 82,000 votes. Williams College Professor Steven Miller, a Yale and Princeton trained math expert, said he analyzed Pennsylvania ballot data collected by former Trump campaign data chief Matt Braynard as well as 2,684 voter interviews conducted by a phone bank and found two concerning patterns. One involved possible votes that were not counted, the other ballots that appeared to be requested by someone other than a registered voter. "I estimate that the number of ballots that were either requested by someone other than the registered Republican or requested and returned but not counted range from 89,397 to 98,801," Miller said in the sworn statement provided to Just the News. ★

PAID ADVERTISEMENT

# Hair Loss Reversed? Clinical Trial Reawakens Hair Follicles in Both Men and Women

New clinical trial from the University of California shows 74% more hair in 12 weeks

Thousands are rushing to get a new hair restoration method based on surprising new studies from the University of California.

It is the world's first and only hair loss solution that revives dead hair follicles. And studies confirm it helps men and women regrow a thick, full head of hair, even after years of balding.

Now, with news of this breakthrough spreading like wildfire — the manufacturers are struggling to keep up with overwhelming demand.

That's because, unlike other methods, it is prescription-free, drug-free, and has no side effects. And while hair transplants can cost \$4,000 or more, this new approach costs pennies on the dollar and doesn't involve going to the doctor's office.

Instead, it leverages cutting-edge technology to prevent hair loss, fill-in embarrassing bald spots, and renourish thinning hair — with results you can see and feel in 30 days or less.

As Jeanne F. from San Diego, CA reports: "When my husband began to use this product, all he had on top of his head was fuzz. His hair began to grow after 30 days and now it is about 2 to 3 inches long!"

## Surprising Truth About Hair Loss

It is commonly believed that hair loss is hereditary.

Unfortunately, most people think there is nothing they can do to stop it. However, while many doctors will tell you that thinning hair, a receding hairline, and bald spots are due to your genetics, this is not the whole story.

"While genetics play a role, it's not the main reason you lose hair," says Dr. Al Sears, the nation's top anti-aging doctor. "And surprisingly it's not just your age, thyroid, hormones, stress, or a vitamin deficiency, either."

The latest scientific research reveals that hair loss is primarily caused by the stem cells in your hair follicles dying.

"This discovery is a true breakthrough because by reviving these stem cells on your scalp, you can stop hair loss dead in its tracks and trigger new hair growth, even in areas that have been thinning for years," explains Dr. Sears.

Now, at his world-famous clinic, the Sears Institute for Anti-Aging Medicine in Palm Beach, Florida, Dr. Sears and his team have used this game-changing discovery to develop a brand-new hair restoration formula that is taking the country by storm.

Sold under the name **Re-Nourish**, it is flying off the shelves with men and women of all ages raving about the results it delivers.

"I have seen a significant improvement in hair growth. Previously, you could see thinning areas at the back of my head and now hair has



Breakthrough research proves this discovery helps fill-in bald spots, re-nourishes thinning hair, and leads to noticeable growth in as little as 30 days.

grown over it," says Peter W. from Ontario, Canada.

And Susan D. from Fort Pierce, Florida reports, "My hair was thinning. So, I began to use Re-Nourish every day on the front part of my scalp. Now I have thicker hair."

**Dr. Al Sears, M.D.**, is America's leading anti-aging expert. He's authored more than 500 scientific papers, and his discoveries have appeared on more than 50 media outlets including, ABC News, CNN, ESPN, Discovery Channel, National Geographic, Lifetime, and many more.

## Regrows Hair In Just 30 Days

Scientists now know that stem cells are the lifeblood of your hair follicles.

Research from the University of California shows they're the reason you're able to grow hair. However, these stem cells aren't always active. In fact, studies reveal they're only active during certain phases of the hair growth cycle.

"Your hair grows in three phases," explains Dr. Sears. "First, you have the anagen phase, the hair growing phase. Then the catagen phase, when hair gets ready to shed. And finally, the telogen phase, where your hair is pushed from the follicle and falls out."

As you get older it becomes harder for your hair follicles to complete this three-phase cycle. The results? Your hairs get stuck in the telogen phase. This is when they start falling out and stop regrowing, no matter what you try.

This process doesn't happen overnight, says Dr. Sears.

"At first, your hair dries out, becoming brittle, thin, and harder to style. Then, you start finding hairs on your pillow and down the drain. Finally, you're left with bald spots that age you prematurely."

Fortunately, **Re-Nourish** puts a stop to this. It revives the dead stem cells in your hair follicles and reactivates your hair's three-phase cycle, triggering new growth in as little as 30 days — even in areas that've been balding for years.

## Reawakens Dead Hair Follicles

For years, scientists couldn't figure out why hair follicle stem cells died.

However, a study from the University of California finally found the answer,

It has to do with T-cells — an important immune cell in your body. The

researchers discovered these T-cells are the only way to command hair follicles to grow new hair.

More importantly, they showed that T-cells helped revive the stem cells in your hair follicles — spurring new growth, filling in bald spots and natural hairline.

**Re-Nourish** uses a unique blend of all-natural ingredients. By spraying it on your hair once per day, scientific studies show you can revive dead stem cells and improve the appearance of thicker, fuller hair.

For example, the key nutrient of **Re-Nourish** was tested on a group of severely balding women.

After 6 months, nearly 70% of the women saw significant improvement in hair growth. Their hair was noticeably fuller, thicker, and healthier looking. Most exciting of all, they grew new hair on parts of their scalp that had been bald for years.

In another study, Italian researchers gathered a group of both men and women with thinning hair and applied the core ingredient of **Re-Nourish**. After 12 weeks, they reported a staggering 74% increase in hair growth.

"It's really mind-boggling that my hair started growing back," says Zan R., another **Re-Nourish** customer.

With results like this, it's no surprise that demand for **Re-Nourish** is soaring. Thousands of men and women are scrambling to get their hands on the limited-supply available.

**Re-Nourish** is not currently available in any store at any price. But we've secured a small batch for our readers.

## Try Re-Nourish 100% Risk-Free

For the next 48-hours, Dr. Sears is offering readers a risk-free trial of **Re-Nourish**.

Dr. Sears feels so strongly about this product that he is backing every order with a risk-free, 100% money-back guarantee. To take advantage of this special offer, simply call the Sears Toll-Free Health Hotline at 1-800-431-1779 now. Use Promo Code NP1120RN352 when you call in.

[EDITOR'S NOTE]: Due to recent media exposure for **Re-Nourish**, the **Sears Institute for Anti-Aging Medicine** is experiencing unprecedented demand. If the phone line is busy when you call, please try again to avoid missing this special one-time-only offer.



# Enjoy Your Stay at the Holbrooke Hotel

## A Historic Icon for More than 150 Years Reopens

By Andy Keown,  
The Keown Company

**GRASS VALLEY, CA (MPG)** - Located in the heart of California's historic Gold Rush Country, the Holbrooke Hotel has stood as a landmark along Grass Valley's Main Street since 1862, serving as a reminder of the city's colorful origins as a gold mining boom town. Set to reopen in November following a painstaking renovation led by a team of local designers, craftsmen, and builders, the Holbrooke is being transformed into a true icon of California history and hospitality. Upon reopening, the 28-room Holbrooke will bring an elevated and timeless guest experience to the Sierra Nevada region, which is famous for its charming small towns, beautiful scenery and abundant outdoor adventures.

Throughout its history, the Holbrooke has seen it all: gambling and gun fights, fortunes made and lost, five U.S. presidents, and maybe even a haunting or two. In keeping with its status as one of California's oldest hotels, every effort has been made to honor the original spirit of the hotel, which has hosted the likes of Mark Twain, Ulysses S Grant, and Lola Montez.

"I am so proud of the passion and dedication our team has put into restoring the Holbrooke. I believe that the finished product will be a source of great pride for the local community while welcoming a new generation of visitors to experience the beauty of Nevada County," said Sherry Villanueva, Managing Partner of Acme Hospitality, which has spearheaded the renovation and will operate the hotel.

During the transformation of the Holbrooke, which has been more than two years in the making, the project team, helmed by lead designer Anne L'Esperance, uncovered and restored countless details that had been neglected during the hotel's long history, including vintage lighting fixtures and underground tunnels used for transporting gold through town. The entire first floor – including the lobby, bar and restaurant space – now flows seamlessly together, accentuated by refinished stone and brickwork, hardwood flooring, and a fresh white paint palette on the walls. The original bar has been restored while maintaining its original character and the restaurant will open onto a fully redone outdoor patio featuring an outdoor fire pit. A lobby-adjacent event space, perfect



Holbrooke Hotel staff from left to right: Devin Lewis, Zachary Ahrenholtz, Kieran Jochims, Eric James, Andrea Good, Erin Lewis, Elaina Kirshman, Anne L'Esperance, Nikiya Schwarz, Sherry Villanueva, Michael Barber. Photo by Kat Alves



The guest rooms have been completely redone from top to bottom and feature a masculine yet inviting design theme consisting of white walls, rich wood furnishings, and top-of-the-line new bedding



for hosting wedding banquets and corporate meetings, boasts a bright and airy new feel thanks to the use of white-washed brick and a neutral color scheme.

On the second floor, home to the main hotel's 17 guest-rooms, guests are greeted by a captivating hand-painted mural created by local artists Sarah Coleman and Brianna French featuring native flora. The guest rooms have been completely redone from top to bottom and feature a masculine yet inviting design theme consisting of white walls, rich wood furnishings, and top-of-the-line

new bedding including pillow-top mattresses and premium linens. Many of the bathrooms feature restored claw-foot tubs that were original to the property, while others offer new white-tiled walk-in showers accented with period-appropriate brass plumbing fixtures. The adjacent 11-room Purcell House, which sits on a corner of the property, is also being restored and will offer an ideal experience for groups wishing to stay together under one roof.

The same team working on the restoration of the Holbrooke is also

renovating the nearby National Exchange Hotel, another historic gem located in nearby Nevada City, California. The National Exchange is expected to reopen in late 2020.

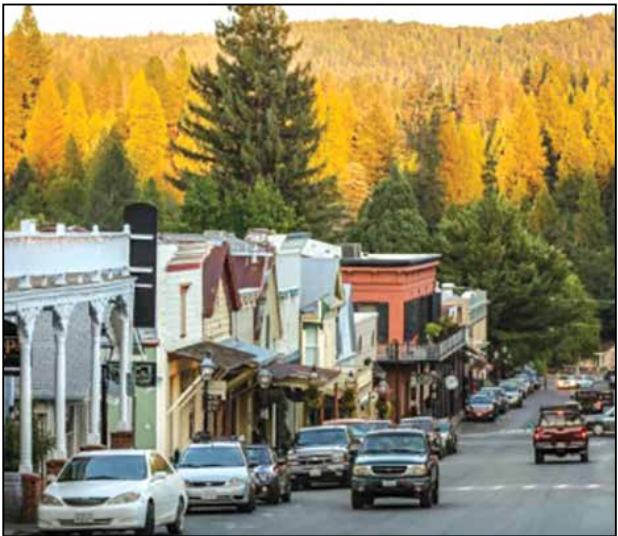
"I am thrilled to be a part of the reopening of this grand hotel in beautiful Old Town Grass Valley," said Michael Barber, General Manager of the Holbrooke Hotel. "This historic landmark has been a central part of the Grass Valley community for more than a century and half, and we cannot wait to welcome guests with a new, elevated experience throughout the hotel."

The Holbrooke is home to the Golden Gate Saloon, originally constructed in 1852 and the longest continually running watering hole west of the Mississippi. Now helmed by Chef Zachary Ahrenholtz, the Golden Gate will reopen offering a new look and a new menu inspired by the early days of California, with an emphasis on smoked meats and Mexican-style accompaniments. A speakeasy called the Iron Door will open in the basement of the hotel and offer custom-crafted cocktails.

The Holbrooke will serve as an ideal setting for social gatherings, weddings and events. The hotel's primary event space, the North Star Room, can accommodate up to 90 guests. The space features original exposed brick and lots of natural light. The outdoor patio can accommodate gatherings of up to 100 people.

Located about a two-hour drive from the San Francisco Bay Area and just an hour from Sacramento, Grass Valley offers a timeless taste of the Gold Rush era, with a wealth of visitor attractions that include a vibrant arts scene, a dynamic range of dining options and world-class outdoor adventures. Grass Valley's charming and walkable downtown features boutiques, galleries, restaurants and live music/events spaces that host a year-round slate of festivals celebrating film, music, cars and more. Just an hour from Lake Tahoe and situated along the Yuba River, Grass Valley is in close proximity to some of California's most spectacular scenery and outdoor activities, including hiking, biking, rafting and skiing. Visitor information is available at gonevadacounty.com and grassvalleychamber.com .

For more information on the Holbrooke and the National Exchange, please visit [www.holbrooke.com](http://www.holbrooke.com) and [www.thenationalexchangehotel.com](http://www.thenationalexchangehotel.com). ★



Grass Valley's charming and walkable downtown features boutiques, galleries, restaurants and live music/events spaces. Photos by Kat Alves



**Publisher,  
Paul V. Scholl**

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# Gridley Thumbs and Roots



By Barbara Ott

Autumn, the air is crisp the nights are clear and cold, the leaves are turning into spilled bits of colored sunshine – collected all summer long. The leaves on my fruit trees had not started falling and now they have frozen. This year I have been simplifying my garden...yes, I’m still on that rant, so I’m letting those plants who might freeze, freeze. I’m

still helping certain treasured plants but I’m being ruthless to those who have no extra special place in my heart. We’ll see how that goes. This sudden cold made me curious so I looked at the Farmer’s Almanac for the predictions for this winter...it is coming. When you look for these predictions you have to use your region in the search so you don’t get a prediction for Maine or Florida. The following is copied from the search I did for northern California. “November 2020 to October 2021. Winter will be cooler and drier than normal, with below-normal mountain snows. The coldest temperatures will occur in late December, late January, and mid- to late February. ... April and May

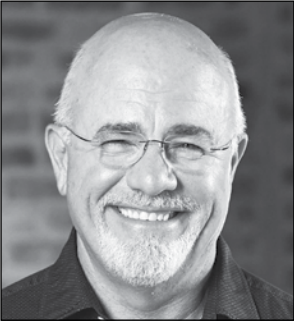
will be cooler than normal, with rainfall below normal in the north and above normal in the south.” Needless to say, I was disappointed in that prediction! So, I did a second search with the same search words and went to another link (a great way to get the information you want). There at the 2020-2021 Farmer’s Almanac I found the following, “Right along the Pacific Coastal Plain, from northern California and points north through western portions of Oregon and Washington, rainy and wet weather will be the rule for the winter ahead.” That’s more like it! We could start a pool and take chances on which prediction will prevail. In a year of the unpredictable the weather remains unpredictable. ★

# B-Line Seeks Community Input on Transit, Bicycle, and Pedestrian Improvements

By Sara Cain, Butte Regional Transit

**CHICO, CA (MPG)** - Have ideas for how to make it easier to ride B-Line, walk, or bike where you need to go? The Butte County Association of Governments (BCAG)/ Butte Regional Transit (B-Line) is hosting an online community workshop to obtain input on potential changes to the B-Line, bicycle and pedestrian improvements in Butte County. Community members are encouraged to participate online at [www. ButteTransit.com](http://www.ButteTransit.com) from now through December 10, 2020. Online workshop participants can watch a short informational video and answer a series of questions about transportation in Butte County.

A lot has changed in the past year. Travel choices might be different, and BCAG wants to hear from community members about how to help people get where they need to go. This survey will help inform BCAG’s Transit & Non-Motorized Transportation Plan, which is the region’s short and long-range transit and active transportation plan. It covers transportation improvements for people who walk, bike, and take transit in Butte County. This plan is part of BCAG’s Post Camp Fire Regional Population & Transportation Study. More information about the Post Camp Fire Study can be found at [www.postcamp-firestudy.com](http://www.postcamp-firestudy.com) ★



## Will my Mother-In-Law be Okay?

Dear Dave, My mother-in-law is 60. She works hard and has no debt, but she also has no savings or retirement accounts. However, she owns a couple of paid-for rental properties that are worth about \$350,000 each, and her home is worth \$700,000. What can I do to help her plan for the future? –Paul Dear Paul, The best plan would be to first see if she’s already got a plan. I understand you’re worried about her not having any savings or retirement. That makes you a good son-in-law. But it sounds to me like she’s got the makings of a pretty good retirement situation lined up, even if she didn’t go the traditional route to get there. You just told me she’s sitting on nearly \$1.5 million in paid-for real estate. Dude, she’s a millionaire! If the time comes where she decides she doesn’t like landlording anymore or just wants to retire, she can always sell the rental properties, invest that big pile of cash in mutual funds, and live off the income. I’ve got a feeling this lady isn’t going to be starving or depending on Social Insecurity.

## Dave Ramsey Says

If you’re concerned about things, just sit down with her and let her know. Ask her if she needs any help with her money situation and plans for retirement. If she doesn’t want to talk about it right now, that’s fine, but making the offer shows you care. And, having a good, strong game plan means fewer worries! –Dave

### Get Dialed In

Dear Dave, My wife and I have two kids and one on the way. We’re debt-free except for our home, and we have our emergency fund in place. We’ve also been saving for retirement, with me putting 15% into a 401(k) and her putting 10 percent into her retirement account. On top of all this, we’re putting a little money toward college funds for the kids. We talked the other night, and after that we started thinking about pulling back from retirement saving and getting the house paid off. What do you think about that? –Callen Dear Callen, I teach people to start investing 15% of their household income for retirement after they’ve completed Baby Step 3, which is saving three to six months of expenses for an emergency fund. Baby Step 4 would be both of you putting 15% of your income into retirement, and you’re not quite doing that yet. Saving for college comes next in Baby Step 5. I don’t teach people to

put less than 15% of their income into retirement in order to pay off the house a little earlier. It’s tempting when you’ve got the debt-free bug, but it’s not the shortest distance between where you are right now and wealth. The average person who follows my plan – the Baby Steps – can pay off their home in about seven years. You’ve got offense and defense to think about, Callen. Defense is getting rid of debt, and the offense is building wealth. You don’t want to let your guard down on offense in order to just play defense and get the house paid off. What you’re talking about is a normal reaction for lots of folks in your position, but it’s not what I would recommend right now. I love your fire, but follow the Baby Steps as they’re laid out. My goal isn’t just helping people get out of debt. It’s to teach people how to become wealthy as a result of being out of debt and encouraging them be outrageously generous along the way! *Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Dave Ramsey Show, heard by more than 16 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions.* ★

PAID ADVERTISEMENT

# Hopeful Seniors Rush to Get Newly Released Vision Pill

Remarkable clinical study discovers ingredient that safely restores youthful eyesight without glasses, contacts, or laser surgery

An exciting new study published by Harvard Medical School is creating a surge in demand for the new vision formula called *ClearSight Advanced*.

“We knew we had a successful formula with an outstanding track record, but we never expected this much demand,” said Jonathan Sinclair, President of New Life Nutraceuticals — the makers of this new vision-restoring breakthrough.

With such strong clinical evidence behind the ingredients in *ClearSight Advanced*, it’s easy to see why the public is so eager to get this new vision-restoring formula.

To begin with, results from the Harvard Medical School study are impressive. A remarkable 87% of patients taking the active ingredient in *ClearSight Advanced* report visual improvements in as little as three months — with many patients seeing initial results in as little as 10 days.

The results were so encouraging, the lead researcher of the Harvard team, Dr. Max Snodderly concluded, “*Perhaps the gradual loss of vision in many older people is not an inevitable consequence of the aging process...*”

### Why So Much Excitement?

Scientists from a leading eye research institute, affiliated with Harvard Medical School, discovered an amazing nutrient that restores and prevents damage to the macula. The macula is the center part of your retina and is responsible for 20/20 vision.

Age-related damage to the macula, called *macular degeneration*, is the leading cause of vision loss, affecting more than 10 million Americans — more than cataracts and glaucoma combined!

This nutrient is not a drug. It’s the active ingredient in *ClearSight Advanced*. Clinical studies show it supports the macula by increasing “macular pigment density.”

Many patients see improvements to their night vision, allowing them to keep their driver’s license. Many are able to see sharper lines and brighter colors. Some report they no longer need glasses, or can at least weaken their prescriptions. And many more avoid further loss of their eyesight.

“My close up and distance vision has improved with the use of *ClearSight Advanced*,” says Scott Fisher of West Palm Beach, FL.



**Seniors No Longer Fear Losing Their Driver's License:** Powerful new natural active ingredient in *ClearSight* giving seniors confidence to drive at night and pass eyesight tests at driver’s license offices.

“I can see more clearly than I had previously and I don’t struggle to read the small fonts on my iPhone.”

### Impressive Clinical Results

Published in the world’s top medical journals like the Journal of the American Medical Association (JAMA), and Investigative Ophthalmology & Visual Science, the Harvard results are stunning.

The results show *ClearSight Advanced*’s key ingredients help aging seniors with these troubling symptoms:

- Near-sightedness
- Far-sightedness
- Astigmatism
- Blind spots
- Distortions
- Blurry vision
- Double vision
- Spots and floaters
- Trouble reading
- Faded colors
- Poor night vision
- Eye fatigue
- Cloudy lenses
- Difficulty adjusting to darkness

There is no miracle cure for vision loss and no substitute for qualified medical advice, but the impressive results provide much needed hope for seniors struggling with failing eyesight.

But with such a dramatic improvement in vision and quality of life, it’s easy to see why thousands of callers are jamming phone lines trying to secure their supply of *ClearSight Advanced*.

### How It Works

The active ingredient in *ClearSight Advanced* is a carotenoid, or natural pigment, called lutein. The macula is made from this vital nutrient, so it’s required for 20/20 vision.

This breakthrough discovery was confirmed when Dr. Snodderly measured the “macular pigment density,” or “thickness” of the macula in volunteers as young as 24 and as old as 84.

The Harvard study found that people age 60 and over with higher macula pigment density had eyesight that was just as sharp

as the volunteers who were still in their 20s!

“Taken together, the evidence suggests that macular pigment may protect against retinal damage that occurs as we age,” Dr. Snodderly said.

### What Other Doctors are Saying

For doctors like Dr. Lisbeth Roy, of Boca Raton, Florida, *ClearSight Advanced* is the only safe, affordable, and reliable way to support failing eyesight.

“I have patients in their 80s who can still drive at night without a problem. When you give your eyes the nutrients they need, you have a good chance of reading, driving, and watching TV without any trouble,” Dr. Roy said.

“The nutrients in *ClearSight Advanced* help you feel more confident about your vision as you age, so you don’t worry as much about things like cataracts, glaucoma, and blind spots... *it’s good for more than just reading an eye chart.*”

### How To Get ClearSight Advanced

This is the official nationwide release of *ClearSight Advanced* in the United States. And so, the company is offering a special discount supply to anyone who calls within the next 48 hours.

An Order Hotline has been set up for local readers to call. This gives everyone an equal chance to try *ClearSight Advanced*.

Starting at 7:00 AM today, the discount offer will be available for 48 hours. All you have to do is call TOLL FREE **1-800-557-9984** right now. Then, provide the operator with the special discount approval code: CS2020. The company will do the rest.

**Important:** Due to *ClearSight Advanced* recent media exposure, phone lines are often busy. If you call and do not immediately get through, please be patient and call back.



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# SPARKY'S CORNER

## Christmas Tree Safety

As you deck the halls this holiday season, be fire smart. A small fire that spreads to a Christmas tree can grow large very quickly.

### PICKING THE TREE

- Choose a tree with fresh, green needles that do not fall off when touched.

### PLACING THE TREE

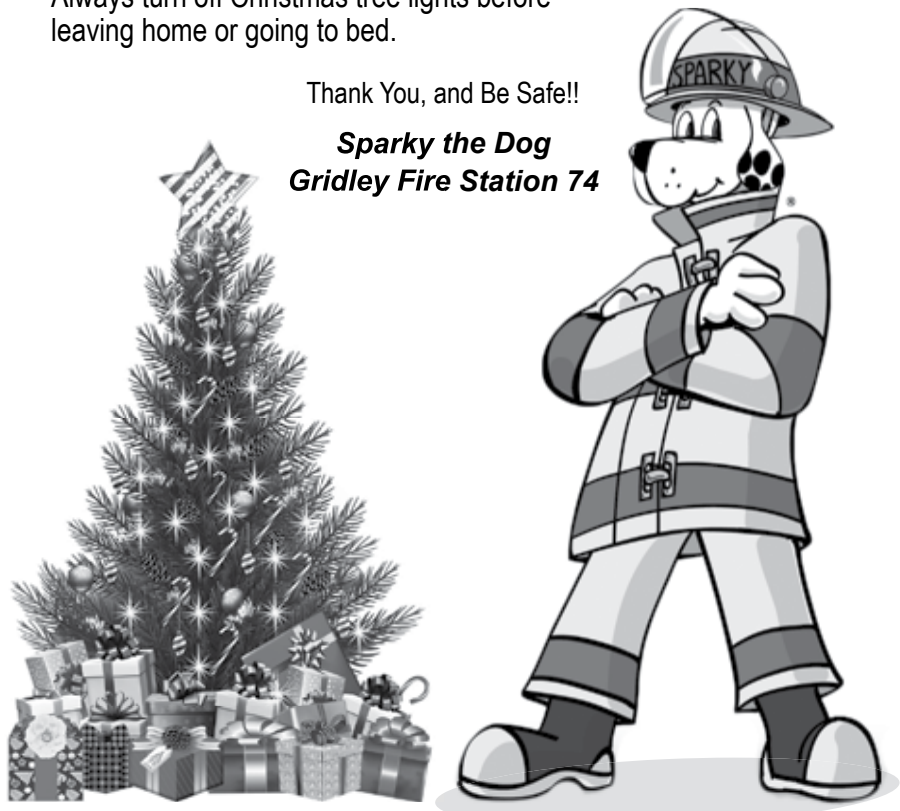
- Before placing the tree in the stand, cut 2" from the base of the trunk.
- Make sure the tree is at least three feet away from any heat source, like fireplaces, radiators, candles, heat vents or lights.
- Make sure the tree is not blocking an exit.
- Add water to the tree stand. Be sure to add water daily.

### LIGHTING THE TREE

- Use lights that are listed by a qualified testing laboratory. Some lights are only for indoor or outdoor use.
- Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for number of light strands to connect.
- Never use lit candles to decorate the tree.
- Always turn off Christmas tree lights before leaving home or going to bed.

Thank You, and Be Safe!!

**Sparky the Dog**  
**Gridley Fire Station 74**



# Dear Dietitian

## Thanksgiving



**Commentary**  
**by Leanne McCrate**

2020 has been a tough year, to say the least; we have all had our struggles. Thankfully, there is light at the end of the tunnel. Two drug companies are bringing COVID-19 vaccines to market soon. The "new normal" is on its way!

The Thanksgiving holiday will be different this year for most of us. Gatherings may be smaller than usual. My niece tested positive for COVID, so her family won't make it to Grandmother's house for the big day.

Thanksgiving is a time of gratitude, of course. What will you give thanks for this year? Like most families, mine is far from perfect, but I can name several things for which I am deeply grateful to them. One of the most important lessons I learned while growing up is the importance of helping others. My great-grandmother fed the hungry in her home before government assistance programs existed. Her door was always open. Whether it's volunteering in soup kitchen or opening the door for someone in a wheelchair, helping one another is what makes the world go 'round. Generosity instills true joy.

As for Thanksgiving dinner, some will take a vacation from eating healthy, and that's just fine. Feasting is part of the holiday. But if you're like me, sometimes feast day turns into, "I'll start a new diet on Monday." If you're trying not to blow it completely, follow these tips to help keep you fit.

- Eat breakfast. Consume this meal just like any other day. A healthy

breakfast anchors our appetite for the rest of the day and will help prevent overeating at the main meal.

- Eat one plateful of food. This is one of the best ways to prevent overeating. Choose the foods you love, but don't go back for seconds. You won't feel deprived since you've made the food choices you want.

- Fill up on salads and vegetables. You'll get some much-needed fiber and have less room for the high-calorie foods.

- Stop eating when full. It's ok to be full; just don't stuff yourself. Feeling stuffed is uncomfortable anyway, right?

- Drink lots of water. Water helps you feel full and prevents dehydration. When we are dehydrated, we are more likely to overeat.

- Enjoy one dessert. Try to limit yourself to one serving of pie or cake.

- Alcohol. If cocktails are a part of your day, limit yourself to one or two drinks. Alcohol is high in calories and lowers your inhibitions, making it easier to grab another slice of deliciousness.

- Chew gum after dinner. The chewing action gives your mouth something to do, so you will be less likely to pick up a bite of this-or-that.

- Brush your teeth after Thanksgiving dinner. That minty-fresh taste won't mix well with a bite of sage-seasoned dressing.

- Focus on something other than food. Play a game, watch football, or socialize. The holidays are a special time to catch up with friends and cousins.

*I wish you all a safe and happy holiday!*

*Leanne McCrate, RDN, CNSC, is an award-winning dietitian based in St. Louis, Missouri. Her mission is to educate consumers on sound, scientifically-based nutrition. Do you have a nutrition question? Email her today at deardietitian411@gmail.com. Dear Dietitian does not endorse any products, health programs, or diet plans.* ★

## STATEPOINT CROSSWORD • DOCTOR'S ORDERS

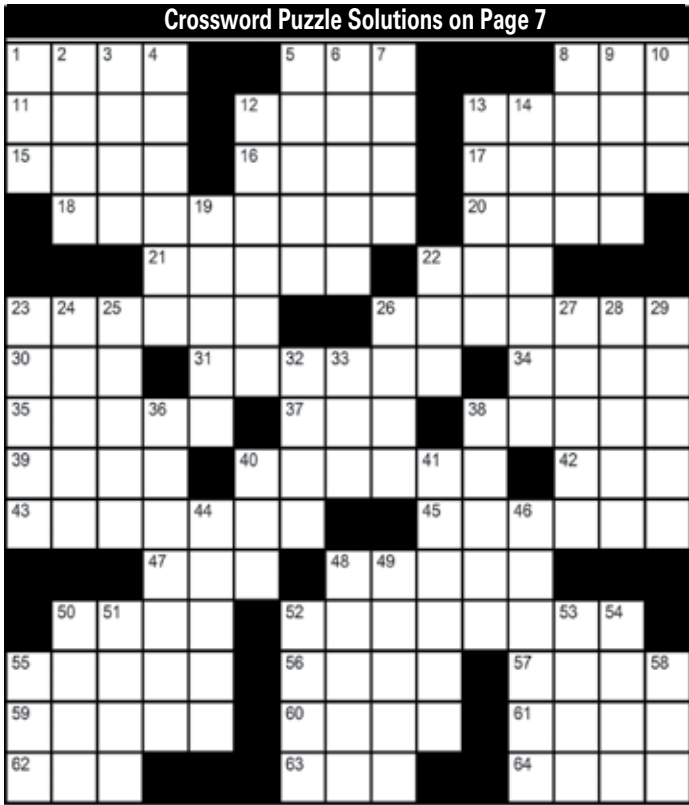
### CLUES

#### ACROSS

1. "Back to the Future" antagonist
5. Government Printing Office
8. Frugal driver's acronym
11. 1952 Olympics site
12. Afghanistan's neighbor
13. Letter-shaped girder
15. Wing-shaped
16. Narcotics agent, for short
17. Call it quits
18. \*One way to improve health
20. She played a TV genie
21. Cunning
22. Gaffer's goal
23. "Kiss the Cook" garment, pl.
26. Keyboard instrument
30. Prefix for before
31. Greek god's libation
34. Door-stopping wedge
35. Full of meaning
37. Fleur-de-
38. Do penance
39. Type of parrot
40. \*Ask for procaine when at this office
42. \*Unavoidable risk factor for many diseases
43. Rock grinding
45. \*Take a spoonful of sugar to avoid this taste
47. Genetic info carrier
48. Aqua-lung
50. Criticism
52. \*Annual
55. Fill with spirits
56. First rate
57. Purl partner
59. Vandalized a car
60. Coconut fiber
61. Bulgarian money
62. Filling station filler
63. More of the same
64. Water carrier

#### DOWN

1. Fearful scurf
2. \_\_\_\_ of Man
3. Linseed
4. Do without
5. Last Supper cup
6. Break down or analyze
7. Fairy-tale beginning
8. Internet share-able
9. Stepping stone to gain
10. Greenwich time
12. \*Use a scalpel
13. Like the Vitruvian Man
14. \*Stay in bed
19. \*Take antihistamines to avoid this kind of nose
22. A pop
23. \*Eat one a day?
24. Rap sheet listing
25. So out it's in
26. \*Worn until a bone heals
27. Piglet
28. Lightly color
29. Different spelling of emir
32. Horsefly
33. "Wizard of Oz" man
36. \*Increase fluid intake
38. Elsewhere, in a courtroom
40. \* \_\_\_\_ test
41. Maltreated
44. Tattooed
46. Gridiron position
48. Record a movie
49. Diogenes, e.g.
50. \_\_\_\_ market



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51. Big name in chips
52. Show worry
53. All over again
54. In real-time
55. \*It checks your heart health
58. Road crew supply



Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 7

## Crossword Puzzle on Page 7



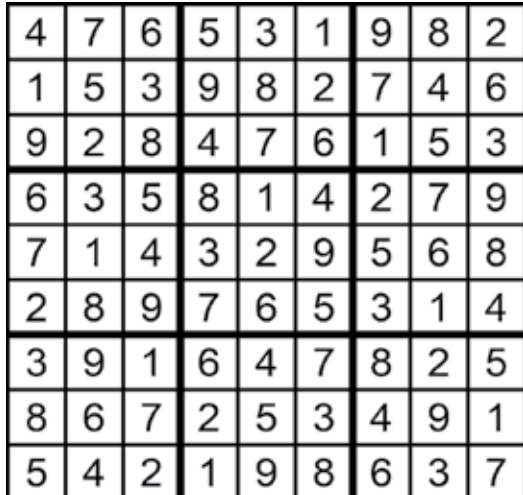
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## Sudoku Puzzle on Page 7



## LEGAL ADS FOR BUTTE COUNTY?



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# Oroville Resident Arrested for Assaulting Disabled Victim

## By Butte County Sheriff's Department

**OROVILLE, CA (MPG)** - On the morning of November 14, 2020, Butte County Sheriff's Office (BCSO) deputies and detectives responded to a report of an assault in the 200 block of Black Bart Road, Oroville. Upon arrival deputies contacted a female victim who reported she and her boyfriend were assaulted at a nearby residence. The female victim was interviewed

and transported to a local hospital. Deputies immediately responded to a residence located in the 200 block of Black Bart Road, to check the welfare of the female victim's boyfriend.

Upon arrival at the residence deputies contacted a male victim. The male victim had multiple injuries and was immediately transported to Oroville Hospital. Based on the significance of the male victim's injuries, the male victim was later transported to another hospital. While at the

residence, deputies contacted George McKinnon, age 67, of Oroville.

Detectives obtained a search warrant for the residence where the assault occurred, and conducted a follow-up investigation. During the service of the search warrant and subsequent follow-up investigation, detectives determined McKinnon had invited the female and male victim to stay at his residence. Detectives located evidence McKinnon became upset with

the male victim, and McKinnon proceeded to hit the female and male victim with an object.

During the follow-up investigation, detectives determined the male victim suffered from a disability which confined him to a wheelchair. Detectives located evidence McKinnon knew the male victim suffered from disabilities, and McKinnon intentionally struck the male victim with an object multiple times. The male victim sustained serious injuries and is currently

in stable condition.

On November 14, McKinnon was booked into the Butte County Jail for felony battery, and for two felony counts of assault with a deadly weapon. McKinnon is scheduled to be arraigned at the Butte County Superior Court on Tuesday, November 17, at 3 PM.

The Sheriff's Office is asking anyone with additional information about this investigation to contact Detective Phil Wysocki at 530-538-7671. ★

**Legal Advertising Hotline**  
916-483-2299  
**Legal Advertising Fax**  
916-773-2999

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**Legal Advertising**  
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Gridley, CA 95948

### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0001073

The following persons are doing business as: **FOURI LOGISTICS**  
**584 W Evans Reimer Road Gridley, CA 95948**  
Fourl LLC, 584 W Evans Reimer Road Gridley, CA 95948  
Date Filed in Butte County: October 23, 2020  
The Registrant commenced to transact business under the above business name on: N/A  
This Business is Conducted by: Limited Liability Company

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.  
Publish: November 6, 13, 20, and 27, 2020 (The Gridley Herald)

### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0001051

The following persons are doing business as: **THE COPPER POT**  
**1139 Salem Street Chico, CA 95928**  
Renee Rashell Perrin, 1139 Salem Street Chico, CA 95928  
Date Filed in Butte County: October 20, 2020  
The Registrant commenced to transact business under the above business name on: N/A  
This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.  
Publish: November 6, 13, 20, and 27, 2020 (The Gridley Herald)

### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0001071

The following persons are doing business as: **CHICO'S BARBER SHOP**  
**162 E. 3RD Street Chico, CA 95928**  
Eberardo Alvarez, 1309 Biggs Avenue Oroville, CA 95965  
Date Filed in Butte County: October 23, 2020  
The Registrant commenced to transact business under the above business name on: N/A  
This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.  
Publish: November 13, 20, 27, and December 4, 2020 (The Gridley Herald)

### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000997

The following persons are doing business as: **MIKES PRODUCE**  
**1190 Indiana Street Gridley, CA 95948**  
Michael Louis Alvarez, 1190 Indiana Street Gridley, CA 95948  
Date Filed in Butte County: October 5, 2020  
The Registrant commenced to transact business under the above business name on: N/A  
This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.  
Publish: November 13, 20, 27, and December 4, 2020 (The Gridley Herald)

### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0001098

The following persons are doing business as: **PYROGLYPH PHOTO VIDEO**  
**2455 McClellan Avenue Oroville, CA 95966**  
Jeremy Dunn, 2455 McClellan Avenue Oroville, CA 95966  
Date Filed in Butte County: October 30, 2020  
The Registrant commenced to transact business under the above business name on: N/A  
This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.  
Publish: November 13, 20, 27, and December 4, 2020 (The Gridley Herald)

### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0001063

The following persons are doing business as: **ST FRANCIS VETERINARY HOUSECALLS**  
**740 Northgraves Avenue Chico, CA 95928**  
Keira Troxell, 740 Northgraves Avenue Chico, CA 95928  
Date Filed in Butte County: October 22, 2020  
The Registrant commenced to transact business under the above business name on: N/A  
This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.  
Publish: November 13, 20, 27, and December 4, 2020 (The Gridley Herald)

### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0001083

The following persons are doing business as: **VINTAGE COACHES**  
**15299 Forest Ranch Way Forest Ranch, CA 95942**  
Theresa Allague, 15299 Forest Ranch Way Forest Ranch, CA 95942  
Date Filed in Butte County: October 28, 2020  
The Registrant commenced to transact business under the above business name on: N/A  
This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.  
Publish: November 13, 20, 27, and December 4, 2020 (The Gridley Herald)

### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0001132

The following persons are doing business as: **BUFFALO BILLS TRADING POST, IT'S A BEAUTIFUL WORLD**  
**123 Henshaw Avenue Space #307 Chico, CA 95973**  
Rodney Havens, 123 Henshaw Avenue #307 Chico, CA 95973  
Date Filed in Butte County: November 12, 2020

The Registrant commenced to transact business under the above business name on: N/A  
This Business is Conducted by: Individual  
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.  
Publish: November 20, 27, December 4, and 11, 2020 (The Gridley Herald)

### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0001123

The following persons are doing business as: **TNT REAL ESTATE**  
**1341 Lincoln Street Oroville, CA 95966**  
Don F Miller, 55 Millow Court Oroville, CA 95966  
Date Filed in Butte County: November 9, 2020

The Registrant commenced to transact business under the above business name on: 7/15/2011  
This Business is Conducted by: Individual  
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.  
Publish: November 20, 27, December 4, and 11, 2020 (The Gridley Herald)

### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000990

The following persons are doing business as: **HOUSE OF REDEEMING LOVE, YOUTH WITH A MISSION HOUSE OF REDEEMING LOVE, HOUSE OF REDEEMING LOVE YWAM, HRL**  
**14857 Masterson Way Magalia, CA 95954**  
House of Redeeming Love, 14857 Masterson Way Magalia, CA 95954  
Date Filed in Butte County: November 16, 2020  
The Registrant commenced to transact business under the above business name on: N/A  
This Business is Conducted by: Corporation

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.  
Publish: November 27, December 4, 11, and 18, 2020 (The Gridley Herald)



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(Cal-SCAN)</p> <h3>Autos Wanted</h3> <p><b>DONATE YOUR CAR, BOAT OR RV</b> to receive a major tax deduction. Help homeless pets. Local, IRS Recognized. Top Value Guaranteed. Free Estimate and Pickup. LAPETSALIVE.ORG 1-833-772-2632 (Cal-SCAN)</p> <p><b>DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND.</b> FREE 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care of. Call 1-844-491-2884 (Cal-SCAN)</p> <h3>Financial Services</h3> <p>Over \$10K in Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief 1-888-508-6305. (Cal-SCAN)</p>	<h3>For Rent</h3> <p><b>Property is under construction and will soon have 1,2,3, &amp; 4 bedroom units for rent!</b></p> <p>The Housing Authority of the County of Butte is currently accepting applications for its Farm Labor Housing property in Gridley, CA. We have 2 Bd. units available at this time. Rental assistance is available and provided by USDA Rural Development for those that meet USDA Rural Development guidelines. For more information contact our office at (530) 895-4474 or TDD 1-800-735-2929.</p> <p>"The Housing Authority of the County of Butte is an Equal Opportunity Employer and Housing Provider"</p>  <h3>Financial Services</h3> <p>Struggling With Your Private Student Loan Payment? New relief programs can reduce your payments. Learn your options. Good credit not necessary. Call the Helpline 866-305-5862 (Mon-Fri 9am-5pm Eastern) (Cal-SCAN)</p> <h3>Health &amp; Medical</h3> <p>Attention: Oxygen Users! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 1-844-653-7402 (Cal-SCAN)</p> <p>Stay in your home longer with an American Standard Walk-In Bathtub. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! 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# WEEKLY COMICS

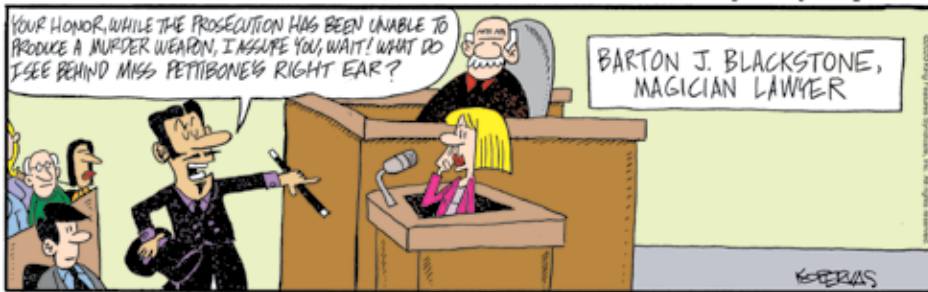
## Amber Waves

by Dave T. Phipps



## Out on a Limb

by Gary Kopervas



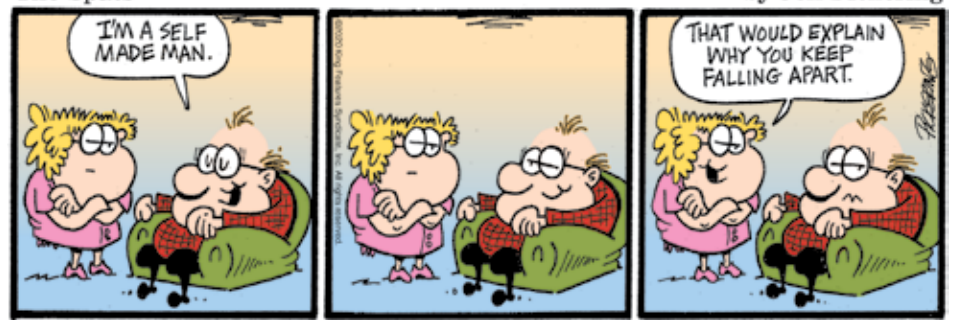
## R.F.D.

by Mike Marland



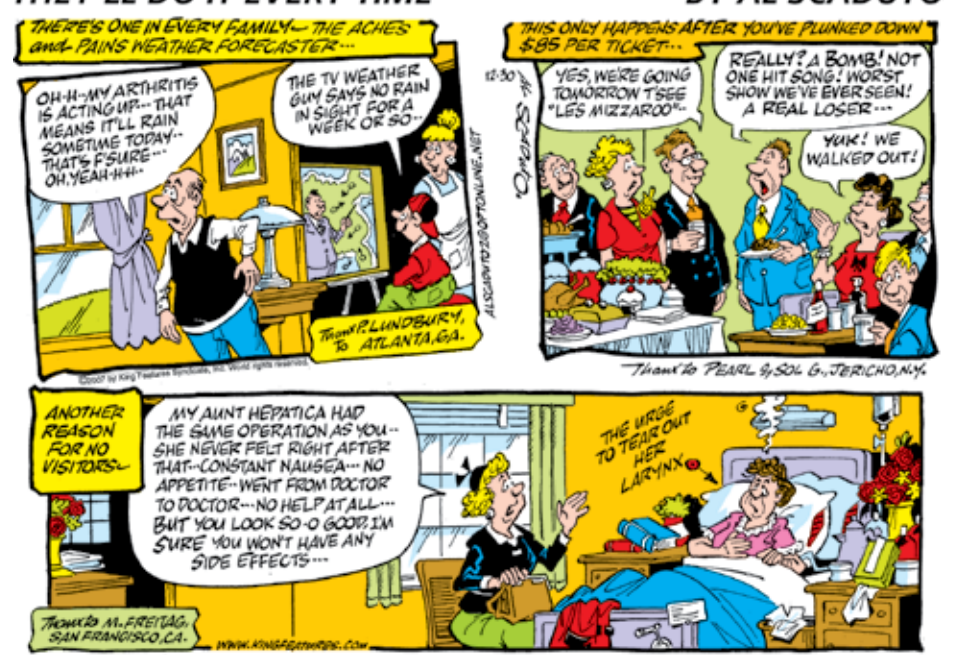
## The Spats

by Jeff Pickering



## THEY'LL DO IT EVERY TIME

BY AL SCADUTO



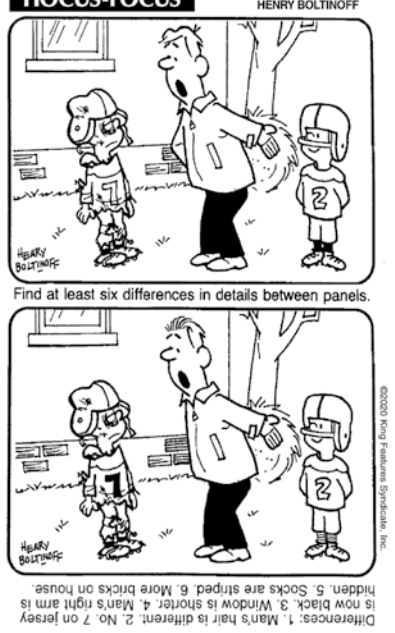
## Just Like Cats & Dogs

by Dave T. Phipps



## HOCUS-FOCUS

BY HENRY BOLTINOFF



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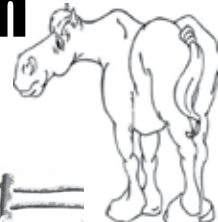
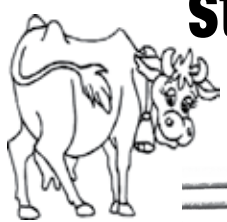
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## IMPORTANT SOCCER ANNOUNCEMENT

I am so sad to inform the public that in accordance with State and Local health mandates, we will not be having a Fall Soccer Season. My heart is broken for our youth and families who love this sport. As Gridley Recreation, our first concern is your health and safety.

All registration payments have been held and will be available to pick up and sign out at City Hall.

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# Vitalant Hoping to Alleviate COVID-Related Blood Unit Shortage



Barbara Fowler helps alleviate this year's unusual COVID-related blood supply shortfalls. Vitalant will hold a blood drive in Gridley Tuesday, December 1st. Photo by Cindy Scott

By Cindy Scott

GRIDLEY, CA (MPG) - The current COVID pandemic has affected many things, not least of which is the availability of blood units for life-saving treatments. With many schools, churches and community buildings currently closed, blood donors are needed to make up for a shortfall of thousands of uncollected donations. There is a critical need for O+ and O- blood types, and with the

typical holiday season shortfalls, all blood types. A Vitalant blood drive will be held Tuesday December 1st at The Church of Jesus Christ of Latter-day Saints, 400 Spruce St. in Gridley from 2-7 pm. Covid safety protocols will be in place, facemasks will be required, and temperatures will be taken upon entry. Appointments are necessary in order to maintain social distancing. Please call Kathy Sannar at 530-570-8144. ★

# Thoughts to Ponder

by Kathy Neal



**“When you wish upon a star  
Makes no difference who you are  
Anything your heart desires  
Will come to you!”**

If you’ve ever gone to Disneyland or watched a Disney movie intro – this song will leave you humming in your dreams. We’ve also said the little poem to our children, “Star light, star bright, first star I see tonight. Wish I may! Wish I might have the wish I wish tonight!” We have even wished upon a falling star. Why?

For some reason, our ancestors thought the stars, moon, and sun were

magical, because they came and went and displayed awesome signs in the heavens. People worshipped the “Sun” god. Some even offered sacrifices to the heavens for harvest rain. They did not know the Creator had made all these beautiful creations for His World.

Yes, God has used nature to give signs to His people. The sun going backwards; the rain stopping and starting on command; and the wind bringing forth birds for food for a nation.

But, asking a star for luck or an answer to wish, not so much. But there was one star that did bring glory and salvation to the world that will ever be remembered.

It appeared in the sky over a period of two years, guiding wisemen to a dwelling where a baby and a Hebrew family was living. It guided shepherds to an animal stall where

on one glorious night, a child was born that was to change the world forever.

This one star shone it’s brightest as signal for guidance for a people waiting on a savior. A savior prophesied for centuries.

Now, why wish upon a star? Why ask for answers or favors? Because a loving God, Creator, Father placed a star in His heavens to proclaim the birth of His beloved “Son” to whom all the heavens bow down.

Join the Gridley United Methodist Church during Advent (these weeks before Christmas) to learn of God’s plan for His people and His world. Come “make a wish upon His star” and receive His Blessing. We can do this on this page even while our church is closed due to the purple Covid-19 stage. If the stage changes to red then you can join us in person. ★

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